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# Grapevine Independent

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## Read & Feed Program Digs In As Librarians Go Agrarian



Junior League volunteers have partnered with the Sacramento Library Foundation to establish two demonstration gardens. A third is planned for Arcade Library. League President is (front, second left) Amanda Merz.

Story and photos by Susan Maxwell Skinner

Good books have plots. So have some libraries -- garden plots, that is.

At two Sacramento County libraries, hands-on learning gets hands dirty for a good cause. Children learn what makes crops grow; how different plants favor

different seasons; how bugs benefit growth; how fresh vegetables enrich diets.

The Sacramento Library Foundation has partnered with ladies of the Junior League in a "Read & Feed" program, geared to educate from the ground up. Spurred by hard times and the fashionable passion for healthy food, the garden movement is on

the rise across America. In wartime parlance, school, church and library plots are 21st century "Victory Gardens." And, just as 1940s allotments saved many from starvation, garden gurus hope community plots will improve nutrition and weed out bad habits.

"When we considered Sacramento needs, we saw

education and nutrition as priorities," explains Sacramento Junior League President Amanda Merz. "Many in the community lack access to fresh produce. Teaching families to grow food may change the way they eat and change lives. We hope the program will influence a new generation to get better food on

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## VSP Optics Group Gears Up for Some Home Makeovers

RANCHO CORDOVA, CA (MPG) - Five residents in Rancho Cordova's White Rock neighborhood will receive free home makeovers on Tuesday, November 5th. Fifty employees from VSP Optics Group (VSP) will give back to the community by renovating five residential properties and a neighborhood entryway.

Work will take place primarily in the front yard areas and will include landscaping, painting, and repairing fences. The opportunity comes at no cost to the property owners as employees will donate all labor while VSP provides the supplies.

VSP efforts are coordinated through the City of Rancho Cordova's volunteer program launched in January 2012. This year, the program has logged over 1,800 volunteer hours, including office assistance, graffiti removal, and support and assistance at local events. The program is part of a larger "Growing Strong Neighborhoods" initiative that combines forces from every City department to improve neighborhoods. Citizens taking the lead have become a large part of the initiative's goal to raise the standards of living for all residents.

"The City is working to engage its

residents and business community as partners and citizens instead of just as customers when it comes to bettering their community," said Council Member David Sander. "VSP stands out by not only believing in a positive future for our City but taking active steps as a corporate citizen to improve it."

To learn more about becoming a volunteer, visit [www.CityOfRanchoCordova.org](http://www.CityOfRanchoCordova.org) and select "I Want to... Volunteer," or contact Volunteer Coordinator Lorianne Ulm at (916) 851-8755.

Source: City of Rancho Cordova

## State of the City Rancho Cordova

By Shelly Blanchard

If the news doesn't draw you in, maybe the popcorn or art will do the trick. The annual Rancho Cordova "State of the City" event is coming Nov. 7, with some gourmet popcorn and candy to sweeten the deal.

Organized by the Cordova Community Council, the annual "State of the City" event will be held at 7 p.m. Thursday, Nov. 7 featuring the annual assessment on how the city is doing delivered by Mayor Linda Budge. The free event will be held at

Rancho Cordova City Hall. The formalities will be followed up by a dessert reception, with gourmet flavored popcorn and other sweet treats.

The State of the City event is an opportunity for citizens to be provided with a snapshot of where the city is and where it is headed as the year draws to an end. It coincides with the end of the mayoral term, which runs from January through December.

While Rancho Cordova mayors are a "chief among equals," the mayor does have an

opportunity to guide the direction of the council and use the mayor's bully pulpit to bring focus to matters of special interest.

Mayor Budge's focus this year has been ways to drive economic development and creation of a new "brand" for the city, which is nearing completion.

The year has also seen completion of some other important projects, including sidewalks along Zinfandel Drive, connection of Mather Boulevard and announcement of the retirement



Mayor Linda Budge's focus this year has been ways to drive economic development and creation of a new "brand" for the city, which is nearing completion.

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### Rancho Cordova Plans Veterans Day Event

RANCHO CORDOVA, CA (MPG) - Between 50 and 100 members of the Society of Wild Weasels from all over the United States will attend the 8th annual Veterans Day Celebration on Monday, November 11th, in the Veterans Memorial Plaza at the Sacramento VA Medical Center, 10535 Hospital Way at Mather. Pre-program entertainment will begin at 9:30 a.m. and the commemoration program will start at 10 a.m.

The theme of this year's celebration is "Vietnam 50 Years Later." During the Vietnam War, Wild Weasels were a new breed of aviators and aircraft whose purpose was to seek out, engage, and destroy the North Vietnamese SAM (SA-2) and radar sites. The program began at the former Mather Air Force Base.

In addition to honoring the Wild Weasel airmen, the Veterans Day program will commemorate the recently refurbished F-105G (Wild Weasel aircraft) that has stood in front of the Veterans Hospital for many years.

Sponsored by the City of Rancho Cordova, the Department of Veterans Affairs Northern California Health Care System, and Alphagraphics, the ceremony will also pay tribute to all U.S. military Veterans.

The program's keynote speaker will be Lawrence "Larry" LeMieux from Clayton, Ohio, who is historian for the Society of Wild Weasels and liaison for the Society and the National Museum of the U.S. Air Force. LeMieux completed Electronic Warfare Officer School at Mather AFB and went on to operational flying squadrons. He completed a tour in Southeast Asia as a Wild Weasel Electronic Warfare Officer. His awards include the Distinguished Flying Cross and the Air Medal with 11 Oak Leaf clusters.

Rancho Cordova City Council Member Robert J. McGarvey, who spearheaded the first Veterans Day and Memorial Day observances in the City, and David R. Stockwell, VA Northern California Health Care System Director, will give welcoming remarks. The emcee will be retired Lieutenant Colonel Bob Burns, Sr. who is a WWII, Korean, and Vietnam Veteran.

Guest speakers will include Congressman Ami Bera, California State Senator Jim Nielson, Assemblyman Ken Cooley, Rancho Cordova Mayor Linda Budge, and Major General Retired Peter J. Gravett, who is the CalVet Secretary.

Musical entertainment will be provided by the Travis Brass from the U.S. Air Force Band of the Golden West. The national anthem will be sung by Daniel Yoder from the Sacramento Choral Society. Lyle Seeband will play "Amazing Grace" on the bagpipes.

Presentation and retiring of the colors will be conducted by the Cordova High School USAF Jr. ROTC.

Event volunteers include the Rancho Cordova Elks Lodge "Catch the Spirit", Rancho Cordova Boy Scout Troop #363, and VFW Post 10125.

For more information, please call the City at (916) 851-8700. ★

Source: City of Rancho Cordova



# Cordova Pre-School Celebrates 50 Years of Launching the Young



**RANCHO CORDOVA, CA (MPG)** - Hundreds of students have passed through the doors of Cordova Baptist Pre-School and Kindergarten since the school first opened in 1963. On Saturday, November 9, at 2 p.m., Rancho Cordovans are invited to join the school in celebrating its 50th anniversary.

The party at the school, which is located at 10527 Coloma Road, will start with a jump house for children (weather permitting), tours, and refreshments, followed by a short program of welcome.

The original pre-school and kindergarten was started as community outreach, where moms were part of the coop program, and took turns helping. In the 60s most moms stayed home with

the children, and had time during the day to help. Eventually this volunteer effort evolved into a regular pre-school and kindergarten program.

Currently the school has a tot program for ages 2 1/2 to 5, as well as a kindergarten program for ages five to six. There is reading, music, yoga, art, introduction to cooking, and a green thumb program which includes growing a garden in a prepared outdoor area. The garden consists of seasonal tomatoes, melons, cucumbers, eggplant, green beans and potatoes. Since everyone brings their lunch and drinks, the fresh garden produce are part of the two snacks a day, when in season, and with an abundance of crop, the harvest is also sent home with

the students to share with their families.

A summer program is also offered at the school for all children ages 2 1/2 to 10 years of age, and includes recreational games, art, music and swimming lessons in an onsite, built-in pool.

The Cordova Baptist Pre-School and Kindergarten is open to all children and, although part of the Cordova Baptist Church complex, it is non-denominational with faith taught by example and positive role models.

All county programs including Child Action are welcome. ★

For more information about the anniversary party or school, call Carrie or Glenys at Cordova Pre-School and Kindergarten at 916-638-5506.

# Just Breathe . . .



By Gold River Resident Jodie Barringer Myers

Halloween has come and gone, which means that Thanksgiving and Christmas and Hanukkah, et al., are on their way, which means we have to do our regular everyday stuff, on top of all the happy holiday, fun family stuff, which means we are in pursuit of having everything just-so, at the perfectly appointed time, in the most festive and beautiful of surroundings.

