



An American Aviation Hero

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Out of Sight Could Mean Out of a Job

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Grapevine Independent

VOLUME 55 • ISSUE 29

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JULY 16, 2021

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Delivering On and Off Field

Marque Willis Takes Full Reins as Head Coach



2020 Interim Varsity Head Coach Marque Willis (center) has this year been appointed to Head Coach for Cordova Varsity Football. Go Lancers!

**Story and photos
by Rick Sloan**

RANCHO CORDOVA, CA (MPG)

- We all know about the legend of the "Big Red" and their historic domination of Northern California high school football in the '70s and '80s. These teams had one thing in common, and that was a coaching staff that brought their passion for the game and took pride in their leadership of young men. Names like Dewey Guerra, Ron Lancaster and Max Miller

to name a few. So, when someone new comes along to do the job of legends, they're always reminded of the large football shoes they need to fill. They're not just coaching a high school football team; they're continuing a legacy that was built on the shoulder pads of heroes.

In 2019 Marque Willis filled the roll as JV football coach and was highly respected by his young players. Coach Willis was then appointed interim varsity head coach for last

year's Covid-19 shortened 6-game season. This year he has been handed the head-coaching job on a silver platter tarnished over the years, etched with high expectations. Along side his Sac State football buddy and former Cordova Alum Michael Brannon, Marque and Mike (M&M) are doing what they do best, building a team from the ground up with integrity, respect, responsibility and the love of the game.

Growing up in Stockton, Coach Willis had the

luxury of a positive male role model in his father. Unfortunately, Coach Willis lost his dad while in high school, and that's when he realized the importance of his coaches and lessons learned on the football field. After graduating from Sac State with a bachelor's degree in psychology and minor in communication, he went to San Jose State for a master's degree and a PPS credential in counseling. He started his counseling

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Brian Danzl Elected to CARPD Board



Cordova Recreation & Park District Director Brian Danzl. Photo: CRPD

**By Shelby Golden,
Cordova Recreation
& Park District**

RANCHO CORDOVA, CA (MPG)

- The Cordova Recreation & Park District's (District) Director Brian Danzl was elected to Board Secretary of the California Association of Recreation and Park Districts (CARPD) Board of Directors on June 24, 2021 at the CARPD Annual Conference.

An athletics coach and community volunteer, Danzl was born and raised in Rancho Cordova where he now raises his family. Danzl was first elected to the District's Board of Directors in 2010 and was re-elected in 2014 and 2018.

"Brian Danzl has been an outstanding advocate for parks and recreation services throughout the Sacramento region," expressed District General Manager Patrick Larkin. "He continues to represent the voice of the community as the District grows."

Danzl is also an active member of CARPD, an organization dedicated to improving the quality of recreation and park districts throughout California. As a CARPD Board Secretary, Danzl will serve as an Executive Officer on the governing body responsible for all policy decisions related to support, education, member services and legislative advocacy for recreation and park districts in California. CARPD Board Members play a key role in overseeing the direction of the organization by identifying emerging trends in parks and recreation and working to provide resources to help better the communities of tens of millions of Californians.

"Danzl will bring a key voice from the growing Rancho Cordova community", shared CARPD Executive Director Matthew Duarte. "We are grateful for his leadership and his continued commitment to our organization."

To learn more about the District's Board of Directors, visit <https://crpd.com/board-of-directors/>. ★

Sac County EMS Leader Named Director of the Year



Dr. Hernando Garzon

**By Samantha Mott,
Sacramento County News**

SACRAMENTO COUNTY, CA (MPG) - Brave, dedicated, willing and reliable - these words describe the 80,000 licensed or certified Emergency Medical Services (EMS) providers in California. They demonstrate these qualities every day by coming to the aid of others when they are most in need and working to ensure that the EMS system operates well. However, each year, due to circumstance or extraordinary effort, certain individuals among us shine.

Sacramento County EMS Director, Dr. Hernando Garzon was named as the 2020 EMS Medical Director of the Year for his heroic acts and extraordinary contributions to EMS by the California Emergency Medical Services Authority (EMSA) earlier this month.

The EMSA seeks to recognize those individuals through the California Emergency Medical Services Awards Program. The awards program honors special accomplishments, meritorious and heroic acts, innovations or fresh ideas to improve EMS in the state, or other unique and/or significant contributions by EMS personnel, physicians, nurses, EMTs, other medical providers, local officials, members of the law enforcement community, citizens, and first responders.

Dr. Garzon was selected for his tireless efforts and selfless leadership during the COVID-19 response. Through a long career in disaster response, Dr. Garzon learned how to

organize a systematic approach and efficiently mitigate a large-scale incident.

During the pandemic, Dr. Garzon assisted the state by building models and predictive theories, enabling local and state-wide leaders to be better prepared to respond to the approaching "storm" of patients. He continued leading one of the largest EMS systems in the state, guiding the development of an "Emerging Infectious Disease" policy that provided direction and clarity to the greater EMS community about a sensible approach to preventing transmission of the COVID-19 virus, mitigating the spread of the disease among the workforce, and safe return to work guidelines.

"I most enjoy working on EMS system-wide and quality improvement issues, because I see that as the key to ensuring the highest quality prehospital care for all people in Sacramento County," said Dr. Garzon. "I also still enjoy Emergency

Department shifts and caring for patients."

When asked what a typical work day might look like for him, Dr. Garzon said "between clinical work, EMS work, and COVID-19 work with EMSA/CDPH in the last year, I don't really have a 'typical' work day. Of late, they have generally started with multiple conference calls, and a mix of Sacramento and State EMS work, as well as CDPH work for COVID-19. Several times a month I also get to throw in late afternoon Emergency Department shifts to round it out."

Dr. Garzon's Notable COVID-19 Projects: **Assisted EMSA** with the State EMS COVID guidelines and response; **Developed a template** for local EMS tiered response during COVID surge; **Developed a Hospital COVID-19 Burden Score** to rank hospital strain with COVID-19; **Lead the effort to write state pandemic crisis care guidelines**, Assisting

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Water Saving Can Be Beautiful

When You Garden Like Nature Intended



Refreshed by winter rains, plants native to our Sacramento Valley and Sierra foothills look their best in early spring. That's how nature intended; the better to attract bees. Image by bluebuggie from Pixabay

By Debbie Arrington,
BeWaterSmart.info

SACRAMENTO, CA (MPG) - Spring is the time to fall in love – with California native plants. From golden poppies to vibrant redbuds, they bloom in a rainbow of brilliant hues, brightening nearby hillsides as well as suburban landscapes. And these easy-care plants put on this eye-catching show even during dry years. “Everything looks fantastic!” says landscape designer Soleil Tranquilli, owner of Tranquilli Gardens and a water-wise specialist. “This is the best time of year to see native gardens in Sacramento.”

Refreshed by winter rains, plants native to our Sacramento Valley and Sierra foothills look their best in early spring. That's how nature intended; the better to attract bees. Their flowers provide needed nectar and pollen to dozens of native bee species.

Once established, these cast-iron perennials and shrubs can tolerate the driest conditions. Even in years with normal rainfall, they save water compared to traditional lawn-based landscaping because they naturally need less moisture year-round to look their best. That adaptability is a huge asset.

“Native plants and low water-use plants will be more climate change resilient in the future as well,” Tranquilli says. “When you plant natives, you use way less water,” Tranquilli adds. “You also spend way less time managing your garden. They are less expensive, too; there's no need for chemical fertilizers and pesticides. It makes it better for

us when we make it better for nature.”

Need another reason? Rebates from your water provider may be available for lawn removal and landscape makeovers. Learn more at <https://bewatersmart.info/rebates-services/>.

You can view local examples at the Fair Oaks Horticulture in Fair Oaks Park or by visiting the WEL (Water-Efficient Landscape) Demonstration Garden created by the UC Cooperative Extension Master Gardeners of Sacramento County. The garden is open free daily, dawn to dusk. Details: http://sacmg.ucanr.edu/Fair_Oaks_Horticulture_Center/Water_Efficient_Landscape_Garden/

Online, find extensive galleries of local landscapes featured on Gardens Gone Native garden tours. Hosted by the Sacramento Valley chapter of the California Native Plant Society, these tours showcase gardens using at least 25 percent natives. Visit: <https://www.sacvalleycnps.org/photo-gallery>.

Here are Soleil Tranquilli's top five best native shrubs or perennials to grow in Sacramento region - **Bush anemone** (*Carpenteria Californica*): Evergreen shrub with showy white flowers. Golden currant (*Ribes aureum*): Can take Sacramento's summer heat with practically no summer water. **Hummingbird sage** (*Salvia Spathacea*): Produces lots of fragrant pink and lilac flowers in dry shade. **Coffeeferry** (*Frangula Californica*): Makes a great hedge or divider that bees can't resist. **Cleveland Sage** (*Salvia Clevelandii*): Gray-green aromatic foliage contrasts with whorls of blue flowers. ★

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Delivering On and Off Field

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and coaching career at boys and girls clubs, coaching football at Bret Harte Middle School and basketball at John Muir Middle School.

After being hired as a counselor at Cordova High, it was a no brainer that he then followed his love for coaching and the ability to connect with the young men on and off the field. "As a counselor and coach, I can be that positive male role model and influence these young men using the game that has given me so much opportunity and skill. This new generation of Big Red football is about creating winners in life and on the field. Great young people, great students, great players, and great contributors to society. Hopefully, the impact of being on this team will allow them to pay it forward in the future for the ones who come after them." Said Coach Willis.

Coach Willis is very optimistic as he heads into what will be his first full scheduled season as head varsity coach. He has a core crop of talented kids that are eager and willing to do what it takes to help him and his coaching crew have a successful year. He has two talented senior quarterbacks, Jalen Thomas and Jayden Washington, two gifted running backs,



Senior Lancer Dylan Gray is one of the best wide receiver/free safeties playing at Cordova High School.

senior Dominic Stevens and junior Kevin Lewis, a tough powerful senior tight end/middle line



Cordova Lancer Jayden Washington is one of two talented senior quarterbacks. The other quarterback is Jalen Thomas (not in image).

backer, Tristin Hall, a solid senior center/defensive tackle, Michael Karaer, a gifted senior wide receiver/cornerback, Marco Medina Haro, a strong senior defensive end/tight end, Daniel Simonyan and senior Dylan Gray, one of the best wide receiver/free safeties I've seen in years.

On Saturday, August 7, Cordova High will host a Black vs. Red scrimmage and a Meet the Lancers Barbeque. The official 2021-22 football schedule gets under way on Friday, August 20, as the Lancers travel to Rosemont High and go up against their cross-town rival Wolverines. ★

Get Ready for the Unexpected with a Disaster Go Bag

By Adrian M. Barnes, *Jehova's Witnesses News*

SACRAMENTO REGION, CA (MPG) - Don't think you need an emergency kit? Think again, say families who needed one.

Flashlights, bottles of water, a first aid kit, and ready-to-eat meal packs line the Royal family's dining room table. The family isn't going camping—they're preparing for disaster by putting together a "go bag."

Preparing in advance with a disaster-ready kit has helped families nationwide through extreme and abnormal weather events, which experts warn are on the rise.

