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Carmichael Times

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Techies Sweep the Pool



Jesuit "Rovotic" team members celebrate with adult mentors. Their ocean-cleaning invention took first prize at an international robotics contest in Tennessee.

Story and photos by Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG) - Jesuit High School students recently beat 11 university-age teams to take top honors in an international science and engineering contest. The teenagers designed a remotely operated vehicle (ROV) that plunged, swooped and swept debris from underwater. The invention scooped major awards at a robo-clash convened by the Marine Advanced Technology Education - an organization supported by the National Science Foundation. This annual event aims to encourage future technicians to tackle man-made oceanic problems.

Staged at East Tennessee State University, the competition assembled teams from USA, China, Singapore, Macau, Turkey and Egypt. Facing collegiate-level rivals up to five years older than themselves

barely daunted Jesuit's 15 to 18-year-olds. "They didn't worry about the other teams," considers adult team coach Cheryl Kiyama. "They'd built a capable robot that met the expectations of the competition. It demonstrated the awesomeness of tools they created." Prizes included Amazon gift vouchers, valuable robot parts (for next year's team) and the honor of being published in a major oceanography journal.

The team calls itself the Rovotics. Dressed in Jesuit's signature red shirts, the 12 techies are dubbed 'Men in Red' when competing. By whatever name, the kids returned from Tennessee - on the first day of fall semester - as champions. Though the Catholic school traditionally takes MATE honors, a near slam-dunk dazzled pupils, priests and principal. "I got to school and thought, wow," says team captain Charlie Diaz, "I guess everybody's heard the news. Kids I

didn't know were saying congratulations. I heard our win even sparked outside interest, for kids to come to Jesuit for its robotics program."

A technical program manager for the Intel Corporation, Cheryl Kiyama was one of four team mentors. "Everyone's very proud," she reports. "With COVID, the boys had to modify their meetings to work with ZOOM. It's hard to build a robot that way. Parts had to be sent home for students to work on. They had a lot to deal with, but they did everything possible to make it happen."

The Rovotics include students from Fair Oaks, Carmichael, Sacramento, Rancho Cordova, Elk Grove, Roseville and Eldorado Hills. With mentors and many parent chaperones, the Jesuit contingent practically took over a Tennessee hotel, even commandeering a swimming pool for last-minute trials. Their robot

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Sac County Comments on New Rumors Regarding Elections Staff

By Janna Haynes, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - It has come to the attention of the Sacramento County Department of Voter Registration and Elections that there are rumors circulating nationally and even internationally, that there are two employees of the Dominion technology company that are employed in our Registrar's office.

These rumors are false. The genesis of these rumors is still unclear, but due to the prevalence of this rumor, our office is addressing this lie head-on:

No Dominion employees have ever been or ever will be employed by the Sacramento County Voter Registration & Elections Department;

Our Lead Support Technician from Dominion was on-site the first day of Logic & Accuracy testing (Monday, 8/9) and will be back next Monday (8/16) for the first day of Logic & Accuracy testing on the tabulation system;

The purpose of the limited on-site technician support is to provide subject matter expertise in the maintenance and/or repair of the voting equipment should any equipment fail during the Logic & Accuracy testing. On-site presence can expedite the RMA (Return Material Authorization) process to replace equipment in the event of failure.

Maintenance and/or repair processes are performed by Sacramento County Voter Registration & Elections staff. The vendor may only provide expertise and advice on how to best achieve the maintenance and/or repair of voting equipment;

On-site vendor support is required to be scheduled in advance, the vendor personnel must wear an identification badge and be escorted by Sacramento County Voter Registration & Elections Department staff at all times while on the premises. They are not allowed to touch voting equipment, election files, or ballots at any time. ★

You Can't Keep a Good Club Down

Story by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - The Carmichael Senior Citizen Club has resumed activities. Meetings are held on second and fourth Thursdays of each month, at the Carmichael Park club house (5750 Grant Avenue).

The 53-year-old organization welcomes seniors to enjoy speakers, theater productions and potluck meals.

One of the community's oldest nonprofits, the group celebrated a golden anniversary in 2019. The 2020-21 pandemic has caused the longest hiatus in its history. Past President Valerie Hobin says members have looked forward to reuniting and playing their regular bingo games. "Presently, we're still required to wear face masks," she notes. "But we're back in action, with lots of exciting things planned." Bus trips to Red Hawk Casino (Placerville) are among frequent club



Carmichael Senior Citizen Club and supporters join Valerie Hobin (third from right) in 2019 anniversary celebrations. Photo by Susan Maxwell Skinner.

adventures. For other excursions, members car-pool to assist non-drivers.

"We love to welcome couples," says Hobin. "We also have mother/daughter attendees and dads are welcome, too. Being with

a group like this is a great way to spend time with a relative."

Anyone aged 50 years or more can attend the next meeting, August 26. On this date, attendees are requested to bring their

own lunch. Carmichael Senior Citizen Club dues are \$12 per year, with a 50 cent donation taken at the door for each meeting. For more information, contact Valerie Hobin at 916-487-5525. ★



Residents Rally for Parkway

Story and photos by Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG) - A jewel of Sacramento life and leisure, the American River Parkway is closer to destruction than at any time since its establishment in the '60s. In recent months, more than 11 percent of its 4800 acres have burned. The river's flow - drinking water for millions -- is polluted. Wildlife is displaced and suffering. People who might otherwise enjoy the 23-mile stretch of public land are daunted by its increasing homeless population. Garbage accumulates at many tons per month. County and volunteer efforts cannot keep up with it.

An estimated 1000 campers live rough on the Parkway. A perfect storm of circumstances -- drug abuse; criminal justice "reforms," a scarcity of affordable housing and the COVID pandemic -- have caused record levels of homelessness. Displaced people flock to inhabit a once-pristine wilderness and damage to riparian havens is incalculable. "As a kid, I kayaked from Carmichael to Discovery Park and didn't see a single camper," recalls District 3 Supervisor Rich Desmond. "I never expect to see long stretches of campsites and garbage, like we have now. We should be ashamed that our children have to experience nature with this backdrop."

Desmond spoke at a forum recently convened by the American River Parkway Foundation. Attended by more than 200 concerned citizens, the event offered a wake-up call documentary called "Parkway in Peril." Several volunteer Parkway stewards contributed voice-over.

"The Parkway gets more visitors per year than Yosemite," said Chris Balaan. "Imagine someone throwing a bottle into the Merced River. People don't seem to have a problem doing it to the American River."

Two hours of passionate discussion followed the presentation.



Photographed above William B. Pond Park, the American River flows through 23 miles and 4800 acres of public parkway. This regional treasure is endangered by fire, pollution and illegal camping.

Heading the forum, Supervisor Phil Serna related his experience of being stuck by a drug-user's needle during a volunteer river cleanup. He pledged himself and his District 3 colleague Rich Desmond to be "100 percent behind saving the Parkway. It bodes well that we're all sitting here," said the District 1 leader.

— from fire, to drug presence, garbage pollution, and fears for recreational safety -- resulted from unauthorized campers. Recent statutes, prevent Rangers from ousting Parkway dwellers if they have nowhere else to sleep. Other activities can nevertheless be prosecuted: littering is illegal; hunting

spots are illegal.

Deputy Metro Fire Chief Niko King confirmed that nearly all parkland conflagrations this year originated in encampments.

Trash and sewage dumping is another issue. Higher than acceptable E.coli readings are not all camper-related but much riverside

and tweekers (meth users) bringing things into parkway encampments that destroy aesthetics, sanitation and safety. We are the voice of the Parkway. We need to speak out on the issue of illegal camping... it can't be allowed to continue."

Volunteer Leigh Rutledge said formerly pristine river areas were now landfills. "We are so fortunate that a group of people had the foresight to save this land for all of us," she said. "We're going to let it become one giant garbage dump. And a burned garbage dump. We've got to do what it takes to stop this."

A nature-lover advocated for wildlife. "Imagine what losing 11 percent of your range means to animals" said the speaker. "Flood plain parks are not just for human leisure. Our Parkway was set aside as a habitat for hundreds of animal species. What protection do they have when we allow it to be burned, polluted and filled with garbage?"

Supervisor Serna said Sacramento County was resource-challenged but not guilty of letting grass grow under its feet. Sites were being considered for a triage center -- with support services -- for the homeless. When taxed to recommend how the public could help save the Parkway, Serna and fellow panelists urged:

Volunteer for trash clean ups; Report illegal fires; Write letters to officials; Attend Supervisory meetings and call the County to task.

Explained Supervisor Rich Desmond: "Showing up and complaining achieves progress in our creating alternative places for homeless people to go. When we have these places, there will be no excuse for us not enforcing ordinances and stopping the destruction of our Parkway."

Volunteers may assist The Great American River Clean Up project on September 18.

Learn about this and other American River Parkway projects at www.arpf.org

Write to your County representative at: 700 H Street, Suite 1450, Sacramento, CA 95814. ★



Panelists fielding questions at the American River Parkway forum included broadcaster Kellie De Marco (left) as moderator, Regional Parks director Liz Bellas, PG&E representative John Costa, County Supervisor Phil Serna, Parkway Foundation executive Dianna Poggetto, Deputy Metro Fire Chief Niko King and Supervisor Rich Desmond.

The gathering fielded little argument that most Parkway problems

and threatening behavior is illegal. Fires outside designated picnic

garbage is. Said Parkway steward Don Hall: "We've got hoarders

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CARMICHAEL TIMES

Techies Sweep the Pool Concert Series Nears Finale

Continued from page 1
 — named Nautilus in honor of vessels conceived first by Robert Fulton and later by Jules Verne — arrived courtesy of Fed Ex. Team captain Charlie Diaz had sleepless pre-contest nights. “We were all anxious,” he says. “We coped by focusing on our tasks and trusting the plan we’d created.”

Contest challenges were not just underwater. Beyond proving their machine’s capability, teams made technical and marketing presentations. The Men in Red spent weeks on their speeches. “We were nervous about talking in front of judges,” says Diaz. “But we learned our presentations by heart, and we really believed in what we had to say. That gave us confidence.”

Neither did Nautilus let them down. The boys watched their creation dive 18 feet to the pool floor. At pilot commands, it grabbed plastic bags and fragments of simulated coral. “When we sent our mini-ROV down the drainage pipe to retrieve a sediment sample, we knew we had a chance,” says Diaz. “We were the only team that did this task successfully. We didn’t go to Tennessee thinking we were going to win, so everyone got super excited.



Jesuit High School’s robotic team captain Charlie Diaz (18) displays trophies awarded for performance, technical reporting and project marketing. The team’s robot also took the all-round contest prize among college-age student teams.

