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Grapevine Independent

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By Bruce Lee



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Vice Mayor Sander Represents Rancho Cordova at NLC Conference



Vice Mayor Sander representing the City of Rancho Cordova at the NLC Congressional Conference. Photo courtesy of the City of Rancho Cordova

City of Rancho Cordova News Release

RANCHO CORDOVA, CA (MPG) - During the last week of March, Vice Mayor David Sander represented the City of Rancho Cordova at the National League of Cities (NLC) Congressional Conference in Washington, DC. The NLC advocates for and protects the

interests of cities, towns and villages across the country by influencing federal policy, strengthening local leadership, and driving innovative solutions.

As 1st Vice President of the NLC, Vice Mayor Sander was front and center as local leaders from across the country met to learn about and discuss pressing issues, such as housing, jobs,

workforce development, food insecurity, rail safety, broadband access and more. Among many speakers, First Lady Dr. Jill Biden addressed the group of over 3,000 local leaders, stressing the importance of education. Vice Mayor Sander moderated a panel on the federal budget and represented cities across the country at a press

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Kitten Season Begins, Fosters and Donations Needed

Sacramento County News Release

SACRAMENTO, CA (MPG) - Animal shelters around the country are gearing up for what is known as "kitten season," when cats begin to give birth to countless kitten litters. Typically beginning in late spring and continuing throughout summer, kitten season stretches the already-thin resources animal shelters and rescues have when the influx of unwanted cats and kittens crowd shelter and kennel space.

The Bradshaw Shelter's Foster Care Program helps save lives and space during this hectic season.

"We call our foster care providers 'life-saving heroes' because they give animals who are too young, sick, or injured to be available for adoption a second chance," said Annette Bedsworth, Director of Sacramento County Bradshaw Animal Shelter. "Fosters provide safe and loving temporary homes where animals can thrive until they are ready for adoption."

Residents interested in becoming fosters should submit a foster application to foster@saccounty.gov. The shelter provides all food, bedding, supplies, toys and more at no cost to the foster. Fostering is a great way to help alleviate the impact of kitten season at your local shelter and can provide temporary companionship for those still working from home.

The shelter is most in need of fosters for bottle babies: kittens who have been orphaned or abandoned and are too young to eat on their own. If you've never fostered a bottle-fed kitten before, the foster team will teach you everything you need to know. Fosters are also needed for kittens that just have a little bit of growing left to do, as well as for sick or injured kittens and cats. The time commitment for fostering can be anywhere from one to eight weeks, depending on the kitten's size at the time of fostering.

For more information about fostering, including fostering FAQs, visit the Sacramento County Bradshaw Animal Shelter website. To learn more about what to do if you find a kitten or litter of kittens, visit the feral cat information webpage.

Donations of essential kitten season supplies are also needed, including: Small litter pans, Heating pads, Small nursing

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Board Approves \$1.7 Million to Keep Homeless Housing

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Board of Supervisors approved at its March 28, 2023 meeting \$1,000,000 in General Fund dollars to preserve housing supports for individuals currently sheltered in the County's Scattered-Site Shelter Program. The Board also approved a redirect up to an additional \$700,000 to preserve housing for households currently housed in the County's Flexible Housing Pool (FHP) program, for a total of \$1,700,000.

These two programs have been funded by the County, but operated by Sacramento Self-Help Housing (SSHH). SSHH is a local, community-based nonprofit that serves people experiencing homelessness through outreach services, shelter, supportive services, and permanent housing. As one of their main services, SSHH leases or facilitates direct leases with landlords of properties on the open market to provide 'scattered site' housing and sheltering for people experiencing homelessness.

The Problem

County staff were made

aware of significant financial issues at SSHH that led to landlords not being paid in full for rent, in both the housing and sheltering programs, which puts program participants at risk of losing their housing or shelter. County staff have been working in coordination with SSHH staff to improve their processes, invoicing, landlord relations and audited their financial practices. In spite of this work, rents went unpaid and SSHH invoiced the County for funds they have not paid landlords and for costs they have yet to incur.

The County's number one priority is keeping folks housed or sheltered, despite the significant issues the unpaid rents caused with the landlords.

Flexible Housing Pool Program

SSHH is a provider of Property Related Tenant Services (PRTS) as part of the Flexible Housing Pool (FHP) program.

In the spring of 2022, SSHH reported funding shortfalls in their PRTS contracts under the FHP program to County staff, which was scheduled to end June 30, 2022. County staff worked with SSHH to improve their invoicing processes such

that rental payments to landlords would not be delayed. However, SSHH continued to fall behind in payments to landlords, and in August of 2022, the Department of Human Assistance (DHA) augmented SSHH's budget by \$370,000 and extended their contract through the end of 2022 to stabilize the clients in rental units.

However, the back rent owed and damage assessments required up to an additional \$700,000 to cover, which was approved by the Board on Tuesday, March 28.

The extended contract for PRTS with SSHH expired on December 31, 2022 and the County hired a new provider, through the competitive bid process, for both PRTS and the Intensive Case Management Services. Consumer Self-Help Center (CSHC) took over the 38 clients and units in the PRTS program and has been working with both tenants and landlords for nearly three months.

Scattered Site Shelter Program

Sacramento Self-Help Housing has also been experiencing financial issues with its County-funded scattered-site shelter program. This shelter model, which

master-leases single-family homes, provides a 24/7 on-site house monitor and can shelter up to five unsheltered individuals at one time, has historically been successful in transitioning people off the streets and into more stable housing situations. The intent of this model is a short stay in the shelter home and a more seamless move into traditional or supportive housing.

This program has been funded for a capacity up to 160 beds at any given time, but County staff learned that there were unpaid rental balances to landlords and that the program had not been working at capacity for some time. There are currently 80-90 clients in this shelter program.

The Solution/Next Steps

In addition to the Board's action to preserve housing, the County has conducted a thorough audit of SSHH's financial management and cash flow issues and the results of that audit will be made public in the coming weeks. The County is also aware that SSHH holds contracts for similar services with other jurisdictions and organizations that are experiencing similar issues with SSHH and are also dealing with funding shortfalls.

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Fentanyl: One Pill Can Kill

By Supervisor Sue Frost

SACRAMENTO REGION, CA (MPG) - Rachael King was a manager at the Noodles Restaurant in Folsom and was a proud recipient of the September 2018 Sacramento County Food Safety Award of Excellence. Four months later she died after taking a pill that unbeknownst to her was laced with Fentanyl.

It's difficult to share this with you and I want you to know that I talked about it with Rachael's parents who allowed me to share some of her story. Rachael was a valedictorian and an aspiring chef with dreams and a bright future. She was the only daughter, and her death was a devastating blow to her parents, brother and all who loved her. Her parents have tried to advocate for justice and have been an inspiration behind important programs emerging as the increase in Fentanyl deaths cannot be ignored. I am dedicating this newsletter to Rachael. I believe she would want to warn others about "Fentanyl - One Pill Can Kill."

