



Hey Dad, Don't Blink

Page 11

PLUS: Measure A for a Stronger Auburn?

Page 5

Placer Sentinel

Volume 23 • Issue 10

Serving Auburn and Placer County since 1987

Second Issue of May 2012

Talented Artists Showcased in Colfax



Page 2

Franklin Elementary Pitches in to "Save the Sea Turtle"



Page 5

"It's A Wonderful World" With Silver Screen Legend Stewart



Page 9

Waterways Expect Big Crowds



Play on the water safely this Memorial Day Weekend. Follow some simple rules and inform your friends.

SACRAMENTO REGION – The California Department of Boating and Waterway's urges boaters to be properly prepared for safe boating this Memorial Day weekend. California's waterways will be crowded with motorized and non-motorized

vessels. People will boat in groups creating numerous distractions, which can have deadly consequences.

"Boating during Memorial Day weekend means being a more responsible boat operator," said DBW's acting Director

Lucia Becerra. "Operators may have people on board their vessels who do not normally boat. Familiarizing passengers with the location of safety equipment and how to be safe aboard will decrease the likelihood of being involved in a boating accident."

Here are some suggestions from the DBW for boat operators to decrease the chances of being involved in a boating accident: 1) Always wear a life jacket. 2) Avoid alcohol. Everyone who drinks alcohol on board is at risk. Passengers can easily fall overboard, swim near the propeller, or cause vessels to capsize. 3) Designate a person aboard the vessel to help you act as a look-out. 4) Carry the required safety equipment such as fire extinguishers, sound signals, navigation lights, and life jackets for every person on board.

Boat operators should inform everyone on board where the required safety equipment is located. Operators should also turn off the engine when the boat is not moving to avoid propeller injuries.

More information and additional life saving tips can be found in boating safety courses or at www.BoatResponsibly.com.

DBW enhances public access to California's waterways and promotes boating and aquatic safety through programs funded by vessel registration fees, boating fuel tax dollars and boating facility construction loan payments.

Auburn Area Memorial Day Ceremonies



AUBURN – Auburn area veterans will observe Memorial Day on Monday, May 28th beginning at 9 AM at the New Auburn Cemetery. Members of the Auburn Area Honor Guard, American Legion Post No. 84 and the American Legion Auxiliary, American Legion Riders Chapter 84, Veterans of Foreign Wars Placer Foothills Post 904, Fleet Reserve Association Mother Lode #296 and the Ladies Auxiliary of the FRA, Marine Corps League Placer Bulldog Detachment 1247, Disabled American Veterans Post 80, Knights of Columbus Mother Lode Assembly 2778 and the Placer County Council of the Navy League of the United States are combining to commemorate Memorial Day.

Memorial Day is a day of remembrance for those who have died serving our country, and to recognize the contributions and sacrifices made by their family members. The American Legion Post 84, assisted by area Cub Scouts and Boy Scouts and other volunteers, will place flags at veterans graves in the Auburn cemeteries on Thursday, May 24th starting at 3:30 PM (New Auburn Cemetery) and on Friday, May 25th at 9:00 AM (Old Auburn Cemetery). VFW Post 904 will place an Aisle of Flags.

Ceremonies will be conducted at the War Memorial at the New Auburn Cemetery beginning at 9:00 AM on Monday, May 28th, and will include remarks by Congressman Tom McClintock, Placer County Supervisors Jim Holmes and Jennifer Montgomery, Auburn Mayor Kevin Hanley, and City Councilman Mike Holmes.

Flowers will be presented to Gold Star family members. There will be a fly-over of local aircraft, wreath-laying, and a release of white doves followed by the rendering of honors (a rifle salute and the playing of taps) for our departed comrades.

Brief ceremonies with a wreath laying and the rendering of honors will follow at the Old Auburn Cemetery at 10:00 AM, the Newcastle Cemetery at 11:00 AM and the Maidu Indian Cemetery at 12:00.

Please note that the Blocker Drive entrance to the New Auburn Cemetery is closed; please enter through the gate on Collins St. For additional information, please contact Bonnie Potter at (530) 823-2820.

Celebrate a "Day with a Deputy"

PLACER COUNTY – The Placer County Sheriff's Council is hosting its third annual expo and classic car show Saturday, June 2, at a new location and with a new name. This year, the "Day with a Deputy" event will be held at Regional Park in north Auburn, from 10 a.m. to 3 p.m. The free event will also include a classic car show.

Throughout the day, there will be demonstrations by the Sheriff Office's Special Enforcement Team, mounted team, K-9 handlers and their dog partners, the bomb squad, the helicopter crew and more. The Sheriff's honor guard will post the colors and have a changing of the guard. Vendors will have booths set up on the park grounds and food will be available for purchase.

A classic car show will be included and the public is invited to display their vintage cars. For more information about the car show, call (530) 906-7085. Anyone interested in sponsorship, showcasing their business or donating to the raffle may call (916) 652-2450.



The Placer County Sheriff's Council was created in 2004 by citizens who saw the need for more equipment and updated equipment than was being supplied by a shrinking government

budget. Since then, the council has grown into a large and dedicated group of business and community leaders concerned with maintaining top-notch public safety services in Placer County.

For more information about the expo and the Sheriff's Council, go to www.sheriffscouncil.com or call them at (916) 652-2450. Photo courtesy Placer County Sheriff's Council.

PG&E Warns Customers of Scam

Pacific Gas and Electric Company (PG&E) is alerting customers to be aware of a scam that has impacted other utility customers across the country. The scam, which has been reportedly taking place in person, through social media, through posted fliers and through text messages, claims that President Barack Obama is providing a credit or directly paying utility bills. In some cases, customers have been asked for social security numbers to apply payments to customers' utility bills, presenting an identity-theft risk.

PG&E wants to remind customers that PG&E representatives would not ask for personal or banking information over the phone.

PG&E offers the following tips to help protect customers from scams:

Customers should always ask to see identification before allowing anyone claiming to be a PG&E representative inside their home. PG&E employees always carry their identification and are always willing to show it to you.

If a person claiming to be a PG&E employee has identification and you still feel uncomfortable, call PG&E's customer service line at 1-800-PGE-5000 to verify an appointment and/or PG&E's presence in the community. If you feel threatened in any way, you should notify local law enforcement immediately.

Customers who have an

appointment with PG&E will receive an automated call back within 48 hours prior to a scheduled visit, or they will receive a personal call from a PG&E gas service representative prior to a scheduled visit.

PG&E's Credit Department will not ask for personal information or a credit card number over the phone. Anyone who has received such a phone call and provided credit card or checking account information should report it immediately to the credit card company or bank and law enforcement.

Customers with concerns about the legitimacy of a call about a past due bill, a service request or a request for personal information

are encouraged to call PG&E at 1-800-PGE-5000.

PG&E takes security seriously and will actively work with law enforcement to help stop any scam impacting customers. Anyone who has received a call or visit similar to the one described above should report it immediately.

If you need assistance with paying your bill, please visit www.pge.com/financialassistance. In addition to pay plans, we have numerous programs to assist our customers with their bills, such as CARE, REACH, LIHEAP, Medical Baseline and Energy Partners Program.

For more information, visit www.pge.com/about/newsroom/.



Scan our QR Code for a direct link to our online edition!

PRESORTED STD. US POSTAGE PAID PERMIT 350 Carmichael, CA Change Service Requested

Got Local News? Call 530.823.2463

Talented Artists Showcased in Colfax



Anne Moses-Chance (right) chats with Art Walk co-chair Kris Curl-Johnston (left) and Rebecca Martinez (middle).

By Ken Westernen

COLFAX – Friday May 11th kicked off the first annual Colfax Art Walk in historic downtown Colfax. This series of walks, held on the second Friday of each month through October, will feature a variety of artists at various locations along Main and Depot Streets. The downtown location makes for an easy stroll for art lovers to saunter the streets taking in the charm of this historic city.

Participants are able to chat with the artists individually, learning about their particular medium, inspiration, and technique. A selection of art will be available for purchase from the featured artists. Participating venues will also be open to share their menus, wares, and services. In addition to their normal offering, some venues will offer live music and other pleasurable experiences.

The inaugural event featured young artists from elementary through high school, world class quilters, painters, and photography, among others. Daunine Vining was the featured artist for this first event. Vining is a colored pencil and Renaissance marionette maker who will also be featured in a one woman show in Sacramento this August.

Anne Moses-Chance displayed her soft sculpture Santa Clause collection at the Colfax Welcome Center. In answer to questions from visitors, Moses enthusiastically explained her techniques; from the wire armatures to the rabbit fur used to frame the collars of her creations.

Of the event, Colfax Area Chamber of Commerce President Frank Klein shared "I thought for the first one it went well. The people that came through were positive and appreciative of the endeavor."

The event hours are from 3pm

to 8pm on the second Friday of each month and maps of the walk will be available at each of the participating venues, as well as from the Colfax Area Chamber of Commerce website: www.ColfaxArea.com.

This inspiring event is made possible through the cooperation of the all volunteer Colfax Art Walk Committee and PlacerArts which is the Art Council of Placer County, a non-profit, public benefit, designated state-local partner of the California Arts Council for Placer County.

The Colfax Art Walk co-chairs may be contacted by email for more information about this exciting art experience. Kris Curl Johnston at KCJohnston@mac.com, Logan West at twinparable@gmail.com or by calling PlacerArts at 530-885-5670. A visit to the PlacerArts' web site www.PlacerArts.org will have additional information about this non-profit organization.

NID Announces Staff Appointments

Malberg, Powell Join Management Team

GRASS VALLEY – The Nevada Irrigation District has announced the appointments of two new members of the district management team.

Jim Malberg began work Apr. 30 as the district's new finance manager, succeeding Marie Owens, who retired. As the district's chief financial executive, he will oversee a combined annual budget of \$61.5 million.

Malberg comes to the district from Stockton where he served as a project manager for Willdom Financial Services, including service for the past 16 months as interim chief financial officer for the Central Basin Municipal Water District. He has also worked with the cities of Stockton and Brentwood and the Elk Grove Water District.

He holds bachelor's and masters' degrees from California State University, Stanislaus and is a veteran of the U.S. Navy.

Brian Powell was appointed Apr. 23 as NID maintenance



Jim Malberg



Brian Powell

manager, overseeing NID's largest department, with more than 50 employees.

Powell, a Grass Valley resident and registered civil engineer, first joined NID's Engineering Dept. in 1997 and was first promoted to maintenance manager in 2005. He held the post for two years before leaving for employment in the private sector.

He rejoined NID in 2008 and has served as project manager for

the \$41 million Banner Cascade Pipeline Project, which is now nearing completion. He returns to the helm of the Maintenance Dept. following the departure of John Kirk, who accepted a position with PG&E.

Based in Grass Valley, NID employs 170 and supplies irrigation water and treated drinking water to 24,000 customers in Nevada, Placer and Yuba counties.

