

LITTLE LEAGUERS OPENING DAY! PAGE 3





VOLUME 57 • ISSUE 11 PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY SINCE 1968

MARCH 17, 2023

SEE INSIDE HUNGER SPIKE COMING COMING

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SNOWPACK SHOWS HUGE **GAINS**



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A Conversation with Kiyo Sato



Kiyo Sato, the daughter of Issei Japanese immigrants, visits the MACC on March 4, 2023, to recount her experience in surviving the Japanese internment camps after US President Franklin Roosevelt signed Executive Order 9066 ordering all Japanese persons be "relocated." Photo by Rick Sloan

Story by Cheryl Gleason

RANCHO CORDOVA, CA (MPG) - Kiyo Sato was born in Sacramento, California on May 8, 1923, the eldest daughter of Issei Japanese immigrants. Shinji and Tomomi Sato purchased land with the help of a neighbor because Issei (first generation Japanese people) could not buy land, only white or Nisei (American born Japanese) could purchase land in their own name. Kiyo, the eldest of the nine Sato children has lived in the area around and in Rancho Cordova for decades. As a child she walked her siblings to the once "Mills Grocery" (currently the MACC) and would read to them in the back where Mr. Studarus had books. On March 4, 2023, Cheryl Gleason, art director of the MACC, interviewed Kiyo about her book "Kiyo's Story" (originally published as "Dandelion in the Crack"). The book tells the story about a family's fight to keep their land and survive the Japanese internment camps after Franklin Roosevelt signed Executive Order 9066 ordering all Japanese persons be "relocated". Gleason asked about growing up in the area. Kiyo had fond memories of the Mills Grocery store, Mr. Studarus and the Edward Kelly School on Bradshaw Rd, where Ms. Cox was her teacher. Kiyo graduated 8th grade as valedictorian. Her family members were very successful farmers in the area, along with many other Japanese families.

Kiyo attended Sacramento City

War II. Resilience and love for the children are how many families tolerated the brutal conditions of internment. This book, 'Kiyo's Story' is a real account of a family growing up here in the Rancho Cordova area before and after internment. The lessons of their parents Shinji and Tomomi Sato still survive in their children. All the Sato family Nisei children proved their love to their family, their country and their resilience. If you have not read this book, you should.

The MACC currently has an exhibit from the Smithsonian Institution till the

Operation Secret Admirer Apprehends 18 Suspects

Sac County Sheriff's Dept. News Release

SACRAMENTO COUNTY, CA (MPG) - Between Tuesday, February 14, 2023, and Wednesday, March 1, 2023, the Sacramento County Sheriff's Office led a multi-agency undercover operation to combat online-facilitated sexual exploitation of children. **Operation Secret Admirer** resulted in the arrest of 18 suspects, the majority of whom were booked at the Sacramento County Main Jail for various charges that include:

PC 288.3(a) - Contacting a minor with the intent to commit a sex crime; PC 288.4(a) - Arranging to meet with a minor for lewd purposes; PC 664/288(a)

- Attempted lewd/lascivious acts with a child under 14; PC 288.2(a)(2) - Distribution of harmful material to a minor; PC 664/311.4(c) - Attempted production of child pornography.

The operation was conducted by Internet Crimes Against Children (ICAC) Task Force investigators from the Sacramento County Sheriff's Office, Sacramento County District Attorney's Office, California Department of Justice (DOJ), Federal Bureau of Investigations (FBI), Homeland Security Investigations (HSI), Sacramento County Probation, Elk Grove Police Department, Sacramento Police Department, Folsom Police Department, Placer County Sheriff's Office, Division of Adult Parole Operations (DAPO), El Dorado County District Attorney Investigations, Rancho Cordova Police Department, and San Joaquin County Sheriff's Office. **Operation Secret Admirer** began on Valentine's Day when investigators posed online in various chat forums as children 13 years old and younger. They were contacted by the suspects who attempted to groom the child (undercover officer) by using sexually explicit language, sending pornography, attempting to convince the child to send sexual images and videos of themselves, then arranging to meet up with the child to commit a sex crime. 13 of the suspects traveled to a meeting location with the intent to meet with a child to commit a sex crime and were apprehended by awaiting officers. The remaining suspects were taken into custody at alternate locations. Three of the arrested suspects were found to be registered sex offenders. One Continued on page 4



BIRDS AND

College when the Japanese bombed Pearl Harbor on December 7, 1941. Completely unaware of the previous day's news, Kiyo set out to attend classes, but what she found was both frightening and worrisome for her and her family's safety. The book takes you on a beautiful journey of a family under unreasonable circumstances and events before and after Executive Order 9066, and the aftermath of World 25th of March called "Righting a Wrong: Japanese Americans and WWII". There is no admission fee and there are two weeks left to see the exhibit. The gallery is open Thursday and Fridays 2-7pm and Saturdays 11-4 pm. For those who were not lucky enough to get a seat at the conversation with Kiyo talk at the MACC, it was filmed by Cal Cap Film Studio and will soon be available on the MACC YouTube channel. ★





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BARC Memorial Ride for Timothy Fairall

BARC News Release

RANCHO CORDOVA, CA (MPG) - The Bicycle Advocates for Rancho Cordova (BARC) will be hosting a memorial bike ride for Timothy Fairall on Sunday, March 19th at 2 PM. BARC will meet behind the KP Market/ Cordova Town light rail station for a casual-pace ride of just under 4 miles. The ride ends in Ahlstrom Park at 2425 Zinfandel Dr. In November 2022, Timothy Fairall was horrifically attacked while riding his bike on Zinfandel Dr in Rancho Cordova. Mr. Fairall did not survive his injuries. The Rancho Cordova community was deeply saddened by this incident. BARC's ride is in honor of Timothy Fairall and his family, as well as to call attention to the right to safety for all residents of Rancho Cordova, cyclists included.

Ride participants can RSVP using this link: https://tinyurl.com/



BARC bike valet during a Family Fall Fest event. Photo by Nick Buchen

RideInPeace. Those wishing to skip the bike ride may join BARC in Ahlstrom Park at the conclusion of the ride; our estimated arrival time is 2:45 PM. We will gather to say a few words in honor of Mr. Fairall before disbursing. Bicycle Advocates for Rancho Cordova (BARC)

Rancho Cordova (BARC) is a nonprofit that promotes biking for all ages, abilities, and backgrounds through community

engagement, education, and advocacy.

To stay updated on BARC's activities, follow them on social media. Search for @bikebarc on Facebook, Instagram and Tik Tok. ★

www.RanchoCordovaIndependent.com

Bera Reintroduces Bicameral Bill for Americans to Sign Up for Health Care

Office of Congressman Ami Bera, M.D.

WASHINGTON, DC (MPG) - On February 17, 2023, Representative Ami Bera, M.D. (D-CA) introduced the Easy Enrollment in Health Care Act, bicameral legislation to simplify health care enrollment for Americans by allowing them to enroll in coverage when they file their federal tax returns.

"As a doctor who has cared for our nation's patients, I have seen first-hand how stressful and overwhelming it can be to sign up for health care coverage," said Representative Ami Bera, M.D, who previously served as Chief Medical Officer for Sacramento County. "That's why I'm introducing the Easy Enrollment in Health Care Act with Senator Van Hollen to help millions of uninsured Americans automatically enroll in affordable health insurance at the same time they file their federal tax returns. It's critical that we cut burdensome red tape to make it easier for Americans to get insured."

Senator Chris Van Hollen (D-MD) introduced companion legislation in the U.S. Senate earlier in the week.

"More Americans than ever can access free or low-cost health insurance through the Affordable Care Act, yet millions are still uninsured because of barriers they face in enrollment. Getting covered doesn't need to be this complicated - and that's why I'm introducing this bill to help Americans more easily find the health plans that work best for them by simply checking a box on their federal tax returns. Easy Enrollment is a simple, yet powerful approach that has already been proven in Maryland to boost participation in affordable health care plans, and it's time we make it available nationwide," said Senator Van Hollen.

BACKGROUND

Nearly 2 in 3 uninsured Americans are eligible for programs like Medicaid, CHIP, and Advanced Premium Tax Credits but still aren't covered, totaling in over 18 million people - including 13 million who are eligible for free insurance at this very moment. This "enrollment gap" disproportionately harms families of color. In 2019, adults of color were 41% more likely than

whites to qualify for health programs but not be enrolled, and nearly 2 in 3 uninsured children who qualify for Medicaid or CHIP are African-American, Latino, Indigenous, or other children of color. However, 4 in 5 uninsured citizens and lawfully present immigrants filed federal income tax returns, including 64% of those with incomes below 150% of the FPL.

Under this bill, Americans would be able to check a box on their federal income tax returns that would connect them with available health care programs in their state. By checking the box, the IRS would be authorized to share the data they already have on file with the individual's state health care marketplace exchange. A menu of options would then be sent back to the individual in a formal letter - at which point that person could either chose to opt-in to a specific program or remain uninsured if they choose. Individuals would have a 60 day special enrollment window to make your choice, and those who are eligible for a zero-premium plan who neither select a program nor opt out would be paired automatically with the program that provides the highest coverage with no premiums.

This type of tax filing system could reach the millions of uninsured Americans who know little about health programs or their eligibility to receive free health care. In 2017, after ample public education and 4 open enrollment periods, 40% of uninsured Americans were still unaware of health insurance marketplaces. By checking the box, these same families could see whether they qualify for free or low-cost health care and then enroll. This legislation brings health care information directly to people who need it most - and makes it easier than ever to sign up for a plan with zero premiums.

The bill is supported by a large and diverse group of organizations, including: Families USA, Protect Our Care, Third Way, Blue Cross Blue Shield Association, First Focus, Alliance of Community Health Plans, American Academy of Pediatrics, American Cancer Society Action Network, American Heart Association, and Centene.



River City Concert Band Presents

'Musical Storytelling'

Rancho Cordova River City Concert Band will hold a concert on Sunday, March 19th at 3:00pm, at KP International. Photo courtesy of RCRCCE

RCRCCB News Release

RANCHO CORDOVA, CA (MPG) - The Rancho Cordova River City Concert Band presents "Musical Storytelling," Sunday, March 19, 2023, at Koreana Plaza, Rancho Cordova. The concert begins at 3:00 p.m.

Under the direction of Tom Seaton, the Rancho Cordova River City Concert Band will tell stories old and new through the magic of music. Included in Sunday's performance will be musical renditions of Aesop's Fables (with narration from Rise Up Theatre's Dennis Cain, Walt Disney's Beauty and the Beast, The Lord of the Rings and highlights from the movie "Hook." The band will also shine a spotlight on women composers within the storytelling theme, including Julie Giroux's Riften Wed, Joni Mitchell's Both Sides Now, Fran Griffen's Huntsman In The Car! and Kimberly K. Archer's In The Gathering Dark.

Koreana Plaza has hosted the band numerous times in the last several years. In addition to comfortable indoor seating, Koreana Plaza's International Food Court has plenty of options for food and drink to enjoy during the concert, and shopping at a world-class international supermarket.

