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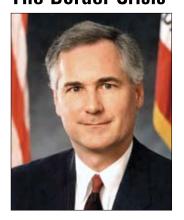
SPlacer el Sentinel

Volume 25 • Issue 16

Serving Auburn and Placer County since 1987

Second Issue of August 2014

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You Won't Believe Your Skies! THE CALIFORNIA CAPITAL AIRSHOW



(Above) No runway? No problem! Arguably, one of the greatest breakthroughs in aircraft technology, the unique Harrier jump jet is capable of vertical takeoffs and landings, providing the U.S. Marine Corps with mobility, flexibility and firepower. Don't miss the rare chance to see this remarkable aircraft show off!

(At right) Flying a beautiful Lockheed T-33 Shooting Star named "Ace Maker" **Gregory 'Wired' Colyer** has been performing for Airshow fans since 2008. With big, sweeping turns and graceful aerobatics. fans are shown first hand the appreciation for this aircraft and its place in history as the U.S. Air Force's first operational jet. Come experience the wonders of the "Ace Maker!" All photos courtesy California Capital Airshow.com



more, guests at the California Capital Airshow (CCA) can watch demonstrations, participate in games and experience first-hand the clear relationship between aviation and aerospace, and Science, Technology, Engineering, and Math (STEM) studies in school. Kids will also have the opportunity to rub shoulders with men and women who have used their education to change the world. Airshow attendees won't want to miss spine-tingling F-22 Raptors, Harriers, and the Patriots Jet Demonstration Team while experiencing thrilling aerobatics, barnstorming, pyrotechnics, vintage aircraft, music, choreography, and so much more!

SACRAMENTO, CA (MPG) - The ninth annual California Capital Airshow (CCA), presented by Sacramento County, announced that discounted general admission tickets are now available for purchase at all SAFE Credit Union branch locations throughout the region in addition to the event's website. The Airshow will be held at Mather Airport on September

SACRAMENTO, CA (MPG) - The 6-7th, 2014 featuring all things shiny, fast, and loud.

Airshow attendees won't want to miss spine-tingling F-22 Raptors, Harriers, and the Patriots Jet Demonstration Team while experiencing thrilling aerobatics, barnstorming, pyrotechnics, vintage aircraft, music, choreography and so much more!

Continued on page 4

Kaiser Permanente Awards More than \$360,000 to Nonprofit Organizations Serving Placer County

PLACER COUNTY, CA (MPG) - Kaiser Permanente has awarded \$362,876 in community benefit grants to 14 nonprofit organizations that seek to improve the health of residents in Placer County.

The grants are among the dozens that Kaiser Permanente awards to not-for-profit organizations, schools, and government entities in Greater Sacramento that seek to improve access to medical care, support mental health services, reduce violence, and promote healthy eating and active living.

In all, Kaiser Permanente has awarded 55 Community Benefit grants totaling \$1.4 million to local communities so far this year.

The grants that serve programs in Placer County were awarded to: Keaton Raphael Memorial, KidsFirst, Latino Leadership Council, Lighthouse Counseling and Family Resource Center, Placer County Office of Education, Placer FoodBank, Placer People of Faith Together, Seniors First, Stand Up Placer, The Gathering Inn, Twin Lakes Food Bank, Health Education Council, WellSpace Health, and Capitol Health Network.

The Community Benefit grants across the Sacramento region, which range in individual amounts from \$7,590 to \$99,000, are part of a longstanding practice

for the region's leading integrated health-

care provider, which seeks to improve the health of the communities it serves in Sacramento, Yolo, Placer and El Dorado counties.

The largest allocation of funding will help the uninsured and underinsured access health care programs and services at various community clinics and organizations. Kaiser Permanente operates medi-

cal centers and outpatient clinics in three local service areas: South Sacramento, Sacramento, and Roseville. The Community Benefit grants will help thousands of underserved area residents in communities throughout Greater Sacramento.

In 2013, Kaiser Permanente hospitals and health plan provided approximately \$207 million in community benefit to the Greater Sacramento region. Community grants are one part of the community benefit portfolio that also includes charity care and coverage provided to uninsured or underinsured individuals in local communities.

For more information about Kaiser Permanente's commitment to the community in Greater Sacramento, visit: http://sacramento.kaiserpermanente.org/the-kp-difference/caring-for-our-community.

Source: Kaiser Permanente Media

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Family Literacy Day at the Auburn Library!

AUBURN, CA (MPG) - Join us at the Auburn Library, 350 Nevada Street, Auburn, on Saturday, September 20th, 10:00 a.m.-2:00p.m. for Family Literacy Day. There will be free crafts; story times at 11:00 a.m. and 1:00 p.m.; and loveable furry reading coach, "Sweetie" the Dog between 10:00 and Noon.

You and your family can try our newest computer learning systems, Brainfuse, a complete online learning system that can be accessed free from any internet computer using your Placer County Library card; and our new AWE After School Edge and Early Literacy Stations designed to support school readiness and technology access for kids ages 2-12. Let us show you these amazing learning tools!

September 2014 marks the 30th anniversary of California Library Literacy Services. Placer Adult Literacy Service (PALS), a Library Program since 1985, and the Literacy Support Council of Placer County, supporting PALS since 1991, present this day of fun for all. Tell your friends, family, and neighbors: celebrate with us at the Auburn Library on September 20th!

For more information, contact Angela Perron, Placer County Library Literacy Specialist, (530) 886-4530, cell (530) 217-8266, email PALS@placer.ca.gov.



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Free Identity Theft Prevention Class

is offering a free identity theft prevention class on Monday, August 25th, from 6 to 8 p.m. at the Auburn Justice Center.

The class is open to the public and will be held in the community room at sheriff's headquarters, 2929 Richardson Drive in Auburn.

Detective Ryan West, who is a financial crimes expert,

Placer County Sheriff's Office investigated hundreds of financial crimes and will discuss problems law enforcement encounters in such cases. He will show attendees how to protect themselves against identity theft, which is considered the fastest growing crime in America.

This seminar will provide information on reducing your risk of becoming a victim;

criminals obtain information; and what steps to take if you become a victim of identity

Reservations are required. Call CSO Amanda Rogers at (530) 889-6922 or email her at arogers@placer.ca.gov to reserve a seat.

Source: Placer County Sheriff's Office

Homedown Heroes



Air Force Airman Charles C. Garland graduated from basic military training at Joint Base San Antonio-Lackland, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of

Garland is the son of Malcolm W. Garland of Colorado Springs, Colo. and brother of Enola L. Garland of Roseville, Calif.

He is a 2013 graduate of Ambassador Academy, Colorado Springs,

Air Force Airman Trevor R. Hayes graduated from basic military training at Joint Base San Antonio-Lackland, San Antonio, Texas. The airman completed an intensive, eight-week program that included

training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills. Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force.

Hayes is the son of Sharon Hayes of Rocklin, Calif. and Donnie Hayes of Roseville, Calif.

He is a 2011 graduate of Roseville High School, Roseville, Calif.

Source: Defense Media Activity







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It is the intent of the Placer Sentinel to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.



Publisher Paul V. Scholl Second Issue of August 2014 Placer Sentinel • 3

LaMalfas Efforts Would Cut \$177 Billion in Federal Spending

WASHINGTON, DC (MPG) - Rep. LaMalfa issued the following statement in response to his rating from the National Taxpayers Union (NTU) indicating his actions in Congress in 2013 supported \$177 billion in net spending cuts. Each year, the NTU, an independent, nonpartisan organization, rates U.S. Representatives and Senators on their actions in Congress that affect taxes, spending, and debt. In 2013, the average House Republican supported a net total of \$82.6 billion in cuts, while the average Democrat in the House called for net spending hikes of \$396.5 billion.

