



Girl Scouts Take on the Outdoor Gender Gap

PAGE 2

Drought Requires More Changes

PAGE 8



Gold River Messenger

VOLUME 10 • ISSUE 6 *Serving Gold River and Sacramento County*

JUNE, 2022

SEE INSIDE

TRASH AND DEBRIS REMOVED BY VOLUNTEERS



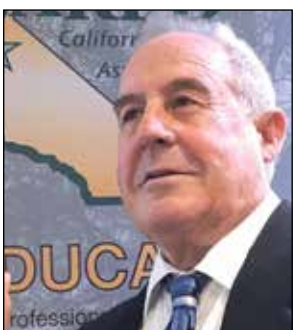
PAGE 3

LOIS HAWKES PASSES AWAY



PAGE 4

SLOAN ELECTED TO CARPD BOARD



PAGE 3

OR CURRENT POSTAL CUSTOMER



PRSR STD U.S. POSTAGE PAID RANCHO CORDOVA, CA PERMIT NO. 91

CRPD Receives Award for Community Pool



From the left, Cordova Recreation & Park District (CRPD) Director Rick Sloan, Director of Parks & Recreation Jill Nunes, Chairperson Terri Leimbach, General Manager Patrick Larkin and Director Brian Danzl with the California Association of Recreation and Park Districts (CARPD) Outstanding Renovated Facility Award for the Cordova Community Pool. Photo courtesy of Rick Sloan

By Shelby Golden, Cordova Recreation & Park District

RANCHO CORDOVA, CA (MPG) - The Cordova Recreation & Park District (CRPD) is honored to be the recipient of the California Association of Recreation and Park Districts (CARPD) Outstanding Renovated Facility Award for the Cordova Community Pool. The District was presented with the award during the CARPD Annual Conference on May 19, 2022.

This project gave CRPD the opportunity to implement a wide array of energy, water and environmental

savings that did not exist in the old facility. All new plumbing fixtures provided during the renovation either meet or exceed the standards of the California Green Building Code for nonresidential plumbing fixtures putting them among the most efficient of fixtures available today. The facility also implemented a beautiful palette of plants inspired by the local flora of the nearby Sacramento River. This drought tolerant and native palette reduces the need for irrigation and on-going maintenance, as well as attracts pollinators like butterflies and hummingbirds.

A primary tenet of sustainable design is improving the health and wellbeing of the community. The new complex brings back an integral piece of community recreation and exercise. With two distinct pools, residents will find something for everyone: whether it is lap swimming, swim and safety classes, aquatic fitness, swim clubs or just cooling off during the hot Rancho Cordova summers. Swimming is one of the best exercises because it engages the whole body. Water-based exercise reduces impact on joints and

Continued on page 3

Sac County Introduces Social Host Ordinance

By Kim Nava, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - The Board of Supervisors, at its May 11 meeting, introduced an ordinance amending Sacramento County Code Chapter 4.54 to add host liability and penalties for violations of county code relating to fireworks. The ordinance will be continued to the May 24 Board meeting for adoption and will go into effect June 24, 2022.

Strategies to help address fireworks safety concerns in the past have focused on education and mitigation, including press releases, informational handouts and fireworks inspections.

Enforcement efforts have also included illegal fireworks buy-busts, confiscation and citations, arson investigations and proper disposal of illegal fireworks.

However, a public safety tool that has been increasingly used successfully in other jurisdictions is a "host ordinance" that places accountability for sales and/or use of illegal fireworks on property owners.

"Host," as it relates to this ordinance, means a person who knowingly permits or allows fireworks to be lit, exploded or sold on private property owned or controlled by the person, and the person knows or reasonably should have known that the fireworks would have been lit, exploded or sold.

Amending Sacramento County Code Chapter 4.54 creates new host responsibilities that include liability and penalties with increased fines for violations of the county code relating to Fireworks and provides an additional tool for reducing harm caused by use of illegal fireworks. Penalties for violations are as follows:

\$1,000 for the first violation; \$2,500 for the second violation within one year of the first violation; \$5,000 for each additional violation within one year of the first violation; \$10,000 for each violation that occurs within the American River Parkway

The ordinance to add host liability for illegal fireworks allows fire, law enforcement (including park rangers) and code enforcement agencies to hold the owner or person in charge of real property or conducting an illegal fireworks event responsible for costs of response associated with the presence of emergency personnel, the

Continued on page 5

County's Response to Homelessness

Sac County News Release

SACRAMENTO COUNTY, CA (MPG) - Sacramento County is actively engaged in multiple strategies to provide services that unhoused residents need to transition into safe, stable housing.

In Fiscal Year 2021/2022 alone, we have invested nearly \$50 million in homeless specific programs, services, shelter, re-housing and data infrastructure to serve our community, with funding from the American Rescue Plan Act (ARPA), the Mental Health Services Act (MHSA) and the County's General Fund, among others.

Notable projects this year include:

Safe Stay community developments - providing on-site services, security and re-housing to move people from unsheltered homelessness into housing and other supportive services while providing much needed respite to the neighborhoods through a reduction in trash, tents, violence and blight.

Encampment Service teams: Comprised of Outreach navigators, re-housing staff and clinical staff to provide behavioral health assessments and referrals for those living in encampments.



Sacramento County is actively engaged in multiple strategies to provide services that unhoused residents need to transition into safe, stable housing.

Additional investment of the construction of Marisol Village - an affordable housing project slated to add an additional 116 units to the final project.

Invested three years of funding to greatly expand Coordinated Access (CAS), a powerful collaboration designed to ensure that homeless persons and persons at risk of homelessness are matched, as quickly as possible, with the services that will most effectively end their homelessness.

This funding provides for increased coverage at 211, and new field-based staff to assist households into crisis support services and rehousing.

Landlord Engagement and Re-Housing Supports: conducting outreach and educational events to recruit landlords and expand the availability of rental units; investment in incentives such as sign-on bonuses, move-in assistance, vacancy loss payments, etc. to support landlord retention; and

increasing flexible rental subsidies to improve the efficacy of voucher and homeless housing subsidy programs.

Funding 60 beds through December 2024 to support the Parkway Navigation team, prioritizing those exiting the portion of the Parkway between Interstate 5 and Highway 160. The Salvation Army will provide 24/7 staffing, food, laundry, case management and re-housing supports, with an

Continued on page 6

Girl Scouts Take on the Outdoor Gender Gap

Girl Scouts Heart of Central California News Release

SACRAMENTO, CA (MPG) - Girl Scouts Heart of Central California aimed to crush the outdoor gender gap on April 23 and 24, when nearly 600 girls and 260 adult volunteers in an 18-county region descend on Lake Camanche to learn or improve their skills in archery, fishing, paddling, and horseback riding.

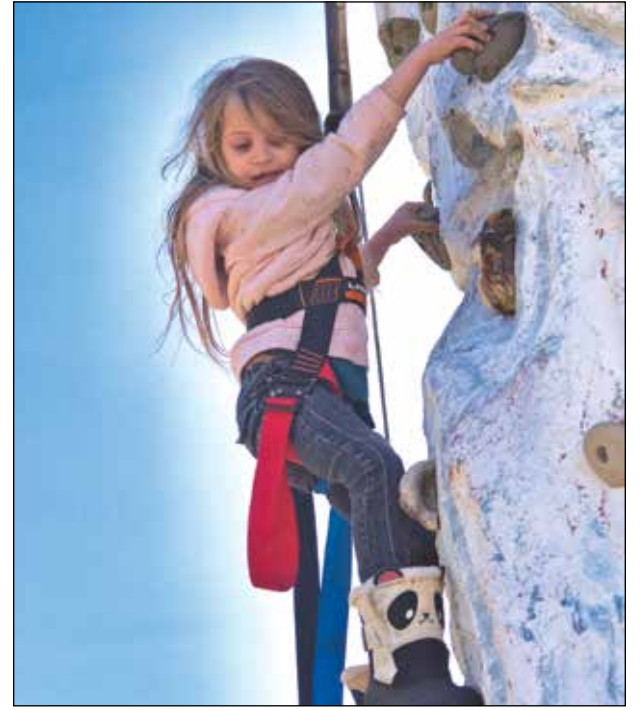
The Outdoor Adventure Campout is an overnight camping experience, April 23-24, for Girl Scouts in grades K-12. Participants choose from one of four "trails," to focus their weekend on fishing, horses, paddling, or target sports.