Having lived in California all their lives, Sacramento residents Warren and Laurie Royal know the possibility of disaster. The Royals have even seen the Sacramento Valley impacted by disasters outside of fire season. "We have had our share of surprises. In the past, floods have devastated parts of the Sacramento Valley," said Warren. "Preparing a go bag can be somewhat daunting. Our family has found the resources regarding disaster preparedness on the website jw.org especially helpful. Practical, common sense suggestions are available to make preparation and execution of a disaster plan much easier."



The Royal household prepares to face the unexpected with their go bags. Photo: Jehova's Witnesses News Communications

"Having a personal preparedness plan increases your chances of staying safe," according to a training program from the Columbia University's National Center for Disaster Preparedness.

Jolted awake by a neighbor's urgent knocking, Aaron and Jacqueline Pate were horrified to see the encroaching flames of the fast-moving Woolsey fire that had been miles away when they went to bed. It burned to within 100 feet of their Westlake Village home in 2018 as part of California's deadliest wildfire season on record.

"Because we had go bags, we weren't running around trying to pack things at the last minute," said Jacqueline. "We had the time we needed to comfort our kids and get everyone safely into the car."

The Pates credited the

disaster-preparedness help they received as Jehovah's Witnesses, both through periodic reminders at their congregation meetings and from tips for putting together go bags on the organization's website, www.jw.org.

"Life is precious, so we encourage all to heed the Bible's advice to take practical steps to protect ourselves from danger," said Robert Hendriks III, spokesman for Jehovah's Witnesses in the United States.

Go bags also have proven useful in the opposite circumstances as "stay bags."

Disaster-preparedness suggestions and tips for putting together a go bag are available from FEMA at ready.gov and from Jehovah's Witnesses at <https://www.jw.org/en/library/magazines/awake-no5-2017-october/disaster-steps-that-can-save-lives/>. ★

Sac County EMS Leader

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with development of the Alternate Care Site (ACSS) operations guidelines; Facilitated patient inter-facility transfers to off-load over-burdened hospitals during COVID-19 patient surges; Developing a simple growth model to project ICU availability

that was used to determine when the State entered and exited the Stay-At-Home-Order.

Sacramento County Department of Health Services has tremendous gratitude and thanks Dr. Garzon for all his important work. Please join us in congratulating him on this achievement. ★

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Safe Swimming Pool Tips for Families



Drowning is the leading injury-related cause of death for children ages 1-4, and many of those deaths occurred in backyard pools or spas. Photo courtesy Victoria Borodina Pixabay

By Samantha Mott, Sacramento County News

SACRAMENTO COUNTY, CA (MPG) - Summertime is swimming time. As families enjoy gatherings and newly-opened swimming pools, Sacramento County Public Health reminds parents and caregivers to practice water safety tips in and around pools. Even inflatable pools can be dangerous for children.

In Sacramento County, 70 percent of drowning deaths occurred in children under the age of five, according to the Safe Kids Program of Greater Sacramento. Drowning is the leading injury-related cause of death for children ages 1-4, and many

of those deaths occurred in backyard pools or spas.

Here are a few tips to keep children safe while swimming in pools:

Watch your children at all times or designate an official Water Watcher who can swim to monitor children in or around the pool. This should be an adult who is 18 years old or older. Their ONLY job is to supervise children in the water – they should not be reading, texting or playing games on their phone; **Teach children** to stay away from drains in pools and spas; Ensure all pools and spas - both in a backyard and any public pool you may visit - have drain covers; **Keep a phone nearby** for use in

an emergency; Enroll your children in swimming and water safety lessons; **Learn infant and adult CPR; If a child is missing**, check the pool/spa first; Own a pool? Install **proper child-proof barriers**, covers and alarms on and around your pool and spa; **Cover pools** and spas when not in use; **Remove ladders** for above ground pools when not in use.

To download multi-lingual water safety posters and other useful materials, visit the Safe Kids Greater Sacramento website.

For more safety tips or to download a pool safety app, visit the U.S. Consumer Product Safety Commission's Pool Safety program website. ★

And Another Thing

Aerojet was an American Rocket and Missile Propulsion Manufacturer



By Bob McGarvey

The evening is quiet, and we were looking at the beautiful view of the snow on the Sierra Mountains. Then suddenly, we could hear the thunder and feel the vibrations of the huge rockets which were tested at Aerojet General. Aerojet was an American rocket and missile propulsion manufacturer based primarily in Rancho Cordova, California. There were divisions of that company in Redmond, Washington, Orange and Gainesville in Virginia, and Camden, Arkansas. There were many people who were living in Rancho Cordova who worked at Aerojet, and they also heard and felt the rockets being tested there.

Another company was on Douglas Road, and also built and tested huge rockets in Rancho Cordova. And that was McDonald Douglas. They built second stage rocket of the Apollo program, and there were times in which Rancho Cordova residents could hear and feel their rockets being tested too. Aerojet's large and small

rockets were part of our successes of going to the moon, landing on it, and then coming back to the earth. That part our country's space history is Rancho Cordova's history too. I remember the excitement which was part of the past, and looking at the new space programs of today.

Today, the Virgin Galactic Spaceship took off from the runway. Then the rocket blasts Richard Branson and his crew from the mother-ship and go 50 miles into space. Then the Virgin Galactic spaceship comes back and lands very safely on the runway. That was as safe beginning of a space program of today. There are more private programs which will go further into space, and I am very glad that there is such excitement again today in the space programs. Personally I will keep watching the new programs, but I definitely do not have \$250,000.00 which is the cost of a ticket on the Virgin Galactic spaceship.

NASA said, "NASA's future will continue to be a story of human exploration, technology, and science. Unlike the way the space program started, NASA will not be racing a competitor, Rather, we will build

upon the community of industrial, international, and academic partnerships forged for the space program."

With Aerojet no longer in Rancho Cordova to build or test rockets, we will continue to make sure that they are cleaning the property and the underground aquifers which affects the water wells in Rancho Cordova. There are still about 300 employees at Aerojet in Rancho Cordova, and they are very skilled and pay attention to their jobs. I don't know exactly how they have been affected by the COVID19, but I am sure they are looking forward to everything getting back to what is normal.

Again the evening is quiet, and we are going to look at the Sierra mountains again. Like everyone else we are hoping that this coming fall and winter will bring the rain and snow which is so desperately needed. The drought which we are in again, and the heat which is so harmful to people, plants, roads, etc is being watched by the experts. Let us all hope we don't have more wild fires this year.

From Bob McGarvey, God bless, and we'll see you next time. ★

How to End California's Homelessness Crisis

Commentary by Kerry Jackson and Wayne Winegarden

Homelessness is a growing problem in virtually every state. Nowhere is it more pressing than in California, which in the past three years spent more than \$13 billion, roughly \$30,000 annually for each homeless person, to address it. Tragically, its "housing first" approach is a colossal failure. Overall, says the state auditor's office, California's homelessness programs are disjointed and poorly managed.

Despite little progress, policymakers keep throwing more money at the problem. Rather than adopting California's current government-centric approach, other states should learn from its mistakes by embracing reforms that directly tackle the core issues.

Many homeless suffer from mental illness and substance abuse struggles that require creating a pathway to recovery. Unfortunately, the legal precedent of *Martin v. City of Boise* is creating a "right to live on the streets," Policy changes such as California's voter-approved Proposition 47 have effectively discouraged the enforcement of shoplifting items up to \$950, creating a means for the addicted or mentally ill homeless to support their habits.

Instead of enabling homelessness, states should ensure appropriate punishment for those who violate the law. However, interactions with law enforcement should be viewed as opportunities to connect homeless individuals with the help and resources they need.

One innovative approach is homeless courts that "sentence" offenders to treatment, then expunging their records once successfully completed, as proposed in the California's Compassionate Intervention Act. At the same time, the developing "right to sleep on the street" needs to be challenged through legal channels.

To complement these efforts, states should partner with private nonprofits



California, which in the past three years spent more than \$13 billion, roughly \$30,000 annually for each homeless person, to address it. Tragically, its "housing first" approach is a colossal failure. MPG file photo

that have successfully helped many transition off the streets. Even President Barack Obama has acknowledged that "the private and philanthropic sectors are responsible for some of the best thinking, innovation, and evidence-based approaches to ending homelessness."

Shelters to Shelters represents exactly what he was talking about. The Vienna, Virginia, nonprofit emphasizes job placement and housing based on the mantra that "the solution truly needs to be about both." Another strategy initiates contact with the homeless by providing necessities, including bag storage, transportation, Internet access, and a sitting room. While offering these services, the Crossroads Welcome Center in Tennessee determines each client's needs and tries to direct them to institutions for further care.

Given the severity of today's crisis, the homeless need to be relocated with an urgency. San Diego's use of large tents that serve as transitional housing for about 700 a night and cost roughly \$11.3 million shows how this can be done.

California's infamous unaffordability problems are also a causal driver of homelessness. Policymakers nationwide should implement regulatory reforms that lessen excessive living costs to alleviate the economic pressures driving too many people into the streets.

The California Environmental Quality Act, the biggest barrier to homebuilding, increases costs, and

causes extended construction delays. It, as well as similar laws elsewhere, is overdue for reform.

States should pursue zoning regulatory reform to simplify multi-layered restrictions, speed up the building-permit process, and ease restrictions on building duplexes, triplexes, and granny flats in order to expand the stock of affordable housing. Eliminating rent control would also meaningfully expand the supply of housing and reduce costs, particularly in cities where housing is the most expensive.

Sustainably addressing the homelessness crisis in California and every state is a moral imperative and an economic necessity. Current conditions are the unintended consequence of policies implemented by state and local governments. Though the situation is dire in California, the good news is states can make a meaningful difference if they reject the Golden State's ill-advised policies. Adopting the right policies should be at the top of every state's legislative to-do list.

Kerry Jackson is a fellow with the Center for California Reform at the Pacific Research Institute. Wayne Winegarden, Ph.D. is a Sr. Fellow in Business and Economics at the Pacific Research Institute. They are the authors, with Joseph Tartakovsky and Christopher Rufo, of "No Way Home: The Crisis of Homelessness and How to Fix It with Intelligence and Humanity" (Encounter Books, 2021). ★



Joy And Happiness

He lost his wife. Then he lost his brother and sister-in-law. Did he give up? No way. This engineer who taught people to fly has taken on the task of helping people to fly on their own spiritually. He wants people to have the same wonder and joy from life that he has every morning...even at his age of 87. David Peters says you can have it too and shares his story in "The Twelve Steps to Joy and Happiness."

1. Admit we are powerless over our ego - that our lives are unmanageable and filled with unease and restlessness.

Eventually most people realize that life is not satisfying just obtaining more things. Something seems to be missing, and we find ourselves searching.

2. Come to believe that a power greater than our ego could restore us to sanity.

After struggling to find joy and happiness, many begin to realize a power beyond their own may be the only solution to finding joy and happiness.

3. Made a decision to turn our will and lives over to the care of God.

Almost in despair, we turn to this source outside of ourselves to find a solution to fear and dissatisfaction.

4. Make a fearless examination of what is preventing us from surrendering our life to the care of god as you understand God.

What is causing the unhappiness and what can I change to find joy?

5. Admit to God, to ourselves, and to another person, the nature of our fears, resentments, worries, anxieties and grievances.

Admit to God and to another human the

exact nature of what we are doing to ourselves to cause failure.

