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Postal Customer

Airshow Ready for Takeoff



Airshow action takes to the skies on Saturday and Sunday. In addition to the U.S. Navy Blue Angels, the show features an extensive roster of spine-tingling acts. Photos courtesy CCA

By Liz Fox Johnson, California Capital Airshow

SACRAMENTO REGION, CA (MPG) - The California Capital Airshow (CCA), presented by Sacramento County in partnership with the City of Rancho Cordova, brings thrills, chills and best beer and of all ages can enjoy.

fans a chance to meet their favorite

airshow performers and enjoy some of regions

Headlined by the world-famous U.S. access to a variety of display air-Navy Blue Angels, this year's show is craft, yard games, food trucks and packed with hours of entertainment in more. Blues & Brews takes place the air and on the ground that people on Friday, October 4 from 6 p.m. to 9 p.m. at Mather Airport's Mather CCA kicks off the weekend on Jet Center Hangar 1. Admission to Friday evening with Blues & Brews, is free and open to the public. Food a performer meet and greet that offers is available for purchase from Sacto

jaw-dropping excitement to the skies spirits at the airshow's first-ever brew MoFo food trucks. Wristbands for over Sacramento October 5 and 6. fest. The event features live music, beer and spirits can be purchased for \$40 per person.

Airshow action takes to the skies on Saturday and Sunday. In addition to the U.S. Navy Blue Angels, the show features an extensive roster of spine-tingling acts. Highlights include performances from Team Continued on page 3

Volunteer Drivers Needed for Meals on Wheels

Photo and story by Margaret Snider

RANCHO CORDOVA, CA (MPG)

- Starting out from Neal Orchard Senior Activities Center, volunteer Meals on Wheels driver Patrick Quinn picked up his hot pack and his cold pack for the nine senior participants to whom he would deliver that day. While the senior center serves hot meals on weekdays every week, patrons using Meals on Wheels are generally homebound. "I've worked a lot of volunteer places," Quinn said. "It's worth doing."

Most of Quinn's stops are fairly uneventful, but each is important. He gets out the individual hot meal and takes it along with a few grocery items to the door of the home. There he hands over the meal or takes it to the table for the participant. "For many of the seniors who rely on Meals on Wheels," said marketing and outreach coordinator Angela Roberts, "receiving their lunch from a volunteer is their only social contact for the whole day."

Continued on page 7



Thelma Wiltscire, just turned 100, poses with Meals on Wheels driver Patrick Quinn.

SAC SPCA Will Close **Adoptable Goods Thrift Store**

By Dawn Foster, Sacramento SPCA

SACRAMENTO, CA (MPG)

- The Sacramento SPCA announced plans to commence a wind-down of its Adoptable Goods SPCA Thrift Store operations, including the closure of the store at 1517 E Street by year's end.

Sacramento SPCA CEO, Kenn Altine, said, "Since 1977, the Adoptable Goods SPCA Thrift Store has played an integral role in furthering the Sacramento SPCA's mission to help animals and people in our community, contributing more than \$3.2 million towards shelter programs, building improvements and most importantly, the building and remodeling of the Sacramento SPCA's Spay/ Neuter Clinic, which performs more than 18,000 life-changing surgeries every year. Unfortunately, the sharp decline in the overall retail environment coupled with rising operating costs and an aging building has made it increasingly challenging to operate a profitable store."

Adoptable Goods will remain open for the rest of the year; however, they will no longer be accepting donations of goods, stating they have more than enough items given by the community to keep the store stocked through the coming months.

The Sacramento SPCA will also continue to accept book donations and items needed at the shelter. A complete list of ongoing shelter needs and other ways to give can be accessed at sspca.org/ giving. The Sacramento SPCA asks that all items be brought to the shelter facility at 6201 Florin Perkins Rd., not to the thrift store.

"I am so grateful to the volunteers of the Sacramento SPCA Women's Guild, who many years ago recognized an opportunity to collect and sell gently-used goods donated by the community to help animals in need", said Altine. "We recognize that Adoptable Goods has provided a meaningful channel for members of our community to support the Sacramento SPCA and we are incredibly thankful for their contributions and commitment. We will continue to explore other opportunities for our caring supporters to donate their treasured goods to benefit the animals."

In addition to the Sacramento SPCA's annual book sale - also started by the Women's Guild the organization plans to

Continued on page 3

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Soldiers Need Care Too

Volunteers Assemble Care Packages on 9/11

Story by Shaunna Boyd

RANCHO CORDOVA, CA (MPG) -On Wednesday, September 11, Move America Forward (with support from the Rancho Cordova Chamber of Commerce) held its second annual Packathon to commemorate the 18th anniversary of the terror attack on September 11, 2001. The event was held at Move America Forward's Rancho Cordova headquarters, where volunteers worked together with veterans, activeduty military members, and Gold Star parents to assemble care packages for soldiers serving on the front lines in

The organization shipped 911 care packages — which include letters of support along with food and personal care items — and volunteers packed approximately 500 additional boxes. Danny Gonzalez, director of communications for Move America Forward, said, "I ask that everyone do something nice for a soldier, even if it's just thanking them for their service. ... Let's make 9/11 a day when Americans come together and really unify as one people and make it a day of service."

