



**Soil Born Farms  
Holding Annual  
Fundraiser**

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on the Stingrays**

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# Gold River Messenger

"Written by the people, for the people"

VOLUME 6 • ISSUE 9

Serving Gold River and Sacramento County

SEPTEMBER, 2018

**AN OBVIOUS  
SOLUTION TO A  
COMPLEX PROBLEM**



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**MEET A PERSIAN CAT  
WHO IS A ROCK STAR**



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**'FOOL'S GOLD'  
GOLD RIVER  
RAMBLINGS**



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## Airshow After Dark is Back



Don't miss these performers lighting up the sky with lights and pyrotechnics. Visit [www.californiacapitalairshow.com](http://www.californiacapitalairshow.com) for tickets. Photo courtesy CCA

**SACRAMENTO REGION, CA (MPG)** - As the sun sets, the skies over Mather Airport will ignite with a feast for the senses as thrilling jets and aerobatic performers light up the sky with streaming flares, showers of colorful bursts from their wings and thundering pyrotechnics.

The California Capital Airshow After Dark (Airshow After Dark), presented by Sacramento County in partnership with the City of Rancho Cordova, is a unique nighttime extravaganza of flying, fireworks and music amid an aviation-themed festival atmosphere of family fun and entertainment. Airshow After Dark will kick off

the weekend commemorating Mather Airport's 100th birthday, Friday, September 21 at 5:00pm.

**Come check out the ramp before the flying starts:**

- Explore STEM exhibits including Aerojet Rockeddyne's LaunchPad & Sacramento Children Museum's Kiddie Hawk
- Take a walk down memory lane in the Mather 100 Museum

- Check out the Recruiting Zone and learn about a variety of job opportunities in all branches of the U.S. military
- Grab a bite to eat from one of the many concessions booths & interact with miles of exhibitors!

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## Gold River's Paula Mumm to Fundraise for United Way



**GOLD RIVER, CA (MPG)** - Gold River resident Paula Mumm has been hired as a senior fundraising manager for United Way California Capital Region in Sacramento. She will focus on raising funds for the nonprofit's Square One Project through expanding individual giving and participation in the nonprofit's action groups focused on young leaders and women.

"Working with United Way is so rewarding," Mumm said. "Our commitment to the community is visible in all aspects of our work, whether it is helping children read at grade level, educating them about the importance of healthy meals and providing those meals, or helping make college dreams a reality. Our work is truly comprehensive. I am proud that United Way is able to partner with many valuable organizations that are all working together to strengthen our community and change the cycle of generational poverty."

Prior to joining United Way, Mumm worked as director of the St. Francis Fund at St. Francis High School in Sacramento. She also has worked as a litigation associate and has volunteered with several local nonprofits including 20 years as an active member of the Junior League of Sacramento. She and her husband have owned the local Merry Maids franchise for 30 years. Mumm holds a bachelor's degree in journalism from the University of Kansas and a law degree from Creighton University School of Law. She has lived with her family in Gold River for 25 years.

United Way California Capital Region leads the Square One Project, its 20-year promise to significantly increase the number of local students who graduate from high school ready for success in college and beyond. Through nine decades of work and research across Amador, El Dorado, Sacramento, Placer and Yolo counties, the local United Way believes ending poverty starts in school and is working to ensure kids meet important milestones for success in college or career. To donate or volunteer, visit [YourLocalUnitedWay.org](http://YourLocalUnitedWay.org).  
Source: Kristin Thébaud Communications ★

## CRPD Supporting Those in Need

By Alyssa Rasmussen, CRPD



The Cordova Recreation and Park District staff and Folsom Cordova Unified School District's Homeless Services staff are working together to provide youth in need with backpacks and underwear. L.R: Danielle Jones, CRPD Clerk of the Board and Executive Assistant; Patrick Larkin, CRPD District Administrator; Rebecca Budge and Galina Padure, Program Assistants with FCUSD Homeless Student Services; and Gail Bair, CRPD Administrative Specialist. Photos courtesy CRPD

**RANCHO CORDOVA, CA (MPG)** - In early spring of this year, Patrick Larkin, the District Administrator for the Cordova Recreation and Park District, turned to community partner Rebecca Budge, a Program Assistant for the Folsom-Cordova Unified School District's Homeless Student Services, to find out what area youth need most.

Upon hearing the answer, the Cordova Recreation and Park District launched "We've Got Your Back," a backpack and underwear drive for elementary to high school aged youth. Last week, Cordova Recreation and Park District made their first delivery to Rebecca Budge, who will work to distribute donations to those that need them most. This first delivery included over 50 contributions made by a combination of district residents and CRPD employees.

Continued on page 2

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## CRPD Supporting Those in Need



Sydney Schellinger (left) delivered numerous backpacks and packages of underwear to the Cordova Recreation and Park District Office. Gail Bair (right), CRPD Administrative Specialist, accepted her generous donation with a big smile. Photos courtesy CRPD

Continued from page 1

A number of teens, all members of the Cordova Recreation and Park District's HYDE Out Teen Center, also joined the "We've Got Your Back" effort. During their afterschool program, the teens personalized the district's plain collection containers, covering them with inspirational quotes, bright flowers and colorful designs.

In addition to the backpack and underwear drive, the Cordova Recreation and Park District partners with the City of Rancho Cordova's Homeless Outreach Team to engage and assist individuals and families experiencing homelessness and help them improve their situation. The Homeless Outreach Team, comprised of two officers, code enforcement and a Homeless Navigator, builds relationships with homeless individuals and families to assist them in finding services, education and resources to help them become self-sufficient, while also enforcing violations of the law, throughout the city.

