

Placer Sentinel



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Second Issue of September, 2011

Historic Trains Coming to Colfax



Happy children experienced the engineer's car with an engineer at Dunsmuir Railroad Days this past June. Families will have the same opportunity to explore the engineer's cab at the Colfax Railroad Days, Oct. 1-2.

Colfax – Who doesn't like trains, especially historic trains? How about riding historic railroad equipment and sitting in the engineer's seat in the locomotive and tooting the train whistle?

This year at the annual Railroad Days in Colfax, Saturday to Sunday, October 1 to 2, children and adults will have the pleasure of learning about and riding historic railroad equipment. The trains are on loan from the Western Pacific Railroad Museum in Portola, Plumas County. Arrangements were made by the Placer Sierra Railroad Heritage Society (PSRHS), which preserves railroad history along the Donner Pass Route.

The Railroad Days event in Colfax celebrates the contribution that Colfax made to the building of the original transcontinental railroad in the U.S. during the 1860's. Colfax is also celebrating its 101st birthday during this year's Railroad Days.

Many of the events of this year's celebration will be centered at the 1905-vintage Passenger

Depot, 99 Railroad St., and elsewhere in downtown Colfax, where passenger and freight trains continue to pass through daily.

The Passenger Depot went through an extensive restoration that was completed in 2007. It currently houses the Colfax Area Historical Society and the Colfax Area Chamber of Commerce. It is a treasure of Colfax railroad history and is open daily 10 to 3 p.m. The Depot is listed on the National Register of Historic Places, so it is a star in its own right.

Educational programs and tours on the historic trains and rides on motorcars on the tracks are scheduled on both Saturday, Oct. 1 and Sunday, Oct. 2, 9 a.m. to 4 p.m.

In addition to riding the rails on Saturday, children and adults can enjoy displays and the operation of model trains of all gauges, located at the Passenger Depot and at the Sierra Vista Community Center, 55 School St. Also, the Sacramento Valley Live Steamers will be offering rides for young and old on their miniature steam train layout in the sports field

behind the Community Center.

Plus, the historic Colfax Theater on Main St. will be hosting a Railroad Film Fest, showing films about railroad activities over Donner Pass. And, Saturday visitors will enjoy an outdoor Quilt Show along Main St., Living History activities for all ages, a Business Fair in downtown and lots more.

To make it easier to get around town during daytime events, a free People-Mover train will be available to move folks to each venue.

Saturday evening a street dance and beer garden will enliven downtown Colfax near the historic Freight Depot built in 1881.

In addition to the programs on the trains and motorcar rides and the Railroad Film Fest, Sunday activities from 9 to 4 will include more model trains at the Passenger Depot and near the Freight Depot, where the classic car show will also take place.

Colfax at its present location came into being as a result of the building of the transcontinental railroad in

1865 and was known as "Camp 20." Later, local leaders changed the name to Colfax. It continues to play an important role in transcontinental train travel today.

Join us for a fun weekend of learning about and riding historic train equipment in Colfax and enjoying those wonderful model trains many of us grew up with.

For general information about Railroad Days, call the Colfax Area Chamber of Commerce at (530) 346-8888 or check the Chamber website: www.colfaxarea.com.

For specific information about the railroad activities with the historic trains, model trains and the Operation Lifesaver Railroad Safety educational programs, check the PSRHS website: www.psrhs.org.

For specific information about the Classic Car Show, contact Kathy, (530) 308-3721; Frank, (530) 613-5829, or railroaddays@exwire.com.

Source: Colfax Area Chamber of Commerce

Gas 92 Cents Higher Than One Year Ago

Sacramento Region – Average retail gasoline prices in Sacramento have risen 1.4 cents per gallon in the past week, averaging \$3.86/g yesterday. This compares with the national average that has fallen 0.1 cents per gallon in the last week to \$3.66/g, according to gasoline price website SactoGasPrices.com.

Including the change in gas prices in Sacramento during the past week, prices yesterday were 92.2 cents per gallon higher than the same day one year ago and are 19.2 cents per gallon higher than a month ago. The national average has increased 5.1 cents per gallon during the last month and stands 93.3 cents per gallon higher than this day one year ago. "Late last week we started to see a drop in wholesale gasoline

prices, which is the price stations pay. Such news means the national average may begin moving lower," said Patrick DeHaan, GasBuddy.com Senior Petroleum Analyst. "While I'm hopeful we'll start to see lower retail gasoline prices in the days ahead, we have seen considerable volatility and I'd hate to see the market move higher in the days ahead, negating any expected drop in retail prices," DeHaan adds.

Source : GasBuddy.com operates over 200 live gasoline price-tracking websites, including SactoGasPrices.com. GasBuddy.com was named one of Time magazine's 50 best websites and to PC World's 100 most useful websites of 2008.

Union Bank Names New Auburn Branch Manager

Auburn – Union Bank, N.A. has named Julie E. Longly as branch manager for the Auburn banking office in Northern California. Longly will manage the Union Bank branch located at 874 Lincoln Way in Auburn. In her new position, Longly will direct all aspects of branch operations, while developing new relationships with consumers and small businesses in the community.

"Julie has considerable experience in the financial services industry, as well as strong ties to the community," said Ellis. "Union Bank has a deep commitment to our customers and to the communities in which we serve. We are confident that with their expertise and strong customer focus, Julie will enable us to grow existing client relationships in Auburn and establish new ones."

Longly is a long-time resident of Auburn with 15 years of financial services experience who joins Union Bank from Wells



Julie E. Longly, Branch Manager

Fargo where she served as a store manager. Prior to that, she served as a branch manager with Placer Sierra Bank. Longly is active in the Auburn community where she is a member of the Auburn Chamber of Commerce and has volunteered for the Project Auburn Program and Foresthill's Community Service's Christmas Program.

Search & Rescue Fundraising Confusion

Placer County Sheriff's Search and Rescue is conducting its annual fundraising efforts with the assistance of a telemarketing company. However, another group has been calling Placer County residents, asking for donations for Search and Rescue, but this group has no connection to the sheriff's entity.

Some donors have contacted the Sheriff's Office to say that an organization called "Search and Rescue Charities" is calling them and asking for donations. Some donors have been led to believe that this is for the Placer County Sheriff's Search and Rescue. The company is using an address on Bell Road in Auburn, which is a mailbox leased from a local mailbox company.

Telemarketers working on behalf of the Sheriff's Office will not ask for credit card information and donors will be sent a pre-addressed envelope. The envelope will clearly state "Placer County Sheriff's Search and Rescue," not "Search and Rescue Charities." Donations should only be sent to the following addresses: P.O. Box

4150, Auburn, CA, 95604 or P.O. Box 1710, Tahoe City, CA 96145.

Each year, Placer County Sheriff's Search and Rescue uses donations to purchase equipment for countywide searches. Sheriff's Search and Rescue volunteers donate thousands of hours each year to locate lost hikers, skiers and anyone else who may need assistance in Placer County's thousands of acres of wilderness.

For further information, contact Search and Rescue Community Services Officer Katrina Kane at (530) 889-7846.



Scan our QR Code for a direct link to our online edition!

Sierra College Installs New Clean Energy Source

Partners with Borrego Solar to deploy solar systems at the Rocklin and Grass Valley campuses

Rocklin – Sierra Community College District announced the completion of the first phase of two solar photovoltaic (PV) systems, located at its Rocklin and Grass Valley, California campuses. The systems are the result of a public/private partnership with Borrego Solar Systems, Inc. and will benefit the college and the community in a number of ways, including financial savings, student internships, and ongoing private sector jobs.

The zero-emission systems will save the district nearly \$2 million in energy savings over the term of the agreement. The system at the Rocklin campus will be 971 kilowatts (KW) and Grass Valley campus will benefit from a 282 KW system.

They will be operated and maintained under a Power Purchase Agreement (PPA) with Borrego Solar. Through the PPA, Sierra College avoids the upfront cost of financing the solar installation and equipment,



Project and partnership offers many benefits to Sierra College.

and in turn agrees to purchase approximately 1,883,400 kWhs of clean energy per year at below-the-grid rates. In the first year of operation, this will amount to around \$50,000 in savings, and as utility rates for traditional forms of energy rise over time (historically at 3%-5% per annum), the savings

passed on to the Sierra Community College will increase, too.

"This project and partnership offer many benefits," commented Willy Duncan, Sierra President. "It will reduce our utility costs in a time of declining resources which will allow for more dollars to stay in the classroom and it is a

step in the right direction toward using a clean, efficient energy source, not to mention the fact that the students love the covered parking."

Over 20 years of production, the zero-emission systems will offset more than an estimated 72 million pounds of greenhouse gas emissions (CO2) that would have been emitted during the production of electricity from fossil fuels. This is the equivalent of planting 648 acres of trees or conserving nearly 106,758 barrels of oil.

"We are thrilled to have been selected by Sierra Community College to be a part of these projects and be able to help them take advantage of the long-term financial and environmental benefits of clean, renewable solar power," said Mike Hall, CEO of Borrego Solar Systems, Inc. "Additionally, we are excited to do our part in helping to prepare students for future careers in clean technology fields."

Assistance League "Kids on the Block" Puppets go Back to School



Back Row from left: Judy Lang, Sandy Carlson, Linda Arlen, Sharon Johnson, Jenny Jansen. Front Row from left: Betty Field, Nancy Tognazzini, Kathleen Geary, Claudia Christianson, Joyce Neubert-Finley, Sue Lloyd.

Placer County- Assistance League® of Greater Placer's Kids on the Block puppets joined area students by returning to school to continue their classroom work. Last year these puppets and their puppeteers performed before 3,150 students in five school districts: Auburn, Foresthill, Newcastle, Rocklin and Roseville. The scripts are written to help children cope with learning differences and bullying situations. Students are instantly attracted to the colorful and charming puppets. As one Roseville School District student

said, "I learned that it's OK to be different." The Kids on the Block Program is an outreach educational puppet program where Assistance League members become puppeteers and perform skits highlighting social issues for the elementary schools.

The scripts have been written especially for kindergarten children. The puppets will start performing in January 2012. This addition will provide the Bullying and School Safety Program to students in kindergarten through third grades.

