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SEPTEMBER 24, 2021

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The Airshow is Here!

Get Ready for Some Afterburnin'



Above: The skies in the Sacramento region this weekend will be filled with the roaring sounds and sights of the California Capital Airshow. Photo by Mark Loper

By Patrick Larenas

RANCHO CORDOVA, CA (MPG) - This year's California Capital Airshow is presenting, in conjunction with Sacramento County and the City of Rancho Cordova, a "reimagined" show at Mather Airport with awesome aircraft performances and displays for an exciting weekend of aviation entertainment.

The September 24-26, 2021 event will be featuring the world-famous

United States Air Force F-16 Thunderbirds, the Royal Canadian Air Force Snowbirds and the latest generation of fighter—the F-35 Lightning! These state-of-the-art aeronautical marvels are not only geared towards entertainment but are meant to inform and help orient young people into science, technology, engineering and math (STEM) fields during their educational years.

The California Capital Airshow will

this year incorporate into the spectacle the new "Afterburnin' Drive-In Airshow" for those who are concerned about large gatherings and intend to limit their possible COVID exposure. The drive-in performance will kick off the weekend on Friday, September 24, from 3:30 to 7:00 pm.

Mather Airport is located at 10425 Norden Ave, Mather, CA 95655

For more information visit www.californiacapitalairshow.com/ ★

Building a Better Bridge

By Chris Ching

RANCHO CORDOVA, CA (MPG) - At the September 7 Rancho Cordova City Council Meeting, Public Works Director Albert Strickler led a presentation showing various designs for a dedicated pedestrian/bicycle only overcrossing/undercrossing on Zinfandel Drive. The goal of the project is to make the physical separation between the south side and north side of Highway 50 less severe and safer doing away with—in the words of Mayor Garret Gatewood—the "danger pass."

One of the designs featured a Tied Arch Overcrossing and 2 undercrossings with dramatic lighting, landscaping and drainage garnered a reaction from the Council that was downright giddy. Council Member Linda Budge praised the design—which has an estimated cost of \$24,217,000 (around one million more than competing design)—as bringing "so much to Rancho Cordova". All were in favor of the look and staff were directed to go forward with the final design process.

Director Strickler also presented an update and information on the creation of a Council Local Road Safety Plan. The Plan is a study that will identify measures to reduce serious traffic collisions. It will also allow the City to be eligible to apply for future Highway Safety Improvement Program (HSIP) grant funding.

With a third and final presentation from Strickler, Council was presented with information on implementing Senate Bill 743. The goal of the environmental bill is to reduce time and cost for projects that allow California residents to drive less. State law requires that certain new projects perform traffic analysis based on vehicle miles traveled. Adoption of these guidelines would assist developers to identify criteria including thresholds of significance, screening, etc. to comply with State law.

The other regular Calendar item of the night was a presentation on the Community Engagement Division's accomplishments for 2019/2020 and the future. The team led by Manager Lorianne Ulm reported on the beautification of the city through community service, the Good Neighbor Assistance Program which allows for qualified property owners to improve the look of their homes and Community Enhancement Fund Projects like Rebuilding Together Sacramento. Pandemic related resources (including vaccination

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County Breastfeeding Program Receives USDA Award

By Laurie Slothower, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Women, Infants and Children (WIC) program has received a WIC Breastfeeding Gold Award of Excellence 2021 award from the U.S. Department of Agriculture. This award recognizes the WIC agencies that provide exceptional breastfeeding promotion and support activities. Awardees serve as a model for other WIC agencies who want to strengthen their breastfeeding promotion and support activities through their Breastfeeding Peer Counseling Program.

The Sacramento County WIC Program has a history of program excellence. The Breastfeeding Peer Counselor Program first received this award in 2016, which remained current for four years. In 2021, Sacramento County WIC was only one of four local WIC agencies to receive the award in the western region, which includes



Women, Infants and Children (WIC) program has received a WIC Breastfeeding Gold Award of Excellence 2021 award from the U.S. Department of Agriculture. Photo credit Sac County Media

Alaska, California, Hawaii, Idaho, Nevada, Oregon, Washington, Guam, Commonwealth of the Northern Mariana Islands and American Samoa.

The Sacramento County WIC Program was able to pivot quickly when the pandemic started in 2020, finding new ways to connect with families remotely by providing services by phone and video. One of the highlights of the BFPC Program is its virtual prenatal class, which gives participants

an opportunity to meet their Peer Counselor and a Lactation Consultant who will be supporting them after delivery.

"Our Breastfeeding Peer Counselors have done a wonderful job being responsive to the changing needs of the families we serve throughout this pandemic, providing exemplary services while keeping families and kids safe and healthy," said Chevon Kothari, Director of the Sacramento County Department of Health

Services. "Their passion and dedication to supporting our families is exemplary and is what made receiving this award possible."

Breastfeeding is a practice that is proven to benefit both mothers and babies. It helps mothers recover more quickly from childbirth, reduces the risk of breast and ovarian cancers and may assist in losing weight after childbirth. Infants who are breastfed have a lower risk of developing asthma, ear infections, respiratory infections, gastrointestinal infections and other ailments. The long-term benefits of breastfeeding may lower the child's risk of obesity, type 1 diabetes and childhood leukemia. Breastmilk contains all the nutrients babies need to grow and protects the baby's immune system.

