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# Carmichael Times

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MARCH 31, 2023

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## Grant Good News for Nature Center



Wild turkey parade for last week's Bird and Breakfast safari at the Effie Yeaw Nature Center.

**Story and photos by Susan Maxwell Skinner**

**CARMICHAEL, CA (MPG)** - Effie Yeaw Nature Center supporters are not just celebrating recent Bird and Breakfast fundraisers. The Carmichael learning and nature-preserving institution recently received a \$400,000 grant from the State of California.

The center is among 60 recipients of similar sums via the State's Natural Resources Agency Museum program.

The money - among the largest windfalls ever afforded the Carmichael facility - will improve the center's 1000-square-foot museum in Ancil Hoffman



Among avian species preparing for spring babies, a nuthatch builds a nest in an oak tree niche.

Park. Featuring wild-life, habitat and Native American displays, it is viewed by almost 60,000 visitors per year. Together with a 100-acre preserve, the center is a valued education and recreation

resource for Sacramento County.

"We are very excited here," says Nature Center Executive Director Kent Anderson. "We applied for the museum grant last year and we've been holding our breath for months. There was loads of clapping and cheering when we heard the news - this will real make a difference for us."

The sum will allow long-envisioned upgrades specific to museum and learning needs. These include: a lobby face lift; better access for handicapped visitors; state-of-the-art signage and touch-screens; translations for non-English speakers;

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## New No-Cost Community Cat Clinic Saves Lives



Bring in a community cat! Bradshaw Animal Shelter offers various services for community cats residing in Sacramento County. Photo courtesy of Sacramento County

**Sacramento County News Release**

**SACRAMENTO COUNTY, CA (MPG)** - Sacramento County's Bradshaw Animal Shelter launched a new no-cost community cat program in partnership with Community Spay/Neuter Clinic on Feb. 1, 2023.

The program offers free spay/neuter surgeries, ear tipping, rabies and FVRCP vaccines, flea treatment, wound care, and minor treatment of conditions such as tapeworms for community cats residing in Sacramento County. The services are sponsored by Bradshaw Animal Shelter.

So far, the program has been an enormous success. In February, 129 community cats were altered through the program: a 139% increase from February 2022, when only 54 community cats were able to be altered. Spring is already looking even busier: 210 community cats already have appointments booked for March.

"We are very excited that we are able to partner with Community Spay/Neuter Clinic to offer this program to the community," said Annette Bedsworth, Director of Bradshaw Animal Shelter. "We hope that this program will significantly reduce unwanted litters in Sacramento County and provide the essential care that our community cats need."

Sacramento County residents can make appointments for cats directly through Spay/Neuter Clinic by calling (916) 386-7314 from 9 a.m. - 3 p.m. Monday through Thursday. Appointments are first come, first served. Drop-off and pick-up are done on the day of the appointment at the clinic. The clinic is located at 3839 Bradshaw Rd. in Sacramento, to the left of the shelter's main doors.

To learn more about the program, the public can visit Bradshaw Animal Shelter's website. ★

## Too Much Too Soon

*Storm water in California reservoirs create paradox*

**By Alastair Bland, CALMatters.org**

Two winters' worth of snow has already fallen in the Sierra Nevada since Christmas, pulling California from the depths of extreme drought into one of its wettest winters in memory.

But as a series of tropical storms slams the state, that bounty has become a flood risk as warm rains fall on the state's record snowpack, causing rapid melting and jeopardizing Central Valley towns still soggy from January's deluges.

The expected surge of mountain runoff forced state officials on Wednesday to open the "floodgates" of Lake Oroville and other large reservoirs that store water for millions of Southern Californians and Central Valley farms. Releasing the water will make room for the storm's water and melted snow, prevent the



Snow melted into the South Fork of the American River in the Sierra Nevada on March 3, 2023. Photo by Fred Greaves, California Department of Water Resources.

reservoirs from flooding local communities - and send more water downstream, into San Francisco Bay. The increased flows in the Sacramento-San Joaquin Delta could help endangered salmon migrate to the ocean.

So what's the downside?

These same storms are prematurely melting a deep and valuable snowpack that ideally would last later into the spring and summer, when farmers and cities need water the most.

The storms have created a tricky situation for officials who manage state

and federal reservoirs in California, since they have to juggle the risk of flooding Central Valley communities with the risk of letting too much water go from reservoirs. They must strike a balance between holding as much

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# Too Much Too Soon

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water in storage, as long as they can, while maintaining room in reservoirs for more water later in the season.

“Water management in California is complicated, and it’s made even more complex during these challenging climate conditions where we see swings between very, very dry, very, very wet, back to dry. We’re now back into wet,” said Karla Nemeth, director of the Department of Water Resources.

To make room for more water, state and federal officials who manage California’s major dams and reservoirs are releasing water. Some will flow into the ocean — which aggravates many water managers, Central Valley legislators and growers, who often say freshwater that reaches the bay or ocean is wasted. However, efforts are underway to divert much of the released water into depleted groundwater storage basins.

The Department of Water Resources increased outflow of water from Oroville from about 1,000 cubic feet per second to 3,500 cubic feet per second. Total releases could be as high as 15,000 cubic feet per second, according to Ted Craddock, deputy director of the State Water Project.

Oroville is now more than 75% full, containing 2.7 million acre-feet of water — up from less than one million in the beginning of December. In spite of releases, the reservoir’s level will keep rising. Craddock said inflow in the next five days could hit 70,000 cubic feet per second. That’s about half

a million gallons of water per second.

In 2017 Oroville’s levels reached so high that the overflow water damaged its spillway. An emergency spillway had to be used, eroding a hillside and triggering evacuation of about 200,000 people in nearby communities.

Earlier this winter, freezing elevations hovered as low as 3,000 feet, meaning precipitation above that fell as snow.

Freezing levels have risen to as high as 7,000 feet in the southern and central Sierra Nevada, where the bulk of the snowpack has accumulated. A National Weather Service forecast shows freezing elevations even higher, at 9,000 feet, and warned that “snow will melt easily below 5,000 feet,” since it is already approaching the melting point of 32 degrees Fahrenheit.

State officials say the premature snowmelt from this storm likely won’t have much effect on supplies this spring and summer.

“This winter, there has been an accumulation of snow at lower to mid-level elevations, which will experience melt during this storm and will generate runoff into foothill and valley communities,” said David Rizzardo, manager of the state water agency’s hydrology section.

“However, at higher elevations, where the vast majority of the snowpack is, we will not experience significant melt. Even with higher snow levels above 8,000 feet in these storms, we still anticipate seeing additional snow accumulation at the higher elevations that will add to our snowpack totals, especially in the Southern Sierra.” ★

# Golden 1 Center and Partners Seek to Improve Access to Sacramento Events

**Disability Rights Advocates Press Release**

**SACRAMENTO, CA (MPG)** - As Sacramento’s Golden 1 Center welcomes increasing numbers of visitors back to the stadium to enjoy Kings games, concerts, and other events, community members who are blind or have low vision will notice improvements to the stadium’s online ticket purchase platform. These improvements are thanks to collaboration between the Golden 1 Center, non-profit law firm Disability Rights Advocates (DRA), the ACB Capital Chapter of the California Council of the Blind (CCB), and other community members.

DRA reached out to the Golden 1 Center on behalf of the ACB Capital Chapter, Kings season ticket holder Leslie Thom, and community member Margie Donovan to notify the stadium of difficulties that individuals who are blind had experienced attempting to purchase tickets using the Golden 1 Center’s online ticket purchase platform. Due to programming barriers, the ticket purchasing website was incompatible with the software that many customers who are blind use to navigate and interact with websites, called screen readers. Because this online platform is the only way to purchase tickets without going to the box office in person, it is important that the process be accessible for individuals who are blind or have low vision.

When notified, Golden 1 Center got to work to fix the problems by hiring a web access consultant to assess not only the ticket purchase platform, but the entire Kings and Golden 1 Center websites. They also worked with vendors to implement the recommended

modifications. These improvements follow the Golden 1 Center’s recent addition of audio description services for eventgoers who are blind or have low vision so that they can enjoy all aspects of performances at the arena.

“To my knowledge, Golden 1 Center is the first arena with audio description and a fully accessible ticket purchasing system. Being fully accessible to people who are blind or visually impaired is something Golden 1 Center can be proud of,” said Capital Chapter member Margie Donovan.

“It is always great when businesses invest in a relationship with local advocates,” said Meredith Weaver, a senior staff attorney at DRA. “The Golden 1 Center has done just that with the Capital Chapter, and we are encouraged by the company’s recognition that increasing access is good for the community and good for business.”

During the Kings’ February 23 home game against the Portland Trailblazers, Golden 1 Center and the Kings highlighted their dedication to the blind community in Sacramento by featuring DRA and CCB at the arena’s Do Good Corner, which provided the opportunity to spotlight Golden 1 Center’s commitment, share the importance of accessible technology, and connect individually with interested fans.

If you experience barriers to accessing the Golden 1 Center’s website or ticket purchase platform via screen reader, please reach out to Golden 1 Center directly at 888-91-KINGS. To request audio description for an event, contact 1-888-91-KINGS (1-888-915-4647) or email ADAServices@kings.com at least two weeks in advance of the scheduled event or as soon as possible. ★

# Investigation Underway in Sikh Temple Shooting

**Sacramento Sheriff’s Dept. News Release**

**SACRAMENTO COUNTY, CA (MPG)** - On Sunday, March 26, 2023, Gurdwara Sahib (a Sikh temple), located at 7676 Bradshaw Road in Sacramento, hosted a religious festival which began at 9:00 A.M. Thousands of worshippers and spectators attended and

participated in a parade celebrating Nagar Kirtan.

At approximately 2:30 P.M., Sacramento County Sheriff’s deputies responded to a shooting on temple grounds. Upon their arrival, they discovered two male subjects suffering from gunshot wounds. Both subjects were transported to the hospital for treatment and were expected to survive.

Law enforcement officers throughout the region, including the Sacramento Police Department, Elk Grove Police Department, and the California Highway Patrol, responded to assist.

Sacramento County Sheriff’s Office detectives and Crime Scene Investigators arrived on scene, interviewed witnesses, and gathered evidence. Based on their

investigation, they determined that three East Indian males were involved in a physical fight. One subject produced a firearm and shot one of the other individuals. The third individual, later identified as 21-year-old Karman Sandhu, also produced a firearm and shot the first individual. Sandhu fled the scene on foot. Sandhu was later located and taken into custody by

Sheriff’s detectives.

As detectives continue their investigation, they ask anyone with information about this incident to please contact the Sheriff’s Office at (916) 874-5115 or Sacramento Valley Crime Stoppers at (916) 443-HELP. Tip information may also be left anonymously at www.sacsheriff.com or by calling (916) 874-TIPS (8477). ★

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## Tanya Kravchuk Recognized as the 7th Assembly District's Woman of the Year



From the Office of Assemblyman Josh Hoover

**SACRAMENTO, CA (MPG)** - As part of the California State Assembly's annual celebration of Women's History Month, Assemblyman Josh Hoover (R-Folsom) recognized Tanya Kravchuk as the 7th Assembly District's Woman of the Year for 2023.

"I am thrilled to announce Tanya Kravchuk as the 2023 Woman of the Year in the 7th Assembly District," said Assemblyman Hoover. "She is a dedicated member of our community helping Ukrainian refugees through her work with

Ukrainian American House and serving our students as a Board Member in the San Juan Unified School District. I am proud of the work Tanya continues to do to provide for the families in my district and across Sacramento County."

Tanya has devoted most of her career to serving children in both a volunteer and professional capacity. She has volunteered for Robert's Family Development Center, Boys and Girls Club, Volunteers of America, and The Children's Receiving Home of Sacramento where she later worked for nearly a decade. In 2022, she was elected to serve on the San Juan Unified School Board.

Born in Ukraine, Tanya moved to the U.S. when she was five years old. She attended elementary school in the Sacramento City Unified School District and later Sylvan and Mesa Verde in the San Juan Unified School District when her family moved to Citrus Heights.

