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# Placer Sentinel

Volume 26 • Issue 19

Serving Auburn and Placer County since 1987

October 9, 2015

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## Placer Community Foundation Awards \$25,000 in Grants



Youth development grantees at the awards reception at Blue Line Arts in Roseville. Eddie Scheiber, a student with Placer County 4-H Robotics program, demonstrating the team's robot. Photos courtesy of Placer Community Foundation

**ROSEVILLE, CA (MPG)** - Five local nonprofits that provide needed services for youth recently received youth development grants from the Giving Circle at Placer Community Foundation during a reception at Blue Line Arts to honor the recipients. The Community Foundation gave out grants totaling \$25,000 to Child Advocates of Placer County, KidsFirst, Stand Up Placer, ReDirect Nuevo Camino, and Placer County 4-H Robotics Project. This funding will support programs that serve youth and young adults ages 14-21. Such programs offer opportunities for young people to learn critical life and leadership skills and form lasting relationships, providing them with a stronger sense of belonging, empowerment, and a bright future.

One of the grantees, the Placer County 4-H Robotics program, allows youth from all socioeconomic backgrounds to engage with their peers in STEM (science, technology, engineering, and mathematics), and consists of high school students from

six Placer County high schools. While the students engage in the engineering process, adult mentors that work in high-tech industries impart problem solving, technical skills, and demonstrate the power of community involvement with the students. This First Robotics Competition Project combines the excitement of sport with the rigors of science and technology while helping to prepare youth for future high-tech positions in the workplace.

Over its six year history, the Giving Circle has granted over \$150,000 to local youth-serving organizations through the Youth Development Program. Local individuals and businesses join the Circle because of their commitment to the cause and the unique ability to serve as hands-on reviewers of the grant

proposals. Jason Cardinet, CPA and Giving Circle member, explains, "It's rewarding to know that my contribution to the Giving Circle is leveraged to support kids reaching their full potential in life."

Source: Placer Community Foundation ★



## Placer County Recognized for Exemplary Community Health Programs

**AUBURN, CA (MPG)** - Placer County Health and Human Services has been recognized with two merit awards from the California State Association of Counties (CSAC) for two of their community health programs: the Campaign for Community Wellness and the implementation of telephonic signature capabilities.

The annual CSAC Challenge Awards program honors innovation in county government and received more than 250 entries this year—the highest number of entries since 2008—for its four categories. An independent panel of judges with expertise in county programs selected the award recipients.

The Campaign for Community Wellness was recognized for its role in transforming mental health and wellness in Placer County. Campaign priorities are networking, sharing, and providing a forum for creative problem solving to promote mental wellness, reduce stigma, and provide workforce education and training.

"The key to lasting change in mental health care in Placer County is to place residents and community-based agencies in a true position of partnership," said Jeff Brown, Placer County Health and Human Services department director. "The committee seeks to strengthen the voice of the often unrepresented populations in decision-making around mental health policy and resource allocation."

Placer County Health and Human Services was also recognized as the first among California counties to develop a completely automated telephonic signature process to meet the provisions mandated in the Affordable Care Act. Allowing a spoken signature for the application process—considered legally enforceable under certain conditions—eliminated the need to mail documents with inked signatures.

"Implementation of this technology was one more innovative approach that we put into motion that provided a benefit to the county and the community," said Brown. "We saved staff time and resources while providing an efficient, effective, and streamlined process to successfully enroll more than 13,000 Placer County residents into healthcare coverage."

Source: Placer County ★

## El Niño is Coming: Are You Prepared?

**AUBURN, CA (MPG)** - The Rooster Tails Fishing Club's monthly breakfast meeting will be held on Friday, October 16th at the Auburn Elks Lodge, 195 Pine Street at Lincoln Way, Auburn 95603. The doors to the Lodge open at 7 a.m. with a quality \$13 buffet breakfast served at 8 a.m. The presentation begins at 8:45 a.m. sharp, featuring guest speaker Jim Serre, president of GetReadyGEAR and author of *Middle Ground Prepping: A Sensible Approach*. Serre will be discussing the likely consequences of another El Niño this winter, and will offer his expertise to assist members in improving their



Jim Serre at an El Dorado SAR training at Cronan Ranch with all his gear.

situational awareness, communication planning, and overall emergency preparedness. The breakfast meeting is open to the general public. No reservations are necessary to attend.

With over 40 years of experience, Serre has provided unique skills and expertise to engineering, process safety,

consulting, training, and preparedness supply companies. He spent over eight years in volunteer service with the Sacramento and El Dorado County Sheriff's Department's Search and Rescue units. Serre has presented at the National Emergency Preparedness Conference and conducted the

County of Sacramento's Neighborhood Emergency Training course to thousands of citizens, businesses, churches, and professional groups throughout the greater Sacramento region. He is currently certified as an instructor for FEMA's Community Emergency Response Team curricula; Disaster Services for the American Red Cross; and CPR/First Aid for the American Safety and Health Institute, MEDIC FIRST AID, and the American Heart Association. For more information about Jim Serre, his business, and his book, visit [www.getreadygear.com](http://www.getreadygear.com).

The 30 year old, 200+

member Rooster Tails Fishing Club of Northern California, Inc. is a non-profit organization that meets the third Friday of each month to educate, entertain, and enhance the fishing experience. Unlike many bass and fly fishing clubs that concentrate on very specific types of fishing, the Rooster Tails Fishing Club provides a balanced mix of fishing techniques presented by fishing experts targeting a variety of fish species on multiple types of waters. For more information, contact Jim, club chairman, at (530) 887-0479 or visit the club's website at [www.roostertailsfishingclub.org](http://www.roostertailsfishingclub.org). ★

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## Stand Up Placer Appoints Executive Leadership Team

PLACER COUNTY, CA (MPG) - Stand Up Placer is pleased to announce the appointment of Garth Brooks as interim executive director and Jenny Davidson as chief operating officer.

"Garth and Jenny bring a wealth of knowledge and experience to the organization that complements one another," said Stand Up Placer Board President GERALYN GORSHING. "The Stand Up Placer Board of Directors agree that Garth and Jenny are sure to provide Stand Up Placer with remarkable guidance and success."

Garth Brooks and Jenny Davidson will be working closely as a leadership team to ensure the success and sustainability of Stand Up Placer. Brooks brings effective and diverse leadership experience to the role of interim executive director. His leadership and management background encompasses private, nonprofit, and public sectors, including five years of human services agency experience. Davidson brings 16 years of human services experience and special expertise in trauma-informed services and the regulatory environment.

"Jenny and I agree that we are here to serve our clients and community," said Brooks. "Our priorities are focused towards providing the highest quality services to victims and survivors of domestic violence and sexual assault in Placer County. It's clear we can't achieve our mission in a vacuum. The community can expect an energized Stand Up Placer, eager to build and strengthen new and existing community partnerships."



Jenny Davidson. Photo courtesy of Stand Up Placer

Davidson has a background that includes 16 years of service to at-risk populations, including survivors of domestic and sexual violence, consumers of county assistance programs, Housing and Urban Development Section 8 housing clients, high-risk youth, bereaved parents support, and families parenting young children. Davidson earned her Bachelor's degree in Organizational Leadership and followed up with a Master's degree in business administration from Drexel University, where Jenny served on the Graduate Student Association and is currently active with the Alumni Board. Jenny was a founding member of Drexel Pride, recognized by the Mayor of Sacramento in a resolution to the city.

"Survivors of violence come to us in need of a sense of stability and security," said Davidson. "They have many needs that span further than any single person or agency can provide. My goal is to support our direct service staff, strengthen collaboration with community partners, and ensure that our survivors are empowered to lead lives free from violence. I look forward to seeing them transform from trauma to triumph."

About Stand Up Placer: Stand Up Placer provides services to Placer County domestic violence and sexual assault survivors that help to empower themselves as they heal from the trauma and create lives of strength and self-sufficiency. Join us and stand up against domestic and sexual violence. Visit [www.standupplacer.org](http://www.standupplacer.org) for more information.

Source: Stand Up Placer ★



Garth Brooks. Photo courtesy of Stand Up Placer

Brooks' educational background includes a Master's degree in business, along with organizational development graduate work with a focus on social innovation and change leadership. Brooks has served on the Boards of the Sacramento Area Human Resources Association (SAHRA) and the Diversity Recruiter's Network, responsible for inter-agency partnerships and education.

## Placer Supervisors Vote To Fund North Auburn Homeless Shelter Services

AUBURN, CA (MPG) - The Placer County Board of Supervisors voted 4-1 today to provide more than \$265,000 in funding to continue providing services at the temporary emergency homeless shelter at the Placer County Government Center campus in North Auburn.

The board had previously voted to allow the nonprofit groups Right Hand Auburn and Volunteers of America to expand services to 24/7, but postponed a decision on whether to provide county funding until cost estimates provided by the operating agencies were refined and analyzed by county staff.

"I don't think there's a single person on this board who thinks that the shelter at DeWitt is the long-term solution. It's not," said District 5 Supervisor Jennifer Montgomery. "But the alternative, if we don't have it, is more people on the street."

