



**Sutter's Fort Historic
Central Building
Renovation
Underway** Page 4

**PLUS:
Bronte Research
Foundation
Fundraiser** Page 12



Grapevine Independent

VOLUME 45 • ISSUE 34 PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY AUGUST 23, 2013

**Jodie Myers:
Don't Stop Thinking
About Tomorrow**



Page 2

**Is There a Stress
Pandemic? Find Out
with Mary Jane Popp**



Page 12

**Keep Your
Pets Cool This
Summer**



Page 10



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Hot Jazz Jubilee Coming

RANCHO CORDOVA, CA (MPG) – Hot Jazz Jubilee is almost here! Your Labor Day weekend will never be the same after you hear the great sounds that originated in the '30s and '40s. Louis Armstrong, Hoagie Carmichael, Pete Fountain, Duke Ellington, Benny Goodman, and many more will be re-created during this four-day music festival. In addition, there will be bands that play American roots Zydeco and Cajun, as well as the Big Band sound you grew up with.

The Marriott Hotel in Rancho Cordova will be home to 16 bands, six guest artists, and lots of great music. Bring your dancing shoes because three of the largest venues have dance floors. We've also invited West Coast Swing, Lindy Hop, Bebop, and several other club dancers to entertain you.

Lots of easy, free parking at the hotel will encourage more locals to attend.

Our party kicks off at 5 pm on Friday, August 30 with a poolside welcome party. There will be hosted hors d'oeuvres for all of those in attendance, along with a paid festival badge. Two bands will entertain you as you become re-acquainted with old friends. At 7 pm, five venues will open to the sounds of local favorites Sister Swing and the Hot Flashes.



Bob Draga and Sister Swing are sure to be crowd pleasers. Photo courtesy of Hot jazz Jubilee

Also being introduced to the California circuit is Meschiya Lake and the Little Big Horns, direct from New Orleans. Meschiya was named Female Singer of the Year in the Traditional Jazz category for the third year in a row. Her sound is

true New Orleans from the '30s. Big Mama Sue with Eddie Erickson and High Sierra round out the start. Music until midnight will be in abundance, with the night closing out with Bob Draga and Friends in the Formaggio Bar.

The music picks up again on Saturday and Sunday at 9:30 am and closes at midnight. Be sure to catch the Doris Day tribute set for Saturday morning at 11 am. Rumor has it that Doris will be calling in by telephone to welcome the festival goers in attendance.

Several others special attractions will also be provided. Check out HotJazzJubilee.com for details, or call 916-822-2210.

Four-day badges are available at \$95. Rooms are available at the Marriott Hotel, but are going

fast. The Hyatt House across the street has rooms starting at \$79 each, and so does the Holiday Inn next door.

Make plans now. Don't miss out on this Inaugural Festival! REAL JAZZ ... REAL FUN.



Tom Rigney will also perform at the Jubilee. HJJ Photo



New-High Sierra will draw a crowd. HJJ Photo

Hiking Hagan Park Rain or Shine

By Julie Parker

RANCHO CORDOVA, CA (MPG) - Every Monday evening – rain, shine, day, evening – a group of hikers meets at Hagan Park for a fast-paced 6+ mile trek along the river through River Bend Park, across the bridge to William Pond Park and beyond, before looping back around.

Organizer/artist Susan Webb says, "It's much better than any treadmill in any gym! We see deer, rabbits, coyote, beavers, otters, heron and other wildlife. And, it's a great way to meet new people and to catch up with old friends."

The weekly event entitled, "Over the river and through the woods," is one of many hiking options offered by Hikers and Company, a group with Meetup.com.

Technically, it's more of a walk than a hike, but hikers appreciate local access to natural terrain – dirt trails, river rocks – for a weeknight workout.

With Highway 50 on their

proverbial doorsteps, folks in Rancho Cordova can easily head over to popular day hikes such as Salmon Falls, Bassi Falls, Jenkinson Lake, Echo Lakes, Ralston Peak, Pyramid Peak, Lake Aloha, Horsetail Falls, Wrights Lake and Islands Lake.

Seasoned hikers know to be prepared. Packing water is imperative, not only on hot days, but at higher elevations. When you enter elevations at 6,000 plus, you exhale and perspire more, and moisture from your skin and lungs evaporate faster.

Electrolytes are extremely important to maintain when hiking, as they affect sodium and potassium levels in the system. When purchasing electrolyte boosting products be sure to read the labels to ensure the sugar or sodium content is not higher than the potassium, which may cause further imbalance.

Small snacks help to keep your energy up. In addition to energy bars, dried fruit and trail mix, frozen grapes are popular.



Everyone is welcome to join "Over the river and through the woods" each Monday night at 6:00 p.m., leaving promptly at 6:10. There is parking to the right just before the entrance to Hagan Park. Photo by Julie Parker

Hiking boots and other gear choices vary from hiker to hiker. Hikers and Company offer hikes/walks almost every day of the week, so you have many opportunities to ask members about their favorite items. The more you hike, the higher your awareness of your specific needs, which will change. It is not uncommon for hikers to have

"gear rooms" in their homes. One of the healthiest wellness options is a hike - stress naturally dissipates, you build stronger bones, breathe in fresher air for your lungs, and reconnect your inner being to nature's life force.

Everyone is welcome to join "Over the river and through the woods" each Monday night at 6:00

p.m., leaving promptly at 6:10. There is parking to the right just before the entrance to Hagan Park.

Be sure to bring water, and wear sunscreen. As the days become shorter, bring a flashlight, and rainy day apparel. Restrooms and drinking fountains are available along the way.

Manic Mondays never ended so well.

Fair Effective Tax Rates Could Re-ignite Small-Business Job Creation

Commentary by John Kabateck, NFIB/CA Executive Director

American small-business owners are rightly proud of their reputation as the nation's leading job creator. But their ability to create jobs is complicated by the federal tax code burden they face.

Today's federal tax code is so complex and unfair that 91 percent of owners surveyed recently by the National Federation of Independent Business said they have given up trying to wade through the IRS maze. They now turn to professionals to sort things out.

Angered and frustrated, Main Street proprietors have had it with a tax system loaded with inconsistent tax provisions and tweaked with endless changes that prevent them from planning future business steps while also increasing their compliance costs.

What's more, they say it's discriminatory and unjustifiable that the federal government has created a tax system that favors certain industries and types of businesses over others. That's why NFIB and several other leading business organizations have forged an alliance to battle for reform that could result in tax rate equity.

The Coalition for Fair Effective Tax Rates is working to build broad support for meaningful reform, specifically a simpler and fairer tax code that will end the punishment of



John Kabateck

smaller businesses whose tax bills are often proportionately higher than companies many times their size.

Size matters in legislative circles. Larger businesses have more financial resources, tax experts and legal lever-pullers devoted to twisting the 73,954 page law to their benefit. Not so for most small firms which file as individuals and thus are unable to reap the benefits major industries enjoy such as corporate carve-outs that drastically reduce the final, or effective, tax rate.

According to the Small Business Administration, small businesses pay \$1,584 per employee for tax compliance and the cost of complying with the tax code is 67 percent higher for a small business as

compared to the cost of compliance for a larger business.

That's why 85 percent of small-firm owners say Congress should replace the tax code with a system that is fair for all and rational. More than three-fourths of those polled called for a code with fewer preferences in exchange for a lower rate, while seven-in-10 said any revisions made should lower the overall tax burden on Main Street.

For millions who own and operate the nation's increasingly vulnerable small firms, what's important is "what you pay at the end of the day." They aren't hoping for big-ticket tax breaks or special handouts.

Small-business-friendly tax reform should deliver fair effective rates that will fire up the Main Street job-creating machine and stoke the economy.

The time has come for tax fairness.

For more than 70 years, the National Federation of Independent Business has been the Voice of Small Business, taking the message from Main Street to the halls of Congress and all 50 state legislatures. NFIB annually surveys its members on state and federal issues vital to their survival as America's economic engine and biggest creator of jobs. NFIB's educational mission is to remind policymakers that small businesses are not smaller versions of bigger businesses; they have very different challenges and priorities.

Publisher's Note

The Grapevine Independent is being purchased by the Messenger Publishing Group. Due to the transition last week, the Sacramento Bee may not have been delivered to all Sunday only subscribers. The change-over has been corrected and Sunday delivery of the Sacramento Bee will continue effective this coming weekend. If you do not receive your Sunday newspaper contact The Bee for a replacement copy at 800-284-3233.

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Governor Brown Signs Assemblyman Cooley's Business Fee Transparency Bill

New law ensures access to fee requirements and schedules for businesses

SACRAMENTO Region, CA (MPG) - On Monday, August 19th, Governor Jerry Brown signed into law Assembly Bill 393 (Cooley) - requiring the Governor's Office of Business and Economic Development (GO-Biz) to provide small businesses with an online location where they can find information on mandatory fee requirements and schedules so that start-ups and established small businesses can budget accordingly throughout the year.

"One priority for a healthy business is the ability to plan," said Assemblyman Ken Cooley. "Licensure costs and other fees are usually manageable, if the owners can anticipate them and plan for their eventual payment. Protecting the health of our business community sustains jobs in our community."

Authored by Assemblyman Cooley, AB 393 requires the State's GO-Biz website, starting on January 1st, 2014, to provide businesses with electronic,



Senator Ken Cooley

downloadable copies of all state licensing, permitting, and registration applications and fees they are required to complete and pay.

"Business licensing and monitoring is necessary in keeping our State's workforce and consumers safe, but because of a lack of transparency doing business in our state has become burdensome and costly

for many," said Cooley. "This bill's passage will make doing business in California easier and less time consuming, giving business owners/operators more time to focus on developing their staff and selling their products and services."

AB 393 was a bipartisan piece of legislation sponsored by the California Small Business Association and supported by the California Chamber of Commerce, California Manufacturers and Technology Association, and the National Federation of Independent Business among many other state-wide business groups and also by the Carmichael, Citrus Heights, and Rancho Cordova Chambers of Commerce.

