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Gold River Messenger

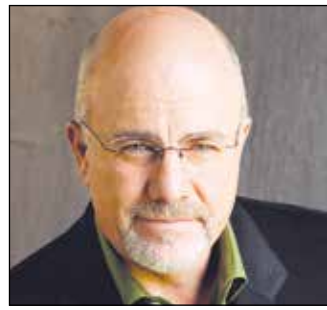
"Written by the people, for the people"

Volume 4 • Issue 10

Serving Gold River and Sacramento County

October, 2016

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Hall of Fame Selects Jeff Float

SACRAMENTO REGION, CA (MPG) - On October 16 at the Hyatt Regency, Olympic Gold Medalist Jeff Float will be inducted into the CIF Sac-Joaquin Section Hall of Fame. This event is honoring a total of 17 individuals who have all enjoyed stellar careers in their respective athletic endeavors. Spanning 70 years, these Northern California inductees encompass the full spectrum of sports representatives: athletes, coaches, administrators/benefactors, officials and media members.

Among those also selected are Gold Medalist Wilbur Thompson, Coach Dan Carmazzi, Administrator Pete Saco, Official Joe Harper and Sports Editor Marty James. A few of the other notable athletes who were chosen in the past include Summer Sanders, Debbie Meyer, Tedy Bruschi, Bill Cartwright, Dusty Baker and Steve Sax.

Continued on page 2



Jeff Float chosen for Sac-Joaquin section Hall of Fame. Photos courtesy of Float family

Poll Workers Needed for Elections

SACRAMENTO REGION, CA (MPG) - Sacramento County's Office of Voter Registration and Elections is calling upon civic-minded citizens to work at polling places for the upcoming election on November 8.

No prior experience is necessary and training will be provided. Workers will be provided a stipend for their training and service on Election Day. And citizens fluent in Spanish, Chinese, Vietnamese, Tagalog, Hindi, Korean and Japanese are strongly encouraged to apply.

To be a poll worker you must meet the following criteria:

- Be at least 18 years of age or be a high school student that is at least 16 years of age and in good academic standing.
- A resident of the State of California.
- Be able to read and write in fluent English.
- Available to work on Election Day November 8 from 6:00 a.m. until all duties are completed (approximately 10:00 p.m.).
- Attend a mandatory training class prior to election (approximately 2½ hours).
- Have transportation to and from the training class and to the polling place on Election Day.

For more information, please visit the Office of Voter Registration and Elections website at www.elections.sac-county.net

Cooley Bill Protecting Historic Park Names Now Law

SACRAMENTO REGION, CA (MPG) - The California Heritage Protection Act (AB 2249) was signed into law on September 21st by Governor Brown. Assemblyman Ken Cooley (D-Rancho Cordova) has announced. AB 2249 ensures park concessionaires in California's state parks cannot trademark historic place names simply due to their status as a concessionaire. The bill was introduced by Assemblyman Cooley and Assemblymen Frank Bigelow (R-O'Neals) and Adam Gray (D-Merced) in response to the U.S. National Park Service's controversial renaming of several landmarks at Yosemite National Park due to a dispute with their ex-concessionaire.

"This bill makes clear that trademarking of historic names in state

parks by concessionaires without any independent basis for a claim is unacceptable and our state Department of Parks and Recreation cannot sign off on the type of trademarking conduct that produced the Yosemite dispute," said Assemblyman Cooley. "With AB 2249's signature, that kind of behavior will disqualify a concessionaire from receiving a concessions contract in California, which makes the bipartisan unanimity of the Legislature especially impressive."

The Ahwahnee Hotel has been re-named the "Majestic Yosemite Hotel," Curry Village is now "Half Dome Village," the Wawona Hotel is "Big Trees Lodge" and Badger Pass Ski Area is now called "Yosemite Ski and Snowboard Area."

AB 2249 ensures nothing of the same kind occurs in a California state park. To keep concessionaires from co-opting state landmarks, this bill adds to state law a prohibition on concessionaires claiming ownership of a name associated with a California state park and disqualifies a bidder from future contracts if they attempt such trademark claims.

"Our state parks are not like football or baseball stadiums, trading sponsorship deals to the highest bidder," said Assemblyman Gray. "The people of California protect and preserve these landmarks as a part of our history, and it is the people of California who own their storied names."

"I have the privilege of representing Yosemite National Park

and know first-hand how treasured these landmarks are by the people of our state," said Assemblyman Bigelow. "I'm proud to co-author AB 2249 to protect historic sites up and down California."

California's Yosemite National Park is on the short list of America's most magnificent parks and is filled with historic landmarks built decades ago—some date back to the 19th century. The Ahwahnee Hotel was built in the 1920s in a valley meadow with the sheer granite of Half Dome as its backdrop; its filing for the National Register



Assemblyman Ken Cooley (D-Rancho Cordova)

of Historic Places explains its name comes from a local Native American word meaning "deep, grassy meadow." Nearby Curry Village is named after the couple who established a summer camp there in 1899. The Wawona Hotel, in the southwest corner of Yosemite National Park, was originally constructed 140 years ago, in 1876. All three were placed on the National Register of Historic Places in the 1970s.

Assembly Bill 2249 will take effect January 1, 2017.

Source: Office of Ken Cooley ★

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Aerojet Interns Gain Powerful Experience

SACRAMENTO REGION, CA (MPG)

Aerojet Rocketdyne hosted its largest group of college interns this summer with 79 students. In the past three years, Aerojet Rocketdyne has hired 196 interns from more than 50 different universities across the nation.

"Our internship and co-operative education programs are central to transferring knowledge within the company to the next-generation. We are also able to take advantage of their fresh perspective and incorporate new thoughts and ideas into the company," said Aerojet Rocketdyne CEO and President Eileen Drake.

Aerojet Rocketdyne offers internships to students pursuing many areas of study, including finance, economics and business; however, the majority of the opportunities are in the engineering field. The company matches its interns with a mentor who provides guidance and assigns them a project based on their abilities, college courses completed and area of study. Interns are also included in a program called "Launch" which was created to ease the transition of newly hired recent graduates from college to the work environment through mentoring, social networking and identifying potential leadership opportunities.

