

# Placer Sentinel

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Volume 21 Issue 11

Serving Auburn and Placer County since 1987

First Issue of October, 2010

## Two Named Placer County's Prosecutors of the Year



Left to right are David Tellman, Doug Van Breemen and District Attorney-elect Scott Owens.

**Placer County** – David Tellman and Doug Van Breemen, two veterans of the District Attorney's Office, have been named Placer County's Prosecutors of the Year.

The two received the award at a meeting of the Placer County Board of Supervisors.

Tellman and Van Breemen received the honor on the strength of their jury trial convictions in 2009 of two men who murdered another man in a case that also involved illegal drugs and the torturing of the victim.

District Attorney-elect Scott Owens, who presented plaques to the two prosecutors, said the torture-murder case had been "incredibly complex" but that Tellman and Van Breemen worked patiently and diligently in gaining the convictions.

"This was a homicide that produced more than 13,000 pages of reports," Owens said after the awards presentation. "The hard work and dedication of these two prosecutors, along with that of the investigative agencies, led to the successful conclusion of the case."

Kirk Uhler, chairman of the Board of Supervisors, praised Placer County law enforcement agencies and the District Attorney's Office for their teamwork in fighting crime, calling them "the envy" of other counties in California.

"We've got a hell of a team in our county," he said.

For Tellman, a senior deputy district attorney, it is the second consecutive year that he has been a co-recipient of the county's Prosecutor of the Year award.

In 2009, he and Senior Deputy District Attorney Suzanne Gazzaniga shared the award for their successful prosecution of a former Placer County Sheriff's sergeant in a murder case that had been unsolved for more than 26 years.

Tellman and Gazzaniga also won statewide honors for their success in that trial. The two were named Prosecutors of the Year for medium-sized counties by the California District Attorneys Association.

In the latest Placer County award, Tellman and Van Breemen were honored for proving to separate juries in a single trial last year that defendants Donald Hugh Sherman and Peter Schoemig were involved in the 2006 slaying of Sherman's cousin.

The case was unusual in that it involved the separate juries, spanned two jurisdictions in California and Nevada and had a trial that ran five months with the inclusion of attorney motions, jury selection and testimony from witnesses.

Tellman said investigators from the Placer County Sheriff's Office, the Washoe County Sheriff's Office in Nevada and the Placer District Attorney's Office spent "thousands of hours" on the case after the body

of the victim was discovered in a mine shaft in Nevada in 2006.

"Investigators also served hundreds of subpoenas and warrants, many of them on reluctant and hostile witnesses," Tellman said.

In the trial, one jury convicted Sherman of first-degree murder and of the torture of his cousin, Guy Farmer, whom Sherman believed had stolen chemicals needed in an illegal drug-manufacturing operation in Penryn. Sherman is now serving two consecutive life sentences in prison without parole.

The second jury convicted Schoemig of first-degree murder after determining that he too was involved in the killing of the victim, who had been poisoned. Schoemig was sentenced to 25 years to life in prison.

Tellman, a 16-year veteran of the Placer County District Attorney's Office, is a graduate of Colfax High School and of the University of California at Santa Barbara. He earned his law degree from the University of the Pacific McGeorge School of Law.

In 2006, Tellman was named regional Prosecutor of the Year for Central California by the California Narcotics Officers Association.

In late 2008, Tellman and Gazzaniga began the trial of former Sheriff's Sgt. Paul R. Kovacich, whose wife disappeared in 1982. Evidence, which included the top

portion of the missing woman's skull, eventually surfaced and allowed Auburn police to arrest Kovacich.

The partial skull, which had a bullet hole in it, was found in 1995 in a dry lakebed of Rollins Lake in Colfax. The jury determined that Kovacich used a firearm to shoot his wife in the head and convicted him of first-degree murder.

The jury reached its verdict in January 2009 and Kovacich is now serving a state prison sentence of 27 years to life.

Van Breemen, a nine-year veteran of the Placer DA's Office, is a graduate of La Habra High School in Southern California and of Cal Poly Pomona. He attended night classes at Western State School of Law in Fullerton while working fulltime in the insurance business.

He earned his law degree in 1996 and joined the Placer District Attorney's staff in 2001, winning honors from Mothers Against Drunk Driving in 2004 for his work on DUI cases.

During his tenure in the office, Van Breemen has handled a variety of felony cases, including gang-related crimes and three-strikes cases. Since January of this year, he has handled major narcotics cases and worked as the lead liaison between county narcotics officers and the District Attorney's Office.

## Thousands Volunteer for Great Sierra River Cleanup

**Auburn** – An estimated 4,500 volunteers collected approximately 151 tons of trash, appliances, car parts and other debris during the Second Annual Great Sierra River Cleanup today. The event, which is sponsored by the Sierra Nevada Conservancy (SNC), involves dozens of partner organizations throughout the Sierra Nevada.

"It was a huge success and we are thrilled at the turnout and the enthusiasm for this event," said SNC Executive Office, Jim Branham. "Sixty-five percent of California's water supply comes from the Sierra so it was great to see so many people coming out to be good stewards of their rivers, lakes and streams."

Volunteers scoured beaches and riverbanks to collect paper trash, aluminum cans, plastic bags, cigarette butts, cardboard, glass bottles and more. Some of the more interesting items removed during this year's cleanup include shopping carts, a bottle of moonshine and a boogie board.

The Great Sierra River Cleanup took place at more than 125 sites in the Sierra, virtually every watershed was

included. Plans are already underway for next year. The Cleanup began last year and is conducted in conjunction with the annual California Coastal Cleanup event. Combined, the two events make up the single largest one-day volunteer event in California.

The Great Sierra River Cleanup is presented by the Sierra Nevada Conservancy with major support from CalTrans' "Don't Trash California" Litter Prevention Campaign, Sierra Commons, and Waste Management Inc. Additional support comes from The Pacific Forest and Watersheds Stewardship Council, Sierra Pacific Foundation, The Houston Group, CalRecycle, the California Ski Industry Association, Crystal Geysers and Nature's Path.

*The Great Sierra River Cleanup 2010 is also supported by the California Coastal Commission and the Ocean Conservancy. This event is made possible by the hard work of hundreds of local nonprofits and government agencies throughout the state and thousands of volunteers annually.*

## First 5 Placer Appoints Dayle Edgerton as New Commission Chair

**Auburn** – First 5 Placer has named Dayle Edgerton as chairman of the Children and Families Commission for Placer County. She will lead the Commission in developing strategic plans that invest Proposition 10 (tobacco tax) revenues in programs that support brain development for children ages 0 to 5. Edgerton's term will be complete in 2012. She has served as a member of the Commission since January 2006.

Edgerton's experience as a school nurse in Placer and Sacramento Counties for the past 24 years has given her insights about working with children and families. She enjoys working with children and embraces serving her community. In addition to being Commission chair, she facilitates a network meeting of Placer County nurses, and serves on a countywide Emergency Preparedness Committee.

An important part of the Commission's charter is to involve the community when developing early childhood educational and outreach efforts. As an extension of her duties for First

5 Placer, Edgerton participates in a regional health initiative for children in the Sacramento region – Healthy Kids Healthy Futures.

"It is exciting to be in a position to identify and support community partners that provide needed services to benefit the families of Placer County," said Edgerton. "My goal as chair is to successfully steward the Commission as we seat three new commissioners and begin a new round of funding."

Parents who have suggestions or feedback can reach First 5 Placer at (530) 745-1304, or visit [First5Placer.org](http://First5Placer.org).

**About First 5 Placer Children and Families Commission:**

*The First 5 Placer Children and Family Commission is an autonomous, self-governing commission appointed by the Board of Supervisors. The purpose of the Commission is to promote, support, and optimize early childhood development, prenatal through age five. For more information on First 5 Placer, visit [First5-Placer.org](http://First5-Placer.org).*

## Neighborhood Center of the Arts Holds Car Show

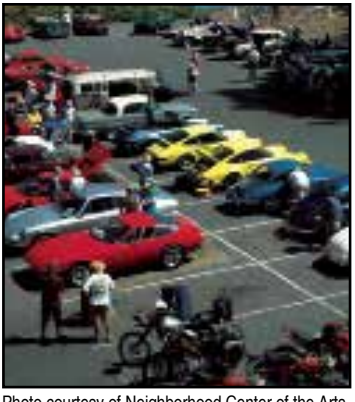


Photo courtesy of Neighborhood Center of the Arts.

**Grass Valley**—The Neighborhood Center of the Arts in conjunction with Sierra Sports Car Group is proud to announce The OctoberFest Exotic Car and Motorcycle Show to be held Saturday, October 16, at the Neighborhood Center of the Arts in Grass Valley.