Assemblyman Ken Cooley represents the 8th Assembly District which includes the communities of Arden-Arcade, Carmichael, Citrus Heights, Rancho Cordova, Rancho Murietta, Rosemont, Wilton and other portions of unincorporated Sacramento County.



By Rancho Cordova Resident Bob McGarvey

RANCHO CORDOVA, CA - (MPG) It looked like we were seeing the demise of our "Grapevine Independent" last week. When we read on the front page of the August 9, 2013 Grapevine that is was going to be the last issue there were many a tear in Rancho. No one wanted to think that OUR local paper was going to go the way of quite a few other newspapers across the country. Fortunately a gentleman by the name of Paul V. Scholl didn't want to see it close either. And I don't care which one is larger than the other, GRAPEVINE Independent, or

With The Independent, We Still Read to Learn

Grapevine INDEPENDENT, I am glad it's still being printed.

Now he is a businessman, a very successful businessman, and he could see the benefits of buying the "Grapevine Independent" and keeping it serving the residents of the City of Rancho Cordova. I asked him to contact me when I saw the "last issue" and he did. Our conversation was very informative, and I was able to bring some information to Kris Middaugh and Bill Hicks. What happened after that as they say, is history.

There are many more people than you may think who still want to put their hands on the paper rather than bringing it up on the screen of a computer, or iPad, or cell phone, etc, etc, etc. Whether the newspaper business that many of us are familiar with, will some day print the last paper of not I don't know, but to many it's like reading a book. You may

want to just sit back and casually browse through the pages. Going on line is much faster of course, and the iPad can hold the whole encyclopedia. But to me, holding the newspaper or book in my hands feels much warmer. Our 6 year old grandson gets tired of his toys (or his brother's toys), grabs a book, and just reads for a while. He is one of those kids who is more of a self taught reader. I heard our City Manager say that we learn to read through the third grade; then we read to learn.

So while this local newspaper of ours has been saved, remember to enjoy it and be thankful that the people of the City of Rancho Cordova still has a 'local paper.'

From Councilman Bob McGarvey, God bless, and see you next time.

Robert J. McGarvey
Councilman
City of Rancho Cordova

Bill to close exploited loophole in farm-employee rights law approved by the State Assembly

SACRAMENTO, CA (MPG) - A bill to close an enforcement loophole in farm labor contracts was approved on a 41-24 vote by the California State Assembly August 19th, despite an expensive lobbying and advertising campaign from a corporation currently subject to an official state complaint alleging illegal interference with employee rights. Senate Bill 25, authored by Senate President pro Tempore Darrell Steinberg (D - Sacramento), now returns to the Senate for concurrence on Assembly amendments.

"California's farmworkers have a right to fair wages and safe working conditions. Where they choose to organize and their contracts are negotiated in good faith, they also deserve to have those contracts honored," said Steinberg. "Despite a deceptive advertising campaign backed by a corporate farm facing complaints of unfair labor practices, an Assembly majority saw that this measure does exactly as intended: it closes the loopholes that have allowed a few bad actors to undermine the contracts

of hardworking people who help put food on California's tables."

Senate Bill 25 has been subject to aggressive opposition by Gerawan Farming, INC., a corporation currently subject to two causes of action for unfair labor practices brought by the state's Agricultural Labor Relations Board (ALRB) General Council on behalf of the United Farm Workers. The ALRB charges that Gerawan Farming INC. "unlawfully coerced, interfered with, and restrained its agricultural employees" in violation of California's Labor Code. Gerawan Farming INC. allegedly attempted to coerce its organized workers into signing a petition to decertify their elected labor representatives, and interrogated workers about their activities and support for their labor representatives.

Ironically, Gerawan Farming INC.'s radio and television advertising campaign seeking to kill Senate Bill 25 alleges that the bill seeks "to take away farm workers' rights." The complaint filed by the ALRB is attached. The television version of the

advertisement is available at: <http://youtu.be/KYNjvtqPt54>

Senate Bill 25 allows for the mandatory mediation and conciliation process to be used for collective bargaining contract renewals, as well as addressing a legal loophole the ALRB discovered that prevents them from enforcing their own decisions. Senate Bill 25 closes this loophole, making it clear that the ALRB will have the "legal mechanism" to enforce a mediator's decision.

Small farmers with fewer than 25 employees will remain exempt, and SB 25 will impact only about a half dozen of the estimated 86,000 farms in California. The measure would only apply to companies where farm workers have voted to unionize, where either the union or the employer refuses to negotiate a contract, and where the Agricultural Labor Relations Board (ALRB) has made a final ruling on a mediator's report.

Source: Office of Senate President pro Tem Darrell Steinberg

Cemetery Tour-The Capitol Connection

The Old City Cemetery Committee's tour focuses on stories and secrets from folks connected to California's Capitol Building.

SACRAMENTO REGION, CA - (MPG) Every building has its stories and secrets and California's Capitol Building is no exception. On this tour, we uncover the tales of the movers and shakers, craftsmen and common folks buried under our feet. Mix in a scandal or two and you have a tour the walls just might give, if they could talk.

1000 Broadway, Sacramento. Free parking is available in the lot at 10th & Broadway, across the street from the 10th Street entrance. Tours are free; however, donations are appreciated and benefit cemetery preservation. For more information, call 916-448-0811 or 916-264-7839.

The event is scheduled for Saturday, September 7, 2013 - 10:00 a.m. at Sacramento

Historic City Cemetery, 1000 Broadway, Sacramento

The mission of the OCCC is to join hands with the community to restore, beautify, preserve, and protect the Historic City Cemetery, while maintaining access by descendants of the deceased, and to provide educational services to all visitors to the Historic City Cemetery of Sacramento.

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Women's Empowerment receives \$110,000 For Health Programs

SACRAMENTO REGION, CA (MPG) – The California Wellness Foundation recently granted \$100,000 to Women's Empowerment to be given over two years to fund its health programs for women who are homeless and their children. Women's Empowerment also received a \$10,000 grant from Kaiser Permanente for its Wellness and Recovery substance abuse education and support groups.

"Women and children who are homeless have numerous health needs, from basic women's health exams to dental care and wellness and recovery support groups," said Lisa Culp, executive director, Women's Empowerment. "We are grateful to The California Wellness Foundation and Kaiser for recognizing these important needs that are often barriers to women finding jobs so they can support their families."

Women's Empowerment's health programs address women's and children's myriad health needs, connecting them to dental care, physicals, well woman exams, HIV

testing and care, eye exams and glasses, smoking cessation, substance abuse treatment and groups, health care enrollment, health education and more. The nonprofit weaves fitness components into its job training programs, including trips to the gym and walking groups, as well as yoga for its Wellness and Recovery groups for women with a history of substance abuse.

Kaiser's grant to Women's Empowerment helps fund the nonprofit's two Wellness and Recovery groups – one for current students and one for graduates of the program. In the groups, women are educated about the effects of substance abuse and the roles of family members and others in drug dependency. They learn to take action and create a self-care plan to avoid relapse.

"Many government agencies and nonprofits have lost funding for substance abuse education and prevention programs, so we stepped in," Culp said. "Substance abuse is a root cause of homelessness and must be addressed

in order for women to break the cycle of homelessness for themselves and their children. We are grateful that Kaiser chose to fund this important program."

Women's Empowerment offers the only comprehensive job-readiness program in the Sacramento area designed specifically for women who are homeless and their children. The 2009 Nonprofit of the Year has graduated 1,064 homeless women and their 2,092 children. Last year, 89 percent of graduates found homes and 78 percent found jobs or enrolled in school or training. The program combines self-esteem courses, job training, health classes and support services to help homeless women across diverse ages, races and cultures. Women's Empowerment is funded solely through private donations from the community. For more information and to donate online, visit www.womens-empowerment.org.

Source: Kristin Thébaud Communications

Major Renovation Project Underway For Sutter's Fort Historic Central Building

SACRAMENTO, CA (MPG) – Recognized on the National Register of Historic Places and once the largest building in California when it was built in 1840, the 6,500-square foot historic Central Building at Sutter's Fort State Historic Park is currently undergoing important renovations. The first phase of the California State Parks' "Sutter's Fort Roof Rehabilitation and Seismic Stabilization" project includes a new roof and wall reinforcements for stabilization to make the roof less susceptible to damage caused by high winds or earthquakes. This initial phase is expected to be completed by mid-September.

Originally known as "Casa Grande," the prized historic structure was the first permanent structure built in the Central Valley. The multi-use building was a central focal point of western migration before the Gold Rush, was a key military position in the Mexican-American War and was also the first commercial building near the gold fields after gold was discovered. Early on, the historic building operated as the general store and also housed the offices of John Sutter, the clerk and the doctor. It also operated as an entertainment hub with a parlor and dining hall. Then, in August of 1846 through the winter of 1847, it was the headquarters of the U.S. Army during the Mexican-American War. In 1848, the historic structure became a miner's dormitory on the third floor, a boarding house on the second, and a bar, bowling alley and card room in the basement.

The cost for the first phase of renovations is \$295,000 and is made possible by Proposition 84 that was passed in 2006. Proposition 84 set aside



First Phase of Project Includes New Roof & Wall Stabilization for Historic Structure Originally Built in 1840.

resources for the Department of Parks and Recreation to develop, acquire, interpret, restore and rehabilitate the state park system and its natural, historical, and visitor serving resources. The top priority for this portion of the bond measure was for the restoration, rehabilitation and improvement of the existing state park system lands and facilities. The cost and timing of the second phase have not yet been determined but will include the stabilization of the lower portion of the walls, the restoration of the damaged walls and a new coat of whitewash.

While Sutter's Fort State Historic Park remains open seven-days-a-week for visitors, only the Central Building will not be available for self-guided tours during active construction periods. Once re-opened, Fort visitors will be able to go back in time and tour inside that historic building to see how the offices of John Sutter, the doctor and

the clerk would have looked in 1846.

