

Placer Sentinel



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Volume 21 Issue 8

Serving Auburn and Placer County since 1987

Second Issue of August, 2010

State Game Refuges May Soon Run Wild



The value of a refuge cannot be understated. DFG claims that deer populations have declined dramatically in the state.

by Marilyn Jasper

Placer County - The vast majority of citizens support wildlife conservation. With intricate webs of connectivity between all life, to have any species become extinct and/or threatened can have devastating consequences, either immediately or decades later. A century ago, in 1910, California's "Stage Game Refuge" designation was established for certain areas throughout the state with the intention of enhancing and protecting wildlife populations (although the first state game refuge was actually established in Oakland (1869, Lake Merritt, believed to be the first in the country).

When applied to specific lands, these refuges are "no hunting" areas. Additionally, no firearms, pellet guns or archery weapons are even allowed within their boundaries. However, the Department of Fish and Game (DFG) is now taking public comment and reportedly conducting studies to decide whether or not to close 19 of the state's 21 game refuges.

According to the DFG, "... most State Game Refuges (SGR) in

California are located on privately owned land or on public lands managed by the U.S. Forest Service and are merely 'no hunting' zones rather than refuges. The exceptions are DFG-owned wildlife areas (such as Gray Lodge and the Grizzly Island Wildlife Area) and Federal Refuges, which are managed by the U.S. Fish and Wildlife Service. Hunting activities are allowed in both types of areas."

The value of a refuge cannot be understated. DFG claims that deer populations have declined dramatically in the state since the 1960s and that "there is no risk of hunting having a detrimental effect on deer populations..." DFG thus concludes that the game refuges no longer serve their purpose. However, if animals cannot be hunted, maimed, wounded or killed, it seems logical that the game refuges are indeed serving the purpose for which they were intended: to protect and conserve wildlife.

Because of state game refuge "no firearms" regulations, it became apparent that if/when armed Game Wardens entered a SGR, they were violating the law. To rectify this situation, in 2008,

SB 1166 was created. Its first provision permitted law enforcement officers to enter a game refuge in performance of their duties, and had no opposition. However, a second provision was tacked on that stated:

(2) Existing law enumerates 21 specific game refuges, and describes their boundaries, including the California Sea Otter and Farallon Islands refuges.

This bill would require the Department of Fish and Game to undertake prescribed education and outreach efforts, including efforts regarding the potential closure of all state game refuges other than 2 specified refuges. The department would be required to provide an opportunity for public comment. The bill would require the department, on or before January 1, 2011, to prepare and submit to the Legislature a report on those efforts and a summary of any information provided by the public that is relevant to the potential closure of those state game refuges.

Currently, the mandated "public outreach" has garnered little attention.

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KinderReady Classes Prepare Kids for Greater Learning

Auburn - There will be many little feet at the Auburn Recreation District Park this fall as ARD introduces a whole new line of enrichment programs for pre-school age children. The cornerstone of our programs will be our KinderReady classes, designed to give the child the academic and social skills necessary for a successful transition to kindergarten. No parent participation is required for this class that will be team taught by Amy Oddo and Renata MacIntosh, both of Auburn.

"We want to provide an accessible and affordable program for three to five year olds that provides a balance between play-base and academic-centered learning," explains Amy.

Renata adds, "We'll accomplish this using a hands on, interdisciplinary and theme based curriculum. The environment will include large group, small group and individual learning opportunities."

Because of the unique setting in Recreation Park the teachers plan to take advantage of the outdoor area to explore nature and art. The teacher student ratio will be 1:5 and some of the themes KinderReady will explore include: Oceans, Jungles, Space, Insects, Farms and Community.

Both instructors are graduates of the California State College system with degrees in Liberal Studies. Amy has a multi-subject teaching credential and worked as a long term sub and summer school teacher in the Auburn Schools before starting her family. Renata who has earned her preliminary teaching credential with an emphasis in child development has also spent time in the



KinderReady classes are designed to give the child the necessary academic and social skills.

Auburn classroom both as a substitute teacher and an aide. Renata started her working career in the ARD afterschool programs, so working with ARD and KinderReady is like coming full circle. "We are so pleased to be working with such well qualified and enthusiastic instructors who have built a really exciting curriculum," states Recreation Services Manager, Sheryl Petersen.

Join both Amy and Renata at their open house Wednesday, August 25, either 11am-noon or 5-6pm. The KinderReady program and open house will take place at Recreation Park in the Craft Room. Bring the kids to meet the teachers,

check out the classroom and learn more about this exciting new program.

Along with Jump for Joy, Auburn Gymnastics and a variety of Come Dance With Me classes, ARD will feature Mighty Mites Sport program, Little Picassos, Pony Party, and Itty Bitty Hip Hop this fall. Local expert Brodi Wetherbee will introduce a new class for parents that explore the typical speech patterns for newborns to 3 year olds entitled "Is it Normal?" For more information on these classes, registration, and all ARD Fall programs visit www.auburnrec.com.

Vintage Trailer Show Coming to Old Town Auburn



California is a hotbed for RVing, and people really seem to have an appreciation and fascination for old trailers.

Auburn - The very first Old Town Auburn Vintage Trailer Classic is set for September 25 and 26 in the Juror's Parking lot across from the Placer County Courthouse in Auburn, CA, just off the Maple St. exit on I-80. Sponsored by the Old Town Business Association and Carpe Vino, a wine shop and restaurant,

more than 25 vintage trailers will be on display. Visitors will be invited to get an up-close look at trailer interiors.

A highlight of this free event will be an entry from Vince Martinico of Newcastle, the leading expert on vintage trailers in the United States. His

coaches have been featured in books, movies and television shows. Trailers on display will range from completely restored examples to those that are in rougher stages.

"that evoke a different time and way of life," said Gary Moffat, organizer of the event

and owner of Carpe Vino in Old Town Auburn. "Vintage trailers from all over northern California will be on display, including a number of entries from enthusiasts who live in the Auburn area."

Many of the coaches showcased will be classic Airstreams, the all-aluminum clad trailers with unique "bullet" styling, the iconic land yachts that launched a nomadic lifestyle on America's burgeoning highway system. The brand was the brainchild of Wally Byam in the mid-1930s, and the goal for this event is to include at least one example of an Airstream representing each decade from the 1940s to the present.

"We're anticipating at least 25 vintage trailers representing a range of makers and sizes," Moffat said. "We'll have everything from a 13-foot

Airstream Bambi to the giant rigs in excess of 30 feet." All trailers will be open and available for viewing, giving visitors and glimpse of beautiful wood interiors and period appointments.

Moffat, who owns a brightly polished 1972 Airstream Globe Trotter, said the event is seeking out more trailers, and anyone interested in displaying can contact him for more details at gary@carpevinoauburn.com. Though this will be a "dry camping" event with no hook-up services, participants are encouraged to stay overnight in the parking lot. On Saturday evening, Carpe Vino will host a wine and appetizers event at the restaurant in Old Town for all trailer owners participating.

The Old Town Auburn Vintage Trailer Classic is intended not only to be a fun event, it is also

designed to encourage locals and out-of-towners to visit the historic district. "The Old Town Business Association is always searching for new ideas to draw people into our shops and restaurants," Moffat said. "With the long-time popularity and success of Cruise Nite Downtown, we think there will be significant crossover interest that will hopefully translate into good crowds."

Moffat said the trailer show is just one of many attractions on a typical weekend: "This is a great opportunity for people to take the Saturday morning guided tour of Old Town, visit the Farmers' Market, explore the shops and have lunch before the trailer show opens at 3 p.m."

For more information and updates, visit www.vintage-highway.com.

State Fire Marshal Issues Mandate to Gas Station Owners

From California Department of Forestry and Fire Protection

On August 23rd the California Office of the State Fire Marshal (OSFM) announced that it was mandating the removal of hold open latches on all Vapor System Technologies (VST) nozzles in approximately 3,000 gas stations statewide. The action taken today will ensure public safety and allow the gasoline stations equipped with VST nozzles to continue operating.

Some VST nozzles have allowed gasoline to be unexpectedly sprayed before the nozzle is inserted in the vehicle's gas tank. To date, 13

spraying incidents have been reported and confirmed by the California Air Resources Board (ARB). Seven of these incidents resulted in consumers being sprayed with gasoline.

In order to avoid the possibility of being sprayed with gas, it's very important for customers fueling with a VST nozzle take the following steps: Insert the nozzle into the gas tank BEFORE selecting the grade of gasoline; DO NOT insert any type of foreign object (gas cap, water bottle, etc) in the handle to keep the gas flowing; If you encounter a VST

nozzle with the hold-open latch still in place, DO NOT use it

Station owners or operators are obligated to remove the hold open latches by October 15, 2010 in order to remain in operation.

ARB is currently working with VST and other manufacturers on replacement nozzles. When these replacement nozzles become available, they will provide the station owners the option of replacing their current VST nozzles with a nozzle that provides hold-open latches for their customers.

McClintock Endorses Ted Gaines for State Senate

Placer County - United States Representative Tom McClintock today endorsed Assemblyman Ted Gaines in the First Senate District Special Election.

"Ted Gaines is the conservative in the race and the one candidate who voters can trust to never raise their taxes," said McClintock. "He understands that over-spending and an inability to say no to special interests is the root cause of the state's yearly budget woes and that cutting bad deals and compromising on principles only makes the problem worse."

