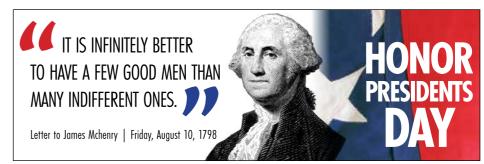


Californians Are
Having Problems
Paying Medical Bills
PAGE 12



# Grapevine Contraction of the Con

VOLUME 56 • ISSUE 7 PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY SINCE 1968

FEBRUARY 18, **2022** 

## SEE INSIDE

#### REWARDING STUDENT VOLUNTEERS



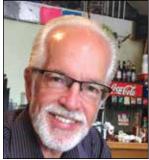
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## FREE VACATION HOME CHECKS



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#### RATES KEEP RISING

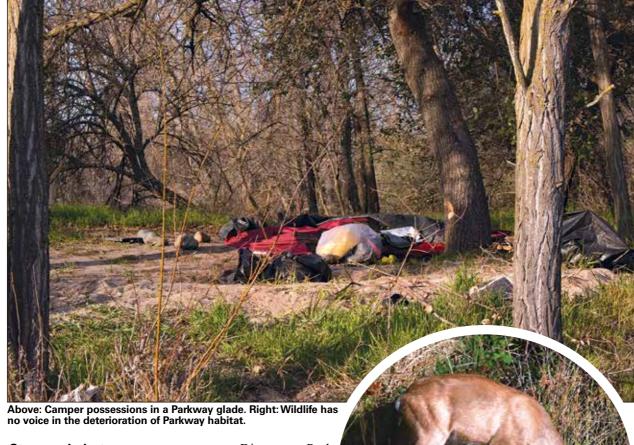


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## Parkway Activists Confront County



Story and photos by Susan Maxwell Skinner

sacramento region, ca (MPG) - Fed up with illegal parkland camping, the American River Parkway Foundation has addressed a three-page scold to Sacramento City and County. Following the widely-publicized communication, Foundation leaders have achieved meetings with elected policymakers. "We hope to start a conversation that will result in solutions," says Foundation executive Dianna Poggetto.

The non-profit last year got vocal about Parkway deterioration. At a public forum, more than 200 citizens learned the beloved County gem was more imperiled than at any time in its 60-year history. Experts revealed that 15 percent of the Parkway's 4800 acres burned in 2021; that river water was polluted; wildlife habitat was suffering; recreational trail users were intimidated; garbage accumulated faster than clean-ups could counter; rampant drug abuse has created further hazards.

The Foundation's letter demanded that Sacramento County agencies and Sacramento City pull their weight and "take action" to stop river and parkland abuse.

In an interview with Messenger Publications, District 3 Supervisor Rich Desmond acknowledged the crisis. "I welcome the Foundation's advocacy and criticism," he said. "As a kid, I kayaked from Carmichael

to Discovery Park and didn't see a single camper... I never expected what we have now. I'm ashamed our children have to experience nature with this backdrop."

"The Foundation should be relentless in educating policy makers on the harm being done to our beloved Parkway." Asked what the County was doing to counter damage by the (estimated) 1000-strong camper population, Desmond cited a recent \$2 million increase in budget to supply more ranger patrols, fire fuel reduction, a new Environmental Impact Team (to assess restoration needs) and more social workers to connect the homeless to assistance. "What's missing is alternative shelters, transitional housing and treatment options," he admitted. "The County and City are working closely to

acquire more shelter locations."

The Foundation letter's must-do

list for policymakers includes:
Formulating plans for removal of illegal Parkway campers; Providing funding to repair environmental damage; Maintaining healthy water for wildlife and humans; Increasing Parkway safety to benefit nearby neighborhoods; Removing refuse to reduce fire risk and contamination.

Despite assurances of County commitment to the Parkway, Foundation activists won't turn

Brian Dahle Announces His Run for Governor



Senator Brian Dahle

From the office of Brian Dahle

• California State Senator and Farmer Brian Dahle announced his run for Governor of California.

"California isn't a failed state; we have a failure of leadership. Our state is overtaxed, over-regulated and underperforming in all critical services sectors. As parents feel deep anxiety over their children falling further behind, this administration adopted the strategy of dispute, half-truths, and finger-pointing. People want to believe again in the California Dream. The consequences of failure are too great," Dahle said.

down

the heat: "We

people to shape our com-

munity, and we should hold them

accountable," Dianna Poggetto said.

"The Foundation has waited for

them to address this crisis. They've

made announcements but not fol-

lowed through. Our Parkway's

being destroyed, and no one seems

to be doing anything to save it. We

need plans for services and shelter

options. Beyond that, we want the

Parkway restored. We've placed

(early 2022) deadlines for action.

We're fortunate to have this trea-

sure. People shouldn't be afraid to

Agrees Supervisor Desmond: "Parkway encampments need to be

removed. But unless we have alter-

native shelters, they'll just pop up

somewhere else. The Foundation's

deadlines are challenging, but

I'm working with Board col-

leagues and County staff to identify

plans that will continue to pro-

vide support the Parkway needs."

Learn more about the American

River Parkway Foundation at

www.arpf.org

"We often hear that politicians cannot be trusted. That is a sentiment earned by law-makers who say one thing and do another. I commit to telling you the TRUTH about why the government is failing and what can be done to fix it and turn this state around. It is time to retire the show pony and get a work-horse for California."

Brian Dahle began his career in public service when his neighbors recruited him to serve on the regional Farm Service Agency board. His community elected him to the Lassen County Board of Supervisors, and after four terms he ran for a seat in the state Legislature, where he has represented northeastern California since 2012.

He continues to operate his family's farm and seed business back home in Bieber, where he and his wife, Megan Dahle, have raised their three children – Chase, Reagan and Roslyn.

"As a small-business owner, I live the effects of bad policies made in Sacramento every day," Dahle said. "The high cost of living is a huge burden for families and for businesses alike, and it is pushing a shocking number of both to simply flee for the state line.

"California is an amazing and beautiful state, but it is being run into the ground by Sacramento politicians. I am dedicated to restoring the California promise for ordinary families."

Senator Brian Dahle represents California's 1st Senate District, which contains all or portions of 11 counties.

## Celebrating 10 Years of the Mental Illness Project

By Laurie Slothower, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - It has been 10 years since the launch of the Sacramento County Department of Health Services Division of Behavioral Health Services "Mental Illness: It's Not Always What You think" project, and in that time, the project has made significant progress in creating partnerships to reduce stigma and discrimination surrounding mental illness.

Funded by Mental



mental illness, but only a third will seek professional help due to stigma and discrimination. Photo courtesy Pixabay

Health Services Act, the project aims to reduce stigma and discrimination by providing mental health information, resources and support to individuals and families in Sacramento County. By launched in 2012, only four community members were willing to be spokespeople. Fast forward to today, the Stop Stigma Speakers Bureau has almost 200 members who share their experiences living with mental illness, and count-

educating the community,

the project aims to elim-

inate barriers for people

living with mental ill-

ness and provide a deeper

understanding of mental

When the project

health.

less community members Continued on page 3

## Some Residents Will Move to a Time-of-Use Rate in April

PG&E Press Release

SACRAMENTO, CA (MPG) - As part of a multiyear, statewide energy policy to create a cleaner energy future for California, Pacific Gas and Electric Company (PG&E), East Bay Community Energy (EBCE) and Valley Clean Energy (VCE) will move approximately 142,662 eligible residential electric customers currently on a tiered rate plan called E-1 to a Time-of-Use (TOU) rate plan in April 2022. On the Time-of-Use (Peak Pricing 4-9 p.m. Every Day) rate plan when customers use energy is as important as how much they use.

The transition to this Time-of-Use rate plan will occur by geographical region and affect approximately 2.5 million customers in PG&E's service area in stages. 38,648 customers in San Joaquin, 30,337 in Placer, 20,552 in El Dorado, 19,771 in Yolo, 10,941 in Tuolumne, 10,165 in Calaveras, 6,479 in Amador, 4,380 in Stanislaus, 606 in Sacramento, 568 in Sierra and 215 in Alpine counties will receive a series of notifications by mail that started in December 2021 to allow them ample time to make a choice if they prefer another rate plan.

Customers can choose another rate plan at any time and are encouraged to update their contact information to ensure they receive important program updates. To view a customized rate plan comparison, customers can visit their account online at www.pge.com/TOUchoice. PG&E does not profit from this change.

All California investor-owned electric utilities are required to automatically

transition customers to the Time-of-Use rate plan to support a cleaner, healthier, and more reliable energy grid. Some customers will not automatically move to the Time-of-Use rate plan including those enrolled the Medical Baseline program.

"To ensure our customers are fully aware of the transition to the Time-of-Use rate and how the program works, we're communicating this change more than 90 days ahead, and we'll continue to share information before each regional transition takes place," said Marlene Santos, PG&E's Chief Customer Officer. "And customers can choose the rate plan that best fits their needs and lives at any time."

Customers who automatically transition to this Time-of-Use rate plan will receive risk-free Bill Protection for the first 12 months on the delivery portion of the bill. If a customer pays more on the Time-of-Use (Peak Pricing 4-9 p.m. Every Day) rate plan than they would have on their current rate plan, PG&E will automatically credit the customer the difference for the first year.

More About Time-of-Use Rate Plans

Customers on these rate plans can choose to shift and reduce some energy use to lower-cost time periods (19 hours) every day, including weekends and holidays. The hours of 4 to 9 p.m. are higher priced (peak times). All other times are lower priced (off-peak). Environmental advocacy groups such as the Natural Resources Defense Council (NRDC) support the transition to TOU rates as the plans help build healthier communities.

## State Senator Jim Nielsen Endorses Sheriff Jones for Congress



Scott Jones

Sheriff Scott Jones for Congress

SACRAMENTO, CA (MPG) - Sacramento County Sheriff Scott Jones announced that he has secured the endorsement of State Senator Jim Nielsen in his race for California's 3rd Congressional District. Senator Jim Nielsen represents California's 4th State Senate District, which contains the CA-03 counties of Placer and Sacramento.

Senator Jim Nielsen is known as a tough-oncrime conservative and champion of lower taxes and controlled government spending. Senator Jim Nielsen was first elected to the State Senate in 1978 where he served until 1990 and has also served in the State Assembly from 2009-2012. He then returned to the Senate in a 2013 special election. Senator Nielsen has also served as the Chairman of the California Board of Parole and Prison Terms.

"Sheriff Scott Jones has distinguished himself as a courageous law enforcement leader, always putting the interests of the community and crime victims first. I trust Scott Jones to stand against the 'woke' politics that fuels the agenda to 'defund police' and release dangerous criminals early. Scott possesses both the unique experience and sound judgement to help restore our nation's law and order as our member of congress for the third district. Sheriff Scott Jones has my strongest endorsement." - State Senator Jim Nielsen, former chairman of the California Board of Prison Terms and co-author of California's Crime Victims Bill of Rights

Sheriff Jones accomplished a strong record of leadership at the Sacramento County Sheriff's Office, stewarding the Department's recovery from the worst financial crisis of its history, becoming a regional

leader in the fight against gangs, and hiring a record number of women, minorities, and veterans. As one of the foremost experts on law enforcement in California. Sheriff Jones is an advocate for investing in public safety and a vocal opponent of the 'Defund the Police' movement. In Congress, Jones will be an advocate for fiscal accountability, border security, and restoring criminal justice to America's communities. A nationally recognized law enforcement leader, Jones has testified before congress, and has presented at two white house conferences on law enforcement, immigration, and safety issues.

California's 3rd Congressional District includes the Counties of Placer, Nevada, Mono, Sierra, Inyo, Plumas and Alpine and portions of Sacramento, El Dorado, and Yuba Counties. It is an open seat and Republicans hold a 7-point registration advantage.

To learn more about Sheriff Scott Jones and his campaign for Congress, visit: scottjonesforcongress.com.

