SPlacer 1 nel

Serving Auburn and Placer County since 1987

First Issue of November, 2011

Community Mark Steinmetz on his harmonica

Volume 22 Issue 21



Community Bark Avenue Westeren seeks to create healthy dogs



Arts & **Entertainment** Community Events



Index

Arts	. 10
Commentary 8,	12
Community	3
Classifieds	7
Crossword	5
Lifestyle	9
Religion	6
Service Directory	
Your Money	11



Tree Planting Day A Success

Community, ARD Plant Trees at Railhead Park

By Kahl Muscott, ARD

AUBURN – The Auburn Area Recreation and Park District (ARD) and several volunteers successfully planted 43 trees at Railhead Park in Auburn on Friday, October 21. The tree planting day, paid for in part by a grant from Cal Fire, drew volunteers from Placer High School's Interact Club, Placer Tree Partners and the Placer County Resource Conservation District. Arborists with the Placer Tree Partners led an educational session on the proper way to plant a tree and provided volunteers with other useful information on trees in the foothill region.

Pamela Vann, Landscape Architect with ARD, was ecstatic about the results. "We are very happy with the new trees at Railhead Park. These trees will be here for generations, a fact that we heavily impressed upon the students from Placer High. I would really like to thank the volunteers and more importantly the ARD Facilities and Grounds staff who put in countless hours to get the site ready. They were great."

The trees planted at Railhead Park include seven varieties of shade trees and will make a significant difference in appearance and cooling effect for years to come. As the planting effort was completed at Railhead Park on Friday morning, all the participants were amazed at the change already apparent in the Park's appearance.



Placer High School Interact students John Remington, McKenna Eagan and Katie Tate get a tree into the ground at Railhead Park. Photo courtesy Kahl Muscott

these trees have already made in ting the park ready for planting, they were awesome and I really appreciate their efforts."

The Cal Fire grant is part of

"What an amazing difference a statewide program that provides funding for the planting the feel of this park" said Vann. of trees to enhance and preserve lars or as indirect support such

> As a result of the Cal Fire grant funding, ARD will be

as labor to install the trees.

planting over 400 trees throughout the District's various parks. The total grant project cost is "I'm so excited for the public the urban forest. It is a matching \$40,434.00 with Cal Fire covto come and appreciate what a grant, which means that ARD ering 71 percent. Over 165 trees difference this had made. Our must contribute up to 30 percent have already been planted and staff has worked so hard on get- of the costs either in direct dol- the District anticipates completing the tree planting effort by year end. The trees include both native oaks and non-native shade trees.

BBB: Beware Medicare Scams

SACRAMENTO - Medicare open enrollment started just two weeks ago and already scammers are capitalizing on the period with a phone scam aimed at obtaining senior citizens' banking information. The Better Business Bureau serving Northeast California (BBB) is urging consumers to beware of phone calls claiming to be from Medicare offering new cards.

The BBB has received several calls over the past three weeks describing the same story: A person calls claiming to be from Medicare. They need to verify the victim's address to send out a new Medicare card. After the address is verified, the consumer is asked for his or her bank name and then, bank account numbers.

Consumers should never give out personal information over the telephone. Medicare does not make telephone calls regarding health care coverage. Should consumers have questions about coverage, they can call Medicare's toll-free line at 1-800-MEDICARE (1-800-633-4227).

The Better Business Bureau suggests the following when receiving phone calls from anyone claiming to need personal information: · Beware of door-to-door or telephone salespeople claiming to be affiliated with Medicare. • Be wary of anyone who attempts to give you something for "free". • Do not give out bank account information, social security numbers or any other personal information to anyone over the phone. Never sign blank claim forms.

If you have questions regarding the authenticity of a call, call the BBB at 916-443-6843.

Pancake Lovers Stack Funds for 'The Soldiers Project'

TSP to Provide Confidential Mental Health Treatment to Soldiers, Families in Sacto Area

By Becci Angell

PLACER COUNTY - The humble, unassuming pancake can be a mighty catalyst for change when it becomes part of a fundraiser, as it did Oct. 8 at St. Anna Greek Orthodox Church.

A pancake breakfast spearheaded by volunteers from the Roseville church generated more than \$1,100 for The Soldiers Project-Sacramento, which provides free, confidential psychological treatment for active-duty military and veterans of the wars in Iraq and Afghanistan, as well as their family members and loved ones.

An additional \$1,000 came from ConocoPhillips as part of its volunteer grant program, made possible by Mike Dindio, a church member who recently retired from the energy corporation. Dindio acted as volunteer chair for the pancake breakfast.

'We just can't say enough about Mike and the church's efforts to help The Soldiers Project," said Carolyn Fink, clinical director and outreach coordinator for the Sacramento office of TSP. "It was the first time any community organization approached us and offered to put on a benefit event for The Soldiers Project."

Fink, who presented Dindio with a certificate of appreciation at the breakfast, said the money would go toward publicizing TSP and its need for additional volunteer therapists. "More than 30,000

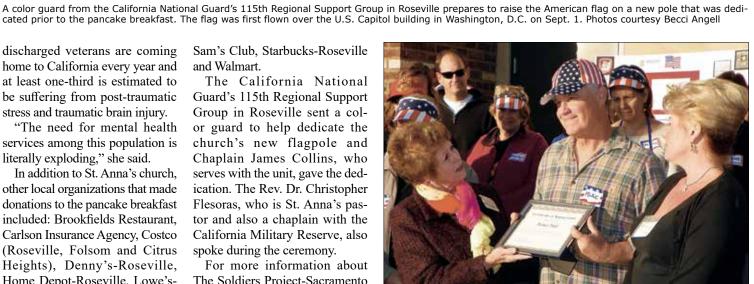
discharged veterans are coming home to California every year and at least one-third is estimated to be suffering from post-traumatic

stress and traumatic brain injury. "The need for mental health services among this population is literally exploding," she said.

In addition to St. Anna's church, other local organizations that made donations to the pancake breakfast included: Brookfields Restaurant, Carlson Insurance Agency, Costco (Roseville, Folsom and Citrus Heights), Denny's-Roseville, Home Depot-Roseville, Lowe's-Roseville, Mikuni Restaurant, Nugget Market-Roseville, Raley's-Roseville, Safeway-Roseville, Sam's Club, Starbucks-Roseville and Walmart.

The California National Guard's 115th Regional Support Group in Roseville sent a color guard to help dedicate the church's new flagpole and Chaplain James Collins, who serves with the unit, gave the dedication. The Rev. Dr. Christopher Flesoras, who is St. Anna's pastor and also a chaplain with the California Military Reserve, also spoke during the ceremony.

For more information about The Soldiers Project-Sacramento and its programs, call 877-557-5888 or e-mail Sacramento@ The Soldiers Project.org.



Carolyn Fink, left, clinical director and outreach coordinator for The Soldiers Project-Sacramento, and Becca Bettis, program coordinator, present Mike Dindio with a certificate of appreciation at the pancake breakfast Oct. 8. Dindio chaired the event which brought in more than \$1,100 for TSP.





Famous For Our Hand-Made Soups, Desserts, & Biscuits and Gravy!

> Are You Missing That Home-Cooked Flavor? Take Our Handmade Soups Home for Dinner!



Salmon Chowder

Lentil

Chili Verde Chicken & Rice Vegetarian Tomato

Catering and Banquet Facilities available

530-885-3598

New Specials Every Day!

Call us for your next catering event!



Located in the heart of Historic Old Auburn 1590 Lincoln Way, Auburn, CA. 95603

Mary Belle's - Where your extra effort to park is rewarded with extra good food! Remember, parking is easier M-F before 11 AM





Hunger is closer than you think. Reach out to your local food bank for ways to do your part. Visit FeedingAmerica.org today.

Sacramento Man Sentenced to 21 Years in Prison for 2009 Killing of Loomis Resident

A 24 year old Sacramento man was sentenced last week to 21 years in prison for his part in the September 2009 killing of Loomis resident Rudy Ramos. Placer County Judge Colleen Nichols sentenced Kenneth Massey Jr. after the defen-dant, pursuant to a plea agreement, pled guilty to voluntary manslaughter as well as three counts of influencing the testimony of a witness.

The body of Rudy Ramos was discovered in his Loomis residence on Septem-ber 14, 2009, bludgeoned to death. Through cell phone records, the defendant, and co-defendant Anthony Cordero, were placed at the victim's home on Sep-tember 12, 2009, at the approximate time of death.

Deputy District Attorney Jeff Wood commented that despite the nearly 11,000 pages of information gathered, and a year and a half of investigation, the case remained largely circumstantial and hinged on the testimony of Massey's codefendant Anthony Cordero. Wood further stated that while we were able to establish Massey had a motive to commit the crime and that both defendants were at scene near the time of the murder, it was more problematic to determine the sequence of events immediately before the murder. The plea agreement reached reflects the above difficulty while at the same time achieves a lengthy prison sentence for Massey and justice for Mr. Ramos and his family.

The co-defendant, Anthony Cordero, pled guilty to Battery Causing Serious **Bodily Injury and Accessory** to the killing of Ramos and was scheduled to be sentenced on October 27, 2011.

Soroptimist, Area Poets to Serve Cowboy Chow at Event

now on sale for Friday & Saturday dinners, including mealtime entertainment, with cowboy poets who will gather in Loomis on November 10 through 13 for The Cowpoke Fall Gathering. Soroptimist International of Loomis Basin will be serving up large baked potatoes stacked with hearty beef and a bazoo of tasty toppings, salad and dessert from 4 to 6 p.m. on Friday night, November 11 for just \$10. Tri-tip, baked beans, salad, cornbread and dessert are on the menu for Saturday, November 12 from 3 to 6 p.m. at \$15 per person.

A no host bar will be available both days. Meals will be served at the Loomis Veterans' Memorial Hall, located at 5945 Horseshoe Bar Road in Loomis. Tickets are available by calling (916) 652-6113 or online at www.cowpokefallgathering.com. The meals are open to the public.

The 17th Annual Cowpoke

LOOMIS - Tickets are Fall Gathering performers will attend the dinners. "All Hat, No Cattle" will be performing on Friday during the meal. The band is known for a very unique cowboy-country style mixed with a little blues and distinctive originals. On Saturday, John Kintz will perform poetry and songs during dinner. Kintz resides in Loomis, raises cows and horses, and performs for trail rides and cowboy gatherings.

> Funds from the dinner ticket sale will support Cowpoke Fall Gathering charities: Ride to Walk, Tough Enough to Wear Pink and the South Placer Heritage Foundation as well as Soroptimist International of Loomis Basin community projects. To learn more Soroptimist International of Loomis Basin, visit a Wednesday 8 a.m. weekly meeting at 'The Train Depot' (Taylor Rd. & Horseshoe Bar Rd.) in Loomis, or contact Nancy Hogan, president, at (530) 613-1541.

Gold Country Broadband Consortium **Update**

Dear Gold Country Broadband Consortium members and supporters/seekers of high-speed Internet access:

I wanted to give you a brief update of the status of our project to organize the demand for broadband service and expand broadband infrastructure in the counties of Sierra, Nevada, Placer, El Dorado and eastern Alpine.

As you know, we submitted our proposal on time for consideration by the California Public Utilities Commission (CPUC) and funding from the California Advanced Services Fund (CASF).

Ours was one of some fifteen proposals submitted from all over the State with most of them covering multiple counties.

We've been told that the CASF staff is now busily sorting through each of the proposals, and an announcement about funding awards is anticipated by late-November/ early-December. With a formal CPUC resolution some time later in December, we could anticipate being ready to go in January 2012.

When we do so, we anticipate calling the first major meeting of the entire Consortium membership in order to confirm our direction and have the first breakout sessions by the various stakeholder groups to address the respective state-ofthe-art (s.o.t.a.), the state of the locally available services, and how current local capabilities might be advanced towards the s.o.t.a.

We will also want to begin the process of prioritizing and scheduling the locations for the initial community outreach meetings. So, there are exciting times ahead.

We'll keep you posted as we learn more.

Thanks for your continued interest and support!

Brent Smith, CEO Sierra Economic Development Corporation (SEDCorp)



Messenger **Publishing Group** INDEPENDENT **SALES AGENT**

MPG is seeking an Independent Sales Agent to generate advertising sales for our local newspapers. This is an extra income opportunity that you can work at from your home. Become part of a growing newspaper group that has been very well received by our readers and the business community. Compensation is commission only, but the commission is a very generous rate.

Amanda Morello, Susan Skinner

Perry Hartline, Marion Solo, Ken Pogue

ARA Content, Family Features, WorldNetDaily

Banerjee Designs

Audria Ruscitti

Gabriel Scholl

Stump Removal Graphics

Max H. Peters, Lisa Taylor

Nicholson & Olsen CPA



To apply, call 773-1111 and send an email to publisher@mpg8.com.



"Written by the people and for the people" Serving Auburn and **Placer County since 1987**

Placer Sentinel is a member of **Messenger Publishing Group**



We are proud members of these newspaper associations.







To submit your articles, information, announcements or letters to the editor. please email a Microsoft Word file to:

Publisher@PlacerSentinel.com Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call

us at 530-823-2463.

Placer Sentinel is not responsible for unsolicited manuscripts or materials. The entire contents of the Placer Sentinel are copyrighted. Ownership of all advertising created and/or composed by the Placer Sentinel is with the publishing company and written permission to reproduce the same

must be obtained from the publisher. For home delivery in Auburn, subscriptions should be mailed to: Placer Sentinel.

7405 Greenback Lane, #129, Citrus Heights, CA 95610.

Subscription rate is \$25 per year. Placer Sentinel is published twice monthly. Call 530-823-2463 for more information. (ISSN # 1948-1918).

Publisher Paul V. Scholl

Contributing Writers Susan Skinner, Mary Jane Popp, Marlys Johnsen Norris Tim Reilly, David Dickstein, Dave Ramsey, Dr. E. Kirsten Peters, Kay Burton Dr. Bob Graykowski, Julie Parker, Andrew DeFazio, Eric Marks, Leslie Carrara Pastor Rich Reimer, Pastor Cary Duckett, Ronnie McBrayer, David Graulich Perry Hartline, Gerry Scholl, Trish Tatterson

Photography Graphics & Layout

Advertising Sales

Distribution Assistant

Accounting

Web Master

RJ at thesitebarn.com JWS Promotions Mikahn Design **News Services** Whiskey & Gunpowder, StatePoint Media, NewsUSA

PRWEB NewsWire, North American Precis Syndicate, Blue Ridge Press

Member of Carmichael, Citrus Heights, Fair Oaks, and Orangevale Chambers of Commerce

Publisher's Statement: It is the intent of the Placer Sentinel to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.



Publisher Paul V. Scholl



Bark Ave Westeren Seeks to Create Healthy, Balanced Dogs and Responsible Owners



By Linda Frederick Yaffe

Dog trainers - and rescuers – Ken and Paula ("Rusty") Westeren found Buster, a sweetfaced mixed breed, living in a desperate situation. Contined for sixteen hours a day in a tiny crate - a crate so tiny he could not stand - Buster showed fearful behavior. He cowered and backed away from humans. Boredom, frustration, noise, and lack of essential daily exercise made him chew destructively and scratch himself constantly. Today, Buster is calm and confident. Fully socialized and trained by the Westerens, he enjoys his happy new life with Ken and Rusty...and the rest of their fun-loving pack of four other rescued canines.

Rescued dogs, even those with problems as severe as Buster's, can become wonderful members of your family. Ken sets dogs' boundaries early for a feeling of stability, comfort, and routine. He works to rebuild the sense of self-esteem all dogs crave as they are praised for doing the right thing. "Dogs want boundaries, and they look to you as the leader of their pack. You need to step up and be the leader."

Rusty explains how dogs assess situations and people differently than humans do. "First, they use their nose, then their eyes, and finally their ears to check out your energy and make a decision about you." Hand signals and body language can

signify more to a dog than verbal commands. Ken describes a dog's confusion ("What's happening? What's wrong?") when commands are shouted over and over. Instead, say "sit" only once, calmly and quietly. Give the animal time to process the word; then gently push his rump down if he does not sit. When he obeys, stroke the dog under the chin and praise him. The Westerens have found that gentle stroking under the chin, lifting the dog's head while he's being praised, literally lifts the animal's self-esteem and gives your pooch pride in a job done correctly. If you are calm, relaxed, and confident, the dog will reflect your behavior. Become more silent; your dog will become calmer.

Rusty, a lifelong Placer County resident, has always felt a special bond with animals. From hamsters to horses (and everything in between with fur), animals are her natural stress-reducers. Her training skills have been honed by reading, watching Ken, and studying all aspects of dog behavior – not just how to train them. Her natural calming influence helps even the most unbalanced dogs respond positively.

Ken's years of experience and innate talent in training dogs, both personally and professionally, prompted him to develop "The Westeren Way" training program. "The Westeren Way"

talents, as well as honoring their eagerness to serve humans. It's all about solidifying the humananimal relationship.

Passionate about rescued dogs, the Westerens want all adopted dogs to achieve success in their new families. Like Buster, many rescued dogs suffer from poor socialization, shyness, fear, anxiety, lack of training, poor manners, or excessive barking. Ken and Rusty offer a free class - Rescued Dog Meet Up - throughout Placer County. Register on line, or by phone or email. The Westerens also offer individualized training, socialization, sitting and care, daily exercise, and pet parent education through their professional service: Bark Avenue Westeren. Contact them at www. BarkAvenueWesteren.com, 530-852-2345, 530-305-2504, BarkAvenueWesteren@gmail.

