



Newest Giant: The Yerminator

PAGE 14

State Requires Sharing Your Health Data

PAGE 2



Messenger

VOLUME 12 • ISSUE 28

Serving the City of Citrus Heights & Sacramento County

JULY 15, 2022

SEE
INSIDE

WHO WILL HELP WRITE CITRUS HEIGHTS' NEXT CHAPTER?



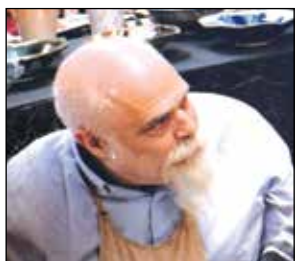
PAGE 4

LOSING GROUND IN PROTECTING OUR AIR QUALITY



PAGE 5

A LEGACY OF COMPASSION



PAGE 4



Scan our QR Code for a
direct link to our online edition!

PRESORTED STD.
US POSTAGE
PAID
PERMIT 350
Carmichael, CA
OR CURRENT
POSTAL CUSTOMER

Mandatory Food Recycling Begins



Teach the whole family sustainable habits which will help reduce dangerous pollutants in our environment. Photo: Dreamstime

City of Citrus Heights News Release

CITRUS HEIGHTS, CA (MPG) - Beginning July 4, 2022, residents' green waste carts typically used for yard clippings are green organic carts! This cart will now be collected weekly by Republic Services to be processed and composted in compliance with Senate Bill 1383 as part of an effort to reduce methane gas emissions produced from organic waste decomposition in landfills. California landfills are responsible for the third-largest source of methane.

Organic waste prevention, edible food rescue and composting all help reduce methane emissions from California's landfills.

Organic waste now includes: Food waste like kitchen scraps; Green waste like landscape clippings and pruning, flowers, and leaves; Food-soiled paper items such as pizza boxes, used paper plates, and coffee filters.

A complimentary countertop food waste kitchen pail will be delivered to residential customers to transport food waste to the organic waste cart. The City's goal with the

implementation of this state-wide mandate is to educate and promote compliance with this state wide law rather than penalize. All California residents are required to comply with SB 1383 requirements and contamination charges are possible starting in January 2023. After a six-month grace period that will include direct education efforts and multiple warnings, a contamination surcharge may apply if prohibited materials continue to be placed in collection carts.

Residents who compost are encouraged to continue to do so! This
Continued on page 3

SacRT Awarded \$30 Million to Improve Light Rail System



The California State Transportation Agency (CalSTA) awarded SacRT funding to help fund three major projects. Photo courtesy of SacRT

SacRT News Release

SACRAMENTO, CA (MPG) - The Sacramento Regional Transit District (SacRT) was awarded \$30 million in state grant funding through the Transit and Intercity Rail Capital Program (TIRCP) to help make major improvements to the Sacramento region's light rail system, reduce greenhouse gas emissions, and support jobs.

The California State Transportation Agency (CalSTA) awarded SacRT funding to help fund three major projects. SacRT will receive \$23.6 million as part of a nearly \$600 million Light Rail Modernization Project an additional \$5 million to support connectivity and planning at Sacramento Valley Station (SVS) to prepare for future development at the Railyards, and \$1.5 million for contactless fare payment devices onboard buses and light rail vehicles.

• **Light Rail Modernization Project:** SacRT is currently working on modernizing the light rail system with new low-floor light rail vehicles, converting 29 light rail stations on the Gold Line to accommodate new low-floor vehicles, and adding a "passing track" at the Glenn/Robert G. Holderness Station in Folsom to provide 15-minute service, rather than the existing 30 minutes. TIRCP funding will support the purchase of eight new low-floor light rail vehicles to replace vehicles that have passed their useful life. Low-floor light rail vehicles will produce operational efficiencies by speeding up train operating times and optimizing boarding convenience and safety along with needed increased capacity.

• **Sacramento Valley Station (SVS) Transit Center:** SacRT partnered with the City of Sacramento and Capitol Corridor Joint Powers Authority on a project to improve connectivity of
Continued on page 11

100 Tutors to Be Hired

By Thomas J. Sullivan

SACRAMENTO REGION, CA (MPG) - California Teaching Fellows Foundation (CTFF), a 20-year, Fresno-based, non-profit foundation, new to the Sacramento area, is accepting applications through July to hire over 100 tutors to serve transitional kindergarten (TK) through 8th grade students in the San Juan Unified School District.

CTFF currently employs over 2,000 tutors as "teaching fellows" and currently serves over 300 school sites throughout California. New hires who will work in Sacramento County will start in August, said Jackie Moreno, CTFF marketing and development director.

"This new partnership will create academic support programs for students and educators in over 30 additional school sites in the San Juan Unified School District," Moreno said.

"Our initial focus will be on schools serving students in Citrus Heights, Carmichael and Arden-Arcade," she said. A complete list of participating schools in the district is



CTFF currently places "teaching fellows" serving at over 300 school sites throughout California. Photo courtesy of CTFF

still being compiled.

New teaching fellows who are offered a position by CTFF will have to submit Live Scan fingerprints and pass a background check, Moreno said. Teaching fellows will be paid \$17 per hour, and paid bi-monthly, typically working between 20-25 hours at their school site. All will have access to in-house life coaching, paid training, and valuable school worksite experience, Moreno said.

"We encourage interested applicants to apply online at www.ctff.us/ application," Moreno said. Upon completion of their initial application, a telephone or virtual interview is then scheduled.

Previous experience is not required as ongoing professional training and personal support is provided for new hires, according to CTFF.

"We're looking to hire from a diverse pool of candidates who are genuinely

passionate about teaching and helping students to succeed," Moreno said. "CTFF also wants to encourage applicants from those just starting college who want to gain field experience in education leading towards a satisfying teaching career."

New hires will also be provided with 40 hours of paid professional development course-work annually, allowing them to continually learn
Continued on page 5

Read More at www.CitrusHeightsMessenger.com

State Requires Sharing Your Data

By **Kristen Hwang,**
CALMatters.org

In March 2020, as Californians hunkered down for what many expected to be a two-week lockdown, high-ranking health officials were scrambling to find out how many COVID-19 patients were hospitalized, how many were in intensive care and how many beds remained available.

With no system in place for hospitals to report this information to the state and share it, Secretary of Health and Human Services Dr. Mark Ghaly, the state's public health director and other staff had to call 426 hospitals to assess the situation.

Now, officials hope to avoid similar scenarios in the future by changing the way patient data is collected and shared. Legislation passed last year requires all health and human services providers to sign a statewide data-sharing agreement. This includes hospitals, doctor's offices, nursing homes, public health agencies, laboratories, mental and behavioral health providers, substance use treatment facilities, insurance plans, public health departments and emergency services.

The final version of the agreement was published July 1. Most participants will have six months to sign the agreement and a year to begin sharing data.

If implementation goes as planned, a doctor or case worker could request a patient's full medical and social services history in real time. Patients could view their own records easily, and government agencies would also have access to more reliable aggregate data on patient outcomes and demographics — rendering the pandemic scramble obsolete.

The health care industry already amasses incredible amounts of patient data. John Ohanian, chief data officer for the state Health and Human Services Agency, likens it



California will require health facilities to start sharing patient data with each other. Photo courtesy Doctor Patients © Katarzyna Bialasiewicz Dreamstime.com

to "freeways of information." The problem is, not everyone has an onramp to the freeway.

"Our goal was — and the governor's goal was — to make it mandatory that people exchange information and provide rules of the road and guidelines so it can be done well," Ohanian said.

It's a huge endeavor for the state, and not everyone is on board.

In a public comment responding to a draft of the agreement, the California Hospital Association and California Association of Public Hospitals and Health Systems complained that the requirements exceed the statutory authority of the law that established the data-sharing requirement. When contacted for clarification, hospital association spokesperson Jan Emerson-Shea said there was nothing to add beyond what was in the letter.

The California Association of Health Plans also commented that parts of the draft proposal go beyond the scope of the new data-sharing law, including the proposed governing body that

would oversee compliance. The association also pointed out potential conflicts with a parallel federal effort to create a national data exchange for health data.

Other groups, including the County Welfare Directors Association of California, County Behavioral Health Directors Association and Planned Parenthood Affiliates of California, raised concerns about data privacy and security. They also want patients to be given the ability to choose whether their data is shared and noted that addiction and mental health records are more strictly protected than other health data. In a letter to the state, Planned Parenthood asked to delay implementation by one year.

According to a state analysis, the proportion of medical and social services organizations that currently use digital records and share that information with other providers varies widely based on sector and location.

While 97% of family physicians used electronic record-keeping methods in 2020,

those who didn't tended to be small independent practices or they were in rural areas. Likewise, 90% of medium and large hospitals also used electronic-only patient records, but only 70% of small hospitals in the state used digital records.

The report found a little more than a third of addiction treatment centers used electronic records to document treatment plans and view laboratory results. Less than half of nursing homes used electronic records and only 10% reported that their systems connected with local hospitals.

Some of the organizations with the fewest digital record-sharing systems are government agencies like county public health and social services departments. The state Legislature's approved budget includes \$50 million over two years to help small doctor's offices, rural hospitals and community organizations invest in the technology needed to comply with the law.

Even before the pandemic, community clinics and social services providers like homeless shelters

say disconnected record-keeping systems caused chronic problems.

