

MPG WISHES EVERYONE A HAPPY EASTER!

PLUS:

Sacramento's Best Poets Perform to Benefit the Food Bank

Page 5

Citrus Heights lessenger "Written by the people, for the people"

Volume 2 Issue 7

Serving the City of Citrus Heights and Sacramento County

First Edition for April 2012

Mel Turner: A Focused Spirit



Page 2

Sertoma Club: **100 Years of Service**



Page 2

Crystal Apple Award Winners for 2012



Page 4



Scan our QR Code for a direct link to our online edition!

PRESORTED STD. US POSTAGE **PAID** PERMIT 350 Carmichael, CA

What's Up With Hiring?

Job demand & hiring trends looking up

SACRAMENTO REGION -Hiring motivated by the need to grow workforces in Sacramento will rise above hiring only for replacements for the first time in several years in the Second Quarter of 2012.

In direct contacts by phone with Sacramento's top regional companies, Pacific Staffing has discovered significant indications of economic improvement as seventy-one percent (71%) of employers say they are hiring in April, May and June 2012. For the first time in years, forty-two percent (42%) of planned hiring was motivated by the need to grow existing workforces. While just thirty-eight percent (38%) of Sacramento regional employers, polled directly between February 27th and March 17th, attributed hiring needs to attrition, or replacements within their existing workforces. Hiring attributed to growth demands has trended up for three Quarters in a row among Sacramento employers surveyed.

Warmer temperatures are also heating up hiring demand as Sacramento's regional agriculture, recreation and hospitality companies begin seasonal hiring. Ten percent of hiring demand in the second quarter is attributed to seasonal change. While most of the regional economy is improving, some of those involved in residential construction, property



development and some peripheral industries remain slow. Three percent of those surveyed report they will consider reducing workforces in the next three months as business remains slow for their individual companies.

Sacramento's employment marketplace is warming back to life but recent strong spikes in gasoline costs were of great concern to those polled. In anecdotal conversations with

company contacts, higher transportation costs for employees; and increased company transportation and petroleum related products costs could throw cold water on hiring plans quickly forcing a renewed slowdown.

While companies are getting a large number of applicants, many are noting the first problems in selecting specific qualifications. Finding applicants with specific skills are among first concerns

as companies seek customer service, sales, technical, general office, manufacturing and warehouse workers in the next three

How does this Quarter compare to last Quarter, or last year? Find out for yourself.

For more information, employment blogs & market surveys go to www.pacificstaffing.com.

Source: Pacific Trends Quarterly

Public Safety As Our Number One Priority



Commentary by Roberta MacGlashan, **County Supervisor**

SACRAMENTO COUNTY -Sacramento County confronts an influx of new criminal offenders as the State implements its prison realignment plan, shifting thousands of convicted felons to local jails. As the County plans to deal with this new responsibility, we must take every necessary step to maintain public safety for our law abiding residents.

The Board of Supervisors has not wavered in affirming public safety as our number one priority. We are joined in this effort by Sheriff Scott Jones, who works with his deputies every day to fulfill this obligation to our community.

The State has provided some funding to offset the costs associated with supervising these offenders, which can be used for jail facilities, home monitoring,

and establishing new rehabilitation programs. As we collaborate in dealing with the flood of State prisoners into our local criminal justice system, we must be careful to ensure that we not risk public safety by too quickly establishing new rehabilitation programs that result in placing criminal offenders out on the street.

Any approach must first ensure the public's safety by establishing enough capacity in our local jail system to accommodate these convicts. If funds remain, consideration should be given to establishing new rehabilitation programs that could lead to lower recidivism. These programs can also be provided while inmates are still in custody.

Additionally, we must have confidence that the State will actually provide the long-term funding necessary to sustain such programs.

We will have to review the criminal records of those who may be coming under local supervision as this process unfolds. While the State plans to only realign inmates sentenced for "non-serious offenses," that classification is based only on an individual's most recent conviction.

At the local level, though, we must consider why a judge in Sacramento County would sentence someone to State prison if their only offense was "nonserious." The reality is, people who end up in State prison are there for a good reason.

It makes logical sense that we would want to keep such a person locked up while these questions and others remain unanswered. I would note that District Attorney Jan Scully, Sacramento Police Chief Rick Braziel, and Presiding Judge Laurie Earl supported the initial plan adopted in

Sacramento County. Recently, criticism has been directed towards the Sheriff for not opening all of the jail capacity funded in the County's first months of realignment. However, the new inmates have only begun arriving in our facilities, with many yet to come. Based upon my discussions with Sheriff Jones, I have no doubt about the need for this jail capacity as realignment is fully implemented.

Recidivism is a huge issue for our criminal justice system, and imposes substantial costs on the limited resources of the County's taxpayers. I agree that finding ways to reduce and eliminate reoffenses is an admirable goal that would benefit us all in the long run. However, I cannot and will not support an approach to rehabilitation that would constitute an experiment with the safety of the children, families, and businesses I have been elected to represent.

While some at the State of California may not like Sacramento County's approach and seek to push us in a different direction, the State gave up their seat at the table when they passed this responsibility off to counties.

The County will have its own budget discussions in June, at which time we will discuss the allocation of limited General Fund resources. To date, minimizing cuts to the Sheriff, Probation, and the District Attorney's office have been the Board's top budget priorities since the region's economy began to slow several years ago.

While I cannot speak for other Board members, I have no qualms stating here that I will continue to fight for these programs as the County's most essential services.

As this complicated issue continues to evolve, I would welcome your input. Please do not hesitate to contact my office on any matters that concern you at (916) 874-5491. You can also email me directly at macglashanr@saccounty.net. I meet regularly with the residents of every community I represent through Community Cabinet Meetings. In Citrus Heights we meet every fourth Friday at 7:30am at Denny's at 6215 Sunrise Blvd. In April, I will be hosting Sheriff Scott Jones. I hope to see you there.

Cool California Challenge

By Leslie Carrara

CITRUS HEIGHTS - The city has joined "Cool California" beginning April 1, 2012 in an effort to reduce the carbon footprint of residents while the city and top eco-friendly residents receive cash awards.

A workshop will be held April 5th at the Civic Center Complex on Fountain Square Dr., in Trellis Hall about how to join the program and ways to reduce energy use and less gas usage. The workshop begins at 6:30 p.m. and ends at 7:30 p.m.

Citrus Heights is one of three area cities signed up for the challenge. Sacramento and Davis are also registered and there will be a news conference on April 3rd in Sacramento. Ten cities in California are registered.

In order to sign up for participation in the challenge, residents need to register at CoolCalifornia.org after April 1 for the yearlong event. Also, this just happens to coincide with the city's first annual Earth Day, which is scheduled for April 21, 2012 from 10 a.m. to 2 p.m. at Skycrest Elementary School between Greenback and Madison on Mariposa. Interested participants can attend Earth Day to receive new ideas about saving energy and therefore, saving money.

If Citrus Heights wins the challenge, Associate Planner Casey Kempenaar of the Planning Department said the city could receive \$100,000 towards ecofriendly sustainability. "It helps the city reach its greenhouse gas reduction goals," he said of residents' participation in the challenge. Businesses can also register.

Once the challenge begins, cities have three months to earn points for each household that registers online The challenge will focus on household energy efficiency and transportation.

Women Partners of Asperger Men A free education and support group

SACRAMENTO REGION -On Tuesday April 10, 2012 from 7:00 to 9:00 p.m., and continuing on the second Tuesday of each month, a free education and support group will be held for women partners of men with Aspergers Syndrome. The meeting will be held at the U.C. Davis M.I.N.D. Institute at 2825 50th Street, Sacramento and led by Sally B. Watkins L.C.S.W., a psychotherapist. Call Sally at 916-939-8249 or email her at sbw9@mindspring. com for more information.

A formal diagnosis is not required to attend the group. Aspergers is a form of high functioning autism and is characterized by difficulty expressing emotion, reading behavioral and non-verbal cues, and the inability to recognize differing perceptions and feelings in others.

Sertoma Club Celebrates 100 Years of Service



Joan Osborn, President of the Sacramento Valley SERTOMA Club, presents a check for \$1000.00 to Kristin Haas of the Folsom Lake College Foundation to "name a seat" at the Three Stages Performing Arts Center. The donation is to honor the 100th anniversary of the SERTOMA International, founded April 11, 1912. Accompanying Joan are SERTOMA members Hal Scott and Bill Hupp. Photo provided by The Sacramento Valley Sertoma Club.

The name SERTOMA is derived from the words "SERvice TO MAnkind". SERTOMA International has the primary project of assisting the more than 50 million people with speech and hearing disorders. Sertomans also sponsor community projects to promote freedom and democracy, to assist youth, and to benefit a verity of other local community needs.

Locally, the Sacramento Valley Sertoma Club has been serving the Sacramento Area since May 1980 with a current membership of 50 dedicated men and

Some of the many organizations sponsored are: the deaf and hard of hearing programs of Dewey Elementary School, the David Lubin Elementary School, and The Del Oro High School. The CCHAT Center(Children's Choice For Hearing and Talking), Mustard Seed School for homeless children, Camp SignShine and Camp Grizzly for deaf and hard of hearing children, Sacramento CASA(Court Appointed Special Advocate) for foster children, Ski-For- Light (cross country skiing for blind children), Christmas Promise, Clean and Sober programs, and many other programs.

In addition, two scholarships of \$500.00 each are provided each vear to students at Sacramento State University pursuing the Audiolory field of study.

To achieve 100 years by any service club is a rare and commendable accomplishment. SERTOMA Club members take pride in a century of Service to Mankind.

The Sacramento Valley Sertoma Club is looking for new additional members that are serious about giving back to the community. They meet every Thursday, 7:00am, at CoCo's Restaurant, Madison and Sunrise Blvd. Visitors welcome.

Contact Bill at 916-966-1361 or Hal at 916-966-3629.

Mel Turner: A Focused Spirit

By Julie Parker

CITRUS HEIGHTS - At the turn of the century, Dolphus Stroud faced unconscionable racial assaults. Yet, he pushed through to receive a Masters degree (he wrote a thesis in Spanish), a Harvard teaching position, broke a 25-year record running the Pikes Peak Marathon in 1928, and qualified for the final Olympic tryouts.

His grandson, Mel Turner, inherited that focused spirit, which he has applied to his career, family, and duties as an elected official on the Citrus Heights City Council. Like his grandfather, he has been a teacher, and is fluent in Spanish.

Born in Detroit, his family relocated to the Bay Area when he was ten years old. In high school, he remembers attending Vietnam protests and rallies, in an attempt to understand our country's involvement. "To this day, I don't understand," says Turner.

He attended Hartwick College, in upstate New York, which offered a Junior Year Abroad Program in Mexico, where he learned Spanish, and the culture's history. "One thing I was surprised to learn was there had been slaves in Mexico. I saw people who were darker than me. I was shocked."

He was also a winning contestant on Mexico's version of The Dating Game. "This was in 1969-70, right after the Olympics. The young lady choosing the date was a Cuban actress. She picked me, she said, because she loved my accent."

After graduating from Hartwick, he returned to California, first working as a bilingual vocational counselor, then a probation officer in San Mateo County, where a particular memory stands out. "I went to a house for a probationary visit, and the guy opened the door with a gun pointed at me, finger on the trigger. That was a defining moment. Let someone else be a probationary officer."



Mel Tuner and his wife Connie. Photo by Julie Parker

He also remembers meeting Connie, who was working at the County Manager's Office at the time. "When I first saw her, I told her, 'You're going to be my wife one day.' It took five years, but it happened." They have a daughter together, and Turner has a son from a previous marriage.

Turner briefly worked as a recruiter for the Urban League, then a crime prevention specialist for the San Mateo Police Department. After about seven months, he took over as director. He subsequently accepted a position in Sacramento with the Attorney General's Office, and experienced a diverse career with the State for almost 25 years, before retiring.

He's taught at UC Davis Extension, St. Mary's College, Golden Gate University, and currently teaches at Sacramento Community College. "My passion is teaching. So, I do a lot of that on

Meanwhile, Turner attended Citrus Heights City Council meetings to educate himself, as a taxpayer. "The more I met the people involved, the more I learned about the plans for the city, and wanted to be involved myself."

He was appointed to the Sheriff's Community Outreach Advisory

Board, followed by a position with the Planning Commission, then an introduction to the Leadership Citrus Heights program. "That really opened up my eyes to the City Council, and my future career goal to be a Council member."

Turner appreciates what Citrus Heights has to offer. "It reminds me of the community I grew up; where cops are friendly, they wave to you. Volunteerism is huge here. It is rewarded and celebrated."

When a "walkabout" is needed, he takes advantage of the area's options of fly fishing, kayaking, walking and cycling the American River bike trail. As an avid backpacker, hiking Mt. Whitney was a crowning achievement. "It was a seven-day hike, because we came in the back way. That really tested me."

When a vacancy in the City Council opened up, he considered it carefully, weighing the effort, cost and time involved. "I went on a backpacking trip, meditating on it. I decided I wanted to do it. I didn't have any issues, or an ax to grind. I just wanted to serve, to give back.

Citrus Heights may look like any other community, but it has a sense of belonging; an old fashioned sense of pride. I wouldn't want to live anywhere else."

PONA Creek Clean Up Week

By Leslie Carrara

CITRUS HEIGHTS - The Park Oaks Neighborhood Association, area 5 under the Residents' Empowerment Association of Citrus Heights, is hosting a creek clean up at Shadowcreek Park on Park Oaks Dr. on Sat., April 14th from 9 a.m. to noon, all as part of Creek Week, sponsored by the Sacramento Area Creeks Council.

According to President of SACC Alta Tura, other creeks in Citrus Heights slated for a over 21 tons of garbage was cleaned

clean-up include Arcade Creek, which runs behind Costco and WalMart on Auburn Blvd., ultimately leading to the Sacramento River, and Cripple Creek, which runs behind Mesa Verde High School in area 2. She said that Arcade Creek on Auburn is not very dirty this year, however, volunteers will be removing invasive plants, including black berries.

All total, the SACC receives approximately 2,000 volunteers for Creek Week each year. Last year,

up in the Greater Sacramento Area, from Folsom to Galt.

After the clean up, volunteers are headed to Carmichael Park, where exhibits about water and food booths will be available. They are serving barbecue hot dogs.

While the clean up is underway, people who want to participate somehow but can't volunteer, can take e-waste to Carmichael Park on Fair Oaks Blvd., in Carmichael, as the SACC is sponsoring an e-waste drive as part of Creek Week celebrations.



Red White & Blue Parade Committee Kick-off Meeting Would you like to be a part of the planning committee for the 2012 Citrus Heights Red, White & Blue Parade? It is scheduled for June 23, 2012. Please contact Michele Saario at (916) 727-5402 or email to msaario@citrusheights.net

Meetings are held at the Citrus Heights Community Center, 6300 Fountain Square Drive. More volunteers are needed to make this a terrific success for Citrus Heights.