BarkAveWest. Recently voted second "Favorite Pet Trainers" in Style Magazine's 2011 Reader's Choice Awards, "Bark Avenue Westeren's mission is to help pet parents in building a strong and harmonious bond with their dog. Through education and training we strive to empower pet parents in meeting their dog's needs as a species, breed, and individual; thereby creating a

com. or on www.Facebook.com/

"Each of our dogs teaches us something. Dogs are a reality check. When I am upset or in pain, my body language shows it. Dogs are so sensitive. Whatever you're feeling goes right down the leash to the dog. They pick up on your feelings and help you keep yourself in balance."

Ken Westeren

healthy, balanced dog with proper social skills and joyful, responsible pet parents." Pet parents can also find helpful hints by following their Tweets, @BarkAveWest, or signing up for Barks from the Block, their free monthly email newsletter.

The Westerens also work hard to "give back" by volunteering their time and expertise with rescue organizations such as

The Westerens believe that dogs keep their owners balanced. Ken says, "Each of our dogs teaches us something. Dogs are a reality check. When I am upset or in pain, my body language shows it. Dogs are so sensitive. Whatever you're feeling goes right down the leash to the dog. They pick up on your feelings and help you keep yourself in balance."

Greyhound Friends for Life and

Chako Pit Bull Rescue. Ken has

been working extensively with

a young mixed breed pup res-

cued from a hoarding situation.

With calm and patience, Ken has

slowly begun fostering the pup's

trust in humans. At first the dog

would not let anyone near him.

Now he lets Ken put on a col-

lar and leash to go for a walk.

Rusty went with Ken to work

with the pup one day; within two

hours, the little guy had licked

her hand, indicating his desire

to trust and bond. The dog still

has a way to go, but now - as a

result of Ken's interactions with

him – he's a much more likely

Want to become a pet par-

ent? The Westerens urge you to

adopt a shelter dog. Contact the

Placer County SPCA at www.

PlacerSPCA.org. Ken and Rusty

love mixed breeds: they make

wonderful pets. However, if you

prefer a specific breed, contact

a rescue group that deals with

that breed, such as Greyhound

Rescue or Labrador Rescue. The

couple urges prospective pet par-

ents to consider what kind of dog

will best fit their living situation.

"If you're a couch potato, don't

adopt a border collie. Don't be im-

pulsive; do research before you

choose your companion."

candidate for adoption.

Around Town

with Loyce Smallwood



Swell to be back up to speed on the computer thanks to PC Guy Matt Cummins who brings his tech skills and pleasant personality to the home front. And speaking of the homey touch, indulge yourself in the pleasing/comfortable environment in the living room like setting at The Red Bike Café behind the Nevada Street train station where owner Linda Lareau has proudly decorated her work area with the vividly happy art of Daughter Allison.

Loyce's Choice: The tangy Chipotle Three-Cheese sandwich for zest. At the time of this reading I will have hosted Blues Man Mark Steinmetz, harmonica player extraordinaire who who will have guested on ACTV broadcast from Placer High where the ACTV volunteer crew works hard to help Yours Truly contribute to the entertaining programs for which the public can volunteer and/or produce.

Friends of the Library volunteer Pat Brophy invites the public to the Auburn Library Beecher Room to experience

and enjoy the Friday Noon programs. Stop by the library and pick up a schedule and learn about the new Reading Coach Training where you can learn to be an adult literacy volunteer and wisely use that free time retirement has opened up. Special thanks to Terri Pilate, branch manager, who brought us up to speed on interesting reads and talked about how to load books from the library onto our Kindles, sweet.

Sentinel Stars to the Assistance League of Greater Placer for their many efforts in the community including the big tea-party/fashion show attended by ACTV Manager Paula Johnston and myself where I spotted many devoted volunteers including the quintessential volunteer to be found hard at work at Friends of Placer County book store at Raley's and The Discovery Store in BelAir, Betty Dillman, who I am told has even hosted her own fund-raising tea parties at her home. You Go Betty.

The public is invited to enjoy the 4th Annual Holiday Season Event at The Assistance League Thrift Store in the Fiddler Green Center along with the other thrift shops including St. Joseph's Catholic Church and St. Luke's Victorian Attic where refreshments will be served on Saturday, November 5th from 10 a.m. to 5 p.m.

Questions/comments to loy@foothill.net.



Blues Man Mark Steinmetz, harmonica player extraordinaire. Photo courtesy Loyce Smallwood

Artists to Participate in Autumn Arts Studio Tour

PLACER COUNTY - Wellrespected local artist, teacher, consultant Gayle Rappaport Weiland will be sharing her newest coffee table art book, step by step instructional DVD and of course her sought after paintings and gift items with five of her favorite artist buddies at Finn Hall in Rocklin. during the 18th Annual Autumn Art Studio Tour.

Craig Johnson's photography is award winning. He will have a range of work form greeting cards to framed original pieces.

Betsy Kritzon will be participating with her one-of-a-kind gourd purses. Her demonstration on how it is done is intriguing.

Judie Larson's skills range from illustrator to beautiful paintings in diverse mediums. Last year her postcard portrait of Peaches the cat sold before the tour began.

Connie Oman's jewelry is a must see. Experience and talent make Connie's art an heirloom. She sells out quickly, so make Finn Hall your first stop on the tour.

New to Finn Hall, Jenny Stepp will showcase her oneof-a-kind exquisite glass art, including beautifully crafted furniture and sculpture pieces.

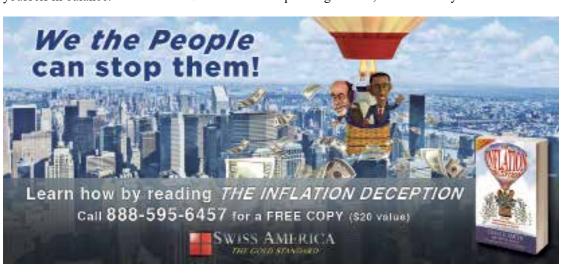
At her Rocklin Studio Connie McLennan will be showcasing her award winning book illustrations and oil paintings. Many impressive credits follow this group of artists. They are a team and love working together. What a great local opportunity to see demonstrations, purchase high quality art and have an art filled experience.

So come join the Six Artists at Finn Hall November 11 through the 13, from 10 a.m. to 5 p.m. daily and visit the studios of all the other 67 artists on the tour. You won't be sorry you did.

Let their passion for the arts rub off on you. The Autumn Art Studios Tour is presented by the Arts Council of Placer County, and costs \$10 per person. Order forms, maps and badges are available from the Arts Council at 808 Lincoln Way, Auburn, CA 95603, call (530) 885-5670 or go to www. placerarts.org for more information. Click on the artist registry to see more of all the artists art work.

Tickets are available at Finn Hall the days of the show.





Local Advisor Giving Circle Supports Underserved Youth and Young Adults

By Jessica Hubbard

AUBURN - Twenty-two local professional advisors including CPAs, estate planning attorneys and financial advisors recently pooled their philanthropy to make grants supporting six programs serving youth in Placer County.

The Advisor Giving Circle at the Placer Community Foundation awarded nearly \$29,000 in grants to provide economically disadvantaged youth ages 14-21 with training and support by peer and adult mentors around violence prevention, leadership and communication skills, self-esteem, and relationship building. Nonprofit organizations receiving the grants include: Boys & Girls Club of Auburn, Child Advocates of Placer County, PEACE for Families, ReDirect/ Nuevo Camino, Roseville Police Activities League and Sierra Forever Families.

Members of the Giving Circle provided funding for the grants, which was then matched by the Foundation. The members then carefully reviewed all of the applications, met with the applicants directly and presented their funding recommendations to the Foundation's Board of Directors for approval.

"Many of the nonprofit organizations that applied were worthy of a grant," states Jason Cardinet, a member of the Advisor Giving Circle from the accounting firm Gallina LLP. "These groups are doing the hands-on work that can positively change the direction of a young person's life." It felt good to be part of a process that will support these organizations in reaching kids that currently feel they have no future."

The Youth Development program at Placer Community Foundation funds organizations that support youth in acquiring the personal and social strengths needed for successful transition into adulthood. It is an approach that helps youth build strong relationships with others, learn new skills and give back to the community. PEACE for Families was funded for their My Strength program, which works with atrisk teenage boys.



(Shown left to right): Advisor Giving Circle member Randy Wilson presents the grant check to Louise Czopek and Michelle Coleman of PEACE for Families

live in a culture steeped in violence and who see no alternative to embracing it," states Michelle Coleman, Executive Director of PEACE for Families. "The My Strength program helps them build their understanding of their world and their own role in it. It teaches them healthy ideas about masculinity and empowers them to prevent men's violence against women. We are thankful to the Giving Circle and the Foundation for their support."

"Support of the Youth Development program through the Advisor Giving Circle is a perfect example of how philanthropy can be leveraged to maximize good work in our community," states Jeff Birkholz, Chairman of the Board for Placer Community Foundation. "Our board and staff feel fortunate to facilitate the bridging together of community-minded advisors with local, committed nonprofits."

The Placer Community Foundation gratefully acknowledges the following advisors for participating in this year's Advisor Giving Circle:

- Paul S. Aronowitz, Law Offices of Aronowitz &
- Donna Book, Bobst, Book & Associates, C.P.A.'s
- · Jason J. Cardinet, C.P.A., Gallina LLP
- Sheila Cardno, LPL Financial Services
- Debbi Christensen, Propp Christensen Caniglia LLP
- Andrew Edwards, Andrew Edwards & Associates,
- Financial Advisors · Guy Gibson, Gibson "Our adult facilitator works & Gibson, Inc., A Law

- · George Graziano, Scinto
- Dewey Harpainter, Attorney
- Margaret Heiser Fulton, Robinson, Lyon & Fulton
- Barbara Jicha, C.P.A.
- · Jimmy Louis, Certified Public Accountant
- · Ellen MacInnes, Senior Vice President, Morgan Stanley Smith Barney

Joe Milam, Legacy Capital Management Inc.

- Steven Phillips, Kuppinger & Phillips CPA's
- Tim Sands, Attorney
- Don St. Clair, CFP, EA, a Registered Investment Advisor
- · Dieter Stenger, Homer, Stenger & Company Inc.
- Kent R. Suemnicht, Thrivent Financial for Lutherans-The Sierra Foothills Group
- Doug Summers, Robertson Woodford & Summers LLP
- Mike Wilson, Wilson Wilson & Taylor CPA's
- · Randy Wilson, Kronick Moskovitz Tiedemann &

The Placer Community Foundation grows local giving to strengthen our community. We do this by connecting donors who care with causes that matter. Known for sound financial management and knowledge of the nonprofit sector, the Community Foundation and its donors have invested nearly \$3 million in Placer County, supporting a broad range of issues.

To learn more about grant programs offered by the Placer Community Foundation, including how you can help support them with a gift today or through bequest, visit www.placercf.org or phone 530-885-4920.

Foothills Farmer's Market Receives Funds to Assist Low-Income Families in Accessing Locally Grown Produce

Auburn - Through a \$25,000 grant made by the California Foundation for Stronger Communities, the Foothills Farmer's Market Association will launch a pilot program providing assistance to low-income families at their DeWitt Farmer's Market in North Auburn.

The program, developed and supported by the State of California, will allow for financial subsidies and incentives to low-income families purchasing fresh produce. Qualified families will have access to scrip or tokens in lieu of currency to purchase food from various market vendors. The program also provides for a centralized wireless card swipe machine. The Foothills Farmer's Market Association will be responsible for accounting and redeeming the scrip or tokens, and then passing the funds back to the local farmers.

"This program is a winwin because it contributes to the success of our local food economy while fostering healthier communities," states Carol Arnold, General Manager for the Foothills Farmer's Market Association. "We are grateful

to the California Foundation for Stronger Communities for the grant and to our local partners for helping making it happen."

The grant opportunity was facilitated between the Placer County Office of Economic Development and the Placer Community Foundation.

"We are pleased to be funding this program in Placer County,' states Mona Dmitrenko, from California Foundation for Stronger Communities. "It was a pleasure to work with a collaborative team of public and nonprofit partners who value nutrition programs such as this one."

"We are fortunate to have a great variety of fresh local produce year-round in Placer County," states Veronica Blake, CEO for the Placer Community Foundation. "This grant is a start in making it available to all families in our community."

For more information about the Foothills Farmer's Market Association visit www.foothillfarmersmarket.com, and for more information about the Placer Community Foundation visit www.placercf.org.



Shown left to right: Veronica Blake, CEO for the Placer Community Foundation, Mona Dmitrenko from California Foundation for Stronger Communities, Carol Arnold, General Manager for the Foothills Farmer's Market Association, and Dave Snyder, Director of the Office of Economic Development for Placer County.

Senator Gaines Recieves Perfect Score on 2011 California Taxpayers Assoication Report

SACRAMENTO - Senator face every day. California Ted Gaines (R-Roseville) recently announced that he has scored 100 percent on the California Taxpayers Association's (CalTax) 2011 Voting Record.

Gaines was one of only 30 state legislators out of the 120 Assembly and Senate members to receive the top score. "I am honored to stand with taxpayers in the fight against the over-spending crisis that plagues Sacramento," said Gaines. "As a small business owner, I am familiar with the hurdles and burdens hardworking taxpayers

"... Taxpayers deserve to keep their

hard-earned money in their pockets, not

to support Sacramento's irresponsible

spending addiction." Senator Ted Gaines

should be creating opportunities for individuals and businesses to thrive, not stifling their growth with excessive taxes and onerous regulations." CalTax's legislative report card is designed to hold lawmakers accountable for their actions and to inform taxpayers how their lawmakers represent them on key issues.

Founded in 1926, CalTax is a non-partisan, non-profit organization whose mission is to protect taxpayers from unnecessary taxes and to promote government efficiency. The 2011 Voting Record is based

est priority bills on which CalTax took a position. Most bills used to evaluate and grade voting records dealt with tax increases or those that threatened taxpayer protections. "I remain committed to defending taxpayers and opposing tax increases," said Gaines. "California's taxpayers deserve to keep their hard-earned money in their pockets, not to support Sacramento's irresponsible spending addiction."

on a compilation of the high-

The 2011 CalTax Voting Record, with descriptions of the bills used in the report, is available at CalTax's website at www.caltax. org. Senator Ted Gaines represents the 1st Senate District, which includes all or parts of Alpine, Amador, Calaveras, El Dorado, Lassen, Modoc, Mono, Nevada, Placer, Plumas, Sacramento and

Bankruptcy Chapter 7, 11, & 13 • Complete Debt Relief



Know Your Rights

LAW OFFICES OF STEPHEN J. JOHNSON

- Settle & Resolve **Bad Debts**
- Eliminate Back Taxes
- Stop Foreclosure/Evictions
- Stop Repossesion

- Stop Wage Garnishments
- Stop Creditor Harassment
- Free Mortgage Modification Help
- Give Yourself A Fresh Start
- Non Bankruptcy Options Also Available

~ Plus ~

Lowest Fee

Evening & Weekend

Appointments Available

Start Rebuilding Your Credit Today

CALL TODAY

Or Toll Free

866-999-2996

Your Home. Your Life. Your Money.

www.PlacerSentinel.com

Auburn Union School District Goes Solar, Improves Lighting and Lowers Expected Costs of Electricity

Projects Are Slated to Reduce Expenses for District by \$43,000 During the First Year

AUBURN — The Auburn Elementary School District (AUSD) recently approved a solar energy and lighting efficiency project that will help the school district save \$43,000 in the first year and more in future years without any upfront costs.

This exciting project will provide AUSD with much needed energy savings as well as improved lighting at each campus by installing solar photovoltaic power and new, more energy efficient lighting systems for Auburn Elementary School, E.V. Cain Charter Middle School, Rock Creek Elementary School, and Skyridge Elementary School.

"The solar panels not only help make our schools more environmentally friendly," said Daniel Berlant, board president, Auburn Union School District, "but more important, the project will save our District tens of thousands of dollars each year and to provide further energy which will go directly back into the classrooms."

AUSD is not providing any general fund dollars nor taking out any loans for the installations. The projects are funded through a "Power Purchase Agreement" with iecRenewables, LLC, through which the school district pays the commercial owner of the systems for the solar power generated and receives the lighting projects for free. AUSD will save an estimated \$43,000 the first year and up to \$3.5 million over 25 years without any up-front costs. The commercial owner will receive Federal tax incentives that are not available directly to the the costs of the project.

As a result of the incentives savings, Indoor Environmental Services (IES) will be installing all new, highly efficient lighting systems designed to enhance the learning environment of the school classrooms and other areas, also without any district capital.

The solar power systems will create 540 kilowatts of power and are designed to generate 80 percent of the schools' annual electrical energy needs. The project will install 1932 solar panels on unused embankments and field space at the schools and also include some new parking shade structures at E.V. Cain and Skyridge. Construction is planned to start in the spring

school district to help pay for and be completed and operational by next summer.

