



PCWA Wins Water Efficiency Award
Page 10

PLUS: Discipline Comes to Dodge City
Page 3



Placer Sentinel

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Who Owns Nevada?



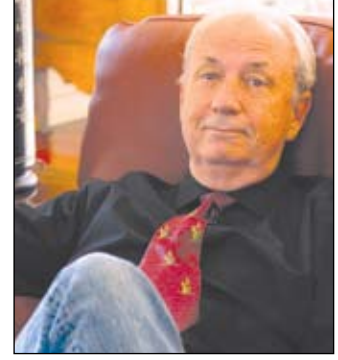
Page 10

Rep. LaMalfa Receives Award



Page 3

Michael Nesmith Embarks On West Coast Tour



Page 4

When the Government Takes Your Money Illegally, Shouldn't You Get it Back?



By George Runner

Did you know, if the State of California takes your money in the form of an illegal tax or fee, you might not be able to get it back?

I was outraged when I first learned if a taxpayer pays a tax or fee that is later found to be unconstitutional or illegal in court, the government does not necessarily have to refund their money.

Currently, taxpayers are only eligible to receive refunds if they have exhausted all of their "administrative appeals remedies," even if the tax they paid is later declared illegal or unconstitutional.

In order for taxpayers to exhaust their "administrative appeals remedies" they must file a timely refund claim with the proper agency. The time period to file a refund claim is different for each tax and fee program, ranging anywhere from 30 days to several years.

That's right; your state

government will keep any and all money it illegally took from you, unless you have already jumped through several confusing administrative hoops – even hoops that you were never aware of.

That's why this legislative session, I am proud to sponsor legislation to change this situation by extending important, common sense protections to taxpayers. Two identical measures, AB 2510 (Wagner) and SB 1327 (Knight), would require the state to provide a full refund to all individuals who paid a tax later declared unconstitutional or illegal.

These bills would require the state to automatically issue refunds to taxpayers who were illegally taxed. It would also open up an additional appeals period of one year after a state tax is declared unconstitutional, giving taxpayers a chance to apply for the refunds they deserve.

Our legislation would apply to state taxes and fees paid by both businesses and individuals, and would affect people all across

California.

For example, these bills would apply to the controversial Fire Prevention Fee, paid by nearly 800,000 rural homeowners every year. Even if the class action lawsuit currently challenging the fire fee is successful, only taxpayers who filed appeals within 30 days of the date on their bills would be eligible for refunds. Under SB 1327 and AB 2510, every fire fee payer would receive a refund.

Businesses and large taxpayers would also benefit from these bills becoming law. For example, a number of years ago the Board of Equalization (BOE) overstated the property values of a number of power plants. One of the plants, Elk Hills Power, sued the BOE and eventually won, resulting in a partial refund of the taxes it paid. However, several other plants were deemed ineligible to receive a refund because they did not protest the original assessment.

In my opinion, this is just wrong.

According to SB 1327 author

Senator Steve Knight: "When government makes a mistake, they need to do the right thing. This bill would return illegally collected taxes to the taxpayers... it's just common sense."

Assemblyman Donald Wagner, author of AB 2510, adds: "When California taxpayers have been illegally forced to pay a tax, it should not be their responsibility to fill out paperwork that they may or may not know exists, in order to recoup this money. The State needs to reimburse the taxpayers as quickly and painlessly as possible – it is not our money."

It is criminal that the State of California can keep money it illegally collects from its citizens. Anyone who in good faith pays what ends up being an illegal tax should get their money back. It's as simple as that. ★

George Runner represents more than nine million Californians as a taxpayer advocate and elected member of the State Board of Equalization. For more information, visit boe.ca.gov/Runner.

PIRS Hosts 16th Annual Dinner and Auction

PLACER COUNTY, CA (MPG) - On Saturday, April 26, 2014, Placer Independent Resource Service (PIRS) will host its 16th Annual Tri-Tip Dinner and Auction. It will be held at the Mt. Vernon Grange, 3185 Bell Road, Auburn. Dinner, prepared by the Auburn 49er Lions Club, will be served at 6 p.m. The menu includes tri-tip and grilled chicken. A vegetarian option is available. All are welcome.

PIRS is collecting a variety of enticing items from local businesses to be offered at a silent auction and the always animated live auction. You might win a door prize, too!

Tickets, \$15.00, can be purchased at Placer Independent Services (PIRS), 11768 Atwood Road, ste. 29, Auburn, or call (530) 885-6100 to make other arrangements. Seating is limited, so early purchase is recommended.

PIRS is a 501c3 tax-exempt organization providing services to those with disabilities in Placer, El Dorado, and Alpine Counties. This organization advocates for the rights of people with disabilities, educates the community about disability issues, and provides services to persons with disabilities to live independent, productive lives.

Any person with a disability is eligible for services from this organization.

Services are free of charge and include: assistive technology resource development, personal assistance referral, peer support, benefit counseling, housing resource advocacy, independent living skills training, minor home modifications, community outreach, and individual and systems advocacy.

If you have questions about this event or any of the services offered by Placer Independent Services, feel free to call (530) 885-6100 or (530) 885-0326. Learn more about PIRS at www.pirs.org. ★

Source: Placer Independent Resource Service

PCWA Offers Help, Advice on Getting Through the Drought

AUBURN, CA (MPG) - Directors of the Placer County Water Agency on Thursday (Apr. 17) heard a series of staff reports on the agency's efforts to reduce water use during the current drought.

PCWA drought project manager Tony Firenzi reported that letters were mailed to all 38,000 customers informing them of the water use restrictions adopted by the Board at its April 10th meeting and advising them of actions to be taken to achieve the necessary reductions in water use.

Director of Administrative Services Michael Willihnganz reported that the agency's 2014 Drought Updates webpage (www.pcwa.net) has been improved over the last few days. "We have a much more vibrant and robust drought page now. We've added many water savings tips for both treated and untreated water customers, a water use calculator, and a water efficient landscape resources section where customers can find local nurseries and growers, irrigation houses, and information on eco-friendly landscape designs. These are all great resources

to help customers stay informed about the drought and use less water," he said.

Deputy Director of Customer Services Linda Yager said the agency is ramping up customer outreach efforts to emphasize the importance of water efficiency now and throughout the duration of the drought.

Yager, who manages the PCWA's water efficiency program, says there are many available resources to help people save water. "Many people ask what they can do to save water," said Yager. "Here are some of the best ways to save: Limit showers to five minutes or less, wash only full loads of dishes and clothes, and fix plumbing leaks immediately. Outside, limit landscape watering to two days per week, use native and drought-tolerant plants in your yard or garden, and adjust sprinklers to reduce overspray and runoff."

In other business, PCWA directors:

- heard an update on a private water project in the Granite Bay area where the Hidden Valley Community Association is

replacing a very old water system. The project is slated for completion later this year at a cost of about \$3.4 million, with each property owner contributing about \$21,000.

- welcomed Placer County author and agricultural booster Joanne Neft, who briefed the board on the growing local food movement and the importance of water in supporting local agriculture.
- welcomed Shaun Rundle, newly-appointed representative for Region 3 of the Association of California Water Agencies (ACWA). PCWA is an active participant in Region 3 and statewide ACWA affairs.

The next regular meeting of the PCWA Board of Directors will be held at 2 p.m. on May 1 at the PCWA Business Center, 144 Ferguson Road, in Auburn. PCWA board meetings are open to the public.

Information on PCWA board meetings may be obtained through the Clerk to the Board at (530) 823-4850 or (800) 464-0030. ★

Source: Placer County Water Agency

Colfax Chamber of Commerce Mixer

PLACER COUNTY, CA (MPG) - Prepare to step back in time and history when you attend the Colfax Chamber of Commerce mixer May 21, 2014 hosted by the the Colfax Museum.

See all of our presidents that were knitted by the Knotty Knitters and won first place in the show in Chicago, authentic military uniforms, the history of Colfax in pictures, mining relics and of course, meet the Director, none other than Colfax's own Helen Wayland.

The mixer will be held at the Depot building 99 Railroad street from 5:30-7:30 p.m. Finger foods and beverages will be available.

Admission: \$5.00 for members and \$7.00 for non members which includes and a drink ticket for water, soda, beer or wine.

Great Raffle Baskets will be raffled off! Buy lots of tickets and Good Luck. ★



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By Linda Frederick Yaffe

PLACER COUNTY, CA (MPG) - Two big coaches pulled up to the bus stop at the same time. Dozens of people rushed to get on board as busy drivers stacked luggage in the hold. Several destinations were clearly marked on the front of each bus in large, brightly-lit digital letters. But which bus was ours? We were in Macedonia. The words were written in the Macedonian Cyrillic alphabet. We had to think fast: the upside-down "h" is "ch," the "b" is "v," the "h" is "n," the "3" is "z," the "x" is "h." Each word presented us with a puzzle that must be quickly solved: a humbling experience.

To people who cannot read and write, each word they see might as well be in the Cyrillic

Finding the Right Bus

alphabet. Words look mysterious, puzzling...and frustrating. My friend, who struggles with Dyslexia, describes what a page of writing looks like to her: some words appear whole and recognizable, while other words look "like hieroglyphics." She reads the words she knows, but must use her considerable intelligence and imagination to "fill in" the rest of the information. Reading, though a life-long pleasure for her, is challenging and time-consuming. Other learning disabilities - neurological problems or poor vision or hearing - create reading barriers. Some individuals simply slip through the cracks of the education system; they need extra help.