On a broader scale, the patchwork of digital accessibility has made it difficult to reduce health disparities for conditions like heart disease and diabetes, both before and during the pandemic, said Kiran Savage-Sangwan, executive director of the California Pan-Ethnic Health Network and a member of the data exchange advisory group.

Communities of color make up 63% of the state's population but represent more than 80% of all enrollees in Medi-Cal, the state's health system for people who can't afford health insurance. According to a California Health Care Foundation report on health disparities, Black and Latino residents are far more likely to experience preventable hospitalizations for conditions like asthma, heart failure and diabetes than white residents. The same groups are also the most likely to report delaying health care due to cost or lack of insurance.

In recent years, the state has launched ambitious plans to transform the Medi-Cal system through an initiative called CalAIM, which aims to address the root causes of failing health, like food insecurity and housing instability. It offers coverage for services not typically thought of as medical needs, such as housing. CalAIM, along with the state's Healthy California for All Commission, which is exploring what a single-payer health care system could look like in California, relies on data.

"I can't think of a thing on our list of huge transformations that won't either depend on or benefit from this effort," Ghaly said. "All of these data systems having some ability to come together around the individual is going to accelerate — whether it's a social worker or an emergency room nurse — their ability to provide more comprehensive and coordinated services." ★

YOUR LOCAL GEICO AGENT MAKES BUNDLING SIMPLE.

HOME + AUTO = EASY

Bundling your home and car insurance is super easy with GEICO. Not only could you save money with a special discount, but you'll also save time by having all your coverages in the same place.








START YOUR QUOTE!



GEICO | LOCAL OFFICE

Vincent Harris | 916-923-5050
¡Hablamos Español!

Some discounts, coverages, payment plans, and features are not available in all states, in all GEICO companies, or in all situations. Homeowners, renters, and condo coverages are written through non-affiliated insurance companies and are secured through the GEICO Insurance Agency, LLC. GEICO is a registered service mark of Government Employees Insurance Company, Washington, DC 20076; a Berkshire Hathaway Inc. subsidiary. GEICO Gecko® image © 1999–2022. © 2022 GEICO 21_633312129 #0G38872

Mandatory Food Recycling Begins

Continued from page 1
program is intended to capture only the food waste and food soiled paper that would otherwise go to the landfill. For those who home-compost, this would mean you would now utilize the green organic cart, rather than the garbage bin for food waste and food soiled paper NOT suitable for home composting.

As a result of the program, rate increases will begin July 1, 2022. Rates are determined by the size of the garbage cart. Currently the rate for a 32 gallon cart is \$21.27/month, 64 gallon cart is \$23.61/month and a 96 gallon cart is \$29.37/month. As of July a 32 gallon cart will be \$26.81/month, 64 gallon will be \$29.80/month



All California residents are required to comply with SB 1383 requirements and contamination charges are possible starting in January 2023. Photo courtesy of Republic Services

and a 96 gallon cart will be \$37.15/month.

Beginning July 4, if customers choose to have extra

green organic carts, the customer will be charged an

additional \$14/month fee per additional cart. Residents

who do not have a green cart now will have one delivered during the first few weeks of July. For residents living in high density condominium, cluster homes, or townhouse communities there may be some customized collection services arranged through homeowner associations. We encourage residents to call their HOA or the City at 916-727-4770 with questions.

Residents will be receiving program information at the City's website, by direct mail, door hanger and with their kitchen pails in late June and throughout the month of July. Outreach and education will continue via social media and anywhere else we can help educate and inform our residents. ★

Lucky 8

Anniversary Celebration

OVER \$100,000
IN PRIZES AND OFFERS

GRAND PRIZE: \$50,000
DRAWINGS EVERY WEDNESDAY & SATURDAY IN JULY

For complete details



We're celebrating our lucky 8th anniversary in a big way with a month-long giveaway. Play your favorite games to win cash, free play, and other great prizes. Earn entries today. Don't miss it!

STONES

GAMBLING HALL

STONESGAMBLINGHALL.COM

6508/6510 ANTELOPE RD | CITRUS HEIGHTS, CA 95621 | SACRAMENTO COUNTY | 916.735.8440

Gambling Problem? Call 1-800-GAMBLER. GECE-001373, 001374. GEGA-004227, 003790.

Local Artist Leaves a Legacy of Compassion



This child's pile of clay is his center of creative energy as taught by Chris Thompson when he and 18,000 fairgoers created this ArtValanche in 2018 at the California State Fair as part of the Fine Arts exhibit sponsored by Valley Sculpture Artists. Photo by Sue Anne Foster

By Elise Splaiss

SACRAMENTO REGION, CA (MPG) - On May 2, 2022, a bright light in the California art community was sadly extinguished. Well known sculptor and potter Christopher Max Thompson died unexpectedly in an automobile accident at the age of 63. Locally, Thompson, a member of Valley Sculptors Artists (VSA), was a popular clay demonstrator at the Fine Arts building at the Sacramento State Fair for many years interacting with fairgoers of all ages. His "ArtValanche" was a fan favorite.

Thompson's love for

making things with clay began at the age of nine when his mother tossed him a hunk of porcelain clay. He was hooked. He received the 'Artist of the Year Award' from the Sacramento Arts and Business Council after facilitating a five-county project creating 'A Thousand Bowls to Feed the Hungry' in 2013 while a graduate student at California State University, Sacramento. He tossed (shaped) the bowls, while volunteers from local arts organizations glazed and offered them for sale in the community. This project yielded over \$42,000 for local non-profits.

After having received his Master's Degree at Sac State, Thompson shared his love for art with his community in many ways. He taught classes to children and adults throughout the Sacramento region and worked with veterans with PTSD at Beale Air Force Base.

In 2018 Thompson received the prestigious Don Herberholz Award for Sculpture. Herberholz was a well-known metal sculptor, and former professor of art education at California State University Sacramento for 35 years. In Thompson's honor VSA will be presenting the Christopher Max Thompson Award for Sculpture to a California sculptor at their booth at the State Fair this year.

Rodney Mott, Thompson's professor at American River College in the 2000's said of Thompson, "He was one of my best students. It is not often that your best teacher comes to you disguised as a student. In a world where artists can be selfish, he was community minded and selflessly uplifted his community. He wanted nothing, looked for no reward. Even though he had been homeless himself he raised money for others."

Mott shared that two days prior to his death, they had completed another year long WorldStoke Empty Bowls/Empty Goblets project, raising \$12,500 for California Emergency Foodlink in Sacramento. ★

Who will Help Write Citrus Heights' Next Chapter?



Jeannie Bruins, Citrus Heights Councilmember. Photo Courtesy Jeannie Bruins

By Jeannie Bruins

This election year there are three seats up for election and one will assuredly have a new face: my own seat in what is now known as District 2. I am retiring as a councilmember after 20 years of elected service to the City of Citrus Heights.

There are many projects I have been part of as a member of the Citrus Heights City Council that are very visible, from new shopping centers, to forming our own police department, the construction of our community center and new city hall, to name a few. While those projects are highly visible, some of the things I've helped along the way are less visible; projects like the Sayonara Youth Center, the Citrus Heights Community Garden, getting the Verner neighborhood a Citrus Heights address with the post office, working with the Chapel View Homeowner's Association to solve a substantial sewer issue, and working with a property owner and staff to resolve an old lot line issue so they could sell their deceased mother's property.

Some of the projects I was involved in as a councilmember might not sound exciting, but it made a big difference in the lives of the people involved. And that is the greatest satisfaction this role provides; the

ability to create and be a part of positive change in our community, sometimes person by person. It's not the stuff of big headlines, but it touches people's lives on a personal level.

Serving Citrus Heights on the city council was an unexpected calling; I wasn't looking for it, but it found me when I least expected it. I never thought my life path would take me in this direction but looking back it has been one of my greatest honors to serve.

People have asked me over the years the secret to my longevity, and I tell them that I did my best to avoid politics, but rather chose to stay in the arena of public service, and to the best of my ability, put the city's interests above my own, regardless of any personal fallout.

Local leadership in Citrus Heights has never been more important than now when our community sits at the beginning of a fresh new chapter to write. We recently closed a hefty chapter that included a pandemic and a long stretch of limited fiscal resources. I am so proud of our resilience and how we took care of each other during that time. On this fresh new page, we are beginning to write an exciting story line for our next chapter that includes new leadership, renewed resources, and big goals to enhance our community image and increase our community connection now that we are emerging from the COVID-19 pandemic. We need engaged citizens on our city council to help write the next part of the Citrus Heights story.

If, like I was, you are called to explore service to your community as a city councilmember, there are a couple of things you should keep in mind:

First, the candidate filing period is Monday, July 18 through Friday, August 12, 2022 for the next general municipal election on November 8, 2022; Second, during that period, candidate nomination packets will be available for pick up from the city clerk. All candidates are required to make an appointment with City Clerk Amy Van in order to receive their candidate nomination packets; Third, the city has created a one-stop webpage of elections information at www.citrusheights.net/2022election where you can make an appointment and locate your district.

The City website page on elections information also features a recording of the recent Prospective Council Member Workshop where I shared my experience on the role, responsibilities, and time commitment of being a city councilmember, and city staff presented information on governance, the functions of each department, and election requirements and deadlines to effectively prepare potential candidates as they consider elected office.

