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Bob McGarvey

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Grapevine Independent

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PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY

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City of Rancho Cordova Wins Another Green Award



Todd Humphrey (left), Dennis Lentz, and Laurel Bane, from the City of Rancho Cordova Facilities Division, display the 2013 BERC Sustainable Building Award, certifications, and resolutions they received for the City's proactive policies and programs that improve the quality of life for residents, reduce the impact on the environment, and conserve diminishing funds.

RANCHO CORDOVA, CA (MPG) - Rancho Cordova, CA (MPG) - The City of Rancho Cordova has added another Green Award to its trophy case. The City was the recipient of the 2013 Sacramento Area Sustainable Business Award for the City's Green Building initiatives at the Business Environmental Resource Center (BERC) Awards Ceremony on Tuesday, September 17th. The annual BERC awards honor the top performers in the Sacramento region that have implemented outstanding achievement in

energy and water conservation, pollution prevention, solid waste reduction, green building, and transportation/air quality. During the past year, the City of Rancho replaced all parking lot lighting with induction bulbs that will result in an estimated 60% annual KWH savings, installed Smart Clocks on sprinklers that will adjust run times based on current and future weather conditions to reduce water consumption, and scaled back schedules for building equipment and increased occupancy set points to reduce

energy consumption in an "already" efficient building. There were two winners in each of the eight contest categories. The other winner in the Green Building Category was the Sacramento International Airport. "We were honored to receive this prestigious award that recognizes our efforts to be a leader in reducing our impact on the environment as well as reducing our operating costs," said Laurel Bane, Rancho Cordova's Facilities Representative. "We hope to inspire other businesses

and groups to join us in working towards a sustainable future." Other recent GREEN awards that Rancho Cordova has received are the Energy Star and Sustainable Business Awards in 2011 and the LEED-CI in 2006 for its City Hall Building. The City's Police Department building received the LEED CI award in 2006. For more information, contact Bane at (916) 851-8700 or atlbane@cityofranhocordova.org. **Source: City of Rancho Cordova**

Fire Chief Honored

Special Metro Fire Report

SACRAMENTO COUNTY, CA (MPG) - It is with great pride that we announce Fire Chief Kurt P. Henke has earned the Fire Chief of the Year Award. Earning this prestigious award from the California Fire Chiefs Association is truly remarkable considering the accomplishments achieved during the unprecedented economic downturn we faced over the last four years. Since joining Metro Fire in 2009, Chief Henke has tirelessly worked to improve our District's efficiency, reduce unfunded liability, and explore ways to reform pension and medical costs.



Fire Chief Kurt P. Henke
Photo courtesy Sac Metro Fire District

Having a balanced fiscal approach and reducing unfunded liability has been especially crucial. Under Chief Henke's lead, Metro Fire has taken the region's most aggressive stance on cost-sharing for unfunded liabilities. With collaborative Labor/Management relations, he was able to negotiate a comprehensive reform including the prefunding of retiree healthcare. Leading by example in the reduction of Management compensation assisted with negotiating employee compensation concessions. Prior to Governor Brown's pension reform, Metro Firefighters were contributing 12% of their salary towards pension costs and pension accounts were funded above recommended levels. Earning the Fire Chief of the Year Award is a testament to Chief Henke's forward thinking and focus on improving efficiency. His leadership has allowed us at Metro Fire to avoid further service reductions and improve our service to the public. This award was last received by a Sacramento Metropolitan Fire Chief in 2003 by then Fire Chief Rick Martinez. **Source: PIO Jon Rudnicki**

Exotic Super Car Show Rallies Around Epilepsy Fundraiser

RANCHO CORDOVA, CA (MPG) - Over 200 Exotic Super Automobile enthusiasts turned up at Zinfandel California Cuisine in Gold River on Sunday September 8th to admire the beauty and heart pounding performance of cars that seems to spark ones imagination and need for speed while they are just standing still.

Although the Exotic cars were center stage the real reason they were on display at all was to raise awareness and funds for hopefully finding a cure for Epilepsy. There is still an unfortunate stigma attached to epilepsy to this day. Over Forty (40) million people worldwide must endure the isolation and suffer discrimination on a daily bases.

Thankfully Exotic Super car fans and supports help to raise over \$28,000 the day of the event with more pledges rolling in daily in support of the Bronte Epilepsy Research Foundation. Mary Lou Sordi President of the Bronte Epilepsy Research Foundation and her husband Chris are the first to show their appreciation and admiration for the ongoing work of the professionals of the medical community like Dr. Michael Chez Sutter Neuroscience Institute and Dr. Kia Shahlaie, UC Davis Health System- Bronte Epilepsy Research Program for their necessary research and treatment for those affected and their families.



Exotic Super Car fans and supports help to raise over \$28,000 the day of the event. Photo by Bill Martin

All of the funds collected, 100% goes to the Bronte Epilepsy Reach Foundation for research and treatment of Epilepsy. To date the foundation has raised in excess of \$3,000,000 through fundraising and grants. Grass roots events and fundraising efforts like this cannot be done with good intentions alone. That's where Duncan Waldrop and his group of fantastic volunteers came in. They soon were joined by other volunteers from Sutter Neuroscience Institute, UC

Davis Health Systems and Angele Hughes. Special acknowledgment goes out to Mario Veske of Zinfandel California Cuisine, the American River Messenger and the Gold River Messenger Newspapers, Go For it Magazine and TV Log, for their participation in the event. For more information or to make your donation to this worthwhile cause please visit www.bronteepilepsyresearch.org or email bronte123@pacbell.net

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Local Woman Rallies Community to Help Stomp Out MS

SACRAMENTO REGION, CA (MPG) - After personally raising over \$11,000, a Sacramento woman walked 50 miles in three days to help raise money and awareness as part of a fundraising event for Multiple Sclerosis.

The full-time working mother, Janine Wong, created "Team Lysie" to support a close family friend, Alyssa Gomez (24), who this past year was diagnosed with Multiple Sclerosis (MS), a chronic, unpredictable and disabling disease of the central nervous system with no known cause, cure or prevention. MS symptoms can vary greatly but typically range from numbness in the limbs and extreme fatigue, to loss of balance and muscle coordination or paralysis. Members of Team Lysie included Alyssa's mother Silvia, and Janine's daughter Danielle who volunteered as a Registered Nurse during the event. The group joined about 200 other walkers who participated in the 2013 National Multiple Sclerosis Society's Southern California Challenge Walk MS on September 27-29.

The 2013 Challenge Walk MS was designed under the theme, "Connecting MS Through The Years," and split up amongst three days. Walkers dressed in costumes from their favorite decade, and each of the 50 mile-markers throughout the walk displayed interesting or monumental information discovered about MS through the years. The Challenge's first day, 20-mile walk began at the Carlsbad Flower Fields and ended at the San Diego Marriott Del Mar Hotel. Walkers received free massages by volunteer masseuses from Kaplan College, and proceeded to dinner filled with inspiring speeches from fellow Walkers, a team costume contest and other fun games and prizes.

The second day, 20-mile walk continued from the hotel and finished at Sunset Point in Mission



Approximately 200 walkers participated in the 2013 Challenge Walk on September 27-29.

Bay, where buses shuttled walkers back to the hotel for a dinner and entertainment, where Olympic cyclist Maureen Manley shared her story on how she discovered and deals with her MS diagnosis. The final day, 10-mile walk started back at Sunset Point, and the entire group of 200 walkers crossed the finish line as one united body around noontime at Embarcadero Marina Park South, located behind the San Diego Convention Center in Downtown San Diego.

In order to participate in the Challenge Walk, each Walker had to raise a minimum of \$2,500 in donations; a key reason as to why they call it a "Challenge" walk. However, for Janine and Team Lysie, this hurdle appeared to be nothing more than a speed bump.

Janine explains, "Previously Alyssa was very involved in her community, having coached for her alma mater, the El Camino High softball team, and helping manage Charity Bingo with her father

for over five years. Upon her diagnosis, she had to take a leave from Charity Bingo and I was asked to help in her absence; which is where I got the idea to use them to help raise money for the Walk. They were very supportive and let us have an "MS Night" twice a month on El Camino High's Booster night, where we give the customers \$10.00 off of their bingo buy-in if they will donate \$10.00 to MS."

The entire Charity Bingo and El Camino community rallied around the cause, and Team Lysie raised over \$11,000. Yet Janine found even strangers to Alyssa and the Gomez family were more than eager to donate to the Challenge Walk efforts; when the company Custom Ink received Janine's graphics for their Team Lysie t-shirts, Custom Ink personally contacted Janine to get more information on how to donate to her efforts.

Even further, through the

Charity Bingo Hall Janine met a man named Wind Walker, who works closely with The Forgotten Warriors and other non-profits for veterans and their families and has many connections throughout Sacramento. He was touched after hearing about Alyssa and her

battle with MS, and although the MS Challenge Walk was different than his normal causes, he took her story to heart. On August 24, at 5:30pm he invited Janine and Alyssa to join him on an Access TV Sacramento segment to bring the MS Challenge Walk to public awareness and call other non-profits to help Janine and her team in their MS fundraising efforts.