"The reckless tax, spend, and over-regulate approach of the Obama administration is simply unsustainable. With federal budget deficits at record levels and millions of hardworking Americans struggling to make ends meet, we need to fight for the fiscal restraint our country so desperately needs. By reigning in spending and reducing the tax burden on families and small businesses, we can start to create incentives necessary grow jobs, boost our economy, and help people take home more of their hard earned pay checks," continued LaMalfa. "I appreciate NTU's hard work in holding members of Congress accountable in on behalf of overburdened taxpayers. I will continue to fight to put



Representative Doug LaMalfa (R-CA)

an end to the reckless spending and government waste coming out of Washington.

Congressman Doug LaMalfa is a lifelong farmer representing California's First Congressional District including, Butte, Glenn, Lassen, Modoc, Nevada, Placer, Plumas, Shasta, Sierra, Siskiyou and Tehama Counties.

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Doug LaMalfa is a lifelong farmer representing California's First Congressional District including Butte, Glenn, Lassen, Modoc, Nevada, Placer, Plumas, Shasta, Sierra, Siskiyou and Tehama Counties.

Source: The office of Doug LaMalfa



By Gerry Mifsud

Transient, toxic encampments are all along a trail that starts behind the Wells Fargo Bank on Elm St. and goes alongside Interstate 80 passing within yards of three senior complexes, one of which I live in. I surveyed the trail, took pictures of the encampments and sent them along to Auburn Police Chief John Ruffcorn. I also alerted The Auburn Journal, and they posted pictures of my findings in the Nov 18th issue of the paper.

In my survey, I identify three property owners along the trail. One private property owner heard from me and he has promised me and City Code Enforcer Jennifer Solomon that he would address the encampments. The second property owner was CalTrans. They were unaware of the encampments and the mess involved. CalTrans Director Byron Pierce took immediate action and within six weeks a full cleanup was done including encampments and a "No Trespassing" sign was posted.

The third property owner was The County of Placer. To my shock I found on their property an encampment right on top of a grave with a headstone. You could not tell it was a cemetery; the area was flat with low lying grass all over and no fence anywhere. One could surmise two things; that more unknown graves could exist, considering there are two remaining headstones, and since encampments are there, people must be relieving themselves on the unknown graves. A sense of urgency came over me because cleaning up, fencing and a "No Trespassing" sign were needed to stop the unintended but irresponsible desecration.

I called up Placer County Museum's Manager, Historian Ralph Gibson and I asked him to look into the old records and find the Cemetery Boundary so that fencing can be put in to protect those wishing to Rest in Peace instead of Resting in Pee. Please don't be shocked. Consider this, if it was you or your loved ones buried here how would you feel? I then called up the County Facility Services Director Ferrin Call and brought to her attention my concerns of the treatment of a cemetery and the condition



Old Cemetery Rescued

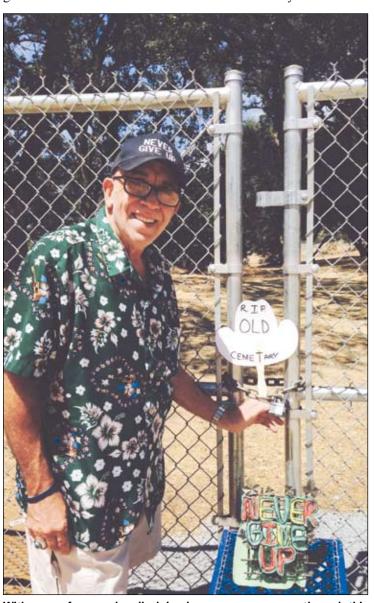
that it is in.

After six months I am proud to announce my second success with City and County officials that all came within one week of each other. After fifteen thousand dollars of well spent tax payers money the County has put up a chain link fence, completely surrounding the cemetery with a lock on it and they also posted a "No Trespassing" sign.

The Coroner told me some graves were removed when the

question has gone on for twenty years unaddressed. Due to the buildup of human waste at the Cemetery I thought the County Environmental Dept. might want to test the area for any toxicity. I was not compelling enough for them to respond. I will not let that overshadow the progress we've made to protect those who did not expect this disregard and neglect.

The solution to our problems is for Community to come for-



With a new fence and padlock in place, no one can pass through this old abandoned cemetery. The fence cost the city \$15,000 of well spent taxpayer money.

freeway came into the Cemetery, but unknown names and numbers of people still exist in unknown places. There is no one alive to apologize to but there are two headstones with names on on. Thomas Phillips of Wales died in October 18th 1887 and Nicholas Schmidt of France died January 24th 1876 are the only names that we know.

I've gone up to The Old Cemetery, and I now look through the protective fencing and feel a sense of relief that no one, not an animal or people acting like animals will disturb these dear Aurburnites.

The encampment trail in

ward and engage government officials in civil conversation, as partners, not adversaries. I've learnt over my two years of community and government collaboration that "if you have something to fight for, don't turn it into a fight." Together we can accomplish anything.

I hope to be an example to other Seniors to say "You can still be productive even if it is just picking up the phone like me and letting your voice be heard and to NEVER GIVE UP!" ★

Gerry Mifsud, TV Host and Senior Activist.

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You Won't Believe Your Skies! THE CALIFORNIA CAPITAL AIRSHOW



Continued From Page 1

"Did you know that a weekend at the Airshow provides families with a greater return on investment value than most theme parks and sporting events in our region? With an Airshow ticket, fans are provided seven and a half hours of family entertainment for \$20.00 or less per person," said Darcy Brewer, executive director of the CCA. "If

(At left) The Lucas Oil Parachute Demonstration Team debuted their performance in 2013 on the air show circuit and have taken the industry by storm ever since! You won't want to miss the skydiving performances of this skilled three-man team as they open the Show with the American Flag parachute jump followed by a series of breathtaking jumps later in the Show. It will be the first time the team has performed in Sacramento and we can't wait to see how they light up the Sacramento skies! All photos courtesy California Capital Airshow.com

you plan ahead, a family of four can purchase our Family Four Pack for just \$50.00! Where else can you purchase family entertainment for that many hours? And once inside the gates you'll be amazed at the plethora of entertainment on the ground and in the sky!"

The Show will also showcase "Stars & Stripes Forever," a salute to veterans and the greatest generation. Attendees will step back in time with an authentic theatrical production featuring professional military re-enactors, a parade of vintage warbirds, tanks, live USO-style music, costumes, and pyrotechnics. 2014 is the 70th anniversary of D-Day, and this colorful and emotional tribute will be a fitting way to honor one of the most important events of the 20th century while showing gratitude to the men and women who serve and sacrifice in order to provide the freedoms we all enjoy today.

There is so much to see and do inside the gates at Mather Airport! If you haven't been to the Show in a couple of years, you are in for a real treat. Aerojet Rocketdyne's LaunchPad, the Kid's Zone and SAFE Credit Union's DREAM BIG Pavilion all seek to combine the love of games and technology with real world application. Filled with aircraft, space artifacts, robots, flight simulators and more, guests can watch demonstrations,

participate in games and experience first-hand the clear relationship between aviation, aerospace and Science, Technology, Engineering and Math (STEM) studies in school. Kids will also have the opportunity to rub shoulders with men and women who have used their education to change the world.

The Airshow website will be updated regularly with news, attraction information and more. Fans can follow the Airshow on Facebook and Twitter (calcapairshow), and now on Instagram (@capitalairshow).

