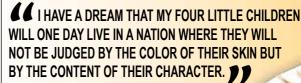


#### Survey Shows Storms Provided **Big Totals**

PAGE 2



– Martin Luther King, Jr., *atestament of Hope*.



# Carmichael Times

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**JANUARY 13, 2023** 

### **TEACHER OF** THE MONTH



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#### **SEE'S CANDIES** TO CONSOLIDATE LOCATIONS



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## **TO BE IN '23** By Mary Jane Popp



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direct link to our online edition!

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# Widespread Flooding



A car stops on a flooded Lambert Road off Interstate 5 in Sacramento County on Jan. 3, 2023. Northern California was hit by a major rainstorm that caused power outages, landslides and flooding over the New Year's holiday weekend. Photo by Miguel Gutierrez

By Julie Cart and Alastair Bland, CALMatters.org

SACRAMENTO REGION, CA - Raising questions about whether California's elaborate system of flood protections will hold, another dangerous storm is barreling toward the Sacramento Valley, where rains already punched through some levees and floods killed at least one person.

Last weekend's storms have already tested the flood-prevention infrastructure across the region, which sits at the confluence of two major rivers and bears the brunt of heavy rains. "It's a bathtub, basically," said Beth Salyers, deputy

district engineer for the federal Army Corps of Engineers in Sacramento.

An estimated 1.3 million people and \$223 billion worth of property in the Central Valley are protected by the state-federal systems of levees, dams and other structures.

California spends \$48 million annually for operating flood protections but needs much more — "\$3.2 billion over the next five years of implementation," according to the state's Central Valley Flood Protection Plan, a document produced in 2012 and updated last month. Of that, the state's responsibility ranges from \$1.8 billion to \$2.8

An estimated \$25 to \$30 billion in

funding over 30 years could help the state "avoid the astronomical cost of catastrophic flooding in the Central Valley estimated to be as high as \$1 trillion, in addition to an incalculable toll on lives and public well-being," the plan says.

So far, this winter's storms have been severe but not catastrophic: The New Year's Eve storm "stalled out over the watershed of the Cosumnes River. Portions of privately owned levees on the river gave way, flooding nearby areas. The levees, constructed to reclaim the land for agriculture, are generally rated only to handle a 10-year flood, according to Sacramento County officials. Continued on page 12

### Update on **Outreach** and **Sheltering of Unhoused**

Sac County News Release

SACRAMENTO COUNTY, CA (MPG) - Sacramento County opened a second location to shelter unhoused individuals coming off the American River Parkway due to flooding and park closures. The Howe Park Community Center (2201 Cottage Way) opened Wednesday, January 4, and currently has three individuals one dog sheltering there. This location has cots, blankets, water and snacks for guests, as well as crates for pets. Persons coming off the Parkway are being provided rides through transportation contracts managed by our

non-profit partners. In addition to an evacuation center, Howe is welcoming unhoused individuals in search of weather respite from the City of Sacramento. Regional Transit is providing direct service to the Howe Park Community Center for persons coming from downtown Sacramento and providing transport back to downtown when they are ready to leave.

Howe Park Community Center has capacity for up to 50 people, as well as pets. The duration these locations are open will be evaluated based on weather conditions.

Howe Park has been added to a list of other respite locations opened by the County and the City for unhoused that are either being evacuated off the Parkway, or in search of weather respite.

Additional locations will

be opened as needed. The County Sacramento activated its motel voucher weather respite program ahead of the original storm on New Year's Eve and is currently sheltering more than 200 people.

In addition, the County increased capacity at its North A Shelter (Dec. 31) an additional 55 beds, which have been filled, but will welcome new guests as beds are vacated. Both these locations accommodate pets.

The City of Sacramento activated weather-respite operations at both its Outreach and Engagement Center and the North Fifth Street Shelter lobby on Wednesday through at least Saturday morning.

The Outreach and Engagement Center (3615 Auburn Blvd.) opened as a 24-hour weather respite center at 11:30 a.m. Wednesday. Walk-ups are accepted, and the space can accommodate 50 people, with families and pets welcome.

Continued on page 7

## **SMUD Crews Respond to Outages**

SMUD Special Release

SACRAMENTO REGION, CA (MPG) - The Sacramento region was hit by heavy rains and 70-mph winds by the latest storm that ripped through Northern California overnight. Storm damage knocked out power to more than 345,000 SMUD customers at its height around 2 AM. As of 3:45 PM, approximately 60,000 customers remain without power.

The most recent storm was the worst storm in more than 30 years, eclipsing last week's New Year's Eve storm. So far, SMUD has identified more than 80 downed power poles and dozens of downed trees impacting utility equipment. These numbers will grow significantly as assessments are completed.

SMUD line crews, troubleshooters and other field personnel will work 24/7 to restore power to customers if it's safe to work. Crews made steady progress throughout the day Sunday to assess damage,



make repairs and restore power. Thanks to partnerships with other local utilities and contract crews, SMUD has nearly doubled the typical number of crews in the field working to restore power from 16 to 30. Additional mutual aid crews are incoming, which will bring total crew count to approximately 40 on Monday.

Due to extensive damage, many customers will experience lengthy outages that last overnight, and many will last well into the coming week. SMUD is contacting customers we expect to be out of power overnight directly so they can make arrangements.

When storms knock out power, SMUD works around-the-clock to restore electric service as safely and as quickly as possible, but restoration efforts can be slowed

for crews to safely work, or access is limited or not possible due to floods. SMUD prioritizes

when winds are too high

where crews will be sent during a storm: Public safety hazards (power lines down, poles down); Hospitals and critical flood control pumps; Areas with large numbers of customers out of power; Scattered, smaller

Continued on page 7

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## Snow Survey Shows Storms Provided Big Totals

**DWR Special Release** 

SACRAMENTO REGION, CA (MPG) - The Department of Water Resources (DWR) conducted the first snow survey of the season on January 3 at Phillips Station. The manual survey recorded 55.5 inches of snow depth and a snow water equivalent of 17.5 inches, which is 177 percent of average for this location. The snow water equivalent measures the amount of water contained in the snowpack and is a key component of DWR's water supply forecast. Statewide the snowpack is 174 percent of average for this date.

California is expected to see continued rain and snow over the next seven days, with the threat of flooding in parts of California. Conditions so far this season have proven to be strikingly similar to last year when California saw some early rainstorms and strong December snow totals only to have the driest January through March on record.

"The significant Sierra snowpack is good news but unfortunately these same storms are bringing flooding to parts of California," said DWR Director Karla Nemeth. "This is a prime example of the threat of extreme flooding during a prolonged drought as California experiences more swings between wet and dry periods brought on by our changing climate."

One year ago, the Phillips survey showed the seventh highest January measurements on record for that location. However, those results were followed by three months of extremely dry conditions and by April 1 of last year, the Phillips survey measurements were the third lowest on

More telling than a survey at a single location are DWR's electronic readings from 130 stations placed throughout the state. Measurements indicate



Despite heavy rain and snow, relief from drought conditions still depends on coming months. Photo courtesy of needpix.Com

that statewide, the snowpack's snow water equivalent is 17.1 inches, or 174 percent of average for this date. This January's results are similar to results in 2013 and 2022 when the January 1 snowpack was at or above average conditions, only for dry weather to set in and lead to drought conditions by the end of the water year (September 30). In 2013, the first snow survey of the season also provided promising results after a wet December similar to today's results. However, the following January and February were exceptionally dry, and the water year ended as the driest on record, contributing to a record-breaking drought. In 2022, record-breaking December snowfall was again followed by the driest January

through March period on record.

"Big snow totals are always welcome, but we still have a long way to go before the critical April 1 total," said DWR's Snow Surveys and Water Supply Forecasting Unit Manager Sean de Guzman. "It's always great to be above average this early in the season, but we must be resilient and remember what happened last year. If January through March of 2023 turn out to be similar to last year, we would still end the water year in severe drought with only half of an average year's snowpack."

On average, the Sierra snowpack supplies about 30 percent of California's water needs and is an important factor in determining how DWR manages the state's water resources. Its natural ability to store water is why the Sierra snowpack is often referred to as California's "frozen reservoir." A below-average snowpack impacts water users across the state, putting further stress on the environment and critical groundwater supplies.

Due to these increasing swings from dramatically wet to dry conditions, Governor Newsom's recently released "California's Water Supply Strategy, Adapting to a Hotter, Drier Future" calls for investing in new projects and technologies that will modernize how the state manages water. In alignment with the Administration's strategy, the recently adopted 2022 Update to the Central Valley Flood Protection Plan identifies actions needed to

adapt much of California's flood infrastructure to a rapidly changing climate. Current climate research indicates the state will see bigger swings from extreme heat and dry conditions to larger and more powerful storms that deliver temporary large boosts to the state snowpack as well as flood risk.

**DWR** encourages Californians to visit SaveOurWater.com for water saving tips and information, and to continue to conserve California's most precious resource, rain or shine.

