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Carmichael Times

VOLUME 43 • ISSUE 27

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JULY 8, 2022

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Carmichael Beavers Swim Team make a pageant splash with chanting swimmers and a bubble machine.

Story and photos by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - Patriots of all ages waved the red, white and blue for two Independence celebrations over the holiday weekend. Long-awaited after two years of pandemic cancelations, the community parade and fireworks celebrations were staged on separate days.

On Saturday last week, a \$20,000 pyrotechnic show lit up La Sierra Community Center. Sponsored

by Carmichael and Mission Oaks Park Districts, the July 2 celebration drew a crowd of almost 5000. "Temperatures turned cold after the sun went down," reported CRPD staffer Alaina Lofthus. "But our playing field was absolutely full. People enjoyed free live music, free parking, a free kids' zone and free fireworks. It's great that we could still provide such a big community event for free these days."

Carmichael's famous Independence Parade rolled out on July 4. A

community tradition, the pageant has been orchestrated by Carmichael Elks for 60 years. Almost 700 patriots rode, walked or biked in the procession.

Del Campo High School Street provided a unit of almost 100 athletes and boosters. Kovar's Martial Arts fielded 50 kickboxers and karate-choppers. Beribboned Sheriff Posse palominos clip-clopped; antique vehicles pattered along the two-mile procession route. Spectators

Continued on page 3

California Sheriffs Issue Public Alert Following DOJ Data Breach

CSSA News Release

SUTTER COUNTY, CA (MPG) - The California State Sheriffs' Association (CSSA) is alarmed to learn of a data breach by the California Department of Justice (DOJ) that has made public the personal information of California's citizen concealed weapon (CCW) permit holders.

CSSA is issuing this alert to make CCW permit holders aware of the situation so they can take appropriate precautions.

"It is infuriating that people who have been complying with the law have been put at risk by this breach," said CSSA President and Butte County Sheriff Kory Honea. "California's sheriffs are very concerned about this data breach and the risk it poses to California's CCW permit holders."

CSSA will continue to engage with DOJ in an effort to ensure that the risk to CCW permit holders is mitigated and a breach of this nature does not happen again.

Every law enforcement agency in California that issues CCW permits is required by law to provide certain information about CCW permit holders to DOJ, which in turn is required to safeguard that information. The data breach was in conjunction with DOJ's launch of its "2022 Firearms Dashboard Portal." The breach included, but was not limited to, the names, ages, and addresses of individuals who hold CCW permits in California. It appears that before the breach was detected by DOJ, the information was copied and at least some portion of it was posted on the internet.

After learning of the breach, CSSA President and Butte County Sheriff Kory Honea contacted DOJ officials. During that conversation DOJ confirmed there was a data breach involving CCW permit holder information. DOJ advised it has deactivated the dashboard and is working to determine the scope of the breach. DOJ stated it would be contacting all CCW permit holders directly to advise them of the breach and will institute a program to mitigate any harm or damages to CCW holders that result from the breach.

DOJ has issued a statement regarding this situation that can be accessed on their website. ★

Green Fleet Recognized



Sacramento County was named the number one Leading Public Fleet at the Advanced Clean Transportation (ACT) Expo Fleet Awards. Photo courtesy of Sacramento County

Sac County News Release

SACRAMENTO COUNTY, CA (MPG) - In the fleet management world, springtime is award season, and Sacramento County came home with three awards this year!

These awards are the direct result of the Fleet Services Division's constant innovation and drive toward a cleaner, greener fleet.

This May, Sacramento County was named: Number one Leading Public Fleet at the Advanced Clean Transportation (ACT) Expo Fleet Awards;

The Advanced Clean Transportation (ACT) Expo Fleet Awards recognize fleet operators who show true leadership in clean transportation. Number three Best Fleet of 2022 by the NAFA Fleet Management Association; The NAFA 100 Best Fleets in the Americas program recognizes peak-performing fleet operations. This program identifies and encourages the ever-increasing levels of performance improvement and innovation within the public fleet industry. Number five leading fleet from Government Fleet and the American Public Works Association at the

Government Fleet Expo and Conference. Fleets are judged on showing leadership with staff, with customers, and within the community; staying efficient and competitive; overcoming challenges; and having a vision and direction for the operation.

The County has long embraced clean air initiatives and has acted in many capacities to reduce dependence on foreign oil and use resources wisely. This commitment to fleet sustainability began in 1999 with the adoption of the County's Heavy Duty Low Emission Vehicle Acquisition Policy.

"The County has 2,800

vehicles in its fleet," said Keith Leech Chief, Fleet Services Division and Parking Enterprise. "By converting more than 60 percent of our total fuel consumption to renewable fuels and transitioning to advanced hybrid electric technology, we have significantly reduced our carbon footprint while achieving significant ongoing savings in fuel costs."

The Department of General Services Fleet Services Division is currently partnering with SMUD for free-of-charge fleet advisory services to deliver a comprehensive fleet electrification

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Point in Time Count Report Released

Sac County News Release

SACRAMENTO COUNTY, CA (MPG) - On June 28, 2022, Sacramento Steps Forward, the lead agency for the Continuum of Care in Sacramento County, released the 2022 Point in Time (PIT) count report.

The Point in Time count is conducted every two years within Sacramento County and provides the community with a snapshot of how many people may be experiencing homelessness on any given night. The count was last done in 2019 and was delayed from 2021 to 2022 because of the pandemic. This year the count was done on Feb. 23 and 24.

As expected, the overall number of persons experiencing homelessness at the time of the count is much higher than it was in 2019. While it is disheartening to know that more of our residents are unhoused, this report is useful to the overall County strategy and response tactics.

The County now has updated data not only on homelessness overall but on many specific sub-categories such as families, veterans, those living in cars, chronic homelessness and some of the conditions and barriers that are keeping people homeless.

