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Planting Project to Help Park Canopy



Volunteers assemble to plant 13 new trees in Carmichael Park. SMUD President Heidi Sanborn (front left) and Kiwanis project leader Len Ohlendorf head the effort.

Story and photo by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - More than 40 tree-lovers last week came out of the woodwork to counter the effects of canopy loss in local parks. The effort was supported by Carmichael Kiwanis Club, the Tree Foundation and SMUD.

Compounding natural attrition and drought, January storms devastated Carmichael Park District trees. More than 70 specimens were lost. In 60 mph winds, two century-old oaks that sheltered Carmichael Park's concert

area fell. "Their loss was devastating" said District Administrator Mike Blondino. "Those old oaks were always a huge part of how this park looked; and possibly why our band shell was put there."

"To lose that natural shade will impact summer concerts coming up. Added to that, we lost trees in nearly every one of our 13 parks. Trees are way up there in importance for us."

Last week's project was critical, said Blondino. "With all the cleanup needed, we were behind in getting facilities ready for spring and summer. Having 13 trees planted in one

day was a fantastic community effort. We couldn't have done it without all the people who came out. What they achieved will go a long way to increase our future canopy."

Though droughts – followed by recent deluges and winds – have been catastrophic for Sacramento's canopy, much tree loss can't be blamed on weather alone. "Many of the trees planted over the last 100 years were wrong for this area," said SMUD President and planting volunteer Heidi Sanborn. "Early developers greatly favored Modesto ashes. But

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Record Snowfall to Bring High, Fast Rivers and Streams

Cal Fire Press Release

SACRAMENTO, CA (MPG) - With this season's state-wide snowpack at 227% of average as of March 27, California State Parks' Division of Boating and Waterways (DBW), the Department of Water Resources (DWR) and the California Department of Forestry and Fire Protection (CAL FIRE) are urging the public to take extra precautions and to be aware of cold-water dangers this spring to avoid a tragedy. The series of winter storms is causing rising river and stream flow levels not seen in years. The eventual spring warm-up will bring fast flows and cold temperatures when all that snow starts to melt. All Californians are being encouraged to wait until summer to recreate in the water, when conditions are safer.

"After successive low-water drought years, it is imperative that Californians understand water safety in and around rivers, streams, lakes and Sierra reservoirs," said State Parks Director Armando Quintero. "As the temperature rises, snowmelt-fed waterways can quickly induce incapacitating cold-water shock to even the strongest swimmers. We encourage everyone to follow the advice of public safety officials and avoid entering waterways if asked to do so."

"California has one of the largest snowpicks on record," said DWR Director Karla Nemeth. "As this snowpack melts in the coming months, the waterways will be especially cold, fast, and running higher than normal. Be aware of fluctuating water levels. We want everyone to always make safety a top priority when recreating."

"This year is very different from the last several years, in that the excessive snowpack and rain will continue to create challenges for us in the weeks and months ahead. Rising water levels in rivers and streams will be very cold, very fast and can easily overwhelm those that aren't prepared or don't heed warnings," said CAL FIRE Chief Joe Tyler. "Our teams will continue to focus on localized flooding risks, potential for major flooding, water rescues and our operational capabilities to support our communities moving into the spring and summer months."

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A Failure to Communicate

Newsom, California government cuts back press access

By Alexei Koseff, CALMatters.org

Like so much else about California, its state government is large: A \$300 billion budget. More than 230 departments and agencies. More than 234,000 employees.

Keeping the public apprised of everything that's happening in that massive bureaucracy requires its own small army of communications staff, who craft messages, write press releases and answer questions from journalists covering everything from the governor to welfare programs, prisons to water policy.

Lately, however, the information isn't flowing as freely — raising transparency concerns among the press corps that acts as a watchdog for Californians.

Last month, the Capitol Correspondents Association of California, which represents journalists who cover the state Capitol and advocates for improved press access, distributed guidelines to its members about how to handle some of the increasingly common hurdles they encounter, including



Gov. Gavin Newsom addresses the media after a meeting with local leaders on homelessness in Sacramento on Nov. 18, 2022. Photo by Rahul Lal, CalMatters

government agencies asking for questions in advance and refusing to attribute information to their spokespeople.

Ashley Zavala, president of the correspondents association who covers state government and politics for Sacramento television station KCRA, said the extraordinary step was prompted by years of complaints from Capitol press about problems reporting on Gov. Gavin Newsom, his administration and the Legislature. These have been exacerbated by the

coronavirus pandemic, which accelerated a shift to digital communication that has transformed how the state government discloses its work.

"The pandemic did cause some bad behavior," Zavala said. "It let some of these agencies and some of these offices get lackadaisical in how they handled the media."

Many of the standard features of government beat reporting — including in-person press conferences, with an opportunity for follow-up questions, and media

phone lines where journalists could talk to a live staffer — disappeared three years ago with the shutdown orders and have been slow to return, if at all.

Changes that reporters and public information officers adopted to do their jobs virtually in a strange new stay-at-home world became ingrained, encouraging practices, such as written statements instead of interviews, that offer less clarity and greater distance between state government and the people it serves.

Continued on page 3

Fentanyl: One Pill Can Kill

By Supervisor Sue Frost

SACRAMENTO REGION, CA (MPG)
- Rachael King was a manager at the Noodles Restaurant in Folsom and was a proud recipient of the September 2018 Sacramento County Food Safety Award of Excellence. Four months later she died after taking a pill that unbeknownst to her was laced with Fentanyl.

It's difficult to share this with you and I want you to know that I talked about it with Rachael's parents who allowed me to share some of her story. Rachael was a valedictorian and an aspiring chef with dreams and a bright future. She was the only daughter, and her death was a devastating blow to her parents, brother and all who loved her. Her parents have tried to advocate for justice and have been an inspiration behind important programs emerging as the increase in Fentanyl deaths cannot be ignored. I am dedicating this newsletter to Rachael. I believe she would want to warn others about "Fentanyl - One Pill Can Kill."

Do you remember "Every 15 Minutes" or "Arrive Alive Drive Sober?" For those who don't know, they are reality-based programs designed to challenge teenage students and parents to think before driving drunk. I recently attended a similar program at Folsom High School that was hosted by Arrive Alive California, Inc. Their program is called "Fentanyl - One Pill Can Kill." I was a proud champion of this program which was funded by Sacramento County's ARPA in response to the growing drug problem in our region. During their program I heard personal testimonies from parents, shocking statistics, and an ambulance professional shared that if someone overdoses and you call 911, the health professionals do not report your drug activities. They talked about the symptoms. If the person



Rachael King (left) a Noodles Company restaurant manager in Folsom and the recipient of a 2018 Sacramento County Food Safety Award of Excellence, died after taking a pill with Fentanyl. Photo courtesy of Supervisor Sue Frost

is unconscious, small pupils, shallow breathing, vomiting, inability to speak, faint heartbeat, limp arms and legs, or discolored lips or fingernails, call 911.

Fentanyl is a powerful synthetic opioid that comes in many prescription forms. It is similar to morphine, but I am told it is up to 100 times more potent. It is typically used to treat severe or chronic pain for people who are physically tolerant to other opioids. Since 2020 the use of opioids, especially Fentanyl, has grown exponentially. In the past three years, according to Sacramento District Attorney Thien Ho, there have been 360 Fentanyl poisoning deaths in Sacramento County. That is more than gun-related homicides, he said.

For those who want justice, it is challenging. In general, most

Fentanyl deaths are listed as accidental overdoses. They accepted the pill from a friend or paid a dealer for a street drug, not realizing it was laced with Fentanyl. The pills look just like prescription pills. At the crime scene, people may say that the person was fine when they went to bed and there was no indication of a problem, but for law enforcement to pursue a murder investigation they would need to show intent to kill or reckless disregard or indifference to human life. Further, if the case report lists accidental death, then the case follow-up is under that assumption, and it is not technically a murder investigation. This has been a heartbreaking disappointment for family members who are screaming for justice and want to prevent the future loss of innocent lives.

I recently met with Sacramento D.A. Thien Ho to discuss the justice dilemma. He expressed the seriousness of this matter and shared that he has a four-part plan. Then he told me about how cases are built piece by piece, and he is establishing processes to set the stage for documenting a case on record. Then we talked about the difference between implied malice and express malice. Implied malice refers to a person's intention to cause grievous bodily harm. Express malice murders include killings where the person intended to cause death. In contrast, implied malice includes killings that occurred while a person was committing a felony or when deaths resulted from an action that displayed a depraved indifference.

District Attorney Ho's plan includes a "Watson Warning"

which is given to defendants who are found guilty of selling Fentanyl. If they sell Fentanyl again and cause injury or death, they can be charged with a much more serious crime - including murder. He is calling for Regional Response Teams. Sacramento is working with other County's (Riverside, San Bernardino, San Diego, Placer) to learn about how they are building out their response. He is partnering with our Sheriff and other agencies to create Fentanyl Response Teams. There will be a protocol in place to retrieve phones to look at texting and collect evidence. A drug task force would trace dealer connections and when a dealer is associated with several deaths it is possible to begin to build a case on record that shows reckless disregard. Other Partnerships with the U.S. Attorney General and the Eastern District will be pursuing more legal solutions and finally the Education Programs such as the Fentanyl - One Pill Can Kill is a program that is targeting youth in schools to help them understand, "FENTANYL - ONE PILL CAN KILL!"

We cannot bring Rachael back, but her life was a precious gift to our world and it mattered. If you have pain of any kind, buyer beware... One Fentanyl Pill Can Kill. Other drugs and even marijuana vaping have been laced with Fentanyl and killed innocent people! The best advice when considering recreational street drugs is "Just Say NO!"

Thank you for reading - and as always, if you want to contact me, call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.net. Sacramento County Supervisor Sue Frost represents the 4th District, which includes the communities of Citrus Heights, Folsom, Orangevale, Antelope, North Highlands, Rio Linda, Elverta, and Rancho Murieta. ★

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Tucked away in a tree-lined neighborhood in Maddox Ranch, this Carmichael home has it all! Meticulously cared for by its longtime owners, this home shows pride of ownership at every turn. Enjoy great curb appeal with a beautifully landscaped front yard, complete with a mature oak tree that provides natural shade for those warm summer days. Step inside to a spacious floor plan with five bedrooms and three full baths. Relax and unwind in the bright and airy living room with a cozy fireplace and large bay windows. The roomy kitchen is appointed with double ovens, a brand new dishwasher, and plenty of storage space! There is room for everyone with a separate family room and dining room. The large master has its own sitting area that looks out to the private backyard. Additional highlights include two fire places, brand new heat and air units, Eagle Shield attic insulation, a 2-car garage, and RV access. The backyard features low maintenance landscaping, a patio area, and a tool shed for your hobbies. Just steps away from Maddox Park, Raley's and fabulous shopping and restaurants. Centrally located to Highways 50/80, The American River, parks, cycling/running trails, and excellent schools. Must see!!

