



**Cordova Recreation and Park District's Day of Service**  
Volunteers Help Create Beautiful and Tree-Filled Parks

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**Fun, Family, Friends & Fitness!**

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# Gold River Messenger

"Written by the people, for the people"

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Serving Gold River and Sacramento County

JUNE, 2018

**THIS IS FOR THE BIRDS**



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**'Fool's Gold'**  
Dealing with Misspellings



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**MaryAnn Henriksen**  
Realtor/Broker Associate  
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## After a Pizza Your Heart



Samantha and Robby Murcia (center) and their team members Shane Councilil (L) and Nicole Bailey (R) are making a great combination. Photo courtesy MPG Staff

By Rich Peters, MPG Editor

**GOLD RIVER, CA (MPG)** - Robby and Samantha Murcia recently entered the restaurant business with a unique vision that they would not stop short of achieving. The young, driven, married couple recently moved to the Sacramento area from Santa Rosa and opened up a Mountain Mike's Pizza in the

Gold River community – and they are off to a great start.

Robby, whose background is in retail, has successfully managed several stores throughout the years and got an early start in customer service.

"My background goes to retail," said Murcia. "I've been doing that since I was 16-years-old. I have a lot of experience

with the public, customer service and management and leadership. That really just comes second nature for me."

As for getting his start in the restaurant business, he learned from his best man, Sonny Singh.

"My best friend back home, his name's Sonny, they're area developers for Sonoma

Continued on page 2

## Water Supply Allocation Increases Slightly for State Water Contractors

By Department of Water Resources

**SACRAMENTO REGION, CA (MPG)** - The California Department of Water Resources (DWR) today increased the State Water Project (SWP) allocation for 2018 to 35 percent – up slightly from the 30 percent allocation announced in April.

In December, SWP contractors were notified of an initial 15 percent allocation that was later raised to 20 percent in January.

"Late season rain and snow in March and April salvaged what would have been a severely dry year, which allows us to make this slight increase in allocation," said DWR Director Karla Nemeth. "Our water storage is currently in fair condition, but the state's snowpack is still low, so Californians need to continue to embrace water conservation as a crucial part of our lifestyle."

The statewide snow water content dropped from 44 percent of average on April 21 to 15 percent of average today. Snowpack accumulation for the year is well below average because warm temperatures brought more rain than snow in the Northern Sierra.

Snow water content and reservoir storage are among several factors used in determining allocations. Most of the state's major reservoir levels continue to be above their historical averages, but lower in percentage of capacity today than last month. San Luis Reservoir, the largest off-stream reservoir in the United States where water is stored for the SWP and Central Valley Project (CVP),

Continued on page 5

## Kids Get to Explore at Meet the Machines

By Alyssa Rasmussen, CRPD

**RANCHO CORDOVA, CA (MPG)** - Even at the new location, Hagan Community Park, Cordova Recreation and Park District's Meet the Machines event keeps getting better and better each year. This year, children from the district and beyond could explore, and – to varying degrees – interact with, more than twenty

mighty machines. From a hot air balloon where 'riders' could ignite the burner, to a CHP Patrol car where children could sound the siren, the event was great for the curious child.

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The event was great for all curious children, as they were able to explore the machines and enjoy new experiences. Photo by Rick Sloan



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# After a Pizza Your Heart

Continued from page 1

County," explained Murcia. "He and his two brothers own about 11 Mountain Mike's out there." But over the last few years he noticed a new business model for the pizza chains.

"The last four or five builds they've done out in Sonoma and Marin County, they've done this kind of bigger footprint - nice finishes, TVs and full bars - and I just watched what he was doing."

Robby and his wife Samantha decided to take that idea and bring it to Sacramento, where he believes that footprint and business model will thrive. With Singh's connections, he was able to link up with Mountain Mike's Sacramento region developer Dave Larson.

The Murcia's and Larson were sold on the first location they checked out - the old Chevy's in Gold River. The big, open layout was exactly what their vision entailed. "We didn't even go and check out the other three or four places," said Murcia.

"This was the spot; this was the vision that we had. It met all of our criteria."

With the Mountain Mike's name, their pizza is already held in high regard, but state of the art interior design completely sets them apart from others. Murcia happily credited Samantha for crafting the interior into exactly what they wanted.

"My wife, she's the interior designer," he said. "So as far as the design and all the finishes and everything, she went through the catalogs and picked out everything and made it all flow and put it all together."

The vibe of the restaurant fits both the family and party atmosphere, with enough separation for everyone to have a positive experience. "We wanted to create two different



Robby and Samantha Murcia are bringing their own unique vision to the Gold River community. Photo courtesy MPG Staff

feels in the restaurant," said Murcia. "You've got the family dining and can bring your kids (on one side of the restaurant) - it's mellowed out and toned down a little."

The more family oriented side also features an arcade and a private party room that can fit up to 50 people.

"Then if you come over here (to the bar) you've got a whole different feel if you want to drink and watch sports," he said. With 28 TVs strategically placed throughout the restaurant and laid back outdoor patio area, it's a prime place to catch a game.

Murcia also specifically takes the time to handpick what beer is a part of the 20 rotating taps rather than just putting in generic orders. "I went out and researched and connected with some other distributors," he explained "We get our beer from

four different distributors just to be able to offer that wide variety of selections."

The pizzeria has already been experiencing early success since their soft opening on May 3, even acquiring a growing number of regulars. The Murcia's and their 21 employees are primed and ready for the grand opening set to take place on Saturday, June 2.

"The biggest thing for us was just to create a fun, inviting environment for people to come and hang out," said Murcia. So far, so good for the young owners.

The restaurant is located at 2220 Gold Springs Court, Suite 109 in Gold River.

Follow them on Facebook, [com/goldrivermountainmikes](http://com/goldrivermountainmikes) and Instagram [@goldriver\\_mountainmikes](https://www.instagram.com/goldriver_mountainmikes).

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## Cordova Recreation and Park District's Day of Service Volunteers Help Create Beautiful and Tree-Filled Parks



At Hagan Community Park, community members spread throughout the park to collect trash and to apply fresh paint to roads and signs. Photo courtesy CRPD

By Alyssa Rasmussen, CRPD

**RANCHO CORDOVA, CA (MPG)** - Volunteers arrived with energy and enthusiasm to serve their community at Cordova Recreation and Park District's Day of Service events on Saturday, May 5. Over the span of only a couple of hours, each group made a big difference at both Hagan and Rosemont Community Parks.