DELIVERY ROUTES AVAILABLE • CALL (530) 823-2463

"I look 10 years younger?! Oh, Stop!"

Let's get your skin in tip-top shape for that big event with a therapeutic facial. My especially customized facial will make your skin positively glow. Then, I'll give you the simple steps to keep it that way.

Auburn Skin Care
"Skin Care that Works"

Linda Carmichael, L.E., L.E.
California Licensed Esthetician

\$10 off Introductory Facial and 10% off Products Expires June 30, 2012

(530) 888-6942 by appointment only

www.skincareauburn.com ♥ 1214 High St., Auburn

For the graduate in your life - Let Roper's help you find the perfect memento to celebrate their achievement!

Simple Sweet Briolette Earrings Only \$99

Roper's Jewelers
Four Downtown Jeweler Since 1956

Downtown Auburn, 818 Lincoln Way 530-885-4852
North Auburn, 2288 Grass Valley Hwy 530-885-8020

Join us on Facebook for Special Occasions
www.Ropersjewelers.com

Placer Sentinel

"Written by the people and for the people"
Serving Auburn and Placer County since 1987

Placer Sentinel is a member of Messenger Publishing Group **MPG**

We are proud members of these newspaper associations:

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@PlacerSentinel.com

Be sure to place in the subject field "Attention to Publisher".

If you do not have email access, please call us at 530-823-2463.

Placer Sentinel is not responsible for unsolicited manuscripts or materials. The entire contents of the Placer Sentinel are copyrighted. Ownership of all advertising created and/or composed by the Placer Sentinel is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

For home delivery in Auburn, subscriptions should be mailed to:
Placer Sentinel,
7405 Greenback Lane, #129,
Citrus Heights, CA 95610.
Subscription rate is \$25 per year.
Placer Sentinel is published twice monthly. Call 530-823-2463 for more information. (ISSN # 1948-1918).

Publisher Paul V. Scholl

Contributing Writers Mary Jane Popp, Marlys Johnsen Norris, Tim Reilly, David Dickstein, Dave Ramsey, Dr. E. Kirsten Peters, Kay Burton, Leslie Carrara, Julie Parker, Ronnie McBrayer, David Graulich, Perry Hartline, Gerry Scholl, Amanda Morello, Susan Skinner

Photography Banerjee Designs

Graphics & Layout Stump Removal Graphics

Advertising Sales Marion Solo, Lelani Kinzlar, Max H. Peters, Alyse Weaver

Distribution Assistant Gabriel Scholl

Accounting Nicholson & Olsen CPA

Web Master RJ at thisetabam.com, JWS Promotions, Mikahn Design

News Services Whiskey & Gunpowder, StatePoint Media, NewsUSA, PRWEB NewsWire, North American Precise Syndicate, Blue Ridge Press, ARA Content, Family Features, WorldNetDaily

Member of Carmichael, Citrus Heights, Fair Oaks, and Orangevale Chambers of Commerce

Publisher's Statement:
It is the intent of the Placer Sentinel to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

Publisher Paul V. Scholl

Annual Family Night Out

Budding Artists at work on the Chalk-A-Lot contest in 2011.

AUBURN – 13th Annual Auburn Family Night Out Do you remember using chalk to create “art” when you were kid? Sometimes your chalk masterpiece lasted for days, other times it disappeared in a flood of water from your garden hose.

On June 23 chalk artists of every age and ability are invited to participate in the 13th annual Auburn Family Night Out (AFNO) Chalk-A-Lot Contest. Kids, teens and adults — called madonnari which means street

painters—are welcome to create temporary, yet breathtaking chalk art from 4:30-6:00pm. Save the date it is easy to participate.

Sign up the day of the event at 4:30pm at the Union Bank parking lot in downtown Auburn. Kids will need a parent or guardian with them. You do not need to be a trained artist, and all chalk will be provided. Themes for this year include “Going Green” for adults and “Imagination” for youth.

Judging follows completion of work. AFNO is an evening for the

whole family as well as singles to enjoy a stroll through downtown Auburn enjoying a variety of entertainment venues, information gathering, and food.

The event takes on an added dimension when participants pick up a passport and play for prizes awarded at the end of the evening. Celebrated on the longest day of the year, June 23, 2012, festivities begin about 4:30pm and conclude at 8:45pm with winners of the prizes in Central Square.



Around Town with Loyce Smallwood

and gently used donations are welcome.

Avantgarden staffer Caroline Navarro will guest next month on ACTV Connections and the cheerful Navarro enthuses about the ongoing activities at the newly expanded Avantgarden now, also, on Lincoln Way.

Auburn teems with an abundance of hardworking volunteers and I say celebrate yourselves. Try the key lime yogurt at Tango's in Central Square or dig into a variety of other fruity delights complete with toppings.

Thumbs up to the fare at Joe Caribbe Bistro where I enjoyed the tacos topped off with ginger beer with pleased first-time dining partner JLS. Looking forward to Joe Caribbe guesting on ACTV the end of the month. Check www.actv20.org for schedule.

Satisfaction also at the recent Auburn Library book event where I ran into veteran author/publisher Alton Pryor and photographer/entrepreneur Patrick Witz who is also scheduled for ACTV in June.

Love to read? Call (530) 866-4530 and volunteer to help the reading challenged at Placer Adult Literacy Service.

Craving greens? Experience the delight at The Ridge where congrats are sent to Head Golf



Caroline Navarro at Avantgarden

Pro Shawn Kelly who is off to Michigan to compete in the PGA Senior Championship. Good luck Shawn.

Remember the ongoing 5:30pm lesson and 4-hole action complete with wine/cheese at our fav 9-hole site, Black Oak golf course on Dry Creek. Call Wendy Fischer at Black Oak to sign up and I'll see you there on Thursday evenings through July.

Cat Lover? Stop by Incredible Pets on Highway 49 Saturday and pick out your fav feline from the Friends Forever vehicle overseen by founder Shirley Hartford's dedicated volunteers.. Call Shirley at (530) 885-4228 to foster and adopt or to donate gently used books; cash donations also welcome.

Stay tuned for more delights and email to loy@foothill.net.

Franklin Elementary Says “Save the Sea Turtle”

LOOMIS – First grade students in Mrs. Basque's and Mrs. Leupp's class from Franklin Elementary in Loomis made a 8' long by 7' tall paper mached sea turtle as a conclusion to the unit.

The sea turtle is ready to dive and be on display during Open House on May 31 from 6-7:30 with his mask and snorkel. During Open House the students will be collecting \$1 to ride and to have a photo on this creature.

The school is located at 7050 Franklin School Road, Loomis. All visitors should check in with the office before proceeding to the classroom.

The funds will go to SAVE THE SEA TURTLE.



Book Sale fundraiser for Feline Rescue

PENRYN – A book sale fundraiser will be held for Lincoln's Fieldhaven Feline Rescue on May 26 and 27, 8am-noon. Thousands of items will be sold including 10,000+ books, CDs,

DVDs, VHS tapes, and audio books. The sale will be held at 2166 Swetzer Rd., Penryn. Donations of books, CDs, DVDs, VHS tapes and audio books are welcome. Animal-related items

are also welcome and will be passed on to rescue groups.

For more information about the sale or directions call (916) 663-1608 or email lyn4animal@aol.com.

Special Performances May 26

AUBURN – All proceeds go to the renovation of the STATE Theater.

TEMPEST: Reputed to be Shakespeare's autobiographical send off as his last play penned. Come see TNT's fresh take

on this timeless classic. Upeat and entertaining while staying true to the language of the bard. Uplifting family friendly fun your entire family can feel GREAT about supporting.

MAY 26,4 & 7:30- STATE THEATER, 985 Lincoln Way, Auburn; \$8 Students \$10 Adults

For more information about Take Note Troupe see www.takenotetroupe.org

View of the Snow-Capped Sierra

Sierra Sunrise Building
 13620 Lincoln Way, Auburn

<p style="text-align: center;">AVAILABLE</p> <p style="text-align: center;">Executive Suites from 110 s. f. - 265 s. f. OR Deluxe Suite 1,583 S. F.</p>	<ul style="list-style-type: none"> • Large Executive Offices • Extensive Glass, Built-In Furniture • Kitchen & Conference Room • Suites from \$295.00
--	---

Call 530-888-0101 **Wave Broadband Available**

IS YOUR GUT

TELLING YOU SOMETHING?

We have a lot of information about your gut health. We can help you understand what your gut is telling you and how to improve it.

6 MONTHS FREE TANNING OR 3 PERSONAL TRAINING SESSIONS FOR LIMITED TIME

CONTACT US FOR DETAILS

(Plus your first month FREE!)

15130 Howe Ave. # 2000 • Auburn, CA
 (530) 887-3668

Flea Market

Hosted by the
AUBURN 49ER
LIONS CLUB

SATURDAY,
JUNE 2, 2012

7 A.M. TO 2 P.M.

GOLD COUNTRY
FAIRGROUNDS
UPPER BALL FIELD

enter via
Sacramento Street /
Auburn Folsom Road

PARKING
\$1

A day of fun, food,
 music, free raffles,
 free balloons for the kids,
 great bargains

Old items, new items, antiques,
 collectibles, crafted items
 and treasures galore

For vendor information or questions,
 call Ray at 530-878-3888

Breakfast and lunch prepared
 by the Auburn 49er Lions

Auburn Leadership Fundraiser

AUBURN – The Leadership Auburn Class of 2012 is sponsoring a fundraiser to raise money to support scholarship grants for future Leadership Auburn participants. The Leadership Auburn Luau is scheduled for Friday, June 1st from 5:30 PM to 8:30 PM at Recreation Park, 123 Recreation Drive, Auburn. The menu includes pulled pork sandwiches

and side dishes along with drinks. Tickets are only \$15.00 per person and include your dinner and entertainment. This will be a wonderful time to meet this year's class and previous Leadership Auburn classes. This program has been praised by local leaders as an excellent way to find out more about Auburn and the local community. The

program includes a retreat and monthly meetings which cover various aspects of the Auburn area. To purchase tickets contact Jackie at (530) 906.9239 or at jackiew@auburnprinters.com. Don't miss out on this exciting opportunity to lean more about your community.



By Linda Louise Haines

Shopping Colfax & Beyond

I walk into my local business, like Colfax Farm & Country Store, 140 N. Main St., Colfax, Ron and Carol Dotto know my name, and they remember what brand of dog food Heidi likes to eat and what treats she likes on the spot. Heidi (10# mini-Doxie short-hair) and I walk into Hills Flat Lumber, 1000 S. Canyon Way, Colfax and everybody knows Heidi's name and that she likes treats but will check with me first before gobbling them up! They are patient while she does her routine. Will that happen at a big box store?

I love that personal touch when I shop locally. You will too.

On to business news: I love to help celebrate business anniversaries, as well as the new business news.