We humans are defined by language. For those who have low reading skills, or who cannot read at all, words - the greatest power on earth - have little power. When vocabulary is poor, means of expression are limited. Communication is weaker. Thoughts are less organized. Twenty-three percent of Californians - people who grew up in English-speaking households - have such poor language skills they cannot complete a simple, one-page job application.

You can help. Tell everyone you know that FREE READING

HELP -- friendly, one-on-one, and completely confidential -- is available throughout Placer County. Placer Adult Literacy Service (PALS), a Placer County Library program since 1985, can help. Contact PALS: (530) 886-4530, or PALS@placerlibrary.org.

And you can help by joining the Literacy Support Council of Placer County: become a READING BOOSTER. Reading Boosters support PALS: we organize and advocate for literacy. We would love to meet with you to hear your thoughts and creative new ideas. Contact Literacy Support Council of Placer County: PO Box 5291, Auburn, CA 95604-5291, or LSCplacer@yahoo.com.

You can also help by serving as a READING COACH. Teach someone to read. Lift up their lives, and the lives of their family, friends, Reading Coach, employer, and our entire community. Complete the enjoyable, informative Reading Coach training; share the excitement of helping an individual in your community to change their life through reading. Volunteer today.

Everyone deserves to find the right bus...and get to where they want to go. ★

Gunsmoke: Discipline Comes To Dodge Comedy Murder Mystery Dinner Theater

PLACER COUNTY, CA (MPG) - "Gunsmoke: Discipline Comes To Dodge," written and directed by David B. Atkinson is inspired by the hit TV series, Gunsmoke, which ran for 20 years from 1955 to 1975. As the show begins, Marshall Matt Dillon arrives with his deputy Festus Hagen to announce that the Mayor of Dodge City, Ben Cartwright has been murdered under mysterious circumstances. Matt asks the audience to help with this investigation by questioning the other characters in attendance. These characters include Miss Kitty Russell the owner of the Long Branch Saloon where the show takes place, Doc Adams the town doctor who also has developed a drinking problem and a new comer, Audra Von Paine, who has recently opened a competing saloon across the street which offers gambling and girls who will give a cowboy a little discipline if they are so inclined.

As the show unfolds, a delicious gourmet buffet dinner is served while alibis and theories are offered by the characters as they mingle with the audience from table to table. Another murder takes place and the investigation broadens as the cast performs several western songs



From "Gunsmoke: Discipline Comes To Dodge" (Clockwise from left) Dave Atkinson as Marshall Matt Dillon; Latima Good as Audra Von Paine; Andrea Fox as Kitty Russell; Rick Osborn as Festus Hagen; Robert Landrum as Doc Adams. Photos courtesy Debbie Brown Photography 916-645-3356 www.debbiebrownphoto.com

including Audra Von Paine's version of "I'm Tired" made famous by Madeline Kahn in Blazing Saddles. After a third murder is committed the audience is asked to offer their theories of who done it and why by filling out answer sheets. A solution scene wraps up the mystery with arrests being made of the guilty parties. Prizes are awarded to the best and worst detective teams in the audience.

Writer and director Dave Atkinson explains, "These murder mysteries have been very well received and are a lot of fun

for couples or groups to come and work together to solve them. We offer a unique blend of comedy, mystery and live music along with a delicious buffet dinner. I encourage anyone who has not seen one of our shows to give it a try they are like no other mysteries out there."

For more information on these shows, contact MMG Productions please call Dave Atkinson: (916) 230-1335 or visit their website: www.mmg-site.com. ★

Source: McClellan Marketing Group

Historic Haunts: A Tour of the Old Auburn Cemetery

PLACER COUNTY, CA (MPG) - Please join us at the Old Auburn Cemetery for Historic Haunts: A Tour of the Old Auburn Cemetery on Sunday May 4th at 1:30 p.m. The Old Auburn Cemetery has a rich history and if you stroll through any part of it you will meet the people from our past who developed and molded the foundation upon which we all live.

The tour will last about an hour and includes 18 notable plots. Also, the Native Sons

of the Golden West will have their restored 1860s hearse and 1890s mudwagon on display for photographs.

The first tour begins at 1:30 p.m. and the last tour will start no later than 3:45 p.m. You do not need to reserve your tour, simply show up and register and we'll organize everyone into tour groups. The tour will start at the back left side of the cemetery as you walk in the main gate. This is a rain or shine event, so please dress accordingly and wear

comfortable shoes. Free bottled water will be available.

The Old Auburn Cemetery is located at 170 Fulweiler Avenue across from the Placer County Administrative Center where you may also park. Please remember that there are no restrooms in or near the cemetery, so plan accordingly. The tour is FREE!

For more information, please call the Placer County Museums office at (530) 889-6500. ★

Placer County Museums Division

Salons Unite to Fight Child Abuse

AUBURN, CA (MPG) - BRIX The Salon in Auburn has joined a national initiative fighting child abuse and will host a benefit on April 28th in support of Childhelp®, a leading national non-profit organization dedicated to helping the victims of child abuse and neglect and at-risk children. To help end this epidemic, salons across North America participating in the Eufora Friends program have pledged to host Childhelp® fundraisers during April, which is National Child Abuse Awareness Month.

"Child abuse statistics are astounding - one in three people are victims, which means it is a tragedy that touches us all in some way," said Becki and Jay Jacobs, owners of BRIX The Salon. "Our goal is not just to raise money for

the cause, but to help raise awareness in our local community and encourage others to take a stand."

BRIX The Salon will donate 100 percent of proceeds from The Salon-A-Thon Event. Everyone at BRIX The Salon is coming into the salon on their day off to offer haircuts, blowouts, polish changes, and brow waxing at discounted prices. Please make your checks payable to Childhelp for this event. Walk-ins are welcome, no appointments needed! Enter the raffle for a chance to win a basket valued at over \$200. Tickets are \$5.00 each and the basket includes Yon-Ka and Eufora products, and other donations from local places in North Auburn. The raffle drawing will be at 3:30 p.m., you do not have to be present to win. The event takes place from 9:00

a.m.-3:00 p.m. at 11990 Kemper Road, Auburn, CA 95603. BRIX The Salon is located on the corner of Hwy. 49 and Kemper Road.

BRIX The Salon's fundraising event will include: Haircuts \$25.00 - \$35.00, Blowouts \$25.00, Brow waxing \$10.00, and Polish changes \$5.00 (hands only). Note: BRIX the salon always offers complimentary scalp massage with every hair service as well as other added value to your experience, however for this event we will be offering simple haircuts with minimal styling. This day will be all about raising money for abused children. Walk-ins only.

For more information about Childhelp, call 480-922-8212 or visit www.childhelp.org. ★ Source: BRIX The Salon



Advertisement for Allied Insurance and Auburn's Insurance Center. Includes contact info for Richard Flores, Tom Jones, Bryan Flores, Anna Bethel, Karen Magorian. Phone: 530-823-6844, 1-800-207-9851. Website: www.auburninsuranceagency.com

Advertisement for MAKI HEATING & AIR CONDITIONING, INC. Celebrating 30 years in business. Special coupons for \$30 diagnostic, \$30 off repairs, and \$30 off following visit. Contact: (916) 782-9242, (530) 885-3449. Website: www.makiair.com

Advertisement for Placer Sentinel newspaper. Includes tagline "Written by the people and for the people", serving Auburn and Placer County since 1987. Contact info for subscriptions and advertising.

Advertisement for Publisher Paul V. Scholl. Includes list of contributing writers, photography, and advertising sales. Publisher's statement on objective reporting. Contact info for Paul V. Scholl.

20th Fun Golf Tournament

PLACER COUNTY, CA (MPG) - The Auburn Host Lions Club launches its 20th Fun Golf Tournament Friday, May 30th at the Ridge Golf Club. Limited to 144 players only. \$125 per player includes breakfast, lunch, carts, prizes and contests. Opens at 7:00 a.m. Benefits go to local charities. Players and sponsors wanted.

Quality Raffle Prizes: Various donations from local restaurants, stores, and Reno Hotels, over 40 in all. Silent auction items and various gift certificates from Catta Verdera, The Ridge, Dark Horse, Apple Mountain, Black Oak, Auburn Valley, etc. Very



special wines will be plentiful. For more information contact Pip Stoutenburg: (530) 823-8160 or pipstout@sbcglobal.net. ★ Source: Auburn Host Lions Club

Rep. LaMalfa Receives "Spirit of Enterprise" Award

REDDING, CA (MPG) - Rep. Doug LaMalfa (R-CA) was recognized today with the U.S. Chamber of Commerce's Spirit of Enterprise Award, given to Representatives who have led efforts to make the United States more business-friendly. LaMalfa was presented with the award by the Redding Chamber of Commerce Wednesday afternoon.

"As a family farmer and small business owner, I know firsthand the need to reform our nation's overbearing regulatory system," said Rep. LaMalfa. "While I am honored to receive this recognition, our efforts to return common sense to the federal government have a long way to go."

"Congressman LaMalfa has been a strong friend of business in the U.S. Congress. Throughout his career, he has understood the needs of the small businessperson and has responded," said Tony Jaegel, Chairman of the Board of the Redding Chamber of Commerce.

