

# Placer Sentinel



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US POSTAGE  
PAID  
PERMIT 32  
Rancho Cordova, CA

Volume 21 Issue 7

Serving Auburn and Placer County since 1987

First Issue of August, 2010

## Confiscating Liberty

## Mike Holmes to Run for Mayor Again



How can a "Health Care Bill" give the government the window of opportunity to steal gold and silver from the American public? It's been done before. Sal Santoro, owner of Gold Rush Coins & Jewelry at Sunrise and Madison, along with his wife Juliet, can see it happening all over again. - Photo by Paul V. Scholl

by Lee Hartline

Humans have valued, pursued and hoarded gold and silver since the beginning of history. These are the metals against which constant value is set. They're security in a brutal world or a hollow society, and currency for the Apocalypse. They're symbols of wealth, commitment, love, power and the root of greed. If you own a lot, you own a lot of security. Most people don't comprehend the security gold and silver delivers until paper currency goes bad.

### The Bill Every Democrat Wrote but No Democrat Read

Since its passage Congressional staffers, lawyers and private citizens have been pulling at the bale of paper called the Patient Protection and Affordable Care Act, or more commonly, "The Health Care Bill." In 2300 pages of edicts and exceptions is embedded Section 9006, a provision forcing gold and silver coin and bullion dealers to report the name and address of anybody buying or selling \$600 or more of gold and silver coins or bullion, and the date of transaction. Reporting to the IRS begins January 1, 2012. The IRS estimates it will deliver \$19 Billion in new taxes over 10 years. The money will help pay for the universal health care we're expected to embrace. It means a wide expansion of IRS Form 1099 normally used to track and report miscellaneous income. For coin stores the cost of doing business is going up, and with it the price of over-the-counter metals. The little shops will be forced to add staff to deal with the paperwork, not to mention the cost of the attendant requirements, such as health care. The price will be unbearable. They and we will pay for it or they'll go under.

Most shops are run by dedicated coin collectors; those kids in junior high school you thought were just a

little nutty when they found an Indian head penny or Mercury dime. If you try to think of coin collecting (numismatics) as an unheralded branch of archeology, small, valuable bits of history you can hold, you'll better understand their fascination. The typical coin shop is and always has been a sole proprietorship, a husband and wife team or a partnership surviving on a slim and highly volatile profit margin in a fickle economy. Section 9006 will destroy them; there'll be a handful of big retailers left, and the price of gold and silver will go up because of government-required paperwork.

After the late night Christmas Eve passage of the health care bill a group of Democrat Party Congressional representatives were asked if they'd helped write or review the health care bill, all nodded yes. When asked about Section 9006 none knew what it said. They admitted to reading their personal contribution to the legislation, but had never read the bill in draft or finished form. They didn't know what was in it.

When the IRS was asked about the expansion of Form 1099 the reply was, "How are we supposed to make up for the \$19 million?"

### The Tracking of Americans Begins

Two years after coin shop IRS reporting starts, in 2014, the first-year of the phase-in of universal health care begins. The information will be entered on to your new electronic health care card [your national ID card]. The card will carry your "electronic" health record, your banking information, gun ownership status, obesity rating and contact information. The only facts legally excluded from your card are your HIV/AIDS status and the number of abortions you've had. They'll know where you are, what you have, where you have it and how to get it from you. If you run, remember law enforcement

knows your weight and can estimate how far you'll get. Oddly the required "electronic health record" card was not written into the health care bill. It was discovered in one of the stimulus bills.

### Gold Confiscation

In April 1933, President Franklin Roosevelt through Executive Order announced his famous "Bank Holiday." The nation's banks were locked-down for 1-4 days for a "cooling off period." It was done to end mass cash withdrawals from banks by people across America. The banks were broke. The money was gone due to an easy-money policy by the Federal Reserve through the 1920s, high-risk mortgage loans, terrible land investments and buying stock on margin on Wall Street. When the margins were called-in in 1929, Wall Street collapsed. It's the same speculation script that began playing-out in 2006-07, the one we're suffering with today.

During the bank holiday Roosevelt outlawed the private ownership of gold coins and bullion, and gold certificates. People were ordered to deliver their gold at the just-closed banks by May 1. While the price of gold was kept deliberately low by the government (\$20.67 an ounce), government officials and bankers paid us back in paper currency. Individuals were allowed to keep up to \$100 in gold coins (about 5 troy ounces, worth roughly \$5800 at current value). This was considered a tiny amount in the first part of the last century because gold and silver was still common currency. Much of the confiscated gold was smelted, bricked and poured into the government's money bin, Fort Knox, and for strategic purposes distributed to various Federal Reserve banks around the country.

For thirty years the US government continued subtracting value from currency. Finally, in 1964, Congress and President Johnson sucked the life out

of silver dollars, halves, quarters and dimes. In 1965 there was no silver money being minted, and no constant value left in our money. But it wasn't just in America, Euro World was being nudged and pulled by central banks, major banking houses and their own governments to twist free of the gold and silver anchoring currency and move to fiat valuation, thus allowing them to spend more, lend more and borrow more. The de-monetizing of money was initiated at a time of incredible economic and social angst, industrial expansion and needed social programs for the growing pains of a growing world. It was completed at a time of incredible social angst and questionable social programs with economies entering industrial decline. From the Great Depression and Roosevelt's New Deal; WWII, and post-war exuberance and expansion; through the Cold War and President Johnson's Great Society, the government needed constant-value wealth to operate. But we weren't quite off the gold standard yet. That happened in 1972 during the Nixon administration.

As was stated above, the corner coin store exists for collectors of history and for neighborhood buyers and traders who want to own constant value. They're for the lady who instead of playing the lottery buys a one-ounce silver coin each week because she doesn't trust banks anymore and wants "backup." Or the guy who believes buying a new car and making \$500 a month payments is a shabby investment. Instead he drives an older car and buys a quarter-ounce gold coin or small bullion block each month because he knows gold and silver increase in value, and cars decrease in value. Someday he'll buy something that matters.

see Gold: on page 5

Auburn — Mike Holmes, current member of the Auburn City Council and twice elected Mayor of Auburn, has announced that he will be a candidate for re-election in the November 2010 general election. In making the announcement, Holmes stated "I have talked to a number of residents of Auburn who have urged me to run again. Most people feel that the current City Council team works well together and the city is moving in the right direction."