Sutter's Fort State Historic Park is operated by California State Parks with financial assistance from the nonprofit Friends of Sutter's Fort. Sutter's Fort State Historic Park is open daily from 10 a.m. to 5 p.m. Located in midtown Sacramento on L Street between 26th and 28th Streets, the Fort offers monthly "Hands on History" activities and special events throughout the year. Established in 1839 by Swiss immigrant John Augustus Sutter, Sutter's Fort was at the center of a flourishing agricultural empire named New Helvetia (New Switzerland.) This empire established Sacramento's earliest settlement and the first European settlement in California's Central Valley. For more information, call (916) 445-4422 or visit www.suttersfort.org

Source: T-Rock Communications

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Rancho Cordova Businesses Receive Free Websites

By Julie Parker

RANCHO CORDOVA, CA (MPG) - Did you know that 58% of American businesses don't have a website? That's a startling number considering the number of individuals online every day.

There are a number of reasons why businesses may not have an online presence, such as lack of finances, skill, time or a misunderstanding of the marketing power of the internet.

"Businesses that are online grow faster and are twice as likely to create jobs," said Rancho Cordova Mayor Linda Budge. "Businesses need to be where their customers are, and today...that's online."

In this regard, the City of Rancho Cordova and Rancho Cordova Chamber of Commerce would like to assist Rancho

Cordova businesses with Google's "Get Your Business Online" program, a partnership between Google and The United States Conference of Mayors, an organization of mayors from cities throughout the country. Since the program's debut in July 2011, it has helped over 135,000 businesses get online and start growing.

When signing with the program, small businesses receive a website, custom domain name, web hosting, and access to educational resources - all free for one year. After the free period, the cost is \$5 to 7 per month.

"The misconception that getting online is complex, costly, and time-consuming has prevented many small businesses from taking the first step," said Scott Levitan, Director of Small

Business Engagement at Google. "This program makes it fast, easy, and free for businesses to get online."

But, wait, there's more! At next year's United States Mayors Conference, Google will reward small, mid-sized and large cities who receive the highest number of sign-ups. Not only will our local businesses move forward, but our city may benefit as well.

To sign up for a free business website, visit <http://www.gybo.com/california/get-online> to create an account (choosing a username and password). Choose a design; upload a photo; write a brief description of your business, its hours, and contact information; and create a domain address for your business. Lastly, let Rancho Cordova know you've participated in the challenge at <http://tinyurl.com/mh7avsl>.

For businesses that already have websites, the Rancho Cordova Chamber of Commerce has members that can help raise those sites to a new level.

Stronger businesses build a stronger city, and the web can help. Join us, and let's get Rancho Cordova businesses online!

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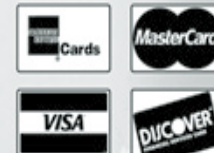
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A worship guide for the Rancho Cordova and Gold River community

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10933 Progress Court - 861-2240
8:30am Sunday Classic Service
10 & 11:30am - Sunday Modern Worship
Children's Programs
On-site Coffee Cafe
Casual Atmosphere
www.firstcov.org
Jesse Smith, Senior Pastor

CORDOVA CHURCH OF CHRIST
10577 Coloma Road • 638-2200
www.cordovachurch.com
Sunday Morning Worship 9:00am & 11:30am
Bible classes for all ages 10:15am
Fellowship 10:20am
Wednesday Evening Classes 7pm
Nursery and Wee Worship available for both services
Staff: Larry Stafford, Matt Huddleston
Aaron Redeisperger, Jimmy Hurd

RANCHO CORDOVA SEVENTH-DAY ADVENTIST CHURCH
3405 Viking Drive • Rancho Cordova
(916) 363-1995 Voice Mail
Sabbath School 9:30am
Worship Service 10:45am
Midweek Bible Study, Tuesday 7pm
Byron K. Hill, English Pastor

RIVER VALLEY CHURCH, RANCHO CORDOVA
P.O. Box 5, Rancho Cordova, Ca 95741-0005
www.rivervalleychurch.com
9985 Folsom Blvd. at Rod Beaudry Dr.
Rancho Cordova, 95827
Worship on Sundays at 10:30 AM
Music by:
Jim Martinez

ST. CLEMENT'S EPISCOPAL CHURCH
2376 Zinfandel Drive • 635-5282
Sunday 8am Holy Eucharist
Sunday 9am Adult Bible Study
Sunday 10am Holy Eucharist & Sunday School
Child Care provided 9am - 12noon
The Reverend Christine Leigh-Taylor

MAYHEW COMMUNITY BAPTIST CHURCH
3401 Routier Rd.
Sacramento, CA 95827
916-363-6145
Sunday School 9:30am
Worship for all 11 am Sunday
Sunday School for children, youth, and adults 10 am Sunday
Youth FJ (Firm In Jesus)
6 to 9 pm Wednesday
Mondays 6 pm - Awana Childrens Ministry
5:30pm Wed. Women to Women Bible Study
Senior Pastor Reverend
J. Michael Schnase, Sr.

GRACE LUTHERAN CHURCH
2201 Benita Drive • 635-5502
9:00am Traditional Worship
11:00am Contemporary Worship/Children's
Sunday School
Monday Bible Studies at 10:30am & 7pm
Thursdays 4-6pm J.A.M.* Threshold
Rev. Steven D. Krogh, pastor
All are welcome at Grace!
www.gracesacramento.com
email: gracerelca@sbcglobal.net

BIBLE FELLOWSHIP BAPTIST CHURCH
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www.aboutbfbcb.com
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Sunday 11am, 6pm & Wednesday 7pm

UNITED METHODIST CHURCH
2101 Zinfandel Drive • 635-4242
Nursery Care 9:30 am - 11:30 am
Sunday Worship 10am
Rev. Tina Ballagh, Pastor

CORDOVA BAPTIST CHURCH
10527 Coloma Road 638-5505 • 638-5523
Sunday School 8:30am
Worship Service 10am
Bible Study, Tuesday 7pm
Affiliation: American Baptist Churches
Ronald S. Johnson, Pastor

FIRST BAPTIST CHURCH OF RANCHO CORDOVA
10720 Coloma Road • 635-4672
Bible Study for All Ages 9am Sunday
Morning Worship 10:30am Sunday
Awana Children's Program
Sunday 5-7pm
(September through May)
Mid-Week Prayer & Encouragement
6pm Wednesday
NURSERY AVAILABLE AT
WORSHIP SERVICE
Pastor Tom Jones
Music Director David Black

NEW LIFE CENTER
2451 Zinfandel Drive • 635-8287
Sunday Bible Hour 9:30am - All ages
Sunday Morning Celebration 10:45am
Wednesday Youth Escape 6:30pm
Wednesday Bible Study 7pm
David McFarland, Pastor

SUN RIVER CHURCH
11223 Trinity River Dr. • 635-9000
Corner of Sunrise Blvd. & Trinity River
between Gold River & Sun River area
Sunday services 9:00 & 10:45am
Programs for all ages
www.sunriverchurch.com
Paul Edwards, Pastor

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www.baysidelifechurch.com
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Pastor Donny Burleson

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Wednesday 7 p.m. Prayer & Bible Study
REV. SHELBY R. RICHARDS, PASTOR

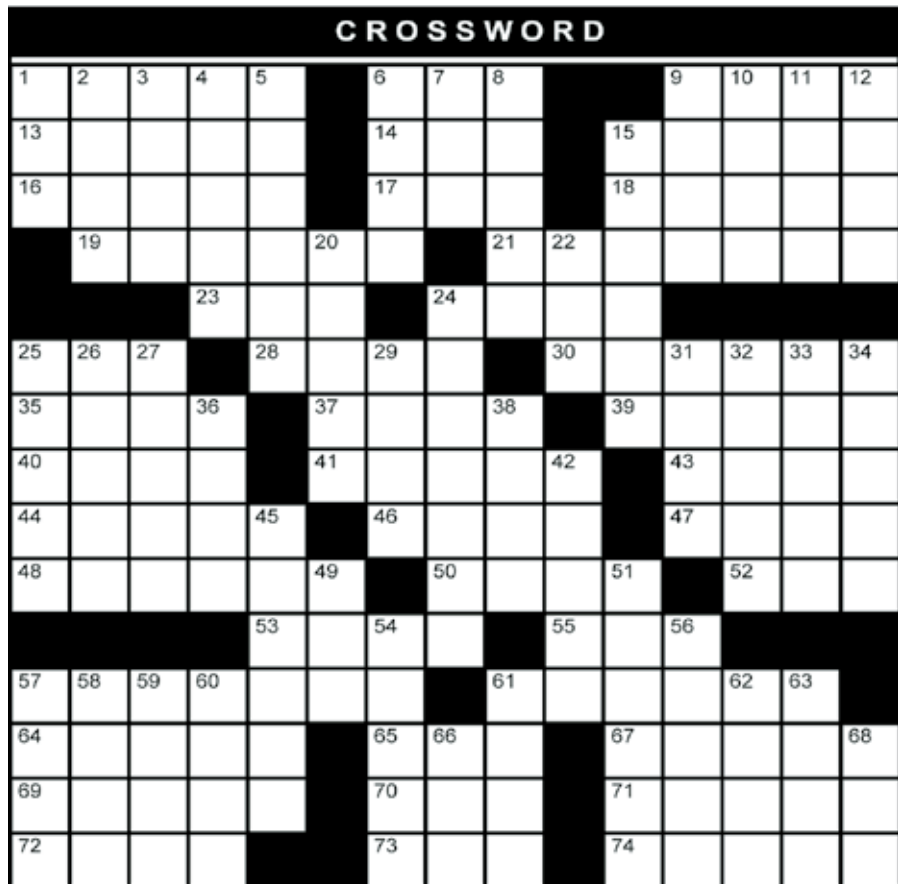
CORDOVA NEIGHBORHOOD CHURCH
10600 Coloma Road • 635-5992
cnchurch.org
Sunday Morning Worship 9:30am & 11am
Nursery Provided For All Services
Mike Mitchum, Senior Pastor

NEW HEARTS BAPTIST CHURCH
Rev. Mac Arthur Weatherspoon, Pastor
3579 Mather Field Road, Suite A
Rancho Cordova, California 95670
916-363-5880
Sunday School 9:30am
Sunday Morning Worship 11am
Wednesday Night Bible Study 7:30pm
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(Matthew 28:18-20)"

