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"It's the Spending, Stupid!"

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Serving Auburn and Placer County since 1987

First Issue of October 2012

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The State of Economic Freedom

By Jeffrey Tucker, Laissez Faire Club
Reprinted by Permission

The great news for humanity: Economic freedom around the world is on the rise. This means liberation for millions and billions of people. What a change from 20 years ago, when so many lived under despotism and socialist slavery. These people are freer, and getting freer. More people avail themselves to the global division of labor than ever before. Poverty, hunger, and violence are falling. Technology is linking people as never before. The future is bright.

All of this information comes from one of my favorite ongoing projects: Economic Freedom of the World, an annual index that attempts to quantify what really matters in this world. It tries its best to assemble as much of the data available and keep the quantification methods consistent year by year, so we can gain a better picture of the trends.

Are people free to make contracts, keep what they earn, use a sound currency, rely on some degree of legal stability, trade internationally, associate as they please toward their mutual well-being? The more people can do this, the higher their countries rank on the scale. The more that government interferes with their lives, the lower on the scale they rank.

Here is the executive summary of this point from this year's report: "Nations in the top quartile of economic freedom had an average per capita GDP of \$37,691 in 2010, compared to \$5,188 for



The United States, long considered the standard-bearer for economic freedom among large industrial nations, has experienced a substantial decline in economic freedom during the past decade.

bottom quartile nations in 2010 current international dollars

In the top quartile, the average income of the poorest 10% was \$11,382, compared to \$1,209 in the bottom in 2010 current international dollars

Interestingly, the average income of the poorest 10% in the most economically free nations is more than twice the overall average income in the least free nations.

Life expectancy is 79.5 years in the top quartile compared to

61.6 years in the bottom quartile.

Political and civil liberties are considerably higher in economically free nations than in unfree nations."

What is the relationship between freedom and prosperity? They are directly related. If this index doesn't prove it to a person's satisfaction, nothing on this Earth will prove the point.

We think we live in the age of science. Maybe so. But ideology remains more powerful. Otherwise, we would see a gigantic rush the

world over to free the market, and fast. It's the path to prosperity, peace, and human flourishing. Even if you don't understand the logic, you can at least look at the numbers. You have to postulate an amazing number of coincidences to come up with any other explanation for why freedom is associated with prosperity and despotism is associated with poverty.

Continued on Page 11

Emergency Measures Called for to Combat Skyrocketing Gas Prices

SACRAMENTO – On October 5th, Senator Ted Gaines (R-Rocklin) called on Governor Brown and state regulators to take any and all emergency measures available to them to stop the massive spike in California gasoline prices.

"This overnight price explosion is killing California families and businesses and we cannot afford one more day," said Gaines. "The California Air Resources Board needs to immediately suspend the special 'summer blend' requirement so we can import more gas now. We need to defer the gasoline excise tax. Not in a week or a month but this very minute."

Several unrelated supply disruptions are ostensibly behind the unprecedented price jump, which saw prices shoot above \$5 a gallon in many areas of the state. It is unclear when normal supplies will again be available. Regardless, Gaines saw the price spikes as part of a larger problem in California.

"California is wildly overtaxed and overregulated and it makes everything in our state artificially expensive, even when things are working right. When something goes wrong, it shoots prices into the stratosphere," he said. "That is not fair to families. We are regulating and taxing them into poverty."

Senator Ted Gaines represents the 1st Senate District, which includes all or parts of Alpine, Amador, Calaveras, El Dorado, Lassen, Modoc, Mono, Nevada, Placer, Plumas, Sacramento and Sierra counties.

Gov. Brown Signs ADA Reform Bill

SACRAMENTO – Small-business owners have finally scored a victory against the onslaught of drive-by Americans with Disabilities Act lawsuits with the signing yesterday by Gov. Jerry Brown of Senate Bill 1186.

"This new law is a significant step towards providing struggling small-business owners relief from the numerous lawsuits leveled against them for ADA access issues," said John Kabateck, NFIB/California Executive Director. "SB 1186, by Senators Darrell Steinberg and Bob Dutton, ends the practice by attorneys of sending 'shakedown' letters to unsuspecting businesses."

The new law, which goes

into effect immediately, prohibits pre-litigation "demand for money" letters, and requires that any intent to sue letter must be sent at least 30 days prior to filing a lawsuit and must include the specific access problems and date of violation so that business owners will know why they are being sued. It also prevents litigants from filing multiple claims to increase monetary damages resulting from return visits to a business with a known problem.

The law also provides 60 days for a small business that has been inspected by a Certified Access Specialist to fix an access issue and cuts the minimum fine from \$4,000 down to \$1,000. Other small businesses

will get 30 days and a minimum \$2,000 fine. Previously, California law did not allow any timeframe in which to address a problem. SB 1186 also implements some additional reforms.

"All it takes is one lawsuit to put a small business out of business permanently," Kabateck continued. "We are pleased and inspired that the Legislature chose to address this enormous problem and that the governor pushed for the reforms."

A recent study of small businesses in conjunction with Californians Against Lawsuit Abuse (CALA) showed that more than one-third of small business owners have been sued in the past five years and nearly 6 in 10 have been threatened

with a lawsuit during the same period, and more than three quarters of business owners fear that their business will be sued in the next five years. Nearly 40 percent of ADA lawsuits in the nation are filed in California.

NFIB is the nation's leading small business association, with offices in Washington, D.C. and all 50 states. More information about NFIB is available online at www.nfib.com.

National Federation of Independent Business/California
921 11th St.
Sacramento, CA 95814
Office 916 448-9904,
Fax 916 448-5442
www.nfib.com/california

Visit Fall Antiques and Collectibles Street Fair

AUBURN – Old Town Auburn is getting ready for its 45th annual Fall Antiques and Collectibles Street Fair Sunday, October 21st. About 4,000 visitors are expected. Mix a mind-boggling variety of antiques and collectibles, add some beautiful fall weather, old time ambience and Old Town Auburn comes alive with shoppers looking for that special item and the best price!

Antiques and collectibles dealers will show up on the streets of Old Town before the show starts at 8:00 am. Many make the pre-dawn trek and are ready to sell before the sun comes up with potential customers using flashlights to shop.

The theme of this event has been antiques, collectibles and good used junk and the Old Town Business Association is proud of keeping the integrity of the street fair consistent for many decades. Our many specialty shops will be open offering gifts, collectibles and clothing, most restaurants are open and street food is available.

Admission is free. Bring a flashlight and shop early for the best bargains! Many early birds are on the street by 3:00 a.m. negotiating for the best buy.

This is a rain or shine event. There is no rain date. For an application or general information call: Linda Robinson 530-888-1585. sunriver@inreach.com.

For a downloadable application use: www.oldtownauburnca.com and click on forms. Pay Pal options are available.

Mountain Mandarin Festival Seeks Volunteers



In addition to having a great time, Friends of the Festival are asked to work a shift at the Festival. Photo courtesy of Mountain Mandarin Festival.

AUBURN – As the Mountain Mandarin Festival has grown from several hundred visitors to

30,000 visitors, the need for volunteers has multiplied. Festival manager, Gary Gilligan says that

in addition to having a great time, Friends of the Festival are asked to work a shift at the Festival assisting vendors, handing out programs, helping with parking, monitoring buildings, or other tasks in the operation of a three-day event. All volunteers will receive a Festival t-shirt. Applications are on line at www.mandarinfestival.com or by calling 916-663-1918.

Even though the Festival outgrew the town square of Newcastle years ago, and is held at the Gold Country Fairgrounds in Auburn, it is still presented by the Newcastle Area Business Association (NABA). Proceeds support the NABA scholarship program and community projects

as well as the Newcastle Fire Department who will be manning the admission gates.

Learn more at www.MandarinFestival.com.

Mountain Mandarin Festival
November 16-18, 2012
Gold Country Fairgrounds,
1273 High St., Auburn, CA
Hours: Friday: 11:00 am – 5:00 pm;
Saturday: 9:00 am to 5:00 pm;
Sunday: 10:00 am to 4:00 pm,
Admission: \$7; Seniors \$5; Age
12 & Under Free (Friday only –
\$3 admission or bring 2 cans of
food for free admission)
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available.
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or www.mandarinfestival.com

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Upward Basketball: Family-friendly and Fun for Everyone



fundamentals in an environment of healthy competition, helping kids to develop skills for the sports arena and values for life. Parkside Church offers Basketball and Cheerleading for kids in Kindergarten through 6th grade. With weekly practices and games limited to one-hour each, this league is family-friendly and fun for everyone! The deadline to register is November 12th, but register by October 22nd for an early registration discount. Contact Parkside Church today at 530.823.9911 or www.ParksideNaz.org for more information or to register.

"As a parent, I appreciated that my Kindergartener was loved and encouraged by his coaches, teammates, opponents and referees, as he learned the fundamentals of basketball."
- Jeff D.

"It was my daughters 1st year playing organized basketball and I appreciated that the coaches, refs, and team players had fun, and made it a place of learning to strengthen her skills." - Karen C.