"As an intern at Aerojet Rocketdyne I had the opportunity to work alongside some of the most experienced and talented engineers in the aerospace industry," said Bryce Chanes about his experience this summer working as a Project Engineer Intern at Aerojet Rocketdyne's Los Angeles facility. "With their guidance and mentorship, I was able to hone my engineering skills and enhance my professional toolset in a way that no other experience can."

Chanes worked on the important ARI engine, which will end



"As an intern at Aerojet Rocketdyne I had the opportunity to work alongside some of the most experienced and talented engineers in the aerospace industry," said Bryce Chane.

reliance on the Russian-made RD-180 rocket engine, currently used to power the nation's most reliable launch vehicle. ARI is taking advantage of the latest manufacturing processes, materials and technology to be able to rapidly develop and certify an engine by 2019 that will be more capable than the RD-180.

"I am so impressed with our current class of Aerojet Rocketdyne summer interns and the exciting projects they were able to work on, like ARI. They are our future leaders in engineering, science and business," said Aerojet Rocketdyne CEO and President Eileen Drake. "I cannot wait to see what they do next."

"I believe every college student should have the opportunity to try out the career they think they want to pursue as early as possible to get a feeling about what it's like to walk in those shoes. I am lucky in that I knew from an early age that

this is what I wanted to do," said Chanes about his experience.

Aerojet Rocketdyne's internship program currently has interns at eight of its 14 sites and plans to grow the internship program to meet the increased need for qualified employees with real world experience.

Aerojet Rocketdyne is an innovative company delivering solutions that create value for its customers in the aerospace and defense markets. The company is a world-recognized aerospace and defense leader that provides propulsion and energetics to the space, missile defense and strategic systems, tactical systems and armaments areas, in support of domestic and international markets. Additional information about Aerojet Rocketdyne can be obtained by visiting our websites at www.Rocket.com and www.AerojetRocketdyne.com.

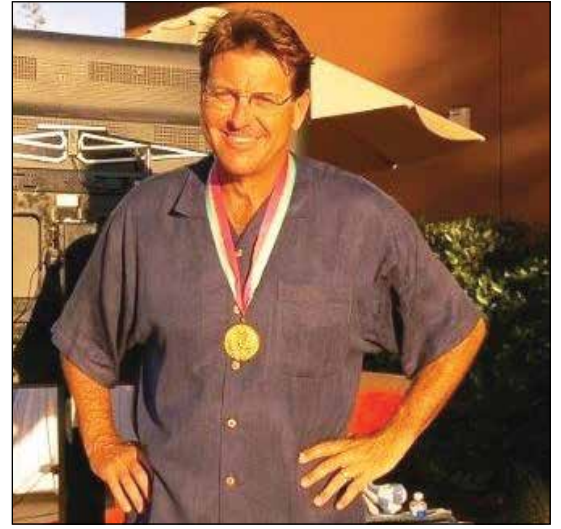
Source: Aerojet Rocketdyne ★

Hall of Fame Selects Jeff Float

Continued from page 1

The CIF Sac-Joaquin Section [CIF-SJS] organization, while functioning at the grass-roots level, often launches long-term vocations beyond grade school. When asked about his high school background, Jeff was quoted as saying, "Jesuit served as my starting block from which I dove into a rewarding collegiate experience and successful swimming career. With the great fortune of Arden Hills and its legendary Coach Sherm Chavore being located across the street from Jesuit, my sports training, superb education and religious beliefs thrived. Now as a coach and mentor for over two decades, I feel privileged to share my passion for swimming with today's youth. For these reasons and many others, I will always remain grateful to Jesuit for instilling in me its credo ... becoming 'A Man for Others.' And I attempt to uphold that standard every day."

Along the path, Jeff's accomplishments include the following: 1980 Olympic Team member in Moscow [boycotted]; 1984 peer-elected Captain and Gold Medalist in Los Angeles; 1977 ten-time



Jeff Float is head coach of the summer recreational Stingrays team and the year-round Spare Time Aquatics Sharks. Photos courtesy of Float family

Gold Medalist in the World Games for the Deaf in Romania [unrivaled for 39 years]; 2008 recipient of the Congressional Gold Medal of Honor [bestowed to all 1980 Olympians]; and, best of all, gratifying employment with Spare Time Inc. Based out of the Gold River Racquet Club, Jeff is head coach of the summer recreational Stingrays team and the year-round Spare Time Aquatics Sharks.

This CIF-SJS Induction Banquet and Ceremony in the Hyatt's Grand Ballroom begins with a no-host reception at 4 pm and program at 5. Reservations are being accepted until October 7, and \$60 tickets are available by calling 209.334.5900 or online at <http://www.cifsjs.org/>. With the incredible backstories of all proud inductees, this is sure to be excitement-filled and awe-inspiring celebration.

Source: Float Family ★



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Bera Urges FDA to Take Action in Response to EpiPen Prices

EpiPens Cost Upwards of \$600 for a Single Prescription

SACRAMENTO, CA (MPG) - On August 25th, 2016, Congressman Ami Bera, M.D. (CA-7) called on the Food and Drug Administration (FDA) to take immediate action to make lower cost alternatives available in response to exorbitantly priced EpiPens from the drug manufacturer Mylan. Currently, EpiPens have a virtual monopoly on the market for emergency allergy attack treatment. In the letter, Congressman Bera asks the FDA to address processes that may limit competition and allow some companies to drastically increase prices. Today, Mylan announced they would offer additional coupons for EpiPens, but have not addressed the underlying cost.



Congressman Bera has previously urged the FDA to regulate the prices of life-saving drugs.

“As a doctor, I know that in the case of an allergic reaction no time can be wasted and we can’t allow anything to stand in

the way of immediate access to epinephrine.” said Bera. “\$600 for an EpiPen is outrageous, and Mylan must be held accountable for their pricing on a life-saving drug. That’s why I’m calling on the FDA to make sure that families have other more affordable and safe options to EpiPens so that no one needs to make a choice between paying their bills or having a life-saving drug.”

Congressman Bera has previously urged the FDA to regulate the prices of life-saving drugs. He leads the push to ensure that drug companies are not able to charge excessive prices for drugs, like in the case of Martin Shkreli and Turing Pharmaceuticals.