The approved funding includes \$40,000 for modest upgrades to the temporary facility in line with the approved site access agreement, and provides Right Hand Auburn and Volunteers of America \$225,216 to fund services through March 31, 2016.

The board heard from dozens of community members both in support of and opposed to county

funding for the shelter, many of whom cited safety concerns from vagrancy in the community. In voting to approve funding, the board directed county staff to work closely with the Placer County Sheriff's Office to coordinate a stronger approach to enforcement of existing statutes.

"We have an obligation to meet the needs of those people who find themselves in the condition of homelessness, but have a desire to change," said Board Chairman and District 4 Supervisor Kirk Uhler. "But at the same time we have an obligation to the people we serve, the residents of the North Auburn area and the city of Auburn. And we're not going to tolerate the destruction of the North Auburn area by people who have no interest in doing anything to help themselves or anyone around them."

In February, the board approved a site-access agreement allowing Right Hand Auburn and Volunteers of America to open the shelter in a county-owned building as a three-month pilot project. The agreement includes a requirement that community meetings be held regularly once the shelter opens, so the public and county employees have a platform for offering comments, voicing concerns and sharing incidents that may arise

from shelter operations.

Under the original agreement, the shelter provided only overnight shelter for up to 47 people nightly.

An amended agreement approved in August accommodates 24/7 access and more people during inclement winter weather, as well as storage of personal belongings. The extended opening hours in particular are expected to increase use of the shelter, thereby improving access to essential services for the homeless, and reducing the incidence of daytime loitering in nearby neighborhoods.

Placer County continues to work on potential long-term solutions recommended by Dr. Robert Marbut, a nationally known expert hired by the county to conduct a comprehensive homeless needs assessment and develop an action plan. The expansion of temporary shelter services is in line with Marbut's recommendations.

"To implement Dr. Marbut's model, which we as a board adopted and endorsed, we need to go to 24/7, to allow access to the many services we provide for folks in need," said Supervisor Montgomery. "If we're kicking them out again in the morning, they don't have the opportunity to get those services."

Source: Placer County ★

## Negotiations to begin for North Auburn Costco

AUBURN, CA (MPG) - Negotiations between Placer County and Costco Wholesale Corp. to possibly locate a Costco store in North Auburn will begin after the Placer County Board of Supervisors approved an exclusive agreement to negotiate Oct. 6.

The potential store location is on a surplus parcel of county-owned real estate at the Placer County Government Center in North Auburn, near Home Depot on Willow Creek Drive and First Street.

The two-year agreement does not approve the Costco location or any lease terms for the use of the Placer County property. Project approval could only be given, if at all, after the conclusion of the necessary environmental and public review processes, including compliance with the California Environmental Quality Act.

"This is really an opportunity to begin the discussions about a future potential ground lease and potential project," said Ken Grehm, director of Placer

County public works and facilities. Grehm also said the process will be transparent with plenty of opportunity for public comment and engagement.

The agreement provides a framework for negotiation and grants Costco a right of entry to inspect the property. Any study or land use investigations Costco may undertake in exploring the location would be available to Placer County if Costco were to terminate the agreement.

Source: Placer County ★

## Dutch Bros and Community Raise \$3,800 to Help Woman Beat Cancer

AUBURN, CA (MPG) - On October 1st, both Dutch Bros locations in Auburn supported Molly Anderson-Moran by raising \$3,800 to help her and her family offset medical expenses.

"It was an awesome day! It never ceases to amaze me how caring and generous our community is toward those in need," said Jeremy Mauel, Dutch Bros Auburn owner.

Anderson-Moran, an Auburn local, was recently diagnosed with stage IV breast cancer. She began both chemotherapy and alternative treatment methods in June. Anderson-Moran and her young family are experiencing various changes and challenges due to the daily effects of cancer.

To raise funds, both Dutch Bros Auburn locations donated proceeds from the day's sales, as well as collected contributions via on-site donation buckets. Funds will help Anderson-Moran and her family with medical and living expenses.

"There's a lot of support for Molly here in Auburn and we're all looking forward to her beating this!" said Mauel. Donations can still be made at [youcaring.com/molly-anderson-moran-376631](http://youcaring.com/molly-anderson-moran-376631).

Dutch Bros Coffee Gold Country is locally owned by husband-wife team Jeremy and Heather Mauel. They opened their first store in their hometown of Auburn in 2009. Dutch Bros is known for a special focus on its communities and customers.



Baristas in photo, from left to right, starting with back row: Bailey Bean, Taylor Shepherd, Kevin Healy, Chris Ross. In front are Lindsey Fling and Jessica Lockhart. Photo courtesy of Dutch Bros

"We love giving back because we've been given so much!" said Jeremy and Heather Mauel in a joint statement. "The strength and wellbeing of our community, now and for future generations, is very important to us."

Now, every day, they enjoy the opportunity they have to make a difference through Dutch Bros. Since it opened in 2009, Dutch Bros Coffee Gold Country has given back over \$80,000 to local causes, including Boys & Girls Clubs, Acres of Hope, Foster

Youth Services, Relay for Life, 4-H, Boy Scouts, Girl Scouts, Young Life, Placer County Food Bank, local schools, youth sports, music programs, and community events.

At Dutch Bros Gold Country, relationships extend far beyond the drive-through window. In addition, the Mauels enjoy a Dutch extended family of customers, crew, and community who help them make a difference one cup at a time.

Source: Dutch Bros ★

## Willpower Helps Literacy

By Linda Frederick Yaffe

AUBURN, CA (MPG) - A skilled local auto mechanic for 30 years, he could not read. His wife created a "cheat sheet" of important words that he kept taped to the inside of his toolbox. With the help of a volunteer Placer Adult Literacy Service (PALS) tutor, he is now lifting up his life with better reading and writing skills.

A local man needed transportation to get a job...but first he needed to pass the driver's license test. With the help of his PALS tutor, he passed the test, got his license, and got a job.

A Spanish-speaking man working at an Auburn restaurant wanted to improve his English. He was so pleased that his wife joined the program, too. Then he brought three of his co-workers from the restaurant, who are all receiving free, confidential, one-on-one PALS tutoring.

Years from now, will local people like these enjoy all of the free benefits offered by the Placer Adult Literacy Service?

You can help ensure that PALS, our Placer County Library Literacy Service, continues to help families to improve their lives. PALS helps to break the cycle of low-literacy skills by assisting with reading and writing, GED preparation, job search and resumé writing, basic math, computer skills, English as a second language (ESL), and other free individual services. Imagine our community's future: a vibrant and literate society.

Use your willpower to help literacy. Consider naming the Literacy Support Council of Placer County (LSC) as a beneficiary of your estate. Today's planning lifts up our collective future. The LSC, a 501(c)(3) registered nonprofit since 1991, exists to support Placer Adult Literacy Service (PALS). A percentage of your estate, or a dollar amount included in your will, helps all of us to become a better-educated, happier society, a community that is richer in so many ways.

The IRS recognizes the LSC

as a registered, tax-exempt, 501(c)(3) not-for-profit organization. As well as using your willpower, consider making a gift now. Honor someone special; touch their heart with a tax deductible commemorative gift to the LSC today. Contact Literacy Support Council of Placer County, PO Box 5291, Auburn CA 95604. You can also reach LSC by telephone at (530) 886-4530 or email at [LSCPlacer@yahoo.com](mailto:LSCPlacer@yahoo.com). Their Federal Tax ID Number is 68-0241734.

You can also make an individual credit card donation online at any time. At [givingedge.guidestar.org](http://givingedge.guidestar.org), key in "Literacy Support Council of Placer County" in the upper right-hand corner to view our profile and make a donation.

Longtime Placer County resident Linda Yaffe is a PALS volunteer reading coach and serves as current president of the Literacy Support Council of Placer County. ★



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# Tannahill Weavers Bring Scottish Exuberance to Auburn



Auburn, CA (MPG) - The Tannahill Weavers are one of Scotland's premier traditional bands. Their diverse repertoire spans the centuries with fire-driven instrumentals, topical songs, and original ballads and lullabies. Their music demonstrates to old and young alike the rich musical heritage of the Celtic people. These versatile musicians have received worldwide accolades consistently over the years for their exuberant performances. Don't miss their show at State Theatre (985 Lincoln Way, Auburn 95603) on Wednesday, October 14th at 7:30 p.m. General admission is \$24 in advance and \$28 the day of the show. Contact the box office at (530) 885-0156 or, for more information, visit [www.livefromauburn.com](http://www.livefromauburn.com). Source: State Theatre ★

# PCWA and San Juan Water District Complete Barton Road Intertie Project



PCWA Water Distribution Operator Don Miller conducts testing alongside the construction crews. Photo courtesy of Placer County Water Agency

AUBURN, CA (MPG) - The Placer County Water Agency (PCWA) and San Juan Water District recently announced they have completed construction of the Barton Road Intertie. The project connects PCWA's and San Juan's treated water systems, increasing service reliability for both agencies.

The project consists of 2,700 feet of underground pipe within Barton Road, an emergency pump, and instrumentation and control systems. By connecting the two water systems, San Juan and PCWA can provide water to one another at a daily capacity of 2 million gallons

per day, enough to service over 2,000 households.