All girls will be able to hone their outdoor survival skills, climb a rock wall, swim in a lake, camp with their troop, and learn more about nature. According to the 2021 Outdoor Participation Trends Report, funded by the Outdoor Foundation, the philanthropic arm of the Outdoor Industry Association, 2021 had the highest rate of American participation in outdoor activities on record, largely due to COVID-19. However, nearly half of the U.S. population did not share in the positive health outcomes of the outdoors. In addition, female participation in outdoor activities remained stagnant at just 46%, despite the fact 51% of the U.S. population is female. The study also revealed an extreme lack of diversity in outdoor activities, with nearly 75% of outdoor participants identifying as white.

At Girl Scouts, we



Girl Scouts smile and laugh during the 2019 Outdoor Adventure Campout. All photos courtesy of Girl Scouts Heart of Central California



A young Girl Scout climbs a rock-climbing wall at the 2019 Outdoor Adventure Campout.

believe girls are forces of nature, and they were meant for outdoor adventures. GSHCC is dedicated to supporting year-round outdoor experiences because every outdoor adventure grows a Girl Scout's "I've got this" attitude. And once they unlock that confidence, they'll aim as high as the stars they see outside their tents.

The inaugural Outdoor Adventure Campout occurred in 2019 with 600 total participants, including adult volunteers. Out of concern for the health and safety of girls and volunteers, events in 2020 and 2021 were conducted virtually, and girls camped in their backyards and living rooms.

"We are thrilled to see a 40% participation increase from the 2019 Outdoor Adventure Campout," said GSHCC CEO Dr. Linda E. Farley. "We are even more thrilled to bring this



A young Girl Scout pulls back on a bow and prepares to fire an arrow at the 2019 Outdoor Adventure Campout.



A Girl Scout walks with a horse at the 2019 Outdoor Adventure Campout. Below: Two Girl Scouts paddle in a raft at the 2019 Outdoor Adventure Campout.

in-person event back to girls in Central California. It is absolutely essential to us that girls have a safe place to get outside, try new activities, and feel supported by their peers and the adults around them."

To learn more about the amazing opportunities Girl Scouts offers, or to learn more about volunteering, visit www.girlscoutshcc.org. ★



KP International MARKET

10971 Olson Drive, Rancho Cordova, CA 95670
916.853.8000

Market - 7 Days: 8am - 9pm
Food Court - 7 Days: 11am - 7:30pm
Korean/Mex/Viet: 7:30pm last call
Chinese/Japanese: 7:00pm last call

FROZEN & FISH DEPT



Frozen Halibut Collar
REG. \$5.99/LB
\$3.99 /lb



Raw Headless Shrimp
16/20 1.5LB
REG. \$14.99/EA
\$9.99 /ea

WEEKLY MEAT SPECIALS



Beef New York Roast - Boneless
Carne de Res Nueva York
Asido Deshuesado
\$5.49 /lb



Beef New York Steak - Boneless
Carne de Res Nueva York
Filet au Hueso
\$5.99 /lb



Beef Rump/Bottom Round Roast - Bnls
Pulpa Contra en Trozo sin Hueso
\$3.49 /lb



Chicken Drumsticks
Pernas de Pollo
98¢ /lb



Pork Cusion Meat - Boneless
Carne de Cujino de Cerdo
sin Hueso
\$1.99 /lb



Pork Loin Chops Bone In
Chorizos de Cerdo con Hueso
\$1.89 /lb



Pork St. Louis Ribs - Single Pack
Costilla de San Luis
\$3.49 /lb

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAUNCHES. PRICES EFFECTIVE JUNE 8 - JUNE 14, 2022.

FRESH PRODUCE

 7/\$1.00	 2/\$5.00	 \$1.79 /lb	 2lb/\$1.00
 99¢ /lb	 59¢ /lb	 \$1.79 /ea	 \$4.49 /ea

AMERICAN/HISPANIC GROCERY

 \$2.99 /ea	 \$6.99 /ea	 \$4.99 /ea	 \$2.99 /ea
 \$3.99 /ea	 4/\$3.00	 \$4.99 /ea	 \$4.99 /ea

ASIAN GROCERY

 \$3.99 /ea	 4/\$3.00	 \$4.99 /ea	 \$4.99 /ea
 \$6.99 /ea	 \$9.99 /ea	 \$4.29 /ea	 \$4.49 /ea

EUROPEAN GROCERY

 \$6.99 /ea	 \$9.99 /ea	 \$4.29 /ea	 \$4.49 /ea
---	--	--	--

KOREAN/JAPANESE GROCERY

 12.99 /ea	 3.99 /ea	 2.99 /ea	 99¢ /ea
 3.99 /ea	 5.99 /ea	 13.99 /ea	 4.99 /ea

HOUSEWARES

 99¢ /ea	 \$39.99 /ea	 4.99 /ea	 \$39.99 /ea
--	---	--	---

FROZEN & FISH DEPT

 400 g	REG. \$4.99/ea \$2.99 /ea
--	--

EUROPEAN DELI

 \$7.99 /ea	 \$6.99 /ea	 \$4.39 /ea	 \$3.59 /ea
---	--	--	--

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAUNCHES. PRICES EFFECTIVE JUNE 8 - JUNE 14, 2022.

HAPPY HOURS

Draft Beer

\$2.50 & UP

Mon-Thu 4PM-9PM
Fri-Sat 2PM-9PM

KP KARAOKE SPECIAL

Sun-Thu Come before 6pm (Valid Time)
Fri-Sat Come before 5pm (Valid Time)

 For 6 people \$85.00	 For 18 people 275.00
 For 12 people \$135.00	 For 28 people \$350.00
 For 14 people \$210.00	

9 Dishes To Choose From

Trash and Debris Removed by Volunteers During Spring Clean-Up



Part of the trash pile at the Howe Avenue River Access. Photo courtesy of the American River Parkway Foundation

American River Parkway Foundation News Release

SACRAMENTO, CA (MPG)

- More than 400 volunteers removed over 13,450 pounds of trash and debris from the American River Parkway (Parkway) during the American River Parkway Foundation's (Parkway Foundation) Spring Clean-Up on Saturday, April 23. That's more than 33 pounds per volunteer.

Spring Clean-Up is the Parkway Foundation's second largest clean-up of the year and took place at eight locations along the

Parkway this year, including: Discovery Park, Northgate Parkway Access, Cal Expo Parkway Access, Northrop Parkway Access, Howe Avenue River Access, Watt Avenue River Access, River Bend Park and the Upper Sunrise Recreation Area. This is the first time the clean-up has been held since 2019.

"We love and appreciate our volunteers. These are families and involved community members that are giving up part of their Saturday to help us conserve the American River Parkway," said Dianna Poggetto, Parkway

Foundation Executive Director. "We would not be able to make the impact we do without their dedication."

Some of the most interesting items found during the clean-up: The Sacramento Bee newspaper dispenser, a unicycle, a toy gun, a plastic barrel, shopping carts and electric scooters.

In addition to Spring Clean-Up, the Parkway Foundation hosts the Great American River Clean Up. This event takes place along all 23 miles of the Parkway and will be on September 17 this year. These large clean-ups are complemented by smaller group clean-ups the Parkway Foundation hosts year-round to form the Parkway Foundation's Clean-Up Program. Last year, more than 138,000 pounds of trash were removed by Parkway Foundation volunteers through this program.

More details about Parkway Foundation programs can be found at www.ARPF.org/Programs. ★

CRPD Director Sloan Elected to CARPD Board

By Shelby Golden, Cordova Recreation & Park District

RANCHO CORDOVA, CA (MPG)

- The Cordova Recreation & Park District's (CRPD) Director Rick Sloan was elected to the California Association of Recreation and Park Districts (CARPD) Board of Directors on May 19, 2022, at the CARPD Annual Conference.

A longtime CRPD resident, Sloan is a graphic artist and celebrated photographer. Sloan was first elected to CRPD's Board of Directors in 2008, was re-elected in 2012 and 2016 and was uncontested in 2020.

"Rick Sloan has been an outstanding advocate for parks and recreation services throughout the Sacramento region," expressed District General Manager Patrick Larkin. "He continues to represent the voice of the community as the District grows."

Sloan is also an active member of CARPD, an organization dedicated to improving the quality of recreation and park districts throughout California. As a CARPD Director, Sloan will serve on the governing body



CRPD Director Rick Sloan at the California Association of Recreation and Park Districts (CARPD) Annual Conference. Photo courtesy of CARPD

responsible for all policy decisions related to support, education, member services and legislative advocacy for recreation and park districts in California. CARPD Board Members play a key role in overseeing the direction of the organization by identifying emerging trends in parks and recreation and working to provide resources to help better the communities of tens of millions of Californians.