The Governor called a Special

Election for January 4, 2011 to fill the remainder of Senator Cox's term. The primary to determine which candidates appear on the January 4th ballot will be held November 2. The top vote-getters from each major party will move on to the January ballot.

"I am honored to receive Representative Tom McClintock's endorsement. Tom is a nationally respected conservative leader and very popular with voters in our Senate District. I look forward to working with him to protect and represent the taxpayers of our area and state," said Gaines.

Ted Gaines is a small business owner and former Placer County Supervisor. The First Senate district is comprised of twelve counties, stretching from the Oregon border in the north through Mono County in the south. Approximately 34 percent of likely voters reside in the 4th Assembly district, represented by Ted Gaines. The legislator who represents the second most voters is Democrat Alyson Huber, with 21% of First Senate District voters residing in her Assembly district. Additional hes for their customers.

ACLU Again Refuses to Ask U.S. Supreme Court to Review Ten Commandments Case

Liberty Counsel, www.LC.org

Your Nation - August 16 - The ACLU has allowed the time to expire without filing a petition with the U.S. Supreme Court requesting review of the Ten Commandments case in ACLU v. Grayson County, Kentucky. The Sixth Circuit Court of Appeals ruling, which upheld the Ten Commandments in the "Foundations of American Law and Government Display," now stands. Since 2005, this is the fourth time the ACLU has lost a Ten Commandments case and refused to ask the Supreme Court to review the matter.

Located on the second floor of the Grayson County, Kentucky, courthouse, the "Foundations of American Law and Government Display" includes the Ten Commandments, Magna Carta, Mayflower Compact, Declaration of Independence, Bill of Rights, Preamble to the Kentucky Constitution, Star-Spangled Banner, National Motto, and a picture of Lady Justice, with an

explanation of the significance of each. The purpose of the display is educational and is intended to reflect a sampling of documents that played a significant role in the development of the legal and governmental system of the United States.

The case began in 2002 when the ACLU filed a lawsuit against Grayson County and a federal judge ruled against the display. Mathew Staver, Founder of Liberty Counsel and Dean of Liberty University School of Law, presented the winning oral argument on behalf of Grayson County in April 2009 at the Sixth Circuit Court of Appeals. The display is identical to the displays at issue in the ACLU's lawsuits against McCreary and Pulaski Counties in Kentucky, which Staver argued at the U.S. Supreme Court in 2005. Also in 2005, this same Sixth Circuit Court of Appeals upheld the same Ten Commandments display in Mercer County, KY, which Liberty Counsel also defended. The Sixth Circuit governs Kentucky, Ohio, Tennessee and Michigan.

Notwithstanding this identical and controlling precedent, the federal judge entered a permanent injunction against the Grayson County display.

The ACLU chose not to ask the U.S. Supreme Court to review the case, and now the time has expired to make such a request. The Foundations Display has not been reposted in the Grayson County Courthouse.

Commenting on the case, Staver said: "We are pleased that this case is now closed and that the 'Foundations of American Law and Government Display' will now include the Ten Commandments. The Ten Commandments are part of the fabric of our country and helped shape the law. It defies common sense to remove a recognized symbol of law from a court of law. The ACLU might not like our history and might run from it, but the fact remains that the Ten Commandments shaped our laws and may be displayed in a court of law."

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Placer Sentinel

Serving Auburn and Placer County since 1987

Publisher—Paul V. Scholl

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Cheers & JEERS

The Sentinel is pleased to provide you with a chance to sound off on whatever you feel strongly about. E-mail cheers or jeers to editor@placersentinel.com.

Our First Jeers ...

... go to the Sentinel, for goofing the front page article jump to page 5. You can now find the rest of the article on our website in the online version. Go to PlacerSentinel.com.

Cheers for the return of the Sentinel, we missed you. Nice format.

Jeers to those people in line at a cashier who insist on digging for the exact change for 5 min. while others wait in line behind the "considerate" individual.

Jeers to the litigious society that makes PG&E require an easement payment for insurance purposes from the New Auburn Cemetery district it can't afford so the entrance to the cemetery is now blocked.

Frank P.

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Placer Community Theater Returns with "She Loves Me"



"She Loves Me" performers Aarron Kelly and Katleen Brace. Photo by Brenda Lindley

Auburn – Placer Community Theater presents their summer musical *She Loves Me*, in hopes of surpassing the audience draw of last summer's highly successful *Mid-Life! The Crisis Musical*. PCT brought the largest audience to the State Theatre thus far when they produced the first live theatrical performance in decades at the newly renovated historic theatre last August. Nearly 1,100 people came to see *Mid-Life!* over the three weekend run, with 8 sold-out shows. Not only did the theater company's rental bring valuable exposure to the venue, but APPAC Board Member Dean Prigmore stated that, "PCT staged one of the most successful productions at the State Theatre to date."

She Loves Me takes place in the 1930's and is based on the film *The Shop Around the Corner* (also the premise for *You've Got Mail*). This is the classic tale of a couple who

feud in real life, but unknowingly become pen pals and fall in love. It is the rare musical theatre aficionado who does not have a soft spot in their heart for this intimate show, considered by many the most charming musical ever written. Funny, intelligent, honest and sentimental, *She Loves Me* is a warm romantic comedy with an endearing innocence and a touch of old world elegance and nostalgia, yet as universal and relevant as ever in this age of internet romances.

PCT's presentation of *She Loves Me* is rated G and appropriate for the whole family. Beverages and gourmet desserts are included in the ticket price.

Dates and Details

Dates: August 27, 28 @ 8:00 pm, Location: APPAC, the State Theatre, 985 Lincoln Way, Auburn

Tickets and Information

Call (530) 852-2708, email

info@placertheater.org or visit www.placertheater.org
Tickets for APPAC benefit
 Call (530) 885-0156 or www.livefromauburn.com.

Placer Community Theater is a nonprofit theater group established in 2004. Our goal is to provide quality entertainment to the people of Placer County and surrounding areas. We are committed to encouraging community involvement in the arts. "Mid-Life! The Crisis Musical," "Exit the Body," "Secrets Every Smart Traveler Should Know," and "Rumors" are but a few of PCT's successful endeavors. We offer scholarships and support to local residents who are interested in pursuing an education in acting or other technical theater programs. For general information and tickets, please visit www.placertheater.org, call (530) 852-2708 or email info@placertheater.org.

Youth Prepare for Green Jobs at Auburn's California Conservation Corps

Placer County – Young men and women at the California Conservation Corps (CCC — www.ccc.ca.gov) Placer Energy Center in Auburn, CA are receiving Technical Education in Energy Efficiency and Construction (TE²C) that will prepare them for sustainable careers as a result of a grant secured by the Center for Applied Competitive Technologies (CACT) (sierracollegetraining.com) at Sierra College in Rocklin, CA.

CCC members considering green careers participated in an Orientation to Green Construction, Weatherization and Building Science Basics in July. The first CCC members start the TE²C training August 16 and four crews are expected to participate in the pilot program.

Sierra College CACT developed the 128 hour TE²C course to prepare Corps members for entry-level employment in the Energy Efficiency Construction Industry. CCC members will benefit from a combination of lecture and hands-on training in weatherization, building science basics, worker safety, weatherization measures, energy efficiency and alternative energy fundamentals. As part of the course, crews will build, retrofit and weatherize CCC base camp structures. In addition, the CCC plans to support state agencies in retrofitting facilities to reduce their energy consumption.

Rod Thornhill, Conservation

Administrator II, CCC, expects TE²C to become a state-wide model. "Our goal is to prepare CCC members for highly-paid, in-demand local jobs," said Thornhill. "Sierra College CACT has given us a wonderful opportunity to teach practical safety, construction, weatherization and energy retrofit skills that complement work assignments with state agencies. As the TE²C program tagline says, 'Sustainability Starts Here.' Not only will Corps members have marketable skills, they'll have an excellent foundation to build rewarding careers. The CCC will become the training ground for technicians to fill growing demand statewide."

Sierra College CACT developed the coursework based on US Department of Energy's Weatherization guidelines, the California Department of Community Services and Development (CSD) weatherization program, core competencies of the Weatherization Assistance Program, and to comply with the PG&E Energy Partners program (http://www.pge.com/energypartners/).

TE²C will open 'green collar' career paths to local youth and supply qualified workers to local businesses explained Carol Pepper-Kittredge, CACT Director for Sierra College, and grant project manager. "The Sacramento Region is expected to have the highest rate of green job

growth (87%) in the state according to Clean Tech Job Trends 2009 prepared by Clean Edge, Inc," said Pepper-Kittredge. "In addition, as many as 3,530 new green jobs will be created in the Sacramento region through 2012 according to Centers of Excellence, Environmental Scan: Energy Efficient Occupations. TE²C graduates will have the skills and experience to qualify for many of the expected entry level positions." Those who complete the TE²C training may also choose to continue their studies through the Sierra College Energy Technology photovoltaic program (sierraenergytech.com).

The California Community College Chancellor's Office, Economic and Workforce Development Program provided the \$205,000 grant to develop workers' skills to meet a growing demand for energy efficiency technicians. In addition to the CCC workforce development project, CACT is offering manufacturers energy efficiency training that aligns with lean manufacturing and continuous improvement principles to make local companies more competitive globally by reducing energy costs. Since 1992, Sierra College CACT has worked with businesses, manufacturers and technology companies in Northern California. For more information, go to www.sierracollegetraining.com or contact Carol Pepper-Kittredge at 916-660-7801 or cpepper-kittredge@sierracollege.edu.

