

Parental Stress **During the Pandemic:** You Are Not Alone

PAGE 2

Shred Day in Carmichael





Carmichael Times

VOLUME 42 • ISSUE 21

Serving Carmichael & Sacramento County since 1981

MAY 21, **2021**

RISING TO THE OCCASION AT THE LANDING



MIRA LOMA STUDENTS WIN SMUD'S YOUTH **ENERGY SUMMIT**



PAGE 4

THOUGHTS By Mary Jane Popp



PAGE 5



direct link to our online edition!

PRESORTED STD. US POSTAGE PAID PERMIT 350

Carmichael, CA Change Service Requested

A Day of Giving



Kiwanis Club of Carmichael Foundation recently doubled its 2020 Big Day of Giving fundraising record with a 2021 total of more than \$22,000. Happy club members are Michael Koerner (back left), Judee Shoemaker, Sheba Jackson, Virginia Stone and Jackie Delu.

Story and photos by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - Local nonprofits were big winners in the May 6 Big Day of Giving. Many achieved support that surpassed fundraising hopes. Choreographed by the Sacramento Region Community Foundation, the 24-hour give-a-thon this year assisted 688 organizations. Yeaw Nature Center, rallied \$68,000 in support. Friends of Sacramento Library raised almost \$103,000 a windfall that in part assists Carmichael Library.

The Kiwanis Club of Carmichael Foundation set a \$10,000 goal and gave a massive thumbs up when more than \$22,000 flooded in. "We've had to cancel six of our biggest annual fundraisers in the last 15 months," said Kiwanian Michael Koerner.

tinue community giving until we can resume our normal fundraising activities next year." A \$5000 check from Lyon Real Estate boosted the club's appeal.

Effie Yeaw supporters rejoiced in gifts that topped projections by more than \$18,000. Administered by the American River Natural History Association, the facility funds educa-Top Carmichael beneficiary, the Efficational programs solely through public generosity. The Center was COVIDclosed for part of last year and forced to cancel many income-generating programs. "We were thrilled and thankful the community stepped up," said Center spokesperson Kathy Fleming. "It's been a rough year. Our appeal was boosted by large donations from several local families: these were used as matching incentives for hundreds more donors."

Carmichael Parks Foundation

"The BDOG result allows us to con-realized over \$14,000 - 40 percent more than last year. This total included matching funds from community philanthropist Paul Pennington. Two \$500 incentive prizes further assisted. Awarded by Big Day organizers, these rewarded the group with most donations in one hour. "Our directors set alarms and gave online between 4 and 5 am," explained president Sue Boucher. "In that hour, we raised \$4170." The Foundation provides youth program scholarships and improvement for Carmichael's many reserves.

> Kids helping Kids is a studentrun nonprofit at Del Campo High School. On May 6, the teenagers raised almost \$7000 to aid children in need. Support included a \$1000 gift from Supervisor Rich Desmond. The District 3 leader also wrote checks for the Children's Receiving

Continued on page 3

County **Supervisors** Vote to **Implement** Laura's Law

From Sacramento County Media

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Board of Supervisors voted unanimously on May 18 to implement "Laura's Law" state legislation authorizing the courts to order outpatient treatment for individuals with a mental illness who may be a danger to themselves or others.

"Laura's Law" was named after 19-year-old Laura Wilcox, who was killed in 2001 while working as a receptionist at the Nevada County Department of Behavioral Health. Her killer was a former patient of the county's outpatient mental health clinic, who had been diagnosed with severe mental illness. After the incident, Laura's parents chose to advocate for assisted outpatient treatment (AOT) for individuals who meet strict legal criteria.

AOT permits courts to order treatment for those 18 years or older who suffer from a serious mental illness, are unable to survive safely in the community without supervision and meet at least one of the following criteria: Been hospitalized two or more times in the last 36 months due to mental illness; Demonstrated violent behavior toward themselves or others in the last 48 months; Has been offered treatment on a voluntary basis and refused it; Or, is deteriorating.

"We acknowledge that this is a complex issue with proponents on each side of this decision," said Ryan Quist, Behavioral Health Director. "We are committed to engaging with all of our stakeholders in a community planning process to minimize concerns and design the best program for Sacramento County."

California counties previously had the option to "opt in" to the program and that has been done in most of the larger counties. Sacramento County has historically not opted in to providing AOT services.

The process changed, however, with the passage last year of AB 1976, which requires counties like Sacramento to hold public hearings at the Board of Supervisors about whether to "opt in" or "opt out," and if a County chooses to "opt out," they have to provide specific reasons. The deadline for Counties to have a hearing and formally decide is July 1, 2021.

In Sacramento County, the program is estimated to cost \$2.5 million annually. The Board of Supervisors Continued on page 12

Redistricting Begins in Sacramento County

By Kim Nava, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - The process for redrawing boundary lines for each of the five supervisorial districts in Sacramento County has begun.

Every ten years, following the Census count, the resulting census data is used to geographically define electoral districts, at all levels of government, through a process called redistricting. Redistricting ensures that each of the electoral district boundaries have about the same number of people and comply with the federal Voting Rights Act of 1965.

Redistricting will look different this year than in years past. This year, the County will comply with the Fair Maps Act, which revised the criteria and process used by counties and cities when they adjust electoral district boundaries. The Fair Maps

Act intends to maximize public participation and increase transparency in the redistricting process by requiring substantial public hearing and outreach requirements for adjusting district boundaries.

To that end, Sacramento County's Redistricting 2021 webpage is live and will be a vital resource for County residents to learn more about redistricting, the importance of public participation in redistricting and how to participate in the process.

The website also includes current disthe Sacramento County available in ten languages). Redistricting is impor-

tant because it determines

which neighborhoods

trict and other important Sacramento County maps for reference, as well as past and future meetings/hearings, FAQs, and an explanation of Redistricting Process (with printouts of the process

provide input on what kind of boundaries should be drawn to best represent their community. Redistricting is based on the idea of "one person, one vote" which makes sure all people can be represented fairly, and how district lines are drawn influences who is elected. Sacramento County res-

grouped together for the

purposes of electing a

Board member. Residents

idents are encouraged to participate in the redistricting process. Residents can sign up for Redistricting news stories, information and upcoming meetings via email or text. People can also view past and upcoming meetings at the Redistricting Meetings webpage and are encouraged to check in for additional upcoming workshops and hearings.

The Board Supervisors will work

and communities will be directly with County staff and redistricting consultants to engage the public through workshops, hearhave the opportunity to ings, community meetings, mapping tools and public outreach to complete the redistricting requirements and adopt new boundaries.

Sacramento County will schedule public workshops in all five supervisorial districts, virtual workshops. and Board of Supervisors presentations about redistricting, the process, mapping tools and other information beginning in June and running through the rest of the year.

The County will receive 2020 Census data from the state as early as September 30, 2021. The original plan was to deliver the data to states on or before March 31, 2021; however, COVID-19 significantly impacted Census operations which caused the nearly six-month delay in data delivery.

Continued on page 12

2 · Carmichael Times MAY 21, **2021**

Parental Stress During the Pandemic: You Are Not Alone

By Hania Arshad

Staying isolated from friends and family, committing to indoor activities, and the switch to a virtual lifestyle are only a few of the many adjustments individuals have made during the COVID-19 pandemic. Isolation is essential in preventing the spread of COVID-19 but has resulted in heightened feelings of worry and frustration, especially among parents.

Families, understand that you are not alone. Those stressful, negative emotions are natural and reactionary behaviors – the result of an abnormal period in our lives. According to a survey conducted by the American Psychological Association, almost 50% of parents reported high stress levels because of the pandemic1. Feeling trapped at home, facing overwhelming financial worries, and the constant need to supervise your child's educational day can understandably feel debilitating.

cause harmful and lasting consequences for both chilhealthy outlets and proresearch studies2 determined that stress is a large contributing factor in child abuse. An accumulation of parental stress, generated from emotional and physical demands of parenting, contributes to abusive parenting methods: controlling behavior, neglect, and even harsh forms of discipline. A case study from The National Center for Biotechnology Information revealed that economic, emotional, and



Feeling trapped at home, facing overwhelming financial worries, and the constant need to supervise your child's educational day can understandably feel debilitating. Photo by Gustavo Fring from Pexels

coronavirus have significantly elevated feelings of stress, anxiety, and depression in households3. Parents who continuously Parental stress can find themselves in stressful situations are more prone to developing aggressive dren and parents without behaviors or increased frustration; as a result, potential tective factors. Multiple for child maltreatment has risen during this time. However, parents who are in supportive environments and have outlets and skills to manage their emotions are far more likely to havereduced levels of stress, and therefore, a lessened risk of compromised parenting. Greater parental support and perceived control during the pandemic are associated with lower perceived stress and child abuse potential.

NP3 school psychol-

emphasizes the importance of combatingparental stress during this difficult time. He states that "parents are the foundation of their child's life and often are the individuals who the child looks towards in assessing how to react in regards to a stressful situation. Thus, considering the pandemic and the shifts that have occurred for most of our children, it is important that parents continue to be mindful of how their stress impacts their child's stress levels, as well."

Fortunately, there is an abundance of resources available which offer support to parents and children who feel overwhelmed with their role of parenting as a result of the current

Families Under Pressure. physical stressors from the ogist Dr. Jeremy Greene Helping Relieve Today's

Parents & Kids" by Laura Dockett (Psychotherapy Networker): Laura Dockett iterates her own feelings of parental stress during the pandemic, opening up with the initially strained relationship with her own feelings of anger and frusattitudes/emotions from her children with compassion and understanding. Her willingness to be vulnerable about these struggles eased feelings of shame and anxiety from many

for Natomas Families: This during the pandemic. website provides multiple support resources for both parents and students in Natomas. The website's header introduces a coun-

Solace. Care Solace provides easy access to mental health support services for families and refers them to the best and most affordable therapy or mental

health programs. They also work with children. Dockett admits to families who do not have insurance.- Further down, tration due to the pandemic you will find the Virtual but is working to address Tutoring and Wellness Center (VTWC). VTWC offers parenting classes and counseling headed by Natomas school psychologists and social workers. At the bottom of the website. there are online resources specifically catered towards Mental Health Resources tips for coping with stress

Parenting Tips During the Pandemic and Supporting Families During COVID-19: For parents who feel overseling service called Care whelmed juggling work,

household responsibilities and childcare at the same time during this pandemic. This article provides tips for family guidelines, online school, and managing behavioral problems in a safe and proactive manner.

Self-Care for Parents: "For parents, prioritizing your own well-being benefits your whole family."

California Parent & Youth Helpline and National Parent Helpline: If you are a parent or youth feeling overwhelmed, these helplines offer support in the morning until evening via phone call, live chat, or text. Don't be afraid to reach out if you are feeling stressed!

WarmLine Family Resource Center aims to assist parents of children with special needs. They offer free consultations, help connect parents who feel isolated with other families to formulate meaningful connections, create community events catered towards children. and offer workshops and online resources for additional support.

Recognizing the importance of self-care and garnering support from others is a huge step forward, and looking into these resources can help you work towards a healthier environment for yourself and those around you.

IMPORTANT NOTE FOR READERS: Please take a few minutes to complete this survey related to the article. You will only need to answer a few short questions and your responses will remain anonymous. Thank you! https://forms.gle/ BGneXP4yDqQ3P7ot9 ★

SALES FOR PRODUCE WILL BEGIN ON WEDNESDAYS @ 12:00PM



Advertised items good at KP International Market - Rancho Cordova Socation ONLY. We reserve the right to LIMIT QUANTITIES. Not respo TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS.

PRICES EFFECTIVE MAY 19 - MAY 25, 2021.



Advertised items good at KP International Market - Rancha Cordova location ONLY. We reserve the right to LIMIT QU

OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY, Sorry NO RAINCHECKS. PRICES EFFECTIVE MAY 19 - MAY 25, 2021.

Carmichael Times . 3 MAY 21, 2021

A Day of Giving



COVID cancelations included Carmichael Parks Foundation's 2020 gala fundraiser. The volunteers (pictured in 2019) celebrated more than \$14,000 in 2021 BDOG donations.

Continued from page 1 Home of Sacramento, Effie Yeaw Nature Center and Sacramento Parks Foundation.

Sacramento Fine Arts Center whipped up nearly \$18,000 - a \$500 "Early Dog Prize" helped fill the artists' pot. Fair Oaks Theater Festival's appeal generated almost \$11,000. Nature lovers opened wallets for conservation causes. The Placer Land Trust had a compelling net of \$174,000. The American River Park Foundation and Save the American River Association achieved \$15,245 and \$12,625 respectively.

Children's Receiving Home of Sacramento collected more than \$85,000. Soil Born Farms a Rancho Cordova enterprise that promotes sustainable food production - harvested almost \$32,000.

Orangevale/Fair Oaks Food

donations. Carmichael's Homeless Assistance Resources Team (HART) to need," confirmed was aided by \$4500. Fair Oaks Rotarians raised \$6900. In North Highlands, California Aerospace Museum supporters set a goal of \$20,000 and landed a \$27,000 refuel.

To the delight of the Sacramento Region Community Foundation organizers, overall BDOG donations set a nineyear record at \$13.3 million. Top beneficiaries included The Salvation make a huge difference. Army (\$345,000); Despite the many chal-Sacramento Food Bank lenges we face, the spirit of (nearly \$240,000): ACC Senior Services (more than \$200,000); Sacramento SPCA almost (\$198,000); Yolo Food Bank (\$195,500). Crocker Art Museum topped cultural causes with more than \$167,000 in gifts. Kiwanis Family House banked over

Bank gained \$11,500 in \$135,000 and Shriners Hospitals gained \$100,000.

> "People really responded Sacramento Region Community Foundation CEO Linda Beech Cutler. "People seem to realize that non-profits are critical to communities. BDOG aims to make philanthropy possible for everyone, so we were delighted when more than 36,500 people gave. More than a quarter of our donors were first-time givers and most contributed \$50 or less. Small amounts generosity is alive."