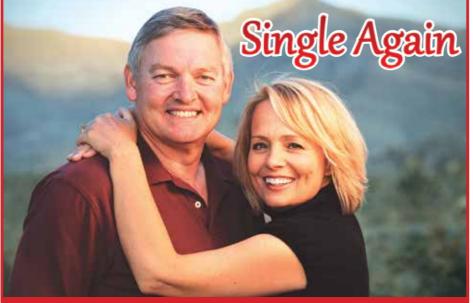
The band is pleased to be sponsored by the City of Rancho Cordova and is enthusiastically affiliated with the Sacramento Valley Symphonic Band Association

(SVSBA) and the Association of Concert Bands (ACB). Performing an average ten concerts a year, Rancho Cordova RCCB remains true to the American Community Band tradition - all of their concerts and performances throughout its year-long season are free to the public.

Therefore, there is no admission charge. As a part of the band's effort to 'Love Music, Share Music and Make Music,' a donation to further our mission to provide music to audiences, foster musical interest among children and provide performance opportunities for skilled community musicians would be gladly accepted. The RCRCCB also is accepting non-perishable donations for the Rancho Cordova Food Locker, who have provided their truck to move the band's equipment.

The Rancho Cordova River City Concert Band is a 501(c)(3) non-profit organization made up of approximately 50 volunteer musicians who donate their time and musical talents to present concerts with a broad audience appeal, conducted by music educator Tom Seaton. The band can be followed on Facebook and their web page can also be visited at www.rcconcertband.org. Videos of live and virtual performances can be viewed on the band's YouTube channel.

Come join the Rancho Cordova River City Concert Band on Sunday, March 19th at 3:00pm, at Koreana Plaza, 10971 Olson Drive, Rancho Cordova, CA 95670.





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Little Leaguers Pitch up on Opening Day

By Cassie Reyes, RCLL President Photos by Rick Sloan

RANCHO CORDOVA, CA (MPG) -Rancho Cordova Little League kicked off its 69th season on March 4, 2023. This season, we have 40 teams totaling 472 players ranging in ages from 3-14. Each year, the season begins with Opening Day ceremonies which starts with the teams parading on the Major field at Ahlstrom Park. The players are joined by the famous Sacramento Rivercats mascot, Dinger!

During the opening ceremony, we celebrated last seasons' All-Star players with an award recognizing them for representing RCLL in post season tournament play. Little League believes in the power of youth baseball to teach life lessons that build stronger individuals and communities. Joined together by one common goal, we are one team... one little league... and that's Rancho Cordova Little League. Inside the fence, we play hard to win. Outside the fence, we are all friends and part of one community.

Rancho Cordova Little League endured a profound loss in July with the passing of Dennis Lamantia. Dennis was a longtime leader here at RCLL, and he devoted an infinite amount of time over the years applying his knowledge and expertise to ensure we provided the absolute best, youth baseball program around. In honor and memory of Dennis Lamantia, for his contributions and commitment to Rancho Cordova Little League, we dedicated our Major field to him. This field is where Dennis spent many years coaching his Yankees. Rancho Cordova Little League honored Dennis Lamantia' s family with a plaque as a token of our gratitude and appreciation in recognition of all that he meant to us and everyone in our community; Dennis' son, Danny, was in attendance accepting this plaque. *



Michele Elkins-Buettner, RCLL Vice President/Treasurer (center) presents a commemorative plaque to Dan Lamantia honoring the work of his father, the late Dennis Lamantia. On the left, Cassie Reyes, RCLL President announces the recognition.



The River Cats in the T-Ball Division (ages 3-5 years) march into the stadium during the parade after being announced by Mayor Linda Budge.



Dinger gives Rancho Cordova Little League kids all fives during Opening Day on March 4, 2023.



River Cats mascot Dinger fist bumps a River Cats Little Leaguer on Opening Day on March 4, 2023.



The A's in the American Divison (ages 7-10 years) march into the stadium during the Rancho Cordova Little League parade of teams on Opening Day on March 4, 2023.



Youngest player Kadin Downey (3) threw the first pitch while the oldest player Sean Craven (14) was catcher.



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Operation Secret Admirer Apprehends 18 Suspects

Continued from page 1

of the suspects was found to be on Felony Pre-Trial Monitoring for PC 236 (False Imprisonment) and was wearing an ankle monitoring device. All 18 suspects were charged with multiple felonies. If convicted, they will face prison or jail time and be required to register as sex offenders.

The success of this operation can be credited to the expertise of our investigators and the strong relationships with our regional, State, and Federal partners. The ICAC Task Force will continue to make proactive arrests of subjects who pose a danger to the community and our children, and we encourage the community to report any sexually explicit communication between adults and their children to their local law enforcement agencies. For additional information on the ICAC Task Force, please visit:

https://sacvalleyhitech.com/icac

Investigators believe the arrested suspects have engaged in these acts before and are asking for the public's help to identify additional unreported victims. There is no statute of limitation on these crimes; investigators encourage victims that may have been

targeted by these individuals to come forward by contacting the ICAC Task Force or their local law enforcement agency.

Arrested Suspects from Operation Secret Admirer:

Carrel Eversoll Weldon III (22), Walnut Grove (Registered Sex Offender); Christopher Eric Campbell (48), Citrus Heights (Registered Sex Offender); Adam Matthew Kuite 09/22/1986 (36), Olivehurst (Registered Sex Offender); Paul Clifton Turner (34), Sacramento (Felony Pre-Trial Release); Anthony Duane Page (30), Sacramento; Pablo Noel Narvarro (28), Sacramento; Frank Cardell Binger (59), Sacramento; Vishal Prasad (30), Rancho Cordova; Shomari Marwan Head (37), Sacramento; Hyatt Reilly Simmons (34), Sacramento; Elder Ulloallopez (26), San Francisco; Javier Flores (20), Sacramento; Gabriel Tyree Tomboc (27), Vallejo; Jorge Armando Herreraserrano (44), Citrus Heights; Adrian Paul Alverez (25), Sacramento; Omar Bravo Ramirez 04/28/1995 (28) Orangevale; Eric Michael Weaver (48), Lincoln (Booked in Placer County); Christopher Gavin Arnold (57), Lake Tahoe (Booked in Placer County)

Grant Program for Non-Profit Organizations to Open

SacCounty News Release

SACRAMENTO COUNTY, CA (MPG) - The County Board of Supervisors intends to continue providing \$1 million through the Transient Occupancy Tax (TOT) Grant Program to support nonprofit organizations located in Sacramento County in Fiscal Year 2023-24. For the last 7 years, the Board of Supervisors has awarded funds to organizations that carry out community-based programs and/or services in the areas of economic and workforce development, arts and culture, community development, and health and human services. The County began setting aside funding for this purpose in 2017.

Grants will be allocated through a competitive process and applicants must meet eligibility and funding requirements. Applications will be accepted online beginning February 10, 2023, through the County's Office of Budget and Debt Management with a deadline of March 13, 2023.

Funding for the TOT Grant Program will

February 17, 2023, 9:30 a.m. - 11 a.m. and 11:30 a.m. - 1 p.m.

The workshop includes a review of the following:

Grant program and review process; Application; What the Evaluation Panel looks for in a strong application; Timeline and submission information; Frequently asked questions.

Grant Application Review Period March 13 – 17, 2023:

County staff will review applications for completeness and compliance with minimum eligibility requirements. Applicants will be notified electronically if proposals do not meet the minimum qualifications and will not continue to the evaluation process.

March 17 – April 17, 2023

Subject Area Expert Panel Application Review: Subject area experts will review, evaluate, and rank qualifying applications. May 2023

TOT Board Review Committee: Board Review Committee to review recommendations of the Subject Area Expert Panel's Recommendations and award District directed grants based on input from Subject Area Experts.



MARJORIE BOULTON LOCAL SCHOOLTEACHER, AUTHOR OF RANCHO HISTORY

Marjie Boulton, 87, died peacefully on February 6, 2023, with family by her side. Born and raised in Hampton, Iowa, she met Jerry Boulton when they were waiters at a diner near the University of Iowa, where she was studying. They married in 1955. After moving to California, she taught elementary school in the Sacramento City Unified School District from 1970-2003 work she loved. Following her career in education, Marjie co-founded the Rancho Cordova Historical Society. The Rancho Cordova Grapevine and Sacramento Bee published portions of her 1969 master's degree from Sac State on the history of Rancho Cordova.

Marjie loved children, adventure, gardening, history and Kings basketball, a sport she played in high school.

She was preceded in death by



her mother and father, Hattie and Albert Heins; beloved husband, Jerry, and daughter Roxanne Hart. She will be missed by her sister, Delores Benning, children Karen Huntington, Alan Boulton, and Debbie Wilhoit, grandchildren Melissa Day (John), Greg Wilhoit (Samantha), and Shane Wolfe (Michelle), and great-grandchildren Aiden, Gavin, and Evelyn. The family thanks the staff at Summerset Senior Living for providing care and comfort to Marjie over the past four years. Marjie donated her body to UC Davis Medical School.

A celebration of life will be held Friday, March 24 from 2-4 p.m. at the American River Grange Hall, 2720 Kilgore Road, Rancho Cordova, CA 95670. In lieu of flowers, please make donations to the Alzheimer's Association.

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come from County Transient Occupancy Tax (TOT) revenues. Transient Occupancy Taxes are levied on guests who occupy rooms in hotels, motels and other temporary lodging accommodations in the unincorporated area of the County.

> 2023-24 TOT Grant Program Application Dates & Details **Grant Application DEADLINE:** March 13, 2023, 5:00 p.m.

Grant Application Period February 10 - March 13, 2023

All applications and requested materials must be submitted by 5 p.m. on March 13, 2023. No late applications will be accepted; Online Applications: Only online applications will be accepted. Apply online beginning February 10; Duplicate and incomplete applications will be disqualified; Applicants will receive an electronic receipt notification upon submission of the application.

Grant Program and Application Virtual Workshop:

February 16, 2023, 5:30-7:30 p.m. and

Grantee Award Approval June 2023

Grant Program Hearing Notification: Applicants will receive a second electronic notification of the schedule for the Board of Supervisors Hearing where recommended award selections will be made.

The Board of Supervisors will make the final determination and approval for all TOT Grant Program recipients.

County Budget & Dept Management Division staff will notify applicants of funding selections within 5 business days of Board Hearing approval. All notifications will be made electronically.

County Budget & Dept Management Division staff will draft and administer agreements between the County and grantees.

For more information about the grant program, visit the TOT Grant Program website.

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By Bob McGarvey

Happy Saint Patrick's Day!!! I can't think of a better way to start the column. I have enjoyed Saint Patrick's Day for a long time. Everyone in my family and my friends had a lot of fun as we grew up. One thing that was always said, everyone is "Irish" on that special day. I hope all of you can enjoy Saint Patrick's Day.

My wife and I were driving around getting things done, like everyone does. Buying groceries, looking in different stores, for clothes, or presents, and finding other ways to spend money. While we looked down at the small bridge you can see from Sunrise Bridge, and like many other times the American River is getting close to running over it. My guess is that the water is only 3 or 4 feet from touching the bottom of it. We will have to see if it does go over after the next storm comes in. We will all know when you see this column if the storm made the water go over again.

We drove on the El Manto Dr and looked at the river to see how much closer the water comes to that part of the American River Parkway. After driving there we left part of the parkway, and drove to the entrance of the Rossmoor Dr to another part of the American River Parkway. Going down the mile or so of that part of the parkway we could see that it won't be long before the water comes up to the parking lot, and Rossmoor would be closed.

Another storm is coming to California next weekend. It may even be giving us more rain by Friday Saint Patrick's

And Another Thing

Нарру Saint Patrick's Day!!!