## Defendant Charged for Murder of Emma Roark w/Special Circumstances

Sacramento County District Attorney

SACRAMENTO COUNTY, CA (MPG)
- District Attorney Anne Marie
Schubert has announced the
filing of criminal charges in
the tragic death of Emma
Roark. Mikilo Rawls has been
charged with murder along

with several special circumstances, making this a capital case. Rawls is also charged with kidnap, rape, sodomy, and an allegation that the victim was bound or tied in the course of the sexual assault. It is also alleged that Rawls has previously been convicted of a first-degree burglary,

which is a strike offense under California law.

Criminalists from the Sacramento County District Attorney's Crime Lab responded with the Sheriff's Department and assisted in processing the crime scene. Evidence obtained from the victim matched a known

profile of Rawls and detectives from the Sheriff's Department obtained an arrest warrant for Rawls, which was executed Friday, February 11. That warrant is a document on file with the court and available for public inspection within the rules of the Sacramento Superior Court.

"The circumstances of this murder are horrific, and our sympathies go out to Emma Roark's family," said DA Schubert. "I am incredibly proud of our Crime Lab criminalists who responded to the scene and dedicated every available resource to identify a responsible party." ★

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## Cordova High School Cheer Announces 2022-2023 Tryouts



Cordova High School Cheer Team announces its tryouts for the 2022-2023 season. Photo provided by Katalyn Essamilla/FCUSD.

By Katelyn Escamilla, FCUSD

RANCHO CORDOVA, CA (MPG) - The Cordova High school cheer team is having tryouts for their 2022-2023 school season! Tryouts will be held March 14-18 from 5-7:30 pm. There is a mandatory meeting for all interested parents

and athletes on March 7th at 6 in the Cordova High School Amphitheater. The lancers will also be hosting a beginners clinic to learn the basics of cheerleading before tryouts March 8-10 from 5-7:30.

Please contact Coach Katelyn at kescamilla@fcusd.org ★

## Council Votes on SiFi Network and Food Waste Rates

By Doug Benton

RANCHO CORDOVA, CA (MPG) - The Rancho Cordova City Council met on February 7 over Zoom to discuss a wide array of topics, including the advancement toward making Rancho Cordova a fiber city and the upcoming solid waste rate adjustment in July of this year.

"We are really pleased to announce that SiFi is on the verge of breaking ground on the city-wide fiber optic network installation," Rancho Cordova public works director Albert Stricker said. "When SiFi first approached the city of Rancho Cordova, they were looking for an agency to partner with that could move nimbly and be forward thinking and they found that in the City of Rancho Cordova."

This continues on an agreement signed in June of 2020 with positives of the project being more reliable internet to support economic development, help close the digital divide and give consumers more choices for internet. It is a projected timetable of six to

seven months for the first phase of development to go live for this option.

"I think we have learned a huge lesson about the lack of connectivity in the older communities in the last couple of years of the pandemic and distance learning," Mayor Donald Terry said.

The last major item of the meeting was to adopt the resolution for approving residential solid waste rate adjustments for implementation of the state mandated residential food waste collection and recycle program. The program, which starts in July of this year, will have a 21.5% increase this year followed by 3% rate increases on July 1 of 2023 and 2024.

Following public comment against the program and the announcement that 544 protests were submitted (9,790 was needed to overturn), the resolution was passed.

New city employees announced were Arlene Granadosin-Jones, Senior Planner; Heather Cook, Code Enforcement Officer I; Andrew Thomas, Code Enforcement Officer I; and Kristy Acuna, Animal Services Officer I. ★

#### **Celebrating 10 Years of the Mental Illness Project**

Continued from page 1

have volunteered to be the public face of the campaign on billboards, in media interviews or at events.

The project has more than 11,000 followers on its social media channels and more than 120 community-based organizations have collaborated with the project since it launched.

The project is constantly evolving to ensure it reaches every community in Sacramento County – especially in light of the impacts of COVID-19 and mounting social justice issues on the mental

health of community members. As of December 2021, the project launched an updated website that includes materials tailored for unique audiences.

"We estimate that nearly 355,000 Sacramento County residents live with a mental illness, but only a third will seek professional help due to stigma and discrimination," said Ryan Quist, Ph.D., Director of Behavioral Health Services. "Mental illness is a treatable and manageable condition that is unfairly stigmatized."

For more information about the project, please visit StopStigmaSacramento.org ★





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## COMMUNITY ENHANCEMENT & INVESTMENT FUND ★ GRANTS AVAILABLE ★

The City of Rancho Cordova is now accepting applications for grant funding from individuals, organizations, businesses, and community partners who are interested in enhancing the Rancho Cordova community.



These are just some of the innovative programs supported by the City of Rancho Cordova's Community Enhancement & Investment Fund:

- New after-school programs
- · Rancho Cordova Promise Program
- Neighborhood Beautification Projects

The city anticipates awarding approximately \$2.5 million in community grants in Fiscal Year 2022/2023.

#### Apply through March 18, 2022!



### **Community Grant Types**

- ARTS, CULTURE, HISTORY, ENTERTAINMENT AND SPORTS
- EDUCATION
- OTHER PROJECTS





f y o p n J in

The Community Enhancement & Investment Fund is funded by Measures H and R, ½ cent local sales tax measures approved by Rancho Cordova voters respectively in November 2014 and 2020.



CityofRanchoCordova.org/CommunityEnhancementInvestmentFund

## FREE Vacation Home Checks Available in Rancho Cordova



Make your house look lived in to help deter possible criminal activity. Photo: City of Rancho Cordova

Rancho Cordova Police Department

RANCHO CORDOVA, CA (MPG) - Are you going on vacation and want to keep your home secure? Sign up for RCPD's FREE Vacation Home Check in the City of Rancho Cordova!

A volunteer patrol will visit your home every weekday and check the windows and doors to make sure that your home is protected. To sign up, call 916.875.9600 or visit the Service Center at 2897 Kilgore Road, Monday through Friday from 9 AM to 5 PM

As you are planning your vacation, remember these additional safety tips: (1) Ask a friend or one of your neighbors to keep an eye on your property while you are away; (2) Leave lights on when you

go out. If you are going to be away for a length of time, connect some lamps to automatic timers to turn them on in the evening and off during the day; (3) Don't allow daily deliveries of mail, newspapers or flyers to build up while you are away. Arrange with the Post Office to hold your mail, or arrange for a friend or neighbor to take it regularly; (4) In short, make your house look lived in; (5) If you come home and see a broken window or a jimmied door, don't go in. Confronting a burglar can be dangerous. Contact RCPD immediately by calling 911.

For the latest Rancho Cordova Police Department news, stay tuned to our social media channels or sign up for the city's e-newsletter at CityofRanchoCordova.org/





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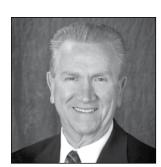
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By Bob McGarvey

It's very warm outside, and it feels like spring. The kids asked if they could go swimming. They are always ready for swimming, but I had to tell them that even though they are sure that spring has sprung, it hasn't! I tested the temperature of the water in the pool for them. The pool thermometer read 50 degrees, and after putting their hands in the water the kids decided they were going to wait until the water was warmer. I'll wait too!

Last week I talked about the Presidents Day, and right now I am thinking about one of those Presidents, Abraham Lincoln. I read about Carl Sandburg who was an American poet, biographer, journalist, and editor. He won three Pulitzer Prizes: two for his poetry and one for his biography of Abraham Lincoln.

Mr. Sandburg spoke to a joint session of Congress on the 150th anniversary of Lincoln's birthday. Sandburg said, "Not often in the story of mankind does a man

## **And Another Thing** It Feels Like Spring

arrive on earth who is both to Everett's note, "In our hard a rock and soft as drifting fog, who holds in his heart and mind the paradox of terrible storm and peace unspeakable and perfect." I must admit that President Lincoln is one of my favorite American heroes.

Going a bit more about President Abraham Lincoln, I have been impressed with how he was educated. All his formal schooling - a week here, a month there did not amount to one year, and mostly he educated himself by borrowing books and newspapers. He gave one of the most well known speeches in history: his Gettysburg Address.

In "The Giant Book of American Quotations", I know about that speech. "I should be glad if I could flatter myself that I came as near to the central idea of the occasion in two hours as you did in two minutes." Edward Everett, in a note to Abraham Lincoln, the day after Lincoln delivered his famous address at Gettysburg, Pa., November 20, 1863. Lincoln responded

steel and velvet, who is as respective parts yesterday, you could not have been excused to make a short address, nor I a long one. I am pleased to know that, to your judgement, the little I did was not entirely a failure." Everett was the featured speaker at Gettysburg, but Lincoln's address is the one remembered.'

I am hoping that this year the community will see and become involved in the "Kids Day In the Park", the International Festival (IFEST), Memorial Day, Movies in the Park, our 19th Anniversary on July 1st as the City of Rancho Cordova, the 4th of July Parade and activities in Hagan Park, the Capital Air Show, and a Veterans Day celebralearned something I didn't tion. Those are only a few of the things which we have been able to share with each other. The COVID-19 which prevented those activities has taken over 900,000 lives in the United States since March of 2020. I hope that we will be able to do all of the things I just talked about.

> From Bob McGarvey, God bless, and we'll see you next time.

## **Top RC Volunteers** to be Honored March 11

Cordova Community Council News Release

RANCHO CORDOVA, CA (MPG) - A longtime swim coach, a husband-wife team who overhauled a high school sports facility, a 60-member band and a pair of longtime public servants are among the outstanding volunteers to be honored during the 22nd Annual Community Volunteer Awards hosted by the Cordova Community Council on March 11.

Robert J. McGarvey, who kept the dream of cityhood alive for more than three decades and served on the Rancho Cordova City Council for 18 more, will be honored as the "Rancho Cordovan of the Year" – an award reserved for those have made extraordinary contributions to the community over a lifetime.

Fifth District Supervisor Don Nottoli, who has served the public as an elected official and appointed official for more than 40 years, and who has announced will not seek re-election later this year, will also be honored

In addition to high profile recipients, volunteers making important contributions both large and small - including some "hidden gems" -- will also be honored.

"This is the time and place for us to honor and celebrate that which makes Rancho Cordova truly a great All-America City our outstanding volunteers," said Cordova Community Council President David Sander. "It is inspiring to hear their stories of selflessness and commitment to the community and a great reminder that we all have something to offer to our great community."

Ten volunteers and organizations will be honored at "Catch the Volunteer Wave," a surfer-inspired theme party and awards ceremony, hosted by Ann Spade, TV personality at KQCA and KCRA. Visit cordovacouncil.org/community-volunteer-awards for tickets.

Other honorees will include:

Distinguished Community Service **Individuals:** Jennifer and Adam Laret. This husband and wife team toiled hands-on during hot COVID summer months to refurbish the Cordova High School athletic weight room, transforming it from worn and shabby hand-me-downs emblazoned with another school's emblems to crisp new Lancer red and black, with all the trimmings, among many other community contributions.

Distinguished Community Service Organization: Rancho Cordova River City Concert Band. The musical backbone of numerous community events, the band notably became an international leader in COVID-era adjustments to keep the band playing on, even when they could not meet.

**Outstanding Service to Youth: Carol** Krause. Sixteen-year president of the Cordova Blue Marlins youth swimming league, Krause is credited with her longtime leadership of the group, especially during five years when the Hagan Park community pool was closed. Krause kept the league alive while diligently working with the Cordova Recreation and Park District on plans for the new pool, which opened in

2021.

Distinguished Service by a Faith Community: United Methodist Church. This small faith community found ways to feed the hungry in their neighborhood as COVID impacts put the squeeze on many. In addition, 2021 marked the 40th consecutive year of sharing their faith with the larger community with a spectacular holiday presentation of "Living Nativity," for three nights at their church and again at Cordova Community Christmas Tree Lighting event, an enormous undertaking.