Rosemont community members, with guidance and donations from the Sacramento Tree Foundation, planted eight trees that will grow to provide shade for future park-goers. Community member Gary Vorce and his planting crew named their tree

'Five, Five, Fifty-Five.' It commemorates the date the tree was planted, May 5, and – incidentally on the same day – Vorce's fifty-fifth birthday.

"Being a part of the community truly makes your community home. It means a lot to me to work side-by-side with my neighbors and to add to the scenic beauty of the parks. Years from now, the families that planted a tree can bring future generations to the tree they planted and named," he said.

Another tree was named 'Zara' after a young woman that helped to plant it. Yet another was given the moniker 'The Hughes' Tree' after the family of seven that worked together cheerfully to plant it.

At Hagan Community Park,

community members spread throughout the park to collect trash and to apply fresh paint to roads and signs. Mom, Katia, worked with her daughter, Sheccid, to repaint the road that serves as an entrance to the park. "I want my kids to know what it is to give back and to be part of the community," Katia shared.

Though the District has held Day of Service events in past years, this year was special. It offered those involved the opportunity to celebrate the District's 60th birthday by giving our parks the gift of their care. Thank you Cordova Recreation and Park District community members, we are thankful! ★

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**Crossword Puzzle on Page 5**

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**Sudoku Puzzle on Page 5**

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4	7	9	8	3	1	6	2	5
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# The Force Holding Animal Abusers Accountable

**SACRAMENTO REGION, CA (MPG)** - Animal abuse, neglect and cruelty is more prevalent in our region than most people know. Local animal regulation agencies work cases every day, pulling animals out of precarious living conditions or caring for animals that were victims of abuse or neglect.

One of the most popular recent situations was the puppy Thomas, found on the side of the road – clearly injured. X-rays showed he had been struck in the skull with a blunt object, shattering his skull causing severe injury to his head and eyes.

The Bradshaw Animal Shelter, where Thomas was brought by a kind citizen after finding him, immediately began lifesaving treatment to manage his pain and treat the infection spreading in his body. Meanwhile, the shelter went public with Thomas's story – asking for any information about Thomas. No one came forward with information and Thomas's abuse/cruelty case is still unsolved.

The good news is that through the generosity of the shelter's non-profit, T.E.A.M. (Teaching everyone Animals Matter), Thomas was able to get brain surgery and is now

living a nearly normal life. Thomas is just one example of hundreds the area animal shelters see every year. Because of the serious nature of the crimes seen, the Sacramento County District Attorney's office launched an Animal Cruelty Task Force – comprised of representatives from each animal shelter in Sacramento County and the Sheriff and Police Departments.

Together, these agencies are working to identify, investigate and prosecute those responsible for abuse, neglect and cruelty to animals. Research shows that the link between animal abuse and crimes committed against persons is strong. Often, animal abuse is a gateway to crimes against humanity. With the help of the task force, Sacramento County Deputy District Attorney Hilary Bagley is looking to put a stop to this progressively violent behavior.

Deputy District Attorney Hilary Bagley on why she felt this task force collaborative was critical:

"For too many years in Sacramento it has been the worst of scenarios for animals. Prosecution relies on both law enforcement and animal control to make animal abuse

investigation more of a priority within their agencies.

Law Enforcement more often than not, doesn't receive training in animal abuse. Like any other crime, animal abuse constitutes violations of the Penal Code and law enforcement is responsible for investigating them.

At the same time Animal Control agencies have lacked training their officers as investigators. The officers all need to develop the ability to take statements, write reports and understand their responsibilities to develop and investigate cases. Our community expects that both animal care and law enforcement officers are performing their duties so that violators are accountable.

We have formed the task force to unite these agencies, share successes and learn from failures. Many on the force share an affinity for animals. We can only improve by communication, working together and joining all forces."

The Animal Cruelty Task Force is just one example of progressive collaboration efforts across County agencies and across jurisdictional lines – all with the goal of creating a Sacramento County we all love. *Source: Sac County News* ★



By David Dickstein, Gold River resident

A feeling of joy came over me as I walked up the steps to the glass front doors of the Gold River Racquet Club. After a week of slacking off, I was finally getting my sorry butt into the gym. As fast as elation came, however, it vanished just as quickly – like In-N-Out fries when put within my reach. The cause of this sudden change in mood at the club was staring me right in the face. It was a sign – not from heaven but put out by the Grand Slam Café just past the front desk.

"Big Plate of Nachos with Salsa, Sour Cream, Tomatoes & Jalapeños, \$4.75. With Meat (Beef or Chicken), \$6.95."

OK, so maybe the person who wrote the day's food special on the stand-up chalkboard sign didn't know Spanish well enough to correctly spell "jalapeños." But "beff?" That word is one of the most common in the English language and represents something all but vegetarians probably eat every day. So, really, where's the "beff?" Even sadder, according to the club employee manning the front desk that night, no one before me pointed it out to him. This assumes, of course, that anyone even noticed. The staffer stationed a few feet from the offensive sign surely hadn't.

Should we really be surprised? Considering the collective deterioration of spelling skills due in part to such blessing-and-curse technologies as online spell checkers, voice messaging and character-frugal texting, I wouldn't be shocked if anyone even noticed the intentional misspellings in the headline of this column.

Augmenting the problem is the marginalization of spelling in schools. Educators will argue the importance of emphasizing other reading and writing skills, citing that the English language spelling system is too irregular and unpredictable for pure spelling instruction to have much return on time investment. Perhaps they haven't seen the evidence proving that proficiency in spelling supports reading.