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A Failure to Communicate

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This tension — between journalists seeking accountability and a bureaucracy that does not always welcome scrutiny — is not new. Covering state government has grown more difficult in recent years with fewer reporters covering the Capitol and social media offering politicians new ways to reach constituents and voters without speaking to the press. Those trends were exacerbated by restrictions applied during the pandemic.

The risk is a decline of “open, honest and transparent communication” essential to the functioning of democracy, said David Loy, legal director of the First Amendment Coalition, a nonprofit that advocates for a free press and government disclosure.

Media outlets across the state note rejected interview requests, challenges obtaining public records or the lack of any official response in their stories (see this story online at CalMatters.org for specific details).

“These message control practices do real harm to the public interest,” Loy said. “Because the people need to know the full story, not just the official story.”

No standard communications policy
There is no shortage of people responsible for the state government’s communication of public information: 435 employees in the executive branch, to be exact, according to a count conducted for CalMatters by the Department of Human Resources. An analysis of salary ranges based on job titles found that the annual cost to taxpayers is between \$36.5 million and \$44.8 million.

There are even more press aides working for the other branches, such as the Legislature, the judiciary and public universities. The jobs of these communications officials extend beyond answering reporters’ questions and can include duties such as developing public relations strategies, writing speeches and managing social media accounts.

Yet, besides laws mandating open meetings and the release of public records, California does not have standards for appropriate public communications. Policies are at the discretion of those hundreds of individual agencies and departments.

Emails, not interviews
The obstacles and troubling behavior highlighted by the Capitol Correspondents Association of California are broader and more pervasive.

Many offices have moved nearly entirely toward written communications, directing a reporter who does reach someone by phone to instead send their questions by email.

During the pandemic, Julie Watts of television station CBS Sacramento spent two years investigating health and safety failures at a state-funded COVID-19 testing lab. She was never allowed to speak with Health and Human Services Secretary Mark Ghaly, who oversaw the state’s coronavirus response, or Department of Public Health officials about her findings, even after Newsom directed her questions to Ghaly.

Watts said she was forced to rely on written statements, which documents and reports often later revealed to be inaccurate or untrue. Was California getting false

information about the effectiveness of the lab, or covering up negligence?

“The answers they were sending us in writing were disingenuous,” Watts said, adding that it made her question whether the state had something to hide. “We were talking about complex, scientific issues. And it’s difficult to convey that to the public when it’s hundreds of back-and-forth emails.”

The written responses crafted by communications staff are often sent anonymously from a general email account, as though coming from the entire faceless bureaucracy rather than a particular spokesperson. For example, media inquiries fulfilled by the state Department of Justice, which is overseen by Attorney General Rob Bonta, are generally signed only “Press Office.”

Demanding better practices
In the guidelines it shared with reporters last month, the correspondents association recommended that media describe the rejection of an interview request in the story, alongside the written statement that an agency provides instead.

The association urged journalists not to provide questions in advance of an interview, other than a general description of the information they are seeking, writing: “Journalism ethics requires us to maintain our objectivity, and by giving these questions in advance you would be providing the office or agency an opportunity to rehearse for a basic function of their job and take control of the messaging.”

Speed vs. accuracy
State communications officials said they aim to provide timely and accurate information to the media and the public, but those values are not always aligned.

Complex inquiries from reporters can require consulting multiple subject-matter experts for thorough answers and obtaining many layers of approval, sometimes in conjunction with other agencies.

Officials said they generally ask for questions in advance because it helps them determine who is best equipped to handle the inquiry. Providing interviews with agency staff can require a lot of preparation and coordinating schedules, so they often prefer to send written responses instead.

Because many state employees are still primarily working from home, some large communications offices do everything by email so that their staff can collectively track and respond to the media inquiries they receive throughout the day.

These policies are generally not unlawful, noted Loy of the First Amendment Coalition, because public officials and state agencies are not legally obligated to speak to the press.

But many of them are nevertheless antithetical to the spirit of open government, he said, preventing journalists from obtaining the public information that they need to hold the government to account.

“Is the government there to serve the people or is the government there to be a spin machine?” Loy said. “It may seem inconvenient to the government, but at the end of the day, a government that is most accountable to the people is the best government.” ★

CBEST Now at Sunrise Adult School

By Thomas J. Sullivan

SACRAMENTO REGION, CA (MPG) - Are you interested in becoming a guest substitute teacher in the San Juan Unified School District for the upcoming 2023-24 school year?

The most critical first step, if you already have either a Bachelor of arts or science degree, is to take the required California Basic Educational Skills Test (CBEST).

Passing the CBEST test isn’t as easy as it looks if you haven’t fully prepared for its mathematics and language components.

Outside of writing for the Messenger, I also substitute/guest teach, and honestly, it took me two attempts to pass the CBEST exam.

The San Juan School for Adults will again offer a five-session class designed to help prepare students for the CBEST test, which is one of the requirements for becoming a guest teacher in California, said Richard S. Judge, principal of the San Juan School of Adults, part of the San Juan Unified School District (SJUSD).

Candidates who pass the California Basic Educational Skills Test (CBEST) can help address the shortage of qualified substitute/guest teachers in the San Juan Unified School District, he said.

The free online CBEST course, taught by Megan White, an 18-year teaching veteran, is offered in weekly Zoom sessions over a five-week period from May 23rd until June 20th from 4:30 to 6:30 pm. White is a full-time teacher in another school district as well as an instructor at Sacramento State University.

“This five-session class is a refresher of each major section of the CBEST test: Math, Reading, and Writing to help bring back the specifics that are tested,” she said. “We break down the major components of the test, practice the skills, and then review some CBEST practice problems.”

The test can definitely be tricky, especially for those that have not been in a school setting for a while, White acknowledges.

“One great aspect of this class is it builds confidence. Students walk away knowing what they already feel comfortable with, and with tools to study the parts they will need more practice with,” White said.

In each week Zoom session, White leads course participants through a different test section, including strategies for breaking down problems, extra practice problems and helpful hints for the test, Judge said. The

course pre-requisite is a bachelor’s degree.

Registration for the CBEST course will close on May 31st, after the second class takes place, unless the class fills up before that, Judge said. “In that case, we will start a waiting list.”

The link to register for the CBEST workshop class is: <https://www.sanjuan.edu/Page/53113>.

“Last fall’s free online CBEST preparatory class was a pilot, a first-time course for us, and was very successful,” he said. “We decided to offer it again this spring.”

Fifteen students attended a fall CBEST workshop offered by the San Juan School for Adults, from start to finish, Judge said.

“In fact, our fall CBEST prep class filled up so quickly, we had to create a waiting list. Since the students later take the test on their own, we do not yet know the test results of this first cohort,” Judge said.

“We plan to eventually become an authorized California CBEST testing center, in which case we will be better able to track students who take the test, and if they are willing to share, their pass rates,” Judge said.

As one of the largest California school districts, the San Juan Unified School District serves more than 45,000 preschool, TK-12 and adult learners in the communities of Citrus Heights, Orangevale, Fair Oaks, Gold River, Carmichael and Arden-Arcade in eastern Sacramento County.

All new candidates interested in guest/substitute teaching in the San Juan Unified School District must either hold a teaching credential based on a degree and student teaching or be eligible to apply for an Emergency 30-Day Substitute Teaching Permit.

To be eligible to apply for an Emergency 30-day permit in the San Juan Unified School District, candidates must possess a bachelor’s degree or higher, and meet the basic skills requirement by passing the CBEST exam.

New guest teachers in the San Juan Unified School District are also required to pass a criminal background check, have LiveScan fingerprints taken, obtain a clear tuberculosis (TB) test and attend an orientation.

Visited join.org/Home/DistrictJobPosting/1597011 to learn more about the specific requirements for substitute/guest teaching in the San Juan Unified School District.

The link to register for the free online CBEST class offered through the San Juan School of Adults starting on May 23rd is www.sanjuan.edu/Page/53113. ★

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State Park Peace Officer Cadet Exam Period Opens

California State Parks
News Release

SACRAMENTO, CA (MPG) - California State Parks invites individuals to “Live the Parks Life” as rangers or lifeguards in the nation’s largest state park system. Starting March 24 and through June 10, 2023, individuals can apply for the State Park Peace Officer Cadet exams. Cadet academy graduates can serve the state as rangers and lifeguards to safeguard both visitors and the historical, cultural and natural resources found in 280 state park units. Offices are located near beaches or waterways, or in deserts, parks, museums, historic parks and state vehicular recreation areas.

“Serving as a ranger or lifeguard in California’s State Park System is a unique opportunity to make an everlasting impact on the state’s natural landscapes and the millions of people who visit them,” said California State Parks Director Armando Quintero. “I know firsthand how rewarding it is to provide natural and cultural resource protection and ensure public safety.”

The minimum age to be a peace officer is 21 years old. Candidates are required to have a valid California driver’s license and have 60 units of college credits, with 21 units being general education.

The entire selection process for becoming a ranger or lifeguard takes approximately 15 months. The first step in the selection/examination process is to mail, email or hand deliver an application during the open application period. The application is used to determine if the candidate meets the minimum qualifications for admission into the examination, which consists of the Peace Officer Standards and Training (POST) Entry Level Law Enforcement Test Battery written exam. This exam is used to admit the candidate into the next phases of the selection



Serving as a ranger or lifeguard in California’s State Park System is a unique opportunity to make an everlasting impact on the state’s natural landscapes and the millions of people who visit them. Photo courtesy of California State Parks

process, which include the physical agility test, background investigation, oral interview, and medical and psychological evaluations. Successful applicants will be sent a notification to attend the eight-month-long POST-certified law enforcement academy.

The academy instruction prepares cadets physically, mentally and emotionally to enter the workforce as a state park peace officer ranger or lifeguard. Rangers and lifeguards are sworn officers equipped with a firearm and badge. Cadets will learn how to conduct investigations, make

physical arrests, use firearms and perform emergency responses. Training also includes how to actively protect park resources, assist visitors and run interpretive programs.

Below are some frequently asked questions regarding the State Park Peace Officer Cadet Academy:

Do I have to carry a firearm to serve as a ranger or lifeguard?

Yes. Cadet training includes how to conduct investigations, make physical arrests, use firearms and perform emergency responses.

What is the age minimum and age maximum to apply?

Candidates must be at least 21 years of age to become a peace officer. State Park Peace Officer’s mandatory retirement age is 65 years, but there is no maximum application age.

I have not completed two years of college yet. Can I still apply while I am still taking classes?

Candidates may be enrolled in college at the time of application but must have at least 21 units of general education credits satisfying general education curriculum standards with courses

(which may include courses in natural science, social science, mathematics, language and humanities). By the time of appointment, a candidate must have completed 60 semester units of study at a state-accredited college or university. A degree in park administration, natural sciences, social sciences, law enforcement or a related field is desirable.