"We're very excited about completion of the project," San Juan Water District General Manager Shauna Lorange said. "With current drought conditions, the intertie provides a much-needed mutual benefit."

The total cost for the project is approximately \$1.5 million. Roughly half the cost was covered by Proposition 84 funds awarded to the Regional Water Authority (RWA) through its 2014 Integrated Regional Water Management Drought Grant application. PCWA

and San Juan Water District equally split the remaining costs.

"PCWA is proud to partner with San Juan Water District on the Barton Road Intertie and is thankful to the District for leading the project on behalf of both of us," PCWA General Manager Einar Maisch said. "We are also grateful to RWA for recognizing the importance of this project and providing a means to obtain a portion of the funding."

The project ran a successful operational test in September.

Source: Placer County Water Agency ★

# Local Organization Wins Quetzal Award

Placer County Children's System of Care Supports Latino Community

AUBURN, CA (MPG) - The Placer County Children's System of Care has received the 2015 Quetzal Award for youth development from the Latino Leadership Council.

Dedicated to advancing the wellness and leadership capacity of Latino populations in Northern California, the nonprofit council provides education, advocacy, cultural proficiency, and capacity building to Latino communities and public and private partners.

"We're in a unique position to partner with the LLC and are happy to be able to provide the support we do," said Jeff Brown,

Health and Human Services Department director. "They've been very successful in establishing relationships with and delivering critical services to many of our county's Latino families."

Placer County Children's System of Care has committed to hiring bilingual employees and training all staff in cultural competence to meet the needs of the families served.

"The county provided the grant funding to create the council eight years ago and they've continued to provide services and support that helps us continue to grow even after

the grant ended," said Carlos Quiroz, executive director of the Latino Leadership Council. "The work we do to help the kids in our community wouldn't be possible without their collaboration and support."

The Quetzal Award is named for a beautiful but rare bird, thought to be life-changing when spotted. Recipients are recognized for working in close collaboration with others to ensure that the Latino community is being served in the best way possible.

Source: Placer County ★

# Murder, Mayhem, and Museums

A Tour of the Old Auburn Cemetery

AUBURN, CA (MPG) - In 1904, he murdered his family and burned the house down to hide the deed. In 1909, she shot her lover through the heart because he reneged on his promise to marry her. Both trials garnered national and international attention.

These and other stories will be featured October 18th as Placer County Museums presents its next cemetery tour: Murder, Mayhem, and Museums. The tours will begin at the Old

Auburn Cemetery, located at 170 Fulweiler Avenue. The first tour will start at 1:30 p.m. and the last will start no later than 3:30 p.m. This is a rain or shine event, so please dress accordingly and wear comfortable shoes.

Placer County museums staff will guide you through a network of attorneys, witnesses, law enforcement, jurors, two victims, and even the murderess herself. The tour will last about an hour and includes 25 notable

plots.

The Native Sons of the Golden West will have their restored 1860s hearse on display for photographs and will also unveil two grave markers commemorating men who died during the construction of the Mountain Quarries Bridge. For more information, please call the Placer County Museums office at (530) 889-6500.

Source: Placer County ★

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# Jerry Brown Didn't do his Homework on Suicide Bill

Commentary from SaveCalifornia.com

A leading family values organization in California says vulnerable people will die before their time now that Governor Jerry Brown has signed the "assisted suicide" bill, ABX2-15.

"For all practical purposes, this bill will open the door to pressure the weak and vulnerable to die prematurely," said Randy Thomasson, president of SaveCalifornia.com, which promotes moral virtues for the common good, and which lobbied against the bill. "This is no victory, but a horrific defeat for a just and civilized society. People who otherwise could have fought to live or at least extended their lives will be 'helped' to die early, and that's shameful, even criminal. This will give California an awful legacy. The governor didn't do his homework. He misstates, for example, that it's a crime to commit suicide in California, which is simply not true.

"Jerry Brown overlooked that no witness at death, no requirement to self-administer, permitting forgery of a final attestation form, and a false cause of death on the death certificate sets up weak and vulnerable Californians to be killed off. It's true that this bill sets up the perfect crime."

- No witness at death: Nowhere in ABX2-15 is a witness required when the lethal drug is administered. How would you know if the person resisted or if it was really their choice to die that day?

- No requirement to self-administer: The bill suggests but never requires self-administration of the lethal drug. Elder abuse, already a huge problem, would be exacerbated by ABX2-15, which permits a legal heir—a person with a financial

self-interest—to help request and even administer the lethal drug. Section 443.1(b) says "the qualified individual may choose to self-administer"; likewise, Section 443.1(i) says "may self-administer," but nowhere in the bill does it say "must" or "shall" self-administer, thus another person could administer the lethal dose. If the prescribed patient hesitates or delays, what's to stop someone from dissolving the water-soluble drug and giving it to the unsuspecting patient to drink? Predators, even within the family, would be virtually exempt from law enforcement because no witness is required and the bill protects them from virtually all civil liability and criminal prosecution. For without a witness, how would anyone know whether a crime was committed or if there was resistance or a struggle?

- Permitting forgery of a final attestation form: The final attestation form within 48 hours prior to ingesting a lethal dose cannot be verified or enforced, so how can it be known whether the now-dead individual actually filled out the final form? And where is the penalty if the form wasn't even turned in? There is no guarantee that the person truly wanted to die that day; the bill provides no supervision or consequences for this step.

- False cause of death on death certificate: This bill also promotes medical deception by prohibiting doctors from writing "suicide" or even "physician-assisted suicide" on the death certificate as the cause of death. Likewise, ABX2-15 prohibits law enforcement from saying "homicide" or "elder abuse" occurred, even if there was overwhelming evidence. It sets up the perfect crime. As

Margaret Dore of *Choice is an Illusion* explains on page 18 of her analysis: "With the death required to be treated as 'Natural' simply because the act was used, a perpetrator who tricked the patient into taking the lethal dose, or who administered the lethal dose to the patient while he or she was asleep, or who directly killed the patient over the patient's vehement objection, cannot be convicted of murder. The Medical Examiner, the Coroner and the Prosecutor must certify the death as 'Natural.'"

"It's frightening how this bill would open the door for the state government, HMOs, and hospitals to steer people toward suicide," Thomasson said. "In Oregon, the state has sent letters that both reject medical treatment and suggest suicide. Is the California bill any different when it permits insurers to reject medical treatment in one letter and suggest suicide in a second letter?"

"ABX2-15 exempts doctors who prescribe these poison pills from any and all liability. Because 'undue influence' isn't defined in the bill, blanket immunity for physicians and nurses will result in unreported coercion that ushers in early deaths, which will save hospitals and insurance companies money. Because some patients are viewed as 'cheaper dead than alive.'

"With this terrible suicide bill needlessly signed, California is now telling young people that sometimes suicide is an answer to life's problems," Thomasson concluded. "Pandora's Box is open. Concerned families should make plans now to never allow sick family members to be alone in the hospital, and to rethink whether convalescent homes and hospices are safer elsewhere, in states that don't promote suicide, such as Nevada and Arizona." ★

# Speeding Past the Finish Line

All American Speedway Closes 60th Season with Exciting Track Action

Story by Linda Harper

**SACRAMENTO REGION, CA (MPG)** - All American Speedway's 60th season ended Saturday, September 26th with all the excitement and edge-of-your-seat racing and action that it opened with six months ago. Five divisions took the track. The Pacific Challenge Late Models and the NSCS Modifieds, both traveling divisions, roared into AAS displaying high speeds and competitive driving. Street Stocks, Bombers and F-4s rounded the 1/3 of a mile oval, exhibiting skillful maneuvering while driving at speeds tipping 80 mph. The grand stands were packed with cheering fans as Darrin Knight of Kelseyville was crowned the 2015 NSCS Modified Champion. Eric Ray of Rocklin clinched the 2015 AAS Championship in the Bomber division, and Rich Lavallee from Dixon grabbed the 2015 Street Stock Championship. The F-4s raced and put on a good show for fans all season without counting points. That makes them all Champions!



Erick Ray and co-pilot Jenny Krug, Bomber Division Champion #77. Photo courtesy of Chris Anderson

Speedway races remain one of the best family friendly activities in the region, just as they have been for the past sixty years.

Although the standard racing season is over, the All American Speedway won't be sitting idle this fall. On October 17th, Bill McAnally Productions will present the Annual NAPA Auto Parts Toyota 150, NASCAR K&N West series, and Pacific Challenge Late Models race. These high powered cars and fierce competitors really bring the thunder to Roseville's 1/3 mile oval. Great food, cold beer, and vendor booths make this more than a race; it's an event you can't miss. Visit [www.bmrnapa.com](http://www.bmrnapa.com) for more information and to purchase advance tickets, or call (916) 676-0010. ★



Richard Lavallee, #32 Street, Stock Champion. Photo courtesy of Chris Anderson

The 2015 racing season proved to be a testament of success, as everyone worked together for one common goal. From the growing line-up of cars in each division and hosting traveling race organizations to holding power-wheel races for the kids, the All American

October 22nd marks opening day of the All American Vintage Classic IX, sponsored by the West Capital Raceway Alumni Association. The event is held at the Speedway and spans over three days, with activities planned to provide something for everyone. On Thursday, a Chili Feed and Vintage Racing movies kick off the party. The first track action will be Friday night after a swap meet of car parts and memorabilia. Highlighted Saturday will be a BBQ, WCRA Hall of Fame inductions, custom car show, silent auction, and vendor's marketplace. The event will wrap up with a vintage car race on Saturday night. Five divisions will take the track: Midgets, Hardtops, Sprints, Super Modifieds, and Roadsters. All participant vehicles are pre 1980. This annual event is always a lot of fun, and a great way to follow local racing's journey from the 1950s until now. For more information or to purchase BBQ tickets, call Frank Richards at (916) 786-3944. ★

# It's about representation...

Here's lots

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Here's not

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**ARIES** (March 21 to April 19) Some flashes of Aries ire might erupt as you confront an unusually bewildering situation. But you should be able to keep your temper under control as you work through it.