DWR conducts five media-oriented snow surveys at Phillips Station each winter near the first of each month, January through April and, if necessary, May. The next survey is tentatively scheduled for February 1.



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## **Teacher of the Month Named**

### Serves Students with Visual Impairments



SJUSD Teacher of the Month for January Jessica Campos is a Teacher for Students with Visual Impairments. Photo courtesy of ABC10

#### **T-Rock Communications**

**SACRAMENTO, CA (MPG)** - ABC10, in partnership with SchoolsFirst Federal Credit Union and Sacramento State's College of Education, is proud to announce Jessica Campos - who teaches students with visual impairments for the San Juan School District – as Teacher of the Month for January 2023. In place for 20+ years, Teacher of the Month is one of ABC10's signature community enrichment initiatives designed to highlight local teachers making a difference in the lives of their students and families. After being interviewed recently by ABC10's Mark S. Allen, a seven-time Emmy Award winning member of the news team, an uplifting story about Ms. Campos will air multiple times during the month of January. The first time the story will air is on Tuesday, January 10 during ABC10's morning news between 5-7 a.m. and again that same evening during ABC10 News at 5 p.m.

With 18 years of teaching experience, as an elementary school teacher for five years and as a Teacher for Students with Visual Impairments (TVI) for 13 years, Ms. Campos travels around the San Juan Unified School District providing instruction in braille, low vision aids, and assistive technology to Pre-K students to those up to 22 years of age.

When asked about why teachers matter, Ms. Campo said: "Teachers for Students with Visual Impairments create an environment to encourage independence, academic success, and prepare a student to be productive members of society." She also has advice for those considering teaching as a career path: "It's not a well-known credential in special education, but very much in demand. The credential allows you to work one-on-one with a child, so it's very rewarding."

As part of being recognized as Teacher of the Month, Ms. Campos will receive \$1,000 from SchoolsFirst Federal Credit Union plus will be eligible for the title of Esquire IMAX ABC10's Teacher of the Year award – that includes a \$5,000 prize which will be announced at a special awards program early next year.

To nominate a local teacher in the greater Sacramento/Stockton/Modesto area for an upcoming Teacher of the Month, please visit www.abc10.com/ teacherofthemonth.

## Bera Gets \$32 Million for Projects

Office of Rep. Ami Bera, M.D.

WASHINGTON, DC (MPG) - Representative Ami Bera, M.D. (CA-07) announced that he secured \$32,787,591 in federal funding to support 15 local Sacramento-area projects in the Fiscal Year 2023 government funding package that passed the House of Representatives on December 23, 2022. The funding package previously passed the Senate and now heads to President Biden's desk for his signature into law.

"My top priority since entering Congress has been to make government work for Sacramento County," said Representative Bera, M.D. "Today, I continue to deliver on that promise by proudly announcing that over \$32 million in federal funding is coming to our community. This significant investment will help build a brighter and stronger future for Sacramento families and businesses."

Rep. Bera championed 15 local projects that will receive Community Project Funding:

\$4,000,000 for the Capital SouthEast Connector - D3a Class I Multi-Use Path; \$2,500,000 for the Carmichael Water District for Aquifer Storage

and Recharge Well #2; \$540,000 for the Citrus Heights Police Department Emergency Communication Enhancements; \$1,500,000 for the Citrus Heights Water District for the Highland Avenue Well Project; \$950,000 for the Folsom Lake College, Folsom, CA for a prison and reentry program; \$600,000 for the FosterHope Sacramento, Sacramento, CA for mental health and associated support services; \$3,647,591 for the Gold Line Light Rail Station Conversions; \$2,000,000 for the Laguna Creek Inter-Regional Trail Crossing at State Route 99; \$1,500,000 for the Mather Community Campus Human Assistance Facility Renovation Project; \$750,000 for the Meals on Wheels Sacramento Kitchen; \$2,000,000 for the Old Town Streetscape Project Phase 2; \$4,000,000 for the Riley Street Safety Improvements; \$2,000,000 for the Sacramento Area Environmental Infrastructure (Orangevale), CA; \$2,800,000 for the Sacramento County for a Regional Conjunctive Use Project; 4,000,000 for the White Rock Road – 0.5 Mile East of Rancho Cordova Parkway to Rio Del Oro Parkway.

## Kings Announce Kingpin Classic in Partnership with Raley's

Sacramento Kings Press Release

SACRAMENTO, CA (MPG) - The Sacramento Kings announced plans to bring back their fan-favorite Kingpin Classic charity bowling event in partnership with Raley's. All proceeds from the annual tournament will go to the Sacramento Kings Foundation to help organizations in the Sacramento region continue and extend their youth basketball

"We are excited to bring back Kingpin Classic for a night filled with fun and entertainment further connecting Kings players and coaches with the community," said Sacramento Kings Chief Operating Officer Matina Kolokotronis. "This signature event supports our efforts to help local organizations deepen their work in the Sacramento community."

On Thursday, January 26, the Kings will host Kingpin Classic at AMF Land Park Lanes. This event is open to players of all skill levels and includes three sponsorship package options for teams of six. In addition, fans can purchase limited GA spectator tickets. Packages and tickets can be purchased at Kings.com/Bowling. Registration is limited and available while supplies last.

Kingpin Classic will provide Kings fans the opportunity to bowl and interact with their favorite players and coaches while enjoying entertainment from the Kings Dancers, 916 Crew and Slamson. In addition, all participants will receive an exclusive Kingpin Classic shirt, Kings swag, unlimited arcade games, food, and beverages and more.

To learn more or to purchase tickets for Kingpin Classic, visit Kings.com/ Bowling.



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This 1.8 acre horse property is tucked away in a fantastic Carmichael neighborhood! This is a possible development property but is presently perfect for your horses or personal hobbies with plenty of land for animals to roam, a fenced backyard, a 700 square feet workshop and a huge detached garage. Enjoy beautiful stone siding and thoughtful updates inside including all new flooring, a beautifully updated kitchen complete with a breakfast bar, and recently remodeled bathrooms. Open open-concept floor plan, dual pane windows that offer great natural lighting, recessed ceilings, and

3840 Valle Vista Road, Carmichael | \$789,900



From its charming exterior to its beautifully updated interior, this Sacramento home has it all! Step inside to a spacious floor plan with 4 bedrooms and 3 full baths, separate living and family rooms, and a formal dining area. The living room features beautiful hardwood flooring and a cozy fireplace for those long winter nights. Relax and unwind in the bright and airy family room, which opens up to the private backyard. The kitchen is appointed with granite countertops and stainless steel appliances. Entertain outdoors with a roomy backyard, complete with a sparkling pool, outdoor patio, play structure, tool shed and more! 3-car garage with possible RV access. Just steps away from Mission Park and close to Raleys, Bel Air, great shopping and restaurants



8223 Scarlett Oak Circle, Citrus Heights | \$549,900

This beautiful home in Citrus Heights has it all! Enjoy a spacious floor plan featuring 4 bedrooms and 2 full baths, a bright and airy living room, a separate family room with a cozy fireplace and French doors that open up to the backyard, and a kitchen/dining combo. The private backyard has a gorgeous water feature, a patio with stamped concrete, beautiful landscaping, and a huge detached workshop that could be converted into an ADU. Enjoy a large lot with RV access and pad. Must see!







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## See's Candies to Consolidate Locations

By Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) -Planned construction of a new See's Candies megastore at 5499 Sunrise Boulevard in Citrus Heights, formerly home to a 10,621-square-foot Patelco Credit Union branch should move forward in early 2023 when revised drawings for a new interior floor plan are finalized and then submitted to the City of Citrus Heights for review, said the architect, Jeff Brandon, partner of Schuss Clark Brandon Architects in San Diego.

A building permit application by San Diegobased Schuss Clark Brandon Architects Inc. for interior improvements was originally filed on August 11, 2020, on behalf of their client, See's Candies, headquartered in South San Francisco, and described as "tenant improvements to an existing building."

Schuss Clark Brandon has designed several ground-up retail centers and tenant improvement spaces, according to its website.

The permit application was returned to Schuss Clark Brandon on August 16th by the Citrus Heights building department with comment for further review.

"We're in the process of finalizing our architectural drawings which include these and other changes soon," Brandon said.

The interior construction permit process is separate from overall exterior grounds improvements which are planned by the landlord-tenant, Citivest Commercial and



Berkshire Hathaway owned See's Candies plans a megastore at 5499 Sunrise Boulevard in Citrus Heights for the new 15-year lease agreement. The former driveup banking lanes are shown removed on this exterior rendering. Image courtesy of Tallen Capital Partners

Residential Real Estate of its website. A represen-Newport Beach, Calif. and Tallen Capital Partners, LLC, of Del Mar.

Tallen Capital Partners has leased the entire building to Berkshire Hathaway owned See's Candies under a new 15-year lease agreement.