HERNANDEZ LAW GROUP, INC

Foreclosure

Defense and **Bankruptcy Kristy Hernandez**

Managing Attorney • Sacramento Area 7777 Greenback Lane, Suite 212 Citrus Heights • 916.728.1500

SavingCaliforniaHomes.com

Senior Homecare By Angels

Select Your Caregiver.

Experienced Caregiver Thoroughly Screened. Providing Peace of Mind to thousands across America each and every day!



• Up to 24 Hour Care

- Meal Preparation
- Errands/Shopping
- Hygiene Assistance
- Medication Reminders
- Respite Care for Families
- Low Hourly Rates Temporary/Long Term

Schedule an appointment now for a FREE **In-Home Assessment**

916-971-9333

www.visitingangels.com/sacramento

Each Visiting Angels agency is independently owned and operated.



Publisher, Paul V. Scholl

"Written by the people, for the people" Heights Messenger to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and

Citrus Heights Messenger is not responsible for county; \$40 per year outside Sacramento county. unsolicited manuscripts or materials. The entire Citrus Heights Messenger is published twice monthly. contents of the Citrus Heights Messenger are copyrighted. Ownership of all advertising created

are not necessarily the opinions of the publisher or

Publisher's Statement: It is the intent of the Citrus and/or composed by the Citrus Heights Messenger is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

> Subscriptions should be mailed to Citrus Heights Messenger, 7405 Greenback Lane, #129, Citrus Heights, CA 95610. Subscription rate is \$25 per year; \$30 per year in Sacramento and Sacramento Call 916-773-1111 for more information. (ISSN # 1948-1918).

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@CitrusHeightsMessenger.com. Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at 916-773-1111.

Citrus Heights
CSSENGER

Advertising Sales

Paul V. Scholl • Perry Hartline • Marion Solo

Graphics & Layout Contributing Writers

Photography

Banerjee Designs • Stump Removal Graphics

Susan Skinner • Mary Jane Popp • Marlys Johnsen Norris • Tim Reilly David Dickstein • Dave Ramsey • Dr. E. Kirsten Peters • Kay Burton

Dr. Bob Graykowski • Julie Parker • Andrew DeFazio • Eric Marks Leslie Carrara • Pastor Rich Reimer • Pastor Cary Duckett • Ronnie McBrayer David Graulich • Perry Hartline • Gerry Scholl • Trish Tatterson

Distribution Assistant Gabriel Scholl Nicholson & Olsen CPA Accounting

Web Master RJ at thesitebarn.com • JWS Promotions • Mikahn Design $\textit{Whiskey \& Gunpowder} \bullet \textit{StatePoint Media} \bullet \textit{NewsUSA} \bullet \textit{PRWEB NewsWire}$ News Services North American Precis Syndicate • Blue Ridge Press • ARA Content

> Family Features • WorldNetDaily Amanda Morello • Susan Skinner

Ken Pogue • Max H. Peters

Member of Carmichael, Citrus Heights, Fair Oaks, and Orangevale Chambers of Commerce We are proud members of these newspaper associations.











Tax Increase Reviewed by City Council

By Leslie Carrara

CITRUS HEIGHTS – The Citrus Heights City Council narrowly passed a proposal for a future vote on the city manager's utility tax/parcel fee proposed increase, the first ever vote of its type facing council members since incorporation. The meeting lasted over 4 and a half hours, with discussions about the tax proposal beginning at 7:40 p.m.

The vote was 3-2 in favor of reviewing the proposed increase on June 14, which City Manager Henry Tingle presented to council prior to the March 8 city council meeting. Tingle proposes raising utility tax fees 1.75 percent and imposing a \$50 parcel fee for residents within the city limits, all in an effort to staff four additional detectives on the police force following the passage of AB109, a Police Activities League officer and to maintain the deteriorating neighborhood streets within Citrus Heights. Councilman Mel Turner, Vice Mayor Steven Miller and Councilwoman Jeannie Bruins voted to keep the proposal alive, with a final vote to put it on the November

ballot in June. Councilwoman Dr. Jayna Karpinski-Costa and Mayor Jeff Slowey were not in favor of pursuing the proposal at this time.

One area the entire council agreed on was staffing the police department with four additional detectives to meet the demands of an increased number of criminals being released within the city. As Citrus Heights Police Chief Christopher Boyd told the council, an individual charged with attempted murder is being released into the city as part of the AB109 realignment. However, council members did not necessarily agree on adding a PAL officer and combining the street work with the additional detectives in one vote. Councilwoman Karpinski-Costa indicated she would be in favor of the proposal but not as written. She said a .75 utility tax increase as well as the parcel fee to support the additional detectives and not combining the street repair with the police department needs is what she would support. Slowey was interested in helping out the police department at the current time, rather than waiting until the November ballot.

Job Forecast Bright for Sacramento's HIREvent

SACRAMENTO REGION

Rain or shine, experts pre-

dict a 100-percent chance of jobs

at Sacramento's HIREvent on

Tuesday, April 10th, from noon to

4pm at the Masonic Temple down-

town, 1123 J Street (12th and J).

This exceptional employment event

will feature private organizations

and public agencies from around the

region, with a variety of immediate

staffing needs ranging from entry-

First impressions will be very

important, as all the employers

level to management positions.

The cost for the street repairs as presented at the meeting would be covered by one million from cash reserves per year and one million in new funds from the proposed tax increases. The additions to the police force would cost \$500,000 and an extra \$250,000 would be included for police equipment technology. All of this would come out of the 1.75 per cent utility tax increase. This includes a tax on phone usage, sewer, electric, gas and

cable television. Bruins told the people at the meeting that the council was being asked to give direction to staff. "I believe we need to do the right thing for our community," she said. She is in favor of a survey being conducted prior to June 14 to get community feedback on the proposed tax increases.

Miller told the council that "no one is going to help us. We need to help ourselves. I need some more feedback.'

And Turner indicated that he doesn't think the council can separate the street repairs from the additional detectives, as both are important.

will be eager to hire. Jobseekers

should dress to impress and be pre-

pared to pitch their qualifications

to company recruiters. Attendees

who want to polish their resumes

can consult with employment

experts offering free one-on-one

Admission is free to

Sacramento's HIREvent, which

is sponsored by Telemundo 33,

Entercom Communications and Job

Journal. For more information, visit

JobJournal.com or call 888-THE-

JOBS (843-5627).

Crystal Apple Awards 2012

LDS Seminary students honor their favorite high school teachers

By Gary Zavoral

High school students who attend early-morning seminary at The Church of Jesus Christ of Latter-day Saints honored their most influential high school teachers in the San Juan Unified School District during the 10th annual Crystal Apple Awards Wednesday, March 21.

More than 200 youth in the Carmichael and Citrus Heights Stakes of The Church of Jesus Christ attend seminary, an hour of religious instruction, before heading to high school at Bella Vista, Casa Roble, Del Campo, Mesa Verde and New San Juan. On Wednesday evening at The Church of Jesus Christ meetinghouse on Van Maren Lane, one of four seminary sites in the two stakes, the students presented Crystal Apple awards to those high school teachers who inspire and motivate them the most.

This year's Crystal Apples were awarded to:

- · Karen Perry, an English teacher at Bella Vista High School
- Robert Leever, who teaches wood shop at Casa Roble High School
- Karen Greenberg, an English teacher at Del Campo High
- Carole Bystrom, who teaches English at Mesa Verde High
- · Sandi Coulter, who launched the culinary arts program at New San Juan High School

In her introduction of Perry, Bella Vista senior Lindsey Childs said, "Every day, she greets me with, 'Hey Pumpkin, how are you? Are you hungry?' I think she's fed the entire student body.

... She's a fantastic example of happiness, having fun and being an excellent teacher.'

Showing an interest in the students and making their classrooms a fun learning environment were consistent comments in the students' introductions of their teachers. "He believes that what makes

teaching great is making the class enjoyable," said Casa Roble student Alan Felt, who introduced Leever. Del Campo sophomore Matt

Zavoral said of Greenberg, "She's one of those teachers where you just wish the school year would go slower, so you can have more time with her."

Andrea Sands of Mesa Verde High School praised Bystrom for something she teaches: "Mrs. Bystrom, I agree with you – God is the best author ever."

In accepting their awards, the

can show is to give your life for your friends. That is the greatest love we can show, to be of ser-

vice to others.'

Stephanie Bedford of Casa Roble High School was the first speaker of the evening and gave an overview of the Church's seminary program, which is celebrating its 100-year anniversary this year. High school students attend seminary, beginning at 6:30 a.m. every school day, for all four high school years, and the subject matter rotates annually from Old Testament, New Testament, Book of Mormon and

Church history. President Stephen Taylor of the Carmichael Stake – a stake is similar to a Catholic diocese, consisting of several congregations - then spoke about two tough teachers he had in high school who motivated him to learn.

"The basic skills of math and English I was taught by these teachers helped me to be successful in my career, because these are the two skills I use every day as a CPA," he said. "Teachers, you may never know the impact you've had on your students' lives."

Following musical numbers by teen choirs from both stakes, including songs from a recent Citrus Heights Stake performance of the musical "Savior of the World," Citrus Heights Stake President Ned Telford closed the meeting by thanking the teachers

"You are a second witness," he



Del Campo High School sophomore Matt Zavoral of Citrus Heights, left, and senior Jacob Stoeltzing of Carmichael, right, presented the Crystal Apple to their favorite teacher, Karen Greenberg, who teachers English at the Fair Oaks school. Photos by Jeslin Owens

teachers also praised the students and parents.

"I thank you parents for these students," Greenberg of Del Campo said. "They're the pleasure of a teacher's life. ... Thank you for letting me teach them."

Leever hit on a consistent theme among the educators during the evening by saying that he can tell which students are members of The Church of Jesus Christ of Latter-day Saints.

"I can pick your kids out of my class," he said. "There's just a spark about them, and they're a pleasure to teach."

San Juan Unified Acting Superintendent Glynn Thompson praised the Crystal Apples event for acknowledging the quality teaching in the school district.

"When you pick up the newspaper, or turn on the TV or surf the Web, you hear some rhetoric that it's somehow sexy to beat up on public education and bash teachers at public schools," Thompson said. "But, as you have proven tonight, when parents and students support their schools and teachers, public education works every time, and it is working in the San Juan Unified School District."

Dr. Jon Dresser, the Citrus Heights Stake director of public affairs who organized the event, also presented Thompson with a Crystal Apple for his dedication to the students and his commitment to teach Christ-like principles.

Thompson told the audience of about 300 students, educators and parents that he also attended religious instruction when he studied Christian ministry in college. Complimenting the students on their commitment to early-morning seminary, he said he rises every morning at 4:45 a.m. to read Scripture. He paraphrased the Gospel of John, saying that "the greatest love you

for their service to our children.

said. "As I've learned as a parent, you can tell your children something over and over again, but until they see and hear from someone else, they don't really learn. They hear it from you, too, and it finally clicks. I appreciate you for being that second witness and for the common values that we have and that you teach."







CALL 773-1111 TO ADVERTISE

You're Invited Easter Sunday



4747 PFE Rd., Roseville

(916) 992-1997

"A Community Church Your Entire Family Will Enjoy"

Church Service April 8 at 10:00 am

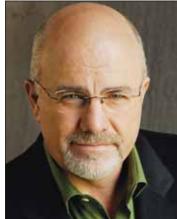
Come and hear a special message by Pastor Ray entitled

How to Make A Fresh Start

Easter Egg Hunt
After Church







Dave Ramsey is a personal money management expert, popular national radio personality and the author of three New York Times bestsellers — The Total Money Makeover, Financial Peace Revisited and More Than Enough. In them, Ramsey exemplifies his life's work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age, and give generously to others.

Asking for Trouble

Dear Dave,

I want to keep one of our credit cards open and use the bill-pay option for utilities and other monthly bills. I want to do this so we can continue earning rewards points, and the way I look at it, we'd just be re-routing the money and paying it off every month. My husband doesn't like this idea and thinks we should get rid of them all. Am I just asking for trouble by wanting to keep the rewards card open?

- Cheryl

Dave Says

Dear Cheryl,

Yes, you are. Life never works out exactly the way you think it will. You can make all the well-reasoned and best-intentioned plans you want, but sooner or later that snake is going to bite you.

The only thing I'd consider in a situation like this is a *debit* card that has a rewards system attached. Lots of debit card programs offer the same kinds of rewards programs offered by credit card companies, with one big exception—you don't have to go into debt!

You need to stop chasing these stupid brownie points, Cheryl. According to *Consumer Reports*, 78 percent of credit card airline miles are never redeemed. Studies also show that people spend more when using credit cards as opposed to cash. That extra money you spend on things you don't need is money you could have been saving and investing. So, where's the reward?

Cut up the card and close the account, Cheryl. You don't build wealth by using credit cards!

- Dave

Pension? Invest Anyway! Dear Dave.

My wife and I are both active duty Marines. She's planning to get out in a few months, but I'm staying in for the long haul. You recommend saving 15 percent for retirement, but how does that apply in my case when I'll be getting a good pension after 20 years?

- James

Dear James,

I'd like to see you do both. Just imagine the money you guys would have for retirement with your military pension and a big pile of cash from having saved 15 percent of your income over the years.

Having options is a great thing. Think about all the things you could do down the road if you save for retirement and have your pension in place. You could pay cash for a home, or even open a business when you retire from the military. And these are things you probably wouldn't be able to do working with just your service pension.

You've got a great future if you'll just keep plugging along and saving, James. Let the military do its thing, and you guys keep pumping 15 percent of your income into Roth IRAs and other pre-tax retirement plans. It's going to be pretty cool!

- Dave

*For more financial help, please visit daveramsey.com.



Citrus Heights Regional Chamber Of Commerce

www.chchamber.com

Upcoming Events

April 5, 2012 Time: 5:30 PM - 11:00 PM Chambers Night at the Kings vs. Clippers Game

April 6, 2012 Time: 8:30 AM - 9:30 AM Ambassador Meeting 2012

April 10, 2012 Time: 11:30 AM - 1:00 PM Monthly Membership Luncheon 2012 Speaker:Fred Smith, CEO, Sed Corp Topic: Economic Development & Small Business Lending Sponsored by: New York Life Insurance

April 11, 2012
Time: 8:00 PM - 9:00 PM
Economic Development
Committee Meeting

The Citrus Heights Regional Chamber of Commerce, a unifying force for business, government, education and community involvement, is recognized as a vital resource for businesses in the Greater Sacramento Area, committed to promoting economic prosperity.

Visit their website for more information.