Where is the Cadet Academy located?

Most cadets attend training at Butte College Law Enforcement Academy (Butte County). However, the department may utilize several academy sites, including Mott Training Center at Asilomar in Pacific Grove, South Bay Regional Public Safety Academy at Fort Ord in Monterey, and the Ben Clark Law Enforcement Training facility in Riverside. It is at the department’s discretion to determine an academy location for each class.

Do I get paid while at the academy?

Yes. Cadets earn a salary; currently, the monthly salary range is \$3,930 to \$5,300. Most cadets start at the low end of the range unless they are a current state employee with a salary within the range.

To hire a workforce reflective of California’s diverse population, California State Parks is committed to ensuring equal access and connecting all job seekers to opportunities through fair hiring and employment practices. For more information on the cadet exams, minimum qualifications, additional frequently asked questions and a timeline of the recruitment cycle, please visit LiveTheParksLife.com.

Please send questions regarding other employment opportunities at California State Parks to the Workforce Planning and Recruitment Office at recruiting@parks.ca.gov ★

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How Will Newsom and Legislators Deal With Growing Revenue Shortfalls?



By Dan Walters, CALMatters.org

When Gov. Gavin Newsom proposed a 2023-24 budget in January, he acknowledged that the revenue estimates made six months earlier were way too optimistic and that the state had evolved from a nearly \$100 billion surplus to a \$22.5 billion deficit.

Never mind. Nine months into the current fiscal year, it's evident that revenue, principally from personal income taxes, will fall well short of that downward revision. The deficit could hit \$30 billion as he and legislative leaders begin to focus on a final version for adoption in June.

Through February, the administration reported, revenues were running nearly \$5 billion below expectations and they fell short by nearly \$1 billion more in March.

The numbers bolster contentions by the Legislature's budget analyst, Gabe Petek, that the state's fiscal situation was unhealthy than Newsom was admitting. In his initial response to the January budget, Petek said, "Our estimates suggest that there is a good chance that revenues will be lower than the administration's projections for the budget window, particularly in 2022-23 and 2023-24."

The next stop for the annual budget process will come in May, when Newsom must unveil revised revenue estimates and appropriations. The worsening revenue data set the stage for what could be contentious negotiations with a June 15 constitutional deadline for passing a budget.

The essential problem is that when Newsom was forecasting an immense surplus and bragging that "no other state in American history has ever experienced a surplus as large as this," he and the Legislature spent much of it on rebates to taxpayers and expansions of programs, especially those benefiting the poor.

Although Newsom insisted at the time that much of that spending was one-time in nature and therefore wouldn't make unsustainable long-term commitments, it nevertheless raised expectations of permanency. Thus, when Newsom offered a new budget in January, he clawed back many of those allocations, particularly those that hadn't yet been spent, sparking complaints from would-be recipients.

As revenues continue to fall short, expectations will have to shrink further, the competition for money among budget stakeholders will become more intense and the pressure on Newsom and legislators will increase.

They may be tempted to do something that Newsom says he doesn't want to do and that Petek says would be foolhardy: tap into the state's "rainy day" reserves to relieve stakeholder pressure.

The reserves are meant

to be used during a severe economic downturn, but California's fiscal problem is occurring during a relatively prosperous post-pandemic recovery. The shortfall in revenues is occurring because of the state's narrowly based revenue system, one that is largely dependent on earnings of high-income taxpayers, particular in the shaky technology sector.

The stock market has reacted negatively to the Federal Reserve System's interest rate increases, which are meant to combat inflation. Declines in the market manifest themselves in lower taxable earnings by investors who are such a large factor in the revenue stream. The system is so narrowly based that lower incomes for just a handful of wealthy Californians can have a big effect on revenues.

Dipping into reserves to cover the revenue shortfall would weaken their ability to cushion a recession if and when that occurs, which is why Petek strongly discourages Newsom and legislators from succumbing to stakeholder pressure by using them.

A deficit north of \$30 billion, which is a real possibility, is no joke and coming after such huge – and probably irresponsible surplus estimates – poses a serious political dilemma for politicians who would much prefer to be showering money on their constituents as they did last year.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★

Social Security Matters

What Can I Earn in My First Year Collecting Social Security?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: My 62nd birthday is in late August of this year. I would like to start collecting Social Security, but after reading about the need to keep my earnings less than \$21,240 in the first year it doesn't seem fair to those who have birthdays later in the year. I will have earned a lot by the end of August. Or am I missing the part where the year starts from the day you retire? Or is it a fiscal year? Please elaborate? **Signed: Looking Ahead**

Dear Looking Ahead: Born in late August, your first month of eligibility for Social Security will be September (you must be 62 for an entire month to be eligible for SS benefits). If you start your benefits in September, for the months of September through December 2023 you'll have a monthly earnings limit of \$1,770. If you exceed that limit in any of those 4 months, you won't be eligible for SS

benefits in any month that the \$1770 monthly limit is exceeded. If you exceed the monthly limit in all of those months, you won't be entitled to any benefits in 2023, unless using the annual earnings limit formula to determine your penalty would result in a lesser amount.

The penalty for exceeding the annual limit is \$1 for every \$2 you are over the 2023 limit and, if using that formula yields a penalty which is less than for exceeding the 2023 monthly limit for September – December, they will use the annual limit instead of the monthly limit to compute your penalty. Thus, your annual earnings earned before September will only count if using the annual limit will result in less of a penalty than using the monthly limit for the months after your benefits start. If you plan to retire from working before September, then there will be no penalty for exceeding the annual earnings limit prior to that, but if you continue to work full time there will likely be a penalty which will cause Social Security to take away some of your benefits.

Starting in 2024, only the annual earnings limit (which will be a bit more than the 2023 annual limit) will apply to you. Generally, if you continue working full time and

will significantly exceed the annual earnings limit, it may be wise to reconsider claiming your Social Security until your income is below or closer to the annual limit each year, or until you reach your full retirement age after which the earnings limit no longer applies. And if you do claim early and exceed the earnings limit, and if you have benefits taken away for some number of months to satisfy the penalty, you'll get time-credit for those months after you reach your full retirement age. That credit will, essentially, move your claim date forward by the number of months you didn't get SS benefits, increasing your benefit amount accordingly after your full retirement age.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org. ★



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4RobertsJustice@gmail.com

On June 20, 2022, my son, Robert Jenson, was left for dead at the corner of Fair Oaks Blvd. & El Camino Ave. after being struck by a hit-and-run driver around 9:10 p.m.

Numerous fliers were placed around the area, as well as monuments on poles and on a fence where he was killed, but someone kept taking them down. So, I decided to put a billboard up for all to see, hoping to find my only child's killer.

If anyone remembers seeing anything that evening, or has any information about the incident, please contact Lisa Wiley, below:

5150 Fair Oaks Blvd., Ste. 100, Box #243, Carmichael, CA 95608
Phone 916-223-1421, Email 4robertsjustice@gmail.com

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Subscriptions should be mailed to Carmichael Times, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$49 per year within Carmichael, \$59 within Sacramento County.

The Carmichael Times is published weekly. Call (916) 773-1111 for more information.

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To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@mpg8.com.

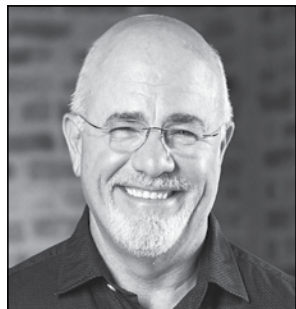
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Dave Ramsey Says

Gen Zers and Millennials? I Love 'Em!

Dear Dave,

I am the managing partner of a family business. We would like to add to our team, but I'm worried we can't try to hold millennials and Gen Zers to the same standards as other generations without losing them. How do you feel about this?

– Sarah

Dear Sarah,

Listen, I've got a building full of Gen Zers and millennials – and I love them. If you hire the rights ones, you're getting people who love calluses on their hands and on their brains. They make the interview process easy too, because there are just two types from these generations: the ones who are unbelievably awesome and the ones who aren't. But the great ones are not afraid of hard work. They're passionate, intelligent and mission driven. I mean, they'll charge the gates of hell with water pistols for something

they believe in.

But that means you have to provide meaning in the work they do. They want to see that their work connects to something that matters. They want to be treated with dignity, not like units of production. And they have inquiring minds. Most of them want to know why you do things the way you do them. All that is perfectly okay with me and always has been.

Now, they're the worst two generations to work for someone who's just a boss. That's because bosses push while leaders pull. If you're going to pull, you have to inform, communicate and share a vision that draws people into your mission. Bosses, for the most part, have a "do it this way because I said so" attitude. That's not going to last long with Gen Zers and millennials.

I get where you're coming from though, Sarah. I've still got friends and business associates who tell me we're going to lose everyone from these generations if we don't cave in and give them things like "the flexibility to work from home" – which really means, "I don't want to work much" or "I want to work all the

time." Listen, I understand not everyone who works from home falls into one of those two categories, but some of them do. There are folks who put in 80 hours a week because they can't put their screens down and live a life. Or they work three hours a day and call it "working from home." That's not working from home – that's working part-time hours for full-time pay. And that's called stealing.

But millennials and Gen Zers? I'm a huge fan of these generations. I truly, personally like them. They are, for the most part, genuine, real people and hard workers. If you give them what you should as a leader, they'll blow you away with their smarts and what they're capable of achieving!

– Dave

Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of "The Ramsey Show," heard by more than 18 million listeners. He has appeared on "Good Morning America," "CBS This Morning," "Today," Fox News, CNN, Fox Business and many more. Since 1992, He also serves as CEO of Ramsey Solutions. ★

Pursuing Happiness in the Age of Reason



Professor Caroline Winterer, Photo courtesy AHP

Enlightenment envisioned it, but in our own American way, with a powerful emphasis on the "pursuit of happiness" – a concept literally written into our Declaration of Independence. What did that mean to Americans? Why did we fight a war against the greatest army in the world to gain it? How did our first settlers in the 17th and 18th centuries think about freedom? How is the "pursuit of happiness" relevant to today's American experience? Professor Winterer will offer her unique perspectives on these critical questions.

This event is co-sponsored by The Sons of the American Revolution, The Mayflower Society, the Jamestown Society, and the Freedoms Foundation at Valley Forge, among others. The luncheon is being held at the Sheraton Grand Sacramento on April 22, starting at 11 am. The three-course plated lunch is priced at \$45 per person. For more information or to purchase tickets, please visit americanheritagepartners.org. ★

American Heritage Special Release

SACRAMENTO REGION, CA (MPG) - American Heritage Partners, a 501(c)(3) non-profit organization based in Nevada, is proud to sponsor a luncheon featuring Professor Caroline Winterer, Chair of the History Department at

Stanford University, who will speak about her book "American Enlightenment: Pursuing Happiness in the Age of Reason". In her book, Professor Winterer provides a thought-provoking account of how Americans in the 18th Century came to be "enlightened" – not as the European

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Office Administration – We are seeking a full-time administrative support person for our newspaper group. This position works in the Carmichael office and works directly with the Office Manager. Work hours are between 8:30 to 5:00 Monday through Friday. Previous office management experience is required.