We felt like all the work we’d done had paid off.” “I hope our victory inspires other students to get interested in robotics,” says the technician. “Working for the MATE event has opened our eyes to ocean pollution. The program’s emphasis on fixing man-made problems through technology has

helped us grow in understanding. We’re encouraged to try to find solutions.” Jesuit’s team members are: Andrew Grindstaff, Luke Rosellini, Charlie Diaz, Nick Venegas, Taylor Vicente, Daniel Kriefels, Timothy Monroe, Michael Solis, Dylan Olsen, James Randall, Jonah Reynolds, Adon Sharp. ★



Two more free concerts remain in the Carmichael Park District’s eight-week season. A 48-year tradition of summer music has its penultimate 2021 performance this Saturday. Eleven-piece rock big band On Air will present Chicago and Tower of Power covers. Downbeat is 6:30 pm at the park sound shell. Dancing is encouraged. Remaining performances are August 21 – On Air; August 28 – Great Wide Open (Tom Petty tribute). Learn about Carmichael Park’s concert series at www.carmichaelpark.com. Photo by Susan Maxwell Skinner

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6608 Stanley Avenue.....	\$380,000
5249 Monitor Avenue.....	\$492,000
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Disease Outbreak Strikes California Deer Herds



The disease is typically fatal to young deer, particularly fawns, and can be spread by animals in close contact with each other. The virus is not known to affect people, pets or domestic livestock. Image by Manfred Antranias Zimmer from Pixabay

California Department of Fish and Wildlife

SACRAMENTO, CA (MPG) - The California Department of Fish and Wildlife (CDFW) has confirmed outbreaks of adenovirus hemorrhagic disease in deer in several northern California counties and is asking California residents to help curb the spread by not feeding wild animals, and report potential cases to the department.

“Providing attractants for deer – food, salt licks or even water – is against the law for good reason,” said Dr. Brandon Munk, senior wildlife veterinarian with CDFW’s Wildlife Investigations Laboratory. “Because these artificial attractants can congregate animals and promote the spread of disease, it’s particularly imperative to leave wildlife alone during an outbreak. There is no cure or vaccine for this disease, so our best management strategies right now are to track it carefully, and to take

preventative measures to limit the spread.”

Beginning in May, CDFW began receiving increased reports of mortality in deer, both free-ranging and at fawn rehabilitation facilities. With the assistance of wildlife rehabilitation facilities and the California Animal Health and Food Safety Laboratory, CDFW confirmed cervid adenovirus 1 (CdAdV-1) as the cause of hemorrhagic disease outbreaks this year in Kern, Napa and Nevada counties.

The disease is typically fatal to young deer, particularly fawns, and can be spread by animals in close contact with each other. The virus is not known to affect people, pets or domestic livestock.

CdAdV-1 was the cause of a 1993-1994 outbreak of hemorrhagic disease in black tailed deer and mule deer that spanned at least 18 California counties. Since then, CdAdV-1 has been identified as the cause of sporadic, often widespread, outbreaks of hemorrhagic disease in

California and other western states. Deer fawns are at greatest risk, with high rates of mortality following infection. Yearlings and adult deer are more resistant but mortalities in these age groups occur as well. Outbreaks can be widespread and may have significant impact on affected deer populations.

Affected deer are often found dead without any obvious symptoms. They may be found near water. Sick animals may have excessive salivation (drooling or foaming at the mouth), diarrhea, regurgitation or seizures.

In addition to removing food and other attractants, Californians can help wildlife veterinarians track and study the disease by reporting sightings of sick or dead deer. Anyone who observes a deer exhibiting symptoms, or encountering a deer that has died from unknown causes, can submit the information to CDFW through the department’s online mortality reporting system. ★

Back-to-School Vaccinations



Sacramento County Immunization Assistance Program helps by providing information about immunizations for school and in obtaining immunization services for children. Photo by Piyapong Thongcharoen Dreamstime

By Samantha Mott, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - Students are getting ready to go back to school, and whether it’s via distance learning or in person, it is important children and teens are up-to-date on their vaccinations.

This year, Sacramento County Public Health recommends the addition of a COVID-19 vaccine for youth. The Pfizer-BioNTech vaccine has been approved by the CDC for children ages 12 and above. COVID-19 vaccine clinics are available at multiple locations throughout the county.

“Vaccines are always an important part of back-to-school time, and to even enroll in school, it is still required by law that you meet immunization requirements,” said Dr. Olivia Kasirye, Sacramento County Public Health Officer. “Not getting your children vaccinated will make them more vulnerable to preventable diseases like whooping cough, the flu and measles.”

Immunizations Required to Enter Kindergarten:

Polio; Diphtheria, Tetanus, and Pertussis (DTaP); Measles, Mumps and Rubella (MMR); Hepatitis B; Varicella (Chickenpox)

Immunizations required to enter 7th grade:

Tetanus, diphtheria and pertussis booster (Tdap); Varicella (Chickenpox)

If your child hasn’t received one or more of these vaccines, make an appointment for them to get caught up today. The Sacramento County Immunization Assistance Program may be able to help by providing information about immunizations for school and provide assistance in obtaining immunization services for children and adults in Sacramento County. The program also provides referrals for clients to immunization resources, consultation services, and conducting flu vaccine clinics each fall, as well as providing state-supplied vaccines during vaccine-preventable disease outbreaks. You can reach the program from 8 a.m. - 5 p.m. weekdays at 916-875-7468.

If you don’t have health insurance, or your insurance policy doesn’t cover all recommended childhood vaccines, your child may be eligible for vaccines through the Vaccines for Children program.

You can find out what vaccines your child needs at all ages by reviewing the CDC’s recommended Childhood Immunization Schedule at <https://www.cdc.gov/vaccines/schedules/easy-to-read/child-easyread.html>. ★



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Carmichael Times
Serving Carmichael and Sacramento County since 1981

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California Gubernatorial Recall Voter Guide Mailed



Registered voters can expect the CVIG to arrive in their mailboxes in the next week. It will include Ballot Drop Box and Vote Center locations. MPG file photo.

Sacramento County Office of Registrar of Voters

SACRAMENTO COUNTY, CA (MPG) - The Voter Registration and Elections (VRE) Office has begun mailing the County Voter Information Guide (CVIG) for the September 14, 2021 California Gubernatorial Recall Election to Sacramento County registered voters. The VRE Office printed more than 800,000 Guides in English, Spanish and Chinese.

Registered voters can expect the CVIG to arrive in their mailboxes in the next week. It will include Ballot Drop Box and Vote Center locations. Voters that have 'opted out' of receiving a paper version of the CVIG may view it on the VRE website beginning August 16, 2021.

For more information about the Recall Election and voting in Sacramento County, visit the VRE website at www.elections.saccounty.gov, contact VRE at (916) 875-6451, email voterinfo@saccounty.net, or call the toll-free voter assistance hotline at (800) 762-8019. The hotline has the ability to connect voters with disabilities with TTY (Text Telephone).

Key Election Dates:

Monday, August 16 - Mailing of ballots to all registered voters begun; Voted ballots may be returned by mail (no postage needed) or in any of the Ballot Drop Boxes located throughout the County

Monday, August 30 - Close of voter registration for the September 14, 2021 California Gubernatorial Recall Election.

Voter registration forms must be post-marked by this date or delivered to the VRE Office at 7000 65th Street, Suite A, Sacramento 95823 by 5:00 p.m. Online voter registration must be completed before midnight on this date at www.registertovote.ca.gov

Tuesday, August 31 - Conditional Voter Registration (CVR) begins

Saturday, September 4-11 Day Vote Centers open

Tuesday, September 7 - Last day a Vote by Mail (VBM) ballot can be mailed to you. After this date, VBM ballots are only available at the VRE Office or Vote Centers

Saturday, September 11 - All Vote Centers open throughout the County

Tuesday, September 14 - Election Day

*Logic and Accuracy Testing
on Tabulation Equipment*

Voter Registration and Elections will begin logic and accuracy testing of ballot tabulation equipment on Monday, August 16, 2021 at 10:00 a.m. Testing will run continuously until completed. If you are interested in observing this process please contact our office at the number above to schedule an appointment.

For more information visit our website at elections.saccounty.gov, contact VRE at (916) 875-6451, email voterinfo@saccounty.net, or use the toll-free voter assistance hotline at (800) 762-8019. The hotline has the ability to connect voters with disabilities with TTY (Text Telephone). ★

Holistic Healthcare Center Brings Eating Disorder Treatment

By Haley Gibbs,
The Abbi Agency

SACRAMENTO, CA (MPG) - Thrive Sacramento, an eating disorder treatment center, opens in Sacramento. Thrive offers specialized care in eating disorder treatment with family-based treatment influenced programming.

The holistic treatment center was created with a global perspective on mental healthcare in mind and scaled to serve clients on a local and personal level.

"We believe in a team approach at Thrive and that includes family members," said Tony Paulson, Ph.D., Thrive Sacramento Clinical Director. "We build a community around each client that will support and allow for healing."

Thrive treats adults and adolescents struggling with eating disorders and their family members through a family intensive outpatient

program. The family programs draw on principles from the Family-Based Treatment modality with individual and family therapy, and psychoeducation. The program aims to empower family members to help their loved ones heal from an eating disorder and reach recovery together.

The multidisciplinary team approach by Thrive is used to collaborate on treatment that fosters a well-rounded recovery. The team includes therapists, psychiatrists, primary care providers, nutritionists, and mindful movement specialists.

Thrive Sacramento is one of the newest locations for Thrive Wellness — a company dedicated to keeping the soul of behavioral healthcare alive while also bringing integrated care to individuals across the country. Other locations include Thrive Reno in Nevada and

Thrive Waco in Texas.

Thrive currently accepts many major health insurances and also does single case agreement payments. The newest Thrive location is at 601 University Ave. #280 Sacramento, CA 95825. To schedule your first intake, or to inquire further about the clinic's services, call 916-431-0860 or email sacramento@thrivehere.com.

Thrive Sacramento is a holistic, all-inclusive treatment center home with a dedicated team of specialists committed to the emotional, physical and behavioral health of each client. Thrive Wellness specializes in empowering and treating individuals struggling with eating disorders, anxiety, obsessive-compulsive disorders, depression and more. For more information on the clinic and its services, visit thrivehere.com/thrive-wellness-sacramento ★

Regional San Project to Receive Grant Funding for Harvest Water

By Sharon Sargeant,
Regional San

SACRAMENTO, CA (MPG) - The United States Bureau of Reclamation (USBR) recently announced that Regional San will receive \$1.7 million to help fund Regional San's Harvest Water Program. This additional funding adds to the previous \$4.2 million received from USBR and \$287.5 million in Proposition 1 funding. Harvest Water was established to meet Regional San's goal of increasing the use of recycled water by providing tertiary-treated wastewater for farmers—demonstrating Regional San's ongoing commitment to environmental stewardship.