"One of the best things about refereeing for Upward Basketball is the opportunity to help kids learn and understand the game not just calling fouls, traveling, double dribbling, etc. We blow the whistle then show them what mistake they made and encourage them as we ref. We get to be an extra coach out on the floor. Last season during the last game with time running out a smaller kid made his first and only shot of the entire season at the buzzer. Neither team cared who won or lost, everyone was excited and cheering for him! You don't get cool experiences like that in other leagues!"
- Mike D.

AUBURN - Upward Basketball and Cheerleading is coming to Parkside Church in Auburn with practices beginning November 26th. Upward Sports is the world's largest Christian sports league for children and provides the BEST sports experience for every child. Upward Sports teaches sport

4th Annual Fundraising Dance is Dedicated to American Armed Forces and Veterans

LOOMIS - The 4th Annual Red, White & Blue "Spooktacular" Dance benefiting Wounded Warriors and Courage For the Journey will be held on Saturday, Oct. 13 from 7 to 10 PM at the Blue Goose Fruit Shed, located at 3550 Taylor Rd, in Loomis.

Enjoy dancing to live blues, 50's & 60's music by the Diamond Bob and the Alley Sneakers, a costume contest and no-host bar. Tickets are \$25 per couple and \$15 for a single and available at Camelot Costumes, 3717 Taylor Rd in Loomis, the Loomis Chamber of Commerce, 6090 Horseshoe Bar Road in Loomis, and Curves, 3555

Taylor Rd. in Loomis as well as by calling 916-652-8441, or at the door.

The annual dance is dedicated to American Armed Forces, Veterans and their families. This year women in the military will receive special recognition. Photos of those who are serving or have served will be displayed on a Wall of Honor; please contact event organizer Sheila Lee at 916-652-8441 or email her at camelotcostumes@sbcglobal.net if you have photos that you'd like to share.

All proceeds from this fundraiser will benefit Wounded Warriors Family Support Division (<http://www.woundedwarriorproject.org/>) and Courage For The Journey military and veterans services offered through the Gold Country Chaplaincy (<http://www.goldcountrychaplaincy.com/>).

The dance is organized by Sheila Lee, owner of Camelot Costumes in Loomis. "I am passionate about this fun event that raises needed funds for military families," said Lee. A member of Soroptimist International of Loomis Basin, Lee says that the club is helping with the event. "Every year, Soroptimist members have generously volunteered to make the Spooktacular Dance a success." For more information call Sheila Lee at 916-652-8441.

Stan Zabka, Famed TV Composer to Host Morning of Music in Emerald Hills



Pianist and Entertainer Stan Zabka.

AUBURN - Public Invited to Morning of Entertainment The public is invited to enjoy

a performance by pianist and entertainer Stan Zabka at 9:45 a.m., Oct. 23, at Emeritus at

Emerald Hills, 11550 Education St., Auburn. Admission is free and refreshments will be served. Zabka co-composed the original Tonight Show theme "Chimes" and co-wrote the song "Christmas Eve in My Hometown." He served as associate television director for five years for the Johnny Carson Tonight Show. Emeritus at Emerald Hills offers retirement and assisted living and provides care for people with Alzheimer's, Parkinson's and other memory-impairing diseases through its Join Their Journey program. It is operated by Emeritus Senior Living.

For more information, call 530-888-8847.

ACTV 20 Launches Fundraiser

AUBURN - Auburn Community TV broadcasts from its community station at Rm. 408 Placer High School, where local artists, musicians, and entrepreneurs are hosted on Connections and talent programs weekly.

ACTV producers strive to connect the community with the new and veteran business owners helping to strengthen community ties as only a local TV station can. Paula Johnston is the Manager of ACTV and oversees daily operations backed up by technician and talent show host/producer Bill Mael. Loyce Smallwood produces the CONNECTIONS program.

On Saturday April 6th, 2013 ACTV will launch a fundraiser with the emphasis on "fun" at

Placer High School from 3pm to 5pm. Entertainment includes a GONG SHOW, which will be judged by KAHN radio talent Dave Rosenthal and former Auburn Mayor's Bridget Powers and Bill Kirby. Contestants are encouraged to apply to ACTV at auburntv@gmail.com

There will be refreshments during intermission as well as a silent auction with several generous donations. Auburn jeweler Harvey Roper very kindly donated a beautiful ladies two tone wristwatch, and many members of the art community have donated several works of art, including Tony Natsoulas of Sacramento, Ellen Hulls and Shannon Morgan of the OT Auburn Art Gallery, as well as

renowned Crocker art Gallery exhibitor Maija Peebles-Bright.

Participants are encouraged to bid on gift certificates donated by The Ridge and Black Oak Golf Courses. There will be Dan Post cowboy boots from Kat's Country Corner and garden globe art from Avantgarden as well as a gift certificate from Gwenn Jones of Auburn Yoga and Fitness and Brookside Grill in Historic Old Town Auburn.

For ticket info check www.brownpapertickets.com and type GONG SHOW in the search bar.

(This is a corrected press release from ACTV 20. Their information in our previous issue was incorrect.)

PCWA to Install Micro-Hydro Plant

AUBURN - The Placer County Water Agency will soon be generating hydroelectric energy using the water that flows from PCWA to the City of Lincoln.

The PCWA Board of Directors on Thursday (Oct. 4) awarded a \$711,650 contract to F&H Construction, Inc., of Lodi, for purchase of hydroelectric generation equipment to be added to the PCWA Lincoln metering station.

Water agency Director of Technical Services Brian Martin said the micro-hydro plant will include two small generators and produce about \$175,000 worth of electricity per year. He said the agency anticipates selling the power output to the Pacific Gas and Electric Company.

Martin said that while the PCWA Power System includes five hydroelectric power plants, the Lincoln station will be the first installation on the PCWA

Water System.

The next regular meeting of the PCWA Board of Directors will be held at 2 p.m. on Thursday, Oct. 18, at the PCWA Business Center, 144 Ferguson Road, in Auburn. PCWA board meetings are open to the public.

Information on PCWA board meetings may be obtained through the Clerk to the Board at (530) 823-4850 or (800) 464-0030. PCWA information is also posted at www.pcwa.net.

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 Be sure to place in the subject field "Attention to Publisher".
 If you do not have email access, please call us at 530-823-2463.

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Publisher's Statement:
 It is the intent of the Placer Sentinel to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

Publisher Paul V. Scholl

PCWA Transfers Snowcat for Tahoe Rescue Team



Placer County - The Tahoe Nordic Search & Rescue Team now has two snowcats for use in winter rescues, thanks to a transfer of the second vehicle, right, from the Auburn-based Placer County Water Agency. Marking the occasion on Thursday, September 27th in Tahoe City were, from left, rescue team board members Paul Schroeppfer, Scott Meyer, Troy Corliss and Sara Carbonari; PCWA director Lowell Jarvis; rescue team president Chris McConnell; PCWA directors Alex Ferreira and Ben Mavy; PCWA board chairman Mike Lee; and Tahoe City Public Utility District board president Judy Friedman.

TAHOE CITY - The Placer County Water Agency (PCWA) has transferred a snowcat for use by the all-volunteer Tahoe Nordic Search and Rescue Team.

Transfer of the title to the 1990 LMC 1500 vehicle was marked Thursday (Sept. 27) during the water agency's annual eastern Placer County meeting, held at the Tahoe City Public Utility District office in Tahoe City.

Ownership of the vehicle was transferred at no cost to the Tahoe City PUD, which will assign its use to Tahoe Nordic Search and Rescue and also retain rights to use it in emergency situations.

The snowcat has been used in the PCWA Power System, which includes snowbound areas such as French Meadows and Hell Hole reservoirs, located just west of the Sierra crest and the Granite Chief Wilderness.

PCWA Director of Financial Services Joseph Parker said the transfer was made possible after

a new snowcat was purchased for the Power System. This is the second PCWA snowcat transferred for use by Tahoe Nordic Search and Rescue; the first was transferred in 2003.

Chris McConnell, president of the 100-member rescue team, said the first machine has been used in numerous rescues over the years and that he expects the new snowcat to prove just as valuable.

"We're an all-volunteer group so this is extremely welcomed," he said. "It will help us be more effective and save lives, and it will benefit our entire community. We're very grateful to PCWA."

The snowcat transfer preceded the PCWA Board of Directors' East Slope meeting. The meeting included presentations by leaders of water agencies in the Tahoe-Truckee area, who spoke of recent accomplishments and current challenges.

Presenters included Cindy Gustafson, general manager of the Tahoe City PUD; Mike Staudenmayer, general manager of the Northstar Community Services District; Mike Geary, general manager of the Squaw Valley Public Service District; Steven Poncellet, public information and conservation manager of the Truckee Donner Public Utility District; and Will Stelter, planning and engineering manager for the North Tahoe Public Utility District.

Tony Firenzi, a senior engineer with PCWA, and Matt Reeves, an associate research professor with the University of Nevada, Reno-affiliated Desert Research Institute, provided updates on the current Martis Valley Groundwater management plan and modeling project.

Adoption of the groundwater management plan is expected later this year. It is being funded through a cooperative effort of the federal Bureau of Reclamation, PCWA, Truckee Donner PUD and Northstar CSD.