Afghanistan and Iraq.

The Packathon's Master of Ceremonies was former Sacramento Sheriff John McGinness, a decorated veteran with more than 30 years of experience in law enforcement. McGinness said that many servicemembers "answered the 9/11. Sergeant Raver described call" to join the military because the event as "one of the tragic of the events of 9/11: "It's extraordinary and it speaks to the character, the courage, the valor, the selflessness that really truly is abundant in our society and in our great nation."

Above: The care packages include food, personal care items, and messages of gratitude for active-

duty soldiers deployed on the front lines. Right: Volunteers assembled care packages for the troops at Move America Forward's second annual Packathon.

of the Northern California serve." Sergeant Recruiting Battalion, who enlisted in the army at the age of 21 because of the attack on stories for all of us, but something to remember." He said that just a month earlier he had taken a trip to the east coast with his brothers and they had "stood on top of those towers. So, a month McGinness introduced later when that happened, it Sergeant First Class Jeff Raver really hit home. That's why I was Colonel Stephanie Air Expeditionary Group at

Raver enlisted the very next day, September 12, 2001, and chose to ship out

just 72 hours later. After getting through basic training, Sergeant Raver was deployed on his first tour in Afghanistan. "I was able and willing, and I decided to make that commitment."

The event's featured speaker

2001, Colonel Williams was an active-duty international guard pilot starting "a normal day, I thought." After watching news footage of the airplanes crashing into the towers, she experienced "disbelief, shock. ... Ultimately seeing the towers collapse ... was very, very surreal. Even having served in active duty in the military for 10 years, it was surreal to see something like that." At the time of the 9/11 attack, Colonel Williams said many

Al Udeid Air Base, Qatar. On the morning of September 11,

members of the military had "served through mostly a peaceful period, but 9/11 was the start of something new to us. Think about the soldiers, sailors, marines, and airmen today. ... The vast majority joined after September 11, 2001." Colonel

Williams said that our nation responded to the terror attack with "strength, honor, resilience, dedication, (and) focus."

To the Gold Star Families, Colonel Williams expressed gratitude: "[I'm] grateful to those who gave all to defend our freedom. ... Thank you for your family's sacrifice and service to our nation. ... Thank you for raising a hero."

Colonel Williams also thanked Move America Forward for hosting the event: "Having been deployed myself, it meant a lot to know that fellow Americans at home were thinking about me and were behind me and my teammates in what we were doing to defend freedom worldwide. ... Thank you for your tireless support of our military members."

If you are interested in sponsoring a care package or volunteering your time, visit www.MoveAmericaForward.

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Williams, Commander of the

940th Air Refueling Wing at

Beale Air Force Base. Colonel

Williams is a veteran of

Operation Enduring Freedom

and Iraqi Freedom, and she

also commanded the 385th

GOLD RIVER MESSENGER • 3 OCTOBER 2019



CCA kicks off the weekend on Friday evening with Blues & Brews, a performer meet and greet that offers fans a chance to meet their favorite airshow performers. Photos courtesy CCA

Continued from page 1

Oracle, the Patriot Parachute Team, the F-16 Viper Demonstration Team, the California Air National Guard F-15 Screaming Eagle, Vicky Benzing Barnstorming and the Aftershock Jet Fire Truck. Spectators can look forward to miles of static display aircraft in all shapes and sizes as well as interactive STEM experiences for kids and families.

"Friday night's Blues and Brews will set the tone for an amazing weekend of flying" said Darcy Brewer, executive director, CCA. "Saturday and Sunday's shows are packed from start to finish and

there is just so much to see along the ramp. Bring the whole family because there is something exciting for all ages."

Family-friendly ticket pricing provides admission for up to six children ages 15 and under with the purchase of just one Adult General Admission ticket. Kids under age 5 receive free general admission. Discounted tickets are available through the Airshow Insider program at CaliforniaCapitalAirshow.com. For more information on the Airshow go to CaliforniaCapitalAirshow.com.

SPCA Announces Closure of Adoptable Goods Thrift Store

Continued from page 1 hold other annual events such as online auctions like the recent one hosted by Witherell's, where 62 donated collectibles raised more than \$10,000 for the animals.

For more information about the closing of

Adoptable Goods, including changes in days and hours of operations and seasonal sales events for Halloween and Christmas, visit sspca.org/thriftstore.

