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CHS Soccer is Back!



Above: Coach Jay Ramey Gives his team some half time advise. Right: Freshman Savannah Fennell controls the ball vs Valley.

Story and photos by Rick Sloan

RANCHO CORDOVA, CA (MPG) - Head Coach Jay Ramey is in his fourth year as head coach for the Cordova Girls Soccer Varsity Program and he couldn't be happier. The last full season for Coach Ramey was capped off with the first ever league co-championship with West Campus. This year they are on course to hold on to their championship as they are currently undefeated in league play, knock on wood. The Cordova High School (CHS) girls' soccer program has managed to mitigate and overcome the Covid crises. Over the past

two years, Covid has ravaged high school athletic programs. CHS Girls soccer was no exception. Coming off the summer break and reaching out to returnees and captains, we put the word out, "CHS soccer is back", and enough players answered the call to form both a JV and a Varsity Team this year.

At CHS Girls soccer, "overcoming adversity is our middle name," said Coach Ramey. As Covid protocols have caused players to isolate for

extended periods of time, the varsity team has only seen the same starting lineup 3 times this year. The team consists of a wide variety of ages this year. Presently they have 2 Freshmen, 2 Sophomores, 9 Juniors and 6 Seniors. With senior standouts Kyla Little, Captain Hannah Honts,

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Sacramento County Deals Major Blow to Big Tobacco

Sacramento County News Release

SACRAMENTO, CA (MPG) - With a strong vote of 3 to 1, the Sacramento County Board of Supervisors passed the biggest hurdle in advancing an ordinance, authored by Supervisor Patrick Kennedy (District 2), that squarely rejects Big Tobacco's deeply deceptive sales practice of hiding highly addictive nicotine behind candy flavors that appeal to kids. After returning for a final vote in 2 weeks the policy will take effect in 6 months. Beginning July 2022, the new law requires stores across Sacramento County to end the sale of candy-flavored e-cigarettes and hookah tobacco, menthol cigarettes, and cheap sweet cigars.

With this vote, Sacramento County becomes the latest jurisdiction to join more than 100+ municipalities across California that have already acted to take candy-flavored tobacco off store shelves. It marks a significant loss for Big Tobacco companies currently gearing up to spend millions of dollars in a bid to overturn California's bipartisan and overwhelmingly popular statewide law that ended the sale of most candy-flavored tobacco products. Voters won't have a chance to weigh in until late 2022, making this ordinance an important step towards protecting kids from getting hooked on nicotine in the interim.

"In this battle between California and Big Tobacco over the health of our children, Sacramento County is proudly on the frontlines taking action right now to get candy flavored nicotine off store shelves for good," said Supervisor Patrick Kennedy. "We are listening to the scientists who say that nicotine is a substance that harms brain development. We trust data that says 90% of Sacramento County kids who use tobacco, use a flavored product. We see the addiction, disease, and death Big Tobacco has brought to our neighborhoods; and we are saying enough is enough. I am grateful to my colleagues for standing on the right side of history by taking action to protect the next generation from Big Tobacco."

"Today we sent a clear message to tobacco companies: Sacramento County puts the health and wellbeing of our children and our communities first," said

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SSF Seeks Volunteers to Assist with Unsheltered Resident Census

Sacramento Steps Forward Press Release

SACRAMENTO, CA (MPG) - Sacramento Steps Forward issued a call for an estimated 500 volunteers to help do a physical count of individuals living outdoors throughout Sacramento County on Feb. 23 and 24.

The count, previously set for January 26 and 27, was rescheduled based on a review of the public health order issued Thursday by Sacramento County's Health Officer related to the rapid spread of the COVID 19 omicron variant as well as federal guidance on the "Point in Time" census of unsheltered residents.

SSF, a 501(c) (3) nonprofit serving the Sacramento region, is the lead agency for the Sacramento Continuum of Care (CoC), the regional planning body that coordinates housing and services for homeless families and individuals in the



Census data helps government take into consideration the needs of its constituents. Photo: SSF

Sacramento area. The U.S. Department of Housing and Urban Development requires all CoCs to conduct the count at a specified time every other year in order to qualify for federal funding for homeless services programs.

"While every other January is when we are required to do this, COVID

has gotten in the way. But like other organizations, we must approach our work with public health safety first. That is why we are going to move up the date by a month," said Lisa Bates, SSF Executive Director. "This year's count is more important than ever, because it will give us hard data on the

state of homelessness, particularly how the effects of the pandemic over the last two years have affected the rate of homelessness." Its benefits will affect how future strategies to end homelessness will be shaped.

"The critical data this count will give our

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CAL FIRE Gets Training Tower

By Kathy Ziprik, Ziprik Consulting

CAMERON PARK, CA (MPG) - Fire Captain/Paramedic Jonah Winger possesses a specific skill that has served him well during his 27 years in the fire service: patience. In 2011 Winger started the process of requesting funding for a fire training structure for the Cameron Park (Calif.) Fire Department. Finally, after many starts and stops, a new Firefighter training structure is now in place.

"The process took us 10 years to complete, but it's so worth it," says Winger, with the California Department of Forestry and Fire Protection (CAL FIRE), the Amador-El Dorado Unit out of Cameron Park. "Fire Facilities was patient to continually update us on costs and information as we worked to get the tower approved over the years. They were easy to work with on choosing, designing, and receiving estimates for the structure we desired.

"Having the three-story Firefighter tower readily available has changed everything. Now we can train any day or time at a moment's notice."

Training is critical for firefighters across the country, but especially in wildfire-prone California. So far in 2021, CAL FIRE has assisted with numerous wildfires, including the explosive 67-day Caldor fire that burned 221,835 acres. CAL FIRE teams are constantly on-call to control all aspects of wildfire suppression in the 1,786 square miles of El Dorado County.

"The Firefighter tower can be used for wildland



Above: Region Cal Fire teams train to lift a man in a rescue simulation. Right: The new Firefighter training structure at the Cameron Park (Calif.) Fire Department. Photos provided by Ziprik Consulting

urban interface structure triage and wildland drill scenarios," says Winger. "Previously we had to train on local business buildings and at our fire stations. Now we are training daily on a tower more suited for our needs. While wildfires are extensive in our area, we use The Firefighter tower almost exclusively for structural firefighting and rescue training."

CAL FIRE/Cameron Park Fire Department has already started including other stations in training for multi-company drills. The height and features of The Firefighter allow replication training for one- to three-story

scenarios of multi-family residential units, single-family residences, commercial structures and health care facilities. The crews are also training on internal and external staircases, fire protections systems, flat commercial roofs, parapets, attics, FDC, sprinklers and standpipes.

To enhance training experiences, several custom elements were added to The Firefighter for CAL FIRE.

"We chose to add the rappelling anchors, FDC, sprinkler system, burn crib, and roof hatch so we could use the tower for a variety of training scenarios," says Winger. "Every drill we place certain features 'in or

out' of play to create a specific atmosphere and training objective."

So, how did CAL FIRE finally get its customized tower? According to Sherry Moranz, Assistant Chief, Central Division Operations for CAL FIRE, the need finally matched up with the funding availability.

"We presented the project concept, the plan, the cost, the justification, and the benefit to the Cameron Park Community Services District Board and to the El Dorado County Board of Supervisors," says

Park residents, but residents across all of El Dorado County."

Now located adjacent to Fire Station 89 in Cameron Park, The Firefighter is ready for action. Winger believes more than 100 people will train on the structure regularly.

"The tower and burn room annex are ideal for both fire and EMS scenarios," says Winger. "We anticipate the entire CAL FIRE Amador-El Dorado Unit will train here. This includes our personnel, fire interns, fire explores, fire academies, class and other El Dorado County fire cooperators.

"We waited a long 10 years to get this terrific training tower. Now we plan to use it constantly to hone our skills and prepare even harder to serve residents in our area."

Fire Facilities, Inc. (FFI), an ISFSI corporate sponsor, manufactures a full line of steel fire training structures engineered to withstand real-life firefighting conditions.

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Chair/Vice Chair Elected for Board of Supervisors



Rich Desmond



Don Nottoli

By Kim Nava, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - The annual vote to elect a new Chair and Vice Chair of the Board of Supervisors was held Tuesday, Jan. 11. This year's elected Chair is Supervisor Don Nottoli of District 5, and Rich Desmond of District 3 was elected Vice Chair.

"I am grateful for the opportunity to serve as the 2022 Chairperson of the Sacramento County Board of Supervisors," said Nottoli. "Looking forward, the year ahead will likely see a variety of important matters come before the Board and I am confident we'll work diligently and conscientiously to address these issues in serving the people of Sacramento County."

Board Chair responsibilities include the following:
Presides over the Board meetings; the Vice Chairperson assumes the role in the Chairperson's absence or inability to act. If the Chair and Vice Chair are absent or unable to preside, the members present will select a member present to act as temporary Chairperson;
Acts on procedural matters or questions; **Recognizes a member of the board** desiring to speak on an item; **Is entitled to vote on all matters before the Board**, participate in discussion relating to any matter, make motions without relinquishing the Chair, and second any motion without relinquishing the Chair; **Sits on other boards/commissions** as a representative of the County of Sacramento and is the point of contact for questions from the public regarding the meetings (i.e., coordination of resolutions/presentations and general questions not specific to a district, etc.).

The Chair and Vice Chair serve annual terms. ★



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SSF Seeks Volunteers to Assist



Volunteers for Sacramento Steps Forward reach out to the homeless community to determine population size. Photo: SSF

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 community is indispensable in assessing progress in decreasing homelessness, identifying strengths and gaps in our assistance programs, all of which forms the basis for future programs and services," she added.

The scheduled count for 2020 was cancelled due to COVID. The last count was done in 2019. Using a largely volunteer workforce, it identified 5,570 persons experiencing homelessness on a given night, an increase of 19 percent countywide over the previous two-year period.

The PIT count identifies the number of unhoused individuals, families, or unaccompanied youth under age 18; the length of time being homeless; age; marital status; ethnicity and establishes the number of those who are veterans or disabled. Unsheltered residents will also be asked about their health, wellbeing, and vaccination status.

Volunteers will have more choices about where they can help. New in 2022 is the addition of more PIT deployment centers throughout the region. The central deployment

center will be located on the CSU Sacramento main campus. Satellite deployment sites will also be located in the cities of Citrus Heights, Elk Grove, Folsom, and Rancho Cordova.

Extensive preparation for the event includes the pre-mapping of locations where there is a reasonable probability of people living outside, important to ensuring that volunteer canvassers' time is put to efficient use.

Bates said a volunteer sign up portal is now available on the SSF website. "Past volunteers tell us it is a great way to learn about homelessness and make an impact. Some do it to earn volunteer hours or course credit, have a joint activity with friends or colleagues, or simply to accomplish something unique and meaningful. Whatever their reason, we welcome their participation and involvement," she said.

There are two ways volunteers can help. "We will be putting together small teams of canvassers who will use a survey tool we developed, record the count and distribute gift cards to survey participants. And there are a variety of essential

support functions that a volunteer can sign up for," she said.