"By aggressively pursuing the leasing of this asset with our national, regional and local tenant and broker relationships, in record time, we procured one of the finest retailers in the country to occupy the building,' said chairman and CEO, Terrence Tallen in remarks describing the project on

tative for Tallen Capital Partners did not respond to a request for additional comment.

According to Tallen's project description, the new Citrus Heights See's Candies will consolidate three other locations within its trade area for its first of a kind combination facility which include a traditional See's Candies retail store, their corporate sales facility (business to business unit) and their regional offices.

In recent weeks, work crews have been visible conducting second floor demolitions and filling

dumpsters in the rear parking lot with debris.

Susan McLendon, development services technician for the city building department said the City of Citrus Heights then had some specific concerns which the city wanted Schuss Clark Brandon to address and said she looked forward to their reply.

Separate physical exterior improvements by the landlord-tenant Tallen Capital Partners to existing landscaping are planned. The former drive-up banking lanes are shown removed on an exterior rendering of the project posted on the Tallen Capital Partners

McClendon said the Citrus Heights city building department hasn't yet received plans for the exterior phase of the project which will be reviewed by the city engineer before approval.

Patelco Credit Union in Citrus Heights closed its two-story branch office at 5499 Sunrise Boulevard at the corner of Uplands Way last July and has since moved to a new location in the Marketplace at Birdcage, 6100 Birdcage Lane, Suite 125.

Susan Portman,

corporate director of public relations at See's Candies corporate office did not respond to a request for further comment concerning the planned Citrus Heights new location.

See's Candies was founded by Charles See, his wife Florence, and his mother Mary in Los Angeles, California in 1921. Its retail shop locations typically feature a candy counter where customers can either create their own custom-mixed box of chocolates and candies to order or purchase boxed chocolates, truffles, nuts and chews, lollipops, and sugar-free candy. ★





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## Flood Risk and Preparedness

Commentary by Thomas Slater

In California, extreme weather patterns are cyclical, with floods often following a drought. Over the last 20 years, every county in California has been declared a federal disaster area at least once. With climate change, we anticipate extreme weather events will be more frequent and intense. A study released by scientists at UCLA in August 2022 shows that climate change will make catastrophic flooding twice as likely, and they predict that extreme storm sequences are projected to generate 200% to 400% more runoff by the end of the century. Contemplating these higher risks is timely as October 22-29 is California Flood Preparedness

In the early part of the 20th Century, the U.S. Army Corps of Engineers constructed a vast flood protection system in the Central Valley, comprised of 1,600 miles of levees, seven relief bypasses, and numerous pumps to efficiently evacuate floodwater from the Sacramento and San Joaquin Rivers and tributaries out to the ocean. Turned over to the State of California in the 1950s, 1960s, and 1970s for ongoing operation and maintenance, these now aging State Plan of Flood Control (SPFC) facilities require constant work to maintain the original design standards, deal with seasonal levee repairs after storms, and in recent years levee improvements in order to meet modern design standards and to protect against larger flood events than the original system was intended to handle.

The flood risk in the Central Valley has long been recognized as being amongst the highest in the nation. We have been fortunate to have avoided the flooding disasters experienced in Louisiana, Texas, and Kentucky. After witnessing the devastating impacts of Hurricane Katrina in 2005, voters in California subsequently approved \$4 billion in bond funding for improved flood management in the Central Valley. In 2012, a Central Valley Flood Protection Plan (CVFPP) was adopted to guide flood risk reduction actions, and a deadline was set to achieve

the new standard of 200-year level of flood protection for urban communities with more than 10,000 residents.

A flood control system is only as strong as its weakest link. The majority of the 1,600 miles of SPFC levees are in rural areas protecting small disadvantaged communities and habitat for terrestrial, avian, and aquatic species. Most small communities protected by SPFC levees do not meet FEMA 100-year standards, and this rural levee system is in need of significant investment to meet U.S. Army Corps standards necessary to be eligible for federal levee repair funding after storm damage. Currently, only two of the eight urban metropolitan areas protected by SPFC flood control system meet the State's 200-year urban levee requirements; and five of these do not meet the state urban levee standard or the federal FEMA 100-year requirements, and one has only a 7-year level of flood

The Newsom Administration has taken the first step in recognizing the state's vulnerability to natural disasters under climate change when it hosted a "Drought to Flood Symposium" on October 17, 2022. Now it is time for us to take the next step and seize the opportunity to mitigate impacts anticipated from more intense atmospheric river events, before disaster happens in a changing climate. We need to be proactive and increase the pace of implementing shovel-ready flood risk reduction projects, but multi-year flood control construction projects cannot start and stop due to changing political priorities or lengthy bureaucratic permitting processes. Local flood management agencies hope the Administration's recent formation of a Climate Executive Team will lead to expedited implementation and increased, consistent State Budget appropriations to advance flood risk reduction priorities outlined in the state's 2022 CVFPP Update.

Thomas Slater is an Elected Trustee and Acting Manager of Reclamation District 999, and President of CA Central Valley Flood Control Association Board of Directors.

## **How Environmental Law is** Misused to Stop Housing



By Dan Walters, **CALMatters.org** 

It's well known that the California Environmental Quality Act, signed by then-Gov. Ronald Reagan in 1970 and meant to protect the natural environment in public and private projects, is routinely misused to stop or delay much-needed housing construction.

Anti-housing NIMBYs in affluent communities misuse it to stymie high-density, multi-family projects, arguing that their neighborhoods' bucolic ambience would be altered. And construction unions misuse it to extract wage concessions from developers.

It's a long-running civic scandal and a major factor in California's chronic inability to reduce its severe housing shortage, one that cries out for CEQA reform, which former Gov. Jerry Brown once described as "the Lord's work." But neither Brown or any other recent governor has been willing to take on the task, which would mean confronting environmental groups and unions, two of the Democratic Party's major

In the absence of comprehensive reform, governors and legislators sometimes grant CEQA exemptions for particular projects, such as sports arenas, or narrow categories of housing. However, CEQA misuse continues venues for battles over its application.

Two recent state appellate court actions in the crowded San Francisco Bay Area one expanding the use of CEQA by those who oppose housing projects and another that restricts its use - underscore the law's chaotic role.

Just before Christmas, one panel of the First District Court of Appeal issued a preliminary ruling that could open a new avenue for using CEQA to halt projects. It declares that a University of California student housing development in Berkeley violates the law because UC didn't consider the impact of having more people – 1,100 students - in the neighborhood, citing the potential of late-night parties and other gatherings that could worsen a "persistent problem with student-generated noise."

In other words, the court said that the presence of more people is an environmental impact – a novel theory that could hand anti-housing groups everywhere a potent weapon.

As UC law professor Chris Elmendorf tweeted about the draft decision, "The court's reasoning is devastating ammunition for racist white homeowners who would leverage CEQA to keep poor people and minorities out of their neighborhoods."

For example, he continued, "using the court's statistical-associations logic, white homeowners could argue that CEQA requires affordable housing developers to analyze and mitigate putative 'gun violence impacts' from any lower-income housing project in an affluent neighborhood. The homeowners would point to statistics newspapers.

and the courts have become showing that poor people, and African Americans and Hispanics, are statistically more likely than affluent people and whites to be victims of gun violence."

A few days later, another panel of the same appellate court rejected efforts by a group opposing a 130unit project in downtown Livermore, called Save Livermore Downtown, to employ CEQA. Attorney General Rob Bonta had interceded in the case, supporting the city's approval of the project and its win in Superior Court.

"Timing is critical for affordable housing projects, which often rely on time-sensitive funding sources like tax credits to finance development," Bonta said while intervening, adding, "Our state is continuing to face a housing shortage and affordability crisis of epic proportions. CEQA plays a critical role in protecting the environment and public health here in California. We won't stand by when it is used to thwart new development, rather than to protect Californians and our environment."

After the appellate court action, Bonta tweeted, "CA's housing crisis is dire. We won't stand by and let people misuse our laws to avoid being part of the solution."

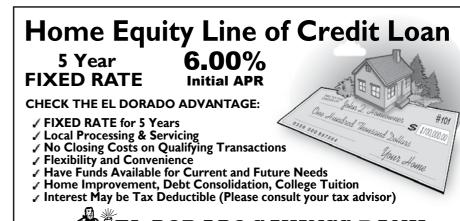
The outcomes of both cases underscore the need for a fundamental CEQA overhaul to reinstate its original purpose, rather than continuing wasteful project-by-project skirmishes.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California

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6. Attorneys' org.

9. Hefty volume 13. Cast 14. It's all the rage

15 Miserable 16. Fit for a king 17 Back then

18. Do like Demosthenes 19. \*Checkout clerk 21. \*Meat professional

23. "\_\_\_\_ the land of the free..." 24. Fictional Himalayan

25. Meme move 28. Man Ray's art movement

30. On cloud nine 35. Crude group 37. Seaside bird

dropsy 40. Make-up artist?

