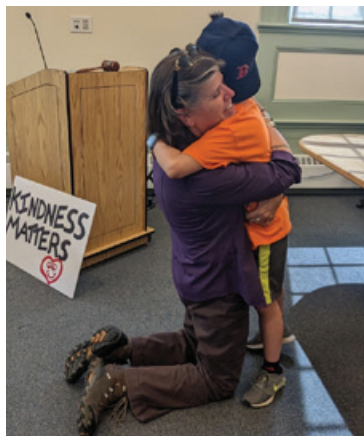


Nancy, "Kindness Lady" Honored In Art Contest

By now, everyone in town knows the "Kindness Lady," Nancy. Every morning, she can be found at the crossroads of Main and Front Street, holding a sign that echoes a universal truth: "Kindness Matters." It is a simple reminder amidst the complexities of life that resonates with all who pass by.

Recently, the town had the pleasure of hosting a crayon drawing contest for the budding artists in the elementary schools. They were given the task of capturing the spirit of Ashland - their favorite spots, their thoughts, and their wishes.



Among the numerous submissions from talented artists, one drawing stood out: a beautiful homage to Nancy, created by a young artist named Brady Giles from the Mindess School. In a town filled with countless aspects that could have been depicted, Brady chose to portray Nancy and her message. This choice alone speaks volumes about the impact of her presence, underscoring what Ashland means to him.

Last month, a meeting was arranged between Brady, his family, and Nancy so that he could personally gift his artwork to her. It was a heartwarming and touching moment, as one can imagine. The Town of Ashland's Selectboard Chair, Brandi Kinsman, also attended the meeting to present Nancy with a special Town clock, expressing

KINDNESS
continued on page 3

Special Election in July



Ashland
MASSACHUSETTS

SPECIAL ELECTION

Wednesday, July 26, 2023

10:00am - 7:00pm

Ashland High School
65 East Union St

The Select Board voted June 7, to hold a Special Town Election July 26, to vote on the following question:

"Shall the Town's acceptance of Chapter 31 of the General Laws (Civil Service law) in 1957 be revoked for all officers below the rank of Chief within the Police Department?"

Passing this special election question in Ashland would grant the town greater freedom in hiring

decisions for officers below the rank of Chief in the Police Department.

With a "yes" vote, the town would no longer be obligated to adhere to the Civil Service law from 1957. This change would enable Ashland to select candidates who best align with the

ELECTION
continued on page 3

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KINDNESS

continued from page 1

the town’s appreciation for her message.

Nancy and Brady serve as a reminder that titles and authority are not prerequisites for shaping the world. It is the heart that counts. Their story illuminates the power that each of us possesses - the power to inspire, to bring about change, and most importantly, to be kind. The town extends its gratitude to Brady and Nancy for their inspiring example.



ELECTION

continued from page 1

town’s needs and community values. It would introduce flexibility in the hiring process and ensure that Ashland can choose the most qualified individuals. This would contribute to a more efficient and effective Police Department to serve the town of Ashland.

Polls will open at 10 AM and close at 7 PM. All precincts vote at the Ashland High School, 65 East Union St.

You may also vote by mail by filling out a Vote-By-Mail application. An application can be found on the Town of Ashland website. The deadline to apply for a Vote-By-Mail ballot is 5 PM July 19.

In-person early voting will take place Wednesday, July 19, from 8 AM – 6:30 PM and on Thursday, July 20, from 7 AM – 3:30 PM in the lower level of Town Hall.

The deadline to register to vote is Friday, July 14. The Town Clerk’s office will be open until 5. You may also register to vote online on the Commonwealth of Massachusetts Secretary of State website.

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Crossover Ceremony held at Stone Park

BY PATRICIA ROY

The skies threatened showers, but the day ended in ice cream and smiles as Cub Scout Pack 3001 held its annual Crossover Ceremony at Stone Park Gazebo on June 3.

Sixty-nine scouts “crossed over” to the next rank, earning a neckerchief with their new rank’s corresponding colors and logo. They also were awarded the badge for the rank that they’ve been working in all year.

Ranks begin with the youngest kindergarten age Cub Scouts designated as Lions, first graders as Tigers, second graders as Wolves, third graders as Bears, fourth graders as Webelos and fifth graders as Arrows of Light.

Cub Scout adult volunteer Michael Suarez explained the ceremony this way, “A second grader who’s spent the entire school year as a Wolf would be receiving the Wolf Badge he has been working on all year and crossing over (symbolized by



walking over a wooden bridge) into the Bear rank and getting his Bear neckerchief.”

The scouts earned 350 achievements or completed activities over the school year and 15 adults were recognized for their service to the troop.

The Mayflower Council acknowledged Pack 3001’s Cubmaster Joe Stillitano as Cubmaster of the Year for the Eastern Massachusetts Headwaters District, comprising 12 towns.

The pack also welcomed Evan Lavidor who will take over as Cubmaster next year.

Stillitano, who served in that role for the past two years, gave some of the highlights of Pack 3001’s year including 33 new recruits, recognition as one of the best in the Mayflower Council, holiday sale of wreaths, Hanukkah candles and dreidels, Scouting for Food project stocking a food pantry, as well as monthly pack and den meetings. There were also favorite trips to re-

member like Cub Scout Night as Fenway Park, overnights at Camp Nobscot and Camp Resolute and events like the Pine-wood Derby and the annual fishing derby with Ashland Fish and Game.

Cub Scouts who earned the Lion rank: Benjamin Dacey, Carter Jutstrom, Lukas Kasprzyk, Nolan Morel, John Thomas, and Nathaniel Woodward.

Completing the Tiger rank: Teddy Apostola, Lucas Cucaro, Hayes Rubertone, Tristen



Rubertone, Logan Smith and Benjamin Tempesta.

Wolf rank completed: Ian Andrade, Siddharth Grays, Vian Gupta, Jack Jutstrom, Anderson Kriete, Edward Kriete, Niyanth Kumar, Max MacDonald, Benjamin Morgan Parks, Stanley Petion, Jacob Portny, Luke Sullivan and James Klug.

Bear rank achieved: Samuel Collette, Evin Gunasekara, Virat Kopparapu, Omkar Kshirsagar, Ryan Lavidor, Kylar Smith, Aryaman Srinivasan, Shriyaan Yalla, Noah Romano.

Also, Gabriel Alpert, Jace Cutler, Jacob Feder-Ewell, Jacob Fellenbaum, Samuel Ferreira, William Kostic-Lepore, Christopher Mahoney, Cameron McCue, Patrick Morin, Owen Wainford and Andrew Suarez.

Webelos rank: Nathan Berry, Andrew Bialzik, Teddy Johnson, Alex Keegan, Benjamin Morgan, Jeff Petion, Theo Rocha, Alex Seater, Aegen Uvaraj and Jeffrey Stillitano.

Also: Andrew Kass-Newbury, Finley Martin, Mason Roscoe, Charles Tempesta, Aidan Wesolowski, Alexander Weymouth, Reid Wilson and Andrew Nye.

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Marie Kane Honored with Mary Mortensen Award

Marie Kane was honored with the Mary Mortensen Public Health Award on June 6th. She's a true testament to how one family can turn an unimaginable tragedy, like losing their son, into a powerful force for good. For more than two decades, Marie, her late husband Bernie, their late son Kevin, and the rest of their family, alongside the Ashland Citizens Action Committee, have made it their mission to shed light on the consequences of Nyanza and, most importantly, to clean up the site that has caused so much harm to Ashland families.

This year, it was none other than Michael Herbert, the Ashland Town Manager, who proudly nominated Kane for the Mary Mortensen Public Health Award. Inspired by Marie's unwavering dedication and resil-

ience, Michael felt compelled to recognize her outstanding contributions. The award pays homage to Mary Mortensen, another selfless public servant who worked towards improving the health and well-being of Ashland residents.

Heartfelt thanks go to the

Board of Health for honoring Kane and to all the family and friends who joined the celebration. They gathered to honor this amazing Ashland resident, who never seems to slow down in her efforts to make a positive impact on the community.



Ashland Scenic Roads

The Town of Ashland has designated 16 Scenic Roads based on the following criteria:

- Overall Scenic Beauty
- Contribution of trees to scenic beauty
- Contribution of stone walls to scenic beauty
- Age and historic significance of roads, trees, and stone walls
- Built features such as historic buildings, historic monuments, historical burial grounds, historic structures, farm buildings and fencing
- Road features such as historic layout, surface, carriage width, use restrictions, and non-historic bridges.