"This past year has been very eye-opening for me," Janine confesses. "I never even knew what MS was until about 12 months ago! Alyssa is so young and the news of her having MS was shocking. It's unsettling because I want to be able to "fix it," but I've learned with MS that isn't an option. So I'm trying to do the next best thing; I walked 50 miles in this year's Challenge Walk, and I'll continue to raise money to help find a cure and walk for Alyssa and others who can't."

This was Janine and Team Lysie's first year participating in the National MS Society's Southern California Challenge Walk MS.

About The Challenge Walk
The 2013 Challenge Walkers raised a cumulative total of over \$751,000 dollars. Since the event's inception in 2002, when 179

local walkers raised \$496,000, the Pacific South Coast Chapter's Challenge Walk has raised a cumulative total of more than \$10 million dollars. The National MS Society said about 60 of the 200 walkers during this year's 12th annual Challenge Walk have been diagnosed with MS, the most common neurological disease leading to disability in young to middle aged adults like Alyssa. Statistics also show that most people are diagnosed between the ages of 20 and 50, and more than twice as many women as men have MS.

The Pacific South Coast Chapter's Challenge Walk MS is among the highest dollar fundraising amounts of any of the nine other Challenge Walk MS events organized by the 50-state network for MS Society chapters in the U.S. The Southern California Challenge Walk MS, organized by both the San Diego-based Pacific South Coast Chapter and the Los Angeles-based Southern California & Nevada Chapter, is the only Challenge Walk west of the Mississippi River. Additional information on the National MS Society SoCal Challenge Walk can be found at www.MyMSChallenge.com ★

238th Marine Corps Birthday Celebration

SACRAMENTO REGION, CA (MPG) - The Folsom Marine Corps League Detachment # 940 is celebrating the 238th Birthday of the United States Marine Corps with a Birthday Ball. At this Sit down dinner, non-host bar, DJ, dancing and honoring the United States Marine Corps. Open to all members of the military, active duty, retired, their family members and friends etc.

This dinner is the major fundraiser for the Folsom Marine

Corps League and goes to support the following programs:

- College Scholarships for children and grandchildren of veterans.
- The Fallen Warrior program.
- Marine Corps Reserve "Toys for Tots" campaign.
- Provide support to the families of active or veteran Servicemen/women.
- The detachment Honor Guard/Color Guard. The Honor Guard is a uniformed group

of veterans who volunteer to provide Military Honors for deceased veterans. The Color Guard also presents Colors at patriotic events.

Date: Sunday November 10th 2013 at 5:00 p.m. Location: Folsom Community Center 52 Natoma Street Folsom, Ca. Cost: \$35.00 per person.

Contact : Charlie Kank Detachment Commandant 916-984-8455 or Max Hartley 916-384-6629. ★

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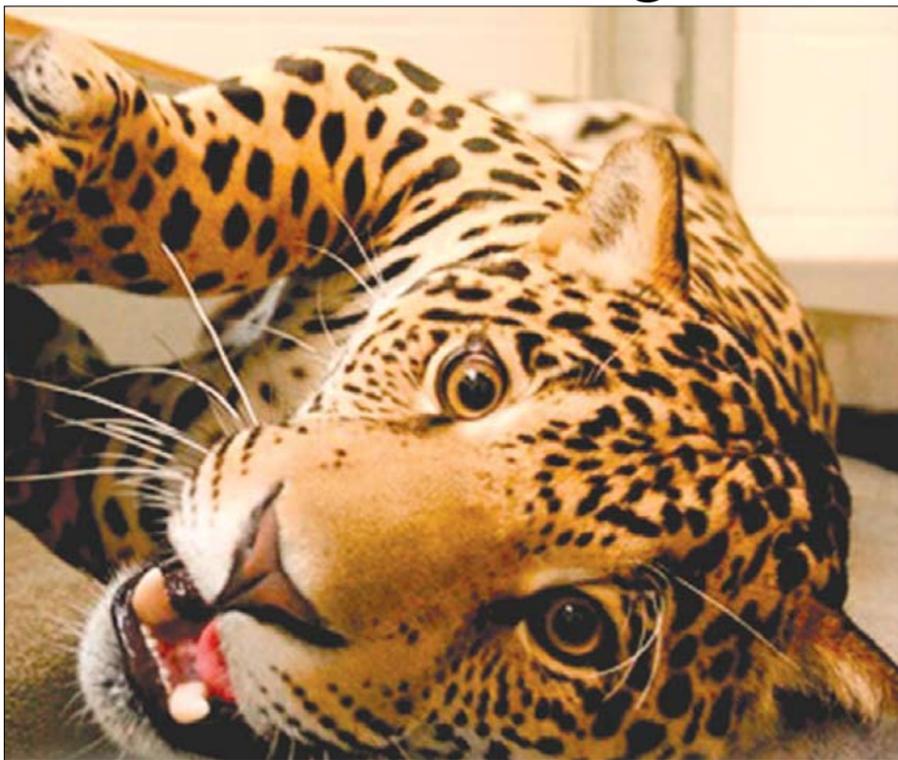
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Sacramento Zoo To Welcome New Jaguar



Tikal says 'hello'

SACRAMENTO REGION, CA (MPG) - The Sacramento Zoo invites the public to wish an old friend farewell and to meet a new Sacramento resident. Mulac, the Zoo's male Jaguar, will be moving to the Brevard Zoo in Florida. Mulac moved to the Sacramento Zoo from the Audubon Zoo in 2002. His last day on exhibit will be September 21st. After Mulac's departure, zookeepers will introduce Tikal, a young male Jaguar from the San Diego Zoo to his new companion, Tina, the Zoo's resident female.

Guests may begin seeing Tikal on exhibit as early as September 22nd but will not see Tina and Tikal on exhibit together until the two have undergone an extensive "meet and greet" process. Before the two Jaguars can begin to live comfortably together, zookeepers will acclimate them first to the smell of each other, then they will be allowed visuals of one other. After Tina and Tikal are comfortable with the sight and smell of each other they will begin sharing the same space under the watchful eyes of zookeepers.

Sacramento Zoo participates in the Association of Zoos and Aquariums Jaguar Species Survival Plan® (SSP). Tikal's arrival was recommended by the SSP, and while Tikal may

someday be a father, his role here for now will be a companion for Tina, an older Jaguar. Social interactions will be important for Tikal as he continues to grow into adulthood; at 16 years of age, Tina (who is considered post-reproductive) will act as a mentor to Tikal, rather than a mate.

Jaguars are an endangered species with estimates indicating that more than 10,000 still exist in the wild; however their numbers are rapidly decreasing as a result of habitat destruction and illegal fur trade. In appearance Jaguars are often confused with leopards - both cats have a similar brownish/yellow base fur coloring that is marked distinctively with spots - the jaguar's spots are rosettes, which are spots within spots. Jaguars are stockier, have larger heads and shorter tails. They weigh 80-130 pounds and can live about 11 years in the wild and up to 22 years in captivity.

Open since 1927, the Sacramento Zoo is home to more than 500 native, rare and endangered animals and is one



Mulac says "goodbye"

of over 200 accredited institutions of the Association of Zoos and Aquariums. Located near the corner of Land Park Drive and Sutterville Road in William Land Park, the Zoo is wholly managed by the non-profit Sacramento Zoological Society. This Sacramento treasure inspires conservation awareness through education and recreation. Open daily from 9:00 am to 4:00 pm, general admission is \$11.25; children ages 2-11 are \$7.25 and one and under are admitted free. Parking is free throughout the park or ride Regional Transit bus #6. For information, call (916) 808-5888 or visit saczoo.org. ★

Source: Sacramento Zoo

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THANK A VETERAN TODAY

Abandoned Babies Laid to Rest at Sacramento's Garden of Innocence



Citrus Heights resident Liam Neeley reflects on the many boxes holding the cremated remains of abandoned babies being laid to rest at the new Garden of Innocence in Sacramento. Members of the community donated the boxes, tiny urns of all shapes and designs, blankets, stuffed animals and flowers filling them.

Words and Photography by Elise Spleiss

SACRAMENTO REGION (MPG) - "Bringing communities together to make sure no child leaves this earth without someone who cared. That is what Garden of Innocence National is all about," reads their mission statement.

A community did come together on September 21, 2013 at the East Lawn Sierra Hills Memorial Park in Sacramento to pay respect and lay to rest twenty abandoned babies and to dedicate the new Garden of Innocence (GOI) at this site.

More than 130 participants and cemetery staff from surrounding cities and as far away as Fresno, CA made the journey to the new GOI memorial just outside of Citrus Heights, to be part of a morning created to bring people together to accomplish an urgent goal - to give abandoned children the dignity they deserve in their death despite the very short and loveless life they may have had in life.

This goal was accomplished during a poignant ceremony following months of preparation by the Garden of Innocence National organization including acquiring each baby's individual final resting place, and giving each a personality of their own with a name, a special poem written for them and a unique urn built and donated by Sacramento Area Woodworkers to hold their cremated remains.

To fulfill the need for involve community in this experience, stories in the media and even on Craig's List called for volunteers and invited those interested to gather and participate in giving

musical interludes by local musicians and a message of spiritual affirmation by Rev. Ramona Goodge, Center for Spiritual Awareness. Alan Fisher, president of East Lawn Sierra Hills Memorial Park then dedicated the Garden to the children it will serve.