The backpack and underwear drive will continue until the close of the year and donation bins can be found at locations across the Cordova Recreation and Park District. Call 916-842-3300 for more information. ★

# Incompetent CA DMV Had 13 Years to Implement Real ID Program



Commentary Katy Grimes, Investigative Journalist

**SACRAMENTO REGION, CA (MPG)** - Those incredibly long lines at California DMVs look more like the release of the iPhone X or ticket sales for Beyonce and JayZ. But they are not. People are stuck in long DMV lines just to renew and update their drivers licenses.

Yet the notorious California Department of Motor Vehicles is about to be rewarded for its ineptitude and failures by the California Legislature with an unlimited budget.

News outlets throughout the state have written about 4, 6, and even 8+ hour waits since the January implementation of the DMV's Real ID program

Republican Gubernatorial candidate John Cox has been traveling around the state visiting DMVs handing out bottled water and talking with the folks waiting in these long lines.

What's the problem at the California DMV besides plain old government incompetence and arrogance?

### Real ID Issues

The California DMV has had since 2005 to figure out

how to implement the Real ID program.

But when the Department of Homeland Security announced that REAL ID enforcement would begin on February 5, 2018, California irresponsibly began its program, without a plan.

According to the Department of Homeland Security, "the REAL ID Act enacted the 9/11 Commission's recommendation that the Federal Government 'set standards for the issuance of sources of identification, such as driver's licenses.' Passed by Congress in 2005, The Act established minimum security standards for state-issued driver's licenses and identification cards and prohibits Federal agencies from accepting for official purposes licenses and identification cards from states that do not meet these standards."

So, despite having 13 years to implement a Real ID, as most other states already have, the California DMV asked for extension after extension — for 13 years. Then, they abruptly started issuing the Real ID in January—even though DHS has not yet approved California's version.

I contacted DHS and asked if the approval has not been granted because California issues California Drivers Licenses to illegal aliens under Assembly Bill 60, signed into law by Gov. Jerry Brown, because the California DMV has been spending vast amounts of resources on making sure illegal aliens have proper identification over California citizens being able to acquire the Real ID.

Or because Gov. Jerry Brown signed the "Gender

**“A friend's college age daughter who recently lost her drivers license, went to the special Capitol DMV office and tried to get a replacement license this week but was turned away. Oddly, she said she was initially told at the Capitol DMV office that they only serve Capitol government employees. They sent her on her way without a replacement license.”**

**KATY GRIMES**  
INVESTIGATIVE JOURNALIST

Recognition Act" allowing people to change gender on their California Drivers License and birth certificates. CA now allows a third gender on the drivers license — a "nonbinary" designation — again, because the California DMV has been prioritizing the gender confused over California citizens being able to acquire the Real ID.

Or is there some other reason?

DHS replied back that they "are in the process of reviewing California's compliance certification and cannot discuss either internal or external deliberations at this time."

### Why No Audit?

Assemblyman Jim Patterson (R-Fresno) requested an audit

of the DMV, but at the direction of Gov. Jerry Brown, the Joint Legislative Audit Committee rejected the audit. Brown assured Democrat lawmakers that he would fix the DMV's problems.

I'm not sure how Jerry Brown, who has never had to wait in line at the DMV with the great unwashed and unserved, knows what to do to fix this — other than throw more money at the problem.

This reminds me of the definition of insanity: doing the same thing over and over again and expecting different results. Giving an unlimited budget to the California DMV is no different than giving unlimited amounts of heroin to an addict.

Gov. Brown, along with current and former lawmakers enjoys special concierge DMV services at their own private DMV. The tiny, unmarked DMV office is buried deep inside of the Legislative Office Building across the street from the Capitol, devoted to serving the Legislature and its staff. And it is not open to the public. The office serves members of the Legislature and Congress, legislative staff; employees of the Legislative Analyst's Office, the Legislative Counsel and the Legislative Data Center; and elected and appointed officials.

A friend's college age daughter who recently lost her drivers license, tried to get an appointment with her local DMV for a replacement license, but was not able to get in until October. She remembered hearing about the Capitol DMV. She went to the special Capitol DMV office and tried to get a replacement license this week but was turned away. Oddly, she

said she was initially told at the Capitol DMV office that they only serve constituents. When she identified herself as a Sacramento voter and constituent, she was then told the special Capitol DMV only serves Capitol government employees. They sent her on her way without a replacement license. To hell with you, peasant!

The CA Legislature has created these problems, and just yesterday a legislative committee passed a bill to allow the DMV to request unlimited future funds with little oversight.

As for the special Capitol DMV office for the elitists in the Legislature, I'm thinking it should be shut down until the DMV is cleaned up statewide, and wait times are reduced to 1 hour or less. Let the lawmakers stand in an 8-hour line. The audit would be approved immediately.

If I can apply for most things online and have them ready for pickup when I arrive, why can't the DMV?

Assemblyman Jim Patterson wanted to know how often DMV computer systems crash? He asked DMV Director Jean Shiimoto in a committee hearing, but she said she didn't know. Patterson said she told him she'd get back to him the next day...that was last week. He is still waiting.

How does Jean Shiimoto still have a job?