Sacramento Regional Community Foundation's Big Day of Giving has provided fundraising opportunities for nine years. The 2022 BDOG is scheduled for May 5. For more details, visit www. bigdayofgiving.org

Newsom Transforms Taxpayer Protection into Welfare



Ted Gaines

By Betsey Hodges, Office of Senator Ted Gaines

California actually has a government spending limit, hard as that may be to believe, and Gavin Newsom just as his predecessor did.

In 1979, a year after signing off on the revolutionary Proposition 13, voters passed Proposition 4, implementing the "Gann Limit," which would peg California's state spending to the 1978-79 level and only let it grow adjusted for inflation and population. State revenues above the voter-approved ing the pandemic, even limit can be reckoned with though it was state policy that several different ways, including refunding half of the excess revenues to taxpayers, with the other half going to schools.

Newsom is choosing the refund path for this year's massive Gann Limit excess, which is currently estimated at \$16 billion dollars. But instead of sending their in relation to how much they of the rebate in proportion to their tax contributions, Newsom is turning the program into a giant transfer payment scheme.

Prop. 13 and the namesake of this taxpayer protection plan, would be dumbfounded by Newsom's willful misunderstanding and shameless appropriation of his taxpayer-protection initiative.

The wealthiest taxpayers in this state, the top five percent, paid nearly 70-percent of California income taxes last year. Those citizens were also supposed to get rebound. relief from the Gann Limit. Instead, they get nothing.

Newsom is sending rebates to the bottom two-thirds of tax filers only. What about the top-third, who paid a whopping 97-percent of the total income taxes in 2018, for example? In Newsom's is making a mockery of it, redistribution plan these top payers are simply out of luck, even though it's their payments providing the bulk of the excess. And before you shout, "tax the rich!" understand that in that same tax year, we are talking about people making \$60,000 a

It's great that the Governor wants to help taxpayers durcaused so much of the damage to small businesses and killed so many jobs. If the governor and legislature want to make more direct payments to citizens out of the general fund, after Gann Limit refunds have been fairly distributed, be my guest.

In fact, I challenge Governor Newsom and the money back to the taxpayers legislature to find ways to make the state more affordpaid, giving everyone a slice able and livable for all citizens, starting with lower taxes on personal income, on business income, on gasoline, and by eliminating green energy mandates that

Remembering Those Who Served

Paul Gann, the father of have forced our electricity prices up 9-times faster than the national average over the past decade. These steps would help every day of the year, not just on the day he announces his budget.

Getting money back into the hands of job-creators - by lowering costs and equitably rebating the Gann Limit dollars - would actually fuel a California

But to repurpose a taxpayer protection act, approved by voters, into a new tax and welfare plan, is bad-faith politics and speaks to why Newsom is facing a recall.

Governor Brown's 2017 budget dodged the Gann Limit by magically reclassifying \$22 billion in spending as neither state nor local, as required by the original Proposition, making it disappear, along with the hopes of fiscal conservatives.

Brown would not adhere to the mandates of the 1979 Gann Limit reform; he tricked his way past the law and shafted taxpayers along the way. Apparently, Governor Newsom was watching and learning, waiting for his own opportunity to betray the intent of California's voters.

Mission accomplished. Newsom's plan is ugly political alchemy, where he mutates a rebate program into a new tax on the homeowners, small business owners, teachers, police and other middle-class people who will be paying the taxes they will never get back. He should refund ALL taxpayers according to their tax payments and quit manipulating the Gann Limit for his political needs.







You want what's best for her. So do we.



Are you overwhelmed with the care of someone suffering from Alzheimer's disease or Dementia?

Let us take care of the details while you focus on quality time with your loved one. Our community supports active living with an engaging social calendar.

Summerset makes Assisted Living affordable with several different living options available to meet your needs.

> Call now to schedule a tour **CELEBRATE LIFE'S JOURNEY**

Live and Virtual Tours Available Now!

in a beautiful family-owned community.



Independent • Assisted • Memory Care

2341 Vehicle Drive • Gold River/Rancho Cordova

We encourage safe visits from family and friends

summersetseniorliving.com 916-562-1036



RCFE #347005361











Memorial Day May, 31st 2021

Virtual Ceremony Earl J. Koobs Nature Area Facebook

https://m.facebook.com/carmichaelkiwanisclub/ Colors presented at 11 A.M.

More information – call Linda Rose Jones @ 916-944-2393 www.calcadetcorps.org www.kiwanisclubofcarmichael.com **f** Koobs Nature Area & Kiwanis Club of Carmichael La Sierra High School, Carmichael

4 · Carmichael Times

MAY 21, 2021

Rising to the Occasion at *The Landing*

L'ANDING TO THE PLANT LEASING OPTICS Leasing OPTics

The Landing at Carmichael staff present on the May 6 vaccination day. From left to right: May Yang, Director of Activities; Mebrat Daniel, kitchen staff; Neda Soudani, Office Manager (in the center); Robert Thompson, Chef; Savere Narend, kitchen staff; and Hardev Rakka; Bus Driver and Transportation Operations Trainer for Paratransit, Inc. Photo by Patrick Larenas

By Patrick Larenas

CARMICHAEL, CA (MPG) - Crises such as the year-long Covid pandemic and the following administration of vaccines has given many a chance to rise to the occasion and be their best selves. Unfortunately, these moments oftentimes also lend themselves to a little mischief such as what happened this April when staff at *The Landing at Carmichael*, an independent senior living community, realized their bus had its catalytic converter stolen.

Natalie McNeal, Executive Director of The Landing, explained to the Carmichael Times, "Independent senior living communities, unlike assisted living residences, are not required by state mandate to have in-house clinics," because residents here generally do not have extremely critical health conditions. Independent communities are part of a continuum of options available to seniors depending on the lifestyle and health needs of residents, which keeps the cost of living at one more affordable.

McNeal continued to relate, "When the vaccine became available, we wanted to make sure to vaccinate all the residents who wished to do so, especially those who were wheelchair-bound and had trouble getting into automobiles. Many of our tenants are quite active and know they can approach us with any suggestions or ideas they have. So, one of them made the contact with their doctor, Dr. Wali Danesh, in Folsom who offered

to administer the vaccination to all our community."

"When we went to start the bus that we use to shuttle residents to their appointments, we realized someone had done something to it, and we couldn't get to Dr. Danesh's clinic," said McNeal, "the catalytic converter had been stolen!"

McNeal said that many of their residents also used a separate transportation organization called Paratransit, Inc., and since they were already signed up with that service, *The Landing* staff decided to give them a call.

Nonprofit, Paratransit, Inc., which pioneered much of the industry of transporting services for the disabled and elderly "offered to transport all their residents by reserving three buses to the clinic in Folsom for their Moderna vaccinations on April 8th and May 6th," said Neda Soudani, Office Manager at *The Landing*.

When they got to Dr. Danesh's clinic, the patients did not have to get out of the Paratransit transports. The nurses boarded the air-conditioned buses and vaccinated all aboard.

Paratransit also offered to fix the indepen-

dent living's bus in their fleet garage which turned out very convenient for the senior living community.

The Landing at Carmichael is located at

7125 Fair Oaks Blvd., Carmichael, CA. For more information about The Landing

at Carmichael visit TheLandingSL.com or call (916) 481-7105. ★

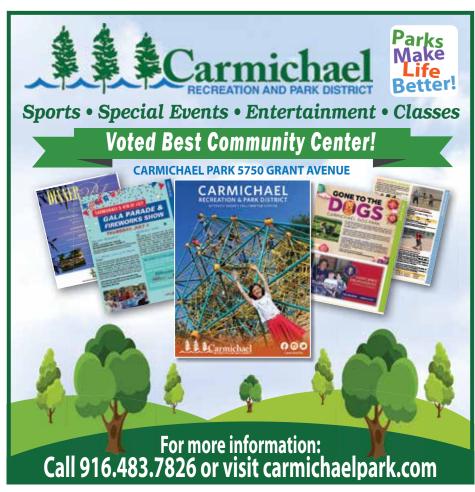
Mira Loma Students Win SMUD's Youth Energy Summit





CARMICHAEL, CA (MPG) - Carmichael youth residents win top prize (scholarship) in the Sacramento Municipal Utility District's (SMUD's) 2021 Youth Energy Summit. Five high school juniors teamed up for six months to discuss climate and sustainably. Taking what they learned, they organized a day of sidewalk chalking at the O'Donnell Heritage Park to raise awareness on the importance of biking. The winning moment included that day and an amazing expression of their feelings and concerns through submission of an illustrated poem written in "Dr. Suess" form. Way to go Carmichael, and way to go Mira Loma Matadors!! From left to right: Emma Samford, Kate Schuette, Isha Khandwala, Peter Nelson), and Anuhya Banerjee (not pictured). Photo/caption provided by Jeff Schuette







his charming Carmichael home has it all! Step inside to an updated floor plan with two bedrooms, one bath and a possible third bedroom that is currently being used as a bonus room. The open-concept great room is perfect for entertaining with a spacious family room and beautifully appointed kitchen that has all the bells and whistles including a farmhouse sink, stainless steel appliances, custom built-in cabinets, low-maintenance concrete countertops, gorgeous subway tile backsplash, a roomy island with breakfast bar seating, and walk-in pantry. The completely updated bathroom features a custom vanity, newer tile flooring, large walk-in shower, his-and-her sinks, and concrete countertops. Additional highlights include hardwood flooring throughout, large indoor laundry room with plenty of storage space, and a recently painted interior and exterior. Enjoy seamless entertaining in the backyard with an outdoor patio, tool shed for all of your hobbies, and newly sodded lawn. Just minutes away from Ancil Hoffman Park, the American River, top-rated schools, and the Milagro Centre.















Carmichael Times • 5 MAY 21, 2021



Thoughts

Where do I begin on this special day called Memorial Day? Perhaps we need to begin with some numbers...numbers of those who fought to give us the freedom we have today and did not live to enjoy that freedom. Here are some staggering numbers...Revolutionary War, 25,000... Civil War, 600,000...WWI, 116,708... WWII, 467,000...Korea, 100,000... Vietnam, 47,434...Desert Storm, 148... Operation Enduring Freedom, 2,351... Operation Iraqi Freedom, 4,412. There have been many more deaths, but I think you get the idea. Many lives have been lost, and let's not forget those who came home with disabilities that you and I can never imagine from physical to emotional. which not only affects them but their families and friends too.

We love our parades and picnics, although this year may be somewhat low key, but there is so much more to what those men and women have endured to keep us safe. Let's be honest, we do take our freedom for granted, but I think this last year may have gotten us to think of what we have and what we can lose with circumstances that are beyond our control.

My husband, Rick Sprunger, is a Vietnam Veteran. He was deployed just three short months after we were married. I remember that day at the airport like it was yesterday. Why? Because I did not know if I would ever see him alive again. I thank the good Lord that he came home safe, but to a country that did not give him the honor he deserved. I think we have learned to never let that happen again. He never speaks of that time and I rarely ever ask him about it. But I find most vets are that way. They did their job honorably and moved on. I am sure they still remember it all, as we should. Perhaps this poem by Annette Wynne will help us to remember.

Is it enough to think today Of all our brave, then put away The thought until a year has sped? Is this full honor for our dead? Is it enough to sing a song And deck a grave, and all year long Forget the brave who died that we Might keep our great land proud and free? Full service needs a greater toll What we who live give heart and soul To keep the land they died to save, And be ourselves, in turn, the BRAVE!

And so another Memorial Day will go by, but hopefully as the poem suggests, we ourselves can be brave and appreciate their sacrifice. So, amid your getting together with family and friends...safely of course, you will take a moment or two to thank God we have those men and

women who sacrifice their lives so we can have a good life. Say a little prayer for those lives lost, and add a thank you to those who will still give their lives to keep us free. Hopefully, we can find the strength to take action ... And be ourselves, in turn, the BRAVE!

Thank A Veteran Today

California Still Mistreating Its School Kids



By Dan Walters **CALMatters**

The traditional school year will soon end, but the maltreatment of California's 6 million public school students - especially those from poor non-white families – shamefully continues.

Although on paper California's schools have reopened their classrooms after being closed to battle the spread of COVID-19 infection, most pupils will close out the year still struggling to learn at home or, in too many cases, having given up for a lack of technical and human

support. EdSource, an online site devoted to California education trends, detailed the educational disaster in a recent article, having delved deeply into state Department of Education

"Although 87% of California's traditional public schools have reopened for some form of in-person instruction, fewer than half of students have returned either full time or part time in a hybrid model," EdSource revealed. "A total of 55% of all public school students, including those in charter schools, were at home, in distance learning, as of April 30, according to an EdSource analysis of new data released by the state.

California with a weekly round-up of Dan's column every Friday.

"EdSource found that two-thirds of students in district schools with the largest proportions of lowincome families were in distance learning, compared with only 43% of students in schools with the fewest low-income families – a disparity that may partly explain a widening learning gap between wealthy and poor students that researchers and teachers suspect the pandemic has enlarged.

"Higher COVID rates in poor communities contributed to the disparity. Parents in highly infected areas have been reluctant to send their children back to school, and teachers in those areas resisted returning. Parents in low transmission areas, meanwhile, pressured school boards to reopen."

California is something of an outlier, according to monthly surveys of school reopening by the federal government's Institute of Education Sciences. With full classroom access available to only 11% of its students, the state is at or near the bottom, according to its March survey. Other states ranged to as high as 100%. In arch-rival Texas, 93% of students have full classroom access.

Months-long stalemates between teacher unions and local school leaders over the terms of reopening have been a major factor in California's tardiness. Gov. Gavin Newsom and the Legislature's dominant Democrats, who are politically allied with the unions, have been noticeably unwilling to intervene.

However, leaving Get a veteran journalist's reopening decisions in local take on what's going on in hands has undermined the

promise of universal public education and led to the disparity that EdSource noted classroom access for kids in upscale communities and homebound status quo in poor communities.