Funds for The Kids on the Block and other philanthropic programs are generated from fundraisers, donations and money raised in the Thrift Shop located at 1263 Grass Valley Highway, in the Fiddler Green Plaza in Auburn.

Visit the website greaterplacerassistanceleague.org for more information. The Placer Assistance League serves Auburn, Colfax, Cool, Foresthill, Georgetown, Granite Bay, Grass Valley, Lincoln, Loomis, Newcastle, Ophir, Penryn, Rocklin, Roseville, Sheridan and Truckee.

Award-Winning Auburn-Based Company Showcases Work at Fundraising Home

Auburn – Purchasing a ticket to the Gold Country Elegance Home Tour does more than open the doors to five fabulous Foothills residences; it also invites guests to mingle with the homes' design and construction team.

A fundraiser to benefit the Auburn Symphony, the tour on Saturday, Sept. 24 spotlights homes in Meadow Vista's Winchester development that were designed and built by award-winning Gray Construction. Prior to the event, on Thursday, Sept. 22, from 5:30 to 7:30 p.m., tour ticket holders may preview the homes and talk with the construction team during a free Meet the Builder Reception. Held at the Ceronix Business Campus in north Auburn, the event includes light refreshments and wine tasting.

Gray Construction has been

building residential and commercial projects throughout the Sierra Nevada Foothills since 1980. In addition to its portfolio of high-end custom homes, the company has constructed many diverse commercial structures in the region, including Newcastle Produce, the Nevada Street Commercial Complex and Folsom's Bidwell Center.

The cost of the Home Tour is \$20 in advance; \$25 the day of the tour. Tour tickets may be purchased at the Meet the Builder Reception; by visiting www.auburnsymphony.com; or by calling (530) 823-6683, (530) 885-1706, or (916) 663-4188. The day of the tour, beginning at 9:30 a.m., tickets and maps also may be purchased at the Foothill Christian Fellowship Church, 1100 Sugar Pine Road in Meadow Vista.



Photo provided by Gray Construction.

AARP 1474: Monthly Potluck

By Publicity Chairperson Doris I. Dennis

Auburn – On Thursday Oct 6 at noon at the (Auburn Senior Center) 11577 E Avenue Auburn. We also play Bingo from 10-11am before the

potluck. Our program chairperson, Gladys Brown-Korf, has planned for "Kari Freidig" from Gold Country Wild Life Rescue to speak to us.

The public is invited and you don't need to be an AARP member, just come and enjoy the program

and potluck.

Please bring a side dish to serve six(6) to eight(8) people. Please remember to bring your own table service (plate, silverware and etc.)

P.S. don't forget a can or two for the Auburn Food Closet.

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Soroptimist International of the American River Hosting a Member Information Event

By Laura S. Moskwa

Auburn – Soroptimist International of the American River (SOAR) is hosting an event for women interested in learning more about its club. The event will be held at Sierra Knolls Vineyard & Winery on Wednesday, October 5th between 6 and 8pm at the Bear River Wine Tasting Room just off Hwy. 49 on 10024 Linnet Lane in Auburn.

Women interested are encouraged to join the club members for wine, hors d'oeuvres

and conversation. It will be a great way to get to know more about the club and its focus – improving the lives of women and girls locally and around the world.

SOAR is the evening club in Auburn, meeting for dinner twice per month for business discussion, program presentations, friendship and fun!

To find out more about the club go to www.siamericanriver.org. To RSVP for the event contact Barb Warmuth at (530) 888-0299 or email siamericanriver@soroptimist.net.

Soroptimist International of the American River is part of an international organization established for business and professional women who are committed to a world where women and girls together achieve their individual and collective potential, realize their aspirations and have an equal voice in creating strong, peaceful communities worldwide.

Soroptimist means "best for women". We are women at their best, helping other women to be their best. Join us on October 5!

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Placer Sentinel

"Written by the people and for the people" Serving Auburn and Placer County since 1987

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Funk Box Derby Winners

By Paula Mosqueda

Auburn – On Sunday, September 18, 2011, the City of Auburn once again held the family favorite, the Funk Box Derby. The day began with a pancake breakfast, sponsored by the Auburn Jeep Club. The derby entries were signed in, checked for safety, and displayed to the public. Votes were cast for the derby car that would win the “People’s Choice” award. There was music, vendor booths to check out, and plenty to see, while waiting for the Opening Ceremony to begin.

The Funk Box Derby is not a speed race. Entries are judged for their creativity, goofiness, fun, and “funk.” There is only one entry on the track at a time.

Soon, the derby cars began to roll down Lincoln Way. There was a pink flamingo, a luau on wheels, a Star Wars car, a rolling outhouse, a little house, an ore car and many more.

The People’s Choice award went to the PCCA Tool Box. The Commercial class winners were



People’s Choice award went to the PCCA Tool Box.

Klonze Racing with a “Gone with the Wind” entry, the Empire Fence car made of fencing, and Coast Design’s Ore Cart. The winners in the Community class were the Auburn 49er Lion and their “Hunt for Lions”, the 20-30 Club of Folsom with a “Party in the Patio”, and Cooper Landram driving his trash can car.

Each entry was a winner. Each

had its own personality. Each had its own version of funky fun.

After all expenses are paid, any proceeds of this event are forwarded to Seniors First, to benefit Auburn’s senior community with a variety of services, and Auburn 20-30 Club, to buy Christmas gifts for local under-privileged children.

To learn more about this event, go to www.funkboxderby.com.

Senator Gaines Reveals “Worst 11 Of 2011”

Highlights bills that attack our economy, budget and families

Sacramento – With the legislative session concluding last Friday, Senator Ted Gaines (R-Roseville) today revealed the “Worst 11 Bills of 2011.”

“Unfortunately, this list is far from comprehensive,” said Gaines. “But it’s representative of today’s twisted, trivial, irrational and harmful legislative agenda. These bills attack our economy, our budget and our families. I urge the Governor to veto any of them that come across his desk.”

Below are “The Ugly 11:”

Assembly Bill 6 (Fuentes-D) – Eliminates fingerprint requirements for a state welfare program, removing a common-sense provision for receiving benefits and opening the door to massive fraud.

Assembly Bill 499 (Atkins-D) – Undermines families by allowing 12-year olds get treatment for sexually transmitted diseases without telling their parents.

Assembly Bill 889 (Ammiano-D) – Forces parents to provide workers’ compensation and breaks to babysitters.

Assembly Bill 727 (Mitchell-D) – Requires the state to put at least 50-percent “healthy” food in state building vending machines.

Assembly Bill 887 (Atkins-D) – Adds “gender identity” to the list of protected categories for



Senator Ted Gaines

– An illegal tax that charges rural residents potentially thousands of dollars apiece for additional fire protection – then provides no additional fire protection.

Assembly Bill 350 (Solorio-D) – Forces contractors, who are awarded a contract for property services, to keep on the old employees for 60 days, and then hire them if they are not terrible, or the employee can sue the new employer.

Senate Bill 432 (De Leon-D) – An anti-business, micromanaging bill that would have outlawed the use of flat sheets on hotel beds.

The Budget (Budget Committee) – Once again billions out of balance, the budget package is a cruel joke on Californians who deserve a government that focuses on basic services at a price taxpayers can afford.

Assembly Bill 438 (Williams-D) – Makes it difficult for municipalities to staff libraries with private-sector employees, which will contribute to library closures and service cutbacks.

Assembly Bill 844 (Lara-D) – Circumvents federal law against hiring illegal immigrants by granting them eligibility to receive stipends to serve in student governments at California public universities and colleges, where they already receive in-state tuition.

Assembly Bill x17 (Committee on Budget and Fiscal Review)

Volunteers Pitch in to Make River Cleanup a Success

Auburn – About 2,000 volunteers collected approximately 36,000 pounds of trash, appliances, car parts and other debris during the third annual Great Sierra River Cleanup. The event, which is sponsored by the Sierra Nevada Conservancy (SNC), includes a growing list of 50 partner organizations throughout the Sierra Nevada. (A full listing can be found on the SNC Web site: www.SierraNevada.ca.gov.)

“It is refreshing to see so many volunteers spending a few hours to be good stewards of their rivers, lakes and streams,” said SNC Executive Officer, Jim Branham. “About 23 million Californians get their water from the Sierra so it is great to watch the Great Sierra River Cleanup growing in support each year.”

Volunteers scoured beaches and riverbanks to collect paper trash, aluminum cans, plastic bags, cigarette butts, cardboard, glass bottles and other items. Some of the more

interesting items removed during this year’s cleanup include a cappuccino machine, a spice rack, a burned cell phone and a trampoline frame.

Several members of the State Legislature served as honorary co-chairs for the event: 1st District Senator Ted Gaines and 4th District Senator Doug LaMalfa, as well as Assembly Members Connie Conway, 34th District; Beth Gaines, 4th District; Jim Nielsen, 2nd District; Alyson Huber, 10th District; and Bob Wieckowski, 20th District. Senator Gaines also participated at a cleanup in Folsom and Assemblywoman Gaines picked up trash at a site in Auburn.

The Great Sierra River Cleanup took place at 100 sites in the Sierra, and virtually every watershed was included. Plans are already underway for next year. The Cleanup began in 2009 in conjunction with the annual California Coastal Cleanup event. Combined,

the two events make up the largest annual one-day volunteer event in California.

The Great Sierra River Cleanup is presented by the Sierra Nevada Conservancy with major support from PG&E, CalTrans’ “Don’t Trash California” Litter Prevention Campaign, and the California Ski Industry Association. Additional support comes from The Pacific Forest and Watersheds Stewardship Council, Sierra Pacific Foundation, Crystal Geysler, Oracle and Whole Foods Market.

The Great Sierra River Cleanup 2011 is also supported by the California Coastal Commission and the Ocean Conservancy. This event is made possible by the hard work of hundreds of local non-profits and government agencies throughout the state and thousands of volunteers annually.

Source: Sierra Nevada Conservancy

Classic Car Show Comes to Old Town

Auburn – Join other car enthusiasts on Thursday, Sept 29th from 5-9pm on the streets of Old Town Auburn for a blast from the past. The event sponsors expect to have between 100 and 150 classic cars parked for car lovers to see up close on the streets that night. This event is created by the Townsman Car Club of Sacramento, whose purpose is to establish friendship and fellowship with members of common interest in custom and classic “pre-1975” automobiles.