Finally it was time to place each baby in his or her final resting place. Inside each urn, a small 12" by 12" blanket tightly enfolds the cremated remains. Urns were placed in their own white plastic protective 16" x10" x10" "vault", and individually filled with stuffed animals and sprinkled with red rose petals. Permanent personalized grave markers will be placed on the gravesites.

It was an inspiring sight as one white dove, then three, then 20 doves were released into the sky. The first dove signified 'spirit', the next three, the 'holy father' followed by the final twenty.

This service comes in the wake of media coverage given to the story of the burial in of "Baby Rosie" in Auburn, CA on Sept. 18, 2013. Two park workers found Rosie's perfectly formed body on July 8 in a Roseville park. Since then, the issue of abandoned deceased babies and children has re-gained media and public attention.

The 20 children buried this day came from the coroner's office, after being still born in surrounding hospitals. Parents leave their babies at the hospital as they cannot handle the grief of the loss or cannot afford the burial. Formerly, indigent or abandoned adults and children were buried in an unmarked section of the cemetery; now babies and younger children will rest at the GOI. Sierra Hills will handle abandoned children's burials for eleven counties surrounding Sacramento

Each burial would cost at least \$3,000 today. Over a dozen volunteers are required to plan and run a GOI memorial service, even to bury just one baby. Volunteers are always welcome.

The initial Garden of Innocence was created in 1998 with the first memorial park in San Diego, CA. In 2005 founder Elissa Davey, and Dr. Neteira Carrol initiated the National Garden of Innocence program after hundreds of inquiries US & Canada to come to their community and help start a garden there. Their goal is have a memorial park in every state.

At present there are GOI sites in 25 California counties five other states. More are being designed, built and dedicated as they strive to fill the many requests from throughout the United States and Canada to help create a Garden of Innocence in their community.

Sierra Hills East Lawn is one of four local East Lawn sites. Founded in 1904 at 43rd & Folsom in downtown Sacramento, the other two are on Fruitridge Road in Sacramento and Elk Grove. ★

For more information on attending a service or volunteering for this program visit www.gardenofinnocence.org or call 888-878-7812.

these previously abandoned and forgotten children a proper celebration of their short lives.

The service, the same format repeated at GOI memorials around the United States began with a welcome from Victor Hipolito Jr., East Lawn Director. More than 50 men, women, and children created a solemn "Chain of Love", each participant pausing for a moment as they held each of the 20 urns before passing it on to their neighbor.

As this was taking place, the Knights of Columbus, a Catholic men's fraternal service organization with a heart for children's needs provided the ceremony with an additional sense of dignity as they slowly and silently processed around the circle and 'stood guard' over the entire proceedings.

The ceremony continued with the reading of poems written for each child by volunteers previously recruited from Sun City, and writers and poetry clubs throughout California. One poem written for 'Hannah' came from Uganda.

Adults, children and even families, read the poems. Following each recitation, the reader opened a small white box and released a Monarch butterfly, most of which immediately took flight while others lingered.

One poet, George McGehee, a minister and writer was so moved when heard of the project from Inspire, his Christian writer's club, that he wrote his tribute to 'Michael' and traveled the 40 miles from Acampo, near Stockton to read it.

The reading of the poems was intermingled with several

The Charitable Side of Gaming



If you really love to play games for a long period of time, Extra Life sets out to turn those hours into money for the Children's Miracle Network Hospitals. Photo courtesy Noah Howard

By Noah Howard

When some people think of video game fans, they imagine stereotypes of anti-social introverts playing for hours in a dark room. But the industry has evolved far beyond these popular culture-driven caricatures. Gamers are a community and some are using their virtual worlds to improve the real world by establishing a number of game-related charities that have helped millions all over the globe.

The Humble Bundle is probably the most famous. Every week, it posts a selection of video games available for download, and people can pay as much or as little as they'd like to acquire them. The Humble

Bundle usually identifies a number of charities, and the buyer can allocate his or her funds to go to whichever ones they wish. Pay more than the average, and additional games or content is unlocked, raising hundreds of thousands of dollars weekly.

In a similar niche, the UK-based GamesAid also occasionally sells games to raise money for smaller charities that help disadvantaged children. However, they have also expanded their fundraising by reaching out in the gaming community through industry events and by selling game-related memorabilia on eBay.

If you really love to play games for a long period of time, Extra Life sets out to turn those hours into money for the

Children's Miracle Network Hospitals. Extra Life is almost like a digital jog-a-thon, asking you to earn money by having others pledge for you to play a game on the platform of your choice.

Child's Play is an organization set up to help those who don't have games for them to play at all. Established in 2003, Child's Play works similarly to the Make A Wish Foundation. Hospitals provide wishlists to Child's Play of the goods that their hospitalized kids want, and Child's Play seeks to fulfill as many requests as possible either through monetary donations or by letting people directly fulfill wish-list requests on Amazon. Though the majority of requests tend to be video games, it's also possible to find books, toys, or even nail polish on the lists. Whatever the children desire, Child's Play aims to deliver.

The gaming industry has garnered more than its fair share of criticism, accused of "desensitizing" people to violence or keeping them from physical activity. Yet, these examples of gamers motivated by charity shows that some good has sprung out of the interactive entertainment community. There are already numerous ways to participate in gaming's long-hidden charitable side, with more assuredly to come. ★

Respond to Noah's articles by emailing him at digitalartsnoah@yahoo.com

Governor Brown Signs Bill to Increase Minimum Wage in California

SACRAMENTO, CA (MPG) - Acting to help California's working families, Governor Edmund G. Brown Jr. on September 25th signed AB 10 by Assemblymember Luis Alejo (D-Salinas), which will raise the minimum wage in California from \$8.00 per hour to \$10.00 per hour.

"It's a special day to stand with workers who are laboring for all of us and laboring at a very low wage. Turning that wage into a \$10 an hour wage is a wonderful

thing," said Governor Brown prior to signing AB 10 in Los Angeles. "It's my goal and it's my moral responsibility to do what I can to make our society more harmonious, to make our social fabric tighter and closer and to work toward a solidarity that every day appears to become more distant."

AB 10 will raise California's minimum wage in two one-dollar increments, from \$8 per hour today to \$9 per hour, effective July 1, 2014 and from \$9 per

hour to \$10 per hour, effective January 1, 2016.

Governor Brown worked diligently with the bill's author and legislative leaders over the past month to secure passage of AB 10. He was joined at today's bill signing ceremonies in Los Angeles and Oakland by Assembly Speaker John A. Pérez, Assemblymember Luis Alejo and dozens of workers. ★

Source: Office of Governor Brown

Governor Slams Business with Huge Minimum Wage Increase

NFIB study shows job loss will follow once minimum wage goes up

SACRAMENTO, CA (MPG) - The National Federation of Independent Business/California voiced strong opposition to Governor Brown's signing of Assembly Bill 10, which would increase California's minimum wage by \$2.00 per hour. The bill is effectively one more tax increase on California's hurting small business owners.

"Small business owners' hopes have once again been dashed with a stroke of Governor Brown's pen," said John Kabateck, NFIB/CA Executive Director. "After spearheading the effort to raise our state income tax to the highest in the nation, Governor Brown vowed to be more prudent this year. Increasing the minimum wage by a staggering 25% violates that promise and will only cement California's status as the worst place to start a business."

Small businesses are still struggling to crawl out of the economic recession and are already facing a myriad of hurdles,

including the highest income and sales tax in the country, uncertainty from the Affordable Care Act, which takes effect in January, and higher energy costs from cap-and-trade, to name just a few. Now their bottom line will be further reduced along with the accompanying payroll taxes.

"It is my understanding that the Legislature limited public employee union pay increases this year, saying that the state just could not afford more," added Kabateck. "But then they turn around and hit businesses with a 25% increase over the next two years! This is sheer hypocrisy from our elected leaders."

The minimum wage increase passed with strong union support. Their negotiated wages are usually based on the state's minimum wage.

"Small business owners will now be forced to make tough choices including reducing employee hours, cutting positions entirely, and for many, closing their doors altogether.

And make no mistake, small business owners vote and will remember those who supported this bill next November during election time."

A recent study showed 68,000 jobs lost in California if the minimum wage is increased.

For more than 70 years, the National Federation of Independent Business has been the Voice of Small Business, taking the message from Main Street to the halls of Congress and all 50 state legislatures. NFIB annually surveys its members on state and federal issues vital to their survival as America's economic engine and biggest creator of jobs. NFIB's educational mission is to remind policymakers that small businesses are not smaller versions of bigger businesses; they have very different challenges and priorities. To learn more visit www.NFIB.com/california. ★

Source: NFIB

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What Congress Needs to Do About the NSA



Commentary By
Lee H. Hamilton

have been deferential to national security authorities, raising a few questions from time to time, but in the end approving all but a handful of tens of thousands of data-gathering requests.

And the American people, by their lack of widespread outrage, have signaled that in this one case, at least, they believe the government can be trusted to keep us safe.

In short, Congress — the forum where issues of such national importance should be hashed out — missed its chance to lead a reasoned national debate over how extensive we want surveillance over Americans' communications to be. It's unlikely that genie can ever again be forced back into its bottle.