Well, whatever is or isn't being taught in America's classrooms with respect to spelling, all this dinosauric print journalism major knows is the number of writing errors is growing. It's one thing to see mistakes in print and online (news outlets can't afford proper editorial staffing any longer), but almost every time you're out and about in town? Here's but a sampling of recent epic fails in and around

# 'Fool's Gold'

## Dealing with Misspellings



Perhaps the Racquet Club should add personal training in spelling. Photo by David Dickstein

Gold River:

- "WE'RE OPEN," read the A-frame sign stand for Fort Rock Brewing in the Natomas Winery building. Hoping this was actually a clever play on "beer" by the brewpub next to Old Spaghetti Factory, I checked out the other side of the double-sided sign. "WE'RE OPEN," it read. Darn.
- A typed sheet of paper taped to a broken vending machine inside Folsom Lake Honda read, "OUT OF ORDER – SORRY FOR THE INCONVIENCE." I guess whoever wrote it found it too inconvenient to use a spell checker or – gasp! – an actual dictionary.
- "RESERVATION PREFERED," read the large poster in the window of Massage Angels across Sunrise. Well, I have reservations over their spelling of "preferred," let alone that they even got the name of their own business wrong. It's "Angels," not "Angel."
- Il Forno Classico in Gold River Town Centre has a punctuation oopsie on its menu. The vegan, dairy-free, soy-free and gluten-free ratatouille is described as looking like pasta, "but its zucchini ...." If you didn't notice the error, it's right there.
- Another apostrophe catastrophe was found a few steps away at Starbucks. The handwritten sign outside the door urged customers to "Pick out a couple Mother's Day gift's and check out our special gift cards!" Size wise, I'd say that error is a grande.
- Before we leave our local shopping center, even the tenant directory signs have problems. How sloppy of the property management company to write Starbucks as "Starbuck's," Swansons Cleaners as

"Swanson's Cleaners" and Outback Steakhouse as "Outback Steak House." There are other issues with this mistake-riddled, outdated customer resource, but the biggest one is at top: "Gold River Town Center." It's "Centre," just as the original developer wanted it despite the fact that there's nothing British or fancy schmancy about the retail complex.

• How dishonorable of Samurai Sushi to get its own city wrong. Printed on the chopsticks wrapper is the restaurant's address, 12251 Folsom Blvd. in "Rancho Cordove." Sigh.

• The same week "jalapeños" and "beff" were on the lunch special at the tennis club's café, so was a tri-tip plate with "potatoc" salad. Who was the writer's English teacher? Dan Quayle? (Millennials and younger, please Google that.)

Why do I have such a beff about these spelling and punctuation errors? Because each one, typos included, contributes to the dumbing down of 95670. This crisis goes way beyond our neck of the wordy woods, of course. Assaults on the English language are everywhere, from a presidential tweet to the text you just received to the pop music we enjoy.

At least with songs, most errors are intentional to add a supposed "cool factor." But, really, what's so cool about sounding stupid? I guess that's a question to ask The Beatles ("She's got a ticket to ride ... but she don't care") or Lady Gaga ("You and me could write a bad romance") or Bruno Mars ("It don't make no sense out here drippin' in finesse").

Word.  
David Dickstein is a Gold River resident. He can be reached at [daviddickstein1@gmail.com](mailto:daviddickstein1@gmail.com). ★

# Water Supply Allocation Increases Slightly for State Water Contractors

Continued from page 1

is at 79 percent of capacity. Shasta Lake, the CVP's largest reservoir, is at 89 percent of capacity. Lake Oroville and New Melones Lake are at 69 percent and 83 percent of capacity, respectively.

DWR transports SWP water to 29 SWP contractors who serve more than 27 million Californians and about 750,000 acres of farmland. A 35 percent allocation amounts to 1,481,685 acre-feet of water.

DWR's California Data Exchange Center website

provides current water conditions at the state's largest reservoirs and weather stations and measures current rain and snow precipitation.

For more information, follow us on Twitter or Facebook, read our news releases. ★

## STATEPOINT CROSSWORD • MOUNTAINS AND RANGES

### CLUES

- ACROSS**
- Meat jelly dish
  - \*Sierra Nevada country
  - Cut the crop
  - Bake an egg
  - Cattle prod
  - Notre-Dame sounds
  - Orange type of tea
  - Hula dancer's necklace
  - Door fasteners
  - \*North American Cordillera's highest peak
  - \*Himalayan peak
  - \*Type of resort
  - Monetary unit of Xi Jinping's country
  - Nothing alternative
  - Big rig
  - Bloody Mary juice
  - Byproduct of combing wool
  - Hermes and Apollo
  - Whitman's famous flower reference
  - Small European freshwater fish
  - "This \_\_\_\_\_" on a box
  - Country dance formation
  - \_\_\_\_ vs. pathos
  - Swing seat?
  - Long adventure story
  - Japanese warriors' religion
  - Red Cross supplies
  - Duke of Cambridge to Prince of Wales
  - Foot curve
  - Boiling blood
  - \*Highest mountain in Cascade Range
  - \*Highest peak in Russia
  - "\_\_\_\_\_ a high note"
  - Increase
  - Shrek and Fiona
  - Deals
  - Just one of #61 Down
  - Annie Oakley's show
  - What Simon does
  - "Swan Lake" steps
  - Lumberjack's leftover
- DOWN**
- Nile reptile
  - Type of outbuilding
  - Toothy freshwater fish
  - Jordan Spieth's 3-9
  - Floorboard sounds
  - Tangerine-grapefruit hybrid
  - Sigma Alpha Epsilon
  - Farewell in France
  - \_\_\_\_-view mirror
  - Alleivate
  - \*Strictly European mountain range
  - "\_\_\_\_, over here!"
  - \_\_\_\_ red, in a chemistry lab
  - City in Belgium
  - Giant pot
  - "Fiddler on the Roof" language, originally
  - \*World's longest mountain system
  - Averse
  - Chinese fruit
  - \* \_\_\_\_ Blanc
  - One thousandth of a liter, pl.
  - Spy's cover
  - Argentine dance
  - \* \_\_\_\_ Ridge, word's longest underwater range
  - Kings of \_\_\_\_ band
  - "Why not?"
  - Jeopardy
  - "Tide" target
  - Mine deposit
  - Pergolas
  - Move like ivy
  - Cereal killer
  - Cold War enemies
  - Dwarf buffalo
  - Lazily
  - Rejections
  - Unagi, pl.
  - Pakistani language
  - Give an impression
  - \*Mauna \_\_\_\_, Hawaii's highest peak
  - Oreo to milk

**CROSSWORD**

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**For Solutions See Page 4**

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Serving Gold River and Sacramento County

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## GOLD RIVER COMMUNITY UPDATE

### Bringing County Elections Out of the Shadows

money they can directly contribute to their campaign. The Supreme Court has ruled that people can donate unlimited amounts of money if they spend the money on behalf of a candidate, rather than directly giving it to them. As such, during competitive County Supervisor races, a group will form and give themselves a vague name like "Citizens for a Better Future for Sacramento" and then spend tens, if not hundreds of thousands of dollars to help a candidate. This is called an independent expenditure (IE).