California already had an immense "achievement gap" before the pandemic flared and there's absolutely no doubt that the disparity has widened over the last 14 months, as a December report from McKinsey & Co. on national school trends underscores.

"Educators, parents, and students know firsthand the high cost of this prolonged period of remote learning, from rising rates of depression and anxiety to the loss of student learning,' the report declared. "The COVID-19 pandemic has taken an especially heavy toll on Black, Hispanic, and Indigenous communities. Along with robbing them of lives and livelihoods, school shutdowns could deny students from these communities the opportunity to get the education they need to build a brighter future."

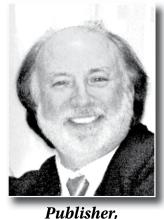
Newsom, facing a recall election next fall, has been running around the state declaring that the worst of the pandemic is over, that California's economy will soon fully reopen and that he expects that schools will return to normal schedules after summer.

Even if those predictions come true, California's neediest children will have fallen further behind their peers with diminishing chances of ever catching

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers.







Publisher, Paul V. Scholl

Carmichael Times is a member of Messenger **Publishing Group**

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@mpg8.com.

Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

Carmichael Times

Serving Carmichael and Sacramento County since 1981

It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *Carmichael Times* is not responsible for unsolicited manuscripts or materials. The entire contents of the Carmichael Times are copyrighted. Ownership of all advertising created and/or composed by the Times is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to Carmichael Times, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$42 per year within Carmichael, \$52 within Sacramento County.

The Carmichael Times is published weekly. Call (916) 773-1111 for more information.

We are proud members of these newspaper associations.









Legal Advertising Hotline 916-483-2299 Legal Advertising Fax 916-773-2999

LEGAL $\mathbf{A} \mathbf{D} \mathbf{V}$ ERTISING Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969

FICTITIOUS BUSINESS NAME STATEMENTS FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03814 Tammi Jean Bradley, 6536 Creekmont Way, Citrus Heights, CA 95621, is doing business under the Fictitious Business Name(s) "SDP Life" 6536 Creekmont Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County April 21, 2021 Publish: April 30, May 7, 14 and 21, 2021 SDP 180201 5-2

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03857 Kelly Ann Fields, 8424 Aplite Court Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "The Effen Barbershop" 8424 Aplite Court Citrus Heights, CA 95610, Filed with the Clerk of Sacramento County April 22, 2021 Publish: April 30, May 7, 14 and 21, 2021 BARBER 180201 5-2

5-21-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03717 Joyce Glover, 2801 33rd Avenue Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Her Sanctuary Ministries, Her Sanctuary" 2801 33rd Avenue Sacramento, CA 95824. Filed with the Clerk of Sacramento County April 19, 2021 Publish: April 30, May 7, 14 and 21, 2021 180201 5-21-21 HER

FICTITIOUS BUSINESS NAME STATEMENT PBNF2021-02995 Robert Anthony DeSomber, 5223 Harrison Street Linden, CA 95236, is doing business under the Fictitious Business Name(s) "Grasons of North Sacramento County" 5223 Harrison Street Linden, CA 95236. Filed with the Clerk of Sacramento County March 26, 2021 Publish: April 30, May 7, 14 and 21, 2021 5-21-21 180201 GRASON

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03483 Kenneth Franklin, 8109 Golden Crest Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Franco Bandz, Kamp Franklin" 8109 Golden Crest Way, Orangevale, CA 95662. Filed with the Clerk of Sacramento County April 12, 2021 Publish: April 30, May 7, 14 and 21, 2021 FRANCO 180201 5-2 5-21-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03422 Alamo Business Corporation, 30612 San Antonio Street Hayward, CA 94544 is doing business under the Fictitious Business Name(s) "Alamo Business Corporation" 30612 San Antonio Street, Hayward, CA 94544. Filed with the Clerk of Sacramento County April 9, 2021 Publish: April 30, May 7, 14 and 21, 2021 AI AMO 180201 5-21-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03641 Fashan's Entertainment World LLC, 2740 Fulton Avenue Ste. 101, Sacramento, CA 95821, is doing business under the Fictitious Business Name(s) "Fashan's Consulting LLC" 2740 Fulton Avenue Ste. 101, Sacramento, CA 95821. Filed with the Clerk of Sacramento County April 15, 2021 Publish: April 30, May 7, 14 and 21, 2021 FASHAN 180201 5-21-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03705 American Home Services, Inc., 10636 Basie Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "American Home Services, Inc." 10636 Basie Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County April 19, 2021 Publish: April 30, May 7, 14 and 21, 2021 AMERICAN 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03703 The California Center, 455 Windward Way, Sacramento, CA 95831, is doing business under the Fictitious Business Name(s) "California Center for Civic Participation" 455 Windward Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County April 19, 2021 Publish: April 30, May 7, 14 and 21, 2021 CALIF 180201 5-21-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03700 Peace of Mind Marriage & Family Therapy, Inc., 1002 River Rock Drive Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Peace of Mind Therapeutic Solutions, The Lafaya Way" 1002 River Rock Drive Folsom, CA 95630. Filed with the Clerk of Sacramento County April 19, 2021 Publish: April 30, May 7, 14 and 21, 2021 PEACE 180201 5-2

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03710 Muhammad Fiaz Ladi, 4451 Gateway Park Boulevard Apt. 330, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Star Delivery" 4451 Gateway Park Boulevard Apt. 330, Sacramento, CA 95834. Filed with the Clerk of Sacramento County April 19, 2021 Publish: April 30, May 7, 14 and 21, 2021 180201 5-21-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03667 Chanh Hill, 1536 38th Avenue Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Mixed Fusion" 1536 38th Avenue Sacramento, CA 95822. Filed with the Clerk of Sacramento County April 16, 2021 Publish: April 30, May 7, 14 and 21, 2021 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03352 Valentyn Pitsul, 8332 Nathalie Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "United Four Logistics" 8332 Nathalie Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County April 7, 2021 Publish: April 30, May 7, 14 and 21, 2021 UNITED 180201 5-21-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03030 Joanna Ramirez, 879 Parklin Avenue Sacramento, CA 95831 is doing business under the Fictitious Business "Nanna's Delicacies" 879 Parklir Avenue Sacramento, CA 95831. Filed with the Clerk of Sacramento County March 29, 2021 Publish: April 30, May 7, 14 and 21, 2021 180201 5-21-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03891 DL Realty Partners, LLC, 2377 Gold Meadow Way #100 Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Noble Realty Solutions" 2377 Gold Meadow Way #100 Gold River, CA 95670. Filed with the Clerk of Sacramento County April 23, 2021 Publish: April 30, May 7, 14 and 21, 2021 180201 NOBLE

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03456 Christopher Harvey, 6160 63rd Street, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Cuts by Chris" 6160 63rd Street, Apt. #150. Sacramento, CA 95824, Filed with the Clerk of Sacramento County April 9, 2021 Publish: May 7, 14, 21 & 28, 2021

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03963 Conduit For The World of Life, Inc., 3505 Parkview Lane, Rocklin, CA 95677, is doing business under the Fictitious Business Name(s) "Bibles for Asia" 2260 E Bidwell, Unit 1112, Folsom, CA 95630, Filed with the Clerk

Sacramento County April 27, 2021 Publish: May 7, 14, 21 & 28, 2021 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03848 Demetra Sylvia Hagen, 1556 36th Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "New Illume" 1556 36th Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County April 22, 2021

Publish: May 7, 14, 21 & 28, 2021 5-28-21

180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03961 Miguel Guerra DDS, Inc., 5907 Oak Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Exceldent Dentistry" 1831 Exposition Boulevard, Suite 200, Sacramento, CA 95815. Filed with the Clerk of Sacramento County April 27, 2021 Publish: May 7, 14, 21 & 28, 2021 5-28-21 EXCEL 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03060 Medizen, 8698 Elk Grove Boulevard, #1-198, Elk Grove, CA 95624, is doing business under the Fictitious Business Name(s) "Medizen" 1869 Arden Way, Sacramento, CA 95815. Filed with the Clerk of Sacramento County March 29, 2021 Publish: May 7, 14, 21 & 28, 2021 MEDIZEN 180201 5-28-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03215 Potosi Brewing Company, 215 S Main Street, Potosi, WI 53820 is doing business under the Fictitious Business Name(s) "Two Pitchers Brewing Company" 215 S Main Street, Potosi, WI 53820. Filed with the Clerk of Sacramento County April 5, 2021 Publish: May 7, 14, 21 & 28, 2021 TWO 180201 5-28-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03948 The Armory Company, LLC, 6112 Ebonywood Court, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "The Armory Company" 6112 Ebonywood Court, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County April 26, 2021 Publish: May 7, 14, 21 & 28, 2021 ARMORY 180201 5-28-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03987 Skyline Motorsports, 215 Kenroy Lane, #9, Roseville, CA 95678 is doing business under the Fictitious Business Name(s) "Pizza Boys" 7829 Sunrise Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County April 27, 2021 Publish: May 7, 14, 21 & 28, 2021 5-28-21 PIZZA 180201

FICTITIOUS BUSINESS NAME STATEMENT FICTITIOUS BUSINESS NAMICE STATEMENT FBNF2021-04011 Calvary Chapel Folsom/ Orangevale, 7921 Kingswood Way, A4E, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Calvary Solid Ground" 7921 Kingswood Way, A4E, Citrus Heights, CA 95610. Filed with the Clark of Sacramento County April 28, 2021 Clerk of Sacramento County April 28, 2021 Publish: May 7, 14, 21 & 28, 2021 CALVARY 180201 5-28-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04124 Markari Jeanpierre, 6001 Riverside Boulevard Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "ProCuts" 6001 Riverside Boulevard Sacramento, CA 95831, Filed with the Clerk of Sacramento County April 29, 2021 Publish: May 7, 14, 21, and 28, 2021 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03722 Maxim Yakimchuk, 1810 G Street #4 Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Grooming with Max" 1810 G Street #4 Sacramento, CA 95811. Filed with the Clerk of Sacramento County April 20, 2021 Publish: May 7, 14, 21, and 28, 2021 GROOMING 180201 5-28-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03691 Melody Bernedette Royal, 1466 Bismarck Lane, Brentwood, FBNF2021-03691 CA 94513 is doing business under the Fictitious Business Name(s) "Royal Real Estate" 180 Prominade Circle, Suite 300 Sacramento, CA 95834. Filed with the Clerk of Sacramento County April 19, 2021 Publish: May 7, 14, 21, and 28, 2021 180201 5-28-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04163 Regan3, Inc, 9827 Fair Oaks Boulevard, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s)
"Horizon Properties, Horizon Properties Real Property Management" 9827 Fair Oaks Boulevard Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County April 30, 2021 Publish: May 7, 14, 21, and 28, 2021 HORIZON 180201 HORIZON 5-28-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03934 Klein House Properties LLC. 6765 Judistine Drive Fair Oaks. CA 95628 is doing business under the Fictitious Business Name(s) "Auto Splash Car Wash" 7320 Winding Way Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County April 26, 2021 Publish: May 7, 14, 21, and 28, 2021 AUTO 180201 5-28-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04107 Johnson Consultation LLC, 4301 Brookfield #233768 Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "4 A Good Notary, 4 Peace Within Services" 2000 Whitman Way Sacramento, CA 95822. Filed with the Clerk of Sacramento County April 29, 2021 Publish: May 7, 14, 21, and 28, 2021 5-28-21 NOTARY 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04084 Bravlio A Gramajo, 7051 Bowling Drive Apt #209 Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Capitol City Cleaning" 7051 Bowling Drive #209 Sacramento, CA 95823. Filed with the Clerk of Sacramento County April 29, 2021 Publish: May 7, 14, 21, and 28, 2021 5-28-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03512 Eternal Verities Apparel LLC, 7952 Canyon Drive Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Eternal Verities Apparel, Eternal Verity Apparel, Eternal Verity Kids" 7952 Canvon Drive Fair Oaks, CA 95628, Filed with the Clerk of Sacramento County April 13, 2021 Publish: May 14, 21, 28 and June 4, 2021

180201 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03796 RRM-CLM Services, LLC, 11811 N Tatum Boulevard, #4095, Phoenix, 85028 is doing business under the Fictitious Business Name(s) "Inyo Recreation. Recreation, Sequoia Recreation, Tahoe Recreation, Mountain Top Recreation Outdoor Recreation Services, Outdoor Recreation" 11811 N Tatum Boulevard, #4095, Phoenix, AZ 85028. Filed with the Clerk of Sacramento County April 21, 2021 Publish: May 14, 21, 28 and June 4, 2021

RECREATION 80201 FICTITIOUS BUSINESS NAME STATEMENT FRNF2021-04185 Kurtis LaGrone, 3246 Lowther Way, Antelope, CA 95843, is doing under the Fictitious Business "Amazing Optics" 3246 Lowther Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County May 3, 2021 Publish: May 14, 21, 28 and June 4, 2021

AMAZING 180201 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03609 Elena Zhuk, 4528 Zachary Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "EZ-Fashion" 4528 Zachary Way, Sacramento, CA 95842, Filed with the Clerk of Sacramento County April 14, 2021 Publish: May 14, 21, 28 and June 4, 2021

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03854 Hameedullah Naulistani 7520 Brabham Way, Elk Grove, CA 95758, is doing business under the Fictitious Business Name(s) "King's Mini Mart" 4132 Manzanita Avenue, Suite 300, Carmichael. CA 95608. Filed with the Clerk of Sacramento County April 22, 2021 Publish: May 14, 21, 28 and June 4, 2021 KINGS 180201 6-

180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04160 Takoa S. Woodard & Donald Woodard, 10499 Ambassador Drive, Rancho Cordova, CA 95670 are doing business under the Fictitious Business Name(s) "Picture This Photo Booth" 10499 Ambassador Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County April 30, 2021 Publish: May 14, 21, 28 and June 4, 2021 PICTURE 180201