Harvest Water represents one of the largest agricultural water reuse projects

in the United States. Once complete, it will provide up to 50,000 acre-feet per year of drought-resistant, Title 22 water to irrigate up to 16,000 acres of permanent agriculture and habitat conservation lands near the Cosumnes River and Stone Lakes National Wildlife Refuge in Sacramento County.

"Securing these funds helps Regional San in our efforts to increase recycled water use in the Sacramento region," said Prabhakar Somavarapu, Regional San's General Manager. "Recycled wastewater provides a safe and sustainable water supply for agriculture, irrigation and habitat restoration. It also reduces the need for groundwater pumping."

Next steps include continued planning efforts

with local farmers and development of designs for pumping, transmission and distribution systems to convey recycled water from the wastewater treatment plant near Elk Grove to farmers in southern Sacramento County. The first phase of the recycled water delivery system is expected to be operational by late 2024.

Learn more about Harvest Water at regionalsan.com/harvestwater.

Regional San owns the regional wastewater conveyance system and the Sacramento Regional Wastewater Treatment Plant located near Elk Grove. We provide wastewater conveyance, treatment and disposal service to about 1.6 million people throughout the Sacramento region. Learn more at regionalsan.com. ★

Strong Demand in Home Sales Begin Shift Towards Normalized Market



Area builders reported selling 501 homes during the month in the seven-county region. That was the lowest number reported so far this year. Image by Paul Brennan from Pixabay

NBSIA News Release

SACRAMENTO REGION, CA (MPG) - Sacramento-area new home sales continued moving toward more normal patterns in July but still reflect continued strong demand, the North State Building Industry Association reported.

Area builders reported selling 501 homes during the month in the seven-county region. That was the lowest number reported so far this year and appears to reflect that the market is continuing to shift into its normal pattern — sales peak in the spring, plateau during the summer and then continue drifting lower during the rest of the year.

But sales are still robust compared to historical averages. The average number of sales during July since the BIA began keeping records in 1997 is just 366, and July's total was the second-highest recorded in the region since 2007. It was eclipsed only by the massive 888 sales that took place in July 2020 as the market rebounded from the huge drop-off in sales that spring due to the onset of the

COVID-19 restrictions.

Michael Strech, the BIA's president and CEO, said the gradual movement towards a more normal market is welcome but that builders will continue working to meet the strong demand shown by area buyers.

"There continues to be a strong demand for new homes in the region as buyers look for homes that have been designed with today's needs for space and flexibility in mind," Strech said. "Despite serious supply chain issues that are causing construction delays, our members continue to work hard to find solutions and complete construction as quickly as possible."

"The continued strong market for new and existing homes also provides even more proof that the supply of housing in the region does not meet the demand. Local governments need to work with builders to reduce fees and other costs and to allow the construction of more new housing to begin closing the gap."

The report reflects sales in El Dorado, Nevada, Placer, Sacramento, Sutter, Yolo and Yuba counties. ★



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CLG NEWS UPDATES

Provided by Citizens for Legitimate Government (CLG) See legitgov.org

White House increases US troops to help with Kabul evacuation to 5,000 | 14 Aug 2021 | The State Department said Secretary of State Antony Blinken spoke with Afghan President Ashraf Ghani Saturday about the Taliban's violent offensive. The 82nd Airborne Division's alert brigade will send 1,000 paratroopers to Kabul next week to reach the White House's goal of 5,000 troops in the city to protect the evacuation of U.S. personnel, Fox News reports. There were already 1,000 U.S. service members on the ground, according to defense officials. Another 3,000 Marines and soldiers will be in place by the end of the week. The remaining two battalions of the 82nd Airborne Brigade Combat Team will stage in Kuwait as a ready reserve.

Biden Weighs Mandating Vaccines for Interstate Travel | 13 Aug 2021 | Joe Biden is weighing vaccines mandates for interstate travel, according to The Associated Press (AP) on Thursday. "Still, while more severe [coronavirus] measures – such as mandating vaccines for interstate travel or changing how the federal government reimburses treatment for those who are unvaccinated and become ill with COVID-19 – have been discussed," the AP writes, "the administration worried that they would be too polarizing for the moment."

Forty percent of migrants released in Texas border city test positive for COVID-19, officials say | 11 Aug 2021 | The city of Laredo, Texas, has refused to take in migrants who have been bused in from elsewhere on the border after discovering 40% of them tested positive for the coronavirus, according to two local government officials. "That was very high," Laredo Mayor Pete Saenz said in an interview, referring to the infection rate among migrants dropped off by the Border Patrol last week. Laredo health authority, Dr. Victor Trevino, confirmed the numbers. The 40% infection rate is the highest known positivity rate along the U.S.-Mexico border. Last week, McAllen, Texas, reported a 15% positivity rate among migrants released from custody.

Marines Rebuke Def. Sec.: 'No Mandatory Vaccinations for My Marines' | 13 Aug 2021 | Marine Corps General David H. Berger on Monday rebuked Defense Secretary Lloyd Austin's edict requiring all Armed Forces personnel to submit to Covid-19 vaccinations under threat of court martial or discharge, said a source in Gen. Berger's office who overheard a heated conversation between them. Gen. Berger telephoned the defense secretary minutes after he said in a press conference that the Covid-19 vaccination is needed to maintain military readiness and that he would enforce the mandatory vaccination policy regardless of FDA approval status. "There will be no mandatory vaccinations for my Marines," Gen. Berger said. In a transcript of the call reviewed by Real Raw News, Gen. Berger lambasted Austin and branded him a traitor. "Under no circumstances will Marines be compelled to take a potentially hazardous vaccination that the FDA won't even fully endorse," Gen. Berger told Austin. "You are a coward and a traitor, manipulated by people pushing bad policy on the men and women who provide security to our nation. Neither you nor your puppet president has authority to enforce such a policy."

Lawsuit involving 1,200 first responders targets state's vaccination policy for government workers | 12 Aug 2021 | (HI) On behalf of 1,200 first responders statewide, a group of attorneys announced Thursday it is filing a lawsuit against the state over its vaccination policy for government workers. The group argued the mandate violates workers' constitutional rights and employers should not be able to decide how to grant exemptions for religion because it is a personal belief. The lawyers also criticized Gov. David Ige (D) and all four county mayors for not creating a uniform statewide plan – and claimed the governor did not give unions the opportunity to negotiate before the policy was announced.

PhDs the most vaccine-hesitant group of all | 12 Aug 2021 | In Germany and elsewhere, those who refuse the jab have been called "Covidiot" suggesting that such people are stupid. And the unvaccinated have not only been shamed, but bribed, excluded from participation in daily life or portrayed as victims of mis- and disinformation campaigns. According to a new paper by researchers from Carnegie Mellon University and the University of Pittsburgh, the unvaccinated are not the stupid ones... In the first five months of 2021, according to the study, the largest decrease in hesitancy was among the least educated – those with a high school education or less. Meanwhile, hesitancy never dropped in the most educated group – by May this year, Ph.Ds were the most hesitant group. ★



Dare to Live Without Limits

by Bryan Golden

Keeping Your Life in Balance



Motion is required to maintain balance. In order to balance on a bicycle, you must be peddling forward. It's impossible to balance on a bike which is standing still. As soon as the bike stops, you have to get off, or put your foot down.

A spinning top appears to be perfectly still. But as it slows down it begins to wobble, ultimately coming to rest on its side. Spinning gyroscopes are used to keep ships and rockets stable. The faster they spin, the greater the stability.

While riding a bike, holding a heavy bag in one hand throws you off balance. Riding with your eyes closed ensures a crash. Facing backwards makes riding impossible. Letting go of the handle bars makes the bike hard to control.

Life is like riding a bicycle. If you don't keep moving forward, you'll fall. You can't sit still and expect to be balanced. At the very least, an unbalanced life leads to unpredictable gyrations, unexpected changes in direction, bumps, and falls.

There are some simple techniques you can use to maintain your balance. Keep your eyes open and focused on where you are headed. You are already past what's behind you. What lies in front of you is what matters.

Every aspect of your life is interconnected. Each component complements the others rather than being in competition. Work, personal time, family, social, and recreation are all intertwined. Balance is fluid, not fixed. The amount of

attention required by each element varies so you have to consider the overall balance.

Compartmentalization is essential for maintaining balance. When you're at work, focus on work. When at home, focus on your family. When you are resting, rest. Allowing the various aspects of your life to overlap interferes with each component receiving the proper attention. This results in everything being out of balance with nothing working right.

Get rid of any negative baggage which isn't contributing anything positive to your wellbeing. Worry, stress, anger, resentment, and bitterness all throw your life off balance. Negative baggage also taints every aspect of your life.

Eliminate activities which don't accomplish anything meaningful. Classify each task you are working on as either productive or just active. Productive behavior gets you closer to a specific objective. If you are just active, you are busy with nothing worthwhile to show for it. It's the equivalent of spinning your wheels without going anywhere.

Say "NO" to discretionary activities which don't add balance. Devoting time to anything which detracts from those things you should be doing throws you off. Declining an invitation without saying "NO" is very effective. For example you could say, "Thank you for asking, I'm glad you thought of

me. Unfortunately, I can't participate due to a prior commitment."

Take care of your physical and mental wellbeing. If you are off balance, everything around you will feel out of balance as well. Your perception, and therefore your reality, is skewed which negatively impacts your decisions.

Where possible, avoid toxic people. Complainers, whiners, and those with negative attitudes have an amazing ability to throw everything they touch off balance. Instead, look for and connect with others who are also striving for balance in their lives.

Observe all of the aspects of your life. Constantly monitor how balanced you feel. Balance must be continually maintained through positive action. Take immediate corrective action when a situation becomes unbalanced. A small issue can mushroom if left uncorrected.

Make a conscious decision to balance your life. Be willing to actively participate in maintaining that balance. Adjust your balance and rebalance as necessary. A balanced life takes less effort to maintain than one which is unbalanced.

NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit www.BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com or write him c/o this paper. © 2021 Bryan Golden ★

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RESOLUTION NO. 3067
RESOLUTION BY THE SAN JUAN UNIFIED SCHOOL DISTRICT BOARD OF EDUCATION
RESOLUTION CONVEYING EASEMENT IN REAL PROPERTY TO CARMICHAEL WATER DISTRICT

WHEREAS, San Juan Unified School District ("District") owns real property located at 4243 Barrett Road, Carmichael, California, in the County of Sacramento, State of California, bearing Assessor's Parcel Number (APN) 245-0280-003;

WHEREAS, Carmichael Water District ("Water District") has requested that the District convey to Water District, Public Facilities Easement ("Easements") for right of way purposes, over an area real property on APN 245-0280-003 of approximately 0.103 acres+/-, as generally described and depicted in Attachment B ("Easement Area");

WHEREAS, the purpose of the Easement is for the Water District is to construct, reconstruct, maintain, repair, replace and operate a water supply pipeline to JoInr Barrett Middle School; and

WHEREAS, pursuant to Education Code section 17557, before so conveying property, a school district's governing board must adopt a resolution in an open meeting by a two-thirds vote of all of its members declaring the intention to convey the property;

NOW, THEREFORE, the San Juan Unified School District Board of Education does hereby resolve as follows:

Section 1 Recitals. The foregoing recitals are hereby adopted as true and correct.