Source: Office of Ami Bera ★

Howard Jarvis Taxpayers Association Endorses Sue Frost

CITRUS HEIGHTS, CA (MPG) - California's leading tax-fighting organization, the Howard Jarvis Taxpayers Association (HJTA), has endorsed Sue Frost for Sacramento County Supervisor. Frost was one of only seven local candidates across the entire state of California to receive the highly sought-after endorsement.

City Councilwoman Sue Frost finished nearly 10 points ahead of her nearest competitor in the June Primary, and since has been endorsed by all three of the other candidates who ran in the Supervisor race.

Sue Frost currently serves as Councilwoman in Citrus Heights, and recently completed her term

as Mayor. She’s a business owner and former nurse who will make public safety the top priority, she will stand up to wasteful spending, demand accountability for road repairs, and champion new efforts to empower neighborhoods, help veterans and reduce homelessness.

Source: TABcommunications.com ★

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Crossword Puzzle on Page 5

R	A	D	O	N	G	A	S		S	L	E	W
O	S	A	K	A	A	L	A		S	M	I	T
N	E	H	R	U	I	L	L		Q	U	E	
	A	L	A	S	K	A		S	P	U	T	N
		S	E	A		M	A	T	E			
C	P	U		A	R	I	A		A	A	R	G
U	R	N	S		A	R	G	O		L	I	N
B	O	T	H		T	O	N	G	A		D	A
A	N	I	M	A		N	E	E	M		E	R
	G	L	O	B	E		T	E	A	R		L
				B	R	I	O		T	A	M	
D	O	D	G	E	R	S		N	I	K	I	T
A	D	I	O	S		A	D	O		I	N	E
M	O	A	N	S		A	N	I		S	C	R
E	R	S	E		C	A	R		H	E	M	A

Sudoku Puzzle on Page 5

5	8	1	3	2	9	7	6	4
4	3	9	1	6	7	5	8	2
7	2	6	8	5	4	3	1	9
9	7	5	6	8	1	2	4	3
8	4	2	5	9	3	6	7	1
1	6	3	7	4	2	8	9	5
6	9	4	2	7	5	1	3	8
3	5	7	4	1	8	9	2	6
2	1	8	9	3	6	4	5	7

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MPG Messenger Publishing Group



By David Dickstein, Gold River resident

The vandalism spree that occurred late in the evening on Aug. 15 was unlike any act Gold River has seen. Sure, we have our outbreaks of crime like any community. Heck, even Mayberry had a bank robbery. But as far as unlawfulness performed in multiple villages in addition to the school, this was precedent setting for our sleepy bedroom community.

Instead of waking up to a normal Tuesday in Gold River, residents in various parts of the neighborhood were greeted with houses and cars defaced with the N-word, the F-word, drawings of male genitalia and swastikas, and a sidewalk spray-painted with the phrase “white power.” Even the elderly was disrespected. Such a deplorable discovery couldn’t help but raise the obvious emotions and many questions. Neighbors shared in the shock, dismay, anger and wonders of why, but those whose property became someone else’s billboards for racial slurs and vulgarity were no doubt rocked to the core.

Local TV news lives for stories like this, easy and alarming, and lacking investigative skills they simply interviewed the sheriff’s department public information officer and a few of the victims. KCRA did a live report from Gold River Discovery Center without showing the demolished gazebo and other destruction left there by vandals who, we’d learn later, attended the school earlier in their young lives. Reporters’ disappointment of not finding a juicy hate crime story came to some relief to our community. We sure didn’t need prejudice-motivated crime on top of everything else being dealt with in a neighborhood news media described as “quiet” and “upper-class.”

Since no one got hurt (thank God), I stop short of saying that the culprits acted like a pack of pit bulls being unleashed in a dog



This photo, doctored for public viewing, shows recent graffiti discovered on Gold Rush Drive after six arrests were made in connection with an Aug. 15 vandalism spree. Photo by David Dickstein

park for poodles. “Bulls in a china shop” might be more appropriate as the crimes, in Sacramento County Deputy Ralph Garcia’s words, were “not sophisticated.” At the well-attended Gold River Safety Committee meeting held just over a month ago at the Community Center, Shauna Franklin, the community prosecutor assigned to the case, described the vandals as “very unsophisticated.”

‘Fool’s Gold’ A Night of ‘Unsophisticated’ Crime

I’ll bet a lifetime supply of spray paint that the people whose cars, garage doors, windows, sidewalks and streets were bashed, broken and tagged with offensive language and symbols don’t care a rat’s you-know-what that the destruction or the destructors were unsophisticated or not. These homeowners were forced to spend their Tuesday and their own money, no doubt, undoing the damage caused by hooligans who got their jollies on at least 10 homes, three cars and an already under-funded public school.

Solace for the victims and a worried community would come 10 days after the rampage when five 18-year-old males and one



Gold River woke up to a rash of vandalism one August morning. A case against six arrested young men is underway. Photo by David Dickstein

just shy of that age – a juvenile in the eyes of the law – were arrested on charges of felony vandalism and conspiracy to commit a crime. Their MO, Sheriff Garcia said at the Safety Committee meeting, was “to do one big thing before they went off to college.” In hindsight, perhaps river rafting or a night at an 18 and over gentleman’s club would have made better choices.

As Sheriff Garcia said at the Safety Committee meeting, these young men “did dumb ... really dumb.” We’ll see how dumb in the eyes of the law, but these things take time. Sentencing for the five being charged as adults won’t be for several months, according to the sheriff’s department. Restitution is possible for the victims, but we were told that’s an even longer process. The lengthiest consequence fac-

point in their lives.” I can’t agree more, not only for their welfare, but ours. We don’t need any more drains on society, especially ones with a criminal record. The good news for the six men is America likes rooting for those seeking and seizing second chances. So there’s your potential silver lining in this spray-painted and bashed-in dark cloud.

The one certain positive that came out of summer’s news-making vandalism spree is Gold River banded together to address a common concern. The circumstances were unfortunate, but the 170 residents who attended the Safety Committee meeting now have stronger relations with community leaders and know to call the Sacramento Sheriff’s Department and not Gold River Patrol when a crime is witnessed or suspected. Surprisingly, that’s a real issue which surfaced at the meeting. Check out the “Community Information” tab at grea.info for more information. You’ll also find minutes from the safety committee meeting under “Resource Center.”

