

Cordova Lancer Football Update

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Come Get Your Brew On!

"Whole Lotta Brews Going On" Raises Money to Empower **Local Children and Families**



Grapevine

VOLUME 45 • ISSUE 42

PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY

OCTOBER 18, 2013

Northstar Senior Living Brings First Large-Scale Senior Community to Rancho



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Rancho Cordova's **10th Anniversary Time Capsule Ceremony**



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Andrés Flores Brings New Dance and Music Traditions



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Check Before You Burn



The AQMD law restricting wood burning applies to residents and businesses in Sacramento County and the cities of Citrus Heights, Elk Grove,

SACRAMENTO REGION, CA - They can adversely affect human On Friday, November 1, the Sacramento Metropolitan Air Quality Management District (AQMD) will begin its seventh Check Before You Burn season to reduce the harmful health

effects from wood smoke. Wood burning will be restricted or prohibited on days when fine particle pollution is forecast to be high. Atmospheric particulate matter is tiny pieces of solid or liquid matter suspended in the atmosphere. Some particulates occur naturally, originating from volcanoes, dust storms, forest and grassland fires and sea spray; others occur from human activities, such as burning of fossil fuels in vehicles, power plants and various industrial processes.

health and also have impacts on climate and precipitation.

The effects of inhaling particulate matter have been widely studied, particularly asthma, lung cancer, cardiovascular issues, respiratory diseases, birth defects, and premature death. The size of the particle is a main determinant of where in the respiratory tract the particle will come to rest when inhaled. Because of their small size, particles can penetrate the deepest part of the lungs.

The AQMD law restricting wood burning applies to residents and businesses in Sacramento County and the cities of Citrus Heights, Elk Grove, Folsom, Galt, Isleton, Rancho Cordova

and Sacramento through February 28, 2014. Citizens must Check Before You Burn in indoor or outdoor fireplace, wood stove, firepit or chiminea that burns wood, pellets, manufactured logs or any other solid fuel.

Call 1-877-NO-BURN-5 (1-877-662-8765), follow on Twitter @AOMD, or visit www.AirQuality.org or www. SpareTheAir.com.

The following exemptions apply: Homes where wood burning is the sole source of heat

- · Financial hardship waiver approved and renewed each burn season by the Air Pollution Control Officer
- Devices that operate exclusively

with natural gas or propane

Cooking devices

Enforcement is through sightings of visible smoke by Air District enforcement staff. In addition to regular observation routes, staff visits locations determined by complaints. Staff will observe the smoke, write down the address and a notice of violation will be mailed to the property owner.

To report a complaint, or suspected violation, call the District at 1-800-880-9025. First time violations will result in a \$50 fine or the violator can choose to complete and pass a wood smoke awareness course. Fines for subsequent violations are higher. ★

Bera Applauds Bipartisan McConnell-Reid Solution to End the Shutdown

SACRAMENTO REGION, CA (MPG) - Congressman Ami Bera, M.D. applauded the bipartisan agreement to end the government shutdown, avoid government default, and negotiate a budget that Senators Reid and McConnell announced moments ago. He offered the following comment:

"I am proud to support the McConnell-Reid solution to end the shutdown" said Bera. "It will reopen our government, ensure that we can pay our bills, and put us on the path to passing a common sense, long-term budget that deals with our mounting debt and rebuilds an economy that works for middle class families. As a No Labels Problem Solver, I have been working with my Republican and Democratic colleagues and calling on leadership to put the American people before politics and get us out of this budget crisis. I am thrilled they have offered a bipartisan solution that that can get Americans back to work, and end the governing from crisis to crisis."

Sacramento Weekly Gas Price Update and Outlook

Average retail gasoline prices in Sacramento have fallen 5.5 cents per gallon in the past week to an average of \$3.67/g yesterday, according to GasBuddy's daily survey of 720 gas outlets in Sacramento. This compares with the national average that has fallen 1.4 cents per gallon in the last week to \$3.37/g, according to GasBuddy.com.

SACRAMENTO, CA (MPG)

Including the change in gas prices in Sacramento during the past week, prices yesterday were 79.9 cents per gallon lower than the same day one year ago and are 25.4 cents per gallon lower than a month ago. The national average has decreased 17.9 cents per gallon during the last month and stands 40.7 cents per gallon lower than this day one year

"The national average has seen the pace of decline slow quite a bit in the last few days," said GasBuddy.com Senior Petroleum Analyst Patrick DeHaan. "While gasoline prices continue to drop at a slow pace, they remain a whopping 40-cents per gallon under prices a year ago.

About GasBuddy

GasBuddy operates SactoGasPrices.com and over 250 similar websites that track gasoline prices at over 140,000 gasoline stations in the United States and Canada. In addition, GasBuddy offers a free smartphone app which has been downloaded over 25 million times to help motorists find the lowest gasoline prices in their

Oktoberfest at the Lodge

In the spirit of Germany's iconic Oktoberfest, celebrate this classic festival with the Lodge in its brand-new beer garden Comprised of five courses, each

RANCHO CORDOVA, CA -Experience Oktoberfest, without the pricy airfare! The Lodge, home of the 99 Beers, will introduce Oktoberfest. Launched October 1st, and taking place in the Lodge's appropriatelyfashioned beer garden, guests will be encouraged to grab a seat, toss back a Hefeweizen or a Pilsner, and make merry with new friends.

Located just outside the Lodge's main dining room, on what once was the restaurant's outdoor dining patio, a beer garden has been fashioned. From festive table umbrellas, to a selection of hearty menu

items and German beers, guests

Oktoberfest of Munich.

will feel as if transported to the Menu offerings will include traditional German beers, beer flights and slider pairings, and classic German fare. Look for the soon-to-be-popular Oktoberfest Flight (\$15; local and European beers of Oktoberfest, paired with three sausage sliders, house sauerkraut, and chipotle-beer mustard), the Progressive Flight (\$15; a Lager, Hefeweizen, IPA and Stout, paired with three pulled-pork sliders and fried pickles, coleslaw, and cheddar cheese), and the IPA FLIGHT (\$15; a set of four IPA-style beers, paired with three bacon-

habanero beef patty, pepper

jack cheese, fried jalapeños, and bacon aïoli).

Additionally, house-made pretzels with beer mustard, locally-made sausages from morants, served with house-made red sauerkraut, beer-inspired nightly specials, pitchers of beer, and a daily burger and beer pairing will round out the robust Oktoberfest offerings.

To make Oktoberfest extra special, the following promo-

tions will be in place: Beer Dinner: On Friday, October 25th, at 6 p.m., the Lodge, and nearby Firestone Walker Brewery out of Paso

Robles, will host a beer dinner.

course will be expertly paired with a Firestone Walker beer for \$40 per person (reservations required). Restaurant and Hospitality

Industry Nights: with valid ID, members of the Industry may enjoy 25% off of their bar and meal tab, from 6 a.m. on Sunday, to 6 a.m. on Monday, October 20th through October 21st

Mather Air Force Base specials: taking place throughout the month of October; Military members may join the Lodge for Oktoberfest and enjoy 25% off of their Meal.

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www.RanchoCordovaIndependent.com

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Northstar Senior Living Brings First Large-Scale Senior Community to the Highway 50 Corridor

RANCHO CORDOVA, CA (MPG) -Redding-based Northstar Senior Living will open a three-story, 106-apartment assisted living and memory care community at 2341 Vehicle Drive (near Sunrise Boulevard and Zinfandel Drive) in January 2014. The company selected Deborah Pontynen Godt as Executive Director. She has begun pulling together a team of department managers for the Northstar Rancho Cordova's administration, resident care, marketing and sales, food service, resident activities and environmental services. When fully staffed, the community will employ about 80 people and serve up to 125 senior residents.

Mrs. Godt already has named Jennifer Willard Sales and Marketing Director and has opened a sales center adjacent to the site.

As executive director, Mrs. Godt's primary responsibilities include hiring, supervision and leadership of staff; budgeting; ensuring compliance with state and federal laws; and building relationships with prospective residents as well as organizations in the local area providing services to seniors and their families.

For 15 years, Mrs. Godt has honed her senior living management skills. She coordinated the construction and launch of three assisted living communities in Colorado and, since 2008, has served with a prominent Sacramento property management and senior care provider. There she moved up the ranks



Deborah P. Godt heads Northstar Rancho Cordova as Executive Director.

porate marketing director, and finally, to executive director of two communities serving over 200 residents.