To learn more about the District's Board of Directors, visit crpd.com/

board-of-directors/. Cordova Recreation & Park District is one of the largest independent special districts in Northern California serving over 128,000 residents and four school districts in the greater Sacramento area. CRPD provides over 43 parks and recreational facilities, a full-service 18-Hole course at Cordova Golf Course, as well as youth & adult sports, camps, enrichment classes, educational programs and special events for the community. ★

CRPD Receives Award for Community Pool

Continued from page 1

provides steady resistance, making it ideal for people with joint-related issues. Having access to water-play is great for mental health as well. It improves mood in adults and the play feature is great for brain and motor skill development in small children. The Cordova Community Pool expands the aquatic capabilities in the community and is the only public pool in Rancho Cordova that accommodates swim teams and lap swimming.

CRPD looks forward to being able to offer additional programs, including adaptive programs, for community members to

enjoy.

To learn more about the Cordova Community Pool, visit crpd.com/about/crpd-awards-recognition/.

Cordova Recreation & Park District is one of the largest independent special districts in Northern California serving over 128,000 residents and four school districts in the greater Sacramento area. CRPD provides over 43 parks and recreational facilities, a full-service 18-Hole course at Cordova Golf Course, as well as youth & adult sports, camps, enrichment classes, educational programs and special events for the community. ★

STUDENTS MAKING THE GRADE

We recognize local students who have achieved scholastic honors at their institutions of higher learning.

- ❖ ALISON BRADUS (Gold River) has earned placement on the Gonzaga University (Spokane, WA) President's List for fall semester 2021.
- ❖ BRYCE TURNIPSEED (Gold River) was named to the Dean's List at George Fox University (Newberg, OR).
- ❖ WILLIAM GUSTAFSON (Gold River) was named to the 2021 fall semester Dean's List at the University of Minnesota Twin Cities
- ❖ KRISTEN RAMOS (Gold River) was named to the Fall 2021 Dean's List at Baylor University (Waco, TX)

May 2022

LOCALLY OWNED SINCE 1955

Your #1 stop for e-Bikes

9920 FAIR OAKS BLVD
FAIR OAKS, CA 95628
(916) 961-6700

(Corner of Fair Oaks and Sunrise)

378 NORTH SUNRISE AVE.
SUITE 300
ROSEVILLE, CA 95661
(across from the Auto Mall entrance)
(916) 784-2255

bobscyclecenter.com

Keep Your Low-Rate First –

Our Second Mortgages ARE ON SALE

You can keep your low-rate home loan and still tap into your home's equity. And right now, our home equity loans are on sale **with fixed rates as low as 3.99% APR.**

- ★ No application fees, and no cash required at closing
- ★ Predictable, fixed monthly payments to keep your budget on track

And right now, we have put our low rates to work for you during a limited time home equity sale - **with fixed rates as low as 3.99% APR.**

Talk with a First U.S. Home Loan Specialist today to learn more or to get started today. Just call (800) 556-6768, stop by your local branch.

Visit firstus.org

Call (800) 556-6768

Stop by your local branch

11220 Gold Express Dr., Gold River

APRs, rates, terms and offers accurate as of 05/26/2022 and subject to change without notice. Your actual rate may vary based on your credit history and CLTV. Maximum LTV 80%. Maximum loan amount \$200,000. \$499 fee (waived if loan is kept open for at least 3 years). Appraisal fee may be required. Owner-occupied, CA properties only. Add 1 point for piggyback loans. Payment example: 60 payments of \$18.42 per \$1,000 borrowed.

MEMBER OWNED AND OPERATED SINCE 1936

America's Choice in Homecare

LIVING ASSISTANCE SERVICES

Select Your Caregiver®

- Meal Preparation
- Light Housekeeping
- Errands & Shopping
- Bathing Assistance
- Dressing Assistance
- Hygiene Assistance
- Assistance with Mobility
- Friendly Companionship
 - Flexible Hourly Care
- Respite Care for Families
- Medication Reminders

916.971.9333

www.VisitingAngels.com/Sacramento

Each Visiting Angels agency is independently owned and operated. Lic. #344700003

Former Grapevine-Independent Publisher Lois Hawkes Passes Away

By Jeff Hawkes and Mitch Hawkes

RANCHO CORDOVA, CA (MPG) - Lois Hawkes, a former owner of the Grapevine-Independent Newspaper and 60-year resident of Rancho Cordova, passed away May 11 at Kaiser Hospital in Sacramento. She was 89.

Lois Hawkes was the widow of colorful Grapevine-Independent Newspaper publisher and columnist Doug Hawkes, who died in 2009. Lois had a long working relationship with the Grapevine-Independent as well, serving at various times as Circulation Manager, Typesetter and Copy Editor. It was an era when two local newspapers were vying for readership—The Grapevine-Independent and the now-defunct Rancho Cordovan.

Both Lois and Doug Hawkes worked for the newspaper from its earliest days in 1968. The Hawkes family ultimately became owners of the paper for the full decade of the 1980s.

She was born Lois Mae Holto Feb. 16, 1933, in Grand Forks North Dakota, the fifth of six Norwegian-American children born to Hilda and Gunder Holto.

At age 10, Lois boarded a train with her family, moving from North Dakota to live in a city she had only seen in picture books—San Francisco. Father Gunder Holto—a WW1 US Army veteran—had been recruited by legendary “Kaiser Shipbuilding” in San Rafael. Many Midwesterners like Gunder in those years were relocated to work at West Coast armament companies to help America win WW2. Lois attended school in the big City, and on weekends and during summer explored the streets of downtown San Francisco near her Civic Center neighborhood.

A year after WW2 ended, she and her family returned to Grand Forks, where honor student Lois graduated a year early from Central High School, Class of 1950. For a short time, she was a performance “couples” roller skater in her old home town. But memories of beautiful California quickly lured her back to the Golden State, while most of her family stayed firmly planted in the cold North Dakota hinterland.

As a teen now living in the warmth and among the palm trees of Los Angeles, Lois quickly found steady work while staying with her favorite sister Lorraine. It was a



Lois Mae Hawkes (1933-2022)

booming time for the young and dynamic SoCal area of the early 1950s.

Now 20 years of age, Lois met future husband Doug Hawkes at a dance in downtown Pasadena. Doug Hawkes was an undergraduate at well-heeled Occidental University in nearby Eagle Rock—a school attended by young Barack Obama three decades later. By summer, Lois and Doug were married in, and had a “Honeymoon in Vegas.” It was a Las Vegas just learning it might one day be the marriage capital of the nation.

It was a time in the 1950s when gamblers and vacationers dressed formally. It was understandable when celebrity comedian Red Skelton apparently mistook young, glamorous Lois for movie star Debbie Reynolds in a casino. Lois was impressed when her new husband took her to a Vegas show and they listened to a famous crooner of the era, Al Martino, at the Sands Hotel.

Martino two decades later played singer Johnny Fontaine in “The Godfather” movie.

After the couple’s first child was born in 1954, a regional sales job for Doug drew the Hawkes family north to Oakland and San Francisco. A few moves and children later, Lois and Doug settled into their long-time home in a shiny new suburb called Rancho Cordova. The year was 1962 and Rancho Cordova was booming with tract home projects and rapid population growth. The completed Hawkes family featured children Anne, Mitchell, Linden and Jeffrey. All would attend local schools and graduate from Cordova Senior High School.

Lois, never a stay-at-home mom, worked in the 1960s at the fondly-remembered “Pied Piper” variety store in Cordova Village on Folsom Blvd. Her children were swimmers and baseball players, so Lois became a volunteer for the Cordova Swim

Team and Rancho Cordova Little League, and joined a neighborhood Garden Club. When salesman husband Doug switched careers to start writing for the local Grapevine Newspaper, Lois became his assistant circulation manager. The energetic 5-0, 110-lb. Lois delivered heavy bundles of Grapevines to young paper carriers all over Rancho Cordova.

Wanting full time work when her children were teenagers, Lois landed an executive secretary position with a nearby heavy equipment leasing firm, George M. Philpott and Company. She and husband Doug joined the local Elks Lodge, and thus Lois become a member of the Rancho Cordova Emblem Club. While with the Philpott Co. at special events, she rode the “Goodyear Blimp,” attended the 1972 World Series between the Cincinnati Reds and Oakland A’s, and attended many San Francisco Giants games at windy Candlestick Park. She would work in the construction business 15 years.

Husband Doug and eldest son Mitch purchased the now “Grapevine-Independent” newspaper from Lin Corey in 1979. Six years later, Lois joined the staff. She wore many hats at the family-owned business—front office, circulation manager, typesetter and copy editor—a lot of work, but a typical mix of jobs for owners of weekly newspapers in that era.

After a decade, the Hawkes family sold the newspaper to Robert Ling. Lois then found work at Woolworth Garden Center for the next 6 years, while still finding time to assist the Grapevine-Independent Newspaper on circulation nights.

