

# Carmichael Times

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April 15, 2008

## SMUD Opens Hydrogen Fueling Station



The new SMUD solar-powered shaded hydrogen vehicle fueling station was unveiled in a grand opening ceremony on April 1. As the solar panels make electricity, an electrolyzer at the station will use that energy to separate water into hydrogen to make clean fuel for the vehicles. When not being used to produce hydrogen for vehicles, the power produced by the panels, enough to supply about 40 single-family homes will go into the SMUD grid.

The Sacramento Municipal Utility District (SMUD) is taking a bold step into the future of automotive technology. Earlier this month SMUD formally opened a solar-powered hydrogen fueling station for fuel-cell electric vehicles (FCEV).

The station is part of a joint SMUD, BP, Ford and U.S. Department of Energy project to demonstrate FCEVs and generation of hydrogen from renewable sources. The station produces hydrogen onsite using power from the sun produced by a large solar panel array. The hydrogen will be used to fuel SMUD FCEVs and other hydrogen-

powered vehicles in the region. The project is the next step in a nearly two-decade-long effort by SMUD to improve local air quality by advancing alternative-fuel clean transportation, as well as cleaner power sources.

The solar array that powers the production of hydrogen at the station produces 80 kilowatts of electricity. This is equivalent to powering about 40 single-family homes or enough hydrogen for about 14 fuel-cell vehicles. The station is located just west of the SMUD Headquarters building on S Street, and is visible from Highway 50.

As the solar panels make electricity,

an electrolyzer at the station will use that energy to separate water into hydrogen to make clean fuel for the vehicles. The amount of hydrogen produced at the site will be kept low for safety considerations.

The project brings together two clean technologies where SMUD has been a leader and a pioneer: solar power and electric transportation. In the 1980s, SMUD built the first large utility-scale solar array and has since provided solar power options for individual customers. For nearly 20 years, SMUD has been testing numerous clean, alternative-fuel vehicles, mostly electrics, in an effort to help manufacturers bring those vehicles to the market. In fact, the site where the station is located once boasted a smaller photovoltaic array that SMUD installed in the early 1990s to support SMUD's then fleet of battery electric vehicles. SMUD

still operates many battery electric vehicles dispersed throughout the SMUD campus.

One of the core values of the SMUD Board of Directors is environmental protection, which is why, for nearly 20 years, the electric utility has been at the forefront of testing and adapting alternative-fuel vehicles to District business. In addition to the fuel-cell vehicles, SMUD is also testing battery electric vehicles and a plug-in hybrid electric vehicle that gets 100 miles per gallon. SMUD also uses numerous conventional hybrid vehicles as well as several flex-fuel vehicles that can use ethanol fuel or gasoline.

For more information about SMUD's solar-powered hydrogen vehicle fueling station and the use of alternative-fuel vehicles, please visit [smud.org](http://smud.org).

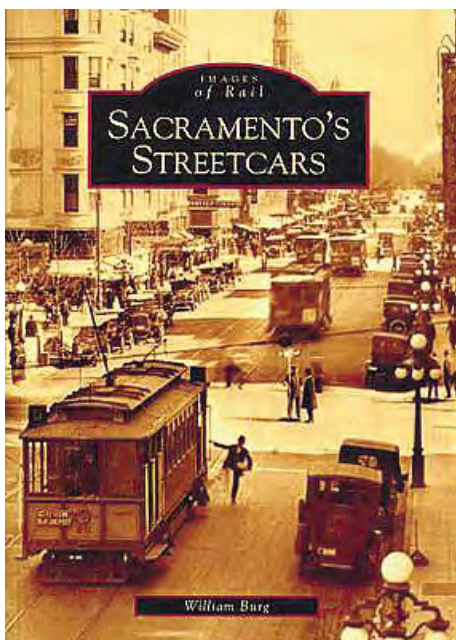
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# Author William Burg to Speak in Sacramento

**Author Bill Burg to be hosted by The Chateau on Capitol Avenue Senior Living Community**

Author Bill Burg will be on hand at the Chateau on Capitol Avenue on Saturday April 19 at 2:00 p.m. to discuss the history of Sacramento's street cars -- including the one that ran right in front of the building. Some of the retirement community's residents will share personal stories of their experiences with this early means of public transportation.

An avid train and history buff, Mr. Burg grew up in Sacramento, worked for more than a decade in Southside Park, and wrote a pictorial history of that neighborhood -- one of Sacramento's oldest and most diverse. He also wrote Sacramento



Streetcars, and will sign the book for those who would like.

Refreshments will be served. Interested seniors are invited to attend. Call 447-4444 to reserve space.

# POPPOFF!

with Mary Jane Popp

## FAT TALK

Obesity has become an epidemic in our country. The Surgeon General told us back in 2001 that more than 61% of adults are overweight...31% obese. Obese means 30% over ideal weight. Kids fare no better at 13%. According to research done in 2002, people overweight at 40 are likely to die at least three years sooner than those who are slim and trim. Would you believe being fat at 40 and beyond is just as bad as smoking for your life expectancy? Dr. William Parsons says it's time for "Tough Talk About Fat"... How to Reach and Maintain Your Ideal Weight. 10 pounds or 100 pounds, you can lose it. "Tough Talk" doesn't scold you for being fat. It teaches us how to get rid of it...all of it!

Dr. P says it works like your bank balance. Take out more than you put in, and it goes down. There are some other incredible edible facts like, don't fret about protein vs. carbs or whatever. Calorie control is everything. Then there's the exercise thing. Although important for fitness, exercise plays a minor role in weight control.

Dr Parsons also put it very bluntly when it comes to books on weight control. There are thousands of ideas out there. According to Dr. P, in the U.S., the weight loss industry is a \$58 Billion business with a 98% failure rate. Encouraging huh!? But Dr P says he is more concerned that obesity is now a major risk factor for Heart Attacks and Diabetes. He added that by wearing out weight-bearing joints, obesity is a major cause of disability. Then there's the big surgery surge movement for morbid surgery. Dr Parsons says it saves lives, but he feels "Tough Talk" can save more.

He gets into a lot of great tips like reducing our eating by 500-700 calories a day can drop 4-5 pounds a month. He goes into tips on how to design your own program to



lose weight, along with special strategies for your weight reduction program like:

- 1) Buy small...not the largest banana, apple, melon, other
- 2) Cook smaller amounts.
- 3) No nibbling while cooking
- 4) Use smaller plates
- 5) Stop eating when you feel satisfied not stuffed
- 6) Leave some food on your plate... contrary to what mother tells you to clean your plate

The list goes on and on, and it's pretty simple reading with basics to follow. Dr Parsons even gets into Legislation Congress should pass for a major attack on the epidemic of obesity.

With the holidays just around the corner, you may want to fortify yourself from the mounds of desserts and taste desires by boning up on "Tough Talk About Fat". You can find all the information you need about Dr Parsons and his books at [www.cholesterolnodiets.com](http://www.cholesterolnodiets.com)... Just a bit of tough talk to make a difference in our life. Happy Eating !!!

Check out the "POPPOFF" Radio show Monday thru Friday on AM-950 KAH10 AM-Noon and Saturday on AM-1240 KSAC 11 AM-Noon for provocative fast-paced informational and entertaining radio listening!

# Carmichael Times

**Publisher - Paul V. Scholl**



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## Give Until It Feels Good

Poor (but rather rich) Heather Mills.

Just because some of her demands for ending her three-year marriage to Paul McCartney seem a little excessive -- \$1 million a year for vacations, \$250,000 for clothes, \$80,000 for wine -- she's being cast as some kind of gold digger.