In California, the birthplace of the high tech industry, why can't the DMV manage to put a reliable computer system in place? Why such gross incompetence? And why can't a college student get a replacement drivers license before October? ★

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# The Summer Sun Sets on the Stingrays

Story and photo by Jan Float

**GOLD RIVER, CA (MPG)** - In the last two months, Gold River's Stingrays have seen many a sunrise and sunset leading up to Championships Swim Meets. Well, this season has now seen its final light of day. With many a moon in between articles, hang on to your raft paddles for a wild ride through Class V rapids. There were meets against Rio Del Oro, Glen Oaks, Del Norte, the two-day top-tiered divisional Championships and another weekend of our region's Meet of Champs. Woven into dryland beach towels, the Stingrays hopped out for Coaches Appreciation Week, a Spirit & Pasta Party, the Breakfast of Champs and Awards Night. Exhausting? No. Exhilarating? Like pulling through those IV and V whitewater rapids!

As nights fell, the Stingrays Superstars shone brighter and brighter. With the smallest team in 15 rotations around the sun, these constellations broke through in a year like no other. At times the waters looked treacherous; at those times, the Stingrays' times got better and better. Having adapted a second mantra, "Heart & Soul to Reach Our Goal," heaven knows how many individual and team goals were achieved. Never-ending Missions to Mars! As you know, Gold River woefully lacked the depth of other opponents. Out of five in their Division, this was the season to engage in fun, maximize personal potential, and revel in fifth place. Nonetheless, digging in to navigate the swift river, the Stingrays captured fourth ... just three races from third. In gaining all of this (lap-after-lap) yardage, seven High-Point plaques were presented.

At the Meet of Champs, 46 teams collided in the universe to complete the course. Because of



Stingray of the Year, Morgan Jones, was honored at this year's Awards Night.

its past successful runs in the summer suns, the small-but-mighty is assigned to the large team division. Last year, after a historic first-place victory, 13 Superstars moved on to a higher caliber of long-distance competition. From a whirlpool of 41 qualified swimmers, 24 paddled down Gold River in unison; and, against the strong current, each earned star status. So how many teams were left up a creek without a paddle? 38. What a blazing sunset!

Awards Night is always a highly-anticipated crescendo to reflect upon the recent spherical past and project into the stratospheric future. Recipients of special team trophies are chosen by the coaching staff for exemplary performances as solos and as teammates. Beaming and starry-eyed, here's honoree Morgan Jones, Stingray of the

Year. With the setting of the summer sun, registration for the fall-and-winter program has been launched. Year-rounders enjoy falling leaves and falling times, reaping what they sow and harvesting the benefits. Then prior to regaining that extra hour in daylight savings time, as the result of gripping handles throughout this duration, the waters aren't nearly as turbulent. Dedicated Superstars are fit, feisty and ready to hit those raging Class V's.

Without the support of this galactic microcosm, our community at large, the Stingrays could not be considered the model team and gracious hosts that they are. As one last fulfillment of "Heart & Soul to Reach Our Goal," they wish to extend An Attitude of Gratitude for your encouragement. Night-night! ★

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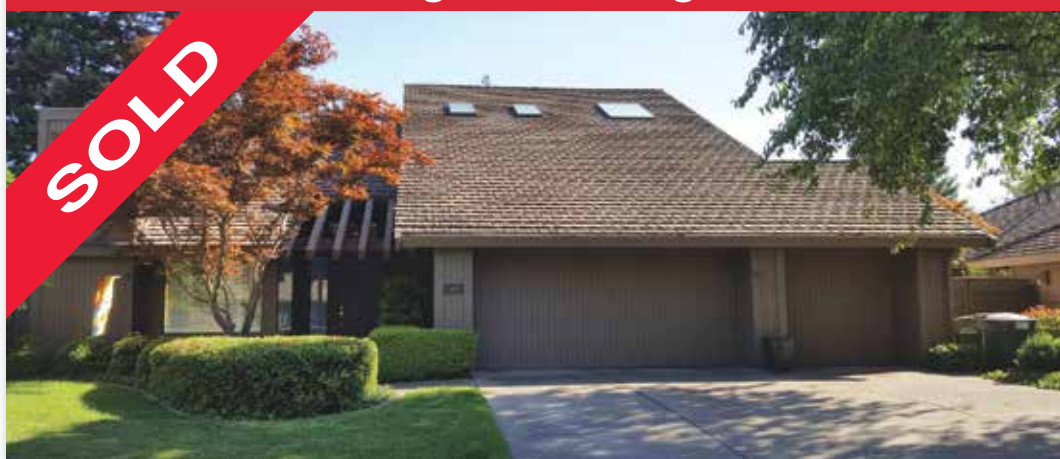
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**Crossword Puzzle on Page 5**

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**Sudoku Puzzle on Page 5**

3	6	9	7	2	8	5	4	1
2	8	1	5	3	4	9	7	6
5	4	7	9	6	1	8	3	2
6	5	4	8	7	2	3	1	9
7	1	3	6	4	9	2	8	5
9	2	8	1	5	3	4	6	7
4	3	5	2	1	7	6	9	8
1	9	6	4	8	5	7	2	3
8	7	2	3	9	6	1	5	4

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By County Supervisor Sue Frost

## GOLD RIVER COMMUNITY UPDATE

### An Obvious Solution to a Complex Problem

Involving someone having a mental health crisis, a Sheriff's car with two people are dispatched to the scene that contains a Sheriff's Deputy trained in crisis intervention training, and a licensed senior mental health counselor. These pairs are permanent partners that ride together in 10 hour shifts.

