



**Share Your  
Corner of  
America**

PAGE 2

**Nine New  
Canine Teams  
Graduating**

PAGE 4



# M Citrus Heights Messenger

VOLUME 13 • ISSUE 18

Serving the City of Citrus Heights & Sacramento County

MAY 5, 2023

**SEE  
INSIDE**

**SAC COUNTY  
NAMED #2 BEST  
PUBLIC FLEET**



PAGE 4

**THIS IS SO  
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PAGE 2

**HIBACHI BUFFET  
TO OPEN IN  
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PAGE 3



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## See's Candies Moves Ahead



The See's store at 5499 Sunrise Boulevard now showcases the recently repainted black and white See's company colors.

**Story and photo  
by Thomas J. Sullivan**

**CITRUS HEIGHTS, CA (MPG)** - Construction of a new See's Candies megastore at 5499 Sunrise Boulevard in Citrus Heights, which was formerly home to a 10,621-square-foot Patelco Credit Union branch continues to move forward with both interior and exterior construction improvements well underway.

The building's exterior was recently repainted in the black and white See's company colors, and two former drive-in banking kiosks which were left in place by the former credit union have been removed.

Two white banner signs,

announcing See's Candies are visible to drivers on both Sunrise Boulevard and Uplands Way.

Portions of the parking lot where drive-in teller machines once stood have been repaved and a new sidewalk has been poured along Uplands Way where its primary street entrance will be.

Visible progress on interior construction work on the upper floor of the building is visible at night which is illuminated where new second level offices are being built out. On the ground floor, new walls and trim for a retail space are going up.

According to Tallen's project description, the new Citrus Heights See's Candies will consolidate three

other locations within its trade area for its first of a kind combination facility which include a traditional See's Candies retail store, their corporate sales facility (business to business unit) and their regional offices.

A building permit application by San Diego-based Schuss Clark Brandon Architects Inc. for interior improvements was filed on August 11, 2020, on behalf of their client, See's Candies, headquartered in South San Francisco, describing the work as "tenant improvements to an existing building."

Interior construction is separate from overall exterior grounds

*Continued on page 3*

## Dr. Lisa Cardoza Named New ARC President



**Dr. Lisa Cardoza, new  
President of American River  
College.** Photo courtesy of ARC

**American River  
College News Release**

**SACRAMENTO, CA (MPG)** - Dr. Lisa Cardoza has been named as the new President of American River College. Her appointment will go to the Los Rios Board of Trustees at the May 10, 2023 meeting.

"Dr. Cardoza is exceptionally qualified for this position and brings a wealth of experience in a variety of different capacities within higher education," said Los Rios Community College District Chancellor Brian King. "Extraordinarily thoughtful and strategic, Lisa understands the vital role that community colleges play in our communities and is deeply committed to seeing our students be successful."

Most recently, Cardoza served as the Vice President for University Advancement at California State University, Sacramento and Executive Officer for The University Foundation at Sacramento State, where she led record-setting fundraising efforts for the University. Prior to her current role, Cardoza was Sacramento State President Robert Nelsen's Chief of Staff, and also as the University's Interim Vice President of Human Resources.

"Dr. Lisa Cardoza has been preparing to be the President of American River College since the first day I interviewed her to be my Chief of Staff at the University of Texas Pan American. I knew then that she would someday be a president; I just didn't know where," said Sacramento State President Robert Nelsen. "I am so pleased that it will be in Sacramento and in the Los Rios Community College District. She is an amazing force with a brilliant mind and a huge heart."

Before arriving in Sacramento, Cardoza worked at The University of Texas-Pan American (UTPA) in the areas of outreach and college access, enrollment and student services, governmental relations and as Chief of Staff.

*Continued on page 6*

## Separate School District Plan Without Consensus

**Story by Shaunna Boyd**

**CITRUS HEIGHTS, CA (MPG)** - At the April 27 meeting, the Citrus Heights City Council reviewed the proposed work plan for the Citrus Heights Education Committee (as approved at the March 23 meeting)—which would explore the possibility of Citrus Heights forming its own school district. Council tasked the Ad Hoc 2x2 Education Committee members (Councilmember MariJane Lopez-Taff and Vice Mayor Bret Daniels) with developing the work plan. Although the 2x2 committee includes two councilmembers and two members of the San Juan Unified School District (SJUSD), representatives from SJUSD were not included in the formation of the work plan, but the full committee does plan to convene in May.

The proposed work plan outlined the Committee's main activities, which

would be to analyze all schools within the city boundaries, including test scores, attendance records, athletic and extracurricular opportunities, participation levels, and capacity at Citrus Heights schools versus actual enrollment. The Committee would research the steps and legal processes of becoming a school district, provide examples of other similar school district formations, and assess the financial and logistical capabilities of the City to pursue the process.

The work plan advised that the Committee should be comprised of seven community members, two at-large and five appointed by the councilmembers (not necessarily residing within councilmembers' districts).

Council consensus was required in order for the plan to move forward. If Council approved the work plan, the Committee application would be released on the City's

website, with applications due by May 12. The Council would make Committee appointments at the May 25 meeting. Then the Committee would meet from June through October, and present their findings to the Council at the November 9 meeting.

Vice Mayor Daniels was absent from the meeting, but Councilmember Lopez-Taff said their goal with the work plan was to have the citizens of the Committee dive deep into the process: "We really were interested in forwarding the idea without influencing it too much."

During Public Comment, Citrus Heights resident Bill Shirley said that the process of establishing a separate school district is long and costly. "It's all about money," he said. "Do we have the money to spend to create our own school district?" He said that a successful secession from SJUSD would likely involve a yearslong

compensation agreement with SJUSD, with Citrus Heights paying a portion of its property taxes to SJUSD—similar to the Revenue Neutrality agreement the City had with Sacramento County as a condition of incorporation, which only just expired.

Shirley suggested that the majority of Citrus Heights residents would not support the idea of giving up the City's property tax revenue again. Instead, he suggested the formation of an advisory committee, made up of parents and school staff members, who would find ways to support the schools within the city. Rather than spending money for a committee to research, compile statistics, and review legal processes for a secession proposal, Shirley asserted that the money would be better spent "providing the funds needed for improving the schools in our community."

"I think that's what

*Continued on page 3*

# “This Is So Needed!”

*Non-profit HomeShare American River Celebrates Dozens of Happy Housemates*



Two years in, HomeShare American River is proven as a powerful, versatile tool to unlock rental income and affordable housing. Left to right: Lynn Nelson, Rev. Virgil Nelson, Sofia de Melo, Justin Ellerby, Tara Benavides, Steve Davis. Photo courtesy of HomeShare American River.

## HomeShare American River News Release

**SACRAMENTO REGION, CA (MPG)** - In July 2021, inter-faith non-profit Placer People of Faith Together (ppoft.org) launched a powerful, versatile tool to unlock both rental income and naturally-affordable housing throughout the Greater Sacramento live-work area. More than 50 such non-profit supported homesharing programs have been valuably serving their communities throughout the US, some for as long as 50 years. But there was no such service in our region until PPoFT decided to start HomeShare American River.

Almost two years later, non-profit housemate-matching and -support service HomeShare American River (HSAR) has matched up dozens of happy housemates across the region into safe, fair, valuable, and durable arrangements. HSAR makes matches in homes (whether owned or rented) located within an hour's drive of Roseville, including Nevada City, Placerville,

Lodi, Dixon, Yuba City, and Marysville. HSAR provides help for potential “Hosts” and “Guests” throughout the entire arrangement: screening, matchmaking (including facilitating exchanges of household services for lowered rent), and active support/trouble-



**HomeShare AMERICAN RIVER**

shooting. And while Hosts set the rents they charge, HSAR doesn't charge them or their Guests anything for its service, including the background checks. Instead, HSAR is entirely funded by the Agency on Aging/Area 4 and a generous private donor, meaning that HSAR is beholden to neither Host nor Guest... just to its social mission to serve both of them equally for as long as they live together.

(PAID CONTENT)

Since launching, HSAR has made 24 matches from Nevada City to Elk Grove. Matched Hosts and Guests vary widely in age (22-84), rents paid (\$550-900, including utilities), income, and walks of life, but all have the most important thing in common: they make “great neighbors down the hall” to each other. And that also means HSAR has effectively created many new units of housing, without hammering a single nail!

As Executive Director and Co-Founder Justin Ellerby says, “Two things tell me that this service can make a dent in a lot of big problems. One: The gratitude and relief I hear from our happily-matched clients. Two: Almost everyone I tell about this service reacts with almost the exact same words: ‘This is SO needed!’”

Potential Hosts and Guests can learn more about HSAR at [homeshareamericanriver.org/apply](http://homeshareamericanriver.org/apply) or by calling (916) 360-0074. Partners and supporters will find much more information at [homeshareamericanriver.org/collaborate](http://homeshareamericanriver.org/collaborate). ★

# Share Your Corner of America

*Make a difference in the life of an international exchange student!*



Host Dad shares a laugh with his exchange students. Photo courtesy of iStock

## ACIE Special News Release

**SACRAMENTO REGION, CA (MPG)** - Have you ever felt like the world needs more understanding, peace, and connection? Open your heart and your home to an exchange student! American Councils is a non-profit public diplomacy organization funded (in part) by the US Department of State. They are searching for loving host families for the 2023-24 high school academic year.

All American Councils students are recipients of merit-based scholarships. Selection is based on English language proficiency, academics, teacher recommendations, leadership qualities, maturity, and adaptability. On program, students develop global leadership skills and understanding of civic responsibility, diversity, and cross-cultural competency.

Who are these students? Fayzali, 17, is from a small town in Tajikistan. He is

fascinated with all things cars, especially sports cars! He has even designed his own car brand and recently worked as a part-time mechanic. Fayzali's other hobbies include soccer and basketball, mixed martial arts, reading, and learning new languages. He hopes for a future career in the aviation industry. An only child, Fayzali happily does household chores to support his mom and extended family. He is eager to share his Tajik culture: “a sunny country with friendly and kind people on the other side of the earth!”

Ilyass, 15, is from Morocco. He describes himself as “sociable and energetic and the type of person that can make you laugh when you're sad.” He adores time with family: “My parents encourage me and give me all the love I need. We sometimes go to the movies, picnics, walks, or watch soccer together.” At home, Ilyass is responsible for his pet cat Blanche. He is passionate about track and field, particularly

(PAID CONTENT)

discus and javelin. He has a dream “to represent [his] country” in international sporting events one day! When he is not training or competing, he reads self-help books and volunteers. Ilyass is excited to experience new activities and appreciates that a host family would “make [him] a part of their household” and hopes to cook them traditional Moroccan dishes! A common misconception is that a student needs a traditional family experience with customary holidays and foods. The rich diversity of our country is for many students, uniquely American! Anyone who has a desire to open their home could be a potential host, including military families, retirees, single parents, and LGBT+. Please contact Megan Timmens: call/text 202-375-0777 or email [mtimmens@gmail.com](mailto:mtimmens@gmail.com). Website: <https://inbound.americancouncils.org/mission>. Please note the deadline to enroll in SJUSD is May 15. ★

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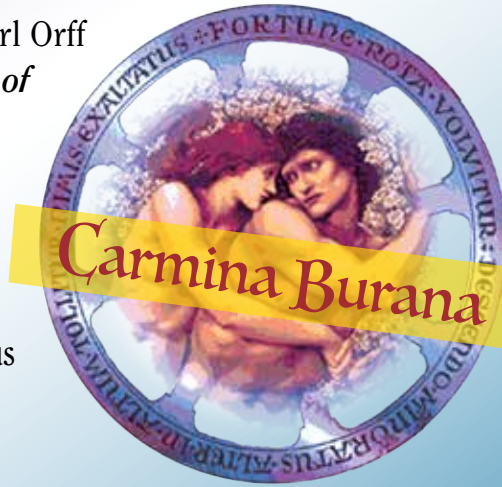
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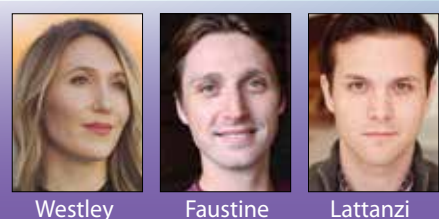
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# New Hibachi Buffet to Open in Citrus Heights



The Hibachi Buffet main entrance gets some attention in preparation for the restaurant's opening.