Our city's motto is "Solid Roots. New Growth." It reflects the strength and determination that is Citrus Heights - from our hearty foundation to our promising future. We need new leaders who will continue the path of self-reliance, local control and community vibrancy that was laid with our city's incorporation in 1997. I will be here to cheer you on for this next chapter and every page of the chapters yet to write.

Thank you for electing me to serve these five terms on the Citrus Heights City Council. It has been a joy to serve the people in the city that I love. ★

Assembly Request Action by the Governor to Protect the Trucking Industry

Assembly Republicans News Release

SACRAMENTO, CA (MPG) - On Tuesday, July 5, Assembly Republicans sent a letter to Governor Gavin Newsom, urging him to delay implementation of AB 5 or exempt independent truckers entirely from its employee reclassification (ABC) test. The Supreme Court declined to hear a case on June 30th that would have challenged the new law, now putting AB 5 on the fast-track for going into effect in California.

“California’s and the nation’s economy in part depends on our ability to move products through our ports. The employment standards that AB 5 sets for independent truckers puts more undue stress on our economy and will increase shipping costs, driving inflation even higher. We are trying to prevent our already strained supply chain from getting worse, and if there are cuts to the trucking workforce, this will hurt both businesses and consumers.”

-Assembly Republican Leader James Gallagher

“The sad reality is that the devastating ramifications of this ruling will be felt most

among minority truck owners - my constituents. Not only will the rollout of AB 5 hamper minority truck owners in their goal to achieve the American Dream, but it will also force our owner-operator fleets to give up their independence and ability to work on their own terms. Many of the signatories of this letter argued strongly against AB 5 on these grounds. While I respect the Supreme Court’s decision, this issue falls upon the failures of our state to prevent unintended consequences of rash policy decisions, such as AB 5.”

-Assemblymember Devon Mathis

The letter calls on Governor Newsom to use his executive powers to either delay application of AB 5 or exempt the trucking industry altogether from the ABC test, which determines whether a worker is an employee or an independent contractor. By not taking action, the Governor would be eliminating 20 percent of California’s vital supply chain workforce.

To view the letter signed by California Assembly Republicans in its entirety, please visit this link: <https://asmrc.org/wp-content/uploads/2022/07/Letter-to-Newsom-AB-5-7.5.22.pdf>. ★

Losing Ground in Protecting Our Air Quality



Commentary by Senator Brian Dahle

For decades, California has been the nation’s leader in reducing tailpipe emissions from cars and trucks and other aggressive work to clean up smog. Southern Californians old enough to remember their eyes stinging from air pollution in the old days know how important that work was.

But now, the state’s hard work cleaning up the air is going up in smoke.

California has always had fires, and summer and fall smoke used to be an occasional annoyance. But the mega-fires the state is increasingly seeing send up so much smoke that the air quality gains made over the past years are being lost.

As the L.A. Times recently reported, California’s 2020 wildfires sent up so much smoke that we reversed decades of progress in improving air quality. This is no surprise to Californians who spent months under apocalyptic dark skies, but it’s a sad confirmation of how much progress has been lost.

And while 2020 was a record-setting wildfire year, 2021 was nearly as intense. It would have set a record if 2020 hadn’t come first. This air pollution isn’t just unpleasant. It is deadly. Stanford researchers, as the Times reports, estimate up to

3,000 premature deaths from the smoke in our air.

As a member of the state Legislature, I’ve been fighting for healthier forests for a decade. I’ve written legislation to get the government’s bureaucracy out of the way of fire prevention, launch a major reversal of “no management” management practices, and supported and expanded the Sierra Nevada Conservancy, a champion of healthy forests and watersheds. I wish I could say it was enough.

A large part of the problem is leadership. The current governor says the right things, but real work to keep communities safe and reduce wildfire severity is scarce; there has been no significant reform to California Forest Law in the last 20 years. We still manage our forests under policies that reflect the reality of the 1960s, not today.

This administration is great at issuing press releases but very bad at follow-through, as multiple reports from Capital Public Radio reporters documented over the past year. State and federal policies still put countless barriers in front of the work needed to actively thin overgrown forests (in some places 400% overgrown). We can do better. We can more aggressively waive long reviews under the California Environmental Quality Act for fire-safety projects.

Environmental groups cling to the power to stall and stop projects under these laws in the name of protecting forests. Still, I defy any of them to take a tour of Plumas County, where the Dixie Fire burned a million acres last year and

tell me that it is a healthy environment.

We must consistently support the local governments and nonprofit Fire Safe Councils that plan and organize fuel work. Competitive grants primarily drive the state’s current system. CalFire does its best to fund essential projects, but too many communities don’t have the organization to ask. Many rely on volunteer groups to handle this critical public-safety work. I have the highest admiration for the people who step forward to help their neighbors, but the critical fire risks we’re facing demand a 21st-century response. We have to tap the nearly forgotten wisdom of the ranchers, and the California Native tribes before them, who learned that fire in California is inevitable, but burning on purpose in the right season is safer and better for the environment.

The risks of prescribed fire are serious, but we need to expand our capacity to burn where we can do it safely. And we must work with the federal government, which manages nearly half the land in California, so it does its part to change course. Our national forests are a California treasure, but in recent decades their extreme, barely managed fire risk has made them a bad neighbor. The wildfire crisis is destroying watersheds, leveling whole towns, and blanketing the state in smoke that is literally killing Californians even if they live miles from the fire lines. We must do better.

Senator Brian Dahle, R-Bieber, represents California’s 1st Senate District and is a candidate for California Governor ★

100 Tutors to Be Hired

Continued from page 1

and improve their skills in areas like tutoring, classroom management, and creatively engaging students in learning activities.

The leadership of CTFF feels it has a critical role in helping to combat the ongoing teacher shortage crisis in California, by inspiring college students and others in career transition to pursue a career in education.

“CTFF is committed to developing future teachers and leaders who contribute to positive changes in the lives of students, their schools and their communities,” said Mike Snell, CEO of the California Teaching Fellows Foundation.

The foundation was initiated at Fresno State University’s Kremen School of Education and Human Development in 1999 to provide paid early field experience for future teachers which would enhance teacher preparation.

“The work of our “teaching fellows” is not only important to the students they work with, but also for their own personal and professional growth as they go on to pursue their own careers in education,” Snell said in a press release. “I look forward to our partnership with the San Juan Unified School District.”

The San Juan Unified School District reports a student population of over 50,452 students, according to the district website. There are 67 schools in the district; 46 are elementary schools, 23 are middle schools, and 17 are high schools.

“San Juan Unified is excited to partner with California Teaching Fellows Foundation as we move to increase

expanded learning opportunities for our highest-need students in the district,” said Dr. Debra Calvin, assistant superintendent of educational services at San Juan Unified.

San Juan’s “Bridges After-School/ASSETs” programs is also hiring part-time staff. This program also provides homework support, enrichment and pro-social recreation to approximately 3,000 district students, grades K-12, in 29 programs at 29 different school sites. Prospective applicants can call Kim Fields at the district office at (916) 971-5933 for more information.

“This new partnership (with CTFF) will strengthen the district’s capacity to provide additional access to safe and supportive enrichment programs for our students through the engagement of quality staff that represent the community and have a strong interest in careers in the education field,” Calvin said.

CTFF was founded in 2006 as a 501(c)(3) as a nonprofit as it grew to meet an increased number of requests from school districts throughout California for expanded learning support. CTFF now partners with over 50 school districts in California to staff programs at more than 300 K-12 school sites.

In its new partnership with the San Juan Unified School District, CTFF will soon be able to serve more than 30,000 K-12 students in the greater Citrus Heights, Carmichael and Arden Arcade area with supplemental classroom, after school and summer program instruction, tutoring and mentorship opportunities.

For more information on the California Teaching Fellows Foundation (CTFF), or to apply, visit www.ctff.us or call (559) 224-9200. ★

Former President of Team USA Softball Arrested for Sex Offenses with a Child

Sac County Sheriff's Department News Release

SACRAMENTO COUNTY, CA (MPG) - On April 14, 2022, the Sacramento County Sheriff’s Office arrested 61-year-old John Gouveia of Castro Valley, California for 8 felony counts of Lewd Lascivious Act w/ Child Under 14 Years of Age.

Gouveia worked for the national governing council for girls’ softball in the United States between the years of 1991-2019, which included

extensive travel both nationally and internationally as Commissioner of USA Softball of Northern California and the President of USA Softball. Gouveia also worked with the Hayward Area Recreation and Park District for 25 years until he retired as the General Manager in 2016. The victim stemming from this arrest was not associated with USA Softball or the Park District and investigators are not implicating the organization(s).

Gouveia was booked into the Alameda County

Jail back in April on the arrest warrant with \$250,000 bail. Mr. Gouveia arranged for a bond and was released the same day. No additional information is available at this time.

This is an active and ongoing criminal investigation. Any community members with information regarding this investigation are urged to contact the Sacramento County Sheriff’s Office Child Abuse Bureau at (916) 874-5191 or Sacramento Valley Crime Stoppers at (916) 443-HELP. ★

CIRQUE DU SOLEIL
ALEGRIA
IN A NEW LIGHT

JUL 28
AUG 28

Sutter Health Park

cirquedusoleil.com/alegria

Be a part of something important
Local Writers Wanted
We are looking for local Freelance Writers to provide great coverage.