Day. I don't know how much rain we have received this rainy season, but we reached the regular amount of rain a few weeks ago according to TV reports. Everyone is hoping that the people who are buried under the many feet of snow is the Sierra because the rain is up to 6,000 feet. I hope many more people up there aren't injured because of the rain increasing the weight of the snow on their roofs. Let's hope they can come out safely.

Many people in Rancho Cordova watched the U.S. Army Corps of Engineers put in some fences along the Rossmoor entrance and plant trees to replace the trees they took out along the Folsom Reservoir. They finally took out the fence a few years ago. Now I read the new sign along Rossmoor Dr in the American River Parkway which says,

"American River Common Features, Contract C Vegetation clearing, Elderberry Transplanting and Offsite Mitigation for Sites 2-2 and 2-3. Contractor - Sierra Nevada Forestry Service LLC, P.O. BOX 3055, Yuba City, CA 95992, (530-673-1525)."

That information is on the sign telling the public of the details of their intent. The sign can be found on Rossmoor Drive in the parkway. I don't have the details yet about Elderberry Transplanting, but I am curious why planting more of them. The Elderberry is no longer in danger of the extinction we were told about a few years ago. I will let you know as soon as I get an answer from the Army Corps of Engineers.

From Bob McGarvey, God bless, and see you next time.

Board Approves American River NRMP

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Board of Supervisors voted unanimously on February 28, 2023 to approve the American River Natural Resources Management Plan (NRMP).

The goal of the NRMP is to provide relevant and defensible information to the Parkway Managers so that they can make informed decisions for managing, maintaining and enhancing Parkway resources. In general, the NRMP provides a clear understanding of existing Parkway resources, the effects of disturbances such as flood, fire, invasive species and human impacts, as well as opportunities for protection and enhancements.

"We are so excited to get to work implementing the American River Natural Resource Management Plan," said Liz Bellas, Director of Regional Parks. "This plan includes 65 site-specific projects, and we expect to get started on 12 of them within the first 10 years, including establishing low-growing native vegetation under power lines in the Discovery, Woodlake, Cal Expo, and Watt areas of the Parkway; developing a conceptual naturalization plan for a stormwater runoff channel at Woodlake; developing a wildfire rehabilitation plan; and establishing a community science program."

In addition to the NRMP, staff have developed a draft NRMP Monitoring Plan that provides Regional Parks with

a framework for monitoring and reporting the progress of general and specific management actions set forth in the NRMP.

The Monitoring Plan will include ongoing coordination with stakeholders and/or project proponents to ensure that project implementation and monitoring activities are integrated into the overall monitoring and reporting goals of the NRMP. These monitoring and reporting goals cover biological resources, physical resources, cultural resources, human use impact reduction, as well as agency and community coordination.

The Monitoring Plan will be brought to the American River Parkway Advisory Committee for endorsement, and to the Recreation and Parks Commission for final approval.

Regional Parks would like to thank the organizations who participated in the development of the NRMP, including:

American River Equestrian Trail Patrol; American River Natural History Association; American River Parkway Advisory Committee; American River Parkway Foundation; California Department of Water Resources; California Native Plant Society; Wildlife Conservation Board; Sacramento Area Flood Control Agency (SAFCA); Sacramento Running Association; Save the American River Association; Sierra Club; U.S. Fish and Wildlife Service; U.S. Army Corps of Engineers; The Water Forum.



Record Winter Storms Could Spawn Disastrous Floods



flooding if warm tropical storms drop huge amounts positions of meteorological storm, although it will see conditions can overwhelm flows. I'm afraid people celebrating the great snows in the Sierra Nevada are seriously underestimating the risk of spring flooding in California, including reservoir operators and state and federal water managers," Peter Gleick, one of the American, is especially water, tweeted on Saturday. Not only could it happen this year, but it could happen in the San Joaquin Valley this week, the National Weather Service warned in a bulletin issued early Monday morning, citing a warm storm that will hit the region beginning Thursday. 'An abundance of subtropical moisture will move inland over Central California along the southern periphery of this storm system Thursday night through Friday night," the NWS said, adding that "heavy rainfall and the mild air mass will result in rapid snow melt in areas that have received several feet of snow in the past few weeks. "The combination of heavy rainfall and rapid snow melt will cause water levels to rise on area rivers and streams Thursday night through Saturday. Persons living near rivers and streams should closely monitor water levels and be ready to move working for California

potential downside: major threat of flooding becomes imminent."

Northern California is not of water and suddenly melt likely to feel the impacts the snowpack. Such juxta- of this week's subtropical additional rain and snow. the carrying capacity of the Whether the immense snowrivers and the dams that pack evolves from friend are supposed to control river to foe depends not only on the pattern of precipita-"I hope I'm wrong, but tion in the next few months, but on the ability of dams and reservoirs to absorb its runoff and the integrity of river levees Sacramento, the state capital that lies at the juncture of two major rivers, the Sacramento and the state's foremost experts on threatened if the "killer flood" scenario becomes reality. An immense bypass channel protects the city from the Sacramento River – as long as its levees are not breached but the American River is problematic. Its major control facility, Folsom Dam/Folsom Lake, is generally regarded as too small to handle a major surge of melting snow. The American's levees are being strengthened, but the work is not complete. Folsom Dam's outflow capacity has been expanded by a new spillway. The new works will likely be tested when the massive American River watershed releases its huge snowpack as winter turns to spring and then summer.

By Dan Walters, CALMatters.org

The winter of 2022-23 will go into the meteorological record books for one of the heaviest – if not, the heaviest – precipitation ever experienced in California.

California has been buffeted for more than two months by a seemingly nonstop series of storms rolling in from the Pacific, soaking virtually every corner of the state. Their most unusual aspect has been the huge snowfall in Southern California mountains, where hundreds of people remain trapped in resort communities.

Overall, California's snowpack is approaching 200% its average for this point of the season.

"This snowpack actually rivals 1982-83, which is the largest snowpack on record," Sean de Guzman, who manages snowpack measurement for the state Department of Water Resources, said Friday after his crew conducted a survey near Echo Summit (7,377 feet elevation) in El Dorado County.

The record will likely be broken because meteorologists are forecasting storms for weeks to come.

While the wet and snowy winter has provided welcome relief from several years of drought, there's a to higher ground if the newspapers.

Maybe Sacramentans should cross their fingers.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years



Rancho Cordova (916) 635-9000 9:00 am Sundays: Youth and Adult classes 10:30 am: Worship Gathering Nursery and Children's programs available at both 9:00 and 10:30 am

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Meets Sundays, 12:30 pm at New Life Center, 2451 Zinfandel Drive, Rancho Cordova Senior Pastor Roy Leos Sunday: 12:30 pm in person & Facebook Live Wednesday: 7 pm via Zoom www.rcSunrise.org, (916) 710-0142

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Publisher, **Paul V. Scholl**

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ORDER TO SHOW CAUSE – CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00330154-CU-PT-GDS Olha Ohonovska and Vadvm Ogonovskyi have filed a petition with this court for a decree changing the name(s) of Olha Ohonovska to Olga Ógonovski; Ohonovska Anzhelika to Angelica Ogonovski; Rufina Ohonovska to Rufina Ogonovski; Lucas Ogonovskyi to Lucas Ogonovski; Diana Ohonovska to Diana Rose Ogonovski; Vadym Ogonovskyi to Vadim Ogonovski.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 25, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted Dated: February 27, 2023 Christopher E. Krueger, Judge of the Superior Court Publish: March 10, 17, 24 & 31, 2023

OLHA 3-31-23 SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2023-00335124

FNU Sima has filed a petition with this court for a decree changing the name(s) of FNU Sima to Sima Zazai.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 19, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any why the petition for Change of Name should not be granted. Dated: February 22, 2023 Christopher E. Krueger, Judge of the Superior Court Publish: March 10, 17, 24 & 31, 2023

3-31-23 SIMA

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2023-00334905

Christabelle Maae has filed a petition with this court for a decree changing the name(s) of Lusiatalia Leagafaialefaiva Tupito-Penitani to Faia Natasha Tupito-Ma'ae.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 9, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 17, 2023 Christopher E. Krueger, Judge of the Superior Court Publish: March 10, 17, 24 & 31, 2023 MAAE 3-31-23

SUPERIOR COURT OF

95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 22, 2023 Richard K. Sueyoshi, Judge of the Superior Court Publish: March 10, 17, 24 & 31, 2023 REMA 3-31-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2023-00335119

Shahrukh Khan has filed a petition with this court for a decree changing the name(s) of Shahrukh Khan to Shahrukh Zazai.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 7, 2023, at 1:30 p.m. in Department 53. located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 22, 2023 Richard K. Sueyoshi, Judge of the Superior Court Publish: March 10, 17, 24 & 31, 2023 SHAHRUKH 3-31-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

CHANGE OF NAME #34-2022-00321001 Debbie Ann Kennedy, aka

Debra Ann Young, aka Debra A. Young has filed a petition with this court for a decree changing the name(s) of Debbie Ann Kennedy, aka Debra Ann Young, aka Debra A. Young to Debra Ann Young.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 4, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 31, 2023 Richard K. Sueyoshi, Judge of the Superior Court Publish: March 10, 17, 24 & 31, 2023 DEBRA 3-31-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2023-00335391 Wileisha Watson has filed a petition with this court for a decree changing the name(s) of Adeola Imani Idayat Watson to Adeola Idayat Taiwo Olusesan.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 13, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 1, 2023 Richard K. Sueyoshi, Judge of the Superior Court Publish: March 10, 17, 24 & 31, 2023 WATSON 3-31-23

SUPERIOR COURT OF

p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 8, 2023 Richard K. Sueyoshi, Judge of the Superior Court

Publish: March 17, 24, 31, April 7, 2023 HUSSEIN 4-7-23

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF **GLORIA GARCIA**

CASE NO. 34-2022-00328364 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Gloria Garcia, deceased.

A Petition for Probate has been filed by Yvonne Garcia, in the Superior Court of California, County of Sacramento, requesting Yvonne Garcia be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows March 23, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento. William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attornev knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are inin the est file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Yvonne Garcia, PO Box 189271, Sacramento, CA 95818; 916-213-7599 Publish: March 3, 10 & 17, 2023 3-17-23 GARCIA

your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are in-terested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Gordon G. Bones. Bones Law Firm, 5860 Esrig Way, Sacramento, CA 95841; 916-965-6647 Publish: March 10, 17 & 24, 2023

FRYE 3-24-23

NOTICE OF PETITION TO ADMINISTER ESTATE OF PATRICIA MARGARET VOLUMER

CASE NO. 34-2023-00332975 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Patricia Margaret Vollmer deceased.