Story and photo by Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) - Interior demolition has begun at the former China Buffet restaurant at 5623 Sunrise Boulevard by owner Jay Wong who will open his new Asian fusion-themed as Hibachi Buffet this summer.

Wong, originally from Orlando Florida, recently signed a long-term lease to open his restaurant, said Phillip Jarrett, owner/broker of Jarrett Real Estate in Eldorado Hills, in an earlier telephone interview.

"It's our very first restaurant in California," Wong said. He said he expects to hire at least 30 kitchen and customer service personnel for his new restaurant which is now receiving a thorough refresh inside.

The general menu hasn't been finalized yet, Wong said, but will feature a variety of sushi, hibachi grill and seafood dishes. Customers will be able to watch their dishes being prepared in front of them.

Further details about business hours and the general menu will be posted on social media as the restaurant nears its opening date, Wong said.

The free-standing former 10,600-plus square-foot restaurant built in 1986, is situated on 1.7 acres and includes two outdoor seating areas. Shuttered for over

three years, the general physical condition of the former China Buffet and its outside parking area had deteriorated in recent years.

Inside the freshly painted restaurant, which has a wide-open floor plan, construction crew members were installing new booth partitions and grouting floor tile. The front lobby, kitchen and restrooms were still being built out.

"We're excited to bring Hibachi Buffet to the city of Citrus Heights," Wong said. "Once renovations are fully complete, inside and out, our guests who discover our new restaurant will find it a very special place they will want to come back to."

The new Hibachi Buffet, once open, adds to a reviving restaurant row in Sunrise MarketPlace where nearby Boston's Pizza and El Tapatio now thrive.

The restaurant site was listed for sale or lease for \$4.1 million at a cost of \$1.99 per square foot under a ground lease option as "ideal for restaurant, medical, brew pub/sports bar, retail, residential or other suggested uses."

A former Marie Callender's Restaurant and Bakery, which is located next door at 5525 Sunrise Boulevard still remains on the market. The restaurant abruptly closed in August 2019 when the parent company entered Chapter 11 bankruptcy due to dwindling profits. ★

# Separate School District Plan Without Consensus

Continued from page 1  
this Committee should be focusing on. Not on trying to form a new district, but how can we better what we have here in the city," said Shirley.

Daniel Thigpen spoke on behalf of SJUSD, thanking the City for including a section in the proposed application that asks about past or current employment, enrollment, or volunteer work at SJUSD schools. He said, "We have a lot of educators and support staff who live and work in this community and have personal connections to our schools ... so we agree that that would provide a unique perspective when you're looking for a diversity of voices on this Committee, should you move in this direction."

Mayor Tim Schaefer said, "This Committee is really designed to take a comprehensive look at this and see if it's viable, see if it's something that we want to explore. ... Maybe it's not something we want to do. Maybe it is." He believes it is important to "dive in and really study this issue; I think we should absolutely explore this."

Councilmember Jayna Karpinski-Costa said, "Forming our own school district—whether we want one or not isn't the issue—it's not in our strategic plan." She suggested that

the Council should add the issue to the agenda for the upcoming Strategic Planning Retreat in May, and if the idea were approved, then an expert could be hired to determine the risks and feasibility of a new school district. But she did not like the idea of bogging down citizen volunteers with the work of conducting in-depth academic and legal research when they have no expertise in those areas: "I don't think that is the best use of our time."

However, she did support the public comment suggestion about an advisory committee to help bolster local schools.

Mayor Schaefer reminded Council that the vote to form this Committee was already held and approved at a prior meeting, so this item was just to provide direction on the work plan.

Councilmember Porsche Middleton said, "My direction would be to just stop right there. I appreciate the work that was put in there, but if you remember, I voted no on this last time, and I still stand in that same spot."

City Attorney Ryan Jones clarified that this item needed majority direction from Council to move forward, and he said it appeared that there was not a consensus.

Mayor Schaefer asked if

the item could be continued to a future meeting with the full Council in attendance, since Vice Mayor Daniels was absent from the meeting. But Attorney Jones said that a continuance would require majority consent as well.

Councilmember Lopez-Taff defended the work plan, stating, "This is an opportunity to include the voices in our community." She suggested there might be individuals in the community who are "highly in favor" of the idea. "I really believe that this process will give individuals, who we haven't yet heard from, an opportunity to speak to this issue. ... So, I want to move forward with a recommendation, but it sounds like my fellow Councilmembers are not in favor of that at this time, so I would vote in favor of postponing."

Mayor Schaefer said, "I'm not sure we're going to come to a consensus," and Councilmember Karpinski-Costa repeated her suggestion to discuss the issue at the Strategic Planning Retreat.

City Attorney Jones agreed that Council could discuss the issue at the Retreat, "but in terms of the next steps, there certainly wasn't a majority to move forward with this action plan that was proposed." ★



# Construction of New See's Candies Moves Ahead

Continued from page 1  
improvements which are concurrently being performed by the landlord-tenant, Citivest Commercial and Residential Real Estate of Newport Beach, Calif. and Tallen Capital Partners, LLC, of Del Mar.

Tallen Capital Partners has leased the entire building to Berkshire Hathaway owned See's Candies under a new 15-year lease agreement.

"Interior construction work is proceeding towards a target summer completion date,

and there have been no delays in that process," said Jeff Brandon, partner of Schuss Clark Brandon Architects in San Diego.

While See's Candies is one of his firm's major clients, the construction of the new Citrus Heights store location is an unusual "first" for his firm where a former credit union branch is being repurposed for a different use, Brandon said.

The new See's is situated at the corner of Sunrise Boulevard and Uplands Way across the

street from nearby Boston's Pizza Restaurant and Sports Bar.

When it opens, it will have a new business neighbor directly behind it, as a new Milano Nail Salon has been announced to open in what was the site of a long-shuttered restaurant building in the Sunrise Village Plaza.

Window signage in the new salon has been posted by the plaza's owner/developer, Merlone-Geier of San Francisco, which is completing a comprehensive renovation

of the Sunrise Village shopping center.

Public relations representatives from See's Candies corporate office did not respond to a request for comment concerning the likely summer opening date of its new Citrus Heights location.

See's Candies, owned by Berkshire Hathaway, was founded by Charles See, his wife Florence, and his mother Mary in Los Angeles, California in 1921. Its retail shop locations typically feature a candy

counter where customers can either create their own custom-mixed box of chocolates and candies to order or purchase boxed chocolates, truffles, nuts and chews, lollipops, and sugar-free candy.

Patelco Credit Union in Citrus Heights closed its two-story branch office at 5499 Sunrise Boulevard at the corner of Uplands Way last July and has since moved to a new location in the Marketplace at Birdcage, 6100 Birdcage Lane, Suite 125. ★

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# New Humle Beer House to Open in Sylvan Marketplace



The Humle Beer House will occupy a suite at 7086 Auburn Blvd., in Sylvan Marketplace.

**Story and photo by Thomas J. Sullivan**

**CITRUS HEIGHTS, CA (MPG)** - A new craft brew taproom, Humle Beer House, is coming to Citrus Heights and looking for a summer opening date.

The Humle Beer House will fill almost 1,500 square feet at 7086 Auburn Blvd., Suite 100 in Sylvan Marketplace, said owner Owen Roswald. The taproom will have an outdoor patio, in addition to its interior square footage.

An exterior sign posted at the business location provides public notice of application to sell alcoholic beverages filed on March 20, by the applicant Dual Coast Cards LLC with the Sacramento Department of Alcoholic Beverage Control (ABC).

Interior construction permits have yet to be filed with the Citrus Heights Building Department. News of the opening of the craft brew taproom was recently acknowledged by Meghan Huber, Economic Development & Community Engagement Director in a social media post.

The taproom replaces a former frozen yogurt and smoothie shop. Nearby businesses also located in Sylvan Plaza, located across the street on Auburn Boulevard from Sylvan Middle School,

include Starbucks Coffee, Chando's Tacos, the Ukrainian Credit Union and Haya Sushi.

While Humle Beer House won't brew beer or serve food, it is expected to have between 20 to 22 taps with rotating handles which will primarily feature beer, although hard cider and seltzer will also have a presence, Roswald told the Sacramento Business Journal.

Humle Beer House will be open to guests 21 and older. "Humle" in the name of the business translates into "hops" in Nordic languages, Roswald said. Hops are used to make beer.

At least half of the featured beers will come from local breweries, he said. Taproom customers will be able to bring in food from nearby restaurants.

Roswald, who will own Humle Beer House with Brandon Scott, is said to have family ties to the local craft beer industry. His brother, owner of Claimstake Brewing in Rancho Cordova, is not involved in the Citrus Heights project.

Roswald or Scott could not be reached for further comment concerning an upcoming opening date.

Brenda Miller, a senior vice president with TRI Commercial/CORFAC International, represented the tenant in the taproom's lease, according to the Sacramento Business Journal. ★

# Sacramento County Named #2 Best Public Fleet

**Sacramento County News Release**

**SACRAMENTO COUNTY, CA (MPG)** - The 2023 100 Best Fleets were announced by the National Association of Fleet Administrators (NAFA) at the end of April and Sacramento County was named the number two best public fleet!

The 100 Best Fleets in the Americas program recognizes peak-performing public and commercial fleet operations. This program identifies and encourages the ever-increasing levels of performance improvement and innovation within the fleet industry.

"Last year we were named the number three best fleet by NAFA, and this year we improved to number two," said Keith Leech, Chief of the Fleet Services Division and Parking Enterprise. "This is a testament to the hard work our talented fleet professionals have put into adapting to the challenging fleet environment by preparing for a zero emissions future while maintaining operational effectiveness."

Sacramento County has long embraced clean air initiatives. This commitment to fleet sustainability began in 1999 with the adoption of the



Sacramento County is currently recognized as having one of the most sustainable government fleets in North America. Photo courtesy of Sacramento County

County's Heavy Duty Low Emission Vehicle Acquisition Policy and is currently recognized as one of the most sustainable government fleets in North America. This achievement is primarily due to the county's conversion to renewable fuels.

**About Sacramento County Fleet Services:**  
 Number of On-Highway Vehicles: 2,295; Number of Heavy-Duty Vehicles: 417; Number of Off-Highway Vehicles: 140; Department Owned: 566; Number of Fleet Employees: 99  
**Fuel Statistics Calendar Year 2022:**

**Total Fuel Consumption:**  
 3,505,930 Gallons; Unleaded Gasoline: 1,406,894 Gallons; Conventional Diesel: 13,926 Gallons; Advanced tech / Hybrid Unleaded: 96,395 Gallons; **Renewable Diesel:** 725,140 Gallons; Propane Autogas: 12,800 Gallons; **Renewable Gasoline Gallon Equivalent (GGE):** 465,251 GGE; **Renewable Liquefied Natural Gas:** 879,128 GGE; **Renewable Compressed Natural Gas:** 2,791 GGE

*NOTE: Electric vehicle charging and Hydrogen fuel are not represented in the above totals.* ★

# Driver Arrested for Murder in Collision with Pedestrian

**CHP News Release**

**SACRAMENTO REGION, CA (MPG)** - On March 13, 2023, at approximately 11:15 PM, a male pedestrian was walking across Elkhorn Boulevard at Butterball Way. Ilya Shamailov was driving a Chevrolet Corvette eastbound on Elkhorn Boulevard, at Butterball Way, in the #1 lane at a high rate of speed. Shamailov was unable to

stop or slow the Corvette before colliding with the pedestrian. The pedestrian was pronounced deceased on-scene by paramedics and the passenger sustained major life-threatening injuries and was transported to a local area hospital for treatment. The driver was arrested for suspicion of driving under the influence. The driver was medically cleared and booked into

the Sacramento County Main Jail. The driver was then released.