A native Sacramentan, Mrs. Godt received her Bachelor of Science degree in business administration from Pacific Union College, Angwin, California. She went on to earn a Master's degree in administration with an emphasis on marketing from Andrews University, Berrien Springs, Michigan. She also is certificated by the State of California

from marketing director, to cor- as an administrator of Residential Care Facilities for the Elderly (RCFEs).

Mrs. Godt resides with her husband, Russell, in Elk Grove, Her daughter, Kate, recently graduated from a southern California college.

Northstar Senior Living, headquartered in Redding, CA, provides experienced, caring, and ethical leadership to the assisted living and memory care industry. It currently delivers management and consulting services to 26 senior communities in the United States.

Nationwide Prescription Drug Take-Back Day

Sacramento County Sheriff's Department will partner with the Drug Enforcement Agency (DEA) for the seventh time and collect potentially dangerous, expired, unused, and unwanted prescription drugs for destruction on Saturday, October 26, 2013, from 10:00 a.m. until 2:00 p.m. There will be four collection sites within the Sheriff's jurisdiction:

- Sheriff's Garfield Station 5510 Garfield Avenue Sacramento, CA 95841
- Sheriff's Florin Station 7000 65th Street Sacramento, CA 95823
- Rancho Cordova Police 2897 Kilgore Road Rancho Cordova, CA 95670

SACRAMENTO, CA (MPG) - The • Antelope High School 7801 Titan Dr Antelope, CA 95843

> The service is free and anonymous, no questions asked.

Many Americans are not aware that medicines that languish in home cabinets are highly susceptible to diversion, misuse, and abuse. Rates of prescription drug abuse in the U.S. are increasing at alarming rates, as are the number of accidental poisonings and overdoses due to these drugs. Studies show that a majority of abused prescription drugs are obtained from family and friends, including from the home medicine cabinet. In addition, many Americans do not know how to properly dispose of their unused medicine, often flushing them down the

toilet or throwing them away both potential safety and health hazards.

Collection sites will accept any medicines in capsule and tablet form brought in for disposal. Intra-venous solutions, injectables, and needles will not be accepted. Illicit substances such as marijuana or methamphetamine are not a part of this initiative.

Prescription drug abuse is a serious public health and safety issue. This take-back event is an opportunity for residents to help make their homes safer by disposing of their unused and unwanted prescription drugs. ★

Source: City of Rancho Cordova

Women's Empowerment Gala Exceeds Goals

SACRAMENTO, CA (MPG) - More than 650 community members, including 100 women once homeless, attended the 12th Annual Celebration of Independence Gala that benefits Women's Empowerment, a local nonprofit group helping women who are homeless find homes and jobs so they can support their families.

The Gala, which raises funds for Women's Empowerment and honors the group's 1,086 graduates, exceeded its goals, raising more than \$160,000 and securing donors to sponsor 100 of the organization's graduates.

"This was a groundbreaking event, proving once again that Sacramento wants to be part of the solution for ending homelessness," said Lisa Culp, executive director. "In December, we will celebrate our 1,100th graduate. Women who are homeless across Sacramento continue to step up and step out of homelessness for



ocal women celebrate overcoming homelessness at Women's Empowerment's 12th Annual Celebration of Independence Gala on Oct. 3. Photo by Diana Miller Photography

good, thanks to the job-readiness skills and encouragement they receive from this community."

Women's Empowerment offers the only comprehensive job-readiness program in the Sacramento area designed specifically for women and their children who are homeless. The group, honored by the Nonprofit Resource Center in 200, has graduated 1,086 homeless women and their more than 2,000 children. Last year, 90 percent of graduates found homes

and nearly 80 percent found jobs or enrolled in school or training.

The program combines selfesteem courses, job training, health classes and support services to help homeless women across diverse ages, races and cultures. Women's Empowerment is funded solely through private donations from the community. For more information or to make a donation online, visit www. womens-empowerment.org. ★









Publisher, Paul V. Scholl

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Distribution Assistant Accounting Web Master

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Contributing Writers Julie Parker • Alona Thomas • Jodie Myers • Susan Skinner David Dickstein • Mary Jane Popp • Dr. Bob Graykowski Marlys Johnsen Norris • Tim Reilly • Dave Ramsey Dr. E. Kirsten Peters

Kay Burton • Ronnie McBrayer • David Graulich Gabriel Scholl Nicholson & Olsen CPA

Paul V. Scholl

Bill Martin • Sue Aronson • Mindy Lindsau

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The Workplace Mercy Rule



Commentary By David Koenig

In a recent story, the commissioner of the California Youth Football League defended the tough penalties for coaches who disregard the league mercy rule and says they will continue to be enforced. The way it reads right now, any coach who runs the score up by 35 points or more will be suspended for a week of practices and one game and the commissioner added that "Bottom line, this is about players having fun and not an ego

trip for a coach who has a talented team". How ridiculous is this?? Little league baseball also has a 10-run rule where a game is ended after 4 innings if one team is leading by 10 or more runs so in keeping with the "fairness doctrine" that is wimpifying youth sports and kids all across America, I think we ought to enact new Mercy Rules for the Workplace:

• Companies can no longer have profits more than 10% and anything over that amount will be given to their competitors so they'll feel better about their crappy performance.

All employees will receive the same performance review and pay raise because we don't want people feeling bad because they don't perform as well as their co-workers.

• All bonus and incentive payments will be eliminated because we can't blame subpar performers for their lack of accomplishment and people

should not be incented to work harder when others can't keep

• All overtime pay will be eliminated. Just because you want to work harder and put in more time doesn't mean you should be paid more money than the person who doesn't wish to do the same.

• All company stock programs will be eliminated. Just because you have a better product and sell more of it does not mean that your company should be valued higher than the competition.

• All employees will be able to make their own schedules. We can't expect people to be able to show up on time and not everyone is capable of planning far enough in advance to know when they'll be able to work and for how long from day to day.

"Bottom line, this is about the workers having fun and not an ego trip for companies who have talented employees" . . . Yup, sounds just as ridiculous.



Celebrate

Oktoberfest

We'll be featuring

Firestone Walker Brewery Beer Dinner

FRIDAY, OCTOBER 25th, at 6PM

Enjoy a five-course menu, paired with five Firestone Walker beers, \$40 * Reservations required *

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M-F, from 4-7pm and 10pm-12am. All day on Saturdays and Sundays

Happy Hour Specials include:

\$2.50 for select drafts \$3.50 for well drinks

\$3.50 for glasses of house red and white wine **Beer-inspired nightly specials** Beer flights paired with tasty sliders Daily burger and beer pairings, offered at lunch and dinner

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All during the month of October Breakfast 7-11AM * Lunch 11:30-1PM * Dinner 5:30-10PM www.lodgecordova.com



Holiday Faire Planned at United Methodist Church

RANCHO CORDOVA, CA (MPG) - The home canned veggies and much, Women of the United Methodist Church have been busily readying for their annual Holiday Faire.

Some women have gathered at the church for sewing, while others have met at the home of Darla Sullivan for crafts and gift items. Still more are working on projects at home.

The Faire will have an assortment of handmade items, jewelry, craft items, ornaments, cards, quilts, holiday decorations, and, of course, a variety of cookies, cakes, candy, breads,

much more

A very large portion of the proceeds go to missions, such as Salvation Army, Weave, Canine Companions, Friends Outside, Loaves and Fishes, Family Promise, Cordova Food Locker. Some support the local church with office supplies, child care, youth group, Live Nativity Scene, and also giving for the church mortgage.

We invite anyone who would like to provide a craft or handmade item or something for our bake sale to do so. These

contributions would be greatly appreciated.

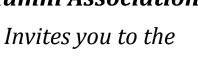
The event will be held November 2 from 10:00 a.m. to 2:00 p.m.

There will be a luncheon in Adams Hall at 12:00 noon, which is by ticket only.

Please contact Louise Underwood, 635-1604, for more information. The United Methodist Church of Rancho Cordova is located at 2101 Zinfandel Drive, across the street from Mitchell Middle School.

Source: United Methodist Church







Birthday Celebration Cordova High School

 Meet and Greet – Admission is Free Thursday, October 17, 2013 6 p.m.-9 p.m.

American River Brewing Company 11151 Trade Center Drive, Rancho Cordova Music by Don Padilla. No host beer and food truck.

