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# Placer Sentinel

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Serving Auburn and Placer County since 1987

First Issue of May 2013

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# Attitude Meets Accomplishment

By Bryan Golden

PLACER COUNTY CA – (MPG) *“Man’s rise or fall, success or failure, happiness or unhappiness depends on his attitude, a man’s attitude will create the situation he imagines.”* - James Allen

*“Nothing can stop the man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude.”* - Thomas Jefferson

Attitude always precedes accomplishment. Also, attitude always precedes failure. So what’s the difference? Your mind doesn’t discriminate as to a positive or negative attitude. All your mind cares about is your attitude, whatever it may be. It’s your attitude that attracts what you think about and drives you to transform your thoughts to reality.

Some people say they will have a good attitude once circumstances get better. If this is how you think, you will be waiting a very long time because attitude is a cause, not a result.

There are those who try to accomplish something positive with a negative attitude. Although their goal may be admirable, their attitude makes it virtually impossible to make it happen. As a result, their attitude will suffer. They become disappointed and disheartened. Rather than resolving to redouble their efforts and continue, they can excuse giving up because they tried really hard but things just didn’t work out.

People will further justify a negative attitude with a variety of explanations. These may include “I’m not lucky,” “It’s not meant to be,” “It’s not for me,” “I really didn’t want it anyway,” “The odds were



The formula for attitude leading to success is simple. Start with a burning desire to attain your goals. Have a rock solid belief that you will succeed.

against me,” “I didn’t have enough support,” “I didn’t know what I was doing,” “It was too difficult,” “I didn’t have enough money,” “I didn’t have enough time,” “I didn’t know the right people,” or “It isn’t that easy to succeed.”

It’s easy to come up with a multitude of reasons to rationalize failure. The specific reason is irrelevant. All excuses serve to feed a negative attitude. Instead, of putting your effort into formulating reasons to fail, why not conceive just one reason to succeed? One reason to succeed will energize your attitude, enabling you to overcome obstacles that would otherwise stop you.

Individuals who are successful believed they would succeed before they even started. They have a clear picture of their destination. To an outside observer, it may seem as if they have no chance of success. But in their mind, failure is not an option.

Conversely, someone who doesn’t believe success is possible will never achieve it, regardless of how hard they try. The reason is that their lack of belief programs their brain to prevent the achievements they desire.

Your accomplishments will always correspond to your mindset regardless of the effort you expend. Always maintain an awareness of your attitude. If you are frustrated with your

progress, honestly examine your beliefs. Do you have an unconditional conviction that what you want is possible? If you don’t, you must discover why, and then make any necessary mental adjustments, before success will be possible.

A lack of burning desire for what you want will have a negative impact on your attitude. Perhaps you have become frustrated by less success than you expected. Discouragement also diminishes your attitude.

The formula for attitude leading to success is simple. Start with a burning desire to attain your goals. Have a rock solid belief that you will succeed. Be willing to put in whatever effort is required. Don’t allow

failure to be an option. Never, ever give up. Recharge your attitude regularly with positive input. Don’t listen to anyone who tries to discourage you.

Today is a great time to assess and tune-up your attitude. You can accomplish anything you want only when you truly believe you can. Since your attitude is completely within your control, you can set it to bring you all you really want.

*NOW AVAILABLE: “Dare to Live Without Limits,” the book. Visit [www.BryanGolden.com](http://www.BryanGolden.com) or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at [bryan@columnist.com](mailto:bryan@columnist.com)*



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Tim Quinn and Gray Allen 5-2-2013 Tim Quinn, Executive Director of the Association of California Water Agencies (ACWA), presents a resolution to PCWA Board Chairman Gray Allen. Photo courtesy of PCWA

## PCWA Hosts 50th Anniversary Event

AUBURN, CA – (MPG) Financed by the Placer County Water Agency to build the Middle Fork American River Hydroelectric project 50 years ago, a special 50th anniversary celebration was hosted Thursday (May 2) by the agency Board of Directors.

The event attracted a standing room-only crowd of 100 people held at the PCWA Business Center in Auburn. The audience included citizens, public officials, community and business leaders from across Placer County and Northern California.

PCWA Board Chairman Gray Allen and General Manager David Breninger welcomed and moderated the event.

The ceremony focused on the people, actions and documents that led to the 1963-67 construction of the agency’s hydroelectric project, which became the first water supply and hydroelectric project of its kind to be

developed by a county utilizing “area of origin” water rights.

“It’s important to celebrate the power, but development of new, reliable water supply for the future use by the people of Placer County was the real motivation of the founders,” said PCWA legal counsel Janet Goldsmith, one of several speakers at the event.

Breninger emphasized that, “With increased demand for downstream water supplies, particularly exported from the Delta, PCWA remains ever vigilant to preserve Placer County’s “area of origin” water rights. The foresight and actions implemented by water agency leaders 50 years ago, who gave us those rights, will be forever protected by the agency.”

The project was built for \$115 million through a bond issued in 1963. PCWA Director of Financial Services Joe Parker showed a specimen of the original 1963 revenue bond of which

the last was paid off in January this year.

The project is fully owned and operated by the water agency. The power generated by the project is sold to the Pacific Gas and Electric Company.

The project includes two major reservoirs - French Meadows and Hell Hole - seven dams, five hydroelectric power plants and 21 miles of tunnels. It stores 340,000 acre-feet of water and produces an average 1 million megawatt hours of energy per year. It provides 120,000 acre-feet of firm water to PCWA.

A video of the history of the development of the Middle Fork Project was shown at the event and was narrated by PCWA’s Director of Strategic Affairs Einar Maisch.

The video may be viewed at [www.pcwa.net](http://www.pcwa.net) or request a copy from the Clerk to the Board Cheri Sprunck at (530) 823-4860.

Source: PCWA

## Elks Hoop Shoot National Finalists Compete for a Spot in the Hall of Fame

AUBURN, CA – (MPG) —Dribble, dribble, swoosh. The only sound in the packed gym at Western New England University in Springfield, Mass., was that of the 72 Elks Hoop Shoot national finalists sinking free throw after free throw. After 1,621 baskets swished through the net, six national champions emerged. Benny May, sponsored by Auburn Lodge No. 1691, is one of those champions.

The Elks Hoop Shoot National Finals took place on April 20 in Springfield, Mass. The Hoop Shoot began last fall with more than 1.5 million 8- to 13-year-olds from across the country vying to sink the most of 25 free throws. After advancing through local, district, state and regional contests, the 72 finalists, their families and Elks supporters reached their final destination—Springfield, Mass., home of the Naismith Memorial Basketball Hall of Fame.

Benny took first place in the 10- to 11-year-old boys' division, claiming a national title and having his name permanently inscribed in the Naismith Memorial Basketball Hall of Fame.

"It feels really good to be a Hoop Shoot National Champion," says Benny. "The best part about it is getting my name in the Basketball Hall of Fame."

Through the Elks Hoop Shoot, the Elks National Foundation—the charitable arm of the Benevolent and Protective Order of the Elks—offers youth the opportunity to engage in healthy competition, connect with their families and community, and succeed both on and off the court. Visit [www.elks.org/hoopshoot](http://www.elks.org/hoopshoot) for complete contest results.

If you have questions about the Elks Hoop Shoot, please contact the Elks National Foundation by emailing [hoopshoot@elks.org](mailto:hoopshoot@elks.org) or



calling 773/755-4758.

With nearly 850,000 members and 2,000 Lodges nationwide, Elks are providing charitable services that help build stronger communities across the United States. The Elks National Foundation, the charitable arm of the Benevolent and Protective Order of Elks, helps Elks build stronger communities through programs that support youth, honor veterans, and meet needs in areas where Elks live and work. To learn more, visit [www.elks.org/enf](http://www.elks.org/enf).

## Community 1st Bank Welcomes Lapkass as New Senior Vice President/Senior Relationship Manager

AUBURN, CA – (MPG) Community 1st Bank has named Ulrike Lapkass, who has more than 25 years' experience in the banking industry, as a new Senior Vice President/Senior Relationship Manager for the bank.

An Auburn resident, Lapkass joins the Community 1st team to bolster the bank's commercial lending services. She will work with business owners and investors throughout Northern California, primarily focusing on their financing needs.

"Our economy has made some positive strides in the past year, so this is a great time for any business owner to be looking for financing," Lapkass said. "I am excited to join the dynamic team at Community 1st Bank."

Lapkass began her banking career with Wells Fargo, where she was a Premier Client Manager for many years. She was also a Vice President/Business Client Manager and Business Development Officer for six years with Bank of



The Auburn Recreation District is currently taking registration for the 2013 competitive swim teams. Photo courtesy of Auburn Recreation District.

America in Auburn and Grass Valley, and held a similar position with California Bank & Trust in Roseville from 2005 to 2010. Lapkass spent the last three years in a relationship manager position with JPMorgan Chase Bank in Sacramento.

