

## Caps Off to The Class of 2023!



Photos by Ken Robinson / KBR Photo

By PATRICIA ROY

In spite of threatening skies, Holliston High School held its June 4 Commencement Ceremony outside on the school's athletic turf. The soon-to-be graduates filed in to the traditional strains of "Pomp and Circumstance" and, once seated, were welcomed by school Principal Nicole Bottomley who acted as master of ceremonies.

For the first time in the school's history, Holliston High School had co-valedictorians – Declan Collins and Ava Kaviani. Class president Jonah Feldman also gave a speech. Four musical performances were included in the ceremony: Colleen Malvey and Kaitlyn Irons sang "Landslide" by Fleetwood Mac, accompanied by Joshua Nelson. Ryan Bush offered his version of "How Do I Say Goodbye" by Dean Lewis

and Dakshata Salvakumar sang "Right Here" by Maharani, also accompanied by Joshua Nelson. Finally, Valerie Decipio sang Audra Day's "Rise Up" accompanied by Ben Discipio.

In his speech, Collins spoke about leaving his "incredible classmates" behind along with family, hometown and childhood.

### GRADUATION

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## Planning Board Closes Public Hearing For "Massive Warehouse" Proposed at 555 Hopping Brook

Board deliberations to begin July 13

By THERESA KNAPP

At its meeting on June 22, the Holliston Planning Board voted unanimously to close the public hearing on the latest proposal by CRG Integrated Real Estate Solutions which seeks to build a 550,000 square foot warehouse at 555 Hopping Brook Park.

The board is expected to start deliberations at its next meeting on July 13.

After two hours of mostly public comment, Planning Board Chairperson Karen Apuzzo-Langton said, "We're all focusing on a situation that I believe operationally we don't see how this fits in town," said Apuzzo-Langton. This is a Special Permit; it's a specific deliberate process. We're not satisfied that the project can deliver to the character of the town, maintain the character of the town, through all of these changes.

There have been marginal changes but the impact is still excessive."

Issues of concern for the board and residents of both Holliston and abutting Medway include increased general traffic and specific logistics of large truck traffic (and related law enforcement); 24/7/365 traffic, light, and noise; water and sewer issues; wetland disruption; and fossil fuel pollution. Additional issues include the general enormous size of the building footprint, the yet-to-be-named tenant that would occupy the space, and a general overall negative impact on quality of life.

At the June hearing and those previous, CRG representative Peter Bemis and his team of professionals responded to the majority of issues when raised.

### WAREHOUSE

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GRADUATION

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“Does anyone ever really leave a place behind?” he asked, recalling the idyllic pastoral feeling of the community, the lovely simplicity of walking the school halls and recognizing every single face.

“Remain vigilant in preserving your memories of this time and that way a part of you will never leave this place,” he said.

Kaviani spoke of the importance of leadership and how it was exemplified at the high school. There will be a ripple effect she predicted from the tiny little Holliston pond to a new ocean of opportunities,” she said.

The graduates are: Juliana Lynne Abusheery, Alejandro Jose Acevedo, Pierce Frederick Alachi, Cian Kenneth Aldredge, Yuri Dutra Almeida, Ania Elaine Alwani, Anabelle Kathleen Amante, Jennifer Emma Andelman, Venkat Krishna Sai Atluri, Tristan Jared Avelar, Ella Caroline Bahmann, Kara Julia Balewicz, Benjamin Howard Bausch, Ryan Scotti Bausch, Melanie Dellene



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GRADUATION

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# Hamwey to be Inducted into Bellingham's Hall of Fame

Bellingham Bulletin sports writer Ken Hamwey will be inducted into the Bellingham Athletics Hall of Fame on Friday, Nov. 17 at the Coachmen's Lodge.



The 80-year-old Hamwey, a Bellingham resident who's worked for the Bulletin for 16 years, was a unanimous choice of the selection committee. In addition to the Bulletin, the veteran sports journalist continues to write feature stories in semi-retirement for Local Town Pages, focusing on seven communities — Medway, Millis, Norfolk, Wrentham, Holliston, Natick and Franklin.

Hamwey, who's been a Bellingham resident for 51 years, graduated from Natick High before earning a bachelor's degree from Babson College. He started his newspaper career in 1967 with the Framingham News, now the Metrowest Daily News. During his first year as a sports reporter, his stories focused on Bellingham's new football program that achieved varsity status in 1967 and was coached

56-year career involve Bellingham's athletes and teams."

Hamwey covered the Blackhawks's baseball and softball teams in 2014 that won state championships on Flag Day, June 14. "It turned out to be a banner day for the town," he said. "The baseball team defeated Monument Mountain Regional and the softball team upset two-time champion Grafton. Both triumphs were in Worcester. The boys competed at Holy Cross and the girls captured their crown at Worcester State."

by George Anderson. Early on, his reporting ranged from high school and college sports to the professional beat where he covered the Boston Celtics and the New England Patriots.

"I'm honored and humbled to be selected for induction into Bellingham's Hall of Fame," Hamwey said. "It's heart-warming to have a wonderful community like Bellingham recognize me for my reporting. Some of my fondest memories during a

Hamwey also covered many of the high school's elite players and coaches. He broke the story on Rick Santos when he was chosen to compete in the Hula Bowl after a dynamic career at the University of New Hampshire. He was on the scene when the Blackhawks won two state titles in field hockey during the coaching reign of Ron Bonollo. He also covered the BHS boys basketball team that defeated Bromfield for a state championship in 2003.

Others to be inducted include Carrie Wernig (field hockey), Mike Trudeau (baseball), Justin Bernard (football), Bob McManus (hockey), Justin Park (hockey), Beth Thornton (field Hockey), Joanne Paquette (field hockey coach), Dave Gibbs (basketball coach), Rick Smith (contributor) and the 1996 field hockey team.

Hamwey, who'll be inducted as a contributor, left the Metrowest Daily News in 1973 and was hired at the Providence Journal where he spent the next 35 years working for the four-time Pulitzer-prize-winning newspaper. He finished his career there as the paper's Night Sports Editor, retiring in 2008. On Hamwey's last day in Providence, the Rhode Island State Senate read aloud a citation for his efforts and contributions to R.I. athletics. Two years later, in 2010, he was honored by the Mass. Interscholastic Athletic Association (MIAA), which presented him with its Distinguished Friend Award.