Holmes said the theme of his campaign is: EXPERIENCE—LEADERSHIP—INTEGRITY.

"It has been an honor to serve the people of Auburn these past few years and I hope, with your support, I can continue in that role. I am proud of the record I have established in representing you on the city council. Some of those votes and issues have not been easy, but I am especially proud of my role in protecting private property rights when we expanded the redevelopment district. We voted not to use eminent domain for solely economic development projects. We put funds aside in a reserve account in the event we faced an economic downturn such as we've



Mike Holmes

had over the past few years with falling revenue sources for the city."

When asked about his priorities Holmes clearly stated that public safety including police, fire and public works are the highest on his list. "Fortunately, Auburn is in much better financial shape than many of our neighboring cities and towns due to the prudent actions taken in the recent past" he said.

"I will be announcing some fundraising events in the near future and invite people to visit my web site [www.holmes4auburn.com](http://www.holmes4auburn.com) (under development) if they wish to ask any questions on my positions on local issues."

## Second Annual Great Sierra River Cleanup

Auburn — Volunteer registration for the Second Annual Great Sierra River Cleanup opens today with the launch of a new website which enables users to easily connect to a watershed cleanup site of their choice. The web site is located at [www.sierranevada.ca.gov](http://www.sierranevada.ca.gov), where visitors will click on the Great Sierra River Cleanup logo for information about registration, the purpose of the event, and pictures and details from last year's cleanup.

"The first Great Sierra River Cleanup was a tremendous success last year, and early indications suggest we could double the number of participants this year and cover just about every watershed in the Sierra," said Sierra Nevada Conservancy Executive Officer Jim Branham. "With 65 percent of California's water coming from the Sierra, it's exciting to see so many neighbors and friends joining in to practice good stewardship of this valuable resource."

The Great Sierra River Cleanup is scheduled for September 25 from 9:00 AM to noon. The event is held in partnership with the California Coastal Cleanup Day (now in its 26th year), making it the largest one-day volunteer effort in California. In the Sierra alone last year, some 3,500 volunteers from over 100 community groups removed more than 130 tons of trash and recyclables from Sierra rivers. The effort spanned 20 counties and more than 500 river miles, netting appliances, cans, tires, furniture, cigarette butts, and plastic waste.

Interested volunteers can use a map on the web site to locate a cleanup in their community and then pre-register with their local cleanup organization using the contact information provided. This event welcomes volunteers of all ages and is a great opportunity for people to connect with their neighbors and their watershed.

The list of participating organizations this year is still growing, and some of the sites are yet to be determined. Individuals and organizations interested in coordinating their own cleanup are encouraged to get in touch with the Sierra Nevada Conservancy. For more information, contact Brittany Juergenson, (530) 823-4670, or log onto the above web site.

The Great Sierra River Cleanup is presented by the Sierra Nevada Conservancy with major support from CalTrans' "Don't Trash California" Litter Prevention Campaign and Waste Management Inc. Additional support comes from The Pacific Forest and Watersheds Stewardship Council, Sierra Pacific Foundation, The Houston Group, and the California Ski Industry Association, Crystal Geysers and Nature's Path.

The Great Sierra River Cleanup 2010 is also supported by the California Coastal Commission and the Ocean Conservancy. This event is made possible by the hard work of hundreds of local non-profits and government agencies throughout the state and thousands of volunteers annually.

# High Hand Celebrates the Bounty of Beautiful Placer County

Loomis - As most everyone knows, Placer County and especially the Loomis Basin are well known for the produce grown by the area's farmers. High Hand Nursery and Conservatory is celebrating the bounty of Placer County

with the first annual Tomato Gathering August 20-22.

On Friday evening there will be a special celebration of the history of Loomis, fruit shed alumni and the farmers of Placer County. This is a fundraiser to support the

Blue Goose Fruit Shed, Placer Grown and the Loomis Basin Historical Society. Live entertainment, open bar and light hors d'oeuvres begin at 5:30pm. Dinner, live auction and entertainment follow at 7:00pm. Tickets are \$45 advance / \$65

at the door. Advance tickets may be purchased at [www.highhand.com](http://www.highhand.com). The Foundation appreciates the support for the Blue Goose Fruit Shed renovation project and hope you will attend the dinner. Caution: this is a fund raiser, please stop by the ATM prior to arriving. Everyone should have a \$20 bill in their pocket.

Events on Saturday and Sunday include tasting all things tomato and meeting famers and producers of Placer County, Experience the rich history of agriculture in our region. Enter the tomato growing contest to see how you rate among other growers. For all information and entry forms, visit [www.highhand.com](http://www.highhand.com).

High Hand Nursery, Conservatory, Flower Shop and Art Gallery; 3750 Taylor Road, Historic Downtown Loomis, CA 95650

**Friday, August 20th** is An Evening with Placer; 5:30 to 7:00 pm is a Not Host Bar and Light hors d'oeuvres; 7:00 pm Dinner, Live Auction and Live Entertainment.

This will be Placer Grown's annual fundraiser and we will have wonderful items for auction donated by local Loomis businesses and local farmers.

**Saturday, August 21st, 9am - 5pm**

**Sunday, August 22nd, 9am - 4pm**

Join High-Hand in Celebrating the Bounty of Placer County at the historic High Hand fruit sheds in Downtown Loomis. Taste all things tomato. Meet the Farmers & Producers of Placer County. Enter Tomato Growing Contests. Experience the Rich History of Placer County Agriculture.

## Second Annual Amputee Picnic to be Held

Auburn - The Gold Country Amputee Support Group will be holding its second annual picnic on August 14. Once again, it will be held at the Auburn Area Recreation Park, 123 Recreation Dr., Auburn. This gathering will take place from noon to about 5 pm.