Hasn't it occurred to anyone that perhaps Mills is using the latest research to make her ex-hubby happy? No?

Well, there's evidence to support this conclusion. According to a recent study, people felt better if they spend money on others rather than themselves. In fact, the study found no correlation between personal spending and personal happiness.

Making McCartney happy has to be Mills' motive. I mean, who needs 80 grand a year for wine, unless you're under doctor's orders to have Dom Perignon at every meal? (Though it is supposed to go well with Cheerios.)

But let's leave Heather with her champagne glass and consider what this exciting new study means for you.

Armed with this knowledge, you could, I suppose, start throwing money around at friends and loved ones to make yourself happy. But there's a problem.

If you spend money on these people, they might be inclined to reciprocate, which would negate your attempt at giving and rob you of your chance at happiness.

How to overcome this problem?

What you need would be someone that recognizes your right to happiness, someone who would make no attempt to shower you with gifts in return.

That would be me. That's right, I'm willing

### Geranium Society Festival and Sale

Saturday, April 26, 2008  
10 a.m. - 3 p.m.  
Carmichael Clubhouse, 5750 Grant Ave.  
Award winning geraniums will be on

to sacrifice to give your life meaning (which it's probably lacking since you're still reading this column).

You see, "receiving" -- and thus making other people happy -- has become the new "giving." And I plan to give till it hurts.

Sure, like many other people, I could be just another "taker" -- giving money away for my own selfish pleasure.

But something inside me says, take the road less traveled; leave the world a better place; it's better to blow out one candle than to burn down the house, etc.

In other words, it's my turn to "give back" to society and to become a Designated Receiver, one who accepts money so that others may experience true happiness.

Now I realize that some of you out there may not want to send me cash, fearing that too much will result in more misery than I can bear.

I understand your concerns and I have a solution: Send me gift cards instead. American Express gift cards, for example, can be redeemed at thousands of locations nationwide.

So go ahead. Send me a check today. You've been denying yourself happiness for too long. You deserve it!

And don't give me another thought. Somehow, I'll get along.

In fact, I'm hoping to arrange a wine-tasting with Heather Mills.

*Write to Don Flood in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mails to [dflood287@comcast.net](mailto:dflood287@comcast.net).*

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display and for sale. The event will include ceramic handmade pots for sale, and free advice on potting and planting geraniums. For more information call Nancy Blair (916) 332-1493 or the District Office (916) 485-5322.

## Prop. 13 has Something for Every Homeowner

By Jon Coupal

Most people are aware that Proposition 13 is a boon to property owners in a rising market. Before Proposition 13, when the prices of homes were going up, property owners cringed at the arrival of the annual tax bill after a house in the neighborhood sold for a record high price. This was because they knew their bill would reflect what the new neighbor was willing or able to pay. Now, because Proposition 13 limits annual assessment increases to two percent, property owners have the security of knowing what their taxes will be from year to year. This has been especially important in recent years that have seen annual double digit inflation in California property values

But what about a declining market? What happens to those who bought at the height of the market and now see their homes have decreased in value by 15 percent or more?

Currently, most of the attention seems to be on those borrowers and lenders who agreed to highly speculative loans -- often interest only -- when the market was strong. The debate goes on in Washington and Sacramento as to whether or not taxpayers should be bailing out those who made bad decisions, now that the housing boom has gone bust.

However, for those who bought recently, using sensible conventional mortgages, and who intend to remain in their homes, there may be some good news in the midst of the housing slump. Because of Proposition 13, these properties likely qualify for a tax reduction.

If you are one of those whose property's market value has declined to less than its taxable value on the assessor's books, you can apply for and likely receive a tax cut. This cut is temporary, but the savings are permanent.

In a number of counties, property owners may not even have to apply to receive a tax reduction. Many assessors are being proactive, automatically reevaluating those homes that were purchased from 2004 to 2007, at the

height of the housing bubble

Recent homebuyers, who do not get a reduction notice and who believe their property has declined significantly in value, should contact the county assessor to request a reduction. Since property values nearly doubled between 2001 and 2006 those properties purchased before 2001 are unlikely to qualify for any reduction since any new lower value will still probably be much higher than the Assessor's valuation for tax purposes.

A good rule of thumb is, if you believe your home would sell today for less than the value reflected on your tax bill, you should apply for a reduction

However, homeowners who receive a tax cut would be wise to keep in mind that when the value of their property goes up again, so can their tax bills. Still, while property owners can be charged less, they can never be charged more in any one year than the maximum allowed under Proposition 13. This can be calculated by increasing the base value (usually the purchase price) by 2% compounded for each intervening year you have owned your home. (Using a compound interest calculator, available on the Internet, will simplify the work.) The maximum property tax liability in any one year is one percent of this total

Finally, the housing slump has prompted some opportunistic companies to contact recent home buyers and offer to file a tax reduction request with the assessor's office in return for a fee, usually a significant percentage of any savings that are realized. However, since the procedure of applying for a reduction is relatively simple and without cost, homeowners should consider doing it themselves.

*Jon Coupal is President of the Howard Jarvis Taxpayers Association -- California's largest taxpayer organization -- which is dedicated to the protection of Proposition 13 and promoting taxpayers' rights.*

# 35¢

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### Amber Waves

by Dave T. Phipps






DAD, I HAD A BAD DREAM. CAN I SLEEP IN YOUR BED?    GREAT, ALL NIGHT I HAVE TO DEAL WITH KICKING & SQUIRMING.    ...NOT TO MENTION STEALING MY COVERS. WHAT COULD BE WORSE?    UH, SORRY... I HAD A LOT OF KOOL-AID AT SUPPER.

# Get Connected at Carmichael Business Expo

## 2008 Carmichael Business Expo - Get Connected!

The Carmichael Chamber of Commerce presents the 2008 Business Expo at the Hillside Center, Wednesday, August 6, 2008 from 10:00a.m. to 6:00p.m. The Carmichael Business Expo gives local businesses a chance to display and demonstrate their products and services for potential customers. The Carmichael Chamber of Commerce is committed to providing quality services and creating opportunities for success for their members. The Carmichael Chamber of Commerce also strives to be a catalyst for economic prosperity within the region. The 2008 Carmichael Business Expo provides a cost-effective means for small to medium size business' to showcase their products and services to numerous prospects.

This year, the Carmichael Business Expo will feature three pavilions; business to business, business to community and community services. The community services pavilion will feature representative from the Sacramento Sheriffs Department, Emergency Services and First Responders, and Metro Fire. The Carmichael Chamber of Commerce expects over 75 top businesses to participate. Michael Fruci, Honorary Mayor and Chairman of the

Business Expo, states "The theme for this year's Business Expo is Get Connected! The Chamber is excited to help businesses grow by connecting business and community in a way everyone benefits."

The Carmichael Business Expo should be a phenomenal success with over 500 people expected to attend. Exhibition Space is limited so hurry and reserve your booth today and be a part of this incredible event. For additional information and sponsorship opportunities please contact the Carmichael Chamber of Commerce at 916.481.1002.

