



Faith Christian Academy Witnesses Miracle in a Month

PAGE 2

We Can Do It - Together! Inspiring Girls in STEM

PAGE 12



Citrus Heights Messenger

VOLUME 12 • ISSUE 36

Serving the City of Citrus Heights & Sacramento County

SEPTEMBER 9, 2022

SEE INSIDE

FALAFEL CORNER OPENS



PAGE 3

VOTE NO ON PROP. 31



PAGE 8

DEMS OPTIMISTIC ABOUT FALL'S MIDTERM ELECTIONS



PAGE 6



Scan our QR Code for a direct link to our online edition!

PRESORTED STD. US POSTAGE PAID PERMIT 350 Carmichael, CA OR CURRENT POSTAL CUSTOMER

A Touch of Hawaii



"Dancer Kōnane Solive a member of Ka Pa Hula O Ha'aheo, performing a story in dance to the music of "Nativ Sun."

Story by Elise Spleiss Photos courtesy of Ryan Grant Photography

CITRUS HEIGHTS, CA (MPG) - The entire evening was truly one of 'Ohana' or 'family' for the 100 guests, plus volunteers and entertainers at the Veterans Community Center the evening of August 28. Months of planning and preparation with great attention to detail went into every aspect of the evening to be sure each guest felt a warm Hawaiian breeze and all that goes along with the traditional hula celebration. All the work that went into the event was evident from the moment guests entered the outdoor area set up behind the old Sylvan School House. No tropical leaves were left unturned, creating a true sense of family for the event.



Hau'oli Pangilinan (left) and Malie Bravo (right).

The evening opened with the Presentation of Colors by local Scout Troop 215, Pledge of Allegiance, and the National Anthem sung by Daniel Grant. A prayer was offered by Pastor Brad Gunter.

A Hawaiian BBQ buffet with side dishes, dessert and elegant flavored

water set the tone for the entertainment which lasted into the evening. For the second year (since 2019) entertainment was provided by the music of 'Nativ Sun' accompanied by traditional Hawaiian dancing by Ka Pa Hula Kalama O Ha'aheo based out of Davis. Several guest dancers heard about the event and came from around the area to participate. As the dancers performed, Marc Asuncion gave a short lesson on the art of hula for a better appreciation of its beauty. As is custom, members of the audience joined in for a couple of quick hula lessons throughout the evening, to the delight of the audience.

The tempo picked up later in the evening as a Tahitian dance element was added with heavy drumming and faster dancing. "A good time was had

Continued on page 14

SJUSD Begins Selection for Next Superintendent

SJUSD News Release

SACRAMENTO REGION, CA (MPG) - The San Juan Unified School District Board of Education announced at its meeting on August 23, 2022, that the district will conduct an internal search for its next superintendent of schools. The process kicks off with an opportunity for students, families, community members and staff to share their hopes for the district's future. The board hopes to conclude the selection process and ask the chosen candidate to assume the superintendent's position as of Jan. 1, 2023. A full timeline and overview of the process can be found at www.sanjuan.edu/superintendent.

"Our schools and our district have a lot to take pride in," said Board of Education President Michael McKibbin. "As a board, we feel it is essential that our next superintendent be able to build upon our strengths to help us address our areas of opportunity. As we continue our journey toward more equitable education, deliver on more than \$100 million in specialized programs to address learning loss and the challenges of the pandemic, and continue to implement the work called out in our Local Control Accountability Plan, we must have a leader who understands where we are and has the ability to help us grow."

To help inform the board in its selection process, members of the district's community are invited to share input in two ways. The first is online via a Thoughtexchange which offers a chance for participants to share their own thinking but also see what others are sharing. The exchange will be open from Aug. 24 through Sept. 9. The second method is via community forums being held on Sept. 8 at four physical locations as well as one online session. Additional outreach will be conducted with district committees and student groups.

Applications will be open to any current San Juan Unified employee beginning Sept. 1 with a closing date of Sept. 15. The board anticipates interviews taking place the week of Sept. 19.

"In looking at the superintendent selection processes recently in other districts and the history of success for those hired it becomes clear that stability of leadership is vital.

Continued on page 5

New CSL Plasma Center to Open



Interior work being conducted on the new plasma center at the former Dimples Records store at 7830 Macy Plaza Drive in Citrus Heights.

Story and photos by Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) - Construction of a new plasma donation center has begun on the site of the former Dimples Records store at 7830 Macy Plaza Drive in Citrus Heights located across the street from Target and adjacent to

the Dollar Tree store. "We hope to open within the next year; however, it is too early to comment on a more specific timeline," said Rhonda Sciarra, director of communications for CSL Plasma, headquartered in Boca Raton, Florida. CSL Plasma is a division of CSL Behring, a global

biotech leader headquartered in King of Prussia, Pennsylvania. The company operates more than 300 CSL Plasma collection centers across the U.S. and overseas, according to its website. Interior work on the new plasma center began in late August. The 10,000 square foot commercial

building, built in 2005, had been vacant since September 2019 when the Sacramento-based independent Dimples Records chain closed all its retail stores. The building received an extensive exterior refresh with added parking spaces earlier this year in

Continued on page 4

Read More at www.CitrusHeightsMessenger.com

Faith Christian Academy Witnesses Miracle in a Month

Story and photo by Ruth N. Morse

CITRUS HEIGHTS, CA (MPG) - Thursday evening, September 1, 2022, a Grand Opening was celebrated at the former Citrus Heights United Methodist Church for the start of the school year on September 6th. The Methodist Church property will now be used as a second campus for Faith Christian Academy which is located just down the street. Faith Christian Academy is associated with the First Apostolic Church. In a community effort of work and donations, the Methodist Church has been restored from its days of broken windows, trash and neglect.

For the Grand Opening, many showed up to celebrate the refurbished facility. All the rooms and chapel were open for touring. In attendance were congregants of the First Apostolic Church, students, parents, teachers and the local community. Everyone was pleased with the progress made on the once-abandoned property at 7833 Highland Avenue. Students and parents love the Faith Christian Academy which has grades Kindergarten through 8th grade. The academy provided free bottles of cold water, hot dogs and snowcones from a custom food truck, Snowie Shaved Ice. The change for the Methodist Church was the brainchild of Pastor Kenneth Sullivan of the First Apostolic Church and Principal James Champlain of the Faith Christian Academy. They noticed the former Methodist Church was abandoned and boarded



Open House attendees visit and explore the site of the new Faith Christian Academy campus at the former Citrus Heights United Methodist Church.

up. The church had declined in membership over the years since its inception in 1961 and had been vacant for two years before Sullivan and Champlain were able to lease the property with an option to buy at the end of this school year. Principal Champlain spoke about the process. First, he tracked down the owner of the property. This was the California-Nevada Conference of the United Methodist Church. After an agreement was made with the Conference for the eventual transfer of the property, the community work began to bring the abandoned and vandalized church back to life. With money to replace and repair, the church, school and community pitched in and finished it right before the beginning of the school

year. Windows had to be replaced in the row of classrooms and the former sanctuary needed to be prepared for its new life as a chapel. Champlain remembers the local community noticing the activity where there was once an abandoned property. CBS13 covered a story that highlighted the broken windows and boarded up colored-glass windows. The news report stated, "From a place of worship to a place of waste: A local church has become an eyesore." Also, "It's going to take a modern-day barn-raising effort to bring this old church back to life." And that is exactly what happened. In a thirty-day miracle, people pitched in, cheered them on, donated time, money and some great stories. One

of the women who assisted had been married in the former Methodist Church and donated to the cause. Faith Christian Academy was started in 1976 by Betty Wilburn, the mother-in-law of James Champlain. At first it was a nursery, but it is now a school with enrollment in kindergarten through 8th grades. The new acquisition for the school will house the current junior high grades (7th and 8th) and will be the site for a new high school program starting in the fall of 2022. Both campuses are on Highland Avenue in Citrus Heights, and it is easy to walk between them. The school is popular and draws students from all over the area. Sometimes, all the children from a family will attend the school together. There is a waiting

list to enter the elementary school and that has been the case for years. The capacity for the student body will increase from 140 students to 180 with the new property acquisition. The school uses Abeka, a Christian-based graded curriculum. FCA feels that their God-given ministry is to "instruct today's students in Christian character, language, math and traditional subject matter." If anyone is interested in more information about the school, they can contact FCA Middle School at 916-725-5707. While the last two years have been challenging in many ways, the collaborative effort between the churches and the school brings hope to the Citrus Heights community. After isolation, people are glad

to come together. In difficult times, it is good to know that there is still hope for the transformation of a facility that at one time looked like it had outlived its usefulness. Community is important in neighborhoods, schools and churches and the expansion of the Faith Christian Academy is a testament to building for the future. From its blue pews in the chapel to its new windows in the classrooms to its foray into high school to its beautiful colored glass windows, the light and hope of resurrection is evident in the hard work and vision of all who assisted with the Citrus Heights project. Hopefully, it will inspire others to continue to build the community for future generations. ★