For information about WIC services and eligibility, visit the Sacramento County WIC webpage at <https://dhs.sacramento.net/PRI/WIC/Pages/Women-Infants-and-Children-Home.aspx> ★

Packathon Packs Thousands of Care Boxes for Troops!

Story and photos from Move America Forward Special News Release

SACRAMENTO REGION, CA (MPG) - This past Saturday MAF held our 2021 annual Packathon event in observance of 9/11 where we set out with a goal to ship 2001 boxes for the troops as well as pack an additional 911. As 2021 is also the 20th anniversary of 9/11, this was an especially important task, and we made appeals to our supporters to watch our Troopathon on Newsmax TV and donate to send care packages so we could achieve this goal.

We began packing just before 10 am and didn't wrap up until 3 pm because we had an unprecedented group of enthusiastic and energetic volunteers who just wouldn't quit! They really wanted to do something special for our troops.

At the conclusion of our Packathon drive, we had shipped 3,000 packages for the troops and packed an additional 1,500 more!

There are thousands of troops who are still deployed in the Middle East, eagerly awaiting your words of support, and the many goodies and personal care items in these boxes. These are especially important during the brutally hot Summer months!

If you donate today, our volunteers will quickly pack up a box of goodies for the troops and add it to the stack of boxes waiting to be shipped! These packages REALLY make a difference! We receive letters and notes



back from the troops every day detailing just how important these care packages are to the troops who receive them. Many troops spend 6-12 months of deployment, away from their friends and family.

To donate visit carepackages.moveamericaforward.org/ ★



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 916.853.8000
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THANK YOU for shopping at KP International Market.

FROZEN & FISH DEPT

Breaded Stretched Shrimp • 1.5 lb **\$10.99/ea**

Cooked Mussel Meat • 14 oz **\$3.99/ea**

WEEKLY MEAT SPECIALS *SUBJECT TO AVAILABILITY

BONUS BUY Beef New York Roast - Boneless Carne de Res Nueva York - Asado Deshuesado **\$4.79/lb**

GREAT VALUE Beef New York Steak - Boneless Carne de Res Nueva York - Filete sin Hueso **\$4.99/lb**

USDA CHOICE Top Round Skt & Pulpa Skt Thin Sliced **\$4.79/lb**

Beef London Broil & Top Round Roast - Boneless Pulpa Para Hornear Roast sin Hueso **\$4.49/lb**

Tyson 40 lb Box Chicken Drumsticks **\$25.99/box**

ibp Pork Butt Roast Bone-In **\$1.69/lb**

OLYMPIAN Pork Neck Bones **\$1.39/lb**

FRESH PRODUCE SALES FOR PRODUCE WILL BEGIN ON WEDNESDAYS @ 12:00PM

Jalapeno Peppers **59¢**

Minaola Tangerines **1.49**

Organic Fuji Apples 2 lb **2.99**

Japanese Yam **1.49**

White Peaches **99¢**

Carrots **2 lbs \$1**

Oranges 10 lb Bag **4.99**

Russet Potatoes 10 lb Bag **2.49**

Cherry Tomatoes **1.39**

Big Taro **69¢**

AMERICAN/HISPANIC GROCERY

Quaker Oats **\$3.99**

Hidden Valley Ranch Dressing **\$3.99**

Zipits **\$3.99**

Taxi-Q-Tips Cotton Swabs **\$2.99**

La Lechera Original Sweets **\$2.99**

Moritas **\$2.99**

Cameras **\$2.99**

ASIAN GROCERY

Coconut **\$1.99**

3 in 1 Coffee **\$3.99**

0-7 Brand **\$1.29**

Sardines in Tomato Sauce 7 oz **\$1.29**

Energy Drink 6 Pk Cans **\$7.99**

Pure Stevia Oil **\$4.49**

EUROPEAN GROCERY

Sofal Special Blend Tea w/ Cardamom **\$9.99**

Royal Eggplant Spread **\$2.99**

Barnaia Shell's Macaroni **\$1.29**

Gullian Mega Duros Cookies w/ Chocolate Filling **\$2.49**

Tamari Sesame Crisps **\$3.99**

KOREAN/JAPANESE GROCERY

River Chen Rice **11.99**

Jack Tofu **99¢**

Sempio Garlic Sauce **2.49**

Nagahata **2.99**

Sea Salt **99¢**

Orange Sesame Dressing **4.99**

Lotus Chia Seed **2.49**

French Onion **14.99**

CJ BBQ Sauce **2.99**

Alphabits **2.59**

Shimada Honey Protein **9.99**

Iron Tea **2.99**

HOUSEWARES

HAMILTON BEACH KITCHENWARE **99¢**

NOVEL ELECTRIC BBQ GRILL **\$34.99**

RECHARGEABLE BATTERIES **3.99**

ACER COOKER **10.99**

ELECTRIC RICE COOKER **\$3.99**

ELECTRIC RICE COOKER **\$3.99**

ELECTRIC RICE COOKER **\$3.99**

FROZEN & FISH DEPT

Fruit Mochi 3 Kinds **\$2.99**

EUROPEAN DELI

Kretschmer Ham Off The Bone **\$4.49**

Kretschmer Oven Roasted Turkey Breast **\$5.69**

Andy's Deli Moscow Style Ham w/ Garlic **\$5.69**

Andy's Deli Double Pork Loin Bacon **\$4.99**

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE SEPTEMBER 22 - SEPTEMBER 28, 2021.