Founded in 1892, the Sacramento SPCA has been providing homeless animals with individual comfort, shelter, and love for more than 127 years. They provide compassionate medical care to tens of thousands of animals annually and offer a variety of programs and services designed to keep people and pets together for life.



Airshow Ready for Takeoff SacRT Launches Newly Redesigned Bus Network

By Jessica Gonzalez, SacRT

SACRAMENTO REGION, CA -

The Sacramento Regional Transit District (SacRT) is getting ready to roll out a newly redesigned bus network that offers sevenday-a-week service, more late night and weekend service and more frequent service. The new bus network launched on Sunday, September 8, 2019.

Customer Assistance Teams will be out across the region helping riders navigate the new bus network and offer trip planning assistance.

"We started from a blank slate and took a closer look at where people live, work and play in the Sacramento region to develop a new bus network that will improve mobility and move the region forward," said SacRT General Manager/ CEO Henry Li.

"SacRT is moving forward with significant improvements that will help reduce congestion and lead to economic growth," said Sacramento County Supervisor and SacRT Board Chair Patrick Kennedy. "The new bus network is just one of several historic improvements that SacRT has made over the last several years to make it easier for people to travel around the region."

SacRT began the process of redesigning the bus network nearly three years ago, with the support of our planning partners, the Sacramento Area Council Center is expanding hours



The new bus network consists of: 27 regular fixed routes; 15 peak hour only routes; All routes have 7-day a week service; More 15 minute service routes and all routes have at least 45 minute or better service. Photo courtesy SacR⁷

of Governments (SACOG). to help answer rider ques-SACOG assisted SacRT with the selection of a consulting team, study funding, and other key elements of the process. "An efficient transit network that helps connect more of the region's residents to work, education, and opportunity is key to sustainable, prosperous growth,' said SACOG Executive Director James Corless. "We are thrilled that SacRT is increasing frequency and service to where people are and where they want to

Adjustments have been made to almost every bus route, some minor and some much more substantial. SacRT invested an additional \$3 million to improve service on the new network.

The new bus network consists of: 27 regular fixed routes; 15 peak hour only routes; All routes have 7-day a week service; More 15 minute service routes and all routes have at least 45 minute or better service. SacRT's Customer Call

tions about the new bus network. Starting Sunday, September 8, the new hours will be Monday through Friday from 6:30 a.m. to 7:30 p.m. and 7:00 a.m. to 4:00 p.m. on weekends. The expanded hours will be in effect for 90 days and extended if needed.

As part of the new bus network, new system maps and new bus stop signs have been put up across the region. This is the first time in 30 years that SacRT has redesigned the bus stop sign. The new sign is double sided, so riders can see the information from both directions and features the destination name so riders know which direction the bus is headed. SacRT is also giving riders the opportunity to take home a vintage bus stop sign by emailing customeradvocacy@sacrt.com to request a sign.

For more information on the new bus network, including a SacRT Forward trip planner to plan your next bus trip, visit sacrt. com/forward.



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Circus Vargas: The Big One Is Back!

Preserving an American Tradition Like No Other

Circus Vargas Press Release

SACRAMENTO REGION, CA (MPG) - The Big One is Back with "The Greatest of Ease" bringing acrobats, daredevils and flying trapeze! Join us in celebrating, Circus Vargas' 50th Anniversary extravaganza, an homage to the golden era of circus in America!

All aboard our spectacular circus steam engine as we ride the railways back in time, to relive the nostalgia of yesteryear! Marvel at the sights and sounds emanating from the big top, just as audiences did decades

The hypnotic call of the calliope, the sawdust, the sequins, the spangles!

Hurry, Hurry, Hurry! Witness the unusual, the astonishing, the unimaginable! Wonder at the daring and the beauty! Experience the phenomenal, the extraordinary!

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Circus Vargas presents "The Greatest of Ease," circus as it should be seen... under the Big Top!

Always fun for the entire family, Circus Vargas' incredible new 2019 production highlights an and Twitter for updates, amazing cast of world-

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A small self-contained city on wheels, Circus Vargas is a family operation laid out across whatever parking lot or grass field the Big Top calls home that week. It is owned and operated by a talented young couple who together with their immediate and extended family have managed to produce some of the most incredible productions in live family entertainment in generations all under the Big Top!

