



Summer Park Concerts Kick Off

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Remembering All of Them on Memorial Day



Carmichael Times

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MAY 26, 2023

SEE INSIDE

THE JAZZFEST RETURNS



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REMEMBER

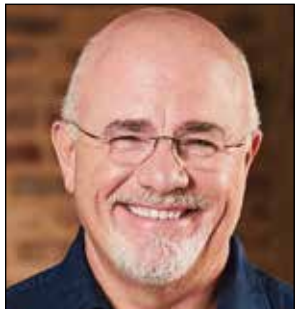
By Mary Jane Popp



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A LOT OF RED FLAGS HERE

By Dave Ramsey



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Celebrating Great Taste



Carmichael Kiwanians join guests and vendors at the Taste of Carmichael. Jenny Hawley (second from right) is club president. Photo by Susan Maxwell Skinner

By Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - More than 400 foodies last week crammed La Sierra Community Center for a long-awaited return of the Taste of Carmichael festival.

Missing from calendars during the pandemic, the mammoth fundraiser benefited the Kiwanis Club of Carmichael and dozens of local non-profits. In its 18th year, the event offered samples from dozens of restaurants, markets and merchants. Vintners and breweries libated and guests danced off calories in the center's courtyard.

"We featured several restaurants that were new to the community,"



Oakmont of Carmichael served delicious delights. Photo by Paul Scholl

said Linda Martin, event co-chair. "Taste of Carmichael is a great way

amazing."

Raffles and silent auctions boosted proceeds. The event enables assistance for programs that benefit kids, families and culture in the community. "After such a long period without it, we worried we'd have a hard time getting momentum back," said Martin. "But it all came together. The excitement was there."

Sponsors included: SMUD, Safe Credit Union, Maita, Supervisor Rich Desmond, Linda Martin and Donna Miller. For information on the Kiwanis Club of Carmichael, visit: www.kiwanisclubofcarmichael.com ★

See more photos on Page 3

Effie Art Gala Back

Story and photo by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - Carmichael Wildlife lovers will open hearts and wallets for the Effie Yeaw Nature Center Spring Gala on June 11.

Supporters of the beloved Carmichael non-profit will wine, dine and likely see wildlife within yards of their tables.

Rio Americano musicians will provide background jazz as radio host Doug Thomas emcees and auctioneer Keith McLane spurs donor generosity. Much of the proceeds go to programs for schools that could not otherwise afford student nature experiences.

The fundraiser traditionally centers on an art auction. Donations this year include work from Carmichael painters Pat Mahony, Tom Sellas and the late Earl Boley. Deladier Almeida, William Ishmael, Boyd Gavin, Terry Miura and David Post have also provided canvases and an



Auctioneer Keith McLane coaxes art bids during the 2022 Effie Yeaw Nature Center gala.

original etching by internationally famed Jian Wang will be offered.

Experiences up for grabs include Sacramento Philharmonic season tickets, a performance of Les Misérables, VIP Sacramento Kings seats, wildlife tours, wine tastings, Sacramento River Cats admission, camping vacations, and an airplane ride through the Sierra Foothills.

Patrons are also encouraged to raise paddles to fund specific Nature Center needs. Administered by the American River Natural History Association, the facility welcomes more than 100,000 visitors per year. An adjacent 100-acre preserve is protected home for wildlife of many species.

Gala tickets are \$160 each and include dinner

by Bella Bru, plus hosted beer and wine. 2023 sponsors include Fred and Betsy Weiland, Sierra National Construction, Deborah and Bob Moskovitz, Marcy Friedman, SMUD, Drs Kevin Tanner and Gabrielle Rasi, Randy Getz and Pat Mahony and Cbec Eco Engineering.

For fundraiser information, visit www.sacnaturecenter.net ★

Help Stop Financial Abuse of Older Americans

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - May is Older Americans Month. Established in 1963, Older Americans Month is meant to raise awareness about stereotypes of older adults and the issues they face. To learn more about Older Americans Month, visit the Older Americans Month webpage.

In honor of Older Americans Month, challenge ageist stereotypes of growing older by celebrating the age, wisdom and experience of older friends, neighbors and family members. Look out for vulnerable older people and talk to them about financial wellness. Financial abuse awareness is critical for older adults who are targeted by scammers specifically because of their age. In Sacramento County and all over the United States, older adults fall victim to financial abuse or scams.

Financial abuse can include someone stealing money or credit cards. It can also occur when an older adult is forced to sign a document related to finances or property. If you or someone you know has experienced elder financial abuse, contact law enforcement and Sacramento County Adult Protective Services. Any member of the public, including an older or dependent adult seeking help, or family members and friends, can make a report to Sacramento County's Adult Protective Services (APS) at (916) 874-9377. When crimes do occur, Sacramento County's District Attorney works closely with victim advocates to provide confidential support and assistance.

"Our victim advocates provide crisis counseling, assistance with emergency protective orders, advocacy and support through the court process, assistance in applying for victim compensation, and referrals to community programs and resources. Our office is also very active in educating seniors and the general public about the types of elder and dependent adult abuse, how to recognize signs of abuse, how to prevent it from happening, and how to report it when it does occur," said Assistant Chief Deputy District Attorney Dawn Bladet.

