



An enjoyable place to shop  
**KP International Market!**  
 PAGE 10

**The Kids  
 Are Loving It**  
 PAGE 2



# Gold River Messenger

"Written by the people, for the people"

VOLUME 6 • ISSUE 1

Serving Gold River and Sacramento County

JANUARY, 2018

**WHY I SUPPORT  
 AN EXPANSION OF  
 PROPOSITION 13**



PAGE 3

**'Fool's Gold'**  
*The Perfect Business Model?*



PAGE 5

**POPPOFF!**

with Mary Jane Popp



PAGE 7

## To Reach Our Goal



Now it is time for Gold River to reunite resident teammates and welcome first-timers to the Stingrays Family. Photo courtesy Gold River Stingrays

By Jan Float

**GOLD RIVER, CA (MPG)** - In this past season, the Gold River Stingrays dove into the water in early spring and climbed out onto dryland in late summer – as unprecedented League victors! In addition to their iconic "We Believe" cheer, it was the season for them to adopt a second credo: "Heart & Soul to Reach Our Goal." And each of their believing and spirited swimmers obviously took it to heart. Gold River has the fewest number of athletes in its top-tiered Comstock Division. Competing against teams two to three times larger, in last season's Championships Meet,

the fun-loving and hard-working Stingrays captured First Place! Here's the triumphant team gathered around its well-deserved Golden Goal.

For those athletes who meet rigid time standards, their season's crescendo is the Nor Cal Swim League Meet of Champs. Out of a field of 53 teams, with "Heart & Soul to Reach Our Goal," Gold River nabbed Second Place! Every swimmer is credited with significant individual and team contributions. Incredibly, both Jason Feldkamp and Brady Calkins slammed first to the wall and broke League records in all of their races. It was a season for the record

books, and for several successful Stingrays to then join teams competing in 50-meter vs. 25-yard pools.

Now it is time for Gold River to reunite resident teammates and welcome first-timers to the Stingrays Family. Last season's momentum is still flowing; this season's excitement is growing. To accommodate both the returning swimmers and the new, early online registration has already opened. Go ahead and take a sneak peek at their Website: <https://www.goldriverstingrays.org>. [Note the action-packed swimming events and laid-back social events!] While

Continued on page 3

## SMUD Board of Directors Approves 2018 Budget

SMUD special release

**SACRAMENTO REGION, CA (MPG)** - The SMUD Board of Directors approved a \$1.74 billion budget. The 2018 budget provides funding for all capital and operations and maintenance (O & M) programs needed to meet the Board's Strategic Directions in the year ahead.

The 2018 budget also positions SMUD for changes coming to the utility industry so SMUD can continue to meet our community's energy needs. The budget sets the stage for operational efficiencies and improvements, as well as expansions of customer offerings in the near future, and opens up SMUD to seek new revenue opportunities.

SMUD is in a strong financial position. SMUD has a robust cash balance and operating cash flow and will fund the majority of capital investment with cash on hand, only planning to borrow \$200 million next year. Recently Fitch and S&P upgraded SMUD's credit ratings to AA, from an already impressive AA-, while Moody's continues to rate SMUD Aa3. This is the strongest SMUD's credit ratings have been in 33 years.

The 2018 budget is \$161 million more than the 2017 budget, due mostly to higher planned capital expenditures. SMUD continues to upgrade electrical infrastructure to maintain safe and reliable service, as well as invest in the technological foundations to meet future challenges. Offsetting these increases is a lower commodity budget due to declining natural gas costs, which SMUD locked in through hedging programs.

As the utility business evolves, SMUD is increasingly reliant on technological solutions in all business areas. As a customer-owned utility, SMUD continues to focus on improving the digital channels its customers use to do business with SMUD. The 2018 budget includes initiatives to deliver a new SMUDapp with bill pay and outage communications functionality, as well as increasingly personalized customer experiences on SMUD's digital channels.

In 2018, SMUD embarks

Continued on page 9

## CRPD Gives Back This Holiday Season

By Becca Niles, CRPD

**RANCHO CORDOVA, CA (MPG)** - The holiday season is a time for giving and sharing with one's community and this holiday season, Cordova Recreation and Park District (CRPD) staff came together to support students enrolled in Folsom-Cordova Unified School District's (FCUSD) Categorical Program for Homeless Students

The program offers support services for students who are either homeless or are unsure of their home situation to ensure they receive an education at one of the FCUSD schools. According to FCUSD's website, in this program students can "participate fully in all school activities and

programs...continue to attend the school in which [they] were last enrolled...receive transportation from [their] current residence... and qualify for child nutrition programs."

This year, six families with children ranging from 2 to 18 years old and who are enrolled in this program gave CRPD a wish list of five items per person that are needed or wanted for the holidays. Clothing, gift cards and toys were among the most requested items. Approximately 30 employees participated this year giving over 50 gifts. This is the first year CRPD has partnered with FCUSD's Categorical Program.

CRPD is committed to serving our community every day of the



CRPD staff joined together this Christmas season to give to local families. Photo courtesy CRPD

year in the recreational and outdoor experiences we provide. So, it came as no surprise that staff were so excited to take part in this and give back to the community they love so well. All gifts

were delivered to the FCUSD District Office on December 13 just in time for the holidays. CRPD is looking forward to helping more families next year. ★

\*\*\*\*\*ECRWSS\*\*\*\*\*

PRSR STD  
 ECRWSS  
 U.S. POSTAGE  
 PAID  
 EDDM RETAIL

Local  
 Postal Customer

**As always, I'm eager to help with your real estate needs**  
 Now, along with my daughter Peggy Boling, Realtor

Cal BRE# 01043551

**MaryAnn Henrikson**  
 Realtor/Broker Associate  
**916-247-7070**  
 Cal BRE# 00372380

**Serving Gold River Since 1986**  
 Founder of  
**Gold River Realtors**

**maryannsrealestate.com**

# The Kids Are Loving It

Story and photos by Jacqueline Fox

**RANCHO CORDOVA, CA (MPG)** - As it approaches the celebration of its 60th anniversary, St. John Vianney Catholic School in Rancho Cordova is undergoing what may perhaps best be described as a "mini renaissance."

Under the direction of Amy Hale, who took over as the school's principal in July, St. John Vianney has revamped its logo and launched a local advertising campaign to attract new students to its current base of 217. The number is down a bit from pre-recession times, as are many private schools across the region.

Hale launched both a Thanksgiving and Christmas holiday "camp" to help ease the burden for working parents. Currently the camps are open to enrolled students only, although the school does offer an affordable summer camp open to the community.

"We wanted to make it easier on the parents of our students to continue a normal process of going to work and not having to worry about childcare as the holidays approached," Hale said.

The curriculum for the school, which opened its doors in 1960 under the leadership of Monsignor Richard Dwyer, then Pastor of St. John Vianney Parish, also now boasts both an arts and music component, which are interwoven into its regular curriculum, which mirrors the California Common Core system.

Hale identified funds being used to pay for non-essential programs and redirected them to support the addition of the two new programs, which combined with existing STEM courses, form the school's STREAM program (science,



New Principal, Amy Hale

Principal Amy Hale, St. John Vianney, hangs out with a handful of 5th graders and their iPads in an after school enrichment session.

technology religion, engineering, arts and math).

"When I got here, we didn't have a music program and we didn't have an arts program," Hale said. "So I identified money that was being spent kind of needlessly and redirected funds to hire a part time

arts teacher who is offering art instruction and history. We also have instruments now and a music program. Many of our students are learning to play the ukulele and others and are loving it."

In addition, students are now attending mass at 8 a.m. alongside parishioners, rather than a student-only mass at 10 a.m., creating more opportunities for inter-generational worship.

"I think it's good for our parishioners, many of whom support our school through our annual fund and other

donations, to worship alongside the students," Hale said.

Safety remains an ongoing part of Hale's big projects and she intends to implement new programs involving campus security, including staff and student trainings and minor construction for the addition of extra windows to open up the visibility from within the school's administrative offices.

"We do a great job here with safety and security, but we know we have to keep on top of trainings and do all we can to stay as current and relevant in that area," Hale said.

The foundation of the school is the parish itself. As a member Roman Catholic Diocese of Sacramento, which serves 20

counties in Northern California, the emphasis on religious foundation in the Catholic faith is paramount and involves the study of scripture. The school's enrichment programs also offer Italian for grades K-5 and Spanish for grades 6-8. There's a rich sports program, too, which includes basketball, volleyball and golf and incorporates competitions with parochial and public schools across the community.

Finally, Hale wants to put St. John Vianney into the community and she's begun by participating in this year's tree lighting ceremony sponsored by the Police Activities League of Rancho Cordova.

"We are part of the community here and we want to show

that to those who may not know anything about us," Hale said. "I think there's a misperception out there that we are an all-white school. But our school is a reflection of the diversity within the community. We are open to all."

Enrollment is open to all and tuition ranges between \$4,455 a year to \$5,930 for one child, depending on parish enrollment. Tuition is waived for a fourth child and there is tuition assistance available. In fact last year, Hale said, the school dispensed \$63,000 in tuition assistance to families.

According to the school's recent statistics, enrolled middle school students in 2017 achieved averages in math proficiency double those of surrounding public schools, with closely aligned averages for reading proficiency. The 7th and 8th-grade percentages for math, for example, were 42% and 40% respectively, compared to 20% and 18% in nearby public schools, respectively.

So, how are all these changes being received by roughly 1,090 active parishioners and parents?

"We are lucky to have a very welcoming and generous parish," Hale said. But you have to tread carefully. There's a rule of thumb you want to try to follow when you come in as a new administrator and that's "Don't rock the boat," Hale said. "But, when you can identify little things to make a big impact, it's OK to start with a nudge."