Oh, that's not how you roll this time of year? Lucky you. Because I do . . . much to my family's chagrin.

The holidays are the time of year to relax, reflect and reconnect with our loved ones. I get that. I cherish the "fallidays." I love the holidays - more than Joe Biden loves his new ventures. But face it: it takes a lot of work and angst to make everything look/seem/be simple and quaint and pretty and special.

Each year, through all the hustle and bustle of November and December, there's an omnipresent little voice telling me to

. . . just breathe.

Let's start with Thanksgiving: I mean, should we do the tried-and-true traditional stuffing Grandma used to make, or do we try a nouveau, sustainable(ish) recipe fresh off the pages of Bon Appetite? And when we go around the table telling all for which we are thankful, will I do the obligatory "health, family, friends and Mia dog" . . . or shall I try something somewhat irreverent and different this year: "I'm thankful for Tobias, my new wonderful hair guy!" Or . . . "I'm so grateful for the fabby boots I found on sale at Nordy's last week!" (No?) And what do I need to say -- or not say -- to my niece's surely-to-feel-on-display-and-under-intense-scrutiny, first-time-to-meet-the-family boyfriend? Should I trade an extra piece of pumpkin pie for an extra glass of wine, or two? Or say to-heck-with-it, and have extra servings of every single culinary offering?

**Breathe. Just breathe.**

Then comes Christmas. I love decking my halls. I can't wait to see, hear and donate to the Salvation Army bell-ringers; to smell all that fresh pine; to feel the warmth of a fire in the fireplace on a chilly winter's night. The highlight of highlights, for me, is singing Silent Night and lighting the candles in church at the Christmas Eve service, with my family at my side.

But it all comes at the price of self-inflicted stress, expectations and undue pressure.

Like . . . can I get away with fake garland this year? I mean, it looks, really, really, really

real; and then I won't have to worry about those dreaded dry pine needles. Will we be invited to a Christmas party, or two? (Pleeese don't leave us out, 'cause that's a whole other kind of ugly stress!) And if we do get an invite or two, will I see the same people at each party, which means I can't get away with just one new festive frock? Heaven forbid! And which family photo should I choose for our Christmas card this year - oh, that's right. There are zero family pics taken this year, because we were only together in one place for about seven minutes, which means there will be no Christmas card this year. (Because I truly believe it's rude and a waste of a stamp to send a Christmas card without a photo accompanying it.) And wait . . . did I really just spend \$43.75 more on one kid than the other?!

**Breathe. Just breathe.**

And before you know it, Poof, it's all over. We give our loved ones hugs and kisses good bye, go back to our respective lives and routines, restart our diets, brace ourselves for the over-abundance of Visa charges, try to ward off the Seasonal Affective Disorder from the long, dreary, no-blue-sky days that lie ahead, and gather our W2s from the past year. Because, before you know it, the Tax Man Cometh.

Breathe. Just breathe. ★ Jodie Barringer Myers is a 25-year resident of Gold River. She writes a blog, Cottagecheeseandcrepepaper.com. Her email address is jbtthinmint@hotmail.com.

## Mather & North Mather Ribbon Cutting

**RANCHO CORDOVA, CA (MPG)** - A ribbon was cut to open the two-lane connection that links North Mather and Mather Boulevards. While short in length the connection will save commuters miles. Manning the scissors are Kent Craney, Senior Engineer with Sacramento County's Economic Development; Joe Chinn, Rancho Cordova Assistant City Manager; Sacramento County Supervisor Don Nottoli; Rancho Cordova Mayor Linda Budge; City Manager Ted Gaebler; and Cyrus Abhar, Rancho Cordova's Public Works Director.

Source: City of Rancho Cordova



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# Bera Gets Back To His Doctor Roots Volunteering At Local Free Health Clinic

**SACRAMENTO COUNTY, CA (MPG)** - Congressman Ami Bera, M.D., got back to his roots practicing medicine in mid-October, volunteering with his wife Dr. Janine Bera at the Imani Clinic. Run by University of California Davis medical students, the clinic provides free healthcare to the local community.

Staff at the Imani Clinic includes undergraduates who do intake, lab work and patient charts, and medical students who see patients under the supervision of one or two preceptor physicians. The Beras have been volunteering as preceptors at the Imani Clinic for the past 18 years.

"Helping out at the Imani Clinic is a great way to serve our community that Janine and I have always enjoyed," said Rep. Bera. "It helps people in need and also exposes medical students to the complexities of providing care to a diverse and underserved



Before being elected to Congress, Rep. Bera was an instructor and the associate dean of admissions at U.C. Davis Medical School. Photo courtesy Ami Bera

community."

Before being elected to Congress, Rep. Bera was an instructor and the associate dean of admissions at U.C. Davis Medical School.

The Imani Clinic provides urgent health care and preventive medical services each Saturday, and does community outreach events throughout the year. Congressman Ami Bera, M.D.

represents Sacramento County. Born and raised in California, Bera is a physician and the only Indian American currently serving in Congress. He's fighting to rebuild an economy that works for middle class families and to reduce our country's debt in a responsible way. One of Bera's first acts in Congress was to help lead the effort to pass the No Budget No Pay Act, which says if members of Congress don't pass a budget, they don't get paid. As a co-chair of No Labels' Problem Solvers, he's working with people from both parties to find bipartisan solutions to our nation's challenges. He and his wife Janine live in Elk Grove with their daughter Sydra. For more updates on Rep. Bera follow @RepBera on Twitter, like Congressman Bera on Facebook, or visit <http://www.bera.house.gov>

Source: Congressman Ami Bera's Office



Commentary By Gold River Resident, David Koenig

**GOLD RIVER, CA (MPG)** - Seems to be a lot going on in the world of politics and these are just a few things that caught my attention:

- Democratic Congressman from Florida Alan Grayson sent out fundraising literature with a picture of a burning cross on the front representing the letter "T" of Tea Party to compare them to the Ku Klux Klan. This guys is a known nut-job so my only takeaway is to remind myself that the people of this District keep electing him so I won't be planning any trips to the Orlando/central Florida area any time soon . . . scary . . .
- Republican Senator John McCain is said to be looking into another run in 2016. Here's hoping it will be a Forrest Gump-type of run where he just goes running aimlessly and not for any higher political office.
- Democratic California Governor Jerry Brown has signed legislation into law to allow the state's transgender public school students to choose which bathrooms they

## Political Musings

use and whether they participate in boy's or girl's sports. C'mon Jerry, I know they used to call you "Moonbeam" and people already think California is the breakfast cereal of the US (Fruits, Flakes and Nuts) but you can't be serious . . .

- Three years after getting signed into law, Obamacare has rolled out to massive confusion, technical glitches, sites that don't respond, and phones that don't get answered. And while we were told that we could keep our doctors and our premiums would go down, mine have gone up 70% and my doctor just dropped me. Yes, this is off to a screaming start for the 46 people who have enrolled.

- The government just ended an 18-day shutdown and the 800,000 non-essential government employees are now back on the job getting paid again. Also, they will be paid for the days they were off, which just BEGS the question why we have that many non-essential employees in our government and what exactly did this travesty accomplish??

It's getting to the point where I can't even watch TV political shows any more or listen to people in both parties babbling nonsense or screaming at each other. No Rodney King, we can't just get along . . .

# Health Plan Cancellation Notices Piling In Due to Obamacare

**WASHINGTON, DC** - Millions of Americans have received notifications from their insurance providers that their policies are being cancelled or altered due to the Affordable Care Act over the past four weeks.

Reports on the number of cancellations nationwide vary and are still rolling in. Some project as many as 20 million will lose their current coverage under Obamacare.

Young Americans for Liberty decided to look within its network of activists and supporters to see if they had been impacted. Sure enough, many had.

YAL is currently collecting and posting images of insurance cancellation and alteration notices from within its network that can be viewed here.

"Earlier this year our insurance rates rose," one YAL supporter explained. "Now it's going from \$383 per month to

\$529 per month and we lose dental coverage," they added.

"What happened to, 'if you like your plan, you can keep it'?" Alyssa Farah, YAL Director of Communications asked.

"My policy, which I was happy with, is being discontinued in 2014," Douglas, a YAL supporter, wrote. "The equivalent policy, according to Blue Cross Blue Shield of North Carolina, will cost \$562.32 per month. The policy I have now costs \$263.44," he added.

"President Obama misled millions of Americans in an attempt to shove unwanted Obamacare down our throats," Farah added. "He took away our ability to choose what is best for us."

