Keep Your Eyes on the Sky this September!

PLUS: Bankruptcy Filings Continue to Top 1 Million Petitions

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Volume 2 Issue 15

Serving the City of Citrus Heights and Sacramento County

First Edition for August 2012

Ronnie McBrayer: There is Electricity in the Air



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Ask George: Expert **Answers to Common DMV** Questions



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Curosity's First Photos from Mars



Veterans Invited to Unique Event

By Elise Spleiss

CITRUS HEIGHTS - The 3rd annual Citrus Heights Veteran's Appreciation and Resource Picnic will be held Saturday, August 25 at Rusch Park, 7801 Auburn Blvd. at the Pavilion and Veteran's Grove from 11 a.m. to 3 p.m.

All Citrus Heights active and retired veterans and their families are invited for a day of camaraderie, food (barbeque), music, recognition, veteran's resources, 'thank you' gift drawings, face painting and other children's activities.

This year, two new unique resources for our disabled veterans will be available.

Veterans Golf Park for **Disabled Veterans**

"He Ain't Heavy, He's My Brother" is the motto for the Veterans Golf Park for Disabled Vets founded by veteran Jim Rounsavell. Their website explains: "This is a Non-Profit 501(3)c corporation using golf as a therapy tool to change the hard-wiring of the brain for our Disabled Veterans suffering from Post Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), sight- impairment, and all medical conditions suffered



The Citrus Heights community is rallying around local veterans at the Appreciation Picnic on August 25.

while fighting for your and my freedom."

Readers and picnic goers can help by identifying disabled veterans who can benefit from this free service. "The golf program will work with each disabled veteran, one step at a time, to not only teach them how to play golf again but, to use golf as a therapy tool; to substitute a pleasant thought-pattern for those disabling ones that are causing those sufferers so much difficulty and loss."

In addition, a golf tournament is being planned for September to raise funds for the purchase of a \$20K specialized Otto Bock Para

Golfer machine which helps disabled veterans play golf again. For information on the program go to www.veteransgolfpark.com. For information on the tournament contact Jim Rounsavell at 916-806-4852. Foursomes needed.

Continued on page 2

School Starts August 16th! **Families** encouraged to beat the rush and register today

SJUSD Release - Be sure to spread the word, San Juan Unified starts school on Aug. 16, a week earlier than in previous years.

New resident families, and those wanting to transfer into the district, are encouraged to enroll their students today by visiting San Juan Central located at 3700 Garfield Ave., in Carmichael. Walk-ins are welcome. No appointment is necessary.

The center is open to enroll new students and out-of-district transfers Monday through Friday as well as every Saturday in the month of August. Summer hours are Monday, Tuesday, Thursday and Friday from 8 a.m. to 4:30 p.m., Wednesdays from 11 a.m. to 7:30 p.m., and Saturdays in August from 9 a.m. to 3 p.m. More information can be found online at http://www. sanjuan.edu/enrollment.

Californians **Consume 4th-lowest** Amount of Energy Nationwide

SACRAMENTO REGION

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direct link to our online edition!

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The American People Deserve Better



WASHINGTON, D.C. -Congressman Dan Lungren (R-Gold River, CA) voted July 11th to repeal the President's ill-conceived health care law.

Following the bi-partisan repeal vote, Lungren had this to say:

"Our Nation's health care system is broken in many ways. Unfortunately, Obamacare's

21 taxes, cuts to Medicare, and incursion into the doctor-patient relationship is only accelerating the broken status quo. Americans deserve better than a bill that not only fails to address the critical health care needs of the country but also is a downward anchor on our economy. Today, I voted to repeal the President's health care law.

"I intend to work to replace this flawed law with real health care reform that cuts insurance costs, prevents the denial of medical care to individuals with preexisting conditions, increases the number of medical doctors, accelerates accessibility to care, and protects the doctor-patient relationship. Unlike the President and his health care law, I believe the government should not and must not come between critical and personal health care decisions.

"Our Country faces the serious problem of Americans who are uninsured or who face skyrocketing health care costs. We must address these issues with urgency and great empathy for those who most acutely feel the effects of our broken health care system. Sadly, however, the current law does not effectively or appropriately address these issues. The current law fails to slow down the unsustainable growth of health care and fails to adopt the necessary measures to preserve Medicare for future generations. And the long list of fees, regulations, penalties and taxes will do little to encourage job creation or remedy our serious fiscal situation.

"Common-sense, patient centered solutions are the course we need to take when drafting health care reform. The American people deserve better than the Affordable Care Act."

Source: Office of Congressman Dan Lungren

Californians consume the 4th-lowest amount of energy per person nationwide, according to the nonprofit website EnergyTrends.org.

EnergyTrends.org is a project of the Lexington Institute, a think tank based in Arlington, Virginia.

"Americans' awareness and understanding of energy seem to be increasing, but major changes in energy consumption don't happen overnight," said Don Soifer, Executive Vice President of the Lexington Institute. "This year, increased use of natural gas in most of the Southeastern states was the strongest trend." Earlier this year, EnergyTrends released its first state letter grades for states based on renewable energy patterns. California earned a letter grade of B.

"It is our hope that the information on EnergyTrends.org will be useful for everyone from schools to elected officials to keep track of their state's critical energy consumption and generation patterns," Soifer said.

He noted that the research is based on 2010 energy data which was recently released by the U.S. Department of Energy. The website tracks vital indicators for energy and electricity use, as well as which fuels (like coal, natural gas or renewables) are used to generate electricity, and ranks states in each category. It also analyzes data from recent years, providing easy-toread indicators to show overall trends.

For more information see EnergyTrends.org.



Convoy of Hope: Our Community Standing Together SACRAMENTO REGION - "It was unimaginable," said Pastor Dan Axtell, of the traffic jam he encountered on his way to the first Sacramento Convoy of Hope in the early morning darkness of November 6th, 2010. "Cars were backed-up to the freeway trying to get into the parking lot at Cal Expo before the sun rose. It brought tears to my eyes and made me realize that there are a lot of people in our City that care about people in need." By the end of the day, more than 7,000 honored guests would be served by over 2000 volunteers a hot meal, given hair-cuts, groceries, bikes for the kids, family photos, a job fair, clothes and shoes.

The main stage brought a steady stream of entertainment and encouragement while the kids zone was buzzing with excitement over pony rides, bounce houses and carnival games. The following year, Sacramento Convoy of Hope was breaking attendance records as more than 13,000 guests came to be served.

Sacramento Convoy of Hope is a grass-roots team effort that combines the resources of area churches, businesses and nonprofits from as far away as Woodland and Auburn. Now, in its third year, the Sacramento Convoy of Hope is planned for September 15th, at Cal Expo. Event Director, Robin Smith, says, "We expect this year's event



Hairstylist Malea Heim offers her services at last year's event. Photo courtesy of Sacramento Convoy of Hope to be even larger than last year."

The number of people who show up for services this year could be as high as 20,000.

Sacramento, like much of the nation, is in the middle of an economic downturn that has pushed many who were on the financial edge, into the world of homelessness, despair and desperation. One little boy wrote on a prayer card, "Please pray for my family, that my mom and dad would stop fighting and that they would stop hitting me."

Sacramento Convoy of Hope is an opportunity to stand together with our own neighbors here in Sacramento who are in need." Neighbor helping Neighbor" You can volunteer to serve on the web site at www.sacramentocoh.org or call (916) 549-9922. Donations of new clothing, shoes and bikes are welcome.

Keep Your Eyes on the Sky this September



California Capital Airshow announces exciting 2012 performer and aircraft line up. Photo courtesy of Califorbnia Capital Airshow

SACRAMENTO - The United States Air Force Thunderbirds Jet Demonstration Team will rock the skies of Sacramento headlining the California Capital Airshow (CCA) this September 8th and 9th at Mather Airport. Fans will be captivated by an array of equally exciting, thrill-seeking military jets, gravity-defying aerobatic performers and the rumble of historic aircraft that will make children of all ages scream with excitement.

"This year's Airshow will have you on your feet begging for more! The Thunderbirds performance is precision flying at its best, but the show certainly doesn't stop there," said Darcy Brewer, executive director of the California Capital Airshow. "No matter what aircraft is screaming through the skies over Mather Airport, it is always thrilling, but more importantly, it's something you actually get to experience - you get to see the aircraft, explore the planes both inside and out, and personally talk to the actual pilot or crew member of the airplane that literally just took your breath away."