At the Metrowest News, which included editions of the Milford News and Country Ga-

zette, Hamwey wrote a popular weekly column — "Yesterday's Heroes" — that focused on athletes' and coaches' past achievements. Many of Bellingham's top-notch coaches and athletes were featured in that column.

In 2007, Hamwey began covering sports for the Bellingham Bulletin. As Sports Editor at the Bulletin, he launched a column similar to Yesterday's Heroes called "Where Are They Now," reporting on former Bellingham athletes. For the next 16 years, he extensively covered Bellingham sports while also filing stories for Local Town Pages.

Hamwey's upcoming induction will be his second Hall of Fame honor. He was inducted into the Millis Athletics Hall of Fame last year.

Hamwey and his wife Pauline, who taught at Macy School for 35 years, have been married for 34 years. His son, Travis, is a 1989 graduate of Bellingham High and a 1993 graduate of UMass-Dartmouth.







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**WAREHOUSE**

*continued from page 1*

“Responding to a question doesn’t mean that you are satisfying a concern,” said Apuzzo-Langton, telling the applicant he was being reactive, not proactive. “It’s not my job to tell you what to do; it’s my job to listen to what it is that you are offering for mitigation and I’m listening to you.”

Steve McElhinney of Medway said this project is 75 yards from his property line, and the land has been forever changed since CRG clear-cut trees from

the property; an action that resulted in the town issuing a cease and desist order.

“Come and look behind our houses; there aren’t many trees left that weren’t cut down,” he said, calling the developer a “wolf in sheep’s clothing.”

Holliston resident Dawn Hammond noted the town’s “overwhelming opposition” to the project and said the applicant is taking advantage of Holliston’s volunteer town government. “It’s just not a good project for Holliston.”

Earlier in the month, residents opposed to the latest CRG proposal held signs along Main

Street during rush hour. The signs had messages like “Support sensible development for Hopping Brook Park” and “Big distribution centers belong next to big highways.”

“We’re not anti-development,” resident Anne Lindsay said at the June 15 stand-out. “We support businesses that are sensible, that benefit the town, and that fit...this business does not fit.” Read that story at [bit.ly/HollistonPickets555](http://bit.ly/HollistonPickets555)

All town documents related to the matter, can be found at [bit.ly/HollistonPlanningBoard555](http://bit.ly/HollistonPlanningBoard555)

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Pictured is Michael Shain the founder and president of Thanks To Yanks and Kim Briggs the Relationship Branch Manager of UniBank Milford. Recently UniBank made a very generous donation of eight \$25 gift cards to be used by Thanks to Yanks to support local veterans. Thanks to Yanks is thrilled to partner with local businesses such as UniBank that wish to serve and support those who serve, For more information on both organizations please like them on Facebook.

**A brief history of the Special Permit application of CRG Acquisition, LLC, now known as CRG Integrated Real Estate Solutions.**

**June 2020:** CRG files application for Special Permit for [pared down to] 800,000 square foot warehouse.

**Sept. 2020:** Town issues cease and desist to CRG for work in violation of the stormwater and land disturbance permit.

**July 2021:** Special Permit denied by Planning Board.

Sept. 2021: CRG appeals decision claiming the denial was “unreasonable, arbitrary and capricious, based on legal untenable grounds, and exceeds the Planning Board’s authority.”

**Nov. 2022:** CRG files Special Permit application now before the town which is another pared down [550,000 square foot] version of the original submission.

**June 2023:** Planning Board closes public hearing on latest Special Permit.

**July 2023:** Planning Board set to start deliberations.

For more information, visit [bit.ly/HollistonPlanningBoard555](http://bit.ly/HollistonPlanningBoard555)

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# Enjoy Every Sandwicher Moment



Glenn Brown

Once David Letterman had frequent guest and a favorite musician of his, Warren Zevon, on for an entire show. Zevon, who'd disclosed terminal cancer, performed and interviewed throughout. Dave at one point asked, "Anything you know now, that I should know?" to which Zevon wittily deadpanned, "Enjoy every sandwich."

Those raising children and

helping aging parents often feel rushed and are distracted thinking about what's next, overlooking the beauty of daily, mundane moments.

July is National Sandwich Generation Month, celebrating a generation of people sandwiched between caring for their young children and aging parents at the same time.

I'm a Sandwicher, as are approximately 15% of Americans between ages 40-60 who face the challenges of planning, communicating and executing for 3 generations at once.

In 2018, my parents were struggling with health to remain independent in NH after 60 years in their home. Stress rained on my mom as a caregiver and daily living/house routines began to slide. My wife, our daughters (then 5 & 3) and I lived comfortably in our Ashland home. The adults agreed on a Plan B supported by updated financial planning. Sell both homes, buy a new home for 3 generations and live

as one household sharing in daily responsibilities.

The urgency was greater than anticipated and not without challenges since our move to Holliston. Here's some antidotes for Sandwichers:

**Small talks instead of "The Talk".**

Families don't like to think about declining health and elder care, let alone discuss it. I used single topics tied to a recent story about a friend, asking what they would do. Gained small agreements, the changed topics as would address others another day to frame a mutual plan.

**Bring in outside mediators.**

My aunt shared with my mom that time is not your friend. She encouraged the positives to take action now, rather than later when fewer options are available. Additionally, we consulted with an elder care attorney on understanding MA Health options, current trusts, POAs and proxies before making the move.

**Define their plans for wellness.**

Far too often, adult children tip-toe around aging conver-

sations with parents for fear it may come across as morbid or worse, inheritance focus. These conversations need to focus on their future ideas of wellness. What is it they foresee for a surviving spouse? When they can no longer remain independent? By having these talks when both parents are in good health, it defines their expectations and allows planning a foundation with greater flexibility.

**Your spouse's support is critical.** Incredibly fortunate to have a spouse that pushed me to see the positives and embraces bringing family in as "you'd want your daughters to treat you the same someday."

**Through the eyes of a child.** It's not all about you, the girls show the love and benefits of learning by being around grandma and grandpa. And vice versa, as health has improved so has activity as the girls provide motivation and energy.

Sometimes timing is everything. I couldn't imagine the anxiety and ill-advised actions

my parents would have faced on their own these past 3-plus years.