Among other priorities, the Chamber cited the following policy victories in 2013:

- Passage by the House of LaMalfa's H.R. 1038, which



Doug LaMalfa is a lifelong farmer representing California's First Congressional District, including Butte, Glenn, Lassen, Modoc, Nevada, Plumas, Shasta, Sierra, Siskiyou and Tehama Counties. Photo Courtesy of the office of Doug LaMalfa

helps ensure that public utility ratepayers are not adversely impacted by the Dodd-Frank financial reform bill.

- House passage of H.R. 624, the Cyber Security Information Sharing & Protection Act, to protect businesses from cyber-attack and which included an amendment by Rep. LaMalfa prohibiting warrantless surveillance

of American citizens.

- Passage in the House of H.R. 367, the Regulations from the Executive In Need of Scrutiny (REINS) Act, which strengthens congressional oversight of the regulatory process and requires major new regulations to receive congressional approval. LaMalfa was a cosponsor of the bill. ★

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We invite you to stop by to meet Lori Twardus at our Auburn branch:

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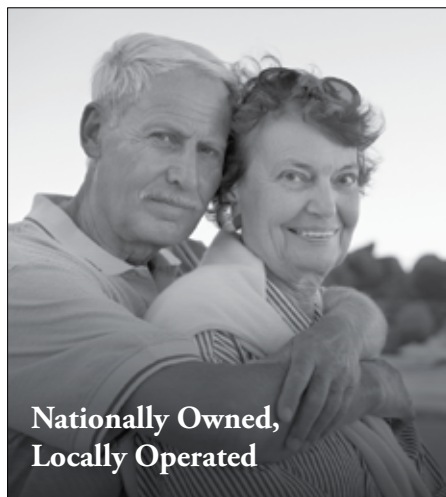


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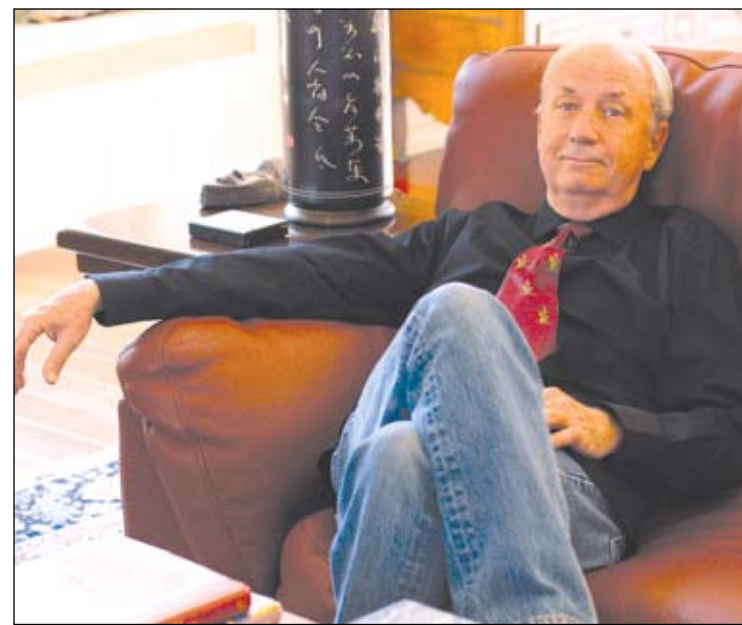
Nesmith Embarks On West Coast Tour

PLACER COUNTY, CA (MPG) - In a reprise of his U.S. tour earlier last year, Michael Nesmith will embark on a West Coast tour. Dubbed the "Movies of the Mind Tour," the shows will touch on the highlights of Nesmith's 50-year music career.

Nesmith elaborates on the concept: "This tour amplifies and expands the notion started a few tours ago of the Movies of the Mind. As an introduction the songs are placed in a setting for the audience — just a simple straight-ahead notion of where the song might live — a setting like the setting for a gemstone in a ring or a bracelet or on a necklace. The songs and performances and arrangements remain the centerpiece so it is an evening of music well played. But the Movies of the Mind idea has been so well received that I have refined it and brought a few more songs into the concept.

Nesmith is a musician, songwriter, actor, producer, novelist, businessman and philanthropist, well known for his start as the singing, wool-capped, Gretsch guitar-slinging co-star of the Monkees television series (1966-68). His songs were recorded not only by the Monkees ("Papa Gene's Blues," "The Girl I Knew Somewhere," "Mary, Mary," and "Listen to the Band" among others) but also by Linda Ronstadt & the Stone Poneys ("Different Drum"), the Nitty Gritty Dirt Band ("Some of Shelley's Blues") the Butterfield Blues Band and Run-DMC ("Mary Mary").

He executive-produced the movies Repo Man (1984), Timerider,



Nesmith is a musician, songwriter, actor, producer, novelist, businessman and philanthropist, well known for his start as the singing, wool-capped, Gretsch guitar-slinging co-star of the Monkees television series (1966-68).

and Tapeheads and founded Pacific Arts, a record, film and video production house and book publisher. He was the first and only winner of the Grammy Award for Video of the Year for his 1981 long-form video Elephant Parts. He is also the inventor and founder of Videoranch3D, for which he holds a patent.

The tour will focus primarily on Nesmith's post-Monkees work, both solo and with the First National Band. This body of work has been described by Rolling Stone as "the greatest music never heard."

"I hope these tours will increase the interest and serve as a way for people to discover this music," Nesmith adds. "It is a lot of music created over a lifetime and I believe people will enjoy finding it once they do. I

am having a lot of fun and loving the performances, so I want them to grow in attendance and frequency and do more. The players are all wonderful and inspired by the show so it is a great evening.

"We are going back to many places we have already played — where the shows were sold out and there was a demand for repeat performances — but for the most part this tour goes to new venues in new areas where we hope to introduce new audiences to this music and presentation.

"I think it makes for a great evening out," he concludes. "At least for me it does." ★

Michael Nesmith's Movies of the Mind West Coast Local Tour Dates:
Sat., May 3 GRASS VALLEY, CA
The Center for the Arts

Own a Piece of History – State Theatre Seats for Sale!

AUBURN, CA (MPG) - In advance of the Tear Down the Wall renovation beginning May 1, 2014, Auburn Placer Performing Arts Center (APPAC) is selling the State Theatre's 1960's vintage theatre seats. There are 100 total for sale, priced at \$25 each, and may be purchased at any time. Seats may be picked up beginning Saturday, May 3 at the State Theatre between the hours of 11:00 a.m. and 1:00 p.m. Please contact the State Theatre Office:

(530) 885-0156 or appac@att.net.

Tear Down the Wall renovation will remove the central wall that currently divides the auditorium, creating a much larger space and revealing the original proscenium arch and 40-foot stage. The State Theatre is schedule to re-open in Fall 2014 with 320 seats, upgraded box office and green room. APPAC thanks the many generous community members and businesses who have made this renovation

possible, although more is still needed to reach our goal. Please donate today!

Donations can be made at the APPAC Office, 985 Lincoln Way in Auburn, or online at www.livefromauburn.com. Thank you!

APPAC is a 501(c)(3) non-profit organization, tax ID 68-0477472, all donations are tax-deductible. ★

Source: Auburn Placer Performing Arts Center

PCWA Wins Water Efficiency Award



PLACER COUNTY, CA (MPG) - The Placer County Water Agency has won a statewide award from the California Municipal Utilities Association (CMUA) for an innovative program that uses advanced geographic information systems (GIS) mapping technology to identify high-use water areas and notify customers of their usage. Pictured, from left, PCWA Board Chairman Joshua Alpine, Deputy Director of Customer Services Linda Yager, Director of Customer Services Matt Young, CAD/GIS Supervisor Abe Hendricks, and PCWA District 3 Director Mike Lee. The award was announced at Thursday's (Apr. 17) meeting of the PCWA Board of Directors. Source: Placer County Water Agency

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A man or woman's total image depends a great deal on healthy, fashionable hair. A lovely head of hair can make any person look and feel exquisite.

Busy people find *The Beauty Bar Salon* at Nine Depot Street, Suite #3, in Colfax, to be the most progressive hair design studio...and for good reason. The precision haircuts they specialize in provide you with high fashion styling along with easy-to-care-for simplicity. The hair experts at *The Beauty Bar Salon* are known for technically correct haircuts and styling done according to your facial bone structure and hair texture so that your haircut flatters your face. That's the way it should be done!

Perms, highlighting, coloring, and more are also provided by *The Beauty Bar Salon*.

The editors of this *Consumer Business Review* highly recommend *The Beauty Bar Salon* as the best place in our entire readership area to achieve the "Look That Spells Success!"

Golden Swann Jewelry & Collectibles

One-Of-A-Kind Jewelry * World Class Collectibles
Glass To Bronze Home Décor
530-823-7926

www.goldenswann.com

A jeweler in the old fashioned tradition, *Golden Swann Jewelry & Collectibles* first concern is the satisfaction of their customers!

Golden Swann Jewelry & Collectibles at 881 Lincoln Way, in Auburn. Their service and quality merchandise is unbeatable and you'll enjoy shopping where your business is appreciated. Stop in today for jewelry of lasting value.

Golden Swann Jewelry & Collectibles is the area's leading custom and one-of-a-kind design jeweler.

In compiling this *Consumer Business Review*, the editors, make prominent mention of *Golden Swann Jewelry & Collectibles* and recommend them to ALL of our readers!