Production Layout/Graphic Design – This part-time position assists with the layout of the newspapers and works with the production staff to create our weekly newspapers. Must have good working knowledge of InDesign production programs. Must be able to work within our current system and be able to take direction to meet our deadlines. Previous layout experience is a must. This is an entry level position. Work hours are between 8:30 am and 5:00 pm.

Copy Editor – We are seeking a part-time copy editor for our newspaper group. This position works in the Carmichael office and works directly with Editor. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous editing experience is required.

City Reporter – We are seeking a part-time City Reporter for our newspaper group. This position may be assigned to work in the Carmichael office or another area office and works directly with the Editor. Work hours are flexible depending on assignments. Previous reporting experience is required.

Advertising Services Support – We are seeking a part-time Advertising Services Support person for our newspaper group. This position works in the Carmichael office and works directly with the owner of the company and the advertising/graphics staff. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous office experience is required.

Delivery Driver – We are seeking a part-time Delivery Driver for our newspaper group. This position would transport newspapers from our Carmichael office to our offices in Marysville and Gridley. Work hours are from 8:30 to 4:00 every Thursday. Must be able to lift and move bundles of newspapers without assistance. Must have your own reliable cargo van. This is an independent contractor position and pays a flat rate for your service.

Newsstand Delivery Driver – We are seeking a part-time Newsstand Deliver Driver for our newspaper group. This position works from the Carmichael office and delivers to our locations in the West Sacramento/Sacramento Region. Work hours are from 8:30 to 5:00 Thursday and/or Friday. Must be able to lift and move bundles of newspapers without assistance. You must have a reliable vehicle. This is an independent contractor position.

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URIBES 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01639
Manuela Zurita, 213 Village Circle, Sacramento, CA 95838, and Elizabeth Santiago Medel, 7472 Della Circle, Sacramento, CA 95828 are doing business under the Fictitious Business Name(s) "Beauty Pro Studio" 4800 Manzanita Avenue, B6, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 7, 2023
Publish: March 31, April 7, 14 & 21, 2023
BEAUTY 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01940
Gagik Danielyan, 9209 Henley Way, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Vintro Cabinets" 9209 Henley Way, Sacramento, CA 95826. Filed with the Clerk of Sacramento County March 16, 2023
Publish: March 31, April 7, 14 & 21, 2023
VINTRO 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02192
Abdul Wali, 2009 Landon Lane, Apt. 2, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "M&M Roadside Services" 2009 Landon Lane, Apt. 2, Sacramento, CA 95825. Filed with the Clerk of Sacramento County March 22, 2023
Publish: March 31, April 7, 14 & 21, 2023
M&M 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01524
Stafford Coaching International, LLC, 2025 Hurley Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Business Coach.com" 2025 Hurley Way, Suite 111, Sacramento, CA 95825. Filed with the Clerk of Sacramento County March 2, 2023
Publish: March 31, April 7, 14 & 21, 2023
BUSINESS 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01889
Mark Romandia, 2130 Gunn Road, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Phantom Forge" 2130 Gunn Road, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 14, 2023
Publish: March 31, April 7, 14 & 21, 2023
PHANTOM 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01927
Khushal Khan Amin, 6009 Roswitha Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Bakhtar Fashion" 2922 Eastern Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County March 16, 2023
Publish: March 31, April 7, 14 & 21, 2023
BAKHITAR 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01885
Muna Tjoelker, 2130 Gunn Road, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Open World Perfumery" 2130 Gunn Road, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 14, 2023
Publish: March 31, April 7, 14 & 21, 2023
OPEN 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01947
Vitaliy Loboda, 7339 Thalia Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Loboda RE Firm" 7339 Thalia Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County March 17, 2023
Publish: March 31, April 7, 14 & 21, 2023
LOBODA 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01977
Ivan Maznik, 7351 Chivalry Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Tint 4U / Tint Pro 4U" 7351 Chivalry Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County March 17, 2023
Publish: March 31, April 7, 14 & 21, 2023
LOBODA 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01349
Basement North, LLC, 4936 Dewey Drive, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Basement Printlab" 4936 Dewey Drive, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County February 24, 2023
Publish: March 31, April 7, 14 & 21, 2023
BASEMENT 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02036
John Kelley Leary, 5272 Garden Valley Road, Garden Valley, CA 95633 is doing business under the Fictitious Business Name(s) "1 Eleven Fitness Training" 10406 Fair Oaks Boulevard, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County March 20, 2023
Publish: March 31, April 7, 14 & 21, 2023
1 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02107
Elina Giri, 1352 Essence Lane, Fairfield, CA 94533 is doing business under the Fictitious Business Name(s) "Grace Eyebrow" 7455 Greenback Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County March 20, 2023
Publish: March 31, April 7, 14 & 21, 2023
GRACE 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01822
r.World, PBC, 2700 Irving Avenue S, Minneapolis, MN 55408 is doing business under the Fictitious Business Name(s) "r.World, PBC" 2700 Irving Avenue S, Minneapolis, MN 55408. Filed with the Clerk of Sacramento County March 13, 2023
Publish: March 31, April 7, 14 & 21, 2023
R.WORLD 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01600
ICS Inc., 13901 Indio Drive, Sloughhouse, CA 95683 is doing business under the Fictitious Business Name(s) "IEX Inc." 13901 Indio Drive, Sloughhouse, CA 95683. Filed with the Clerk of Sacramento County March 6, 2023
Publish: March 31, April 7, 14 & 21, 2023
IEX 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02204
Fullmotion LLC, 4292 Argonaut Court, Fremont, CA 94536 is doing business under the Fictitious Business Name(s) "Fullmotion TV," 4292 Argonaut Court, Fremont, CA 94536. Filed with the Clerk of Sacramento County March 23, 2023
Publish: March 31, April 7, 14 & 21, 2023
FULLMOTION 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02156
Sterling Properties, Inc., 101 Parkshore Drive, Suite 100, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Sterling Watkins Properties," 101 Parkshore Drive, Suite 100, Folsom, CA 95630. Filed with the Clerk of Sacramento County March 21, 2023
Publish: March 31, April 7, 14 & 21, 2023
STERLING 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00348
LaSamie LLC, 8224 Rivallo Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "LaSam Pho, Vietnamese Noodle Bar and More" 7777 Sunrise Boulevard, Suite 2200, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County January 19, 2023
Publish: April 7, 14, 21 & 28, 2023
LASAM 4-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02281
Ahmad Chavez and Charmaine Chavez, 3218 2nd Avenue, Sacramento, CA 95817 are doing business under the Fictitious Business Name(s) "Lapis Grill" 3218 2nd Avenue, Sacramento, CA 95817. Filed with the Clerk of Sacramento County March 27, 2023
Publish: April 7, 14, 21 & 28, 2023
LAPIS 4-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02222
Artisan Interiors, LLC, 9182 Crepe Court, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Artisan Interiors" 9182 Crepe Court, Sacramento, CA 95829. Filed with the Clerk of Sacramento County March 24, 2023
Publish: April 7, 14, 21 & 28, 2023
ARTISAN 4-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02237
Ziayee's LLC, 3022 Stockton Boulevard, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Famous Smoke" 3022 Stockton Boulevard, Sacramento, CA 95820. Filed with the Clerk of Sacramento County March 24, 2023
Publish: April 7, 14, 21 & 28, 2023
FAMOUS 4-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01970
Daniel Marvin Jones, 8841 Nimbus Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Byte 2 Bot" 8841 Nimbus Way, Orangevale, CA 95662. Filed with the Clerk of Sacramento County March 17, 2023
Publish: April 7, 14, 21 & 28, 2023
BYTE 4-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02258
Advanced Diagnostic and Automotive Services, 8838 Greenback Lane, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "ADAS Pro" 8838 Greenback Lane, Orangevale, CA 95662. Filed with the Clerk of Sacramento County March 27, 2023
Publish: April 7, 14, 21 & 28, 2023
ADASPRO 4-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01391
Advanced Diagnostic and Automotive Services, Inc., 8838 Greenback Lane, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "ADAS / ADAS Advanced Diagnostic and Automotive Services" 8838 Greenback Lane, Orangevale, CA 95662. Filed with the Clerk of Sacramento County February 27, 2023
Publish: April 7, 14, 21 & 28, 2023
ADAS 4-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01964
Valeri Petrov, 3717 Driver Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Dependable Cleaning" 3717 Driver Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County March 17, 2023
Publish: April 7, 14, 21 & 28, 2023
DEPENDABLE 4-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01906
Topscore Productions LLC, 6062 Leafwood Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Topscore Productions LLC," 6062 Leafwood Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 15, 2023
Publish: April 7, 14, 21 & 28, 2023
TOPSCORE 4-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02229
Aleksandr Kuzmin, 2800 Walnut Avenue, #44, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "RepairPro Handyman Services," 2800 Walnut Avenue, #44, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 24, 2023
Publish: April 7, 14, 21 & 28, 2023
REPAIRPRO 4-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02354
Block 20 Innovations, LLC, 5710 Kenneth Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Careerpreps," 5710 Kenneth Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 28, 2023
Publish: April 7, 14, 21 & 28, 2023
CAREER 4-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02254
John Patrick Ryan, 7841 Highland Avenue, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "80 West Collective" 7841 Highland Avenue, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County March 27, 2023
Publish: April 7, 14, 21 & 28, 2023
80 4-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01851
R-Cubed Solutions LLC, 26 S Sunset Drive, Lodi, CA 95240 is doing business under the Fictitious Business Name(s) "Trinity Ceramic Coating & Paint Correction" 9624 Kiefer Boulevard, Unit 2, Sacramento, CA 95827. Filed with the Clerk of Sacramento County March 14, 2023
Publish: April 7, 14, 21 & 28, 2023
TRINITY 4-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02381
Julius Ebanuculla, 9030 Weeping Fig Way, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "A & J Real Estate Photo Video," 9030 Weeping Fig Way, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County March 29, 2023
Publish: April 7, 14, 21 & 28, 2023
A&J 4-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01834
Sviatlana Viazdenichava, 5929 Rampart Drive 5, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "SV Studio," 5929 Rampart Drive 5, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 14, 2023
Publish: April 7, 14, 21 & 28, 2023
SV 4-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02395
Lart Group, Inc., 6717 Auburn Boulevard, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "CG Photography," 6717 Auburn Boulevard, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County March 29, 2023
Publish: April 7, 14, 21 & 28, 2023
CG 4-28-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01657
Harpreet Singh Atwal, 8630 Amesbury Court, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Two Rivers" 8630 Amesbury Court, Sacramento, CA 95828. Filed with the Clerk of Sacramento County March 7, 2023
Publish: April 14, 21, 28, May 5, 2023
TWO 5-5-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02241
AGNS LLC, 1126 Azusa Street, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "PS121 Trucking" 1126 Azusa Street, Sacramento, CA 95833. Filed with the Clerk of Sacramento County March 24, 2023
Publish: April 14, 21, 28, May 5, 2023
PS121 5-5-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01898
Kyle Pries and Svetlana Fomichev, 4756 Solano Way, Fair Oaks, CA 95628 are doing business under the Fictitious Business Name(s) "Hutz" 4756 Solano Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County March 15, 2023
Publish: April 14, 21, 28, May 5, 2023
HUTZ 5-5-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02355
Iraj Keshavarz, 138 Oak Rock Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Broadway Smog" 2401 Broadway, Sacramento, CA 95818. Filed with the Clerk of Sacramento County March 28, 2023
Publish: April 14, 21, 28, May 5, 2023
BROADWAY 5-5-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02265
Viktoria A Dalton, 6126 Sylvester Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Botox & Beyond Aesthetics" 4150 Manzanita Avenue, #100A, Room4, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 27, 2023
Publish: April 14, 21, 28, May 5, 2023
BOTOX 5-5-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02386
Ascent Wealth Separation LLC, 401 Ryland Street, Suite 200-A, Reno, NV 89502 is doing business under the Fictitious Business Name(s) "Junk Shot of Sacramento North, CA / Doorstep Details Of Sacramento North, CA" 2568 Buzz Aldrin Way, Sacramento, CA 95834. Filed with the Clerk of Sacramento County March 29, 2023
Publish: April 14, 21, 28, May 5, 2023
JUNK 5-5-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02573
Jeaneen Gay Avery, 4912 Summit View Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Creations By Jeaneen" 4912 Summit View Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County April 5, 2023
Publish: April 14, 21, 28, May 5, 2023
CREATIONS 5-5-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02406
Sheila Mary Brawm, 4401 Rio Tinto Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Cal West Real Estate" 4401 Rio Tinto Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County March 30, 2023
Publish: April 14, 21, 28, May 5, 2023
CAL 5-5-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01807
Quiana M Pendleton, 818 25th Street #111, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "QMP Consulting" 2732 Marconi Avenue, #H, Sacramento, CA 95821. Filed with the Clerk of Sacramento County March 13, 2023
Publish: April 14, 21, 28, May 5, 2023
QMP 5-5-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02503
Kathleen Prevost, 10730 Coloma Road, #20, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "KFlora Designs / Kathleen's Floral Designs" 10730 Coloma Road, #20, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County April 3, 2023
Publish: April 14, 21, 28, May 5, 2023
KFLORA 5-5-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01035
Bryan Yabut, 9624 Emerald Park Drive, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "J & B Vending Machine" 9146 E Stockton Boulevard, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County February 10, 2023
Publish: April 14, 21, 28, May 5, 2023
J&B 5-5-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02474
Mohammad Dawod Azizi, 5600 Marconi Avenue, #215, Carmichael, CA 95608 and Jafar Rahimi, 3831 Marconi Avenue, #93, Sacramento, CA 95821 are doing business under the Fictitious Business Name(s) "Parwan General Minor Auto Repair" 6836 26th Street, #26, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County April 3, 2023
Publish: April 14, 21, 28, May 5, 2023
PARWAN 5-5-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01817
Sharifa Barker, 4055 Cuny Avenue, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Digg's Mobile Notary" 901 H Street, Suite 120, Sacramento, CA 95814. Filed with the Clerk of Sacramento County March 13, 2023
Publish: April 21, 28, May 5, 12, 2023
DIGGS 5-12-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02510
Jesus Rios Courier LLC, 551 Ashwick Loop, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "A-1 Rapid Live Scan and Mobile Fingerprinting" 6837 Fair Oaks Boulevard, #6, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 4, 2023
Publish: April 21, 28, May 5, 12, 2023
A-1 5-12-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01969
Cotton Club Sacramento, 2331 J Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "The Cotton Club" 2331 J Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County March 17, 2023
Publish: April 21, 28, May 5, 12, 2023
COTTON 5-12-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02476
Avnik K Chand, 3 Cismont Court, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Fijiking Graphics" 3 Cismont Court, Sacramento, CA 95823. Filed with the Clerk of Sacramento County April 3, 2023
Publish: April 21, 28, May 5, 12, 2023
FIJIKING 5-12-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02283
Anton Alekseyenko, 4433 Gene Avenue, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "LoveVenture Films" 4433 Gene Avenue, Sacramento, CA 95838. Filed with the Clerk of Sacramento County March 27, 2023
Publish: April 21, 28, May 5, 12, 2023
LOVE 5-12-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02720
Roman Kovalov, 5528 Auburn Boulevard, Suite 1, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "KVL" 5528 Auburn Boulevard, Suite 1, Sacramento, CA 95841. Filed with the Clerk of Sacramento County April 11, 2023
Publish: April 21, 28, May 5, 12, 2023
KVL 5-12-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02157
All Seasons All Reasons, 2135 Dale Avenue, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Elkhorn Bait & Tackle," 6745 20th Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County April 12, 2023
Publish: April 21, 28, May 5, 12, 2023
ELKHORN 5-12-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02811
Dai Q. Bui, 8804 Liscarney Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "DST Windows" 8804 Liscarney Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County April 12, 2023
Publish: April 21, 28, May 5, 12, 2023
DST 5-12-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02652
College Oak Road Solutions, LLC, 4125 Winters Street, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "College Oak Towing / COT Transportation / College Oak Road Solutions" 4125 Winters Street, Sacramento, CA 95838. Filed with the Clerk of Sacramento County April 7, 2023
Publish: April 21, 28, May 5, 12, 2023
COLLEGE 5-12-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02477
Maureen A Paley, 4036 42nd Street, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Leveling Up" 4036 42nd Street, Sacramento, CA 95820. Filed with the Clerk of Sacramento County April 3, 2023
Publish: April 21, 28, May 5, 12, 2023
LEVELING 5-12-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02482
Christopher James Mejdrieh, 6056 Dublin Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "PC House Calls" 6056 Dublin Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County April 3, 2023
Publish: April 21, 28, May 5, 12, 2023
PC 5-12-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02784
Jourdan A Moore, 7921 Kingswood Drive, A4-G, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Kingz Cuts" 7921 Kingswood Drive, A4-G, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County April 12, 2023
Publish: April 21, 28, May 5, 12, 2023
KINGZ 5-12-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02682
Samantha Yuen, 6336 Port Gibson Court, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "sayukips" 6336 Port Gibson Court, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County April 10, 2023
Publish: April 21, 28, May 5, 12, 2023
SAY 5-12-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02813
Earnest Leroy Adair, 7806 Galena Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Ernie's Excavating & Engineering / EEE Trucking" 7806 Galena Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County April 13, 2023
Publish: April 21, 28, May 5, 12, 2023
ERNIE'S 5-12-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02764
Robert Martinez, 1254 Jacob Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "The Porter Building" 3126 O Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County April 11, 2023
Publish: April 21, 28, May 5, 12, 2023
PORTER 5-12-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01398
Salvador Frank Romo, 5101 Whitney Avenue, Carmichael,