**Distinguished Community Business** Partner: Wake Audio. A Rancho Cordova business which installs premiere vehicle and marine audio systems, Wake Audio is also passionate about helping the Rancho Cordova Police Activities League, showering PAL with donations and other support which helps PAL carry out their critical mission of serving children in the city.

Outstanding Teen Service: Kenyon Owens. This excellent Cordova High School student volunteer gained the respect and appreciation of adults in a variety of activities who all noted his natural leadership skills, work ethic, trustworthiness, reliability and compassion for others during multiple volunteer experiences.

We Could Not Have Done It Without You: Kathy Hiramoto and Aminie Elsberry. Longtime Rancho Cordova volunteers, this duo rarely stands out because they have labored in the background for decades. But their reliability and expertise assure all runs smoothly in a wide range of community efforts ranging from Mentors at Cordova High (MACH) to the Rancho Cordova Fourth of July.

Hidden Gems: Longtime Rancho Cordova residents Sheryl and Lou Meyer both have touched the lives of hundreds of people they have never met. Sheryl has produced hundreds of quilts shared with many non-profit organizations and Lou is the invisible deliverer of thousands of wooden cutouts to local schools, left for children to color or paint. Their labors of love earned them "Hidden Gems" honors.

Special Recognition. Don Nottoli has served five terms since being elected to represent the Fifth District in 1994 – a sprawling and ethnically diverse district of 650 square miles, including Rancho Cordova. Although he is beginning his 28th year as a county supervisor, he is in his 43rd year of service with the county – nearly as half century of service to Rancho Cordova and beyond, earning a remarkable public service record and widespread affection.

The Community Volunteer Awards will feature a "surfing"-inspired dinner, awards program and celebration at Rancho Cordova City Hall. The spectacular theme-party event opens at 6 p.m. on Friday, March 11. It is open to the public, which is encouraged to attend. All tickets must be purchased in advance; the event historically sells out, so buy tickets online at www.cordovacouncil. org. Tickets are also on sale at the Cordova Community Council office in Suite 117, Rancho Cordova City Hall. For more information visit www.cordovacouncil.org. Call 273-5704 for details.

## FBI Academy Enabling More Leaders to Connectivity, Education About FBI

FBI Sacramento Office of Public Affairs Press Release

SACRAMENTO, CA (MPG) - Are you a leader in your community who has wondered what the Federal Bureau of Investigation (FBI) investigates in your community, what you should be aware of, and how you can help make your community safer? If so, the FBI Sacramento Field Office's Citizens Academy may have the perfect opportunity for you.

The FBI Citizens Academy, hosted by the FBI Sacramento Field Office, offers a unique experience for civil, business, religious, and community leaders residing or working within the 34-county area the field office serves. The Spring 2022 FBI Citizens Academy class will be the first to be hosted in multiple locations including Bakersfield, Chico, Fresno, Ripon, and Roseville, enabling more people the opportunity to participate.

With more than 87,000 square miles to cover, our territory is vast. Prior classes were hosted in a single location in Fresno or Roseville, limiting our ability to connect with many of the communities we serve," said Special Agent in Charge Sean Ragan of the FBI Sacramento Field Office. "This new concept enables us to open the FBI Citizens Academy experience to more civic, business, and community leaders from our region. This new, hybrid experience will directly connect with many communities while offering both a regional and location-specific perspective regarding the FBI's role in federal law enforcement.'

Classes offer in-depth exploration of the FBI's investigative priorities including terrorism, counterintelligence, civil rights, cybercrime, public corruption, and violent crime. The scheduled sessions hosted one evening a week for eight weeks are complemented by an optional day of in-person demonstrations by specialty teams and a firing range experience offering gun safety and an appreciation for the weapons every agent must have demonstrated proficiency with.

FBI Citizens Academy graduates have a better understanding about how the FBI Sacramento Field Office fulfills its mission within the region and how it partners with law enforcement and the community to prevent violence and investigate crime. All graduates are encouraged to join the local FBI Citizens Academy Alumni Association Chapter to continue their education and participate in crime prevention and youth education efforts that benefit their communities.

To nominate yourself or someone else to attend the Spring FBI Citizens Academy Class and learn more about the program, visit https://forms.fbi. gov/fbi-citizens-academy-nomina-

tion-form-sacramento/view. Applications must be submitted by February 11, 2022. Candidates must be a recognized leader in their respective communities, live within the FBI Sacramento Field Offices region, be at least 21 years old, consent to a limited background check, and agree to attend all scheduled sessions with no more than one excused absence.

## **Arrest Made in Relation to** Missing Woman Found Dead

By Sergeant Rod Grassmann, Sacramento County

RANCHO CORDOVA, CA (MPG) - Sacramento County Sheriff's Office Detectives arrested Mikilo Morgan Rawls (37), who is a transient from the Sacramento County area, in connection with the brutal sexual assault and homicide of Emma Roark (20) of Rancho Cordova. Rawls was arrested on Friday,

February 11, 2022 and booked into the Sacramento County Main Jail on felony charges of murder, rape and sodomy and is being held without bail.

"This type of violent crime tears at the fabric of community safety," said Chief Deputy Jim Barnes. "I am proud of the Sheriff's Office personnel, which includes the Rancho Cordova Police Department, who stood tall to protect our community and brought resolution to this brutal crime. I also want to thank the Sacramento County District Attorney's Crime Lab for their collaboration on this investigation."

EARLIER PRESS RELEASE Rancho Cordova Police Department Detectives and Sacramento County Sheriff's Office Homicide Detectives have discovered the body of an adult

female they believe to be that of Emma

Roark who was reported missing last Thursday. The body was found in a secluded rural area at the river access on El Manto.

> Emma Roark (20) of Rancho Cordova was last seen leaving her residence at approximately 12 p.m. on Thursday January 27, 2022. Her family became concerned and called the Rancho Cordova Police Department to report her missing later in the day at approximately 6 p.m.

An extensive effort over the last four days was initiated in the search for Roark which included the Rancho Cordova Police Department, the Sheriff's Office, Park Rangers, Search & Rescue personnel and dogs, air support and drones. Sadly, search crews located the body and determined she was the victim of a homicide. The Sacramento County Coroner's Office will take custody of the remains and perform an autopsy to determine the cause of death. No suspect nor any further information is available at this time.

Detectives are asking anyone with information relating to this incident, to please contact The Rancho Cordova Police Department at (916) 362-5115 or Tip information may also be left anonymously at www.sacsheriff.com or by calling (916) 874-TIPS (8477).

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## **Capitol Shrinks Transparency** and Accountability



By Dan Walters **CALMatters** 

When Jerry Brown became governor in 1975, succeeding Ronald Reagan, the Capitol experienced something of a political culture shock.

Brown stocked his administration with young poverty warriors, civil rights attorneys and labor unionists who immediately began undoing what Reagan's conservative regime had wrought during the previous eight years. That meant rewriting, repealing or replacing countless "administrative rules" that the Reaganites had promulgated in many state agencies.

Very soon, the Brownies' ideological shift to the left sparked a backlash, particularly from the business community, which eventually led to legislation to give the Legislature authority to reject proposed rules, a direct rebuke to Brown.

However, just as the legislative power grab appeared to be happening, Assembly Speaker Leo McCarthy interceded with a compromise — an Office of Administrative Law, empowered to review proposed rules and make certain they comply with the intent of the underlying legislation.

However, in recent years, members of the public and the Legislature and governors have begun quietly bypassing the OAL by exempting some rulemaking from its review and, in some cases, exempting policies from even going through the normal rulemaking process altogether. Agencies are thus empowered to issue their decrees suddenly and without any opportunity for those affected to comment prior to promulgation.

We should thank lobbyist Chris Micheli for blowing the whistle on this trend. Micheli, a legislative process wonk, has written an article that catalogs how some legislative measures bypass the OAL and in some instances the Administrative Procedure Act (APA), which governs the process for writing and adopting rules.

He cites as an example, 2019's Senate Bill 1, a blanket adoption in state law of all federal labor and environmental standards in effect prior to Donald Trump's election as president. SB1 exempted this massive change in law, affecting virtually every business and every worker in the state, from both the APA and OAL oversight as an emergency action that would remain in place for

is the problem with creating an exemption from the else is allowed to say any-APA? First, it means that the Legislature (a body that is accountable to the public) has delegated its authority to an executive branch agency that does not have to seek public input on its actions.

"Second, it means that The OAL has gone notice and the ability to about that work ever since. comment are eliminated for California newspapers. \*

the regulated community.

"Third, it means that an executive branch agency or department not only has authority to adopt regulations, but also that it does not even have to follow the statutory procedures for adopting those regulations."

Unfortunately, bypassing rulemaking procedures and OAL oversight is not an isolated example of the pernicious tendency of Capitol politicians to limit both transparency and accountability as they issue decrees affecting the lives of nearly 40 million Californians.

For instance, after declaring a COVID-19 emergency nearly two years ago, Gov. Gavin Newsom has issued dozens, or perhaps hundreds, of orders, some unilaterally suspending state law but having the power of law themselves.

The state budget, now approaching \$300 billion, is routinely written in secret by the governor and a few legislators and then enacted with minimal public notice. Many budget "trailer bills" make major changes in state policy with only cursory

Legislative hearings on bills are now largely superficial exercises in which a few pro and con witnesses are Micheli writes: "What given just a few minutes to state their cases and no one thing other than name and organization.

> It's what happens when a Capitol is under total control by one party.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for Ask Toni

### Can't Afford to Pay My Medicare **Premium Bill . . . What Can I Do?**



Toni King

My Medicare begins March 1st and I have received my first bill. This bill is for 4 months from March 1st to June 30th. I thought Medicare was monthly. If I pay this amount, then I

cannot pay my rent for March.

This bill for Medicare is due February 25th and I was wondering if Medicare allows payments for Medicare Part B premium monthly? I cannot start my Social Security check because I work and make more than Social Security allows without having to pay a penalty because I am not at my full retirement age (FRA).

~ Jackie, St. Louis, Mo

You are correct that Americans are paying their Medicare premiums monthly by having the premium taken from their Social Security check. Social Security will automatically take the Medicare premiums from a person's Social Security check. Social Security will send a letter informing the Medicare beneficiary that Social Security is deducting the monthly Medicare Part B premiums from your Social Security check.

GOOGLE "Medicare Easy Pay" to pay your checking account or visit www.medicare.gov and you can research topics such as how to download and properly set up Medicare Easy Pay.

Not computer or internet "smart" to research options on "GOOGLE", then get help from a family member or friend that has access to a computer and ask them to assist you in downloading the Medicare Easy Pay form.

It may take about 6-8 weeks to have the "Medicare Easy Pay" form processed. You should make sure that you keep up with your monthly premiums, so your Medicare Parts A and B are not terminated. A simple way to pay a monthly premium or your Toni Says® readers.

complete Medicare premium bill by credit card until the Medicare Easy Pay form is activated is by visiting www.Medicare. com and create a Medicare account.

When creating a Medicare account, you must have applied for Medicare and have your Medicare number to open your account. On your Medicare account is your Medicare information such as:

- What Medicare Part D prescription drug plan or Medicare Advantage plan you are enrolled in.
- What your Medicare Part A and B enrollment dates are.
- What you can view on your "Medicare. gov" account is paying your Medicare premium, Medicare claims, print your Medicare card and much more.

If one does not stay current with their Medicare premiums, then the Medicare Beneficiary might lose their benefits and may be charged a penalty when they re-enroll. When someone does not have the required 40 working quarters to qualify for Medicare or are married with a spouse that does have the 40 quarters, then they may also have to pay a premium for Part A which is expensive.

Medicare Part D prescription drug premiums are not available via the Medicare site but are managed by the Medicare Part D prescription drug company. One can pay their Medicare prescription drug premium either directly to the prescription drug company by check or credit card. Once one begins receiving their Social Security your Medicare premiums monthly from check, then both Medicare Part B and Part D prescription drug premiums can be taken from their Social Security check.

