



*What the Tech To Give Mom for Mothers' Day*  
If you could give her anything, what would it be?

Page 2

**PLUS:** Eric Nelson:  
*Health Care Reform:  
Better Access to What?*

Page 6

# Gold River Messenger

*"Written by the people, for the people"*

Volume 1 • Issue 1

Serving Gold River and Sacramento County

May 2013

Alona Thomas  
"Walnut Wizards"



Page 3

Wells Fargo  
Invests in the Arts,  
Honoring Veterans



Page 5

Kay Burton:  
The Story of the  
War Dog Hero



Page 5

## Enjoying The Farmer's Market



Roger Britton, the Manager of Western Feed and Pet Supply. Photo by Bill Martin.

By Bill Martin

GOLD RIVER, CA (MPG) The local Bel Air Market in Gold River celebrated the beginning of spring with a special outdoor Farmer's Market the last weekend in April. Local center shoppers were drawn to the event by the aromas wafting from MacQue's BBQ Ribs and the sounds of live music filling

the air. Local residents strolled through the various displays, and many found that the covered patio in front of Bel Air offered some early heat-wave reprieve. There were samples of all kinds of tasty treats, including Sushi, Mr. Pops Kettlecorn, Aldell's Sausages and of course, Bel Air's fabulous produce lined the walkway. KRXQ-FM, 98-Rock's Radio staff entertained

the crowd, along with face painting and cotton candy for the kids. Bel Air Store Director Karen Brodovsky was all smiles from the large crowd after so much hard work coordinating this first event of the season. Karen noted that more events are planned for the upcoming summer months. This information pleased fellow merchant, Roger Britton, the

Manager of Western Feed and Pet Supply. Standing near his beautiful classic pick-up truck, Roger was handing out samples to the four-legged attendees, and chimed "Count me in!" when hearing about future events.

*Watch the Gold River Messenger for news of more special events in the upcoming months!*

## Old Sacramento Underground Tour Guide Positions Open

*Applications Also Being Accepted for Summer Volunteers*

SACRAMENTO, CA – (MPG) Now in its fourth consecutive season, the Historic Old Sacramento Foundation (HOSF) is hiring a number of tour guides for its popular Old Sacramento Underground program. In addition to the paid tour guide job openings, a number of summertime volunteer opportunities are available as well. HOSF is looking to fill between three to five paid tour guide positions to staff the coveted Old Sacramento Underground tours, which are already underway and will continue through 2013. The underground tour program takes visitors into the city's underground and hollow sidewalk areas created when the streets were raised in the 1860s and 1870s due to devastating floods.

In addition, applications are now being accepted for a number of volunteer positions for individuals interested in working as docents for underground tours, the fun and lively Time Travel Weekends street theatre activities (that resume in late June and continue through August), and for the signature Gold Rush Days community event (that happens over Labor Day weekend in Old Sacramento).

All available positions for the underground tours are part-time and include evening and weekend shifts. Applicants with public speaking or theatrical experience, a background in history or prior tour guide experience are strongly encouraged to apply. Interested applicants can review job requirements and/or download an online application at [www.historicoldsac.org](http://www.historicoldsac.org) and resumes can be sent to [kmcalpin@cityofsacramento.org](mailto:kmcalpin@cityofsacramento.org). The deadline to submit applications is May 17. No phone calls please.

Both the Old Sacramento Underground tours and Time Travel Weekends street theatre program are offered by the Historic Old Sacramento Foundation in partnership with the City of Sacramento, California State Parks, Old Sacramento Business Association and participating merchants and businesses. The Historic Old Sacramento Foundation (HOSF) is a 501(c)3 public benefit corporation. Old Sacramento is a living historic district. The mission of HOSF is to convey the importance of historic Sacramento as a place that connects our past to our present and future through engaging and entertaining events, activities and programs. More information is available at [www.historicoldsac.org](http://www.historicoldsac.org)

Source: T-Rock Communications

## Gold River: Patrolling After Midnight



Making sure Prospect Hill Park is free from illegal activity while Gold River sleeps, security officer Ricardo Ethley climbs up a slide apparatus in the playground at 2 a.m. on a recent Thursday. Photo by David Dickstein

By David Dickstein  
Gold River Resident

GOLD RIVER, CA – (MPG) If you live in Gold River, at one time or another you've driven through your village and admired how quiet the community is. Now, imagine motoring around the entire town in the wee hours of the morning, all by yourself and for several hours straight. Quiet?

We're talking more like desolate. Graveyard shift, Gold River style, is generally uneventful for two security officers who, like their day-working colleagues, patrol all 25 villages of the planned community. Between midnight and around the time the Sacramento Bee gets delivered human sightings are rare, crime is even more so and there's no escaping this suburban ghost town until you're off the clock, which for 4-year Securitas officer Ricardo Ethley is 5 in the morning. But just because Gold River has one of the lowest crime rate indexes in the state doesn't mean that Ethley and the myriad other facets of the contracted patrol service don't offer value for the \$377,356 expense shared equally among 2,735 lots. One observed

open garage could save a stolen bike or car, let alone the lives of those asleep and unaware of the vulnerability caused by an innocent brain lapse. For the fortunate household that gets awoken by a friendly knock on the door in the middle of the night, the \$11.50 they pay a month as part of the association dues has serious return on investment. So what exactly happens in Gold River at zero dark thirty? To find out on one night at least, I shadowed Ethley for much of his eight-hour shift on a recent Thursday morning. Tailgating his mobile office -- a Ford pickup emblazoned with "Gold River Community Patrol" on its door sides -- gave this civilian a unique glimpse of one of the reasons Gold River sleeps a bit sounder at night.

Midnight -- Gold Country Boulevard is completely dead as Ethley turns right into Maidu Village. He punches in the code to open the gate and begins patrolling the subdivision at the standard clip of 15 mph. All's quiet, but the officer stops to jot on his log that a streetlamp is out. The broken fixture will be reported to SMUD.

Continued on Page 8

CALL  
773-1111  
TO  
ADVERTISE  
IN YOUR  
LOCAL  
NEWSPAPER



GOT LOCAL  
NEWS?  
CALL  
773-1111



WE  
SUPPORT  
OUR  
MILITARY



# What the Tech to Give Mom for Mother's Day?



Tech-savvy students of the sixth-grade technology class at Gold River Discovery Center were asked, "If you could give Mom any type of technology for Mother's Day, what would it be?" Photo by David Dickstein.

By David Dickstein, Intel Free Press

GOLD RIVER, CA – (MPG) If you could give Mom any type of technology for Mother's Day, what would it be? Students of the sixth-grade technology class at Gold River Discovery Center were asked that question. Their responses ranged from devices available in stores today to future tech that might arrive by 2050. One child -- name kept anonymous -- had no problem throwing his mother under the bus: "I would put a satellite in space that would not allow my

Her phone is too small. One time she sounded like Darth Vader with a creepy, echoing voice." - Alexis Munoz  
 "My mom doesn't know how to do anything that involves technology, so I need to get her a phone case that doesn't allow you to press any buttons. She doesn't know how to answer a call or turn down her volume so her ringtone goes off every five seconds." - Cole Milne  
 "I would get my mom a Samsung Galaxy S3. Currently she has the iPhone 3GS. Whenever she tries to charge [the phone] it doesn't work.