CA 95608 is doing business under the Fictitious Business Name(s) "Frank's Carpentry" 5101 Whitney Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 28, 2023
Publish: April 21, 28, May 5, 12, 2023
FRANKS 5-12-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02555
Rebecca Love LCSW Inc., 7940 California Avenue, Suite 11, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "The Way Through Mediation Services" 7940 California Avenue, Suite 11, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County April 5, 2023
Publish: April 21, 28, May 5, 12, 2023
WAY 5-12-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02498
Tifford Enterprises LLC, 6601 Carrwood Street, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Japan Auto Care / Japan Auto Care of Orangevale" 9280 Greenback Lane, Orangevale, CA 95662. Filed with the Clerk of Sacramento County April 3, 2023
Publish: April 21, 28, May 5, 12, 2023
JAPAN 5-12-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02789
Elkhorn Bait and Tackle, LLC, 6745 20th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Elkhorn Bait & Tackle," 6745 20th Street, Rio Linda, CA 9

Celebrate the Season at the Old Sacramento Spring Festival

T-Rock Communications News Release

SACRAMENTO, CA (MPG) - Come one, come all! The Sacramento History Museum invites the community to celebrate the season during a fun, free and family-friendly Old Sacramento Spring Festival happening on Sunday, April 30. The 2nd annual festival takes place from 11 a.m. to 3 p.m. on the 1849 Scene – the sycamore-shaded lawn just across from the Sacramento History Museum

and California State Railroad Museum – at the Old Sacramento Waterfront.

A collaboration of the Sacramento History Museum, Sacramento Living History, and the Sacramento Country Dance Society, the 2nd Annual Old Sacramento Spring Festival is highlighted by hourly dances around a 15-foot maypole – complete with a crown and ribbons – as well as traditional country dances to live music performed by the six-member Quite Carried Away band.

Over time and throughout centuries, similar spring celebrations and traditions cross various cultures. In Sacramento, “City of Festivals” spring celebrations date back to 1885 when the “Grand Festival of Flowers” honored philanthropist and art museum founder Margaret Crocker. The upcoming Old Sacramento Spring Festival draws from that tradition, as well as Camellia Festivals that celebrated Sacramento’s now 160-year association with its official flower.

In addition to dancing, festival

attendees can also enjoy demonstrations by the Sacramento County Dance Society, hands-on arts-and-crafts stations, hobby-horse races, gold panning, lawn games such as cornhole and giant Jenga, and more.

For more information about the Old Sacramento Spring Festival, the Sacramento History Museum or Sacramento Living History, please visit www.sachistorymuseum.org.