Established in 2004, the California Capital Airshow has become one of the largest and most highly- respected shows in the nation. CCA is an exciting and family-friendly nonprofit regional event designed to honor the Sacramento region's rich aviation heritage and veterans while inspiring young people to pursue education and careers in the areas of science, technology, engineering, math, aviation, aeronautics or aerospace. The non-profit organization gives back to the community through scholarships, charitable group donations, and a wide variety of community events and exciting educational programs throughout the year. For more information about the California Capital Airshow, please visit www. californiacapitalairshow.com.



In an amazing display of formation and aerobatic flying, the Air Force Heritage Flight Foundation will bring its homage and artistry to the skies over Sacramento. Paying tribute to both past and present, with two of the most iconic fighters in our nation's history, the P-51 Mustang and F-86 Sabre Jet, flying along side the F-22 Raptor, the Heritage Flight honors the US Air Force as we remember those who fought and died on the wings of these amazing machines, now and forever.



The aerobatic performance by Mike Wiskus, sponsored by Lucas Oil, is a tightly choreographed energetic, awe-inspiring routine in a Pitts S-1-11b. This high-flying action along with the Lucas Oil Parachute Demonstration Team is a sight to behold! Mike's enthusiasm and willingness to share his aviation experience with people around the country is nothing short of contagious!







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The Border Crisis

Washington D.C. -Congressman McClintock delivered the attached remarks on the House floor on July 24th:

Mr. Speaker:

Wherever I go, people express a growing anger over the illegal immigration that is overwhelming our southern border. People

- "How can we talk about securing the border in the Ukraine or Iraq while our own border is wide open?"
- "How can we talk about supporting the population of Central America when we're \$18 trillion in debt?"
- "How can we talk about giving jobs to millions of illegal immigrants when fewer Americans are working today than when the so-called recovery began?"

"If the federal government can't defend our own border, what good is it?"

Mr. Speaker, I cannot answer

The fact is, our southern border IS wide open; it is practically undefended and everybody knows it. The many thousands streaming across it know that if they break our laws and enter the country illegally, they will be rewarded with free food, clothing, housing, medical care, transportation, legal representation and relocation, all at the expense of struggling American families. Ninety five percent of them believe they'll get "permisso" to stay – and at the moment, they're right.

Until we fundamentally change that reality, the mass incursion of our borders will continue and our nation's sovereignty will slowly

fade away. The American people are awakening to the danger that illegal immigration poses to our country. It is crowding out millions of jobs desperately needed by American



Congressman Tom McClintock

workers. It is overwhelming our schools, our hospitals, our courts, law enforcement, prisons and our local and state budgets. Perhaps worst of all, it is undermining the process of legal immigration upon which our country is founded. Why should anyone go to the expense and trouble of obeying our immigration laws when they can reap rich rewards simply by defying them?

This administration has actively encouraged this crisis with its promises of amnesty, and it now needs another \$4 billion to feed, clothe and house this new surge. Conspicuously lacking from the President's proposal is any serious effort at enforcement or deportation.

The advocates of illegal immigration tell us we need comprehensive immigration reform, but what they really mean is extending some form of amnesty to those now illegally in our country. Yet it is precisely these promises of amnesty that are causing and encouraging the mass migration we now are seeing.

Any short-term measure this House approves must include provisions:

- First, to rescind the President's unlawful Deferred Action for Childhood Arrivals order that has clearly encouraged the current surge;
- Second, to detain all of these new arrivals while expedited

deportation hearings proceed;

- Third, to provide unrestricted access for law enforcement to all federal lands at the border; and
- Fourth, to activate the National Guard in whatever numbers are necessary to secure our southern border now.

Once the immediate tide has been turned back, it is imperative that existing law are enforced before any new laws are considered, including:

- Rigorous enforcement of sanctions against any employer who hires an illegal immigrant;
- Completion of the border fence authorized in 2006;
- Deportation of any illegal immigrant who comes in contact with law enforcement or who illegally applies for government assistance; and
- Resumption of federal cooperation with local and state law enforcement agencies to assure enforcement of immigration

If we are not willing to enforce our current laws, there is no reason to believe that any future laws will be enforced. And until we enforce them, we really can't accurately assess what changes may be needed.

The people with whom I talk are tired of excuses and tired of promises of future reforms. They want to see our current laws enforced and our border secured and every act of this House should be focused on pressuring the President to do so.

History is shouting its warning at us: nations that either cannot or will not defend their borders aren't around very long.

Let that not be the legacy of this administration and let it not be the epitaph of the American Republic.

Source: The office of Congressman McClintock

Why You're Probably on an NSA Watchlist

By Mike Leahy

I was talking with one of my colleagues the other day, and he raised a very interesting question, one that deserves consideration by anyone worried about their digital privacy. He read an article that championed the idea that the more steps one took to protect their privacy by using anonymous Web-browsing tools like Tor, the more likely that individual would be targeted for "surveillance" by the NSA.

The article went on to say the NSA closely watched user accounts searching for information on non-Windows operating systems like Tails or Linux. The authors of the article suggest the NSA presumes anyone interested in using technology to protect their privacy is a potential threat to national security. On the other hand, those taking no steps to demonstrate privacy concerns (as evidenced by an interest in available tools) are not.

Let that sink in for a moment.

Supporters of the sentiment that security must trump privacy will tell you that if you have nothing to hide, you have nothing to fear. A more apt statement to be garnered from the article is if you have something to hide, the government has something to fear.

Right now, the NSA operates an Internet surveillance tool called XKeyscore. This program allows them to place every Tor user in the world under ongoing surveillance. This completely negates the supposed anonymity the system was designed to provide.

The NSA's own description of XKeyscore suggests its use is widespread, collecting metadata and relational information about Internet and telephone usage.

Nationally Owned,

Locally Operated

This is then stored and is searchable in real time. The interesting point about XKeyscore's use you should keep in mind is the NSA's decision that anyone interested in privacy is considered a potential terrorist. Think about that for a moment.

The Pew Research Center Internet and American Life survey found in September 2013 that: "86% of Internet users have

In the ongoing battle between government snoops and people interested in protecting their privacy, the snoops will always concentrate their activities where they will have the most impact."

taken steps online to remove or mask their digital footprints -ranging from clearing cookies, encrypting their email, and avoiding using their real name, to using virtual networks that mask their Internet protocol (IP) address

"55% of Internet users have taken steps to avoid observation by specific people, organizations, or the government."

Or, more simply, more than half of the population of the United States that uses the Internet is categorized as potential terrorists requiring government surveillance to "protect us." From whom is the government protecting us?

Apparently, from ourselves.

This is madness. Aside from this, there's another important point you need to be

aware of. I remember arguments I

had with my peers when I was 10

years old. It was the height of the Cold War, and we were debating the need of missiles to stop intercontinental ballistic missiles. But it didn't stop there. We argued about whether we needed antimissiles to stop the ICBMs. And anti-anti-missiles to stop those.

Similarly, you might remember the quote attributed to Willie Sutton, who supposedly said that he "robbed banks because that was where the money was." In the ongoing battle between government snoops and people interested in protecting their privacy, the snoops will always concentrate their activities where they will have the most impact.

Just as Apple computers have not been targeted with viruses by online threats nearly as much as their Windows PC counterparts, growing use of alternate operating systems like Linux, Tor and Tails raises the interest in their users. Quite simply, they choose to "hide" something.