> Auburn Union School District serves the foothill community of Auburn, located 40 miles northeast of Sacramento on the western slope of the California High Sierra. AUSD educates 2100 students in grades Kindergarten through eighth at three elementary schools (Auburn Elementary, Rock Creek and Skyridge), one middle school (E.V. Cain STEM Charter) and the Alta Vista Education Center (Preschool). iecRenewables, LLC, develops, owns, and operates renewable energy projects. iecRenewables partners with leading financing, manufacturing, and environmental companies to plan, develop, install, and operate both smalland large-scale solar and wind projects.

municipalities, school districts, and commercial clients in meeting energy goals, achieving cost reductions, and generating increased revenue. For more information on iecRenawables, LLC visit www.iecrenewables.com.

Indoor Environmental Services is a full service Mechanical and Energy Services Contractor involved in the Design and Construction of HVAC systems, Service and Maintenance, as well as Facility Solutions Projects for various educational, commercial, institutional, industrial, agricultural and health care facilities. For more informatiopn on IEC visit www.ies-hvac.com

Additional information on the project is available at The company assists www.auburn.k12.ca.us/solar.

Briefs

• AUBURN - Come and enjoy a noon potluck hosted by **AARP**, bring a side dish to serve six to eight people and the chapter will provide the main dish (this month is turkey), also bring your table service. We provide coffee, tea and water. This month our program will be all about our veterans. Don Goard from the Placer County Navy League will be our speaker. Join us and bring a veteran, it is their time to be honored. You don't need to be a member of our local chapter. Hope to see you on November 3, 2011 at noon, at 11577 E Avenue in Auburn.

• AUBURN - Academy Snowboard Co. is holding the second annual FUNdraiser on November 17 at Old Town Pizza in Auburn. The event includes snowboard video premieres, performances by Auburn Hip Hop Congress, snowboard raffles, giveaways, and all around good times for a great cause. Proceeds go to the Colfax High School Snowboard Team and the Auburn Hip Hop Congress youth chapter! Visit www.academysnowboards.com for more information.

Sierra College and the California Conservation Corps Join Forces to Train and Employ Veterans

PLACER COUNTY - The Sierra College Center for Applied Technologies (CACT) and the California Conservation Corps (CCC) are teaming up to provide energy efficiency and construction training and employment opportunities for recently discharged veterans.

The CCC Placer Energy Center in Auburn and Sacramento asks interested veterans, who must be recently discharged and under the age of 25, to apply for employment by contacting Renee Podris at the CCC at 916-341-3107 or renee.podris@ccc.com. Successful applicants will begin working December 5, 2011.

The newly-hired veterans will receive Technical Education in Energy Efficiency and Construction (TE³C) training

8

4

3

8

5

4

5

from the CACT and earn a lighting and electrical technology completion certificate.

As CCC employees, they will gain hands-on experience in construction, lighting and electricity through energy efficiency projects at state agencies such as the DMV. State-wide projects in residential and commercial construction, landscaping and tree maintenance may provide additional experience.

The CACT will also provide employment skills training in resume development, interview skills and job search techniques with a focus on future employment in the energy efficiency construction industry.

More than 50 CCC employees have already taken at least one of the five classes and 128 hours of TE³C courses offered by

2

8

9

9

8

3

4

2

9

the CACT. The courses, featuring lectures and hands-on training, include weatherization, worker safety and alternative energy fundamentals.

The Sierra College CACT is funded through the Economic and Workforce Development program of the California Community College Chancellor's Office.

In operation since 1992, the Sierra College CACT has provided training for organizations, manufacturers and technology companies throughout Northern California.

Additional information is available at sierracollegetraining. com or contact Carol Pepper-Kittredge at 916-660-7517 or cpepper-kittredge@sierracollege.edu. Contact the CCC at www.ccc.ca.gov.

CRAPPIE CREEKS

appie. When the water starts soling, crappie love to use them

Creek channels are great aces to find success on fall

or moving and feeding.

A contour map will greatly reduce your search time and

increase your fishing time. When

Trolling is a great method to

use to locate the crappie. Keep moving along a channel or ledge

and watching your locator. Once you have located active fish, drop

a buoy or figure out reference

points and start fan casting the

area.
Fall crappie will probably be

on a ledge near a dropoff. Depths ill vary but usually it will be 4

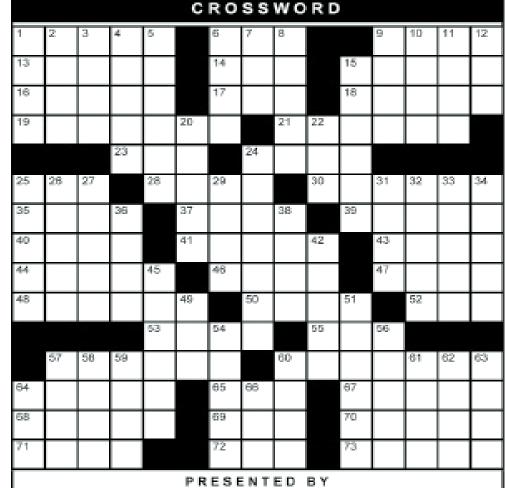
Jimmy Houston is Host of 'Jimmy

For more tips, log onto

ouston Outdoors" TV Show on ESPN®

you find their general vicinity, use your locator to find the

STATEPOINT CROSSWORD • THEME: WILD WEST



VolunteerMatch.org Where volunteering begins.

© StatePoint Media

ACROSS 1. Widest key on keyboard 6. Sold at the pump

9. Roman public space, pl. 13. A Hawkeye 14. Female reproductive

cells 15. Los 16. Fork tooth

17. In king and queen sizes 18. *It kept the corral closed? 19. *Gateway to the West 21. *Calamity Jane's

partner 23. Old age, archaic 24. EU money

28. Show off, as in muscles 30. Moral principals -steven" 37. *Chuckwagon 101: "No one ____ until Cookie calls"

39. Symbol of a clan, especially American Indians

40. receiver
41. What dryer does
43. East of Java 44. Offered by Abraham

64. Alfred Hitchcock in his own movie, e.g 65. Judge at Simpson trial 67. Sheep's clothing to wolf 25. French lake

for this

68. Oneness 69. ___ de toilette 70. Ceremonial elegance and splendor 71. Warren Beatty's Oscar-

as sacrifice to God in Old

pea

50. She starred in last

some northern states

53. W on a light bulb

the citadel is located

55. *Bola, e.g.

"Pirates of the Caribbean"

52. Affirmative response in

57. African quarter in which

60. *Oklahoma was famous

Testament

47. Incision

48. Kinda

72. *Type of trader for boats

73. They can be dangerous

CLUES Small drinks
 Rotterdam or Singapore,

e.g.3. Absent soldier 4. *Water carrier

Completely cover 6. Loads Maria" 8. Hindu holy man

9. "Don't give me any 10. Bismarck or Hahn, e.g. Mountain' 12. Left after fire

15. Novelist Louisa May 20. Moved lazily

22. Wrath 24. Gone the way of the dodo 25. *Meriwether

26. An advice or dispatch boat 27. Mothball substitute

29. Van Gogh started with two of these 31. Gremlins

Mediterranean boot 33. Similar to Cecilia 34. *Trailblazer Jedediah

For Solution See Page 7

36. *How cowboys preferred

45. *One is harder to find to

38. Singe, as in ahi tuna

whiskey?

42. Phlegms

these days

Liahtnina

56. Derive

58. Among

tennis match

61. Irritate

66. Greek "t"

49. Flight boss

51. Caustic remark

57. Walking helper

54. Rick Riordan's "The

59. Several of these in a

62. Defender of skies

63. New Jersey's NBA team



Fill in the blank squares in the grid, making sure that every

VolunteerMatch.org

Where volunteering begins.

22 Days from 51999' Departs March 17, 2012 Experience the history, culture, and beauty of the Caribbean, Madeira, Alicante and Barcelona before you discover the best of Italy on our

Save up to \$800 per couple on oceanview balcony cabins!

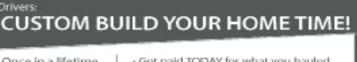
22 day Trans-Atlantic Cruise and Italy Tour aboard MSC's elegant Poesia. \$2099 \$2299 52499

Call for details!

1-888-817-0471

The diabetes drug, ACTOS, has been linked to an increased risk of bladder cancer. If you or a loved one has been diagnosed with bladder cancer after taking ACTOS, ACTOplus met., ACTOplus MET. XR or duetact., call us now at 1-800-THE-EAGLE about monetary compensation. No fees or costs until your case settles. We practice law only in Arizona, but associate with lawyers throughout the U.S.

GOLDBERG & OSBORNE 1-800-THE-EAGLE (1-800-843-3245) www.1800theeagle.com



Once in a lifetime DREAM oppty to custom build your home time from various full and part-time options!

- · Get paid TODAY for what you hauled yesterday! Daily or Weekly Pay options!
- New trucks or trucks under 3 years old
- CDL-A w/3 months current OTR exp

800-414-9569 www.driveknight.com



Complete benefits pkg w/401(k)

KNIGHT

If you, or a loved one, has developed

After taking the Type 2 Diabetes medication

Then you may be eligible to file a lawsuit | sons with billions of against the drug's manufacturer. dollars in total ver-

On June 15, 2011, the U.S. Food and Drug | dicts and settlements, Administration warned the public that use and are committed to of the diabetes drug Actos (pioglitazone) represent your interfor more than a year may be associated ests aggressively and professionally. Our

Contact us immediately if you have been tions as asbestos injuries, defective medical afflicted in this way, as there are time limits products and medicines, environmental toxic regarding your ability to file a claim.

understand your legal options. We are one most serious legal issues. of America's largest trial law and products For a free consultation please call us

with an increased risk of bladder cancer. | leadership experience in such national litigatorts and others has given thousands of Weitz & Luxenberg can help you clients the confidence to entrust us with their

liability law firms representing injured per- today at 1-888-411-LAWS (5297).

WEITZ LUXENBERG

700 BROADWAY • NEW YORK, NY 10003 1880 Century Park East • Suite 700 • Los Angeles, CA 90067 1.888.411.LAWS - www.weitzlux.com

Gary R. Klein, Esq.

FOSAMAX FEMUR INJURIES



"Keeping the Faith"
By Ronnie McBrayer

Years ago I accepted a friend's mysterious invitation to attend what he said would be the "greatest Halloween celebration" I would ever experience. He wouldn't share much more than that. So we met for dinner and then traveled deep into the spooky Tennessee hills to where a little community church was hosting, much to my chagrin, a "Hell House."

For the uninitiated (oh, lucky you!), a Hell House, also known as a "Judgment House," is an evangelical-revivalistic adaptation of a Haunted House. At each Hell House the script is pretty much the same. A small group of attendees is led through the designated area and witnesses scenes of violence or tragedy, scenes typically acted out by high school or college students from the local church.

These scenes may involve a group of drunken teenagers killed in a car accident, a frat house drug overdose, or a horrid suicide. In that Hell House I was snookered into years ago, the main script revolved around a school shooting complete with copious amounts of fake blood, cracking firearms, and a horde of the dead and dying. The manifestations are many, but the outcome is always the same: Somebody is going to die and go straight to hell.

The attendees watch as the dearly

The Hell House Really Burns

departed take their ill-prepared stand before the judgment of God, only to be dragged away by the howling, soul-thirsty demons to burn in eternal fire. After all this shock and awe, and with half of the attendees usually in tears, it creates just the right moment for the Hell House organizers to present a tract or brochure from the church, to give a spontaneous altar call to repentance, or to conduct some plain old fashioned fear mongering.

My friend thought I would benefit from seeing such a thing, hoping that I would lead my own congregation in hosting a Hell House the next Halloween. He was wrong. I'm not a fan of those things, and as soon as the school shooting scenario began to play itself out, I went home.

Halloween is a strange holiday, and not because of the costumes, ghosts, and goblins. Like so many of our holidays, it is a muddled fusion of the pagan with the Christian. When the world started to turn toward Christianity many centuries ago, and the church was consecrating heathen worship sites and customs left and right, day and night, a lot of the paganism was kept for adaptive purposes.

Since then (and even before) the rites and rituals have gotten so jumbled together, that looking back, it is sometimes impossible to tell where paganism ended and Christianity began. This doesn't stop some believers from working very hard to redeem October 31st. In fact, they work so hard at it, they go backward rather than forward,

calling on the elements of fear, coercion, and dread more than hope and redemption.

Hell Houses put emphasis on a horrible, dare I say, pagan concept of God. God is portrayed not much differently than an eternally angry executioner who takes delight in sending virgins and sinners over the edge into the volcano.

God becomes a terrifying hobgoblin rising on the night of Samhain or an insatiable Zeus hurling lightning bolts from Mt. Olympus until someone can appease him. The message of the Hell House is intentionally crystal clear: "Be afraid. Be very afraid."

Halloween or not, I believe the words of the Disciple John, who was casting off so much pagan misconception in his own day. He said, "God is love, and love expels all fear. The thought of being punished is what makes us afraid, and this shows that we have not fully experienced God's perfect love."

So here is the contrast in sharp focus: Paganism imagines what we must do to keep God from hating and destroying us. But faith leads us in joyfully celebrating and living the perfect mercy and love of God. The choice is the life of fear, or the life of love. The difference between these two makes all the difference in the world.

Ronnie McBrayer is a syndicated columnist, speaker, and author. His books include "Leaving Religion, Following Jesus" and "The Jesus Tribe." Visit his website at www.ronniemcbrayer.net.

Cultivating the Fine Art of Casual Loafing

By Rev. James L. Snyder

Storm clouds were brewing like fresh morning coffee in the normally placid parsonage this past week. I will not say that things got out of hand, which is not to say they did not. I just will not say.

I sensed a growing controversy between my wife and myself. Its genesis came about because of some silly mix-up, I assure you. Usually, mix-ups come about because of some misunderstanding and boy, do I sure miss my understanding. I have misplaced mine for so long I honestly cannot remember when I had it last. If my memory serves me, and it has not to date, the last time I had a glimpse of my understanding, I was standing at some altar repeating the words, "I do." After that, life has been a glorious blur.

The faux pas between us simply was a matter of attitude. My better half took the high road and I, per usual, took the low road. The reason I take the low road is simply that when I fall, and falling for me is inevitable, I do not have far to plummet. Regrettably, this past week we experienced a clash of attitudes. I can sum up my attitude in life quite nicely: Never do today what can be put off until tomorrow. Who knows? I may forget the whole thing by then, something I am renowned for around the parsonage, if you know what I mean.

On the other hand, my life's companion firmly believes in doing things ahead of time. For instance, by the end of August all her Christmas shopping is finished, wrapped and stored in the garage waiting for the Christmas tree. She has a wonderful knack for planning. What I want to know is how does she know if I am going to be naughty or nice? Usually, I give in to my better half. After all, that is what a great marriage is all about; give

and take. As a dutiful husband, I take everything she gives me.

This time, however, an important principle was at stake. Some things in life are worth fighting for and this represented one of those times. For years, I have suffered from a condition known as Afternoon Siesta Syndrome. Each afternoon I stretch out for an hour of rest. In that hour, I meditate on some of the more important issues of life. I cannot tell you how many significant problems I have resolved during my daily afternoon forty winks. I say I can't tell vou not because I don't want to, but when aroused from my snooze I can't remember the solution. All I know is that somewhere in the recesses of my mind are wonderful resolutions to some of the most intricate problems facing our world today.

In this regard, I do not know how often my wife has said to me, "You need to see a psychiatrist." This leads me to the subject of our difference this past week. I am a firm believer in the "Art of Casual Loafing."

Loafing gets such a bad rap because so many amateurs try their hand at it. Let me say right here that loafing is definitely not for the inexperienced. A level of skill and expertise that only comes from diligent practice. Personally, I have invested over 50 years in the Art of Casual Loafing, which qualifies me as some sort of an expert on the subject. I am a proud, card-carrying member of the ACL union. I could have been elected president but we have not got around to elections yet. Many, and when I say many, I am especially including my companion, take loafing as something that comes rather easy. Oh, quite contraire, Mon Frére. Nothing could be further from the truth. My spouse thinks loafing is a tragic waste of time. She thinks things need doing in a timely fashion, like "right now." The garbage must be taken out "right now." The backyard needs mowing "right now." The groceries in the back of the car need brought in "right now."

"right now."

A person can take this "right now" business too far, if you ask me. I like to take things a little more casual than that. This "right now" hang-up can create some serious stress in relationships; especially between hers and mine. "There's no time like the present," my wife often tells me with a look in her eye defying me not to do what she just requested. To her, "right now" is very important.

When I want to resolve a difficulty, I resort to the Bible. This was no exception. Much to my amazement, the word "now" occurs in the Bible 1,356 times, which is rather impressive. I never thought of it before. What I discovered startled me. I had to admit that in certain things my dear wife is correct. Some things must be done right now.

Two Bible verses emphasize the importance of right now. In the book of Isaiah, "Come now, and let us reason together, saith the Lord: though your sins be as scarlet, they shall be as white as snow; though they be red like crimson, they shall be as wool" (Isaiah 1:18 KJV). Then, in the New Testament "... behold, now is the accepted time; behold, now is the day of salvation" (2 Corinthians 6:2 KJV). "Right now" is the best time to address your relationship with Jesus Christ.