As much as I’d like to end on a happy note, I feel obligated to report that less than three weeks after the six arrests I stumbled upon fresh graffiti along Gold Rush Drive, near the trailhead and just steps from a manor home that got hit with racial scrawling that awful night. The word, tame in comparison to what we saw in August, was spray-painted on the sidewalk. Was it an act by the same guys? A copycat? Whoever it was, let’s hope he/she/they got it out of his/her/their system. But if not, at least use chalk next time. Same message, so much easier and cheaper to remove. ★

men’s names, mugshots and account of their night of naughtiness will live in infamy. That’s an especially long time when the public shaming begins as a teenager. You don’t see their names and mugshots in this column for that reason.

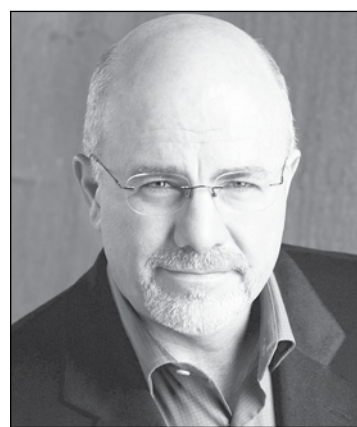
The victims with damaged property and anyone still jittery since the vandalism spree might feel otherwise, but I find myself genuinely wishing for the six young men to learn from this and lead happy and successful lives – once they pay for their crimes, of course. At the Safety Committee meeting, Rick Boster, Gold River Discovery Center principal, said, “We hope this will be a turning

point in their lives.” I can’t agree more, not only for their welfare, but ours. We don’t need any more drains on society, especially ones with a criminal record. The good news for the six men is America likes rooting for those seeking and seizing second chances. So there’s your potential silver lining in this spray-painted and bashed-in dark cloud.

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ing the five is a possible lifetime of repercussions. Having a criminal conviction on your record can cause a multitude of problems including disqualification for employment and housing, ineligibility for federal assistance programs or benefits, and never being able to volunteer for your child’s extracurricular activities. And, like writing with a Sharpie, what’s on the internet is pretty much permanent. The young



Sold Dave three timeshares?

Dear Dave,
My wife and I recently sat through a timeshare pitch at my mom and dad’s community as a favor to them. We’re trying to get out of debt and take control of our money, so when the salesman said we could put the whole thing on a credit card, I told him about you and your plan. He then said that he used to be your personal financial advisor and had sold you three timeshares in the past. Is this true, or are timeshares a bad idea?
- Jeremy

Dear Jeremy,
A timeshare salesman said he had been my personal financial advisor? Wow! It takes real guts, and a bunch of dishonest nerve, to spread that kind of crap around.

No, I’ve never in my life owned a timeshare. I’ve made just about every financial mistake known to man, except that one. I’ve also never made the mistake of having a timeshare salesman

Dave Says

as my financial advisor. This sounds like the kind of guy who you know is lying if his lips are moving!

I’m really sorry if your mom and dad already hooked up with this bunch. Timeshares, even with honest salespeople, are just straight-up stupid. Never buy a timeshare! The customer dissatisfaction rate with those things is sky-high, and you’re pretty much stuck once you buy one. They’re almost impossible to sell, because you don’t really own anything.

For the money you spend to buy a timeshare, you could take several nice vacations and stay in some pretty decent places. People get suckered in to these things all the time, Jeremy, but it’s a really bad idea. Don’t do it!
—Dave

Newlyweds buy house first year?

Dear Dave,
Why do you recommend that newlyweds not buy a house during the first year of marriage?
- Laura

Dear Laura,
Believe it or not, the first year of marriage is pretty tough. You’ll both have to make lots of adjustments and get used to the new schedules and habits, likes

and dislikes, that go along with marriage. You need to spend that first year getting to know each other even better, and exploring and developing your relationship as husband and wife. Running out and buying stuff like curtains and furniture — or making major life decisions like buying a house — can wait.

Devote the first year to deeper, more important things. In the process, make sure you’re on the same page emotionally and financially. Develop a plan to make your hopes and dreams come true, and start piling up a bunch of cash for the future. Then, a year or two down the road, you can start the house-hunting process. There will still be great homes at good prices, plus you’ll both have a better idea of what you want for the future!
—Dave

Dave Ramsey is America’s trusted voice on money and business. He has authored five New York Times best-selling books: *Financial Peace*, *More Than Enough*, *The Total Money Makeover*, *EntreLeadership* and *Smart Money Smart Kids*. The Dave Ramsey Show is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

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The Widowed Persons Association of California encourages men and women to come to Sunday Support each Sunday from 3:00pm - 5:00pm. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service. Participants do not need to be members and there is no charge.

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CLUES

ACROSS

1. Rn, a health hazard
6. One noble or inert
9. Multitude
13. Port city in Japan
14. Pie _____ mode
15. Inflict a blow
16. *Prime Minister of India in the 1950s
17. Under the weather
18. Line in London
19. *49th state
21. *Space Race starter
23. *_____ Hunt” with Lloyd Bridges
24. First one on a ship
25. PC brain
28. Diva’s solo
30. Frustration, in print
34. RIP pots
36. Ben Affleck’s 2012 Oscar winner
38. Flax fabric
40. This and the other
41. Polynesian kingdom
43. Man Ray’s art movement
44. The inner self
46. Indian Lilac
47. Units of work
48. Scale model of Earth
50. *It was on Little Anthony’s pillow in 1958
52. Grazing field
53. Spiritedness
55. African tam-_____
57. *Jackie Robinson’s and Duke Snider’s team
61. *_____ Khrushchev
64. Goodbye in Spanish
65. Commotion
67. Not active
69. Haunted house sounds
70. American cuckoo
71. Rocks at mountain base
72. Gaelic
73. *Thunderbird
74. Macho guy