Yet even the director of national intelligence, James Clapper — who once denied point-blank to Congress that the government collects data on millions of Americans — now sees the need for some sort of change. "We can do with more oversight and give people more confidence in what we do," he said in a mid-September speech.

Yes, indeed. Here's the problem: once given power, the government rarely yields it. So you have to think not only about its present use, but how it will be used a decade or even more from now. Even if you concede that the current administration and its intelligence leadership have been responsible stewards of the powers they've been given — and I don't — that is no guarantee that the people who follow them, or the people who come after that, will be equally trustworthy.

This means that Congress has some challenging work ahead. It needs to restore the proper balance between effective intelligence-gathering and intrusion into Americans' privacy. It needs to demand more thoroughgoing accountability from

the intelligence community. It needs to exercise greater oversight and insist on more transparency, more information, and more constraint on surveillance programs — defining what is truly relevant to an investigation, creating more stringent definitions of which communications are fair game, and finding ways to assure Americans that protecting their privacy and civil liberties need not mean the wholesale vacuuming-up of every domestic phone and email record in existence.

There is no place for the timidity Congress has shown so far on these issues.

Our system depends on a vigorous Congress. The administration argues that it can provide rigorous intelligence-gathering oversight, but it has yet to prove it can do so — and in our system of checks and balances, it's not enough to have one branch of government overseeing itself. Congress, the courts, and the presidentially appointed Privacy and Civil Liberties Board all have to step up to their responsibilities.

Americans should demand action to strike a better balance between privacy and security. In the past, the congressional overseers of the intelligence community have been captivated, if not captured, by the people they're supposed to be supervising. Same with the courts. And the administration has hardly been forthcoming. That means it's up to the American people to insist that our leaders do their jobs. It's no less true today than it was at our founding: the price of liberty is eternal vigilance. ★

Lee Hamilton is Director of the Center on Congress at Indiana University. He was a member of the U.S. House of Representatives for 34 years.

Washington is beginning to debate the proper extent of government eavesdropping powers in the wake of Edward Snowden's revelations about the NSA. It's hardly as robust a discussion as it should be, but it's a desperately needed start.

The colossal effort to monitor Americans' communications has been going on for at least seven years, under two presidents. It constitutes an expansion of government power without precedent in the modern era. Yet while some members of Congress were informed about it — and all had the opportunity to learn — none saw an urgent need for public discussion. This is astounding. It took the actions of a leaker to spur any real airing of the matter on Capitol Hill.

Even now, it seems unlikely that Congress will make significant policy changes. That's because all the nation's key actors and institutions appear to approve of the surveillance programs. By its silence, Congress clearly supported them. Presidents Bush and Obama backed them. The intelligence community, a powerful voice on national security issues, has resolutely defended them. The courts that are supposed to keep them in line with the Constitution

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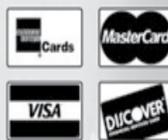
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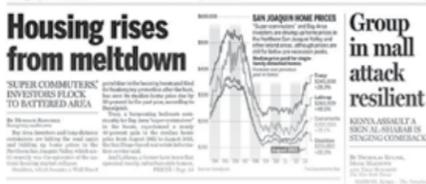
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ACROSS

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- A late time of life
- *Electronic brain
- Mountaineer's tool
- Hula dancer's necklace
- Shade of violet
- Wimpy Kid's journal
- No ___
- *Often donated
- Boring
- *Diamond, e.g.
- Telephone
- ___ office
- The ___ NYC museum
- Biblical captain
- Continually annoy
- Gulf V.I.P.
- *Sun, e.g.
- Millionaire maker
- Apple variety
- Boot brand
- Boyfriend
- Middle
- Lion's do
- Leo or Virgo, e.g.
- First letter of Hebrew alphabet, pl.
- *Chemistry Nobelist ___ Hahn
- Homer Simpson's neighbor
- Apiece
- Federal procurement org.
- *Stone that floats
- *Reddish-brown
- Hardship
- Pirate's "yes"
- R in R.E.M.
- Hollers
- Seasonal blues
- *Threat to food
- *Like desert
- One of Bo Peep's flock
- Affirmatives

DOWN

- Auction action
- *Opposite of base
- Approximate
- One of 4 Cs
- *All around us
- Full of elms
- Grazing spot
- Bee Gees' most successful genre
- *Low-___ diet
- "Les Misérables" author
- Popular Russian name
- Used for signing
- "Mere ___"
- Paint choice
- Often used to make baseball bats
- Khufu or Khepra, e.g.
- *Molten rock
- Often received with a sound
- Spanish accent
- *Elementary particle
- Schneider and Lowe, e.g.
- Dined at home
- *Microscope's platform
- *It travels about 768 mph
- Coarse file
- Monthly due
- Fire
- Belonging to him and her
- *Anatomical pouch
- Fish hawk
- Halt
- With rapid movements
- Embarcation location
- Tangelo
- *Type of fungus
- Formally surrender
- Heroic poem
- Agitate
- Shag rug
- Swerve
- Insult

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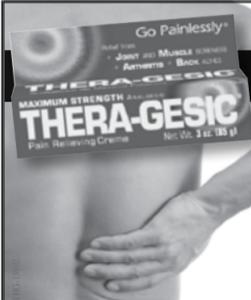
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Graphic Artist - Layout
Support person needed to assist with graphics and layout. Must be proficient in various programs including Adobe CS3-5 Photoshop, InDesign, etc. Newspaper or magazine publishing experience preferred.

To apply for any of these positions, contact: Paul V. Scholl, Publisher
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Sudoku Puzzle on Page 6

7	5	1	4	8	9	2	3	6
8	9	2	3	6	5	1	7	4
3	4	6	1	7	2	8	9	5
5	7	9	6	1	8	3	4	2
4	6	8	2	3	7	5	1	9
2	1	3	5	9	4	7	6	8
1	3	5	9	2	6	4	8	7
9	2	7	8	4	1	6	5	3
6	8	4	7	5	3	9	2	1

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California law requires that contractors taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at www.cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

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Legal Advertising P.O. Box 14 Carmichael, CA 95609