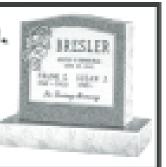
The Rev. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife, Martha, in Silver Springs Shores. Call him at 352-687-4240 or e-mail jamessnyder2@att. net. The church web site is www. whatafellowship.com.

RUHKALA MONUMENT CO.

Serving All Cemeteries Since 1889











Creating special moments and sacred events.

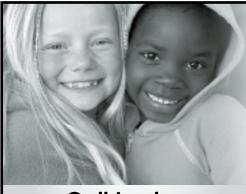
Rev. Paul V. Scholl Interfaith Minister, B. Msc.



X 916.773.7337

GO2DLYT@sol.com

Call to Discuss Your Wedding Plans
Go to www.LovingOutLoud.com/weddings



Call Lenka (916) 338-7156

Foster Care

The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens.

We offer free training, fingerprinting, CPR/ 1st aid, 24 hr support, monthly reimb.





By Marlys Norris, Christian Author

Our very presence as a Christian is objective to people of the world. Satan's world hates one who has become a Christian and follows the precepts of the Bible. Our countenance and lives are full of light and the darkness in them hates God's light. Some people don't understand why our existence and any verbal or written communication seems to offend, no matter what it is about. Our very presence and words bring "conviction" to their inner-soul regarding the life they are living that is obviously separate from God's plan for their life. We don't even know what or

Accussed???

why it does cause negative reactions. We don't have to even say anything directly to them. They automatically take it personally knowing just enough about what we believe to cause them guilt. Of course they believe we are doing or saying something to them, even if you are not, they consider everything as an attack and accuse with judging them!

From out of no-where comes this accusation one does not understand. One wonders why me and why now! Is it a misunderstanding of the words written or spoken is the first question that comes to mind? In some cases one might even have a first negative reject response of anger or total silence for why they feel accused. But what good does any reaction or silence have in resolving any accusation? Absolutely none!

So what does a Christian do when faced with this kind of dilemma? First one must surrender themselves and the incident into the loving hand of God because He is the only One that can heal and mend the problem. Anything one would say might just complicate the problem more, so one must just "Let it Go and Let God." When they do, it now becomes God's concern and battle to teach and reach the other person who has accused unjustly. If they honor God with church worship, God's messenger will teach them.

Most probably incidents like this will occur in every Christian's life. It indicates they are truly "walking the walk" God has intended for their life and others are observing their life that it is one of their personal conviction desiring to please God, first and above all, with everything they do and say. So Rejoice and Praise God because He is using you (even if it hurts) to reach someone touching your life.

Marlys Johnsen Norris, Author Marlys5934@sbc global.net "Intimacy Begins Going God's Way" "God Moves Mountains, It was a Miracle"



Placer Buildogs of the Marine Corps League in Auburn invites Marines, FMF Corpsmen, Military Service Personnel and the Public to celebrate the

236TH MARINE CORPS BIRTHDAY LUNCHEON

November 10, 2011 at the Ridge Golf Course (material Bell Rt. in Autum)

Tri-Tip * Roasted Chicken * Vegetarian

\$25.00 Per Person

Dress: Business Casual

We will be holding a drawing after the Communitari's Message and Cale Culting Ceremony. Tickets for the drawing are \$5.00 for a book of 0 tickets. First prize is 2 nights at the Marine Memorial Club in San Francisco, plus a gift certificate for a direct for two at the Leatherneck Steakhouse in the hatel. Second prize is a stainless steel BBQ and third prize is a check for \$100.00. You need not be present to win the drawing.



The deadline for purchasing function tickets is November 2, 2011.
You may purchase drawing tickets at the function.

Contact "Hap" Arnold at 530-823-6221 for information on purchasing tickets. All meal tickets must be purchased in advance.



a Nationwide® company On Your Side®

Auburn's Insurance Center

For All Your Insurance Needs

"Big discounts for Home and Auto Packages"

FARM • COMMERCIAL LINES • COMMERCIAL AUTO
LIFE INSURANCE

Richard Flores
Tom Jones

Lynn Johnson Karen Magorian



530-823-6844 1-800-207-9851

Adoption

PREGNANT? CONSIDERING ADOP-TION? Talk with caring adoption expert. You choose from families LIVING EXPENSES PAID. Call 24/7 Abby's One True Gift Adoptions 866-413-6296 (NANI)

Antiques

Antiques Wanted: License plates and frames, pre-1969. Military emblems. 707-448-8942.

Old Railroad Items Wanted: lanterns, locks, china, paper, etc. Call (916) 663-2463 (MPG 04-20-11)

Old Porcelain Signs Wanted: oil & gas, highway, RR, etc. Call (916) 663-2463 (MPG 04-20-11)

ATTENTION!

Health and Wellness Success Coaches Needed. Able to work from Home.Will train. 888-279-7875, cal

Autos Wanted

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation. Tax Deductible. Free Towing, All Paperwork Taken Care Of. 888-600-9846 (MB 08-10-11)

DONATE YOUR CAR! Breast highly rated breast cancer charity in America! Tax deductible/Fast, Free Pick-up! 888-620-0854 (MB 08-10-11)

DONATE YOUR CAR to CANCER FUND of AMERICA to help SUPPORT CANCER PATIENTS Tax Deductible. Next Day Towing Receive Vacation Voucher. Call 7 Days 1-800-835-9372 (NANI)

CARS/TRUCKS WANTED! Top \$\$\$\$\$ PAID! Running or Not, All Years, Makes, Models. Free Towing! We're Local! 7 Days/Week. Call Toll Free: 1-888-416-2330 (NAN)

A-1 DONATE YOUR CAR! Breast Cancer Research foundation! Most highly rated breast cancer charity in America! Tax Deductible/Fast Free Pick Up. 800-771-9551 www.cardonationsforbreastcancer.org (NANI)

DONATE A CAR - Free Next Day Pick-Up. Help Disabled Kids. Best Tax Deduction. Free Vacation Gift, Call Special Kids Fund 7 days/week 1-866-448-3865 (NANI)

Donate Your Car! Civilian Veterans & Soldiers. Help Support Our U.S. Military Troops. 100% Volunteer. Free same Day Towing. Tax Deductible. Call and Donate Today 1-800-471-0538

DONATE YOUR CAR: Children's Cancer Fund! Help Save A Child's Life Through Research & Support! Free Vacation Package. Fast, Easy & Tax Deductible Call 1-800-252-0615. (Cal-SCAN)

DONATE VEHICLE: RECEIVE \$1000 Grocery Coupons. National Animal Welfare Foundation, Support No Kill Shelters, Help Homeless Pets. Free Towing, Tax Deductible, Non-Runners Accepted. 1-888-333-

DONATE YOUR CAR, truck or boat to Heritage for the Blind. Free 3 Day Vacation, Tax Deductible Free Towing, All Paperwork Taken Care Of. 888-902-6851. (Cal-SCAN)

Beauty

FALL SPECIAL \$25 DEEP **CLEANSING FACIAL** by Kathy at Siena Salon. 11727 Fair Oaks Blvd Fair Oaks Ca through Sat. 10-5 expires 11-5-11 (916) 718-0666 (MPG 10-11)

Business Opportunities

THINK CHRISTMAS - START NOW! Own a Red Hot - Dollar Dollar Plus, Mailbox or Discount Party Store from \$51,900 worldwide 100% Turnkey. 1-800-518-3064. www.DRSS25.com (Cal-SCAN)

WORK FROM ANYWHERE!! Too much Month at the end of your Paycheck? You Can Make up/to \$500 - \$12,000/month Potential !! www.4getyour925.theultimatesys tem.com/cp/7/mktsystempg 888-888-9802 ext-93784.

Business Services

ADVERTISE a display BUSI-NESS CARD sized ad in 140 California newspapers for one low cost of \$1,550. Your display 3.75x2" ad reaches over 3 million+ Californians. Free brochure call Elizabeth (916) 288-6019.

REACH CALIFORNIANS WITH CLASSIFIED IN ALMOST EVERY COUNTY! Experience the power of classifieds! Combo~ California Daily and Weekly Networks. One order. One payment. Free Brochures. maria@cnpa com or (916)288-6010. (Cal-SCAN)

Cash for Houses

We pay CASH for houses! Call today! 916-222-7573 (MPG 03-09)

Computers

Call-A-Geek Mobile Service. Software, Spyware, Hardware Microsoft Certified. 879-3514. (MPG 07-13-11)

Construction

KMS Construction Residential & Light Commercial Construction kmsconstruction.net or call 916-813-3732. (MPG 02-16-11)

Accelerated Construction - New Construction or Repair. Handyman Clean-up. Residential and Lic # 675212. Call 916-419-9996 (MPG 06-30)

Counseling

Affordable sliding scale counonly. Children, couples, families. (530) 888-7958 (MPG 06-01-11)

Real solutions to your problems and issues www.

lifeadvisorforeveryone.com Dave (916) 821-5768 (MPG)

Day Care

Peña Family Daycare-Small in home family care. Clean and Safe environment. Nutritional snacks and meals provided. Preschool like setting. (916) 972-1540 www.

Infant Openings Now First 916-489-5824 (MPG) FCCH

Elder Care

PROVIDING PERSONAL CARE w/ love and dignity. Rooms available Call 916-721-4721 (MPG)

Electrical Services

RETIRED MASTER ELECTRICIAN Expert troubleshooter, 30 years experience. Old panel repairs/ upgrades. Lic.# 877532 Call 916-595-3052 (MPG 10-27)

Visit & Estimate For Free. Hour, 7 Days. 916-213-7575 (MPGM)

Fencing

Cal State Fence and Construction Since 1986 Quality, Trustworthy, Affordable, Reliable. Redwood, Chain Link, Ornamental Iron, Vinyl, Trellis, Decks. Residential Commercial FREE ESTIMATES #494306 **916-966-1103** (MPG 09-15)

Roy's Great Fences Quality work at affordable prices. New or repairs. How's your gate? License 749821. (916) 833-2666 (MPG)

Affordable Fencing Redwood time service. Lifetime steel Senior discount. Lic. 742683 916-773-1350

Sierra Pacific Fence, Fences, decks, Retaining Walls 100% neighborhood discounts XLNT prices Free estimates 483-1883 License 606100 (MPG)

Financial

\$\$ Lam A CPA & Don't Do Taxes I Get 6% Tax Free Dividends & Tax Free Withdrawals From Whole Life Insurance. Tazeen Khan 1-877-535-4866. (Cal-SCAN)

Ever Consider a Reverse Mortgage? At least 62 years old? Stay in your home & Increase cash flow! Safe & Effective! Call Now for your FREE DVD! Call Now 888-

Buried in Credit Card Debt? Over \$10,000? We can get you out of debt quickly and save you thousands of dollars! Call CREDIT CARD RELIEF for your free consultation 1-888-505-1183 (MB 08-10-11)

For Rent

Lovely upstairs condo, 1br, 1bth in Woodside gated community (Howe and Sierra Blvd area), utilities included except electricity. Small pets okay. 916-947-0394 (MPG 10-26-11)

HOT SUMMER SAVINGS!!! \$299.00 MOVES YOU IN!!! o.a.c. The biggest summer savings deal is going on right NOW! Call now for details Oakwood Aprtments @ 916-481-4042. 1 bedroom \$595 - \$625/Month. 2 bedroom \$750 - \$830/Month. 2 bedroom Townhouse \$950/Month. *Pool *Laundry facility *Assigned parking*Gated Community*Petfriendly *On-site Security (MPG 07-13-11)

Health/Misc.

DID You USE The OSTE-OPOROSIS Drug FOSAMAX (Alendronate)? If you experienced femur fracture (upper leg) you may be entitled to compensation. Attorney Charles Johnson 1-800-535-5727. (Cal-SCAN)

DIABETIC STRIPS TEST WANTED: Cash for unopened, unexpired boxes of Diabetic Test Strips. All Brands Considered Prepaid U.S. Mailing label pro-Trustworthy buyer. God Call Caleb 1-800-869-1795 or 574-286-6181 (NANI)

If you used the antibiotic drug LEVAQUIN and suffered a TENDON RUPTURE, youmay be entitled to compensation. CallAttorney Charles Johnson 1-800-535-5727 (SWAN Charles

ATTENTION Diabetics with Medicare Join America's Diabetic Savings Club and receive a FREE diabetic bracelet. Membership is FREE. Qualify for meter upgrades, prescription delivery and free give aways. Call 1-888-621-8031 (MB 08-10-11)

Attention Joint & Muscle Sufferers: proven all-natural supplement helps reduce pain and enhance mobility. Call 888-577-8681 to try Hydraflexin RISK-FREE for 90 days (MB 08-10-11)

ATTENTION SLEEP APNEA SUFFERERS with Medicare. Get FREE CPAP Replacement Supplies at NO COST, plus FREE home delivery! Best of all, prevent red skin sores and bacterial infection! Call 888-654-6310 (MB 08-10-11)

Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 90 percent on all your medication needs. Call Today 877-560-8637 for \$25.00 off your first prescrip-

Diabetes/Cholesterol/Weight **Loss** Natural Product for Chole sterol, Blood Sugar and weight. Physician recommended, backed by Human Clinical Studies with fast acting results within 30 days. Call to hear about our special offer 888-623-7990 (MB 08-10-11)

tion and free shipping. (MB 08-10-11)

Local STD/HIV Testing Did you know you can have an STD and show no symptoms? Early detection and treatment can pre-vent permanent damage? Highest levels of privacy and discretion. Call 1-888-645-7571 (MB 08-10-11)

LOW COST WEIGHT LOSS With Your Personal Coach. Start Free Call 916-599-1318 (MPG)

Look Younger in Less Than a Day! www.hydratedskin. com then call 916-988-3027 ask for a Free Sample (MPG)

THE WEIGHT IS OVER Lose up to a pound a day. Fast growing Company. Recession proof product. 916-474-4079 www.eat-choc-

Heating & Air

AC Repair Low Prices 487-4609 (MPG)

Help Animals

SPCA Thrift Shop Helpless animals need your donations. The Real Non-Profit. Will pick up. Call 916-442-8118. 1517E Street for

Help Wanted

donations-10-4pm (MPG)

TRUCK DRIVERS: Will provide CDL training. Part-time driving job with full-time benefits. Get paid to train in the California Army National Guard. www.NationalGuard. com/Truck or 1-800-Go-Guard. (Cal-SCAN)

CUSTOMER SERVICE REPRE-SENTATIVE!! Must be Notary. Live Scan Certified Optional Part-Time to Full-Time, POS Experience Helpful. Will Train. Must be available Weekdays and Weekends. Email resume to store2503@theupsstore.com. Pick up application at front desk. (MPG 09-28-11)

Restaurant Crew - Nation's Giant Hamburgers is coming to Citrus Heights. Accepting applications & holding open interviews on Thur. Sept. 15 from 10am - 7pm. Held at Larkspur Landing Hotel at 1931 Taylor Rd in Roseville: (MPG 09-07-11)

FEDERAL POSTAL JOBS! Earn \$12 - \$48 per hour / No Experience Full Benefits / Paid Training 1-866-477-4953, Ext. 131 NOW HIRING!! (NANIG)

Process mail! Pay weekly! Free supplies! Bonuses!Genuine opportunity! Start immediately!Helping 1-888-302-1516. www.howtowork-fromhome.com (NANI)

Excellent weekly income processing our mail!Free supplies! Bonuses! Helping Homeworkers since 1992. Genuine opportunity! Start immediately! 1-888-302-1523. www. howtowork-fromhome.com (NANI)

DAILY* AT HOME COMPUTER WORK - LIMITED **POSITIONS.** Start making money today by simply entering data for our company, No Experience Needed, training provided, www. AtHomeComputerWork.com (NANI)

WEEKLY* PAID IN \$1.000 ADVANCE! MAILING OUR BROCHURES From Home. 100% Legit Income is guaranteed! No Selling! Free Postage! Experience Needed, Full guidance & Support. www. MailingBrochuresIncome.com

Adult Residential Facility is in Need of Live-In Caregiver with experience in an ARF facility, good DMV record, and hardworking. Please call Orlando or Hermie at 916-487-4482. (MPG)

DRIVERS - CHECK THIS OUT! New Pay Increase! 34-40 cpm. Excellent Benefits. Need CDL- A & 3 months recent OTR. 877-258-8782. www.MeltonTruck.com (MPG)

Caring Compassionate Seniors WANTED! SENIORS HELPING SENIORS®, a leader in the Senior in-home service industry, has immediate PT openings for Providers. Qualified candidate will have life experience, an interest in making a difference in the lives of other seniors and be comfortable working with senior citizens. Flexible schedules...we'll work around your schedule! Valid driver's license and use of auto is required Call us today for more information.(916) 372 9640 (MPG)

Urgent F/PT Sale Reps needed Latest telecommunications \$\$\$ Commission, Residuals Training Bonuses. available call 916 612-6621 (MPG)

DIFFERENCE. MAKE Α More Information: (916) 383-9785 ext. 15 (MPG)

Wanted: 29 Serious People to puter. Up to \$1,500-\$5,000 PT/ FT www.REBVision.com (MPG)

STRESSED OUT? from home & get paid daily! www.happyandhealthyfamily.com 888-211-4268

Help Wanted -**Drivers**

A Better Career With Melton. Great Equipment & Benefits. 2 Months CDL Class A Driving Experience. 1-877-258-8782. www. MeltonTruck.com (Cal-SCAN)

Drivers/CDL Training - CAREER CENTRAL. No MONEY Down. CDL Training. Work for us or let us work for you! Unbeatable Career Opportunities. *Trainee *Company Driver *Lease Operator Earn up to \$51k *Lease Trainers Earn up to \$80k 1-877-369-7126, www. CentralDrivingJobs.net (Cal-SCAN)

DRIVER - No Experience - No Problem. 100% Paid CDL Training. Immediate Benefits. 20/10 program. Trainers earn up to 49c per mile! CRST VAN EXPEDITED. com (Cal-SCAN)

Help Wanted -Medical

Geriatric Home Care Specialists is currently seeking CNAs, HHAs and Caregivers willing to work

Dorado counties, with at least two vears experience in caring for the elderly. We offer hourly, overnight, and live-in shifts. Please call 916-630-8588 for more information. (MPG)

Help Wanted -Sales

ABLE TO TRAVEL. Hiring 10 people. Work and travel all states, resort areas. No experience necessary. Paid training & Transportation. Over 18. Start ASAP. 1-888-853-8411. (Cal-SCAN)

GUYS & GALS 18+. Travel the country while selling our Orange peel product. Training, Hotel & Transportation provided. Daily cash draws. Apply today leave to-morrow. 1-888-872-7577. (Cal-SCAN)

Would you like to be Mentored Millionaire? System, Perfect timing. 24 Hr ed Message. 888-279-7875 Recorded NOW!!