Your local Meadow Vista chiropractor celebrated his 14th anniversary in Meadow Vista earlier this month. Dr. Randall D. Hensley, DC, 16985 Placer Hills Road, Ste. C, can be reached at 878-1311.

There are lots of chiropractors in the area. So, competition must be tight. However, each has his own style and specialties. I have been a fan of holistic chiropractic health care for many years following accidents and with hereditary arthritis. Congratulations to Dr. Hensley!

I'm excited that lavender season is almost here. I LOVE lavender! How about you?

Charleston Lavender Farm, Yankee Jim's & Pine Hollow Rd., Colfax/Weimar, will be celebrating the new blooms during the first weeks of June. And, June 10, July 15, and August 12 (Sundays) the farm will be open from 9 a.m. to 1p.m. for on-site sale of products, plants, and U-pick. Some Lavender products are available now at: The Hair Studio, 15 Main St., Colfax; Mandarin Valley at High Hand Fruit Shed in Loomis, www.mandarinvalley.com, and Whole Foods Market Roseville, 1001 Galleria Blvd for fresh bouquets.

Popular and new lavender products will be for sale at those locations and local Foothill Farmers' Markets, www.foothillfarmersmarket.com, such as fresh and dried bouquets, personal body products, household and laundry products, live plants, all natural dog flea powder and gift packs.

Contact Renee Charleston, (530) 637-4190 or lavender1@wildblue.net.

Are you celebrating something with your business? Email me, lindalouise@exwire.com.

Placer County Youth Commission Applications Released

PLACER COUNTY – Are you a young person who would you like to speak up for what matters to youth? Do you have ideas and hopes for a better community, a better future? Would you like to work as part of a youth team to make a real difference in the community?

If you answered yes, the Placer County Youth

Commission is looking for you! The Youth Commission is an Advisory Board to the Placer County Board of Supervisors. The Commission also works with others in the community to create change and make Placer County the best possible place for youth. Commissioners must be Placer County residents between the ages of 14 (or ninth

grade) and 21 years. Applications are due Thursday, May 31 by 5 p.m. and can be found at <http://ucanr.org/peyc>.

For more information, email placercountyyouthcommission@gmail.com or phone advisors, Kara Sutter at (530) 889-7179 or Kerri Fulton at (530) 718-0049.

Wherever you live in Auburn or "up the hill," I know you already have your patterns of shopping. So, what's the point of doing a business column focusing on new businesses and existing businesses doing new things?

I like to help local consumers find out what is new in their neighborhoods and what businesses might be serving their needs a lot closer to home than "down the hill."

Many times the owners of local businesses are our neighbors and have kids who may know your kids in school. Your sports-team or band kids may need local sponsors for a league or special tournament. And, who is most likely going to put out their hard-earned profits for those causes? Of course, your locally-owned businesses!

Why do I shop locally? I'm retired; I have to watch my pennies. But, also important, when

Get the Silvas Advantage



Bank Owned / Short Sale Specialist
Lifetime Masters Club Member
Top 5% of Realtors Nationwide

Call for a **FREE** Consultation



916/600-3026

richsilvashomes@gmail.com

535 Menlo Dr., Ste. A - Rocklin, CA 95765

DRE #01131216



Military Graduates

Army 2nd Lt. Ryan S. Carnahan has graduated from Officer Candidate School (OCS) at Fort Benning, Columbus, Ga., and was commissioned as a second lieutenant in the U.S. Army.

During the 12 weeks of training, the officer candidate received "basic soldiering" instruction in leadership, professional ethics, soldier team development, combined arms tactics, weapons defense, combat water survival, squad drill, intelligence, field training exercises, day and night land navigation, confidence obstacle course, common core tasks, communications, staff and general military subjects, and physical fitness tests which include three, four and five-mile runs, and foot marches between 5-12 miles carrying rucksacks.

The candidate is tested on leadership skills and team work abilities required of a commissioned officer. Students learned to utilize acquired skills to function in "leader and follower" positions in squad and platoon sized elements, and evaluated in various leadership garrison positions while in a stressful and demanding field environment.

Carnahan is the son of Kathy Patterson of Oak Ridge Way, Auburn. He is a 1994 graduate of Bear River High School, Grass Valley.

WIN A DIAMOND RING

from Perfect Wedding Guide and Aquamarine Jewelers



To enter go to sacramento.pwg.com and click on the WIN tab. One lucky bride will win a \$1500 gift certificate to Aquamarine Jewelers!



Visit sacramento.pwg.com for free wedding planning tools and to find Sacramento area wedding vendors for every budget!

facebook.com/SacramentoPWG

16TH SEASON Sacramento Choral Society

Donald Kendrick, Music Director

2011-2012 Season



SACRAMENTO STAINED GLASS CONCERT TWO

European Traditions

Masterworks of the Baroque, Classical, Romantic and Contemporary Eras

A concert showcasing the majestic new Reuter pipe organ and Fremont's recently renovated sanctuary with works by:

Vivaldi | Haydn | Mendelssohn | Bruckner

Ryan Enright, Organ Katherine Jolly, Soprano

Fremont Presbyterian Church

5770 Carlson Drive, Sacramento

Saturday, June 2 at 8:00 PM

Tickets: 916 536-9065 | SacramentoChoral.com

2 SMOG MACHINES / DIESELS TOO!

SMOG CHECK \$38⁷⁵

+ Most vehicles & light trucks

+ Certificate

Must present coupon at time of write up. No appt. necessary

1996 & Newer

1995 & Older \$48.95

We Will Match Most Local Competitor's Coupons!

SIERRA SMOG & AUTO REPAIR

402 Grass Valley Hwy.

Corner of Elm & Grass Valley Hwy
Next to Grocery Outlet

888-6543



ASK ABOUT OUR SENIOR DISCOUNT

Measure A for a Stronger Auburn

Commentary by
Kevin Hanley, Mayor

I need to get to the gym more often. I know its good for me. Lifting weights and running around the track makes me stronger. Similarly, residents in California have the same choice regarding the strength of their city. Measure A gives Auburn voters the option to make Auburn stronger.

Measure A gives voters the opportunity to strengthen Auburn for the challenging times ahead. The status quo is not our friend in the long run. Auburn, as a general-law city, must comply with expensive state mandates on how we run our town. The California Legislature imposes new, one-size-fits-all and expensive mandates on Auburn residents every single year. For instance, Auburn residents and business owners will unnecessarily pay millions of dollars for sewer repairs because the state dictates and artificially raises the cost of

these construction jobs. Why? Because special interest groups control the California Legislature and they write laws that extract money out of the pockets of Auburn residents and business owners. If Auburn remains a general-law city, the continuous flow of state mandates will weaken Auburn. That is not acceptable.

This has got to stop. In the 1976 movie Network, the character Howard Beale yells out, "I'm mad as hell and I'm not going to take it anymore." Fortunately, the "home rule" provision of the California Constitution allows a general law city to become a charter city and thereby gain more local control and avoid the dictates of the California Legislature. Auburn doesn't have to be a colony of the California Legislature. We have that choice.

The Auburn City Council, instead of sitting in their lazy boys, drinking beer and whining about state mandates, decided to do something about this problem. The Auburn City Council

conducted an in-depth 18-month study and held 10 public hearings on how charter city status under the California Constitution could strengthen Auburn for the future.

The Auburn City Council, with the assistance of many residents, drafted the Auburn Charter to reflect the character of our community. Auburn is a common sense and fiscally conservative community. Auburn is also a community that wants to improve our quality of life going into the future. The Auburn Charter or Measure A reflects the character of Auburn residents.

Auburn residents believe that the closer government is to the people the better the results. Measure A would shift power from the California Legislature to Auburn residents so that our locally elected leaders can custom-design ordinances to enhance public safety, from animal control to fire safety. Second, Auburn residents love our volunteers. Measure A would permanently exempt them from a

state law that could end all volunteer activity on city projects on January 1, 2017. Third, Measure A would also result in millions of dollars saved when contracting to repair our aging sewer system and when expanding the popular Streetscape project. There is no reason why seniors on fixed incomes, single mothers, hard-working residents and business owners should continue to pay artificially high sewer bills because of the dictates of Sacramento. And Auburn residents who enjoy outdoor dining and sitting around the fire pit in Central Square should support Measure A. Auburn taxpayers would save millions of dollars with the expansion of Streetscape to Elm Ave over the next decade.

Forth, Auburn residents believe that service on the Auburn City Council should always remain a part-time position. That is why Measure A tightly restricts city council member compensation, including pay on boards and committees, according to state

law and goes even further by prohibiting them from ever collecting a city pension.

Measure A does face opposition from the Sacramento-funded "No on Measure A" campaign. There is a one-word reason for why a Sacramento lobbyist group called "California Alliance for Jobs, Inc.," opposes Measure A – money. This Sacramento lobbyist group, which is funded by big corporations and big unions, financially benefit from forcing Auburn residents to pay higher sewer bills. The money comes out of your pockets and right into their pockets. Measure A would change all that. Measure A would allow the city to competitively contract to repair our aging sewer system at less cost. It would allow more Placer County construction firms compete for city work and thereby support local jobs. That is a threat to the special interests of Sacramento.

So instead of honestly stating their position that they want Auburn residents and

business owners to continue to pay inflated sewer bills, the Sacramento-funded "No on Measure A" campaign is running a \$25,000 campaign to distract Auburn voters. Their tactic is to convince Auburn voters that if Measure A passes that suddenly the Auburn City Council will turn into a bunch of crooks. When they repeat untrue charges that Measure A will open nefarious and mysterious "loopholes" just remember one thing – they want to continue extracting more of your money from higher sewer bills.

Measure A was finely crafted over an 18-month period and in hearing after hearing to reflect Auburn's common sense, down-to-earth and fiscally conservative values. With a broken California Legislature, only more local control in the hands of Auburn residents will give us the tools to strengthen our small historic town. Let's put Auburn back in charge. Let's make Auburn stronger. Yes on Measure A.

LaMalfa Responds to Obama's \$2.6 Billion Rail Shakedown

SACRAMENTO – Senator Doug LaMalfa (R-Richvale) commented on May 10th on Obama Transportation Secretary Ray LaHood's demand that the Legislature abandon its review of the \$75 billion high-speed rail project and simply borrow at least \$2.6 billion in funding immediately:

"It is obvious that Obama Transportation Secretary Ray LaHood doesn't understand what is truly at stake in California. This state is facing \$14 billion deficit, our students have seen their tuition double, and he wants California to invest in a high speed rail scheme that has a \$61 billion shortfall without

reviewing the plan's risks?" asked LaMalfa. "Secretary LaHood's demand boils down to a belief that Washington, D.C. knows best, a point of view I couldn't disagree with more strongly."

California's High Speed Rail Authority is now pushing its fifth plan in barely four years, one which is both dramatically smaller and costlier than the project promised to voters in 2008. The project now excludes San Diego and Sacramento and at \$75 billion costs more than twice what the Authority told voters. LaMalfa has authored Senate Bill 985 to place the project back on the ballot, a proposal

the Field Poll found two-thirds of Californians support.