Toni Says<sup>®</sup> Many do not realize that they can pay their Part B premiums monthly when not receiving their Social Security check by following the rules set up by Medicare. Take your time and study this Medicare rule.

Confused about Medicare Zoom webinar is Thursday February 10 at 4:00 PM. Visit www.tonisays.com to sign up for Toni's online webinar event.

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18. \*#22 and #24 20. First-rate, slangily

22. Lingerie staple 23. Public speaker 26. Ivory tickler

30. "Fresh Prince of

31. Most likely to win

38. Lacking justification 39. Office communique

40. Greece and Bulgaria peninsula 42. Overnight stop

43. Indifferently 45 Sturdily built

abbreviation

founder

Virginia

58. Arm bone

63. Clinton

DOWN 1. Update a FitBit

3. "At

bachelor

60. German title

47. English course

50. Oliver Twist, e.g.

52. \*University of Virginia

57. \*Second most-popular

59. Poem at a funeral

62. High school club

64. Hitler's Deputy

2. Sound of bells

5. Aromatic lumber

6. Beside, archaic

7. Two of the same

11. Bear's room

13. Edith Piaf's hit

19. Digital tome 22. Trash container, e.g. 23. \*One of three Presidents to win

a Grammy

14. Meat of coconut

24. James Dean's famous role 25. Remember this battle

28. Did not smell good 29. Like yellow polka dot bikini

32. June 6. 1944 33. Salt in cocina

36. \*a.k.a. Silent Cal

38. Loosen ropes

40. Deli acronym

26. \*First to serve coast to coast 27. Indo-Aryan, as in languages

\_, soldier."

4. Modern tie forerunner

51, Nevada

61. Arnold Lobel's "Mouse

Rodham

it easy

34. Pot contribution 35. By surprise

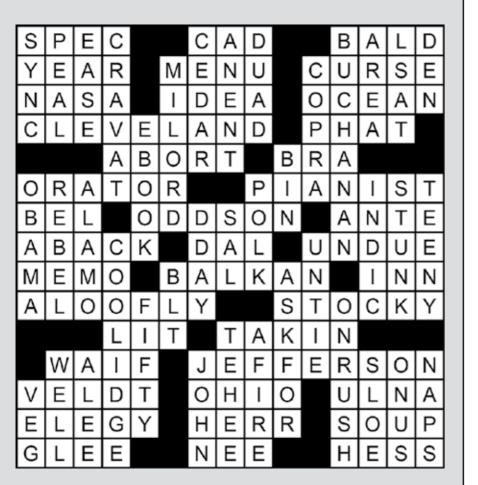
1. Short for specification

14. The Beast's problem in

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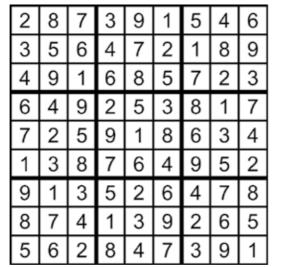


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row, column and 3-by-3 box includes all digits 1 through 9.

## The Rates Keep Rising



#### Commentary by Bruce Lee

Heads up! Those rates (garbage rates in this case) are rising – now in Folsom, but coming soon to a community near you!

And, what a rise! In mid December Folsom approved a 74% increase over four years. The typical residential bill is currently \$34.50 per month and will rise to \$60 by 2025. The rates will rise "gradually" to \$46.25 in 2022; \$56 in 2023; \$58 in 2024; and then finally to \$60. It will be like cooking a frog to death, starting it in room-temperature water while slowly raising the heat to a boil.

The rationale for the increase is a state mandate pushed down upon local government – in this case Senate Bill 1383 of 2016, which is attempting to reduce greenhouse gas emissions. Folsom could face fines up to \$10,000 per day for noncompliance. According to the city, they issued public notices and held required hearings, but there was no majority objection to the fees.

SB 1383 is a statewide effort to reduce "shortlived" climate pollutants and applies to all residents and businesses. Using 2014 levels as the standard, the intent is to reduce disposal of organic waste by 50% by January 1, 2020 (they missed that goal), and by 75% by the end of 2024! Plus, the state wants to "rescue" at least 20% of currently disposed, edible food for human consumption.

(I'm not sure what they plan to do with all of that "rescued" food. Remember the Seinfeld television show debate when George took a pastry out of the garbage - but it was "just below" the lid line! It might be worthwhile to catch that rerun.) And, "short-lived" means pollutants that have a relatively short life in the atmosphere. (Hmmm ... so why worry about them? Well, I'm not a "scientist" and nobody argues with a scientist now-a-days!)

Now, there is a logic. When food scraps and compostable materials (such a paper products) are put into a landfill without access to oxygen, they break down and produce methane (CH4), which is a greenhouse gas in the atmosphere. (This is akin to cow flatulence.) And, we do have a lot of organic waste - 71% of all San Mateo County's landfill waste is organic. And, evidently food waste tallies up to about 17% of all landfill disposal in California.

Maybe we just need a mandate to buy less food or that we are required to consume all that we cook?

Now, while some of this may seem a bit humorous, there are four serious lessons for us:

1) Who thought in 2016 when the well-intended SB 1383 passed that garbage rates would skyrocket! Policy decisions are often made based on general big-picture ideas that sound good, but are

made out of context. The impact trickles down.

Rates are just as important as taxes – so keep an eye on them!

Folsom purportedly had little public comment or objection, so shame on us for being indifferent.

Once you pay higher rates or higher taxes, there is often little guarantee on how the money will be used. These types of things can also be good rationales for higher wages and the like.

And, starting last January 1st, per SB 1383, Californians are required to recycle their food scraps and other leftovers. Your organic waste can be combined with your green waste; or maybe there will be a new "brown waste" can. Confused yet?

Meanwhile, watch out for your rates! Folsom is a harbinger for all other local governments, and the City of Sacramento City is currently working on their wastewater fees in earnest.

W. Bruce Lee is an educator and speaker (WBruceLee.com) with a career in government as an elected official and fiscal advisor, who has worked at the local, state, and federal levels. He authors the "We the Government" column as a community service. He is president of the Sacramento Taxpayers Association (SacTax) - promoting efficient, economical government; fair and equitable taxation which permits a strong, healthy economy; as well as sensible balance and rational control of government expenditures.. His private message telephone is 916-624-6476. Copyright W. Bruce Lee, 2022

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Legal Advertising 7144 Fair Oaks Blvd #5 Carmichael, CA 95608

## FICTITIOUS BUSINESS NAME STATEMENTS FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00054 Hannah Matson, 4012 William Way Camino, CA 95709

4012 William Way Carnino, CA 95709 are doing business under the Fictifious Business Name(s) "Baddie Brows by Hannah" 31 Natoma Street Folsom, CA 95630. Filed with the Clerk of Sacramento County January 4, 2022 Publish: January 28, February 4, 11, and 18, 2022
BADDIE 180201 2-18-22

FICTITIOUSBUSINESSNAMESTATEMENT FBNF2022-00087 Kaitlyn Bednar, 2332 Sonata Drive Ranch Cordova, CA 95670 are doing business under the Fictitious Business Name(s) "Resting Bee Face Co" 2332 Sonata Drive Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County January 6, 2022 Publish: January 28, February 4, 11, and 18, 2022 RESTING 180201 2-18-22

RESTING 180201 2-18-22
FICTITIOUSBUSINESSNAMESTATEMENT
FBNF2022-00323 Kao Vue, 6811 E. Clinton
Avenue Fresno, CA 93727 are doing business
under the Fictitious Business Name(s)
Fraith Religious Facility 4333 Airport Drive
Sacramento, CA 95821. Filed with the Clerk
of Sacramento County January 18, 2022
Publish: January 28, February 4, 11, and 18,

FAITH 180201 2-18-22
FICTITIOUSBUSINESSNAMESTATEMENT
FBNF2022-00176 Edvantage Solutions,
8698 Elk Grove Boulevard #1183 Elk Grove,
CA 95624 are doing business under the
Fictitious Business Name(s) "Allstate Roofing
Solutions, Cortek" 8698 Elk Grove Boulevard
#1183 Elk Grove, CA 95624. Filed with the
Clerk of Sacramento County January 11, 2022
Publish: January 28, February 4, 11, and 18,

ALLSTATE 180201 2-18-22
FICTITIOUSBUSINESSNAMESTATEMENT
FBNF2022-00191 KW Fund VI-Autumn
Ridge LLC, 151 S. El Camino Drive
Beverly Hills, CA 90212 are doing business
under the Fictitious Business Name(s)
"The Arlo" 6011 Shadow Lane Citrus
Heights, CA 95621. Filed with the Clerk
of Sacramento County January 12, 2022
Publish: January 28, February 4, 11, and 18,
2022

FICTITIOUSBUSINESSNAMESTATEMENT
FBNF2021-10671 Golam Bahar Molla,
1937 Silica Avenue Sacramento, CA 95815
are doing business under the Fictitious
Business Name(s) "GM Automobile
Detailing" 1939 Auburn Boulevard Suite D
Sacramento, CA 95815. Filed with the Clerk
of Sacramento County December 9, 2021
Publish: January 28, February 4, 11, and 18,
2022

180201

2-18-22

ARI O

GM 180201 2-18-22
FICTITIOUSBUSINESSNAMESTATEMENT
FBNF2021-11080 Maihan Vo and Tan
Nguyen, 2374 Playa Way Gold River,
CA 95670 are doing business under
the Fictitious Business Name(s) "1st
Class Properties" 2374 Playa Way Gold
River, CA 95670. Filed with the Clerk of
Sacramento County December 28, 2021
Publish: January 28, February 4, 11, and 18,
2022

1ST 180201 2-18-22
FICTITIOUSBUSINESSNAMESTATEMENT
FBNF2022-00185 Lynn Sinclair Inc,
3761 Recycle Road #A Rancho Corodva,
CA 95742 are doing business under the
Fictitious Business Name(s) "Marine Service
Center" 3761 Recycle Road #A Rancho
Cordova, CA 95742. Filed with the Clerk
of Sacramento County January 11, 2022
Publish: January 28, February 4, 11, and 18,
2022

MARINE 180201 2-18-22 FICTITIOUSBUSINESSNAMESTATEMENT FBNF2022-00372 Kedija Adam, 8661

FBNF2022-00372 Kedija Adam, 8661 Sebrell Way Sacramento, CA 95823 and Gedyon Woldtsadik, 9551 Butterfield Way #29 Sacramento, CA 95827 are doing business under the Fictitious Business Name(s) "Kind Bean Café & Bakery" 1547 Fulton Avenue #D Sacramento, CA 95825. Filed with the Clerk of Sacramento County January 19, 2022 Publish: January 28, February 4, 11, and 18,

180201

2-18-22

KIND

**GREENBACK** 

FICTITIOUSBUSINESSNAMESTATEMENT
FBNF2022-00101 N Richard Smith,
Trust, 2240 Hill View Drive El Dorado Hills,
CA 95762 and Rosanne Smith Kearns
Trust, 5310 Bantry Place El Dorado Hills,
CA 95762 are doing business under the
Fictitious Business Name(s) "Greenback &
Burich" 7660-7666 Greenback Lane Citrus
Heights, CA 95610. Filed with the Clerk
of Sacramento County January 6, 2022
Publish: January 28, February 4, 11, and 18,
2022

180201

FICTITIOUSBUSINESSNAMESTATEMENT FBNF2022-00360 Buddhist Churches of America-Northern California District Council, 622 Lelandhaven Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Northern California Buddhist Women's Association" 7237 Chandler Drive Sacramento, CA 95828. Filed with the Clerk of Sacramento County January 19, 2022 Publish: January 28, February 4, 11, and 18, 2022