 Homecoming Game and Reception Friday October 18, 2013

Alumni Reception 5:30 • Cafe

Big Red Machine will play for Alumni/JV Halftime Alumni Walk during HT during Varsity Game Straw Hat After the Game (On Mather)

> Celebration Dance Party Saturday, October 19th, 2013

> > Recreation and Park Center -Chase Drive • Rancho Cordova 7-11 p.m.

No Host Bar and Snacks Cover \$12.00 Raffle Prizes/Photos/Fun

Join us for the entire weekend and reconnect with ALL LANCERS!!

Hope to see you there!! Check out the website:

www.cordovaalumni.com



twitter / LodgeCordova

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County Youth Detention Facility Wins Award

Focus on rehabilitation rather than punishment turning lives around



SACRAMENTO, CA (MPG) - The Sacramento County Youth Detention Facility, known colloquially as Juvenile Hall, was awarded the 2013 Performancebased Standards (PbS) Barbara Allen-Hagen Award on October 10. The award is given to correction, detention and community-based facilities that provide safe and effective programs, which help turn around the lives of youths in the juvenile justice system.

"We have made a great deal of improvement during the last few years, and despite the budget challenges we've faced, we are making changes that improve children's lives," said Lee Seale, Chief Probation Officer. "We are extremely pleased that our hard work is being recognized."

The Sacramento County Youth Detention Facility was selected based on their utilization of PbS, standards created to improve the quality of life and rehabilitation services available at various detention facilities. The facility was among 30 applicants for the award, but was selected for best exemplifying the core principles of the Performance-based Standards Program: treating youths in custody as one of their own.

Sacramento County Probation accomplished this by cutting the duration of time youth spend in isolation and room confinement by 76 percent. They also encourage staff to be part of the solution in the lives of youths by emphasizing rehabilitation rather than punishment. The Probation Department provides behavior management training and supports open communication between administration, supervisors and front line staff to create a partnership focused on helping youth.

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"The detention center truly utilized and encouraged their staff to be part of the solution," says Simon Gonsoulin, a Principal Research Analyst for the American Institute for Research. "They opened the lines of communication between administration/supervisors and front line staff in a non-threatening manner that was established as a true partnership."

Russ Jennings, an expert consultant with Performance-Based Standards agrees. "Sacramento County Probation is a national model in its use of data to continuously improve outcomes for the youths in its custody."

The Sacramento County Youth Detention Facility has also been nationally recognized in recent years for its success in reducing uses of force and injuries to both vouths and staff.

Rancho Cordova Recruiting Volunteers for Business Walk

RANCHO CORDOVA, CA (MPG) - in the region and sustaining Volunteers are needed to participate in the 6th Annual Rancho Cordova Business Walk on Friday, October 25th from 8:30 a.m. to 2 p.m. at the Rancho Cordova Police Department, 2897 Kilgore Road.

Volunteers walk door-to-door to Rancho Cordova businesses to gather feedback about the local economy. Businesses are asked questions such as how business is, what do you like about doing business in Rancho Cordova, and what needs to be done to make it

"The business walk gives us a snapshot of the struggles and successes of Rancho Cordova businesses," said Economic Development Director Curt Haven. "Rancho Cordova is the second largest job base

relationships is key to retaining and growing our business community."

The business walk is an annual event conducted in partnership with the City of Rancho Cordova, Rancho Cordova Chamber of Commerce. and the Sacramento Metro Chamber.

Last year, volunteers visited 110 businesses in commercial and industrial areas gathering ideas for improvement and benefits to conducting business in Rancho Cordova. Location and friendliness of community members were the highest rated benefits.

The city also implemented an internal business survey program requiring each employee to visit five businesses by the end of the year. This program is modeled after the business walk to take a citywide approach to economic development efforts.

"The economic health of Rancho Cordova's very deep and diversified business community is of critical importance to the health of our community as a whole," said Mayor Linda Budge. "Visiting with our business people in their own stores and offices is the best way to understand what issues they deal with on a daily basis. The communication and understanding that takes place during these routine business walks assures them that their best interests are a priority."

Free breakfast and lunch will be provided to volunteers. For more information or to register as a volunteer, visit www.metrochamber.org/businesswalks.

Source: City of Rancho Cordova



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Mercy MS Center Awarded \$890,000 **Grant to Establish Northern California's First MS Achievement Center**

Mercy MS Center has been awarded a grant from the Conrad N. Hilton Foundation in the amount of \$890,000 to establish Northern California's first MS Achievement Center. The Center, part of the Mercy Neurological Institute, will introduce wellness services for patients and their families facing the challenges of Multiple Sclerosis. The center will open in December 2013, and includes new space, equipment and staff.

The Conrad N. Hilton Foundation has a long history of generous support for MS programs. Concern about MS is one for the Hilton family; Marilyn Hilton died from complications of the disease. The Marilyn Hilton MS Achievement Center at UCLA was established in 2001 in her honor and has pioneered new programming for MS care; emphasizing wellness services to complement traditional clinical care.

"Mercy MS Center recognizes the substantial work of the Hilton Foundation and the Marilyn Hilton MS Achievement Center in establishing a framewellness programming for people with MS," said Dr. John Schafer, director of the Mercy MS Center and the future Mercy MS Achievement Center.

Mercy's new MS Achievement Center will be modeled on the Marilyn Hilton MS Achievement

Center; providing wellness programming to address the physical, mental, cognitive, recreation, and information needs of people with MS

"These services will greatly improve the physical function and quality of life for both patients and their families," added Dr. Schafer. "We hope the success of the new Mercy MS Achievement Center will contribute to the momentum for establishing similar programs nationwide.

The new Mercy MS Achievement Center highlights the importance of philanthropy in changing the face of healthcare. The Hilton Foundation's grant of \$890,000 will provide the necessary startup capital and operational expenses for the project's \$1.5 million budget. Remaining program costs will be work and knowledge base of met through Mercy Foundation's

efforts to secure additional philanthropic support; including individual gifts, and foundation and corporate funding.

"The Hilton Foundation grant support has created the necessary catalyst to initiate long-needed MS wellness programming in the Sacramento region," said Michael Taylor, Dignity Health's senior vice president of operations for the Sacramento-San Joaquin service area.

The Mercy MS Achievement Center builds on Mercy MS Center's long-standing leadership in the treatment of MS; distinguished by a comprehensive team approach and the latest technology. Mercy MS Center was the first in California to be designated a comprehensive center for MS care by the National Multiple Sclerosis Society.

"Mercy MS Center is committed to the care of people with all stages of MS," said Dr. Schafer. "The gift from Hilton Foundation will allow us to extend the comprehensive clinical services of the Mercy MS Center to provide access to much-needed programs and services that are not currently available for people in our region living with MS.'

Oktoberfest at the Lodge

Continued from Page 1

Happy Hour: every Monday-Friday, from 4-7 p.m. and from 10 p.m. -12 a.m., all-day on Saturdays and Sundays. Happy Hour specials include \$2.50 for select drafts, \$3.50 for well drinks, and \$3.50 for glasses of house red and white wine.

NFL and college football

and football season, all in one place! Have fun and socializ in a laid-back setting, the Lodge is where you'll want to be this October.

Located at Cordova Casino in Rancho Cordova, California, the Lodge is a place for friends, family, and visitors alike. Visit the Lodge for breakfast, lunch,

viewings: Celebrate Oktoberfest and dinner (each served daily) as well as for a happy hour and a late night menu. Come to the Lodge, where the environment is relaxed, friendly, and welcoming, and the food approachable and comforting.

> For reservations and information, call 916.293.7480 or visit www.lodgecordova.com.