On April 19th, 2023, after a thorough investigation into the details of the collision and the driving history of the driver, Ilya Shamailov, an arrest warrant was obtained for the charge of 187 PC (Murder). On April 19th, the driver was located and was booked into the Sacramento County Jail under a no bail warrant. ★

# CHP Welcomes Nine New Canine Teams Graduating



Officer Alexander Frazer demonstrates the training and obedience involved for certification during a ceremony at the Canine Training Facility on the CHP Academy grounds. Photo courtesy CHP

**CHP News Release**

**SACRAMENTO, CA (MPG)** - The California Highway Patrol (CHP) announced on April 28, 2023, the graduation and deployment of nine new canine teams. After months of intensive training, the teams were certified during a ceremony at the Canine Training Facility on the CHP Academy grounds.

"These loyal and brave public servants play a critical role in supporting the mission of the Department," said CHP Commissioner Sean Duryee. "Canines have a keen sense of smell that helps them detect items that a human officer cannot, such as narcotics and explosives. Both the canine and their handler's skills are refined during the hundreds of hours of intense training, ensuring the teams are prepared to serve throughout the state."

The graduates consist of six Patrol and Narcotics Detection Canine teams and three Explosives Detection Canine teams, all of which meet the guidelines set by the Commission on Peace Officer Standards and Training. The newest team members include four Belgian Malinois, two Dutch Shepherds, and three German Shepherd dogs. Once graduated, the CHP will have a total of 51 teams deployed throughout the state.

Each canine's partner, or handler, is an experienced CHP officer with experience ranging from five to 22 years. The officers



The new K9 CHP graduates consist of dogs which will be part of six Patrol and Narcotics Detection Canine teams and three Explosives Detection Canine teams. Photo courtesy CHP

represent six of the CHP's eight geographic regions, including: Valley, Golden Gate, Southern, Border, Coastal, and Inland Division. Once deployed, the handlers will spend a minimum of eight hours every week completing scenario-based training with their canines to ensure the highest level of peak performance in the field.

The CHP uses canines to perform a variety of tasks, including detecting human scent, contraband, and explosives. The CHP canines are also used to assist allied agencies in apprehending criminals, detecting explosives or drugs, and in locating at-risk missing persons.

The mission of the CHP is to provide the highest level of Safety, Service, and Security. ★

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## Mom Love

Do we really understand MOM LOVE? We expect it and it's given freely because a real mom wants the best for her kidlets. There is sacrifice to make us happy...no new dress, instead a new toy. There is joy in her face when we achieve something new, no matter how small. She gives us tender loving care when we don't feel well, and sheds tears when she can't make us feel better. Of course there is so much more than we know she does because she hides some of the pain when we become belligerent or uncaring. Why? Because she IS MOM! So, on this Mother's Day just let her know you care for all she has done. I don't mean you have to buy expensive gifts and flowers and dinners. It can be as simple as a card that promises her some task you can do for her. Pick some flowers from your garden and arrange them in a simple vase. I think she would appreciate the effort instead of having a professional do it for you.



**"Getting old is not for wimps." So very true! If your mom is still with you, give her a big hug and tell her how much she means to you.**

Memorializing moms dates back a long way. The ancient Greeks honored Rhea, mother of the gods, on a special day. The Romans honored Cybele, their mother of the Roman gods. Christians name the fourth Sunday of Lent as a day to honor Mary, the mother of Jesus. By the 19th century, the English transformed that day into Mothering Sunday and declared it a holiday for the servants to visit their mothers with freshly baked cakes in hand.

For the Mother's Day that we celebrate, we have to credit Julia Ward Howe with first suggesting a day to honor American mothers and celebrate peace in 1872. She is known for writing the words to "Battle Hymn of the Republic" and organizing Mother's day meetings in Boston. Then in 1907 Anna Jarvis urged her mother's church in West Virginia to remember her mother on the second Sunday in May, which was the second anniversary of her mother's death. But she didn't

stop there. She began lobbying local and national politicians to formalize the day. She met with Presidents Taft and Roosevelt and finally in 1913, the House of Representatives adopted the resolution to wear white carnations in honor of mothers on the second Sunday in May. President Wilson made it official in 1914.

My mom passed away quite some time ago, but I do remember a few things that still resonate for me on Mother's Day. I can still hear her laughter, a laughter that came from her soul. You could pick out here joy in any crowd and it was infectious. And as she got older I remember the many times she said to me, "Getting old is not for wimps." So very true! If your mom is still with you, give her a big hug and tell her how much she means to you. Three simple words will make her day complete and it doesn't cost a thing. Just tell her "I love you mom." It will mean more than any fancy gift! ★

## COBRA, Health Insurance, Covered California, Medicare: Researching Plans

By Tim Coughlin



If you've been covered by group health insurance through your employer for a while and now find yourself in need of getting your own health insurance or choosing between COBRA, Covered California, or Medicare, evaluating the numerous options can feel overwhelming.

Determining plan premium costs, Covered California "Premium Assistance" amounts, Medicare costs based on income, plan deductibles, copays, out-of-pocket maximums, and making sure the doctors you want to see accept the plans are essential to making a good decision. Not being familiar with all the rules, enrollment deadlines, provider network, and the pros and cons of each option can result in paying more than you need to or getting coverage that doesn't best meet your needs.

The services of a local insurance agent can help make the process of choosing the right plan easier by saving you a significant amount of time and effort trying to sort out all the options. People new to this process may not know that they don't pay fees for the services of an independent agent. Instead, agents are paid by the insurance companies.

When looking for an agent, you will want to consider what the agent specializes in since insurance agents can represent various kinds of policies as well as how long they have been in the industry. Reading their reviews can help you learn more about their quality of service.

If you work with a "captured" insurance agent who only represents one carrier, you may miss out on more affordable policies or plan options with stronger coverage. By working with an independent insurance agent who represents multiple carriers, you'll be provided with several coverage options to consider. And when you work with your neighborhood insurance agent, you will also benefit from their knowledge of the local market and can count on their services for the years to come.



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Tim Coughlin is an award-winning independent agent in Gold River specializing in Medicare and health insurance for over 35 years. He can be reached at (916) 346-4417, by email at [tim@summitindins.com](mailto:tim@summitindins.com), or through the agency website; [summitindins.com](http://summitindins.com). (LIC # 0669552)

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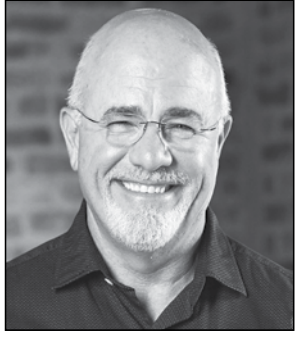
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**Just Pile Up Money,  
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Dear Dave,

I plan to buy another investment property with cash in the next year or two. Currently, I have \$83,000 sitting in a high-yield savings account at 4% interest. My goal is to save another \$50,000 to \$70,000 in the upcoming months. Right now, 4% is good, but I want to make sure I'm maximizing my returns. Should I be doing something else with the money?

– Brett

Dear Brett,

I like the way you're doing things. Right now, you're simply parking the money short term for

## Dave Ramsey Says

a purchase a few months down the road. If you invest it, you might make a little more, but you're taking more risk too. If I'm you, I'm parking the cash.

Here's the deal: The money you'll have to purchase another property won't come from a return on the investment. It'll come from you putting money in the account. The investment isn't the secret sauce in this scenario — you are. If you invested the money and made 10% rather than 4% over two months, let's say, that amounts to about a 3% difference. That's nothing in your case. You're not within a couple thousand dollars of doing a deal at the moment. Your deal is a \$150,000 deal. Your return on investment isn't going to make this happen, or keep it from happening. See what I'm saying?

Just keep doing what

you've been doing and park the money. That's what I'd do. People who are math nerds, like us, always look for things to fix an investment. But sometimes the thing that fixes the investment is you. You are the one doing the investing. You are the one putting money in the account. So, in this case, don't try to fix it. Just pile up money and go do it.

Great question, Brett!

– Dave

*Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of "The Ramsey Show," heard by more than 18 million listeners. He has appeared on "Good Morning America," "CBS This Morning," "Today," Fox News, CNN, Fox Business and many more. Since 1992, He also serves as CEO of Ramsey Solutions.* ★

## How Proposed Changes to Ballot Measures Could Affect Election Results



**By Dan Walters,  
CALMatters.org**

When Major League Baseball opened its 2023 season this month, players and managers had to contend with a raft of new rules, including time limits on pitchers and batters and limits on bunching infielders on one side of the diamond.

Whether the new rules speed up the games, as intended, is still uncertain, but it is certain that they will affect outcomes to some unknown extent. Changing the rules of any game changes outcomes, and what's true in sports is also true of politics.

The most obvious example of how changing rules affects outcomes is redistricting — the redrawing of legislative and congressional districts after each decennial census. Republicans hold a majority in Congress largely because GOP-controlled state legislatures redraw congressional districts to give the party more opportunities to win seats. For decades, Democrats have done the same thing when they had the chance.

This year's session of the California Legislature includes three major efforts to change rules governing ballot measures, all of which could affect outcomes.

One of them, Senate Bill 858 — and a

companion measure, Senate Constitutional Amendment 3 — is the latest of many attempts to remove the attorney general's authority to write the official titles for statewide ballot measures. Introduced by Sen. Roger Niello, a Republican from the Sacramento suburbs, the two measures would give the task to the Legislature's budget analyst, who already provides the fiscal analysis of proposed measures.

It's a change that should be made because recent attorneys general, all Democrats, have blatantly skewed official titles, with positive slants for liberal measures such as tax increases and negative ones for proposals of conservative groups. Judges have occasionally intervened in extreme cases, but generally defer to the attorney general.

Not surprisingly, those on the left want to maintain the status quo so Niello's two-bill package is likely to join other proposed reforms in the legislative trash pile.

The other two efforts to change the rules governing ballot measures come from Democrats and thus are more likely to be enacted.

One, by Sen. Scott Wiener, a San Francisco Democrat, would as originally introduced and approved by a Senate committee would have undone two genuine ballot measure reforms that the Legislature passed and former Gov. Jerry Brown signed less than a decade ago. They require local tax and bond ballot measures to clearly state their financial impacts in the 75-word summaries that appear on the ballot and prohibit authorities from using summaries to extol the proposals' virtues.

Local government officials hate the reforms because giving voters unvarnished facts might make them less likely to pass such measures. Originally, Wiener's Senate Bill 532 would have shifted the financial data to the voters' pamphlet, thus freeing officials to once again use ballot summaries for propaganda.

Late last week, however, Wiener toned down the measure, retaining the requirement to explain tax consequences in ballot measure summaries, but allowing that information to appear without counting against the 75-word limit on summaries.

Finally, there's Assembly Bill 421, carried by Assemblyman Isaac Bryan, a Democrat from Culver City, at the behest of unions and other liberal organizations.