As in all technology-dependent conflicts, each side will reinvent its tools to defeat the tools used by their opponents. Thus, it is important to acknowledge that the tools we use to "enhance" privacy are simply that -- tools. The only way to truly keep personal information "private" is to not share it.

Having said that, how many social media platforms (Facebook, et al.) do you participate on?

Think about it.

Mike Leahy is an attorney in Annapolis, Md., and a Certified Information Privacy Professional (CIPP/US). Mike can be reached at mike@mgleahy.com or via his LinkedIn profile.

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Summer Place Lincoln Breaks Ground at Twelve Bridges

By Linda Harper

LINCOLN, CA (MPG) - On July 23rd, real estate developer, PDC Capital Group broke ground for Summer Place Lincoln, a \$26 million Assisted Living and Memory Care development. It will increase the region's Assisted Living capacity by over 200 beds and is expected to create at least 135 new jobs in the region. The 166,000 sf, three story facility will feature a mix of models ranging from studios to spacious two bedroom apartments. An internet library, restaurants, salon, pools, movie theater, putting green, and more is part of the design which

consists of two adjoining buildings. One building is dedicated to memory care needs, while the other will house Assisted Living residents.

Summer Place Lincoln is located between Sun City Lincoln Hills and Sun City Roseville in Lincoln's Twelve Bridges area at the corner of Bella Breeze Drive and East Joiner Parkway. The completed development is slated to have a small village atmosphere and is expected to enhance the Lincoln community. For more information, visit www.pdccapitalgroup.

Source: Atherton PR Group

Emergency Tax Relief Available for Businesses Owners Affected by Northern California Wildfires

SACRAMENTO REGION, CA (MPG)

- Business owners and feepayers impacted by wildfires in Northern California, as discussed in this emergency proclamation, may request an extension to file their returns, ask for relief from penalties and/or interest for some taxes and fees, or to replace copies of records lost or damaged, announced the California State Board of Equalization (BOE).

On August 2, 2014, Governor Edmund G. Brown Jr. issued an emergency proclamation for the state of California due to the effects of wildfires in El Dorado, Amador, Butte, Humboldt, Lassen, Madera, Mariposa, Mendocino, Modoc, Shasta and Siskiyou counties that have burned thousands of acres, destroyed homes and other structures and damaged critical

"Our hearts go out to all of those affected by these devastating fires," said BOE Member Betty T. Yee. "BOE is ready to assist affected tax and fee payers."

'We're extremely grateful for our many brave firefighters, and our sympathy goes out to those who have lost homes and property," said Board of Equalization Member George Runner. "Taxes are the last thing people should have to worry about at a time like this. That's why we want them to know we are here to help."

Requesting Relief

Tax and feepayers can go online to request relief from penalty and/or interest, and an extension of time to file a tax/fee return. Any tax or feepayer can use the online system to make their request for the following tax and fee programs: Sales and Use Taxes, Fire Prevention Fee, Alcoholic Beverage Taxes, Cigarettes and Tobacco Products Excise Taxes, Energy Resources Surcharge, Emergency Telephone Users Surcharge, Natural Gas Surcharge, Timber Yield Tax, Fuel Taxes (Diesel Fuel Tax, Interstate User Tax, Use Fuel Tax, Motor Vehicle Fuel Tax, Aircraft Jet Fuel), Oil Spill Prevention and Administration Fee and Oil Spill Response Childhood Lead Poisoning Prevention Fee, Integrated Waste Management Fee, Occupational Lead Poisoning Prevention Fee, Electronic Waste Recycling (eWaste) Fee, Marine Invasive Species Fee (Ballast Water Management Fee), Underground Storage Tank Maintenance Fee, Hazardous Substances Fees (Environmental Fee, Activity Fee, Generator Fee, Disposal Fee, Facility Fee), Water Rights Fee, and California Tire Fee.

Those without Internet access may call the BOE Customer Service Center tollfree at 1-800-400-7115 (TTY: 711), Monday through Friday from 8 a.m. to 5 p.m. (Pacific Time).

Board Member Betty T. Yee was elected to her post in November 2006. Her district includes many of California's coastal counties, from Del Norte to Santa Barbara, and includes the entire San Francisco Bay Area. Ms. Yee previously served as Chief Deputy Director for Budget at the California Department of Finance, covering a wide array of state and local finance policy matters.

Elected in November 2010, George Runner represents the State Board of Equalization's Second District. He is a leading advocate for California

to improve California's tax policies and practices and to create and retain more private sector jobs in our state. Prior to his election to the Board, Runner served twelve years in the State Legislature, authoring the well-known California Amber Alert and California's Blue Alert. As a thoughtful conservative, his legislative priorities included improving the economy, business growth, education excellence, and public safety for all Californians. As a member of the Senate Revenue and Taxation Committee, Runner consistently led the fight against tax increases and supported tax relief for families and businesses.

The five-member California State Board of Equalization (BOE) is a publicly elected tax board. The BOE collects \$56 billion annually in taxes and fees supporting state and local government services. It hears business tax appeals, acts as the appellate body for franchise and personal income tax appeals, and serves a significant role in the assessment and administration of property taxes. For more information on other taxes and fees in California, visit www.taxes.

Source: State Board of Equalization







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(MPG 08-30-12)

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916 Sudoku Puzzle on Page 8 Suduko Puzzle on Page 6

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5	1	7	4	6	3	8	2	9
1	4	9	3	8	2	6	7	5
7	5	3	6	4	1	9	8	2
2	8	6	თ	7	5	თ	4	1
8	7	5	2	3	6	1	9	4
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(MPG 04-30-14)

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Crossword Puzzle on Page 8

cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500



By Ronnie McBrayer

I grew up with a lot of religious rules. To violate these rules was to subject oneself to the judgment of God. If you had a fundamentalist upbringing, you may be familiar with some of these restrictions. No drinking, no smoking, no dancing, no playing cards or going to the movies, no mixed-bathing (a prospect that intrigued my teenage mind), no Sabbath-breaking (though we did not actually gather on the Sabbath), and absolutely no questioning of religious authority.

Religious authority was bound up in "The Preacher." The big Baptist downtown had a pastor. The Methodists had a seminary trained Reverend. The Presbyterians had a collection of elders. The one fledgling Catholic parish on the edge of town had a priest. I didn't meet a Jew until high school, so I didn't even know what a rabbi was, but it would not have mattered anyway.

In my narrow ecclesiastical world, we had The Preacher, the Alpha and Omega of religious instruction; the united concoction of fiery prophet, hardened inquisitor, moral policeman, and God's anointed spokesman. I was certain that he cut his grass in a pinstripe suit and wingtips,

The Preacher

didn't know a single curse word, and all his children were probably adopted because to have sex with his wife was certainly too worldly, too carnal to consider.

See, the world in which the preacher lived was black and white with no shades of gray, no mystery, no ambiguities. There were only hard and fast certainties. You were in or you were out. If you wanted to know which you were, just ask him. He would tell you, and he used the pulpit to do exactly that.

On Sundays he became an inferno of Puritan proportions. Animated, wringing with sweat, discarding his suit coat and loosening his tie, he implored and coerced us sinners down the isle to the mourner's bench. It usually worked. Someone "repented" most every service, even if it took thirty verses of "Just as I Am" to force the issue. Those altar calls were nerve rattling wars of attrition, and sometimes I felt compelled to go forward so the whole thing would mercifully end.

It was The Preacher who arrived at the hospital on a spring afternoon to visit my family. My younger brother was enduring a lengthy hospitalization with a faulty heart valve and a growing laundry list of complications. Not yet a year old, he had already faced more health challenges than most of us will ever see. His life hung by the proverbial thread.