CITRUS HEIGHTS CALIFORNIA
25 YEARS

FREE EVENT! **FOOD TRUCKS!** **LIVE MUSIC!**

SEPTEMBER 25 11AM-4PM RUSCH PARK

CITY OF CITRUS HEIGHTS SUNDAY FUNDAY!

Sponsors: San Juan, Citrus Heights Chamber, Patelco Credit Union, Sunrise, AIRCO, Republic Services, California American Water, Middleton, SMUD, Sunrise Marketplace, Ken Cooley, Stones Gambling Hall, SABA, Citrus Heights Police Department.

Free Bike Valet provided by Sacramento Area Bike Advocates

CitrusHeights.net/SundayFunday

Citrus Heights Residential Food Waste Workshop

RESIDENTS CAN ATTEND EITHER:
 September 21st, from 6:00 – 7:30 p.m.
 October 5th, from 10:00 – 11:30 a.m.

LOCATION
 Citrus Heights Community Center
 6300 Fountain Square Drive
 Citrus Heights, CA 95621

Light refreshments will be available
 Register to be entered in a drawing
 Email register@RepublicServices.com

REPUBLIC SERVICES | **CITRUS HEIGHTS**
 Solid roots. New growth.

Falafel Corner Opens

Story and photos by Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) - Experience Mediterranean food with an innovative twist at Falafel Corner Mediterranean Grill at 7700 Sunrise Boulevard in Citrus Heights. The restaurant celebrated its public grand opening on Saturday, August 25th.

"We're in a great location and excited for the people of Citrus Heights to come and give us a try," said co-owner Syed Lugman-Shah. He and co-owner Tajdar Ali and a staff of five offered opening day gyro and falafel wrap sandwich specials to first-time lunch customers.

Falafel Corner is located next to Round Table Pizza on Sunrise Boulevard, near Antelope Road. Nearby businesses in the

surrounding shopping plaza include Leatherby's Family Ice Cream and California Family Fitness.

The restaurant is the eighth franchise location for the chain in the greater Sacramento area.

"Our menu offers something for everyone," he said. "We prepare everything fresh daily," said Lugman-Shah. The restaurant offers its own innovative renditions of classic American burgers as well as gyro and falafel wraps, two popular Greek standards. Signature specialties also include platters, wraps and burgers.

"We serve the highest quality Halal meats and falafels and make everything to order for each customer at a reasonable price," he said.

Recent Yelp reviewers give Falafel Corner a rating of 4-out-of-5 stars, highlighting

crispy falafel, vegetarian options, generous portions, and their reasonable pricing.

Appetizers include a quesadilla, dolma (vegetarian stuffed grape leaves) and a side of four falafel served on a bed of lettuce with tzatziki and tahini sauce. Individual side dishes include falafel, rice, pita bread and hummus.

Falafel Corner also offers a choice of falafel, chicken, gyro and combination platters that feature salad, rice, tzatziki, hummus, and pita bread priced from \$12.99. Wraps, served on hot, buttery soft Greek pita bread, are priced from \$8.99. Burgers and seasoned chicken sandwiches start from \$6.99.

Three different versions of Mediterranean-style French fries, including Greek, loaded and Philly-style are a generous meal in themselves.

Plunge your teeth into



The newest Sacramento region Falafel Corner Mediterranean Grill held its Grand Opening at 7700 Sunrise Boulevard in Citrus Heights on Saturday, August 25th.

Falafel Corner's Badmash (Gangster) Burger and enjoy the bounty of the flavors that this unique burger possesses: two patties, three sauces, two cheeses, beef bacon, grilled in butter Brioche buns, fried egg, sauteed onions and mushrooms (optional). With the added onions, tomato, lettuce, and pickles,

you'll savor an amazing burger experience.

Can't miss desserts, priced from \$1 per piece, include fresh Baklava and an assortment of Turkish delights.

The restaurant offers multiple take-out options with DoorDash and GrubHub among popular local delivery choices. Catering services are

also available.

Falafel Corner at 7700 Sunrise Boulevard in Citrus Heights is open Monday through Saturday from 11 am to 9 pm and closed on Sundays. Call (279) 529-2258 for more information. View a complete menu at <https://falafelcorner.us/full-menu/> ★

\$100K+

POWER PLAY

GIVEAWAY

SEPTEMBER 4 - NOVEMBER 9

DRAWINGS EVERY
SUNDAY – WEDNESDAY

CASH • CHIPS • FREE PLAY

\$10,000 CASH
GRAND PRIZE DRAWINGS

NOVEMBER 6 - 9

For complete details

We're showing our appreciation for players with a big Stones-style giveaway. Play your favorite games to win your share of over \$100,000 in cash, chips, and free play in hourly drawings 4 days a week for 8 weeks. Earn entries starting September 4. Don't miss it!

STONES

GAMBLING HALL

[STONESGAMBLINGHALL.COM](https://stonesgamblinghall.com)

6508/6510 ANTELOPE RD | CITRUS HEIGHTS, CA 95621 | SACRAMENTO COUNTY | 916.735.8440

Gambling Problem? Call 1-800-GAMBLER. GEGA-003666, 004210, 001552, 004511, 001551, 000283, 000138, 003774, 003766, 004412, 004227, 003790, 003764, 004191, 003796. GEGR-002117, 002138.

New CSL Plasma Center to Open

Continued from page 1

anticipation of new commercial occupancy by the property owner.

Plasma typically collected at CSL Plasma collection centers is used to help manufacture life-saving therapies that are delivered to people suffering rare and serious diseases in more than 100 countries, according to the company.

“CSL Plasma will post open jobs as we get closer to opening on our careers section of CSL Plasma.com,” Sciarra said.

Hires will include medical reception and support technicians, phlebotomists, nurses (LVNs, LPNs and RNs) and paramedics, as well as operations and quality management. A mature plasma donation center (operating for about three years) employs approximately 60 full-time equivalent roles or nearly 75 total jobs, including full- and part-time positions, she explained.

To donate at a CSL Plasma collection center, Sciarra said donors



The building received an extensive exterior refresh with added parking spaces earlier this year in anticipation of new commercial occupancy by the property owner.

must be in good health, between the ages of 18-74, weigh at least 110 pounds, have no tattoos or piercings within the last four months, meet our eligibility and screening requirements and have

valid identification and a permanent address.

“It’s still too early to comment more on what (donor compensation) payment rates will be at the new center,” Sciarra said.

A complete list of donor requirements is available on the web at: www.cslplasma.com/become-a-donor

Human plasma is also used to produce therapies that treat


diseases such as primary immune deficiencies, hereditary angioedema, inherited respiratory disease, hemophilia and other bleeding and neurological disorders.

“We chose a new center location based on population density, availability of real estate property and local zoning laws,” Sciarra said. A CSL Plasma Center is open in Sacramento and another in Stockton will open soon.

Sciarra said the new Citrus Heights center will be a positive economic force in the local community.


“Our organization brings with it hundreds of employee volunteers, and puts thousands of dollars back into the community,” she said.