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Rebuild Day Is Coming to Rancho Cordova

City of Rancho Cordova

RANCHO CORDOVA, CA (MPG) - Every year, the City of Rancho Cordova partners with the non-profit organization, Rebuilding Together Sacramento to improve the health, safety, efficiency and curb appeal of Rancho Cordova homes. Rebuilding Together Sacramento is currently accepting applications from Rancho Cordova residents for FREE home upgrades in the first six months of 2021. The selected homes will be improved at NO COST to the homeowner.

“My house is now safe, secure and beautiful,” said Charla McKenna, a Rancho Cordova resident and participant of the Rebuilding Together Sacramento program. “Without this wonderful program, I would never have been able to make all of the much

needed repairs,” she added.

Supported in part by the city’s Measure H/Community Enhancement Fund, Rebuilding Together Sacramento brings together community partners, volunteers, and donors to make modifications to homes, landscapes, and public spaces to strengthen lives and neighborhoods.

To be considered for the program, applicants must submit a 3-page application and gross income verification documents to Rebuilding Together Sacramento as soon as possible. The final homes will be selected by November 2021.

If you or someone you know may be interested in this program, download the application at RebuildingTogetherSacramento.org. For more information, contact Trysh O'Connor at toconnor@rebuildingtogethersacramento.org. ★

Laid to Rest



Two SMUD representatives stand holding images of the fallen marine honoring “Nicole Gee for her great sacrifice.” Photo by Thomas J. Sullivan

By Thomas J. Sullivan

SACRAMENTO REGION, CA (MPG) - Young families, school children and veterans lined much of Greenback Lane from Sunrise to Fair Oaks Boulevard on Thursday, Sept. 16, many holding U.S. and Marine Corps flags, as they paused to honor and remember fallen Marine Sgt. Nicole L. Gee, 23, of Sacramento, who was brought home and laid to rest at the Mount Vernon Memorial Park and Mortuary in Fair Oaks.

The Citrus Heights Police Department had encouraged the public to gather at the south end of Greenback Lane at the Sunrise Mall parking lot to show support as the public procession passed. The exceptionally large public turnout for the procession soon slowed traffic along Greenback

Lane for more than an hour.

The procession, led by a motorcycle escort of the American Legion Patriot Guard, passed slowly under a large American flag which was arched over Greenback Lane by two Metro Fire ladder trucks, their crews saluting, before then turning into the memorial park.

Sgt. Gee along with 10 additional Marines, one Navy corpsman and one soldier were killed August 26, the result of an enemy attack while supporting evacuation operations outside the Hamid Karzai International Airport in Kabul, Afghanistan. At least 169 Afghans were also killed in the bombing, as they struggled to get into the airport and on flights out of the country.

The young Marine’s death hit home in Placer County, where she grew up and

graduated from Oakmont High School before enlisting in 2017. Just days before her death, Sgt. Gee was one of several Marines seen cradling and comforting Afghan children prior to their evacuation from the country.

On August 21, Gee posted a photo of herself holding an Afghan child on Instagram. “I love my job,” she wrote.

Gee, a maintenance technician with the 24th Marine Expeditionary Unit from Camp Lejeune, North Carolina, was sworn into the Marines less than a year ago and was promoted to sergeant three weeks before the Kabul attack, according to posts on her Instagram account.

A memorial service was later held Saturday, Sept. 18th at Bayside Church Adventure Campus on Stanford Ranch Road in Roseville. ★



Image of the funeral procession of fallen Marine Sgt. Nicole L. Gee, 23 on Greenback Lane to Mount Vernon Memorial Park and Mortuary in Fair Oaks. Photo by Thomas J. Sullivan



Young families, school children and veterans lined much of Greenback Lane from Sunrise to Fair Oaks Boulevard. Photo by Thomas J. Sullivan

Meet Rancho Cordova Online

City of Rancho Cordova

RANCHO CORDOVA, CA (MPG) - Meet Rancho Cordova Online! The City of Rancho Cordova’s one-stop system provides residents and businesses with quick and easy access to online services.

You can apply for, renew and pay for business licenses, rental registration, pet licenses, and other licenses online. Starting July 1, 2021, all pet license fees are waived for one year!

You submit permits and plans online, such as a permit to remove or prune protected trees or planning and land use entitlements. Plus, you will soon be able to submit plumbing, mechanical, electrical and re-roofing residential permits.

Rancho Cordova City Hall has over 10,000 square feet of rentable space, state-of-the-art technology, many amenities, and responsive staff. Call the city at 916.851.8700 to inquire about space availability and for help selecting the right space for your meeting or event. You will then be directed to submit an application online.

Follow these five, easy steps to get started in Rancho Cordova Online:

Step 1: Visit CityofRanchoCordova.org/RanchoCordovaOnline; Step 2: Click on the Rancho Cordova Online button; Step 3: Create an account to use the system. We encourage you to use your email address as your username. To renew an existing license, you MUST use the same email address currently on file; Step 4: Apply for, renew and pay for your license, submit your permit or plan, or apply for meeting or event space. A 2.5% fee is added to all card transactions; Step 5: Share your feedback with the city by visiting CityofRanchoCordova.org/RanchoCordovaOnline. Your input will help us continue to improve our one-stop system!