Based in the county seat of Auburn, PCWA is governed by an elected Board of Directors, which meets regularly on the first and third Thursday of each month. PCWA board meetings are open to the public.

The next regular meeting of the PCWA Board of Directors will be held at 2 p.m. on Thursday, Oct. 4, at the PCWA Business Center, 144 Ferguson Road, in Auburn.

Information on PCWA board meetings may be obtained through the Clerk to the Board at (530) 823-4850 or (800) 464-0030. PCWA information is also posted at www.pcwa.net.

Assemblywoman Gaines Responds to Comcast's Announcement to Move 1,000 Jobs Out of California

SACRAMENTO - Assemblywoman Beth Gaines, R-Rocklin, today responded to Comcast's announcement to move three call-centers amounting to 1,000 jobs to Oregon, Washington, and Colorado.

Andrew Johnson, regional vice president of Comcast California said the reason for moving from California was related to the high cost of doing business. "Our state has to stop treating businesses like the enemy and start treating them as a valuable asset to our communities," Gaines said.

"When a business leaves the



Assemblywoman Beth Gaines

state, we lose valuable tax dollars for our children's education." "Our current legislature does not know the implications of all the additional regulations they are placing on businesses," Gaines said. "As a small business owner myself, I am willing to reach across the aisle to do anything we can to encourage businesses to remain in California."

Assemblywoman Beth Gaines represents the 4th Assembly District, which includes portions of Placer, El Dorado, Sacramento and Alpine counties.

Reminder: Placer County Superior Court Clerks' Offices, Telephone Services & Legal Help Center Hours Reduced Effective October 5, 2012



Effective Friday, October 5, 2012, Placer County Superior Court public filing windows (Clerks' Offices), telephone services and the Legal Help Center will have the following new operating hours:

Santucci Justice Center (Roseville) & Tahoe City Courthouse (Tahoe City)
Monday through Thursday; 8:00 am to 3:00 pm [NO CHANGE]
Friday; 8:00 am to 1:00 pm [REDUCED HOURS]

Legal Help Center – Santucci Justice Center (Roseville)
Monday, Wednesday and Thursday; 8:00 am to 12:00 pm [NO CHANGE]
Tuesday; 8:00 am to 3:00 pm [NO CHANGE]
Friday; 8:00 am to 11:00 am [REDUCED HOURS]

Juvenile Courthouse (Auburn)
Monday through Thursday; 8:00 am to 12:00 pm and 1:00 pm to 3:00 pm [NO CHANGE]
Friday; 8:00 am to 1:00 pm [REDUCED HOURS]

Historic Courthouse (Auburn)
Monday through Friday; 8:00 am to 12:00 pm [NO CHANGE]

Reduced hours on Fridays do not constitute a court holiday, so statutory deadlines will not

be extended. Drop boxes are available for filing papers or submitting payments, pursuant to California Rules of Court, rule 2.210.

The Court has also announced a total of eight (8) limited service days for FY 2012-2013, with many of those days occurring in November and December 2012. For a complete listing of limited service days, visit the Court's website at www.placer.courts.ca.gov.

These actions are being taken due to unprecedented and ongoing state budget cuts – including an additional funding reduction of \$2.5 million for FY 2012-2013. For more information, please visit the Court's website at www.placer.courts.ca.gov.

Job Demand and Hiring Trends Slow

SACRAMENTO REGION – Times have changed, we've gone from thermo-faxes to Tweets in the last 20 years, but work still requires time, effort and expertise just as it did in 1992. That's when the Pacific Staffing Sacramento Employment Trends Survey began polling the area's top employers directly each quarter on hiring, job skills, industry activity and our economic outlook. Additionally, from that first October to the latest, the Survey has probed important employer, worker and workplace issues like healthcare, retirement, job safety, use of technology and shared these findings with regional employers and those looking to work.

Underwritten by Sacramento-based locally owned Pacific Staffing, the Employment Trends Survey is a community relations project helping employers learn more about their own market and those seeking to upgrade or land a job know what is marketable with leading companies.

Created and conducted by Rick Reed Public Relations, Inc., the Survey gives us a look 'over the horizon' at what jobs are open, what skills are in demand and what our immediate economic future will bring.

In the Fourth Quarter, hiring for expansion of workforces has slipped slightly to forty percent (40%) of demand from the previous quarter, while hiring motivated by attrition among the top companies surveyed has risen from the last quarter to forty-three percent (43%) of demand. Employers are not growing their workforces at quite the same rate, but slightly more are opting to backfill existing positions within current staffing levels thru year's end. Despite this small reduction in the Fourth Quarter, Pacific Staffing has learned that a significant majority, sixty-two percent (62%) of those surveyed across the region will be hiring. Thirty-eight percent (38%) say they will not hire in October, November and December.

Seasonal employment demand was cited by thirteen percent (13%) of companies surveyed directly by phone between August 26th and September 19th as the reason they were taking applications in the next three months. Five percent (5%) say they will reduce workforces in the fourth quarter. Layoffs during this same period last year occurred at twice the rate.

With seasonal recreation and holidays ahead Sacramento regional companies anticipate demand for sales and customer service skills in the next three months, while top companies are also seeking technical, manufacturing, warehouse and shipping experience. A number of construction, property development and home product companies also note a shortage of skilled construction trades and industry-specific technical skills.

For more information, employment blogs & market surveys go to www.pacificstaffing.com.

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Senator Gaines Applauds Governor for Vetoing Health Care Legislation Bad for Consumers

SACRAMENTO – Senator Ted Gaines (R-Rocklin), Vice Chair of the Senate Insurance Committee, today praised Governor Jerry Brown for vetoing two pieces of legislation that would have resulted in even higher health care insurance premiums for California consumers.

“I applaud the Governor for making the wise decision to veto both of these deeply flawed bills,” said Senator Gaines. “This mandate on insurers would stick consumers with the tab for bad legislation.”

Senate Bill 961 by Senator Ed Hernandez (D-West Covina) and Assembly Bill 1461 by Assemblyman Bill Monning (D-Carmel) would have required California health insurers to cover all individuals regardless of medical condition and forced insurers to prematurely carry out



Senator Ted Gaines represents the 1st Senate District, which includes all or parts of Alpine, Amador, Calaveras, El Dorado, Lassen, Modoc, Mono, Nevada, Placer, Plumas, Sacramento and Sierra counties.

the federal Patient Protection and Affordable Care Act (Obamacare) in California, even though there is

the possibility of the law changing.

“Without the strong foundation that federal law provides, a state-level mandate on insurers alone could encourage healthy people to wait until they get sick or injured before purchasing coverage,” Governor Brown wrote in his veto message. “This would lead to skyrocketing premiums, making coverage more unaffordable.” Enacting rash and incomplete legislation that places health insurers at a disadvantage would force them to pass those costs directly onto consumers.

“It just doesn’t make sense to put the cart before the horse. We need to wait and see all of the requirements of Obamacare before we make any major decisions that could burden California consumers with outrageous premiums at a time when struggling families can least afford it.”



Around Town with Loyce Smallwood

Way directly across the street from Central Square.

Down the way in the Gold Rush Plaza with the newly opened Sara V Designs clothing boutique for girls under 10, overseen by enthusiastic Owner Dee.

Quite a variety of boutiques in the mall including the elegant Ragtime Silk shop overseen by owner Roberta Lynn who creates custom made Victorian lampshades displayed beautifully in her cozy shop next to the Wizards of Metal shop in the back of the mall.

For an amazing selection of artistic inventory check out our fav OT Gallery on Sacramento Street, overseen by the lively Gail Morgan, always quick with a smile and hard at work overseeing the creations of 58 artisans.

More kudos to Shirley Hartford for the successful launching of Friends Forever Feline Adoption Center/thrift shop now seeking

volunteers to help in the store and with the adoption center located on Nevada Street across from True Value Hardware across from the Auburn Library.

Lighten up and declutter all those gently read books and drop off to Friends of Placer County book store where proceeds also help to care for homeless felines. Volunteers needed to help shelve donated books.

While the ACTV FR has been postponed until next year, CONNECTIONS continues with weekly programming and in October will host photographer Patrick Witz; quilter Jane Haworth and Cake Decorator Olivia Dougherty. Stay tuned and check the schedule at www.actv20.org.

Congratulations to Auburn Yoga owner Gwenn Jones who is currently working on launching her own yoga program. You Go Gwenn. Carpe Diem, indeed. loycer@suddenlink.net

Try the vegetarian taco combo at the newly opened El Agave Taqueria Mexican eatery in the Fiddler Green Plaza on Highway 49 in the Fiddler Green Plaza just down from our fav AL thrift shop. Thumbs up from foodies Gwenn Jones and Kat Stewart along with Yours Truly.

Discerning foodies looking for the be-all salad will love the Caesar with extra trimmings served up with enthusiasm by Brookside co-owner Mike Havis who recently wowed the ACTV crew with the Caesar and the super burrito on the CONNECTIONS program.

Brookside server and Havis fan Rachel Lopez sang the praises of the Brookside menu while Havis enthused about his hearty soups being readied for the colder weather.