“CSL Plasma believes in being an integral part of the communities where our employees and plasma donors both live and work, and we look forward to being part of the Citrus Heights community,” Sciarra said. ★




NORTHRIDGE
DENTAL

DENTAL IMPLANTS -
THE BEST OPTIONS FOR MISSING TEETH



SNAP ON
REMOVABLE



DENTURE TO IMPLANT
FIXED OR REMOVABLE



SINGLE IMPLANT
FIXED



ALL ON FOUR
FIXED



BRIDGE
FIXED

Free Consultation ☎ **916-944-1197**

NORTHRIDGE DENTAL
6600 Madison Ave. Ste. 4b
Carmichael, CA 95608

 All implant treatment performed in one location from start to finish

▶ SENIORS! ◀

A Reverse Mortgage Could Change Your Life

If you own a home and you are 62 years or older, you may be able to take advantage of the Federally Insured Reverse Mortgage Program to do the following...

- ▶ Get rid of your monthly Mortgage Payment
- ▶ Increase your Monthly Income...and not make a payment
- ▶ Obtain a Line of Credit to use however you wish...and not make a payment
- ▶ Obtain a Lump Sum of Cash to use however you wish...and not make a payment

Call today and ask for a quote to find out what options are available to you! 916.717.5626



JIM LANGDON
NMLS# 228920

916.717.5626
JimL@MCGloans.com
2200 Sunrise Blvd, Suite 168
Gold River, CA, 95670 | NMLS 304050



MORTGAGE
CONSULTANTS GROUP
Helping You Feel Right at Home.

A Division of American Pacific Mortgage Corporation, NMLS 1850

Reverse mortgages are loans offered to homeowners who are 62 or older who have equity in their homes. The loan programs allow borrowers to defer payment on the loans until they pass away, sell the home, or move out. Homeowners, however, remain responsible for the payment of taxes, insurance, maintenance, and other items. Nonpayment of these items can lead to a default under the loan terms and ultimate loss of the home. FHA insured reverse mortgages have an up front and ongoing cost; ask your loan officer for details. These materials are not from, nor approved by HUD, FHA, or any governing agency. Licensed by the Dept of Financial Protection and Innovation under the CRMLA.

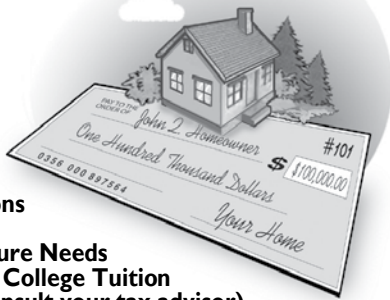


Home Equity Line of Credit Loan

**5 Year
FIXED RATE** **5.00%
Initial APR**

CHECK THE EL DORADO ADVANTAGE:

- ✓ **FIXED RATE** for 5 Years
- ✓ **Local Processing & Servicing**
- ✓ **No Closing Costs on Qualifying Transactions**
- ✓ **Flexibility and Convenience**
- ✓ **Have Funds Available for Current and Future Needs**
- ✓ **Home Improvement, Debt Consolidation, College Tuition**
- ✓ **Interest May be Tax Deductible (Please consult your tax advisor)**



EL DORADO SAVINGS BANK

Serving our local communities since 1958

www.eldoradosavingsbank.com

CITRUS HEIGHTS • 7895 Lichen Drive • 916-729-1100
800-874-9779

The initial Annual Percentage Rate (APR) is currently 5.00% for a new Home Equity Line of Credit (HELOC), and is fixed for the first 5 years of the loan which is called the draw period. After the initial 5 year period, the APR can change once based on the value of an Index and Margin. The Index is the weekly average yield on U.S. Treasury Securities adjusted to a constant maturity of 10 years and the margin is 3.50%. The current APR for repayment period is 6.375%. The maximum APR that can apply any time during your HELOC is 12%. A qualifying transaction consists of the following conditions: (1) the initial APR assumes a maximum HELOC of \$200,000, and a total maximum Loan-to-Value (LTV) of 70% including the new HELOC and any existing 1st Deed of Trust loan on your residence; (2) your residence securing the HELOC must be a single-family home that you occupy as your primary residence; (3) if the 1st Deed of Trust loan is with a lender other than El Dorado Savings Bank, that loan may not exceed \$300,000, have a total maximum Loan to Value (LTV) of 65% and may not be a revolving line of credit. Additional property restrictions and requirements apply. All loans are subject to a current appraisal. Property insurance is required and flood insurance may be required. Rates, APR, terms and conditions are subject to change without notice. Other conditions apply. A \$525 early closure fee will be assessed if the line of credit is closed within three years from the date of opening. An annual fee of \$65 will be assessed on the first anniversary of the HELOC and annually thereafter during the draw period. Ask for a copy of our "Fixed Rate Home Equity Line of Credit Disclosure Notice" for additional important information. Other HELOC loans are available under different terms.

SJUSD Begins Selection for Next Superintendent

Continued from page 1

We've been through interim superintendents before and seen the paralysis it can cause," said Board of Education Clerk Pam Costa. "We are confident that we have the internal talent to not only provide the innovative leadership needed to move us forward but also the stability that is necessary in these uncertain times.

Current San Juan Unified Superintendent Kent Kern announced his intent to retire by

the end of the 2022-23 school year in early August, starting the board's discussion on a selection process. He has committed to moving to a support role focused on the transition of the board from five to seven members this year as well as supporting the onboarding of the new superintendent. Kern has served as San Juan Unified superintendent since 2014. He will be the second longest-serving superintendent in district history when he retires this school year. ★

Be a part of something important

Local Writers Wanted

We are looking for local Freelance Writers to provide great coverage.



Call us today at 916-773-1111

RUN WITH THE COPS

RUN OR WALK BUT DON'T MISS OUT

5K

Saturday, 9/17/2022

8:00am - Kids Fun Run 8:30am 5K Starts



Fundraiser for the

Sacramento Police K9 Association and Law Enforcement Chaplaincy Sacramento

Online registration now open. Go to:

sacrunwiththecops.com

A CONFERENCE DESIGNED TO BOLDLY GO WHERE FEW HAVE GONE BEFORE

DARK SECRETS and BRIGHT HOPES

SEPTEMBER 16-18, 2022

Exposing the Darkness and Championing the Light!

Presenters include:

- Author | Presenter: L.A. Marzulli
- Medical Researcher | Presenter: Dr. Bryan Ardis
- Author | Presenter: Derek Gilbert
- Author | Exorcist | Pastor: Dave Bryan
- Writer | Researcher | Presenter (via zoom): Leo Lyon Zagami

For more info | registration:

www.churchofgladtidings.com/events

Senior Health Fair

Resources for The Golden Years

INFORMATION & ENTERTAINMENT

FOR SENIORS, THEIR FAMILIES AND FRIENDS



FREE Parking

FREE Admission

**Saturday
September 17, 2022**

10 am to 4 pm

Wyndham Sacramento Hotel Northeast 5321 Date Avenue
Off of Highway 80 at Madison Sacramento, CA 95841

- **FREE EXHIBITS!** • **FREE ENTERTAINMENT!**
- **HEALTH SCREENINGS!** • **SAMPLES & PRIZES!**

Oldies but Goodies Rally & Show

Come enjoy our Classic Car Rally and Concert



- Senior Care
- Nutrition & Health Foods
- Home & Garden
- Sports & Fitness
- Anti-aging Programs
- Chiropractors and Massage
- Mental Health Issues
- Natural Healing
- Health & Other Insurance
- Investment and Retirement

Great Entertainment & Live Music

Hear old time rock n' roll, cruising songs, surfer songs.
It's the music you grew up with!

sponsored by



www.SeniorHealthFair.org
To Exhibit: 916.910.9499 or info@recoveryforall.net

DINESH D'SOUZA

OCT. 29
ROCKLIN
KTKZ.COM



**Publisher,
Paul V. Scholl**

Citrus Heights Messenger is a member of **Messenger Publishing Group**

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@mpg8.com.

Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

Citrus Heights Messenger

Serving Citrus Heights and Sacramento County Since 2006

It is the intent of the *Citrus Heights Messenger* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *Citrus Heights Messenger* is not responsible for unsolicited manuscripts or materials. The entire contents of the *Citrus Heights Messenger* are copyrighted. Ownership of all advertising created and/or composed by the *Citrus Heights Messenger* is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

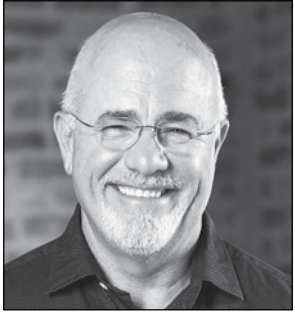
Subscriptions should be mailed to:

Citrus Heights Messenger,
7405 Greenback Lane, #129, Citrus Heights, CA 95610
Subscription rate is \$49 per year in Citrus Heights.
\$59 within Sacramento County.

Citrus Heights Messenger is published weekly.
Call (916) 773-1111 for more information.

We are proud members of these newspaper associations.





Change Tactics

Dear Dave,

I recently had a judgment filed against me for an unpaid, old hospital bill. Is it possible to negotiate things with the lawyer? Originally, the charges were \$2,700 but now they have increased to \$3,500, and I am not sure why the amount has risen. I have made several phone calls asking him for a detailed statement of the account, but all I have received is a payment booklet. What is your advice?

– Ronnie

Dear Ronnie,

Are you sure you've been speaking directly to the lawyer? I'm guessing

Dave Ramsey Says

the reason you haven't gotten a real answer to your question is because you've actually been talking to some low-level staffer or paralegal. If you have been talking to the lawyer, there's a pretty good chance he's running a small debt collections or debt lawsuit machine. If this is the case, he probably gets a piece of whatever he collects. That means he's out to collect as much as possible, as quickly as he can.

You might consider changing tactics, and see if you can talk to the hospital administrator. Propose giving them \$2,000, or whatever reasonable amount you can afford, on the agreement that the hospital accept it as payment in full. Hospitals and doctor's offices are often some of the easiest folks to work with when it comes to paying off debt, but people

have to be proactive and make an honest, good faith effort to make it happen.

There's a moral, as well as legal, responsibility involved when it comes to paying off bills or debt, Ronnie. You should always pay what you owe if at all possible.

– Dave

Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Ramsey Show, heard by more than 18 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions. ★

Newsom Calls GOP Governors "Bullies," But What About Him?



By Dan Walters, CALMatters.org

Politicians who claim to have an elevated moral purpose risk being branded as hypocrites if they fail to live up to the standards they set for others.

California Gov. Gavin Newsom runs that risk as he denounces the Republican governors of other states, particularly Ron DeSantis of Florida and Greg Abbott of Texas, as "bullies" for their states' policies on abortion, gay rights and other issues.

Newsom has run ads critical of the two governors and donated \$100,000 to DeSantis' challenger, Charlie Crist. At the very least, Newsom is raising his national political profile. But it could be the beginning of a presidential campaign, which he denies.

"People keep asking why I'm calling out DeSantis and these Republican governors," Newsom tweeted late last month. "The answer is simple: I don't like bullies."

Newsom's tweet contained his interview with ABC news, including a lengthy rant beginning with "I can't take what's going on in this country."

"I can't take what these governors are doing state after state affecting minorities, affecting vulnerable communities, threatening

the Special Olympics with fines, going after the LGBTQ community, saying if you've been raped by your father you don't have the right to express yourself and rights over your own body," Newsom told ABC's Matt Gutman.

"My entire life I don't like bullies," Newsom added. "I don't like people who other other people. I don't like people who demean other people and that's being celebrated in American politics today and you got to call it out. DeSantis is the worst of it but Abbott and these other guys, they're right there and forgive me, I'm naming them because we have to and I think people need to understand what's going on in this country and there's too much at stake."

On the issues that Newsom cites, particularly abortion and LGBTQ rights, his criticism is more than warranted. But calling rival governors "bullies" is over the top. After all, they were duly elected to their positions, as was Newsom, and like him, probably will be re-elected this year. Their positions on these hot button issues would not fly in California, but they apparently do in their states.

That's not bullying; it's governing, which often means compelling people to do things they'd rather not do. Newsom has done a lot of it since becoming governor nearly four years ago, especially during the COVID-19 pandemic, when he was governing by decree.

Was Newsom being a bully or governing when he ordered thousands of small businesses to shut down

to stop the spread of the deadly coronavirus? Those affected, including more than 2 million workers who lost their jobs, might say he was being a bully, since larger businesses were often exempted.

Likewise, parents complained that Newsom arbitrarily closed schools and forced their children into "Zoom school" even though COVID-19's threat to children was scant.

Many of California's city officials have complained that Newsom is bullying them into building high-density housing that their constituents don't want, threatening legal action or financial sanctions if they don't comply. Newsom says the state must act aggressively to solve its housing shortage.

California gun owners complain constantly that Newsom and the Legislature impose nonsensical, harassing regulations on their constitutional right to bear arms.

Newsom considers all of those acts, and many others, to be governing – just as DeSantis, Abbott, et al, consider what they do to be governing. But in the eyes of beholders, he could be just as easily branded a bully.

Finally, doesn't Newsom's name-calling make him one of the "people who demean other people" he professes to despise?

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★

LEGAL ADVERTISING
 Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 - February 7, 1984
 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 - September 18, 1969
 Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-40273535 - March 12, 2020
 The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 - March 21, 1988

SUMMONS

SUMMONS (FAMILY LAW)
 CASE NUMBER (NUMERO DEL CASO): 22FL00965

NOTICE TO RESPONDENT (Name): AVISO AL DEMANDADO (Nombre): Susan D. Coleman

YOU HAVE BEEN SUED. Read the information below and on the next page. PETITIONER'S NAME IS: (NOMBRE DEL DEMANDANTE): Anthony E. Coleman.

You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call or court appearance will not protect you. If you do not file your response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.org) or by contacting your local county bar association.

Usted tiene 30 DÍAS CALENDARIO después de que se le presente esta Citación y Petición para presentar una respuesta (formulario FL-120) en el tribunal y tener una copia notificada al peticionario. Una carta, llamada telefónica o comparecencia ante el tribunal no lo protegerá. Si no presenta su respuesta a tiempo, el tribunal puede hacer órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. Es posible que se le ordene pagar la manutención y los honorarios y costos de los abogados. Para obtener asesoramiento legal, póngase en contacto con un abogado de inmediato. Obtenga ayuda para encontrar un abogado en el Centro de Autoayuda en Línea de los Tribunales de California (www.courts.ca.gov/selfhelp), en el sitio web de Servicios Legales de California (www.lawhelpca.org) o comunicándose con el colegio de abogados de su condado local.

NOTICE: RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouse or domestic partners until the petition is dismissed, a judgment

is entered or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

AVISO: LAS ÓRDENES DE RESTRICCIÓN ESTÁN EN LA PÁGINA 2: Estas órdenes de restricción son efectivas contra ambos cónyuges o parejas domésticas hasta que se desestime la petición, se dicte una sentencia o el tribunal dicte más órdenes. Son exigibles en cualquier lugar de California por cualquier oficial de la ley que haya recibido o visto una copia de ellos.

SEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party.

EXENCIÓN DE TARIFAS: Si no puede pagar la tarifa de presentación, pídale al secretario un formulario de exención de tarifas. El tribunal puede ordenarle que devuelva la totalidad o parte de los honorarios y costos que el tribunal renunció para usted o la otra parte.

The name and address of the court are: (El nombre y dirección de la corte es): Sacramento Superior Court 3341 Power Inn Road Sacramento, CA 95826.