When the MCST shows up to the scene, they immediately start talking with the person experiencing the crisis to determine what struggles they may have. They go into the situation explaining that they are just there to help, and the mental health counselor often physically shows that they do not carry any weapons on them to calm the situation down. They are then connecting them to services they may need like drug treatment, the brand new voluntary mental health crisis center, seeing a health counselor, or a variety of other things. A day or two later, a peer navigator is reaching out to them to further help connect them to necessary resources.

The team I recently spoke with that patrols Gold River told me that they have already seen the positive impacts of this program. Almost immediately they were reducing unnecessary arrests, decreasing involuntary mental health confinement in our jail, and making a real impact in homelessness (which are around 35-40% of the calls they receive). Non-MCST Sheriff's are even utilizing the program,

as when they are out on the scene and see the MCST could be useful, they will call the MCST out to come help them.

The problem the MCST's are facing right now is that there are far too many mental health crisis dispatch calls than they can possibly handle. There are only two teams right now that cover north of the American River, and on top of that, they only work 4 days a week from 9am-7pm. We need these teams to cover all hours of the day, seven days a week, and we need more of them.

That's why I am pleased to announce that the County is in the midst right now of hiring the senior mental health counselor who will be a part of the third team north of the American River. I recognize that we still need significantly more teams, but it is a step in the right direction and I believe that Gold River will feel the difference.

Thank you for reading – and as always, if you want to contact me call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.net.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms and Fair Oaks and Rancho Cordova. ★



By David Dickstein, Gold River resident

Penny for my thoughts? Here's a dime's worth:

- Checked out 24 Hour Fitness across Sunrise the other day. Even signed up for a free week's pass. This out-of-shape late-night gym guy never even made it past the front door. Have you seen what hangs out in that parking lot at night? It's not middle-aged desk jockeys and retirees. I felt like a bichon frise in a kennel full of pit bulls. If I ever left Gold River Racquet Club for 24 Hour Fitness, I'd be getting in shape less for my weight and more for my survival – just to deal with the bruiser clientele!
- When Salt Sushi became Arigato Sushi, why did I expect the food to have less sodium and the staff to say "thank you" more? Three, two, one ... now you get it.
- Have you tried Crazy Yogurt since it took over Yogurt Monkey? I haven't yet, but it's got to be an improvement with such small hot fudge-covered shoes to fill.
- Gave our Outback Steakhouse another chance after three lousy experiences two years ago. Improvements have been made in the food and service. Really like the new interior too. Now let's do something with the dated exterior.
- By this time in 2020, the first tenants at 2020 Cemo Circle could be moving in if all goes as planned for what is now undeveloped land behind

## 'Fool's Gold'

### Gold River Ramblings



No rainchecks for smiles are needed when bubbly Vicky Manley is working at Bel Air. Photo by David Dickstein

Village Marketplace. Once earmarked as a park and ride to support light rail and public bus users, the rezoned 8-acre site is now destined to be a 162-unit apartment home community. Rent will be priced at "market rate," so this is not an affordable housing project. As a Gold River homeowner, that, plus the likely departure of transients behind the neighboring fire station and El Pollo Loco, are very appealing.

- Cowardly no more am I with blood tests since heaven sent me Lary, the goddess phlebotomist at the quasi-new Gold River Quest Diagnostic lab.
- It's probably time to get another rescue after losing our sweet, beloved Roxie several years ago.
- How sad as well that I felt the need to write my first negative Yelp review on our town's shoe repair shop. In terms of quality, courtesy and value, the place has lost its – ahem – sole.
- What's with all the buzz saying I hear practically every day? Either one of my neighbors is running a rule-breaking woodworking business or that's going to be one helluva trellis when it's done. I'll give them one more week to close shop before going to the board and being "that neighbor" we all can't stand.
- With Halloween just a month away, it's also time to start

thinking about the handful of candy I'll need to buy for the one stinkin' time our doorbell will ring. You'd think trick-or-treaters would love walking up and down the eerily quiet streets of our cemetery-like Powell village!

- Have you heard the rumor that the Gold River Community Association is renting our clubhouse to Maxine Waters and Nancy Pelosi so they can hold town halls here? Either have I.
- We finally de-'80sed our kitchen. Looks beautiful now, but half the people on the project were flakes, liars or incompetent. Welcome to the '10s, I guess.
- Are my wife and I the only drivers who always come to a complete stop at Gold River's stop signs? Only Mikuni's has more California rolls.
- Could Vicky at Bel Air Supermarket be any friendlier? That checker is so bubbly when she scans herself the display reads "champagne."
- Congratulations to Gold River Racquet Club membership director Margaret Flanagan, who recently returned to her job after giving birth to tax deduction #2. Welcome to the world, CJ!