Home for Lease

Home For Lease. Three Bedroom Two Bath home in Rollingwood. River City **916.549.6673** (MPG 10-26-11)

Home Health Care In your home health care/ helper. 20 years experience.

Fingerprinted, reliable, local. Call

Jenny at 530-889-1737(MPG 08-25) Housecleaners

Bright Housecleaning Quality - Discounts -(916) 308-0157 (MPG 06-22-11) **HouseCleaners**

Do You Love Being Part of a Winning Team? Do You Love to Clean? Do You Love Making Customers Happy? If You Answered YES!

We Want YOU!

HouseCleaners is recruiting for our Sacramento area Please call Sylvia at (916) 955-6089, or e-mail your resume to: sachousecleaners@hotmail. com. All applicants must be willing to undergo background checks and drug testing. (MPG 08-15)

House Painting

PAINTING, sheet rock, texturing, book cases, fence repair, gutter cleaning. Roger (916) 969-4936 or (916) 410-5545 (MPG

Landscaping

Affordable Landscape Service Clean-ups & Makeovers! Main-tenance starting at \$60/ mo. Dependable family business. Lic. # 887351. 916-338-2001. sacyards.com (MPG 09-08)

Lawn and Garden Service Bi-weekly or monthly Call for FREE estimates 965-8224 (MPG)

Lawnmower Service Mow & Edge your lawn 4 times per month for a fee. Call Bob 916-456-5281 (MPG) Tall Weed Cutting Low Rates

Full Yard Maintenance, one time clean-ups & tree trimming. See our website www.terrabellagarden.com or ctc Randy for info at 454-3430 or 802-9897. (MPG)

Lawn Service - I can mow and

Call for a free esti-

mate at 916-934-9944 (MPG) Legal Services

priced.

SOCIAL SECURITY Disabilit Benefits. You Win or Pay Us Nothing. Contact Disability Group, Inc. Today! BBB Accredited. Call For Your FREE Book & Consultation. 877-490-6596. (Cal-SCAN)

Need Attorney? Have legal situation? Looking for extra money? Call Eicka Mitchell 916-617-8069 07-20-11)

ArrowSharp Process Services - Civil & Family Law - Lisa Sharp @ 916-342-6714 (MPG 06-15-11)

Massage

Massage therapy by CMT. Louise is a licensed therapist for many years; the cabin is clean, bright and quite; call Louisa 916 729-0103. Open 10 to 8 by appointment. (MPG 04-20-11)

Medical Supplies / Equipment

ATTENTION DIABETICS with Medicare. Get a FREE Talking Meter and diabetic testing supplies at No Cost, plus FREE home delivery! Best of all, this meter eliminates painful finger pricking! Call 877-792-3424. (Cal-SCAN)

SLEEP APNEA Attention SUFFERERS with Medicare. Get FREE CPAP Replacement Supplies at No Cost, plus FREE home delivery! Best of all, prevent red skin sores and bacterial infection! Call 888-379-7871. (Cal-SCAN)

Wheelchairs, walkers, incontinence, bath safety, lift chairs, canes, stethoscopes, compression gar-ments, diabetic care. Excellent service MEDICÁL SUPPLY. 916-485-2500. (MPG 03-30-11)

Miscellaneous

SOCIAL SECURITY DISABILITY BENEFITS. You WIN or Pay Us Nothing. Contact Disability Group, Inc. Today! BBB Accredited. Call For Your FREE Book & Consultation. 888-630-1757 (MB 08-10-11)

DISH Network delivers more for less! Packages starting at \$24.99/mo, Local channels included! FREE HD for life! Free BLOCKBUSTER® movies for 3 months. 1-888-582-4023 (MB08-10-11)

Get TV & Internet for UNDER

Get \$300 Back! - select plans.

\$50/mo. For 6 mos.

Time ONLY Call Limited 866-944-0906 DIRECTV \$0 Start Costs! 285+

HBO/Showtime/Starz/ **FREE** Cinemax 3 Months + FREE HD + FREE HD/DVR Channels FREE Installation! Upgrade! \$0 Start! (800) 329-6061 (NANI)

CASH PAID for unexpired, sealed DIABETIC TEST STRIPS - up to \$17/Box! Most brands. Shipping Prepaid. FAST payment. Ask for Emma 1-888-776-7771 www. cash4diabeticsupplies.com (NANI)

WORK ON JET ENGINES - Train for hands on Aviation Maintenance Career. FAA approved program. Financial aid if qualified Job placement assistance. Call AIM (866) 854-6156 (NANI)

Trucks Wanted. Running or Not! Top Dollar Paid. We Come To You! Any Make/Model, Call For Instant 1-800-864-5960 (NANI) AUTHENTIC NEW TEMPUR-PEDIC MATTRESS CLEARANCE!

20-30% OFF FACTORY RETAIL

PRICING- FREE SHIPPING -

NO TAX. CALL 813-889-9020

LIMITED

(NANI)

CASH FOR CARS: All Cars/

FOR DETAILS - LIMITED SUPPLY CALL NOW! (NANI) **OLD GUITARS WANTED!** Fender, Gibson, Martin, Gretsch, Prairie State, Euphonon, Larson, D'Angelico, Stromberg, Rickenbacker, and Mosrite. Gibson Mandolins/Banjos. 1930's thru **1970's.** TOP 1-800-401-0440 CASH

AIRLINES ARE HIRING - Train for highpaying Aviation Maintenance Career. FAA approved program. Financial aid if qualified - Housing available, CALL Aviation Institute of Maintenance (888) 686-1704 (NANI)

ATTEND COLLEGE ONLINE from Home. *Medical, *Business, *Paralegal, *Accounting, *Criminal Justice. Job placement assistance. Computer available. Financial Aid if qualified. Call 800-510-0784 www.CenturaOnline.com (NANI)

GET YOUR DEGREE ONLINE *Medical, *Business, *Paralegal, *Accounting, *Criminal Justice. placement assistance Computer available. Financial Aid if qualified. Call 800-510-0784 www.CenturaOnline.com (NANI)

HANDS ON Aviation Career -Become an Aviation Maintenance Technician.FAA approved program. Financial aid if qualified -Job placement assistance. Call AIM (877) 206-1503 (NANI)

Reach over 20 million homes nationwide with one easy buy! Only \$2,795 per week! For more information, contact this publication or go to www.naninetwork.com (NANI)

TUPPERWARE Please call for a Free Catalog. Chris Krcmar 916-483-1671 (MPG)

Miscellaneous Items for Sale

READERS & MUSIC LOVERS! 100 Greatest Novels (audio books) Only \$99.00 (plus S/H.) Includes MP3 Player & Accessories. Bonus: 50 Classical Music Works & Money Back Guarantee. Call Today! 1-877-360-6916. (Cal-SCAN)

MEMORY FOAM THERAPEUTIC NASA VISCO MATTRESSES WHOLESALE! T-\$299 F-\$349 Q-\$399K-\$499 ADJUSTABLES \$799. FREE DELIVERY 25 YEAR WARRANTY 90 NIGHT TRIAL 1-800-ATSLEEP1-800-287-5337 WWW.MATTRESSDR.COM (NANI)

Wood Chipper 5HP Yard machine – runs good, needs minor work \$250 (916) 725-3824 or (916) 769-1698 (MPG)

READERS & MUSIC LOVERS. ONLY \$99.00 (plus s h.) Includes Player & Accessories. BONUS: 50 Classical Music Works & Money Back Guarantee, Call Today! 1-888-841-5761 (MB 08-10-11)

Mobile Home for Sale

Auburn Mobile in Senior Park. \$17,500 obo 2/1, completely refurbished, 2 sheds, fenced yard 530-828-4828 (MPG 10-19-11)

Painting

All Pro Painting Res/Com.

Quality work free est. sen disc lic 914715 Ph 607-0523 (MPG) **Personal**

Mature Lady seeking friendship

of a mature gentleman in his

seventies. Call Helen 967-6289 (MPG 08-03-11) Happy and healthy grandma Seeks same in grandpa. "Old" not in my vocabulary. Let's talk. **530-626-8682**

(MPG 10-19-11) Mature Guy seeking friendship **of a mature lady** in the 60's and 70's. Call Jim **530-823-7765.** (MPG 10-19-11)

Pets

Pet Sitting Professional loving pet care. Established reputation. Kennel free environment. Lots of TLC. Call Madeline 916-723-1608.

Annie's Pet Sitting Services tech. exp. Ref. avail. 916.202.6952

Piano Lessons Piano Lessons - 25 years ex-

perience teaching all ages 916-723-8440 www.pianobychris.com Piano Lessons - All ages

Piano lessons for children and adults by experienced, creative teacher. Citrus Heights. For more information, visit www.anitraalexander.con, or call (916) 725-1054 (MPG)

Cordova **916/858-1571** (MPG)

Real Estate Commercial

(MPG)

TV

Enjoy Better TV DISH Network

Authorized Retailer Offers FRFF

HD for Life, Packages from \$19.99/

mo. Includes locals, 3 HD receiv

ers free. Restrictions Apply. Call

NOW!! (877) 594-2251 (NANI)

AT&T U-Verse for just \$29.99/

mo! SAVE when you bundle

Internet+Phone+TV and get up to

\$300 BACK! (Select plans), Limited

Time Call NOW! 1-866-944-0906

Upholstery

B&T Upholstery and Repairs

Specializing in Decco & Modernism Furniture. 916-392-1959 (MPG 02-09)

Vacation

Properties

ADVERTISE Your VACATION

PROPERTY in 240 California

newspapers for one low cost

fied ad reaches over 6 million+

Californians. Free brochure call

Elizabeth (916) 288-6019. (Cal-SCAN)

Video

Video Photo Montages for all occasions from \$49.95 - On

site video recording from \$99.95

Additional info & pricing www.puti-

tonvideo.com or call Len Edwards

916-224-7545 (MPG 10-26-11)

Volunteers

Needed

Domestic Violence Intervention

Center needs caring people to as-

Volunteers

Needed:

The

Transfer 8mm-VHS to DVD

\$550. Your 25 word classi-

3801 Watt Avenue at Edison. Interested in trade with similar property in Orangevale or Roseville. Or \$350,000, OBO. Could be used as child/adult day care. Equipped for home business. Steel fenced area, 7 parking spots. Call 987-6600 anytime. (MPG 07-20-11)

Real Estate Homes For Sale

Your credit is approved!!! Three houses to choose from - Zero Down Possible, Call 1-877-757-1062 ext. 100 or visit! www.hypersellshomes.com (MPG 06-10)

Restore **Old Photos**

Restore Old Photographs Share memories of special places and times with your family. (916) 483-6051 - Laws Studio, Crestview Center (Manzanita at Winding Way in Carmichael) (MPG)

Schools / **Education**

SCHOOL DIPLOMA! HIGH Graduate in 4 weeks! FREE Brochure. Call Now! 1-866-562-3650 ext. 60 www.SouthEasternHS.com (Cal-SCAN)

ALLIED HEALTH CAREER training - Attend college 100% online. Job placement assistance. Computer available. Financial Aid if qualified. SCHEV certified. Call 800-481-9409. www. CenturaOnline.com (Cal-SCAN)

ATTEND COLLEGE ONLINE from Home. *Medical, *Business, *Paralegal *Criminal Justice Job placement assistance. Computer available. Financial Aid if qualified. SCHEV certified, Call 888-210-5162

The Math Resource; math/ tutoring; \$40-\$50/ 916-722-1058 (MPG) statistics

www.Centura.us.com

Services Offered

I take you to the doctors, shopping or misc. errands. Call for schedule. Serving most areas. 916-214-8169. (MPG)

Seeking Security Placement in Fair Oaks or Carmichael. Licensed Call 916-712-2137 (MPG)

The Clean-Bliss Experience Res-

ponsible, experienced & Reliable. Arlene 916-863-1374. (MPG) REAL Hardwood Flooring \$1.69 Square Foot or we install for \$3.99

1672. Cont Lic #757522 (MPG) Steel Buildings. 20 x 20, 30 x 40, 50 x 100, 100 x 100 Up to 50% of on erected completed projects

square foot complete 916-366-

www.scg-grp.com Source #ØDL Phone: 916-248-4416 (MPG) Steel Buildings

STEEL BUILDING SALE! US

National Steel now selling directly

to the public. CLEARANCE SALE

on all prefabricated kits. FREE SHIPPING! 1-800-917-7080 (NANI) **Timeshares** Ask yourself, what is your TIMESHARE worth? We will find a buyer/renter for CA\$H NO

GIMMICKS JUST RESULTS! www.BuyATimeshare.comCall 888-879-8612 (NANI)

Tow Cars Away emove abandoned cars for FREE. (916) 457-4000. Must be present at pick-up. (MPG)

TUTOR - Cred. Teacher & Spec.

Ed. All levels. Reasonable/Results!

530-885-3396 (MPG 03-16-11)

Tutoring

Grades 3-9 Reading & Written sist victims of domestic violence Language. Credentialed Teacher For more information call 728-5613 \$40/Hour. 971-9885. In Carmichael or visit our office at 7250 Auburn Blvd., Citrus Heights, CA (MPG)

Want to Buy GET CASH NOW. We Pay CASH for DIABETIC TEST STRIPS. Help Others by selling your extra strips. Call Donna: 916-729-5154 (MPG 10-11)

FAST PAYMENT for sealed, unexpired DIABETIC TEST STRIPS up to \$17/Box! Most brands. Shipping Prepaid. Call today & ask for Ėmma 1-888-776-7771 www. cash4diabeticsupplies.com (NANI)

GET CASH NOW!! We Pay CASH for DIABETIC TEST STRIPS. Help others by selling your unused strips. Call Donna: 916-729-5154 (MPG 08-31-11)

WANTED: OLD POSTCARDS 483-0622

Yoga Classes

Hatha yoga: this easy does it yoga class is designed to meet the needs of people 40 & more. We meet at the cabin; Thursday nights 7-8:30. Want to feel more alive, rid your body of pain, Yoga is the way; apply a beneficial pressure on organs, glands, muscles and tissue. Call for more info; Louise 916 729-0103. (MPG 04-20-11)

NOTICE TO READERS California law requires that contractors taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license numbers on all advertising. Check your contractors status at wow.cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500 must state in their advertisements that they are not licensed

DISCLAIMER wary of out of area companies. Check w il Better Business Bureau before you ser nev for fees or services. Read and unde



ELWOOD EXPERIENCED MANY FAILURES IN HIS LIFE. . . BREEDING RABBITS WAS NOT ONE OF THEM



F U R

Crossword Puzzle on Page 5

REEFS

3 6 5 8 9 3 5 6 8 9 1 4 3 6 5 9 4 8 3 6 9 8 4 3 8 7 1 5 9 6 5 1 9 3 6 8 3 6 5 9 8 2 8 6 5 9 1 3 4 9 3 6 4 Sudoku Puzzle on Page 5

REDS

Sniffing out Local Jobs is a Lot Easier with the *Community* Employment Connection Local employment can be doggone hard to track down these days. That's why our website is linked to the Community Employment Connection. With a couple of clicks, you'll be hot on the trail of employment information, upcoming job fairs, career resources and job listings from local media, as well as nearby employment centers The Community Employment

Connection is part of our new, enhanced

California's most-respected career and

employment resource, JobJournal.com.

When you need the most comprehen-

sive information on local employment

to start nosing around.

employment content provided by Northern

Sentine

opportunties, job-search strategies, career planning and workplace issues, this is the place

This is personal.

My mother died of colon concer when she was only 56.

Teresce Housel, actor/maidin



Colorectal career is the 2nd leading cancer killer in the U.S., but it's largely preventable. If you're 50 or older, please gut sereared.