Young Americans for Liberty is the largest, most active, and fastest growing libertarian and conservative organization on America's college campuses,

with a network of more than 490 chapters nationwide. YAL seeks to identify, educate, train, and mobilize students on the ideals of individual liberty and

the U.S. Constitution. Learn more at [www.YALiberty.org](http://www.YALiberty.org), and contact [Press@YALiberty.org](mailto:Press@YALiberty.org) with all media inquiries. ★

## Fifth Annual "Theatre of Lights" Kicks-Off in Old Sacramento on November 27

**SACRAMENTO, CA (MPG)** - Known as a magical, electrifying and family-friendly holiday tradition in Old Sacramento, the ever-popular and free Theatre of Lights performances return on Wednesday evening, November 27, and continue Thursdays through Sundays throughout the holiday season (except for Thanksgiving Day) with special performances on Christmas Eve and New Year's Eve.

Theatre of Lights artfully mixes the historic charm of Old Sacramento with state-of-the-art sound and lighting technology to create a memorable and visually-exciting holiday experience for visitors of all ages. With new storytelling elements incorporated this year and choreography that takes place on the balconies and rooftops of Old Sacramento's historic buildings located on K Street between Front and 2nd Streets, the narrated reading of Clement Clarke Moore's The Night Before Christmas is brought to life.

Conceived and created by Stage Nine Entertainment's Troy Carlson, Theatre of Lights is produced by some of California's finest talents in the field of light and sound: Sacramento Theatrical Lighting (STL), Associated Sound and Skywalker Sound, and professional voice actor Bill Farmer, the voice of Disney's Goofy.

"With the amazing caliber of talent, lighting and sound expertise amid the backdrop of Old Sacramento's historic and very

unique setting, our Theatre of Lights performances are sure to rival the top light shows available anywhere in the country," said Chris McSwain, Executive Director of the Old Sacramento Business Association.

The first Theatre of Lights performance of the season will coincide with the much-anticipated lighting of the City of Sacramento's official Christmas tree on Wednesday evening, November 27 (the night before Thanksgiving) with ceremonies that begin at 6 p.m.

Two 20-minute Theatre of Lights performances are offered each scheduled evening at 6:15 p.m. and 7:45 p.m. with special holiday shows on Christmas Eve at 6:15 p.m. and New Year's Eve at 7 p.m. and 8:30 p.m. (rain or shine). And, as a special -- and often surprising -- treat on many nights, local celebrities and influential community members will entertain the audience in the guest role of "papa," wearing a stocking cap and oftentimes decked out in holiday pajamas.

Theatre of Lights is presented by the Old Sacramento Business Association (OSBA) in cooperation with Downtown Sacramento Foundation (DSF), the City of Sacramento and Old Sacramento merchants and small business owners. More information is available by calling 916-442-8575 or visiting [www.oldsacramento.com](http://www.oldsacramento.com). ★

Source: T-Rock Communications



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# Diversity Celebrated by Rancho Cordova Orchestra



By Shelly Blanchard

From the opening notes of "Procession of the Sadar" to the final strains of the beloved "West Side Story," the Rancho Cordova Civic Light Orchestra delivered on its promise to create a musical celebration of the community's cultural diversity in late October.

Conductor Pete Nowlen provided the professorial back stories to a half-dozen musical expressions of the theme, then

opened the stage to a soaring Italian aria by soprano Robin Fisher and the haunting melody of the Native American flute to kick off the orchestra's second season.

Founded last year with the support of the Cordova Community Council, the orchestra features approximately 65 musicians who rehearse in the Mills Station Building, bringing new life to a long-empty community icon.

The recent performance

rounded out a day of arts in Rancho Cordova, which included members of the Moderately Bright Dixieland Band and visual arts on display at Brushes and Brews, an event held at the American River Brewery in Rancho Cordova.

The orchestra filled the First Covenant Church Worship Center with a wide array of music exploring the many cultures that make up Rancho Cordova and the region.

The Rancho Cordova Civic Light Orchestra's mission to entertain and educate community audiences by providing high quality musical performances consisting of well-known but infrequently performed works, and new musical works developed by regional musicians is now entering its second season.

The production was supported by the First Covenant Church, City of Rancho Cordova, Cordova Recreation and Park District, Golden State Water Company and Folsom Cordova Unified School District, and coordinated by the Cordova Community Council. Additional support for the concert was provided by De Bie and Crozier, LLP, Law Offices of Robert Harris, Happi Music Land and the Sacramento Metropolitan Arts Commission.

The orchestra will next perform on Jan. 18, 2014 at the California Railroad Museum. All aboard for a concert celebrating America's great rail system and the spirit of adventure. ★

# Art Takes Many Forms at Brushes and Brews Outing



**RANCHO CORDOVA, CA (MPG)** - Some express art on canvas, others in a cold glass of artisan beer. They came together in late October at "Brushes and Brews," the latest art outing organized by the Cordova Community Council. Hosted by the American River Brewing Company, the event drew hundreds who perused local art, were entertained by the Moderately Bright Dixieland Band of

Rancho Cordova and sipped tall cold glasses of local brews. Food trucks helped make it a party.

Tall shiny stainless steel brewing tanks made for an industrial backdrop which was softened by dozens of works of art produced by Rancho Cordova artists - much depicting the American River, the theme of the show. And, of course, there was beer. David Mathis has been brewing beer at his Trade Center Drive

brewery for about two years now, bringing unique brewing flavors that distinguish the brewery.

Both artists and brewers said the success of the event has ignited a partnership that brings together a variety of ways to express creativity - whether it hangs on the wall or is sipped from a glass. ★

Source: Rancho Cordova City Council

## Holiday Craft Faire



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Good thru November 30, 2013. Not valid with any other offer.



## Holiday Craft Fair to be Held at St. John Vianney Church

**RANCHO CORDOVA, CA (MPG) - #2392.**  
The 5th Annual Holiday Craft Fair will be held Sunday, November 3, from 9:00 a.m. to 2:30 p.m. at St. John Vianney Catholic Church Parish Hall, 10497 Coloma Road in Rancho Cordova. The event is sponsored by the Catholic Daughters, Court

Over 20 crafters will offer a variety of items including jewelry, candles, pottery, baked goods, sports memorabilia, and Fall and Christmas home decor. Proceeds benefit local charities. Coffee, donuts and a relaxing shopping excursion are in store

for those who attend. An opportunity drawing will be held featuring donations by crafters. Free raffle tickets are offered to those who make a donation to the Cordova Food Locker. For more information, contact St. John Vianney, (916) 362-1385. ★

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## CHURCH DIRECTORY

A worship guide for the Rancho Cordova and Gold River Community.