Tanya holds a bachelor's degree in

Communications from California State University Sacramento. Early in her career, she worked in marketing at Farmers Insurance and in public affairs at Intel Corporation. She then transitioned to non-profit work as the Resource Development Manager at PEACE for Families and later the Director of Development & Communication at the Children's Receiving Home of Sacramento focusing on our communities most vulnerable, abused and neglected children.

Tanya also worked with schools, local businesses, and governments during the 2020 Census to secure support for an accurate count. Through this role, she became involved with Ukrainian American House, a non-profit defending the rights and meeting the needs of individuals who willingly or forcibly immigrated to California. Since the war in Ukraine began in 2022, Tanya has been helping transition refugees to a self-sufficient life in the United States. ★

## Audit Request Approved to Get Answers on Homelessness Spending



From the Office of Senator Roger Niello

**SACRAMENTO, CA (MPG)** - Californians may finally get some answers on how the state and local communities have spent billions on the homelessness crisis in the last five years.

Senator Roger Niello and his colleagues Senator Rosilicie Ochoa Bogh, Assemblymembers Josh Hoover and Evan

Low joined Senator Dave Cortese in winning a request to audit billions of dollars California has spent on addressing the homelessness crisis from the Joint Legislative Audit Committee (JLAC).

On March 22, 2023, members of JLAC unanimously approved the audit request. The audit will examine how the state and cities have spent state, federal, and local dollars and how effective the money spent has been to date.

"Homelessness is the most urgent issue facing California," said Senator Niello. "Given the crisis has only worsened, we need to know what the money has accomplished and what programs have been effective in moving people to

permanent housing."

"This is a good start," said Senator Ochoa Bogh. "California Legislative Republicans have been calling for accountability to homeless spending for several years. This will begin to give taxpayers an idea of how these dollars have been spent on a crisis that has only gotten worse."

California has spent more than \$20 billion over the last five years on homelessness and has seen the population of unsheltered in this state explode to more than 172,000.

The governor announced earlier this month that he plans to spend another \$1 billion of taxpayer dollars with a hope of reducing the homeless population by 15 percent by 2025. ★

## Grant Good News for Nature Center

Continued from page 1

options for hearing and sight-impaired guests.

"We can also get museum-grade cabinets that we didn't previously have funds for," explains Anderson. "There's much planning to do; but we expect to start projects this summer and continue work over the next 18 months. We hope to manage these with minimal disruption for visitors."

Named for Carmichael conservationist Effie Yeaw, the 46-year-old Nature Center has been cash-challenged since County funding was removed 12 years ago. It stays open through community generosity, under administration by the American River Natural History Association. Learning opportunities

— many geared for low-income school visitors — have continued, but the center was hard-hit when the pandemic stopped income-generating programs and curtailed fundraising.

"We're grateful for this State grant and the museum improvements it allows," says Anderson. "But there's always more work to do here. Education is a huge part of our mission. There is an increasing need for our programs. We will always need support."

Two March weekends of Bird and Breakfast events recently drew nearly 200 visitors. On June 11, a \$160 per-guest gala will continue the center's fundraising. For more information on Effie Yeaw Nature Center events go to [www.sacnaturecenter.net](http://www.sacnaturecenter.net) ★

### STUDENTS MAKING THE GRADE

We recognize the following local students who have achieved scholastic honors at their institutions of higher learning.

- ❖ HANNAH BOOTH was named to the Fall 2022 Dean's List at Lasell University (Newton, MA)
- ❖ KYLE OSTERHAGE is majoring in Business Administration at Biola University (La Mirada, CA)

Southern New Hampshire University (Manchester, NH) named the following students to their Summer 2022 President's List.

- ❖ MELISSA ANTHONY
- ❖ COURTNEY SYMES

Carmichael Times, January 2023

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# Aging Workers Are in Demand; They Are Reliable, Mature and Professional

**Commentary**  
by John Grimaldi, AMAC

WASHINGTON, DC, (MPG) - It's a given that the state of the U.S. economy over the past several years has caused many elders in our population to go back to work or, for those who are already in the workplace, to keep their jobs as long as they can. The inflationary cycle triggered by the policies of the Biden administration didn't make it easy for older workers to make ends meet. The cost of living has increased considerably over the past two years. But, according to a survey conducted by the Transamerica Center for Retirement Studies, "almost half of Baby Boomer workers (49 percent) expect to or already are working past age 70 or do not plan to retire. Their reasons for doing so are almost as likely to be healthy aging-related (78 percent) as financial-related (82 percent)."

The first boomers, those of us born between 1946 and 1964, celebrated our 65th birthdays in 2011 but many of them opted to keep working. The online employment agency, Indeed, says these aging workers are in demand. For one thing, "Baby boomers often aim to work as long as it takes to reach their goals and try to differentiate themselves by attaining the promotion, raise or acknowledgment they want. This generation has experienced the benefits



The senior services organization, Vantage Aging, says that this results "in a strong work ethic. With an older worker, you often find yourself with someone who works hard to get the job done right." Photo courtesy of Pixabay.

of hard work and dedication, which is something they expect from their employer."

What makes senior citizens particularly valued members of the American workforce? Reliability, maturity, and professionalism. The senior services organization, Vantage Aging, says that this results "in a strong work ethic. With an older worker, you often find yourself with someone who works hard to get the job done right.

It is estimated that the aging of the U.S. will continue for another four decades during which the numbers of the 65-year-old population will increase by more than 37 million, increasing from 46 million today to more than 98 million in 2060. The American Psychological Association reports that, going forward, "older adults will live longer than ever before: One out of every four 65-year-olds today will live past

age 90. This demographic shift has moved the focus of researchers, health care providers and policymakers from how to extend the lifespan to ways to improve the quality of our later years. Staying healthy, active, and productive are admirable goals for our nation's older adults. However, society's view of 'old age' has not always kept up with the reality of being old in America. Many current beliefs about aging were based

on information that is no longer valid given recent scientific advances."

The aging process is not kind to the elderly. Many of us will have memory issues, we might find some complex chores are harder than they used to be, and we might have difficulty staying focused. But the National Institute on Aging that o [NIA] tells us that "aging may also bring positive cognitive changes. For example, many studies have shown

lder adults have more extensive vocabularies and greater knowledge of the depth of meaning of words than younger adults." However, the NIA also points out that "despite the changes in cognition that may come with age, older adults can still do many of the things they have enjoyed their whole lives. Research shows that older adults can still: learn new skills, form new memories, and Improve vocabulary and language skills." ★

## Court of Appeal Sides with Farmers in Precedential Water Quality Cases

**California Farm Bureau News Release**

SACRAMENTO, CA (MPG) - In a legal win for California farmers, a state appeals court rejected all arguments brought by environmental groups and sided with the California State Water Resources Control Board, the California Farm Bureau and others related to the Central Valley's Irrigated Lands Regulatory Program.

In its March 17 decision, the Third District Court of Appeal addressed three cases brought by environmental plaintiffs against the California State Water Resources Control Board in which the groups challenged the adoption of general waste discharge requirements for growers within the Eastern San Joaquin Watershed.

"The Court of Appeal's landmark decision supports reasonableness and balancing in protecting water quality, while

also maintaining our food supply and the economic viability of agriculture," said California Farm Bureau President Jamie Johansson. "The court's decision is precedential and applies to irrigated lands regulatory programs throughout the state."

Johansson added, "The decision upholds farmer anonymity for nitrogen application data, the use of township-level nitrate data and surface water representative monitoring."

Farm Bureau was represented in the case by Senior Counsel Kari Fisher and joined by fellow agricultural intervenors/respondents represented by Tess Dunham of Kahn, Soares & Conway, and Jennifer Spaletta of Spaletta Law.

The California Farm Bureau works to protect family farms and ranches on behalf of nearly 29,000 members statewide and as part of a nationwide network of 5.3 million Farm Bureau members. ★

# Newsom Displays Penchant for Shiny New Things on California Tour



By Dan Walters, CALMatters.org

As a species, politicians love news conferences and other events that celebrate new programs or public works projects.

The syndrome may explain why officials often ignore long-festering problems in existing programs, such as the Employment Development Department and the bullet train project. Simply making things work better doesn't have the political appeal of something new and shiny.

Gov. Gavin Newsom is particularly prone to the affliction, declaring early on his love for "big, hairy audacious goals" and later adding, "I'd rather be accused of (having) those audacious stretch goals than be accused of timidity."

That proclivity led him, as a candidate, to pledge that he would try to solve California's housing crisis by building 3.5 million new houses and apartments by 2025 and make California the first state to embrace single-payer health care.

Later, when both proved to be unattainable, he declared them to be "aspirational" rather than firm promises.

Newsom's tendency toward the grandiose was very evident this month when he once again shunned a traditional State of the State

address to the Legislature and instead toured the state for serial announcements.

One is converting San Quentin prison into a laboratory to test whether a softer approach to preparing felons for release, modeled after a program in Norway, will be more effective in steering them away from crime. Newsom boasted that the renamed San Quentin Rehabilitation Center will be the "most innovative rehabilitation facility" in the nation, displaying another characteristic, his obsession with being the first to do something.

The splashiest of Newsom's new things is a multi-billion-dollar plan to house thousands of homeless and mentally ill Californians in new facilities that would combine shelter with treatment for their afflictions.

The project would be financed mostly by a bond issue in the \$3-5 billion range to be placed before voters next year and would be an adjunct to Newsom's "Care Court" program that allows the mentally ill to be compelled to accept treatment.

"It's unacceptable what we're dealing with at scale now in California," Newsom said. "We have to address and come to grips with the reality of mental health in our state and in our nation."

Even if implemented as hoped, the two mental health projects would make only a relatively tiny dent in the state's homelessness crisis. California still lacks a comprehensive approach and is mired in finger-pointing among state, county and city officials over who's responsible for dealing with it.

Billions of dollars have

been spent by all three levels of California government, plus no small amount of federal funds, but the number of unhoused Californians continues to climb, officially approaching 200,000 but probably much higher.

The exchanges between Newsom and county officials have been especially pointed. He's accused counties of dragging their feet on effectively spending state grant money while county officials say they need a dedicated and predictable revenue stream for long-term programs.

As Newsom was touring the state, the California State Association of Counties, or CSAC, issued what it said is a comprehensive approach to homelessness embracing housing, social services, education and employment with clear lines of responsibility and accountability for outcomes.

"No one level of government is solely responsible for the homelessness crisis," CSAC president Chuck Washington, a Riverside County supervisor, said in a statement. "But any and all efforts to address homelessness will fail without a comprehensive system in which roles and responsibilities are clear."

Fundamentally, CSAC is calling for making the systems and services already in place work better. That doesn't have much political appeal but is, to use one of Newsom's favorite words, "foundational" for progress on the homelessness crisis.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★

# Social Security Matters

## Widow Stung by Social Security's "Claw Back" Rule



By Russell Gloor, AMAC Certified Social Security Advisor

**Dear Rusty:** My husband of 48 years died on December 30th, and he received a Social Security direct deposit for December's benefits in early January, but Social Security demanded the bank return his December payment. I used part of his December benefits to pay for household expenses, so his bank account was overdrawn after his bank paid back his Social Security for the December benefit. My questions are:

1. Is it legal for Social Security to demand a return of his benefits because he died one day prior to 1/1/2023? That just seems so wrong to me!

2. Am I legally responsible for the overdrawn amount his bank repaid to Social Security? I was not notified by Social Security or his bank before "the deed was done."

3. Aren't there Social Security spousal benefits available for the surviving spouse, and how do I apply for them? (Form #,

please)

My husband medically retired early, and his Social Security benefits were always lower than mine, but I fear that my benefits may be affected by his death. Is that true? **Signed: Grieving Widow, Feeling Wronged**

**Dear Grieving Widow:** Please accept our sincere condolences on your husband's passing. Unfortunately, I don't have good news for you about his December benefit payment. Social Security pays benefits in the month following the month they are earned, and the recipient must live the entire month to be eligible for that month's benefit. Even though your husband lived until almost the end of the month, Social Security's rule says that he must live the entire month to be eligible for December benefits; thus, they took back (often referred to as "Clawed Back") the December benefits paid in January.