"The two-thirds of Californians who want a vote on the project carry a lot more weight with me than a Washington, D.C. bureaucrat who isn't worried about how California will fund schools and public safety," added LaMalfa. "It's as if he's unaware of the fact that California can't simply print money in the way the Obama administration has."

Senator Doug LaMalfa is a lifelong farmer representing the fourth Senate District including Shasta, Tehama, Butte, Colusa, Glenn, Siskiyou, Sutter, Del Norte, Placer, Trinity, Yuba and Nevada counties.

Logue Coauthors Bill to Help Save State Parks

SACRAMENTO – North State Assemblyman and Chief Republican Whip Dan Logue will announce at a press conference today that he has coauthored a bill to help save California's state parks. The press conference will be held at 11am on the East Steps of the State Capitol to discuss the California Park Stewardship Act of 2012.

"I am proud to fight to keep state parks like Bidwell Mansion open for the public to enjoy," said Logue. "These parks are a part of California's rich history, and serve to remind us of the beauty of God's creation and of our state's great accomplishments. We cannot allow them to be lost."

Assembly Bill 1589 (The California Park Stewardship Act of 2012) by Assemblyman Jared Huffman would require the Parks Department to work on finding an alternative before closing a park, and disclose to the public its reasoning to close down a certain park. The bill would also limit the number of parks that can be closed from 2012 to 2016 to no more than twenty-five, unless the Legislature specifically authorizes it. The bill would also allow a park with extra money to share excess revenue with another park. Finally, in order to raise more funds, the bill would allow individuals to receive a tax deduction if they donate more than the cost of an annual park pass, and

require the DMV to create a special license plate that honors California's parks with sale proceeds going towards state parks.

"In these difficult economic times, there are certainly tough decisions that have to be made," Logue added. "But I will do everything I can to ensure our parks stay open."

AB 1589 is currently in the Assembly Appropriations Committee, and will be voted on later this week.

Assemblyman Logue represents the 3rd Assembly District in the California Legislature, which includes the communities of Butte, Lassen, Nevada, Placer, Plumas, Sierra and Yuba.

Memorial Day Scams Target Military, Family and Supporters

SACRAMENTO - Memorial Day is a time to honor those who serve and remember those who have died in war. Sadly, it has also become a key opportunity for scammers to target those who are serving or have served their nation, especially elderly veterans. BBB is urging consumers and donors to be on the lookout for deals that seem too good to be true, and for disreputable charities.

"The unique lifestyle of our service members makes them prime targets for scammers," said Gary Almond, president of BBB serving Northeast California. "It's imperative that we educate our service members and ensure that the support we give to them equals the effort they make every day on behalf of us." Almond said scams can include those that target service personnel and their families directly, but also those that appear to be helping military members via charities.

"Donors need to watch out for questionable charities that raise funds on behalf of military organizations," adds Art Taylor, President and CEO of the BBB Wise Giving Alliance.

"When you make a donation, always check www.give.org to see that the group meets BBB charity standards, especially around Memorial Day. Too many solicitors that fail to meet BBB standards call and say they help veterans, service members or their families, and little of the money donated will serve that purpose."

Among the scams to watch out for:

- *Posing as the Veterans Administration to convince veterans they need to update their credit card, bank or other financial records with the VA;*
- *Charging service members for services they could get for free or less expensively elsewhere, such as military records and benefit filing assistance;*
- *Offering "instant approval" military loans ("no credit check," "all ranks approved") that can have high interest rates and hidden fees;*
- *Advertising housing online with military discounts and incentives, and then bilking service personnel out of the security deposit;*
- *Trying to sell things like*

security systems to spouses of deployed military personnel by saying the service member ordered it to protect his or her family;

- *Selling stolen vehicles at low prices by claiming to be soldiers who need to sell fast because they've been deployed;*
- *Posing as government contractors recruiting veterans and then asking for a copy of the job applicants' passport (which contains a lot of personal information);*
- *Posing on online dating services as a lonely service member in a remote part of Iraq or Afghanistan, and then asking for money to be wired to a third party for some emergency.*

BBB advises service members, veterans and all consumers never to give personal identification information (Social Security, bank account, military identification or credit card numbers, etc.) to anyone who contacts you by phone or e-mail, and to be wary of any solicitations that involve purchasing something or transferring money. Consumers can check out businesses and charities for free at www.bbb.org.

Another View

Commentary by Mike Holmes,
City Council Member

Over the past few months we have listened or read opinions in favor of and against Measure A which would give the City of Auburn a charter or mini-constitution for the conduct of municipal business. Those arguing against a yes vote have tried to raise all kinds of doubt about what might happen to our city if the charter is adopted. By trying to compare the voters of Auburn with those in Bell and Vernon they are suggesting the voters of Auburn aren't capable of keeping an eye on what the city council is doing. In my opinion this attempt to demean the voters of Auburn will not work.

When the issue of a charter first came up almost two years ago I had some initial doubts about the need and advantages of a charter, but I voted to put it on the ballot for you to decide. While the method of writing the draft charter was of some concern to me

I believe it was fully vetted by both those in the community and those from outside the community. When the city attorney was asked to develop both pros and cons about a city charter he did just that, but the forces against the charter only seem to focus on the cons of the argument.

What do the most significant items in the charter offer you? (1) Greater control over local affairs and better protection from lawmakers in Sacramento which is dominated by big city legislators. (2) Possible significant savings in local public works projects. (3) Continued use of local volunteers working to improve the quality of life in our city without having to pay them wages.

Now comes word that another city about the size of Auburn is considering a charter for future adoption. According to the Coast News, a local paper in San Luis Obispo County, the City of Grover Beach city council has voted to move forward with plans to become a charter

city. Grover Beach has about the same population as Auburn and heavily relies on tourism. The Grover Beach city manager has stated, in part, that the charter "will be tailored to the specific needs of the city itself and to cover the municipal affairs that it wishes to cover while leaving the remainder of the areas to state oversight" much as Auburn's proposed charter will do.

On a historical note, the City of Auburn has been incorporated twice, first in 1860, but was disincorporated in 1868 in a dispute over some bonds the city had purchased to support railroad construction. Our current incorporation began in 1888 and we will be celebrating 125 years of incorporation in 2013. I urge you to vote yes on Measure A this June 5th. I make this promise to you. If the "doom and gloom" predictions made by the opponents of Measure A become fact, I will lead the charge to repeal the city charter and revert back to a general law city.

Most of Us May Be Guilty of Oil Speculation

Commentary by
Merrill Matthews

In the midst of outrages like an \$800,000-plus party scandal at the General Services Administration, the Secret Service prostitute scandal, and a recent Medicare fraud bust that netted 107 people scamming Medicare out of \$450 million, what does President Obama want to do? Why, spend \$52 million in taxpayer dollars cracking down on ... oil speculators.

Depending on how the administration defines "speculation," the target could be half of the U.S. population — including me, and probably you.

So let me 'fess up right here. I have a little money in a 401(k), and I have been known to put some of that into mutual funds that invest in the energy sector.

But I swear I'm not trying to bring the country down or drive up what you pay at the pump. Given that the Federal Reserve Bank has kept interest rates at near zero for years, and that none of the president's or the Fed's multiple economic stimulus efforts have worked, I was just looking for an investment that would be worth more when I sold it - in other words, speculation.

And I'm not alone. About 70 percent of U.S. oil and gas company stock are held by pension funds, asset management companies (including mutual funds), and IRA and 401(k) plans. If I'm an oil speculator, I'm in good middle-class company.

Of course, Obama might claim he's not talking about us, but those who are actually buying oil futures. Notice I didn't include natural gas.

No one seems to care about

natural gas speculators because the price of gas has tanked — largely because of the huge supply, the result of new extracting techniques.

Conversely, long-running federal restrictions against new drilling on federal lands and offshore have limited the country's ability to increase oil supplies. But when markets get spooked by potential shortages due to turmoil in, say, Libya or Iran, the administration doesn't come to a corollary conclusion - that a lack of supply is causing the price increases. It blames speculators.

Who are these speculators? Southwest Airlines might be one. Southwest has a fuel-hedging strategy, contracting for future fuel at a set price now in the hope of avoiding a higher future price. And that strategy has worked.

When the price of oil was going up in 2008, Southwest still managed to do well in large part because it was getting its fuel for a previously contracted lower price. And now the Dallas Morning News reports, "Southwest said its first-quarter results were boosted by \$170 million in 'other gains,' primarily linked to gains from its fuel hedging portfolio."

Most people looking at Southwest's strategy would think "shrewd business move": Obama looks at it and sees one of those scurrilous speculators.

Or is it manipulators he's after? While the president has been chastising speculators - "We can't afford a situation where some speculators can reap millions while millions of American families get the short end of the stick." — his \$52 million proposed crackdown appears to be targeted at market manipulation.

They're not the same thing. Southwest may be speculating; it is not manipulating.

Market manipulation is already illegal. For example, the Wall Street Journal points out: "In the past 35 years, the Commodity Futures Trading Commission has brought dozens of cases alleging manipulation in energy markets. It was successful in proving only one in court."

Yes, some people around the globe will try to find ways to manipulate a fast buck. But the oil and gas industry is a huge global market, including about 7.7 percent of the U.S. economy (in 2009), according to a PricewaterhouseCoopers study. Manipulating global prices in a sector as large as energy is nearly impossible.

President Obama's newfound interest in reigning in oil speculators is nothing but a political move: He needs to claim he's doing something to bring down the price of oil, especially since his restrictionist drilling policies — the Congressional Research Service said in March that domestic oil production on federal lands has fallen by 275,000 barrels a day since 2010 — have had exactly the opposite effect.

If oil prices begin to settle down and maybe even decline in the next few months, which seems likely, we won't hear much more about oil speculators. And then maybe you and I and our 401(k)s will be safe, at least for a while, from a president running for reelection and desperately trying to find someone to blame for his lousy economy.

Merrill Matthews is a resident scholar with the Institute for Policy Innovation in Dallas, Texas.



By Ronnie McBrayer

I have heard some Mennonites use the term "non-violent evangelism." It is a way of sharing faith that does not harm those with whom they share. It is built on mutual respect, love for others, and a commitment to the other person's freedom. People are treated as seekers, not potential converts, without pressure, arm-twisting or coercion; and no manipulation of words or emotions.

Seekers are not vilified, targeted, pursued, or argued with. They are simply invited into radical hospitality where questions and exploration are not only tolerated, but encouraged and expected. These non-violent evangelists share their faith with a "come and see" attitude, opening their arms and hearts to others, leaving the rest to God.

The church could learn a lot from these quiet souls. Many of us, overtly and subtly, have taken a very militant approach in sharing our faith with others. We corner people. We demand immediate decisions. We use emotionally charged environments to wrangle decisions. We are sometimes disrespectful. We say, "Follow Christ and we will let you in." But maybe we need to learn to say, "Come on in, and learn what it means to follow Christ."