1-800-100-00F0 (1-000-232-4636) usuak.go/szecsfalife







Central Banks Aren't Banks

Commentary by Michael S. Rozeff,

Whiskey & Gunpowder Reprinted by permission

I am going to make a number of obvious statements that we all can agree are true, but what they add up to is a startling conclusion. What we call "central banks" are not banks at all. What is a bank? According

to a helpful little essay on banks for students at ThinkQuest helpfully titled "What is a Bank?", a bank is a financial organization in which people deposit their money. A bank is a business. According to the aforementioned essay, "each bank tries to make THEIR bank look better than all of the other banks by offering services that some other banks might not have." That is to say, banks compete in a market. This is true, conceptually at least, and also true to some extent in reality, although numerous banking laws seriously alter the market and the competition. But it is the pure idea we are after here, and in the pure idea, a bank is a business that competes in a market.

I won't analyze every "central bank" in the world. I don't have to because their setup is more or less the same everywhere. I'll use the Federal Reserve System (the Fed) to represent all of them.

Historically, the Fed and other "central banks" came to be called "central banks" for several reasons. First, they are financial organizations. Second, they hold deposits of other banks and governments. Third, their assets are largely financial assets. Fourth, they make advances or loans to other banks on collateral. Fifth, the government has made them to be at the heart or center of the banking industry and the monetary system. Sixth, government power is itself centralized or national. All of these statements are factual.

Now, this is an imposing array of reasons why "central

banks" are called "central other banks. But now we are banks." But the most important of these reasons is the fifth reason, which is that the government has used its power to make the "central bank" central. And because the government has used its power to create the "central bank" and make it central, we know that the "central bank" is not a free market institution.

This is the main ground upon which I challenge the notion that a "central bank" is a bank. The concept of "central bank" fails to distinguish a free market business and a bureau created by government power. The term "central bank" undermines this distinction between free market and government. Indeed, it erases it altogether.

The Fed is not a business. It has powers that no ordinary bank has. It has privileges that no ordinary banks have. It doesn't compete with other banks. The government created the Fed. The government gave it power to create fiat money. The government can alter the Fed's organization and powers at any time. The Fed's so-called independence from the government is mythological. It is that of a dog on a long leash. The only independence the Fed has is from the public.

Let's go back for a moment to the essay on banks that I just cited, because it displays this erasing of any distinction between the free market and government. After defining the term "bank," it lists the kinds of banks. Quite suddenly, it introduces the term "central bank" in the same breath as ordinary banks that have national or state charters. It says, "There are different kinds of banks. There are national banks, state banks and central banks. The Federal Reserve Bank is the United States government's central bank. The Bank of England is England's central bank."

Suddenly, what this essay told us earlier disappears. We were told that a bank was a business that competed with

told that the Fed "decides how much money is in circulation" and that it "may tell the [ordinary] banks to charge more interest or keep more money in 'reserve."

Obviously, if the "central bank" has such powers, it gets them from the government. Just as obviously, the "central bank" is not a business and not in competition with other banks if it exercises these and other powers over ordinary banks.

Furthermore, distinctions between monies that ordinary free market banks deal in and the fiat money that central banks produce are completely glossed over and erased.

This essay is representative of the usual thought in the field of economics. Banks are businesses. But then, all of a countries. In contrast to a commercial bank, a central bank possesses a monopoly on printing the national currency, which usually serves as the nation's legal tender."

This too makes it very clear that a "central bank" is not a bank, but a powerful Monetary Authority and Fiat Money Administration.

However, the same Wikipedia article almost immediately contradicts itself when it states: "Central banks in most developed nations are independent in that they operate under rules designed to render them free from political interference."

How can a bureau that is established by the government and possesses extraordinary powers be independent and free from political interference? The "central

bank" that is empowered by government. They are two entirely different kinds of operations. A thoughtful or questioning reader is bound to feel a degree of discomfort when he encounters these explanations that blur important distinctions.

A "central bank" is a government department. It is a government bureau. It is the government's fiat money bureau. The "central bank" is the government's money-printing machinery or money-printing organization or money-printing bureau or money-printing agency. As contrasted with monies produced in a free market, the Fed's money is state-produced "money." In the sense of comparing the Fed's money to free-market money, it is counterfeit. It is held up by the force of government law and power. It is imposed on the public.

A more accurate term for the Fed might be the "Fiat Money Administration." Perhaps the term "Monetary Authority" would be more accurate. It would be more accurate if the latter were the official name. In the U.S. Constitution, at least, it is clear that there is no power to create a Monetary Authority, and if there were such a power, it could not possibly be delegated in such a way as to make that Monetary Authority independent.

The "central bank" is not a real bank. Everything about it is permeated with government power. At the heart of the financial and monetary system of a nation that is supposed to be an exemplar of free markets is a government money-bureau.

Regards, Michael S. Rozeff

Michael S. Rozeff is a retired professor of finance living in East Amherst, New York. He is the author of the free e-book Essays on American Empire: Liberty vs. Domination and the free e-book The U.S. Constitution and Money: Corruption and

How can a bureau that is established by the government and possesses extraordinary powers be independent and free from political interference? Michael S. Rozeff

called "bank" that has an array interference! of powers that business banks do not have. This "bank" is actually a government bureau. Its fiat money is made into le- ers that it can exercise free of gal tender by the government. political interference, how can stands behind this money. This countable? How can it operate "bank" has powers to control and organize the ordinary banks into a cartel.

The facts I've pointed out are widely recognized. There dence is to a large extent a is a Wikipedia article titled myth, that is, in the essence 'Central Bank" that confirms of the institution and in those

bank or monetary authority is able power. a public institution that usually the money supply and controls the interest rates in a couning system of their respective ing as executed by a "central Decline.

sudden, there is another so- bank" embodies political And to the extent that a

Monetary Authority such as the Fed has been granted pow-The government states that it such an institution be held acwithout being responsible to the government and, indirectly, to the people?

"Central bank" indepenactivities in which it is not "A central bank, reserve mythical, it is an unaccount-

It may seem as if I am splitissues the currency, regulates ting hairs, but what I see is that the common explanations of central banking confuse try. Central banks often also banking as might occur in free oversee the commercial bank- markets with so-called bank-

CONSTRUCTION

Western Construction Company

al Charles Linear & NATO

PHOTO STUDIO

PICTURE TIME

Photo Restoration

Passport/ID Photo

(916) 726-8801

7050 Sunrise Blvd.

Citrus Heights

(Near Hometown Buffet)

Serving Northern California since 1976

All Home Repairs & Home Inspections

Remodels, Roofing, Drywall, Painting, Tile

Concrete, Fencing, Electrical, Landscaping

(916) 817-0226

(916) 838-1427

PLUMBING

Swift Plumbing and

Drain Cleaning Services

Residential Repairs

& Replacements

Faucets, Disposals,

Hot Water Heaters, etc.

Owner Operator

Contractors lic. #907904

(916) 267-7649

Business & Service Directory

MEDICAL SUPPLY AND EQUIPMENT



Tel/Fax: (916) 485-2500 www.amdmedsupply.com 3108 Arden Way, Sacramento, CA 95825

HELP FOR STRESS

Worried? Stressed Out? Depressed?

There are answers in this book. **Buy and Read**

DIANETICS

The Modern Science of Mental Health

By L. RON HUBBARD

May you never be the same again

Contact Valerie Beardon (916) 448-5891 • E-mail: Dianetics.Sac@gmail.com

PHOTO RESTORATION

Restore **Old Photographs**

Share memories of special places and times with your family.

(916) 483-6051

Laws Studio, Crestview Center Manzanita at Winding Way in Carmichael

HANDYMAN

QUALITY LABOR & MAINTENANCE

Yard Work, Hauling, Gutter Clean, Odd Jobs



(916) 613-8359

You Name It!

FUNERAL SERVICE



FUNERALS & CREMATIONS

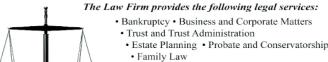
FD 1404

7960 WINDING WAY FAIR OAKS, CA 95628 Tel (916) 9611265 Fax (916) 9612430

LEGAL SERVICES

BONES LAW FIRM

Gordon G. Bones



P: 916.965.6647 F: 916.965.4218

gbones@boneslawfirm.com

JOIN THIS ORGANIZATION

Are You a Descendant of a **Revolutionary War Patriot?** You are invited to join the Sons of the American Revolution This prestigious patriotic organization is dedicated to perpetuating the memory of our patriot ancestors, the history of our country, and the education of its citizens.

FINGERPRINTING SERVICES

For more information, call 916-985-6544, or visit our website at www.sarsac.org. E-mail: webmaster@sarsac.org

501(c)(3) non-profit EIN # 68-0004288

- ★ Walk-in Service
- ★ Digital Inkless Process
 - to DOJ & FBI
- **★** Electronic Submission 916.725.1345
- ★ Copies & Faxing **★** Notary Services
- ★ UPS Next Day Air®
- ★ Shredding Services * Ship Heavy Freight

405 GREENBACK LN. • CITRUS HEIGHTS, CA 95610 The UPS Store UPS

ALTERATIONS

ALTERATIONS by Patina

SPECIALIZING IN BRIDAL & FORMAL 11082 Coloma Rd., Suite 7 Coloma Village Shopping Ctr. • Rancho Cordova

(916) 853•1078 WWW.ALTERATIONSBYP.THENETMARK.COM PET SITTING SERVICE

Professional, Loving PET CARE **Established Reputation Kennel Free Environment** Lots of TLC

Call Madeline

(916) 723-1608

Dog Rescue

DOG RESCUE Gary

(916) 334-2841 Please

Adopt or Foster Because so many really great dogs are dying for a good home...

ShelterMOU @hotmail.com

Specializing in Digital

PRINTING & SUPPLIES

Specialties Plus

- Toner Cartridge Refills (Using Cartridge World?
- Take 10% off their price & try mine) • Free Cleaning (with our cartridge) We are Local
- Service Contracts
- (monthly or yearly)
- Lease or Rent High Volume Copying (save wear & tear on your machine)

Printers, Copiers, Fax & Multifunction **Machines** E-mail:

specplus@comcast.net

(916) 723-8430



Auburn to Honor Veterans in Parade

AUBURN – This year veterans will be honored in a parade put on by the Auburn Veterans Committee. Like last year, the parade will honor the area's veterans.

This year's theme is "Honoring Women Veterans." The parade is set to start at 10:45 a.m. at the Chamber of Commerce building. There will be a community luncheon at the fairgrounds, and hot dogs and cookies will be served. There will also be a short program, and the Place High School band will be playing.

At 11 a.m. at the clock tower there will be a three volley salute, followed by a release

Any veterans that wish to be walk in the parade should be at the registration desk at 10:30 a.m. Rides will be provided for veterans who are unable to walk. All veterans are welcome and encouraged to participate. Medals will be handed out to veterans walking in the parade.

For more information contact Cynthia Haynes at (530) 401-1035.





Photos courtesy Auburn Veterans Committee



A Case in Point

The Case of the **Speedy Deejay**

By David Graulich, Esq.

During the 1960's and 1970's, the king of AM radio in Los Angeles was a disc jockey named Don Steele. Known as "The Real Don Steele," he dominated his time slot by combining absurd comedy with Top 40 music and surfing tunes. Except for a stint at San Francisco's KEWB, Steele's glory years were with KHJ ("Boss Radio-93") in Los Angeles.

Steele had a running joke during his show. A pre-recorded woman's voice screamed, "Tina Delgado is alive! Alive!" (Looking back from a perspective of 40 years, I don't know why the line was funny. I suppose you had to be a teenager and live in Los Angeles to get the joke).

KHJ created a promotion in 1970, "The Super Summer Spectacular." Steele drove a speedy red car around Los Angeles and would pull over at an intersection or landmark. When KHJ announced his location, the first listener to see Steele's car and reach him won a cash prize and an on-air interview. Here are examples of what KHJ broadcast during the Summer Spectacular:

"The Real Don Steele is out driving – he could be in your neighborhood at any time and he's got bread to spread, so be on the lookout for him."

"The Real Don Steele is in the Valley near the intersection of Topanga and Roscoe Boulevard, right by the Loew's Holiday Theater, and he's standing there with a little money he would like to give to the first person to arrive.... He's got twenty-five dollars to give away if you can get it..."

On July 16, 1970, two teenagers - a male aged 17, and a 19-year-old female – were driving their cars when they heard on KHJ that Steele was arriving in Canoga Park. They got there a little late and caught sight of Steele's car on the freeway. Both young drivers began racing after Steele, reaching speeds of over 80 miles an hour.

When Steele's vehicle took the Westlake exit, both pursuers also exited at high speeds. The teenagers forced another car off the road and onto a center divider, where it flipped over. The driver of the overturned car, a man named Weirum, was killed.

The decedent's wife and children sued RKO General, the corporation that owned KHJ (Don Steele was not a defendant). The key issue was this: Was it foreseeable that the radio station's Summer Spectacular would induce teenagers to drive negligently?

At trial, a jury returned a verdict in favor of the Weirum family. RKO appealed, and the case went before the California Supreme Court.

RKO argued that Mr. Weirum's death was caused by third parties, not by the radio station. Did a broadcaster have to consider everything that it aired in terms of what it MIGHT stimulate a listener to do, because it had liability for the listener's subsequent behavior? That would put a chilling effect on free speech, in violation of the First Amendment.

The jury, RKO contended, had widened the scope of third-party liability to a ludicrous extent. What if a department store advertised a "while-they-last" sale, and shoppers racing to the store caused an accident? Would a college sports team be liable to a fan who was trampled in a crowd's rush to buy Rose Bowl

The Supreme Court's decision: The jury got it right. RKO had liability to the Weirum family.

It was entirely foreseeable, said the Court, that idle teenagers during summer vacation would race after Steele to win prize money. It was foreseeable that some of those teenagers would drive recklessly. Unlike the department store or sports team analogies,

"the thrill of the chase" — a competitive scramble on public streets — was central to the radio station's contest, not incidental.

The Court also rejected the free speech argument: "The First Amendment does not sanction the infliction of physical injury merely because achieved by word, rather than act." KHJ could have entertained its listeners and increased advertising revenues by devising a contest format that didn't put the motoring public at risk, the Court said.

As for Don Steele, he continued to be successful in LA radio, converting from AM to FM stations and appearing in movies and TV shows. The Real Don Steele died on August 5, 1997 at the age of 61.

David Graulich, Esq. is a resident of Fair Oaks and an attorney with The Law Firm of Tim O'Connor. David welcomes comments on "A Case in Point" columnsandcanbecontactedat (916) 932-2312 or by email: David@ timoconnorattorney.com.

Community Briefs

· The Auburn Area California will hold it's cheon on Friday the 4th from 11:30 a.m. to 1:30 p.m. at the Sizzler located at 13570 Lincoln Way in Auburn. Guest speaker Auburn City Council member Kevin Hanley will be discussing the Fire (tax) Fee recently signed into law by our Governor which affects all residents in rural areas throughout the state. Lunch is \$15 at the door. The public is invited. Check-in-time is 11:15 a.m. For reservations call Paula at 530-885-1428.

AUBURN - Widowed Person's Association of

Republican Women Federated monthly "Get Acquainted" dinwill host their November lun- ner on Thursday, November 3, 2011 at 4:30 p.m. at the Sizzler Restaurant in Auburn.

Call 530-878-1728 for reservations by Tuesday, November 1, 2011. If you are new to WPAC this is an appropriate time to meet people who are also widowed.

All Widowed People are invited to attend three activities of this organization prior to joining our membership. Other activities include: card playing, luncheons, bingo, bowling, trips to Reno, Koffee klatches and special activities.

For a free newsletter call

530-878-1728.

• AUBURN - ARD has extended registration until November 4 for youth basketball. Boys and girls in the grades 3 through 8 are encouraged to play. All levels of ability are accepted. All children from the Colfax and Foresthill areas down through Auburn and Loomis are welcome to participate.

Signing up is easy; log on the website www.auburnrec.com and sign up electronically, come by the customer service office at 123 Recreation Dr. or stop by your local school to pick up registration forms.

If you have any questions please feel free to contact league director Jerry Fisher at (530) 885-8461, extension 112 or jfish@auburnrec.com.

Doing More With Less on the Road



ROCK DOC

By Dr. E. Kirsten Peters

Between the debt-ceiling kerfuffle and Hurricane Irene, you may have missed two bits of summertime news that will be important for what we drive in the coming years.

First, President Barack Obama announced that the administration and automakers had reached a deal to double the fuel economy of our national fleet of cars starting in model year 2017 and reaching the goal by 2025. Right now, cars and light trucks - light trucks include what I call my

"little old lady SUV" – get an average of 27 mpg. By 2025 those same vehicles are to average an impressive 54.5 mpg.

The second bit of news came a little later but was equally interesting. For the first time, companies that build "big rig" trucks, work vehicles like garbage trucks, and buses will also have to conform to efficiency standards. In model years 2014-2018, big rigs are to become 23 percent more efficient and work trucks and buses will be 9 percent more miserly.

In some ways, big rigs and buses are already quite efficient. It's true you see them belch black emissions when they accelerate, but because they haul large payloads as they tootle down the road they pack in a lot of work per gallon of fuel consumed. My 4-cylinder SUV gets pretty good gas mileage - in the upper 20s in terms of mpg but when the only thing in it is me, it's just not efficient in terms of pounds of payload.