In addition to the Thunderbirds, CCA will showcase thrilling jets, world-renowned aerobatic performers, and warbirds and vintage aircraft that will mesmerize and inspire both young and old to dream big. Performers include (but not limited to):

USAF Heritage Flight – F-16 Falcon and P-38 Lightning Sean D. Tucker – Team Oracle *Tim Weber – Geico Aerobatics* Kent Pietsch – Jelly Belly **Barnstorming** Bill Braack – USO Smoke N' Thunder Jet Car Eddie Andrieni Mustang **Superbatics** West Coast RaVens 16 Ship Formation Team F4U Corsair Aerobatics Red Stars Precision Warbird Team

And, literally 'tons' of military

jets including assets from Travis and Beale AFBs

"Airshow fans will enjoy an action packed weekend both on the ground and in the air. Every gravity-defying maneuver, flyover and aerobatic performance will impress you, enchant you, and leave you speechless. It's going to be an incredible show!" continued Brewer.

General Admission tickets are now available online and can be easily purchased at the Airshow web site or at all SAFE Credit Union branch locations throughout the region. Also available online are VIP and upgraded ticket options, as well as family and hotel packages.

For updated news, attraction information, details and more visit the Airshow web site http://www.californiacapitalairshow.com. Fans can also follow the Airshow on Facebook and Twitter.

Source: Strong Communications

Cigarettes Suspected Cause in Fire

CITRUS HEIGHTS Cigarettes suspected cause in a second fire this week. On August 1, at 6:20am, Metro Fire crews responded to 5447 Bartig Way for a report of a garage fire. Crews arrived at a two story residence to find fire on one exterior garage wall, starting to burn into the garage. Firefighters quickly extinguished the fire and checked

for extension into the house and attic. All occupants were out of the house and no injuries were reported. Damage to the structure is estimated to be \$20,000. The cause of the fire is under investigation, but cigarettes in a plastic garbage can next to the garage have not been ruled out. Earlier this week, Metro Fire crews also responded to

a residential fire in Rancho Cordova started by cigarettes in a garbage can. Improperly discarded cigarettes, ashtrays, fireplace ashes and fireworks are common causes of fires. Hot or smoldering material should be completely extinguished and properly disposed of in a noncombustible container with a lid.

Veteran's Invited to Unique Event

Continued from page 1

Sew Much Comfort

The mission of this organization is "To provide custom-made adaptive clothing, free of charge, to all wounded service members from current conflicts and from all branches of the military and National Guard. Adaptive clothing accommodates their medical devices and situations, provides ease of use, increases personal independence and minimizes the visual impact of their injuries."

Being able to wear this 'regular' clothing again, gives wounded veterans an "added measure of comfort, dignity and freedom" as they recover. For many, until this adaptive clothing became available, the only item they could wear was their hospital gown.

Picnic goers can take an active part in this effort to aid wounded veterans in their recovery by bringing Men's boxers sizes XL or XXL to the picnic. Also needed: NEW heavy duty solid color t-shirts in sizes M, L, or XL (no white), pro and college sports, and military theme shirts. Look for the "Drop Your Drawers Here" sign at the Sew Much Comfort table.

Check their website at www. sewmuchcomfort.org for more information on this program.

On a musical note, the Citrus Heights Community Concert Choir, formed in November of 2011, and a proud addition to the Citrus Heights Community Marching band will add to our musical entertainment this year.

The Veteran's picnic is a collaboration between the Citrus Heights American Legion Post 637 and GFWC Citrus Heights Women's Club. Our goal is to recognize and honor the city's active duty servicemen and servicewomen, and our retired veterans of past wars and conflicts, and their families.

If you or your business or organization can help or if you know of a veteran's resource organization, please contact Bill Muth at (916) 207-5788 or Donna Butler at (916) 871-9695.

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City Council Recognizes Officer Friends-In-Fitness Walking **Pleger for Life-Saving Act**

By Leslie Carrara

CITRUS HEIGHTS - The Citrus Heights City Council met on Thursday, July 26 and recognized a member of the police force and heard the History and Arts Commission annual report.

Citrus Heights Police Chief Christopher Boyd, along with the council, recognized Officer Ronald Pleger for saving Michelle Stofer's life on Feb. 1, 2012. He was driving on the freeway when he noticed a car had flipped over, so he stopped to see if he could be of service. The driver was pinned next to the guard rail, and Pleger had to lift the car so Stofer could breathe. Emergency personnel ultimately arrived, and the fire staff

extracted her. Stofer was present at the recognition ceremony.

Mayor Jeff Slowey told the gathering that the "CHPD is one of the jewel's of the city," and Councilwoman Jeannie Bruins said that she knows it was a life changing experience for both Pleger and Stofer.

Meantime, Tina Stern, a member of the History and Arts Commission, gave an update on last year's activity, complete with partnering with the Police Activities League for activities for kids as well as designating the 14 Mile Roadhouse an historical landmark in Citrus Heights.

The house, built in 1849 off Antelope Rd., in the town known then as "Sylvan," remains standing to this day as a reminder that this area was a thoroughfare for gold rush travelers in and out of the Sierra.

And the HAC also partnered with PAL to provide a free dance workshop, as well as Friday Night Flick night and is continuing in the efforts to assist this division of the CHPD in providing additional events for at risk youth. Additionally, the HAC has formed a new partnership with the Senior Health Fair, and is behind the Art in City Hall displays.

Finally, committee reports. Vice Mayor Steven Miller reported that rider ship is up on the Regional Transit line by 1.3 per cent in this area. And Slowey announced that there are fewer mosquitos in this area this year, but more are carrying the West Nile Virus.

By Leslie Carrara

CITRUS HEIGHTS - Not publicized much but fairly well known to seniors is Sunrise Mall's Friends-In-Fitness walking club.

According to Assistant General Manager of Sunrise Mall Susie Rodgers, they have over 3,000 walkers aged 65 or over walking counter-clockwise just under $\frac{3}{4}$ of a mile around the mall. It opens at 8 a.m. and is over at 10 a.m., Monday through Saturday. She wrote in an email that walkers must sign in on the roster and wear their Friends-In-Fitness badges.

She also wrote that many of the mall walkers have been participating for over 20 years.

(BMI) for club members.

She wrote that this is a place where people can go and get some exercise and feel safe, with mall security, in a climate-controlled setting.

If you are interested in becoming a club member, you must first consult your doctor if you have not recently been active, wear comfortable loose fitting clothes and wear comfortable shoes, carry identification with you when you are walking and start at a comfortable pace and build up stamina and strength as you go. Rodgers also recommends doing stretching exercises prior to walking.

The Friends-In-Fitness walking club is free of charge.

Club Tops 3,000

Rodgers went on to say that they

are working on an award pro-

gram for most miles walked and

for the most long-term mem-

bers. Also, they will be hosting

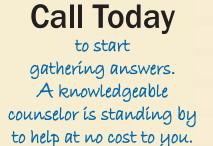
an informational breakfast and

health screening for walkers,

which includes blood pressure

screenings and Body Mass Index

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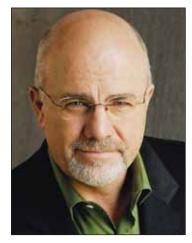
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Making the Right Choice Dear Dave,

I'm a landlord in New York, and I've always felt it's not a good idea to rely entirely on previous landlords for referrals on prospective tenants. Do you have any tips for selecting good renters? - Jean

Dear Jean,

I think you're on the right track. Most landlords aren't thorough enough with the screening process. You can't get to know someone without spending some time with them and digging into their personalities and backgrounds a little.

I have several rental properties, and here are a few tricks that work

Dave Says

well for me. I always pull a credit bureau report on prospective renters. I also get a big deposit up front. I spend quite a bit of time talking to them one on one, as well, so with all this they'd have to be a pretty good con artist to get past me.

Another thing I do is to drive by the place they're currently living. I like to see what condition the house is in, and if they keep the yard maintained. To me, this is a great indication of how responsible they are and how they would treat my property. It's not a bad idea to get some proof of them having made previous rental payments on time, either.

In some ways it's a leap of faith any time you sign an agreement with a new tenant. But there are things you can do in order to make a more informed decision as to whom you're doing business with. And who knows? Lots of renters appreciate knowing they have a landlord who handles things in a professional manner. Maybe these suggestions will help you both feel a little more at ease. Good luck, Jean! - Dave

What the Law Will Allow

Dear Dave,

A debt collector has been calling members of my family to get information on me. She has identified herself as collector, and I want to pay what I owe, but is it legal for them to do this? If not, what can I do to make them stop?