Section 2 Intent to Dedicate, Terms, and Conditions. Pursuant to Education Code sections 17556, et seq., it is the intention of the District to convey to Water District the Easements generally described and depicted in the attached Exhibit A for the purposes described herein.

Section 3 Public Hearing. On the 14th of September, 2021, at the hour of 6:30 p.m., or as soon thereafter as the matter can be heard, the District's Governing Board shall hold a public hearing upon the question of making the conveyance of the Easement to Water District pursuant to Education Code sections 17558 and 17559, at which time any interested person may appear and be heard thereon.

Section 4 Notice of Adoption. Notice of adoption of this Resolution shall be given by posting a true copy of this Resolution in three (3) public places in the District not less than ten (10) days before the date of the public hearing described above. Notice of said public hearing shall be given by publishing the notice in a newspaper of general circulation published in the District or in a newspaper published in Sacramento County that has general circulation within the District not less than five (5) days before the date of the public hearing described above.

The foregoing Resolution was adopted by the San Juan Unified School District Board of Education at a meeting of the Board on August 10, 2021, by the following vote:

AYES: 5 [Villescaz, McKibbin, Creason, Costa, Hernandez]
NOES: 0
ABSENT: 0
ABSTAIN: 0

Attest:

 Elna Creason, Clerk
 San Juan Unified School District
 Board of Education

Paula Villescaz, President
 San Juan Unified School District
 Board of Education

Carmichael Times August 20 and 27, 2021

RESOLUTION NO. 3069
RESOLUTION BY THE SAN JUAN UNIFIED SCHOOL DISTRICT
BOARD OF EDUCATION
RESOLUTION CONVEYING EASEMENT IN REAL PROPERTY TO CARMICHAEL WATER DISTRICT

WHEREAS, San Juan Unified School District ("District") owns real property located at 4925 Dewey Drive, Fair Oaks, California, in the County of Sacramento, State of California, bearing Assessor's Parcel Number ("APN") 236-0060-008, 009 & 026;

WHEREAS, Carmichael Water District ("Water District") has requested that the District convey to Water District, Public Facilities Easement ("Easements") for right of way purposes, over an area real property on APN 236-0060-008, 009 & 026 of approximately 0.65 acres+/-, as generally described and depicted in Attachment B ("Easement Area");

WHEREAS, the purpose of the Easement is for the Water District to construct, reconstruct, maintain, repair, replace and operate a water supply pipeline that currently runs thru the Del Campo High School campus;

WHEREAS, pursuant to Education Code section 17557, before so conveying property, a school district's governing board must adopt a resolution in an open meeting by a two-thirds vote of all of its members .declaring the intention to convey the property;

NOW, THEREFORE, the San Juan Unified School District Board of Education does hereby resolve as follows:

Section 1 Recitals. The foregoing recitals are hereby adopted as true and correct.

Section 2 Intent to Dedicate, Terms, and Conditions. Pursuant to Education Code sections 17556, et seq., it is the intention of the District to convey to Water District the Easements generally described and depicted in the attached Exhibit A for the purposes described herein.

Section 3 Public Hearing. On the 14th of September, 2021, at the hour of 6:30 p.m., or as soon thereafter as the matter can be heard, the District's Governing Board shall hold a public hearing upon the question of making the conveyance of the Easement to Water District pursuant to Education Code sections 17558 and 17559, at which time any interested person may appear and be heard thereon.

Section 4 Notice of Adoption. Notice of adoption of this Resolution shall be given by posting a true copy of this Resolution in three (3) public places in the District not less than ten (10) days before the date of the public hearing described above. Notice of said public hearing shall be given by publishing the notice in a newspaper of general circulation published in the District or in a newspaper published in Sacramento County that has general circulation within the District not less than five (5) days before the date of the public hearing described above.

The foregoing Resolution was adopted by the San Juan Unified School District Board of Education at a meeting of the Board on August 10, 2021, by the following vote:

AYES: 5 [Villescaz, McKibbin, Creason, Costa, Hernandez]
NOES: 0
ABSENT: 0
ABSTAIN: 0

Attest:

 Elna Creason, Clerk
 San Juan Unified School District
 Board of Education

Paula Villescaz, President
 San Juan Unified School District
 Board of Education

Carmichael Times August 20 and 27, 2021

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-05946 Daina Kellom, 984 Hildebrand Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Sweet Rice Ninja" 984 Hildebrand Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 22, 2021
 Publish: July 30 & August 6, 13, 20, 2021
 SWEET 180201 8-20-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06737 Victor Daniel, 5242 College Oak Drive, #20, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Infinity Limitless Services, Professional Installation Clean" 5242 College Oak Drive, #20, Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 16, 2021
 Publish: July 30 & August 6, 13, 20, 2021
 INFINITY 180201 8-20-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06657 Christian Okpalugo, 2035 W El Camino Avenue, #423, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Bon Ton Outfitters" 2035 W El Camino Avenue, #423, Sacramento, CA 95833. Filed with the Clerk of Sacramento County July 13, 2021
 Publish: July 30 & August 6, 13, 20, 2021
 BONTON 180201 8-20-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06231 The Stanovskoy Corp, 4037 Leos Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Stanocon Roofing" 4037 Leos Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 1, 2021
 Publish: July 30 & August 6, 13, 20, 2021
 STANCON 80201 8-20-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06676 Ztro Real Estate Services, Inc., 4829 Argyle Lane, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Ztro Real Estate, Ztro Real Estate Services" 4829 Argyle Lane, Sacramento, CA 95841. Filed with the Clerk of Sacramento County June 15, 2021
 Publish: July 30 & August 6, 13, 20, 2021
 ZITRO 180201 8-20-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06472 Left Coast Poultry, Inc., 9873 Harvey Road, Galt, CA 95632 is doing business under the Fictitious Business Name(s) "Left Coast Building Contractors" 9873 Harvey Road, Galt, CA 95632. Filed with the Clerk of Sacramento County July 12, 2021
 Publish: July 30 & August 6, 13, 20, 2021
 LEFT 180201 8-20-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06695 Michael Offiah, 6901 Franela Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Univruss" 1230 N Street, Apt. 315, Sacramento, CA 95814. Filed with the Clerk of Sacramento County July 23, 2021
 Publish: August 6, 13, 20 & 27, 2021
 UNIVER 80201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06834 Anatoli Radiev, 7416 Watt Avenue, Apt. 103, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "AR Transportation Services" 7416 Watt Avenue, Apt. 103, North Highlands, CA 95660. Filed with the Clerk of Sacramento County July 21, 2021
 Publish: July 30 & August 6, 13, 20, 2021
 ARTRAN 180201 8-20-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06831 JDV Distribution LLC, 3710 Branch Street, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Evergreen Memorial Hall" 5101 Lawrence Drive, Sacramento, CA 95820. Filed with the Clerk of Sacramento County July 21, 2021
 Publish: July 30 & August 6, 13, 20, 2021
 EVER 180201 8-20-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06741 Neelam Rani, 2724 Yreka Avenue, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Trineta Indian Grocery" 310 South Lexington Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 19, 2021
 Publish: July 30 & August 6, 13, 20, 2021
 TRINE 180201 8-20-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06625 1084 Sound LLC, 8523 Sadie Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "1084 Sound" 8523 Sadie Court, Antelope, CA 95843. Filed with the Clerk of Sacramento County July 14, 2021
 Publish: July 30 & August 6, 13, 20, 2021
 1084 180201 8-20-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06661 Brahm Lifestyle Therapies, LLC, 3416 American River Drive, Suite E, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Bliss Lifestyle Therapies" 3924 Arden Way, Sacramento, CA 95864. Filed with the Clerk of Sacramento County July 15, 2021
 Publish: July 30 & August 6, 13, 20, 2021
 BLISS 180201 8-20-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06725 Allison Woods, 9767 Clemenza Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Your [LIFE] Coach, YourCoach" 5650 Whitelock Parkway, Suite 130, #2, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County July 16, 2021
 Publish: July 30 & August 6, 13, 20, 2021
 YOUR 180201 8-20-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06620 Connor D. Towns, 1217 Knopfler Circle, Folsom, CA 95630 and Alexander J. Balog, 1600 Canyon Terrace Lane, Apt. 806, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Vibrant Lawn Care" 1217 Knopfler Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 14, 2021
 Publish: July 30 & August 6, 13, 20, 2021
 VIBRANT 180201 8-20-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06468 Elena Nicara, 4124 Pasadena Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Golden House Cleaning" 4124 Pasadena Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 12, 2021
 Publish: July 30 & August 6, 13, 20, 2021
 GOLDEN 180201 8-20-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06778 Zachary Loyd Twilla, 2559 Stansberry Way, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Twilla Ink" 2559 Stansberry Way, Sacramento, CA 95826. Filed with the Clerk of Sacramento County July 20, 2021
 Publish: July 30 & August 6, 13, 20, 2021
 TWILLA 180201 8-20-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06880 Semiyard Inc, 17 Rockrose Court, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Semiyard.com" 17 Rockrose Court, Sacramento, CA 95834. Filed with the Clerk of Sacramento County July 22, 2021
 Publish: July 30 & August 6, 13, 20, 2021
 SEMI 180201 8-20-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06833 Style Your Happy LLC, 9912 Business Park Drive, Suite 170, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "LIVMOSS" 9912 Business Park Drive, Suite 170, Sacramento, CA 95827. Filed with the Clerk of Sacramento County July 21, 2021
 Publish: July 30 & August 6, 13, 20, 2021
 LIVMOSS 180201 8-20-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-05964 Michelle Moore LLC, 11658 Morrison Street, Valley Village, CA 91601 is doing business under the Fictitious Business Name(s) "Mochi Dough" 6900 65th Street, Suite 2, Sacramento, CA 95823. Filed with the Clerk of Sacramento County July 22, 2021
 Publish: July 30 & August 6, 13, 20, 2021
 LIVMOSS 180201 8-20-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06884 Chiller Enterprises, LLC, 4898 Kokomo Drive, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Oxi Fresh Carpet Cleaning" 4898 Kokomo Drive, Sacramento, CA 95835. Filed with the Clerk of Sacramento County July 22, 2021
 Publish: July 30 & August 6, 13, 20, 2021
 OXI 180201 8-20-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06908 Amanda Weeden, 5905 Pikes Peak Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Weeden Enterprises" 5905 Pikes Peak Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County July 23, 2021
 Publish: July 30 & August 6, 13, 20, 2021
 WEEDEN 180201 8-20-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06480 Natomas Estates MHC GP, LLC, 3500 Mobile Way, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Silver Eagle MHC" 3500 Mobile Way, Sacramento, CA 95834. Filed with the Clerk of Sacramento County June 22, 2021
 Publish: August 6, 13, 20 & 27, 2021
 SILVER 180201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06965 Linda Phan Sam, 12323 El Portal Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Registration Connection" 12323 El Portal Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 27, 2021
 Publish: August 6, 13, 20 & 27, 2021
 REGIST 180201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06853 Colby Rodriguez, 4440 Wyman Drive, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "As Good As New Carpet Cleaning" 4440 Wyman Drive, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 22, 2021
 Publish: August 6, 13, 20 & 27, 2021
 ASGOOD 180201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06910 DeQuincey Acoff, 1230 N Street, Apt. 315, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Univruss" 1230 N Street, Apt. 315, Sacramento, CA 95814. Filed with the Clerk of Sacramento County July 23, 2021
 Publish: August 6, 13, 20 & 27, 2021
 UNIVER 80201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07011 Tyricka Jones, 1630 Bell Street, Apt. 141, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Riamor Body Sculpting" 1630 Bell Street, Apt. 141, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 28, 2021
 Publish: August 6, 13, 20 & 27, 2021
 RIAMOR 180201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06999 Lori Liles, 2546 Ganzan Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Bergebear Crafts" 2546 Ganzan Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 27, 2021
 Publish: August 6, 13, 20 & 27, 2021
 BERGER 180201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07030 5 Star Management, Inc, 5676 Kimberly Street, San Jose, CA 95129 is doing business under the Fictitious Business Name(s) "Garden Plaza Apartments" 2251 Watt Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 28, 2021
 Publish: August 6, 13, 20 & 27, 2021
 GARDEN 180201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06989 Sweet Water H2O, LLC, 1801 H Street, #1, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Sweet Water H2O" 1801 H Street, #1, Sacramento, CA 95811. Filed with the Clerk of Sacramento County July 27, 2021
 Publish: August 6, 13, 20 & 27, 2021
 SWEET 180201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06664 Adan Gonzalez, 6940 Amberwick Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Acer Trees & Stumps" 6940 Amberwick Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County July 15, 2021
 Publish: August 6, 13, 20 & 27, 2021
 ACER 180201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-05537 Rosalio Solis, 8963 Calvert Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Cub Scout Pack 144" 8963 Calvert Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County June 10, 2021
 Publish: August 6, 13, 20 & 27, 2021
 CUB 180201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06703 Penfield Products, 5410 Fenwood Avenue, Woodland Hills, CA 91367 is doing business under the Fictitious Business Name(s) "Prestige Plaques" 11300 Trade Center Drive, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 16, 2021
 Publish: August 6, 13, 20 & 27, 2021
 PRESTIGE 180201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-04809 ABS Financial Group Inc., 2210 Watt Avenue, Suite B, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "ABS Hotel Brokers International" 2210 Watt Avenue, Suite B, Sacramento, CA 95825. Filed with the Clerk of Sacramento County May 19, 2021
 Publish: August 6, 13, 20 & 27, 2021
 ABS 180201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06691 SRB Cares LLC, 2020 Eastern Avenue, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "SRB Cares, SRB Cares LLC" 2020 Eastern Avenue, Sacramento, CA 95864. Filed with the Clerk of Sacramento County July 16, 2021
 Publish: August 6, 13, 20 & 27, 2021
 SRB 180201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06838 Monica D. Moreno Edens, 29076 Main Street, Madison, CA 95653 is doing business under the Fictitious Business Name(s) "The Prickly Comb" 4208 N Freeway Boulevard, Suite 130, Sacramento, CA 95834. Filed with the Clerk of Sacramento County July 21, 2021
 Publish: August 6, 13, 20 & 27, 2021
 THEPRI 180201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06614 Island Alchemist Brand, LLC, 3810 Broadway, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Nomad Land Company, Nomad Power" 3810 Broadway, Sacramento, CA 95817. Filed with the Clerk of Sacramento County July 14, 2021
 Publish: August 6, 13, 20 & 27, 2021
 NOMAD 180201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07049 Magenta Valley LLC, 211 Lyman Circle, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Midtown Clothing, Gucciaga Clothing, Create a player clothing" 211 Lyman Circle, Sacramento, CA 95835. Filed with the Clerk of Sacramento County July 28, 2021
 Publish: August 6, 13, 20 & 27, 2021
 MIDTOWN 180201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07017 AB Tires and Auto Repair, 5599 Hilldale Boulevard, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "AB Tires and Auto Repair" 5599 Hilldale Boulevard, Sacramento, CA 95842. Filed with the Clerk of Sacramento County July 28, 2021
 Publish: August 6, 13, 20 & 27, 2021
 ABTIRE 180201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07021 Hamed Hamidi, 1540 Greenhills Road, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Hamdan Butcher Shop" 3108 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 21, 2021
 Publish: August 6, 13, 20 & 27, 2021
 HAMDAN 180201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06699 Edward R. Marszal Enterprises, Inc., 5805 Windmill Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "California Retail Management" 5805 Windmill Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 16, 2021
 Publish: August 6, 13, 20 & 27, 2021
 CALIF 180201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07062 Rani Real Estate LLC, 4080 Truxel Road, #100, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Rani Real Estate" 4080 Truxel Road, #100, Sacramento, CA 95834. Filed with the Clerk of Sacramento County July 28, 2021
 Publish: August 6, 13, 20 & 27, 2021
 RANI 180201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07072 Miller Real Estate Sales LLC, 2335 American River Drive, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Miller Real Estate Sales" 2335 American River Drive, Suite 100, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 29, 2021
 Publish: August 6, 13, 20 & 27, 2021
 MILLER 180201 8-27-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06700 Davis Liu, 2929 Sierra Mills Lane, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Stetho Publishing" 2929 Sierra Mills Lane, Sacramento, CA 95864. Filed with the Clerk of Sacramento County July 16, 2021
 Publish: August 13, 20, 27 & September 3, 2021
 STETHO 180201 9-3-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06863 Golden Crown Real Estate, LLC, 1401 21st Street, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Golden Crown Real Estate" 1401 21st Street, Sacramento, CA 95811. Filed with the Clerk of Sacramento County July 15, 2021
 Publish: August 13, 20, 27 & September 3, 2021
 GOLDEN 180201 9-3-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06713 Alex Ayrapatyan, 2609 Riesling Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Pure Window Tints" 2609 Riesling Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 16, 2021
 Publish: August 13, 20, 27 & September 3, 2021
 PURE 180201 9-3-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07131 Tawfik Mazraeh, 5600 Marconi Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "TN General Trading and Brokers" 5600 Marconi Avenue, Apt. 246, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 30, 2021
 Publish: August 13, 20, 27 & September 3, 2021
 TNGEN 80201 9-3-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07171 Doug Muraki LLC, 4755 Dovercourt Circle, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Doug Muraki LLC International Biblical Tours" 4755 Dovercourt Circle, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 2, 2021
 Publish: August 13, 20, 27 & September 3, 2021
 DOUG 180201 9-3-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07076 AKA OM Inc., 100 Ivory Court, Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "Northgate Laundreland" 3274 Northgate Boulevard, Sacramento, CA 95833. Filed with the Clerk of Sacramento County July 29, 2021
 Publish: August 13, 20, 27 & September 3, 2021
 NORTH 180201 9-3-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07165 Mohammad Wafai, 2134 Butano Drive, Unit 3317, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Language Tarjuma Services" 3550 Watt Avenue, Suite 140, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 2, 2021
 Publish: August 13, 20, 27 & September 3, 2021
 LANGUAGE 180201 9-3-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07156 Razi Zarchy, 8312 Cedar Crest Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "ASL at Home" 8312 Cedar Crest Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County August 2, 2021
 Publish: August 13, 20, 27 & September 3, 2021
 ASL 180201 9-3-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07038 Tamieka Poon, 8550 Florin Road, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Backyard Bullitz" 2751 Fruitridge Road, #16, Sacramento, CA 95820. Filed with the Clerk of Sacramento County July 28, 2021
 Publish: August 13, 20, 27 & September 3, 2021
 BACKYARD 180201 9-3-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07166 Isaiah Samuel, 715 Glade Avenue, West Sacramento, CA 95691 is doing business under the Fictitious Business Name(s) "Jaxon Army" 50 Iron Point Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 2, 2021
 Publish: August 13, 20, 27 & September 3, 2021
 JAXON 180201 9-3-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07012 Juan Ali, 9950 Bruceville Road, #253, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Cali Car Zone" 8732 Fruitridge Road, Building B, #31, Sacramento, CA 95826. Filed with the Clerk of Sacramento County July 28, 2021
 Publish: August 13, 20, 27 & September 3, 2021
 CALI 180201 9-3-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07189 Kattrell Michael Walker, 9060 Virginia Fife Way, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Now That's The Kat's Meow, Get Your Life Body Transformation with Kattrell Michaels" 9060 Virginia Fife Way, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County August 3, 2021
 Publish: August 13, 20, 27 & September 3, 2021
 NOW 180201 9-3-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07277 Victor Hugo Vargas, 10833 Folsom Boulevard, Apt. 204, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "PPS Professional Painting Services" 10833 Folsom Boulevard, Apt. 204, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 5, 2021
 Publish: August 13, 20, 27 & September 3, 2021
 PPS 180201 9-3-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07300 Karen Dolores Hucks-Bonomi and Michael Bonomi, 16610 State Highway 88, Jackson, CA 95642 are doing business under the Fictitious Business Name(s) "Huxbo Creative Designs" 8611 Folsom Boulevard, Suite J, Sacramento, CA 95826. Filed with the Clerk of Sacramento County August 6, 2021
 Publish: August 13, 20, 27 & September 3, 2021
 HUXBO 180201 9-3-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-06807 Mohammad Al Omoush, 4739 Forest Parkway, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Drone Services International" 4739 Forest Parkway, Sacramento, CA 95823. Filed with the Clerk of Sacramento County July 21, 2021
 Publish: August 13, 20, 27 & September 3, 2021
 DRONE 180201 9-3-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07209 CHB INC., 5071 Broadwater Drive, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "CHB TRANS" 5071 Broadwater Drive, Sacramento, CA 95835. Filed with the Clerk of Sacramento County August 3, 2021
 Publish: August 20, 27 & September 3, 10, 2021
 CHB 180201 9-10-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07379 Rodger Sargent, 5541 Oldham Lane, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "InFocus Love Studios" 5541 Oldham Lane, Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 10, 2021
 Publish: August 20, 27 & September 3, 10, 2021
 INFOCUS 180201 9-10-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07044 Octarentals LLC, 3536 Heron Court, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Octarentals LLC" 3536 Heron Court, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 28, 2021
 Publish: August 20, 27 & September 3, 10, 2021
 OCTA 180201 9-10-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-07423 Sunee Carver, 9 Fallwind Circle, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Triple Threat 916" , 9 Fallwind Circle, Sacramento, CA 95831. Filed with the Clerk of Sacramento County August 11, 2021
 Publish: August 20, 27 & September 3, 10, 2021
 TRIPLE 80201 9-10-21