Soup lovers will also enjoy the tomato bisque at LaBou bakery in the Belair Center and the Breakfast Sandwich highly recommended for a light but satisfying meal. At the Creekside Café behind the Auburn train station, Jeanie Bardakjian will soon be adding hearty soups to her menu along with her tasty and light strata pizza and those new cookiepops and delicious Pine Mt Coffee. The innovative Jeanie sends out a great newsletter announcing her specials and menu updates.

As of this date, Grab and Go lunches should be available at the Gaia health food store on Lincoln



Jeanie Bardakjian at Creekside



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Event for Benefit of Auburn Symphony

AUBURN – A Wine Tasting event is being sponsored by the Auburn Symphony League to benefit the Auburn Symphony.

Taste and learn about good wines with Dave Luce, Wine Broker. Purchase wine for

holiday entertaining and gifts at below retail prices, with 100 percent of proceeds going to the Auburn Symphony.

The event is scheduled for Saturday, Oct. 20, 2012 at 4:00 p.m. at Ceronix, 13350 New

Airport Rd., Auburn. The cost is \$25 per person. There is limited seating. Deadline for reservations is Friday, Oct. 12, 2012. For more information call 530-885-1706.

THE FUTURE OF MONEY

Preparing for a Global Currency Collapse

By PAT BOONE

Our once great nation and economy are about to hit a wall!

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By Linda Louise Haines

Anybody who has followed my columns in recent years knows that I focus on positive news about the Colfax area business community. So, yes, there is a vacant storefront on South Main. However, Basement Wines owner Lee Shahin didn't close up shop and leave town. He combined his two businesses into his other Main St. location.

So, now, Basement Wines is sharing the space with Main Street Pizza at 46 N. Main. It's a pizza and wine shop downstairs and a dining space upstairs. 346-8200.

I like that combo! I always enjoyed the ambiance of Basement Wines and the opportunity to try California wines that might be new to me. (Even though I had a couple years working in tasting rooms in Sonoma County wineries, there is always lots more to learn about wines, especially the many varieties of California wines!)

Thanks, Lee, for staying in

Shopping Colfax & Beyond

Colfax. And, to you locals, please stop in to let Lee and his staff know that you appreciate their commitment to Colfax.

Other changes on Main Street, Colfax: Dr. Tim Calvert closed his Colfax veterinary clinic at 7 N. Main St., so he could focus on his new venture, the Colfax Cider House next door in the same building. (See my column, Second Issue, August.)

However, his former clinic space is not remaining vacant. The good news is that the Sierra Animal Wellness Center on Magra Road up the hill from Colfax at the Gold Run exit from I80 is expanding its services by renting Dr. Tim's former office location.

Dr. Peggy Roberts, DVM, said she is thrilled for this opportunity to open a satellite office in downtown Colfax. The clinic will be open from noon to 6 p.m. Monday through Friday. Dr. Peggy will see patients beginning at 2 p.m. with the last appointment of each day at 5:30.

Dr. Peggy hopes that the availability of later appointments and a more central location will be convenient for more clients. Morning appointments and surgeries will continue at the Gold Run clinic.

The SAWC staff will begin seeing patients on Monday, October 8. To schedule an appointment at the Colfax clinic, call (530) 346-6611. The number for the Gold Run clinic is still (530) 389-8267.

Sierra Animal Wellness Center specializes in "holistic, integrative veterinary medicine." What does that mean? The website provides the best explanation: "We specialize in treating small animals with Traditional Chinese Veterinary Medicine. We use acupuncture and Chinese herbal formulas as well as western herbs and medicine to treat the whole animal."

The website continues: "We also have a strong interest in animal behavior and use flower essences and herbs to treat animals whose behavior issues originate from an imbalance." (<http://www.sierraanimalwellnesscenter.com>)

Congratulations to Colfax for its recent designation as "Train Town USA" from Union Pacific in conjunction with UP's 150th anniversary celebration!

Contact me with your business news, email lindalouise@exwire.com.

Matthew Gabe Speaks on Shifting Dynamics in the Middle East

GRASS VALLEY - Congregation B'nai Harim at the Nevada County Jewish Community Center is hosting the first lecture of its Adult Education Program for the 2012-2013 year on October 25, 2012 at 7:30 pm. The lecture will be given by Matthew Gabe of AIPAC (American Israel Public Affairs Committee).

Mr. Gabe is an Area Director for AIPAC and as such, he directs pro-Israel activities in

the East Bay, Sacramento and Northern Nevada regions. His portfolio includes lobbying, grassroots organizing, political party work, and coalition building on topics such as the U.S.-Israel relationship, Israel-related policy on Capitol Hill, the geo-political climate of the Middle East and the importance of grassroots political involvement.

In this lecture he will discuss, in part, the shifting

dynamics in the Middle East, the upcoming Presidential and Congressional elections and how to get involved with AIPAC.

There is no fee for this lecture. The lecture will be held at the Nevada County Jewish Community Center (NCJCC), located at 506 Walsh Street in Grass Valley. For more information contact the NCJCC at 477-0922 or visit the website at www.ncjcc.org

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Placer County Administrative Center,
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UNMET TRANSIT NEEDS WORKSHOP DATES:

Wednesday, October 3
Loomis Train Depot,
5775 Horseshoe Bar Road • 10-11 a.m.
Lincoln City Hall, 600 Sixth Street • 4-5 p.m.

Tuesday, October 9
Martha Riley Library,
1501 Pleasant Grove Blvd., Roseville • 6-7 p.m.

Wednesday, October 10
Auburn City Hall, 1225 Lincoln Way • 10-11 a.m.

Tuesday, October 16
Rocklin City Council Chambers,
3970 Rocklin Road • 2-3 p.m.

For more information,
contact **530-823-4030**
or visit **www.pctpa.net**



By Ronnie McBrayer

In her book *Gravity and Grace*, the late Simone Weil wrote, "Grace fills empty spaces, but it can only enter where there is a void to receive it." With those words she emphasizes a spirituality which for the most part has been only a minority report in the Christian church. It is the spirituality of weakness and emptiness.

It is no wonder that Jesus said, "God blesses those who are poor and realize their need for him." He said this, not to glorify poverty, but to show that the only receptacle for God's grace is a vacant human heart. We all must become poor, in one way or another, to receive what God has to give.

Somewhere along the line we simply lost our Way, that being the Way of Jesus. He always taught and modeled an inverted power, personal capability turned on its head. He never used coercion, strong-arm tactics, or dirty ladder climbing to the top. Rather, he descended to the bottom choosing the way of sacrifice, service, and humility.

Yet, we who are Christian often march forth to clutch for power and accomplishments as quickly as all others. Our good old Protestant work ethic (Catholics work just as hard, by the way) with a strong dose

Grace Fills Empty Spaces

of entrepreneurship drives us to amass everything from fortunes and followers to perfect attendance pins and pats-on-the-back. We can become so full of ourselves that there is no room left for anything else, not even the grace God longs to give.

Personal achievement should be rightly celebrated, but it cannot be forgotten that egotism, pride, and ambition are the real enemies of the gospel. Why? Because when our hands, heads, and hearts are full, we are simply unable to accept what God offers. "Grace fills empty spaces!" Or in the words of Leo Tolstoy, "Even the strongest current of water cannot add a drop to a cup which is already full."

I remember the telling of an old story about a scholar who climbed the mountain to meet the Zen Master face to face and to learn from him. This scholar had an extensive academic background. He had read and studied all the important texts and was a wealth of knowledge and experience.

After making all the customary bows and introductions, the two sat together and the scholar began talking about all he had done and all he had studied. He talked about all his endeavors and all he hoped to achieve in the future. The Master listened carefully and patiently and began to brew tea for the two to share.

When the tea was ready, the Master brought it over and began pouring it in the scholar's cup; and he kept pouring, pouring,

and pouring. It filled the cup, ran over into the saucer, into the scholar's lap and onto the floor! The scholar jumped up shouting, "Stop! Stop! The cup is full and running over! You can't get any more in there!"

The Master stopped pouring and said: "You are just like this cup. You are so full of yourself that nothing else can get in! You come here asking to be taught, but I can teach you nothing until your cup is empty."

None of us will receive God's good grace or experience genuine transformation so long as we remain full of ourselves. The gospel is completely unappealing — it is downright repulsive — to those of us who feel that we can manage our lives with our own abilities, resources, accomplishments, or on our own terms. As long as this self-reliance reigns supreme, the reign of God cannot take hold in our lives.

No, it's not what we're often told, but emptiness is not curse; it is the cure. Insufficiency is not the end; it is the beginning. Admitting that our hands hold nothing is not a liability; it is receptivity. And when we acknowledge that we have nothing left, it is then we have found the most important thing of all: The capacity and space to accept grace when it is offered to us.

Ronnie McBrayer is a syndicated columnist, speaker, and author of multiple books. You can read more and receive regular e-columns in your inbox at www.ronniemcbrayer.net.

Would Someone Please Call "Timeout?"

By Rev. James L. Snyder

I just realized that summer is now over. Where in the world did it go?

In fact, that is a very good question. Where does the summer go when it leaves? Is there some place that summer, winter, spring and fall go to chill out? When they get there, what in the world are they doing?