J.C.'s Upholstery

Custom Upholstery * Cars * Boats * Rv's
Quality Repairs * Quality Fabrics
Commercial & Residential
530-305-3318

Specialists in all types of upholstery and heavy fabric work, *J.C.'s Upholstery* has become known throughout the area as being THE place to go when only the best is good enough! Whether you want a couch and chair recovered, a new seat for your car, boat or RV, an upholstered restaurant booth, this is the place to go!

J.C.'s Upholstery at 140-A Juniper Drive, in Auburn, can make nearly anything from quality fabric, vinyl or leather.

Heavy duty sewing machines will handle the toughest fabrics with ease and the skilled craftsmen are thoroughly schooled in all phases of the upholstering art. Regardless of what you need...if it's upholstery, *J.C.'s Upholstery* can handle it!

The editors of this *Consumer Business Review* recommend that all of our readers remember *J.C.'s Upholstery* for any type of upholstery work they may need. Pick-up and delivery services are available...make an appointment TODAY!

Lakes Nursery

Largest Selection Of
Japanese Maples In Northern California
Open Every Day * 9am To 5pm
530-885-1027

www.lakesnursery.com

For the hardiest, most beautiful nursery stock anywhere, it's *Lakes Nursery* in Newcastle, at 8435 Crater Hill Road. Here you'll find a dazzling array of uncommon and unusual varieties of plants, Azalea's, Bamboo or unique conifers to name a few, that are just right for any landscaping project that you may have in mind.

Maple trees for shade or beauty are available. Your friendly local nursery has these too...in all varieties and sizes. Start something growing today...it's the natural way to make everything beautiful!

Lakes Nursery has a lot more than just the plants and trees to make your home or business bloom with beauty. They specialize in garden art and outdoor furniture and can offer many helpful suggestions for the enhancement of your grounds.

The editors of this *Consumer Business Review* urge YOU to see *Lakes Nursery* in Newcastle, today, and do something "naturally beautiful" for your home or business!

Don's Carpets, Inc.

Serving Auburn Since 1972
Residential & Commercial
Carpets * Vinyl * Hardwood * Laminate * Luxury Vinyl Tile
Repairs * FREE Estimates!
Call 530-885-0756

www.donscarpet.floorsight.net

Carpet is one of the major items in the interior decoration of any home or business. Be sure that you do business with the area's leading floor covering dealer: *Don's Carpets, Inc.* You'll get sound advice, the finest floor covering and expert installation in one convenient stop.

Don's Carpets, Inc., located at 11835 Edgewood Road, in Auburn, specializes in name brand flooring products for every room in your home or office. Their selection is complete, and they will offer many helpful tips as to which style to use and what's the best value for the money. Their professional staff is constantly researching and analyzing the market to find the latest advances in floor covering technology and new products for your floors.

In compiling this *Consumer Business Review*, the editors take this opportunity to offer our congratulations to *Don's Carpets, Inc.* for their part in the growth of the community. We highly recommend *Don's Carpets, Inc.* to our readers!

Meritage Auto Repair * Meritage Auto Repair

European Cars
530-886-8900

Asian & American
530-886-0800

Wouldn't it be nice to be able to take your car to just one place for all of your repair work? In Auburn there is such a place and we're talking about *Meritage Auto Repair!* With shop facilities at 984 Lincoln Way for European Cars, and at 1145 Lincoln Way for Asian and American cars, *Meritage Auto Repair* is the area's leading repair shops. Ask any one who's used their services. They'll tell you this is the ONLY stop you need to make on your way to worry-free driving!

From a simple oil change to a complex engine repair, *Meritage Auto Repair* has the equipment, parts and skill to repair or replace any part that may malfunction. With years of recommendations behind them, *Meritage Auto Repair* has established the type of reputation you can trust!

So, when you need ANYTHING done to your car, see the best...first.

The editors of this *Consumer Business Review* recommend you make an appointment with *Ray* at *Meritage Auto Repair*. He'll take good care of you at prices you can afford!

Sierra Auto Body

Foreign & Domestic
Call 530-823-1202

Many people have looked far and wide for someone who does good body work. The automobiles of today require a specialist to repair or replace body panels and to refinish them to their original beauty by matching the new paint accurately with the original.

The professionals to see are at *Sierra Auto Body*, 120 Borland Avenue, in Auburn.

The team at *Sierra Auto Body* fully understand body and fender repair as well as auto painting. They are the professionals in the industry. They have gained a reputation second to none throughout the entire area. So whether your job is just a small crease or a roll-over, you will be entirely satisfied with the work you receive from *Sierra Auto Body*.

Remember, by law, insurance companies must permit you to choose the body shop you like best. Choose the experts at *Sierra Auto Body* to do all your insurance work.

The editors of this *Consumer Business Review* are proud to endorse the fine business policies and quality work of *Sierra Auto Body!*

Monroe Transmission

Your Transmission Experts
Automatic & Manual Transmissions * Clutch Repair
Newcastle / 916-663-4116
Yuba City / 530-751-2238



Quality transmission repair is what you'll find when you bring your car to *Monroe Transmission* located in Newcastle, at 9093 Old State Hwy., and in Yuba City, at 1397 Colusa Hwy.

Monroe Transmission operates on the highest level of integrity...fair and honest work at reasonable prices, and they've built their reputation on it. They can work on computer controlled transmissions, automatics, four-wheel and front-wheel drives, and clutches on standards.

They can repair all makes and models, foreign and domestic, and offer exchange service on rebuilt units. Your car should only be tied up for one day in most cases. Guaranteed honest work and service, affordable work that lasts and lasts are just a few more reasons why you should consult *Monroe Transmission* for any transmission service your vehicle may need.

The editors of this *Consumer Business Review* are proud to recommend *Monroe Transmission* to our readers. We know they will treat you right!



Photo courtesy of Getty Images

GO GLOBAL

Keep Connected Away from Home

Worry-free Wireless Travel Abroad

Follow a few tips from the experts at T-Mobile and help keep your travels on track and free of complications:

1. Pack the essentials, including portable chargers, an international power converter and MicroSD cards to give you added storage space for photos and more.
2. Get insured. If you don't already have one, now is the time to secure an insurance plan to protect yourself in case your device is damaged, lost or stolen.
3. Check your coverage before you travel, including network specifications and international data rates, and make adjustments if necessary to avoid costly surprises in your bill when you return.
4. Travel safe with features such as Bluetooth for hands-free driving while navigating the twists and turns of unfamiliar roads, or applications like T-Mobile's DriveSmart Plus, which silences incoming notifications, sending callers to voicemail and auto-responds to incoming text messages.
5. Pack light by bringing a multi-function smartphone that allows you to access entertainment with videos and games, mobile music player, GPS navigator, high quality digital camera, and in some cases, even a mobile hotspot.

FAMILY FEATURES

Whether your international travel is for business or pleasure, chances are you'd like to remain connected. Your wireless phone or tablet is a likely solution, but not all wireless services are created equal.

When U.S. customers use their phones abroad the way they normally do at home, their costs can total \$1,000 a day or more. According to a study by T-Mobile, more than 40 percent of customers turn off data roaming completely to avoid those fees, and another 20 percent say they would if they knew how.

"Wireless customers face a hard choice — use their phone when they need it and pay the price, or cut off communications to contain costs," said Desmond Smith, senior product manager at T-Mobile. "In reality, with a little pre-planning, customers can find the right carrier and service plan that meets their travel needs, significantly reducing, or even eliminating, travel-related wireless charges."

Before you pack your bags and begin your travel adventure, spend some time researching the best wireless company, device and data plan to fit your needs and check that you have the right accessories too, including an international power converter.

Choosing a Carrier

With so many wireless service providers available, it's difficult to know which one to choose. Especially if you will be traveling internationally, choosing the right data plan is not only about ensuring you have freedom and peace of mind (so you don't come home to bill shock) — it's also about making sure you choose a phone company that focuses on customer service and provides flexibility and choice.

- **Ditch the burdensome contract** — Several providers offer no-contract wireless service that gives you freedom and flexibility without being locked into a service agreement for a year or more.
- **Make the world your network** — Look for carriers, such as T-Mobile, that provide unlimited data and texting worldwide, freeing you from

worrying about coming home to bill shock from outrageous roaming fees.

- **Don't break the bank** — Some providers offer programs to help manage the out-of-pocket costs associated with purchasing new devices.
- **Device upgrades** — If you're accident prone, likely to break or lose devices while circling the globe or just like to upgrade your phone frequently, look for protection and upgrade options such as T-Mobile's JUMP! program. For \$10 per month, you can protect your device and have the option to upgrade twice per year to the latest phone.
- **Explore the extras** — Prepaid international calling cards may also be available through your wireless provider. If your travels keep you in the States but your wireless needs take you beyond, some carriers offer plans that allow you to talk with friends, family or business associates across the globe.

The Right Device

Shopping for a smartphone or tablet doesn't have to be stressful or complicated. Selecting the right device is simply a matter of asking the right questions and talking to the experts. A sales associate can help you select a phone that will best meet your needs.

Several new options are now available, and one in high demand is Google Nexus 5. When combined with a nationwide 4G LTE network, Google Nexus 5's stunning, lightweight design, speedy processor and LTE capabilities offer users the best experience for staying connected.

When making your purchase, consider:

- Device compatibility abroad
- Shape/size
- Display
- Keyboard size and form

These and additional tips for staying connected when traveling internationally can be found at www.T-Mobile.com.