My parents certainly needed emotional and spiritual support, a pastoral presence, but The Preacher was anything but comforting. I heard him say the most horrible thing to my parents. In paraphrase he said, "Surely you have committed some terrible sin for God to visit this kind of judgment on you and your family." Even as a child I was flabbergasted, and to this day those words still burn my ears.

Is this the God of Christianity? Is this the kind of God behind our faith? Is this vindictive deity even worthy of our worship? I think not. While this might be the god of The Preacher, it is not the God revealed to us in the person of Jesus the Christ. For in Christ we find truth and grace, not this kind of crass judgmentalism. Jesus doesn't walk into hospital rooms, his gluttonous belly pushing against the buttons of his tailored suit vest, handing out indictments of guilt to the innocent.

No, this Jesus sits down and weeps with the suffering. He opens his arms to the brutalized and confused. And while he doesn't always provide us with the tidy solutions we long for, he always walks with us in the mystery of life and death.

I never accepted those words spoken in that hospital room. Maybe I've spent these decades of my life trying to disprove them. I hope you won't accept them either. The love of Christ always trumps the hardness of men's hearts – even those men who claim to have all the answers.

Ronnie McBrayer is a syndicated columnist, pastor, and author. His newest book is "The Gospel According to Waffle House." You can read more at www.ronniemcbrayer.me.

Two Words that Changed My Life

Dr. James L. Snyder

This week is a hallmark in the lives of the Gracious Mistress of the Parsonage and me. Forty-three years ago this week, we began a journey that has just become better with each year. That is the benefit of marrying up.

Getting married was not something I had put together. Very few men put together their wedding plans. After all, that is why we get married.

It came to me rather suddenly. I was at Bible college and one morning one of the guys in the dorm said to me, "Congratulations. I just heard the good news."

I smiled and nodded my head thinking about my plans for the day. I had no idea what he was talking about and at the time I did not have the time to ask him what he was talking about.

Everybody I met that morning was congratulating me and telling me how happy they were for me. Soon I was beginning to wonder what in the world was going on. I did not have any test in any my classes yesterday so it could not be anything like that. I do not play the lottery so I could not have won the lottery. I could not think of anything I did yesterday that would cause all of this congratulatory remarks in my direction.

Finally, when I had about as much as I could take, I asked somebody, "What is everybody congratulating me for?"

The person that I queried looked at me, broke out in laughter and said, "Man, you got to be kidding!" Then he turned around, walking away laughing every step of the way.

I went to my class, found my seat and got situated then one of the young ladies passed by, patted me on the shoulder and said, "I am so happy for you and I think it is a wonderful thing. And I know you are going to be happy for the rest

of your life."

Well, I had had it. I looked at her and very firmly said, "What are you so happy about?"

"Your wedding," she said laughing, "you're getting married."

"Oh," I said, nodding my head.

"Thank you very much." Then what she said dawned on me. I looked at her and said, "I'm

getting what?" "Silly boy," she said, laughing hysterically, "it's all over campus

I then had to think about this situation I was in. Everybody on the campus knew I was getting married, except me. Was I still sleeping? Was this just a dream I am having?

so it must be true.'

I began to think about the events the preceding evening, and remembered a little conversation I had with the girl I was now supposed to be getting married to. In the course of our conversation, as I remembered it at the time, she said something to the effect, "Wouldn't it be great to get married."

As I recalled the conversation, I nodded my head and said something to the effect, "Yea, I guess it would be." That was the end of the conversation as far as I was concerned, but the beginning of an ongoing conversation as far as someone else was concerned.

Why is it that the groom-to-be is always the last one to know?

Then I asked one of the girls in the hallway, "When am I getting married?" At the time, I did not have the foggiest idea.

She turned away laughing and muttering to herself something to the effect that I had a really good sense of humor. Believe me, I was not laughing.

As it turned out, me and the young lady I was to be married to, were engaged to be married and, I do not want to pry into this point very much, the wedding dress already purchased."

As it turned out, it was the best

thing that ever happened to me. Looking back over life, most of the good things that have happened to me were never of my doing. I'm convinced that is the way God works. If you are doing what you want to do, you are probably not doing what God wants you to do. At least I have developed that philosophy to this point of my life.

Some things in life I am rather good at planning, a wedding not being one of them; not even close.

After all these years, I can still remember that wonderful day when the Gracious Mistress of the Parsonage and I were united in holy matrimony. Our wedding was rather simple and the focus point of the wedding was the wedding vows. When I said, "I do" it clinched the deal and I was married and I have been doing it ever

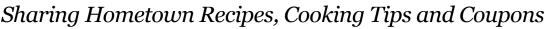
I have said many words in my life, and written thousands and thousands of words, but the most important words that have changed my life were those words, "I do."

The Bible has a lot to say about marriage and husbands and wives. "Therefore as the church is subject unto Christ, so let the wives be to their own husbands in every thing. Husbands, love your wives, even as Christ also loved the church, and gave himself for it" (Ephesians 5:24-25).

There are some empty words that we use every day but every once in a while we say a word or two that fills our life with joy unspeakable and full of glory. ★

Rev. James L. Snyder is pastor of the Family of God Fellowship, P.O. Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 866-552-2543 or e-mail jamessnyder2@att.net. His website is www.jamessnyderminis-

Just a Pinch



By Janet Tharpe

Simple, Flavorful Open-Faced Grilled Chicken & Apricot Sammies

"Simply divine!"





Amanda Smith Washington, IL (Pop. 15,134)

The sweet and savory flavor combination makes ▲ Amanda Smith's Open-Faced Grilled Chicken & Apricot Sammies one tasty sandwich. Walnuts add a nice

sweetness. And the balsamic glaze? Well, that tops off the sandwich perfectly! See step-by-step photos of Amanda's recipe plus

crunch, while the apricots give this recipe the perfect

thousands more from home cooks nationwide at: www.justapinch.com/apricot

You'll also find a meal planner, coupons and chances to win! Enjoy and remember, use "just a pinch"...

Open-Faced Grilled Chicken & **Apricot Sammies**



-Janet

What You Need

- 1 can ready made pizza
- dough (13.8 oz) 6 1/2 oz garlic and herb
- soft spreadable cheese chopped
- 2 c grilled chicken breast, chopped
- 1/2 c dried apricots, chopped 2-3 tbsp balsamic glaze
- Balsamic Glaze 1 c balsamic vinegar

Directions

- Preheat oven to 425 degrees.
- Press out pizza dough into a 12x8 inch rectangle.
- 1/2 c walnuts, toasted and Using a 3 1/2 inch round cookie or biscuit cutter, cut out 8 circles from dough.
 - Grease cookie sheet with cooking spray and place circles 1 inch apart on sheet.
 - Bake for 4 minutes.
 - Let pizza crust circles slightly cool. Then, spread the garlic and herb cheese on top of each circle.
- Sprinkle with toasted walnuts, pressing them

into the cheese.

- Next, top each with 1/4 cup of chopped grilled chicken breast.
- Then, sprinkle each with chopped dried apricots.
- Drizzle each sammie with balsamic glaze.

Balsamic Glaze

- In a small saucepan bring the balsamic vinegar to a boil over medium-high heat.
- Cook stirring until reduced to 3 to 4 tablespoons.