"Ulrike Lapkass brings a wealth of experience and knowledge to Community 1st Bank," said Robert Haydon, President & CEO of Community 1st Bank. "She is very skilled at helping companies and individuals with their financing, deposit, and cash management needs."

Lapkass has a passion for animals and serves as a volunteer for Scooters Pals, which is a local animal rescue organization.

A native of Heidelberg, Germany, Lapkass has resided in the Lake of the Pines area for many years. She is married to Paul Lapkass and has three children, Matthew, Kevin and Logan.

For more information on Community 1st Bank, visit [www.community1stbank.com](http://www.community1stbank.com) or call its Auburn branch at 530-863-4800 or its Roseville location at 916-724-2424.

Source: Halldin Public Relations

## Rooster Tails Fishing Club Breakfast Presents Unique Lures and Flies

AUBURN, CA – (MPG) The Rooster Tails Fishing Club breakfast meeting will be held on Friday, May 17 at the Auburn Elks Lodge, 195 Pine St. at Lincoln Way, Auburn, CA 95603. The doors to the Lodge open at 7:00 AM with a fantastic \$12 wide-selection buffet breakfast served from 8:00 AM – 9:00 AM. At 9:00 AM sharp, a presentation by Dean & Pat Hendricks, owners of North Country Lures and Flies, will cover their unique lures and flies lures used for successfully fishing Northern California waters. The Rooster Tails monthly, third-Friday, breakfast meetings are "Open to the Public".

The Hendricks grew up with fishing in their blood...Dean fishing the streams and lakes of the Sierra Mountains and Pat fishing the lakes in the Coastal range and the San Francisco Bay tidewater area. All along they always made their own lures and flies and found that people were buying the lures they were using



Dean Hendricks presents his latest catch. Photo courtesy of Rooster Tails Fishing Club

right off the end of their line. After guiding for several years they retired to Florence Oregon

where they started North Country Lures and Flies. Their lures are handcrafted one at a time...quality lures that are balanced, work properly in the water and catch fish for an affordable price.

The 30 year old, 180+-member Rooster Tails Fishing Club of Northern California, Inc. is a non-profit organization that meets the third Friday of each month to educate, entertain, and enhance a fishing experience. Unlike many bass and fly fishing clubs that concentrate on very specific types of fishing, the Rooster Tails Fishing Club provides a balanced mix of fishing techniques presented by fishing experts targeting a variety of fish species on multiple types of waters. Further information can be found at [www.roostertailsfishingclub.org](http://www.roostertailsfishingclub.org). For more information on attending Rooster Tails Fishing Club of Northern California, Inc. meetings, contact Jim, Club Chairman, at 530-887-0479 or [info@roostertailsfishingclub.org](mailto:info@roostertailsfishingclub.org).

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If you do not have email access, please call us at 530-823-2463.

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**Publisher Paul V. Scholl**

Member of Carmichael, Citrus Heights, Fair Oaks, and Orangevale Chambers of Commerce



## Placer County Sheriff Special Report



Participants in this year's Ride with Pride can choose to attend on one of four days. Photo courtesy of Placer County Sheriff

### Ride with Pride

PLACER COUNTY, CA – (MPG) It's time to sign up for the Placer County Sheriff Office's annual Ride With Pride, a one-day camp that pairs grade-school children with deputies and their horse partners.

Participants may choose to attend Ride With Pride on one of four days: Monday, Tuesday,

Wednesday or Thursday, June 10, 11, 12 or 13 at the Gold Country Fairgrounds in Auburn. Members of the Sheriff's Office, all with horse experience, have developed a complete program featuring sessions in which children have fun while learning about the care, handling and riding of horses. Children ages seven

through 12 are invited to participate. This is a free event.

Classes will be held from 9 a.m. to 2:30 p.m. each day and a free lunch is provided.

For more information or to register, call Community Services Officer Lynn Harrison at (916)

652-2419 or email her at lharriso@placer.ca.gov.

## Around Town with Loyce Smallwood



Kudos to those new and seasoned Auburn entrepreneurs who continue to grow their business with special mention to craft maven Kim Hughes who tempts we crafters with a wide array of crafting supplies including designer stamps and papers along with workshops and classes including card making and rubber stamping. Check out Hughes shop in the Live Oak Center on Highway 49 just down from the Victorian Village where the Too Much Stuff consignment store is being readied for opening adjacent to the future location (formerly Pappy's restaurant) of LaBou Bakery—home of the tasty breakfast sandwiches and yummy apple cake-- where Owners Arlene and Tong and fam/staff will be relocating by June much to the joy of the Auburn Yoga owner Gwenn Jones and adjacent tenants including the Assistant League Thrift in the adjacent Fiddler Green Center.

More joyful experiences are to be enjoyed at the newly relocated

Whistle Stop Quilt Shop (former Hospice Thrift location) on Lincoln Way at Forest Hill Exit where a bounty of quilting fabrics, accessories and books await the quilt lover who can sign up for a variety of quilting workshops in a spacious and very lively atmosphere.

Across the way in the Raley's Center quilters will find a variety of used quilting/sewing books and magazines at Friends of Placer County book store where funds raised are used to house and care for homeless felines who are cared for by dedicated volunteers including pet lovers Sandy and Shirley. Books, magazines, CDs and household accessories are needed along with friendly volunteers who can reward themselves with a delicious burrito at our fav Burrito Place next door across from the long-standing and wonderfully inventoried Dawn's Hallmark shop which has a vast array of gift cards, craft supplies, jewelry, garden items along with artist supplies.

Downtown Auburn is blooming along with the flowers and

the richly inventoried Auburn Needleworks where Owner Lisa celebrates one year at her 839 Lincoln Way location where artist/instructor and gallery owner Juan Pena and Wife Kay recently enjoyed the one year anniversary. Pena invites the public to drop by and enjoy his recently relocated gallery in the DT Gold Rush Mall where adjacent neighbor Betty Thompson is serving High Tea for Mothers Day and includes home-style scones along with other tempting delights for the tea lovers who will appreciate the personalized jewelry, tea accessories and gift cards.

For those seeking bargains with a western style, check out Junk 'n Treasures on the corner of Hwy 49 and Atwood where you'll find a variety of furniture and household accessories along with fashion and jewelry. Volunteer, donate, shop, create. Comments to loy@suddenlink.net

## Wells Fargo's Arts Investment Honors Armed Forces Veterans



L-R: Scott James, SVP Wells Fargo Advisers, Donald Kendrick, SCSO Artistic Director, James McCormick, SCSO President, David Galasso, Wells Fargo President, Northern & Central California. photo by Rick Cwynar VP, Marketing Manager at Wells Fargo

SACRAMENTO REGION, CA – (MPG) On behalf of Veterans young and old from all branches of the Armed Forces, the Sacramento Choral Society & Orchestra is proud to once again partner with Wells Fargo by accepting Wells Fargo's \$35,000 arts investment supporting the SCSO's Lest We Forget - An Armed Forces Salute concert at the Sacramento Community Center Theater on Armed Forces day, May 18th at 8 PM.

Wells Fargo, whose commitment to the military and

veterans is both highly respected and valued nationwide, plans to offer complimentary tickets to more than 200 veterans from all branches of the Armed Forces in our region for this event.

This large-scale choral orchestral performance, conducted by Donald Kendrick, will celebrate peace, reconciliation, hope and community. "We all value the healing power of music," explains Kendrick. "Our veterans are selfless human beings committed to our freedom and maintaining world peace."

It is the SCSO's privilege to once again partner with Wells Fargo to present meaningful music honoring our dedicated men and women in the Armed Forces." A pre-concert talk at 7:00 PM by Conductor Donald Kendrick will provide helpful insights into the music presented at the 8:00 PM performance.

For tickets to the SCSO's Lest We Forget concert, please call the Sacramento Community Center Box Office: (916) 808-5181. For SCSO information, visit sacramentochoral.com or call (916) 536-9065.



Whistle Stop Quilting (left to right) Tracey Wright, Candy Brown, Suzanne Maguire (owner) Photo courtesy of Whistle Stop Quilting.



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## Local Garden Tour and Plant Sale Features Unique Divide Gardens



Proceeds from the garden tour and plant sale go back into the community as civic beautification, magazine subscriptions for the Georgetown Library, donations to Arbor Day and California Native Plant Society, and reforestation programs such as Penny Pines. Photo Courtesy of The Divide Garden Club

GEORGETOWN, CA – (MPG) Mark your calendar for Saturday June 15th! Whimsical garden art, the sound of water bubbling in fountains and ponds, fragrant flowers spilling over the path and maybe a vegetable to taste; these are just a few of the treasures you will enjoy in the six gardens on the Divide Garden Club's self-guided tour.

This is a great opportunity to learn about and see first-hand, creative approaches to gardening challenges in the foothills. You will see beautiful specimens of shade plants, plants that tolerate hot, dry summers and freezing winters, and how to take advantage of a hillside.