Current Scenic Roads:

- Cedar Street, entire length
- Cherry Street
- Chestnut Street (from Main Street to Holliston town line)
- Concord Street
- Cross Street
- Eliot Street
- Fountain Street

- Frankland Road
- Green Street
- High Street Howe Street
(from Boulder Hill Lane to
Town line)
- Main Street
- Myrtle Street
- Olive Street
- Spring Street
- Water Street
- Winter Street

The Town of Ashland hopes for your cooperation in adhering to the Scenic Road Bylaw's objectives to maintain the natural, historic, and scenic character of Ashland's roadways.

You can visit our website www.ashlandmass.com/193/Planning and learn more about Scenic Roads, or if you have any question please contact the planning office at planning@ashlandmass.com or 508-881-0100.

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Glenn Brown

Once David Letterman had frequent guest and a favorite musician of his, Warren Zevon, on for an entire show. Zevon, who'd disclosed terminal cancer, performed and interviewed throughout. Dave at one point asked, "Anything you know now, that I should know?" to which Zevon wittily deadpanned, "Enjoy every sandwich."

Those raising children and helping aging parents often feel rushed and are distracted thinking about what's next, overlooking the beauty of daily, mundane moments.

July is National Sandwich Generation Month, celebrating a generation of people sandwiched between caring for their young children and aging parents at the same time.

I'm a Sandwicher, as are approximately 15% of Americans between ages 40-60 who face the challenges of planning, communicating and executing for 3 generations at once.

In 2018, my parents were struggling with health to remain independent in NH after 60 years in their home. Stress rained on my mom as a caregiver and daily living/house routines began to slide. My wife, our daughters (then 5 & 3) and I lived comfortably in our Ashland home. The adults agreed on a Plan B supported by updated financial planning. Sell

both homes, buy a new home for 3 generations and live as one household sharing in daily responsibilities.

The urgency was greater than anticipated and not without challenges since our move to Holliston. Here's some antidotes for Sandwichers:

Small talks instead of "The Talk". Families don't like to think about declining health and elder care, let alone discuss it. I used single topics tied to a recent story about a friend, asking what they would do. Gained small agreements, the changed topics as would address others another day to frame a mutual plan.

Bring in outside mediators. My aunt shared with my mom that time is not your friend. She encouraged the positives to take action now, rather than later when fewer options are available. Additionally, we consulted with an elder care attorney on understanding MA Health options, current trusts, POAs and proxies before making the move.

Define their plans for wellness. Far too often, adult chil-

dren tip-toe around aging conversations with parents for fear it may come across as morbid or worse, inheritance focus. These conversations need to focus on their future ideas of wellness. What is it they foresee for a surviving spouse? When they can no longer remain independent? By having these talks when both parents are in good health, it defines their expectations and allows planning a foundation with greater flexibility.

Your spouse's support is critical. Incredibly fortunate to have a spouse that pushed me to see the positives and embraces bringing family in as "you'd want your daughters to treat you the same someday."

Through the eyes of a child. It's not all about you, the girls show the love and benefits of learning by being around grandma and grandpa. And vice versa, as health has improved so has activity as the girls provide motivation and energy.

Sometimes timing is everything. I couldn't imagine the

anxiety and ill-advised actions my parents would have faced on their own these past 3-plus years.

Your parents sacrificed many things to make sure you had it better, including concealing issues to not worry you. Be open with communication and embrace change, the best ways to prevent costly unintended consequences and ensure positive lasting memories.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, www.PlanDynamic.com. Glenn is a fee-only Certified Financial Planner™ helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

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Community Center Events

Senior Community Center Activities:

- July 3-7:** We will be closed for cleaning
- July 10 at 10:00** - Computer Class
- July 10 at 12:00** - FOCOA & State Rep Jack Lewis office Sponsored BBQ
- July 12th at 1:00** - Ice tea Social - Join us for flavored iced teas and desserts
- July 13th at 10:00** - Rock painting for the Community Garden here at the Senior Center
- July 17th at 12:00** - Lunch with a performance by The Catnip Junkies
- July 19th at 10:00** - Town Manager Coffee Hour
- July 24th at 12:00** - Lunch
- July 24th at 12:30** - Make your own Ice Cream Sundae
- July 27th at 10-11:30** - Clocktown Memory Cafe
- July 31st at 12:00** - Lunch & Trivia
- Tai Chi** - Wednesdays at 11 am
- Walking Group** - Tues & Thurs at 9 am
- Line Dancing** - Thursdays at 12
- Chair Yoga** - Tuesdays at 1
- Stress Reduction Class** - Thursdays at 1
- Exercise with Joni** - M,W, F at 9:30
- Bowling** - Tuesdays at 9 - Ryans Amusement in Millis
- Bingo** - July 18th at 1
- Cribbage** - Thursdays at 12:30
- Pitch Card Game** - Mondays at 1:30
- Mahjong** - Fridays at 10:30
- Legal Consultation** - July 14th - Call the office for an appointment
- Watercolor Drop in** - Tuesdays & Wednesdays at 9:30
- In stitches Knitting Group** - July 11 & 25 at 11 am
- Parkinson Boxing** - July 19th at 1:30

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National Crayon Day Contest Winners

Congratulations to Harshini Rajamani and Alexandra Flanagan for winning The Town of Ashland's first National Crayon Day contest! Harshini, a third grader in town, drew a beautiful picture of the Ashland Public Library and Alexandra, a second grader in town, drew a gorgeous picture of the Warren Elementary School Logo. We hope they both continue creating and sharing their art with the world!



Mosquito Season

Mosquito Season is right around the corner! Mosquitos can easily spread diseases to people. Human beings get Mosquito-borne diseases when an infected mosquito bites them. The CDC lists common Mosquito-borne diseases which include Eastern equine encephalitis (EEE), West Nile Virus, Zika virus, Chikungunya virus, Dengue, and Malaria (CDC). These diseases range in severity, while some have mild symptoms others can be even fatal. Luckily, the Town of Ashland is a Member Community of the Central Mass Mosquito Control Project (CMMCP) that help to stop the spread of Mosquito-borne diseases. Any Ashland property owner can request CMMCP to come spray their yard to prevent these mosquito-borne diseases for free! [Click the link below or visit the Ashland Board of Health website] <https://www.ashlandmass.com/978/Central-Mass-Mosquito-Control-Project-CM>

Mosquitos lay eggs in or near stagnant water! Here are 3 useful tips to prevent mosquitoes:

1. Make sure to remove/turn over storing equipment
2. Remove tires, buckets, bottles, or barrels that collect water
3. When outside after dusk wear insect repellent

Please reach out to Board of Health Office at 508-532-7922 or you can email rgupta@ashlandmass.com if you have any questions.

References

Centers for Disease Control and Prevention. (2016, March 21). Mosquito-borne diseases. Centers for Disease Control and Prevention. Retrieved March 29, 2023, from <https://www.cdc.gov/niosh/topics/outdoor/mosquito-borne/default.html>

Central Mass Mosquito Control Project (CMMCP). Central Mass Mosquito Control Proj-



ect (CMMCP) | Ashland, MA. (n.d.). Retrieved March 29, 2023, from <https://www.ashlandmass.com/978/Central-Mass-Mosquito-Control-Project-CM>

Ashland Designated "SolSmart Bronze" for Solar Energy Leadership

At the end of May Ashland received a Bronze designation from the national SolSmart program for encouraging the growth of clean, affordable solar energy at the local level.

As a SolSmart Bronze designee, Ashland has adopted nationally recognized best practices to advance solar market growth. The town, specifically Sustainability Coordinator Sam Riley and the Sustainability Committee, worked with SolSmart's no-cost technical assistance team to increase local knowledge of solar

energy so the entire community can benefit.

SolSmart is led by the Interstate Renewable Energy Council (IREC) and the International City/County Management Association (ICMA) and is funded by the U.S. Department of Energy Solar Energy Technologies Office. Nearly 500 cities, towns, counties, and regional organizations have achieved SolSmart designation since the program launched in 2016.

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Say Bye Bye to Summer Frizz with a Cezanne Smoothing Treatment

By GINA WOELFEL

As the weather heats up, so do our agendas. Backyard parties, weddings, get-togethers and warm, sun-filled days at the beach leave us ready to don our summer outfits, let down our beach waves and enjoy being out and about in the year's most enjoyable months.