<p><b>THE BRIDGE CHURCH</b> 10415 Folsom Blvd., Ste. 103 (near Coloma) 916-304-3014 • Sundays 10am Expository verse by Verse Bible Teaching Childcare provided through 8 years www.TheBridgeOnline.net "Making disciples who make disciples"</p> <p><b>FIRST COVENANT CHURCH OF SACRAMENTO</b> 10933 Progress Court - 861-2240 8:30am: Sunday Classic Service 10 &amp; 11:30am Sunday Modern Worship Children's Programs • On-site Coffee Cafe Casual Atmosphere www.firstcov.org • Jesse Smith, Senior Pastor</p> <p><b>CORDOVA CHURCH OF CHRIST</b> 10577 Coloma Road • 638-2200 www.cordovachurch.com Sunday Morning Worship 9:00am &amp; 11:30am Bible classes for all ages 10:15am Nursery and Wee Worship available for both services Staff: Larry Stafford, Matt Huddleston Frank Collier, Jimmy Hurd</p> <p><b>RANCHO CORDOVA SEVENTH-DAY ADVENTIST CHURCH</b> 3405 Viking Drive • Rancho Cordova (916) 363-1995 Voice Mail Sabbath School 9:30am • Worship Service 10:45am Midweek Bible Study, Tuesday 7pm Byron K. Hill, English Pastor</p> <p><b>RIVER VALLEY PRESBYTERIAN CHURCH</b> P. O. Box 5, Rancho Cordova, CA 95741-0005 (916) 396-1080 www.rivervalleychurchrc.com 9985 Folsom Blvd. at Rod Beaudry Dr. Rancho Cordova, 95827 Worship on Sundays at 10:30am • Rev. Jeanie Shaw</p> <p><b>ST. CLEMENT'S EPISCOPAL CHURCH</b> 2376 Zinfandel Drive • 635-5282 Sunday 8 am Holy Eucharist Sunday 9 am Adult Bible Study Sunday 10 am Holy Eucharist &amp; Sunday School Child Care provided 9am - 12 noon The Reverend Christine Leigh-Taylor</p> <p><b>CORDOVA NEIGHBORHOOD CHURCH</b> 10600 Coloma Road • 635-5992 cnchurch.org Sunday Morning Worship 9:30am &amp; 11am Nursery provided for all Services Mike Mitchum, Senior Pastor</p> <p><b>MAYHEW COMMUNITY BAPTIST CHURCH</b> 3401 Routier Rd., Sacramento CA 95827 916-363-6145 Sunday School 9:30am; Worship for all 11am Sunday Sunday School for children, youth and adults 10am Sunday; Youth FIJ (Film in Jesus) 6 to 9pm Wednesday Mondays 6pm - Awana Children's Ministry 5:30 pm Wednesday Women to Women Bible Study Senior Pastor Reverend J. Michael Schnase, Sr.</p>	<p><b>GRACE LUTHERAN CHURCH</b> 2201 Benita Drive • 635-5502 9:00 am Traditional Worship 11:00am Contemporary Worship/Children's Sunday School Thursdays 4-6pm J. A. M.* Threshold Rev. Stephen D. Krogh, Pastor All are Welcome at Grace! www.gracesacramento.com email: gracercelca@sbcglobal.net</p> <p><b>BIBLE FELLOWSHIP BAPTIST CHURCH</b> 9900 Horn Rd. (Folsom Blvd. &amp; Bradshaw Rd.) www.aboutbfbc.com "Loving God, Growing Together, Serving Others" Sunday 11am, 6pm &amp; Wednesday 7pm</p> <p><b>UNITED METHODIST CHURCH</b> 2101 Zinfandel Drive, 635-4242 Nursery Care 9:30am - 11:30am Sunday Worship 10am • Rev. Tina Ballagh, Pastor</p> <p><b>CORDOVA BAPTIST CHURCH</b> 10527 Coloma Road 638-5505 • 638-5523 Sunday School 8:30am • Worship Service 10am Bible Study, Tuesday 7pm Affiliation: American Baptist Churches Ronald S. Johnson, Pastor</p> <p><b>FIRST BAPTIST CHURCH OF RANCHO CORDOVA</b> 10720 Coloma Road • 635-4672 Bible Study for All Ages 9am Sunday Morning Worship 10:30am Sunday Awana Children's Program Sunday 5-7pm (September through May) Mid-Week Prayer &amp; Encouragement 6pm Wednesday Pastor Tom Jones Music Director David Black</p> <p><b>NEW LIFE CENTER</b> 2451 Zinfandel Drive • 635-8287 Sunday Bible Hour 9:30am - All ages Sunday Morning Celebration 10:45am Wednesday Youth Escape 6:30pm Wednesday Bible Study 7pm David McFarland, Pastor</p>
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### CLUES

- ACROSS
- Measured with a penny?
  - "Carrie Bradshaw and Mr. \_\_\_ hit silver screen in '08
  - "Ali \_\_\_ and the 40 Thieves"
  - Twilled woolen fabric
  - Australian flightless bird
  - \_\_\_ Mara in Africa
  - Like pre-Christian religion
  - Often measured on the dash
  - One born under Aries
  - "Lance's offense
  - "Influenza health scare
  - E in CE or BCE
  - Where the road splits
  - Scot's woolen cap
  - Walkie-talkie word
  - Saudi Arabia's neighbor
  - Color wheel elements
  - Seed covering
  - Native American fruit
  - In neutral
  - Reasoned judgement
  - Frost
  - "Segway user
  - Gilbert of "Roseanne"
  - Subway in U.K.
  - Crashed or slept
  - \_\_\_ Bell
  - Top engineering school
  - Detest
  - Make a scene
  - "U.S. enemy
  - "Kind of media
  - "El Capitan" composer
  - Pressure unit
  - Disconnected
  - Deadly snake of south-eastern Asia
  - Reef dweller
  - Olive branch meaning
  - \_\_\_ good example
  - Backstabber
  - Mandarin's headquarters
- DOWN
- Cooking unit
  - "What people do on a Kindle
  - Therefore or consequently
  - Open-mouthed
  - "Meet the Fockers" star
  - Titanic's cause of sinking
  - Mischief-maker
  - New Orleans restaurant staple
  - Shakespeare, e.g.
  - "In your dreams!"
  - Worshipped by ancient Semitic peoples
  - Hokkaido native
  - Price minus cost
  - Maryland Academy
  - Rub the wrong way
  - War vessel
  - "Current millennium, e.g.
  - "What an iPod delivers
  - Blends
  - Aphrodite's son
  - Result of kissing a frog
  - Celery, technically
  - Iambus, pl.
  - "Succinct public message
  - Witnesses
  - "Italy stopped using it in 2002
  - Chocolate source
  - Fix leftovers
  - "Prince William became one in 2013
  - "\_\_\_ Wall Street
  - Common candle shape
  - Fungal skin infection
  - Requests
  - Paul Bunyan story, e.g.
  - Arabian tea
  - "Kim Jong-un's part of the world
  - Deposited by a river
  - Comic Sandler
  - Head vermin
  - Last word of "America, the Beautiful"
  - Bear cave

CROSSWORD													
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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 7

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Get all for \$500

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750 Diamond Glen Circle, Folsom, CA. 3 Bedroom, 2 Bath, Fireplace, Large Kitchen and Master Bedroom...

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Drivers - CDL-A Train and Work for Us! Professional, focused CDL training available...

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MONTANA LAND FOR SALE: +/-11,050 acres deeded, 53 separate tracts...

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Bristol Hospice is looking for volunteers to provide companionship with our hospice patients...

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Canning pressure cooker in good condition. 530-852-2031

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California law requires that contractors taking jobs that total \$500 or more...

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Be wary of out of area companies. Check with the local Better Business Bureau...