Source: Puccini Group

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THE BRIDGE CHURCH 10415 Folsom Blvd., Ste. 103 (near Coloma) 916-304-3014 • Sundays 10am Expository verse by Verse Bible Teaching Childcare provided through 8 years www.TheBridgeOnline.net "Making disciples who make disciples"

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CORDOVA CHURCH OF CHRIST 10577 Coloma Road • 638-2200 www.cordovachurch.com Sunday Morning Worship 9:00am & 11:30am

Bible classes for all ages 10:15am Nursery and Wee Worship available for both services Staff: Larry Stafford, Matt Huddleston Frank Collier, Jimmy Hurd

RANCHO CORDOVA SEVENTH-DAY ADVENTIST CHURCH 3405 Viking Drive • Rancho Cordova (916) 363-1995 Voice Mail

Sabbath School 9:30am • Worship Service 10:45am Midweek Bible Study, Tuesday 7pm Byron K. Hill, English Pastor

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Sunday 10 am Holy Eucharist & Sunday School Child Care provided 9am - 12 noon The Reverend Christine Leigh-Taylor **CORDOVA NEIGHBORHOOD CHURCH**

10600 Coloma Road • 635-5992 cnchurch.org Sunday Morning Worship 9:30am & 11am

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- 1. Opposite of rappel 6. Be mistaken
- 13. Eagle's nest, e.g.
- 14. Remain
- 18. *Spooky 19. *It's illuminating
- 23. Last word of "America the Beautiful'
- 24. Speed unit 25. Highest card in "War"
- organisms 35. Legal prefix
- 39. Around or approximately
- 41. Cruising
- 44. Chinese fruit 46. Shells, e.g.
- 48. Unlike a mammoth, e.g.
- 52. Bond, e.g.
- 53. *Avoided by Dracula 57. *Fairy 60. *Kind of Halloween

65. Tarzan's parental role

- house 64. *Specter
- 72. Moray, e.g. 73. Artiset Fernand or designer Herve
- 2. Vega's constellation 3. Chipping choice
- 4. Breath refreshers 5. Befit
- 9. Acreage
- 15. Boston pro 20. Indian restaurant condiment
- 25. *In season, sing. 26. Flower part
- 29. Computer entry

CLUES

- 9. Long, long time
- 15. Like unrefined oil 16. Actor Jeremy
- 17. Credit card acronym
- 21. Two dots above a letter
- 28. Calf-length skirt 30. Relating to living
- 37. Hyperbolic tangent
- 40. Socket insert
- 43. Bank claim
- 47. "____ be surprised"
- 50. Insubstantial
- 55. Corn site
- model 67. Out of the way 68. Figure out
- 69. ____ Appia 70. Fencing move 71. At the top
- DOWN 1. To finish with a ceiling
- 6. Distinctive flair 7. *Body marker 8. Old episode
- 10. Leader or expert 11. Prep for publication 12. Get the picture
- 22. Capone's family 24. Flesh and blood
- 27. Spew
- become popular For Solution See Page 7

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32. Threesomes

34. *Halloween swag

36. Muslim honorific

42. Blood carrier

51. Everyone else

54. Boxer's move

57. 3-pointer, e.g.

62. U2 guitarist

45. Compose

56. Arise

60. Cure

38. Part of hemoglobin

49. Sylvester, to Tweety

58 a.k.a. the sport of kings

59. Please get back to me

61. Sound of a small bell

63. Doe in "Do-Re-Mi" song

66. *Around now pumpkin ones

64. Fed. property manager

33. Freeze

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5 4 8 3 2 5 4 2 9 3 9 9 3 1 6 2 5 9

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10527 Coloma Road, Rancho Cordova, CA 95670 You are invited to place your well wishes and/or business ads in a Souvenir Memory Book in honor of the 50th Anniversary Celebration.

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Crossword Puzzle on Page 6

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07343, Symia J. Stigler, 6310 Coneio. Rancho Murieta, CA 95683 is doing business under the Fictitious Business Name "9 Sixteen" at 6310 Coneio, Rancho Murieta, CA 95683. Filed with the Clerk of Sacramento County on September 16, 2013. Publish: Sept. 25, October 2, 9, 16, 2013. 9SIXTE 131003

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07398. Cynthia Renee Baldwin, 2949 Longboat Key Way, Sacramento, CA 95835 is doing business under the Fictitious Business Name "Besame Bella Kiss Me Beautiful" at 2949 Longboat Key Way, Sacramento, CA 95835. Filed with the Clerk of Sacramento County on September 17, 2013. Publish: Sept. 25, October 2, 9, 16, 2013. BESAME 131003

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06928. Tony Barbarich, 8720 Woodman Way, Unit F, Sacramento, CA 95826 is doing business under the Fictitious Business Name "Little Hearts of Mary" at 8720 Woodman Way, Unit F, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on August 29, 2013. Publish: Sept. 25, October 2, 9, 16, 2013. 131003

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07341. Jackie Rittenhouse, 8609 Acjkerman Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Select Performance Vehicles" at 8609 Acikerman Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on September 16, 2013. Publish: Sept. 18, 25, October 2, 9, 2013. 131003

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06869. Joshua Kretchman, 2401 U St., Sacramento, CA 95818 is doing business under the Fictitious Business Name "Treepoint Real Estate and Treepoint Realty" at St., Sacramento, CA 95818. Filed with the Clerk of Sacramento County on August 27, 2013. Publish: Sept. 25, Oct. 2, 9, 16, 2013. 131003 10-16-13

FICTITIOUS BUSINESS NAMESTATEMENT #FBNF2013-07200. Jeffrey Adkins, 9848 Oakplace, No. E, Folsom, CA 95630 is doing business under the Fictitious Business Name 5404 Laurel Hills "Adkins Eye Specialists" at Dr., Sacramento, CA 95841. Filed with the Clerk of Sacramento County on September 11, 2013. Publish: October 2, 9, 16, 23, 2013 **ADKINS** 131004 10-23-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07675. Lynda Marenich, 8083 Sunrise East Way, No. 48, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "American Aviation Surplus" at 8083 Sunrise East Way, No. 48, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on September 25, 2013. Publish: October 2, 9, 16, 23, 2013

10-23-13 **AMERIC** 131004 FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07698. April Lynn Stenen, 6607 Greenleaf Dr., Citrus Heights, CA 95621 is doing business under the Fictitious Business Name

"April Sunshine Healing" at 6607 Greenleaf Dr., Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on September 26, 2013. Publish: October 2, 9, 16, 23, 2013 131004 FICTITIOUS BUSINESS NAME STATEMENT

#FBNF2013-07389. Tollefson and Associates. Inc. 8025 Greenback Ln., Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "Batteries Plus Bulbs" at 1632 Howe Ave. Sacramento, CA 95825. Filed with the Clerk of Sacramento County on September 17, 2013. Publish: October 2, 9, 16, 23, 2013 BATTER 131004

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07603. Adam J. Stoner, 5621 North Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Hospitality Network Support Solutions" at 5621 North Ave. Carmichael, CA 95608. Filed with the Clerk of Sacramento County on September 23, 2013. Publish: October 2, 9, 16, 23, 2013 131004

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07693. Alan Dismuke, 420 15th St., Sacramento, CA 95814 is doing business under the Fictitious Business Name "Left Coast Editions" at 420 15th St., Sacramento, CA 95814. Filed with the Clerk of Sacramento County on September 25, 2013. Publish: October 2, 9, 16, 23, 2013

131004 10-23-13 FICTITIOUS BUSINESS NAME STATEMENT

#FBNF2013-07705. Paul V. Scholl, 7144 Fair Oaks Blvd., Ste. 5, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Rancho Cordova Grapevine Independent. West Sacramento Sun, and Rancho Cordova Independent" at 7144 Fair Oaks Blvd., Ste. 5, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on September 26, 2013. Publish: October 2, 9, 16, 23, 2013 RANCHO 131004 10-23-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07054. Ha Wan Ku, 4364 Oxwood Dr., Sacramento, CA 95826 is doing business under the Fictitious Business Name "Vogue Cleaners" at 3437 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on September 5, 2013.

Publish: October 2, 9, 16, 23, 2013 VOGUE 131004 10-23-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07538. Brittanny Hood, 4908 Dingman Cir., Sacramento, CA 95823 is doing business under the Fictitious Business Name "B. Forever Young homecare" at 4908 Dingman Cir., Sacramento, CA 95823. Filed with the Clerk of Sacramento County on September 20, 2013. Publish: October 9, 16, 23, 30, 2013 B.FORE 131005

10-30-13 FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07769. Rachael Mozingo, 1523 Hood Rd., Unit A, Sacramento, CA 95825 is doing business under the Fictitious Business Names "Eco Appliance Recycling" and "Eco Appliance" at 1523 Hood Rd., Unit A, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on September 30, 2013.