If you are unsure of a situation involving an elder or dependent adult, but have a feeling something might be wrong, APS workers can investigate and help them figure out the best way to respond. According to

Continued on page 11



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Summer Park Concerts Kick Off



Director Grant Parker fronts the Sacramento Concert Band. The 60-plus musician ensemble will be among 18 bands performing during the 2023 Community Band Festival in Carmichael Park.

Story and photo by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - Travelling from near and far, nearly 700 musicians will fanfare the local concert season with a weekend blow-out June 3 and 4.

A Carmichael tradition, the Community Band Festival began 50 years ago with a performance by the Sacramento Concert Band. In following decades, the event morphed into a weekend celebration combining volunteer ensembles from all over greater Sacramento, the Foothills and Bay Area. Anyone may applaud their talents between the hours of 10 am to 8 pm on Saturday, June 3. On Sunday June 4,

bands will play from 11 am till 8 pm.

A performance by the Sacramento Youth Band kicks off the two-day fest. Saturday's "Jazz Evening" features the Fred Morgan Big Band and Swingmasters Big Band. Perennial crowd pleasers, the Ophir Prison Marching Band will commandeer the stage on Sunday morning.

A combined 17 hours of music includes concert bands; brass bands; jazz groups and a society ensemble that specializes in dance music of the 1920s and 30s.

Audience attendance is free, and dancers are welcome but – following the demise of shade trees in the bandshell area – fans are advised to add hats and parasols to picnic equipment. ★

Carmichael Park District Concert Season

Performances are in Carmichael Park at 6:30 pm. The lineup includes:

June 17: Kicks (Variety Pop)

June 24: Jax Hammer (Rock/Blues).

July 4: Fast Times (Tuesday, La Sierra Community Center). 6:30 pm.

July 8: Dave Terry All Star Band (Classic Hits)

July 15: Wasted Space (Rock)

July 22: Maya (Latin Tribute)

July 29: Hipper than Hip (Rock)

August 5: Todd Morgan and the Emblems (Rock)

INDOOR PICKLEBALL



Come join us at the La Sierra Community Center for indoor pickleball. Our Johnson Gym has 5 indoor courts for drop-in play.

DAYS AND TIMES:

- Starting November 29th
- Tuesdays and Thursdays from 9:00 a.m. - 12:00 p.m.

LOCATION:

- La Sierra Community Center (5325 Engle Rd)
- Johnson Gymnasium

FEES:

- \$5 for a day pass or \$40 for a 10-day punch card
- Purchase passes/punch cards at the La Sierra Community Center Recreation Office (5325 Engle Rd, Suite 100)



AEGIS LIVING CARMICHAEL PRESENTS

Understanding Dementia

Aegis Living Carmichael invites you to a conversation with Dr. Howard Homler, Medical Director at Accent Care Hospice.

Dr. Homler will address the different types and stages of dementia, as well as medications and non-drug methods available for treatment. He'll also discuss when palliative care or hospice care is appropriate.

If you or a loved one has received a dementia diagnosis, this event will provide you with important information and new tools to help you as you navigate the disease.

A light lunch will be served at 11:30 am followed by our speaker at 12:00 pm.

Event location:

Aegis Living Carmichael
4050 Walnut Avenue
Carmichael, CA, 95608



DR. HOWARD HOMLER, MEDICAL DIRECTOR ACCENT CARE HOSPICE

Dr. Homler is board-certified in internal medicine and has been board-certified in hospice and palliative care since 2012. He is a recipient of the Master Clinician Award from UC Davis and has contributed to many publications and journals including the Mayo Clinic, British Journal of Medicine, and the Cleveland Clinic Journal of Medicine.



TUESDAY, JUNE

13

11:30 AM - 1:00 PM

FREE EVENT

RSVP

916-972-1313

carmichael@aegisliving.com

Aegis Living
Assisted Living | Memory Care

CARMICHAEL

Celebrating Great Taste



Rose Erickson gets a great taste of Garcia's delicious menu. Photo by Paul Scholl



Great people and a really great beer! Photo by Paul Scholl



The raffle raised a great deal of funds for the fundraiser. Photo by Paul Scholl



Two thumbs up and more for Rey Azteca Mexican Restaurant. Photo by Paul Scholl

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3630 Wiles Lane, Carmichael, CA 95608 | \$699,000




Welcome home! This beautiful newly constructed home is tucked away on a private lane in the heart of Carmichael. Step inside to a spacious floor plan with 5 bedrooms, 3.5 baths, and a great room concept with a combined living room and kitchen. The kitchen is appointed with beautiful white cabinetry, quartz countertops, stainless steel appliances, and gorgeous backsplash details. The cozy living room has a gas fireplace and opens up to the private backyard. Two bedrooms share a Jack and Jill bathroom. Relax and unwind in the roomy master ensuite with a walk-in closet, sunken tub, step-in shower, and his-and-her sinks. Additional highlights include gorgeous laminate and tile flooring, bright and airy living with full dual-pane windows, a spacious inside laundry room, owned solar electric system, fire sprinklers, and a two-car garage. The low-maintenance backyard has fencing all around and a large deck for entertaining. Must see!