MPG Call us today at 916-773-1111

CALL A PRO BUSINESS DIRECTORY

SLS Superior Landscape Services
Landscaping and Maintenance

- Sprinkler Repair/Install • Pruning
- Mowing/Trimming • Fertilizing

Insured Lic#794551
(916) 728-5812 • Cell (916) 761-0999
Dave Cochran Owner • dave_SLS@surewest.net

MARTY MOEN
Fencing and Decks

Free Estimates

- Ornamental Iron
- Wood • Chain Link

(916) 796-1005 License # 852410

GREENWAY TREE SERVICE
Specializing in Expert Tree Pruning,
Tree Removal & Stump Grinding

Free Estimates
Competitive Prices
Licensed and Insured

(916) 224-9750

A-1 AFFORDABLE ROOFING SERVICES, INC

- New Roofs • Certifications • Roof Repairs
- Dry Rot Repairs • Roof Inspections • Gutters

John Fleenor, Contractor
1741 L Street, Rio Linda, CA 95673
Cell: (916) 206-1613
Contractor Lic. #1064966

CLEAN & SOBER
LIVING
CSTL, Inc.

Helping People and the Community
with the Alcohol and Drug Problem!
Over 20 Years in Business!

Sober Living - 916.961.2691

Rio Linda Eye Care

Laser Surgery • Eye Glasses • Contact Lenses
• Eyewear for Computer Users

Dr. William Fleischmann
(916) 991-8444

Saturday Appointments Available
6716 RIO LINDA BLVD., SUITE B, RIO LINDA

ESTATE ADMINISTRATION

Trust Administration
• Probate of Wills

Kilpatrick Law Offices, P.C.

(916) 979-7025 • tk@kilpatrick.com

DITARANTO LEGAL DOCUMENT SERVICES
Nicholas Ditaranto, LDA

Divorce • Family Law • Immigration • Probate
Willis & Living Trusts • Other Low Cost Services

Helping "Self-Helpers"
Since 1997

6929 Sunrise Blvd., Ste. 112, Citrus Heights, CA 95610
916-676-1096 office
916-225-8437 call or text

Registered and Bonded - 2022 Exp. 03/19/2024 Sacramento County
www.ditarantolegal.com | legalconcepts1@gmail.com

Sharon's Garden Childcare & Preschool

Teach Private In-Home Tutoring Will Pick Up from Local Schools

COVID Safe • Certified Staff • Nurse on Call
7am - 7pm • Breakfast, Lunch, Snacks

sharongardenchildcare.com
Dennis (916) 988-2669 • dnsmshny@yahoo.com

MORE TIME ON YOUR BUSINESS
...and less time managing payroll

FREE PAYROLL PROCESSING FOR ONE MONTH IF YOU CALL NOW!

Pinnacle Employee Services
916-760-7227
www.pinnaclehr.com

Just Send It Postal

justsendit11@yahoo.com
Phone: (916) 723-8855 • Fax: (916) 723-0208
Mon.-Fri. 10 - 5 Sat. & Sun. CLOSED
7250 Auburn Blvd. #C Citrus Heights, CA 95610
www.justsenditpostal.com

NOTARY * PRINTING * SHREDDING

TRACTOR SERVICE

- Mowing • Rototilling
- Discing • Scraper/Loader

Call
(916) 991-8431

L	U	S	H			L	A	O			P	R	E						
O	G	E	E			B	E	L	L		S	K	E	I	N				
A	L	A	R			R	A	I	D		N	I	E	C	E				
F	I	R	E	W	O	R	K	S			O	S	L	O					
				T	O	N	N	E			J	U	S						
R	E	S	O	R	T						M	A	T	I	S	S	E		
A	L	A		M	E	A	G	E	R		N	A	P	A					
S	A	U	C	Y		S	E	A			U	G	L	I	S				
E	T	N	A			W	H	E	L	P	S		O	N	E				
D	E	A	N	E	R	Y					R	U	N	N	E	L			
				D	R	Y					S	H	I	R	E				
				P	O	L	O				C	H	A	M	P	A	G	N	E
H	I	V	E	D							A	I	D	E		R	O	A	D
A	M	U	S	E							R	E	N	D		L	A	M	A
T	A	M									D	D	T			Y	L	E	M

Classified Advertising

Sell Your Stuff!
Reach 1000's of Readers Every Week!

MPG

916-773-1111

5	7	9	8	1	3	4	6	2
4	2	3	7	9	6	5	1	8
6	8	1	4	2	5	9	7	3
2	3	5	9	7	4	1	8	6
7	1	8	5	6	2	3	9	4
9	4	6	3	8	1	2	5	7
1	5	2	6	3	7	8	4	9
8	6	4	2	5	9	7	3	1
3	9	7	1	4	8	6	2	5

LEGAL ADS FOR SACRAMENTO COUNTY?
We Can Do That!

Call to place your legal advertising **916-773-1111**

All Legal Ads Published by Messenger Publishing **MPG**

STATEPOINT CROSSWORD • ANNUAL TRADITIONS

- CLUES**
- ACROSS**
- Verdant
 - Vietnamese neighbor
 - "Before" prefix
 - Curved molding
 - "It rings at midnight on Christmas Eve at church"
 - Yarn store unit
 - Relating to armpit
 - Criminal's surprise
 - Nephew's sister
 - "4th of July spectacle"
 - 1952 Olympics host
 - 1,000 kilograms
 - Meat sauce
 - Vacation location
 - French painter of "La Danse" fame
 - Menu words (2 words)
 - Lean
 - Wine valley
 - Impertinent
 - "Annual Assumption tradition blesses it"
 - #2 Down, pl.
 - Highest volcano in Europe
 - Puppies
 - Bit of binary code
 - Dean's official residence
 - Small stream
 - Wine quality
 - Bilbo Baggins' land
 - Windsor family's sport
 - "Popular New Year's libation"
 - Stored by bees
 - ...-de-camp
 - "On the ..." by Jack Kerouac
 - Make laugh
 - Tear
 - Tibetan priest
 - Woolen cap
 - Banned insecticide
 - Big Bang's original matter
- DOWN**
- Bakery serving
 - Tangelo
 - Scorch
 - Regarding this point
 - "Live and ..."
 - Description for twins
 - Auto pioneer
 - Banana remnant
 - Puerto ...
 - Compass bearing
 - "Jane Eyre" author
 - Pig part
 - "Action under mistletoe"
 - Like a damaged apple, possibly
 - Jam container
 - Torn down
 - Fill with optimism
 - Sweating room
 - "Thanksgiving's main event?"
 - Beauty parlor
 - Chiropractor's concern
 - Painting holder
 - Light gray
 - "Wow!"
 - "Birthday cake decorations"
 - Seize the throne
 - Kind of humor
 - Ready
 - Deteriorate
 - Just about
 - Jumped aside
 - Lacked
 - Type of cotton
 - Female gamete
 - "Valentine's Day tradition"

CROSSWORD

1	2	3	4		5	6	7		8	9	10				
11					12				13	14					
15					16				17						
18				19					20						
				21					22						
23	24	25					26			27	28	29			
30					31		32	33			34				
35			36				37			38					
39						40				41		42			
43									44			45	46		
									47			48	49		
	50	51							52				53	54	55
56									57				58		
59									60				61		
62									63				64		

dish BRING EVERYTHING YOU LOVE TOGETHER!

Blazing Fast Internet! ADD TO YOUR PACKAGE FOR ONLY \$19.99/mo. where available

2-YEAR TV PRICE GUARANTEE \$69.99/mo. 190 CHANNELS including Local Channels!

CALL TODAY - For \$100 Gift Card **1-888-416-7103**

SUDOKU

GRAND ALASKAN CRUISE & TOUR
12 days, departs May - Sep 2022
promo code N7017
1-855-208-9533

		9	8	1				2
			7	9		5	1	
6								
2	3						8	
	1	8				3	9	
	4						5	7
								9
	6	4		5	9			
3				4	8	6		

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Legal Advertising Hotline 916-483-2299
Legal Advertising Fax 916-773-2999

LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 - February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 - September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 - March 12, 2020
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 - March 21, 1988

Legal Advertising 7144 Fair Oaks Blvd #5 Carmichael, CA 95608

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-03895
Jamie Nero, 2908 Shovelers Lane, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "420 Pallets and More" 3325 Longview Drive, Suite 331, Sacramento, CA 95821. Filed with the Clerk of Sacramento County May 19, 2022. Publish: June 24, July 1, 8, & 15, 2022 7-15-22

"Billing Secrets" 7711 Greenback Lane, Apt 152, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 8, 2022. Publish: June 24, July 1, 8, & 15, 2022. BILLING 7-15-22
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-04361
Daria Alida Hill, 8108 Glen Alta Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Bright Heart Publishers / Bright Heart Transformation Center" 8108 Glen Alta Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 8, 2022. Publish: June 24, July 1, 8, & 15, 2022. BRIGHT 7-15-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-04633
HSK Automotive, Inc., 4381 Gateway Park Boulevard, Suite 500, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "SK Auto Repair" 4381 Gateway Park Boulevard, Suite 500, Sacramento, CA 95834. Filed with the Clerk of Sacramento County June 17, 2022. Publish: July 1, 8, 15 & 22, 2022. SK 7-22-22