So, is all of this legal? Yes, I'm afraid it is. From what you've shared Social Security took back the money they are legally entitled to, so you have no further obligation to Social Security. The bank had no choice but to return your husband's December Social Security payment - they were legally obligated to do so. Thus, your obligation to resolve your husband's overdrawn bank account resulting from the bank fulfilling

its legal obligation to Social Security still remains.

As for any spousal or survivor benefits you might be entitled to - you say your husband's Social Security payment was less than yours, which means you weren't getting a spousal benefit and cannot get a surviving spouse benefit as a widow (you can only get your benefit or his, whichever is higher). You will, however, be eligible for a one-time lump sum death benefit of \$255. I know it's not much, but you're entitled to it and should claim it. And, from what you've described - that your monthly Social Security amount is more than your husband's - your own benefit will not be negatively affected by any of this.

*This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org. ★*

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To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@mpg8.com.

Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

We are proud members of these newspaper associations.

## Veterans Benefits Administration (VBA) Claims Clinic

Saturday, April 8, 2023

8am to 3pm

The Veterans Benefits Administration (VBA) will hold a Claims Clinic at the Veterans Community Center in Citrus Heights.

This is a FREE Service. No charge for claims filings and consults.

VBA Public Contact employees will be on hand to assist all military veterans, family members, and the community on VA benefits. This will include filing claims, checking the status of pending claims, adding dependents, and answering questions on the claims process. Veterans should bring valid picture ID so that they can be verified in the VBA system.

VETERANS COMMUNITY CENTER

6921 Sylvan Road, Citrus Heights, CA 95610

# Resources for Homelessness and Prevention Available

By Sophia Powers

**SACRAMENTO REGION, CA (MPG)** - The increase in homelessness is not just noticeable, but a glaring concern to our communities. During the pandemic, people were let go from their jobs or even lost their businesses and did not even think that homelessness was going to happen...until it did. But, just what kind of numbers are we dealing with in California? "On any given night, the state has more than 160,000 homeless persons," says Jialu Streeter from the Stanford Institute for Economic Policy Research.

You might be thinking, how can I prevent my family and I from going homeless? First, look at your immediate needs. You can call 2-1-1 in Sacramento or (916) 498-1000 for outside the area and go to: <https://www.211sacramento.org/211/guided-search/> for information on over 1,600 services through the Sacramento Community Resource Directory. When you call, a caring specialist at Sacramento 211 will do a holistic evaluation of your situation and provide internal referrals to the agencies and organizations that are able to fulfill your immediate needs, whether to prevent homelessness or aid you while you are experiencing it. Your case management could involve: eviction prevention, housing subsidies, shelter, medical care, legal, elderly, veteran, financial assistance, transportation, food,



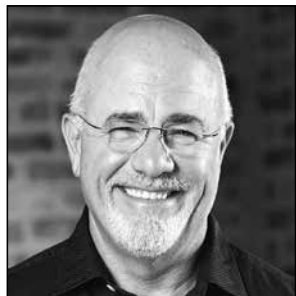
Never feel reluctant to take advantage of all of the services that can support you so you can stand on your own two feet. Photo courtesy of Pixabay.com

etc... Some of the departments or organizations you could interact with would be the Sacramento County Department of Human Assistance <https://ha.saccounty.gov/Pages/default.aspx> at (916) 874-3100 or the Sacramento Housing and Redevelopment Agency (SHRA) <https://www.shra.org/housing-choice-voucher-program/> at (916)-440-1390, which is "acting as the Housing Authority of the County of Sacramento," that provides the Housing Choice Voucher (HCV) program for housing assistance to low income individuals and families.

Second, do not forget to seek out your elected officials for help. If your spouse is in the military reserves who abandoned you and your family, check out your congressman at: <https://myreps.datamade.us/> to locate your spouse and, in combination with family court, get help for spousal and child support. Third, trim your expenses as much as possible and find ways to help your budget, such as using the cash you get from a recycling

center to pay your phone bill or instead of upgrading your cell phone, use it for years.

Under the United States Code 42 USC 11302, being homeless does not always mean living on the street; it is someone that "lacks a fixed, regular, and adequate nighttime residence," in addition to other reasons. This is why programs are vital to helping people in their urgent need of housing. In addition, Mercy Housing California "develops and operates affordable, service-enriched housing that changes the lives of families, seniors, and people who have been homeless." Their goal is to "keep the most vulnerable in our communities stably housed and prevent homelessness." You can check them out at: <https://www.mercyhousing.org/california/> or (916) 414-4400. Never feel reluctant to take advantage of all of these services that can support you so you can stand on your own two feet. Survival requires a multifaceted approach to resources in order to keep your needs met. ★



It May Take A Little Time

Dear Dave,

I'm 20 years old, and I'm planning to buy a home in the next year. Besides having a 20% down payment, what other tips do you have for a first-time home buyer? Also, is there anything I need to guard against when it comes to buying a house?

- Jacob

Dear Jacob,

I'm glad you're planning on making a down payment of at least 20%. That's a smart move, because it'll help you avoid the added expense of private mortgage insurance (PMI). Also, remember to get a 15-year fixed-rate mortgage loan, one where your payments are no more than 25% of your monthly take-home pay.

## Dave Ramsey Says

Now, the next pieces of advice are for you, Jacob, and anyone else who's planning to buy real estate. Always get title insurance. Always! If you're buying a piece of property that's not a traditional subdivision-type lot, have a survey done. This isn't as much of a worry with a standard subdivision lot, something that's pre-platted and has changed hands three or four times. But you don't want to buy a piece of land under the impression that it's 3 acres and then find out the hard way it's only 2.25 acres. Get a home inspection too. Unless you happen to be an electrician, contractor or something like that, you're probably not an expert on things relating to home construction.

This last piece of advice may sound funny, but don't buy a house with a great, low price if it looks ugly from the street. I did that with the very first house I bought, and it's a bad idea. No matter what you think, when it comes to houses, you can't fix ugly.

You can change out carpet, and you can put up new shutters or gutters and stuff like that. Those things aren't a ton of work. But there's a reason you can get a screaming deal on an ugly house—it's ugly. And the guy who sell it to down the road is going to get a great deal on the house. Why? Because it's just an ugly house.

If you're not careful, you can get a little too excited on your first home purchase. So stay smart, look at everything involved, and don't let a case of house fever push you into a big, expensive mistake!

- Dave

*Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of "The Ramsey Show," heard by more than 18 million listeners. He has appeared on "Good Morning America," "CBS This Morning," "Today," Fox News, CNN, Fox Business and many more. Since 1992, He also serves as CEO of Ramsey Solutions.* ★

# American Legion BBQ N Boots Dinner and Dance

**American Legion Post 383 News Release**

**FAIR OAKS, CA (MPG)** - American Legion Post 383 is hosting a dinner and dance featuring Country Western music by the "BRISCO COUNTY" band and Texas RoadHouse Sirloin Steak or BBQ Chicken with all the fixin's on Saturday, April 15, 2023.

Location: Veterans of Foreign Wars (VFW) Hall, 8990 Kruitof Way, Fair Oaks (off Hazel) Time: Doors open at 4:30, No-Host Saloon at 5:00 pm, Dinner at 6:00 pm, Music at 7:00 pm! There will be

drawings for sensational prizes throughout the evening! Donations are \$40 per person, Children under 12 - \$25 each. (limited # of tickets)

Donations are to support our local Veterans, Active-duty Military, and their families in need, as well as the Junior ROTC, California Boys & Girls State, Scouts BSA program, and other Veteran sponsored events supporting Americanism.

Time to get your COUNTRY ON (No spurs on boots) and have a finger licking good time!!! For ticket info, contact Deputy Mark at 916-204-8151. ★

# Project Homekey Community Meetings

Dear Friends,

The Board of Supervisors and the Sacramento Housing and Redevelopment Agency (SHRA) have worked together to successfully convert aging motels and hotels into permanent supportive housing to serve the homeless population in different parts of Sacramento County. Project Homekey is funded by the State of California Department of Housing and Community Development for this purpose.

The County and SHRA have been looking for new locations for hotel conversions and identified two sites in District 3: the Arden Star Hotel located at 1413 Howe Avenue in Arden Arcade and the Super 8 Motel located at 4317 Madison Avenue in New Foothill Farms.

Permanent supportive housing programs provide residents with intensive wrap-around services to assist individuals in making positive changes in their lives. The need for housing along the continuum of care is vast, and as we bring on more short-term shelters to immediately get campers off our streets and open spaces, the County is dedicated to also making low-income long-term housing available. The SHRA board is evaluating the two projects in District 3, and a hearing will be held at the Board of Supervisors to approve an application for Project Homekey funds. Each proposed facility will have security and intensive wrap-around services for residents. In each facility, a percentage of rooms will be restricted to Mental Health Services Act (MHSA) clients.

Below is a brief description of each project and information on upcoming community meetings.

**Arden Star Project:** Built in 1980 on three acres, the project will rehabilitate 128 hotel rooms into 71 studio and 51 one-bedroom units along with two manager units. This facility will serve seniors with an emphasis on those over 62 years of age. Thirty of the units will be restricted for MHSA clients, and an additional 15 units are for clients referred by Adult Protective Services.

**DATE:** Monday, April 3, 2023  
**TIME:** 5:30 pm - 6:30 pm

**LOCATION:** Swanston Community Center 2350 Northrop Ave, Sacramento, CA 95825

**Madison Sacramento Studios Project:** Built in 1980 on one acre of land, it will be rehabilitated into 118 affordable studio units with one manager unit. Each studio will include a bathroom and a kitchenette. This facility will serve single individuals and provide amenities on site such as a swimming pool, basketball court, fenced dog area, and more. There will be 15 units restricted to MHSA-eligible clients.

**DATE:** Thursday, April 13, 2023  
**TIME:** 6:00 pm - 7:00 pm

**LOCATION:** Madison Elementary School 5241 Harrison Street, Sacramento, CA 95660

I encourage the residents of District 3 to attend and hear about these projects. ★



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FIVE 3-31-23

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Fadi Sammar 5968 Kyleloch Court, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Amers Auto Sales" 5968 Kyleloch Court, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County January 18, 2023
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Robin L. O'Brien, 4364 Aubergine Way, Mather, CA 95655 is doing business under the Fictitious Business Name(s) "Ladybird Mobile Notary and Signing Agent" 4364 Aubergine Way, Mather, CA 95655. Filed with the Clerk of Sacramento County February 22, 2023
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ORGANIC 3-31-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00981
Skusco Corp, 2344 Arden Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Rodix Motors" 2344 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 8, 2023
Publish: March 10, 17, 24 & 31, 2023
RODIX 3-31-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01369
Kun Kiddush Services, Inc., 10553 Crescendo Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Kun Dispatch Services," 10553 Crescendo Way, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County February 27, 2023
Publish: March 10, 17, 24 & 31, 2023
KUN 3-31-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00508
H.S. Chhoker, LLC, 5920 Main Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Save More Liquor & Foods" 5920 Main Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County January 25, 2023
Publish: March 10, 17, 24 & 31, 2023
SAVE 3-31-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01232
David Michael Shira and Kimberly Patricia Shira, 2557 Ribier Way, Rancho Cordova, CA 95670 are doing business under the Fictitious Business Name(s) "Badges By Kim / Masonic Family Gifts" 2557 Ribier Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County February 17, 2023
Publish: March 10, 17, 24 & 31, 2023
BADGES 3-31-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01292
Allan P. Nuttall, 204 E 2nd Street, San Mateo, CA 94401-3904 is doing business under the Fictitious Business Name(s) "Sunlight Massage" 2302 Florin Road, Sacramento, CA 95822. Filed with the Clerk of Sacramento County February 22, 2023
Publish: March 10, 17, 24 & 31, 2023
SUNLIGHT 3-31-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00849
New Guard Pest Control, Inc., 9641 Martingale Court, Wilton, CA 95693 is doing business under the Fictitious Business Name(s) "New Guard Pest Control, Inc." 9641 Martingale Court, Wilton, CA 95693. Filed with the Clerk of Sacramento County February 6, 2023
Publish: March 10, 17, 24 & 31, 2023
NEW 3-31-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01514
Jeannette Kent Setiawan, 4850 Natomas Boulevard, Apt 225M, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Bahasa Therapy," 4850 Natomas Boulevard, Apt 225M, Sacramento, CA 95835. Filed with the Clerk of Sacramento County March 2, 2023
Publish: March 10, 17, 24 & 31, 2023
BAHASA 3-31-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01035
Bryan Yabut, 9624 Emerald Park Drive, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "J&B Vending Machine" 9146 E. Stockton Boulevard, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County February 10, 2023