In 1994 Lois was hired by Mervyn’s Department Store on Olson Drive, and worked 14 years at the jewelry counter. The nationwide chain Mervyn’s closed all stores during the “Great Recession” of 2009.

Always keeping busy, Lois started an Internet business in 2009. She sold a wide range of items on eBay for the past 13 years.

Honored by the new City of Rancho Cordova, the widowed Lois accepted the plaque for Doug Hawkes at the Rancho Cordova Sports Hall of Fame induction ceremony in 2016.

Lois Hawkes is survived by three sons, two grandsons and two great-grandchildren. She was preceded in death by husband Doug (2009) and daughter Anne (2019). ★

“It’s HOT outside but rents are Freezing* in here!”

Rent Freeze for Life*
 Limited time offer, must deposit by June 30th
 *Care levels are not included

CELEBRATE LIFE’S JOURNEY
in a Beautiful Family-Owned Community offering Assisted Living and Memory Care
AFFORDABLE SHARED OPTIONS AVAILABLE



SUMMERSSET
 SENIOR LIVING

916.400.3831

2341 Vehicle Dr., Gold River/Rancho Cordova
 www.summersetseniorliving.com

Pet friendly RCFE Lic. #347005361 GRM

Make our communities Shine!



Make our communities bright with our Shine Awards. Nonprofits can apply for a chance to receive funding for projects that support and revitalize local communities in the Sacramento region.

We’re seeking proposals that promote social well-being, healthy environments, education and clean energy solutions in our service area. We’re eliminating all carbon emissions from our power supply by 2030, so all customers we serve will live in a Clean PowerCitySM.

As your community-owned, not-for-profit electric service, we’re always looking for ways to make our communities shine!

Learn more at smud.org/Shine

- Shine Awards range from \$5,000 to \$100,000.
- Applicants must be incorporated nonprofit organizations within SMUD’s service area.
- Awards are competitive and funds are limited.
- Attend an informational webinar.
- Apply online by **Monday, August 1, 2022 by 5 p.m.**



SMUD
 Powering forward. Together.

© SMUD 0599-05/22 © A trademark/service mark of Sacramento Municipal Utility District, Reg. U.S. Pat. & Tm. Off.

11th Annual Rancho Cordova Area Chamber

EXPO JOB FAIR

Over 500 visitors in 2021!

Sponsored by  International MARKET

THURSDAY, JUNE 23rd
10:00 am to 2:00 pm
RANCHO CORDOVA CITY HALL



- Explore job opportunities
- Free lunch samplings
- Check out nearly 100 vendors and local businesses
- Door prizes and give-a-ways

EXPO PRESENTING SPONSORS

EXPO EVENT SPONSORS

EXPO MEDIA SPONSORS

 More Information RanchoCordova.org
916.273.5702

Sac County Introduces Social Host Ordinance

Continued from page 1

discharge of illegal fireworks on private property or the American River Parkway, and any aiding and abetting the discharge of illegal fireworks.

How to identify legal and illegal fireworks:

All legal fireworks are called Safe and Sane; All legal fireworks bear the state fire marshal's seal; Anything that goes up in the air, travels or explodes is

illegal and dangerous.


Residents should report illegal fireworks sales and usage at the following phone numbers/emails:

Unincorporated County: 916-874-5115 or reportfireworks@saccounty.net
Sacramento: 916-808-FIRE Rancho Cordova: 916-362-5115 Citrus Heights: 916-727-5500

Aren't sure who or how to report? Call 3-1-1 to be connected to the right place. ★



MPG
Advertise in your Local Community Newspaper
Call **916-773-1111**



Gold River Messenger

Serving Gold River and Sacramento County

It is the intent of the *Gold River Messenger* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.



The *Gold River Messenger* is not responsible for unsolicited manuscripts or materials. The entire contents of the *Gold River Messenger* are copyrighted. Ownership of all advertising created and/or composed by the *Gold River Messenger* is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Gold River Messenger, 7144 Fair Oaks Blvd., Suite #5, Carmichael, CA 95608. The *Gold River Messenger* is published monthly. Call 916-773-1111 for more information.

Publisher, Paul V. Scholl
Gold River Messenger is a member of Messenger Publishing Group

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: publisher@mpg8.com. Be sure to place in the subject field "Attention to Publisher." If you do not have email access, please call us at (916) 773-1111.

We are proud members of these newspaper associations.


2022 **EVERYONE PLAYS**

JUN 21 DORADOS GAME
WHERE YOUR RIVER CATS BECOME YOUR DORADOS
Specialty Dorados Ticket Packs Available!

JUN 24 90's Night
RIVER CATS FANNY PACK GIVEAWAY TO THE FIRST 2500 FANS

JUN 25 Princess & PIRATE Night
ARRRR YOU A PIRATE OR A PRINCESS?

JUN 26 BARK IN THE PARK NIGHT
JOIN THE PREGAME ON-FIELD DOG PARADE WITH THE PURCHASE OF A WET NOSE WEDNESDAY TICKET PACK.

FOR TICKETS, VISIT RIVERCATS.COM

FAMILY FUN PACK
4 TICKETS HOT DOGS SODAS HATS
A GOOD VALUE STARTING AT \$89
AVAILABLE FOR EVERY SATURDAY GAME

DRAGON'S KIDS CLUB
Join Today!
ONLY \$25!




ARE YOU SURE ABOUT YOUR INVESTMENTS? RETIREMENT SAVINGS?



DAN LEAHY, CFP®
Senior Financial Advisor

PETER ABI NADER, CFP®
Senior Financial Advisor

CALL US TODAY JUST TO BE SURE.
916-635-5858

We are your neighbors, our roots in Gold River go back more than 20 years.

11246 Gold Express Dr Gold River, CA

JAG
JOURNEY ADVISORY GROUP

Investments & Planning For Your Life's Journey
www.JourneyAdvisoryGroup

County's Response to Homelessness

Continued from page 1

annual goal of rehousing 180 people who previously lived on the Parkway.

Mental Health Services Act (MHSA) Housing Program adding 60 units that provide a continuum of interventions including homelessness prevention, flexible housing funds, rapid rehousing, and permanent supportive housing for persons experiencing both homelessness and mental health issues. These units are on top of a recent \$27.3 million in No Place Like Home (NPLH) funding to build/renovate 137 additional dedicated apartments. Another \$9.5 million in NPLH funding is currently under State review to build an additional 37 dedicated apartments.

Additionally, working with our partners in all our cities is crucial to address the issue. Sacramento County and the City of Sacramento in particular must remain focused on addressing issues together, taking into account our responsibility to constituents, stakeholders and our homeless neighbors.

The County and City of Sacramento have collaborated for the past several years to identify and pursue opportunities to partner on projects that will serve the homeless population in the most efficient and effective way possible. While there are many good ideas to address the immediate and long-term needs around homelessness, not every project is feasible.

For example, the City and County were recently exploring a large site to potentially purchase and renovate as shelter with on-site wrap around services for people experiencing homelessness. After careful consideration, the County decided not to pursue the project

for multiple reasons, including the cost of the real estate, the limitations imposed by the property owner that would interfere with provision of critical services and the relatively small number of people who would be served for such a large investment. The County has multiple sheltering projects under consideration for a similar or lesser amount of funding that will serve greater numbers of people over the long term and result in permanent exits from homelessness.

Critical to our success is the ability to partner with the City of Sacramento – and the other six cities in our jurisdiction – but also weighing the benefits and drawbacks of every dollar spent with the end goal of reaching every person experiencing homelessness. The County is ready to support projects and programs that are aligned with evidence-based approaches to addressing homelessness.

Sacramento is facing an unprecedented crisis of homelessness in our community. This crisis cannot be pinpointed to one specific cause, rather a myriad of complicated issues including a housing affordability gap, the impacts of COVID-19 and the overwhelming need for mental health and drug and alcohol rehabilitation services.

The Point-in-Time count results will likely show a significant increase in unhoused residents in Sacramento County. Now more than ever, the County and cities can work side by side to address this crisis. Together we are stronger, more effective and more capable of success.

For more information on the County's response to homelessness, visit our website. ★

Experts Look for Solutions as Fentanyl Overdose Deaths Surge

Commentary by **Alvina Alston**

There's no question that the pandemic caused a troubling upward trend in addiction disorders, with many people turning to substances like opioids to help them cope with the loss of a loved one, feelings of isolation or job stress. But amid the darkness came a sliver of light: the dawn of telehealth and tele-mental health services, which provide convenient ways for folks to seek help.

"We've also seen the rollout of naloxone, the opioid reversal agent that can save lives," said Dr. Paul Christo in a recent interview. "It doesn't have to be prescribed by a physician. It can be, but in certain states, pharmacists can dispense it without a prescription. Drugs like methadone, buprenorphine and suboxone, these drugs help prevent relapse, reduce craving and are really important."