What Sacramento County is Doing:

The County has been steadily increasing funding, resources and programs to serve not only our unhoused residents but mitigating the impacts of unsheltered homelessness communitywide. The needs of the unhoused can be complex and vary drastically from person to person – but one thing remains consistent – complex wraparound services cannot be impactful until people’s basic needs are met. Food, water, shelter and sanitation are just a few of the basic and essential needs people have in order to stabilize



As expected, the overall number of persons experiencing homelessness at the time of the count is much higher than it was in 2019. While it is disheartening to know that more of our residents are unhoused. MPG file photo

enough to receive more complex services such as mental health treatment and/or drug and alcohol rehabilitation.

The County recognizes the need for diversified responses to this complex problem – knowing that one solution is not right for each person, no timeframe works for every person, and no one service works for everyone. Instead, the County is investing in a myriad of programs, services and new sheltering and housing concepts to not only address current homelessness but prevent or divert homelessness to begin with.

One of the new, innovative projects the County is launching that will aid in helping people exit homelessness, is the recently approved “Safe Stay Community” model. These small, individual sleeping cabin communities will provide the privacy, dignity and respect that unhoused people deserve, while also meeting their basic

needs and giving them a stable environment to learn about and accept services that will help them exit homelessness.

Investments and Programs Targeting Mental Health, Families and Youth–The County has made significant investments through MSHA Funding for Housing and Homeless Supports. Since 2007, \$28M have been allocated to address homelessness in Sacramento County through the MSHA Housing Program and No Place Like Home Program. The County currently has 221 housing units funded through MSHA and an additional 234 coming in the next two years.

In FY 2019-20: **Housed** 563 clients/households; **Prevented** 1,431 clients/households at imminent risk from becoming homeless; **Served** 161 clients/households residing in MSHA-funded apartments; **Provided** rental assistance to 4,682 clients/households; **Provided** 7,815

services utilizing MSHA housing flex funds.

The County currently funds more than \$1 million in prevention and intervention services, primarily targeting youth and families;

The Board allocated \$10 million from ARPA-1 to create the Landlord Engagement and Assistance Program (LEAP) to provide landlord and tenancy supports and short term rental subsidies to help people quickly exit homelessness and sustain housing. LEAP will launch in the fall of 2022, and aims to augment other re-housing programs to help households quickly divert from homelessness;

In partnership with SHRA, the County launched the Sacramento Emergency Rental Assistance (SERA) program, providing one-time financial support totaling almost \$67 million to almost 7,800 families at risk of losing housing as of May 2022;

Over the past several years,

there have been regulatory, policy changes and new investments that have allowed the County to build out services out for foster youth and youth aging out of the system to prevent them falling into homelessness. The County has increased participation in Independent Living Programs, Transitional Housing Programs and Voucher supports for youth as well.

Point in Time Count by the Numbers:

The overall count increased 67% from 5,570 (2019) to 9,278 in 2022. While the overall number of people has increased, the percentage split of sheltered vs unsheltered – 28% vs 72% respectively, hasn’t changed; which is indicative of increased bed capacity over the last three years;

Those reporting chronic homelessness has more than doubled. Chronic homelessness is defined as long periods of homelessness and the presence of a disabling condition such as behavioral health issues or drug addiction– 1) Nearly 50% of those experiencing homelessness are considered ‘chronic’; 2) 58% of unsheltered report disabling conditions vs. 40% in 2019; 3) 74% of the unsheltered population reports being homeless continually for more than a year.

There was a substantial rise in vehicles counted – in 2019, 200 vehicles were counted; in 2022, 1,100 vehicles were counted equating to 1,782 people. The report also notes the new trend of “vehicle encampments”;

In addition to the Point in Time count, the report also provides an annualized count of person that experienced homelessness at some point in the last year – up to 22,000.

To stay informed about what the County of Sacramento is doing to respond to homelessness, subscribe to our distribution list on homeless news. ★

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were estimated at around 4000. CHP officers circled on motor bikes. Sirens wailed. Sheriff's deputies loud-hailed crowds with

"Happy Fourth" greetings.

"I saw smiling faces everywhere," said parade organizer Jim Warrick. "I can't tell you how happy I felt to see such

a patriotic outpouring. People really wanted to have our parade back. Celebrating July 4 together makes us feel free as Americans. I felt the community's happiness

all day long."

Hailing crowds from a Mustang convertible, Supervisor Rich Desmond took Grand Marshal honors. "The weather

was perfect," he enthused. "These crowds told me people wanted to unite as a community and celebrate all the good things about our country." ★



Baby, you're a firework! One-year-old Madilyn Osborn anticipates her first pyrotechnic show at La Sierra Center, Carmichael. Parents are Eric and Natalie Osborn.



Assembly Member Ken Cooley (left) meets Sons of the American Revolution members Donald Littlefield (Left) Douglas Drake and Russ Kaiser. In colonial battledress, the Sons led Carmichael's July 4 pageant.



County Supervisor Rich Desmond, in cowboy hat, was the Grand Marshal. Photo by Paul Scholl



Carmichael's little patriots enjoyed the Fourth of July festivities. Photo by Paul Scholl



The Shriners Organization fielded Keystone Kops and clowns.



Thousands of neighbors showed up to cheer on the parade. Photo by Paul Scholl



Sacramento Sheriff's Posse provide equestrian content for the parade. In the staging ground, riders Nicole Kneppel (left), Kaitlyn Snow and Laura Weaver decorate golden palomino mounts.



The largest parade unit contained chanting Del Campo High School athletes and team boosters.



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San Juan Unified Selects 2023 Teachers of the Year



SJUSD teacher Nicolette Pulley of Ottomon Way Elementary School was recognized as one of two 2023 Teachers of the Year. Photo courtesy of SJUSD



John Barrett Middle School SJUSD teacher Logan Grinsell was recognized as one of two 2023 Teachers of the Year. Photo courtesy of SJUSD

SJUSD News Release

SACRAMENTO REGION, CA (MPG) - The last few weeks of the 2021-22 school year were filled with celebrations for Ottomon Way Elementary School and John Barrett Middle School as teachers Nicolette Pulley and Logan Grinsell were recognized as the 2023 Teachers of the Year.

At San Juan Unified, teachers are not just chosen for their student-focus, but their site leadership, willingness to make adjustments, and their focus on ensuring our students are being taken care of emotionally and socially.