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06490. Jonathan Robbins, 4800 Trona Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Greenhouse Guy Supply" at 7621 Fair Oaks Blvd., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on August 14, 2013. Publish: Sept. 11, 18, 25, Oct. 2, 2013. GREENH 131001 10-2-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06508. Mark Perlberger, 5716 Callister Ave., Sacramento, CA 95819 is doing business under the Fictitious Business Name "Halbear Enterprises" at 5716 Callister Ave., Sacramento, CA 95819. Filed with the Clerk of Sacramento County on August 14, 2013. Publish: Sept. 11, 18, 25, Oct. 2, 2013. HALBEAR 131001 10-2-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06957. Gurranat S. Aujla, 7795 Dersingham Dr., Sacramento, CA 95829 is doing business under the Fictitious Business Name "Lovely Ice Cream" at 7795 Dersingham Dr., Sacramento, CA 95829. Filed with the Clerk of Sacramento County on August 30, 2013. Publish: Sept. 11, 18, 25, Oct. 2, 2013. LOVELY 131001 10-2-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06937. Karen K. Snoko, 393 Florin Rd., No. 64, Sacramento, CA 95831 is doing business under the Fictitious Business Name "Married To Massage" at 902 21st St., Sacramento, CA 95816. Filed with the Clerk of Sacramento County on August 29, 2013. Publish: Sept. 11, 18, 25, Oct. 2, 2013. MARRIED 131001 10-2-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07075. Stephanie Matthews, 10758 Westerly Dr., Mather, CA 95655 is doing business under the Fictitious Business Name "Stephie's Daycare" at 10758 Westerly Dr., Mather, CA 95655. Filed with the Clerk of Sacramento County on September 6, 2013. Publish: Sept. 11, 18, 25, Oct. 2, 2013. STEPHIE 131001 10-2-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06869. Joshua Kretchman, 2401 U St., Sacramento, CA 95818 is doing business under the Fictitious Business Name "Treetop Real Estate and Treetop Realty" at 2401 U St., Sacramento, CA 95818. Filed with the Clerk of Sacramento County on August 27, 2013. Publish: Sept. 25, Oct. 2, 9, 16, 2013. TREETOP 131003 10-16-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06739. Bonny G. Scheier, 3625 Keswick Way, Sacramento, CA 95826 is doing business under the Fictitious Business Name "VF Custom Promos" at 3625 Keswick Way, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on August 22, 2013. Publish: Sept. 11, 18, 25, Oct. 2, 2013. VFUST 131001 10-2-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07294. Richard E. Anderson, 7065 Pebblebrook Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name "AAA Imaging Solutions" at 7065 Pebblebrook Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on September 13, 2013. Publish: Sept. 18, 25, October 2, 9, 2013. AAAIMA 131002 10-9-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07025. Armando Esparza, 6208 Walerga Rd., North Highlands, CA 95660 is doing business under the Fictitious Business Name "Aqualics by Armando" at 6208 Walerga Rd., North Highlands, CA 95660. Filed with the Clerk of Sacramento County on September 4, 2013. Publish: Sept. 18, 25, October 2, 9, 2013. AQUATIC 131002 10-9-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06870. Berg Properties Inc., 237 Randall Dr., Folsom, CA 95630 is doing business under the Fictitious Business Name "Auburn & Antelope Car Wash" at 7742 Auburn Blvd., Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on August 23, 2013. Publish: Sept. 18, 25, October 2, 9, 2013. AUBURN 131002 10-9-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06396. Carvell Printing, 1791 Tribute Rd., Suite A, Sacramento, CA 95815 is doing business under the Fictitious Business Name "Columbia Graphics" at 1791 Tribute Rd., Suite A, Sacramento, CA 95815. Filed with the Clerk of Sacramento County on August 9, 2013. Publish: Sept. 18, 25, October 2, 9, 2013. COLUM 131002 10-9-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06885. Cindy Otto, 8194 East Pelletier Rd., Acampo, CA 95220 is doing business under the Fictitious Business Name "C. Otto and Company" at 11415 Sunrise Gold Circle, Ste. 17, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County on August 28, 2013. Publish: Sept. 18, 25, October 2, 9, 2013. C.OTTO 131002 10-9-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06773. Dan Hatchcock, 6019 Cowder Ct., Orangevale, CA 95662 is doing business under the Fictitious Business Name "Disaster Masterz" at 6019 Cowder Ct., Orangevale, CA 95662. Filed with the Clerk of Sacramento County on August 23, 2013. Publish: Sept. 18, 25, October 2, 9, 2013. DISASTER 131002 10-9-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07307. Jonathan David Brown, 8726 Mohawk Way, Fair Oaks, CA 95620 is doing business under the Fictitious Business Name "JDB's Handyman Services and JDB's Services" at 8726 Mohawk Way, Fair Oaks, CA 95620. Filed with the Clerk of Sacramento County on September 13, 2013. Publish: Sept. 18, 25, October 2, 9, 2013. JDBSHA 131002 10-9-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07052. Rajvinder Mahay, 5504 Lilyview Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name "MGM Distributor" at 5504 Lilyview Way, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County on September 5, 2013. Publish: Sept. 18, 25, October 2, 9, 2013. MGDMDIS 131002 10-9-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07222. Thong Hoang Pham, 8732 Barton Cir., Elk Grove, CA 95624 is doing business under the Fictitious Business Name "PG Advanced Construction Services" at 8732 Barton Cir., Elk Grove, CA 95624. Filed with the Clerk of Sacramento County on September 11, 2013. Publish: Sept. 18, 25, October 2, 9, 2013. PGADVA 131002 10-9-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07057. Rajvinder Mahay, 5504 Lilyview Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name "Tobacco And More" at 2400 Florin Rd., No. B, Sacramento, CA 95822. Filed with the Clerk of Sacramento County on September 5, 2013. Publish: Sept. 18, 25, October 2, 9, 2013. TOBACCO 131002 10-9-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07343. Symia J. Stigler, 6310 Conejo, Rancho Murietta, CA 95683 is doing business under the Fictitious Business Name "9 Sixteen" at 6310 Conejo, Rancho Murietta, CA 95683. Filed with the Clerk of Sacramento County on September 16, 2013. Publish: Sept. 25, October 2, 9, 16, 2013. 9SIXTE 131003 10-16-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07398. Cynthia Renee Baldwin, 2949 Longboat Key Way, Sacramento, CA 95835 is doing business under the Fictitious Business Name "Besame Bella Kiss Me Beautiful" at 2949 Longboat Key Way, Sacramento, CA 95835. Filed with the Clerk of Sacramento County on September 17, 2013. Publish: Sept. 25, October 2, 9, 16, 2013. BESAME 131003 10-16-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06928. Tony Barbarich, 8720 Woodman Way, Unit F, Sacramento, CA 95826 is doing business under the Fictitious Business Name "Little Hearts of Mary" at 8720 Woodman Way, Unit F, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on August 29, 2013. Publish: Sept. 25, October 2, 9, 16, 2013. LITTLE 131003 10-16-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07341. Jackie Rittenhouse, 8609 Acqkerman Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Select Performance Vehicles" at 8609 Acqkerman Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on September 16, 2013. Publish: Sept. 18, 25, October 2, 9, 2013. SELECT 131003 10-16-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06869. Joshua Kretchman, 2401 U St., Sacramento, CA 95818 is doing business under the Fictitious Business Name "Treetop Real Estate and Treetop Realty" at 2401 U St., Sacramento, CA 95818. Filed with the Clerk of Sacramento County on August 27, 2013. Publish: Sept. 25, Oct. 2, 9, 16, 2013. TREETOP 131003 10-16-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07200. Jeffrey Adkins, 9848 Oakplace, No. E, Folsom, CA 95630 is doing business under the Fictitious Business Name "Adkins Eye Specialists" at 5404 Laurel Hills Dr., Sacramento, CA 95841. Filed with the Clerk of Sacramento County on September 11, 2013. Publish: October 2, 9, 16, 23, 2013. ADKINS 131004 10-23-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07675. Lynda Marenich, 8083 Sunrise East Way, No. 48, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "American Aviation Surplus" at 8083 Sunrise East Way, No. 48, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on September 25, 2013. Publish: October 2, 9, 16, 23, 2013. AMERIC 131004 10-23-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07698. April Lynn Stenen, 6607 Greenleaf Dr., Citrus Heights, CA 95621 is doing business under the Fictitious Business Name "April Sunshine Healing" at 6607 Greenleaf Dr., Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on September 26, 2013. Publish: October 2, 9, 16, 23, 2013. APRILS 131004 10-23-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07389. Tollefson and Associates, Inc., 8025 Greenback Ln., Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "Batteries Plus Bulbs" at 1632 Howe Ave., Sacramento, CA 95825. Filed with the Clerk of Sacramento County on September 17, 2013. Publish: October 2, 9, 16, 23, 2013. BATTER 131004 10-23-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07693. Alan Dismuke, 420 15th St., Sacramento, CA 95814 is doing business under the Fictitious Business Name "Left Coast Editions" at 420 15th St., Sacramento, CA 95814. Filed with the Clerk of Sacramento County on September 25, 2013. Publish: October 2, 9, 16, 23, 2013. LEFTCO 131004 10-23-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07705. Paul V. Scholl, 7144 Fair Oaks Blvd., Ste. 5, Carmichael, CA 95608 is doing business under the Fictitious Business Name "Rancho Cordova Grapevine Independent, West Sacramento, Sun and Rancho Cordova Independent" at 7144 Fair Oaks Blvd., Ste. 5, Carmichael, CA 95608. Filed with the Clerk of Sacramento County on September 26, 2013. Publish: October 2, 9, 16, 23, 2013. HOSPIT 131004 10-23-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07054. Ha Wan Ku, 4364 Oxwood Dr., Sacramento, CA 95826 is doing business under the Fictitious Business Name "Vogue Cleaners" at 3437 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on September 5, 2013. Publish: October 2, 9, 16, 23, 2013. VOGUE 131004 10-23-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-07054. Ha Wan Ku, 4364 Oxwood Dr., Sacramento, CA 95826 is doing business under the Fictitious Business Name "Vogue Cleaners" at 3437 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on September 5, 2013. Publish: October 2, 9, 16, 23, 2013. VOGUE 131004 10-23-13

ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE #FBNF2010-05198.

The following person has abandoned the use of the FICTITIOUS BUSINESS NAME OF VF Custom Promos, 3625 Keswick Way, Sacramento, CA 95826: Victor J. Fleck, 3625 Keswick Way, Sacramento, CA 95826. The Fictitious Business Name Statement was filed on June 7, 2010, in the County of Sacramento. Abandonment filed with the Clerk of Sacramento on August 22, 2013. Publish: Sept. 11, 18, 25, Oct. 2, 2013. VFCUST 131001 10-2-13

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE #FBNF2010-06639.

The following corporation has abandoned the use of the FICTITIOUS BUSINESS NAME OF C. Otto & Co., 6628 Fiesta Lane, Orangevale, CA 95662: Dwayne Keith Brooks Co., Inc., Delaware Corp., 6628 Fiesta Lane, Orangevale, CA 95662. The Fictitious Business Name Statement was filed on July 23, 2010, in the County of Sacramento. Abandonment filed with the Clerk of Sacramento on August 28, 2013. Publish: Sept. 18, 25, October 2, 9, 2013. C. OTTO 131002 10-9-13

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE #FBNF2010-09106.