6. Ask god to remove the barriers to a full and rich life.

Once we recognize the exact nature of our fears, we ask God to simply remove them.

7. Acknowledge both the light and dark elements of our nature.

Accept our internal weakness, our shadow, our human frailties as well as the goodness of life we have.

8. Take responsibility for our choices.

Our human frailties and shadows cause us to do the things we don't want to do. If you have injured someone, ask for forgiveness.

9. Commit to a life of healing and transformation.

Once we understand our weaknesses we can recognize them as they arise and move beyond them to live the truth of our inner being.

10. Continue To Examine Our Life And Pursue A Spiritual Solution.

You may find yourself reverting to inner shadows, but surrendering to God, the spiritual solution will ease our path.

11. Use prayer and meditation to increase contact with God.

Daily prayer and meditation are necessary.

12. Commit to continued exploration of the sacred dimensions of our life.

A wise person said to really learn a subject, teach it. So it is with finding joy and happiness. Only by sharing your story can you see the value of doing the daily effort to maintain the connection.

Learn more about David at www.DavidLendonPeters.com. Bring more joy and happiness to your life too! ★



SASD Addresses Increase in Cockroaches

Sacramento Area Sewer District

SACRAMENTO REGION, CA (MPG) - The Sacramento region has seen an increase of cockroaches this season and because these pests like dark, damp places, Sacramento Area Sewer District (SASD) is taking measures to address cockroaches in the sewer system.

The Sacramento Area Sewer District (SASD owns and operates 4,600 miles of sewer pipelines, including 67,000 sewer manholes. Many dark and damp environments, including landscaping, storm drains, crawl spaces, and sewer systems, can attract cockroaches. Over the years, SASD has used several cockroach control methods to address customer concerns and discourage cockroaches from inhabiting the sewer system.

What is SASD doing to control cockroaches?

When a customer calls (916-875-6730) with a concern about cockroaches in the sewer system, SASD investigates within 2 hours. If the investigation confirms cockroach activity, SASD uses a number of proactive and reactive measures including:

Fogging and Baiting: SASD works with qualified pest control specialists to perform a pest control treatment where an insecticide fog is released that instantly kills roaches in the manhole, and bait is left behind to kill other roaches. After the treatment, we monitor for the effectiveness and re-treat when necessary; **Manhole Painting Pilot Project:** Recently, SASD implemented a new proactive pest control method called "manhole painting" that has the potential to be a more effective long-term cockroach control solution; **Preventative Maintenance Program:** In locations where SASD's sewer pipes have a repeat history of cockroach activity, SASD performs ongoing inspections and cleanings to further address the issue.

What is "manhole painting"?

Manhole painting is a pest control treatment process where latex paint that contains an insecticide is applied to the inside walls of a manhole. The goal is to provide a longer-lasting insecticide to

eliminate cockroaches over time. As part of a pilot project, 1,100 manholes were painted throughout SASD's service area, with the goal of fewer roaches in the sewer system and fewer customer concerns. Once manholes are painted, SASD will conduct ongoing inspections to determine how effective this new method is. The pilot continued through December 2020 and SASD will implement this approach on a broader scale across SASD's service area.

Are these cockroach control methods safe?

Yes. SASD's mission is to protect public health and the environment. As part of that commitment, SASD has worked with the Sacramento Regional County Sanitation District and others to ensure all eradication methods meet local, state, and federal requirements for the protection of public health.

What if I see cockroaches after SASD has already come out?

If fogging and baiting was performed: Please allow 7-10 days from the date this was completed before calling to report cockroaches. While this method is highly effective, it may take several days to work completely; If the manhole was painted: Please allow three weeks from the date SASD came out to perform the inspection. As the goal is to provide a longer-lasting insecticide that kills cockroaches as they continue to enter the area, allow time for the treatment to affect as many cockroaches as possible. At the three-week mark, SASD will come back out to re-inspect the manhole and determine the appropriate next steps; SASD does not address cockroach issues on private property. If you see cockroaches on your property or in your home, please consider performing pest control treatment or contacting a pest management company, just as you might do for any other property-invading pest like ants, wasps, termites, or ticks.

For more information, check out these additional FAQs from SASD or visit the organization's website at <https://www.sac-sewer.com/>. ★

Medication Users Need to Know Summer Heat Risks

By Samantha Mott, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - As the weather heats back up it's important for everyone to have a plan for staying cool and hydrated. It is especially important for those who may be extra susceptible to heat and dehydration due to certain medications.

Some medications can impair the body's ability to regulate temperature. During hot and humid weather, individuals taking medications can be at increased risk of developing excessive body temperature, or hyperthermia.

"Individuals taking certain medications, including

those used to treat mental illness, need to take extra precautions to ensure they have a plan for staying cool and hydrated," says Dr. Ryan Quist, Sacramento County Behavioral Health Director.

Those with chronic medical conditions are especially vulnerable, e.g. heart and pulmonary disease, diabetes and alcoholism, etc. Heat exhaustion is the most common heat-related condition, which is most likely to occur in people who are involved in physical activity outdoors during heat waves.

Keep as cool and hydrated as possible: drink plenty of water, avoid spending time outside, especially during

the hottest part of the day, and limit outside activities as much as possible. Cooling down a few hours a day will allow the body to recover and tolerate the heat better for the rest of the day.

"It is important for individuals to continue taking their medications as prescribed," says Quist. "Those with questions or concerns regarding medications and heat should contact their prescribing clinician."

Don't get caught unprepared as temperatures keep reaching into the triple digits. Have a plan to stay cool, stay hydrated and be aware of the signs and symptoms of heat-related illness. ★

Sacramento Public Library is Fine Free

Sacramento Public Library News Release

SACRAMENTO, CA (MPG) - As of July 1, Sacramento Public Library (SPL) will be fine free. The library board voted unanimously to permanently end fines on overdue Sacramento Public Library materials last month.

"This is long overdue for the Sacramento region and a game changer for the communities we serve,"

said Library Director & CEO Rivkah Sass. "By eliminating overdue fines, we're able to remove barriers to learning resources and opportunities that are especially critical in these times and that go far beyond books.

Last year, the library temporarily suspended overdue fines to increase library access during the pandemic. Such fines can deter users from checking out materials, and prevent

access to vital library services. A Sacramento Public Library card unlocks the paywall in front of more than 40 online resources, language learning tools and thousands of professional classes and tutorials with Gale Courses and LinkedIn Learning.

Library patrons who have overdue books can return them at any library location without incurring late charges. Learn more at www.saclibrary.org. ★

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The Impending Crisis: The Censored Truth



Commentary by Harold Pease, Ph.D.

A strange eerie silence stalks the land somewhat similar to that after Abraham Lincoln was elected president. The nation had already divided choosing sides. Everyone knew that electing Lincoln would be too much for the South and an impending crisis would break any time. It was on everyone's mind just below the surface and no one wanted to admit that it existed, but it did.

Senator John J. Crittenden had two sons each a general on each side of the Mason Dixon Line who stood on opposite sides. They would be fighting each other. In Congress he offered the Crittenden Compromise dividing the nation on that line and extending it west with slavery permitted south and prohibited north. No one cared.

Northern newspapers censored the southern view and the South the northern view. Only in the middle states, where a military conflict was most likely to occur, could the people get some semblance of both sides. The nation held its breath but still Fort Sumter came and thereafter 620,000 soldiers lost their lives.

Today, 161 years later, the major difference is that there exists no geographical line. Its rural vs. urban, neighbor vs. neighbor and family members vs. family members. Now the division line is socialism vs. freedom, globalism vs. patriotism. The censorship of the patriot side by the globalist controlled media is almost total – still everyone feels it. One side hates our flag, our anthem, our Constitution, our history, our national heroes, our police and seemingly our country itself, anxious to destroy it all. They also call everyone but themselves racist but are themselves the first to use race to define

and divide others.

How do we defuse our impending crisis so that we too do not reach a point of no return as they? Truth Hammer of We the Media has the only real answer. In an email addressed to "Any honest people left...on the political left," he asks.

"As you know we are severely divided.... To avoid actual war we MUST have free and fair elections... and 1/2 of America really does believe the other half is now rigging elections. **Take a moment to allow this to sink in.**

"We really do believe YOUR chosen leaders coluded with the mainstream media Big Tech Censorship and rigged the election.

"If you really understand this, you'll be feeling some chills about now. How do you want to resolve this "powder keg" moment in American (and world) history?

"Will future generations look back with gladness that we found a civil way to work together? Or will this generation end up as a cautionary tale of how not to let political division progress to the point of no return?"

"YOU have the power to play a role in the solution. If you are confident the election was not rigged, then you should be EAGER to prove that, no matter how many audits are needed because audits are cheap compared to the actual conflict that might emerge. If half the country comes to believe it has been backed into a corner by the other side with no way out.

"FACT. We've seen case after case dismissed by controversial decisions of technicalities or courts that straight up refused to take a case. Not one swing state case has been cited on the merits.

"You have weaponized our records against us and are blocking every effort to open up the election and even look on how it went down.

"Look forward, where do you think your present course of action leads? HINT the answer is right in the Marxist playbook, your leaders often quote from (We the Media, Ep. 2467b - Soon They Won't Be Able To Walk Down The Street, Election Fraud Panic Intensifies, X22 Report,

May 2, 2021).

But unfortunately the globalists oppose the ongoing Arizona audit and any other examination of the election of 2020 with passion and their media networks censor any info regarding such. Why? An old adage comes to mind, "Thou protests too much." Only those who know they cheated and that the outcome would show such, would protest with such vehemence.

If you know that you won honestly the normal response would be. "Please do it. Here are all our records. Examine our voting machines. Take all the time you need." "Let this issue be resolved forever." The Left have everything to gain by the audits. If vindicated their accusers would look like fools. Their media would have a field day with election fodder for years.

This is why you don't support audits. Over a thousand witnesses with sworn affidavits, under penalty of perjury, testifying they witnessed you cheat.

In August the Arizona audit will be released showing you cheated. Arizona will rescind its previous vote for Joe Biden. Other swing states will follow with audits of their own showing the same with their rescinding also. You will have to give the election back to its rightful winner. The vast majority of Americans will support this action not only because they respect free and fair elections and law and order but because they love our flag, our anthem, our Constitution, our history, our national heroes, and our police.

This is the only way to prevent a new civil war. Let us support the audit together. You can't censor away the eerie feeling of an impending crisis without it.

Dr. Harold Pease is an expert on the United States Constitution and a syndicated columnist. He has dedicated his career to studying the writings of the Founding Fathers and applying that knowledge to current events. He taught history and political science from this perspective for over 30 years. Newspapers have permission to publish this column. To read more of his weekly articles, please visit www.LibertyUnderFire.org. ★

California has a Segregation Problem



By Dan Walters CALMatters

Deeply blue California's top political figures, from the governor downward, portray the state as a model of multi-cultural integration.

In fact, however, as a new study from UC-Berkeley's Othering & Belonging Institute reveals, most California metropolitan areas have high levels of racial segregation in housing and it has become more pronounced over the last two decades. Oddly, too, California's segregation tends to be highest in areas most likely to lean to the left politically.

The Los Angeles-Long Beach-Santa Ana metropolitan area, the study found, is the nation's sixth most segregated region of 200,000 residents or more. Other California areas with high levels of segregation include San Francisco-Oakland (25th), San Diego (38th), San Jose (45th) and Sacramento (82nd).