Submitted by: Amanda Smith, Washington, IL (Pop. 15,134) www.justapinch.com/apricot

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CLUES ACROSS

- 1. TV's Donald Draper, e.g. 6. ___ of Good Feelings
- 9. Type of ski lift
- 13. *Yellow cheese eaten in Amsterdam?
- 14. No amount 15. *Rome's Colosseum
- 16. *You use it to find your 17. Maltese or Havanese,

author

- 18. European finch 19. Blood infection
- 21. *Plato's home 23. "The Joy Luck Club"
- 24. Sound of bells 25. Maple syrup precursor
- 28. Computer application
- command
- 30. Old material, presented anew
- 35. Blue pencil mark _ of Eden"
- 39. WWII conference site ___-a-daisy
- 41. Maneuvers 43. Bank claim _ Heep of "David
- Copperfield" 46. Church sanctuary
- 47. *Nobel Peace Prize
- capital 48. Talk rapidly and angrily
- 50. Mr. Potato Head?
- 52. Mai
- 53. Duds 55. Bad-mouth
- 57. *U2's Bono owns a
- hotel here 60. *Home to many great
- composers 63. Conical tent
- 64. Gone by 66. Chinese weight units
- 68. Keyboard key 69. Make a seam
- 70. Clear the blackboard 71. Above
- 72. "For a iolly..."
- 73. Move a plant
- DOWN Khan
- 2. Chewy treats
- 3. Drug smuggler
- 4. Make fit for
- 5. *Capital of Bahamas 6. " of the earth"
- 7. Spanish river 8. Pond buildup 9. Genealogist's creation
- 10. *De facto capital of Switzerland 11. Anisette, for short
- 12. Campaigned 15. Olsen or Judd, e.g.
- circle 22. Feather glue 24. Has
- 25. *"Gangnam Style" capital

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- 26. Love intensely 27. Ubiquitous ground songbird 29. Slap on
- 31. Saintly glow 32. Crème de la crème
- 33. Inscribed pillar 34. *Capital of Vietnam 36. Russian autocrat
- 38. Not permanent 42. *Riyadh is the capital of
- Arabia
- 45. *His bunker was in Berlin 49. Hawaiian dish 51. Dr. Atkins' follower, e.g.
- 54. Grind teeth 56. Animal catcher
- 57. Fender blemish
- 58. As far as
- 59. Car onomatopoeia
- 60. Wedding day promises
- 61. __ tide

62. Additionally

67. Exercise group

- 63. *They drink a lot of it in London 65. Wow!
- Call 1-800-970-4376 to see how much esurance 6 8 8 2 4 6 | 7 4 2 5 6 9 2 8 9 Fill in the blank squares in the grid, making sure that every

row, column and 3-by-3 box includes all digits 1 through 9 For Solutions See Page 7

Come back every week for Crossword and Sudoku!

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In Hock for the Duration

loan on your home? Prominent financial advisor Ric Edelman approves. He advocates that "... . you should have as big a mortgage as you can get and never pay it off."

Though I admire Mr. Edelman's broad range of financial expertise, we disagree on this subject. Many people reach their golden years with too few assets to live comfortably. I contend that you should own your residence free and clear, and the sooner the better.

When your paycheck becomes a relic of the past, you'll want your mortgage loan to join it your retirement years, not to be

Do you have a mortgage into oblivion. It's easily accomplished. Early in your life purchase a house with whatever down payment you can afford. Choose a long-term, fixed-rate, fully amortized mortgage, and make the regular monthly payments until it's paid in full.

> As the years pass and your equity grows, avoid any temptation to dip into it for such things as schooling for the kids, the long-awaited vacation you've always wanted, or the surefire investment your brother-in-law guarantees will put you on Easy Street. Consider your residence a sacrosanct element of

further encumbered or compromised in any manner.

Many a retiree who bought an inexpensive tract house with a minuscule down payment thirty or more years ago, and systematically paid off the mortgage, one installment at a time, is today able to get by with little else than social security. But for a residence, free of debt, this might not be possible.

Al Jacobs, a professional investor for nearly a half-century, distributes a monthly newsletter in which he shares his financial knowledge and experience. ★

You may sign up for it at www. onthemoneytrail.com.

THE MILLIONAIRE **MASTER PLAN**

So you want to be a millionaire? How would you like your own personalized plan to financial success? Well, Social Entrepreneur and Asia's best known wealth educator Roger James Hamilton went from serious debt to being that millionaire. Now he shares that road to success in "The Millionaire Master Plan." When he set out to create his plan, he found that there is no one-size fits all formula to creating wealth. Instead, your own path is determined by what kind of inner genius you already have. There are four kinds. Which one are you?

1. DYNAMO GENIUSES. They love to Create (Richard Branson, Bill Gates, Steve Jobs, Michael Jackson, Thomas Edison).

2. BLAZE GENIUSES. They love to Connect (Bill Clinton, Oprah Winfrey, Ellen DeGeneres).

3. TEMPO GENIUSES. They love to Serve, take their time, and persevere with care (Warren Buffet, George Soros, Woodrow Wilson, Gandhi, and Michael Phelps).

4. STEEL GENIUSES. They love the Details (John Rockefeller, Henry Ford, Mark Zuckerberg).

with Mary Jane Popp

POPPOFF!

You can even take an online companion assessment to discover which kind of genius you are and your current level of wealth in order to find your flow. When you follow your genius compass and grow your flow, you'll move across a spectrum of nine levels of wealth from "victims" to legends". You can chart your own path to developing positive cash flow, designing the life you deserve to live, and making

impact on the world. So why do so many people seeking wealth creation get it wrong, rushing into solutions without first mastering the skills needed? According to Hamilton, it's because we have been taught things about wealth that are not or are no longer true. The first challenge for most is unlearning the five biggest myths of wealth.

1) Myth: You can get wealthy by going into debt to buy assets that will give you positive income so you can no longer have to work for a living.

TRUTH: You've just dug a hole, not a river. All income needs to be managed, which means you need to know how to manage a team and experts who can manage your portfolio of assets.

2) Myth: The more income streams you can start, the wealthier you become.

TRUTH: Success comes from growing teams, not streams: mul-

tiple teams of income. 3) Myth: Wealth comes when you sell out: Plan an exit strategy where you can work hard

now and earn the money later. TRUTH: Don't strive to make a pie so you can sell it. Own the bakery so you can bake as many pies as you want, sell some, and

keep the rest. 4) Myth: The path to wealth begins by being your own boss and choosing what you do and when you do it.

TRUTH: Wealth comes from not being your own boss, but from choosing who your boss will be.

5) Myth: The hero's journey is the nature of entrepreneurship and comes from putting everything on the line for your big idea. Big risks achieve big rewards. TRUTH: From climbing

Mount Everest to going to the moon, the most heroic journeys are the ones that minimize risk: the ones in which you progress deliberately, testing and measuring each step before you take it to stay on the path to success.

That's the start, and now you can go to www.millionairemasterplan.com for more information. The book "The Millionaire Master Plan" is not an infomercial, it's Roger James Hamilton's true story. Good

Sons in Retirement Welcoming New Members

AUBURN, CA (MPG) - Retired? Into Bocce Ball? Come enjoy the fun! Join Sons in Retirement Placer Gold Branch 37 (SIRS), Auburns original Men's Retirement organization. Drop by at the Auburn Elks Lodge 11:00 am first Thursday of every month for a lunch social.

Our September speaker will be Kevin Hanley the newly appointed CEO of the Auburn Chamber of Commerce. He served three terms on the Auburn City Council in 2002, 2006, and 2010.

For 24 years he worked as to 1989 on the carrier Midway. the health and insurance policy consultant in the California Legislature and in the 1990's as an advisor to Governor Wilson.