As the Legislature turned to the left in recent years and enacted many new business regulations, those impacted by the new laws have increasingly turned to the ballot to thwart them. AB 421 is clearly aimed at making it much more difficult — or even impossible — for business groups to overturn laws via ballot measures, either referenda or initiatives, by imposing very tight new rules on qualifying them for the ballot.

AB 421 is likely to win legislative approval, but its ultimate fate is in doubt. Both Gov. Gavin Newsom and his predecessor vetoed similar proposals in the past.

*Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers.* ★

## World-Class Canine Athletes to Perform Daily at the Sacramento County Fair

### Sacramento County Fair News Release

**SACRAMENTO, CA (MPG)** - The Sacramento County Fair is right around the corner and North America's Premier Stunt Dog Show, The Extreme Dogs, returns. Free with Fair admission, guests will be able to watch a unique extreme sports production designed to excite and amaze pet-lovers from all walks of life.

Extreme Dogs tours the nation promoting animal rescue and pet adoption. The wickedly talented canine athletes have captured the hearts of hundreds of thousands coast-to-coast including at CFL, NBA and NFL halftime shows, theme parks, performing arts venues and festivals nationwide.

The show features world champion trainers leading their adopted companions through extreme dog sports such as dock diving, freestyle frisbee disc, flyball racing, high jumping, and dog agility. Featuring multiple breeds and mixes of only dogs who have been rescued or adopted from shelters, fairgoers will not be able to look away!

"These dogs are true world-class champions. The Extreme Dogs are going bring such a fun and exciting energy to the Fair, and the fact that all these dogs have been rescued or come from shelters really promotes a positive message to our community," says Matt Cranford, CEO of the Sacramento County Fair.

"We usually look for dogs nobody wants," said dog rescuer and trainer Deirani Collazo. "The annoying, high energy, couch chewing, won't leave me alone dogs and then we just take all that energy and channel it into all these sports. These dogs go from a brutal, homeless life to best canine lives ever since all they do every day is run, jump and swim

all day. Plus, have a lot treats.

More than just the entertainment value of the show, attendees also get "people tips" on what to do with their rescue dogs. Trainer Calazzo hopes families attending the Fair take away valuable knowledge. "If people come out and see you can have this kind of relationship and interaction with your dogs, it inspires people to go out and adopt a dog and turn their life around," she adds.

Calazzo and the other trainers mix it up for every show. "We have different dogs doing different behaviors," she says. "We change up the games we're playing and the things that we're showcasing, so you can see two or three shows a day and see something different every time."

If you want to watch how the best of the best do it, this high-energy stunt dog show is one that you can't miss! The Extreme Dogs have multiple performances every day of the Fair and fairgoers can attend as often as they like all included with their daily Fair admission.

Established in 1937, the Sacramento County Fair is dedicated to the safe and fun education of the greater Sacramento community and its youth in agriculture, business, and technology. A value-driven family event, Fair guests enjoy the friendly atmosphere, traditional county fair competitions, agricultural displays, hands-on activities, carnival, specialty food and festival-style entertainment. Close to 10,000 school children take advantage of free educational school tours and over 5,000 compete for awards in the livestock and competitive exhibit programs. The theme of 2023 Fair is: *Where Tradition Meets Tomorrow*.

For more information, please visit [www.sacfair.com](http://www.sacfair.com). ★

## Dr. Lisa Cardoza Named New ARC President

*Continued from page 1*

"My life's work and passion are to help individuals - students, faculty, staff, administrators - achieve their highest potential. I want to ensure that all students, especially students of color and those who come from underserved communities, have the opportunity, the resources, and the support to attend and graduate from college," said Dr. Lisa Cardoza. "I am really looking forward to working with the exceptional team of faculty, staff, and administrators at ARC to support our students in reaching their educational and career goals."

Cardoza is a proud graduate of Edcouch-Elsa High School in Texas and graduated from Stanford University with a Bachelor

of Arts in Economics and a Master of Arts in Social Sciences of Education. She earned her doctorate in Educational Leadership from the University of Texas Rio Grande Valley. She is also the very proud mother of two boys—Gabriel, a recent graduate of the University of Texas San Antonio (UTSA), and Diego, a junior in the San Juan Unified School District.

She will succeed Melanie Dixon who departed American River College in December 2022 to be closer to family in the Pacific Northwest. American River College Vice President of Instruction Dr. Frank Kobayashi has been serving as Interim President while the college and district conducted a comprehensive nationwide search. ★

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#### CURRENT WORK OPPORTUNITIES

**Office Administration** – We are seeking a full-time administrative support person for our newspaper group. This position works in the Carmichael office and works directly with the Office Manager. Work hours are between 8:30 to 5:00 Monday through Friday. Previous office management experience is required.

**Production Layout/Graphic Design** – This part-time position assists with the layout of the newspapers and works with the production staff to create our weekly newspapers. Must have good working knowledge of InDesign production programs. Must be able to work within our current system and be able to take direction to meet our deadlines. Previous layout experience is a must. This is an entry level position. Work hours are between 8:30 am and 5:00 pm.

**Copy Editor** – We are seeking a part-time copy editor for our newspaper group. This position works in the Carmichael office and works directly with Editor. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous editing experience is required.

**City Reporter** – We are seeking a part-time City Reporter for our newspaper group. This position may be assigned to work in the Carmichael office or another area office and works directly with the Editor. Work hours are flexible depending on assignments. Previous reporting experience is required.

**Advertising Services Support** – We are seeking a part-time Advertising Services Support person for our newspaper group. This position works in the Carmichael office and works directly with the owner of the company and the advertising/graphics staff. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous office experience is required.

**Delivery Driver** – We are seeking a part-time Delivery Driver for our newspaper group. This position would transport newspapers from our Carmichael office to our offices in Marysville and Gridley. Work hours are from 8:30 to 4:00 every Thursday. Must be able to lift and move bundles of newspapers without assistance. Must have your own reliable cargo van. This is an independent contractor position and pays a flat rate for your service.

**Newsstand Delivery Driver** – We are seeking a part-time Newsstand Deliver Driver for our newspaper group. This position works from the Carmichael office and delivers to our locations in the West Sacramento/Sacramento Region. Work hours are from 8:30 to 5:00 Thursday and/or Friday. Must be able to lift and move bundles of newspapers without assistance. You must have a reliable vehicle. This is an independent contractor position.

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Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969  
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020  
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988*

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**FICTITIOUS BUSINESS NAME STATEMENTS**

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01657**  
Harpreet Singh Atwal, 8630 Amesbury Court, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Two Rivers" 8630 Amesbury Court, Sacramento, CA 95828. Filed with the Clerk of Sacramento County March 7, 2023  
Publish: April 14, 21, 28, May 5, 2023  
TWO 5-5-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02241**  
AGNS LLC, 1126 Azusa Street, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "PS121 Trucking" 1126 Azusa Street, Sacramento, CA 95833. Filed with the Clerk of Sacramento County March 24, 2023  
Publish: April 14, 21, 28, May 5, 2023  
PS121 5-5-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01898**  
Kyle Priess and Svetlana Fomichev, 4756 Solano Way, Fair Oaks, CA 95628 are doing business under the Fictitious Business Name(s) "Hutz" 4756 Solano Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County March 15, 2023  
Publish: April 14, 21, 28, May 5, 2023  
HUTZ 5-5-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02355**  
Iraj Keshavarz, 138 Oak Rock Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Broadway Smog" 2401 Broadway, Sacramento, CA 95818. Filed with the Clerk of Sacramento County March 28, 2023  
Publish: April 14, 21, 28, May 5, 2023  
BROADWAY 5-5-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02265**  
Victoria A Dalton, 6126 Sylvester Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Botox & Beyond Aesthetics" 4150 Manzanita Avenue, #100A, Room4, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 27, 2023  
Publish: April 14, 21, 28, May 5, 2023  
BOTOX 5-5-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02386**  
Ascent Wealth Separation LLC, 401 Ryland Street, Suite 200-A, Reno, NV 89502 is doing business under the Fictitious Business Name(s) "Junk Shot of Sacramento North, CA / Doorstep Details Of Sacramento North, CA" 2568 Buzz Aldrin Way, Sacramento, CA 95834. Filed with the Clerk of Sacramento County March 29, 2023  
Publish: April 14, 21, 28, May 5, 2023  
JUNK 5-5-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02573**  
Jeanene Gay Avery, 4912 Summit View Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Creations By Jeanene" 4912 Summit View Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County April 5, 2023  
Publish: April 14, 21, 28, May 5, 2023  
CREATIONS 5-5-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02406**  
Sheila Mary Bramow, 4401 Rio Tinto Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Cal West Real Estate" 4401 Rio Tinto Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County March 30, 2023  
Publish: April 14, 21, 28, May 5, 2023  
CAL 5-5-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01807**  
Quiana M Pendleton, 818 25th Street #111, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "QMP Consulting" 2732 Marconi Avenue, #H, Sacramento, CA 95821. Filed with the Clerk of Sacramento County March 13, 2023  
Publish: April 14, 21, 28, May 5, 2023  
QMP 5-5-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02503**  
Kathleen Prevost, 10730 Coloma Road, #20, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "KFlora Designs / Kathleen's Floral Designs" 10730 Coloma Road, #20, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County April 3, 2023  
Publish: April 14, 21, 28, May 5, 2023  
KFLORA 5-5-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01035**  
Bryan Yabut, 9624 Emerald Park Drive, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "J & B Vending Machine" 9146 E Stockton Boulevard, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County February 10, 2023  
Publish: April 14, 21, 28, May 5, 2023  
J&B 5-5-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02474**  
Mohammad Dawod Azizi, 5600 Marconi Avenue, #215, Carmichael, CA 95608 and Jafar Rahimi, 3831 Marconi Avenue, #93, Sacramento, CA 95821 are doing business under the Fictitious Business Name(s) "Parwan General Minor Auto Repair" 6836 26th Street, #26, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County April 3, 2023

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01817**  
Sharifa Barker, 4055 Cuny Avenue, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Digg's Mobile Notary" 901 H Street, Suite 120, Sacramento, CA 95814. Filed with the Clerk of Sacramento County March 13, 2023  
Publish: April 21, 28, May 5, 12, 2023  
DIGGS 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02510**  
Jesus Rios Courier LLC, 551 Ashwick Loop, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "A-1 Rapid Live Scan and Mobile Fingerprinting" 6837 Fair Oaks Boulevard, #6, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 4, 2023  
Publish: April 21, 28, May 5, 12, 2023  
A-1 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01969**  
Cotton Club Sacramento, 2331 J Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "The Cotton Club" 2331 J Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County March 17, 2023  
Publish: April 21, 28, May 5, 12, 2023  
COTTON 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02476**  
Avnik K Chand, 3 Cismont Court, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Fijiking Graphics" 3 Cismont Court, Sacramento, CA 95823. Filed with the Clerk of Sacramento County April 3, 2023  
Publish: April 21, 28, May 5, 12, 2023  
FIJIKING 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02283**  
Anton Alekseyenko, 4433 Gene Avenue, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "LoveVenture Films" 4433 Gene Avenue, Sacramento, CA 95838. Filed with the Clerk of Sacramento County March 27, 2023  
Publish: April 21, 28, May 5, 12, 2023  
LOVE 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02720**  
Roman Kovalov, 5528 Auburn Boulevard, Suite 1, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "KVL" 5528 Auburn Boulevard, Suite 1, Sacramento, CA 95841. Filed with the Clerk of Sacramento County April 11, 2023  
Publish: April 21, 28, May 5, 12, 2023  
KVL 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02157**  
All Seasons All Reasons, 2135 Dale Avenue, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "All Seasons All Reasons / Seasons Catering" 2135 Dale Avenue, Sacramento, CA 95815. Filed with the Clerk of Sacramento County March 21, 2023  
Publish: April 21, 28, May 5, 12, 2023  
ALL 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02811**  
Dai Q. Bui, 8804 Liscarney Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "DST Windows" 8804 Liscarney Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County April 12, 2023  
Publish: April 21, 28, May 5, 12, 2023  
DST 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02652**  
College Oak Road Solutions, LLC, 4125 Winters Street, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "College Oak Towing / COT Transportation / College Oak Road Solutions" 4125 Winters Street, Sacramento, CA 95838. Filed with the Clerk of Sacramento County April 7, 2023  
Publish: April 21, 28, May 5, 12, 2023  
COLLEGE 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02477**  
Maureen A Paley, 4036 42nd Street, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Levelling Up" 4036 42nd Street, Sacramento, CA 95820. Filed with the Clerk of Sacramento County April 3, 2023  
Publish: April 21, 28, May 5, 12, 2023  
LEVELING 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02482**  
Christopher James Mejdich, 6056 Dublin Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "PC House Calls" 6056 Dublin Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County April 3, 2023  
Publish: April 21, 28, May 5, 12, 2023  
PC 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02784**  
Jourdan A Moore, 7921 Kingswood Drive, A4-G, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Kingz Cuts" 7921 Kingswood Drive, A4-G, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County April 12, 2023  
Publish: April 21, 28, May 5, 12, 2023  
KINGZ 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02682**  
Samantha Yuen, 6336 Port