While anybody can form an IE, the reality is that only special interests have the resources to do it. Some of these IE's are upfront about who they are and why they support a candidate. But some are shadowy organizations funded by wealthy out-of-state donors that hide their intentions. And often these IE's push messages that the candidate would never approve on their own.

This dynamic makes it harder for regular citizens to help a candidate, while political insiders continue to donate the same amount as they normally would have. Further, our low contribution limits have caused IEs to become more and more prevalent in Sacramento County elections. Many recent Board of Supervisor elections have seen more money spent by IEs than by the actual candidates themselves, something I learned first-hand during my 2016 Supervisor campaign.

Not only does this rising prevalence of IE usage make it harder for outsiders to compete, but it also makes it harder for citizens to know who is donating to a candidate. If someone donates directly to a candidate, it would only take you a few clicks of a mouse to find out that information online. To find who has contributed to an IE takes significantly more work, and even if you were to find that information you may discover that the IE donated to numerous candidates at the same time, which only makes

the issue more confusing.

You may be thinking that even if we raised the contribution limits, IEs would still have a dominating effect on elections - but history shows that is simply not the case. Time and time again we have seen that contribution limits don't reduce the influence of money on elections - it just pushes underground into shadowy IEs. Donors prefer to donate directly to candidates rather than using IEs. Even billionaire George Soros recently donated around \$400,000 directly to District Attorney candidate Noah Phillips instead of using an IE.

Our \$500 donation limit is not normal. Sacramento County Supervisors have one of the lowest limits for political offices in Sacramento County, second only to Folsom who will be voting later this year to potentially raise theirs. The cities of Citrus Heights, Rancho Cordova, and Elk Grove don't have limits. There's no limit on Sheriff, District Attorney, or Assessor either - and the limit for Sacramento Mayor is \$3,350.

I personally feel our low donation limit is bad for democracy and accountability, but I am your representative and do not want to push for raising/eliminating contribution limits unless the voters of my district tell me they want me to. Every time I write one of my columns I get dozens of e-mails from people who tell me how they felt about what I wrote, and I respond to each one of them. But this time, more than ever, I want you to tell me how right or wrong I am. I'm listening, and your opinion means a tremendous amount to me. E-mail me at SupervisorFrost@saccounty.net.

*Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murietta, North Highlands, Carmichael, Foothill Farms and Fair Oaks. ★*



By County Supervisor Sue Frost

Through the generosity of the Gold River Messenger, this column serves to provide an update about matters affecting the unincorporated community of Gold River.

I think we need to make it easier for you to vote me out of office. Yes, you read that right - and no, I haven't lost my mind.

Right now, it is far too easy to get re-elected to the Sacramento County Board of Supervisors. In fact, it's so easy to get re-elected that no County Supervisor has lost their re-election campaign in over 50 years. This is not a good thing for the voters, and creates a scenario where County Supervisors have virtually no fear of ever losing their job. My colleagues and I should have to work hard every day to prove to you that we are doing a good job - the voters of our county deserve nothing less.

The reason for this absurdly high job security is complex with no single answer, but I believe a major factor creating this dynamic is how our campaign finance laws are written. Right now, a candidate running for County Supervisor is not allowed to receive any contribution over \$500 from an individual. This was undoubtedly a well-intentioned law when it was written, designed to make it easier for "political outsiders" to be able to compete with "insiders", but over time the political atmosphere has evolved and this law ironically makes things worse. Allow me to explain why.

Sacramento County cannot stop an individual from donating money to help someone win their election, we can only limit how much



Make It Fun and It Will Get Done!

The Secret to Being Organized

## Pam Young's Corner

### This is for the Birds

This spring I decided to feed the birds peanuts. I put a big pile of nuts on our deck and they sat there unnoticed for days! When I thought about it, I realized I hadn't seen the birds that love peanuts (the Steller's Jays) for quite a while and wondered if they'd been off on a winter vacation in Hawaii or something.

Then a couple of weeks ago we had the Craig's (our neighbors) over for lunch and my conversation with Shay went something like this:

Me in a rather confrontational tone (Shay knew I was playing with her), "Are you, by any chance, feeding MY birds?"

Shay, "Uh, which ones?"

Me, "The Steller's."

Shay, "Well, uh, yeah."

Me, "What are you feeding them?"

"Peanuts."

"What time?"

"About 8:00 in the morning."

"So that's where they are! They're going over to your house and filling up on your nuts and they're not coming here. Do you call .em?"

"Yeah, I whistle, do you?"

"No I can't whistle, but I use a shrill, very high-pitched voice and say, 'Come on birdies!'"

"Oh right, we've heard that, but we didn't know it was you."

Once I found out that my birds were eating at the Craig's at 8:00, I started screaming out the door at 7:00, so they'd get my nuts first. (So much for living in the peaceful

country.) I admit I'm a bird hog! But a little competition among neighbors is fun.

Now, every morning, when I open the sliding glass door to our deck and call, within a minute (sometimes 30 seconds) I hear the high-pitched call of the Steller's. There's a family of them that live in the old-growth cedar trees. They're bright blue and shaped like cardinals with that pointy top notch. They love peanuts and I buy them in a 30-pound bag at the feed store in Woodland. This morning a female came to have a peanut (it's usually just the males who've been coming to our deck) and she behaved like a typical woman shopping. She'd pick up a peanut and throw it down and pick up another one and toss it and re-pick up one that didn't make the cut the first time. She must have handled (or beaked) about four before she settled on one and flew off with it.

The males are just like a man shopping. They don't. They fly in pick up the nut and leave. I love these birds for so many reasons. For one thing they're so smart. I read that they can mimic the sound of other birds that are predators to some birds therefore scaring them away so the Steller's can get the seeds in bird feeders.