50.

52. Meddle

39. Formerly known as

41. Blast from the past 43. Bruce Willis' ex 44. Chocolate substitute

46. Mischievous sprites 47. Plaintiff

Spumante

53. Largest share owner 55. "\_\_\_\_\_ to Joy" 57. \*Coldest display

66. Feathery neckwear

69. Hipbone-related

72. Eve contact 73. Word from #32 Down

1. D.E.A. agent

4. Gem State

5. Depended on

6. From a distance

7. \*Reusable one

8. Hacienda brick

11. Boundary line

12. Looker or ogler

22 Shoshonean

feature 29. \*Prepared food

words)

section

for short

department 31. Contributes

20. One of the Muses

25. Gabbana's partner

27. Edward Teach's facial

32. Get ready to drive (2

33. Type of wheat 34. \*Ricotta and eggs

38. Sips from a flask? 42. Bar by estoppel

45. Novelist Honoré de

49. Blackbird dessert 51. Paragons

56. Pomp 57. Be unsuccessful

54. Galactic path

36. Semiaquatic tetrapod,

26. Relating to bees

24. Railyard worker

10. Moonfish

9. Cleopatra's necklace

15. Capable of movement

DOWN

3. Pad

70. Octopus' defense

74. Goes up or down

2. On a deck, perhaps

71. Espresso plus steamed

61. \*"What's on \_

68. Isolated

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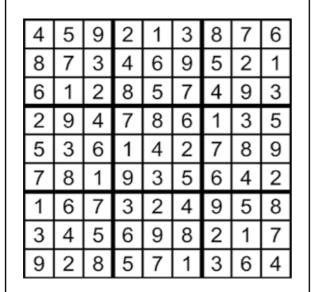


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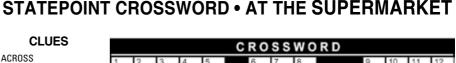
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48. \*Advantageous display 65. Main artery in the body **Blazing Fast** Internet!



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58. Dramatic part 59. Sportscaster Andrews 60. JFK or ORD postings 61. Japanese alcoholic beverage 62. Tiny amount 63. Not in favor of

64. Lecherous look 67. \*0 in BOGO

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

## SMUD Crews Respond to Outages SAFE Partners with Literacy App

Continued from page 1

Safety is a top priority and SMUD is providing tips for customers to stay safe.

If the power goes out; Check to see if the lights are out in neighboring homes - if so, it's likely a larger outage; Report the outage at smud.org/outages.

If you are the only one without power, visit smud.org/storms for instructions on safely checking/resetting your main breaker.

If stormy weather knocks down a power line; Stay away and call SMUD at 1-888-456-SMUD (7683) or 911 immediately; Assume the line is "energized" and stay away and warn others to do the same; Do not remove fallen tree limbs or other debris from power lines. Tree limbs and other objects can conduct electricity that can shock anyone coming in contact with them.

SMUD urges people to check on family, friends and neighbors who may experience outages. For those experiencing prolonged outages, SMUD is working with its customers on an individual basis to provide for specific needs during the storms. In case of extended outages or for those with medical needs, SMUD urges customers to have a back-up plan for accommodations if needed.

While homes can get cold without power, SMUD warns customers not to heat homes with propane heaters, grills, hibachis or BBQs. They produce carbon monoxide, a clear, odorless gas that can be fatal to humans and animals.

SAFE Credit Union Press Release

SACRAMENTO REGION, CA (MPG) - SAFE Credit Union has partnered with Zogo, a financial technology company, to bring the Zogo financial literacy app to its members.

The app guides people through more than 400 bite-sized financial educational modules. As users successfully answer questions, they accumulate points they can redeem for gift cards and other rewards.

"Fostering financial wellness is at the heart of everything we do," says Community Relations AVP Rebecca Delmundo. "We are so excited to partner with Zogo and bring fun and engaging financial education to our members and community."

The gamified financial literacy app rewards users for completing financial literacy lessons on intelligently saving, spending, and managing their money. The app includes modules in 22 topics, from opening a bank account to saving for retirement - and everything in between.

The app is geared to all ages and can be particularly useful for teens and young adults to learn financial basics in an engaging and rewarding way. Zogo's content meets the national standards for financial literacy education.

Bolin Li, CEO, and co-founder of Zogo, says, "With Zogo, we wanted to create a financial education experience our peers would actually use. We are excited to partner with SAFE Credit Union to bring this vision

The Zogo app is now available to SAFE Credit Union members at no cost and can be downloaded from the Apple App and Google Play stores. Use code SAFE when signing up.

For more information on SAFE's launch of Zogo, please contact Senior Public Affairs Specialist Ashley Tate at 916-496-4067 or ashley.tate@safecu.org.

## **Update on Outreach and Sheltering of Unhoused**

Continued from page 1

The North Fifth shelter lobby (700 North Fifth St.) is operating from 8 p.m. to 8 a.m. It also will accept walk-ups and has space for up to 20 people. (Please note that North Fifth is for adults only and is unable to accommodate pets.)

Regional Transit is providing free shuttle transportation to both the Outreach and Engagement Center (OEC) and the North Fifth Street Shelter. The pick-up location is City Hall on 10th Street

between I and H streets, with shuttles arriving at 2, 4 and 6 p.m. The route includes a stop at the North Fifth Shelter, which also is serving as a pick-up location for the OEC (shuttle space permitting).

In addition, people can use SacRT light rail and buses for free to go to and from any weather-respite location. The SacRT light rail station at Watt/I-80 station connects to bus Route 1, which has a stop near the City's OEC.



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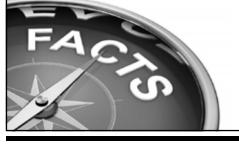


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#### FICTITIOUS BUSINESS NAME STATEMENTS

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08835 Nicholas E. Bloise, 4709 Foster Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Connections / Victorious Sales" 4709 Foster Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 6, 2022

Publish: Dec 23, 30; Jan 6 & 13, 2023 CONNECTIONS 1-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08506 Time and Money, Inc., 8744 Gessnger Drive, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Hi&Buy Liquor" 5620 Franklin Boulevard, Sacramento, CA 95824. Filed with the Clerk of Sacramento County November 22, 2022

Publish: Dec 23, 30; Jan 6 & 13, 2023

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09042 Dyton Levon Houston Jr., 11726 Arete Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Clear View Gardening / Clear View Landscaping" 11726 Arete Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County December

Publish: Dec 23, 30; Jan 6 & 13, 2023 1-13-23 CLEAR

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08879 Tapatio Brothers, 2414 Howe Avenue, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) Mexican "Tapatio Brothers Market" 2414 Howe Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 8, 2022 Publish: Dec 23, 30; Jan 6 & 13, 2023 1-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09028 Jesse Saldivar, 4135 Eastwood Village Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Capitol Cabinetry" 4501 Auburn Boulevard, Suite 105-A, Sacramento, CA 95841. Filed with the Clerk of Sacramento County December 14, 2022 Publish: Dec 23, 30; Jan 6 & 13, 2023 **JESSE** 1-13-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08379 Bobbie Perry, 10625 Coloma Road, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "RSpot Bar" 10625 Coloma Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 17, 2022

Publish: Dec 30, '22; Jan 6, 13 & 20, '23 RSPOT 1-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08780 Bravo Security Services, Inc. Northgate Boulevard Suite 1A, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Bravo Security Services," 4141 Northgate Boulevard, Suite 1A. Sacramento, CA 95834. Filed with the Clerk of Sacramento County December 2, 2022 Publish: Dec 30, '22; Jan 6, 13 & 20, '23 BRAVO 1-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09071 Dulce Noemi Delgadillo and Santisteban Hiram Santisteban, 5000 Holyoke Way, Sacramento, CA 95841 are doing business under the Fictitious Business Name(s) "Docs Crealities" 5000 Holyoke Way Sacramento, CA 95841, Filed with the Clerk of Sacramento County December 18, 2022 Publish: Dec 30, '22; Jan 6, 13 & 20, '23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08779 Sediqi Brothers Global Products LLC, 3138 Northgate Boulevard, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Zeeshan 3138 Northgate Market" Boulevard, Sacramento, 95833. Filed with the Clerk of Sacramento County December 2.2022

Publish: Dec 30, '22; Jan 6, 13 & 20, '23 ZEESHAN

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08978 WVW LLC, 4946 Watt Avenue Suite 1, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Autoban Tire & Wheels" 4946 Watt Avenue, Suite 1, North Highlands, CA 95660. Filed with the Clerk of Sacramento County December 13, 2022 Publish: Dec 30, '22; Jan 6, 13 & 20, '23

1-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09126 Dumitru Fediuc, 6200 Desimone Lane, Apt 28A, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Lucky Trucky" 6200 Desimone Lane, Apt 28A, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County December 20, 2022 Publish: Dec 30, '22; Jan 6, 13 & 20, '23