In addition to viewing rare, exotic and historic automobiles on a photogenic hilltop overlooking Grass Valley, the event coincides with the 2010 Western Nevada County Open Studios Art Tour and Sale as an added attraction,

to help showcase the incredible works of art within NCA's expansive facility.

Sierra Sports Car Group is comprised of dedicated enthusiasts for the use and restoration of exotic sports cars. A wide range of classic and modern vehicles will include the finest from England, Germany, France and Italy produced by renowned automakers, Ferrari, Porsche, Mercedes, Alfa Romeo, Austin Healy, Triumph and more! Many one-of-a-kind prototypes ranging from a nimble Messerschmitt

to specialty raccars will be displayed along with vintage motorcycles from Norton, Vincent, J.A.P. and others.

An inaugural car show held earlier this year exceeded all expectations with the great variety of vehicles and public attendance. The fact that many of these cars have never been seen at other venues only added to its uniqueness. Now with live music, food, beer, wine and NCA's participation with Western Nevada County Open Studio Art Tour & Sale, OctoberFest is sure to

be a popular event for the entire family.

The Neighborhood Center of the Arts cordially invites the public to a day of art, nostalgia, music, food, awards and fun while benefiting our very special community of developmentally disabled artists.

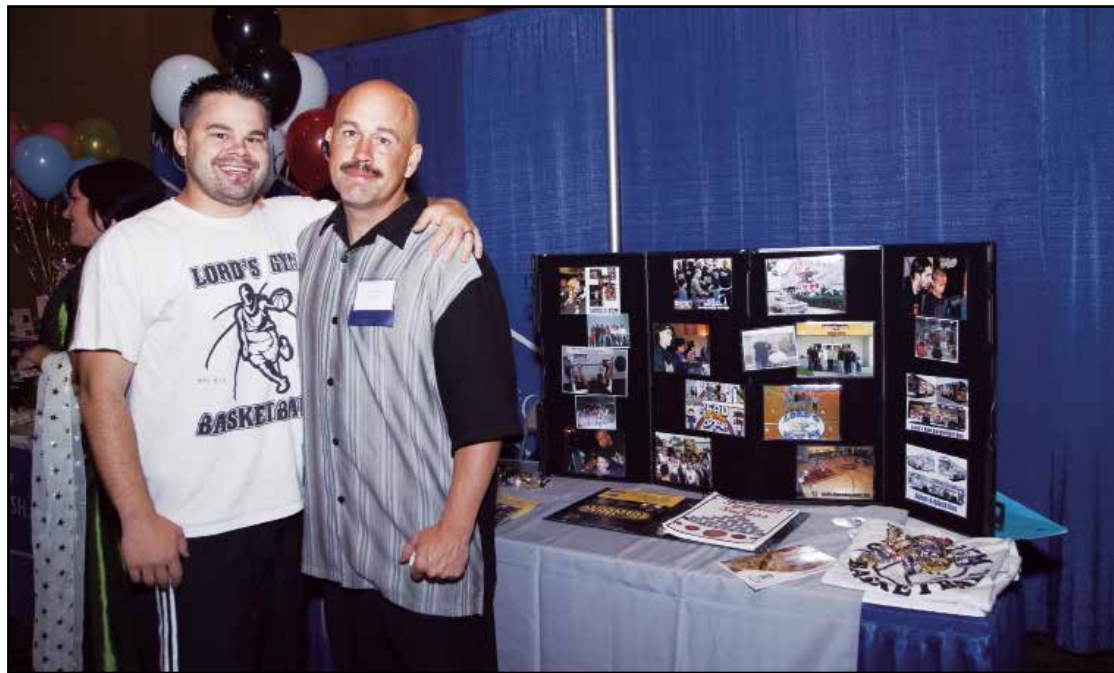
**Who:** Sierra Sports Car Group  
**What:** OctoberFest Foreign Car and Motorcycle Show, fundraiser for Neighborhood Center of the Arts  
**When:** Saturday, October 16, 2010 from 10am to 3pm

Where: 200 Litton Drive, Grass Valley, CA95945 Parking Lot (located up the hill from Briar Patch Coop on the left side)

**Contact:** Ameer Medeiros, (530) 272-7287 [ncadirector@nccn.net](mailto:ncadirector@nccn.net), [www.neighborhoodcenterofthearts.com/events](http://www.neighborhoodcenterofthearts.com/events)

*Car show registration forms available online at:* [www.sierrasportscargroup.com/carshow](http://www.sierrasportscargroup.com/carshow) [www.neighborhoodcenterofthearts.com/events](http://www.neighborhoodcenterofthearts.com/events)

# Placer County Nonprofits Help Kick Off Regional United Way Campaign



Lord's Gym in Roseville helped United Way California Capital Region kick off its annual giving campaign that includes Placer County.

Placer County – Hundreds of people from across the greater Sacramento area learned more about Placer County nonprofits as part of United Way California Capital Region's 2010 Kick Off event. The annual event was held at the Sacramento Convention Center on Sept. 9 and kicked off the campaign where employees at companies throughout the region designate a portion of their paycheck as a donation to local nonprofits.

The Lord's Gym in Roseville and PEACE for Families in Roseville

and Auburn set up booths during the agency fair and spoke with potential donors and volunteers. The Kick Off event included an agency fair of more than 100 nonprofits from across the region, as well as a breakfast that included entertainment and speakers.

United Way California Capital Region is the region's leading provider of innovative solutions on the community's most pressing issues, including high school graduation rates, household financial stability and obesity. Working with other nonprofits, businesses, donors and

volunteers, United Way provides positive, measurable results on vital health and human services issues. Through new and traditional fundraising and mobilization programs, community members can give, volunteer and advocate in support of the causes they care most about, benefiting United Way and hundreds of nonprofits in Amador, El Dorado, Placer, Sacramento and Yolo counties. United Way is an independent, local affiliate of United Way Worldwide. For more information, visit [www.yourlocalunitedway.org](http://www.yourlocalunitedway.org).

# ARD Basketball League is Back

Auburn – Dust off those sneakers and pump up the basketball; it's time for the Youth Developmental Basketball League in the foothills. Open to kids in grades 3 through 8 the Auburn Recreation District is currently forming teams. Boys and girls from Auburn Area schools including Colfax, Weimar, Meadow Vista, Foresthill, Georgetown, Loomis, Newcastle, Penryn, and of course Auburn are welcome to participate. High school boys and girls are

encouraged to sign up for training to be officials.

All levels of ability are accepted; this is a developmental league with the emphasis on skill development and sportsmanship. "ARD know who they are. They are committed to a mission of exposing kids to the game, having fun, and leave the heavy competition to other leagues. They expect coaches and players to role model positive sportsmanship and they give high school kids a chance

to make money and give back to the game through officiating," Wade Wolff, 4th grade coach. Teams begin practices the first of December with game play starting Saturday January 8.

Coaches and assistants are all volunteers. "I have coached basketball with ARD for the last two years. It has been a great experience for me and my son. ARD gives kids a chance to play with kids from their school, ARD is fair play for all," said 4th grade coach Steven Birch. Kids who are homeschooled are encouraged to participate on a team from the school closest to their home.

Signing up is easy; log on the website [www.auburnrec.com](http://www.auburnrec.com) and sign up electronically, come by the customer service office at 123 Recreation Drive or stop by your local school to pick up registration forms. Sign-ups will continue through October 15; no guarantees for late registration. Volunteer coaching forms are also available on line or at the District office. If you have any questions please feel free to contact league director Jerry Fisher, 530-885-8461, ext.12.

# Auburn's Crop Hunger Walk Steps Off Oct. 10

Auburn – Walkers for the Auburn Crop Hunger Walk are assembling on Sunday October 10, 1:00 p.m. at St. Luke's Episcopal Church, Lewis & Orange Streets. People of all ages and dogs on leashes are invited to participate in the 3-mile walk around Auburn.

Auburn's 15th annual walk, helps serve those in need locally, across the United States and in more than 80 countries world wide by providing assistance to families and communities affected by disasters, poverty and hunger.

In 2009, 242 participants raised \$11,651 to help alleviate hunger and assist displaced persons.

"This is an ecumenical effort by a lot of local churches to raise money to fight poverty, feed hungry people and provide disaster relief both locally and throughout the world", said Larry Soderman, chairman of the Auburn CROP Hunger Walk committee. "Of all the pledges received, 25 percent remains in Auburn and goes to the Salvation Army and Interfaith

Food Closets." Soderman has been involved with the walk since it began 14 years ago and has chaired the committee for ten years.

Sue Dings, who has been on the Crop Walk committee since its inception said "Its inspiring to see so many people walking together from a variety of churches and organizations, wanting to help. They are willing to walk 3 miles to experience what less fortunate people must do daily just to get water or food."