- Katherine

Dear Katherine,

No, it isn't legal. If she identified herself in any way as a debt collector, and spoke with anyone but you about your debt, she has broken federal law. This is a violation of the Fair Debt Collection Practices Act. You need to file a complaint with the Federal Trade Commission (FTC) against this collector and her company.

I would also advise recording the conversation the next time they call. Just tell them at the beginning that you'll be taping any interaction you have with them from that point forward, and tell your relatives to do the same thing. That way, you'll have proof of their misbehavior to hand over to the FTC or the attorney general. You might even be able to get this crooked collector shut down.

Don't get me wrong. It's perfectly okay to collect a debt. If you're a creditor or collector, it's simply money that's owed to you, and you deserve it. But you must do it within the confines of the law, and you *should* do it within the confines of good taste. If you owe money, you should be honorable enough to pay what you owe. But this kind of behavior is just harassment and intimidation. Don't let them get away with it, Katherine!

- Dave

*For more financial help, please visit daveramsey.com.

Dollars and Sense

by James J. Scherer, MBA, CPA

'Show Me the Money" Part I

Jerry McGuire

Rod Tidwell, the black football player, certainly made his point. He made Jerry McGuire, his sports agent scream "Show me the money"! This is a great question for us to ask and bears repeating each time we commit investment money. You do want to retire someday? We need to know where the big money is flowing so we can tactically allocate more in these areas than in others. This doesn't mean we bet the ranch on it. We need to invest smart!

Structural Market Cycles

We are in a structural sideways to market! Since 1896 the Dow Jones Industrial Average has had eight structural markets. Four of them have been up markets and four have been sideways to down markets. The average duration has been fourteen years for each. In an up market you may have seen your investments do very well with the buy and hold strategy. This was the case in the 1980's and 1990's. However, today we are in a sideways to downward trending market, and we need to recognize the investment environment has changed. We must take appropriate action! Even in a sideways market you don't have to chase your tail. The keys are flexibility and "show me the money" flow.

Relative Strength

One way to expose the money flow is through relative strength. It is calculated by dividing the price performance of an investment by the price performance of an appropriate index for the same time period. Stocks are often measured against the S&P 500. Relative strength will tell you how well your stock is doing against some standard.

Let's take this same reasoning and apply it to the six major market areas. But instead of comparing these areas against an index, we compare them against each other. It is much like an arm wrestling match where all the contestants are in the same weight class. Our job is to see at a point in time, which are the two strongest. (The contestants are cash, domestic equities, international equities, fixed income, foreign currencies and commodities.) The two with the strongest relative strength will show us where the money is flowing. It is in these two areas where we may want to overweight a portfolio, in order to take advantage of the current flow of money. The relative strength between these



categories will change from time to time. And we must be ready to adjust our asset allocation accordingly.

This article is not intended to provide specific investment or tax advice for any individual. If you have specific questions consult your financial advisor, tax advisor, or give me a call.

James J. Scherer of Towne Scherer Private Wealth Management is a Registered Principal and Financial Advisor with and securities offered through LPL Financial, Member FINRA/SIPC, and CA Insurance License # 0C20370. He can be reached at 916-797-1188 or by email at james.scherer@townescherer.com. The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

The Sacramento Suburban Writers Club (SSWC)

General meeting will be held Monday, August 13, between 7 & 9 pm. The Crossroads Christian Church on 5501 Dewey Drive in Fair Oaks, is the place to get involved with published and aspiring writers. Guest speaker and author Cindy Munoz (aka: Loucinda McGary) will be featured. General public welcome. See www.sactowriters.com for details.

DATE: August 6, 2012 befriended the 90-year

CASE: SSD Deputy Kelly Smith

District Attorney Jan Scully announced today that 43-yearold Kelly Curran Smith was sentenced by the Honorable Kevin McCormick following her convictions for identity theft and unlawful possession of a controlled substance. While a deputy with the Sacramento County Sheriff's Department, Smith

befriended the 90-year-old victim. Smith ordered and acquired Hydrocodone (Vicodin) using the victim'sprescription informa-

tion she obtained during a visit. Smith has enrolled in a drug diversion program on the unlawful possession of a controlled substance charge. She was placed on five years of probation and ordered to serve 120 days on the identity theft charge.

DA Announces New Crime Lab Director

From the Office of the District Attorney

District Attorney Jan Scully announced today the appointment of Jill Spriggs as the new Director of the District Attorney's Laboratory of Forensic Services.

Ms. Spriggs began her forensic science career in Arizona in 1989. She joined the Sacramento County District Attorney's Crime Lab in 1992, where she worked in biological and DNA analysis. In 2001, she moved to the California Department of Justice forensic lab system as an assistant lab director, advanced to become a lab director, and then assistant bureau chief. In 2008, she was appointed Chief of the Bureau of Forensic Services for the California forensic lab system. She is the current president of the American Society of Crime Laboratory Directors (ASCLD), and also serves on the board of ASCLD/Laboratory Accreditation Board, which accredits forensic labs worldwide.

DA Scully states, "The excellent reputation our Crime Lab has both locally and nationwide has enabled us to attract such a highly qualified new director. I am confident that with Jill Spriggs'

leadership and our outstanding Crime Lab team, we will continue our tradition of providing superior forensic lab analysis that serves the District Attorney's Office as well as the entire criminal justice community in our region."



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California Conservation Corps





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The CCC's Fortuna Center is offering paid training to veterans between the ages of 18 and 27 with an honorable discharge or general discharge with honorable conditions. National Guard members under part-time status may also be eligible. Deadline for applications is Tuesday, September 4. The fisheries projects are funded by the CCC and by the National Oceanic and Atmospheric Administration, which is also providing training and education. Additional training as well as project locations will be provided by the Department of Fish and Game. The work is expected to take place in Humboldt, Mendocino and Del Norte counties. Projects will focus on salmonid habitat monitoring in coastal watersheds, where veterans will help collect ecological data to assess the effectiveness of habitat restoration techniques. The veterans will be provided with technical training to conduct spawning, habitat, topographical and diving surveys. After six months involved

in fisheries work, veterans will have an opportunity to work on CCC trail-building and forestry projects. The CCC experience can provide entry into jobs with local, state and federal resource agencies.

For details on joining the fisheries crew, contact the CCC's Tina Ratcliff at (916) 341- 3123 or tina.ratcliff@ccc.ca.gov.

The California Conservation Corps is a state agency in which young men and women sign up for a year of natural resource work and emergency response. Since the CCC was established in 1976, more than 115,000 young people have been a part of the program.

California Conservation Corps Release

Bankruptcy Filings Continue to Top 1 Million Petitions

From USCourts.gov

Bankruptcy filings for the 12-month period ending June 30, 2012, totaled 1,311,602 petitions, but 14 percent less than the 1,529,560 filed in the 12-month period ending June 30, 2011, according to statistics released August 3rd, 2012 by the Administrative Office of the U.S. Courts.

Business and Non-Business Filings

The majority of bankruptcy filings involve predominantly non-business debts. For the 12-month period ending June 30, 2012, non-business filings-where the debts are predominantly personal or consumer in nature-totaled 1,267,167, down 14 percent from the 1,477,426 nonbusiness bankruptcies filed in the 12-month period ending June 30, 2011.

Third Quarter of Fiscal Year 2012 April, May, and June 2012 constituted the third quarter of the Judiciary's 2012 fiscal year. The number of bankruptcies filed during those three months was 325,693, down 14 percent from the 379,790 filings in the same quarter of 2011.

Filings by Chapter

For the 12-month period ending June 30, 2012, filings fell for chapters 7, 11, 12, and 13 compared to filings in the 12-month period ending June 30, 2011.

Chapter 7 filings, which constitute 70 percent of all filings, fell 16 percent to 914,015 from the 1,083,671 Chapter 7 filings in the 12-month period ending June 30, 2011.

Chapter 13 filings, which account for 29 percent of all filings, fell 11 percent to 385,949 from the 432,333 Chapter 13 bankruptcies filed in the same time period in 2011.

Chapter 11 filings, which make up less than 1 percent of all filings, fell 14 percent to 10,921 from the 12,714 Chapter 11 filings in the same time period in 2011.