FICTITIOUS BUSINESS NAME STATEMENT Parvin Sadat FBNF2021-04228 Banihashamie, 2500 Winsford Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Banihashamie Beauty Art" 2310 Fair Oaks Boulevard, #C, Sacramento, CA 95825. Filed with the Clerk of Sacramento County May 4, 2021 Publish: May 14, 21, 28 and June 4, 2021

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03683 Nima Aflatooni DDS Inc., 11230 Gold Express Drive, Suite 401, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Gold River Smiles, A Dental Practice of Nima Aflatooni DDS, Inc." 11230 Gold Express Drive, Suite 301, Gold River, CA 95670. Filed with the Clerk of Sacramento County April 19, 2021 Publish: May 14, 21, 28 and June 4, 2021

180201 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03260 Stefan D. Britton, 3536 Husch Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "The Party Man" 3536 Husch Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County April 6, 2021 Publish: May 14, 21, 28 and June 4, 2021 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04234 Adrianna Dauniele Sammons, 8523 Sadie Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Infinite Tulip Occasions, Infinite Tulip Designs" 8523 Sadie Court, Antelope, CA 95843. Filed with the Clerk of Sacramento County May 4, 2021 Publish: May 14, 21, 28 and June 4, 2021 180201 INFINITE

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04304 Erick Antonio Perez-Vargas, 10833 Folsom Boulevard, Apt. 204, Rancho Cordova, CA 95670 is doing business under the Fictitious Business "California Satisfactory Decoration Painting" 10833 Folsom Boulevard, Apt. 204, Rancho Cordova, CA 95670, Filed with the Clerk of Sacramento County May 5, 2021 Publish: May 14, 21, 28 and June 4, 2021 CALIFORNIA 180201 6-4-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03970 Bakshi Motors, LLC, 1592 Santa Ana Avenue, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Bakshi Motors, LLC" 1592 Santa Ana Avenue, Sacramento, CA 95838, Filed with the Clerk of Sacramento County April 27, 2021 Publish: May 14, 21, 28 and June 4, 2021 180201 BAKSHI 6-4-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04182 Takoa S. Woodard, 10499 Ambassador Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Koa's Notary 10499 Ambassador Drive, Signings" Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County April 30, 2021 Publish: May 14, 21, 28 and June 4, 2021 KOAS 180201 6-4-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04290 Brayan Azahel Diaz Alvarado, 7255 Hayward Drive, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "D & D Building Services" 7255 Hayward Drive, Sacramento, CA 95828, Filed with the Clerk of Sacramento County May 5, 2021 Publish: May 14, 21, 28 and June 4, 2021

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04457 Robert Brown Mearns, 3725 Wingate Drive Carmichael, CA 95608, is doing business under the Fictitious Business Name(s) "Alternative Health Solutions" 3725 Wingate Drive Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 7, 2021 Publish: May 14, 21, 28 and June 4, 2021 ALTERNATIVE 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04195 Trustee of the Highlands Irrevocable Trust, 8032 Red Pine Court Citrus Heights, CA 95610, is doing business under the Fictitious Business Name(s) "Sapphire Property Management" 8032 Red Pine Court Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County May 3, 2021 Publish: May 14, 21, 28 and June 4, 2021 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04339 Reena Devi Sharma, 470 Natalino Circle Sacramento, CA 95835, is doing business under the Fictitious Business Name(s) "Sari Fashion" 5757 Watt Avenue North Highlands, CA 95660. Filed with the Clerk of Sacramento County May 5, 2021 Publish: May 14, 21, 28 and June 4, 2021

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04454 Erin Shelby, 2773 14th Street Sacramento, CA 95818, is doing business under the Fictitious Business Name(s) "Shelby HR Solutions" 2773 14th Street Sacramento, CA 95818. Filed with the Clerk of Sacramento County May 7, 2021 Publish: May 14, 21, 28 and June 4, 2021 6-4-21 SHELBY 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04473 Paul Smith, 6513 Madison Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "All American Will Kits" 6513 Madison Avenue, Carmichael, CA 95608, Filed with the Clerk of Sacramento County May 10, 2021 Publish: May 21, 28 and June 4, 11, 2021 AMERICAN 80201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03455 Natalya Lewis, 9312 Trout Way, Elk Grove, CA 95624, is doing business under the Fictitious Business Name(s) "Bear Oils" 9312 Trout Way, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County April 9, 2021 Publish: May 21, 28 and June 4, 11, 2021 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04073 Inn Off Capitol Park, LLC, 1530 N Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Inn Off Capitol Park, Inn Off Capitol Park, LLC" 1530 N Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County April 29, 2021 Publish: May 21, 28 and June 4, 11, 2021 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03847 Arthur H. Rivera, 3455 Wildwind Court, Sacramento, CA 95827, is doing business under the Fictitious Business Name(s) "RTC Power" 3455 Wildwind Court, Sacramento, CA 95827. Filed with the Clerk of Sacramento County April 22, 2021 Publish: May 21, 28 and June 4, 11, 2021 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04127 Petru Turcanu, 2445 Covered Wagon Circle, Elverta, CA 95626 are doing business under the Fictitious Name(s) "PT Residential Business Services" 2445 Covered Wagon Circle, Elverta, CA 95626. Filed with the Clerk of Sacramento County April 29, 2021 Publish: May 21, 28 and June 4, 11, 2021 PTRES 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04147 Advence LLC, 13725 Metcalf Avenue, Suite 426, Overland Park, KS 66223 is doing business under the Fictitious Business Name(s) "Rocky Mountain Recreation Company" 14960 Twin Cities Road, Herald, CA 95638. Filed with the Clerk of Sacramento County April 30, 2021 Publish: May 21, 28 and June 4, 11, 2021 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04513 Salvador Ramirez & Demelia Ramirez, 5113 Walnut Garden Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "La Cabaña" 8475 Folsom Boulevard, Sacramento, CA 95826. Filed with the Clerk of Sacramento County May 10, 2021 Publish: May 21, 28 and June 4, 11, 2021 CABAÑA 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04197 Ronald Steven Chaddock. 11116 Cilker River Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Chaddock Painting" 11116 Cilker River Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County May 3, 2021 Publish: May 21, 28 and June 4, 11, 2021

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04470 Ronald Steven Chaddock, 11116 Cilker River Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Nations 2 Harvest Ministries" 10388 Rockingham Drive, Sacramento, CA 95827. Filed with the Clerk of Sacramento County May 7, 2021 Publish: May 21, 28 and June 4, 11, 2021 INFINITE 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04057 VA7 Carmichael Gardens, LLC, 2082 Michelson Drive, 4th Floor, Irvine, CA 92612 is doing business under the Fictitious Business Name(s) "Renew 4247" 4247 Hackberry Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County April 29, 2021 Publish: May 21, 28 and June 4, 11, 2021 180201 RENEW

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03108 HAWK47 Inc, 4014 Pinoche Peak Way, Rancho Cordova. CA 95742 is doing business under the Fictitious Business Name(s) "HAWK47" 4014 Pinoche Peak Way, Rancho Cordova, CA 95742, Filed with the Clerk of Sacramento County April 1, 2021 Publish: May 21, 28 and June 4, 11, 2021 HAWK 6-11-21 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04577 Sap Solutions LLC, 4229 Boone Lane, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Inspired Elite Solutions" 2740 Fulton Avenue. Suite 124, Sacramento, CA 95821. Filed with the Clerk of Sacramento County May 12, 2021 Publish: May 21, 28 and June 4, 11, 2021 180201 6-11-21 INSPIRED

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03656 Ferdinand Agustin, 4 Mistyvale Court, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Skye Dref" 4 Mistyvale Court, Sacramento, CA 95823. Filed with the Clerk of Sacramento County April 16, 2021 Publish: May 21, 28 and June 4, 11, 2021 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04584 Kristopher Garcia, 1713 doing business under the Fictitious Business Name(s) "Physique Vacations" 1713 Burnett Way, Sacramento, CA 95818. Filed with the Clerk of Sacramento County May 12, 2021 Publish: May 21, 28 and June 4, 11, 2021 PHYSIQUE 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03783 Madam Butterfly Stores Inc. 500 Pavilions Lane Sacramento CA 95825, is doing business under the Fictitious Business Name(s) "Masunaga Business Development, MB Developments. MB International" 500 Pavilions Lane. Sacramento, CA 95825. Filed with the Clerk of Sacramento County April 21, 2021 Publish: May 21, 28 and June 4, 11, 2021 MASUNAGÁ 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-03842 Stella Vasquez, 2631 La Mesa Way, Sacramento, CA 95825, is doing business under the Fictitious Business Name(s) "Taste the Heat" 2631 La Mesa Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County April 22, 2021 Publish: May 21, 28 and June 4, 11, 2021 180201

FICTITIOUS BUSINESS NAME STATEMENT Concordia Drive, El Dorado Hills, CA 95762, is doing business under the Fictitious Business Name(s) "Valley Car Wash" 2580 Valley Road, Sacramento, CA 95821, Filed with the Clerk of Sacramento County April 28, 2021 Publish: May 21, 28 and June 4, 11, 2021 VALLEY 180201 6-11-21

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04624 Zen Life Organics LLC, 10143 La Placita Drive, Rancho Cordova, CA 95670, is doing business under the Fictitious Business Name(s) "Med Drop 420, Zenful Garden Cannabis Co., Zen Life Therapeutics" 10143 La Placita Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County May 13, 2021 Publish: May 21, 28 and June 4, 11, 2021 MED 180201

FICTITIOUS BUSINESS NAME STATEMENT North Star Collison FBNF2021-04514 Repair Inc., 3248 Auburn Boulevard, Suite #2, Sacramento, CA 95821, is doing business under the Fictitious Business Name(s) "Fix Auto Capital City" 3248 Auburn Boulevard. Suite #2, Sacramento, CA 95821. Filed with the Clerk of Sacramento County May 10, 2021 Publish: May 21, 28 and June 4, 11, 2021 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04463 Jacinto Salanguit Gallardo, 6101 Summerset Lane, Citrus Heights, CA 95621, is doing business under the Fictitious Business Name(s) "Mary Seacole Nursing Staffing Services, Peleg Technical Staffing Services" 5409 Palm Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County May 7, 2021 Publish: May 21, 28 and June 4, 11, 2021 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04303 Dawn L. Kiley, 4229 Birgit Way, Sacramento, CA 95864, is doing business under the Fictitious Business Name(s) "Stellar Mama Oracle" 4229 Birgit Way, Sacramento, CA 95864. Filed with the Clerk of Sacramento County May 5, 2021 Publish: May 21, 28 and June 4, 11, 2021 180201

Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535-March 12, 2020 FICTITIOUS BUSINESS NAME STATEMENT FBNF2021-04694 Kent Craig Jr., 3208 Magicwoods Court, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "On The Way Transport" 3208 Magicwoods Court, Sacramento, CA 95827. Filed with the Clerk of Sacramento County April 30, 2021 Publish: May 21, 28 and June 4, 11, 2021 TRANSPORT 180201 6-4-21

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00298572

Trang Thi Thu Tran on behalf of Tyler Tien Tran (a minor) has filed a petition with this court for a decree changing the name(s) of Tyler Tien Tran to Tyler Phu. IT IS ORDERED that all persons

interested in the above-entitled matter appear before this court at 9:00a.m. on June 8, 2021, in Department 54, located at 800 9th Street, 3rd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 14, 2021 Christopher E. Krueger, Judge of the Superior

Publish: April 30, May 7, 14 and 21, 2021 PHU 180101 5-

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00298566 Thi Tran has filed a

Huven

petition with this court for a decree changing the name(s) of Huyen Thi Tran to Huyen Gwen Thi Tran. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 8, 2021, in Department 54, located at 813 6th Street. 2nd Floor. Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 14, 2021 Christopher E. Krueger, Judge of the Superior

Publish: April 30, May 7, 14 and 21, 2021 TRAN 180101 5-5-21-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2021-00298364 Elizabeth Lorena Mendez-Nova has filed a petition with this court for a decree changing the name(s) of Elizabeth Lorena Mendez-Nova to Elizabeth Nova. IT IS ORDERED that all persons interested in the above-entitled matter

appear before this court at 1:30p.m. on June 3, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 13, 2021 Shama H. Mesiwala, Judge of the Superior Court

Publish: April 30, May 7, 14 and 21, 2021 NOVA 180101 5-21-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00292773

Nicholas Robert Antonio Rees has filed a petition with this court for a decree changing the name(s) of Nicholas Robert Antonio Reesto Nicholas Antonio Baraias.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 1, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento CA 95814 and cause, if any, why the petition for Change of Name should not be granted. Dated: April 6, 2021 Shama H. Mesiwala, Judge of the Superior

Court Publish: April 30, May 7, 14 and 21, 2021 BARAJAS 180101 5-21-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

CHANGE OF NAME #34-2021-00298166 Gillian Elizabeth Collier has filed a petition with this court for a decree

changing the name(s) of Gillian Elizabeth Collier to Gillian Elizabeth Bethoney. IT IS ORDERED that all persons interested in the above-entitled matter

appear before this court at 9:00a.m. on June 2, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 9, 2021 Christopher E. Krueger, Judge of the Superior

Publish: April 30, May 7, 14 and 21, 2021 180101 **COLLIER**

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00298160

Kyle David Collier has petition with this court for a decree changing the name(s) of Kyle David Collier to Kyle Matthew Bethoney. IT IS ORDERED that all persons interested in the above-entitled matter

appear before this court at 9:00a.m. on June 2, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 9, 2021 Christopher E. Krueger, Judge of the Superior

Publish: April 30, May 7, 14 and 21, 2021 BEHTONEY 180101 5-2 5-21-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00298841

Tien Ngoc Phan has filed a petition with this court for a decree changing the name(s) of Tien Ngoc Phan to Kevin Tien Phan.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 10, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 14, 2021 Christopher E. Krueger, Judge of the Superior