DOWN

1. Actor/director Howard
2. Between ports
3. Willy Wonka creator
4. Ladies’ fingers
5. Post-roller coaster ride condition
6. Mother Earth, to Ancient Greeks
7. *_____ About Eve” starring Bette Davis
8. Pico de gallo, e.g.
9. Obscenity
10. Property right
11. Tiny purse or case
12. 168 hours
15. High-pitched cry
20. One of 24 in pure gold
22. “Every child. One voice.” org.
24. Ian McKellen in “X-Men” films
25. *Fulgencio Batista’s home
26. Fork tooth
27. “_____ death do us part”
29. *Like imaginary curtain
31. *Park and _____
32. Twist and distort
33. Neighbor separator?
35. Idiot, in Yiddish
37. Type of molding
39. *Aeronautics and aerospace research org.
42. Stradivari competitor
45. Mother _____, “The Sound of Music”
49. Go wrong
51. Debonair
54. *_____ Lucky Starr” series author
56. Kind of pie
57. Female equivalent of “sir”
58. O in B.O.
59. Buenos _____
60. 2014 movie “_____ Girl”
61. Dark, as in movie
62. *One of Ike’s two
63. Carpet layer’s calculation
66. *Crick/Watson/Franklin discovery
68. X

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Game Plots

Signs of Change in Game Diversity

By Noah Howard

The singular issue that has rocked the world of gaming over the past five years has been diversity. Videogames have traditionally been a medium dominated in audience by white males, so, like most other popular art forms, white males were predominantly placed into lead roles. But while the game-playing demographic began to change, as people from non-white-male groups (which, let's face it, are most groups) became more visible in both circles of development and fan communities, it seemed like the diversity of games' protagonists failed to adjust accordingly.

The problem was that the entire debate quickly devolved from a nuanced conversation about the role of race and gender in media into a so-called "Social justice warrior" vs so-called "alt-right" battleground. Just recently, an editorial on GameSpot commending a recent game-based movie for its primary female character turned into an absolute nightmare in the comments section, as people defending the author clashed with people hyperbolizing her point in every outlandish way possible.

From an outsider's perspective it may appear that the conversation has gone nowhere. When requests for diversity are violently struck down it can be tough for developers to tell if either opinion represents the true perspective of most gamers or a vocal minority. But actually looking at this year's triple-A, big-budget extravaganzas, it seems like the demands for



We've seen a step in the right direction. A step towards a world of gaming where all races and genders are represented, but where no singular type of person holds a veritable monopoly over the medium we all love.

diversity have been heard, and thankfully, the normal supporters of white-visage-domination in games have been more or less silent.

Of the ten biggest games coming out over the next six months, only three (by my count) feature a single white male protagonist for their entire duration. If you consider October and November specifically (October and November are usually when the year's major releases come out, due to their close proximity to Christmas), that number drops to two, with all major releases either allowing you to choose what sex to play as (like Dishonored 2), featuring more than one protagonist of a diverse background (Battlefield 1), or starring a distinctly non-white character (Mafia 3, Watch_Dogs 2, Final Fantasy XV).

But despite past 2016 releases with an equal dedication to diversity (Overwatch in particular, easily one of the most effortlessly diverse games ever made, comes to mind), most big 2016 games up to this point have featured a white male protagonist. To some extent, that's

not inherently a bad thing. The likely reality is that a disproportionate amount of consumers of these games are still predominantly white and male (I say "likely" because gaming demographics have never been sufficiently studied; industry evaluations often use the term "gamer" to group people who play a free mobile game on their phone with people who spend \$1000+ annually on games and gaming hardware). As such, until that likely reality changes (as it is in the process of doing), developers will still aim to reach as wide an audience as possible while using as little resources as possible.

Don't get me wrong; the level of diversity is still too low, but what we've seen this year is a step in the right direction. A step towards a world of gaming where all races and genders are represented, but where no singular type of person holds a veritable monopoly over the medium we all love.

To respond to Noah's articles email him at digitalartsnoah@yahoo.com ★

Back to School? Learn About Tax Credits for Education

If you pay for college in 2016, you may receive some tax savings on your federal tax return, even if you're studying outside of the U.S. Both the American Opportunity Tax Credit and the Lifetime Learning Credit may reduce the amount of tax you owe, but only the AOTC is partially refundable.

Here are a few things you should know about education credits:

The American Opportunity Tax Credit is worth up to \$2,500 per year for an eligible student. This credit is available for the first four years of higher education. Forty percent of the AOTC is refundable. That means, if you're eligible, you can get up to \$1,000 of the credit as a refund, even if you do not owe any tax.

The Lifetime Learning Credit is worth up to \$2,000 per tax return. There is no limit on the number of years that you can claim the LLC

for an eligible student.

You may use only qualified expenses paid to figure your credit. These expenses include the costs you pay for tuition, fees and other related expenses for an eligible student to enroll at, or attend, an eligible educational institution. Refer to IRS.gov for more on the rules that apply to each credit.

Eligible educational institutions are those that offer education beyond high school. This includes most colleges and universities. Vocational schools or other postsecondary schools may also qualify. If you aren't sure if your school is eligible ask your school if it is an eligible educational institution, or see if your school is on the U.S. Department of Education's Accreditation database.

In most cases, you should receive Form 1098-T, Tuition Statement, from your school by

February 1. This form reports your qualified expenses to the IRS and to you. The amounts shown on the form may be either: (1) the amount you paid for qualified tuition and related expenses, or (2) the amount that your school billed for qualified tuition and related expenses; therefore, the amounts shown on the form may be different than the amounts you actually paid. Don't forget that you can only claim an education credit for the qualified tuition and related expenses that you paid in the tax year and not just the amount that your school billed.

The education credits are subject to income limitations and may be reduced, or eliminated, based on your income.

To see if you're eligible to claim education credits, use the Interactive Tax Assistant tool on IRS.gov.

Source: IRS.gov ★

LETTER TO THE EDITOR

New US Post Office Requirements Puts Senior Citizens Health at Risk

Around ten years ago, my wife and I moved to a Senior Mobile Home Court in Rancho Cordova. It's a beautiful place to live. You are required to be 55 years or older and many of our owners are in their 80's and 90's. This court, located near Hwy 50 and Sunrise Blvd, was first built back in the 1960's, with many narrow roads and NO SIDEWALKS.