1-20-23 LUCKY

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08932 Ngina Danish, 1628 Bell Street, Apt. 206, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Negeen Style" 1628 Bell Street, Apt. 206, Sacramento, CA 95825. Filed with the Clerk of Sacramento County December Publish: Dec 30, '22; Jan 6, 13 & 20, '23 NEGEEN 1-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08547 Personal Chef Services for Seniors, LLC, 6601 Oakcrest Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Chefs For Seniors" 6601 Oakcrest Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County November Publish: Dec 30, '22; Jan 6, 13 & 20, '23

CHEFS FICTITIOUS BUSINESS NAME

STATEMENT FBNF2022-09030 Kenneth Thomas, 11059 Fair Oaks Boulevard, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "KAT Construction" 11059 Fair Oaks Boulevard, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 14. 2022

Publish: Dec 30, '22; Jan 6, 13 & 20, '23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09127 Ecaterina Fediuc. Desimone Lane, Apt 28A, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Kafe Kali" 6200 Desimone Lane, Apt 28A, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County December 20, 2022 Publish: Dec 30, '22; Jan 6, 13 & 20, '23 1-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09112 Ryan Rielley, 6225 Sunmist Way, Citrus Heights, CA 95621 is doing business under the Business Name(s) Fictitious "Screen and Shade Solutions" 6225 Sunmist Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County December 20, 2022 Publish: Dec 30, '22; Jan 6, 13 & 20, '23

SCREEN 1-20-23 FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08560 Free Will Foundation, Inc. 320 E. Bidwell Street, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Upscale Thrift" 6634 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 23, 2022 Publish: Dec 30, '22; Jan 6, 13 & 20, '23

UPSCALE FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09183 U.S. Auto Sale LLC, 1236 Arden Way, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "U.S. Auto Sale" 1236 Arden Way, Sacramento, CA 95815. Filed with the Clerk of Sacramento County December 21, 2022

Publish: Dec 30, '22; Jan 6, 13 & 20, '23 1-20-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09154 ALMBI Inc., 9719 Lincoln Drive, Suite 504, ing business under the Fictitious Business Name(s) "MoorePark Enterprises / WorkFlow Lounge / ALMBI Inc. / Infoprincess Graphics / We Serve 4 Your / ALM Business Coaching Institute / ALM Business Academy" 9719 Lincoln Village Drive, Suite 504, Sacramento, CA 95827. Filed with the Clerk of Sacramento County December 21, 2022 Publish: Dec 30, '22; Jan 6, 13 & 20, '23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09356 Newsham Business Services Inc., 7801 Greenback Lane, #D. Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Liberty Tax' 7801 Greenback Lane, #D, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 28, 2022 Publish: Jan 6, 13, 20, 27, 2023

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09313 Joseph Nguyen and Nguyen, 7324 Sahara Court, Sacramento, CA 95828 are doing business under the Fictitious Business Name(s) "Crucible 7324 Sahara Court, Sacramento, CA 95828. Filed with the Clerk of Sacramento County December 27, 2022 Publish: Jan 6, 13, 20, 27, 2023

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09271 Ltang's Korean Foodie House 3643 Bradshaw Road #J Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Jana Su" 3643 Bradshaw Road Sacramento, 95827. Filed with the Clerk of Sacramento County December 27, 2022 Publish: Jan 6, 13, 20, 27, 2023 1-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09072 Devon Swenson-Scott Corv Menke Way, Citrus Heights, CA 95610 is doing business under the Fictitious "Cory Business Name(s) Swenson Art" 8408 Menke Way Citrus Heights, CA 95610, Filed with the Clerk of Sacramento County December 16, 2022 Publish: Jan 6, 13, 20, 27, 2023 CORY 1-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09264 StoneBrook Realty Group, Inc. 4744 Winding Way, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "StoneBrook Realty Property Management," 4744 Winding Way, Sacramento, CA 95841. Filed with the Clerk of Sacramento County December 23, 2022

Publish: Jan 6, 13, 20, 27, 2023 STONEBROOK

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08566 Austin McManus, 5858 Lorraine Court, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Public Land / Public Land Store" 2598 21st Street, Sacramento, CA 95818. Filed with the Clerk of Sacramento County November 23, 2022

Publish: Jan 6, 13, 20, 27, 2023 **PUBLIC** 1-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09321 Kurt H. Josephson and Denise J. Josephson, 4749 Isabella Avenue, Fair Oaks, CA 95628 are doing business under the Fictitious Business Name(s) "Stan-Pack" 7940 California Avenue, Suite 12, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 28, 2022

Publish: Jan 6, 13, 20, 27, 2023 1-27-23 STAN

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09381 Sabaoon Rahimi, 1326 Gentry Tracy, CA 95377 is Lane. doing business under the Fictitious Business Name(s) "Bab-ul-Jannah Tour Agency 2775 Cottage Way, Suite 6, Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 28, 2022 Publish: Jan 6, 13, 20, 27, 2023 1-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08975 Thomas J. Smith, 4070 PFE Road, Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "Custom Drywall Interiors / The Drywall Doctor / Metro Drywall" 4070 PFE Road, Roseville, CA 95747. Filed with the Clerk of Sacramento County December 13, 2022 Publish: Jan 6, 13, 20, 27, 2023

1-27-23

CUSTOM FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09398 Hamayoon Faryadi, 2211 Villa Font Way, #C, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Deluxe Auto Detailing and Tint" 2444 Glendale Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 29, 2022 Publish: Jan 6, 13, 20, 27, 2023 1-27-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09329 Andrews Family Revocable Trust 2016, 5524 Clarendon Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) Properties" 4100 "Wayside Wayside Lane, #110, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 28, 2022

Publish: Jan 13, 20, 27, Feb. 3, 2023 2-3-23 WAYSIDE FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09328

Andrews Family Revocable Trust 2016, 5524 Clarendon Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "River Garden Apartments" 4100 Wayside Lane, #110, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 28, 2022 Publish: Jan 13, 20, 27, Feb. 3, 2023 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08920 Stephanie Barden. 4724 Marguerite Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Selling Sacramento" 1610 R Street, Suite 280, Sacramento, CA 95811. Filed with the Clerk of Sacramento County December 9,2022

Publish: Jan 13, 20, 27, Feb. 3, 2023 SELLING 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00061 J&B Rental Services, Inc., 8 Kam Court, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "SacTown Car Rental" 8 Kam Court, Sacramento, CA 95838. Filed with the Clerk of Sacramento County January 4, 2023

Publish: Jan 13, 20, 27, Feb. 3, 2023 SAC

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00032 Sampatti Enterprise, Inc., 770 Alcantar Circle, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Sampatti Enterprise, Inc. / SRB Construction" Alcantar Circle, Sacramento, CA 95834. Filed with the Clerk of Sacramento County January 3. 2023

Publish: Jan 13, 20, 27, Feb. 3, 2023 SAMPATTI

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09068 Brian Cramption and Krystle Cramption, 5306 6th Avenue, Sacramento, CA 95820 are doing business under the Fictitious Business Name(s) "Crampton Baits" 5306 6th Avenue, Sacramento, CA 95820. Filed with the Clerk of Sacramento County December 16, 2022 Publish: Jan 13, 20, 27, Feb. 3, 2023 CRAMPTON 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09407 ARE Group, Inc., 6313 Elvas Avenue, Sacramento, CA 95819 is doing business under the Name(s) Fictitious Business Document "Sacramento

Service" 6313 Elvas Avenue, Sacramento, CA 95819. Filed with the Clerk of Sacramento County December 29, 2022 Publish: Jan 13, 20, 27, Feb. 3, 2023 SACRAMENTO

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09412 Trade Key Virtual Media, Inc. 9915 Fair Oaks Boulevard, Suite C, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Immersive 3D Virtual Tours" 9915 Fair Oaks Boulevard, Suite C, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 29. 2022

Publish: Jan 13, 20, 27, Feb. 3, 2023 **IMMERSIVE** 

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09331 Type A Solutions LLC, 5504 Claiborne Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Leadway" 5504 Claiborne Way Orangevale, CA 95662. Filed with the Clerk of Sacramento County December 28, 2022 Publish: Jan 13, 20, 27, Feb. 3, 2023 LEADWAY 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09426 Naima Haidari, 12780 Riding Trail Drive, Wilton, CA 95693 is doing business under the Fictitious Business Name(s) "R&S Elegance Home Decor 12780 Riding Trail Drive, Wilton, CA 95693. Filed with the Clerk of Sacramento County December 30, 2022