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Remembering Those Who Served Memorial Day May 29th 2023



La Sierra High School Veterans Memorial
Earl J. Koobs Nature Area
East Side of La Sierra Community Center
5325 Engle Road, Carmichael
Colors presented at 11A.M.

For more information-
f Koobs Nature Area/Carmichael Kiwanis Club
f La Sierra High School, Carmichael or
www.calcadetscorp.org
Linda Rose Jones @ 916-944-2393 or
Tony Asaro @ 916-214-9405


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New Wave of Demands Add Pressure to California's Budget Squeeze



By Dan Walters, CALMatters.org

in future years" with annual operating deficits of around \$15 billion in the following two years, and hinted that the real shortfalls in the final years of Newsom's governorship could be larger.

These estimates of a chronic and perhaps widening gap between income and outgo also assume that the state's economy won't be clobbered by recession.

Many economists believe that the Federal Reserve System's increasing interest rates, meant to slow the economy and battle inflation, could trigger a recession within the next year. If it occurred, Newsom's budget says, "revenues could decrease by \$40 billion in 2023-24 alone, largely driven by losses in personal income tax," adding that "revenue declines relative to the May Revision forecast could reach an additional \$100 billion through 2026-27."

While the state has amassed more than \$30 billion in reserves to cushion the impact of recession, an even moderate economic downturn would quickly consume them, drowning the budget in red ink as the Great Recession did.

To summarize: California's budget faces several years, at least, of budget difficulty. But the demand side of the fiscal ledger is not shrinking.

After the January budget was released, advocates for programs, particularly health care and social services, cranked up pressure on legislators to protect their slices of the pie. That pressure is even more intense with the May revision's deficit increase.

They have been joined by three other major stakeholders seeking multi-billion-dollar increases in state aid: hospitals, transit systems and cities on the front lines of the state's worst-in-the-nation homelessness crisis.

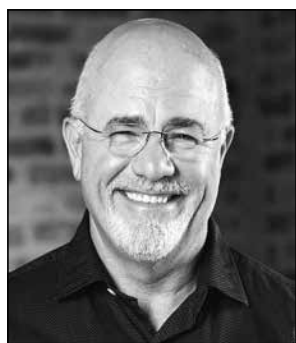
Hospital and transit system officials say they have been unable to fully recover from the impacts of COVID-19 on their patronage and finances and may be forced to shut down or at least reduce services. Mayors of the state's largest cities say they need an additional \$2 billion per year to maintain ongoing efforts to house those on the streets.

None of the three fared well in the May revision. Newsom offered just a \$150 million loan fund to hospitals, didn't include any extra money for local homelessness efforts, and only said he would be willing to discuss transit's self-proclaimed "fiscal cliff."

There's little question that advocates for existing and new state financing would prefer that Newsom and the Legislature tap into reserves and/or raise taxes to satisfy their demands. In fact, the state Senate's budget framework proposes a hike in corporate income taxes, although Newsom has rejected it.

Were California's budget squeeze to continue or grow tighter, as seems likely, the remainder of Newsom's governorship would be dominated by the difficult task of resolving it.

Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers. ★



A Lot of Red Flags Here

Dear Dave,

I live in Dallas, Texas, and I'm wondering if I should sell my condo in order to pay off debt. I owe \$120,000 on it, and it's worth around \$260,000. Plus, the homeowners association fee used to be \$450 a month and has gone up \$100 each year for the last two years, so now we're paying \$650. No one has ever told us why the fee went up so much. There haven't been any major improvements to the complex in the last five years, so I don't know what to think. Can you give me some advice??

— Zack

Dear Zack,

As a homeowner, I'd want some answers by the end of day as to why the HOA fees are so high. I mean, for a \$260,000 condo, the fee you mentioned is ridiculous unless the building owners are doing a major renovation,

Dave Ramsey Says

like replacing the parking lot or updating the community's clubhouse. Even then, that's crazy! On top of all that, it devalues your condo. Nobody wants to buy a \$260,000 condo with a \$650 HOA fee every month, especially when the fee has gone up that much for no apparent reason.

There's always the possibility the company is building up a war chest for improvements in the next year or so. But you have a right to know exactly where the money you pay in HOA fees is going. Ask to see a copy of their financials, and if they won't do that—or explain why the fee is so high and where the money's going—you need to sell the place because it's being poorly managed.

You're got to get an explanation. You're owed one. And, if you try to sell the place, you're going to have to tell prospective buyers why the HOA fee is so high. Maybe there's a good reason for it buried somewhere. But without knowing more, as a buyer, there's no way I'd take this thing off your hands.

There are a lot of red

flags fluttering around the situation, Daniella. Even in a place like Dallas, this HOA fee is about double what it should be for a \$260,000 condo. I'm not saying this just because I don't like HOAs, which I don't. And that's mainly because I don't like paying money for something, and then being told by someone else what I can or can't do with it. But you need some answers for your own information, peace of mind and to give potential buyers an honest answer when they ask why the fees are insanely high.

Lose the headache. Sell it.

— Dave

Dave Ramsey is an eight-time national best-selling author, personal finance expert and host of "The Ramsey Show," heard by more than 18 million listeners. He has appeared on "Good Morning America," "CBS This Morning," "Today," Fox News, CNN, Fox Business and many more. Since 1992, He also serves as CEO of Ramsey Solutions. ★

One could call it the "big squeeze."