**St. John Vianney School**  
10499 Coloma Rd.  
(916)363-4610

**OPEN HOUSE: Sunday, Jan. 28 from 12:30 p.m. to 3:30 p.m.**

[www.SJVSchool.org](http://www.SJVSchool.org) ★

## Celebrate Life's Journey!



## Keeping Couples Together

Just a few advantages of living at Summerset:

- All-day restaurant style dining (7am-7pm)
- Special meal plans for gluten-free, vegetarian, diabetic & low-sodium diets
- Insulin-dependent diabetic care
- Licensed nurses on staff seven days a week
- Shared accommodations available in both assisted living and memory care
- Small pets welcome
- Exercise studio, massage therapist by appointment, Sports Bar, Daily activities

(916)330-1300



2341 Vehicle Dr. Gold River/Rancho Cordova  
[www.summersetseniorliving.com](http://www.summersetseniorliving.com)  
RCFE Lic#347005361



**Gold River Automotive**  
11199 Coloma Rd  
Gold River, CA 95670  
916-706-1964  
[goldriverautomotive@yahoo.com](mailto:goldriverautomotive@yahoo.com)



### A Gold Standard Of Excellence For All Your Car Care Needs!

- Brakes
- Engine Diagnostics
- Oil Changes
- Courtesy Shuttle
- Factory Scheduled Maintenance
- Tires
- Alignment
- Family Owned & Operated



Mon - Sat 7:30am to 5:30pm

**Oil Change**  
**\$29.99**

FOR CONVENTIONAL OR HIGH MILEAGE OR FULL SYNTHETIC OIL CHANGES

- Plus Disposal Fee
- INCLUDES: ✓ Oil and filter change  
✓ Courtesy check including visual brake check, battery, air filter, fluid, belts and hoses

Most Vehicles. Not valid with other offers. No cash value. Charge for additional parts and services if needed.

**FREE**  
**Alignment Inspection**  
Call for an Appointment today!

Most Vehicles. Not valid with other offers. No cash value. Charge for additional parts and services if needed.

**Brake Service**  
**\$100 OFF**

UP TO \$100 OFF BRAKE SERVICE, \$50 OFF PER AXLE

- Lifetime Guaranteed\* Brake Pads or Shoes Installed
- ✓ Comprehensive brake system evaluation
  - ✓ Lubricate caliper slides or backing plates
  - ✓ Recondition rotors or drums, if condition permits
  - ✓ There may be substantial extra cost for additional parts and labor

Most Vehicles. \*Lifetime guarantee valid on Brake Pads and Shoes for as long as you own your car. Discount off regular retail price. Not valid with other offers. Charge for additional parts/service if needed. No cash value. Plus disposal fee where permitted.

# To Reach Our Goal



Stingrays Superstars Jason Feldkamp, Head Coach Jeff Float and Brady Calkins. Photo courtesy Gold River Stingrays

Continued from page 1

the website is filled with important information, anyone with questions may contact Coach Jeff at 916.638.7001 x30 or coachjeff@goldriverstingrays.org.

With renewed "Heart & Soul to Reach Our Goal," it is time now to plan ahead for

the Stingrays' inaugural function, a Parents' Meet and Greet. Those of you interested in team participation are invited to come mix and mingle with the awesome coaching staff, knowledgeable board members and experienced parents, all of whom are eager to answer your inquiries and share their

knowledge. Mark your calendars for February 8, 7:00 pm until 8:30 pm, at Fort Rock Brewing.

March Clinics are on the horizon, and then the Stingrays launch off the starting blocks into what should be quite the season. "We Believe" in Gold River! ★



By County Supervisor Sue Frost

The last board meeting of the year has come and gone, and I have officially completed my first year as your County Supervisor. During the year I made it a point to write an opinion piece every month – some of them were to explain how and why I voted the way I did, some were to explain my stance on a controversial issue, and some were to simply bring to your attention an important topic that impacts Gold River residents. I noticed though as I reviewed all 11 of them that very few of them were positive. So in the spirit of the holiday season, I want to use my 12th article of the year to be about something I am advocating in support of: the expansion of Proposition 13.

As you may know, Proposition 13 was passed in 1978 by a large margin and resulted in a cap on property tax rates in California, reducing property taxes by an average of 57% while also requiring a two-thirds

## GOLD RIVER COMMUNITY UPDATE

### Why I Support an Expansion of Proposition 13

majority in both legislative houses for future tax increases. Unsurprisingly, opinion polls conducted since then have shown it remains wildly popular among homeowners and taxpayers.

But there are two notable catches to Proposition 13. First, if you want to ever sell your home and buy a new one for a higher value, your new home will be taxed at a brand new rate and you will lose your former cap. Second, even if your new home is a lower value than the one you sold, you lose your former cap if the new home is in a different county. This causes a disincentive to sell, causing less turnover in the housing market and making it more difficult for young people to buy a home. This is especially problematic in California, as we are experiencing a housing crisis that has homeownership rates at their lowest since World War II. I know this personally impacts me, as I would never dream of selling my home if I knew I would lose my lower property tax rate.

We can fix this rather easily by removing these two impediments. We need to make it so all counties can accept these transfers from counties across California,

and we need to make it so you can buy a more expensive home and keep a similar tax rate.

I fully recognize that expansion of Proposition 13 would not just allow homeowners to keep more money in their bank account, but as a consequence counties would receive less tax revenues. As such, my stance may be an unpopular one among County Supervisors across California, as government representatives have a tendency to be wary of any efforts to strip their governmental entities of funding. I am convinced however that people being able to keep more of their tax dollars at home would have a positive impact on our local economy and provide more homeownership opportunities to entry level homebuyers.

Thank you for reading – and as always, if you want to contact me, call me at 916-874-5491 or e-mail me at SupervisorFrost@saccounty.net.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms and Fair Oaks. ★

## ST. JOHN VIANNEY SCHOOL



JOIN US FOR AN OPEN HOUSE JANUARY 28, 2018 | 12:30-3:30 P.M.

EDUCATING CHILDREN OF ALL FAITHS SINCE 1960, ST. JOHN VIANNEY OFFERS STREAM (SCIENCE, TECHNOLOGY, RELIGION, ENGINEERING, ARTS, AND MATHEMATICS) INSPIRED LEARNING, BEFORE AND AFTER SCHOOL CARE, EDUCATIONAL CHOICE, AND FULL DAY TK-8TH GRADES FOR FAMILIES AT A MODEST TUITION RATE.

OPEN ADMISSIONS & FINANCIAL AID AVAILABLE.

CALL (916) 363-4610 TO SCHEDULE A TOUR TODAY!

WWW.SJVSCHOOL.ORG

ST. JOHN VIANNEY SCHOOL - 10499 COLOMA RD, RANCHO CORDOVA, CA



## Worried about Your Memory?

If memory loss has become a problem for you or a loved one, please sign up for this research trial.

Northern California Research is an experienced clinical trial research facility celebrating our 20th year of medical research excellence. We always make sure our patients are comfortable, educated and informed. To learn more about this clinical trial call us or visit our website and submit your request for information under "Contact Us" at the top of the page.



*Michaelangelo's*  
Gifts, Home Decor, Kitchen & More

### Happy New Year!

**\$7 OFF**  
with a purchase of \$35 or more  
can not be combined with any other discount Expires 01-31-17

**Hours:**  
Mon-Sat 11AM - 8PM  
Sunday Noon - 8PM

**Location:**  
12401 Folsom Blvd Ste. 108  
Rancho Cordova CA 95742 Hazel & Hwy 50  
**(916) 608.4216**

Inside The Historic Nimbus Winery Check us out!!

### Fair Oaks EcoHousing

A Family-Friendly Green Neighborhood

- Safe and Supportive Community for People of All Ages
- Close to Fair Oaks Village
- Large Clubhouse and Gardens
- 30 Townhomes and Flats

Join us for a monthly site tour

For more information, visit [FairOaksEcoHousing.org](http://FairOaksEcoHousing.org)

## NORTHERN CALIFORNIA RESEARCH

**916-484-0500**

[www.northerncaliforniaresearch.com](http://www.northerncaliforniaresearch.com)

NORTHERN CALIFORNIA RESEARCH  
RESEARCH. TREATMENT. RESULTS  
DOUGLAS YOUNG, MD

**Adoption**  
**PREGNANT? CONSIDERING ADOPTION?** Call us first. Living expenses, housing, medical, and continued support afterwards. Choose adoptive family of your choice. Call 24/7. 1-877-879-4709 (Cal-SCAN)

**Announcement**  
 Water Damage to Your Home? Call for a quote for professional cleanup & maintain the value of your home! Set an appt today! Call 855-401-7069 (Cal-SCAN)

**Financial Services**  
 Social Security Disability? Up to \$2,671/mo. (Based on paid-in amount.) FREE evaluation! Call Bill Gordon & Associates. 1-800-966-1904. Mail: 2420 N St NW, Washington DC. Office: Broward Co. FL, member TX/NM Bar. (Cal-SCAN)

**Fitness/Yoga**  
**Your Fitness Genie**  
 Allow Your Fitness Goals to Come True!  
 FREE Fitness Goal Planner 17 Years of Experience  
 Holiday Jumpstart, 3 Sessions for \$99  
 • Weight Loss • Injury Recovery  
 • Senior Fitness • Yoga • Pilates  
 • Affordable Group Training  
 Be Active, Call Today!  
 Jenn@YourFitnessGenie.com (916)768-8767

**Help Wanted**  
 Now hiring for PT/FT and Holiday positions. Notary/Finger Printer wanted. Benefits Available w/ FT position. Bring resume to 7405 Greenback Lane Corner of San Juan & Greenback Lane. 916-725-1345

**Home Maintenance**  
**A Quality Home Maintenance**  
 Gutters Cleaned By Gutter Dog  
 (916) 613-8359

**Insurance/Health**  
 Best Prices on Health & Dental Insurance. We have the best rates from top companies! Call Now! 888-989-4807. (Cal-SCAN)

**Pets/Animals**  
**Professional, Loving PET CARE**  
 Established Reputation  
 Kennel Free Environment  
 Lots of TLC  
**Call Madeline (916) 723-1608**

**DOG RESCUE**  
 Gary (916) 334-2841  
 Please Adopt or Foster  
 Because so many really great dogs are dying for a good home...  
 ShelterMOU@hotmail.com

**Senior Care**  
 Retired RN to provide live in care, Hospice, Companionship. CPR certified. References. 916-333-3931

**Senior Living**  
**A PLACE FOR MOM.**  
 The nation's largest senior living referral service. Contact our trusted, local experts today! Our service is FREE/no obligation. CALL 1-800-550-4822. (Cal-SCAN)

**Tax Services**  
 Do you owe over \$10,000 to the IRS or State in back taxes? Our firm works to reduce the tax bill or zero it out completely FAST. Call now 855-993-5796 (Cal-SCAN)