Best Apps for Travel

Check out these leading apps to help you navigate a successful journey:

Unit Conversion Free, Currency (iOS, but others are available for most platforms): Converts temperature, distance, weight, volume, speed and more, including currency in real time

Where (iOS, Android, BlackBerry): Collects the location-specific information you can find in a number of other, more specialized apps into one uber-app — making it easy to find a restaurant or other location nearby

Expedia (Android, iOS): Travel search, information and hotel/flight booking, with the opportunity to uncover mobile-exclusive discounts on last-minute hotel bookings

GateGuru (Android, iOS, Windows Phone): View your Tripl and Kayak itineraries, as well as view/post airport security wait times and see a structured list of airport food, shops and services

iStone (iOS): Translation app designed for international travelers without any great linguistic skills; records and translates into 12 languages and provides more than 300 useful phrases

Image It (iOS): Translates a picture into the actual word of the object with more than 450 pictograms in categories such as food, emergencies, accommodation and transport

Waze (iOS, Android, BlackBerry, Windows Phone) Navigational map system that is constantly updated in real time using drivers' GPS points with automatic alerts on traffic jams, fender-benders, detours and even police traps

SeatGuru (Android, iOS): Provides crucial in-flight information — from seat pitch to the proximity to the toilet to the likelihood of being bumped

JetLag Genie (iOS): Helps reduce the effects of jet lag by providing customized action plans based on your flight info and personal sleep patterns

Announcements

DID YOU KNOW 144 million U.S. Adults read a Newspaper print copy each week? Discover the Power of Newspaper Advertising...

DID YOU KNOW 7 IN 10 Americans or 158 million U.S. Adults read content from newspaper media each week? Discover the Power of Newspaper Advertising...

DID YOU KNOW Newspaper-generated content is so valuable it's taken and repeated, condensed, broadcast, tweeted, discussed, posted, copied, edited, and emailed countless times throughout the day by others? Discover the Power of Newspaper Advertising...

DID YOU KNOW that not only does newspaper media reach a HUGE Audience, they also reach an ENGAGED AUDIENCE. Discover the Power of Newspaper Advertising...

Old Railroad Items Wanted: lanterns, locks, china, paper, etc. Call (916) 663-2463 (MPG 06-30-14)

Old Porcelain Signs Wanted: oil & gas, highway, RR, etc. Call (916) 663-2463 (MPG 06-30-14)

Antiques/Collectibles Wanted

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Old Porcelain Signs Wanted: oil & gas, highway, RR, etc. Call (916) 663-2463 (MPG 06-30-14)

Apartments For Rent

RETIREMENT APARTMENTS, ALL INCLUSIVE. Meals, transportation, activities daily. Short Leases. Monthly specials! Call (877) 210-4130 (NANI)

Attention Local Tow Companies

Rancho Cordova Police Department is now accepting applications for its rotational tow contract. For minimum qualifications and for information on how to apply, please contact Rancho Cordova Police Department at 916-875-5709 or visit the Police Station at 2897 Kilgore Rd., Rancho Cordova, CA 95670 M-Thu 9-4. (MPG 04-30-14)

Auto Donations

DONATE A CAR - HELP CHILDREN FIGHTING DIABETES. Fast, Free Towing. Call 7 days/week. Non-runners OK. Tax Deductible. Call Juvenile Diabetes Research Foundation 1-800-578-0408 (NANI)

Autos Wanted

WE BUY CARS! Running or Not. Any Make, Model or Year. Call today for an INSTANT OFFER. Free Towing/Pickup. Top Dollar. We're Local! 1-800-844-3595 (SWAN)

CARS/TRUCKS WANTED!

TOP \$\$\$ PAID! Running or Not. All Years. Makes, Models. Free Towing! We're Local! 7 Days/Week. Call Toll Free: 1-888-416-2300 (NANI)

GET CASH TODAY for any car/truck.

I will buy your car today. Any Condition. Call 1-800-864-5796 or www.carbuyguy.com (NANI)

AVON For Sale

Avon Online! youravon.com/terrirussell (MPG 02-28-14)

Body Mind Spirit Yoga

Sunday & Thursday, 3pm 7505 Greenback Lane Call (916) 729-0103 (MPG 04-30-14)

Cable/Satellite TV

DISH TV Retailer - Starting at \$19.99/month (for 12 mos.) & High Speed Internet starting at \$14.95/month (where available.) SAVE! Ask About SAME DAY Installation! CALL Now! 1-800-357-0810 (Cal-SCAN)

DirectTV 2 Year Savings Event!

Over 140 channels only \$29.99 a month. Only DirectTV gives you 2 YEARS of savings and a FREE Genie upgrade! Call 1-800-291-0350 (Cal-SCAN)

REDUCE YOUR CABLE BILL!

Get a whole-home Satellite system installed at NO COST and programming starting at \$19.99/mo. FREE HD/DVR Upgrade to new callers. SO CALL NOW 1-866-982-9562 (Cal-SCAN)

DISH TV Retailer. Starting at \$19.99/month (for 12 mos.) & High Speed Internet starting at \$14.95/month (where available.) SAVE! Ask About SAME DAY Installation! CALL Now! 1-800-357-0810 (Cal-SCAN)

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Learn to Sew

Register Now! Saturday Classes Available. 916-476-6092. (MPG 03-31-14)

Career Training/Education

ADMINISTRATIVE ASSISTANT TRAINEES NEEDED! Get Microsoft Certified now! No Experience Needed! SC Train gets you trained and ready to work! HS Diploma/GED & PC needed! 1-888-325-5168. (Cal-SCAN)

AIIRLINE CAREERS begin here

Get FAA approved Aviation Maintenance Technician training. Job placement and Financial assistance for qualified students. CALL Aviation Institute of Maintenance 888-242-3382. (Cal-SCAN)

The path to your dream job begins with a college degree.

Education Quarters offers a free college matching service. Call 1-800-348-8192. (Cal-SCAN)

CALL 773-1111 TO ADVERTISE IN YOUR LOCAL HOMETOWN NEWSPAPER

Credit/Debt Services

GET FREE OF CREDIT CARD DEBT NOW! Cut payments by up to half. Stop creditors from calling. 855-341-6281 (MB 12-31-13)

Divorce

Before you list your home, order Free Special Report that reveals what happens to your matrimonial home before, during, and after a divorce. Free recorded message 1-800-213-4205 ID# 1009 DRE # 00809220 R Dumont (MPG 08-30-12)

Electrical Services

RETIRED MASTER ELECTRICIAN, problem solver! 30 yrs experience, senior discounts. Save big - don't replace panel - rebuild it. Lic.# 513168, 916-595-3052 (MPG 09-30-13)

Financial Aid

Cut your STUDENT LOAN payments in HALF or more even if Late or in Default. Get Relief FAST! Much LOWER payments. Call Student Hotline 855-341-7551 (MB 06-30-14)

Financial Services

Do You Want to Know What Your Home is Worth? Home Values Have Increased Over 30% in our Area in the Last Year! Call Now for a FREE Market Analysis of Your Home (916) 992-9922 Dare & Associates Real Estate License #01228753 (MPG 06-30-13)

Are you in BIG trouble with the IRS? Stop wage & bank levies, liens & audits, unfiled tax returns, payroll issues, & resolve tax debt FAST. Seen on CNN. A BBB. Call 1-800-761-5395 (Cal-SCAN)

Guaranteed Income For Your Retirement.

Avoid market risk & get guaranteed income in retirement! CALL for FREE copy of our SAFE MONEY GUIDE Plus Annuity Quotes from A-Rated companies! 800-748-3013 (Cal-SCAN)

Is Your Identity Protected?

It is our promise to provide the most comprehensive identity theft prevention and resource products available! Call Today for 30-Day FREE TRIAL 1-800-908-5194. (Cal-SCAN)

Reduce Your Past Tax Bill by as much as 75 Percent.

Stop Levies, Liens and Wage Garnishments. Call The Tax DR Now to see if you Qualify. 1-800-498-1067. (Cal-SCAN)

Food For Heroes

Forgotten Warrior will be giving food to veterans & families. Every Monday 10-12p At The ElCamino Baptist Church 2805 ElCamino Ave. Sacramento, CA 95821. Call 916-533-9811 for more info. (MPG 02-28-14)

For Sale Travel Trailer

2003 21FT TAHOE LITE TRAILER Very Clean, 4 New Tires, 15ft Awning, AC/Heating, Shower, Tub. Asking \$6,000. 541-218-2871. (MPG 04-30-14)

2013 Wildwood Extra lite 22 ft, self-contained with awning and air conditioning.

Like new. Includes Hitch. \$16,500 OBO. 916-726-1275. (MPG 02-28-14)

Foster Parenting

Aspiranet is seeking loving homes for foster children in need. Contact 1-877-380-HERO for info and register for training. aspiranetheroes.org (MPG 04-30-13)

Handyman

QUALITY LABOR & MAINTENANCE Yard Work, Hauling, Gutter Clean, Odd Jobs You Name It! (916) 613-8359 STEADY MOVES You rent the truck...we will make sure it's loaded/unloaded PROFESSIONALLY! (Lic#322945) 916-206-3183. Email msmith2661@comcast.net (MPG 03-31-14)

One call, does it all!