The Sacramento History Museum is supported by the

Sacramento History Alliance, a nonprofit 501(c)3 organization that also manages the Sacramento Visitors Center, Old Sacramento Underground Tours, Gold Fever! Games, Anytime Tours, and Living History Programs, and works collaboratively with the City of Sacramento to support the Center for Sacramento History. For more information about the Sacramento History Museum and Sacramento History Alliance, please visit www.sachistorymuseum.org. ★

LEGAL ADVERTISING
Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

ORDER TO SHOW CAUSE – CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2023-00336569

Raymell Williams has filed a petition with this court for a decree changing the name(s) of Raymell Williams to Raymell Johnson III.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 5, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: March 21, 2023
 Richard K. Sueyoshi, Judge of the Superior Court
 Publish: March 31, April 7, 14 & 21, 2023
 RAYMELL 4-21-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2023-00335953

Roxy Darian Stuhr has filed a petition with this court for a decree changing the name(s) of Roxy Darian Stuhr to Roxy Darian Solano.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 24, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: March 10, 2023
 Christopher E. Krueger, Judge of the Superior Court
 Publish: April 7, 14, 21 & 28, 2023
 ROXY 4-28-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2023-00333983

Ahmad Khaled Abdullah and Basira Abdullah have filed a petition with this court for a decree changing the name(s) of Abdullah Abdullah to Harris Abdullah.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 11, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: February 2, 2023
 Richard K. Sueyoshi, Judge of the Superior Court
 Publish: April 7, 14, 21 & 28, 2023
 AHMAD 4-28-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2023-00337306

Ruby Celly Uribe has filed a petition with this court for a decree changing the name(s) of Rayleen Cailly Romo-Uribe to Rayleen Cailly Uribe.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 20, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: April 4, 2023
 Christopher E. Krueger, Judge of the Superior Court
 Publish: April 14, 21, 28, May 5, 2023
 RUBY 5-5-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2023-00337258

Aaron Kenneth Guglielmelli has filed a petition with this court for a decree changing the name(s) of Aaron Kenneth Guglielmelli to Aaron James Guglielmelli.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 20, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: April 10, 2023
 Christopher E. Krueger, Judge of the Superior Court
 Publish: April 21, 28, May 5, 12, 2023
 CYNTHIA 5-12-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2023-00337626

Cynthia Lee Cowin has filed a petition with this court for a decree changing the name(s) of Cynthia Lee Cowin to Cindy Lee Cowin.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 22, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: April 10, 2023
 Christopher E. Krueger, Judge of the Superior Court
 Publish: April 14, 21, 28, May 5, 2023
 RUBY 5-5-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2023-00337258

Aaron Kenneth Guglielmelli has filed a petition with this court for a decree changing the name(s) of Aaron Kenneth Guglielmelli to Aaron James Guglielmelli.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 20, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: April 10, 2023
 Christopher E. Krueger, Judge of the Superior Court
 Publish: April 14, 21, 28, May 5, 2023
 RUBY 5-5-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2023-00337677

Manuel Alvarado Sanz and Lupita Sanz de Alvarado have filed a petition with this court for a decree changing the name(s) of Manuel Gael Alvarado Sanz to Manuel Alvarado and Lupita Sanz de Alvarado to Lupita Alvarado Sanz.

Name should not be granted.
 Dated: April 4, 2023
 Christopher E. Krueger, Judge of the Superior Court
 Publish: April 14, 21, 28, May 5, 2023
 AARON 5-5-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2023-00337396

Noor Mustafa Hassan Alam Al-Masri Dythavon has filed a petition with this court for a decree changing the name(s) of Noor Mustafa Hassan Alam Al-Masri Dythavon to Noor Almasri Dythavon.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 20, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: April 5, 2023
 Christopher E. Krueger, Judge of the Superior Court
 Publish: April 21, 28, May 5, 12, 2023
 NOOR 5-12-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2023-00337270

Frederick Taylor-Hochberg has filed a petition with this court for a decree changing the name(s) of Frederick Taylor-Hochberg to Frederick Taylor Hochberg.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 15, 2023, at 9:00 a.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: April 3, 2023
 Christopher E. Krueger, Judge of the Superior Court
 Publish: April 21, 28, May 5, 12, 2023
 FREDERICK 5-12-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2023-00334923

Hailey Avery Wyley has filed a petition with this court for a decree changing the name(s) of Hailey Avery Wyley to Hailey Avery Lobo.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 1, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: February 17, 2023
 Richard K. Sueyoshi, Judge of the Superior Court
 Publish: April 21, 28, May 5, 12, 2023
 HAILEY 5-12-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2023-00337598

Charles Edward Umana has filed a petition with this court for a decree changing the name(s) of Charles Edward Umana to Carlos Eduardo Umana.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 22, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: April 7, 2023
 Christopher E. Krueger, Judge of the Superior Court
 Publish: April 21, 28, May 5, 12, 2023
 CHARLES 5-12-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2023-00337626

Cynthia Lee Cowin has filed a petition with this court for a decree changing the name(s) of Cynthia Lee Cowin to Cindy Lee Cowin.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 22, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: April 10, 2023
 Christopher E. Krueger, Judge of the Superior Court
 Publish: April 21, 28, May 5, 12, 2023
 CYNTHIA 5-12-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2023-00337677

Manuel Alvarado Sanz and Lupita Sanz de Alvarado have filed a petition with this court for a decree changing the name(s) of Manuel Gael Alvarado Sanz to Manuel Alvarado and Lupita Sanz de Alvarado to Lupita Alvarado Sanz.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 20, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: April 10, 2023
 Christopher E. Krueger, Judge of the Superior Court
 Publish: April 14, 21, 28, May 5, 2023
 RUBY 5-5-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2023-00337258

Aaron Kenneth Guglielmelli has filed a petition with this court for a decree changing the name(s) of Aaron Kenneth Guglielmelli to Aaron James Guglielmelli.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 20, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: April 10, 2023
 Christopher E. Krueger, Judge of the Superior Court
 Publish: April 14, 21, 28, May 5, 2023
 RUBY 5-5-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2023-00337677

Manuel Alvarado Sanz and Lupita Sanz de Alvarado have filed a petition with this court for a decree changing the name(s) of Manuel Gael Alvarado Sanz to Manuel Alvarado and Lupita Sanz de Alvarado to Lupita Alvarado Sanz.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 27, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: April 11, 2023
 Richard K. Sueyoshi, Judge of the Superior Court
 Publish: April 21, 28, May 5, 12, 2023
 MANUEL 5-12-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2023-00337567

Keyoni Toussaint Fredrick Lee Buitrago Jr. has filed a petition with this court for a decree changing the name(s) of Keyoni Toussaint Fredrick Lee Buitrago Jr. to Keyoni William Robison.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 26, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: April 7, 2023
 Richard K. Sueyoshi, Judge of the Superior Court
 Publish: April 21, 28, May 5, 12, 2023
 KEYONI 5-12-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2023-00335087

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Seann Garrett Manering.

A Petition for Probate has been filed by Peggy F. Henry, in the Superior Court of California, County of Sacramento, requesting Peggy F. Henry be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows July 20, 2023, 9:00 a.m. in Dept 129, Room 214; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within

the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Attorney for Petitioner is: Robert M. Logan, 404 Natoma Street, Folsom, CA 95630; 916-351-0197
 Publish: April 7, 14 & 21, 2023
 CORONEL 4-21-23

NOTICE OF PETITION TO ADMINISTER ESTATE OF SEANN GARRETT MANERING CASE NO. 34-2023-00335087

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Seann Garrett Manering.

A Petition for Probate has been filed by Elisia Ann McClure, in the Superior Court of California, County of Sacramento, requesting Elisia Ann McClure be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows July 26, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within

the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Attorney for Petitioner is: Robert M. Logan, 404 Natoma Street, Folsom, CA 95630; 916-351-0197
 Publish: April 14, 21, 28, 2023
 WISDOM 4-28-23

NOTICE OF PETITION TO ADMINISTER ESTATE OF DALE RONALD WISDOM CASE NO. 34-2022-00326099

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Dale Ronald Wisdom, Dale R. Wisdom.

A Petition for Probate has been filed by Marie Baldwin, in the Superior Court of California, County of Sacramento, requesting Marie Baldwin be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

A hearing on the petition will be held in this court as follows May 18, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 27, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: April 11, 2023
 Richard K. Sueyoshi, Judge of the Superior Court
 Publish: April 21, 28, May 5, 12, 2023
 MANUEL 5-12-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2023-00337567

Keyoni Toussaint Fredrick Lee Buitrago Jr. has filed a petition with this court for a decree changing the name(s) of Keyoni Toussaint Fredrick Lee Buitrago Jr. to Keyoni William Robison.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 26, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: April 7, 2023
 Richard K. Sueyoshi, Judge of the Superior Court
 Publish: April 21, 28, May 5, 12, 2023
 KEYONI 5-12-23

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2023-00335087

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Seann Garrett Manering.

A Petition for Probate has been filed by Peggy F. Henry, in the Superior Court of California, County of Sacramento, requesting Peggy F. Henry be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows July 20, 2023, 9:00 a.m. in Dept 129, Room 214; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within

the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Attorney for Petitioner is: Robert M. Logan, 404 Natoma Street, Folsom, CA 95630; 916-351-0197
 Publish: April 14, 21, 28, 2023
 WISDOM 4-28-23

NOTICE OF PETITION TO ADMINISTER ESTATE OF DALE RONALD WISDOM CASE NO. 34-2022-00326099

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Dale Ronald Wisdom, Dale R. Wisdom.

A Petition for Probate has been filed by Marie Baldwin, in the Superior Court of California, County of Sacramento, requesting Marie Baldwin be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

A hearing on the petition will be held in this court as follows May 18, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within

the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Attorney for Petitioner is: Robert M. Logan, 404 Natoma Street, Folsom, CA 95630; 916-351-0197
 Publish: April 14, 21, 28, 2023
 WISDOM 4-28-23

NOTICE OF PETITION TO ADMINISTER ESTATE OF DALE RONALD WISDOM CASE NO. 34-2022-00326099

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Dale Ronald Wisdom, Dale R. Wisdom.

A Petition for Probate has been filed by Marie Baldwin, in the Superior Court of California, County of Sacramento, requesting Marie Baldwin be appointed as personal representative(s)



With Mary Jane Popp

Rock Your Midlife

Have you kept your New Year's resolutions or have they gone by the wayside by now? Let's go for some real solutions, and do away with that doom and gloom with Dr. Ellen Albertson, a psychologist, registered Dietitian, Nutritionist, and Board-Certified Health and Wellness Coach. She shared some great ideas on my POPPOFF Radio Show from her book "Rock Your Midlife." She's written for "Self," "Better homes and Garden," and "Good Housekeeping." Now it's time for the REAL story!

1. KNOW YOURSELF. Rocking your midlife starts with becoming authentic. When you know yourself, you trust yourself and can say yes from the bottom of your heart and the top of your soul to the life you are creating. Begin by discovering your strengths (yes, you've got those), weaknesses (yes, you have those too, we all do), passions, desires, and dreams too. Stay curious.

2. LOVE YOURSELF. Partners, parents, children, friends will come and go, but you'll spend on average about thirty thousand days with yourself. Unfortunately, we're often nicer to others than ourselves. Flip the script to treat yourself like a good friend by practicing self-compassion...the "how-to" of self-love.

3. ENERGIZE YOURSELF. Riding the waves of menopause and midlife can leave you dizzy and exhausted. You can change daily habits and behaviors to feel more energized. Examine your lifestyle and ask: what changes would feel more expansive? Move more and sit less? Prioritize your sleep? Scheduling self-care? Eat more produce and less junk? Start meditation, breath work, or yoga practice? Then set SMART goals.