Both these teachers have spent years mastering their crafts and learning how to connect

with students in this district.

Grinsell began working at San Juan Unified almost 10 years ago and has spent his entire career at John Barrett Middle School. Aside from teaching science and art, Grinsell is the school musical director, a track coach, and the MESA (Mathematics, Engineering, Science, Achievement) advisor for students.

In his application for Teacher of the Year, Grinsell shared what the definition of a teacher is and why he is surpassing that definition.

“Based on this definition, teaching is nothing special,” said Grinsell. “But what is lacking from the definition that I bring is the passion and heart to make teaching

one of the best professions to get into.”

As for Pulley, she began working at San Juan Unified eight years ago and has spent her entire teaching career with the district.

Over the last year, Pulley has provided more than 12 hours of professional development to site staff and six hours of training for instructional assistants to implement reading. She also provided on-campus support for K-3 teachers completing Language Essentials for Teachers of Reading and Spelling (LETRS).

In her application, she explains that it is essential to rely on the unique strengths and gifts of school site staff to help student achievement.

“Personally, I communicate my appreciation for my staff through service-based leadership,” said Pulley. “I serve my team in my ability to share my professional areas of expertise where I feel confident that I can lead my team in a forward direction.”

Both Grinsell and Pulley have been nominated to compete for the Sacramento County Office of Education Teacher of the Year award. ★

Can Sanity Prevail in California?



Commentary by Jon Coupal

Victor Davis Hanson is a resident scholar at the Hoover Institute and lifelong Californian from the Central Valley. He recently spoke at a conference of Howard Jarvis Taxpayers Association members. For the naïve who want an optimistic presentation about how great California is, VDH is not your guy. He gives an accurate, if depressing, view of the current state of the state. In both his writings and speeches, he assesses just how far California has deteriorated; from homelessness, poverty, cost of living, crime, taxes, business climate, etc., ad nauseum.

The decline of California has, as most know, led to an unprecedented exodus out of the state. So much so that for the first time in its history, California has lost representation in Congress. In addition to the 2 million people who have already left California, far more are seriously considering it. Facebook now has a group called “Life after California” with rapidly

growing membership, but most Californians are unlikely to leave, at least anytime soon. They will stay either because they are willing to tolerate all that is wrong here, or they are not able to leave.

A Central Valley farmer isn’t going to pick up his orchard and move to Texas, neither is the retired couple who want to stay close to family members, including grandchildren but simply because tens of millions will stay in California does not mean they are oblivious to its ills.

Those deciding to stick it out here in the formerly Golden State are constantly on the lookout for some faint signs that things might get better. The primary election returns might provide such a sign, although it would be foolish to believe there has been a political sea change.

First, the good news. It now appears that voters in the most liberal city in America have had it with rising crime. Given that you can count the number of Republicans in San Francisco on two hands, the rejection of the city’s District Attorney, Chesa Boudin, certainly wasn’t a partisan fight. San Franciscans of all political stripes simply felt unsafe on city streets as tens of thousands had their cars or homes broken into. It doesn’t take a conservative to want serious criminal acts to result in serious criminal penalties, including incarceration.

The similarly Soros-backed

district attorney of Los Angeles, George Gascón, wasn’t on the ballot, but it appears he is in deep trouble as he tries to deflect a recall of his own. Also, L.A. mayoral candidate Rick Caruso, previously a Republican and now registered in the Democratic party, is headed to a runoff against progressive Democrat Karen Bass, currently in Congress and previously Assembly leader.

As in San Francisco, crime and homelessness are top issues.

Throughout California, even within Democrat-on-Democrat races, the more moderate candidates seemed to be outperforming their more progressive counterparts, although many races remain too close to call.

Whether California’s election results represent a meaningful shift away from radical progressivism or merely a blip in the relentless leftward movement in California is the subject of a national debate. Even the New York Times wrote that the recall of Boudin was “a stark warning to the Democratic Party.”

It is way too early to predict a significant return to sanity in California, and November’s election results will be more telling. But for now, even a slight movement toward responsible politics is a welcome change.

As the Chinese proverb reminds us, a journey of a thousand miles begins with a single step. ★

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Green Fleet Recognized

Continued from page 1

assessment with recommendations to transition the county's fleet to Zero-Emission Vehicles.

About Sacramento County Fleet Services: Number of On-Highway Vehicles: 2,245; Number of Heavy-Duty Vehicles: 409; Number of Off-Highway Vehicles: 146; Number of Fleet Employees: 99

Fuel Statistics Calendar Year 2021: Total Fuel Consumption: 3,579,838

Gallons; Unleaded Gasoline: 1,343,657 Gallons; Conventional Diesel: 24,490 Gallons; Advanced tech / Hybrid Unleaded: 96,356 Gallons

Renewable Diesel: 742,697 Gallons; Propane Autogas: 10,783 Gasoline Gallon Equivalent (GGE); Renewable Liquefied Natural Gas: 597,393 GGE; Renewable Compressed Natural Gas: 764,462 GGE.

NOTE: Electric vehicle charging and Hydrogen fuel are not represented in the above totals. ★

Targets for Crime, Abuse, Aggression



Mobil Country Club is 479-space mobile home facility for residents 55 years or older described as a "quiet haven" with a "convenient and serene neighborhood."

Story and photos by Bill Bird

SACRAMENTO REGION, CA (MPG) - They claim that they live in fear. You can see it in their eyes. You can hear the fear in their voices.

Residents of the Mobil Country Club (MCC) on the border of Rancho Cordova and Gold River claim they are under a daily assault from residents who inhabit a large homeless camp behind the facility. Numerous tents and large piles of rotting trash now inhabit land originally set aside for the Citrus Road bike and pedestrian access trail. No bike rider or pedestrian dares use this path today.

"If you don't know who it is, you don't answer the door," said one rattled resident who was in fear of giving her name. "Everyone who lives back there (the back of MCC) is in a state of paranoia. They wonder what is going to happen next."

MCC is a 479-space mobile home facility that caters to residents who are 55-years or older. Storz Management Company describes the facility on its website as a "quiet haven" and a "convenient and serene neighborhood." The 10 residents who attended a recent meeting with Messenger Publishing strongly disagree. They say they live in a state of fear.