Placer SPCA Thrift Store Grand Opening a Success

Placer County – Placer SPCA Thrift Store employees opened the door on Saturday, August 14, and stepped out of the way. An eager group of shoppers who gathered in front of the new Roseville business before the 10:00 a.m. opening time quickly filled the store, all ready to be the first to claim the best bargains.

"The response has been wonderful," said Placer SPCA CEO Leilani Vierra. "Shoppers are drawn by the value, and even more by the fact that they are helping the animals at our center."

The Placer SPCA Thrift Store is owned and operated by Placer SPCA, a local,



Shoppers enjoyed the store opening. Photo by Todd Olson

independent 501(c)(3) nonprofit organization, and all proceeds will directly benefit the organization. The store will be a place to shop for treasures, donate gently used

items, or volunteer, all for the benefit of the animals of the Placer SPCA. The well-appointed, boutique-like atmosphere of the Placer SPCA Thrift Store welcomes visitors with an ever-changing inventory of carefully selected, high quality items.

The Placer SPCA Thrift Store is open Tuesday through Sunday from 10:00 am to 5:00 pm. Donations are accepted at the back entrance Tuesday through Sunday from 10:00 am to 4:00 pm. Those interested in volunteering are asked to call (916) 782-2434, email pspcathrift@gmail.com, or visit www.placerspca.org/thrift for more information.

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In 2009, Identity Theft Cost Americans Over \$54 Billion.

Source: Javelin Strategy & Research, "2010 Identity Fraud Survey Report," February 2010

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A Serious and Growing Problem.

Identity theft is one of the fastest growing crimes in the nation. Over 11 million Americans fell victims to the crime in 2009, at a cost of over \$54 billion. (Source: Javelin Strategy & Research, "2010 Identity Fraud Survey Report," February 2010.)

As thieves employ more sophisticated and high-tech methods, the number of identities exposed in a single theft increases dramatically, as does a consumer's level of risk. Every week, retail companies, financial institutions, and national organizations are breached, and the personal and financial information of hard-working Americans is stolen.

LifeLock, the leader in proactive identity theft protection, helps protect your identity – even if your personal information falls into the wrong hands. As a LifeLock member, if you become a victim of identity theft because of a failure in our service, we'll help you fix it at our expense, up to \$1,000,000. (Restrictions apply. Due to New York State law restrictions, the LifeLock \$1 Million Total Service Guarantee cannot be offered to the residents of New York.)

"I've been in law enforcement all my life... If my identity was stolen, anybody's identity could be stolen... that's where LifeLock stepped in."
- Matthew Diaberi, LifeLock Member

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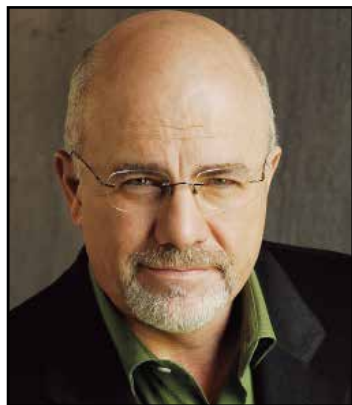
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Dave Says



Dave Ramsey is a personal money management expert, popular national radio personality and the author of three New York Times bestsellers – *The Total Money Makeover*, *Financial Peace Revisited* and *More Than Enough*. In them, Ramsey exemplifies his life's work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age, and give generously to others.

More or Less?

Dear Dave,
When, if ever, should your baby emergency fund be more than \$1,000? Is there ever a scenario in which it should be less?
- Sue

Dear Sue,
I always recommend that people who make \$20,000 a year or less start out with a baby emergency fund of \$500. Almost anyone can scrimp and save up \$500 in a short amount of time, and this makes it easier for folks who don't make a lot of money to have a safety net in place.

Is there a scenario where the baby emergency fund should be more than \$1,000? I guess if you were stuck in a situation where you had \$200,000 in debt and made \$60,000 a year, you might want to ratchet that amount up to \$2,000 or \$3,000. The reason? It's going to take you several years to dig your way out, and that means you're taking a chance on several years worth of emergencies!

If you've got a really unstable situation—like there's a good chance you might lose your job—or an emergency already pending, you should delay starting the Baby Steps and pile up a bunch of cash. In a case like that, it just wouldn't make sense to start a financial overhaul and be sitting there with only \$1,000 in the bank. If there's a nasty storm coming, you need to work, work, work to get ready, and make sure you've got the biggest umbrella you can get!

Then, after you get past the bad stuff, you can push "play" on your Total Money Makeover. That's when you'd

pull your savings back down to \$1,000 and go into attack mode on your debt!
- Dave
Unmarried Couples Combine Finances?

Dear Dave,
Do you advise unmarried, long-term couples to combine finances to follow your plan, or should they move forward financially on an individual basis?
- Ashley

Dear Ashley,
I always answer questions like this based on what I would do in the same situation. I know the statistics on unmarried couples who live together, and the numbers show most of them don't stay together. I'm not trying to be mean, but I want you to know the truth.

Combining your finances when you're not married could be a disaster. Pretending you're married, but trying to keep your finances and other areas of your lives separate doesn't work, either. I've been doing this for a long time, and I've met with an awful lot of couples in your situation. So, here's my advice to you, Ashley. If you love this guy, and he loves you, then you need to get married. You may think that's presumptuous, but you asked my opinion.

The idea that long-term, unmarried couples prosper financially and emotionally is pure mythology!

- Dave
*Please visit www.davesays.org for more financial advice.



LAW OF ATTRACTION

Remember all the hubub about "The Secret"...you know...wish for it and it will come? Well, I was really skeptical about this because I firmly believe you need to get off your duff and go for it yourself. Then I interviewed **Sonia Ricotti** on my POPPOFF Radio Show, and she took a different spin on the law of attraction in her book "The Law of Attraction Plain and Simple." She replaces metaphysical jargon with common sense savvy to create a refreshing path to happiness, and all in eleven steps. The Law of Attraction is a universal law. It means like attracts like. So let's get in step with Sonia.

- 1) **Decide What You Want...**In order to truly manifest and attract all that you desire in life; you must first have a clear vision of what your greatest life would look like.
- 2) **Choose Your Thoughts and Feelings...**At first this might sound difficult to do, but by simply becoming aware of what you are thinking and

POPPOFF!

with Mary Jane Popp

feeling, you can redirect negatives into positive.

3) **Keep The End in Mind...**At the end of life, what do you want to be remembered for? What would they say at your memorial service?

4) **Remove Meaning...**Many people believe that the meaning they give to their life experiences is real. The truth is we choose how we interpret whatever we experience in life. You have the power to choose.

5) **Let Go...**Let everything that is currently happening in your life "be." Accept your life exactly the way it is and the way it isn't.

6) **Forgive...**Forgiveness is the key to emitting and creating positive energy. And, it's one of the most difficult states to achieve.

7) **Unleash The Past...**By holding on to the negative feelings we have about our past, we limit our ability to become what we want to be.

8) **Be Grateful...**The energy you put out to the universe is the same as the energy you receive from the universe. Appreciate what you have. It puts you in a "feel good" mood.

9) **Choose Your Friends Carefully...**Do the people you surround yourself with elevate you? Are you inspired, joyful, and full of positive energy? Surround yourself with positive people.

10) **Connect Mind, Body, and Spirit...**Set aside time for you.

Meditation, exercise, wholesome nutrition, nature...all important to your well being.

11) **Allow It...**Feel it...believe it...achieve it. Become keenly aware. Be free of any negative energy and have no doubt it will come to you.

12) **Enjoy The Journey...**It takes practice, awareness, and time to master. As you become more aware, peaceful, and appreciative, you will discover the incredible people, situations, and experiences that miraculously come into your life.

And here are the final twelve tips to begin:

- 1) *Love Yourself.*
- 2) *Live in the moment.*
- 3) *Create a mastermind group.*
- 4) *Find a mentor.*
- 5) *Grow, grow, grow.*
- 6) *Embrace the fear.*
- 7) *Walk your own path.*
- 8) *Create an action plan.*
- 9) *Take action steps everyday.*
- 10) *Never give up.*
- 11) *Be a leader and elevate others.*
- 12) *Take the leap.*

Bottom line. It's all up to you now! Go forth and prosper!

Join Mary Jane for the **KAHI Noon News Monday-Friday** and then again for **POPPOFF 10 PM-Midnight**.



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House Passes International Megan's Law

After leading the fight to bring child predators to Justice in California and across the country, Congressman Dan Lungren's (R-Gold River) wish to have Megan's law reach international predators came true. International Megan's Law – H.R. 5138 - was passed recently by Congress. Lungren gave the following statement:

"While serving as the Attorney General of California, I worked to ensure passage of Megan's Law, which helps parents in California protect their children from sexual predators. Because of the effective enforcement of laws like the

California Megan's Law, sex offenders are increasingly preying on young victims overseas – out of the reach of local and state law enforcement agents.

"Certain cities have become prime destinations for child sex tourists. They are global hubs of human sex trafficking where young children are bought, sold and abused in a manner that defies all human decency.

"I recently had the opportunity to meet with a young man in my District who is working with a team in Sway (pron. SWHY) Pak, Cambodia to combat human trafficking. He told me the children who are trafficked

in and out of Sway Pak are between three and nine years old.