CROP, which stands for Communities Responding to Overcome Poverty, is sponsored by Church World Service. In 1946, Church World Service grew out of the desire by U.S. churches to help people recovering in WW II Europe and Asia, providing 80 percent of all the relief supplies from the North American voluntary agencies.

This fall marks the opening of the 41st year of CROP Hunger Walks with the theme: "Ending hunger one step at a time". The Auburn Crop Walk will join a nationwide net-

work of Church World Service hunger fighting walks in which some 2,000 U.S. communities participate throughout the year.

Participants will gather at 1 p.m. to register and turn in their pledge sheets. At 1:30, the walkers step off together, rain or shine, on a route winding throughout downtown Auburn. There are short cuts available for those with more spirit than walk-ability. Water and rest rooms will be available at Pioneer United Methodist Church.

Larry Soderman said: "Because of the great current need, we are hoping to enlist many more walkers this year to help raise funds for those struggling to have enough to eat".

For more information, or pledge envelopes, call Larry Soderman, (530) 888-8656.

Auburn's 15th Crop Hunger Walk, Sunday, October 10, 2010 1:00 p.m. St. Luke's Episcopal Church, Lewis & Orange Streets.

# Vampire Insects Awareness Day

Roseville – Want to learn more about mosquitoes, ticks, and other bloodsucking bugs? Want to learn more about the services provided by the Placer Mosquito and Vector Control District? Well then, come to Vampire Insects Awareness Day on October 9!

To celebrate the move to its new Roseville location, the District is holding an open house event geared towards providing information about mosquitoes and other disease vectors and prevention of vector-borne disease. The public will also have the opportunity to see all the gear and equipment used to conduct surveillance and vector control, as well as meet the technicians who serve their particular areas. Event attendees, both young and old, can participate in the following activities at the event:

- Bug Zoo – see and touch some common and not-so-common arthropods!
- Dip for Wigglers and Tumblers – experience how we conduct surveillance for mosquito larvae!
- Feed the Mosquitofish!
- BYOMB – Bring your own mystery bug for identification!
- Crafts, facepainting, and balloon animal stations!

"This is a great way for us to let the community know what we do to help protect public health," states Joel Buettner, General Manager for the District. The event takes place on October 9th from 9:00 to 11:00 a.m. at the main District office at 2021



District opens doors to public and provides education on blood-sucking pests

Opportunity Drive, Roseville, CA.

The Placer Mosquito and Vector Control District would like to remind residents that everyone can help in vector control efforts.

### 3Ds of Protection

- Residents are encouraged to incorporate mosquito control and prevention into their daily lives by practicing the 3Ds of Prevention.
- DRAIN any standing water that may produce mosquitoes.
- DEFEND yourself and your home against mosquitoes by using an effective insect repellent, such as

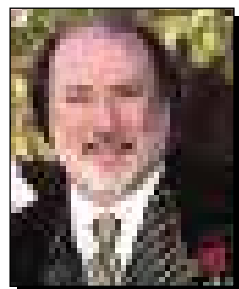
DEET, Picaridin, or Oil of Lemon Eucalyptus, dressing appropriately by wearing long sleeves and pants when outdoors, and keeping door and window screens in good working condition.

• Contact the DISTRICT for help. We are here to serve you. Call us at (888) 768-2343, or visit us online at [www.placermosquito.org](http://www.placermosquito.org).



## Placer Sentinel

Serving Auburn and Placer County since 1987



### Publisher—Paul V. Scholl

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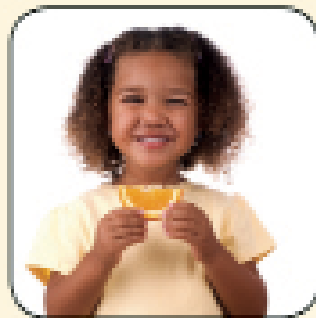
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## First 5 Placer presents the 2010 Partner Network Outcome Faire



Friday, October 15th 10 a.m. – 2 p.m. at the Westfield Galleria at Roseville

- Listen to music
- Enjoy free children's activities
- Meet the First 5 Placer funded Partners
- Learn about services for your child



Funding community resources that support families and encourage the healthy development of children prenatal through age 5.

For more information please visit [www.First5Placer.org](http://www.First5Placer.org) or call (530) 745-1413.

# American Red Cross Urges Families to Check their Smoke Alarms

**Sacramento Region** – The American Red Cross Capital Region Chapter is urging everyone to help save lives by making sure their home is protected by smoke alarms.

“The largest percentage of home fire deaths occur in homes with no smoke alarms or alarms that don’t work,” said Christy Woods, Preparedness Director for the Capital Region Chapter. “Smoke alarms provide a few minutes of advance warning in the event of a home fire, and that extra time can save lives.”

People who do not have smoke alarms in their home should have them installed, and those with smoke alarms should make sure they have been properly maintained and updated.

Smoke alarms should be installed

on every level of the home, as well as inside bedrooms, and outside sleeping areas of the home. People should test their smoke alarms once a month by pushing the test button, and replace alarm batteries at least once a year. Other smoke alarm safety recommendations include:

Installing a new smoke alarm battery immediately if an alarm chirps, warning that the battery is low.

Teaching children what the smoke alarm sounds like, and what they should do when they hear it.

Keeping the alarm clean by vacuuming over and around it regularly. Dust and debris can interfere with the alarm’s operation. Do not paint over the smoke alarm.

Moving the alarm farther away from

the kitchen or bathroom if the device is sounding nuisance alarms. Never disable a smoke alarm.

The Red Cross also recommends that families create and practice a home fire escape plan, which should include at least two escape routes for every room in the home. Families should choose a convenient meeting place outside of the home and practice their escape plan at least twice a year.

More information on home fire safety is available on [www.redcross.org](http://www.redcross.org). People can help those affected by home fires and other emergencies by making a financial donation to the American Red Cross at [www.redcross-crc.org](http://www.redcross-crc.org) or by calling a group of volunteers annually.

# The Sierranaders to Hold Annual Cabaret Dinner Show

**Auburn** – The Sierranaders are having their annual Cabaret dinner show coming October 15 in Auburn (Grange Hall, 3185 Bell Rd) and on October 16 in Grass Valley at the old senior center/fairgrounds/ 11350 McCourtney rd . Dinner starts at 6:30 PM.

So that’s a dinner and a show for \$15 (Children under 12 are \$12). The dinner, served to you at your table, will be lasagna, and will include salad, French bread, dessert, and water or coffee. Other beverages are available for sale, including soda, beer,

wine, and cocktails.

We sing A Cappella- no instrumental background- in 4-part harmony and the show will include chapter quartets, the dynamic duo of Ozzie & Sally, as well as the chorus. The MC will give some history of the songs, so this will be interesting and educational as well!

Song selection will vary from the 1936 Oscar winning "Lullaby of Broadway", to "Oklahoma" from that play & show, to a counterpoint of four nursery rhymes- four rhymes sung at the same time-, so there will

be a nice variety of songs. Good old-time music with words you can understand, that tell a story, without screeching guitars or heavy pulsating drumbeats!

I’m sure you will really enjoy the show- so treat yourself to a night out. You deserve it! And perhaps bring some friends or co-workers?

To order tickets, please call 530-823-0339, 530-346-2757, or 916-408-2130. Also, tickets can be bought on-line at <http://sierranaders.eventbrite.com> (10/15/10 show)

# Job Demand & Hiring Trends Looking up for Local Companies in the 4th Quarter of 2010

**Sacramento Region** – More Sacramento regional employers will be hiring in the next three months than during this same period last year. Fifty-eight percent (58%) of 100 top companies report they will seek workers in October, November and December of 2010, an increase of six percent (6%) over the Fourth Quarter of 2009. While more regional companies are hiring in the latest quarterly poll of employers by Pacific Staffing, thirty-seven percent (37%) say they are motivated to hire only for replacements in their existing workforce.

As Sacramento regional employers regain market traction and new orders, hiring for growth has also grown by a small percentage over 4th Quarter last year. Twenty-seven percent (27%) of companies polled directly by telephone, or two percent

(2%) more than in 2009, say they will increase their workforce in the next three months. Seven percent (7%) of hiring is attributed to seasonal demand.

These incremental increases in regional hiring and planned growth are tempered by the continuing problems noted in some specific industry areas. Seven of ten Construction-oriented companies report they are not hiring anyone in October, November or December. One regional Manufacturer reports they will be laying-off ninety-eight percent (98%) of their workforce in the 4th Quarter.

For those seeking employment among the area’s top companies customer service/sales, manufacturing and industry specific technical skills are in high demand in the next Quarter. Experience with software spe-

cific to manufacturing, construction estimating and computer assisted design (CAD) were noted. Sacramento employers are also seeking workers with experience in product assembly, warehouse and shipping over the next three months.