Publish: October 9, 16, 23, 30, 2013 ECOAPP 131005 10-30-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07844. Sara Volkell. 3510 Los Alamos Way, Sacramento, CA95864 is doing business under the Fictitious Business Name "hathamade" at 1523 Hood Rd., Unit A. Sacramento, CA 95825. Filed with the Clerk of Sacramento County on October 2, 2013. Publish: October 9, 16, 23, 30, 2013

HATHAM 131005 FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07790. Thong Hoang Pham, 8732 Banton Cir., Elk Grove, CA 95624 is doing

business under the Fictitious Business Name "PG Advanced Glass Services" at 8732 Banton Cir., Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on September 30, 2013. Publish: October 9, 16, 23, 30, 2013 **PGADVA** 131005 10-30-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07930. Coders Online. Inc., 6141 Grant Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Names "Single Take Productions," "Single Take Video," "Single Take Photography," "Single Take Audio," "Live Motion Pictures," and "Full Motion Cinema" " at 6141 Grant Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on October 4, 2013. Publish: October 9, 16, 23, 30, 2013 SINGLE

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Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294–February 7, 1984 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380–September 18, 1969

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07861. New Lyfe Health, LLC, 1931 H St., Sacramento, CA 95811 is doing business under the Fictitious Business Name "New Lyfe Health" at 1931 H St., Sacramento, CA 95811. Filed with the Clerk of Sacramento County on October 2, 2013. Publish: October 9, 16, 23, 30, 2013 NEWLYFE 131005

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07750. Rashid Amin, 8155 Waterman Rd., Apt. 1212, Sacramento, CÁ 95829 is doing business under the Fictitious Business Name "R & F Phone Shop" at 1500 W. El Camino Ave., Ste. , Sacramento, CA 95833. Filed with the Clerk of Sacramento County on September 27, 2013. Publish: October 9, 16, 23, 30, 2013

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07921. Nidhana Perera, Country Garden Dr., Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name "Bubby's Decor" at 11927 Country Garden Dr., Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on October 4, 2013. Publish: October 16, 23, 30, November 6, 2013 131101

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07948. Darlene D. Hollins, 4000 Alan Shepard St., No. 368. Sacramento, CA 95834 is doing business under the Fictitious Business Name Blessed Enterprises" at 4000 Alan Shepard St., No. 368. Sacramento, CA 95834. Filed with the Clerk of Sacramento County on October 7, 2013. Publish: October 16, 23, 30, November 6, 2013 BLESSED 131101

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07791. Maria L. Meledez Lopez, 391 Summer Garden Way. Sacramento. CA 95833 is doing business under the Fictitious Business Name "H & M Pacific Flooring" at 391 Summer Garden Way, Sacramento, CA 95833. Filed with the Clerk of Sacramento County on September 30, 2013. Publish: October 16, 23, 30, November 6, 2013 131101

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07822. Tony K. Elder. 9244 Woodrow Way, Elk Grove, CA 95758 is doing business under the Fictitious Business Name "WestBound Groove Entertainment" and "Tejazz Music" at 9244 Woodrow Way, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on October 1, 2013. Publish: October 16, 23, 30, November 6, 2013 131101 WESTBO

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07947. #FBNF2013-07947. Tony Mach, 6561 Chesterbrook Dr, Elk Grove, CA 95758 and Lan My Diep, 10008 Phoenician Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name "T&T Auto Body" at 3210 51st Ave., Sacramento, CA 95823. Filed with the Clerk of Sacramento County on October 7, 2013. Publish: October 16, 23, 30, November 6, 2013 131101

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07960. Mai Yang Xiong, 4936 14th Ave., Sacramento, CA 95820 is doing business under the Fictitious Business Name "Adorable 3D Nail Bar and Salon" at 5712 Broadway Blvd., Sacramento, CA 95820. Filed with the Clerk of Sacramento County on October 7, 2013. Publish: October 16, 23, 30, November 6, 2013 ADORAB 131101 11-06-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-08045. Joel E. Portnoy, 8500 Elm Ave. Orangevale, CA 95662 is doing business under the Fictitious Business Name "Carcanix" at 3340 Sunrise Blvd., No. E, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on October 9, 2013. Publish: October 16, 23, 30, November 6, 2013

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-08024. Jack Burns, 4124 22nd St., Sacramento, CA 95822 is doing business under the Fictitious Business Name "Jack Burns Enterprises" at 5320 Auburn Blvd., Sacramento, CA 95841, CA 95742. Filed with the Clerk of Sacramento County on October 8, 2013. Publish: October 16, 23, 30, November 6, 2013 **JACKBU** 131101 11-06-13

ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE #FBNF2009-03660.

The following corporation has abandoned the use of the FICTITIOUS BUSINESS NAME of Cooks Collision of Carmichael, 6801 Fair Oaks Blvd. Carmichael, CA 95608: Cooks Collision, Inc., 2990 Lava Ridge Ct., Ste. 190, Roseville, CA 95661 The Fictitious Business Name Statement was

filed on April 7, 2009, in the County of Sacramento. Abandonment filed with Sacramento on August 29. 2013. Publish: October 2, 9, 16, 23, 2013 131004 10-23-13

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE

#FBNF2013-07222.

The following individual has abandoned the use of the FICTITIOUS BUSINESS NAME of PG Advanced Construction Services, 8732 Banton Cir., Elk Grove, CA 95624: Thong Hoang Pham, 87232 Banton Cir., Elk Grove, CA 95624. The Fictitious Business Name Statement was

filed on September 11, 2013, in the County of Sacramento. Abandonment filed with the Clerk of Sacramento September 30, 2013. Publish: October 9, 16, 23, 30, 2013

131005 10-30-13 STATEMENT OF ABANDONMENT

OF FICTITIOUS BUSINESS NAME FILE #FBNF2013-05725.

The following individual has abandoned the use of the FICTITIOUS BUSINESS NAME of MTM Pharmacy Consultants, 8935 Cobble Crest Dr., Sacramento, CA 95829: Dian D. Tran, 8935 Cobble Crest Dr., Sacramento, CA 95829. The Fictitious Business Name Statement was filed on July 16, 2013, in the County of Sacramento.

Abandonment filed with the Sacramento on October Publish: October 16, 23, 30, Nov. 6, 2013 11-06-13

ORDER TO SHOW CAUSE **CHANGE OF NAME**

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00150717

WHEREAS, Fnu Zabihullah and Fnu Yalda have filed a petition with this court for a decree changing the names of Fnu Zabihullah to Zabihullah Najem, Fnu Yalda to Yalda Kabiri, and Fnu Sana to Sana Najem.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 28, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 11, 2013

Raymond A. Cadei Judge of the Superior Court Publish: Sept. 18, 25, October 2, 9, 2013.

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131002

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00151150

WHEREAS, Stacey Anne Billingsley has filed a petition with this court for a decree changing the name of Stacey Anne Billingsley to Stacey Anne Mayes. IT IS ORDERED that all persons interested in

the above entitled matter appear before this court at 9:00 a.m. on November 7, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of

this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 18, 2013 Raymond A. Cadei

Judge of the Superior Court Publish: Sept. 25, October 2, 9, 16, 2013. 10-16-13 131003

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00151161

WHEREAS. Michelle Lewis has filed a petition with this court for a decree changing the name of Maia Jade Jean Hallock to Maia Jade Weithington. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 8, 2013, in Department 53,

located at 800 Ninth Street, Third Floor, Sacramento,

CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 18, 2013

David I. Brown Judge of the Superior Court Publish: Sept. 25, October 2, 9, 16, 2013. 131003

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00150703

WHEREAS, Lucy Margerita Coleman-Merchant has filed a petition with this court for a decree changing the names of Lucy Margerita Coleman Merchant to Lucy Margerita Coleman Merchant, Nevaeh Jeannette Yong to Nevaeh Jeannette Coleman Merchant, and Sir Von Anthony Isacc Church II to SaVon Jeremiah Coleman Merchant.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 28, 2013, in Department 53. located at 800 Ninth Street. Third Floor. Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of

this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 11, 2013 David I. Brown

Judge of the Superior Court Publish: Sept. 25, October 2, 9, 16, 2013. COLEMAN 131003 SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00147913 WHEREAS, Erin Victoria Wagstaffe has filed a

petition with this court for a decree changing the name of Erin Victoria Wagstaffe to Victoria Erin Wagstaffe. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 24, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento,

CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks

prior to the date set for hearing on the petition. Dated: September 13, 2013 Raymond M. Cadei Judge of the Superior Court

Publish: Sept. 25, October 2, 9, 16, 2013. WAGSTAF 131003 SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00151615

WHEREAS, Keith Edward Binggeli has filed a petition with this court for a decree changing the name of Keith Edward Binggeli to Keith Michael Bauer. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 14, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 25, 2013 David I. Brown

Judge of the Superior Court Publish: October 2, 9, 16, 23, 2013 131004

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00151641

WHEREAS, Stephanie Elise Cutter has filed a petition with this court for a decree changing the name of Stephanie Cutter to Stephanie Elise Congleton.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 15, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
IT IS FURTHER ORDERED that a copy of

this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 25, 2013 David I. Brown

Judge of the Superior Court Publish: October 2, 9, 16, 23, 2013 CUTTER 131004 10-23-13

This Public Notice of Intent to operate a

continuous school program or year round school

is hereby given pursuant to California Education Code Section 37611, Article 2, "Establishment

and Maintenance of the Continuous School

Program or Year Round School."