Citrus Heights Regional Chamber Of Commerce 7115-A Greenback Lane, Citrus Heights, CA 95621 916-722-4545 Fax: 916-722-4543



Presented by Pfizer Animal Health

1K/5K walk/run with your dog*

To benefit Banfield Charitable Trust and Gold Country For the Troops' Heart of the Matter





*All dogs welcome with leash and proof of current rabies vaccine

Sunday, May 6, 2012 9:00am

Folsom Lake State Recreational Area at Granite Bay

Registration:

Pre-Registration (By April 15th):

Adults: \$25 Seniors (65 and over): \$20 Children (12 & under): \$15

Register on-line at:

http://bark4yourheart-sac.eventbrite.com

On-Site Race-Day Registration: 7-8:30 am

Adults: \$35

Seniors: (65 and over) \$30 Children (12 & under): \$25



Business Products



Pfizer Animal Health

Sponsorship opportunities





DogPoopBags.com

Contact Information: Bark4Heart.general@gmail.com

available





KVIE Contest Calls for Young Writers & Illustrators

Annual KVIE Contest Fosters Reading, Writing, and Creativity

- Kinder-garten through third graders are invited to write and illustrate original storybooks and enter them into KVIE Public Television's annual Writers Contest. Children writing and illustrating their original story can enter for a chance to win prizes at both the local and national levels. KVIE Public Television works together with more than 100 other PBS stations nationwide to offer the Contest, attracting close to 1,000 entries locally. Kindergarten through

SACRAMENTO REGION third graders may enter the Contest by creating an original story with illustrations and submitting it with an official entry form to KVIE. Contest Rules (PDF), Entry Forms (PDF), and a Writing Guide (PDF) for the Contest are available online at kviekids.org. Every child who enters the Contest receives a special Certificate of Achievement. Local winners receive additional prizes at a special recognition ceremony, and their stories will be posted online at kviekids. org. Local first place winners

advance to the national competition. National prizes are awarded to three winning stories in each grade. In addition, national winning stories are featured on pbskids.org, one of the most-visited national websites for children.

To read previous winning stories, visit PBS Kids' Story Central at www.kvie.org.

From Sheryl Brown Marketing Communications Manager KVIE Public Television

Sacramento's Best Poets Perform to Benefit the Food Bank

The April 30 Fundraiser at the Sacramento Poetry Center Will Raise Funds for a Vital Local Charity

SACRAMENTO REGION Seven local poets will feature in a charity reading at the Sacramento Poetry Center, located at 1719 25th Street in Sacramento, on Monday, April 30, 2012 at 7:30 PM. All proceeds and donated canned goods collected at the event will go to support the Sacramento Food Bank.

The talented poets who will read include Allegra Silberstein (current Poet Laureate of Davis, CA), David Gay, Jen Jenkins, Josh Fernandez, Rebecca Moos, Trina Drotar, and Todd Cirillo (a

Grass Valley poet). The event is also being hosted by local poets, including Lytton Bell, Bill Pieper and Laura Baumann Otsubo.

The Sacramento Food Bank & Family Services is a local, non-profit agency committed to serving individuals and families in need. With a staff of 40 and a volunteer force of over 4,000, Sacramento Food Bank & Family Services provides free emergency goods and services to nearly 15,000 unduplicated men, women and children each

Since 1979, the Sacramento

Poetry Center's mission has been to promote and advance the practice and application of poetry and the literary arts in our community, to enliven and extend the cultural boundaries of Sacramento's literary arena by creating and maintaining forums for local writers; to support and empower emerging and established poets, and to bring the best practitioners of the craft into the community.

For questions or to arrange interviews, please contact Lytton Bell at lytton bell@hotmail.com or (916) 331-3546.



Dare to Live Without Limits

THERE ARE NO SHORTCUTS

by Bryan Golden

When someone is successful, they are more visible than when they were struggling along their path to attain their goals. Few people draw much attention while they are confronting challenges and overcoming numerous obstacles.

When a person has reached the top of the mountain and is standing on the summit, they are much more visible than when they were climbing up the side. We all desire success, however we define it.

However, very few of us relish the time and effort required to bring our dreams to reality. Our fantasy is to be instantly successful, living happily ever after, forever. Therefore, the possibility of any type of shortcut has a certain innate appeal.

The reality is that shortcuts typically don't produce the desired results. In fact, shortcuts invariably extend the journey towards success and may even derail it. Rewards come to those who are willing to expend the required energy.

Reaching your goals is like climbing a ladder. The only way to get to the top is to climb one rung at a time. A ladder with missing rungs is unsafe. In order to reach a summit, a mountain climber starts at the bottom and takes as many steps as needed to arrive at the peak.

On your journey to success, there are certain steps you must go through. Any shortcut will attract becoming reality, a goal requires a specific mix of components.

You must have enough desire. The higher the goal, the stronger the desire required. There is a big difference in results between someone who says, "I'd like to do that, it would be nice if it happens," and another person who exclaims, "I want that more than anything else, I'll do whatever it takes to make it happen."

A burning desire keeps you going in spite of setbacks, obstacles and challenges. Unless you want it bad enough, you are likely to give up when the going gets tough. Successful people have a laser like desire that keeps them focused on their destination.

Effort is also essential. Anything worthwhile takes effort. Being successful takes a lot of effort. Working hard while working smart is essential. Not only is the easy road not a route to success, the so-called easy road isn't that easy or rewarding.

Successful people never take the path of least resistance. They are more noticeable once they have attained their dreams than when they were trudging up the mountain. There may be envy of success, but never of the hard work.

Success also takes time. Exactly how much time is needed is never known. Subsequently, many people give up when they are right paper. © 2007 Bryan Golden

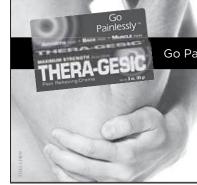
what you don't want. Before around the corner from succeeding. Since you don't know how long your path is, you never know how close you are to your destination, and therefore you should never give up, believing you have failed.

Shortcuts are appealing because they offer the illusion of success without effort. Again, there is no such thing. Shortcuts are in reality, pitfalls. Common shortcuts are cheating, stealing, deception, profiting while causing harm, unethical behavior, taking advantage of others, and illegal activities.

All of the above shortcuts will attract negative, rather than positive outcomes. There may be some very short-term gains, but the longterm journey of those choosing this path will be filled with undesirable consequences.

Don't look for shortcuts and don't take them if offered. Shortcuts have never worked for others, and they won't work for you. You will achieve your dreams if you are willing to take the journey. Once you reach your goal, you will be glad you avoided shortcuts.

NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit www.BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@ columnist.com or write him c/o this



Go Painlessly™ with THERA-GESIC.

Maximum strength analgesic creme for temporary relief from:

- Back pain
- Muscle pain
- Arthritis pain
- Joint pain

Are you suffering from a

ATTENTION CALIFORNIA RESIDENTS

Have you experienced failure of your hip | tured by the following two companies: implant, resulting in pain and disability

that may have required revision surgery mon symptoms include groin pain, dislocations, instability, and pain associated with loosening of the device and the release of metal particles into the joint.

We are accepting cases for injuries caused by certain products manufac-

ZIMMER. INC.

• Durom® Acetabular Cup

DEPUY ORTHOPAEDICS

- ASR[™] XL Acetabular System ASR[™] Hip Resurfacing System
- Pinnacle® (Metal on Metal only)

Weitz & Luxenberg can help you understand your legal options. For a free and discrete consultation please call us today at 1-888-411-LAWS (5297), or e-mail us at ClientRelations@weitzlux.com.

WEITZ LUXENBERG P.O.

1.888.411.LAWS | www.weitzlux.com • FOSAMAX® FEMUR FRACTURES

DEFECTIVE KNEE REPLACEMENTS

Widowed Persons Association of California, Inc.

Office Hours 10:00 am-3:00 pm Monday through Friday 916-972-9722

Newcomer's Buffet & Social

Any and all widows or widowers may attend

Third Monday evening at 5:30 pm

In the private dining room at the Plaza Hoff Brau, corner of El Camino and Watt Avenues; cost varies as the choice is from a no-host buffet menu.

This is a public service to all idows and widowers and there no charge to attend the social other than the meal they chose.

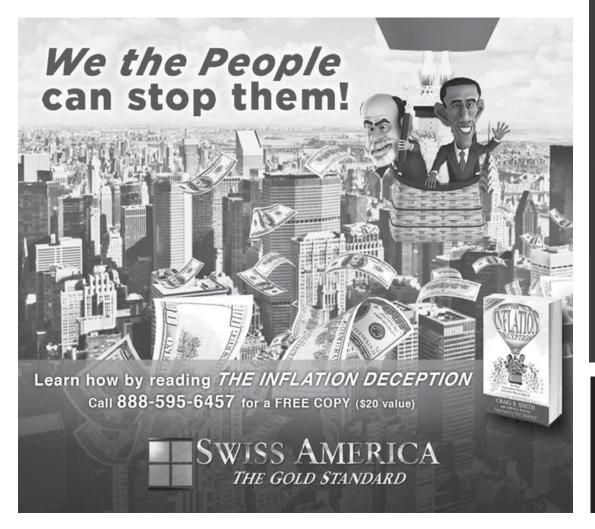
Sunday Support

Any and all widows or widowers are invited

Every Sunday from 3:00 pm-5:00 pm

In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Avenue, Suite D-18.

DELIVERY ROUTES AVAILABLE CALL 773-1111







DEMOLITION DERBY

SUNDAY, MAY 13 • 6:00 PM

Concert tickets include fair admission **Tickets available at Dixon May Fair Box Office** or ticketmaster • ticketmaster.com • 1-800-745-3000 www.dixonmayfair.com

DISPLAY • CLASSIFIED • ON-LINE **TO ADVERTISE CALL 773-1111** www.CitrusHeightsMesenger.com



By Ronnie McBrayer

On Easter morning a Sunday School teacher began to quiz her class of young children about the real meaning of the day. She asked them, "What is Easter?" and the students were quick and ready to respond.

A little boy jumped up and said, "Oh, I know! Easter is that holiday when we get together with our families, eat turkey, and everyone is thankful." The teacher answered, "No, not quite. Does anyone else know?" Another child enthusiastically answered, "This is easy! Easter is the holiday when we grill burgers and hotdogs, shoot off fireworks, and celebrate our country's birthday."

Again, the teacher replied, "No, not quite." She began to wonder if anyone in the room knew what Easter was really about. But then a little girl stood and began speaking, "Easter is a Christian holiday that follows the remembrance of Jesus' death on Good Friday. Jesus was buried in tomb, and a large rock was rolled over the entrance."

The teacher nearly squealed in delight. She was about to thank the child for such a good explanation when the girl continued, "And on Easter morning the stone is rolled away so Jesus can get out. Then, if he sees his shadow, there will be six more weeks of winter." No, not quite.

While the children in this story gave incomplete answers, the question asked is still a good

Easter and Incomplete Answers

one: "What is Easter? Do we so much about defending the really know what it is about?" Despite a gazillion Easter sermons and Sunday School classes, our answers may still be a little

Many believers spend Easter morning proclaiming or listening to massive, exhaustive explanations of the resurrection miracle (though miracles, by default, are inexplicable). The gospel accounts are analyzed and reconciled; scientific objections are considered and then dismantled; skeptics are scolded and unbelievers are disregarded. It is apologetic calisthenics, a vigorous workout in defending Jesus' reputation, and not quite the

Other believers hear or give Easter explanations that deal almost exclusively with life after death. The resurrection of Jesus is presented as our ticket to ride the divine bus, transporting us to heaven when we die. Interestingly, the New Testament never directly says "Jesus was resurrected from the dead so you can go to heaven when you die." The eventual application is made to that effect, but that is not quite the message of Easter either.

Rather, the New Testament says, over and over again, that "Jesus is raised from the dead, therefore he must be Lord over creation. Jesus is raised from the dead, he must be – he has to be – the grounding to what life today is all about. Jesus is raised from the dead, therefore God has done something unique and life-giving in this his servant and something unique and life-giving has invaded the entire world."

So Easter, it seems, is not

Christian belief system (Jesus didn't come to provide a "belief system" or a collection of doctrines in the first place; he came to give us life) as it is a revolution of transforming hope for the

Easter is not so much a passage way into the nether regions of tomorrow, as it is a powerful, redemptive way to live today. For you see, when God raised Jesus from the dead – and Christians believe Christ is indeed risen he signaled the beginning of the redemption of all things, and provided the potency to bring this redemption to its fulfillment.

So we must do more than explain Easter. We must live it and "get in" on it today. We must do more than use the resurrection as a hope for heaven. We must use it to instigate heaven on earth. We must do more than say "He is Risen," we must become proof of Christ's resurrection

If we have reduced the resurrection of Jesus to mere dogma, or if we employ it as an escape hatch from this life for the life to come, we are responding to the question, "What is Easter?" with an enthusiastic, but incomplete

Ronnie McBrayer is a syndicated columnist, speaker, and author of multiple books. You can read more and receive regular e-columns in your inbox at www.ronniemcbrayer.net.

Ronnie McBrayer is a syndicated columnist, speaker, and author of multiple books. You can read more and receive regular e-columns in your inbox at www.ronniemcbrayer.net.

It's My Body; I'll Exercise It If I Have To

By Rev. James L. Snyder

Lately, I have noticed a lot of news regarding all aspects of the body. According to one report I read, this is a multibillion dollara-vear business. I never knew my body was worth so much money. I'm tempted to sell it, or at least rent it out on a part-time basis.

I did not know how big of a deal this was until one night this past week I had a little trouble sleeping.

One reason I have trouble falling asleep is my deep fear of falling. Actually, it's not the fall that worries me so much as that sudden stop. For some inexplicable reason I always stop three inches past the floor.

I would not worry so much about falling asleep if I knew I was going to fall on my pillow instead of the floor. However, I can't count on anything these days. Not even my fingers.

I once woke up in the middle of the night engaged in a vicious life or death pillow fight. Unfortunately, the pillow won and I cannot find anyone to take my case.

I did find one lawyer but he was three-sheets-to-the-wind and my case was no breeze.

One fear I have in the middle of the night is falling into the hands of some vicious nightmare because of my horsing around the day before. My wife keeps nagging me about my daytime activities but I have a hard time harnessing these erratic urges.

Often when I have trouble going to sleep or when I wake up in the middle of the night and can't get back to sleep I simply get up quietly so as not to disturb the Gracious Mistress of the Parsonage and turn on the television. I once disturbed her; when I came to, I vowed never to repeat that offense.

You would think with so many channels on television there would be something interesting to watch in the middle of

the night. Something that would make the time spent profitably. Unfortunately, the nighttime airwaves are devoted to things holding no interest for anybody still clutching to a slim strand of sanity. You do not have to be crazy to watch nighttime TV; it is just a consequence of watching nighttime TV.

What I do not understand is why they run so many infomercials for exercise equipment at two o'clock in the morning. Who in their right mind is up that time of night? I know I'm not.

Using my remote, I channel surfed for probably 20 minutes and found nothing but people demonstrating exercise equipment and taunting me that I need to begin an exercise regimen if I am going to live a healthy life. One man's healthy life is another man's pain in the back, the knees and the elbows. After all this exercise, I only end up with a tennis elbow and athletes foot.