Visit Old Town and see some really classy cars.

For more information call (530) 823-3836 or see www.townsman.org. The next show is October 27th Classic Car Show.



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Prescription medications are the new party drugs. Protect your teen from these dangers by securing and throwing out unused or expired prescription drugs.

And help your teen understand the dangers of prescription drugs by talking with them today. Teens are 42 percent less likely to try alcohol and other drugs if they hear a “don’t use” message from their parents.

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CoalitionforPlacerYouth.org



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TAX HELP from a Tax Pro

Dean Alexander Sr.

Collection Practices, IRS Liens and Levies: Are They Overdoing

This time we want to discuss the Taxpayer Advocate Report to Congress regarding IRS Collection Practices. The Advocate, a congress watchdog, expressed concern about the IRS collection procedures and how it inflicts "unnecessary or disproportionate harm" on taxpayers. Not only does the practice hurt the taxpayer but it affects negatively the money that the IRS collects for back taxes. IRS believes that the more aggressive they are with collection actions against taxpayers, such as liens and levies, the more money they collect for back taxes or tax debt.

The reality, however, points to the opposite results. The Taxpayer Advocate believes that the "data don't bear that out." The increased tax collection mobilization brought opposite results. The report to congress states that since 1999 the IRS increased tax lien filings almost five times (475%) and increased tax levies, either bank levies or wage garnishment, by 600% (six times.) With this massive attack, one would expect that the IRS is now doing a great collection job. The numbers point that collection dollars (adjusted for inflation) went down by 7% over that period.

So, we previously said that Tax liens, Bank levies, Wage garnishments or other levies did not help the IRS if not actually hurt them as the Advocate suggested. It also inflicts considerable damage on the taxpayers who have IRS debts or back taxes. Those who know

say that when the lien is filed you immediately lose 100 points on your credit score. If you were on an ascending mode and you built your credit score to 700 now they put you back at 600 and if you are at 600 and on your way to gaining access to the financial system and possibly the American dream, they put you back at 500.

Employers, credit card companies, renters, mortgage companies and even insurance companies check your credit. They practically shut you off from any decent opportunities. The question is for what? What is the IRS is gaining by this? In many instances, they are gaining nothing. It is sadly funny. When I hold a conference with an officer of the IRS to negotiate an installment agreement, and after we successfully accomplish the agreement, the officer gives me the usual recital, "Now that we have put them on an installment agreement, we will file a lien against them."

When this first happened I was shocked and I reasoned, "Before the agreement my client had no lien, now we do the agreement and we get hit by a lien?" I felt something was wrong. But soon I got trained by the system and when I do an installment agreement, I respond with all dignity and pride in my knowledge, "Yes sir, but of course, sir." Thus we have learned to expect anomalies of the system and worse yet to accept them.

We practitioners fail to voice our opinion as vigorously as we should.

People must not tire of voicing a complaint as long as injustice and arrogance persist. The hope is that congress, based on the noise generated by peoples' unrelenting complaints, will continue to put the IRS under its radar. The Advocate reported that although the IRS has been advised of the consequences of their actions, they are underutilizing available measures such as Offers in Compromise, which is one of the best ways to settle back taxes. As the Taxpayer Advocate puts it, the acceptance of Offers in Compromise is at an all time low. The IRS has filed one million liens against taxpayers. To put it in perspective, there are countries in this world whose population is one million people. So in this case such a country would be one under siege by a taxing authority. Remarkable? Perhaps next time we can propose some solutions along with the ones proposed by the Taxpayer Advocate.

Dean has 30 years experience as a CPA and tax consultant and he is currently on two radio shows. He is the managing director of National Financial Advisors (NFA Tax Help), a national firm headquartered in Houston. He is also a Chartered Financial Consultant and Chartered Life Underwriter. He consults exclusively on tax matters particularly tax audits and tax collections at both the federal and the state levels. NFA Tax Help-(877) 758-8537. www.resolvenytaxes.com



Auburn - History seems to have been made at the Auburn Gold Country Fair where many of the CONNECTIONS authors including James Van Eaton of Winston Smith Books; Edna Sparkes; Suzanne Blaney; Mary Ellen Dempsey; and Donna Howell gathered to sell and sign their books engaging with locals Mike Holmes and Jan and Gary Lord along with Yours Truly who enjoyed chatting with author/PCSO/S.T.A.R volunteers Lura Geil and Ron Montana on a very warm day. CONNECTIONS writers group continues to go and glow and recently hosted Auburn native Art Sommers who gave forth with his Arcadia book on Auburn this past Monday. Looking forward to hosting poet/novelist Monika Rose when she joins CONNECTIONS and reads

Around Town

with Loyce Smallwood

from her book on poetry on Oct. 12 at LaBou in Auburn, home of zesty green curry. Check with the Auburn Library regarding the interesting speakers scheduled for the Noon program. Coffee served; donations appreciated.

As for the status of Big "L", track her down and you'll definitely find she satisfies your sweet tooth. Hint: She's near the trains. And speaking of satisfaction, Jack and I continue to enjoy repast at Wings at the Auburn airport where we are in absolute awe of the Ceronix landscaping complete with glorious flowers, egrets, water canal and dock.

Continue the visual delight by immersing yourselves into the Van Howd experience at his beautiful gallery chock full of amazing sculptures also adorning the adjacent landscaping and The Ridge golf course. Congrats to hardworking pet lover and big-time volunteer Maria Scoggins who continues to rack up



Lura Geil and Ron Montana

the hours at Sutter Hospital where Maria tells me the gift shop offers up a colorful array of affordable gift items. And for those readers who have time to spare, Friends of the Library; Friends of Placer County Book Store and Auburn Community Television will provide you with opportunities to connect with other locals and to give back to your community; just do it.

For more clues on the whereabouts of Big "L"; questions/comments to loy@foothill.net; www.connectionsloyce.wordpress.com.

Six Things to Do Now for a Better Garden Next Year



By Melinda Myers, gardening expert, TV & radio host, author and columnist

As the summer garden season nears an end, don't let your guard down. Keeping up with a few basic chores can improve your landscape's beauty and reduce your workload next season.

Continue weeding. Removing weeds now before they go to seed will eliminate hundreds of weeds next season. Destroy invasive weeds, those that have gone to seed and perennials that may root in the compost pile. And mulch the soil if you haven't already done so.

Keep watering new plantings, stressed and young plants, evergreens, and moisture loving plants as needed throughout the fall. Water thoroughly and whenever the top few inches are crumbly and slightly moist. Check my plant guide for more specifics on your plants watering needs. Properly watered plants are better able to survive the rigors of winter.

Reduce future workloads and improve your garden's health and beauty. A layer of shredded leaves, evergreen needles or woodchips will help suppress weeds, conserve moisture, moderate soil temperatures, and improve the soil as they decompose. Replace faded annuals with cool

season annuals, mums, and other fall plants, decorative squash and pumpkins. And add a few fall containers to your front entrance, patio or deck. It adds color and a feeling of freshness to the garden.

Monitor and manage pests as needed. Keeping plants healthy throughout the growing season increases your overwintering success. Hand pick small populations of insects, rake and destroy disease infested leaves, and always use the most eco-friendly products when greater intervention is needed.

Keep applying animal repellents. Use a long lasting all natural product like Bobbex. Keeping hungry animals away from your landscape will help reduce the future risk of critters moving in and dining on your landscape.

Nationally known gardening expert, TV/radio host, author & columnist Melinda Myers has 30 years of horticulture experience and has written over 20 gardening books, including Can't Miss Small Space Gardening and The Garden Book for Wisconsin. She hosts the nationally syndicated Melinda's Garden Moment segments which air on 89 TV and radio stations throughout the U.S. She is a columnist and contributing editor for Birds & Blooms magazine, hosted "The Plant Doctor" radio program for over 20 years as well as Great Lakes Gardener on PBS. Melinda has a master's degree in horticulture, is a certified arborist and was a horticulture instructor with tenure. Myers' web site is www.melindamyers.com.



Pansies, Diascia and Nemesia.

Fire Bandit All "Washed" Up

From the Office of Sheriff Edward N. Bonner

A 26-year-old man who broke into a Colfax business early Monday morning and started two fires was apprehended by Placer County Sheriff's deputies minutes later.

Brandyn Gene Hall, 26, of Colfax, tackled a security officer while running from the Colfax Car Wash on S. Auburn Street just after midnight Monday. The security guard had been patrolling the



Brandyn Gene Hall

business when he saw someone inside the car wash. The guard called 911 and deputies responded.

Once on scene, a deputy found Hall wandering in the area, looking for his bike. Hall was arrested and booked at the Placer County Jail on charges of burglary, arson and battery of a security officer.

Hall got inside the business by smashing the front door glass. While inside, he started two fires - one in the front office and another in a rear storage area. Deputies were able to put out the fires with their fire extinguishers.

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Wednesday, October 26, 2011 – 9:15 a.m.
Placer County Administrative Center, 175 Fulweiler Avenue, Auburn

UNMET TRANSIT NEEDS WORKSHOP DATES:

Wednesday, October 5
Loomis Train Depot – 10-11 a.m.
Lincoln City Hall - 4-5 p.m.

Tuesday, October 18
Roseville Civic Center – 5:00-6:30 p.m.

Thursday, October 20
Auburn City Hall – 10-11 a.m.
Rocklin City Council Chambers – 1:30-3:00 p.m.

For more information, contact 530-823-4030 or visit www.pctpa.net

Robert Dugan Joins Sierra College Foundation's



Robert Dugan

Placer County – The Sierra College Foundation is proud to announce that Robert Dugan, Director of Government and Public Affairs for Granite Construction Inc., has joined the Foundation's Board of Directors.

Mr. Dugan oversees legislative, political and public affairs for Granite Construction, its operating units and its affiliates at the federal and state level across the United States.

"We are thrilled to have Robert join our board of directors," said Holly Tiche, President of the Foundation. "We are pleased to have such quality community members supporting our college to help students achieve higher education."

Prior to his roles in corporate Public Affairs, Mr. Dugan spent 14 years in and around the State Legislature.

As a senior staff member for the state Legislature, he served over a dozen counties, almost 30 cities and towns, and hundreds of communities in Northern and Central California, specializing in local government, business, economic development, transportation, technology, agriculture and natural resource policy issues.