NORTHERN 180201 2-18-22
FICTITIOUSBUSINESSNAMESTATEMENT
FBNF2021-10991 Pacific Coast Slavic
Baptist Ass., 639 Welland Way West
Sacramento, CA 95605 are doing business
under the Fictitious Business Name(s)
"Pacific Thirff Store" 6101 Watt Avenue North
Highlands, CA 95660. Filed with the Clerk
of Sacramento County December 23, 2021
Publish: January 28, February 4, 11, and 18,

PACIFIC 180201 2-18-22
FICTITIOUSBUSINESSNAMESTATEMENT
FBNF2022-00426 ACR Electrical And
Plumbing Corp, 5840 Gibbons Drive Suite
F Carmichael, CA 95608 are doing business
under the Fictitious Business Name(s) "ACR
Home Services" 5840 Gibbons Drive Suite F
Carmichael, CA 95608. Filed with the Clerk
of Sacramento County January 21, 2022
Publish: January 28, February 4, 11, and 18,

ACR 180201 2-18-22
FICTITIOUSBUSINESSNAMESTATEMENT
FBNF2022-00058 Mohammed Almusawi,
3911 Annadale Lane Sacramento, CA
95821 are doing business under the
Fictitious Business Name(s) "AAA Design"
3911 Annadale Lane #3 Sacramento,
CA 95821. Filed with the Clerk of
Sacramento County January 4, 2022
Publish: January 28, February 4, 11, and 18,

AAA 180201 2-18-22
FICTITIOUSBUSINESSNAMESTATEMENT
FBNF2022-00427 ACR Solar International
Corp., 5840 Gibbons Drive Suite H
Carmichael, CA 95608 are doing business
under the Fictitious Business Name(s) "ACR
Solar & Roofing" 5840 Gibbons Drive Suite H
Carmichael, CA 95608. Filed with the Clerk
of Sacramento County January 21, 2022
Publish: January 28, February 4, 11, and 18,
2022

2-18-22

ACR

Avenue Sacramento, CA 95820 are doing business under the Fictitious Business Name(s) "Smart Cleaning Services" 2845 19th Avenue Sacramento, CA 95820. Filed with the Clerk of Sacramento County January 21, 2022 Publish: January 28, February 4, 11, and 18, 2022 SMART 180201 2-18-22 SMART 180201 2-18-22 FICTITIOUSBUSINESSNAMESTATEMENT FBNF2022-00523 Sheila Deleon, 7814 Carraway Drive Antelope, CA 95843

FICTITIOUSBUSINESSNAMESTATEMENT

FBNF2022-00434 Evil Arauz, 2845 19th

FBNF2022-00523 Sheila Deleon, 7814
Carraway Drive Antelope, CA 95843
are doing business under the Ficitious
Business Name(s) "Sheila Deleon
Mobile Detailling" 784 Carraway Drive
Antelope, CA 95843. Filed with the Clerk
of Sacramento County January 4, 2022
Publish: February 4, 11, 18, and 25, 2022
SHEILA 180201 2-25-22

FICTITIOUSBUSINESSNAMESTATEMENT
FBNF2022-00632 Kh Maiwand Maiwand,
2601 Howe Avenue #62 Sacramento, CA
95821 are doing business under the Fictitious
Business Name(s) "Azizi Transportation
Services" 2601 Howe Avenue #62
Sacramento, CA 95821. Filed with the Clerk
of Sacramento County January 27, 2022
Publish: February 4, 11, 18, and 25, 2022

180201

2-25-22

FICTITIOUSBUSINESSNAMESTATEMENT
FBNF2022-00256 Elizabeth Maturino,
8462 Wheatland Drive Sacramento, CA
95828 are doing business under the
Fictitious Business Name(s) "iNotarize
It-Mobile Notary" 8462 Wheatland Drive,
Sacramento, CA 95828. Filed with the Clerk
of Sacramento County January 13, 2022
Publish: February 4, 11, 18, and 25, 2022
INOTARIZE 180201 2-25-22

A7171

INOTARIZE 180201 2-25-22

FICTITIOUSBUSINESSNAMESTATEMENT
FBNF2022-00444 Circle Theory Productions
LLC, 4933 San Marque Circle Carmichael,
CA 95608 are doing business under the
Fictitious Business Name(s) "Circletheory
Productions" 4933 San Marque Circle
Carmichael, CA 95608. Filed with the Clerk
of Sacramento County January 21, 2022
Publish: February 4, 11, 18, and 25, 2022
CIRCLE 180201 2-25-22

FICTITIOUSBUSINESSNAMESTATEMENT FBNF2022-00359 Orane LLC, 5409 Yellow Pine Way Sacramento, CA 95841 are doing business under the Fictitious Business Name(s) "Orane LLC, Orane Label LLC" 5409 Yellow Pine Way Sacramento, CA 95841. Filed with the Clerk of Sacramento County January 19, 2022 Publish: February 4, 11, 18, and 25, 2022 ORANE 180201 2-25-22

FICTITIOUSBUSINESSNAMESTATEMENT FBNF2022-00433 Whyze Marketing Inc, 2530 J Street Suite 300 Sacramento, CA 95621 are doing business under the Fictitious Business Name(s) "CyberWhyze" 2530 J Street Suite 300 Sacramento, CA 95621. Filed with the Clerk of Sacramento County January 21, 2022 Publish: February 11, 18, 25, and March 4, 2022

CYBER 3-4-22
FICTITIOUSBUSINESSNAMESTATEMENT
FBNF2022-00792 Elizabeth Maas, 1820
Capitol Avenue Sacramento, CA 95811
are doing business under the Fictitious
Business Name(s) "Yeshua Light Healing
House" 7551 Freeport Boulevard #1044
Sacramento, CA 95832. Filed with the Clerk
of Sacramento County January 31, 2022
Publish: February 11, 18, 25, and March 4,

YESHUA 3-4-22 FICTITIOUSBUSINESSNAMESTATEMENT

FBNF2022-00790 Ann Margaret Murphy, 510 Santa Ynez Way Sacramento, CA 95816 are doing business under the Fictitious Business Name(s) "Helmet Diva" 510 Santa Ynez Way Sacramento, CA 95816. Filed with the Clerk of Sacramento County January 31, 2022 Publish: February 11, 18, 25, and March 4, 2022

HELMET 3-4-22
FICTITIOUSBUSINESSNAMESTATEMENT
FBNF2022-00121 Forever Connected
Holistic Healing and Wellness Center
Inc, 8276 Northwind Way Orangevale,
CA 95662 are doing business under the
Fictitious Business Name(s) "Melanin Day
School Academy" 8276 Northwind Way
Orangevale, CA 95662. Filed with the Clerk
of Sacramento County January 7, 2022
Publish: February 11, 18, 25, and March 4,

MELANIN 3-4-22
FICTITIOUSBUSINESSNAMESTATEMENT
FBNF2022-00753 1st Rate Loans, LLC,
18501 Murdock Circle Suite 101 Port
Charlotte, FL 33948 are doing business
under the Fictitious Business Name(s) "Motto
Mortgage" 28004 Gateway Oaks Drive #100
Sacramento, CA 95833. Filed with the Clerk
of Sacramento County January 28, 2022
Publish: February 11, 18, 25, and March 4,
2022

MOTTO 3-4-22
FICTITIOUSBUSINESSNAMESTATEMENT
FBNF2022-00564 Luis Mejia Hernandez
and Esmeralda Cisneros Mejia, 5100
Tangerine Avenue Sacramento, CA
95823 are doing business under the
Fictitious Business Name(s) "Paquetexia
Mexico Express" 5100 Tangerine Avenue
Sacramento, CA 95823. Filed with the Clerk
of Sacramento County January 26, 2022
Publish: February 11, 18, 25, and March 4,

PAQUETEXIA 3-4-22
FICTITIOUSBUSINESSNAMESTATEMENT
FBNF2022-00907 PB 32G Inc, 4 Cain Court
Sacramento, CA 95834 are doing business
under the Fictitious Business Name(s)
Fruitridge Chevron" 3900 Fruitridge Road
Sacramento, CA 95820. Filed with the Clerk
of Sacramento County February 2, 2022
Publish: February 11, 18, 25, and March 4,

FRUITRIDGE 3-4-22
FICTITIOUSBUSINESSNAMESTATEMENT
FBNF2022-00599 Savanna W. Hamilton,
3643 1st Avenue #3 Sacramento, CA
95817 are doing business under the
Fictitious Business Name(s) "Flowers
by Savanna" 3643 1st Avenue #3
Sacramento, CA 95817. Filed with the Clerk
of Sacramento County January 26, 2022
Publish: February 11, 18, 25, and March 4,
2022

**FLOWERS** 3-4-22 BUSINESS **FICTITIOUS** NAME STATEMENT FBNF2022-00390 John E. Brightenstine, 9376 Mira Del Rio Drive Sacramento, CA 95827 are doing business under the Fictitious Business Name(s) "GobiGiOhn" 9376 Mira Del Rio Drive Sacramento, CA 95827, Filed with the Clerk of Sacramento County January 20, 2022 Publish: February 11, 18, 25, and March 4, 2022 **GOBI** 3-4-22

FICTITIOUS BUSINESS NAMESTATEMENT FBNF2022-00470 Nancy Gannon, 6100 Cherrelyn Way Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "River City Equestrian Events" 6100 Cherrelyn Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 24, 2022 Publish: February 11, 18, 25, and March 4, 2022

FICTITIOUSBUSINESSNAMESTATEMENT FBNF2022-00910 Melissa Nelson, 8161 Juli Court Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Veritas Signing Services" 8161 Juli Court Cirtus Heights, CA 95610. Filed with the Clerk of Sacramento County February 3, 2022 Publish: February 11, 18, 25, and March 4, 2022

VERITAS 3-4-22
FICTITIOUSBUSINESSNAMESTATEMENT

FBNF2022-00973 Cassandra Patterson, 9764 Nature Trail Way Elk Grove, CA 95757 are doing business under the Fictitious Business Name(s) "LILAC FIG, Brisco and Bane" 9764 Nature Trail Way Elk Grove, CA 95757. Filed with the Clerk of Sacramento County February 4, 2022 Publish: February 11, 18, 25, and March 4,

2022 LILAC 3-4-22

FICTITIOUSBUSINESSNAMESTATEMENT FBNF2022-00797 Poese Fuapau, 7156 Parkvale Way Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "Apple Concrete Construction" 7156 Parkvale Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County January 31, 2022 Publish: February 11, 18, 25, and March 4, 2022

APPLE 3-4-22
FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-00874 Abdul H.
Tarin, 10891 Calvine Road Sacramento,
CA 95830 are doing business under the
Fictitious Business Name(s) "EZ Auto
Sales" 10892 Calvine Road Suite B Elk
Grove, CA 95830. Filed with the Clerk of
Sacramento County February 2, 2022
Publish: February 18, 25, March 4, and 11,
2022

F7 3-11-22 FICTITIOUS BUSINESS NAME STATEMENTFBNF2022-00543 Tung Thanh Huynh, 3575 Sue Pam Drive Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) Homewell Remodeling" 10017 Prairie Dunes Way Sacramento, CA 95829. Filed with the Clerk of Sacramento County January 25, 2022 Publish: February 18, 25, March 4, and 11, 2022 HOMEWELL 3-11-22

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01004 Daryna
Romanyak, 4818 Morgan Oak Way
Antelope, CA 95843 are doing business
under the Fictitious Business Name(s)
"Modro Construction" 1818 Morgan Oak Way
Antelope, CA 95843. Filed with the Clerk
of Sacramento County February 7, 2022
Publish: February 18, 25, March 4, and 11,
2022

MODERO 3-11-22
FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-00921 Superior
Auto Sales, 3300 Auburn Boulevard #6
Sacramento, CA 95821 are doing business
under the Fictitious Business Name(s)
"Superior Auto Sales" 3300 Auburn Boulevard
#6 Sacramento, CA 95821. Filed with the
Clerk of Sacramento County February 3, 2022
Publish: February 18, 25, March 4, and 11,
2022