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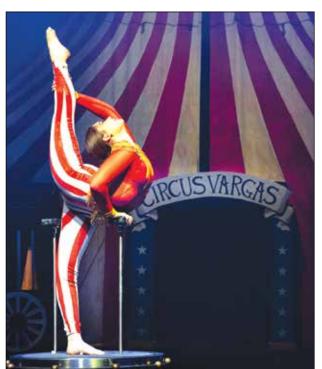
Circus Vargas will be

745 Oak Ave Pkwy, Folsom, CA 95630 on October 10-14.

For Circus Vargas more information and to purchase tickets, visit www. circusvargas.com, call 877-GOTFUN-1 (877-468-3861) or visit the box office at each location. Follow Circus Vargas on Facebook discounts and behind the



The show must go on! Circus Vargas is a community, a friendship and a family. Courtesy Circus Vargas/Wednesday Aja



Circus Vargas presents the human figure in its most graceful and subtle moments. Courtesy Circus Vargas/Wednesday Aja



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Circus Vargas' 50th Anniversary extravaganza of acrobats, daredevils and flying trapeze is an homage to the golden era of circus in America. Courtesy Circus Vargas

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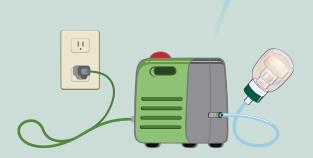
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GOLD RIVER MESSENGER • 7 OCTOBER 2019

for Meals on Wheels

Continued from page 1

Meals on Wheels participants in Carmichael are served out of the Rosemont facility, with the same standard of excellence. Participation is not income based, but primarily based on a person's home and health needs.

Roberts joined Quinn at the home of Meals on Wheels participant Thelma Wiltscire, who reached 100 years of age on September 13. Wiltscire looks forward to receiving her main meal every week day. She knows each of the drivers who come to deliver. "We have flowers and a card signed by all of us at Meals on Wheels for her," Roberts said. After accepting the birthday greetings, Wiltscire sat down with her dachshund, Dixie, on her lap.

Oldest of three siblings, Wiltscire passes the time by reading and doing puzzles. She attributes reaching 100 to taking care of herself, and to genetics. "Both our parents were almost 100 years old when they passed away," Wiltscire said. "And I have Dixie, my baby. She's a good little one." Meals on Wheels also may provide food, called Ani-Meals, for participants' pets. This ensures that participants will not need to feed pets from their own meals.

Another of Quinn's deliveries was June Merowitz, 92. She said she has been receiving the hot meals for considerably more than a year. "That way I don't have to cook it myself, they bring it to me," Merowitz said. "I sit down and eat it and that's my main meal for the day. The food is delightful, the people who serve it are delightful, so I have nothing but compliments for it."

For seniors who are able to travel to senior centers, the All Seasons Café is open for lunch at 11:30 a.m., Monday through Friday, at the Neil Orchard Senior Center, 3480 Routier Rd. in Sacramento – phone (916) 366-3133. The Mission Oaks Community Center, 4701 Gibbons Dr., Carmichael, also has a café with weekday meals at 11:40 a.m.; phone (916) 359-1192. Everyone over 60 can receive a hot lunch at no fee, but must call in advance to ensure there will be enough meals.

"We always need volunteer drivers, especially since many volunteer drivers only drive once a week." Roberts said. "They are the direct contact between isolated seniors and the program. In addition to delivering nutritious meals, they can meet and socialize with seniors, brightening their day and helping them feel connected to their communities." Volunteer drivers drive their own vehicles and receive mileage reimbursement. For more information on volunteering. please contact Volunteer Services Specialist Victoria Cristobal at (916) 444-9533 or email volunteer@mowsac.org

For general questions about Meals on Wheels by ACC, or to learn more about applying for the Home-Delivered Meal Program, please call the Meals on Wheels by ACC office at (916) 444-9533, 7:30 a.m.-4 p.m., Monday-Friday.

Volunteer Drivers Needed Fifth Annual Wildlife Care Association Fall Photo Contest Takes Flight



2018 Winner Dave Labhard's 'Sapsucker in Flight.' Last year East Sacramento is home, and the American River favorite photo location for Dave Labhard, who snapped a moment in time as a Sapsucker took flight from his perch mid river.

By Rick Reed, Rick Reed Public Relations, Inc.

SACRAMENTO REGION, CA (MPG) - One picture on your mobile or your camera. Care winner! Get outside and give us your best shot of a bird or birds in your backyard, local park or Sacramento area wild loca-

tion. Easy! Submit your picture on the Wildlife Care Association Facebook page as a message with photo attachment. Contest is open October 1 to December 31, 2019. Entries can be made in two categories-Under 12 years old you can enter FREE! Those over 12 are asked to include a wildlife a second chance

minimum \$5.00 donation to WCA on the Facebook donate link for each entry. (Under 18 yrs old? Ask

your parents to help!) Submissions should That's all it takes to take include your email, the off as the 2019 Wildlife location photo was taken, and your best guess what type of bird this might be. Enter @wildlifecareassoci-

ation on Facebook. Each photo may be entered once, but individuals may submit more than one. Enter often and donate to help the WCA heroes of nature save thousands of injured, orphaned and displaced wildlife every year. The non-profit wildlife rehabilitation volunteers depend on the community for their support giving

to live.