These include such support functions as being a volunteers' concierge who distributes packets to canvassers and addresses canvassing questions; serving as check-in and check-out station attendants, health screeners, or helping distribute food and beverages to volunteers.

To be a canvasser, volunteers must be at least 18 years of age, be willing to travel by foot or car, attend all required trainings and be willing to bring their own flashlight, smartphone or other personal supplies.

"We are making every effort to ensure our volunteers will have a well-organized, supported and safe experience," Bates said.

All volunteers must show proof of being fully vaccinated against COVID-19 by having at least 2 shots of Pfizer or Moderna, or 1 shot of Johnson and Johnson vaccine, and of course, anyone with active symptoms of a cold, flu or COVID-19 will not be able to participate.

For more information, visit www.sacstepsforward.org ★

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CHS Soccer is Back!

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and Captain Pavan Pooni, joined in their efforts by Junior striker (and team leader in goals scored) Maile Ford, along with Sophomore goalkeeper Sydney “AKA Thrasher”, the team has had four consecutive shutouts in league play.

Coach Ramey made note that the younger players have made immediate impacts to the team. With Sophomore Dejeay Valdez being a steadfast vanguard, controlling the middle of the field as “center – mid.” Ramey stated,

“It is rare for a sophomore to take such a leadership role on the field at such a tough position.” Adding to the younger players joining the team is Freshman Madison Harder. Madison plays as a central defender. “Madison has picked up her position as though she has played that role for many years – she is a smart and intelligent player,” said Coach Ramey. Adding to the starting line up is Freshman Savannah Fennell. Coach Ramey refers to Fennell as being the glue in the lineup. “She

has played more positions than anyone on the team. Wherever she is needed, you hear a “yes coach” and she seems to thrive on the adversity,” said Ramey.

Coach Ramey is looking forward to the second part of the season and watching his players grow in the classroom and on the field. When asked about an inspirational quote about his entire team he responded with a quote from the legendary UCLA Basketball Coach, John Wooden, saying, “The little things make the big

things happen.” Coach Ramey added, “This year with Covid impacting every aspect of the team, we have made a focus of the little things.” As I’ve witnessed on and off the field, it is the little things that seem to be adding to the success of this year’s team and probably future teams. We have all learned to appreciate the little things a great deal more in these unprecedented challenging times.

The second half of the season starts Thursday, January 20th against Valley. The next home

league matches will be January 25th against Hiram Johnson, January 27th against Florin and finishing off against Natomas on February 3rd. I invite you all to attend a match and highly recommend the last match of the league play versus Natomas. There just might be the presentation of another Championship Banner, knock on wood once again. Game times vary so please call the school for more information. ★

Go Big Red!



Above: Senior Captain Hannah Hontz heads towards the goal.

Left: Senior Kala Little passes to midfielders vs Valley.

Civil Rights Movement Remembered in Danny Lyon’s Photographs



The photo on the left by Danny Lyon shows Lyon in Albany, Georgia in the early 60s. It is the only image in the Lyon exhibit that shows the photographer himself. Dr. Eugene Davis Stevenson III, who was in the gallery setting up his own show, said “The place on the ladder that black people held in the 60s and 70s is still the place that they hold today, which is arbitrarily on the bottom.”

Story and photo by Margaret Snider

RANCHO CORDOVA, CA (MPG) - Fifty photographs taken by Danny Lyon from 1962 through 1964 constitute Memories of the Southern Civil Rights Movement, the first exhibit of 2022 at the Mills Station Arts & Culture Center. In his junior year at the University of Chicago, Lyon decided to hitchhike down Route 66 with his Nikon. He ended up at a church in Cairo, Illinois, where Senator John Lewis was speaking. “Lyon was so engaged in what (Lewis) was saying that he was almost mesmerized,” said Cheryl Gleason, MACC event coordinator and curator. Lyon began following John Lewis and the Student Nonviolent Coordinating Committee of which Lewis was a founding member. Lyon eventually became SNCC’s official photographer. “We are now 60 plus years after these photographs were taken,” Gleason said, “and we are still fighting the same battle that Danny Lyon captured 62 years ago.”

Beth Charlton of Rancho Cordova visited the exhibit. She was a child in Ohio in the 1960s, and her parents couldn’t explain to her why blacks couldn’t drink out of the same water fountain that she drank from. “I don’t think that we have come as far as we need to,” Charlton said. “I don’t know if I will live long enough to see all that happen.”

Also visiting the exhibit, Dr. Genoria Lundy of Sacramento lived in New Orleans, Louisiana, in the 1960s. “We had to go in the colored section,” Lundy said. Especially in the smaller “hick towns,” she and her friends had to stay to the colored side wherever they went. “They don’t say anything today,” Lundy said, “but it’s still the same – violence . . . it’s not right. The blacks, the whites, it’s not supposed to matter, but they’re still coming at one another, and

that’s not at all good.”

Local prizewinning photographer Eugene Davis Stevenson III, PhD, has his first solo show Emergence: An inspection of personal philosophy through photography, in the upstairs gallery from January 13-29. He is featuring four of his projects, his favorite being “Cribs.” Full-size 6-foot-tall portraits give the viewer an opportunity “to come up real close to someone and see every single detail of their face, get to know how they look, everything other than how they smell, which is a very intimate exercise.” These portraits are accompanied by a smaller photo of the home (or crib) they own. “I don’t disagree that the conditions are still unequal,” Stevenson said. “Black men are the last to own houses, but the exhibit is . . . about the positive, showing how some people have overcome these conditions to be just as successful as other individuals, or more. You’ve just got to get past the place of saying, ‘It’s harder for me.’ It’s hard for everybody.” Stevenson said instead of using race to stratify people, it’s better to try to see what someone has had to do to overcome hardship, then use those lessons to overcome, and “stop associating the hardship with the color.” Stevenson’s Artist Talk takes place at 6 p.m., Thursday, January 20.

Mosaic artist Celeste Budd and fabric artist Johyne Geran will display their artwork from February 3-19, showing “quilt codes,” based on the book Hidden in Plain View: A Secret Story of Quilts and the Underground Railroad. Their Artist Talk will be at 6 p.m., Thursday, February 10. “Instead of it just being quilts, I’m doing it in glass beads and stained-glass mosaics,” Budd said. “I would love to encourage people to come out and learn a little bit more about quilt codes. If nothing else, come out for the artistry of looking at the quilts, and the glass and beads.” Geran used African fabric to make

some of the quilt blocks from the book. “I decided to do it in honor of the African people that came to this country,” Geran said. “For me it’s very interesting that any one of the individual blocks can be made into a fabulous quilt.”

The Danny Lyon exhibit is at the MACC Thursdays, Fridays, and Saturdays from

January 13 through February 19. Hours are 3-8 p.m., Thursdays and Fridays, and 11 a.m. to 4 p.m., Saturdays. Admission is free. The MACC is located at 10191 Mills Station Rd., Rancho Cordova. For more information, call Cheryl Gleason, 916-273-5712, or e-mail cheryl@cordovacouncil.org. ★



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By Bob McGarvey

And Another Thing This Day in History

French Revolution. Of the 721 deputies to the Convention, 361 voted in favor of execution. Louis was condemned by a majority of a single vote at the Place de la Revolution where he was executed.

On January 21, 1911, The Monte Carlo Rally was held for the first time. The Rally was organized by the Automobile Club of Monaco and was the creation of Prince Albert I of Monaco. Henri Rougier made it there first, driving from Paris, France, 634 miles away. The Rally continues to be held each year.

On January 21, 1919, the Irish War for Independence began. Following a landslide electoral victory, Sinn Fein, the political wing of the Irish Republican Army, declared independence from the United Kingdom. (This was just the beginning of the independence.)

On January 21, 1954, the nuclear submarine was born. The USS Nautilus was launched from Groton, Connecticut after being christened by First Lady Mamie Eisenhower, ushering in the era of nuclear subs... It broke numerous speed and distance records for underwater travel.

On January 21, 1968, the Battle of Khe Sanh begins. The seven month battle

between United States forces and the North Vietnamese Army was one of the most highly controversial battles of the Vietnam War. More than 1,400 U.S. soldiers died during the battle, fueling public opposition to the war.

On January 21, 1976, The Concorde took off. The first scheduled flights of the supersonic passenger jet began on routes from London to Bahrain and from Paris to Rio de Janeiro. The Concorde continued to fly until 2003 when Air France and British Airways simultaneously announced they would retire the plane.

On January 21, 1981, the DeLorean DMC-12 was created. The car's gull-wing doors and fiberglass body made the car iconic. Fewer than 9,000 were built, and production was halted in 1983. The DeLorean was forever immortalized as the time machine in the 1985 film 'Back to the Future'.

Needless to say, this is just the beginning of how much information I expect to gather from "This Day in History". Walter Cronkite's "You are There" was also one of the most fascinating and popular shows which gave its audience a new way of learning about history.

From Bob McGarvey, God bless, and we'll see you next time. ★

Now, rather than talking about the same things again, like the COVID-19, or the rain and snow (or the lack of it this month), I received a great book for Christmas. The title of the book is "This Day in History". Walter Cronkite had a show about history. "You Are There" is a 1947 - 1957 American historical educational television and radio series broadcast over the CBS Radio and CBS Television networks." That information was in the "Wikipedia" encyclopedia. This book, however, goes over thousands of amazing events that have shaped our world. It talks about every day of the year.

I decided to look at some of the events on January 21 in different years. For example, "January 21, 1789: The first American novel is printed. "The Power of Sympathy of the Triumph of Nature Founded In Truth", an epistolary novel written by William Hill Brown, was published in Boston."

On January 21, 1793, Louis XVI is guillotined. The deposed monarch was found guilty of treason by the French National Convention followed the

Free COVID-19 Vaccine Clinic in Rancho Cordova

City of Rancho Cordova

RANCHO CORDOVA, CA (MPG) - The City of Rancho Cordova is hosting a free COVID-19 Vaccine Clinic on Wednesday, January 26, 2022 from 3 PM to 7 PM at Rancho Cordova City Hall, 2729 Prospect Park Drive.

COVID-19 vaccine first doses, second doses and boosters will be available for those who live and/or work in Rancho Cordova and are five years of age and older. Make your appointment online at CityofRanchoCordova.org/VaccineClinic or call 916.851.8700 if you need assistance.

"The City of Rancho Cordova is pleased to support the community with a free vaccine clinic," said City Manager Cyrus Abhar. "Our first priority is to do all we can to keep our community safe."

Residents and those who work in

Rancho Cordova should make their vaccine appointments online as soon as possible, as there are a limited number of walk-in appointments.

If you need transportation to your appointment, free rides are available from your Rancho Cordova home or work to and from Rancho Cordova City Hall. Download the Lyft mobile app and enter RCRIDE126 in the Lyft Pass section of the "Payment" tab in the app menu.

In addition, Sacramento Regional Transit District is providing free transit rides to your appointment. Simply show your appointment confirmation email or text for your free ride.