### 2008 Carmichael Business Expo Calendar

Wednesday, August 6, 2008  
10 am to 6 pm  
Hillside Center

6300 Fair Oaks Boulevard  
Carmichael, CA 95608

*Pre-Event Exhibitor Setup:*  
August 5, 2008 - 3:00pm to 10:00pm

*Pre-Event Exhibitor Entry:*  
August 6, 2008 - 8:00am to 9:30am

Show Opens: 10:00am

*BizAdvantage Workshops:*  
10:00am and 2:00pm

*Prize Giveaways:* 5:30pm

*Show Closes:* 6:00pm

*Exhibitor Teardown Begins:* 6:00pm  
*BizConnect after Hours Mixer:* 6:30pm

### Weekly SUDOKU

Answer

9	8	7	5	4	3	2	1	6
5	1	6	2	7	9	3	8	4
4	2	3	8	1	6	9	7	5
7	6	8	3	5	4	1	2	9
1	3	9	6	2	8	5	4	7
2	5	4	7	9	1	8	6	3
6	9	2	1	3	7	4	5	8
3	7	5	4	8	2	6	9	1
8	4	1	9	6	5	7	3	2

### King Crossword

Answers

Solution time: 25 mins.

M	E	T	C	A	D							
S	A	R	A	C	Y	N	I	C				
L	O	G	I	C	A	C	A	C	I	A		
C	H	I	C	K	E	N	L	I	T	T	L	E
D	O	C	L	A	N	E	S	R	O	E		
		V	E	R	Y		B	O	H	R		
M	A	I	D	S	S	A	U	N	A			
Z	O	N	E		L	U	N	G				
I	N	K		Q	U	I	E	T	S	A	M	
P	E	A	N	U	T	B	R	I	T	T	L	E
T	R	E	A	T	Y	Q	U	A	I	D		
A	T	S	E	A		U	N	I	T			
S	I	R				E	E	N				

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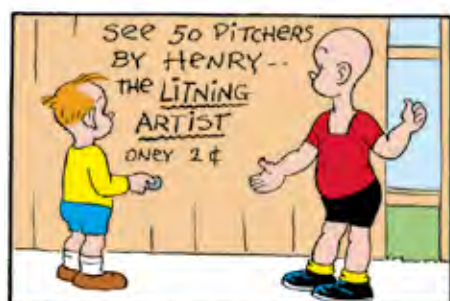
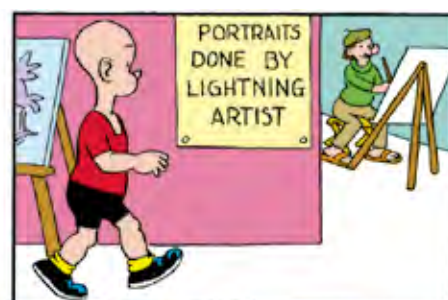
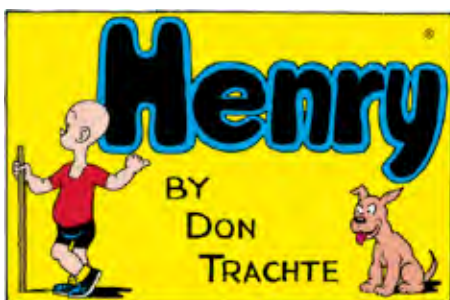
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## A Qualified Mortgage Consultant Can Help Boost Your Credit Scores



**By Karla Hawe**  
Mortgage Consultant  
BWC Mortgage

Consumers interested in purchasing or refinancing a home will pay an interest rate based on current market conditions and their ability to pay back the loan. The borrower's income and debt ratios are taken into consideration by the lender, as well as the predictability factor provided by credit scoring. It's important to have a mortgage professional in your corner that has a keen eye for solutions to improving credit scores in an effort to get the best interest rate possible.

Interest rates associated with various loan programs are broken down into schedules based on credit score ratings. While each lender has its own guidelines, it's safe to assume that as the consumer's credit score goes down, interest rates will go up.

If you have already taken out a mortgage loan with a higher interest rate because your credit score was a little under par, you will really appreciate the value in doing a little work to improve your credit score. Refinancing from a loan you received when your credit scores were low to a loan with high credit scores, can save you literally thousands of dollars in financing fees over time.

A qualified mortgage consultant, such as myself, will guide you through the nuances of the process of improving your credit score to refinance and save money. First and foremost, I would want to review the terms of the existing mortgage loan to determine if you have a pre-payment penalty clause written into your contract. If you were to sell the home or try to refinance before the pre-payment penalty expires, you would most likely have to pay a 3 percent fee back to the lender to compensate for the high risk and cost incurred to provide that financing.

There are five factors that make up the credit score and I can coach you through some basic strategies to improve your credit score. Once your credit scores have improved, it's time to refinance at a better interest rate.

It is important to work with a mortgage consultant who can give you a roadmap to follow and a strategy for success in building personal wealth. Please feel free to call me for a free credit consultation. You can contact me, Karla Hawe at 916-923-5900 or karlah@bwcmtg.com.



# Riley Reviews

By Tim Riley

**SCREWBALL COMEDY TRYING HARD TO SCORE IN "LEATHERHEADS"**

### LEATHERHEADS (Rated PG-13)

The baseball season has just gotten underway, but George Clooney, as the director and star, is tossing his best pitch for the football-themed screwball comedy "Leatherheads." Should we view this movie as brilliant counter-programming or an elusive "Hail Mary" attempt to score at the box office? Upon closer inspection, for a sports story written by veteran "Sports Illustrated" writers Duncan Brantley and Rick Reilly, "Leatherheads" comes up short on even the most basic insights into the early days of pro football.

The premise of the comedy is ripe with possibilities. Set in 1925, "Leatherheads" develops its story amidst the struggling efforts to turn football into a professional sport. The nation was riveted by the allure of college football. The men who played football as adults were mostly crude, rough, and foul-mouthed farmers, factory workers and coal miners, playing at nearly empty venues in front of loud, drunk fans who could not conceive of paying top dollar to attend an event. George Clooney's Dodge Connelly is the aging player-coach of the Duluth Bulldogs, a ragtag bunch who have to forfeit a game when their only pigskin turns up missing. Even worse, the team is so cheap the players have to shower in their uniforms to save on laundry bills.

After the Bulldogs lose their sponsor and the entire league faces collapse, Dodge convinces agent CC Frazier (Jonathan Pryce) to secure his rising college football star, Carter "The Bullet" Rutherford (John Krasinski), in order to rejuvenate pro football. A dashing war hero who mythically managed to force a platoon of German soldiers to surrender in World War I, Carter is a photogenic charmer whose handsome mug adorns advertisements everywhere. A deal with the golden-boy football star seems a sure bet to lift everyone's fortunes.

The football champ looks almost too good to be true, and spitfire journalist Lexie Littleton (Renee Zellweger) snags a big assignment from her editor at the Chicago Tribune to dig deep into the Carter Rutherford legend. There's reason to believe that Carter's war heroics aren't nearly in the same league with Sergeant York's daring exploits. So Lexie hooks up with the Duluth Bulldogs to follow the team on the road, and promptly ends up in an odd romantic triangle with Carter and Dodge. That may be overstating the case, because Lexie

snuggles up to Carter in pursuit of her story, while Dodge is the one she clashes with in the kind of sharp banter that recalls screwball comedies of the 1930s.

For a sports-oriented movie, "Leatherheads" spends too much time focused on the romantic comedy angle, tossing in plenty of slapstick and screwball antics that have little to do with football. However, Dodge, Lexie and Carter are interesting characters in the give-and-take of their own agendas. Regrettably, the film glosses over the origins of pro football and virtually ignores the scandalous nature of how the game was once played. On more than one occasion, there are references to colorful yet questionable football plays, but the audience is left wondering what exactly will be banned when a new commissioner of football establishes a set of well-defined rules.