"I am grateful for the opportunity to serve in the role of board member for such a fine college," Mr. Dugan said. "I look forward to helping create a brighter future for our students."

For more information, please visit www.SierraCollege.edu/foundation, or call the Foundation office at 916-660-7020 or email Foundation@SierraCollege.edu.

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.
Come back every week for Sudoku! For Solution See Page 6.

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ACROSS

1. Lively dance in 2-4 time
6. *A main ingredient of custard
9. Back talk
13. Single-cell protozoan
14. Second person pronoun
15. *Type of flour used in many cakes and cookies
16. Surfaces or coats, v.
17. Cash giver
18. "Played" during school
19. Hurries
21. *Chocolate square
23. To do this is human
24. *Some candy bar wrappers are made of this
25. Ceiling prop
28. It goes up and down
30. Run off
35. Flying saucers
37. *Type of chocolate
39. *The sweet in sweet tooth
40. Child's inanimate friend

DOWN

1. Between generations
2. Wet nurse
3. Bulgarian money
4. Like one with high BMI
5. *Baked confection
6. Young hawk
7. Acquired
8. Southern soup
9. Best in _____
10. Also spelled "eon"
11. Japanese vodka
12. Eye infection
15. Greater than sum of parts? pl.
20. Wear away
22. Relieve from
24. Add vitamin D to milk, e.g.
25. *A Judy Blume character
26. State of entanglement
27. _____prosequi
29. Opposite of yin
31. Mongrels
32. Once more
33. Disease often associated with dogs

CLUES

34. "All the news that's fit to _____"
36. Member of eastern European people
38. Bingo-like game
42. Where deer and antelope play
45. Plural of genus
49. Neither here _____ there
51. *English _____
54. One of Ben Franklin's inventions
56. Oil tanker
57. Letterman, to his buddies?
58. African chieftain
59. Same as solos
60. Pout
61. Smell badly
62. Novelist Roberts
63. Armor chest plate
66. Zip or zilch

For Solution See Page 7

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"Keeping the Faith"

By Ronnie McBrayer

I've made a habit lately of studying the Amish. I use the word "study" loosely as this is not a simple curiosity of mine or some kind of theological experiment. My exploration flows out of a deep respect and admiration for their faith and spirituality.

We English (that's what the Amish call us outside their communities) recognize them because of their familiar beards, horse-drawn buggies, fine woodworking, or barn-raising, but there's a lot more to this group than sturdy furniture and firm dispositions. They have a lively, vibrant faith despite their archaic lifestyles.

The Amish (and their cousins the Mennonites, Brethren, and a few other groups) I have come to know are lovers and active makers of peace. They value simplicity above almost any other thing. They love their families and community, and they have a profound trust in God. This trust, employing a good Amish-German word, is called "Gelassenheit."

"Gelassenheit" is usually translated into English as "submission" or "to yield," but it is so much more. It is a total letting go of entanglements. It is a relinquishment of the self. It is

Don't Pray for Rain

an exchange of human, personal will for a "thy will be done" kind of life – not a blind, hopeless fatalism, but a defiant and restful faith in God.

One Amish farmer summed up "Gelassenheit" like this: "We don't pray for rain," he said. "But we are thankful to God when the rain arrives." This perspective gives the Amish a completely different understanding of "the will of God" than most of the Christian universe.

Many of us have been taught, tacitly or overtly, that "God's will" is this magic be-all-end-all, which, if discovered, can end all the angst and indecision of life. So we chase after and fret over what God wants us to do, thinking there will be complete and total disaster if we miss the secret plan he has for us. We twist and writhe in the anguish of our decisions, never feeling good about any choice we make.

Finally, we conjure up all the bravado or foolishness we can muster, smile through gritted teeth, and give a direction a whirl. If it all works out, we praise God for his magnificent direction. If it is a belly-flopping disaster we scratch our heads, feel terribly ashamed, and blame God or our weak faith for leading us the wrong way.

The truth is, most Christians really want to do what God wants us to do; we want to do "the will of God." Equally as true, however, is this: There is no exact formula for finding this will. This does not sound very spiritual, but in my experience, finding God's will is as much about trial

and error as it is about praying and seeking. And yes, sometimes it ends in a big mess.

Maybe we can take a cue from the Amish and neutralize the mystery of finding and doing God's will. Maybe we can learn to simply trust God with our life and our circumstances. Maybe, if we keep hitting the wall, we can stop, listen, and trust for a while. Maybe we can learn to yield our own wills, or at least stop using God's name to sanction our decisions.

Maybe we can stop putting ourselves through the torturous exercise of chasing after something we can't even define. Here is the thing the Amish can teach us: Rather than trusting an exact path and direction for your life, just trust God with your life. After all, God is bigger than your plans. God is stronger than your failures, and God never fails to reward those who seek after him. You can find peace by quit trying to figure out what to do for God and simply rely upon God.

Meister Eckhart, an old medieval mystic from Germany who knew a few things about "Gelassenheit" himself, wrote: "God wants no more from you than you letting go of yourself. Then you can let God be God in you." If that's not God's will, then I don't know what is.

Ronnie McBrayer is a syndicated columnist, speaker, and author. His books include "Leaving Religion, Following Jesus" and "The Jesus Tribe." Visit his website at www.ronniemcbrayer.net.

I'm Not Broke, I'm Just Financially Challenged

By Rev. James L. Snyder

As I was listening to the President give his speech on the country's economy last week I was simultaneously trying to balance my checkbook. Math was never my strong suit. In fact, when it comes to math, I do not wear a suit at all. I would wear my birthday suit but it is too wrinkled and believe me, spandex is stretching it too much.

Oddly enough, my checkbook balance is never the same as the balance on the statement from the bank. My bank's haughty assumption is that they are right and I am wrong.

The thing that gripes me is, as much money as I am paying my bank through all of the miscellaneous fees, I should not have to balance my checkbook. That should be a service gladly rendered by my financial institution.

The last time I was in my bank, I coyly suggested this to the teller and she looked at me, laughed as though I was telling her a joke and then handed me a lollipop. Believe me; balancing my checkbook is no joking matter.

As I was working over my checkbook, I was groaning, moaning and sighing rather deeply. Enough so, that it disturbed my residential companion. Finally, she said to me in that sarcastic tone of voice reserved just for me, "What's got you so disturbed tonight?"

At first, I did not want to tell her. After all, it is my responsibility to balance the checkbook. We have a wonderful give-and-take relationship. My responsibility is to deposit money into the checkbook while her responsibility is to make sure the checks fly out of our checkbook as quickly and smoothly as possible. Then, somebody at our financial institution came up with the brilliant idea of the check card. Now the money flies out faster than it ever did before.

Our money flies faster than the

speed of sound, but occasionally my groans do catch-up, and tonight was one such night.

I looked at my wife, swallowed several times, and then blurted out, "I think we're broke."

After I said that, I did feel a little bit relieved. However, it did not last long.

"What do you mean 'we're broke'?"

The way she emphasized the word "we're" caused me a little bit of uneasiness.

"I mean," I tried to explain; "we have run out of money."

"Why should that get you all riled up," she said with a little bit of chipper in her voice. Just a little more than I was comfortable with under our present circumstances. "The President's on television right now telling us that the country's broke. So I guess that means we're all in the same boat."

Both of us were quiet as we listened to the President continue his speech on the economy. Actually, I was a wee bit more concerned about the economical condition of my checkbook than the country's economy.

I'm broke simply because I have more bills than I have money.

The country is broke because it spends money on things other than bills. And, when the government runs out of money all it has to do is to print more money. The thing that really aggravates me is that if I would treat my checkbook like the government treats its checkbook the government would have me arrested and thrown in jail for the rest of my life. Which, upon further thought, may be a plan out of my desperate economic disposition. For in jail, the government would pay all my bills.

In jail, I would not have a grocery bill. All of my medical needs would be taken care of by good ole Uncle Sam. I certainly would not have to save money for a rainy day.

Further consideration brought me to the conclusion that I may

not like some of the people in prison. After all, there may be former politicians who are locked up for some scandalous activity they were caught at. Who wants to spend their time with that crowd?

Just as I was sinking deeper into the slough of despondency, my wife, as usual, came to my rescue. If I gave her a nickel for every bright idea she has come up with in our married life I would be broke. Which, by the way, may be why I am broke now.

Her amazing solution was simply this, "We're not broke, we're just financially challenged."

Why do I never come up with all of these brilliant ideas? Being broke is one thing but being financially challenged is something altogether different. I do not want to be broke. Now, thanks to my wife, I am no longer broke I am simply financially challenged.

That sounds so much better. I worried my heart sick thinking I was broke when in reality I was merely financially challenged. I wonder if I could somehow get this message to our dear President. If I can get him a message I would simply say this, "Mr. President, our country is not broke as you are insinuating. We are simply financially challenged."

Everybody has his or her own solution to problems. Especially if it is a political problem. I like how the Bible puts it. "There is a way which seemeth right unto a man, but the end thereof are the ways of death" (Proverbs 14:12 KJV).

Someone said it like this, "a rose by any other name is still a rose."

The Rev. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife, Martha, in Silver Springs Shores. Call him at 352-687-4240 or e-mail jamesnyder2@att.net. The church web site is www.whatafellowship.com.



By Marlys Norris, Christian Author

Some people believe they can live without God in their lives. They miss their true destiny and walk a path completely out of the will of God for their lives. Scripture clearly tells us "Do not be wise in your own eyes, fear the Lord and shun evil. This will bring health to your body and nourishment to your bones." (Proverbs 3:7) "Blessed is a man who finds wisdom, the man who gains understanding." (Proverbs 3:13)

God who created heaven and

Words for the Wise

earth has a beautiful fulfilling life for each person who decides to walk in the Way He has set before us in His Holy Word. He loves you to the "utmost". The book of Proverbs can help you read and understand how deeply God desires each one of us to take steps of faith and have our lives blessed by Him. Stay in tune with God! One of my favorite Scriptures is "Delight yourself in the Lord and He will give thee the desires of your heart. Commit your way to the Lord, trust also in Him, and He shall bring it to pass." (Psalm 37:4-5)

As you read the Bible and His message to you Underline those precious words that speak to your heart and soul. Every time you read them you will be encouraged and understand more than you did the first time you read them. If the passage seems profound as to where you are that moment in time - put a * to indicate it is important and you want to read it again and again. I have done

this for years in all of my Bibles and have been blessed. Sometimes I write peoples names or even dates I want to remember. Someday I pray whatever I have marked will bless someone, somewhere.