MCC residents say the problem started in 2016 but has grown worse in the past two years as the size of the homeless camp has tripled. Frustrated homeowners say they have placed numerous calls to the Rancho Cordova Police Department and the Sacramento County Sheriff's Department for help. One resident produced copies of 14 calls she made to Rancho Cordova police over the course of a single month. Officers do respond to these calls but will not take action to remove the source of the problem and eyesore behind the MCC facility.

"I stopped calling police," one frustrated resident said. "They don't do anything."

As bad as the problem is during the day, residents say, it doesn't compare to what happens at night. Like the Mongol hordes who assaulted the Great Wall of China, MCC residents share stories of the criminal element from within the homeless camp that scales the six-foot-high brick wall in the back of the facility after the sun has gone down. Anything that isn't nailed down, residents say, is stolen. The theft list includes bicycles, heavy ornaments decorating the outside of homes and even a laptop computer. Locked sheds are also targeted for theft.

Numerous residents shared stories of noise, drug use, loud music, screaming, assaults, and unwanted visits from homeless camp visitors. Late night pounding on doors and windows isn't uncommon. One homeless man tried to make his home under a trailer. Another resident claims she made the mistake of opening a late-night knock on her door, only to be confronted



Trash and other eyesores accumulate behind the MCC facility.



Homeless camps have grown near the Mobil Country Club but can't be removed by property management-or law enforcement.

by a homeless man who demanded she provide him with blankets and a pillow.

An attorney representing the management company, which receives roughly \$850 per month from each resident for management and security services, is familiar with the homeless camp. Joseph Carroll says the camp is not on land owned by MCC, and his client "has neither the power nor authority" to clear it out.

"The homeless and housing shortage crisis in California has affected all property owners, whether it be a gated manufactured housing community like Mobil Country Club, an apartment complex, or a single-family residential home," Carroll said in a statement to Messenger Publishing. "Mobil Country Club has nighttime security, which patrols the community multiple times each night, a 6-foot concrete wall surrounding the park, security cameras at the front entrance of the park, and a full-time community manager."

MCC residents who spoke with Messenger Publishing say the security patrols do not deter homeless from entering the grounds.

"They don't do their job," said one resident. "We caught a homeless person in the park and security refused to kick him out."

Several MCC homeowners are banding together to fight back over frustration and mounting fears that come from non-stop noise and crime. Resident John Hunepohl has drafted, and residents have signed, a petition titled: "Seeking Relief for Our Abused Senior and Elderly Residents."

The petition, which will be presented to the Sacramento County Board of Supervisors during the July 13 meeting, reads, in part: "We believe that our elderly have a legal right to occupy their homes in peace and quiet as defined in California Health and Safety Code."

Rancho Cordova City Manager Cyrus Abhar says he is just as frustrated as homeowners in the MCC park. However,

he says federal and state legal restrictions limit what actions the City can take. Mobile Country Club is within Rancho Cordova city limits, but the Citrus Road bike path, where the homeless camp sits, is on Sacramento County land.

"Homelessness is one of the top issues that I have to deal with on a daily basis," Abhar told Messenger Publishing. "I am an avid bicyclist. I use that Citrus Road path. I see the problem. I am MCC's biggest advocate."

One of the problems cited by both Abhar and Carroll is a 2018 ruling by the 9th U.S. Circuit Court of Appeals. That ruling stops cities like Rancho Cordova from removing camps from public land like the Citrus Road path, unless the city or county provides adequate shelter for the homeless that live there.

Relief can't come soon enough for some residents. Many, like Michele Fors, are confined to wheelchairs. This means they are forced to use the bike and pedestrian access path behind MCC to go shopping or obtain needed medications.

"It's like running the gauntlet," Fors said. "I haven't been touched, but I am subject to plenty of verbal abuse."

"The City of Rancho Cordova did take action to clean up the drainage area next to the Citrus Road path because the overgrown bushes and trees served as great hiding spots for criminals," Abhar said. "At the same time, I think the county can potentially do more."

The Sacramento County Sheriff's Office did not respond to requests for comment on this issue.

Legendary English singer David Bowie promised a brighter future in his 1975 hit record Golden Years. "I'll stick with you baby for a thousand years," he wrote in his lyrics. "Nothing's gonna touch you in these golden years."

Unfortunately, at least for the residents of MCC, Bowie's dream of a brighter future appears to have died with him. ★

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Carmichael Times

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Subscriptions should be mailed to Carmichael Times, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$45 per year within Carmichael, \$52 within Sacramento County.

The Carmichael Times is published weekly. Call (916) 773-1111 for more information.

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 - Make awake
 - Mai follower
 - *Featuring Sam, Diane, Cliff, Norm, Carla
 - Scary creature
 - Salmon on a bagel
 - Etsy member
 - Craving
 - Old and feeble
 - Quaker Man's grain
 - Romanov rulers
 - Without help
 - Stay clear of
 - "The ___ Life" on Animal Planet
 - Keep from happening
 - Sets to zero
 - Old age, in the olden days
 - "___ Previews" with Siskel and Ebert
 - Same as taboo
 - *Featuring Dre, Rainbow, Zoey, Andre, Diane, Jack
 - New Testament king
 - Is not, colloquially
 - At hand
 - Pond buildup
 - Microscope part
 - *"Hogan's Heroes," set in ___ Germany
 - Coin opening
 - Like some martinis
 - Big Bang's original matter
- DOWN**
- ___-di-dah
 - Awfully long time
 - Stubborn beast
 - Make soiled, in the olden days
 - At the heart of Boston Tea Party
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 - No longer working, shortened
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 - Relating to Scandinavia
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 - Crossbeam
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 - "The defense ___"
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 - Finish line, e.g.
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Sacramento Native Serves Navy Ham Radio Operators Help Save Lives



Hospital man Emily Hoskins, a native of Sacramento, CA. Photo courtesy of Mass Communication Specialist 1st Class Anna-Liesha Hussey, Navy Office of Community Outreach

By Mass Communication Specialist 1st Class Bryan Niegel, Navy Office of Community Outreach

PENSACOLA, FL (MPG) - Hospital man Emily Hoskins, a native of Sacramento, California, serves the U.S. Navy assigned to Navy Medicine Readiness and Training Command Pensacola operating out of Naval Air Station Pensacola.