Nicely photographed and evocative of a bygone era, "Leatherheads" is a pleasure to watch, and not just for the scenery. Maybe the film doesn't score a touchdown, but George Clooney and Renee Zellweger make excellent combatants in the screwball comedy department. The breezy dialogue is a real treat. By the way, it's troubling that John Krasinski's war hero is still in college about seven years after World War I ended. Despite some grievous flaws in logic, the film still delivers plenty of laughs and an enjoyable entertainment.

### DVD RELEASE UPDATE

Keeping up with your favorite TV series when episodes are released on DVD is an exercise in a serious financial commitment. If a popular program runs for a decade, it becomes pricey to buy each season separately. "Perry Mason" aired for nine seasons, followed by many years in syndication. Fortunately, the release of "Perry Mason 50th Anniversary Edition" allows for an affordable viewing of 12 exceptional episodes of Raymond Burr in the title role of defense attorney Perry Mason, assisted by Barbara Hale as his beautiful and trusted secretary Della Street and debonair William Hopper as detective Paul Drake. This four-disc collection follows the amazing trio as they crack impossible cases and uncover the truth every time. Great guest stars include Robert Redford, James Coburn, Adam West, Burt Reynolds, Leonard Nimoy, Dick Clark and Ryan O'Neill. As to be expected, there are plenty of bonus features, including cast interviews and Raymond Burr's initial screen tests.

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# Solar Energy for Homeowners

## Free Workshop

**Date:** Saturday, May 17

**Time:** 10 a.m. - Noon

**Location:** SMUD Customer Service Center, 6301 S Street, Sacramento

**Questions:** Contact: Jodi Newman Cordone [jnewman@smud.org](mailto:jnewman@smud.org)

This workshop will introduce you to SMUD's program that helps you generate your own power from the sun. The session will

include an overview of photovoltaic (solar) technologies, system design fundamentals, the economics of solar power, and tips on how to choose the right contractor for your project.

The workshop is free. Class size is limited and pre-registration is required.

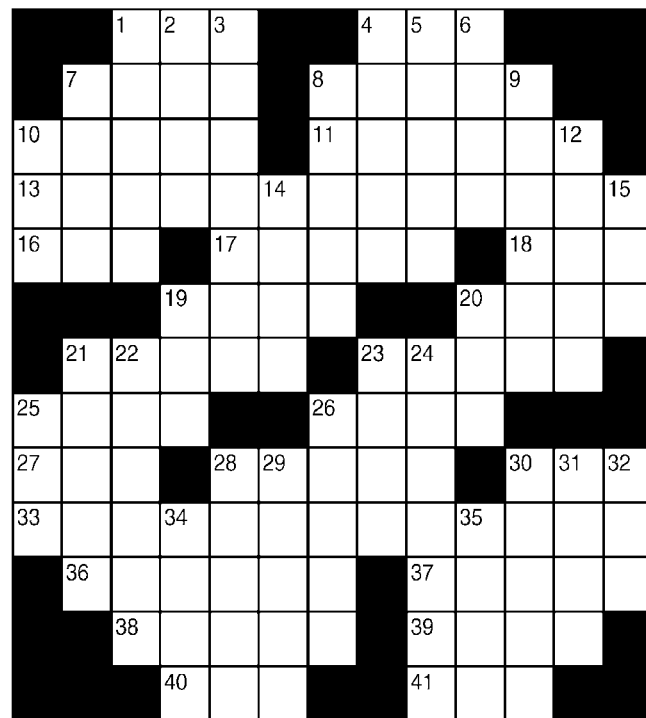
Customers can register online at: [smud.org](http://smud.org), e-mail [etcmal@smud.org](mailto:etcmal@smud.org) or call 916-732-6738.

# King Crossword

Answers on page 4

## ACROSS

- 1 Was introduced to
- 4 Scoundrel
- 7 Poet Teasdale
- 8 Nonbeliever in altruism
- 10 Sense
- 11 Gum arabic
- 13 Falling sky fearer
- 16 Happy companion?
- 17 Bowlers' mecca
- 18 Fish eggs
- 19 Quite
- 20 Physicist Niels
- 21 Hotel staffers
- 23 Dry-heat bath
- 25 Region
- 26 Breather?
- 27 Cartoonist's supply
- 28 Hushed
- 30 America's Uncle
- 33 Candy often in thin sheets
- 36 Pact
- 37 Randy or Dennis
- 38 Bewildered
- 39 One
- 40 Knight's address
- 41 Still, in verse



## DOWN

- 1 Legerdemain
- 2 Idle or Clapton (Abbr.)
- 3 Stopped the ballcarrier
- 4 Recurring sequence of events
- 5 Diarist Nin
- 6 Ref. bk.
- 7 Manhattan neighborhood
- 8 Shrewd
- 9 Small kin of the
- 10 Fraction adder's find
- 12 Wahine's greeting
- 14 Dumbo's "wings"
- 15 Always
- 19 Compete
- 20 Computer invader
- 21 "Haystacks" painter
- 22 Turkey's capital
- 23 Litigant
- 24 It's nothing new
- 25 Energy
- 26 Tripoli's land
- 28 Somewhat (Pref.)
- 29 Say
- 30 Dry cleaner's concern
- 31 Settled down
- 32 Dr.'s field
- 34 Trawler gear
- 35 Melody

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**PUBLIC NOTICE**

**SMUD Asks Customers to Comment on Proposed Hydro Generation Adjustment**

SMUD is holding four public meetings with customers to discuss the need for a proposed Hydro Generation Adjustment (HGA) to begin in 2009.

SMUD owns and operates the Upper American River Project (UARP), a 688-megawatt hydroelectric facility that accounts for 15 percent of SMUD's energy supply. During wet years the UARP can reduce SMUD's power costs by tens of millions of dollars, but during dry years SMUD can see a significant increase in purchase power costs.

To better manage the year-to-year fluctuations in power costs, an automatic rate-adjustment mechanism designed to pass on to customers changes in power costs related to dry weather is being proposed.

With the HGA, customers would see a credit on their bill after wet hydro years and a charge after dry hydro years. The fluctuation in costs would be limited to a maximum percentage up or down to be passed through to customers.

A community meeting, two public workshops and a public hearing will be held at the SMUD Headquarters Building, located at 6201 S Street, Sacramento.

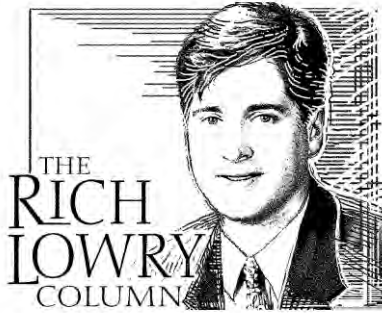
- April 14, 6:00 p.m. Public Workshop**
- April 16, 9:00 a.m. Public Workshop**
- April 28, 6:00 p.m. Community Meeting**
- May 1, 6:00 p.m. Public Hearing**

For information about SMUD's proposed Hydro Generation Adjustment and a copy of the General Manager's Report and Recommendation, visit [smud.org](http://smud.org). Copies of the report are available at all Sacramento County Public Libraries.

Accommodations are available for disabled individuals. If you need a hearing assistance device or other aid, or have a specific rate question, please contact Rob Landon, Pricing & Rates Department, SMUD, P.O. Box 15830, MS A451, Sacramento, CA 95852-1830 or at [rlandon@smud.org](mailto:rlandon@smud.org) or (916) 732-6302.



# Return of Inflation?



Beneath the headlines of Wall Street's financial crisis lurks the economic killer for ordinary Americans -- inflation.

It steals from the pocketbook of every American consumer, in an across-the-board regressive tax hitting especially hard those who spend most of their income on food and energy. It cuts into profits and washes away savings. And it has a self-perpetuating dynamic -- once people become habituated to inflation, it's devilishly hard to stamp out.