my mom a new computer. One reason is that her computer is so slow and so terrible that it doesn't even work. Also, my mom is very communicative on Facebook. Without Facebook, I guess her life is sorta ruined." - Max Buchanan  
 "I would buy my mom a computer because she always borrows my computer for work when she travels. Whenever I get it back it always has the settings messed up and she complains that it is too complicated and this and that. I'd help her with her new computer." -- Rachel Abbott  
 "If I could get my mother

endless happiness." -Nattalie Saso Sanchez  
 "I would buy her a new Windows 8 computer for her work and home, and very good anti-virus software. Even though she uses [her existing] computer every day, she doesn't know much and downloads viral content that is obvious. It's just ridiculous." - Augie Eriksson  
 "My mom makes scrapbooks on her computer. A faster computer would make loading pictures quick and easy. The computer she has is very slow and confusing to use. All the time she is asking me, 'Claire, I don't understand how to put this picture here. Oh! Never mind, I think I got it. Oops, wait. Help me do this!' And when she finally figures out how to use it, she forgets the next time." -- Claire Blanford  
 "My mom needs a new computer because I stole it from her for games, movies and music. I told my mom that she is never going to

get it back." -Kylee Grannes  
 "My mom is also my sixth-grade teacher. I want to give her a MacBook computer so our technology class can edit a school television show called 'Miner's Media.' They have been unable to do this because the iMovie on her computer is cutting every video in half. When this occurs, she practically pulls her hair out!" -Olivia Sloss  
 "My mom despises her laptop. Almost every day it crashes, then she yells at it. I call those 'explosion moments.' What she really needs is a new Ultrabook. Her laptop is nearly 10 years old, it's practically a dinosaur." -Julia Limon  
 "I would like to buy my mom a laptop tutor so she can learn how to use a laptop successfully without asking for my help." -Matthew Duong

how to cook. She burns everything she makes. She would definitely benefit from a robot that cooks for her because she could relax and not try to burn the house down." -Kennedy Ice  
 "I would buy her a robot that would slice onions and handle/prepare raw meat. My mom hates cutting out the juicy, bloody, disgusting organs and crunching the bones." -- Jack Mumm  
 "My mom needs a robot maid like in 'The Jetsons' so that the house will be sparkly clean all day and my mom will enjoy the day without having to clean up the messy things around the house." -Emma Hillenburg  
 "I would buy my mother a 'Mom-Bot,' a smart, self-automated robot that would successfully clean the bathroom for her. It would be able to clean all the toothpaste out of the sink, scrub the toilet seat until it was whiter than a cloud, and make the bathtub suitable for the queen." -Toby Keys  
 "I would get my mom a robot that will teach her how to use all kinds of technology and help her do things around the house. We will name it Mom2-1000 in honor of my mother." -Jayla Bolton  
 "I would get my mom a robot to hold her 100-pound purse at the mall so I don't have to." -Ella Makovey  
 "By far it would be a 'Where Are My Glasses?' tracker. One time my mom was looking for her glasses and needed everyone to look for them. About 90 seconds later we all realized that her glasses were sitting on top of her head." -Sydney Heglund  
 "My mom is a superhero, chauffeur, personal chef, homework helper, cheerleader and an awesome mom. However, if she had a personal robot, imagine how happy she would be! She could spend time doing other things that she enjoys instead of waking up every cold, grueling morning at 6:30 looking like a ghost. I mean no offense to my mom or anything, but she could use some sleep!" -Ariana Barrett



Gold River Discovery Center student Olivia Sloss, 12, gives her mom and technology class teacher, Aliceon, a lesson on her iPad. Photo by David Dickstein.

mom to drive over the maximum speed so she can't get any more speeding tickets."  
 Here's what some of the other so-called digital natives said about the best tech for their mom this Mother's Day:  
**Mobile Mother's Day Gifts**  
 "My mom would love a new iPhone. Hers is slow, old and out of date. Once she sat on the couch for 50 minutes waiting for something to load. Guess what? It never did. What she needs . . . is an iPhone 5. Or a blender." -Jacob Kopitske  
 "My mom needs a new phone.

She always gets so mad at it and says, 'Stupid phone!' or 'I hate this phone!' She sometimes sounds like a 5-year-old throwing a temper tantrum." -Marisa Minjarez  
 "My mom needs a new iPhone. She has an iPhone 4S, but it doesn't have a lot of space to get all the songs, and she needs more apps that help her cheat on her games that she plays on her phone. She [also] needs a timer so she doesn't burn my toast in the morning." -John Schaffer  
**Computing Mother's Day Gifts**  
 "For Mother's Day I would get

anything for Mother's Day, it would be a MacBook Pro. Recently she had to get a new computer because her old MacBook top came off completely. I would always joke about how she decapitated her computer (but, of course, she didn't do it on purpose)." - Marisol Andrade  
 "I would get my mom a vacuum to clean up all the many messes taking place in my house or an Ultrabook so she can find new quick and easy recipes while keeping in touch with her Facebook friends. Overall I know that mom deserves

**Futuristic Mother's Day Gifts**  
 "I would give her a robot that cooks because she doesn't know

Intel Free Press ([www.intelfreepress.com](http://www.intelfreepress.com)) is a tech news site from Intel Corporation, covering news and information focused on people, technology, events and topics relevant to the computing industry.



## Make a Date with Mom!

**Spa Package includes:**


- Head, Neck & Back Massage or Express Facial
- Spa Pedicure • Spa Lunch

# \$99 each

ALSO INCLUDED WITH YOUR SPA PACKAGE, INDULGE YOUR SENSES IN OUR **TURKISH STEAM BATH AND SHOWER** OR RELAX IN OUR **DESERT DRY SAUNA**.  
 The offer is good for the month of May 2013. Not valid with any other offer. Good for Carmichael location only.

*Hoshall's*  
**SALON & SPA**  
 hair face body  
[www.hoshallscarmichael.com](http://www.hoshallscarmichael.com)

Voted "BEST OF THE BEST"  
**CARMICHAEL SALON & SPA**  
 7330 Fair Oaks Boulevard Suite #1  
**916-485-4941**



**Publisher,**  
**Paul V. Scholl**

## Gold River Messenger

*"Written by the people and for the people"*

Advertising Sales *Paul V. Scholl*  
*Allyse Weaver*

Graphics & Layout *Banerjee Designs • Stump Removal Graphics • Full Moon Grafix*

Contributing Writers *Susan Skinner • Mary Jane Popp • Marlys Johnsen Norris • Tim Reilly*  
*David Dickstein • Dave Ramsey • Dr. E. Kirsten Peters • Kay Burton*  
*Dr. Bob Graykowski • Julie Parker • Leslie Carrara*  
*Pastor Rich Reimer • Pastor Cary Duckett • Ronnie McBrayer*  
*David Graulich • Perry Harline • Gerry Scholl*

Distribution Assistant *Gabriel Scholl*




Accounting *Nicholson & Olsen CPA*

Web Master *RJ at thesitebarn.com • JWS Promotions • Mikahn Design*

News Services *Whiskey & Gunpowder • StatePoint Media • NewsUSA • PRWEB NewsWire*  
*North American Precis Syndicate • Blue Ridge Press • ARA Content*  
*California News Service • Family Features • WorldNetDaily*

Photography *Amanda Morello • Susan Skinner*

*Member of Carmichael, Citrus Heights, Fair Oaks, and Orangevale Chambers of Commerce*  
**We are proud members of these newspaper associations.**

Publisher's Statement: It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors. The Carmichael Times is not responsible for unsolicited manuscripts or materials. The entire contents of the Carmichael Times are copyrighted.

Ownership of all advertising created and/or composed by the Times is with the publishing company and written permission to reproduce the same must be obtained from the publisher. Subscriptions should be mailed to Carmichael Times, P.O. Box 14, Carmichael, CA 95609. Subscription rate is \$39 per year within Carmichael, \$49 within Sacramento County. The Carmichael Times is published weekly. Call 916-773-1111 for more information. (ISSN # 1948-1918).

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: [Publisher@CarmichaelTimes.com](mailto:Publisher@CarmichaelTimes.com). Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at 916-773-1111.

Carmichael Times is a member of Messenger Publishing Group





# COMMUNITY UPDATE



By County Supervisor Roberta MacGlashan

strong and permanent voice in local land use and municipal services decisions.

Unfortunately, there are some in influential positions in Sacramento who believe the County should not be engaged in urban and suburban planning whatsoever, and that all such development should take place only in cities. These opinion-makers wrongly see our region and its jobs as being entirely centered around downtown Sacramento, with all other communities being second-tier residential communities whose residents necessarily commute to jobs in the downtown core.

Instead of seeing the County continue its role as a regional leader in economic and business development, the advocates of a city-centric view of our region are essentially arguing that the County and its residents should see their role and interests abrogated to the "smart growth" planners and politicians in the City of Sacramento.

Interestingly, these same people advocated against the very incorporations of new cities that have further strengthened the influence of the suburban communities within this County, and opposed a failed incorporation effort in Arden Arcade as recently as 2010.

The County plays an important role as a land use planner in this region, and I do not intend to see that role diminished, particularly as part of an ill-conceived

view of our region's economic vitality beginning and ending at the boundaries of the City of Sacramento. The opportunities for our region are great, and it is the County of Sacramento that is best positioned to take advantage of them and make them happen.

To put our region's future in the hands of the City of Sacramento is far too risky a proposition for the business community and the residents of the unincorporated area. We have seen the City's plan – higher sales and utility taxes, ever more regulations on business, and fewer police and firefighters protecting the community.

While the County has had its challenges, we are headed in the right direction with reduced spending, no increases in taxes, and an increasing number of Sheriff's Deputies patrolling our streets. While we still have room to improve, it is clear that the County, not the City, has the plan in place for managing the communities we already have and that we can continue to do so as new communities develop into the future.