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10497 Coloma Rd. • 362-1385
www.sjvparish.com
Daily Mass: M-F 8am (English); Wed 6pm (Spanish)
Saturday Vigil Mass 5:30pm
Sunday 8am, 10am 12pm (English); 630 (Spanish)
Confessions: 5pm (Wed.), 4pm (Sat.)
Adoration: Thurs. 8:30am
Filipino Mass every 3rd Sunday at 2pm
Indonesia Mass every 4th Sunday at 2pm
Fr. Chuck Kelly, Pastor

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CLUES

- | | | | |
|--|---|--|---|
| <p>ACROSS</p> <p>1. He had no cause?
 6. Also
 9. Captain ____
 13. Napoleon's stay on St. Helena, e.g.
 14. Aggravate
 15. It killed the radio star?
 16. Serving of parsley
 17. Actress ____ Thompson
 18. More ill
 19. Trying experience
 21. "Geographia" author
 23. "Mouth to a river, e.g.
 24. Call someone
 25. PC "brain"
 28. Stupor
 30. "Gobi or Kalahari, e.g.
 35. Os in XOXO
 37. Livens up
 39. Pang
 40. "Capri, e.g.
 41. Anklebone
 43. Shamu
 44. Nigerian money</p> | <p>46. Dharma teacher
 47. Chinese restaurant staple, pl.
 48. Founder of Scholasticism
 50. Winningest Super Bowl coach
 52. Marble ____
 53. First in baseball, e.g.
 55. Distress signal
 57. "Tallest mountain
 61. "Deepest lake
 64. Japanese-American
 65. American Gas Association
 67. Like unspoken agreement
 69. Garment enlarger
 70. Octopus' defense
 71. Olden day anesthetic
 72. It shows ownership
 73. Poe's "The Murders in the ____ Morgue"
 74. High-pitched</p> | <p>DOWN</p> <p>1. Hi-____
 2. Montreal baseballer
 3. Ethiopian currency
 4. Omit or suppress
 5. "On a map
 6. Cash cache
 7. Bonanza find
 8. Similar to giraffe but smaller
 9. Tarantino's "____ Bill"
 10. Not in action
 11. Believe
 12. Nemo's forgetful friend
 15. Shrinking ____
 20. To modify a book into a screenplay, e.g.
 22. Slight amount
 24. Get off an airplane
 25. "Most populous country
 26. South Korean port
 27. a.k.a. Tangelos
 29. Eagerness
 31. "____ me the money!"
 32. It may get you to first base
 33. "____ Mountains</p> | <p>34. Flirt
 36. Bone-dry
 38. Form of wrestling
 42. Chip dip
 45. Even though
 49. No ____
 51. Hang around
 54. Up or down step
 56. Type of edible ray
 57. "National Velvet" author ____ Bagnold
 58. "Tropical rainforests contain ninety percent of the world's ____ species
 59. "____ quam videri" or "To be, rather than to seem (to be)"
 60. Instrument type
 61. To be very hot
 62. Yearn or pine
 63. Told an untruth
 66. Bearded antelope
 68. Give it a go</p> |
|--|---|--|---|

For Solution See Page 7



Dave Ramsey is America's trusted voice on money and business. He's authored four New York Times best-selling books: **Financial Peace, More Than Enough, The Total Money Makeover and EntreLeadership. The Dave Ramsey Show is heard by more than 6 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.**

Dave Says

Loving Your Friend Enough for the Truth

Dear Dave,

I have a close friend whose 17-year-old daughter is going to college to become a high-school band director. Her daughter wants to take out student loans to attend an expensive private school, and tuition alone over four years will cost \$100,000. I feel this is a really bad idea, but I don't know how to talk to her about this.

- Natalie

Dear Natalie,

I'm sure your friend and her family are nice people. But what we've got here is a little teenage girl who has her heart set on something, and no one has told her no in awhile. You're getting ready to help introduce a new word into her vocabulary, because what you've described to me is stupid.

Listen, I love high school band directors. It just doesn't make sense to spend over \$100,000 on a degree to become one. Most of them make about \$30,000 a year, so the return on investment for this kind of thing is terrible. It doesn't matter if you're a band director, English teacher, or a doughnut shop owner; you need to figure out what you're going to make versus what you spend to get there.

Make sure you talk to your friend directly, not her daughter. If you do that, you'll end up branded as mom's mean friend. Use your relationship and history together to help her see this is a train wreck waiting to happen.

My suggestion would be for her daughter to live at home, work, and attend a community college for a couple of years. Then, when she transfers to a four-year school, make sure it's a state institution and she keeps working.

The trick is to kindly and gently maintain enough influence to guide these two weak people away from a horrible decision. At the same time, you've got to be strong enough to call mom out for not stepping up and providing proper guidance. Mommies who don't try to stop their babies from doing things this dumb are known as bad mommies. People who spend \$100,000 to \$150,000 to make the kind of money that's waiting on her daughter are either young and inexperienced, or they're what are known as fools.

I'm sure you'll find a nice way to say it, but basically, your friend needs to grow a backbone and tell her daughter no.

- Dave

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		8	7			4	1
2		4	1			5	

For Solution See Page 7.