During the past year, the Consumer Price Index -- the so-called headline inflation rate -- has increased more than 4 percent. The Producer Price Index, measuring wholesale prices, is up more than 6 percent, and the price of imports is up 14 percent -- both at their highest rate in 20 years. The dollar is its weakest since 1971, a national embarrassment.

This is an economic environment that the Federal Reserve helped create. It fought a phantom deflation in 2002-2003 by cutting the federal funds rate to 1 percent and keeping it there for a year, blowing hot air into the credit and real estate bubbles. Now that those bubbles have burst in spectacular fashion, the Fed is trying to forestall or minimize a recession with more rate cuts.

In effect, the Fed is creating more dollar bills, and thus depreciating their value. This isn't the sole cause of price increases. An ill-conceived ethanol program has driven up food prices, and global demand is bidding up the price of oil. But oil wouldn't be at \$100 a barrel if the dollar weren't so weak. The Fed's rate cuts benefit Wall Street by lowering the cost of borrowing and potentially homeowners with adjustable-rate mortgages, but at the cost of everyone

else who wasn't improvident in business dealings or home-buying.

Lower- and middle-income people bear the brunt. An analysis by The Washington Post found that prices for staples like groceries, gasoline and health care have risen 9.2 percent since 2006. According to its calculation, this price increase cost a middle-class family an extra \$972 annually. Merrill Lynch says a greater proportion of consumers' disposable income went to paying for such staples -- 36 percent -- than at any time since the figure was first tracked in 1960.

The Fed argues that inflation will decline as the economy slows down. But the economy has already been slowing, and inflation has continued to increase. The price of commodities took a step downward only after the Fed didn't cut rates as much as expected last month, and two members of the Fed's Open Market Committee, worried about inflation, balked at even that cut. The Fed is going to have to stop cutting rates, even if Wall Street and Washington politicians yelp in protest.

We're unlikely to experience anything like the double-digit inflation of the 1970s. Among other things, workers don't have the kind of automatic cost-of-living increases that sent wages and prices in an ever-upward spiral back then. But the Fed shouldn't abandon price stability in the cause of an hour-by-hour attempt to avoid the inevitable distress of working through the excesses of recent years.

The market is a savage taskmaster. It's pay me now, or pay me more later -- when inflation would make it all the more painful.

*Rich Lowry is editor of the National Review.*

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## real estate auctions



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ELVERTA, CA - 8355 Rasmussen Cr  
3BR 2BA 1,080sf +/- Built 1981. Approx. .21ac lot.  
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Inspections: 1-4pm Sun. Apr. 13th & 20th and 2hrs prior to sale

SACRAMENTO, CA - 1444 Rene Ave  
Land. Lot only. Taxes approx \$1066 ('07). Del Paso Manor subdivision. Grant.  
**Opening Bid: \$1,000**  
Inspections: 1-4pm Sun. Apr. 20th and 2hrs prior to sale.

SACRAMENTO, CA - 4639 Oakhollow Drive  
3BR 2BA 1,003sf +/- Built 1963. Approx. .12ac lot. Taxes approx \$3506 ('07).  
**Opening Bid: \$25,000**  
Inspections: 1-4pm Sun. Apr. 20th and 2hrs prior to sale.

Above properties sell: 5:45pm, Mon., Apr. 21st at 8355 Rasmussen Cr, Elverta, CA

### Other Area Auctions

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9189 BUNGALOW WAY  
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SACRAMENTO  
3269 8TH AVENUE  
3341 40TH ST  
4345 48TH ST  
65 BRENTFORD CIR  
7643 MEADOWSTONE DR  
9417 HALIDON WAY

EL DORADO HILLS, CA - 3671 Archetto Drive  
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SACRAMENTO, CA - 9937 Burline St  
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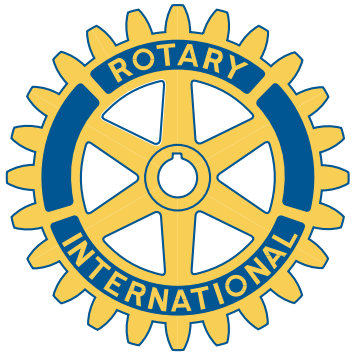
Above properties sell: 8:00am, Tue., Apr. 22nd at 3671 Archetto Drive, EL DORADO HILLS, CA

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# Rotary Clubs to Implement Service Project on Saturday, April 26, 2008



Rotary International's District 5180, which directs Rotary Clubs throughout the Sacramento Valley will be joining other Rotary Districts worldwide in a mass, community volunteerism event known as "Rotarians at Work Day." On Saturday, April 26, 2008 thousands of Rotarians will conduct service projects benefiting their respective communities and neighborhoods, including renovating, reading/tutoring, fundraising, building, cleaning, clearing and collecting, among many other activities. To date, almost 1,200 Clubs are organizing 4,000 volunteers to conduct over 120 projects throughout the world - with over 20 service projects taking place in Rotary's District 5180/ Sacramento Valley.

In District 5180, the following Rotary Clubs will be implementing such projects as (in alphabetical order by location):

- Carmichael: Bench Installation at William B. Pond Recreation Area.
- Fair Oaks: Improve Football Field Logo,

Reconnect Sprinklers, Replace Groundcover, Clean Up Excess Weeds, Maintenance.

- Folsom: Helping to Build Dog Park with Shade Structures & Benches.
- Folsom: Helping to Build Homes for People in Peru Displaced by the recent Earthquake disaster.
- Gold River: Helping Memory Care Patients Plant Flowers at Eskaton Village.
- Orangevale: "Kids Korner" Preschool Upgrades including Painting, Building a New Storage Shed, Repairing Fences, etc.
- Roseville: Clean, Plant, Remove Non-native Plants & Clear Mahaney Park & Adjoining Preserved Greenbelt.

Rotary International's District 5180 is made up of 39 Rotary Clubs which are all dedicated to philanthropy, community leadership, and service activities that benefit individuals, organizations and programs within the Sacramento Valley, as well as nationally and internationally.

Guests, friends, neighbors and those interested in Rotary International, are invited to join the District 5180 volunteers as they execute the aforementioned projects. Please check the "Rotarians at Work" website to find contact information for various Club representatives: <http://www.rotariansatwork.org>.

#### FOR FURTHER INFORMATION:

Please check the Rotary District 5180 website at: <http://www.rotary5180.org>.

# Travel with Judy

## Top of the Mark



by Judy M. Zimmerman

### Many Memories Began at the Legendary Top of the Mark

It was World War II that gave the glass-walled cocktail lounge at the Top of The Mark (the Mark Hopkins Hotel) at One Nob Hill its reputation as a famous San Francisco landmark

During the war years it was a favorite spot for Pacific-bound servicemen to enjoy their last liberty before shipping out. As their ships sailed below the Golden Gate, anxious wives and sweethearts gathered in the northwest corner of the lounge to watch them go, earning that section of the lounge the nickname, "Weepers' Corner."

Tradition has it that when things got really tough on the Pacific fronts, soldiers would pledge to one another that, "We're going

to make it through this, and I'll buy you a drink at the Top of the Mark." Those who returned would ask the bartender for their unit's squadron bottle (usually bourbon).

"Once a serviceman signed his name on the label, he could drink from the bottle for free," explained bartender Hank Cancel, a former bartender at the lounge. "There was only one catch: The man who took the last drink was required to buy a new bottle."

There was also a notebook registry for each squadron's bottle. A serviceman would sign his name and date, one unofficial way of keeping track of who made it back.