95624. Filed with the Clerk of Sacramento County June 24, 2022. Publish: July 8, 15, 22 & 29, 2022. CABINET 7-29-22
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-04811
Steven Phan, DDS, Inc., 5215 Garfield Avenue, CA 95841 is doing business under the Fictitious Business Name(s) "Sac Dentist," 5215 Garfield Avenue, CA 95841. Filed with the Clerk of Sacramento County June 24, 2022. Publish: July 8, 15, 22 & 29, 2022. DENTIST 7-29-22

CA 95670 is doing business under the Fictitious Business Name(s) "Erudite Logistics" 2212 Hermosa Court, Apt. 59, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 16, 2022. Publish: July 15, 22, 29, August 5, 2022. ERUDITE 8-5-22
FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-04949
Premier Concours Promotions, 2347 Gold River Road, Suite M, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Niello Concours at Serrano" 2347 Gold River Road, Suite M, Gold River, CA 95670. Filed with the Clerk of Sacramento County June 30, 2022. Publish: July 15, 22, 29, August 5, 2022. NIELLO 8-5-22

of Christopher Allen Garcia to Kristopher Allen Hsia.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on August 11, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 9, 2022. Christopher E. Krueger, Judge of the Superior Court. Publish: June 24, July 1, 8 & 15, 2022. KHRISTOPHER 7-15-22
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00321168
Nancy Rana has filed a petition with this court for a decree changing the name(s) of Nancy Rana to Nancy Kaur.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on August 10, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 8, 2022. Christopher E. Krueger, Judge of the Superior Court. Publish: June 24, July 1, 8 & 15, 2022. NANCY 7-15-22
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00321084
Sienna Patricia Greenspon has filed a petition with this court for a decree changing the name(s) of Sienna Patricia Greenspon to Sienna Patricia Gates.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on August 10, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 7, 2022. Christopher E. Krueger, Judge of the Superior Court. Publish: June 24, July 1, 8 & 15, 2022. SIENNA 7-15-22
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00319266
Ahmed Mohamed Ismail has filed a petition with this court for a decree changing the name(s) of Ahmed Mohamed Ismail to Adel Shumo Ismail.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on August 17, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 13, 2022. Christopher E. Krueger, Judge of the Superior Court. Publish: June 24, July 1, 8 & 15, 2022. AHMED 7-15-22
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00321399
Mary Lou Rodriguez has filed a petition with this court for a decree changing the name(s) of Mary Lou Rodriguez to Mary Lou Bravo.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on August 16, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 10, 2022. Christopher E. Krueger, Judge of the Superior Court. Publish: June 24, July 1, 8 & 15, 2022. MARY 7-15-22
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00321380
Elia Lorena Velasco Morales has filed a petition with this court for a decree changing the name(s) of Elia Lorena Velasco Morales to Elia Lorena Velasco.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on August 16, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 10, 2022. Christopher E. Krueger, Judge of the Superior Court. Publish: June 24, July 1, 8 & 15, 2022. ELIA 7-15-22
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00321671
Lucila Sanchez Hernandez has filed a petition with this court for a decree changing the name(s) of Lucila Sanchez Hernandez to Lucila Hernandez Sanchez; Sebastian Hernandez Suazo to Sebastian Leon Suazo, and Joaquin Hernandez Suazo to Joaquin Esteban Suazo.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on August 10, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 14, 2022. Christopher E. Krueger, Judge of the Superior Court. Publish: June 24, July 1, 8 & 15, 2022. LUCILA 7-15-22

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00321508
Anna Ka Yee Chow has filed a petition with this court for a decree changing the name(s) of Anna Ka Yee Chow to Ka Yee Chow.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on August 17, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 13, 2022. Christopher E. Krueger, Judge of the Superior Court. Publish: June 24, July 1, 8 & 15, 2022. ANNA 7-15-22
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00321067
Priya has filed a petition with this court for a decree changing the name(s) of Priya to Priya Kumar.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on August 10, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 7, 2022. Christopher E. Krueger, Judge of the Superior Court. Publish: June 24, July 1, 8 & 15, 2022. PRIYA 7-15-22
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#34-2022-00321321
Kristopher Allen Garcia has filed a petition with this court for a decree changing the name(s)



CHPD Seizes Illegal Fireworks



CHPD image of illegal fireworks seized during the July 4 weekend. Photo courtesy of CHPD

By Patrick Larenas

CITRUS HEIGHTS, CA (MPG) - The Citrus Heights Police Department was busy during the holiday weekend as it responded to resident reports of illegal firework activities.

With well over 500 online firework reports, the department was pleased that dispatch was not overwhelmed with extra calls. CHPD's education campaign directing residents to report illegal fireworks to #illegal fireworks at #Citrus Heights allowed dispatch to focus better

on emergency calls.

Approximately 216 lbs. of illegal fireworks were seized as a result of the enforcement initiative taken by residents.

Department personnel reported in their social media page, "In addition to our CHPD officers conducting fireworks enforcement and education, [we] responded to several traffic collisions, arrested 5 people for DUI... [and] located 3 at-risk missing people."

The department expressed appreciation for the help it received from the community to help keep neighborhoods safe. ★

City Council Candidate Filing Appointments Available

City of Citrus Heights News Release

CITRUS HEIGHTS, CA (MPG) - Are you interested in running for City Council? The next general municipal election for the City of Citrus Heights will be held on November 8, 2022 for three City Council seats – Districts 2, 4, and 5. Beginning Monday, July 18 through Friday, August 12, 2022 at 5:00 p.m., candidate nomination packets will be available for pick-up from the City Clerk. All candidates are required to make an appointment with the City Clerk in order to receive their candidate nomination packets.

Please visit, www.citrusheights.net/2022election to make an appointment

with the City Clerk and review additional information about the candidate filing process. For questions, email the City Clerk at CityClerk@citrusheights.net or call (916) 727-4704.

If you are interested in running for public office in the City of Citrus Heights, you must meet the following requirements:

Must be at least 18 years of age; Must be a citizen of the United States and a resident of the State of California; Must be a registered voter in, and a resident in, the District in which he or she seeks election at the time nomination papers are issued.

Interested in running for City Council but not sure what district you are in? Visit www.citrusheights.net/elections and locate your district. ★

Traffic Collision with Injuries

CHPD News Release

CITRUS HEIGHTS, CA (MPG) - On July 2, 2022, at approximately 4:55 PM, the Citrus Heights Police Department (CHPD) received 911 calls regarding a traffic collision on Old Auburn Rd at Loi Linda Ln. The crash involved a motorcycle and a vehicle.

Upon arrival, officers located a motorcyclist on the ground and the occupants of the other involved vehicle at the scene. Sacramento Metro Fire Department responded and transported the injured

motorcyclist to an area hospital.

Due to the seriousness of the injuries, the CHPD Traffic Unit responded to the location to initiate the collision investigation; the investigation is ongoing. The cause of the collision is not yet determined, and alcohol/drug involvement is not yet known.

A section of Old Auburn was closed during the investigation for approximately four hours; however, it has been reopened.

CHPD would like to caution all motorists to drive safely and responsibly. ★

SacRT Awarded \$30 Million to Improve Light Rail System

Continued from page 1

multimodal transit in the downtown core. Funding will support the construction of a new north-south aligned light rail station to connect the SVS to the future Railyards Plaza. This will catalyze the neighboring Railyards and River District developments while prioritizing transit ridership and active transportation.

• Contactless Fare Payment on Transit: SacRT partnered with the California Department of Transportation (Caltrans), Visa, Littlepay, and SC Soft to offer a contactless method for payment on board light rail trains to help improve the customer fare payment experience. The innovative touch-free fare payment technology allows riders to tap a contactless credit, debit, prepaid card, or contactless-enabled mobile or wearable device (e.g., smartwatch) to pay fare when boarding light rail trains. The TIRCP funding will help expand the program to buses and on all new light rail trains.

SacRT is truly thankful for the 2022 funding from the California Transportation Agency's Transit and Intercity Rail Capital Program," said SacRT Chair Steve Miller. "These funds put us one step closer to replacing our aging light rail fleet with entirely new and modern, low floor vehicles and making improvements at the Sacramento Valley Station for easier connections from buses and light rail to Amtrak and the Capitol Corridor trains."

"I want to thank CalSTA Secretary Toks Omishakin and Chief Deputy Secretary

Chad Edison for these grant awards that will help modernize SacRT's light rail system and provide connectivity to regional partners," said SacRT General Manager/CEO Henry Li. "Over the last few years, we have secured millions of dollars to improve the convenience and accessibility of our light rail system to the customer experience and quality of life for the Sacramento Region."

"Congratulations to Sacramento Regional Transit in your success of securing new funding from the competitive TIRCP program. With this state funding, SacRT will help lower greenhouse gas emissions in our region and improve public health and mobility across the region and California," said Assemblymember Kevin McCarty (D-Sacramento).

SacRT was previously awarded \$265 million in funding for the light rail modernization project, which includes the purchase of 36 new low-floor light rail vehicles. Siemens Mobility in Sacramento is building the new train cars and the first cars are expected to be delivered in summer 2022.