Publish: April 30, May 7, 14 and 21, 2021

SUPERIOR COURT OF CALIFORNIA COLINTY OF SACRAMENTO ORDER TO SHOW CAUSE

7144 Fair Oaks Blvd #5

Carmichael, CA 95608

Legal Advertising

CHANGE OF NAME #34-2021-00298886 Dawn Marie Cullo has filed a petition with this court for a decree changing the name(s) of Dawn

Marie Cullo to Dawn Marie Winston.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 10, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 19, 2021

Christopher E. Krueger, Judge of the Superior Court

Publish: April 30, May 7, 14 and 21, 2021 CULLO 180101

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00299181

Serena Marie Richards Gouvea has filed a petition with this court for a decree changing the name(s) of Serena Marie Richards Gouvea to Serena M Gouvea

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on June 17, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814. and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 23, 2021

Shama H. Mesiwala, Judge of the Superior Court

Publish: May 7, 14, 21 & 28, 2021 GOUVEA 180101 5-28-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

CHANGE OF NAME #34-2021-00294454 Katelynn Olson has filed a petition with this court for a decree changing the name(s) of Katelynn Renee Olson to Katelynn Renee Gonzales.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 3, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 12, 2021 Christopher E. Krueger, Judge of the Superior

Court Publish: May 7, 14, 21 & 28, 2021

GONZALES 180101 5-28-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2021-00293303 Miranda Monday has filed a petition with this court for a decree changing the name(s) of Deejay Lee McGuire to Deeiav Lee McGuire-Monday. IT IS ORDERED that all persons interested

in the above-entitled matter appear before this court at 1:30p.m. on June 10, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 16, 2021

Shama H. Mesiwala, Judge of the Superior Court Publish: May 7, 14, 21 & 28, 2021

MONDAY 180101 5-28-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2021-00298947 Chia-Yun Lin has filed a petition with this court for a decree changing the name(s) of Chia-Yun Lin to Kellie Chia-Yun Lin IT IS ORDERED that all persons

interested in the above-entitled matter appear before this court at 9:00a.m. on June 15, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 21, 2021

Christopher E. Krueger, Judge of the Superior Court Publish: May 7, 14, 21 & 28, 2021

180101 LIN 5-28-21 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

CHANGE OF NAME #34-2021-00299486 Nai Yang has filed a petition with this court for a decree changing the name(s) of Daisy

Nai Yang to Daisy Nai Yangh. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 23, 2021, in Department 54, located at 813 6th Street, Sacramento. CA 95814, and show cause, if

of Name should not be granted. Dated: April 28, 2021 Christopher E. Krueger, Judge of the Superior Court

any, why the petition for Change

Publish: May 14, 21, 28 and June 4,

YANGH 180101 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00298638 Linda Jean Collop has filed a petition with this court for a decree changing the name(s) of Linda

Jean Collop to Susan Lee Roberts. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 8, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 15, 2021

Christopher E. Krueger, Judge of the Superior Court Publish: May 14, 21, 28 and June 4,

2021 COLLOP 180101 6-4-21 Legal Advertising Hotline 916-483-2299 Legal Advertising Fax 916-773-2999

LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294–February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380–September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535–March 12, 2020

Legal Advertising 7144 Fair Oaks Blvd #5 Carmichael, CA 95609

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2021-00299276 Martha Nadine Baughman has filed a petition with this court for a decree changing the name(s) of Martha Nadine Baughman aka Nadine Baughman Martha Nadine Baughman. IT IS ORDERED that all persons interested in the above-entitled matter

appear before this court at 9:00a.m. on June 15, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 23, 2021

Christopher E. Krueger, Judge of the Superior Court

Publish: May 14, 21, 28 and June 4,

BAUGHMAN 180101 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE

CHANGE OF NAME

#34-2021-00299304 David Farl Gaston has filed a petition with this court for a decree changing the name(s) of David Earl Gaston aka David Earl Rogers to David Earl Gaston Rogers.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 16, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 23, 2021

Superior Court Publish: May 14, 21, 28 and June 4,

ROGERS 180101

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00298917

David Suliman has filed a petition with this court for a decree changing the name(s) of Sara Suliman to Hayat H Almalki and David Suliman to Abdulfattah A Banah.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on June 15, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 20, 2021

Shama H. Mesiwala, Judge of the Superior Court

Publish: May 14, 21, 28 and June 4, 2021

ALMALKI 180101

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00299600

Navpreet Singh has filed a petition with this court for a decree changing the name(s) of Navpreet Singh to Navpreet Singh Gill and Amritpal Singh to Amritpal Singh Gill.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on June 23. 2021. in Department 53. located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 29, 2021

Shama H. Mesiwala, Judge of the Superior Court

Publish: May 14, 21, 28 and June 4, 2021

SINGH 180101 SUPERIOR COURT OF

CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00299823

Stacev Davna Swimme has filed a petition with this court for a decree changing the name(s) of Stacey Dayna Swimme to Francis Warner. Anastasia

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on June 29, 2021, in Department 53, located at 8136th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 03, 2021

Shama H. Mesiwala, Judge of the Superior Court Publish: May 14, 21, 28 and June 4,

2021 WARNER

180101

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2021-00276995 Alana Rae Martinusen has filed a petition with this court for a decree changing the name(s) of Alana Rae Wong-Martinusen Alana Rae Martinusen.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on June 29, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 4, 2021

Shama H. Mesiwala, Judge of the Superior Court Publish: May 14, 21, 28 and June

4, 2021 MARTINUSEN 180101 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2021-00296308 Shaun Pascquel Jones has filed a petition with this court for a decree changing the name(s) of Shaun Pascquel Jones to Shaun Pascquel Thomas.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 23, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 10, 2021

Christopher E. Krueger, Judge of the Superior Court

Publish: May 21, 28 and June 4, 11, 2021 **JONES** 180101

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00300281

Celia Christine Acido-Huerta has filed a petition with this court for a decree changing the name(s) of Celia Christine Acido-Huerta to Celia Christine Acido.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on June 29, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814. and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 7, 2021

Shama H. Mesiwala, Judge of the Superior Court Publish: May 21, 28 and June 4, 11, 2021 180101

HUERTA

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00300302

6-11-21

Christopher E. Krueger, Judge of the JC Bassett has filed a petition with this court for a decree changing the name(s) of JC Bassett to Jack Carson Kellum IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on July 20, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 7, 2021 Christopher E. Krueger, Judge of the Superior

> Publish: May 21, 28 and June 4, 11, 2021 BASSETT

180101 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2021-00300096

Jan Argyle Mantz has filed a petition with this court for a decree changing the name(s) of Jan Argyle Mantz to Jan Argyle Cooper. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on July 1, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 5, 2021

Christopher E. Krueger, Judge of the Superior

Publish: May 21, 28 and June 4, 11, 2021 MANTZ 180101

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00300372

Kristie Tho Nguyen has filed a petition with this court for a decree changing the name(s) of Kristie Tho Nguyen to Kimtho Nguyen.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on June 24, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 10, 2021

Christopher E. Krueger, Judge of the Superior

Publish: May 21, 28 and June 4, 11, 2021 180101 NGUYEN 6-11-21

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF RONALD LESTER VAN SANT CASE No. 34-2021-00299599 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Ronald Lester Van Sant, deceased A Petition for Probate has been filed by Toby J. Van Sant, in the Superior Court of California, County of Sacramento, requesting Toby J. Van Sant be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows August 26, 2021 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before

the hearing. Your appearance may

be in person or by your attorney.

IF YOU ARE A CREDITOR

or a contingent creditor of the

deceased, you must file your claim

with the court and mail a copy to the

personal representative appointed

by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DF-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the attorney for the Petitioner is: Michael Yee 4010 S Land Park Drive Suite B

916-927-9001 Publish: May 21, 28 and June 4,

Sacramento, CA 95822

VAN SANT 170622 6-4-21

LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!

Call to place your

legal advertising

483-2299 All Legal Ads Published in the Carmichael Times

PUBLIC NOTICE - In accordance with Sec.106 of the Programmatic Agreement, T-Mobile West, LLC plans to upgrade an existing telecommunications facility at 12525 Ouicksilver Drive Rancho Cordova, CA 95742. Please direct comments to Gavin L. at 818-898 4866 regarding site SC90136M. 5/21, 5/28/21 CNS-3472019#

GRAPEVINE INDEPENDENT

City of Rancho Cordova Notice of Public Hearing

NOTICE is hereby given that on Monday, June 7, 2021 at 5:30 p.m., or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing to consider the

RESOLUTION AMENDING AND/OR APPROVING THE ENGI-NEER'S REPORT AND ORDERING THE LEVY AND COL-LECTION OF ASSESSMENTS WITHIN THE RANCHO COR-DOVA LIGHTING DISTRICT 2012-1 FOR FISCAL YEAR 2021-2022

The purpose of this public hearing is to conduct a hearing authorizing the levy and collection of assessments in the Rancho Cordova Lighting District No. 2012-1 for Fiscal Year 2020-2021. The assessment applies to benefiting properties in the District for the purposes of providing ongoing operation, maintenance and servicing of public lighting facilities and appurtenants. There are no new impacts to existing or new resi-

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the hearing will be made a part of the public record. In response to Governor's Executive Order N-29-20 and the Resolution Declaring the Existence of a Local Emergency Relating to the COVID-19 Pandemic adopted by the City of Rancho Cordova, the City Council meetings are currently Teleconference Meetings Only to align with local and federal guidelines and social distancing recommendations for the containment of COVID-19. If there is a need for training or assistance in using the teleconferencing platform, please contact the office of the City Clerk no later than 10:00 a.m. Monday, June 7, 2021 at (916) 851-8720.

Questions regarding this matter should be directed to Jeanette Cervan tes, City of Rancho Cordova Public Works Department at (916) 851

NOTICE REGARDING CHALLENGES TO DECISIONS

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/ agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT

In compliance with the Americans with Disabilities Act. if you need special assistance to participate in this meeting, please contact the City Clerk's Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to en sure accessibility to this meeting.

Printed in the Grapevine Independent on May 21, 2021 and May 28,

City of Rancho Cordova Notice of Public Hearing

NOTICE is hereby given that on Monday, June 7, 2021 at 5:30 p.m., or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing to consider the

RESOLUTION AMENDING AND/OR APPROVING THE ENGI-NEER'S REPORT AND ORDERING THE LEVY AND COL-LECTION OF ASSESSMENTS WITHIN THE LANDSCAPING AND LIGHTING DISTRICT 2005-1 FOR FISCAL YEAR 2021-

The purpose of this public hearing is to conduct a hearing authorizing the levy and collection of assessments in Landscape and Lighting District No. 2005-1 for Fiscal Year 2021-2022. The assessment applies to benefiting properties in the District for the purposes of providing landscape maintenance services. There are no new impacts to existing or new residents.

The City of Rancho Cordova encourages interested parties to attend meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the hearing will be made a part of the public record. In response to Governor's Executive Order N-29-20 and the Resolution Declaring the Existence of a Local Emergency Relating to the COVID-19 Pandemic adopted by the City of Rancho Cordova, the City Council meetings are currently Teleconference Meetings Only to align with local and federal guidelines and social distancing recommendations for the containment of COVID-19. If there is a need for training or assistance in using the teleconferencing platform, please contact the office of the City Clerk no later than 10:00 a.m. Monday, June 7, 2021 at (916) 851-8720.

Questions regarding this matter should be directed to Jeanette Cervantes ,City of Rancho Cordova Public Works Department at (916) 851-8700

NOTICE REGARDING CHALLENGES TO DECISIONS Pursuant to all applicable laws and regulations, including without limita-

tion. California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/ agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to en sure accessibility to this meeting.

Printed in the Grapevine Independent on May 21, 2021 and May

NOTICE OF PUBLIC LIEN SALE **SELF STORAGE AUCTION**

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to the California Storage Act (Sections 21700-21716 of the Business & Professions Code.)

ARMOR MINI STORAGE: Property is located in separate storage units at 5714 Auburn Blvd., Sacramento. CA 95841. The auction will be conducted entirely online at: https://bid13.com/

Auctioneer: Bid13.com 1-844-348-2776; agent for Owner. Contents for the following lien units will be sold: E124-ARLYCE M. ADKINS; E160-MANNIE ALMEIDA

Pictures of the contents of the storage space can be seen online. Bids must be entered online beginning Thursday, May 20th, 2021 at 5pm and ending Tuesday, May 25, 2021, at 9:15am, PST.

Payment must be made at the time of purchase. All items in the unit are sold as is and must be removed within three days of the time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party.

Carmichael Times May 14 and 21, 2021

City of Rancho Cordova Notice of Public Hearing

NOTICE is hereby given that on Monday, June 7, 2021 at 5:30 p.m., or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing to consider the

RESOLUTION APPROVING PROCEEDINGS FOR THE ANNUAL **LEVY**

AND COLLECTION OF SERVICE CHARGES FOR THE TRANSIT RELATED SERVICES BENEFIT DISTRICT ZONE NO. 1 FOR FISCAL YEAR 2021-2022

The purpose of this public hearing is to conduct a public hearing authorizing the levy of charges in the Transit Related Services Benefit District. Zone No. 1 for Fiscal Year 2021-2022. The service charges apply to residences and businesses in the Villages of Zinfandel Special Planning Area to fund a broad range of transportation services intended to benefit property in Zone 1. There are no new impacts to existing or new resi-

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the hearing will be made a part of the public record. In response to Governor's Executive Order N-29-20 and the Resolution Declaring the Existence of a Local Emergency Relating to the COVID-19 Pandemic adopted by the City of Rancho Cordova, the City Council meetings are currently Teleconference Meetings Only to align with local and federal guidelines and social distancing recommendations for the containment of COVID-19. If there is a need for training or assistance in using the teleconferencing platform, please contact the office of the City Clerk no later than 10:00 a.m. Monday, June 7, 2021 at (916) 851-8720.