Fast and Reliable Handyman Services. Call ServiceLive and get referred to a pro today. Call 800-958-8267 (Cal-SCAN)

Health & Medical

Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 75 percent on all your medication needs. Call today 1-800-281-3958 for \$10.00 off your first prescription and free shipping. (MB 06-30-14)

Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 75 percent on all your medication needs. Call today 1-800-356-4170 for \$10.00 off your first prescription and free shipping (SWAN)

Medical Supplies/Equipment

Electric Scooter, runs and looks good. For disabled person. Gold-Companion Model. Valued new at \$2900. For Sale at \$750. Call 916-745-3859. (MPG 02-28-14)

Medical Guardian - Top-rated medical alarm and 24/7 medical alert monitoring. For a limited time, get free equipment, no activation fees, no commitment, a 2nd waterproof alert button for free and more - only \$29.95 per month. 800-761-2855 (Cal-SCAN)

Medical Alert for Seniors - 24/7 monitoring. FREE Equipment. FREE Shipping. Nationwide Service. \$29.95/ Month CALL Medical Guardian Today 855-334-1975 (MB 06-30-14)

Health & Medical

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Love Saves the World from Death

By Ronnie McBrayer

I pulled from my bookshelf a few systematic theology books that I had not opened for a long time. I blew off the dust, cracked the stiff binding, and dove into the hundreds of pages filled with declarations about the attributes and characteristics of God.

There they all were: God's self-existence, knowability, immutability, infinity, immensity, unity, veracity, holiness, righteousness, omniscience, sovereignty, transcendence – and several other \$10 words – with all my handwritten study notes in the margins. This corpus of work was intended to make the theology student feel confident – to demonstrate how right our doctrines are. But as I skimmed the pages I was made freshly aware of how distracted we have become.

For all of Christianity's theoretical words and defenses, the Apostle John was simple and winsome with his definition of God: "God is love," John said. If Christians daily practiced this definition instead of declaring and defending how "right" we are, I imagine the world would be a much different place.

With the truth, "God is love," rather than "God is on my side," or "God hates you and your kind," in the hearts of people and animating their actions, it would

revolutionize the world. I know this talk about the power of love can trigger our gag reflex. We've heard enough of that, haven't we?

Love-talk is the cue to braid our hair in pigtailed and flowers, break out the hookah pipe, drink a little free Bubble-Up, and lay back on a bed of rainbows. That's about all it is – just talk. The late George Carlin said, "Love is incredibly powerful. It is a beautiful thing. But if love had any power to change the world, it would have prevailed by now. Love can't change the world. It's nice. It's pleasant. It's better than hate. But it has no special power."

While tempted to agree with this assessment, I'm not ready to do so yet. I'm going to take John at his word: Love is God's nature and love comes from God. Once this love gets planted in our hearts, it spills out to others, resulting in transformation; it changes the world, one person at a time.

Love isn't ineffective. Rather, every generation must learn the same lesson: God's love must become primary; more crucial than any other belief, creed, or doctrine to which we adhere. Such love will have infinitely more power than any theological explanation, and such power can be employed by everyone – from the brainiest theologian to the most common man on the street.

To that end, there was a rabbi who became friends with a Persian fortuneteller. Every morning the two sat together and watched people head out of the village to work. As a man

walked by, the fortuneteller said, "I foresee that this man will not come back. He will be bitten by a snake and die."

The rabbi answered, "Maybe so, but only God knows such things." They agreed to come together at the end of the day to see if the worker returned. At evening they saw the condemned man enter the village! The Persian ran at once to him, grabbed his backpack, and emptied it on the ground. An enormous snake spilled out of the bag; a snake very much dead.

So the rabbi asked the man, "What did you do today to avoid misfortune?" The man answered, "I cut trees in the forest. Every day at lunch the workers place our food in a common basket and eat together. Today, one of us had no bread and was ashamed. So I told my friends, 'Let me collect the food.' When I came to him I pretended to take bread from him, so that he would not be embarrassed."

To this the rabbi burst out laughing. He said, "My son, today you obeyed God's commandment to love! You saved your coworker and also saved yourself!" And turning to his fortuneteller friend, the rabbi said, "When one loves from his heart, he changes the fates. Love saves the world from death." Indeed, it does. ★

Ronnie McBrayer is a syndicated columnist, pastor, and author. His newest book is "The Gospel According to Waffle House." You can read more at www.ronniemcbrayer.me.

A Pedicure that Cured All My Pet Peeves

Dr. James L. Snyder

Since I was a young person, I always had some pets around. Most of these have been dogs, hunting dogs in particular. And I loved my pets.

In getting older, I discovered that having a pet dog around is a lot of work. More work than I care to do in light of my busy schedule. So I have exchanged these pet dogs for a few pet peeves.

One pet peeve of mine is when a waitress calls me "Sweetie." I do not know, it just gets under my skin. Of course, it might be good for somebody to think of something sweet about me. I prefer, rather, it is somebody who knows something about me. What bothers me is the people who know me really do not call me "Sweetie." There may be something to that.

Another pet peeve is when somebody is eating broccoli next to me in a restaurant. Eating broccoli in public is probably not against the law, but it should be.

And many pet peeves to go along with that.

Recently a situation developed that caused me quite a bit of a quandary. The gist of that quandary had to do with money, which is another pet peeve of mine.

When I was in high school, I had smashed my right big toe. At the time, the doctor had to remove the toenail and it took six months for my toenail to grow back. Well, it did not quite get back into shape. I have had trouble with that toe ever since.

Lately that toenail was giving me some difficulty. It was not growing in the right direction and it looked like it was rotting. I knew if I went to the doctor, it would cost me an arm and a leg. What good is a toe when you lost an arm and a leg? When checking it out it would have

cost about \$200 to see a doctor about this. Without insurance, all of this would have come out of my pocket.

I put it off for a year and it seemed just to get worse. It got so bad that it hurt every time I walked. I did complain to the Gracious Mistress of the Parsonage, but she only insisted that I go see a doctor. It is easy for her to say when it is not her \$200.

Being a certified Pennsylvania Dutchman, \$200 is a lot of money. Trying to get \$200 out of a Pennsylvania Dutchman is about as close to suicide as anybody wants to get. I tried to think of how I could deal with my toe without going to that money hungry doctor.

Several weeks ago, I happened to overhear somebody say that they had a badly infected toenail. It caught my attention because it was the condition of my toe at the time. Instead of going to the doctor, this woman went and had a pedicure, which took care of her damaged toe.

I really did not know what a pedicure was; just that it was some kind of a woman thing. As a man, I had no interest in involving myself in anything that could be classified as a woman thing. However, my toe would not quit hurting.

I pondered this subject for a couple of weeks. During that time, my toe got worse and it was more painful to walk. Of course, my wife kept asking how my toe was and I deferred telling her the truth. There was no way I was going to go to a doctor and hand over to him \$200 of my hard-earned money.

I thought to myself, "Self, maybe you should try the pedicure."

Myself thought it was a good idea and so I drove over to where they did pedicures. I sat in my truck for a few minutes looking

at the Nail Salon where they did pedicures. While I was watching, my toe kept hurting.

Finally, I decided to leave my manhood in the truck, hobble in and see if they could do a pedicure for someone like me. I was sure they had never dealt with anybody quite my size before. I was not even sure that they would take a man as a client.

When I walked in, I discovered that they did not speak English. At least most of them did not. I inquired and was warmly received, then ushered to a chair where they could work on my toes. Within 20 minutes, I received a pedicure to beat all pedicures. The young woman who did my toes did a marvelous job. I was afraid that she would try to paint my toenails and I was prepared for a vigorous No. But she did not and was very gracious in taking care of my wounded toe.

When I went to pay for the pedicure, I was surprised it was only \$20.

I walked painlessly to my truck and sitting in my truck was my manhood with \$180. That is what I call a good day.

I could not help think of a verse in Proverbs, "Better it is to be of an humble spirit with the lowly, than to divide the spoil with the proud" (Proverbs 16:19).

Sometimes a proud spirit gets in the way of healthy living. When I think too much of myself I have too much of myself to think of. ★

Rev. James L. Snyder is pastor of the Family of God Fellowship, P.O. Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 866-552-2543 or e-mail jamesnyder2@att.net. His website is www.jamesnyderministries.com.