The Gold Country Amputee Support Group offers emotional support to those facing

amputation and new amputees and their families and friends, and will welcome anyone who would like to come and meet us.

The Gold Country Amputee Support Group meets every other Thursday evening at Denny's Restaurant in Newcastle. This group may be reached at 916-783-9099

The Ashford Park will be closed Monday, August 16 and Tuesday, August 17. During these days ARD will be resealing and re-striping the parking lot. Any questions regarding this closure, please call the Auburn Recreation District at 530-885-8461, ext 0.

**HIGH HAND TOMATO GATHERING**  
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**TOMATO** **CONTESTS**  
*Experience Placer County's Rich*  
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**AUGUST 20-22, 2010**  
**HIGH HAND NURSERY & CONSERVATORY**  
**AT THE HISTORIC FRUIT SHEDS DOWNTOWN LOOMIS**  
 FOR MORE INFORMATION VISIT [WWW.HIGHHAND.COM](http://WWW.HIGHHAND.COM)

### Patricia Diane "Trish" Scholl

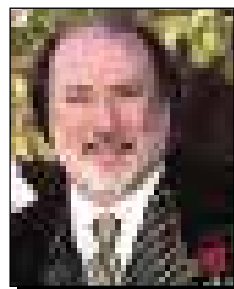
August 2nd, 1958 - August 6th, 2009



*To My Loving Wife:  
 May Angels Share Your Love,  
 Joy and Enthusiasm Forever  
 You are truly missed  
 by all those who loved You*

## Placer Sentinel

Serving Auburn and Placer County since 1987



**Publisher - Paul V. Scholl**

**Publisher's Statement:** It is the intent of the Placer Sentinel to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

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## Cheers & JEERS

The Sentinel is pleased to provide you with a chance to sound off on whatever you feel strongly about. E-mail cheers or jeers to [editor@placersentinel.com](mailto:editor@placersentinel.com).



## Widowed Persons Association of Auburn, Inc.

Widowed Person's Association of California will hold its monthly luncheon meeting on Friday July 16, 2010 at 12:00 pm at the Sizzler Restaurant in Auburn.

All Widowed People are invited to attend three activities of this organization prior to joining our membership. For reservations call Jeanette at 530-888-6880. Other activities include, card games, luncheons, bingo, bowling, trips to Reno, Koffee Klatches and special activities.

For a free newsletter call 530-878-1728. For one-on-one grief support call 530-885-8298.

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# Auburn Man 'Vacations' in Haiti



Michael Carlson took some "used" parts with him to help those in need in Haiti.

by Paula Mosqueea

Auburn - Michael Carlson, of Auburn, had some vacation time to use. So he packed his suitcase and flew to Haiti. He traveled there with the International Foundation for the Physically Disabled. The OFPD provides prostheses, orthotics and other durable medical devices for various individuals of limited financial

means. Carlson has been in this business for nine years and became a Certified Prosthetist/Orthotist five years ago.

Carlson went to Les Cayes, a remote town in southwestern Haiti. He took with him "used parts", to re-use and recycle. He spent a week there, in noticeably hot weather, creating artificial limbs for victims of the Jan. 12 earthquake.

Upon his return to Auburn,

Carlson related the story of his trip, highlighted with photographs, to the Auburn 49er Lions Club and the Gold Country Amputee Support Group. The Support Group, all familiar with the workings of an artificial limb, was impressed with some of the creative ideas used to make a device work when a correct component was unavailable.

Carlson had this to say about his trip, "We made a measurable impact, but the need for professional help continues. The IFPD made our time productive and safe."

The International Foundation for the Physically Disabled was founded in Folsom, Calif. If you wish to learn more about this organization, log on to [information@theifpd.org](http://information@theifpd.org).

The Gold Country Amputee Support Group meets every other Thursday evening at Denny's Restaurant in Newcastle. For more information about this group, call 916-783-9099.



# POPPOFF!

with Mary Jane Popp

Mimicking. For example, you wonder why you are fat:

1) Accommodation: You are overweight in order to not hurt or threaten your parent or sibling. Example. Your family might be competitive with you about looks. They are insecure about their attractiveness and weight and are jealous of those who are attractive. So you sabotage yourself to please them.

2) Rebellion: You rebel against your parent's hurtful expectations of you. You hope the parent will get the message and change his or her behavior. Example. Your parent is obsessed with thinness and your weight and eating habits. You rebel against the pressure of these demands imposed upon you by overeating.

3) Mimicking Their Deficiencies: You feel it's wrong to be better off in attractiveness and normal weight than they are (especially if you feel that you had something to do with their plight). Example. You believe that their problem with weight resulted from your being a burden to them. Therefore, you feel that you don't deserve to be better off than they, and you remain fat.

Mom's and Dad's fault if our relationships fail:

1) Accommodator avoids a close relationship in order to not hurt or threaten a parent or sibling. i.e. rejected and burdened by your desire for closeness, you stay distant from other people.

2) Rebel avoids closeness to rebel against a parent's or sibling's damaging expectations of you. You hope to send a message that changes his or her behavior, i.e., your parent was overly moralistic and critical of sex.

3) Mimicker copies his or her flawed relationship in order to not be better off than him or her, especially if you think you were responsible for his or her plight, i.e., your parent has had many affairs, you follow suit.

Whether your problem lies in your health, wealth, relationships or, of course, parenting itself, Dr Gootnick reveals the root of the problem and stresses comprehension of the source, rather than easy steps and quick fixes.

Each reaction shapes your future differently. You can find out how in "Self Help for Smarties." It's about time we smarten up about our lives.

Join Mary Jane for the KAHN Noon News Monday-Friday and then again for POPOFF 10 PM-Midnight.