For information about COVID-19 vaccines, resources and frequently asked questions, visit CityofRanchoCordova.org/coronavirus, or call 916.851.8700 if you don't have access to a computer. ★

New Research Shows Violence is Broadly Felt by Millions

UC Davis Health News

SACRAMENTO, CA (MPG) - Research led by UC Davis Professor Garen Wintemute shows that violence indirectly impacts most Californians.

Though relatively few may experience or witness a violent act, a large majority of surveyed Californians reported having an "experience of violence" (EV). These included hearing gunshots in their neighborhood, encountering a sidewalk memorial to a violent death or learning about a violent event through their social network.

The research was published in the journal Injury Epidemiology.

"If we ask broadly about the experience of violence, rather than focusing on acute events, we find that two-thirds of Californians have a direct personal stake," said Wintemute, who directs the UC Davis Health Violence Prevention Research Program and is an emergency department physician. "Our main conclusion is that almost everybody is touched by this, and we're a state with relatively low rates of firearm violence. I would expect the situation would be worse in many other states."

While most violence research focuses on personal victimization, the UC Davis Health team took a broader view to better understand how these acts become embedded in communities. The survey indicates experiences of violence are perilously widespread:

An estimated 3.4 million Californians may have three or more EVs; 5 million personally know multiple people who have been intentionally shot; 3 million know people who may be at risk of committing violence against themselves or others.

"We had people who responded that they passed sidewalk memorials 25 times or more a week," said Wintemute. "And I thought, at what point does living in your neighborhood resemble living in a cemetery? What does that do to your sense of a future for your community and yourself?"

In addition to hearing gunshots or seeing memorials, survey EVs included being aware of someone who had been

intentionally shot by someone else, intentionally shot themselves or might commit a violent act (against another person or themselves).

Of the 2,870 respondents, 64.6% reported one or more EVs; 11% reported three or more. Women and men had similar experiences. Perhaps most surprising, people who did not own a firearm, but lived with someone who did, had more EVs through their social networks, compared to those who owned firearms and those who did not. Secondhand gun ownership may be a public health risk, much like secondhand smoke.

The UC Davis Davis team believes this survey will provide more information on how violence can permeate communities and hopes these findings might inform public policy and education.

"If people who live in homes with guns, but don't own guns themselves, have these many experiences of people at risk of violence, they could be a whole new resource for intervention," Wintemute said. "Maybe we can work with them to help at-risk people and reduce suicides and possibly other firearm violence."

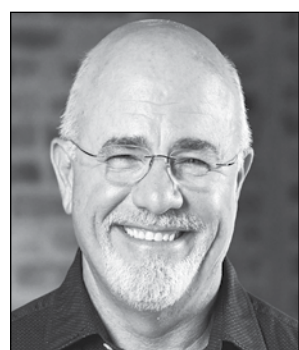
In California, a legal mechanism known as a Gun Violence Restraining Order can temporarily remove firearms and ammunition from people at risk of harming themselves or others.

The group is now working on a follow-up study to measure how these experiences may impact mental and physical health.

"If we show they are associated with ill effects, we may be able to intervene," said Wintemute. "There are few people in California who can say this does not affect them, and since we're all involved, let's work together on solutions."

Other authors included: Amanda J. Aubel, Rocco Pallin, Julia P. Schleimer and Nicole Kravitz-Wirtz of the Violence Prevention Research Program.

This work was funded by the California Firearm Violence Research Center, the California Wellness Foundation and the Heising-Simons Foundation. ★



Dave Ramsey Says

reached a point where you're winning with money. Most people don't forget the hardship and sacrifices that go into something like that, and I don't think you will, either.

There's a season to be strict, hard-nosed, and deny yourself things. There's also a time to act like an adult, and forego instant gratification, like during those early Baby Steps. But some self-care and a little fun is important once in a while, too. One way to enjoy life without going financially overboard is to make a budget line for fun money.

Putting fun money in your budget isn't a green light to forget your money goals, or go on a spending free-for-all. It's actually part of sticking to your budget. Remember, you want a zero-based budget. That means giving every dollar a job, and having a fun money category helps you focus on all your spending, so you don't accidentally waste money on little things here and there.

When you give yourself a budget line for fun, you can spend that amount on whatever you want. We talk a lot about goals and how

they need to be a balance of empowering and realistic. Budgeting fun money helps with the realistic side, because it lets you stick to your goals and have a treat every now and then.

When you think of your budget as permission to spend, you get a new perspective on budgeting. You're giving your money permission to go where you want it to go. Plus, when you treat yourself once in a while, you're less likely to fall back in your old, financially-out-of-control ways!

- Dave

Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Ramsey Show, heard by more than 18 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions. ★

Make a Budget Line for Fun Money

Dear Dave,

I finally paid off all my debt except for my house, and I have an emergency fund of six months of expenses saved. It feels great to be in control of my money, but I am afraid I might lose control again and end up back where I started before I began following your plan. How can you make sure your leisure spending doesn't get out of hand?

- Lavell

Dear Lavell,

I get what you're saying. You don't want to go back to those days of being scared and out of control where your finances are concerned. You spent a lot of time, made tons of sacrifices, and put in lots of disciplined hard work getting out of debt, changing your behavior, and finally

Sacramento County Deals Major Blow to Big Tobacco

Continued from page 1

First District Supervisor Phil Serna. "More specifically, with the adoption of this ordinance we finally end Big Tobacco's practice of targeting African American neighborhoods, deliberately hooking generations of Black youth on minty-menthol cigarettes and other flavored tobacco products. I was proud to vote YES today."

"When 80% of kids who have used tobacco say they started with a flavored product, that's a huge red flag that it's time to make sure these products aren't sold in our neighborhoods," said Kimberly Bankston-Lee, Senior Program Director, The SOL Project. "Tobacco companies have long manipulated flavors to get smokers hooked; masking the harsh taste of tobacco behind minty menthols is the reason 85% of black smokers use menthols. Candy-coated flavors are the tobacco companies'

latest page from this same playbook, putting youth users at even greater risk of addiction. That's why the Sacramento County Board of Supervisors passed this historic ordinance to take the candy-flavored nicotine Big Tobacco uses to hook kids off store shelves and out of our communities."

"As the global pandemic rages on, the very last thing we need in our schools and neighborhoods is Big Tobacco using candy flavors to lure kids like me into getting hooked on nicotine," said Milton Nguyen, Youth Advocate, 2021 Tobacco-Free Kids' National Advocate of the Year. "Nicotine is especially harmful to young people, capable of harming adolescent brain development and impacting their attention, mood, and impulse control. We need to be doing everything within our power to keep nicotine products out of the hands of kids and this ordinance is a strong step forward." ★

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Newsom Bases Budget on Rosy Economic Scenario



By Dan Walters
CALMatters

The early passages in a 400-page “summary” of Gov. Gavin Newsom’s new budget describe the presumably wonderful ways he intends to spend nearly \$300 billion in the 2022-23 fiscal year.

They include what he clearly hopes will make a re-election year splash and become one of his legacies – extending state medical coverage to 100% of California’s nearly 40 million residents by folding in undocumented immigrants ineligible for federally financed care.

During a nearly three-hour news conference in which he showed off his prodigious memory of data, Newsom also touted new spending on five “existential threats” to California, including climate change, COVID-19, homelessness, the cost of living and crime.

New commitments are doable, he said, because of tens of billions of unanticipated tax dollars, largely from the state’s highest-income taxpayers, who are seeing huge profits on stocks and other investments.

The back pages of the budget summary explain why Newsom believes that the overall economy, and particularly the personal finances of the wealthy, will continue to pump billions into the state treasury for at

least a few more years.

The rosy scenario begins with an assumption that the COVID-19 pandemic, despite the sharp surge by its omicron strain, will diminish.

“The public health situation is the linchpin of the economic forecast,” the budget declares. “The forecast does not assume the emergence of a disruptive variant, which could lead to a delayed return to pre-pandemic labor force participation, persistent high inflation, and continued supply chain bottlenecks.”

The budget “projects continued real GDP growth throughout the forecast period and recovery to pre-pandemic levels of nonfarm employment by the end of 2022,” but adds, “Structural (non-pandemic) downside risks to the forecast remain, including the challenges of an aging population, declining migration flows, lower fertility rates, higher housing and living costs, increasing inequality, and stock market volatility.”

That last caveat, “stock market volatility,” is the real potential kicker. The top 1% of California taxpayers are providing at least 50% of the state’s income tax revenues and their taxable incomes are largely tied to the stock market, which has surged recently, thanks largely to the Federal Reserve System’s very low interest rates.

Were interest rates to be raised significantly to battle inflation, it would have an adverse effect on the stock market and, in turn, on California’s income tax revenues.

With California having such a narrow revenue

base in a relative handful of high-income taxpayers and their taxable incomes being rooted in stocks and other investments subject to wide swings of value, any long-term revenue estimates are educated guesses at best.

It’s called “volatility,” a syndrome that has backfired on California’s budget more than once.

“No one is naïve about the volatility of the tax system,” Newsom said Monday, contending that careful spending and building reserves guard against the boom-and-bust conditions that have afflicted the state in past years.

His budget declares that “the state’s budget resilience is stronger than ever: the result of building reserves, eliminating budgetary debt, reducing retirement liabilities, and focusing on one-time spending over ongoing investments to maintain structurally balanced budgets over the long term.”

The budget’s \$34.6 billion in projected reserves sound impressive, but a truly serious and prolonged recession, such as the one that struck 15 years ago, could quickly deplete them.

There’s been an ongoing debate over whether revenue volatility should be tamed by reducing the state’s dependence on taxing the rich or by building big reserves. Under Newsom’s predecessor, Jerry Brown, the state opted for the “rainy day fund” approach but it has yet to face a serious challenge.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★

Ask Toni

Using GoodRX With Medicare Part D?



Toni King

Toni:

I am a weekly follower of the Toni Says® Medicare column and have had a wonderful Medicare experience which helped to save me from getting in

the Donut hole with an expensive generic prescription.

I received a generic prescription for my Parkinson’s disease. When I went to my Plan D preferred Walgreens pharmacy and was informed that specific generic was not in my Part D plans formulary and would cost \$460 per month. I then went to Kroger and was told the retail price was \$199 per month.

When I discussed my experience to a friend, she told me about a web site “GoodRX.com.” What a blessing this was! GoodRX.com gave me a printout of drug stores which sell the drug at a discounted price by entering my zip code with no strings attached

I went to Wal-Mart with the GoodRX coupon in hand. Wal-Mart’s cost for one-month drug supply was only \$43.00.

How can the price of a generic drug range in price from \$43 to \$460? Something is wrong with our American prescription drug system.

Tell your readers not to give up if they get an outrageous price for a drug. There are several web sites like GoodRX which provide a similar service. Just do your homework!

~ Julia from Arizona

Julia:

Thank you for sending the Toni Says® Medicare team this information on GoodRX. America needs to be aware that one can use “cost saving prescription drug plans” like GoodRX or a prescription drug discount program to help one control the cost of one’s Medicare prescription drug. By not placing these on your Part D plan can keep one from not “getting in the Donut Hole” as fast.