Publish: March 10, 17, 24 & 31, 2023
J&B 3-31-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01638
Isaac Benjamin Younger, 2850 Grasslands Drive, Apt. 2024, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Younger Stamp & Seal," 2850 Grasslands Drive, Apt. 2024, Sacramento, CA 95833. Filed with the Clerk of Sacramento County March 7, 2023
Publish: March 17, 24, 31, April 7, 2023
YOUNGER 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01390
Najeebullah Bakshi, 3812 Sierra Gold Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Naj Super Cleaning Services," 3812 Sierra Gold Drive, Antelope, CA 95843. Filed with the Clerk of Sacramento County February 27, 2023
Publish: March 17, 24, 31, April 7, 2023
NAJ 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00700
Mary Hollie Rutkowski, 3202 Doroteo Way, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "The Compensation Law Center," 1914 Terracina Drive, Suite 100, Sacramento, CA 95834. Filed with the Clerk of Sacramento County February 1, 2023
Publish: March 17, 24, 31, April 7, 2023
THE 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01186
Summit Funding, Inc., 2138 Butano Drive, Suite 150, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "CostPro Lending," 2138 Butano Drive, Suite 150, Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 17, 2023
Publish: March 17, 24, 31, April 7, 2023
COSTPRO 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01547
Xuan T. Truong, 6025 Dias Avenue, #78, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Organic Eco Angie Nails Salon," 5990 14th Avenue, Suite A, Sacramento, CA 95820. Filed with the Clerk of Sacramento County March 2, 2023
Publish: March 17, 24, 31, April 7, 2023
ORGANIC 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01392
Abishai Prasad, 8844 Mannington Street, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Avem Photography," 706 Woodside Lane E, #12, Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 28, 2023
Publish: March 17, 24, 31, April 7, 2023
AVEM 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01577
Golden Valley Health, 9447 Crystal Shore Lane, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Justin Does More / BluejayPro," 9447 Crystal Shore Lane, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County March 3, 2023
Publish: March 17, 24, 31, April 7, 2023
JUSTIN 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01566
Hany El Sukkary, 5032 Brabant Court, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Sacramento Lineman Clinics," 5032 Brabant Court, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County March 3, 2023
Publish: March 17, 24, 31, April 7, 2023
LINEMAN 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01518
Crystal Ponce, 6232 Watt Avenue, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Boss Lady Kitchen," 6232 Watt Avenue, North Highlands, CA 95660. Filed with the Clerk of Sacramento County March 2, 2023
Publish: March 17, 24, 31, April 7, 2023
BOSS 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01578
Hamedreza Azizi, 9280 Elm Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Azizi Construction," 9280 Elm Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County March 3, 2023
Publish: March 17, 24, 31, April 7, 2023
AZIZI 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01223
Phoenix Production Company, 10468 Neiretto Court, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Rancho Cordova Theatre Company," 10468 Neiretto Court, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County February 17, 2023
Publish: March 17, 24, 31, April 7, 2023
RANCHO 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01086
Home Offer Works, LLC, 5660 Kenneth Avenue, #A, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Casper Screens Norcal," 5660 Kenneth Avenue, #A, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 14,

2023
Publish: March 17, 24, 31, April 7, 2023
CASPER 4-7-23
FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01671
Jazz Kashif Burney, 5624 Spyglass Lane, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Ma's Choice Diapers," 5624 Spyglass Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County March 8, 2023
Publish: March 17, 24, 31, April 7, 2023
MA'S 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01458
Edward Eugene Massengale and April Ann Horton, 7048 Gumwood Circle, Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "Top Dog Plumbing & Drain / TopDog Plumbing & Drain," 7048 Gumwood Circle, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County March 1, 2023
Publish: March 17, 24, 31, April 7, 2023
TOP 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01669
Gevorg Sargsyan, 240 Natoma Station Drive, Apt. 302, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Empire State Motors," 1940 Zinfandel Drive, Suite C3, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County March 8, 2023
Publish: March 17, 24, 31, April 7, 2023
EMPIRE 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01443
Jesus Rios Courier LLC, 551 Ashwick Loop, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Rapid Process Server of Sacramento / All City Process Server of Sacramento," 6837 Fair Oaks Boulevard, #6, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 28, 2023
Publish: March 17, 24, 31, April 7, 2023
RAPID 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01219
Rush River LDA, Corp., 2372 25th Avenue, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Rush River Legal Document Assistants," 2372 25th Avenue, Sacramento, CA 95822. Filed with the Clerk of Sacramento County February 17, 2023
Publish: March 17, 24, 31, April 7, 2023
RUSH 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01168
Bittern Jennett Delgado, 114 Catten creek Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Next Phase Financial," 9719 Lincoln Village Drive, Suite 504, Sacramento, CA 95827. Filed with the Clerk of Sacramento County February 16, 2023
Publish: March 17, 24, 31, April 7, 2023
NEXT 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01719
Aleksie Leshchuk, 4800 Marconi Avenue, #273, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "OMEGA Handyman," 4800 Marconi Avenue, #273, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 9, 2023
Publish: March 17, 24, 31, April 7, 2023
OMEGA 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01717
Pizza Fresca LLC, 6916 Sunrise Boulevard, #H, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "916 Pizza," 6916 Sunrise Boulevard, #H, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County March 8, 2023
Publish: March 17, 24, 31, April 7, 2023
916 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01739
Free Game The Platform LLC, 8269 Glendon Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Free Game The Platform," 8269 Glendon Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County March 9, 2023
Publish: March 17, 24, 31, April 7, 2023
FREE 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01746
Jessica Paniagua, 2104 20th Avenue, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Jessica's House Keeping," 2104 20th Avenue, Sacramento, CA 95822. Filed with the Clerk of Sacramento County March 9, 2023
Publish: March 17, 24, 31, April 7, 2023
JESSICA'S 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01706
Jarvona Kelley, 7453 Rush River Drive, Apt. 23, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Community Built Insurance Agency," 7453 Rush River Drive, Apt. 23, Sacramento, CA 95831. Filed with the Clerk of Sacramento County March 8, 2023
Publish: March 17, 24, 31, April 7, 2023
COMMUNITY 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01352
Julie L. Christie, 5524 Fair Oaks Boulevard, Carmichael, CA 95608, and Sandra L.

Lake, 12024 Gold Pointe, Gold River, CA 95670, are doing business under the Fictitious Business Name(s) "Sews in the Company of Dogs / Sews in the CmpryofDogs," 5524 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 24, 2023
Publish: March 17, 24, 31, April 7, 2023
SEWS 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01224
Kimberly Vickers, 5900 Grant Avenue, #108, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "REC-ing Squad," 5900 Grant Avenue, #108, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 17, 2023
Publish: March 17, 24, 31, April 7, 2023
REC 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01598
Edwin R. Maldonado, 3056 Watt Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "EM design" 3056 Watt Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County March 6, 2023
Publish: March 24, 31, April 7 & 14, 2023
EM 4-14-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01831
Jessica Kessler, 809 San Juan Road, #223, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Books by Jess" 809 San Juan Road, #223, Sacramento, CA 95834. Filed with the Clerk of Sacramento County March 14, 2023
Publish: March 24, 31, April 7 & 14, 2023
BOOKS 4-14-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01661
AR Motors & Parts, 3039 52nd Avenue, Suite A, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "AR Motors & Parts" 3039 52nd Avenue, Suite A, Sacramento, CA 95823. Filed with the Clerk of Sacramento County March 7, 2023
Publish: March 24, 31, April 7 & 14, 2023
AR 4-14-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01788
Karen Ulep, 8005 Demui Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Pick Me Up Press" 8005 Demui Way, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County March 10, 2023
Publish: March 24, 31, April 7 & 14, 2023
PICK 4-14-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01606
Oyster AI, Inc., 9652 Nature Trail Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "ValleyMalk" 9652 Nature Trail Way, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County March 6, 2023
Publish: March 24, 31, April 7 & 14, 2023
VALLEY 4-14-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01700
Emma Penailillo and Leodan Penailillo Oyanedel, 9001 Barhill Way, Fair Oaks, CA 95628 are doing business under the Fictitious Business Name(s) "LE Soccer Academy" 9001 Barhill Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County March 8, 2023
Publish: March 24, 31, April 7 & 14, 2023
LE 4-14-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01688
Adan T. Roldan, 6421 Rio Linda Boulevard, Apt 2, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Light Pro Handyman" 6421 Rio Linda Boulevard, Apt 2, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County March 8, 2023
Publish: March 24, 31, April 7 & 14, 2023
LIGHT 4-14-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01809
John Holt, 3315 Spicewood Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Sunday Pizza Company" 3315 Spicewood Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County March 13, 2023
Publish: March 24, 31, April 7 & 14, 2023
SUNDAY 4-14-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01742
Samantha Rae Ewing, 3229 Lowther Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Ruby's Garden" 3229 Lowther Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County March 9, 2023
Publish: March 24, 31, April 7 & 14, 2023
RUBY 4-14-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01204
Alicia Anne Perry and Mary Luisa Perry, 12080 Runswick Court, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Samsara Designs" 12080 Runswick Court, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County February 17, 2023
Publish: March 24, 31, April 7 & 14, 2023
SAMSARA 4-14-23