Not only exercise equipment, but also a good portion of these infomercials touts on the latest fad diet. According to one commercial I can lose all the weight I want to lose in a six-month period for only six easy payments of \$99 which they would gladly charge to my credit card account. "Call right now," they invite through the television screen, "for this special onetime offer."

This "special one-time offer" is conveniently offered every night. The only weight being lost is from my checking account. If anyone ever had a gander at my checkbook, they would readily see that my goose is cooked. Perhaps I could start a new fad diet: Cooked Goose. I could market myself as the "Cooked Goose Gourmet."

All this hype made me hungry, so I raided the refrigerator and kidnapped a tasty snack and immediately put it out of its misery and into my middle-age

I say enough is enough. I am tired of other people telling me how to take care of my body. It takes all the strength and energy I have to drag my body from one place to another, let alone adding exercise to my daily schedule.

For a person my age I get plenty of exercise, more than I really need. A typical day for me always includes a rigid exercise regime; jumping to conclusions, running my mouth even when I'm told to be quiet from You Know Who and throwing my weight around every chance I get. After a full day of this, I am thoroughly exhausted.

For my money, it's my body and I'll exercise it if I have to, thank you. However, right now, I have more important things to do. Places to go. People to see. Experiences to enjoy. I can't think of any right now, but anything is better than some artificial exercise program. Who do you think I am? Jack LaLane?

With all this emphasis on exercise, I wish some of these people would exercise the right to keep their viewpoint to themselves.

In my opinion, the apostle Paul had the right attitude about all of this. I like what he writes to a young man by the name of Timothy. "For bodily exercise profiteth little: but godliness is profitable unto all things, having promise of the life that now is, and of that which is to come" (1 Timothy 4:8 KJV).

The body exercised is no substitute for the daily exercise of godliness. To exercise godliness is to make the best possible use of each day.

The Rev. James L. Snyder is pastor of the Family of God Fellowship, PO Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at (352) 687-4240 or e-mail jamessnyder2@ att.net. The church web site is www.whatafellowship.com.



By Marlys Norris, **Christian Author**

There is a beautiful divine God designed plan for every life and He wants you to lock into it as soon as possible. It is up to each person to search and discover what it is for their life. GREATNESS never dreamed possible, is waiting to come forth out of your life! Greatness God has planned for your life. Yes, out of YOUR life, my friend!

When you begin to sincerely SEEK God's perfect will for your life, you are destined to experience an adventure beyond anything you ever imagined possible. For God is the God of the impossible. God's Holy Words says, "When you seek for Me with your whole heart, you will find Me" and that is just the beginning!. When God's Word

You Are Someone Special

comes alive in your heart and life, amazing things will begin to happen. He will give you a life full of meaning and purpose you never had before. He will miraculously fill you with His Spirit. You will experience His presence as you talk to Him in prayer and study His Word. (Bible)

You will be surprised as you begin to say and do amazing things that bless others -- experiencing the sovereign hand of God inspiring you. You will do many things beyond your natural inborn abilities, you never dreamed possible before you found Him. He gifts you with His endearing and everlasting love and gifts you with new talents to serve in the "Family of God.". He said, "These words are written, that you might believe that Jesus is the Christ, the Son of God; and that believing you might have life through His Name". (John 20:31) "For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord". (Romans 6:33) God declares you have been wonderfully made and He is anxious to empower your life to honor Him that others might desire Him. He will be with you always. You will declare, "I can do all things through Christ who strengthens me". (Philippians

Eventually you will be awed and amazed, as you humbly realize, that a loving God has brought seeds of greatness into fruition into your life. Great Faith only comes from God. "If you abide in Me, and My words abide in you, you shall ask what you will and it shall be done unto you. (John 15:7) Study to show thyself approved unto God, a workman that needs not to be ashamed, rightly dividing the word of truth". (2 Timothy 2:15) What you once thought impossible is now a part of your personal testimony of God's greatness and power in your life.

Marlysin@gmail.com God Moves Mountains, It was a Miracle!

Intimacy Begins Going God's Way.



By Pastor Ray Dare

One day a man walked up to Jesus and asked, "What's life all about...what should I being doing...what's the greatest commandment?" Jesus said, "Loving Relationships". Jesus said, "You must love the Lord your God with all your heart, all your soul, all your mind, and all your strength...and you must love your neighbor as yourself." Mark 12:30-31 (NLT) What is Jesus talking about? Loving relationships. Love God, love others, that's it! You can sum up the entire Bible in just two words, loving relationships. Love God, love others...this is life's highest

The Bible says, "Make love your greatest aim." 1 Corinthians 14:1 (LB) If you don't get anything else done in life, get this done: Become a loving person.

What Matters Most Love God, love others. Life leave a deposit in the lives of

is not about the acquisition of He who dies with the most toys still dies and you're not going to take any of that with you! Life is not about popularity or position within the company or power or prestige. Life's greatest pursuit is to become a loving person.

Why make love your primary pursuit? Because it's the only thing that's going to last. The only thing that's going to last in your life is love, the loving relationships that you develop. The Bible says everything else is going to burn up; it's going to wither away. Your big house, your nice cars, all your possessions, your degrees on the wall, your trophies and certificates, none of that is going to last. The only thing that you're going to carry with you into eternity is your loving relationships.

The Bible says, "There are only three things that will endure – faith, hope and love – and the greatest of these is love." 1 Corinthians 13:13 (NLT) Would you like to leave a lasting legacy, to make a positive influence in the world around you, to make a difference? Would you like to

others which will outlast you? things...you know, "He who dies God shows you how right here with the most toys wins." Wrong. in the verse: Become a loving person. It's all that you will be remembered for: Were you a loving person? Nobody's going to care about your business savvy, nobody's going to care about how many deals you closed or contracts you signed or position in the company, but they will remember the love that you showed them. People will forget what you say, but they'll never forget how you made them feel.

The best use of life is love, the best expression of love is time and the best time to love is now. Don't put it off another day. Today is the day to develop loving relationships. Begin loving NOW. You don't know how long you're going to have the opportunity. Circumstances change, people die, children grow up and leave home. You're not guaranteed tomorrow, so if you're going to express love, you need to begin today. Don't wait until you have more time, make the time. Don't make it one of the things you want out of life. No! Make love the main thing! It's what matters most.

Pastor Ray

34055 car wash

Monday - Saturday 8:30-5 • Sun 9-4

We Accept All Competitors' Coupons **Locally Owned & Operated Professional Auto Detailing**

No Extra Charge For Trucks, Vans or SUVs That Accomodate Our Automatic Car Wash

BAUER San Juan Car Wash Citrus Heights • 916-967-3083 Must present this coupon at time of purchase. Not valid with any other discount or offer. Exp 4/30/12



5927 San Juan Ave Between Madison & Greenback Citrus Heights • 916-967-3083

BAUER San Juan Car Wash Citrus Heights • 916-967-3083 Must present this coupon at time of purchase. Not valid with any other discount or offer. Exp 4/30/12

Grace Baptist Church

6724 Palm Avenue Fair Oaks, CA 95628 Pastor Charles Carter (916) 967-3915

Come grow with us at Grace Baptist Church where the Old Time Gospel Message is still preached and God-Honoring music is still sung.

Grace Baptist still stands on the Principles, Doctrines and Separation, Found and taught in The Bible

Service Schedules

Sunday Schools (All Ages) 9:45 am Sunday Worship 11:00 am Sunday Evening 6:00 pm Wednesday Evening 7:00 pm

Come and Experience God's Amazing Grace (Located south of Madison; just east of Dewey) Call for More Information

DELIVERY ROUTES AVAILABLE **CALL 773-1111**

Accident Attorney

Auto Accident Attorney INJU-RED IN AN AUTO ACCIDENT? Call Jacoby & Meyers for a free case evaluation. Never a cost to you. Don't wait, call now. 888-375-9101 (MB 12-31-12)

Adoption

PREGNANT? CONSIDERING ADOP-TION? Talk with caring adoption expert. You choose from families nationwide. LIVING EXPENSES PAID. Call 24/7 Abby's One True Gift Adoptions 866-413-6296 (NANI)

Antiques

Antiques Wanted: License plates and frames, pre-1969. emblems. 707-448-8942. Ask for Dave. (MPG 06-15-11)

Old Railroad Items Wanted: lanterns, locks, china, paper, etc Call (916) 663-2463 (MPG 12-31-12)

Old Porcelain Signs Wanted: oil & gas, highway, RR, etc. Call (916) 663-2463 (MPG 12-31-12)

Apartments For Rent

NOW ACCEPTING APPLICATIONS Snowcap View Apartments, 3840 Snowcap View Circle, Auburn, CA 95602; 1, 2, & 3 bedroom apts and also apts with special design features for individuals with a disability. Inquire as to the availability of subsidy. Call (530) 885-3281, Mon-Fri 7am to 4pm. TDD# (800) 735-2929. This institution is an equal opportunity provider and employer. EQUAL HOUSING OPPORTUNITY. EQUAL OPPOR-TUNITY ACCESS. (MPG 04-30-12)

Auctions

ADVERTISE YOUR AUCTION in 240 California newspapers for one low cost of \$600. Your 25 word classified ad reaches over 6 million-Californians. Free brochure call Flizabeth (916) 288-6019, (Cal-SCAN)

Audio Books

READERS & MUSIC LOVERS. 100 Greatest Novels (audio books) ONLY \$99.00 (plus s h.) Includes Player & Accessories. ONUS: 50 Classical Music Works & Money Back Guarantee. Call Today! 1-888-841-5761 (MB 12-31-12)

Autos Wanted

WE BUY CARS! Running or Not. Any Make, Model or Year.Call today for an INSTANT OFFER. Free Towing/Pickup.Top Dollar. We're Local! 1-800-844-3595

CARS/TRUCKS WANTED! Top \$\$\$\$\$ PAID! Running or Not. All Years, Makes, Models. Free Towing! We're Local! 7 Days/Week. Call Toll Free: 1-888-416-2330 (NANI

A-1 DONATE YOUR CAR! Breast Cancer Research foundation! Most highly rated breast cancer charity in America! Tax Deductible/ Fast Free Pick Up. 800-771-9551 www.cardonationsforbreastcancer.org

DONATE YOUR CAR to CHILD-REN'S CANCER FUND of AME-RICA and help end CHILDHOOD CANCER. Tax Deductible. Next Day Towing. Receive Vacation Voucher. 7 Days 1-800-469-8593 (NANI)

DONATE A CAR - HELP CHILD-**REN FIGHTING DIABETES.** Fast, Free Towing. Call 7 days/week Non-runners OK Tax Deductible Call Juvenile Diabetes Research Foundation 1-800-578-0408 (NANI)

Donate Your Car! Civilian Veterans & Soldiers Help Support Our U.S. Military Troops 100% Volunteer Free same Day Towing Tax Deductible. Call and Donate Today! 1-800-471-0538 (NANI)

DONATE YOUR CAR, truck or boat to Heritage for the Blind. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. 888-902-6851. (Cal-SCAN)

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. 888-600-9846 (MB 12-31-12)

Business Opportunity

START NOW! Open Red Hot Dollar Plus, Mailbox, Dollar, Discount Party, Discount Clothing, Teen Store, Fitness Center from \$51,900 worldwide! www.DRSS25. com. 1-800-518-3064. (Cal-SCAN)

\$5,000 Signing Bonus! Frac Sand Owner Operators. More Texas work than trucks! Must have tractor, blower & pneumatic trailer 817-926-3535

Business Services

ADVERTISE a display BUSI-NESS CARD sized ad in 140 California newspapers for one low cost of \$1,550. Your display 3.75x2" ad reaches over 3 million+ Californians. Free brochure call Elizabeth (916) 288-6019.

ADVERTISE Your Truck DRIVER JOBS in 240 California newspapers for one low cost of \$550. Your 25 word classified ad reaches over 6 million+ Californians. Free brochure call Elizabeth 288-6019. (916)(Cal-SCAN)

REACH CALIFORNIANS WITH A CLASSIFIED IN ALMOST **EVERY COUNTY!** Experience the power of classifieds! Combo~ California Daily and Weekly Networks. One order. One payment Free Brochures. . One payment. Free Brochures. elizabeth@cnpa. com or (916) 288-6019. (Cal-SCAN)

Cable TV Offer

SAVE on Cable TV - Internet-Digital Phone. Packages start at \$89.99/mo (for 12 months.) Options from ALL major service providers. Call Acceller today to learn more! CALL 1-866-484-1940 (MB 12-31-12)

Cable/Internet Services

on Cable TV-Internet-Digital Phone. Packages start at \$89.99/mo (for 12 months.) Options from ALL major service providers. Call Acceller today to learn more! CALL 1-888-897-7650. (Cal-SCAN)

Cable/Satellite TV ORDER FLEX TV De Dish Latino. Packages starting at only \$19.99, plus: no contract, no credit check, and free instal-

Call: 877-244-8363 or

lation.