The Elk Grove Unified School District is

considering the need to operate an additional

school on a continuous school program or year

round school in such a manner as to require a

pupil to participate in a continuous or year round

program beginning in the 2014-2015 school year.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00151686 WHEREAS, Stephanie Georgina Koenig

has filed a petition with this court for a decree changing the name of Stephanie Georgina Stephanie Georgina IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 20, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 25, 2013 Raymond M. Cadei Judge of the Superior Court

10-23-13 **KOENIG** 131004 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

Publish: October 2, 9, 16, 23, 2013

#34-2013-001515625 WHEREAS, James Richard LaJolla has filed a petition with this court for a decree changing the name of James Richard LaJolla to James Richard Knaak LaJolla. IT IS ORDERED that all persons interested in

the above entitled matter appear before this court at 2:00 p.m. on November 15, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general Sacramento County, circulation, printed in

California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 25, 2013 David I. Brown Judge of the Superior Court

Publish: October 2, 9, 16, 23, 2013 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

CHANGE OF NAME

#34-2013-001515671

WHEREAS, Michelle Antoinette Rossi has filed a petition with this court for a decree changing the name of Michelle Antoinette
Rossi to Michelle Antoinette Carlossi

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 19, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 25, 2013 Raymond M. Cadei

Judge of the Superior Court Publish: October 2, 9, 16, 23, 2013 ROSSI 131004

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE #34-2013-00151652

10-23-13

WHEREAS, Katrina R. Sanchez has filed a petition with this court for a decree name of Mariah Catherine the Mariah Catherine Sanchez. IT IS ORDERED that all persons interested in

the above entitled matter appear before this court at 9:00 a m. on November 18, 2013, in Department 54 located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of

this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation. printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 25, 2013 Raymond M. Cadei Judge of the Superior Court

Publish: October 2, 9, 16, 23, 2013 SANCHEZ 131004 10-23-13 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00151946

WHEREAS, Marilyn Ponce Lopez has filed a petition with this court for a decree changing the name of Marilyn Ponce Lopez to Marilyn Ponce.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 22, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 2, 2013 David I. Brown

Judge of the Superior Court Publish: October 9, 16, 23, 30, 2013 PONCE 131005 10-30-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00151962

WHEREAS, Amy Marshall has filed a petition with this court for a decree changing the name of Julia Marie Salter to Julia Marie Marshall. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 26, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 2, 2013

Raymond M. Cadei Judge of the Superior Court Publish: October 9, 16, 23, 30, 2013 MARSHAL 131005

PUBLIC NOTICE

Sunrise Elementary School, 11821 Cobble Brook Drive, Rancho Cordova, CA 95742. This Public Notice of Intent is published during the school year preceding the possible mmencement of such a program.

Any person interested in further information on

The following school is being considered:

establishment or discontinuance of a continuous or year round program may find such information from Section 37610 to Section 37600, Article "Establishment and Maintenance of the Continuous School Program (Chapter 5).

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00151246

WHEREAS, Alina Mikhnevich has filed a petition with this court for a decree changing the name of Alina Nicole Mikhnevich to Alina Petrovna Mikhnevich. IT IS ORDERED that all persons interested in

located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general in Sacramento

Dated: September 18, 2013 Judge of the Superior Court Publish: October 9, 16, 23, 30, 2013

> SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

filed a petition with this court for a decree changing the name of Justin Smpardos ice to Jamie Louise Smpardos-Price. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at

2:00 p.m. on November 22, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general

Judge of the Superior Court Publish: October 9, 16, 23, 30, 2013 PRICE 131005 10-30-13

> COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00152064

Ruiz has filed a petition with this court for a decree changing the name of Jack Henry DiGiorgio-Taber to Jack Henry DeGiorgio.

located at 800 Ninth Street, Third Floor, Sacramento CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County,

Raymond M. Cadei Judge of the Superior Court Publish: October 16, 23, 30, November 6, 2013 131101

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

WHEREAS, Rusul Nazar Tawffeq has filed a petition with this court for a decree changing the name of Rusul Nazar Tawffeq to Russul Nazar Roumani.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 4, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento,

circulation, printed in Sacramento California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 9, 2013

131101

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00151932

Edwardo Godinez has filed a petition with this court for a decree changing the name of Oscar Jaylen Godinez to Jaylen Eizic Godinez-Gentil.
IT IS ORDERED that all persons interested in

this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Raymond M. Cadei Judge of the Superior Court

Publish: October 16, 23, 30, November 6, 2013 GENTIL 131101 11-06 **GENTIL** SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

WHEREAS, Stephanie Marie has filed a petition with this court for a decree changing the name of Stephanie Marie Horgan to Stephanie Marie Frieders.

the above entitled matter appear before this court at 9:00 a.m. on November 13, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 18, 2013 Raymond M. Cadei

NOTICE OF ADMINISTRATION OF ESTATE

Carmichael, CA 95609

NOTICE OF ADMINISTRATION OF THE ESTATE OF EDWARD N. KACHURAK (KACHURAK FAMILY TRUST, DATED JANUARY 17, 1996) Case No. 34-2013-00152054

NOTICE OF ADMINISTRATION TO CREDITORS

The personal representative HAS BEGUN ADMINISTRATION of the decedent's estate in the Superior Court of California, County of Sacramento, 3341 Power Inn Road, Sacramento, CA 95826. You must FILE YOUR CLAIM with the court clerk at the above address and mail or deliver a copy to the personal representative before the last to occur of the following dates:

(1) Four months after November 1, 2013, the date letters (authority to act for the estate) were first issued to a general personal representative. as defined in subdivision (b) of section 58 of the California Probate code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

Late Claims

If you do not file your claim within the time required by law, you must file a petition with the court for permission to file a late claim as provided in Probate Code section 9103. Not all claims are eligible for additional time to file. See section 9103(a).

Creditor's Claim (form DE-172) may be obtained from any superior court clerk. You may also access a fillable version of the form on the internet at www.courts.ca.gov./forms under the form group Probate-Decedents' Estates. A letter to the court stating your claim is not sufficient. Failure to file a claim with the court and serve

a copy of the claim on the personal representative will in most instances invalidate your claim. If you use the mail to file your claim with the court, for your protection you should send your claim by certified mail, with return receipt requested. If you use the mail to serve a copy of your claim on the personal representative, you should also use certified mail.

The name, address and telephone number of petitioner is: Michael E. Kachurak, 16428 Bonita Park Drive, Surprise, AZ 85387; (623) 518-4990 Publish: October 16, 23, 30, 2013

KACHUR 131005

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10-30-13

HORGAN

to DOJ & FBI

the above entitled matter appear before this court at 9:00 a.m. on November 13, 2013, in Department 54,

circulation, printed California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Raymond M. Cadei

MIKHNE 131005 10-30-13

#34-2013-00151944 WHEREAS, Justin Smpardos Price has

circulation, printed in Sacramento County California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 2, 2013 David I. Brown

SUPERIOR COURT OF CALIFORNIA WHEREAS, April Taber and Daniel

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 4, 2013, in Department 54

California, once a week for four consecutive weeks prior to the date set for hearing on the petition Dated: October 9, 2013

CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general

Raymond M. Cadei Judge of the Superior Court Publish: October 16, 23, 30, November 6, 2013 TAWFFEQ

WHEREAS, Chelsea Lisay Gentil and Oscar

the above entitled matter appear before this court at 9:00 a.m. on November 22, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
IT IS FURTHER ORDERED that a copy of

Dated: October 2, 2013

CHANGE OF NAME #34-2013-00151242

IT IS ORDERED that all persons interested in

Judge of the Superior Court Publish: October 16, 23, 30, November 6, 2013

131101

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For Every Lock There Is a Key by Bryan Golden



City of Rancho Cordova Notice of Public Hearing This item has been rescheduled due to the cancellation of the October 21st

NOTICE is hereby given that on Monday, November 18, 2013, at 5:30 p.m., or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing at the Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova, to consider the following:

RIVERGATE SHOPPING CENTER MONUMENT SIGNS - PROJECT NO. DD8235 - CONDI-TIONAL USE PERMIT: REQUEST: The applicant is requesting remove two existing K-Mart monument

signs that are located in the Sunrise Special Sign Corridor and install a new 10X20 foot monument sign on Sunrise Boulevard and a 10x10 foot monument sign on Zinfandel Drive, which are over size in height and size.