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07538. Brittany Hood, 4908 Dingman Cir., Sacramento, CA 95823 is doing business under the Fictitious Business Name "B. Forever Young homecare" at 4908 Dingman Cir., Sacramento, CA 95823. Filed with the Clerk of Sacramento County on September 20, 2013. Publish: October 9, 16, 23, 30, 2013. B.FOHE 131005 10-30-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07769. Rachael Mazingo, 1523 Hood Rd., Unit A, Sacramento, CA 95825 is doing business under the Fictitious Business Names "Eco Appliance Recycling" and "Eco Appliance" at 1523 Hood Rd., Unit A, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on September 30, 2013. Publish: October 9, 16, 23, 30, 2013. ECOAPP 131005 10-30-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07844. Sara Volkell, 3510 Los Alamos Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name "hathamade" at 1523 Hood Rd., Unit A, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on October 2, 2013. Publish: October 9, 16, 23, 30, 2013. HATHAM 131005 10-30-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07790. Thong Hoang Pham, 8732 Banton Cir., Elk Grove, CA 95624 is doing business under the Fictitious Business Name "PG Advanced Glass Services" at 8732 Banton Cir., Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on September 30, 2013. Publish: October 9, 16, 23, 30, 2013. PGADVA 131005 10-30-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07930. Coders Online, Inc., 6141 Grant Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Names "Single Take Productions," "Single Take Video," "Single Take Photography," "Single Take Audio," "Live Motion Pictures," and "Full Motion Cinema" at 6141 Grant Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on October 4, 2013. Publish: October 9, 16, 23, 30, 2013. SINGLE 131005 10-30-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07861. New Life Health, LLC, 1931 H St., Sacramento, CA 95811 is doing business under the Fictitious Business Name "New Life Health" at 1931 H St., Sacramento, CA 95811. Filed with the Clerk of Sacramento County on October 2, 2013. Publish: October 9, 16, 23, 30, 2013. NEWLYFE 131005 10-30-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07750. Rashid Amin, 8155 Waterman Rd., Apt. 1212, Sacramento, CA 95829 is doing business under the Fictitious Business Name "R & F Phone Shop" at 1500 W. El Camino Ave., Ste. 6, Sacramento, CA 95833. Filed with the Clerk of Sacramento County on September 27, 2013. Publish: October 9, 16, 23, 30, 2013. R&FPHO 131005 10-30-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07921. Nidhana Perera, 11927 Country Garden Dr., Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name "Bubby's Decor" at 11927 Country Garden Dr., Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on October 4, 2013. Publish: October 16, 23, 30, November 6, 2013. BUBBYS 131101 11-06-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07948. Darlene D. Hollins, 4000 Alan Shepard St., No. 368, Sacramento, CA 95834 is doing business under the Fictitious Business Name "Blessed Enterprises" at 4000 Alan Shepard St., No. 368, Sacramento, CA 95834. Filed with the Clerk of Sacramento County on October 7, 2013. Publish: October 16, 23, 30, November 6, 2013. BLESSED 131101 11-06-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07791. Maria L. Meledez Lopez, 391 Summer Garden Way, Sacramento, CA 95833 is doing business under the Fictitious Business Name "H & M Pacific Flooring" at 391 Summer Garden Way, Sacramento, CA 95833. Filed with the Clerk of Sacramento County on September 30, 2013. Publish: October 16, 23, 30, November 6, 2013. H&MPAC 131101 11-06-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07822. Tony K. Elder, 9244 Woodrow Way, Elk Grove, CA 95758 is doing business under the Fictitious Business Name "WestBound Grove Entertainment" and "Tejazz Music" at 9244 Woodrow Way, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on October 1, 2013. Publish: October 16, 23, 30, November 6, 2013. WESTBO 131101 11-06-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07947. Tony Mach, 6561 Chesterbrook Dr., Elk Grove, CA 95758 and Lan My Diep, 10008 Phoenician Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name "T & T Auto Body" at 3210 51st Ave., Sacramento, CA 95823. Filed with the Clerk of Sacramento County on October 7, 2013. Publish: October 16, 23, 30, November 6, 2013. T&TAUTO 131101 11-06-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07960. Mai Yang Xiong, 4936 14th Ave., Sacramento, CA 95820 is doing business under the Fictitious Business Name "Adorable 3D Nail Bar and Salon" at 5712 Broadway Blvd., Sacramento, CA 95820. Filed with the Clerk of Sacramento County on October 7, 2013. Publish: October 16, 23, 30, November 6, 2013. ADORAB 131101 11-06-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-08045. Joel E. Porthoy, 8500 Elm Ave., Orangevale, CA 95662 is doing business under the Fictitious Business Name "Carcaxix" at 3340 Sunrise Blvd., No. E, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on October 9, 2013. Publish: October 16, 23, 30, November 6, 2013. CARCAN 131101 11-06-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-08024. Jack Burns, 4124 22nd St., Sacramento, CA 95822 is doing business under the Fictitious Business Name "Jack Burns Enterprises" at 5320 Auburn Blvd., Sacramento, CA 95841. Filed with the Clerk of Sacramento County on October 8, 2013. Publish: October 16, 23, 30, November 6, 2013. JACKBU 131101 11-06-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-08105. Ernes Sisc, 5814 Shadow Creek Dr., No. 3, Sacramento, CA 95841 and Mirnes Sisc, 6525 Shadov Hawk Dr., Citrus Heights, CA 95621 are doing business under the Fictitious Business Name "CA Best Registration Services" at 5777 Madison Ave., Ste. 795, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on October 10, 2013. Publish: October 23, 30, November 6, 13, 2013. CABEST 131102 11-13-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-08004. Mary Scholl and Jennifer Scholl, 8284 Bull Mountain Cir., Elk Grove, CA 95758 are doing business under the Fictitious Business Name "Pacific Coast Motor Company" 8284 Bull Mountain Cir., Elk Grove, CA 95758. Filed with the Clerk of Sacramento County on October 8, 2013. Publish: October 23, 30, November 6, 13, 2013. PACIFIC 131102 11-13-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07931. Melaine J. Irwin, 6723 Outlook Dr., Citrus Heights, CA 95621 is doing business under the Fictitious Business Name "RavenWulf Designs" at 6723 Outlook Dr., Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on October 4, 2013. Publish: October 23, 30, November 6, 13, 2013. RAVENW 131102 11-13-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-08159. Optimal Senior Living, Inc., 5726 Honor Pkwy., Sacramento, CA 95835 is doing business under the Fictitious Business Name "Regency Park Care Home" at 5726 Honor Pkwy., Sacramento, CA 95835. Filed with the Clerk of Sacramento County on October 15, 2013. Publish: October 23, 30, November 6, 13, 2013. REGENCY 131102 11-13-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-08037. One Halloween Night, Inc., 466 E. Hillcrest Ave., Fresno, CA 93720 is doing business under the Fictitious Business Name "Spirit Halloween Superstores" at 4717 Madison Ave., Sacramento, CA 95841. Filed with the Clerk of Sacramento County on October 8, 2013. Publish: October 23, 30, November 6, 13, 2013. SPIRIT 131102 11-13-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-08193. The Church in Sacramento, Inc., 2041 Wyda Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name "Stockton Outreach" at 2041 Wyda Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on October 15, 2013. Publish: October 23, 30, November 6, 13, 2013. STOCK 131102 11-13-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-08169. Fancia B. Sims, 3615 6th Ave., Sacramento, CA 95817 is doing business under the Fictitious Business Name "Fancia's Faithful Services" at 3615 6th Ave., Sacramento, CA 95817. Filed with the Clerk of Sacramento County on October 15, 2013. Publish: October 30, November 6, 13, 20, 2013. FANCIA 131103 11-20-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-08021. Krisin Goodman, 8020 Copperwood Dr., Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "Bejeweled Bubbles" at 8020 Copperwood Dr., Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on October 8, 2013. Publish: October 30, November 6, 13, 20, 2013. BEJEWEL 131103 11-20-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-08050. Mateo R. Lopez, 4892 Westlake Pkwy., Sacramento, CA 95835 is doing business under the Fictitious Business Name "Clean Out Painting" at 4892 Westlake Pkwy., Sacramento, CA 95835. Filed with the Clerk of Sacramento County on October 9, 2013. Publish: October 30, November 6, 13, 20, 2013. CLEAN 131103 11-20-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-08476. Cherie Manica, 10270 Elder Creek Rd., Sacramento, CA 95829 is doing business under the Fictitious Business Name "Truckparts For You" at 10220 Elder Creek Rd., Sacramento, CA 95829. Filed with the Clerk of Sacramento County on October 24, 2013. Publish: October 30, November 6, 13, 20, 2013. TRUCK 131103 11-20-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07928. Jeremy L. Marquez, 2460 Larkspur Ln., No. 342, Sacramento, CA 95825 is doing business under the Fictitious Business Names "Jmmarketing" and "MyBizIsYourBiz" 2460 Larkspur Ln., No. 342, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on October 4, 2013. Publish: October 30, November 6, 13, 20, 2013. JMARQ 131103 11-20-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-08036. Jeremy L. Marquez, 2460 Larkspur Ln., No. 342, Sacramento, CA 95825 is doing business under the Fictitious Business Names "Closing On Dreams" and "Closer To Dreams" 2460 Larkspur Ln., No. 342, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on October 8, 2013. Publish: October 30, November 6, 13, 20, 2013. CLOSER 131103 11-20-13

ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE #FBNF2013-07222.

The following individual has abandoned the use of the FICTITIOUS BUSINESS NAME of PG Advanced Construction Services, 8732 Banton Cir., Elk Grove, CA 95624; Thong Hoang Pham, 8732 Banton Cir., Elk Grove, CA 95624. The Fictitious Business Name Statement was filed on September 11, 2013, in the County of Sacramento.

Abandonment filed with the Clerk of Sacramento on September 30, 2013. Publish: October 9, 16, 23, 30, 2013. PGADVA 131005 10-30-13

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE #FBNF2013-05725.

The following individual has abandoned the use of the FICTITIOUS BUSINESS NAME of MTM Pharmacy Consultants, 8935 Cobble Crest Dr., Sacramento, CA 95829; Dian D. Tran, 8935 Cobble Crest Dr., Sacramento, CA 95829. The Fictitious Business Name Statement was filed on July 16, 2013, in the County of Sacramento.

Abandonment filed with the Clerk of Sacramento on October 7, 2013. Publish: October 16, 23, 30, Nov. 6, 2013. MTMPHA 131101 11-06-13

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00151946

WHEREAS, Marilyn Ponce Lopez has filed a petition with this court for a decree changing the name of Marilyn Ponce Lopez to Marilyn Ponce. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 22, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 2, 2013. David I. Brown Judge of the Superior Court Publish: October 9, 16, 23, 30, 2013. PONCE 131005 10-30-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00151962

WHEREAS, Amy Marshall has filed a petition with this court for a decree changing the name of Julia Marie Satter to Julia Marie Marshall. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 26, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 2, 2013. Raymond M. Cadei Judge of the Superior Court Publish: October 9, 16, 23, 30, 2013. MARSHAL 131005 10-30-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00152064

WHEREAS, April Taber and Daniel Ruiz has filed a petition with this court for a decree changing the name of Jack Henry DiGiorgio-Taber to Jack Henry DiGiorgio. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 4, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 2, 2013. Raymond M. Cadei Judge of the Superior Court Publish: October 9, 16, 23, 30, 2013. TABER 131102 11-13-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00151246

WHEREAS, Alina Mikhnevich has filed a petition with this court for a decree changing the name of Alina Nicole Mikhnevich to Alina Petrovna Mikhnevich. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 13, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 18, 2013. Raymond M. Cadei Judge of the Superior Court Publish: October 9, 16, 23, 30, 2013. MIKHNE 131005 10-30-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00151944