It's the ever-increasing conflict between the state government's current and projected tax revenues, which are drifting downwards, and the demands for billions of additional dollars for vital services, such as health care, homelessness and mass transit.

In January, when Gov. Gavin Newsom unveiled his initial budget for the 2023-24 fiscal year that begins July 1, he projected a \$22.5 billion deficit — just a few months after boasting the state had a \$97 billion surplus. This month, in a revised budget, he said the deficit had grown to \$31.5 billion.

As worrisome as those numbers appear, they might be a best case scenario, according to the Legislature's budget analyst, Gabe Petek.

"Based on our assessment, there is a roughly two thirds chance revenues will come in below May Revision estimates," Petek said. "As such, while we consider the May revision revenues plausible, adopting them would present considerable downside risk."

Moreover, Petek said that using the Newsom administration's own projections and assumptions, "the budget condition would worsen

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MEMORIAL

HELLEN JANE NICOLE TANNER • 12/14/1932 – 4/16/2023

Born in Glasgow, Scotland Dec 14, 1932. Hellen grew up on a small family farm near Motherwell, Scotland. Her Mother Anne served as a Sargent in the Royal Airforce during WW2. Hellen moved to live with her mother in London, England after the war. Hellen was an only child, but had a large family of eleven Aunts and Uncles and countless cousins.

Hellen immigrated to the US in 1966 with her Family and lived in San Mateo and Redwood City.

She was a big fan of the

April 16, 2023, Hellen Passed Away peacefully in Citrus Heights, CA after a long illness. She is survived by her Children Dr. Kevin Tanner and his wife Dr. Gabrielle Rasi, Lincoln CA; June Barbosa and her husband Bert Barbosa in Escondito CA and Andrew Tanner, Redwood City, CA.

Hellen is also survived by her Grandchildren Garin Tanner, Dr. Alan Tanner, Justin Barbosa and Sean Barbosa, and three great-grandchildren.

Hellen will be missed by her family.

outdoors especially loved gardening and animals. She would take any opportunity to participate in Ballroom dancing. She loved kids, and spent many years volunteering in the nurseries of several churches in Redwood City.

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Carmichael Times

Serving Carmichael and Sacramento County since 1981

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We are proud members of these newspaper associations.

The JazzFest Returns



The Crescent Katz are sure to please with their performance. Photos courtesy Sacramento Yacht Club

By MPG Staff

WEST SACRAMENTO, CA (MPG)

The Sacramento Yacht Club is pleased to announce the 5th Annual JazzFest by the River Music Festival. Organized by Patti and Ron Jones, this annual event brings together musicians from around the region for a family-oriented music festival on the banks of the Sacramento River. In addition to Jazz, genres include Rock & Roll, Blues, and Country/Rockabilly.

JazzFest will be held on Saturday, June 3 from 10 a.m. to 8 p.m. With two stages, there will be eight bands playing throughout the day: SacJazz Express, Grindstone Band, Cocuzzi Courtet, The Crescent Katz, TNT, Todd Morgan, Geoffrey Miller, and Two-Tone Steiny & The Cadillacs

Nestled along the Sacramento River in West Sacramento, the Sacramento Yacht Club offers both an indoor and outdoor area to enjoy live music with great views of the river.

Tickets can be



SacJazz Express will keep your toes tapping.



Todd Morgan, another local favorite, will give you plenty of reasons to dance.

purchased online at jazzfestbytheriver.org. Tickets are \$55 if purchased before May 28. The price increases to \$65 after May 28. Children and students 18 and under are admitted free. Tickets will be available at the door (unless the event sells out early). On-site food and beverages will be

available for purchase.

JazzFest by the River is a 501c3 non-profit and donations are welcome. Please contact Patti Jones for sponsorship opportunities at their website noted above.

The mission of the Sacramento Yacht Club is to promote the recreation of boating and educate the public and members about boating safety and applicable laws. The Sacramento Yacht Club is proud to be the oldest boating organization in the Sacramento River-Delta region. The Sacramento Yacht Club is a non-profit organization with members from all over the Capital region. ★



With Mary Jane Popp

Remember

We love the parades and picnics, the day off from work and barbecues too. It's Memorial Day and we celebrate. But do we know why we celebrate on this day? It's to honor some very special men and women who are no longer with us. Their sacrifice looms large for what we have today. America is known as the "Land of the Free" and it's all because of those brave men and women. We need to remember all those who died in every war to preserve our freedom. Would you believe even Ancient Greece had a similar day to remember their lost loved ones? In Greece and Rome, they decorated the graves of those who passed on including soldiers.

honor all soldiers who lost their lives in all wars. In 1971, It was declared a National Holiday.

When I think of all those precious lives lost in so many wars, it humbles me and my heart goes out to all those families who had to grieve for their loss. I know how difficult it can be to say goodbye to a loved one. My husband Rick and I were married a short three months when he boarded the plane on his way to Vietnam. It tore my heart out. So many did not return. I knew some of them. I am grateful that the good Lord blessed me with his return, but that is a time I will never forget! And neither should



Congress changed the name to Memorial Day. And after WWII it was changed to honor all soldiers who lost their lives in all wars. Image by Jennifer Ditscheit from Pixabay

we...no matter the war. The sacrifice is still real.