Do you remember "Every 15 Minutes" or "Arrive Alive Drive Sober?" For those who don't know, they are reality-based programs designed to challenge teenage students and parents to think before driving drunk. I recently attended a similar program at Folsom High School that was hosted by Arrive Alive California, Inc. Their program is called "Fentanyl - One Pill Can Kill." I was a proud champion of this program which was funded by Sacramento County's ARPA in response to the growing drug problem in our region. During their program I heard personal testimonies from parents, shocking statistics, and an ambulance professional shared that if someone overdoses and you call 911, the health professionals do not report your drug activities. They talked about the symptoms. If the person



Rachael King (left) a Noodles Company restaurant manager in Folsom and the recipient of a 2018 Sacramento County Food Safety Award of Excellence, died after taking a pill with Fentanyl. Photo courtesy of Supervisor Sue Frost

is unconscious, small pupils, shallow breathing, vomiting, inability to speak, faint heartbeat, limp arms and legs, or discolored lips or fingernails, call 911.

Fentanyl is a powerful synthetic opioid that comes in many prescription forms. It is similar to morphine, but I am told it is up to 100 times more potent. It is typically used to treat severe or chronic pain for people who are physically tolerant to other opioids. Since 2020 the use of opioids, especially Fentanyl, has grown exponentially. In the past three years, according to Sacramento District Attorney Thien Ho, there have been 360 Fentanyl poisoning deaths in Sacramento County. That is more than gun-related homicides, he said.

For those who want justice, it is challenging. In general, most

Fentanyl deaths are listed as accidental overdoses. They accepted the pill from a friend or paid a dealer for a street drug, not realizing it was laced with Fentanyl. The pills look just like prescription pills. At the crime scene, people may say that the person was fine when they went to bed and there was no indication of a problem, but for law enforcement to pursue a murder investigation they would need to show intent to kill or reckless disregard or indifference to human life. Further, if the case report lists accidental death, then the case follow-up is under that assumption, and it is not technically a murder investigation. This has been a heartbreaking disappointment for family members who are screaming for justice and want to prevent the future loss of innocent lives.

I recently met with Sacramento D.A. Thien Ho to discuss the justice dilemma. He expressed the seriousness of this matter and shared that he has a four-part plan. Then he told me about how cases are built piece by piece, and he is establishing processes to set the stage for documenting a case on record. Then we talked about the difference between implied malice and express malice. Implied malice refers to a person's intention to cause grievous bodily harm. Express malice murders include killings where the person intended to cause death. In contrast, implied malice includes killings that occurred while a person was committing a felony or when deaths resulted from an action that displayed a depraved indifference.

District Attorney Ho's plan includes a "Watson Warning"

which is given to defendants who are found guilty of selling Fentanyl. If they sell Fentanyl again and cause injury or death, they can be charged with a much more serious crime - including murder. He is calling for Regional Response Teams. Sacramento is working with other County's (Riverside, San Bernardino, San Diego, Placer) to learn about how they are building out their response. He is partnering with our Sheriff and other agencies to create Fentanyl Response Teams. There will be a protocol in place to retrieve phones to look at texting and collect evidence. A drug task force would trace dealer connections and when a dealer is associated with several deaths it is possible to begin to build a case on record that shows reckless disregard. Other Partnerships with the U.S. Attorney General and the Eastern District will be pursuing more legal solutions and finally the Education Programs such as the Fentanyl - One Pill Can Kill is a program that is targeting youth in schools to help them understand, "FENTANYL - ONE PILL CAN KILL!"

We cannot bring Rachael back, but her life was a precious gift to our world and it mattered. If you have pain of any kind, buyer beware... One Fentanyl Pill Can Kill. Other drugs and even marijuana vaping have been laced with Fentanyl and killed innocent people! The best advice when considering recreational street drugs is "Just Say NO!"

Thank you for reading - and as always, if you want to contact me, call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.net. Sacramento County Supervisor Sue Frost represents the 4th District, which includes the communities of Citrus Heights, Folsom, Orangevale, Antelope, North Highlands, Rio Linda, Elverta, and Rancho Murieta. ★

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Scouts Collect 55,000 lbs of Food for Foodbanks



The Golden Empire Council of the Scouts of America collected food for local foodbanks during their "Scouting for Food" drive on March 11, 2023. Photo courtesy of Boys Scouts of America

Boys Scouts of America News Release

SACRAMENTO REGION, CA (MPG) - The Golden Empire Council of Scouting BSA, hosted the annual "Scouting for Food" drive on March 11, 2023, with more than 3,000 scouts and family members participating. The food collected was distributed amongst 16 counties in Northern California.

The program "Scouting for Food" has been operated by the local council for at least 20 years. Every year, scouts and their families coordinate to pick-up food in their neighborhoods and drop-off at local foodbanks. These efforts provide seniors, children, and low-income families with nutritious food in their time of need.

"The annual Scouting for Food is a fantastic event which our scouts can help many families across Northern California. Once again, I am proud to be part of this organization and see the amazing work our scouts and their families are doing to make an impact in their communities," said Scouting for Food Director



Food collected by the Scouts was distributed amongst 16 counties in Northern California. Photo courtesy of Boys Scouts of America

and District Executive, Jose Zavala.

Golden Empire Council's 2023 Scouting for Food drive collected more than 55 thousand pounds of food as well as \$3,162 in monetary donations.

"Scouting for Food is such a wonderful opportunity for scouts in our area to come together and make a direct positive impact on the community. While partnering with food banks across the state, thousands of youths and adult volunteers work cheerfully to help those in need, even in the rain!" said James Rhodes-Dreyer, Scout Executive, "It is the

commitment to the 'Scout Law' which includes being helpful, friendly, kind, and cheerful that enables the Scouts to be successful."

GEC has been providing leadership development for youth and their families since 1920 while serving over 7,000 youth in 16 counties. Their mission is to prepare young people to make moral and ethical choices over their lifetimes, by instilling them with the values of the Scout Oath and Law. Their program hosts camps, events, and many exciting activities for boys and girls. For more information, visit www.gec-bsa.org and join Scouting today. ★

Kitten Season Begins, Fosters and Donations Needed



The Bradshaw Shelter's Foster Care Program helps save lives and space during this hectic season. Photo by Jan Mallander from Pixabay

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bottles, Miracle nipples, Kitten dry food and wet food.

Donations are accepted at the Sacramento County Bradshaw Animal Shelter's Animal

Admissions Door at 3839 Bradshaw Road, Tuesday through Sunday, between 12 p.m. and 5 p.m. For a complete list of supply needs, visit the shelter's Amazon Wishlist or the donation website. ★

Students Celebrate Achievements and Accomplishments

City of Rancho Cordova News Release

RANCHO CORDOVA, CA (MPG) - Students in Rancho Cordova have been busy lately! Check out what's happening on Rancho Cordova campuses.

The volleyball team at George Washington Carver High School recently took home the 2023 Championship after moving up from fourth place. The gym was packed with spirited fans and cheers could be heard from the school quad. The team will celebrate with an afternoon of laser tag with their families, coaches and the school principal. Go, Carver!

At Cordova High School, students participated in Social Emotional Learning (SEL) Day to showcase, promote and express the importance of SEL. They also learned about important mental health resources available for Folsom Cordova Unified School District students, shared messages of positivity and connected over games in the quad.

"Love yourself," and "Everything will be alright," were two of the many messages written by students.