Every promise written in God's word has a condition we must meet to see it answered. If the promise is for someone - pray for them and write their name next to the promise. Then wait for God to answer your prayer and mark the date answered. People believed this many years ago, but it is no longer true - Leaving your Bible without an indication that you never read it - is not a significant religious thing to do. People will pick up and read a old Bible with notes in it, otherwise it will hardly be touched, maybe even given away to some worthy cause.

Marlys Johnsen Norris, Author Marlys5934@sbcglobal.net "Intimacy Begins Going God's Way" "God Moves Mountains, It was a Miracle"

Look for Lions on the Streets

By Paula Mosqueda

Auburn - Members of the Auburn 49er Lions and the Auburn Host Lions Clubs will take to the streets of Auburn on October 7th - 8th to raise funds as part of the annual White Cane Days. Funds donated will allow Lions to meet the pressing needs in our community by promoting and aiding in vision care.

Lion members thank everyone who contributes to this important work. You are truly helping Lions make a difference in our community.

The Auburn 49er Lions meet every Thursday at 6:45 am at Marybelle's Restaurant. The Auburn Host Lions meet every Wednesday at noon at the Tahoe Club.

Lions clubs are a group of men and women who identify needs within the community and work together to fulfill these needs. For more information or to get involved with the Lions club, please contact the 49er Lions at auburn49erlions@gmail.com or visit the Host Lions' web site at www.auburnhostlions.org.

Lions Clubs International is the world's largest service club organization with more than 1.3 million members in approximately

45,000 clubs in more than 200 countries and geographical areas around the world. Since 1917, Lions clubs have aided the blind and visually impaired and made a strong commitment to community

service and serving youth throughout the world.

For more information about Lions Clubs International, visit the Web site at www.lionsclubs.org.

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4	3	2	5	9	1	7	8	6
9	7	1	2	6	8	4	3	5
6	8	5	3	4	7	9	1	2

Sudoku Puzzle on Page 5

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Science to Spur US Economy

As Leaders Turn to Science to Spur U.S. Economy and Competitiveness, Researcher Says Science Needs to Work Smarter

Commentary by
Scott M. Tyson

The U.S. and other advanced economies are looking to science and technology advancements to spur economic security and growth. Meanwhile, the political season has prompted fierce debates over the return on investment in research and the role of science in shaping public policy. Never before has science held such contrasting, controversial and conflicting roles in the national conversation.

Is the nation wasting money on ineffective research, which sustains bloated scientific institutions and parochial agendas over the greater needs of society and humanity? Can America regain its competitive edge and continue to lead the world into a brighter future through greater spending in science, technology, engineering and math? Billions of dollars invested in science and math education, drug development and bioengineering, new energy technologies and climate research have thus far not produced the answers the public expected to national issues and crises. And while those investments may have produced a few meaningful and practical benefits, they have done little in inspiring bold, new visions.

Scott M. Tyson—an award-winning scientist who worked at national laboratories, in industrial research and development centers, and academia, and who advised the Office of the Secretary of Defense for much of his 30-year career—says meaningful answers won't come from simply how much is spent. Instead, what is required is a meaningful vision for humanity and overcoming a rigid scientific culture that serves more to stifle advancements and discovery rather than help move the U.S. and the world forward to the next scientific revolution.

Unless scientific culture changes and opens its mind to new ways of looking at old and unresolved challenges, the nation will only reap incremental rewards from scientific investment, he argues.

"A thorough scientific understanding of the universe has remained elusive, and every time a physics experiment fails to achieve its stated goal, the scientific

community says we need a bigger, more expensive experiment," said Tyson, the author of the recently released book *The Unobservable Universe*.

"It's the complete opposite of what we need to be doing; rather than spending money in a useful fashion, science has become institutionalized in support of narrow scientific doctrines and cosmological perspectives. We need to better understand our failures if our true goal is to achieve new, grand scientific successes."

Tyson's career involved research at IBM's VLSI Laboratory, Johns Hopkins University's Applied Physics Laboratory, Sandia National Laboratories, Westinghouse's Advanced Technology Laboratory and the Air Force Research Laboratory. He holds 15 patents on new space technologies.

This year, Tyson authored and released *The Unobservable Universe* in hopes of reinvigorating a national scientific dialog and movement to rethink what modern science has assumed it knows about the universe.

In more than three decades spent researching and developing material for his book, Tyson found scientific development is stymied by empirically unfounded assumptions combined with flawed and incomplete scientific interpretations, which scientists continue to inadvertently embrace as scientific truth. Meanwhile, the culture of institutionalized science and doctrinal thinking has prevented the sorts of corrections that occur in other fields, such as the investment industry or the medical industry.

With fresh questioning, open thinking and new technology applied to paradoxes and mysteries new and old, the roadblocks to solutions upon which humanity increasingly and vitally depend might soon be eliminated and pressing problems might be solved in a more timely fashion, Tyson says.

And, with the nation's scientific future at the crossroads, it's never been more important to begin revisiting flawed and incomplete scientific theories and interpretations, which have closed off entire pathways to achieve key national

agenda items such as clean, inexpensive, sustainable energy development.

"Our world is at a crucial crossroads and in a deeply precarious situation in which the prospect for preserving or improving the quality of life on earth is now questionable. The path to a better, more secure future might literally be right under our noses," Tyson says.

"But the scientists who could lead us away from fossil-fuel and nuclear-based energy production schemes to a new, clean, cheap, bountiful and benign energy production scheme are hamstrung within rigid institutional agendas and doctrines that prevent, at least in part, such goals from being achieved. Continuing to invest billions won't move us forward unless we also rethink a scientific culture that has lost its ability, interest and motivation to produce world changing results."

The conversation is one of critical timeliness. President Obama is calling for new investments in American innovation and has proposed increasing the nation's research and development investments, as a share of GDP, to its highest levels since President Kennedy. The President is also pledging to prepare an additional 100,000 science, technology, engineering and math teachers by the end of the decade.

Scott M. Tyson has devoted much of his 30-year career to developing new technological approaches and sustainable strategies for space and defense applications. Long-recognized as a pioneering problem-solver and "big picture" futurist, Tyson's groundbreaking innovations have accelerated the advancement of space electronic solutions—including the invention of manufacturing processes, which protects electronics used in space from disabling radiation. The holder of 15 patents in space technology, Tyson's work continues to have a profound impact on the way scientists and laymen alike view themselves and the world around them through his first book, The Unobservable Universe. Tyson lives with his wife, Janna, in Albuquerque, N.M. (www.theunobservableuniverse.com)

Barack Obama's Patriotism, and Everyone Else's

Commentary by
Rob Schwarzwalder

Barack Obama wants you to know he is a patriot. You see, he offered legislation to foster employment during the Sept. 8 joint session of Congress, and if you disagree with him, you are not a patriot—which, ergo, means he is one.

Consider the progression of his remarks about Republicans over the past month:

"The only thing keeping us back ... is the refusal of some in Congress to put country ahead of party. Some in Congress would rather see their opponents lose than the country win." - August 11, 2011, Holland, Mich.

"The only thing preventing us from passing these bills is the refusal by some in Congress to put country ahead of party." - Weekly radio address, August 20, 2011

Okay, so "some in Congress" are so obtuse that they are willing to sacrifice the good of the country for the benefit of their parties. An arguable proposition, that, but for the sake of argument let's presume it might be true. Anyone who puts party ahead of country is a scoundrel, and deserves dressing-down from our President. Fine and good.

However, Mr. Obama clarified his comments further when, speaking to a loud and angry crowd of union executives and workers on Monday in Detroit, he said the following:

"We're going to see if we've got some straight shooters in Congress. We're going to see if congressional Republicans will put country before party. We'll give them a plan,

and then we'll say, do you want to create jobs?" - September 5, 2011, Detroit, Mich.

Suddenly things burst into perspective: It's not "some in Congress" who are the problem - it's Republicans! Those flag-loving Democrats are fighting the evil, unpatriotic GOP for the sake of the masses - er, the people.

How do we know this? Because our President tells us that to disagree with his jobs bill is to put party ahead of country. To disagree with Mr. Obama is to be unpatriotic: In the lectionary of modern American politics, this is a self-evident, axiomatic reality, at least according to Mr. Obama himself.

This is not the first time Mr. Obama has demeaned those who disagree with him. Consider his words to Sen. John McCain (R-Ariz.) at last year's Blair House health care summit: When McCain said something Mr. Obama disagreed with, the latter said, "We're not campaigning anymore. The election's over."

Later at the same event, after Rep. Eric Cantor (R-Va.) challenged the President about some health care issue, Mr. Obama said, "These are the kind of political things we do that prevent us from actually having a conversation."

Nice and neat: Agree with the President, and you're serious, apolitical, patriotic. Disagree, and you are a political hack, a mere partisan whose tendentious affectations betray insincerity, cynicism, even evil motives.

I believe Mr. Obama loves America, although his understanding of our country varies

significantly from my own. I am offended, however, that he would suggest that disagreement with his agenda is unpatriotic: Free and conscientious dissent is at the very heart of what it means to be a true American.

Those on the Left believe that their enlightenment is so transparent that to differ with them demonstrates one of three things: Innate stupidity; a failure on the part of the Left itself to communicate clearly and simply enough that the unlettered bourgeoisie can understand it; or ill-will and malign intent.

In other words, it is incomprehensible to the Left that people honestly disagree with them. As Thomas Sowell wrote in his book, *The Vision of the Anointed*, the Left's understanding of life and the world "so permeates the media and academia, and has made such major inroads into the religious community, that many grow into adulthood unaware that there is any other way of looking at things."

Mr. Obama appears to take rank with the "many" of Dr. Sowell's description. It is left to the rest of us, the wrong and ignorant (Mr. Obama's view of us, apparently) - those who disagree with him - to try to save the nation from policies we believe will wreck it. His policies, that is - patriotically intended they might be, but disastrous and unconstitutional and corrupting nonetheless.