"Sometimes it was sad," Cancel said. "One guy told me that when he returned, he was the only one who had signed the registry, so he assumed everyone else in his squadron had died in battle."

Although the squadron bottles are long gone from the legendary sky-bar and there are no more free drinks, many service personnel have passed on their memories to the next generation.

Today, the Top of The Mark, with its panoramic vista of San Francisco, is a place where many come from near and far to celebrate and enjoy good times. It offers breakfast and lunch on Mondays through Saturdays, dinner on Fridays and Saturdays, and brunch on Sundays. Famed for its 100 Martini's Menu, it is open every evening for cocktails.

R.F.D.

by Mike Marland



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Focus on the Family	10:00 am
Money Matters	2:30 pm
Distinctives	2:00 pm
Bayside Live	4:30 pm
The Eric Hogue Show	5:00-7:00 pm

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# It's a Win-Win Situation

On Wednesday, April 30, 2008, nearly 300 junior high and senior high school students are skipping class, but they won't be in trouble with the law for being truant. Even their teachers are skipping school. It's all for a good cause. It's the 21st Annual Victory Christian School Work Day. Students and staff will fan out across the Sacramento region for a day of community service. They will put down their books and pick up rakes, shovels, and paint brushes.

This year, Work Day locations include community parks, a convalescent home, and homes of elderly residents.

For Work Day students secure sponsors to pay an hourly wage for the work they

complete. Monies collected go to support the school. This year's goal is \$25,000.

"Our students understand what it means to give back to their community," says Development Coordinator, Linda Melody. "It's a win-win situation. They help the school and the community at the same time. Everyone wins."

For more information, contact:

Linda Melody  
Development Coordinator  
Victory Christian Schools  
3045 Garfield Avenue  
Carmichael, CA 95608  
916-488-5601 ext. 116  
lmelody@victorycs.org

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# New Date for Chamber Golf Tourney, June 2

If you don't know I have a passion for the needs of the youth in our community. Because of this passion last year the Chamber and the North Area Teen Center have come together to do a benefit golf tournament to aid the teen center as well as the Chamber. Pat Walsh of KFBK the Sports Guy has come on board this year again and this year will be bringing some of his fellow sports casters and some sports figures to join in this year's We Care About Our Kid Golf Tournament. We hope to have 80 plus golfers to join us at Ancil Hoffman Golf Course on Monday June 2, 2008. We will be seeking sponsors and raffle prizes and hope we can count on our chamber Family to support this event in any way they can. So if you golf save the day and if want to help in any way contact the Chamber office or contact Jim Vargas @ 335-0804. thank you for your support.



## Cruisin' By Greg Zyla

### Radials vs. Bias Ply

**Q:** Greg, I have a '66 Plymouth Fury III convertible. The previous owner put P255/75R-14 steel-belted tires on it, and although I have had no problems, I've heard you should not put radials on older wheels as they can sometimes cause breaks or cracks.

Since my wheels were not designed for radials, can you recommend a good replacement that will allow use of my original hubcaps? Also, what was the original tire size for my Fury? – Jim E., West Plains, Mo.

**A:** Jim, the professional tire people I spoke to all said if your wheels were going to break, they already would have.

Two tire specialists in Pennsylvania said they had never seen wheel cracking on a car like yours because radials were installed. However, one of them did say he had seen a few problems on cars older than yours.

I next spoke with Laura at Coker Tire, known nationwide as the No. 1 source of tires and wheels for collector cars. She agreed that some tires can break an already weakened wheel when an owner switches from bias ply to radial tires. She said radial tires put more stress on a wheel, as they run in a "side to side" motion.

Laura said she can either recommend a bias ply for your wheel, or a wheel for your radials if it would make you sleep better at night. I gave her your address and she is sending you a catalog. Laura also said your Fury II came from the factory with 735x14 bias ply on the six-cylinder model, and 775x14 on the V-8.

Contact Coker Tire at 1-866-513-2744, or visit its Web site at [www.cokertire.com](http://www.cokertire.com).

*Write to Greg Zyla in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send an e-mail to [gzyla@ptd.net](mailto:gzyla@ptd.net).*

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# FBI & Detectives Seek Information on Robbery



On April 9, 2008, the US Bank branch located inside the Safeway Supermarket, 3320 Arden Way, Sacramento, California, was robbed. The robbery occurred at approximately 10:30 a.m. when a lone male approached the teller's counter and handed the teller a note demanding money. No weapon was seen and shortly after making his demand the robber exited the bank. Investigation has revealed that the bank robbery suspect was accompanied by a second individual who did not approach the teller counter. Following the robbery both males were observed leaving the supermarket together. No description of a getaway vehicle was available.

The robber is described as a black male, 22 – 30 years of age, 6'1" to 6'2" and approximately 200 - 230 lbs. The robber wore a black shirt and a red Houston

Astros baseball cap.

The second individual is described as a black or Hispanic male, 22 – 30 years of age, shorter in height with a thin build. The second individual wore a white or gray sweatshirt with the hood over his head.

The Sacramento Violent Crimes Task Force, comprised of FBI agents and Sacramento County Sheriff's Department robbery detectives, are seeking information on this unidentified male bank robber. Anyone with information regarding this robbery is asked to contact the FBI in Sacramento at (916) 481-9110, the Sacramento Sheriff's Department at (916) 874-5115 or Crime Alert at (916) 443-HELP. Callers can remain anonymous and may be eligible for a reward of up to \$1,000.00.



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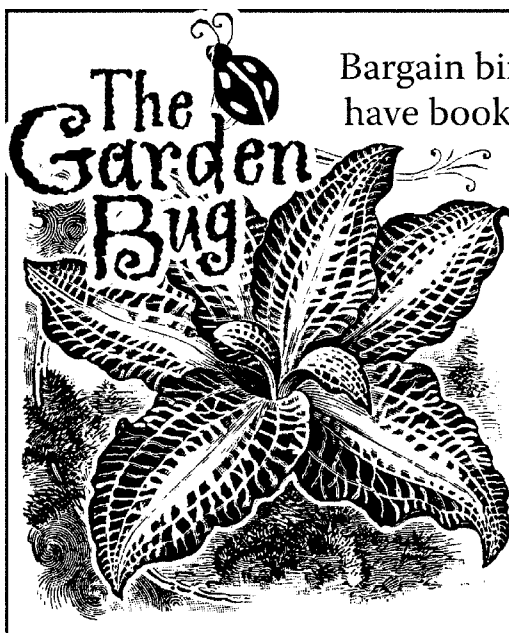
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FICTITIOUS BUSINESS NAME STATEMENT #0802579. Charles Ewers and Kristen Ewers, both of 6205 Kiernan Dr., Carmichael, CA 95608 are doing business under the Fictitious Business Name "CPK Enterprises" at 6205 Kiernan Dr., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on March 6, 2003. Publish: March 25, April 1, 8, 15, 2008.  
 CPKENT 80304 4-15-08

FICTITIOUS BUSINESS NAME STATEMENT #0801860. Taylor Lynn Schaub, 4789 Manzanita Ave. #14, Carmichael, CA 95608 is doing business under the Fictitious Business Name "The Clean Team" at 4789 Manzanita Ave. #14, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on Feb. 19, 2008. Publish: March 25, April 1, 8, 15, 2008.  
 THECLE 80304 4-15-08

FICTITIOUS BUSINESS NAME STATEMENT #0802830. Dextrys, Inc., 201 Edgewater Dr., Wakefield, MA 01880 is doing business under the Fictitious Business Name "DarwinSuzsoft" at 201 Edgewater Dr., Wakefield, MA 01880. Filed with the Clerk of Sacramento County on March 12, 2008. Publish: March 25, April 1, 8, 15, 2008.  
 DARWIN 80304 4-15-08

FICTITIOUS BUSINESS NAME STATEMENT #0802571. Maria L. Jasso, 6859 Trovita Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "Jose's Gardening" at 6859 Trovita Way, Citrus Heights, CA 95610.