There have been many stories on how Memorial Day came to pass. Originally, it was a day to honor the soldiers who lost their lives in the Civil War. They originally called it Decoration Day started on May 5th 1868 by General John A. Logan, Commander of the Grand Army of the Republic. Why Decoration Day? Because family members of soldiers who died in the war decorated their graves with flowers. Did you know 620,000 Americans died in the Civil War? Incredible and sad when brothers were against brothers and fathers were fighting sons. In 1967 Congress changed the name to Memorial Day. And after WWII it was changed to

So I ask you to REMEMBER and pass that remembrance on to your children and grandchildren. Fly the flag with pride and honor and stay dedicated to what we stand for in our country... freedom! Let go of the discord we are facing on so many levels, and marvel at what the founding fathers created and the lives lost to keep that dream. At 3 PM on Memorial Day, we are all encouraged to take a moment of silence from our activities to reflect about what this day means. Please think of all those men and women who gave their lives so we could celebrate in the land of the free! God Bless them and God Bless America!!! ★

JazzFest BY THE RIVER Saturday, June 3th
Sacramento Yacht Club
10am to 8pm
\$55 per person*
(*\$65 after May 28th and at the door)

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TICKET INFO:

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For more information or Tickets visit jazzfestbytheriver.org

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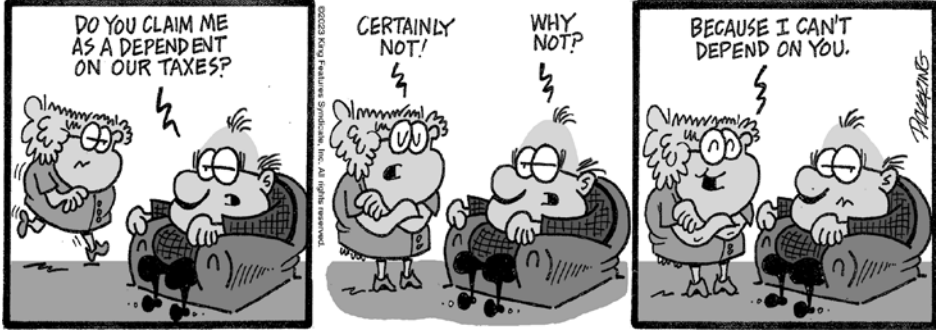
Saturday, June 10, 10:00 am - 6:00 pm