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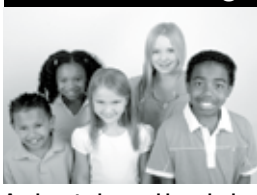
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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04833. Amy Hin, 6704 Salvaterra Circle, Elk Grove, CA 95757; and Helen Dang, 3517 Delta Queen Ave., Sacramento, CA 95833 are doing business under the Fictitious Business Name "New Genz Health & Beauty Club" at 6880 65th St. No. 55, Sacramento, CA 95828. Filed with the Clerk of Sacramento County on June 12, 2013. Publish: July 31, August 7, 14, 21, 2013. NEWGENZ 130803 8-21-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05961. Christopher Loftin, 3224 Hurley Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name "Snap Skull" at 2228 J Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County on July 24, 2013. Publish: July 31, August 7, 14, 21, 2013. SNAPSK 130803 8-21-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05977. Community Home Capital, Inc., 3511 Del Paso Rd., Ste. 160, Rm. 240, Sacramento, CA 95835 is doing business under the Fictitious Business Name "Woodcrest Homes, 4674 Duckhorn Dr., Sacramento, CA 95834. Filed with the Clerk of Sacramento County on July 25, 2013. Publish: July 31, August 7, 14, 21, 2013. WOODCR 130803 8-21-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-04652. Cochran Agency of California, Inc., 1551 N. Tustin Avenue, No. 470, Santa Ana, CA 92705 is doing business under the Fictitious Business Name "ProWest Insurance Services" at 950 Glenn Dr., Ste., 270, Folsom, CA 95630. Filed with the Clerk of Sacramento County on June 7, 2013. Publish: August 7, 14, 21, 28, 2013. PROWEST 130804 8-28-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06028. Iqbal Singh Dhillon, 2210 Wild Plains Cir., Rocklin, CA 95765 is doing business under the Fictitious Business Name "Iqbal Singh Dhillon DBA Subway No. 58523" at 10075 Bruceville Rd., Elk Grove, CA 95757. Filed with the Clerk of Sacramento County on July 29, 2013. Publish: August 7, 14, 21, 28, 2013. IQBALD 130804 8-28-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05985. Daniel Garrott, 1064 Sand Bar Cir., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Green Tec Kitchens" at 1064 Sand Bar Cir., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on July 25, 2013. Publish: August 7, 14, 21, 28, 2013. GREENT 130804 8-28-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05980. Estella Pacheco, 3930 Tarnigan Dr., No. 409, Antelope, CA 95843 and Vanessa Pacheco, 3739 Black Eagle Dr., Antelope, CA 95843 are doing business under the Fictitious Business Name "Crystal Clear Cleaning Service" at 3930 Tarnigan Dr., No. 409, Antelope, CA 95843 and . Filed with the Clerk of Sacramento County on July 25, 2013. Publish: August 7, 14, 21, 28, 2013. CRYSTAL 130801 8-28-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06024. Abraham Mihanadzo Nyoka, 9435 Soaring Oaks Dr., Elk Horn, CA 95758 is doing business under the Fictitious Business Name "ComServe" at 9435 Soaring Oaks Dr., Elk Horn, CA 95758. Filed with the Clerk of Sacramento County on July 29, 2013. Publish: August 7, 14, 21, 28, 2013. COMSER 130804 8-28-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05937. James Roughton, 5900 Oakbrook Dr., Citrus Heights, CA 95621 is doing business under the Fictitious Business Name "Classic Painting and Decorating" at 5900 Oakbrook Dr., Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on July 23, 2013. Publish: August 7, 14, 21, 28, 2013. CLASSIC 130804 8-28-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05956. William Ferrari, 720 30th St., No. 200, Sacramento, CA 95816 is doing business under the Fictitious Business Name "USA Fabrics" at 8200 Berry Ave., Ste. 100, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on July 24, 2013. Publish: August 7, 14, 21, 28, 2013. USAFAB 130804 8-28-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06035. Carl Rumberger, 3540 William Way, Sacramento, CA 95821 is doing business under the Fictitious Business Name "Performance Dynamics" at 3540 William Way, Sacramento, CA 95821. Filed with the Clerk of Sacramento County on July 29, 2013. Publish: August 7, 14, 21, 28, 2013. PERFOR 130804 8-28-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06009. Jenny Vassilian, DDS, Professional Corporation, 2831 J St., Sacramento, CA 95816 is doing business under the Fictitious Business Name "Midtown Dental" at 2831 J St., Sacramento, CA 95816. Filed with the Clerk of Sacramento County on July 26, 2013. Publish: August 7, 14, 21, 28, 2013. MIDTOWN 130804 8-28-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05482. Nicole Germano, 5841 Pioneer Way, Sacramento, CA 95841 is doing business under the Fictitious Business Name "Nic' Of Time Mobile Notary" at 5841 Pioneer Way, Sacramento, CA 95841. Filed with the Clerk of Sacramento County on July 5, 2013. Publish: August 14, 21, 28, Sept. 4, 2013. NICOF 130801 9-04-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06237. Willie J. Green, 6720 Rancho Pico Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name "William-Couture" at 6720 Rancho Pico Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County on Aug. 5, 2013. Publish: August 14, 21, 28, Sept. 4, 2013. JWILLI 130901 9-04-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06006. Jesus C. Mendoza, 9055 Canberra Dr., Sacramento, CA 95826 is doing business under the Fictitious Business Name "Home Forward Real Estate" at 9055 Canberra Dr., Sacramento, CA 95826. Filed with the Clerk of Sacramento County on July 26, 2013. Publish: August 14, 21, 28, Sept. 4, 2013. HOMEFO 130901 9-04-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06260. Joyce Security Systems, Inc., a California Corporation, 3437 Myrtle Ave., Suite 375 N. Highlands, CA 95660 is doing business under the Fictitious Business Name "Performance Products Co." at 3437 Myrtle Ave., Suite 375 N. Highlands, CA 95660. Filed with the Clerk of Sacramento County on August 6, 2013. Publish: August 14, 21, 28, Sept. 4, 2013. PERFOR 130901 9-04-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06257. David Welborn, 7561 Klamey Lane, No. 258, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "Driven Venture" at 7561 Klamey Lane, No. 258, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on August 6, 2013. Publish: August 14, 21, 28, Sept. 4, 2013. DRIVEN 130901 9-04-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06257. Max Lids, Inc., 850 E. Bidwell St., No. 145, Folsom, CA 95630 is doing business under the Fictitious Business Name "Great Harvest Bread Co." at 850 E. Bidwell St., No. 145, Folsom, CA 95630. Filed with the Clerk of Sacramento County on August 6, 2013. Publish: August 14, 21, 28, Sept. 4, 2013. MAXLIDS 130901 9-04-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06076. Oshima Sushi, Inc., 2071 Natomas Crossing Dr., Sacramento, CA 95834 is doing business under the Fictitious Business Name "Oshima Sushi" at 2071 Natomas Crossing Dr., Sacramento, CA 95834. Filed with the Clerk of Sacramento County on July 30, 2013. Publish: August 14, 21, 28, Sept. 4, 2013. OSHIMA 130901 9-04-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06266. Terry Harold Neely III, 8182 Sundance Dr., Orangevale, CA 95662 is doing business under the Fictitious Business Name "Pinnacle Landscape Development" at 8182 Sundance Dr., Orangevale, CA 95662. Filed with the Clerk of Sacramento County on August 6, 2013. Publish: August 21, 28, Sept. 4, 11, 2013. PINNAC 130901 9-04-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06371. Michael Horrell, 1060 41st St., Sacramento, CA 95819 is doing business under the Fictitious Business Name "Apollo Real Estate Group" at 1060 41st St., Sacramento, CA 95819. Filed with the Clerk of Sacramento County on August 8, 2013. Publish: August 21, 28, Sept. 4, 11, 2013. APOLLO 130902 9-11-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06381. Daniel A. Maczko, 9051 Bramble Trail Way, Sacramento, CA 95826 is doing business under the Fictitious Business Name "Bamco" at 9051 Bramble Trail Way, Sacramento, CA 95826. Filed with the Clerk of Sacramento County on August 8, 2013. Publish: August 21, 28, Sept. 4, 11, 2013. BAMCO 130902 9-11-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06419. Tamika December Edwards, 2031 Wright St., Apt. 10, Sacramento, CA 95825 is doing business under the Fictitious Business Name "Miko Ward Dance Studio" at 2730 Arden Way, No. 13, Sacramento, CA 95825. Filed with the Clerk of Sacramento County on August 9, 2013. Publish: August 21, 28, Sept. 4, 11, 2013. MIKOWA 130902 9-11-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06382. Kimberly Haines, 7867 La Rivera Dr., Apt. 152, Sacramento, CA 95826 is doing business under the Fictitious Business Name "Pampered Pet Salon and Boutique" at 6610 Folsom-Auburn Rd., Ste. 10, Folsom, CA 95630. Filed with the Clerk of Sacramento County on August 8, 2013. Publish: August 21, 28, Sept. 4, 11, 2013. PAMPER 130902 9-11-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06173. Anthony Raymond Vasseli, 4108 California Ave., Carmichael, CA 95608 is doing business under the Fictitious Business Name "Ray Vas" at 4108 California Ave., Carmichael, CA 95608. Filed with the Clerk of Sacramento County on August 1, 2013. Publish: August 21, 28, Sept. 4, 11, 2013. RAYVAS 130902 9-11-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06372. Red Door Realty Inc., 1060 41st St., Sacramento, CA 95819 is doing business under the Fictitious Business Name "Red Door Servicing Company" at 1060 41st St., Sacramento, CA 95819. Filed with the Clerk of Sacramento County on August 8, 2013. Publish: August 21, 28, Sept. 4, 11, 2013. REDDOOR 130902 9-11-13



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FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-02905. Nina Burnside, 8345 Yermo Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name "Soul Legacy Entertainment" at 4350 Pell Dr., Ste. 47, Sacramento, CA 95814. Filed with the Clerk of Sacramento County on April 8, 2013. Publish: August 21, 28, Sept. 4, 11, 2013. SOULLE 130902 9-11-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06163. Jessica Singer, 6830 Walerga Rd., No. 87, Sacramento, CA 95842 is doing business under the Fictitious Business Name "Sweet A-Way Housekeeping" at 6830 Walerga Rd., No. 87, Sacramento, CA 95842. Filed with the Clerk of Sacramento County on August 1, 2013. Publish: August 21, 28, Sept. 4, 11, 2013. SWEPTA 130902 9-11-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-05352. Randall R. Huleva and Tamra L. Huleva, 6225 Oak Valley Ln., Citrus Heights, CA 95621 is doing business under the Fictitious Business Name "Your Virtual Small Office" at 6225 Oak Valley Ln., Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County on July 1, 2013. Publish: August 21, 28, Sept. 4, 11, 2013. YOURVI 130902 9-11-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06469. Jesus Barragan Nunez, 5525 Cedar Creek Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name "Chuy-S Landscaping Service" at 5525 Cedar Creek Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County on August 13, 2013. Publish: August 21, 28, Sept. 4, 11, 2013. CHUY-S 130902 9-11-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06273. Krystina Kalapothakos, 4933 Kenneth Ave., Fair Oaks, CA 95628 is doing business under the Fictitious Business Name "Kouzounas Kitchen" at 4933 Kenneth Ave., Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County on August 6, 2013. Publish: August 21, 28, Sept. 4, 11, 2013. KOUZOU 130902 9-11-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06529. Ronald K. Coe, 2013 Benita Dr., No. 2, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name "Aaron M. Powers" at 2013 Benita Dr., No. 2, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County on August 14, 2013. Publish: August 21, 28, Sept. 4, 11, 2013. AARONM 130902 9-11-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06457. Marlene Belasco, 446 Mariner Point Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name "MBR Enterprises and MBR Consulting" at 446 Mariner Point Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County on August 13, 2013. Publish: August 21, 28, Sept. 4, 11, 2013. MBRENT 130902 9-11-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06222. Amandaep Johal, 8240 Grisham Way, Elk Grove, CA 95758 is doing business under the Fictitious Business Name "Smoke Shop" at 1441 Meadowview Rd., Ste. 106, Sacramento, CA 95832. Filed with the Clerk of Sacramento County on August 5, 2013. Publish: August 21, 28, Sept. 4, 11, 2013. SMOKES 130902 9-11-13

FICTITIOUS BUSINESS NAME STATEMENT #FBNF2013-06271. Cindy Tran, 8656 West Wing Dr., Elk Grove, CA 95758 and Xuan Tran Reid, 4070 Archeon Way, Sacramento, CA 95823 are doing business under the Fictitious Business Name "Top Nails" at 6668 Valley Hi Dr., Sacramento, CA 95823. Filed with the Clerk of Sacramento County on August 6, 2013. Publish: August 21, 28, Sept. 4, 11, 2013. TOPNAIL 130902 9-11-13

ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE #FBNF2011-01670. The following person(s) have abandoned the use of the FICTITIOUS BUSINESS NAME OF Q & V Nails, 6668 Valley Hi Dr., Sacramento, CA 95823. Cindy Tran, 8656 West Wing Dr., Elk Grove, CA 95758 and Xuan Tran Reid, 4070 Archeon Way, Sacramento, CA 95823. The Fictitious Business Name Statement was filed on February 22, 2011 in the County of Sacramento. Abandonment filed with the Clerk of Sacramento on August 6, 2013. Publish: August 21, 28, Sept. 4, 11, 2013. Q&VNAILS 130903 9-11-13

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ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00146972

WHEREAS, Ahmed Y. Ahmed has filed a petition with this court for a decree changing the name of Ahmed Y. Ahmed to Ahmed Youssef Nemr. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 6, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: July 31, 2013. Raymond M. Cadei Judge of the Superior Court Publish: July 31, August 7, 14, 21, 2013. AHMED 130803 8-21-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00146413

WHEREAS, Faustina Keta has filed a petition with this court for a decree changing the name of Faustina Keta to Freedom Keta. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 27, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: July 10, 2013. Raymond M. Cadei Judge of the Superior Court Publish: July 31, August 7, 14, 21, 2013. FAKETA 130803 8-21-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00146692

WHEREAS, Randy James Dittmar has filed a petition with this court for a decree changing the name of Randy James Dittmar to Randi Jamie Dittmar. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 3, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: June 13, 2013. Raymond M. Cadei Judge of the Superior Court Publish: July 31, August 7, 14, 21, 2013. DITTIMA 130803 8-21-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00147286

WHEREAS, Barbara Anne Perrine has filed a petition with this court for a decree changing the name of Barbara Anne Perrine to Barbara Anne Randell. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 16, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: July 24, 2013. David L. Brown Judge of the Superior Court Publish: July 31, August 7, 14, 21, 2013. PERRINE 130803 8-21-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00147766