The WCA Photo Contest winner will be awarded a special prize including a guided tour of the Dome at McClellan Park, their photo featured in WCA Facebook/Instagram as a hero of nature!

Give us the bird! Snap some shots, submit them and let's see if they fly!

For more information call 916-965-WILD

One picture will be chosen from submissions to determine a winner. WCA staff reserves the right to select a winner from content and other factors including artistic merit. All photos submitted become the property of WCA for its use in outreach, education and fundraising.

Rep. Ami Bera Statement on Trump Impeachment

By Travis Horne

impeachment.

WASHINGTON, DC (MPG) - Rep. Ami Bera, M.D. (CA-07) released the fol-

Mueller Report and witnessing the President's actions, it has been clear to me that President Trump has committed President Trump. I have Ami Bera

impeachable offenses and supported the committees' went to great lengths to commit obstruction of justice on several occasions.

Multiple committees lowing statement on with jurisdiction have been conducting important "After reading the and necessary oversight, including investigating and holding hearings into obstruction, corruption,

actions and will continue to do so, including an impeachment inquiry.

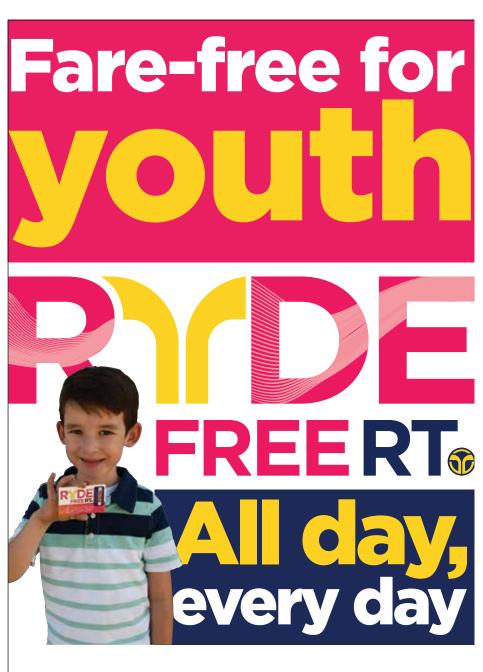
Congress has the constitutional authority to hold the president accountable for his actions. I am confident we will do so."

Source: Office and abuse of power by of Representative

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To learn more, visit **RYDEFreeRT.com** or call 916.321.BUSS (2877)





This event is for adults 21 and over only. This event is Rain or Shine

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'Fool's Gold' A Tale of Two State Fairs

(First of two parts)



Rachael McNerney of Des Moines makes a \$5 "Salad on a Stick" at the Iowa State Fair. Photo by

By David Dickstein, Gold River Resident

GOLD RIVER, CA (MPG) -California and Iowa don't have a lot in common, but when it comes to agriculture, no state's farms produce more food than ours and theirs. So nice there's an annual festival where we can celebrate with pride. It's called the state fair. Sadly, this is where the high-fiving ends, at least for us. When it comes to showcasing California's tremendous contribution to the ag industry, which is almost double that of No. 2 Iowa, the Golden State must bow to the Hawkeye State, if not bend over completely.

A comparison of recent front-page headlines begins this tale of two state fairs.

On one side we have the Des Moines Register, Iowa's largest daily and a proud sponsor of the Iowa State Fair. Its opening weekend coverage carried this banner headline: "In their State Fair debut, turnout for Des Moines' Slipknot sets new records." So positive!

On the other side is the

that reads like a backhanded compliment. Consecutive years of shootings, stabbings and other acts of violence have taken a toll on not only how the fair is covered, but attended. Whoever doesn't think there's a correlation between crime and crowds probably believes that every basketball hoop used for carnival games is of regulation

This year's attendance of 601,761 was 5 percent higher than last summer's total at Cal Expo, but that's still way down for the millennium. Two of that total is me since we're not talking unique visitors. Despite the fair's checkered history, including the preventable killing of a runaway pregnant cow in 2010, I go pretty much every year. I'm just more cautious. Since the summer of 2005 when a teenager used a semi-automatic pistol to win an argument outside the fair gates, my routine has been to get there before the undesirables. By that I mean the potentially wild and dangerous crowds and the blazing sun that bakes 350 acres of year). Sure, foods on and off a stick make debuts, and it's always interesting to see how Cal Expo spins cost-saving moves as "something new and innovative to the state fair experience," like the weekend drone light show that replaced aerial fireworks this year. It was an epic fail due to technical issues, and I'd be lying if this pyrotechnics advocate didn't take pleasure hearing that the fair rushed to replace the second weekend's drone shows with - you guessed it a fireworks display.