The name, address and telephone number of the petitioner's attorney, or the petitioner without an attorney are: (El nombre, dirección y número de teléfono del abogado del peticionario, o del peticionario sin abogado es): Daphne Z. Xiao, 2414 16th Street, Suite 6, Sacramento, CA 95818; 916-453-0356

Date: (Fecha) March 9, 2022

By: M. Tablas, Deputy Clerk STANDARD FAMILY LAW RESTRAINING ORDERS

Starting immediately, you and your spouse or domestic partner are restrained from:

1. removing the minor children of the parties from the state or applying for a new or replacement passport for those minor children without the prior written consent of the other party or an order of the court;
2. cashing, borrowing against, canceling, transferring, disposing of, or changing the beneficiaries of any insurance or other coverage, including life, health automobile, and disability, held for the benefit of the parties and their minor children;
3. transferring, encumbering, hypothecating, concealing, or in any way disposing of any prop-

erty, real or personal, whether community, quasi-community, or separate, without the written consent of the other party or an order of the court, except in the usual course of business or for the necessities of life; and

4. creating a nonprobate transfer or modifying a nonprobate transfer in a manner that affects the disposition of property subject to the transfer, without the written consent of the other party or an order of the court. Before revocation of a nonprobate transfer can take effect or a right of survivorship to property can be eliminated, notice of the change must be filed and served on the other party.

You must notify each other of any proposed extraordinary expenditures at least five business days prior to incurring these extraordinary expenditures and account to the court for all extraordinary expenditures made after these restraining orders are effective. However, you may use community property, quasi-community property, or your own separate property to pay an attorney to help you or pay court costs.

NOTICE: ACCESS TO AFFORDABLE HEALTH INSURANCE:

Do you or someone in your household need affordable health insurance? If so, you should apply for Covered California. Covered California can help reduce the cost you pay towards high quality affordable health care. For more information, visit www.coveredca.com. Or call Covered California at 1-800-300-1506

WARNING: IMPORANT INFORMATION

California law provides that, for purposes of division of property upon dissolution of a marriage or domestic partnership or upon legal separation, property acquired by the parties during marriage or domestic partnership in joint form is presumed to be community property. If either party to this action should die before the jointly held community property is divided, the language in the deed that characterizes how title is held (i.e., joint tenancy, tenants in common, or community property) will be controlling, and not the community property presumption. You should consult your attorney if you want the community property presumption to be written into the recorded title to the property.

Publish: Aug 26, Sept 2, 9 & 16, 2022

COLEMAN 9-16-22

Democrats Think the Inflation Reduction Act Will Help Their Midterm Fortunes



Commentary by Sally C. Pipes

Congressional Democrats are increasingly optimistic about this fall's midterm elections. They believe their recently enacted Inflation Reduction Act, especially its healthcare provisions, will win them plaudits from voters.

But they could be in for a rude awakening. Contrary to lawmakers' claims, the Inflation Reduction Act won't reduce inflation or bring down drug prices for most Americans. Many voters will ultimately feel duped, and they could take their frustrations out at the ballot box for years to come.

Consider a recent analysis of the IRA by the Penn Wharton Business Model, the authors of which reported "low confidence that the legislation will have any

impact on inflation." The Congressional Budget Office reached a similar conclusion, finding that the bill would have "a negligible effect" on inflation in the coming years.

So much for addressing voters' chief concern.

In fact, it's entirely possible that the legislation won't merely fail to reduce inflation, it could actually cause prices to rise further in the years ahead.

The new law extends generous Obamacare subsidies to middle and even high-income households through 2025, at a supposed cost of \$64 billion. In reality, the three-year cost may well be higher. Those same subsidies have cost about 50% more than anticipated this year alone, according to health economist Brian Blase.

If a future Congress ultimately makes the subsidies permanent, as Democrats clearly hope to do the ten-year cost will balloon, pumping hundreds of billions more in deficit spending into the economy and driving up inflation.

Or consider the IRA's price controls on prescription drugs. Democrats promised consumers cheaper medicines -- but the vast majority of Americans won't notice

any difference at the pharmacy counter.

Here's why. The price controls only apply to Medicare, so by definition, Americans with private insurance won't derive any savings from the price caps. Even seniors won't notice much change, since their out-of-pocket copays and coinsurance are set by insurance plans, not drug companies.

Plus, these price controls don't kick in until 2026, and will only impact 10 drugs. That figure will steadily increase to 20 by 2029.

Democrats are doing their best to downplay this inconvenient reality in the hopes of improving midterm prospects. It's a desperate, cynical strategy, and it's unlikely to work. Voters will find out soon enough that, with the IRA, they've been sold a bill of goods and an expensive one at that.

Sally C. Pipes is President, CEO, and Thomas W. Smith Fellow in Health Care Policy at the Pacific Research Institute. Her latest book is False Promise, False Promise: The Disastrous Reality of Medicare for All (Encounter 2020). Follow her on Twitter @sallypipes. ★

CITY OF CITRUS HEIGHTS NOTICE OF PUBLIC HEARING

Notice is hereby given that the City Council of the City of Citrus Heights will consider the proposed grant funding on the dates and times shown in this Notice of Public Hearing.

Further notice is hereby given that the City Council will hold a Public Hearing in the Council Chambers located at 6360 Fountain Square Drive, Citrus Heights, California on the dates and times shown below, or as soon thereafter that the matter can be heard, to receive and consider all evidence and reports and shall consider all oral statements and all written protests or communications made or filed by interested persons.

DATE AND TIME FOR CITY COUNCIL HEARING:
 October 13 at 6:00 P.M.

SUBJECT:
 EDWARD BYRNE MEMORIAL JUSTICE ASSISTANCE GRANT (JAG) 2022 Allocation

PROPOSED:

The City of Citrus Heights was awarded funding from the Office of Justice Programs Edward Byrne Memorial Justice Assistance Grant for various law enforcement services. The amount distributed to the City is \$23,593. The City will decide the use of the funds at the public hearing on October 13, 2022 at 6:00 P.M.

Requests for additional information or written protest/comments may be directed to the Citrus Heights City Clerk, 6360 Fountain Square Drive, Citrus Heights, CA 95621 or by telephone at (916) 725-2448.

AMY VAN, City Clerk Citrus Heights Messenger 9-9-2022



CALL A PRO BUSINESS DIRECTORY

SLS Superior Landscape Services
Landscaping and Maintenance

- Sprinkler Repair/Install • Pruning
- Mowing/Trimming • Fertilizing

Insured Lic#794551
(916) 728-5812 • Cell (916) 761-0999
Dave Cochran Owner • dave_SLS@surewest.net

MARTY MOEN
Fencing and Decks

Free Estimates

- Ornamental Iron
- Wood • Chain Link

(916) 796-1005 License # 852410

GREENWAY TREE SERVICE
Specializing in Expert Tree Pruning,
Tree Removal & Stump Grinding

Free Estimates
Competitive Prices
Licensed and Insured

(916) 224-9750

A-1 AFFORDABLE ROOFING SERVICES, INC

- New Roofs • Certifications • Roof Repairs
- Dry Rot Repairs • Roof Inspections • Gutters

John Fleenor, Contractor
1741 L Street, Rio Linda, CA 95673
Cell: (916) 206-1613
Contractor Lic. #1064966

CLEAN & SOBER
LIVING
CSTL, Inc.

Helping People and the Community
with the Alcohol and Drug Problem!
Over 20 Years in Business!

Sober Living - 916.961.2691

Rio Linda Eye Care

Laser Surgery • Eye Glasses • Contact Lenses
• Eyewear for Computer Users

Dr. William Fleischmann
(916) 991-8444

Saturday Appointments Available
6716 RIO LINDA BLVD., SUITE B, RIO LINDA

DUDEPRESSURE
BUDGE. THAT IS CLEAN!