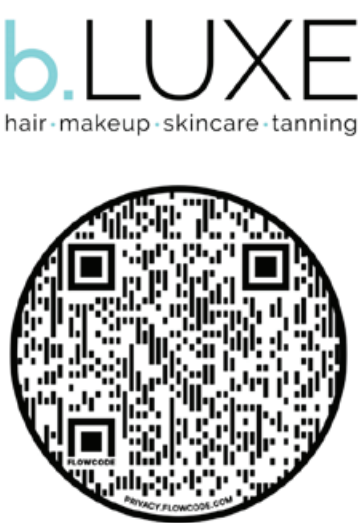
Oh, summer...the season we all love the most, except when it comes to our hair.

It's the season of sun, fun and, unfortunately, frizz. With the rise in temperature, smoothing and straightening your hair can be difficult and even with an arsenal of styling products, summer's heat and humidity often wins the battle against smooth, tame tresses. For those of you who spend hours styling your hair, only for it to blow up as big as the heat index, we hear you! But, fret no more, we have the solution to your summer hair woes! It's time to step

up your beauty game for the fun months ahead with a Cezanne Smoothing Treatment.

What is a Cezanne Smoothing Treatment

A Cezanne Treatment is a fully customizable, *smoothing* service that utilizes three specific ingredients - Keratin protein, sericin (silk protein) and glycolic acid to fully penetrate the hair shaft to reduce frizz, improve manageability and prevent breakage. These three powerhouse ingredients also enhance softness, add shine, improve texture, and debulk unwanted volume. It's important to note that the Cezanne Treatment is not a *straightening* service. Hair will not stay pin-straight, but one treatment will leave frizzy hair smooth, shiny, and manageable. And for those who want to keep their waves and curls but cut the frizz, yep, Cezanne does that, too. Think of it as more of a styling



tool that reduces your drying time by up to 30% and maintains your blow-dry, despite humidity. And unlike other keratin treatments, there's no downtime. As soon as your appointment is over, you can shampoo, restyle, work out, even get your hair colored.

What's involved?

We start with a double scrub of detoxifying shampoo to prep and clean your hair. Once it's completely dried, the Cezanne solution is applied and combed through to let process for 30 minutes. Your stylist will then rinse and blow dry your hair straight before flat ironing it, section by section, to lock and bond Cezanne's nutrient-rich formula into your hair. The process is approximately two hours, but time does vary based on hair length, density, texture and desired smoothness.

Is there a lot of maintenance with a Cezanne Treatment?

No! In fact, there's very little upkeep with this service. The Cezanne will dissipate at a faster rate, though, if you're a frequent shampooer or swimmer, so, choose a quality, sulfate-free shampoo and conditioner and keep that in-mind with your washing schedule.



How is this different from other relaxers or straighteners?

The Cezanne Keratin Smoothing Treatment does not work like traditional formaldehyde-based straighteners or relaxers. While the flat ironing at the end of the process temporarily straightens your hair, Cezanne won't break the bonds of your hair the way some relaxers or straighteners do. Instead, Cezanne uses natural, non-toxic ingredients to smooth and tame unruly hair. This gives you the option to enjoy your natural curls one day and easily blow dry them straight the next.

Is it safe?

The Cezanne Smoothing Treatment is 100% safe, non-toxic and formaldehyde-free.

Who is it best for?

The Cezanne Smoothing Treatment can benefit all hair types. The more you struggle with frizz, the better your results will be! A Cezanne can also help repair damaged hair by bonding dry, broken flyaways and adding a layer of strength and protection from heat tools.

How long does it last?

You can expect up to 5 months of smooth frizz-free hair, depending on how often you shampoo. Not ready for that level of commitment? There's also the

Cezanne Express that's a lower priced option, works on all hair types and lasts up to 10 weeks.

Will it affect my hair color or other chemical services?

Hair color and chemical services should be performed after a Cezanne Treatment, and can be performed on the same day as your appointment.

SUMMER SPECIAL: b.LUXE Hair and Makeup Studio is now offering a **Cezanne Summer Smoothing Special** through July! See image for details or scan the QR code for full details of our monthly specials at bLUXE.com

So, what are you waiting for? Take back those summer styling hours and book a Cezanne Classic or Express today! You'll be glad you did.

Happy frizz-free summer!

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Biggest threats to a comfortable retirement?



Mark Freeman

FINANCIAL FOCUS

If you save and invest for decades, you'd like to know you can retire without financial worries. Nonetheless, you still have to be aware of some threats to a comfortable retirement — and how to respond to them.

These threats include:

- **Inflation** – Inflation has been high recently, but even a mild inflation rate can seriously erode your purchasing power. In fact, with just a 3%

inflation rate, your expenses could double in about 25 years — and your retirement could easily last that long. So, if you're going to rely on your investment portfolio for a sizable part of your retirement income, you will need to own a reasonable number of growth-oriented investments, such as stocks or stock-based funds, whose potential returns can equal or exceed the inflation rate.

- **Excessive withdrawals** – Once you retire, you should establish a withdrawal rate for your portfolio — an amount you can take out each year and still feel secure that you won't run out of money. Some people make the mistake of withdrawing too much, too soon, once they're retired. Your withdrawal rate should be based on several factors, including your age at retirement, the size of your portfolio and the amount of income you receive from other sources, such as Social

Security. A financial professional can help you determine a withdrawal rate that's appropriate for your needs.

- **Market volatility** – The financial markets will always fluctuate. When you're still working, this volatility may not be such a problem, as you have years or decades to recover from short-term downturns. But when you retire, you don't want to have to sell investments when their price is down. To help prevent this, you can tap into the cash in your portfolio, assuming you have enough to cover several months' worth of living expenses. You could also draw on a CD "ladder" — a group of CDs that mature at different times — to provide you with resources for the next few years and allow your equity investments time to recover their value.

- **Unexpected costs** – You had them when you were working, and you'll probably have

them when you're retired: the furnace that breaks down, the car that needs a major repair, and so on. But if you've established an emergency fund containing a year's worth of living expenses, with the money kept in a liquid account, you may be able to "ride out" these costs without jeopardizing your investment portfolio. Be sure to keep these reserves separate from your typical day-to-day accounts to avoid the temptation of spending your emergency money.

- **Health** – Retirees may face more health concerns than younger people, and those concerns often come with larger medical bills. That's why it's important to maximize the benefits from Medicare or your Medicare Advantage plan. Also, if you contributed to a Health Savings Account (HSA) while you were working, and you haven't depleted it, you can use the money in retirement.

As long as the HSA funds are used for qualified medical expenses, withdrawals are tax- and penalty-free, and won't be included in your income. This could help keep your income below certain levels, lower your Medicare premiums or avoid the 3.8% surtax on net investment income that can be assessed on high-net-worth taxpayers.

Retirement can be a pleasant time in your life — and you'll enjoy it more if you're prepared for the challenges that face all retirees.

If you would like to discuss your personal situation with a financial advisor contact:

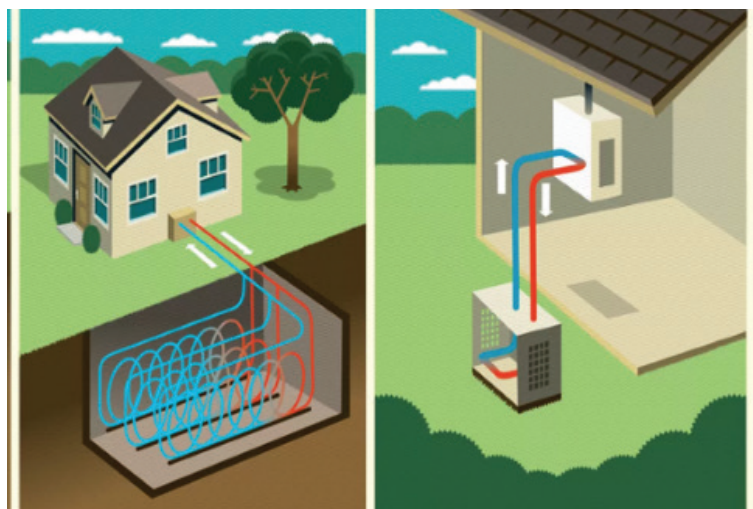
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Geothermal heat pumps, good choice for upgrade, saving money

Happy Summer Ashland, as we move into the dog days of summer with increasing temperatures it is more important than ever to stay cool. If you are looking to upgrade your current heating and cooling system look for a greener alternative that will keep you cool in the summer and warm in the winter and can also save you some money.

Air source heat pumps and geothermal heat pumps are fossil fuel free ways to heat and cool your home. They source heat and cooling from the air and from the ground. This summer is a great time to switch. There are many federal and state rebates which make the transition off fossil fuels more affordable. Masssave.com is a great resource for looking for local contractors and figuring out how to best utilize state and federal rebates incentives.