David Dickstein is a Gold River resident. He can be reached at [daviddickstein1@gmail.com](mailto:daviddickstein1@gmail.com). ★



## STATEPOINT CROSSWORD • ENGINEERING 101

- CLUES**
- ACROSS**
1. Monument to Buddha
  6. "Slippery" tree
  9. No-win situation
  13. \*Relating to unit of electrical resistance
  14. Actress Thompson
  15. Garlic mayo
  16. Capital of Morocco
  17. Anthem author
  18. City-like
  19. \*Biologically inspired
  21. \*Electricity-producing device
  23. "\_\_\_ la la!"
  24. Restaurant handout
  25. Army bed
  28. Rudolf Hess, e.g.
  30. \*Unit of electric current flow
  35. Avian wader
  37. Rock opera version of "La Bohème"
  39. First President to resign
  40. Julia Louis-Dreyfus' HBO role
  41. Lock of hair
  43. Keyboard key, pl.
  44. Trojan War epic
  46. Like traditional storytelling
  47. Every which way
  48. Door frame part
  50. Like Mohave
  52. Farm pen
  53. Experience emotion
  55. Bert and Ernie, e.g.
  57. \*\_\_\_ breaker
  61. \*Amount of mass in a unit of volume
  65. Bruce Wayne's Batman, e.g.
  66. Step on it
  68. Core of personnel
  69. Marked ski run
  70. Opposite of yang
  71. Like a neon sign
  72. Pouches
  73. English course
  74. Necessities
- DOWN**
1. Acidic kind of apple
  2. Bangkok native
  3. Rounded elevation
  4. Baby grand
  5. Director's order
  6. Lodge fellows
  7. Wrangler alternative
  8. Noncommittal response
  9. Inside scoop
  10. RBG's garb
  11. Having wings
  12. Heavy and intoxicating
  15. Keats' "season of mists and mellow fruitfulness"
  20. \*Pie display
  22. Nurses' org.
  24. Rock component
  25. \*Engineering relating to roads and bridges
  26. Plural of obelus
  27. Make a logical connection
  29. \*-273.15 Celsius, or absolute
  31. Mediterranean sandwich component
  32. SAT and ACT
  33. \*Automatically moving mechanism
  34. Glorify
  36. Quarrel
  38. Ivan the Terrible, e.g.
  42. Slip 'N \_\_\_
  45. Deactivate a bomb
  49. Oahu greeting gift
  51. Classic yo-yo maker
  54. Ethanol, a.k.a. \_\_\_ alcohol
  56. Missouri River tributary
  57. A and B, e.g.
  58. Pelvic bones
  59. \*CISC alternative
  60. A. L. Webber musical
  61. Fender-bender damage
  62. \*Run a vehicle's engine when not in motion
  63. Walked on
  64. Evergreens
  67. Junior's junior

**CROSSWORD**

1	2	3	4	5	6	7	8	9	10	11	12		
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40					41			42		43			
44				45		46				47			
48					49		50		51		52		
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57	58	59	60					61			62	63	64
65					66	67			68				
69						70				71			
72						73				74			

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3				5				
	8			3	4	9		
				9	6			2
6					2	3		
7								5
		8	1					7
4				1	7			
		6	4	8				2
		2						4

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.  
**For Solutions See Page 4**

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# Airshow After Dark is Back

Continued from page 1

## Flying performances begin at 6:30pm:

- Opening ceremonies will include the U-2 Dragon Lady & T-38 Talons
- Enjoy Matt Chapman's aerobatic performance in his Embry-Riddle Extra 330LX
- The Canadian CF-18 Hornet will rock the skies -- don't miss the afterburner!
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## Don't miss these performers lighting up the sky with lights and pyrotechnics:

'Magic by Moonlight' - The world's only nighttime aerobatic performance in a Beech 18. Equipped with 17 spotlights and 13 strobes, the top of this

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"Mr. Airshow" - "Mr. Airshow" will also amaze the crowd at NIGHT with fireworks mounted on ShowCat's wingtips. This act will send chills down your spine as he flies a spell-binding performance set to music against the night sky.

**Shockwave Jet Truck** - You won't want to miss Shockwave's night show performance as it lights up the darkness with flames, thunderous noise and a flash of speed that will jolt your senses!

**Redline Airshows** - Jon Thocker and Ken Rieder in their RV-8s will light up the skies over Mather Airport with heart-stopping aerobatics

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**US Army Golden Knights** - This one-of-a-kind jump includes pyrotechnic canisters affixed to the soldiers' legs!

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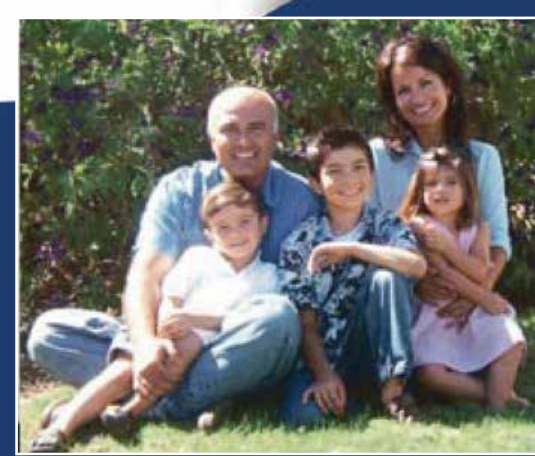



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# Meet a Persian Cat Named "Rock Star"



By Kay Burton



This dignified and docile Persian is known for being quiet and sweet.

Rock Star is a cream and white Persian Cat born May 2014. He is a sweet boy and is a Grand Champion.

He did a coke commercial with Taylor Swift when he was 5 months old. Taylor Swift also had her own Scottish Fold cat in the video as well.

This year Rock Star is a proud father of 9 kittens. The Persian Cat is from Iran. They have

a round face and a short muzzle. They are also known as the Persian Longhair, with a lifespan of 12-17 years.

The Persian is the glamour puss of the cat world. His beautiful flowing coat, calm personality, his sweet face have combined to make him the most

popular cat breed. This dignified and docile Persian is known for being quiet and sweet.