Publish: Jan 13, 20, 27, Feb. 3, 2023 R&S

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-09212 Armin Ghaeini, 3219 Rustic Villa Drive, Kingwood, TX 77345 is doing business under the Fictitious Business Name(s) "Winn Day" 3219 Rustic Villa Drive, Kingwood, TX 77345. Filed with the Clerk of Sacramento County December 22, 2022 Publish: Jan 13, 20, 27, Feb. 3, 2023 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08926 Life Coach Unlimited, LLC 933 San Mateo NE, #500-341, Albuquerque, NM 87108 is doing business under the Fictitious Business Name(s) "Life Coach Unlimited" 4200 E. Commerce Way, #151, Sacramento, CA 95834. Filed with the Clerk of Sacramento County December 9, 2022

Publish: Jan 13, 20, 27, Feb. 3, 2023 LIFE 2-3-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-08870 VSSM Investments, LLC, 4801 Laguna Boulevard, #105-38, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Natyre" 9243 Levidi Court, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County December

Publish: Jan 13, 20, 27, Feb. 3, 2023 2-3-23 NATYRE

FICTITIOUS BUSINESS NAME SevenDoors Corp., 5960 S. Land Park Drive, #1142, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "PMI American River" 5960 S. Land Park Drive, #1142, Sacramento, CA 95822. Filed with the Clerk of Sacramento County January 4, 2023 Publish: Jan 13, 20, 27, Feb. 3, 2023

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00122 Campus, Inc., 5221 Madison Avenue, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) 'Campus / MTI College / Paul Mitchell the School at Campus / Paul Mitchell the School at MTI College" 5221 Madison Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County January 5, 2023 Publish: Jan 13, 20, 27, Feb. 3, 2023 CAMPUS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00053 Wallace Victorbhai Christian and Manisha Wallace Christian, 3802 Anders Way, Rocklin, CA 95677 are doing business under the Fictitious Business Name(s) "Quick Wash Factory" 926 Oak Lane, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County January 3, 2023 Publish: Jan 13, 20, 27, Feb. 3, 2023



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FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00073 Sami Alsamman and Abi Alsamman, 3334 Jackrabbit Court, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Puff Scents" 3334 Jackrabbit Court, Folsom, CA 95630. Filed with the Clerk of Sacramento County January 4, 2023

Publish: Jan 13, 20, 27, Feb. 3, 2023

### STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2022-02408 The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME

of: Teletherapy Direct, 2701 I Street, Sacramento, CA 95816. The Fictitious Business Name Statement referred to above was filed on 3/28/2022 in the County of Sacramento, and is being abandoned by: Karen Heidebrecht, 8500 Diamond Oak Way, Elk Grove, CA 95624. The business was conducted by:

Individual. abandonment: Date 12/29/2022. Publish: Jan 13, 20, 27, Feb. 3, 2023 **TELETHERAPY** 2-3-23

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2022-00330812 Juliana Khong Saetern has filed a petition with this court for a decree changing the name(s) of Juliana Khong Saetern to Juliana Saetern Khong.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 14, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 6, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: Dec 23, 30; Jan 6 & 13, 2023

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00331079

Tam Hoang Dimanno has filed a petition with this court for a decree changing the name(s) of Tam Hoang Dimanno to Tammy Hoang Dimanno.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 14, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 9, 2022 Richard K. Sueyoshi, Judge of the Superior Court Publish: Dec 23, 30; Jan 6 & 13, 2023

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00331182

Scott Guy Shahan has filed a petition with this court for a decree changing the name(s) of Scott Guy Shahan to Bryan Scott Whitaker.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 15, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 12, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: Dec 30, '22; Jan 6, 13 & 20, '23

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00329644

Alfredo Crespo Gonzalez has filed a petition with this court for a decree changing the name(s) of Alfredo Crespo Gonzalez to Alfredo Crespo. IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court on February 14, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street. Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 14, 2022

Christopher E. Krueger, Judge of the Superior Court Publish: Dec 30, '22; Jan 6, 13 & 20, '23 SUPERIOR COURT OF

**CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00331658 Frank Angeleo Didonato has

filed a petition with this court for a decree changing the name(s) of Frank Angeleo Didonato to Fyodor Sirius Angel.
IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court on January 25, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 22, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: Dec 30, '22; Jan 6, 13 & 20, '23

1-20-23 SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

CHANGE OF NAME #34-2022-00329683 Summer Ann Simo has filed a petition with this court for a decree changing the name(s) of Summer Ann Simo to Summer Ann Rogers; Samuel Adams Simo to Samuel Adams Rogers-Simo: Revna Elizabeth Ann

Simo to Reyna Elizabeth Ann

Rogers-Simo. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 15, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: November 14, 2022 Richard K. Sueyoshi, Judge of the Superior Court Publish: Dec 30, '22; Jan 6, 13 & 20, '23 1-20-23 SUMMER SUPERIOR COURT OF

CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00331807

Sohail Iqbal has filed a petition with this court for a decree changing the name(s) of Sohail labal to Sohail Abbas labal. IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court on March 8, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 23, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: Jan 6, 13, 20, 27, 2023 1-27-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00331650

Teresa Lynette Schnackel has filed a petition with this court for a decree changing the name(s) of Teresa Lynette Schnackel to Teresa Lynette Moon.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 28, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 21, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: Jan 6, 13, 20, 27, 2023 1-27-23

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00331548

Md Shafiul Haque has filed a petition with this court for a decree changing the name(s) of Md Shafiul Haque to Shafi Haque. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 23, 2023, at 9:00 a.m. in Department 54, located at

813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 19, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: Jan 6, 13, 20, 27, 2023 SHAFI 1-27-23

> SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00331922

Chui-Chang Cheng and Pi-Ching Hsiao have filed a petition with this court for a decree changing the name(s) of Chui-Chang Cheng to Austin ChuiChang Cheng; Pi-Ching Hsiao to Karen PiChing Hsiao; Yu-Hsi Cheng to Ellie YuShi Cheng; Yu-Chieh Cheng to Jessie YuChieh

Cheng.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 15, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814. and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 28, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: Jan 6, 13, 20, 27, 2023 1-27-23

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00331892

Amit Singh has filed a petition with this court for a decree changing the name(s) of Amit Singh to Amrit Singh Bajwa.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 30, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 27, 2022 Christopher E. Krueger, Judge of the Superior Court

Publish: Jan 6, 13, 20, 27, 2023 AMIT

1-27-23

## Could Monoclonal Antibodies Replace Opioids for Chronic Pain?

By Lisa Howard, UCD

DAVIS, CA (MPG) - During the pandemic, physicians used infusions of monoclonal antibodies — antibodies made in a lab — to help patients fight off COVID-19 infections. Now, researchers at UC Davis are trying to create monoclonal antibodies that can help fight chronic pain. The goal is to develop a monthly non-addictive pain medication that can replace opioids.

Vladimir Yarov-Yarovoy and James Trimmer, professors in the Department of Physiology and Membrane Biology at the UC Davis School of Medicine, are leading the project. They have assembled an interdisciplinary team featuring many of the same researchers who are also trying to turn tarantula venom into a pain medication.

Earlier this year,

Yarov-Yarovoy and Trimmer received a \$1.5 million grant from the National Institutes of Health's HEAL Initiative, an aggressive effort to speed scientific solutions to stem the national's opioid crisis.

People can become addicted to opioids due to chronic pain. The CDC National Center for Health Statistics showed an estimated 107,622 drug overdose deaths in the United States in 2021, an increase of nearly 15% from the 93,655 deaths estimated in 2020.

"Recent breakthroughs in structural and computational biology – using computers to understand and model biological systems – have set the stage for applying new approaches to create antibodies as superior therapeutic candidates to treat chronic pain," said Yarov-Yarovoy, the principal investigator for the award.

"Monoclonal antibodies

are the fastest growing sector of the pharmaceutical industry and have many advantages over classical small molecule drugs," Trimmer said. Small molecule drugs are drugs that can easily enter cells. They are widely used in medicine.

Trimmer's lab has created thousands of different monoclonal antibodies for various purposes over many years, but this is the first attempt to generate antibodies aimed at pain

Monoclonal antibodies are already being used for migraine

Although it may seem very futuristic, the Food and Drug Administration has already approved monoclonal antibodies to treat and prevent migraine. These new medications act on a migraine-associated protein called calcitonin gene-related

The project at UC Davis has

a different target — specific ion channels in nerve cells known as voltage-gated sodium channels. The channels are like "pores" on the nerve cell.

"Nerve cells are responsible for transmitting pain signals in the body. Voltage-gated sodium ion channels in nerve cells are the key transmitters of pain," explained Yarov-Yarovoy. "We aim to create antibodies that will bind to these specific transmission sites at the molecular level, inhibiting their activity and stopping the transmission of pain signals."

The researchers are focused on three specific sodium ion channels associated with pain: NaV1.7, NaV1.8 and NaV1.9.

Their goal is to create antibodies that can fit into each of these channels like a key into a lock. This targeted approach is intended to stop the channels from sending pain signals but not interfere with other signals sent through the nerve cells.

The challenge is that the structures of the three channels they are attempting to block are incredibly complex.