**Crossword Puzzle on Page 5**

S	N	A	G	S	S	A	C	F	L	I	T
L	E	V	E	E	N	I	H	T	I	A	R
E	R	E	C	T	I	R	A	U	N	Z	I
W	O	R	K	O	U	T	F	I	T	N	E
					O	U	R	S	E	N	T
J	O	B	T	I	R	E	N	U	T	J	O
U	S	E	D	A	O	N	E	T	R	A	V
I	C	A	O	H	E	A	R	T	A	W	O
C	A	R	E	T	S	T	I	R	Y	E	L
E	N	D	S	U	P	O	N	I	T	D	O
					G	O	E	R	E	A	T
C	A	L	O	R	I	E	I	D	I	O	T
A	L	I	B	I	R	A	D	C	R	E	D
K	A	P	O	K	I	R	E	H	U	L	L
E	R	S	E	E	M	S	I	S	L	E	T

**Classified Advertising**  
 Sell Your Stuff! Reach 1000's of Readers Every Week!

**MPG**  
**773-1111**

**FOR SALE**  
 AFFORDABLE MOBILE HOME FOR SALE near Folsom Lake low lot rent. 800 sq ft, corner lot 2 bed 1 1/2 bath, double-pane windows, spacious, recently redecorated, all appliances: \$39,500 CALL 916-757-8906

**Handyman**  
**QUALITY LABOR & MAINTENANCE**  
 Yard Clean-ups, Hauling, Gutter Clean, Odd Jobs  
 You Name It!  
 (916) 613-8359

**Landscaping**  
**CREATE YOUR PARADISE**  
 Winter Yard Cleanups, Complete Landscape Design/Installation, Sprinkler System Installs/Repairs, All Types Concrete Work, Fence Installation, Retaining Walls- All Types, Drainage Systems-all types, Landscape Lighting, Residential/ commercial  
 American Landscape Design & Installation. Est 1987  
 American Construction & Property Maintenance Company  
 WE ACCEPT VISA & MASTER CARD  
**(916)612-0776**  
 Lic#690968

**PLUMBING**  
**French Connection**  
 Plumbing (916) 833-7618  
 If your husband did the job, call me!  
 • Emergency Plumbing  
 • New Construction  
 • Gasline Repipe  
 • Sewer Inspection  
 40 YRS Experience  
 Contractor Lic.#936953

**Tree Service**  
**BP TREE SERVICES**  
 TREE & STUMP REMOVAL  
 TREE TRIMMING/ SHAPING  
 FREE ESTIMATE  
 10% OFF WITH THIS AD  
 Insured. Workman's comp. Arborist  
**916-722-6321**  
 bptreeservices.com  
 VISA / MASTER CARD  
 California Contractors Lic.#831766

**EARN \$200<sup>00</sup> per month**  
 for just a few hours' delivery work per week  
**CALL 916-773-1111**

**Sudoku Puzzle on Page 5**

1	7	9	3	4	5	2	8	6
5	2	3	9	8	6	7	1	4
8	4	6	1	2	7	3	9	5
7	5	4	8	6	2	9	3	1
9	8	2	5	3	1	6	4	7
6	3	1	7	9	4	5	2	8
4	6	5	2	1	3	8	7	9
2	9	7	4	5	8	1	6	3
3	1	8	6	7	9	4	5	2

**Autos Wanted**  
 DONATE YOUR CAR, TRUCK, OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. 800-731-5042. (Cal-SCAN)

**Handyman**  
 Carpentry, plumbing, painting, flooring, tile, bathtub, & fences. 10% off seniors. Call Tim 916 333-9183. Lic.# 684476.

**RV Sales**  
**Bill Eads RVs**  
 Buy, Sell, Trade & Consign  
 "Results.... not Promises"  
 Number 1 Consignment Lot in Northern California  
**We Pay Top \$\$\$ for clean RVs!**  
 Great, Secure I-80 Freeway Location.  
 Lic & Bonded - 29 Years Exp!  
 Check out [BillEadsRV.com](http://BillEadsRV.com)  
 4409 Granite Dr. Rocklin, CA  
**Office 916-624-7600**  
**Bill 916-878-0273**

**Roofing**  
**BERNARDINO ROOFING**  
 Reroofs, Repairs, Maintenance, Dryrot, Gutters, Family Operated. BBB MEMBER!  
 \*\*FREE ESTIMATES\*\*  
 SENIOR DISCOUNTS  
 Lic.#817945 35 Years Experience  
**916.920.0100**  
 www.bernardinoroofing.com

**Work Wanted**  
 I do pruning, weeding and planting, interior painting, garage and house cleaning. And de-cluttering and organizing. I transport to medical, other appointments, shopping etc. and errands. No job too small. Health and Security background. References. College grad. Tim, 503-460-7149. (MPG 12-31-17)

**Health & Medical**  
**Stop OVERPAYING for your prescriptions!** SAVE! Call our licensed Canadian and International pharmacy, compare prices and get \$25.00 OFF your first prescription! CALL 1-855-397-6808 Promo Code CDC201725. (Cal-SCAN)

**Handyman**  
 Carpentry, plumbing, painting, flooring, tile, bathtub, & fences. 10% off seniors. Call Tim 916 333-9183. Lic.# 684476.

**Lawn / Yard Care**  
**JOHN WILLIAMSON LAWN & YARD.** Res/comm. Wkly services, cleanups, pruning, gutters. Riding mower prop. ok. 916-508-2158 BizLic 836256  
 Not serving Gold River/ Rancho

**Medical Supplies / Equipment**  
 Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 800-799-4811 for \$750 Off. (Cal-SCAN)

**Vacation/Tours**  
 Tours, Vacation Packages and Travel Packages since 1952. Visit Caravan.com for details or call 1-800-CARAVAN for catalog. (CalSCAN)

**Business Opportunity**  
 OWN YOUR OWN DOLLAR, DOLLAR PLUS, BIG BOX, MAIL PACK/SHIP, OR PARTY STORE. 100% FINANCING. OAC FROM \$65,900. 100% TURNKEY. Call 1-800-518-3064 or [www.dollar-storeservices.com/start](http://www.dollar-storeservices.com/start) [www.partystoredevelopers.com/start](http://www.partystoredevelopers.com/start) [www.mailboxdevelopers.com/start](http://www.mailboxdevelopers.com/start)

**Handyman**  
 Carpentry, plumbing, painting, flooring, tile, bathtub, & fences. 10% off seniors. Call Tim 916 333-9183. Lic.# 684476.

**Medical Supplies / Equipment**  
 Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 800-799-4811 for \$750 Off. (Cal-SCAN)

**Real Estate**  
 Fence Lake NM. 2bd/3ba log home, 60+ acres, corral, out-buildings \$385,000. Big Mesa Realty 575-456-2000. Paul Stout, Broker, NMREL 17843. 1-575-760-5461. [www.big-mesarealty.com](http://www.big-mesarealty.com) (Cal-SCAN)

**LEGAL ADS FOR SACRAMENTO COUNTY?**  
**We Can Do That!**  
 Call 483-2299

**Cable/Satellite TV**  
 DISH Network. 190+ Channels. FREE Install. FREE Hopper HD-DVR. \$49.99/month (24 mos). Add High Speed Internet - \$14.95 (where avail.) CALL Today & SAVE 25%! 1-844-536-5233. (Cal-SCAN)

**Handyman**  
 Carpentry, plumbing, painting, flooring, tile, bathtub, & fences. 10% off seniors. Call Tim 916 333-9183. Lic.# 684476.

**Medical Supplies / Equipment**  
 Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 800-799-4811 for \$750 Off. (Cal-SCAN)

**Real Estate**  
 Fence Lake NM. 2bd/3ba log home, 60+ acres, corral, out-buildings \$385,000. Big Mesa Realty 575-456-2000. Paul Stout, Broker, NMREL 17843. 1-575-760-5461. [www.big-mesarealty.com](http://www.big-mesarealty.com) (Cal-SCAN)

**LEGAL ADS FOR SACRAMENTO COUNTY?**  
**We Can Do That!**  
 Call 483-2299

**GOT LOCAL NEWS?**  
 Call 773-1111

**Handyman**  
 Carpentry, plumbing, painting, flooring, tile, bathtub, & fences. 10% off seniors. Call Tim 916 333-9183. Lic.# 684476.

**Medical Supplies / Equipment**  
 Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 800-799-4811 for \$750 Off. (Cal-SCAN)

**Real Estate**  
 Fence Lake NM. 2bd/3ba log home, 60+ acres, corral, out-buildings \$385,000. Big Mesa Realty 575-456-2000. Paul Stout, Broker, NMREL 17843. 1-575-760-5461. [www.big-mesarealty.com](http://www.big-mesarealty.com) (Cal-SCAN)

**LEGAL ADS FOR SACRAMENTO COUNTY?**  
**We Can Do That!**  
 Call 483-2299

**AIRLINE CAREERS START HERE**

Get trained as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance **877-205-4138**



**Costa Rica 9-DAYS \$1295**  
 Volcanoes, Beaches, Rainforests  
 Fully guided tour with all hotels, meals and activities. Plus tax, fees.  
 FREE Brochure 800-CARAVAN, Caravan.com



**caravan**  
 Fully Guided Tours Since 1952

**CALL A PROFESSIONAL Business & Service Directory**

**LANDSCAPE SERVICES**  
**SLS Superior Landscape Services**  
 Landscaping and Maintenance  
 • Sprinkler Repair/Install • Pruning  
 • Mowing/Trimming • Fertilizing  
 Insured Lic#794551  
**(916) 728-5812 • Cell (916) 761-0999**  
 Dave Cochran Owner • [dave.SLS@surewest.net](mailto:dave.SLS@surewest.net)

**COMMERCIAL JANITORIAL SERVICES**  
**FRANCHISE OPPORTUNITIES AVAILABLE**  
**Anago Commercial Janitorial Service**  
 OF SACRAMENTO  
 The Superior Choice for Commercial Cleaning  
 Call to schedule your FREE Quote  
**916.782.3300 • www.ANAGOSAC.COM**

**Land For Sale**  
**NORTHERN AZ WILDERNESS RANCH \$215 MONTH** - Quiet secluded 42 acre off grid ranch set amid scenic mountains and valleys at clear 6,500'. Borders hundreds of acres of BLM lands. Near historic pioneer town and large fishing lake. No urban noise & dark sky nights amid pure air and AZ's best year round climate. Evergreen trees/meadow blends with sweeping views across uninhabited wilderness landscapes. Self-sufficiency quality loam garden soil, abundant groundwater and free well access. Maintained road to property. Camping & RV's ok. \$25,900, \$2,590 down. Free brochure with additional property descriptions, maps photos, weather chart & area info. 1st United Realty 800.966.6690. (Cal-SCAN)