"The city is a haven for habitual sex offenders who are already on Megan's Law registries in the U.S. and looking for new venues in which to perpetrate crimes on children. The bill we passed Tuesday, H.R. 5138, will bring us one step closer to stopping these predators before they do unspeakable, irreparable damage to children."

Congressman Dan Lungren serves as Ranking Member on the House Administration Committee in addition to serving on the Judiciary and Homeland Security Committees

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Noon–1pm: The KAHI Noon News Plus with Mary Jane Popp and the KAHI News Team

1pm–4pm: The Dave Ramsey Show

4pm–7pm: The KAHI Afternoon News with Dave Rosenthal and the KAHI News Team

7pm–10pm: Into the Night with Tony Bruno

10pm–12am: Poppoff with Mary Jane Popp

Thursdays 7pm – 9pm: Thursdays with Bassil

Saturdays

6am–7am: A Time for Seniors

7am–8am: The Swap Shop

8am–9am: The KAHI Corral

9am–10am: The Garden Guru

10am–11am: Medically Speaking Radio

11am–12pm: Retirement Catch-Up

12pm– 8pm: Big Cletus Country Music

8pm – 9pm: Rewind with Jimmy Jay

Sundays

7am–7:30am: Bayside Auburn Church Service

7:30am–9am: Cruisin' Garage & Swap Meet

9–9:30am: Auburn Grace Community Church

9:30–10am: On The Money

8pm–9pm: Hearts of Space

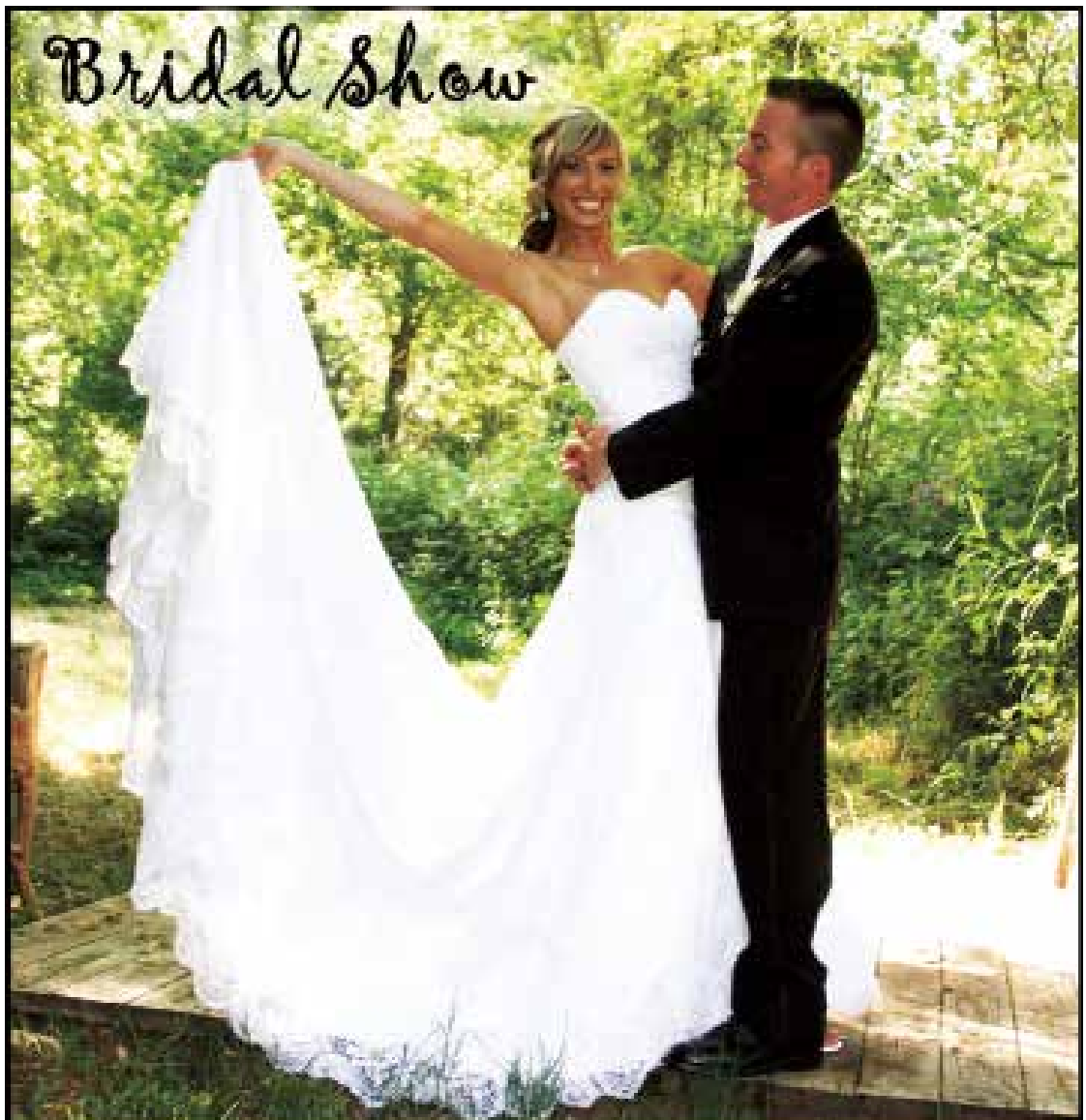
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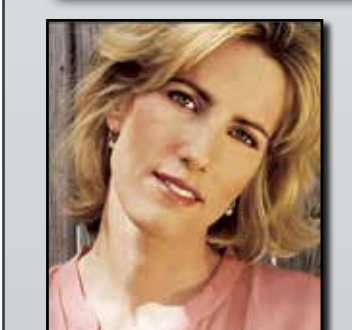


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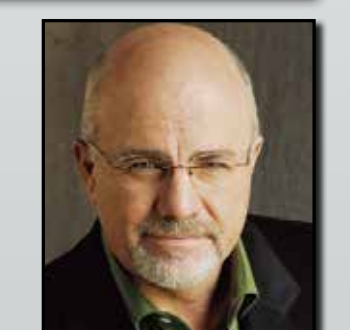
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SNC Board Meeting to Discuss Jobs, Ecosystem Health, Forest Management



Auburn—Building consensus on issues surrounding the management of Sierra Nevada forests will be a key topic of discussion when the Sierra Nevada Conservancy (SNC) holds its quarterly Governing Board meeting in Sierra County September 1-2.

“We’re looking forward to having the governing board come to Sierra County and see firsthand the issues facing our communities,” said Sierra County Supervisor and SNC board member Bill Nunes. “The SNC is committed to addressing the risk and consequences of large damaging fires and doing so in a way that is sustainable for our forests and communities. This is a huge issue in our county and I appreciate the SNC providing leadership and support.”

The SNC is sponsoring an Initiative aimed at restoring public forests to ecological health, reducing the threat and consequences of large damaging fires

and contributing to sustainable local economies. The Sierra Nevada Forest and Community Initiative is designed to bring a wide range of parties together regionally and locally to identify areas of agreements and initiate actions.

“A century of fire suppression and decades of conflict between multiple stakeholders regarding forest and habitat issues on public lands has resulted in lawsuits, limited forest management and more frequent large damaging fires in the Sierra Nevada,” SNC Executive Officer Jim Branham said. “At the same time, the loss of wood production infrastructure has contributed to forest overgrowth and the suffering of local economies. The status quo is simply unacceptable.”

On Wednesday September 1, the SNC Board and staff will visit a fuel break near Calpine, and discuss the importance of ranching and recreation to the area at various locations in the county. The Conservancy has awarded more than \$5 million in grant funds for projects in Sierra County, the most funding awarded within any county in the Sierra Nevada Region.

The public is welcome to attend both events. The tour, which begins in the parking lot across

Highway 49 from Herrington’s Sierra Pines at 1:30, includes stops near Sierra Valley, Calpine and Sardine Lake. The Board meeting will begin at 9:00 am September 2 and will be held at the Sierra City Community Hall, 13 Castagna Alley (off Hwy 49).

About the Sierra Nevada Conservancy, Governing Board

Created in 2004, the Sierra Nevada Conservancy is a state agency whose mission is to improve the environmental, economic, and social well-being of the Sierra Nevada Region. In its first five years, the SNC, which receives no general fund tax dollars, has awarded nearly \$30 million in grants for projects including fuels reduction, conservation easements and acquisitions and watershed and habitat restoration. Funding for these projects comes from Proposition 84 passed by voters in 2006.

The SNC Governing Board meets quarterly around the Sierra Nevada Region, which spans 25 million acres, encompasses all or part of 22 counties and runs from the Oregon border on the north to southeast of Bakersfield.

The Poisons All Around Us

by Jeff Feldman

Lately I’ve been reminded of an old campfire skit. The leader is speaking calmly to the gathered campers when someone races in with arms flailing, shouting: “Help! Help! It’s all around me!” The host reacts with genuine concern: “What’s all around you?!” The intruder smiles, shrugs and replies nonchalantly: “The air.”

Goofy, I know, but I’ve recently been experiencing that same feeling. Not about the air, but about chemical substances – 80,000 potentially toxic synthetic substances in current use in the U.S, of which only 200 or so have been safety tested by our government.

Under current law, chemical products are judged “innocent until proven guilty,” rather than asking industry to research a substance’s safety before companies put the stuff into the environment. It’s just that sort of thinking that got us in trouble with DDT, dioxin, and PCBs – once “beneficial” chemicals now deemed deadly, and banned.