SUPERIOR

SUSINESS
STATEMENTFBNF2022-01083

Herrera, 6117 Orso Circle Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Resilience Coffee" 6117 Orso Circle Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 9, 2022

Publish: February 18, 25, March 4, and 11,

RESILIENCE

FICTITIOUS
BUSINESS
NAME
STATEMENTFBNF2022-00856
Jagroop K
Gill and Haewant S Gill, 4635 Antelope Road
Antelope, CA 95843 are doing business
under the Fictitious Business Name(s) "Buy
& Go Convenience" 5219 Elkhorn Boulevard
Sacramento, CA 95842. Filed with the Clerk
of Sacramento County February 1, 2022
Publish: February 18, 25, March 4, and 11,

BUY

FICTITIOUS

BUSINESS

NAME
STATEMENT

FBNF2022-00944

Victoria
Dorgan, 5414

Beauford

Court Antelope, CA
95843 are doing business under the Fictitious
Business

Name(s)

"Ellari"

5414

Beauford

Court Antelope, CA
95843. Filed with the
Clerk of Sacramento County February 3, 2022

Publish: February 18, 25, March 4, and 11,
2022

ELLARI 3-11-22
FICTITIOUS BUSINESS NAME
STATEMENTFBNF2022-00604 David N.
Lloyd and Paula J. Lloyd, 6149 Wasson Lane
Sacramento, CA 95841 are doing business
under the Fictitious Business Name(s)
"Ingram-Lloyd Enterprises" 6149 Wasson
Lane Sacramento, CA 95841. Filed with the
Clerk of Sacramento County January 26, 2022
Publish: February 18, 25, March 4, and 11,

INGRAM

FICTITIOUS
BUSINESS
NAME
STATEMENT
FBNF2022-01014
Niello
Bavarian Automobiles, Inc, 1481 River Park
Drive Sacramento, CA 95815 are doing
business under the Fictitious Business
Name(s) "Niello BMW, Niello Mini" 2020 Fulton
Avenue Sacramento, CA 95825. Filed with the
Clerk of Sacramento County February 7, 2022
Publish: February 18, 25, March 4, and 11,

2022

H&H

NIELLO 3-11-22
FICTITIOUS BUSINESS NAME
STATEMENT FBNF2022-01077 Adil
Chaudri, 1060 Acacia Avenue Sacramento,
CA 95815 are doing business under
the Fictitious Business Name(s) "H&H
Tax Services" 1060 Acacia Avenue
Sacramento, CA 95815. Filed with the Clerk
of Sacramento County February 9, 2022
Publish: February 18, 25, March 4, and 11,

3-11-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01139CCRG, INC, 6640 Latrobe Road Shingle Springs, CA 95682 is doing business under the Fictitious Business Name(s) "Crumbl Cookies" 6920 Auburn Boulevard #120 Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 10, 2022 Publish: February 18, 25, March 4, and 11,

2022

CRUMBL 3-11-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01124 Haley Schuler, 8730 Elverano Avenue Elverta, CA 95626 is doing business under the Fictitious Business Name(s) "The Luxe Press" 8730 El Verano Avenue Elverta, CA 95626. Filed with the Clerk of Sacramento County February 10, 2022 Publish: February 18, 25, March 4, and 11, 2022 LUXE 3-11-29

3-11-22

#### ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-0313904

Rachelle Rosalind Saldate has filed a petition with this court for a decree changing the name(s) of Rachelle Rosalind Saldate to Rachelle Rosalind Jose de Mattos-Saldate.

IT IS ORDERED that all persons

interested in the above-entitled matter appear before this court at 9:00a.m. on March 9, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 14, 2022
Christopher E. Krueger, Judge of the Superior

Court Publish: January 28, February 4, 11, and 18, 2022 SALDATE 180201 2-18-22

ALDATE 180201 2-18-22

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00313373

#34-2021-00313373

Qutoni Moenuu Milikini has filed a petition with this court for a decree changing the name(s) of Qutoni Moenuu Milikini to Natia Moana Kekua.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on February 24, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and

show cause, if any, why the petition for Change of Name should not be granted. Dated: December 30, 2021 Christopher E. Krueger, Judge of the Superior Court Publish: January 28, February 4, 11, and 18,

KEKUA 180201 2-18-2
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CALISE

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2021-00313384
Eva Rachael Hitch has filed a petition with this
court for a decree changing the name(s) of

court for a decree changing the name(s) of Eva Rachael Hitch aka E Rachael Hitch aka E Rachael Shockey to E Rachael Rectenwald. IT IS ORDERED that all persons interested in the above-entitled matter

interested in the above-entitled matter appear before this court at 9:00a.m. on March 1, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 30, 2021
Christopher E. Krueger, Judge of the Superior

Court
Publish: January 28, February 4, 11, and 18, 2022

HITCH 180201 2-18-22
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME

CHANGE OF NAME
#34-2022-00313545
Sarah Natrece Wiggins has filed a petition with
this court for a decree changing the name(s) of
Sarah Natrece Wiggins to Sarah Natrece Kay.
IT IS ORDERED that all persons

interested in the above-entitled matter appear before this court at 1:30p.m. on March 2, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 6, 2022
Shama H. Mesiwala, Judge of the Superior

Publish: January 28, February 4, 11, and 18, 2022

2022 KAY 180201 2-18-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2022-00313915
David Eugene Kassis and Annie Lynn Doolittle has filed a petition with this court for a decree changing the name(s) of Dawson Asher Kassis Doolittle to Dawson Joseph Kassis.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 9, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 14, 2022

Christopher E. Krueger, Judge of the Superior Court Publish: February 4, 11, 18, and 25, 2022

ASSIS 180201 2-25-22
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME

#34-2022-00314144

Alireza Teimouri has filed a petition with this court for a decree changing the name(s) of Alireza Teimouri to James Cyrus.

IT IS ORDERED that all persons interested in the above-entitled matter

interested in the above-entitled matter appear before this court at 9:00a.m. on March 10, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 18, 2022
Christopher E. Krueger, Judge of the Superior

Court
Publish: February 4, 11, 18, and 25, 2022
CYRUS 180201 2-25-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00314131 Jamie Grace McManaman has filed

Jamie Grace McManaman nas tiled a petition with this court for a decree changing the name(s) of Jamie Grace McManaman to Jamie Grace Hicks.

IT IS ORDERED that all persons in the control of the country of the control of the country of the country

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 10, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 18, 2022

Christopher E. Krueger, Judge of the Superior Court Publish: February 4, 11, 18, and 25, 2022 HICKS 180201 2-25-22 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00313754 Amber E. Smith has filed a petition with this court

for a decree changing the name(s) of Joshua Scott Gauthreaux to Joshua Scott Smith.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 8, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for

Change of Name should not be granted. Dated: January 10, 2022 Christopher E. Krueger, Judge of the Superior Court

Publish: February 4, 11, 18, and 25, 2022 SMITH 180201 2-25-2

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00314141

Azadeh Saadi has filed a petition with

this court for a decree changing the name(s) of Azadeh Saadi to Sarah Cyrus. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 10, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 18, 2022

Shama H. Mesiwala, Judge of the Superior Court
Publish: February 4, 11, 18, and 25, 2022
SAADI 180201 2-25-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00313911

Issac Taz Pilgrim has filed a petition with this court for a decree changing the name(s) of Issac Taz Pilgrim to Issac Pilgrim Wright. IT IS ORDERED that all persons interested in the above-entitled matter

appear before this court at 1:30p.m. on March 9, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 14, 2022
Shama H. Mesiwala, Judge of the Superior Court

Publish: February 4, 11, 18, and 25, 2022 WRIGHT 180201 2-25-2

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00314514

Markisha Andrea Cotton has filed a petition with this court for a decree changing the name(s) of Markisha Andrea Cotton to Kisha Andrea Hale.

IT IS ORDERED that all persons interested in the above-entitled matter

interested in the above-entitled matter appear before this court at 9:00a.m. on March 17, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 26, 2022
Christopher E. Krueger, Judge of the Superior

Court
Publish: February 11, 18, 25, and March 4,
2022
HAIF
3-4-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00304148

Jenny Lynn Turner has filed a petition with this court for a decree changing the name(s) of Jenny Lynn Turner aka Jennylynn Turner aka Jen Turner to Jen Turner Willis.

IT IS ORDERED that all persons interested in the above-entitled matter

interested in the above-entitled matter appear before this court at 9:00a.m. on March 22, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 27, 2022
Christopher E. Krueger, Judge of the Superior Court

Publish: February 11, 18, 25, and March 4, 2022 TURNER 3-4-22

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE

CHANGE OF NAME #34-2022-00314871 Erica White has filed a petition with this court for a decree changing the name(s) of Helena Rosa Guajardo to Helena Rose Leverett.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 23, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 1, 2022

Richard K. Sueyoshi, Judge of the Superior Court Publish: February 11, 18, 25, and March 4, 2022 LEVERETT 180201 3-4-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00314525

Michael Glenn Farley has filed a petition with this court for a decree changing the name(s) of Michael Glenn Farley to Michael Glenn Badajos. IT IS ORDERED that all persons interested in the above-entitled matter

interested in the above-entitled matter appear before this court at 1:30p.m. on March 17, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 26, 2022
Shama H. Mesiwala, Judge of the Superior

Court Publish: February 11, 18, 25, and March 4, 2022
BADAJOS 180201 3-4-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-0031390

Najib R. Khaliqzada & Salma Khaliqzada has filed a petition with this court for a decree changing the name(s) of FNU Farzad to Farzad Khaliqzada, FNU Hamid to Hamid Khaliqzada, and FNU Atifa to Atifa Khaliqzada.

IT IS ORDERED that all persons

IT IS ONDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 9, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 9, 2022

Shama H. Mesiwala, Judge of the Superior Court Publish: February 11, 18, 25, and March 4, 2022

180201

KHALIQZADA

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-0314511

Teresa Renee Seraphin has filed a petition with this court for a decree changing the name(s) of Teresa renee Seraphin to Reese Renee Seraphin.

IT IS ORDERED that all persons

interested in the above-entitled matter appear before this court at 1:30p.m. on March 15, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 25, 2022

Shama H. Mesiwala, Judge of the Superior Court Publish: February 11, 18, 25, and March 4,

Publish: February 11, 18, 25, and March 4, 2022 SERAPHIN 180201 3-4-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00315294

Ying Guo has filed a petition with this

court for a decree changing the name(s) of Ying Guo to Stacey ying Guo. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 5, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814,

at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 10, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: February 18, 25, March 4, and 11, 2022 GUO 3-11-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00314770

Khisrow Aqeel has filed a petition with this court for a decree changing the name(s) of Mohammad Suliaman Aqeel to Sulaiman Aqeel.

IT IS ORDERED that all persons

interested in the above-entitled matter appear before this court at 9:00a.m. on March 23, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition Change of Name should not be granted. Dated: January 31, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: February 18, 25, March 4, and 11, 2022 AQEEL 3-11-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00309738 NU Hamidullah has filed a petition with t

FNU Hamidullah has filed a petition with this court for a decree changing the name(s) of FNU Hamidullah to Hameedullah Fazli.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 17, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 26, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: February 18, 25, March 4, and 11, 2022 FAZLI 3-11-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2022-00315070

Alireza Teimouri and Azadeh Saadi has filled a petition with this court for a decree changing the name(s) of Sean James Teimouri to Sean James Cyrus.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 29, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition Change of Name should not be granted. Dated: February 3, 2022 RichardK.Sueyoshi,JudgeoftheSuperiorCourt Publish: February 18, 25, March 4, and 11,

CYRUS 180201 3-11-22

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME

2022

#34-2022-00314159

Jason York Jefferson has filed a petition with this court for a decree changing the name(s) of Jason York Jefferson to Jason York Jefferson Pernell.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 15, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 19, 2022 ShamaH.Mesiwala,JudgeoftheSuperiorCourt Publish: February 18, 25, March 4, and 11, 2022

JEFFERSON 3-11-2
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00314877

Sarah Mickel has filed a petition with this court for a decree changing the name(s) of Sarah Mickel to Sarah LeSean Mickel.