Robert Schwarzwalder is Senior Vice President at the Family Research Council, 801 G Street N.W. Washington, D.C. 20001. P: (202) 393-2100

U.S. Response to Attack on Israeli Embassy Inadequate

Sacramento Region - Move America Forward, the nation's largest pro-troop, grassroots organization, said "The tepid response by President Barack Obama to the outrageous Egyptian attack on the Israeli Embassy in Cairo is totally inadequate and a continuation of the President's abandonment of Israel, our closest and most dependable ally in the Middle-East."

The White House released a statement that "The President expressed his great concern about the situation at the Embassy, and the secu-

urity of the Israelis serving there..." and called "on the Government of Egypt to honor its international obligations to safeguard the security of the Israeli Embassy."

"President Obama has not learned from the experience of the United States under another weak President, Jimmy Carter, when Iranian Islamic extremists took over the U.S. embassy in Tehran. Our U.S. President should exhibit a little backbone and stand firmly with our ally, Israel," said Sal Russo, Chief Strategist for Move

America Forward. "The President should have condemned the slow response from Egyptian authorities in protecting the sovereign territory of Israel at their Embassy in Cairo. This government-sanctioned lawlessness is unacceptable. This is no time to remain tepid when being bullied by Islamic extremists. The President should be forceful and exhibit leadership on the side of protecting the vital interests of Israel in the Middle-East."

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POPOFF!

with Mary Jane Popp

another with dignity, they become more connected and are able to create more meaningful relationships. Yet, surprisingly, most people have little understanding of dignity. So Dr. Hicks examines the reasons why and offers a new set of strategies for becoming aware of dignity's vital role in everyday life.

The good doc then told me there are ten **Essential Elements of dignity**. Here are five:

- 1) **Acceptance:** Approach people as being neither inferior nor superior to yourself.
- 2) **Inclusion:** Make others feel that they belong.
- 3) **Fairness:** Treat people justly and you would treat anyone else.
- 4) **Benefit of the Doubt:** Treat people as trustworthy.
- 5) **Accountability:** Take responsibility for your own actions.

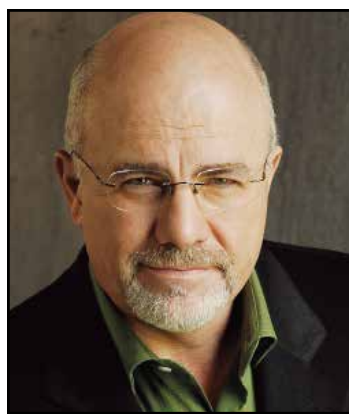
Then Dr. Hicks went on to list the ten Temptations to Violate Dignity, which include these five:

- 1) **Taking the Bait:** Don't let bad behavior of others determine your own.
- 2) **Saving Face:** Don't lie or deceive yourself. Tell the truth about your actions.
- 3) **Avoiding Conflict:** Don't avoid confrontation when your dignity is violated
- 4) **Blaming Others:** Don't blame or shame others into deflecting your own guilt.

My one negative observation to Dr Hicks exploration about dignity was how to factor in those who do not deserve dignity such as Islamic terrorists, serial killers, and suicide bombers to name just a few. In essence, she means those who have no conscience for their actions. How can they be included? Dr. Hicks agreed that, for this type of person, dignity may not apply. Having interviewed serial killers in prison, and having looked into those vacant eyes as they described the murders to me like you and I tell what we had for dinner, I really don't think they care any more about dignity than they did the lives they took. Maybe, it's because they don't care about themselves either. But, for the rest of us relatively sane and normal folks, perhaps it is prudent to follow some of Dr. Hicks' ideas about dignity, both for ourselves and others.

One last thought from Dr. Hicks. With alternatives to forgiveness, so both sides can repair the relationships without losing their own dignity in the process may be the path to healing. As Dr. Hicks illustrates, if dignity tears us down, dignity can build us back again. Oh, if only that were true for this crazy world to be a saner place.

Join Mary Jane for the KAHI Noon News Monday-Friday and then again for POPOFF 10 PM-Midnight.



Dave Says

six months of expenses as quickly as you can. In your case, I'd recommend leaning toward the six month side. Second, you guys need to have no life for the next year or two, and get very serious about paying off as much debt as possible after you get your emergency fund in place. I'm talking about following a very strict budget, and living on rice and beans. Bottom line? The less debt you have, the better off you'll be.

Wouldn't you love to be debt-free and have six months of expenses in the bank before they perform this operation? You can do it, if it becomes important enough to make it priority one!

- Dave

12 months from now. This is a prime example of what happens when a church adopts the same mentality as the rest of the world. The Bible itself warns us that the borrower is slave to the lender!

- Dave

I Want to Open a Franchise, but...

Dear Dave,

I've always been intrigued by the restaurant business and wanted to open one of my own. Recently, the opportunity presented itself to open a McDonald's franchise. I really want to do this, but it would take years for me to save up the money. Is it okay to borrow money to start a business?

- Jim

Dear Jim,

It will take longer to save up the money and open the business debt-free, but that's exactly what you should do. Most small businesses fail within the first five years. One of the main reasons for these failures is the struggle to repay debt.

If you're into restaurants, try starting small with a catering business out of your home. This will give you a taste of managing your own food service business, and let you know if you really like that kind of work.

It will also give you the opportunity to make and save some money. That way, when your restaurant dream becomes a reality you can honestly say that you own the business instead of it owning you!

- Dave

* For more financial help, please visit daveramsey.com.

Dave Ramsey is a personal money management expert, popular national radio personality and the author of three New York Times bestsellers - *The Total Money Makeover*, *Financial Peace Revisited* and *More Than Enough*. In them, Ramsey exemplifies his life's work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age, and give generously to others.

Prepping for an Emergency

Dear Dave,

My husband needs a liver transplant within the next two years, because he has Hepatitis C. We make about \$70,000 a year, but we have \$25,000 in debt. He's still able to work right now, and we have health insurance, but how can we prepare for the operation and medical bills?

- Nikki

Dear Nikki,

God bless you guys. It's going to be tough, because you're going to face a lengthy loss of income, and sky-high medical bills even if everything goes well. I'm really sorry you have to go through this. Life can be hard enough without major health issues knocking you for a loop.

The good news is that there's something you can do about all this, and it all starts with saving. First, set aside an emergency fund of three to

Who's Liable?

Dear Dave,

I attend a small church with about 100 members. There is a \$97,000 mortgage at 8.75 percent on the building, and the note was signed only by the pastor. In the event of default, are the members of the congregation liable?

- Charlene

Dear Charlene,

Unless you signed the note, you are not liable. If the pastor signed the note personally, or on behalf of the congregation, it would actually depend on the wording in the note as to who is liable in case of default.

But this whole situation is kind of silly, and I'll tell you why. If everyone in the congregation gave an extra \$83 a month in their tithe - that's only about \$20 more every Sunday - you could have this mortgage knocked out in a year! There's absolutely no reason for your church to be in debt

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1 - 4pm: The Dave Ramsey Show
4 - 7pm: The KAHI Afternoon News with Dave Rosenthal and the KAHI News Team
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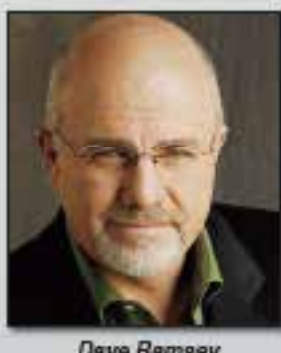
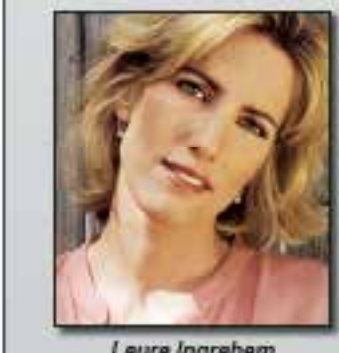
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Arts, Entertainment and Other Fun Things to do!

Golfers to Help Keep Pets and People

Placer County – Banfield Pet Hospital® associates and area pet lovers are donating their time and resources to host a game of golf on Monday, Oct. 3 at the Lincoln Hills Golf Club. Participants will enjoy 18 holes of golf and a BBQ to support local pets in need. Proceeds from the event will support the Banfield Charitable Trust (BCT), a nonprofit organization that helps pet owners facing challenging situations keep their pets with them and avoid surrendering them to shelters. Funds raised at the event will benefit pets

in the Sacramento area. Registration is now open. Interested participants are encouraged to secure a spot today. Team registrations are also available. **When:** Monday, October 3, 2011 at 8 a.m. Check-in begins at 7a.m. **Where:** Lincoln Hills Golf Club, 1005 Sun City Lane, Lincoln, CA **Pre-Registration:** Registration for individuals is \$100 Registration for groups of four is \$95/person Registration to attend the BBQ only is \$40/person Register online at:

www.fairways4fido.eventbrite.com **On-site Registration:** Register the day of the event from 7 a.m. – 8 a.m. for \$125 **Contact Info:** fairways4fido@yahoo.com Banfield Charitable Trust is the largest nonprofit solely devoted to preventing the separation of pets from their people. BCT directly touches the lives of more than 250,000 people and pets each year through the generous support of donors and more than 4,000 volunteers nationwide. Learn more at banfieldcharitabletrust.org.

Youth Basketball is

Auburn – The Auburn Recreation District (ARD) announces registration is open for the largest Youth Developmental League (YDL) for boys and girls interested in playing basketball this fall/winter. This is the league in the foothills. YDL emphasizes skill development, teamwork, and sportsmanship for athletes in grades 3 to 8. Players are divided into teams based on the school they attend; homeschool players are placed on teams from their home area. Players come from Colfax, Foresthill, Newcastle, Loomis and Auburn. Practices are held once or twice a week at local schools beginning December 1. Games are played on Saturdays beginning in January and ending in March.



YDL Basketball Players Sylvia Sloss and Emma King. Photo: Kurt Burtilson

All teams are coached by volunteer coaches. ARD is looking for men and women 18 years and older who are interested in volunteering to coach a team. Cost is \$100 in District and \$105 out of District. Financial aid is available for families who qualify.