**DRUG AND ALCOHOL REHABILITATION**  
**CLEAN & SOBER LIVING**  
 CSTL, Inc.  
 HELPING PEOPLE AND THE COMMUNITY WITH THE ALCOHOL AND DRUG PROBLEM!  
 18 YEARS IN BUSINESS!  
 DETOX (916) 965-3386 SOBER LIVING (916) 961-2691

**Painting Services**  
**QUALITY A PAINT SERVICE**  
 24 Years Experience ♦ Testimonials Available ♦ Bonded & Insured  
 Prefer Small Jobs  
 to 900sf Interior / to 500sf Exterior  
 Interior, Also, wood Fence & Pressure washing  
 All Seniors get 20% off  
**916-967-0763** State Lic. 646386

**LET US SAVE YOU TIME & MONEY**  
 REACH 75+ MILLION READERS WITH ONE ORDER, ONE BILL!  
 Community Classified 1x \$650 Statewide  
 25 words/245+ papers \$435 North/\$485 South  
 Daily Classified 7 days \$995  
 25 words/41 papers/7 days \$650 North/\$650 South  
 CLASSIFIED COMBO 8 days \$1,270  
 25 words/282+ papers Statewide  
 DISPLAY - Community Newspapers 1x \$1,600 2x2 Statewide;  
 140+ papers \$1,240 2x2 No.; \$1,240 2x2 So.  
 Sizes: 2x2; 2x4; 2x5; 2x6  
**HOLLYWOOD CALIFORNIA NEWSPAPERS DELIVER!**  
 More info: Call (916) 288-6011; email [cecilia@cnpa.com](mailto:cecilia@cnpa.com)

**LET'S FACE IT!**  
 Some jobs are just too big to do-it-yourself! Whatever it is that you need done. **Call A Professional!** Check out the advertisers on this page. They are waiting to hear from you!



**ALTERATIONS**  
**Sara's Alterations & Tailoring**  
 10% OFF Any Alteration Exp. 01.31.18  
 Professional Tailoring for Men & Women  
 Custom Fitting • Leather Furs • Wedding Gowns  
**2380 Watt Ave. 480-2959**  
 (Located Inside Country Club Plaza)

**COMPUTER SERVICES**  
**Zinsky's**  
 PC Configurations  
 "Don't replace it - REPAIR IT!"  
 Custom Desktop Computer Configurations  
 • PC Repair • Home Wireless Networking  
 • Installations • Viri & Spyware Eradication  
 Alan Zinsky  
 Phone: 916-622-2269  
 Zconfig@sbcglobal.net  
 Bus. Lic. # 305312 • B. E. A. R. Reg #84416  
[www.zinskyspcrepair.com](http://www.zinskyspcrepair.com)

**Print Your Flyers With Us!**  
 Low Cost • High Volume • Quick Service  
**Specialties Plus**  
 • Machine Repairs (all makes and models)  
 • Toner Cartridge Refills  
 • FREE Cleaning (with our cartridge)  
**(916) 723-8430**  
[specpluscopiers@gmail.com](mailto:specpluscopiers@gmail.com)

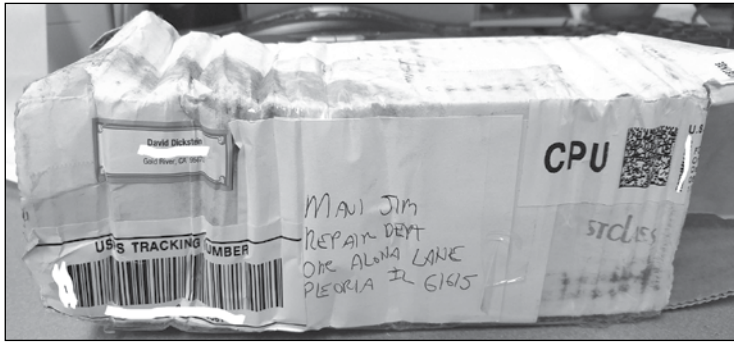




By David Dickstein, Gold River resident

# 'Fool's Gold'

## The Perfect Business Model?



U.S. Postal Service gets away with a smashed parcel and destroyed contents. Photo by David Dickstein

When ordering a meal at a restaurant, does the server ask if you want to take out food insurance in case what you eat makes you sick? Of course not. But that's how dry cleaners, dermatologists and the U.S. Postal Service work, and how nice for them?

### Real-life stories to prove my point:

"The Case of the Bubbly Blazers" – When I got home from a local dry cleaners some time back, I saw that the lapels of my navy-blue blazer were bubbly. I returned the coat, but instead of the worker apologizing and saying they'll press out the bumps, she said nothing can be done. "It's the glue inside the lining of the garment," she said. I was skeptical because the blazer had been dry cleaned before by a competitor without incident. Perhaps the garment was getting old, I reasoned, and it wasn't the finest coat in my closet, having come from J.C. Penney's. Months later, I gave the place another chance with a different blazer – this one from Nordstrom and just a month old. You guessed it – bubbly lapels again. I went back. Same response. I pressed, pun intended, and they begrudgingly agreed to send the coat to an "independent lab" for analysis. Hmm. I can't imagine a lab coming back with anything but a result in favor of the dry cleaners paying them. I was right. I also was now out \$400 worth of blazers plus the cost

of dry cleaning. Pretty messed up.

"The Case of the Trial & Error Doctor" – From this former patient's perspective, a certain dermatology center in Folsom has it easy. Maybe the practice has performed miracles for others, but based on my experiences, it's a prescription for bad professional advice and wasted money. Each appointment resulted in topical creams and ointments that made my eczema worse. "Oh, that didn't work? Then try this. No rashy skin off my back because you're the one suffering and paying." I eventually went to another Folsom dermatologist who prescribed Prednisone to calm down inflammation long enough for my skin to heal. But what a gig for that now-fired dermatologist. It's all trial-and-error at customers' expense.

"The Case of Shady Shades" – It's never good when the Maui Jim repair department in Illinois writes in an email, "We have received your package. However, when I opened the box and read your letter it appears that the damage is more extensive now than what is listed." Verifying what was broken, I told them one of the arms, to which the rep responded, "I am attaching pictures for your review." Yikers! So not only did the parcel arrive a whole week later

than estimated, but the sturdy box I used for shipping became an accordion in the hands of the U.S. Postal Service. Even though it was mailed first class and not Priority, which would automatically come with \$50 of insurance, you'd think the post office would do the right thing. Well, think again. The postmaster of the Rancho Cordova branch took zero responsibility. I wound up paying \$91 instead of \$10 to repair my sunglasses, and I also had to eat the five bucks in postage. Stunning.

Getting paid to perform a service with no required accountability has got to be the perfect business model. A customer brings in an article of clothing for cleaning and it gets destroyed? Not my problem. A patient with irritated hands is prescribed an expensive ointment that makes the condition three times worse? Bummer, let's try this other expensive ointment and be sure you pay my bill. Mail a package that gets destroyed along the way? Silly me for expecting it to arrive in the same condition.

I guess all one can do is patronize these establishments less – or join them in this perfect business model for those without a conscience.

David Dickstein is a Gold River resident. He can be reached at [daviddickstein1@gmail.com](mailto:daviddickstein1@gmail.com).

# Board Approves Funding for Mather Veterans Village

## Sacramento County Special Release

**SACRAMENTO COUNTY, CA (MPG)** - The Sacramento County Board of Supervisors at its meeting on Tuesday, Dec. 12, authorized an additional \$1 million to fund a portion of the construction costs of the second phase of the Mather Veterans Village (MVV) project.

The veterans housing community, which is being built in three phases, has already completed its initial phase and provides permanent supportive housing for formerly homeless and disabled veterans. Phase II will be the supportive services and transitional housing component of the project. Phase III will add additional

permanent supportive housing.

"There is a growing number of homeless and at-risk veterans in our community, and it is vitally important we work diligently to ensure they get the care and services they need and deserve," said Sacramento County Board of Supervisors Chairman Don Nottoli. "By approving this funding, Sacramento County continued its longstanding commitment and support for reinvestment at Mather. "Most importantly, this action will make available more transitional housing units at Mather Veteran's Village and bring much needed resources and services to veterans throughout the Sacramento region."

To date, the County has

contributed the 3.65 acre site at the former Mather Air Force Base under a no-cost lease to the City of Rancho Cordova and a \$1 million forgivable loan to support the project.

In addition, the County, acting through the Housing Authority, has committed project-based vouchers averaging \$600 per month per unit to 25 housing units in MVV phase I. It will provide an added 50 permanent supportive housing units located in MVV Phase III.

For more information about how Sacramento County is responding to homelessness, including the County's new initiatives to reduce homelessness, visit the webpage at <http://www.sacounty.net/>

# Gaines Named "Champion of Manufacturing"

**SACRAMENTO, CA (MPG)** - Senator Ted Gaines (R-El Dorado) today announced that he has been named a "Champion of Manufacturing" by the California Manufacturing & Technology Association (CMTA) on their 2017 Manufacturing Vote Record. CMTA represents 400 businesses from the entire manufacturing community – an economic sector that generates more than \$230 billion every year and employs more than 1.2 million Californians.

"I have been a long-time champion of California's manufacturing industry and am proud to have earned this important designation," said Senator Gaines.

"For many manufacturers, it's become increasingly difficult to do business in California. I've carried and supported numerous bills that would let businesses keep more of their money so they can reinvest it back into their businesses, create more jobs and boost the economy, instead of handing it over to the government. They should be rewarded for their contributions to our state, not continually penalized at every turn. I remain committed to fighting on their behalf."

The Vote Record looked at legislators' floor votes in the Assembly and Senate on 10 key bills impacting California

manufacturers and technology companies. The results showed that only 44 out of 120 legislators supported California manufacturers at least 70 percent of the time, receiving the "Champion of Manufacturing" designation.

Senator Ted Gaines represents the 1st Senate District, which includes all or parts of Alpine, El Dorado, Lassen, Modoc, Nevada, Placer, Plumas, Sacramento, Shasta, Sierra and Siskiyou counties.