OWNER/APPLICANT:

Hupp Signs & Lighting Ethan Conrad Properties Mr. Ethan Conrad Mr. Joe Hupp 70 Loren Avenue 1300 National Drive Sacramento, CA 98534 Chico, CA 95928

LOCATION/APN: 2352 Sunrise Boulevard / APN: 058-0261-027-0000

ZONING: Commercial Mixed Use (CMU)

ENVIRONMENTAL: Categorically Exempt under Sections 15303 (New Construction or Conversion of Small Structures) of the California Environmental Quality Act Guidelines

PROJECT PLANNER: William Campbell, Principal Planner

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the hearing will be made a part of the public

Questions regarding this matter should be directed to the City of Rancho Cordova Planning Department at (916) 851-8750.

NOTICE REGARDING CHALLENGES TO DECISIONS

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/agenda, or in written correspondence delivered to the city at, or prior to, this public hearing

ADA COMPLIANCE STATEMENT

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

The Privilege of Planning

Make Sure Those You Care About Are Always Cared For

"The Privilege of Planning" is not a sales seminar. It is a 20-minute educational presentation that focuses on the importance of advance funeral planning and all of the options available. Information will be presented on Veteran's benefits, cremation and burial choices as well as key consumer advice. In addition to a catered meal, each attendee will receive a FREE Emergency Planning Guide.

Choose One Of These Luncheon Seminars

Printed in the Grapevine Independent on October 18, 2013

Fri., October 11

11:30 am to 12:30 pm

EAST LAWN Memorial Park & Crematory

4300 Folsom Blvd. P.0. Box 19334 Sacramento, CA 95819 Tel 916.732.2000

Wed., October 23 (Spanish & English)

11:30 am to 12:30 pm

EAST LAWN Andrews & Greilich Funeral Home

3939 Fruitridge Road Sacramento, CA 95820 Lic. #FD-136 Tel 916.732.2026

FD#136

Have you seen the marketing technique where you are invited to visit the sponsoring business to choose one key from a box filled with keys? You then get to try the key in a locked treasure chest. If your key opens the lock you win a prize.

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there is no way to avoid problems. Some problems have obvious solutions. Other problems are more difficult to solve, but have solutions nevertheless. Regardless of the magnitude, for every problem there is a solution.

Finding that special person for an interpersonal relationship can be elusive. Locating someone who you feel is compatible with you may seem like an impossible task. The virtually unlimited number of dating sites on the internet is evidence of how many people are in the same boat.

There is undoubtedly someone for everyone. Look around when you are out in public. You will observe many couples that make you scratch your head in amazement. How, you wonder, did they find each other?

If other people can discover their match, so can you. The unknowns are when and where you will finally connect. For every person there is someone compatible.

What do you want to do when

you grow up? Some people know exactly what their mission is from a very young age. Others discover their calling only later on in life. Then there are those who are continually seeking their dream, changing direction frequently.

Where do you stand? Have you found your ideal occupation or are you still searching? Are you stuck in a dead-end career you hate? Whatever it is you would rather be doing, others are making a living at it.

It doesn't matter how old you are or what you have been doing up until now. The only significant issue is what you want to do. With a little introspection, you will uncover the line of work which really fits you.

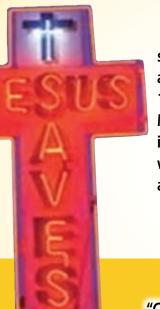
When you are engaged in an activity you love, it never feels like work. When you find the ideal fit, you will be amazed you are actually getting paid to do what you love. For every person there is a perfect vocation.

The people who are not successful in getting the keys for their locks are those who don't believe any keys exist or stop looking. If you are convinced there is no key, one could be staring you in the face and you won't see it. Also, when you stop looking you are guaranteed not to find anything.

Those people who find keys are certain of their existence. Giving up is not an option for them. They keep looking, in a variety of places, until they acquire what they are looking for. There is no reason you can't find all of the keys you need. With each key you discover, you will become more excited and motivated to find even more. Indeed, for every one of your locks there is a key.

NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit www.BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com or write him c/o this paper. © 2008 Bryan Golden

Union Gospel Mission Sacramento



Tor more than 50 years, Union Gospel Mission has been serving Sacramento's homeless with shelter, meals, clothing, a rehabilitation program and a life-changing Gospel message. Founded in 1962 by concerned Christians for men in need, the Mission now serves women and children, too, and is an amazing testament to the good that comes with committed volunteers, inspired leadership and the community's support.

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EAST LAWN Elk Grove Memorial Park & Mortuary

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Seating is limited to 30 attendees per seminar - RSVP today and reserve your seat.

Page 10 The Independent October 18, 2013

Lancers Fall to Raiders in League Opener



Story by Mike Bush

RANCHO CORDOVA, CA (MPG) - Cordova High School football coach Vance Mueller felt his team had momentum going into its Capital Athletic League opener at Rio Americano

Saturday. After losing to Pioneer, 14-13, in a non-league game Oct. 4, Cordova jumped out to a 6-0 lead when running back Lorenzo Bermedez, behind his offensive line of Mario Medina, Christopher Ruiz, Brandon Lincoln, Jorge Melendez, Terion Guichard and Dmitre Jones, scored on an 18-yard reverse with 1:13 left in the first quarter. Late in the second quarter, Cordova defensive back Lamar Knox picked off a pass in the Raiders' end zone.

But highlights for the Lancer reel tape would be minimal, as they fell to the Raiders, 31-12. The Raiders are coached by former and legendary Cordova grid coach Max Miller, who took over the program last season and has the most wins by any football coach in the Sac-Joaquin Section.

After Cordova (0-1, 1-5) scored its first touchdown, Rio Americano started putting points on the home side of the scoreboard in the second quarter. The Raiders' Joey Dupzyk booted a 29-yard field goal with 6:28 left to cut the Lancers' lead to 6-3

Rio Americano (1-0, 2-4) took a 10-6 lead when strong safety Robert Galakhov recovered a fumble and raced 14-yards, still in the second quarter. The extrapoint kick was good.

Knox's pick would result in a turnover for the Lancers' offense, and the Raiders responded before halftime. Quarterback Shaun Dhillon scored on a 3-yard QB keeper with 25.9 seconds left. The extra-point kick gave the Raiders a 17-6 lead.

"I think we came out flat today," Mueller said. "We were flat all week in practice. We lost a tough game (to Pioneer)."

Both teams exchanged possession of the ball throughout most of the third quarter. But Rio Americano increased its lead to 24-6 on another TD run.

Mueller watched his team battle back after the score. On the kickoff return, Bermedez carried the ball 40 yards to the Raiders' 41 vard line. The drive was capped toward the end of the quarter when running back Mike McNeil scored on a 20-yard run, eluding tackles and dove into the end zone.

The Lancers opted for the 2-point conversion, but was no good to leave the score at 24-12.

"These kids are fighting hard," Mueller said. "They are learning how to play football and doing a lot of good things. They fought hard to rally back."

Rio Americano scored its last touchdown on a 20-yard run with 1:13 left in the game.

The Lancers were without the services of quarterback Zack Tapia, who suffered a concussion in the Pioneer game. Mueller was pleased with the performance of back-up signal caller Carlos Cuevas.