STATEPOINT CROSSWORD • TV FAMILIES

CLUES

- ACROSS**
- Top of Lady Liberty
 - *Scrappy-Doo, Scooby's nephew
 - Most vital part of idea or experience
 - D-Day beach
 - "Home of the brave"
 - Wash oneself
 - Committee or special group
 - Big ____ Conference
 - Gastric woe
 - *Ma or Pa or Laura
 - *Claire or Phil or Luke
 - Chinese "way"
 - O. Henry's "The Gift of the ____"
 - Madonna's iconic stagewear
 - Arizona Indian
 - Rub elbows
 - Animal house
 - Supernatural life force
 - a.k.a. Pleasant Island
 - Editing choice on computer
 - **The Jetsons" genre
 - Largest organ of human body
 - Get ready to drive
 - Alpine transport
 - Pay attention
 - In this document
 - Show horse type
 - Like a fox
 - Toothy wheel
 - In the capacity of
 - *Danny or D.J. or Michelle
 - *Lorelai or Rory or Emily
 - Small and elegant
 - "Dear" one
 - Cut at an angle
 - Convert a book into a screen-play, e.g.
 - Schiller's "____ to Joy"
 - Perpendicular to the keel
 - Combustible heap
 - This instant
 - *Tim's "Home Improvement" son
- DOWN**
- Serengeti antelope
 - Arab League member
 - Called
 - Use crib notes
 - Sabbath loaf
 - Places
 - Don't waste
 - Mostly vegetarian bear
 - Explore by touch
 - It makes one scratch
 - He plus she
 - ____ Royal Highness Queen Elizabeth II
 - Swelling on foot
 - Rumpelstiltskin's machine, pl.
 - "Gross!"
 - Extra room charge
 - *Michael or Buster or Lindsay
 - Hindu queen
 - Support person
 - End to hostilities
 - Quite a party
 - Little Boy and Fat Man, e.g.
 - Architectural projection
 - *Peggy or Kelly or Al
 - Profligate
 - A long way off
 - Baghdad resident
 - Kind of hickory nut
 - Born
 - Involving the medulla oblongata
 - Match play?
 - Naked protozoa
 - Not a slob
 - Slightly open
 - Uh-uh
 - *The kids never did this on "The Simpsons"
 - Baker's baker
 - Go through volumes
 - Lined with elm trees
 - Small loaf of soft bread
 - *Mike and Carol said it on "The Brady Bunch" pilot

CROSSWORD

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For Solutions See Page 7

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Government As Innovator? You Bet!



Commentary By
Lee H. Hamilton

Five years ago, the federal government spent \$169 billion to fund basic research and development. This fiscal year, it's down to \$134 billion.

People who believe in public belt-tightening applaud drops like that. I understand why: there are many reasons to reduce government spending. But in this case they're wrong. We need to boost the government's investment in R&D, not slash it.

Let's begin with the federal government's record, which is nothing short of impressive. The bar codes that revolutionized inventory control and tracking were developed with a grant from the National Science Foundation. Google's founders depended on government grants for their early research into search algorithms. Computer touch-screens, computer-aided design, GPS navigation, voice-activated "virtual assistants," the internet — all based on government research or funds. So were key advancements in agriculture (including the "easy-care cotton" you'll find in your permanent-press slacks), the horizontal drilling techniques that have turned the U.S. into a natural-gas powerhouse, and many life-saving pharmaceuticals.

The plain truth is that much of the research that catalyzes and accelerates technological advance is too risky, too slow to pay off, or too expensive for

the private sector to undertake. "Today, the scope, duration and cost of breakthrough research is either beyond the private sector's corporate and philanthropic resources or outside its profit model," wrote Teresa Tritch in *The New York Times* last year.

This is not welcome news for market absolutists, but clearly there is a government role to play in underpinning economic dynamism. Mariana Mazzucato, a British economist who last year published a bracing book on the subject, "The Entrepreneurial State," argues that federal government programs such as Small Business Innovation Research and the Defense Advanced Research Projects Agency have provided far more funding for early-stage technology companies than private venture capital has done.

Mazzucato writes, "Not only has government funded the riskiest research, whether applied or basic, but it has indeed often been the source of the most radical, path-breaking types of innovation. To this extent it has actively created markets, not just fixed them."

There is no question that there will be waste in research and development, just as private corporations sometimes veer onto the wrong track. All you need do is think back to 2012 and the scandal surrounding Solyndra, the Silicon Valley-based solar panel manufacturer that collapsed, leaving taxpayers on the hook for \$535 million in federal loan guarantees.

Opponents of public spending often seize on cases like this to make their point — conveniently forgetting that Apple, too, benefited not just from the government research that created many of the technologies it uses, but from early support from the Small Business Investment Company program.

The point is not that government investment in research and development is better or worse than private-sector investment,

but that collaboration between government and industry puts us in a stronger position competitively than either sector acting alone. Both are needed to solve big problems.

Which is why the cuts we're seeing in federal R&D spending are so alarming. We're already down to a level of funding last seen over a decade ago, and a study last year by the American Association for the Advancement of Science sees some \$53 billion in federal R&D investment at risk if the sequester remains in place for another three years. It is impossible to know how many new products and even new industries won't get developed as a result, but it's certainly safe to say that the U.S. economy — and we as Americans — will bear the cost of these unspent dollars well into the future.

We live in an era of pervasive anti-government sentiment. There is no question, as I have argued many times before, that both Congress and the executive branch need to improve their game and learn how to become more effective and less wasteful of both time and money. But the importance of federal spending on research and development is undeniable. At a time when we as a nation face mounting economic challenges and a raft of eager business competitors, cutting investment in R&D, rather than expanding it, is foolhardy. ★

Lee Hamilton is Director of the Center on Congress at Indiana University. He was a member of the U.S. House of Representatives for 34 years.

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POPPOFF!

with Mary Jane Popp

MEDICINES THAT KILL

What if I told you that some pills you are taking may lead to an early grave? Scary, huh? Well, that's what **Dr. James Marcum** claimed on POPPOFF recently. He is a Board-Certified Behavioral Cardiologist with the Heart Institute in Chattanooga. In his book "Medicines That Kill The Truth about the Hidden Epidemic", he details how the pharmaceutical industry prioritizes marketing over healing, and he proposes a different way of treating illness: treating the whole person rather than just the symptoms. So I asked **Dr. Marcum** to share his Top 10 Health Tips/Changing chemistry without a medication!

- 1) **Drink Water.** More than 70% of our body is water. Water is involved in every chemical reaction and yet a majority are at some level dehydrated.
- 2) **Get Adequate Rest.** We were designed to rest. Our circadian rhythms are very important and

our disrupted when we stay up too late at night. Without rest, stress is put on the system. Our society is on the go 24/7/365. The body is always working, especially the brain. Without rest, the body is compromised. Make time for you. Go to bed earlier. Take a day a week off. Don't forget vacations.

3) **Movement.** We were designed to move and not sit. When we move, the entire chemistry of the body improves. When we fail to get enough movement, the metabolism suffers. Build to 45 minutes to an hour a day in six minute intervals with some resistance training.

4) **Enjoy the Sunshine.** The body needs vitamin D for our mental health, bones, and other important chemical reactions. This hormone is now deficient in many, as we stay inside too much. Do 30 minutes in the sun three or four days a week or a supplement.

5) **Eat more plants.** Plants are filled with disease fighting and health building nutrients and fiber. Try 3-5 servings of real food a day. There is real truth to, "Eating an apple a day, keeps the doctor away."

6) **Be happy and have fun.** More happiness. More endorphins, less stress and less pain. It is hard to feel stress when you are having a

"belly" laugh.
7) **Be creative.** Brain health is improved when we spend more time being creative and less time being entertained. Write a letter instead of watching TV.

8) **Watch out for toxins.** Too much fat, processed food, high fructose corn syrup, and additives are not good. Our body does not handle these substances well. Read the labels of what you put in your mouth.

9) **Breathe deeply.** Take the time to take in 10 breaths, hold for 5 seconds, and blow out slowly. Feel the stress being relieved.

10) **Find someone to love.** There are health benefits in serving our fellow humans. Give someone a hug or help out a neighbor and see how you feel. Guaranteed, you will feel a lift.

Dr. Marcum can be heard on his radio show "Heartwise" every week which is broadcast on 400 stations around the world. Check out his website at www.HeartwiseMinistries.org. Knowledge can make a huge difference in your life. That's why I go in search of truth on POPPOFF. I guess it goes back to the premise that we have to take responsibility for ourselves. Stay well! Stay happy! ★

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10pm - 12am: Poppoff with Mary Jane Popp

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7 - 8am: The Swap Shop

8 - 9am: The KAHI Corral

9 - 10am: The Garden Goddesses

10am - 7pm: Sinatra & Friends Music

7 - 8pm: A Way With Words

8 - 9pm: Rewind with Jimmy Jay

Sundays

7:30 - 9am: Cruisin' Garage & Swap Meet

9 - 9:30am: The Crossroads Radio Show

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Why Does the Federal Government own Nevada?



By Harold Pease, Ph. D

the conditions despite the confiscation of, for most in the West, at least a third of their land.

States wanting their confiscated land returned, so as to be on equal footing as with 19 sister states who actually own their land, call their long-term bid to do so the Sage Brush Rebellion. Equality between states was established by giving them equal representation in the U.S. Senate, thus the assumption of the Founders was that property would follow. Without it they are not on equal footing and instead may be more servile to the federal government than states that own themselves. This could negatively affect our system of government known as federalism as states collectively serve as a check on federal overreach. This check is impaired when the federal government owns part or most of their land.

But this is not the most serious violation of the Constitution. The Founders understood that the size of land holding was proportionally related to the perceived size of the federal government and they intentionally wanted that perception small. The Federal government was permitted to have but 10 square miles for a federal capital. The only other land that they could acquire had to be for military purposes as specified in the common defense clause of the Constitution, Article I, Section 8, Clause 17 which reads: "and to exercise like Authority over all places purchased by the Consent of the Legislature of the State in which the same shall be for the Erection of Forts, Magazines, Arsenals, dock Yards, and other needful Buildings."

Any new acquisition, outside the capital, had (1) to be purchased, (2) have the consent of the State Legislature where the land exists, (3) and be for military purposes. None of these constitutional requirements were met with respect to any of the states cited above although some military bases do exist in most of

them. Nor have there been any additional amendments to the Constitution authorizing additional federal ownership of land as required for any additional

"The most important question with respect to the Bundy Ranch Standoff remains unanswered. Why does the federal government own Nevada? It does not own New York or Virginia or Massachusetts."

federal power. Constitutionally there exists no federal land or Bureau of Land Management or even public land.