A slew of new safety studies, two new congressional bills, and numerous product recalls (including 28 million boxes of Kellogg cereal this summer) have amped up debate over the potential toxicity of chemical compounds that are, literally, all around us: in our food, water and air, and scariest of all, in our bodies and the bodies of our children.

Let’s look at just two suspect synthetics: Bisphenol A (commonly called BPA), and the phthalates (a family of compounds). Both are endocrine disruptors that mimic natural hormones in the human body with potentially harmful effects. I say “potentially” because evidence is still deemed “inconclusive” by the federal government despite hundreds of studies linking these

chemicals to various cancers, reproductive and sexual disorders, obesity, and behavioral problems like attention-deficit disorder.

Bisphenol A has especially come under scrutiny since its health impacts most effect pregnant women, babies and children. This hard plastic additive is found in an incredible range of consumer products, including food and drink containers (especially their linings), baby bottles, reusable water bottles, and other food packaging. Detectable BPA was found in 92 percent of canned food tested in a study released this spring by the National Workgroup for Safe Markets, a coalition of public and environmental health groups. More worrisome, the Centers for Disease Control and Prevention found traces of BPA in the urine of 93 percent of all people tested.

Phthalates are added to plastics to increase flexibility and durability. Any soft, pliable plastic item found in the office, car or home is likely to contain phthalates including children’s toys. Phthalates are also common additives to shampoo, hair spray, cosmetics, detergents and lotions – essentially any personal care product containing fragrance. Have I mentioned that they’re all around us?

Despite the many studies indicating risk, the U.S. Environmental Protection Agency simply lists BPA and phthalates as “chemicals of concern.” The U.S. Food and Drug Administration currently allows both compounds in food packaging. The U.S. government only recently restricted the use of certain phthalates in children’s toys and child-related products, a step the European Union took back in 2005.

“America’s system for regulating industrial chemicals is broken,” declared Senator Frank Lautenberg (D-NJ) this spring when introducing the Safe Chemicals Act of 2010.

This bill, if passed, would replace the antiquated and inadequate Toxic Substances Control Act of 1976, shifting the burden of chemical safety to industry in order for a product to stay on the market. In a separate bill, the Food Safety Modernization Act, an amendment by Senator Diane Feinstein (D-CA) would ban BPA from food-related products.

Of course, the chemical industry is fighting to water down both bills. And if passed, neither will bring immediate change. BPA and phthalates will likely both require a slow phase-out.

In the meantime, there are ways to reduce your family’s BPA and phthalate exposure. For starters, evaluate food packaging, personal care products, and soft plastic toys – the kind likely to end up in a little one’s mouth. Though a federal ban on phthalates in kid’s toys has taken effect, older toys may still contain the chemical. Also, read the ingredients on personal care products for fragrance additives – which may include phthalates. Phase out reusable plastic food containers in favor of glass and stainless steel. Canned food consumption should be limited (since most cans are lined with BPA) especially for young children and pregnant women.

Unlike that fellow rushing to disrupt the campfire, I’m not trying to evoke panic, but I am offering a friendly warning. Until government and industry take a more responsible role in chemical safety, it’s your and my job to protect our families as best we can.

Comment on this column and get information about unregulated potentially toxic chemicals at: www.blueridgepress.com. Jeff Feldman runs GreenPath Consulting, a green building consulting firm. He lives in Berkeley County, WV. © Blue Ridge Press 2010. Blue Ridge Press is a syndicated news and commentary service reporting on the environment, published by more than 400 newspapers and their websites in 45 states, reaching more than 40 million readers in the past three years.

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California Budget Actions-Poised for Another Post Viet Nam Disaster

From DVBE Alliance

There are always concerns in the veteran community, especially with Viet Nam Vets, that we won't get the support, funding and services that we were promised when we chose to serve our country. Viet Nam vets returned home to an angry America and many of those vets never overcame that reception.

The present action by our legislature to cut County Veteran Service Offices (CVSO) here in California portends a return to this lack of consideration for the sacrifice that our troops make. When they go into harms way they don't hold anything back and California should not hold back on serving them when they come home.

Far from the marble halls and paneled offices of California legislators, our military people are looking over their shoulders for the next bullet that may take their life or limb. We must not let shortsighted legislative

actions make these brave men and women have to look over their backs when they get home. Decrements to the CVSO program will carry a long-term hellacious effect on CA citizens who have served their country. As the first contact for many veterans in all 58 counties, the CVSO has access and provides assistance to Californian's seeking benefits they were promised as members of the U.S. Armed Forces.

As in most cases spurred by political necessity, mistakes are being made in haste. Money aside, citizens in California deserves to know that when they stand up for military service their state stands behind them. With 30,000 men and women now coming home to California from service overseas each year, the role of the County Veteran Service Officer has become crucial in resettling and integrating these 'warriors' back into the civilian society. Knowing this, the CVSO program should be expanding, not facing severe

cutbacks.

In addition, money paid to veterans in benefits is spent in communities statewide helping local recovery and economic activity. On average, a qualified veteran can receive up to \$13,000 a year in benefits. In 2008-2009, the CVSO helped bring in \$257 million in new federal assistance for veterans, money that keeps coming to California year in and year out throughout the life of the veteran.

The California Disabled Veteran Business Alliance is a non-profit organization dedicated to helping our military men and women obtain training, education and business opportunity and we stand with the County Veteran Service Officers as they fight to survive and serve the veteran community in California. For our disabled veterans, any further action that restricts their access to benefits they have earned adds insult to injury.

Legacy Gift Left as Big Thank You for Care Given

Auburn – The Placer Community Foundation recently awarded grants totaling \$5,000 to Seniors First's Meals on Wheels program and to Sutter Auburn Faith Hospital Foundation's Visiting Nurses Association. Grant funds support the purchase of meals and equipment provided to home-bound residents of Placer County. The grants are made through the Frank and Gladys Porter Fund, a component fund of the Placer Community Foundation.

"Five days a week we provide 350 hot meals to homebound seniors but due to lack of funding and increased demand, we've had to put people on a waiting list," stated Cindy Sasser, Coordinator of Seniors First's Meals on Wheels program. "In many cases our volunteer drivers are the only face these people see in a given day, which means we not only provide food, we can act as a conduit for other immediate services. This grant allows us to deliver nutritional, well-prepared meals to more people in need."

Anne Lyons manages the Home Health Division of Sutter Auburn Faith Hospital and oversees the Visiting Nurses Association. She said the funds will help buy equipment not covered by Medicare for those patients without sufficient funds

of their own. "At least 80% of our home-bound patients are of Medicare age or higher," she stated. "They require things like seating cushions, dressings and even dentures—things that seem simple but are vital to their rehabilitation. We are excited to have a source of funds to help restore patients to better health."

Frank and Gladys Porter's gift through bequest represents a legacy of gratitude for the vital care they each received during their last years of life. Upon entering their eighties together the two faced declining health issues, making it difficult to leave their home. They became increasingly dependent upon organizations that provided them reliable and trustworthy in-home care such as medical assistance, cooked meals and companionship. Gladys and Frank passed away within a month of each other at the age of 87 and 88 respectively.

Frank and Gladys lived a quiet life in Auburn. Gladys loved to grow flowers, Frank treasured their two, white German Shepard dogs, and both enjoyed spending time with friends. Frank was a local chiropractor and painting contractor. Thinking Placer County had an abundance of chiropractors, he changed career paths and partnered to run and operate Porter & Nippert

Painting until the 1980s. He then returned to the chiropractic field and operated his own practice until retirement.

Not known to be philanthropic during his lifetime, Frank chose to leave a portion of his estate to charity, stipulating that funds go to services provided to home-bound people of all ages. Frank understood that no matter what your circumstance or age, everyone needs outside help at some point in their lives. His legacy gift shows that anyone can make a difference on a cause that mattered most to them during their lifetime.

About Placer Community Foundation

Placer Community Foundation is a nonprofit community corporation created by and for the people of Placer County. Its mission is to encourage philanthropy for the betterment of communities in our region. As the preferred conduit for donors and professional advisors interested in establishing charitable funds, the Placer Community Foundation has utilized these contributions to distribute over \$2 million in cumulative grants to causes in Placer County.

To learn more about creating your own legacy of giving, visit www.placercf.org or call 530-

Tell the Attorney General and Governor to Defend Prop 8!

From Capitol Resource Institute

Sacramento Region—Jerry Brown is not appealing. Put another way, Jerry Brown has refused to file the appeal of the recent federal trial court decision declaring Proposition 8 unconstitutional. Yes, it is his responsibility as the Attorney General (AG) to defend voter-approved measures, but he does not agree with Proposition 8.

And his failure to do his duty may end this battle right here.

As John Eastman points out in the Flashreport, unless the official government defendants file a notice of appeal the issue may end with the decision of one judge in San Francisco. The proponents of the measure may not have standing to file the appeal.

But, as Eastman also points out,

the Governor can file this appeal. While the Governor also opposes Proposition 8, we hope that he is fair minded enough to realize that the people of California deserve a full hearing in the courts on this important measure.

Governor Schwarzenegger, under Government Code (GC) Section 12013 has the authority to direct AG Jerry Brown to appear on behalf of the State. If the Attorney General refuses, then the Governor has the right to and should file the notice of appeal. He may also employ additional counsel, as he deems expedient. The lawsuit against Proposition 8, Perry v Schwarzenegger, even includes the Governor's name because the lawsuit is against the State. GC Section 12013 further reads that the Governor has the right to demand the AG's appearance and

supply additional counsel when suit or legal proceeding is pending against the State.