The geothermal heat pump as shown below on the left is dug underground, the heat pump on the right is the air source heat pump. Air source heat pumps are the more affordable option of the two, but they have both reported well for handling New

England winters. If you have any questions about switching your heating and cooling systems feel free to contact the Town's Sustainability Project Manager Samantha Riley (sriley@ashlandmass.com)

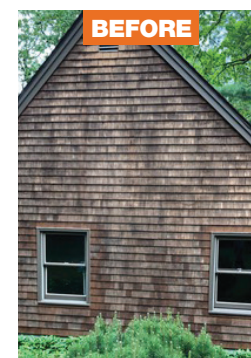
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Ants Ready to Bug Homeowners This Spring

WPC Pest and Termite Control offers pest-prevention tips to keep ants from marching indoors.

Summer is officially here and with it comes one of the most persistent warm-weather pests—ants. As temperatures rise, WPC Pest Control warns that America’s number one nuisance pest will invade homes across MetroWest in search of food. While most species present problems in people’s pantries and kitchens, some species can deliver painful bites while others inflict property damage. According to a survey from the National Pest Management Association (NPMA), more than half of consumers list ants as their top pest concern.

“As most homeowners know, ants are especially drawn to the kitchen and their sheer numbers can be daunting,” said Jim Mazzuchelli, owner at WPC Pest and Termite Control. “Carpenter ants are most likely to invade residential homes this spring, but eliminating food sources can help keep them at bay.”

Of all the U.S. ant species, carpenter ants and fire ants pose the most risk for homeowners. Carpenter ants excavate wood in order to build their nests, which can compromise a home’s structural soundness. Just seeing 3 to

5 ants a day could indicate an underlying problem that might only get worse and cause major damage to your home.

Although ants can be difficult to control once they have entered a home, the following preventative measures can play a major role in helping to avoid infestations:

- Wipe up crumbs and spills immediately
- Store garbage in sealed containers and remove from the home frequently

- Keep food packages closed or sealed and store products in air-tight containers
- Avoid leaving food out on the counter or pet food out on the floor for long periods of time
- Repair holes or gaps in window and door screens
- Seal cracks and holes on the outside of the home including entry points for utilities and pipes
- Keep tree branches and shrubbery well-trimmed and away from the house
- Replace weather-stripping and repair loose mortar around basement foundation and windows

- If you suspect an ant or any pest infestation in your home, contact a licensed pest professional to inspect, identify and treat the problem

“With more than 700 species of ants in the U.S., many of which create huge colonies, prevention is the key to an ant-free home,” added Mazzuchelli.

For more information on ants, please visit www.nobugsnopests.com or call 508-366-1820 to set up a free inspection and a free outside treatment.

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July Calendar

Thurs. July 6 - 6 pm - 8 pm
OPEN MIC NIGHT

Calling all musicians, spoken word artists, & comics to have a turn at the mic. This event has become a fan favorite and has a nice following! All are welcome to join in the fun. There is no cost to participate, just write your name on the sign up sheet, bring your instrument and have fun!

Thurs July 6 - 10 am - 11 am
ASHLAND MOMS - TOT SPOT

They bring a variety of fun all summer long to kids and parents! Check out all their events, you won't want to miss any of them!

Thurs July 13 - 10 am - 11 am
ASHLAND MOMS - TOT SPOT

They bring a variety of fun all summer long to kids and parents!

Check out all their events, you won't want to miss any of them!

Thurs July 20 - 10 am - 11 am
ASHLAND MOMS - TOT SPOT

They bring a variety of fun all summer long to kids and parents! Check out all their events, you won't want to miss any of them!

Thurs. July 20 - 6 pm - 8 pm
OPEN MIC NIGHT

Calling all musicians, spoken word artists, & comics to have a turn at the mic. This event has become a fan favorite and has a nice following! All are welcome to join in the fun. There is no cost to participate, just write your name on the sign up sheet, bring your instrument and have fun!

Thurs July 27 - 10 am - 11 am
ASHLAND MOMS - TOT SPOT

They bring a variety of fun all summer long to kids and parents! Check out all their events, you won't want to miss any of them!

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Finding a job, you love is no easy feat, but if you ask the people who work at the MetroWest Regional Transit Authority, they've found purpose with their employment and you can too!

MWRTA serves 16 communities in the Greater Boston area. If a person isn't taking the "T" but uses public transportation, they're riding with the MWRTA.

Why would you want to drive for the MWRTA? There are a plethora of reasons! For starters, there's a \$2000.00 sign on bonus, a 401k, and paid vacations. Health insurance and dental coverage is provided by Blue Cross Blue Shield. And if you need flexibility in your schedule, this is the place to find it.

Driving for the MWRTA allows you to work part or full time. You can be a demand response driver, assisting the elderly and people with disabilities, or, if it better suits your needs, you can drive a fixed route to different stops throughout your shift. If you don't have a class C CDL, worry not, as

you can get hired with just a regular driver's license. Then, instead of paying thousands of dollars out of pocket for a CDL, MWRTA will pay to train you while you spend nothing. That's right, you'll get paid for something you would normally have to pay for!

If you're seeking employment within a company that cares, MWRTA is the place you're looking for. Helping people is their number one priority. Whether it's getting folks to and from work, or transporting them to life-saving medical appointments, you'd be making connections that will leave you feeling fulfilled every day.

MWRTA values diversity, both in the people they employ and those they serve. Their goal is to make everyone feel welcome, comfortable, and accepted. So, whether you're a retiree looking for a new career, or you're sick of commuting on the Mass Pike, MWRTA offers a professional and fulfilling work environment. There is room for growth and advancement opportunities



Employment spotlight

and a flexible schedule along with a great benefits package.

For more information on how to drive for the MWRTA, please check out the website at MWRTA.com/careers, call (508) 935-2222 or email jobs@mwrtat.com

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New Trip for COA

The Friends of the Ashland COA are happy to announce that they have recently added two new trips to their trips calendar. The committee is working on exploring other adventures in the future and hopes to create opportunities for fun trips for their Seniors.

We will venture off for the day to Rhode Island on September 7, 2023, to see Jersey Boys and enjoy a full-course meal at Bravo at the Sea. Prepare for the international sensation JERSEY BOYS to take over Theatre By The Sea! Winner of the 2006 Tony® Award for "Best Musical," JERSEY BOYS features the legendary top ten hits "Sherry," "Big Girls Don't Cry," "Walk

Like A Man," "Can't Take My Eyes Off You," and "Oh What A Night." This package includes round-trip transportation, a sit-down for lunch at Bravo by the Sea, a matinee performance of "Jersey Boys," and all taxes & gratuities. Meal choices are Oven Roasted Haddock served with wild rice, vegetable, tomato caper salsa, and Roasted Brined Chicken Breast served with crispy potatoes and vegetables or Tagliatelle Pasta roasted summer vegetables & mushrooms herb butter sauce.

Dessert & coffee

We plan to venture off to Atlantic City, New Jersey, for three days and two nights from October

10-12, 2023. This trip will have us staying at the Caesars Hotel and Casino. trip includes round trip deluxe motor coach, two nights accommodations at the CAESARS World Class Casino Resort Hotel, \$50.00 in SLOT BONUS, \$50.00 towards food, two 8:00 PM Tribute SHOWS straight from Vegas, and occupancy taxes. hotel baggage handling, and driver's gratuity.

Detailed flyers of all our trips can be found at the Ashland and Callahan Senior Centers. To reserve a spot, one will need to complete a trip reservation form and follow the details on each flyer to complete the reservation.

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Sports

Connor Cowern, Ashland Baseball

By Christopher Tremblay,
Staff Sports Writer

Connor Cowern was all set to try out for the Ashland High School baseball team four years ago during his freshman season, but found out rather abruptly there would be no season, leaving him somewhat devastated.

“I had been playing baseball since I was 5 years old with my grandfather being a big part of it,” he said. “My freshman year we had gone through the captains’ practices, I was hitting the ball really well and was hoping to make the varsity team. Then there was no season due to Covid, it was hard to digest and having no season was a bummer.”

Although the pandemic put a stop to the season, Cowern didn’t let it affect his game. That summer he got to participate in some practices the Metro West Devils and also joined the Ashland American Legion team to keep his skills sharp.

Things worked in his favor as he made the varsity team during his sophomore campaign, but unfortunately was not playing his long-time position.