Cutting the suits some slack, one can't blame Cal Expo's leaders from straying from the same old same old, especially when auditors are telling them that even hiring freezes and further budget cuts may not save the California State Fair from dying like a runaway pregnant cow.

Our fairgrounds are dated and in disrepair, but that doesn't mean the biggest annual event held there isn't fun. My kinder, gentler side admits that experiencing the familiar every summer is actually comfort-

Actually, make that Iowa in August. This summer I visited the state fair that's on most people's bucket list and the inspiration for an earlier Rodgers and Hammerstein musical. The lifelong wish trip didn't disappoint. From the must-see life-size butter cow to the must-eat pork chop on a stick (just \$7!), the Iowa State Fair was worth flying half across the country for. How awesome to visit a state fair that is properly funded and to pass through the entry gates without a bag

check or metal detection. Not everything done in corn-fed Des Moines can be replicated in city-slicking Sacramento, of course. One reason is "Iowa Nice" is a thing there. Whoever heard of "California Nice?" Next month I'll share detailed observations from both fairgrounds. Maybe they'll inspire you to take a trip to Des Moines next summer. I'll be sending the column to the Cal Expo board of governors and our lovely Gavin Newsom. Maybe it will inspire them to take real action that makes the California State Fair great again. Based on the depressing audit findings and just roaming the tired Cal Expo grounds, it's clear we can no longer afford more bad ideas and cheap patchwork. Enough with putting lipstick on a pig that has no chance

David Dickstein is a Gold River resident. He can be reached at daviddickstein1@ gmail.com. ★

of winning a blue ribbon.



Kay Burton

Miko of Gold River

Meet

Miko a 10 year old Maltese and Poodle mix.

Miko is a 10 year old Maltese @ poodle mix. He is very affection and loves to be in a lap. He gets along fine with other dogs but not when he is in your arms or in you lap – he is quite jealous of sharing his human's love.

Miko was surrendered to the Sacramento SPCA by someone who could no longer keep him.

His teeth were in rotten condition, so the SPCA did immediate emergency dental and blood work, removed the offensive teeth and he is now recovering in a foster home before he is ready to find his new home. The Sacramento SPCA refers to this as the "Senior Special" as many of their older pets require dental cleanings and extractions and extensive blood tests before being put up for adoption. This is done at no cost to the adopter in order to remove one of to remove one of the biggest barriers to senior animals finding a home - concerns about their health. The SacramentoSPCA is the only local animal welfare agency that makes this commitment to the senior cats and dogs in their care. Miko has some hearing and vision issues, but loves to sit in a lap or go for easy walks. He is a great companion and and soon will be looking for a home with calm, mature companions – both canine and human.

Kay Burton is a columnist and supporter of the SSPCA and other rescue groups. To share your Pet story with our readers Email: Kayburton1@comcast.net. ★



Gold River's Michael Marks, "Your Produce Man," is a California State Fair institution. Photo by

Sacramento Bee, California's seventh-largest newspaper and a sponsor of the state fair held in its backyard. Here's how coverage of this year's event kicked off: "For first time in a decade, California State Fair reports no arrests on opening weekend." Gee, makes you want to drop what you're doing and head to Cal Expo, right?

Sadly, the Bee was justified going with a headline prize-winning crafts and livestock, too-good-to-be-true gadgets, scary rides and even scarier carnies, entertainers of varying talent, and food stands selling cardiovascular disease, hypertension and diabetes. Worth it? Ask me on my death bed.

I regularly go despite the fact that other than the name, very little changes at the California State Fair ("and Food Festival," starting this

ing. When I go to the Save Mart California's Kitchen in Building B, seeing affable Gold River resident Michael Marks wax on wax beans while wearing a fruity or veggie shirt that only "Your Produce Man" can pull off, well, that's my type of home cookin'. What can I say? Like Nellie in Rodgers and Hammerstein's "South Pacific," I'm as corny as Kansas in August.





GOLD RIVER MESSENGER • 9 OCTOBER 2019

Honoring Grandparents with Butterfly Release

Story by Shaunna Boyd

SACRAMENTO REGION. CA (MPG) - Sunday, September 8 is national Grandparents Day, and two local nonprofits are observing the day with a Grandparents Day Butterfly Release. Sacramento Children's Museum (SCM) and Snowline Hospice are hosting the Butterfly Release ceremony at 11:30 am at the museum, which is located at 2701 Prospect Park in Rancho Cordova.

SCM's mission is to inspire a love of life-long learning by providing a space for children to play, create, and explore. Snowline's mission is to help patients through end-of-life care and support their families through the grieving process. The Grandparents Day Butterfly Release is a way to support two great causes at the same time while also recognizing the vital role grandparents play in children's lives.