Of the 11 California regions on the report's "high segregation" list, only two, Bakersfield (37th) and Fresno (72nd), hew to the right politically. The San Luis Obispo-Paso Robles area, which also is somewhat conservative politically, is one of only two regions in the nation deemed to be highly integrated, the other being Colorado Springs, which is a Republican bastion.

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Okay, so California is not the exemplar of integration it often pretends to be. But isn't the state trying to make its housing patterns more inclusive?

Officially, yes. State housing guidelines and recent legislation seek more integration of multi-family housing into what have been exclusively single-family neighborhoods as determined by local zoning laws. A mixture of housing types, it's argued, would create more neighborhood diversity.

Those efforts, however, have faced stiff opposition in suburban communities where single-family homes predominate, with the fiercest resistance in suburbs dominated by Democratic voters, such as Marin County.

The outcome of California's housing war remains in doubt. However, as California pursues – at least on paper – more integration in housing, it seems to be encouraging more segregation in political representation through a concept called "community of interest" or COI.

When California's Citizens Redistricting Commission, created by a statewide ballot measure, first tackled the redrawing of legislative and congressional districts in 2011, it assumed that one of its jobs was to identify COIs and make them a dominant factor in redistricting.

The commission is just beginning to do its work again, using still-to-be-released data from the 2020 census, and is putting even

more emphasis on COIs, although how to define them remains uncertain.

The current commission is staging "COI input meetings" around the state and seeking participation but admits in its latest invitation that "there are no clear rules on how to define a community of interest."

It's assumed that under federal law, redistricting plans must not inhibit the ability of ethnic and racial groups to elect representatives. To insulate the new maps from legal challenge, the commission will use data on concentrations of potential voters (over the age of 18 and citizens) to create "majority-minority" districts that, in effect, preordain the election of legislators and congressional members from the designated communities.

Although California's overall population has seen only scant growth over the last decade, whites have continued to decline proportionately while Latino and Asian populations have increased. Thus, as the state's leading redistricting expert, Paul Mitchell, has written, "it's more likely than ever that the data will tell (the commission) there are more majority-minority districts that need to be drawn than ever in light of heightened segregation within our cities and counties."

So on one hand, California officialdom says it wants to lessen segregation in housing, but on the other hand it wants to reinforce racial and ethnic segregation in legislative and congressional districts. That's California in a nutshell.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★



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Subscriptions should be mailed to *Grapevine Independent*, 7144 Fair Oaks Blvd., Suite #5, Carmichael, CA 95608. Subscription rate is \$32 per year within Rancho Cordova. The *Grapevine Independent* is published weekly. Call 916-773-1111 for more information.

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FBNF2021-05601 Guillermo Vega Flores, 216 A Street, Apt. C, Galt, CA 95632 is doing business under the Fictitious Business Name(s) "GLD Transport" 216 A Street, Apt. C, Galt, CA 95632. Filed with the Clerk of Sacramento County May 27, 2021
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FBNF2021-05658 Floridiza Navarro, 2317 Pecan Grove Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Apple Ranch Home" 2317 Pecan Grove Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 11, 2021
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FBNF2021-05656 Plus Nwaukoni & Benedicta Nwaukoni, 5209 Gavin Walk, Sacramento, CA 95835 are doing business under the Fictitious Business Name(s) "PB Health Care" 5209 Gavin Walk, Sacramento, CA 95835. Filed with the Clerk of Sacramento County June 14, 2021
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FBNF2021-05642 Il Fornaio (America) LLC, 770 Tamalpais Drive, Suite 208, Corte Madera, CA 94925 is doing business under the Fictitious Business Name(s) "Il Fornaio" 400 Capitol Mall, Sacramento, CA 95814. Filed with the Clerk of Sacramento County May 26, 2021
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FBNF2021-04114 Manuel Paez Gonzalez, 3108 Academy Way, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "AZ Tech Road Service" 3108 Academy Way, Sacramento, CA 95815. Filed with the Clerk of Sacramento County April 29, 2021
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FBNF2021-05815 Jot Enterprises LLC, 7225 Murieta Drive Rancho Murieta CA 95833 is doing business under the Fictitious Business Name(s) "Murieta Station, Subway Sandwich" 7225 Murieta Drive Rancho Murieta CA 95833. Filed with the Clerk of Sacramento County June 17, 2021
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FBNF2021-05866 Jesselle M. Legaspi, 9995 Autumn Sage Way Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Plantastic Plush" 9995 Autumn Sage Way Elk Grove, CA 95757. Filed with the Clerk of Sacramento County June 18, 2021
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FBNF2021-05862 The Grid Laundry, 5567 Arnest Way, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "The Grid Laundry, Grid Laundry" 930 T Street, Sacramento, CA 95811. Filed with the Clerk of Sacramento County June 18, 2021
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FBNF2021-05860 AVD Builders, 7610 Park Drive, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "AVD Construction" 7610 Park Drive, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 18, 2021
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F.T. 180201 7-23-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05973 Carlos Jimenez, 3301 North Park Drive, Unit 2312, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "House of Jimenez Films" 3301 North Park Drive, Unit 2312, Sacramento, CA 95835. Filed with the Clerk of Sacramento County June 22, 2021
Publish: July 2, 9, 16 & 23, 2021
HOUSE 180201 7-23-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05956 Celia R. Coughlin-Sunridge, 3011 Sybil Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Celia Rose Creative Consulting" 3011 Sybil Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 22, 2021
Publish: July 2, 9, 16 & 23, 2021
CELIA 180201 7-23-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05674 Davis Chung, 8421 Tragus Way, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Davis Handyman" 8421 Tragus Way, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County June 15, 2021
Publish: July 2, 9, 16 & 23, 2021
DAVIS 180201 7-23-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06041 CC101, Inc., 6435 Florin Perkins Road, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Kolas 103" 6435 Florin Perkins Road, Sacramento, CA 95828. Filed with the Clerk of Sacramento County June 24, 2021
Publish: July 2, 9, 16 & 23, 2021
KOLAS103 18020 7-23-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06045 Sharp Source, 6666 Fruitridge Road, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Kolas 106, THC" 6666 Fruitridge Road, Sacramento, CA 95820. Filed with the Clerk of Sacramento County June 24, 2021
Publish: July 2, 9, 16 & 23, 2021
KOLAS106 180201 7-23-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06044 Doc's, Inc., 1704 Main Avenue, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Kolas 105, Doctors Orders" 1704 Main Avenue, Sacramento, CA 95838. Filed with the Clerk of Sacramento County June 24, 2021
Publish: July 2, 9, 16 & 23, 2021
DOCTORS 180201 7-23-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06042 C9 Alliance, Inc., 5711 Florin Perkins Road, Suite A, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Kolas 104, Cloud 9" 5711 Florin Perkins Road, Suite A, Sacramento, CA 95828. Filed with the Clerk of Sacramento County June 24, 2021
Publish: July 2, 9, 16 & 23, 2021
CLOUD 180201 7-23-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06040 Perchta, Inc., 8848 Fruitridge Road, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Kolas 102, House of Organics" 8848 Fruitridge Road, Sacramento, CA 95826. Filed with the Clerk of Sacramento County June 24, 2021
Publish: July 2, 9, 16 & 23, 2021
HOUSE 180201 7-23-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06039 Alternative Medical Center, Inc., 1220 Blumenfeld Drive, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Kolas 101, AMC" 1220 Blumenfeld Drive, Sacramento, CA 95815. Filed with the Clerk of Sacramento County June 24, 2021
Publish: July 2, 9, 16 & 23, 2021
AMC 180201 7-23-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06065 CleanHouse Company LLC, 5150 Sunrise Boulevard, No F-5, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Valley Cleaning Service LLC" 5150 Sunrise Boulevard, No F-5, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 25, 2021
Publish: July 2, 9, 16 & 23, 2021
CLEAN 180201 7-23-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05649 Shantae A. Coffey, 6219 Riverside Boulevard, #9, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Coffey Staffing Solutions" 6219 Riverside Boulevard, #9, Sacramento, CA 95831. Filed with the Clerk of Sacramento County June 14, 2021
Publish: July 2, 9, 16 & 23, 2021
COFFEY 180201 7-23-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05839 Bitches & Trees, 5960 S Land Park Drive, #677, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Bitches & Trees" 5960 S Land Park Drive, #677, Sacramento, CA 95822. Filed with the Clerk of Sacramento County June 17, 2021
Publish: July 2, 9, 16 & 23, 2021
TREES 180201 7-23-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05669 Dorothy Katherine Williamson, 1500 La Sierra Drive, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "O'Mally's" 1109 Second Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County June 15, 2021
Publish: July 2, 9, 16 & 23, 2021
OMALLY 180201 7-23-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05348 Kimberly L George, 5015 Madison Avenue, Apt. A7, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Ephesians Tutoring, Corinthians Tutoring" 5015 Madison Avenue, Building A, Apt. A7, Sacramento, CA 95841. Filed with the Clerk of Sacramento County June 4, 2021
Publish: July 9, 16, 23 & 30, 2021
EPHES 180201 7-30-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05353 Abdul Waii, 2009 Landon Lane, Apt. #2, Sacramento, CA 95825 and Asadullah Aslariyan, 5148 El Camino Avenue, Apt. #15 are doing business under the Fictitious Business Name(s) "Tolo Halal Foods" 2009 Landon Lane, Apt. #2, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 4, 2021
Publish: July 9, 16, 23 & 30, 2021
TOLO 180201 7-30-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05889 Joyce and Richard Anderson, 7511 Fairway Two Avenue, Apt. G, Fair Oaks, CA 95628 are doing business under the Fictitious Business Name(s) "Eye on Health Now" 7511 Fairway Two Avenue, Apt. G, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 21, 2021
Publish: July 9, 16, 23 & 30, 2021
EYE 80201 7-30-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06113 Sabino Gutierrez A, 4744 Baker Avenue, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Alvarado Cabinets" 8561 Thys Court, #B, Sacramento, CA 95828. Filed with the Clerk of Sacramento County June 28, 2021
Publish: July 9, 16, 23 & 30, 2021
ALVAR 180201 7-30-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06112 Sergio Antonio Gutierrez, 4308 36th Street, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "G and A Millwork" 8561 Thys Court, Suite B, Sacramento, CA 95828. Filed with the Clerk of Sacramento County June 28, 2021
Publish: July 9, 16, 23 & 30, 2021
G&A 180201 7-30-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06116 Capitol Assessment Management LLC, 2968 Del Paso Boulevard, Suite E, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Property Brothers Investment Group" 2968 Del Paso Boulevard, Suite E, Sacramento, CA 95815. Filed with the Clerk of Sacramento County June 28, 2021
Publish: July 9, 16, 23 & 30, 2021
PROP 180201 7-30-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06080 Gustavo Zamora Cuna, 3433 W River Drive, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "GZ Trucking" 3433 W River Drive, Sacramento, CA 95833. Filed with the Clerk of Sacramento County June 25, 2021
Publish: July 9, 16, 23 & 30, 2021
GZ 180201 7-30-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05702 U-Haul Co of California, 44511 Grimmer Boulevard, Fremont, CA 94538 is doing business under the Fictitious Business Name(s) "U-Haul Co. of Metro Sacramento" 1650 El Camino Avenue, Sacramento, CA 95815. Filed with the Clerk of Sacramento County June 16, 2021
Publish: July 9, 16, 23 & 30, 2021
UHAUL 180201 7-30-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05808 Jynny Babcock, 5801 Topp Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Best Self Found" 5801 Topp Court, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 17, 2021
Publish: July 9, 16, 23 & 30, 2021
BEST 180201 7-30-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-05159 Tracy L. McLaughlin LLC, 3801 Florin Road, Suite 102, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Auto Shop" 3801 Florin Road, Suite 102, Sacramento, CA 95823. Filed with the Clerk of Sacramento County May 28, 2021
Publish: July 9, 16, 23 & 30, 2021
AUTO 180201 7-30-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06184 Parisa Shoja, 136 Tomlinson Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Young Minds Psychology" 13405 Folsom Boulevard, Building 200, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 30, 2021
Publish: July 9, 16, 23 & 30, 2021
YOUNG 180201 7-30-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06595 Seled Comfort Retail Corporation, 1001 Third Avenue South, Minneapolis, MN 55404 is doing business under the Fictitious Business Name(s) "Sleep Number" 2170 Gateway Oaks Drive, Suite 150N, Sacramento, CA 95833. Filed with the Clerk of Sacramento County June 15, 2021
Publish: July 9, 16, 23 & 30, 2021
SLEEP 18020 7-30-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06237 Madison Kimball, 4444 Greenvale Road, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Powerlux Fitness" 11440 Sunrise Gold Circle, Suite 7, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 1, 2021
Publish: July 9, 16, 23 & 30, 2021
POWER 180201 7-30-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06264 Denise Jones, 5985 Devechi Avenue, Apt. 274, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Unique Loving Hands" 5985 Devechi Avenue, Apt. 274, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County July 2, 2021
Publish: July 9, 16, 23 & 30, 2021
UNIQUE 180201 7-30-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06136 Just Some Vets LLC, 953 King George Way, El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "Just Some Vets Insurance Agency" 4750 Natomas Boulevard, Space 140, Natomas, CA 95835. Filed with the Clerk of Sacramento County June 28, 2021
Publish: July 9, 16, 23 & 30, 2021
JUST 180201 7-30-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06172 Tashalida A Richardson, 4112 39th Avenue, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "The Worx, TBS WORX, The Black Soapbox" 2251 Florin Road, Suite 24, Sacramento, CA 95822. Filed with the Clerk of Sacramento County June 30, 2021
Publish: July 9, 16, 23 & 30, 2021
WORX 180201 7-30-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06071 Jerald Kristen Beasley, 4650 Shade Tree Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "I'm working On it Auto Detail" 4650 Shade Tree Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County June 25, 2021
Publish: July 9, 16, 23 & 30, 2021
WORK 180201 7-30-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06175 Aprille Cochran Mauldin and Eric Mauldin 8634 Breanna Court, Sacramento, CA 95828 are doing business under the Fictitious Business Name(s) "Majestic Event Rentals & Services" 8634 Breanna Court, Sacramento, CA 95828. Filed with the Clerk of Sacramento County June 30, 2021
Publish: July 9, 16, 23 & 30, 2021
MAJEST 180201 7-30-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06176 Aprille Cochran Mauldin, 8634 Breanna Court, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "3i, Logomaniac" 8634 Breanna Court, Sacramento, CA 95828. Filed with the Clerk of Sacramento County June 30, 2021
Publish: July 9, 16, 23 & 30, 2021
3i 180201 7-30-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06154 Kelly Morse, 10565 Georgetown Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "To Dye For Salon" 1725 Iron Point Road, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 29, 2021
Publish: July 9, 16, 23 & 30, 2021
TODYE 180201 7-30-21