Registration is open until October 21. Sign up on-line www.auburnrec.com, mail, or walk-in registration. For more information contact League Director Jerry Fisher (530) 885-8461 ext. 112.

Applegate Library Book 'n' Bake Sale

Friends of the Applegate Library will hold its Annual Fall Book 'n' Bake Sale on Friday and Saturday September 23 from noon to 4 p.m. and September 24 from 9 a.m. to 2 p.m. at the Applegate Community Center, 18014 Applegate Rd. The event

will be the soft opening of the Friends' new BOOKS IN BACK facility at the ACCC. This new permanent space will be a boon to both the Friends' and the many loyal customers of its book sales. New and used books and baked goods will be available. The

Friends of the Applegate Library provide ongoing donations for new library materials and provide the Applegate Library's Children's Summer Reading Program. More info at (530) 392-3041

Bayside Auburn's Prayers and Squares

"Knock Your Socks Off" Chili Cook-Off

Bayside Auburn is a small but growing church in the Foothills of the Sierra. The Bayside Auburn Quilt Prayer Ministry, otherwise known as Prayers and Squares, is holding The Second Annual "Knock Your Socks Off" Sheila Trimmer Memorial Chili Cook-Off on Sunday, October 2, from 5-7 p.m.

Awards will be given for judged chili and "The Peoples Choice." A \$5.00 donation gets you all the chili tasting you can handle, a ticket for you to decide "The Peoples Choice Award", and a choice of your favorite condiments. Hot dogs and your favorite

soft drink will be available for purchase. All proceeds benefit The Bayside Auburn Quilt Ministry (Prayers and Squares) For more information call (530) 885-9400.

Hats Off to Your Health

18th Annual Senior Health Fair & PIRS Tools for Living Expo

Auburn – Seniors are invited to wear their favorite hats to "Hats Off to Your Health," Wednesday, October 12, from 9 a.m. to 1 p.m., at the Auburn Gold Country Fairgrounds, 1273 High Street, Auburn.

"Hats Off to Your Health" will feature complimentary health screenings (Hearing, Blood Glucose, Blood Pressure, Nutrition, Physical Therapy, Chiropractor, Dentist, Optometrist, Massage Therapy, Breast Health, Depression, Pulmonary Function, FREE

Flu Shots), and an Assistive Technology Expo. In addition, more than 50 senior health providers from the community will provide information on various resources available to seniors throughout Placer County such as housing options, health insurance, in-home assistance, etc.

Complimentary coffee and donuts will be served in the morning provided by Auburn Host Lions Club; soup and sandwich with fresh fruit will be available starting at 11 a.m. for \$5. Entertainment includes Clifford's

Kids, playing ukulele, and Pacific Standard Time, a traveling singing quartet group, and door prizes throughout the day.

Event is hosted by Auburn Multipurpose Senior Center, Auburn Recreation District, Help At Home Senior Care, Placer Independent Resource Services, Sutter Auburn Faith Hospital/ Sutter Roseville Medical Center® Sponsors are Auburn Ravine Terrace, Emerald Hills and Plum Healthcare. For more information, call Veronica @ (916) 343-3481.

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Saturday, October 1 vs. Omaha Nighthawks - 4pm

Entertainment Stage Presents: Walking Spanish - 1pm Tailgate Party

Saturday, October 15 vs. Virginia Destroyers - 4pm

Entertainment Stage Presents: J. Gib & Simps Da 45 - 1pm Tailgate Party

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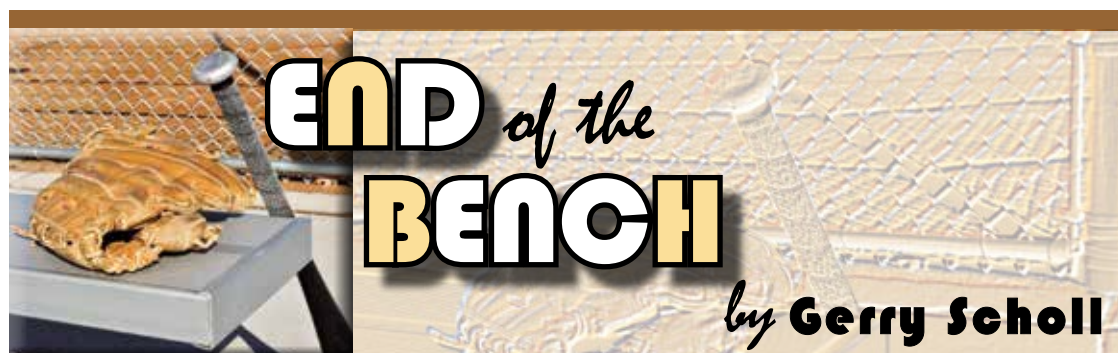
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END of the BENCH

by Gerry Scholl

Know How, No Way, No Win

It was a no-win situation Sunday for 49ers coach Jim Harbaugh.

When a penalty flag flew as David Akers connected on a 55-yard field goal to give the hosts a 24-14 lead in the fourth quarter, Harbaugh was faced with an instant dilemma. Should he accept the 15-yard mark off against Dallas, advancing the football for a first down at the Cowboys' 22-yard line with just a seven-point lead, or keep the three points, the 10-point advantage with 11:16 to go in the game, and try holding on for the win?

Could he trust his shaky offensive unit to, at least, run three more plays without committing a turnover and then have special teams convert another field goal with considerably less time left on the clock? Or, should he trust his porous defensive unit to hang on, with the points already on the scoreboard, against a more experienced, prolific Dallas offense?

Which unit should the coach have confidence in? The 49er offense only managed 206 total yards for the day. The defense allowed 427 passing yards. The chances are the Niners would have still had to make a relatively long field goal. No matter the time, the Cowboys would have been airing it out against the weak 49er secondary. No clear choice.

San Francisco is a regrouping team under another new coach trying to come together in short order, and playing it out conservatively in the early going. Perhaps the coaching staff feels a more aggressive style at this point would lead to more costly mistakes by a team that really

doesn't know how (and doesn't have the personnel) to take that approach. In this case, conservatism may have cost them a game, a 27-24 overtime loss.

It's a good thing Harbaugh has a five-year contract, because the long haul is where it's at for him and the 49ers. So far, some things are trending in the right direction. Historically, special teams have typically been deemphasized by the 49ers. This season they are undoubtedly a bright spot. Turnovers have been a huge problem in recent years. Thus far the team has just one in two games. Third-down conversions have been few and far between during the QB Alex Smith era, and the team converted just one of twelve in week one. The 49ers went 8-for-16 in week two.

Still, no-win situations abound for San Francisco. Pro Football Weekly's 10-person panel predicted a Dallas win by nine to one. They saw this game as no win for the Niners.

The off season player lockout particularly hurt teams in transition, such as the Forty Niners. The short preseason allowed little time to build cohesion. The team has been mired in mediocrity through a number of previous regimes, with coaches coming and going like promises. The infinite limbo of the new stadium possibilities and the condition of aged Candlestick Park, among other things, make it an unattractive destination for players.

The team can't win with the fans either. Fabled Candlestick has degenerated into what is generally

considered the worst venue in the league. Ticketholders are disheartened by the situation, and the deteriorating atmosphere around the park, and the team's poor performance through the last decade.

That was never more evident than Sunday. It was too apparent that many, many so-called Niner fans sold their tickets for profit to more rabid Cowboys fans.

To this life-long resident of northern California it is always incredibly annoying to hear any substantial support of the opposition in the home stadiums. That the Dallas fans presence was so overwhelming Sunday was—well—disheartening. What's the deal with this Cowboys craziness around here?

I got a hair cut last week and my super cutter had to mention "Her Team" was playing here this week.

"Are you from Texas?" I asked.

Of course the answer was, "No." She added, "I always liked their colors. Blue is my color."

What the heck makes northern Californians root for a nemesis opponent from Texas?

Cute colors. The Star on the helmets. Brainwashing by all the "America's Team" propaganda. Are the female fans infatuated with the "cowboy" idea? Are the males all googly-eyed from watching too many episodes of The Dallas Cowboys Cheerleaders on TV? Did they grow up hating their 49er-fan parents and they have gotten behind the Cowboys just to spite them?

What a bunch of losers.



ROCK DOC

By Dr. E. Kirsten Peters

Once I had a case of influenza so bad I missed close to a month of graduate school. I ran a fever and coughed until it felt like my whole world was turned upside down. Because I'm a geologist, not a medical doctor, I nicknamed that bout of illness "the plague." But what I experienced was a walk in the park compared to the real McCoy.

The sheer virulent power of plague is a tale of human history that's a warning ringing across the centuries. But the story takes its most interesting turn recently, as science has been unraveling more and more mysteries of the Black Death.

The first widespread outbreak of the plague we know about started in 541 A.D. Called the Justinian Plague because it started under Byzantine emperor Justinian I, it ran off and on for several decades.

We don't know much about how widespread the Justinian plague was in Europe because written records were not being kept in many places at that time. But it certainly killed a meaningful fraction of the population we do know about, at one point killing thousands per day in Constantinople (Istanbul).

Modern science has taught us that the plague lives in rat

Dancing with Death Over the Centuries

populations. It's often transmitted from rat to rat and from rat to people via flea bites. Improved sanitation measures that get rid of rats can help limit the plague.

But, of course, modern sanitation was not even a distant dream back in Justinian's day.

The story of the plague next jumps (like a flea?) to the Black Death of Medieval times. We know more about it across Europe because more written records were being kept in a variety of places. In London, for example, wise town fathers in 1348 established a special cemetery for those who died of the plague — a cemetery that lay outside the city walls to try to keep the dead from infecting the living. In two years, a staggering one-third of London's population died of the plague, filling the graveyard quickly where bodies were interned five deep. European culture of the era was simply never the same after the cataclysm of the Black Death.

The Medieval plague had some different characteristics from the plague of modern years. The Medieval victims sometimes exuded a deathly stench, and the bubonic variety created buboes — painfully enlarged lymph glands. The pneumonic variety was passed directly from person to person by coughing. That mode of transmission made the Medieval plague all the more effective at killing a lot of Europeans in quick order.