Chapter 12 filings fell 19 percent to 582 from the 717 Chapter 12 filings in the same time period in 2011.

For more on bankruptcy and its chapters, visit the Judiciary's website or go to fjc.gov. Historic data on bankruptcy filings is available on the Judiciary's website under Bankruptcy Statistics. Additional bankruptcy statistics, including bankruptcies by county, can be found on the Judiciary's PACER system.

* Because of ongoing corrections to the bankruptcy database, the quarterly data may not total to the most recent annual figures.

What's Coming Up In Citrus Heights

Compiled by Leslie Carrara

Saturday Mornings year round, Farmers Market, Sunrise Mall behind Sears, 8 a.m. to 1 p.m.

August 8 - REACH Area 9 Neighborhood Meeting, 7227 Canelo Hills Dr., 7 p.m. First Wednesday each month.

August 7 - REACH Area 4 Neighborhood Meeting, 6237 Fountain Square Dr., Trellis Hall, 7 p.m. First Tuesday each month.

August 10 - Sunrise at Night Concert Series featuring Lonestar and the Charlie Daniels Band, tickets \$37.50 - \$67.50, 8 p.m. Sunrise Mall Grandstand near Macy's.

August 14 - REACH Area 3 Neighborhood Meeting, 6237 Fountain Square Dr., Trellis Hall, 7 p.m. Second Tuesday each month.

August 18 - Citrus Town Center Saturday Nite Concerts featuring Four Barrel, free, 6 p.m. - 8 p.m. Citrus Town Center off Greenback Lane.

August 18 - Sunrise at Night Concert Series featuring Spyro Gyra and Lee Ritenour, tickets \$25.50 - \$46.50, 8 p.m. Sunrise Mall Grandstand

August 25 - Sunrise at Night Concert Series featuring Three Dog Night and America, tickets \$37.50 - \$67.50l, 8 p.m. Sunrise Mall Grandstand

September 1 - Citrus Town Center Saturday Nite Concerts featuring The Funky Blue Devils, free, 6 p.m. to 8 p.m. Citrus Town Center off Greenback Lane.

September 1 and 2 - Sunrise at Night Concert Series featuringDoodlebops and Caillou Musical Playdate, tickets \$19.50 - \$39.50. Sunrise Mall Grandstand

September 8 - Sunrise at Night Concert Series featuring Kool and the Gang and the Commorores, tickets \$39.50 to \$82.50, 8 p.m. Sunrise Mall Grandstand

September 14 - Sunrise at Night Concert Series featuring Blondie and Devo, tickets \$39.50 to \$82.50, 8 p.m. Sunrise Mall Grandstand

September 15 - Citrus Town Saturday Nite Concerts featuring PointDexter, free, 6 p.m. - 8 p.m. Citrus Town Center off Greenback Lane.

History of **Citrus Heights Told Through Photographs**



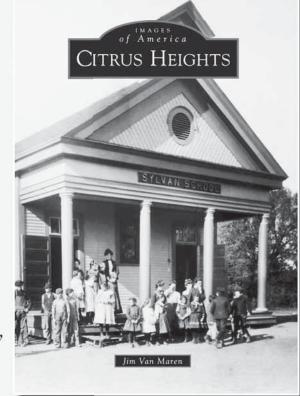


Images of Citrus Heights

Citrus Heights by James Van Muren, Images of America Series Price: \$21.99 128 pages/softcover

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- Land and early settlers
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By Ronnie McBrayer

My uncle Joe was a pastor. I would stay with him and my aunt from time to time, where they lived in a tiny church parsonage. Today, churches have gotten out of the parsonage business for the most part, and that's a good thing. No one wants to live with the ghosts of all those dead preachers in an old house that notoriously lacks maintenance anyway.

Uncle Joe's parsonage fit that bill perfectly. It had low ceilings, matted, yellow, shag carpet as deep as a wheat field, and in the center of the living area – the only heat for the entire house an upright gas heater with the little blue flames dancing behind a ceramic grate. The combination of these things (the low ceiling, shag carpet, ghosts of former pastors, and dry gas heat) caused the house to be so sufficiently charged with static, it could set off an electroscope.

I would walk around the house in my tube socks, sliding like I was wearing snowshoes, building up an electrical charge. Then I would wait for my sister or brother to walk by. Unknown to them, not only was I ready for discharge, but I had a paperclip from my uncle's study that I had unwound so that it was a long thin, metal conductor.

As they unwittingly walked

There is Electricity in the Air

by, if I was stealthy enough, I could just touch the bottom of their earlobe with my homemade electrical probe. It was like reaching out and taking hold of the hem of Jesus' garment. The power surged through with three inches of blue flame.

This made for especially interesting gatherings at dinner time. Uncle Joe always had us stand around the table and say grace. Most of the time we held hands or even held on to one another, grabbing arms and shoulders, hugging the whole time; I remember once he even shed a tear because there was "so much love in the room."

It wasn't love. It was electricity. My siblings and I were constantly touching one another to ground ourselves, afraid of being shocked by the other and even more afraid of picking up a spoon with the static still attached to our sleeve.

I wish church was more like that. No, I'm not talking about the mischievousness of children, though some of the more stoic congregations I have encountered could stand a good dose of mischievousness. Nor am I talking about yellow shag carpet. A few congregations need to be told that "Harvest Gold" went out of style more than three decades ago.

I'm talking about the spark; the sense and knowledge that there is a power in the room, a power that animates, moves, and stirs us. It is something far more than emotionalism, histrionics, or

religious sentiment. It is a desire for the living Presence that will not allow us to sit still or remain where we are.

It is no wonder why some people won't go to church; it is because they have already been to church, and have found it to be as lifeless and dead as a dodo. There is no passion in the pew or in the pulpit; the liturgies and songs are without spirit; and it often appears as if the leaders and participants don't believe not remotely – in what they are saying or doing. Worshippers are left to snooze at their leisure with hardly a spark to wake them.

Annie Dillard, that exquisite wordsmith, recognized the same. She said of those of us who casually enter our church sanctuaries each week, "Does anyone have the foggiest idea what sort of power we so blithely invoke? Or, as I suspect, does no one believe a word of it?

"It is madness to wear ladies' straw hats and velvet hats to church; we should all be wearing crash helmets. Ushers should issue life preservers and signal flares; they should lash us to our pews...For the waking God may draw us out to where we can never return." To this, I say "Amen," and let the awaking begin.

Ronnie McBrayer is a syndicated columnist, speaker, and author of multiple books. You can read more and receive regular e-columns in your inbox at www.ronniemcbrayer.net.

Local Church Appreciation Day announced for Sunday

By Rev. James L. Snyder

It is funny where you pick up an idea. I know I was not born with a truck full of ideas like some people. Take, for example, the Gracious Mistress of the Parsonage. She has more ideas than you can shake a stick at, and believe me; I have shaken many a stick at her, behind her back, of course.

I have to scrap around for an idea and then when I do find one I am so exhausted from the search that I am not sure what to do with it.

Then an idea comes looking for me. That is a strange phenomenon.

I was watching the news with my wife when we heard the lead story of the day about the Chickfil-A appreciation day. I'm not sure I know all the political ins and outs of that sort of thing. Everything seems to have some kind of political overtone to it these days.

What was once a matter of morality has become a matter of policy. Politics have invaded every aspect of our life, and I am so looking forward to heaven where, someone told me and I cannot reveal the source, but the word is out, there are no politics in heaven.

Whenever you have an opportunity to go out and buy some chicken, I say take it. It was not hard to convince my better half to go out for supper. We do not do it too much anymore. What with the traffic and the finances, it hardly seems worthwhile. That is why I always brag on my wife's cooking.

"Oh, boy," I will say after a meal, "you can't get anything this good at some restaurant."

She smiles, but I suspect she knows what I am saying. Well, we did try to go to Chick-

fil-A but we could not get within 17 blocks of it. It seems everybody and their third cousin was out getting chicken for supper.

Oh well, you cannot participate in everything, but at least we tried.

As we circled the block for the 19th time, the idea came to me. If we can have a Chick-fil-A appreciation day because the head of the company said he believed in some traditional values, then why can't I?

I believe in everything traditional. I am the most traditional person you will ever meet. Before there was a me, there was not much that was traditional. I go back so far I can remember when dirt was clean.

I want the whole world to know that I believe in tradition and I am not just fiddling on the roof.