Cars for Sale

visit: DISHFlexTV.com! (Cal-SCAN)

1994 Toyota Tercel. 4 speed, smogged, has DMV tags, runs excellent, body and tires in good shape. \$2100. Located in Orangevale. 916-988-8376, or 342-2651 (MPG 03-31-12)

Chimney Sweep

CHIMNEY CLEANING SPECIAL FAST • CLEAN • EFFICIENT Friendly Service No Mess Guaranteed 15 Years Running (916) 752-6762 Bus Lic # 103881 (MPG 03-31-12)

Computers

MY COMPUTER WORKS. Computer problems? Viruses, spyware, email, printer issues, bad internet connections - FIX IT NOW! Professional, U.S.-based technicians. \$25 off service. Call for immediate help. 1-888-865-0271 (Cal-SCAN)

YOUR LOCAL PC REPAIRER Comes to your Home/Office. A+ Rating. (916) 443-1813 (MPG 02-29-12)

Call-A-Geek Mobile Service. Software, Spyware, Hardware Microsoft Certified. **879-3514.** (MPG 07-13-11)

Counseling

Affordable sliding scale counseling. Licensed staff. Cash only. Children, couples, families. (530) 888-7958 (MPG 06-01-11)

Real solutions to your problems and issues www. lifeadvisorforeveryone.com Dave (916) 821-5768 (MPG)

Credit Card Relief

Buried in Credit Card Debt? Over \$10,000? We can get you out of debt quickly and save you thousands of dollars! Call CREDIT CARD RELIEF for your free consultation 1-888-505-1183 (MB 12-31-12)

DISH Network Special

DISH Network. Starting at \$19.99/ month PLUS 30 Premium Movie

Electrical Services

RETIRED MASTER ELECTRICIAN Expert troubleshooter, 30 years experience. Old panel repairs/ ogrades, Lic.# 877532 Call 916-595-3052 (MPG 07-31-12)

Visit & Estimate For Free. 24 Hour, 7 Days. 916-213-7575 (MPGM)

Fencing

Cal State Fence and Construction Since 1986 Quality, Trustworthy Affordable, Reliable. Redwood, Chain Link, Ornamental Iron, Vinyl, Trellis, Decks. Residential Commercial FREE ESTIMATES! #494306 916-966-1103

Financial

Ever Consider a Reverse Mortgage? At least 62 years old? Stay in your home & increase cash flow! Safe & Effective! Call Now for your FREE DVD! Call Now 888-698-3165 (Cal-SCAN)

CREDIT CARD DEBT? LEGALLY HAVE IT REMOVED! Minimum \$7,000 in debt to qualify. Utilize Consumer Protection Attorneys. Call now! 1-888-237-0388 (NANI)

Small Business Credit Guaranteed! \$7,000 Credit Line to Fund or Grow Your Business. Call Today for Approval 800-639-1507 Call between 9-6 Eastern (NANI)

For Rent

4 Bed 2Bath house for rent at 2380 Coolidge Way Rancho Cordova. Rent is \$1300. \$1400 deposit. Call 530-306-7005. (MPG 04-30-12)

Room for rent in Antelope area. Use of kitchen, laundry, BBQ, patio Close to Winco, Walgreens. Call Fran 916-410-1949. (MPG 02-08-12)

Gardening Classes

Veggie Garden Classes in Feb. See wavnesherbs.com for class schedule and info. (MPG 02-28-12)

Health & Beauty

Are YOU paying TOO much for your PRESCRIPTION? SAVE 90%by ordering through our Canadian PING. Call NOW 866-320-8985 (NANI)

Getting older? Tired of getting older? Want to do something about it? Want to make money while doing it? www.abcliveit.com. 1-877-260-7937. ID # 266022 (MPG 04-30-12)

Attention Joint & Muscle Pain Sufferers: Clinically proven all-natural supplement helps reduce pain and enhance mobility. Call 877-217-7698 to try Hydraflexin RISK-FREE for 90 days. (Cal-SCAN)

Feeling older? Men lose the ability to produce testosterone as they age. Call 888-904-2372 for a FREE trial of Progene- All Natural Testosterone Supplement. (Cal-SCAN)

Diabetes/Cholesterol/Weight **Loss.** Bergamonte, a Natura Product for Cholesterol, Blood Sugar and weight. Physician recommended, backed by Human Clinical Studies with amazing results. Call today and save 15% off your first 888-392-8780 (Cal-SCAN)

elderly. We offer hourly, overnight, and live-in shifts. Please call 916-630-8588 for more information, (MPG)

Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 90 percent on all your medication needs. Call Today 877-560-8637 for \$25.00 off your first prescription and free shipping. (MB 12-31-12)

Diabetes/Cholesterol/Weight **Loss** Bergamonte, a Natural Product for Cholesterol, Blood Sugar and weight. Physician recommended, backed by Human Clinical Studies with amazing results. Call today and save 15 off your first bottle! 877-855-5090 (MB 12-31-12)

ATTENTION SLEEP APNEA SUFFERERS with Medicare. Get FREE CPAP Replacement Supplies at NO COST, plus FREE home delivery! Best of all, prevent red skin sores and bacterial infection! Call 888-654-6310 (MB 12-31-12)

ATTENTION DIABETICS with Medicare. Get a FREE talking meter and diabetic testing supplies at NO COST, plus FREE home delivery! Best of all, this meter eliminates painful finger pricking! Call 888-816-7716 (MB 12-31-12)

Attention Joint & Muscle Pain Sufferers: Clinically proven allnatural supplement helps reduce pain and enhance mobility. Call 888-577-8681 to try Hydraflexin RISK-FREE for 90 days (MB 12-31-12)

Heating & Air

AC Repair Low Prices 487-4609

Help Animals

SPCA Thrift Shop Helpless animals need your donations. The Real Non-Profit. Will pick up. Call 916-442-8118. 1517E Street for donations-10-4pm (MPG)

Help Wanted

Currently Seeking a Market **Development Manager** in Sacramento, CA. REQUIRES MBA or Equiv, 3 Yrs Exp & Proficiency in Security & Defense Technologies. 916-489-8068 (MPG 04-30-12)

AIRLINES ARE HIRING - Train for hands on Aviation Career, FAA approved program. Financial aid if qualified - Job placement assistance. CALL Aviation Institute of Maintenance 888-889-1346 toll free

Mystery Shoppers Needed. Earn up to \$150 per day. Undercover Shoppers Needed to Judge Retail & Dining Establishments. Experience Not Required. Call Now 888-380-3513. (NANI)

INTERNATIONAL CULTURAL EX-CHANGE Representative: Earn supplemental income and supervising high school exchange students. Volunteer host families also needed. Promote world peace! 1-866-GO-AFICE or www.afice.org (Cal-SCAN)

Caring Compassionate Seniors WANTED! SENIORS HELPING SENIORS®, a leader in the Senior in-home service industry. has immediate PT openings for Providers. Qualified candidate will have life experience, an interest in making a difference in the lives of other seniors and be comfortable working with senior citizens. Flexible schedules...we'll work around your schedule! Valid driver's license and use of auto is required.Call us today for more information (916) 372 9640 (MPG)

Help Wanted Drivers

Seniors Need Ride to St. Mel's in Fair Oaks, 4:30 mass Saturdays. This is a paid position. 988-7391. Call between 9am-7pm (MPG 02-28-12)

A FEW PRO DRIVERS Needed, Top. Pay & 401K. 2 Months CDL Class A Driving Experience. 1-877-258-8782. www.MeltonTruck.com/drive (Cal-SCAN)

NEW TO TRUCKING? Your new career starts now! *\$0 Tuition Cost, *No Credit Check, *Great Pay & Benefits. Short employment commit ment required. Call: 1-866-275-3249.

www.JoinCRST.com (Cal-SCAN) **DRIVERS - NEW FREIGHT lanes** in vour area. Annual Salary Flexible hometime Modern Fleet of Trucks. CDL-A, 3 months current OTR experi-

800-414-9569. drivekniaht.com (Cal-SCAN) DRIVERS: NO EXPERIENCE? Class A Driver Training. We train and employ! New pay increases coming soon. Experienced Drivers also Needed! Central Refrigerated. 1-877-369-7126. www.CentralTruck

DrivingJobs.com

Help Wanted Medical

(Cal-SCAN)

Geriatric Home Care Specialists is currently seeking CNAs, HHAs and Caregivers willing to work in Placer, Sacramento, and El Dorado counties, with at least two years experience in caring for the

CLASSIFIED

Help Wanted

Housekeeping

Honest and Dependable.

Supplies Furnished, I work alone.

Sandra. 961-7651. (MPG 01-18-12)

House Painting

PAINTING sheet rock textur-

ing, book cases, fence repair,

gutter cleaning. Roger (916) 969-4936 or (916) 410-5545 (MPG)

Landscaping

Affordable Landscape Service

Main-tenance starting at \$60/ mo. Dependable family busi-

ness. Lic. # 887351. 916-338-

2001. sacvards.com (MPG 09-08)

Lawnmower Service Mow & Edge

your lawn 4 times per month for a

fee Call Bob 916-456-5281 (MPG)

Tall Weed Cutting Low Rates

Full Yard Maintenance, one time

clean-ups & tree trimming.

See our website: www.terrabel-

lagarden.com or ctc Randy for info

Lawn Service - I can mow and

edge your lawn. Reasonably priced. Call for a free estimate at 916-934-9944 (MPG)

Legal Services

SOCIAL SECURITY DISABILITY

BENEFITS. Win or Pay Nothing! Start your Application In Under

Disability Group, Inc. Licensed Attorneys & BBB Accredited.

SOCIAL SECURITY DISABILITY

BENEFITS. You WIN or Pay Us

Nothing. Contact Disability Group,

Inc. Today! BBB Accredited.Call

For Your FREE Book & Consulta-

tion. 888-630-1757 (MB 12-31-12)

Medical Supplies

/ Equipment

ATTENTION DIABETICS with

Medicare. Get a FREE Talking

Meter and diabetic testing sup-

plies at No Cost, plus FREE home

delivery! Best of all, this meter

eliminates painful finger pricking!

SLEEP

SUFFERERS with Medicare. Get FREE CPAP Replacement

Supplies at No Cost, plus FREE

home delivery! Best of all, prevent

red skin sores and bacterial infec-

tion! Call 888-699-7660. (Cal-SCAN)

Wheelchairs, walkers, incontinence,

bath safety, lift chairs, canes, stethos-

diabetic care. Excellent service & quality at low prices from AMD

MEDICÁL SUPPLY. 916-485-2500.

Now accepting MEDICARE.

Miscellaneous

LOW COST MORTGAGE PROTEC-

TION LIFE INSURANCE, PREMI-

UM RETURNED IN 20 YEARS IF

YOU DON'T DIE. NO EXAM, NO

BLOOD REQUIRED. 1-800-559-

9847 www.buynoexamlifeinsuran-

MEDICAL CAREERS begin here

and Medical Management. Job

placement assistance. Computer

available. Financial Aid if qualified.

SCHEV certified. Call 800-510-0784

EnjoyBetterTV DISH Network

Authorized Retailer Offers, FREE

HD for Life, Packages from \$19.99/

mo. Includes locals. 3 HD receiv-

ers free. Restrictions Apply. Call

NOW!! (877) 594-2251 (NANI)

AT&T U-Verse for just \$29.99/mo!

SAVE when you bundle Internet

+Phone+TV and get up to \$300 BACK! (select plans). Limited Time

Call NOW! 877-276-3538 (NANI)

CA\$H PAID-UP TO \$27/BOX for

unexpired, sealed DIABETIC TEST

STRIPS! 1 DAY PAYMENT & PRE-

PAID shipping. SE HABLA ESPA-

NOL. Emma 1-888-776-7771. www.

Cash4DiabeticSupplies.com (NANI)

DIRECTV \$29.99/mo \$0 Start

Costs! Free HBO CINEMAX SHOWTIME STARZ! FREE HD/

DVR! Free Installation! We're "Local"

Installers! 800-758-1657 (NANI)

CASH FOR CARS: All Cars/

Trucks Wanted. Running or Not!

(NANI)

www.CenturaOnline.com

Online training for Allied Health

compression garments,

Call 888-781-9376.

Attention

(MPG 02-28-12)

Call 877-490-6596.

Seconds. Call Today! Contact

(Cal-SCAN)

(Cal-SCAN)

APNEA

454-3430 or 802-9897. (MPG)

Clean-ups

Fender, Gibson, Martin, Gretsch, Prairie State, Euphonon, Larson, WANTED: LIFE AGENTS. Earn D'Angelico, Stromberg, Ricken-\$500 a Day. Great Agent Benefits. Commissions Paid Daily, Liberal backer, and Mosrite. Gibson Mandolins/Banjos. 1930's thru Underwriting. Leads, Leads, Leads. Life Insurance License Required. Call 1-888-713-6020. (Cal-SCAN) 1-800-401-0440

AIRLINE CAREERS begin here -**Home Health Care** your home health care/

Become an Aviation Maintenance Tech. FAA approved training. Financial aid if qualified - Housing available. Job placement assistance. Call AIM (888) 686-1704 (NANI)

Top Dollar Paid. We Come To You!

Any Make/Model. Call For Instant

OLD GUITARS WANTED!

1-800-864-5960 (NANI)

CASH

PAID!

(NANI)

helper. 20 years experience. Fingerprinted, reliable, local. Call Jenny at 530-889-1737(MPG 08-25)

ATTEND COLLEGE ONLINE from Home. *Medical, *Business, *Paralegal, *Accounting, *Criminal Justice. Job placement assistance. Computer available. Financial Aid gualified. Call 800-510-0784

www.CenturaOnline.com (NANI)

WORK ON JET ENGINES - Train for hands on Aviation Maintenance Career. FAA approved program. Financial aid if qualified - Job placement assistance. Call AIM (866) 854-6156. (NANI)

Bundle & Save on your CABLE PHONE, INTERNET AND High Speed Internet MORE. starting at less than \$20/mo CALL NOW! 800-291-4159 (NANI)

Reach over 20 million homes nationwide with one easy buy! Only \$2,795 per week! For more information, contact this publication or go to www.naninetwork.com (NANI)

Miscellaneous Items for Sale

MEMORY FOAM THERAPEUTIC NASA MATTRESSES T-\$299 F-\$349 Q-\$399 K-\$499 ADJUS TABLES-\$799 FREE DELIVERY LIFETIME WARRANTY 90 NIGHT TRIAL 1-800-ATSLEEP 1-800-287-5337 WWW.MATTRESSDR.COM (NANI)

MANTIS Deluxe Tiller. NEW! FastStart engine. Ships FREE. One-Year Money-Back Guarantee when you buy DIRECT. the DVD and FREE Good Soil book! 888-815-5176. (Cal-SCAN)

100 Percent Guaranteed Omaha Steaks - SAVE 65 percent on Value NOW ONLÝ \$49.99 Plus 3 FREE GIFTS & right-to-the-door delivery in a reusable cooler. ORDER TÓDAY at 1-888-525-4620 or www.OmahaSteaks.com/family16, use code 45069TVH. (Cal-SCAN)

READERS & MUSIC LOVERS. 100 Greatest Novels (audio books) ONLY \$99.00 (plus s h.) Includes MP3 Player & Accessories. BONUS: 50 Classical Music Works

& Money Back Guarantee. Call Today! 1-866-979-4428. (Cal-SCAN) **Omaha Steaks**

100 Percent Guaranteed Omaha Steaks-SAVE 65 percent on the Family Value Collection. NOW \$49.99 Plus 3 FREE GIFTS & right-to-the-door delivery in a reusable cooler. ORDER TÓDAY at 1- 888-859-5502 or www.OmahaSteaks.com/mb27, use code 45069ZEJ. (MB 12-31-12)

Painting

Pro Painting Res/Com. Quality work free est. sen disc lic 914715 Ph 607-0523 (MPG)

Personals

Meet singles right now! No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now: 888-962-3056.

A Country gentleman would like to meet a lady to enjoy life together. Call William 530-227-7681. (MPG 11-30-11)

Happy and healthy grandma Seeks same in grandpa. "Old" not in my vocabulary. Let's talk. **530-626-8682** (MPG 10-19-11) Mature Guy seeking friend-

ship of a mature lady in the 60's and 70's. Call Jim 530-823-7765. (MPG 10-19-11)

Pets

Pet Sitting Professional loving pet care. Established reputation. Kennel free environment. Lots of TLC. Call Madeline 916-723-1608. (MPG 12-31-12)

Piano Lessons

Piano Lessons – Beginner, Classical. Adults and Children. 23 years. 916-899-8529 (MPG 03-30-12)

Piano lessons for children and adults by experienced, creative teacher. Citrus Heights. For more information. www.anitraalexander.com, or call (916) 725-1054 (MPG)

Pool Service Weekly Pool Service & Repair.