4. REPROGRAM YOUR BRAIN. Due to neuroplasticity, you can change

brain structure and chemistry. Here are five strategies. 1) Unplug. 2) Enjoy brain-boosting activities like reading, listening to music, or doing puzzles. 3) Exercise. 4) Be mindful. 5) Declutter mentally to reduce stress and overwhelm and enhance focus.

5. ENPOWER YOURSELF. The Oxford Dictionary defines empowerment as "authority or power given to someone to do something" and "the process of becoming stronger and more confident, especially in controlling one's life and claiming one's rights." Nourish your empowerment muscles by facing your fears and doing what's challenging. As a result, you feel more confident and in control.

6. REHAB YOUR RELATIONSHIPS. As you show up authentically, love yourself, and bust out focused, energized and empowered, not everyone will like the new you. Revisit Step 2 and follow this three-part Relationship Rehab Process: 1) Check out your good girl, 2) Set healthy boundaries, and 3) Communicate powerfully so you can use rather than lose your voice.

7. ENLIGHTEN YOURSELF. Jesuit priest, Pierre Teiland de Chardin said, "We are not human beings having a spiritual experience, we are spiritual beings having a human experience." Wherever you're at in your relationship with God or Spirit, let that statement infuse your self-concept. You don't have to strive to be perfect or spiritual! You already are a spiritual being!

You can check out more good advice from **Dr. Ellen Albertson** at www.midlifewhisperer.com. So ditch those resolutions and start rocking your midlife and let joy be your guide. ★

HAPPY LIVING!!!

Carmichael Attorney Sentenced for Filing False Tax Returns

By Thomas J. Sullivan

SACRAMENTO REGION, CA (MPG) - Scott Norris Johnson, 61, of Carmichael, an attorney known throughout Northern California for suing under the Americans with Disabilities Act (ADA) has been sentenced in federal court to 18 months of home detention after having pleaded guilty to filing false tax returns. Johnson was also ordered to pay \$250,000 in restitution and a \$50,000 fine.

The plea before U.S. District Judge John A. Mendez in Sacramento federal court closes the books on a three-count tax indictment against Johnson from 2019, when he was still operating at the height of his time visiting businesses and suing over alleged violations of the Americans with Disabilities Act.

Johnson's attorney, Malcolm Segal, said his client's plea agreement involves a dispute over tax returns, not any charge involving his serial ADA lawsuits. Neither Johnson nor Segal responded to a request for comment.

Johnson, a quadriplegic who uses a motorized wheelchair, is well known in the Northern California business community for suing retailers for alleged violations of the federal disability-access law. His complaint letters frequently arrive in flurries at numerous businesses in a single town or neighborhood, leaving owners to settle or risk likely higher costs of litigating his allegations.

As of 2020, Johnson had filed approximately 4,000 suits, according to documents filed with the United States District Court for the Eastern District of California. The majority of those lawsuits were settled.

Under the ADA, someone suing for violations, particularly if the suit is settled, gets at least a portion of that settlement. Yet according to the plea agreement, from 2012 through 2014, Johnson did not declare some of that income to the IRS.

During those years, Johnson received settlements anywhere from \$93,000 to more than \$1 million. As such, he owed more than \$250,000 to the federal government.

Johnson will have a year of supervised release, according to a previously announced plea agreement. While on probation, he won't be able to apply to be reinstated to the California Bar. During the period of home confinement, Johnson won't be able to file ADA lawsuits in federal or state courts.

News of Johnson's recent sentence came as no surprise to Carmichael attorney Catherine Corfee of the Corfee Stone Law Corp. (Corfee Stone) which has for years been actively cautioning local businesses in Fair Oaks and Sacramento

County to be pro-active and responsive to potential ADA lawsuits which may be filed against them.

"His (Johnson's) sentence is just a slap on the wrist," she said. "This may take Johnson out of circulation for a while, and I suspect he'll be back."

In her observation, the number of ADA compliance cases filed in both federal and state court has been increasing each year, she said.

Johnson and his corporation, Disabled Access Prevents Injuries Inc., filed approximately 4,000 lawsuits in California's Eastern and Northern district courts under the ADA and related California laws between 2003 and April 2020, according to the U.S. Attorney's Office.

Signed into law in July 1990 by President George H.W. Bush, the Americans with Disability Act (ADA) aims to make buildings and transportation accessible for those with disabilities and to protect them from discrimination in employment. Store owners and restaurants can often face a fine of \$4,000 for each individual ADA violation.

In her blog, Corfee outlines active steps which local business owners and restaurants should be taking to protect themselves against serial ADA filings.

Corfee, a graduate of UC Berkeley and the McGeorge School of Law, has been in professional legal practice since 1991. She has practiced ADA and California disability access law since 1985 and has published case law on the subject. She also worked for two prior United States Magistrate judges in the Eastern District Court of California.

Many ADA cases can become a "game" for attorney's fees as the disabled person's attorney tries to protract litigation to earn more money in fees to later reclaim such in a settlement, a motion, and/or at trial.

Corfee said she recommends business owners retain the services of an ADA compliance expert, such as a Certified Access Specialist (CASP), to physically inspect their business or commercial facility to provide specific access recommendations.

"We can also prepare for our business clients ADA policy and procedural manuals, much like an employee handbook," she said.

Visit the Corfee Stone Law Corp. on the web at: corfeestonelaw.com

Local business owners with specific questions regarding the Americans with Disability Act (ADA) or compliance with law can call Catherine Corfee directly at (916) 487-5441, or by cell phone at (916) 812-7322 between 10 a.m. and 5 p.m. to schedule a minimum one-hour business consultation. She is also available by email at corfee.catherine@gmail.com or corfee.assistant@gmail.com. ★

Record Snowfall to Bring High, Fast Rivers and Streams



Record snowfall anticipated to bring high, fast rivers and streams this spring. State parks, Dept. of Water Resources and Cal Fire urge the public to take extra precautions as snowmelt increases. Image courtesy of Curt Squires from Pixabay

Continued from page 1

All three departments hope to educate not only regular water enthusiasts but occasional visitors to high, fast-running waterways who may venture near the edge to test the water or take selfies. Just one slip or unwatched child can become a devastating drowning statistic.

Here are some key safety points to know before heading outdoors:

Plan Ahead

Prior to leaving home, check the status of the park unit you want to visit to find out what restrictions and guidelines are in place. Know your GPS coordinates so you can provide your location in case of emergency. Alert someone where you are going and your expected return time. Be sure to let them know when you return safely.

Know the Water

Do not enter cold, fast-running water. It can be dangerous not only to you but also for first responders. Many unseen obstacles can be lurking below the water's surface, this is especially the case with this year's expected high runoff following low water years. Drought-stricken forests and storm-driven landslides have filled rivers with submerged trees and rocks. Swift water can make these obstacles even more treacherous. Sudden immersion in cold water can stimulate the "gasp reflex," causing an involuntary inhalation of air or water and can start the drowning process immediately. It can even trigger cardiac arrest, temporary paralysis,

hypothermia and drowning. Never enter the water to rescue a victim. Throw something that floats and call 9-1-1.

Know your Limits

Swimming in open water is more difficult than in a swimming pool, people tire more quickly and can get into trouble. Never go on the water alone. If available, guided trips for solo or inexperienced floaters or paddlers are recommended.

Know about Life Jackets

Although life jackets are strongly recommended when recreating in or near waterways, this year's expected high runoff in rivers can be dangerous even with the use of life jackets. Conditions change quickly in open water and even the best swimmers can misjudge the water and their skills when boating or swimming. Wearing a properly fitted U.S. Coast Guard-approved life jacket can increase survival time.

Learn more about life jackets at www.BoatCalifornia.com.

Know how to Supervise

Actively supervise children in and around open bodies of water, giving them your undivided attention. Do not assume that someone is watching them. Appoint a designated "water watcher," taking turns with other adults.

Teach children that swimming in open water is not the same as swimming in a pool: they need to be aware of uneven surfaces, river currents, ocean undertow and changing weather. ★

Do You Have an Uncashed Sacramento County Check?

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Currently, the County has more than 7,600 uncashed checks, totaling more than \$3.6 million. How does this happen, and could this be your unclaimed money?

If a Sacramento County-issued check goes six months without being cashed by the rightful payee, the information becomes available in a PDF document on the Unclaimed County Warrants (checks) webpage. The data is also searchable on the County's Open Data portal.

Think you might have an uncashed check with Sacramento County? Here are quick and easy ways to find out:

Search through the Unclaimed Warrant listing PDF document (use the Find feature [Ctrl+F] to search names or other terms in the PDF);

Search through the "County Outstanding Checks" section of the Open Data Portal using either the "filter" cone-shaped icon for specific value sorting or the column headings for alpha/numeric listings to get ascending or descending sorts.

If you find your name or business on the data listing, go to the Unclaimed County Warrants webpage to find out about the

documentation and information needed to validate that you are the rightful payee to receive the funds.

More Unclaimed Monies

The Revenue Recovery Division of the Department of Finance has unclaimed payments that are a result of not having a current address for the recipient. On the Open Data portal, under the Finance category, check out the Revenue Recovery Unclaimed Payments data and search for your name. If you locate a claim due to you, contact Revenue Recovery at (916) 875-7815, and provide the following information:

Claimant's Name, Date of Birth, Address (Current and Previous), Phone Number, Amount of the claim, DRR Account Number, Court Docket Number, Date of Order, Defendant's Name, Proof of Identity (Driver's License or ID Card), Proof of Payment: Copy of check, money order receipt or credit card confirmation number, Information regarding the incident (case information)

Sacramento County makes this data easily available on its websites, Open Data Portal and other measures to ensure the information is accessible and the monies go to the rightful payees. ★

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SacRT Offers Systemwide Free Rides in Celebration of Earth Day



Free SacRT rides in celebration of Earth Day this Saturday, April 22, will include Bus, Light Rail and SacRT GO Paratransit Services. Photo courtesy of SacRT

SacRT News Release

SACRAMENTO, CA (MPG) - The Sacramento Regional Transit District (SacRT) is offering systemwide free rides in celebration of Earth Day on Saturday, April 22, 2023. Free rides are available to travel on all buses (includes Elk Grove Transit), light rail and SacRT GO paratransit services during regular service hours. No flyer is needed to ride free, just board and go.

Fossil-fuel powered transportation is the single biggest source of air pollution in California. Just one light rail train car can take 150 automobiles off the road, and one bus can take 60 cars off the road.

SacRT's light rail vehicles

minimize air pollution, as they are 100% powered by electricity and most buses use compressed natural gas (CNG), which produces fewer pollutants, other vehicles are 100% zero-emission electric battery powered vehicles.