A Petition for Probate has been filed by Margaret Ann Hayes, in the Superior Court of California, County of Sacramento, requesting Margaret Ann Hayes be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows June 7, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn nento CA 958 load IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written obections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Ruby Steinbrecher, PO Box 2790, Sebastopol, CA 95473; 510/435-6356 Publish: March 17, 24 & 31, 2023 VOLLMER 3-31-23 NOTICE OF PETITION TO

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows April 18, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim

with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk The name, address and telephone number of the Attorney for Petitioner is: Allan R. Frumkin. Esq., Law Offices of Allan R. Frumkin, Inc., 5900 King Road, Loomis, CA 95650; 916/660-9298

Publish: March 17, 24 & 31, 2023 3-31-23 PATTEN

SUMMONS

SUMMONS (PARENTAGE-CUSTODY AND SUPPORT) CASE NUMBER (NUMERO DEL

CASO): 22FL01313 NOTICE TO RESPONDENT DEMANDADO (Nombre): Channel Stonich YOU HAVE BEEN SUED. Read the information below and on the next page. Lo han demandado, Lea la informacion a continuacion y yan la pagina siguiente. PETITIONER'S NAME (NOMBRE DEL DEMANDÀNTE): Jay Erickson You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call or court appearance will not protect you. Usted tiene 30 DIAS CALENDARIO después de que se le presente esta Citación y Petición para presentar una response (formulario FL-120) en el tribunal y tener una copia notificada al peticionario. Una carta. llamada telefónica o comparecencia ante el tribunal no lo protegerá. If you do not file your response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. Si no presenta su respuesta a tiempo, el tribunal puede hacer órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. Es posible que se le ordene pagar la manutención y los honorarios y costos de los abogados. For legal advice contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.org) or by contacting your local county bar association. Para obtener asesoramiento legal, póngase en contacto con un abogado de inmediato. Obtenga ayuda para encontrar un abogado en el Centro de Autoayuda en Línea de los Tribunales de California (www.courts.ca.gov/selfhelp), en el sitio web de Servicios Legales de California (www.lawhelpca. org) o comunicándose con el colegió de abogados de su conda-

do local. RESTRAINING NOTICE: ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouse or domestic partners until the petition is dismissed, a judgment is entered or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of AVISO: ĹAS them. ÓRDENES DE RESTRICCIÓN ESTÁN EN LA PÁGINA 2: Estas órdenes de restricción son efectivas contra ambos cónyuges o parejas domésticas hasta que se desestime la petición, se dicte una sentencia o el tribunal dicte más órdenes. Son exigibles en cualquier lugar de California por cualquier oficial de la ley que haya recibido o visto una copia de ellos.

FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party. EXENCIÓN DE TARIFAS: Si no puede pagar la tarifa de presentación, pídale al secretario un formulario de exención de tarifas. El tribunal puede ordenarle que devuelva la totalidad o parte de los honorarios y costos que el tribunal renunció para usted o la otra parte.

The name and address of the court are: (El nombre y direccion de la corte es): Sacramento County Superior Court, 3341 Power Inn Road, Sacramento, CA 95826

The name, address and telephone number of the petitioner's attorney, or the petitioner without an attorney are (El nombre, dirección y número de teléfono del abogado del peticionario, o del peticionario sin abogado es): Brooke K. Bryant, 249262, Merus Law, APC, 925 Highland Point Drive, Suite 120, Roseville, CA 95678: 916-742-7747 Date: (Fecha) March 24, 2022 By: S. Brock, Deputy Clerk of Court

STANDARD RESTRAINING ORDER (Parentage – Custody

and Support) ORDEN DE RESTRICCION ESTANDAR

(Paternidad - Custodia y Manutencion)

Starting immediately, you and every other party are restrained from removing from the state, or applying for a passport for, the minor child or children without the prior written consent of every other party or an order of the court.

This restraining order takes effect against the petitioner when he or she files the petition and against the respondent when he or she is personally served with the Summons and Petition OR when he or she waives and accepts service.

This restraining order remains in effect until the judgment is entered, the petition is dismissed, or the court makes other orders. This order is enforceable anywhere in California by any law

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2023-00335016

Kaitlin Brea Merle has filed a petition with this court for a decree changing the name(s) of Kaitlin Brea Merle to Kaitlin Brea Anderson.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 10, 2023, at 9:00 a.m. in Department 54. located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 17, 2023 Christopher E. Krueger, Judge of the Superior Court Publish: March 10, 17, 24 & 31, 2023 3-31-23 KAITLIN

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2023-00335117

Faisal Khan has filed a petition with this court for a decree changing the name(s) of Faisal Khan to Faisal Zazai.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 7, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814. and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 22, 2023 Richard K. Sueyoshi, Judge of the Superior Court Publish: March 10, 17, 24 & 31, 2023 3-31-23 FAISAL

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2023-00335115

FNU Rema has filed a petition with this court for a decree changing the name(s) of FNU Rema to Rema Zazai.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 7, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA

CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2023-00335682

Hamid Nader Jan has filed a petition with this court for a decree changing the name(s) of Hamid Nader Jan to Faroogkhan Hanifi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 18, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 7, 2023 Christopher E. Krueger, Judge of the Superior Court Publish: March 17, 24, 31, April 7, 2023 HAMID 4-7-23

> SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2023-00335826

Manisha Ann Jacques has filed a petition with this court for a decree changing the name(s) of Ameena Grace Singh to Ameena Grace Jacques.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 23, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 9, 2023 Christopher E. Krueger, Judge of the Superior Court Publish: March 17, 24, 31, April 7, 2023 JACQUES 4-7-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00313385

Hussein Almashhadani has filed a petition with this court for a decree changing the name(s) of Hussein Almashhadani to Adam Williams.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 11, 2023, at 1:30

NOTICE OF PETITION TO ADMINISTER ESTATE OF PAUL EDWARD FRYE CASE NO. 34-2022-00329862

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Paul Edward Frye, deceased.

A Petition for Probate has been filed by Sharon Ann Estes, in the Superior Court of California, County of Sacramento, requesting Sharon Estes be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant

the authority. A hearing on the petition will be held in this court as follows April 4, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state

ADMINISTER ESTATE OF LUCY ANN PATTEN CASE NO. 34-2022-00322761

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be other-wise interested in the will or estate, or both, of Lucy Ann Patten deceased.

A Petition for Probate has been filed by Shellee Blue, in the Superior Court of California, County of Sacramento, requesting Shellee Blue be appointed as personal representative(s) to administer the estate of the decedent.

enforcement officer who has received a copy of it.

En forma inmediata, usted y cada otra parte tienen prohibido llevarse del estado a los hijos menores para quienes esta acción judicial procura establecer una relación entre hijos y padres o una orden de custodia, ni pueden solicitar un pasaporte para los mismos, sin el consentimiento previo por escrito de cada otra parte o sin una orden de la corte.

Esta orden de restricción entrara en vigencia para el demandante una vez presentada la petición, y para el demandado una vez que este reciba la notificación personal de la Citación y Petición, o una vez que renuncie su derecho a recibir dicha notificación y se dé por notificado.

Esta orden de restricción continuara en vigencia hasta que se emita un fallo final, se despida la petición o la corte de otras órdenes.

Cualquier agencia del orden publico que haya recibido o visto una copia de esta orden puede hacerla acatar en cualquier lugar de California

AFFORDABLE TO HEALTH INSURANCE:

Do you or someone in your household need affordable health insurance? If so, you should apply for Covered California. Covered California can help reduce the cost you pay towards high quality affordable health care. For more information, visit www.coveredca.com. Or call Covered California at 1-800-300-1506

AVISO - ACCESO A SEGURA DE SALUD MAS ECONOMICO Necesita seguro de salud a un costo asequible, ya sea para usted o alguien en su hogar? Si es así, puede presenta una solicitud con Covered California. Covered California lo puede ayudar a reducir al costo que paga pro seguro de salud asequible y de alta calidad. Para obtener mas información, visite www.coveredca.com. O llane a Covered California al 1-800-300-0213. Publish: Feb 10, 17, 24; Mar 3, 10, 17, 24 & 31.2023 MERUS

3-31-23

THE GRAPEVINE INDEPENDENT CALL 916-773-1111

gal Advertising Hotline 916-483-2299 gal Advertising Fax 916-773-2999

LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969 Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020 The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

Legal Advertising 7144 Fair Oaks Blvd #5 Carmichael, CA 95608

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01051 Benjamin Dejeu, 4206 Tresler Avenue, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Benny Trucking Co." 4206 Tresler Avenue, North Highlands, CA 95660. Filed with the Clerk of Sacramento County February 10, 2023 Publish: Feb 24, Mar 3, 10, 17, 2023 BENNY 3-17-23

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2022-08567 Otinel Grozav, 4206 Tresler Avenue, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Otto Trucking Company 4206 Tresler Ävenue, North Highlands, CA 95660. Filed with the Clerk of Sacramento County November 23, 2022 Publish: Feb 24, Mar 3, 10, 17, 2023

OTTO 3-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01052 Daniel Goldberg, 3685 Elkhorn Boulevard, #932 North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Daniel Trucking Co." 3685 Elkhorn Boulevard, #932, North Highlands, CA 95660. Filed with the Clerk of Sacramento County February 10, 2023

Publish: Feb 24, Mar 3, 10, 17, 2023 DANIEL 3-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00806 MeadowFair, LLC, 3631 Truxel Road, #1074, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Lincoln Village Thrifty Wash' 9785 Lincoln Village Drive, Sacramento, CA 95827. Filed with the Clerk of Sacramento County February 3, 2023 Publish: Feb 24, Mar 3, 10, 17, 2023

3-17-23 LINCOLN FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-00524 Row's Towing, 5633 Franklin Boulevard, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Row's Towing," 5633 Franklin Boulevard, Sacramento, CA 95824. Filed with the Clerk of Sacramento County January 26, 2023

Publish: Feb 24, Mar 3, 10, 17, 2023 ROWS 3-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00795 LVM Branding, LLC, 2440 Rashawn Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious **Business** Name(s) "LVM Branding / Lucid Video Marketing & Branding" 2440 Rashawn Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County February 3, 2023 Publish: Feb 24, Mar 3, 10, 17, 2023

3-17-23 LVM FICTITIOUS BUSINESS NAME

is doing business under the Fictitious Business Name(s) "Dollar Thrift" 5338 Auburn Boulevard, #B, Sacramento, CA 95841. Filed with the Clerk of Sacramento County January 25, 2023 Publish: Feb 24, Mar 3, 10, 17, 2023

DOLLAR 3-17-23 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-01083 Hormal, Ahmad Khalid 5738 Windmill Way, Apt. 65 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "EJ-Electrical HVAC" 5738 Windmill Way, Apt. 65, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 14, 2023 Publish: Feb 24, Mar 3, 10, 17, 2023 EJ 3-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00450 Trisha Le, 2342 Playa Way, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Lemurian Moonlight" 2342 Playa Way, Gold River, CA 95670. Filed with the Clerk of Sacramento County January 23, 2023 Publish: March 3, 10, 17 & 24, 2023

LEMURIAN 3-24-23 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-01095 Joseph Robert Quiner, 4129 Tenaja Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Joseph Robert" 4129 Tenaja Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County January 15.2023 Publish: March 3, 10, 17 & 24, 2023

JOSEPH 3-24-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00961 Diversify Venture Co., LLC, 3575 Sue Pam Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Loan Buddi Mortgage / Housey Realty" 3575 Sue Pam Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 8, 2023 Publish: March 3, 10, 17 & 24, 2023 LOAN 3-24-23

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-00607 Andrey Dyachishin, 5224 Buena Vista Avenue, Fair Oaks, CA 95628 and Pavel Dyachishin, 8239 Old Ranch Road, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "River Imports" 5224 Buena City Vista Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 27, 2023

Publish: March 3, 10, 17 & 24, 2023 RIVER 3-24-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01116