Sacramento, CA 95824. Filed with the Clerk of Sacramento County March 8, 2023
Publish: March 24, 31, April 7 & 14, 2023
WIENERSCHNITZEL 4-14-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01601
ICS, Inc., 13901 Indio Drive, Sloughhouse, CA 95683 is doing business under the Fictitious Business Name(s) "ICS, Inc.," 13901 Indio Drive, Sloughhouse, CA 95683. Filed with the Clerk of Sacramento County March 6, 2023
Publish: March 24, 31, April 7 & 14, 2023
ICS 4-14-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01667
Mission Loans LLC, 5 Park Plaza, Suite 900, Irvine, CA 92614 is doing business under the Fictitious Business Name(s) "Prosperity Capital Mortgage" 5 Park Plaza, Suite 900, Irvine, CA 92614. Filed with the Clerk of Sacramento County March 8, 2023
Publish: March 24, 31, April 7 & 14, 2023
PROSPERITY 4-14-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01724
Luis Uribe, 5033 Riskey Court, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Uribes Landscaping" 5033 Riskey Court, Sacramento, CA 95842. Filed with the Clerk of Sacramento County March 9, 2023
Publish: March 31, April 7, 14 & 21, 2023
URIBES 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01639
Manuela Zurita, 213 Village Circle, Sacramento, CA 95838, and Elizabeth Santiago Medel, 7472 Della Circle, Sacramento, CA 95828 are doing business under the Fictitious Business Name(s) "Beauty Pro Studio" 4800 Manzanita Avenue, B6, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 7, 2023
Publish: March 31, April 7, 14 & 21, 2023
BEAUTY 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01940
Gagik Daniyelyan, 9209 Henley Way, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Vintro Cabinets" 9209 Henley Way, Sacramento, CA 95826. Filed with the Clerk of Sacramento County March 16, 2023
Publish: March 31, April 7, 14 & 21, 2023
VINTRO 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02192
Abdul Wali, 2099 Landon Lane, Apt. 2, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "M&M Roadside Services" 2099 Landon Lane, Apt. 2, Sacramento, CA 95825. Filed with the Clerk of Sacramento County March 22, 2023
Publish: March 31, April 7, 14 & 21, 2023
M&M 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01524
Stafford Coaching International, LLC, 2025 Hurley Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "BusinessCoach.com" 2025 Hurley Way, Suite 111, Sacramento, CA 95825. Filed with the Clerk of Sacramento County March 2, 2023
Publish: March 31, April 7, 14 & 21, 2023
BUSINESS 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01889
Mark Romandia, 2130 Gunn Road, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Phantom Forge" 2130 Gunn Road, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 14, 2023
Publish: March 31, April 7, 14 & 21, 2023
PHANTOM 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01927
Khushall Khan Amin, 6009 Roswitha Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Bakhtar Fashion" 2922 Eastern Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County March 16, 2023
Publish: March 31, April 7, 14 & 21, 2023
BAKHTAR 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01885
Muna Tjoelker, 2130 Gunn Road, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Open World Perfumery" 2130 Gunn Road, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 14, 2023
Publish: March 31, April 7, 14 & 21, 2023
LOBODA 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01977
Ivan Maznik, 7351 Chivalry Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Tint 4U / Tint Pro 4U" 7351 Chivalry Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County March 17, 2023
Publish: March 31, April 7, 14 & 21, 2023
TINT 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01349
Basement North, LLC, 4936 Dewey Drive, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Basement Printlab" 4936 Dewey Drive, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County February 24, 2023
Publish: March 31, April 7, 14 & 21, 2023
BASEMENT 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02036
John Kelley Leary, 5272 Garden Valley Road, Garden Valley, CA 95633 is doing business under the Fictitious Business Name(s) "1 Eleven Fitness Training" 10406 Fair Oaks Boulevard, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County March 20, 2023
Publish: March 31, April 7, 14 & 21, 2023
1 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02107
Elina Giri, 1352 Essence Lane, Fairfield, CA 94533 is doing business under the Fictitious Business Name(s) "Grace Eyebrow" 7455 Greenback Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County March 20, 2023
Publish: March 31, April 7, 14 & 21, 2023
GRACE 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01822
r.World, PBC, 2700 Irving Avenue S, Minneapolis, MN 55408 is doing business under the Fictitious Business Name(s) "r.World, PBC" 2700 Irving Avenue S, Minneapolis, MN 55408. Filed with the Clerk of Sacramento County March 13, 2023
Publish: March 31, April 7, 14 & 21, 2023
R.WORLD 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01600
ICS Inc., 13901 Indio Drive, Sloughhouse, CA 95683 is doing business under the Fictitious Business Name(s) "iEX Inc." 13901 Indio Drive, Sloughhouse, CA 95683. Filed with the Clerk of Sacramento County March 6, 2023
Publish: March 31, April 7, 14 & 21, 2023
IEX 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02204
Fullmotion LLC, 4292 Argonaut Court, Fremont, CA 94536 is doing business under the Fictitious Business Name(s) "Fullmotion TV," 4292 Argonaut Court, Fremont, CA 94536. Filed with the Clerk of Sacramento County March 23, 2023
Publish: March 31, April 7, 14 & 21, 2023
FULLMOTION 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02156
Sterling Properties, Inc., 101 Parkshore Drive, Suite 100, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Sterling Watkins Properties," 101 Parkshore Drive, Suite 100, Folsom, CA 95630. Filed with the Clerk of Sacramento County March 21, 2023
Publish: March 31, April 7, 14 & 21, 2023
STERLING 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01889
Mark Romandia, 2130 Gunn Road, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Phantom Forge" 2130 Gunn Road, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 14, 2023
Publish: March 31, April 7, 14 & 21, 2023
PHANTOM 4-21-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01927
Khushall Khan Amin, 6009 Roswitha Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Bakhtar Fashion" 2922 Eastern Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County March 16, 2023
Publish:



Legal Advertising Hotline  
916-483-2299  
Legal Advertising Fax  
916-773-2999

## LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984  
 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969  
 Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020  
 The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

Legal Advertising  
7144 Fair Oaks Blvd #5  
Carmichael, CA 95608

### ORDER TO SHOW CAUSE – CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2023-00335124  
 FNU Sima has filed a petition with this court for a decree changing the name(s) of FNU Sima to Sima Zazai.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 19, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: February 22, 2023  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: March 10, 17, 24 & 31, 2023  
 SIMA 3-31-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2023-00334905  
 Christabelle Maae has filed a petition with this court for a decree changing the name(s) of Lusiatalia Leagafaleifaiva Tupito-Penitani to Faia Natasha Tupito-Maae.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 9, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: February 17, 2023  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: March 10, 17, 24 & 31, 2023  
 MAAE 3-31-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2023-00335016  
 Kaitlin Brea Merle has filed a petition with this court for a decree changing the name(s) of Kaitlin Brea Merle to Kaitlin Brea Anderson.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 10, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: February 17, 2023  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: March 10, 17, 24 & 31, 2023  
 KAITLIN 3-31-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2023-00335117  
 Faisal Khan has filed a petition with this court for a decree changing the name(s) of Faisal Khan to Faisal Zazai.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 7, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: February 22, 2023  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: March 10, 17, 24 & 31, 2023  
 FAISAL 3-31-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2023-00335115  
 FNU Rema has filed a petition with this court for a decree changing the name(s) of FNU Rema to Rema Zazai.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 7, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: February 22, 2023  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: March 10, 17, 24 & 31, 2023  
 REMA 3-31-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2023-00335119  
 Shahrukh Khan has filed a petition with this court for a decree changing the name(s) of Shahrukh Khan to Shahrukh Zazai.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 7, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: February 22, 2023  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: March 10, 17, 24 & 31, 2023  
 SHAHRUKH 3-31-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2023-00336278  
 Nadia Mohammed Subhi has filed a petition with this court for a decree changing the name(s) of Nadia Mohammed Subhi to Nadia Mohammed Subhi Al-Ani.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 31, 2023, at 9:00

a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: March 16, 2023  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: March 24, 31, April 7 & 14, 2023  
 NADIA 4-14-23

A. Young has filed a petition with this court for a decree changing the name(s) of Debbie Ann Kennedy, aka Debra Ann Young, aka Debra A. Young to Debra Ann Young.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 4, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: January 31, 2023  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: March 10, 17, 24 & 31, 2023  
 DEBRA 3-31-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2023-00335391  
 Wileisha Watson has filed a petition with this court for a decree changing the name(s) of Adeola Imani ldayat Watson to Adeola ldayat Taiwo Olusesan.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 13, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: March 1, 2023  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: March 10, 17, 24 & 31, 2023  
 WATSON 3-31-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2023-00335682  
 Hamid Nader Jan has filed a petition with this court for a decree changing the name(s) of Hamid Nader Jan to Farooqkhan Hanifi.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 18, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: March 7, 2023  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: March 17, 24, 31, April 7, 2023  
 HAMID 4-7-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2023-00335826  
 Manisha Ann Jacques has filed a petition with this court for a decree changing the name(s) of Ameena Grace Singh to Ameena Grace Jacques.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 23, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: March 9, 2023  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: March 17, 24, 31, April 7, 2023  
 JACQUES 4-7-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2022-00313385  
 Hussein Almarshadani has filed a petition with this court for a decree changing the name(s) of Hussein Almarshadani to Adam Williams.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 11, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: March 8, 2023  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: March 17, 24, 31, April 7, 2023  
 HUSSEIN 4-7-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2023-00335699  
 Lizbeth Romo-Echevarria has filed a petition with this court for a decree changing the name(s) of Lizbeth Romo-Echevarria to Lizbeth Romo.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 18, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: March 7, 2023  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: March 24, 31, April 7 & 14, 2023  
 LIZBETH 4-14-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2022-00321001  
 Debbie Ann Kennedy, aka Debra Ann Young, aka Debra

a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: March 16, 2023  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: March 24, 31, April 7 & 14, 2023  
 NADIA 4-14-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2023-00336259  
 Aziz Christopher Waziri and Giana Rose Biotta have filed a petition with this court for a decree changing the name(s) of Aziz Christopher Waziri to Aziz Christopher Biotta-Connors; Giana Rose Biotta to Giana Rose Biotta-Connors.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 29, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: March 16, 2023  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: March 24, 31, April 7 & 14, 2023  
 AZIZ 4-14-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2023-00336257  
 Gina Rae Valdez-Okumura has filed a petition with this court for a decree changing the name(s) of Gina Rae Valdez-Okumura to Gina Rae Valdez.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 29, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: March 16, 2023  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: March 24, 31, April 7 & 14, 2023  
 GINA 4-14-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2023-00336237  
 Ratchanee Phianphisamlikhit has filed a petition with this court for a decree changing the name(s) of Raemi Bella Cajisaca to Raemi Bella Phianphisamlikhit.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 28, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: March 15, 2023  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: March 24, 31, April 7 & 14, 2023  
 NICK 4-14-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2023-00336439  
 Abdul Rahim Noorzaey and Wasima Noorzaey have filed a petition with this court for a decree changing the name(s) of Abdul Rahim Noorzaey to Abdul Rahim Noorzi; Wasima Noorzaey to Wasima Noorzi; Zainab Noorzaey to Zainab Noorzi; Kaenat Noorzaey to Kaenat Noorzi; Abdul Baset Noorzaey to Abdul Baset Noorzi; Safi Noorzaey to Safi Noorzi; Hadis Noorzaey to Hadis Noorzi;  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 6, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: March 20, 2023  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: March 31, April 7, 14 & 21, 2023  
 ABDUL 4-21-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #34-2023-00336569  
 Raymell Williams has filed a petition with this court for a decree changing the name(s) of Raymell Williams to Raymell Johnson III.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 5, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: March 21, 2023  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: March 31, April 7, 14 & 21, 2023  
 RAYMELL 4-21-23

**LIEN SALE**  
 SOLD ON 04/11/2023 10:00AM at 5851 FLORIN PERKINS RD. SACRAMENTO CA 95828 - 1968 CHEVY 164478L121132 4UTR843 1971 IMP NONE 4574KR 1973 VN50N V4042A 4HR2763 1990 CHEVY 1GCFC24K1L2151003 6K19069  
 Publish 3-31-23  
 LIEN 3-31-23

### NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF PATRICIA MARGARET VOLLMER  
 CASE NO. 34-2023-00332975  
 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Patricia Margaret Vollmer deceased.  
 A Petition for Probate has been filed by Margaret Ann Hayes, in the Superior Court of California, County of Sacramento, requesting Margaret Ann Hayes be appointed as personal representative(s) to administer the estate of the decedent.  
 The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.  
 A hearing on the petition will be held in this court as follows June 7, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.  
 IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.  
 IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Ruby Steinbrecher, PO Box 2790, Sebastopol, CA 95473; 510/435-6356  
 Publish: March 17, 24 & 31, 2023  
 VOLLMER 3-31-23

NOTICE OF PETITION TO ADMINISTER ESTATE OF LUCY ANN PATTEN  
 CASE NO. 34-2022-00322761  
 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Lucy Ann Patten deceased.  
 A Petition for Probate has been filed by Shellee Blue, in the Superior Court of California, County of Sacramento, requesting Shellee Blue be appointed as personal representative(s) to administer the estate of the decedent.  
 The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.  
 The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.  
 A hearing on the petition will be held in this court as follows April 18, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.  
 IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.  
 IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Kristina Teresa Johnson, 7337 Woodruff Way, Citrus Heights, CA 95621; 916-907-5495  
 Publish: March 24, 31 & April 7, 2023  
 CHAVEZ 4-7-23