## SELF-HELP FOR SMARTIES

You diet. You fail. No matter how many times you try, it turns out the same. Your love life is in the toilet. Let's not even talk about your career and your kids! But now there is something you can do about it. Enter Dr. Irwin Gootnick, a prominent psychiatrist for over forty years, Associate Clinical Professor of Psychiatry at the University of California Medical Center of San Francisco. He's even been on Oprah with his last book. But now comes the solution to all your problems "Self-Help for Smarties." And you know who's at fault? Mom and Dad did it! The good Doc has been helping people understand why they keep seeing their parents in themselves. He says the root of our unhealthy behaviors boils down to three basic behavioral sources: Accommodation, Rebellion, and

# Placer County Hometown Heroes

## Army Pvt. Keun Ho Park



Army Pvt. Keun Ho Park has graduated from basic combat training at Fort Jackson, Columbia, S.C.

During the nine weeks of training, the soldier studied the Army mission, history, tradition and core values, physical fitness, and received instruction and practice in basic combat skills, military weapons, chemical warfare and bayonet training, drill and ceremony, marching, rifle marksmanship, armed and unarmed combat, map reading, field tactics, military courtesy, military justice system, basic first aid, foot marches, and field training exercises.

He is the son of Elaine Huckell of Stone Canyon Drive, Roseville, Calif.

Park is a 1996 graduate of Del Oro High School, Loomis, Calif.

## Army Pvt. Lori J. Lambeth



Army Pvt. Lori J. Lambeth has graduated from Basic Combat Training at Fort Sill, Lawton, Okla.

During the nine weeks of training, the soldier studied the Army mission and received instruction and training exercises in drill and ceremonies, Army history, core values and traditions, military courtesy, military justice, physical fitness, first aid, rifle marksmanship, weapons use, map reading and land navigation, foot marches, armed and unarmed combat, and field maneuvers and tactics.

Lambeth is the sister of Christy M. Lambeth of Hickory St., Roseville, Calif., and daughter of Wayne T. and Melinda Lambeth of McElroy Road, Auburn, Calif.

The private is a 1999 graduate of Forest Lake Christian School, Auburn.

# LIVE. LEARN. LAKE TAHOE.

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Valid only on August 23, 2010 only for those who have not attended Jazzercise in the last 6 months. Regular joining fees apply. January 1st payment sign-up required. For participating locations. Other restrictions may apply.

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# Budget Update: Assemblyman Gaines



**Assemblyman Ted Gaines**

Democrat Legislative leaders indicated they are willing to hold out on a budget until a new Governor is elected in November.

This is beyond unacceptable. As a result, without a balanced budget in place, California spends \$52 million more each day than it receives in revenues. Everyday without a budget, the more our deficit grows.

We have to act now! Meanwhile, small businesses and hardworking taxpayers pay the price.

In my own small business, I have had to make many painful cutbacks and reprioritize spending. These were not easy or simple decisions, but it had to be done. Difficult choices like this have to be made in order for our state to move forward.

Unfortunately, California has lost this common sense approach to balancing a checkbook and refuses to do

what millions of hard working families have to do every day.

For months, I urged my colleagues to begin our budget work early so that we could meet our Constitutional deadline, but little progress was made.

It's time for Democrats to stop playing partisan games and start working with Republicans and the Governor to reach an agreement on the budget Californians deserve.

We must bring the budget to the Floor for a vote. The people deserve a transparent process to know where their elected leaders stand on key provisions of the budget.

For my part, I remain committed, willing and ready to work on a responsible, no-tax balanced budget that Californians elected us to do.

Please continue to e-mail me your thoughts and concerns about the budget at [assemblymember.gaines@assembly.ca.gov](mailto:gaines@assembly.ca.gov).

# Measure to Protect Snow Removal Funding Signed into Law

Placer County – Assemblyman Gaines is happy to announce Governor Arnold Schwarzenegger has signed his legislation protecting snow removal funding in the South Lake Tahoe and Truckee areas, helping keep those communities safe during the winter months.

Assembly Bill 2704 protects snow removal funding in the event that any allocation to local governments for road maintenance is suspended or rejected.

"I am pleased Governor Schwarzenegger recognizes the critical need to keep our mountain roads safe and clear during the winter months and I thank him for signing this important measure into law," Gaines said. "A hit to road funding in these

areas would be disastrous for public education, public safety and the very ability to travel. Any threat to the ability to keep these roads clear would also devastate the local economy by cutting off the thousands of visitors and tourists who shop, eat and ski at local resorts and restaurants."

South Lake Tahoe Mayor Kathay Lovell said keeping roads clear of snow is important for public safety personnel to respond to emergencies and accidents and for students to be able to get to school.

"Snow removal is vital to the public safety and everyday travel of our entire region," Lovell said. "Our emergency responders need access and our school buses need to be able to travel the roads during the

winter months. I am extremely grateful to Assemblyman Gaines for carrying this important piece of legislation and thank him for helping our snow communities."

Last year, the Legislature attempted to drain Highway User Tax Account funds, which would have threatened money intended for local street and road maintenance.

"For years these small towns, cities and counties above the snow line have relied on a relatively small amount of state assistance to keep the local streets and roads clear," Gaines said. "Now, our roads will remain clear and passable for all those living and working in higher elevation communities."

# Education Pay Scandal Highlights Need for Better Accountability

by Ted Gaines

With local school districts facing very tough budget times, it's clear that we have to do everything possible to stretch existing tax dollars to their fullest.

That's why I and many local leaders were astonished to learn from a local TV station that the now-former executive director of the California School Boards Association (CSBA), allegedly charged thousands of dollars to a company credit card at casinos while making over half a million dollars a year. But what is even worse about this case is that the director and his association sued the state a few weeks ago demanding more money for public schools.

Something is terribly

wrong—and hypocritical—when officials that are indirectly paid for by taxpayer dollars (the director's salary was paid for by public school districts) plead poverty yet waste money. This news hurts CSBA's credibility to sue the state for more cash and highlights the need for better accountability of the tax dollars that you and I give to our schools.

Sadly, these latest allegations come on top of the recent pay scandal in the Southern California city of Bell (population 37,000), where the city manager was paid almost \$800,000 a year, which is twice what President Obama makes and many times more than administrators of bigger

cities. As every level of government struggles to balance their budgets, they can start by cutting excessive pay for senior officials.