I had a generic antibiotic and allergy medication prescribed last week and when

I went to pick them up, they were over \$120 for generics. I remembered Julia’s email about GoodRX.com.

I looked online at GoodRX to check the cost at HEB, and the savings was over \$68. The antibiotic was \$30 and allergy med were \$28. Other pharmacies would have saved more money so Next time, I will go to the GoodRX.com site and do research on which pharmacy has the lowest price.

For a fantastic way to start 2022 is to visit www.goodrx.com/medicare and search their Medicare section to help make the cost of expensive and common prescriptions whether generic or brand name affordable. This way one might avoid or delay the famous “Donut Hole.”

The GoodRX Medicare site will search Part D drug prices at pharmacies in your zip code that may be less than your Part D co-pay – especially if a drug is not covered by your Part D plan. GoodRX is 100% free and no personal information is required.

2022 Medicare Part D costs are below:

- Initial Deductible: \$480
- Initial Coverage Limit: \$4,430 for 2022 where the 2022 “Donut Hole” begins.
- Out of Pocket Costs: You will spend 25% of the brand name drug, the Drug company will spend 70% and the chosen Part D plan will spend 5% until the total spend of your prescriptions is \$7,050.
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Please email the Toni Says® Medicare team at info@tonisays.com or call 832.519-8664 regarding how using GoodRX can help control your Medicare Part D costs or for Medicare questions.

2022 Confused about Medicare Zoom webinar is Thursday February 10 at 4:00 PM. Visit www.tonisays.com to sign up for Toni’s online webinar event. ★

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- CLUES**
- ACROSS**
1. Chunk of land
 6. Sail alternative
 9. Female sheep, pl.
 13. Oak, in Spanish
 14. Nucleic acid acronym
 15. "___ under fire"
 16. Permeate
 17. Internet meme move
 18. *Number of 2022 Grammy nominations for Doja Cat or H.E.R.
 19. *Justin Bieber's stuff from Georgia
 21. *Gaga's partner
 23. Mauna ___, Hawaii
 24. Cartoon Coyote's first name
 25. Lawyers' grp.
 28. Marine eagle
 30. Like Roger Rabbit
 35. Boisterous play
 37. Ore deposit
 39. Davy Crockett's last stand
 40. U.S. city and lake
 41. Tossed starter
 43. F.B.I. operative
 44. Group of nine singers, e.g.
 46. Gardner's gear
 47. In the middle of
 48. Arctic-wear
 50. Porcini mushrooms
 52. In the manner of, in French
 53. *Bruno Mars and Anderson .Paak, a.k.a. ___ Sonic
 55. Decimal system base
 57. *2022 Grammy nominations leader
 61. **"Bad Habits" performer
 65. Lacking sense
 66. Unit of electrical resistance
 68. Low landform
 69. Grassy mound
 70. Recent or new, prefix
 71. Los ___, CA
 72. Peasy precursor
 73. 000001 joule
 74. Earp of the Wild West
- DOWN**
1. LSD consequence?
 2. City on the Tiber
 3. *Swedish band with one 2022 Grammy nomination
 4. Exclamation from a coop
 5. Tittering laugh sound
 6. Bookie's quote
 7. Registered nurses' org.
 8. Torah expert
 9. Female name or a name for Ireland
 10. Worker's reward
 11. Not counterfeit
 12. Cobblestone
 15. Genus, pl.
 20. British peers
 22. Will Ferrell holiday movie
 24. Matrimony
 25. *2022 Grammy event venue, Crypto.com ___
 26. B on Mendeleev's table
 27. Type of acid
 29. *Grammy host's last name
 31. Aquarium dweller
 32. #3 Down's 1975 hit "___ Mia"
 33. Means of communication
 34. *Kanye's album
 36. Source of pressure?
 38. Facilitate