Your parents sacrificed many things to make sure you had it better, including concealing issues to not worry you. Be open with communication and embrace change, the best ways to prevent costly unintended consequences and ensure positive lasting memories.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of Plan-Dynamic, LLC, www.PlanDynamic.com. Glenn is a fee-only Certified Financial Planner™ helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

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# Holliston Knights of Columbus conduct successful Golf Tournament

Ninety golfers (23 teams) participated in the St. Mary's of Holliston KofC Council 14224's Second Annual *Swing For Charity* Golf Tournament on June 9th at Pinecrest Golf Club. The teams were delighted with the good weather, some sunshine, and no rain this year. First Place went to Holliston Pantry Shelf President Karen Jewett's team with a score of 8 under Par (-8). John Curran's team came in Second Place with a score of 6 under Par (-6). John is the past Chairman of the KofC Golf Tournament Committee. Third Place went to Holliston Pantry Shelf Treasurer Dave O'Neil's team with a score of 6 under Par (-6). Men's Longest Drive was won by Dave O'Neil's grandson Andrew Faichney. Elizabeth Crews won the Women's Longest Drive and Closest-to-the-Pin was won by Greg Panagiotou. Wendy Cofran provided some excitement when she made her first-ever hole-in-one on the 10th hole.



Tony Polise, Tournament Chair



Karen and Dan Jewett

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The 2023 KofC Golf Tournament raised \$13,000 which will be donated to the Holliston Pantry Shelf. Event Chair Tony Polise thanks everyone who supported the *Swing For Charity* Golf Tournament including golfers, sponsors, volunteers, and those

who provided raffle items. He also thanks those who spread the word to friends, family & the community. This year's event was a huge success and the Council is looking forward to hosting the tournament again next year.

## AAA issues tips for driving near Philadelphia after I-95 collapse

On June 11, a heavily traveled section of I-95 in Philadelphia collapsed after a tanker truck carrying flammable material caught fire, and repairs are estimated to take weeks or months.

For travelers heading to or through the area, AAA offers the following advice:

- The most up-to-date detour information can be found at [www.pa.gov/i95updates](http://www.pa.gov/i95updates).
- For travelers from Rhode Island and Massachusetts, going by train may be a good alternative.
- While AAA does not route motorists on I-95 heading to places like Washington


and Virginia, it does use the New Jersey Turnpike, which will likely see traffic volumes increase. Plan accordingly.

- Additionally, the Pennsylvania Turnpike may be an alternative for southbound drivers.
- The airport is not affected and there are multiple routes into downtown for visitors to the city.

Vice President of Public and Government Affairs for AAA Northeast Mary Maguire says, "Drivers should plan ahead, pack their patience, and stay connected as commuting routes and times will be fluid in the days,

weeks and months ahead... This is a frustrating situation, so remain calm and courteous behind the wheel and don't engage in aggressive driving behaviors."

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# Ants Ready to Bug Homeowners This Spring

**WPC Pest and Termite Control offers pest-prevention tips to keep ants from marching indoors.**

Summer is officially here and with it comes one of the most persistent warm-weather pests—ants. As temperatures rise, WPC Pest Control warns that America's number one nuisance pest will invade homes across MetroWest in search of food. While most species present problems in people's pantries and kitchens, some species can deliver painful bites while others inflict property damage. According to a survey from the National Pest Management Association (NPMA), more than half of consumers list ants as their top pest concern.

"As most homeowners know, ants are especially drawn to the kitchen and their sheer numbers can be daunting," said Jim Mazzuchelli, owner at WPC Pest and Termite Control. "Carpenter ants are most likely to invade residential homes this spring,

but eliminating food sources can help keep them at bay."

Of all the U.S. ant species, carpenter ants and fire ants pose the most risk for homeowners. Carpenter ants excavate wood in order to build their nests, which can compromise a home's structural soundness. Just seeing 3 to 5 ants a day could indicate an underlying problem that might only get worse and cause major damage to your home.

Although ants can be difficult to control once they have entered a home, the following preventative measures can play a major role in helping to avoid infestations:

- Wipe up crumbs and spills immediately
- Store garbage in sealed containers and remove from the home frequently

- Keep food packages closed or sealed and store products in air-tight containers
- Avoid leaving food out on the counter or pet food out on the floor for long periods of time
- Repair holes or gaps in window and door screens
- Seal cracks and holes on the outside of the home including entry points for utilities and pipes
- Keep tree branches and shrubbery well-trimmed and away from the house
- Replace weather-stripping and repair loose mortar around basement foundation and windows
- If you suspect an ant or any pest infestation in your home, contact a licensed pest professional to inspect, identify and treat the problem

"With more than 700 species of ants in the U.S., many of which create huge colonies, prevention is the key to an ant-free home," added Mazzuchelli.

For more information on ants, please visit [www.nobugsnopests.com](http://www.nobugsnopests.com) or call 508-366-1820 to set up a free inspection and a free outside treatment.

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## Mosquito Season

Mosquito Season is right around the corner! Mosquitos can easily spread diseases to people. Human beings get Mosquito-borne diseases when an infected mosquito bites them. The CDC lists common Mosquito-borne diseases which include Eastern equine encephalitis (EEE), West Nile Virus, Zika virus, Chikungunya virus, Dengue, and Malaria (CDC). These diseases range in severity, while some have mild symptoms others can be even fatal. Luckily, the Town of Holliston is a Member Community of the Central Mass Mosquito Control Project (CMMCP) that help to stop the spread of Mosquito-borne diseases. Any Ashland property owner can request CMMCP to come spray their yard to prevent these mosquito-borne diseases for free! Visit <https://www.cmmcp.org/sites/g/files/vyhli2966/f/pages/july23.pdf> for a schedule of spraying.