The following corporation has abandoned the use of the FICTITIOUS BUSINESS NAME OF Freight Connections, 6151 Fair Oaks Blvd., No 110, Carmichael, CA 95608: Freight Connections, Inc., 6151 Fair Oaks Blvd., No 110, Carmichael, CA 95608. The Fictitious Business Name Statement was filed on October 14, 2010, in the County of Sacramento. Abandonment filed with the Clerk of Sacramento on August 30, 2013. Publish: Sept. 18, 25, October 2, 9, 2013. FREIGHT 131002 10-9-13

OF FICTITIOUS BUSINESS NAME FILE

#FBNF2009-03660. The following corporation has abandoned the use of the FICTITIOUS BUSINESS NAME OF Cocks Collision of Carmichael, 6801 Fair Oaks Blvd., Carmichael, CA 95608: Cocks Collision, Inc., 2990 Lava Ridge Ct., Ste. 190, Roseville, CA 95661. The Fictitious Business Name Statement was filed on April 7, 2009, in the County of Sacramento. Abandonment filed with the Clerk of Sacramento on August 29, 2013. Publish: October 2, 9, 16, 23, 2013. COOKS 131004 10-23-13

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00149144 WHEREAS, Arleen Joy Bautista Reyes has filed a petition with this court for a decree changing the name of Arleen Joy Bautista Reyes to Arleen Joy Reyes Estaris. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 9, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: August 21, 2013. David I. Brown Judge of the Superior Court Publish: Sept. 11, 18, 25, Oct. 2, 2013. ESTARIS 131001 10-2-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00150187 WHEREAS, Carlotta Sembrano Soyango has filed a petition with this court for a decree changing the name of Carlotta Sembrano Soyango to Ty Sembrano Soyango. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 23, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: August 21, 2013. David I. Brown Judge of the Superior Court Publish: Sept. 11, 18, 25, Oct. 2, 2013. ESTARIS 131001 10-2-13

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SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00149301 WHEREAS, Jason John Vetter has filed a petition with this court for a decree changing the name of Jason John Vetter to Jason John Repucci. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 16, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: August 2, 2013. David I. Brown Judge of the Superior Court Publish: Sept. 11, 18, 25, Oct. 2, 2013. VETTER 131001 10-2-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00149301 WHEREAS, Jason John Vetter has filed a petition with this court for a decree changing the name of Jason John Vetter to Jason John Repucci. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 16, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: August 2, 2013. David I. Brown Judge of the Superior Court Publish: Sept. 11, 18, 25, Oct. 2, 2013. VETTER 131001 10-2-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00149301 WHEREAS, Jason John Vetter has filed a petition with this court for a decree changing the name of Jason John Vetter to Jason John Repucci. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 16, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: August 2, 2013. David I. Brown Judge of the Superior Court Publish: Sept. 11, 18, 25, Oct. 2, 2013. VETTER 131001 10-2-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00149301 WHEREAS, Jason John Vetter has filed a petition with this court for a decree changing the name of Jason John Vetter to Jason John Repucci. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 16, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: August 2, 2013. David I. Brown Judge of the Superior Court Publish: Sept. 11, 18, 25, Oct. 2, 2013. VETTER 131001 10-2-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00149775 WHEREAS, Yu Yang has filed a petition with this court for a decree changing the names of Yu Yang to Cindy Ngo and Joseph Ngo Tran to Joseph Ngo. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 18, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: August 28, 2013. David I. Brown Judge of the Superior Court Publish: Sept. 11, 18, 25, Oct. 2, 2013. YUYANG 131001 10-2-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00151161 WHEREAS, Michelle Lewis has filed a petition with this court for a decree changing the name of Maia Jade Jean Hallock to Maia Jade Weithington. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 8, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 18, 2013. David I. Brown Judge of the Superior Court Publish: Sept. 25, October 2, 9, 16, 2013. LEWIS 131003 10-16-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00151161 WHEREAS, Michelle Lewis has filed a petition with this court for a decree changing the name of Maia Jade Jean Hallock to Maia Jade Weithington. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 8, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: September 18, 2013. David I. Brown Judge of the Superior Court Publish: Sept. 25, October 2, 9, 16, 2013. LEWIS 131003 10-16-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00151161 WHEREAS, Michelle Lewis has filed a petition with this court for a decree changing the name of Maia Jade Jean Hallock to Maia Jade Weithington. IT IS ORDERED that all persons interested in the above entitled matter appear before

Legal Advertising for City of Rancho Cordova



City of Rancho Cordova Planning Director Notice of Public Hearing

NOTICE is hereby given that on **Monday, October 14, 2013, at 2:00 p.m.**, or as soon thereafter as the matter may be heard, the Planning Director of the City of Rancho Cordova will hold a Public Hearing at the **Rancho Cordova City Hall**, in the **Community Board Room** located at **2729 Prospect Park Drive, Rancho Cordova**, to consider the following:

KAIA F.I.T. SUNRISE - PROJECT NO. DD8341 - LIMITED USE PERMIT:

OWNER/APPLICANT:
Sun Center Investment, LLC
Mr. Bryun Bullard
3132 Auburn Boulevard
Sacramento, CA 95821

Kaia F.I.T. Sunrise
Mrs. Kira Rasmussen
1818 L Street, Unit 614
Sacramento, CA 95811

REQUEST: Operate a small group strength training business during weekends and off hours in a light industrial business complex. The business will be conducted within the enclosure of the building and no outside activities will be held.

LOCATION/APN: 11480 Sunrise Gold Circle, Suite 8; APN: 072-0430-026-0005

ZONING: Light Industrial/Manufacturing (M-1)

ENVIRONMENTAL: Categorically Exempt under Sections 15301 (Existing Structures) of the California Environmental Quality Act Guidelines.

PROJECT PLANNER: William Campbell, Principal Planner

Questions regarding this matter should be directed to the City of Rancho Cordova Planning Department at (916) 851-8750.

NOTICE REGARDING CHALLENGES TO DECISIONS

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact Kelly Kennedy, Planning Department Secretary at (916) 851-8759. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

Printed in the Grapevine Independent on October 4, 2013

NOTICE OF PUBLIC SALE OF LIENED PROPERTY

Notice is hereby given that a public lien sale will be held at:

A1 Towing
601 1st Avenue
Sacramento, CA 95818

On October 18, 2013, at 10:00 A.M. in accordance with Section 21700 et seq of the Business and Professions Code of the State of California. The following lien sale will be conducted by West Coast Lien Service, P.O. Box 1994, North Highlands, CA 95660 (916) 489-5849.

2006 Chevrolet C/K 250
IGCHC23D36F189558
8U20483

Publish: October 4, 2013



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All Legal Ads Published in the Rancho Cordova Grapevine Independent

Call to place your legal advertising **MPG**



A Case in Point

Wronged at Work!

THEY SAID I'M TOO OLD, SO THEY DUMPED ME

By David Graulich, Esq.

"I'm too young to retire....but I'm too old to get a job."

A dilemma confronts millions of talented Americans. They are smart, experienced and ready to work. Yet they are jobless and unable to get hired due to their age. Many of them worry that they are not only unemployed, but unemployable in a job market that has a fetish for youth.

Age discrimination is a widespread and destructive prejudice in today's workplace. Job descriptions use code words such as "fun-loving," "high energy," or "recent college graduate." Young, unmarried employees without children are more likely to work weekends, evenings and holidays at lower rates of pay. Employers believe that younger employees will lower the costs of health insurance. Years of experience, maturity and responsibility are perceived not as valuable assets but as excess baggage.

Here's a comment from Mark Zuckerberg, the 28-year-old founder of Facebook: "I want to stress the importance of being young and technical. Young people are just smarter." A senior executive at Twitter, Melissa Daimler, told the Commonwealth Club in San Francisco that said she couldn't comment on what older-generation workers want at their jobs because they don't work at Twitter, nor does Twitter target them for hire. The average age of a Twitter employee, Ms. Daimler said, is 30.

A partner at a prominent venture capital firm in Palo Alto told a conference audience, "People over 45 basically die in terms of new ideas."

I found similar comments from employers in the court records of recent age discrimination lawsuits:

- A director of sales said that the company needed "race horses, not plow horses," and that the plaintiff's sales techniques were unacceptable because they were "old school" and resulted from "a graying of the sales force."

- The plaintiff was described as an "old geezer" who "didn't fit the mold of a young, aggressive type manager."

- The plaintiff was told that management "was looking for younger, single people" and that "you wouldn't be happy here in the future."

Statistics suggest the scope of the prejudice. The state's Department of Fair Employment and Housing (DFEH) tracks discrimination filings by categories. In 2002, DFEH recorded 3,282 complaints of age discrimination. In 2012, DFEH logged 5,605 age discrimination complaints, an increase of 71%.

One discharged employee who fought back in court was Brian Reid, a 52-year-old manager at Google who was fired nine days before Google announced plans to go public. According to his lawsuit, Reid's supervisors called Reid a "poor cultural fit," an "old guy" and a "fuddy-duddy" with ideas "too old to matter."

Mr. Reid sued Google for age discrimination and asserted that his unvested stock options would have been worth at least \$45 million if he had stayed there. The case ultimately settled out of court for an undisclosed amount.

Another case that I'm following closely is being argued in Alameda County. In May 2008, Lawrence Livermore Laboratories fired hundreds of experienced employees, including nuclear weapons scientists, researchers, assistants, and

others with long years of service. Earlier this year, a jury awarded a \$2.7 million verdict in favor of five ex-employees. The litigation is continuing with about 125 former employees, most aged 40 and over, as plaintiffs.

Both federal and California laws protect employees from age discrimination. The regulations apply to anyone over the age of 40 at the time of the discriminatory conduct, and apply to employers with five or more employees.

The federal law is called the Age Discrimination in Employment Act of 1967 (ADEA). California's age discrimination laws are codified in Government Code sections 12940, 12945 and 12945.2. Remember that complaints of discrimination must be filed with DFEH within one year from the date of the discriminatory act. You can file your complaint yourself, or you can retain an attorney to file on your behalf. After filing with DFEH, you can also choose to pursue a private lawsuit against the employer on the basis of age discrimination. ★

David Graulich is an employment lawyer who represents people who have been wronged at work. He helps clients with problems such as discrimination, harassment, and retaliation. David welcomes questions about Wronged at Work! Contact him at David@wrongedatwork.com or (916) 966-9600. Disclaimer: This column is not intended, and should not be construed, as an offer of legal advice. Consult a qualified licensed attorney for counsel on a specific legal problem.