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10599 Jonathan Hemphill, MD, 3533 Serramont Court Carmichael, CA 95608, Scott Baron, MD, 11740 Melones Circle, Gold River, CA 95670, and Bradley Stauber, DO 875 Commons Drive Sacramento, CA 95825 are doing business under the Fictitious Business Name(s) "Capitol Heart Center" 6347 Coyle Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 8, 2021 Publish: December 24, 31, 2021 January 7, and 14, 2022
CAPITOL 180201 1-14-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10640 Classy Merchandise, Inc, 30616 San Antonio Street Hayward, CA 94544 are doing business under the Fictitious Business Name(s) "Tartan Sports, Precise Golf" 30616 San Antonio Street Hayward, CA 94544. Filed with the Clerk of Sacramento County December 9, 2021 Publish: December 24, 31, 2021 January 7, and 14, 2022
TARTAN 180201 1-14-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10470 Lee A. Mahla, 2016 Idaho Mine Court Gold River, CA 95670 are doing business under the Fictitious Business Name(s) "Get Order Lee, RightSize Your Move" 2016 Idaho Mine Court Gold River, CA 95670. Filed with the Clerk of Sacramento County December 2, 2021 Publish: December 24, 31, 2021 January 7, and 14, 2022
GET 180201 1-14-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10607 PAN Moving and Storage, LLC, 1401 21st Street Suite R Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Tony's Sons Moving and Storage" 2419 Mercantile Drive Suite D Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County December 8, 2021 Publish: December 24, 31, 2021 January 7, and 14, 2022
TONY 180201 1-14-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-09694 VA7 Park Knoll, LLC 2082 Michelson Drive 4th FL Irvine, CA 92612 are doing business under the Fictitious Business Name(s) "Renew On Coloma" 10680 Coloma Road Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 3, 2021 Publish: December 24, 31, 2021 January 7, and 14, 2022
RENEW 180201 1-14-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10542 Gary Brian Kennedy, 6816 Loniceria Drive Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "Grand Bakehouse" 6816 Loniceria Drive Orangevale, CA 95662. Filed with the Clerk of Sacramento County December 6, 2021 Publish: December 24, 31, 2021 January 7, and 14, 2022
GRAND 180201 1-14-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10713 Antonio Armendariz Hernandez, 7348 Walnut Avenue Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "Exklusivumydstalting" 7348 Walnut Avenue Orangevale, CA 95662. Filed with the Clerk of Sacramento County December 13, 2021 Publish: December 24, 31, 2021 January 7, and 14, 2022
EXCLUSIVE 180201 1-14-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10827 Cristian Ruvakoba and Cindy Martinez, 2507 Tronero Way Rancho Cordova, CA 95670 are doing business under the Fictitious Business Name(s) "Bright Finishes Painting" 2507 Tronero Way Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County December 17, 2021 Publish: December 24, 31, 2021 January 7, and 14, 2022
BRIGHT 180201 1-14-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10574 Paradise Laundry Inc, 3941 Park Drive Suite 20-284 El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "Greenback Coin Wash" 7345 Greenback Lane Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County December 7, 2021 Publish: December 31, 2021 January 7, 14, and 21, 2022
GREENBACK 180201 1-21-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10887 Khristandra Swinney, 751 Taylor Morgan Way Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Liberty Tax Service" 8820 Greenback Lane Suite C Orangevale, CA 95662. Filed with the Clerk of Sacramento County December 20, 2021 Publish: December 31, 2021 January 7, 14, and 21, 2022
LIBERTY 180201 1-21-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10595 Josh Sigal, 9433 Triathlon Lane Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Oasis Realty & Financial Services" 9433 Triathlon Lane Elk Grove, CA 95758. Filed with the Clerk of Sacramento County December 8, 2021 Publish: December 31, 2021 January 7, 14, and 21, 2022
OASIS 180201 1-21-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10902 Christina Alisha Armstrong, 8725 La Rivera Drive Apt# 188 Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Organizing Higher" 8725 La Rivera Drive #188 Sacramento, CA 95826. Filed with the Clerk of Sacramento County December 21, 2021 Publish: December 31, 2021 January 7, 14, and 21, 2022
ORGANIZING 180201 1-21-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10481 A&A Enterprises Inc, 1160 Tara Court Suite A Rocklin CA 95765 is doing business under the Fictitious Business Name(s) "3 Monkeys Smoke Shop #8" 5323 Elkhorn Boulevard Suite B Sacramento, CA 95842. Filed with the Clerk of Sacramento County December 3, 2021 Publish: December 31, 2021 January 7, 14, and 21, 2022
MONKEYS 180201 1-21-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-11006 Ahmadi & Sons Automotive, 1900 Point West Way #275 Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Midas" 1900 Point West Way #275 Sacramento, CA 95815. Filed with the Clerk of Sacramento County December 23, 2021 Publish: December 31, 2021 January 7, 14, and 21, 2022
MIDAS 180201 1-21-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10899 Erica Antonetti, 41176 Aura Way Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Premier Hypnotherapy of Sacramento" 10316 Pacer Lane #F Sacramento, CA 95827. Filed with the Clerk of Sacramento County December 21, 2021 Publish: December 31, 2021 January 7, 14, and 21, 2022
PREMIER 180201 1-21-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10334 Wayne C. Johnson & Associates, Inc, 1005 12th Street Lower Suite 2 Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "The Rosales Agency, Gateway Digital & Media, Amplify Government & Public Relations" 1005 12th Street Lower Suite 2 Sacramento, CA 95814. Filed with the Clerk of Sacramento County November 29, 2021 Publish: December 31, 2021 January 7, 14, and 21, 2022
AGENCY 180201 1-21-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10869 Joseph Hickey, 5356 Locust Avenue Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "J M H Flooring" 5356 Locust Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 20, 2021 Publish: January 7, 14, 21, and 28, 2022
JM H 180201 1-28-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10837 Sperber Investments, and A&L Properties 50 Fullerton Court #101 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Razorbacks" 50 Fullerton Court Suite 101 Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 17, 2021 Publish: January 7, 14, 21, and 28, 2022
RAZOR 180201 1-28-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10448 TS7 Smart, 1271 Washington Avenue #450 San Leandro, CA 94577 is doing business under the Fictitious Business Name(s) "Install Pros" 1271 Washington Avenue #450 San Leandro, CA 94577. Filed with the Clerk of Sacramento County December 2, 2021 Publish: January 7, 14, 21, and 28, 2022
INSTALL 180201 1-28-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10971 3825 Annadale, LLC 1300 K Street Second Floor Modesto, CA 95354 is doing business under the Fictitious Business Name(s) "Sundance Garden Apartments" 3825 Annadale Lane Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 22, 2021 Publish: January 7, 14, 21, and 28, 2022
SUNDANCE 180201 1-28-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10943 Samiullah Nazir, 5119 Rolling Field Court Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Habib's Oriental Rugs" 6100 Fair Oaks Boulevard #81 Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 22, 2021 Publish: January 7, 14, 21, and 28, 2022
HABIBS 180201 1-28-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-11139 Dayna Express, 5741 Aubrey Way Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Dayna Events" 5800 Madison Avenue Suite V/W Sacramento, CA 95841. Filed with the Clerk of Sacramento County December 29, 2021 Publish: January 7, 14, 21, and 28, 2022
DAYNA 180201 1-28-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-11110 DSB Trans Inc, 7484 Holyworthy Way #183 Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Yashpreet Trucking" 7484 Holyworthy Way #183 Sacramento, CA 95842. Filed with the Clerk of Sacramento County December 28, 2021 Publish: January 7, 14, 21, and 28, 2022
YASHPREET 180201 1-28-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-11135 Aneesa Enakaya-Ochoa, 3631 Truxel Road #1063 Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Healing Roots Counseling" 3631 Truxel Road #1063 Sacramento, CA 95834. Filed with the Clerk of Sacramento County December 29, 2021 Publish: January 7, 14, 21, and 28, 2022
HEALING 180201 1-28-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-11161 Madeline Newsham, 8088 Poulson Street Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Liberty Tax Service" 7801 Grennback Lane Suite #D Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 30, 2021 Publish: January 7, 14, 21, and 28, 2022
LIBERTY 180201 1-28-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-11140 Tadpoles LLC, 8924 Sonoma Valley Way Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Tadpoles Mobile Detailing" 8924 Sonoma Valley Way Sacramento, CA 95829. Filed with the Clerk of Sacramento County December 29, 2021 Publish: January 7, 14, 21, and 28, 2022
TADPOLES 180201 1-28-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10998 Ramone King SR and Ryan L. King, 430 F Street West Sacramento, CA 95605 is doing business under the Fictitious Business Name(s) "Three King's Concrete" 430 F Street West Sacramento, CA 95605. Filed with the Clerk of Sacramento County December 23, 2021 Publish: January 14, 21, 28, and February 4, 2022
KING 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10769 Dynamic Pools Inc, 3644 Mission Avenue Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Dynamic Pools - A Swimming Pool Service and Repair Company" 3644 Mission Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 14, 2021 Publish: January 14, 21, 28, and February 4, 2022
DYNAMIC 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-11184 Leah Barros LLC, 1809 S Street Suite 101209 Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Soulful Alchemy by Leah Barros" 2621 O Street Apt F Sacramento, CA 95816. Filed with the Clerk of Sacramento County December 30, 2021 Publish: January 14, 21, 28, and February 4, 2022
SOULFUL 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00057 Vantage Point Mortgage Inc, 5800 Jameson Court #10 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Union Mortgage of California, Vantage Point, Vantage Point Capital, Vantage Point Mortgage, Vantage Point Real Estate Services" 5800 Jameson Court #10 Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 4, 2022 Publish: January 14, 21, 28, and February 4, 2022
UNION 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-11134 Kris J Fedyoki, 113 Arrowsmith Drive Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "PKS Auto Logistics" 113 Arrowsmith Drive Folsom, CA 95630. Filed with the Clerk of Sacramento County December 29, 2021 Publish: January 14, 21, 28, and February 4, 2022
PKS 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00073 Burak Transport Inc, 9068 Keilana Way Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "BTI" 9068 Keilana Way Elk Grove, CA 95624. Filed with the Clerk of Sacramento County January 5, 2022 Publish: January 14, 21, 28, and February 4, 2022
BTI 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00049 F&T Transport LLC, 2335 Gold River Road Suite C Sacramento, CA 95670 is doing business under the Fictitious Business Name(s) "F&T Transport LLC" 2335 Gold River Road Suite C Sacramento, CA 95670. Filed with the Clerk of Sacramento County January 4, 2022 Publish: January 14, 21, 28, and February 4, 2022
F&T 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10813 Shana Conant, 7544 Iris Drive Citrus Heights, CA 95610 and Christina Hureau, 12801 Fair Oaks Boulevard #229 Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Royal Velvet Revue" 6929 Sunrise Boulevard #102N Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 16, 2021 Publish: January 14, 21, 28, and February 4, 2022
ROYAL 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00100 Evodio Guadarrama, 2604 Greenfield Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Tacos Los Reyes" 2604 Greenfield Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 6, 2022 Publish: January 14, 21, 28, and February 4, 2022
TACOS 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10843 Carmen L. Diaz, 3301 Arena Boulevard #148 Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Remote Spanish Language Services" 3301 Arena Boulevard #148 Sacramento, CA 95834. Filed with the Clerk of Sacramento County December 17, 2021 Publish: January 14, 21, 28, and February 4, 2022
REMOTE 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10678 Symbolic Ideas, Inc, 3673 Wings Way North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Symbolic Ideas, Inc, T&R Custom Gifts" 3673 Wings Way North Highlands, CA 95660. Filed with the Clerk of Sacramento County December 10, 2021 Publish: January 14, 21, 28, and February 4, 2022
SYMBOLIC 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00056 Kelvin Anh Pham, 9175 Lakemont Drive Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "California United Development and Services" 5234 Southwest Avenue Sacramento, CA 95824. Filed with the Clerk of Sacramento County January 4, 2022 Publish: January 14, 21, 28, and February 4, 2022
CALIFORNIA 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-11132 Christopher Lee Goodman, 6760 51st Street Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Level 33 Auto Wholesales" 6760 51st Street Sacramento, CA 95823. Filed with the Clerk of Sacramento County December 28, 2021 Publish: January 14, 21, 28, and February 4, 2022
LEVEL 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00071 Ray Thai Mung Corporation, 8514 Derlin Way Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Thai on Taps" 194 Blue Ravine Road #130 Folsom, CA 95630. Filed with the Clerk of Sacramento County January 5, 2022 Publish: January 14, 21, 28, and February 4, 2022
THAI 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10836 Savyong Pong and Sambath Chang, 8120 Austell Way Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Donut Fair" 4100 El Camino Avenue Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 17, 2021 Publish: January 14, 21, 28, and February 4, 2022
DONUT 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00065 Marlana E. Uhrick and William D. Wheelock, 4365 Graton Circle Mather, CA 95655 is doing business under the Fictitious Business Name(s) "Easy Travel Lodging" 4365 Graton Circle Mather, CA 95655. Filed with the Clerk of Sacramento County January 5, 2022 Publish: January 14, 21, 28, and February 4, 2022
EASY 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00014 Erica Antonetti, 4116 Aura Way Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Premier Hypnotherapy of Sacramento" 2377 Gold Meadow Way #100 Gold River, CA 95670. Filed with the Clerk of Sacramento County January 3, 2022 Publish: January 14, 21, 28, and February 4, 2022
PREMIER 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-11145 Consumer 1st Services, Inc, 3550 Watt Avenue Suite 140 Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Consumer 1st Services, Inc, Consumer 1st Mortgage" 3550 Watt Avenue Suite 140 Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 29, 2021 Publish: January 14, 21, 28, and February 4, 2022
CONSUMER 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-11192 Kendra Charlesa Williams, 7056 Westchester Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Lost Then Found" 7056 Westchester Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County December 30, 2021 Publish: January 14, 21, 28, and February 4, 2022
LOST 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-08784 Shaun Olander, 7617 Muschetto Court Citrus Heights, CA 95621 and Veronica Ramos, 4563 Meadow Way Olivhurst, CA 95961 is doing business under the Fictitious Business Name(s) "Ocupass Paddleboards" 7617 Muschetto Court Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County October 1, 2021 Publish: January 14, 21, 28, and February 4, 2022
OCTASUP 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-11170 Jamaica Irie Spice Inc, 4700 Northgate Boulevard Suite 170 Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Jamaica Irie Spice Wholesaler, Jamaica Irie Spice Catering" 4700 Northgate Boulevard Suite 170 Sacramento, CA 95834. Filed with the Clerk of Sacramento County December 30, 2021 Publish: January 14, 21, 28, and February 4, 2022
JAMAICA 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10822 Steven Alan Sperber, 2345 Tripp Drive #2 Reno, NV 89512 and Stacy Lynn Gaebe, 1110 Butterfield Drive San Anselmo, CA 94960 is doing business under the Fictitious Business Name(s) "A&L Properties" 50 Fullerton Court Suite 101 Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 17, 2021 Publish: January 14, 21, 28, and February 4, 2022
A&L 180201 2-4-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00024 Lupita Maravi and Jose Martin Suarez Orduna, 6233 Longdale Drive North Highlands, CA 95660 are doing business under the Fictitious Business Name(s) "Blue Scapes Gardening" 6233 Longdale Drive North Highlands, CA 95660. Filed with the Clerk of Sacramento County January 3, 2022 Publish: January 21, 28, February 4, and 11, 2022
BLUE 180201 2-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-11087 Type A Solutions LLC, 5504 Claiborne Way Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "Big Story" 5504 Claiborne Way Orangevale, CA 95662. Filed with the Clerk of Sacramento County December 28, 2021 Publish: January 21, 28, February 4, and 11, 2022
BIG 180201 2-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00032 Shamir M. Ahmed, 11029 Brattleboro Circle Mather, CA 95655 is doing business under the Fictitious Business Name(s) "Full Circle" 11029 Brattleboro Circle Mather, CA 95655. Filed with the Clerk of Sacramento County January 4, 2022 Publish: January 21, 28, February 4, and 11, 2022
FULL 180201 2-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00110 Sheil Samiee and Shiva Ghasemi, 173 Dutchess Way Sacramento, CA 95827 are doing business under the Fictitious Business Name(s) "Print N Signs" 9233 Folsom Boulevard Sacramento, CA 95826. Filed with the Clerk of Sacramento County December 30, 2021 Publish: January 21, 28, February 4, and 11, 2022
PRINT 180201 2-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00171 Viktor Kim, 4849 Manzanilla #55 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Eco Solutions" 4849 Manzanilla Avenue #55 Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 11, 2022 Publish: January 21, 28, February 4, and 11, 2022
ECO 180201 2-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00011 Brody Brock Zimprich, 8713 Oak Avenue Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Evergreen Restoration & Trauma" 8713 Oak Avenue Orangevale, CA 95662. Filed with the Clerk of Sacramento County January 3, 2022 Publish: January 21, 28, February 4, and 11, 2022
EVERGREEN 180201 2-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00202 Rostislav Vorontsov, 8105 Bellsbrae Drive Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "AFS Trucking" 8105 Bellsbrae Drive Antelope, CA 95843. Filed with the Clerk of Sacramento County January 12, 2022 Publish: January 21, 28, February 4, and 11, 2022
ROSTISLAV 180201 2-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-11093 Syndicate Mortgages LLC, 1221 Brickell Avenue Suite 900 Miami, FL 33131 are doing business under the Fictitious Business Name(s) "Swift Loan" 1221 Brickell Avenue Suite 900 Miami, FL 33131. Filed with the Clerk of Sacramento County December 28, 2021 Publish: January 21, 28, February 4, and 11, 2022
SWIFT 180201 2-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00166 Ranjeeta Devi Prakash, 180 Promenade Circle Suite 300 Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Align Document Services" 180 Promenade Circle Suite 300 Sacramento, CA 95834. Filed with the Clerk of Sacramento County January 11, 2022 Publish: January 21, 28, February 4, and 11, 2022
ALIGN 180201 2-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00142 Asma A Sajid DDS Inc, 4021 Bothwell Circle El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "Milestone Family Dental, Milestone Dental Studio" 3604 Fair Oaks Boulevard Suite 100 Sacramento, CA 95864. Filed with the Clerk of Sacramento County January 10, 2022 Publish: January 21, 28, February 4, and 11, 2022
MILESTONE 180201 2-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00163 Brandi Nicole Holder, 706 56th Street Apt #207 Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "The Gloss Loft" 706 56th Avenue Apt #207 Sacramento, CA 95819. Filed with the Clerk of Sacramento County January 11, 2022 Publish: January 21, 28, February 4, and 11, 2022
GLOSS 180201 2-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-10733 R. K Jacobs Insurance Services, Inc, 5620 Birdcage Street Suite 230 Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Flores Insurance Agency, Inc." 5620 Birdcage Street Suite 230 Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 13, 2021 Publish: January 21, 28, February 4, and 11, 2022
FLORES 180201 2-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00216 Dickhoff, Inc, 154 Sterling Grove Drive Galt, CA 95632 is doing business under the Fictitious Business Name(s) "River Mist Realty" 154 Sterling Grove Drive Galt, CA 95632. Filed with the Clerk of Sacramento County January 12, 2022 Publish: January 21, 28, February 4, and 11, 2022
RIVER 180201 2-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00204 Sip and Savor Inc, 11354 White Rock Road Unit 135 Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Drink" 11354 White Rock Road Unit 135 Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County January 13, 2022 Publish: January 21, 28, February 4, and 11, 2022
DRINK 180201 2-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00244 JIP Retail Inc, 2529 El Camino Avenue Suite 105 Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Salem Auto Sales" 2529 El Camino Avenue Suite 105 Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 12, 2022 Publish: January 21, 28, February 4, and 11, 2022
SALEM 180201 2-11-22