NOTICE OF PETITION TO ADMINISTER ESTATE OF ELISABETH SCHROEDER  
 CASE NO. 34-2022-00314827-PR-PW-FRC  
 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Elisabeth Schroeder.  
 A Petition for Probate has been filed by Michael Schroeder, in the Superior Court of California, County of Sacramento, requesting Michael Schroeder be appointed as personal representative(s) to administer the estate of the decedent.  
 The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.  
 The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived

notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.  
 A hearing on the petition will be held in this court as follows April 20, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.  
 IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.  
 IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.  
 YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Allan R. Frumkin, Esq., Law Offices of Allan R. Frumkin, Inc., 5900 King Road, Loomis, CA 95650; 916/660-9298  
 Publish: March 17, 24 & 31, 2023  
 PATTEN 3-31-23

NOTICE OF PETITION TO ADMINISTER ESTATE OF JOHN MARCUS CHAVEZ  
 CASE NO. 34-2021-00310148-PR-PW-FR  
 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of John Marcus Chavez deceased.  
 A Petition for Probate has been filed by Kristina Teresa Johnson, in the Superior Court of California, County of Sacramento, requesting Kristina Teresa Johnson be appointed as personal representative(s) to administer the estate of the decedent.  
 The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.  
 A hearing on the petition will be held in this court as follows May 18, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.  
 IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.  
 IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Gordon G. Bones, 5860 Esrig Way, Sacramento, CA 95841; 916-965-6647  
 Publish: March 24, 31 & April 7, 2023  
 SCHROEDER 4-7-23

NOTICE OF PETITION TO ADMINISTER ESTATE OF VIVIAN ANNA ELKINS  
 CASE NO. 34-2022-00322149  
 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Vivian Anna Elkins.  
 A Petition for Probate has been filed by Matthew Elkins and Jacque McBurney, in the Superior Court of California, County of Sacramento, requesting Matthew Elkins and Jacque McBurney be appointed as personal representative(s) to administer the estate of the decedent.  
 The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.  
 A hearing on the petition will be held in this court as follows April 20, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.  
 IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.  
 IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Matthew Elkins and Jacque McBurney; 941 Hawk Avenue, Sacramento, CA 95833; phone (916) 417-3344 Jacque (207) 758-2516  
 Publish: March 31, April 7 & 14, 2023  
 ELKINS 4-14-23

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Carmichael, CA 95608



# COMICS & PUZZLES

**The Spats**

by Jeff Pickering

THUMBLE THEATRE PRESENTS  
**POPEYE**  
BY RANDY MULLOBB

SWEETPEA, I LOVE THAT YA WANTS T MAKE ERBODDY YER FRIEND...

BUT NOT ALL CRITTERS IS MEANT TEE YER PAI!

HE'S SUCH A GOOD HUGGER, THOUGH!

THUMBLE THEATRE PRESENTS  
**GOONHALLA**  
PART 1

POPEYE AND SWEETPEA, JOINED BY ALICE THE GOON AND HER CHILD, ALICE JR., ARE DELIVERING A SHIPMENT OF CARROTS TO FAR-OFF GOON VALLEY UNWARE OF WHAT AND WHO AWAITS.

NOTICED IT TOO, ALICE.

WERE ANTSK A SOUL ROUND!

IT'S LIKE TIF VALLEY WAS ABANDONED.

**Amber Waves**

by Dave T. Phipps

BY HENRY BOLTINOFF

**HOCUS-FOCUS**

Find at least six differences in details between panels.

**Out on a Limb**

by Gary Kopervas

BY DAVE T. PHIPPS

**JUST LIKE CATS & DOGS**

WHAT DO YOU EXPECT? WE HAVE 5 STREAMING APPS. LAST TIME, IT TOOK US 3 HRS TO SETTLE ON A 2 HR MOVIE.

**TIGER**

by BUD BLAKE

BY BUD BLAKE

**GRIN & BEAR IT**

A	C	H	E	S		A	R	K		E	B	B	S	
B	R	E	A	M		L	E	A		U	V	U	L	A
C	A	R	G	O		A	D	Z		R	E	R	U	N
	W	A	L	K	E	R		O	R	A	N	G	E	
		E	E	L		M	O	A	N					
S	U	M		R	I	F	E		P	U	R	P	L	E
E	T	A	S		T	I	N	T		S	H	E	E	N
V	I	C	E		E	L	F	I	N		E	R	O	S
E	L	A	N	D		M	O	P	Y		A	I	N	U
N	E	W	T	O	N		L	I	M	P		L	E	E
				G	A	W	K		P	I	G			
	I	N	D	I	G	O		C	H	R	O	M	O	
A	N	O	D	E		U	S	A		A	F	O	U	L
A	T	L	A	S		L	A	N		T	E	R	R	A
H	O	L	Y			D	D	T		E	R	N	S	T

**STATEPOINT CROSSWORD • COLORS**

CLUES

ACROSS

- Partner of pains
- "Raiders of the Lost"
- Opposite of flows
- Flesh of fish
- Grazing area
- Soft palate hanger
- Boatload
- Wood-shaping tool
- Old episode
- "Alice of 'Color Purple' fame"
- "Fruit and color"
- Long reef dweller
- Sound of pain
- Math class total
- Excessively abundant
- "Royal" color
- Arrival times, acr.
- "Color quality"
- Shininess
- White House "sub"
- Spritelike
- Cupid's counterpart
- Serengeti grazer
- "Feeling blue"
- Hokkaido native
- "Color wheel inventor"
- Walk with a hitch
- "Malcolm X" (1992) movie director
- Stare open-mouthed
- Napoleon of "Animal Farm," e.g.
- "Between blue and violet"
- "...phobia, intense fear of colors"
- Opposite of cathode
- North American country
- Run \_\_\_ of the law
- Geography class book
- Local area network
- It's firma
- Has divine power
- Banned insecticide, acr.
- German surrealist Max

DOWN

- "General Hospital" network
- Crop of a bird
- Zeus' sister and wife
- Two under par on a golf hole
- Meat-cooking contraption
- Winglike
- "Predominant color of Mars"
- Type of membranophone
- Like never-losing Steven
- Town
- "Primary color"
- \_\_\_ Juan, Puerto Rico
- 7th planet from the sun
- Chosen few
- Nicki Minaj's genre
- Not womenfolk
- "Number of colors in a rainbow"
- Of service
- Colorful parrot
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# Japanese Beetle Project Continues

**Sacramento County News Release**

**SACRAMENTO COUNTY, CA (MPG)** - The Sacramento County Agricultural Commissioner, in cooperation with the California Department of Food and Agriculture (CDFA), is beginning the third year of an eradication program in response to detections of Japanese Beetles (JB) in the Arden-Arcade area, and within the city limits of Rancho Cordova. Affected property owners will be contacted.

The detections were made as part of our coordinated pest prevention system that protects our agriculture and natural resources from non-native invasive species with early detection playing a key role in successfully eradicating an infestation before it can become established.

The JB is of concern due to the ability of both the adults and grubs (the

larval stage) to destroy plants here in California. The JB is an invasive species in California and is native to Japan, where it is controlled by natural predators. Adults feed on the foliage and fruits of several hundred species of fruit trees, ornamental trees, shrubs, vines and field and vegetable crops. Among the plants most commonly damaged are apple, pear, cherry, corn, grape, rose and turf grass. Adults leave behind skeletonized leaves and large, irregular holes. The grubs develop in soil, feeding on the roots of various plants and grasses and often destroy turf in lawns, parks, golf courses and pastures.

The good news is that the eradication program in Sacramento County is working. With the cooperation of local residents, businesses, schools and park districts, last year's JB detections were greatly

reduced. In 2022, we detected only nine JB's compared to 139 detections in 2021. Seven of these beetles were in Rancho Cordova and only two were in the Arden-Arcade area.

Federal, state and county agricultural officials work year-round, 365 days a year, to prevent, deter, detect, and eliminate the threat of invasive species and diseases that can damage or destroy our agricultural products and natural environment. The efforts are aimed at keeping California's natural environment and food supply plentiful, safe, and pest-free.

Residents with questions about the project may call the Sacramento County Agricultural Commissioner's office at (916) 875-6603 or CDFA's Pest Hotline at (800) 491-1899. Additional information can be found on the CDFA website. ★

# Privacy Incident Regarding Historical Health Records

**Secretary of State Press Release**

**SACRAMENTO, CA (MPG)** - California Secretary of State Shirley N. Weber, Ph.D., announced on March 10, 2023, that confidential records pertaining to the state's forced sterilization program were inadvertently released to a single researcher. When the researcher discovered the error, they immediately notified the Secretary of State's Office that the records included documents that were less than 75 years old, the threshold required for access by the public.

"The Secretary of State's office regrets the release of this information. Fortunately, the researcher involved confirmed they did not view the materials in detail and have deleted any material from their computer. There is no evidence that there has been any use or attempted use of the information compromised by this incident," Secretary Weber said.

"These records, which are housed in the California State Archives, have since been removed from public access, and we have updated our practices and procedures to better ensure the security of these records moving forward."

The records, dated from 1948-1952, contained personal information, including full

names, dates of birth and addresses as well as medical information related to procedures performed, medical history and familial history.

The SOS has posted a Notice of Privacy Incident <https://www.sos.ca.gov/notice-privacy-incident-historical-health-records> so impacted individuals may be aware of the incident and can take the necessary steps to monitor any unusual activity regarding their personal information. For additional information or for those who believe they may be impacted, please email [archivesprivacy@sos.ca.gov](mailto:archivesprivacy@sos.ca.gov). If you have additional questions, please contact Archives Services Manager at (916) 653-7715, Monday through Friday from 8:30 a.m. to 5:00 p.m. Pacific.

Pursuant to Government Code section 12237, all records 75 years and older within the California State Archives are made public.

California's forced sterilization program in state-run hospitals, homes and institutions was conducted from 1909 to 1979. In 2021, the Legislature created The Forced or Involuntary Sterilization Compensation Program to compensate financially survivors of state-sponsored sterilization. For more information about the program, go to <https://victims.ca.gov/fiscp/>. ★

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### NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF DAVID J ALVARADO

CASE NO. 34-2022-00319436  
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of David J Alvarado. A Petition for Probate has been filed by Rebecca Brackett, in the Superior Court of California, County of Sacramento, requesting Rebecca Brackett be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows April 19, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Rebecca Brackett, 700 Moon Circle, #723, Folsom, CA 95630; phone (510) 209-4974  
Publish: March 31, April 7 & 14, 2023  
ALVARADO 4-14-23

### SUMMONS

STATE OF SOUTH CAROLINA COUNTY OF GREENVILLE IN THE PROBATE COURT C/A NO.: 2022-GC-23-00158/159 ANTHONY E. MCNAMARA, PETITIONER VS. MARY L. MCNAMARA, A.J.I., ANTHONY DAVILA; MICHELLE DAVILLA; PATRICIA TERRELL; DENNIS BLUNDO; AND VINCENT BLUNDO, RESPONDENTS. TO THE ABOVE-NAMED DEFENDANTS YOU ARE

HEREBY SUMMONED: and required to respond to the Petition in this action, a copy of which is hereby served upon you, and to serve a copy of your Answer to said Petition on the undersigned at her office located at: Turner Padgett Graham & Laney, P.A., 200 East Broad Street, Suite 250 (29601), P.O. Box 1509, Greenville, S.C. 29602, within thirty (30) days (thirty-five (35) days if service was by certified mail) after service thereof; exclusive of the day of such service; and if you fail to respond to the Petition within the times aforesaid, the Petitioner in this action shall apply to the Court for a judgment of default against you for the relief demanded in the Petition.