Sunday, June 11, 10:00 am - 5:00 pm



COMICS & PUZZLES

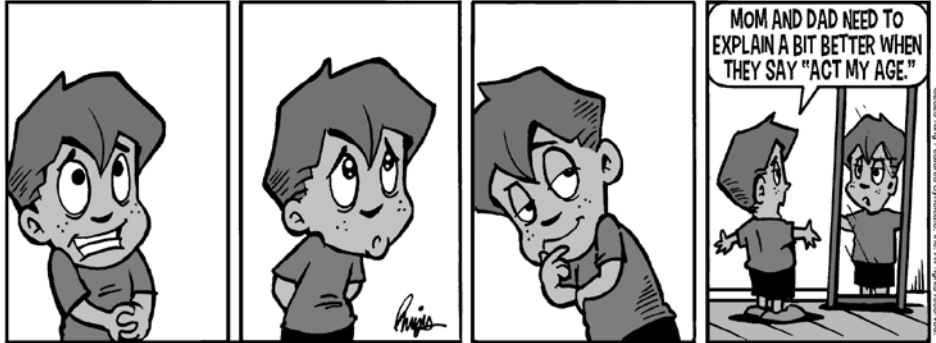
The Spats



by Jeff Pickering



Amber Waves



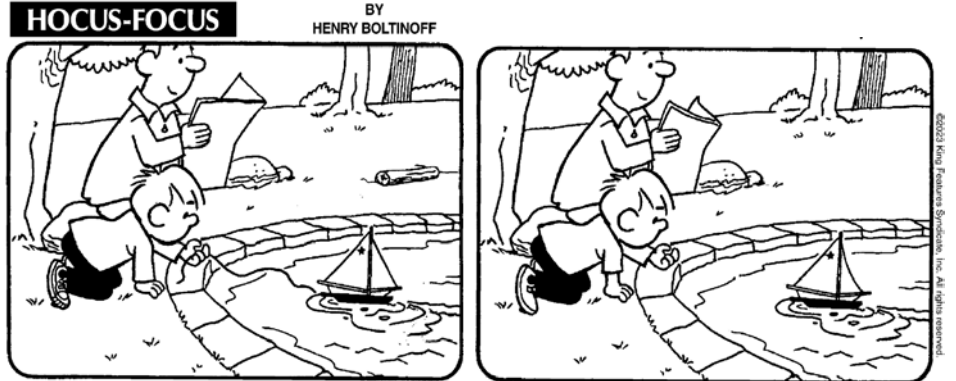
by Dave T. Phipps



Out on a Limb



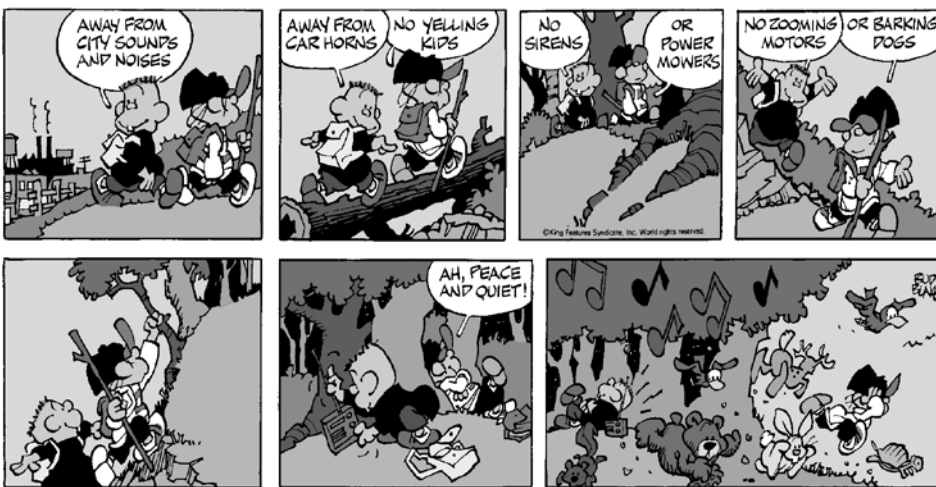
by Gary Kopervas



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Just Like Cats & Dogs

by Dave T. Phipps

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A	P	E	S			Y	E	W		R	E	N	E	W

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CLUES

ACROSS

- Bryan of "Summer Of '69" fame
- Lake in Provence
- _____ good example
- Hypotenuse/opposite side
- Fuss, to Shakespeare
- Pine
- Filthy dough
- Marxism or Taoism, e.g.
- Skylit lobbies
- "Outdoor repast"
- "Two-wheeling"
- Agreement word
- "Climbing turf"
- "I wish I _____, I wish I might..."
- Cracked by yegg
- Cowardly color
- Slightly (2 words)
- Matterhorn location
- Charles III's ex
- She played Carla on "Cheers"
- Nev.'s neighbor
- Rotisserie skewer
- Indianapolis team
- Underwater "nose"
- Color of a bruise
- Trying experience
- "The Breakfast"

DOWN

- p in mph
- Ranee's husband
- _____ de plume
- "Gather berries, e.g."
- "Water slaloming"
- Soft single in baseball
- "Sun "kiss"
- Beau's and Jeff's acting dad
- Cut-down sailing sheep
- How many "if by sea?"
- Have effect
- Gibbons, e.g.
- Coniferous tree
- Rejuvenate or renovate
- Water-heating apparatus
- Bulwark
- Hundred Acre Wood creator
- Wing motion
- Exude
- Fish eggs, pl.
- Winter precipitation
- Person, place or thing
- Swirling vortex
- *Part of a bikini
- Leave speechless
- Morning condensation

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8	6	5	1	3	4	9	2	7
3	8	9	5	1	2	4	7	6
6	7	2	9	4	8	3	1	5
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7	5	8	4	9	1	6	3	2
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WE SUPPORT FIRST RESPONDERS




Help Stop Financial Abuse of Older Americans

Continued from page 1

Sacramento County's Deputy Director for Senior and Adult Services Melissa Jacobs, 25% of the allegations reported to APS in the last 12 months were related to financial abuse/exploitation.

"Sacramento County Senior & Adult Services is continuing to strengthen our partnership with the local Agency on Aging/Area 4 and other partners to provide additional resources and supports for our community of older adults," said Jacobs.

The older adults in your life likely spent many years working hard, caring for others and contributing to their community. This Older Americans Month, take the time to say thank you and celebrate aging. It is a time for friends and family to reach out to the older people in our lives to let them know how much we love and appreciate them. This Older Americans Month, take the time to visit, chat, share helpful information and resources, and celebrate with the older adults in your life. ★



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Effective 5/24/23 - 5/30/23

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\$5.00 OFF

ANY PURCHASE OF \$15.00 OR MORE OF PET OR FISH SUPPLIES (Excluding Pet Food or Litter) Cannot be used in conjunction with similar dollar or percentage off coupons & advertised sale items. Limit 1 PLU 351 CHM Limit: 1 Coupon Per Family Effective 5/24/23 - 5/30/23