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2022-00244 Ali Baba Mirwais to Ali Mirwais, 11354 White Rock Road Unit 135 Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Drink" 11354 White Rock Road Unit 135 Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County January 13, 2022 Publish: January 21, 28, February 4, and 11, 2022
DRINK 180201 2-11-22

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
FBNF2018-0

State Finalizes Groundwater Management Principles and Strategies

California Water Board Press Release

SACRAMENTO, CA (MPG) - The Department of Water Resources and the State Water Resources Control Board issued final groundwater management principles and strategies to help protect drinking water wells from the impacts of drought.

Developed in response to Governor Gavin Newsom’s drought state of emergency proclamation in April, the principles and strategies provide a framework for state actions to proactively address impacts on groundwater-dependent communities as droughts become more frequent and intense as a result of climate change.

These principles and strategies incorporate hundreds of public comments received earlier this fall, including written comments submitted to DWR and feedback at public workshops and webinars.

“Ultimately, sustainable groundwater basins will help Californians manage through drought – especially those dependent on domestic wells. But we’re simply not there yet. These principles will help state agencies, local governments and communities address very real domestic well outages that are starting to occur,” said DWR Director Karla Nemeth. “A big thank you to the members of the public who shared their insights with DWR. We are ready to implement.”

“We are in a severe drought that, with declining groundwater levels, threatens drinking water wells and makes harmful contaminants become more concentrated in certain areas,” said Joaquin Esquivel, chair of the State Water Board. “Articulating clear principles and strategies to manage groundwater, while protecting drinking water, improves the drought resilience of our rural and often disadvantaged communities, who are most burdened and impacted by

deteriorating conditions.”

The final principles and strategies provide a shared policy framework of near-term drought response and long-term resilience actions by state agencies for those that rely on groundwater for drinking water. The strategies build upon existing programs and newly enacted laws, such as the 2021 drought planning legislation (Senate Bill 552), the implementation of the Sustainable Groundwater Management Act (SGMA), and the Safe and Affordable Drinking Water Fund for Equity and Resilience (SAFER). Following these principles will result in increased coordination and engagement with non-government organizations, Tribes, water agencies, groundwater sustainability agencies, and other local entities to ensure state resources and action support state and local needs. California is committed to increasing the frequency of forecasting data and tools, such as the recently released California’s Groundwater Live website, which supports data-informed decision-making and helps prioritize funding for emergency and long-term projects to support communities with drought resilience.

The framework prioritizes protection of public health and safety, as well as preparation and mitigation for the effects of drought conditions over the long term. Six principles describe how to address drinking well water impacts, and include strategies to achieve drinking water resiliency, integrate equity, identify underlying challenges, use best available data, build trusted relationships, and implement lasting solutions.

For more information and to find the final documents in both English and Spanish, please visit the Drinking Water Wells Principles webpage. To learn more about current drought conditions and the state’s response, as well as dry well resources, visit drought.ca.gov. ★

Cooley’s Bill to Aide Small Businesses Passes Committee



Office of Assemblyman Ken Cooley

RANCHO CORDOVA, CA (MPG) - Assemblyman Ken Cooley (D-Rancho Cordova) announced that his Assembly Bill 820, which aims to spur lending to small businesses especially hit hard by the COVID-19 pandemic by allowing qualified lenders to receive a tax credit for loans distributed during this trying time, has passed the Assembly Committee on Revenue and Taxation with bipartisan support.

The 2019 COVID-19 Pandemic response upended the daily lives

of all Californians. In an attempt to limit the spread of the virus, mandatory shutdowns were put in place. As the pandemic worsened and the shutdowns continued, the costs of operating a business without continued revenue became burdensome for many of California’s small businesses.

“During the pandemic public investment was offered from the federal and state governments but not nearly enough small businesses applied and received relief. It is clear that the demand for capital and financial assistance exceeds available public resources,” Cooley said. “It’s vital that we do everything we can to keep these businesses afloat in these trying times. They are the economic engine that will spur our recovery.”

AB 820 provides banks additional incentives to lend to small businesses by excluding the qualified interest income from calculation of the sales factor for taxable years

starting January 1, 2022 and before January 1, 2027. These loans must be one million dollars or less issued to a qualified business on or after March 15, 2020, but prior to January 1, 2025. A qualified small business must have 50 or fewer full-time employees and demonstrated annual loss in net income of 10% or more from 2020 to 2021. These definitions help to ensure that the aid is properly funneled towards supporting businesses that have struggled in the immediate throws of the pandemic.

AB 820 now moves to the Assembly Committee on Appropriations.

Assemblyman Ken Cooley represents the 8th Assembly District which includes the communities of Arden-Arcade, Carmichael, Citrus Heights, Rancho Cordova, Rancho Murietta, Rosemont, Wilton and other portions of unincorporated Sacramento County. For more information, please visit <http://asmdc.org/members/a08/>★

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 Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535-March 12, 2020
 The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073- March 21, 1988

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SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00313547

Aimee Charly Phiri and Alex Kariuki Mwaura has filed a petition with this court for a decree changing the name(s) of Thumihle Jared Mwaura to Jared Thumihle Mwaura.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on February 24, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 6, 2022 Christopher E. Krueger, Judge of the Superior Court

Publish: January 21, 28, February 4, and 11, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00313377

Michael C. Mizerak has filed a petition with this court for a decree changing the name(s) of Serenity Athena Giunelli to Serenity Athena Mizerak.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on February 24, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 30, 2021 Christopher E. Krueger, Judge of the Superior Court

Publish: January 21, 28, February 4, and 11, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2021-00313359

Walter Valentin Ramirez Guerrero has filed a petition with this court for a decree changing the name(s) of Walter Valentin Ramirez Guerrero to Walter Valentin Ramirez.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on February 24, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 30, 2021 Shama H. Mesiwala, Judge of the Superior Court

Publish: January 21, 28, February 4, and 11, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00313527

Mi Trang Thi Watson has filed a petition with this court for a decree changing the name(s) of Mi Trang Thi Watson to Trang Thi Thi

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 1, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 5, 2022 Shama H. Mesiwala, Judge of the Superior Court

Publish: January 21, 28, February 4, and 11, 2022

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2022-00313527

Mi Trang Thi Watson has filed a petition with this court for a decree changing the name(s) of Mi Trang Thi Watson to Trang Thi Thi

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on March 1, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 5, 2022 Shama H. Mesiwala, Judge of the Superior Court

Publish: January 21, 28, February 4, and 11, 2022

THI 180201 2-11-22

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF GERALD J. GUGLIELMINA CASE No. 34-2020-00276307

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Gerald J. Guglielmina deceased. A Petition for Probate has been filed by John M. Guglielmina, in the Superior Court of California, County of Sacramento, requesting John M. Guglielmina be appointed as personal representatives to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows March 24, 2022 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: John M. Guglielmina 3361 Nike Court Sacramento, CA 95827 916-912-6800 Publish: January 21, 28, and February 4, 2022

GUGLIELMINA 17062 1-21-22

SUMMONS (CITATION JUDICIAL)

CASE NUMBER: C21-00972

NOTICE TO DEFENDANT: Victoria Cao, an Individual; Anchor General Insurance Company, a California Corporation; and DOES 1 through 25 YOU ARE BEING SUED BY PLAINTIFF: Rita Fernandes, an individual. NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are

served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. AVISO! Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación. Tiene 30 DÍAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y más información en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov) en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de presentación, pida al secretario de la corte que le de un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia. Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.sucorte.ca.gov) o poniéndole en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre

cualquier recuperacion de \$10,000 o mas de valor recibida mediante un acuerdo o una concesion de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desear el caso.

The name and address of the court is: (El nombre y direccion de la corte es): Contra Costa Superior Court Wakefield Taylor Courthouse 725 Court Street Martinez, CA 94553 Pinole, CA 94564 Date: (Fecha) 5/12/2021 Clerk (Secretario) B. Pool Deputy (Adjunto) January 14, 21, 28, and February 4, 2022 FERNANDES 2-4-22

SUMMONS (FAMILY LAW)

CASE NUMBER: (Numero del Caso): 21CHFLO2068

NOTICE TO RESPONDENT (Name): AVISO AL DEMANDADO (Nombre): Joseph Michael Squillacioti YOU HAVE BEEN SUED.

Read the information below and on the next page. PETITIONER'S NAME IS: (NOMBRE DEL DEMANDANTE): Artem Varlamichev. You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.org) or by contacting your local county bar association.

Usted tiene 30 DÍAS CALENDARIO después de que se le presente esta Citación y Petición para presentar una Response (formulario FL-120) en el tribunal y tener una copia notificada al peticionario. Una carta, llamada telefónica o comparecencia ante el tribunal no lo protegerá. Si no presenta su Respuesta a tiempo, el tribunal puede hacer órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. Es posible que se le ordene pagar la manutención y los honorarios y costos de los abogados. Para obtener asesoramiento legal, póngase en contacto con un abogado de inmediato. Obtenga ayuda para encontrar un abogado en el Centro de Autoayuda en Línea de los Tribunales de California (www.courts.ca.gov/selfhelp), en el sitio web de Servicios Legales de California (www.lawhelpca.org) comunicándose con el conelcolegio de abogados de su condado local.