Software programs help create virtual models

To address this, they are turning to software programs called Rosetta and AlphaFold. With Rosetta, the researchers are designing complex virtual models of proteins and analyzing which ones might best fit the NaV1.7, NaV1.8 and NaV1.9 nerve channels. With AlphaFold, the researchers independently validate proteins designed by Rosetta.

Once they identify several promising proteins, they will create antibodies that can then be tested on lab-created neural tissue. Human testing would be years away.

But the researchers are excited by the potential of this new approach.

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Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969 Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020 The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

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#### ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00331881 Isaac James Whiting has filed a

petition with this court for a decree changing the name(s) of Isaac James Whiting to Isaac Andrew Johnson IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court on March 29, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 28, 2022 Richard K. Sueyoshi, Judge of the Superior Court Publish: Jan 6, 13, 20, 27, 2023 1-27-23

SUPERIOR COURT OF **CALIFORNIA COUNTY OF SACRAMENTO** ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00331889

Ramnit Kaur has filed a petition with this court for a decree changing the name(s) of Ramnit Kaur to Ramnit Kaur Bajwa.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 30, 2023, at 1:30, p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 27, 2022 Richard K. Sueyoshi, Judge of the Superior Court Publish: Jan 6, 13, 20, 27, 2023 1-27-23 RAMNIT

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00331969

Ghulam Hazrat Khalili Jamila Ahmad Zai have filed a petition with this court for a decree changing the name(s) of Moh Elyas Khalili to Mohammad Elyas Khalili; Moh Idrees Khalili to Mohammad Idrees Khalili

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 15, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 28, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: Jan 13, 20, 27, Feb. 3, 2023 2-3-23

SUPERIOR COURT OF CALIFORNIA **COUNTY OF SACRAMENTO** ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00329448

**KHALILI** 

Jessalynn Gabrielle Pastran has filed a petition with this court for a decree changing the name(s) of Jessalvnn Gabrielle Pastran to Jessalynn Gabrielle Flores.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 8, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 8, 2022

Christopher E. Krueger, Judge of the Superior Court Publish: Jan 13, 20, 27, Feb. 3, 2023 **JESSALYNN** 

SUPERIOR COURT OF COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00332111

Cadalyna Vang has filed a petition with this court for a decree changing the name(s) of Cadalyna Vang to Alina Grace Scott

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 21, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 30, 2022 Christopher E. Krueger, Judge of

the Superior Court Publish: Jan 13, 20, 27, Feb. 3, 2023 CADALYNA

SUPERIOR COURT OF CALIFORNIA **COUNTY OF SACRAMENTO** ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00332052

Jasmeet Kaur has filed a petition with this court for a decree changing the name(s) of Jasmeet Kaur to Jasmine Puri Sharma.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 15, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 29, 2022

Christopher E. Krueger, Judge of the Superior Court Publish: Jan 13, 20, 27, Feb. 3, 2023

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2023-00332528

Richard Joseph Stibich has filed a petition with this court for a decree changing the name(s) of Richard Joseph Stibich to Katsu Joseph Terasaki

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 23, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 6, 2023 Christopher E. Krueger, Judge of the Superior Court Publish: Jan 13, 20, 27, Feb. 3, 2023

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2023-00332369

Abdul Wase Faiz and Fawzia Faiz have filed a petition with this court for a decree changing the name(s) of Negar Faiz to Aila

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 5, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any why the petition for Change of Name should not be granted. Dated: January 4, 2023 Richard K. Sueyoshi, Judge of the Superior Court Publish: Jan 13, 20, 27, Feb. 3, 2023 **ABDUL** 2-3-23

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2023-00332359

Manila Suhbati has filed a petition with this court for a decree changing the name(s) of Manila Suhbati to Monazzah Maher.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 4, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 4, 2023 Richard K. Sueyoshi, Judge of the Superior Court

#### NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF HENRY JOSEPH FELL III

Publish: Jan 13, 20, 27, Feb. 3, 2023

CASE NO. 34-2022-00331393 tors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Henry Joseph Fell III, deceased.

A Petition for Probate has been filed by Michael Romanishin, in the Superior Court of California, County of Sacramento, requesting Michael Romanishin be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested per-

sons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the netition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows May 9, 2023, 9:00 a.m. in Dept 129: Superior Court of California. County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for . Petitioner is: Michael Romanishin, 1911 Douglas Boulevard, Suite 85383, Roseville, CA 95661; 916-412-4242

Publish: Dec 30, 2022; Jan 6 & 13, 2023

SUMMONS

SUPREME COURT OF THE STATE OF NEW YORK, COUNTY OF **ORANGE** 

INDEX NO. EF003741-2022 EDWARD HIRSCH, Plaintiff, against GAIL ANN LENHART as REPRESENTATIVE and BENEFICIARY of the ESTATE LAURENCE LENHART, Defendant.

TO THE DEFENDANT: The foregoing Summons is served upon you by publication pursuant to the Decision and Order of the Honorable Maria Vasquez-Doles, J.S.C., a Justice of the Supreme Court of the State of New York, County of Orange, dated December 16, 2022, and filed with the Complaint and other papers in the Office of the Clerk of the County of Orange at Goshen, New York.

This is an action pursuant to New York State Real Property Actions and Proceedings Law Article 15 to quiet title to certain real property commonly known as 48 Old South Plank Road, Town of Newburgh, County of Orange, State of New York, Section 52, Block 1, Lot 11 into the Plaintiff, Edward Hirsch and forever barring the Defendant and all persons claiming under the Defendant from all claims to an estate or interest in the real property. In case of your failure to appear, judgment may be taken against you together with the action. The property involved in this action is described as follows: 48 Old South Plank Road, Town of Newburgh, County of Orange, State of New York, Section 52, Block 1, Lot 11. Dated: New Windsor, New York December 20, 2022

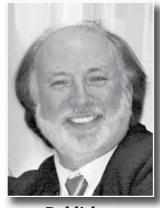
/s/ Veronica A. McMillan Arciero McMillan & Burgess, P.C., Attorneys for the Plaintiff Edward Hirsch, 299 Windsor Highway, New Windsor, New York 12553; 845/420-7877 Publish: Jan. 6, 13, 20, 27, 2023

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## Carmichael Times

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## 'Love, Talk, Read' and Improve Your Child's Speech and Language



By Thomas J. Sullivan

SACRAMENTO REGION, CA (MPG) - When should your child say his first word? What sounds should your young child be saying, and at what age? If you are worried that your child might have a speech and/or language

delay, where do you turn? Dr. Celeste Roseberry-McKibbin, a public school speech-language pathologist in the San Juan Unified School District (SJUSD), examines these important concerns in her new book, "Love, Talk, Read to Improve Your Child's Speech and Language: Quick Tips for Busy Caregivers", now available on Amazon in ebook, and in print edition.

McKibbin, an Orangevale resident, is a professor of communication sciences and disorders at Cal State, Sacramento. She provides direct services to students from ages 3-18 in the San Juan Unified School District in Carmichael.

She's concerned about how children's speech and language have been impacted by the pandemic.

"I know that this is a global phenomenon. As both a mother and practicing speech-language pathologist (SLP), I am deeply concerned that we might have a 'lost generation' of children whose speech and language delays may negatively impact their whole life trajectories," she said.

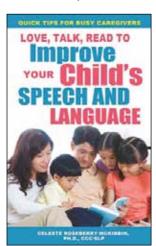
Her new book for parents and other caregivers of 0-5-year-old children recognizes developmental milestones of speech and language, what to expect, and when she feels parents or guardians should be concerned.

"I felt inspired to write this book, because in my whole

career, I have never seen the kinds of speech and language delays in children that I'm now seeing post-pandemic," McKibbin said.

McKibbin shared her own journey with her son Mark who had special needs as he was growing up. Dyslexia, ADHD, and neurological problems were not what was expected from the child of two parents with doctorate

"The purpose of the book is to provide scientifically based, proven, techniques which caregivers can incorporate into their daily routines with their children," she said. "If



Celeste Roseberry-McKibbin, book author.

children are delayed, their caregivers can begin the process of obtaining early intervention services," she

McKibbin offers practical advice to creating conversations with simple research-based techniques to expand a young child's early spoken sentences with tips to build their vocabulary in daily routines.

She provides a list of a child's first 100 words, describes strategies for preparing for kindergarten by encouraging basic reading, writing and social skills and offers easy, fun activities designed to further childhood speech and language development. She for more information, or also includes a link to her to order McKibbin's new YouTube channel offering book. Her "Love, Talk, "how-to" examples.

babies should be pointing regularly and saying several words. By two years old, children should be sayspeaking in sentences of up to 3-4 words in length," she

"It's never too early to start reading. Children need to see adults around them reading. Children do what their role models do," she said. "Be a role model by reading yourself," McKibbin said.

She also explains the benefits of a child speaking and reading in more than one language.