I know it is old fashion but I believe in the Bible. If it is in the Bible, I believe it, although I must confess I do not understand everything in the Bible. But then, nobody understands everything in their world. The smartest person knows he does not know everything. I built my life upon the values stressed in the Bible and I take it as the Word of God.

I believe in singing hymns in church. Most people in America have never heard a hymn let alone singing one in a congregational setting. If you would go to the average person on the street corner and ask what their favorite hymn was, they would not know what you are talking about.

I know tradition is old-fashioned, but I still embrace it. If it is traditional, I probably believe it. Some people believe that if it is new, it is okay and if it is old, throw it away. Experience teaches us that it is the exact

opposite. Take medicine for example. Sure, many people have benefited from modern advancements in medicine. I am appreciative of every advancement. But then, if medicine has made such inroads into our culture why are more and

more people sick? Why are the

hospitals full and overflowing? Why are there not enough doctors to take care of all of the sick?

I am thankful for what medicine has done, but for every cure it achieves, three more diseases pop up sticking out their tongue. Yes, I believe in tradition.

Most people are traditional in many areas of their life. Do you realize that it was traditional for your great, great, great grandfather to drink water? It was traditional for your great, great, great grandfather to go to sleep at night ... To get up in the morning... And the list goes on and on.

Those things, which are traditional, are those things that have endured the wearing element of time.

In light of all of this traditional head-wagging, I want to propose another appreciation day. This coming Sunday I declare it to be Local Church Appreciation Day. Everybody who believes in traditional values will show up at the church of their choice and make their vote count.

I know it will be a shock and we run the danger that many church ceilings will cave in, but I think it is worth the risk. Of course, there is the possibility that when many pastors see their sanctuary filled with people they will pass out in sheer shock.

In the meantime, I am going to stick to what the Bible says here regardless of what happens. "In everything give thanks: for this is the will of God in Christ Jesus to you-ward" (1 Thessalonians 5:18 KJV).

Every Sunday should be local Church Appreciation Day.

The Rev. James L. Snyder is pastor of the Family of God Fellowship, PO Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at (352) 687-4240 or e-mail jamessnyder2@att.net. The church web site is www.whatafellowship.com.

By Marlys Norris, Christian Author

A week ago I went with a friend to a Bible Study from a different church south of us

Taking Authority in Jesus' Name!

when we speak negative words about our body negative words affects our "immune system." Is it any wonder the drug industry is so large with people taking medicines prescribed by doctors - rather than finding out what is really causing the problem. That was a biggie! I would rather have had a doctor be sincerely interested in getting me well and direct some better habits and give me a book about foods that would help me. Continuing she said that even words said in jest or gossip about someone negatively, actually comes back to affect us. Now, spiritually I am sure we all have understood this in one form or another but this really opened another door for me of understanding the "miracle workings of the Lord". God is hindered by the smallest amount of "unbelief" we have in our minds or hearts to answer our prayers. We know that don't we? We MUST BELIEVE HE WILL ANSWER. If we go back to our negative responses after we have

been prayed for, we are demonstrating a "spirit of unbelief" and God will not answer. When we ask Him for a miracle in our lives this is what we should say, "In the mighty power, authority and righteousness of Jesus Christ I ask for a complete healing." And/or removal of a problem or event, etc. I know you know this — but may it ring something more true within you to receive His Blessing in your life.



God's Delays Are Not God's Denials

two weeks and nothing happened so I've given up on prayer. I've lost my faith in prayer." No, you

said, "I tried prayer. I prayed for and then I'll help you work on the problem.' Instead of going out and saying, "Lord, change this situation!" start by sayhaven't lost your faith. You've ing, "Lord, change me." "Lord, lost your patience. You spell change me in this marriage and not my spouse." "Lord change me in this job problem." Once you're in line, then God can go ahead and answer. The fact of the matter is this: God is never late. His timing is perfect. We may think He's late but He's never late. God's delays are not God's denials. "Not yet" does not mean "No". What do I do when the answer is delayed? I keep on praying until I get the answer, until I get assurance of the answer or until God reveals to me that it's not His will. What you need to remember is God loves you more than you'll ever know and He knows what's best for you. He knows when you're ready for the answer; He knows when you can handle it. Trust in His timing and know that God's delays are not God's denials. God is working behind the scenes to bring things together and God is working in you.

and heard a pastor's wife do the teaching. She talked about hearing the voice of Shepherd and the impact it has had on her own life. As her teaching expanded I learned something I should have understood before. She talked about our body being the temple of the Holy Spirit and we should "never" verbalize words against it because it dishonors God. Wow that was a mouth full for me. How many times have I been unhappy with my looks, etc. and most likely said something negative.

She further emphasized that

Last week I had a horrible pain in the front bone of my leg and could hardly stand or walk the other day. I did this and within minutes, I was healed completely. Please go to the Lord and do it for yourself today. Believe sometimes it is hard to do for ourselves-we need to recognize HIS

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Marlys Johnsen Norris God Moves Mountains, It was a Miracle (True story about my brother's kidnapping) Marlysjn@gmail.com

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By Pastor Ray Dare

God always answers prayer, but sometimes there's a delay in receiving the answer. God hears our prayer immediately. There's no delay in how long it takes for your prayer to get to God. It is there instantly. But sometimes He delays the giving of the answer for a period of time and that is one of the hardest things we have to learn.

As a parent, the hardest concept for my kids to learn was the difference between "no" and "not yet". That was hard for them to understand. When they were younger, they'd say, "Daddy can I have a cookie?" I'd say, "No, not right now." They might throw a fit because they think I'm never going to give them a cookie. Why? Because immature people don't understand the difference between "No" and "Not yet." A mark of maturity in the Christian life is this: How long can you wait? That's a mark of maturity in life. Babies always have to have it right away, but a mature person can wait.

faith — PATIENCE. Faith is patience.

Why does God delay answers to our prayers? Usually it's because He needs to prepare us first. He needs to get us ready. He wants to bless us and in order to give that blessing to us, He has to prepare us for it. My 14 year old son comes to me and asks, "Dad can I drive the car?" I say, "Not at this time, but someday. When you grow up and you're mature and you've learned how to drive, then you'll get the request answered, but not yet, because you need to grow up." God often waits for us to grow up

You think, "But if God sees everything I'm going through and if God really cares about me, why doesn't He work things out for me?" That's a legitimate question. The answer is, He usually wants to change you first. He wants to change your attitude. After you've learned the right attitude, then God's free to go to work on the problem. God is more interested in making you mature than He is about making life easy. So He starts by saying, 'You get your life changed

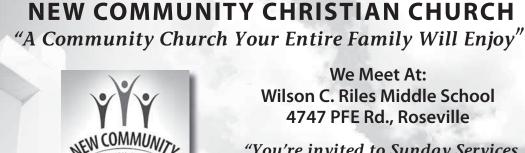
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Crossword Puzzle on Page 10

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1	5	8	7	9	6	3	2	4
4	3	2	5	8	1	6	7	9
6	7	9	3	2	4	5	1	8
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		Sudo	oku P	uzzle	e on	Page	10	



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TEN PROMISES

What makes for a solid marriage or relationship? Could it be making promises and actually keeping them? That's the key says Charles Baird in his book "Ten Promises" Every Man Should Make and Keep. It's how to create the ideal relationship. Sounds simple, but it takes real commitment because, according to Charles, when you break a promise, you not only destroy a part of your relationship, you destroy a part of the goodness that lives inside of you and part of the man you should be. Baird added in my conversation with him on POPPOFF, that the following promises must be indelibly burned into any covenant you share with your wife. So here is how it goes. I promise...

1) I will place no one before you. You make a commitment to place your wife and family before all other wants and desires. You promise to work at your relationship, communicate with each other, and sacrifice when necessary for the sake of your marriage.

2) I will not make you an active widow. This is a promise not to let any activity diminish the quality of your relationship. You will not let

POPPOFF!

with Mary Jane Popp

sports, friends, games, drinking or any other function damage your marriage.

3) I will not abuse you. You will make a vow to limit your marital disagreements to civil discourse. You will learn ways of setting into motion a disagreement protocol to limit the damage caused by nuclear warfare.

4) I will remember special days. You pledge never to forget her special days: birthdays, anniversaries, holidays or any other day special to her. This promise is one of the most important because it gives your wife something special to look forward to when life becomes a little harsh and perhaps a little unbearable.