CalSTA awarded nearly \$800 million to 23 projects statewide to expand transit and intercity rail service and reduce greenhouse gas emissions. TIRCP funding is provided through Senate Bill (SB) 1, the Road Repair and Accountability Act of 2017, and from the Cap-and-Trade program proceeds. More information on the projects awarded can be found here: <https://calsta.ca.gov/press-releases/2022-07-07-calsta-awards-800-million-for-tircp-projects> ★

Mortgage Relief Program Available for Financial Hardships

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The California Mortgage Relief Program has announced it will expand eligibility requirements to give more California homeowners a fresh start in their homes after falling behind on housing payments due to financial hardships brought on by the COVID-19 pandemic.


The California Mortgage Relief Program offers financial assistance to eligible homeowners through a one-time-only grant that does not have to be paid back. This means homeowners who have fallen behind on their mortgage or property tax payments due to pandemic-related financial hardships can get caught up.

Homeowners can check to see if they

are eligible to apply for the California Mortgage Relief Program by visiting CAMortgageRelief.org and clicking the "Apply Now" button. Application assistance is available through the program's Contact Center at 1 (888) 840-2594.


The CalHFA Homeowner Relief Corporation (CALHRC) is a special-purpose affiliate of the California Housing Finance Agency (CalFHA). CalFHA is an independent state agency that assists low to moderate-income Californians by acting as the state's affordable housing lender. Through CalHRC, the agency is able to disburse The American Rescue Plan Act's Homeowner Assistance Fund (HAF) on behalf of the State of California given its extensive expertise in the mortgage assistance and homeownership space. ★

LEGAL ADS FOR SACRAMENTO COUNTY?
We Can Do That!
 Call to place your legal advertising **916-773-1111**
 All Legal Ads Published by Messenger Publishing **MPG**




NORTHBRIDGE DENTAL


DENTAL IMPLANTS - THE BEST OPTIONS FOR MISSING TEETH



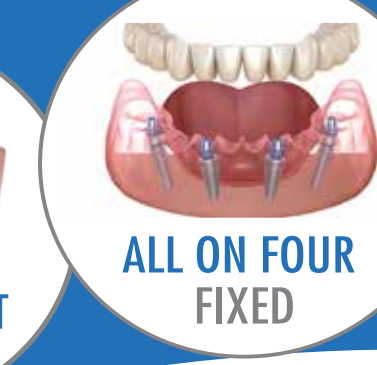
SNAP ON REMOVABLE




DENTURE TO IMPLANT
FIXED OR REMOVABLE



SINGLE IMPLANT FIXED



ALL ON FOUR FIXED



BRIDGE FIXED

Free Consultation ☎ **916-944-1197**

NORTHBRIDGE DENTAL
6600 Madison Ave. Ste. 4b
Carmichael, CA 95608

All implant treatment performed in one location from start to finish

Sacramento Native Serves Navy



Hospital man Emily Hoskins, a native of Sacramento, CA. Photo courtesy of Mass Communication Specialist 1st Class Anna-Liesha Hussey, Navy Office of Community Outreach

By Mass Communication Specialist 1st Class Bryan Niegel, Navy Office of Community Outreach

PENSACOLA, FL (MPG)

Hospital man Emily Hoskins, a native of Sacramento, California, serves the U.S. Navy assigned to Navy Medicine Readiness and Training Command Pensacola operating out of Naval Air Station Pensacola.

Hoskins joined the Navy two years ago.

"I saw myself reaching a goal and thought the Navy would be a great stepping-stone to pursue my medical career," said Hoskins.

Growing up in Sacramento, Hoskins attended John F. Kennedy High School and graduated in 2020. Today, Hoskins relies upon skills and values similar to those found in Sacramento to succeed in the military.

"Growing up, I learned to never give up on what I

see myself doing and what I'm passionate about," said Hoskins.

These lessons have helped Hoskins while serving with Navy Medicine Readiness and Training Command Pensacola.

Navy Medicine Readiness and Training Command Pensacola, also known as Naval Hospital Pensacola (NHP), is older than 26 U.S. States and is in its second century of service. It is one of the country's oldest and most respected military medical facilities. NHP continues to provide health care to over 150,000 beneficiaries in its main facility and ten branch clinics across five states.

Today, the sixth Naval Hospital building was the first to be built outside of the NAS Pensacola installation. Initially commissioned as the Naval Regional Aerospace Medical Command in 1978, it continues its mission of providing healthcare to America's heroes and their families throughout the Gulf Coast region. In 2001, a 2-story, 73,000 square foot Outpatient Clinic was added to the Naval Hospital.

NHP's mission is to deliver high-quality healthcare to warfighters and beneficiaries, ensuring a medically ready force through strategic integration, innovation, and well-trained personnel.

Serving in the Navy means Hoskins is part of a team that is taking on new importance in America's focus on rebuilding military readiness, strengthening

alliances and reforming business practices in support of the National Defense Strategy.

"The different branches of the military cover every aspect of defense from air, land and sea," said Hoskins. "This allows us to maintain national security and keep our country free and safe."

With more than 90 percent of all trade traveling by sea, and 95 percent of the world's international phone and internet traffic carried through underwater fiber optic, Navy officials continue to emphasize that the prosperity and security of the United States is directly linked to a strong and ready Navy.

Hoskins and the sailors they serve with have many opportunities to achieve accomplishments during their military service.

"I am most proud of getting to where I am today," said Hoskins. "I have learned to face different challenges and be mentally tough. I'm also proud of having the ability to help people and myself in the process to achieve all the goals that I have set for myself."

As Hoskins and other sailors continue to train and perform missions, they take pride in serving their country in the United States Navy.

"Serving in the Navy gives me a sense of pride in myself," added Hoskins. "I'm proud of what I have done to defend our freedom and to be able to carry on the legacy of the corpsman before me and the ability to live up to the standards I have set up for myself." ★

Kings Find Needed Sharpshooters in Huerter and Monk

By Shaun Holkko, sports editor

LAS VEGAS, NV (MPG) - Live from the strip in Las Vegas, Sacramento Kings general manager Monte McNair formally introduced two of the team's newest sharpshooters to the media on July 8.

The Kings welcomed Kevin Huerter and Malik Monk to the team Friday afternoon at a press conference held at the Thomas and Mack Center. Both players bring much-needed shooting depth and floor-spacing to Sacramento.

"We had goals going in [to the offseason] about what we wanted to accomplish," McNair said. "Certainly, adding shooting, size, versatility, defense, depth, as well as a coach. We don't think we're done, but we never feel we're done. With these two guys, [they are] two pieces that are going to fit great with the rest of our guys and give us a lot of those things that we were looking for."

Huerter is a 6-foot-7 shooting guard going into his fifth season in the NBA. He was acquired July 1 by the Kings in a trade with the Atlanta Hawks in exchange for Maurice Harkless, Justin Holiday and a future first round pick, according to ESPN. In 74 games with 60 as a starter, Huerter averaged 12.1 points, 3.4 rebounds and 2.7 assists in just under 30 minutes per game for the Hawks last season.

Monk is a 6-foot-3 shooting guard entering his sixth year in the league. He signed with Sacramento as a free agent June 30 for 2-years and \$19 million, according to ESPN 1320 Sacramento. In 76 games with 37 as a starter for the Los Angeles Lakers last season, Monk averaged 13.8 points, 3.4 rebounds and 2.9 assists in just over 28 minutes per game.

Huerter, 23, had spent his entire career with Atlanta until being dealt



Sacramento Kings guard Kevin Huerter, general manager Monte McNair and guard Malik Monk pose for a photo at the players' introductory press conference on Friday, July 8 at the Thomas and Mack Center in Las Vegas. Photo courtesy of the Sacramento Kings

to the Kings.

"I had a vet tell me in my first two years, 'you never experience the true NBA until you get traded,'" Huerter said. "That for me was like my first true NBA-moment feeling. It's the first time you change teams and meet a whole new group of guys, new organization, so I'm really excited to be here. I feel wanted."

Monk, 24, played one season at the University of Kentucky and played alongside Sacramento's speedy sensation, De'Aaron Fox. The duo led the Wildcats to a 2017 Sweet 16 appearance and became very close.

"I talk to Fox everyday man, so it really wasn't a conversation right before I signed," Monk said. "Got a call from Sac, said they wanted to offer me, so I called Fox to see what he thought about it and made the decision after that. I'm ready to play with my teammate, my brother."

Huerter comes to Sacramento with many nicknames in tow, including K-Von, Red Velvet and Red Mamba. The 23-year-old said Kings fans can refer to him by any nickname except for K-Von, as that one was exclusive to the ATL.

"I guess that means not one has fully stuck, yet I guess if I got three

or four of them," Huerter said. "I think my favorite one when I was in Atlanta was the K-Von. I think that was just something that, you know Atlanta, you know the people there, that was something that was kind of funny. They took Kevin and made me Atlanta's version of Kevin which was K-Von. So, I think that one can stay there."

"But past that, it's really whatever you guys like or feel comfortable with."

Monk played the first four years of his career with the Charlotte Hornets under the guidance of team owner, Michael Jordan, arguably one of the greatest basketball players of all-time. Last season, he played for the Lakers and alongside LeBron James, another one of the all-time greats.

"Life changing experiences from both aspects," Monk said. "With Jordan being the owner, I seen things from that side. With LeBron being a player, I seen things from his side. So, I got a lot of life changing experiences with those guys."