Dr. Christo, Associate Professor in the Division of Pain Medicine at the Johns Hopkins University School of Medicine, wants to remind those battling addiction to make use of these valuable telemedicine and tele-mental health services, and adds that it's important for clinicians to advocate to their patients that online treatment options, including telehealth prescriptions for critical medications are available.

The opioid epidemic today progressed in three phases, according to the Centers for Disease Control and Prevention. The first involves deaths caused by prescription opioids, the second, an increase in heroin use, and the third, a surge in the use

of synthetic opioids or fentanyl. Experts say the U.S. is right in the middle of the third phase of the epidemic, due to the increasing availability of fentanyl and increasing rates of overdose deaths involving synthetic opioids.

According to a recent study there were 632,331 drug overdoses between 1999 and 2016. Most of these deaths (78.2 percent) were drug overdoses with known drug classification. Moreover, 21.8 percent were unclassified drug overdoses. A further investigation revealed that for unclassified drug overdoses, 71.8 percent involved opioids, translating to 99,160 additional opioid-related deaths.

There were over 70,000 drug overdose deaths in 2017, according to an estimate from the CDC. Based on findings from the new study, over half of those deaths, about 47,000 are suspected of having involved opioids.

Another study on opioid overdoses found that the number of drug overdose deaths decreased by 4 percent from 2017 to 2018. In 2018, more than 67,000 people died from drug overdoses, making it a leading cause of injury-related death in the United States. Almost 70 percent involved a prescription or illicit opioid of those deaths.

"COVID-19 impacted the drug supply chain by closing borders on some regions, and it led to the higher death rate," Dr. Christo explained. He added that drugs become more challenging to get, and the potency of overdose goes up. It also impacts the price, everything goes up, and in that sense, it becomes more deadly each day, according to Dr. Christo. ★



Local Classified

Announcement

Become a Published Author. We want to Read Your Book! Dorra Publishing-Trusted by Authors Since 1920 Book manuscript submissions currently being reviewed. Comprehensive Services: Consultation, Production, Promotion and Distribution. Call for Your Free Author's Guide 1-877-538-9554 or visit <http://dorranline.com/Call> (Cal-SCAN)

Autos Wanted

DONATE YOUR CAR TO KIDS Fast Free Pickup - Running or Not - 24 Hour Response - Maximum Tax Donation - Help Find Missing Kids! Call 1-888-491-1453. (Cal-SCAN)

DONATE YOUR CAR OR TRUCK TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. CALL 1-844-491-2884 (Cal-SCAN)

Cable/Internet

DIRECTV - Watch your favorite live sports, news and entertainment anywhere. More top premium channels than DISH. Restrictions apply. Call IVS - 1-888-641-5762. (Cal-SCAN)

AT&T Internet. Starting at \$40/month w/12-mo agmt. Includes 1 TB of data per month. Get More For Your High-Speed Internet Thing. Ask us how to bundle and SAVE! Geo & svc restrictions apply. Call us today 1-855-397-7909. (Cal-SCAN)

Computer Services

Zinsky's PC Configurations
"Don't replace it - REPAIR IT!"
Custom Desktop Computer Configurations
• PC Repair • Home Wireless Networking
• Installations • Virus & Spyware Eradication
Alan Zinsky
Phone: 916-622-2269
Zcomfg@sbglobal.net
Bus. Lic. # 305312 • B.E.A.R. Reg. #84416
www.zinskyspcrepair.com

Flooring

Beautiful waterproof flooring Certified Home Depot installer, more than 30 years experience! I have all material in stock! Material is 100% waterproof, 20 mil wear layer, extreme performance! For free estimates call or text Joseph, jffloors916@gmail.com 916 215-7558, lic#1023377

Financial Services

Over \$10K in Debt? Be debt free in 24 to 48 months. No upfront fees to enroll. A+ BBB rated. Call National Debt Relief 1-888-231-4274. (Cal-SCAN)

Advertise in your local community newspaper
Call 916 773-1111

Fitness/Yoga

Your Fitness Genie
Virtual Sessions
Your Fitness Genie
Age Well At Home
Avoid Assisted Living
*Keep Strength and Mobility
Be Active, Call Today!
Jenn@YourFitnessGenie.com
(916)768-8767

For Rent

Property is under construction and will soon have 1,2,3, & 4 bedroom units for rent!
The Housing Authority of the County of Butte is currently accepting applications for its Farm Labor Housing property in Gridley, CA. We have 2 Bd. units available at this time. Rental assistance is available and provided by USDA Rural Development for those that meet USDA Rural Development guidelines. For more information contact our office at (530) 895-4474 or TDD 1-800-735-2929.
The Housing Authority of the County of Butte is an Equal Opportunity Employer and Housing Provider

Hall Rentals

VFW Post 6158
8990 Kruthof Way, Fair Oaks, CA
916-966-1663
vfw6158.org/rent-our-hall/

Hall Rentals

VFW Post 4647
3300 U Street, Antelope
916-607-8344
Call for available dates

Handyman

A Quality Home Maintenance
Light Hauling
Yardwork
Gutters Cleaned
Scott Lehman
Timeless Maintenance Services
(916) 613-8359

Health & Medical

Aloe Care Health, medical alert system. The most advanced medical alert product on the market. Voice-activated! No wi-fi needed! Special offer! call and mention offer code CARE20 to get \$20 off Mobile Companion. Call today! 1-844-790-1673 (Cal-SCAN)

Study group for ADHS/Autism. Call Tim 916-370-0858 for more info. TFN

Health & Wealth

JOIN FOR FREE - NO KITS OR QUOTAS & FREE WEBSITE. CTFO (Changing The Future Outcome) has the best CBD oil available. Products for health, beauty, weight or hair loss and even for your pets. Check out these products: canderson.myctfo.com

"You are what you absorb." World class vitamin/mineral supplement Empower Plus - Advanced. Learn more at tuckley1.renovaworldwide.com. Tim 916-370-0858

Insurance/Health

Attention: Oxygen Users! Gain freedom with a Portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Call the Oxygen Concentrator Store: 1-844-653-7402 (Cal-SCAN)

SAVE BIG on HOME INSURANCE! Compare 20 A-rated insurance companies. Get a quote within minutes. Average savings of \$444/year! Call 1-844-410-9609! (M-F 8am-8pm Central) (Cal-SCAN)

Miscellaneous

NEW AUTHORS WANTED! Page Publishing will help you self-publish your own book. FREE author submission kit! Limited offer! Why wait? Call now: 1-855-667-0380 (Cal-SCAN)

The difference in winning and losing market share is how businesses use their advertising dollars. Mark Twain said, "Many a small thing has been made large by the right kind of advertising". So why spend your hard-earned dollars on social media where you already have an audience? For more info call Cecelia @ (916) 288-6011 or cecelia@cnpa.com

Miscellaneous

Portable Oxygen Concentrator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 844-327-2824. (Cal-SCAN)

The difference in winning and losing market share is how businesses use their advertising dollars. CNPA's Advertising Services' power to connect to nearly 13 million of the state's readers who are an engaged audience, makes our services an indispensable marketing solution. For more info call Cecelia @ (916) 288-6011 or cecelia@cnpa.com

Messenger Publishing Group
Call to Advertise Here 916 773-1111

Landscaping

CREATE YOUR PARADISE
Winter Yard Cleanups, Complete Landscape Design/Installation, Sprinkler System Installs/Repairs, All Types Concrete Work, Fence Installation, Retaining Walls-All Types, Drainage Systems-all types, Landscape Lighting, Residential/commercial
American Landscape Design & Installation. Est 1987
American Construction & Property Maintenance Company
WE ACCEPT VISA & MASTER CARD
(916)612-0776
Lic#690968

Legal Services

All American Will Kits
Do-It-Yourself Legal Will
Written by an attorney
Valid in all states
Order online at www.allamericanwillkits.com

Music Lessons

Guitar Lessons - Beginner to Advanced. \$15/half hour. \$25/hour. freddiebbalbert@gmail.com. 916-Music Lessons 507-6658 (MPG 12-31-22)

Steve Estabrook's private music studio in Orangevale is now accepting students for
Piano: classical, rock, some jazz
Guitar: rock, folk, blues, classical
Voice: all styles

Steve has a BM and MM in music from CSU Sacramento and over 35 years teaching experience. \$30/half hour. References Available.
916-599-6156
Steve@steveestabrook.com
Steveestabrook.com

Painting

PAINTER INTERIOR & EXTERIOR
\$30 Hourly or Fixed Price
Call: 650-773-5221
Insured & Bonded Guarantee Work
9-1-2022