Filed with the Clerk of Sacramento County on March 6, 2008. Publish: March 25, April 1, 8, 15, 2008.  
 JOSESG 80304 4-15-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-0006480-CU-PT-GDS WHEREAS, Crystal Erin Szymanski has filed a petition with this court for a decree changing name of Crystal Erin Szymanski to Crystal Erin Barrett. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2 p.m. on May 8, 2008 in Dept. 53, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: March 20, 2008.

Loren E. McMaster  
 Judge of the Superior Court  
 Loren E. McMaster  
 Publish: April 1, 8, 15, 22, 2008.  
 SZYMAN 80401 4-22-08

FICTITIOUS BUSINESS NAME STATEMENT #0803697. Donald E. Turner, 2512 Mission Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Don Turner En-

terprises" at 2512 Mission Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on March 31, 2008. Publish: April 8, 15, 22, 29, 2008.  
 DONTUR 80402 4-29-08

FICTITIOUS BUSINESS NAME STATEMENT #0803397. Kayak Software Corporation, 2980 Bowers Ave., Santa Clara, CA 95051 is doing business under the Fictitious Business Name "SideStep, Inc." at 27 Ann St. #300, Norwalk, C 06854. Filed with the Clerk of Sacramento County on March 25, 2008. Publish: April 8, 15, 22, 29, 2008.  
 SIDEST 80402 4-29-08

FICTITIOUS BUSINESS NAME STATEMENT #0803694. National Audubon Society, Inc., 700 Broadway, New York, NY 10003 is doing business under the Fictitious Business Name "Audubon California" at 76 University Ave. #200, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on March 31, 2008. Publish: April 8, 15, 22, 29, 2008.  
 AUDUBO 80402 4-29-08

FICTITIOUS BUSINESS NAME STATEMENT #0803167. Top Performance Auto Service Inc., 5940-B Don Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Top Performance Auto Service Inc." at 5940-B Don Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on March 19, 2008. Publish: April 8, 15, 22, 29, 2008.  
 TOPPER 80402 4-29-08

FICTITIOUS BUSINESS NAME STATEMENT #0802950. James K. Laicovsky, 5100 Walnut Place Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Names "JKL Construction; JKL Design-Build" at 5100 Walnut Place Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on March 14, 2008. Publish: April 8, 15, 22, 29, 2008.  
 JKLCON 80402 4-29-08

FICTITIOUS BUSINESS NAME STATEMENT #0803691. Anatoly Kitsen, 8243 Scarlet Oak Circle, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "I&T Transport" at 8243 Scarlet Oak Circle, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on March 31, 2008. Publish: April 8, 15, 22, 29, 2008.  
 I&TTRA 80402 4-29-08

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2008-00007684-CU-PT-GDS WHEREAS, Yvonne M. Rees has filed a petition with this court for a decree changing name of Yvonne M. Rees to Beth Yvonne Rees. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9 a.m. on May 29, 2008 in Dept. 54, located at 800 9th St., Third Floor, Sacramento, Ca 95814 and show cause, if any, why the petition for change of name should not be granted. IT IS FURTHER ORDERED that a copy of this order to show cause

be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: April 4, 2008.

Shelleyanne W.L. Chang  
 Judge of the Superior Court  
 Publish: April 8, 15, 22, 29, 2008.  
 REES 80402 4-29-08

FICTITIOUS BUSINESS NAME STATEMENT #0803821. David Michael Thomas, 5853 Sutter Ave. #3, Carmichael, CA 95608 is doing business under the Fictitious Business Name "All Pro Painting" at 5853 Sutter Ave. #3, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on April 2, 2008. Publish: April 15, 22, 29, May 5, 2008.  
 ALLPRO 80403 5-5-08

FICTITIOUS BUSINESS NAME STATEMENT #0803825. E85, Inc., 263 McLaws Circle, #100, Williamsburg, VA 23185 is doing business under the Fictitious Business Name "85E" at 263 McLaws Circle #100, Williamsburg, VA 23185. Filed with the Clerk of Sacramento County on April 2, 2008. Publish: April 15, 22, 29, May 5, 2008.  
 85E 80403 5-5-08

FICTITIOUS BUSINESS NAME STATEMENT #0803783. Troy Emmett, 5401 Valhalla Dr., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Sierra Pacific Fence & Deck Co." at 5401 Valhalla Dr., Carmichael, CA 95608. Filed with the Clerk of Sacra-

mento County on April 2, 2008. Publish: April 15, 22, 29, May 5, 2008.  
 SIERRA 80403 5-5-08

FICTITIOUS BUSINESS NAME STATEMENT #0803654. Dean S. Sault, 6823 Oaklawn Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "American Writers Publishing Company" at 5800 Jameson Ct. #5, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on March 31, 2008. Publish: April 15, 22, 29, May 5, 2008.  
 AMWRIT 80403 5-5-08

FICTITIOUS BUSINESS NAME STATEMENT #0803924. Morrison Home Funding, LLC, 555 Winderley Place #340, Maitland, FL 32751 is doing business under the Fictitious Business Name "Taylor Morrison Home Funding" at 1180 Iron Point Rd. #100, Folsom, CA 95630. Filed with the Clerk of Sacramento County on April 4, 2008. Publish: April 15, 22, 29, May 5, 2008.  
 TAYLOR 80403 5-5-08

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## Community Events



**Karine Lyon, new Grand Marshal**

**Shriners Hospitals Concours d'Elegance Celebrates 15th Anniversary With A Showcase of the Exotic and the Classic**

A Concours d'Elegance is a show of vehicles that are judged on their elegance and pristine condition. Take a stroll throughout Mather Field in Rancho Cordova as you view the showcase of Shriners Concours d'Elegance's extraordinary classic and vintage automobiles, boats, motorcycles and bicycles. Shriners Concours d'Elegance provides an opportunity to view the "best of the best" in world class automobiles. Join us in celebrating this year's marquee: Jaguar, Corvette, Alfa Romeo, and the 100th year of the Model T.

The Concours is also proud to announce Karine Lyon as their Grand Marshal (see photo at right).

Karine Lyon is a proud owner of a classic '47 Chrysler Town & Country convertible in addition to vintage wooden boats and has a passion for children.

Sure to provide fun for the kids is Home Depot's booth where they can make wooden crafts, even toy cars. Of course, the antics of the Keystone Cops are always fun for all! A quartet provided by The Sacramento Youth Symphony along with additional live music, food, and booths make this an event not to miss.

[www.CarmichaelTimes.com](http://www.CarmichaelTimes.com)

One hundred percent of the proceeds benefit Shriners Hospitals for Children Northern California in research and patient care.

**Events:**

**Thursday, April 24**

Prelude d'Elegance, Town & Country Village Collections, Sacramento 6 - 8:30 pm  
 Free for viewing, \$10 for wine tasting

**Friday, May 16**

Race of the Century (Cal Expo) 5:00 - 10:30 pm  
 Highlight of the event is the exhibition race between a Model T and a horse and sulky.