WHEREAS, Melinda Anne Ioanidis has filed a petition with this court for a decree changing the name of Melinda Anne Ioanidis to Melinda Anne Livermore Ioanidis. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 20, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: July 31, 2013. Raymond M. Cadei Judge of the Superior Court Publish: July 31, August 7, 14, 21, 2013. IOANID 130803 8-21-13

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00147761

WHEREAS, Kathleen Marie Partington has filed a petition with this court for a decree changing the name of Kathleen Marie Partington to Jack Partington. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 20, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: July 31, 2013. David L. Brown Judge of the Superior Court Publish: July 31, August 7, 14, 21, 2013. PARTIN 130803 8-21-13

ORDER TO SHOW CAUSE CHANGE OF NAME

WHEREAS, Cipriana Harry and Derek Anderson have filed a petition with this court for a decree changing the name of Mason Maximilian Anderson to Mason Lee Anderson.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 13, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: July 24, 2013. Raymond M. Cadei Judge of the Superior Court Publish: August 14, 21, 28, Sept. 4, 2013. CHARRY 130901 9-04-13

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00147725

WHEREAS, Gurjit Kaur has filed a petition with this court for a decree changing the name of Amiraj Kailly to Amar Kailly and Gurjit Kaur to Gurbir Kaur. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 20, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: July 31, 2013. David I. Brown Judge of the Superior Court Publish: August 14, 21, 28, Sept. 4, 2013. GURJIT 130901 9-04-13

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00148275

WHEREAS, Tamer Emeric Mostafa has filed a petition with this court for a decree changing the name of Tamer Emeric Mostafa to Tamer Said Mostafa. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 25, 2013, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: August 7, 2013. David I. Brown Judge of the Superior Court Publish: August 14, 21, 28, Sept. 4, 2013. MOSTAF 130901 9-04-13

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00148248

WHEREAS, Katrinka B. Sale has filed a petition with this court for a decree changing the name of Katrinka Belle Sale to Katrinka Belle Feld. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 25, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: August 7, 2013. Raymond M. Cadei Judge of the Superior Court Publish: August 21, 28, Sept. 4, 11, 2013. MOSTAF 130902 9-11-13

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00148764

WHEREAS, DeAndre Rashad Brown has filed a petition with this court for a decree changing the name of DeAndre Rashad Brown to DeAndre Jules Rashad. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 3, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: August 14, 2013. Raymond M. Cadei Judge of the Superior Court Publish: August 21, 28, Sept. 4, 11, 2013. DEANDRE 130902 9-11-13

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2013-00147280

WHEREAS, Jamie Hicks has filed a petition with this court for a decree changing the name of Lillian Elaine Bryant to Lillian Elaine Hicks. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 13, 2013, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the Carmichael Times, a newspaper of general circulation, printed in Sacramento County, California, once a week for four consecutive weeks prior to the date set for hearing on the petition. Dated: July 24, 2013. Raymond M. Cadei Judge of the Superior Court Publish: August 21, 28, Sept. 4, 11, 2013. JHICKS 130902 9-11-13

PETITION TO ADMINISTER ESTATE NOTICE OF PETITION TO ADMINISTER

ESTATE OF PATRICK ALLEN SCALLO (deceased) ESTATE NO. 34-2013-00146782

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of PATRICK ALLEN SCALLO, aka PATRICK A. SCALLO, aka PAT SCALLO (deceased): A petition has been filed by LISA LEILANI BROWN in the Superior Court of California, County of Sacramento, requesting that LISA LEILANI BROWN be appointed as personal representative to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows: September 26, 2013, 9:00 a.m. in Dept. No. 129, Room 214 at Ridgeway Family Relations, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (

Legal Advertising For City Of Rancho Cordova

City of Rancho Cordova Notice of Public Hearing

NOTICE is hereby given that on Tuesday, September 3, 2013 at 5:30 p.m., or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing at the **Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova**, to consider the following:

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF RANCHO CORDOVA ADDING CHAPTER 12.32 TO THE RANCHO CORDOVA MUNICIPAL CODE ESTABLISHING ADJACENT PROPERTY OWNER RESPONSIBILITY FOR SIDEWALK REPAIR, MAINTENANCE, AND LIABILITY

The purpose of this public hearing is to consider adoption of a City policy making it the responsibility of property owners to maintain sidewalks fronting their property, and to incur any costs associated with such maintenance. If adopted, the Ordinance would modify the Municipal Code of the City of Rancho Cordova regarding sidewalk maintenance and implement the California Streets and Highways Code, placing all liability of sidewalk maintenance on property owners. **This would make property owners financially responsible for sidewalk repairs on their property.**

In conjunction with the Ordinance, the City Council will also consider a Resolution creating a Residential Sidewalk Maintenance Assistance Program which would provide a subsidy to low-income residents who otherwise cannot afford required sidewalk repairs, as required by the Ordinance. If adopted, the City would provide funding for sidewalk maintenance to residential property owners who meet certain income eligibility requirements.

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the hearing will be made a part of the public record.

Questions regarding this matter should be directed to the City of Rancho Cordova Public Works Department at (916) 851-8710.

NOTICE REGARDING CHALLENGES TO DECISIONS

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

Printed in the Grapevine Independent on August 23, 2013

NOTICE OF ADOPTED ORDINANCE

The following is a summary of an ordinance adopted by the City Council of the City of Rancho Cordova at its meeting of August 19, 2013.

ORDINANCE NO. 22-2013 AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF RANCHO CORDOVA AMENDING RANCHO CORDOVA MUNICIPAL CODE CHAPTER 16.02, "UNIFORM ADMINISTRATIVE CODE," WHICH ADOPTS BY REFERENCE PORTIONS OF CHAPTER 1 - DIVISION II OF THE 2010 CALIFORNIA BUILDING CODE AND CHAPTER 1 - DIVISION II 2010 CALIFORNIA RESIDENTIAL CODE

The full text of the proposed ordinance is available in the City Clerk's office, 2729 Prospect Park Drive, Rancho Cordova, CA 95670.

Passed and adopted by the City Council this 19th day of August, 2013 by the following vote:

AYES: Budge, McGarvey, Sander, Skoglund, Terry
NOES: None
ABSENT: None
ABSTAIN: None

Printed in the Grapevine Independent on August 23, 2013

NOTICE OF PROPOSED ORDINANCE

The following is a summary of an ordinance proposed for adoption by the City Council of the City of Rancho Cordova at its meeting of August 19, 2013.

ORDINANCE NO. 26-2013 AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF RANCHO CORDOVA ADOPTING A FIRST AMENDMENT TO THE DEVELOPMENT AGREEMENT FOR THE DOUGLAS 98 PROJECT AND AMENDING CERTAIN ZONING CODE DESIGNATIONS WITHIN THE PROJECT

The full text of the proposed ordinance is available in the City Clerk's office, 2729 Prospect Park Drive, Rancho Cordova, CA 95670.

Printed in the Grapevine Independent on August 23, 2013

NOTICE OF ADOPTED ORDINANCE

The following is a summary of an ordinance adopted by the City Council of the City of Rancho Cordova at its meeting of August 19, 2013.

ORDINANCE NO. 25-2013 AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF RANCHO CORDOVA AMENDING CHAPTER 23.158 "DEVELOPMENT AGREEMENTS," OF TITLE 23 "ZONING CODE" OF THE RANCHO CORDOVA MUNICIPAL CODE UPDATING REQUIREMENTS AND PROCEDURES FOR DEVELOPMENT AGREEMENTS

The full text of the proposed ordinance is available in the City Clerk's office, 2729 Prospect Park Drive, Rancho Cordova, CA 95670.

Passed and adopted by the City Council this 19th day of August, 2013 by the following vote:

AYES: Budge, McGarvey, Sander, Skoglund, Terry
NOES: None
ABSENT: None
ABSTAIN: None

Printed in the Grapevine Independent on August 23, 2013

NOTICE OF ADOPTED ORDINANCE

The following is a summary of an ordinance adopted by the City Council of the City of Rancho Cordova at its meeting of August 19, 2013.

ORDINANCE NO. 20-2013 AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF RANCHO CORDOVA ADDING RANCHO CORDOVA MUNICIPAL CODE CHAPTER 16.03, RELATING TO SAFETY ASSESSMENT PLACARDS USED TO DENOTE CONDITIONS RELATING TO CONTINUED OCCUPANCY OF BUILDINGS

The full text of the proposed ordinance is available in the City Clerk's office, 2729 Prospect Park Drive, Rancho Cordova, CA 95670.

Passed and adopted by the City Council this 19th day of August, 2013 by the following vote:

AYES: Budge, McGarvey, Sander, Skoglund, Terry
NOES: None
ABSENT: None
ABSTAIN: None

Printed in the Grapevine Independent on August 23, 2013

NOTICE OF ADOPTED ORDINANCE

The following is a summary of an ordinance adopted by the City Council of the City of Rancho Cordova at its meeting of August 19, 2013.

ORDINANCE NO. 24-2013 AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF RANCHO CORDOVA APPROVING THE FIRST AMENDMENT TO THE DEVELOPMENT AGREEMENT BY AND BETWEEN THE CITY OF RANCHO CORDOVA AND RICHMOND AMERICAN HOMES OF MARYLAND, INC., RELATIVE TO CERTAIN LOTS OF ANATOLIA III (VILLAGE 18 LOTS 1-66; 72-85; VILLAGE 19 LOTS 30-33; 48-60; AND VILLAGE 24 LOTS 13; 17; AND 18).

The full text of the proposed ordinance is available in the City Clerk's office, 2729 Prospect Park Drive, Rancho Cordova, CA 95670.

Passed and adopted by the City Council this 19th day of August, 2013 by the following vote:

AYES: Budge, McGarvey, Sander, Skoglund, Terry
NOES: None
ABSENT: None
ABSTAIN: None

Printed in the Grapevine Independent on August 23, 2013

NOTICE OF ADOPTED ORDINANCE

The following is a summary of an ordinance adopted by the City Council of the City of Rancho Cordova at its meeting of August 19, 2013.