I firmly believe that the quality of education—or any other public service—is not determined alone by how much is spent, but by how and where it is spent. Education should always be a top priority for our community, but what is not acceptable is seeing our tax dollars go to lavish public salaries and wasteful spending.

As I fight for a responsible no-tax budget in Sacramento, I will do whatever I can as your Assemblyman to ensure that your taxes are spent wisely.

## Community Coffees with Assemblyman Gaines

Assemblyman Gaines will continue to host a series of informal community coffees to get in touch with you directly. Please make note of our new dates and times. Stop by and say hello, or get help with state-related matters at any of the following locations from 9 a.m. to 10:30 a.m.:

Auburn - 11/8/10; Tsudas, 103 Sacramento Street

Cameron Park - 8/3/10; Caffe Santoro, 2531 Merrychase Drive

Placerville - Centro Coffee, 385 Main Street

Roseville - Fericho Coffee, 8711 Sierra Colelge Blvd.



## Foster Care

The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens.

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- 1pm - 4pm: The Dave Ramsey Show
- 4pm - 7pm: The KAHI Afternoon News with Dave Rosenthal and the KAHI News Team
- 7pm - 10pm: Into the Night with Tony Bruno
- 10pm - 12am: Poppoff with Mary Jane Popp

**Thursdays** 7pm - 9pm: Bassil & The Fisch

### Saturdays

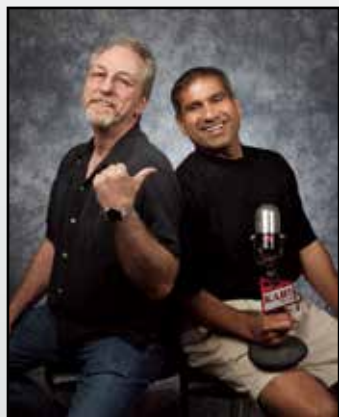
- 6am - 7am: A Time for Seniors
- 7am - 8am: The Swap Shop
- 8am - 9am: The KAHI Corral
- 9am - 10am: The Garden Guru
- 10am - 11am: Medically Speaking Radio
- 11am - 12pm: Retirement Catch-Up
- 12pm - 8pm: Big Cletus Country Music
- 8pm - 9pm: Rewind with Jimmy Jay

### Sundays

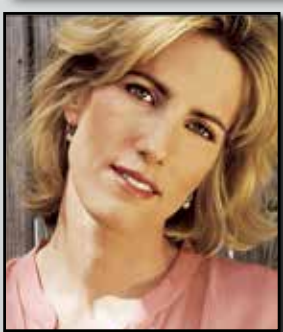
- 7am - 7:30am: Bayside Auburn Church Service
- 7:30am - 9am: Cruisin' Garage & Swap Meet
- 9 - 9:30am: Auburn Grace Community Church
- 9:30 - 10am: On The Money
- 8pm - 9pm: Hearts of Space

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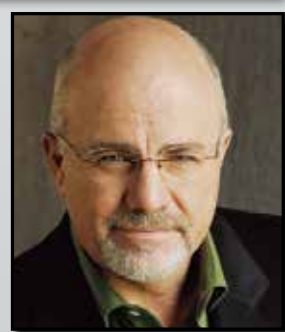
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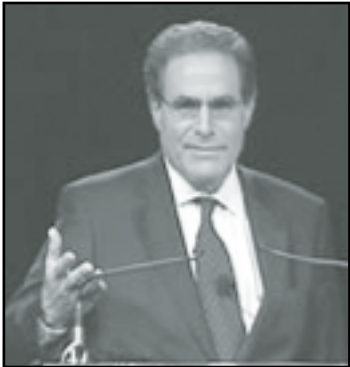
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# How the Gov't. Will Control Your Doctor AND YOU



by Richard Amerling, MD

and its performance is a systemic property."

"I would place a commitment to excellence—standardization to the best-known method—above clinician autonomy as a rule for care."

"Young doctors and nurses should emerge from training understanding the values of standardization and the risks of too great an emphasis on individual autonomy."

The mechanisms for this are already in place. A central board, our version of the NICE, was already legislated into existence by the stimulus bill. Payment-for-performance (P4P) is already being used in certain areas to enforce compliance with clinical practice guidelines. Language in PPACA gives the secretary of Health and Human Services (which oversees CMS) to bar from participation doctors who do not comply with certain quality standards, i.e. conform to guidelines. Physicians are currently being bribed by CMS to purchase electronic health records, which will be used to insert algorithms to "guide" the physician to the "correct" plan of care. Where do practice guidelines come from?

Practice guidelines are a recent fad and have proliferated to cover virtually all areas of medicine. They are funded either by government, insurance and pharmaceutical cartels, or medical organizations such as the American Medical Association. While billed as "evidence-based," for the most part they are consensus opinions of a panel of "experts." These experts invariably have extensive financial ties to industry. This may explain why practice guidelines are almost always biased towards greater levels of drug treatment targeting ever-wider patient populations.

Guidelines are sluggishly produced and often superseded by new information when finally published. As an example, tight control of blood sugar has been pushed by guidelines for Type II diabetes for years. Four studies published in 2008 showed either no benefit or increased death rates with this approach. Guidelines discourage innovative thinking and encourage the "one-size-fits-all" approach so loved by Dr. Berwick. If practice guidelines were in existence in the 18th century, bloodletting might still be the standard of care!

The problem with trying to implement guidelines as public policy is that we are

all unique individuals and individual differences really do matter. Only a personal physician has the local knowledge of the patient that permits tailoring of treatment for maximum benefit at lowest risk.

Central control of medical care, which is the predictable endpoint of centralized payment for care, will wreak havoc on the medical profession and harm thousands, if not millions, of patients. Since PPACA effectively nationalizes the private health insurance industry, the Berwick appointment affects everyone.