Hoskins joined the Navy two years ago. "I saw myself reaching a goal and thought the Navy would be a great stepping-stone to pursue my medical career," said Hoskins. Growing up in Sacramento, Hoskins attended John F. Kennedy High School and graduated in 2020. Today, Hoskins relies upon skills and values similar to those found in Sacramento to succeed in the military. "Growing up, I learned to never give up on what I see myself doing and what I'm passionate about," said

Hoskins. These lessons have helped Hoskins while serving with Navy Medicine Readiness and Training Command Pensacola. Navy Medicine Readiness and Training Command Pensacola (NHP), is older than 26 U.S. States and is in its second century of service. It is one of the country's oldest and most respected military medical facilities. NHP continues to provide health care to over 150,000 beneficiaries in its main facility and ten branch clinics across five states.

Today, the sixth Naval Hospital building was the first to be built outside of the NAS Pensacola installation. Initially commissioned as the Naval Regional Aerospace Medical Command in 1978, it continues its mission of providing healthcare to America's heroes and their families throughout the Gulf Coast region. In 2001, a 2-story, 73,000 square foot Outpatient Clinic was added to the Naval Hospital.

NHP's mission is to deliver high-quality healthcare to warfighters and beneficiaries, ensuring a medically ready force through strategic integration, innovation, and well-trained personnel.

Serving in the Navy means Hoskins is part of a team that is taking on new importance in America's focus on rebuilding military readiness, strengthening alliances

and reforming business practices in support of the National Defense Strategy.

"The different branches of the military cover every aspect of defense from air, land and sea," said Hoskins. "This allows us to maintain national security and keep our country free and safe."

With more than 90 percent of all trade traveling by sea, and 95 percent of the world's international phone and internet traffic carried through underwater fiber optic, Navy officials continue to emphasize that the prosperity and security of the United States is directly linked to a strong and ready Navy.

Hoskins and the sailors they serve with have many opportunities to achieve accomplishments during their military service.

"I am most proud of getting to where I am today," said Hoskins. "I have learned to face different challenges and be mentally tough. I'm also proud of having the ability to help people and myself in the process to achieve all the goals that I have set for myself."

As Hoskins and other sailors continue to train and perform missions, they take pride in serving their country in the United States Navy.

"Serving in the Navy gives me a sense of pride in myself," added Hoskins. "I'm proud of what I have done to defend our freedom and to be able to carry on the legacy of the corpsman before me and the ability to live up to the standards I have set up for myself." ★

Story and photo by Bill Bird

SACRAMENTO REGION, CA (MPG) - When the Loma Prieta Earthquake struck the greater San Francisco Bay Area in 1989, it knocked down power lines and knocked television and radio stations off the air. Phone lines were disrupted, and cell phone service died. However, they stepped in and helped save the day.

The same scenario played out 16-years later when Hurricane Katrina struck New Orleans and the surrounding area. Once again, television sets and radios died. The power went off. Standard telephone service and cellular service stopped working. But, once again, they stepped in and provided emergency communication.

Who are they? These men and women are all members of the same group who belong to the American Radio Relay League (ARRL). These people are all radio amateurs, who are also better known as Ham Radio operators. Despite the recent rise of the internet, the hobby of ham radio, which is more than 100-years old, is alive and well.

The ARRL International Field Day took place in multiple cities and countries this past weekend, including Sacramento. This year's event was hosted by the California Department of Technology headquarters located in Rancho Cordova. State authorities know all too well from multiple



Image of a Kenwood TS-2000 Ham Radio used by those who seek a more self-sufficient mode of communication.

experiences that when emergencies strike, it's the independent ham operators who can be relied upon when emergency communications are needed.

Alice Austin likes to help people. That's why she became a member of the local Friends and Amateur Radio Communications Enthusiasts (FARCE) group and helped to organize this year's field day.

"It's important to me to lend a hand in any kind of emergency," Austin told Messenger Publishing. "The purpose of our field day events is to make sure our operations are intact and our radios work. We try to contact other ham radio operators located all over the world."

Hobbyists include military veterans like Dennis Merritt, who served tours in both the U.S. Navy and Army. He is better known in the ham community by his FCC assigned license name of W6UHQ. He started his field day experience by contacting other ham radio operators in places like Bozeman, MT, Boise, ID and

Portland, OR. "People like us can contact hospitals, emergency providers and other businesses when all other forms of communications fail," Merritt said. "We are there to help when people need us, but it's also fun to keep in contact with our counterparts in other parts of the world."

Merritt says wildfires that have recently plagued California is another example of where ham radio operators can play a crucial role in getting people out of danger. A Los Angeles Times article found that emergency warnings never reached many people in Paradise, CA during the 2018 Camp Fire because cell towers and power lines had been knocked out. The fire killed more than 80 people.

"The idea behind ARRL Field Day is practice," Austin said. "It encourages us to be prepared, to stay prepared and to encourage other people to join us."