Mosquitos lay eggs in or near stagnant water! Here are 3 useful tips to prevent mosquitoes:

1. Make sure to remove/turn over storing equipment
2. Remove tires, buckets, bottles, or barrels that collect water
3. When outside after dusk wear insect repellent

### References

Centers for Disease Control and Prevention. (2016, March 21). *Mosquito-borne diseases*. Centers for Disease Control and Prevention. Retrieved March 29, 2023, from <https://www.cdc.gov/niosh/topics/outdoor/mosquito-borne/default.html>

*Central Mass Mosquito Control Project (CMMCP)*. Central Mass Mosquito Control Project (CMMCP) | Ashland, MA. (n.d.). Retrieved March 29, 2023, from <https://www.ashlandmass.com/978/Central-Mass-Mosquito-Control-Project-CM>

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## Local student earns Dean's List recognition at Norwich University

The following students from your readership area have been recognized on the Dean's List at Norwich University for the Spring 2023 semester:

- Caleb MacLean, Franklin
- Samuel Stowell, Franklin
- Thoren Berg, Holliston
- Benjamin Emero, Medway
- Rile Rhodes, Medway
- Alexander Cornwell, Medway
- Zachary Winchester, Westborough

Full-time undergraduate students, who earned a semester grade point average of at least 3.40 are awarded Dean's List honors.

### About Norwich University

Norwich University is a diversified academic institution that educates traditional-age students and adults in a Corps of Cadets and as civilians. Norwich offers a broad selection of traditional and distance-learning programs culminating in Baccalaureate and Graduate Degrees. Norwich University was founded in 1819 by Captain Alden Partridge of the U.S. Army and is the oldest private military college in the United States of America. Norwich is one of our nation's six senior military colleges and the birthplace of the Reserve Officers' Training Corps (ROTC). [www.norwich.edu](http://www.norwich.edu)



# Biggest threats to a comfortable retirement?



Mark Freeman

## FINANCIAL FOCUS

If you save and invest for decades, you'd like to know you can retire without financial worries. Nonetheless, you still have to be aware of some threats to a comfortable retirement — and how to respond to them.

These threats include:

• **Inflation** – Inflation has been high recently, but even a mild inflation rate can seriously erode your purchasing power. In fact, with just a 3% inflation rate, your expenses

could double in about 25 years — and your retirement could easily last that long. So, if you're going to rely on your investment portfolio for a sizable part of your retirement income, you will need to own a reasonable number of growth-oriented investments, such as stocks or stock-based funds, whose potential returns can equal or exceed the inflation rate.

• **Excessive withdrawals** – Once you retire, you should establish a withdrawal rate for your portfolio — an amount you can take out each year and still feel secure that you won't run out of money. Some people make the mistake of withdrawing too much, too soon, once they're retired. Your withdrawal rate should be based on several factors, including your age at retirement, the size of your portfolio and the amount of income you receive from other sources, such as Social Security. A financial profes-

sional can help you determine a withdrawal rate that's appropriate for your needs.

• **Market volatility** – The financial markets will always fluctuate. When you're still working, this volatility may not be such a problem, as you have years or decades to recover from short-term downturns. But when you retire, you don't want to have to sell investments when their price is down. To help prevent this, you can tap into the cash in your portfolio, assuming you have enough to cover several months' worth of living expenses. You could also draw on a CD "ladder" — a group of CDs that mature at different times — to provide you with resources for the next few years and allow your equity investments time to recover their value.

• **Unexpected costs** – You had them when you were working, and you'll probably have them when you're retired: the furnace that breaks

down, the car that needs a major repair, and so on. But if you've established an emergency fund containing a year's worth of living expenses, with the money kept in a liquid account, you may be able to "ride out" these costs without jeopardizing your investment portfolio. Be sure to keep these reserves separate from your typical day-to-day accounts to avoid the temptation of spending your emergency money.

• **Health** – Retirees may face more health concerns than younger people, and those concerns often come with larger medical bills. That's why it's important to maximize the benefits from Medicare or your Medicare Advantage plan. Also, if you contributed to a Health Savings Account (HSA) while you were working, and you haven't depleted it, you can use the money in retirement. As long as the HSA funds are used for qualified medical ex-

penses, withdrawals are tax- and penalty-free, and won't be included in your income. This could help keep your income below certain levels, lower your Medicare premiums or avoid the 3.8% surtax on net investment income that can be assessed on high-net-worth taxpayers.

Retirement can be a pleasant time in your life — and you'll enjoy it more if you're prepared for the challenges that face all retirees.

If you would like to discuss your personal situation with a financial advisor contact:

Mark Freeman  
Edward Jones Financial Advisor  
77 West Main Street,  
Hopkinton, MA  
508-293-4017  
Mark.Freeman@edwardjones.com

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**LGBTQIA+ AGING PROJECT**

- **LGBTQIA+ Bereavement Support Groups**  
The LGBTQIA+ Bereavement Support Group is the first statewide initiative to address loss in the LGBTQIA+ community. The program is funded by the Department of Public Health and it is facilitated by The LGBTQIA+ Aging Project. All groups require pre-registration. For more information on the LGBTQIA+ Bereavement Program contact Bob Linscott at 857.313.6578 or [blinscott@fenwayhealth.org](mailto:blinscott@fenwayhealth.org)
- **Weekly Zoom Drop-in Group for LGBTQIA+ Older Adults**  
Since the very beginning of the pandemic, the Aging Project has offered a weekly Zoom drop in group for LGBTQIA+ older adults. These are informal discussion groups that keep people feeling connected during these challenging times. One group meets on Mondays from 11:30 AM to 12:30 PM, and for those who like a smaller group, there is a second drop in on Thursdays from 11:30 AM to 12:30 PM.

New members are always welcome and can be matched with a current member to talk before their first group if that feels more supportive.

Register in advance for this meeting:  
<https://us02web.zoom.us/meeting/register/tZEuf-GaqjksGdlWEgkJJiudSGhF99fRRWL7>

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MAINTENANCE - SEASONAL CONTAINERS - NEW INSTALLATIONS

# Holliston Cultural Council Helps Fund Summer Concert Series

*The Summer Music Series at the HCA is back starting June 30 with the Kick-off concert featuring local favorite Hot Acoustics, sponsored by Phipps Insurance/MAPFRE Insurance and the Barbara Corbett Memorial fund.*

Then every Friday and Saturday night through July 29 join us in our outdoor amphitheater from 6:30–8 p.m. for one of ten amazing bands in our line-up, sponsored by Dell Technologies. So, put on your dancing shoes, grab a lawn chair, blanket, and a picnic basket, and join us for a night of rockin' good music! (In the event of rain or extreme heat, concerts will move inside to our air-conditioned theater).