Pressure Washing Services
License Number SP812021-00112

Robert Beard
916-825-0999
DUDEPRESSURE@GMAIL.COM
DUDEPRESSURE.SIMDIF.COM

HOME SERVICES
DRIVEWAYS
PATIOS
SIDING
ROOF
AUTO SERVICES
CAR WASH
CARPET
SEATS
WAX
UV PROTECTANT

CALL 916-773-1111
TO ADVERTISE
In the Call a Pro Directory

DITARANTO LEGAL DOCUMENT SERVICES
Nicholas Ditaranto, LDA

Divorce • Family Law • Immigration • Probate
Willis & Living Trusts • Other Low Cost Services

Helping "Self-Helpers"
Since 1997

6929 Sunrise Blvd., Ste. 112, Citrus Heights, CA 95610
916-676-1096 office
916-225-8437 call or text

Registered and Bonded - 2022 Exp. 03/19/2024 Sacramento County
www.ditarantolegal.com | legalconcepts1@gmail.com

MORE TIME ON YOUR BUSINESS
...and less time managing payroll

FREE PAYROLL PROCESSING FOR ONE MONTH IF YOU CALL NOW!

Pinnacle Employee Services
916-760-7227
www.pinnaclehr.com

Just Send It Postal
justsendit11@yahoo.com
Phone: (916) 723-8855 • Fax: (916) 723-0208
Mon.-Fri. 10 - 5 Sat. & Sun. CLOSED
7250 Auburn Blvd. #C Citrus Heights, CA 95610
www.justsenditpostal.com

NOTARY * PRINTING * SHREDDING

TRACTOR SERVICE

- Mowing • Rototilling
- Discing • Scraper/Loader

Call
(916) 991-8431

B	L	I	T	Z	B	A	A		M	A	S	T		
R	O	D	E	O	A	L	L		S	I	D	L	E	
A	S	E	A	N	L	E	I		I	D	E	A	L	
	T	A	L	K	I	E		B	O	X	I	N	G	
		S	E	C		S	I	F	T					
R	A	P		D	I	S	K		T	H	W	A	C	K
A	B	I	T		N	O	E	L		S	A	C	R	A
Z	O	L	A		G	L	E	A	M		T	R	E	F
O	V	O	L	O		O	T	T	O		T	E	A	K
R	E	T	A	I	L		E	E	L	S		S	K	A
			L	A	I	R			T	H	E			
	P	A	N	C	H	O			M	O	R	I	T	Z
K	O	R	E	A		N	A	Y		I	D	I	O	M
I	N	C	A	N		I	N	N		F	E	T	O	R
T	E	S	T		C	I	A		T	R	I	M	S	

STATEPOINT CROSSWORD • THE 1920s

CLUES

ACROSS

- The Sweet's hit "Ballroom"
- Farm cry
- Schooner pole
- Barrel racing meet
- "Quiet on the Western Front," 1920s novel
- Move sideways
- Southeast Asia org.
- Hula dancer's garland
- Like the Vitruvian Man
- "New type of movie in the 1920s"
- "Jack Dempsey's sport"
- Triple liqueur
- Prep flour
- "Hamilton: An American Musical" singing style
- Floppy data storage
- Smack
- Not much (2 words)
- "Prolific playwright" Coward
- Sacrum, pl.
- "Nana" author Émile
- Flash of light
- Not kosher
- Convex molding
- "Football legend Graham, born in 1921"
- Furniture wood
- Not wholesale
- Aquatic snakes
- Reggae precursor
- Animal den
- Café alternative
- "Assassinated Villa"
- "St. _____, 1928 Olympic site"
- East Asian peninsula
- Nope
- "Bite the bullet," e.g.
- Relating to Quechuan people
- B&B, e.g.
- Foul smell
- Challenge
- Langley, VA agency
- Decorates, as in Christmas tree

DOWN

- Type of undergarment
- "Like generation described by Gertrude Stein"
- Brain wave
- Shades of blue
- Very tired
- "The Fighter" actor Christian
- Bass or Redhook
- Defendant's excuse
- Longer than mini
- Port in Yemen
- Smelting waste
- Aviv
- 6 equal parts of 6
- Cake layer
- Short for oftentimes
- Mosquito, slangily
- Schick's product
- Beyond's partner
- "Amelia Earhart, e.g."
- "Like Charles Lindbergh's 1927 transatlantic flight"
- W on a bulb
- TV classic "Green _____"
- Floorboard sound
- "The Trial" and "The Castle" author Franz _____
- Samoan money

BRING EVERYTHING YOU LOVE TOGETHER!

Blazing Fast Internet! \$19.99/mo. Add to your package for only \$1.99/mo. where available.

2-YEAR TV PRICE GUARANTEE \$69.99/mo. 190 CHANNELS including Local Channels!

CALL TODAY - For \$100 Gift Card Provide #9598
1-888-416-7103 Offer ends 11/30/22

Classified Advertising

Sell Your Stuff!
Reach 1000's of Readers Every Week!

MPG

916-773-1111

6	9	3	5	2	8	7	4	1
7	8	5	1	4	3	2	9	6
2	4	1	7	9	6	5	3	8
1	6	2	9	3	5	8	7	4
8	3	4	2	7	1	9	6	5
9	5	7	6	8	4	3	1	2
3	2	8	4	6	7	1	5	9
4	1	9	3	5	2	6	8	7
5	7	6	8	1	9	4	2	3

LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!

Call to place your legal advertising **916-773-1111**

All Legal Ads Published by Messenger Publishing **MPG**

SUDOKU

GRAND ALASKAN CRUISE & TOUR
12 days, departs May - Sep 2022
promo code N2017
1-855-208-9533

			2	8			1
7				3			
	4		7	9			8
		2	9	3	5		7
		4				9	
	5		6	8	4	3	
3			6	7			5
		3					7
5		8	1				

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

We Can Do It - Together! - Inspiring Girls in STEM



STEM mentors from the St. Francis High School Genesis Robotics Team and student mentors from Echelon Catapult at the Aerospace Museum of California in McClellan. Photo courtesy of the Aerospace Museum of California

Aerospace Museum of CA News Release

MCCLELLAN, CA (MPG) - On Saturday, September 24, 2022, from 10 a.m. - 2 p.m., the Aerospace Museum of California will host the second annual We Can Do It - Together! - Inspiring Girls in STEM (Science, Technology, Engineering, and Math).

This event is a perfect opportunity for families and youth organizations with middle school and high school-age girls to meet and learn from Sacramento area women role models who will share their journey in STEM. Students and families will be able to connect with diverse women in a variety of STEM careers at our meet and greet table talks, as well as participate in fun STEM-based demonstrations, activities, and scavenger hunts.

Linda Martin, the Aerospace Museum of California's Board President stated, "As a former Associate Superintendent, I know how important it is to inspire our

young people, especially girls, with engaging hands-on STEM education. Our Museum's upcoming event We Can Do It - Together: Inspiring Girls in STEM pays homage to Rosie the Riveter, who became an iconic symbol and inspiration to women, who stepped up and took on previously male-dominated roles in factories during World War II.

"Today, we aim to inspire another generation of women to explore, discover and dream of a career in STEM. Currently, women are underrepresented in STEM careers, accounting for only 27% of the workforce. This makes our Museum's incredibly important mission all the more relevant. We believe that fun and engaging hands-on experiences in STEM learning will spark interest and passion, and events like We Can Do It - Together will help connect young girls with role models and explore future careers opportunities."

The Aerospace Museum of California is pleased to host dozens of professional women in

diverse fields and backgrounds to be STEM/STEAM role models for this event. Students and families will be inspired as these incredible women describe how they became interested in their field, and share what they have learned from their experiences. Career path information will be available as well as interactive demonstrations and fun hands-on STEM-based activities and experiments such as parachute engineering, rocket launching and so much more!

Partners for the event are SMUD, the San Juan Unified School District, Girl Scouts, UC Davis (Mechanical and Aerospace Engineering Department), Echelon Catapults, the St. Francis High School Robotics team and the Kiwanis Club of Carmichael.

We invite families and youth organizations to help these girls to imagine their dreams and help them take flight. Family/Group tickets are \$10 for up to 6 people. Please see our website for more information: <https://www.aerospaceca.org>.