Kay Burton is a longtime columnist and supporter of the SSPCA and other Rescue groups. To share your family pet story with our readers, email: [Kayburton@comcast.com](mailto:Kayburton@comcast.com). ★



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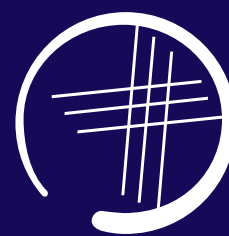
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[sparetimeclubs.com](http://sparetimeclubs.com)

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Area's Best Instructors • Engaging Social Events  
12 Locations • Try B4 You Buy!

Offer good through 9/30/18 and is a first visit joining incentive. Savings is in the form of a monthly dues credit for 6 consecutive months. Can not have been a member in the past 6 months. Some restrictions may apply.

Fair Oaks Recreation & Park District Presents:



13th Annual  
**Fair Oaks  
Chicken Festival**  
Saturday, Sept. 15th  
10:00am - 6:00pm  
[www.forpd.org](http://www.forpd.org)

**Fair Oaks Village**  
7003 Park Dr, Fair Oaks

**FREE**  
General Admission  
& Parking



**\$5** Kid's Park unlimited wristband

- **Morning Breakfast**  
\$3 Children and \$6 adults
- **100+ Vendors** (craft & company)
- **Live Entertainment**  
- Keep on Truckin at 10am  
- FBI Band at 1pm  
- Take the Money and Run (tribute to Steve Miller) at 4pm
- **SactoMoFo Food Court**
- **Cluck N' Grow Contest at 12pm**
- **Craft Brew Tasting - \$3 tastes**
- **GREAT Chicken Contest**

visit us [@fochickenfest](https://www.facebook.com/fochickenfest)

Sponsored by



# SAVE THE DATE

Business Environmental  
Resource Center  
2018  
Sacramento Area Sustainable Business  
Awards and Expo  
Wednesday, September 19, 2018  
Golden 1 Center  
500 David J Stern Walk, Sacramento, CA 95814  
8:00 a.m.-11:00 a.m.



The business community and the public are invited to celebrate the recipients of the Annual Sacramento Area Sustainable Business (SB) Awards, 8:00 a.m. - 10:30 a.m., Wednesday, September 19 at the Golden 1 Center! The event is free; register today at no cost. Presented by the Business Environmental Resource Center (BERC), the event features a green business expo with a continental breakfast, networking and informational outreach tables, along with an awards ceremony. The ceremony recognizes top environmentally proactive Sacramento area businesses whose work practices demonstrate an outstanding commitment to enhancing sustainability. This year's award categories are:

- Sustainable Business Categories:**
- Pollution Prevention
  - Water Conservation
  - Solid Waste Reduction
  - Green Building
  - Energy Conservation
  - Transportation & Air Quality

This year, the ceremony will have a number of electric vehicles including a Tesla Model X and Model 3 for your viewing pleasure as well as stationary exercise bikes that generate electricity!

We hope to see you there!  
Register on [Eventbrite.com](https://www.eventbrite.com)

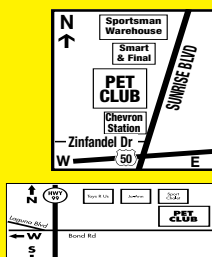
Contact Us: (916)874-2100  
[BERCadmin@saccounty.net](mailto:BERCadmin@saccounty.net)  
[www.SacBerc.org/SASB](http://www.SacBerc.org/SASB)



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8515 Bond Rd,  
Elk Grove CA  
916-686-7808



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COUPON  
**PIG'S EAR**  
**29¢**  
with the purchase of pet, fish food or supply.  
Large Size. \$1.49 value.  
Limit 1 PLU 323 GRM  
Limit 1 Coupon per family  
Effective 8/29/18 - 9/4/18

COUPON  
**2 FREE FRISKIES CAT FOOD**  
5.5 Oz Tin All Varieties  
(Select Indoor Included & 9 Lives  
With Any Purchase of Pet, Fish Food, or Supply PLU 321  
Limit: 1 Coupon Per Family  
Effective 8/29/18 - 9/4/18

**BLUE BUFFALO DRY DOG FOOD**  
•Chicken (Reg. \$11.00 Off) 30 Lb Bag  
•Chicken (Large Breed) •Fish & Sweet Potato (Reg. & Lrg Breed) •Puppy (Reg & Lrg Breed)  
•Senior (Reg & Lrg Breed)  
•Lamb & Rice  
•Healthy Weight  
**AS MARKED \$8 OFF**  
Our Regular Low Prices!  
Effective 8/29/18 - 9/4/18

**NATURAL BALANCE ULTRA-PREMIUM DRY DOG FOOD**  
•Potato & Duck, 26 Lb  
•Reduced Calorie, 28 Lb  
•Regular, 30 Lb  
**SUPER BUY!**  
Limit 2 Bags Per Family  
**\$5 OFF** Our Super Low Prices  
Effective 8/29/18 - 9/4/18

**MERRICK'S GRAIN FREE DRY DOG FOOD**  
•Chicken/Sweet Potato •Duck/Sweet Potato •Buffalo/Sweet Potato •Salmon/Sweet Potato •Venison/Chick Peas  
25 Lb Bag  
Limit 2 Bags  
**\$10 OFF**  
OUR REGULAR LOW PRICE!  
Effective 8/29/18 - 9/4/18

**PURINA KIT N' KABOODLE DRY CAT FOOD**  
16 Lb Bag  
Limit 2 Bags Per Family  
**\$8.99**  
Effective 8/29/18 - 9/4/18

**FRISKIES BUFFET CANNED CAT FOOD**  
5.5 Oz All Varieties  
Limit 2 Cases Per Family  
**4/\$1.89**  
Effective 8/29/18 - 9/4/18