Vegetable gardens, floral cutting gardens, annuals, perennials, trees, shrubs, worm composting; you name it. Here's where you can see and learn about them.

On Saturday June 15th, from

9 a.m. to 4 p.m., the garden tour begins at the Garden Club's annual plant sale (Carolyn's Garden) South St., across from the Georgetown Post Office. Tickets for the garden tour are \$20 and will be exchanged at the plant sale for a map to the gardens. Tickets will be available for a one-day advance purchase on May 18th at Mar-Val in Georgetown, Eisley Nursery in Auburn, and the Front Yard Nursery in Placerville. Tickets after May 18th can be purchased from Golden Gecko Garden Center in Garden Valley, Divide Supply Inc. in Greenwood, Front Yard Nursery in Placerville, Garden Club members, and at the plant sale on June 15th.

Proceeds from the garden tour and plant sale go back into the community as civic beautification, magazine subscriptions for the Georgetown Library,

donations to Arbor Day and California Native Plant Society, and reforestation programs such as Penny Pines. Civic beautification projects in Georgetown include the plantings around the I.O.O.F. Hall, median strip, and the native plant garden in Georgetown Park, in addition to maintenance of the Blue Star Memorial marker at the VFW Park. The Garden Club has awarded \$5,250 in mini grants to local organizations for gardening and beautification since 2009. The Divide Garden Club holds memberships in National Garden Clubs, Inc., Pacific Regional California Garden Club and Golden Foothill District and is also a community partner with Georgetown Divide Recreation District. For more information contact Sharon (530)333-2626 or Judy (530)642-0745.

## Assistance League Helps Kids SEE

PLACER COUNTY, CA – (MPG) Assistance League® of Greater Placer is pleased to announce their newest program; Screen Eyes Early or S.E.E. for preschool children. Committee members have been trained and certified by Prevent Blindness of Northern California to provide free eye testing using the LEA Symbol Eye Chart. Vision screening is not a substitute for a complete eye examination, but may help detect decreased vision.

Many serious vision problems, including refractive errors and amblyopia, or lazy eye, have no outward signs or symptoms. Detecting these vision problems in preschool is crucial because it can be difficult, if not impossible to treat by the time a child reaches grade school.

Funds for all Assistance League programs come from fundraisers, donations, grants



Members Karen Little (foreground) and Maralee Gouldthread (back) help Hadley with her eye test. Photo courtesy of Assistance League

and money raised by selling reusable clothing, household items and furniture in our Thrift Shop at 1263 Grass Valley Highway, Auburn.

Assistance League of Greater Placer served more than 13,000 Placer County children and adults who needed support last year.

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Forgotten Warrior is a 501 (c) 3 nonprofit organization committed to helping all veterans in need. Now that we are growing so fast we are in needed of your help to help, in office functions, such as promotional and public relation work, advocate to work with the homeless and disabled veterans. We need people that can do community fund raising events, and we really need of a Grant writer.

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By Linda Louise Haines

## Shopping Colfax & Beyond

CLUB provides "Security Through Blankets." On the third Fridays, join Whistle Stop with assisting Project Linus in getting blankets to sick children in need.

For more information on the open house, Project Linus, classes and anything else at Whistle Stop, call 888-1882 or go to <http://www.whistlestop-quiltandsew.com/>.

Art Madrigal, born and raised in Colfax, started his training company, Madrigal Training Services after 20 years of working with the County in Health & Human Services. During twelve of those years, he worked as a training supervisor. And, through that experience he discovered that he had a passion and the skill for leading workplace trainings.

Madrigal has a BA in Business Administration and is near completion of his Masters in Education.

This discovery birthed Madrigal's own training business. Madrigal and his business partner Gina Ehlert are both certified Mental Health First Aid instructors, which is how I met them.

In January they led a workshop in Mental Health Basics at Sierra Vista Community Center (SVCC) in Colfax. It was an educational workshop, but the two instructors created a safe environment that encouraged participants to share from personal experiences.

Then, more recently Madrigal and Ehlert led a Suicide Prevention workshop also at SVCC. It was also educational and interactive. It also prepared us to be "safeTALK" Suicide Alert helpers. This didn't prepare us to be professional

suicide counselors. However, it did help us to be more alert to possible signs that someone we know is at risk.

The key steps are T-A-L-K. We learned how to encourage an at-risk person, including ourselves, to Tell someone when having thoughts of suicide. Next we learned how to Ask key questions that encourage disclosure and how to actively Listen at the heart level.

Finally, the "K" stands for KeepSafe, which focuses on keeping the person safe and directed to resources. We learned to help them make connections for assistance from professional resources like local emergency numbers ("911") or the National Suicide Prevention Hotline, 1-800-273-TALK (8255).

The safeTALK training included role plays, so we could get more comfortable using words like "suicide" and "death." Also, Madrigal and Ehlert did a wonderful job of encouraging us to share personal experiences and insights. I highly recommend both of these specialized trainings as community members to develop "suicide-safer" communities.

Madrigal Training Services also presents trainings for professional trainers, online and classroom course design, workplace trainings and Mental Health First Aid courses and more. Contact Art 530-346-7042; [www.madrigaltraining.com](http://www.madrigaltraining.com).

I am now a Suicide Alert SafeTALK helper. You can call me or Madrigal for more information. You can also email me with your business news, [lindalouise@exwire.com](mailto:lindalouise@exwire.com).

## Take Note Troupe presents William Shakespeare's Much Ado About Nothing

PLACER COUNTY, CA – (MPG) TNT's staging of this Shakespearean classic is upbeat, fresh and entertaining for all ages. This original adaptation weaves Shakespeare's Sonnets through out a timeless tale fraught with love, folly and deception. You'll enjoy the show as iconic characters from the Bard's cannon march to the edge of near tragedy because attention, then

credibility is given to gossip, or in Shakespeare's terminology 'noting' – another word for eavesdropping, from which the word 'nothing' is derived: hence the play's title.

For more information and to learn about awards won:

Visit: [www.takenotetroupe.org](http://www.takenotetroupe.org)

Show Dates and Times:  
May 25th - 4:00pm &

7:30pm - Benefit performance for Auburn Placer Performing Arts Center - raising funds for the State Theater renovation project

June 1st - 6pm - Auburn Gardens Theater, Auburn Library

June 6, 7, 8 - 7pm - Royer Park, Roseville

## Canyon View Preserve Trail Grand Opening Saturday June 1st 9:00am-10:30am

PLACER COUNTY, CA – (MPG) Help us "cut the ribbon!" We will officially open the new Canyon View trail to the public with a short ceremony and a light brunch.

"We are excited that this project, which was first envisioned when we protected the property in 2004, will finally be completed," said Jeff Darlington. "Placer Land Trust has partnered with so many people, agencies and organizations over the years

to make this happen. We are looking forward to the opportunity to thank them and make this special property available for public use."

Guided walks will be available after the ceremony along the recently completed 1-mile interpretative trail loop on this 50-acre preserve in Auburn. Learn about the restoration and enhancement projects that have transformed Sierra Canyon Creek, see the views of the North

Fork American River canyon, the Sierra crest, and the Foresthill Bridge.

Learn more about Canyon View Preserve on our web site.

This is a family friendly FREE event, but a RVSP is required. Parking and space is limited, so please RSVP early to ensure your spot!

If you have any questions or need additional information, please contact Janet or call our office at 530-887-9222.

What's up? Whistle Stop Quilt Shop has moved and is having an open house.

Madrigal Training Services is gaining momentum as Art offers "Mental Health First Aid" and "safeTALK Suicide Prevention" workshops in Colfax and beyond.

Colfax Theater has delayed its reopening open house till June 15th, we hope. Stay tuned!

Open House--Whistle Stop Quilt and Sew has been serving sewing enthusiasts in the Sierra Foothills since 2007, first in Colfax and now in Auburn. New address: 13342 Lincoln Way at the Foresthill exit at I-80, behind KFC & Sierra Grill.

The "Grand Opening" at the new location is scheduled for the week of May 13th. They'll have prizes, special sales, yummy treats all week long and will end up with a party on Saturday.

Owner, Suzanne Maguire says: "When you stop by our shop, you'll find a large selection of 100% cotton fabrics featuring Batiks, Civil War and 1930's reproductions, novelty prints, flannels, blenders, wide backs, & designer lines from Moda, Wilmington, Benartex, Fabric Freedom, Marcus, and many more. Plus, notions and anything else you'll need to sew and quilt!

Whistle Stop's community project: COLFAX LINUS

## 2013 Winners of 30th Jubilee Open Juried Show Announced

AUBURN, CA – (MPG) PlacerArts is pleased to announce the winners of the 30th Jubilee Open Juried Show at The Arts Building Gallery on exhibit through May 31. Jurors of this dynamic show are Anthony Maki Gill and Maria Winkler. Cash prizes totaling more than \$1,000 accompanied the honors. Many of the entries are available for purchase.