I hope you have thoughts about this topic, as it will be an important one in our region in coming years. As your Supervisor, I will always stand up for the residents and communities of the unincorporated area. Each one is unique, and each can continue to succeed in maintaining its own identity with support from the County.



By Gold River Resident Alona Thomas

SACRAMENTO REGION, CA – (MPG) It was one of those spring days that remind you, how very lucky we are!! The purple and blue lupines along with the yellow of the wild radishes and blotches of orange poppies were in full bloom along Highway 65 on my way to Wheatland. It is all about walnuts and the smallest farm in Sutter/Yuba County, owned and operated by the Salle Family.

Nicholas Salle was born on an Orangevale farm to Croatian immigrants. There is no question that farming was his future and when he met Billie Jean, in the area courtesy of the Air Force, she gladly looked forward to raising a family where your kids went to school with the same children from kindergarten to high school. In 1990 they purchased 70 acres on what is the richest soil in all of the state. Thousands of years ago a river went through this area leaving behind 30 feet of top soil. The family soon realized that the farm had been neglected, but working together through some very difficult times they are rewarded with a thriving orchard.

They removed large decayed

# The Walnut Wizards



The Salle walnut stand on Highway 65 near Wheatland. Photo by Alona Thomas.

walnut trees, four rows at a time and replanted. They now have 27 varieties of apples, apricots, Asian pears, cherries, persimmons, pomegranates, figs, plums, pluots, citrus, 80 peaches and nectarines. They interplant row crops including blackberries, kiwis, and vegetables. It all seems like a tapestry woven throughout the farm.

They grow four varieties of walnuts; the highly sought after Chandler with a round oblong shape and very mild flavor, the Vina is smaller and has a very pointy end, the Hartley has the thickest shell and is heart shape, the Franquette is the smallest and looks like it has been pinched on the sides to form wings. I did a tasting and discovered very distinct differences and preferred the Vina with a hearty flavor. That was a first ever. The chocolate people prefer the darker walnut for their candy as it complements the cocoa flavor. The Salles take a longer time to dry their walnuts at a lower temperature and so

tannins are not evident.

They have a new farm stand on the property with the daily picked produce and fruit. They hand cut and sun dry their fruit right on the farm. They have added flavored nuts and I am partial to the Sesame Glazed walnuts, although the Lemon Honey runs a close second. The farm stand is open Tuesday to Saturday from 1pm to 5pm.

Nicole Salle is learning the farming techniques from her Dad. Her career was with Hewlett Packard, but decided to return to the farm and her family. She is proud of the farm and is introducing new ideas, but carrying on with tradition and the love of the land. Salle Farms sells their produce at farmers markets throughout the area.

Alona's hobby is food and all that it brings. This includes discovering foodie gems in our area, sharing travel adventures and fun times. Contact email: grcommunityfoodie@gmail.com

*Jenner Inn & Event Center*

**800-732-2377**

innkeeper@jennerinn.com

**Storybook Weddings  
Corporate, Personal  
& Wellness Retreats**

10400 Coast Rt. 1,  
Jenner, CA 95450

www.jennerinn.com

GETTING RID OF PESTS FOR 35 YEARS!

**BELL PEST CONTROL**

916-512-3722

"GIVE US A RING"

GET RID OF ↓ [www.bellpest.com](http://www.bellpest.com)

"WE'VE GOT 'EM IN OUR CROSSHAIRS"

Celebrating  
35 years in Business  
with 1978 Prices!

\$35  
START UP  
A \$140 SAVINGS!

\$30 OFF  
ANY ONE TIME SERVICE

With coupon. Expires 6/15/2013

ANTS ✓ BLACK WIDOWS ✓ ROACHES ✓ MICE ✓ EARWIGS ✓ RATS ✓ FLEAS ✓ AND MORE

# Smile.

Your search for a new dentist is over.

You deserve thoughtful, state-of-the-art dental care. Call for an appointment today.

New Patient Special

\$59

Cleaning, Exam & Digital X-Rays\*

Braces for only

\$99/month<sup>†</sup>

at Rancho Cordova Dental Group and Orthodontics

smile generation<sup>®</sup> trusted

RIVER CITY DENTAL GROUP

8908 Madison Ave, Fair Oaks, CA 95628 (on the corner of Madison & Hazel, next to the Chevron gas station)

Charles Rodgers, DDS | 916 536-5151 | FairOaksDental.com

RANCHO CORDOVA DENTAL GROUP AND ORTHODONTICS

10910 Olson Dr, Ste 100, Rancho Cordova, CA 95670 (in the brick building, directly across the street from La Bou)

Charles Rodgers, DDS | 916 638-3780 | RanchoCordovaDental.com

\*Regular value of at least \$290. In absence of gum (periodontal) disease. New patients only. Subject to insurance restrictions. Cannot be applied to insurance co-payment. <sup>†</sup>With a down payment of at least \$250. Offer valid on new orthodontic cases only. Offer only valid with participation in monthly automatic credit card or bank card program. OAC. Payments may extend beyond the period for treatment. Cannot be combined with any other offer.





By Gold River Resident, David Dickstein

# "Fool's Gold"

GOLD RIVER, CA – (MPG) Hello fellow Gold Riverers. Or is it Gold Riverites? Gold Riverians? Whatever we are, thank you for reading my inaugural column in the premiere issue of the Gold River Messenger. I'm a 14-year resident of Gold River with a wife and two teenaged boys. By day I'm a media relations manager at Intel and by night a freelance journalist. I have served on my village's board of directors and led a committee in the past, but there's not enough hypertension medicine in the world to get me to do that again, let alone attend another board meeting. You think the strip clubs across Folsom Boulevard are nasty? They're "Sesame Street" compared to the last several village meetings I went to.

Through "Fool's Gold," I will share my take on a community that except for a few bad eggs who need to get a life, move or take medication, has been a great place to call home. Things will get snarky in this column, and we're going to keep it real. After all, while Gold River is a wonderful, enviable place to live with well-manicured villages,

low crime, a K-8 school with top API scores and a stable staff and so much more, we've got our quirks that range from the ridiculous to the sublime. Here are a few off the top of my head that helps answer the question, "What is Gold River?":

- It's where there are warning signs for mountain lions at the entrance of the trails, but nothing about rattlesnakes, an animal people have actually seen.
- It's where Mother Lode Circle isn't in Mother Lode Village (it's in Marshall), Old Eureka Way isn't in Eureka Village (it's in Mother Lode), and neither Prospect Hill Way nor Prospect Hill Park is in Prospect Village (they're in Gold Spike).
- It's where CC&R enforcement is as consistent as lottery numbers.
- It's where the debate over Gold Station not being an "official" village is so heated you'd think it's on the same level of Lebanon not recognizing Israel.
- It's where the local shopping center has six restaurants, including three that are sit-down, but not one serves breakfast. (And, no, we're not counting those pre-made sandwiches and wraps at Starbucks.)
- It's where poor Mark Hopkins is the only one of California's "Big Four" not to have a village named after him.
- It's where the town's wine enthusiasts see red when Il Forno Classico is confused with Il Fornaio.
- It's where planners increased the athleticism of school children by putting up hurdles, aka fencing, in the Gold Country Boulevard median across from

the school. Watch how high our kids can leap right before and after school!

- It's where after decades of hearing the warning horns blaring from Aerojet, many people still think the sounds are coming from Nimbus Dam.
- It's where only one social group, the Villagers, is permitted to use the "community center" that we all pay for through homeowner association dues.
- It's where the increase of panhandlers and shoplifters at Gold River Town Centre seems linked to the decline of Sun River Center across Sunrise.
- It's where the feeder high school, Rio Americano, is more than twice the distance of Bella Vista.
- It's where there are at least 25 massage parlors closer than the nearest hospital.
- It's where a parks and recreation department is shared, but not a school district.
- It's where residents bristle over the fact that "Rancho Cordova" automatically comes up when businesses ask for a zip code.
- It's where squirrels, skunks, raccoons, wild turkeys, scorpions, frogs and snakes have figured out how to co-exist, but neighbors will nearly come to blows over dropped pine needles over a fence.
- It's where nature trails have signs reading "private property," but has anyone ever been cited or gone to jail for trespassing?
- It's where Powell homes come in three colors: mocha, cappuccino and dark chocolate. Or as outsiders call them, brown, brown and brown.