For more information about ARRL, or the local FARCE organization, visit the ARRL website at www.arrl.org. ★



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<p style="font-weight: bold; color: red;">BLUE BUFFALO CANNED CAT FOOD</p> <p style="font-size: 6px;">Tasteful •Pate •Flaked 3 oz & 5.5 oz.</p> <p style="font-size: 12px; font-weight: bold; color: red;">ON SALE</p>	<p style="font-size: 6px;">Market Fresh Recipe</p> <p style="font-weight: bold; color: red;">FUSSIE CAT PREMIUM DRY CAT FOOD</p> <p style="font-size: 6px;">•Selected Varieties 2 Lb, 4 Lb, 10 Lb bag</p> <p style="font-size: 12px; font-weight: bold; color: red;">10% OFF</p> <p style="font-size: 6px;">As Marked OUR REGULAR LOW PRICES</p>	<p style="font-weight: bold; color: red;">MERRICK'S GOURMET CANNED DOG FOOD</p> <p style="font-size: 6px;">•Selected Varieties 13.2 Oz Limit 1 Case</p> <p style="font-size: 12px; font-weight: bold; color: red;">ON SALE</p>	<p style="font-weight: bold; color: red;">SCIENCE DIET SMALL BITES DRY DOG FOOD</p> <p style="font-size: 6px;">•Adult •Light •Mature •Puppy 15 Lb Bag (Lamb & Rice Small Bite Sensitive Stomach 15.5 Lb \$31.99) Limit 2 Bags</p> <p style="font-size: 12px; font-weight: bold; color: red;">\$26⁹⁹</p>
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Now You Can Use Your Library Card to Visit State Parks

CA State Library News Release

SACRAMENTO, CA (MPG) - California State Parks and the California State Library today announced an additional opportunity to advance safe and equitable outdoor access to all Californians.

Starting in the first week of April – National Library Week – California State Parks will be distributing the California State Library Parks Pass to public libraries across the state for checkout by library patrons. The new pass will allow free vehicle day use entry at more than 200 participating state park units.

“Spending time in nature is crucial to our mental health and well-being,” said First Partner Jennifer Siebel Newsom. “We’re lucky to have the largest state park system in the nation, and I am thrilled to partner with California State Parks and the California State Library to help make those spaces more accessible to California families. With the California State Library Parks Pass, anyone with a library card will be able to unlock the benefits and beauty of our majestic state parks.”

Research shows that spending time in the outdoors is associated with better mental and physical health, and that many Californians face barriers to accessing their parks. California has a wealth of state parks, and many public libraries are likely within driving distance of one. By reducing barriers to park access and partnering with entities such as public libraries, the state can help more Californians explore the outdoors and generate positive impacts in the area of health, natural resource stewardship, and historical and cultural connections.

“Parks and libraries have the potential to be powerful symbols and agents for California’s open spaces,” said California State Parks Director Armando



Visit your local public library and check out a California State Library Parks Pass. Photo courtesy of California State Library

Quintero. “It is an honor to work side-by-side with the California State Library, Newsom Administration and partners to advance outdoor access to all Californians via public libraries, inspire stewardship for the state park system and build a healthier California.”

As part of a three-year pilot program starting in April, each library jurisdiction will receive at least three California State Library Parks Pass hangtags per branch for checkout by library patrons, including mobile libraries. Park Passes will enter circulation on a rolling basis throughout April and May for checkout by library patrons; library users can contact their local library for more information. Library-card holders will be able to check out the pass for the allotted number of days allowed by the local library, then return the pass to the library for others to use. The pass is valid for entry of one passenger vehicle with capacity of nine people or less or one highway licensed motorcycle at participating state park units.

“Libraries are trusted community hubs where Californians know they can find what they need to work, play, and thrive,” said California State Librarian Greg Lucas. “This partnership

with State Parks now allows Californians to ‘check out’ California’s great outdoors at their community library.”

Libraries are already an important part of Californians’ lives. There are 1,184 public library buildings in California, and more than 23 million Californians have library cards. In 2019-2020, these libraries circulated over 97 million items free of charge, such as books, technology, Wi-Fi hotspots, videos, music, instruments, tools, telescopes and more. Additionally, the libraries hosted over 300,000 programs in 2019-2020, with almost 7.5 million people attending. The California State Library Parks Pass program is one more way that Californians can get empowered through their libraries. Additionally, the California State Library will be providing grant funding to libraries for outdoor-related items for checkout, programs that teach natural resource stewardship and outdoor skills, or to encourage their library patrons to enjoy the outdoors and make historical and cultural connections to parks.

“All Californians should have the opportunity to be outdoors in nature,” said California Secretary for Natural Resources Wade Crowfoot. “Yet many of

our state’s residents live in communities without adequate parks and open space. This innovative new program will enable more Californians to explore our incredible State Parks system, and in the process create more equitable access to nature and the outdoors.”

The 2021/22 State Budget included initiatives to advance equitable access to state parks and open spaces for all Californians. A \$9.1 million one-time General Fund investment was included in the budget to launch a state parks pilot to expand parks pass distribution, especially for youth in disadvantaged communities. The pilot includes the California State Park Adventure Pass program that provides free day-use passes for fourth graders and their families, the revamped Golden Bear Pass Program and the California State Library Parks Pass.

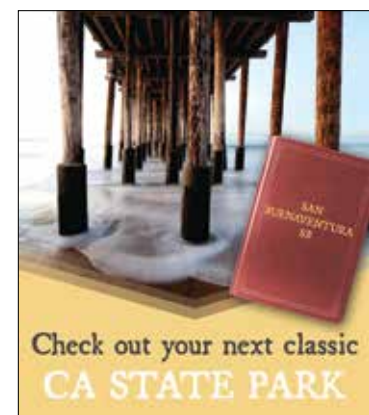
“California State Parks Foundation was honored to work with First Partner Jennifer Siebel Newsom to secure funding for the California State Library Parks Pass program and other innovative pilot programs to increase access to the state’s magnificent park system. We firmly believe every Californian should have access to the beauty and benefits

of parks, and we know that cost can be a barrier to visiting. We’re excited that local branch libraries will now be a gateway to state parks,” said Executive Director of the California State Parks Foundation Rachel Norton.

Detailed information on the new California State Library Parks Program, including full terms and conditions, is available online at CheckOutCAStateParks.com. For more information on all the new parks pass programs, please visit parks.ca.gov/CaliforniaOutdoorsForAll.

Subscribe to California State Parks News online at www.parks.ca.gov/news or email us at newsroom@parks.ca.gov.