ORDINANCE NO. 23-2013 AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF RANCHO CORDOVA ADOPTING A THIRD AMENDMENT TO THE DEVELOPMENT AGREEMENT FOR THE MONTELENA PROJECT AND AMENDING CERTAIN ZONING CODE DESIGNATIONS WITHIN THE PROJECT

The full text of the proposed ordinance is available in the City Clerk's office, 2729 Prospect Park Drive, Rancho Cordova, CA 95670.

Passed and adopted by the City Council this 19th day of August, 2013 by the following vote:

AYES: Budge, McGarvey, Sander, Skoglund, Terry
NOES: None
ABSENT: None
ABSTAIN: None

Printed in the Grapevine Independent on August 23, 2013

City of Rancho Cordova Notice of Public Hearing

NOTICE is hereby given that on **Tuesday, September 3, 2013 at 5:30 p.m.**, or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing at the **Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova**, to consider the following:

ANATOLIA III (KAVALA RANCH) DEVELOPMENT AGREEMENT EXTENSION FOR LENNAR HOMES OF CALIFORNIA - PROJECT NO. DD7912:

REQUEST:	The City Council is being requested to extend the term of an existing Development Agreement for Lennar Homes of California for an additional 5 years. The Development Agreement will expire in November, 2018.	
OWNER:	Lennar Homes	APPLICANT: Same
	1420 Rocky Ridge Drive, Suite 320 Roseville, CA 95661	
LOCATION/ APN:	Anatolia III (Kavala Ranch Subdivision), east of Sunrise Boulevard and north of Keifer Road.	
ZONING:	RD-4 and RD-5 Single Family Residential	
ENVIRONMENTAL:	Mitigated Negative Declaration	
PROJECT PLANNER:	William Campbell, Principal Planner	

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the hearing will be made a part of the public record.

Questions regarding this matter should be directed to the City of Rancho Cordova

Questions regarding this matter should be directed to the City of Rancho Cordova Planning Department at (916) 851-8750.

NOTICE REGARDING CHALLENGES TO DECISIONS

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

Printed in the Grapevine Independent on August 23, 2013



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By George Valverde - Director, California Department of Motor Vehicles

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SACRAMENTO REGION, CA (MPG) – Do you have questions about general driving related requirements like registration or insurance? Are you unclear about laws and restrictions related to driving? The California Department of Motor Vehicles has answers. "Save Time, Go Online," at www.dmv.ca.gov. You can submit any DMV-related questions at AskDMV@dmv.ca.gov. (For more details, see information at the end of this column.)

Q. I've noticed lately that some drivers have the year sticker on the left side of their license plate and the month sticker on the right. Essentially, the stickers are reversed. What's the correct way to place stickers on license plates?

A. Manufactured California license plates indicate "Month" on the left side of the license plate and "Year" on the right side of the plate. Vehicle owners should place their registration year and month stickers/tabs correctly as indicated on the plates.

Q. Depending on the waiting time during my next visit to the DMV, I might need to check emails from work on my smart phone while I wait in the lobby. Is this allowed in the DMV office?

A. Excellent question! More customers than ever before have cell phones and mobile electronic devices. We simply ask customers to please put their phones away while they conduct transactions at the DMV customer service window. You can still use your mobile device while you wait in the DMV lobby, but once you approach the counter, we need your complete attention. Remember to make an appointment before visiting the DMV.

Q. I paid for my vehicle registration well before the

expiration date but am going to be moving out of California before the new registration period begins. Is it possible to receive a refund now that I'll need to register my vehicle in another state?

A. It depends on the circumstances. You must register the vehicle in the other state before the prior California expiration date, in order to be eligible for a refund. For your convenience, visit www.dmv.ca.gov/online/refund/refundprograms.htm and click on the "Refund Application" link.

Once you've completed and submitted the Application for Refund, you will be notified of the status of your application within 30 days of its receipt. Don't forget to include the unused registration and sticker with your application and the date the vehicle left the state.

Q. Does California use facial recognition technology in driver licenses and ID cards?

A. No, the California Department of Motor Vehicles does not use facial recognition technology in its issuance of driver licenses or identification (ID) cards.

Q. When is the best time to visit the DMV? I'm trying to avoid having to wait in line as much as possible.

A. California's Department of Motor Vehicles continues to make significant improvements in overall wait times at our field offices. The best time to visit a field office is with an appointment.

Q. What happens to people who attempt to cheat on their written tests at the DMV?

A. The use of testing aids is strictly prohibited. This includes, but is not limited to: The California Driver Handbook, cheat sheets, electronic communication devices

such as a cell phone, hand-held computer, etc. If any testing aid is used during the written test, the written test will be marked as a "failure."

The DMV may also take an action against your driving privilege or the driving privilege of anyone else who assists you in the examination process. When a driver is suspected of cheating, the test is confiscated by Field Office personnel and is referred to the Driver Safety Branch for investigation. The DMV may:

- Refuse to issue a driver's license or ID card.
- Revoke the driving privilege of any driver involved in fraudulent activity.
- Cancel an application for a higher class license when the applicant is found to have been cheating.
- If the driver is revoked, the action will remain in effect for a period of one year.
- The driver is eligible to retest at the end of the action.
- If the application is cancelled for a higher class license, the driver may be redirected to take all applicable tests under observation.

Don't Stand in Line, Go Online! Doing business with the DMV has never been easier. The DMV offers an array of services to customers 24 hours a day, 7 days a week through its website, including online advance appointments for written and drive tests; vehicle registration and driver license renewals, selection of personalized license plates, changes of address and payment of fees via secure debit transactions. Customers can also effect transactions by calling DMV customer service at 800-777-0133. DMV is a department under the California Transportation Agency.

Celebrate United Way's 90th Anniversary at the Day of Caring Volunteer Extravaganza

United Way's Day of Caring to include 26 Volunteer projects across region

SACRAMENTO REGION CA (MPG) – Local residents can spend one day caring for the community on Sept. 13 by signing up for one of 26 volunteer projects happening across the region on United Way's Day of Caring, sponsored by Nationwide. The volunteer extravaganza, which celebrates the local United Way's 90th anniversary and kicks off the fall fundraising campaign, will help United Way reach its goal of completing 90 volunteer projects with its certified nonprofit partners across the region in 2013. United Way's Day of Caring will start at 8 a.m. with a breakfast and rally at Cal Expo. Volunteer projects will begin at 10 a.m.

United Way is seeking more than 350 volunteers for 26 projects across five counties: Amador, El

Dorado, Placer, Sacramento and Yolo counties. Sign up at: <http://www.yourlocalunitedway.org/dayofcaring>.

"We're excited to watch companies, volunteers and nonprofits come together for an amazing day transforming our community through volunteer projects," said Victoria Kosha, interim United Way president and CEO. "We can't think of a better way to celebrate 90 years of service in this community than to keep doing what we do best – joining hands with people across the region to make a tangible difference."

For 90 years, United Way California Capital Region has actively worked to address the community's most pressing issues, now focusing on innovative

solutions related to high school graduation rates, household financial stability and obesity. United Way's team of nonprofits, businesses, donors and volunteers are working together to provide positive, measurable results on these issues through United Way projects: STAR Readers, SenSe-Ability and Fit Kids.

Community members can give, volunteer and advocate in support of the causes they care most about, benefiting United Way and hundreds of nonprofits in Amador, El Dorado, Placer, Sacramento and Yolo counties. United Way is an independent, local affiliate of United Way Worldwide. For more information, visit www.yourlocalunitedway.org.

Source: Kristin Thébaud Communications

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Keep Your Pets Cool This Summer

RANCHO CORDOVA, CA – (MPG) The temperature is rising in Rancho Cordova and with it, the risk of heat stroke for your pets. Following are some tips to keep your furry friends cool this summer.

- Hydrate your pets with cool, clean water. Place outdoor water dishes in shady areas.

- Do not leave pets in a parked vehicle even with a cracked window. The temperature in a car can rise quickly on sunny days to 120-130 degrees Fahrenheit. Animals can rapidly succumb to heat stroke.

- If it's too hot for your bare feet, it's too hot for your pets' feet, too.



Remember: Don't leave pets in parked vehicles even with a cracked window. Photo courtesy of SPCA

- Know the warning signs of heat stroke including heavy panting, red

gums and tongue, and lethargy.

- If you see a pet in a hot car:
 - Record information about the vehicle (make, model, color and license plate number).
 - Call Rancho Cordova Animal Services 24-hour line at (916) 851-8852.
 - If possible, stay with the vehicle until help arrives.

"We all love to spend time outdoors with our pets and by following a few simple rules, we can keep them safe while still having fun in the sun," said Jessica Crone of the City's Animal Services Division.

Source: City of Rancho Cordova

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SMUD Helps Truckers Plug In Instead of Idling Their Engines

Big rig plug-in program helps reduce harmful truck emissions and air pollution

SACRAMENTO REGION, CA (MPG) – At any truck stop, you'll likely find dozens of noisy diesel big-rig tractor-trailers, parked and idling for hours. Truckers typically leave the engine running while they sleep and rest to power the appliances that provide comfort inside the cab such as heating, air conditioning, and TVs. Truckers are required by law to have a 10-hour rest period for each 12 hours of on-road time.

The Sacramento Municipal Utility District (SMUD) is working with truckers and truck stop operators to achieve a clean-air alternative to truck idling. By providing utility power where big-rig drivers spend their rest period, truckers can plug in their rigs to electrical outlets and avoid idling their engines.

More than 30 electrical "shore power" hookups have been installed at the Sacramento 49er Truck Travel Plaza truck stop on Interstate 80, just west of the

Interstate 5 interchange. When truckers turn off their diesel engines and plug into SMUD's grid to power appliances, harmful emissions are reduced and truckers save money.

SMUD has partnered with federal and state agencies to promote this new national effort to accommodate truckers with auxiliary power so they can reduce the idling of polluting engines.

About 10 years ago, SMUD began a pilot program to introduce truckers to plugging in their big rigs by installing 16 electrical "shore power" hookups at the 49er. The current 18-month demonstration project is intended to gather technical data and determine feasibility. If it works, the project will go commercial.