By Karen Anderson

# You're God's, Period

It is a wonder to me (and we all do this) how the plans are all made for the day. You have everything all mapped out, then at the end of the day you wonder why nothing worked out as you planned. Do you know why that is? You missed a very important element...God. It is more than just bringing God into your day. It's that you made the plans without Him and asked Him to agree with you. When you think about this, it is really foolish because God knows so much more than you do. I sometimes wonder what God must think when plans are made without Him and then we just want His approval. How silly is that?

In my own life, I can just see Him smiling, knowing what is waiting for me around the bends of my day. It's not what He wanted for me, but in my arrogant attitude that I know what is best for me, I blow it every time. He is always right, that unexpected bend in the road was hiding something totally unexpected that I didn't see it coming and it swamps me. God knows best and if I had followed His lead and asked for His direction I probably would have avoided it. You know that the obstacles are what the enemy is throwing out there to trip me up and he does his job very well. I have the bumps and scrapes to prove it. Sometimes my problem is that I still don't see it when I pick myself back up. I wonder why everything went wrong and start complaining to God that He wasn't there when I needed Him.

I know deep down that God cares for me but this would sometimes make me question Him. Was I simply one of the masses and He just didn't have time for me? What a silly thought! The problem was and

sometimes still is that I need to ask what He wants for me. Then, I need to be willing to follow His direction. The Word says, "I'm single-minded in pursuit of you; don't let me miss the road signs you've posted."

I can tell you from personal experience, if you will open your heart and mind to God, life will be better. It isn't an easy road, but you have a brilliant spotlight showing you the path. Listen and follow Him and your day will go smoother and you won't be tripped up by Satan himself. God's light has illuminated the enemy himself so you will see him.

PASSAGE: Psalm 119:10 (The Message)  
 Karen Anderson is an accomplished speaker, author, and chaplain. Women's Retreat planned for March 2014 at [www.renewingyourspiritretreat.com](http://www.renewingyourspiritretreat.com). Receive a copy of her latest book, "Nikki's Tail-Waggin' Lessons" and "The Little Book of BIG Thoughts" series. Leave a message or questions for Karen through her website [www.doablesteps.com/contact](http://www.doablesteps.com/contact).



## Foster Care

The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens.

We offer free training, fingerprinting, CPR/1st aid, 24 hr support, monthly reimb.



Call Lenka (916) 338-7156

### Looking for extra cash?

Find out how a reverse mortgage can help you!

Former Senator Fred Thompson  
AAG Paid Spokesperson

If you're 62 years old and own your home, you can:

- ✓ Receive tax-free cash\*
- ✓ Eliminate your existing mortgage
- ✓ Stay in your home\*\*

**"My best advice? Call AAG to receive my FREE information pack."**

Call now for your FREE DVD and Info Pack  
**1-888-928-0984**

Donald Kendrick  
Music Director

17th Season — Spring 2013

## LEST WE FORGET— AN ARMED FORCES SALUTE

The SCSO salutes all Veterans in a stirring program with full orchestra and chorus.

Austin Kness

Karen Slack

Vaughan Williams | *Dona Nobis Pacem*  
(Poetry by Walt Whitman)

Randol Alan Bass | *An American Celebration*

Karen Slack, Soprano    Austin Kness, Baritone  
 Includes Color Guard and narrations  
 Special Guest Chorus: Sacramento State University Chorus

**Saturday, May 18 – 8:00 PM**  
 Donald Kendrick's Pre-Concert Talk – 7:00 PM  
**Sacramento Community Center Theater**  
 1301 L Street, Sacramento

Tickets | \$55, \$45, \$35, \$30 | Students 50% discount  
 All Military enjoy a \$5 discount per ticket  
 Community Center Box Office | 916 808-5181 or [Tickets.com](http://Tickets.com)

**CALL 773-1111 TO ADVERTISE**

[www.GoldRiverMessenger.com](http://www.GoldRiverMessenger.com)



# Wells Fargo's SCSO \$35,000 Arts Investment Honors Armed Forces Veterans



L-R: Scott James, SVP Wells Fargo Advisers, Donald Kendrick, SCSO Artistic Director, James McCormick, SCSO President, David Galasso, Wells Fargo President, Northern & Central California. photo by Rick Cwynar VP, Marketing Manager at Wells Fargo

SACRAMENTO REGION, CA – (MPG) On behalf of Veterans young and old from all branches of the Armed Forces, the Sacramento Choral Society & Orchestra is proud to once again partner with Wells Fargo by accepting Wells Fargo's \$35,000 arts investment supporting the SCSO's Lest We Forget - An Armed Forces Salute concert at the Sacramento Community Center Theater on Armed Forces day, May 18th at 8 PM.

Wells Fargo, whose commitment to the military and

veterans is both highly respected and valued nationwide, plans to offer complimentary tickets to more than 200 veterans from all branches of the Armed Forces in our region for this event.

This large-scale choral orchestral performance, conducted by Donald Kendrick, will celebrate peace, reconciliation, hope and community. "We all value the healing power of music," explains Kendrick. "Our veterans are selfless human beings committed to our freedom and maintaining world peace.

It is the SCSO's privilege to

once again partner with Wells Fargo to present meaningful music honoring our dedicated men and women in the Armed Forces." A pre-concert talk at 7:00 PM by Conductor Donald Kendrick will provide helpful insights into the music presented at the 8:00 PM performance.

For tickets to the SCSO's Lest We Forget concert, please call the Sacramento Community Center Box Office: (916) 808-5181. For SCSO information, visit [sacramentochoral.com](http://sacramentochoral.com) or call (916) 536-9065.

## Sgt. Stubby, War Dog Hero



By Gold River Resident Kay Burton

Meet America's first war dog, a stray Pit Bull/Terrier mix, named Stubby. He became Sgt. Stubby, was the most decorated war dog of World War I and the only dog to be promoted to sergeant through combat.

One day he appeared at Yale Field in New Haven, Connecticut, while a group of soldiers were training, stopping to make friends with soldiers as they drilled. One soldier, Corporal Robert Conroy, developed a fondness for the dog. He named him Stubby because of his short legs. When it became time for the outfit to ship out, Conroy hid Stubby on board the troop ship. In order to keep the dog, the private taught him to salute his commanding

officers warming their hearts to him. Stubby served with 102nd Infantry (Yankee) Division in the trenches in France for 18 months and participated in four offensives and 18 battles. The loud noise of the bombs and gun fire did not bother him. He was never content to stay in the trenches but went



Sgt. Stubby, War Dog Hero.

out and found wounded soldiers.

Stubby entered combat February 5, 1918 at Chemin Des Dames, north of Soissons, and was under constant fire, day and night for over a month. In April 1918, during a raid to take Scieprey, Stubby was wounded in the foreleg by the retreating Germans hand grenades. He was sent to the rear for convalescence, and as he had done on the front was able to improve morale. When he recovered from his wounds, Stubby returned to the trenches.

After being gassed and nearly dying himself, Stubby learned to warn his unit of poison gas

attacks, continued to locate wounded soldiers in no man's land, and since he could the whine of incoming artillery shells become humans could, became very adept at letting his unit know when to duck for cover.

He was solely responsible for capturing a German spy in the Argonne. The spy made the mistake of speaking German to him when they were they alone. Stubby knew he was no ally and attacked him biting and holding on to him by the seat of pants until his comrades could secure him.

After returning home, Stubby became a celebrity and marched in, and normally led, many parades across the country. He met Presidents Woodrow Wilson, Calvin Coolidge, and Warren G. Harding.

In 1926, Stubby died in Conroy's arms. His remains are featured in the Price of Freedom: Americans at War exhibit at Smithsonian. Stubby was honored with a brick in the Walk of Honor at the United States World War I monument, Liberty Memorial, in Kansas city at a ceremony held on Armistice Day, November 11, 2006.

Kay Burton is a longtime columnist and supporter of the SSPCA and other rescue groups. To share your family pet story with our readers, email: [Kayburton1@comcast.net](mailto:Kayburton1@comcast.net)

### Dare to Live Without Limits

THE GOOD AND BAD by Bryan Golden

Who wouldn't want only good fortune in their lives? A life devoid of problems is the foundation of many dreams. However desirable, an adversity free existence is not possible. Everyone encounters both the good and the bad.

Life is very much like the weather. There is a lot of variation and it's not always what you want. Gorgeous, clear weather with perfect temperature is always ideal. But nothing could survive without rain. Regardless of where you live, there is no way to escape inclement weather.

With the proper clothing and shelter, you can survive, if not be comfortable, in any condition. Your appreciation of beautiful weather is always enhanced after a stormy period. You marvel in how good you feel once the sun starts shining again.