It was a high-energy meeting for the FCUSD Board last week, where the Mills Middle School Drumline program performed for the Board and its attendees. The Drumline program is in its first year and is supported by the city's Community Enhancement & Investment Fund. The



The volleyball team at George Washington Carver High School recently took home the 2023 Championship. Go Carver! Photo courtesy of City of Rancho Cordova



Cordova High School students showcased Social Emotional Learning (SEL) informing about the important mental health resources available for FCUSD students. Photo courtesy of City of Rancho Cordova

Drumline also performs at school rallies, athletic games, local community events and parades. Drumline shows are unique in that they incorporate other forms of dance and movement, theatrical performances and artistic design.

"We are always so inspired by the young people in our community—from athletics, to academics, the arts and beyond. We are all celebrating their

accomplishments and looking forward to the bright future that they will lead for Rancho Cordova!" said Mayor Linda Budge.

To learn more about Rancho Cordova schools and education opportunities, visit CityofRanchoCordova.org/residents/education. For more Rancho Cordova news, sign up for our e-newsletter at CityofRanchoCordova.org/ENews. ★

Board Approves to Keep Homeless Housing

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The County is working in partnership with those jurisdictions and organizations to help find a resolution that will protect their clients and units.

Due to the overwhelming and ongoing issues with SSHH's management of both these programs, the County has opted to let their contracts expire and move forward with alternative providers. CSHC has already

begun its work and the County is in final talks with another provider that will take over the scattered-site sheltering program. Once that provider is under contract, the County will release more information and work directly with both the new provider and SSHH to transition all units and clients over.

For more information about what the County is doing to address homelessness, visit our website. ★

Vice Mayor Sander Represents Rancho Cordova at NLC Conference

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conference. "I was honored to represent the City of Rancho Cordova and to work on behalf of all 19,000+ cities, towns and villages all across America. We are all stronger

together as we educate ourselves, share great ideas, and work with Members of Congress and Federal agencies on public safety, housing issues, economic development, local control, transportation and much

more," said Vice Mayor Sander.

In 2024, Vice Mayor Sander will be named President of the NLC and will lead both the NLC's 2024 Congressional and City Conferences. ★

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“Reckoning Day – Part II”



Commentary by Bruce Lee

After reviewing my previous column, hopefully the reader has a better understanding of our national debt and that you now personally owe at least \$90,853 (and growing) for our government’s spending habits. Today, let’s look at the history of our debt.

During our Revolutionary War of Independence the states spent \$75 million and the US government assumed this debt in 1790, which began our National Debt. That was paid down, then came the war of 1812 and by 1866 the US Civil War brought US Debt to about \$3 billion – which was still not fully paid by World War I. However, throughout this period the ratio of Debt to Gross Domestic Product (GDP) was reasonable.

GDP is the total of goods and services created by the US economy annually; and the Debt to GDP ratio should normally be 30-40%. Everyone may have to borrow at times, such as when purchasing a home. However, debt should be taken on carefully and credit worthiness (debt) scores exist to guide us.

Just prior to World War I, the debt ratio was about 5%; and during World War I, it grew to about 28%, then back to 17% by 1930. The highest it reached was

114% during World War II when the USA was saving the free world; but then back to about 32% by 1980. Then in the last thirty years the debt has grown steadily with Congress exercising little spending control. Lots of lip-service, but little control. Since 1960 Congress has raised, extended, or revised the definition of the debt ceiling at least 78 times with our debt ratio now being 129% and rising rapidly. The World Bank found that when the debt-to-GDP ratio exceeds 77% for an extended period of time that it hinders economic growth. This is what you would expect in a third world country.

So our debt is currently \$30.2 trillion, plus another \$100 trillion of unfunded liabilities. In the opinion of retired Admiral Bill Owens (former Vice Chairman of the Joint Chiefs of Staff), our debt “is our greatest threat to national security.”

There are short-term consequences of our decades of extravagance as mentioned in the last column, including slower growth and increased taxes, etcetera. But there are long-term consequences as well.

Famed 1970’s Secretary of State Henry Kissinger once commented to me and others that there are three types of national global power – moral, economic, and military. As our economic power is at risk, so is our military influence. And, our moral influence also wanes as we become a second-ranked “has been” – much as what happened to the British Empire.

Diligence is required today to maintain a positive global influence for tomorrow! As Paul Volcker, Chairman of the US Federal Reserve (1979-1987) said,

“We’ll see if a democracy can deal with an obvious problem.”

But, rather dwelling on how bad the picture is for ourselves and future generations, let’s explore WHY we got ourselves into this situation and HOW we might resolve it – because there are proven solutions.

Lack of maintaining accountability over the federal government and the government’s inability to set priorities, along with the lure of shiny new programs certainly are part of the WHY we got ourselves into this mess.

Furthermore, everybody wanting a free lunch and not taking personal responsibility for our own lives can lead to a lazy, undisciplined culture – perhaps much like lazy, undisciplined children. You know the ones who whine and pout when they don’t get their way and complain when asked to take out the trash.

We’ll explore more of the WHY and the solutions of HOW next.

W. Bruce Lee is an educator and speaker (WBruceLee.com) with a career in government as an elected official and fiscal advisor, who has worked at the local, state, and federal levels. He authors the “We the Government” column as a community service. He is president of the Sacramento Taxpayers Association (SacTax) - promoting efficient, economical government; fair and equitable taxation which permits a strong, healthy economy; as well as sensible balance and rational control of government expenditures. His private message telephone is 916-624-6476. Copyright W. Bruce Lee, 2023 ★



DEPARTMENT OF THE AIR FORCE
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Would you like to learn more about environmental cleanup projects at Former Mather Air Force Base (AFB)?

If yes, then please contact Mr. Doug Self at: douglas.self@us.af.mil or call 1-866-725-7617 to get more information on participating in the startup of a Restoration Advisory Board, also known as a “RAB”

- **What is a RAB?**
 - A RAB is a community group which meets to discuss and receive information on environmental restoration (cleanup) projects at Former Mather AFB.
- **What does a RAB do?**
 - A RAB facilitates and improves communication, outreach, and transparency between the former military base, the public, regulators, local governments, and interest groups for issues related to military cleanup activities. RABs offer a structured, focused, and interactive opportunity for community stakeholders to meaningfully participate in the cleanup process. A RAB enables local community members to receive from and exchange information with the Air Force and regulatory agencies managing environmental cleanup projects at Former Mather AFB.
 - RABs engage in and support the Department of Defense’s cleanup efforts by reviewing and commenting on cleanup documents and activities; serving as a liaison to and sharing cleanup information with the community; and providing a forum to exchange information about the schedule, type, and status of cleanup activities. RAB meetings allow RAB members and members of the community to receive updates and ask questions on the status of the environmental cleanup program at Former Mather AFB.
 - Though RABs are not a decision-making group, RABs do give local community members the opportunity to have their voices heard and provide a forum to provide valuable community insight to the Air Force and regulatory agencies.
- **Are you interested in participating in Former Mather AFB’s RAB?**
 - The Air Force is currently assessing whether there is enough community interest to reestablish a RAB at Former Mather AFB.
 - If you are interested in learning more about Former Mather AFB’s environmental restoration projects and having the opportunity to give your input to base and regulatory agencies on their management of cleanup projects at Former Mather AFB, either as a RAB member or by attending RAB meetings, then please contact:

Mr. Doug Self, Air Force Civil Engineer Center,
Mather Environmental Engineer
at: douglas.self@us.af.mil or call 1-866-725-7617
by Thursday, 15 June, 2023

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Grapevine Independent 4-7, 4-14-2023

Cordova High Class of 1973 Announces Mixer

By Michael Marando

RANCHO CORDOVA, CA (MPG) - Cordova High School Class of 1973 has announced a Friday Night Mixer on June 23, 2023 which will be held at the Hacienda Real Mexican Grill & Cantina, 702 Sutter Street, Folsom. The event is being held in connection to the 50th Year Class Reunion scheduled the following night, Saturday, June 24, 2023, at Folsom’s iconic Lake Natoma Inn.