The top challenge ahead for HR pros in the area is concern about how to manage changes in healthcare benefits and costs relating to new laws. Twenty-two percent (22%) of companies polled report concern over healthcare reform, increasing costs and management of company benefit programs.

*How does this Quarter compare to last quarter, or last year? Find out for yourself, for more information & surveys go to [www.pacificstaffing.com](http://www.pacificstaffing.com).*

# The Placer Farm & Barn Tour is Back!

**Placer County** – The Placer Farm & Barn Tour is back and it’s happening on Sunday, October 10, 2010 from 10 AM to 4 PM. It features nine farms, ranches and vineyards from Auburn to Loomis, most of which are new to the Tour.

Spend a beautiful fall day exploring the countryside, visiting working farms and ranches, and meeting the farmers who produce our local food. Visit a variety of orchards, a cattle ranch, a Christmas tree and sheep ranch, a vineyard and a winery, an historic vegetable farm, or an aquatic nursery. Learn how various foods are grown, taste locally grown and prepared foods, try your hand at processing olives, take a class on starting a small vineyard, watch sheepdogs at work, or just sit back, sip a glass of wine, and enjoy some of

Placer County’s most beautiful views.

The Placer Farm & Barn Tour celebrates Placer County’s agricultural heritage and the family farms that feed us. It is a one-day self guided tour of nine working farms, ranches, and vineyards in the beautiful countryside of Placer County, California. Each venue features different activities: tours, demonstrations, farm animals, equipment displays, food and wine tasting, live music, artists, locally grown produce and prepared food for sale. The Tour runs from 10 AM to 4 PM and costs \$15 for adults, \$25 for families (2 adults and unlimited children under 18). This is a great event for children of all ages.

Tickets include a map with directions and a description of activities

at each venue and may be purchased online at Brown Paper Tickets <http://www.brownpapertickets.com/browse.html?keywords=Placer+Farm+Barn+Tour> or at the Placer County Visitors Bureau in Auburn, 13411 Lincoln Way, at the Foresthill exit, next door to the AM-PM, or call 530.887.2111. Tickets are limited to 1000 so as to avoid overcrowding and maintain the friendly, personal contact with farmers and ranchers, so be sure to get yours soon!

For more information, go to <http://www.placerfarmandbarntour.com/>. Come enjoy a day in the country, learn about farming, and meet the people who grow our local food! The Placer Farm and Barn Tour is our area’s premiere family fall event.



**You’ve got places to go...  
how do you need  
to get there?**

Attend a Metropolitan Transportation Plan 2035 (MTP2035) workshop in your community to help inform how money is spent on public transit, bicycle, pedestrian, and road improvements. MTP2035 is a 24-year plan for transportation throughout the six-county Sacramento region.

**The workshops are FREE and food will be provided.**

For more information or to register visit [www.sacog.org/update](http://www.sacog.org/update) or call (916) 321-9000.

## UPCOMING WORKSHOP

### PLACER COUNTY

Monday, October 18 • 6-9 p.m.  
Rocklin Sunset Center  
2650 Sunset Boulevard, Rocklin, 95677



**CONTINUE THE POSITIVE DIRECTION AT YOUR A.R.D!  
CAST YOUR VOTE FOR  
SCOTT HOLBROOK**

**A Sure Way To  
KEEP SMILIN’!**

**Proven record of :  
Supporting community interests -  
NOT special interests**

**ALONG WITH:**  
**Creating & Maintaining Fiscal Prudence:**  
*Cut spending – lowered consulting & legal bills – forced savings – detailed review & limits on contracts – increased volunteer programs – most importantly a firm policy of spending within our means !*

**Planning – Short And Long Term**  
Lead the 1st strategic master plan in decades – worked to create the equipment obsolescence report to anticipate and save for future needs – create and maintain a 5 year capital improvement plan – financial forecasting – park specific operation plans ++

**And Of Course Fun For All!**  
Party in the park - dog park - pickle ball – skate park – community festival – blues festival – ping pong –new pathways and trails..  
(And of course improving the ball fields, pools, tennis courts, gyms, picnic areas.....)

*Your ARD is in the best shape it has been in decades – help keep the positive trend going – Thank you for your support and vote – Scott! ARD Parks Make Life Better!!!*

**PS - Please vote for Curt Smith too – a true team member & fiscal watchdog!**



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# POPOFF!

with Mary Jane Popp

a happy life. These are just a few bones to gnaw on.

As with humans, Vitamin C can be effective in combating more than one problem. It also plays a major role in helping senior pets that suffer from arthritis. Dr. Mindell adds that in addition to Vitamin C, you can give vitamin E and selenium, which help prevent loss of muscle tone. Glucosamine is also great for building cartilage. Start with 500 milligrams per day for all sizes of dogs; if needed, increase to 500 milligrams twice a day. All breed of dogs are highly prone to cataracts. According to Dr. Mindell, supplements of E and C prevent them. If your dog suffers from hot spots, he suggests MSM, a natural source of nutritional sulfur. It's a lotion that can be applied directly on the problem, and it takes care of it in no time.

Believe it or not, our pet friends also suffer from cancer and heart disease. Again, the good doc asserts Vitamin C plays an important role in both prevention and treatment of cancer. It also boosts the immune system and can reduce your dog's risk of the disease. Beta-carotene is a powerful antioxidant that boosts

the immune system and can reduce the risk of cancer. It also has the unique ability to convert to vitamin A-another anticancer nutrient-as the body needs it. Vitamins E and C are keys to a healthy heart too. Garlic is beneficial to keep a dog's blood and blood vessels clean and helps reduce blockages that may already exist. And if your dog has parasites, one-half to two cloves a day will drive away fleas and kill internal worms, except for heartworms.

These are just a few remedies. In his book "Dr. Earl Mindell's Nutrition and Health For Dogs" Dr Mindell even addresses each breed individually as to what they are prone for. Look for natural preventive-care to keep your dog happy and in great health. Add years to your dog's life...quickly, easily, and economically. Check out his website at [www.dreammindell.com](http://www.dreammindell.com) for more insight. Our pet friends give us their all. Loving and caring for them is the least we can do! That from my two critters Encore and Misty!!!

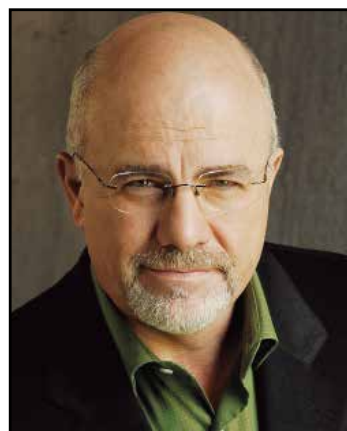
Join Mary Jane for the KAH1 Noon News Monday-Friday and then again for POPOFF 10 PM-Midnight.

## POOCH PERFECTION

Do you love your pooch? If you are like me, I adore my critters. They give me so much love and ask for little in return. Someone else thinks the world of his Dudley too. This person is none other than Dr. Earl Mindell, the founder of the health and wellness revolution and author of over fifty books on nutrition including "The Vitamin Bible" his pioneering reference book. Dr. Mindell is a registered pharmacist, master herbalist, internationally recognized expert on nutrition, vitamins, and herbal remedies. So Dr. Mindell wants us all to know more about our dog's health. So here comes "Dr Earl Mindell's Nutrition and Health For Dogs". Don't worry, there's one coming for cats too.

According to the good doc, our two-legged counterparts need vitamins and other supplements to lead

# Dave Says



Dave Ramsey is a personal money management expert, popular national radio personality and the author of three New York Times bestsellers - *The Total Money Makeover*, *Financial Peace Revisited* and *More Than Enough*. In them, Ramsey exemplifies his life's work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age, and give generously to others.

## Lifestyle Changes

Dear Dave,

I just married a wonderful lady with two children. We've talked over our financial situation, and we're determined to get out of debt within two years. This will mean some big

changes in our teenager's lifestyles. How can we break this to them gently?

- Dan

Dear Dan,

Having your wife - who is also their mother - on board with the plan makes a big difference. I think all of you need to sit down and have a frank but loving discussion about the changes that are going to come with this marriage for everyone. The kids have to adjust to a stepdad being on the scene, just like you have to adjust to a marriage situation where teenagers are part of the package.

Let them know you don't want to be the bad guy, but that you and mom have been looking at the money situation and things just don't add up. It also wouldn't be a bad idea if mom did a lot of the talking. Let her tell the kids that you've both decided it's time to make the money behave, and this will mean some lifestyle changes.

Listen to reasonable input from them, and let them know their thoughts and feelings matter. But they also need to understand things are going to be different, and this part needs to come from mom. Otherwise, they're likely to see you as the wicked stepdad!