“I was completely fine playing second base, although my primary position was shortstop. As long as I was on the team, it didn’t matter where I played,” Cowern said. “I was playing really well, and the shortstop seemed to be struggling so the coach switched us, and I’ve been a fixture there since.”



Cowern managed to hit .308 that year, which wasn’t that bad for a sophomore playing in his first varsity season, but it wasn’t up to his standards. During the offseason he worked extremely hard and continued to play summer baseball to improve for his junior year. As a second-year player with the Clockers he upped his batting average to .448 with more power, but he definitely wanted to keep improving.

Prior to his senior season, Cowern not only played with the Devils, but he joined the Framingham American Legion, when the Coach asked him to play for the team and quickly found out it was much different that what he had been

used to. “It was great being able to play baseball all day long between the two teams. There were some days that I’d play three games; it helped me get better at the plate and I got to see a lot of ground balls in the field,” Cowern said. “Playing for Framingham American Legion team was totally different, it was so laid back and fun, while Ashland American Legion was much more serious.”

In addition to playing baseball all season, Cowern decided to join the Ashland football team, hoping it would help his agility and speed on the diamond.

“I wanted to experience having fun with my football friends. I played a lot of corner but would have liked to play more offense; I guess I was pretty good

at defense, so Coach McKay kept me there,” he said. “I had a lot of fun, but I also believe that football helped me with my movement.”

With all the extra curriculum activities Cowern improved his hitting to .468 this past season but it should have been a lot higher. Cowern noted that he struggled down the stretch when he felt he was hitting the ball right at people. When he struck out three times in one game, he then found himself spending a lot of time at the batting cages to prepare for the State Tournament.

“This season his defense was great, and he was hitting the cover off the ball. At one point he was hitting .543 before his struggles,” Ashland Coach Matt Messer said. “I think that his decision to play football really helped with his competitiveness this year.”



This year, hitting in the cleanup spot, Cowern was able to lay down his first ever bunt.

“Coach gave me the signal and I just focused on getting the ball down and then running fast,” Cowern said. “The opposing team was caught off guard, they never imagined the four-hitter putting down a bunt.”

When the season comes to an end, Cowern will continue to play baseball next year in college. Last August he committed to St. Anslem College in

Manchester, N.H., where he is hoping to break into the starting lineup.

“I know they will be graduating a lot of the infield, so I’m hoping that I can play short stop, but I’d have no issues playing second, third or even the outfield,” he said. “I’m just hoping to get a chance to play.”

Prior to getting the chance to play for St. Anslem, Cowern and his Clocker teammates have some business to attend too. At the time of this writing, Ashland was getting ready to participate

in the Division 3 State Baseball Tournament. Cowern is hoping to get past the second round. Over the past two seasons Ashland has posted a shutout in the first round only to be knocked out in the second.

Ashland is headed into the tournament as the eighth seed and will open at home against Worcester Tech. With a win they will host a second-round game and would have the possibility of picking up a second-round win.

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Sports

Hamwey to be Inducted into Bellingham's Hall of Fame

Bellingham Bulletin sports writer Ken Hamwey will be inducted into the Bellingham Athletics Hall of Fame on Friday, Nov. 17 at the Coachmen's Lodge.

The 80-year-old Hamwey, a Bellingham resident who's worked for the Bulletin for 16 years, was a unanimous choice of the selection committee. In addition to the Bulletin, the veteran sports journalist continues to write feature stories in semi-retirement for Local Town Pages, focusing on seven communities — Medway, Millis, Norfolk, Wrentham, Holliston, Natick and Franklin.

Hamwey, who's been a Bellingham resident for 51 years, graduated from Natick High before earning a bachelor's degree from Babson College. He started his newspaper career in 1967 with the Framingham News, now the Metrowest Daily News. During his first year as a sports reporter, his stories focused on Bellingham's new football program that achieved varsity status in 1967 and was coached

by George Anderson. Early on, his reporting ranged from high school and college sports to the professional beat where he covered the Boston Celtics and the New England Patriots.

"I'm honored and humbled to be selected for induction into Bellingham's Hall of Fame," Hamwey said. "It's heart-warming to have a wonderful community like Bellingham recognize me for my reporting. Some of my fondest memories during a 56-year career involve Bellingham's athletes and teams."

Hamwey covered the Blackhawks's baseball and softball teams in 2014 that won state championships on Flag Day, June 14. "It turned out to be a banner day for the town," he said. "The baseball team defeated Monument Mountain Regional and the softball team upset two-time champion Grafton. Both triumphs were in Worcester. The boys competed at Holy Cross and the girls captured their crown at Worcester State."

Hamwey also covered many of the high school's elite players



and coaches. He broke the story on Rick Santos when he was chosen to compete in the Hula Bowl after a dynamic career at the University of New Hampshire. He was on the scene when the Blackhawks won two state titles in field hockey during the coaching reign of Ron Bonollo. He also covered the BHS boys basketball team that defeated Bromfield for

a state championship in 2003.

Others to be inducted include Carrie Wernig (field hockey), Mike Trudeau (baseball), Justin Bernard (football), Bob McManus (hockey), Justin Park (hockey), Beth Thornton (field hockey), Joanne Paquette (field hockey coach), Dave Gibbs (basketball coach), Rick Smith (contributor) and the 1996 field hockey team.

Hamwey, who'll be inducted as a contributor, left the Metrowest Daily News in 1973 and was hired at the Providence Journal where he spent the next 35 years working for the four-time Pulitzer-prize-winning newspaper. He finished his career there as the paper's Night Sports Editor, retiring in 2008. On Hamwey's last day in Providence, the Rhode Island State Senate read aloud a citation for his efforts and contributions to R.I. athletics. Two years later, in 2010, he was honored by the Mass. Interscholastic Athletic Association (MIAA), which presented him with its Distinguished Friend Award.

At the Metrowest News, which included editions of the Milford

News and Country Gazette, Hamwey wrote a popular weekly column — "Yesterday's Heroes" — that focused on athletes' and coaches' past achievements. Many of Bellingham's top-notch coaches and athletes were featured in that column.

In 2007, Hamwey began covering sports for the Bellingham Bulletin. As Sports Editor at the Bulletin, he launched a column similar to Yesterday's Heroes called "Where Are They Now," reporting on former Bellingham athletes. For the next 16 years, he extensively covered Bellingham sports while also filing stories for Local Town Pages.

Hamwey's upcoming induction will be his second Hall of Fame honor. He was inducted into the Millis Athletics Hall of Fame last year.

Hamwey and his wife Pauline, who taught at Macy School for 35 years, have been married for 34 years. His son, Travis, is a 1989 graduate of Bellingham High and a 1993 graduate of UMass-Dartmouth.

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July 2023 at the Ashland Library

NOTE: The Library will be closed on Monday, July 3rd and Tuesday, July 4th for Independence Day celebrations.

Special Event:

Cozy Mystery Mini Book Festival @ The Ashland Library!

Saturday, July 29, 2023

We are having so much fun with our Mini-Fests that we just had to do one for our Cozy Mystery Readers! For this one, we welcome authors Leslie Meier, Edith Maxwell, Barbara Ross, and Barbara (Barb) Tanner Wallace to the Ashland Library. The day will include a panel discussion (which will be recorded so, if you can't make it in person, you can watch later!), small group conversations, and a book sale/signing. So, grab your cozy mystery lovin' friends, and come on down to the Ashland library!

Books for the book sale will be provided by Aesop's Fable. You can PREORDER books by any of our authors and Aesop's will bring your books to the Fest - easy peasy and no worries that they'll sell out!

Walk-ins are welcome, but we're also requesting registration so we know how many chairs to have out (and you'll receive reminders). Please REGISTER HERE.

This program is sponsored by the Friends of the Ashland Public Library.

Adult:

Virtual - Environmental Book Club

Wednesday, July 5 @ 6:30pm

Read "A Wing and a Prayer" by Anders and Beverly Gyllenhaal.

HYBRID - Romance Book Club

Thursday, July 6 @ 6:30pm

Read LGBTQ+ Romances

Cookbook Club

Saturday, July 8 @ 12pm

Cook from "Lidia's Commonsense Italian Cooking : 150

Delicious and Simple Recipes Everyone Can Master" by Lidia Matticchio Bastianich and Tanya Bastianich Manuali.

Card Making with Jan Poppendieck

Monday, July 10 @ 6:30pm

Learn stamping and card making techniques using our huge stash of supplies. Jan will teach embossing, die cutting, proper stamping, and use of equipment individually and group techniques of creating unique cards.