Formerly the Hacienda del Rio, the new-look Hacienda Real Mexican Grill & Cantina features updated accoutrements and a cool vibe for all ages. The mixer will begin at 4 pm on the

famed front deck that faces historic Sutter Street.

The Hacienda has been located on Sutter Street in historic Folsom for the past 40 years and temporarily closed to change ownership on Dec. 31, 2022.

The 50-year Cordova High School Class of 1973 Reunion commences the following night at Lake Natoma Inn’s Pavilion Room and outdoor Gazebo patio area. Themed “Young at Heart,” the Reunion is nearly sold-out, but tickets can still be purchased by mailing a \$99 check or money order to: 197 Stoney Hill Drive, Folsom, CA 95630. Payable to “Cordova High School 1973 Reunion.” ★

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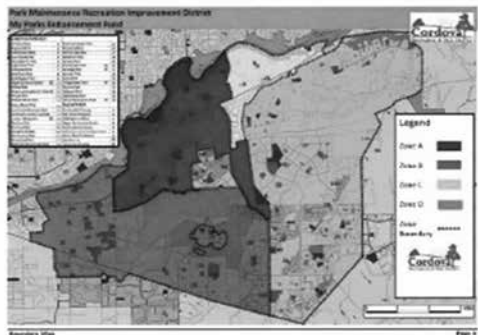
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**PUBLIC NOTICE
OPEN APPLICATION PERIOD**

Citizen Oversight Committee
Park Maintenance and Recreation Improvement District
(PMRID)

The Cordova Recreation and Park District announces an opportunity to serve on its community-based, advisory Oversight Committee. Members review and recommend how special tax assessments (PMRID/Measure J) are spent. Three (3) seats are currently available, and applications are being sought from residents of **Zone A (Rancho Cordova) and Zone C (Gold River)**.

- Zone A, 1 seat: finish the balance of one current term, expiring June 30, 2025
- Zone A, 1 seat: 4-year term, expiring June 30, 2027
- Zone C, 1 seat: 4-year term, expiring June 30, 2027



The Oversight Committee consists of five residents appointed by the CRPD Board of Directors. Members are encouraged to engage with their communities and bring feedback and input to the Committee. Experience with public sector finance is recommended, but not required. Terms are for four years and members do not receive financial compensation. The Oversight Committee meets several times a year and all meetings are open to the public.

Applications are available online at www.crpdpd.com. The deadline to submit applications is April 30, 2023. Please contact Danielle Jones, Clerk of the Board at (916) 599-4583 or djones@crpd.com for additional information.

Grapevine Independent 4-14-2023

Trailer Bills: A Sneaky Way to Make a Big Change in California Law



By Dan Walters, CALMatters.org

California's governors and legislators have, as often noted in this space, developed a bad habit of using the state budget to make sweeping changes in state law while minimizing or ignoring traditional legislative procedures.

They do it with so-called "budget trailer bills" that are often passed in batches coincident with the budget each June after minimal hearings and debate. Like the budget, they take effect immediately and are shielded from being challenged via referendum.

It can take weeks or even months for those outside the Capitol to figure out the real-life impacts and decipher the dense legalese of trailer bills, which often run hundreds of pages.

The Legislature is once again plowing through the latest budget, this one proposed by Gov. Gavin Newsom for the 2023-24 fiscal year, prior to the last frantic – and largely secret – negotiations on a final version.

Dozens of would-be trailer bills are kicking around, some of them legitimately attached to the budget, and some just using the process to minimize scrutiny.

One of the most complex, potentially important trailer bills, not yet formally

introduced, would overhaul how electrical energy is procured. It would make the state Department of Water Resources the state's central purchaser of power, citing the need to construct or acquire enough non-polluting generation to meet the state's self-proclaimed goal of becoming carbon-neutral by 2045.

What could possibly go wrong?

California's track record on managing the state power supply is, to say the least, spotty.

A quarter-century ago, California experimented with what was termed "deregulation," but really wasn't, of electricity, and it quickly became one of the worst human-caused disasters in state history. It allowed power suppliers to game the system, pushed costs through the ceiling, drove one utility, Pacific Gas & Electric, into bankruptcy, almost did the same to another, Southern California Edison, and was a major reason voters recalled a governor, Gray Davis.

The Department of Water Resources became, for a time, the state's central power buyer because its water supply system was, and is, a major generator of electricity and a major purchaser.

After the experiment was repealed, California returned to its previous system, based on purchases by utilities such as PG&E and SCE and regulated by the California Public Utilities Commission. But a few years later, the state embarked on its quest for carbon neutrality, greatly complicating the situation.

Simultaneously, the state is trying to phase out power from generation by

hydrocarbons, such as natural gas, while increasing the overall supply in expectation that demand will grow as other activities, such as transportation, make the same transition to electricity.

It hasn't gone smoothly. The state has flirted with blackouts on hot days when air conditioning imposes huge demands and has been forced to keep the Diablo Canyon nuclear plant and several gas-fired generators, which had been scheduled for closure, online to avoid shortages.

So would making the state water agency the electric power czar again be the solution to meeting deadlines for decarbonization?

The Legislature's independent budget analyst, Gabe Patek, is one skeptic. His office issued a report urging lawmakers to take enough time to analyze such a major change and questioning its necessity and its potential effect on California consumers, who are already paying some of the nation's highest power rates.

Patek's report also questions the need to use a fast-track budget trailer bill for such a momentous change, saying "Ultimately, ensuring it (the Legislature) has the time and opportunities for developing a greater understanding, sufficient input from stakeholders, and thoughtful deliberation will be vital to ensuring it can make an informed decision on these important proposals."

Amen. *Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers.* ★

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Production Layout/Graphic Design – This part-time position assists with the layout of the newspapers and works with the production staff to create our weekly newspapers. Must have good working knowledge of InDesign production programs. Must be able to work within our current system and be able to take direction to meet our deadlines. Previous layout experience is a must. This is an entry level position. Work hours are between 8:30 am and 5:00 pm.

Copy Editor – We are seeking a part-time copy editor for our newspaper group. This position works in the Carmichael office and works directly with Editor. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous editing experience is required.

City Reporter – We are seeking a part-time City Reporter for our newspaper group. This position may be assigned to work in the Carmichael office or another area office and works directly with the Editor. Work hours are flexible depending on assignments. Previous reporting experience is required.

Advertising Services Support – We are seeking a part-time Advertising Services Support person for our newspaper group. This position works in the Carmichael office and works directly with the owner of the company and the advertising/graphics staff. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous office experience is required.