Tuyen Nguyen, 900 Day Lilly Drive, Vacaville, CA 95687 is doing business under the Fictitious Business Name(s) "Top Nails & Spa" 13000 Folsóm Boulevard. #1447, Folsom, CA 95630. Filed with the Clerk of Sacramento County F bruany 15 2023 Publish: March 3, 10, 17 & 24, 2023 TOP 3-24-23 FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00978 Peacemaker Pest Control, Inc., 4111 65th Street, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Peacemaker Pest Control," 4111 65th Street, Street, Sacramento, CA 95820. Filed with the Clerk of Sacramento County February 8, 2023 Publish: March 3, 10, 17 & 24, 2023 PEACEMAKER 3-24-23

Business Name(s) "Sac Juice & More" 10220 S White Rock Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County February 23, 2023 Publish: March 3, 10, 17 & 24, 2023 SAC 3-24-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01218 Florin Balaj, 7137 Canelo Hills Drive, Citrus Heights, CA 95610

is doing business under the Fictitious Business Name(s) "Five Star Express" 7137 Canelo Hills Drive, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 17.2023 Publish: March 10, 17, 24 & 31, 2023

FIVE 3-31-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00340

Fadi Sammar 5968 Kylench Court, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Ameers Auto Sales" 5968 Kylench Court, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County January 18,2023

Publish: March 10, 17, 24 & 31, 2023 AMEERS 3-31-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01300 Robin L. O'Brien, 4364 Aubergine Way, Mather, CA 95655 is doing business under the Fictitious Business Name(s) "Ladybird Mobile Notary and Signing Agent" 4364 Aubergine Way, Mather, CA 95655. Filed with the Clerk of Sacramento County February 22, 2023 Publish: March 10, 17, 24 & 31, 2023 LADYBIRD 3-31-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01197 Organic Skin and Wellness, 490 Munroe Street, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Organic Skin Studio," 490 Munroe Street, Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 17.2023 Publish: March 10, 17, 24 & 31, 2023

ORGANIC 3-31-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00981 Skuasco Corp, 2344 Arden Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Rodix Motors" 2344 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 8, 2023 Publish: March 10, 17, 24 & 31, 2023

RODIX 3-31-23 FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01369 Kun Kiddush Services. Inc. 10553 Crescendo Way, Elk Grove, CA 95757 is doing business under the Fictitious Name(s) Business "Kun Services 10553 Dispatch Crescendo Way, Elk Grove, CA

Sacramento County February 27, 2023 Publish: March 10, 17, 24 & 31, 2023 KUN

95757. Filed with the Clerk of

"J&B Vending Machine" 9146 E. Stockton Boulevard, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County February 10.2023 Publish: March 10, 17, 24 & 31, 2023

J&B 3-31-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01638 Isaac Benjamin Younger, 2850 Grasslands Drive, Apt. 2024, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Younger Stamp & Seal," 2850 Grasslands Drive, Apt. 2024, Sacramento, CA 95833. Filed with the Clerk of Sacramento County March 7, 2023

Publish: March 17, 24, 31, April 7, 2023 YOUNGER 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01390

Najeebullah Bakshi, 3812 Sierra Gold Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Naj Super Cleaning Services," 3812 Sierra Gold Drive, Antelope, CA 95843. Filed with the Clerk of Sacramento County February 27, 2023

Publish: March 17, 24, 31, April 7, 2023 NAJ 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNE2023-00700 Marv Hollie Rutkowski, 3202 Doroteo Way, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "The Compensation Law Center," 1914 Terracina Drive, Suite 100, Sacramento, CA 95834. Filed with the Clerk of Sacramento County February 1,2023

Publish: March 17, 24, 31, April 7, 2023 THE 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01186 Summit Funding, Inc., 2138 Butano Drive, Suite 150, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "CostPro Lending," 2138 Butano Drive, Suite 150, Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 17,2023 Publish: March 17, 24, 31, April 7, 2023

COSTPRO 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01547 Xuan T. Truong, 6025 Dias Avenue, #78, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Organic Eco Angie Nails Salon, 5990 14th Avenue, Suite A, Sacramento, CA 95820. Filed with the Clerk of Sacramento County March 2, 2023 Publish: March 17, 24, 31, April 7, 2023

ORGANIC 4-7-23 FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01392 Prasad. Abishai 8844 Mannington Street, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Avem Photography, 706 Woodside Lane E, #12, Sacramento, CA 95825. Filed with the Clerk of Sacramento business under the Fictitious Business Name(s) "Casper Screens Norcal," 5660 Kenneth Avenue, #A, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 14.2023

Publish: March 17, 24, 31, April 7, 2023 CASPER 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01671

Jazz Kashif Burney, 5624 Spyglass Lane, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Ma's Choice Diapers," 5624 Spyglass Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County March 8, 2023

Publish: March 17, 24, 31, April 7, 2023 MA'S 4-7-23

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-01458 Edward Eugene Massengale and April Ann Horton, 7048 Gumwood Circle, Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "Top Dog Plumbing & Drain / TopDog Plumbing & Drain," 7048 Gumwood Circle, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County March 1, 2023 Publish: March 17, 24, 31, April 7, 2023

TOP 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01669 Gevorg Sargsvan, 240 Natoma Station Drive, Apt. 302, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Empire State Motors," 1940 Zinfandel Drive, Suite Rancho Cordova, CA C3. 95670. Filed with the Clerk of Sacramento County March 8, 2023

Publish: March 17, 24, 31, April 7, 2023 EMPIRE 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01443 Jesus Rios Courier LLC, 551 Ashwick Loop, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Rapid Process Server of Sacramento / All City Process Server of Sacramento, 6837 Fair Oaks Boulevard, #6, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 28, 2023 Publish: March 17, 24, 31, April 7, 2023 RAPID 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01219 Rush River LDA, Corp., 2372 25th Avenue, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Rush River Legal Document Assistants," 2372 25th Avenue. Sacramento, CA 95822. Filed with the Clerk of Sacramento County February 17, 2023 Publish: March 17, 24, 31, April 7, 2023 RUSH 4-7-23

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-01168 Carmen Jennett Delgado, 114 Bittercreek Drive, Folsom, CA 95630 is doing business under the Eictitious Business Name(s) "Next Phase Financial." 9719 Lincoln Village Drive, Suite 504, Sacramento, CA 95827. Filed with the Clerk of Sacramento County February 16, 2023 Publish: March 17, 24, 31, April 7, 2023 CASPER 4-7-23

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-01352 Julie L. Christie, 5524 Fair Oaks Boulevard, Carmichael, CA 95608, and Sandra L Lake, 12024 Gold Pointe, Gold River, CA 95670, are doing business under the Fictitious Business Name(s) "Sews in the Company of Dogs / SewsintheCmpnyofDogs," 5524 Fair Oaks Boulevard. Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 24, 2023 Publish: March 17, 24, 31, April 7, 2023

SEWS 4-7-23

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-01224 Kimberly Vickers, 5900 Grant Avenue, #108, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "REC-ing Squad," 5900 Grant Avenue, #108, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 17.2023

Publish: March 17, 24, 31, April 7, 2023 REC 4-7-23

ORDER TO SHOW CAUSE -CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2023-00334274 Amy Avonne Merle has filed a petition with this court for a decree changing the name(s) of Amv Avonne Merle to Amy Fagerland Beck.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 25, 2023, at 9:00 a.m. in Department 54. located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 6, 2023 Christopher E. Krueger, Judge of the Superior Court Publish: Feb 24, Mar 3, 10, 17, 2023 AMY 3-17-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2023-00334515

Mallorie Beredo Cruz has filed a petition with this court for a decree changing the name(s) of Mallorie Beredo Cruz to Mallorie Beredo Cruz Felix.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 23, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814. and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 10, 2023 Richard K. Sueyoshi, Judge of the Superior Court Publish: Feb 24, Mar 3, 10, 17, 2023 MALLORIE 3-17-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME Kulwant Kaur has filed a petition with this court for a decree changing the name(s) of Kulwant Kaur to Jenny Kaur Mundi. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 9, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 21, 2023 Christopher E. Krueger, Judge of the Superior Court Publish: March 3, 10, 17 & 24, 2023 KAUR 3-24-23

Raymond Toscano and Kerry Toscano, 8725 Algonquin Way, Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "Appliance Warehouse / The Appliance Warehouse / Appliance-warehouse.biz / Appliancewarehousesacramento" 4914 Auburn Boulevard, Sacramento, CA 95841. Filed with the Clerk of Sacramento County February 10.2023

Publish: Feb 24, Mar 3, 10, 17, 2023 APPLIANCE 3-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01100 Zam Zam Halal Market and Grill, 2901 Mather Field Road, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Zam Zam Halal Market & Meat," 2901 Mather Field Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County February 15, 2023 Publish: Feb 24, Mar 3, 10, 17, 2023 ZAM 3-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00983

John Mullin, 181 Whispering Pines Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Furniture Rescue" 3250 Monier Circle, Suite Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County February 8, 2023

Publish: Feb 24, Mar 3, 10,	17, 2023
FURNITURE	3-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01071 Natalie Bondartchouk, 1201 Fulton Avenue, Apt Sacramento, CA 95825 13 is doing business under the Fictitious Business Name(s) "The Hideaway" 7777 Sunrise Boulevard, Sute 3400, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 14, 2023

Publish: Feb 24, Mar 3, 10, 17, 2023 HIDEAWAY 3-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00985

Abdul Waheed Nushin, 5614 50th Avenue, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Nushin Transportation," 5614 50th Avenue, Sacramento, CA 95823-1512. Filed with the Clerk of Sacramento County February 8,2023

Publish: Feb 24, Mar 3, 10, 17, 2023 NUSHIN 3-17-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00495 Melissa Jones, 5020 Hemlock Street, Sacramento, CA 95841

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-01206 Steven O. Pulido, 2751 23" Avenue, Sacramento, CA 95820 is doing business under the Business Name(s) Fictitious "A4 Cleaning Services" 2751 23rd Avenue, Sacramento, CA 95820. Filed with the Clerk of Sacramento County February 17.2023

Publish: March 3, 10, 17 & 24, 2023 A4 3-24-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01140 Vyra Plexes Investments, Inc., 2848 Elvyra Way, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Stay Away A While' 2848 Elvyra Way, Sacramento, CA 95821. Filed with the Clerk of Sacramento County February 16.2023 Publish: March 3, 10, 17 & 24, 2023

STAY 3-24-23

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-01276 Moises Tejeda, 4121 Apostolo Circle, Apt. 2, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "El Sazon De Uruapan" 1028 2^r Street, Suite 201, Sacramento, CA 95814. Filed with the Clerk of Sacramento County February 21.2023 Publish: March 3, 10, 17 & 24, 2023

3-24-23 EL

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00945 Mixtli Jaime Escobedo.