Questions regarding this matter should be directed to Jeanette Cervantes ,City of Rancho Cordova Public Works Department at (916) 851-

NOTICE REGARDING CHALLENGES TO DECISIONS

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/ agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT

In compliance with the Americans with Disabilities Act. if you need special assistance to participate in this meeting, please contact the City Clerk's Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

Printed in the Grapevine Independent on May 21, 2021 and May 28,

City of Rancho Cordova Notice of Public Hearing

NOTICE is hereby given that on Monday, June 1, 2020 at 5:30 p.m., or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing to consider the following:

RESOLUTION APPROVING PROCEEDINGS FOR THE ANNUAL LEVY

AND COLLECTION OF SERVICE CHARGES FOR THE TRANSIT RELATED SERVICES BENEFIT DISTRICT ZONE NO. 2 FOR FISCAL YEAR 2021-2022

The purpose of this public hearing is to conduct a public hearing authorizing the levy of charges in the Transit Related Services Benefit District, Zone No. 2 for Fiscal Year 2021-2022. The service charges apply to residences and businesses in the Sunridge Specific Plan Area to fund a broad range of transportation services intended to benefit property in Zone 2. There are no new impacts to existing or new residents.

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the hearing will be made a part of the public record. In response to Governor's Executive Order N-29-20 and the Resolution Declaring the Existence of a Local Emergency Relating to the COVID-19 Pandemic adopted by the City of Rancho Cordova, the City Council meetings are currently Teleconference Meetings Only to align with local and federal guidelines and social distancing recommendations for the containment of COVID-19. If there is a need for training or assistance in using the teleconferencing platform, please contact the office of the City Clerk no later than 10:00 a.m. Monday, June 7, 2021 at (916) 851-8720.

Questions regarding this matter should be directed to Jeanette Cervantes, City of Rancho Cordova Public Department at (916) 851-8700.

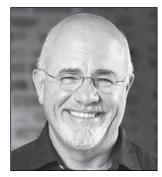
NOTICE REGARDING CHALLENGES TO DECISIONS

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/ agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

Printed in the Grapevine Independent on May 21, 2021 and May 28,



More than any Amount of Money

Dear Dave,

My husband and I are both 29, and we have good jobs that allow us to bring home \$100,000 a year combined. Recently, we began talking about starting a family. We live on a budget, but we still have about \$15,000 in credit card debt and student loans we're working hard to pay off. Do you think couples should wait until they are debt-free to have children?

- Missy

Dear Missy

You and your husband are chipping away at your debt, and that's a good thing. It sounds like you two are determined to get it paid off and take control of your finances. You're also making pretty good money, so keep up the good work!

Dave Ramsey Says

Ok, so the truth is kids can be expensive. From medical costs and diapers, to childcare and beyond, it costs money to raise a family. But here's the thing: If you let money alone, or the perfect financial situation, determine whether you have kids or not, you may never have them. Now, would it be easier from a financial standpoint only to wait on having kids until you're debt-free and there's a huge pile of cash in the bank? Sure, it would. But children are worth more than any amount of money. If you love each other and want to be parents, and you're mature adults in every other area, don't let this debt stop you.

A child isn't going to derail your journey to financial peace. Having kids might cause you to press pause for a while on some financial matters, or slow your pace a little bit, but as long as you both stay focused and determined to manage your money wisely, chances are things will work out fine.

Just don't make the mistake lots of parents do especially first-time parents. Many of them think they

have to run out and buy a new, "safer" car, spend a fortune on a fancy crib, or buy all things baby from some overpriced boutique. Do you get what I'm saying, Missy? Why buy a brand-new, \$400 stroller, when a friend or relative has a perfectly good, barely used one they're willing to give you?

It's easy to get carried away spending for a baby. But children will be just fine as long as they have food, clothing, shelter - and most importantly – loving, caring parents. God bless you two!

- Dave

Dave Ramsey is a seven-time #1 national bestselling author, personal finance expert, and host of The Ramsey Show, heard by more than 18 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey

Governor's Actions Point to Need for Long-Term Water Investment

By Dave Kranz, California Farm Bureau

SACRAMENTO, CA (MPG) - Actions in a widened drought emergency order issued by Gov. Gavin Newsom will provide some short-term benefit through voluntary water transfers and exchanges in parts of drought-stricken California, the California Farm Bureau said, while the organization expressed concern about emergency powers granted to the state water board and re-emphasized the need for significant, long-term investments to secure future food production in the state.

The pandemic has reinforced that farming is an essential business and the drought has reinforced that water is essential to farming," California Farm Bureau President Jamie Johansson said. "We appreciate any effort the state can make to provide more water in the short term to farmers who need it. At the same time, we must not lose sight of existing water-rights priorities and the need to balance supplies for food production, fisheries and cities.

"By widening the drought emergency, the governor has recognized the reality facing much of rural California: Our future is not guaranteed," Johansson said. "By proposing to invest in canal repairs and other projects, he has shown a willingness to address part of that longer-term problem, but where are the projects the voters invested in when they approved a water bond seven years ago?

"Following a year of economic shutdown for our communities, record wildfires, blackouts on the state's electrical grid and soaring home prices, it is apparent Californians face a quality-of-life issue. We hope this is a watershed moment in which we realize that building, not just planning, will preserve that way of life," he said

"In addition to longer-term infrastructure needs, we also need to ensure family farms – and the people, communities and businesses that rely on them – are able to survive this year. We urge the governor to engage with family farmers, at the local level, to understand how best to ensure that our farms and the food they produce will be available to Californians for years to come," Johansson said.

"Water to farms means food for families, jobs for farm employees and much-needed help for rural economies," he said. "With predictions that climate change will lead to even less certainty about precipitation and water supplies, California must commit to a full-scale program to increase storage, enhance efficiency and create new supplies through water recycling and desalination."

The California Farm Bureau works to protect family farms and ranches on behalf of nearly 32,000 members statewide and as part of a nationwide network of nearly 5.6 million Farm Bureau members.

Classified ocal

Announcement

Become a Published Author. We want to Read Your Book! Dorrance Publishing-Trusted by Authors Since 1920 Book mansubmissions currently being reviewed. Comprehensive Services: Consultation, Production, Promotion and Distribution. Call for Your Free Author's Guide 1-877-538-9554 or visit http://dorranceinfo.com/Cali (Cal-SCAN)

Eliminate gutter cleaning for-ever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE 15% off Entire Purchase. 10% Senior & Military Discounts. Call (Cal-SCAN)

Classified Advertising 916 773-1111

Autos Wanted

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. FREE 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care of. Call 1-844-491-2884 (Cal-SCAN)

DONATE YOUR CAR, BOAT OR RV to receive a major tax deduction. Help homeless pets. Local, IRS Recognized. Top Value Guaranteed. Free Estimate and LAPETSALIVE.ORG Pickup. 1-833-772-2632 (Cal-SCAN)

DONATE YOUR CAR TO KIDS Fast Free Pickup - Running or Not -24 Hour Response - Maximum Tax Donation - Help Find Missing Kids! Call 1-888-491-1453. (CalSCAN)

Cable/Satellite TV

DIRECTV - Watch your favorite live sports, news and entertainment anywhere. More top premium channels than DISH. Restrictions apply. Call IVS - 1-888-641-5762. (Cal-SCAN)

COMPUTER SERVICES

insky's PC Configurations "Don't replace it - REPAIR IT!" Custom Desktop Computer Configurations

• PC Repair • Home Wireless Networking
• Installations • Viri & Spyware Eradication

Alan Zinsky Phone: 916-622-2269 Zconfig@sbcglobal.net Bus. Lic. # 305312 • B. E. A. R. Reg. #84416 www.zinskyspcrepair.com

For Rent

Property is under construction and will soon have 1,2,3, & 4 bedroom units for rent

The Housing Authority of the County of Butte is currently accepting applications for its Farm Labor Housing

property in Gridley, CA. We have 2 Bd. units available at this time. Rental assistance is available and provided by USDA Rural Development for those that meet USDA

Rural Development guidelines. For more information contact our office at (530) 895-4474 or TDD 1-800-735-2929.

The Housing Authority of the County of Butte is an Equal Opportunity Employer and Housing Provider



Fitness/Yoga



Classified Advertising

916-773-1111

Handyman



(916) 613-8359

Health & Medical

Will do medical appointment or other transports including the Bay Area. I have a health background. References. Tim 916-370-0858

Attention: Oxygen Users! Gain freedom with a Portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Call the Oxygen Concentrator Store: 1-844-653-7402 (Cal-SCAN)

HFRNIA REPAIR? DID YOU RECEIVE A HERNIA MESH PATCH between 2009- present? Did you suffer complications from removal surgery, bowel perforation, infection, abdominal wall tears, puncture of abdominal organs or intestinal fistulae after placement of this device? You may be entitled to compensation. Attorney Charles Johnson 1-800-535-5727(Cal-SCAN)

Insurance/Health

SAVE BIG on HOME INSURANCE! Compare 20 A-rated insurances companies. Get a quote within minutes. Average savings of \$444/ year! Call 1-844-410-9609! (M-F 8am-8pm Central) (Cal-SCAN)

Insurance. We have the best rates from top companies! Call Now! 1-888-989-4807 (Cal-SCAN)

Classified Advertising

773-1111

If you need a

résumé, call

Dan the ésumé man

(Résumés By Design in Sacramento since 1985)

(916) 974-1000

Landscaping

CREATE YOUR PARADISE

Winter Yard Cleanups, Complete Landscape Design/Installation, Sprinkler System Installs/Repairs, All Types Concrete Work, Fence Installation. Retaining Walls-All Types, Drainage Systems-all types, Landscape Lighting,

Residential/commercial American Landscape Design & Installation. Est 1987 American Construction & Property Maintenance Company

LANDSCAPING Spring Yard clean up. Mow, weed, prune, haul, rock, bark, and gutters. Light Fence Work

916 205-9310 916 688-9310



Miscellaneous

ATTENTION DIABETICS! Save money on your diabetic supplies! Convenient home shipping for monitors, test strips, insulin pumps, catheters and more! To learn more, call now! 1-855-702-3408.

Attention: Oxygen Users! Gain freedom with a Portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Call the Oxygen Concentrator Store: 1-844-653-7402 (Cal-SCAN)

Portable Oxygen Concentrator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 844-327-2824. (Cal-SCAN)

Life Alert. One press of a button sends help FAST, 24/7! At home and on the go. Mobile Pendant with GPS. FREE First Aid Kit (with subscription.) CALL 833-518-1049 FREE Brochure. (Cal-SCAN

INVENTORS - FREE INFORMATION PACKAGE. Have your product idea developed afford-ably by the Research & Development pros and presented to manufacturers. Call 1-844-752-8272 for a Free Idea Starter Guide. Submit your idea

for a free consultation. (Cal-SCAN) Classified Advertising

916 773-1111

Music Lessons

Guitar Lessons - Beginner to Advanced. \$15/half hour. \$25/hour. freddiebbalbert@gmail.com. 916-507-6658 (MPG 12-31-21)

Pets/Animals

DOG RESCUE Gary (916) 334-2841

Please Adopt or Foster Because so many really great dogs are dying for a good home... **ShelterMOU**

@hotmail.com

Applying for Social Security Disability or Appealing a Denied Claim? Call Bill Gordon & Assoc. Our case managers simplify the process & work hard to help with your case. Call 1-888-570-0881 FREE Consultation. Local Attorneys Nationwide [Mail: 2420 N St NW, Washington DC. Office: Broward

Co. FL (TX/NM Bar.)]

Roofing BERNARDINO ROOFING

Reroofs, Repairs, Maintenance, Dryrot, Gutters, Family Operated. BBB MEMBER **FREE ESTIMATES*** SENIOR DISCOUNTS

916.920.0100

School

CARFERS Start AIRLINE Here - Get trained as FAA certified Aviation Technician. qualified Job placement Call Avic Financial aid for qualified students. Job assistance. C Institute of Maintenance 877-205-4138. (Cal-SCAN)

HALL RENTALS VFW Post 6158



8990 Kruithof Way, Fair Oaks, CA

916-966-1663 /fw6158.org/rent-our-hall/

Call or come by Classified

Advertising

916 773-1111 Tree Service

BP TREE SERVICES LLC



TREE & STUMP REMOVAL TREE TRIMMING/ SHAPING

FREE ESTIMATE 10% OFF WITH THIS AD Insured. Workman's comp. Arborist

BPTreeServices.com VISA / MASTER CARD

California Contractors Lic #103603°

Tax Services

ARE YOU BEHIND \$10k OR MORE ON YOUR TAXES? Stop wage & bank levies, liens & audits, unfiled tax returns, payroll issues, & resolve tax debt FAST. Call 1-855-970-2032 (CalSCAN)

Work Wanted

I do garage and house organizing, cleaning, and de-cluttering, Pruning and weeding. Window washing. Wanted reduced rent for vard and house work for a room. References, College grad, security and Health background. Tim, 916-370-0858. (MPG 12-31-21)

Real Estate

RETIRED COUPLE \$1 Mil for business purpose Real Credit unim-Estate loans. portant. V.I.P. Trust Deed Company www.viploan.com Call 1-818-248-0000. Brokerprincipal DRE 01041073. No consumer loans. (Cal-SCAN)

RETIRED COUPLE Has \$\$\$\$ to lend on

California Real Estate* A.P. TRUST DEED COMPANY

OVER 40 YEARS OF FAST FUNDING incipal (818) 248-0000 Brok

WWW.VIPLOAN.COM *Sufficient equity required - no consumer lo CA Department of Real Estate License #01041073 Private Party loans generally have higher interest rates, points & fees than conventional loans

HEALTH & WEALTH

JOIN FOR FREE - NO KITS OR QUOTAS & FREE WEBSITE. CTFO (Changing The Future Outcome) has the best CBD oil available. Products for health, beauty, weight or hair loss and even for your pets.

Check out these products:

canderson.myctfo.com c

NOTICE TO READERS California law requires that contractors taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at www cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

DISCLAIMER Be wary of out of area comp Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates.