NOTICE: RESTRAINING ORDERS ARE ON PAGE 2: These restraining

orders are effective against both spouse or domestic partners until the petition is dismissed, a judgment is entered or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

AVISO: LAS ÓRDENES DE RESTRICCIÓN ESTÁN EN LA PÁGINA 2: Estas órdenes de restricción son efectivas contra ambos cónyuges o parejas domésticas hasta que se desestime la petición, se dicte una sentencia o el tribunal dicte más órdenes. Son exigibles en cualquier lugar de California por cualquier oficial de la ley que haya recibido o visto una copia de ellos. FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party.

EXENCIÓN DE TARIFAS: Si no puede pagar la tarifa de presentación, pídale al secretario un formulario de exención de tarifas. El tribunal puede ordenarle que devuelva la totalidad o parte de los honorarios y costos que el tribunal renunció para usted o la otra parte.

The name and address of the court are: (El nombre y direccion de la corte es): Superior court of California county of Los Angeles, Chatsworth Courthouse. 9425 Penfield Avenue Chatsworth, CA 91311

The name, address and telephone number of the petitioner's attorney, or the petitioner without an attorney are: (El nombre, dirección y número de teléfono del abogado del peticionario, o del peticionario sin abogado es:) Artem Varlamichev 20881 Kelvin Place Woodland Hills, CA 91367 Date: (Fecha) 11-29-2021 Phone: 213-570-7951

By: Christy Andrade Clerk of Court Sherri R. Carter Deputy STANDARD FAMILY LAW RESTRAINING ORDERS Starting immediately, you and your spouse or domestic partner are restrained from: 1. removing the minor children of the parties from the state or applying for a new or replacement passport for those minor children without the prior written consent of the other party or an order of the court; 2. cashing, borrowing against, canceling, transferring, disposing of, or changing the beneficiaries of any insurance or other coverage, including life, health automobile, and disability, held for the benefit of the parties and their minor children;

3. transferring, encumbering, hypothecating, concealing, or in any way disposing of any property, real or personal, whether community, quasi-community, or separate, without the written consent of the other party or an order of the court, except in the usual course of business or for the necessities of life; and 4. creating a nonprobate transfer or modifying a nonprobate transfer in a manner that affects the disposition of property subject to the transfer, without the written consent of the other party or an order of the court. Before revocation of a nonprobate transfer can take effect or a right of survivorship to property can be eliminated, notice of the change must be filed and served on the other party. You must notify each other of any proposed extraordinary expenditures at least five business days prior to incurring these extraordinary expenditures and account to the court for all extraordinary expenditures made after these restraining orders are effective. However, you may use community property, quasi-community property, or your own separate property to pay an attorney to help you or pay court costs. NOTICE-ACCESS TO AFFORDABLE HEALTH INSURANCE:-----

Do you or someone in your household need affordable health insurance? If so, you should apply for Covered California. Covered California can help reduce the cost you pay towards high quality affordable health care. For more information, visit www.coveredca.com. Or call Covered California at 1-800-300-1506

WARNING-IMPORANT INFORMATION California law provides that, for purposes of division of property upon dissolution of a marriage or domestic partnership or upon legal separation, property acquired by the parties during marriage or domestic partnership in joint form is presumed to be community property. If either party to this action should die before the jointly held community property is divided, the language in the deed that characterizes how title is held (i.e., joint tenancy, tenants in common, or community property) will be controlling, and not the community property presumption. You should consult your attorney if you want the community property presumption to be written into the recorded title to the property. Publish: January 14, 21, 28, and February 4, 2022 VARLAMICHEV 2-4-22

NOTICE OF PUBLIC LIEN SALE SELF STORAGE AUCTION

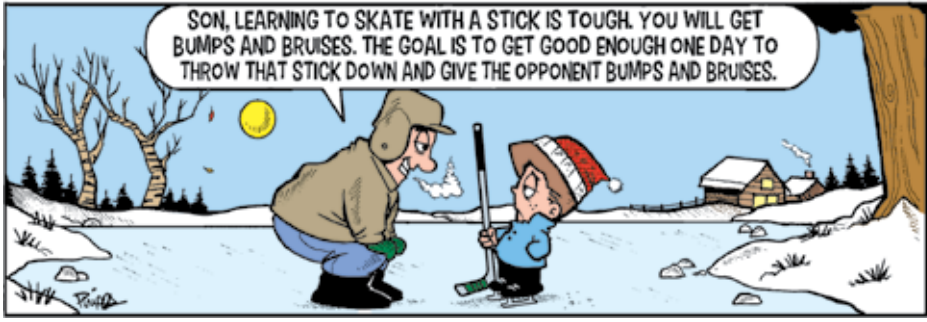
Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to the California Storage Act (Sections 21700-21716 of the Business & Professions Code.) **ARMOR MINI STORAGE:** Property is located at 5714 Auburn Blvd., Sacramento, CA 95841. The auction will be conducted entirely online at: <https://bid13.com/> Auctioneer: Bid13.com 1-844-348-2776; agent for Owner. Contents for the following lien units will be sold: UNIT #B050 JASMINE MUA, UNIT #B151 AMANDA MCNAMARA, UNIT #B170 SAVANNA C. LOPEZ, UNIT #E009 TERRI MUSSER, UNIT #F002 AURIELLE LEWIS, UNIT #H069 KIMBERLY ANN MILLETTE, UNIT #H074 DANIEL PUICH, SPACE #PP007 MICHAEL CORRALES. Pictures of the contents of the storage space can be seen online. Bids must be entered online beginning THURSDAY 1/20/22 at 10am PST and ending THURSDAY 1/27/22 at 10am PST. Payment must be made at the time of purchase. All items in the unit are sold as is and must be removed within three days of the time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party.

Carmichael Times January 14 and 21, 2022

WEEKLY COMICS

Amber Waves

by Dave T. Phipps



The Spats

by Jeff Pickering

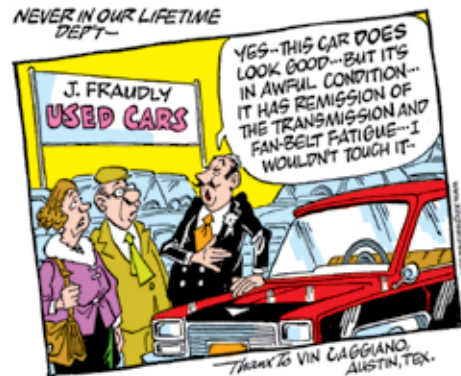


Out on a Limb

by Gary Kopervas



THEY'LL DO IT EVERY TIME



BY AL SCADUTO



R.F.D.

by Mike Marland



GRIN AND BEAR IT

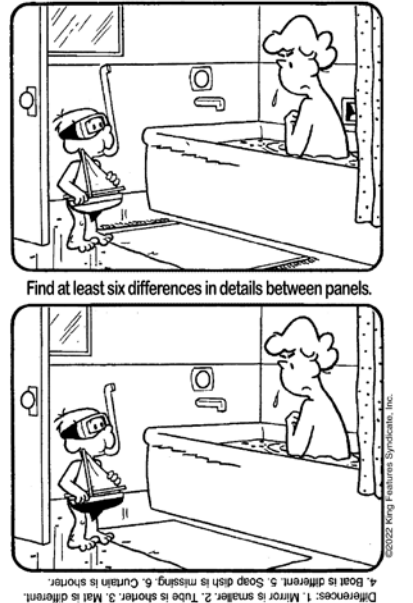
LAFF-A-DAY

Just Like Cats & Dogs

by Dave T. Phipps

HOCUS-FOCUS

BY HENRY BOLTINOFF



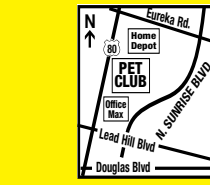
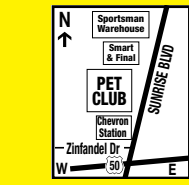
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COUPON

FREE
1 LB SPORT MIX PREMIUM DOG BISCUITS

with the purchase of pet, fish food or supply.
Limit 1 Lb PLU 332 CHM
Limit 1 Coupon per family
Effective 1/19/22 - 1/25/22

COUPON

\$5.00 OFF

ANY PURCHASE OF \$15.00 OR MORE OF PET OR FISH SUPPLIES (Excluding Pet Food or Litter) Cannot be used in conjunction with similar dollar or percentage off coupons & advertised sale items.
Limit 1 PLU 351 CHM
Limit: 1 Coupon Per Family
Effective 1/19/22 - 1/25/22

Look for Advertised Sale Items Everyweek at www.petclubstores.com

TASTE OF THE WILD GRAIN FREE DRY DOG FOOD
•Wetlands •Sierra Mountains •Pacific Salmon •High Prairie •Southwest Canyon
28 Lb Bag **\$39.99**
Effective 1/19/22 - 1/25/22

CANIDAE DRY DOG FOOD FOR ALL LIFE STAGES
•Multi-Protein •Chicken Meal & Rice •Large Breed 44 Lb
As Marked **\$15 OFF**
(Multi Protein Chicken Meal & Rice, Lamb & Rice, Less Active 30 Lb)
Our Regular Low Prices!
Effective 1/19/22 - 1/25/22

BLUE BUFFALO WILDERNESS DRY DOG FOOD
•Chicken •Salmon •Duck •Large Breed •Healthy Weight
24 Lb Bag 100% Grain Free
Limit 2 Bags **\$10 OFF**
Our Regular Low Prices!
Effective 1/19/22 - 1/25/22

FRISKIES DRY CAT FOOD
16 Lb Bag
•Seafood •Indoor •Surfing & Turfing
Limit 2 Bags per Family **\$10.99**
Effective 1/19/22 - 1/25/22

9 LIVES CANNED CAT FOOD
5.5 Oz All Varieties
Limit 2 Cases Per Family **43¢**
Effective 1/19/22 - 1/25/22

FANCY FEAST GOURMET CANNED CAT FOOD
All Varieties except Elegant Medley 3 Oz
Limit 2 Cases Per Family **ON SALE Everyday**
Effective 1/19/22 - 1/25/22

JONNY CAT PREMIUM CAT LITTER
20 Lb Bag
•Regular •Multiple Cat Formula
Limit 2 Bags Per Family **\$4.19**
Effective 1/19/22 - 1/25/22

FELINE PINE HEALTHY CAT LITTER
20 Lb Bag
Limit 2 Bags **\$8.99**
Effective 1/19/22 - 1/25/22

BLUE BUFFALO CANNED DOG & CAT FOOD As Marked **20% OFF**
•Homestyle •Blue's Stew •Wilderness 12.5 oz (Sensitive Stomach \$29.99) •Tastefully •Wilderness 3 & 5.5 oz Selected Varieties
15 Lb Bag **\$24.99** Limit 2 Bags

SCIENCE DIET SMALL BITES DRY DOG FOOD
•Adult •Light •Mature (Puppy Small Bites \$25.99) (Sensitive Stomach \$29.99) (Lamb & Rice Small Bites \$30.99)
36 Lb Bag Limit 2 Bags Original **\$31.99** Multi-Cat **\$33.99**