5440 Muskingham Way, Sacramento, CA 95823 doing business under the Fictitious Business Name(s) "Bien Bien Photography" 5440 Muskingham Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County February 8, 2023

Publish: March 3, 10, 17 & 24, 2023 3-24-23 BIEN

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01317 Sac Juice LLC. 10220 S White Rock Road, Rancho Cordova, CA 95670 is doing

business under the Fictitious

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-00508 H.S. Chhoker, LLC, 5920 Main Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Save More Liquor & Foods" 5920 Main Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County January 25, 2023

Publish: March 10, 17, 24 & 31, 2023 SAVE 3-31-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01232 David Michael Shira and Kimberly Patricia Shira, 2557 Ribier Way, Rancho Cordova, CA 95670 are doing business under the Fictitious Business Name(s) "Badges By Kim / Masonic Family Gifts" 2557 Ribier Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County February 17, 2023

Publish: March 10, 17, 24 & 31, 2023 BADGES 3-31-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01292 Allan P. Nuttall, 204 E 2nd Street San Mateo, CA 94401-3904 is doing business under the Fictitious Business Name(s) Massage" "Sunlight 2302 Florin Road, Sacramento, CA 95822. Filed with the Clerk of Sacramento County February

22.2023 Publish: March 10, 17, 24 & 31, 2023 SUNLIGHT 3-31-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00667

New Guard Pest Control, Inc., 9641 Martingale Court, Wilton, CA 95693 is doing business under the Fictitious Business Name(s) "New Guard Pest Control, Inc." 9641 Martingale Court, Wilton, CA 95693. Filed with the Clerk of Sacramento County February 6, 2023 Publish: March 10, 17, 24 & 31, 2023 NEW 3-31-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01514

Jeannette Kent Setiawan, 4850 Natomas Boulevard, Apt 225M, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Bahasa Therapy," 4850 Natomas Boulevard, Apt 225M, Sacramento, CA 95835. Filed with the Clerk of Sacramento County March 2, 2023 Publish: March 10, 17, 24 & 31, 2023 3-31-23 BAHASA

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01035 Bryan Yabut, 9624 Emerald Park Drive, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s)

bruary 28 2023 Publish: March 17, 24, 31, April 7, 2023 AVEM 4-7-23

County F

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01577 Golden Valley Health, 9447 Crystal Shore Lane, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Justin Does More / BluejayPro," 9447 Crystal Shore Lane, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County March 3, 2023

Publish: March 17, 24, 31, April 7, 2023 JUSTIN 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01566

Hany El Sukkary, 5032 Brabant Court, Elk Grove, CA 95757 doing business under the Fictitious Business Name(s) "Sacramento Lineman Clinics, 5032 Brabant Court, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County March 3, 2023

Publish: March 17, 24, 31, April 7, 2023 LINEMAN 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01518

Crystal Ponce, 6232 Watt Avenue, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Boss Lady Kitchen," 6232 Watt Avenue, North Highlands, CA 95660. Filed with the Clerk of Sacramento County March 2, 2023 Publish: March 17, 24, 31, April 7, 2023

BOSS 4-7-23 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-01578 Hamedreza Azizi, 9280 Elm Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Azizi Construction," 9280 Elm Avenue, Orangevale, CA 95662. Filed with the Clerk of

Sacramento County March 3, 2023 Publish: March 17, 24, 31, April 7, 2023 [′]4-7-23 AZIZI

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01223

Phoenix Production Company, "Rancho 10468 Neiretto Court, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County February 17, 2023 Publish: March 17, 24, 31, April 7, 2023

RANCHO 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01086 Home Offer Works, LLC, 5660 Kenneth Avenue, #A, Carmichael, CA 95608 is doing

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01719 Aleksei Leshchuk, 4800 Marconi Avenue, #273, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "OMEGA Handyman," 4800 Marconi Avenue, #273, Carmichael, CA 95608. Filed with the Clerk of Sacramento

County March 9, 2023 Publish: March 17, 24, 31, April 7, 2023 OMEGA 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01717 Pizza Fresca LLC, 6916 Sunrise Boulevard, #H, Citrus Heights,

CA 95610 is doing business under the Fictitious Business Name(s) "916 Pizza," 6916 Sunrise Boulevard, #H, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County March 8, 2023

Publish: March 17, 24, 31, April 7, 2023 916 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01739

Free Game The Platform 8269 Glendon Way, LLC, Sacramento, CA 95829 is do ing business under the Fictitious Business Name(s) "Free Game The Platform," 8269 Glendon Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County March 9, 2023

Publish: March 17, 24, 31, April 7, 2023 FREE 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01746 Jessica Paniagua, 2104 20^t Avenue, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Jessica's House Keeping," 2104 20th Avenue, Sacramento, CA 95822. Filed with the Clerk of Sacramento County March 9, 2023

Publish: March 17, 24, 31, April 7, 2023 JESSICA'S 4-7-23

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01706 Jarvona Kelley, 7453 Rush River Drive, Apt. 23, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Community Built Insurance Agency," 7453 Rush River Drive, Apt. 23, Sacramento, CA 95831. Filed with the Clerk of Sacramento County March 8, 2023

Publish: March 17, 24, 31, April 7, 2023 COMMUNITY 4-7-23

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2023-00334718

Edelsa Reyes Corpuz has filed a petition with this court for a decree changing the name(s) of Edelsa Reyes Corpuz to Edelsa Reves Dalere and Cian Eleazer Reyes Corpuz to Cian Eleazer Reyes Dalere.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 30, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 15, 2023 Richard K. Sueyoshi, Judge of the Superior Court Publish: March 3, 10, 17 & 24, 2023 **FDELSA** 3-24-23

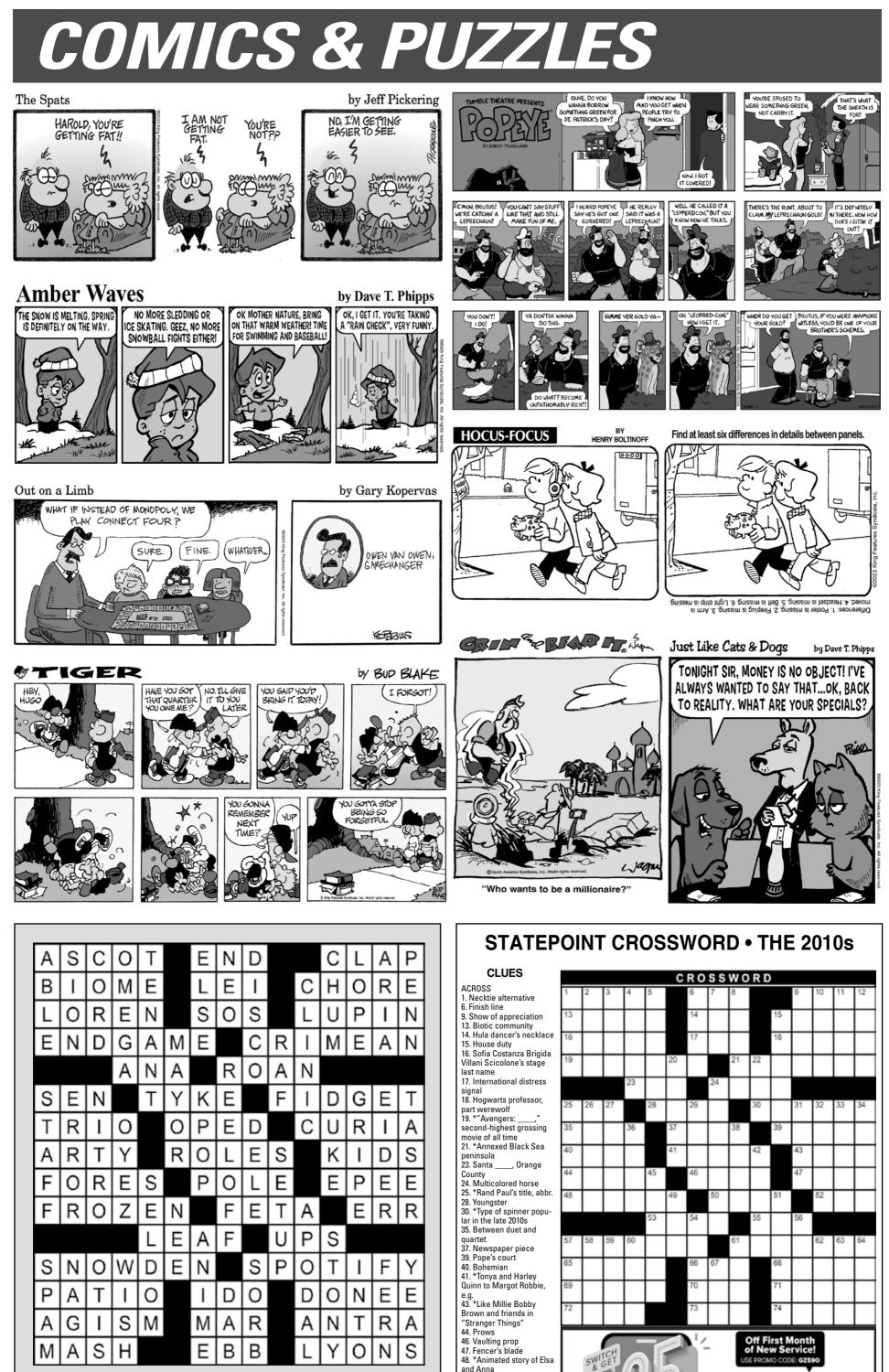
> SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2023-00335006

Lorraine Ackerson has filed a petition with this court for a decree changing the name(s) of Semia Renaryah Bre'nea Jackson Burns to Semia Renaryah Bre'nea Jackson.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 10, 2023, at 9:00 a.m. in Department 54. located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 21, 2023 Christopher E. Krueger, Judge of the Superior Court Publish: March 10, 17, 24 & 31, 2023 ACKERSON 3-31-23



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California's Snowpack Shows Huge Gains from Recent Storms



California's Snowpack Shows Huge Gains from Recent Storms Measurements Vary Across Regions, But Snowfall Bounty Should Improve Water Supply Outlook for this Year It Will Take More than a Single Wet Year to Recover Groundwater Levels in Some Parts of the State. Photo DWR

DWR Press Release

SACRAMENTO, CA (MPG) - The Department of Water Resources (DWR) conducted the third snow survey of the season at Phillips Station. The manual survey recorded 116.5 inches of snow depth and a snow water equivalent of 41.5 inches, which is 177 percent of average for this location on March 3. The snow water equivalent measures the amount of water contained in the snowpack and is a key component of DWR's water supply forecast. DWR's electronic readings from 130 snow sensors placed throughout the state indicate the statewide snowpack's snow water equivalent is 44.7 inches, or 190 percent of average for this date.

"Thankfully the recent storms combined with the January atmospheric rivers have contributed to an above-average snowpack that will help fill some of the state's reservoirs and maximize groundwater recharge efforts. But the benefits vary by region, and the Northern Sierra, home to the state's largest reservoir Lake Shasta, is lagging behind the rest of the Sierra," DWR Director Karla Nemeth said. "It will also take more than one good year to begin recovery of the state's groundwater basins."

Although the statewide snowpack is currently just behind the record snow year of 1982-83, the snowpack varies considerably by region. The Southern Sierra snowpack is currently 209 percent of its April 1 average, and the Central Sierra is at 175 percent of its April 1 average. However, the critical Northern Sierra, where the state's largest surface water reservoirs are located, is at 136 percent of its April 1 average. With one month of the traditional wet season remaining, DWR is providing updated runoff forecasts to water managers and is closely monitoring spring runoff scenarios and river flows to ensure the most water supply benefits from this year's snowpack while balancing the need for flood control. "The recent storms over the past week broke a month-long dry spell in a dramatic way," said DWR's Snow Surveys and Water Supply Forecasting Unit Manager Sean de Guzman. "We are hopeful that we will see more cold storms to add to our snowpack for the next month and help set up a long, slow melt period into spring.