Delivery Driver – We are seeking a part-time Delivery Driver for our newspaper group. This position would transport newspapers from our Carmichael office to our offices in Marysville and Gridley. Work hours are from 8:30 to 4:00 every Thursday. Must be able to lift and move bundles of newspapers without assistance. Must have your own reliable cargo van. This is an independent contractor position and pays a flat rate for your service.

Newsstand Delivery Driver – We are seeking a part-time Newsstand Deliver Driver for our newspaper group. This position works from the Carmichael office and delivers to our locations in the West Sacramento/Sacramento Region. Work hours are from 8:30 to 5:00 Thursday and/or Friday. Must be able to lift and move bundles of newspapers without assistance. You must have a reliable vehicle. This is an independent contractor position.

To find out more or to apply:
Email your questions or resume to Publisher@MPG8.com

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It is the intent of the *Grapevine Independent* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

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Subscriptions should be mailed to *Grapevine Independent*, 7144 Fair Oaks Blvd., Suite #5, Carmichael, CA 95608. Subscription rate is \$39 per year within Rancho Cordova. \$59 within Sacramento County.

The *Grapevine Independent* is published weekly. Call 916-773-1111 for more information.

We are proud members of these newspaper associations.

Publisher, Paul V. Scholl

The *Grapevine Independent* is a member of **Messenger Publishing Group**

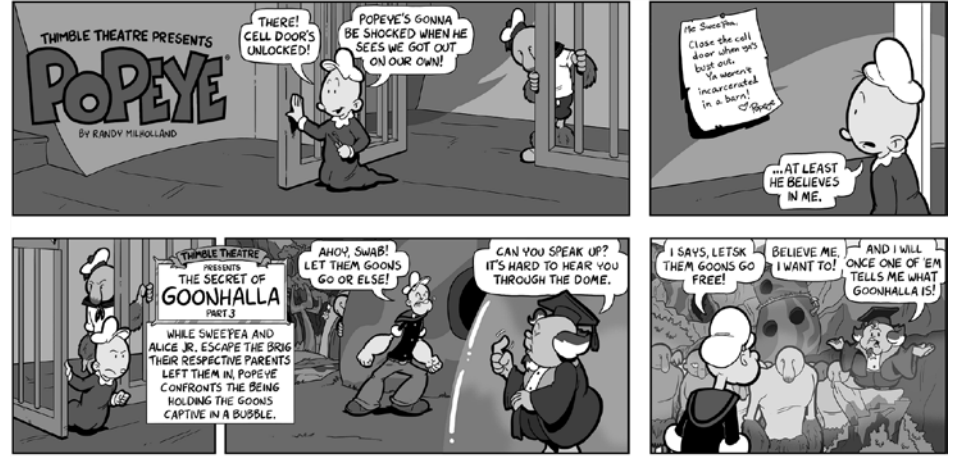
To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@mpg8.com. Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

COMICS & PUZZLES

The Spats



by Jeff Pickering



Amber Waves



by Dave T. Phipps



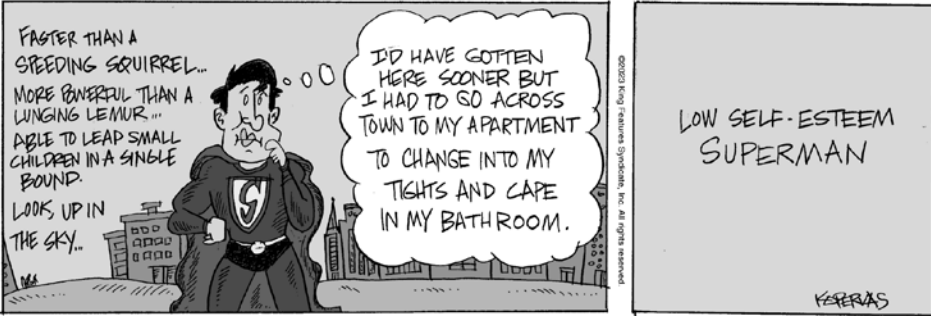
HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