Still, truck and bus engineers

will now be tasked with the challenge of making thebehemoths of the streets and highways even more efficient than they currently are.

Most of us don't make decisions about which big rig to purchase or what model of bus our city transit system should buy. But when it comes to personal vehicles, we have more and more options that both speak to the goal of efficiency and also to diversifying the type of energy we rely on for transportation.

Here's just a sampler of what vehicle type you could purchase when next you're on the market for a new car:

Traditional hybrid cars like the standard Prius - these vehicles are powered by gasoline. You don't plug them in for a charge, you just fill them up with gasoline (like your father's Oldsmobile). The hybrids get much better mileage than many cars, but they are still 100 percent gasoline dependent.

Newer hybrids like the Chevy Volt – this car runs for short distances on electricity alone. You

plug it in while you sleep and it's charged for you in the morning. Driving across town in the Volt is like owning an all-electric car. For many commuters, this has the appeal ofeconomy because electricity is cheap compared to gasoline. If you want to go long distances, the vehicle starts automatically using gasoline for energy – so you can drive across a state or two by filling up.

All-electric cars like the Nissan Leaf – this car is all electric, all the time. You "pour" energy into it by plugging it in for a charge, likely while you sleep. It has no tailpipe, which is pretty cool although the power-plant that made the electricity the car runs on creates emissions if it's powered by fossil fuels.

Natural gas vehicles like one type of the Honda Civic – this ever-popular car can be purchased with a motor that runs on natural gas. Natural gas burns quite cleanly. You can recharge the vehicle with compressed natural gas at your home. If that sounds

exotic, you may have already been in a natural gas vehicle - some airport shuttle buses and urban taxis are powered in this fashion.

In short, diverse types of vehicles are now coming into their own. For those of us who love motors and engines, it's a great time to be alive. And although I hope to drive my plain-vanilla 4-cylinder SUV for another ten years, I also allow myself to daydream of some new vehicle, much more efficient than what I grew up with and perhaps powered by natural gas or electricity.

I'm thinking of bright yellow, maybe with red flames painted on the sides.

Dr. E. Kirsten Peters, a native of the rural Northwest, was trained as a geologist at Princeton and Harvard. Follow her on the web at rockdoc.wsu.edu and on Twitter @RockDocWSU. This column is a service of the College of Agricultural, Human, and Natural Resource Sciences at Washington State University.

Dare to Live Without Limits

By Bryan Golden

Intimidation causes you to behave differently than you would normally. You don't respect people who intimidate you. You resent them. You are afraid of the consequences should you defy their wishes. Intimidation is only effective when you capitulate to it.

When intimidated, you are never happy. You become angry and frustrated. Intimidation may be either intentionally used or a function of your own perception.

Someone applies intimidation when deliberately using their power to threaten you. Threats can be either overt or implied. Someone has power over you when they are in a position to inflict negative consequences.

Sometimes you feel intimidated although there is no attempt by the other person to cause it. In this situation, it's your perception causing the intimidation rather than the other person's intention.

A situation where you are an employee can be potentially intimidating. Your employer has the power to fire you or make your job miserable. A good employer creates a comfortable work environment where you are encouraged to do your best. An intimidating employer constantly makes it clear your job is on the line. Their management style is to use the threat of job loss as "motivation."

Perhaps you are an employer or supervisor attempting to manage a misbehaving employee. In spite of repeatedly asking them to improve, there is no change. You are hesitant to take corrective action because of a concern about how they may react. Even though they haven't done anything threatening, you feel intimidated.

A coworker can be intimidating. If they don't perform their job properly, a larger burden may be placed on you. You worry that if you say something, they will make disparaging remarks behind your back.

A noisy neighbor can be intimidating. You may be afraid to ask them to quiet down because you don't know what their reaction will be, even though you have no evidence they will react poorly. Perhaps you have approached them only to be told to mind your own business.

You may be intimidated by your adolescent children. The fear is that your kids won't like you if you assert yourself by insisting on appropriate behavior. You worry that if you are strict, they won't want to spent time with you.

Some people have intimidating personalities. They are usually unaware of the effect they have on others. Their character is strong and forceful which tends to have an overpowering impact. With this type of person, your reaction is based on your perception rather than any deliberate behavior.

The basis of intimidation is fear. It holds you hostage. Your behavior is affected by what you feel others may do or think. Although intimidation is a difficult situation, living in fear won't alleviate it.

It doesn't matter whether intimidation is intentional or is your perception. When you get caught up in it, there are a number of deleterious effects. You invite more intimidation. You lose respect. You advertise what buttons can be pushed to control you. You get taken advantage of. You get upset. There are people who erroneously believe there is no choice but to live with intimidation. When you remain intimidated, the situation will become worse.

On the other hand, when you refuse to be intimidated, there is a good chance the intimidation will stop. The schoolyard bully is a good example. He preys on those who are easily intimidated. The bully passes by those who stand firm.

If you are used to feeling intimidated, changing takes time and effort. It won't happen overnight. Start with one situation. As you build up confidence, expand your "I will not be intimidated attitude." Try it -- it works.

NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit www. BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com.

16th Annual Fall Wine and Brew Fest On Tap

Annual Event to Spotlight Local Food and Beverages, Proceeds to Assist Senior Citizens Residing in Placer County

AUBURN - In an annual event that has become a fall tradition in Auburn, Seniors First will bring its Fall Wine and Brew Fest to The Ridge Golf Club and Events Center on Saturday, November 5, 2011. Thirty of Placer County's finest wineries, microbreweries, sake, cuisines, and chocolates will be highlighted this year.

Some of the events longstanding features are back this year, including a live band, a great silent auction, raffle, and two massage therapists. A new feature this year is called "Bubbles & Bling." With a purchase of a \$25 champagne flute, attendees have the chance to win real diamonds stud earrings donated by Roper's Jewelers, Auburn. Those that purchase the flute are guaranteed to receive at least a pair of Silpada cubic zirconia stud earrings valued at \$20.00!

Tickets are available online at www.Fallwineandbrewfest. com for \$42.50 a piece. Tickets at the door are \$47.50 and designated driver tickets are \$25. This year's Premier Sponsor is SureWest Foundation and the Star Sponsor is Sutter Medical. Jay Limo will have two limos at the event that (for a fee) will take attendees home safely. Security has been donated by Overton security. A sample of participating vendors:

Restaurants: Penguins CateringGreenes Back Porch BBQCabot CheeseXpressions CateringMaxs Café and DeliOld Town PizzaStrings

Wineries: Villa FiorenteBonitata Boutique

Wine Bronco Wine Company Wise Villa Winery Duarte Family Vineyards Breweries: Anderson Valley Brewing Lost Coast Brewery World Pub Sierra Nevada Fox Barrel Cider

Seniors First is a nonprofit corporation based in Auburn, California, specializing in keeping seniors independent. The organization is dedicated to providing community education and serve as a valuable resource for anyone seeking services for a senior loved one.

Friends of the Auburn Library NOON Program to Feature 'The Hawver Cave'

AUBURN – Sure to be an interesting NOON program at the Auburn Library Beecher Room on Friday, November 4th, is "The Hawver Cave."

Mr. Gene Lorance, an Environmental Resource Specialist with the State Parks Department, will be the presenter.

The cave, located on the El Dorado County side of the middle fork of the American River, was discovered in 1906 by a local dentist, Dr. Hawver, and contains ancient

bones of humans as well as a variety of extinct animal fossils.

The program, presented by Friends of the Library and free of charge, will begin at noon and end by 1 p.m., with time allowed for questions and answers.

Guests should plan to arrive by 11:45 a.m., in time to enjoy some refreshments and find a good seat.

We look forward to seeing you there!

Auburn Aviation Association: Pot Luck to be Held Wednesday

AUBURN – The Auburn Aviation Association will hold its monthly pot luck dinner meeting at 6 p.m. on Wednesday, November 2 at the Auburn Airport terminal building located at the end of New Airport Road.

Our November meeting speaker will be Ed George,

the Channel 3 helicopter pilot. MSgt. Ed plans to bring the KCRA helicopter with him to the meeting, so those people attending may view it.

For additional information, contact Bob Ferber at (530) 885 1706, or Darcy Brewer at (916) 517 0717.

Home Concert with Patrice Haan and Special Guest Tony Marcus

By Sharon Carl

Patrice Haan has an ear for melody, a heart for feelings and a gift for lyrics.

Best known for her sultry and seductive vocal performances with Tony Marcus in the Oakland-based jazz ensemble Leftover Dreams, Patrice Haan is increasingly being recognized for her songwriting. Her tunes are often described as beautiful, gorgeous, poetic and evocative, healing our souls and our heartache with the palpable love and the poetry of the music.

"While the music was every bit what we had hoped for, there was just so much more to the performance," noted Roger and Donna Brinton of Redwood City. "The chemistry between Patrice and Tony made for one of the most romantic musical experiences we have ever encountered."

"Their voices are like velvet on velvet, like they were born to sing together," said Mary Flower. "It's like one big slow dance where emotions are oozing."

I so love being able to bring musicians of high caliber here for you to enjoy! Patrice plays Celtic, traditional, Medieval, original and some classical

"Their voices are like velvet on velvet, like they were born to sing

Mary Flower

together."

pieces on solo harp. And with Tony here too, there may be some surprises!

Please email today for your reservation for Friday, November 4. Reservations are required, and the suggested donation is \$20. Your entire contribution goes to the artist. Doors open at 7 p.m., music starts at 7:30 p.m. Call (530) 885-4292 or email info@ AuburnHouseConcerts.org for reservations and directions.

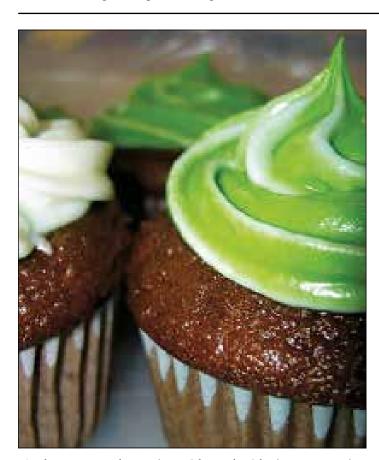
Free Tai Chi and Chi Kung Class



AUBURN – Join Mariscela Alvarez to learn series of slow movements and stretches combined with deep breathing and meditation. Chi Kung is an ancient Chinese exercise, which involves the mind, breath, and movement to restore the flow of chi (energy) to a natural, healthy balance. Tai Chi, or moving meditation, is a series of choreographed movements, which

enhances total awareness, and concentration of the energy flow inside the body. During class, you will experience physical strength, flexibility, balance, and reduction of stress; relieve arthritis pain, and more. Classes are easy, safe and fun to learn for all ages.

Take the first class for free on Saturday, November 12, from 9:30 to 10:30 a.m. at Canyon Spirit Yoga Center on 538 Auburn Ravine Rd in Auburn (located by Twin Dragon Chinese Rest). To register contact Mariscela at (530) 863-0003 or ma@fyspirit.com. Visit www. fyspirit.com. Regular classes continue every Saturday, from 9 to 10 a.m.



Auburn Presbyterian Church Christmas Fair

The Auburn Presbyterian Church is having its Family Christmas Fair on Saturday, November 12, from 9 a.m. to 3 p.m.

The fair will feature craft boutique, seasonal decorations, previously owned treasures,

fashion jewelry, bake sale and much more.

Food and entertainment will also be available.

The church is located at 13025 Bell Air Dr. in Auburn, on the corner of Bell and New Airport Roads.

AN 950 KAH

Live at AM 950 - Live at www.KAHLcom

Weekdays

6 - 9am: The KAHI Morning News with Barry Stigers and the KAHI News Team

9am - Noon: The Laura Ingraham Show Noon - 1pm: The KAHI Noon News Plus with

Mary Jane Popp and the KAHI News Team 1 - 4pm: The Dave Ramsey Show

4 - 6pm: The KAHI Afternoon News with Dave

Rosenthal and the KAHI News Team

7 - 10pm: Nick & Artie Sports Talk

10pm – 12am: Poppoff with Mary Jane Popp

Thursdays

4:30 – 4:45pm: Auburn Honda Gold Country Golf Show with Jay Cooper and Mike Remy

4:45 - 5pm: Auburn Autohaus Auto IQ Show 6:05 - 6:30pm: Leaders Without Limits with

6:05 – 6:30pm: Leaders Without Limits with David McCauley

7 – 9pm: Thursdays With Bassil

Saturdays

6 - 7am: A Time for Seniors

7 – 8am: The Swap Shop 8 – 9am: The KAHI Corral

9 – 10am: The Garden Guru

10am - 7pm: Sinatra & Friends Music

7 - 8pm: A Way With Words

8 – 9pm: Rewind with Jimmy Jay Sundays

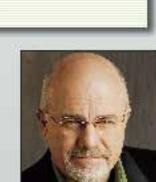
7:30 - 9am: Cruisin' Garage & Swap Meet

9 - 9:30am: Bayside Auburn Church Service

9:30am - 7pm: Sinatra & Friends Music 7 - 8pm: A Way With Words

8 – 9pm: Hearts of Space

Laura Ingraham



Dave Ramsey

Tune into KAHI Radio each weekday for seven hours of locally produced and locally focused programming plus the best in nationally syndicated talk radio programming.

KAHI is also the foothills home of Sacramento Kings Basketball, Oakland A's Baseball, San Jose Sharks Hockey, and Sac State Hornets Football.

Most of our locally produced programs are available for replay or podcast download at the 'Audio On Demand' page at www.kahi.com.



Sinatra & Friends Music - Now on Saturdays and Sundays on KAHI..



Mary Jane Popp



- Experienced, professional, & motivating Personal Trainers
- ✓ Yoga / Pilates
- ✓ Bootcamp
- ✓ Zumba "exercise in disguise"
- ✓ Spinning, offering 18 spinning classes per week

Friendly, Comfortable, & Fun since 1981

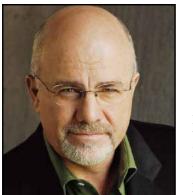
- ✓ Olympic size heated POOL (seasonal)
- ✓ Racquetball / Sand Volleyball
- ✓ Safe & Fun Child tending
- ✓ Fit Kids & Tumbling classes
- ✓ Rapid Results Circuit
- 30 minute Fit Express



✓ And Much More!

11558 F Avenue • Auburn, CA 95603 Tel: 530-885-1964 www.cacfit.com





Dave Ramseykmjj is a personal money management expert, popular national radio personality and the author of three New York Times bestsellers -The Total Money Makeover, Financial Peace Revisited and More Than Enough. In them, Ramsey exemplifies his life's work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age, and give generously to others.

New Family, Lifestyle Changes

Dear Dave,

I just got married to a wonderful lady with two children. We've talked over our financial situation, and we're determined to get out of debt within two years. This will mean some big changes in our teenager's lifestyles. How can we break this to them gently?

- Dan

Dear Dan,

Having your wife, who is also their mother, on board with the plan makes a big difference. I think all of you need to sit down and have a frank, but loving, discussion about the changes that are going to come with this marriage for everyone. The

Dave Says

kids have to adjust to a stepdad being on the scene, just like you have to adjust to a new marriage where teenagers are part of the package.

Let them know that you don't want to be the bad guy, but that you and mom have been looking at the money situation, and things just don't add up. Then, it wouldn't be a bad idea for mom to speak up at this point. Let her tell the kids that you've both decided it's time you made the money behave, and this will mean some lifestyle changes for everyone.

Listen to reasonable input from them, and let them know their thoughts and feelings matter. But they also need to know things are going to be different, and this part needs to come from mom. Otherwise, they're likely to see you as the wicked stepdad!

- Dave

Too Much Going On

Dear Dave,

I've got some rental houses, and I run a mail route six days a week. Plus, I grew up on a farm, I still farm, and I'm the minister of a small church. I'm trying to sort these things out, and decide how to free up more time to work in the ministry. I'm not sure what

- Damon

I would spend some serious

time thinking about your situation and praying. Ask God directly what he's calling you to do for this season of your life. Once you're called into the ministry, then you're in the ministry. But one of the questions we're looking at here is this: should this be the season in which you continue to do this kind of church work? Lots of ministry work is done outside the church, or at least it should be.

Plus, you've got to be having fun. You'll be having fun when you're doing what you were designed to do. Let me ask you a question. If you had a clean slate, no obligations and unlimited money, what would you do? Now, I'm not talking about sitting on the beach and forgetting the family. That's not an option once you have the responsibility in place. I'm talking about a kind of work that you're going to fall in love with and completely pour yourself into. If it's being involved in rental properties and real estate, fine. If it's dumping the rental properties, mail route, and farming so you can concentrate on the ministry, that's

Think it over from that perspective, but I'd say one or two of these things needs to disappear within the next few months. If not, it's going to start eating you up inside.

* For more financial help, please visit daveramsey.com.

Dollars and Sense

by James J. Scherer, MBA, CPA

The Reward of

Years ago, most kids worked in the summer to pay for college (as opposed to today's college kids whining to the politicians to subsidize more of their tuition). I spent my summers in McCall, Idaho as a smokejumper. What we did is fly to remote parts of the northwest and parachute from an airplane in order to extinguish forests fires. Each summer brought its own challenges, but the summer of 1970 was exceptional.