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2021-

Legal Advertising Hotline 916-483-2299
Legal Advertising Fax 916-773-2999

LEGAL ADVERTISING
Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984
Rancho Cordova Times Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535-March 12, 2020

Legal Advertising 7144 Fair Oaks Blvd #5 Carmichael, CA 95609

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00299961
Tiffany Victoria Mays has filed a petition with this court for a decree changing the name(s) of Tiffany Victoria Mays to Tiffany Victoria.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00304225
Yesnia Palomera and Allec Snoe have filed a petition with this court for a decree changing the name(s) of Roman Cayetano Palomera to Roman Cayetano Snoe.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00304244
Javis James Blalock has filed a petition with this court for a decree changing the name(s) of Javis James Blalock to Javis James Blalock.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00304955
Aaron Daniel Wayne & Jasmine Summer Wayne have filed a petition with this court for a decree changing the name(s) of Aaron Daniel Wayne to Aaron Daniel Osuna.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00304943
Chofa Moses Jose Calonge has filed a petition with this court for a decree changing the name(s) of Chofa Moses Jose Calonge to Chofa Moses Grijalva.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00304679
Paul Aaron Shade has filed a petition with this court for a decree changing the name(s) of Paul Aaron Shade to Aaron Paul Shade.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00304967
Damon Lee Jones has filed a petition with this court for a decree changing the name(s) of Damon Lee Jones to Matthew John Jones.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00304144
Bibi Samieh Akbar Hashemi and Habib Gevhari have filed a petition with this court for a decree changing the name(s) of Bibi Samieh Akbar Hashemi to Sarah Aria, Haya Gevhari to Hella Aria, Milad Gevhari to Roma Aria.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00304674
Sabina Aviaz Shams has filed a petition with this court for a decree changing the name(s) of Sabina Aviaz Shams to Sabina Aviaz.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00304613
Jamie Ann Brissette has filed a petition with this court for a decree changing the name(s) of Michael Andrew Brissette to Michael Andrew Slagter.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00304529
Israel Rosales and Shannon Will have filed a petition with this court for a decree changing the name(s) of Hailee Nikole Will to Hailee Nikole Will-Rosales.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-0030407
Shams UI Haq Najib & Nooria Najib have filed a petition with this court for a decree changing the name(s) of Shams UI Haq Najib to Shams Najib.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00304898
Jannet Yip has filed a petition with this court for a decree changing the name(s) of Jayden Khamsouksay to Jayden Phaengdouang Yip.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00304899
Jannet Khamsouksay Yip has filed a petition with this court for a decree changing the name(s) of Jannet Khamsouksay Yip to Jannet Phaengdouang Yip.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00305038
Mary Carol Williams has filed a petition with this court for a decree changing the name(s) of Mary Carol Williams to Mary Carol Higgins.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00304844
Isabella Bencomo has filed a petition with this court for a decree changing the name(s) of Isabella Bencomo to Isabella Haggopian.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00305533
Joel Richard Easton-True has filed a petition with this court for a decree changing the name(s) of Joel Richard Easton-True to Joel Richard True.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00305121
Debbie Youa Cha has filed a petition with this court for a decree changing the name(s) of Thuy Jane Mai Chang Nguyen to Jane Mai Chang Thuy Yang, Valerie Oanh Youa Nguyen to Valerie Youa Oanh Cha.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00305166
Jennifer Lee Gomez has filed a petition with this court for a decree changing the name(s) of Jennifer Lee Gomez to Jennifer Lee Gomez-Haddad.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00305273
Thomas Lee Lawrence has filed a petition with this court for a decree changing the name(s) of Thomas Lee Lawrence to Thomas Lee Ayatch.

SUMMONS (FAMILY LAW) CASE NUMBER: (Numero del Caso): 19FL008900N
NOTICE TO RESPONDENT (Name): AVISO AL DEMANDADO (Nombre): Donald Wesley Sears, JR YOU HAVE BEEN SELED. Read the information below and on the next page.

SUMMONS (FAMILY LAW) CASE NUMBER: (Numero del Caso): 19FL008900N
NOTICE TO RESPONDENT (Name): AVISO AL DEMANDADO (Nombre): Donald Wesley Sears, JR YOU HAVE BEEN SELED. Read the information below and on the next page.

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account to the court for all extraordinary expenditures made after these restraining orders are effective. However, you may use community property, quasi-community property, or your own separate property to pay an attorney to help you or pay court costs.

NOTICE OF PETITION TO ADMINISTER ESTATE OF DAVID JONATHAN GRABIN. CASE No. 34-2021-00304653 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of David Jonathan Grabin, deceased.

NOTICE OF PETITION TO ADMINISTER ESTATE OF DAVID JONATHAN GRABIN. CASE No. 34-2021-00304653 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of David Jonathan Grabin, deceased.

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will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

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caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction.

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Ford Driving Skills for Life Returns to California

California Office of Traffic Safety Press Release

SACRAMENTO REGION, CA (MPG) - The Governors Highway Safety Association (GHSA), Ford Motor Company Fund and California Office of Traffic Safety (OTS) are teaming up to provide free safe driving clinics for teens throughout August.

The hands-on Ford Driving Skills for Life (DSFL) program will launch in the Sacramento region Aug. 28-29. The program highlighting three key aspects:

Hands-on driving sessions focusing on critical factors influencing teen crashes: vehicle handling, hazard recognition, speed, space management, distraction and impairment; Ford Driving Skills for Life and the Governors Highway Safety Association have **invested more than \$1 million in 2021** to improve teen driving skills and reduce motor vehicle crashes, which are the leading cause of death for U.S. teens; During the pandemic, **traffic deaths surged reaching a 13-year high** even though there was a significant decline in driving. The Driving Skills for Life

event in Anaheim, which will include COVID-19 safety protocols, marks the first, in person hands-on training sessions since the pandemic began.

Driving Skills for Life will host 38 safe-driving training sessions as part of an eight-city tour, with other stops in Houston, Dallas, Atlanta, Nashville and Phoenix. Parents/guardians may register their teen(s) for a free training session at drivingskillsforlife.com.

Now in its 18th year, Ford Driving Skills for Life pairs newly licensed drivers with professional driving instructors for next-level instruction. The program addresses the critical factors responsible for most crashes, including vehicle handling, hazard recognition, speed and space management, distracted driving and impaired driving. The clinics focus on skills and information not currently offered in standard driver education courses.

"We know that motor vehicle crashes are the leading cause of death for U.S. teens," said Jonathan Adkins, GHSA Executive Director. "Each year,

more than 2,000 teen vehicle occupant deaths occur. Speeding and inexperience are often critical factors in these accidents."

The National Highway Traffic Safety Administration (NHTSA) reported that 38,680 people were killed on U.S. roadways in 2020, the highest number since 2007 and an increase of 7.2% from the year before. Alarming, traffic deaths surged in 2020, reaching a 13-year high even though there was a significant decline in driving during the COVID-19 pandemic. In addition, recent studies have revealed that parents are frustrated and concerned with the lack of in-car training offered to newly licensed teen drivers, especially during the pandemic.

"The lack of experience of newly licensed drivers remains a serious problem resulting in a disproportionate number of crashes for teens. We are grateful to be able to safely resume free, hands-on training that is so desperately needed," said Jim Graham, Global Manager, Ford Driving Skills for Life.

In California, drivers ages

16-19 are nearly three times as likely to be in a serious crash compared to other drivers. **In California**, 164 teens ages 16 to 19 were killed in crashes in 2019, with 354 drivers 20 and under involved in deadly crashes across the U.S. over the same time period.

"Experience and training make for better drivers, particularly newly licensed teens," OTS Director Barbara Rooney said. "We are thrilled to kick off this great program in California that puts parents at ease by providing teens with life-long safe driving skills."

Around the world, Ford Driving Skills for Life trainings are being resumed in many countries throughout North America, South America, Europe, Asia, Africa and the Middle East. Since 2008, the international Ford Driving Skills for Life program has grown and provided valuable insights into addressing road safety issues worldwide.

Ford Driving Skills for Life has invested more than \$60 million to provide free, advanced driver education to more than 1 million newly licensed teen

drivers in all 50 U.S. states and 46 countries worldwide since 2003.

For more information and updates on tour locations as well as COVID-19 safety protocols, visit drivingskillsforlife.com.

Register at: <https://tinyurl.com/FordDSFL-CA>

Ford Driving Skills for Life was established in 2003 by Ford Motor Company Fund, the Governors Highway Safety Association, and a panel of safety experts to teach newly licensed teens and parents the necessary skills for safe driving. Now in its fifteenth year, the premise behind Ford Driving Skills for Life is to provide a step in the learning process by providing new skills and information not currently shared with newly licensed drivers in the basic driver education courses. The program has trained more than 1 million individuals in safe driving practices. It is been offered in over 46 countries, and hands-on driving clinics have been conducted in all 50 U.S. states, Puerto Rico and the District of Columbia. For more information visit www.drivingskillsforlife.com. ★

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Crossword Puzzle on Page 11

M	O	S	S			R	P	M			T	E	N							
E	P	E	E			T	A	R	E		S	H	O	T	E					
S	E	E	N			O	D	O	R		N	O	O	N	E					
S	C	R	I	M	M	A	G	E			O	L	L	A						
						L	I	A	R	S		P	O	D						
A	S	C	E	N	T					P	E	D	I	C	A	B				
T	A	U				T	O	S	S	U	P			N	O	G	O			
T	Y	R	O	S				N	A	N		A	G	L	O	W				
A	S	I	F			L	A	P	T	O	P			O	R	E				
R	O	O	F	T	O	P					R	H	I	N	A	L				
						S	A	G			D	R	A	I	N					
						G	R	I	P			F	I	E	L	D	G	O	A	L
E	R	O	D	E							O	R	A	L			L	U	G	E
E	A	T	E	R							U	G	L	Y			E	Z	R	A
N	F	C									R	E	M				S	O	A	P

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Sudoku Puzzle on Page 11

9	4	7	5	8	2	3	1	6
6	2	1	9	3	4	5	7	8
3	5	8	6	1	7	2	9	4
2	8	5	1	9	6	4	3	7
4	1	9	3	7	5	6	8	2
7	6	3	4	2	8	1	5	9
5	9	4	7	6	1	8	2	3
8	3	6	2	5	9	7	4	1
1	7	2	8	4	3	9	6	5