Senior Living

Looking for assisted living, memory care, or independent living? A Place for Mom simplifies the process of finding senior living at no cost to your family. Call 1-844-741-0130 today. (Cal-SCAN)

MPG Visit: mpg8.com

Classified Advertising
916 773-1111

Pets/Animals

Use Happy Jack® Kennel Dip as an area spray to control lyme disease ticks, fleas, stable flies, & mosquitoes where they breed. At Tractor Supply® (www.fleaabeacon.com). (Cal-SCAN)

DOG RESCUE

Gary (916) 334-2841
Please Adopt or Foster
Because so many really great dogs are dying for a good home...
ShelterMOU@hotmail.com

Professional, Loving PET SITTING

*Established Reputation
*Kennel Free
*Lots of TLC
*Happy & Safe Environment
*Affordable Rate
Call Madeline (916) 723-1608

Real Estate

RETIRED COUPLE \$\$\$\$ for business purpose Real Estate loans. Credit unimportant. V.I.P. Trust Deed Company www.viploan.com Call 1-818-248-0000. Broker-principal DRE 01041073. No consumer loans. (Cal-SCAN)

RETIRED COUPLE

Has \$\$\$\$ to lend on California Real Estate*
V.I.P. TRUST DEED COMPANY
OVER 40 YEARS OF FAST FUNDING
Principal (818) 248-0000 Broker
WWW.VIPLAN.COM *Sufficient equity required - no consumer loans
CA Department of Real Estate License #01041073
Private Party loans generally have higher interest rates, points & fees than conventional loans

Roofing

BERNARDINO ROOFING
Reroofs, Repairs, Maintenance, Dryrot, Gutters, Family Operated. BBB MEMBER!
FREE ESTIMATES
SENIOR DISCOUNTS
Lic.#817945 43 Years Experience
916.920.0100
www.bernardinoroofing.com

Wanted Collectibles

Wanted antique guns, old law badges, police, sheriff, WWII military souvenirs Licensed 916-300-8045

Wanted Collectibles

Stamp Collections, Post-cards and ephemera. Call Dale at 530-417-0627

Wanted Collectibles

Sports and non sports card Collections WANTED!! Excellent cash prices paid! Serving all of California. Purchasing large and small accumulations alike! Collections purchased daily. 1-209-204-1404 SportsCardLiquidator@yahoo.com (Cal-SCAN)

Services

LONG DISTANCE MOVING: Call today for a FREE QUOTE from America's Most Trusted Interstate Movers. Let us take the stress out of moving! Speak to a Relocation Specialist, call 844-857-1737 (Cal-SCAN)

Work Opportunities

MOBILE NOTARY (bonded and insured). Will travel to you. Linda Bailey 916-716-8346. lgbaliley.com

Tree Service

BP TREE SERVICES LLC.
TREE & STUMP REMOVAL
TREE TRIMMING/ SHAPING
FREE ESTIMATE
10% OFF WITH THIS AD
Insured. Workman's comp. Arborist
916-722-6321
BPTreeServices.com
VISA/MASTER CARD
California Contractors Lic #1036031

Wanted to Buy

FREON WANTED: We buy old refrigerators: R11, R12, R113 & more! Quick, local pickup & dropoff available. Call 312-827-6204. RefrigerantFinders.com. ¡Te pagamos por tu refrigerante! (Cal-SCAN)

Wanted Collectibles

Sports and non sports card Collections WANTED!! Excellent cash prices paid! Serving all of California. Purchasing large and small accumulations alike! Collections purchased daily. 1-209-204-1404 SportsCardLiquidator@yahoo.com (Cal-SCAN)

Wanted Collectibles

Wanted antique guns, old law badges, police, sheriff, WWII military souvenirs Licensed 916-300-8045

Wanted Collectibles

Stamp Collections, Post-cards and ephemera. Call Dale at 530-417-0627

Wanted Collectibles

Visit mpg8.com

Work Wanted

Is it time to declutter and clean your garage and house? I can help! And I prune and weed and wash windows. References, College grad. Call Tim, 916-370-0858. (MPG 12-31-22)

Work Opportunities

TECHNICAL - Cisco Systems, Inc. is accepting resumes for multiple positions in Rancho Cordova, CA: Site Reliability Engineer (Ref: RAN190A): Design, write, and build tools to improve the reliability, availability, and scalability of key systems and services. Telecommuting permitted. Please mail resumes with reference number to Cisco Systems, Inc., Attn: G51G, 170 W. Tasman Drive, Mail Stop: SJC 5/1/4, San Jose, CA 95134. No phone calls please. Must be legally authorized to work in the U.S. without sponsorship. EOE. www.cisco.com

Work Opportunities

Many Positions are Available. Please no phone calls. Apply in person.
10971 Olson Dr.
Rancho Cordova, CA 95670

NOTICE TO READERS

California law requires that contractors taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at www.cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

DISCLAIMER

Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates.

LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!

Call to place your legal advertising
916-773-1111

We Support Our Military

CALL A PRO BUSINESS DIRECTORY

SLS Superior Landscape Services
Landscaping and Maintenance

- Sprinkler Repair/Install • Pruning
- Mowing/Trimming • Fertilizing

Insured Lic#794551
(916) 728-5812 • Cell (916) 761-0999
Dave Cochran Owner • dave_SLS@surewest.net

MARTY MOEN
Fencing and Decks

Free Estimates

- Ornamental Iron
- Wood • Chain Link

(916) 796-1005 License # 852410

GREENWAY TREE SERVICE
Specializing in Expert Tree Pruning,
Tree Removal & Stump Grinding

Free Estimates
Competitive Prices
Licensed and Insured

(916) 224-9750

A-1 AFFORDABLE ROOFING SERVICES, INC

- New Roofs • Certifications • Roof Repairs
- Dry Rot Repairs • Roof Inspections • Gutters

John Fleenor, Contractor
1741 L Street, Rio Linda, CA 95673
Cell: (916) 206-1613
Contractor Lic. #1064966

CLEAN & SOBER
LIVING
CSTL, Inc.

Helping People and the Community
with the Alcohol and Drug Problem!
Over 20 Years in Business!

Sober Living - 916.961.2691

Rio Linda Eye Care

Laser Surgery • Eye Glasses • Contact Lenses
• Eyewear for Computer Users

Dr. William Fleischmann
(916) 991-8444

Saturday Appointments Available
6716 RIO LINDA BLVD., SUITE B, RIO LINDA

ESTATE ADMINISTRATION

Trust Administration
• Probate of Wills

Kilpatrick Law Offices, P.C.

(916) 979-7025 • tk@kilpatrick.com

GARRY CONSTRUCTION
Remodeling and Repair Specialists
"The Problem Solvers"

- Remodeling
- Bathrooms
- Kitchens
- Electrical
- Plumbing
- Redwood decks

Satisfy Home Inspections and Pest Reports.

(916) 486-1871
James Garry | Lic#558941 cell: (916) 835-1735

Sharon's Garden Childcare & Preschool

Teach Private In-Home Tutoring Will Pick Up from Local Schools

COVID Safe • Certified Staff • Nurse on Call
7am - 7pm • Breakfast, Lunch, Snacks

sharonsgardenchildcare.com
Dennis (916) 988-2669 • dnmsmhny@yahoo.com

MORE TIME ON YOUR BUSINESS
...and less time managing payroll

FREE PAYROLL PROCESSING FOR ONE MONTH IF YOU CALL NOW!