That summer started out painfully slow and without any action. It was a work of patience. Finally August arrived and it happened. The weather changed, the lightening showed up and we went to work! In five weeks all fifty smokejumpers had jumped more than twenty fires. In September we broke camp returned to college with money in our pockets to pay for another year's study.

So what did I learn in the summer of 1970? I learned that exercising patience is a key of success. We all know that exercising our muscles in not easy. It takes discipline and focus. The same holds true when we exercise patience. Patience is exercised when there is nothing positive happening and things aren't going the way we want. Its like guy praying, "God I need patience, and I need it now".

From late May through July we exercised patience. In August we were rewarded.

The same hold true with the process of investing. Since late July through most of this October the markets have tried our patience. I believe the patience we exercised during this period of time will yield increase. There is a beautiful promise in the Bible that says, "As long as the earth remains seedtime and harvest, heat and cold, summer and winter shall not cease." I want to encourage you in the exercise of your patience. Over time, I believe you will be rewarded.

James J. Scherer, is a founder of Towne Scherer Private Wealth Management, Inc., is, also, a financial advisor with, with securities and advisory services offered through LPL Financial, A Registered Investment Advisor, Member FINRA/SIPC (CA Insurance Lic# 0C20370).

The opinions voiced in this material are for general information only and are not intended to provide specific advice, recommendations or tax advice for any individual. If you have specific questions consult your financial advisor, tax advisor, or give me a call. He can be reached at 916-797-1188 or email at james.scherer@townescher-

Tips for Creating An Achievable Retirement Plan

(NAPSA) Many people are finding that their fundamental ideas about retirement are changing.

On the new road to retirement, Americans can now retire only when they feel they can afford to do so. That's one of the key findings of a new study by the Bankers Life and Casualty Company Center for a Secure RetirementSM (CSR).

The study, which focused on middle-income Americans ages 47 to 65 with incomes between \$25,000 and \$75,000, found that 67 percent thought that they would be in a better financial position than they are now and more than half are not confident that they have saved enough to live comfortably on in retirement.

As a result, the retirement confidence of boomers is fading as their retirement accounts fail to rebound, their home values remain low and their savings dwindle. This is also propelling a majority to delay their retirement by an average of five years.

The CSR study outlines five steps you can take to improve your retirement:

- 1. Set a clear retirement goal with realistic expectations. Consider if you would be willing to work part-time or pursue a second career to supplement your income beyond age 65.
- 2. Save for retirement at work. Take full advantage of your 401(k) plan. Contribute at least up to the amount that your employer matches. If a 401(k) is not available, consider alternatives such as an IRA or annuities.
- 3. Plan for retirement risks. The three important financial risks to consider are long-term care, inflation and longevityóoutliving your money. Make sure your retirement plan includes a solution to address all three.
- 4. Practice healthy living. Take care of yourself physically now so that you can fully enjoy your retirement years. Keeping fit will also help reduce health care costs down the road.
- 5. Seek advice from a retirement professional. Whether you have \$5,000 or \$500,000, retirement planning can be complex. Consider speaking with a professional adviser to create a financial plan that supports your vision of retirement.
- To learn more visit www. CenterForASecureRetirement.

Research Can Help Online Buyers Save Money

(NAPSA) If you want to get a great product at a great price when shopping online, investing a little time and effort can pay big dividends.

That's the word from the Federal Trade Commission (FTC), the nation's consumer protection agency. Its experts offer these tips to help online shoppers get the best dealóand avoid scam artists.

Think about your goals. Do you want the top-of-the-line product? A particular brand? Are there imust-haveî features? What's your budget? If you decide what's important to

you up front, you're less likely to make a purchase that could lead to buyer's remorse.

Get to know the products in the category. Often, the key features of a basic product and the top-of-the-line version from the same manufacturer are the same, and ìadd-onsî account for the difference in price.

Use search engines. If you think you've found a good with the product or the company selling it, dig a little charged extra fees for returns. deeper. Type the company or product name into your favor- companies offer discounts to ite search engine with a term online shoppers via e-mail;

like ireview,î icomplaintî or ìscam.î If you find bad reviews, you'll have to decide if the offer is worth the risk.

Check comparison shopping sites. With many retailers selling the same product, sometimes there are significant differences in price. Compare your total purchase price, including shipping and handling and taxes, rather than just the selling price.

other sites collect and list codes for free shipping and other discounts.

Read reviews and be skeptical. Think about the source of the information: Is it from an impartial expert organization, one consumer, many individual consumers, a columnist?

Evaluate what you see on retail sites. Some scammers set up ispecialtyî sites selling deal but you aren't familiar Different sites also have different a particular type of product. return policies. Check if you'll be Those can be full of glowing Consider coupons. Some compensated for their posts, toll-free. Watch a video, "How and may not include any nega-

Does the brand have a reputation for good products and excellent customer service? What's the promised delivery time? How will you contact the seller if there's a problem? Will the company accept returns?

Ask yourself a few questions:

Learn more at www. OnGuardOnline.gov/ OnlineShopping. To file a

complaint or get free information on consumer issues, visit www.ftc.gov or call (877) reviews from ishillsi who are FTC-HELP (1-877-382-4357) to File a Complaint," at www. ftc.gov/video.

Are You a Descendant of a **Revolutionary War Patriot?** You are invited to join the Sons of the American Revolution This prestigious patriotic organization is dedicated to perpetuating the memory

of our patriot ancestors, the history of our country, and the education of its citizens.

For more information, call 916-985-6544, or visit our website at www.sarsac.org. *E-mail:* webmaster@sarsac.org 501(c)(3) non-profit EIN # 68-0004288

Help people in need.

Donate your car, boat or RV

Free Towing • Tax Deductible

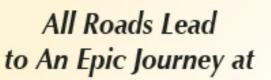
FREE 3 day vacation to over 80

destinations

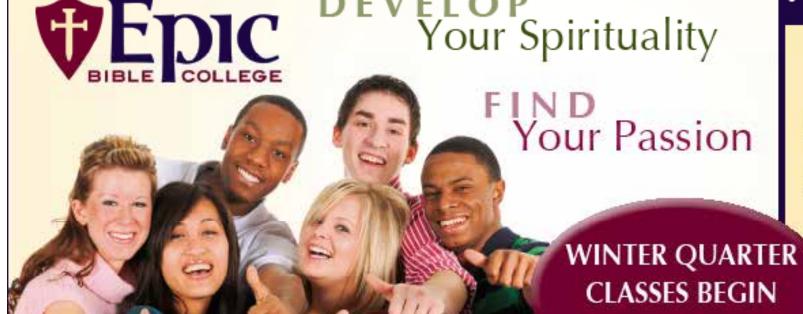
Call Toll-Free

NOVEMBER 2011

888-600-9846



STIMULATE Your Mind



We offer accredited degrees that lead to life-changing careers in

• Ministry • Education

• Music • Counseling • and more!

Visit Our **New Campus!**

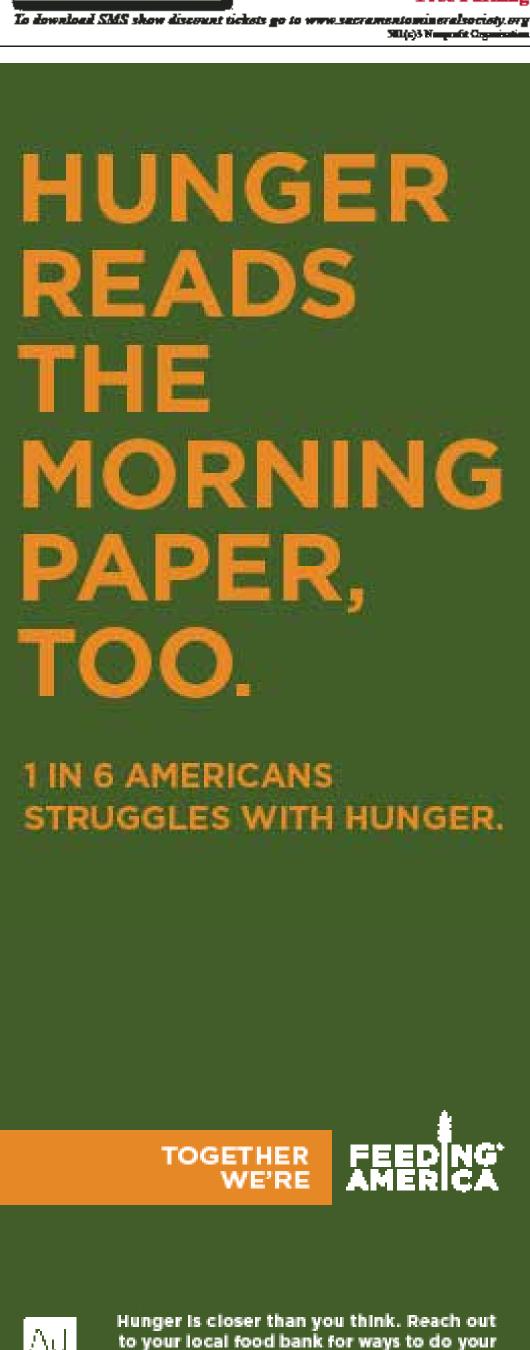
Expanded and Flexible Schedules Financial Aid

One-On-One Academic Advising Associate and Bachelor Degree Programs

> 4330 Auburn Blvd. Sacramento, CA 95841 (916) 348-4689

www.EPIC.edu





part. Visit FeedingAmerica.org today.

Begging, Pleading for the Abolishment of Gross Domestic Product

Commentary By John Tammy,

Whiskey & Gunpowder Reprinted by permission

John Tamny is editor of RealClearMarkets and Forbes Opinions, a senior economic adviser to H.C. Wainwright Economics, and a senior economic adviser to Toreador Research and Trading (www. trtadvisors.com).

Nobel Laureate Robert Mundell long ago observed that the only closed economy is the world economy. As such, U.S. production (think the globalized manufacture of Apple's iPad, or Boeing's 787 Dreamliner) is a function of it ties to economic activity occurring around the world. GDP presumes a countries economy in isolation as well as uniformity between economies.

Worse, what often drives GDP up is far from something that would be considered economically stimulative. Indeed, government measures of inflation are notoriously slow to pick up on the horrors of dollar devaluation. Yet when devaluation leads to higher prices, GDP increases.

Government spending --which has no resources that it hasn't first extracted from the private sector -- also boosts GDP, and then if imports to the U.S. decline (a flashing negative economic signal if there ever was one), this actually registers as growth in the calculation of this most worthless of measures of our economic health.

It's time to abolish GDP because its existence as the accepted measure of economic activity means that we cannot achieve the necessary reforms that would really allow our economy to grow. With so much of our economy directed towards work of little to no economic value, but which ultimately factors into the GDP calculation, we're restrained from doing what we need to do to truly advance ourselves.

President Obama acknowledges, regulation frequently serves as a barrier to productivity. We'll see if he's ever willing to back up his rhetoric with action (signing the REINs Act would be a big step), but for now regulations serve

as a massive hurdle to businesses seeking profits for their shareholders by virtue of giving their customers what they want, along with things they didn't know they want, but now can't live without - think Google, Facebook and just about anything Apple produces.

Of course if there occurs a massive regulatory overhaul based on the correct kind of analysis which will show regulations merely inhibit profitable activity at best, and frequently miss corrupt actions at worst (Madoff), many in the U.S. whose livelihood is dependent on either regulating what they cannot, or helping businesses deal with regulators, will find themselves out of work. Their unemployment will in the nearterm show up in reduced GDP, but the end result will be undeniably positive.

Looking at the estate tax alone, it discourages the very saving that authors our economic advancement, but its existence is a windfall for the myriad estate planners and attorneys in possession of the skills necessary to help those with estates to avoid the tax. Abolishing the death tax would be a major boon for economic growth for it releasing those reliant on it into worthwhile professions, but for a time their adjustment would detract from GDP "growth."

Considering the floating dollar itself, the utter chaos caused by the latter has created whole industries meant to soften the blow of a dollar without definition. The currency market alone is a \$3 trillion per day exchange as myriad great minds are forced into facilitator roles as traders of needless uncertainty, as opposed to producers. We'd have to invent hedge funds if they didn't exist, but their growing footprint can to a high degree be laid at the door of President Nixon's fateful 1971 decision to sever the dollar's link to gold.

Banks and investment banks on their own have growing com-First up is regulation. As even pliance staffs in place to deal with all of the rules foisted on them. Abolishment of what won't work in the form of Dodd-Frank, not to mention the stabilization of the dollar such that it becomes the proverbial foot would release countless agile minds from

facilitator roles, some who will cure cancer, some who will create the next Microsoft, and some who will render the hell that is commercial air travel to the dustbin of history through making private travel as common as cellphones.

But to achieve the above, there would have to be a "recession" that would drive down GDP early on, but boost it in staggering ways long-term. In a nation brimming with talent, too many of our best and brightest are serving as facilitators to the detriment of real economic growth.

Lastly, a powerful reduction in government spending would surely bring down GDP substantially. Governments can only create jobs and economic activity to the extent that they take from the private sector, so major spending cuts at first would bring great pain to sectors of the economy in and out of government, but wholly reliant on government largesse.

All of the above is true, but then it's also true that government spending is almost tautologically about capital destruction, as opposed to wealth creation. If this is doubted, ask yourself if any company in the private sector could ever remain in business if it had lost money for decades, with decades more of losses ahead?

But assuming serious downsizing of the government, workers and the capital destroyed to keep them employed would quickly find other, market-driven uses in the private sector. Government spending presently looms large when it comes to boosting GDP, true austerity would as a result reduce nominal GDP substantially up front such that dim economists would scream "recession", but the long-term and economy-soaring result of such a move would be profoundly good for us all. The problem now is that so

worshipful and fearful of GDP are economists and politicians that reducing regulations in a credible way, stabilizing the dollar and slashing the burden that is government is a distant object to many. It is at least partially because GDP remains the benchmark for our economic health. Let's abolish it so that we can start growing again.

Retooling Obama's Jobs Bill

Commentary **By Kmele Foster**

Earlier this month, the President's jobs bill failed in the Senate. Now the White House intends to break up the bill and gin up sufficient Republican support to pass key pieces. "We will now work with Senator Reid to make sure that the individual proposals in this jobs bill get a vote as soon as possible," said President Obama in a statement released shortly after the Senate vote.

This piecemeal approach might be politically expedient, but the provisions the White House is pushing are still a whiff policywise. They're just too superficial. Extending unemployment benefits and cutting the payroll tax aren't going to fuel the sustained, robust job growth Americans are so desperate for.

What the President can and should do is immediately rework his bill to pursue a structural realignment of the tax and regulatory burden facing American business.

Mr. Obama should focus his attention on reducing the tax burden faced by consumers and businesses. The proposed legislation takes some steps in this direction. It cuts the payroll tax in half to 3.1 percent in 2012 and institutes a temporary tax credit for businesses that hire new workers or buy new equipment.

But these cuts have already been tried and they don't go far enough. Temporary cuts are no substitute for comprehensive tax reform, and they mean even less without commensurate spending reductions. Washington should be taking steps

to simplify the tax code, broaden the base, and lower rates on corporations and individuals.

It's time to stop tinkering around the edges of our Byzantine tax system and fundamentally reform it -- it's no longer controversial to admit that America's tax code is impeding our ability to compete in the global economy and create jobs.

The half trillion-dollar jobs bill also contains billions in new spending. The president's bill calls for public investments directed at sectors that are politically popular among Democrats. For example, it earmarks \$25 billion for investment in school infrastructure and \$35 billion to state and city governments to prevent public teacher layoffs.

But these "investments" reflect the philosophy of previously failed efforts to stimulate the economy. At best, short-term spending by government will produce short-term employment opportunities. And these temporary jobs often come at the expense of sustainable new employment in other parts of the economy.

Rather than focusing on shortterm solutions, the administration should be empowering executives and entrepreneurs to create viable patterns of employment. If more government spending could turn around our desperate economic situation, then surely the first \$1.5 trillion stimulus would have solved

the problem already. Finally, a recalibrated jobs bill

must eliminate regulatory impediments to industries that are proven job generators.

One sector that could generate

hundreds of thousands of new, high-paying jobs is domestic energy production. Research suggests that opening up known offshore resources would generate 144,700 new positions and expanding access to federal lands for energy exploration would create 500,000 more.

The President could immediately encourage investment and job creation in the energy industry by simplifying permitting and reducing the number of new regulations.

Private companies should be allowed to explore and develop domestic energy resources without undo interference or assistance. The Solyndra scandal and the lackluster jobs numbers posted by other federally backed "green jobs" initiatives illustrate the governments inability to engineer a solution to the country's employment crisis. Opening new domestic frontiers for traditional energy production would generate the jobs that other politically popular programs have manifestly failed to produce.

Obama's jobs strategy is more of the same. Even if this new piecemeal strategy works, the results will be just as underwhelming as the White House's previous efforts to stoke employment. A truly effective jobs initiative would permanently cut, taxes, and reduce spending, while curtailing unnecessary regulations, and empower industries that are proven to create jobs.

Kmele Foster is the co-founder and vice president of TelcoIQ, a telecommunications consultancy. He is also the chairman of America's Future Foundation.