Patients need to seize control of their medical destinies by setting up Health Savings Accounts and paying for their medical care themselves. Seniors should strongly consider opting out of Medicare Part B. For doctors, it has never been more urgent to sign the Physicians' Declaration of Independence and sever third party relationships. The future of an independent medical profession is at stake.

Richard Amerling, MD is a nephrologist practicing in New York City. He is an Associate Professor of clinical medicine at Albert Einstein College of Medicine in New York, and the Director of Outpatient Dialysis at the Beth Israel Medical Center. Dr. Amerling studied medicine at the Catholic University of Louvain in Belgium, graduating cum laude in 1981. He completed a medical residency at the New York Hospital Queens and a nephrology fellowship at the Hospital of the University of Pennsylvania. He has written and lectured extensively on health care issues and is a Director of the Association of American Physicians and Surgeons. Dr. Amerling is the author of the Physicians' Declaration of Independence (<http://www.aapsonline.org/medicare/doi.htm>).

Dr. Amerling's position on Obama's healthcare reform: ObamaCare, beyond the enormous costs and dislocations, directly inserts itself into the doctor-patient relationship. It will make the practice of Hippocratic Medicine—"I will prescribe regimen for the good of my patients according to my ability and my judgment. I will keep them from harm and injustice."—all but impossible.

Dr. Amerling resides in New York, NY and can be reached at: [richard.amerling@gmail.com](mailto:richard.amerling@gmail.com), 646 637 8546, <http://www.aapsonline.org>.

## Gold: from page 1

The shops are there for someone who bought Krugerrands, Sovereigns or a bag of 1964 quarters twenty-five years ago and is ready to sell or trade up, or both. Many do it because they don't trust banks, don't believe in government declared (fiat) or market valued currency and they want something, no matter how small, in case of natural or man-made disaster (Bernie Madoff, Congressman Barney Frank, Senator Christopher Dodd, Al Qaida, China, North Korea, banking collapses). Equally as important, Americans expect minimal government involvement in their lives, how they live, what they own and what they do with it. It's a Constitutional guarantee. We're Americans. It's ours. We're free to have that freedom, or we ought to be. Or maybe we used to be.

### Resistance

When Republican Congressional staff members, citizens and lawyers digging through that mountain of paper pulled out the toxic nugget that's Section 9006, Congressman Dan Lungren understood it would wipe out the people in an industry mostly run by mom and pop, partnerships or a single person – and not only coin shops, but all small business. Lungren understood its intent. It would eventually separate small-capital citizens like you and me from value-metal ownership, and burden every small business in ways not imagined.

Section 9006 is an easy-to-follow path to confiscation, and an end to private ownership of gold and silver—and a holocaust on small business everywhere in all categories. Lungren organized opposition to the section and introduced H.R. 5141 to strip it from the bill. At this writing there are 169 co-sponsors supporting his attempt to repeal the section. There's a similar bill in the Senate that parallels Lungren's counterattack. But Lungren needs far more than 169

Congress members to cut out this tumor of malignant government. The real question is why isn't support for Lungren's action unanimous among Republicans in the House and Senate? And where are the Blue Dog Democrats, or whatever color they are this month, and the moderate, fiscally responsible Democrats, if there are any?

### Finally

If government can prevent you from owning gold or silver for hoarding and investing, if it can confiscate the little pieces of history people collect, the gold Walking Liberty's and double-eagles; Greek and Roman silver coins; silver dollars and 1964 quarters, what's to stop it from taking your Confederate paper currency, Japan occupation money, Weimar Republic "one-side" currency and two-dollar silver certificates? They have collector value. It will take away proof of history, and take away the truth. You'll know only what they want you to know, and own only what they let you have. If government can do that, it owns you.

### A Soldier on the Firing Line

Sal Santoro, owner of Gold Rush Coins & Jewelry at Sunrise and Madison, has the strong look of an urban adventurer and appears to be leaning hard against 40. He's collected, traded and hoarded coins almost from the time he was a toddler. Evolution made him a coin dealer. When asked about the problem of currency versus metals he said, "The first problem was going off the gold standard completely. Today everybody knows the dollar's not backed by anything, except that people still accept it and will trade it. Every day people greatly fear inflation. They know it's coming, but with so many people out of work it's being kept in check. We're in deflation. No one's spending, and that keeps inflation in check. Getting back to normal's going to be hard, if there is a normal. No one knows what normal's going to be." Perched on his chair behind the

counter he says, "You see, the value of gold, silver, platinum and copper is constant. Oddly, gold and silver's worth nothing." He chuckled. "Gold and silver tell you what the dollar isn't worth compared to an ounce of either metal. The problem America has is we're not just broke, we're in debt. America has to get out of debt first."

When I asked about the new broader and deeper reach of IRS Form 1099 and the \$600 rule, he turned away for a moment. Speaking quietly but firmly, "it's one thing to report a \$10K or \$20K bulk sale. Everybody should do that. It could be money laundering, drug money, you know, and I won't be a part of that. But \$600 transactions?! Come-on! It means the Federal Government's micro-management of your assets, of everything that's you. That's Aunt Tillie's silver coin collection she wants to pass on to the grandkids. It's the gold and silver Stan the Survivalist needs when civilization collapses, and it's my wife's small investment in our kids' future! That's going after me, you, and everyone around us."

Pointing at one of his glass display cases, "People come in here with a little bit of money and buy little bits of metal once a week or once a month because they understand the dollar's shaky and getting more so. They know there's nothing behind our currency but words. Someday people aren't going to believe authority, and it won't be business as usual. We're not there yet, but everybody should own gold and silver for security, if for no other reason." When asked about confiscation he said, "People won't stand for it. Too much gold and silver in private hands, and they won't give it up. The government would be lucky to get a fraction. There's too much metal out there."

Sal the coin dealer's right. When it's not business as usual anymore, and things stop working, the only things worth owning are gold and silver. He didn't say anything about lead.

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# Citizens Warned to Take Precautions When Looking to Hire a Contractor

by Art Campos,  
Public Information Officer,  
Placer County District Attorney

Auburn – A recent case in which an 87-year-old Auburn woman was victimized in a scam has prompted the Placer County District Attorney's Office and the California State Licensing Board to remind the public – particularly senior citizens — to take precautions when hiring a contractor for work projects.