Look for Advertised Sale Items Everyweek at www.petclubstores.com

<p>ZIGNATURE LIMITED INGREDIENTS FORMULA DRY DOG FOOD 12.5 Lb & 25 Lb •Turkey •Lamb •Trout/Salmon •Zsential •Duck •Salmon •White Fish •Venison •Pork •Catfish</p> <p style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;">ON SALE</p> <p style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;">Everyday</p> <p style="text-align: center; font-size: 0.7em;">Effective 5/24/23 - 5/30/23</p>	<p>DIAMOND NATURALS DRY DOG FOOD 40 Lb Bag Limit 2 Bags Per Family •Chicken •Lamb & Rice •Beef •Large Breed •Senior •Skin & Coat (30 Lb) •Lite (30 Lb) •Lrg Breed Lamb •Ex-Athlete</p> <p style="text-align: center; color: red; font-weight: bold; font-size: 1.5em;">\$4 OFF</p> <p style="text-align: center; font-size: 0.7em;">Our Regular Prices! Effective 5/24/23 - 5/30/23</p>	<p>NUTRO WHOLESOME ESSENTIALS DRY DOG FOOD 30 Lb Bag •Chicken, Brown Rice & Oatmeal Formula •Adult •Large Breed •Senior •Lite</p> <p style="text-align: center; color: red; font-weight: bold; font-size: 1.5em;">Limit 2 Bags Per Family \$59.99</p> <p style="text-align: center; font-size: 0.7em;">Effective 5/24/23 - 5/30/23</p>	<p>IAMS DRY CAT FOOD •Healthy Adult Chicken •Salmon/Tuna •Hairball</p> <p style="text-align: center; color: red; font-weight: bold; font-size: 1.5em;">16 Lb Bag Limit 2 Bags Per Family \$26.99</p> <p style="text-align: center; font-size: 0.7em;">Effective 5/24/23 - 5/30/23</p>
<p>9 LIVES CANNED CAT FOOD 5.5 Oz All Varieties</p> <p style="text-align: center; color: red; font-weight: bold; font-size: 1.5em;">Limit 2 Cases Per Family 59¢</p> <p style="text-align: center; font-size: 0.7em;">Effective 5/24/23 - 5/30/23</p>	<p>FANCY FEAST GOURMET CANNED CAT FOOD Selected Varieties except Elegant Medley 3 Oz</p> <p style="text-align: center; color: red; font-weight: bold; font-size: 1.5em;">Limit 2 Cases Per Family ON SALE</p> <p style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;">Everyday</p> <p style="text-align: center; font-size: 0.7em;">Effective 5/24/23 - 5/30/23</p>	<p>PRECIOUS CAT CLUMPING CAT LITTER •Regular •Ultra 18 Lb Bag</p> <p style="text-align: center; color: red; font-weight: bold; font-size: 1.5em;">Limit 2 Bags Per Family \$6.99</p> <p style="text-align: center; font-size: 0.7em;">Effective 5/24/23 - 5/30/23</p>	<p>SCOOPAWAY Unscented 25 Lb Box \$10.99 SCOOPAWAY Multi-Cat 20 Lb Box \$8.99 FRESH STEP Outstretch 19 Lb Box \$12.99 FRESH STEP SCOOP Reg 25 Lb Box \$13.99 CLUMPING CAT LITTER Limit 2 Boxes Effective 5/24/23 - 5/30/23</p>
<p>WORLD'S BEST CAT LITTER •Original •Extra Strength 15 Lb Bag Limit 2 Bags \$13.99</p> <p>PREMIUM CHOICE ALL NATURAL CLUMPING CAT LITTER 40 Lb Bag (Extra Strength 25Lbs \$9.99) Limit 2 Bags \$11.99</p>	<p>15 Lb Bag SCIENCE DIET SMALL BITES DRY DOG FOOD Limit 2 Bags \$32.99 •Adult •Lite •Mature (Lamb & Rice Small Bite) •Sensitive Stomach 15.5 Lb \$39.99</p> <p>ORIJEN DRY DOG FOOD All Sizes Limit 2 Bags 10% OFF OUR REGULAR PRICES</p>	<p>10 Lb Bag JONNY CAT PREMIUM CAT LITTER \$27.99 Limit 2 Bags Per Family</p> <p>SOLID GOLD CANNED CAT FOOD All Varieties 3 Oz Can (Blended Tuna 6 Oz) Limit 2 Cases 20% OFF OUR SUPER LOW PRICES!</p>	<p>MERRICK'S CLASSIC NATURAL DRY DOG FOOD •Chicken/Green Peas/Ancient Grains 25 Lbs Limit 2 Bags \$8 OFF •Beef/Green Peas/Carrots •Lamb/Green Peas/Ancient Grains OUR REGULAR LOW PRICES</p> <p>CHICKEN SOUP FOR THE SOUL DRY CAT FOOD •Adult (Chicken only) •Indoor/Hairball •Weight/Mature Care •Kitten (Grain Free Chicken Grain Free Salmon 12 Lb) 13.5 Lb Bag Limit 2 Bags 10% OFF OUR REGULAR PRICE</p>
<p>Grain Free 24 Lb Bag •Selected Varieties 25% OFF As Marked OUR REGULAR LOW PRICES</p> <p>CANIDAE PURE ADULT DRY DOG FOOD Limit 2 Bags</p>	<p>CAT'S PRIDE FRESH & LIGHT PREMIUM CLUMPING CAT LITTER 15 Lb Jug Limit 2 Jugs \$9.99</p>	<p>8Lb Bag FRESH STEP CRYSTAL CAT LITTER Limit 2 Bags \$17.99</p>	<p>CORE NATURAL DRY CAT FOOD •Original •Indoor •Turkey Grain Free 11-12 Lb Bag Limit 2 Bags (Wellness Grain-Free 11.5 Lb •Chicken •Healthy Weight •Salmon) \$4 OFF OUR REGULAR LOW PRICES</p>