Matt Konar, of Loomis, won Best of Show for his work entitled, Jesus in Blue Jeans, and says, "I want to extend my thanks to the many folks behind the scenes who make the PlacerArts shows and Auburn Art Walks possible, as well as the judges who stepped up to make the very difficult decisions required of this show."

Of his process Konar adds, "I work mostly in oils and the progress of each work is slow and sometimes tedious - my oils are built with glaze upon glaze, and detail upon detail. For me technique and investment of time are always subservient to achieving the final effect in the painting. I'm driven by and find my greatest satisfaction in what I create as a final work and not the process." Other artists have dubbed him "the storyteller" and have said that his paintings "speak to the soul."

Konar's work is both light and dark in subject, approaching at every turn both the whimsical and the mischievous. He uses the canvas as a stage to capture moments of love and heroism, as well as times of human folly. His characters come from real life, from songs, from poems and from stories. The stories take place under a starry sky with the drama of the constellations. Unexpected details are presented through the book on a shelf, the image in a mirror, the wallpaper pattern, an individual

leaf, and many other visual gestures waiting to be unlocked by the viewer. There is a profound sense of mystery, nuance, symbolism and timelessness in the scenes he depicts.

The only artist to win in two categories is Auburn artist, Christiane Raymond, who took Second Place for her fine pencil illustration, Urban Nest 1, as well as Best of Category Other for her fine pencil illustration entitled, Mobile Home, and says "I hope you enjoy looking at the pieces as much as I enjoyed creating them."

Third place was taken by Colfax artist, Foxey McCleary for her work, Sodden. McCleary is also participating in the 2013 Colfax Art Walk opening Friday, May 10. She is a member of Placer Artists League and has taught art locally for many years.

Shirley Hazlett, of Sacramento, won Best of Category, Acrylic for her piece entitled, Orca. Shirley says, "This was a great show. I really liked seeing all the work. I'm proud to be in it."

Best of Category, Pastel, was awarded to Auburn artist, Reif Erickson, for Along the Path.

Merridee Joan Smith and Deanna Marsh, of Auburn, collaborated on a mixed media work entitled, Terraces, which took Best of Category, combining the felted fiber art of Ms. Smith with the metal art of Ms. Marsh. The piece was inspired by the terraces of La Gomera in the Canary Islands.

Nevada City artist, Terry Juhl, won Best of Category Oil for her piece, Rustic Wonder. Terry has painted in watercolor and acrylics since 1995 and began her study of encaustic medium in 2008, saying, "Painting with pigment and heated wax results in a surface

that is thick and textured and yet soft and smooth. While this is new adventure to me, the process dates back at least to the Fayen mummy portraits of Egypt around 100-133 CE."

Michael F. Corlew, of Folsom, won Best of Category Photography for Dancing Cranes. Mr. Corlew notes that a signed copy of Black and White Magazine's Special Issue #95, Single Image Contest 2013, will accompany the purchased print. Dancing Cranes is featured on page 25.

Best of Category 3D, went to Penryn artist, Ann Henderickson-Pantos, for her wire sculpture, Time Travel.

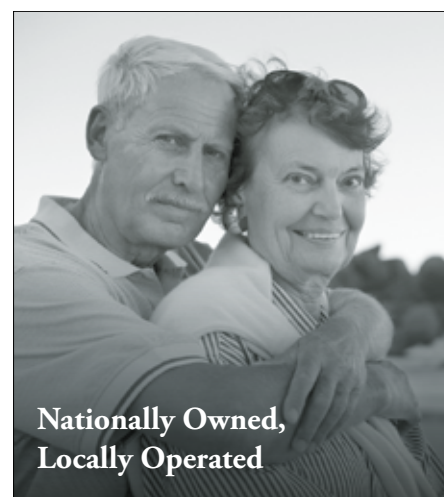
Juan Pena, of Colfax, and with a new gallery in Auburn, won Best of Category Watercolor for Coffee Trees.

The 30th Jubilee Open Juried Show continues at The Arts Building Gallery, 808 Lincoln Way, Auburn, through May 31. The public is encouraged to visit, enjoy the exceptional show, and cast a vote to select a People's Choice Award.

PlacerArts is the catalyst for the arts and humanities in Placer County, designated by the County Board of Supervisors as the State Local partner of the California Arts Council, a state agency. Placer Artists League members meet regularly for artist presentations and demonstrations on a variety of media and art-related topics. Operating as a program of PlacerArts, the group's goal is to support area artists and their craft, as well as provide venues for professional exhibition of their work.

For more information, visit [www.PlacerArts.org](http://www.PlacerArts.org) or call PlacerArts at 530.885.5670.

Source: PlacerArts



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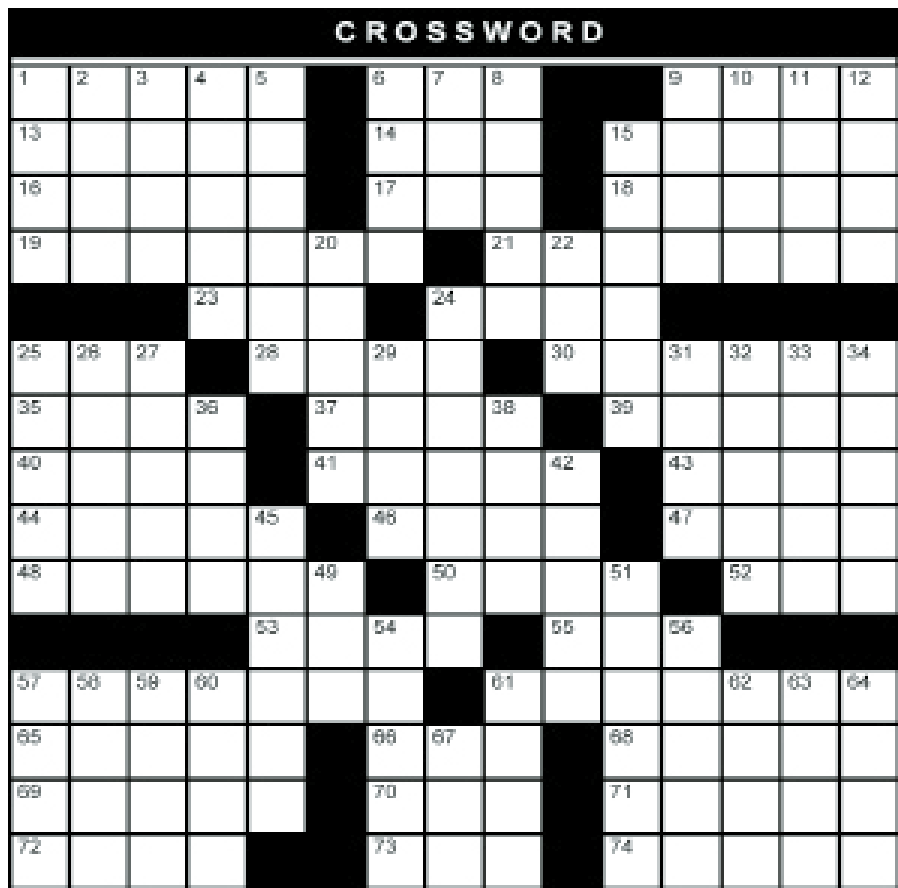
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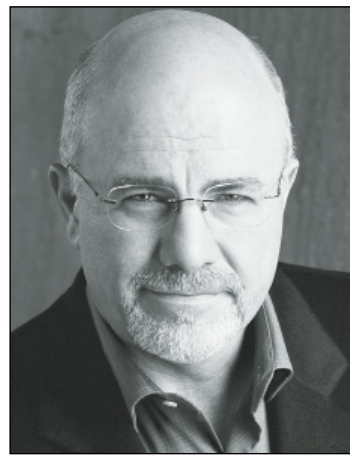
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CLUES