You Are Welcome

Here is an example: My friend Sabrina, and her husband Blake, live in a Christian community on a working farm. By "Christian community" I mean a group of people who are attempting to live out the way of Jesus while sharing life, space, and the same values. It's not a commune – Sabrina, Blake and the other two dozen folks living there are definite individuals – it is a community: A group of people helping the world and welcoming others.

Welcome, in fact, is what brought Sabrina to the farm. She wasn't a Christian when she arrived. Actually, she was rather hostile toward faith. But she loved the earth, she was trying to stay sober, and she and Blake wanted to give self-sustaining, organic farming a try while they were still young enough to pull it off.

Through a series of inexplicable events, but mostly because of the dramatic welcome others at the farm gave them, this couple found themselves moving out of the city and into the cornfields. Sabrina was going to farm with gusto, but she had no intention of getting involved with what she called, "the Jesus stuff." And her co-farmers respected that.

But one day, after being surrounded by all this grace and love, and having begun to pray again and study the way of Jesus, she woke up in half panic, in half celebration, and all surprise: "Oh, my God, I think I'm a Christian!" It was a beautiful conversion; one made possible by giving plenty of margin, not plenty of manipulation.

Maybe it is because I

hang around with too many Mennonites now, because I long ago defied my own coercive religious upbringing, or because of precious people like Sabrina, but I have come to the core conclusion that we need to give people some space. Should we share and live our faith? Absolutely! But I believe every person is capable of relating directly to God without coercion or interference by others.

In the words of that old Baptist from Oklahoma, Herschel Hobbs: "The Church cannot fasten its iron grip upon anyone's soul... This is the worst of all tyrannies. And it is made worse by its claim to be in the name of God who created men and women to be free."

Thus, every person should be given the right of free choice in his or her relationship with God (or without God). Every individual should be given the dignity as image-bearing creations of God to arrive at their own spiritual conclusions, choosing to be Catholic or Coptic, a Methodist or a Muslim, a Buddhist or a Baptist, a Jew or a Jainist, an Anglican or an atheist, without heavy-handedness of any kind.

No, not everyone will "convert" to our way of thinking or adopt our ideas about faith. But faith isn't about force; it is about being set free. God entrusted people with that freedom. Let's do the same.

Ronnie McBrayer is a syndicated columnist, speaker, and author of multiple books. You can read more and receive regular e-columns in your inbox at www.ronniemcbrayer.net.

Giggle The Pounds Away With Laughter

By Rev. James L. Snyder

Finally, someone has come up with a weight loss program I can sink my teeth into without guilt. And, I say it's about time. I can't speak for anybody else, but I'm fed up with diet programs that simply beat me to death.

I'm tired of starving myself under the pretense of dieting, and exercising my body to the brink of absolute exhaustion. It's about time someone looked on the lighter side of dieting.

According to a study in Athens, Greece, scientists have found a good laugh is a calorie burner not to be ignored. You can be sure this gained my attention.

Some American researchers found that 10 to 15 minutes of genuine giggling can burn off the number of calories found in a medium square of chocolate. These scientists discovered a way to measure how many calories people burn when they laugh.

When I read this, I laughed for 39 minutes, allowing me to eat two medium squares of chocolate. At this rate, I'll be able to eat several pounds of chocolate a day.

Now that's what I call a diet.

According to their findings, the average person burns 20 percent more calories when laughing, compared to not laughing. If somebody laughs for 10 or 15 minutes a day they would burn up to 50 calories, depending on body size and the intensity of the laughter.

This means if I laughed for 10 to 15 minutes a day, I would burn enough calories to lose 4-1/2 pounds in a year. That's nothing to laugh at.

This means in 50 years I would completely disappear from the face of the earth. Which poses a question; when a person loses weight, where does that weight go?

I'm not one to jump on the latest bandwagon but there is nothing funny about carrying around extra weight. For some it's like having a monkey on their back, for me it's more like a gorilla.

Up to this point, my weight loss program has been a laughing matter. Little did I know my laughing was burning calories!

My exercise program has been a real joke, which may have done me good and I didn't know it. To be honest, my regimen has not produced the results I desired.

Just a few years ago, I exercised my right as an American citizen to vote for the president of my choice, which has been quite taxing on me, you can be sure. This kind of exercise takes more out of a person than realized at the time and must be good because I lost a great chunk of money in paying my taxes this year.

Every day I exercise my right to remain silent when the Gracious Mistress of the Parsonage is giving me a piece of her mind. Although I have not lost any weight with this exercise, I haven't lost any arguments, either. Personally, I think it's a good trade-off.

Now, with this new information I shall change my whole approach to dieting. Instead of working hard, exercising every day and watching what I eat, I shall throw caution to the wind and laugh all day long.

I shall laugh off all criticism with good humor. I shall roll in the aisles with uncontrollable mirth. My only concern is that I don't die laughing.

For the observant person, like Yours Truly, each day provides plenty of things to laugh about. My only problem is to know exactly where to start. I could start laughing at my Beloved but I'm sure I would lose something other than weight, so I don't want to go there, if you know what I mean.

A good guffaw, I've discovered, carries more than just personal benefits. An old proverb says, "Laugh, and the whole world laughs with you." So, I can see where my laughing is going to help other people lose weight.

Why didn't somebody think of this before? I may have lost some time; but be assured I am determined to giggle my way to

supreme health in the days and months ahead.

To begin my regimen of laughter, I only need to wake up in the morning. Believe me when I say, not waking up in the morning is no laughing matter.

When I wake up, I yawn, stretch and then go to the bathroom. One look in the mirror is good for a good belly laugh, which helps start the day in the right direction.

For the next laugh, I turn to the early morning news programs, which is good for a laugh-a-minute. We truly live in a funny world, at least for the person who takes the time to see the funny side of the street.

All those people on early morning television seriously think what they say is important. When in reality, very little of what they say makes any difference in anyone's day. If they only knew how insignificant their opinions are, they probably wouldn't get up in the morning and go to work. They give, on any given morning, sidesplitting, rib-tickling, laugh-a-minute exercises.

If you happen to see me walking down the street with a smile all over my face, don't be alarmed. I am engaged in my Laughtercise for the day.

"A merry heart doeth good like a medicine; but a broken spirit drieth the bones" (Proverbs 17:22). The Rev. James L. Snyder is pastor of the Family of God Fellowship, PO Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 352-687-4240 or e-mail jamesnsnyder2@att.net. The church web site is www.whatafellowship.com.

The Rev. James L. Snyder is pastor of the Family of God Fellowship, PO Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at (352) 687-4240 or e-mail jamesnsnyder2@att.net. The church web site is www.whatafellowship.com.



By Marlys Norris, Christian Author

One very important day is not too far off in the distant future. There will come a day when God will come for those who trust and believe in Him. We do not know the day or the time but we do know that all the prophecies have already been fulfilled about that day according to Scripture. Therefore we are assured the day is nearing. Many are already announcing "It is time to get ready!"

Scripture records these truths: Jesus said, "I am the resurrection and the life. He who believes in Me, though he may die, he shall live. (After death they will take on immortality) And whoever lives and believes in Me shall

In A Twinkling of An Eye

never die. (Will immediately take on immortality) Do you believe this?" (John 11:25-26)

Now this I say, brethren, that flesh and blood cannot inherit the kingdom of God, nor does corruption inherit incorruption. Behold, I tell you a mystery: We shall not all sleep, but we shall all be changed - *In a moment, in the twinkling of an eye*, at the last trumpet. For the trumpet will sound, and the dead will be raised incorruptible and we shall be changed. For this corruptible must put on incorruption, and this mortal must put on immortality. So when this corruptible has put on incorruption, and this mortal has put on immortality, then shall be brought to pass the saying that is written: "Death is swallowed up in victory." "O Death, where is your sting? O Hades, where is your victory?" (1 Corinthians 15:50-55)

For if we believe that Jesus died and rose again, even so God will bring with Him those who sleep in Jesus. For this we say to you by the word of the Lord,

that we who are alive and remain until the coming of the Lord will by no means precede those who are asleep. For the Lord Himself will descend from heaven with a cloud, with the voice of an archangel, and with the trumpet of God. And the dead in Christ will rise first. Then we who are alive and remain shall be caught up together with them in the clouds to meet the Lord in the air. *And thus we shall always be with the Lord.* Therefore, comfort one another with these words.. (1 Thessalonians 4:15-18)

For you yourselves know perfectly that *the day of the Lord so comes as a thief in the night.* (1 Thessalonians 5:2) These events are called the "Rapture of the Church".

Marlysjn@gmail.com

God Moves Mountains, It was a Miracle!

"Recipes for a Happier Marriage"

NCPA Award Winning Book Recommended by Pat Boone

RUHKALA MONUMENT CO.

- Serving All Cemeteries Since 1889
- Reasonable Prices • Custom Designs

4501 Yankee Hill Ct., Rocklin
916-624-1176



DELIVERY ROUTES AVAILABLE

CALL 530.823.2463



Allied Insurance

a Nationwide® company
On Your Side®

Auburn's Insurance Center

For All Your Insurance Needs

"Big discounts for Home and Auto Packages"

FARM • COMMERCIAL LINES • COMMERCIAL AUTO LIFE INSURANCE

Richard Flores
Tom Jones

Lynn Johnson
Karen Magorian

F Flores Insurance
Lic#OB11914

530-823-6844
1-800-207-9851

FREE LUNCHEON SEMINAR

"The Privilege of Planning"

Presenter: Josh Tuttle
General Manager

EAST LAWN MORTUARY & SIERRA HILLS MEMORIAL PARK
Funeral Director License #3435



Choose One Of These Dates

Tuesday, May 22, 2012 - 11:30 a.m. to 12:30 p.m.

Friday, June 29, 2012 - 11:30 a.m. to 12:30 p.m.

Thursday, July 26, 2012 - 11:30 a.m. to 12:30 p.m.

Seating is limited to 30 attendees per seminar

St. Francis Community Hall

6700 Verner Avenue, Sacramento, CA 95841

(I-80 @ Greenback)

Please note - this is not a sales seminar. "The Privilege of Planning" will be a 30-minute presentation followed by a question and answer period. It will focus on the importance of getting your family involved in the entire process of advance planning and all of the options available. Done properly - at the right time and in the right way - pre-planning can become a privilege instead of a chore. Get valuable information on Veteran's benefits, cremation and burial options and receive a FREE Emergency Planning Guide. Come and learn the steps you can take now to make sure those you care about are always cared for.