5) I will honor you. This means in all aspects of your life. Respect is a large part of honor. When you disrespect your wife and family, you are acting dishonorably.

6) I will not steal your joy. You vow to always be concerned for your wife's wellbeing. You vow to make every effort to understand her emotional needs and concerns.

7) I will not commit adultery. You will learn the destructiveness of adultery. This nemesis has destroyed more relationships than any other marital adversary. It is the most difficult to fight and the most difficult from which to recover.

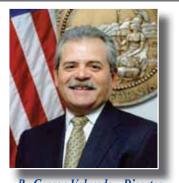
8) I will not be selfish. You will discover the destructiveness of selfishness in any respect. Selfishness with possessions, money, time work, home or life can be destructive to your marriage. **9) I will not belittle you.** We stress the importance of family gatherings, how important they are and how important respect for your wife is during these gatherings. If your family has little or no respect for your wife, your marriage is in for some stormy weather, especially, if her in-laws are a big part of your life.

10) I will make every day a honeymoon. Is this possible? Yes, it is. The challenge here is to keep the same or even greater level of intimacy after years of marriage that you enjoyed during the first year. A great deal is mental gymnastics. If you tell yourself you are happy in your relationship, if you tell yourself your wife is beautiful and desirable, you will be better equipped to make this vow a reality. You will be creating positive thoughts relative to your marriage. However, if you convince yourself your wife is less than desirable or that she does not possess the qualities you find necessary in a wife, you will find only discontent, dissatisfaction and destruction.

We are all looking for happiness. Once you realize you and your wife share mutual goals, the path to joy and passion should be but a step away. Take the step. It's all in "Ten Promises" and all up to you. Check out www.tenpromises.com for more information. Just keep in mind; you can make your marriage something special!!!

Join Mary Jane for the KAHI Noon News Monday–Friday and then again for POPOFF 10 PM – Midnight.

DMV: Ask "George" Expert Answers to Common DMV Questions



By George Valverde – Director, California Department of Motor Vehicles

Q: If you rear end someone, does the law always consider the collision to be your fault?

A: Though it is often the case, there is no law that determines which driver will be at fault in all cases. Still, it is very important that you know how to be a good defensive driver. To avoid a rear end collision, remember to:

• Plan ahead. Look down the road 10 to 15 seconds ahead of your vehicle so you can see hazards early

• Scan. Look beyond the car ahead of you. Look at the movement of cars around you. Don't develop a "fixed stare"

• Don't tailgate. Many drivers don't see as far ahead as they should because they follow too closely and as a result, the vehicle immediately ahead blocks their view. Tailgating also gives you insufficient time to brake quickly

• Adjust your speed. Slow down in poor weather. Rain and snow can cause vehicles to slip on the roadway. It also impairs your vision, affecting your ability to drive safely

For more information on safe driving practices, visithttp://www.DMV.ca.gov/ pubs/hdbk/scanning.htm.

Q: Recently I took my behind the wheel driving test and failed. I immediately understood my error and asked if I could take the test again the same day. The examiner said that I couldn't and that I would need to schedule another appointment. I am over 18, so whycouldn't I take another driving test on the same day?

A: Driving test are scheduled by appointment only so offices can effectively manage their workload and resources. Additionally, this gives you more time to practice until your next appointment. Good luck on your next test!

Q: Although the registration fees are current, I am not operating my vehicle and I have canceled my insurance, now I am getting notices of "intent to suspend." What should do? A: When your registration fees are current and you are not operating your vehicle, you must submit an "Affidavit of Non-Use," REG. 5090 form. This notification will stop the insurance suspension action. If your vehicle is still not being operated when you receive a billing notice for your next renewal period, be sure to file a "Planned Non-Operational" status on the vehicle and pay the appropriate fee.

For more information about vehicle registration insurance requirements, please visit our website at http://www.DMV. ca.gov/vr/insurance.htm

The DMV is a department under the Business, Transportation and Housing Agency, which is under the direction of Acting Undersecretary Traci Stevens. The DMV licenses drivers, maintains driving records, registers and tracks official ownership of vehicles and vessels, investigates auto and identity-related fraud, and licenses car dealers, driving schools, and traffic violator schools. For more information about the DMV, visit www.DMV.ca.gov.



By Karen Anderson

During the holidays I was watching the movie "The Bishop's Wife"— what an interesting movie about faith. What would your reaction be if an angel said he was there to help you? My first human reac-

FAITH RULES

happening to me!" Then my next feeling would be gratitude to our Heavenly Father. When you think about it...questioning the gift shouldn't be the response. First and foremost the response needs to be THANK YOU JESUS! I was reminded by a spiritual sister that you cannot have fear and faith at the same time. You have to commit yourself to live in faith no matter what the circumstances. If you think this is easy, it's not; but God promises to help us in our unbelief. We just need to be willing to admit it. If you are willing then take this verse to heart and say it during the times of doubt "And without faith it is impossible to please God, because anyone who comes to Him must believe that He exists and that He rewards those who earnestly seek Him."

Life can have a way of interfering with your beliefs. I can tell you from personal experience that God is faithful and the verse is true.

PASSAGE: Hebrews 11:6 (NIV)

Karen Anderson is an accomplished speaker, author, and chaplain and has a local TV show, Move Your Mountains. Contact Karen at www.doablesteps.com, or 916-961-4765.



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Celebrate, But Not Too Soon

The other day some young major-leaguer hit a big home run and was all but doing cartwheels as he rounded first base. The overlyexuberant rookie simply could not contain his excitement.

The opposition didn't care much for his celebratory antics. Later in the game, one of his teammates was plunked with a pitch in retaliation for showing up the pitcher. One of the unwritten rules of baseball had been violated.

Baseball should learn something important from the 2012 Summer Olympics — the celebration "is the thing!" One of the most enticing elements of the Games for millions of viewers around the globe is the celebration.

People love the raw emotions that emerge during Olympic competitions. The Olympians have trained for years toward reaching their full potential at their crafts. Participation in an event may last just minutes, or seconds, and the sudden outcome usually produces unbridled response. Both successes and disappointments are celebrated as honest displays of the human condition.

The television audience eats it up. NBC delays broadcasting many events until prime time because the nature of the Olympics is so attractive to the non-traditional sports demographic. Families, moms, kids and casual sports fans are drawn to the Olympic celebration.

These fans enjoy watching the young gymnasts shrieking and crying, the relay swim quartets in their

group hugs, the runners embracing after the race has been run, the victors waving their countries' colors and waving to their loved ones in the stands. The excitement and joy are true. The winners' celebrations aren't meant to demean the other competitors.

Kirani James of Grenada shared his victory in a semi-final heat in the men's 400-meters with Oscar Pistorius of South Africa, who finished last, by exchanging name tags afterward. Pistorius, a double amputee, competed with artificial legs and carbon-fiber "cheetah" blades. Both victory and participation were celebrated.

Baseball purists refer to "the code." Fans couldn't care less about a pitcher's damaged pride. The home run is one of the most exciting plays in baseball; celebrate it.

Enough with the old school stoicism in baseball. If a pitcher doesn't want a young punk hitter showing him up, he shouldn't serve up fat home run pitches to him. There used to be complaints about Barry Bonds standing at home plate admiring his roundtrippers. Same deal. So what. It's not like these guys are going to the mound and getting in the pitcher's face singing, "Nanner, nanner, nanner!"

And besides, two of the most recognizable baseball clips of all time are Kirk Gibson's famous pinch-hit homer in the '88 World Series against the A's when he pumps his fist repeatedly rounding

the bags, and Carlton Fisk's World Series blast in '75 when he waves the ball fair and jumps around down the first base line.

And then there's football. The "celebration penalty" in the college game may be the most ludicrous rule of all. The point of the game is to score touchdowns... and you get penalized if you get a little too excited when you score one!

But, be careful out there don't ever celebrate too soon.

How many times have you seen a basketball team grinning and high-fiving on the bench when it seems to have an insurmountable lead, only to collapse and blow the game?

It was a forgone conclusion that McKayla Maroney would win the gold in the vault in these Olympics, but a rare fall left her with silver. Many predicted these would be the Ryan Lochte games in men's swimming. He's done well, but hasn't dominated.

Look out San Francisco Forty Niners. So many are forecasting a Super Bowl victory on the heels of last season's impressive 13-3 record and a narrow defeat in the NFC Championship Game. Not so fast; look at that schedule.