California State Parks and the recreational programs supported by its divisions of Boating and Waterways, Historic Preservation and Off-Highway Motor Vehicle Recreation provide the opportunity for families, friends, and communities to connect. Off-highway motor vehicle recreation, boating activities, horseback riding, cycling, hiking, camping, rock climbing, tours, hikes, school group enrichment, and special events are just some of the activities enjoyed in 279 park units organized into 21 field districts throughout the state. Learn more at www.parks.ca.gov. ★



Launched during National Library Week, the new pass is valid at over 200 participating state parks throughout California for vehicle day-use entry. Photo courtesy of California State Library

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Mortgage Relief Program Available for Financial Hardships

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The California Mortgage Relief Program has announced it will expand eligibility requirements to give more California homeowners a fresh start in their homes after falling behind on housing payments due to financial hardships brought on by the COVID-19 pandemic.

The California Mortgage Relief Program offers financial assistance to eligible homeowners through a one-time-only grant that does not have to be paid back. This means homeowners who have fallen behind on their mortgage or property tax payments due to pandemic-related financial hardships can get caught up. Homeowners can check to see if they

are eligible to apply for the California Mortgage Relief Program by visiting CAMortgageRelief.org and clicking the "Apply Now" button. Application assistance is available through the program's Contact Center at 1 (888) 840-2594.

The CalHFA Homeowner Relief Corporation (CALHRC) is a special-purpose affiliate of the California Housing Finance Agency (CalFHA). CalFHA is an independent state agency that assists low to moderate-income Californians by acting as the state's affordable housing lender. Through CalHRC, the agency is able to disburse The American Rescue Plan Act's Homeowner Assistance Fund (HAF) on behalf of the State of California given its extensive expertise in the mortgage assistance and homeownership space. ★

Sacramento Public Library Providing Free Meals to Kids 18 and Under

Sac Public Library News Release

SACRAMENTO, CA (MPG) - Since June 14, Sacramento Public Library (SPL) is providing free meals to children 18 and under while school is out through August 5.

Meals will be distributed at 13 library locations on Tuesdays and Fridays from Noon – 1 p.m. Meal sites are available at the following library locations: Arcade, Carmichael, Colonial Heights, Del Paso Heights, Elk Grove, Fair Oaks, Martin Luther King, Jr., North Highlands-Antelope, North Sacramento-Hagginwood, Rio Linda, Southgate,

Sylvan Oaks, and Valley Hi-North Laguna.

Summer Meals at the Library is provided in partnership with Elk Grove Unified School District and Natomas Unified School District. The Summer Food Service Program is a program of the U. S. Department of Agriculture, administered in California by the California Department of Education. Lunch at the Library is a project of the California State Library in partnership with the California Library Association and supported with funds from the State of California.

For more information about this program, visit www.saclibrary.org/Meals ★



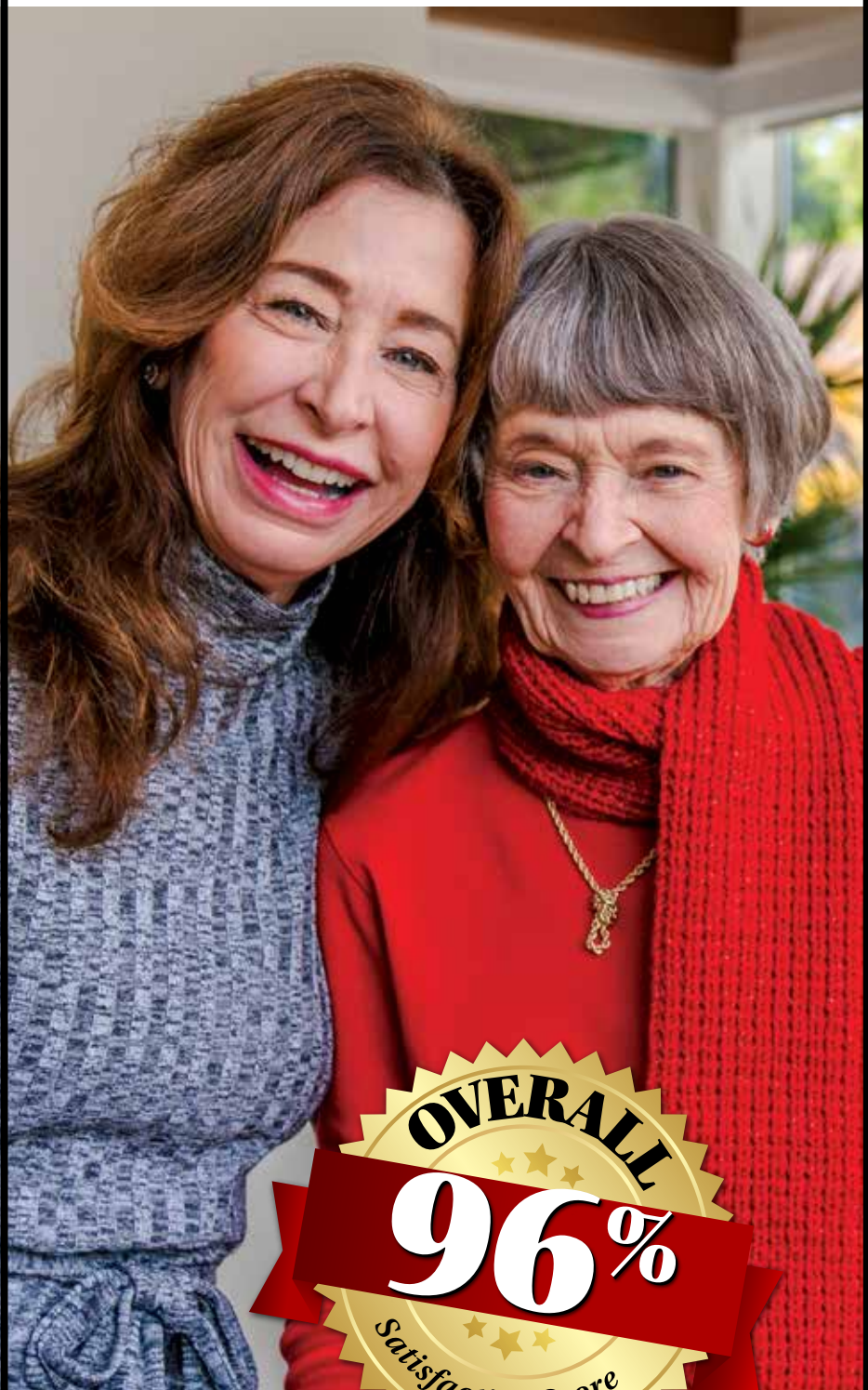
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WEEKLY MEAT SPECIALS