Reservations Required. RSVP to Lisa West @ (916) 732-2020

Got Church News?
Call 530-823-2463

Accident Attorney
Adoption
Antiques
Apartments For Rent
Auctions
Audio Books
Auto Wanted
Business Opportunity
Business Services
Cable TV Offer

Cabinet/Related Services
Childcare Services
Cars For Sale
Chimney Sweep
Computers
Counseling
Credit Card Relief
DSL Network Special
Electrical Services
Fencing
Financial
For Rent
Health & Beauty

Help Wanted
Home Health Care
Home Sales
Housekeeping
House Painting
Landscaping
Heating & Air
Help Animals
Help Wanted
Help Wanted Drivers
Miscellaneous

Help Wanted Medical
Home Health Care
Home Sales
Housekeeping
House Painting
Landscaping
Legal Services
Medical Supplies / Equipment
Miscellaneous

Miscellaneous Items For Sale
Miscellaneous Items For Sale
Painting
Personal
Pets
Piano Lessons
Pool & Spa Service
Puppies for Sale

Real Estate Commercial
Real Estate Out of State
Reverse Mortgage
Satellite TV
Schools / Education
Shin's Beanie
Shoes Finding Site
TV
Upholstery
Vacation Properties
Video
Volunteers Needed

Wood Floor Repair
Work from Home
Yoga Classes

NOTICE TO READERS
 California law requires that contractors taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at www.cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.

DISCLAIMER
 Be wary of out of area companies. Check with the local Better Business Bureau before you and any money for fees or services. Read and understand any contracts before you sign. Shop around for rates.

Home Delivery Routes Available.
Placer Sentinel
530-823-2463

Classified Advertising
Sell Your Stuff! Reach 1000's of Readers Every Week!

MPG
530-823-2463

GOT LOCAL NEWS?
 Call 530-823-2463
 PlacerSentinel.com



SHIN: A DEVICE USED FOR FINDING FURNITURE

C	C	L	E	R	O	C	S	H	A	H		
H	E	L	E	N	A	B	A	D	H	A	B	I
I	L	I	A	D	S	I	R	R	O	I	L	S
C	L	O	S	E	U	P	P	O	E	T	R	Y
H	A	S	L	I	R	A						
T	I	E	R	U	B	E	E	M	B	L	E	M
R	S	V	P	R	O	O	D	S	A	L	V	O
U	S	E	R	Y	A	T	E	S	S	O	O	N
T	E	N	O	N	T	A	F	T	T	Y	K	E
H	I	T	M	A	N	R	Y	E	S	D	E	Y
				P	I	E	D	L	U	G		
M	O	R	A	L	E	F	A	I	L	U	R	E
H	A	L	A	L	R	Y	E	T	A	R	E	D
I	L	I	U	M	I	O	N	O	R	A	N	G
V	I	O	L		E	N	D	R	E	L	A	Y

Crossword Puzzle on Page 8

8	4	6	5	2	7	1	9	3
9	3	7	1	4	6	8	2	5
2	5	1	9	8	3	6	4	7
4	6	3	7	1	8	2	5	9
7	8	5	2	9	4	3	1	6
1	2	9	3	6	5	4	7	8
5	7	2	8	3	1	9	6	4
6	1	8	4	7	9	5	3	2
3	9	4	6	5	2	7	8	1

Sudoku Puzzle on Page 8

Sniffing out Local Jobs is a Lot Easier with the Community Employment Connection



Local employment can be doggone hard to track down these days. That's why our website is linked to the **Community Employment Connection**. With a couple of clicks, you'll be hot on the trail of employment information, upcoming job fairs, career resources and job listings from local media, as well as nearby employment centers.

The **Community Employment Connection** is part of our new, enhanced employment content provided by Northern California's most-respected career and employment resource, **JobJournal.com**. When you need the most comprehensive information on local employment opportunities, job-search strategies, career planning and workplace issues, this is the place to start nosing around.

Placer Sentinel
 www.PlacerSentinel.com

SUDOKU

Thrill Dad this Father's Day!

Save **69%** Plus 2 Free Gifts!
Use Code 45393KDR


OMAHA STEAKS
SINCE 1917

Thrill the Grill Combo only \$49.99

Call Toll Free 1-888-379-6033 • www.OmahaSteaks.com/fd66

8		6		2	7				3
9					6				
	5		9					4	
								5	9
				9					
1	2								
	7				1			6	
			4						2
3			6	5		7			1

© StatePoint Media
Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.
Come back every week for Sudoku! For Solution See Page 7.



Outdoor World

CRAPPIE TRICK
Having trouble catching your crappies? Here's a trick that could help you put a mess of good eating crappie in your boat.

Attach a minnow to a #3 style hook about 3 or 4 feet under a small to medium size bobber and without any other kind of weight. When you cast it out, the minnow will drop very slowly through the water.

If you can't get a bite, gently sweep the rod tip 3 or 4 feet pulling the minnow right back to the surface so it can fall through the water again. The sight of that slowly falling, struggling minnow is usually more than even the most finicky crappie can resist.

Jimmy Houston is Host of "Jimmy Houston Outdoors" TV show on ESPN2

for more tips, log onto baspro.com

STATEPOINT CROSSWORD • MOVIE QUOTES

CROSSWORD

1	2	3	4	5	6	7	8	9	10	11	12		
13					14			15					
16					17			18					
19				20		21	22						
		23			24								
25	26	27		28		29		30		31	32	33	34
35			36		37		38		39				
40					41			42		43			
44				45		46				47			
48					48		50		51		52		
				53		54		55		56			
	57	58	59				60				61	62	63
64						65	66			67			
68						69				70			
71						72				73			

Thrill Dad this Father's Day!

Save **69%** Plus 2 Free Gifts!
Use Code 45393KDR

OMAHA STEAKS
SINCE 1917

Thrill the Grill Combo only \$49.99

Call Toll Free 1-888-379-6033 • www.OmahaSteaks.com/fd66

© StatePoint Media

CLUES

ACROSS

- Balanced ride
- Mythical giant bird
- Iranian monarch
- Her face "launched a thousand ships"
- Lawyer group
- Abu _____, United Arab Emirates
- It describes the siege of Troy
- "Thank you _____, may I have another."
- Churns
- "I'm ready for my _____"
- Whitman's craft
- _____been
- Italian money
- An NBA game can never end with this
- Bumpkin
- Bald Eagle to Americans, e.g.
- Party request
- Crucifix
- Outburst of firearms
- One who employs something
- "Revolutionary Road" novelist
- In the near future
- Mortise and _____ joint
- Corrupt President
- Youngster
- The Terminator, e.g.
- Whiskey grain, pl.
- Laurie Partridge actress
- _____ Piper

DOWN

- Elegant and stylish
- Holler
- Greek muse of history
- Fido's restraint
- Make lovable
- Wood file
- "Help me _____ Wan Kenobi"
- Plural of "carpus"
- Heard round the world?
- "Give me down to there _____ Shoulder length or longer"
- Competently
- _____ and her towels
- "The stuff that _____ are made of."
- Shylock's line of work
- Metal-bearing mineral

24. Olga Korbut's outfit

25. "You can't handle the _____!"

26. Nisei's parent

27. Movie premiere, e.g.

29. "You're gonna need a bigger _____."

31. Cat-headed Egyptian goddess

32. Silent film comedian Harold _____

33. Call forth

34. "Show me the _____!"

36. High school ball

38. Confront

42. Ancient stone slab with markings

45. "I love the smell of _____ in the morning."

49. Zip

51. Bachelor on "The Bachelorette," e.g.

54. Suggestive of the supernatural

56. Sunlight distraction

57. a.k.a. French Sudan

58. Medley

59. Ralph in Spanish

60. Manage without help

61. Eurasian mountain range

62. Actress Sofer

63. Trend-setting

64. Human immunodeficiency virus

66. Old-fashioned "far"

For Solution See Page 7

Weddings of Joy

Creating special moments and sacred events



Reverend Paul Scholl
Interfaith Minister, B.Msc

916. 773.7337
GO2DLTY@aol.com

Call to Discuss Your Wedding Plans
Go to www.LovingOutLoud.com/weddings

Home Delivery Routes Available
(530) 823-2463



Business & Service Directory

MEDICAL SUPPLY AND EQUIPMENT

AMD Medical Supply
Sales • Rental • Installation • Delivery



Now Accepting MEDICARE

Tel/Fax: (916) 485-2500 www.amdmedicalsupply.com
3106 Arden Way, Sacramento, CA 95825

ALTERATIONS

ALTERATIONS by Patina
SPECIALIZING IN BRIDAL & FORMAL

11082 Coloma Rd., Suite 7
Coloma Village Shopping Ctr. • Rancho Cordova

(916) 853-1078
WWW.ALTERATIONSBYPATINA.COM

PRE-SCHOOL

MONTESSORI CHILDREN'S SCHOOL

5325 Eagle Rd., Suite 170
Carmichael, CA 95608

Age 2-6 • Open 7am-6pm M-F

916-481-0100
www.MCSprechool.com

DENTAL SERVICE

DENTAL HYGIENE SERVICE

Portable Services for Homebound & Special Needs Clients

BRENDA PACQUIN, RDHAP
(916) 247-1743
brendhap2010@comcast.net
PO Box 982, CITRUS HEIGHTS, CA 95611

TREE SERVICES

Bruno Ferazza Tree Service
ESTABLISHED IN 1981 SENIOR DISCOUNTS

Complete Tree Care Certified Arborist

Expert Trimming Safe Removal Stump Grinding

FREE ESTIMATES Fully Insured License # 686796

530-885-7729 916-201-7462
BrunoFerazzaTreeService.com

PET LOSS

EAST LAWN PET LOSS CENTER

Pet Burials • Cremation • Home Euthanasia

Located at Sierra Hills Pet Cemetery (I-80 @ Greenback)

www.EastLawnPets.com
(916) 732-2037

CEMETERY SERVICES

Respectful, Affordable Burial

Endowment Care Facility
Beautiful Park like setting
Monuments allowed • Cremation Niches
Commingle Scattering Garden
Quality & Affordable Service

Fair Oaks Cemetery District
7780 Olive St., Fair Oaks, 95628
916-966-1613

PET SITTING SERVICE

Professional, Loving PET CARE

Established Reputation
Kennel Free Environment
Lots of TLC

Call Madeline
(916) 723-1608

SPECIALTY CANDIES

CandyStrike Emporium

398 "Historic" Main St. Placerville, CA 95667

530-295-1007
SO much FUN...
CandyStrike.com

Online coupon at CarmichaelTimes.com

HANDYMAN

QUALITY LABOR & MAINTENANCE

Yard Work, Hauling, Gutter Clean, Odd Jobs

You Name It!
(916) 613-8359

FUNERAL SERVICE

RUSS MONROE'S
FUNERALS & CREMATIONS

FD 1404

7980 WINDING WAY FAIR OAKS, CA 95628 Tel (916) 9611265 Fax (916) 9612430

FINGERPRINTING SERVICES

LIVESCAN FINGERPRINTING

★ Walk-in Service
★ Digital Inkless Process
★ Electronic Submission to DOJ & FBI

916.725.1345
7405 GREENBACK LN., CITRUS HEIGHTS, CA 95610

PLUS:
★ Copies & Faxing
★ Notary Services
★ UPS Next Day Air®
★ Shredding Services
★ Ship Heavy Freight

The UPS Store

LEGAL SERVICES

BONES LAW FIRM
Gordon G. Bones Attorney at Law

The Law Firm provides the following legal services:
• Bankruptcy • Business and Corporate Matters
• Trust and Trust Administration
• Estate Planning • Probate and Conservatorship
• Family Law

P: 916.965.6647
F: 916.965.4218
gbones@boneslawfirm.com

Specialties Plus

- Machine Repairs (all makes & models)
- Toner Cartridge Refills (Using Cartridge World? Take 10% off their price & try mine)
- Free Cleaning (with our cartridge)
- We are Local
- Service Contracts (monthly or yearly)
- Lease or Rent
- High Volume Copying (save time & tear on your machine)

Specializing in Digital Printers, Copiers, Fax & Multifunction Machines

E-mail: specplus@comcast.net
(916) 723-8430

PET WASTE MANAGEMENT

The Scoop Pet Waste Management

GOT DOG POOP? "The Scoop" Scoops Poop!