Out on a Limb



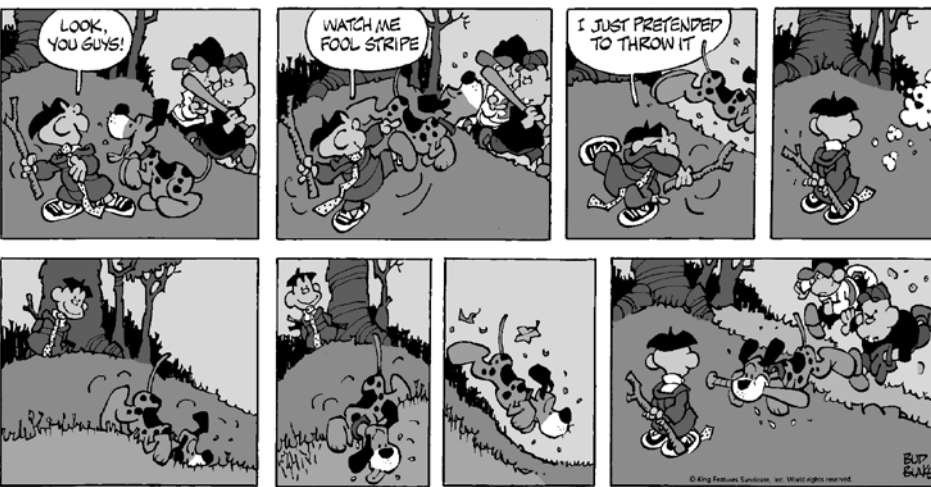
by Gary Kopervas



Just Like Cats & Dogs

by Dave T. Phipps

TIGER

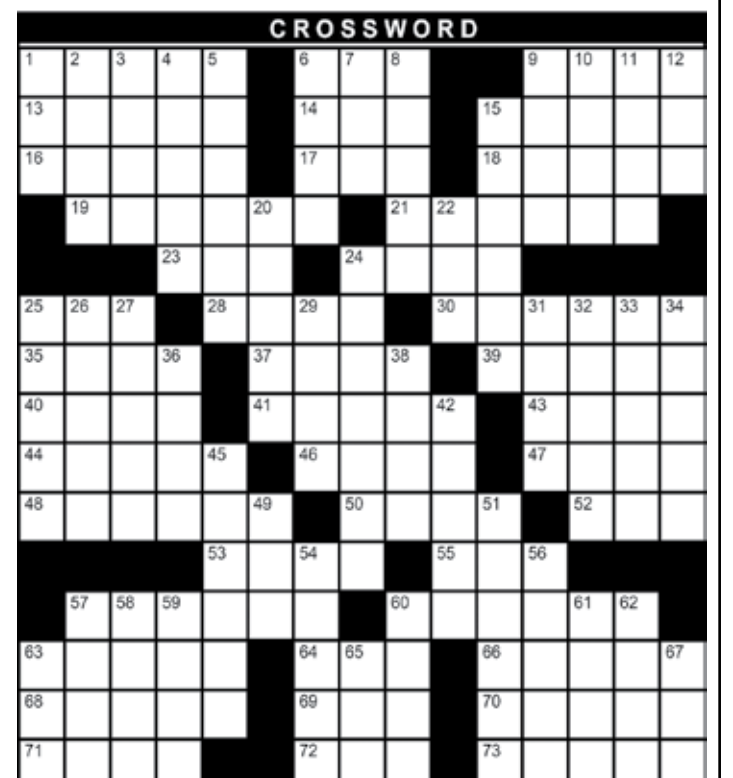


by BUD BLAKE

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CLUES

- ACROSS**
- Unsuitable
 - Agency behind food labels, acr.
 - Pastoral sounds
 - More painful
 - "Maggie May" singer
 - Secret storage
 - Hajj destination
 - Inflated feeling
 - One in a quiver
 - "Scooby-Doo's best friend"
 - "Stone Age Fred's best friend"
 - Zip
 - Type of wave
 - "Mangial"
 - Apple leftover
 - Unlike Pinocchio
 - Law school test acronym
 - Tiger's forte
 - Jack Black's Libre
 - For ___ kitchen counter
 - Jewish folklore creature
 - Singer Whitman of "Secret Love" fame
 - Formerly known as dropsy
 - Spanish Surrealist
 - Stay out of its way!
 - Make a remake
 - Shawm
 - Yoda: "Do or do not. There is no ___"
 - Like hard times
 - Tube in old TV, acr.
 - Jessica or Peter
 - "Anthropomorphic squirrel's last name"
 - Small and elegant
 - Mozart's "L___ del Cairo"
 - Like a whistle?
 - Optical illusion creation (2 words)
 - "Time," e.g., colloquially
 - Hint of color
 - "The Way We ___"
 - Farm pen
 - Skedaddle
- DOWN**
- What hedonism and idealism have in common
 - Rejections
 - Flatfoot's lack
 - Pie option
 - Calamitous
 - One of the Eagles
 - *Pluto or Snoopy
 - Acrobat maker
 - Rural building
 - Homesteader's purchase, sing.
 - Nabisco's "Chips ___"
 - To use a Singer
 - Dairy industry missing person-seeking prop
 - Nordic glühwein
 - Ooh and ___
 - Troublemaker
 - *Fudd's first name
 - Line to the audience
 - "It is silent," in sheet music
 - Living space
 - Don Johnson's Bridges
 - Plaudit and pomp
 - Bake an egg
 - *One of the Pickles
 - Like a broken horse
 - *Phineas' stepbrother
 - Be a parasite
 - Just about (2 words)
 - Hula necklace
 - Builds a tower, e.g.
 - Very small particles
 - Opposite of ecstacy
 - Ready for picking
 - A bit cracked
 - Not the life of the party
 - Same as cagey
 - Lotto variant
 - Palm starch
 - Gift topper
 - *Garfield or Tom
 - Butterfly catcher



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Court of Appeal Sides with Farmers in Precedential Water Quality Cases

California Farm Bureau News Release

SACRAMENTO, CA (MPG) - In a legal win for California farmers, a state appeals court rejected all arguments brought by environmental groups and sided with the California State Water Resources Control Board, the California Farm Bureau and others related

to the Central Valley's Irrigated Lands Regulatory Program.

In its March 17 decision, the Third District Court of Appeal addressed three cases brought by environmental plaintiffs against the California State Water Resources Control Board in which the groups challenged the adoption of general waste discharge requirements for growers

within the Eastern San Joaquin Watershed.

"The Court of Appeal's landmark decision supports reasonableness and balancing in protecting water quality, while also maintaining our food supply and the economic viability of agriculture," said California Farm Bureau President Jamie Johansson. "The court's decision

is precedential and applies to irrigated lands regulatory programs throughout the state."

Johansson added, "The decision upholds farmer anonymity for nitrogen application data, the use of township-level nitrate data and surface water representative monitoring."

Farm Bureau was represented in the case by Senior Counsel Kari

Fisher and joined by fellow agricultural intervenors/respondents represented by Tess Dunham of Kahn, Soares & Conway, and Jennifer Spaletta of Spaletta Law.

The California Farm Bureau works to protect family farms and ranches on behalf of nearly 29,000 members statewide and as part of a nationwide network of 5.3 million Farm Bureau members. ★

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CF 0247 HH
SUNRISE 43-23
TRUSTEE SALE

NOTICE OF TRUSTEE'S SALE TS No. CA-22-950500-BF Order No.: 8781120 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 9/13/2012. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **GEORGE MYERS III AND SYLIVA TAFOYA-MYERS, HUSBAND AND WIFE** Recorded: 9/14/2012 as Instrument No. XXX in Book 20120914 Page 1761 of Official Records in the office of the Recorder of SACRAMENTO County, California; Date of Sale: 4/21/2023 at 2:00 PM Place of Sale: At the main entrance to the County Courthouse, located at 720 9th Street, Sacramento, CA 95814 Amount of unpaid balance and other charges: \$157,559.31 The purported property address is: 2653 PALO VISTA WAY, RANCHO CORDOVA, CA 95670-3428 Assessor's Parcel No.: 076-0173-010-0000 **NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 for information regarding the trustee's sale or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-22-950500-BF. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. **NOTICE TO TENANT:** You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible

tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 916-939-0772, or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-22-950500-BF to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. **NOTICE TO PROSPECTIVE OWNER-OCCUPANT:** Any prospective

owner-occupant as defined in Section 2924m of the California Civil Code who is the last and highest bidder at the trustee's sale shall provide the required affidavit or declaration of eligibility to the auctioneer at the trustee's sale or shall have it delivered to QUALITY LOAN SERVICE CORPORATION by 5 p.m. on the next business day following the trustee's sale at the address set forth in the below signature block. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's

Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: QUALITY LOAN SERVICE CORPORATION 2763 Camino Del Rio S San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 QUALITY LOAN SERVICE CORPORATION. TS No.: CA-22-950500-BF IDSPub #0184772 3/31/2023 4/7/2023 4/14/2023 QLSL_772 4-14-23

NOTICE OF ADOPTED ORDINANCE

The following is a summary of an Ordinance adopted by the City Council of the City of Rancho Cordova at its meeting of April 3, 2023:

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF RANCHO CORDOVA, STATE OF CALIFORNIA, TITLE 4 BUSINESS REGULATION, CHAPTER 4.07 TOBACCO RETAILER LICENSE AND CHAPTER 4.50 OTHER BUSINESSES TITLE 8 ANIMALS, CHAPTER 8.03 GENERAL PROVISIONS AND CHAPTER 8.09 PROCEDURES; TITLE 16 BUILDINGS AND CONSTRUCTION, CHAPTER 16.18 NUISANCE CODE, AND CHAPTER 16.20 HOUSING CODE; TITLE 22 LAND DEVELOPMENT, CHAPTER 22.40 PARK AND RECREATION DEDICATION AND FEES AND CHAPTER 22.170 LOCAL PARKS AND RECREATIONAL FACILITIES; TITLE 23 ZONING CODE, CHAPTER 23.310 RESIDENTIAL ZONING DISTRICTS AND THE FOLSOM BOULEVARD SPECIFIC PLAN TABLE 2-2 USE TABLE FOR MIXED USE CLASSIFICATIONS

Passed and adopted on the 3rd day of April, 2023 by the following vote:

AYES: Sander, Terry, and Budge
NOES: None
ABSENT: Gatewood and Pulipati
ABSTAIN: None

The full text of the proposed Ordinance is available in the City Clerk's office, 2729 Prospect Park Drive, Rancho Cordova, CA 95670.