SCM's director of museum advancement Meghan Toland said, "We chose Grandparents Day because grandparents are so important to us at the museum – we see them bringing kids in every day. ... Celebrating grand-

parents is a great way to bring awareness to Snowline and the Sacramento Children's Museum."

Participants can dedicate a butterfly in name of a beloved grandparent. "You can reserve as many



Participants will release Monarch and Swallowtail butterflies in honor of grandparents' important role in their lives.

butterflies as you want," said Toland. The event lives. will include Monarch and Swallowtail butterflies both beautiful options to honor grandparents'

locally and sustainably sourced, and they will be

significant impact on our on ice - putting them into in their hands during the a temporary hibernation The butterflies are until they are woken up will wake the buttertransported to the museum flies by warming them important part of all our www.sackids.org.

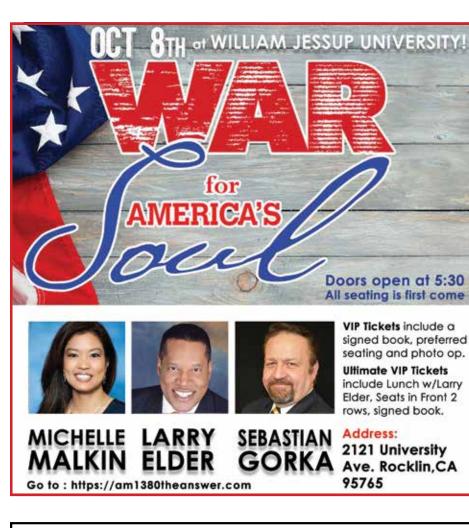
dedication, and then the butterflies will be ready for at the event. Participants release after the ceremony. Grandparents are an

lives, so Toland explained that the event is not just for children – all ages are encouraged to attend. She also emphasized that the dedications do not have to be in remembrance: "It's to remember those we don't have any more and also to celebrate those still in our lives every day."

Toland said they expect to release 400 butterflies, so they are anticipating a large turnout at the event. After the Butterfly Release, a celebration will feature games, activities, face painting, and food vendors.

Proceeds from the event will benefit SCM's educational programs and Snowline's Healing All Together (HAT) grief group, which helps children and their families deal with grief after losing a loved one. Because it can be difficult for kids to verbalize their emotions, HAT helps kids express their grief through art, motion, music, and play. SCM works in partnership with Snowline, which hosts the HAT program at the museum twice a month.

Butterflies for the event must be reserved in advance on the website, and people are already signing up. The deadline to reserve a butterfly is Friday, September 6 and the cost is \$10 per butterfly, or \$15 for a butterfly and admission to the museum. To reserve a butterfly – or to sign up as a vendor or sponsor – visit





Publisher, Paul V. Scholl

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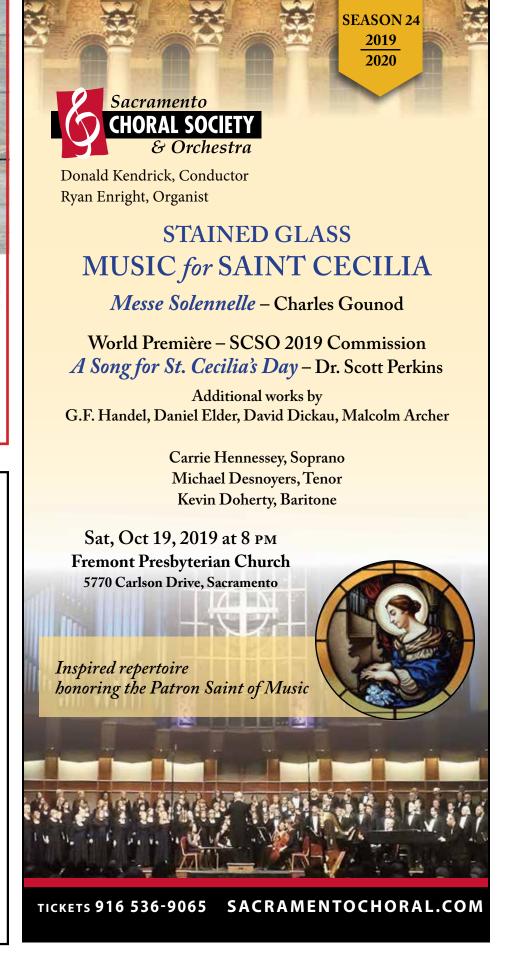
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CA Trucking Association Issues New Statement on the Governor's Signing of AB 5

By Bernice Creager, California Trucking Association

SACRAMENTO, CA (MPG) - Shawn Yadon, CEO of the California Trucking Association (CTA), issued the following statement in response to the decision by Governor Gavin Newsom to sign Assembly Bill 5 into law:

"In the wake of Governor Newsom signing AB 5, the California Trucking Association is exploring its options to ensure California's more than 70,000 independent owner-operators do not lose the tens of thousands of dollars spent in purchasing and updating their trucks, and other assets they have invested in order to build their own businesses.