STEM event attendees construct paper airplane launchers at the Aerospace Museum of California in McClellan. Photo courtesy of the Aerospace Museum of California



Aerospace Museum of California Board President Linda Martin (left) and Committee Member Donna Miller pose for a photo at the 2021 Girls in STEM event at the Aerospace Museum of California in McClellan. Photo courtesy of the Aerospace Museum of California



Table Talk Presenter Monique Day, a Water Resources Engineer from West Yost Associates, speaks at the 2021 Girls in STEM event at the Aerospace Museum of California in McClellan. Photo courtesy of the Aerospace Museum of California

Fair Oaks Recreation & Park District Presents:



17th Annual
Fair Oaks
Chicken Festival
Saturday
Sept. 17th, 2022
12:00pm - 6:00pm

Fair Oaks Park
11549 Fair Oaks Blvd. Fair Oaks

FREE
General Admission
& Parking

- Food Court and Beer & Wine Sales
- Quality Craft & Vendors
- Kid's Park Free & Pay-to-Play Activities
- Cornhole Tournament
- And Much More!
- Live Entertainment
 - Todd Morgan & The Emblem 12PM-2:30PM
 - Cluck n' Crow Contest 3PM
 - Cherrybomb 3:30PM-6PM

Pancake Breakfast 7:30AM-10AM @ Orangevale Grange
for more info visit
www.forpd.org/chickenfest



visit us  [@fochickenfest](https://www.facebook.com/fochickenfest)

Sponsored by








SACRAMENTO COUNTY
presents
CALIFORNIA CAPITAL AIRSHOW
in partnership with
RANCHO CORDOYA CALIFORNIA

BUY DISCOUNT TICKETS NOW!

A MULTI-NATIONAL SALUTE TO THE UNITED STATES AIR FORCE 



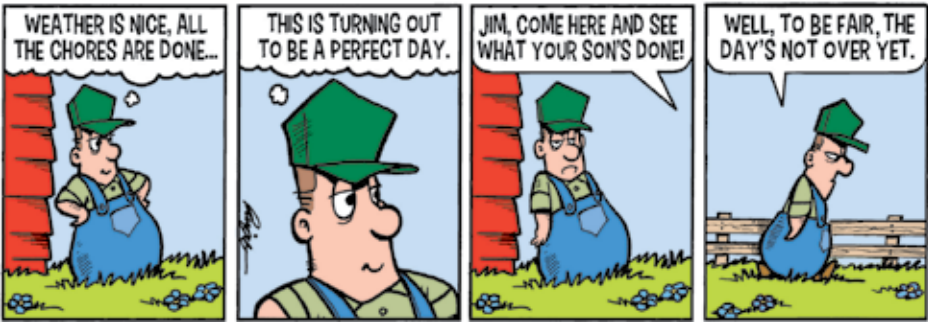

MATHER AIRPORT
SEPTEMBER 30 - OCTOBER 2, 2022

CALIFORNIA CAPITAL AIRSHOW.COM

HONORING OUR PAST - INSPIRING THE FUTURE

WEEKLY COMICS

Amber Waves

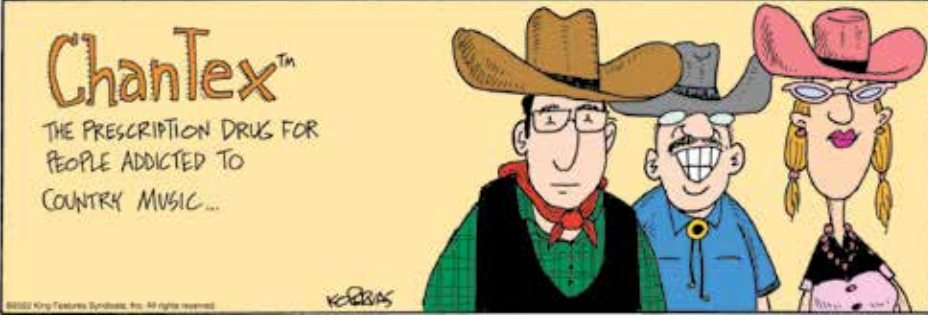


by Dave T. Phipps

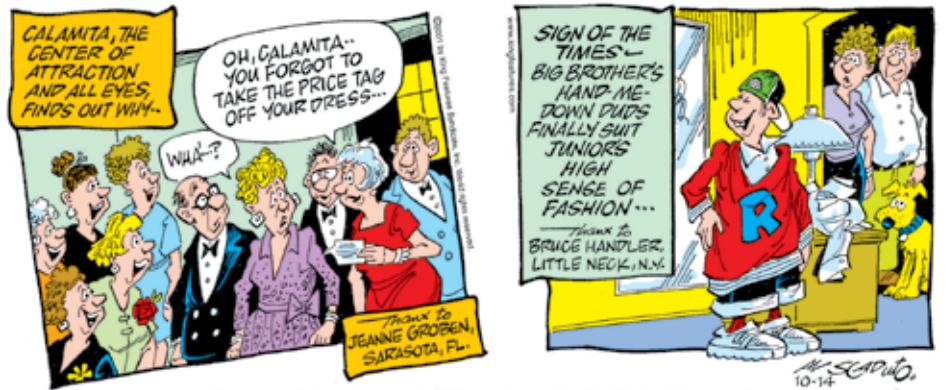
The Spats



by Jeff Pickering



THEY'LL DO IT EVERY TIME

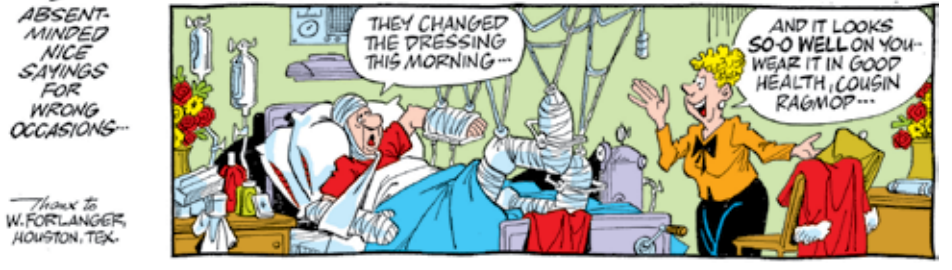


BY AL SCADUTO

R.F.D.



by Mike Marland



ABSENT-MINDED NICE SAVES FOR WRONG OCCASIONS--

Thanks to W. FORLANGER, HOUSTON, TEX.

CRIN and BEAR IT



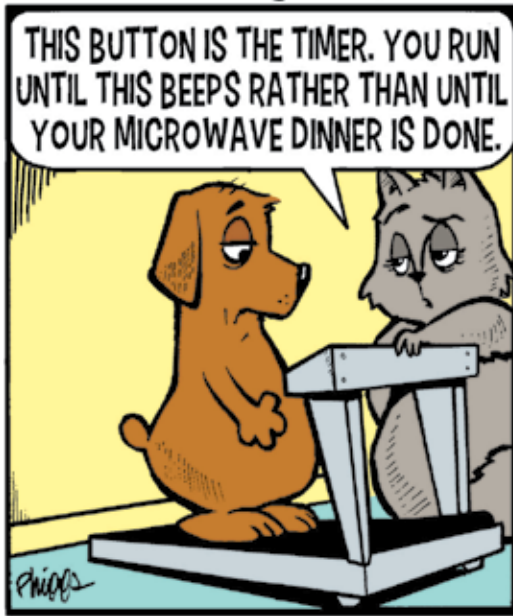
"It's times like this that I wish we didn't have a cool car!"

LAFF-A-DAY



"Live with it for a week. If you're not satisfied, turn it upside down."