Printed in the Grapevine Independent on April 14, 2023.

NOTICE OF ADOPTED ORDINANCE

The following is a summary of an Ordinance adopted by the City Council of the City of Rancho Cordova at its meeting of April 3, 2023:

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF RANCHO CORDOVA REPEALING AND REPLACING CHAPTER 16.10, "EXISTING BUILDING CODE" OF THE RANCHO CORDOVA MUNICIPAL CODE, WHICH ADOPTS BY REFERENCE THE 2022 CALIFORNIA EXISTING BUILDING CODE

Passed and adopted on the 3rd day of April, 2023 by the following vote:

AYES: Sander, Terry, and Budge
NOES: None
ABSENT: Gatewood and Pulipati
ABSTAIN: None

The full text of the proposed Ordinance is available in the City Clerk's office, 2729 Prospect Park Drive, Rancho Cordova, CA 95670.

Printed in the Grapevine Independent on April 14, 2023.

NOTICE OF ADOPTED ORDINANCE

The following is a summary of an Ordinance adopted by the City Council of the City of Rancho Cordova at its meeting of April 3, 2023:

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF RANCHO CORDOVA REPEALING AND REPLACING CHAPTER 16.05, "HISTORICAL BUILDING CODE" OF THE RANCHO CORDOVA MUNICIPAL CODE WHICH ADOPTS BY REFERENCE THE 2022 CALIFORNIA HISTORICAL BUILDING CODE

Passed and adopted on the 3rd day of April, 2023 by the following vote:

AYES: Sander, Terry, and Budge
NOES: None
ABSENT: Gatewood and Pulipati
ABSTAIN: None

The full text of the proposed Ordinance is available in the City Clerk's office, 2729 Prospect Park Drive, Rancho Cordova, CA 95670.

Printed in the Grapevine Independent on April 14, 2023.

NOTICE OF ADOPTED ORDINANCE

The following is a summary of an Ordinance adopted by the City Council of the City of Rancho Cordova at its meeting of April 3, 2023:

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF RANCHO CORDOVA REPEALING AND REPLACING CHAPTER 16.05, "HISTORICAL BUILDING CODE" OF THE RANCHO CORDOVA MUNICIPAL CODE WHICH ADOPTS BY REFERENCE THE 2022 CALIFORNIA HISTORICAL BUILDING CODE

Passed and adopted on the 3rd day of April, 2023 by the following vote:

AYES: Sander, Terry, and Budge
NOES: None
ABSENT: Gatewood and Pulipati
ABSTAIN: None

The full text of the proposed Ordinance is available in the City Clerk's office, 2729 Prospect Park Drive, Rancho Cordova, CA 95670.

Printed in the Grapevine Independent on April 14, 2023.

City of Rancho Cordova Notice of Public Hearing

NOTICE is hereby given that on **Monday, April 17, 2023 at 5:30 p.m.**, or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing at the **Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova**, to consider the following:

APPROVAL TO VACATE A NO INGRESS OR EGRESS RIGHTS LINE LOCATED ON 3115 GOLD VALLEY DRIVE SEE EXHIBIT "B"

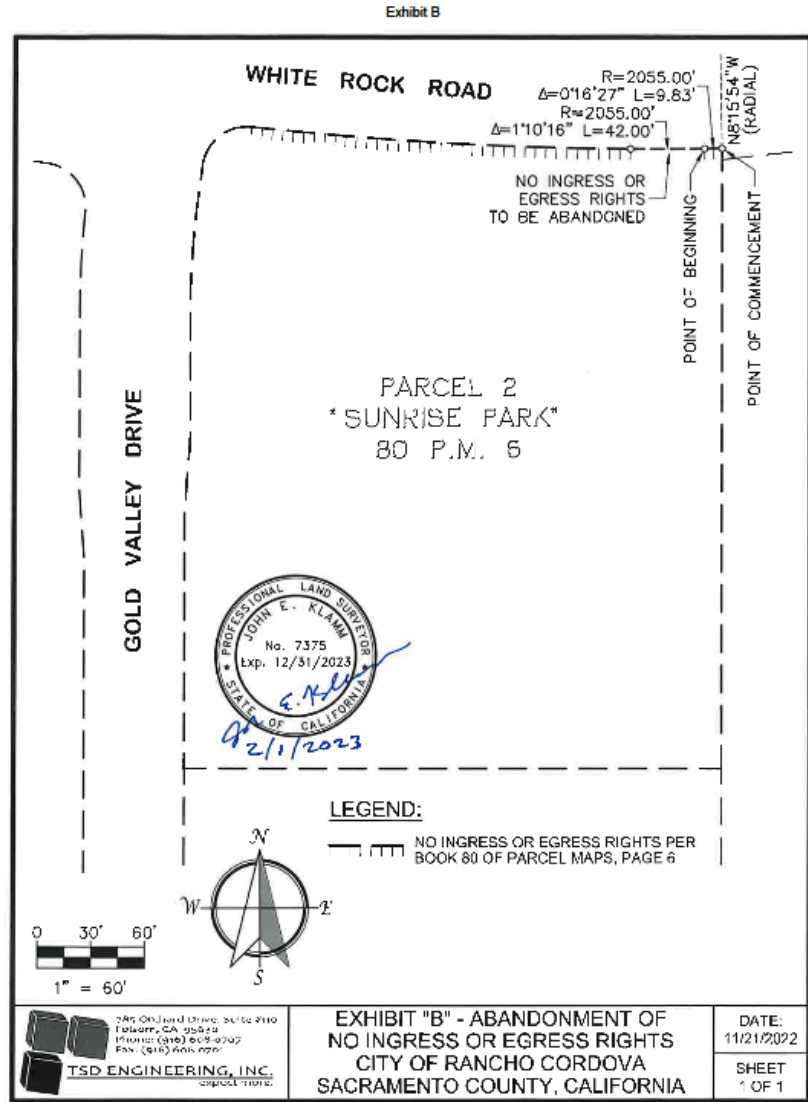
The purpose of this public hearing is to adopt a resolution to vacate a portion of a no ingress or egress rights line at 3115 Gold Valley Drive to allow the construction of a driveway approach for ingress and egress purposes.

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the hearing will be made a part of the public record. Questions regarding this matter should be directed to the **City of Rancho Cordova Public Works Department at (916) 851-8710**.

NOTICE REGARDING CHALLENGES TO DECISIONS
Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT
In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

Printed in the Grapevine Independent on April 7, 2023 and April 14, 2023.