Source: From the Office of Ted Gaines

## STATEPOINT CROSSWORD • HEALTHY LIFESTYLE

- CLUES**
- ACROSS**
- Hose woes
  - Bag to Coco Chanel
  - Dart
  - Dam
  - \*Public health research org.
  - Pageant prize
  - Not slouching
  - Gershwin brother
  - Slide to open
  - \*Exertion session
  - \*Lack of this can lead to sickness and weakness
  - Partaker's pronoun
  - E-mailed
  - Employment
  - Homemade swing seat
  - Wacko one
  - Second-hand
  - First rate
  - Crossbeam
  - International Civil Aviation Org.
  - \*Blood pump
  - Military no-show
  - Editor's insertion mark
  - Affect emotionally
  - Raise the roof
  - Lands
  - "Put a lid \_\_\_\_\_!"
  - \_\_\_\_ and don'ts
  - Regular attendee
  - \*Do it to fruits and veggies
  - \*Important healthy lifestyle unit
  - Nonsensical
  - Courtroom excuse
  - Unit of absorbed radiation
  - Words to live by
  - Java cotton tree
  - Hot temper
  - Spot for waterline marks, pl.
  - Gaelic
  - Typographer's measurement units
  - Speck in the ocean
- DOWN**
- A whole bunch
  - Agrippina's slayer
  - Affirm with confidence
  - GEICO's mascot
  - Take the first steps
  - Hissy fit
  - \*Fresh need
  - Irritate by rubbing
  - Certain Scandinavian
  - Take it easy
  - Pupil's place
  - Memorial Day solo
  - "You should be ashamed!"
  - Heap of "David Copperfield"
  - Night spot
  - Washington post
  - \*Jay Kordich's favorite drink
  - Extinct Italic language
  - Soul patch or chin curtain
  - Fish eggs, pl.
  - Carhop's load
  - Chewed
  - Convex molding
  - \*Kettle \_\_\_\_\_
  - "Nobody \_\_\_\_\_ It Better"
  - Ireland, romantically

**CROSSWORD**

1	2	3	4	5	6	7	8	9	10	11	12	
13					14				15			
16					17				18			
19				20		21	22					
		23				24						
25	26	27		28		29		30	31	32	33	34
35			36		37		38		39			
40					41			42		43		
44				45		46				47		
48					49		50		51		52	
				53		54		55		56		
57	58	59	60				61			62	63	64
65					66	67			68			
69						70			71			
72						73			74			

**DISH DEALS!!**

190 Channels Now only... **\$49.99/mo.** for 24 months

ADD HIGH-SPEED INTERNET **\$14.95/mo.** where available

Switch to DISH and Get a FREE Echo Dot

CALL TODAY PROMO CODE: **FreeEchoDot** 1-888-416-7103

**For Solutions See Page 4**

**SUDOKU**

The support you need to find quality SENIOR LIVING SOLUTIONS

A Place for Mom has helped over one million families find senior living solutions that meet their unique needs.

There's no cost to you! CALL (855) 439-6734

1		3						
	2			6			1	
8	4			2		3		5
			8	6				
9	2					6		7
				9	4			
4		5		1			7	9
	9		4				6	
					9			2

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

**For Solutions See Page 4**

**WE BEAT ANY ONLINE & LOCAL STORE PRICES BY 15% ON LIGHTING, FLOORING & HARDWARE**

**CAPITAL WHOLESALE**

**BRING IN THIS AD AND RECEIVE \$20 CREDIT TOWARD YOUR PURCHASE OF \$100 OR MORE!**

**EMTEK** ON SALE **35% OFF**

Door and Cabinet Hardware at the Lowest Price in Town

**HUGE SALE ON STAINLESS STEEL FAUCETS**

RETAIL VALUE \$449 ONLY \$189.00 15" 3/4" HP SUPER HD 2500 RM 10 YR. WARRANTY \$138.50

16 Gauge Stainless Steel Sinks

All Furniture, Mirrors, Accessories, Chandeliers, Fans, Lamps & Pendants **20-50% OFF**

**DISTRESSED ENG. HANDSCRAPED HARDWOOD FLOORING**

**HICKORY WOOD**

1/2" Thick x 6" Wide

2 colors to choose from **\$319 sq. ft.**

25 yr manu. warr.

**52" FAN BRUSHED NICKEL WITH FROSTED GLASS LED ENERGY STAR**

Lifetime Warr. **\$159**

**SALE ON SPEED QUEEN**

Voted #1 in America! Professional Grade, Front & Top Load Washer and Dryer

- Commercial
- Residential
- Best in Industry
- 5yr. Manufacturer Guarantee

**THOR KITCHEN**

30" Gas Range BTU as high as 18,000 **\$1650**

2 yr Parts & Labor Warr.

**BLUESTAR** Unleash Your Inner Chef

Professionally Made In USA

- 36"
- 6 BURNER
- HIGH BTU

**\$3885**

**WINE CELLARS**

**SAVE OVER 50%!**

- 24" w x 74" h
- 148 Bottles
- Dual Zone
- Built-in or Free Standing
- 24" w x 59" h
- 75 Bottles
- Built In or Free Standing

**\$1699** **\$799**

Compare at \$3800 other stores

**WE DO LAMP REPAIRS**

**2990 SUNRISE BLVD., RANCHO CORDOVA** (Between Sun Center Dr. & White Rock Rd.) 916-446-5500

OPEN MON-FRI 9:30AM - 5:00PM / SAT 10AM - 5PM / SUN 11AM - 4:30PM

**AREZZO - 372 NORTH SUNRISE AVE, ROSEVILLE** 916-789-1144

OPEN 7 DAYS A WEEK / 10 AM- 5:30PM / SUNDAY 11-4:30PM

Sale prices good thru 01/31/18

Serving Northern California For Over 60 Years!

**I see more than a bundle.**

**Douglas Brewer** Insurance Lic# 0G19044

3358 Mather Field Road  
Rancho Cordova, CA 95670-5966  
Bus: 916-366-5555

While other insurers just see your home and car as a bundle or a combo deal, I take the time to see what they mean to you and give them the protection they deserve.

LET'S TALK TODAY.

**State Farm**

# Bera Accepts International Franchise Association's Small Business Award



Rep. Ami Bera Accepts the International Franchise Association's 2017 Small Business Award. Photo courtesy Office of Ami Bera

By Jack Miller

**WASHINGTON DC (MPG)** - Congressman Ami Bera accepted the International Franchise Association's (IFA) 2017 Franchise Small Business Award last week for his support of the small business community. Rep. Bera was recognized for championing local franchises and businesses, as well as his leadership on smart policies that promote economic growth and job creation.

"Owning a small business is part of the American Dream," said Rep. Bera. "If you work hard and play by the rules, everyone should have the opportunity to get ahead. I've seen how hard small business owners work in Sacramento County and we need to support

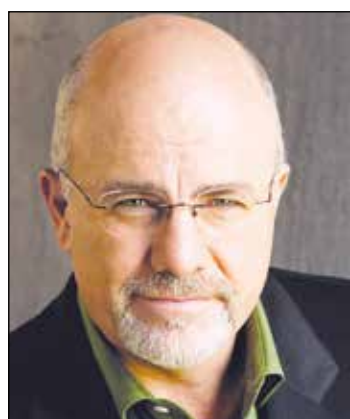
them every way we can. Thank you to the International Franchise Association for this award. I look forward to working together to continue improving Congress' support for small business."

"Congressman Bera has proven to be steadfast advocate who ensures small businesses are protected in his district and across the country," said IFA President and CEO Robert Cresanti. "Franchise businesses are the small business backbone of our economy and hugely important to their local communities. They create a significant portion of our nation's jobs, give aspiring entrepreneurs a unique and guided path to business ownership, and even sponsor local teams and charitable events.

On behalf of the 733,000 franchise businesses across the country and the 7.6 million people they employ, the IFA is proud to recognize Congressman Bera today."

Rep. Bera is committed to supporting Sacramento County's vibrant small business community by fighting for common-sense tax relief, reducing burdensome regulation, and ensuring that government is a strategic partner for growth – not an obstacle. His office can also connect local businesses with resources they can use to grow and hire. For more information on Sacramento County's small businesses, visit <https://bera.house.gov/helpforbusinesses>.

Source: Office of Ami Bera ★



# Dave Says

## Business issues and family

Dear Dave,

My father-in-law started a business as an LLC few years ago. He named all his daughters owners, with him owning the majority share. The business failed, and now he is being sued by creditors. He told the family these creditors can't come after us and the other siblings, because he is the majority owner. Is this true, or should we get a lawyer?

- Caleb

Dear Caleb,

Your wife is probably not in danger, unless she signed paperwork making her liable for a loan or liable with a creditor. If she signed official, legal paperwork – like if she went down to the bank and signed on a loan – then she's liable. It's that simple. That would make her, or any of her siblings who did this, co-makers on the loan.

Your wife, and any of her sisters, who signed on trade accounts taking supplies from a supplier and paying them could also be liable. But they

are not automatically liable simply because they were listed as minority owners in an LLC, or even a sub-S corporation. If it were a general partnership, there's a possibility they could be liable. That's one of the reasons I hate general partnerships. I hate partnerships in general, but I hate general partnerships, too!

In other words, I think you're okay. I would still advise speaking with an attorney, and giving him or her all the details of this situation, to be absolutely certain.

—Dave

## Be there for each other, and don't give up!

Dear Dave,

My wife and I both lost our jobs a few weeks ago. She began a training course for a new job last week, and I've been interviewing. We cashed in an annuity the other day because things have been tight, and we were wondering if we should use it to help continue paying down debt, or simply live on it until things get better.

- Vernon

Dear Vernon,

You need to be honorable and pay your debts, but that

may have to be put on hold for a while. Right now, it's more important to have food in the house and keep the heat on.

If you haven't done so already, contact your creditors and explain the situation. Let them know you'll make things right with them as soon as possible. I know this is a scary situation, especially around the holidays, so make sure you two pull together and keep the lines of communication wide open. A few extra hugs wouldn't hurt, either.

The good news is it sounds like things may be looking up. Support your wife all you can in her new job, and make sure you continue looking for work, too. A little extra money is better than none, so take on something part-time while you're looking for a permanent position.

God bless you two!