- ACROSS  
 1. Between streets  
 6. Acorn producer  
 9. Dwelling choice  
 13. Garlicy mayonnaise  
 14. Club \_\_\_\_  
 15. Henry, Mary or Elizabeth  
 16. "Amsterdam's Anne Frank House is where she hid from them  
 17. Pilot's announcement, acr.  
 18. Do penance  
 19. "Red Square attraction  
 21. "Lady \_\_\_\_  
 23. Always, in verse  
 24. Greek personification of Earth  
 25. Body, slang  
 28. Medicine bottle  
 30. Enter uninvited  
 35. Augments or increases, often precedes "out"  
 37. Pig trough contents  
 39. 1/100 of a rial  
 40. "Italy's Mount Vesuvius is scarred by it
41. Equestrian's attire  
 43. Eye affliction  
 44. \_\_\_\_ Wars between China and England  
 46. Con  
 47. Capital of Ukraine  
 48. Gary Coleman: "What you talking 'bout \_\_\_\_?"  
 50. Mary had a little one  
 52. "Big Island" flower necklace  
 53. Calcium oxide  
 55. Napoleon of "Animal Farm"  
 57. " \_\_\_\_ Chapel  
 61. Trendy  
 65. Accustom  
 66. Female gametes  
 68. All plant and animal life of a region  
 69. Farewell remark in France  
 70. "Fort Sumter, where the Civil one began  
 71. To impede or bar  
 72. Tiny piece of anything  
 73. Home for #55 Across  
 74. Kind of tides
- DOWN  
 1. \_\_\_\_ shot in basketball  
 2. Yarn spinner  
 3. Exude  
 4. Frigid, torrid or temperate one  
 5. Hanukkah month  
 6. Inviting sign  
 7. "The Louvre in Paris has a lot of it  
 8. Bear Down Under  
 9. Mandolin's cousin  
 10. Carbon monoxide lacks this  
 11. Ariel, e.g.  
 12. 3-pointer in basketball  
 15. Over-armor tunic  
 20. "Like Blarney Stone at Blarney Castle  
 22. Junior's junior  
 24. A small round drop  
 25. Under  
 26. Giraffe-like African animal  
 27. Prince of Darkness  
 29. Winglike  
 31. Classic board game  
 32. Justin Timberlake's
- " \_\_\_\_ the End of Time"  
 33. The one who the check is made out to  
 34. "Three Coins in the Fountain" fountain  
 36. First king of Israelites  
 38. "Site of Leaning Tower  
 42. Allegro or lento  
 45. Environs  
 49. Break a commandment  
 51. "Big clock  
 54. Cat sounds  
 56. Sheep's clothing to wolf  
 57. Thailand, once  
 58. \_\_\_\_-European language  
 59. Executive, slang  
 60. Tire swing prop  
 61. Deviate  
 62. I, to a Greek  
 63. Octagonal sign  
 64. Chance occurrences  
 67. Giant pot

For Solution See Page 7



Dave Ramsey is America's most trusted voice on money and business. He's authored four New York Times best-selling books: *Financial Peace*, *More Than Enough*, *The Total Money Makeover* and *EntreLeadership*. The Dave Ramsey Show is heard by more than 5,000,000 listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

Essential Expenses

Dear Dave,  
 I'm following your plan, and currently I have \$14,000 in my emergency fund. What are essentials for three to six months of expenses?  
 - Brian

Dear Brian,  
 Basically, you should ask yourself this question: *What would it take to operate my household for a month?* There are several different things that could be classified as "essentials," but if you take those things and multiply the number by three, four, five or six, you'll see how much money you need to have a fully loaded emergency fund of three to six months of expenses. This is Baby Step 3 in my plan.

Some people get really technical about exactly how many months of expenses they need to save in this range. And that's okay. You can take a little time to evaluate things before moving on to Baby Step 4, which is investing 15 percent of your household income into Roth IRAs and other pre-tax retirement plans.

Believe me, it's a great feeling to have a big pile of cash sitting there just for a rainy day. You don't want to go nuts and make it so big that you sacrifice retirement or other important aspects

Dave Says

of your life, but after a point you shouldn't be too concerned whether you have three months or six months of expenses—or somewhere in between—saved just for emergencies.

Having a nice emergency fund, along with no debt, creates a wonderful sense of financial peace!

- Dave

She Stole His Identity

Dear Dave,  
 If a wife takes out a credit card in her husband's name without his knowledge, and they get divorced, can the husband claim identity theft?

- Nancy

Dear Nancy,  
 Absolutely! Unless they have power of attorney, anytime someone opens an account in a name other than their own, they have stolen an identity. Being married to someone doesn't give you the right to sign their name to a document.

I knew a guy in the real estate business years ago who was doing a lot of property deals under his own name.

Occasionally, the title company would require his wife's signature, and he would sign her name on the papers himself. Sometimes he signed her name after calling her up and explaining what was happening, and she was okay with the situation. Then, he signed some papers she didn't know about, and it came back to bite him. He was charged with criminal fraud!

You cannot legally sign your spouse's name without first having power of attorney privileges. If you do, it's called identity theft. It's a crime anytime you lie to get money.

- Dave

\*For more financial help, please visit daveramsey.com.

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1			9					
		9			6	1		
4	6					2	3	
	5		3	2			7	
	9			5	4			1
	7	5					2	1
		3	7			8		
					9			7

Come back every week for Sudoku!

For Solution See Page 7.

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Number Puzzle on Page 6

1	2	8	9	4	3	7	5	6
5	3	9	2	7	8	1	4	6
4	6	7	1	8	5	2	3	9
6	5	6	3	2	1	9	7	4
3	1	4	6	9	7	5	8	2
7	9	2	8	5	4	6	1	3
9	7	5	4	6	8	3	2	1
6	4	3	7	1	2	8	9	5
2	8	1	5	3	9	4	6	7

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**Crossword Puzzle on Page 6**

B	L	O	C	K		O	A	R		L	O	F	T	
A	I	O	L	I		P	R	O		T	U	D	O	R
N	A	Z	I	S		E	T	A		A	T	O	N	E
K	R	E	M	L	I	N		L	I	B	E	R	T	Y
				E	E	R		G	A	I	A			
B	O	D		V	I	A	L		I	R	R	U	P	T
E	K	E	S		S	L	O	P		D	I	N	A	R
L	A	V	A		H	A	B	I	T		S	T	Y	E
O	P	I	U	M		R	U	S	E		K	I	E	V
W	I	L	L	I	S		L	A	M	B		L	E	I
				L	I	M	E		P	I	G			
S	I	S	T	I	N	E		V	O	G	U	I	S	H
I	N	U	R	E		O	V	A		R	I	O	T	A
A	D	I	E	U		W	A	R		E	S	T	O	P
M	O	T	E			S	T	Y		N	E	A	P	S

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By Ronnie McBrayer

Years ago my oldest son asked me a question: "What is a saint?" When you're driving along with a numb mind at day's end, as I was, that's not the type of question you are prepared to answer. So I splattered out, "A saint is someone who does what God wants them to do." My son answered, "If that's a saint, then why did New Orleans choose that as their football mascot?" I didn't have an answer for that question either.

What is a saint? Well, we often think of saints as being holy or remarkable people who did something extraordinary for God. We think of people we know personally who have influenced us: A grandmother, parent, or mentor whom we easily refer to as saints. Or we think of some poor lady with a worthless husband and an impossible life. She never loses her patience or resolve, so behind her back we talk about how great her reward in heaven will be, and we call her a saint.

Thomas Merton, a saintly person in his own right, said: "A saint is not someone who is good. It is someone who has experienced the goodness of God." Going with Merton's thought, saints are those have come to know deep, abiding grace. Saints understand that their failures and shortcomings do not disqualify them from receiving God's love. Saints have learned that their

## A Saint Goes Marching In

grotesque, self-inflicted wounds, rather than alienating God, bring the divine to bear in their lives in unique and powerful ways.

Extraordinary. Influential. Determined. Fallible and damaged. If these are the characteristics of sainthood, then a true saint left the world in recent days: The writer, priest, preacher, alcoholic, divorcé, and all-round self-proclaimed "ragamuffin" known as Brennan Manning.

As a young man Brennan entered the seminary and was ordained to the Franciscan priesthood. He would go on to become a theologian, a campus minister, a spiritual director, the author of nearly two dozen books (his "Ragamuffin Gospel" should be required religious reading), and a practitioner in the way of Jesus, living among the poor as a mason's assistant, a dishwasher, a voluntary prisoner, and a shrimper.

Of course, if Manning's story and life ended there, there would be little doubt about his sainthood. Teaching theology, working among the pitiable and overlooked, self-imprisonment (though innocent) in order to minister to convicts, living among the rough and tumble fisherman of the Gulf Coast — who could be more like Jesus?

But Manning's ministry and life disintegrated into horrific alcoholism. He was homeless and busted, living on a quart of vodka a day, when he finally entered treatment. It took him months to get sober, but he did, only to relapse. When sober again he began writing in earnest, left the priesthood, married

Rosalyn, and moved to New Orleans (he was an avid Saints fan), where his marriage would end in divorce, and again he would land in rehab.

Manning says that the greatest regret of his life is not his relapses into alcoholism. His greatest regret is "The time I've wasted in shame, guilt, remorse, and self-condemnation...I'm not speaking about the appropriate guilt one ought to feel after committing a sin. I'm talking about wallowing in guilt, almost indulging in it, which is basically a kind of idolatry where I am the center of my focus and concern."

He went on to say, "I can waste no more time being shocked or horrified that I have failed. There's nothing else I can do now but help sinners journey from self-hatred to God's love, and to help people see that if God ceased to love, God would cease to be God."

This blessed, bumbling drunk; this muddled mix of failure and faithfulness; this holy, blue-eyed and blue-jean-wearing champion of grace did exactly that for untold thousands — he helped them find the love of God in spite of personal shame. And while I only knew him through his words, he did the same for me. So from one ragamuffin to another, "Thank you, Brennan. A saint truly is marching in."