Many of our senior owners are now living alone, by choice or having lost a mate. They also have major medical problems, with some needing walkers and canes. We all have a mailbox on a metal post in front of our mobile homes. Recently, we received word that the Post Office, to save money, is going to eliminate all of our

mailboxes, in front of our homes. They are to be replaced with small cluster mailboxes, to be located in a yet unidentified central location. Our Court is very, close to one mile long and by 1/4 mile wide. The problem is, with no sidewalks, bad weather in the winter, and our older and often fragile seniors, many with no cars, we have a preview for a future DISASTER. If they are required to walk any distance, in the street, to get their mail and medical prescriptions (which may not fit in the new boxes), we have a BIG PROBLEM.

The current mailboxes will take small prescription packages and its right on the street in front of our doors. If the Post Office removes our current mailboxes

and relocates them, and requires our senior citizens to walk in the streets to get the, no matter their age, health, or weather, it will be Totally UNACCEPTABLE.

At this point we don't know who is responsible for this huge change, it is even legal, and if they even investigated the major ramifications of this situation. Our senior citizens health and lives are at stake, for what? To save how much? What is life worth? I would like to request, on behalf of my fellow seniors that our community leaders, look into this potentially dangerous situation.

Thank you for any help you can provide us.

Jerald Drobesh, Concerned Senior Citizen ★

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2931 Sunrise Blvd, suite 100
Rancho Cordova Ca 95742
916.400.3181
www.angelplatters.com

Angel Platters a Village Cafe

I Speak Fluent Insurance
I'll help you get the right Coverage

like a good neighbor...

State Farm

Douglas A Brewer
3358 Mather Field Road
Rancho Cordova, CA 95670-5966
(916) 366-5555
visit WWW.callmedoug.com

State Farm

great DECISION OPPORTUNITY

If you are passionate about helping coordinate resources, have a desire to guide members and their families and are self-motivated, Health Net, Inc., has an excellent opportunity for you.

The following openings are working from our Rancho Cordova office:

Case Managers, Appeals & Grievance (RN or LCSW), & Manager Care Mgmt., RN, Supervisor Care Mgmt., RN

Apply Today for Immediate Consideration* <http://jobs.healthnet.com>

- RNs apply to requisition: #29201
- Manager Care Mgmt., RN: #31366
- LCSWs requisition: #29203
- Supervisor Care Mgmt., RN: #30967
- RN A&G: #24221

Upcoming event happening; come visit us:

**Tuesday, October 25th &
Wednesday, October 26th 3pm-7:00pm**

**On Site Interviews at Health Net Office
11971 Foundation Place, Rancho Cordova 95670**

*We are unable to accept resumes by e-mail or fax. Your on-line application will be reviewed and you will be contacted shortly after you apply.

Apply online today at jobs.healthnet.com



Memory Care can be different...

We're bringing an innovative **new** concept for Memory Care to the Citrus Heights area.

*Visit our Sales Office located at
6929 Sunrise Blvd, Suite 103, in Citrus Heights
or call **916-721-0644** and ask about our
Pioneer Program for those who reserve now!*

**Reserve Now
Opening
October 2016!**



The Courte at Citrus Heights
Memory Care

6825 SUNRISE BLVD.
CITRUS HEIGHTS, CA 95610

COURTEATCITRUSHEIGHTS.COM






Check our website for Earlybird Discount details!



PRESENTS

WHOLE LOTTA BREWS

TICKETS
\$35
\$45 at the door

SATURDAY
OCTOBER 15
6 - 9 PM
PALLADIO - FOLSOM

EVENT IS 21 & OVER

OVER 75 BEER & FOOD TASTING STATIONS!

VIP TICKETS \$50
Limited Quantity


VIP includes early entry (1 hour) & a limited edition light up glass!

Ticket Includes:
Tasting glass
Unlimited (tokenless) drink and food tastings

Event will take place in the Palladio parking lot that is located at the corner of Palladio Parkway & Broadstone Parkway in Folsom




All proceeds benefit the Folsom Cordova Community Partnership - TheFCCP.org



21ST CONCERT SEASON
2016-2017

Donald Kendrick, Music Director



Stained Glass Concert


ALBINONI | *Adagio for Organ and Strings*
 JAMES WHITBOURN | *Lux in Tenebris*
 JAKE RUNESTAD | *The Hope of Loving*
 OLA GJEILO | *Luminous Night of the Soul*
 PERGOLESI | *Magnificat*

Ryan Enright, Organist
SCSO Chamber Orchestra

SAT, OCTOBER 22 AT 8:00 PM
Fremont Presbyterian Church

Reserved Seating: \$40 | General Seating: \$30 | Students \$15

TICKETS: 916 536-9065 or SACRAMENTOCHORAL.COM



2 SHOWS!

Wells Fargo Home for the Holidays

Guests: Sacramento Children's Chorus
Lynn Stevens, Director

SAT, DECEMBER 10
AT 2:00 PM AND 7:30 PM
Sacramento Memorial Auditorium

TICKETS SCISO OFFICE | 916.536.9065 CCT BOX OFFICE | 916.808.5181
SACRAMENTOCHORAL.COM

Healthy, Wealthy & Wise



living smart
Eat Healthy, Buy Local
Farmers Markets

Sunrise Mall Farmers Market
SATURDAYS, 8 AM - 1 PM
6196 Sunrise Blvd, CH
(Behind Sears)
Year Round, Rain or Shine

Historic Folsom Farmers Market
SATURDAYS, 8 AM - 1 PM
915 Sutter Street, Folsom
Year Round, Rain or Shine

Carmichael Park Farmers Market
SUNDAYS, 9 AM - 2 PM
5750 Grant Ave, Carmichael
Year Round, Rain or Shine

WEDNESDAYS, 3 PM - 7 PM
Fair Oaks Sunset Farmers Market
8101 Sunset Ave, FO - Rain or Shine
Seasonal - March to November, 2016

- ⇒ Live Music & Entertainment
- ⇒ Certified Farmers & Organic Producers
- ⇒ Specialty Gourmet Foods
- ⇒ Chef Demos
- ⇒ Artisans/Crafters
- ⇒ EBT/WIC & SNAP Accepted
- ⇒ FREE PARKING



Bring this flyer with you to any market location and receive **FIVE raffle tickets** to enter to win our **Monthly Farmers Market Gift Basket!!** (mpg)

ILoveMyFarmersMarket.com

25 Minute Educational Presentation and a Free Luncheon



East Lawn Funeral Homes, Cemeteries & Crematory

Reservations Required
Please RSVP for the day of your choice.
Seating is limited to 30 attendees per seminar.