Virtual: The Salem Witch Trials and Public Memory with the Salem Witch Museum

Wednesday, July 12 @ 1pm

Though the Salem witch trials were far from the only witchcraft trials to take place in colonial North America, and were relatively mild when compared with the devastating European trials of the early modern period, Salem is by far the most well-known in America today. In this program, participants will learn about the history of witch trials, placing Salem in context of the larger period of early modern witch-hunts.

Mystery Book Club

Wednesday, July 12 @ 6:30pm

Read "All Her Little Secrets" by Wanda M. Morris.

Virtual - An Evening with Author Lisa See

Wednesday, July 12 @ 7pm

Join New York Times bestselling author Lisa See as she talks about her new book "Lady Tan's Circle of Women", a captivating story of women helping other women. See's latest historical novel was inspired by the true story of a woman physician from 15th-century China and is a triumphant reimagining of the life of a woman who was remarkable in the Ming dynasty and would be considered remarkable today.

Art for Adults with Nancy Atkinson

Thursday, July 13 @ 6:30pm

Join Nancy as she teaches us drawing techniques with different mediums, papers, and ideas. We hope you can join us and up your artistry game.

Virtual - Q&A With SciFi/Fantasy Author Martha Wells

Thursday, July 13 @ 7pm

Science Fiction and Fantasy readers, this one is for you! We're thrilled to be in conversation with author Martha Wells - we absolutely love the "Murderbot Diaries" Series! Make sure to check out Martha's latest release, "Witch King" - "a remarkable story of power and friendship, of trust and betrayal, and of the families we choose." So, whether you've been a fan for years or you're looking for a "new to you" author, join us for this Q&A in which we get all of our burning questions answered.

Virtual - Friday Night Film Discussion

Friday, July 14 @ 7pm

Watch "A Matter of Size"

A Meditative Outdoors Summer Walk with Hannah Stein

Saturday, July 15 @ 10am

Join fellow Ashlanders and Hannah Stein, Owner of Ashland REIKI & Wellness Center, on this walk designed to increase your awareness of the relaxing and healing benefits of nature that you can discover right here in Ashland, Massachusetts. It's a WINTER walk which will be very different from our previous summer and fall walks - what will you see?

Saturday Knit and Crochet Club & Workshop: Knit Kitchen Scrubbies

Saturday, July 15 @ 2pm

Join us and learn how to knit a handy kitchen scrubbie! Just bring your own crochet hook or knitting needles and some yarn and we will supply the know-how.

Virtual: Q&A with YA Author Jenna Evans Welch!

*For Teens and Adults

Monday, July 17 @ 7pm

What's better than young love, adventure, travel, good, family, and good friends? Nothing! Join us for a conversation with author Jenna Evans Welch as we discuss her books "Love & Gelato", "Love & Luck", and her most recent, "Love & Olives". We're sure you can guess the settings from the titles! Bring your questions

because this is going to be rapid fire and awesome!

Bio/Memoir Book Club

Wednesday, July 19 @ 11am

Read "The Fox Hunt: A Refugee's Memoir of Coming to America" by Mohammed Al Samawi.

Virtual - At the Weather Station with NBC10Boston/NECN's Meteorologist Pamela Gardner

Wednesday, July 19 @ 12pm

Meet Pamela Gardener, on-air meteorologist for NBC10Boston/NECN! We'll be discussing how Pamela got to where she is, what it takes to be a weather person in New England, esp as a Woman in STEM, and the current science around weather forecasting! Bring your questions, this is sure to be a fascinating and enlightening conversation!

Half-Past Crafts: Macramé Wall Hanging

Wednesday, July 19 @ 6:30pm

This month we are trying our hands at macramé with a beginner-friendly but adorable project!

Virtual - A Visit with Romance Author (and National Park Service Seasonal Ranger) Carla Kelly

Wednesday, July 19 @ 7pm

We had so much fun with Carla that, by popular demand, we're having her back! Once again, we'll be talking about Carla's early books as well as her American Historicals and her latest World War II Stories. Carla says her 4th "Unlikely" book will be out and up for discussion, too. Oh, wait, there's more! Carla is also a former seasonal ranger in the National Park Service. We hope to see our romance, history, and nature buffs again!

Great Decisions Discussion Group

Thursday, July 20 @ 6:30pm

Discuss Politics in Latin America

HYBRID - Nature Photography (Discussion Session) with Steve McGrath

Thursday, July 20 @ 6:30pm

Do you love to view and discuss nature photos? Do you want to learn a little more about nature photography? If you said yes to either of these questions, join us for this HYBRID discussion of images you've taken, the best use of your camera, and great resources for taking the best pics!

Virtual - LGBTQ+ Book Club: *For 15-100

Monday, July 24 @ 7pm

Read "Bring Your Own LGBTQ Beach Read"

Virtual - "Cooking with Scraps" with Cookbook Author and Sustainability Warrior Lindsay-Jean Hard

Wednesday, July 26 @ 7pm

Do you feel bad about throwing away (or even composting) food scraps that could be used? Well, feel guilty no more! Lindsay-Jean Hard is here to help us learn how we can make use of those scraps, keep them out of landfills, and still have enough left-over for our compost pile! Pulling from her book "Cooking with Scraps", Lindsay-Jean will be answering all of our questions about minimizing (or, in a perfect world, eliminating) food wastage!

Virtual - A Conversation With Thriller Author Don Bentley

Thursday, July 27 @ 7pm

Don Bentley is the New York Times Bestselling author of the Matt Drake series and two Tom Clancy Jack Ryan, Jr. novels. His latest book, "Forgotten War" is describes as an "unforgettable read" by Nelson DeMille. We hope you can join us for what will be an amazing and fascinating conversation with Don!

Adult Recurring:

Knit and Crochet Club

Saturdays at 2pm

Mondays @ 6pm

Adult Bingo

Tuesdays

July 11-Aug 22nd @ 6:30pm

Tweens and Teens:

Friday Video Games

Friday, July 21 @ 2:30pm

Come to the library this summer to play switch games with your friends! Nintendo Switch, Xbox, games and snacks will be provided.

Children:

Special Events:

Summer Reading Program for Kids!

Come in to pick up your summer reading packets and join us Teacher Tales all summer long! Check our website calendar to see if your favorite teachers are reading this summer.

Dog Man Day!

Saturday, July 15, 2023

A day themed entirely around Dav Pilkey's beloved Dog Man series!

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Drop-in Activities:

Multiple craft activities, photo ops, police academy obstacle course, and I SPY scavenger hunt

Scheduled activities:

Visits from Knives and Machete (10:30-11:30) AND a real Police K-9 dog (1:30-2:30)

Special Programs:

Visit with Blades (Boston Bruins Mascot)

Tuesday, July 11 @ 2pm
Come meet Blades Mascot!

Todd the Magician

Wednesday, July 12 @ 2pm
Magician Todd Migliacci will perform his sensory friendly, award-winning magic show. Todd was voted the “Best Specialty Act” at Walt Disney World. This event is free for all ages.

Police K-9 Dog Meet & Greet

Saturday, July 15 @ 1:30pm
Come meet a real Police K-9 dog and participate in other Dog Man Day events. Curious Creatures - Live Animals!

Tuesday, July 25 @ 3:30pm

Curious Creatures brings their interactive and educational program to the Library, featuring an assortment of live animals. Come meet some small mammals and a variety of reptiles, including lizards, big snakes and possibly an alligator! Fun for all ages. This program will be held in the large meeting room for the comfort of the animals.

Space is limited. Free tickets will be handed out starting at 2:30 pm on the day of the event.

Stem Thursdays:

Stem Thursdays
10-Minute Creation Stations
*For Ages 5-9

Thursday, July 6 @ 4pm

Kids will be given a mystery box filled with a variety of building materials. As the timer counts down, they will have 10 minutes to create something using only the materials in their own box. Everyone will have a chance to build with at least 5-6 different boxes.

Lego Club

*Ages 5-9
Thursday, July 13 @ 4pm

Each child will be given a box filled with an assortment of Lego blocks to build a creation using only what’s inside the box within the 45 minute time limit. Engineering Exploration
*For Ages 5-9

Thursday, July 20, 2023

Build a Bridge - Participants will work together to build a suspension bridge between two chairs.

Lego Club

*Ages 5-9
Thursday, July 27 @ 4pm

Each child will be given a box filled with an assortment of Lego blocks to build a creation using only what’s inside the box within the 45 minute time limit.

Saturday Story Time

*For Ages 3 and up
Saturday, July 1 @ 10:30am
Saturday, July 8 @ 10:30am
Saturday, July 22 @ 10:30am
Saturday, July 29 @ 10:30am
Come listen to Ryan read some of his favorite stories aloud!