He helped create the Greater Auburn Area Fire Safe Council and the Think Auburn First program for small business.

Kevin was born in Palo Alto and grew up in Los Altos. He has a BA degree in Political Economics and an MA from Claremont University. He served in the Navy from 1985

Come and hear what is happening in the Auburn business community and what the future looks like.

We have many activities at SIRs. Poker, golf, computers, model airplane flying, bocce ball, etc. There are no dues! We are looking forward to adding new members so come check us out! For information, email mike50moore@icloud.com or call (530) 906-5025.

Source: Michael Moore



THE HUNDRED-FOOT JOURNEY (Rated R) A Film Review by Tim Riley

Going hungry to the movies is probably not advisable with the plentiful gastronomical pleasures on display in "The Hundred-Foot Journey." Buying a large tub of popcorn and assorted snacks of dubious nutritional

value will not satiate the palate. The culture clash of rival dining establishments in a bucolic, sleepy village in the picturesque South of France has all but guaranteed that this charming, enchanting Disney film has all of the substance and staying power of a really nice soufflé from

even the best of French cuisine. "The Hundred-Foot Journey," which by its title alone explains the chasm to be breached between ethnic divisions, has a zest for life that is expressed most potently by the Kadam family, natives of Mumbai that are forced to flee their homeland as the result of incendiary instability that closes down their restaurant.

Wandering through Europe in search of destiny, the family, under the tough but loving guidance of the patriarch, Papa (Om Puri), comes upon a quaint village when they are stranded due to vehicular breakdown.

Though the small town of Saint-Antonin appears to be the most unlikely place to start an Indian restaurant, the headstrong Papa impulsively decides to buy a run-down mansion that once served as an eatery that did not survive the vagaries of discriminating patrons.

The inevitable clash comes when the Kadam family sets up its culinary operation across the street (hence, the hundred feet of distance) from Madame Mallory's (Helen Mirren) exquisite palace of French haute

Riley **Reviews**

CUISINE PLEASURES GO THE DISTANCE IN "HUNDRED-FOOT JOURNEY"

cuisine, Le Saule Pleureur, which is striving for the coveted second Michelin star.

Stubborn, officious and firmly

set in her ways, the uptight widow Madame Mallory is not so much threatened by the sudden appearance of an Indian restaurant as she is disturbed by the loud and brash behavior of Papa Kadam, who has a fondness for blasting Bollywood music.

Pestering the unflustered town mayor (Michel Blanc) with complaints, Madame Mallory is vocal in her distaste for the garish new Indian restaurant, Maison Mumbai, decked out with bright lights, across the road, finding the place offensive to her sense of taste and decorum. Gallic tradition is under assault, and she won't stand for it.

Early on, there is an amusing rivalry between Papa Kadam and Madame Mallory, as each one attempts to one-up the other. The first volley in the culinary war is when Madame buys up all the crayfish at the local farmer's market, thereby causing Papa the headache of scrambling to find enough substitutes for his opening night celebration.

Meanwhile, the star member of the Kadam clan is the humble and sensitive son, Hassan (Manish Dayal), who long ago acquired from his deceased mother the extraordinary gift of culinary talents so impressive that it's only a matter of time before he's discovered by gastronomes (yeah, that means lovers of good food).

As with many young men, Hassan's ambitions are somewhat tempered by the fact that he is immediately smitten with Marguerite (Charlotte Le Bon), the enchanting young woman who befriends his family when they first arrive in town.

It turns out that the lovely French girl is actually a sous-chef at Madame Mallory's establishment. The relationship between Hassan and Marguerite blossoms because of their mutual love

and admiration of the esteemed tradition of French cooking.

Late at night, Hassan can found in his bedroom devouring voluminous French cookbooks borrowed from Marguerite, and though romantic tension simmers between the two cooks, he is most determined to master the magical art of French cuisine, which he is also eager to season with a nice helping of Indian spices.

Some nasty business occurs hen a bunch of hateful thugs attack Maison Mumbai, almost burning it down and spraying graffiti on the street wall with racist taunts. This disturbing event serves to bridge the gap between Madame Mallory and the Kadam family, and soon enough Papa and the lady are dancing and a tender warm glow of mutual attraction follows.

When the barriers come down between the haughty French snob and the tacky Indian clan, Madame Mallory realizes that the gifted Hassan may be her ticket to obtaining the second Michelin star. So she offers him a prime spot in her kitchen where he'll work side-by-side with Marguerite, ensuring some more romantic tension for this comedic drama.

With Hassan adding his own touch to classic French dishes like Beef Bourguigon and Pigeon aux Truffes, the culinary world takes notice. Soon enough and not surprisingly, Madame Mallory's Le Saule Pleureur gets the coveted recognition she craves.

Along with fame comes a significant detour in this otherwise predictable journey. Hassan ends up in Paris, plying his trade in a sterile, glass-and-chrome fancy restaurant that caters only to food snobs. It doesn't seem like it will lead to a happy ending.

But then, "The Hundred-Foot Journey" finds its way back to the feel-good slice of culinary delights that comes from the sentimental cultural exchange of fine French and Indian customs. The prodigal son returns to the village.

Food is often about presentation, and here everything is beautifully on display. Besides, Helen Mirren is always a delight to watch, and Manish Dayal and Om Puri are equally fun. "The Hundred-Foot Journey" is a cinematic excursion worth taking. ★

THE VOICE OF THE FOOTHILLS

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Weekdays The KAHI Morning News with 6 - 9am: Casey Freelove and the KAHI News Team The Dave Ramsey Show 9am - Noon: The KAHI Noon News with Mary West and the KAHI News Team Noon - 1pm: 1 - 4pm: The Savage Nation

The KAHI Afternoon News with Mary Jane Popp 4 - 6pm: and the KAHI News Team Poppoff with Mary Jane Popp 6 - 7pm:

7 - 10pm: Sports Byline USA with Ron Barr TMZ Sports 10 - 11pm:

A Time for Seniors

11pm - 12am: Poppoff with Mary Jane Popp Saturdays

6 – 7am:

7 - 8am: The Swap Shop 8 – 9am: The KAHI Corral 9 - 10am: The Garden Goddesses 11am - 12am: The 45 Guy with Mike Mackenzie 12 - 7pm: Sinatra & Friends Music A Way With Words 7 - 8pm: 8 - 9pm: Rewind with Jimmy Jay

Sundays

7:30 - 9am: Cruisin' Garage & Swap Meet The Crossroads Radio Show 9 - 9:30am: 10 - 11am: The Dew Sweepers Golf Show 11am - 5pm: Sinatra & Friends Music 5pm - 6pm: Talk about Guns 7 – 8pm: A Way With Words 8 - 9pm: Hearts of Space

KAHI is committed to foothills news with News Director, Mary West

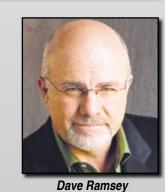


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Mary Jane Popp



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lunches and after school snacks for your little ones, it's easy to get into a rut. But by making a few delicious and convenient choices in the grocery store, you can break away from the same old sandwich routine and serve up nibbles and noshes your kids will love.

Whether your star pupils prefer a savory dip, a light and salty snack or a chewy fruit bar, here are a few great choices you can pack.

SCHOOL

BITES



Pop Up Some Fun

For back-to-school snacking, you can't beat popcorn. Pop up a bowl and let the fun flavor creations begin - sweet, savory or with just a dash of salt. Popcorn is a grab-n-go treat that takes minutes to make. Plus, it's whole grain and contains fiber to fuel the body and keep you feeling fuller longer than other snacks. This beloved treat is also economical, costing mere pennies per serving. For more information, visit www.popcorn.org.