Huerter, Monk and the rest of the Kings will now attempt to halt the longest playoff drought in NBA history at 16 seasons beginning in October. ★

Kings Sign Neemias Queta and Keon Ellis to Two-way Contracts

Sacramento Kings News Release

SACRAMENTO, CA (MPG) - The Sacramento Kings have signed center Neemias Queta and rookie guard Keon Ellis to two-way contracts, according to General Manager Monte McNair. Per team policy, terms of the deal were not disclosed.

During his rookie season, Queta appeared in 14 games with Sacramento as a Two-Way player, averaging 3.2 points (.447 FG%, .647 FT%), 2.2 rebounds, 0.4 assists, 0.1 steals and 8.6 minutes per game.

Undrafted out of the University of Alabama, Ellis appeared in 33 games (all starts), averaging 12.1 points (.439

FG%, .366 3pt%, .881 FT%), 6.1 rebounds, 1.8 assists, 1.9 steals and 30.9 minutes per game during his senior season (2021-22).

The 6-6, 175-pound guard earned All-SEC Defensive Team accolades (2021-22), led the SEC, and ranked 24th nationally in free throw percentage (.881) in 2021-22, finished fifth in the SEC in steals (1.94), eighth in three-pointers made per game (2.03) and 14th in rebounding (6.1) in 2021-22. Prior to Alabama, Ellis played two seasons at Florida Southwestern State College (2018-20) and was named to the National Junior College Athletic Association All-American Second Team in 2019-20. ★

SENIORS!

A Reverse Mortgage Could Change Your Life

If you own a home and you are 62 years or older, you may be able to take advantage of the Federally Insured Reverse Mortgage Program to do the following...

- ▶ Get rid of your monthly Mortgage Payment
- ▶ Increase your Monthly Income...and not make a payment
- ▶ Obtain a Line of Credit to use however you wish...and not make a payment
- ▶ Obtain a Lump Sum of Cash to use however you wish...and not make a payment

Call today and ask for a quote to find out what options are available to you! 916.717.5626



JIM LANGDON

NMLS# 228920

916.717.5626

JimL@MCGloans.com

2200 Sunrise Blvd, Suite 168

Gold River, CA, 95670 | NMLS 304050



Reverse mortgages are loans offered to homeowners who are 62 or older who have equity in their homes. The loan programs allow borrowers to defer payment on the loans until they pass away, sell the home, or move out. Homeowners, however, remain responsible for the payment of taxes, insurance, maintenance, and other items. Nonpayment of these items can lead to a default under the loan terms and ultimate loss of the home. FHA insured reverse mortgages have an up front and ongoing cost; ask your loan officer for details. These materials are not from, nor approved by HUD, FHA, or any governing agency. Licensed by the Dept of Financial Protection and Innovation under the CRMLA.



WEEKLY COMICS

Amber Waves

by Dave T. Phipps

WELL, GOOD MORNING LITTLE GUY. OH MY, DO YOU LOOK MISERABLE

YOU NEED TO START GETTING MORE SLEEP AND START EATING HEALTHIER.

TONIGHT, YOU GO TO BED EARLY AND I WILL MAKE YOU SOME VEGETABLES.

WOW, AND SHE THINKS I LOOK MISERABLE NOW.

The Spats

by Jeff Pickering

I'M GOING TO GROW MY HAIR OUT.

LOOKS LIKE YOU'VE OUTGROWN MOST OF IT ALREADY.

Out on a Limb

by Gary Kopervas

HOW MANY POINTS IS A GAZELLE?

WEIGHT WATCHERS™ IN THE WILD.

THEY'LL DO IT EVERY TIME

BY AL SCADUTO

THE HOSPITAL DIETITIAN'S MEETING IS OVER... NOW FOR A COFFEE BREAK AND SNACKS...

NOTHING LIKE A CAKE BREAK...

HERE YARE, POTATO CHIPS AND DIP...

YUMMY! BROWNIES!

SCHOOL DAZE--

YOUNG MAN, THIS IS A POOR REPORT CARD...

SORRY... I'M DOING THE BEST I CAN WITH THE GENES I GOT...

R.F.D.

by Mike Marland

MAN OH MAN IT'S HOT, MAY! LET'S GO TAKE A DIP IN THE POND!

CAN'T! WE'VE GOT A CHORE LIST A MILE LONG, SIM.

LET ME SEE THAT LIST.

OKAY WE CAN CROSS "PULL INVASIVE WEEDS OUT OF THE POND" OFF THE LIST!

PERFECT TIMING DEPT... THIS ONLY HAPPENS WHEN YOU'RE DOG-TIRED...

I THINK I'LL TAKE A NAP...

ME TOO-- I'M EXHAUSTED-- IT'S NICE JUST TO DO NOTHING...

LEAD BUTT AND HYENA WOULD BE UPSET IF THEY KNEW WE WERE IN TOWN AND DIDN'T DROP BY...

I'M HUNGRY...

YEAH...

GRIN and BEAR IT

FIGBY'S FINE SHOES

"That feels perfect! I'll take the next size smaller."

LAFF-A-DAY

Just Like Cats & Dogs

by Dave T. Phipps

IN POKER, YOU'RE SUPPOSE TO HIDE YOUR FEELINGS. YOU HAVE SMUGNESS WRITTEN ALL OVER YOUR FACE.

HOCUS-FOCUS

BY HENRY BOLTHOFF

Find at least six differences in details between panels.

KP International MARKET

10971 Olson Drive, Rancho Cordova, CA 95670
916.853.8000

Market: 7 Days 8am-9pm
Food Court: 7 Days 11am-12:00pm
Korean/Mex/Viet: 7:30pm-10pm
Chinese/Japanese: 7:00pm-10pm

FROZEN & FISH DEPT

Frozen Roasted Eel 7 oz REG. \$9.99/EA \$5.99/ea	Imitation Crab Sticks 1.1 lbs REG. \$7.99/EA \$4.99/ea
---	---

WEEKLY MEAT SPECIALS

Beef T-Bone Steak \$4.49/lb	Beef Porterhouse Steak \$4.99/lb	Beef Chuck Roast Boneless \$4.49/lb
Chicken Leg Quarters \$3.89/lb	Country Style Pork Loin Ribs - Bnls \$2.49/lb	Pork Tenderloin \$2.99/lb
Pork Spareribs Single Pack \$2.99/lb		

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE JULY 13 - JULY 19, 2022.

HAPPY HOURS

Draft Beer \$2.50 & UP

Mon-Thu 4PM-9PM
Fri-Sat 2PM-9PM

KP KARAOKE SPECIAL

Sun-Thu Come before 6pm (Valid Time)
Fri-Sat Come before 5pm (Valid Time)

For 6 people \$85.00	For 12 people \$185.00	For 18 people \$275.00	For 24 people \$350.00	For 28 people \$350.00
----------------------	------------------------	------------------------	------------------------	------------------------

9 Dishes To Choose From

FRESH PRODUCE

Guavas \$2.49/lb	White Corn 79¢/ea	White Potato 10 lb \$5.49/bag	King Oyster Mushroom \$3.49/lb
Golden Sweet Potato 79¢/lb	Lychee \$3.49/lb	Ginger 69¢/lb	White Peach \$1.39/lb

AMERICAN/HISPANIC GROCERY

Garbanzo Beans \$4.99/ea	Chico Malt \$3.59/ea	Chinese Chan Meta \$1.99/ea	Bull's Eye Blue Sauce \$4.99/ea	Vanilla Original 250 ml \$1.49/ea	Roasted Refried Beans \$1.49/ea
--------------------------	----------------------	-----------------------------	---------------------------------	-----------------------------------	---------------------------------

ASIAN GROCERY

Dragonfly Rice Vermicelli \$4.99/ea	LXX Mushroom Bouillon Powder \$1.99/ea	Thai MSG 500 g \$4.49/ea	Jani's Mixed Root Chips \$1.99/ea	La Choy Soy Sauce 10 Ltr \$2.99/ea
-------------------------------------	--	--------------------------	-----------------------------------	------------------------------------

EUROPEAN GROCERY

Veika Backbeet 5 x 80 g \$2.99/ea	Kozmich Backbeet 900 g \$4.99/ea	Viola Processed Cheese Spread 195 g \$3.19/ea	Saffron Super Bussati Rice 10 lb \$15.99/ea	Guinness Stout 12 fl oz \$1.29/ea
-----------------------------------	----------------------------------	---	---	-----------------------------------

KOREAN/JAPANESE GROCERY

Shin Chan Rice 15 lb \$14.99/ea	Shin Noodle Soup Box \$13.99/ea	Low Carb Pie 12 Pack \$7.99/ea	Garlic Rice 15 lb \$2.99/ea	Korea Miso 10-100 ml \$7.99/ea	American Coffee 2 Bnls 11oz \$3.99/ea
Red Grain Pasta 60-50 ml \$5.99/ea	Onion 2 Bags 300 g \$2.59/ea	Keaton Sals 2.5oz \$5.99/ea	Soybean Oil 4.8lb \$6.99/ea	Galena Curry 7.5oz \$3.99/ea	S&B Prepared Waffle 1.5lb 50 g \$2.99/ea

HOUSEWARES

HAMILTON BEACH KITCHENWARE \$99.99/ea

DISPOSABLE 150-GRILL \$8.99/ea

DISPOSABLE 300-GRILL \$39.99/ea

DISPOSABLE 400-GRILL \$49.99/ea

DISPOSABLE 500-GRILL \$39.99/ea

DISPOSABLE 600-GRILL \$39.99/ea

FROZEN & FISH DEPT

Garlic Butter Mussels 16 oz	REG. \$7.99/ea \$4.99/ea
-----------------------------	------------------------------------

EUROPEAN DELI

Maple Syrup & Honey Turkey \$7.99/ea	Mixed Olive Salad \$4.69/ea
Maple Syrup & Honey Ham \$7.99/ea	Green Cracked Olive \$3.99/ea

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE JULY 13 - JULY 19, 2022.