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CLUES

ACROSS

- *Sports analyst, ex-wide receiver Randy
- Dashboard acronym
- *Depth of an end zone, in yards
- Fencing blade
- Weight not charged for
- Young hog
- Witnessed
- Aroma
- Nary a soul
- *Line of ____
- Spanish earthen pot
- Pinocchio and the like
- Bean house
- Antonym of descent
- Cycle taxi
- Greek "t"
- 50-50
- Not happening
- Newbies
- Bert Bobbsey's twin
- Like a neon sign
- "Clueless" catch phrase
- Not a desktop
- Metal-bearing mineral
- "Chim Chim Cher-ee" setting
- Relating to nose
- Actors' group
- Sink hole
- Golf club handle
- *3-point score
- Make a canyon, e.g.
- Not written
- Racing sled
- "Purple People ____" song, inspiration for Vikings defensive line name
- Like H. C. Andersen's duckling
- Poet Pound
- *AFC counterpart
- Dreaming stage of sleep
- Daytime entertainment

DOWN

- Hodgepodge
- Oil cartel
- Palm reader, e.g.
- Old and mentally infirm
- Weather-related Doppler tool
- Programs, for short
- Insignificant
- Hammer or sickle
- Europe's highest volcano
- Born, in bio
- Marinara fruit
- Ornamental hair net
- *Grabbing penalty
- Breath freshener
- *Pre-game encouragement
- Rose oil
- One's assertion
- Collectible in a cabinet
- *Fourth down option
- Colonoscopy tract
- Ancient assembly area
- B in IBS
- *Start of a football play
- Goo on a trunk
- *Scrimmage-related penalty
- Plant louse
- Yule firewood
- By word of mouth
- Candle shape
- English in Spanish
- Mourner's song
- Camelot, to Arthur
- Tennis great Steffi
- College officer-training prog.
- *Number of downs to get a first

down

- Anis-flavored aperitif
- Site of Taj Mahal
- *Lambeau Field jump
- Poetic "even"

Crossword Puzzle Solutions on Page 11

1	2	3	4		5	6	7		8	9	10		
11					12				13	14			
15					16				17				
18					19				20				
					21				22				
23	24	25					26			27	28	29	
30					31	32	33			34			
35			36			37			38				
39					40				41		42		
43			44						45		46		
					47				48	49			
					50	51			52		53	54	55
56									57		58		
59									60		61		
62									63		64		

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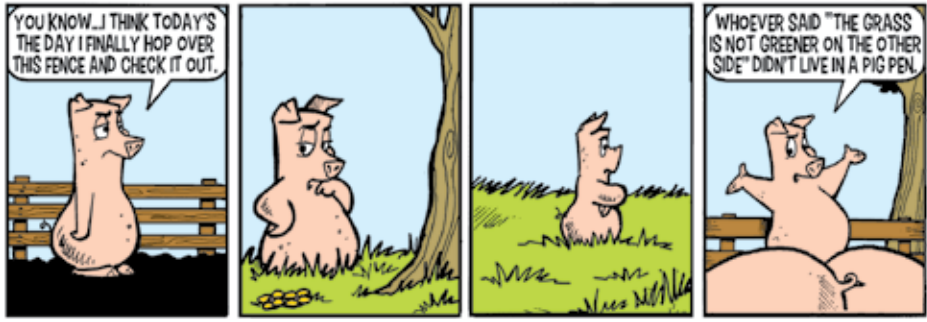
SUDOKU

	4	5					1	
		1					7	8
			6			2		
2	5	1	6					
	9					6		
		4	8	1			9	
8	3					7		
7				3		6		

Solutions on Page 11

WEEKLY COMICS

Amber Waves



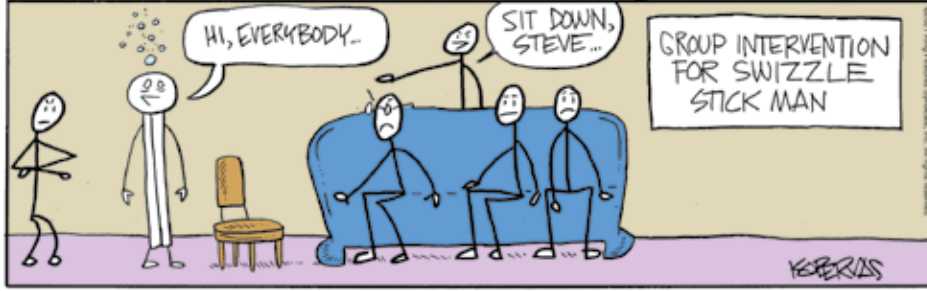
by Dave T. Phipps

The Spats



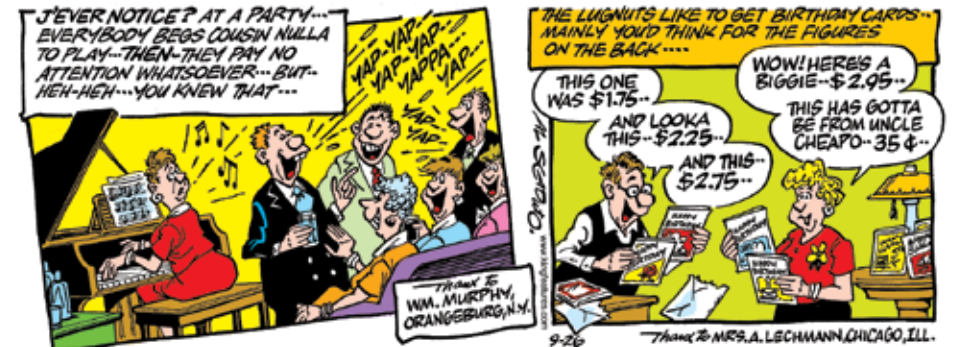
by Jeff Pickering

Out on a Limb



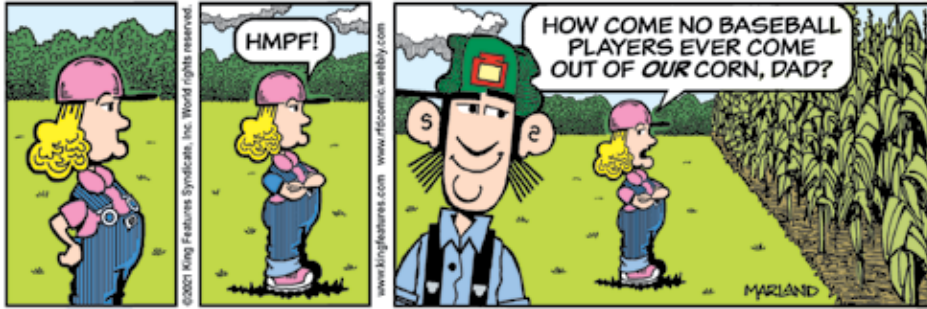
by Gary Kopervas

THEY'LL DO IT EVERY TIME



BY AL SCADUTO

R.F.D.



by Mike Marland



GRIN and BEAR IT



LAFF-A-DAY

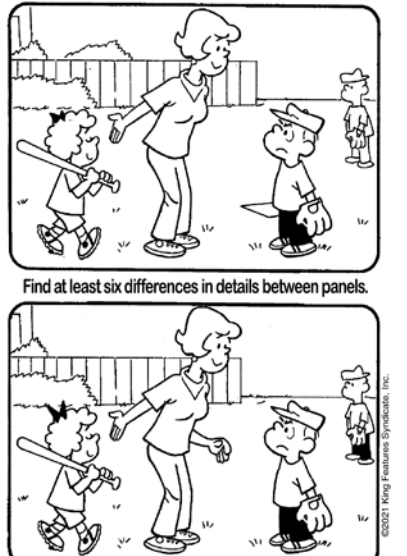


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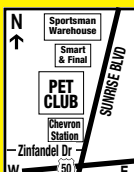
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5.5 Oz All Varieties
Limit 2 Cases Per Family
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Effective 8/18/21 - 8/24/21

FANCY FEAST GOURMET CANNED CAT FOOD
All Varieties except Elegant Medley 3 Oz
Limit 2 Cases Per Family
ON SALE Everyday
Effective 8/18/21 - 8/24/21

PURINA CAT CHOW DRY CAT FOOD
•Regular •Indoor 15 Lb Bag
Limit 2 Bags Per Family
ON SALE Everyday
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SCOOPAWAY Unscented 25 Lb Box FRESH STEP SCOOP 20 Lb Box CLUMPING CAT LITTER (SCOOPAWAY •Multi-Cat 20 Lb Box \$6.99) \$8.99
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PREMIUM CHOICE ALL NATURAL CLUMPING CAT LITTER
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Amquel 16 Oz **\$7.99**
Amquel Plus 16 Oz **\$8.99**
Novaqua Plus 16 Oz **\$8.49**

INSTANT OCEAN SEA SALT
50 Gal. Salt Mix
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BONUS COUPON FANCY FEAST ELEGANT MEDLEYS CANNED CAT FOOD
Selected Varieties - 3 Oz Limit 6 Cans with Coupon Limit One Coupon Per Family Price Valid Only With Coupon
ON SALE EVERYDAY
Effective 8/18/21 - 8/24/21

BONUS COUPON FANCY FEAST CLASSIC BROTH
1.4 Oz - All Varieties Limit 2 Pkgs With Coupon Limit One Coupon Per Family Price Valid Only With Coupon
95¢
Effective 8/18/21 - 8/24/21

BONUS COUPON ARM & HAMMER CAT LITTER DEODORIZER
20 Oz Box Limit 2 Boxes with Coupon Limit One Coupon Per Family Price Valid Only With Coupon
\$1.49
Effective 8/18/21 - 8/24/21

Local Executives Named to Leadership Roles in Heart Challenge

By Liz Faris,
American Heart Association

SACRAMENTO REGION, CA (MPG) - The American Heart Association, the world's leading nonprofit organization focused on ensuring longer, healthier lives for all, has named Eric Dvorak, Vice President of Human Resources for Centene Corporation and Health Net of California as its 2021 Heart Challenge Chair.

The American Heart Association's Heart Challenge® is a suite of activities and initiatives designed to help companies positively impact employee overall health and well-being. The program is anchored in a series of customizable workplace events that inspires employees to be more engaged, reconnect with colleagues, get in their physical activity, support a great cause and have a lot of fun doing it.

"As one of the state's longest serving and most experienced Medi-Cal partners, Health Net understand the importance of working with trusted voices in the community. When you support and participate in the Sacramento Heart and Stroke Walk, you are helping to ensure that more cardiovascular research is funded, more hospitals administer the highest standards of care, and that fewer people suffer and die from heart disease and stroke. With every step taken and every dollar raised, we are building a legacy that will save and improve lives," said Dvorak.