Wanted - AUTOS

WANTED! Old Porsche 356/911/912 for hobbyist 1948-1973 Only. Any condition, top paid! PLEASE LEAVE MESSAGE 1-707-339-5994 Email: porscherestoration@ (CalSCAN) yahoo.com

Wesley Financial Group, LLC **Timeshare Cancellation**

Experts
Over \$50,000,000 in timeshare debt and fees cancelled in 2019. Get free informational package and learn how to get rid of your timeshare! Free consultations. Over 450 positive reviews. Call 877-372-0408

DONATE YOUR CAR TO UNITED BREAST CAN-CER FOUNDATION! Your donation helps education, prevention & support programs. FAST FREE PICKUP - 24 HR RE-SPONSE - TAX DEDUC TION 1-844-922-4249

DENTAL INSURANCE from Physicians Mutual Insurance Company. al insurance Company.
Coverage for 350 plus
procedures. Real dental
insurance - NOT just a
discount plan. Do not wait! Call now! Get your FREE Dental Information Kit with all the details! 1-855-400-

MobileHelp, America's Premier Mobile Medical Alert System. Whether You're Home or Away. For Safety and Peace of Mind. No Long Term Contracts! Free Brochure! Call Today! 1-833-935-3147

com/mpgn

www.dental50plus

#6258

DONATE YOUR CAR OR TRUCK TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. CALL 1-888-534-1146

Classified Advertising Sell Your

Stuff! Reach 1000's of Readers Every Week!

CALL

Painting / Roofing

PAINTING **BAE.S Painting** Service House & Apt Interior/Exterior Flat Roof: Water Leak Repair **Gutter Cleaning**

Cell: 279 333-6660 20 years of

HELP WANTED International

Many Positions are Available. Please no phone calls. Apply in person.

10971 Olson Dr. Rancho Cordova, CA 95670

trator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free informa-

Become a published author! Publications sold at all major secular & specialtv Christian bookstores Christian Faith Publishing for FREE author submis-

tion kit! Call 877-631-2596

sion kit. 1-877-330-3936 Up to \$15,000.00 of GUAR-ANTEED Life Insurance! No medical exam or health questions. Cash to help pay funeral and other final expenses.Call Physicians Life Insurance Compa-

ny- 866-661-0708 or visit

www.Life55plus.info/mpgn

EARN \$20000 per month for just a few hours' delivery work per week **CALL** 916-773-1111

916 773-1111

June 27-July 7, 2021 MLB games at Boston, Cleveland, Detroit,

Minnesota, Chicago Cubs & New York Yankees Tour begins in Baltimore and ends in Pittsburgh

guided tour, and then a free day in Manhattan

at hotels near airport (free shuttle to/from)

Aug. 4-14, 2021 MLB games at New York (Yankees

& Mets), Boston, Philadelphia, Pittsburgh, Baltimore & Washington DC. Tour begins in Newark, NJ and ends in Bloomington, MN at hotels near airport (free shuttle to/from).

Each tour includes a day in Cooperstown and \$2,800/person based on double hotel occupancy. Quality game tickets, hotels & motor coach transportation.

(hotel near Times Square multiple nights). All tour information can be found on our website: www.bobsbaseballtours.com

CALL A PRO BUSINESS DIRECTORY



Superior Landscape Services Landscaping and Maintenance

- Sprinkler Repair/Install Pruning
- Mowing/Trimming Fertilizing

(916) 728-5812 • Cell (916) 761-0999

Dave Cochran Owner • dave_SLS@surewest.net



Jose's Landsgape Maintenange Since 1985 · Bonded & Insured

- One-Time Clean Up and Maintenance
- Lawn Aerate and Dethatch (• Sprinkler Repair

(916) 991-6923

joseslandscapemaintenance@gmail.com

A-1 AFFORDABLE ROOFING

 New Roofs
 Certifications
 Roof Repairs • Dry Rot Repairs • Roof Inspections • Gutters





Helping People and the Community with the Alcohol and Drug Problem! Over 20 Years in Business!

Sober Living - 916.961.2691

Elverta Elderly Home Care

Over 20 Years Experience

CA Official Nursing Certificate (916) 992-8920 License #347003280

Elana Lup – Administrator/Owner

7845 Dominion Way We take care of your Elverta, CA 95626 loved ones.

GREENWAY TREE SERVICE

Specializing in Expert Tree Pruning, **Tree Removal & Stump Grinding**

> Free Estimates **Competative Prices**

Licensed and Insured

916) 224-9750



Laser Surgery • Eye Glasses • Contact Lenses

• Eyewear for Computer Users Dr. William Fleischmann

(916) 991-8444

Saturday Appointments Available 6716 RIO LINDA BLVD., SUITE B, RIO LINDA

TRACTOR SERVICE

- Mowing Rototilling
- Discing Scraper/Loader Call

(916) 991-8431



General Contractor 25 years of experience



916.390.3646 · Michael Strombeck

Kitchen & Bathroom Remodels, Decks, Demo, Framing, Tractor Services, Pest Inspection Repairs, Windows and more!

4120 Douglas Blvd # 306-279 Granite Bay, CA 95746

mike@norcalti.com License # 530337

Franchises and Business Opportunities TOP 500 FRANCHISES AVAILABLE (SEE WEBSITE)

> FREE CONSULTATION SBA FINANCING AVAILABLE (oac)

916.390.7919 LLOYD ENKE -LOCAL TOP CONSULTANT

www.AwardFranchiseConsulting.com



BILL'S MARKET

Taichi Master • Kam Tim Wong

• Cold Sodas • Cold Beer • Candy • Bread California Lottery • Open 10–7, 7 Days a week

2349 I Street, Rio Linda, CA 95673

(916) 991-3696



Classified Advertising

Sell Your Stuff! Reach 1000's of Readers Every Week!



916-773-1111

Sudoku Puzzle on Page 9

5	8	9	4	3	1	2	6	7
1	7	4	2	6	8	5	3	9
2	3	6	7	9	5	4	1	8
7	4	5	6	1	9	3	8	2
3	6	8	5	4	2	တ	7	1
9	2	1	3	8	7	6	4	5
8	1	3	9	5	6	7	2	4
4	5	2	8	7	3	1	9	6
6	9	7	1	2	4	8	5	3

LEGAL ADS FOR SACRAMENTO COUNTY? Can Do That! 916-773-111 Call to place your legal advertising All Legal Ads Published by Messenger Publishing MPG

STATEPOINT CROSSWORD • EUROPEAN CAPITALS

Crossword Puzzle Solutions on Page 9

60

TV PRICE

GUARANTEE

f dish

CALL TODAY - For \$100 Gift Card Persolate INFIN

1-888-416-7103 Officed THE

C StatePoint Media

38. Practical joke

40. Canine command

44. Offer two cents 46. Collusion

49. Drifts

53. Shrek, e.g.

54. Not fatty 54. No. 55. Patty ____ Tzu

41. Eyeball washing vessel

48. Away from harbor (2 words)

Russian mountain chain 52. Comedian Rogan

50. *London was famous for these pea soup particulars

BRING EVERYTHING

YOU LOVE TOGETHER!

CLUES

ACROSS RPM gauge

5. Have a bawl 8. *"Neutral" capital

12. Paella pot

13. Mend, healthwise 14. Deadly snake of south-

eastern Asia 15. Multicolored horse

16. Estimator's phrase (2 words)

17. "The Addams Family" manservant 18. *Northernmost European

20. One of British Isles

21. EUR, pl. 22. Ensign, for short

23. Pieces of glass, e.g. 26. Vacuum cleaner

alternative

the land of the 30. " free.

31. Oxygenate, as in lawn 34. Insane, in Spain

35. Just harvested, e.g. 37. A in IPA

38. Church song

39. Tiny amount 40. Military marksman

42. Fake tooth

43. Devoid of liquid

45. Jet setters' vessels

47. Address abbreviation 48. Sports stadium

50. Japan's highest mountain 52. *Capital that hosts Nobel

Prizes 56. Sophia _ actress

57. Genesis twin 58. Curved molding 59. Tequila source 60. Non-permanent office

worker 61. Like dental surgery 62. *Capital on a fjord 64. Big top

DOWN 1. Unit of pressure named after Torricelli

2. Post sun-bathing relief 3. Wallace & Gromit modeling material 4. Desire 5. Aussie gas station

6. Desert wanderer's hope 7. Alexander Alexandrovich Russian poet 8. *Also the capital of European

Union 9. James

10. Paddy grain

13. Like voice after a pep rally 14. "A Fish Called Wanda" actor 19. Judea, alt. sp.

22. Mama sheep 23. *Bulgarian capital and actress Vergara's given name

24. Long-necked bird 25. Rocky ridge

26. Pas 27. Hunt illegally

28. Audience's approval 29. Frolics 32. "Atlas Shrugged" author Ayn

33. Cassius Clay 36. *Balkan capital and 1984

FREE DATE CHANGES ON 2021 TOURS

Blazing Fast

190 CHANNELS

dish 🗥

亭\$19<u>99</u>

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9 **Solutions on Page 9**

WEEKLY COMICS

Amber Waves









The Spats





by Jeff Pickering



Out on a Limb



by Gary Kopervas

BACKSTAGE OPENING NIGHT OF LA COSA NOSTRA COMMUNITY THEATRE





BY AL SCADUTO



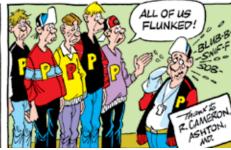














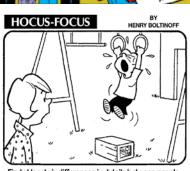
We can have the union labels made cheaper





"Remember how depressed I was this morning?"







EVERY OTHER WEEK LOWEST PRICES ON FRISKIES (5.50z) OR FANCY FE

We Beat Almost All Online Prices on Premium Brand Pet Foods.

COUPON .

Sportsman Warehouse Smart & Final PET CLUB

2344 Sunrise Blvd. 318 N Sunrise Blvd. Rancho Cordova, CA Roseville, CA 916-635-5008 916-781-8500 Rancho Cordova, CA We Only Accept ATM, Cash, & Checks M-F 9-8, SAT 9-7, SUN 10-7 Effective 5/19/21 - 5/25/21



LB SPORT MIX PREMIUM DOG BISCUITS with the purchase of pet, fish food or supply. Limit 1 Lb PLU 332 CHM Limit 1 Coupon per family

Effective 5/19/21 - 5/25/21

Limit 1 Case

COUPON ANY PURCHASE OF \$15.00 OR

MORE OF PET OR FISH SUPPUES MORE OF METOR PISH SUPPLIES
(Excluding Pet Food or Litter)
Cannot be used in conjunction with
similar dollar or percentage off
coupons & advertised sale items.
Limit: 1 Coupon Per Family Effective 5/19/21 - 5/25/21

Look for Advertised Sale Items Everyweek at www.petclubstores.com

NATURAL BALANCE DRY DOG FOOD

 Lamb Meal & Rice (Reg & Lrg Breed)
 Sweet Potato & Salmon Sweet Potato
 Venison Sweet Potato & Bison •Sweet Potato & Chicken 24-26 Lb Bag

Limit 2 Bags

OFF Per Family Our Super Low Prices

Effective 5/19/21 - 5/25/21

FRISKIES BUFFET CANNED CAT FOOD 5.5 Oz All Varieties

Limit 2 Cases **Everyday**

Effective 5/19/21 - 5/25/21

AVODERM **NATURAL DRY DOG FOOD** 26-30 Lb Bag Limit 2 Bags Per Family •Lamb Meal & Rice •Chicken Meal & Rice •Lite •Senior •Large Breed

OFF DISCOUNT PRICES! PRICES! Effective 5/19/21 - 5/25/21 ARM & HAMMER

SUPER SCOOP CLUMPING CAT LITTER 20 Lb Box •Unscented •Double Duty •Clump n Seal •Slide 19 lb Absorbx 15 lb

Effective 5/19/21 - 5/25/21

Limit 2 Boxes ON SAL I Per Family

NUTRO WHOLESOME ESSENTIALS **DRY DOG FOOD**

Lamb Meal & Rice 30 Lb Bag
•Adult •Small Bites •Large Breed

Effective 5/19/21 - 5/25/21

NUTRO **CANNED DOG FOOD**

•Healthy Stew •Premium Loaf All Varieties except Limited Ingredient Grain Free (IAMS Canned Dog Food 13 Oz. \$1.15)

Limit 2 Cases Effective 5/19/21 - 5/25/21

FRISKIES TENDER & CRUNCHY **COMBO DRY CAT FOOD**

16 Lb Bag

Effective 5/19/21 - 5/25/21 SCOOPAWAY **CLUMPING CAT LITTER**

42 Lb Bag Multi-Cat Formula

Limit 2

•Chicken •Duck •Salmon •Indoor •Weight Control 100% Grain Free 11-12 Lb Bag Limit 2 Bags Limit 2 Bags
Per Family

ORY DOG FOOD

Med breed *Lrg Breed (Adult & Lamb)
(Large Breed *Senior *Puppy \$45.99)

30 Lb Bag \$**43**99

Limit 2 Bags Per Family **SCIENCE DIET** 16 Lb Bag
FELINE MAINTENANCE DRY CAT FOOD •Adult •Lite \$3599 •Sensitive Stomach 15 Lb •Mature •Indoor \$3599 •Urinary 15.5 Lb •Perfect Weight 15 Lb

3 FREE Core Dog Food 12.5 Oz Con With Each purchase DRY DOG FOOD

WILDERNESS DRY CAT FOOD AS MARKED

•Ocean •Reduced Fat

NATURALLY FRESH CAT LITTER 100% Natural Walnut-based 14 Lb Bag 10 Lb \$499 Clumping \$799 Multi-Cat Clumping \$899

NATURE'S MIRACLE PREMIUM ORGANIC CORN COB LITTER 5<mark>6</mark>99 Bio-Enzymatic Formula 10 Lb Bag Limit 2 Bags

As Marked **BLUE BUFFALO** TASTEFULS CANNED CAT FOOD 20% OFF

•Pate •Flaked 3 oz & 5.5 oz.