Meet San Francisco's Newest Giant: The Yerminator

1-on-1 exclusive with Yermín Mercedes

Story and photo
by Shaun Holkko,
sports editor

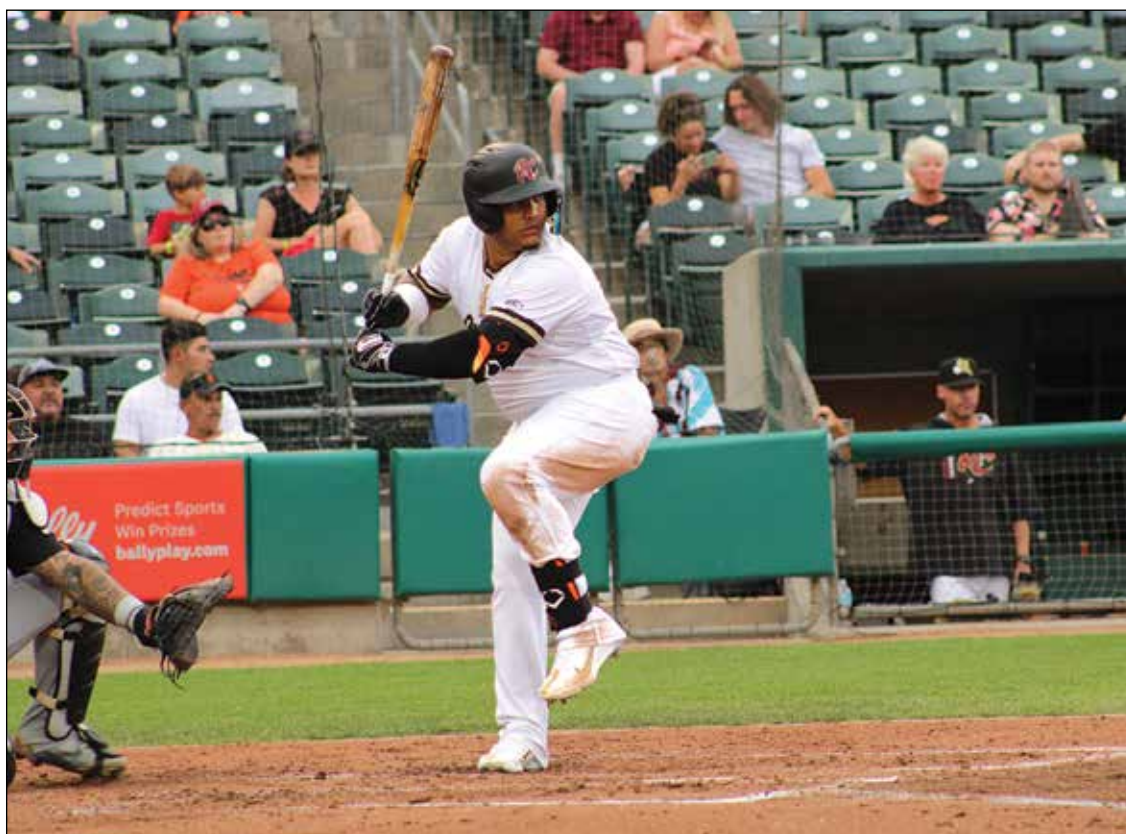
SACRAMENTO, CA (MPG) - With two outs in the top of the ninth inning of a 15-4 blowout between the Chicago White Sox and Minnesota Twins, Yermín Mercedes swung on a 3-0 pitch and crushed it to left center field for a home run.

Most people would think that such a moment deserves cheers and admiration from the winning team's manager. However, that was not the case on May 17, 2021. White Sox manager Tony La Russa, who was 76 years old at the time with more than three decades of MLB managerial experience, called the moment a "big mistake" when he spoke to the media following the 16-4 victory.

According to Mercedes, he was surprised when he heard his manager's comments to the media. La Russa said one thing to him privately in the locker room, and then said the opposite in his post-game press conference.

Baseball is America's national pastime for a reason, and with that, comes an old school mentality from some people like La Russa who employ platitudes like the "unwritten rules" of baseball. La Russa's disapproval went on to have a negative effect on the rising star and Mercedes was never as productive for Chicago statistically following that fateful day in May.

"We don't have that rule in baseball," Mercedes told the Messenger Publishing Group before making his debut with the Sacramento River Cats on June 21. "He's an old manager. In that moment after the game, he came into my locker and he talked to me and said, 'I got you, you're okay, it's my fault.' Because I



Giants first baseman Yermín Mercedes kicks his left leg and prepares to swing at a pitch during his debut with the River Cats, a 13-5 win against El Paso on Tuesday, June 21 at Sutter Health Park in Sacramento.

never saw the sign and he never gave me the sign. I think he gave it to the (base) coach, but he didn't give it to me.

"I always go to home plate and make a swing; do the best I can do in the game for the whole team."

The Yerminator went from leading MLB in batting average (.364) to suddenly plummeting back down to Earth (.271) near the league average. The drop in production led to him being demoted back to Triple-A. Mercedes suffered an injury during spring training this year and had surgery in March before eventually being designated for assignment on June 12.

While with Chicago, Mercedes showed flashes of greatness. The Dominican Republic native set a major league record as the

first player in modern MLB history to begin a season with eight consecutive hits, earning him MLB Rookie of the Month honors in April 2021. On April 2, 2021, Mercedes made history as the only White Sox player to record five hits in his first major league start.

"Big Yerm," as he refers to himself, said he didn't do anything abnormal during the hot streak. He just stuck to his daily pregame routine and approached the plate during each at bat with the goal of making solid contact.

"I never imagined I [would] be 5-for-5 in my first game in 2021," Mercedes said. "Then the next day, I go 3-for-3 so in that moment I had 8-for-8. My next at bat I just popped out to center field and said 'Wow, it's unbelievable.' Because I never, never

imagined I would make it 8-for-8 in that moment."

On June 18, the San Francisco Giants claimed Mercedes off waivers, giving the excited 29-year-old a fresh start and a new home. Mercedes made his debut for the Giants' Triple-A affiliate, the Sacramento River Cats, on June 21. Just like in his first start for Chicago, Mercedes recorded a hit in his first at bat for Sacramento, as the starting first baseman. Mercedes went 2-for-5 in his first game for the River Cats.

It didn't take long for Mercedes to get the call to return to the big leagues as on June 26, the Giants recalled him from Sacramento to replace infielder Brandon Crawford who was placed on the 10-day injured list. Mercedes was 5-for-16 at

the plate with two walks in four games for the River Cats.

Mercedes was optioned back to Sacramento three days later on June 29 after outfielder LaMonte Wade was activated off the IL. Then four days later, the Yerminator was back like he never left, returning to the Giants on July 3 to replace infielder Thairo Estrada, who was placed on the COVID-19-related IL.

"I know I can help the team out there," Mercedes proclaimed with confidence. "I know they need me because I'm a good baseball player, I know that. I need to focus on working hard every time, every day coming to the ballpark. It doesn't matter what the people say because when the people talk about you, it's because you're important. If you aren't important, the people don't talk about you."

Mercedes provides the Giants with defensive versatility as he regularly plays first base, catcher and designated hitter. With highly touted prospect Joey Bart recently demoted back to Triple-A, that could open a door for Mercedes to stay in the major leagues for the long run as a catcher.

In five games so far with San Francisco, Mercedes has gone 4-for-11 at the plate with two doubles, two runs scored and two walks. Defensively, he has started once at catcher and first base, respectively, with the other three starts as the designated hitter.

"The future has not been written," John Connor said in the 1984 film, *The Terminator*. "There is no fate but what we make for ourselves."

Whether or not Mercedes remains with the Giants long term is yet to be seen. However, whenever an opportunity presents itself, the Yerminator will be ready. ★



ENJOY THE SOUNDS OF SUMMER AT COGIR OF STOCK RANCH!

\$4,000
off
Move-in
Special!*

New friends, new activities, new experiences, 3 Chef-prepared meals, housekeeping, transportation, and much more await you at Cogir of Stock Ranch.



With independent and assisted living, we are here for you. **Call or just stop by for a tour today — we are confident you just found your new home!**

Join us as our Cogir Summer Courtyard Concert Series brings *Cheeseburgers In Paradise* and *Margaritaville* to our courtyard! Listen to the #1 Jimmy Buffett tribute band, *Garratt Wilkin and the Parrotheads*, while enjoying Island-inspired appetizers from our own Chef Patrick. Thursday, July 21st, from 6:00 - 7:30 p.m. RSVP to Dale or Shirley at (916) 725-7418 to save your seat!

*Certain conditions apply. Limited time offer. See community for details.

cogir
of STOCK RANCH
Senior Living

7418 Stock Ranch Road
Citrus Heights, CA 95621
License # 342700471
(916) 725-7418

- Independent Living
- Assisted Living
- Respite Care