Just as the earth needs both sunshine and rain to support life, both the good and bad in your life serve a purpose. The bad times in life give you more of an appreciation for the good times. Besides, there is no way to avoid life's challenges. Additionally, it is by overcoming hardship that you learn, grow and become stronger.

There is no reason to be apprehensive of bad times. With knowledge and foresight you can minimize any impact. The key is to prepare during

good times. When things are calm, you have the time and energy to strengthen the resources you will need to draw on during periods of challenge.

Here are some steps you can take during the good times to prepare for the bad ones. Since attitude and outlook are key to solving problems, your first priority should be to improve them. There are a variety of ways to do this.

Begin by discovering how others have overcome adversity. You can find biographies, articles, and news stories about the many ways people have weathered bad times. Read motivational books or listen to inspirational material on CD's. Various TV shows profile true stories of real people and how they overcame obstacles.

By filling your mind with examples of what other people have accomplished, you become focused on finding solutions, rather than being sidetracked by problems. This is mental conditioning. When the bad times hit, your mind will respond the way it was trained. Rather than being overwhelmed by adversity, your will immediately seek out ways to overcome obstacles.

Next, when times are good, develop your problem solving skills by practicing on minor issues that are part of daily routines. Welcome

each problem and the opportunity to practice. This attitude enables you to find solutions far more readily than if you get frustrated and angry at every annoyance.

When times are good, there isn't a lot of incentive to prepare. There is the analogy of the man who's roof always leaked when it rained. When asked why he never fixed it he replied, "When it's raining, the roof is too slippery to go up and fix it. When the weather is nice, my roof isn't leaking, so there is no need for repairs."

Don't be like this hapless fellow. Act when times are good so that you are ready for when the bad times hit. Bad times will pass. You will make it through. Those who are prepared emerge in better shape, and faster, than those who aren't.

Enjoy and appreciate the good times in your life. Don't stress over the bad times. You can't avoid them so you may as well make lemons out of lemonade. Within you lies all you need to overcome any obstacle.

NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit [www.BryanGolden.com](http://www.BryanGolden.com) or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at [bryan@columnist.com](mailto:bryan@columnist.com) or write him c/o this paper. © 2007 Bryan Golden.

## Sacramento Based Beatle Band Among the Best...



CARMICHAEL, CA – (MPG) Beyond the original Beatles, names like Rain or Fab Four may come to mind when it comes to tribute bands.

What you may not realize is that Sacramento has Because, a tribute to The Beatles that has been playing for a few years now. "Because has grown by leaps and bounds and now is as good musically as just about any

Beatles band out there and we are fortunate to have them in the Sacramento area" according to John Zurflueh of Starbright Entertainment. "I have produced concerts for these fine young guys and the reaction is

always extremely positive and filled with compliments as to their musical abilities including incredible vocals. Beyond that, Jeremy (John Lennon), Scott (Paul McCartney), Zack (George Harrison) and Adrian (Ringo) have a real stage presence and entertainment value, including period outfit changes, all of which makes each performance authentic to the original Beatles."

Founded almost a decade ago by Jeremy O'Dell, like most bands, have gone through some personnel changes, but with the addition of Scott Rodell, who plays Paul McCartney and has a real likeness to the original

base player, along with Zack Sawchuck (George Harrison) and Adrian Bourgeois (Ringo) the band is very solid with talent. Rodell learned to play the guitar left handed for the McCartney role he took on about a year ago.

Because will play a concert at the Carmichael Elks Lodge on Friday May 17th. Doors open at 6pm with the two hour show beginning at 7pm. Tickets are at Bella Fiore Florist – 10135 Fair Oaks Blvd. or easily online at [www.starbrightshows.com](http://www.starbrightshows.com) or at the Door beginning at 6pm. The Carmichael Elks Lodge is located at 5631 Cypress Avenue.

**Friday  
May 17th**

**Carmichael Elks Lodge**  
5631 Cypress Ave.  
Doors open 6:00PM Show 7:00-9:00PM  
**Great Music Great Memories**  
By **Sacramento's own Beatles Band!**  
**Bring your friends, Family & Neighbors... You will love this show!**  
Tickets \$20 At the Door with This ad or online at [www.Starbrightshows.com](http://www.Starbrightshows.com)

### The Garden Tutors

GARDEN DESIGN & EDUCATION

A father-daughter team with 40 years experience in both the nursery business and garden design which makes us uniquely qualified to help you with your garden.

**Now is THE TIME TO START**

**\$150.00 FOR A 2 HOUR CONSULTATION PLAN INCLUDED**

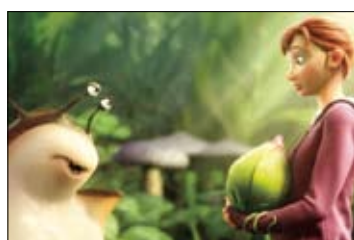
**916-606-6029 • THEGARDENTUTORS.COM**





by David Dickstein

# Films and DVDs for the Whole Family



### Family Films:

**“Epic”**  
**Opens May 24, rated PG**  
[epicthemovie.com](http://epicthemovie.com)

A meld of so many devices found in computer-animated features, this 3-D adventure-comedy from the creators of “Ice Age” is set in a fantastical world where an ongoing battle between good and annihilation-driven evil is shaken up even more when a teenage girl is magically transported there. Heard, but not seen are Beyoncé Knowles, Colin Farrell, Josh Hutcherson, Christoph Waltz and Amanda Seyfried.

**“Iron Man 3”**  
**Opens May 3, rated PG-13**  
[marvel.com/ironman3](http://marvel.com/ironman3)

Robert Downey Jr. returns as billionaire Tony Stark, who seems to enjoy proving his mettle wearing metal. This time his nemesis is Mandarin (a very un-Ghandi-like Ben Kingsley). Seems that Mandarin, leader of a secret organization called The Ten Rings, has interest in some nano-technology research going on at Stark Enterprise’s facility in Hong Kong.



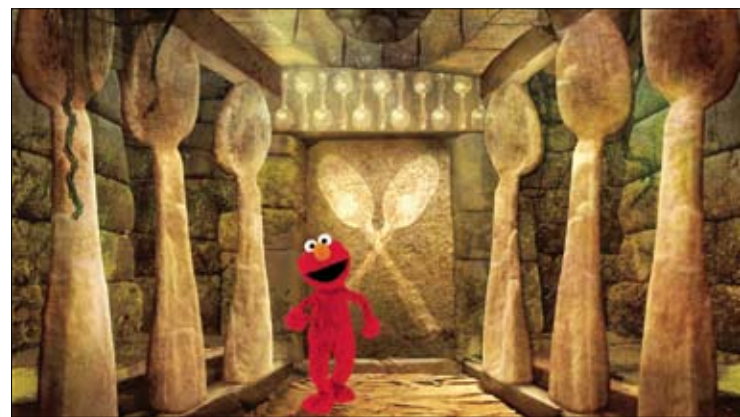
**“Star Trek into the Darkness”**  
**Opens May 17, rated PG-13**  
[startrekmovie.com](http://startrekmovie.com)

Not much has been revealed about the plot other than what director J.J. Abrams said himself, which is there’s an “incredibly terrifying force”

named John Harrison (Benedict Cumberbatch), who seems like “just an average guy” working for an organization called Starfleet until his backstory gets the better of him. Violent attacks in the U.K. and U.S. prompt a full-out manhunt. The sequel to Abrams’ 2009 reboot of the franchise returns Chris Pine and Zachary Quinto as Capt. James T. Kirk and Commander Spock, respectively.