**TAURUS** (April 20 to May 20) That marriage 'twixt the arts and practicality that Taureans excel at once again highlights your enjoyment of much of the week. However, you need to watch any sudden urge to splurge.

**GEMINI** (May 21 to June 20) Even with all the plusses apparently outweighing the minuses, you still might want to defer an important decision to make sure you have all the facts you need.

**CANCER** (June 21 to July 22) One or two problems might threaten to derail otherwise smoothly running situations at work or at home. But a few well-placed words should help get things back on track quickly.

**LEO** (July 23 to August 22) This could be a good time for all you Leos and Leonas in the spotlight to open your generous Lion's hearts and share the glory with those who helped you accomplish so much along the way.

**VIRGO** (August 23 to September 22) You might want to get

advice from someone who's been there and knows these situations better than you do, before investing time or money (or both) in a questionable matter.

**LIBRA** (September 23 to October 22) Be careful how you handle a workplace matter that seems out of place in the schedule you've prepared. Before you act, one way or another, find out who set it up and why.

**SCORPIO** (October 23 to November 21) Your entertainment aspect is strong this week. Besides providing a wonderful break from everyday obligations, sharing fun times brings you closer to those you care for.

**SAGITTARIUS** (November 22 to December 21) Having a weekend fun fest? Your friend or relative who's down in the emotional dumps could perk up if you find a way to include him or her in your plans.

**CAPRICORN** (December 22 to January 19) If you're in one of those "the Goat knows best" periods, you might want to ease up and try listening to what others have to say. You could learn something.

**AQUARIUS** (January 20 to February 18) That new challenge is getting closer, and you should be out there now showing facts and figures to potential allies to help persuade them to rally to your support. Good luck.

**PISCES** (February 19 to March 20) Getting a head start on holiday plans could help free up some time later to spend on other projects. Meanwhile, a colleague has some ideas that you might find worth discussing.

**BORN THIS WEEK:** You are always there for others, and sometimes you need to be reminded that you need to be there for yourself as well.

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**Strange BUT TRUE**

- ▶ In the 1830s you could give someone a blizzard. Back then, of course, the word wasn't referring to a snowstorm; rather, that phrase meant to give someone a piece of one's mind.
- ▶ It was 20th-century Swiss playwright and novelist Max Frisch who defined technology as "the knack of so arranging the world that we need not experience it."
- ▶ Men certainly aren't lacking in the self-confidence department. A survey found that 76 percent of men believe they are "somewhat" or "very attractive."

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4. Toronto
5. Vancouver
6. Montreal
7. Barcelona
8. Tokyo
9. Hong Kong
10. Amsterdam

Source: Hotels.com



PICKS OF THE WEEK



Bryce Dallas Howard in "Jurassic World"

**"Jurassic World"** (PG-13) -- Boldly defying the lessons of the past, somebody decides to build a theme park with dinosaurs surrounding poorly protected humans. Chris Pratt stars as Owen Grady, a velociraptor trainer who has a shaky alliance with a few dino-buddies. He's opposite Bryce Dallas Howard, who plays an uptight park director who doesn't take off her heels even when being chased by dinosaurs. The greedy genetic-tinkerers who run the park have crafted the biggest dino-attraction yet: the Indominus, a mutant hybrid monster made pointlessly deadly and intelligent. The visual effects and overall scope of the action sequences go beyond what was done in the original, but even with upgraded tech and bigger teeth, this Jurassic thriller isn't as thrilling. Characters are so one-sided that even Pratt's immutable charm gets a little muted.

**"Testament of Youth"** (PG-13) -- Adapted from the bestselling memoir, this drama tells the story of a young woman finding herself and her whole world changed through World War I. Vera Brittain (Alicia Vikander) was an intellectual and rebellious student at Oxford, part of a growing feminist movement, and she'd fallen for her brother's friend Roland (Kit Harington from "Game of Thrones"). When the fighting breaks out, Vera becomes a nurse, while many of her friends and loved ones become memories. The film is visually stunning, es-

pecially in the jarring contrast between the English countryside and the bleak chaos of trench warfare. Vera is a fine and fascinating character, and her transformation is handled expertly by Vikander's performance.

**"Z for Zachariah"** (R) -- Nestled in a Southern valley, Ann (Margot Robbie) and her farm animals are safe from the killer radioactivity that took out (almost) every other living thing on Earth. One day, a scientist named Loomis (Chiwetel Ejiofor) stumbles into her idyllic sanctuary. As the Last Man and Woman on Earth, Loomis and Ann make good-faith efforts to get along, understand each other and try to grow some romance in the post-apocalypse. Just when things seem to click, in comes Caleb (Chris Pine), a strapping miner who has more in common with Ann than Loomis ever could. The tension in the triangle, and the ideas that the characters represent, make it a slow-burning but effective post-apocalyptic drama.

**"The Wolfpack"** (R) -- This documentary tells the strange tale of the Angulo brothers, six young men who spent most of their childhoods stuck in a tiny Manhattan apartment, watching movies as their main source of contact with the outside world. The documentary shows interviews and old footage of how the boys became staunch cinephiles, re-enacting blockbuster movies in their apartment, with intricate homemade costumes and handwritten scripts transcribed from watching the VHS tapes over and over. The documentary explains that they were kept inside by an alcoholic father and homeschooled by their mother. It's a fascinating, if somewhat jumbled portrait of some surprisingly personable and creative brothers.

**TV RELEASES**  
 "Tales From The Crypt Presents: Demon Knight"  
 "Dr. Seuss' How the Grinch Stole Christmas"  
 "WWE: Night of Champions 2015"  
 "The Odyssey"  
 "Space Brothers: Collection 5"

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by **HEALTHY EXCHANGES**  
**Baked Caramel-Apple Pecan Pie**

If you have the apples -- we have the recipe! If you are like us, autumn is the time to savor fresh apple desserts. Here's one to get you started!

- 1 purchased refrigerated unbaked 9-inch pie crust
- 1 (4-serving) package sugar-free vanilla cook-and-serve pudding mix
- 1 cup water
- 1 teaspoon apple pie spice or ground cinnamon
- 4 cups cored, peeled and sliced cooking apples
- 1/4 cup chopped pecans
- 1/4 cup fat-free caramel topping
- 1/2 cup reduced-calorie whipped topping

1. Heat oven to 375 F. Place pie crust in a 9-inch pie plate and flute edges.
2. In a medium saucepan, combine dry pudding mix, water and apple pie spice. Stir in apples. Cook over medium heat until mixture thickens and apples start to soften, stirring often. Remove from heat. Add pecans and caramel topping. Mix gently to combine. Spoon hot mixture into prepared pie crust.
3. Bake for 40 to 45 minutes. Place pie plate on a wire rack and allow to cool. Cut into 8 pieces. When serving, top each piece with 1 tablespoon whipped topping.

\* Each serving equals: 221 calories, 9g fat, 1g protein, 34g carb., 206mg sodium, 2g fiber; Diabetic Exchanges: 1 1/2 Starch, 1 Fruit, 1 1/2 Fat.

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**The Garden Bug**

The **witch hazel** plant's bark and leaves were used by native Americans to treat many ailments, and the plant is still used today in modern healthcare products. It is a strong anti-oxidant and astringent used for itching, pain, swelling, skin injury, varicose veins, hemorrhoids, bruises, insect bites, poison ivy, minor burns, and other skin irritations. It is often recommended to women to reduce swelling and soothe wounds resulting from childbirth.

- Brenda Weaver

Source: <http://www.webmd.com>, [www.naturalivingideas.com](http://www.naturalivingideas.com), [urbanecologycenter.org](http://urbanecologycenter.org)

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For home delivery in Auburn, subscriptions should be mailed to: *Placer Sentinel*, 7144 Fair Oaks Blvd., Suite #5, Carmichael, CA 95608. Subscription rate is \$28 per year in Auburn. Some delivery restrictions may apply.

The *Placer Sentinel* is published twice monthly. Call (530) 823-2463 for more information. (ISSN # 1948-1918).