- Dave

## The Investing Makes Her Nervous

Dear Dave,

My husband is into estate investment properties. He'll buy a run-down house for very little money, fix it up and then rent it out. The debt we're racking up makes me nervous. Each house has a loan, but he says it's okay because we can sell them. Can you give me any advice?

- Carol

Dear Carol,

I went broke years ago doing exactly what your husband is doing right now. I've known several others who went broke doing it, too. Lots of folks in real estate tend to believe that debt is okay so long as the property is worth more than the debt, but there are several down sides to that kind of thinking. At the end of the day, the borrower is always slave to the lender. And I'm afraid your husband may be on that path.

At best, this kind of thinking will make for lots of uncertainty. The worst case scenario has you guys ending up bankrupt, just like we did. My experience way back when is proof that things like this can quickly escalate out of control when you make debt one of your building blocks.

There's nothing wrong with investing in real estate, but I recommend that he do it much more slowly - and with cash!

- Dave

For more financial help please visit [daveramsey.com](http://daveramsey.com).



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**Weekdays**

6am-9am: The KAH1 Morning News with Barry Stigers and the KAH1 News Team

9am-Noon: The Laura Ingraham Show

Noon-1pm: The KAH1 Noon News Plus with Mary Jane Popp and the KAH1 News Team

1pm-4pm: The Dave Ramsey Show

4pm-7pm: The KAH1 Afternoon News with Dave Rosenthal and the KAH1 News Team

7pm-10pm: Into the Night with Tony Bruno

10pm-12am: Poppoff with Mary Jane Popp

**Thursdays 7pm - 9pm: Thursdays with Bassil**

**Saturdays**

6am-7am: A Time for Seniors

7am-8am: The Swap Shop

8am -9am: The KAH1 Corral

9am-10am: The Garden Guru

10am-11am: Medically Speaking Radio

11am-12pm: Retirement Catch-Up

12pm- 8pm: Big Cletus Country Music

8pm - 9pm: Rewind with Jimmy Jay

**Sundays**

7am-7:30am: Bayside Auburn Church Service

7:30am-9am: Cruisin' Garage & Swap Meet

9-9:30am: Auburn Grace Community Church

9:30-10am: On The Money

8pm-9pm: Hearts of Space

Most of our locally produced programs are available for replay or podcast download at the 'Audio On Demand' page at [www.kahi.com](http://www.kahi.com).

## THURSDAYS WITH BASSIL

Thursday Evenings from 7 to 9pm



*Iraqi native Bassil Kamas banter with his guests. It's a war of the one-liners as they yak about current events covering everything from "White House policy" to "growing tomatoes in your living room"! It's a radio recipe to satisfy any appetite.*

## Annual Seminar for Faith Leaders on End-of-Life Care is Set for November 8

Auburn - *Partners in Caring*, an engaging seminar to help faith leaders gain greater confidence in supporting people near life's end, will be held from 8:30 am - 4:30 pm on Monday, November 8 at the Sierra Health Foundation Conference Center in Sacramento.

The seminar is intended for community clergy, rabbis and priests; staff and volunteer chaplains; parish nurses and health ministers. Presenting faculty include physicians, other health professionals and faith leaders who will discuss:

- ❑ Important concepts in setting goals for care near the end of life.
- ❑ Legal issues around life-sustaining treatment and advance directives.
- ❑ Information about pain

management, including myths and misconceptions.

- ❑ How to partner with the medical team to address issues around suffering.
- ❑ Ways to address the spiritual needs of patients and families.
- ❑ How to facilitate communication and be present with the dying.

"Partners in Caring grew out of interviews with area faith leaders who said that while they often are called upon to minister to families facing end-of-life issues, most haven't received training about this topic in their educational preparation," said Kathy Glasmire, CHCD Associate Director. "We designed this seminar to meet their needs."

The seminar is sponsored by the Center for Healthcare Decisions,

a nonprofit organization that has played a leadership role in improving end-of-life care since 1994, and the Compassionate Care Alliance, a regional coalition of healthcare professionals and community members encouraging consumers to think about and prepare for end-of-life medical decisions.

The registration fee for the seminar is \$60, which includes a light breakfast, lunch and all program materials. If two or more people attend from the same congregation or organization, the cost is reduced to \$50 per person.

For more information or to register visit: [www.chcd.org/partnersincaring/](http://www.chcd.org/partnersincaring/) or call the Center for Healthcare Decisions at (916) 851-2828.

### Simple steps to be Red Cross Ready



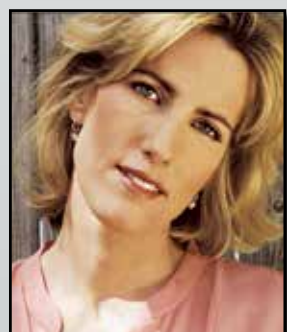
- ★ **Get a Kit:** Assemble disaster supplies like water, food, a flashlight, portable radio, and medication.
- ★ **Make a Plan:** Pick a place where family members can gather in a disaster and figure out in advance how you'll get in touch if communication is disrupted.
- ★ **Be Informed:** Find out what types of disasters your area is high risk for and how local authorities will contact you if a storm is headed your way.

Taking these steps could change a life, starting with your own!

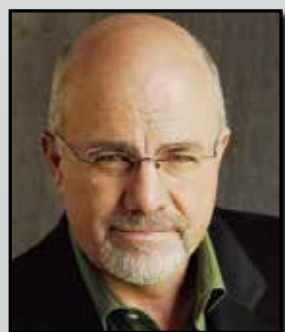
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Laura Ingraham



Dave Ramsey



Mary Jane Popp

# Auburn QuickBooks Users Group

*Auburn* – QuickBooks is the most popular financial accounting software in the world, and after training hundreds of users over the last seven years, I really understand the ins and outs of the software and the common mistakes that new users make.

This group is for QuickBooks users—both newbies and power users who wish to network with other users.

**Auburn QuickBooks User Group Tuesday, October 12, 2010 at 7:30AM**

Join us for coffee and QuickBooks. Ask (and answer) QuickBooks questions and network with other QuickBooks users.

**Courthouse Coffee  
1425 Lincoln Way  
Auburn, CA 95602**

See the full event details at <http://www.meetup.com/Auburn-QuickBooks-Users-Group/calendar/14963556/>.

Check out what members are saying about Auburn QuickBooks Users Group:

*"Very nice folks, very freindly!"—Eric Fleming*

*"It's going to be wonderful!"—Leslie Bussinger*



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## Man Goes "TOAD-AL" at High School Reunion

BEXAR COUNTY – After using Thera-Gesic® on aching joints, Tom W. attended last Friday's reunion where, according to 5 amused and concerned classmates, he went TOAD-AL. He squatted, extended both arms to the ground, arched his back and did his best to hop numerous times while croaking.

When asked to explain his behavior, he painlessly replied, "None of your dang business!"

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**UNMET TRANSIT NEEDS WORKSHOP DATES:**

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 Auburn City Hall @ 10:00 AM  
 Lincoln City Hall @ 1:30 PM  
 Roseville Civic Center @ 4:00 PM
- Wednesday, November 3, 2010**  
 Loomis Train Depot @ 10:00 AM  
 Rocklin City Council Chambers @ 1:30 PM
- Thursday, November 4, 2010**  
 North Lake Tahoe Conference Center @ 1:30 PM

For more information, contact (530) 823-4030 or visit [www.pctpa.net](http://www.pctpa.net)

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**Marlys Norris, Christian author**

by Marlys Norris

Today as I sat in a neighbor's living room conversing with several women, I listened to the stories of two women who had been miraculously touched by God's healing power.

One lady (Marcie) said that when Jackie Kennedy announced she had cancer, she also was diagnosed and told that she only had a certain limited time left to live. She said, "Miraculously, that's now several years ago". She went on to give

## Touched by Grace

praise and thanks to God for His healing touch on her life.

The other lady (Letha) said that recently she had a lump on her breast. She had been to the doctor who said she needed a mammogram immediately to determine the kind of cancer it was. She prayed with a friend asking God for a "miracle" before taking the test. After the test was taken the surprised doctor reported it was negative and so was the sonogram she had following it. Both women acknowledged that God had miraculously touched them, praising and honoring Him for their healthy conditions today.

Hearing these women share their faith caused my own faith to sour and rejoice. God's power is available to every believer as one lives in complete dependence of His loving grace and care. His power gives our lives stability and every story that reflects His sovereignty speaks to others who might not know Him. When a believer walks in the Spirit (Gal 5:16)

the darkness that invades their lives is swallowed up in God's divine light. In His presence there is no darkness at all. Calling on God is our vehicle of prayer changing the circumstances and situations that seem insurmountable. When He hears our prayers His ability overpowers all of them merely by our asking.