### Family DVDs

**“Barney: Dance with Barney”**  
*(May 21 on DVD, download and VOD, not rated, ages 1-4):* Just what you expect from a title like that, the pseudo-imaginary purple dinosaur gets boogies with Baby Bop, BJ and some real-life kids. *Grade: B*

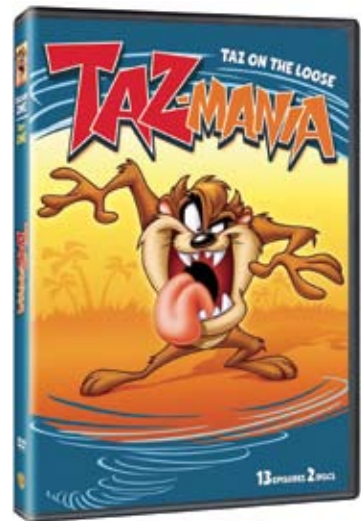


**“Elmo the Musical”** *(May 7 on DVD and download, not rated, ages 2-6):* A new concept from Sesame Street has Elmo teaching math skills while imaging himself in dif-

**“Lego Batman: The Movie -- DC Super Heroes Unite”**  
*(May 21 on DVD, Blu-ray, download and VOD, not rated, ages 5-10):* Following the storyline of a video game release of last year, the animated feature finds Batman, Superman and a band of DC heroes teaming up to stop Lex Luthor and The Joker from destroying the world brick by brick. Fun, tongue-in-cheek stuff, but anyone who has played the game has pretty much seen the movie. The Blu-ray/DVD combo pack comes with an exclusive Lego Clark Kent MiniFigure. *Grade: B*

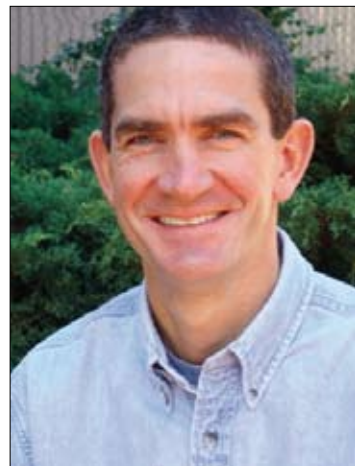
**“Taz-Mania: Taz on the Loose Season 1 Part 1”** *(May 14 on DVD, not rated, ages 3-6):* The Saturday morning cartoon show that ran on Fox Kids from 1991

through 1995 makes its DVD debut. The long-time Looney Tunes character is developed as a destructive teenager who lives on an island with his family and friends. The 13 episodes on two discs are geared to young children, of course, but interactive parents will appreciate the clever jokes sprinkled throughout. *Grade: A-*



ferent musical situations. These 11-minute episodes take youngsters to the mountains, ocean and the White House, among other locales in a highly edutaining 82-minute disc that focuses on enumeration, relational concepts, addition and subtraction, geometric shapes and, of course, imagination. *Grade: A-*

# Health Care Reform: Better Access To What?



**Commentary by Eric Nelson**  
*Reprinted by permission*

The great health care reform countdown has begun, with nearly every American required to have some level of health insurance by the end of this year. That much we know for certain. What remains to be seen, however, is whether simply adding more people to the insurance pool will translate into better health for policyholders.

Increased access to quality, affordable care – even if compelled by government mandate – has long been a goal of health care reform advocates. But is this what our current system provides?

“We have a disease care system,” not a health care system, says Shannon Brownlee, senior research fellow at the New America Foundation and author of *Overtreated: Why Too Much Medicine is Making Us Sicker and Poorer*. “And the disease care system... if it really was honest with itself, it doesn’t want you to die and it doesn’t want you to get well. It just wants you to keep coming back for your care of your chronic disease.”

While that’s hardly a rousing recommendation to buy health insurance, it doesn’t mean that quality, affordable care is beyond our collective reach; only that there’s a need for continued reform.

One small component of this reform might be found in a provision in a new law dealing with California’s implementation of its federally mandated health benefit exchange – a virtual marketplace offering qualified individuals a variety of private health insurance options. The provision makes it clear that there’s nothing in the law that prohibits insurers from covering the types of spiritual care services already being covered by a host of other federal and state programs including Medicare, Medicaid, the Federal Employees Health Benefit Program (FEHBP), Tricare, and California’s own Public Employees’ Retirement System (CalPERS). Depending on the program, these services might include treatment provided by religious practitioners and nurses as well as some Native American and holistic healing centers, many of which deal with both the curative and, perhaps more importantly, preventative aspects of health care.

Even before this law was enacted there was nothing in California law prohibiting insurers from covering this kind of care. However, were this language not included, there’s a chance that this fact might be compromised as the legislature works to implement cost control measures and impose medical oversight and/or evidence-based requirements on health plans being offered both in and out of the exchange. Such requirements could temper an insurer’s willingness to cover alternative methods of care that don’t conform cleanly to a medical model.

The challenge now is for insurers to not just be aware of this provision but to take full advantage of it, for their own as well their customers’ benefit.

Dr. Robert Faraci, a surgeon and former chief medical officer of a Colorado-based HMO, makes a strong case for doing

just that. In testimony given before the Utah Health System Reform Task Force, he focused on three key reasons:

1) It works. “Our research indicated that people with strong spiritual beliefs often had better medical outcomes than those who did not have such beliefs,” said Dr. Faraci. “Subsequent studies at Duke and Harvard Medical Schools and a comprehensive review by the Mayo Clinic have reinforced these findings.”

2) It’s what people want. According to a study funded by the John Templeton Foundation (Managed Care Outlook, “National Briefs,” January 1, 1999), 55% of Americans said they would choose a health plan that included spiritual and religious healing practices over a plan that did not.

3) It saves money. Where plans that cover spiritual care have been studied, Dr. Faraci noted that those utilizing spiritual care experienced much lower utilization than those who did not receive similar benefits.

Although adding spiritual care services to an insurer’s list of covered benefits will not, in and of itself, turn our current “disease care system” into a bona fide health care system, it is a step in the right direction – a step that the public desires, that could save money, and that could have a very real impact on the health of our state and our nation.

*Eric Nelson is a Christian Science practitioner whose articles on the link between consciousness and health appear regularly in a number of local, regional, and national on-line publications, including The Washington Times. He also serves as the media and legislative spokes-person for Christian Science in Northern California (www.norcalcs.org). This article shared with permission by Communities @ WashingtonTimes.com.*

**Licensed • Bonded • Insured**



**Desert Pacific**  
exterminators

Termite Inspectors • Africanized Bee Certified Pest Control

**We Can Help!**



**Call Us Today!**  
**916-205-1353**

**Special**

**\$29<sup>00</sup> Initial Service**

\* with annual service program

Desert Pacific Exterminators, LLC

**40<sup>th</sup> ANNIVERSARY**

## SACRAMENTO MUSIC FESTIVAL

**MAY 24-27<sup>th</sup> 2013**



**Los Lobos**

**The Blasters**

**The James Hunter Six**

**Wanda Jackson**

**John Lee Hooker, Jr.**

**Ben Taylor**



Grammy Award Winning Los Lobos

FOR MORE INFORMATION & TICKETS VISIT

**sacmusicfest.com**










## When I’m at home ALONE

**I’m safe.**

**I am protected by Alert1 24 hours a day.**

One touch of a button sends the help I need in event of a fall, medical emergency, fire or home intrusion.

**For a FREE brochure call:**

**1-888-928-0974**







# POPOFF!

with Mary Jane Popp

place flowers and freeze. Then fill each to the top and freeze. It'll warm her heart.

2) *Plant your favorite bedding plant in a small basket.* Tie on a gift tag with a checkered ribbon.

3) *Bake bread in flower-shaped tubes.*

4) *Surprise Mom with a quiet retreat in her own bathroom.*

Make sure it's clean first. Bring in scented candle, flowers, new magazine or book, a cold drink, and a portable stereo with soothing music. The most important part would be a sign on the door reading "JUST FOR MOM... PLEASE DO NOT DISTURB!" Then I turned to Casey Kellar for some wonderful tips to complete the picture from one of her books "The Good Earth Bath, Beauty, And Health Book" with more than 75 easy-to-make formulas for self-pampering and gift-giving like:

1) *Luxurious Scented Bath Oil.*

You Will Need:  
 1/2 Cup apricot kernel oil  
 1 teaspoon jojoba oil  
 2 tablespoons olive oil  
 one 400 unit Vitamin E capsule (pierce it with a needle and squeeze oil into mix)  
 3-6 drops essential oil (your choice)

Mix all together. Use 1 tablespoon per bath. Store in bottle in cool place. Shelf life: 4-8 months

2) *Super Moisturizing Massage Oil.*

You will need:  
 1/2 cup sweet almond oil  
 1/4 cup coconut oil  
 4 tablespoons jojoba oil  
 1-1/2 tablespoons avocado oil  
 3-5 drops essential oil of your choice (either one or a combination)

Mix all together. Store in cool dry place. Shelf Life: 3-6 months

3) *All-in-one Linen and Sweater Protector And Cedar Chest Revitalizer.*

You will need:  
 1 cup white rice  
 6 drops cedar wood essential oil  
 1 drop orange essential oil  
 Add essential oil to the rice and blend with spoon about 30 seconds. Shelf Life: Approximately. 6-8 months (then can be re-fragranced again)

Remember, the best gift you can give your Mother is love. Spend time with Mom. Let her know you care. There will come a day when she is gone, and you don't want to be saying...if only! I know. My mom is gone now, but her memories will always be in my heart. I know they will be in yours too. Happy mother's Day in the sweetest way...giving of yourself!