This is not a sales seminar. It is a 25-minute educational presentation that focuses on the importance of advance funeral planning and all of the options available, including Veteran's benefits, cremation, and burial choices as well as key consumer advice. In addition to a catered meal, each attendee will receive a FREE Emergency Planning Guide.

FREE LUNCHEON SEMINARS

East Lawn Memorial Park & Crematory
4300 Folsom Blvd., Sacramento, CA 95819
RSVP: (916)732-2000 or on-line at www.EastLawn.com
Thursday, October 7

Andrews & Greilich Funeral Home FD136
3939 Fruitridge Road, Sacramento, CA 95820
RSVP: (916)732-2026 or on-line at www.EastLawn.com
This presentation will be in **English** and **Spanish**
Wed, September 21 Dinner

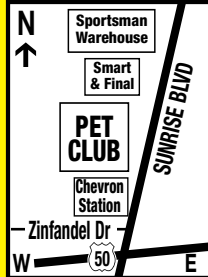
 www.EastLawn.com

Look for Advertised Sale Items Everyweek at www.petclubstores.com

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FOOD AND SUPPLIES

EVERYDAY LOW PRICES
Super Discount Prices* Hot Specials & Coupons
*Short term promotions from vendors (No Membership Fees)

We Only Accept ATM, Cash, & Checks



2344 Sunrise Blvd.
Rancho Cordova, CA
916-635-5008

Mon-Fri 9-8,
SAT 9-7, SUN 10-7
Effective 10/5/16 - 10/11/16

PET CLUB is Excited to Offer: Blue Buffalo, California Natural, Chicken Soup, Earth Born, Evo, Innova, Diamond Naturals, Taste of the Wild, & Royal Canin Pet Foods



COUPON
\$2.00 OFF ANY 28 LBS OR MORE PREMIUM DRY DOG FOOD PLU #336
OR
\$1.00 OFF ANY 14 LBS OR MORE PREMIUM DRY CAT FOOD PLU #337
Nutro, Science Diet, Eukanuba, Avoderm, IAMS, Nature's Recipe, Natural Balance, Wellness, Pro Plan. Limit 1 Bag.
(Cannot be used in conjunction with similar dollar off, percentage off coupons, or advertised sale items)
Limit: 1 Coupon Per Family RCG
Effective 10/5/16 - 10/11/16

COUPON
SPARKLE PAPER TOWELS
39¢
Regular Roll
With any Purchase of any Pet, Fish Food or Supply
Limit 1 Pkg. PLU 326
Limit 1 Coupon per Family
Effective 10/5/16 - 10/11/16 RCG

TASTE OF THE WILD GRAIN FREE DRY DOG FOOD
•Wetlands •Sierra Mountains •Pacific Salmon •High Prairie •Southwest Canyon
30 Lb Bag **\$39.99**
Effective 10/5/16 - 10/11/16

NUTRO MAX ADULT RECIPE DRY DOG FOOD
•Regular Max •Large Breed Adult •Beef •Senior •Lamb Meal & Rice
NEW SIZE 25 Lb Bag
Limit 2 Bags Per Family **\$22.99**
Effective 10/5/16 - 10/11/16

PRO-PLAN DRY DOG FOOD
•Chicken & Rice 30-35 Lb Bag
•Beef & Rice •Lamb & Rice
•Sensitive Skin & Stomach •Lite •Bright Mind
Limit 2 Bags per Family **\$3 OFF**
OUR SUPER DISCOUNT PRICES!
Effective 10/5/16 - 10/11/16

FRISKIES DRY CAT FOOD
16 Lb Bag
•Surfing & Turfing •Seafood •Indoor
Limit 2 Bags Per Family **\$9.99**
Effective 10/5/16 - 10/11/16

9 LIVES CANNED CAT FOOD
5.5 Oz All Varieties
Limit 1 Case Per Family **35¢**
Effective 10/5/16 - 10/11/16

FANCY FEAST GOURMET CANNED CAT FOOD
3 Oz All Varieties Except Elegant Medley
Limit 2 Cases Per Family **20/\$11.00**
Effective 10/5/16 - 10/11/16

JONNY CAT PREMIUM CAT LITTER
20 Lb Bag
•Regular •Multiple Cat Formula
Limit 2 Bags per Family **\$3.29**
Effective 10/5/16 - 10/11/16

FRESH STEP SCOOPABLE CAT LITTER
42 Lb Bag
Limit 2 Bags per Family **\$12.99**
Effective 10/5/16 - 10/11/16

Limit 2 Bags Per Family **NUTRO SUPER BUY** 30 Lb Bag
NATURAL CHOICE DRY DOG FOOD
•Chicken, Brown Rice & Oatmeal Formula (Adult & Lrg Breed Adult) •Senior •Lite (Chicken Only) \$6 Off Orig Price **\$8 OFF** OUR ORIGINAL PRICE!
BLUE BUFFALO WILDERNESS DRY DOG FOOD 100% Grain Free
•Chicken •Duck •Salmon •Large Breed Adult •Healthy Weight 24 Lb Bag Limit 2 Bags **\$49.99**

TIDY CAT LIGHT WEIGHT CLUMPING CAT LITTER
•All the Strength •Half the Weight
8.5 Lb Jug Limit 2 Jugs **\$8.99**
FELINE PINE HEALTHY CAT LITTER
20 Lb Bag Limit 2 Bags **\$7.99**

BLUE BUFFALO CANNED DOG & CAT FOOD As Marked **20% OFF**
•Homestyle •Blue's Stew •Wilderness 12.5 oz •Spa Select •Wilderness 3 & 5.5 oz Selected Varieties **LOW PRICES**
CAREFRESH PET BEDDING 60 Liter (Ultra Not Included) **\$12.99**

Market Fresh Recipe **FUSSIE CAT PREMIUM DRY CAT FOOD**
•Chicken & Turkey •Salmon & Chicken •Salmon Limit 2 Bags 4 Lb **\$2 OFF** 10 Lb **\$3 OFF**