Gibson Court, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "sayukips" 6336 Port Gibson Court, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County April 10, 2023  
Publish: April 21, 28, May 5, 12, 2023  
SAY 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02764**  
Earnest Leroy Adair, 7806 Galena Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Ernie's Excavating & Engineering / EEE Trucking" 7806 Galena Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County April 13, 2023  
Publish: April 21, 28, May 5, 12, 2023  
ERNIES 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02764**  
Robert Martinez, 1254 Jacob Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "The Porter Building" 3126 O Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County April 11, 2023  
Publish: April 21, 28, May 5, 12, 2023  
PORTER 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01398**  
Salvador Frank Romo, 5101 Whitney Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Frank's Carpentry" 5101 Whitney Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 28, 2023  
Publish: April 21, 28, May 5, 12, 2023  
FRANKS 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02555**  
Rebecca Love LCSW Inc., 7940 California Avenue, Suite 11, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "The Way Through Mediation Services" 7940 California Avenue, Suite 11, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County April 5, 2023  
Publish: April 21, 28, May 5, 12, 2023  
WAY 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02498**  
Tilford Enterprises LLC, 6601 Carwood Street, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Japan Auto Care / Japan Auto Care of Orangevale" 9280 Reno Road, Orangevale, CA 95662. Filed with the Clerk of Sacramento County April 3, 2023  
Publish: April 21, 28, May 5, 12, 2023  
JAPAN 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02789**  
Elkhorn Bait and Tackle, LLC, 6745 20th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Elkhorn Bait & Tackle," 6745 20th Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County April 12, 2023  
Publish: April 21, 28, May 5, 12, 2023  
ELKHORN 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-01583**  
MRM Fast Transportation, 6020 Rutland Drive, Suite 20, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "MRM Fast Transportation" 6020 Rutland Drive, Suite 20, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 3, 2023  
Publish: April 21, 28, May 5, 12, 2023  
MRM 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02791**  
City Market Group, Inc., 6825 Greenback Lane, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "City Market," 6825 Greenback Lane, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County April 12, 2023  
Publish: April 21, 28, May 5, 12, 2023  
CITY 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02543**  
Midway Sales LLC, 737 Parkridge Drive, Galt, CA 95632 is doing business under the Fictitious Business Name(s) "Midway Sales," 737 Parkridge Drive, Galt, CA 95632. Filed with the Clerk of Sacramento County April 4, 2023  
Publish: April 21, 28, May 5, 12, 2023  
MIDWAY 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02671**  
Thomas Kevin Pace, 4065 Quarter Dome Circle, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "AP Delivery," 4065 Quarter Dome Circle, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County April 10, 2023  
Publish: April 21, 28, May 5, 12, 2023  
AP 5-12-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02931**  
Amanulloh Zazai, 3022 Stockton Boulevard, Suite 4, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Safa Halal Market" 3022 Stockton Boulevard, Suite 4, Sacramento, CA 95820. Filed with the Clerk of Sacramento County April 17, 2023  
Publish: April 28, May 5, 12 & 19, 2023  
SAFA 5-19-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02878**  
Pacific Charter Institute, 1401 El Camino Avenue, Suite 510, Sacramento, CA 95815 is do-

ing business under the Fictitious Business Name(s) "New Pacific School Rancho Cordova" 10710 Bear Hollow Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County April 14, 2023  
Publish: April 28, May 5, 12 & 19, 2023  
NEW 5-19-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02650**  
Garret Hicks, 5919 Garwood Court, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Goldriver Sheetmetal Fabrication" 11366 Amalgam Way, Unit F, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County April 7, 2023  
Publish: April 28, May 5, 12 & 19, 2023  
GOLDRIVER 5-19-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-0863**  
Michael W. Coon, 2141 Tiber River Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "MasterLab Wine Blending Workshops / Michael Corkery" 2141 Tiber River Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County April 14, 2023  
Publish: April 28, May 5, 12 & 19, 2023  
MASTERLAB 5-19-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02785**  
Aparna Ghosh, 10938 Tower Park Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Synergy Skincare" 10938 Tower Park Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County April 12, 2023  
Publish: April 28, May 5, 12 & 19, 2023  
SYNERGY 5-19-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02731**  
Maskell Media, Inc., 4240 China Hill Court, El Dorado, CA 95623 is doing business under the Fictitious Business Name(s) "ReLove Consignment" 1300 E Bidwell Street, Suite 125, Folsom, CA 95630. Filed with the Clerk of Sacramento County April 11, 2023  
Publish: April 28, May 5, 12 & 19, 2023  
RELOVE 5-19-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02800**  
Laurene Irons-Knox 5920 McLean Drive Elk Grove, CA 95757, and Erik Caswell, 7401 Spring Valley Road, Pollock Pines, CA 95726 is doing business under the Fictitious Business Name(s) "California Defensive Driving Solutions" 5920 McLean Drive Elk Grove, CA 95757. Filed with the Clerk of Sacramento County April 12, 2023  
Publish: April 28, May 5, 12 & 19, 2023  
CALIFORNIA 5-19-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-03042**  
Juan Sebastian Salamanca and Geopredy Salamanca 8558 Raffinato Court, Elk Grove, CA 95624 are doing business under the Fictitious Business Name(s) "G & J Auto Repair" 3282 Luyung Drive Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County April 19, 2023  
Publish: April 28, May 5, 12 & 19, 2023  
CALIFORNIA 5-19-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02709**  
3Chords Inc. 2041 Rosecrans Ave #245 El Segundo, CA 90245 is doing business under the Fictitious Business Name(s) "Epic Special Education Staffing" 2041 Rosecrans Ave #245 El Segundo, CA 90245. Filed with the Clerk of Sacramento County April 10, 2023  
Publish: April 28, May 5, 12 & 19, 2023  
EPIC 5-19-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02531**  
Alexander Wright 308 Canyon Terrace Lane, Folsom, 95630 is doing business under the Fictitious Business Name(s) "Trick Cards" 308 Canyon Terrace Lane, Folsom, 95630. Filed with the Clerk of Sacramento County April 4, 2023  
Publish: April 28, May 5, 12 & 19, 2023  
TRICKY 5-19-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02774**  
Yoong Tseng 9416 Dante Court, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Valley Meter Co" 4531 Orange Grove, Sacramento, CA 95841. Filed with the Clerk of Sacramento County April 11, 2023  
Publish: April 28, May 5, 12 & 19, 2023  
VALLEY 5-19-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02984**  
Raymundo A Orozco 6545 Park Riviera Way Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Orozco Handyman Service" 6545 Park Riviera Way Sacramento, CA 95831. Filed with the Clerk of Sacramento County April 19, 2023  
Publish: April 28, May 5, 12 & 19, 2023  
OROZCO 5-19-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02756**  
Wagner Family Industries, LLC 9064 Goldlocks Way, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Two Rivers Photography" 9064 Goldlocks Way, Sacramento, CA 95826. Filed with the Clerk of Sacramento County April 11, 2023  
Publish: April 28, May 5, 12 & 19, 2023  
WAGNER 5-19-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02929**  
Israr Khan Asar 2300 67th Avenue

Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Limo Black/ Cool Black" 9220 Greenback Lane, Orangevale, CA 95662. Filed with the Clerk of Sacramento County April 16, 2023  
Publish: April 28, May 5, 12 & 19, 2023  
LIMO 5-19-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-03139**  
WE Dispatching LLC, 11716 Brook Valley Way Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "WE Dispatching" 11716 Brook Valley Way Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County April 24, 2023  
Publish: May 5, 12, 19 & 26, 2023  
DISPATCHING 5-26-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-03158**  
Franchesca Carmena Pacrem, 7700 Wooddale Way Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Benevolent Care Home" 7700 Wooddale Way Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County April 24, 2023  
Publish: May 5, 12, 19 & 26, 2023  
BENEVOLENT 5-26-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-03099**  
Margo Scott 3759 Edington Drive, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "A Better Legal Aid Service" 3759 Edington Drive, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County April 21, 2023  
Publish: May 5, 12, 19 & 26, 2023  
BETTER 5-26-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02937**  
Yen N. Lieu D.M.D Inc. 2087 Arena Boulevard Suite #100 Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Orchid Dental Group" 2087 Arena Boulevard Suite #100 Sacramento, CA 95834. Filed with the Clerk of Sacramento County April 17, 2023  
Publish: May 5, 12, 19 & 26, 2023  
ORCHID 5-26-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-03125**  
Jonnie Ray Porter 5228 Lynnadeane Court Carmichael, CA 95660 is doing business under the Fictitious Business Name(s) "Porters Guides & Tours" 5228 Lynnadeane Court Carmichael, CA 95660. Filed with the Clerk of Sacramento County April 24, 2023  
Publish: May 5, 12, 19 & 26, 2023  
PORTERS 5-26-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-03081**  
Jung Muk Lim 3532 Nouveau Way Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Aqua Pulse Pool Care and Repair" 3532 Nouveau Way Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County April 20, 2023  
Publish: May 5, 12, 19 & 26, 2023  
AQUA 5-26-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02826**  
Christopher Shaw, 9686 Mill Pond Court, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "AC For Me. 9901 Horn Road Sacramento, CA 95827. Filed with the Clerk of Sacramento County April 13, 2023  
Publish: May 5, 12, 19 & 26, 2023  
CHRISTOPHER 5-26-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-03163**  
Qamar Nizam, 7568 Souffle Way Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Sansubgobal" 9146 East Stockton Boulevard, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County April 24, 2023  
Publish: May 5, 12, 19 & 26, 2023  
QAMAR 5-26-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-03201**  
Naser Aldin Allan, 7548 Linden Avenue, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "AID Locksmith" 2233 Watt Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County April 25, 2023  
Publish: May 5, 12, 19 & 26, 2023  
LOCKSMITH 5-26-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02822**  
Trung Nguyen, 9464 Brookmont Court, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Nail'D It Lounge" 1870 Prairie City Road. Filed with the Clerk of Sacramento County April 13, 2023  
Publish: May 5, 12, 19 & 26, 2023  
NAIL 5-26-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02879**  
Quality Right of Way Services LLC, 6612 Sutter Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "HL Consulting" 6612 Sutter Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County April 14, 2023  
Publish: May 5, 12, 19 & 26, 2023  
QUALITY 5-26-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02467**  
All American Operators, Inc. 2215 K Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "One Hour Air Conditioner

and Heating of Sacramento" 2215 K Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County April 3, 2023  
Publish: May 5, 12, 19 & 26, 2023  
AMERICAN 5-26-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-02654**  
Sam's Grill House LLC, 5925 Birdcage Center Lane #109, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Inferno Chicken" 5925 Birdcage Center Lane #109, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County April 7, 2023  
Publish: May 5, 12, 19 & 26, 2023  
INFERNO 5-26-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-03311**  
SQY Inc., 8732 Fruitridge Road #2 Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "SQY Autos Inc" 8732 Fruitridge Road #2 Sacramento, CA 95826. Filed with the Clerk of Sacramento County April 27, 2023  
Publish: May 5, 12, 19 & 26, 2023  
SQY 5-26-23



# No Criminal Charges Warranted for Homicide at Dahboy Way

**Sacramento Sheriff's Dept. News Release**

**SACRAMENTO COUNTY, CA (MPG) -** At approximately 8:45 A.M. on Monday, April 17, 2023, Sacramento County Sheriff's deputies responded to a residence on Dahboy Way in Orangevale regarding a family disturbance. The caller said their 36-year-old son-in-law was vandalizing the family's home and vehicles. Additionally, the caller confirmed that the son-in-law did not live at the residence.