Read to a Dog with Knives and Machete
(yes, those really are the dog’s names!)

*For kids who are reading on their own

Saturday, July 8 @ 1:30pm

Saturday, July 15 @ 1:30pm

Saturday, July 22 @ 1:30pm
Children with some reading ability will have the chance to read to one of our registered therapy dogs for 10 minutes.

Children Recurring:

Hybrid Lapsit

For Infants & Toddlers and their Caregivers

Wednesdays @ 10:30am

Wednesday Afternoon Story And Craft
*For Ages 4-7

Wednesdays @ 3:30pm

Moving to Wednesdays for the summer on

Wednesday June 28th Friday
Afternoon Story And Craft
*For Ages 4-7

Fridays @ 4:00pm

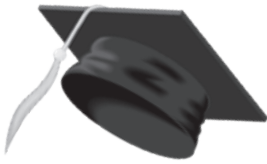
Crafty Saturdays

Drop in Crafting
Saturdays @ 10-3pm

Friends of the Ashland Public Library Donation Day & Mini Book Sale!

Saturday, July 1 @ 10-1pm
Shop or Drop is the name of the game! Join us to buy gently used books, audiobooks, DVDs and games. You can also donate from your home shelves to make space for the “new”. The Friends accept donations in the library parking lot. Friends volunteers will be available to assist donors during this time.

Class of 2023 graduation



By PATRICIA ROY

Ashland High School held Commencement exercises for its 150th graduating class on June 4 in the high school auditorium.

After processing in, the students were welcomed by Principal Kelley St. Coeur with further addresses by Class President Andrew Dubanowitz, Ashley Sachs and Suraj Padnanabhan with musical interludes provided by the high school concert choir and school band. Tyler Magyar played an original piece called “Memories in Your Dreams” on the electronic keyboard.

The following officers and students of the Class of 2023 graduated:
Class President: Andrew Dubanowitz; Vice President: Alexandra Tokar; Secretary: Aimee Aby; Treasurer: Kyzar Joshi; Class Historian : Sophie Brandt; Student Council Representatives: Gabriel De Souza, Thomas Giglia, Ananya Shetty

Graduates: Lena Ackmann, Ana Luisa Alves, Hannah Alves, Leticia Alves, Ashley Amershek*, Ava Andlauer, Nema Ansari, Natalia Arjona, Jason Aurelus, Prianca Bagchee, Aram Baghsarian, Samuel Battaglini, Mats Benyamini, Anthony Bertulli, Christopher Bialzik*, Samuel Bier*, Siena Bishop*, Ashley Bolton, Megan Borger, Leandro Filho Bovenschulte, Jeffrey Britt, Daniella Brodskiy, Genesis Camacho ^^, Rudy Galvan Castaneda, Sarah Chamine, Timmothy Connors II, Kiera Cooney*, Kaike Costa, Victor Costa, Rowan Cote*, Connor Covern, Jose Cruz, Pedro Da Silva, Sarah Davidsen*, Jonathan De Andradde, Scarlett Degennaro, Patrick DesLauriers, Akshay Dhavala, Ethan Dintino, Sarah Dolabela, Annmarie Dollaway, Sora Dos Anjos, Sora Dunham, Maria Lourdes Duran Sigaran, Patrick Dwinells, Daliya, Eldam, Lauren Ellis*, Michael Ellsi, Kathryn English*, Victor Estrada Gutierrez, Aydin Fish, Jenna Fitzsimmons, Erin Flaherty, Liam Fleming, Mark Flynn, Ella Fong, Benjamin Freitas, Lindsey Fuellhart, Zachary Fuellhart, Cameron Geary, Johanna Geary, Annie Gilfillan, Sophia Gonzales*, Eesha Gorantla*, Adam Greenberg, Mikayla Groves, Arushi Gupta*, Tainee Guzman, Madeleine Hastings, Keyra Hatstat, Amelia Hebb, Nghi Hua*, Maymuna Ibnat*, Keira Joshi*, Samantha Kahn*, Sai Kakula, Jake Kaveney, Natsuki Kawabe, Yuuki Kawabe, Peter Kissane, Katherine Klepper, Tyler Kondrat, Marina Kotsifakis, Mihilis Koutouvos*, Isabella Laasanen, Cecilia Labbe, Margaret Leland, Melissa Leone*, Filip Likowski, Colby Lima, Margaret Long*, Michael Long*, John Lynch, Jack Machnik, Kate Machnik, Ryan Madison, Pamella Magnago, Tyler Magyar, Alexandra Markos, Paulina Markos, Carlie Marrella* Cassie Marrella*, Mark Milko*, Gabriella Mina*, Dylan Mitchell, Julia Moraes, Ana Beatriz Moreira^, Danielle Moriarty, Bennett Namiot, Luke Niemiec, Suraj Padmanachan*, James Palanzi, Rheeya Patel, Ihitt Pathak*, Shwaas Patil, Abigail Pecze*, Lucca Pereira, Rowan Perry, Jennifer Pickett*^, Zachary Pierson, Sophie Porter*, Yair Rachmany, Kevin Ramirez, Jack Reardon, Meredith Reilly, Brenda Ribeiro, Sophiya Ricci, Jackson Riva, Danialys Rivera, Hunter

Robie, Arquimedes Rocha, Mateo Roche, Anthony Rodrigues*, Gladys Rodriguez, Irene Rodriguez, John Rossi, Yugo Sabadini, Ashley Sachs*, Daniel Sant’Ana, Khyeim Santiago, Nihal Sawant, Shrish Senthilkumar*, Thomas Severance, Saif Shaik, Akash Shandilya*, Jordan Sherman*, Rohan Shrowty*, Matthew Shuhy*, Gabriel Silva, Isabel-Christina Silva, Alaysa Silveira Souza, Taylor Simpson*, Juliana Singer*, Andrew Slowman, Thiago Szytko, Ella Turco*, Christopher Vasquez Tut, Sricharan Vijayakumar, Apring Wang*, Cassandra Washburn *, Caitlin Weidman, Clara Werkema **^, Olivia Werkema*, Sydney Whitkens*, Kayla Wilen*, Oliver Wood, Jessica Yampolsky, Daniel Zadorozhnyy^, Daniel Zayac, Joshua Zayac

*Denotes NHS,
^Denotes Seal of Biliteracy,
^^ Seal with Distinction

Scholarships and awards were announced at the annual Class Day. They were: Ashland American Legion Post 77 Erin Flaherty – Kathryn English; Ashland Business Association – Thomas Giglia and Ashley Sachs; Ashland Fire Department Association – Daniella Brodskiy, Patrick Dwinells, Hunter Robie; Ashland Lions Club David Fettid Memorial Scholarship – Kathryn English; Ashland Memorial V.F.W. Post 2331, Ashland Memorial V.F.W. Post Auxiliary, TJ’s Food & Spirits Joseph Tomas Memorial – Kathryn English, Margaret Long, Timothy Connors II; Ashland Parent Advisory Council Siena Bishop – Daliya Eldam, Samatha Kahn, Ryan Madison; Ashland Select Board Scholarship – Daniella Brodsky, Matthew Shuhy; Ashland Youth Baseball & Softball Elka Trout Memorial Scholarship – Chris Bialzik, Cassie Marrella; Ashland Youth Basketball Vin Hanrahan, Sean Hanrahan and Brendan Petry Memorial Scholarships – Melissa Leone, Colby Lima, Akash Shandilya; Ashland Youth Soccer – Kathryn English, Adam Greenberg; Bannnon Science Scholarship – Olivia Wekema; Brendan Petry Memorial Scholarship – Kathryn English, Anthony Rodrigues; Clocker Club Scholarship – Kathryn English , Thomas Giglia; Driscoll Memorial Fund Scholarship – Maggie Long, Carlie Marrella, Earl Schiesske Memorial Scholarship – Gabriella Mina, Clara Werkema; Framingham State University’s Hometown Award – Katie Machnik, Greater Ashland Lions Club – Kathryn English; Greater Framingham Running Club, Rich and Chris Chesmore Scholarship – Michael Long; Honey Dew Donuts Scholarship – Marina Kotsifakis ; Medway Federation of Teachers – Conner Covern; Middlesex Savings Charitable Foundation- Alaysa Silveira Souza; Penelope L. Ellis Memorial Scholarship – Surah Padmanabhan, April Wang, PJ Ferrier Memorial Scholarship – Patrick Dwinells, Jake Kaveney; Red Cross Scholarship Program – Jordan Sherman; WACA TV – Timothy Connors, Kathryn English, Sricharan Vijayakumar.