OUR REGULAR PRICE •Pate •Flaked 3 oz & 5.5 oz.

GRAVY TRAIN
DRY DOG FOOD

Per Family Effective 5/19/21 - 5/25/21 PURELY FANCY FEAST
CANNED CAT FOOD

All Varieties, Including **Self Warming Bedding**

OFF

20% OFF MULTI-PET

CANI-BITES MUNCHIES MINI-BITES •Pumpkin •Peanut Butter •Cheezy Bacon

•Grilled Tuna & Egg 12 lb Bag Limit 2 Bags Per Family **SOLID GOLD** DRY DOG FOOD •Wolf King Bison (24 Lb) •Wolf Cub Bison (24 Lb) •Hund n Flocken •Holistique • Millennia •Fit n Fabulous 28.5 Lb Bag Limit 2 Bags

9 LIVES DRY CAT FOOD

Limit 2 Bags

*Probiotic *Gently
Scented *Scent Free
dotural & Extra Strength)

CAT
LITTER **CAT LITTER**

55 Gal Tetra LED Deluxe . **\$229.99**

ASPEN PETMATE PET BEDDING

SCOTT PET
PORK CHOMPS
NUTRI CHOMPS
BAKED PORK ROLLS
All Varietites Rawhide Free

& SMALL ANIMAL FOOD All SMALL ANIMAL FOOD All Small bags 2 Lb-5 Lb) Varieties Friests -Forti-diet -Exact Including Wild Bird 10 Lb Song Bird,

SOFT DOG TOYS

Made with CBD oil from hemp. 4 Oz Tub, 16 Oz Jar

BOXED GLASS TANK WITH STARTER KIT 29 Gal Tetra LED Deluxe . **\$133.99**

10 Gal Tetra LED Deluxe. 20 Gal Tetra LED Deluxe . \$109.99

AQUEON BOXED 10 GALLON TANK With Economy Kit

Just add Heater For Tropical Fish PENN PLAX REEF CRYSTALS PLASTIC AQUA-PLANTS OUR

BONUS COUPON **FANCY FEAST GOURMET CANNED CAT FOOD**

3 Oz - All Varieties Except Elegant Medley Limit 1 Case Per Family Limit One Coupon Per Family Price Valid Only With Coupon Effective 5/19/21 - 5/25/21

Everyday CHM PLU 361

BONUS COUPON **FRISKIES PARTY MIX CAT TREATS**

Limit 2 Pkgs with Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 5/19/21 - 5/25/21

BONUS COUPON JONNY CAT

20 Lb Bag Limit 1 Bag With Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 5/19/21 - 5/25/21

PREMIUM CAT LITTER CHM PLU 362 MAY 21, 2021 Carmichael Times • 11

Ask Toni

Understanding Hospice!



Toni King

Hello Toni:

As a certified case manager and critical care unit RN, I am advising adult children who are desperately seeking advice for their parents that are closing in on

end-of-life issues. Those that have serious health care issues should be offered every option for proper planning as end-of-life care...most appropriately... hospice!

Can you explain hospice for your readers as I am sure this will help those who are seeking answers for their frail loved ones and give the caregiver some well needed rest?

Thanks in Advance...Susan from Denver Susan:

HOSPICE ... is a subject no one wants to discuss to their elderly family member when they are ill but can seriously help a family when their loved one is terminally ill as the illness takes a toll on the caregiver and the patient.

Many people wait too long to begin hospice benefits and believe hospice is for the last days to help a person die peacefully. Many doctors and individuals wait too long to order and receive hospice.

Hospice can give hope along this journey with education, medication to manage symptoms, support to the patient and family, and counseling services for the patient, family members and care givers.

Health care professionals in the hospice system consist of physicians, nurses, social workers, spiritual counselors, certified nursing assistants and volunteers. A hospice provider comes to where the patient lives to provide the care.

In the Medicare & You handbook, it explains what hospice is in Medicare terms and what Medicare covers for hospice under Part A of Medicare. A doctor that orders hospice must certify that you are terminally ill and have 6 (six) months or less to live. When you agree to hospice care, you are agreeing to comfort care (palliative care) instead of care to cure your illness. You also must sign a statement

choosing hospice care instead of other Medicare-covered treatments for your terminal illness.

Hospice can be recertified every 6 months by a hospice medical director or hospice doctor if you are still terminally ill. Original Medicare will be billed for your hospice care.

Hospice will cover all medical care for the terminal illness and Medicare will pay for health problems that are not related to your terminal illness (co pays will apply). Medicare-certified hospice care is usually given in your home or other facility where you live, like a nursing home.

For those who are enrolled in a Medicare Advantage plan, when you are receiving hospice, the hospice benefit will be paid for by Original Medicare, not your Medicare Advantage plan. You will pay your co pay for any medical care that is not associated with the terminal illness.

Medicare costs under Hospice:

• You pay nothing for hospice care

- (Medicare pays)You pay a copayment of up to \$5 per
- You pay a copayment of up to \$5 per prescription for outpatient prescription drugs for pain and symptom management.
- You pay 5% of the Medicare-approved amount for inpatient respite care.

You can choose to walk through this journey helpless or have control over your end-of-life plan of care. Know that hospice provides comfort, dignity, protection of your wishes, love, and support.

Talk with a geriatric case manager or geriatric doctor if you have some concerns or need some advice with your loved one's terminal healthcare issue.

For assistance with enrolling and personalizing your Medicare contact the Toni Says® office at 832/519-8664.

2021 Confused about Medicare and LTC Zoom webinar is Thursday, May 27th at 4:00 PM. Visit www.tonisays.com to sign up for Toni's new webinar event.

Toni King, Medicare author/advocate is giving a \$5 discount to the Toni Says® readers on the new 2021Medicare Survival Guide® Advanced book at www. tonisays.com. Have a Medicare question? Call 832/519-8664 or email info@tonisays.com. ★

ESKATON® Transforming the Aging Experience

May is American Stroke Month

By Liz Faris, American Heart Association

SACRAMENTO, CA (MPG) - The American Heart Association/American Stroke Association, the world's leading voluntary organization focused on heart and brain health, is raising awareness about strokes for American Stroke Month in May. Strokes don't discriminate. They can happen to anyone, at any age - and about one in four people worldwide will have one in their lifetime. The good news? 80 percent of first strokes may be prevented.

Stroke prevention is especially important now as much of what puts you at risk for a stroke, uncontrolled high blood pressure, smoking or unhealthy weight, also increases your risk for complications due to COVID-19. High blood pressure is the leading preventable cause of stroke and up to 40% of Black adults in the U.S. have high blood pressure.

Stroke recovery begins the moment you suspect a stroke. The sooner a person can be treated for stroke, the more likely they are to have a successful outcome. He advises everyone to be ready to act FAST if they suspect a stroke.

The acronym F.A.S.T. stands for: Face Drooping - Does one side of the face droop or is it numb? Ask the person to smile. Is the person's smile uneven? Arm Weakness - Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward? Speech Difficulty - Is speech slurred? Is the person unable to speak or hard to understand? Ask the person to repeat a simple sentence, like "The sky is blue"

Time to Call 9-1-1 - If someone shows any of these symptoms, even if the symptoms go away, call 9-1-1 and get to a hospital immediately. (Tip: Check the time so you'll know when the first symptoms appeared.)

Stroke is largely beatable through highquality rehabilitation and patient support as well as implementation of the Association's Rehabilitation Guidelines. Stroke rehabilitation can help patients build their strength, capabilities and confidence, potentially regaining skills and returning to independent living. Rehab can also help patients better manage other conditions they have, which may affect daily living or their risk for a second stroke.

For more information, visit www. StrokeAssociation.org.

Trusted for 50 Years

Our award-winning family of senior living communities and services provide a supportive, engaging lifestyle for your loved one.

Connect with our Residential Living Advisors today!

916-967-1017 | eskaton.org



Discover The Eskaton Difference

Independent Living • Assisted Living
Memory Care • Rehabilitation
Skilled Nursing • Home Care



12 · Carmichael Times MAY 21, **2021**

Armed Subject Barricaded in Vehicle Surrenders

By Sergeant Rod Grassmann, Sacramento Sheriff's Department

CARMICHAEL, CA (MPG) -At approximately 1:00 pm on Monday, May 17, 2021, the Sacramento County Sheriff's Office Communications Center received a call from a female resident who stated that her former boyfriend had physically assaulted her. The male subject had fled the home by the time deputies arrived. Later that evening, at approximately 9:04 pm, the same female resident called the Communications Center and stated that the male subject was back at her

subject fled the residence arrive but was spotted overhead by the Sheriff's Office Star Helicopter who alerted patrol units to the location. North Patrol Units attempted to make a vehicle stop but the male driver led deputies on a lengthy pursuit through surface streets with speeds up to 90 MPH.

The driver high-centered the vehicle on a median at the intersection of Grant Avenue and Fair Oaks Boulevard where it was disabled. The driver refused deputy's commands to exit the vehicle. Sheriff's Special Enforcement Detail (SED) and Crisis Intervention

home with a gun. The male Negotiating Team (CINT) were called to the scene. again before deputies could Negotiators were able to deescalate the situation and talked with the driver over several hours eventually convincing him to exit the vehicle peacefully. The Sheriff's Office is grateful for the assistance of the California Highway Patrol, Sacramento Police Department, Elk Grove Police Department and Folsom Police Department.

Multiple firearms were located in the vehicle. Alejandro Garcia (37), of North Highlands, was arrested and booked into the Sacramento County Main Jail on 8 felony charges with a total bail of \$150,000.

Shred Day in Carmichael



A large group of dedicated and enthusiastic church volunteers helped unload vehicles and keep the line moving all morning. Photo by Paul Scholl

By Paul Scholl

CARMICHAEL, CA (MPG) - Letting go of a pile of old stuff never felt so good. On a cool morning on April 24, more than thirty cars and trucks lined up to offload old records and files to be shredded at the annual Shred Day, sponsored by the Society of St. Vincent DePaul in Carmichael.

"People were lined up more than an hour ahead of time to get their shredding done. It has been busy all morning" said Kristine Berault, leading the charge for the fundraiser. There were many volunteers on hand to help people unload their

vehicles and keep the line moving. People even waited around to watch as their documents were being destroyed by the on-site shred truck.

The event was held to raise funds for their campaign "Help Us Help the Poor". This event was the most successful of all the Shred Days to date. The parking lot where the shredding was done was at 5057 Cottage Way.

Society of St. Vincent DePaul of Carmichael is planning additional Shred Days and may not wait for another year to hold the next one. If you would like to know more contact them at 916-481-6352.

Redistricting Begins in Sacramento County

Continued from page 1

The County must adopt final maps no later than December 15, 2021, which means the County will have approximately six weeks to complete its redistricting work - a very compressed timeframe.

Timeline for Redistricting Work

May-September 2021: Hold public hearings and community workshops about the Redistricting, the process, mapping tools tutorials and other redistricting information.

October-November 2021: Draft map preparation and review November-December 2021: Map

adoption. Nov. 17: First reading of County ordi-

nance adopting final district maps.

Dec. 2: Second reading of County ordinance adopting final district maps. ★

County Supervisors Vote to Implement Laura's Law

Continued from page 1 and Sacramento County Behavioral Health Services will meet again in September to determine funding.

Community Input

In March, Sacramento County Behavioral Health Services virtually hosted informational sessions and solicited community input via a brief survey for community members to hear input on whether to implement or opt out of Laura's Law/AOT. 280 individuals participated in the survey. Nearly

three-quarters of participants indicated that they think Sacramento County should implement Assisted Outpatient Treatment (AOT) (73 percent), 15 percent of participants indicated that they think Sacramento County should opt-out of AOT, and 12 percent of participants indicated that they were neutral or unsure about the decision.

Court Requirements of AOT

AOT is a court-ordered outpatient treatment service for adults, ages 18 years and older, who have a serious mental illness and a history of (a) psychiatric hospitalizations, (b) incarcerations, or (c) acts, threats or attempts of serious violent behavior towards themselves or others. Consumers must first be offered voluntary treatment within the past 10 days. The court cannot order involuntary administration of medications.

Family members, roommates, treatment providers and law enforcement may request an investigation to determine whether the consumer meets criteria. Only the County mental health director or his up to 72 hours. After 72 hours, the or her designee may file a petition with the court. The person named in the petition has a right to a defender appointed by the court.

If a judge finds that the individual meets the criteria, the AOT order would be for a 180-day treatment period, not to exceed 180 days. After 180 days, the director of the AOT program can apply for an additional 180 days of treatment. If the consumer is not compliant with treatment, the consumer can be transported to a hospital and held same hospitalization inpatient criteria such as being a danger to self, others, or gravely disabled.

Sacramento County Behavioral Health Services provides a full array of culturally competent and linguistically proficient mental health services to individuals of all ages. Services include prevention and early intervention, outpatient services, case management services, crisis intervention and stabilization services, and inpatient psychiatric hospitalizations.









There are millions of people...

in the US who struggle daily with dentures. A majority suffer from discomfort as a result of loose or ill-fitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

Now there is a solution to these issues: Implants with "Snap On" Dentures!

Whether you are new to dentures or have worn them for years, a snap on denture is a great solution to uncomfortable chewing and slippery painful dentures. There are several types of snap on dentures available, including snap on partials. If you already wear a conventional denture or partial denture, we can sometimes use your denture to accommodate the snaps to fit on your new dental implants.

If you are interested in learning more about improving your quality of life with an implant retained snap on denture or partial, please contact us for a FREE CONSULTATION today!

Northridge Dental

Formerly Carmichael Dental Group

www.YourCarmichaelDentist.com

916-944-1197

\$1,200.0ff

2 Implants with attachments to a Denture

Offer Expires 5/31/21

Our New Address:

6600 Madison Ave., Ste 4B Carmichael, CA 95608