We join John Eastman and the 7 million Californians who voted in favor of marriage in 2008 in strongly urging the Governor to file the notice of appeal and allow committed counsel to continue to defend Proposition 8.

But we need your help to pressure Governor Schwarzenegger and Attorney General Brown to do their jobs. Please call and fax the Governor and Attorney General. We need to flood the phones/faxes all day long.

It is time we stand up and tell those who represent us to do their job and defend Prop 8!

Call the Governor—Phone: 916-445-2841-Fax: 916-558-3160.

Citizens Warned to Take Precautions When Looking to Hire A Contractor

By Art Campos, Public Information Officer Placer County District Attorney Office

Auburn - A recent case in which an 87-year-old Auburn woman was victimized in a scam has prompted the Placer County District Attorney's Office and the California State Licensing Board to remind the public – particularly senior citizens -- to take precautions when hiring a contractor for work projects.

In the Auburn case that occurred in January, a 30-year-old Roseville man bilked the elderly woman out of \$13,500 for a tree removal project on her property. The man cashed six checks, including four blank checks given by the victim.

The defendant, Leron Anthony Stephenson, was given a one-year jail sentence and must pay back the \$13,500 to the family of his victim, who died before the defendant

changed his plea to guilty in April, said prosecutor Jim Deslaurier.

Stephenson, who pleaded to theft charges and contracting without a license, was also placed on five years probation and was given a suspended prison sentence of five years and four months when sentenced May 26 in Placer County Superior Court.

The California State Licensing Board, or CSLB, urges citizens to hire only state-licensed contractors on projects of \$500 or more for labor and material. A contractor's license number can be checked online at www.cslb.ca.gov or by calling (800) 321-2752.

Tips recommended by the CSLB include the following: Get at least three bids, get three references for past work from each bidder, review such work in person, make sure all project expectations are in writing

and only sign the contract if you completely understand all terms.

Citizens should also confirm that the contractor has workers' compensation insurance for employees.

The CSLB urges citizens not to pay more than 10 percent down or \$1,000, whichever is less. Do not pay in cash and do not let payments get ahead of the work.

Keep a file of all papers and payments relating to the work and don't make the final payment until satisfied with the job.

Citizens are urged to watch out for door-to-door solicitations by people offering to do work at a reduced price. An unscrupulous contractor may also push for an immediate decision about work, making it difficult or impossible for a homeowner to get competitive bids, check licenses or review references, the CSLB warns.

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Lions Recycle for Sight

By Paula Mosqueda

Eighty years ago, the Lions Recycle for Sight program was begun. In this program, used prescription eyeglasses are collected, cleaned and passed on to those in need.

Both Lions Clubs of Auburn, the 49ers and the Host, have collection boxes placed throughout our community. These used eyeglasses are sent to Lions Eyeglass Recycling Centers, where they are cleaned and sorted by prescription strength before distribution to people in need. The nearest center in our area is located in Folsom Prison where, recently, the number of eyeglasses processed surpassed one million.

The Lions Club invites the community to take an active part in this

program. Accepted are prescription eyeglasses, sunglasses, and reading glasses. Children's eyeglasses are especially needed.

Donations may be dropped off at the following locations: A Sight for Sore Eyes -Bel Air, the office of Dr. Timothy Patchett, Sierra Optometry Center, Knights of Columbus, Curves, Old Town Post Office, Auburn Faith Hospice and Thrift Shop, Bel Air Pharmacy, Black Oak Golf Course, Dr. Belajic at Auburn Eye Care Association, Auburn Family Optometry, Reibes Auto Parts, Granite Community Bank, Save Mart, CVS- Elm Street, Auburn Elementary School, Rock Creek Elementary School, Skyridge Elementary School, St. Joseph Parish School, Bell Road Baptist Church, St.

Joseph Catholic Church, First Baptist Church, St. Teresa de Avila Church, Parkside Church of the Nazarene, St. Paul Lutheran Church, Unity Church of Auburn.

The Auburn Lions Clubs urge the community to search those un-touched, hidden places and find old eyeglasses you no longer need and drop them off. This simple act will change someone's life.

If you would like to have a collection box in your place of business, please let us know. The Auburn Host Lions and the Auburn 49er Lions thank you. To find out more about the Auburn Host Lions, log onto auburnhostlions.org. To learn more about the Auburn 49er Lions, go to auburn49erlions@gmail.com.

Refuge from page 1

Unless DFG undertakes a substantial public outreach effort, only a very small number of citizens will know they can comment on a decision that will impact wildlife. With a comment deadline of December 1, 2010, even if public noticing was more ambitious, it is debatable that DFG could make a well-researched decision in such a short time.

Studies to support the closing of the SGR's are not readily available on the DFG's website, so the public does not have data to make substantive comments. Also, in the analysis of SB 1166, from 2009, it is stated, "According to the author's office wildlife biologists at DFG contend that the game refuge system no longer serves a purpose and should be abolished. However, there are some who believe that the refuges have value. The author indicates that

the refuges were established for the purpose of providing a steady supply of game animals for hunting, however, it is unclear from the legislative history that that was the only or specific purpose of the refuges."

State Game Refuge closures must not be allowed to proceed without full disclosure of all impacts for each refuge, as well as cumulative impacts of closing 19 refuges. In addition to providing information about closures, DFG should study the merits of increasing State Game Refuges, especially in areas where wildlife populations have declined drastically (for instance, the Mendocino area). Besides deer, what other species benefit from the state designated refuges? DFG should be taking comments to increase the SGR designations.

Refuges are still safe havens for wild animals and for people who wish to hike, observe, boat, etc., without the threat of hunting and all its impacts. Closing refuges results in a loss for both animals and the people who use the lands peacefully.

With hunters representing less than 1% of the state's population, the vast majority of citizens would not approve the closing any State Game Refuge. If a true study and poll were taken, the vast majority would vote for increasing game refuge acreage, rather than eliminating or depleting it.

Additional motives for closing the State Game Refuges may be found in the implementation of the SHARE program (Shared Habitat Alliance for Recreational Enhancement) which pays private landowners handsomely to allow hunting. We hope the DFG's "review and evaluation" includes the potential financial windfall that will open up for the private landowners as well.

Unfortunately, in spite of the "public outreach" mandate, the public knows very little about this closure proposal, the comment deadline, or the process. For more information, and to comment using email, go to: <http://www.dfg.ca.gov/wildlife/gamerefuges/>

Marilyn Jasper is a member of Saving the Sierra and the president of the Clover Valley Foundation.

Be the Youth Voice of Your Group or Cause!

Placer County - Are you a youth looking for a way to increase your group's impact or raise awareness of a cause or issue? Or, do you represent a group or community that you feel is not well represented in local policy and decision making?

Become a Placer County Youth Commission AMBASSADOR! Ambassadors represent an interest area, organization, youth group, school

or school group, or any other segment of the youth population. They not only give their group or cause a voice in the local government, but serve as the official connection between the Commission and the group or interest they represent. This two way communication between youth from a wide variety of interests, groups, and communities improves understanding and representation of youth concerns,

querying of youth opinions, mobilizing youth action on issues, and creating a base of interested youth to research an issue and create change.

Ambassador positions are open to all youth, 6th grade to age 21, who reside in Placer County. For more information or to get an application visit: <http://ucanr.org/psyc/getinvolved> or call (530) 889-7392. Applications are due September 30th.

Antelope Man Receives Probation and Jail in Hit-Run Case in Which Woman was Killed

by Art Campos, Public Information Officer Placer County District Attorney Office

Placer County - A 20-year-old Antelope motorist was sentenced August 18th, 2010 to 300 days in jail and placed on probation for five years for a hit-and-run case in which a 47-year-old woman was killed on Interstate 80 in Roseville.

Jeremy Sam Sarguis, who pleaded guilty in May to two counts of conspiracy and one count of leaving the scene of an accident in which a death occurred, was given the sentence by Placer County Superior Court Judge Robert P. McElhany, who accepted the Probation Department's recommendation to grant probation.

The Placer County District Attorney's Office requested a sentence of three years in state prison for Sarguis, who struck and killed Vickie Janell Scott of Grass Valley as she walked on I-80 near Atlantic Street at 4:30 a.m. on Feb. 4.

In a statement of facts filed with the court, prosecutor Jeff Wilson said Sarguis was not an appropriate candidate for probation. Wilson wrote that Sarguis fled after striking the woman, despite pleas from one of his passengers to turn around and go back.

Instead, Sarguis, who was on probation for driving under the influence and who had consumed alcohol at a party prior to the accident, took back roads to drop off the passenger and then removed hairs belonging to the victim from the cracked windshield and hosed down the car to remove other evidence.

Later that day, the defendant and the passengers were convinced by the mother of one of the passengers to turn themselves in, Wilson wrote. However, the defendant and the others fabricated a story as to what occurred in the accident, he wrote.

It was only when the men were separated from each other and questioned by authorities that the truth

came out, Wilson wrote.

The prosecutor said the defendant's actions demonstrated "criminal sophistication in the execution of the crime, the destruction of evidence and the obstruction of justice."

Wilson wrote that the Probation Department's recommendation of probation "rewards the defendant for his choice to leave the scene."

"In cases where the defendant attempts to flee the scene to avoid a manslaughter conviction, the punishment must be prison," he wrote.