Join Mary Jane for the **KAHI Noon News Monday-Friday and then again for POPOFF 10 PM - Midnight.**

## MOTHER'S DAY SPECIAL

How can you show MOM you really care on her special day? You can do the usual...flowers, candy, brunch etc. Wait a minute! What did Mom do for you when you were growing up? Remember the time she held your hand when you missed that home run pitch? And the time she kissed that booboo after you toppled off your bike? Or the time she stayed up all night to help mend that broken heart? It's not how much you spend for Mom on any day. It's more like doing something from hand and heart that will leave an impression she'll long remember. Easier said than done? Not really. I checked out a couple of sources and jotted down a few ideas that will make you her kid hero all year 'round!

From Susan Stone's Book "Memories In Moments"...cherished ideas for every holiday and season including Mother's Day come:

1) *Freeze edible flowers in ice cube trays.* Fill each cube halfway with water,



## A Case in Point

# The Case of the Bad Brakes

By David Graulich, Esq.

President Harry Truman kept a sign on his desk that said, "The Buck Stops Here." Truman believed that certain responsibilities were the exclusive domain of the President and could not be delegated.

California has a similar legal concept, although the phrase is less colorful than "the buck stops here." Lawyers and judges call this concept "a nondelegable duty." Here's an example of how it works. I'm using fictitious names, but the story is based on an actual case called *Maloney v. Rath*:

Lucy brought her car to Fred's Repair Shop to have the brakes overhauled. Lucy picked up the car, paid Fred for the work and drove around town without any problem.

About three months later, Ethel was driving to Raley's for her weekly grocery shopping. She stopped in a left-hand turn lane on Sunrise Avenue to wait for the traffic signal to change. Lucy, en route to a yoga class, pulled into the left-hand turn lane behind Ethel. When Lucy stepped on her brake pedal, the brakes failed, and Lucy's car collided with the rear of Ethel's car. Ethel suffered neck and spine injuries and sued Lucy for damages.

After the accident, the brakes on Lucy's car were examined by her insurance company. It was determined that the failure was caused by a hole in the hydraulic hose, which caused the hose to rub against the right front wheel. After three months of friction, the hose ruptured, without warning, and the brakes failed. That's

when Lucy could not stop her car and hit Ethel. The rubbing against the wheel resulted from the faulty installation of the hose at Fred's when the brakes were overhauled.

Lucy's attorney asked the judge to dismiss the case against her. Lucy neither knew, nor had reason to know, that her brakes were defective until the moment of the accident. The brakes had given no warning of their imminent failure. The hole in the hose would have been apparent only to a mechanic, not to the average person. Lucy was abiding by all traffic laws when she collided with Ethel and had a good faith belief that her car was fine. Why should Lucy, rather than Fred, be liable to Ethel?

Here's where the nondelegable duty entered the case. The court's decision was that Ethel definitely could sue Lucy for liability. The vehicle owner is liable for injuries caused by defective brakes - even if a service garage supposedly repaired the brakes but did a negligent job. California's Vehicle Code imposes on the vehicle owner the duty to maintain the brakes in good working order, and that duty is nondelegable.

The law's reasoning is based on a concern for public safety. If the work in question involves a grave risk of bodily harm or death, liability is assigned to the person who selects the contractor. The vehicle owner can select a reputable repair shop that provides a customer with indemnity (i.e., the repair shop will reimburse the customer for loss or damages resulting from

the repair shop's negligence.) Although Lucy may be liable to Ethel, Fred may be liable to Lucy.

There are other nondelegable duties in everyday life. A property owner has a nondelegable duty to keep his or her property reasonably free from hazards. An apartment building landlord has a nondelegable duty to keep the lobby, elevators and staircases safe. A trucking company is liable for the negligence of an independent contractor drivers if he or she causes a traffic accident. Surgeons have a nondelegable duty to remove sponges and clamps from the patient's body when finishing an operation. The bottom line is that an improperly maintained car poses a grave risk of serious bodily injury or death. California courts say that the responsibility for minimizing that risk rests with the person who owns and operates the vehicle. To paraphrase Harry Truman: if your car has bad brakes, and those brakes cause an accident that hurts somebody, the buck stops with you.

David Graulich, Esq. is an attorney with the Law Office of Jeffrey D. Fulton in Sacramento. David can be contacted at (916) 993-4900 or [dgraulich@jdfultonlaw.com](mailto:dgraulich@jdfultonlaw.com). He is available to speak to community groups at no charge. This column is not intended as an offer of legal advice. Contact a qualified attorney to obtain advice with respect to any particular issue or problem.

**HOPE for TROUBLED HOMEOWNERS**

**WE PROVIDE SOLUTIONS**

Call for a Free Consultation  
**(916) 331-3311**  
 Short Sale Hotline

**Sac Short Sale Pros**  
**SHORT SALE REALTORS** License #01128753

FAHN & COMPANY PRESENTS

**BOZ SCAGGS**

THE MEMPHIS TOUR

Red Lion Woodlake Hotel  
 Sacramento - Outdoor Grove  
 (Formerly the Radisson off HWY 160)

Thursday, June 13 - 7:30pm  
 OUTDOORS • UNDER THE STARS

96.9 EAGLE SACRAMENTO CLASSIC ROCK

sacramento MAGAZINE

**TIX ON SALE NOW**

AVAILABLE NOW  
 iTunes & amazon.com

BOZSCAGGS.COM

ticketmaster • ticketmaster.com • 1-800-745-3000

Get tickets at Dimple Records (no service charge)  
 PRODUCED BY FAHN & COMPANY PRESENTS

Call toll-free: 1-800-278-5057

**Are You Still Paying Too Much For Your Medications?**

You can **save up to 90%** when you fill your prescriptions at our Canadian and International prescription service.

Compare our prices and see how much you can save on your medications!

|  |  |
|--|--|
| <b>Their Price</b>   | <b>Our Price</b>   |
| <b>Celebrex™</b><br>Bottle A<br>Typical US brand price for 200mg x 100<br>\$437.58 | <b>Celecoxib*</b><br>Bottle B<br>Generic equivalent of Celebrex™<br>Generic price for 200mg x 100<br>\$58.00 |
| <b>Nexium™</b> \$676.93<br>Typical US Brand Price for 40mg x 100                   | <b>Esomeprazole*</b> \$71.00<br>Generic Price for 40mg x 100   |
| <b>Actonel™</b> \$387.28<br>Typical US Brand Price for 35mg x 12                   | <b>Risedronate*</b> \$40.00<br>Generic Price for 35mg x 12   |
| <b>Advair™</b> \$759.90<br>Typical US Brand Price for 250-50 mcg x 180 doses       | <b>Salmeterol &amp; Fluticasone Propionate*</b> \$145.00<br>Generic Price for 50/250mcg x 180 doses          |
| <b>Evista™</b> \$461.55<br>Typical US Brand Price for 60mg x 90                    | <b>Raloxifene*</b> \$70.00<br>Generic Price for 60mg x 90  |

For more prices, call us toll-free at 1-800-278-5057.  
**Save more today with an extra \$10 off & free shipping!**

Get An Extra **\$10 OFF** And **FREE SHIPPING**

Get an extra \$10 off your first order today!  
 Call the number below and save an additional \$10 plus get free shipping on your first prescription order with Canada Drug Center. Expires March 31, 2013. Offer is valid for prescription orders only and can not be used in conjunction with any other offers. Use code **10FREE** to receive this special offer.  
**Order Now! Toll-free: 1-800-278-5057**

Please note that we do not carry controlled substances and a valid prescription is required for all prescription medication orders.

IPABC  
 CERTIFIED CANADIAN CIPAR INTERNATIONAL PHARMACY  
 PharmacyChecker.com

Prescription price comparison above is valid as of October 22, 2012. All trade-mark (TM) rights associated with the brand name products in this ad belong to their respective owners. \*Generic drugs are carefully regulated medications that have the same active ingredients as the original brand name drug, but are generally cheaper in price. Generic equivalents are equal to their "brand" counterparts in Active Ingredients, Dosage, Safety, Strength, Quality, Performance and Intended use. It may vary in colour, shape, size, cost and appearance.



# Gold River: Patrolling After Midnight

Continued from Page 1

12:05 a.m. -- A car going the opposite direction passes near an alley where Maidu and Manor 3 meet. It will be the last moving vehicle observed inside any village for the next 5 hours.