**Publisher, Paul V. Scholl**  
*Placer Sentinel* is a member of **Messenger Publishing Group**

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: [PlacerEditor@mpg8.com](mailto:PlacerEditor@mpg8.com)  
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**Associate Editor**  
 Christie Spurlock  
 PlacerEditor@mpg8.com

**Advertising Sales**  
 Bob Stephenson  
 PlacerSales1@mpg8.com  
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# Time for the Nuclear Option: Raining Money on Main Street



Commentary by Ellen Brown

Author, Web of Debt, Public Bank Solution; President, Public Banking Institute

Predictions are that we will soon be seeing the “nuclear option”—central bank-created money injected directly into the real economy. All other options having failed, governments will be reduced to issuing money outright to cover budget deficits. So warns a September 18th article on ZeroHedge titled “It Begins: Australia’s Largest Investment Bank Just Said ‘Helicopter Money’ Is 12-18 Months Away.”

Money reformers will say it’s about time. Virtually all money today is created as bank debt, but people can no longer take on more debt. The money supply has shrunk along with people’s ability to borrow new money into existence. Quantitative easing (QE) attempts to re-inflate the money supply by giving money to banks to create more debt, but that policy has failed. It’s time to try dropping some debt-free money on Main Street.

The ZeroHedge prediction is based on a release from Macquarie, Australia’s largest investment bank. It notes that GDP is contracting, deflationary pressures are accelerating, public and private sectors are not driving the velocity of money higher, and central bank injections of liquidity are losing their effectiveness. Current policies are not

working. As a result:

*There are several policies that could be and probably would be considered over the next 12-18 months. If private sector lacks confidence and visibility to raise velocity of money, then (arguably) public sector could. In other words, instead of acting via bond markets and banking sector, why shouldn’t public sector bypass markets altogether and inject stimulus directly into the ‘blood stream’? Whilst it might or might not be called QE, it would have a much stronger impact and unlike the last seven years, the recovery could actually mimic a conventional business cycle and investors would soon start discussing multiplier effects and positioning in areas of greatest investment.*

Willem Buiter, chief global economist at Citigroup, is also recommending “helicopter money drops” to avoid an imminent global recession, stating:

*A global recession starting in 2016 led by China is now our Global Economics team’s main scenario. Uncertainty remains, but the likelihood of a timely and effective policy response seems to be diminishing. . . .*

*Helicopter money drops in China, the euro area, the UK, and the U.S. and debt restructuring . . . can mitigate and, if implemented immediately, prevent a recession during the next two years without raising the risk of a deeper and longer recession later.*

## Corbyn’s PQE

In the UK, something akin to a helicopter money drop was just put on the table by Jeremy Corbyn, the newly-elected Labor leader. He proposes to give the Bank of England a new mandate to upgrade the economy to invest in new large scale housing, energy, transport and digital projects. He calls it “quantitative easing for people instead of banks” (PQE). The investments would be made through a National Investment Bank set up to invest in new infrastructure and in the hi-tech innovative industries of the future.

Australian blogger Prof. Bill Mitchell agrees that PQE is economically sound. But he says it should not be called “quantitative easing.” QE is just an asset swap—cash for federal securities or mortgage-backed securities on bank balance sheets. What Corbyn is proposing is actually Overt Money Financing

(OMF)—injecting money directly into the economy.

Mitchell acknowledges that OMF is a taboo concept in mainstream economics. Allegedly, this is because it would lead to hyperinflation. But the real reasons, he says, are that:

1. It cuts out the private sector bond traders from their dose of corporate welfare which unlike other forms of welfare like sickness and unemployment benefits etc. has made the recipients rich in the extreme.
2. It takes away the “debt monkey” that is used to clobber governments that seek to run larger fiscal deficits.

## OMF as a Solution to the EU Crisis

Mitchell observes that OMF has actually been put on the table by the European Parliament. According to a Draft Report by the Committee on Economic and Monetary Affairs on the European Central Bank Annual report for 2012, the European Parliament:

9. Considers that the monetary policy tools that the ECB has used since the beginning of the crisis . . . have revealed their limits as regards stimulating growth and improving the situation on the labour market; considers, therefore, that the ECB could investigate the possibilities of implementing new unconventional measures . . . including the use of the Emergency Liquidity Assistance facility to undertake an ‘overt money financing’ of government debt. . . .

These provisions were amended out of the report, says Prof. Mitchell, largely due to German hyperinflation paranoia. But he maintains that Overt Money Financing is the most effective way to solve the Eurozone crisis without tearing down the monetary union:

1. It amounts to the ECB telling member states that they will provide the Euros to permit sufficient deficit spending aimed at increasing employment and production.
2. No public debt is issued.
3. No taxes are raised.
4. Interest rates would not rise.
5. A Job Guarantee could be introduced immediately.

6. The Troika can retire—no more bailouts.

7. As growth returns, structural changes—better public services, better schools, better health care etc. can be implemented. Growth allows structural changes to occur more quickly because people are happy to move between jobs if there are jobs to move between.

## The Bogus Inflation Objection

Tim Worstall, writing in the UK Register, objects to Corbyn’s PQE (or OMF) on the ground that it cannot be “sterilized” the way QE can. When inflation hits, the process cannot be reversed. If the money is spent on infrastructure, it will be out there circulating in the economy and will not be retrievable. Worstall writes:

*QE is designed to be temporary, . . . because once people’s spending rates recover we need a way of taking all that extra money out of the economy. So we do it by using printed money to buy bonds, which injects the money into the economy, and then sell those bonds back once we need to withdraw the money from the economy, and simply destroy the money we’ve raised . . .*

*If we don’t have any bonds to sell, it’s not clear how we can reduce [the money supply] if large-scale inflation hits.*

The problem today, however, is not inflation but deflation of the money supply. Some consumer prices may be up, but this can happen although the money supply is shrinking. Food prices, for example, are up; but it’s because of increased costs, including drought in California, climate change, and mergers and acquisitions by big corporations that eliminate competition.

Adding money to the economy will not drive up prices until demand is saturated and production has hit full capacity; and we’re a long way from full capacity now. Before that, increasing “demand” will increase “supply.” Producers will create more goods and services. Supply and demand will rise together and prices will remain stable. In the US, the output gap—the difference between actual output and potential output—is estimated at about \$1 trillion annually. That means the money supply could be increased by at least \$1 trillion annually without driving up prices.

## No Need to Sterilize

If PQE does go beyond full productive capacity, the government does not need to rely on the central bank to pull the money back. It can do this with taxes. Just as loans increase the money supply and repaying them shrinks it again, so taxes and other payments to the government will shrink a money supply augmented with money issued by the government.

Using 2012 figures (drawing from an earlier article by this author), the velocity of M1 (the coins, dollar bills and demand deposits spent by ordinary consumers) was then 7. That means M1 changed hands seven times during 2012 - from housewife to grocer to farmer, etc. Since each recipient owed taxes on this money, increasing M1 by one dollar increased the tax base by seven dollars.

Total tax revenue as a percentage of GDP in 2012 was 24.3%. Extrapolating from those figures, \$1.00 changing hands seven times could increase tax revenue by  $7.00 \times 24.3\% = \$1.70$ . That means the government could, in theory, get more back in taxes than it paid out. Even with some leakage in those figures and deductions for costs, all or most of the new money spent into the economy might be taxed back to the government. New money could be pumped out every year and the money supply would increase little if at all.

Besides taxes, other ways to get money back into the Treasury include closing tax loopholes, taxing the \$21 trillion or more hidden in offshore tax havens, and setting up a system of public banks that would return the interest on loans to the government. Net interest collected by U.S. banks in 2014 was \$423 billion. At its high in 2007, it was \$725 billion.

Thus there are many ways to recycle an issue of new money back to the government. The same money could be spent and collected back year after year, without creating price inflation or hyperinflating the money supply.

This not only could be done; it needs to be done. Conventional monetary policy has failed. Central banks have exhausted their existing toolboxes and need to explore some innovative alternatives.

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## Placer Supervisors Extend Contracting Authority for Placer County Fair Association

**AUBURN, CA (MPG)** - The Placer County Board of Supervisors voted unanimously September 15th to extend the Placer County Fair Association’s contracting authority for events at the Placer County Fairgrounds through December 31st, 2016. The board’s extension of this authority ensures that already planned events, the All American Speedway, and the annual Placer County Fair will continue uninterrupted while the county considers options for a new operator.

On October 7th, 2014, the board directed county staff to solicit for a new fairgrounds operator that would have the resources to launch a comprehensive rebranding campaign

and address the site’s physical constraints. Two proposals were received through the solicitation process, and a county review panel determined they did not meet the necessary goals and requirements.

Over the past several years, the loss of state funding, the economic downturn, lower than expected revenues, and an inability to secure long-term vendor contracts have been among the biggest challenges for the Placer County Fair Association.

“What we’re seeing in declining revenue is in direct correlation with the decline of the facility and there is no clear resolution,” said District 4 Supervisor Kirk Uhler. “In

order for us to continue to have a viable option (for operators), we need to invest in some improvements.”

An unsolicited proposer approached the county in August—two months after the close of the formal solicitation process—expressing an interest in operating the fairgrounds, and county staff continue to evaluate that proposal. Further analysis of the current operation of the fairgrounds and recommendations for more profitable management while the search for a new operator continues are expected to be presented to the board for further consideration October 20th.