And, whatever you do, don't give a game ball to your starting pitcher when you take him out in the seventh inning of a World Series game with a 5-0 lead, assuming the victory is well in hand. Thanks, Dusty Baker, that one from 2002 will hurt Giants fans forever.



by David Dickstein **Family Films**



"Diary of a Wimpy Kid: Dog Days'

Opens Aug. 3, rated PG diaryofawimpykidmovie.com

The brand of slapstick gags that worked well for the first two installments continues in this third film adaptation of Jeff Kinney's popular children's books. Greg (Zachary Gordon), the diary-keeping wimpy kid, and his best friend Rowley are in for the worst summer of their lives, bouncing from misadventure to misadventure at a country club, the community swimming pool and a summer lawn mowing job. .

"The Odd Life of Timothy Green" Opens Aug. 15, rated PG disnev.com/oddlife

From the studio that made a real boy out of a wooden marionette comes this modern-day fantasy about a married couple who are unable to have children of their own, but one magically grows from the ground and becomes the talk of the rural town. Jennifer Garner stars as a mom whose son grows leaves from his body, making one wonder if this little sprout grows to become the Jolly Green Giant.

"ParaNorman" Opens Aug. 17, rated PG paranorman.com

No doubt inspired by "The Sixth Sense," this animated



Films and DVDs for the Whole Family

feature centers on an oddball boy who sees dead people. He can also speak with them, a skillset that will come in handy if Norman is to rid the town of a centuries-old curse that has zombies, ghosts and witches running amok. The moronic mortal grown-ups the kid has to deal with don't help with the task of ghoul-busting. Australianborn Kodi Smit-McPhee voices Norman while Casey Affleck, Jeff Garlin and Tempestt Bledsoe lead the adult cast.

Family DVDs



"The Adventure Time: The Complete First Season" (ages 6-14, now available, not rated): Few cartoons on TV meant for children are entertaining to grown-ups as well, but this commercially and critically successful Cartoon Network hit certainly is. Stories are thin, but it's hard not to be drawn in by the drawn Finn, a human boy in his early teens, and his best friend Jake, a magical talking dog with powers to stretch and change shape. Season 1 has 26 episodes, some of them gems worthy of the show's Emmy nomination. Grade: A

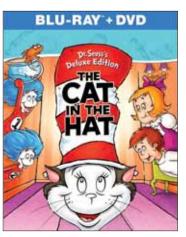
"The Amazing World of Gumball 'The DVD'" (ages 6-14, released Aug. 28, not rated): With Season 2 underway



on the Cartoon Network, the dozen episodes of the debut year can be had on a disk that showcases the charming, heartfelt and comical animated series out of the U.K. Front and center is Gumball, a mischievous 12-yearold boy filled with melodrama and optimism. Sounds contradictory, but so is the entire nutty program, that, surprisingly, is watchable by adults without cringing. Grade: A-

"Angelina Ballerina: Dreams Do Come True" (ages 4-8, released Aug. 21, not rated): This all-new, feature-length movie has Angelina winning a "Big Dreams" competition as well as a place in the junior ballet company. Stressing over which to choose, she solicits the help of family and friends, and ultimately discovers what matters most to a little mousling. Good messaging. Grade: B

"Dr. Seuss's The Cat in the Hat" (ages 2-6, released Aug. 7, not rated): The good news is this isn't the live-action turkey starring Mike Meyers. The better news is this is the animated classic that has been digitally remastered. The best news is the rainy day frenzy in the house of Dick and Sally comes with two additional Seuss semi-classics: "Daisy-Head Mayzie" and "The Hoober-Bloob Highway." Grade: A



"Tiny Toon Adventures: How I Spent My Vacation" (ages 3-7, released Aug. 21, not *rated*): Higher production value than standard TV animation, the touch of Steven Spielberg (executive producer) and a slew of Emmys led to this full-length movie originally released in



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1992 and now available on DVD. It was the first direct-to-video animated release in the United States, in fact. Cute stuff featuring young versions of classic Looney Toons animal characters. Grade: A-

Citrus Heights Messenger.com

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CLUES

DOWN Alligator's milieu 1. Back wound . Semicircular mountain basin 2. A drunk 3. Afresh . *Many baseball teams wear it on 4. Fast interruptions 3. Ringworm 5. One rejected 4. Big Island flower necklace 6. Horsefly 5. Long backless sofa 7. ____ bai 6. Antonym of afar 8. *Dolphin home 7. Estimated arrival 9. Trunk extension 8. What racers do on CBS 10. *Shape of an American football 19. *The goal is strikes 11. Fixed look 21. *a.k.a. Ringer 12. Singles Paolo, Brazil 15. Make dark 20. Neil Diamond's "Beautiful 25. Shel Silverstein's poem "_ 22. Part of a play 24. Military group 28. Elevated state 25. *Another form of bowling More agitated 26. It can be a tear-jerker 27. Sacrificial spot the Lonely," song 37. Daytime TV program 29. *Subject of "A Good Walk Spoiled" 31. Beaks 39. Jawaharlal 32. Often found under books 40. Make a reference Island, NY 33. *E in baseball box score 43. Cause of Titanic's demise 34. *Named after school of same name 36. Giant Himalayan? 44. Paint layers ______Pitch Softball 38. Site of Leaning Tower 47. Slovenly person 42. PDA pens 48. Make wealthy 45. Ski downhill 50. They oppose the yeahs 49. Gardener's tool 52. Fast-food staple 51. *a.k.a. Seam bowler in cricket 53. Pull one's leg 54. Do penitence 55. Writer Harper 56. Master of ceremonies 57. *Played on grass 57. Foul substance 58. French dream 65. Romulus' twin 59. Black cat, e.g. 66. *Free throw value 60. Wharf built parallel to shoreline 68. "Me and Bobby _ 61. Fender-bender damage 69. Part of eye containing iris, pl. 62. Fiona or Shrek, e.g. 70. Mother Teresa, e.g. 63. He took a giant leap 64. Sandra and Ruby, actresses 72. Declare untrue 67. National University of Singapore 73. NYC time 74. Olden-day movie form, pl.

Come back every week for Sudoku!

For Solution See Page 7.

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For Solution See Page 7

Curiosity's First Photos

MARS (August 6th, 2012) – This is one of the first images taken by NASA's Curiosity rover, which landed on Mars on the morning of Aug. 6. It was taken through a fisheye wide-angle lens on the left "eye" of a stereo pair of Hazard-Avoidance cameras on the left-rear side of the rover.

The image is one-half of full resolution. The clear dust cover that protected the camera during landing has been sprung open. Part of the spring that released the dust cover can be seen at the bottom right, near the rover's wheel. On the top left, part of the rover's power supply is visible.

Some dust appears on the lens even with the dust cover off. The cameras are looking directly into the sun, so the top of the image is saturated. Looking straight into the sun does not harm the cameras. The lines across the top are an artifact called "blooming" that occurs in the camera's detector because of the saturation. As planned, the rover's



early engineering images are lower resolution.

Larger color images from other cameras are expected later in the

week when the rover's mast, carrying high-resolution cameras, is deployed. *Image Credit: NASA/* JPL-Caltech



Behold Mount Sharp! This image taken by NASA's Curiosity shows what lies ahead for the rover – its main science target, Mount Sharp. The rover's shadow can be seen in the foreground, and the dark bands beyond are dunes. Rising up in the distance is the highest peak Mount Sharp at a height of about 3.4 miles, taller than Mt Whitteev in California. The Curiosity taam because to drive the rover to the mountain to investigate it to have

Sunrise MarketPlace Announces "Sunrise at Night Concert Series"

CITRUS HEIGHTS – Sunrise MarketPlace Business Improvement District (BID) is expanding the entertainment options in the Sacramento region with the Sunrise MarketPlace Outdoor Pavilion, launching the "Sunrise at Night Concert Series". This year Sunrise MarketPlace, along with Sunrise Mall, will host a top-notch entertainer concert series in August and September in the stadium. Performances begin August 10

and run through September 14 at 8 p.m. The Sunrise MarketPlace Outdoor Pavilion is located in the Sunrise Mall parking lot near the North Macy's. Parking is always free. Ticket prices range from \$19.50 to \$82.50 depending on show and reserved seating area. To purchase tickets please visit www.shopSMP.com.