SWHEAT SCOOP NATURAL WHEAT LITTER
(12 Lb Bag - Original \$11.99 Multi Cat \$12.99)
36 Lb Bag Limit 2 Bags Original **\$31.99** Multi-Cat **\$33.99**

WELLNESS DRY DOG FOOD
24-30 Lb Bag
•Chicken •Senior •Healthy Weight •Grain Free Adult (Lrg Breed Adult \$58.99) •Grain Free Lamb •Grain Free White Fish **\$53.99** •Grain Free **\$56.99**

FRESH STEP SCOOPABLE CAT LITTER
42 Lb Bag Limit 2 Bags **\$13.99**

PRECIOUS CAT CAT LITTER
20 Lb Box Limit 2 Boxes Cat Attract **\$12.99** Touch of Outdoors **\$8.49**

WELLNESS CANNED CAT FOOD Full Case
•Pate •Gravies Selected Varieties Also •Signature Select •Core 5.3 Oz Limit 1 Case **20% OFF**
REGULAR LOW PRICES

CHICKEN SOUP FOR THE SOUL CANNED FOOD SALE As Marked **10% OFF**
OUR REGULAR LOW PRICES
Dog Cans 13 Oz (Reg & Grain Free) All Varieties Cat Cans 5.5 Oz Limit 1 Case

IAMS DRY CAT FOOD
•Healthy Adult Chicken •Indoor/Weight/Hairball •Salmon & Tuna •Hairball 16 Lb Bag Limit 2 bags **\$19.99**

CHICKEN SOUP FOR THE SOUL DRY DOG FOOD As Marked
Limit 2 Bags
•Adult (including Beef) •Large Breed (including Beef) •Mature •Weight Care •Puppy (Reg & Lrg Breed) 28 Lb Bag **10% OFF**
OUR REGULAR DISCOUNT PRICES

CAREFRESH PET BEDDING
60 Liter (Ultra Not Included) **\$16.49**

MERRICK'S WHOLE EARTH FARMS DRY DOG FOOD
•Grain Free Chicken/Turkey •Grain Free Pork, Beef & Lamb 25 Lb Bag Limit 2 Bags per Family **\$7 OFF**
OUR REGULAR LOW PRICES

ADVANTAGE FLEA CONTROL & TREATMENT
Dog Small (Green) Dog Extra Large (Blue)
Dog Medium (Teal) Cat Small (Orange)
Dog Large (Red) Cat Large (Purple)
Limit 2 Per Family. Cannot be combined with any other offer. **\$4 OFF**
OUR REGULAR LOW PRICES

SMART BONES HEALTHY ALTERNATIVE TO RAWHIDE **20% OFF**
Made with Real
•Chicken •Peanut Butter •Sweet Potato **OUR SUPER LOW PRICES**

NATURE'S MIRACLE 1 Gallon STAIN & ODOR REMOVER **ON SALE Everyday**
•Regular •Advanced •Urine Destroyer •Oxy Formula

SWEET HARVEST BIRD PRODUCTS AS MARKED 15% OFF
OUR SUPER LOW PRICES
•Canary •Parakeet •Cockatiel sun/no sun •Conure & Lovebird •Parrot sun/no sun •Macaw 2 Lb - 4 Lb Pkg

VAN NESS BOWLS 20% OFF
OUR SUPER LOW PRICES
•Cracks •Ecoware •Stainless All Varieties

HAGEN FLUVAL FILTER SALE

MODEL	TANK	PET CLUB SALE	PET CLUB SALE
107	25 GAL	\$104.99	307 70 GAL \$159.99
207	40 GAL	\$119.99	407 100 GAL \$189.99

AQUEON BOXED 10 GALLON TANK With Economy Kit
Just add Heater For Tropical Fish **\$48.99** Limit 1 Per Family

TETRA FISH FOOD SALE
Tetrafin Goldfish 7.06 oz. \$9.99
Tetrafin Staple 7.06 oz. \$13.99
Tetra Color 7.06 oz. \$13.99

KORDON CORAL SEA 50 GAL SALT MIX WITH AMQUEL **\$14.99**

BONUS COUPON
FRISKIES BUFFET CANNED CAT FOOD
5.5 Oz All Varieties
Limit 1 Case With Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon Effective 1/19/22 - 1/25/22 **ON SALE Everyday** CHM PLU 367

BONUS COUPON
WHISKAS TEMPTATIONS CAT TREATS
•Selected Varieties - 3 Oz
Limit 2 Pkgs with Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon Effective 1/19/22 - 1/25/22 **\$1.49** CHM PLU 569

BONUS COUPON
JONNY CAT CAT LINERS
Jumbo Drawstring - 5 Ct
Limit 1 Box with Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon Effective 1/19/22 - 1/25/22 **\$2.19** CHM PLU 449

Board Approves Initial ARPA-Funded Projects

By Kim Nava, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - The Board of Supervisors approved the initial project recommendations for Phase One Funding Allocations for the American Rescue Plan Act of 2021 (ARPA). The funds come from the total of first allocation \$150 million, which the County received in May 2021.

Project proposals had to fit in one of the three Board-approved strategic investments for priority issue areas: Housing and Homelessness, Health, or Economic Response.

HOUSING AND HOMELESSNESS

Landlord Engagement and Re-Housing Supports: \$10 million
This program will improve re-housing outcomes for people experiencing homelessness with an array of supportive services, landlord engagement strategies and incentives, and flexible rental subsidies.

Sacramento County Social Health Connect: \$5 million*
A Social Health Information Exchange (SHIE) is a countywide data infrastructure that links medical, behavioral health, social service and housing data from multiple sources.

Community Nursing Encampment Unit Pilot: \$700,000
This public health nursing team will provide outreach, client advocacy and professional case management to individuals experiencing homelessness.

Community Nursing Children and Families Unit: \$1.5 million
This Public Health Nursing team will provide nursing assessments and interventions, care coordination, linkages to health resources, and health education to pregnant and parenting families experiencing, or who are at risk of, homelessness.

Encampment Management Information Database: \$160,000
This project will allow for the development of a web-based Encampment Management Information Tracking (EMIT) database to help County staff and contractors track and manage response to homeless encampments.

River District Outreach Navigation: \$160,000
The County will dedicate two contracted outreach/housing navigators to specifically work in the River District as a one-year pilot program.

Staff are continuing to develop and scope projects with a focus on housing development projects, funding to support development of new low-barrier, housing-focused sheltering programs, and improving access to the homeless system of care, including shelter and housing.

HEALTH

Substance Use Respite and Engagement Center: \$2.6 million
Funding to support the Substance Use Respite and Engagement (SURE) Center program operated by WellSpace Health, which provides short-term (4-12 hours) recovery, detoxification, recuperation from the effects of acute alcohol or drug intoxication.

Project Roomkey Medical Services: \$1 million
Provides medical services for individuals in Project RoomKey, including health education and care coordination, harm reduction, wellness and supportive care, COVID-19 testing and vaccination.

Emergency Medical Services Equipment: \$107,000
Funding will provide equipment and supplies in order to more safely and rapidly deploy temporary facilities in the event of a COVID-19 resurgence or Emergency Operations Center (EOC) activation.

Primary Health Clinic Staffing: \$2.5 million
Funding will support additional temporary staff to increase service capacity at the clinic.

Pandemic Technology Needs: \$350,000
Will fund increased contracted IT Services and staffing support to support and deploy new public health systems and adjustments to current systems to track data and provide care for the community.

Juvenile Medical Services Staffing: \$191,500
Funding will support an additional registered nurse at the Youth Detention Facility.

Employee COVID Vaccination and Testing Program: \$300,000
Add temporary help to support one current Department of Personnel Services (DPS) staff member in the administration of the County Employee COVID-19 Vaccination and Testing Program.

Academic Support and School Readiness: \$1.2 million
This project addresses the negative impact of academic disruption and remote learning due to the pandemic on foster

children, families and caretakers.
Building Strong Families: \$3.9 million
Funding will go toward Family Support Navigators to connect families to critical services in geographic locations that were hardest hit by COVID-19.

Sacramento County Social Health Connect: \$5 million*
A Social Health Information Exchange (SHIE) is a countywide data infrastructure that links medical, behavioral health, social service and housing data from multiple sources.

**Total project is \$10 million, funded with \$5 million from both Housing and Homelessness and Health allocations.*
Staff continue to develop and scope projects with a focus on opportunities to maximize the quality and delivery of public health services, and increasing medical care and reduce disease transmission in the Homeless community.

ECONOMIC RESPONSE

Retail Food Permit Fee Waiver: \$6.8 million
Waive the annual operating permit fees from the Environmental Management Department for approximately 7,161 retail food businesses in Sacramento County.

Chamber of Commerce Grants: \$325,000
Direct grants of \$25,000 to Chambers of Commerce located in unincorporated Sacramento County for operations dedicated to small business supportive programs related to equitable economic recovery efforts.

Property and Business Improvement District Grants: \$250,000
Direct grants of \$50,000 to Property and Business Improvement Districts (PBIDs) located in unincorporated Sacramento County for operations dedicated to small business supportive programs related to equitable economic recovery efforts.

Arts and Non-Profit Cultural Grants**
Direct grants in the range of \$5,000-\$100,000 to up to 300 arts and non-profit cultural organizations throughout the County that have been negatively impacted by COVID-19. This project will be in partnership with the City of Sacramento, who will provide a match to the project.

Small Business and Non-Profit Grants: \$7.5 million**
Direct grants of \$5,000 to 1,500 Small

Business and Non-Profit organizations in unincorporated Sacramento County that have been negatively impacted by COVID-19.

Sacramento Metropolitan Chamber of Commerce, Business Support Services: \$660,000
Fund the Sacramento Metropolitan Chamber of Commerce for operations dedicated to providing assistance, counseling, County program outreach and other services to businesses that have been negatively impacted by COVID-19.

Sacramento Inclusive Economic Development Collaboration, Business Support Services: \$1.8 million

Fund the Sacramento Inclusive Economic Development Collaboration (Sac IEDC) for operations dedicated to providing assistance, counseling, in-language support, County program outreach and other services to businesses that have been negatively impacted by COVID-19.

Business Environmental Resources Center, Business Support Services: \$200,000

Fund the Business Environmental Resource Center (BERC) for operations dedicated to providing assistance, counseling, County program outreach and other services to businesses that have been negatively impacted by COVID-19.

***Grant application opportunities will be announced at a later date.*

In addition to approving the recommended projects, the Board asked County staff to bring back funding recommendations for chambers of commerce and property and business improvement districts outside of the unincorporated County who do not receive ARPA grants from incorporated cities, as well as projects that address food insecurity.

The County will receive the second installment of \$150 million in ARPA funds in May 2022.

American Rescue Plan Act funds provide local fiscal aid to support COVID-19 response efforts, cover increased expenditures, replenish lost revenue and mitigate economic harm from the COVID pandemic. For more information, visit the County's American Rescue Plan Act webpage. ★

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