Source: Placer County ★

## PlacerGROWN Month Showcases Local Bounty

Wine and Food Festival, Farm and Barn Tour, Delight at Multiple Venues

**AUBURN, CA (MPG)** - PlacerGROWN month continues this weekend with two events sure to whet the appetites of local farm-to-fork enthusiasts. The Auburn Wine and Food Festival (Oct. 10th) offers the chance to sample gourmet food and wine from local restaurants and wineries, and the PlacerGROWN Farm and Barn Tour (Oct. 11th) gives families a chance to enjoy a free, self-guided expedition of Placer County farms, ranches, and vineyards.

Area wineries and restaurants showcase their finest products.

Stroll the streets between Downtown and Old Town Auburn, or hop on one of the free shuttles. The Auburn Wine and Food Festival is from 1 to 5 p.m. and costs \$45 (or \$25 for food-only or designated driver). You can purchase tickets online or during check-in at 11 a.m. in Downtown Auburn. Check-in is located at Central Square in Downtown Auburn and Old Town where Lincoln Way and High Street intersect.

The PlacerGROWN Farm and Barn Tour is on October 11th from 1 to 5 p.m. and features a

self-guided tour of participating farms, ranches, and vineyards through Sheridan, Penryn, Loomis, and Newcastle. Start at Coffee Pot Ranch at 4225 Karchner Road, Sheridan 95681. Participating venues will feature unique activities, tours, and demonstrations for all ages, as well as locally grown produce, meats, wine, and more for purchase. The event is free. Please, no pets. Don’t miss these two fun local events!

Source: Merlot Marketing ★

## Now Is the Time for a Flu Shot

**SACRAMENTO REGION, CA (MPG)** - California Department of Public Health (CDPH) Director and State Health Officer Dr. Karen Smith urges Californians to get the influenza (flu) vaccine as soon as it becomes available.

“Unlike some other infections, a person with influenza may be contagious and infect others before they have or show any symptoms,” said Dr. Smith. “Annual vaccination is the most reliable way to protect against infection and, therefore, stop transmission of influenza to others.”

Each year, flu causes millions of illnesses, hundreds of thousands of hospitalizations and thousands, or sometimes tens of thousands, of deaths in the United States. To reduce this threat, CDPH recommends the annual flu vaccine for everyone

six months of age and older, including pregnant women.

Two of this season’s vaccine components, the influenza A (H3N2) and influenza B (Yamagata lineage) strains, have been updated to match the viruses Californians are likely to face during the upcoming flu season.

Flu can cause severe disease across all ages. According to the California influenza surveillance report recently published, there were 78 influenza-associated deaths reported in persons under 65 years of age in California during the 2014-15 influenza season.

Common symptoms of the flu include fever or feeling feverish, a cough and/or sore throat, a runny or stuffy nose, chills, fatigue, and body aches. Children may also have nausea, vomiting, and/or diarrhea.

To stop the spread of flu and other respiratory illnesses, Californians should also: stay home when sick; cover a cough or sneeze with a tissue and properly dispose of the used tissue; wash hands thoroughly with soap and warm water or an alcohol-based hand sanitizer; and avoid touching your eyes, nose, and mouth

Dr. Smith encourages Californians to contact their health care provider, physician office, clinic or pharmacy about obtaining the flu vaccine. Some local health departments may also offer low- or no-cost flu immunizations. For more information about the flu visit the CDPH influenza webpage. To find a flu vaccine location near you, visit [www.flu.gov](http://www.flu.gov).

Source: California Department of Public Health ★

## Governor Brown Announces Appointment

**PENRYN, CA (MPG)** - Batine Ramirez, 51, of Penryn, has been appointed to the California Commission on Peace Officer Standards and Training. Ramirez has been a detective at the Placer County Sheriff’s Department

since 2014, where she has served in several positions since 1999, including death investigator and deputy. She is president of the Placer County Deputy Sheriffs’ Association and vice president of the Placer 10-35 Foundation.

This position requires Senate confirmation and there is no compensation. Ramirez is a Republican.

Source: Governor’s Press Office ★

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Sudoku Puzzle on Page 9

3 6 8 9 7 4 1 2 5
5 7 9 1 2 6 4 3 8
1 2 4 5 3 8 7 9 6
9 8 1 6 5 2 3 7 4
7 4 5 3 9 1 8 6 2
2 3 6 4 8 7 5 1 9
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Crossword Puzzle on Page 9 RACKS BAA NOAH AGENT ALL DENSE NADIR LEG OSIER REFILL ALLSTAR EKE TEAM FCC EACH DEBITS LOAF CURE NICHE ACRE HBOMB KIEV SCALP SAIL ELSE HITTER TRIG YEN NOSY TIP TORONTO AZALEA BRAVO FAT NARCO ASIAN THO TIGER ROLL YAP STORE



# Are Voting Rights For All Voters? Let's Ask Hillary



Commentary by Jacqueline Salit

Last month I was a guest on the award winning PBS show *Arizona Horizon*, hosted by Ted Simons. Ted is a fellow independent and in the makeup room, before we went on air, he told me his worries about the decline in primary voting—it's down to 24% in the state, worse still, only 12% turnout for major party primaries. We kicked the statistics around while checking the

powder on our noses. These figures, while concerning, are not unique to the Grand Canyon state. Voter turnout is declining nationwide while the numbers of Americans who identify as independents—currently 42% according to Gallup—continues to rise.

On-air, Ted brought the voter turnout issue up and we disagreed about whether independents feel apathetic (his view) or feel alienated (my view). The extreme culture of partisanship makes most people feel powerless...because they are.

The increase in independent voters is a statement about that powerlessness. When people choose a political identity that is other than what the parties want, it is an act of resistance, a step towards changing the partisan nature of the system.

Declaring our independence as voters is one act of defiance. Another is the growing momentum towards primary reform, moving towards abolishing

party primaries and conducting public primaries where all voters, regardless of affiliation, are eligible to cast ballots. Parties should compete in the political process but they shouldn't run the competition. The American people are pressing towards a new and expanded definition of voting rights, one that challenges the partisans to put democracy first.

Hillary Clinton began her campaign kickoff with a speech at Texas Southern University on voting rights. She berated the Republican Party for voter suppression and fear mongering about voter fraud. She advocated for basic democracy reforms—automatic voter registration at age 18-years-old, 20 days of early voting in all states, and the restoration of Section 5 of the Voting Rights Act, which provides an enforcement mechanism to protect the rights of African American and Latino voters. All good in my book.

What was most telling however, about Hillary's roaring

rhetoric (she's a feminist, we're going to hear a lot more roaring) is what was missing: the rights of independent voters and the need to reform the primary system to make it inclusive and nonpartisan. Without addressing those issues her voting rights appeal is, in effect, a form of voter fraud. If you don't speak out against the barriers faced by all voters—including the 42% of those who have opted out of being members of a political party—you have distorted the cause of voting rights.

Historically these questions have revolved around the status of African American and Latino voters, and, of course, women. These Americans were enfranchised by the 14th, 15th and 19th amendments. The Civil Rights Movement translated its vision of nondiscrimination and racial equality into the Voting Rights Act of 1965. Since then, the cause has centered on protecting voters of color and ensuring full admittance to the political process. This struggle continues to this day, even as both parties use the issue as a political football to telegraph messaging to their core bases.

At the same time a new self-selected political constituency has arisen in America—the independent voter. This includes an increasing and significant number of voters of color, who have opted for independence as their political identity. Does Hillary Clinton, voting rights "champion," intend to speak for them, too?

In 2007, Hillary ran around the country trading on her husband's popularity, presenting herself as the candidate of African Americans. At the time the country's leading Black Independent, Dr. Lenora Fulani, an early Obama supporter, asked "Who decided Hillary was best for the Black community?" Black America decided she wasn't. These days I'm asking another question: Who decided



Hillary is the champion of voting rights?

We go back to Arizona where, for example, 50% of Latinos are independents. Come the presidential primary, on March 29th, they'll not be permitted to vote in either party primary because the presidential primaries are a "members only" affair. They won't even be able to vote for Hillary Clinton! Isn't that a conspicuous form of voter suppression?

Young people coming of age politically, more than half of whom identify as independents, will also find themselves locked out of primary voting. In nearly every state, meanwhile, the taxpayers are footing the bill for an exclusionary system.

Hillary proclaimed that Americans are "problem solvers" and that "our political system is so paralyzed in gridlock" that the American people have lost trust in government. However, she says, "We don't

hide from change, we harness it."

Hillary, here's your chance to do that. Even though you are a Democrat—actually because you are a Democrat—don't hide from the fact that 42% of Americans are independents. Don't demean the cause of voting rights to suit your political purposes, fight to give all voters—including independents—the chance to vote and to build bridges together, regardless of party affiliation. That's how the American people can solve our problems.

My message to Hillary, woman to woman, is this: If you are not prepared to challenge your own party to fight for voter freedom for all the American people, then you shouldn't be president. And that goes for Jeb and Bernie and Carly and Rand and Marco and Martin and the rest. When they come to your state, the independents will have to tell them so. ★

## Senior Festival in Roseville Benefits Charities for the Elderly

**ROSEVILLE, CA (MPG)** - The third annual Senior Health and Leisure Fair is scheduled for Saturday, October 10th at the Placer County Fairgrounds in Roseville. The show features exhibits to make the lives of senior citizens happier, healthier, and longer. Over 60 booths will cover an array of approaches to the various health and financial concerns of older Americans, as well as companies representing leisure activities. The event is free to the public.