"Children from multilingual homes are more cognitively flexible and have better vocabularies, phonological awareness, memory, creativity, mental flexibility, and problem-solving skills than children from mono-lingual homes," she

Recent research about the use of electronic books reveals that young children show better focus and comprehension when parents use print books, and not ebooks.

"It takes great discipline, time, and yes, sacrifice to interact with our children rather than let technology babysit them," she writes.

"The American Academy of Pediatrics recommends less screen time the better, especially before the age of five," she said. "If parents choose to do so, they need to place consistent limits on the time spent and develop a family use plan."

"Screen time with small children should be very limited; and when it is allowed there needs to be joint media engagement where a caregiver watches with children and discusses what they have seen," she

She offers some closing advice to young parents. "Be both consistent and persistent and your efforts will pay off."

Visit lovetalkread.com Read" book drive which "By one year of age collects and donates books to at-risk children experiencing poverty has donated over 350,000 books in the U.S. and over 50 countries



### What's to be in '23

Another year passes and we begin anew. What better time to check in with the stars to see what's to be in 2023. So where do we start? Born of a Greek background and firmly grounded by her astrological studies in Greece, **Constance Stellas** 

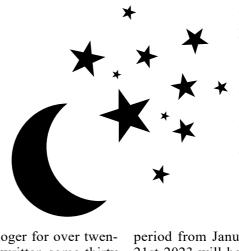
has been an astrologer for over twenty-five years and written some thirty books. She has been featured in countless newspapers and magazines as well as being the astrologer for the Huffington Post. I invited her to my POPPOFF Radio Show and here's her star insight.

After 25 years of studying astrology, I am keenly aware that predictions yield possibilities and, depending on many factors, can change. With the most positive mindset possible for 2023, let's look at what the stars suggest. The economic problems that we are facing globally will remain. Supply chain delays along with a general malaise about commerce remains. Statistics say we are doing better, but people don't feel that is true as they shop for groceries. This is what I call the Stress Dome. It's a bubble of cumulated stress that interferes with the feeling of optimism. The cause of this, astrologically speaking, is the Pluto return for the USA. On Feb 21, 2022, Pluto directly connected with the position of Pluto when this country was founded July 4, 1776. We have never experienced this planetary event. Pluto was, in mythology, the god of the Underworld and reigned over power and uncovering dark secrets and corruption. Pluto was also the ruler of spiritual transformation

which could help a person or a nation to face trauma and heal. This is not a quick process. And we have been in a tug of war politically, economically and personally between the desire for society to remain the same, and the imperative to move forward. The time

period from January 11th to January 21st 2023 will be fraught with angry protests, the random crime we have been facing in our cities, and enraged media headlines. The crimes will diminish as 2023 progresses. So what's going to happen? Pluto will move in Aquarius on March 24th through June 11th. We will start to see new ways of handling societal problems. The focus for 2023 will be on domestic issues. I predict new discoveries in health care and emphasis on healthy living. Who knows, maybe the food shortages we could experience will encourage people to eat better. 2023 will bring new businesses where employees have a stake in the company. Changes in architecture, fashion, urban planning, and preserving nature areas will bring an "eco" sensibility to the arts. New safer housing construction will bring protection from the dramatic weather events we will continue to experience. Our attitudes and feelings will change. There will be a feeling that all of US will create a better society. If we heed these attitude adjustments, 2023 will begin to enlighten us. As dark as some of the days have been, the coming times can be equally as light!

You can check out Constance Stellas at www.ConstanceStellas.com. **HAPPY NEW YEAR!!!** 



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# Widespread Flooding

Continued from page 1

The breeching of the levees shut down Highway 99 and stranded motorists.

But the region's two major reservoirs held, and the Sacramento and American rivers did not experience major floods.

"The investments we've made to the flood system have absolutely helped," said Gary Lippner, the Department of Water Resources' deputy director of flood management and dam safety. "At the larger scale, our system is much more ready for high-water events."

The Central Valley has a long, painful history of deluges: The Great Flood of 1861-2, triggered by weeks of rain and snow, is still remembered as the worst disaster to ever befall California, inundating the entire valley, killing thousands of people statewide and devastating the economy.

The state's capital city was built in a floodplain and requires an extensive system of dams and levees to protect it. Even now, federal, state and local authorities are in the midst of upgrading those defenses, particularly in the Sacramento region, where multiyear, multi-billion-dollar projects are underway.

Major improvements have been made in the region and more are underway, thanks to about \$1.8 billion in state and federal funds. The Army Corps and state have been upgrading about 45 miles of levees over a 5-year period, and work on the final 2.8 miles is scheduled to begin in the spring.

Among the structural upgrades are raising levee heights, boring as deep as 150 feet to reinforce levees to prevent seepage and piling rocks on riverbanks to reduce erosion.

"All of the work that we've done along the American and Sacramento Rivers are helping the current situation. We are not seeing flooding off these rivers," Salyers said. The completed projects are now weather-tested, she said, and "performing the way we wanted them to."

State officials expressed confidence that the Central Valley's levees and bypasses will contain the deluges coming tonight and next week.

"We do have a significant amount of capacity within the bypass system in that 1,600 miles of levee, and I don't anticipate ... there to be emergency management needs," Lippner said.

But every flood-protection system has its limits.

Michael Anderson, a



The state has established emergency shelters in Sacramento County and has stockpiled 3.7 million sandbags. Photo courtesy of DWR



Another dangerous storm is barreling toward the Sacramento Valley, where rains already punched through some levees. Photo courtesy of DWR

climatologist with the California Department of Water Resources, noted that impacts from the upcoming storm system could escalate to a "worst-case scenario" if it "becomes an unrelenting series of storms."

Forecasters are warning residents in the Sacramento region and the Bay Area to prepare today and Thursday for yet another assault, this time from a "bomb cyclone" spinning in the Pacific that will not make landfall but will amplify rain, wind and frigid temperatures along the coast and foothills.

Forecasters are expecting more atmospheric rivers — the powerful streams of tropical moisture that deliver most of California's winter rainfall.

In the mountains that supply

California's reservoirs, snow levels are now above average. The Department of Water Resources' first snow survey of the season took place on Tuesday at Phillips Station, in the Sierra Nevada, west of Lake Tahoe. Scientists measured 55.5 inches of snow and a snow water equivalent of 17.5 inches. That's 177% of average for this location. Statewide, snow-pack levels are at 174% of average for that date.

Statewide, this is the best start to the snow season in 40 years, according to Department of Water Resources officials.

It would be hasty, though, to assume the ongoing storms and wet forecast mark an end to the prolonged drought. In 2021, record rains and heavy snowfall arrived between October

and December. Then, California experienced its driest January-through-March — typically the state's wettest months — in recorded history.

Experts say consecutive storms are made more dangerous by an already-soaked landscape's inability to absorb more water. In addition to creating swollen creeks and mudslides, incessant rain reduces soils' ability to hold vegetation, and California's millions of drought-ravaged trees can easily fall over. Areas with wildfire burn scars are at risk of flash-flooding, officials said.

The state has established emergency shelters in Sacramento and San Mateo Counties and has stockpiled 3.7 million sandbags.

Some experts think the flooding from the incoming storms could

be tempered by the fact that the developing system is relatively cold. This will translate into more snow and less rain, at least at high elevations.

Last weekend's storm was relatively warm and produced rainfall at high elevations, where the liquid water fell on several feet of snow, melting it and magnifying the runoff into streams and rivers.

The flood board updated Central Valley Flood Protection Plan, released last month, warns of "1,000-year storm events ... and the need to act with renewed urgency and purpose before the next large flood event occurs in the Central Valley."

The plan calls on naturebased solutions, like restored floodplains, and infrastructural improvements, like fortified levees near urban areas, to help reduce the impacts of higher-energy storm systems expected as a result of the warming climate.

Most of the historic floodplains along the Central Valley's rivers have been separated from the water by levees. Scientists now say that restoring floodplains can be an effective flood control strategy by allowing surging rivers to spill their banks and shed their energy on unpopulated flatlands, rather than bursting through aging levees surrounding populated areas. Floodplains also provide fish and wildlife habitat and serve as groundwater percolation beds.

"It takes a lot of time for that water to find a way out," said Mark Dickman, associate director for data at the U.S. Geological Survey in Sacramento. "There's just nowhere for it to go."

It's a persistent and familiar challenge: What to do with water when there's too much and how to manage when there isn't enough.

"We are built for this," said Jeffrey Mount, a water specialist at the Public Policy Institute of California. "We built the system around the notion that we get occasionally wet years and mostly dry years. But, unlike the Colorado River Basin, where they can capture and control four years of runoff, we are full after one year. Our ability to store surface water is limited.

The ongoing rains are already boosting California's water storage system. Major reservoirs are rising, some rapidly. Folsom Lake was 29% full on Dec. 20, and as of Jan. 2 it jumped to 61%. The much larger Lake Oroville jumped from 29% to 38% in the same window — an increase of more than 300,000 acre-feet. ★