The miracles of these women happened because of their faith and because God's blessed Son was obedient to His calling to come to earth and provide the "way" whereby all our sins might be forgiven and washed in His cleansing blood. His healing virtue is available to all those who believe and call on His name. He is a whisper away!

*Marlys Johnsen Norris, Author  
 Marlys5934@sbc global.net  
 "Intimacy Begins Going God's Way"  
 "God Moves Mountains, It was a Miracle"*

## Boys and Girls Club Special Event

### "Loesser is More": Music by Frank Loesser

*Auburn* - The evening of Broadway music will feature unforgettable tunes performed by Broadway stars *Diane Ketchie, Raymond Saar* and special guests from the *San Francisco Conservatory of Music*.

This special night is hosted by *Bill & Mary Lou Mullin* along with *Richard & Beverly Barber* in support of the *Boys and Girls Club of Auburn*.

The evening features hors d'oeuvres, dessert, wine donated and served by *Naggiar Vineyards & Winery*, live performances, silent auction and a spectacular raffle!

The cost for the evening is \$100 per person or \$150 per couple and all proceeds go to the *Boys and Girls Club of Auburn*.

Winchester Country Club, Swim and Tennis Center, 1400 Lodge View

Drive, Meadow Vista, CA, Sunday, October 17, 2010 at 4:00 pm

*Bill and Mary Lou Mullin, Richard and Beverly Barber* and your local *Taco Bell* restaurants are the event sponsors.

*For more information or to R.S.V.P. by October 8, 2010, please call Cynthia Woods at (530) 889-2273.*



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BY MICHELLE

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# DMV Begins Issuing New California Driver Licenses, ID Cards

*New Card Features Enhanced Security, will Replace Old Cards upon Expiration*

**Sacramento Region** – On October 6th, 2010, the California Department of Motor Vehicles (DMV) announced the issuance of newly designed, more secure California driver licenses and identification cards. The new cards are distinguished by additional security features and will have a different look and feel.

Details of the changes to the card were presented and unveiled today at a press conference held at the DMV field office in South Sacramento. The new cards are equipped with the latest in document security technology and have several features to protect them against fraud, tampering and counterfeiting.

"The new security features, coupled with advanced technology, make California driver licenses and identification cards one of the most secure identification documents in the country," said DMV Director George Valverde. "We are confident that they will be well-received by residents, businesses and law enforcement officials."

Information included on the new cards remains the same, but is presented in a new way that improves

readability and ease of use. Some of the new features include a vertical layout for persons under 21; the cardholder's date of birth and signatures that can be felt by touch; images that can be seen only with the use of ultraviolet lights; a 2D bar code on the back of the card that replicates and verifies only the information on the front of the card (similar to the current magnetic stripe); and a laser perforation outline of the California Brown Bear, which can be seen from the front of the card when a flashlight is pressed against the back of the card.

Annually, the DMV issues more than 8.25 million driver license and ID cards to Californians. It is of the utmost importance that these documents are safe, authentic, secure, and accurate to properly identify each individual cardholder. More importantly, these cards have been designated as the primary identification documents in the state. This is the first major revision of California driver licenses and ID cards since 2001.

While new cards began to be issued earlier this week, existing ID

or driver license cardholders are not required to get a new card.

"It is very important to understand that cardholders are not required to get new cards until the expiration date printed on their current cards," said Director Valverde. "Remember, when it is time to renew your card, DMV has many services that are offered online to help customers avoid going into the field offices."

For more information on the new driver license and ID card or to conduct other DMV business online, visit [www.dmv.ca.gov](http://www.dmv.ca.gov). Don't Stand In Line, Go Online! Doing business with the DMV has never been easier. The DMV offers an array of services to customers 24 hours a day, 7 days a week through its Web site ([www.dmv.ca.gov](http://www.dmv.ca.gov)), including online appointments for written and drive tests; vehicle registration and driver license renewals, selection of personalized license plates, changes of address and payment of fees via secure debit transactions. Customers can also effect transactions by calling DMV customer service at (800) 777-0133.

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# Small Business Buyers to Benefit from New Small Business Jobs Act

The Small Business Jobs and Credit Act of 2010, just signed by President Obama, is expected to improve access to funds by people interested in buying a small California business. But entrepreneurs are advised to prepare now for the borrowing opportunity because the window provided by the new law may not remain open long, according to Peter Siegel, MBA, Founder and CEO of BizBen.com, the state's leading clearinghouse for selling and buying small businesses.

"Buyers who need extra capital to complete a deal, or someone still looking who wants the money ready in order to act quickly when a suitable business is found, should waste no time employing the four steps needed to become SBA loan pre-qualified," said Siegel. "If the recent past is a reliable indicator, lenders will be motivated to make loans while the SBA 7(a) loan program incentives—reactivated by the new law—are in place. Among the most popular incentives is the federal guaranty of up to 90% of loan amounts."

To be an attractive borrowing candidate, and get SBA loan pre-qualified, even before the money is needed, Siegel said that potential business buyers must:

1. Decide, then document what you are able and willing to do financially. How much cash do you have that can go toward a down-payment and for working capital? Is there money available from friends and/or relatives? What assets might be used for collateral? Are you realistic about the value and suitability of assets such as home equity and stock market invest-

ments that might help secure a loan?

2. Prepare an up-to-date resume detailing your work experience. The emphasis should be on strengths and professional skills that will be put to use to successfully manage a small business. A background in the fast food business should be stressed when seeking money to buy a company in that industry. And experience managing employees, maintaining financial records and dealing with vendors is important and should be described for prospective lenders.

3. Have a basic business plan. If you have found a company you want to buy and need more money to make the purchase, it's important to prepare a business plan describing the specific steps that will be taken to successfully operate and to expand the business. Few if any lenders will consider a loan application that is missing a business plan. The plan needs to include a summary of some of the problems that might occur in operating the business along with the strategies for dealing with those issues. And any buyer who has not yet identified a company that he or she wants to purchase still should learn how to create a business plan in order to be ready to produce it as soon as the need arises.

4. Line up an SBA loan broker and consultant. You'll need a professional who knows which lender(s) will be willing and able to provide the funds you need. Make sure to select someone who is experienced at putting together loan applications specifically for small business purchases.

"These ideas and many tools needed to implement them have been

assembled into the Buyer's Success Program recently posted to the BizBen.com site," said Siegel.

"And it's encouraging to see that the volume of visitors targeting that program—interested in becoming pre-qualified—has increased appreciably since mid-September, when the law was approved by the U.S. Senate and sent to the President.

"Small business buyers are learning that time is of the essence not only because sellers are impatient; and not just because other buyers may be ready when you are not.

"The fact is, we don't expect a long lasting opportunity for California small business buyers to benefit from the SBA 7(a) loan program. So today is the best time to start working on submitting a loan application. Being pre-qualified often makes the difference in successfully closing escrow on a business you want to buy."

*BizBen has been an important factor in California's sale of small and mid-sized businesses since 1994. It is comprised of 1) www.BizBen.com a vibrant online clearinghouse offering 7,000+ California businesses for sale (with 200 new listings added daily), plus valuable information and ideas provided through a daily blog, webinars, articles and online radio programs; 2) BizBen Network of 16,000 business buyers, 4,000 business owners/sellers, 1,800 brokers, agents and intermediaries, and 600 advisors/resource providers; and 3) BizBen Index which gathers small business sales data throughout the state and provides vital, up-to-the-minute statistics regarding the sales of small and mid-sized California businesses.*



## ROCK DOC

By Dr. E. Kirsten Peters

The Gulf oil spill has shown us just one of the downsides of petroleum. That makes the mind of even a geologist like me turn to several questions about the future. Could we Americans grow more of our own fuel – enough to run a number of our cars, trucks and airplanes? And, quite importantly, could we do so without displacing food crops like corn?

Pretty much everybody from all sorts of political persuasions is interested in those issues. And the good news is that researchers – and farmers with a vision, too – are hard at work laboring on new uses of an ancient crop plant called Camelina. Also known as "false flax," it's a wispy plant in the same group as mustard and Canola.

There are two impressive things about Camelina. Its seeds contain a lot of oil that's liberated by crushing – and the more oil the better from the fuel point of view. Better still, Camelina can be grown on pretty lousy soil – either areas where no crops will grow well or at times that soil may otherwise be left fallow by farmers in dryland regions of our country.

Score two big ones for Camelina. Archeologists say that Camelina has been grown by people for several thousand years. You can eat Camelina oil, which has a lot of omega-3 fatty acids and antioxidants. Camelina was grown through the

# Burning Our Own Fuels

1930s in eastern Europe where its oil was used in lamps and the meal left-over after crushing the seeds was fed to livestock. In short, it has been a pretty durable friend of ours, as crops go – likely an original biofuel, you could say, and one that only recently fell fully out of use.