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<p>Lunch Special</p> <p>Crispy Chicken Sandwich served with French Fries</p> <p>\$4.95</p> <p>Good thru 12/31/2013</p>	<p>Dinner Special</p> <p>Meatloaf With Mashed Potatoes, Steamed Veggies and Sour Dough Toast</p> <p>\$5.95</p> <p>Good thru 12/31/2013</p>

<p>1 FREE COFFEE With purchase of 1 reg. menu Breakfast</p> <p>Must have coupon. Good thru Oct. 4, 2013</p>	<p>1 FREE SODA With purchase of 1 regular menu Lunch</p> <p>Must have coupon. Good thru Oct. 4, 2013</p>	<p>1 FREE SERVING PEACH COBBLER With purchase of 1 Dinner at reg. price.</p> <p>Must have coupon. Good thru Oct. 4, 2013</p>
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Railroad Museum Presents "Trains & Tripods"

SACRAMENTO COUNTY, CA (MPG) - Lights, Camera, Action! Back by popular demand, the California State Railroad Museum is proud to host a unique "Trains & Tripods Photo Opportunity & Lighting Seminar." The two-part program includes an optional seminar on existing light photography and a photographers-only photo session inside the visually-enticing museum before it opens to the public for the day.

Amateur photographers of all skill levels can choose to attend one or both of the activities. Conducted by former Sacramento Bee photographer and Canon USA consultant Dave Henry, the fast-paced and information-packed lighting seminar is scheduled for Friday evening with the "bring your own tripod" photography opportunity scheduled for Saturday morning. Space is limited to 50 participants and advance registration for "Trains & Tripods" is required. All photographers are required to sign a release of liability and a "not for commercial use" clause. For more information or to register, interested photographers are encouraged to call 916-445-7387 or visit www.csrmmf.org.

The Trains & Tripods Photo Opportunity & Lighting Seminar is scheduled for Friday, September 20 and Saturday, September 21, 2013, Friday - 5:30 p.m. to 8:30 p.m. (Photography Seminar), Saturday - 7 a.m. to 9:30 a.m. (Shooting Workshop). Cost is \$35 per person Friday night seminar, \$35 per person shooting workshop or \$60 per person for both.

Operated by California State Parks with financial assistance from the non-profit California State Railroad Museum Foundation, the California State Railroad Museum is open daily from 10 a.m. to 5 p.m. except Thanksgiving, Christmas, and New Year's Day. For 24-hour information, visit www.csrmmf.org or call (916) 445-6645. ★

Source: T-Rock Communications

Union Gospel Mission Sacramento

For more than 50 years, Union Gospel Mission has been serving Sacramento's homeless with shelter, meals, clothing, a rehabilitation program and a life-changing Gospel message. Founded in 1962 by concerned Christians for men in need, the Mission now serves women and children, too, and is an amazing testament to the good that comes with committed volunteers, inspired leadership and the community's support.

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THANK A VETERAN TODAY



By Rancho Cordova Resident Bob McGarvey

Time Capsule...

today are as different as night and day. On the day in 1999 that we began gathering signatures for our petition that would lead to our successful drive for cityhood, a reporter asked about the saying, "You can't fight City Hall!" I replied that you can fight City Hall but first you have to have a City Hall.

As I began to write this letter, it makes me ponder what I should say in a letter that will be in suspended animation for 40 years? I have always liked history so perhaps this part will be more like a chapter in a history text book: talking about a few of the things that happened 40 years ago in 1973 and a few of the changes that have happened up until today in 2013.

1. 1973: The World Trade Center in New York became the tallest building in the world. U.S. withdrew troops from Vietnam. The U.S. Supreme Court ruled on Roe v. Wade. Skylab, the first U.S. space station, was launched. There were many other things that happened of course, but those are a few from 40 years ago.

2. 1973 until today (2013): The President of the U.S. (Richard Nixon) was forced to resign. The space shuttle missions began and ended. The ".com" industry was born - the computer age changed this City, our country, and the world!

There was the Gulf War. In 9/11/2001, terrorists flew two planes into and destroyed the two World Trade Center Towers.

Now I can both ask and imagine what the world will be like 40 years from 2013. I lived through the events that happened during the past 40 years and I have lived through the events that have happened until now, but what will your city, your country, your world be like when you open the time capsule and read this letter 40 years from today. My children and grandchildren will be the ones who will write the letters that will cover what happened from 2013 to 2053. What will be the history of our City then?

We know how fast everything is changing today. Knowing that it took decades to change our knowledge of the sciences in the past, I can only try to imagine how much will change during the next 40 years. Just remember, even with the advances we have made and will be made in the future, the people who live in "The City of Rancho Cordova" and the rest of the world will be depending on each other first.

That is the letter that I have written for Rancho Cordovans of 2053... but I wanted to share it with you. ★

From Councilman Bob McGarvey, God bless, and see you next time.

RANCHO CORDOVA, CA (MPG) -On October 1, 2013, members of the Rancho Cordova City were asked to write a letter that would be put in Rancho Cordova's 10th Anniversary Time Capsule. Following is my letter.

My donation to the time capsule is this letter and a copy of our local "Grapevine Independent" with its July 2, 2003 headline - "City: IT'S OFFICIAL". Quite a headline considering the time and the number of people it took to achieve that headline. Most of Rancho Cordova's history up to that day, revolved around what the community of Rancho Cordova was as part of the unincorporated part of Sacramento County. What has been done during the last 10 years as a city is what Rancho Cordova residents have accomplished: everything from what the citizens of Rancho Cordova feel about their City as well as what is thought of Rancho Cordova from outside the City. Its reputation and its image

Mercy Medical Group Recognized as a Top Performing and Most Improved Physician Group by the Integrated Healthcare Association

SACRAMENTO REGION, CA (MPG) - Mercy Medical Group, a service of Dignity Health Medical Foundation, was honored today as a top performing and most improved physician group in California by the Integrated Healthcare Association (IHA) at its annual IHA 2013 Pay for Performance (P4P) Stakeholders Meeting in Los Angeles. There are Mercy Medical Group locations 6555 Coyle Avenue in Carmichael and 8001 Madison Avenue in Fair Oaks.

Mercy Medical Group is one of 40 "Top Overall Performing Physician Organizations" for measurement year 2012. The awards are based on performance in four P4P quality measure domains: Clinical Quality, Patient Experience, Meaningful Use of Health IT and Appropriate Resource Use. Nearly 200 physicians groups - representing approximately 35,000 physicians who provide care for about 10 million Commercial HMO/POS members - participate in P4P.

Mercy Medical Group was also named one of the "Most Improved" award winners, which are determined by calculating the relative improvement for each physician organization on the overall composite score for this year compared to the overall composite score for last year. The physician organization in each of the eight P4P regions that has the highest relative improvement score for overall quality performance - and does not decrease performance in any quality measurement domain - is recognized as the most improved group in the region.

"We are honored to be named a Pay for Performance double award winner by the Integrated Healthcare Association," said Alan Ertle, MD, Chief Medical Officer at Mercy Medical Group. "This is a great testament to the team effort we have between Dignity Health Medical Foundation and Mercy Medical Group which both strive to provide consistent, high-quality care every day. These awards are a

reflection of better care, and that is what our patients deserve."

Seven California health plans contribute data and provide incentive payments based on the aggregated P4P results. The seven health plans are Aetna, Anthem Blue Cross, Blue Shield of California, Cigna Healthcare of California, Health Net, UnitedHealthcare and Western Health Advantage.

The IHA P4P program is the largest non-governmental physician incentive program in the United States. The program provides physician groups with financial rewards based on their performance compared to quality and efficiency benchmarks. The goal of the program is to create a compelling set of incentives that will drive breakthrough improvements in clinical quality, efficiency and the patient experience through a common set of measures, a public report card and health plan incentive payments. ★

Source: Mercy Medical Group

Unity Happenings

On Friday, October 18th at 7:00 pm, Unity of Sacramento is welcoming **The Voice, Season 4 Finalist, Karina Iglesias and American Idol, Season 9 finalist, Michelle Delamor** for a concert titled **"Girls in the Light"** with music from our own house band, **Chakra**. This concert where **American Idol meets The Voice** is in recognition of **Domestic Violence Awareness Month** and portions of the proceeds will benefit **WEAVE**. Proceeds will also benefit the **Darryl "Cappy" Lewis and Jerry Wood Center for the Cultural and Performing Arts at Unity of Sacramento**. A **VIP reception** will also take place the night of the concert. Secure your tickets today by seeing **Helen Camp in Fellowship Hall**, as we anticipate this being a sold out event.

On Friday, October 4th at 7:30 pm, join our very own master musician **Michael Bayard**, world-renowned Native American flutist **Mary Youngblood** and the breathtaking vocals of **Ann Roach**, for a beautiful and compelling musical journey to the ancient lands of **Britain, Ireland, Scotland, Wales** and the prehistoric world of **Stonehenge**. The theme of this mystical Celtic concert is **"Full Moon at Stonehenge"**. These sound healing concerts at Unity attract audiences from throughout the Western United States. For more information, please see **Michael Bayard** at the drum set following the service.