In addition to the probation and jail sentence, McElhany ordered Sarguis to pay \$8,804 in restitution and to submit to search and seizure from law enforcement. He is to abstain from using or possessing intoxicants and he cannot frequent places where alcohol is the chief item of sale.

Business & Service Directory

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California Capital Airshow VIP Performers Gala Tickets on Sale Now

Sacramento Region – The California Capital Airshow (www.californiacapitalairshow.com) is inviting the general public to attend its Saturday night performers gala. Dubbed "Sky's the Limit!" this year's exclusive event is open to the public and a portion of the proceeds will benefit the Children's Miracle Network. Guests can dine with their favorite pilot and spend an evening of fun with all of the Airshow performers surrounded by everything that flies – beautiful kites, hot air balloons, vintage aircraft and gorgeous cars! A limited number of tickets are available and are currently on sale for \$60 per person.

Gala attendees will enjoy an evening of wine and beer,

delicious food and live music. Numerous aircraft will be displayed, and guests can mingle with Airshow performers including the lead pilots from the F-22 Raptor Demonstration Team, the U.S. Navy F/A-18C HORNET Tactical Demonstration Team, Michael Goulian (www.mikegoulian.com), John Klatt (www.johnklattairshows.com), Kent Pietsch (www.pietschaircraft.com/airshows), Melissa Pemberton (www.sportsgal.com) and many more. The event will be held at the Mather Aviation Hangar, 10360 Macready Avenue, Mather Airport on Saturday, September 11 from 6:00-10:00 p.m.

The California Capital Airshow web site will be updated regularly

with news, attraction information and more. Community members and attendees can also follow the Airshow on Facebook and Twitter (#calcapairshow).

About California Capital Airshow

Established in 2004, the California Capital Airshow has become one of the largest and highly-respected shows in the nation. As part of its community relations, the non-profit organization has awarded over 70 scholarships to deserving students from our region with an interest in aviation, aerospace, aeronautics and related fields. For more information about the California Capital Airshow, please visit www.californiacapitalairshow.com.



by Marlys Norris

God extend towards you and He speaks these words to every single soul on this earth. "You will seek me and find me when you seek me with all your whole heart" (Jeremiah 29:13) Ask, Seek and Knock and the door will be opened unto you. His magnificence will be revealed to you. God loves you!

There is nothing more wonderful than living moment by moment with a consciousness of God's indwelling presence. This happens when a person invites Jesus Christ into their heart and life. Once you "know" Him, He is with you, lean on Him, talk (pray) to Him and learn from

Seek and You Shall Find

Him. Empty ones self from those things that crowd Him out, so you can spend time in His presence and be empowered by His Spirit to make your world a better place.

You are significant to the God of the Bible. God knows all about you and exactly where you are every minute of every day. He knows about your hopes and dreams as well as your fears. He wants the best for you. He is *omnipotent*, all powerful and able to move a mighty mountain that hinders your life's dream. He is a Father desiring success for His children. He is *omniscient*, He searches one's heart and knows absolutely everything, understanding every motive behind every thought. (1 Chronicles 28:9) Everything we do is known to Him, whom one day we must give an account. (Hebrews 4:13) Absolutely nothing is hidden from His eyes. God is *omnipresent*, everywhere

and He lives in every believer. Our body is God's temple. (1 Corinthians 3:16) and Christ dwells in our hearts through faith. (Ephesians 3:16,17) He is the same yesterday, today and tomorrow.

One can live an adventurous life to the fullest while enjoying His presence, guidance, and power. Being filled to a full measure of all the fullness of God (Ephesians 3:19) Allow God of the Bible to Light and Direct your path into a future that will be filled with His promised blessings. Become a recipient of His favor and blessings when obedient to follow His covenants, vows and Ten Commandments. His precepts lead to a happy life.

To God be all glory.

Marlys Johnsen Norris, Christian Author

Marlys5934@sbcglobal.net

'Get Acquainted' at Widowed Persons Association

Auburn - Widowed Person's Association of California will hold it's monthly "Get Acquainted" dinner on Thursday September 2, 2010 at 4:30 PM at the Sizzler Restaurant in Auburn. Call 530-878-1728 for reservations by Mon. August 31, 2010.

If you are new to WPAC this is an appropriate time to meet people who are also widowed.

All Widowed People are invited to attend three activities of this organization prior to joining our membership. Other activities include: card playing,

luncheons, bingo, bowling, trips to Reno, Coffee klatches and special activities.

For a free newsletter call 530-878-1728. For one on one grief support call 530-885-8298.

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Arts and Entertainment Calendar and Other Fun Things to do!

Coloma Hosts American River Music Festival



Coloma - The 4th Annual American River Music Festival, held throughout the friendly river community of Coloma, is September 17, 18 and 19. The Festival features over 30 Americana, Folk and acoustic Blues performances and workshops in 11 locations including our main stage, our three riverfront campgrounds, a white-water river trip, a guided river front hike, and local eateries.

This year we are proud to present Jesse Winchester (a legendary folk singer and lifetime achievement recipient from the American Society of Composers, Authors and Publishers), Slaid Cleaves (a nationally renowned troubadour), Karla Bonoff (known for

her chart topping songs such as "All of my Life", "Personally" and "Please Be the One", as well as many other performers coming from throughout the country.

The festival has music jams, an artist showcase night, "live" art performed during the main stage music, a sandy main stage swimming hole on the river, an art market, great kid's activities, food, beverages and much more.

Main stage tickets are \$35-A, \$15-Y(8-17) and free-Y(7 and younger). Camping music tickets are \$99-A, \$49-Y(8-17) and free-Y(7 and younger). Tickets and the complete schedule can be found at www.americanrivermusic.org or call 530.622.6044. Thanks for supporting LIVE MUSIC!

"Celebrating Women's Wholeness Retreat"

Cool - Ancient healing techniques combined with western science create an ideal balance for healing and transformation. Mariscela Alvarez, Certified Hypnotherapist, Shamanic Healing Practitioner, and Tracy Klasna RN, Vedic Master have teamed up

to offer you a "Celebrating Women's Wholeness Retreat". From October 1-3, we will return to our essential nature with scenic hiking trails, gentle exercises, life transforming spiritual journeys, healthy vegetarian meals and optional aromatherapy massages.

Our retreat center is located in the rolling foothills of the Sierras, in the city of Cool, California. If this sounds enticing to you, please contact Mariscela @ 530-863-0003 or Tracy @ 530-613-1284. Details and registration at www.fyspirit.com/EventsClasses.htm.

Local Events Calendar

Auburn Community Golf Classic

Auburn - The inaugural Auburn Community Golf Classic will be held on Friday, Sept. 17 at the Auburn Valley Country Club. The Auburn Chamber of Commerce and the Auburn Symphony, who have ties dating back to 1988, have joined together to raise much needed funding for the two local organizations. Community 1st Bank is the title sponsor.

The four-person scramble format tournament begins with lunch at noon, followed by a 1 p.m. shotgun start. The cost also includes green fees, range balls, cart, tee prizes, raffle, silent auction, and a dinner that will be highlighted by a special Travel Sweepstakes Raffle with an opportunity to win a week's vacation in Puerto Vallarta (condo/travel included). The Early Bird Special cost is \$135 if registered before Sept. 1 and rises to \$155 after that date.

The Chamber and the Symphony will be reaching out to the community for additional sponsorship participation, golfers, and contributions of silent auction items to raise funds for both organizations. To register or for more information about getting involved and helping to support the Auburn Symphony and Auburn Chamber of Commerce, email Bruce Cosgrove at bruce@auburnchamber.net or call the Chamber office 530 885-5616, ext. 226.

1940s Placer High School Picnic

Auburn - A 1940s picnic will be held on Saturday, August 28, 2010, from 11:00 a.m. to 5:00 p.m. at Auburn Recreation Park. All 1940s alumni and guests are invited to attend. Cost is \$15.00 per person. Call 530-885-3538 for reservation forms and additional information.

2nd Annual KidsFirst Golf Classic

Lincoln - Please join KidsFirst (formerly the Child Abuse Prevention Council of Placer County) and our Honorary Tournament Chairs from Placer County; D.A. Elect Scott Owens, Superintendent of Schools Gayle Garbolino- Mojica and Sheriff Ed Bonner as we "play a round" in the 2nd Annual KidsFirst Putting Fore Kids Golf Classic. All proceeds benefit KidsFirst and the vision that all children live in safe, healthy and nurturing homes. Our mission is to end child abuse in Placer County, and YOU can help! We'll see you on the links at Lincoln Hills Golf Club, 1005 Sun City Lane, Lincoln on Friday, October 1. Registration, \$125 per single golfer, is at 7:30 a.m. and the shotgun start is 8:30 a.m. Lunch will be served at 2:00 p.m.

Sponsorships start at \$100 with an Exclusive Title Sponsor \$3,000 (Limit 1). Lunch only is \$25. Register or sponsor at: www.kidsfirstnow.org or call Allen Archuleta, 916-772-2272.

Book Sale Fundraiser for Action For Animals

Placer County - A book sale fundraiser will be held for Action For Animals, a group that lobbies for animal legislation, and the Wildlife Care Association. Thousands of items will be sold including 10,000+ books, CDs, DVDs, VHS tapes, audio books and many miscellaneous items. The sale will be held Saturday and Sunday, August 28 and 29, at 2166 Swetzer Rd., Penryn, 8-noon. Donations of books, CDs, DVDs, VHS tapes and audio books are welcome. For more information about the sale or directions call 916-663-1608 or email Lynn Willingham, lyn4animal@aol.com.