*Ronnie McBrayer is a syndicated columnist, speaker, and author of multiple books. You can read more and receive regular e-columns in your inbox at [www.romniemcbrayer.net](http://www.romniemcbrayer.net).*

## Why Can't We Just Have Fun?

By Rev. James L. Snyder, D. Litt

The great pastime of America throughout the years has been sports. Americans have been ingenious in turning something simple into a sport for everyone to enjoy. I must say I have enjoyed my share of sports.

When younger, I was a baseball fan. I went to as many games as possible. The Stadium in Baltimore Maryland was just a few minutes from my house so I could visit it often, and I often did. I did not really care who won the game as long as it was a good game played, not to mention the hotdogs.

The Gracious Mistress of the Parsonage accused me of going to ball games just to eat hotdogs. Whenever I would return from a ballgame the first question would be, not who won the game but, "How many hotdogs did you eat?"

If the truth was known, and you will not get it from me, many a hotdog sacrificed itself at a ballgame. After all, when you are watching a ballgame, who has time to keep track of how many hotdogs you are eating?

I did have a moment of anxiety once when my wife threatened to weigh me before the game and then weigh me after the game to see if I had eaten too many hotdogs. When she first mentioned it I laughed, but I noticed she was not laughing, which caused me some deep concern.

Fortunately, for me it never got to that but came perilously close.

Nothing is more relaxing on a Saturday afternoon than sitting in a ballpark watching a ballgame in progress. Somehow, all the cares of the world seem to flutter away while watching the game.

It all ended for me one summer.

I had come into the house from some chore and my wife greeted

me by saying, "Do you know your ball team is on strike?"

I looked at her, laughed and said, "I know. They get three strikes and then they're out. That's the way they play the game." I winked at her and laughed good-naturedly. "Finally," I said to her, "you're coming to understand what the game is all about."

"No, you don't understand. Your team is on strike."

"I get you, and this Saturday I'm going to go and watch them strike again."

It took me a while but finally my wife got through the thickness of my skull and got me to understand the strike she was talking about was not the strike I was talking about. It is always nice when people are on the same page.

In a marriage situation, the biggest challenge a couple has is staying on the same page. Even though the husband and wife might be reading the same book, for some reason wives have the ability to read three or four chapters ahead. When a husband tries to correct her she impatiently says, "We were on that page last week. Try to keep up."

Try as we might, it is a rare husband who can keep up. But we try.

When I got up to the same page as my wife about the baseball team on strike, I was feeling rather low. "What do you think about your baseball game now," she taunted.

As it turned out, the baseball team was actually out on strike and if I remember correctly, we missed the whole season that year. They were on strike for, you will never guess, more money.

Up to that point, I thought the players played because they loved the game. Boy was I on the wrong page with that. I went to games because I love the game and it did not matter to me who won or lost as long as it was a

good game.

Now, to find out that my heroes, if you can call them such, were primarily interested in money was disheartening. I have never been able to watch a game since with the same excitement I did before.

Why can't we just have fun? Why does life have to be such a battle? Why can't we have a baseball game just for the fun of it?

Recently, I attended a baseball game at the local high school. I thought I would just go and enjoy the game. I did not know any of the players; I just wanted to enjoy the game.

Then I met an unfamiliar phenomenon of high school baseball. Parents of baseball players!

The game started as normal but soon the air exploded with shouting and yelling in the stands. I did not quite understand what all the noise was about at the time. Two women, imagine that, got in a fistfight over the ballgame! They were mothers of two of the players on opposite teams.

That was just the beginning of the shouting and the yelling that afternoon. As I walked away, I sadly shook my head and said to myself, "Why can't we just have fun?"

I believe the Preacher in the book of Ecclesiastes explains it well. "I have seen all the works that are done under the sun; and, behold, all was vanity and vexation of spirit" (Ecclesiastes 1:14 KJV).

Some are so caught up in the vanity and vexations of life that they never know what it is like to just enjoy life. Why can't we just have a little bit of fun?

*Rev. James L. Snyder is pastor of the Family of God Fellowship, PO Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 1-866-552-2543 or e-mail [jamesnyder2@att.net](mailto:jamesnyder2@att.net). His web site is [www.jamesnyderministries.com](http://www.jamesnyderministries.com).*



By Karen Anderson

It is a wonder to me (and we all do this) how the plans are all made for the day. You have everything all mapped out, then at the end of the day you wonder why nothing worked out as you planned. Do you know why that is? You missed a very important element...God. It is more than just bringing God into your day. It's that you made the plans without Him and asked Him to agree with you. When you think about this, it is really foolish because God knows so much more than you do. I sometimes wonder what God must think when plans are made without Him and then we just want His approval. How silly is that?

## You're God's, Period

In my own life, I can just see Him smiling, knowing what is waiting for me around the bends of my day. It's not what He wanted for me, but in my arrogant attitude that I know what is best for me, I blow it every time. He is always right, that unexpected bend in the road was hiding something totally unexpected that I didn't see it coming and it swamps me. God knows best and if I had followed His lead and asked for His direction I probably would have avoided it. You know that the obstacles are what the enemy is throwing out there to trip me up and he does his job very well. I have the bumps and scrapes to prove it. Sometimes my problem is that I still don't see it when I pick myself back up. I wonder why everything went wrong and start complaining to God that He wasn't there when I needed Him.

I know deep down that God cares for me but this would sometimes make me question Him. Was I simply one of the masses and He just didn't have time for me? What a silly thought! The problem was and

sometimes still is that I need to ask what He wants for me. Then, I need to be willing to follow His direction. The Word says, "I'm single-minded in pursuit of you; don't let me miss the road signs you've posted."

I can tell you from personal experience, if you will open your heart and mind to God, life will be better. It isn't an easy road, but you have a brilliant spotlight showing you the path. Listen and follow Him and your day will go smoother and you won't be tripped up by Satan himself. God's light has illuminated the enemy himself so you will see him. **PASSAGE:** Psalm 119:10 (The Message)

*Karen Anderson is an accomplished speaker, author, and chaplain. Women's Retreat planned for March 2014 at [www.renewingyourspiritretreat.com](http://www.renewingyourspiritretreat.com). Receive a copy of her latest book, "Nikki's Tail-Waggin' Lessons" and "The Little Book of BIG Thoughts" series. Leave a message or questions for Karen through her website [www.doablesteps.com/contact](http://www.doablesteps.com/contact).*



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A TV Review by Tim Riley

### IRON MAN 3 (Rated PG-13)

Shane Black made his mark in Hollywood mainly for original screenplays of high-octane action films such as "Lethal Weapon" and "The Last Boy Scout." For "Iron Man 3" Black performs the double duty of writer and director.

This duality explains, in large measure, why "Iron Man 3" has its fair share of loud noise and explosions, including the surreal destruction of Grauman's Chinese Theater carried out by the red-eyed minions of a mad scientist.

To its credit, "Iron Man 3" works fairly well as a stand-alone entertainment, beginning with a flashback to New Year's Eve 1999 at a swank affair in Switzerland, where Tony Stark (Robert Downey, Jr.) rebuffs the entreaties of a tech geek.

Flash forward to the present, the nerdy scientist, Aldrich Killian (Guy Pearce), though still weird, now looks like a male model for Abercrombie & Fitch, albeit one with a diabolical plan for world domination, or possibly nothing short of global annihilation.

Killian holds a grudge that Tony Stark, whose alter ego is Iron Man, rejected his program for a project called Extremis, so now he's in cahoots with an Osama bin Laden-style terrorist named the Mandarin (Ben Kingsley).

Apparently, Killian's thugs are an army of zombie-like characters who outwardly look like normal humans, but they turn their bodies into a red-hot fury of molten flesh and then explode like human grenades for maximum devastation.

Worn out from too many superhero duties, the eccentric billionaire Tony Stark, suffers from anxiety, causing him to ceaselessly tinker with refinements to his armored Iron Man suit. This results in our hero being a mere mortal for much of the film.

His old pal, Captain Rhodes (Don Cheadle), ends up carrying the load of action heroism. Meanwhile, Stark is also paying little attention to his love interest Pepper Potts (Gwyneth Paltrow).

## Riley Reviews

WIT, CHARM AND HIGH-OCTANE ACTION FUEL "IRON MAN 3"

Spurred on by taunts from Stark, the Mandarin launches a full-scale rocket assault on the industrialist's Malibu seaside mansion, blowing the entire estate into a pile of rubble at the bottom of the ocean.

In the manner of bin Laden's videotaped threats, the Mandarin interrupts global

Most spectacular of all is the hijacking of Air Force One, resulting in Iron Man having to fly through the air to rescue about a dozen people blown out of the plane, turning the exercise into what resembles an aerial circus act.

Of course, as with all action-fueled adventures in the superhero genre, the climax is a spectacular battle on the massive loading structure at an unidentified shipping port.