Just Like Cats & Dogs



by Dave T. Phipps

HOCUS-FOCUS



BY HENRY BOLTINOFF

KP International MARKET
 FOOD COURT NOW OPEN
 10977 Olson Drive, Rancho Cordova, CA 95670
 916.853.8000
 Market - 3 Days 8am - 9pm
 Food Court - 3 Days 11am - 7:30pm
 Korean/Mex. Wed. 7:30pm last call
 Chinese/Japanese 7:00pm last call

FROZEN & FISH DEPT

Smoked Sockeye Salmon 113 g REG. \$5.99/EA \$3.99/ea	Headless Frozen Black Cod lb REG. \$5.99/LB \$3.99/lb
---	--

WEEKLY MEAT SPECIALS

Bonus Buy: Beef New York Roast - Boneless \$5.99/lb	Beef Rump/Bottom Round Roast - Bnls \$3.99/lb	Chicken Drumsticks 99c/lb
Great Value: Fresh Ground Beef \$3.99/lb	Pork St. Louis Ribs - Single Pack \$3.49/lb	Pork Butt - Bone In \$1.79/lb
Beef New York Steak - Boneless \$6.49/lb	Country Style Pork Loin Ribs - Bnls \$2.49/lb	

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE SEPTEMBER 07 - SEPTEMBER 13, 2022.

HAPPY HOURS

Draft Beer **\$2.50 & UP**
 Mon-Thu 4PM-9PM
 Fri-Sat 2PM-9PM

KP KARAOKE SPECIAL

Sun-Thu Come before 9pm (Valid Time)
 Fri-Sat Come before 9pm (Valid Time)

For 6 people \$85.00	For 12 people \$185.00
For 14 people \$210.00	For 18 people \$275.00
For 20 people \$310.00	For 24 people \$350.00

9 Dishes To Choose From

FRESH PRODUCE

White Potato 10 lb \$5.99/bag	Mini Sweet Pepper 1 lb \$2.99/ea	Guava \$2.49/lb	Chayote Squash 69c/lb
Garlic 5 PC 2/\$3	Japanese Sweet Potato \$1.39/lb	Dried Jujube \$5.49/lb	King Oyster Mushroom \$2.69/lb

AMERICAN/HISPANIC GROCERY

Amazon Hot Pepper Paste 8 oz \$5.39/ea	GM Cookie Crisp Cereal 10.6 oz \$2.99/ea	Fernon Nacho Cheese Sauce 18 oz \$2.99/ea	CRV Kiri Ichiban Beer 12pk Cans 12x12 Lot \$11.99/ea	Mi Hacienda Tortilla Chips 24 oz \$2.99/ea
--	--	---	--	--

ASIAN GROCERY

Excellent Ribbon Rice 16 oz \$3.99/ea	Three Crab Fish Sauce 24 Lot \$7.99/ea	VinaCafe Instant Coffee 20x0.7 oz \$4.99/ea	LEE Premium Pure Sesame Oil 14 oz \$6.99/ea	Isone Nirvana Thai Tea Drink 16.2 oz \$2.99/ea
---------------------------------------	--	---	---	--

EUROPEAN GROCERY

Saffron Super Banana Rice 10 lb \$15.99/ea	Original Nona Green Tea 600 gr \$9.99/ea	Zest Zucchini Stuffed w/ Rice 400 gr \$1.99/ea	Rinchev Condensed Milk 5.5L 350 gr \$2.99/ea	Crackly Caramel & Cherry Biscuits 140 gr \$1.79/ea
--	--	--	--	--

KOREAN/JAPANESE GROCERY

Onion White Rice Bar 12x7.4 oz \$0.99/ea	Noodle with Black Bean Sauce 4x36 g \$6.99/ea	Hot Pepper Paste 2.5 lb \$0.99/ea	Green Tea 100g Set 12 oz \$7.99/ea	Garlic Wheat Flour 2.5 lb \$4.99/ea	American Coffee 2 Lb 1 liter \$3.99/ea
Korean Red Ginseng Drink 60x2.32 oz \$2.99/ea	Chinese Style Noodle 6x5 \$2.99/ea	Green Tea Milk Drink 1.5 liter \$2.99/ea	Aracha Coffee 100x22 g \$13.99/ea	Sho Chito Bot Sole 907 Flax \$7.99/ea	Golden Shrimp Chips 8 oz \$3.99/ea
					Keripik Mayonesse 120g ea \$4.99/ea

HOUSEWARES

HAMILTON BEACH KITCHENWARE

Waterproof Glass Paper \$99/ea	Electric Rice Cooker \$399/ea	Electric Rice Cooker \$399/ea	Electric Rice Cooker \$399/ea
--------------------------------	-------------------------------	-------------------------------	-------------------------------

FROZEN & FISH DEPT

Beltfish Chunks (Wild Caught) 14 oz	REG. \$4.99/ea \$2.99/ea
-------------------------------------	------------------------------------

EUROPEAN DELI

Oven Roasted Chicken \$7.19/ea	Black Olives \$4.49/ea
Appelwool Ham \$7.99/ea	Fresh Kalanasa with Garlic & Pepper \$4.59/ea

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE SEPTEMBER 07 - SEPTEMBER 13, 2022.

A Touch of Hawaii

Continued from page 1

by all” or “manawa maika’i” was an understatement.

Two Citrus Heights Councilmembers-at-large, Vice Mayor Tim Schaefer, and former Mayor Steve Miller, along City Manager Ash Feeney mingled with guests. Feeney said of the event in an email: It was “great entertainment, great food, great people, great time, even greater cause. In addition to camaraderie, the Veterans Community Center helps connect veterans with important services and benefits that they are entitled to through their service.”

A silent auction with two dozen fancy baskets made for getting a good deal or early Christmas shopping.

The Luau is the main fundraiser for the year. All proceeds go to helping provide a free “Safe Room” for all military veterans who visit. These events also honor the memory and vision of co-owner Jim Rounsavell who with his wife Jean founded the center in 2013.

One thing that made this event possible for many was the free shuttle service from City Hall and back offered by Veteran Larry Prater owner of Airport Transportation serving Carmichael, Fair Oaks and Citrus Heights.

Michelle Grant, Community Relations for the Center who spearheaded the event, said in an email, “What a wonderful opportunity for each of us who participated in our luau event. Everyone involved volunteered their time and talents, and together we proudly celebrated the men and women of uniform, our American military heroes. Together we truly are one ‘ohana’ with the same purpose, to serve those who have dutifully served us!”

She wanted to especially recognize a hard working 8-year-old guest who came with his parents. He wanted to help so much he helped clean up the tables. He kept saying, “I’m serving veterans.” This is the true meaning of ‘ohana.’

One special act of ‘ohana’; by one young guest, 8-year-old Pria Roache, most likely went unnoticed by many. Pria came with his mom Jessica Dale, and family. After the meal Pria wanted so much to be of service he cleared off tables and helped haul off the trash saying, “I’m serving veterans.” A true volunteer and future leader.

For more information on next year’s luau contact veteranscommunitycenterch.com ★



A happy Michelle Grant (left), Center head of public relations and organizer of the second annual Citrus Heights Veterans Community Center luau with Center owner, Jean Rounsavell (right).



Demonstrating ‘ohana’ or family, 8-year-old Pria enthusiastically jumped in to help clean off tables and pick up trash following the meal saying, “I’m serving veterans.” Photo by Carin Carter



Guests were invited to join in the dancing to the delight of the audience.



CRUISE ON OVER TO COGIR OF STOCK RANCH!

\$4,000 off Move-in Special!*

New friends, new activities, new experiences, 3 Chef-prepared meals, housekeeping, transportation, and much more await you at Cogir of Stock Ranch.

With independent and assisted living, we are here for you. **Call or just stop by for a tour today — we are confident you just found your new home!**

Join us as our Cogir Summer Concert Series continues with a trip back in time with local favorite *The Clint Ritchie Band* along with a very special “Rods & Mods Classic Car Show.” Chef Patrick will revive special memories with nostalgic Soda Shoppe favorites **Friday, August 12, from 4:30 - 6:00 p.m.**

RSVP to Dale or Shirley at (916) 725-7418 to save your seat!

*Certain conditions apply. Limited time offer. See community for details.

COGIR
of STOCK RANCH
Senior Living

7418 Stock Ranch Road
Citrus Heights, CA 95621
License # 342700471
(916) 725-7418

- Independent Living
- Assisted Living
- Respite Care