My call is meant just for the birds, but it seems others are listening. I've noticed lately there's a squirrel that's been responding to my 7:00 am revelry. I shouldn't be surprised that more than just the birds

hear my call since the Craig's can hear me. I'm sure the squirrel doesn't think he's a bird as he seems very self-confident with his identity. I've wondered who's smarter, the birds or the squirrel. Just because the birds get there before the squirrel does could just mean flight is faster and climbing down a tree, running across the lawn and climbing up to the deck just takes longer. I don't mind feeding him, even though he makes a mess by leaving nuts shells on the deck where the birds fly off with the whole nut and make a mess somewhere else.

The trouble with wild animals is they won't go by my rules. They could care less that I have a weekly 3x5 card that says, "Clean Deck," or if I posted one out in my flower garden that says, "No Deer Allowed," or by my apple tree that says "Do not eat apples," or one on the west side of the house for the woodpecker that says, "Do not peck on house." Living in the country teaches us how far we can take our organizational systems and then we're just left to enjoy the show.

Enjoy your spring wherever you are!

For more from Pam Young go to [www.cluborganized.com](http://www.cluborganized.com). You'll find many musings, videos of Pam in the kitchen preparing delicious meals, videos on how to get organized, lose weight and get your finances in order, all from a reformed SLOB's point of view. ★



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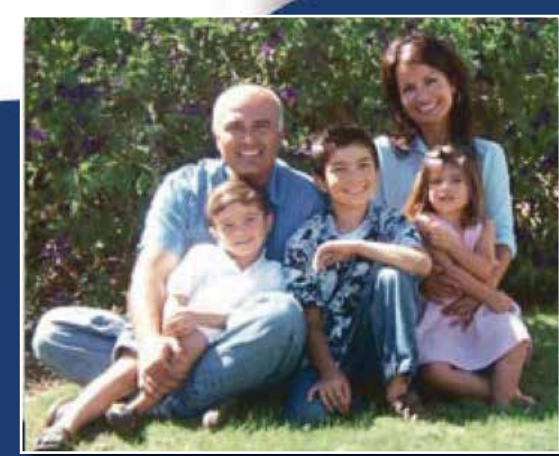


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# Meet Parker and Muggles



Parker and Muggles thrive on affection and human companionship. Photo courtesy Kay Burton

By Kay Burton

Parker is white and almost seven years old. Owner, Sherry and Ray STULTS, tell us he is a total foodie! He loves food, treats, even cat food. He is very enthusiastic about everything---especially the sound of his own Bark.

Parker is a Havanese mix who is a great companion who travels well, loves everyone and is very affectionate. The Havanese is the National Dog of Cuba and is an ideal family pet.

Muggles is a full blown Lhasa Apso ( dark in color) and soon to be 15 years. Muggles is a Registered Therapy Dog so she visits Alzheimer's facilities and other places, to bring a little love and joy to them.

Muggles owners, Jan and Dick Dell tell us they are both very good dogs, and get along with each other very nicely. At 4 pm they walk around their Village, where they live, twice sometimes with other pets and their owners join them. They are

known as the Discovery Village Kennel Club. Both Parker and Muggles thrive on affection and human companionship and are their very best when participating as members of the family. Whether male or female, puppy or adult, both of these dogs can be expected to steal your heart.

Kay Burton is a longtime columnist and supporter of the SSPCA and other Rescue groups. To share your family pet story with our readers, email: [Kayburton@comcast.com](mailto:Kayburton@comcast.com). ★



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Thurs., Aug 2 (Dinner @ 6:30 pm)

11:30 am to 12:30 pm

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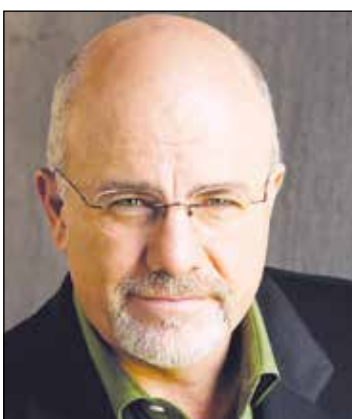
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# Dave Says

## Save up, or get a mortgage?

Dear Dave,  
I'm 28, single, and I just became debt-free. In addition, I make \$70,000 a year and have the equivalent of six months of expenses set aside for emergencies. Should I save up to pay cash for a house, or is mortgage debt okay? I'd like to keep the price of a new home between \$200,000 and \$225,000. Since I currently live in a nice apartment, I think I can save about \$20,000 a year. What do you think?

-Kathryn

Dear Kathryn,

It sounds like you're in great financial shape. Congratulations on becoming debt-free!

Let's take a look at both scenarios. If you can save \$20,000 a year, that means you're about 10 years away from a nice, paid-for home, and you're still debt-free. That's one option. At the same time, I don't yell at people for taking out a 15-year, fixed-rate mortgage, where the payments are no more than 25 percent of

their monthly take home pay. In this situation, you could save like crazy for a couple of years and make a big down payment on a home in the price range you're talking about. Then, you could pay off that house in just 15 years.

I honestly don't have a problem with either solution, Kathryn, but think about this. Wouldn't it be great to have your own home, and still be completely debt-free, at 40? It's something to think about!

—Dave

## Stand up to them!

Dear Dave,

A debt collection agency started calling my office a few weeks ago. I gave them an initial payment, and made an agreement to pay off the debt in monthly installments. This morning, they started calling me at my office again wanting payment. Can I legally demand they not call me at my place of employment?

- James

Dear James,

Absolutely! You have a legal and moral obligation to pay your debts, and I'm glad this is something you recognize. But collectors have rules they must follow. They're governed by law just like everyone else.

Be certain to keep your end of the agreement. Make your payments on time, or early, whenever possible. Then, if they call you at work again, remind them of your initial payment and the terms of the agreement already in place. Be polite, but firm, and demand that they never call you at your office again.

In addition, send them a certified letter, return receipt requested, so you'll have proof you sent the letter and they received it. In the letter, let them know that — according to guidelines set forth in the Federal Fair Debt Collection Practices Act — you are demanding they not call you at your office again.

If they call you there after receiving this formal demand to stop, they'll be in violation of federal law. If that happens, let them know you'll talk to a lawyer and sue them.

—Dave

*Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 12 million listeners each week on 575 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★*

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# RECYCLE IT RIGHT!

Today more than ever, we have to **re-educate** ourselves about what should and should not be placed in the recycling cart and **change our recycling habits**.