The climactic showdown proves to be too big a job for just one man, so Iron Man is joined by his War Machine colleague, Captain Rhodes. The reunion of the pair allows for them to engage in easygoing banter.

What makes the "Iron Man"



Robert Downey, Jr. reprises his role as billionaire tech genius Tony Stark in Iron Man 3. Starring with Downey, Jr. in this installment are Guy Pearce as Aldrich Killian; Ben Kingsley as Mandarin; Don Cheadle as Captain Rhodes; Gwyneth Paltrow as Pepper Potts. Iron Man 3 is now showing.

television programming with diatribes intended to inflict fear of the latest terrorist assault.

Still fiddling with his metal suit, Stark tests a new system that allows him to fly through the air only partially armored while the other pieces hurtle in his direction as if he were a large magnet.

Testing his prototype armored suit leads him to the backwoods of Tennessee where his only ally is a young orphaned kid (Ty Simpkins) who helps the superhero piece together the mystery of the Mandarin.

The clock is running because the Mandarin continues to hijack the airwaves and threatens to bring America to its knees if President Ellis (William Sadler) does not exceed to his outrageous demands.

As expected in the Iron Man franchise, there are plenty of great action set-pieces, even if Stark spends much of his time outside his alter ego comfort zone.

franchise entertaining in many ways is the ease with which Robert Downey, Jr. infuses his character with affable wit and charm, along with a superb knack for delivering biting one-liners with facile nonchalance.

Without a doubt, "Iron Man 3," fittingly as it is based on a comic book, has its cartoonish aspects. Nevertheless, it strives for a higher purpose than just being loaded with special effects.

Though it is hard to imagine the "Iron Man" character inhabited by anyone other than the quirky, fevered Downey, the best of all this time around is Ben Kingsley, whose surprises should not be revealed.

If you are game to sit through endless minutes of credits (where it appears that half of everyone in Hollywood was involved in the production), there's an amusing session of Tony Stark in a bit of psychoanalysis at the very end.

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# POPOFF!

with Mary Jane Popp

- 1) **Freeze edible flowers in ice cube trays.** Fill each cube half-way with water, place flowers and freeze. Then fill each to the top and freeze. It'll warm her heart.
- 2) **Plant your favorite bedding plant in a small basket.** Tie on a gift tag with a checkered ribbon.
- 3) **Bake bread in flower-shaped tubes.**
- 4) **Surprise Mom with a quiet retreat in her own bathroom.** Make sure it's clean first. Bring in scented candle, flowers, new magazine or book, a cold drink, and a portable stereo with soothing music. The most important part would be a sign on the door reading "JUST FOR MOM...PLEASE DO NOT DISTURB!"

Then I turned to Casey Kellar for some wonderful tips to complete the picture from one of her books "The Good Earth Bath, Beauty, And Health Book" with more than 75 easy-to-make formulas for self-pampering and gift-giving like:

- 1) **Luxurious Scented Bath Oil.**  
You Will Need:  
½ Cup apricot kernel oil  
1 teaspoon jojoba oil  
2 tablespoons olive oil  
one 400 unit Vitamin E capsule (pierce it with a needle and squeeze oil into mix)  
3-6 drops essential oil (your choice)

Mix all together. Use 1 tablespoon per bath. Store in bottle in cool place. Shelf life: 4-8 months.

- 2) **Super Moisturizing Massage Oil.**

You will need: ½ cup sweet almond oil  
¼ cup coconut oil  
4 tablespoons jojoba oil  
1-½ tablespoons avocado oil  
3-5 drops essential oil of your choice (either one or a combination)

Mix all together. Store in cool dry place. Shelf Life: 3-6 months

- 3) **All-in-one Linen and Sweater Protector And Cedar Chest Revitalizer.**

You will need:  
1 cup white rice  
6 drops cedar wood essential oil  
1 drop orange essential oil  
Add essential oil to the rice and blend with spoon about 30 seconds. Shelf Life: Approximately 6-8 months (then can be re-fragranced again.)

Remember, the best gift you can give your Mother is love. Spend time with Mom. Let her know you care. There will come a day when she is gone, and you don't want to be saying...if only! I know. My mom is gone now, but her memories will always be in my heart. I know they will be in yours too. Happy mother's Day in the sweetest way...giving of yourself!

Join Mary Jane for the **KAHI Noon News Monday-Friday and then again for POPOFF 10 PM - Midnight.**

## Community Cooks For Historic Blue Goose Fruit Shed

PLACER COUNTY, CA – (MPG) On May 18, a community of chefs, caterers and cooks come together to serve up tasty dishes and support the renovation of the historic Blue Goose Fruit Shed in Loomis. The 13th annual Blue Goose Food Extravaganza brings together 'chefs' from local and regional government, nonprofit organizations, restaurants, businesses and individuals who love to cook. They tempt guests with tastes of their culinary efforts. Outstanding dishes from appetizers to desserts vie for guest's attention. There are traditional dishes, ethnic choices, prize winning recipes and a whole lot of fresh food and creative dishes. A special section includes backyard grillers. Denise Mitchell comes from Auburn because "it's such a great event. Not only is the food buffet delicious and full of variety, the event draws a crowd of fun and friendly people. The perfect way to spend an evening in May!"

Serving starts at 5:30 with unlimited tastes from the 70 plus chefs for the general admission of \$25 until May 17/\$30 day of event at the Blue Goose Event

Center. There are a limited number of reserved tables in the Event Hall for \$500 for 8 which includes amenities, wine, gifts and special attention. Tickets can be purchased in Loomis at Main Drug, Blue Goose Produce, Loomis Chamber of Commerce or Lincoln Chamber of Commerce or online at [www.bluegooseeventcenter.com](http://www.bluegooseeventcenter.com). The Event Center is located at 3550 Taylor Road in downtown Loomis.

Some of the other chefs getting ready are Placer County Supervisor Jim Holmes, Superintendent of Schools Gayle Garbolino-Mojica, Loomis Firefighters Association, the Loomis Sheriff's Substation crews, caterers Chef to Go and P&L Catering, High Hand Café, Original Lorenzos and Pizza Factory. An array of business owners, backyard grill enthusiasts and good old fashioned home cooks from Auburn to Roseville will be on hand to share their tasty treats. There will something for every taste bud. Returning are the members of the Placer Wine & Grape Association who will be tempting

guests with the many wines that are produced in Placer County

The Food Extravaganza is sponsored in part by Landmark Construction, VCA Loomis Basin Veterinary Clinic, Celebrations, Loomis Basin Veterinary Clinic, Homewood Lumber, High Hand Nursery & Café, Heaven Scent Flower Co., Recology Auburn Placer, Café Zorro/Gourmet Garage, Raley's, The Loomis News/Gold Country Media, Smithsonian Graphic Design, Knisley Welding, Hebard-Higby Insurance & Tax and Heritage Companies. For more information call 916-287-7021.

**What:** 13th Annual Blue Goose Food Extravaganza

**Where:** Blue Goose Event Center, 3550 Taylor Rd, Loomis, CA

**When:** Saturday, May 18, 2013 5:30-7:00pm

**Price:** \$25 general admission until May 17/\$30 day of event; Reserved Table for 8 \$500

**Website:** [www.bluegooseeventcenter.com](http://www.bluegooseeventcenter.com)

*Source: South Placer Heritage Foundation*

### MOTHER'S DAY SPECIAL

How can you show MOM you really care on her special day? You can do the usual...flowers, candy, brunch etc. Wait a minute! What did Mom do for you when you were growing up? Remember the time she held your hand when you missed that home run pitch? And the time she kissed that boo-boo after you toppled off your bike? Or the time she stayed up all night to help mend that broken heart?

It's not how much you spend for Mom on any day. It's more like doing something from hand and heart that will leave an impression she'll long remember. Easier said than done? Not really. I checked out a couple of sources and jotted down a few ideas that will make you her kid hero all year 'round!

From Susan Stone's Book "Memories In Moments"...cherished ideas for every holiday and season including Mother's Day come:

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- 9am - Noon: The Laura Ingraham Show
- Noon - 1pm: The KAHI Noon News with Mary Jane Popp and the KAHI News Team
- 1 - 4pm: The Dave Ramsey Show
- 4 - 6pm: The KAHI Afternoon News with Dave Rosenthal and the KAHI News Team
- 6 - 7pm: The Drive Home Show with Dave Rosenthal
- Wednesday: Wealth Strategies with Hunter William Bailey
- 7 - 10pm: Sports Byline USA with Ron Barr
- 10pm - 12am: Poppoff with Mary Jane Popp

#### Saturdays

- 6 - 7am: A Time for Seniors
- 7 - 8am: The Swap Shop
- 8 - 9am: The KAHI Corral
- 9 - 10am: The Garden Guru
- 10 - 11am: The Dew Sweepers Golf Show
- 11am - 7pm: Sinatra & Friends Music
- 7 - 8pm: A Way With Words
- 8 - 9pm: Rewind with Jimmy Jay

#### Sundays

- 7:30 - 9am: Cruisin' Garage & Swap Meet
- 9:00am - 7pm: Sinatra & Friends Music
- 7 - 8pm: A Way With Words
- 8 - 9pm: Hearts of Space

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# A Mother's Love Raises One Big Happy Family

By Paul V. Scholl

Nick, Tom, David, Dennis, Gerry, Regina, Lorna, Mary, Paul, Maggie and Don. Eleven children. Forty-plus grandchildren, and more great grandchildren I am still trying to count. Yes, Catholic.