Training videos, fees and more are available at CityofRanchoCordova.org/RanchoCordovaOnline.

If you have any questions about Rancho Cordova Online, please contact the city at RanchoCordovaOnline@CityofRanchoCordova.org or 916.851.8789. ★



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Rancho Cordova ONLINE

Meet Rancho Cordova Online

The City of Rancho Cordova’s one-stop system provides a quick and easy way to apply for, renew and pay for **licenses**, submit **permits** and **plans**, and apply for **meeting** or **event space** online.

Starting July 1, 2021, all pet license fees are waived for one year!

LEARN MORE AND GET STARTED:
CityofRanchoCordova.org/RanchoCordovaOnline




Catch a Ride at CruiseFest! Sacramento Tall Club Rises to New Heights



Check out the CruiseFest on Fulton Avenue this year. Photo: California Automobile Museum

California Automobile Museum Press Release

SACRAMENTO REGION, CA (MPG) - On Saturday, October 2, 2021, from 3 to 7pm, to the delight of thousands of spectators, hundreds of eye-popping custom and classic cars will be CRUISING up and down Fulton Avenue, from El Camino to Marconi.

CruiseFest on Fulton Avenue is a benefit for the California Automobile Museum.

We were roadblocked last year due to Covid but we're back and making plans for a spectacular 10th Anniversary celebration of CruiseFest on Fulton Avenue, Northern California's premier car cruise!

Come for the cars...stay

for the music, food trucks & beer garden.

In terms of special featured vehicles, here's a quick sample, with more announcements to follow. We'll keep you updated as more commit.

Save Mart's 12-foot tall mega-motorized shopping cart—Powered by a 454 Chevy engine, it can accommodate a handful of passengers and a few bags of groceries.

And new to CruiseFest, answering the Bat Signal ... the 7th "replica Batmobile" ever built, owned by Bob Goldsand of Meadow View. There are only 14 of the licensed replicas in the world and Bob's is the lucky #7 car. These are the Batmobiles that were fully licensed and authorized by DC

Comics and Warner Brothers.

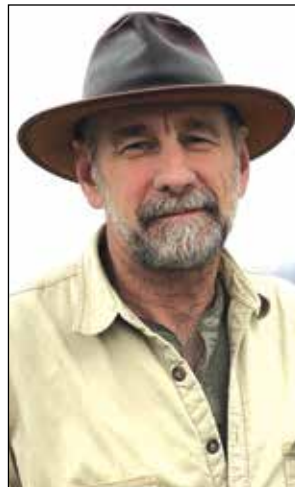
Holy BatRaffle! There will be a RAFFLE to WIN A RIDE in the Batmobile at a mutually agreed date and time. Tickets are \$5. Must be present to win.

Due to the growth in popularity, our last cruise was a sell-out....CRO. (cruising room only) So early registration is advised.

CruiseFest is FREE to the attending spectators!

Cruisers-Please register at calautomuseum.org - Museum members - \$40 / Non-members - \$50 / Day of - \$75 or call the Museum at (916) 442-6802

California Automobile Museum is a 501c3 non-profit organization located at 2200 Front St., Sacramento. ★



Bob Huggett, president of Sacramento Tall Club. Courtesy photo

By Thomas J. Sullivan

SACRAMENTO REGION, CA (MPG) - Members of the Sacramento Tall Club (STC), a social club of men and women in Rancho Cordova who share a special common attribute are looking to grow their membership.

Club members are once again meeting socially for lunch, dinners and "TGIF" events, while following state and social pandemic protocols.

Open to singles and couples, the STC is an active group of people who are tall and love getting together and having fun," said their president, Bob Huggett. "Anyone at least 21 years of age may join if they meet the club's height requirements."

Women must be at least 5' 10" tall, and men must be at least 6' 2" (measurements are taken barefoot). Huggett said if you are a spouse of a regular STC member, you may still be an associate member if you

don't meet the height requirement.

Huggett, a 6-foot-7-inch chief engineer at the California Department of General Services, describes what it's like to be vertically gifted and the camaraderie he's found since joining the STC.

"Well, advantages are, of course, being above the others, [but] you're always looked at a little bit differently when you're tall. Not every place is built for tall people. Not every airplane I get in has enough headroom and legroom and all that stuff," Huggett said.

Huggett said STC members are looking at new ways through MeetUp and social media to attract younger members to join the group as the base age of club members is climbing.

"We want to share the fun and fellowship we've enjoyed through the years as club members as we welcome new people, and begin building new friendships," Huggett said.

The STC is a member of Tall Clubs International (TCI). Established in 1982, the STC lists some 80 active members in the greater Sacramento region, and a few members from as far away as Reno and Stockton.

Huggett said he is especially proud that one of STC's own, Folsom resident Rusty Bloomquist was honored with the 2021 Tall Clubs International (TCI) Frank Winker Lifetime Achievement Award this summer.

Bloomquist, who has served terms as STC

treasurer, vice president and sergeant-at-arms, was cited for his work as national TCI vice president during the pandemic to encourage national membership and providing advice to those seeking to launch new local TCI chapters.

The STC awards scholarships to eligible graduating high school seniors.

"They must meet our height requirements and write an essay on "What Being Tall Means to Me," Huggett said. Local scholarship winners can go on to compete for a second national scholarship award.