Pinnacle Employee Services
916-760-7227
www.pinnaclehr.com

Just Send It Postal

justsendit11@yahoo.com
Phone: (916) 723-8855 • Fax: (916) 723-0208
Mon.-Fri. 10 - 5 Sat. & Sun. CLOSED
7250 Auburn Blvd. #C Citrus Heights, CA 95610
www.justsenditpostal.com

NOTARY * PRINTING * SHREDDING

TRACTOR SERVICE

- Mowing • Rototilling
- Discing • Scraper/Loader

Call
(916) 991-8431

M	A	L	T		A	S	P		I	N	T	O					
A	M	I	R		T	I	P	I	S	N	O	O	P				
R	A	N	I		H	O	R	N	I	F	N	O	T				
C	H	E	V	R	O	L	E	T	R	I	E	L					
			E	E	R	I	E		F	U	N						
M	A	R	T	I	N				C	A	P	I	T	O	L		
E	T	A		M	Y	F	O	O	T		T	U	B	A			
T	R	I	M	S		O	H	O		S	I	R	E	D			
R	I	S	E		A	R	M	P	I	T		I	L	L			
O	P	E	R	A	N	D			B	E	A	N	I	E			
			C	R	Y				S	K	I	E	R				
			P	I	E	R			L	A	N	D	R	O	V	E	R
R	O	N	D	O		O	B	O	E		M	I	C	A			
A	S	K	E	W		S	L	U	M		A	C	H	Y			
M	E	S	S			S	E	T			S	E	T	S			

STATEPOINT CROSSWORD • CARS

CROSSWORD

1	2	3	4		5	6	7		8	9	10	11	
12					13				14				
15					16				17				
18					19				20				
					21				22				
23	24	25					26				27	28	29
30					31		32	33			34		
35					36				37		38		
39					40				41			42	
43					44				45		46		
					47				48	49			
50	51						52				53	54	55
56							57				58		
59							60				61		
62							63				64		

CLUES

ACROSS

- Fountain treat
- Pharaoh's cobra
- "...the Woods," movie
- Gulf V.I.P.
- Native American tent
- Rapper Dogg
- Hindu princess
- "Used to alert when driving"
- "...me, then who?"
- "Corvette, e.g.
- Cambodian money
- "Like Stephen King's Christine"
- "Some Nights" (2012) band
- "Aston follower"
- State legislature's home
- 7th letter of Greek alphabet
- "What I used to step on the gas"
- Lowest brass
- Salon offerings
- Exclamation of surprise
- Fathered
- Do like phoenix
- Underarm
- The Jackson 5's "Be There"
- 3 or 6 in 3+6=9
- Knit cap
- Shed tears
- Winter Olympics participant
- Embarkation location
- "Earth traveler (2 words)"
- 2-time NBA Champion Rajon Randon
- Double-reed instrument
- Muscovite or biotite
- Lopsided
- Undesirable dwelling
- Causing pain
- Like certain military tent
- Between "ready" and "go"
- #63 Across, pl.

DOWN

- J. Lo's ex
- Wet nurse
- "Don't cross it when driving"
- Hot dish stand
- Garlicky mayonnaise
- Shopping
- Pub offering
- "Car name that sounds like 'unending' synonym"
- Opposite of all
- Hammer or sickle
- Choose or select
- Like a rosebush
- Maple goo, alt. sp.
- French city, popular coronation location
- Like a certain Tuesday
- First "M" in MGM
- Aweigh
- Turn toddler into an adult
- Chicken house
- Home of famous shroud
- Obelus, pl.
- Soup server
- "Car company founded by a Henry"
- Unit of electrical resistance
- "German luxury car"
- "Driving maneuver"
- Take your pick
- In the same place, in a footnote
- Cupid's ammo
- Smells
- Expensive fur
- Type of whip
- Do like a model
- Squid's defense, pl.
- Death, to some
- Kamala Harris, e.g.
- Not counterfeiter
- Dose of sunshine, pl.
- "Car name that also means Aries"

Classified Advertising

Sell Your Stuff!
Reach 1000's of Readers Every Week!

MPG

916-773-1111

5	2	6	9	8	4	3	7	1
9	8	7	3	1	2	4	6	5
1	4	3	6	7	5	8	2	9
8	5	9	2	3	7	6	1	4
6	3	1	4	5	9	2	8	7
2	7	4	1	6	8	9	5	3
7	9	5	8	2	3	1	4	6
3	6	2	7	4	1	5	9	8
4	1	8	5	9	6	7	3	2

LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!

Call to place your legal advertising **916-773-1111**

All Legal Ads Published by Messenger Publishing **MPG**

dish BRING EVERYTHING YOU LOVE TOGETHER!

Blazing Fast Internet! ADD TO YOUR PACKAGE FOR ONLY \$19.99/mo. (where available)

2-YEAR TV PRICE GUARANTEE \$69.99/mo. (with 190 CHANNELS including Local Channel!)

CALL TODAY - For \$100 Gift Card Promo Code 95958
1-888-416-7103 Offer ends 11/30/22

SUDOKU

GRAND ALASKAN CRUISE & TOUR
12 days, departs May - Sep 2022
VANT promo code N7017
1-855-208-9533

	2			4			1
					2	4	6
	4	3			5		
		9					1
	3	1				2	8
	7					9	
			8			1	4
	6	2	7				
4			5				3

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Drought Requires Changes



The new regulation bans irrigating turf at commercial, industrial, and institutional properties, such as grass in front of or next to large industrial or commercial buildings. Photo courtesy Diana Ivanova | Dreamstime.com

California Water Boards News Release

SACRAMENTO, CA (MPG) - In response to Governor Gavin Newsom's March 28 Executive Order the State Water Resources Control Board adopted an emergency water conservation regulation that will ensure more aggressive conservation by local water agencies across the state.

The new regulation bans irrigating turf at commercial, industrial, and institutional properties, such as grass in front of or next to large industrial or commercial buildings. The ban does not include watering turf that is used for recreation or other community purposes, water used at residences or water to maintain trees. The regulation also requires all urban water suppliers to implement conservation actions under Level 2 of their Water Shortage Contingency Plans.

In March 2022, the state's urban retail water suppliers reported average water use statewide that was nearly 19% greater than in March 2020, lowering the state's cumulative water savings since July 2021 to 3.7%. On May 23, 2022, Governor Newsom convened leaders from the state's largest urban water suppliers imploring them to take more aggressive action to combat drought.

"The severity of this drought requires all Californians to save water in every possible way," said Joaquin Esquivel, chair of the State Water Board. "The regulation compels water systems and local authorities to implement a range of additional critical conservation measures as we enter the hot and dry summer months."

Level 2 water shortage contingency plans are meant to address up to a 20% shortage of water supplies. In addition to implementing Level 2 actions, the regulation requires urban water suppliers to fast-track supply and demand assessments to plan for potential

extended dry conditions.

Level 2 actions often include things such as: Limiting outdoor irrigation to certain days or hours; Increasing patrolling to identify water waste; Enforcing water-use prohibitions; Increasing communication about the importance of water conservation.

Some water suppliers already have imposed strong new restrictions on customers' water use in accordance with their drought management plans. However, about half of the state's 436 water suppliers (both urban water retailers and wholesalers) have not yet activated Level 2, and 36 have not submitted drought plans. The emergency regulation will require suppliers without drought plans to take certain conservation actions, such as conducting outreach to customers about conservation, restricting outdoor irrigation to two days a week and enforcing against wasteful water practices.

The approved regulation will be submitted to the Office of Administrative Law (OAL) for approval, which typically occurs within 10 calendar days. The ban on non-functional turf becomes effective upon OAL approval and the Level 2 requirements for urban water suppliers are proposed to take effect on June 10, 2022.

The regulation will give suppliers new options to reduce water waste if they choose to use them. A violation of the non-functional turf irrigation provision, for example, would be an infraction and subject to a fine of up to \$500.

People who see water waste should report it at savewater.ca.gov.

The State Water Board's mission is to preserve, enhance and restore the quality of California's water resources and drinking water for the protection of the environment, public health and all beneficial uses, and to ensure proper allocation and efficient use for present and future generations. ★

U.S. Bank Helping Unhoused Sacramento Women



Pamela Maxwell of U.S. Bank presents a check for \$30,000 to Lisa Culp from Women's Empowerment to help Sacramento women experiencing homelessness find employment. Photo courtesy of Kristin Thébaud Communications

Kristin Thébaud Communications

SACRAMENTO, CA (MPG) - Women's Empowerment recently received \$30,000 from U.S. Bank to provide Sacramento women experiencing homelessness with job-readiness programs and paid job training so they can secure employment and regain housing for their families.

"We are proud of and grateful for our ongoing relationship with U.S. Bank," said Lisa Culp, executive director, Women's Empowerment. "Thanks to their steadfast support, we can continue empowering Sacramento's unhoused women to find jobs and homes during the pandemic and prolonged housing crisis."

Women's Empowerment provides a two-month employment-readiness and empowerment program, paid job training, childcare and support services so all women and their children can break the cycle of homelessness. Women's Empowerment offers the most comprehensive job-readiness program in the Sacramento area designed specifically for women experiencing homelessness, and their children. On average, 70% of women in the program find housing during the ongoing housing crisis. Last year, 142 job placements were achieved by Women's Empowerment graduates.

"U.S. Bank is committed to powering the potential of our customers, our employees and our communities."

Through our ongoing funding of critical programs like Women's Empowerment, we can help make progress in closing the gaps between people and possibility in the areas of housing and workforce development," said Pamela Maxwell, community affairs manager for Sacramento at U.S. Bank.

Since its founding in 2001, the award-winning organization has graduated 1,740 women and their 3,864 children. Women's Empowerment is funded through private donations from the community and grants. To make a donation, visit Womens-Empowerment.org.