Many top performers are booked for the "Sunrise at Night Concert Series including: August 10 – Lonestar and the

Charlie Daniels Band

- August 18 Spyro Gyra with Lee Ritenour
- August 25 Three Dog Night with America
- September 1 & 2 The Doodlebops with Caillou

September 8 - Kool & the Gang with The Commodores September 14 – Blondie with Devo

For more information, visit www.shopSMP.com. Source: Atherton Public Relations

Free Irrigation and Landscape Workshop

SACRAMENTO REGION – Property owners needing help with their irrigation systems, bringing plants and grass back to life or landscape design can get answers and advice at a free workshop this month.

Hosted by San Juan Water District on August 18, the Irrigation and Landscape Workshop will show locals how to create beautiful, lush landscapes that require less water. Anyone interested in waterefficient yard and garden improvements should attend.

"Some people may be surprised to learn they're actually damaging their grass and plants by over watering," says San Juan Resources Analyst Vicki Sacksteder. "Our workshops teach people to how to irrigate the smart way."

The workshop begins at 9 a.m. in San Juan's Water Efficient Landscape (WEL) Garden. Experts will demonstrate the latest in irrigation technology, provide drip system installation advice and guide participants through the WEL Garden. At 11 a.m., Cheryl Buckwalter of Landscape Liaisons will share landscape design tips and the importance of putting the right plant in the right place.

"I'm putting into use what I learned at San Juan's spring irrigation workshop," said Ernest Kenney of Granite Bay. "It was helpful to see what plants do well in our area and how easy it is to have and maintain a water efficient landscape."

Workshop Details

What: Free Irrigation and Landscape Workshop *Why:* To help homeowners create and maintain healthy landscapes that require less water

Who: San Juan irrigation experts and guest speaker Cheryl Buckwalter of Landscape Liaisons When: Saturday, August 18, 9 a.m. to noon 9 to 11 a.m. – irrigation demonstrations and WEL Garden Tour 11 a.m. to noon – landscape

and garden design with Cheryl Buckwalter *Where:* San Juan Water District, 9935 Auburn-Folsom Road, Granite Bay *Information:* Call (916) 791-2663 to reserve your spot.

Walk-ins also welcome.

San Juan Water District is a community services district that provides drinking water to more than 265,000 people in portions of Sacramento and Placer counties. In addition to serving retail customers in Granite Bay, east Roseville, and the northeast portion of Sacramento County, the district wholesales water to Citrus Heights and Fair Oaks water districts, Orange Vale Water Company and the City of Folsom (north of the American River) and periodically to Sacramento Suburban Water District.



layers, which scientists think hold clues to past environmental change.

This image was captured by the rover's front left Hazard-Avoidance camera at full resolution shortly after it landed. It has been linearized to remove the distorted appearance that results from its fisheye lens. Image credit: NASA/JPL-Caltech

Upcoming Concerts Scheduled for John Skinner Band & Capitol Pops



Singer Susan Skinner is featured vocalist at the John Skinner Band's Fair Oaks and Carmichael concerts – and other performances listed below. Courtesy photo.

CARMICHAEL – A Carmichael-based variety dance band will feature in a 2012 series of free concerts in Carmichael, Fair Oaks and Sacramento areas. John Skinner's Band has packed local concert venues for over 30 years. Both Skinner and his vocalist wife Susan also volunteer with

r- the Capitol Pops Concert Band.

2012 performances for Skinner and Capitol Pops ensembles are as follows:

Thursday August 2: Skinner Band at Fair Oaks Village Park, 7997 California St, Fair Oaks; 7 p.m.

Sunday August 5: Skinner Band at Carmichael Park, 5750 Grant Ave; 6:30 p.m.

Sunday August 19: Capitol Pops at Carmichael Park; 6:30 p.m.

Thursday August 30: Capitol Pops at Fair Oaks Village Park; 7 p.m.

Saturday September 8: Skinner Band at Pioneer Park, 5100 Verner Ave (Sacramento); 4 p.m. Sunday September 23: Skinner Band at Mission Oaks Community Center, 4701 Gibbons Dr (Carmichael); 2 p.m. Sunday October 7: Capitol Pops and Joyous Brass at La Sierra Center, 5325 Engle Rd (Carmichael); 2:30p.m. Admission: \$5-\$8; children free. Friday October 19: Capitol Pops, Citrus Heights Community Center, 6300 Fountain Square Dr: 7:30 p.m.

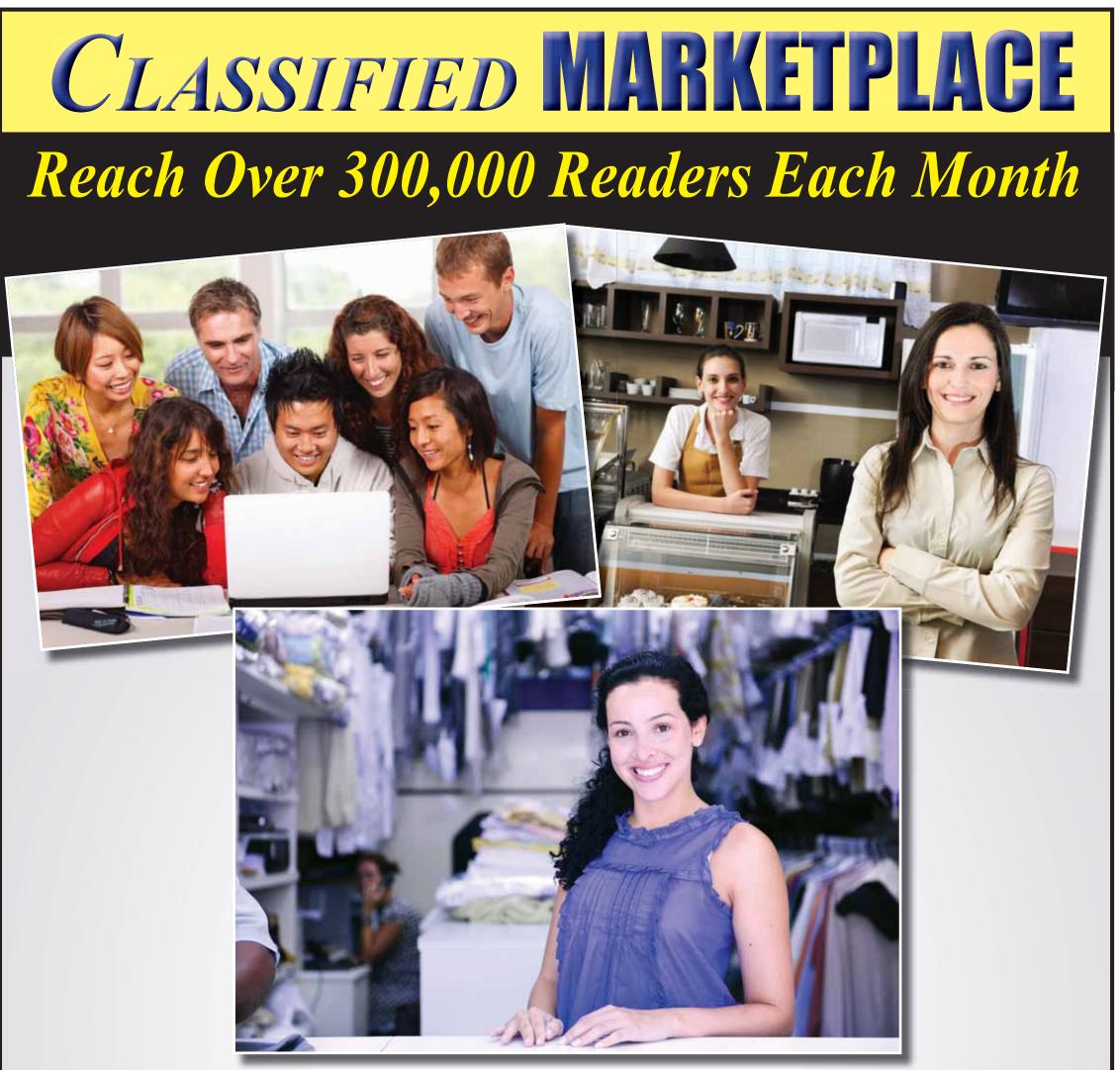
Saturday December 8: Capitol Pops at Rusch Park Gym 7801 Auburn Blvd c h; 7:30 p.m.

For further information, call (916) 481-0334 or visit www. skinnerband.com or www.capitolpops.org

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