Larry Joe's New England Fire Pit will be our featured food truck for the summer music series and our friends at Wine Empire in Ashland will have wine and beer for purchase. Bringing your own alcohol is strictly prohibited.

Through the generosity of ALL our sponsors and local town cultural councils from Milford, Holliston, Ashland, and Southborough, these concerts are on a pay-what-you-can basis.

## Fri, Jul 07

### The Love Dogs

[Less info](#)

## Jul 07, 6:30 PM – 8:30 PM

### Hopkinton, 98 Hayden Rowe St, Hopkinton, MA 01748, USA

Voted "Best New England Band" by Blues Audience magazine, the Dogs are Part Rat Pack party, part 20th century musical encyclopedia, and part revival meeting.

## Sat, Jul 08

### Zac Innis and the Honeybees

[Less info](#)

## Jul 08, 6:30 PM – 8:00 PM

### Hopkinton, 98 Hayden Rowe St, Hopkinton, MA 01748, USA

Zach Innis & The Honeybees play the music of Tom Petty: Mudcrutch, The Heartbreakers and Traveling Wilburys.

## Sun, Jul 16

### Sunday Summer Jazz with MetroWest Jazz Project

[Less info](#)

## Jul 16, 11:00 AM – 1:00 PM

### Hopkinton, 98 Hayden Rowe St, Hopkinton, MA 01748, USA

The MetroWest Jazz Project is a collaboration of jazz musicians playing acoustic contemporary jazz featuring the unique sound of the vibraphone.

## Fri, Jul 14

### Willie J Laws Band

[Less info](#)

## Jul 14, 6:30 PM – 8:00 PM

### Hopkinton, 98 Hayden Rowe St, Hopkinton, MA 01748, USA

"The Last Prophet of the Funky Texas Blues."

## Sun, Jul 16

### Sunday Summer Jazz with MetroWest Jazz Project

[Less info](#)

## Jul 16, 11:00 AM – 1:00 PM

### Hopkinton, 98 Hayden Rowe St, Hopkinton, MA 01748, USA

The MetroWest Jazz Project is a collaboration of jazz musicians playing acoustic contemporary jazz featuring the unique sound of the vibraphone.

## Fri, Jul 21

### Erin Harpe & The Delta Swingers

[Less info](#)

## Jul 21, 6:30 PM – 8:00 PM

### Hopkinton, 98 Hayden Rowe St, Hopkinton, MA 01748, USA

One of the most dynamic, talented and exciting roots rocking blues women on the scene.

## Sat, Jul 22

### The Chris Fitz Band

[Less info](#)

## Jul 22, 6:30 PM – 8:30 PM

### Hopkinton, 98 Hayden Rowe St, Hopkinton, MA 01748, USA

The legendary Chris Fitz and his band return to HCA!

## Sun, Jul 23

### Sunday Summer Jazz with Fenno Street Jazz

[Less info](#)

## Jul 23, 11:00 AM – 1:00 PM

### Hopkinton, 98 Hayden Rowe St, Hopkinton, MA 01748, USA

The musicians of Fenno Street Jazz draw from the vast vocabulary of traditional and modern jazz infused with the soul of Delta blues

## Fri, Jul 28

### The Tony Soul Project

[Less info](#)

## Jul 28, 6:30 PM – 8:00 PM

### Hopkinton, 98 Hayden Rowe St, Hopkinton, MA 01748, USA

It is a unique blend of stylistic musicians from diverse backgrounds, melded together to provide Soul Music, yes Soul Music.

## Sat, Jul 29

### Walk That Walk

[Less info](#)

## Jul 29, 6:30 PM – 8:00 PM

### Hopkinton, 98 Hayden Rowe St, Hopkinton, MA 01748, USA

Walk that walk specializes in high-energy Chicago blues. But this record showcases their ability to stay true to their core, while spanning to roots rock, blues rock and Americana

## Sun, Jul 30

### Sunday Summer Jazz with FreeFall

[Less info](#)

## Jul 30, 11:00 AM – 11:00 PM

### Hopkinton, 98 Hayden Rowe St, Hopkinton, MA 01748, USA

FreeFall is a hard hitting, dynamic collection of some of the greater Boston area's best jazz musicians!

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# Leave Fireworks to the Professionals, Say Public Safety Leaders

## Fires, Damage Caused by Illegal Fireworks Rebounded in 2022



After a record-setting number of fireworks-related fires in 2020 and a sharp decline in 2021, fireworks incidents in Massachusetts rebounded last year. Massachusetts State Fire Marshal Peter J. Ostroskey and State Police Colonel John E. Mawn, Jr. are reminding residents to leave fireworks to the professionals this summer.

Fireworks-related fires and explosions in Massachusetts skyrocketed at the height of the COVID-19 pandemic, jumping from 57 in 2019 to 189 in 2020. These numbers declined significantly in 2021, when 80 incidents were reported statewide.

In 2022, however, Massachusetts fire departments reported 106 fires and explosions attributed to fireworks, an increase of nearly a third over the prior year. More than half of these incidents took place in the week of July 4, 2022. All told, the fireworks-related incidents last year

caused 38 injuries and \$414,279 in damages – more than double the property loss caused by fireworks in 2020.

“Every single year in Massachusetts, people are hurt and property is destroyed by illegal fireworks,” State Fire Marshal Ostroskey said. “As we count down to the weeks when most of these incidents occur, we’re reminding everyone that fireworks are illegal because they are dangerous. There will be plenty of permitted fireworks displays this summer, so stay safe and leave fireworks to the professionals.”

Last year, joint enforcement efforts by the Massachusetts State Police and Department of Fire Services led to about 40 criminal summonses for violating the state’s fireworks laws. They also took off the streets nearly 3,000 packages of aerial shells, cakes, fountains, bottle rockets, large rockets, Roman candles, sparklers, and other dangerous,



illegal devices worth upward of \$46,000. Those enforcement efforts will resume this year.

“The unlicensed possession, use, and sale of fireworks are illegal in Massachusetts,” said Colonel Mawn. “Massachusetts law requires the confiscation of any illegal fireworks we encounter, even if legally purchased elsewhere. Massachusetts State Police will seize any illegal fireworks that we discover during routine traffic stops and other activity. And with our local and state partners, State Police will be conducting targeted enforcement efforts to intercept illegal fireworks coming in from out of state.”