IT IS ORDERED that all persons

interested in the above-entitled matter appear before this court at 1:30p.m. on March 23, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 31, 2022 Richardk.Sueyoshi,JudgeoftheSuperiorCourt Publish: February 18, 25, March 4, and 11, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2021-00302461

Juan Enrique Gil has filed a petition with this court for a decree changing the name(s) of Contreras Cervantes to Christian Gil Contreras.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 29, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 3, 2022 Richardk. Sueyoshi, Judgeofthe Superior Court Publish: February 18, 25, March 4, and 11,

2022 GIL 180201 3-11-22

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARY M. THOMAS

CASE No. 34-2021-00311779 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Mary M. Thomas deceased. A Petition for Probate has been filed by Steven Arthur Nelson, in the Superior Court of California, County of Sacramento. requesting Steven Arthur Nelson be appointed as personal representatives to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows May 12, 2022 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code, Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: David R. Morris Esq. 5137 Golden Foothill Parkway Suite 110 Dorado. 916-789-9810

Publish: February 18, 25, and March 4, 2022 17062 3-4-22

NOTICE OF PETITION TO ADMINISTER ESTATE OF ROBERT MELVIN GLIDEWELL

CASE No. 34-2021-00311420 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate or both of Robert Melvin Glidewell deceased. A Petition for Probate has been filed by Sandra Lee Colley, in the Superior Court of California, County of Sacramento requesting Sanda Lee Colley be appointed as personal representatives

to administer the estate of the decedent.

The petition requests authority to administer

Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority A hearing on the petition will be held in this court as follows April 5, 2022 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Angela C. Thompson River 95762 Dorado, 916-920-5983 Publish: February 18, 25, and March 4, 2022 17062

#### NOTICE OF HEARING ON PETITION TO DETERMINE CLAIM TO PROPERTY

To all former clients, heirs, beneficiaries, creditors and contingent creditors of and persons who may be otherwise interested in the trust or estate or both of Frederick Stephenson. A Petition to Determine the Claim to Property has been filed in Superior Court of California, County of Sacramento requesting the Trustee of the Frederick Stephenson 2020 Trust take legal possession and ownership over the remaining funds held in Frederick Stephenson's Attorney-Client Trust account (U.S. bank Account number 1-534-5501-4404.) If you were a prior client of Frederick Stephenson (California State Bar #39418) and believe you have a claim to the return of fees you paid to him, please contact attorney, Peter A. Galgani, at (916) 498-1357 or contact the Sacramento Superior Court, Probate Division, or appear at the hearing on March 10, 2022, at 9:00 a.m. in Department 129. YOU MAY EXAMINE the file kept by the court. The attorney representing the Petitioner is: Peter A. Galgani, attorney at law 916 Second Street, 2nd Floor, Sacramento, CA 95814. Telephone number 916-498-1357. Due to Covid 19 procedures, all appearances at the hearings must be remote either by telephone (888) 475-4499 or via Zoom at the link: https://saccourt.zoom.us/my/dept129a The Zoom meeting ID# is 689-534-3925. STEPHENSON

#### NOTICE OF PUBLIC LIEN SALE **SELF STORAGE AUCTION**

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to the California Storage Act (Sections 21700-21716 of the Business & Professions Code.) ARMOR MINI STORAGE: Property is located at 5714 Auburn Blvd. Sacramento, CA 95841. The auction will be conducted entirely online at: https:// bid13.com/

Auctioneer: Bid13.com 1-844-348-2776; agent for Owner. Contents for the following lien units will be sold:UNIT #B029-FRANCISCO MALDONADO, UNIT #B067 EDDIE LOVE, UNIT #B068-KEISHA FORDFLEMING, UNIT #B097-KERSTEN GAINES, UNIT #B116-ARTHUR HAYGOOD, UNIT #B138-THALIA SMITH, UNIT #D032-DEBORAH HOMME, UNIT #E092-DEBRA WALKER, UNIT #H103-RONALD TALFORD, UNIT #H121-KRYSTAL GREGERSEN, UNIT #H165-DANIEL PACHECO, UNIT #H197-LAWRENCE BRADEN.

Pictures of the contents of the storage space can be seen online. Bids must be entered online beginning THURSDAY 2/17/22 at 10am PST and ending THURSDAY 2/24/22 at 10am PST. Payment must be made at the time of purchase. All items in the unit are sold as is and must be removed within three days of the time of sale. Sale is subject to cancellation in the event of settlement between owner and

Carmichael Times February 11 and 18, 2022

#### **PUBLIC NOTICE**

American Towers LLC is proposing to collocate 12 new Panel Antennas on an existing 84.1' monopole telecommunications tower. The project will also include a new 10-footwide easement extending north, along with a 30ft buffer surrounding the current and proposed lease area, at 10220 Elder Creek Rd, Sacramento, Sacramento Countv. CA 95829, PID 06600300220000. American Towers LLC seeks comments from all interested persons on any potential significant impact the proposed action could have on the quality of the human environment pursuant to 47 C.F.R. Section 1.1307, including potential impacts to historic or cultural resources that are listed or eligible for listing in the National Register of Historic Places.

Interested persons may comment or raise concerns about the proposed action by submitting an e-mail to enviro.services@americantower.com. Paper comments can be sent to: American Towers LLC, Attn: Environmental Compliance, 10 Presidential Way, Woburn, MA 01801. Requests or comments should be limited to environmental and historic/cultural resource impact concerns and must be received on or before 3/13/22. This invitation to comment is separate from any local planning/zoning process that may apply to this project.

Carmichael Times February 11 and 18, 2022

#### **REQUEST FOR PUBLIC BIDS**

Bids are invited for the Mission Oaks Recreation and Park Districts (MORPD) Security services contract. This contract is for recurring security services of MORPD's three facilities and 15 parks. Specifications and bid packets will be available on the district's website www.MORPD.com and at the mandatory Job walk on February 28, 2022.

This is a public works contract subject to compliance monitoring and enforcement by the department of industrial relations. No contractor or subcontractor may be listed on a bid proposal, nor be awarded a contract for a public works project unless registered with th department of Industrial Relations pursuant to labor code section 1725.5.

A mandatory pre bid job walk will be held on Monday, February 28, 2022, from 9 to 11 am starting at the District Office located at 3344 Mission Avenue Carmichael CA 95608. Bids will be returned unopened to those bidders not in attendance at the scheduled pre bid job walk. Interested bidders are encouraged to register beforehand with the district to IRHichborn@MORPD.com. MORPD will receive bids until 2pm Monday, March 14, 2022 at the District Office (3344 Mission Avenue Carmichael CA 95608) Attn: J.R. Hichborn, Parks Superintendent. Bids received after this time wil not be accepted. Bids must be submitted in the bid forms contained in the bid packet available on February 28, 2022. Bids submitted in any other form will not be accepted MORPD reserves the right to waive any irregularities and reject any and all bids.

Carmichael Times February 18 and 25, 2022



## **Rewarding Student Volunteers**



Newsom and lawmakers have dramatically expanded the state financial aid program in other ways that give students aid directly, like cash and grants to fully cover tuition. MPG file photo

#### By Mikhail Zinshteyn, CALMatters.org

A new California program to financially reward college students for volunteering has drawn national attention – but less than half of its budgeted money is going to actual stu-

The California Volunteers College Corps program, backed by \$159 million in mostly state money, promises to award up to \$10,000 to 6,668 low-income students who volunteer in K-12 education, on climate action or to reduce food insecurity.

That only works out to \$66.7 million for students, though. So where is the other \$92 million going?

Mostly it's going to hiring and administrative costs despite no guarantee the program will continue past 2024. Some experts think that money split makes sense because students could

benefit from training and there's a chance the program would get additional funding in the future. Other experts think the money should go directly to students, so fewer of them will have to work on top of their other responsibilities.

The program is set to last two years, though Gov. Gavin Newsom suggested at a Jan. 18 press event that he'd ask the Legislature to expand the program "if this thing works." Part of the money will go toward an external evaluation of the program.

Almost all of that \$92 million that's not going directly to students is meant for program costs, according to a budget CalMatters received from California Volunteers, the state office running the program. Forty-five colleges and universities – nearly all public – will share the money.

Of that, \$77 million is for

a whole array of operations work to build up the volunteer program. That includes money for the colleges whose students will be in this program to develop their local programs and partner with the nonprofits where students will work. Costs include: hiring consultants and staff, acquiring extra office space and IT equipment; recruiting the actual student volunteers and funding the nonprofits where they'll do their volunteer work; providing students career and academic advice plus training events; and an external evaluator, who'll be hired at a later date, to assess the volunteer program.

Another \$15 million is reserved for California Volunteers personnel.

Not only is the program a way for students to give back to their community but it's also an opportunity that allows students to be "learning about a career and also earning while learning that career," said California Community Colleges Chancellor Eloy Ortiz Oakley.

But a state program for connecting students to careers already exists. Last year's state budget injected \$200 million into a new work-study program for college students, with \$300 million more planned for this

Student participants will begin volunteering through the program fall of 2022. Upon completing 450 hours during the academic year, each will get \$10,000.

The money is split up into two buckets - \$7,000 paid out regularly and a final lump sum of \$3,000 after a year of service. As students fulfill their hours, they'll be paid as if they're campus employees through their college or university's payroll system. Even if students don't volunteer the full 450 hours, they'll receive a prorated amount of the initial \$7,000. But to receive the final \$3,000, students will need to complete the full 450 hours of service.

Unlike the federal AmeriCorps, undocumented students may participate in the California volunteer program. State officials want 20% of the volunteers to be undocumented students who receive state financial aid. They're eligible for the same \$10,000 available to other students, but their pot will come from state dollars only, while federal funds will cover a portion of \$3,000 other students will be awarded.

But all that extra money may create a headache for some volunteers. The \$7,000 volunteers work toward counts as income, which may "impact a student's financial aid," reads a program FAQ. Campuses are urged to work with their financial aid offices to "mitigate any impact" for students. Also, the \$7,000 is taxable income, meaning taxes will be deducted each paycheck.

Only full-time students will be eligible for the service program.

The College Corps state volunteer program builds on a smaller effort California launched in 2020, about six months into the COVID-19 pandemic. Though that smaller effort had the goal of attracting 250 students, ultimately 199 participated, according to performance review data that Julie Goggins, a California Volunteers spokesperson, shared with CalMatters. And some – 7% – didn't complete their full hours of service and so weren't awarded the full amount for which they were eligible. Most students – 90% -also acquired professional development skills, according to performance review assessments. Some colleges from the pilot round are also participating in College Corps.

The budget for the volunteer program makes sense, but the devil's in the details, said Alexandra Graddy-Reed, a professor who studies nonprofits at the University of Southern California. She likes that students who volunteer will receive various layers of advising. It's another way for the colleges and the state to expose those low-income students to opportunities wealthier students often already receive through their families' connections, Graddy-Reed said.

All those services require more personnel and hiring people is expensive, which helps explain the program costs, she said. The mix of volunteerism and various advising "sounds good to me" as a way to spend tax dollars, Graddy-Reed added. Still, she'll want to see the specific hiring decisions colleges will make at the local level and whether most of the operational funding will be for College Corps or for general campus operations.

Campus-level contract amounts won't be available until the summer, according to Goggins.

Some campuses have begun advertising their programs. UC Davis and three other Sacramento-area colleges will share up to \$16 million for about 1,000 student volunteers. Fresno State and Fresno City College will bring on about 120 students over two years.