WHEREAS, Justin Smpardos Price has filed a petition with this court for a decree changing the name of Justin Smpardos Price to Jamie Louise Smpardos-Price. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 22, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 2, 2013. David I. Brown Judge of the Superior Court Publish: October 9, 16, 23, 30, 2013. PRICE 131005 10-30-13

WHEREAS, Rusul Nazir Tawfiq has filed a petition with this court for a decree changing the name of Rusul Nazir Tawfiq to Rusul Nazir Roumani. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 4, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 9, 2013. Raymond M. Cadei Judge of the Superior Court Publish: October 16, 23, 30, November 6, 2013. TAWFFEQ 131101 11-06-13

WHEREAS, Chelsea Lisay Gentil and Oscar Eduardo Godinez has filed a petition with this court for a decree changing the name of Oscar Jaylen Godinez to Jaylen Eizic Godinez-Gentil. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 22, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 2, 2013. Raymond M. Cadei Judge of the Superior Court Publish: October 16, 23, 30, November 6, 2013. GENTIL 131101 11-06-13

WHEREAS, Scooty G. Orbeago has filed a petition with this court for a decree changing the name of Scooty Gustavo Orbeago and Scotty Gustavo Orbeago. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 6, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 23, 2013. David I. Brown Judge of the Superior Court Publish: October 30, November 6, 13, 20, 2013. ORGEGO 131103 11-20-13

WHEREAS, Stephanie Marie Horgan has filed a petition with this court for a decree changing the name of Stephanie Marie Horgan to Stephanie Marie Frieders. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 13, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 18, 2013. Raymond M. Cadei Judge of the Superior Court Publish: October 16, 23, 30, November 6, 2013. HORGAN 131101 11-06-13

WHEREAS, Marilyn Ponce Lopez has filed a petition with this court for a decree changing the name of Marilyn Ponce Lopez to Marilyn Ponce. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 22, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 18, 2013. Raymond M. Cadei Judge of the Superior Court Publish: October 16, 23, 30, November 6, 2013. HORGAN 131101 11-06-13

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WHEREAS, April Taber and Daniel Ruiz has filed a petition with this court for a decree changing the name of Jack Henry DiGiorgio-Taber to Jack Henry DiGiorgio. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 4, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 2, 2013. Raymond M. Cadei Judge of the Superior Court Publish: October 16, 23, 30, November 6, 2013. TABER 131102 11-13-13

WHEREAS, Scooty G. Orbeago has filed a petition with this court for a decree changing the name of Scooty Gustavo Orbeago and Scotty Gustavo Orbeago. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 6, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 23, 2013. David I. Brown Judge of the Superior Court Publish: October 30, November 6, 13, 20, 2013. ORGEGO 131103 11-20-13

WHEREAS, Scooty G. Orbeago has filed a petition with this court for a decree changing the name of Scooty Gustavo Orbeago and Scotty Gustavo Orbeago. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 6, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 23, 2013. David I. Brown Judge of the Superior Court Publish: October 30, November 6, 13, 20, 2013. ORGEGO 131103 11-20-13

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SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00151246

WHEREAS, Alina Mikhnevich has filed a petition with this court for a decree changing the name of Alina Nicole Mikhnevich to Alina Petrovna Mikhnevich. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 13, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 18, 2013. Raymond M. Cadei Judge of the Superior Court Publish: October 9, 16, 23, 30, 2013. MIKHNE 131005 10-30-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00151944

WHEREAS, Justin Smpardos Price has filed a petition with this court for a decree changing the name of Justin Smpardos Price to Jamie Louise Smpardos-Price. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 22, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 2, 2013. David I. Brown Judge of the Superior Court Publish: October 9, 16, 23, 30, 2013. PRICE 131005 10-30-13

WHEREAS, Rusul Nazir Tawfiq has filed a petition with this court for a decree changing the name of Rusul Nazir Tawfiq to Rusul Nazir Roumani. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 4, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 9, 2013. Raymond M. Cadei Judge of the Superior Court Publish: October 16, 23, 30, November 6, 2013. TAWFFEQ 131101 11-06-13

WHEREAS, Chelsea Lisay Gentil and Oscar Eduardo Godinez has filed a petition with this court for a decree changing the name of Oscar Jaylen Godinez to Jaylen Eizic Godinez-Gentil. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 22, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 2, 2013. Raymond M. Cadei Judge of the Superior Court Publish: October 16, 23, 30, November 6, 2013. GENTIL 131101 11-06-13

WHEREAS, Scooty G. Orbeago has filed a petition with this court for a decree changing the name of Scooty Gustavo Orbeago and Scotty Gustavo Orbeago. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 6, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: October 23, 2013. David I. Brown Judge of the Superior Court Publish: October 30, November 6, 13, 20, 2013. ORGEGO 131103 11-20-13

WHEREAS, Stephanie Marie Horgan has filed a petition with this court for a decree changing the name of Stephanie Marie Horgan to Stephanie Marie Frieders. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 13, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 18



# Read & Feed Program Digs In As Librarians Go Agrarian

Continued from Page 1

their tables.” In this effort, Junior Leaguers and the Library Foundation (with a \$10,000 injection from Wells Fargo Bank) have so far provided \$53,000 to create demonstration gardens at County libraries. The League’s three year Read & Feed commitment embraces Colonial Heights and Rancho Cordova plots. A further garden is proposed for Arcade Library.

Rancho’s allotment got started this fall. Master Gardener Bill Maynard -- who coordinates the Sacramento Area Community Garden Coalition -- supervised AmeriCorps volunteers in stacking 500 concrete pavers as bed walls. “We mix mushroom compost and horse manure into the soil,” he explained. “We stay as organic as possible. We’ll plant kale, chard, beets, and turnips before Thanksgiving. Lettuce will be ready to pick in 60 to 80 days. The local garden club meets here so they’ll be garden stewards. The kids will help. The library’s a friendly place to learn that you don’t need much space or money to make a garden.”

With Maynard advising, volunteers ploughed the first furrow at Colonial Heights in 2012.

Youth Services Librarian Amanda Foulk now hosts a monthly children’s group who



The Rancho Cordova Library garden dedication drew VIP and volunteer supporters. Assembly Member Ken Cooley held flowers beside Rancho Cordova Mayor Linda Budge. County Supervisor Don Nottoli stood back row.

20 members learn much from their garden classroom. “They get dirty and they love it,” she says. “Many live in apartments; they’ve never had their hands in soil. You should see their little faces when they crack open pods and pop peas in their mouths. The taste is unlike any pea they’ve encountered. “We talk about sunshine and

how to consider light when planting,” she says. “We’ve put in flowers so insects will come and pollinate our plants. The Health Education Council provides a free cooking class each month. For one lesson, the kids each picked a bell pepper and took it inside to use in a meal. One time they made huevos rancheros. The library smelled

amazing all day.” As summer 2013 ended, tomatoes grew eight feet high in Colonial’s garden. Foulk shared the fruit with library customers. The Junior League hosted a harvest festival, enjoyed by 150 visitors. Colonial Heights and Rancho Cordova have ordered more gardening books and established seed “libraries” to share

donated seeds for patrons’ home gardens. On such fertile ground, great ideas quickly take root and spread. A Colonial Heights librarian recently shared burgeoning botanical knowledge with her son’s school teachers. The boy’s school now boasts its

Our focus now is to bring people together and improve community life.” Supporters of Read & Feed include: Junior League of Sacramento; Sacramento Library Foundation; Soil Born farms; Health Education Council; California Food Literacy Center;



AmeriCorps volunteers hefted concrete pavers to contain vegetable beds. Master gardener Bill Maynard supervised.

own winter garden. “For librarians, we’ve all learned more than we expected about gardening,” says Colonial Heights volunteer coordinator David Henson. “But libraries aren’t just about books.

the Naygrow Family Foundation; Councilman Jay Schenirer. For information, visit [www.saclibrary.org](http://www.saclibrary.org) or call (916) 264 2920. ★

## State of the City Rancho Cordova

Continued from Page 1

of the long-serving City Manager Ted Gaebler at the end of the year – all likely to surface in the mayor’s year-end summary.

The event will also feature an accounting from the Cordova Community Council, which expanded its offerings with dozen activities related to the Anniversary observance, and a flowering arts effort which has included Rancho Cordova River City Concert Band performances, addition of the Rancho Cordova Civic Light Orchestra, and numerous art exhibitions. The “Moderately Bright Dixieland Band” of Rancho Cordova will provide a musical backdrop to the event.

Also open at the State of the City event is a new art exhibition: “UP: An Exhibit of Fine Art by Rancho Cordova Artists.” “UP” features 20 Rancho Cordova artists whose wide array of mixed media depicting all that is aloft, was inspired by the recent California Capital Airshow at Mather Field.