On Earth Day, help clear the air by trying an alternative form of transportation. Leave the car at home and try SacRT for free.

Free Transit Options:

Bus: SacRT operates over 82 bus routes within a 440-square mile service area; **Light Rail:** SacRT operates light rail on 43 miles of track serving 53 light rail stations; **SacRT GO Paratransit Services:** Door-to-door, shared-ride transportation for individuals who are

unable to use the SacRT bus and light rail system either all of the time or some of the time, because of a disabling condition. Riders must be eligible for ADA paratransit service and must apply to use this service. Learn more at sacrtgo.com.

Plan Your Trip: SacRT has 23 free park-and-ride lots for easy access to light rail. To plan your trip on SacRT, visit sacrt.com/planyourtrip or call 916-321-BUSS (2877) to find the best way to get around to region. Visit sacrt.com/schedules for a list of bus and light rail schedules.

Earth Day Events: Visit sacrt.com/earthday for more information on systemwide free rides and Earth Day events. ★

Kings and Kaiser Permanente Present Sabonis with Community Crossover Award

Sacramento Kings News Release

SACRAMENTO, CA (MPG) - On Friday, April 7, 2023, the Sacramento Kings recognized center Domantas Sabonis with the 2023 Community Crossover Award presented by Kaiser Permanente. The award, formerly known as the Oscar Robertson Triple Double Award, is given to a Kings player each year who excels both on and off the court while also making significant contributions to the community.

"I am honored to be the recipient of this year's Community Crossover Award," said Sacramento Kings center Domantas Sabonis. "My family and I love Sacramento and this community and it means a great deal to us to be able to give back and support, especially our youth."

This season, Sabonis and his wife, Shashana, launched the Sabonis Squad, adopting Caroline Wenzel Elementary school and providing support and supplies. As part of the Sacramento Kings 21st Annual Season of Doing Good presented by Raley's, the Sabonis' surprised students from the elementary after-school program and provided food courtesy of Dos Coyotes, coats courtesy of Old Navy and books to read over the holiday break. Students who finished their book were given a chance to win Kings swag and game tickets. In addition, the Sabonis family has provided PE equipment to the school.

To show his appreciation to the Sacramento community and Kings fans, Sabonis surprised individuals at a local barber shop



On Friday, April 7, 2023, Sacramento Kings player Domantas Sabonis was recognized with this year's Community Crossover Award presented by Kaiser Permanente. Photo courtesy of Sacramento Kings

(The 916 Cuts) and a community park (Franklin D. Roosevelt Park) with tickets to a Kings game.

In addition, Sabonis has excelled as a leader on the court, averaging 19.2 points and team-highs of 12.4 rebounds and 7.3 assists per game. Along with leading the Kings, Sabonis is the NBA's league-leader in rebounding, total rebounds (964) and double-doubles (65) while ranking second in triple-doubles (14) and fifth in total assists (568). He has helped guide Sacramento to a postseason berth with a 12.5 win shares rating and 9.5 offensive win shares rating, which both rank second in the NBA.

Sabonis will be presented the award by Sacramento Kings Chief Operating Officer Matina Kolokotronis and General Manager Monte McNair tonight before the Kings take on the Golden State Warriors at Golden 1 Center.

Inaugurated in 2003, prior award winners include some of the most recognizable figures in Kings team history, such as Chris Webber (2003), Vlade Divac (2004), Peja Stojakovic (2005), De'Aaron Fox (2019) in addition to back-to-back honors for Corliss Williamson (2006 and 2007), Garrett Temple (2017 and 2018) and Harrison Barnes (2021 and 2022). ★

Art Show Featuring the Art of Persons Experiencing Homelessness

LSS of Northern California Press Release

SACRAMENTO, CA (MPG) - Carol Roberts, CEO of LSS of Northern California is pleased to announce an Art Show and Celebration on Big Day of Giving.

Featuring the artwork of persons who have recently exited from homelessness, the event will be held at the new LSS of Northern California Sacramento office and parking lot, 2450 Alhambra Blvd, Sacramento, on Thursday, May 4, 2023, from 12:00-6:00pm.

The event features the artistic talent of formerly homeless persons who under LSS programming have the opportunity to express themselves, and their experiences, hopes and dreams through artistic mediums. The exhibit includes oil paintings, watercolors, sculptures, mixed media, photography and more. All art is for sale. This Big Day of Giving celebration will also feature Sacramento

comedians and spoken word performers.

"The art show and celebration are part of our Big Day of Giving activities," explains Roberts. "We wanted to provide the community with something fun and interesting during the all-day Sacramento event, as well as an opportunity for our neighbors to see first-hand what their commitment to the community can do."

"It's also a thank you to the community for partnering with us to serve the most vulnerable in our community," she adds.

There will be raffle drawings throughout the day.

"The event is free, and we invite anyone and everyone to stop by for refreshments and incredible art!" concludes Roberts.

Event Summary: Big Day of Giving Art Show and Celebration, May 4, 2023, 12:00-6:00pm, 2450 Alhambra Blvd (at Broadway) Event is Free. Contact: Jerry Metzker, jmetzker@lssnorcal.org ★

Planting Project to Help Park Canopy

Continued from page 1

they have limited lifespans. Redwoods were meant to shelter each other in groves and absorb moisture from coastal air – not to stand alone and depend on sprinklers. Eucalyptus trees belong in Australia, not here."

Trees planted last week in Carmichael Park were chosen for their chance of survival. "For future generations, they'll mean cooler temperatures, cleaner air and a more beautiful environment," said

Sanborn. "They'll also host birds. Studies have shown that birdsong increases people's happiness."

Sanborn considered last week's volunteer numbers heartwarming. "Carmichael has a caring community," she said. "Through more planting events like this, we hope the area will get back all the trees it lost – and more."

Learn about Carmichael Kiwanis Caring Tree Project at www.kiwanisclubofcarmichael.com ★



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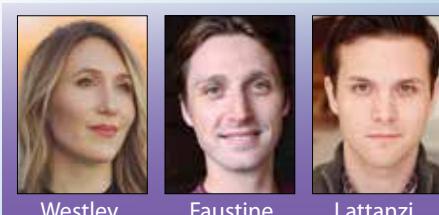
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DAYS AND TIMES:



- Starting November 29th
- Tuesdays and Thursdays from 9:00 a.m. - 12:00 p.m.

LOCATION:

- La Sierra Community Center (5325 Engle Rd)
- Johnson Gymnasium

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- Purchase passes/punch cards at the La Sierra Community Center Recreation Office (5325 Engle Rd, Suite 100)

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How Does Wildfire Smoke Impact Pregnancy and Children?

UC Davis Health Press Release

SACRAMENTO, CA (MPG)

- How does exposure to wildfire smoke affect pregnant people and their developing babies? UC Davis Health researchers hope to answer that question, thanks to a new two-year, \$1.35 million grant from the Environmental Protection Agency.

The study is led by molecular epidemiologist Rebecca J. Schmidt, an associate professor in Public Health Sciences, and Miriam Nuño, a professor in the Division of Biostatistics.

The researchers are gathering birth and health records as well as data about wildfire smoke exposure in California. They'll look for links between pollution from wildfire smoke and low birth weight, developmental delays, and autism.

The team is also partnering with regional organizations to educate underserved communities about the impact of smoke and provide strategies to reduce exposure.

"This is a California study, but the whole country is being exposed to wildfire smoke," explained Schmidt, who is also a faculty member at the UC Davis MIND Institute, the Perinatal Origins of Disparities (POD) Center, and the Environmental Health Sciences Center. "It's important to find out what the real concerns during pregnancy may be, including perhaps at what times during pregnancy we need to have moms be the most careful about their exposure."



How Does Wildfire Smoke Impact Pregnancy and Children? Researchers awarded \$1.35 million EPA grant to study impact of wildfire smoke on pregnancy, health, and development. Image by Saiho from Pixabay.

Schmidt has a history of studying the impacts of wildfire smoke on pregnancy and children. Her previous research involved collecting hair, blood and other samples from pregnant people and newborns. Her findings from that study will complement this new work.

Collecting data on smoke exposure, births, and health

Wildfire seasons are becoming longer and more severe. It is estimated that wildfire smoke is linked to 339,000 premature deaths each year worldwide.

In California, where massive wildfires such as the Camp, Caldor and Dixie fires have affected both urban and rural areas, hundreds of thousands of pregnant people have been

exposed to wildfire smoke. "Studies have shown associations between wildfire smoke and lower birth weight or preterm birth, which are linked to later health outcomes," Schmidt said.

The study has four areas of focus:

Find out which areas of California were exposed to the most wildfire air pollution; Study wildfire smoke exposures before pregnancy and during each trimester of pregnancy; Researchers will look at these in relation to birth weight and gestational age as well as factors like neighborhood and local environment; Explore associations between wildfire smoke exposure and autism and developmental delays;

Work with community partners to share research results and tools to help reduce smoke exposure in vulnerable populations.

"Our first step is to see who has the greatest exposures to these repeated wildfire events," Schmidt explained. "Then we'll look at how that varies by factors such as race, ethnicity, rural versus urban location, poverty level and exposure to other pollutants."

The study will include all people born in California between Jan. 1, 2000, and Dec. 31, 2021, roughly 11 million births. However, when looking at autism and developmental delays, researchers will only include people over 3 years of age by the end of 2021. Autism diagnosis

is typically more reliable after this age.

Researchers will use state birth records, historical air monitor readings and health records from the California Department of Developmental Services.

Empowering vulnerable populations

The study aims to identify vulnerable populations where people are exposed not only to wildfire smoke but also to other pollution and pesticides and have less access to health care.

"Even though we are all exposed to wildfire smoke, we all have different risks," explained Nuño. "If you have can work from home versus having an outdoor job, this is where these differences really manifest."

The researchers are

partnering with the March of Dimes, Empower Yolo and the Knights Landing One Health Center, which provides health care in the rural Central Valley community.

Together, they'll deliver their findings and strategies for reducing exposure to wildfire smoke to underserved communities. This will include providing the materials and training to help people make Corsi-Rosenthal Air Boxes. This is a low-cost filtration system that's been shown to be effective at removing particulates from indoor air. Creator Richard L. Corsi, dean of the UC Davis College of Engineering, is a partner on the project.

"This project will advance solutions to challenges lying at the intersection of climate change and environmental justice, both here in California and in communities around the country," said EPA Pacific Southwest Regional Administrator Martha Guzman. "Advancing scientific research that helps protect public health and the environment is central to EPA's mission and this project will have lasting results for years to come."

Environmental justice is a major focus, notes Nuño, who is also the interim director of the Center for Healthcare Policy and Research.

"Pregnant women are stressed about the impact of wildfires, especially those who are more vulnerable. Justice calls for empowering these women with this information," she said. ★

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