—Dave

*Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at [daveramsey.com](http://daveramsey.com) and on Twitter at @DaveRamsey. ★*



**LEGAL ADS FOR SACRAMENTO COUNTY?**

*We Can Do That!*

Call to place your legal advertising **483-2299**

All Legal Ads Published by Messenger Publishing **MPG**

**Sacramento CHORAL SOCIETY & Orchestra**  
Donald Kendrick, Music Director

**SPRING SEASON 22**

**EUROPEAN MASTERWORKS**  
*Mozart Requiem*

Projected supertitle translations

*Requiem* | W. A. Mozart  
*Exultate Jubilate* | W. A. Mozart  
*Lux Aeterna* | Morten Lauridsen  
*Veni Sancte Spiritus, Agnus Dei – Lux Aeterna*  
*Lux in Tenebris* | James Whitbourn

Nikki Einfeld, Soprano      Karin Mushegain, Mezzo  
Michael Desnoyers, Tenor      Matt Boehler, Bass

Saturday, April 7, 2018 at 8:00 pm  
Pre-concert talk by Donald Kendrick 7:00 pm  
Sacramento Community Center Theater

Nikki Einfeld      Karin Mushegain      Michael Desnoyers      Matt Boehler

**SACRAMENTO METROPOLITAN ARTS COMMISSION**

**TICKETS CCT BOX OFFICE | 916.808.5181 or TICKETS.COM SACRAMENTOCHORAL.COM**

**HMF Family Dentistry**

**Family Dentistry Gold River**

**Hector Fernandez D.D.S.**

- Invisalign™
- Zoom2 Whitening
- Oral Surgery Including Wisdom Teeth Extraction
- Implants
- Cosmetics
- Root Canals

hmfdentistry.com

11230 Gold Express Dr. #306  
Off Sunrise & Hwy 50 **852-7660**



# POPPOFF!

with Mary Jane Popp

## Life Journaling

Would you like to access the more expansive spaces in your mind? Would you like to tap into positivity to boost happiness and confidence? Would you hope to achieve internal and external healing resulting from awakening to a higher consciousness? What if I told you that you can find personal meaning by journaling? Lots of questions, and **Briana Borten and Dr. Peter Borten** told me on POPPOFF you can do it. Their book **"Rituals for Transformation"** tells us how in a 108 day journey to your sacred life. **Briana** is a Mastery coach and certified practitioner of Ayurvedic medicine and **Peter** is a Doctor of Asian medicine. According to both, studies show that a regular writing practice enhances self-awareness, helps release and reframe the past and supports goal achievement.

Sitting down with a blank sheet of paper can be daunting. To get past that first step of putting pen to paper, you can use any of the following

topics to get you started. 1) **DESCRIBE YOUR GOALS AND RECORD YOUR PROGRESS.** You're much more likely to achieve your goals if you simply write them down. The process of writing your goals signals your brain that they are important, and then your brain organizes and prioritizes based on that information. Journaling also lets you expand upon those goals and push yourself to dream more. Then, write about your progress. 2) **EXPLORE AND RESOLVE CHALLENGING EXPERIENCES AND EMOTIONS.** We all face difficulties in our lives and relationships, but it's what we do during these times that make the difference in our overall happiness. Journaling can relieve the stress of these situations and put things into context so you can process and release the emotions. 3) **TAKE TIME FOR SELF-REFLECTION.** Tap into what's going on with you. How are you feeling? What's taking up room in your thoughts? Putting your musings, ideas and feelings onto paper will help you understand and assimilate them so you can move forward with more joy and grace. 4) **DEVELOP**

**YOUR INTUITION.** Journaling is like speaking to yourself and listening at the same time. If you have any concerns, issues or questions, write them down and ask your unconscious to come on board while you're meditating or sleeping to bring answers beyond your normal awareness. You might be surprised what creativity and inspirations come to you. 5) **REFLECT ON THE POSITIVE THINGS IN YOUR LIFE.** Writing about a positive experience lets your mind relive it, which boosts confidence in your ability to create happiness. Start by simply making a list of five things for which you are grateful. As you do this, you'll become aware of the awesomeness that's already present in your life. Writing about good experiences changes your orientation from scarcity and stress to abundance and peace. Naturally this is the just the tip of the iceberg for achieving happiness and peace. The rest of the story is in **"Rituals for Transformation."** Check out [www.dragontree.com](http://www.dragontree.com). The next step is taking that 108 day journey to your sacred life. **HAPPY TRAILS!** ★

# Emergencies Happen. Get Notified When They Do

**SACRAMENTO COUNTY, CA (MPG)** - Have you signed up for Sacramento-Alert, yet? Just go to [www.Sacramento-Alert.org](http://www.Sacramento-Alert.org) and sign up your home and work phone numbers and emails, as well as your cell phone numbers. This way, when an emergency happens in your area, you will be notified about critical and time-sensitive issues – including fires, floods, evacuations and disasters. When you sign up, it lets local officials, public safety and emergency personnel provide you with real-time information so you and your family will

know what to do or where to go in the event of a flood, neighborhood evacuation, major road closure, severe weather or other dangerous conditions. Choose how you want to be contacted – by phone call, text or email. As well, sign up for multiple locations that mean the most to you by registering your home address, work address, your parent's address or your children's school location in the counties of Sacramento, Yolo and Placer. Officials will only notify during an emergency or public safety event, or if public help is needed, for example, to

find a missing child or adult. Signing up is easy and your information is protected. Register, now, on the region's mass notification system: [Sacramento-Alert.org](http://Sacramento-Alert.org), [Yolo-Alert.org](http://Yolo-Alert.org) or [Placer-Alert.org](http://Placer-Alert.org). For additional information about how to prepare for emergencies, such as rain and cold temperatures, go to the Sacramento Ready website or the Sacramento County Emergency and Preparedness website. *Source: Sacramento County Media* ★

**CALL 773-1111 TO ADVERTISE**   
[www.GoldRiverMessenger.com](http://www.GoldRiverMessenger.com)

 **St. Mel Catholic School**  
 Immediate Openings for Pre-K through 8th Grade



**Open House**  
 Sunday, January 28th  
 11:00am – 12:30pm

**Strong Curriculum: Developmental, Multi-Sensory, Academic and Social Experiences**  
**Enrichment Activities: Spanish, Physical Education, Technology, Music and Library**  
 For more information call 916-967-2814 or email [jnagel@stmelschool.org](mailto:jnagel@stmelschool.org)

Fully Accredited by WCEA-WASC  SEE WHAT WE ARE ALL ABOUT!  
[www.stmelschool.org](http://www.stmelschool.org)  Connect with Us!

 **GOT LOCAL NEWS?**  
 Call 773-1111

**FIRST US**  
 Community Credit Union  
 Big enough to serve, small enough to care.

**BETTER THAN FREE CHECKING**



**It's FREE Checking, just better.**

- Free Mobile Banking with eDeposit
- Free Online Banking
- Free Bill Payment

**plus a whole lot more...**

[firstus.org/BTF](http://firstus.org/BTF) Checking

11220 Gold Express Drive #405  
 Gold River, CA 95670 (next to the UPS store)

Annual Percentage Yield (APY), rates, terms and offers accurate as of 1/1/2018 and subject to change without notice. Free VISA Debit card with 1% cash-back on signature-based purchase transactions during the first six months following account opening up to a maximum of \$200.00. One ATM surcharge rebate (\$2.00 maximum) per month. First box of corporate image checks (non-duplicates) free. First NSF item free upon request per year. eStatements are required. New checking accounts only.

© 1/2018 First U.S. Community Credit Union

**NEW TO FAIR OAKS**

*Luxury Senior Living*

Assisted Living • Memory Care



Oakmont Senior Living's newest project is now under construction and scheduled to open in the spring of 2018!

Oakmont offers a wellness center with full time nurses and care staff to assist with all of your daily living needs in the privacy of your own apartment home.

*Indoor and Outdoor Dining 7am - 7pm • Movie Theatre  
 Salon & Fitness Center • Library • Pet Park  
 Private Family Dining Room • Diabetic Wellness Program*

 **Oakmont of Fair Oaks**

**Information Center Now Open 8:00am - 6:00pm**

8484 Madison Avenue  
 Fair Oaks, CA 95628  
**916-694-0472**  
[oakmontoffairoaks.com](http://oakmontoffairoaks.com)

**Reserve your Studio Suite, One Bedroom or Two Bedroom Apartment Home Now!**

# SMITH REAL ESTATE SERVICES, INC.

THE "BULLDOGS" WHO CARE

LOCAL | MULTI-COUNTY TOP PRODUCER | FAMILY OWNED



**TESTIMONIALS**

"Wow, every time we do business with you something amazing happens!!" - The Sorci's

"You did what you said you would do! We always knew what was going on and next steps. We never felt like we were 'in the dark'. Sheryl is the perfect agent." - The Leamons

Call for your current home's value

**Sheryl Smith, Broker/Owner**

CalBRE 01381095

**916-472-0103**



# Helping Business Succeed

Does your business need **free and confidential help** with:

- Hazardous material plans?
- Managing hazardous materials and wastes?
- Starting a new business (restaurant, food truck/cart, automotive, manufacturing, or other business type)?
- Compliance before or after a regulatory inspection?
- One-on-one onsite help at your business with local, state, federal regulatory compliance and permits?
- Compliance with new and existing regulatory and permit procedures?

The Business Environmental Resource Center (BERC) is a free and confidential non-regulatory consultation service designed to help start-up, new and existing businesses navigate and comply with environmental and regulatory permit requirements. BERC Consultants clearly help guide you through the process, which **saves you time and money!**

**Regulatory and Permit Assistance** : Hazardous materials and wastes (including electronic reporting), Health Permits for food businesses (food trucks/carts, restaurants, markets, gasoline stations, including homebased operations), Air quality, Building inspection, Business license, Economic Development, Planning/Zoning, Solid Waste & Recycling, Cal-OSHA, storm water and Waste Water.

**What do businesses say about BERC help?**

"I own a small auto repair business and can't afford to pay anyone to help me with Environmental Issues. BERC has helped me since 2009 and I greatly appreciate it!" -Automotive Owner.

"We consider BERC a critical member of our team. **BERC demystifies the industrial permitting process in a confidential, business supportive manner.** The **BERC staff are experts** on the overwhelming industrial permitting process, making permitting a business a simple process"-Senior Vice President, Corporate Community

BERC staff is available to help you with compliance assistance in a **free and confidential** manner.