Nevada City Hosts Festive Parade and Celebration

Placer County - The 44th Annual Constitution Day Parade tops a full weekend of festivities Sept. 11-12 in this colorful Gold Rush town. Nevada City's Constitution Day Parade has been a local tradition since 1967 and is reported to be the oldest and largest Constitution observance in western America.

The 2 p.m. Sunday parade features about 100 entries and caps a number of other activities including Civil War reenactments in Pioneer Park, the Gold Country Duck Race on the rapids of Deer Creek and a free outdoor big band concert featuring the Nevada County Concert Band in the downtown historic district.

For more information and a complete weekend schedule of events, contact the Nevada City Chamber of Commerce, 132 Main Street, Nevada City, CA 95959. Call the chamber at (530) 265-2692 or (800) 655-NJOY or see www.nevadacitychamber.com.

Auburn Recreation District

123 Recreation Dr. • Auburn, CA 95603-5427 • (530) 885-8461
info@auburnrec.com • <http://auburnrec.com/adultprograms>

Have fun and play proper volleyball

55+ Men 50+ Women

Men age 55 and older, Women age 50 and older are welcome to join this moderate-impact program at the Recreation Gym for players who have played before and want to improve their skills, have fun and play proper volleyball. This is not a beginner program. Players must have moderate experience and be willing and able to play three-touch volleyball according to U.S. Volleyball Assoc. rules. If you haven't played in a while and are a bit rusty, that's okay. Teams are selected at each meeting before daily play. The facilitators are Cherry Delany & Roy Klegger

Fee Varies session to session. See below for sessions/days.

Activity#	Session	Fees	Days	Time
6080 F1	10/5-10/29	\$12R/\$15NR	Tues/Fri	9am-noon

Understanding Long Term Care Insurance

Ever wonder how long term care insurance works and why it might be important to have? Instructor Charlene Miskimen will discuss the basics of long term care insurance including deciding on the right monthly benefit amount, facilities (select my own or be assigned by someone else) and asset protection. What are the chances you might need this type of care, what is important for your family to know and what really happens if you don't have it when you need it? This free class will leave with a better understanding of the regulations and shocking statistics, and armed to make a better decision (CVCC,

Sunset Room). Please sign up so the instructor knows how much material to bring.

Activity#	Session	Days	Time
7157 F1	Sept. 15	Wed.	5-7pm

Sutter Auburn Faith Hospital Special Programs

Sutter Auburn Faith Hospital is one of the newest partners with ARD and the Passport to Better Health program. Each guide will feature classes and programs open to the public that are sponsored by the hospital. These are the first of many.

SMOKING CESSATION PROGRAM

Sutter Auburn Faith Hospital offers a seven-week program for anyone who wants to learn how to quit smoking. A facilitator will guide the class through the Freedom from Smoking program, designed by the American Lung Association, using behavior modification techniques that emphasize trigger identification, pharmacotherapy assistance, relapse prevention and a healthy living, smoke free life style. For more information call Sutter Auburn Faith Hospital at 530-889-7067 or 530-888-4530.

LOOK GOOD...FEEL BETTER

This is a free hands-on workshop to help women offset appearance-related changes due to cancer treatment. Patients in various stages of treatment will receive make-over tips and personal attention from professionals trained to meet their needs. Professional advice is provided on wigs, scarves and accessories. For more information on this class that is organized by the American Cancer Society, please call 800-395-5665.

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2010 Foresthill High School Football Preseason Looks Promising



Wildfires Offensive Line includes Dillon Potter, Alex Silva, Donny Farrell, Brandon Trimble, Danny Jones, Austin Lewis. Photo by Bridget Engbretson/www.bridgetfotos.com

by Jim Linsdau

Foresthill – After a half dozen seasons this might be the one that takes the Foresthill High School program from winners to the playoffs – perhaps even a Sacramento Metro Athletic League championship.

Head coach of the Wildfires Jim Herlehy is optimistic on a number of fronts. He has perhaps the strongest offensive line he's ever had. He has great team speed. And he, himself, has honed his coaching skills to get the most from his players.

"You almost have to check your coaching ego," said Herlehy during a recent practice. The coach likes running the spread offense. It's an exciting way to move the ball, but not if his team can't master it.



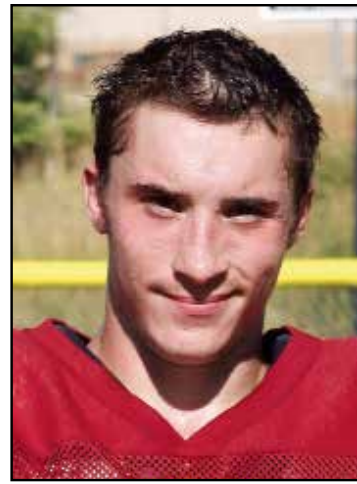
Head Coach Jim Herlehy

"Boring is effective as long as it works," Herlehy said. "Winning's not boring. It really doesn't matter how dull you are if you win."

The Wildfires were 6-4 last year, and 5-4 the year before that. This season the SMAL won't have to contend with Bradshaw Christian and Vacaville Christian. The formerly dominant pair has since moved into a different division making the league

more competitive.

In spite of coach Herlehy's talk of "boring," it isn't likely the 'Fires will be anything near that. Returning is one of the conference's top running backs in Colton Rhone. No. 20 averaged over 100 yards per game rushing and led the club in scoring. That came in spite of the fact FHS was putting the ball in the air at least 10 times per contest and Rhone got the ball for only a third of the running plays.



Colton Rhone

Rhone could see the ball far more often this year with the graduation of quarterback Dave Whitsett. Herlehy said the club's passing attack was still a work in progress, but his offensive line has star power in the making. For maybe the first time in Wildfires' history the O-line could average over 200 pounds per man, tackle to tackle.

"We've got a lot of experience as far as our running game goes," said Herlehy. "We're better offensively because of the offensive line."

The front firewall will be anchored by centers Donny Farrell (5-7, 213) and senior Danny Jones (5-8, 220). Jones can move to tackle when not over the ball. At guards are Alex Silva (6-2, 210), and senior Brandon

Trimble (5-11, 165). Dillon Potter (6-2, 200) can fill in at tackle as well as Mike Hendricks and Andrew Hall, both tip the scale around 220.

Herlehy emphasizes that a player's size is not the criteria of a good lineman, unless one is a candidate to play for University of Southern California. The techniques of team blocking, whether for a run or a pass, are difficult to master at any level. However, if Rhone can get his 185-pound frame running behind 1,000 pounds of thundering interference there's no telling how many yards he could rack up in a season.

Rhone will be joined in the backfield by senior fullback Alex Harley, one of the team's co-captains. Harley is a rock and steps onto defense as middle linebacker when not clearing a path for Rhone.

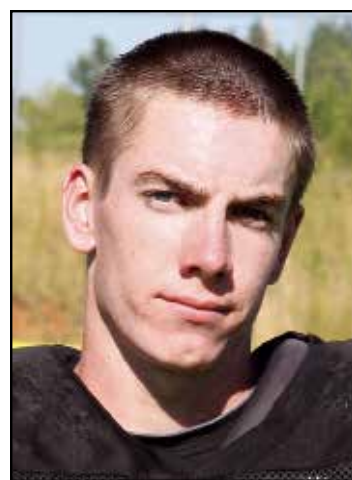


Alex Harley

At quarterback the coach has an issue that can be either good, or bad. He has co-captain Travis Marshall taking on the roll for the first time. Marshall may platoon with Travis Wilburn, who also lacks varsity experience. Using the platoon system can be successful if the quarterbacks are comfortable in that role.

However, the 'Fires leading receiver Ian Sykes returns, who at 6-foot gives the QBs a large target.

But Herlehy said his passing game would take time to develop.



Ian Sykes

Defense is where the cardinal-and-gold's coach said he was hurt most by graduation. His entire line-backing corps (Jake Henry, Travis Greene, and Dimitri Vasquez) were

handed their diplomas last spring. Also crossing the stage into the future were safety Matt Furness, and linemen Tommy Young and Kevin Tobin.

Still, Harley is no newcomer to defense, nor is Marshall, who will join Harley at linebacker. Senior Jace Pack is another strong linebacking prospect and Dylon Connelly has shown real promise at that position. Unfortunately, Connelly injured an ankle in a non-football related accident and has missed some practice.

On the D-line, junior Jordan Boyer (6-0, 195) has varsity experience at defensive end, as well as Hendricks and Potter. Junior Austin Lewis has also shown promise.

In pass coverage senior Jerod Williams is developing at cornerback, as is Gabe Ramos, Doyle Jones, and Wilburn. Zack Moss

has been placed in the safety spot.

"We've talked a lot as a team about bringing a playoff game home to Foresthill," said Herlehy, "and that's what our goal is, what we want to make happen."

The Wildfires open Aug. 27 at Marysville in a non-conference tilt. The Indians were 3-7 last year, and were also hit hard by graduation. Twenty-one seniors played their final season in 2010. However, the club's leading rusher (100-plus yards per game) Michael Barabin was a junior last year and could be back for another go at running back.

Then the Saints of Cristo Rey come to the Divide for the league opener under the lights of Sebastian Stadium, Sept. 3. The 'Fires defeated Cristo Rey last year, 38-8.

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