**Saturday, May 17**

Tour d'Elegance (starting at Shriners Hospitals for Children) 9:00 am - 3:00 pm

**Saturday, May 17**

Grand Marshal's Reception & Wine Tasting (Shriners Hospital) 6:30 - 8:30 pm / \$50 per person

**Sunday, May 18**

Shriner's Hospitals 15th Concours d'Elegance (Mather Field, Rancho Cordova)

Time: 10:00 am - 4:00 pm - Awards Ceremony 3:00 pm  
 Admission: \$15, children 12 & under free

A local private school (Anchor Education, Inc.) is looking for community support to help raise needed funds to better serve its students. Anchor Education, is asking for donations of old cars, trucks, or vans, with free towing included. The vehicle may be running or not, and you may take a charitable tax deduction.  
 Call Toll Free at 1-800-240-6865 or 1-888-618-8111.

An aging king tries to keep his kingdom intact in spite of the machinations of his three sons and estranged wife in Magic Circle Theatre's production of the comedy *The Lion in Winter*, opening March 28.

Rodger Hoopman (Scrooge) stars as King Henry, determined to keep his lands and rule intact after his death. But which of his three sons should follow him?

Richard the Lionheart (Dean Shellenberger), Geoffrey (Simon Hunt) or John (Eric Bellah)? Like any head of the house (royal or not), he learns his decisions have little weight up against the opinions of his wife, Eleanor (Debra Hammona), his mistress Alais (Zoe Garcia), the boys themselves, or even King Phillip (David Garrison).

Director Rosemorie Gerould guides this family get-together through intrigue, double-crossings, backstabbing and surprises with a brilliant script by James Goldman.

Basically, just another family Christmas.

*The Lion in Winter* will play Friday and Saturday evenings at 8:00 p.m. and Sunday afternoons at 2:p.m., March 28 through April 26, in the Tower Theatre, 421 Vernon St., Roseville. Tickets are \$22 for general admission, \$20 for seniors and students, \$12 for children 11 and under. Call 782-1777 for tickets.



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**Weekly SUDOKU**

by Linda Thistle

Answers on page 4

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ★★**

★ Moderate    ★★ Challenging  
★★★ HOO BOY!

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# Walter Family to Host Charitable Golf Tournament in Memory of Family Members Lost to FTD-Picks

## Proceeds to Benefit AFTD's Research for a Cure



The Walter Family will be hosting the First Annual Quest for the Cure Golf Tournament on Monday, April 28th at Catta Verdera Country Club in Lincoln, CA. The charitable golf tournament will honor the memory of their five family members that were taken by Frontotemporal Dementias-Picks disease (FTD-Picks) and will raise funds for AFTD's Research for a Cure.

The Walter Family has had more than its share of challenges with FTD-Picks disease. In 2006, Beth Walter's husband, Mike passed away at the age of 59 after being diagnosed only four years earlier. His older brother Phillip (62), passed away before him in 2004, his younger brother Steve lost his life at the age of 57 in 2007. Preceding them, their mother Mary, and Aunt Peggy also lost their lives. All three brothers committed themselves to the research taking place at the National Institute of Health and at UC San Francisco Memory and Aging. Now, the family left behind is determined to continue to fight for answers, and hopefully a cure, to this terrible affliction.

The youngest of the three brothers Steven was a resident of Carmichael for 40 years graduating from Del Campo High School

in 1968. He also attended American River College and graduated from California State University Sacramento in 1976. As a young man he worked for Crestview Shopping Center and the Crestview Apartments. In 1974 he married, remaining in Carmichael to raise his family.

FTD-Picks disease is a progressive neurological disorder closely associated with ALS (Lou Gehrig's Disease). Often originally mistaken as Alzheimer's, this disease robs its victims of the ability to function in everyday life. It strips the very core of reasoning, decision-making, and personality usually resulting in bizarre behaviors and often life-altering events and ultimately robs the body of its ability to function.

"Michael, Steve and Phil all gave of their time and ultimately their beings to the research programs at the National Institute of Health and the University of California San Francisco Memory and Aging Center," said Beth Walter, founder of the Walter Charitable Fund. "We have no doubt that their participation provided invaluable information to the researchers and now we, their families, are committed to continuing their goal of finding treatment and ultimately a cure so no other families need to experience the tragedy that is FTD-Picks disease." In the case of the Walter family, the disease also appears to be familial. Walter said, "The research unfortunately can't help the brothers, their mother or Aunt. It can however help future generations and others who will be touched by this debilitating disease."

With this goal in mind, the Walter Family Charitable Fund has established the Quest for the Cure Golf Tournament Benefiting the Walter Charitable Fund for AFTD Research, which will be held on Monday, April 28th at the Catta Verdera Country Club in Lincoln. The proceeds will be for the benefit of the

two-year new AFTD organization and its research programs. An added bonus is the partnership with the Alzheimer's Association who will be matching fund-raising efforts in the area of drug development for two years at a rate of two dollars for every one raised. You can learn more about the AFTD organization by visiting their website at [www.ftd-picks.org](http://www.ftd-picks.org).

### About The Walter Charitable Fund

The Walter Charitable Fund, Inc., a non-profit 501(c)(3), was established by the Walter family, who lost three brothers, their mother, and aunt to FTD. The Walter family is committed to working tirelessly to find answers and cures someday. Each of the brothers participated in ground-breaking research at the National Institute of Health (NIH) in Bethesda, Maryland and at the University of California San Francisco. The family members now work to honor their memory, hard work, and dedication by striving to raise awareness and funding for FTD/ALS research so that no more families are destroyed by this dreadful disease. More information can be found at <http://www.ftdgolf.com>.

### About The Association for Frontotemporal Dementias (AFTD)

AFTD is a not-for-profit organization created in 2002 to advocate for the people who live and work with FTD. Mounting evidence that these debilitating disorders are more prevalent than was originally thought, and the limited information about the disorders, coupled with inadequate support available for caregivers and families and a lack of funding for research inspired a group of dedicated caregivers, clinicians, and researchers to create the AFTD to address these unmet needs. You can learn more about the AFTD organization by visiting their website at [www.ftd-picks.org](http://www.ftd-picks.org).



## Summer is almost here...Are You Prepared?

Planning for vacations is important, planning for yours and your family's safety is imperative. During a disaster, the number and scope of incidents can overwhelm conventional emergency services. Sacramento Metro Fire's Community Emergency Response Team (CERT) program is an all-risk, all-hazard training. This valuable course is designed to help you protect yourself, your family, your neighbors and your neighborhood in an emergency situation. Sacramento Metro Fire District's Community Emergency Response Team (CERT) training is free to citizens who work or live in Sacramento County. Teenagers are welcome with an adult or guardian. Make it a family summer outing you'll never forget! CERT training includes:

- What your home/neighborhood/community risks are and what you need to do to prepare;
- How to manage utilities, hazardous materials, and put out small fires using the appropriate Fire Extinguisher;
- How to use "START Triage" and how to treat the "Three Medical Killers" by: opening airways, controlling bleeding, and treating for shock;
- How to provide basic medical aid;
- How to effectively search for and rescue victims safely;
- How to organize yourself and spontaneous volunteers to be effective as a team and collect disaster intelligence to support first responder efforts;
- Disaster Psychology;
- About Terrorism.

The next course begins Thursday, May 1, 2008. For more information or to register for this disaster preparedness training, call the CERT messaging system at (916) 566-4381 or email the Metro Fire CERT Program at [cert@smfd.ca.gov](mailto:cert@smfd.ca.gov). Feel free to log on to the CERT website for additional information and registration forms at <http://www.smfd.ca.gov/cert.htm>. Summer is almost here...Are YOU Prepared? Be Safe, Be Prepared, Be Empowered!

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