"We put on all kinds of events which satisfy the variety of tastes of our club members. We try to have get-togethers at fun places such as bar and grills, interesting restaurants, night clubs, and whatever else we can think of that's likely to be fun and enjoyable," Huggett said.

"Without the height, we're just normal people, and there's nothing really different about us. In the club, that's really the only common trait we have: We're all tall," Huggett said. "It costs nothing to attend one of our events and check us out."

Upcoming events for the Sacramento Tall Club are posted on social media including Facebook and Meetup, Huggett said. Call 916-469-8255 to learn more about upcoming events or visit their web page at sacramento-tallclub.org. ★

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FREE HOME REPAIR

For low to moderate income Homeowners in Rancho Cordova

PLEASE APPLY NOW FOR FREE REPAIRS INSIDE AND OUTSIDE OF YOUR HOME!

The type of improvements and repairs vary per home but may include safety and accessibility features, exterior beautification projects, and energy efficiency upgrades. Work will be completed by both volunteers and skilled contractors.

Please visit the website for an application:
 RebuildingTogetherSacramento.org

For questions or additional information, contact Trish O'Connor:
 Phone: 916.455.1880 x8
 email: toconnor@RebuildingTogetherSacramento.org

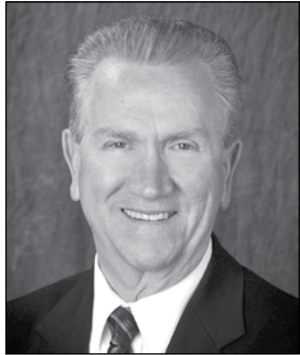
RANCHO CORDOVA CALIFORNIA
 CityofRanchoCordova.org

Rebuilding Together Sacramento

FCUSD is Now Hiring!



Attendees at the Rancho Cordova Luncheon included FCUSD Superintendent, Sarah Koligian who also brought some very good information for people who are looking for a job. Read all about it below in Bob McGarvey's column. Folsom Cordova Unified School District officials currently administering with Superintendent Dr. Sarah Koligian (second from left) present at the September 17th Rancho Cordova Chamber of Commerce Luncheon. Don Ogden, Associate Superintendent; Dr. Sarah Koligian, FCUSD Superintendent; David Reid, Vice President of the FCUSD Board of Trustees; Dr. Jim Huber, Assistant Superintendent; Angela Griffin Ankheilyi, Director, Communication and Community Engagement; and Sean Martin, Assistant Superintendent. Photo by Patrick Larenas



By Bob McGarvey

The Rancho Cordova Luncheon (former Cordova Community Council Luncheon) on the third Friday of the month, was held on 9/17/2021. It was nice to see people slowly coming back into our monthly luncheon in person. The FCUSD Superintendent, Sarah Koligian, was the speaker, and she covered quite a bit of what has been done in our schools this school year as the kids actually went back to their classes. I am very glad that the majority of the students were able to get back to school. A few parents are still cautious and decided to keep their children learning at home.

She showed four main keys they are looking for; 1. Reconnecting, 2. Reinforcing, 3. Reengaging, and 4. To reimagine the learning of today. 1. Reconnecting; the summer school programs, the new lessons learned, and learning about the virtual teaching which has given some students a different path to go down; Especially when they find it difficult to learn in a regular class.

2. Reinforcing; transitioning back to more regular rhythms and classroom instructions from

And Another Thing

what the 21,000 students in FCUSD needed to learn using the chrome books which they needed to stay at home; 3. Re-engage; focusing on building back our School Communities, developing emotional learning supports, and enhancing mental health services. 4. Reimagine; focus on building back our school communities developing academic and social emotional, and learning supports.

She also brought some very good information for people who are looking for a job. FCUSD is now hiring! Our school district is hiring for multiple positions. Here are a few of them, Health Assistant, Food Service Worker, Instructional Assistant, Student Care Assistant, Yard Duty Supervisor, Paraeducator, Bus Driver, And More! Visit enjoin.org for the full position description and a complete list of application requirements. There is quite a list of jobs which are in great need.

The pandemic created many changes in our lives like having to work at home, going to school at home, closing almost all restaurants, etc etc etc. Something good happened when three companies developed vaccines which work very well against the COVID-19, and they are giving them to people who ask for them. As time goes on, more companies are requiring their employees to

have the vaccine, and many school districts are doing the same thing.

Unfortunately, there are many people who are having to go to the hospital again with the COVID-19, and 95% of today's patients haven't received the vaccines. As the more transmissible Delta variant drives a fourth surge, parents are getting anxious. The FDA has asked companies to expand clinical trials in children ages 5 to 11. There are some children who have received the first and second doses of Moderna's COVID-19 vaccine. Those children received the vaccines and everyone in hoping that the clinical trials evaluating the vaccine's safety and efficiency in young children.

And another thing I have talked about or commented about some of the bicycle riders in Rancho Cordova in the past so this is nothing new. Now I am just asking every bike rider to be careful when you come to intersections and remember to stop there. Too many automobile drivers do not stop at an intersection any more than many people on bicycles. I have seen a girl on Zinfandel Drive hit by a car because she went through the intersection not stopping at the stop sign. No body is perfect, but it is sad to see something like that happen, especially right in front of you.