Someone suggested, and I will not divulge any names only to say they live in the same residence I do, that as a person gets older time goes faster. I absolutely resemble that comment.

This past week I finally adjusted myself to my summertime schedule. I do not know about anybody else, but it takes me a long time to get into a new schedule.

While I am thinking about it, who in the world invented these seasons? Why didn't they let a good thing go? I would much have preferred that we simply divide our time by day or night. If it is dark, for example, it has to be night. And, if the sun is up and it is shining and bright, it must be day. I could live with something like that. At least I would know what time it really was.

I was actually wallowing in a hopeless spirit of despondency. What is a person to do?

Then something rather strange happened. One of my friends was playing football and his first game was on a Saturday morning. I thought maybe the distraction might cheer me up a little bit and encourage me to keep on keeping on.

I cannot remember the last time I was at a football game. Of course that does not mean too much, I cannot remember what I had for lunch yesterday. It was good to get into a different venue, and air out my soul.

Then it hit me. No, not the football, although that might

have helped to a certain degree. But a thought hit me, which is just about as rare as being hit by a football at a football game.

I had just gotten into the spirit of watching the game when all of a sudden I heard a whistle and a coach yelled, "Timeout." At that moment everything stopped. I looked at the clock on the scoreboard and it had stopped. I had forgotten about this little quirk in football.

The clock did not start and the game did not commence until the coach yelled, "play ball." Or something to that effect.

That got me thinking. If they can do that for football, why can't we do that for life? After all, life is far more important than a football game. Who is that coach that yells, "Timeout," and everybody stops? What kind of authority does he have?

We need to bring this kind of thinking into life in general. It seems to me that everything in life is thought out in great detail except actually living life. Football has been well thought out and is comprised of rules and regulations. Baseball the same. Hockey... Well maybe not so much hockey. Most games are well thought out, have rules to live by, and if something isn't going the way it is supposed to go, the coach has the privilege of yelling "Timeout."

How many times could I have used this little rule in my life?

Wouldn't it be nice to stop life when you have made an inappropriate remark, maybe you said something to your wife that came out the wrong side of your mouth. I have done that many a times. I think it would be rather nice if when I realize what I have just said, to be able to yell "Timeout." Then do it over again.

The other day one of my checks from my checking account bounced. That would have been a perfect time to yell

"timeout" and redo the whole thing.

There are so many things in life that could benefit from this one little thing called "timeout." I suggest that we began implementing this into our daily life. After all, our daily life is much more important than a football game, a hockey game, or a baseball game. I think whenever something goes awry we should have the privilege to stop it right in its tracks and do it over again. It does not matter how many times we have to do it over again, we continue doing it over until we get it right.

It would make life more exciting if I knew that if I made a mistake I could call "Timeout," do a do-over, and make everything right.

I think we need to have a very stern conversation with good old Father Time. He is so much a stickler for time marching on. But sometimes you get tired of marching and need to sit down and take a breather. Then sometimes, you need to change the direction in which you are marching. It is not so bad the time marches on but when it needs to turn around and march the other way that is a completely different story.

In thinking further along this line, I discovered God already has a "Timeout" plan. I found it in 1 John 1:9 (KJV), "If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness."

With this in mind, I certainly want to take full advantage of God's "Timeout" plan.

The Rev. James L. Snyder is pastor of the Family of God Fellowship, PO Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at (352) 687-4240 or e-mail jamesnyder2@att.net. The church web site is www.whatafellowship.com.



By Marlys Norris, Christian Author

First of all let me share with you that I thank God for those fanatics that crossed my life years ago before I began my walk with God. They were the only people who touched my life that were "sincerely interested in my eternal destiny" and did their best to share with me the precepts of the Bible relating to salvation through the precious shed blood of Jesus Christ and all He accomplished on the Cross for every one of us.

Possibly some people who read this article may even call me

Religious Fanatics

a religious fanatic but let me tell you I pray that I am not a self-righteous religious person. The word religious to me is a word that offends me because I have seen people who truly are merely just religious but have no acts of love behind their actions. They may attend church every Sunday but there is no fruit of God's love exemplified in their life, it is all about what they can get!

Yes, I am concerned about everyone's eternal destiny. Yes, I am always glad to share the way someone might come to the knowledge of the Savior of their soul. Yes, the Holy Word of God, the Bible is my final and only authority by which I live my life. Yes, I love to share all that I have learned about the magnanimous and powerful love of God.

Yes, my heart cries too, when one rejects having any knowledge about the Creator/God I have come to love with my heart

and soul, because God loves them too. Yes, I sense the pain God has in His heart because of their rejection of the destiny He had designed for their life. Yes, I do not understand!

Yes, I love writing as I listen to God's Holy Spirits direction and I am always amazed how He directs what I write. Yes, I am honored God allows me to write my name as the author of it all. But, know this — I am humbled because this is His gift of writing to me. I do my best to give honor and glory to Almighty God whom I love and appreciate with all my heart for the many blessings He has brought my way. My prayer is that in some way what-ever I write blesses and helps someone along the way!

Marlys Johnsen Norris

First Book: "God Moves Mountains, It Was a Miracle"

Marlysjn@gmail.com

Lord! Are You There?



By Karen Anderson

Do you believe that your spirit will live on? Where do you want to spend the rest of eternity? This story spoke to my heart and I pray it will speak to yours.

Jump... After the long day at work in his cubicle, the young man simply wanted to go home, relax, and prepare for his next day at work. As he made his way toward the elevator, he heard screaming and saw black smoke and flames billowing out of the hallway. Panic gripped him as a succession of thoughts flew through his mind, "I'm on the sixth floor. I'll never make it down. I'm going to die!"

What he considered to be his only escape—the hallway—was engulfed in flames and impossible to navigate. As his mind continued to race, he heard fire engines and remembered that the office was lined with tall windows all across his floor. He coughed and staggered to the windows in hope of a swift rescue. Instead, when he looked down he could see nothing but a curtain of smoke covering the area. Through the smoke and flames, he realized that a

crowd had gathered and along with the firemen everyone was yelling, "Jump!" "Jump!" The young man felt a cloud of fear envelop him. Over a loudspeaker he heard the voice of what he assumed to be a fireman, "The only way you'll survive is if you jump. We've spread out a safety net. You'll be perfectly safe." As the crowd continued to yell, the young man realized he didn't have the courage to make the leap without being able to see the net. His feet were cemented to the floor. Then, over the loudspeaker came the voice of his dad. "It's okay son, you can jump." As the familiar voice reached the young man, he felt the grip of fear lift. The trust and love that had been established between Dad and Son gave him the courage to jump safely down into the net.

Retold by Tania Gray.

Your life is a "burning building" and you are trapped. In desperation you are crying for help, but everything feels hopeless. All you see is doom and gloom and no way out of your plight. Your fear, which is the smoke & flames, is stopping you from seeing the exit. Listen! God is calling. He loves you more than any earthly father. Now, do you wait and see how close the fire gets to you or do you believe that God will SAVE YOUR LIFE? God's son, Jesus Christ, was sent to pay the death penalty for you—He is your safety net. JUMP into a personal relationship with Christ and be free. God will accept Christ's death on

the cross as the payment for your sins. You can accept Christ or reject Him and be separated forever. Think about it...forever is beyond our comprehension.

This relationship with God's Son is like taking a check to the bank. God's check is good... deposit today. God is waiting for you beyond all the smoke and barriers in your life. He is calling out to you, "Son, trust me—jump!" What are you going to do - jump or stay trapped?

YOU ARE VALUABLE...

"For God so loved (YOUR NAME) that He gave His one and only Son, that if (YOU) believes in Him then (he/she) shall not perish but have eternal life."

To accept Christ, say this simple prayer:

"Heavenly Father, I repent of my sins. I make Jesus the Lord of my life. I receive your forgiveness. From this moment on, I will live for you. In the name of Jesus, Amen."

There is a saying, "We only have this one life to live, so make it a good one." Where do you want to spend the rest of eternity? It is your time to set your spirit free and... Trust God and embrace this God's-life, and you'll receive God's everything." Welcome to the family of God!

PASSAGE: John 3:16 (NIV)

Karen Anderson is an accomplished speaker, author, and chaplain and has a local TV show, *Move Your Mountains*. Contact Karen at www.doab-lesteps.com, or 916-961-4765.

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Widowed Person's Grief Support

AUBURN - Grief Support for Widowed People will hold a meeting at 1 p.m. on Friday, Sept. 28 in Auburn for anyone interested in helping widowed people work through the grief process and find redirection in their lives.

This organization has trained volunteers who help widowed people work through the trauma of losing a spouse.

It has been in the South Placer area since 1986 and is supported by local community organizations.

Anyone interested in working in this program, or anyone in need of "one to one" grief support may call (530) 885-8298.

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Hot Pink Fun Run to Raise Funds for Breast Cancer Research

PLACER COUNTY – Placer Breast Cancer Endowment will host the Fifth Annual HOT Pink Fun Run to raise money for breast cancer research. This year's run will feature a NEW 10K!, 5K Run/Walk and 1 Mile Fun Run/Walk.