EARTHBORN HOLISTIC CANNED CAT FOOD
•Grain Free Selected Varieties 3 Oz. **79¢** 5.5 Oz. **\$1.29**
Limit 1 case

CHICKEN SOUP FOR THE SOUL DRY DOG FOOD
•Adult •Large Breed •Mature •Weight Care
30 Lb Bag Limit 2 Bags **\$7 OFF** OUR ORIGINAL LOW PRICES

NUTRO NATURAL CHOICE WILD FRONTIER DRY DOG FOOD
•Real Chicken •Real Lamb •Real Salmon •Venison Meat •Grain Free •High Protein •Adult 24 Lb Bag Limit 2 Bags **ON SALE**

GRAVY TRAIN DRY DOG FOOD
35 Lb Bag Limit 2 Bags **\$13.99**

Super Buy **FRESH STEP CRYSTALS CAT LITTER** 8Lb Bag Limit 2 Bags **\$10.99**

CASUAL PET BEDDING PRODUCTS
•Loungers •Orthopedic Beds •Cat Beds **20% OFF OUR SUPER LOW PRICES**
ALL VARIETIES EXCEPT:
ORTHOPEDIC MAT 30" x 40" - **\$23.99** PILLOW BED (Small) - **\$18.99**
PILLOW BED (Large) - **\$23.99**
GIMBORN FREEZE DRIED DOG TREATS 3-4 Oz **\$5.99**
•Beef & Liver •Chicken & Liver 11.5-14 Oz **\$16.99**
MULTI-PET SOFT DOG TOYS All Varieties **20% OFF** OUR SUPER LOW PRICES
BRAMTON SUPER BUY SIMPLE SOLUTIONS TRAINING PADS 23" x 24" 100 Ct. Box **\$19.99**
SCOOP FREE LITTER TRAY CARTRIDGE (Automatic Litter Box - \$99.99) **\$15.99**

PENN-PLAX CASCADE POWER FILTER SALE
MODEL TANK SIZE PET CLUB SALE
CASCADE 100 20 Gal. **\$13.99**
CASCADE 150 35 Gal. **\$17.99** Revolutionary Bio-Falls Quad Filtration System
CASCADE 200 50 Gal. **\$20.99**
CASCADE 300 100 Gal. **\$27.99**
TETRA BOXED 10 GALLON TANK With Economy Kit Limit 1 Per Family **\$36.99**
Just add Heater For Tropical Fish
TETRA FISH FOOD SALE
Tetrafin Goldfish 7.06 oz. **\$7.99**
Tetraamin Staple 7.06 oz. **\$11.99**
Tetra Ruby Color 7.06 oz. **\$11.99**
INSTANT OCEAN SEA SALT 50 Gal. Salt Mix **\$14.99**

BONUS COUPON
FRISKIES BUFFET CANNED CAT FOOD 5.5 Oz All Varieties Limit 12 Cans With Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 10/5/16 - 10/11/16 **41¢** RCG PLU 367

BONUS COUPON
WHISKAS TEMPTATIONS CAT TREATS •All Varieties Except Natural - 3 Oz Limit 2 Pkgs with Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 10/5/16 - 10/11/16 **\$1.19** RCG PLU 569

BONUS COUPON
JONNY CAT CAT LINERS Jumbo Drawstring - 5 Ct Limit 1 Box with Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 10/5/16 - 10/11/16 **\$1.89** RCG PLU 449

The Exciting New World of Implant Supported Dentures



• Has the Security of a Fixed Bridge! • Easier to Maintain Good Oral Hygiene

There are millions of people in the U.S. who are edentulous (meaning without teeth) who struggle daily with dentures. A majority suffer from discomfort as a result of loose or illfitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

Lower dentures almost never fit properly. They are loose fitting due to less surface area which can't create a suction, shrinking gum tissue and bone loss, which can cause irritation in the mouth, sores and pain. The only relief is using sticky dental adhesive to help it, but it is very messy, hard to clean off and needs multiple applications throughout the day.

Upper dentures are better than lower dentures due to a suction in the upper palate that keeps the denture in place. However, having the palate covered reduces the tastes of foods and the ability to tell the temperature of foods.

Partial Dentures can be a source of discomfort due to lack of supporting teeth or an illfitting partial. Partials also use clasps to secure to existing teeth which can be noticeable and can put added pressure to the existing teeth.



Now there is a solution to these issues: Implants with "Snap On" Dentures!

Whether you are new to dentures or have worn them for years, a snap on denture is a great solution to uncomfortable chewing and slippery painful dentures. There are several types of snap on dentures available, including snap on partials. We make your denture or partial fit and function in harmony with the space available in your mouth, and give custom attention to the delicate fabrication of your snap on denture.

If you already wear a conventional denture or partial denture, we can sometimes use your denture to accommodate the snaps to fit on your new dental implants.

If you are interested in learning more about improving your quality of life with an implant retained snap on denture or partial, please contact us for a **FREE CONSULTATION** today!

Carmichael Dental Group

\$1,200.00 off
2 implants with 2 attachments to upper/lower denture
Offer Expires 11/30/16

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www.YourCarmichaelDentist.com

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There is a reason we use our residents as our photo models. We want you to see real people at real communities enjoying the life they choose. Whether it's joining friends in a card game, taking a stroll around the grounds, stepping on the bus for an excursion or getting together to share a meal, our residents find everything they need right here.

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Opening Doors - Creating Opportunities



Sterling Ellison
Realtor

You can expect upfront, no-nonsense information when you speak with me about your real estate needs.

Most people really do want a better understanding of the process and the goal is to clarify what my responsibilities are and what the client will encounter during the process.

My promise to you is to be attentive and diligent when searching for properties and negotiation for your best interest.

My referral base creates a great deal of activity in Fair Oaks, Gold River, Rancho Cordova, Folsom and El Dorado Hills.

My clientele searching for a new home ranges from government employees to various professional groups in the area. Let me find the perfect home for you!

Turn-key, or ready-to-move-in homes may be available upon request.

CALL TODAY!
(916) 764-8000



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sterlingellison.com

Sterling Ellison, Licensed Broker
CA BRE #01100669
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sterling@cwo.com

Excel Realty & Mortgage
8300 Sierra College Blvd. #A
Roseville, CA 95661
(916) 764-8000