From Bob McGarvey, God bless, and we'll see you next time. ★

Apply for the Cash for Grass Rebate

Sacramento County Board of Supervisors District 3

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Water Agency (SCWA) is providing rebates to qualifying residential and commercial customers for converting existing grass and sprinkler irrigation systems to a drip irrigation system with native and drought tolerant landscaping. SCWA residential customers may receive a rebate of \$1.00/square foot up to a maximum of \$2,000 per household or \$1.50/square foot up to a maximum of \$2,500 for commercial and industrial customers. Rebates

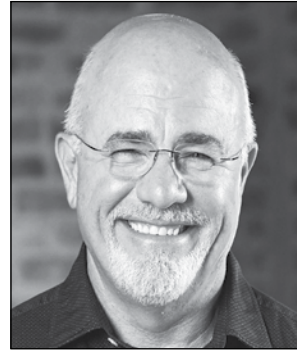
will be awarded on a "first come, first served" basis as projects are confirmed completed.

To apply and register for the Cash for Grass Rebate program, please visit the Sacramento Water Agency Cash for Grass Website.

Are you looking for ways to make your home look good while saving money and water? There are also landscape design resources available to help you find drought resistant landscaping.

Please call (916) 874-6851 during business hours or email them at SCWARebate@saccounty.net for additional questions. ★

Dave Ramsey Says



Think of an Emergency Fund as Insurance

Dear Dave,

I have decided it's time to get control of my money. Your plan sounds workable, but I talked to some friends about it, and they think I would be better off using a credit card for emergencies. Can you explain why you advise saving a separate emergency fund?

- Leslee

Dear Leslee,

When bad, unexpected things happen, like a job layoff or a blown car engine, you shouldn't depend on credit cards. If you use debt to cover emergencies, you're digging a financial hole for yourself. My plan will walk you out of debt forever, and a strong foundation of any financial house includes an emergency fund.

Putting together a fully funded emergency fund is Baby Step 3 of my plan for getting out of debt and gaining control of your money. Before you reach this point, however, steps one and two should be completed

first. Baby Step 1 is saving \$1,000 for a starter emergency fund. Baby Step 2 is where you pay off all debt, except for your home, using the debt snowball method.

A fully-funded emergency fund should cover three to six months of expenses. You start the emergency fund with \$1,000, but a full emergency fund can range from \$5,000 to \$25,000 or more. A family that can make it on \$3,000 per month might have a \$10,000 emergency fund as a minimum.

What is an emergency? An emergency is something you had no way of knowing was coming - an event that has a major, negative financial impact if you can't cover it. Emergencies include things like paying the deductible on medical, homeowners or car insurance after an accident, a job loss, a blown automobile transmission or your home's heating and air unit suddenly biting the dust.

Something on sale you "need" is not an emergency. Fixing the boat, unless you live on it, is not an emergency. Want to buy a car, a leather couch or go to Cancun? Not emergencies. Prom dresses and college tuition are not emergencies, either.

Never rationalize the use of your emergency fund for something you should save for. On the other hand, don't make payments on medical

bills after an accident while your emergency fund sits there fully loaded. If you've gone to the trouble of creating an emergency fund, make sure you are crystal clear on what is and isn't an emergency.

Also, keep your emergency fund in something that is liquid. Liquid is a money term that basically means easy to access with no penalties. I use growth-stock mutual funds for long-term investing, but I would never put my emergency fund there. I suggest a money market account with no penalties and full check writing privileges for your emergency fund.

Your emergency fund account is not for building wealth. It's an insurance policy against rainy days!

- Dave

Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of "The Ramsey Show," heard by more than 20 million listeners each week. He has appeared on "Good Morning America," "CBS This Morning," "Today," Fox News, CNN, Fox Business, and more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions. ★

LOST

Money found within the Rosemont area off Bradshaw Rd., cross street Old Placerville Rd. To claim please contact the Sacramento County Sheriffs Department at (916) 875-5651 reference Report No. 2021-8007435.

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Building a Better Bridge



RC City Council discussed a dedicated pedestrian/bicycle only overcrossing/undercrossing on Zinfandel Drive to ensure the safety of those crossing the "danger zone". Photo provided by City of Rancho Cordova

Continued from page 1

clinics), neighborhoods coming together through friendship and projects, successful business partnerships and other highlights of the past year were discussed as well. Council Member David Sander congratulated them on their "win-win situation" by not only bringing the community together but doing so in a way that leaves the city looking better.

During Consent Public Hearing items, The Council discussed The Ranch housing development located south of Douglas Road and east of Rancho Cordova Parkway. The developer K. Hovnanian needed approval on floor plans so they could go about getting the necessary building permits. Councilmember Budge stated her unease in some of the designs feeling they ran contrary to the city's "established design principles" with the garage appearing too dominant. Olga Sciorelli, a representative from K. Hovnanian, said her company was willing to continue to work on the design process but stood by their work. While conceding art was "subjective", Councilmember Budge still abstained from voting and the project was approved by Council.

During Council Reports, Councilmember Sander spoke about the need for more innovation in transit through his work on city, state and national levels. He also expressed his and the Council's happiness at the dedication of the City Hall Lobby/Atrium to former Mayor Dan Skoglund and how it was appropriate the space will allow residents "to come together as that's what he was all about".