Licensed, Insured, Reliable \$50 Service or Repair. 916-390-8488 (MPG 03-30-12)

Puppies for Sale

ADVERTISING

Bichon Frise Puppies, adorable Six weeks Parents on site Pure bread. Wonderful companions. 530-889-8381 or Leave Message 530-885-9800. (MPG 03-30-12)

Real Estate Commercial

I BUY HOUSES "QUICK" CASH No Fauity No Problem Need Repair OK. **916-715-4751**. (MPG 11-30-11)

Real Estate

Land/Lots for Sale COLORADO Acre w/beautiful trout fishing stream, \$29,500.00! \$325 down, \$325/ month. Mountain canyon w/good access road. Adjoining gov't lands. Call Owner anytime 806-376-8690 Diane steed@att net (NANI)

COLORADO ACRE with beautiful, private trout fishing stream \$325 down. \$325 monthly.Mountain canyon with good road.Adjoining govern-ment lands.Call Owner: 806-376-8690 diane.steed@att.net (SWAN)

Reverse Mortgage

Ever Consider a Reverse Mortgage? At least 62 years old? Stay in your home & increase cash flow FREE DVD! Call Now 866-982 4692 (MB 12-31-12)

Schools / **Education**

Carmichael & surrounding area. Experienced, Master's degree, all levels. Reading/Learning tutorconsultant: individual \$45/45 min session. 303-868-3180. alexanmorgan@gmail.com (MPG 04-30-12)

AIRI INF CARFERS BEGIN Here - Become an Aviation Maintenance Tech. FAA approved training. Financial aid if qualified - Housing available. Job placement assistance. CALL Aviation Institute of Maintenance (888) 242-3382. (Cal-SCAN)

from Home *Medical *Business *Criminal Justice, *Hospitality. Job placement assistance. Computer available Financial Aid if qualified SCHEV certified. Call 888-210-5162 www.CenturaOnline.com (Cal-SCAN) HIGH SCHOOL DIPLOMA! Gradu-

ATTEND COLLEGE ONLINE

www.SouthEasternHS.com(Cal-SCAN) Shari's Berries

ate in 4 weeks! FREE Brochure. Call Now! 1-866-562-3650 ext. 60

SHARI'S BERRIES - Order Mouthwatering Gifts for Valentine's Day! 100 percent satisfaction guaranteed. Hand-dipped berries from \$19.99 plus s/h. SAVE 20 percent on qualifying gifts over \$29! Visit www.berries.com/grins or Call 1-888-858-8494 (MB 12-31-12)

Slashes

Heating Bills HEAT YOUR HOME FOR 5¢ an

Hour! Portable infrared iHeater heats 1000 sq. ft. Slashes your heating bills by 50 percent. FREE shipping too! Úse claim code 6239. WAS \$499 NOW \$279 Call 1-888-306-5657 (MB 12-31-12) TV

AT&T U-Verse just \$29.99/mo! Bundle Internet+Phone+TV SAVE. Get up to \$300 BACK! (Select plans), Limited Time 800-418-8969 & Check Availability in your Area! (NANI)

Upholstery

B&T Upholstery and Repairs Specializing in Decco & Modernism Furniture. 916-392-1959 (MPG 02-09)

Vacation **Properties**

ADVERTISE Your VACATION PROPERTY in 240 California newspapers for one low cost of \$550. Your 25 word classified ad reaches over 6 million+ Californians. Free brochure call Elizabeth (916) 288-6019. (Cal-SCAN)

Video

Video Photo Montages for all occasions from \$49.95 - On site video recording from \$99.95 Transfer 8mm-VHS to DVD. Additional info & pricing www.putitonvideo.com or call Len Edwards 916-224-7545 (MPG 10-26-11)

Volunteers Needed

Sutter Auburn Faith Hospice Thrift Store invites volunteers to work as cashiers, sales floor assistants, donation processors or pricers. Training is provided; a four hour weekly commitment is requested. Location: 13342 Lincoln Way, Auburn. Call store coordinator, Kim Chase, 530-887-0561. (MPG 12-31-12)

Volunteers Needed: The Domestic Violence Intervention Center needs caring people to assist victims

Generous Commissions Work Out Of Your Home!



Experience required: Minimum of 3 vears in print ad sales. We provide some warm contacts. You also find your own. Commission-only jobs available.

We are a chain of newspapers based in the greater Sacramento Area with a ready-to-sell media kit and lots great internet presence. We're media savvy - are you?

Must have professional appearance, clean car in good shape, must be ready to hit the ground running, be able to close, attend meetings, keep records well, work on a timely basis. We are looking for self-motivated people who can sell refrigerators to Eskimos, close 12 or more contracts a year, and explain print sales to buyers.

To apply, submit resume and cover letter to fromgeefour@earthlink.net.

We check references.



BIRTHDAYS ARE NATURE'S WAY OF TELLING US TO EAT MORE CAKE

of domestic violence. For more information call 728-5613 or visit our office at 7250 Auburn Blvd.,

Citrus Heights, CA (MPG 12-31-12) Want to Buy

WANTED JAPANEESE MOTOR-CYCLE KAWASAKI 1967-1980 Z1-900. KZ900. KZ1000. ZIR KZ1000MKII, W1-650, H1-500, H2-750, S1-250, S2-350, 400 Suzuki GS400, GT380, CB750 (69.70) CASH PAID. 1-800-772-1142, 1-310-721-0726 usa@classicrunners.com (NANI)

WANTED DIABETIC TEST STRIPS. ANY KIND/BRAND, UP TO \$25.00/ Box. SHIPPING PAID. HABLAMO ESPANOL. 1-800-266-0702 www. SellDiabeticstrips.com

(NANI) CACH DAID ON THE COOT FOR DIABETIC TEST STRIPS. Get CASH NOW For Your Extra Strips. I Am Local. Call Donna:

916-729-5154 (MPG 03-30-12) Wood Floor

Repair Patch or repair wood floor? Available-3/8 x 2in oak strip floor c1958, ~300sf. Matl only. 916-764-7735. (MPG 12-31-11)

Work from Home

tissue. Call for more info; I nuise 916 729-0103. (MPG 12-31-12) Your Home

Healthcare

Up! FREE INFO! Local Team 916-

742-0908 www.VotedTopBiz.com

Yoga Classes

Hatha yoga: this easy does it

voga class is designed to meet

We meet at the cabin. Thursday

nights 7-8:30. Want to feel more

alive, rid your body of pain, Yoga

is the way; apply a beneficial pres-

sure on organs, glands, muscles

needs of people 40 & more.

Former nurse, 20 years experience looking for patient in your home. Barbara 968-7076. (MPG 04-30-12 NOTICE TO READERS California law requires that contractors taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license numbers

DISCLAIMER

that contractors include their neemse nutrinocia on all advertising. Check your contractor's status at www.cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500 must state in their



Work At Home and Profit With REAL GOLD & SILVER! EZ Start P O S E R U L T R A L E A N T TOM BAA TILES ARC EASEL LOBSTER ANEMONE TATQUIT M F T H O U B E V E L S MAAMERICERIA REELS L Y N N A P E D GISMOOTIC OCTOPIDUPONTRY TOGSPUS O C A R I N A M E R M A I D N E E E E N R E L I C S A N T O E S T E S CLUBS SHIMS F L U A L M S **Crossword Puzzle on Page 10**

5 8 3 6 9 5 3 4 1 8 6 5 8 3 1 2 7 9 6 4 9 3 8 5 2 1 7 4 6 6 2 7 1 4 9 3 5 8 2 8 3 9 5 6 1 7 4 2 6 3 9 8 5 1 4 8 1 3 5 4 6 9 2 6 3 8 Sudoku Puzzle on Page 10

GETTING

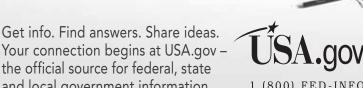
Equals total government connecting.

Get info. Find answers. Share ideas.

the official source for federal, state

and local government information.

PLUS



SHARING

1 (800) FED-INFO



A Film Review by Tim Riley

THE RAID: REDEMPTION (Rated R)

I know the big movie of the week is "The Hunger Games," but the studio did not screen it widely in advance, probably because it is a genre movie like "Harry Potter" and "Twilight."

With a built-in audience eagerly in waiting, "The Hunger Games" is one of those bulletproof films that will likely do amazing business at the box office regardless of what critics have to say.

As an alternative, "The Raid: Redemption" is an Indonesian film that made its North American debut at last year's Toronto International Film Festival, where it gained a lot of buzz from an apparently bloodthirsty audience.

To call "The Raid" a mixed martial arts movie requires redefinition of that physical art to include machetes and machine guns along with a barrage of fists and feet causing maximum damage.

Directed by Welsh-born Gareth Evans, "The Raid" works from a deceptively simple premise, as practically the entire plot revolves around a police assault on a tenement building controlled by drug lord Tama (Ray Sahetapy).

First and foremost, this Indonesian action film is like an extended violent video game, almost entirely lacking in humanity. Don't expect much beyond jaw-dropping, bloody brutality.

However, the one character with a compelling personal story is expectant father Rama (Iko Uwais), an honest cop with killer

Riley Reviews

RELENTLESSLY VIOLENT "RAID" IS ALL ABOUT THE ACTION

fighting instincts who has the primary role to play in the police

The audience instinctively knows that Rama is the good guy when the film opens with him in a tender moment with his pregnant wife as he prepares for his big mission.

Within minutes, the focus of "The Raid" turns to Rama and his crew in a police van on their way to Tama's 15-story tenement building, where the drug lord is holed up on the top floor.

Under the command of a mysterious police lieutenant, the tactical squad, armed with knives, pistols and automatic weapons, has an objective to secure one floor at a time in order to take down Tama.

This mission is incredibly dangerous and suicidal, as even the bravest cops have never been able to breach Tama's fortress in the past. Not surprisingly, the stealth mission is quickly compromised.

Tama is a vicious criminal kingpin who uses his building to shelter his army of loyal dealers and many customers, all of whom are more than willing to take up arms against any invaders.

It takes only a matter of minutes for the police undercover operation to be blown, resulting in about half of the team being shredded in a barrage of gunfire and machetes.

Still, some of the cops manage to survive, including the valiant Rama, and they realize the only way out of their predicament is a determination to complete the mission and take out Tama for

The end result is a non-stop bloodbath that unleashes violence so brutal and unrelenting that "The Raid" might as well be marketed as a video game unsuitable for impressionable

adolescents.

A serious drawback is the deficiency of character development which might give viewers a greater rooting interest in the heroic exploits of Rama and his dwindling crew.

Nevertheless, it's very impressive to see Rama almost singlehandedly continue his explosive march through a seemingly endless parade of henchmen and drug-addled crazies.

Though not in wide release, "The Raid: Redemption" will find its audience looking for vicarious thrills in bloody action that makes audiences gasp.

TELEVISION UPDATE

Few television shows get more press coverage and less viewers than "Mad Men," and that's unlikely to change any time

Anyone who has not been watching "Mad Men" on the AMC Network all along could not be expected to pick up on the storylines and intrigues of a Madison Avenue advertising

It's bad enough that the show has been on a long hiatus, and now the fifth season picks up somewhere in the mid-Sixties, when New York City loses its glamour as urban decay begins to set in.

The new season picks up where Jon Hamm's debonair ad man Don Draper is making a go of his impulsive decision in the last season to propose to his secretary.

Those who were curious about Don's rash engagement to Megan (Jessica Pare) will learn some interesting things in the season premiere.

Over at the Reelz Channel, Steven Seagal, who apparently has run out of opportunities for martial arts films, brings his crime fighting style to the new TV series "True Justice."

Seagal leads a hardcore undercover team of Seattle cops who take on the local criminal element with the high-octane style that marked so many of his films.

One problem for "True Justice" may be the inability of the target audience to locate the Reelz

Thinking of Changing Banks?

√ Check the El Dorado Advantage

- ✓ FREE VISA Debit Card
- ✓ FREE Senior Checking with Interest
- ✓ FREE Direct Payroll **Deposit Checking**
- √ FREE Internet Banking
- with Check Images
- ✓ FREE Telephone Banking
- ✓ VALUE Checking
- ✓ Interest Checking
- ✓ Business Checking
- ✓ Investors Money Market Checking
- ✓ FREE Online Bill Payment
- √ 35 ATMs at El Dorado Branches

✓ Gold Money Market Savings

✓ Purchase & Refinance Loans

Line of Credit Loans

at No Extra Charge

√ Friendly, Personal Service

√ Fixed & Adjustable Home Equity

✓ Consistently Awarded the Highest 5 Star Rating by Bauer Financial

Reports as One of the SAFEST and STRONGEST Banks in the **U.S. Since 1993**



Serving our local communities for over 54 years

CITRUS HEIGHTS • 7895 Lichen Drive • 729-1100

www.eldoradosavingsbank.com





FDIC

Rand K. Jacobs

R. K. Jacobs **Insurance Services, Inc.**

Home • Auto • Business

Office (916) 966-3733 Fax (916) 966-0177

4777 Sunrise Blvd., Ste. B Fair Oaks, CA 95628

rjacobs@pacbell.net Lic. # 0H45116



HELPING PEOPLE AND THE COMMUNITY WITH THE ALCOHOL AND DRUG PROBLEM! 18 YEARS IN BUSINESS!

DETOX (916) 965-3386

SOBER LIVING (916) 961-2691

Business & Service Directory

MEDICAL SUPPLY AND EQUIPMENT

■ AMD Medical Supply

Sales • Rental • Installation • Delivery

Now Accepting MEDICARE

Tel/Fax: (916) 485-2500 www.amdmedsupply.com 3108 Arden Way, Sacramento, CA 95825

HOME IMPROVEMENTS

· Hardwood Floors · Tiles Door & Window Installation Crown Moldings • Trimmings • Paintings · Kitchen & Bath Renovations, etc.

> Victor D. Chauppette Phone: (916) 862-7459

E-mail: v chauppette@yahoo.com No jobs over \$500 accepted.

Specialty Candies

CandyStrike

🧬 Emporium 🖎

398 "Historic" Main St.

Placerville, CA 95667

530-295-1007

SO much FUN...



QUALITY LABOR & MAINTENANCE

Yard Work, Hauling, Gutter Clean, Odd Jobs

You Name It!