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2021-06033 Yrma Garcia, 2011 Wright Street, Apt. 6, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Pipi's Waffles, The Pipi Waffles" 2011 Wright Street, Apt. 6, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 24, 2021
Publish: July 9, 16, 23 & 30, 2021
PIPI 180201 7-30-21

Supreme Court, NCAA Decisions Embolden Advocates for College Athlete Compensation

By Matthew Reagan, CALMatters

Advocates for college athlete compensation in California are on a hot streak. First the state passed a first-in-the-nation law allowing players to sign paid endorsement deals, and 20 states followed its example. Now, with both a recent U.S. Supreme Court decision and a National Collegiate Athletic Association rule change challenging the idea that students shouldn't make money from athletics, legislators are pushing to move up the effective date of the California law to this fall and expand it to cover community college athletes.

"The amateurism ideals have been weakening over time, not only with just player movements, advocate movements, but also because of litigation that's currently playing out," said Eddie Comeaux, a professor of higher education at UC Riverside who studies college athletics.

The NCAA has previously barred athletes from earning money for their performance, aside from scholarships. But the Supreme Court's 9-0 ruling June 21 allows colleges to also cover as

much as \$6,000 per year in education-related expenses for athletes, such as laptops and study abroad programs. While it didn't directly strike down the NCAA's amateurism model, a concurring opinion from Justice Brett Kavanaugh signaled a willingness to do so, spurring hope among advocates that more avenues for player compensation could be on the horizon.

Then Wednesday, the NCAA announced that it won't penalize athletes for taking advantage of state laws like California's that allow them to profit from the use of their name, image and likeness. "With the variety of state laws adopted across the country, we will continue to work with Congress to develop a solution that will provide clarity on a national level," NCAA President Mark Emmert said in a press release.

"The Supreme Court's ruling basically told the NCAA you've got to follow the law, you're not immune to antitrust, you cannot be a monopoly," said state Sen. Nancy Skinner, the author of the Fair Pay to Play Act, which passed the California Legislature in 2019. She's now pushing a bill that amends the law to take

effect Sept. 1, rather than in 2023. It passed the Assembly's higher education committee this week, and would need to receive a two-thirds vote by the Assembly and be signed by the governor to become law.

State laws giving college athletes the ability to pursue money-making opportunities also went into effect Thursday in Georgia, Florida, Alabama, New Mexico and Mississippi.

Athletes on the Sprter app can sign endorsement deals, sell social media shoutouts and book in-person experiences such as a training session with fans. It's just one of a number of ventures already sprouting up as the new NCAA rules take effect this week. Hanna and Haley Cavinder, twin sisters who play for Fresno State's basketball team, told ESPN they had already signed their first endorsement deal with Boost Mobile on Wednesday.

Unlike the original Fair Play to Pay Act, Skinner's new bill would afford California's community college athletes the same freedom to profit from their name, image and likeness as their peers at four-year universities. The bill has the support of the California

Community College Chancellor's office.

"Students should not have to sit by and watch others profit off of their hard work and labor without being equitably compensated for it, just because they participate in college athletics – and that includes our many community college student-athletes as well," spokesperson Rafael Chávez said in a statement to CalMatters.

California's two public university systems, the University of California and California State University, said they were monitoring the bill. "UC continues to work with Senator Skinner, and members of the state Legislature, to ensure that the University is prepared for an accelerated implementation date of Sept. 1," spokesperson Ryan King said in a statement.

Some advocates for college players want to go even further. A bill this year by state Sen. Sydney Kamlager would have required colleges to pay their athletes a royalty for use of their name, image and likeness if the revenue a sports program generates is more than double the amount it awards in athletic scholarships. The bill,

introduced when Kamlager was an Assemblymember, would also have beefed up enforcement of Title IX, the federal law barring sex discrimination in sports and other educational programs, and placed a cap on salaries for college coaches.

It stalled in the Assembly. But the recent decisions by the Supreme Court and NCAA could pave the way for California to take more aggressive action on athlete compensation going forward, said Ramogi Huma, the executive director of the National College Players Association, which advocates for the rights of college athletes.

"A 9-0 decision saying that this is an exploitative industry and college athletes deserve more compensation should be a green light for the state of California to once again reshape college sports in a way that's more equitable for players," Huma said.

Reagan is an intern with the CalMatters College Journalism Network, a collaboration between CalMatters and student journalists from across California. This story and other higher education coverage are supported by the College Futures Foundation. ★