When confronted by neighbors, the son-in-law told neighbors he was trying to kill himself. As the son-in-law's aggression escalated, the caller and his family retreated inside their home and stayed on the phone with 9-1-1.

The son-in-law continued throwing

rocks through windows and forced entry into the residence. Fearing for the safety and welfare of those inside, a household member shot the son-in-law. Deputies arrived on scene moments later and began life-saving measures, simultaneously requesting the fire department to enter the scene. They began life-saving measures as the fire department arrived, but the victim was pronounced deceased at the scene.

Sheriff's Homicide Detectives and Crime Scene Investigators responded to the scene a short time later, interviewed witnesses, and gathered evidence. Based on their investigation, Sheriff's Homicide detectives determined that no criminal charges were warranted.

The Sacramento County Coroner's Office will identify the deceased subject. ★

# Defendants Sentenced for No-Body Revenge Murder

**Sacramento County DA News Release**

**SACRAMENTO COUNTY, CA (MPG) -** On April 28, 2023, the Honorable James Arguelles sentenced Robert Manor and Victor Merle Gray to life in prison without the possibility of parole. On March 17, 2023, Manor and Gray were convicted by a jury of the first-degree murder of Raymond Wright, with the special circumstance that the murder was committed during the commission of a kidnapping. Manor and Gray were also convicted of kidnapping for ransom causing death.

In 2011, the victim was a DUI driver and caused a collision in which Robert Manor and his wife were seriously injured. The victim was prosecuted for felony DUI by the Sacramento County District Attorney's Office. The victim served his time and completed his probation. However, Manor held a grudge against the victim for years and put his plan for revenge into motion in 2018.

The victim was a resident of Rocklin, California. On January 11, 2018, the victim mysteriously disappeared. Concerned family members checked the victim's Rocklin home and a shop he rented in Rio Linda. When the victim remained missing, the search extended statewide. On January 13, 2018, the victim's brother encountered a strange man inside the victim's home and called the police. The man ran out

of the house, but a soda cup filled with a fresh drink was found in the kitchen. The straw from the cup was tested for DNA and uploaded to the CODIS database.

On January 27, 2018, Victor Gray was under the influence and led CHP on a high-speed chase. The chase ended in a crash, which caused injuries to innocent victims. Gray's van was towed from the scene. When the van was searched, a blood-soaked raincoat, the victim's wallet and other property belonging to the victim were found inside. Much of the property was charred and the blood on the raincoat matched the victim's DNA. Further investigation revealed a letter from Gray to Manor complaining about not being paid for "delivering dude" and asked Manor to take care of the person "who hand delivered you your revenge." Other evidence also linked Manor to the revenge killing and the hiring of Gray to kidnap the victim from his shop in Rio Linda. The DNA uploaded to CODIS then returned a full profile match to Victor Gray, who was a prior felon.

Raymond Wright's body has never been found.

The investigation in this case was led by the Placer County District Attorney's Office, the Rocklin Police Department with the involvement of many other regional law enforcement agencies as well as the Sacramento County District Attorney's Office. ★

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**ORDER TO SHOW CAUSE CHANGE OF NAME**

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2023-00337626

Cynthia Lee Cowin has filed a petition with this court for a decree changing the name(s) of Cynthia Lee Cowin to Cindy Lee Cowin.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 22, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 10, 2023  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: April 21, 28, May 5, 12, 2023  
 CYNTHIA 5-12-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2023-00337677

Manuel Alvarado Sanz and Lupita Sanz de Alvarado have filed a petition with this court for a decree changing the name(s) of Manuel Gael Alvarado Sanz to Manuel Alvarado and Lupita Sanz de Alvarado to Lupita Alvarado Sanz.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 27, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 11, 2023  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: April 21, 28, May 5, 12, 2023  
 MANUEL 5-12-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2023-00337557

Keyoni Toussaint Fredrick Lee Buitrago Jr. has filed a petition with this court for a decree changing the name(s) of Keyoni Toussaint Fredrick Lee Buitrago Jr. to Keyoni William Robison.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 26, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 7, 2023  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: April 21, 28, May 5, 12, 2023  
 KEYONI 5-12-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2023-00334923

Hailey Avery Wyley has filed a petition with this court for a decree changing the name(s) of Hailey Avery Wyley to Hailey Avery Lobo.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 1, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: February 17, 2023  
 Richard K. Sueyoshi, Judge of

the Superior Court  
 Publish: April 21, 28, May 5, 12, 2023  
 HAILEY 5-12-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2023-00336994

Vincente Victor Gonzalez has filed a petition with this court for a decree changing the name(s) of Vicente Victor Gonzalez to Vicente Gonzalez Ram.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 13, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: March 24, 2023  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: April 28, May 5, 12 & 19, 2023  
 VINCENTE 5-19-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2023-00337934

Simritjit Kaur Sheehan has filed a petition with this court for a decree changing the name(s) of Simritjit Kaur Sheehan to Sima Mann Sheehan.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 6, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 17, 2023  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: April 28, May 5, 12 & 19, 2023  
 SIMRITJIT 5-19-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2023-00337953

Michael Christopher Smith-Gonzales has filed a petition with this court for a decree changing the name(s) of Michael Christopher Smith-Gonzales, aka Michael Christopher Smith to Michael Christopher Gonzales.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 3, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 19, 2023  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: April 28, May 5, 12 & 19, 2023  
 MICHAEL 5-19-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2023-00336730

Laurel Elizabeth Chillingworth has filed a petition with this court for a decree changing the name(s) of Laurel Elizabeth Chillingworth to Laurel Elizabeth Dein.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 7, 2023, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: March 23, 2023  
 Christopher E. Krueger, Judge of

the Superior Court  
 Publish: May 5, 12, 19 & 26, 2023  
 LAUREL 5-26-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2023-00337951

Heru Montu Ra El has filed a petition with this court for a decree changing the name(s) of Heru Montu Ra El to El Prince Heru Montu Bey.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 3, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 18, 2023  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: May 5, 12, 19 & 26, 2023  
 HERU 5-26-23

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2023-00337935

Stephanie Lee on behalf of Kyle Connor Fatta has filed a petition with this court for a decree changing the name(s) of Kyle Connor Fatta to Kyle Connor Lee.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 3, 2023, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 17, 2023  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: May 5, 12, 19 & 26, 2023  
 STEPHANIE 5-26-23

**NOTICE OF PETITION TO ADMINISTER ESTATE**

NOTICE OF PETITION TO ADMINISTER ESTATE OF JOHNNIE L FECHNER  
 CASE NO. 34-2022-323267

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Johnnie L. Fechner, Johnnie Fechner.

A Petition for Probate has been filed by Marie Baldwin, in the Superior Court of California, County of Sacramento, requesting Marie Baldwin be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

A hearing on the petition will be held in this court as follows May 18, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months

from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Petitioner is: Marie Baldwin, 6315 W 6th Street, Sacramento, CA 95673; 916-821-4069  
 Publish: April 21, 28, May 5, 2023  
 JOHNNIE 5-5-23

**NOTICE OF PETITION TO ADMINISTER ESTATE OF ELIZABETH LUCAS**  
 CASE NO. 34-2023-00337561

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Elizabeth Lucas.

A Petition for Probate has been filed by Alexi Cuca, in the Superior Court of California, County of Sacramento, requesting Alexi Cuca be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows August 29, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the

hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Attorney for Petitioner is: Soohyun King, Garafola King & McCardle, LLP, 7801 Folsom Blvd., Ste 109, Sacramento, CA 95826; 916-794-3003  
 Publish: April 28, May 5 & 12, 2023  
 LUCAS 5-12-23

**SUMMONS**

IN THE SUPERIOR COURT OF THE STATE OF ARIZONA IN AND FOR THE COUNTY OF PINAL  
 CASE NO. S1100D02  
 #202201964

HONORABLE: KAREN F. PALMER  
 Craig David Lannak, Petitioner, vs.  
 Gina Marie Ventresca, Respondent

**WARNING:** This is an official document from the court that affects your rights. Read this carefully. If you do not understand it, contact a lawyer for help.

FROM THE STATE OF ARIZONA TO: Gina Marie Ventresca

1. A lawsuit has been filed against you. A copy of the lawsuit and other court papers are served on you with this "Summons."

2. If you do not want a judgment or order taken against you without your input, you must file an "Answer" or a "Response" in writing with the court and pay the filing fee. If you do not file an "Answer" or "Response" the other party may be given the relief requested in his/her Petition or Complaint. To file your "Answer" or "Response" take, or send, the "Answer" or "Response" to the Office of the Clerk of the Superior Court, 971 Jason

Lopez Circle Bldg. A, Florence, Arizona, 85132 or PO Box 2730, Florence, Arizona, 85132-2730; or any satellite office. Mail a copy of your "Response" or "Answer" to the other party at the address listed on the top of this Summons.

3. If this "Summons" and the other court papers were served on you by a registered process server or the Sheriff, within the State of Arizona, your "Response" or "Answer" must be filed within TWENTY (20) CALENDAR DAYS from the date you were served, not counting the day you were served. If this "Summons" and the other papers were served on you by a registered process server or the Sheriff outside the State of Arizona, your Response must be filed within THIRTY (30) CALENDAR DAYS from the date you were served, not counting the day you were served. Service by a registered process server or the Sheriff is complete when made. Service by Publication is complete thirty (30) days after the date of the first publication.

4. You can get a copy of the court papers filed in this case from the Petitioner at the address at the top of this paper, or from the Clerk of the Superior Court at the address listed in Paragraph 2 above.

5. If this is an action for dissolution (divorce), legal separation or annulment, either or both spouses may file a Petition for Conciliation for the purpose of determining whether there is any mutual interest in preserving the marriage or for Mediation to attempt to settle disputes concerning Legal Decision-Making and parenting time issues regarding minor children.

6. Requests for reasonable accommodation for persons with disabilities must be made to the office of the judge or commissioner assigned to the case, at least five (5) days before your scheduled court date.