Newsom and lawmakers have dramatically expanded the state financial aid program in other ways that give students aid directly, like cash and grants to fully cover tuition. But those are all ongoing programs, while the money for the volunteer program is just two years. From a publicity standpoint, it's probably better to create a temporary program, such as College Corps, than to briefly expand access to ongoing grants only to have them disappear soon after, Shireman mused.

Student housing in California is already tight and the state has big plans to expand enrollment at the University of California and the Cal States. A \$5 billion proposal would give campuses loans at no interest.

Mikhail Zinshteyn has been a higher education reporter since 2015. As a freelancer, he contributed to The Atlantic, The Hechinger Report, Inside Higher Ed and The 74.

#### **Legal Notice**

NOTICE IS HEREBY GIVEN that a 15-day public review and comment period for the Draft 2021 Consolidated Annual Performance and Evaluation Report (CAPER) will commence on March 4, 2022 and will continue until March 21, 2022. The community is invited to review and comment on the Draft 2021 CAPER which reports on the expenditures and accomplishments of the Community Development Block Grant (CDBG) program over the last program year.

NOTICE IS HEREBY GIVEN that on Monday, March 21, 2022, at 5:30 p.m., or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing at the Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova. to consider the following

ADOPTION OF THE 2021 CONSOLIDATED ANNUAL PERFOR-MANCE AND EVALUATION REPORT FOR THE COMMUNITY DE-**VELOPMENT BLOCK GRANT PROGRAM** 

Note: Due to precautions surrounding the current COVID-19 pandemic, public attendance guidelines for City Council Public Hearings may vary. Members of the public are advised to check the Public Hearing Agenda at the following link for specific instructions for attending this meeting: https://www.cityofranchocordova.org/departments/city-clerk/councilmeeting-agendas-minutes-and-videos

If you have any questions, you may contact the City Clerk's Office by phone at (916) 851-8720, or by checking the website at https:// www.cityofranchocordova.org/departments/city-clerk

The CDBG program provides funding for activities that benefit lowincome persons, eliminate slum or blight, or serve an urgent need. Eligible activities include property acquisition, public improvements, housing rehabilitation, economic development, and public services. As a recipient of CDBG funding, the City has developed a CAPER that reports on the accomplishments of the programs and activities undergone in the 2021 CDBG program year.

The 2021 CAPER will be made available to the public for at least 15 days before adoption by the City Council on March 21, 2022. The documents will be released on March 4, 2022 for public review and comment, and will be available at the City's Community Development website at https://www.cityofranchocordova.org/departments/housing/ community-development-block-grant

The purpose of the public review and public hearing will be to give citizens an opportunity to make their comments known regarding accomplishments and activities that were reported in the 2021 CAPER and to present the 2021 CAPER to City Council for their approval. Written comments and questions regarding the 2021 CAPER may be directed

> Stefan Heisler City of Rancho Cordova 2729 Prospect Park Drive Rancho Cordova, CA 95670 sheisler@cityofranchocordova.org (916) 851-8757

The City of Rancho Cordova encourages interested parties to attend public hearings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the hearing will be made a part of the public record. Questions regarding this matter should be directed to the City of Rancho Cordova City Clerk's office at (916) 851-8727.

#### NOTICE REGARDING CHALLENGES TO DECISIONS

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/ agenda, or in written correspondence delivered to the city at, or prior to this public hearing

#### ADA COMPLIANCE STATEMENT

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

Printed in the Grapevine Independent on February 18, 2022.

## **VVEEKLY COMICS**







WHAT ARE YOU LOOKING AT, TOUGH GUY?





HOMEWORK, PRESS ONE NOWIF YOU WANT TO SKIP ROPE.
IF YOU WANT TO SKIP ROPE.
TO GO ROLLER-SKATING, PRESS
THREE NOW- IF YOU WANT TO
THREE NOW- IF YOU WANT TO
CAME HERE TO WATCH THE
CARTOONS ON TY, PRESS FOUR
CARTOONS ON TY, PRESS FOUR
NOW- IF YOU JUST WANT TO
HAMP OUT, PRESS FIVE NOWIF YOU- ETC., ETC., ETC...





Out on a Limb

by Gary Kopervas

VEGTIES

THEY'LL DO IT EVERY TIME HELLO-THIS IS THE HOME OF LUPA LOOPINA... FOR ANSWERS TO TODAY'S HOMEWORK, PRESS ONE NOW-



R.F.D. SO! ARE WE ON FOR OUR USUAL VALENTINE'S DAY OH. YOU SWEETIE!



NOTHING COOKING ON THE STOVE: LAST NIGHT'S DINNER PISHES PILED IN THE SINK. HOWCUM?

GERT DRAIZEN, TOMB RIVER,N.J.





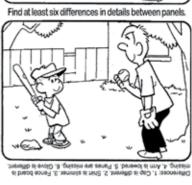
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"Why is it every time we discuss something,



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Effective 2/16/22 - 2/22/22

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Limit 2 Bags

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\$189.99

Full Case WELLNESS **CANNED CAT FOOD** •Pate •Gravies Selected Varieties Also •Signature Select •Core 5.3 Oz Limit 1 Case g SCIENCE DIET Limit 2 Bags SMALL BITES DRY DOG FOOD

•Adult •Light •Mature (Puppy Small Bites \$25.99) (Sensitive Stomach \$29.99) (Lamb & Rice Small Bites \$30.99) SWHEAT SCOOP NATURAL WHEAT LITTER
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**WELLNESS DRY DOG FOOD** 

FRESH STEP SCOOPABLE CAT LITTER 42 Lb Bag

**PRECIOUS CAT CAT LITTER** 5 **1 2**99

**PUP-PERONI DOG TREATS** •Beef •Lean •Bacon •Prime Rib 22.5 & 25 Oz Pkgs Limit 2 Bags

HEINZ

CHICKEN SOUP FOR THE SOUL CANNED FOOD SALE As Marked Dog Cans 13 Oz (Reg & Grain Free) All Varieties Cat Cans 5.5 Oz Limit 1 Case

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IAMS DRY CAT FOOD •Salmon & Tuna •Hairball 16 Lb Bag Limit 2 bags

CHICKEN SOUP FOR THE SOUL
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our REQULAR DISCOUNT PRICES Limit 2 Bags

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CAT FURNITURE

Ware Asst. Styles TRUE CHEWS All Varieti

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KORDON CORAL SEA 50 GAL SALT MIX WITH AMQUEL

FRISKIES BUFFET **CANNED CAT FOOD** 

**Everyday** Price Valid Only With Coupon Effective 2/16/22 - 2/22/22

**TEMPTATIONS CAT TREATS** Limit 2 Pkgs with Coupon

**BONUS COUPON** JONNY CAT

**CAT LINERS** Jumbo Drawstring - 5 Ct Limit 1 Box with Coupon CHM Limit One Coupon Per Family
PLU 367 Price Valid Only With Coupon Effective 2/16/22 - 2/22/22 PLU 569 PLU 569

Limit One Coupon Per Family
Price Valid Only With Coupon Effective 2/16/22 - 2/22/22

## Californians Are Having Problems Paying Medical Bills

California Health Care Foundation Special Release

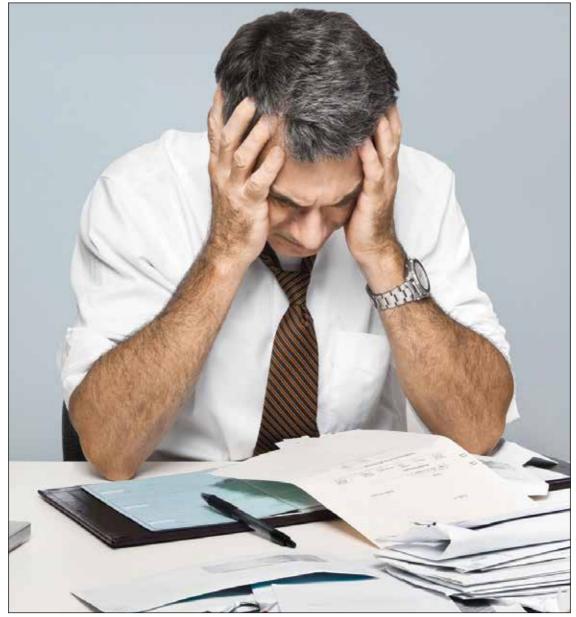
NORTHERN CA (MPG) - The rising cost of health care continues to be one of California's most urgent issues, with one in four Californians saying they have struggled to pay at least one medical bill in the past 12 months, up from 20% last year and 49% saying they have postponed care due to cost, according to a newly released statewide survey conducted by the California Health Care Foundation and NORC at the University of Chicago. Of those who postponed care, the survey finds, 47% report their health condition worsened as a result, up from 41% last year.

More than eight in 10 Californians say it is "extremely" or "very" important for the California governor and legislature to work on "making health care more affordable" in the coming year, a level of support higher than several other noteworthy issues, from improving public education and combating climate change to addressing racial inequality.

The 2022 CHCF California Health Policy Survey was conducted September 27 through November 17, 2021, among a random representative sample of 1,681 adults age 18 or older living in California. The annual poll captures Californians' views on health care affordability, housing and homelessness, experiences with health care, and COVID-19.

Although it was conducted before the Omicron surge, this year's survey finds COVID-19 continues to be a major concern for Californians, with 56% saying their health has been negatively impacted by the stress and anxiety caused by the pandemic. One in ten Californians says the pandemic has worsened their chronic health conditions.

Topping the list of Californians' health care



One in four Californians saying they have struggled to pay at least one medical bill in the past 12 months, up from 20% last year and 49% saying they have postponed care due to cost, according to a newly released statewide survey conducted by the California Health Care Foundation. MPG file photo

priorities is making sure state and county public health departments have the resources they need to respond to emergencies (51% said this was "extremely" important; 34% said "very" important). This was followed by ensuring there are enough doctors, nurses, and other health providers across California (48% "extremely;" 39% "very"), providing all Californians with access to health insurance coverage (48% "extremely;" 32% "very"), and making sure people

with mental health problems get the treatment they need (47% "extremely;" 36% "very").

"The latest numbers show that the high cost of health care and the high cost of housing are both taking a toll on the health of Californians," says Kristof Stremikis, director of Market Analysis and Insight at the California Health Care Foundation. "The rising cost of medical care is causing millions of Californians, especially people with lower incomes and communities of

color to postpone care and experience worse health outcomes as a result. Californians are clear they want this problem to be addressed."

While cost issues are a rising concern for all Californians, they have become particularly serious for lower-income households: 43% of Californians with lower incomes report having problems paying for at least one medical bill, an increase from 32% compared to last year. More than six in 10 Californians overall worry about unexpected

medical bills (63%) and out-ofpocket health care costs (60%), and half of Californians are worried about affording monthly health insurance premiums (51%) and prescription drugs (49%). By comparison, 52% of Californians said they were worried about gas costs and 50% worry about the cost of their rent or mortgage.

Nearly one in five Californians (17%) who report trying to make an appointment for physical health care say it was "very" or "somewhat" difficult to find a provider who took their insurance. Latinx Californians (21%) are twice as likely as White Californians (11%) to report difficulty, and those with lower incomes (30%) are more likely than those with higher incomes (12%) to report that it was difficult to find a physical health care provider who took their insurance.

One in five Californians (19%) say they or someone close to them has experienced a period of homelessness in the past five years. The same proportion (19%) are "very" or "somewhat" worried about experiencing homelessness. Californians also see a connection between affordable housing and health status with 80% of Californians saying lack of affordable housing impacts the physical or mental health of people with low incomes "a lot" or "some."

Nearly six in 10 Californians (59%) believe that the health care system treats people unfairly based on their race or ethnic background: one quarter (26%) "regularly" and a third (33%) "occasionally." Eighty-three percent of Black Californians expressed this belief, a significantly higher percentage than any other race or ethnic group. In addition, Black and Latinx Californians were more likely than White or Asian Californians to report negative experiences by a doctor or other health care provider.





#### Publisher, Paul V. Scholl

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