Entertainment will include the excellent Rock and Roll band, Road Test, playing music from the 50s and 60s. Grammy Award Winner Billy Bensing will team up with Kellie Garmire to perform popular tunes for the Baby Boomer generation.

As a community service, the fair will display the Senior Classic Car Show, with all registration fees being donated to the Meals on Wheels program for this region. In addition, the local Lions Clubs will celebrate their Worldwide Week of Service in Sight, designed to eliminate preventable blindness and improve eyesight in our communities. Organizer Leslie Cooper of the



Popular Rock and Roll band Road Test provides entertainment at the Senior Health and Leisure Fair. Photo courtesy of Senior Health and Leisure Fair

Roseville Host Lions said, "It's a great opportunity to show your commitment to sight and to help us reach our Centennial Service Challenge goal of serving 100 million people." Visit the Lions Sight Van, offering free optometry testing, and see the Lions' Canine Companions puppies and Service Dogs.

The Senior Festival is located at the Placer County Fair and

Events Center, Jones Hall, 800 All America City Blvd, Roseville. It runs from 10 a.m. to 4 p.m. This event is free to the public. Please go to [www.seniorhealthfair.com](http://www.seniorhealthfair.com) for details, or call (916) 910-9499 to attend or exhibit. Email to [events@premier2000.com](mailto:events@premier2000.com).

Source: Senior Health and Leisure Fair ★

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Meet: Second Thursday of each month at Sizzler, 13570 Lincoln Way, Auburn, CA 6:00 p.m. 7:00 p.m. Club Meeting  
Info: [www.motherlodemodelt.com](http://www.motherlodemodelt.com)

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Meet: Gearhead Breakfast: Weekly, Friday Monrings at IHOP on Taylorville Road, Grass Valley 7:00 a.m.  
Gearhead Evening: 1st & 3rd Wednesday at Roundtable Pizza, Sutton Way, Grass Valley 6:00 p.m.  
General Meeting: 4th Monday of each month, Salvation Army, Grass Valley 6:00 p.m.  
Info: [roaminangelsinc.com](http://roaminangelsinc.com)

**Auburn Region-Vintage Chevrolet Club of America**  
Meet: Board Meetings first Monday of the month at Sizzler on Lincoln Way in Auburn 7:00 p.m.  
Info: [arvcca.com](http://arvcca.com) (Contact for more information)

**Northern California Region Classic Car Club of America**  
Meet: Cars & Coffee first Sunday of the month, Blackhawk Automotive Museum, Danville 7:00 p.m.  
Info: [norcalccca.org](http://norcalccca.org)

**Capital City Cruisers**  
Events In and Around Northern California  
Info: [caopitolcitycruisers.org](http://caopitolcitycruisers.org)

**The Roadents**  
Meet: Cars -n- Coffee Every Saturday at Daily Donuts, 117 W McKnight Way, #B, Grass Valley 8:00 a.m. - 10:00 a.m.

## Events in SACRAMENTO OCTOBER 2015

- 1st Annual Citrus Heights Chamber and Rotary Golf Tournament**  
8791 Morgan Creek Ln, Roseville, CA 95747 (916) 786-4653  
October 9, 2015 9:00 am - 4:00 pm
- Neighborhood Walk with the Mayor Riverview STEM Academy**  
10700 Ambassador Dr, Rancho Cordova, CA 95670 (916) 294-2435  
October 10, 2015 9:00 am
- Senior Health & Leisure Fair Placer county fair & Events**  
800 All America City Blvd, Roseville, CA 95678 (916) 786-2023  
October 10, 2015 10:00 am - 4:00 pm
- Pancakes with the Principals Rosie's Country Kitchen**  
10273 Folsom Blvd, Rancho Cordova, CA 95670 (916) 361-1647  
October 11, 2015 7:00 am - 12:00 pm
- Call For Artists The Fall Show Rancho Cordova City Hall**  
2729 Prospect Park Dr Rancho Cordova, CA 95670 (916) 851-8800  
October 15, 2015 5:30 pm - 7:30 pm
- The Sacramento International Auto Show A Driving Force for the community**  
October 16-18, 2015 | Cal Expo (916) 635-2728 Email: [Info@Sacaautoshow.Com](mailto:Info@Sacaautoshow.Com)  
October 16-18, 2015 10:00 am
- Capital POPS Concert Citrus Heights Community Center**  
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October 17-October 18, 2015 - All Day
- Antelope Crossing's SPOOKTACULAR**  
Antelope Road at Lichen Drive Citrus Heights, CA 95621  
October 17, 2015 - 10:00 am - 4:00pm
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2729 Prospect Park Dr, Rancho Cordova, CA 956705 (916) 851-8700  
October 17, 2015 - 6 pm
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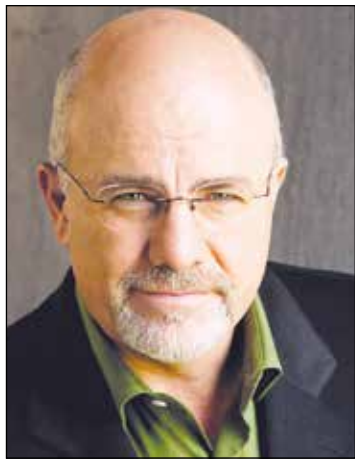
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# Dave Says

getting the least in car that meets all those criteria.

Since whatever you drive is going to be worth nothing in about 20 minutes, I'd start setting aside some cash every month as part of a monthly budget for a newer, better car. That way, when it comes time to put the old one down, you'll have a pile of cash to go along with your trade-in.

But even in your situation, Chantel, I would never advise buying a brand-new car or leasing a vehicle. From a financial standpoint, either of those moves would be just about the dumbest things you could do!

—Dave

## The buying decision

Dear Dave,  
I live in Pennsylvania, and I'm accepting a new job out of state. My wife and I will be in this new area for at least two years, and we're not sure if we should rent or buy a house.

—Ron

Dear Ron,  
Most of the time, as long as you're financially ready for such a big investment, buying a house is a good move. But if I'm in your situation, and I'm not sure if it's a long-term thing, I'm going to rent until I see what the future holds.

It seldom makes a lot of sense to live in a place for two or three years and sell it, unless you get

a ridiculously good buy at purchase and are able to sell for retail without any trouble. Even though the economy is finally, slowly turning around somewhat, I'm not sure that most properties in the current marketplace would go up enough in value in only two years to offset your cost of sale.

You're in a situation similar to lots of military families I help. Often, they'll be stationed somewhere for just two or three years. They'll buy something, they can't get it sold, and they end up with rental properties all over the country. Believe me, that wasn't their initial plan. Playing long-distance landlord is a pain in the rear!

Rent for now, Ron. Then, if you two decide you like the new job and new surroundings — and it turns out you're going to be there for a good, long while — start checking out the area for a nice home.

—Dave

*Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books: Financial Peace, More Than Enough, The Total Money Makeover, Entrepreneurship and Smart Money Smart Kids. The Dave Ramsey Show is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.* ★

## Road warrior rule

Dear Dave,

I'm trying to get out of debt. I make good money and do consulting for a living. I put about 4,000 miles a month on my car. It's a 2012 model, and I currently owe more on it than it's worth. I've considered selling it, but I'm concerned about reliability since I'm on the road so much. Do you have any advice?

—Chantel

Dear Chantel,  
TRule of thumb number one when it comes to your finances is you don't want too much of your financial picture tied up in things that are going down in value. Specifically, no one needs to have more than half of their annual income tied up in things that go down in value.

You're a road warrior, so whatever you drive you're going to destroy. From a business perspective, you need a relatively low-mileage vehicle with good gas mileage that's reliable and safe. You also want something that's reasonably comfortable. Having said that, I would advise doing a lot of research and



# POPPOFF!

with Mary Jane Popp

1) William James said that the greatest discovery of the 19th century was the power of the subconscious mind touched by faith.

2) There is tremendous power within you. Happiness will come to you when you acquire a sublime confidence in this power. Then, you will make your dreams come true.

3) When you open your eyes in the morning, say to yourself, I chose happiness today. I choose success today. I choose right action today. I choose love and good will for all today. I choose peace today. Pour life, love, and interest into this affirmation, and you have chosen happiness.

4) You must sincerely desire to be happy. Nothing is accomplished without desire. Desire is a wish with wings of imagination and faith. Imagine the fulfillment of your desire, and feel its reality, and it will come to pass.

5) By constantly dwelling on thoughts of fear, worry, anger, hate, and failure, you will become very depressed and unhappy. Remember, your life is what your thoughts make of it.

6) You cannot buy happiness with all the money in the world. Some millionaires are very happy, some are very

unhappy. Many people with very little worldly goods are very happy, and some are very unhappy. The kingdom of happiness is in your thoughts and feelings.

7) There is no block to your happiness. External things are not causative, these are effects, not cause. Take your cue from the only creative principle within you. Your thought is cause, and a new cause produces a new effect.