Candy Strike.com Online coupon at CarmichaelTimes.com

HANDYMAN



(916) 613-8359

Past Life Readings

FUNERALS & CREMATIONS

FD 1404

Fair Oaks, CA 95628

Printing & Supplies

Specialties Plus

Machine Repairs (all makes & models)

Toner Cartridge Refills (Using Cartridge World? Take 10% off their price & try mine)

Free Cleaning (with our cartridge) •We are Local

Service Contracts (monthly or yearly)



Specializing in Digital Printers, Copiers, Fax & Multifunction **Machines**

specplus@comcast.net

(916) 723-8430

PRE-SCHOOL

MONTESSORI CHILDREN'S SCHOOL



Ages 2-6 • Open 7am-6pm M-F

916-481-0100 www.MCSpreschool.com

CEMETERY SERVICES

Respectful, Affordable Burial

Endowment Care Facility Beautiful Park like setting Monuments allowed • Cremation Niches Commingle Scattering Garden Quality & Affordable Service

Fair Oaks Cemetery District

7780 Olive St., Fair Oaks, 95628 916-966-1613

DENTAL HYGIENE SERVICE

DENTAL SERVICE

Portable Services for Homebound & Special Needs Clients BRENDA PAQUIN,

RDHAP (916) 247-1743 brenrdhap2010@comcast.net

PO Box 982, CITRUS HEIGHTS, CA 95611

PET SITTING SERVICE

Professional, Loving

PET CARE Established Reputation

Kennel Free Environment Lots of TLC

Call Madeline (916) 723-1608

FINGERPRINTING SERVICES

PLUS:

★ Walk-in Service

★ Digital Inkless Process

★ Electronic Submission to DOJ & FBI DS GREENBACK LN. • CITRUS HEIGHTS, CA 95610

★ Copies & Faxing **★** Notary Services

★ UPS Next Day Air®

★ Shredding Services

★ Ship Heavy Freight

The UPS Store

HELP ANIMALS

SPCA THRIFT SHOP The Real Non-Profit

Helpless Animals Need Your Donations Will Pick Up

> Call 916-442-8118 1517 E Street for donations 10-4pm

LEGAL SERVICES

BONES LAW FIRM 4811 Chippendale Dr., Suite 307, Sacramento, CA 95841

The Law Firm provides the following legal services: • Bankruptcy • Business and Corporate Matters · Estate Planning • Probate and Conservatorship

> P: 916.965.6647 F: 916.965.4218

gbones@boneslawfirm.com

ALTERATIONS

ALTERATIONS by Patina

SPECIALIZING IN BRIDAL & FORMAL

11082 Coloma Rd., Suite 7 Coloma Village Shopping Ctr. • Rancho Cordova

(916) 853•1078 WWW.ALTERATIONSBYP.THENETMARK.COM

Psychic Readings

TAROT CARDS

Past Present & Future Love, Marriage & Business Palm Readings



40 Years Experience • Available for Events and Parties FOR APPTS. CALL 916-962-3822

Funeral Service

7960 WINDING WAY

Tel (916) 9611265 Fax (916) 9612430

E-mail:

Dog Rescue

DOG RESCUE Gary (916) 334-2841 Please

Adopt or Foster Because so many really great dogs are dying for a good home...

ShelterMOU @hotmail.com



by David Dickstein

Family Films

"Chimpanzee" Opens April 20, rated G disney.go.com/disneynature/ chimpanzee

Set in the Ivory Coast and Ugandan rainforests, this documentary from Disneynature follows a baby chimp whose playful and curious world is turned upside down when a rival band of chimps takes on his family. Orphaned, Oscar fends for himself until a surprising adoption by an alpha male. The film, the fourth from Disneynature ("African Cats," "Oceans" and "Earth," all available on home video), is intentionally being released on Earth Day. During the first week of release some of the ticket proceeds will benefit the Jane Goodall Institute.



"The Three Stooges" Opens April 13, rated PG threestooges.com/movie

A new generation gets introduced to the trio's classic slapstick stylings with Will Sasso, Sean Hayes and Chris Diamantopoulos as Curly, Larry and Moe, respectively. The farcical fun begins on a sad note - they get dumped as newborns at the door of an orphanage – but all it takes is one eye poke to the unfortunate nun who makes the discovery to lighten the mood. The plot involves the stooges being taken advantage of by socialites, but story always come secondary to zaniness when watching these working-class wackos.

"To the Arctic" Opens April 20, rated G imax.com/tothearctic

Meryl Streep narrates the journey of a mother polar bear who navigates the challenging Arctic wilderness with two cubs in tow. The 40-minute film, debuting

Movies and DVDs for the Whole Family

first on IMAX screens, also shows caribou, walruses and other wildlife struggling to survive in a frigid environment that rapidly changes and where natural predators lurk around every frozen corner. Sharing a release



date with "Chimpanzee," this might be the first time polar bears and primates battle for superiority.

Family DVDs

"Dougie in Disguise" Volumes 1 and 2 (ages 2-5, released April 10, not rated): Sold separately, these two discs out of Spain (dubbed in English) teach preschoolers about different jobs, animals and parts of the world. Dougie and his dog Tim, both with heavy British accents in the English version, move from vignette to vignette with the help of young viewers who "choose" stickers from an album. Cute graphics and simple, yet fun stories make these a winner. Grade: A-

"Adventures in Lalaloopsy Land: The Search for Pillow" (ages 3-8, now available, not rated): The first movie based on the successful toy line for girls deals with the tragic news that Pillow Featherbed has gone missing. Because the Lalaloopsy dolls can't cry in their pillow, because it's disappeared, of animated adventure where creativity and teamwork do magical things. Grade: B-

"Scooby-Doo! Music of the Vampire" (ages 4-10, now available, not rated): Big shock that when Scooby-Doo and the Mystery Inc. gang travel to the Deep South for the Vampire-Palooza Festival, things go south, and deeply. This continuation of the vampire craze in movies and TV is entertaining for the target audience, and there's some cool tunes in the franchise's first-ever original animated musical movie. Grade: B

"Space Dogs in 3D" (ages 4-10, released April 10, rated G): Before they were stuffed and exhibited in Russia as two national heroes, Belka and Strelka were among several astrodogs chosen to prove that a human being can go into space and returned safety. In 1960 these two became the first, and their tale, made into a Russian animated feature in 2010, now wags for English-speaking homes. Nice change of pace from the usual red, white and blue-blood space race flick. Grade: B+

"We Bought a Zoo" (ages 5-15, released April 3, PG): Corny and sappy work splendidly around Christmastime, so we cut this dramady some slack when theatrically released last December. On video in April, however, the tale of a widowed father who buys a dilapidated zoo in hopes of making a fresh start for his family probably won't go down so easily with





Call Lenka (916) 338-7156

Foster Care

The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens.

We offer free training, fingerprinting, CPR/ 1st aid, 24 hr support, monthly reimb.





LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That! Call to place your legal advertising



532-2113

All Legal Ads Published in the Carmichael Times



THANK A VETERAN TODAY



Citrus Heights Messenger.com



Wild New World is to mend your own life...and that process means you will also mend other people and situations. As the world around us becomes less predictable and systems dissolve, we must let go of our familiar, rigid ways of thinking and behaving to embrace the fluidity of our true nature... the essential characteristics that makes each of us unique. Helping our true nature allows us to surf the change tsunami while

helping others in the process. 2) In order to restore the nature of ourselves and the earth, we must learn from ancient wisdom. Martha has traveled the world, studying ancient wisdom traditions created and used by the wisdom teachers of many cultures. Our Western culture has lost or put these practices aside for mending the self. Martha believes these traditions are now the key to healing ourselves and the earth.

3) There is a gathering of "wayfinders" mobilizing in every part of the world. In her ravels, Martha increasingly encounters people who share an urgent drive to connect with their own true natures, and consequently help restore the earth's balance. This team of "wayfinders" expressed a remarkably consistent internal desire to forgo fixed and traditional careers or choices in favor of more fluid and unconventional

4) Everything you need for your journey is already in you. In "Finding Your Way in a wild New World," Martha provides simple yet powerful ideas and techniques to help you connect with your true nature's incredible gifts, leverage your own innate genius, and thrive joyfully as you find your way through our wild new world.

So, there are ways to unlock your potential for deep transformation with Martha Beck, and come home to your true, purposeful, and unafraid self. Martha brings together ancient wisdom and modern science to help us embrace our skills and create the life we really want. If you want to hear more about life, please tune in the POPPOFF Monday thru Friday, or check out on-demand for POPPOFF 24 hours a day at www.kahi.com Check out the life you want at www.marthabeck. com and "Finding Your Way in a Wild New World." It might be the wild wild west out there, but challenge is what makes for greatness. That's what Mary Jane Popp says!!!

Join Mary Jane for the KAHI Noon News Monday-Friday and then again for POPOFF 10 PM-Midnight.



5859 Auburn Boulevard Sacramento, CA 95841

WILD NEW WORLD

you're living in a wild new

world...one in which you don't

know how to cope? Relax!

Enter Martha Beck, author of

"Finding Your Way in a Wild

New World." It's a handbook

for learning how to surf the tsu-

nami of change we see all around

us. Martha is a celebrated life

coach. She writes a monthly col-

umn for O, The Oprah Magazine

and she's been featured on Good

Morning America, The Oprah

Winfrey Show, and The Talk.

Now that we have established

some credentials, let's get to the

nitty gritty on how to deal with

this wild new world! First, let's

admit that we are living in a wild

new world. It's an ever changing

rapidly dissolving and reforming

financial, economic, and cultural

system. The speed and scope is

so enormous that we can't track

if fully. We really can no lon-

ger accurately predict what our

personal and collective futures

will be. That being said, let's get

to what Martha has to give us

Do you sometimes feel like

Ask about our Mail Order Service! (916) 349-9493

www.sacgermandeli.com sacgermandeli@sbcglobal.net





Sunday, April 8 Noon – 6:00pm

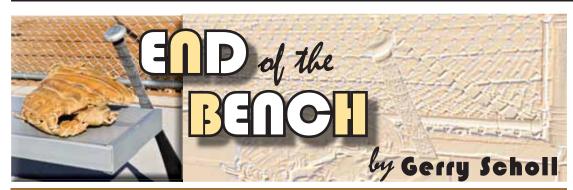
Everything absolutely FREE to the community, including ...

- Massage
- Blood glucose and diabetes risk test
- Percent body fat analysis
- Blood pressure test
- Hydrotherapy demonstration
- Step test assessment (cardiovascular fitness)
- Peak air flow assessment (lung capacity)
- Health age assessment
- Cooking demonstrations
- Food samples, handouts, and magazines
- Drawing for free prizes, like massages and cookbooks
- Plus, FUN activities for your kids!

Walgreens

6199 Sunrise Blvd. Citrus Heights, CA 95610 Call 423-716-1219 to learn morel





Together, We're Not Who We Used to Be

The San Francisco Giants will have their final roster decisions for 2012 sorted out by the time they take the field Friday at Arizona for the season opener, but, for sure, they will have quite a different look compared to who they were seventeen months ago when they won the World Series.

Only three of the nine players, including starting pitcher Tim Lincecum, who ran out on the diamond for Game One of that Series are still with the team. Catcher Buster Posey will be back, trying to return to form after missing most of 2011 due to his horrific ankle injuries. First baseman Aubrey Huff is back after a poor 2011 season and in the final year of his contract, trying to retain his position ahead of youngsters Brandon Belt and Brett Pill.

I was flipping through a little book I have on the Giants' 2010 postseason run called "Giant Surprise." There are a lot of pretty cool pictures in there from those forever memorable games.

There's a picture of Cody Ross and Edgar Renteria chest-bumping - both gone now. There's one of Ross, the NLCS MVP, making contact on one of his five postseason home runs, and one of Renteria connecting on his famous homer in Game Five of the Series which provided the clinching margin.

So many of those grinning Giants heroes who paraded triumphantly through the streets of The City are gone now. Loveable Andres Torres and handsome Pat Burrell, particular favorites of female Giants fans, — traded to the Mets and retired, respectively. Juan Uribe and his classic home run pose at the plate in Game One — gone. Overpaid outfielder Aaron Rowand was released and may be found somewhere in the minor leagues, and infielder Mike Fontenot was recently let go. Clutch-hitting, but fragile, second baseman Freddy Sanchez is back on the disabled list again. Starter Jonathan Sanchez — off to Kansas City.

- Raley Field's sixth-annual

Brewfest event will take place on

Friday, May 18, 2012, from 7-10

p.m., with the VIP portion of the

event set for 6-7 p.m. For the first

time in the event's history, all of

the festivities will take place on

the Raley Field outfield, with

vendors set up in a quarter-mile

semi-circle around the perime-

ter of the playing surface and a

The 2012 Brewfest—a part-

nership between Raley Field and

the Northern California Brewer's

Guild—is expected to be the larg-

est in the event's history, with

nearly 70 beer vendors set to

attend. As in years past, there

stage set up near second base.

Possibly only four of the fourteen position players on that World Series roster will be with the team this year. But for a team that turned in an astonishingly abysmal offensive performance in 2011, that might be a good thing. Changes for the better had to be made and, hope-

worse than last season's offense,

The best news is that the Giants have retained the services of eight of the eleven pitchers from the World Series team and may still have the best overall staff in the majors, anchored by Lincecum and Matt Cain, who just re-signed with the team on a long-term deal.

Across the bay in Oakland, the Athletics are, and then again they aren't, who they used to be. There are in the sense that the player turnstiles are fully operational — most of their better players are, once again, gone after ultra-short tenures with the team. They aren't in that there are, once again, a lot of new faces around. The "A" on the cap could stand for "Anonymous."

At least they have decided to start building a regular lineup around young burgeoning stars. Second baseman Jemile Weeks was somewhat of a revelation through late last season and newly signed Cuban star center fielder Yoenis Cespedes has a bit of a Bo Jackson look about him. First baseman Brandon Allen has impressive power and may be the "sleeper" in the lineup. Young versatile outfielder Collin Cowgill could be a big help off the bench.

offense and will add suspended veteran star Manny Ramirez to the mix as a designated hitter fifty games in, but that may be too late because of the gutted pitching staff. Can you name the A's starting rotation? Can manager Bob Melvin name the A's starting rotafully, "Together, We're Giant." tion? Maybe he could, and maybe he would cringe doing so. And then

when he calls for his closer he'll say,

"Grant Balfour." And that's the last

thing you want your closer to do.

close their deal in the NCAA

Championship Game, and wait and

see if their drunken fans burn down

the whole city of Lexington, win or

lose. What's the deal with all these

sports celebrations? What spirit!

one to root for with his check-

ered past of indiscretions at

Massachusetts and Memphis. It

wouldn't be a surprise to see him leave Kentucky with a proba-

tion to face as well, as he moves

on again for another bigger pay-

day elsewhere. Go Kansas, I guess.

spiring tournament, but the one

lasting impression will be the high-

light play against Louisville in the

semi-final by Kentucky's freshman sensation Anthony Davis, tak-

ing a tipped lob pass with a long

reach and slamming it emphati-

cally through the rim. Game Over.

It has been a relatively unin-

Coach John Calipari is a hard

And now I have to go see if the Kentucky Wildcats can go

Three new outfielders, Angel Pagan, Melky Cabrera and Gregor Blanco, along with returnee Nate Schierholtz, and young infielders Brandon Crawford and Emmanuel Burriss will provide upgrades in speed and defense. Their power numbers will be a big question, however. That department will be the specialty of a more healthy and more committed third baseman Pablo Sandoval. It would be hard to imagine the new group could do any

one of the worst in Giants history.

The A's have improved the

will be live music throughout the

event, with food available for sale.