The chip-timed 5K & 10K races start and finishes in at the Fountains in Roseville. Participants can run or walk the race route which follows some of Roseville's beautiful bike trails. The untimed 1 mile FUN Run will take place at the Fountains at Roseville.

Strollers, dogs and participants of all abilities are welcome at this fun, family-friendly event.

Participants can run or walk in the HOT Pink Run in honor or memory of a friend or loved one who has been affected by breast cancer. Special bibs write-on bibs will be available to all participants on

the morning of the race. There will also be a "Wall of Honor" at the race where participants can write a message or post photos of loved ones affected by all types of cancer.

When: Sunday, October 21
Registration: 7:30 a.m.
10K Run Start: 8:45 a.m.
5K Run Start: 9 a.m.
1 Mile Start: 9:05 a.m.

Awards: 10 a.m.
Where: Fountains at Roseville at the Intersection of Roseville Parkway and Galleria Blvd., Roseville, CA 95678

Cost: Registration \$30 Youth (17 & under) \$20 Children 5 & under – FREE Register at www.hotpinkfunrun.org

The Placer Breast Cancer Endowment, formed in July 2005, includes breast cancer survivors and community activists committed to fully funding the Breast Cancer Endowed Chair at the UC

Davis Comprehensive Cancer Center. The members have pledged to raise \$1.5 million during a five-year campaign. The endowed chair will allow UC Davis to recruit established researchers, build laboratory space, and continue clinical trials programs offering patients access to the latest treatments with the ultimate goal, as set by the National Cancer Institute Director John E. Niederhuber, M.D. – to eliminate the suffering and death due to cancer by 2015.

The group was also formed to raise awareness about breast health issues including early detection and resource availability in the South Placer area. "The Placer Breast Cancer Endowment Fund is a 501-C-3 nonprofit organization, and contributions to the fund are tax deductible to the extent allowable by law". For more information about this and other fundraising efforts, visit www.wethinkpink.org.

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.
Come back every week for Sudoku! For Solution See Page 7.

Outdoor World

FALL CAMPING
There are many benefits to camping when the leaves change color, the crowds leave the park and the temperature drops. Most people have tried it or have reduced their activity. Fewer people means that perfect campsite is going to be easier to find. Group with crystal clear skies and changing plant life offer new experiences and sights. If you are going to be camping at altitude be very aware of the weather forecast. A chance of rain may mean dangerous conditions at higher elevations. Don't underestimate the power of hypothermia. With daytime highs reaching only into the 50s and 60s in many parts of the country, areas get fog and an emergency tent is a must.

Let's bring in the best of the season - come to the annual - coming Nov 7-9 - Outdoor World's Kettle

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CLUES

ACROSS

1. Things on a list
6. Grease container
9. Bear with the biggest chair
13. Halves of diameters
14. "He followed "Give em Hell Harry"
15. Underneath
16. Bornean ape
17. NFL QB ___ Newton
18. Knightly cover
19. "Party choice"
21. "It narrows the field"
23. Usually comprised of 6 - 12 games in tennis
24. Often the object of desire in old spy movies
25. It often draws a crowd at parties
28. South American Indian people
30. "He defeated both Taft and Roosevelt"
35. Ailments
37. American Girl, e.g.
39. Each and all
40. Blowout
41. Former "American Idol" judge, given name
43. Word of mouth
44. Chose instead
46. ___ Turner
47. "A Presidential power"
48. Evening worship
50. America's singing favorite
52. "Former title of Barack Obama"

DOWN

1. Used for smoothing
2. Tropical tubercous root
3. Edible and often encased in red covering
4. Tiny cars
5. Seal on a document
6. "What Paul Ryan hopes for"
7. Theodor Geisel, ___ Dr. Seuss
8. Allegro and lento, in music
9. Chemically-induced curls
10. ___-Ata, Kazakhstan
11. "Give me your tired, your ___"
12. Not functioning properly
15. Alderman in Scotland
20. Short composition for solo instrument
22. Sashimi quality
24. Hannibal Lecter, e.g.
25. Russia's famous ballet troupe
26. Run off, as in lovers
27. Supplies with an excess of
29. "Race measurement"
31. City in West Ukraine
32. People of the land of silk, to Ancient Greeks
33. "Candidates do much of this"
34. Stocking fiber
36. Pas in ballet, e.g.
38. Give temporarily
42. Actress Watts
45. "Political showdown"
49. The ___ Pack
51. Potentially existing but not presently evident
54. Beyond suburban
56. Pertaining to hair
57. Immense
58. Malaria symptom
59. Loch ___
60. Army group, e.g.
61. Chicken house
62. Edible tubes
63. Et alibi
64. Jodie Foster's 1994 drama
67. Civil rights advocate ___ Wells

For Solution See Page 7

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End FCC Threat to Restrict TV News, Press



Commentary by Corydon B. Dunham

Corydon Dunham is a former TV network executive and general counsel, and author of, "Government Control of News."

On Tuesday, President Obama spent much of his address to the United Nations General Assembly discussing free speech in an era of global instant communication.

"I know that not all countries in this body share this particular understanding of the protection of free speech," he said.

Meanwhile, under his administration the FCC is holding a plan for a new balance, diversity and localism rule that would enable the U.S. government to suppress television news and restrict speech.

The new rule is similar to the old Fairness Doctrine, which the FCC and courts revoked in 1987 when they found it was against the public interest. FCC investigations had deterred and suppressed television news,

restricted speech, and prevented criticism of incumbent administrations.

As my book reveals, the new localism rule would have similar results or worse. One new member of the FCC staff who helped draft the localism rule has written that freedom of speech and press is not his "objective," and that free speech "is warped to protect global corporations and block rules that would promote democratic governance." He also concludes the new localism rule could be used to take away licenses in place of the "misnamed Fairness Doctrine."

Another wrote that television is a "powerful source of homogenization and pabulum," and recommended using burdensome FCC regulations to "hasten the demise of broadcasting" (later reworded.) That writer applauded a rule which would make broadcasting local events more difficult so "local viewers are less likely to watch the local broadcasters."

A special report recommended in June 2011 that the localism proceeding be ended because of its destructive burdens. Over opposition from other commissioners, the FCC chairman appointed by President Obama continued it and, after the November election, the FCC could move to adopt it.

The Chief of the White House Office of Information and Regulatory Affairs, a fellow law professor of President Obama, has long urged that the

government should take control of news to achieve its political and social purposes. Another former law professor, since appointed by President Obama to the Supreme Court, wrote an article also urging the government to manage news, saying this would be constitutional if news coverage were not "ideal" at a particular time, and government was changing news to that end.

The great historian Gordon S. Wood writes, "Remember that the United States has always been to ourselves and to the world primarily an idea." Ending this country's free press and free speech traditions would certainly destroy that idea.

About Corydon B. Dunham
Corydon B. Dunham is a Harvard Law School graduate. His *Government Control of News* study was initiated at the Woodrow Wilson International Center for Scholars, Smithsonian Institute, and expanded and developed for the Corydon B. Dunham Fellowship for the First Amendment at Harvard Law School and the Dunham Open Forum for First Amendment Values at Bowdoin College. Dunham was an executive at NBC from 1965 to 1990. He oversaw legal and government matters and broadcast standards. He was on the board of directors of the National Television Academy of Arts and Sciences, American Corporate Counsel Association, and American Arbitration Association among other posts.

Soldiers Project Receives Grant

PLACER COUNTY – Family Ties, an award-winning program launched last year by The Soldiers Project/Sacramento, will continue to serve active duty military, veterans and their loved ones, thanks to funding provided by the Placer Community Foundation.

A \$16,820 Community Wellness Mini-Grant was awarded last week in support of Family Ties, which offers free mental health treatment in a group setting to military family members. Family Ties also provides a support network for military kin who need help finding financial, educational and career resources.

"Placer Community Foundation is pleased to award (this grant) to The Soldiers Project," said chief executive officer Veronica Blake. "Through the guidelines of this competitive grant program, (Family Ties) has been recognized as providing a natural network of support, which in turn works to promote a sense of community and belonging among our county residents."

Offered in two-hour sessions over a six-week period, Family Ties – like its parent The Soldiers Project – focuses on assistance for military members who have served during the wars in Iraq and Afghanistan, as well as their loved ones.

"All therapeutic mental health services offered by The Soldiers Project are free and confidential," said Carolyn Fink, clinical director of TSP/Sacramento. "We concentrate on treating the



Placer Community Foundation board member Kelly Richardson, left, presents Hernan Mendoza and Becca Bettis with a check for \$16,820, which represents funding from the Community Wellness Mini-Grant program. Mendoza is bilingual facilitator for The Soldiers Project/Sacramento Peer2Peer program, and Bettis is TSP/Sacramento program director. Photo courtesy of Soldier's Project.

symptoms of post-traumatic stress and traumatic brain injury – the invisible wounds of war."

Family Ties groups are currently meeting on Thursday evenings at the Roseville offices of Sierra Mental Wellness Group, 333 Sunrise Ave., suite 701. Those who complete the six-week course may then choose to receive additional training and lead a Peer2Peer support group which allows soldiers to help other soldiers as they adjust to civilian life and deal with issues complicated by post-traumatic stress.