One time or weekly yard clean-ups
Disinfecting & Deodorizing Decks, Patios, Garages & Kennels
Litter Box Service • Dog Walking • Puppy Playtime
Senior/Disabled/Guide Dog Discounts

916-SCOOPER (726-6737) • www.TheScoopPWM.com

Colfax: Small Town; Big Heart.

By Ken Westeren.

COLFAX – Like many small towns in the California Sierra Foothills, Colfax is a gem. With a history steeped in tradition as a railroad town, settlers searched the hill for gold, timber, and other resources to build a new frontier. Colfax has gathered along the way a rich population of residents who are eager to give of themselves; offering help to neighbors, new comers, and travelers without discretion. This harkens back to a time when neighbors looked out for each other simply because it was the right thing to do.

With an eager welcome and an out stretched hand, Colfax residents volunteer daily to help their fellow man in times of need. One such resident is Judi Cowart-Anderson. Giving freely of her time, Anderson is a fine example of what many residents mirror in this giving community.

Anderson is on the rosters of no less than three community service organizations, in addition she volunteers regularly for the Colfax Area Chamber of Commerce manning the Welcome Center. At the center she assists travelers, train patrons, and tourists; giving directions, train and bus schedules, as well as providing directions to historical points of interest. Thus giving visitors a bright welcome to this friendly little town.

Like Anderson, many a resident, gives selflessly of their time energy and resources to make a positive difference in their



Judi Cowart-Anderson volunteers at the Colfax Welcome Center greeting tourists, train patrons, and area travelers.

community and for mankind. Many join service groups while others simply take on a task singly or enlist the help of family and or friends.

Nadia Calvo witnesses this generosity first hand as manager of Canyon View: A Senior Citizens Community apartment complex. "During the holidays they (service organizations and individuals) bring decorations, food, toiletries, and sundries." Calvo said. Adding, "These people give of their time during the holidays, to let people know they have not been forgotten, they are still a member of society."

Calvo explained that if residents can't join the group because of mobility challenges or simply don't feel social, the volunteers bring the meals and other resources directly to them so they do not miss out. "I am really, really grateful, it's so

wonderful." Calvo enthused.

Whether it is distributing coats and sweaters during winter months, helping at a local animal shelter, or volunteering for a battered woman's shelter there are enough opportunities in every community to get involved. There is a place to volunteer no matter your passion.

The concept of volunteering has not been lost on the population of Colfax, nor is it exclusive. Every community is enriched by the selfless acts of kindness shown on a daily basis throughout our state and nation. All of our lives are touched in some way by these volunteers and likely we do not even notice it. Judi Cowart-Anderson is but one of hundreds of volunteers in the Colfax area who go unnoticed and unacknowledged, quietly doing good for the community they love.

LaMalfa, Nielsen Honor Blue Star Mothers of America

SACRAMENTO – Senator Doug LaMalfa (R-Richvale) and Assemblyman Jim Nielsen (R-Gerber) were joined today by members of the Blue Star Mothers of California on the floor of the California State Senate. LaMalfa and Nielsen led the Senate in recognizing May, 2012 as Blue Star Mothers of America Month.

"The Blue Star Mothers are an important support structure both for military personnel stationed overseas and veterans living here in California," said LaMalfa. "The care packages they give our service men and women are a

small piece of home during their time in the most dangerous parts of the world."

At the request of the Blue Star Mothers of America's Sierra Nevada Chapter, LaMalfa has authored Senate Concurrent Resolution 78 naming the Brighton Street Overcrossing over State Highway Route 20 in the City of Grass Valley as the Gold Star Memorial Bridge. The bridge will be renamed in honor of three Nevada County residents who lost their lives while serving in Iraq and Afghanistan.

are fighting on the frontline for our country," said Nielsen. "There are many more forces contributing to the cause of our nation – the Blue Star Mothers is such a distinguished group, whose efforts are deeply appreciated and just as significant as those soldiers whom they support."

Senator Doug LaMalfa is a lifelong farmer representing the fourth Senate District including Shasta, Tehama, Butte, Colusa, Glenn, Siskiyou, Sutter, Del Norte, Placer, Trinity, Yuba and Nevada counties.

"Many of our men and women

"It's A Wonderful World" With Silver Screen Legend Stewart

AUBURN – Silver Screen Classic Movie Series continues on Saturday, June 2 with "It's a Wonderful World," from 1939. James Stewart and Claudette Colbert stumble over themselves, cops, actors, bad guys, and Boy Scouts as they lurch after a murderer. He finds her ridiculous and wishes she'd just go away. She just wants to help, but every time she tries, she causes them both more trouble. The movie is shown at 1, 4 and 7:30 p.m. in the Beecher Room of the Auburn Library, 350 Nevada Street in Auburn. Presented by the Library, the movie is free. For information, call (530) 878-7938, or visit auburnsilverscreen.com.

The cops think they have the goods on Private Detective Guy (Stewart) and his client Willie. Even when Willie is sent to death row, and he himself is arrested, Guy won't give up trying to prove their innocence. He has to – the real killer is still out there. Escaping in Claudette Colbert's car, he's intent on proving who the real guilty party



James Stewart and Claudette Colbert can't get away from each other in "It's a Wonderful World," shown at 1, 4 and 7:30 p.m. on Saturday, June 2, in the Beecher Room of the Auburn Library, 350 Nevada St. in Auburn. For information, call 530-878-7938, or visit auburnsilverscreen.com. Photo courtesy of MGM.

is. If only Colbert would stay out of his way! Guy's job is deadly serious, but the deeper she gets into this caper, the happier she becomes. She's falling in love and having the time of her life.

She knows it's up to her to convince the cops that Guy's really on their side. Guy knows

if he can just ditch this dizzy dame, everything will work out swell. If only he weren't falling in love, too!

"Very, very funny," says critic Leonard Maltin, "with Stewart having a field day."

The next scheduled movie is "The Prisoner of Zenda," on July 7.

NID Watershed Gets Good Bill of Health

GRASS VALLEY – A location close to the mountain watershed brings water quality benefits to the Nevada Irrigation District and its 24,000 customers in Nevada and Placer counties, it was reported Wednesday, May 9th.

Detailed information on the water that flows into NID water treatment plants was presented to the NID Board of Directors by Colfax-based water resources consultant Bonny Starr, who recently completed an update of NID's Yuba-Bear River Watershed Sanitary Survey.

NID completed its initial Watershed Sanitary Survey in 1997 and has since updated it every five years, as required by State Department of Health guidelines. NID draws water from a fairly undisturbed mountain watershed with limited chances for upstream contamination. Water quality issues are rare.

Starr examined NID source water that flows through canals as well as natural waterways and found few serious concerns. Monitoring detected one source reading of elevated cryptosporidium, a microbial pathogen which can cause abdominal infection, on the Newtown Canal above Lake Wildwood, in what was likely an isolated incident, Starr said.

The quality of treated water flowing out of NID water treatment plants far exceeds state and federal regulatory levels, said Starr. "The plants are working very well."

The tiny Smartsville Water Treatment Plant, which is outside of district boundaries but operated by NID, is among the district's greatest challenges. Its source water flows 30 miles, partly through ranch and grazing lands, where contamination is possible. Starr and NID Water Treatment Supt. Chip Close described ongoing operations to ensure that water to Smartsville's 44 customers meets all standards.

In summary, Starr said, "You have a wonderful watershed and you're doing a great job. You should be very pleased with what your operations staff and management are doing."

In other business, NID directors:

- approved a new raw water supply contract to provide the City of Nevada City with source water at times when the city's limited supply is stretched. Mayor David McKay and City Manager David Brennan attended to thank the district for its support.

- heard an update from General Manager Ron Nelson who

reported that the final sections of pipeline on the two-year Banner Cascade Pipeline Project were completed this week. Some limited construction will continue as individual water connections are installed, he said.

- awarded a \$387,250 contract to Marques Pipeline of Sacramento for construction of a large raw water vault at the Elizabeth L. George Water Treatment Plant on Banner Mountain. The firm was one of three submitting quotes on the job.

- approved the \$229,000 purchase of seven dual-walled bleach storage tanks from Burlington Engineers Inc. of Concord. The firm's bid, one of two received on the project, includes fabrication and delivery to NID.

- recognized employee Matt Reeves of the district's Vegetation Control Crew for devising a specialty table for use in loading large 600-pound tanks into district pickup trucks. The tanks had previously been loaded by four men. NID Safety Analyst Don Bird said Reeves' idea would limit risk of back injury for district employees.

The next regular meeting of the will be held at 9 a.m. on May 23 at the NID Business Center in Grass Valley. NID board meetings are open to the public.

Fab 40's 5k Run/Walk

Benefiting the Alzheimer's Association
City of Sacramento
5k Championship

Saturday July 14, 2012

Start and finish lines at historic East Lawn Memorial Park, 4300 Folsom Blvd.



Food • Kid's Bounce House • Family Photo Booth • Vendors • Prizes
Don't miss this great family event!

Alzheimer's is the 6th leading cause of death in the United States and there is no cure. Our vision is a world without Alzheimer's. Come help us make that a reality. Run, walk, or just sit and enjoy the atmosphere. For more info: www.Fab40s5k.org

HELP WANTED

Messenger Publishing Group
INDEPENDENT SALES AGENT

MPG is seeking an Independent Sales Agent to generate advertising sales for our local newspapers. This is an extra income opportunity that you can work at from your home. Become part of a growing newspaper group that has been very well received by our readers and the business community. Compensation is commission only.



To apply, call 530-823-2463 and send an email to publisher@mpg8.com.



POPOFF!

with Mary Jane Popp

have the capacity to execute. So, Discipline 1 requires you to start by selecting one, or at the most, two extremely important goals, instead of trying to significantly improve everything all at once. Failure to achieve it will make every other accomplishment seem secondary, or possibly even inconsequential.