Vice-Mayor Donald Terry reported back on meetings with the Lower American River Conservancy and the Sacramento Housing Council. The former concerned funds to be spent by the organization before the next fiscal year and the latter's most resonant meeting subject was the discovery that the database that tracks the homeless is not being as effectively utilized by city Affordable Housing providers. As it turns out, less than 20 percent are using the system all stakeholders had agreed to utilize.

The third item considered by Vice Mayor Terry discussed with Council was for the Sacramento Metropolitan Air Quality Management District. He spoke about the recent poor air quality from the numerous wildfires (many residents had contacted him

about the safety of being outside including Mayor Gatewood who was concerned about his children's soccer event) as well as trying to get people behind the seat of electric cars and helping with the higher cost.

Picking up on Councilmember Sander's earlier words, Mayor Gatewood also brought attention to the memory of Dan Skoglund and his own personal relationship with his predecessor. On a different note, he mentioned the \$25,000 raised for the upcoming Youth Center although he had to perform several burpees (one of the hardest exercise moves to do) and get dunked in a water tank to help assist in the fundraising.

City Manager Cyrus Abhar reminded all of the September 17 monument dedication for fallen police officer Mark Stasyuk which will take place on the anniversary of his passing. He also mentioned being contacted by many who want to assist those affected by the fire that threatened South Lake Tahoe. He said at this time cash contributions would have the most positive impact and suggested those wanting to help contact the City. City Manager Abhar also talked about the imminent rollout of motorized scooters and a new App that allows residents to shop local, earn and redeem rewards at city businesses.

Zoom technical difficulties once again reared its head, when Councilmember Linda Budge "froze" just as she was about to contribute her report but eventually was able to return to express her appreciation for the condolences received over the passing of her mother.

At the beginning of the night, Mayor Gatewood - noting his special closeness to the subject due to many relatives who've had it-presented a plaque to survivor Richard Montgomery commemorating Prostate Cancer Awareness Month. New employees were also introduced to the city plus there was touching recognition of the retirement of Police Chief Kate Adams.

During Public Comment, resident Larry Ladd spoke about research he'd done relating to children's cancer. Manufactured and Mobile Home Park advocates Jill Fellows and Helen Fredericks noted their availability as a resource for the Council in subjects like rent control, thanked the Council for their assistance and well acknowledged the recent passing of their leader Bob Van Cleef. ★

McCarty and Senator Pan Present Latino Center of Art & Culture \$1M



The Latino Center of Art and Culture received a \$1 million check from Assemblymember Kevin McCarty (D - Sacramento) and Senator Richard Pan (D- Sacramento) on September 15th at Winn Park. From left to right: Jim Gonzalez - Latino Economic Council, CEO; Cathy Rodriguez - Sacramento Hispanic Chamber of Commerce, President/ CEO; Councilmember Katie Valenzuela, (Behind councilmember) Cruz Naranjo, Arts Commissioner (District 4), Senator Dr. Richard Pan; Assemblymember Kevin McCarty (D - Sacramento); Marie Acosta, Executive Director, LCAC - Carissa Gutierrez, Board Chair, LCAC. Photo provided by Office of Assemblymember Kevin McCarty

Office of Assemblyman Kevin McCarty

SACRAMENTO, CA (MPG) - Assemblymember Kevin McCarty (D - Sacramento) and Senator Richard Pan (D- Sacramento) presented a \$1 million check to the Latino Center of Art and Culture (LCAC) on Wednesday, September 15th at 3:30pm at Winn Park.

Founded in 1972 - during the Chicano Civil Rights Movement of the 1970s-as La Raza Bookstore, the center has become a hub to Sacramento's Chicano artists. In 2014, the Center became the Latino Center of Art and Culture.

The LCAC provides programs that help artists and communities affected by either race, class, age, sexual orientation, gender identity, and/or immigration status. LCAC offers new insights into contemporary, emerging Latinx art, while supporting and maintaining centuries-old cultural traditions that

speak to and reflect Latino identity and history.

The funds from Assemblymember McCarty and Senator Pan were made possible through the 2021 California budget and will be used to renovate the building at Winn Park, which will then be occupied by LCAC.

"The Latino Center for Arts and Culture provides a safe haven for artists and for the Latin Community to congregate, learn and share their rich culture," said Assemblymember McCarty. "It's a much needed space during these divisive times."

"I am excited to support the Latino Center for Art & Culture, which celebrates, and preserves art and culture of Chicano, Latino, and Native populations in Sacramento, in establishing a new home in Winn Park thanks to state dollars we secured," said Dr. Richard Pan. "The Center's new home will enable growth of the artistic and cultural contributions of

Sacramento's Latinx community to our region's rich, diverse cultural offerings."

"The Latino Center for Arts and Culture is a critical institution in our community," said Councilmember Katie Valenzuela, who will be speaking during the event. "Helping them find resources and space to conduct their programming has been a high priority for our office. This \$1 million will help them establish a cultural hub and further activate Winn Park. I applaud Assemblymember McCarty for making this dream a reality!"

"The Latino Center of Art and Culture, Sacramento's second oldest cultural institution, is honored to have a new home in Winn Park. We thank Assemblymember Kevin McCarty, Senator Richard Pan and Councilmember Katie Valenzuela for making this new home a reality," said Latino Center of Art & Culture Executive Director, Marie Acosta. ★

Traffic Closure on Northbound Prairie City Road

City of Folsom

FOLSOM, CA (MPG) -Beginning Monday, September 27, northbound Prairie City Road - between White Rock Road and Highway 50 - will be temporarily closed for work on the Capital SouthEast Connector project.