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<p>BLUE TRUE CHEWS Natural Dog Treats 10-22 Oz Pkg 100% Natural 15% OFF As Marked OUR SUPER LOW PRICES</p>	<p>NYLABONE Healthy Edibles All Varieties 20% OFF •Power Chews •Flexi Chew •Puppy Chew OUR SUPER LOW PRICES!</p>
<p>J&W GRIP SOFT SAFARI LIL PALS BAMBOO GREEN GROOMING PRODUCTS 20% OFF OUR SUPER LOW PRICES</p>	<p>STOKES SELECT MORE BIRDS All Varieties 20% OFF Hummingbird & Wild Bird Feeders & Nectar OUR SUPER LOW PRICES</p>

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MODEL	TANK SIZE	PET CLUB SALE
CASCADE 100	20 Gal.	\$32.99
CASCADE 150	35 Gal.	\$46.99
CASCADE 200	50 Gal.	\$59.99
CASCADE 300	100 Gal.	\$89.99

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10 GALLON (Pre-Priced \$79.99)	\$50.99
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29 GALLON (Pre-Priced \$139.99)	\$122.99
55 GALLON (Pre-Priced \$229.99)	\$199.99

<p style="text-align: center; font-weight: bold; font-size: 1.2em;">TETRA FISH FOOD SALE</p> <p>TetraFin Goldfish 7.06 oz. \$9.99 TetraFin Staple 7.06 oz. \$13.99 TetraFin Color 7.06 oz. \$13.99</p>	<p style="text-align: center; font-weight: bold; font-size: 1.2em;">INSTANT OCEAN SEA SALT</p> <p>50 Gal. Salt Mix \$17.99</p>
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ON SALE

Everyday

CHM PLU 367

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Limit 2 Pkgs With Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 5/24/23 - 5/30/23

\$1.49

CHM PLU 573

BONUS COUPON

ARM & HAMMER CAT LITTER DEODORIZER

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Shrimp Raw Whole Frozen lb REG. \$4.99/lb \$1.99 /lb	Punjabi Samosa 25 pcs REG. \$18.99/ea \$11.99 /ea
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WEEKLY MEAT SPECIALS

Beef London Broil & Top Round Roast Pulpa Para Hornear Roast sin Bases \$3.99 /lb	Beef T-Bone Steak Filet Chuletón de Ternera \$4.99 /lb	Beef Porterhouse Steak Filet Bisteque de Ternera \$5.49 /lb
Chicken Leg Quarters Piernas y Muslo de Pollo 79¢ /lb	Pork St. Louis Ribs - Single Pack Costillas de San Luis \$2.99 /lb	Pork Tenderloin Lomo de Cerdo \$2.99 /lb

FRESH PRODUCE

Grapefruit 5lb \$4.99 /bag	Russet Potato 10lb \$4.49 /bag	Mushroom Whole White 8oz \$1.69 /ea	Mushroom Whole Baby Bella 8oz \$1.69 /ea
Pineapple \$2.99 /ea	Orange Navel 10 lb \$4.99 /bag	Red Seedless Watermelon \$5.99 /ea	Enoki Mushroom 150g \$1.99 /ea

AMERICAN/HISPANIC GROCERY

Kellogg's Town House Crackers 13.5 & 9.5 oz \$4.99 /ea	El Mexicano Ice Pops 8 Flavors 19.2 Loz 99¢ /ea	Enosano Fabric Max Fabric Softener 125 Loz \$7.99 /ea	Masked Rider Gumsake Red Wine 750 ml \$5.99 /ea	Quaker Life Cereals 13 oz \$2.99 /ea
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ASIAN GROCERY

Excellent Ribbon Rice Sticks 16 oz \$3.99 /ea	Hello Bee Bee Snow Cracker 5.3 oz \$2.49 /ea	Lee Kum Kee Szechua Mayo 15 Loz \$4.99 /ea	Thai Tea Drink 16.9 Fl Oz 2 / \$3.00	Nutri-Slim Tea 30 Tea Bags 2.12 oz \$4.99 /ea
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Muller Vitasoy No. 1 Italian Ladyfinger 400 gr \$4.99 /ea	Hellmann's French Lemon & Parsnip Spice Dressing 500 gr \$2.49 /ea	Kinder Happy Rippe Cream & Hazelnut Biscuits 100 gr \$4.69 /ea	Nutella B-ready \$4.69 /ea	Novita B-Ready Ferrero 132 gr \$4.49 /ea	Dora Spills Red Lentils 1 kg \$4.49 /ea
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KOREAN/JAPANESE GROCERY

Product of Korea White Rice 20lb \$22.99 /ea	Seaweed Crack Rice Seasoned 12 x 0.17 oz \$2.99 /ea	Prognosis Sea-Fox Shell 400 g \$6.99 /ea	Roasted Mollusks Grain Powder 2.2 lb \$5.99 /ea	Paldo Bibim-Myun 5 x 130 g \$5.99 /ea	Paldo Spicy Ramen 5 x 200 g \$7.49 /ea
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FROZEN & FISH DEPT

Pollack Burger Alaska REG. \$6.99/lb \$2.99 /lb	Seasoned Roast Beef \$13.19 /lb	Green Cracked Olives \$3.99 /lb
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