“True and lasting happiness will come into your life the day you get the clear realization that you can overcome any weakness—the day you realize that your subconscious can solve your problems, heal your body, and prosper you beyond your fondest dreams. You might have felt very happy when your child was born, when you got married, or when you won a great victory or prize. The list goes on and on, however, no matter how marvelous these experiences are, they do not give you lasting happiness—they are transitory.” Happiness is a choice, and you can make it a habit to be happy! Check out Jim Jensen at [www.7keystounlock.com](http://www.7keystounlock.com). Open that treasure chest of happiness and enjoy your HAPPY life! ★

## CAN HAPPINESS LEAD TO SUCCESS?

Is fear or worry holding you back? Fear is a thought in your mind. You can dig it up this very moment by supplanting it with faith in success, achievement, and victory over all problems. You must want to be happy. You can't love being miserable. You can enjoy your misery so much that it prevents you from being happy. The very thoughts you entertain have the tendency to create those very physical conditions. Misery enjoys company.

“Happiness is a state of mind.” That's what Jim Jensen claims. “You have the freedom to choose happiness. This may seem extraordinarily simple, and it is. Perhaps this is why people stumble on their way to happiness; they do not see the simplicity of the key to happiness. The great things in life are simple, dynamic, and creative. They produce well-being and happiness.” So Jim shared the seven steps to happiness on my POPPOFF Radio Show from his newest book “7 Keys To Unlock Your Full Potential.”

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**CLUES**

**ACROSS**

- \*Where bats are stored, pl.
- Sheep sound
- Biblical captain
- \*Player's rep
- Opposite of nothing
- Slow on the uptake
- Rock bottom
- \*\_\_\_\_ out a triple
- Twig of willow tree
- Pharmacy order
- \*Game that determines home-field advantage
- Make bigger
- Team homophone
- Federal Communications Commission
- Per person
- Bank account transactions
- Bread quantity
- \*"Kiss Me, Kiss Me, Kiss Me" band The \_\_\_\_
- Specialty
- 4,840 square yards
- Edward Teller's baby
- Capital on the Dnieper
- Dandruff manufacturer
- Ship canvas
- Additional
- \*H in DH
- Kind of math
- Hankering
- Like a busybody
- Voluntary fee
- \*Home of 1993 champion Blue Jays
- Popular flowering shrub
- Opera house exclamation
- Not lean
- Narcotics lawman
- Of the Orient
- However, poetically
- \*Ty Cobb or Al Kaline
- Sushi wrapped in nori
- Small dog's bark
- Mercantile establishment

**DOWN**

- Campaigned
- Petri dish gel
- Surrender
- Mack the \_\_\_\_
- \*Reason for World Series cancellation
- \*Opposite of strike
- Sierra Nevada, e.g.
- Pool problem
- Nessie's loch
- "I'm \_\_\_\_!"
- Away from port
- \*All-Star 2nd baseman, '85 Cardinals champs
- Neolithic tomb
- "Lifestyles of the Rich and Famous" host
- \_\_\_\_ Zeppelin
- Like Kathleen Turner's voice
- \*HOFer Frankie Frisch, 'The Fordham \_\_\_\_"
- Spherical bacteria
- Jeweler's unit
- \*"Last World Series win was 1908
- Two-wheeler
- In a cold manner
- Not those
- \*Best-of-\_\_\_\_
- Matted wool
- Chieftain in Arabia
- The \_\_\_\_ against Britain
- Type of flag
- Break down
- \*2014 World Series champs
- Sentimental one
- Braid
- Kind of ski lift
- Guessimate phrase
- Iron horse track
- West Wing's Office
- At the summit
- Therefore or consequently
- Maple, to a botanist
- Bingo!
- Miner's bounty

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7			3		1	
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	5		7	6		9
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		7				5

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

**For Solutions See Page 7**

**THE VOICE OF THE FOOTHILLS**  
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Community Involved

**Weekdays**

6 - 9am: The KAH1 Morning News with Sarah McCormick and the KAH1 News Team

9am - Noon: The Dave Ramsey Show

Noon - 1pm: The KAH1 Noon News with Mary Jane Popp and the KAH1 News Team

1 - 4pm: The Savage Nation

4 - 6pm: The KAH1 Afternoon News with Casey Freelove and the KAH1 News Team

6 - 7pm: Poppoff with Mary Jane Popp

7 - 10pm: Sports Byline USA with Ron Barr

10pm - 11pm: The Alex Jones Show

**Saturdays**

6 - 7am: A Time for Seniors

7 - 8am: The Swap Shop

8 - 9am: The KAH1 Corral

9 - 10am: The Garden Goddesses

10 - 10:30am: The Good Life for Seniors Reverse Mortgage Show

10:30 - 11am: The Solar Minute

11am-7pm: Sinatra & Friends Music

7 - 8pm: A Way With Words

8 - 9pm: Rewind with Jimmy Jay

**Sundays**

7:30 - 9am: Cruisin' Garage & Swap Meet

9 - 9:30am: The Crossroads Radio Show

9:30 - 10am: The Newcastle Show

10 - 10:30am: The Green Guys Radio Show

11am - 12pm: The Dew Sweepers Golf Show

12 - 6pm: Sinatra & Friends Music

7 - 8pm: A Way With Words

8 - 9pm: Hearts of Space

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Michael Savage

Dave Ramsey

Mary Jane Popp

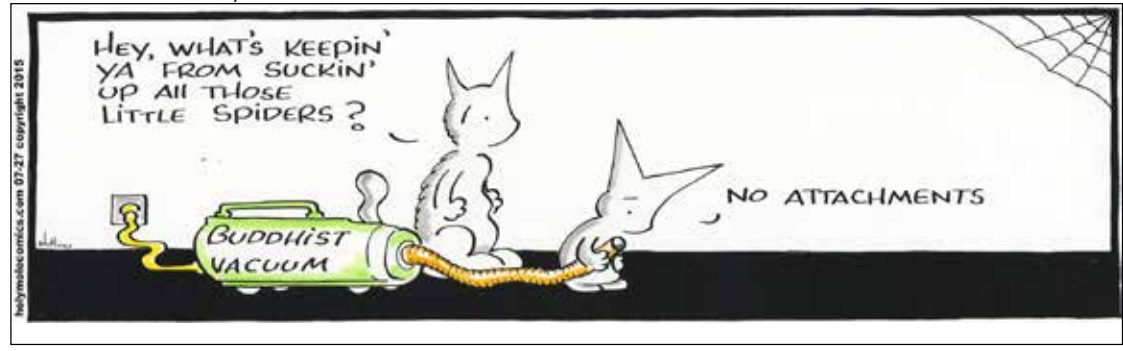
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**Hole Mole** by Rick Hotten



**BC** by Mastroianni & Hart



**Cranky Girl** by Crystal Jones



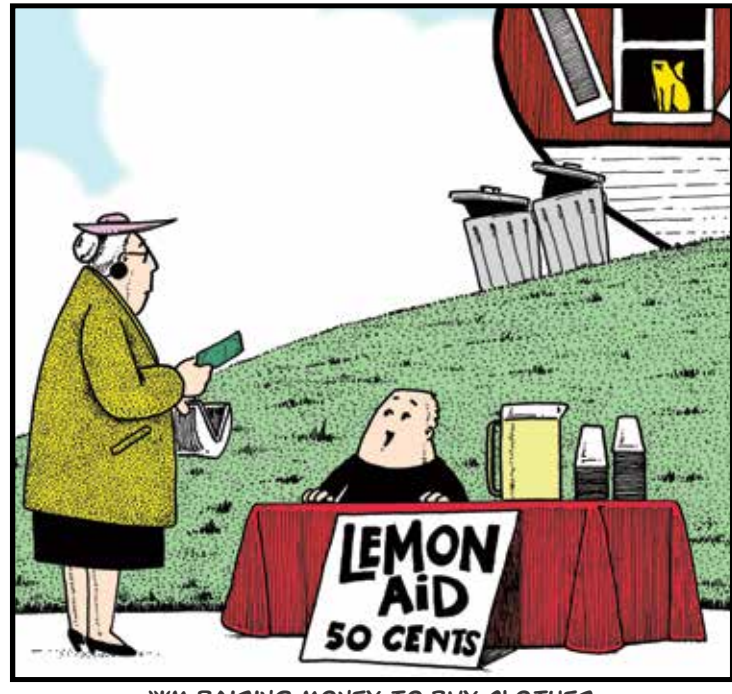
**Frank and Steinway** by Wil Panganiban



**Tundra** by Chad Carpenter



**Friday Morning** by Brad Diller



**Speckticles** by Bill Abbott



**Tastes Like Chicken** BY JOSH ALVES



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With the Sacramento Children's Chorus,  
Lynn Stevens, Director  
DECEMBER 12, 2015 8PM  
Memorial Auditorium

*Carmina Burana*  
Carl Orff | *Carmina Burana*  
Karl Jenkins | *Songs of Sanctuary* (selections)  
Jonathan Dove | *Psalms For Leo* (Area Premiere)  
MARCH 5, 2016 8PM  
Sacramento Community Center Theater

*European Masterworks*  
Franz Joseph Haydn | *Harmoniemesse*  
Vaughan Williams | *An Oxford Elegy*  
Antonín Dvořák | *Psalms 149*  
MAY 14, 2016 8PM  
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