In addition to Family Ties and Peer2Peer, funds from the Placer Community Foundation mini-grant, which were provided by the California Mental Health Services

Act, have been earmarked to launch a TSP/Sacramento web page and produce three 30-second spots to publicize TSP services.

The Soldiers Project/Sacramento, named earlier this year by the White House as one of the nation's top 20 military service organizations, is comprised of about 50 licensed clinical therapists who last year volunteered nearly 1,000 hours of free treatment to soldiers and their families.

The Soldiers Project/Sacramento-Placer office in Roseville may be reached at (916) 792-3728.

For more information about TSP, Family Ties and Peer2Peer

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Water Forecasts Mixed for New Water Year

SACRAMENTO REGION –The Department of Water Resources (DWR) marks a new water year by reminding Californians of the importance of making water conservation a way of life. Water Year 2012-13 officially begins October 1, 2012 and runs through September 30, 2013. Water Year 2011-12 now goes down on record as the first "dry" year since the 2007-09 drought. But early weather forecasts for this winter are split and suggest that this year's weather is anyone's guess.

Conservation is the consistent, year-to-year message in drought-prone California, where wet winters often are followed by dry periods that draw down storage reservoirs. "We must always look beyond the current year, whether it turns out wet or dry," said DWR Director Mark Cowin. "We are working toward more reliable water deliveries through the Bay Delta Conservation Plan, but household and backyard conservation will always be a way of life in California."

If anything, the uncertain effects of climate change reinforce the conservation message.

Models indicate that rain and snowfall will become even less predictable in California, likely with more precipitation falling as rain rather than snow. This may require increased storage to capture rainwater, which runs rapidly into streams and reservoirs, whereas mountain snow melts slowly through spring and early summer.

"It is becoming clearer every day that we need to increase the flexibility and adaptability of our statewide storage and delivery systems," said Cowin. The start of the water year – coinciding with the beginning of the rainy season – is significant to water watchers at DWR and other agencies.

Throughout each water year, DWR hydrologists and meteorologists measure precipitation and runoff in the Northern Sierra and other key watersheds and produce runoff forecasts. Measurements are taken by gages in major rivers, including the Sacramento, Feather, Yuba and American. And DWR snow surveyors will don skis on or about the first of January to begin their winter measurements of water content in the

mountain snowpack that normally provides about a third of the water we use in California. All this information goes into forecasts of water supply for spring and summer, the heaviest months of water use by farms and communities.

In spite of relatively dry conditions in 2011-12, DWR was able to deliver 60 percent of requested State Water Project water, thanks to reservoir storage largely carried over from the previous wet year. However, should the new water year beginning October 1 also be dry, the state's reservoirs and groundwater basins will have less carryover storage for the following year. For further information about California's water conditions, visit <http://www.water.ca.gov/waterconditions/>.

The Department of Water Resources operates and maintains the State Water Project, provides dam safety and flood control and inspection services, assists local water districts in water management and water conservation planning, and plans for future statewide water needs.

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Each cycle has a 17 day plan associated with it, at the end of which you will be able to feel a difference in the systems being worked on. Here are a few fun facts I thought you'd like to know. For your lungs, a diet loaded with Vitamin B-12 and folic acid helps to prevent serious lung diseases caused by methylation and yogic breathing can permanently increase lung capacity. For your heart, eat salmon, walnuts, and other foods rich in omega-3 fatty acids that reduce the inflammation that can cause heart attacks. Also, drinking enough water can help regulate blood circulation and prevent plaque buildup. For your brain, Turmeric has been shown to reduce the accumulation of

Alzheimer's causing plaque in the brain; elders in India have a low incidence of Alzheimer's possibly because of the prevalence of the spice in the cuisine. And brush your teeth and floss regularly—people with gum disease have worse memories than those who brush and floss for a full two minutes at least once per day. For the immune system, white foods—breads, pastas, rice, sugar—crowd your body with excessive glucose and prevent white blood cells from working as quickly as they need to. For your digestive system, Probiotics that keep the good bacteria in your stomach healthy can aid digestion, and improve absorption, and even help with weight loss. For your hormones, get plenty of calcium and Vitamin D to prevent hyperthyroidism. And watch out for consuming too much caffeine that can impair the way your body absorbs calcium. For the urinary tract, calcium-magnesium supplements can help improve control of the muscles used in urination. Cranberry juice can prevent urinary infections by causing bad bacteria.

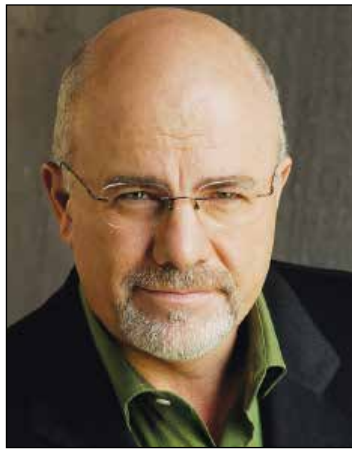
These are just a few things you will earn in "The 17 Day Plan to Stop Aging" from **Dr. Mike Moreno**. Check out more info at his website www.drмикemoreno.com. I don't know about you folks, but I'm going kicking and screaming into old age. Oooops! Maybe I should check with the good Doc to find out if that counts for exercise. Stay well, and look forward to speaking with you on POPPOFF. Don't forget we podcast 24/7 at www.kahi.com. Stay well and HAPPY!!!

Join Mary Jane for the **KAHI Noon News Monday-Friday and then again for POPPOFF 10 PM - Midnight.**

STOP AGING

It's inevitable. We get older every day, and the alternative is not acceptable. But, what if we can push off that word aging? At least we can give it a good shot. Enter **Dr. Mike Moreno**, author of the best-selling "The 17 Day Diet" and now his latest "The 17 Day Plan to Stop Aging." My ears perked up when we spoke on my POPPOFF Radio Show. We can't stop the aging altogether, but it sure would be great to slow it down significantly. The 5 factors that determine your aging are inflammation, oxidative stress, glycation, methylation, and immune impairment. Build your anti-aging base by integrating movement into your lie every day, quit smoking, stay hydrated, and maintain a healthy weight range. The 4-cycle system is designed to help you feel healthier and younger. Whether you want to focus on a specific part of the body or feel rejuvenated from top to bottom, here is his 4-cycle guide to a happier more vital life.

1) **RESTORE:** The plan begins with the basic anti-aging approaches that will help restore all of your body's systems to a healthy baseline, stop potential medical problems before they start, and make for a healthier, happier lifestyle in 17 days flat. This cycle focuses on your heart, lungs, and brains, which Dr. Moreno considers the primary systems worthy of your immediate attention.



Dave Says

Dave Ramsey is America's most trusted voice on money and business. He's authored four New York Times best-selling books: *Financial Peace*, *More Than Enough*, *The Total Money Makeover* and *EntreLeadership*. The Dave Ramsey Show is heard by more than 5,000,000 listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

Preparing for Life Beyond College

Dear Dave,
I'm in college with a full scholarship. I work part time and should be able to graduate with no debt. What can I do now to best utilize the money I make?
- Tyler

Dear Tyler,
You're in a fantastic position right now. First, I think your main goal is to study hard and be 100 percent certain you're graduating on time with no money issues. The next thing is to make sure you have plenty of cash on hand to make the transition to the real world. In a case like this, transition can mean anything from moving to a new city to simply finding a different place

to live. You're coming to a time in your life where you really can't have too much cash saved.

If it were me, I'd just save every penny I could and drop it in a savings account. You can worry about investing and growing your money later, after you've settled into your new life and have some stability. Just think how cool it would be to graduate with \$20,000 in the bank. Then, when you change gears and move out into the real world, you can do some really cool things with the money that's left. Set three to six months of expenses aside as your emergency fund, then you can even begin to think about buying a home and investing in Roth IRAs and other pre-tax retirement plans.

But your biggest investment right now is making sure you finish school and have the cash on-hand to transition smoothly afterward. And you're in a great position to make that happen!
- Dave

First the Baby or the Debt?

Dear Dave,
My wife and I are following your plan. We want to start a family, but we're still in debt and still owe about \$8,000 on our car. Should we pay that off and fully fund our emergency fund before we think about having children?
- Robert

Dear Robert,

When two people who are married and love each other very much decide it's time to share that love with a family, then it's time. You've done a great job of managing your money, setting goals and formulating a game plan, so there's no reason to wait.

If it were me, I'd begin aggressively paying down the car now. Then, when the doctor confirms she's pregnant, you can temporarily push the pause button on your Total Money Makeover. If you haven't managed to pay off the car at that point, use the money you were putting toward it to build up a big cash pile of savings, and go back to regular payments on the car after the baby comes.

By doing this you really lose no ground on your get-out-of-debt plan. You're just redirecting your resources in case you need additional money down the road. But who knows? It may take you guys a while to get pregnant. And if that happens, you could have the car paid off and plenty of opportunity to save up more before the little one arrives!
- Dave

*For more financial help, please visit daveramsey.com.