"In its current form, AB 5 denies a significant segment of the trucking industry the ability to continue operating as independent owner-operators, forcing them to abandon investments they've made in their trucks as well as taking away their flexibility to set their own schedule and determine their destiny regarding their businesses, which many have operated for more than three decades.

We look forward to working with the Legislature and the Administration to develop a more workable solution to AB 5 that protects employees from misclassification without eliminating the independent owner-operator business model."

Since 1934, the California Trucking Association has been serving the commercial motor carrier industry in California and the companies that provide products and services to the trucking industry. A critical and vital component of California's economy, nearly 80 percent of California communities depend solely on trucks to deliver their goods. Our carrier membership ranges from individual owner-operators, to small for-hire fleets, to the largest national and international carriers. Allied members of the California Trucking Association range from businesses involved with truck and trailer sales, parts and service, insurance, legal services and all other businesses that support the trucking industry.

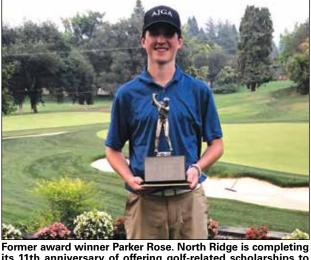
The California Trucking Association promotes leadership in the California motor carrier industry, advocates sound transportation policies to all levels of government, and works to maintain a safe, environmentally responsible and efficient California transportation goods movement system.

North Ridge Country Club Announces High School Golf Scholarship Awards

From NRCC

FAIR OAKS, CA (MPG) - The Club provided approximately \$8,000 to high school senior men and women scholarships this year with the money coming from member contributions and cumulative grants now approach \$40,000. The criteria for an award include grade point average (GPA), golf index and accomplishments over the student athletes' high school career from local, Sacramento area schools, community involvement and work, and character references. The variety and multitude of accomplishments of the high school men and women recipients and all aspects of the student athletes lives and contributions to the greater Sacramento area is impressive. Many of the recipients have been captains of their golf teams, team or league MVPs, have earned allleague honors and gone on to play collegiate golf.

According to Mike Galli, head professional at North Ridge: "While we have a love of golf, our members should have more in their



its 11th anniversary of offering golf-related scholarships to high school students. Photo provided by NRCC

why we emphasize grades of Honor Foundation, and community involvement as well as golf skills. We are proud of our members for their generosity in making personal contributions to make these awards possible." Some recipients have gone on to attend such schools as UC Berkeley, Penn State, University of Nebraska, Long Beach State and Cal Poly San Luis Obispo to continue their golf and academic endeavors.

Through member contributions of time and funding, North Ridge also believe young people also has provided support to such organizations lives than just golf. That's as Youth on Course, Folds

Junior Girls Program, Stanford Youth Solutions. Juvenile Diabetes Research Foundation, Bella Vista, Del Campo and Casa Roble High Schools, Albie Aware Breast Cancer Foundation and others. It is all part of North Ridge's efforts to be involved in the community. Over the past ten (10) years, including the high school golf scholarships, the Club has donated approximately \$300,000 to the aforementioned organizations.

For more information on North Ridge Country Club, please contact Rink Sanford, General Manager at 916-967-5717.

Road Money Rip-Off

Newsom's Latest Broken Promise



Gavin Newsom

Assembly Republican **Communications Press** Release

SACRAMENTO, CA (MPG) - If you listened to Democrats' rhetoric, increasing all about filling potholes, repairing bridges and fixing roads.

But now that the money is rolling in, liberal politicians are singing a different tune.

As the legislative session wrapped up for the year, Democratic lawmakers signed off on a plan to rip off drivers by diverting a billion dollars from road maintenance to bike lanes and pedestrian projects.

Not to be outdone, Governor Newsom announced his own raid on road money a week later, Republicans

California's gas tax was putting nearly all the state's road funds at risk of being misspent on public transit, bike and pedestrian projects near infill housing.

> Under Newsom's radical plan, anyone who can't afford to live in a big city will be punished, forced to subsidize wealthy urbanites' bike lanes while commuting on roads that continue to crumble.

> #CaliforniaForAll must ring hollow for drivers stuck in the nation's worst traffic while Democratic politicians refuse to help.

Source: Assembly

SMUD Reminds Customers to Ask Utility Workers for Identification

SMUD Press Release

(MPG) - SMUD employees sometimes need access to a customer's yard to

issued photo identification cards at all times, and many wear uniforms 1-888-742-7683.

trim trees or make ser- and drive SMUD vehivice repairs. All SMUD cles. Customers who SACRAMENTO COUNTY, CA field crews carry SMUD- have concerns can verify that a worker is a SMUD employee by calling





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