The Sacramento Heart Challenge culminates with the 209 Heart and Stroke Walk which will be held on September 25, 2021 at two different pop-up start lines across the city located at Heart Health Park at Cal Expo, 1600 Exposition Blvd, Sacramento, CA 95815 and Dignity Health Methodist Hospital of Sacramento, 7500 Hospital Dr, Sacramento, CA 95823. The Heart and Stroke Walks is supported by local Healthy for Good cause sponsors CVC, Dignity Health, Western Health Advantage and local signature sponsors HealthNet and Pacific Coast Building Products.

The Heart and Stroke Walk unites the community in celebrating health and honoring survivors. Dvorak will be joined by other likeminded city executives working to increase physical and mental health, combat burnout and promote community engagement. The executive committee

members include:

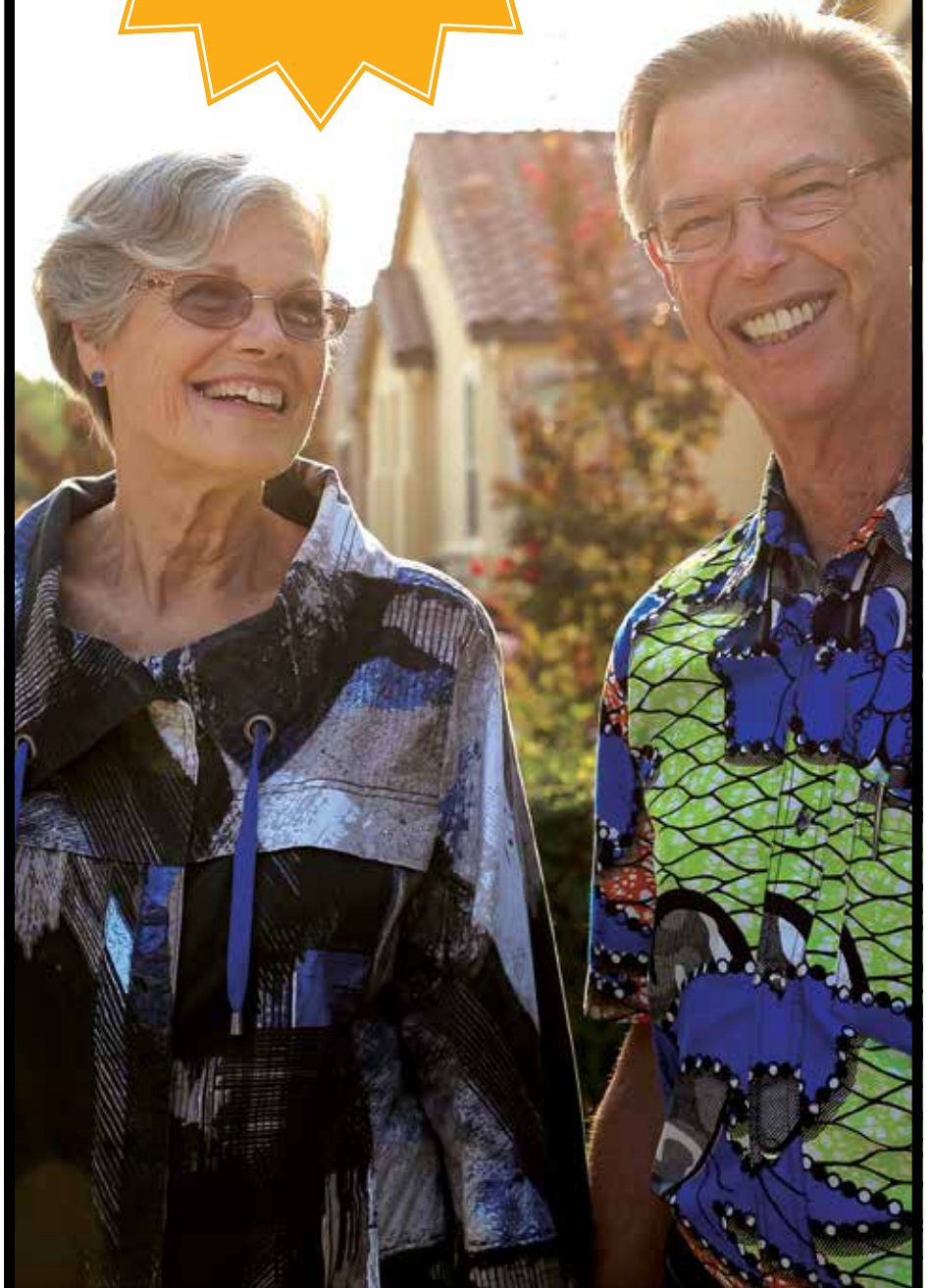
Dr. Khuram Arif, Chief Medical Officer, Western Health Advantage; **Bob Clark**, Co-CEO, Clark Pacific; **Diane Dusseau**, Managing Director, Wells Fargo; **Dustin Vicari**, CRO, Sacramento Republic FC/ EVP, Elevate Sports Ventures; **Ryan Lucchetti**, President, PABCO; **Dr. Jeffrey Rosenberg**, Chief Medical Officer, Sierra Nevada Memorial Hospital; **Christopher Rouen**, Partner, Moss Adams; **Dr. Alan Shatzel**, Medical Director, Neurology, Mercy Medical Group; **Dan Staszak**, CEO and Founder, Staszak & Company; **Sreshta Wickramasinghe**, Managing Director, Deloitte; **Tim Wilbanks**, Purchasing Manager, Nor-Cal Beverage

Whether in the company office or home offices, employees participate in fun physical and mental challenges providing the opportunity for meaningful social connections and play breaks during the workday to help combat burnout and alleviate stress.

"Now, more than ever, it's important to find new ways to boost physical and emotional health. The Heart and Stroke Walk is a great way to keep up healthy habits, stay socially connected, and keep up with physical activity while making an impact in your community and saving lives," said Jessica Gordan-Lannom, Executive Director of the American Heart Association's Sacramento Division.

The funds raised at Heart Challenge events fund the mission of the American Heart Association to be a relentless force for a world of longer, healthier lives while supporting priority issues in Sacramento. Chronic disease management has been identified by the American Heart Association's local board of directors for 2021 to propel work to support the Association's 2024 Health Equity Impact Goal, reducing barriers to health care access and quality.

To learn more about engaging your workforce in Heart Challenge events, or to join Eric Dvorak and other area executives, visit www.sacramentoheart-walk.org or contact Heart and Stroke Walk Directors Kitty Hoffman at Kitty.Hoffman@heart.org or Costas Johnson at Costas.Johnson@heart.org for more information. ★



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Bunny Bonanza Helps Shelter Rabbits Find Adopters

By Allison Harris, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - Sacramento County's Bradshaw Animal Shelter intakes and cares for thousands of animals from the community all year round. This summer, they received an overwhelming number of rabbits after several came in pregnant. Many went to loving foster homes where they could nurse and raise their kits to a healthy weight and age, while others sat patiently waiting for adopters.

As the young rabbits and mothers came back from foster care, the population grew to more than 30 shelter rabbits. With little space to spare in an already overcrowded shelter, a local rescue group named Friends of Unwanted Rabbits (FUR) lent a hand to host the first-ever Bunny Bonanza adoption event.

The event was held at the shelter on Sunday, Aug. 8 and was sponsored by the shelter's non-profit affiliate - Teaching Everyone Animals Matter (TEAM). FUR and the shelter's staff and volunteers lead the event and provided adopters with helpful resources, adoption counseling and bunny speed dating so that each shelter rabbit would find the perfect home. This was the first time that the public and potential adopters were able to visit without an adoption appointment since the pandemic forced the closure of their public counter in early 2020.

Six rabbits were able to find loving forever homes during the event and many were adopted prior to Bunny Bonanza due to social media posts, which is a large number of rabbit adoptions in one month for the shelter. There are still several rabbits up for adoption and the public is welcome to make adoption appointments by calling the adoption line at 916-875-2287 Tuesday - Sunday between 9:30 a.m. and 3:30 p.m. FUR and the Bradshaw Animal Shelter plan to make this a recurring monthly event to help more shelter rabbits find their way home.

If you're interested in adopting a furry friend or two, the shelter is offering a 2-for-1 rabbit adoption special, as well as a 2-for-1 cat and kitten adoption special.



A local rescue group named Friends of Unwanted Rabbits (FUR) lent a hand to host the first-ever Bunny Bonanza adoption event. Photo courtesy Sac County



If you're interested in adopting a furry friend or two, the shelter is offering a 2-for-1 rabbit adoption special. Photo courtesy Sac County

You can view all of their adoptable pets at animalcare.sacounty.net.

Before adopting a rabbit, please consider visiting FUR's rabbit care webpage at www.friendsofunwantedrabbits.org/rabbit-care/ for a list of resources and information on rabbit ownership basics. ★

George Hudson, Jr. was a Friend Indeed

By Sal Arrigo, Jr.

I met George at the Mather Airshow in September 2014 while I was covering the show for this newspaper. I had particular interest in knowing more about the Tuskegee Airmen and wandered over to their booth; I was told that "George will speak to you." To paraphrase a famous movie quote, "this was the start of a beautiful friendship."

It was more than a friendship; it became a bond between two individuals with very diverse backgrounds. Each get-together opened a new chapter in our lives. For George, part of his personal story was being a DOTA - "Designated Official Tuskegee Airman," a point of great pride, and deservedly so. For me, it was the opportunity to hear this history firsthand. Always humble, George brushed away praise when I men-



On the right: A Designated Official Tuskegee Airman, George Hudson, Jr., of the 332nd Fighter Group passed away at age 91. His rank was of Master Sergeant. On his left with a red blazer is fellow Tuskegee Airman, Judge Albert. Photo by Sal Arrigo, Jr.

restaurant in Rancho Cordova. We spoke about many subjects, and some were of a personal nature. He was interested in my family and how I came to California. I was interested in how George made his way to Chicago from his native Mississippi, and what was life like for his parents, George Sr. and

George though, I could ask his opinion on any subject that came to mind, and he would give me his best advice. I appreciated the fact I could share my inner thoughts, and George did the same. I hope the others in George's life took the opportunity to talk with this man. I am quite sure the City of Rancho Cordova and the individuals associated with the George S. "Spanky" Roberts Sacramento Chapter of the Tuskegee Airman, as well as all the school children with whom George shared his story, are truly the benefactors.

George Hudson, Jr., a member of the 332nd Fighter Group, military veteran for more than 24 years retiring with the rank of Master Sergeant, recently passed away at age 91. He will be laid to rest with full military honors. You deserve it, George, and thanks for your service and friendship! ★



This writer met George at the Mather Airshow in September 2014. Photo by Sal Arrigo, Jr.

tioned his military service, saying "I was just doing my job."

For several years, George and I had a standing breakfast date at Brookfield's

Johnnie Mae, during the early part of the 1900s.

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