Officials emphasized that fireworks, including sparklers, are especially unsafe around children. Sparklers burn at temperatures of over 1,800° Fahrenheit – hotter than the melting point of glass and aluminum. According to a 2021 report from the U.S. Consumer Product Safety Commission, “there were an estimated 1,600 emergency department-treated injuries associated with firecrackers and 900 with sparklers” in 2020. This accounted for almost 10% of all fireworks-related injuries that year. Of those 900 injuries from sparklers, 44% were to children under the age of 5. Sparklers burn at such high temperatures that they can easily ignite combustible materials even after they are extinguished: in Dracut last summer, nine people were displaced after careless disposal of sparklers started a three-alarm fire in their home.



Unfortunately, fires, explosions, and injuries caused by fireworks are not a new phenomenon. Massachusetts fire departments reported nearly 1,000 fires related to illegal fireworks between 2013 and 2022, officials said. In addition to the 42 fire service injuries, five civilian injuries, and \$2.5 million in damages attributed to these fires, Massachusetts medical facilities

reported about 30 severe burn injuries extending to 5% or more of the victims’ bodies that were caused by illegal fireworks.

The Department of Fire Services posts a list of permitted municipal fireworks displays and updates it each week through the summer. To view the list – and to learn more about the dangers of illegal fireworks – visit the DFS website.



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# Holliston Stories now accepting audio submissions in celebration of its 300th anniversary

By THERESA KNAPP

Organizers received many submissions for the to-be-printed version of "Holliston Stories," a book in celebration of the town's 300th anniversary (est. Dec. 3, 1724), and they are now seeking audiovisual submissions for a website that will commemorate the event.

"We received a lot of material; we're chockablock full," says Mary Greendale, one of the

project organizers. "The goal now is to post on the website whatever we're not using in the book [yet to be determined] and what we get over the next year."

Submissions could include photographs, old movies, audio files, etc.

"We already have some oral histories, that have been done over the years, with veterans and school-aged kids; those will be on the website," says Greendale. "We're also going to scan

and upload all histories that have ever been done, so it's kind of like 'one-stop shopping' for anyone who is interested in genealogy or has an interest in the community, etc."

Greendale says the website will also reflect any of the 300th events that take place in 2024.

"Whatever the committees do for the events will be on the website which will then go live sometime in 2025, at which point it will be a static website the town will maintain."

Greendale says the printed book is scheduled to launch in April and will include stories, photos, poems, artwork, newsclips, and much more.

"We've got a pretty big cross-section of materials. We have family histories, neighborhood histories, tons of material on former residents who went on to become artists, politicians, etc.," says Greendale. "It will be very much a compilation of graphics and pictures and materials and sidebars and boxes... We're

hoping it's going to be very visually attractive and inviting, and the material will be informative even in small batches, so even if you can pick it up for just five minutes, you can learn something."

For more information on the Holliston Stories project, visit [www.hollistonstories.com](http://www.hollistonstories.com). For information on the 300th celebration, visit [www.celebrateholliston.com](http://www.celebrateholliston.com) ("300th Anniversary" tab).



Howard Hulbert with his bike on Lowland Street, train visible in the background in 1924. Courtesy photo

**Demonstrators gather in front of Holliston Town Hall on June 15 to protest the large distribution center proposed at 555 Hopping Brook Park.**  
Photo credit: Theresa Knapp




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# The b.LUXE *beauty beat*

## Say Bye Bye to Summer Frizz with a Cezanne Smoothing Treatment

BY GINA WOELFEL

As the weather heats up, so do our agendas. Backyard parties, weddings, get-togethers and warm, sun-filled days at the beach leave us ready to don our summer outfits, let down our beach waves and enjoy being out and about in the year's most enjoyable months.

Oh, summer...the season we all love the most, except when it comes to our hair.

It's the season of sun, fun and, unfortunately, frizz. With the rise in temperature, smoothing and straightening your hair can be difficult and even with an arsenal of styling products, summer's heat and humidity often wins the battle against smooth, tame tresses. For those of you who spend hours styling your hair, only for it to blow up as big as the heat index, we hear you! But, fret no more, we have the solution to your summer hair woes! It's time to step up your beauty game for the fun months ahead with a Cezanne Smoothing Treatment.

### What is a Cezanne Smoothing Treatment

A Cezanne Treatment is a fully customizable, *smoothing* service that utilizes three specific ingredients - Keratin protein, sericin (silk protein) and glycolic acid to fully penetrate the hair shaft to reduce frizz, improve manageability and prevent breakage. These three powerhouse ingredients also enhance softness, add shine, improve texture, and de-bulk unwanted volume. It's important to note that the Cezanne Treatment is not a *straightening* service. Hair will not stay pin-straight, but one treatment will leave frizzy hair smooth, shiny,

and manageable. And for those who want to keep their waves and curls but cut the frizz, yep, Cezanne does that, too. Think of it as more of a styling tool that reduces your drying time by up to 30% and maintains your blow-dry, despite humidity. And unlike other keratin treatments, there's no downtime. As soon as your appointment is over, you can shampoo, restyle, work out, even get your hair colored.

### What's involved?

We start with a double scrub of detoxifying shampoo to prep and clean your hair. Once it's completely dried, the Cezanne solution is applied and combed through to let process for 30 minutes. Your stylist will then rinse and blow dry your hair straight before flat ironing it, section by section, to lock and bond Cezanne's nutrient-rich formula into your hair. The process is approximately two hours, but time does vary based on hair length, density, texture and desired smoothness.

### Is there a lot of maintenance with a Cezanne Treatment?

No! In fact, there's very little upkeep with this service. The Cezanne will dissipate at a faster rate, though, if you're a frequent shampooer or swimmer, so, choose a quality, sulfate-free shampoo and conditioner and keep that in-mind with your washing schedule.

### How is this different from other relaxers or straighteners?

The Cezanne Keratin Smoothing Treatment does not work like traditional formaldehyde-based straighteners or relaxers. While the flat ironing

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at the end of the process temporarily straightens your hair, Cezanne won't break the bonds of your hair the way some relaxers or straighteners do. Instead, Cezanne uses natural, non-toxic ingredients to smooth and tame unruly hair. This gives you the option to enjoy your natural curls one day and easily blow dry them straight the next.