Ashland Lions Club July 2023 Update

Congrats Lions Scholarship Recipients

The Ashland Lions Club awarded three \$2000 scholarships to graduating high school seniors from Ashland this year. Congrats to the graduates who received the awards this year:

Katie English – Ashland High School
Quinn O’Connell – Keefe Tech
Samantha Putnam – Keefe Tech



Lion Dan Mitchell (right) presents a scholarship award to Ashland graduate Katie English (left)

Congrats Lions Officers for 2023-24

Ashland Lions Club held its installation of officers on June 20, 2022 at the VFW. We would like to congratulate and welcome our new club officers for the 2023-2024 Lionistic Year:

President – Lion Dan Mitchell
First VP – Lion Betsy Andersson
Secretary – Lion Lesley Macdonald
Treasurer – Lion Tom Heguy
Tail Twister – Carl Kalisweski
Lion Tamer – Lion Julian “Dok” Doktor
Directors – Lions Harold Barrows, Bill Greenwood, Kim Wales, Armond Enos, Elaine Souchuns, and Marilyn Barrows
Membership Chairperson – PP Lion Holly O’Brien

Special thanks to outgoing president IPP Lion Steve Napolitano for his leadership over the past year.

Annual Lions Golf Tournament

Join us for the Ashland Lions Annual Golf Tournament, to be held Monday, September 18th, 2023, at the Highfields Golf and Country Club in Grafton. There will be golf, a meal, raffles and a day of fun to support the Ashland Lions and their mission of donating to Eye Research and Local Charities. Sponsorship opportunities available. For details email golf@ashlandlions.org or visit our Facebook page.



Community Shred-it Event

Our event was held on Saturday June 3rd, 2023, 9am-12pm and we had a great turn out. Thanks to our sponsors: Bill Gath at Realty Executives, Needham Bank, Pat and Dick Dzindolet, and Paul and Nancy Ciccolo. Also thanks to all those who came out to participate in the event.



Ashland Lions at our annual Shred-it event

Eyeglasses and Cellphone Collection

Eyeglasses and cellphone collection is a year-round project with collection of used prescription and nonprescription eyeglasses, sunglasses, hearing aids and cell phones.

Collection boxes are located at:

- Ashland Post Office
- Ashland Senior Center
- Old train station - Ashland
- Moody Optical - Ashland
- Middlesex Bank – Ashland
- Fayville, MA Post Office
- Studio Optics – Framingham
- Southborough Senior Center
- Southboro Post Office on Rt.85
- TJ’s Food and Spirits
- The Residence at Valley Farm

Stay up-to-date on Lions happenings

To see the latest status of our events, please visit our Ashland Lions Facebook page. Click the Like button and you will be automatically notified of changes or cancellations. While you’re at it, be sure to follow Ashland Town News too!

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REAL ESTATE INSIGHTS

Planning on selling your home? Want to expand your buying pool, increase the sale amount and sell your home faster? Make sure you have “curb appeal”!

Curb appeal refers to the visual attractiveness of a dwelling and its property, and there are plenty of low-budget, simple things you can do to make yours look inviting.

Why put money and time into something you plan to sell? Most listings hit the market between April and June — which means you’ll be competing with the maximum number of prop-

erties. A barren yard and bleak or nondescript entrance make your home passable and forgettable.

The first impression also sets the tone and expectations for the rest of the home tour; a bad one can lead a prospective buyer to wonder what other basic maintenance has been neglected inside and inspect the house with a more critical eye.

Anything you can do to lure buyers through your (hopefully freshly painted) front door is worth the effort; after all, the more people who stop, the more likely you’ll get an offer — or several, which could drive up the final sale price.

Start with the basics: power wash the exterior; manicure the hedges; update door hardware and house numbers; hide the eyesores, such as garbage cans, recycle bins and dry-rotted garden hoses. Tend the footpaths and groom the landscape. Paint the front door. (If you’re painting, it’s best to stick with whites, grays or other neutrals to appeal to the most buyers.)

You want to create a welcoming environment that helps a buyer envision themselves enjoy-

ing their new abode. Flowers are always a nice way to brighten a front yard; you might also consider outdoor seating. Add a few bird houses, large rocks or other decorative elements that complement your home’s style. And don’t forget the lighting!

Google, Pinterest and YouTube all are great sources for ideas and inspiration. You also can check out the HGTV (hgtv.com) and Home Depot (homedepot.com) websites for videos and webcast workshops on curb appeal projects, lawn care and creating garden beds.

Investing in curb appeal makes a real financial difference. While impossible to truly quantify, it is estimated to increase home value and sale price by anywhere from 3 percent to 15 percent.

To learn more about creating curb appeal contact Kim Foemmel at Foemmel Fine Homes by phone (508) 808-1149 or email Kim@FoemmelFineHomes.com. View her website at FoemmelFineHomes.com.

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Celebrate Ashland at Hopkinton Center for the Arts Summer Music Series

Ashland Town Day at the Hopkinton Center for the Arts (HCA) Summer Music Series!

Ashland Town Day will be celebrated at HCA’s Summer Music Series concert on Friday, July 28th, from 6:30 - 8:30 pm on the grounds of the Hopkinton Center for the Arts, 98 Hayden Rowe St., Hopkinton. The concert features “The Tony Soul Project”, a blend of musicians from diverse backgrounds, who provide dance music covering Rock & Roll, Motown and Blues! Guest singer for the evening will be Ashland’s Joe Peck. This event is sponsored by the Ashland Cultural Council.

The Hopkinton Center for the Arts would like to promote the idea that HCA is a regional art center, welcoming participation from around the region. Their concert series begins on June 30 and lasts until the last Saturday in July. The concerts are from 6:30 - 8:30 pm, on the grounds of the center. Larry Joe’s fire pit food truck will be on site, and folks are welcome to bring their own food and lawn chairs. There is

also a summer exhibition in the galleries to enjoy. Bathrooms are available. In case of rain, the concerts will move to the indoor space.

The concerts are “Pay what you can”; registration is helpful, but not required.

Link to general events page at HCA: [https:// www.hopartscenter.org/events](https://www.hopartscenter.org/events)

The Ashland Cultural Council is part of a network of 329 Local Cultural Councils, serving all 351 cities and towns in the Commonwealth of Massachusetts. The LCC program is the largest grassroots cultural funding network in the nation, supporting thousands of community-based projects in the arts, sciences and humanities every year. The State Legislature provides an annual appropriation to the Mass Cultural Council, a state agency, which then allocates funds to each community.

Decisions about which activities to support are made at the community level by a board of municipally appointed volunteers.

The mission of the Ashland Cultural Council is to promote excellence, access, education and diversity in the arts, humanities and interpretive sciences in order to improve the quality of life for all Ashland residents and to contribute to the economic vitality of the community. ACC’s cultural projects take place in schools, community centers, libraries, elder care facilities, town halls, parks, and wherever communities come together.

For grant information and FAQs, visit www.mass-culture.org/lcc_public_applicant_process.aspx. For more information on ACC, visit www.ashland-mass.com/236/Ashland-Cultural-Council. The Ashland Cultural Council is looking for members! Fill out the Talent Bank form on the town website, www.ashland-mass.com/formcenter/talent-bank-form-16/talent-bank-form-56, if you’re interested in joining!

Contact: Debbie Bresnick, Ashland Cultural Council

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Real Estate Corner

Ashland Recent Home Sales

Date	Ashland	Amount
06/14/2023	51 E Bluff Road	\$522,000
06/13/2023	Harrington Dr, Lot L (4.78 acres)	\$430,000
06/09/2023	91 Spyglass Hill Drive	\$508,000
06/08/2023	164 Captain Eames Circle	\$520,000
06/05/2023	217 E Union Street	\$682,500
06/05/2023	169 Captain Eames Circle	\$596,100
06/05/2023	174 Algonquin Trail	\$560,000
06/02/2023	223 America Blvd	\$670,000
06/01/2023	134 Oak Street	\$550,000
05/31/2023	231 Leland Farm Road	\$385,000
05/31/2023	285 Trailside Way	\$320,000
05/30/2023	11 Yankee Lane	\$1.18 mil



217 E Union Street in Ashland recently sold for \$682,500.
Source: www.zillow.com / Compiled by Local Town Pages



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13CourtneyCircle.com

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21 Greenwood Road, Hopkinton • Listed at \$1,689,000

21GreenwoodRoad.com

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