Margaret G. Scholl was born in 1923.

Her mother died when she was 11, and her father passed the following year, of a broken heart. She was adopted within the family around Vallejo. The home she grew up in is now seen by passers by on I-80. That home still stands and serves as a mini-museum and office, having been recently restored by the new owners.

She had plans on becoming a nun. Then she met my dad!

Her brother "Uncle Jimmy" and sister "Aunt Lorraine" were such a big part of our family lives. Every year we rotated hosting our holiday dinners together. One would host Thanksgiving, the next Christmas. The following year someone else would take their turn. We shared big tables, kid's tables, "performances" and lots of jokes and laughs.

We were raised at 445 Jefferson Street on the corner of Delaware. Built somewhere in the early 1880's, my dad and mom bought it for around \$10,000. We lived there for 47 years.

Everybody came to our house. My mom made it so inviting and enjoyable, other kids wanted to come and stay over. There were times my dad thought she had adopted four or five kids when he wasn't looking.

Our yard was surrounded by nearly a dozen fruit trees. Plum, cherry, apricot, lemon, pomegranate, walnut, and almond. Our team challenge was picking, cleaning and canning that fruit each summer. Later, the realization came it was for our survival.

Peanut butter and jelly, meatloaf, powdered milk, kool-aid, tuna casserole, chicken and dumplings, fruit pies, stew in the crock pot. Nobody was starving.

All homework had to be done at the kitchen table right after school, before any games were played or TV watched.

Our back yard was about the size of a small baseball diamond, with the two-story house in left field serving as our "Monster". Anything hit off the house was a fair ball; over the house was a homerun. A family of pull-hitters. We played until mom yelled "dinner's ready". The next words were always "game over!"

Praying before every meal, we learned to appreciate the food, but more so my mom and dad's hard work to make it possible.

No meat on Fridays? Those were the days. "But mom, can we still have your meatloaf? There's hardly any meat in it!"

And then, there was the fine art of sneaking cookies from the cookie jar.

Mom wrote our chores on the black board in the kitchen. It was a long list, shared by everyone taking up a bed. She didn't send us a text hoping someone would notice.

Every week we said the rosary together, on our knees, around the living room floor. It taught us prayer, discipline, and the understanding of pain and patience. It also taught us that prayer matters.

We learned things the right way. Everybody worked. "You don't work, you don't eat". Respect. You DO NOT talk back to your parents. Take care of what you have. "Fix what you have before buying something new". And, of course the one I heard often, "Wait until your father gets home!"

Getting kicked out of kindergarten, (I still say I was innocent) meant the long walk home holding my mom's hand,



In 1965 we all gathered for our first, and only for twenty-one years, family photograph. We were never able to gather again all at the same time, although we did on some occasions, gather on the same day. This photograph has hung in our parent's home all those years as a great reminder of who's team we are on.

not knowing the discipline coming my way. Homeschooling the rest of the year meant a lot more chores as well.

We had the same yellow kitchen clock for over 35 years, hanging in exactly the same spot. I think it was the last thing to come down when the final moving was done.

We had one rotary dial telephone on the wall in the kitchen, and only a three foot cord. Privacy? Yeah, right.

Hand-me-downs included not only clothes, but cars for the older siblings and toys for the younger ones. I often wondered why so many parts or pieces were missing. I blamed China.

Shower calls daily were yelled; "Who's using all the hot water!" I used to love turning on

as good as the pancakes, scrambled eggs and hot chocolate.

My mom had a great strategy for our visit to Disneyland – plaid shirts, all the same color. She figured were there were four or five kids all wearing the exact same outfit it would be easier to keep an eye on them. I think I wore those plaid shirts to school for about five years!

Halloween was always safe back then. We could go out for hours, collecting enough candy for a three month stupor. I am sure now that it helped keep us pre-occupied while mom and dad tried to figure out just what they were going to do for Christmas. How and where did they hide all of those presents?

I remember this thing they were having on TV, something

home safely. I remember as children sitting out on our street corner late into the night looking up at the moon and really wanting them home safe. I remember my dad going out to the backyard to cry when the news came over that President Kennedy was shot and killed. I remember all of us watching man's first step on the moon. I remember watching Hank Aaron's 715th home run to pass Babe Ruth. One black and white TV, kids huddled together watching it for our limit of two hours a night.

As the years went by, my mom asked my dad for one thing, a color TV so she could watch the Rose Parade in color and not black and white. I still remember the day he brought it home to surprise her. She was in heaven

front half of the house, shoulder-high bushes surrounding the outside of our lot, the large lawn, many roses, lilies, gladiolas, and it brought a peacefulness when you could sit outside under a tree and enjoy it all.

I remember our long talks when I was a teenager on religion, spirit, and right and wrong. My selfish detours, being what they were; those long talks gave me the way and the desire to come back to a deep and abiding faith.

My mom had some great friends; Alice Lambro, Mary Young, Rose Wright, Lily Theissen to name a few. Long-time family friends included the O'Briens, Gynors, Kazinecs, Donahues, Ramirez's, Muscovichs and the Lockwoods

written some of the guidelines. They wrote back admitting she was correct.

Mom was chosen the Grand Marshall years ago for the hometown Fourth of July parade. Dozens of family members showed up and took up a good part of the stands, giving her a standing ovation. All she wanted was something cold to drink.

My mom went to church everyday. She took Holy Communion to the sick parishioners who could not attend mass. Now, others are bringing it to her in her final days of comfort.

Some of the lessons we learned from our parents were about holding it together and trusting the Lord in tough times. We learned about caring for others when they really need you. We learned what "You'll find a way" really meant. I learned how lucky I am for having the parents and family I was blessed with in this life.

I remember what it was like to be in her arms as a very small child.

Years ago I revisited that two-story house. It was abandoned, the door was ajar. I went in and surveyed what was once home. It is amazing how small all the rooms had grown. It was even more amazing how all that fantastic energy had long since vanished.

As we all aged over the years, still gathering for holidays or when one of the siblings who had moved away came back for a visit, the best of times were the embellishing on old times – often at the expense of the absent – because you could no longer be sent to your room for past deeds. The "Statue of Limitations", no religious pun intended, has expired.

As Mom's care needs became greater over these last few years, my brothers all stepped up to do whatever needed to be done. It has been an honor to watch how our family has come together for her.

She asked me recently during a visit to her bedside what it would be like when she dies. She hasn't long to go on this life's journey.

"All I can say Mom, is when the light gets really, really bright run as fast as you can to it, like a little girl runs to her Daddy's open arms, with out fear, but full of love and joy. That's when you leap into the arms of the Lord."

Rest, Our Mother Dear. May your last days be full of love. God is smiling.



Twenty-plus years later, in 1986, we all gathered again for my youngest brother's wedding, just a short time before my father passed away. As we all stood in position, we commented on how weird, but good it felt to all come together again.

the hot water in the kitchen sink whenever a sister was taking a shower. Payback.

The annual Fourth of July parade used to come right down our street. We would all sit out on the second story balcony and enjoy the best seats on the whole street.

We would take camping trips as a family when my dad had his annual two-week vacation. We played games at the campsite, mostly cards, and nobody ever "let you win" just to make you feel better. The competition was good for us, but not nearly

new called a "Super Bowl".

We didn't have ESPN. We had the Saturday baseball "Game of the Week" with Joe Garigiola and Tony Kubek.

As a family we shared my mom's favourite show, The Lawrence Welk Show. We enjoyed The Ed Sullivan show, but the best was getting to stay up as you got older to watch the Johnny Carson show until one parent or the other yelled to us downstairs "turn that down". Must be bedtime.

I remember as a family praying for the astronauts to come

that New Year's morning.

Some years we had flooding in our neighborhood. One year the plumbing broke under the house during a bad rain storm. But what are you going to do, go under the house and fix it or let the water come back up into the house? I think that was my first "hero" experience. My mom really appreciated it. I appreciated being able to take a much longer hot shower afterward.

My main job as a teenager and as the oldest male still living at home was the yard. The ivy that grew to cover the entire

and Ramirez's. We always seemed to have such great family friends.

We even had a neighborhood grandma, Annie Erickson, who lived directly behind us. I didn't know for years that she wasn't one of our real grandmas. She traded watching out for us for the joy of having lots of kids around.

My mom was in the Legion of Mary at Holy Spirit church for so long we often thought she had started it. One time she actually wrote the Vatican to let them know they had incorrectly

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