Motorists are encouraged to take East Bidwell Street to access Highway 50 from White Rock Road and Scott Road during the northbound Prairie City Road closure. Southbound Prairie City Road from Highway 50 to White Rock Road will remain open.

The city has installed message signs to alert

motorists about the closure, and flaggers will direct traffic as needed. The city does not anticipate significant traffic delays.

Crews will complete construction on a four-lane bridge over Alder Creek and complete the realignment and widening of White Rock Road. Northbound Prairie City Road will be closed between four to eight weeks.

The Capital SouthEast Connector project is a 34-mile expressway that will link I-5 and Highway 99 south of Elk Grove to Highway 50 east of El Dorado Hills. When complete, the long-planned

project will serve as a commute alternative to Highways 50 and 99, relieve traffic congestion, promote economic development, preserve Sacramento County open spaces, and improve roadway safety. Work on the Capital SouthEast Connector project has been divided into segments, which will be completed as funding is available.

Learn more about the Capital SouthEast Connector project at www.connectorjpa.net. For more information about the project, contact Senior Civil Engineer Brian Reed at 916-461-6707 or breed@folsom.ca.us. ★

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Every Kid Gets to Play!

RC Sports Hall of Famers Get Together for Annual Celebration

By Chris Ching

RANCHO CORDOVA, CA (MPG) - "Go home and play with your Barbie dolls!"

Those were the kinds of jeers, K.C. Clark endured as Rancho Cordova's first female Little League Player. She not only showed her doubters how wrong they were in the early '80s but continued to be—like the night's other Rancho Cordova Sports Hall of Fame inductees - an inspiration for years to come. Clark was just one of the many stellar inductees honored Saturday, September 18 at the 6th Annual Induction Ceremony held at City Hall.

Clark's Little League experience dovetailed with the Rancho Cordova Athletic Association (RCAA) Chairperson and City Councilmember David Sander's words about the city as a place "where every kid gets to play!" Sander humorously but pointedly sprinkled this message throughout his words during the ceremony (which drew a crowd of roughly 275 attendees).

The full list of honorees who were chosen for displaying greatness in both their athletic (youth, school and beyond) and personal lives included the aforementioned Clark, Vicki Baugh, Don Boardingman, Tanya Smith Chappell, Melinda Garcia Craigie, Bill Evans, Marcus McCauley, Bill Mikelson, Rich Rose, Angie Smith Rodriguez,



Above: The 2021 Rancho Cordova Hall of Fame inductees recognized at this year's celebration. Right: Master of Ceremonies for the RC Hall of Fame was Ken Rudolph. Photos by Rick Sloan

Scott Sellner, Greg Uding, Erin Wachter, Mickie Weekly and Jeff Yurtin as well as the 1973 Cordova High Cross Country Team and the Rancho Sports Club. Dario Ondina was honored posthumously.

The night—which has become one of the city's hallmark events and was canceled last year due to COVID-19—began with hors d'oeuvres and drinks as former classmates, team members, coaches, teachers and other assembled guests mingled remembering old times on the field, court, track etc.

After the "pre-game", Cordova Community Council Executive Director Shelly Blanchard and

Sander welcomed everyone in the American River room where The Cordova High Lancer Cheerleaders energized the audience with a routine to the Beach Boys' ode to one's alma mater "Be True to Your School." The revelry was infectious enough to get event organizer Shelly Blanchard to join in on the song's bridge.

Long time Master of Ceremonies Ken Rudolph returned once again to emcee the awards with a mixture of humor, reverence and a clear love for the area where he grew up and competed. The news anchor and actor gave a strong "thank you" to teachers, coaches and fellow players who helped shape his



life." At one point, he lightly ribbed his former U.S. Government teacher for not paying attention.

The inductees were each celebrated with heartfelt video tributes created by Nathan Schemel and warmly narrated by former

Sacramento River Cats stadium announcer Mike Marando. After the videos were completed—to the sound of much audience whooping and clapping—the inductees walked up to the stage to collect their awards and pose for pictures.

David Sander closed the event asking for the audience to help "inspire others"—specifically the next round of athletes—by contributing as a coach, umpire, or even a simple day of volunteering. He joked a monetary contribution wouldn't hurt either. He also couldn't resist throwing out his possibly tenth reference to Rancho Cordova as a place "where every child gets to play".

Organizer Shelly Blanchard deemed the night a success. "Rancho Cordova has an incredible sports legacy that deserves to be preserved and celebrated," said Blanchard. "Everyone stands on the shoulders of those who came before them, and achievements of those who have been inducted into the Rancho Cordova Sports Hall of Fame can certainly be a compass for those who will follow. It's always a great night in Rancho Cordova when the Hall of Famers are in one room."

The 2020-2021 inductees were nominated by the public as well as a panel of local sports experts. The Hall of Fame was started by the Rancho Cordova Athletic Association, an entity whose goals include improving relationships and collaboration among youth organizations, providing a united presence before governmental decision makers to secure funding for facility improvements, elevating youth coaching techniques and preserving and celebrating the city's rich athletic history. And... say it out loud... ensuring every child gets to play! ★

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