Respectfully submitted,  
TURNER PADGETT GRAHAM & LANEY, P.A.  
s/ Jessica S. Ferguson  
Jessica S. Ferguson (S.C. Bar No.: 104253),  
200 East Broad Street, Suite 250 (29601)  
P.O. Box 1509  
Greenville, S.C. 29602  
Telephone: (864) 552-4626  
Facsimile: (864)-282-5989  
Email: JFerguson@turnerpadgett.com  
December 22, 2022  
Greenville, South Carolina

### NOTICE OF HEARING

DATE: May 8, 2023  
TIME: 2:00 p.m.  
PLACE: Probate Court, 301 University Ridge, Suite 1200, Greenville, SC 29601  
PURPOSE: To hear and rule on Petitioner's Summons and Petition Requesting South Carolina Accept Guardianship/ Conservatorship From Sending State - California.  
Publish March 24, 31, April 7 & 14, 2023  
TURNER 4-14-23

SUMMONS (CITACION JUDICIAL) CASE NUMBER: 34-2022-00326853 NOTICE TO DEFENDANT: Corvette Connections, Inc.; Philip Edward Van Every aka Philip Vanevery; CA Corvettes LLC; and DOES 1 through 10, inclusive

YOU ARE BEING SUED BY PLAINTIFF: Red Target, LLC. NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Website ([www.lawhelpcalifornia.org](http://www.lawhelpcalifornia.org)), the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), or by contacting your local court or county bar as-

sociation. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. AVISO! Lo han demandado. Si no responde dentro de 30 dias, la corte puede decidir en su contra sin escuchar su version. Lea la informacion a continuacion.

Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California ([www.sucorte.ca.gov](http://www.sucorte.ca.gov)) en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia.

Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services ([www.lawhelpcalifornia.org](http://www.lawhelpcalifornia.org)), en el Centro de Ayuda de las Cortes de California, ([www.sucorte.ca.gov](http://www.sucorte.ca.gov)) o poniendose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperacion de \$10,000 o mas de valor recibida mediante un acuerdo o una concesion de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso.

The name and address of the court is: (El nombre y direccion de la corte es): Superior Court of California, County of Sacramento, 720 9<sup>th</sup> Street, Sacramento, CA 95814

The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Ferns, Adams & Associates, 2815 Mitchell Drive, Suite 210, Walnut Creek, CA 94598; 925/927-3401.  
Date: (Fecha) September 19, 2022  
Clerk (Secretario) V. Bloxson, Deputy (Adjunto)  
Publish March 24, 31, April 7 & 14, 2023  
FERNS 4-14-23

### TRUSTEE SALE

NOTICE OF TRUSTEE'S SALE TS No. CA-22-950500-BF Order No.: 8781120 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 9/13/2012. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE

PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): GEORGE MYERS III AND SYLVA TAFOYA-MYERS, HUSBAND AND WIFE Recorded: 9/14/2012 as Instrument No. XXX in Book 20120914 Page 1761 of Official Records in the office of the Recorder of SACRAMENTO County, California; Date of Sale: 4/21/2023 at 2:00 PM Place of Sale: At the main entrance to the County Courthouse, located at 720 9th Street, Sacramento, CA 95814 Amount of unpaid balance and other charges: \$157,559.31 The purported property address is: 2653 PALO VISTA WAY, RANCHO CORDOVA, CA 95670-3428 Assessor's Parcel No.: 076-0173-010-0000 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the

property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 for information regarding the trustee's sale or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-22-950500-BF. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 916-939-0772, or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-22-950500-BF to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to

place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. NOTICE TO PROSPECTIVE OWNER-OCCUPANT: Any prospective owner-occupant as defined in Section 2924m of the California Civil Code who is the last and highest bidder at the trustee's sale shall provide the required affidavit or declaration of eligibility to the auctioneer at the trustee's sale or shall have it delivered to QUALITY LOAN SERVICE CORPORATION by 5 p.m. on the next business day following the trustee's sale at the address set forth in the below signature block. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: QUALITY LOAN SERVICE CORPORATION 2763 Camino Del Rio S San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 QUALITY LOAN SERVICE CORPORATION. TS No.: CA-22-950500-BF IDSPub #01847723/31/2023 4/7/2023 4/14/2023 QLSC\_772 4-14-23

### NOTICE OF SALE OF ABANDONED PERSONAL PROPERTY

Notice is hereby given that pursuant to Cal Civ Code §§1980-2003, the property listed below believed to be abandoned by Quintin Steen, whose last address was 5100 Garfield Ave., #82, Sacramento, CA will be sold at public auction at the above-referenced address on April 13, 2023 at 8:35 a.m. Description of property: sofa, end tables, 2 TVs, turntable, 2 speakers, 3 lamps, dinette set, kitchen countertop appliances, bed, dressers, pots, pans, dishes, linens, Ikea desk, chair & table, sm bookcase, bike, laptop, PC, printer, 3 jackets, misc supplies, assorted home furnishings, clothes, closed boxes. All items sold "as is". Purchases must be removed at time of sale and must be paid for by cashier's check or money order.  
Carmichael Times 3-31, 4-7-2023

### NOTICE OF PUBLIC LIEN SALE SELF STORAGE AUCTION

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to the California Storage Act (Sections 21700-21716 of the Business & Professions Code.)

**ARMOR MINI STORAGE:** Property is located at 5714 Auburn Blvd., Sacramento, CA 95841. The auction will be conducted entirely online at: <https://bid13.com/> Auctioneer: Bid13.com 1-844-348-2776; agent for Owner. Contents for the following lien units will be sold:

**Tenant unit number and name**  
B037 Stacy Guzman, B146 Roger Fraser, D036 Steve Monday, F002 Aurielle Lewis, J001 Jonathan Miller, J026 Anthony Edwards.

Pictures of the contents of the storage space can be seen online. Bids must be entered online beginning, **Friday April 7, 2023 at 9am and ending Friday April 14th, 2023 at 9am PST.** Payment must be made at the time of purchase. All items in the unit are sold as is and must be removed within three days of the time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party.  
Carmichael Times 3-24 and 3-31-2023

# How Pelosi Stopped the Jan. 6, Electoral College Count and Installed Biden



By Harold Pease, Ph.D.

According to Conservative Treehouse in a recent breakthrough article titled "The Parliamentary Motive Behind the J6 Fedsurrection," March 12, 2023, Nancy Pelosi played the dominant role in stopping the January 6, 2021 Electoral College Count. The federal government had motive in creating the J6 crisis which permitted her "to trigger an emergency session and avoid the 2020 election certification challenges," thus seating Joe Biden without thorough constitutional review.

On the morning of January 6, 2021 three constitutional processes remained, all easily would have solved the election question between Donald Trump and Joe Biden; one involving the President of the Senate, Mike Pence, one the House of Representatives with Nancy Pelosi, and a third involving both houses using the Electoral Count Act of 1887. All were rejected by Pelosi.

The first, and preferred, has Pence on center stage. "The Constitution reads, 'The President of the Senate [at the time Vice President Pence] shall, in the presence of the Senate and House of Representatives, open all the certificates and the votes shall then be counted' (Amendment 12). All Pence had to do when a state submitted two slates was to say, 'Arizona (et al.) has submitted two slates one from its state legislature, the other forwarded by the state secretary of state signed by the governor. Since I cannot count both, and only the state legislature is recognized by the Constitution as the proper submitter (Article II, Section I, Clause 2), I will count only it.' Since five of the six contested state legislatures were Republican, Trump would have been reelected.

The second constitutional remedy would have involved Pelosi as then Speaker of the House. The Constitution

reads, "if no person have such majority, then from the persons having the highest numbers ...the House of Representatives shall choose immediately, by ballot, the President. But in choosing the President, the votes shall be taken by states, the representation from each state having one vote; ... and a majority of all the states shall be necessary to a choice" (Amendment 12, U.S. Constitution). In the House each state has only one vote for president, regardless of its size, California and Wyoming each have but one vote. Republicans controlled 28 state delegations, two more than the majority needed to reelect Trump.

Instead, of this constitutional clarity both houses chose a process not in the Constitution itself. The confusing 133 year old Electoral Count Act of 1887, not constitutionally tested, which required both houses giving them an objection process. This required a member of the Senate and of the House each to object to any state's vote, thereafter to dismiss the two houses to their separate quarters for two hours of discussion rendering a decision before reuniting.

But Pelosi wanted none of these constitutional remedies because all, she perceived, gave Trump a second term. Enter a previously contrived government January 6 crisis which permitted her to trigger an emergency session, deny Pence his constitutional role as President of the Senate to count the votes, avoid the 2020 election certification challenges, bypass the above stated parts of the Constitution and the Electoral Count Act of 1887, and reconvene that evening making Biden President—all obstruction to that end just hours before treasonably removed.

A government engineered January 6 is the only way this could happen. To delay "the certification of state electoral votes requires a crisis. A crisis that creates an 'emergency' ...An 'emergency' that invokes special house rules." Special house rules, that allow no "motion challenges to halt the certification" and avoids a vote to "look into voting irregularities and fraud." Nothing was required of the "house to pause the certification and then vote to determine whether the motions of suspend could move forward." Nothing to

prevent their certifying the fraud "with no detractors on record." Perfect!! And the MAGA protestors would be blamed.

The Supreme Court too was removed as a potential threat to their plan. "This effectively gives no standing for a SCOTUS ruling appeal! Understand this. If those two motions, even just one had successfully been voted EVEN IF THE MOTIONS were DENIED IN VOTE, this gives those who presented them with STANDING FOR A CONSTITUTIONAL LEGAL ARGUMENT BEFORE SCOTUS."

The author of the "Parliamentary Motive Behind the J6 Fedsurrection," Regitiger, continues, "Just moments, literally 3 minutes before two representatives issued a vote for motions to suspend the certification, the House members were 'informed' by capitol police and other 'agents' that a protest was about to breach the chambers." Pelosi "UNILATERALLY UNDER EMERGENCY RULES, suspended the business of the congress." Moments later "key people: Pence, Pelosi, Schumer, McConnell can be seen being walked out and escorted from the chamber. This effectively halted the Entire Chamber Process."

When reconvened later that evening Speaker Pelosi "initiated the NEW sessions under special emergency rules. These rules abandon and make it clear that the ONLY purpose of the new session was to EXPEDITE the certification and dismiss all prior regular session procedural rules." Also, "members were allowed to 'vote' in proxy, remotely, not being present." Also, "clearly, it was at THIS NEW SESSION that VP Pence, President of Congress, would also have no ability to even consider pausing the electoral certification, because there were no motions of disagreements on the matter. The motions were never allowed to be floored in the re-convened house rules later that evening."

BINGO a successful overthrow of the United States government via an election and Nancy Pelosi. Can we please subpoena her emails?

Dr. Harold Pease is an expert on the United States Constitution and a syndicated columnist. To read more of his weekly columns visit [www.LibertyUnderFire.org](http://www.LibertyUnderFire.org) ★

# Repairs to Vitalant Completed



The Fair Oaks Vitalant center at 11713 Fair Oaks Boulevard, which received interior repairs, has 15 donation stations. It is located near Fair Oaks Boulevard and Madison Avenue in the Almond Plaza.

Story and photo by Thomas J. Sullivan

**FAIR OAKS, CA (MPG)** - Interior repairs at the Vitalant blood donation center at 11713 Fair Oaks Boulevard in Fair Oaks near the corner of Fair Oaks Boulevard and Madison Avenue in the Almond Plaza have been completed on schedule and donation appointments at the center have resumed.

Closure was projected to last four to six weeks from mid-February for the repair of a deteriorating concrete floor, as well as to make other general interior improvements.

Returning donors will see a new front counter in the lobby area and a refreshed post donation snack area. Individual donation appointments resumed on Sunday, March 19th with a full calendar scheduled.

Lorraine Schlak, RN, BSN, supervisor of the Fair Oaks blood donation center, welcomed donors back to the Fair Oaks facility.

"There continues to be an urgent need for public donations of both blood and blood plasma," she said.

The closure was the first by Vitalant since it moved

into the Fair Oaks location 12 years ago. The donation is adjacent to where a new Ace Hardware Home and Garden center will open this summer.

The February closure affected 12 medical donation staff members who were reassigned to other local Vitalant centers while equipment and office furnishings were placed in temporary storage.

The Fair Oaks center has 15 donation stations, and on average receives 600 whole blood donations per month. Each whole blood donation takes about 45 minutes to complete from intake interview screening to post-donation patient recovery where volunteers serve snacks and refreshments.