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ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302615
 Claudette Ward has filed a petition with this court for a decree changing the name(s) of Charlie Jurrell Ward to Charlie Jurrell Smith.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on August 12, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 17, 2021
 Christopher E. Krueger, Judge of the Superior Court
 Publish: July 2, 9, 16 & 23, 2021
 SMITH 180101 7-23-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302612
 Rhonda Gail Smith has filed a petition with this court for a decree changing the name(s) of Rhonda Gail Smith to Sakeenah An-Nur.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on August 12, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 17, 2021
 Christopher E. Krueger, Judge of the Superior Court
 Publish: July 2, 9, 16 & 23, 2021
 AN-NUR 180101 7-23-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302200
 Alani Dalan Zvanovic has filed a petition with this court for a decree changing the name(s) of Alani Dalan Zvanovic to Alani Dalan Tsutsui.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on August 5, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 11, 2021
 Christopher E. Krueger, Judge of the Superior Court
 Publish: July 2, 9, 16 & 23, 2021
 TSUTSUI 180101 7-23-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302670
 Guixiang Qu has filed a petition with this court for a decree changing the name(s) of Guixiang Qu to Jessie Qu Frasseotto.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on August 17, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 21, 2021
 Christopher E. Krueger, Judge of the Superior Court
 Publish: July 2, 9, 16 & 23, 2021
 QU 180101 7-23-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302590
 Rameshkumar Selvaraj has filed a petition with this court for a decree changing the name(s) of Rameshkumar Selvaraj to Ramesh Kumar.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on August 12, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 17, 2021
 Shama H. Mesiwala, Judge of the Superior Court
 Publish: July 2, 9, 16 & 23, 2021
 KUMAR 180101 7-23-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302730
 Karuppannan Palaniyandi has filed a petition with this court for a decree changing the name(s) of Karuppannan Palaniyandi to Palaniyandi Karuppannan.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on August 18, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 21, 2021
 Christopher E. Krueger, Judge of the Superior Court
 Publish: July 2, 9, 16 & 23, 2021
 KARUP 180101 7-23-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302875
 Kevin The Pham has filed a petition with this court for a decree changing the name(s) of Kevin The Pham to Huy The Pham.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on August 24, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 22, 2021
 Shama H. Mesiwala, Judge of the Superior Court
 Publish: July 2, 9, 16 & 23, 2021
 PHAM 180101 7-23-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302685
 Alvin Mei & Xinyi Ruan have filed a petition with this court for a decree changing the name(s) of Fiona Jinglan Mei to Fiona XiaoLan Mei.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on August 17, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 18, 2021
 Shama H. Mesiwala, Judge of the Superior Court
 Publish: July 2, 9, 16 & 23, 2021
 MEI 180101 7-23-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302338
 Robin Craft & Derek Craft have filed a petition with this court for a decree changing the name(s) of Ritalino de Leon to Ritalino Craft.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on August 10, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 14, 2021
 Christopher E. Krueger, Judge of the Superior Court
 Publish: July 2, 9, 16 & 23, 2021
 CRAFT 180101 7-23-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00303166
 Anthony J. Leftridge & Jo-Anna R. Carrisoa have filed a petition with this court for a decree changing the name(s) of Anthony Joseph Leftridge to Anthony Joseph Servantez and Jo-Anna Rose Marie Carrisoa to Jo-Anna Rose Marie Servantez.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on August 26, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 29, 2021
 Shama H. Mesiwala, Judge of the Superior Court
 Publish: July 9, 16, 23 & 30, 2021
 SERVANTEZ 180101 7-30-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302968
 Sharina Leks McNeal has filed a petition with this court for a decree changing the name(s) of Jeremiah Russ Rostchild to Jeremiah Russ Patton.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on August 25, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 24, 2021
 Christopher E. Krueger, Judge of the Superior Court
 Publish: July 9, 16, 23 & 30, 2021
 PATTON 180101 7-30-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2020-00291519
 Marina P. Schanov has filed a petition with this court for a decree changing the name(s) of Marina P. Schanov to Marina P. Yanchinska.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on August 19, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 22, 2021
 Shama H. Mesiwala, Judge of the Superior Court
 Publish: July 9, 16, 23 & 30, 2021
 YANCH 180101 7-30-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302868
 Mihai Iusciuc has filed a petition with this court for a decree changing the name(s) of Mihai Iusciuc to Mihai Yushchuk.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on August 24, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 22, 2021
 Christopher E. Krueger, Judge of the Superior Court
 Publish: July 9, 16, 23 & 30, 2021
 YUSH 180101 7-30-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302739
 Delphina Christina Sanchez has filed a petition with this court for a decree changing the name(s) of Delphina Christina Sanchez to Delphina Christina Hernandez-Sanchez.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on August 18, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 21, 2021
 Shama H. Mesiwala, Judge of the Superior Court
 Publish: July 9, 16, 23 & 30, 2021
 SANCH 180101 7-30-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302815
 Fnu Nasrullah and Fnu Maryam have filed a petition with this court for a decree changing the name(s) of Fnu Nasrullah to Nasrullah Haidari and Fnu Maryam to Maryam Haidari.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on August 19, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 22, 2021
 Shama H. Mesiwala, Judge of the Superior Court
 Publish: July 9, 16, 23 & 30, 2021
 HAID 180101 7-30-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302941
 Evelyn Susana Arroyo has filed a petition with this court for a decree changing the name(s) of Evelyn Susana Arroyo to Evelyn Valerie Abend.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on August 24, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 23, 2021
 Christopher E. Krueger, Judge of the Superior Court
 Publish: July 9, 16, 23 & 30, 2021
 ARROYO 180101 7-30-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302944
 Fnu Sharifullah has filed a petition with this court for a decree changing the name(s) of Fnu Sharifullah to Sharifullah Mangal.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on August 24, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 23, 2021
 Shama H. Mesiwala, Judge of the Superior Court
 Publish: July 9, 16, 23 & 30, 2021
 MANG 180101 7-30-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00303108
 Mitchell Bruce Holsonbake has filed a petition with this court for a decree changing the name(s) of Mitchell Bruce Holsonbake to Mitchell Bruce Runquist.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on August 25, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 28, 2021
 Christopher E. Krueger, Judge of the Superior Court
 Publish: July 9, 16, 23 & 30, 2021
 RUNQU 180101 7-30-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302716
 Juan H. Rodriguez has filed a petition with this court for a decree changing the name(s) of Juan H. Rodriguez to Johnny H. Rodriguez.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on August 18, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 21, 2021
 Christopher E. Krueger, Judge of the Superior Court
 Publish: July 9, 16, 23 & 30, 2021
 RODRIG 180101 7-30-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00303066
 Blair Noelle Nunes has filed a petition with this court for a decree changing the name(s) of Blair Noelle Nunes to Blair Noelle Sturm.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on August 25, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 25, 2021
 Christopher E. Krueger, Judge of the Superior Court
 Publish: July 9, 16, 23 & 30, 2021
 STURM 180101 7-30-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302768
 David Jr. Gonzalez has filed a petition with this court for a decree changing the name(s) of David Jr. Gonzalez to David Gonzalez Ram.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on August 18, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 21, 2021
 Christopher E. Krueger, Judge of the Superior Court
 Publish: July 9, 16, 23 & 30, 2021
 RAM 180101 7-30-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302799
 Ella Gleyim has filed a petition with this court for a decree changing the name(s) of Ella Gleyim to Ella Ilyushenko.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on August 18, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 21, 2021
 Shama H. Mesiwala, Judge of the Superior Court
 Publish: July 9, 16, 23 & 30, 2021
 GLEYIM 180101 7-30-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302560
 Cynda Suzanne Pelott has filed a petition with this court for a decree changing the name(s) of Cynda Suzanne Pelott to Cynda Suzanne Warr. Sophia Sky Pelott to Sophia Sky Warr and Elijah Storm Pelott to Elijah Storm Warr.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on August 11, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 21, 2021
 Christopher E. Krueger, Judge of the Superior Court
 Publish: July 9, 16, 23 & 30, 2021
 WARR 180101 7-30-21

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SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00303075
 Michael, Leticia, Caden & Caris Tanner have filed a petition with this court for a decree changing the name(s) of Michael David Tanner to Michael David Hughes, Leticia Tanner to Leticia Hughes, Caden James Tanner to Caden James Hughes, and Caris Blake Tanner to Caris Blake Hughes.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on August 25, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 25, 2021
 Shama H. Mesiwala, Judge of the Superior Court
 Publish: July 16, 23, 30 & August 6, 2021
 HUGHES 180101 8-6-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00299408
 Eric Brandon Johnson Diamond has filed a petition with this court for a decree changing the name(s) of Eric Brandon Johnson Diamond to Eric Brandon Johnson.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on August 11, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 16, 2021
 Christopher E. Krueger, Judge of the Superior Court
 Publish: July 16, 23, 30 & August 6, 2021
 SAMADI 180101 8-6-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302768
 David Jr. Gonzalez has filed a petition with this court for a decree changing the name(s) of David Jr. Gonzalez to David Gonzalez Ram.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on August 18, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 21, 2021
 Christopher E. Krueger, Judge of the Superior Court
 Publish: July 9, 16, 23 & 30, 2021
 RAM 180101 7-30-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302799
 Ella Gleyim has filed a petition with this court for a decree changing the name(s) of Ella Gleyim to Ella Ilyushenko.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on August 18, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 21, 2021
 Shama H. Mesiwala, Judge of the Superior Court
 Publish: July 9, 16, 23 & 30, 2021
 GLEYIM 180101 7-30-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302560
 Cynda Suzanne Pelott has filed a petition with this court for a decree changing the name(s) of Cynda Suzanne Pelott to Cynda Suzanne Warr. Sophia Sky Pelott to Sophia Sky Warr and Elijah Storm Pelott to Elijah Storm Warr.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on August 11, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 21, 2021
 Christopher E. Krueger, Judge of the Superior Court
 Publish: July 9, 16, 23 & 30, 2021
 WARR 180101 7-30-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302768
 David Jr. Gonzalez has filed a petition with this court for a decree changing the name(s) of David Jr. Gonzalez to David Gonzalez Ram.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on August 18, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 21, 2021
 Christopher E. Krueger, Judge of the Superior Court
 Publish: July 9, 16, 23 & 30, 2021
 RAM 180101 7-30-21

August 19, 2021, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 22, 2021
 Shama H. Mesiwala, Judge of the Superior Court
 Publish: July 16, 23, 30 & August 6, 2021
 JOHNSON 180101 8-6-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302471
 Abdul S. Samadi and Sakino have filed a petition with this court for a decree changing the name(s) of Sakino to Sakina Samadi, Hadisa to Hadisa Samadi, Hasibulla to Hasib Samadi, Spoghmay to Spoghmay Samadi and Sligayev to Sana Samadi.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on August 11, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 16, 2021
 Christopher E. Krueger, Judge of the Superior Court
 Publish: July 16, 23, 30 & August 6, 2021
 SAMADI 180101 8-6-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00299408
 Eric Brandon Johnson Diamond has filed a petition with this court for a decree changing the name(s) of Eric Brandon Johnson Diamond to Eric Brandon Johnson.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on August 11, 2021, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 16, 2021
 Christopher E. Krueger, Judge of the Superior Court
 Publish: July 16, 23, 30 & August 6, 2021
 SAMADI 180101 8-6-21

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302768
 David Jr. Gonzalez has filed a petition with this court for a decree changing the name(s) of David Jr. Gonzalez to David Gonzalez Ram.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on August 18, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 21, 2021
 Christopher E. Krueger, Judge of the Superior Court
 Publish: July 9, 16, 23 & 30, 2021
 RAM 180101 7-30-21

SUPERIOR COURT OF CALIFORNIA

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Crossword Puzzle on Page 10

S	E	L	M	A		C	A	P		S	E	R	E	
T	R	E	E	S		A	L	L		F	I	X	E	R
E	N	V	O	I		L	E	E		A	G	I	L	E
M	E	O	W	M	I	X		B	O	U	N	T	Y	
			S	O	N		V	E	I	N				
A	B	C		V	E	L	A		L	A	P	D	O	G
P	R	O	M		R	A	N	G		S	U	R	G	E
P	A	P	A		T	Y	I	N	G		B	A	L	I
L	U	R	I	D		S	L	U	R		S	P	E	C
E	N	A	M	E	L		L	S	A	T		E	D	O
			M	I	C	A		C	A	B				
	T	O	Y	O	T	A		V	E	R	I	Z	O	N
K	A	P	U	T		M	B	A		T	O	I	L	E
F	L	A	R	E		E	M	S		A	M	N	I	O
C	E	L	T			O	W	E		R	E	C	O	N

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ACROSS

- 1965 march site
- Bottle top
- Dried up
- Can't see the forest for this?
- * You Need is Love
- ___-upper
- End of a poem
- Filmaker Spike
- Like a good athlete?
- *Tastes So Good, Cats Ask for It by Name"
- *The Quicker Picker Upper"
- Duke of Cambridge to Prince of Wales
- Blood vessel
- The Jackson 5 1970 hit
- Plural of velum
- Havanese or Pekingese
- High school formal
- What the phone did
- Abrupt increase
- * John's: "Better Ingredients. Better Pizza."
- Working shoelaces
- Island east of Java
- Shockingly graphic
- Hurtful remark
- Design detail
- Canine's coat
- Law school prerequisite, acr.
- a.k.a. Tokyo
- Muscovite or biotite
- Uber alternative
- *"Let's Go Places" advertiser
- *"Can You Hear Me Now?" advertiser
- On the fritz
- Wharton degree
- Upholstery choice
- Bell-bottoms bottom
- Emergency responder, acr.
- Prenatal test, for short
- Medieval Northern European
- Be obliged
- Reconnaissance, for short

DOWN

- Part of a flute
- Marine eagle
- What malevolent and levorotary have in common
- Jellies' cries
- Isaac of science fiction fame
- Burnt metal residue
- India pale
- Annapolis frosh
- Leo or Virgo, e.g.
- Sign above a door
- Count on
- Before, poetically
- Floras' partners
- Apathetic
- Crude fuel
- Flavoring from Madagascar
- *"Think Different" advertiser
- Former Milwaukee Brewer All Star Ryan
- Dried coconut meat
- *"Betcha Can't Eat Just One" advertiser
- Drinking establishments
- Blind alternative
- Checked out
- *"So Easy, a Caveman Can Do It" advertiser

Crossword Puzzle Solutions on Page 10

1	2	3	4	5	6	7	8	9	10	11	12
13					14			15			
16					17			18			
19				20			21	22			
		23				24					
25	26	27		28	29		30	31	32	33	34
35		36		37		38		39			
40				41			42		43		
44			45		46				47		
48				49		50		51		52	
			53		54			55		56	
57	58	59				60			61	62	63
64					65	66		67			
68					69			70			
71					72			73			

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Sudoku Puzzle on Page 10

1	4	6	9	3	7	5	8	2
5	9	2	8	6	1	4	3	7
7	8	3	4	2	5	1	9	6
8	5	1	3	7	6	2	4	9
6	7	4	5	9	2	8	1	3
3	2	9	1	4	8	6	7	5
4	6	8	7	5	9	3	2	1
9	3	5	2	1	4	7	6	8
2	1	7	6	8	3	9	5	4

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	6						8	
	2	8						
	3			5	1		6	
				6	2	4	9	
			5		2			
3	2	9	1					
4	8	7			3			
				4	7			
	1					9		

Solutions on Page 10

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With Summer in Full Swing, Local Museums Welcome the Community

By Traci Rockefeller Cusack, T-Rock Communications

SACRAMENTO REGION, CA (MPG) - As local museums continue to ramp-up, fully reopen, and welcome the community back, many favorite destinations offer plenty of must-see and must-do experiences perfect to explore this summer. In compliance with all state, city and county guidelines, most local museums have reopened in some capacity (while some have modified hours/offers, are open by appointment only, etc.).