BONUS BUY Beef Ribeye Roast - Boneless Chulettes de Ternera Asada **\$5.99 /lb**

GREAT VALUE Beef Ribeye Steak - Boneless Filet de Chulettes de Ternera **\$6.99 /lb**

USDA CHOICE Beef Rump/Bottom Round Roast - Bnls Pulpa Contra en Trozo sin Hueso **\$3.99 /lb**

ibp Chicken Drumsticks Pernas de Pollo **99¢ /lb**

ibp Pork Loin Chops Bone In Chulettes de Cerdo con Hueso **\$1.89 /lb**

ibp Pork Baby Back Ribs (Single Pak) Costillas **\$3.99 /lb**

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE JULY 4 - JULY 12, 2022.

HAPPY HOURS
Draft Beer \$2.50 & UP
 Mon-Thu 4PM-9PM
 Fri-Sat 2PM-9PM

KP KARAOKE SPECIAL Sun-Thu Come before 6pm (Valid Time) Fri-Sat Come before 5pm (Valid Time)

For 6 people \$95.00
 3 Hours Karaoke + Pizza + Pitcher Soda + 2 Main Dishes (Chick'n Burrito, 12 Inch, 1/2 Chicken Sandwich, 1/2 Chicken Sandwich)

For 12 people \$185.00
 3 Hours Karaoke + 2 Pizza + Pitcher Soda + 4 Main Dishes (Chick'n Burrito, 12 Inch, 1/2 Chicken Sandwich, 1/2 Chicken Sandwich)

For 14 people \$210.00
 3 Hours Karaoke + 2 Pizza + Pitcher Soda + 5 Main Dishes (Chick'n Burrito, 12 Inch, 1/2 Chicken Sandwich, 1/2 Chicken Sandwich, 1/2 Chicken Sandwich)

For 18 people \$275.00
 3 Hours Karaoke + 3 Pizza + Pitcher Soda + 7 Main Dishes (Chick'n Burrito, 12 Inch, 1/2 Chicken Sandwich, 1/2 Chicken Sandwich, 1/2 Chicken Sandwich, 1/2 Chicken Sandwich)

For 28 people \$350.00
 3 Hours Karaoke + 5 Pizza + Pitcher Soda + 8 Main Dishes (Chick'n Burrito, 12 Inch, 1/2 Chicken Sandwich, 1/2 Chicken Sandwich, 1/2 Chicken Sandwich, 1/2 Chicken Sandwich, 1/2 Chicken Sandwich)

9 Dishes To Choose From: Fried Rice, Spicy Salmon, Chicken Nuggets, Pork Loin, Fried Dumpling, Chicken Wings, Hamburger, Cheese Bread, Crab Cakes

FRESH PRODUCE

Avocado 2 lb Bag **\$3.99/bag**

Cantaloupe **2/\$5.00**

Lychee **\$3.49/lb**

Italian Squash **79¢/lb**

Mushroom Assorted 400 g **\$7.99/ea**

Celery **99¢/ea**

Yellow Onion 3 lb **\$1.99/bag**

Fuji Apple **79¢/lb**

AMERICAN/HISPANIC GROCERY

Soft & Strong Bath Tissue 12 rolls **\$7.99/ea**

Gain Original Detergent 154.1oz **\$16.99/ea**

Talk Gels Original Deodorant 2.5oz **\$2.49/ea**

French's Classic Yellow Mustard 20oz **\$3.59/ea**

Gold Medal All Purpose Flour 5 lb **\$7.59/ea**

Gold Medal All Purpose Flour 5 lb **\$4.49/ea**

ASIAN GROCERY

LEE Teban Djan 13oz **\$5.39/ea**

UFC Sweet Spaghetti Sauce 1kg **\$4.99/ea**

UFC Original Spaghetti Sauce 1kg **99¢/ea**

Green Life Coconut Milk 13.5 Ltr **\$6.99/ea**

Hello Bee Bee Snow Rice Cracker 176oz **\$2.99/ea**

Chackoh Coconut Water 1 Liter **\$2.99/ea**

EUROPEAN GROCERY

Black Current Burst Black Tea 20 x 2.5 **\$3.39/ea**

Twisty Cherry Chocolate in Liqueur 190 gr **\$4.99/ea**

Cherry & Brandy Filled Chocolate 150 gr **\$1.99/ea**

Marokah Lamin 1 lb **\$3.49/ea**

Capitan Cook Banana Rice 20 lb **\$18.99/ea**

KOREAN/JAPANESE GROCERY

Wang Kangnol Rice 2.5Kinds 10.5 lb **14.99/ea**

Silk Noodle Soy Bean 2.5 lb **13.99/ea**

Orange Whole Fruit 2.5 lb **5.99/ea**

American Coffee 2.5Kinds 1 lb **7.99/ea**

Wang Old Noodle 2.5Kinds 22.5 lb **3.99/ea**

Progress Tuna Light Sockeye 3x2.5oz **12.99/ea**

HOUSEWARES

HAMILTON BEACH KITCHENWARE Kitchen Utensils 4 Pieces **99¢/ea**

RESISTANCE Egg Grill **8.99/ea**

RESISTANCE 2.5 Liter Kettle **39.99/ea**

RESISTANCE 2.5 Liter Kettle **4.99/ea**

RESISTANCE 2.5 Liter Kettle **3.99/ea**

RESISTANCE 2.5 Liter Kettle **14.99/ea**

FROZEN & FISH DEPT

Korean Jeju Island Premium Belt Fish 400 g REG. \$36.99/ea **\$19.99/ea**

EUROPEAN DELI

Columbus Oven Roasted Chicken Breast **\$6.99/ea**

Columbus Black Forest Ham **\$6.99/ea**

Pitted Green Olives with Italian Seasoning **\$4.69/ea**

Pitted Olives Stuffed with Blue Cheese **\$5.99/ea**

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