U.S. Bancorp, with nearly 70,000 employees and \$573 billion in assets as of December 31, 2021, is the parent company of U.S. Bank National Association. The Minneapolis-based company serves millions of customers locally, nationally and globally through a diversified mix of businesses: Consumer and Business Banking; Payment Services; Corporate & Commercial Banking; and Wealth Management and Investment Services. The company has been recognized for its approach to digital innovation, social responsibility, and customer service, including being named one of the 2022 World's Most Ethical Companies and Fortune's most admired superregional bank. Learn more at usbank.com/about. ★

We Beat Almost All Online Prices on Premium Brand Pet Foods.

Including Blue Buffalo, Chicken Soup, Earth Born, Diamond Naturals, Pinnacle, Taste of the Wild, & Royal Canin.

PET CLUB
FOOD AND SUPPLIES

EVERYDAY LOW PRICES
Super Discount Prices* Hot Specials & Coupons
*Short term promotions from vendors
(No Alcohol or Prescription Fees)

We Only Accept ATM, Cash, & Checks

2344 Sunrise Blvd. 318 N Sunrise Blvd.
Rancho Cordova, CA Roseville, CA
916-635-5008 916-781-8500

M-F 9-7, SAT 9-7, SUN 10-7 Effective 6/8/22 - 6/14/22



COUPON

FREE
1 LB SPORT
MIX PREMIUM
DOG BISCUITS

with the purchase of pet, fish food or supply.
Limit 1 Lb PLU 332 CHM
Limit 1 Coupon per family
Effective 6/8/22 - 6/14/22

COUPON

\$5.00 OFF

ANY PURCHASE OF \$15.00 OR MORE OF PET OR FISH SUPPLIES (Excluding Pet Food or Litter) Cannot be used in conjunction with similar dollar or percentage off coupons & advertised sale items.
Limit 1 PLU 351 CHM
Limit 1 Coupon Per Family
Effective 6/8/22 - 6/14/22

Look for Advertised Sale Items Everyweek at www.petclubstores.com

TASTE OF THE WILD
GRAIN FREE
DRY DOG FOOD

•Wetlands •Sierra Mountains •Pacific Salmon •High Prairie •Southwest Canyon

28 Lb
Limit 2 Bags
\$39.99

Effective 6/8/22 - 6/14/22

CANIDAE
DRY DOG FOOD
FOR ALL LIFE STAGES

•Multi-Protein •Chicken Meal & Rice •Large Breed 44 Lb

(Multi Protein, Chicken Meal & Rice, Lamb & Rice •Less Active 30 Lb)

As Marked
\$15 OFF
Our Regular Low Prices!

Effective 6/8/22 - 6/14/22

BLUE BUFFALO
WILDERNESS
DRY DOG FOOD

•Selected Varieties
24 Lb Bag

100% Grain Free
Limit 2 Bags
\$4 OFF
Our Regular Low Prices!

Effective 6/8/22 - 6/14/22

FRISKIES
DRY CAT FOOD

16 Lb Bag
•Seafood •Surfing & Turfing

Limit 2 Bags per Family
\$12.99

Effective 6/8/22 - 6/14/22

9 LIVES
CANNED CAT FOOD

All Varieties
5.5 Oz

Limit 2 Cases Per Family
47¢

Effective 6/8/22 - 6/14/22

FUSSIE CAT
PREMIUM
CANNED CAT FOOD

Black Label
Gold Label 2.8 Oz.

Limit 2 Cases Per Family
ON SALE

Effective 6/8/22 - 6/14/22

JONNY CAT
PREMIUM CAT LITTER

20 Lb Bag
•Regular •Multiple Cat Formula

Limit 2 Bags Per Family
\$5.39

Effective 6/8/22 - 6/14/22

FELINE PINE
HEALTHY CAT LITTER

20 Lb Bag

Limit 2 Bags
\$8.99

Effective 6/8/22 - 6/14/22

BLUE BUFFALO **ON SALE**
CANNED CAT FOOD
Tasteful •Pate •Flaked 3 oz & 5.5 oz.

SCIENCE DIET
SMALL BITES DRY DOG FOOD

•Adult •Light •Mature 15 Lb Bag (Lamb & Rice Small Bite Sensitive Stomach 15.5 Lb \$31.99) Limit 2 Bags
\$26.99

HEINZ
PUP-PERONI DOG TREATS

•Beef •Lean •Bacon •Prime Rib
22.5 & 25 Oz Pkgs Limit 2 Bags
\$9.49

WELLNESS
DRY DOG FOOD

•Large Breed Adult •Chicken •Healthy Weight •Senior •Grain Free Adult •Grain Free Lamb •Grain Free White Fish
\$5 OFF
OUR REGULAR LOW PRICE

Market Fresh Recipe
FUSSIE CAT
PREMIUM DRY CAT FOOD

•Selected Varieties
2 Lb, 4 Lb, 10 Lb bag
As Marked **10% OFF**
OUR REGULAR LOW PRICES

Limit 2 Bags
CHICKEN SOUP FOR THE SOUL
DRY DOG FOOD As Marked
•Adult (including Beef) •Large Breed (including Beef) •Mature •Weight Care •Puppy (Reg & Lrg Breed) 28 Lb Bag
10% OFF
OUR REGULAR LOW PRICES

20 Lb Box
Limit 2 Boxes
PRECIOUS CAT
CAT LITTER
Cat Attract
\$12.99 Touch of Outdoors **\$8.49**

13 Oz (Reg & Grain Free) All Varieties (Cat Food 5.5 Oz) Limit 2 Cases
As Marked **10% OFF**
OUR REGULAR LOW PRICES

MERRICK'S
GOURMET CANNED DOG FOOD

•Selected Varieties
13.2 Oz Limit 1 Case
ON SALE

Limit 2 Bags
SWHEAT SCOOP NATURAL WHEAT LITTER
(12 Lb Bag - Original \$11.99 Multi Cat \$12.99)
36 Lb Bag Original **\$31.99** Multi-Cat **\$33.99**

60 Liter (Ultra Not Included)
CAREFRESH
PET BEDDING
\$16.49

MERRICK'S
WHOLE EARTH FARMS DRY DOG FOOD

•Grain Free Chicken/Turkey •Grain Free Pork, Beef & Lamb
25 Lb Bag Limit 2 Bags per Family
\$8 OFF
OUR REGULAR LOW PRICES

ADVANTAGE FLEA CONTROL & TREATMENT

Dog Small (Green) Dog Extra Large (Blue)
Dog Medium (Teal) Cat Small (Orange)
Dog Large (Red) Cat Large (Purple)
Limit 2 Per Family. Cannot be combined with any other offer.
\$4 OFF
OUR REGULAR LOW PRICES

DR. MARTY All Varieties **20% OFF**
NATURAL FREEZE-DRIED RAW COMPLETE MEAL & TREATS
OUR REGULAR LOW PRICES

FLEXI All Sizes **20% OFF**
RETRACTABLE LEASHES
•Classic •Comfort •Neon
OUR SUPER LOW PRICES

SENTRY PETROMALT & PETRODEX All Varieties **20% OFF**
PRODUCTS
•Tooth Care •Hairball Relief
OUR SUPER LOW PRICES

VAN NESS All Varieties **20% OFF**
BOWLS
•Cracks •Ecoware •Stainless
OUR SUPER LOW PRICES

HAGEN FLUVAL FILTER SALE

MODEL...TANK...PET CLUB SALE MODEL...TANK...PET CLUB SALE

107...25 GAL...**\$104.99** 307...70 GAL...**\$159.99**
207...40 GAL...**\$119.99** 407...100 GAL...**\$189.99**

AQUEON BOXED 10 GALLON TANK
With Economy Kit
Just add Heater For Tropical Fish
\$48.99 Limit 1 Per Family

TETRA FISH FOOD SALE

Tetrafin Goldfish 7.06 oz.**\$9.99**
TetraMin Staple 7.06 oz.**\$13.99**
Tetra Color 7.06 oz.**\$13.99**

KORDON CORAL SEA
50 GAL SALT MIX WITH AMQUEL
\$14.99

BONUS COUPON

FRISKIES BUFFET
CANNED CAT FOOD

5.5 Oz All Varieties
Limit 1 Case With Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
ON SALE
Everyday
Effective 6/8/22 - 6/14/22

BONUS COUPON

WHISKAS
TEMPTATIONS CAT TREATS

•Selected Varieties - 3 Oz
Limit 2 Pkgs with Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
\$1.49
Effective 6/8/22 - 6/14/22

BONUS COUPON

JONNY CAT
CAT LINERS

Jumbo Drawstring - 5 Ct
Limit 1 Box with Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
\$2.39
Effective 6/8/22 - 6/14/22