The community is encouraged to show support for local museums by making plans to visit their favorite destinations (or discover new ones). As a starter list, a sampling of must-see and must-do experiences and activations offered by local museums this summer include the following:

California Museum - Developed by the California Museum in collaboration with First Partner Jennifer Siebel Newsom, the must-see exhibit "Fight for the Right: 100 Years of Women Voting" continues through August 29. The limited-time exhibition features artifacts, historic photographs and interactive activities that chronicle

the struggle for women's suffrage from the mid-19th century to the ratification of the 19th Amendment in 1920, drawing parallels to the ongoing fight for women's equality that continues today. For details, please visit www.californiamuseum.org/fight-right.

California State Capitol Museum - Surrounding the California State Capitol is a free, must-see luxurious 40-acre park in downtown Sacramento with shady winding paths, flowers in bloom, benches, and plantings from all around the world...some of which are the largest trees of their kind in the state. And, for virtual tours inside the museum and more, please visit www.capitolmuseum.ca.gov.

California State Railroad Museum - Presented and curated by the National Model Railroad Association (NMRA), the must-see "The Magic of Scale Model Railroading" exhibit appeals to all ages and is designed to introduce and attract a new generation of scale model railroading enthusiasts. Visitors are treated to an impressive number of model train layouts and locomotives, information panels, a Timeline of Scale Model Railroading, and much more. For more, please

visit www.californiarailroadmuseum.org.

Crocker Art Museum - Organized by the Richard H. Driehaus Museum and toured by International Arts & Artists, Washington, DC, Louis Comfort Tiffany: Treasures from the Driehaus Collection is a celebration of beauty. The must-see exhibition revels in Tiffany's artistry and craftsmanship, featuring 60 objects that span more than 30 years of Tiffany's prolific career. Now on view through September 12, 2021, more information is available at www.crockerart.org/exhibitions.

Locke Boarding House Museum - Located in the historic and picturesque town of Locke, one new and must-see exhibit at the museum is titled "Locke - From Its Founding to WWII." The fascinating exhibit offers a glimpse into the daily lives of the early Chinese residents and merchants of Locke. A sample of artifacts on display include an extensive collection of pre-war clothing, household items, tools, musical instruments, traditional Chinese medicines, and information placards. For more information, please visit <http://www.lockefoundation.org/locke-museums/>

Sacramento History Museum - An absolute must-do experience is to take an interpretive Old Sacramento Underground tour (the cool underground spaces are especially nice on a hot summer day). Guests have the unique opportunity to explore what has been hidden beneath the city for more than 150 years, while uncovering the facts and legends that lie below historic buildings and sidewalks. Tour guests explore excavated foundations, enclosed pathways and interesting archaeology exhibits while hearing sounds of 1860 street life. Old Sacramento Underground Tours are offered Fridays through Sundays. For four times and more details, please visit www.sachistorymuseum.org.

Sutter's Fort State Historic Park - New this summer, California State Parks is offering extended evening hours during the months of July and August. On Fridays and Saturdays, operating hours will be extended to 8 p.m. so visitors can enjoy an evening visit that often provides more shade, a nice delta breeze, and must-see sunsets during self-guided tours or the Park. For more information, visit www.parks.ca.gov/suttersfort.

Verge Center for the Arts - To kick-start creativity, Clay Lab is a must-do, hands-on experience that is open to everyone (supplies and firings provided) on Tuesdays from 5 to 8 p.m. & Saturdays from 10 a.m. to 1 p.m. Those interested in "playing in the mud" can simply drop in this open lab and explore on their own or receive guidance from friendly and knowledgeable staff. For more about classes and pass options, please visit www.vergeart.com.

For more information about upcoming activities offered by Sacramento area museums visit the user-friendly website at www.SacMuseums.org.

Comprised of more than 25 greater Sacramento area museums working in partnership with Visit Sacramento, SAM's mission is to raise awareness of local museums by giving the community the opportunity to discover the region's fine art, history, science and wildlife treasures. SAM achieves its mission through implementing cooperative promotions and developing strategic marketing alliances, by encouraging sharing of knowledge and resources among its partner institutions. For more information, visit www.SacMuseums.org. ★

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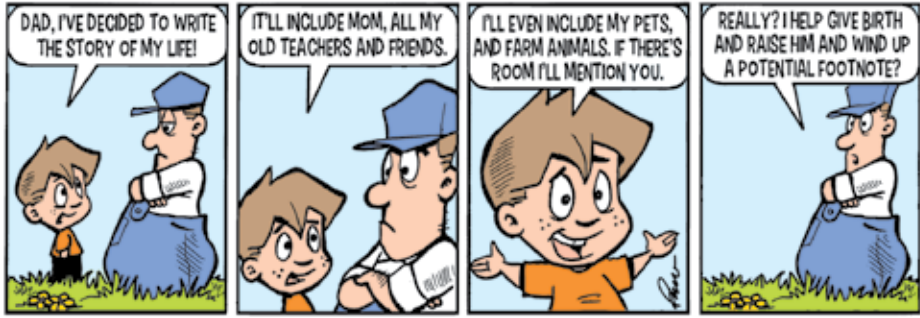
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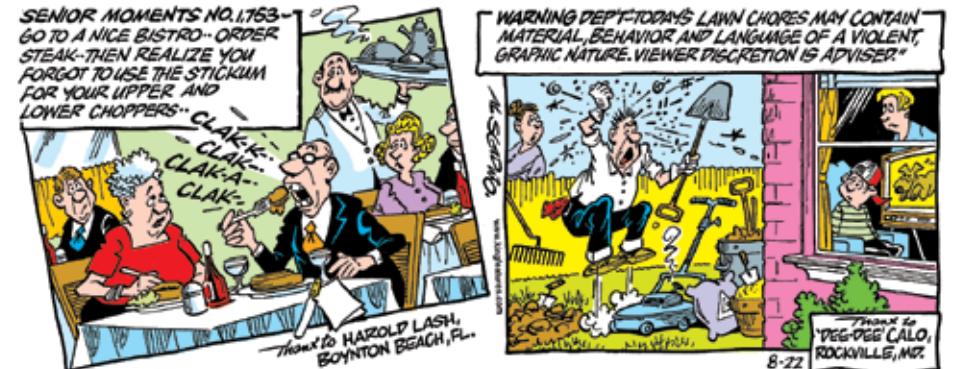
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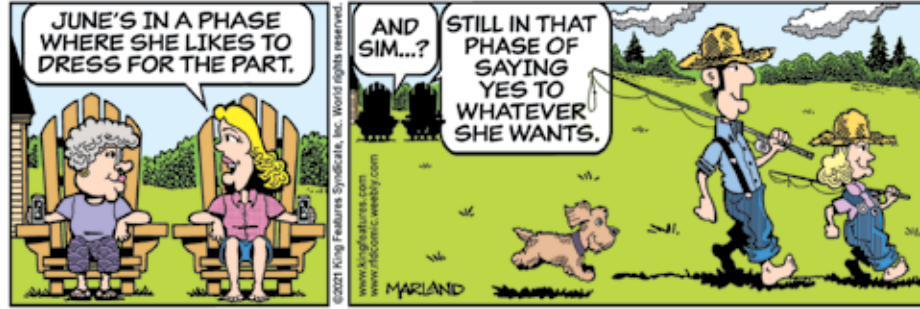
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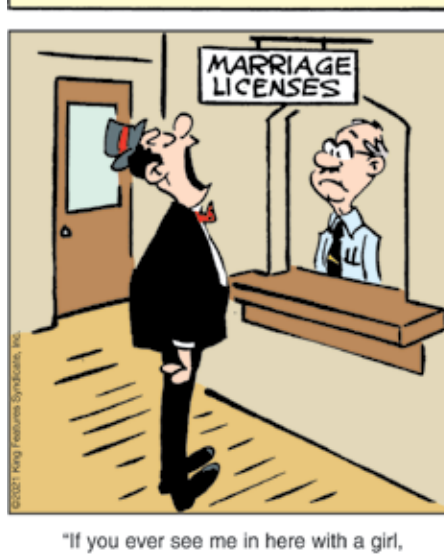
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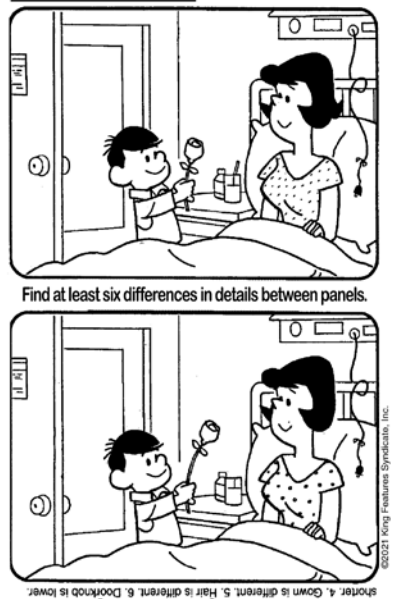


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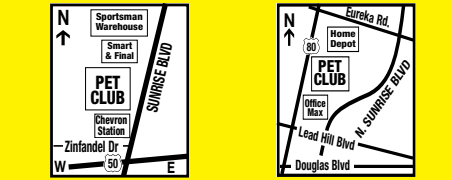
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An American Aviation Hero

Museum Hosts African Americans in Aviation



Chauncey E. Spencer II (second left) brings his mobile museum to the Aerospace Museum of California. An image of his father (center) is central to the trailer exterior. Visiting the recent exhibit on African American achievement is Museum CEO Tom Jones (left) and Southwest Airlines pilot Tyrone Ward. Captain Ward volunteers as a Museum director. Flanking the trio are portraits of aviators Bessie Coleman and Cornelius Coffey.

Story and photo
by Susan Maxwell Skinner

MCCLELLAN, CA (MPG) - An exhibition detailing contributions to aviation by African Americans touched down last week at the Aerospace Museum of California. Contained in a restored 1937 Pierce Arrow trailer, the program was viewed by more than 600 people in four days.