Recently more scientific information about the London outbreak of 1348 has come to light. Using advanced technologies of the sort that have even been applied to the remains of animals as old as the Ice Age, researchers have looked for DNA from the plague in the remains of the Medieval dead. The

work is made possible by DNA sequencing machines, a high-tech way to isolate, categorize and sum up the DNA information in small and "broken" samples of ancient DNA.

The research work on the Medieval plague has confirmed that even though there were some differences between the Black Death of the Middle Ages and the plague sometimes found in Africa and India today, the same bacterium caused the malady. The powerful bug is called *Yersinia pestis*. It's not found in European graveyards that date before the Black Death, but it is found in human remains in places like the London mass graveyard established outside the city walls.

The great good news for us today is that antibiotic drugs kill bacteria, the cause of the plague in all its forms. They don't help with viral infections — like the one that laid me low long ago as a student — but they can help enormously with bacterial infection. That — plus improved sanitation — has created modern populations that haven't had enormous trouble with the plague for a long time.

Science is still learning about the Black Death. Let's hope our luck continues good while science works out the details of what made the plague so very deadly in the past.

Dr. E. Kirsten Peters, a native of the rural Northwest, was trained as a geologist at Princeton and Harvard. Follow her on the web at rockdoc.wsu.edu and on Twitter @RockDocWSU. This column is a service of the College of Agricultural, Human, and Natural Resource Sciences at Washington State University.

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A Case in Point

The Case Of The Rambling Roots

By David Graulich, Esq.

Garfunkel was having a dispute with his neighbor, Simon.

Simon had an impressive 30-year-old Monterey pine tree on his property. Simon was very fond of the tree and even had a pet name for it: Mrs. Robinson. The powerful roots of the pine tree extended beneath the property line into Garfunkel's backyard. Mrs. Robinson's roots were displacing the tiles on Garfunkel's patio and threatened to penetrate the foundation of Garfunkel's house.

Garfunkel sought to confer with Simon about the problem. Simon, who had no need for friendship and who was frequently away from home performing with a folk-music group, replied with a non-committal shrug of his shoulders.

"I've tried talking with the guy," Garfunkel complained to his wife, Cecilia, "but all I get from him is the sound of silence."

Garfunkel decided to take action. He hired Julio, a general contractor, to excavate Garfunkel's backyard and cut off all of Mrs. Robinson's roots on Garfunkel's side of the property line, down to a depth of about three feet.

When Simon returned home from a performance at Scarborough Fair, he was enraged to discover that Mrs. Robinson was unstable and dying. Simon alleged that Garfunkel's surgery on the roots had fatally injured the tree. He sued Garfunkel for the costs of replacing the tree with another Monterey pine.

Garfunkel's attorney, Parsley, asked the judge to throw Simon's case out of court. Parsley's sage advice to Simon was that a private landowner, acting solely on his own property, had an absolute right to

sever the roots of a neighbor's tree.

Parsley informed the judge, "California law has long recognized the right of a landowner to remove encroaching roots and branches from his property, and this right is absolute."

Will Garfunkel win?

To find out, let's examine an actual California appellate decision from 1994, *Booska v. Patel*. The facts resemble the hypothetical dispute between Garfunkel and Simon.

Booska and Patel were neighbors. Booska had a Monterey pine in his yard whose roots extended into Patel's yard, where they were cracking Patel's walkway. Patel hired a contractor to cut and remove the roots that were underneath his own property. Booska sued Patel for negligence, claiming that Patel's actions killed the tree.

Prior to 1994, California courts followed the old English common law of land ownership. The rights of a property owner included the land surface, the air space above the surface, and everything underneath the land surface down to "the center of the earth." A Latin expression often cited by the English courts was translated as, "Whoever owns the soil also owns to the heavens and to the depths."

Patel won the first round when the trial court dismissed Booska's claim. Booska appealed, and the case went before the Court of Appeals, First District, which is based in San Francisco.

That's when California's tree law changed dramatically.

The appellate court reversed the trial court and decided in favor of Booska. The rights of a property

owner, the court said, are "not absolute." A property owner's rights in management of his own land are tempered by his larger duty to act reasonably. "The possessor's right is bounded by the principles of reasonableness, so as to cause no unreasonable risks of harm to others in the vicinity."

In other words, neither Patel nor anyone else in California has an absolute right to do whatever he likes on his property, without regard to the impact on others.

Getting back to our hypothetical case, what should Garfunkel have done differently? One example of a "reasonable" act: get a qualified arborist out to the property to examine the situation. The arborist could have advised on whether the pine tree's roots might be severed, and to what degree, without harming the tree. (Some local governments offer such an advisory service to residents for little or no cost).

Another reasonable act: get a mediator involved and try to resolve the problem consensually before taking it to court. Litigation is emotionally draining and can create years of hard feelings. Most communities provide mediators and dispute resolution facilitators who specialize in neighbor v. neighbor conflicts. Whether the dispute involves Garfunkel and Simon or you and a neighbor, the services of a skilled mediator can truly be a bridge over troubled waters.

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DMV: "Ask George"

Expert Answers to Common DMV Questions



By George Valverde - Director, California Department of Motor Vehicles

Do you have questions about general driving related requirements like registration and insurance?

Are you unclear about laws and restrictions related to driving?

The California Department of Motor Vehicles has answers.

"Save Time by Going Online," at www.dmv.ca.gov.

Q: I live in an area with light rail (public rail transit) vehicles, which is new to me. What steps should I take to share the road safely with the light rail?

A: Light rail vehicles have the same rights and responsibilities as other vehicles on the road, except that they are much larger. To make sure you give them the space they need and share the road properly, take the following precautions:

- Be aware of where the vehicles operate and take note of what could be a blind spot for the operator.
- Do not turn in front of a light rail vehicle as it approaches
- Leave plenty of space between you and the light rail vehicle, particularly if it's sharing the road with vehicular traffic.
- Approach tracks carefully and only cross over them when indicated by a signal or when you are sure there is no approaching light rail vehicle.

To learn more, visit www.dmv.ca.gov. Save time. Go online!

Q: Sometimes on the weekends or late at night while I am driving, I see drivers operating their vehicles recklessly, and I am concerned that they may be drunk drivers. How can I report a drunk driver?

A: In partnership with the Office of Traffic Safety and the California Highway Patrol, the DMV strongly urges you to report drunk drivers when you see them. Call 911 and help the CHP identify a drunk driver before they harm themselves or anyone else. Your call absolutely makes a difference, and can help keep the roads safe! To learn more about drunk driving, visit www.dmv.ca.gov.

Q: I recently moved and need to submit new information for the DMV's records. Can I do this online?

A: Yes. You can download a "Change of Address" form from the DMV website and submit it to your local field office. Besides submitting a form, you can also change your address online at

www.dmv.ca.gov if you are eligible. It's fast, convenient, and secure! Simply go to the DMV Web site, and then click on "Change of Address" under the "Online Services" tab at the top of the page. From there, it explains the process and you'll be able to start this process. Please note the restrictions on the page to be sure you are eligible for this particular online transaction. Either way, you can utilize the DMV Web site for this process. Save time. Go online!

The DMV is a department under the Business, Transportation and Housing Agency, which is under the direction of Acting Undersecretary Traci Stevens. The DMV licenses drivers, maintains driving records, registers and tracks official ownership of vehicles and vessels, investigates auto and identity-related fraud, and licenses car dealers, driving schools, and traffic violator schools. For more information about the DMV, visit www.DMV.ca.gov.

Governor Brown Announces Appointment

Sacramento—Reed Sato, 58, of Granite Bay, has been appointed Chief Counsel for the Department of Toxic Substances Control. Sato has been Director of Enforcement at the State Water Resources

Control Board since 2006. He was Deputy Attorney General for the California Department of Justice from 1994 to 2006, and was a partner for Washburn Briscoe McCarthy from 1992 to

1994, after working as an associate with the firm from 1990 to 1992. This position does not require Senate confirmation and the compensation is \$139,200. Sato is a Democrat.



Brian Golden

The IF in Life: "What will I do if that happens?"

the future with "What will I do if that happens?"

You can't go forward in life when you are caught up in the past. Although you can learn from the past, you can't change it. Getting caught up in thoughts of "if only I had done such and such then things would have been different," is a total waste of time.

Learn the lessons your past has to teach, then focus on the ifs of the present. Rather than becoming stressed when faced with many ifs, be thankful you live in a country that provides the freedom to have so many choices.

Is serve a valuable role by enabling you to evaluate various options. One pitfall is inaction as a result of

becoming overwhelmed by all of the choices. Doing nothing is at times a valid option, but only when it is intentional, not as a result of indecision.

Make the best decision you can and move forward. Don't become immobilized due to paralysis by analysis. Often, a person is afraid to make a decision because they can't guarantee the outcome. Some people even project negative scenarios for every if they are considering.

"What if I change jobs and then I'm unhappy? What if I go out on a date and then the other person rejects me? What if I paint my living room and then don't like the color? What if I get my car fixed and then it breaks down again?"

A person who always assumes a

negative outcome for each option most likely doesn't make any decisions at all. Or when they do, they subconsciously program their mind to produce, or attract, the very outcome they feared.

Why not anticipate a positive outcome? It takes no more effort, yet conditions your mind to produce or attract good things. You don't have to be afraid. Make your best pick based on all the information you have at the time. The negative ifs listed above could be altered to provide a better chance of success.

"What if I change jobs and then I'm really pleased with my new position. What if I go on a date and then we get along great? What if I paint my living room and then love

the new look? What if I get my car fixed and then it serves me reliably for many more miles?"

So what if things don't turn out the way you had hoped? Then you come up with some more choices and change what you don't like. Don't be hard on yourself. No one gets it right every time. All you can do is consider all of the options and then make an intelligent, informed decision.

Just as it's pointless to bemoan the past, it is also a waste of energy to fret about the future. When you become engrossed with the ifs of tomorrow, you take your attention away from the ifs of today.

The best way to plan for your future is to pay attention to the ifs of the present. The person who

worries about what happens if they are not happy tomorrow, isn't going to be happy today. A better approach is to concentrate on completing the following: "If I'm going to be happy now, then I have to do _____ today."

Life doesn't stand still and neither should you. Welcome the ifs as an opportunity to live the way you want to.

Now Available: "Dare to Live Without Limits," the book. Visit www.BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com or write him c/o this paper. © 2011 Bryan Golden

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