Today researchers are investigating bringing back Camelina because it has some highly valuable properties for something much more modern



Camelina.

than lamp oil. With some processing, Camelina oil can be used in jet engines. It's a "drop in" fuel, meaning it functions just like traditional jet fuel. Blended with petroleum jet fuel, in fact, Camelina has already been "test driven" in jet planes.

Score a third big one for Camelina. "This ancient crop has a great deal of new potential," says Professor Ralph Cavalieri of Washington State University. "We think we are poised to make major contributions to biofuels with Camelina."

But where can we grow this venerable crop in the U.S. that wouldn't displace food crops?

Here's an example. In eastern Montana and central Oregon and Washington, where the climate is semi-arid, wheat is often grown on a rotating basis with fallow years. During the otherwise fallow times,

Camelina looks like a good crop. It can help hold soil in place compared to leaving it exposed to windstorms. And it could give farmers some income during years when they would have none otherwise.

It's true, of course, that when you burn Camelina-based jet fuel – or corn-based ethanol or soybean-based biodiesel – you are liberating carbon dioxide, the well-known greenhouse gas. But that carbon is not ancient, like the carbon from coal or petroleum. It's part of the life cycle, if you will, of the recent history of the planet. The worry about global warming rests on our liberation of ancient carbon, the material that upsets the balance of what's in the atmosphere today.

There are many details yet to be worked out for Camelina, and much work yet to do to see if it all makes sense in economic terms on a large scale. But it looks like the major international airport at Seattle-Tacoma will shortly get part of its fuel from Camelina. That's to be welcomed, especially if it helps global warming, soil conservation and the bottom line of farmers.

Still, it remains true that we cannot yet simply grow ourselves out of our dependencies on petroleum. By that I mean that the total biofuel power in the nation is a fraction of what we get from our main fluid fuels, petroleum and natural gas.

But every step we can take toward energy independence that doesn't limit our food production is clearly great news.

*Dr. E. Kirsten Peters, a native of the rural Northwest, was trained as a geologist at Princeton and Harvard. Follow her on the web at rockdoc.wsu.edu and on Twitter @RockDocWSU. This column is a service of the College of Sciences at Washington State University.*

# Placer Sentinel and eVoter Partner to Link Voters to Election Day Information

Auburn – The Placer Sentinel and eVoter (www.evoter.com) are offering a partnership that connects local area voters to polling place locations, election information, candidate profiles and endorsements prior to Election Day on November 2nd.

eVoter is a non-partisan website that allows voters to directly interact with candidates and access accurate, up-to-date information to make informed decisions on Election Day. From statewide races to local county and municipal races, eVoter provides voters with a list of every candidate on their ballot.

The Placer Sentinel has launched an online service that directs voters to their personalized sample ballot information, powered by eVoter, at www.PlacerSentinel.com

eVoter allows voters to locate their polling place, generate and print a customized sample ballot, after reviewing candidate profiles and organizational endorsements. In order to reach these motivated voters who are actively looking for information, candidates can purchase a customizable profile at a low cost and organizations can publicize their endorsements for free.

Candidates or organizations that are interested in creating a profile should visit PlacerSentinel.com and click on "Visit eVoter.com" in the eVoter search box or call (866) 976-0555.

eVoter is the unbiased, non-partisan election information site where voters can generate a personalized sample ballot instantly, view candidate profiles, make contributions, view organizational endorsements, find polling places, and more. Owned by Political Technologies LLC, eVoter is design

# Young Frankenstein at the State

Auburn – The Auburn Placer Performing Arts Center (APPAC) presents the 1974 film "Young Frankenstein" on Thursday October 21st at 7PM.

Nominated for 2 Oscars in 1975 as well as for Best Motion Picture at the Golden Globes that same year, the film is directed by Mel Brooks and stars Gene Wilder as Dr. Frankenstein.

When the will of Victor Frankenstein, the famous scientist who attempted to reanimate dead bodies, is opened, his grandson, Frederick (played by Wilder), who's become a skilled neurosurgeon and teacher and has cut most ties with his family name due to his grandfather's experiments, is given the castle where all the

experiments were made. Upon his arrival, Frederick finds and reads through his grandfather's book about his theories and experiments and discovers that they might in fact work. Assisted by Igor (played by Marty Feldman), the grandson of the Igor who assisted Victor Frankenstein, and Inga (played by Teri Garr), an attractive lab assistant, he successfully reanimates a body which soon escapes and creates havoc.

Enjoy a pre-movie Octoberfest meal prepared by Naked Tomato Catering, starting at 5:30PM in the Marquee Room across from the box office. Seating is limited, so plan to arrive early to guarantee a meal. Movie patrons are encouraged to come dressed in costume

for this event, with free movie tickets being awarded for Best Costume.

The dinner cost is \$8, and beverages can be purchased separately. Movie-only admission is \$8 at the door. There will also be a 2PM Sunday matinee on October 24th for those who are not able to attend the Thursday night showing. A limited number of movie tickets can be purchased in advance on the APPAC website: www.LiveFromAuburn.com. You can make pre-movie dinner reservations online at appacpre@att.net

To see the entire Third Thursday film schedule for the rest of 2010, look for our colorful posters displayed at area merchants or go to the APPAC website.

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# Arts and Entertainment Calendar and Other Fun Things to do!

## Auburn Recreation District

123 Recreation Dr. • Auburn, CA 95603-5427 • (530) 885-8461  
info@auburnRec.com • http://auburnrec.com/adultprograms

### Wild Side of Auburn

The Auburn Recreation District (ARD) is again offering its Wild Side of Auburn program (with two new lecturers) this fall beginning September 23, 2010. A series of five lectures and audio-visual presentations will be held at Recreation Park from 7-9 PM on consecutive Thursday evenings. On the following Saturday, after each meeting, a guided field trip will take place within the Auburn State Recreation Area (ASRA).

The Wild Side of Auburn is suitable for all ages and designed to provide a comprehensive introduction to the many features of the easily accessible American River and its canyons in Auburn's backyard.

Local authorities on the "wild side," including Terry Cook, Jim Ferris, Roger Groghan, Bill Mash, Mike Lynch, Joe Madeiros, Margie Peterson, and Laird Thompson, will cover topics ranging from hiking to geology and from flora and fauna to the history of the indigenous inhabitants

of the confluence area. The Wild Side includes volcanoes, earthquakes, civil strife and wild and scenic rivers.

Registration for this series is at ARD's Recreation Park office, 123 Recreation Drive, or on-line at auburnrec.com. Cost for five classes and five field trips is: \$65 resident and \$70 non-resident, without an ARD Passport to Better Health and Savings. With a passport (which can be purchased for \$5 at the time of registration if you don't already have one) the course cost is \$50 resident and \$55 non-resident, if you register in person at ARD. Additional members of the same family will receive a \$25 discount off the regular prices. These discounts will also apply if you wish to register at the first session (please arrive early).

For further information about the course or registration, call 530.885.8461.

## Beppe Gambetta In Concert

Wednesday October 13, 8:00 PM  
Constable Jacks In Newcastle

Flatpicking, sophisticated strumming, a genial vibe: Italian guitar virtuoso and singer Beppe Gambetta.

"The show is a synthesis of all the itineraries I had in my career, my traveling mania (or "dromomania") and my love for my birthplace. It is a forging of traditional American Flatpicking and European



traditions; the resulting compositions and arrangements have

elements and stories developed through the artistic viewpoint of a citizen of the world" (Beppe Gambetta)

www.beppegambetta.com  
www.myspace.com/beppegambettamusica  
www.myspace.com/constablejacks  
Phone 916-663-9385

### Course Schedule

#### October 8:

Jim Ferris: *Hiking on the Wild Side: Easy... Moderate... or Strenuous.*

This session will include the preview showing of a new 30-minute film "See ya on the trails," featuring videos and photos taken throughout the canyons, and focusing on some of the more popular hiking trails. Interviews with knowledgeable local residents are included in this documentary that should entertain, educate and inspire you. The presentation was developed by Canyon Keeper and Foothill Hikers founder and organizer, Bill Mash, and sponsored by ARD, the Canyon Keepers and the Foothill Hikers. Ferris, who lives on the canyon's edge, is an avid hiker, the founder of the Canyon Keepers and currently a board member of the Auburn Recreation District (ARD). He is co-author of the book, "American River Canyon Hikes, Practical Guides to Trails in the Canyons of the North and Middle Forks American River." Margie Peterson, an expert on search and rescue and hiking safety, will also make a presentation at this session, which will be followed by questions and answers.