DWR is utilizing the best available technology to collect the most accurate snow measurements. DWR's Snow Surveys and Water Supply Forecasting Unit is utilizing Airborne Snow Observatory (ASO) surveys across 12 of California's major snow-producing watersheds to collect data on the snowpack's density, depth, reflectiveness, and other factors down to a 3-meter resolution. These flights, which utilize LiDAR and imaging spectrometer technology, provide DWR with more information on water content than ever before, which is then fed into advanced physically based and spatially explicit models to generate the most accurate water supply runoff forecasts possible. These forecasts are used to develop the Bulletin 120 for forecasted spring run-off to determine water allocation and stream flows for the benefit of the environment.

While winter storms have helped the snowpack and reservoirs, groundwater basins are much slower to recover. Many rural areas are still experiencing water supply challenges, especially communities that rely on groundwater supplies which have been depleted due to prolonged drought. It will take more than a single wet year for groundwater levels to substantially improve at a statewide scale. Drought impacts also vary by location and drought recovery will need to be evaluated on a regional scale and will depend on local water supply conditions.

On February 13, Governor Newsom issued an Executive Order directing state agencies to review and provide recommendations on the state's drought response actions by the end of April, including the possibility of terminating specific emergency provisions that are no longer needed, once there is greater clarity about the hydrologic conditions this year.



Sometimes Helping Means More Than Just Giving

Dear Dave,

How do you handle a situation where someone needs financial help, but has misspent money you've given them in the past? My wife and I have been trying to help a young man we recently met. He told us he was trying to get his life together after a divorce and job loss, and he just needed a little money for groceries and household items. He has asked us a couple of times since for more money, but we discovered he was buying alcohol with most of the cash we gave him. We learned from friends what he said about losing his job and being divorced was true, but we are unsure what to do next.

- Andrew

Dave Ramsey Says

Dear Andrew,

This young man's problem sounds as much like a mismanagement of money as it is a lack of money. He seems to have an issue with lying, and possibly an addiction problem, too.

I've never been against helping people who have good hearts and just need a break. But if someone is bold enough to ask for your money, you have every right to attach requirements to the help you give—especially when it's for their own good. If he really needs food or household things, you can just buy them for him. At least that way, you'd know you were providing necessities.

But in many cases, truly helping someone is a lot more work than just giving them money. Sometimes, you have to get down in their mess, get real with them and walk with them. If you haven't been put off by what has already happened, and you still really want to help, I'd suggest getting to know this young man and his situation a little better. Be straight with him, and let him know you've learned he hasn't been honest with you in the past. Hopefully, as a result he'll apologize and start making better choices. If he does, you might even offer to arrange for him to talk to a good pastor or counselor.

This whole situation is much bigger than helping someone with a little cash. This guy needs someone who cares enough to help him get his life back together. – Dave

Dave Ramsey is an eighttime national bestselling author, personal finance expert and host of "The Ramsey Show," heard by more than 18 million listeners. He has appeared on "Good Morning America," "CBS This Morning," "Today," Fox News, CNN, Fox Business and many more. Since 1992, He also serves as CEO of Ramsey Solutions.

Visa, Mastercard Pause Implementation of New Code to Track Gun Purchases

By Zachary Stieber, Epoch Times Reprinted by permission

Visa and Mastercard confirmed on March 9 that they're pausing the implementation of a new merchant category code (MCC) that will help track cardholders' purchases at gun stores.

The pause stems from legislation advancing in several states that would restrict the use of the new code, and complicate matters, Visa said.

"There is now significant confusion and legal uncertainty in the payments ecosystem, and the state actions disrupt the intent of global standards. Accordingly, Visa is pausing implementation of the MCC," a spokesperson told The Epoch Times via email.

Mastercard said that the bills would cause "inconsistency" in how the code could be used.

used. "It's for that reason that we have decided to pause work on the implementation of the firearms-specific MCC," a spokesperson said. Discover, which planned to start the tracking in April, said in an emailed statement that it's removing the new MCC from its next network update planned for April, in order "to continue alignment and interoperability with the industry." A representative for American Express, the third-largest payments network, didn't immediately comment on March 9.

States have taken action. For example, West Virginia legislators introduced legislation in January that would ban credit card companies from collecting or disclosing data on firearm purchases. Officials in Florida, Mississippi, Oklahoma, and Texas also have crafted bills that would ban or restrict companies from utilizing the code.

A proposal by Mississippi state Rep. Jansen Owen, a Republican, would bar payment-processing companies from "[requiring] the usage of or [assigning] a firearms or ammunition merchant category code to any merchant located in Mississippi that is a seller of firearms or ammunition separately from general merchandise retailers or sporting goods retailers."

The legislation specifically refers to the new code, stating that it's a means "to conduct mass surveillance of constitution-

To ensure water supply managers have the most current forecasts of snowpack runoff,

Californians should still continue to use water wisely so that we can have a thriving economy, community, and environment. DWR encourages Californians to visit SaveOurWater.com for water saving tips and information as more swings between wet and dry conditions will continue in the future.

DWR conducts five media-oriented snow surveys at Phillips Station each winter near the first of each month, January through April and, if necessary, May. The next survey is tentatively scheduled for April 3. ★

Sky River Casino and River Cats Partner For 2023 Season

River Cats News Release

WEST SACRAMENTO, CA (MPG) - The Sacramento River Cats and Sky River Casino are excited to jointly announce their multi-year partnership for the naming rights of Sutter Health Park's Solon Club, the semi exclusive club area along the right-field line.

"Sky River Casino is an organization much like the River Cats who prides itself on community outreach, its members, and supporting the greater Sacramento region", said Sacramento River Cats President and COO, Chip Maxson. "We are very excited about our new partnership with Sky River Casino as we team up to support our community and bring fun and excitement to River Cats fans."

The Solon Club, a name inspired by the

former club that played in Sacramento until 1976, is the perfect place to enjoy a baseball game, the beautiful city skyline, and intimate cocktail parties.

"We're thrilled to partner with the Sacramento River Cats and join the community in celebrating America's love for baseball," said Sky River Casino's President and Chief Operating Officer Chris Gibase. "It is especially fitting for Sky River to align with the Solon Club that showcases the rich history of baseball that brings so many Northern Californians together to enjoy our national pastime."

Aside from branding the Sky River Casino Solon Club, the River Cats and Sky River Casino will also focus on a handful of prizing opportunities through Fan Compass, an enter-to-win sweepstakes platform.



State officials celebrated the development.

"This is a clear victory for consumers and Americans' civil liberties," Riley Moore, West Virginia's state treasurer and a Republican, said in a statement. "The implementation of this new merchant category code would have created a backdoor national gun registry that could be used by the radical gun control lobby to undermine Americans' Second Amendment rights."

Sen. Kevin Cramer (R-N.D.) added, "I've led efforts pushing back on attempts to block legal transactions and tracking gun purchases. Law-abiding gun owners should not be discriminated against."

The companies "shouldn't just 'pause' their implementation of this plan – they should end it definitively," said Montana Attorney General Austin Knudsen, a Republican.

Code Approved

The code was approved by the International Organization for Standardization in 2022. In addition to Mastercard and Visa, American Express and Discover stated that they would be implementing the code. ally protected firearms and ammunition purchases."

"The Second Amendment Financial Privacy Act seeks to prevent credit card companies from unfairly and negatively targeting legal gun and ammo purchases," Owen said after the state House of Representatives approved the legislation in February.

Visa had previously said that it would implement the code.

"Visa will proceed with next steps, while ensuring we protect all legal commerce on the Visa network in accordance with our long-standing rules," a spokesperson said in September 2022.

While all the top payment networks had said they would adopt the new code, however only the smallest, Discover, had set a public timetable for April, and said it was only following the lead of others.

Nearly half of the state attorneys general in the country urged the credit card companies not to implement the code, asserting that the information obtained would be misused, whether unintentionally or deliberately.

However, Democrat officials had expressed support for the move, claiming that it would help prevent mass shootings.

"If someone is buying more guns and ammunition than legally allowed, law enforcement needs to know," said Washington, D.C., Attorney General Karl Racine, a Democrat.

Reuters contributed to this report.

Assembly Republicans Unanimously Oppose Gavin's Gas Tax

Assembly Republican Caucus News Release

SACRAMENTO, CA (MPG) - All 18 members of the Assembly Republican Caucus have signed a letter to Gov. Gavin Newsom opposing his plan to impose an oil windfall tax. The letter, circulated by Assemblyman Josh Hoover (R-Folsom), noted that the proposal would put Californians at risk of fuel shortages and price spikes.

"We know why gas prices are so high

in California: taxes, fees and regulations drive up costs and restrict our fuel supply," said Assemblyman Hoover. "The governor's tax plan is a distraction from those issues and could make things even worse. I'm grateful for my colleagues who are standing up for California drivers by opposing this new tax."

Last week, Asm. Hoover invited all 80 Assemblymembers to sign the letter and focus on real solutions to bring down gas prices.

Hunger Spike Coming

Impending loss of pandemic CalFresh support



There's no way to overstate how devastating this is going to be. Photo courtesy of Amazingmikael Dreamstime.com

By Jeanne Kuang, CALMatters.org

Food banks across California are bracing for a feared spike in hunger amid inflated prices after a pandemic-era boost in food aid ends in April.

March is the last month CalFresh recipients will get the additional benefits, as the federal government cuts off the "emergency allotments" that have kept food stamp allowances higher than on top for those already receiving the maximum. The recent Congressional spending bill passed in December cuts that off this spring in exchange for funding for extra food aid for school children during the summer months.

More than 2.9 million California households receive food assistance through CalFresh, a number that has risen steadily throughout the pandemic. their food aid eligibility reduced after a historic inflationary bump in Social Security checks in January. In addition to wages, Social Security, unemployment benefits and disability payments all count as income for the person receiving food aid.

Tom McSpedden, a 69-yearold Citrus Heights resident with Type II diabetes, saw a nearly \$60 decrease in his normal CalFresh for five months after the federal boosts end.

But it's unclear whether the Legislature and Gov. Gavin Newsom's administration would agree on new spending as they seek to close a \$23 billion budget deficit.

Advocates are also calling for the state to add its own funds to the regular food stamps program, to boost the minimum food aid grant people's budgets, dinner tables and California retailers as well," said Jared Call, senior advocate at the food policy organization Nourish California. "But our approach is, no tool in the toolbox should be unused."

The California Department of Social Services says it's warning households of the upcoming decline in aid and directing CalFresh recipients to food banks, which have received additional funding from both the

usual for nearly three years now.

The average household on CalFresh will lose about \$200 a month, said Becky Silva, government relations director at the California Association of Food Banks. A single-person household, for instance, could drop from \$281 a month in food aid to as low as \$23 in April.

U.S. Department of Agriculture documents show that since November, the pandemic boosts have amounted to more than \$500 million a month in additional food stamps coming into low-income Californians' budgets.

"There's no way to overstate how devastating this is going to be," Silva said. "Families are going to see a dramatic and sudden drop in their food benefits at a time when food price inflation and the cost of living in California especially is through the roof."

Food stamps are funded by the federal government, which determines benefit amounts annually



The California Department of Social Services says it's warning households of the upcoming decline in aid and directing CalFresh recipients to food banks. Photo courtesy of Theskone Dreamstime.com

The state social services department attributes the increase partially to a more flexible application process during the pandemic, allowance last month after getting a \$109 increase in his monthly Social Security checks.