Given Under My Hand and Seal of the Court  
 Rebecca Padilla, Clerk of the Superior Court  
 /s/ Aubrey Kendall, Deputy Clerk  
 Filed: December 20, 2022  
 Publish: April 28, May 5, 12 & 19, 2023  
 GLOVER 5-19-23

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## CITY OF CITRUS HEIGHTS NOTICE OF PROPOSED ORDINANCES

ORDINANCE NO. 2023-003

**AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF CITRUS HEIGHTS AMENDING VARIOUS SECTIONS OF CHAPTER 106 OF THE CITRUS HEIGHTS MUNICIPAL CODE (ZONING CODE SECTION)**

The foregoing is a summary of an ordinance proposed to be adopted by the City Council of the City of Citrus Heights at its meeting of May 11, 2023.

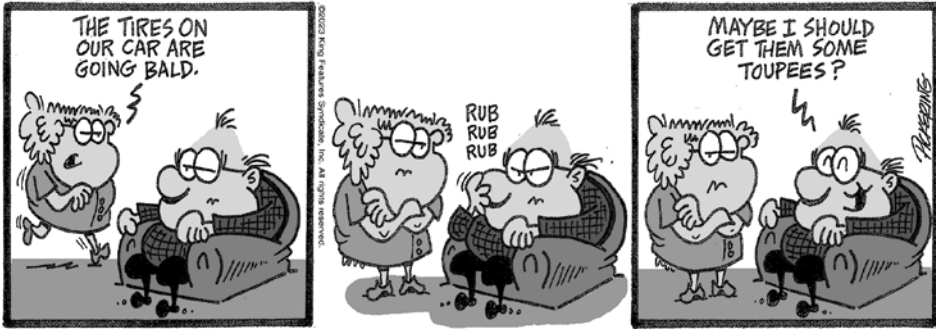
On occasion, refinements to the Zoning Code are necessary to clarify existing standards, implement new ones, reflect changes in law, and address changing business types and their activities. Staff proposes to modify various sections of the Zoning Code to implement necessary refinements. The updates include revisions to sections pertaining to accessory dwelling units, density bonuses, and a variety of other amendments.

The full text of the proposed ordinance is available in the City Clerk's Office, 6360 Fountain Square Drive, Citrus Heights, CA 95621, (916) 727-4704 or www.citrusheights.net.

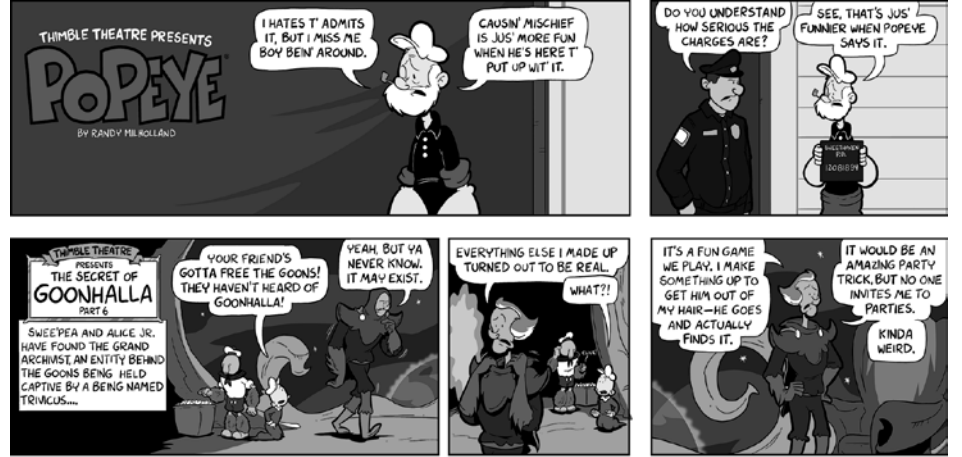
Amy Van  
 City Clerk

# COMICS & PUZZLES

## The Spats



by Jeff Pickering



## Amber Waves



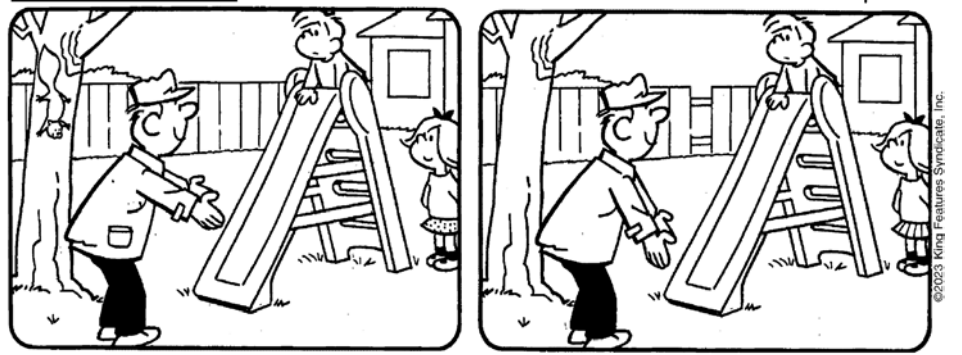
by Dave T. Phipps

## Out on a Limb



by Gary Kopervas

## HOCUS-FOCUS



BY HENRY BOLTINOFF

Find at least six differences in details between panels.

## TIGER



by BUD BLAKE

## GRIN and BEAR IT



Just Like Cats & Dogs by Dave T. Phipps

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- Poet's concern
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- Handrail post
- "Lionel Jefferson's mom"
- "Keith and Laurie Partridge's mom"
- Watson's, Crick's and Franklin's concern, acr.
- Big-ticket
- #38 Down follower
- Potter's oven
- Get by
- Wyatt Earp's card game
- Wooden pegs
- Measuring tool with a bubble
- Copycat
- All-season
- Like certain people's glasses
- The Great Muppet
- 1 year older than frosh
- Treat without respect
- "Samantha Stephens' mom"
- Four Corners state
- Unidentified Jane
- Summit location
- Like tuna tartare
- "Rory Gilmore's mom"
- "Hilary and Carlton Banks' mom"
- Motionless
- Actress Thompson
- Island off Manhattan
- Skeleton, archaic
- Lt.'s subordinate
- Yemen's neighbor
- Marines' toy recipients
- Banned insecticide, acr.
- Nostrils

**DOWN**

- Basin, without vowels
- Last piece of a loaf
- Lowest female singing voice
- Evis's blue shoes
- Harrison Ford or Jason Segel in "Shrinking"
- Bud holder
- \*Rhoda Morgenstern's mom
- "That is" in Latin
- Wedding cake layer
- Famous Allen Ginsberg poem
- Away from wind
- Skilled in deception
- G. Orwell's "Farm"
- Valentine, e.g.
- Bottom line?
- Inner circle
- Old enough (2 words)
- Neutered rooster
- Influencer's creation
- \*Meg, Chris and Stewie Griffin's mom
- Egghead
- "like the plague"
- Canvas primer
- \*Alex and Mallory Keaton's mom
- Pasta option
- Virgo and Libra mo.
- Lewis, Lamb Chop puppeteer
- By word of mouth
- What catastrophe and ratatouille have in common
- Wear (2 words)
- Treated with EV00
- \*Pebbles Flintstone's mom
- Law school entry requirement, acr.
- First name palindrome
- Civil disorder
- They're on Freddy's street
- Widespread
- Relating to armpit
- 3 squared
- Tight one in football
- Bro's counterpart

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# KP International MARKET

10971 Olson Drive  
Rancho Cordova, CA 95670  
916.853.8000

Market: 9 Days 9am-9pm  
Food Court: 9 Days 11am-2:30pm  
Korean/Mex/Viet: 2:30pm to 5:30pm  
Chinese/Japanese: 5:00pm to 8:00pm

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Fuji Apple 69¢/lb	Mexican Papaya 79¢/lb	Key Lime 2 LB \$2.99/bag	Mini Watermelon 2/\$5.00
Avocado Bag 2 LB \$2.79/bag	Shitake Mushroom \$4.99/lb	Yellow Onion 3 LB 2/\$3.00	Korean Singo Pear 3 CT \$6.99/ea

## AMERICAN/HISPANIC GROCERY

Twinkles \$12.99/ea	Twinkles \$3.99/ea	Twinkles \$1.99/ea	Twinkles \$1.59/ea	Twinkles \$7.99/ea
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## ASIAN GROCERY

Super Q Corn Starch \$1.69/ea	Doti Puri Vinegar \$1.99/ea	Honey Bee Young Coconut Juice 2/\$3.00	Dynasty Premium Sesame Oil \$6.49/ea	Keval Apt Instant White Coffee \$3.99/ea
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## EUROPEAN GROCERY

Lekker Water \$2.99	River Sport \$2.39	Viola Processed Cheese Spread \$3.19	Smucker's Apples \$2.99	Keval Gold \$3.29
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## KOREAN/JAPANESE GROCERY

Coated White Rice \$13.99/ea	Kang Chon Kim \$2.99/ea	Protein Bar \$6.99/ea	Nagasaki Taro Chips \$4.99/ea	Pala Juice \$6.99/ea	Scrapie Soy Sauce \$6.99/ea
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## HOUSEWARES

HAIR DARKENING SHAMPOO \$19.99	ELECTRIC BBQ GRILL \$39.99
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## FROZEN & FISH DEPT

Oceankist Yellow Croaker 3 lbs \$8.99/ea	Azuma Calamari Salad 12 oz \$5.99/ea
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## WEEKLY MEAT SPECIALS

Beef Rump/Bottom Round Roast - Bnls \$3.99/lb	Beef T-Bone Steak \$4.99/lb	Beef Porterhouse Steak \$5.49/lb
Pork St. Louis Rib - Single Pack \$2.99/lb	Pork Butt Bone In \$1.59/lb	Pork Tenderloin \$2.99/lb

## FROZEN & FISH DEPT

Breaded Shrimp 10 pcs \$3.99/ea	Belmond German Ham \$5.49	Olive Medley \$4.09
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## EUROPEAN DELI

Village Style Ham \$5.69	Mixed Olive Salad \$4.69
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Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE MAY 03 - MAY 09, 2023.

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Limit: 1 Coupon Per Family CHM

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<h3>BLUE BUFFALO DRY DOG FOOD</h3> <p>30 Lb Bag Limit 2 Bags</p> <ul style="list-style-type: none"> <li>•Chicken (Regular &amp; Large Breed)</li> <li>•Fish &amp; Oatmeal •Puppy (Reg &amp; Large Breed)</li> <li>•Senior (Reg &amp; Lrg Breed)</li> <li>•Lamb &amp; Rice</li> <li>•Weight Control (Reg &amp; Lrg Breed)</li> </ul> <p><b>\$5 OFF</b></p> <p>Our Regular Prices!</p> <p>Effective 5/3/23 - 5/9/23</p>	<h3>PRO-PLAN DRY DOG FOOD</h3> <p>30-35 Lb Bag</p> <ul style="list-style-type: none"> <li>•Chicken &amp; Rice •Beef &amp; Rice</li> <li>•Weight Control •Sensitive Skin &amp; Stomach •Performance</li> </ul> <p>Limit 2 Bags per Family</p> <p><b>\$5 OFF</b></p> <p>OUR REGULAR PRICES!</p> <p>Effective 5/3/23 - 5/9/23</p>	<h3>NATURAL BALANCE DRY DOG FOOD</h3> <ul style="list-style-type: none"> <li>•Potato &amp; Duck 22 Lbs</li> <li>•Chicken &amp; Brown Rice 24 Lbs</li> <li>•Salmon &amp; Brown Rice 24 Lbs</li> </ul> <p>Limit 2 Bags Per Family</p> <p><b>\$10 OFF</b></p> <p>Our Regular Prices</p> <p>Effective 5/3/23 - 5/9/23</p>	<h3>MERRICK'S GRAIN FREE DRY DOG FOOD</h3> <ul style="list-style-type: none"> <li>•Chicken/Sweet Potato •Duck/Sweet Potato</li> <li>•Bison/Beef/Sweet Potato •Samon/Sweet Potato</li> <li>•Texas Beef/Sweet Potato</li> </ul> <p>22 Lb Bag Limit 2 Bags Per Family</p> <p><b>\$5 OFF</b></p> <p>OUR REGULAR PRICES!</p> <p>Effective 5/3/23 - 5/9/23</p>
<h3>FRISKIES BUFFET CANNED CAT FOOD</h3> <p>5.5 Oz Selected Varieties</p> <p>Limit 2 Cases Per Family</p> <p><b>ON SALE Everyday</b></p> <p>Effective 5/3/23 - 5/9/23</p>	<h3>FUSSIE CAT PREMIUM CANNED CAT FOOD</h3> <p>2.8 Oz. •Black Label •Gold Label</p> <p>Limit 2 Cases Per Family</p> <p><b>ON SALE</b></p> <p>Effective 5/3/23 - 5/9/23</p>	<h3>TIDY CATS SCOOPABLE CAT LITTER</h3> <p>20 Lb Jug</p> <ul style="list-style-type: none"> <li>•Regular •Unscented</li> </ul> <p>Limit 2 Jugs Per Family</p> <p><b>ON SALE</b></p> <p>Effective 5/3/23 - 5/9/23</p>	<h3>HI-COUNTRY WILD BIRD SEED</h3> <p>20 Lb Bag (Kaytee, 20 Lbs - \$10.99) (Audubon Friends, 20 Lbs - \$9.99)</p> <p>Limit 2 Bags Per Family</p> <p><b>\$9.99</b></p> <p>Effective 5/3/23 - 5/9/23</p>