**FUSSIE CAT PREMIUM CANNED CAT FOOD**  
Black Label 2.8 Oz. 20/\$14.00  
Gold Label 2.8 Oz. 20/\$14.00  
Limit 2 Cases Per Family  
**20/\$13.00**  
Effective 8/29/18 - 9/4/18

**TIDY CATS SCOOPABLE CAT LITTER**  
20 Lb Jug  
•Regular  
•Unscented  
Limit 2 Jugs Per Family  
**\$6.99**  
Effective 8/29/18 - 9/4/18

**HI-COUNTRY WILD BIRD SEED**  
20 Lb Bag  
(Kaytee, 20 Lbs - \$8.99)  
(Audubon Friends, 20 Lbs - \$4.99)  
Limit 2 Bags Per Family  
**\$4.99**  
Effective 8/29/18 - 9/4/18

**CANIDAE DRY DOG FOOD \$8 OFF**  
FOR ALL LIFE STAGES  
•Multi Protein (30 Lb & 44 Lb) •Chicken Meal & Rice  
•Lamb Meal & Rice •Less Active 30 Lb Bag Limit 2 Bags  
OUR REGULAR LOW PRICES

**WELLNESS CANNED CAT FOOD** Full Case  
All Varieties except Signature & Core  
5.5 Oz. Limit 1 Case  
**20% OFF**  
OUR REGULAR LOW PRICES

**KAL KAN CESAR SELECT DINNERS DOG FOOD**  
All Varieties  
3.5 Oz. Limit 2 Cases  
**69¢**

**OKOCAT CLUMPING WOOD LITTER**  
•Regular 11-13 Lb \$3.00 OFF  
•Soft Step 19.2 Lb \$4.00 OFF  
Dust Free Natural Paper 12.3 Lb \$4.00 OFF  
OUR SUPER LOW PRICES

**MERRICK'S GOURMET CANNED DOG FOOD On Sale**  
13.2 Oz All Varieties Limit 2 cases

**PESTELL CLUMPING CAT LITTER**  
40 Lb. Bag  
Limit 2 Bags  
**\$8.99**

**CAT COUNTRY PREMIUM ORGANIC CAT LITTER**  
Limit 2 Bags 20 Lb **\$7.99** 40 Lb **\$14.99**

**CORE GRAIN FREE DRY DOG FOOD** 22-24 Lb Bag  
3 FREE Core Dog Food 12 Oz Can With Each purchase  
Original **\$55.99**  
•Ocean  
•Reduced Fat **\$59.99**

**EVERE CLEAN PREMIUM CAT LITTER**  
•ES Unscented •US Ever Fresh •Light Weight 22 Lb.  
25 Lb. Box Limit 2 Boxes **\$11.99**

**WHISKAS DRY CAT FOOD**  
With Savory Nuggets  
15 Lb Bag Limit 2 Bags Per Family **\$9.99**

**WELLNESS DRY DOG FOOD** (3 Free Wellness 12.5 Oz Can Dog Food W/ Each Purchase)  
30 Lb Bag Limit 2 Bags •Chicken •Senior •Healthy Weight •Grain Free Adult **\$49.99**  
(Lrg Breed Adult \$51.99) •Grain Free Lamb •Grain Free White Fish **\$57.99**

**FRESH STEP CAT LITTER**  
21 Lb Bag (14 Lb Bag - \$4.49)  
Limit 2 Bags **\$6.49**

**CASUAL PET BEDDING PRODUCTS**  
•Loungers •Orthopedic Beds •Cat Beds **20% OFF OUR SUPER LOW PRICES**  
ALL VARIETIES EXCEPT: ORTHOPEDIC MAT 30" x 40" - \$23.99  
PILLOW BED (Small) - \$18.99  
PILLOW BED (Large) - \$23.99

**PARAGON WHIMZEE Dental Dog Treats** Edible Dog Chews All Varieties **20% OFF** OUR SUPER LOW PRICES

**KONG PRODUCTS** All Varieties **20% OFF** OUR SUPER LOW PRICES  
•Classic •Dental •Air Dog •Chews •Wubba •Stuffin  
•Treats •Soft Toys •Asst Toys

**RELIANCE BIRD CAGES** All Varieties Stock On Hand **20% OFF** OUR SUPER LOW PRICES

**SCOOP FREE LITTER TRAY CARTRIDGE** (Automatic Litter Box - \$99.99) **\$15.99**

**PENN-PLAX CASCADE POWER FILTER SALE**

MODEL	TANK SIZE	PET CLUB SALE
CASCADE 100	20 Gal.	\$21.99
CASCADE 150	35 Gal.	\$25.99
CASCADE 200	50 Gal.	\$29.99
CASCADE 300	100 Gal.	\$35.99

**TETRA BOXED 10 GALLON TANK** With Economy Kit  
Just add Heater For Tropical Fish **\$36.99** Limit 1 Per Family

**KORDON WATER CONDITIONERS**  
Amquel 16 Oz ..... \$6.49  
Amquel Plus 16 Oz ..... \$6.49  
Novaqua Plus 16 Oz ..... \$6.49