But he continued to get the pandemic CalFresh boosts, which kept the total food stamps on his benefits card at \$281 that month – the maximum allowable aid for a single-person household.

In April, McSpedden's monthly CalFresh benefits will drop to roughly \$50.

Nearly half of McSpedden's monthly \$1,368 Social Security check goes toward renting a room; the rest is meticulously budgeted for his phone, car insurance, gas, the portion of insulin and medications that Medicare doesn't cover and bankruptcy payments.

"I don't have the \$230 left over each month to compensate" for the drop in aid, he said. "I'm just not going to be able to afford food. It's that simple."

There isn't any plan to immediately backfill the loss.

The food banks association and other anti-poverty organizations have proposed that the state spend more than \$2 billion providing a "ramp-down" of the extra benefits from \$23 to \$50 with corresponding inflationary increases. Other ideas include expanding special CalFresh programs that provide extra dollars for those purchasing California-grown produce, or for certain Central Valley households state and federal governments in recent years.

The state's network of food banks continues to serve on average 1.5 times the number of clients as before the pandemic, Silva said.

The Sacramento Food Bank and Family Services, which provides food in the county McSpedden lives, averaged 150,000 clients a month before the pandemic, said community resource manager Lorena Carranza. In recent months, that number has been about 275,000.

But food distributions can't replace the flexibility of food stamps that many residents rely on.

With a special diet to manage his diabetes, McSpedden said food distribution boxes usually only contain a few items he can eat. He's loath to take a full box when others could use it, he said.

McSpedden worked for nearly three decades as a long-haul trucker until about 15 years ago, when a series of heart attacks ended that career and landed him in a hospital stay that wiped out his savings and retirement accounts.

"I've been in predicaments



I don't have the \$230 left over each month to compensate for the drop in aid, he said. I'm just not going to be able to afford food. It's that simple. Photo courtesy of Alex Judik Dreamstime.com

who lack clean drinking water in their homes.

Those proposals are "nowhere near approaching the \$500 million a month that will be absent from before," he said. "But this thing here with the extra food stamps, I have no idea. I'm looking into a tunnel with no light at the other end."



A single-person household, for instance, could drop from \$281 a month in food aid to as low as \$23 in April. Photo courtesy of Anton Estrada Dreamstime.com

based on the nationwide cost of living as well as recipients' household size and income.

In March 2020, Congress allowed the USDA to give states funding to boost all recipients' aid to the maximum allowable benefits for their household size, or add \$95 while advocates like Silva also suggest the boost in aid made going through an application more worthwhile for eligible residents.

The loss of emergency allotments will be felt particularly hard by older and disabled people, many of whom have already seen

Boomers Weigh Health Insurance and Medicare Costs in Retirement By Tim Coughlin



The Baby Boomer retirement tsunami is here! It's estimated that in 2023 over 10,000 Boomers a day will reach retirement age! As they prepare for

retirement, they are often confronted with questions about what the health and/or Medicare insurance options and costs are.

"The cost of health insurance or Medicare can be a bit of a shock, or surprisingly affordable depending on your current cost of coverage, income, and the type of coverage you prefer," says Tim Coughlin, an agent in Gold River specializing in health and Medicare insurance.

Health Insurance costs for those under age 65, needing coverage to bridge to Medicare, can range from practically nothing to over \$1,000 a month for individuals and \$2,000 a month or more for couples.

For Medicare-eligible individuals, the cost of Medicare and plan premiums can range from around \$165 a month to over \$700 a month for a single person and twice those amounts for couples depending on plan choice and household income. On top of premium costs, there are potential deductibles, copays, and coinsurance that can add to overall healthcare costs.

"It pays to compare all options you may have; 'COBRA', retiree coverage, Covered California, Medicare Supplement, Medicare Advantage, and Prescription Drug plans," says Coughlin. "Prescription drug plans can be an important factor for Medicare beneficiaries as costs can be higher for expensive medications." Another consideration that can impact cost is your choice of providers. 'PPOs' and Medicare Supplement plans provide more freedom regarding your choice of providers but have generally higher premium costs than 'HMOs'.

For people who have been on an employer plan and never had to deal with purchasing their own health insurance or for those new to Medicare, the process of plan selection and enrollment can be a bit intimidating. Evaluating options to make sure you're getting the best rates, coverage, access to providers, and avoiding common pitfalls can be stressful.

An independent broker who specializes in health and Medicare plans can be very helpful in this process and because brokers are paid by the insurance companies, consumers don't pay for their services.

An experienced, local agent will be familiar with the market, provider networks, pros and cons of different options, and help you avoid potentially costly mistakes. Look for an experienced local agent with good client reviews who takes the time to understand your situation and objectives, presents multiple options, and is committed to providing you with ongoing personal service.



This is a paid advertorial

Tim Coughlin is an award-winning independent agent in Gold River specializing in Medicare and health insurance for over 35 years. He can be reached at (916) 346-4417, by email at tim@summitindins.com, or through the agency website; summitindins.com. (Lic. # 0669552)

Birds and Breakfast



Effie Yeaw volunteer Bev Lewis introduces a Swainson's hawk called Orion. The raptor will be among animal ambassadors meeting visitors at Bird and Breakfast events.

Story and photos by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - Coffee and cormorants; hawks and hash browns; bagels and bushtits. Effie Yeaw Nature Center's Bird and Breakfast fundraiser proves that – for nature lovers – breakfast comes a close second to bird watching.

On March 18 and 26, experts will lead safaris to view birds in their most industrious season. Hot brunches follow. Because the events sell out, reservations are required.

Participants will see at least 40 species incubating, courting, feeding and nest-building. The wildlife experience follows trails in the 99-acre preserve and continues to riverside reaches, where ducks abound and elegant waders include egrets, herons and sandpipers.

Audubon scouts work beforehand to locate spots where visitors can observe nurseries under construction. Hawks nest in branch crooks; higher still, hummingbirds camouflage walnut-sized cradles. Nestwatching is enhanced by viewing scopes.

The \$55 safari on Saturday, March 18 is followed by a catered gourmet buffet. On Sunday, March 26, Carmichael Kiwanis volunteers will offer a pancake spread. The second program suits families with children aged six and up (under 11-year-olds are \$5 each).

Animal ambassadors will be on hand for



Red shouldered hawk parents make their nest in a Nature Center oak.

close encounters. These include a Swainson's hawk; a Peregrine falcon, an American Kestrel and a great-horned owl. Silent auctions of bird-related goodies accompany breakfast.

As trail expeditions take an hour or more, neither of the programs is recommended for kids under six. Participants should wear stout shoes and bring binoculars. Both Bird and Breakfast programs begin at 8 am. All proceeds assist the Nature Center's educational outreach.

Effie Yeaw Nature Center is in Ancil Hoffman Park, Carmichael. For more information on the Bird and Breakfast event visit: www.sacnaturecenter.net/events/bird-breakfast-weekend or call (916) 489-4918. The Centre will also offer three speaker programs on birds in March.





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Dinner and Music is Served

Story and photo by Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG) - Spice levels aside, a Sacramento area musician has turned a Thai restaurant into one of the hottest jazz spot in Sacramento.

Mentor to scores of Sacramento students, Doctor Joe Gilman recently marked one-year of culinary experience with a weekend of live performances at his Thai food eaterie.

Fans regularly applaud top singers and instrumentalists at the unexpected Folsom Boulevard venue. Gilman also hosts poetry readings and gives young talent a bash with regular 'emerging artist' sessions at Twin Lotus Thai.

Variety is the spice. "We just had a quartet do the music of (saxophonist) John Coltrane,' reports Gilman. "Their two shows completely sold out. Considering most people's taste, you'd hardly think it could happen at a Folsom Boulevard Thai Restaurant. But it did."

Voluntary donations for artists in lieu of cover charges is a crowd draw. And if Thai cuisine was new to fans, regulars now down curries like those born in Bangkok. "They've come to enjoy new flavors," approves the owner. "Some are even ramping up their spice levels."

The restaurant's East-Meets-West fusion hatched from Gilman's marriage to Surinipha



kitchen and front-ofhouse until music begins.

"Being so involved helps me connect with customers and staff," says Gilman. "There's no task I won't do. I'd wash dishes if the staff would let me. My mind is operating in new ways, and I'm loving it. I listen to suggestions. In the past year, I've learned how important the happiness of customers is to running a business."

floors and flies between

For Twin Lotus's oneyear anniversary, more than 20 top Sacramento singers and instrumentalists performed. In gratitude for entrepreneurism that helped musicians though thin post-COVID times, artists donated birthday performances. "The music community is grateful for what Joe has done," explained a singer. "He's created new opportunities for us. If his enterprise prospers, musicians have a chance to prosper, too."

The food industry is hard work with thin profit margins. While music satisfies Gilman's artistic side, it also keeps accounts in the black. "Our first year has been a wonderful and surprising time," he says. "Having diners and musicians supporting our small business is exciting for our entire Twin Lotus family."

Twin Lotus Thai is located at 8345 #119 Folsom Boulevard, Sacramento. Opening hours are from 11 am till 8 pm; Tuesday to Sunday. Lean about music performances at www. twinlotusthai.com

Pianist/singer Todd Morgan (center) performs at Twin Lotus Thai Restaurant. Owners are Kai and Joe Gilman. Jazz virtuoso and Professor at ARC and CSUS, Gilman and his Thai-born wife celebrate the one-year anniversary of their Folsom Boulevard restaurant. Twin Lotus is also a hub for musical entertainment

(Kai) Manosan. The couple met and married in Thailand and their children are now part of Twin Lotus Thai's 10-strong staff.

La Sierra High graduate Gilman has worked 30 years in the American River College Music Department; he also teaches at CSU Sacramento. Career crescendos include winning the Great American Jazz Piano Competition and the Dave Brubeck Award. He has toured the world as a Kennedy Center soloist.

In 1997, Gilman founded the non-profit Capital Jazz Project in Sacramento. "I've always

had an entrepreneurial streak," he says. "My wife and I often talked about starting a family business."

Kai (47) is an experienced retailer whose Phuket boutique was wiped out by the 2004 tsunami before she wed Gilman. The mom of two is passionate about her native cuisine. "I'm happy when I see people eating what I've cooked for them," she says. "I love to share my country's food."

The couple last year took over an established Thai food destination near Rancho Cordova. Adding jazz to the menu was inevitable; Gilman knew every gigging musician in Sacramento – and most of their supporters. "As an artist, I know music adds enjoyment to eating," he says. "As an entrepreneur, I'll explore any element that makes our business special.

"At first, weekend business was light, I invited a vocalist to share tunes with me on a Saturday night. I was elated when 80 people turned up to hear us." Gilman's weekend music program soon kicked into high gear, with top jazzers eagerly in line to perform.

Recent shows include husband and wife team Steve and Ann Roach, a French-style café band and a Brazilian combo. Carmichael's Todd Morgan was a February hit. "He's among the most impressive, multi-talented individuals I've encountered," notes Gilman. "Todd's equally impressive at a pianist, a guitarist, a singer and a songwriter. He can play anything from rock to jazz.

"We're morphing gradually away from all-jazz. As long as music's good and people want to hear it, I won't stand in anyone's way."

Sold out shows are a near twice-weekly event at Twin Lotus. The pragmatic boss seats guests, busses tables, sweeps

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