Visitors to the State of the City will leave with a bag full of giveaways and information and other refreshments.

State of the City is sponsored by Pacific Gas and Electric Company, SMUD, Rancho Cordova Dental Group and Orthodontics, City of Rancho Cordova, REA Real Estate America, Cordova Veterinary

Hospital, American River Brewing Company, Wells Fargo, Golden State Water Company, Rancho Cordova Rotary Club, Rancho Cordova Chamber of Commerce, California Carnival Company, Atlas Disposal, Heritage Community Credit Union, Republic Services, Assemblyman Ken Cooley, Heald College, Folsom Cordova Unified School District and the Cordova Community Council.

For more information about the State of the City event, contact the Cordova Community Council at (916) 273-5704, or email [shelly@cordovacouncil.org](mailto:shelly@cordovacouncil.org). ★

## KFBK Radio Personality and Former Sheriff John McGinness To Be Featured at Christmas/Hanukkah Luncheon

GOLD RIVER, CA (MPG) - John McGinness, KFBK Radio Personality and former Sacramento County Sheriff, will be the co-commentator at the Sacramento Republican Women Federated Christmas/Hanukkah Luncheon and Fashion Show on Saturday, December 7th at North Ridge Country Club.

“This will be an exciting and festive occasion,” reports Kay Burton, the event chairperson, “especially with John onboard. He’s such an in-demand addition to the day’s line-up.”

North Ridge Country Club at 7600 Madison Avenue in Fair Oaks is the setting, and will be



John McGinness

decorated for Christmas. This year’s menu features a choice of petite filet mignon with a demi glaze, orange roughy, or a vegetarian selection. Tiramisu dessert

will round-out the menu. The Fashion Show will feature holiday couture from Cho Cho’s and there will be male as well as female models. The Matta Kids Singers will perform.

A silent auction of Ronald Reagan Memorabilia will be held and there will be a raffle prizes. Guests are welcome. The cost is \$30 for per person. The deadline for making reservations is November 27, 2013.

For more information, please call Kay Burton at (916) 635-5590. Or send a check, made out to SRWF, to Margie DeRow, 11612 Gold Country Blvd., Gold River, CA 95670. ★

## Sacramento Weekly Gas Price Update and Outlook

SACRAMENTO, CA (MPG) - Average retail gasoline prices in the Sacramento area have fallen 4.9 cents per gallon in the past week, averaging \$3.60 a gallon as of October 27, according to GasBuddy’s daily survey of 720 gas outlets in Sacramento. This compares with the national average that has fallen 5.9 cents per gallon in the last week to \$3.30 a gallon, GasBuddy.com said.

Including the change in gas prices in Sacramento during the past week, prices yesterday were 39.4 cents per gallon lower than

the same day one year ago and are 21.3 cents per gallon lower than a month ago. The national average has decreased 13.3 cents per gallon during the last month and stands 26.4 cents per gallon lower than this day one year ago.

“Last week saw new downward momentum in crude prices -- after staying above \$100 a barrel for 111 days since early July. Crude prices fell below \$100 and recently closed as low as \$96 a barrel,” said GasBuddy.com Senior Petroleum Analyst Patrick DeHaan.

“In turn, the sudden drops in crude prices have pushed gasoline futures down as well, with motorists on the winning side of this all. The national average has picked up some steam on its downward trend and in some areas of the U.S., the wholesale price of gasoline is nearing yearly lows, which is adding up to significant savings for motorists. Americans are spending over \$100 million per day less on gasoline than they did a year ago,” DeHaan said. ★

Source: GasBuddy.com

## The New Normal: Leading Psychologist and Harvard Instructor on Surviving Stepfamily Challenges

SACRAMENTO REGION, CA (MPG) - Although they’re often referred to as “blended families,” adjusting to life as part of a stepfamily isn’t always so harmonious. Whether it’s as a parent, stepparent, stepchild, an ex-spouse, or a grandparent, the challenges can be intense. One out of every two people will be in a stepfamily relationship in their lifetime – isn’t it time we learn how to navigate the waters? Renowned expert, psychologist, and Harvard Medical School instructor Dr. Patricia Papernow believe so and provides a clear map through the

difficult territory of becoming a stepfamily in her new book *Surviving and Thriving in Stepfamily Relationships: What Works and What Doesn’t*.

In her accessible and engaging book, Dr. Papernow weaves her decades of clinical expertise and her firm command of the empirical evidence with the stories of stepfamily members. She clearly lays out the five unique challenges created by “stepfamily architecture” and describes tools and principles for meeting each one on three different levels: psycho-education, relationship skills, and, sometimes, deeper

individual work. Dr. Papernow’s wisdom, compassion, and good humor shine throughout.

*Surviving and Thriving in Stepfamily Relationships* delineates pathways to success, as well as easy “wrong turns” that all too often lead stepfamily members, and those who want to help, astray. The book is richly illustrated with moving vignettes of parents, stepparents, stepcouples, children, and ex-spouses stepping up to their challenges. ★

Source: Jennifer Tucker, Smith Publicity

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# The Progressive Income Tax Turns 100

Commentary by  
Dr. Paul Kengor

Maybe it's a measure of progressives' refusal to look back, to always move "forward." Otherwise, they should be celebrating right now. In fact, President Obama and fellow modern progressives/liberals should have been ecstatic all this year, rejoicing over the centenary of something so fundamental to their ideology, to their core goals of government, to their sense of economic and social justice—to what Obama once called "redistributive change."

And what is this celebratory thing to the progressive mind?

It is the progressive income tax. This year it turned 100. Its permanent establishment was set forth in two historic moments: 1) an amendment to the Constitution (the 16th Amendment), ratified February 3, 1913; and 2) its signing into law by the progressive's progressive, President Woodrow Wilson, October 3, 1913. It was a major political victory for Wilson and fellow progressives then and still today. By my math, that ought to mean a long, sustained party by today's progressives, a period of extended thanksgiving.

President Obama once charged

that "tax cuts for the wealthy" are the Republicans' "Holy Grail." Tax cuts form "their central economic doctrine." Well, the federal income tax is the Democrats' Holy Grail. For progressives/liberals, it forms their central economic doctrine.

As merely one illustration among many I could give, former DNC head Howard Dean and MSNBC host Lawrence O'Donnell were recently inveighing against Republican tax cuts. Dean extolled "what an increase in the top tax rate actually does." He insisted: "that's what governments do—is redistribute. The argument is not whether they should redistribute or not, the question is *how much* we should redistribute ... The purpose of government is to make sure that capitalism works for everybody ... It's government's job to redistribute."

What Dean said is, in a few lines, a cornerstone of the modern progressive manifesto. For Dean and President Obama and allies, a federal income tax based on graduated or progressive rates embodies and enables government's primary "job" and "purpose." They embrace a progressive tax for the chief intention of wealth redistribution, which, in

turn, allows for income leveling, income "equality," and for government to do the myriad things that progressives ever-increasingly want government to do.

And so, in 1913, progressives struck gold. The notion of taxing income wasn't entirely new. Such taxes existed before, albeit temporarily, at very small levels, and for national emergencies like war. The idea of a permanent tax for permanent income redistributing broke new ground. The only debate was the exact percentage of the tax. In no time, progressives learned they could never get enough.

In 1913, when the progressive income tax began, the top rate was a mere 7 percent, applied only to the fabulously wealthy (incomes above \$500,000). By the time Woodrow Wilson left office in 1921, the great progressive had hiked the upper rate to 73 percent. World War I (for America, 1917-18) had given Wilson a short-term justification, but so did Wilson's passion for a robust "administrative state."

Disagreeing with Wilson were the Republican administrations of Warren Harding and Calvin Coolidge, his immediate successors. Along with their Treasury secretary, Andrew Mellon, they

reduced the upper rate, eventually bringing it down to 25 percent by 1925. In response, the total revenue to the federal Treasury increased significantly, from \$700 million to \$1 billion, and the budget was repeatedly in surplus.

Unfortunately, the rate began increasing under Herbert Hoover, who jacked the top rate to 63 percent. It soon skyrocketed to 94 percent under another legendary progressive, FDR, who, amazingly, once considered a top rate of 99.5 percent on income above \$100,000 (yes, you read that right).

Appalled by this was an actor named Ronald Reagan, himself a progressive Democrat—though not much longer. Reagan often noted that Karl Marx, in his "Communist Manifesto" (1848), demanded a permanent "heavy progressive or graduated income tax." Indeed, it's point two in Marx's 10-point program, second only to his call for "abolition of property."