Questions about course registration, call 530.885.8461. For questions regarding course content or instructors, call Jim at 530.885.3887 or Laird at 885.878.3606.

#### October 14:

Mike Lynch: *The history of the bridges near the confluence of the American River below Auburn*  
Mike is arguably the most knowledgeable person alive regarding the history of the wild side of Auburn (aka ASRA). Mike retired as a supervising ranger at the Auburn State Recreation Area in 2004, with over 31 years of service, but has continued to work there part time and came out of semi-retirement and currently serves as the Auburn SRA park superintendent. Mike, an author or co-author of five books, has made hundreds of presentations on local history over the last two decades, has written various articles on local history subjects, and is a legendary speaker (based on his knowledge and sense of humor). Mike is the recipient of many awards over the years for his association and services to a number of state, national and international peace officers organizations. Terry Cook, historian at the state capital and Canyon Keeper interpretive chair person, will lead a hike of the historic bridges below Auburn on Saturday, October 23.

## Auburn Senior Health Fair

Auburn - "Hats Off to Your Health" is the theme for the 17th annual Auburn Senior Health Fair to be held Thursday, October 7 at the Gold Country Fairgrounds. The festivities at this highly anticipated event will begin at 9am and continue through lunch until 1pm.

Attendees can receive FREE flu vaccinations, as well as choose from over a dozen FREE Health Screening tests. Placer Independent Resource Services is sponsoring

"Tools for Living", an assistive technology Expo featuring step in bathtubs, seat lift chairs, walkers, special telephones and other aids to daily living. In addition, over 30 vendors will be there providing free information about the products and services available in our area to help seniors maintain a healthy lifestyle.

Entertainment will be provided by Auburn's Pacific Standard Time barbershop quartet beginning at 10:00am followed by the Gold

Country Band at 11:00am. This year Friends Forever, a cat sanctuary, will have companion cats and kittens on hand for adoption to good homes and a delicious, healthy lunch by Tsuda Delicatessen will be available for just \$5. Dust off your favorite hat and come join us at the Fair!

For additional information and vendor registration go to Events at www.auburnrec.com

## Loomis Art Loop

Annual Fall Open Studios Tour

Saturday and Sunday, October 16 & 17 • 10:00 am - 5:00 pm FREE!

Loomis - This fabulous circle of 8 local artists will be opening their homes and studios again to share their art with the public. Come and meet 8 Loomis area professional artists as they demonstrate and exhibit their art in their personal studios. Sandy Delehanty will be demonstrating her watercolor on clay board while accompanying artist, Julie Hirota will display her textile murals.

Millie Beatie will be displaying her porcelain vessels and clay art. Larry Brenden will be exhibiting his fine art photography and K C Hannah will accompany him with her lamp worked glass jewelry. Cindy Bonito will be showing her relief prints. Brenda Dominguez, watercolorist, will share her studio with husband, John showing his jewelry. Susan Goodmundson will be sharing her

pastel pieces. This intimate opportunity to meet and watch these artists working in their studios comes during the fall and spring annually. Join them to learn, purchase and enjoy.

The Loomis Art Loop Postcard/Map can be downloaded from the website at: www.loomisartloop.com. It is also available at many area businesses.

## Auburn Senior Health Fair and Auburn Community Festival

Auburn - We have two great events coming up next month, Auburn Senior Health Fair and Auburn Community Festival. There is still vendor space available for both. The Senior Health Fair Takes

place Thursday October 7 from 9am to 1pm at the Gold Country Fairgrounds. The Community Festival will be Saturday, October 16 from 10am to 4pm at Recreation Park. To download registration

forms go to Events on the Auburn Recreation District website, www.auburnrec.com and click on the event that interests you.

## AARP Plans Day Trip

Auburn - AARP Chapter 1474 is planning a day trip to "REDHAWK" casino on October 14, 2010, we have several pickup places around Auburn. The cost is \$25 and you get a bonus refund of \$15 on your player card and \$5 food credit. We play Bingo on the bus.

If anyone is interested in joining us for a day of fun and a beautiful ride up highway 50. Please call Diane @ 889-1680 for more information and to reserve your seat.

### Placer High School's Fall Music Concert

is Wednesday October 13 at 7:30 PM in the Placer HS auditorium. You are invited to enjoy the Concert Band, Wind Ensemble, Jazz Band, and Concert Choir as they perform their first of four concerts this year. Free.

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### SACRAMENTO STAINED GLASS CONCERT

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Cathedral of the Blessed Sacrament  
Saturday, October 30 at 8:00 PM

Mozart | *Vesperae Solennes de Confessore*  
Allegri | *Miserere Mei Deus*  
Rachmaninoff | *All Night Vigil* (excerpts)  
Stanford | *Magnificat in C Major*  
Guest Chorus: Sacramento State University Chorus  
Stephen Janzen, Organist

General Seating | Purchase tickets online | SACRAMENTOCHORAL.COM  
Or call SCSO office | 916.536-9065

15<sup>th</sup>  
SEASON



Pre-concert talk 7:15 PM  
Fr. Steven Avella, dynamic Professor of History at Marquette University, author of *The Diocese of Sacramento: A Journey of Faith and Sacramento: Indomitable City*

### MONDAVI CENTER CONCERTS, UC DAVIS

#### *Home for the Holidays*

Saturday, Dec 11 at 8:00 pm  
Sunday, Dec 12 at 2:00 pm

#### *Verdi Requiem*

Saturday, March 19 at 8:00 pm  
Karen Slack, Soprano  
Julie Simson, Mezzo  
Bjorn Arvidsson, Tenor  
Clayton Brainerd, Bass

#### *Easy To Love*

Saturday, April 30 at 8:00 pm  
Christi Amonson, Soprano  
Kristin Dauphinais, Mezzo  
Tevye Ditter, Tenor  
Ian Greenlaw, Baritone

Since the opening of the Mondavi Center, the SCSO has brought innovative and entertaining concerts to large and enthusiastic audiences. This season continues that tradition of excellence with a sparkling new Christmas concert with audience sing-along, the dramatic and sublime *Verdi Requiem*, and a new Pops concert saluting some of the greatest songs from the lights of Broadway. We look forward to welcoming you to our 15th Season.

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**In 2009, Identity Theft Cost Americans Over \$54 Billion.**

Source: Javelin Strategy & Research. "2010 Identity Fraud Survey Report," February 2010.

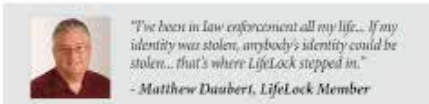
## Help Protect Yourself Today.

### A Serious and Growing Problem.

Identity theft is one of the fastest growing crimes in the nation. Over 11 million Americans fell victim to the crime in 2009, at a cost of over \$54 billion. (Source: Javelin Strategy & Research. "2010 Identity Fraud Survey Report," February 2010.)

As thieves employ more sophisticated and high-tech methods, the number of identities exposed in a single theft increases dramatically, as does a consumer's level of risk. Every week, retail companies, financial institutions, and national organizations are breached, and the personal and financial information of hard working Americans is stolen.

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## Alzheimer's Aid Society OF NORTHERN CALIFORNIA

### 28th Annual

**Alzheimer's Aid Society Caregiver's Conference**  
Saturday, November 6, 2010  
Jesuit High School, Carmichael, CA  
8:AM-3:00PM

**Keynote speaker: David Troxel, M.P.H., is known worldwide for his writings in the field of Alzheimer's and long-term care. Along with Virginia Bell and others, he established a statewide network of support groups and services in Kentucky for patients and caregivers.**

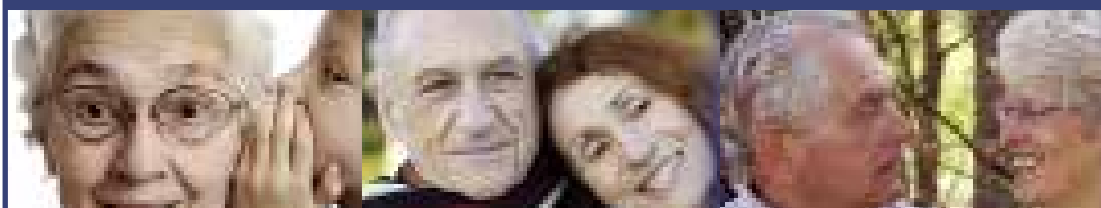
### Break-out sessions include:

- A session in Spanish with Lilia Mendoza, Founder of Alzheimer's of Mexico.
- Legal issues
- Hospice care
- Planning your final arrangements
- How to speak Alzheimer's
- Dining for dementia

Cost is \$30 in advance, \$35 at door. We are offering CEU units through the Gerontology Department at American River College.

For more information, please go to our website for complete details and to register as well.

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