On Wednesday, October 2nd from 3:00 pm to 6:00 pm, Unity of Sacramento will host a **Mental Health Awareness Conference** featuring faith leaders and Assistant United States Attorney **Christian Highsmith**. This will be an opportunity to learn what the federal law enforcement's perspective is on mental health and how the faith community can participate in creating solutions. Please sign up in Fellowship Hall to confirm your attendance.

Unity of Sacramento 9249 Folsom Blvd Sacramento, CA 95826 916.368.3950

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POPPOFF!

with Mary Jane Popp

several times, and I love hearing all his stories from those days gone by. But I think of all the projects Stanley has done since "My Three Sons," one of his proudest achievements is "The Actor's Journey Project."

Tens of thousands of talented, trained, and eager actors have their resume, headshots, and a reel of their work ready. And they figure they are good to go to conquer the entertainment industry. But Stanley begs to differ. Statistics show that more than 99% of all new talent will fail in their quest to break into the industry and establish a viable career. Why? They have a lack of knowledge about the specific "industry related" non-performance skills needed to open the door to the industry. New actors know a lot about acting, but their business skills are lacking. Stanley founded The Actor's Journey Project to bring a solution to this gap. It is a revolutionary DVD set covering the x-files of breaking into show business. One set is for adults 18 and over, and one is for parents of child and teen actors thru 17. Both programs teach highly specialized skills needed by new talent. And it comes from distinguished industry pros who have more than 25 years of experience under their working belts

from actors to directors and producers etc. Do these names sound familiar...Henry Winkler, Michael York, Melissa Gilbert, Paul Peterson, Dick Van Patten, Margaret O'Brien...some 100 on screen consultants for the project. They are all stars honored with many accolades. They have all traveled the journey for you.

As Stanley put it to me, you now have the choice...spend 5 to 10 years in the industry trenches learning the business skills needed, or choose "The Actor's Journey Project"...a ten hour comprehensive program you can watch and learn from those who have been there, done that, so you don't have to get hit with the hard knocks. If you are aiming for that spotlight, then you need all the pro info you can muster. The competition is keen, but if you have the added skills, you're chances of success can steer you to the head of the pack! Want more information? Go to www.theactorsjourney.com.

I loved it when Stanley said "the name on my tombstone is probably going to be Chip Douglas. That's neither good nor bad. It's just a fact of life." I disagree. I think it will be "Stanley made "The Actor's Journey" an amazing leap forward to success." ★

THE ACTOR'S JOURNEY

Do you remember the Douglas family that we grew up with? It's been a while, but the classic TV show "My Three Sons" debuted way back in 1960 and ran through 1972. The series is TV's second longest running situation-comedy, and has been broadcast continuously for 53 years. It's run on Nickelodeon and TV Land, and now you can see it on MeTV. It has become a smash hit with a whole new generation from Japan to Australia and many European countries in between. Just ask Stanley Livingston who played Chip Douglas for the full 12 year run. How popular is this iconic TV series? The city of Los Angeles declared "My three Sons Day" in May of 2012. But Chip, I mean Stanley didn't let the grass grow under his feet with the "oh gee whiz, I'm not a kid star anymore." He has gone on to be not only an actor, but Director and Producer, and is still going strong today. I've had Stanley on my POPPOFF Radio Show

The Ladies Oriental Shrine to Hold Major Yard Sale in Carmichael

CARMICHAEL, CA (MPG) - The Ladies Oriental Shrine of North America was founded in Wheeling West Virginia in 1903. Today the LOSNA has 76 Courts across North America and over 16,000 members. The Sacramento LOSNA COURT is "ILA NEB Court #51" (BEN ALI spelled backwards) with over 100 members mainly from Northern California.

The Court meetings are held at San Juan Masonic Center, 5944 San Juan Ave., Citrus Heights, CA 95610 on the first Tuesday of the month. This Court was instituted May 7, 1949. The 2013-14 Officers for Ila Neb Court include: High Priestess, June Zeri of Loomis, Ca.; Princess, Mary Scheck, Sacramento; Associate Princess, Susan Eggleston,

Meridian; Recorder, Marlene Sorsabal, Placerville.

When the Shriners' founded the Shrine Hospitals for Children in 1922, the Ladies committed to supporting the Shrine's official philanthropy. Today, the ladies continue to support the Hospital Fund, hospital sewing, research projects, and other areas of interest. Each Court not only raises funds for the hospitals, but they donate clothing, stuffed animals, purchase equipment and volunteer at the hospitals. They furnish libraries, sew quilts and gowns, donate funds to send a burned child to Camp, for prosthetic devices, wheel chairs, computer equipment, and many other items. They do this by hosting many special events throughout the year; bake sales, craft

bazaars, cook outs, dinners, etc.

Ila Neb Ladies are holding a yard sale on OCTOBER 5, 2013 at 1200 Gary Way, Carmichael 95608 from 7:00 A M to 1:00 P M at the home of Dorothy Duggan phone # (916 359 4273). They are also hosting a Fashion Show at the Sacramento Shriners' Hospital for children on November 9, 2013.

To become a member, a person must be 18 years of age, and a resident in the area of the Court for six (6) months. Initially, membership in the LOSNA was restricted to relations of a member of a Master Mason or a member of the Ancient Arabic Order of the Nobles of the Mystic Shrine by birth, marriage or adoption.

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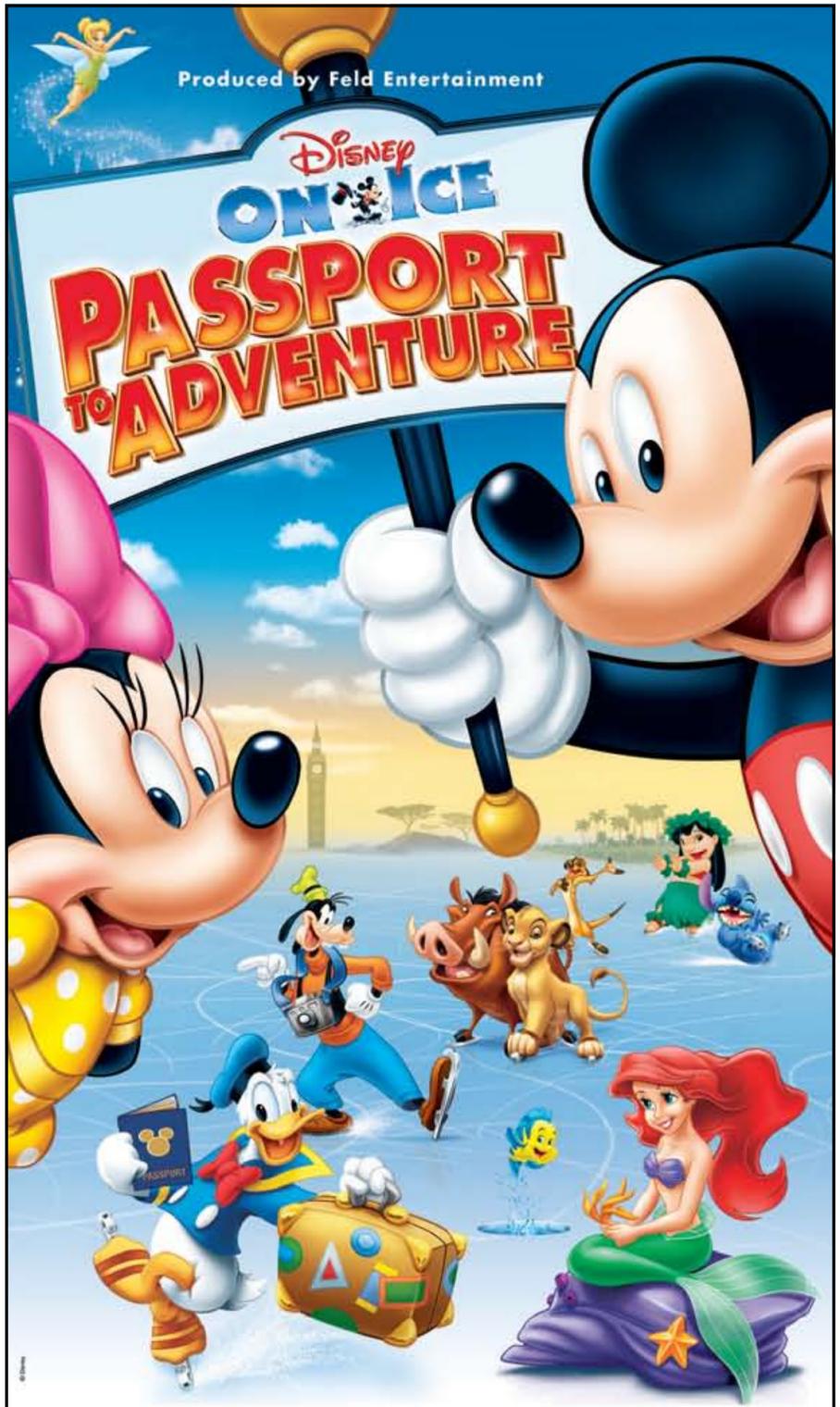
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