Tickets are \$30 in advance or \$35

on the day of the event, with VIP

VIP tickets include 18 tastings

instead of the 10 tastings offered

in the regular ticket package. In

addition, VIP ticket holders can

gain entry into Raley Field an

hour prior to the 7 p.m. regular

entry time. Additional tastings

are available for purchase at the

event for both regular and VIP

ticket holders. Tickets will be

available at Raley Field's Round

Table Ticket Office beginning at

10 a.m. on Saturday, March 10.

Tickets are also available online

at Ticketmaster.com.

tickets available for \$50.

Raley Field Brewfest

Set For Friday, May 18

Outdoor **EARLY BASS** ass can be scattered almost nywhere in a lake, but you can up your odds by fishing

orthern shorelines where the sun warms the water the most each day. Your odds get even higher in isolated backwaters along the northern shoreline where water warms faster

Always remember, the warmer the water the more active the fish. Even in these areas though, the bass aren't going to be active all the time. If an early season lure like a ¼ ounce white single spin doesn't produce try small jigs and in line spinners. The single most productive

presentation in early, early spring is to stop retrieving your ire and let it sit. Small tube ype baits, grubs, jig & pig, and I' long natural colored bait fish shaped lures all work well on arly bass.

Rick Clunn is a 4-Time Bassmaster Classic® Champion

For more tips, log onto





VolunteerMatch.org Where volunteering begins.

				5	6			
9	5			4				8
	3	1	2					
3			5		4	1		
		4				5		
		2	1		7			9
					2	4	9	
1				9			2	5
			4	1				

ACROSS

1. One who pretends to be

9. A tropical South American monkey

something he is not

13. Far beyond norm

15. Floor covering

17. Bow shape

18. Tripod

35. "Yes,

16. Slanted or listed

19. *Pinching crustacean

25. International Monetary Fund

37. "Layla" singer-songwriter

43. "Coal Miner's Daughter" 44. Whatchamacallit

39. Roman king's abode

40. A fit of shivering

41. On fishing pole, pl.

46. Relating to the ear

47. Caricatured

48. *Octopuses

52. Put to the test

55. Wound fluid

70. Even (poetic)

73. H1N1, e.g.

74. Crevice stuffers

53. Duds or threads

65. Archeologist's find

57. Ancient wind instrument

66. Maiden name indicator

___ Domingo

72. Contributions to the poor

69. Kiwanis and Elks groups, e.g.

61. *Daryl Hannah in "Splash"

50. On top of

30. A hand tool for drawing angles,

21. *Underwater flower

23. Make lacework

24. Go cold turkey

28. Holier than who?

6. Cruise or Hanks, e.g.

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solution See Page 7



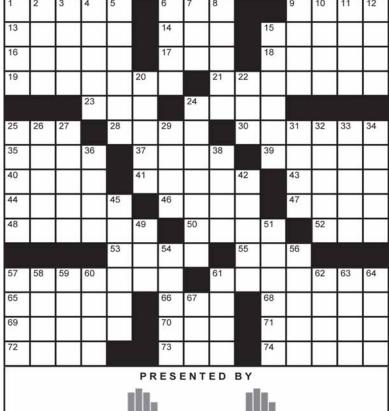
5859 Auburn Boulevard Sacramento, CA 95841

Ask about our Mail Order Service! (916) 349-9493

www.sacgermandeli.com sacgermandeli@sbcglobal.net

STATEPOINT CROSSWORD **UNDER THE SEA**

CROSSWORD



VolunteerMatch.org Where volunteering begins.

© StatePoint Media

DOWN

CLUES

1. Door sign 2. Margarine

3. Back wound? 4. German surrealist Max

5. Knocks on the door, e.g.

7. *Rowboat propeller

8. Reverted to China in '99 9. Now Thailand

10. In addition

11. Type of eye? __ of Man

15. Move unsteadily

20. Olden days anesthetic

22. Writing point of pen

24. Eternal sleep

25. Idealized image 26. Ex-Laker Johnson

27. He sold his soul to Mephistopheles

29. Popular dunking cookie 31. A sails-shaped constellation

32. It borders Mediterranean and Red

seas

33. *The Titanic was one of these

34. *Spongebob's air-breathing friend

36. Office communique

38. Paper holder

42. *A peri__ lets a submariner see above water

45. Light studies

49. Charged particle 51. Florence Nightingale and the like

54. Thief, Yiddish

56. New show with Debra Messing 57. *Black and white killer?

58. Independent unit of life

59. Obama to Harvard Law School, e.g.

60. Barbequed anatomy 61. Carte du jour

62. Not in favor63. Individual unit

64. Sleep in a convenient place

67. *It can be electric

For Solution See Page 7

Free e-Waste 3-R Day & Gi-normous Yard Sale

The Domestic Violence Intervention Center invites you to our 3-R Day (recycle, reuse & re-purpose— FREE eWaste drop), and Gi-normous Yard Sale on Saturday, April 14Th.

The event takes place at DVIC located at 6060 Sunrise Vista Drive Citrus Heights (off Greenback Lane & Fair Oaks Blvd.)

Food and fun starts at 8 a.m. and runs until 3 p.m. Yard Sale Vendors open up at 8 a.m. The eWaste drop-off opens up at 10 a.m.

Come sell your goods, purchase some goods, or clean up the electronic clutter in your home, office, garage or backyard. Remember, another person's junk is another person's jewel.

Want to Donate or WANT TO BE AVENDOR? Contact the DVIC 3-R Coordinator's at 916-215-6731, or by email dvic3rday@yahoo.com.

DVIC is a non-profit 501(c)(3) agency - FEI 68-0457704. All proceeds benefit the youth and family programs offered free of service to the greater Sacramento region. DVIC is a wellness based organization supporting communities in the greater Sacramento region. DVIC is located at 6060 Sunrise Vista Dr., Ste 2340, Citrus Heights, CA 95610. For more information about DVIC call 916-728-5613. DVIC 24 Hour Crisis Hotline is 916-728-7210.

MOND RI

from Perfect Wedding Guide and Aquamarine Jewelers



To enter go to sacramento.pwg.com and click on the WIN tab. One lucky bride will win a \$1500 gift certificate to Aquamarine Jewelers!

Visit sacramento.pwg.com for free wedding planning tools and to find Sacramento area wedding vendors for every budget!

facebook.com/SacramentoPWG

Sacramento Choral Society & Orchestra

Donald Kendrick, Music Director

2011 | 2012 Season

16th SEASON

SACRAMENTO COMMUNITY CENTER THEATER

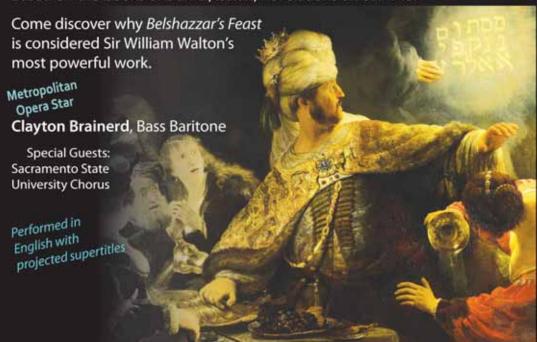
English Grandeur

Saturday, April 14, 2012 at 8:00 PM | Pre-talk at 7:00 PM

Belshazzar's Feast | William Walton

An epic work of enormous passion, sensitivity and unparalleled drama, vividly recounting the fall of Babylon and Jewish repatriation.

Based on the books of Daniel, Isaiah, Revelations & Psalm 137



Song of Thanksgiving | Vaughan Williams

Carrie Hennessey, Soprano

Sacramento Children's Chorus, Lynn Stevens, Director

Five Mystical Songs | Vaughan Williams

Let the People Praise Thee, O God (Psalm 67) | William Mathias

(Lady Diana's Royal Wedding Anthem)

Community Center Box Office | 916 808-5181 | SCSO office | 916 536-9065 SACRAMENTOCHORAL.COM Start a Jewelry Career this fall! Get your job in the spring.

Jewelry Repair/and Design

Hands-on practical training for jewelry repair and design. Every thing a jeweler needs to know to get an apprenticeship job as a journeyman jeweler!

A jeweler cannot be replaced by automation.

Jewelry Gallery

open for your browsing, student work, student prices, look now, layaway and enjoy new and innovating designs

Gemology

Education and knowledge of the gem trade, identifying, grading, pricing and selling.

California Institute of Jewelry Training

5805 Windmill Way, Carmichael, California www.jewelrytraining.com info@jewelrytraining.com



916.487.1122

• VA Approved • Post 911 Veterans
• Student Loans Available - Short or Full Course



Serving our neighbors • Family owned and operated

Specializing in Tankless Water Heaters and Trenchless Sewer Lines

(916) 663-1293 (North Area) (916) 789-9332 (Roseville) (916) 929-9019 (Mid-Town)

www.allphaseplumbinginc.com

Serving the greater Sacramento Area

License # 746793

Carmichael Dental Group

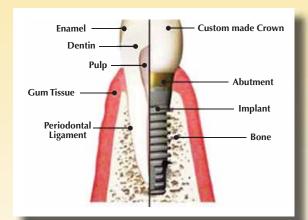


Implant Center in Carmichae!!

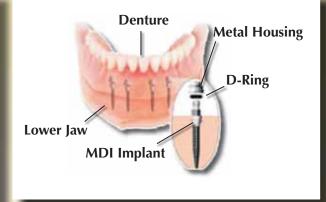
FREE Consultation & X-Ray

A \$220 Value!

Please present coupon.









Single Implant

Multiple Implants

Mini Implant

Combination Implants and Dentures

8329 Fair Oaks Blvd., Ste B • Carmichael, CA 95608

(916) 944-7700

www.carmichaelCAdentist.com

A Case in Point

The Case of the Unlucky Driver

By David Graulich, Esq.

There's a tug-of-war in society between technology, which changes rapidly and constantly, and the law, which changes gradually and infrequently. Technologies such as cell phones or "tweeting" alter the social patterns of everyday life. The law struggles to catch up and stay relevant.

That's brings us to the story of Carl Nelson, the unlucky driver.

Mr. Nelson was driving his car in the city of Richmond, California on the morning of December 28, 2009. He stopped at a red light and decided, like many of us, to make use of the waiting time. Mr. Nelson opened his "flip-style" cell phone and began dialing to check email.

At this precise moment, a police officer pulled up on a motorcycle directly next to the driver-side door. The officer saw Mr. Nelson holding a cell phone to his ear and dialing. Mr. Nelson looked over, saw the police officer, removed the cell phone from his ear and closed it. We don't know Mr. Nelson's thoughts at this point, but they probably consisted of a two-word expression beginning with "Oh."

When the light turned green and Mr. Nelson drove through the intersection, the officer pulled him over and ticketed him for using a cell phone while driving. In traffic court, the ticket was upheld and a fine of \$103 was levied.

Most people would have given up and paid the \$103. Mr. Nelson, however, was sufficiently disturbed that he retained a law firm and appealed. The

California Appellate Court, First District, agreed to hear the case.

Mr. Nelson's lawyer made an interesting argument. He acknowledged Vehicle Code, Section 2313(a), which says, "A person shall not drive a motor vehicle while using a wireless telephone unless that telephone is specifically designed to allow hands-free listening and talking..."

That's the key, argued the lawyer. Mr. Nelson wasn't driving a motor vehicle. He was stopped at a red light and posed no risk to anyone. To quote the legal lingo: "The term 'drive' requires evidence of volitional movement of the motor vehicle as an element of the offense."

To use a cell phone while stationary was no more hazardous than various other things people do while waiting for a light to change – putting on makeup, eating a messy sandwich, reading a map, or changing radio stations, according to the argument.

The lawyer cited a 1991 decision, Mercer v. Department of Motor Vehicles. Police found a man asleep over the wheel of a car that was legally parked at the curb. The car had its lights on and engine running. The defendant was fined for driving under the influence – but on appeal the fine was overturned. Yes, Mercer was drunk; however, when police observed him, he wasn't driving. He was legally parked and asleep.

That gets us back to the Nelson case. When the Court announced its decision, it turned out that Mr.

Nelson's luck hadn't improved. He lost again.

"Driving" a car, said the decision, meant the same as "operating" a car. The court cited various cited California laws that used the words "drive" and "operate" interchangeably.

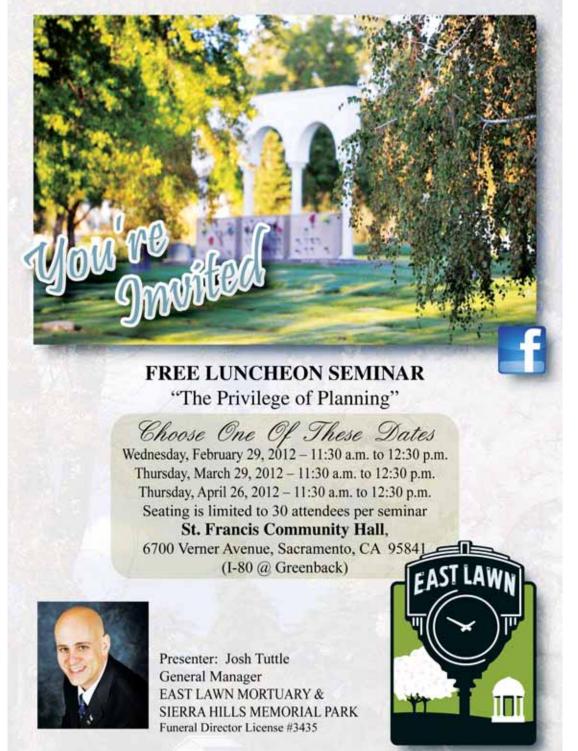
The drunk driver in *Mercer* was in a different situation. Mercer wasn't going anywhere, nor was he about to. However, drivers at a red light are still "operating" a car, and could pose a hazard if distracted – by their feet letting up on the brakes, for example, or by failing to promptly move as required by the traffic laws.

If Mr. Nelson wanted to use a cell phone at a red light, the Court concluded, he should install a hands-free wireless system and be in compliance with the law.

My guess is that California will have more litigation like this. What if I am stuck in dense traffic and call home to alert my family? What if I am in line at the McDonald's drive-thru and use the time to check email or call the office? Technology and law are destined to continue skirmishing in the courtroom.

David Graulich, Esq. of Fair Oaks is an attorney with The Law Firm of Tim O'Connor. David welcomes comments on "A Case in Point" columns at (916) 932-2312 or by email: David@timoconnorattorney.

com. This column is not intended as an offer of legal advice. Contact a qualified attorney to obtain advice with respect to any particular issue or problem.



Please note – this is not a sales seminar. "The Privilege of Planning" will be a 30-minute presentation followed by a question and answer period. It will focus on the importance of getting your family involved in the entire process of advance planning and all of the options available. Done properly – at the right time and in the right way – pre-planning can become a privilege instead of a chore. Get valuable information on Veteran's benefits, cremation and burial options and receive a FREE Emergency Planning Guide. Come and learn the steps you can take now to make sure those you care about are always cared for.

Reservations Required RSVP to Lisa West @ (916)732-2020