12:15 a.m. -- An SUV is parked outside in Manor 3, a violation of the village's rules. Because Manor 3 is one of nine villages that requests a report of all parking violations, Ethley records the vehicle's license plate number on a log. (The others are Argonaut, Discovery, Empire, Huntington, Parke Place, Pioneer, Promontory Point and Stanford Court.) A second illegally parked vehicle is found, then a third, then a fourth, each requiring the patrolman to suspend looking for suspicious activity for 45 seconds to a minute. The collective log work spent on the cars left outside Manor 3 homes clocked just under 5 minutes.

12:50 a.m. -- Ethley pulls into Gold River Discovery Center and parks his truck. He's about to inspect this property of the San Juan Unified School District "as a courtesy." On foot, he checks the parameter of the school for anything that looks out of the ordinary. An abandoned Razor scooter is found behind one of the pods next to the school's "Garden of Learning." A few backpacks are on the ground next to a locked gate. Other than that, everything checks out to Ethley's liking. Vandalism and other unsavory occurrences have decreased since cameras were installed last year, he says.



Making sure Prospect Hill Park is free from illegal activity while Gold River sleeps, security officer Ricardo Ethley climbs up a slide apparatus in the playground at 2 a.m. on a recent Thursday. Photo by David Dickstein

12:57 a.m. -- Bret Harte Village is patrolled as part of increased presence there and four other subdivisions -- Comstock, Eureka, Gold Spike and Mother Lode -- where suspicious activity reportedly

increases between midnight and 3:30 a.m. Bret Harte is serene during these rounds, though the presence of cars parked on the street and in driveways (nine in one court alone) along with trash cans left out, impedes the

security officer's view as he drives by.

1:59 a.m. -- After observing nothing out of the ordinary in Eureka and Gold Spike, Ethley pulls over on Union Hill Way near the juncture of those villages and Comstock. He's about to inspect one of Gold River's hotspots for illegal activity. According to crime reports, the playground area of Prospect Hill Park is a favorite place for teenagers, especially, to hang out in the middle hours between dusk and dawn when curfew is in effect. Ethley has dealt with young adults partaking in sex, drugs and alcohol, and on one night found over two dozen teens chillaxing on the slide apparatus. Being a Thursday morning, Ethley isn't surprised to find no one in the park, but he shared that the scene could be very different in 48 hours.

2:14 a.m. -- The other officer on the graveyard shift intersects with Ethley on Prospect Hill Drive in Comstock Village, the only time they will do so while on patrol. They give each other a passing wave.

2:30 a.m. -- Parke Place is without incident except for one car parked in a visitor spot on Gold Parke Lane and another in a driveway, two no-nos after midnight in the small gated village. Upon each observation, the officer pauses looking for open garages, front doors and the like to log the incident.

2:28 a.m. -- It's just crickets and frogs making their presence known in Mother Lode Village. Same goes for Empire except for one parked car on Empire Mine Circle. Since this is a village that asks Securitas for a parking

report, patrol time is used to log in the Honda Ridgeline.

2:45 a.m. -- For the second time since midnight Ethley goes on foot at the Gold River Community Association offices to make sure all is sound. At a particular spot on the grounds he taps a data collecting sensor device called a ToCo. This acts as a checkpoint and he will do the same at three other locations within Gold River.

3:10 a.m. -- Ethley parks in the school's parking lot to stretch his legs on what is turning out to be a very quiet night. Tranquility is the norm for most shifts, but Ethley is a tad surprised that so far there have been no calls made into dispatch that required his action and not one open garage has been found. During his brief break he glances at the GPS screen at the request of the newspaper reporter. It says that the other security officer on duty located two open garages at 12:36 and 12:43 on Prospect Hill Drive in Comstock and Boom Pointer Way in Bret Harte. When an open garage is discovered, the officer will go to the front door to inform the occupant and wait for the garage to close before continuing with his rounds. With pride, Ethley says when open doors are discovered, "It's very possible we saved lives."

3:41 a.m. -- Patrolling gated Discovery Village with all its nooks and crannies, Ethley's reverse driving skills are put to the test. He must drive up each of the short alley ways, then backup to return on the main lane. Watching him go up and down, in and out in constant motion, his truck takes on the appearance of four-wheeled

floss. Nothing is found in between the mocha-colored teeth called houses, but three cars parked in visitor spaces are recorded on the log.

3:58 a.m. -- Before entering the gates of Stanford Court, the newest village within the GRCA, an elderly man is seen walking on Gold Express Drive next to Crocker Grove. He is the first person spotted in 4 hours. Make that the first being as up to this point there has been no sign of a cat, squirrel, opossum, raccoon, deer, coyote or any other animal. Patrolling Stanford Court yields nothing besides six cars parked outside. That number seems high for a village of only 85 condos. Is that a record? "Not even close," Ethley says, pulling away to start the final hour of his shift.

4:50 a.m. -- Carson Creek, Enterprise and Prospect couldn't have been more peaceful over the past three-quarters of an hour and now Ethley parks his truck at the GRCA to wait for his relieving officer. He double-checks his paperwork and in about 10 minutes he will head to his other job as a sanitation worker for the city of Sacramento. That Monday through Friday job starts at 6 a.m., meaning that five days a week the only time the husband and father is not behind a wheel, give or take a foot patrol and a rare break, is pretty much 2:30 to 8 p.m. The South Sacramento man laughs when told that he could very well be the hardest worker in Gold River to not live in Gold River. The observer pulls away in the darkness, but not before he bids Ethley a good night. Check that. A good morning.

## Sacramento Valley Concert Choir

### 2013 Spring Program

# Our Heritage

A unique compilation of folk, spiritual and patriotic songs reflecting the rich, varied and sometimes controversial cultural and musical legacies of the USA.

**Tuesday, May 21, 2013 7:00 to 9:00pm**  
**Arden Christian Church Sanctuary**

**4300 Las Cruces Way,  
 Sacramento 95864 • 916-483-2733**

**Public Welcome!** Audience sing-along and light refreshments follow the performance. Free-will donations warmly appreciated.

- Ride the Chariot • Shenandoah • Yankee Doodle
- America the Beautiful • Armed Forces Salute
- Turn the World Around • An American Trilogy
- At the River • And More!

## Sacramento Valley Concert Choir to Present an Unique Compilation

SACRAMENTO REGION, CA – (MPG) The Sacramento Valley Concert Choir (SVCC) has been belting out songs in four-part harmony since 1969. This spring's program is a unique compilation of folk, spiritual, and patriotic songs reflecting the rich, varied, and sometimes controversial cultural and musical legacies of the USA.

The 50-member choir will carry the audience through "Ride the Chariot," and "Hush! Somebody's Callin' My Name" to "Shenandoah," "Turn the World Around" and the "Armed Forces Salute," plus the national anthem, "God Bless America" and more. The approximately one-hour performance is followed by an

audience sing-along and then everyone's invited to the Social Hall for light refreshments with the choir.

*Who: Sacramento Valley Concert Choir*

*What: 2013 Spring Concert: Our Heritage*

*When: Tuesday, May 21, 2013; 7:00 pm to 9:00 pm*

*Location: Arden Christian Church, 4300 Las Cruces Way, Sacramento, CA 95864*

*Cost: Free and open to the public. Free-will donations accepted.*

SVCC is a not-for-profit, self-supporting secular choral association of mixed voices, serving the Greater Sacramento area since 1969. SVCC is non-

auditioned, but the devoted members rehearse and perform a variety of the best choral literature.

The choir provides musical entertainment as a service to charitable, religious, community, and educational institutions, as well as to retirement residence facilities. New members are always welcome.

Spring rehearsals begin the first Tuesday after New Year's Day.

Winter rehearsals begin the first Tuesday after Labor Day. Rehearsals are held from 7:00 to 9:00 on Tuesday nights in the social hall of the Arden Christian Church, 4300 Las Cruces Way, Sacramento 95864.

For more information visit [www.svccchoir.org](http://www.svccchoir.org)

# Carmichael Dental Group

## Implant Center in Carmichael!

**\$2,000 OFF**  
**2 Implants with 2 Attachments to Upper or Lower Denture**  
*Limited time offer. Terms and conditions may apply.*

**\$900 OFF**  
**Single Implant with Crown**  
*Limited time offer. Terms and conditions may apply.*

**Affordable Dentures Starting at \$600 per arch**  
*Limited time offer. Terms and conditions may apply.*

Single Implant

Multiple Implants

Mini Implant

Combination Implants and Dentures

**8329 Fair Oaks Blvd., Ste B • Carmichael, CA 95608**  
**(916) 944-7700**  
[www.carmichaelCAdentist.com](http://www.carmichaelCAdentist.com)