The average time to complete a plasma donation is longer, she said. "We typically receive 24 plasma donations per day, or up to 120 each month," Schlak said.

"We will continue to reach out through social media, email and phone calls to our regular donors and many volunteers that we have reopened in Fair Oaks," she said.

"We're especially grateful to our many regular volunteers who continued to

actively support our center during our temporary closure," she said.

Founded in 1943, Vitalant is one of the nation's oldest and largest non-profit transfusion medicine organizations, comprising a network of about 120 community blood centers. In all, Vitalant provides lifesaving blood and comprehensive transfusion medical services for about 900 hospitals and their patients across the U.S.

All healthy donors are urged to donate now, she said. "If you've had COVID-19 and have been symptom-free for 10 days, you are eligible to donate," she said. "Whatever your COVID-19 vaccination status, you are absolutely allowed to give blood or platelets."

Call Vitalant (877) at 258-4825 to schedule a whole blood or plasma donation appointment. Visit: <https://www.vitalant.org> for more information.

Prospective donors should visit: <https://www.vitalant.org/Donate/Health-History-Questionnaire> to view basic donation requirements.

Appointment pre-registration and screening is encouraged, Schlak said. ★

# Farm Bureau Praises Governor's Action to Recharge Aquifers

California Farm Bureau News Release

**SACRAMENTO, CA (MPG)** - The California Farm Bureau praised Gov. Gavin Newsom for signing an executive order to use floodwaters from recent storms to recharge and store groundwater.

"Our groundwater basins are critical for supplying drinking water for our communities as well as helping our farmers produce the food supply for Californians," said California Farm Bureau President Jamie Johansson. "We applaud Gov. Newsom's courageous decision to divert floodwaters from this year's

storms to replenish our depleted groundwater basins. This can help protect life and property during our continuing storms. It is an important step for helping bring our aquifers into balance and sustaining them for future generations. We strongly support efforts to enhance California's long-term water supplies during wet years, including recharging our groundwater and capturing and storing surface water for our reservoirs."

The California Farm Bureau works to protect family farms and ranches on behalf of nearly 29,000 members statewide and as part of a nationwide network of 5.3 million Farm Bureau members. ★



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## INDOOR PICKLEBALL



Come join us at the La Sierra Community Center for indoor pickleball. Our Johnson Gym has 5 indoor courts for drop-in play.

**DAYS AND TIMES:**


- Starting November 29th
- Tuesdays and Thursdays from 9:00 a.m. - 12:00 p.m.

**LOCATION:**

- La Sierra Community Center (5325 Engle Rd)
- Johnson Gymnasium

**FEES:**

- \$5 for a day pass or \$40 for a 10-day punch card
- Purchase passes/punch cards at the La Sierra Community Center Recreation Office (5325 Engle Rd, Suite 100)

# Resources Available for Parents

### Sacramento County Special Release

**SACRAMENTO COUNTY, CA (MPG)** - Whether you are becoming a parent for the first time or you are welcoming another child into your family this year, there are several resources that can help you in Sacramento County. If you are pregnant and live in Sacramento County, Maternal Child Adolescent Health (MCAH) has a program for you. MCAH has information and education on how to have the best pregnancy outcome possible, information on child health and development, and can assist parents in obtaining an OB provider or pediatrician.

The goals of MCAH programs are to make sure babies are born healthy and that their mothers are healthy too. The programs aim to provide a safe environment for children and parents of all backgrounds. Those with MCAH also work to make sure all women, children, and their families have equal access to appropriate care.

Because each family is unique, the County has several resources in place to help serve parents and children. Some of the programs available in the County include African American Perinatal Health, Black Infant Health, Nurse-Family Partnership, and Women, Infants, & Children (WIC). Anyone who is pregnant and lives in Sacramento County and is income eligible can enroll in these programs. If you are not sure which resource is best for you, do not worry. The County has workers who will match you to the program or programs you are eligible for.

The process is streamlined to make it easy for parents to reach out. To get help, call (916) 875-BABY. You will need to state that you are pregnant and in need of assistance. That one call is all you need to make. The County will then match you to resources. You can also complete a referral form and email it to [DHSMCAH@saccounty.net](mailto:DHSMCAH@saccounty.net). Click here for the referral form.

Many who have benefited from MCAH programs say the services have made a positive impact on their lives. A mother who is currently in the Black Infant Health program said having the extra support had a big impact on her.

“Knowing this program existed was amazing and the fact that it focused on Black moms was even better. It was great having support whenever I needed it and being in such a comfortable, safe space,” the mother said.

Other MCAH programs have also had successful outcomes. 96% of Nurse-Family Partnership clients who chose to breastfeed were able to successfully do so at birth, which is higher than the national rate. The premature birth rate for Nurse-Family Partnership clients is 6.4%, which is lower than the state and national average. The programs also help mothers focus on their mental health. 100% of African American Perinatal Health clients who screened positive for Perinatal or postpartum mood and anxiety disorders were referred to mental health services.

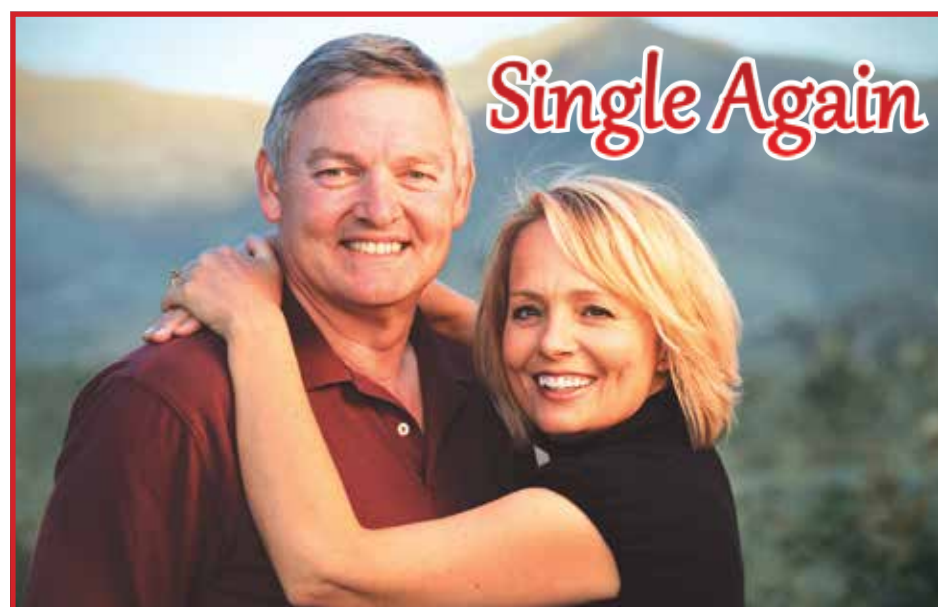
To find out more about MCAH programs, go to the Sacramento County website. ★

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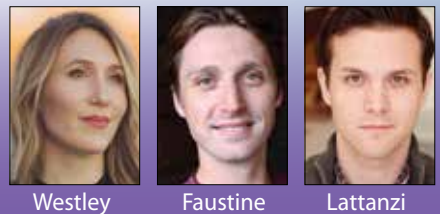
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## AMERICAN/HISPANIC GROCERY

REG. \$3.99 Bar Harbor Natural Clam Juice 8 Lbs <b>\$3.39</b>	REG. \$2.99 Nestle Half & Half Table Cream 7.6L Lbs <b>\$1.99</b>	REG. \$3.99 Jasmine Super Lucky Elephant Jasmine Rice 5 lb <b>\$8.99</b>	REG. \$5.99 EED Purified Drinking Water 32 x 16.9 oz <b>\$5.49</b>	REG. \$4.99 Zapalot Corn Tostitos 9.17 oz <b>\$4.29</b>
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## ASIAN GROCERY

REG. \$2.59 Super Q Corn Starch 16 oz <b>\$1.69</b>	REG. \$1.49 Tropical Farm Coconut Milk 13.5 Lbs <b>6 for \$5.00</b>	REG. \$2.99 Dragonfly Jelly Bar Hand Bag 11.64 oz <b>\$2.59</b>	REG. \$3.29 Went Went Rice Cracker Cheese Flavor 3.5 oz <b>\$2.99</b>	REG. \$9.29 Aik Chong Fish Tarr. Milk Tea Mix 600 gr <b>\$7.99</b>
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## EUROPEAN GROCERY

REG. \$10.99 Moulin de France Black Tea 907 gr <b>\$10.99</b>	REG. \$3.99 Dried Spiced Pulver 4 oz <b>\$3.99</b>	REG. \$1.79 Single Strawberry & Cream Jam 350 gr <b>\$1.79</b>	REG. \$2.69 Curtis Tea 6 kinds 2.0 Lbs <b>\$2.69</b>	REG. \$3.69 Lekema Water Sheets 90 gr <b>\$3.69</b>
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REG. \$15.99 Wang Kangnam Rice 2 kinds 25 lb <b>\$15.99</b>	REG. \$12.99 Seaweed Seaweed 27 x 4 g <b>\$12.99</b>	REG. \$5.99 Spicy Sesame Noodle 4 x 130 g <b>\$5.99</b>	REG. \$6.99 Dried Shred Pulver 4 oz <b>\$6.99</b>	REG. \$10.99 Dragonfly Rice Drink 12 x 2.35 Lbs <b>\$10.99</b>	REG. \$10.99 Red Pepper Powder 2.2 Lbs <b>\$10.99</b>
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## HOUSEWARES

REG. \$19.99 KEEN Brand Hair Darkening Shampoo 400 ml <b>\$19.99</b>	REG. \$30.99 ELECTRIC BBQ GRILL <b>\$30.99</b>
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## FROZEN & FISH DEPT

REG. \$24.99/lb Frozen Snow Crab Legs 1 lb <b>\$16.99</b>	REG. \$4.99/ea Frozen Mussel Meat 14 oz <b>\$2.99</b>
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## WEEKLY MEAT SPECIALS

Beef Chuck Roast Boneless Carne Asada Sin Hueso <b>\$3.99</b>	Beef T-Bone Steak Filet Chateaufort & Tenderloin <b>\$5.99</b>	Beef Porterhouse Steak Filet-Biste de Tenderloin <b>\$6.49</b>
40 lb Case Wayne Farms Chicken <b>\$22.99</b>	Pork Spare Ribs (Single Pack) Costillas de Cerdo <b>\$1.99</b>	Pork Butt - Bone In Trozo de Puerco con Hueso <b>\$1.79</b>
Chicken Drumsticks Piermas de Pollo <b>59¢</b>	Pork Hocks Carne de Pierna de Cerdo <b>\$2.29</b>	

## FROZEN & FISH DEPT

REG. \$16.99/ea Dried Cod Fish 500 g <b>\$12.99</b>
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## EUROPEAN DELI

REG. \$8.19 Olive Medley <b>\$8.19</b>	REG. \$4.09 Pretzel Olive Medley <b>\$4.09</b>
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<h3>WORLD'S BEST CAT LITTER</h3> <p>•Original •Extra Strength 15 Lb Bag Limit 2 Bags</p> <p><b>\$15.99</b></p>	<h3>FIRSTMATE &amp; KASIKS DRY DOG FOOD</h3> <p>5 Lb Bag, 25-28.6 Lb Bag (As Marked Dog &amp; Cat Cans 15% Disc) As Marked</p> <p><b>\$5 OFF</b></p> <p>OUR REGULAR PRICES</p>	<h3>JONNY CAT PREMIUM CAT LITTER</h3> <p>10 Lb Bag Limit 2 Bags Per Family</p> <p><b>\$2.79</b></p>	<h3>SOLID GOLD CANNED CAT FOOD</h3> <p>All Varieties 3 Oz Can (Blended Tuna 6 Oz) Limit 2 Cases</p> <p><b>20% OFF</b></p> <p>OUR SUPER LOW PRICES!</p>
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