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TASTE OF THE WILD GRAIN FREE DRY DOG FOOD • Wetlands • Sierra Mountains • Pacific Salmon • High Prairie • Southwest Canyon 28 Lb Limit 2 Bags per Family \$43.99 Effective 4/12/23 - 4/18/23	CANIDAE <small>New</small> DRY DOG FOOD FOR ALL LIFE STAGES • Multi-Protein • Chicken Meal & Rice • Large Breed 44 Lb Bag As Marked 25% OFF Our Regular Prices! Effective 4/12/23 - 4/18/23	SCIENCE DIET DRY DOG FOOD 28.5-33 Lb Bag Limit 2 Bags • Lite \$65.99 • Active Maturity \$69.99 • Sensitive Stomach \$71.99 • Perfect Weight \$71.99 Effective 4/12/23 - 4/18/23	SCIENCE DIET FELINE MAINTENANCE DRY CAT FOOD 16 Lb Bag • Adult • Lite • Maturity • Indoor • Kitten Limit 2 Bags \$49.99 Effective 4/12/23 - 4/18/23
9 LIVES CANNED CAT FOOD 5.5 Oz All Varieties Limit 2 Cases Per Family 59¢ Effective 4/12/23 - 4/18/23	FUSSIE CAT PREMIUM CANNED CAT FOOD 2.8 Oz. • Black Label • Gold Label Limit 2 Cases Per Family ON SALE Effective 4/12/23 - 4/18/23	JONNY CAT PREMIUM CAT LITTER 20 Lb Bag • Regular • Multiple Cat Formula Limit 2 Bags Per Family \$5.39 Effective 4/12/23 - 4/18/23	FELINE PINE HEALTHY CAT LITTER 20 Lb Bag Limit 2 Bags \$11.99 Effective 4/12/23 - 4/18/23

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CAT FURNITURE • Prevue Pet Products • Ware Assorted Styles 20% OFF OUR SUPER LOW PRICES	HAGEN, FLUVAL FILTER SALE MODEL...TANK...PET CLUB SALE MODEL...TANK...PET CLUB SALE 107...25 GAL... \$104.99 307...70 GAL... \$159.99 207...40 GAL... \$119.99 407...100 GAL... \$189.99
REDBARN NATURAL DOG TREATS • Bully Treats • Antlers • Bully Sticks All Varieties except Mammoth Bone \$8.99 20% OFF OUR SUPER LOW PRICES	BRAMTON SIMPLE SOLUTION TRAINING PADS 23" x 24" 50 Pads (Extra Large 50 Ct. \$22.99) \$13.99
RUFF DAWG TOUGH DOG TOYS All Varieties 20% OFF OUR SUPER LOW PRICES	RELIANCE BIRD CAGES All Varieties Stock On Hand 20% OFF OUR SUPER LOW PRICES

BONUS COUPON FRISKIES BUFFET CANNED CAT FOOD 5.5 Oz All Varieties Limit 1 Case With Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 4/12/23 - 4/18/23 ON SALE Everyday CHM PLU 367	BONUS COUPON WHISKAS TEMPTATIONS CAT TREATS • Selected Varieties - 3 Oz Limit 2 Pkgs with Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 4/12/23 - 4/18/23 \$2.19 CHM PLU 569	BONUS COUPON JONNY CAT CAT LINERS Jumbo Drawstring - 5 Ct Limit 1 Box with Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 4/12/23 - 4/18/23 \$2.39 CHM PLU 449
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Boomers Weigh Health Insurance and Medicare Costs in Retirement

By Tim Coughlin



The Baby Boomer retirement tsunami is here! It's estimated that in 2023 over 10,000 Boomers a day will reach retirement age! As they prepare for retirement, they are often confronted with questions about what the health and/or Medicare insurance options and costs are.

"The cost of health insurance or Medicare can be a bit of a shock, or surprisingly affordable depending on your current cost of coverage, income, and the type of coverage you prefer," says Tim Coughlin, an agent in Gold River specializing in health and Medicare insurance.

Health Insurance costs for those under age 65, needing coverage to bridge to Medicare, can range from practically nothing to over \$1,000 a month for individuals and \$2,000 a month or more for couples.

For Medicare-eligible individuals, the cost of Medicare and plan premiums can range from around \$165 a month to over \$700 a month for a single person and twice those amounts for couples depending on plan choice and household income. On top of premium costs, there are potential deductibles, copays, and coinsurance that can add to overall healthcare costs.

"It pays to compare all options you may have; 'COBRA,' retiree coverage, Covered California, Medicare Supplement, Medicare Advantage, and Prescription Drug plans," says Coughlin. "Prescription drug plans can be an important factor for Medicare beneficiaries as costs can be higher for expensive medications." Another consideration that can impact cost is your choice of providers. 'PPOs' and Medicare Supplement plans provide more freedom regarding your choice of providers but have generally higher premium costs than 'HMOs'.

For people who have been on an employer plan and never had to deal with purchasing their own health insurance or for those new to Medicare, the process of plan selection and enrollment can be a bit intimidating. Evaluating options to make sure you're getting the best rates, coverage, access to providers, and avoiding common pitfalls can be stressful.

An independent broker who specializes in health and Medicare plans can be very helpful in this process and because brokers are paid by the insurance companies, consumers don't pay for their services.

An experienced, local agent will be familiar with the market, provider networks, pros and cons of different options, and help you avoid potentially costly mistakes. Look for an experienced local agent with good client reviews who takes the time to understand your situation and objectives, presents multiple options, and is committed to providing you with ongoing personal service.



Tim Coughlin is an award-winning independent agent in Gold River specializing in Medicare and health insurance for over 35 years. He can be reached at (916) 346-4417, by email at tim@summitindins.com, or through the agency website; summitindins.com. (Lic. # 0669552)

This is a paid advertorial

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Rancho Cordova, CA 95670
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Market: 7 Days 8am-9pm
Food Court: 7 Days 11am-7:30pm
Korean/Mex/Viet: 7:30pm last call
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1 lb
REG. \$16.99/lb
\$9.99 /lb

Antartica Tilapia Fillet
2 lbs
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WEEKLY MEAT SPECIALS

Beef Rump/Bottom Round Roast - Bnls
Papa Coiro en Trozo sin Hueso
\$3.99 /lb

Beef T-Bone Steak
Filete Chuleton de Ternera
\$5.49 /lb

Beef Porterhouse Steak
Filete Biste de Ternera
\$5.99 /lb

Pork St. Louis Ribs - Single Pack
Costillas de San Luis
\$2.99 /lb

Boneless & Skinless Chicken Thigh Meat
Carne de Muslo Deshuesada
\$1.79 /lb

Pork Chop Bone-In
Hueso de Chuleton de Cerdo
\$1.69 /lb

Pork Cushion Meat - Boneless
Carne de Cerdo Deshuesada
\$1.99 /lb

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FRESH PRODUCE

99¢ /lb	\$1.49 /lb	\$3.49 /ea	99¢ /lb
69¢ /lb	79¢ /lb	\$1.79 /bag	\$2.99 /bag

AMERICAN/HISPANIC GROCERY

\$3.99 /ea	\$1.99 /ea	\$4.99 /ea	99¢ /ea	\$1.29 /ea
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ASIAN GROCERY

\$2.99 /ea	2/\$3.00	\$3.99 /ea	\$3.99 /ea	2/\$0.99
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EUROPEAN GROCERY

\$10.99 /ea	\$2.99 /ea	\$3.29 /ea	\$1.99 /ea	\$1.09 /ea
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KOREAN/JAPANESE GROCERY

\$15.99 /ea	\$12.99 /ea	\$2.49 /ea	\$1.99 /ea	\$3.99 /ea	\$9.99 /ea
\$2.99 /ea	\$10.99 /ea	\$4.99 /ea	\$5.99 /ea	\$15.99 /ea	\$79.99 /ea

HOUSEWARES

19.99 /ea	\$39.99 /ea
\$39.99 /ea	\$45.99 /ea

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\$7.99 /ea	\$5.49 /ea	\$5.59 /ea
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