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our membership. Other activities include: card playing, luncheons, dinners, bingo, bowling, trips to Reno, Koffee klatches and special activities. For a free newsletter call Denise 530-823-5321.

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1 - 4pm:	The Dave Ramsey Show
4 - 6pm:	The KAH1 Afternoon News with Dave Rosenthal and the KAH1 News Team
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7 - 8pm:	A Way With Words
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Who Spends Wisest?

By Dr. Shawn Ritenour

The financial and economic meltdown of 2008 was preceded by large increases in government spending and monetary inflation that artificially lowered interest rates. Those interventionist policies fueled massive capital malinvestment, including housing and credit bubbles, all of which culminated in the greatest economic bust in 80 years. Our rulers' response has been—you guessed it—large increases in government spending and monetary inflation that artificially lowered interest rates. They think (with apologies to James Carville), "It's the spending, stupid!" Or, is our problem actually stupid spending?

What gives? Why do so many economists and policy makers think that the solution to our economic woes is the very set of policies that brought on our problem in the first place? Too many believe that the economy is driven merely by aggregate monetary spending as if all such spending is economically equal. E.g., a billion dollars spent on college is the same as a billion dollars spent on cell-phone services, which is the same as a billion dollars spent on farm equipment, which is the same as an equivalent amount spent on government subsidies or on symphony concert tickets.

If total spending is not enough to buy all goods produced at prevailing prices, it is thought the government must step in to prevent recession and unemployment. Keynesians advocate increased government spending and inflationary credit expansion to make up for shortfalls in consumption and investment spending. Monetarists would rely on increases in the money supply to straightforwardly spur consumption and investment.

The trouble is that money per se is not wealth. It matters a great deal how and upon what the money is spent. More spending does not help if, for example, it

results in socially destructive consumption and malinvestment. Just ask those in the housing industry.

Prosperity is constituted by consumer and producer goods that people actually desire for use in satisfying their ends. The fundamental economic problem is that all goods are scarce. We cannot satisfy all of our ends with our limited quantity of goods, so we must economize. Scarce land, labor, and capital goods must be used producing those specific goods that are most valued by members of society.

Entrepreneurs discern wise investments from those that are unproductive with the help of economic calculation. They are able to use monetary prices to calculate profit and loss because, in a monetary exchange system, the prices of all goods are denominated in the same good—the monetary unit.

The beauty of the free-market price system is that all prices are the result of voluntary exchange and, hence, reflect the personal preferences of all members of society. If entrepreneurs reap profits, they do so for doing precisely what other people want. If, instead, they make goods for which people are unwilling to pay a price above costs, they reap losses, which serve as a great incentive not to squander scarce resources.

Trying to grow sustainable economic prosperity by resorting to government spending is doomed to failure because bureaucratic spending is not predicated on economic profit-and-loss calculation. During my years at the U.S. Bureau of Labor Statistics, an off-heard consolation was, "That's okay. We don't have to make a profit." By their very nature, government spending decisions have no regard for profit and loss. For example, Ron Suskind, in his book "Confidence Men," reveals that President Obama directed stimulus money into infrastructure instead of the health care industry not for economic

reasons, but because he thought unemployed men perceived many jobs in health care as "women's work." Obama presumed government stimulus had value and decisions were made based on perceived political benefits. That such non-economic investment yields waste and destruction is one of the great lessons of the Soviet experiment.

Monetary inflation is no better at fostering prosperity. When the Federal Reserve encourages monetary inflation via credit expansion, banks artificially lower interest rates. Entrepreneurs are encouraged to undertake many longer-term, more capital-intensive projects than they ought but which appear profitable. Land, labor, and capital goods are squandered in producing things, such as houses, that are valued less than those goods that would have been produced without the monetary manipulation.

Not all monetary spending is equal. Economic prosperity requires wise entrepreneurship. If spending is funded by voluntary saving and invested according to profit and loss considerations, it tends to be productive and hence, add to our prosperity. If spending, however, is funded by coercion and apart from economic calculation, scarce goods are wasted, and the result is relative impoverishment, prolonged recession, and unemployment.

Editor's note: A version of this article first appeared at Forbes.com.

Dr. Shawn Ritenour is a professor of economics at Grove City College, contributor to The Center for Vision & Values, and author of "Foundations of Economics: A Christian View." © 2012 by The Center for Vision & Values at Grove City College. The views & opinions expressed herein may, but do not necessarily, reflect the views of Grove City College. For more information see www.VisionAndValuesEvents.com

The State of Economic Freedom

Continued from Page 1

This year's report contains a real shocker when it comes to the United States. We aren't just slipping on the index. We are falling off a cliff. In many parts of the world, life is freer. Not in the "land of the free." Not by a long shot. What this reports says about the United States should be front-page news. Instead, it has received barely any attention at all.

The long and short of it: *"The United States, long considered the standard-bearer for economic freedom among large industrial nations, has experienced a substantial decline in economic freedom during the past decade. From 1980-2000, the United States was generally rated the third-freest economy in the world, ranking behind only Hong Kong and Singapore. After increasing steadily during the period from 1980-2000, the chain-linked EFW rating of the United States fell from 8.65 in 2000 to 8.21 in 2005 and 7.70 in 2010. The chain-linked ranking of the United States has fallen precipitously from second in 2000 to eighth in 2005 and 19th in 2010 (unadjusted ranking of 18th)."*

One might think that it would bug people that Canada is now a more economically free nation than the United States. Remember how Finland was supposed to be ruled by muddle-headed socialists? No more. It ranks higher. So do Chile, New Zealand, and Australia. So do Ireland, Denmark, and the United Kingdom. It goes without saying that Hong Kong and

Switzerland beat the U.S. But so do Qatar, the UAE, and Bahrain.

The question is why. The U.S. fell in every area. Regulation is more intense. There are more trade barriers. Property rights are less secure. Government is much larger. Money is not sound either, but the report gives a good grade here only because of the method of quantification. They look only at official rates of inflation so that there are accurate data across many countries. If you look under the hood at U.S. monetary policy, you can see that we are headed for a devastating fall in this area too.

What is the main reason for the fall of the U.S.? Property rights are less secure. As the authors say, "While it is difficult to pinpoint the precise reason for this decline, the increased use of eminent domain to transfer property to powerful political interests, the ramifications of the wars on terrorism and drugs, and the violation of the property rights of bondholders in the bailout of automobile companies have all weakened the United States' tradition of the rule of law and, we believe, contributed to the sharp decline..."

We've all sensed this. We see evidence all around us. But even so, it can be difficult to process intellectually. We are born to believe that we live in the land of the free. As much as we regret many of the things we see, we don't want to make any fundamental adjustments in our outlook for the future. We want to believe that our freedom is somehow divinely protected and, despite all political trends, essentially unalterable.

This report puts us on notice. We have to come to terms with the realities. It is going to get worse before it gets better. We live in a digital age, surrounded by miracles. But those miracles are coming to us not because of anything our government is doing. We are dependent so much on the freedom that exists and grows outside our borders.

A major advantage that formerly poor countries have is that they don't have to deal with the rotting industrial-age infrastructure that plagues the U.S. and Europe. They don't have an antique grid and their economies are not saddled with endless and entrenched public-private partnerships and central plans like the federal code. They can leapfrog the industrial age and move right to the digital age. It's a beautiful thing to behold.

Someone who looked at this report asked me a question. Is it time to start thinking of sending my kids abroad? The answer, I believe, is yes. Going abroad provides an important cultural education. But nowadays, we are really talking about the future itself. They may have to emigrate for economic opportunity. We all might have to.

But where? Canada is looking better all the time. So is New Zealand. China ranks low overall, but sectors of China like Shanghai are extremely free by any international comparison. There is also Latin America. Nicaragua, for example, ranks very high and is rising year after year. It's the trend line that matters.

Sincerely,
Jeffrey Tucker, Laissez Faire Club

Rooster Tails Fishing Club Fund Raiser Sale

AUBURN – The non-profit Rooster Tails Fishing Club of Northern California will hold a fund raiser sale in conjunction with their monthly breakfast meeting, October 19, 7:00-10:00 a.m., Auburn Elk's Lodge, 195 Pine Street, Auburn, 95603. This is a great opportunity open to the public to buy, sell, or donate fishing items only including rods, reels, and tackle for a ten-percent donation to the club. Club members and visitors are invited to

enjoy a \$12 large buffet breakfast served between 8:00-9:00 a.m. Reservations are required for breakfast and free display space by emailing Jim at pres@roostertails-fishingclub.org.

The 30 year old, 145+-member Rooster Tails Fishing Club of Northern California, Inc. is a non-profit organization that meets the third Friday of each month to educate, entertain, and enhance a fishing experience. Unlike many bass and fly fishing clubs that

concentrate on very specific types of fishing, the Rooster Tails Fishing Club provides a balanced mix of fishing techniques presented by fishing experts targeting a variety of fish species on multiple types of waters. Further information can be found at www.roostertailsfishingclub.org. For more information on attending Rooster Tails Fishing Club of Northern California, Inc. meetings, contact Jim, Club Chairman, at 530-887-0479 or pres@roostertailsfishingclub.org.

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