"We rallied around Carlos, and I feel we did a real good job," Mueller said. "I credit Mike McNeil; he really put this team on his back. He played

Photo by Rae L. Flippo

his body." McNeil finished with 20 carries for 122 yards. The Lancers finished with 143 rushing yards, and 163 total offensive yards.

with all he had; every fiber in

On defense, Lancer defensive linemen Alex Yang and Dzvid Domashuk had 10 tackles. Defensive tackle Azat Kudbalyan and strong safety Grant Johnson had eight tackles each for Cordova.

On Friday, Oct. 18, Cordova celebrates its homecoming when CAL opponent El Camino pays

Cordova High School Fall Sports

Volleyball

On Oct. 8, Cordova fell to Rio Americano in a Capital Athletic League match at the Lancers' gym in straight sets, 25-11, 25-17, 25-9. As of Oct. 14, the Lady Lancers are 0-1 in CAL and 4-13 overall.

Soccer

On Oct. 9, Cordova fell to Antelope, 2-0, at the Lancers' field. On Oct. 7, Cordova lost to El Camino, also a home contest, 5-1. As of Oct. 14, Cordova is 1-3 in CAL and 3-6-1 overall.

Girls Tennis

On Oct. 1. Cordova lost to El Camino in a CAL contest, 8-1. Ahn Bui won the lone match for the Lady Lancers, posting a 7-6, 7-5 win. The Lady Lancer netters are 0-3 in the CAL, 0-4 overall.

Rancho Cordova Celebrates Traffic Improvements in Front of Mills Middle School

RANCHO CORDOVA, CA (MPG)

- Parents, residents, and the public are invited to celebrate the new left turn traffic signal and improved school crossing in front of Mills Middle School at a commemoration to be held at 9:30 a.m. on Thursday, October 24th. The school is located at 10439 Coloma Road in Rancho Cordova.

The City was awarded a \$270,000 grant from the State's Safe Routes to School Program

"Not only have the improvements made it safer for students to cross the busy street but it has also eased traffic so that there isn't a long back-up of cars when parents bring their children to school," said Britton Snipes, the City's Associate Civil Engineer who was in charge of the project.

The celebration will include a ribbon-cutting ceremony and

For more information, contact Dana Grossi, Public Works Analyst, at (916) 851-8897. ★

complimentary refreshments. to add a left turn signal light and a dedicated left turn lane in front of the school.

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> Yoo Ri Clark, Soprano Matt Hidalgo, Tenor

Amy Stevens, Mezzo John Martin, Bass

Dr. Ryan Enright, Organist SCSO Chamber Orchestra

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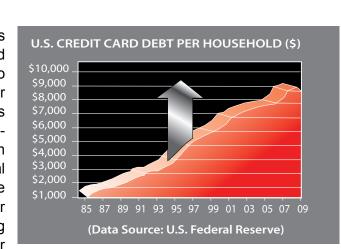


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Tom Hill **CGA STAFF WRITER**

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One such case is Sandra L. who proclaimed "CreditGUARD cut my monthly payment by \$656 and saved me over \$29,206.53 in interest. They saved my way of life and gave me back my piece of mind! Now I can see myself on my way to becoming debt free." or Jeffery C. who said "CreditGUARD of America helped me consolidate 3 of my credit cards into one affordable payment. They are now saving me nearly \$200 a month. Now I will be debt free in 2 years or less"

> Certified Credit Counselors at CreditGUARD of America provide Debt Relief Consultations at no charge, when you call:

> > 1-855-341-6281

October 18, 2013

The Independent Page 11

Rancho Cordova's 10th Anniversary Time Capsule Ceremony



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Andrés Flores (Maestro de Son Jarocho) from Veracruz Brings New Dance and Music Traditions

SACRAMENTO, CA (MPG) - As the 4th Annual Panteón de Sacramento approaches (Nov. 2-3, 2013), La Raza Galería Posada (LRGP), has added exciting new programming to the popular Dia de los Muertos two-day event held in midtown Sacramento at the open air 2020 J street location. LRGP is Sacramento's 41-year-old non-profit Latino art and cultural center.

The Panteón de Sacramento (Sacramento's Cemetery) is an urban re-creation of Dia de los Muertos which takes place every November 1 & 2 in small towns throughout Mexico and is considered Mexico's most important tradition – the belief that death is an extension of life.

While the centerpiece is always the 60+ large public altares (alters) created by families and friends of those who have passed, deep dance and music traditions are part of the Panteón as well. This year, Andrés Flores (Maestro de Son Jarocho) from Veracruz, Mexico and Maria Luisa Colmenares of Danzantes Unidos de California will lead dancers for the Fandango that will "call the muertos" at 10 p.m. to midnight on Saturday, Nov. 2. They will be joined by live musicians.

Originally from Alvarado. Veracruz, Andrés is a renowned luthier (stringed instrument maker) of instruments popular in the son jarocho regional folk style originating in Veracruz. He is also a musician and singer and is a specialist in playing the percussive instruments of the son jarocho. He has directed his own professional group (Quemayama) and heads his Taller Cascabel (a school). Andrés has been a member of the internationally renowned son jarocho groups "Chuchumbé" and "Quemayama," both groups of the highest caliber and comprised of some of the most well known musicians of the son jarocho. Both groups have recorded several CDs and have toured throughout Mexico, in the US, Europe and Latin America. Over the last year, Andrés has toured several times in Colombia with PianoXarocho.

Several days of rehearsal with dancers from Sacramento and northern California have been held the past few weeks. Irma Abella, director of Sacramento's Nube de Oro, and many of her dancers are participating, along with other ballet folklorico groups and interested individuals.

The popular Viejada dance procession will happen again

Going Out of Business SALE

this year also following the Fandango. Last year over 80 dancers participated. A video depicting a representation of the tradition, complete with masked devils, angels and catrinas (skeletal dolls) can be viewed a youtube.com/watch?v=G1RrF-

The public is welcome to join

Over 5000 people enjoyed the Panteón in 2012 with visitors coming from all over California. Sacramento was one of two cities (along with Los Angeles) who brought the Dia de los Muertos celebration to the United States in the early 1970s through the effort of La Raza Galeria Posada. Now it has spread throughout the

Source: Mindy Giles, Swell



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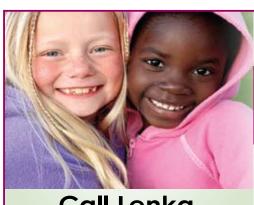


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Come Get Your Brew On!

"Whole Lotta Brews Going On" Raises Money to Empower Local Children and Families



RANCHO CORDOVA, CA (MPG) -Whole Foods Market Folsom presents their inaugural event "Whole Lotta Brews Going On" benefiting the Folsom Cordova Community Partnership (The Partnership). This event is scheduled to take place on Saturday, October 19, 2013 from 6:00 to

9:00 p.m. will be held at Whole

Community Partnership

Foods Market in Folsom located at 270 Palladio Dr. "As part of our mission, we recognize our responsibility to be active participants in our local community. This is just our way of giving back" says Whole Foods Market Marketing Coordinator Ciara

"Whole Lotta Brews Going On" is a key fundraiser for the valuable work of The Partnership. The Partnership provides an array of programs targeted at reducing the risk

of child abuse and neglect as well as impacting generational cycles of poverty. "Each year The Partnership provides parent education and support, safe youth activities, employment services and safety-net services to over 5,000 children, youth and adults in our local community," says Executive Director, Robert Sanger. "We offer this wide range of services in one place to best serve our families through our Family Resource Center environment.'

'Whole Lotta Brews Going On" will be an evening of beer and wine samplings from around the region along with gourmet food tastings from Whole Foods Market in-store vendors as well as local restaurants and caterers. The event features live music featuring the sounds of Mr. December and Foxtrot Mary featuring Marshal Wilkerson. Also, a spectacular silent auction showcasing a variety of desired items ranging from fine art, golf packages, exotic getaways, unique home décor and more. This event will also feature Chef Tyler Stone, a young Chef who represents the next generation in food preparation, and a former contestant of Bravos Top

Chef. Tyler enjoys incorporating "molecular gastronomy" into his dishes such as liquid nitrogen wine ice cream as well as other

You can partner with Whole Foods Market in supporting The Partnership and empowering children and families in our local community by purchasing tickets for "Whole Lotta Brews Going On" and enjoy an evening of delightful, beer, food, wine, and entertainment. Tickets are



\$25 per person in advance or \$30 at the door. Event sponsorships are also available.

For more information please contact Christopher Clark, Resource Development Manager (916) 859-0045 ext 281 or CClark@theFCCP.org







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