2) Act on the Lead Measures. This is the discipline of leverage. It's based on the simple principle that all actions are not created equal. Whatever strategy you're pursuing, your progress and success will be based on two kinds of measures: lag and lead. Lag measures are the tracking measurements of the wildly important goal, and they are usually the ones you spend most of your time praying over. Revenue, profit, and market share are all lag measures, meaning when you receive them, the performance that drove them is already in the past. Lead measures are quite different in that they are the measures of the most high-impact things you must do to reach the goal. Once you have identified your lead measures, they become the key leverage points for achieving your goal.

3) Keep a compelling Scoreboard. People play differently when they're keeping score. This is the discipline of engagement. In principle, the highest level of performance always comes from people who are emotionally engaged and the highest level of

engagement comes from knowing the score...that is, if people know whether they are winning or losing. And you must know the scoreboard. If the scoreboard isn't clear, the game you want people to play will be abandoned in the whirlwind of other activities.

4) Create A Cadence of Accountability. This is where execution really happens. The first 3 disciplines set up the game, but number four is based on the principle of accountability: that unless we consistently hold each other accountable, the goal naturally disintegrates in the whirlwind. The secret to Discipline 4, in addition to repeated cadence, is that members create their own commitments. Because they make their own commitments, their ownership of them increases.

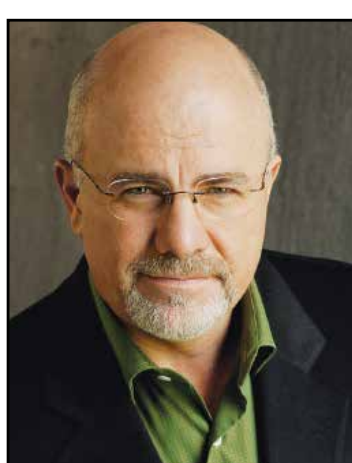
This is a very condensed version of what "The 4 Disciplines of Execution" is all about. The good thing is when I asked Chris if this works for team participation or for single achievement, he told me absolutely for both. If you want more info on what these disciplines are all about, you can check out www.4DXBook.com. Press on. Now it's all up to you. It begins with you and it ends with you and your desire to succeed. But know you can make it happen!

Join Mary Jane for the **KAHI Noon News Monday-Friday and then again for POPOFF 10 PM-Midnight.**

ACHIEVE YOUR WILD GOALS

Do you have some wild goals you dream about, and never told anyone? You probably think you can never achieve them, so why try? How would you like the map to get there in four steps? **Sean Covey**, along with co-authors Chris McChesney and Jim Huling, have put together "The 4 Disciplines of Execution" to change your behavior and achieve your wildly important goals. I had Chris on my POPPOFF Radio Show and he led me through these disciplines. So put aside your old ideas and get ready for some new ones. Here is the capsulated version right from their book.

1) Focus on the Wildly Important. Basically, the more you try to do, the less you actually accomplish. This is a stark, inescapable principle that we all live with. Somewhere along the way, most leaders forget this. Why? Because smart, ambitious leaders don't want to do less, they want to do more, even when they know better. Isn't it really difficult for you to say no to a good idea, much less a great one? And yet, there will always be more good ideas than you and your teams



Dave Says

based on their ability to perform well in life. To the extent they behave and show some sense, you lengthen then rope and give them more freedom and privileges. If they act like doofuses, you shorten the rope. Remember, no is a complete sentence. Can you tell I've raised teenagers?

If it were my son, I'd sit him down and gently explain that he doesn't have the capacity or knowledge to manage this idea by himself just yet. You wouldn't turn your child lose behind the wheel of a car the moment they wanted to drive, right? So make yourself a part of the experience by teaching him to handle money wisely. Then, as he matures in financial understanding, you can give him more leeway.

If he wants to go dramatic on you, let him. And remind him that for every minute he's in drama mode, that's less leeway he's getting in this matter and every other one in his life. In other words, the more mature you act, son, the better your existence is going to be.

No, at 15 he's not opening a checking account on his own.

- Dave

The Point of Life Insurance

Dear Dave,

I have a 20-year level term life insurance policy. I noticed the other day that the cost would increase to \$4,000 per year at the end of the term. Is that because it's the end of the policy coverage or something else?

- Tate

Dear Tate,

Technically, the policy will expire at the end of the term. But most companies that sell term life insurance will let you renew it, if you can't get any other insurance, at a ridiculously high rate. But let's face it, 20 years down the road your probability of death has also increased. The older you are, statistically speaking, the more likely you are to die.

If it were me, and I'm near the end of that policy, I'd go buy another 20-year level term policy, and let the old one run out. The only time you might run into trouble with a policy like that is if you were in the last year of coverage, and were diagnosed with a terminal illness. Then you're really going to be paying through the nose to keep your coverage intact.

But the real point of a 20-year level term policy is to ensure that your family is taken care of while the kids are at home and your mortgage is covered if you die prematurely. If you follow my plan, you'll have \$500,000 to \$1 million your retirement account when the policy runs out and the kids are gone. Plus, you'll have taken a 15-year mortgage, and your house will be paid off too. If something happens then, your spouse will be okay financially.

The further along in life you get, assuming you do the stuff I teach, the less need you'll have for life insurance!

- Dave

*For more financial help, please visit daveramsey.com.



Foster Care

The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens.

We offer free training, fingerprinting, CPR/1st aid, 24 hr support, monthly reimb.



Call Lenka (916) 338-7156



MANNY RAMIREZ @ RALEY FIELD

Memorial Weekend, May 25-28



Catch the feeling. rivercats.com

For tickets call 371.4487(HITS)

Fri, 5/25: Wine in the Park Ticket Package, \$25

Sat, 5/26: Showdown Handout Pre-game Block Party @ 4 p.m.

Sun, 5/27: Fun, Film, Swim Night Collapsible Water Bottle Ceremony (not a zoo thing)

Mon, 5/28: Military Appreciation Day presented by US Army








CALL (530) 823-2463 TO ADVERTISE

DELIVERY ROUTES AVAILABLE • CALL (530) 823-2463

THE VOICE OF THE FOOTHILLS

AM 950 KAHI

Community Involved

Live at AM 950 – Live at www.KAHL.com

Weekdays

6 - 9am: The KAH! Morning News with Barry Stigers and the KAH! News Team

9am - Noon: The Laura Ingraham Show

Noon - 1pm: The KAH! Noon News with Mary Jane Popp and the KAH! News Team

1 - 4pm: The Dave Ramsey Show

4 - 6pm: The KAH! Afternoon News with Dave Rosenthal and the KAH! News Team

6 - 7pm: The Drive Home Show with Dave Rosenthal

7 - 10pm: Sports by-line USA with Ron Barr

10pm - 12am: Poppoff with Mary Jane Popp

Wednesdays

6 - 6:30pm: Wealth Strategies with Hunter William Bailey

Thursdays

4:30 - 4:45pm: Auburn Honda Gold Country Golf Show with Jay Cooper and Mike Remy

6:05 - 6:30pm: Leaders Without Limits with David McCauley on Asset Protection

7 - 9pm: Thursdays With Bassil

Saturdays

6 - 7am: A Time for Seniors

7 - 8am: The Swap Shop

8 - 9am: The KAH! Corral

9 - 10am: The Garden Guru

10am - 7pm: Sinatra & Friends Music

7 - 8pm: A Way With Words

8 - 9pm: Rewind with Jimmy Jay

Sundays

7:30 - 9am: Cruisin' Garage & Swap Meet

9 - 9:30am: Bayside Auburn Church Service

9:30am - 7pm: Sinatra & Friends Music

7 - 8pm: A Way With Words

8 - 9pm: Hearts of Space

Tune into KAH! Radio each weekday for seven hours of locally produced and locally focused programming plus the best in nationally syndicated talk radio programming.

KAHI is also the foothills home of Sacramento Kings Basketball, Oakland A's Baseball, San Jose Sharks Hockey.

Most of our locally produced programs are available for replay or podcast download at the 'Audio On Demand' page at www.kahi.com.



Sinatra & Friends Music - Now on Saturdays and Sundays on KAH!..



Laura Ingraham



Dave Ramsey



Mary Jane Popp

"Hey Dad, Don't Blink"

By Frank K. Smith

You are a child of the 1950s, and you know the story of the young man who died for his country. But whether or not you are a young man, you should know the difference in watching an old man blink.

They say "Blinking" is a sign of weakness. But in the world of a young man, it is a sign of strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.



Celebrating the Fourth of July with family together outdoors and proudly displaying their patriotism.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.



Watching football for his son's birthday. Life always goes on.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.



One of my fondest memories about my dad is watching.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.



Remembering the greatest moments of my dad's life.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.



That's what you're "watching" during our visit to the old Placer Stadium.



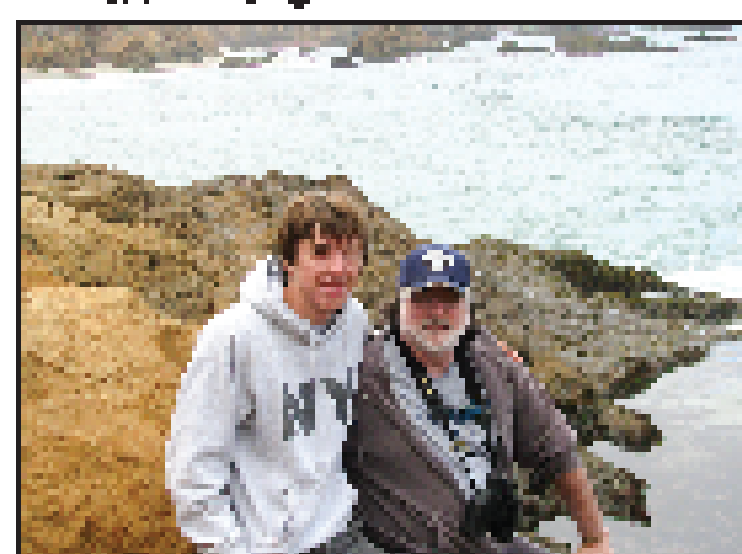
For my dad, that was a special moment during an unforgettable day.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.

When you blink, you are showing your weakness. But when you blink, you are showing your strength. It is a sign of a man who is not afraid to blink.



One of my fondest memories about my dad is watching.

MPG REWARDS

Get More Mileage from Your Shopping Dollar!

**The Placer Sentinel and MPG now offer
a great cash back rewards program**



Get up to 20% CASH BACK!

**Get Cash Back on Purchases
from Local Merchants**

**It's FREE
to Join**

- 200 plus local merchants and growing • Name Brand Companies
- Online Shopping with National Chains too!
- **Sign Up is Fast and Easy**
- **Go to www.PlacerSentinel.com**
- **Click on the Rewards Banner**
- **Start Saving the Same Day!**


Rainbow
Rewards

Powered by
Rainbow
Rewards

***Learn more about how it works
on the registration page***