The upper tax rate wasn't reduced substantially until 1965, when it came down to 70 percent. Alas, President Ronald Reagan took it down to 28 percent. And despite claims to the contrary, federal revenues under Reagan increased (as they did in the

1920s), rising from \$600 billion to nearly \$1 trillion. (The Reagan deficits were caused by excessive spending and decreased revenue from the 1981-3 recession.)

The upper rate increased again (to 31 percent) under George H. W. Bush and under Bill Clinton (39.6 percent). George W. Bush cut it to 35 percent. Barack Obama has returned it to the Clinton level of 39.6 percent.

Here in 2013, 100 years henceforth, the wealthiest Americans—the top 10 percent of which already pay over 70 percent of federal tax revenue—will be paying more in taxes this year than any time in the last 30 years. For progressives, this is justice. But it is also bittersweet: As progressives know deep inside, it still isn't enough. For them, it's never enough.

To that end, my enduring question for progressives is one they typically avoid answering, especially those holding elected office: In your perfect world, where, exactly, would you position the top rate? I routinely hear numbers in the 50-70 percent range.

Democrats like President Obama complain about Republican intransigence in raising tax rates but, truth be told—and as any liberal really knows—if it wasn't for

Republican resistance, progressives would rarely, if ever, cut taxes. America would remain on a one-way upward trajectory in tax rates, just like under Woodrow Wilson and FDR, and just as it has been in its unrestrained spending for nearly 50 years. Like their refusal to cut spending (other than on defense), progressives are dragged kicking and screaming into tax cuts. They need high income taxes for the government planning and redistributing they want to do; for Obama's sense of redistributive justice.

This year, the progressive income tax turns 100. For progressives, getting it implemented was a huge triumph. Their success in making it a permanent part of the American landscape is a more stunning achievement still. ★

— Dr. Paul Kengor is professor of political science at Grove City College, executive director of The Center for Vision & Values, and New York Times best-selling author of the book, "The Communist: Frank Marshall Davis, The Untold Story of Barack Obama's Mentor." Editor's note: This article first appeared at Investor's Business Daily.



CORDOVA  
COMMUNITY  
COUNCIL





## State of the City Address

### Mayor Linda Budge

7:00 p.m. Thursday, Nov. 7  
Rancho Cordova City Hall

Followed by:

### Dessert Reception

UP! Exhibit of Fine Art by Rancho Cordova Artists  
Music by The Moderately Bright Dixieland Band  
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# SPORTS

## Lancers Fall to Titans



By Mike Bush

**RANCHO CORDOVA, CA (MPG)** - Zach Tapia and Lorenzo Bermedez produced the offensive yardage for the Cordova High School football team in a Capital Athletic League game against Antelope at Lancer Stadium Oct. 25.

Tapia, the Lancers' quarterback, completed 5-of-19 passes for 102 yards. Bermedez, one of Cordova's running backs, had three receptions for 88 yards. Between the two they combined for 190 yards.

But Antelope proved to be too much, posting a 35-6 win over Cordova (0-3 CAL, 1-7), which has two games left in the regular season.

"I feel we went into the game with depleted troops," Cordova Head Coach Vance Mueller said. "The kids competed hard for four quarters."

The Lancers' lone touchdown came from Tapia, who completed a 42-yard pass to Bermedez at the start of the fourth quarter.

"He's a great kid," said Mueller of Bermedez, a senior who was a two-way starter last year as well as this year. "He gives you all he can."

Jordan Richard, Brandon Buck and Michael McNeil hauled in passes in the game for the Lancers. Buck, McNeil and Armen Gevorkyan also carried the ball in the Lancers' rushing game.

On defense, Buck and Vincent Spikes had six tackles each, Alex Yang four and Journey Fatu had three.

The Cordova junior varsity football team lost to Antelope. The loss puts the Lancers at 1-2 in CAL and 5-3 overall.

Cordova continues to search for its first league win of the season when it plays at Whitney of Rocklin on Friday, Nov. 1. The Lancers close out the season against Mira Loma on Friday, Nov. 8.

"[Whitney] is a very similar football team to Antelope," said Mueller of their opponent. "Our kids are going into the game with good spirits." ★



Cordova High School's first Golf Team is comprised of a number of women students.

## Cordova High School Fall Sports Round-Up

By Mike Bush

### Volleyball

On Oct. 24, the Cordova High School volleyball team lost to Rio Americano in three games in a Capital Athletic League match at the Lancers' gym. The final scores were 25-11, 25-11, 25-6.

On Oct. 22 at Mira Loma, Cordova (1-6 CAL, 4-18) lost to a tough three-set match to the Matadors. The final scores were 25-19, 25-19, 25-21.

Members of the Cordova volleyball squad that are coached by Shavonna Andrews are Evolyne Jiles, Marissa Smith, Brooke Stacey, Laura Capistrano, Mariam Folorunsho, Naomi McDonough, Jullissa Reis and Aisa Butler.

### Soccer

On Oct. 23 in Sacramento, the Cordova High School boys soccer team fell to El Camino, 1-0,

in a Capital Athletic League game. The Eagles scored their only goals in the first half.

On Oct. 21 at Lancer Stadium, Rio Americano was too much for Cordova (2-5-1 CAL, 4-8-2), posting a 5-0 victory. The Raiders led 1-0 at halftime, but scored four goals in the second half to secure the win. Nigel Robinson had five saves for the Lancers, who played at Antelope on Oct. 28 and hosted Whitney on Oct. 30 to close out the season.

### Girls Tennis

On Oct. 24 at Whitney, the Cordova High School girls tennis team (0-10 CAL, 0-11) was blanked by the hosts, 9-0.

On Oct. 22 at Cordova, the Lady Lancers lost a close CAL match to Antelope, 6-3.

On Oct. 31 and Oct. 29, Cordova hosted the CAL championships.



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- WEDNESDAY** **Mather VA Hospital Farmers Market**  
10535 Hospital Way, Mather  
Every Wednesday from 9 am to 1 pm (Seasonal, through December 18th)
- SUNDAY** **Carmichael Park Farmers Market**  
5750 Grant Avenue, Carmichael (Corner of Grant & Fair Oaks Boulevard under the trees in the Park)  
Every Sunday from 9 am to 2 pm - all year round
- THURSDAY** **UC Davis Health System Sacramento Farmers Market**  
45th & Y Streets (Behind Shriners Hospital)  
Every Thursday from 3 to 7:30 pm (Seasonal, through November 14th)
- SATURDAY** **Sacramento Midtown Farmers Market**  
2020 J Street (Between the STANF Native American Health and Bioware buildings)  
Every Saturday from 8 am to 1 pm - all year round, rain or shine
- WEDNESDAY** **Fair Oaks Plaza Park Farmers Market**  
7003 Park Drive, Fair Oaks (Old Fair Oaks Village)  
Every Wednesday from 3 to 7 pm (Seasonal, through October 31st)
- SATURDAY** **Sunrise Mall Farmers Market**  
6190 Sunrise Boulevard, Citrus Heights (behind Sears located in SE Parking Lot)  
Open every Saturday from 8 am to 1 pm - all year round
- SATURDAY** **Historic Folsom Farmers Market**  
915 Sutter Street, Historic Folsom Public Plaza, Folsom  
Every Saturday from 8 am to 1 pm - all year round



BMSUSA Certified Farmers Markets offer fresh grown organic produce and specialty food products weekly rain or shine, all year round and seasonal! All Markets include Live Music, Chef Demonstrations, Quarterly Crafting Events and Health Fairs along with special events and activities.

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<p><b>Fri., October 11</b> 11:30 am to 12:30 pm EAST LAWN Memorial Park &amp; Crematory 4300 Folsom Blvd. P.O. Box 19334 Sacramento, CA 95819 Tel 916.732.2000</p>	<p><b>Thurs., October 31</b> <b>Fri., November 22</b> 11:30 am to 12:30 pm EAST LAWN Sierra Hills Memorial Park &amp; East Lawn Mortuary 5757 Greenback Lane Sacramento, CA 95841 Lic. #FD-1242 Tel 916.732.2020</p>
<p><b>Wed., October 23</b> (Spanish &amp; English) 11:30 am to 12:30 pm EAST LAWN Andrews &amp; Greilich Funeral Home 3939 Fruitridge Road Sacramento, CA 95820 Lic. #FD-136 Tel 916.732.2026</p>	<p><b>Wed., November 13</b> 11:30 am to 12:30 pm EAST LAWN Elk Grove Memorial Park &amp; Mortuary 9189 E. Stockton Blvd. Elk Grove, CA 95624 Lic. #FD-1455 Tel 916.732.2031</p>

RSVP [LisaW@eastlawn.com](mailto:LisaW@eastlawn.com)

Seating is limited to 30 attendees per seminar - RSVP today and reserve your seat.

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