### Is it safe?

The Cezanne Smoothing Treatment is 100% safe, non-toxic and formaldehyde-free.

### Who is it best for?

The Cezanne Smoothing Treatment can benefit all hair types. The more you struggle with frizz, the better your results will be! A Cezanne can also help repair damaged hair by bonding dry, broken flyaways and adding a layer of strength and protection from heat tools.



**Cezanne Summer Smoothing Special**  
Cezanne Classic or Express

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### How long does it last?

You can expect up to 5 months of smooth frizz-free hair, depending on how often you shampoo.

Not ready for that level of commitment? There's also the *Cezanne Express* that's a lower priced option, works on all hair types and lasts up to 10 weeks.

### Will it affect my hair color or other chemical services?

Hair color and chemical services should be performed after a Cezanne Treatment, and can be performed on the same day as your appointment.

### SUMMER SPECIAL: b.LUXE

Hair and Makeup Studio is now offering a **Cezanne Summer Smoothing Special** through July! See image for details or scan the QR code for full details of our monthly specials at bLUXE.com

So, what are you waiting for? Take back those summer styling hours and book a Cezanne Classic or Express today! You'll be glad you did.

Happy frizz-free summer!

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# Community Ties and a Commitment to Customer Service: Affordable Junk Removal

## Business spotlight

There are plenty of reasons to call a junk removal service. Maybe you're planning to move and need to clear out the basement and attic before your open house. Maybe you've spent way too much time at home lately and are feeling the need to declutter.

But figuring out who to call can be a pain. If you contact one of the big haulers, they route you to a phone center where they've never even heard of your town, plus their pricing seems vague and full of extra fees. No wonder you've let the stuff pile up—it's too much of a hassle to get rid of it!

Or you can call Affordable Junk Removal and let a local small business with deep community roots take care of everything.

Jay Schadler started his business in 2003. Back then, it was just him and a beat-up pickup truck taking small jobs and working nights and weekends when he could. As the years rolled on, his business grew, but his commitment to customer service never wavered. Now he's got a staff of ten, along with ten trucks, servicing eastern and central Massachusetts and northern Rhode Island.

Affordable Junk Removal specializes in house and estate cleanouts. If your garage, attic, or office is overflowing with stuff, take back your space and let the pros do the heavy lifting.

Jay and his team have handled it all. They've dismantled above-ground pools, hauled away ancient hot tubs, taken down old fencing, and stripped away worn carpeting. They'll come for a single item, or they'll clean out an entire house. And they can take almost anything. They can't ac-

cept hazardous materials, brush, dirt, or concrete, but everything else is fair game for them to take away.

Not everything ends up in a landfill—not if Jay can help it. He first tries to either recycle or donate items. Only after he tries to repurpose items do they end up at the transfer station.

Working with Affordable Junk Removal is simple. First, you can load stuff yourself if you want by renting a 15-cubic-yard dumpster for a week and chucking up to a ton of your unwanted stuff. If you need to get rid of more weight, then Jay prorates that tonnage—you never pay for what you don't use.

If you don't want to be bothered with the dumpster, they've also got a driveway special where they'll take away a truckload of your unwanted things if you pile it up. Or if you don't want to lift a finger, then you can point at the items, and the team will fill up their truck and haul away your unwanted things. However you do it, you're left with more space and more peace of mind.

Jay and his team beat the big waste haulers on both price and customer service. When you call Affordable Junk Removal, you aren't connected to an anonymous call center. Your phone call goes right to Jay.

And speaking of pricing, Jay is upfront about it. His website shows the truck sizes and prices, so you can save time knowing



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Jay and his family are deeply involved in the community. He and his wife, Christine, run the Corner Market restaurant in Holliston as well as Resellables, a thrift store in Bellingham. It's

not uncommon for someone to reach Jay at the restaurant, order a sandwich, and then schedule a junk removal appointment. Yes, the local small business really can handle everything!

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# Sports

## A.D. Matt Baker: Future Bright For Holliston Athletics

By KEN HAMWEY  
STAFF SPORTS WRITER

The 2022-23 school year for Holliston High School sports was positive on many fronts, especially in terms of Covid 19, which finally is in the rear-view mirror of coaches, players and the athletic director.

The three seasons produced seven championships, a major increase in student-athlete participation, five new varsity coaches, a new trainer and a refurbished field that's enabled the baseball squad to play its home games in town for the second consecutive year.

Athletic Director Matt Baker, who at 44 will be starting his ninth year at the helm in September, sees a bright future ahead for the Panthers' teams.

"We were in post-Covid mode during the 2022-23 school year," he said. "It was a return to normalcy because there were no restrictions. Moving forward, we should be in the running for Tri Valley League titles. Our participation numbers are up and although some outstanding student-athletes have graduated, there's a new group that should enable us to sustain success."

Baker offered Local Town Pages his views on a variety of athletic topics in what has become his annual year in review.

**\*CHAMPIONSHIPS** — The Panthers' girls cross-country team won a state title and a TVL crown, the boys swimming and diving squad, which co-opts with Medway, captured its second straight TVL title, and the football team, which finished 10-2, claimed the TVL Large Division crown before it was eliminated in the state semifinals by Duxbury.



**Matt Baker is starting his ninth year as Holliston High's Athletic Director.**

The Panthers added three more crowns when baseball, softball and gymnastics teams all won TVL championships.

**\*PARTICIPATION** — "Coming out of Covid-19 played a role in the increases we had in student participation," Baker offered. "Seventy percent of our enrollment (801) competed in one sport and 60 percent of our enrollment were two-sport athletes. Outdoor track had a huge turnout — 110 boys and girls competing."

**COACHES** — Five new coaches joined the staff. They included Bob Scumaci (girls volleyball), Chris Vanesian (boys basketball), Alex Strum (wrestling), Jefferson Wood (ultimate frisbee) and Nicole Downin (boys outdoor track).

**FACILITIES** — Baker was effusive in his comments about the restoration of the baseball field. "Recreation Director Mark Frank; Brian McDonald, who's president of youth baseball and softball and a member of the Park Commission; DPW Director Rob Walker; and the school

administration all pushed for the upgrades," he emphasized. "A new grounds crew did a great job. We've now had two straight years where all of our home baseball games were played in town."