Starting March 2018, stricter rules are being enforced on the quality of recyclable materials that will be accepted by the international recycling markets. **Now, only contamination of up to 0.5% in a bale of recyclable materials will be accepted.**

Currently, the contamination level is having a significant impact on the County's recycling program. **If there is no market willing to buy these recyclable materials, they could end up landfilled** – and that's not good for managing landfill space, our recycling program, or our environment!

**If you live in our service area, visit our website at:**

[SacGreenTeam.com](http://SacGreenTeam.com)

## HOW YOU CAN HELP!

**Recycle It Right** by making sure the right materials are placed in the right cart at home or at work.

### WITH ALL YOU PLACE IN YOUR RECYCLING CART, DO YOU KNOW WHAT IT MEANS TO RECYCLE IT RIGHT?

#### Recycling

Empty and clean. No liquids or food soiled items.

Glass bottles and jars

Metal beverage and food cans

Plastic bottles and containers

Rigid plastic containers

Paper, magazines, newspapers, junk mail, cardboard, cardboard egg cartons, cereal boxes

#### Green Waste

Leaves

Grass clippings

Weeds

Prunings less than 4" in diameter and cut to fit inside the cart

Brought to you by Sacramento Regional Solid Waste Authority



- I want Mom to:*

  - laugh
  - make friends
  - eat well
  - feel secure
  - have fun
  - feel loved

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# Fun, Family, Friends & Fitness!

By Jan Float

**GOLD RIVER, CA (MPG)** - Can you name another sport that combines all of these in a single all-hands-on-deck venue? Trite but oh-so-true: It Takes a Village. Accordingly, Gold River has named its village "Stingrays Nation." Without parental volunteers, running around in their various capacities, neither would there be a nation nor a team. From poolside, parents take a time-out to watch their children swim their hearts out. Talk about hubbub -- fun-filled, family-oriented, friends-animated, fitness-at-its-finest!

Gold River is acclaimed for being the most gracious hosts and throwing the best Pool Parties. After opening their gates, opponents are warmly greeted and shown around Stingrays' Nation. Cue craziness: Check-ins, tents set up, gear unpacked, electronics checked -- a flurry of actions to settle in and begin the day. Both teams then take a patriotic pause, place hands over hearts, and enjoy a Stingrays' solo/duet/trio singing poignant renditions of the Star-Spangled Banner. All swimmers warm-up [wake up] their bodies; "WE BELIEVE" cheers galvanize the masses; the referee, starter, timers, stroke-and-turn judges, age-group parents and others take their marks; witty announcers start broadcasting; and athletes are off to the races!

Throughout the meet, be-bopping tunes blare, coaches high-five swimmers, computer wizards generate results, the team photographer snaps away, swimmers are led to ready benches, hospitality serves snacks and drinks to officials, ribbons are labeled, gold-silver-bronze incentives are distributed, yummy snow-cones are custom made, burgers and hotdogs fly off the BBQ. It's a whirling dervish of Fun, Family, Friends & Fitness activity. Stingrays' Spirit is so rampant that a few seasons back,



(Photo at top) Gold River is acclaimed for being the most gracious hosts and throwing the best Pool Parties. (Photo at right) Mike, Laura, and their happy swimmers, Alexa and Luke, serve as prime examples of life within Stingrays Nation. Photos by Tom Jones

rehearsed adults surprised the crowd with a join-in Flash Mob ... busting out some decent moves to Michael Jackson's Thriller! Okay. Michael was admittedly somewhat better.

Emulating the team's announcers, "Here's introducing the Kronbetter Family!" Mike, Laura, and their happy swimmers, Alexa and Luke, serve as prime examples of life within Stingrays Nation. This fun foursome always jumps right in, contributing to the joy, laughter and all-round camaraderie. As the 7-8 boys age-group parent, Laura corrals up this rambunctious group and ensures

they're on the ready bench for their next event, each boy with cap and goggles in hand and on head. Mike and Laura understand that young athletes learn to set goals, reach their potentials, and rack up personal-best stats. 11-year-old Alexa and Luke, at age eight, benefit from these priorities at home and as team members.

After establishing their faster-than-expected seed times on May 5, including an astonishing 201 Personal Bests, Stingrays Nation opened those gates to Arden Hills the following week. These two teams aren't exactly rivals. They

BELIEVE as Gold River does: It's all about Fun, Families, Friends & Fitness. By a narrow margin, 37 points, the Stingrays were in for the win.

After Championships in July, those who hit rigid time standards compete in the grand finale, August's Meet of Champs. Here in Meet No. 1, from a small-but-mighty roster of 127 Stingrays, 20 made the cut. Stingrays Nation has a jam-packed June (five meets and four social events). Whew! Fun, Family, Friends & Fitness. With this schedule, there will be much to report next month! ★



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Effective 5/30/18 - 6/5/18

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ANY PURCHASE OF \$15.00 OR MORE OF PET OR FISH SUPPLIES (Excluding Pet Food or Litter) Cannot be used in conjunction with similar dollar or percentage off coupons & advertised sale items.  
Limit 1 PLU 351 GRM  
Limit: 1 Coupon Per Family  
Effective 5/30/18 - 6/5/18