In the Auburn case that occurred in January, a 30-year-old Roseville man bilked the elderly woman out of \$13,500 for a tree removal project on her property. The man cashed six checks, including four blank checks given by the victim.

The defendant, Leron Anthony Stephenson, was given a one-year jail sentence and must pay back the \$13,500 to the family of his victim,

who died before the defendant changed his plea to guilty in April, said prosecutor Jim Deslaurier.

Stephenson, who pleaded to theft charges and contracting without a license, was also placed on five years probation and was given a suspended prison sentence of five years and four months when sentenced May 26 in Placer County Superior Court.

The California State Licensing Board, or CSLB, urges citizens to hire only state-licensed contractors on projects of \$500 or more for labor and material. A contractor's license number can be checked online at [www.cslb.ca.gov](http://www.cslb.ca.gov) or by calling (800) 321-2752.

Tips recommended by the CSLB include the following: Get at least three bids, get three references for past work from each bidder, review such work in person, make sure all project expectations are in writing and only sign the

contract if you completely understand all terms.

Citizens should also confirm that the contractor has workers' compensation insurance for employees.

The CSLB urges citizens not to pay more than 10 percent down or \$1,000, whichever is less. Do not pay in cash and do not let payments get ahead of the work.

Keep a file of all papers and payments relating to the work and don't make the final payment until satisfied with the job.

Citizens are urged to watch out for door-to-door solicitations by people offering to do work at a reduced price. An unscrupulous contractor may also push for an immediate decision about work, making it difficult or impossible for a homeowner to get competitive bids, check licenses or review references, the CSLB warns.

# Rocklin Resident Gets Six-Month Jail Term for Sex Act with Sleeping Man

by Art Campos,  
Public Information Officer,  
Placer County District Attorney

A 42-year-old Rocklin resident was sentenced today to six months in jail and was placed on probation for three years for committing a sex act on a man who was asleep in a guest room the morning after a New Year's Eve party.

Ladd Douglas Wiidanen was also ordered by Placer County Superior Court Judge J. Richard Couzens to obtain psychological counseling and treatment for alcohol abuse. He must also register as a sex offender.

A jury convicted Wiidanen on March 18 of committing a sex act on an unconscious person, a felony crime. The jury took less than 90 minutes to reach a guilty verdict, said prosecutor Todd Kuhnen of the Placer County District Attorney's Office.

Wiidanen and the victim were among

guests at a house party in Rocklin on the night of Dec. 31, 2007. The victim and his girlfriend retired to a guest room during the early-morning hours of Jan. 1.

At about 7 a.m., the victim was awakened by the defendant committing an oral act on him.

Rocklin police were called to the home and took DNA samples, which were forwarded to the California Department of Justice for analysis. Because of a heavy backlog of cases, the DOJ didn't match the DNA samples to Wiidanen until 22 months after the 2008 New Year's Day incident.

Wiidanen's blood alcohol level was measured at more than .20 percent on Jan. 1, 2008.

Earlier this month, as Wiidanen awaited his sentencing, he was arrested on suspicion of driving under the influence of alcohol in Rocklin. He is scheduled for arraignment on August 12. Judge Couzens told Wiidanen today

that "this drives home the fact that you have a severe alcohol problem." Couzens stressed the importance of counseling and of treatment for alcohol abuse.

"I feel you are a good person," he told Wiidanen. "But you need to turn (things) around."

Wiidanen apologized repeatedly in a brief statement to the court and he acknowledged his drinking problem. He said he has been attending Alcoholics Anonymous classes.

"I'm trying to get help," he said.

Couzens said Wiidanen must serve at least 45 days of his county jail sentence before being eligible to apply for alternative sentencing, which could include work release programs or ankle monitoring. Wiidanen must begin serving his jail time on Sept. 2, the judge ordered.

Kuhnen, the prosecutor, said the defendant's case was a sad one.

"This case is an example of the effects that the abuse of alcohol can have on somebody's life," he said.

# Judge Sentences Gang Member to 14 Years in State Prison

by Art Campos,  
Public Information Officer,  
Placer County District Attorney

A 32-year-old Rio Linda man with membership in a street gang will spend the next 14 years in a state prison following an incident last month in which he fled from police in Roseville and a loaded handgun fell out of his pocket.

David Michael Perez was given the prison term by Placer County Superior Court Judge Mark S. Curry after pleading no contest to four felony charges and three misdemeanor counts stemming from a June 12 traffic stop in which the defendant was a passenger in a car.

Prosecutor Stephanie Macumber of the Placer County District Attorney's Office said Perez got out of the car on the Sierra Street Bridge in Roseville and ran away.

As he fled from officers, Perez jumped on the hood of a parked car, denting it, and a loaded gun fell out of his pocket, Macumber said. Perez was eventually captured with help from the Roseville Police Department's canine unit, she said.

"The defendant had prior convictions and was a validated, active gang member," Macumber said. "He was not allowed to have a gun."

On July 21, Perez entered a plea of no contest to the felony charges, which included carrying a concealed weapon, possession of a firearm by a felon, street terrorism and vandalism.

He also pleaded no contest to two misdemeanor charges of resisting or obstructing peace officers and one misdemeanor count of carrying a loaded firearm. In addition, Perez did not contest special allegations of having prior felony offenses.

Macumber said the conviction means that Perez will now have two felony strikes on his criminal record.

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# DOLLARS AND SENSE

by James J. Scherer, MBA, CPA

## Faces in the Sun

Last week I began thinking about Mr. Rushmore. I really can't figure why. Anyway there is was in my minds eye. Like a nasty fly, I couldn't get rid of it. So I just thought about it.... The background became obscure, and then all I could see were those faces in the sun.

Doane Robinson, a historian, promoted the Rushmore idea in order to increase tourism in the area. The sculptor, Gutzon Borglum and 400 workers began the work in 1927 and finished 1941. It was funded by our tax dollars (no surprise). The site was chosen by Gutzon because the mountain faced southeast and had the greatest sun exposure.