**Service area:**  
County of Sacramento including the cities of Sacramento, Folsom, Citrus Heights, Rancho Cordova, Elk Grove, Galt.



Contact us today for free and confidential help:

(916)874-2100 or BERCAadmin@saccounty.net

Visit our website: www.sacberc.org

# V CLEANERS

Organic Cleaning

We provide Professional Dry Cleaning, Laundry and Alteration services!

2286 Sunrise Blvd., Ste. 1  
Gold River, CA.  
www.vscleaners.com  
HOURS: Mon-Fri: 7am-7pm  
Sat: 8:30am-7pm  
Closed Sunday

**(916) 389-0798**  
**(916) 705-2595**

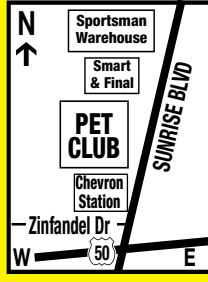
**HOT DEAL!**  
**80% off cleaning for all new customers!**



Look for Advertised Sale Items Everyweek at [www.petclubstores.com](http://www.petclubstores.com)

**PET CLUB is Excited to Offer: Blue Buffalo, Chicken Soup, Earth Born, Evo, Diamond Naturals, Pinnacle, Taste of the Wild, & Royal Canin Pet Foods**

**PET CLUB**  
FOOD AND SUPPLIES  
EVERYDAY LOW PRICES  
Super Discount Prices • Hot Specials & Coupons  
Short term promotions from vendors  
(Not available for our online presence)  
We Only Accept ATM, Cash, & Checks



2344 Sunrise Blvd.  
Rancho Cordova, CA  
916-635-5008

Mon-Fri 9-8,  
SAT 9-7, SUN 10-7  
Effective 1/3/18 - 1/9/18



**1 FREE PEDIGREE DOG FOOD**  
22 Oz Tin All Varieties  
With Any Purchase of Pet, Fish Food, or Supply PLU 321  
Limit: 1 Coupon Per Family GRM  
Effective 1/3/18 - 1/9/18

**\$1.50 OFF ANY PURCHASE OF PET OR FISH SUPPLY**  
(Excluding Pet Food or Litter)  
Cannot be used in conjunction with advertised sale items or similar percentage or dollar off coupons. Limit 1. PLU 324  
Limit: 1 Coupon Per Family GRM  
Effective 1/3/18 - 1/9/18

**NATURAL BALANCE DRY DOG FOOD**  
•Lamb Meal & Rice •Sweet Potato & Fish  
•Sweet Potato & Venison •Sweet Potato & Bison •Sweet Potato & Chicken 26-28 Lb Bag  
**Super Buy \$5 OFF**  
Limit 2 Bags Per Family  
Our Super Low Prices  
Effective 1/3/18 - 1/9/18

**NUTRO WHOLESOME ESSENTIALS DRY DOG FOOD**  
30 Lb Bag Limit 2 Bags Per Family  
Lamb Meal & Rice **\$37.99**  
•Small Bites ..... **\$38.99**  
•Adult ..... **\$38.99**  
•Large Breed ..... **\$38.99**  
Effective 1/3/18 - 1/9/18

**IAMS DRY DOG FOOD**  
30 Lb Bag Only  
•Lamb Meal & Rice •Weight Control  
•Mini-Chunk •Lrg Breed Adult  
Limit 2 Bags Per Family **\$25.99**  
Effective 1/3/18 - 1/9/18

**FRISKIES TENDER & CRUNCHY COMBO DRY CAT FOOD**  
16 Lb Bag  
Limit 2 Bags per Family **\$9.99**  
Effective 1/3/18 - 1/9/18

**FRISKIES BUFFET CANNED CAT FOOD**  
5.5 Oz All Varieties  
Limit 2 Cases Per Family **20/\$9.00**  
Effective 1/3/18 - 1/9/18

**ARM & HAMMER SUPER SCOOP CLUMPING CAT LITTER**  
20 Lb Box •Unscented •Double Duty (Clump n Seal Regular 19 lb \$8.99)  
Limit 2 Boxes Per Family **\$5.99**  
Effective 1/3/18 - 1/9/18

**SCIENCE DIET CANINE MAINTENANCE CANNED DOG FOOD**  
13 Oz •Selected Varieties (Reg price \$1.59)  
**NEW** (Healthy Cuisine 12.5 oz \$1.59 Reg price \$1.75)  
Limit 2 Cases Per Family **\$13.99**  
Effective 1/3/18 - 1/9/18

**SCOOPAWAY CLUMPING CAT LITTER**  
42 Lb Bag **Super Buy \$9.99**  
•Multi-Cat Formula  
Limit 2 Bags Per Family  
Effective 1/3/18 - 1/9/18

**FANCY FEAST DRY CAT FOOD**  
(Purina One Dry Cat 3 lb. \$5.99)  
3 lb Bag Limit 2 Bags **\$5.49**

**BLUE BUFFALO NATURALLY FRESH CAT LITTER** **Super Buy**  
100% Natural Walnut Based  
14 Lb Bag **\$5.49** Clumping **\$8.99** Multi-Cat **\$9.99**  
Limit 2 Bags Pellet

**PEDIGREE CANNED DOG FOOD** **99¢**  
•Choice Cuts in Gravy •Chunky Ground Dinner  
•Chopped Ground Dinner 22 Oz Can Limit 1 Case

**WELLNESS CANNED CAT FOOD**  
All Varieties except Signature & Core  
5.5 Oz Limit 1 Case **\$1.29**

**9 LIVES DRY CAT FOOD**  
•Grilled Tuna & Egg Flavor  
12 lb Bag Limit 2 Bags Per Family **\$7.99**

**NATURE'S MIRACLE PREMIUM CLUMPING CORN COB LITTER**  
•Bio-Enzymatic Formula  
10 Lb Bag Limit 2 Bags **\$7.99**

**SCIENCE DIET SMALL BITES DRY DOG FOOD**  
•Adult •Light •Mature  
17.5 Lb Bag Limit 2 Bags Per Family **\$22.99**

**FRESH STEP CRYSTALS CAT LITTER** **Super Buy**  
8Lb Bag Limit 2 Bags **\$10.99**

**New Formula MERRICK'S CLASSIC NATURAL DRY DOG FOOD**  
•Chicken/Green Pea/Ancient Grains 25 Lbs Limit 2 Bags  
•Beef/Green Pea/Carrots •Lamb/Green Pea/Ancient Grains **ON SALE**

**PURINA BENEFUL DRY DOG FOOD**  
•Original •Healthy Weight 31.1 Lb Bags Limit 1 Bag Per Family (Selected Varieties, 15.5 Lbs.- \$13.99) **\$24.99**

**PREMIUM CHOICE SCOOPABLE CAT LITTER**  
All Natural Unscented, 50 Lb Bag Limit 2 Bags **\$10.99**

**WELLNESS DRY CAT FOOD**  
•Chicken (12 Lb) •Indoor (12 Lb)  
•Healthy Weight (11.5 Lb) (Salmon, 12 Lb - \$31.99) **\$30.99**  
(3 Free Wellness Cat Can 5.5 Oz With Each Purchase)

**GREENIES DOG TREATS**  
12 Oz Pkg  
•Chewy Texture • Easy to Digest •Teeny (43 Ct) •Reg (12 Ct) **\$4 OFF**  
•Regular •Grain Free •Petite (20 Ct) •Large (8 Ct)  
Limit 2 Packs Per Family **OUR SUPER LOW PRICES**

**ROSY'S ORGANICALLY GROWN KITTEN GRASS**  
•Single Tub **\$2.99**

**Bramton SIMPLE SOLUTION TRAINING PADS** **Super Buy**  
23" x 24" 100 Ct Box **\$17.99**

**NATUR VET PRODUCTS** **20% OFF**  
•Vitamins •Supplements •Grass Saver All Varieties **OUR SUPER LOW PRICES**

**NYLABONE PRODUCTS** **20% OFF**  
•Dura Chew •Flexi Chew •Healthy Edibles •Antler Alternatives •Dental Chew •Puppy Chew All Varieties **OUR SUPER LOW PRICES**

**TETRA BOXED GLASS TANK WITH STARTER KIT**  
10 Gal Economy ..... **\$36.99**  
10 Gal LED Deluxe ..... **\$53.99**  
20 Gal LED Deluxe ..... **\$91.99**  
29 Gal LED Deluxe ..... **\$112.99**  
55 Gal LED Deluxe ..... **\$187.99**

**MARINELAND POWER FILTER SALE**  
TANK SIZE PET CLUB SALE  
PENGUIN 1.00B ..... 20 Gal. ..... **\$17.99**  
PENGUIN 1.50B ..... 30 Gal. ..... **\$24.99**  
PENGUIN 2.00B ..... 50 Gal. ..... **\$29.99**  
PENGUIN 3.50B ..... 75 Gal. ..... **\$39.99**

**PENN PLAX PLASTIC AQUA-PLANTS** **20% OFF**  
**OUR SUPER LOW PRICES**

**KORDON CORAL SEA 50 GAL SALT MIX WITH AMQUEL** **\$11.99**

**BONUS COUPON FANCY FEAST GOURMET CANNED CAT FOOD**  
3 Oz - All Varieties Except Elegant Medley  
Limit 1 Case Per Family  
Limit One Coupon Per Family  
Price Valid Only With Coupon  
Effective 1/3/18 - 1/9/18 **53¢** GRM PLU 361

**BONUS COUPON PURINA WHISKER LICKINS CAT TREATS**  
•Soft & Delicious - 2.5 Oz  
•Crunchy & Yummy - 1.7 Oz  
Limit 2 Pouches with Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon. Effective 1/3/18 - 1/9/18 **69¢** GRM PLU 446

**BONUS COUPON JONNY CAT PREMIUM CAT LITTER**  
20 Lb Bag  
Limit 1 Bag With Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon  
Effective 1/3/18 - 1/9/18 **\$3.29** GRM PLU 362



# SMUD Board of Directors Approves 2018 Budget

Continued from page 1

on exploring new business opportunities that open new markets and revenue streams. These include expanding opportunities for new revenue in traditional wholesale energy markets, such as successfully selling excess transmission capacity, plus new net revenue from non-traditional sources such as the new e-commerce solution, the SMUD Energy Store.

SMUD signed a contract in 2017 with Valley Clean Energy Alliance (VCEA) to provide Community Choice Aggregator (CCA) services. SMUD's work with VCEA, which launches next spring, will create a new revenue stream for SMUD and creates possibilities for expansion into other CCA markets.