<p><b>ZIGNATURE LIMITED INGREDIENTS FORMULA DRY DOG FOOD</b> Limit 2 Bags Per Family •Turkey •Lamb •Trout/Salmon •Zentail •Duck •White •Fish •Salmon •Pork •Catfish</p> <p>13.5 Lb. .... <b>\$3 OFF</b> 27 Lb. .... <b>\$5 OFF</b></p> <p>OUR SUPER LOW PRICE! Effective 5/30/18 - 6/5/18</p>	<p><b>DIAMOND NATURALS DRY DOG FOOD</b> 40 Lb Bag •Chicken •Lamb •Beef •Large Breed •Senior 35 Lbs •Lite 30 Lbs (Lrg Breed Lamb \$31.99) (Ex Athlete \$36.99)</p> <p><b>\$29.99</b> Effective 5/30/18 - 6/5/18</p>	<p><b>AVODERM NATURAL DRY DOG FOOD</b> 24-26 Lb Bag Limit 2 Bags Per Family •Lamb Meal &amp; Rice <b>\$31.99</b> •Chicken Meal &amp; Rice .... <b>\$33.99</b> •Lite <b>\$35.99</b> •Large Breed Adult ..... •Original/Beef .....</p> <p>Effective 5/30/18 - 6/5/18</p>	<p><b>NUTRO WHOLESOME ESSENTIALS DRY DOG FOOD</b> •Chicken, Brown Rice &amp; Oatmeal Formula (Reg &amp; Lrg Breed) •Senior •Lite 30 Lb Bag</p> <p>Limit 2 Bags Per Family <b>\$35.99</b></p> <p>Effective 5/30/18 - 6/5/18</p>
<p><b>9 LIVES CANNED CAT FOOD</b> 5.5 Oz All Varieties</p> <p>Limit 1 Case Per Family <b>35¢</b></p> <p>Effective 5/30/18 - 6/5/18</p>	<p><b>FANCY FEAST GOURMET CANNED CAT FOOD</b> All Varieties except Elegant Medley 3 Oz</p> <p>Limit 2 Cases Per Family <b>20/\$11.00</b></p> <p>Effective 5/30/18 - 6/5/18</p>	<p><b>PURINA CAT CHOW DRY CAT FOOD</b> •Regular •Indoor 16 Lb Bag</p> <p>Limit 2 Bags Per Family <b>\$11.99</b></p> <p>Effective 5/30/18 - 6/5/18</p>	<p><b>SCOOPAWAY CLUMPING CAT LITTER</b> 20 lb Box •Multi-Cat •Unscented (Fresh Step Scoop, 20 Lb Box - \$7.49)</p> <p>Limit 2 Boxes Per Family <b>\$5.49</b></p> <p>Effective 5/30/18 - 6/5/18</p>

<p><b>PURINA PRO-PLAN CANNED FOOD SALE</b> Limit 2 Cases •Selected Varieties Dog Food 13 Oz <b>\$1.09</b> Cat Food 3 Oz <b>69¢</b></p>	<p><b>WORLD'S BEST CAT LITTER</b> •Original •Extra Strength 14 Lbs Limit 2 Bags <b>\$12.99</b></p>	<p><b>WELLNESS CANNED CAT FOOD</b> All Varieties except Signature &amp; Core 5.5 Oz Limit 1 Case <b>\$1.29</b></p>
<p><b>WILDERNESS DRY CAT FOOD AS MARKED \$5 OFF</b> •Chicken •Salmon •Duck •Indoor •Weight Control 100% Grain Free 11-12 Lb Bag Limit 2 Bags</p>	<p><b>PRECIOUS CAT CLUMPING CAT LITTER</b> 18 Lb Bag Limit 2 Bags Per Family <b>\$5.99</b></p>	<p><b>PEDIGREE CANNED DOG FOOD</b> •Choice Cuts in Gravy •Chunky Ground Dinner •Chopped Ground Dinner All Varieties 13 Oz Limit 2 Case (12 ct) <b>69¢</b></p>
<p><b>PEDIGREE DRY DOG FOOD</b> •Adult 50 Lb Bonus Bag Limit 1 Bag Per Family <b>\$21.99</b></p>	<p><b>JONNY CAT PREMIUM CAT LITTER</b> 10 lb Bag Limit 2 Bags Per Family <b>\$1.69</b></p>	<p><b>CHICKEN SOUP FOR THE SOUL DRY DOG FOOD \$7 OFF</b> •Adult •Large Breed •Mature •Weight Care 30 Lb Bag Limit 2 Bags</p>
<p><b>CANIDAE PURE GRAIN FREE ADULT DRY DOG FOOD</b> 24 Lb Bag Limit 2 Bags •Lamb •Duck •Salmon •Bison <b>\$10 OFF</b></p>	<p><b>CAT'S PRIDE FRESH &amp; LIGHT PREMIUM CLUMPING CAT LITTER</b> 15 Lb Jug Limit 2 Jugs <b>\$5.99</b></p>	<p><b>MEOW MIX DRY CAT FOOD</b> •Original Choice 16 lb Bag Limit 2 Bags Per Family <b>\$10.99</b></p>

<p><b>HAMILTON PET LEASHES</b> •Collars •Harnesses All Varieties <b>20% OFF</b> •Leads •Nylon •Leashes •Leather</p>	<p><b>PENN-PLAX CASCADE POWER FILTER SALE</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td>MODEL</td> <td>TANK SIZE</td> <td>PET CLUB SALE</td> </tr> <tr> <td>CASCADE 100</td> <td>20 Gal.</td> <td><b>\$13.99</b></td> </tr> <tr> <td>CASCADE 150</td> <td>35 Gal.</td> <td><b>\$17.99</b></td> </tr> <tr> <td>CASCADE 200</td> <td>50 Gal.</td> <td><b>\$20.99</b></td> </tr> <tr> <td>CASCADE 300</td> <td>100 Gal.</td> <td><b>\$27.99</b></td> </tr> </table>	MODEL	TANK SIZE	PET CLUB SALE	CASCADE 100	20 Gal.	<b>\$13.99</b>	CASCADE 150	35 Gal.	<b>\$17.99</b>	CASCADE 200	50 Gal.	<b>\$20.99</b>	CASCADE 300	100 Gal.	<b>\$27.99</b>
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<p><b>NATURAL BALANCE DOG FOOD ROLL</b> •Beef •Chicken 2.25 Lb •Lamb &amp; Chicken 3.5 Lb Roll <b>20% OFF</b></p>	<p><b>PET LINK SYSTEMS CAT PRODUCTS</b> •Cat Toys •Scratchers •Scratching Systems &amp; Posts •Activity Toys All Varieties <b>20% OFF</b></p>															
<p><b>BOODA DOME COVERED LITTER BOX</b> •Regular (Clean-Step \$21.99) <b>\$14.99</b></p>	<p><b>SPOT PET TOYS &amp; VOYX X-PETS</b> Dog &amp; Cat Toys All Varieties <b>20% OFF</b></p>															
<p><b>TETRA BOXED 10 GALLON TANK</b> Just add Heater For Tropical Fish <b>\$36.99</b> Limit 1 Per Family</p>	<p><b>KORDON WATER CONDITIONERS</b> Amquel 16 Oz ..... <b>\$6.49</b> Amquel Plus 16 Oz ..... <b>\$6.49</b> Novaqua Plus 16 Oz ..... <b>\$6.49</b></p>															