"Last decade, getting truckers to plug in instead of idling was challenging," said Tristen Griffith, President, Sacramento 49er Truck Travel Plaza. "A lot has changed since then. We expect to

see considerably more truckers plugging in now, and we're very proud to be a leader in this change for the better," said Griffith. "One of SMUD's core values is environmental protection," said David Hatfield, SMUD Project Manager. "SMUD sees projects like these fitting perfectly with our mission to keep the air our community breathes a lot cleaner."

Truckers save money using the new technology. Considering the price of diesel fuel – now at more than \$4 per gallon in California, staying cool and running appliances for 10 hours costs more than \$40, compared to about \$1 in electricity costs.

Engine idling has been standard practice in the trucking industry ever since drivers began lodging in their trucks during long-haul trips. Many trucks have sleeper compartments that resemble small apartments with most of the comforts of home. Idling the truck engine consumes about a gallon of fuel per hour, producing

significant amounts of carbon dioxide (CO2) and air pollutants such as nitrogen oxides (NOx), carbon monoxide, and particulate matter. It also makes a lot of noise that interrupts the restfulness of the rest period.

In the United States, trucks consume more than two billion gallons of fuel annually while idling, resulting in wasted energy and emissions of air pollutants that can be harmful to the environment and public health.

For every truck that eliminates idling, there is a savings of 580 pounds of NOx per year, based on an 8-hour per day reduction in run time. That's equivalent to the emissions from 116 passenger cars. When combined with other gases on hot, sunny days, NOx produces ground-level ozone, which can be harmful to the environment and to our health.

For more information about SMUD and its energy-saving and pollution-reducing programs and efforts, visit smud.org.



Sacramento Municipal Utility District (SMUD) Program Manager David Hatfield inspects newly installed "shore power" electric hookups at the Sacramento 49er Travel Plaza, a truck stop near the interchange of Interstates 80 and 5. By providing utility power where big-rig drivers spend their rest periods, truckers can plug in their rigs to electrical outlets and avoid idling their engines. By doing so, truckers save money and harmful emissions are reduced.

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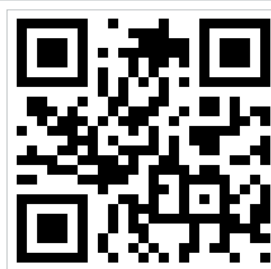
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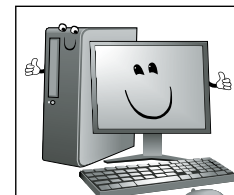


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By Ronnie McBrayer

There is an old story about a monastery that fell on hard times. Once it had thrived, but over the years it had become so decimated that only a few old monks were left living in an even older house. People no longer came there to be nourished spiritually, and only a handful of the brothers shuffled through the cloisters.

Deep in the monastery woods was a little cabin where an old rabbi occasionally came to fast and pray. No one ever spoke with him, but whenever he appeared the word would be passed from monk to monk: "The rabbi walks in the woods." And, for as long as he was there, the monks would feel blessed by his presence.

One day the abbot decided to visit the rabbi and open his heart to him. As he approached the hut, the abbot saw the rabbi in the doorway. It was as if he had been awaiting the abbot's arrival. The rabbi stood with his arms outstretched in welcome. Though they had never spoken, the two embraced like brothers.

The two entered the hut and simply sat in the stillness. Then the rabbi began to weep. The abbot

The Rabbi's Gift

covered his face with his hands and began to cry too. The two old men sat there like lost children, crying their hearts out, filling the hut with their shared pain and tears.

When the tears ceased, the rabbi lifted his head and spoke, "You and your brothers are serving God with heavy hearts," he said, "and I know you have come to ask a teaching of me. But it is the same in my town. Almost no one comes to the synagogue anymore." Very little else was said.

When the time came for the abbot to leave, he embraced the rabbi once again and said, "It has been a wonderful thing that we should talk after all these years. But is there nothing you can give us that would help us save our dying order?" The rabbi paused and said quietly to the old abbot, "Well, there is one thing I have to tell you: One of you is the Messiah."

The abbot left without a word and without ever looking back. The next morning, the abbot called his monks together. He told them he had spoken to the old rabbi from the woods, and then he looked at his assembled brothers and said bluntly, "The rabbi said that one of us is the Messiah."

In the days and weeks that followed, the old monks began to think about the rabbi's words and wondered whether it could actually be true – the Messiah is one of us?

Thinking like this, the old monks began to treat each other with extraordinary respect on the off

chance that one of them just might actually be the Messiah. And on the off, off chance that each monk himself might be the Messiah, they began to treat themselves with extraordinary respect.

A gentle, warm-hearted, concern began to grow among them which was hard to describe but easy to notice. Over time, as people visited the beautiful forest in which the monastery was home, they sensed the extraordinary respect that now began to surround the old monks and seemed to radiate from them.

There was something strangely attractive, even compelling, about it. Hardly knowing why, people began to come back to the monastery more frequently to picnic, to play, to meditate, and pray. They began to bring their friends to show them this special place, and their friends brought their friends.

Then it happened that some of the younger men who came to visit the monastery started to talk more and more with the old monks. After awhile, one asked if he could join them. Then another. And another. Within a few years, the monastery had once again become a thriving order and a light to the community, thanks to the rabbi's gift – a gift that taught them to look at and love others, expecting the very best.

Ronnie McBrayer is a syndicated columnist, pastor, and author of multiple books. You can read more and receive regular e-columns in your inbox at www.ronniemcbrayer.me.

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POPPOFF!

with Mary Jane Popp

life. But he never lost the will to fight back, and he eventually found a way to handle what was happening to him.

Now, 14 years later, he is back and wants to help others. He spends most of his time in New York, but still visits his native New Zealand, and is the founder of a U.S. non-profit organization dedicated to helping others stay mentally healthy. His story is incredible, but I wanted to share an abbreviated version of his 9-step plan with you.

Paul emphasizes that change will not happen overnight, but once you make the commitment to change, you'll begin to see results in 30 days. So here are the steps:

1) TAKE CHARGE – Accept the need for change and recognize the "old you" causes stress. Know that you deserve well-being and balance. Take responsibility for making changes by making time to put those changes in practice. Renew your commitment every time you slip and fall.

2) KICK YOUR BAD HABITS – Acknowledge which habits are unhealthy, addictive, and harmful. Gradually decrease your dependence on these habits and resolve to overcome with coping mechanisms, beginning with one habit at a time.

3) LEARN TO SAY NO – Learn to say "no" to demands and requests that are not in line with your true desires. Don't commit to obligations that you don't have the necessary time and energy for.

4) AFFIRMATION – Spend time daily to focus on your affirmations (positive statements about who you are), saying them to yourself and feeling them working in your mind and on your body.

5) EXERCISE – Exercise regularly – ideally with a 60- to 80-minute walk outdoors each morning, free of all distractions, allowing yourself time and space to reflect. Where possible, spend 15 minutes a day "earthing," that is connecting to the earth's natural surface with your skin (by standing or walking barefoot).

6) NUTRITION – Change your eating habits by eliminating toxins from your diet, including foods containing refined sugar, artificial colors or flavors, junk

food, caffeine, and alcohol. Avoid processed foods, and minimize dairy intake and red meat or pork products. Avoid seafood that contains high levels of mercury. Choose organic foods wherever possible, and drink plenty of purified room-temperature water. Start your day with exercise and a vegetable juice cocktail.

7) SLEEP – You need to follow certain healthy patterns with regard to sleep, including getting seven-and-a-half to nine hours of sleep each night. This ensures maximum recuperation and healing of the body and mind. Avoid sleeping pills.

8) THE POWER OF AWARENESS – Be mindful of your thoughts and desires, and their likely consequences. Become more aware of what you're holding on to, and see if you can begin to forgive yourself and love yourself. Allow yourself to embrace the present moment, enjoying fully what life has to offer here and now.

9) DON'T GIVE UP – You have the power to move forward in your life. Allow yourself time to break bad habits and form new ones that are positive. Nurture your flame of hope, and maintain your commitment, regardless of the challenges you encounter.

Well, there you have the short version. Some of these may seem like common sense, and others, perhaps a stretch. But why not give them a try?

According to Huljich, "The nine steps are your armor and tools for dealing with the stress pandemic," and "Each one of us is a powerful warrior in the coliseum of life. These steps equip us well for our challenges."

Stress Pandemic is based on his real-life experiences, exhaustive research, and consultation with medical professionals. Stress can manifest in many ways and can have serious physical and psychological consequences. Although stress is a natural part of life, Paul says the number of people experiencing increased levels of it is alarming, approaching a pandemic.

Check out Huljich's website at www.stresspandemic.com. Changing your life with ideas is what we try to do on POPPOFF all the time. Stay well and don't stress! Live life for today!



STRESS PANDEMIC

Are you going crazy over problems at your job? How about that relationship that seems to be going into the dumpster? And what about that driver who cuts you off, and you blow your stack?

That's called stress. I can name many more things that can really get to you on any given day. So would you be surprised if I told you there's a stress pandemic? More importantly, what if I told you that stress can cause major diseases, ranging from heart conditions to cancer, as well as sadness and anger? As a result, we often become depleted and unproductive.

Got your attention yet? Well, it should. Why? Because it can become life-threatening!

So I was happy to have Paul Huljich on the PopOff Show, who explained his 9-step lifestyle plan for preventing and controlling stress in his book *Stress Pandemic*. I really wanted to take notes on this one because I've had top docs from around the world, from traditional to alternative, and they all agree that stress is a major problem!

Paul, now a blogger for *Psychology Today.com*, offers a prescription for reducing stress in your life and for living a balanced life that gives you more energy, happiness, and fulfillment.

In the book, he shares his story of how he crashed and burned at age 45. Worth \$100 million as a pioneer of the world's organic food movement, and having a beautiful wife and three young boys, didn't protect him from stress.

He had a mental breakdown and lost most of the life he had worked relentlessly to build. Gone was his wealth. Gone was his wife. Gone was the respect of his children, friends, and colleagues. Gone was his dignity, sense of pride, and control of his

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