The capital budget includes funding for improvements and investments to support development of SMUD's load serving capacity—the amount of power needed to meet high demand during peak summer hours—as well as continued modernization

of the grid; regulatory compliance; and customers' experience dealing with SMUD. Some major capital projects include:

- Rebuilding Station E and Station G substations downtown
- Construction of the new Franklin substation in Elk Grove
- Rehabilitation of the SMUD Headquarters building
- Re-purchase of Solano Wind 3

The O&M budget includes funding for the work associated with SMUD joining the Energy Imbalance Market (EIM) in 2019. The EIM is a real-time, wholesale power market managed by the California Independent System Operator that enables participating utilities to buy low-cost energy available across eight western states—the resulting efficiencies of pooling power resources across a wide geographic area provides cost savings and environmental benefits. Other O&M expenditures include:

- Power plant maintenance and overhauls
- Repair costs due to storm and wildfire events
- Technological enhancements to existing electrical equipment

SMUD customers continue to pay significantly less for electricity than most Californians, and as of November 1, 2017, about 32 percent less than residential customers who are supplied by neighboring PG&E.

As the nation's sixth-largest, community-owned electric service provider, SMUD has been providing low-cost, reliable electricity for 70 years to Sacramento County (and small adjoining portions of Placer and Yolo Counties). SMUD is a recognized industry leader and award winner for its innovative energy efficiency programs, renewable power technologies, and for its sustainable solutions for a healthier environment. SMUD's power mix is about 50 percent non-carbon emitting. For more information, visit [smud.org](http://smud.org). ★



## WE ARE HERE TO INNOVATE



## WE ARE HERE TO MOTIVATE



## WE ARE HERE TO TEACH

It's a New Year! Join now! Only \$10 Initiation Fee

Plus get a \$100 Club Cash Card upon joining!\*



**GOLD RIVER**  
RACQUET CLUB

A Premier Spare Time Club

916.638.7001 • [www.sparetimeclubs.com](http://www.sparetimeclubs.com)  
2201 Gold Rush Drive • Gold River

PERFORMANCE TRAINING AT SPARE TIME CLUBS  
Expert Instruction. Motivation. Results.

Incredible Selection of Programs • Area's Best Instructors  
Engaging Social Events • 12 Locations • Try B4 You Buy!

\*Offer good through 1/31/18 and is a first visit incentive. Some restrictions may apply.

Comparison of California Utilities' Average Residential Electric Bills	
Monthly Average Residential Electric Bill at 750 kilowatt-hours (kWh) per month	As of November 1, 2017
SMUD	\$109.88
Roseville Electric	\$112.99
Los Angeles Department of Water and Power	\$134.45
Modesto Irrigation District	\$133.47
Southern California Edison	\$153.61
Pacific Gas & Electric	\$178.05
San Diego Gas & Electric	\$199.33



## Union Gospel Mission Sacramento



**WE ACCEPT DONATIONS!**  
7 Days a week  
8am - 8pm

**(916) 447-3268**

**400 Bannon Street • Sacramento, CA 95811**

Listen to "Voices from the Streets" on KFIA 710 AM, Sun at 2 pm, Mon at 3 pm  
For Mission Updates, go to [UGMSAC.COM](http://UGMSAC.COM) and [Facebook.com/ugmsac](https://www.facebook.com/ugmsac)



**Publisher,  
Paul V. Scholl**

Gold River Messenger is a member of Messenger Publishing Group

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: [Editorial3@mpg8.com](mailto:Editorial3@mpg8.com). Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

## Gold River Messenger

Serving Gold River and Sacramento County

It is the intent of the *Gold River Messenger* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *Gold River Messenger* is not responsible for unsolicited manuscripts or materials. The entire contents of the *Gold River Messenger* are copyrighted. Ownership of all advertising created and/or composed by the *Gold River Messenger* is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to *Gold River Messenger*, 7144 Fair Oaks Blvd., Suite #5, Carmichael, CA 95608. Subscription rate is \$12 per year within Gold River. The *Gold River Messenger* is published monthly. Call 916-773-1111 for more information. (ISSN # 1948-1918).



We are proud members of these newspaper associations.





# KP International Market

FOOD COURT NOW OPEN  
Come Sample Flavors of the World!

10971 Olson Drive • Rancho Cordova, CA 95670 • 916.853.8000

PRICES EFFECTIVE JANUARY 3 - JANUARY 9, 2018

3 4 5 6 7 8 9

kpinternationalmarket.com  
/kpinternationalmarket  
@kpinternational  
@kpimssac

## WEEKLY MEAT SPECIALS

**WAYNE FARMS & PILGRIMS**

**Boneless & Skinless Chicken Breasts**  
Pechuga de Pollo Deshuesada y sin Piel  
40 lb Box.....\$49.99/ea

**Bonus Buy**

**Beef New York Strip Steak - Bnls**  
Filete de Res Estilo Nueva York sin Hueso  
**\$3.99** /lb

**USDA CHOICE**

**Beef London Broil & Top Rnd Roast-Bnls**  
Pulpa Para Hornear Roast sin Hueso  
**\$2.69** /lb

**IBP**

**Pork Neck Bones**  
Huesos de cuello de Cerdo  
**99¢** /lb

**USDA CHOICE**

**Top Round Steak/Pulpa-Thin Sliced**  
Pulpa Para Hornear Steak sin Hueso  
**\$2.99** /lb

**OLYMEAL**

**Pork Leg - Boneless**  
Pierna de Cerdo Deshuesada  
**\$1.69** /lb

**LEAN & TENDER**

**Pork Tenderloin**  
Lomo de Cerdo  
**\$1.99** /lb

Advised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE JANUARY 3 - JANUARY 9, 2018.

## HAPPY HOURS

**DRAFT BEER \$2.00**

Mon - Thu 4:00 PM - 9 PM  
Fri - Sat - Sun 2:00 PM - 9 PM

## KARAOKE SPECIAL

Come before 6pm (Valid Time)

- For 6 people \$60.00
- For 8 people \$80.00
- For 14 people \$140.00
- For 18 people \$180.00
- For 28 people \$280.00

10 Dishes To Choose From:  
Hamburger, Cheese Burger, Club Sandwich, Chicken Nuggets, Spiced Edamame, Fried Dumpling, Korean Meatball, Chicken Wings, Pork Lumpia, French Fries

OPEN 7 DAYS A WEEK Mon-Thru 4PM - 2AM / Fri-Sat 2PM - 2AM / Sun 2PM - 12AM  
10947 OLSON DRIVE, RANCHO CORDOVA, CA 95670  
916-853-2006 • WWW.KP-KARAOKE.COM

## FRESH PRODUCE

SALES FOR PRODUCE WILL BEGIN ON WEDNESDAYS @ 12:00PM

Red Jumbo Onions 59¢	Cilantro 3/\$1	Romaine Hearts 12/3 2/\$3	Mango 10 ct 6.99	Avocado 60 99¢	Jalapeno Peppers 59¢	Tangerine Halo 15/2lb 2.99
Blueberries 6 oz 2.99	Gala Apples 3 lb Bag 1.99	Roma Tomatoes 1.39	Papaya 2.6 lb 99¢	Navel Oranges 4 lb Bag 2.99	Jumbo Garlic 2lbs/\$5	Lemons 3/\$1

## AMERICAN/HISPANIC GROCERY

Best Foods Real Mayonnaise 16 oz \$3.99	Virtue 12.99	Palma Corned Beef 2.99	Palma Corned Beef 4.99	Almonds Purified 1 Gal 89¢	Teasdale White Hominy 1.99
---	--------------	------------------------	------------------------	----------------------------	----------------------------

## ASIAN GROCERY

Wai Wai Original Rice Noodles \$13.99	Wai Wai Brand 99¢	Beef & Broth 2.18	Mother's Brand 1.49	Pin Rice 2.99	Ball's Brand 2/\$2.99	Okkaid 2/\$2.99	Surlee 2/\$1.49
---------------------------------------	-------------------	-------------------	---------------------	---------------	-----------------------	-----------------	-----------------

## EUROPEAN GROCERY

Jacobs Mils 7.99	Jacobs Coffee 200 gr \$4.99	Danish Style Butter Cookies 905 gr \$1.49	Wells 99¢	Islands Condensed Milk 3.99	Santa Sophia La Plata 10 ct \$2.49	Cha Cha Seedover Seeds 2.00
------------------	-----------------------------	---	-----------	-----------------------------	------------------------------------	-----------------------------

## KOREAN/JAPANESE GROCERY

Benyon Family Pack 2 Kinds 6 x 2.29	Roasted Coffee 2 Kinds 100 x 12.7	Bibigo Korean BBQ Sauce 11.51	Jack Tofu 2 Kinds 10 ea \$8.99	Ginger & Citrus Tea 2.2 ea \$4.99	Asst Kelp Soy Sauce \$3.99
-------------------------------------	-----------------------------------	-------------------------------	--------------------------------	-----------------------------------	----------------------------

## HOUSEWARES

MADE IN KOREA

GOOD FEEL! UNPLUGGED SANITARY PAD COMPACTOR \$4.99

NON-STICK COOKING AREA POT \$109.99

5.99, 6.99, 13.99, 1.99, 3.99, 5.99, 6.99, 19.99, 3.99, 6.99, 15.99

## FROZEN DEPARTMENT

Whole Raw Alaskan 2.70 \$11.99	Salted Beer \$2.99
--------------------------------	--------------------

## EUROPEAN DELI

Alto's Meat Bologna German Cured \$3.99	North Star Chorizo Grilled Roll \$5.69
Lowell's Pork Cured \$5.99	Lowell's European Style Cheese \$5.49

Advised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE JANUARY 3 - JANUARY 9, 2018.



## REAL PEOPLE. REAL CONNECTIONS.

Eskaton is people. Real relationships ... real connections between residents, employees, families, volunteers and donors. When you move to Eskaton Lodge Gold River, we welcome you to our family. Come for a visit. Experience the Eskaton difference.

A leading nonprofit provider of aging services in Northern California since 1968

**ESKATON**  
Transforming the Aging Experience

[eskaton.org/elgr](http://eskaton.org/elgr)

Eskaton Lodge Gold River  
Assisted Living, Pre-memory Care and Memory Care  
916-900-1685  
License # 347001241