<p><b>BONUS COUPON</b> <b>FANCY FEAST ELEGANT MEDLEYS CANNED CAT FOOD</b> Selected Varieties - 3 Oz Limit Cans with Coupon Limit One Coupon Per Family Price Valid Only With Coupon <b>59¢</b> Effective 5/30/18 - 6/5/18</p>	<p><b>BONUS COUPON</b> <b>PURINA WHISKER LICKINS CAT TREATS</b> •Soft &amp; Delicious - 2.5 Oz •Crunchy &amp; Yummy - 1.7 Oz Limit 2 Pouches with Coupon Limit One Coupon Per Family Price Valid Only With Coupon. <b>69¢</b> Effective 5/30/18 - 6/5/18</p>	<p><b>BONUS COUPON</b> <b>ARM &amp; HAMMER CAT LITTER DEODORIZER</b> 20 Oz Box Limit 2 Boxes with Coupon Limit One Coupon Per Family Price Valid Only With Coupon <b>\$1.49</b> Effective 5/30/18 - 6/5/18</p>
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# Kids Get to Explore at Meet the Machines



Kids of all ages were able to explore the machines, making the afternoon a great experience for the community. Photos by Rick Sloan



Continued from page 1

Outside of vehicle exploration, children were invited to jump into the trike course, scale the rock climbing wall, have their face painted, ride trains around a zig-zagging and zagging course, and enter the District's logo contest for the 2019 event. Also, the District gave away beach balls stamped with its 60th anniversary logo. The beach balls created a whirlwind of fun as a pressure blower shot the balls repeatedly into the air, delighting the kids with the thrill of the chase.

The sponsorship of local businesses helps make the event possible. This year, the community has five local organizations – Folsom Ready Mix, Republic Services, Sacramento Area Sewer District, Smile Kingdom Dental, and KP International Market – to thank. And to the 1,500 machine-lovers that made it out and enjoyed the event: hope to see you again next year! ★

## MAKE A HEALTHY SPLASH THIS SWIM SEASON

As the weather heats up, Sacramento County residents will be heading to public swimming pools and our lakes and rivers to cool off.

Protect your health this swim season by keeping germs out of the water and off you!

### ANYONE ENJOYING RECREATIONAL WATERWAYS SHOULD:

- Not drink recreational water or use the water for cooking.
- Avoid algae blooms (brightly colored water) and trash in the water.
- Pay attention and follow any warning signs and postings. Do not access a water body if posted warnings indicate it is not safe to do so.
- Wash your hands or shower after swimming.
- Not enter the water if you have cuts or open sores, as these are pathways for bacteria to enter your body.
- Contact your healthcare provider if you have concerns regarding your health after swimming in recreational waters.

### KEEP IT CLEAN IN PUBLIC POOLS, SPAS AND WATER PARKS

- 1 Stay out of the water if you feel ill.
- 2 Shower before you get in.
- 3 Have everyone get out to take bathroom breaks every hour.
- 4 Shower before you get in.



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 FOOD COURT NOW OPEN  
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### WEEKLY MEAT SPECIALS

<b>Sanderson Farms</b> Boneless & Skinless Chicken Breasts Pechuga de Pollo Deshuesada y sin Piel 40 lb Box.....\$59.99/ea	<b>WAYNE FARMS</b> GREAT VALUE Ribeye Steak \$5.99/lb
<b>USDA CHOICE</b> Beef Rump/Bottom Round Roast Pulpa Contra en Trozo sin Hueso \$2.69/lb	<b>USDA CHOICE</b> Beef Bottom Round Steak - Boneless Pulpa Contra en Bistek sin Hueso \$2.99/lb
<b>Superior Farms</b> Lamb Shoulder Chops \$7.99/lb Lamb Arm Shoulder Chops \$7.99/lb Lamb Rib Chops \$19.99/lb Lamb Loin Chops \$13.99/lb Lamb Leg Steaks \$9.99/lb Lamb Ribslets \$5.99/lb	Boneless Lamb Flanks \$7.99/lb Boneless Lamb Stew \$8.99/lb Hind Lamb Shanks \$4.69/lb Short Cut Lamb Leg \$5.99/lb Lamb Neck Stew \$3.99/lb Ground Lamb \$7.99/lb
<b>SEABOARD</b> Pork Cusion Meat Boneless Carne de Cojin de Cerdo sin Hueso \$1.59/lb	<b>OLSEN</b> Pork Tenderloin Lomo de Cerdo \$1.99/lb
<b>IBP</b> Pork Neck Bones Huesos de Cerdo 99¢/lb	

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE MAY 30 - JUNE 5, 2018. ATTENTION CUSTOMERS: Any old style rewards card or unclaimed reward points will be added to your account only until APRIL 30, 2018.

**June 5, 2018 Tuesday**  
**California Vote Centers in**  
**KP International Market Building #411**  
 Serving  
**Rancho Cordova • Fair Oaks**  
**Gold River • Orangevale**

### FRESH PRODUCE

SALES FOR PRODUCE WILL BEGIN ON WEDNESDAYS @ 12:00PM

Cilantro \$1	Fresh Express Salads .99¢	Roma Tomatoes 79¢/lb	Honey Crisp Apples 79¢/lb	Papayas 89¢	Avocado Bag 1.99
Russet Potatoes 10 lb Bag 1.99	Romaine Lettuce 69¢	Kabocha 2lbs/\$1	Tomato Cluster 99¢	Limes 10/\$1	Cantaloupe 2/\$3

### AMERICAN/HISPANIC GROCERY

Maizena \$9.99	Wash Away \$5.99	Hotly Seasoned \$2.99	Pringles Original Flavor 5.2 oz \$1.49	Buy 4 Get 1 FREE!
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### ASIAN GROCERY

Gourmet Crispy Prawn Chili 11.25 oz \$2.99	Flour Stick Packet 16 oz \$1.99	Oyster Sauce 50 oz \$4.99	Snow Crab 5.5 oz \$1.49	Coconut Milk 15.5 fl oz 2 for 99¢
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### EUROPEAN GROCERY

Ullker Tea Blend 11 g \$3.29	Korovia Water 300 gr \$1.99	Tarand Barberry 200 gr \$3.99	Ararat Eggplant Paste 520 gr \$2.99	Tukas Preserves 500 gr \$3.49
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<b>KOREAN/JAPANESE GROCERY</b>	<b>HOUSEWARES</b>																								
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