<h3>WELLNESS CANNED CAT FOOD</h3> <p>•Pate •Gravy Selected Varieties. Also •Signature Select •Core 5.3 Oz Can Limit 1 Case</p> <p><b>15% OFF</b></p> <p>OUR REGULAR PRICES</p>	<h3>EVERCLEAN PREMIUM CAT LITTER</h3> <p>•ES Unscented •US Ever Fresh 25 Lb. Box Limit 2 Boxes</p> <p><b>\$15.99</b></p>	<h3>WELLNESS CANNED DOG FOOD</h3> <p>Natural 12.5 Oz Full Case 15% OFF</p> <p>•Regular •Stew •Core Limit 2 Cases</p> <p>OUR REGULAR PRICES</p>	<h3>FRESH STEP CAT LITTER</h3> <p>21 Lb Bag (14 Lb Bag - \$5.49)</p> <p><b>\$7.49</b></p>
<h3>PESTELL CLUMPING CAT LITTER</h3> <p>40 Lb. Bag Limit 2 Bags</p> <p><b>\$10.99</b></p>	<h3>ORIJEN Entree In Bone Broth ACANA Premium Pate</h3> <p>3 Oz Can Limit 2 Cases</p> <p><b>20% OFF</b></p> <p>OUR REGULAR PRICES</p>	<h3>KAL KAN CESAR DOG FOOD</h3> <p>All Varieties 3.5 Oz Limit 1 Case</p> <p><b>\$1.29</b></p>	<h3>MILK-BONE DOG BISCUITS</h3> <p>Large 10 Lb Box \$13.99</p> <p>Flavor Snacks 7 Lb Box \$11.99</p>
<h3>IAMS DRY DOG FOOD</h3> <p>•Mini Chunk •Large Breed •Lamb &amp; Rice •Weight Control 30 Lb Bag Limit 2 Bags</p> <p><b>\$42.99</b></p>	<h3>KAL KAN CESAR DOG FOOD</h3> <p>All Varieties 3.5 Oz Limit 1 Case</p> <p><b>\$1.29</b></p>	<h3>CHICKEN SOUP FOR THE SOUL CANNED FOOD SALE</h3> <p>Dog Cans 13.2 Oz (Reg &amp; Grain Free) Cat Cans (5.5 Oz) Limit 1 Case Selected Varieties</p> <p><b>10% OFF</b></p> <p>OUR REGULAR PRICES!</p>	<h3>ÖKOCAT CLUMPING CAT LITTER</h3> <p>•Regular •Soft Step 11-12 Lb 16.7 lb \$13.99 19.8 lb \$19.99</p> <p>Dust Free 12.3 lb \$19.99</p>

<h3>GREENIES DOG TREATS</h3> <p>12 Oz Value Pack</p> <ul style="list-style-type: none"> <li>•Chewy Texture • Easy to Digest •Teeny (42 Ct) •Reg (12 Ct) \$14.99</li> <li>•Regular 12 oz •Petite (20 Ct) •Large (8 Ct)</li> </ul> <p>Limit 2 Bags Per Family</p>	<h3>MARINELAND POWER FILTER SALE</h3> <table border="1"> <tr> <th>MODEL</th> <th>TANK SIZE</th> <th>PET CLUB SALE</th> </tr> <tr> <td>PENGUIN 100B</td> <td>20 Gal.</td> <td>\$24.99</td> </tr> <tr> <td>PENGUIN 150B</td> <td>30 Gal.</td> <td>\$33.99</td> </tr> <tr> <td>PENGUIN 200B</td> <td>50 Gal.</td> <td>\$40.99</td> </tr> <tr> <td>PENGUIN 350B</td> <td>75 Gal.</td> <td>\$55.99</td> </tr> </table>	MODEL	TANK SIZE	PET CLUB SALE	PENGUIN 100B	20 Gal.	\$24.99	PENGUIN 150B	30 Gal.	\$33.99	PENGUIN 200B	50 Gal.	\$40.99	PENGUIN 350B	75 Gal.	\$55.99
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<h3>ROSY'S ORGANICALLY GROWN KITTEN GRASS</h3> <p>•Single Tub</p> <p><b>\$2.99</b></p>	<h3>PET CLOTHING SALE</h3> <p>•Fashion Brand •Outdoor Dog •Sweaters •Raincoats •Coats •Vests</p> <p><b>20% OFF</b></p> <p>OUR SUPER LOW PRICES!</p>															
<h3>BAGS ON BOARD WASTE PICK UP BAGS</h3> <p>•Refills •Hand Armor •Dispenser •Green Pups</p> <p><b>20% OFF</b></p> <p>OUR SUPER LOW PRICES</p>	<h3>PET SAFE Sport Harnesses</h3> <p>All Sizes</p> <p><b>20% OFF</b></p> <p>OUR SUPER LOW PRICES</p>															

<h3>BONUS COUPON FANCY FEAST GOURMET CANNED CAT FOOD</h3> <p>3 Oz - All Varieties Except Elegant Medley Limit 1 Case Per Family Limit One Coupon Per Family Price Valid Only With Coupon Effective 5/3/23 - 5/9/23</p> <p><b>ON SALE Everyday</b></p> <p>CHM PLU 361</p>	<h3>BONUS COUPON JONNY CAT PREMIUM CAT LITTER</h3> <p>10 Lb Bag Limit 2 Bags Per Family Limit One Coupon Per Family Price Valid Only With Coupon Effective 5/3/23 - 5/9/23</p> <p><b>\$2.79</b></p> <p>CHM PLU 365</p>	<h3>BONUS COUPON WHISKAS TEMPTATIONS CAT TREATS</h3> <p>•All Varieties 3 Oz. Limit 2 Pkgs With Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 5/3/23 - 5/9/23</p> <p><b>\$2.19</b></p> <p>CHM PLU 569</p>
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# How Does Wildfire Smoke Impact Pregnancy and Children?

**UC Davis Health Press Release**

**SACRAMENTO, CA (MPG)** - How does exposure to wildfire smoke affect pregnant people and their developing babies? UC Davis Health researchers hope to answer that question, thanks to a new two-year, \$1.35 million grant from the Environmental Protection Agency.

The study is led by molecular epidemiologist Rebecca J. Schmidt, an associate professor in Public Health Sciences, and Miriam Nuño, a professor in the Division of Biostatistics.

The researchers are gathering birth and health records as well as data about wildfire smoke exposure in California. They'll look for links between pollution from wildfire smoke and low birth weight, developmental delays, and autism.

The team is also partnering with regional organizations to educate underserved communities about the impact of smoke and provide strategies to reduce exposure.

"This is a California study, but the whole country is being exposed to wildfire smoke," explained Schmidt, who is also a faculty member at the UC Davis MIND Institute, the Perinatal Origins of Disparities (POD) Center, and the Environmental Health Sciences Center. "It's important to find out what the real concerns during pregnancy may be, including perhaps at what times during pregnancy we need to have moms be the most careful about their exposure."



**How Does Wildfire Smoke Impact Pregnancy and Children? Researchers awarded \$1.35 million EPA grant to study impact of wildfire smoke on pregnancy, health, and development.** Image by Saiho from Pixabay.

Schmidt has a history of studying the impacts of wildfire smoke on pregnancy and children. Her previous research involved collecting hair, blood and other samples from pregnant people and newborns. Her findings from that study will complement this new work.

Collecting data on smoke exposure, births, and health

Wildfire seasons are becoming longer and more severe. It is estimated that wildfire smoke is linked to 339,000 premature deaths each year worldwide.

In California, such massive wildfires like the Camp, Caldor and Dixie fires have affected both urban and rural areas, hundreds of thousands of pregnant people have been

exposed to wildfire smoke.

"Studies have shown associations between wildfire smoke and lower birth weight or preterm birth, which are linked to later health outcomes," Schmidt said.

The study has four areas of focus:

Find out which areas of California were exposed to the most wildfire air pollution; Study wildfire smoke exposures before pregnancy and during each trimester of pregnancy; Researchers will look at these in relation to birth weight and gestational age as well as factors like neighborhood and local environment;

Explore associations between wildfire smoke exposure and autism and developmental delays;

Work with community partners to share research results and tools to help reduce smoke exposure in vulnerable populations.

"Our first step is to see who has the greatest exposures to these repeated wildfire events," Schmidt explained. "Then we'll look at how that varies by factors such as race, ethnicity, rural versus urban location, poverty level and exposure to other pollutants."

The study will include all people born in California between Jan. 1, 2000, and Dec. 31, 2021, roughly 11 million births. However, when looking at autism and developmental delays, researchers will only include people over 3 years of age by the end of 2021. Autism diagnosis

is typically more reliable after this age.

Researchers will use state birth records, historical air monitor readings and health records from the California Department of Developmental Services.

**Empowering vulnerable populations**

The study aims to identify vulnerable populations where people are exposed not only to wildfire smoke but also to other pollution and pesticides and have less access to health care.

"Even though we are all exposed to wildfire smoke, we all have different risks," explained Nuño. "If you have can work from home versus having an outdoor job, this is where these differences really manifest."

The researchers are

partnering with the March of Dimes, Empower Yolo and the Knights Landing One Health Center, which provides health care in the rural Central Valley community.

Together, they'll deliver their findings and strategies for reducing exposure to wildfire smoke to underserved communities. This will include providing the materials and training to help people make Corsi-Rosenthal Air Boxes. This is a low-cost filtration system that's been shown to be effective at removing particulates from indoor air. Creator Richard L. Corsi, dean of the UC Davis College of Engineering, is a partner on the project.

"This project will advance solutions to challenges lying at the intersection of climate change and environmental justice, both here in California and in communities around the country," said EPA Pacific Southwest Regional Administrator Martha Guzman. "Advancing scientific research that helps protect public health and the environment is central to EPA's mission and this project will have lasting results for years to come."

Environmental justice is a major focus, notes Nuño, who is also the interim director of the Center for Healthcare Policy and Research.

"Pregnant women are stressed about the impact of wildfires, especially those who are more vulnerable. Justice calls for empowering these women with this information," she said. ★



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