Again, in the case of the Bundys, the land in dispute was not purchased by the federal government, did not receive the consent of the Nevada State Legislature for sale to the feds and is not for military purposes. The fact that the federal government acquired it fraudulently in the first place, or that both political parties have ignored this part of the Constitution for over a hundred years, does not make federal confiscation now constitutional. Constitutionally Bundy has more right to be there than does the Bureau of Land Management. Still, his stand is not practical given our long-term departure from the document and to get back to the Constitution some may do jail time, as have others like Martin Luther King, Jr. Freedom has never been cheap.

Sage Brush Rebellion states now, having someone willing to stand, should seize this moment to remind the federal government that they too want their land back. If they stand together now it is more probable than ever that it will happen. One suggestion for Governor Brian Sandoval of Nevada is to declare the contested property Nevada's and have Bundy begin paying Nevada for grazing rights. That would diffuse the standoff between citizen and federal

government moving it to the state instead where it belongs, and give strength to the intended objective—getting back to the Constitution.

The most important question with respect to the Bundy Ranch Standoff remains unanswered. Why does the federal government own Nevada? It does not own New York or Virginia or Massachusetts. Cliven Bundy says that the state of Nevada owns the contested land. The Bureau of Land Management clearly considers the property the federal governments, hence the 200 snipers posted on the property and the tasing of the Bundys for resisting when the feds confiscated their cattle. Who is right?

But the problem isn't Nevada's alone. The percentage of land owned by government exceeds fifty percent in Alaska (98.5), Idaho (63.8), Oregon (52.6), and Utah (63.6). Indeed, the federal government claims to own a third of all the landmass in the United States (Inventory Report on Real Property Owned by the United States Throughout the World, published by the General Services Administration, page 10). Government owns almost half of California (47.5). Basically the federal government did not give western states all their land when they qualified for statehood. States were so excited to get coveted statehood that they went along with the conditions despite the confiscation of, for most in the West, at least a third of their land.

States wanting their confiscated land returned, so as to be on equal footing as with 19

sister states who actually own their land, call their long-term bid to do so the Sage Brush Rebellion. Equality between states was established by giving them equal representation in the U.S. Senate, thus the assumption of the Founders was that property would follow. Without it they are not on equal footing and instead may be more servile to the federal government than states that own themselves. This could negatively affect our system of government known as federalism as states collectively serve as a check on federal overreach. This check is impaired when the federal government owns part or most of their land.

But this is not the most serious violation of the Constitution. The Founders understood that the size of land holding was proportionally related to the perceived size of the federal government and they intentionally wanted that perception small. The Federal government was permitted to have but 10 square miles for a federal capital. The only other land that they could acquire had to be for military purposes as specified in the common defense clause of the Constitution, Article I, Section 8, Clause 17 which reads: "and to exercise like Authority over all places purchased by the Consent of the Legislature of the State in which the same shall be for the Erection of Forts, Magazines, Arsenals, dock Yards, and other needful Buildings."

Any new acquisition, outside the capital, had (1) to be purchased, (2) have the consent of the State Legislature where the land exists, (3) and be for military purposes. None of these constitutional requirements were met with respect to any of the states cited above although some military bases do exist in most of them. Nor have there been any additional amendments to the Constitution authorizing additional federal ownership of land as required for any additional federal power. Constitutionally

there exists no federal land or Bureau of Land Management or even public land.

Again, in the case of the Bundys, the land in dispute was not purchased by the federal government, did not receive the consent of the Nevada State Legislature for sale to the feds and is not for military purposes. The fact that the federal government acquired it fraudulently in the first place, or that both political parties have ignored this part of the Constitution for over a hundred years, does not make federal confiscation now constitutional. Constitutionally Bundy has more right to be there than does the Bureau of Land Management. Still, his stand is not practical given our long-term departure from the document and to get back to the Constitution some may do jail time, as have others like Martin Luther King, Jr. Freedom has never been cheap.

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Dr. Harold Pease is an expert on the United States Constitution. He has dedicated his career to studying the writings of the Founding Fathers and applying that knowledge to current events. He has taught history and political science from this perspective for over 25 years at Taft College. To read more of his weekly articles, please visit www.LibertyUnderFire.org. ★

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Dare to Live Without Limits

Thinking by Bryan Golden



"If everyone is thinking alike, then somebody isn't thinking." -- George S. Patton

There is some invisible force driving people to seek approval of their thinking. Apparently it's a basic human need to have our thinking validated as being conformist. However this creates a huge pitfall. Without unique ideas, mankind would still be living in caves. Consider some historical examples. When Columbus set sail, the majority thought the world was flat. Columbus was chided for embarking on an obviously futile journey. Prior to the American Revolution, the concept of democracy was virtually unheard of. The thinking of our founding fathers was considered outlandish by many. Who in their right mind would think there was the slightest possibility of defeating the British, the most powerful military force in the world? Guglielmo Marconi, inventor of the radio, was thought to be insane by his relatives for his outlandish attempts to communicate without wires. Thankfully, he was undeterred, as all of humanity has benefited from the results of his individual thinking. Unconventional thinking is the source of all innovation and progress. If everyone thought alike, discoveries would not be made. Yet due to the risk of ridicule or criticism, there is an aversion to articulating independent thought. The perceived power of majority thinking discourages many people from engaging in any dissent or variation.

Thinking does not mean agreeing. True thinking involves analysis, questioning, and testing the current belief system. It should take place without concern for how your thoughts compare to those of others. Did you hear any of the following when growing up? "What will the neighbors think?" "What will the relatives think?" "What will our friends think?" These admonishments pressured us to constrain our thoughts. We were constantly told it was necessary to conform our thinking to mesh with the people around us. Unfortunately, this conditioning constrains our thought processes. We then grew up comparing our thoughts to others in order to seek validation. When our thoughts are unique, as they should be, they get stifled rather than cultivated. Just because a group of people's thoughts are aligned in a particular way doesn't mean they are right or accurate. Invariably, just the opposite is true. Group thinking is often based on erroneous understanding. The thinking of the masses changes reluctantly and slowly once individuals who go against the flow demonstrate the validity of alternative thoughts. Crowd psychology is powerful. Like the behavior of a panicked mob, it can sweep you up with its momentum. Your own thoughts are then displaced by groupthink. It takes a strong individual to retain his

or her identity while surrounded by great pressure to conform. As I've often pointed out in this column, it doesn't matter what others say, think, or do. You don't have to convince anyone of the validity of your thoughts. All that's important is your belief in yourself. Your thoughts generate your values. Having a positive sense of values and sticking to them is essential for a happy life. When you have a strong core, you are not prone to being unduly influenced by others. People who don't are prone to engaging in behavior unlike anything they would do if acting alone, including unethical and even illegal conduct. When you have a solid foundation, you won't fly whichever way the wind blows. Don't worry about what other people are thinking. Pay attention to your thoughts. If your thoughts are always in alignment with popular opinion, you should do some deep introspection to ensure you aren't being subconsciously influenced. In order to reach your goals, you must have your own thoughts. You don't have to think like everyone else. ★

NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit www.BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com or write him c/o this paper. © 2009 Bryan Golden

Youth Triathlon at Rollins Reservoir

PLACER COUNTY, CA (MPG) - The Nevada Irrigation District will host its First Annual Kid's Triathlon on Saturday, May 31st, at the Orchard Springs Campground at Rollins Reservoir. NID Recreation Manager Peggy Davidson, an avid runner, said it is the first youth triathlon to be held in the local area and that three advance clinics are being offered to help young participants train for the event. The triathlon includes two age

divisions. Youngsters ages 6-10 will swim 50 meters, bike four miles and run one mile. Ages 11-15 will swim 150 meters, bike four miles and run one mile. The advance clinics include an informational meeting on Apr. 10, a swim-bike-run training on Apr. 24 and a transition practice on May 15. Each session begins at 6 p.m. at the Orchard Springs Campground. Volunteers from the Gold Country Triathlon Club are helping organize and staff the clinics

and event. Entry fee is \$30 per participant until Apr. 27 and then \$40 until May 30. There is no race day registration. Race day check-in opens at 6:30 a.m. and the event starts promptly at 7:30 a.m. Competitors will receive an event T-shirt and finisher medal. For information and registration, write davidson@nidwater.com or call the NID Recreation Dept. office at (530) 265-8861. ★ Source: Nevada Irrigation District

Widowed Persons Association of California Dinner

PLACER COUNTY, CA (MPG) - "The Widowed Persons Association of California (WPAC), Auburn Chapter, will meet to socialize at a Get Acquainted Dinner meeting at the Sizzler Restaurant, 13570 Lincoln Way, Auburn at 4:30 p.m. Thursday May 1, 2014. Planned activities for the year will be presented. All widowed persons are invited to join us. Since space is limited, if you

wish to attend the dinner meeting or for more information about WPAC, please phone Denise at (530) 823-5321. WPAC also offers grief support at no cost to all widowed persons. All grief support is strictly confidential. For information call Sandy at 530-885-8298. The purpose of WPAC is to provide a support group for

widowed men and women of all ages and promote a wide range of social activities through which widowed persons have the opportunity to make new friends and find redirection in their lives." ★ Source: Auburn chapter of the Widowed Persons Association of California



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