KEEP FOOD FRESH

- Ensure that puddings and yogurts stay cold by freezing them the night before use. You can also freeze water bottles or juice boxes to act as ice packs in lunch containers.
- Keep PB&J sandwich bread fresh by spreading peanut butter on both slices of bread, and avoid saturation by placing jelly in the center.
- Add a paper towel to containers with freshly washed fruits and vegetables. This will absorb any extra moisture, retaining peak texture and flavor.



For a quick burst of flavor at home or on the go, try Sabra Classic Singles with veggies, pita bread, pita chips or crackers. These 2-ounce servings of creamy Classic Hummus are perfect for the lunchbox or on-the-go snacking and portable enough to bring along on any adventure. For more information, visit www.sabra.com.



Photo courtesy of Getty Images

Serve a Satisfying Snack

Do you need an easy way to pack more protein, calcium and other nutrients into your family's diet? You can't go wrong with a kidfriendly kitchen staple like low-fat yogurt. With a wide array of textures, consistencies and flavors, there are sure to be several varieties that even the pickiest eater will enjoy. Take these beloved flavors to new heights with toppings such as dried fruit, organic granola, dark chocolate and coconut shavings.

Fuel Their Day

Help them have a great day at school by serving those little learners the proper fuel. With a commitment to creating all natural snacks you can feel good about giving your kids, Nature's Bakery Fig Bars are cholesterol free, dairy free and kosher. From the sweetness of Blueberry to the tartness of Lemon, these bars are available in a variety of jam-packed, fruity flavors. For more information, visit www.naturesbakery.com.

www.PlacerSentinel.com

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Why Government Fails, and What We Should do About it



Commentary By Lee H. Hamilton

As election season approaches, I've been pondering a crucial issue about the role of government in our society. It's that our government often fails — and that we need to address this. What's odd is that while the frequent failures in government's performance are very much on ordinary people's minds, politicians don't talk much about fixing them.

True, you might hear a few words about the issue when members are back in their districts this month revving up their re-election campaigns, but for the most part they'll be focused on issues like jobs and the economy. This is understandable, because that's what their constituents expect to hear about.

But it's also a shame, because we need a healthy dialogue about why government often fails and how to fix it. There's ample cause for concern. The VA appointments scandal; the botched launch of the Affordable Care Act; duplicative programs to help lowincome families; the 28 years of missed inspections that led to the explosion of the fertilizer plant in West, Texas; scandals at the General Services Administration and the Secret Service; a broken federal appointments process; the regulatory screwups that contributed to the Great Recession; auto recalls that should have

happened much sooner than they did; the failure to prevent the 9/11 terrorist attacks by sharing information within government; bridge collapses and infrastructure failures.... There's a long and dispiriting list of occasions when the federal government has fallen

Yet the issues surrounding government performance don't stir the passions. Progress comes slowly, the media's not especially interested in the tedious story of building competence, and politicians themselves look for home runs, not singles. They want to make grand proposals, not spend their time digging into the nuts and bolts of fixing bureaucracies.

Moreover, as political scientist Paul C. Light has amply demonstrated, government failures happen for a long list of reasons that cannot be fixed easily, painlessly or quickly. Sometimes problems are rooted in policies that were ill-conceived, too complicated, or not well communicated. Sometimes the policies were fine, but the resources necessary to implement them were inadequate or misused. Politics often gets in the way of good policy, with efforts to undermine programs by making their implementation difficult or by cutting staffs and budgets.

There are organizational and institutional problems, poor oversight, poor leadership no matter how good a policy, if good people aren't available to carry it out, it will fail — and government's alarming difficulty attracting and keeping highly qualified administrators. Often, leaders are bored by the nittygritty of management.

Still, these are challenges, not barriers. If our political leaders wanted to focus on improving government management and policy implementation, there's no shortage of fixes they could for 34 years. make.

— They could ensure that federal agencies use pilot and trial programs much more frequently than they do now.

- They could mandate better and more rigorous evaluation procedures and the use of metrics that lay bare what works and what doesn't. There's more attention being paid these days to efficacy than there used to be, but it's still a trickle compared to what's needed.

- They could avoid rushing to announce programs, strive to get it right rather then get it quickly, and pay as much attention to follow-through as to the launch. Think about long term, not the next election, and make sure the mission is sharply defined.

They could devote far more attention to how government will recruit, retain, and train the smart, highly qualified workers we need to carry out ever-morecomplex programs. And they could vow to reduce the number of political appointees in favor of filling most positions on the basis of merit.

They should certainly flatten the chain of command and reduce the layers of bureaucracy within federal departments and agencies, so that it's easier for top administrators to see what's taking place on the front lines.

 In the case of Congress, it needs to ensure that vigorous oversight of programs becomes a habit, not the rarity it is now.

All of us want government to fail less often, whatever our political stripe. So here's my suggestion: As election season approaches, insist that your favored candidate work harder on making government more effective and efficient.

Lee Hamilton is Director of the Center on Congress at Indiana University. He was a member of the U.S. House of Representatives

Asking for a Raise

Dear Dave,

What's your advice on asking for a raise at work when you have more responsibility than a co-worker but the same title on paper? After being with my company four years, I feel like I should make more money and I have the right to complain about this.

Vanessa

Dear Vanessa,

Sorry, no. You don't have a right to complain. You agreed on your pay, and you are doing your job the way your character and integrity tell you to do the job. If someone else is a slacker in the same position, that doesn't mean a whole lot in terms of your personal compensation.

I've got several people at my company who hold similar positions and make similar money. Some of them have been here for years, while others are relatively new. I don't pay people for how long they've been in the building, and I don't want anyone on my team who doesn't give 100 percent. Now, that may be a different issue than pay, but at the same time I don't want someone who gives 50 percent and I pay them 50 percent. I want everyone at 100 percent, but that kind of thing isn't your problem. It's the company's problem, because she

works for them and not you. If you honestly feel like you deserve a raise because of your effort and performance, that's fine. Sit down with your leader and make a logical and reasonable argument for why you deserve more money. But don't bring up your co-worker and what he or she makes in the discussion. That's just not relevant. What is relevant is your worth and the value you bring to the organization.

But a comparative analysis with someone else on staff just isn't a good idea. I'd stay away from that, Vanessa.

- Dave

Paying the Insurance **Penalty**

Dear Dave,

My wife and I live in New York, and we've had whole life insurance for several years. There's a seven percent penalty if we cash out the policies now. If we wait a few years, we won't have to pay into the premiums anymore. Should we cash out the policies anyway?

Brian

Dear Brian,

The reason you won't have to pay into the premiums anymore is because you built up enough savings, and they are not paying you enough on the savings to amount to anything. The amount

they should have been paying you versus the way they were ripping you off will buy the life

Dave Says

It's not like you can pay for it because you still have probability of death. As long as there's a probability of death there's a cost to life insurance. The only question is whether you're paying out of your savings account or your checking account. In this case, you're paying out of savings.

The seven percent figure is just your surrender charge, so I'd get out of that policy soon. Here's the problem, Brian. If you die today, do you know what they'll pay? Face value. They won't pay face value plus the savings you paid for. In other words, you'll lose your savings.

I'd get term life insurance in place by the end of the week. Compare prices on term, because you'll be surprised at the difference some companies charge for term insurance. Make sure you get good 15- to 20-year level terms policies valued at 10 to 12 times your annual incomes. - Dave

* Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books. The Dave Ramsey Show is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.



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