Trailer and curator Chauncey E. Spencer II began the educational pilgrimage in Palm Desert last year. "African Americans in Aviation" has since presented in 25 cities in 18 states. Repurposed as a mini-theater, Spencer's vintage trailer screens a documentary on his Greatest Generation father's achievements for flight and humanity. Against all odds in the 1930s, the pilot/civil rights activist found wings. He then opened the door for other African Americans to fly. Preserving this part of Americana is a labor of love – and family pride – for the pioneer's son.

The elder Chauncey E. Spencer was raised by a poet mom and a business entrepreneur dad in Lynchburg, Virginia. Like millions of his generation, he was galvanized by the feats of aviation pioneers. When he sought flying lessons, an instructor told him: "We don't teach coloreds to fly, as they don't have the intelligence."

"Of course, that hurt my father," says the younger Spencer. "But it didn't break him." The Lynchburg family moved heaven and earth to pay for flying lessons. As US entered WWII, massive pilot-training programs were initiated – but only for white applicants. Spencer and fellow pilot Dale White began a campaign for change. They found sponsors for a 10-city flight, geared to encourage Black Universities to teach aviation. The only aircraft the pilots could rent was a battered Lincoln Page biplane. When the WWI relic failed in flight over Ohio, sheer pilot skill achieved a miraculous and safe landing. The journey eventually ended in Washington DC, where a chance meeting with Senator Harry Truman did not just change White and Spencer's lives. The encounter reshaped a nation's military future.

Truman was impressed by the two pilots and their wizardry with their outdated flying banger. He lobbied President Franklin D. Roosevelt (via his powerful wife Eleanor) to end Negro ineligibility for civil pilot training. As a result, Congress passed a program that included funding for aviation studies in Black colleges. Nearly 1000 Black airmen and thousands of support staff soon formed in segregated squadrons. Aged 30, Spencer Sr was deemed too old to deploy. He served as a race

relations officer for the Army Air Corps and continued the job as a civilian after the war. His work earned a 1948 Exceptional Civilian Service Award – the highest civilian honor given by the Army – for his fight against segregation in the military. He later became a Sheriff's Deputy and was appointed Commissioner for San Bernadino Police Department. Soon after his death in 2002, Spencer's Lynchburg home was made a National Monument.

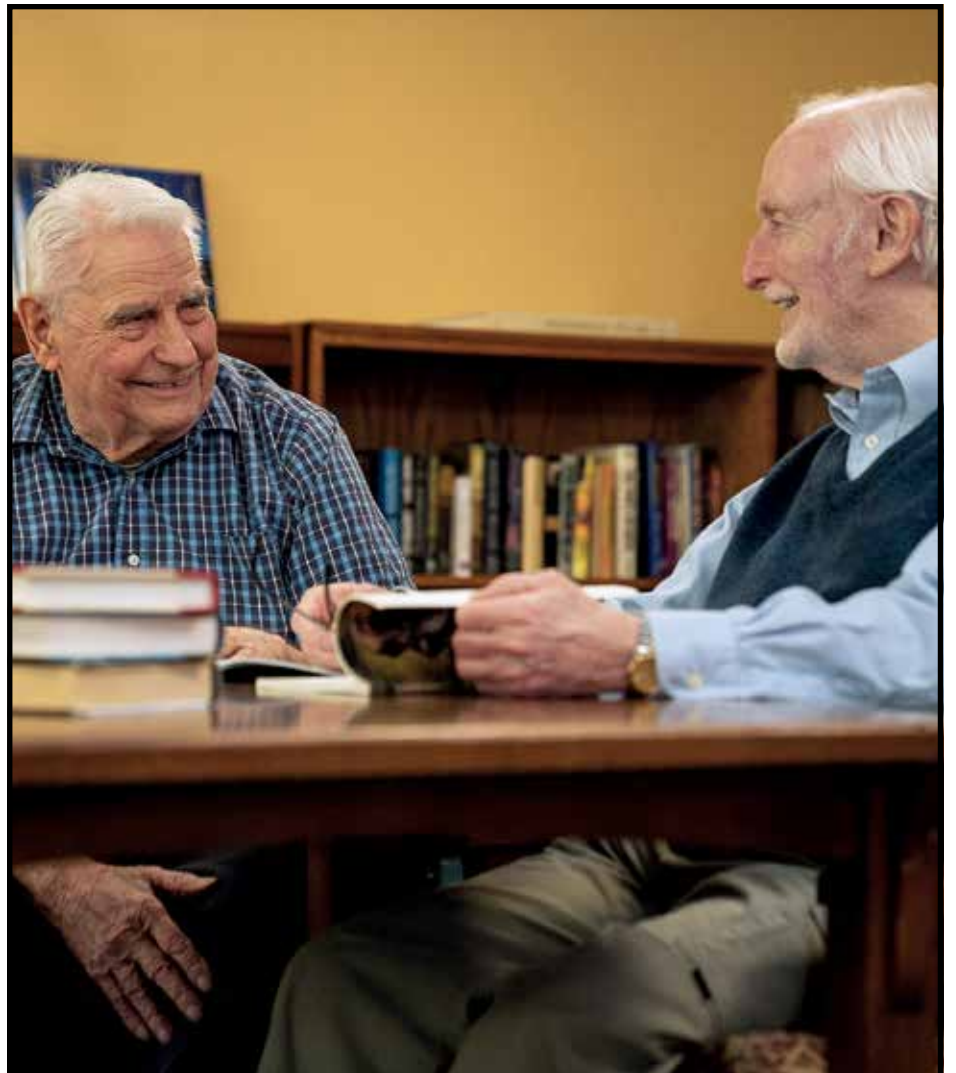
Spencer and White's serendipitous encounter with Harry Truman was critical to the formation of the famous Tuskegee Airmen, whose heroism remains part of military legend. Deployed in Italy and North Africa, the airmen earned Silver Stars, Distinguished Flying Crosses and Bronze Stars. Purple Hearts were numerous and 66 Tuskegees gave their lives. They are today honored by Tuskegee Airmen Inc Chapters all over America. Placer Chapter spokesperson, Lanelle Roberts Brent (daughter of Tuskegee legend George "Spanky" Roberts), was among members welcoming Chauncey Spencer and his Pierce Arrow to McClellan. "His father's story is historic," says Roberts. "Without his meeting and impressing Harry Truman, we might not have achieved the integrated military that we have today."

Notes Spencer: "I'm sharing a part of our history that often gets overlooked. It's important to remember the heroes who were willing to take the first brave steps on a journey that continues today." The Palm Desert resident's own journey continues from city to city; state to state. Supported by the non-profit National Colleges Resources Foundation, his next excursion comes later this month, at the invitation of the famous air show in Oshkosh, Wisconsin. Spencer tows his 19ft monument to his father's courage – embellished with iconic Tuskegee Airmen images – behind a Chevy Colorado truck. On the road, truck and trailer are constantly saluted. "People honked and waved and gave me thumbs-up all way home from Sacramento," reports the chauffeur. "I guess they're proud the museum is giving recognition and inclusion to all Americans."

Chauncey Spencer makes himself available as a speaker, educating in history and equality. "When we stop calling each other Black or White and start calling ourselves Americans," he attests, "our country will be headed in the direction it needs to go."

Learn about Spencer and his exhibit at www.ces-ii.com

For information on the local Tuskegee Airmen Chapter, visit: www.taheritage.org ★



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Warning to Remote Workers: Out of Sight Could Mean Out of Job

Commentary
by Rod Robertson

Although debate continues about whether the business world will return to normal even after most people have the COVID-19 vaccine, the expectation is that many companies will soon call employees back to the office.

Some workers may still get to work part-time from home, and some businesses will make remote work permanent. But tension between owners and workers is building as it becomes evident many employees are resistant to giving up working from home. In a survey, 65% said they want to work remotely full-time after the pandemic. And in a poll conducted by LiveCareer, 29% of working professionals said they would quit if they couldn't continue working remotely.

But those who push back against ownership's preference to return to the office might paint themselves into a corner, especially if they aren't in a position to quit, says Rod Robertson, Managing Partner of Briggs Capital (www.briggscapital.com), international entrepreneur, and author of *Winning at Entrepreneurship: Insider's Tips on Buying, Building, and Selling Your Own Business*.

"The expected stimulus money will dissipate by the third quarter and as companies continue to struggle, the cuts will begin," Robertson says. "Once we reach herd immunity, companies will be deciding whether it makes sense to keep expensive office space.

"Corporate gravity will begin to pull key workers back to the office, and there will be resistance from employees. And those companies that do choose to go remote at least part of the time may still downsize. The bottom line for workers is, if they want to work remotely, they



The bottom line for workers is, if they want to work remotely, they would be wise to take the extra steps to ensure they stand out. Photo courtesy Anastasia Shuraeva Pexels

would be wise to take the extra steps to ensure they stand out."

Robertson says employees who continue to work mostly from home should do these things to keep their performance and communication levels high:

Show up. Even if a company allows employees to work from home permanently, Robertson says they would be wise to go to the office at least one day each week. "Out of sight might also mean out of mind, or out of job, when it's time to trim the roster," he says. "Working from

a distance all the time is going to lower your skill level, your engagement, and your productivity. Employees need to make the time to have facetime in the office and stay in the groove with ownership and management. You can't do that as well at home relying on technology."

Show the human touch. "When we achieve herd immunity, face-to-face meetings with co-workers, managers and clients should be 20 to 25% of someone's portfolio of time," Robertson says. "Zoom meetings are a pain because you

have to set them up. Remote employees should prioritize live voice communication with colleagues, managers, and clients in order to stay in the game. Picking up the phone to talk with someone keeps the relationship alive and brings more clarity than constantly texting or emailing."

Push your boss to measure you quantitatively. "Woe to the remote employees who believe they are not under increasing scrutiny – downsizing is on the way," Robertson says. "The good employees working at home will

have more reporting mechanisms in place. Show your boss your genuine enthusiasm by being proactive and coming up with more measurables for your performance."

Do extracurricular work. "The question is, how can you be front-and-center with the boss?" Robertson says. "One way is to do extracurricular work by bringing relevant and helpful articles to ownership. Develop a thesis for those articles to show that you're a thought leader. Executives and managers are flooded with emails, so the smart employees send a synthesis of an article that's to the point.

"Businesses can't afford slip-page," Robertson says. "Once there is herd immunity, the remote work issue shouldn't be just about where employees feel they are most comfortable, but how they can be the most valuable and effective."

Rod Robertson (www.briggscapital.com) is an international entrepreneur and author of *Winning at Entrepreneurship: Insider's Tips on Buying, Building, and Selling Your Own Business*. Robertson is the owner of Briggs Capital, a boutique international investment bank. He has conducted business in over 15 countries while focusing on developing small-to-medium-sized businesses and taking them to market worldwide. Robertson's 20-plus-year career in transaction experience and entrepreneurship includes guest lecturing around the globe at institutions such as Harvard Business School and other top-flight MBA schools as well as business forums and news outlets worldwide. He sits on numerous boards, guiding firms to streamline operations and make businesses more profitable before selling. ★

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SENIOR LIVING

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ENRICHING THE LIVES OF SENIORS THROUGH ENGAGING ACTIVITIES!!

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- Improved Physical Health
- Better Self Esteem
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