**ATHLETIC TRAINER** — Whitney Howe, who previously worked at Milford for the last five years, was hired at the start of the school year. "She had lots of experience and she hit the ground running," Baker said. "She's a great fit with our coaches and athletes."

**FALL SEASON** — The Panthers wasted very little time in making a positive impression. The girls cross-country team won a TVL title and capped its season with a state championship. The football squad captured a TVL title and led the parade of teams qualifying for tourney appearances. Other playoff participants were field hockey, girls and boys soccer, and volleyball. The golf team had Mikey McGovern advance to the sectional, and the boys cross-country team was second at the Division 2B Meet. The cheerleaders qualified for the sectionals and the unified basketball team competed in the year-end jamboree at Bellingham.

"The state title and the two TVL championships were solid achievements," Baker noted. "We had a lot of teams earning playoff berths and they all set a great tone for the 2022-23 year."

**WINTER SEASON** — The boys swimming and diving team that co-ops with Medway won its second straight TVL championship. The girls basketball team qualified for a berth in the tourney and the girls co-op ice hockey team (Medway, Ashland, Blackstone Valley Tech) competed in the sectionals. The girls gymnastics co-op squad (Millis, Milford and Medway) posted a 7-1 record, won a TVL title and competed admirably in the sectional and states. The team included seven Holliston girls.

Anthony Touchette, wrestling at 120 pounds, won his second straight state crown and the girls indoor track contingent finished third in the state meet and qualified six girls for the all-state meet. Carmen Luisi was crowned a state champ in the mile, winning

that event at the states for the second year in a row. The boys indoor track team finished sixth in the Division 4 State Meet.

"We had good team and individual success," Baker said. "Our boys swim and dive team, coached by Julie Harrington, added to its success, and our girls track team was in the running for a state title. Anthony Touchette proved what a great competitor he is and Carmen Luisi was dynamic in the mile run. The post-season was very successful."

**SPRING SEASON** — A plethora of teams qualified for the playoffs led by the baseball contingent that had a 15-8 overall record (including tourney games) and won the TVL Large Division crown. The title was Holliston's first in baseball since 1991.

The softball team (11-12 record overall) was a tri-champ in the TVL with Medfield and Norwood. They've won two straight TVL crowns, and in the tourney they beat Walpole (17-1 record) before losing to Bedford.

Qualifying for tourney play were baseball, softball, boys and girls lacrosse, and boys and girls tennis. The boys and girls track teams advanced to division and state meets, and ultimate frisbee competed in the ultimate frisbee state tourney.

"We had strong participation numbers," Baker said. "Very prolific turnouts. And, it was gratifying to see not only great numbers (325 participants), but also the teams' successes in the regular season. Every team qualified for the tourney."

**COLLEGE PROSPECTS** — Twenty student-athletes will compete at the collegiate level and three of them will be competing at Division 1 schools. They include Tatum Cordon (girls soccer at Bryant University), Inga Jung (track and field at Sacred Heart University), and Ella Bosselman (cross-country and track at UMass-Amherst).

**MIAA STUDENT AMBASSADORS** — Seniors Zach Robinson and Emmeline Stoetzel and junior Kaylee MacDonald will return for their second year as ambassadors for the Mass. Interscholastic Athletic Association. "They at-

tend meetings that are geared towards bringing back ideas to school and they promote community service," Baker noted.

**HALL OF FAME** — Holliston had its first induction ceremony on March 25 when it honored six players, two coaches and two teams. The trio that engineered the move to create a hall of fame was Alex Strum (wrestling coach), Jaime Murphy (girls cross-country coach) and Don Quindley (softball coach). They pushed for it and they founded it," Baker said. "They also wrote the bylaws, conducted fundraisers and organized the banquet. The school supports it but what's needed are a group of people to sustain it. Growing the membership and having volunteers as members is vitally important."

**PRIMARY CHALLENGES** — Baker lists three aspects of his job that create concerns. They are a lack of game officials, a lack of bus drivers, and finding quality individuals who have time to coach. "Plenty of schools have faced rescheduling games because officials were not available," he said. "We've had to move events to different dates. On the coaching front, we've been fortunate to have dedicated coaches who are committed to our student-athletes."

**A.D. SUPPORT STAFF** — Justin Arbour, a Hudson High and Becker College graduate, is a part-time athletic department assistant. "He plays a vital role in the daily operation of the department," Baker said. "Also helping out is Kenny Priest, Holliston High's Campus Supervisor. "He assists with security, serves as a game administrator and also helps as a public address announcer at games. He's a visible presence and a key cog in our daily operation."

**THANKS AND GOOD LUCK** — Baker says he and his department received plenty of support from Nicole Bottomley, Holliston High's former principal who was selected to be King Philip Regional's principal. "We worked well together for eight years," Baker said. "I appreciated her leadership and support and I wish her well."

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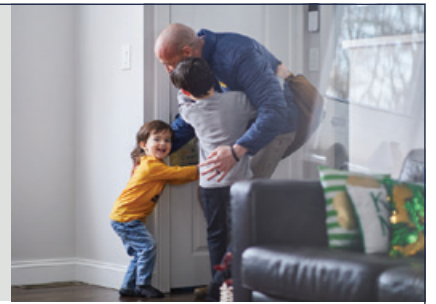
Town Administrator Travis Ahern told the Select Board at its March 7 meeting that the quarterly newsletter already had 857 people subscribe as of that date.

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# Real Estate Corner



The house at 1350 Highland Street in Holliston recently sold for \$525,000. Image credit: www.zillow.com  
Source: www.zillow.com / Compiled by Local Town Pages

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06/16/2023	12 Raleigh Road	\$1.10 mil
06/15/2023	738 Norfolk Street	\$605,000
06/04/2023	195 Mohawk Path	\$1.34 mil
06/01/2023	628 Fiske Street	\$840,000
05/31/2023	36 Christopher Road	\$574,000
05/31/2023	11 Spruce Street	\$600,000
05/26/2023	78 Woodland Street	\$649,000
05/24/2023	1350 Highland Street	\$525,000
05/23/2023	87 Cottage Drive	\$619,500
05/22/2023	22 Fisher Street	\$455,000
05/19/2023	85 Winchester Drive	\$925,000

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