**O.S.I. PREMIUM FISH FOOD** ALL VARIETIES  
•Freshwater •Goldfish •Marine •Spirulina **20% OFF** OUR SUPER LOW PRICES

**BONUS COUPON**  
**JONNY CAT PREMIUM CAT LITTER**  
10 Lb Bag  
Limit 2 Bags With Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon  
Effective 8/29/18 - 9/4/18  
**\$1.59** GRM PLU 365

**BONUS COUPON**  
**WHISKAS TEMPTATIONS CAT TREATS**  
•All Varieties 3 Oz.  
Limit 2 Pkgs with Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon  
Effective 8/29/18 - 9/4/18  
**\$1.19** GRM PLU 569

**BONUS COUPON**  
**FANCY FEAST GOURMET CANNED CAT FOOD**  
All Varieties except Elegant Medleys - 3 Oz  
Limit 1 Case Per Family  
Limit One Coupon Per Family  
Price Valid Only With Coupon Effective 8/29/18 - 9/4/18  
**55¢** GRM PLU 361





You're invited

**16<sup>th</sup> Annual Fundraiser  
Autumn Equinox Celebration**

**SOIL BORN FARMS**  
URBAN AGRICULTURE & EDUCATION PROJECT

Saturday • September 15 • 5:30–9:30PM  
American River Ranch • 2140 Chase Drive • \$75 per person

**FINE FOOD • WINE & BEER TASTING • MUSIC • RAFFLE**

Join us for an evening at our historic American River Ranch, an urban agricultural oasis located on the American River Parkway in Rancho Cordova. Explore the farm, enjoy live music, sample seasonal and organic food prepared by prominent local chefs. Taste exceptional beverages and celebrate the harvest season under the stars. Get your tickets early, don't miss this traditional farm-to-fork event! *Tickets will not be available at the door.*

**TICKETS**

Online at [soilborn.org](http://soilborn.org) (August 1) • Call Soil Born Farms 916.363.9685

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Photo by Joan Cusick



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**SEASON 23  
2018  
2019**



Donald Kendrick, Music Director

SAT, OCTOBER 20  
8 PM  
Fremont  
Presbyterian  
Church

**STAINED GLASS  
SONGS OF THE SPIRIT**

Works by  
Arvo Pärt | Mozart | Zoltán Kodály  
Ryan Enright, Organ

SAT, DECEMBER 8  
2 PM & 7:30 PM  
*NEW venue  
for 2018 only*  
Sac Community  
Center Theater

**WELLS FARGO  
HOME FOR THE HOLIDAYS**

Annual Sacramento Holiday Tradition  
Full Orchestra | Candlelit procession

SAT, MARCH 23  
8 PM  
Sac Community  
Center Theater

**EUROPEAN MASTERWORKS**

*A German Requiem* | Johannes Brahms  
*Five Mystical Songs* | Ralph Vaughan Williams

SAT, MAY 4  
8 PM  
Sac Community  
Center Theater

**LIGHT AND FIRE**

*Lux* | Dan Forrest (West Coast Premiere)  
*The First Walpurgis Night* | Felix Mendelssohn



[SACRAMENTOCHORAL.COM](http://SACRAMENTOCHORAL.COM)

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CCT BOX Office | 916 808-5181

**FUTURE  
FORWARD**

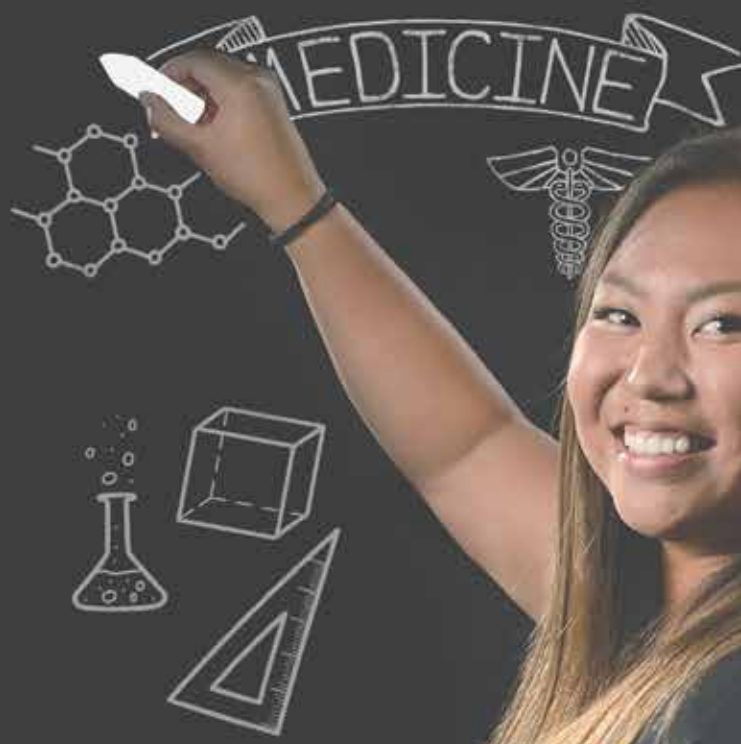
**KNOW WHERE TO START—TALKING  
TIPS FOR PARENTS**

- Know the facts. Understand that marijuana negatively affects the developing teenage brain
- Talk often—build strong trust
- Have shorter, more frequent conversations
- As they become teens, the conversation needs to change
- Listen! Conversations go both ways
- Remember, kids watch what you do along with what you say

For more information visit:

[sacramentoccy.org](http://sacramentoccy.org)

**MARIJUANA  
IS NOT FOR ME**





*I want Mom to:*

- laugh
- make friends
- eat well
- feel secure
- have fun
- feel loved

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