The idea was to carve the four presidents of the last 150 years who started, preserved and expanded our wonderful country. George Washington is called the Father of our country. Thomas Jefferson, the author of

the Declaration of Independence, doubled the size of our country by the purchase of the Louisiana territory. Abraham Lincoln, by his sheer will and courage, kept our country together during the civil war. Theodore Roosevelt is the fourth face. He is legendary for his love of nature, courage, and zest for life.

As I gazed upon these four carved figures in the granite stone, their faces shining in the morning sun, I realized there was something wrong. Mt. Rushmore made me look to the past and wish these men were still living. I began hoping they would guide our country out of its current confusion and back to its intended purpose, those of our founding fathers. This picture began birthing a false hope, a vain imagination. Conscious of this I turned my attention to the future and I pictured those faces again. However, this time hope

took root in me and I saw something I didn't expect – carved in Mt. Rushmore were four new faces in the sun.

The lesson of history is very clear. Great leaders are born for adversity. You can depend upon it. I believe there is being raised up, in our generation, new faces in the sun. They are men and women of goodness, integrity and wisdom. They will know how to choose the good and refuse the bad—leaders who are beyond reproach and will not be bought. They will be restorers of the old foundations. The foundations of “life, liberty and the pursuit of happiness”. There they are, sparkling in the granite rock – the new faces in the sun. Can you see them too?

*This article is not intended to provide specific accounting, tax or investment advice for any individual. If you have specific questions consult your accountant, tax or financial advisor. Jim practices in Roseville, CA. You can reach him at 916-797-118 or james.scherer@schertax.com His web page is www.scherertax.*



**ROCK DOC**

by Dr. E. Kirsten Peters

Some geologists are heroes.

That was the thought that came to my mind when I read of what Afghan geologists had done during the long and difficult time the Taliban had run their country.

Even without real hope they might ever do geology again, but with fears about what might happen at any time to the reports of previous geological mapping work, the Afghan geologists took the records home to preserve them. When the dust of the American invasion had settled and the Afghan government had been restored, the local geologists brought back the records.

The records were the starting point for the effort in recent years to explore Afghanistan for mineral resources using the fully modern methods. The results have astonished geologists because the riches of the war-torn country are so great.

As the New York Times reported this summer, many geologists now working in Afghanistan feel they are “in the midst of one of the great

## Riches in the Midst of War

discoveries of their careers.”

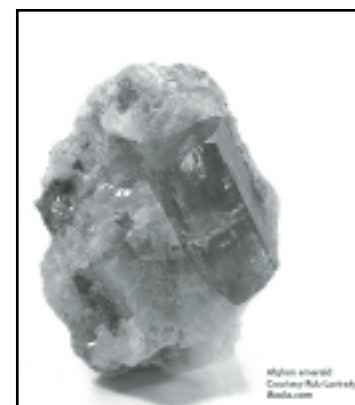
From estimates of what's under the ground, both at depth and near the surface, Afghanistan may contain nearly \$1 trillion worth of minerals. Along the Pashtun area in the south there is gold; in western Afghanistan there is apparently abundant lithium; and elsewhere there are major deposits of copper,

In short, it looks like there is enough mineral wealth in Afghanistan it could alter both the war and the way of life in the impoverished nation where the gross domestic product is only about \$12 billion. If investment materializes to exploit the mineral wealth, jobs in mining could employ many men currently involved in the war, U.S. officials speculate.

“There is stunning potential here,” Gen. David H. Petraeus said to the New York Times. “There are a lot of ifs, of course, but I think the potential is hugely significant.”

The ore was discovered because the U.S. Geological Survey and some others went to work in 2006 using modern methods of exploration throughout the country. In the old days, geologists used to travel by Jeep (or even on foot and horseback) to outcrops. The accepted technique was to knock off pieces of rock with a hammer and inspect what you had in your hand. The approach still works, but it's obviously labor intensive and slow.

If you want to rapidly explore a whole country these days, the way to do it is by air. So the Americans flew over Afghanistan with sophisticated gravity measurement devices. The results were highly encouraging. In 2007, the geologists again flew over the country, this time with devices that offer three-dimensional information about mineral concentrations.



Mineral wealth such as this emerald could help ease Afghanistan out of war-time poverty.

iron, cobalt and rare metals like niobium.

As a student, I studied mineral resources intensively. The richest of those here in the U.S. were mined out in the 1800s and early 1900s. There is a cycle in such matters, and the richest deposits are – at least generally – the first discovered and mined. But Afghanistan stands today where the U.S. did long ago, so it's no surprise that Afghan mineral wealth is likely quite high.

But a \$1 trillion bonanza is greater than this geologist would have guessed.

## Placer County Library Summer Reading Program

Auburn - Bored? Hot? Summer reading fun for all ages has begun and runs through August 15. Please join the staff of the Placer County Library as they offer their annual Summer Reading Program. The theme this year is “Make a Splash-READ!”

School-aged and teen readers are encouraged to set a summer reading goal at their local library with their librarian. After readers have completed half their goal they select a prize. When the goal is completed another prize is awarded. Readers are encouraged to decorate their reading logs, to list their books read, and to talk about their books with library staff. Pre-schoolers can also

participate by listening to books and collecting stickers.

### Programming

From June through August 15, special programs related to the Summer Reading theme will be offered in all the libraries during open hours and includes crafts, reading games, puzzles, and art projects. All Library programming is FREE and includes all materials.

### Performers

Thirty six performers in eleven libraries are scheduled with Wild Things available at every branch. Home grown programs include ice cream socials, game days, a book bag decorating party and altered books for teens (discarded books

are used for craft materials.) All performances are FREE, but space may be limited so contact the library for specifics.

Mary George, Assistant Director of Library Services says, “If you have a young reader in your life please encourage them to participate in this year's Summer Reading Program. I am so proud of all the library staff for their efforts and can guarantee that there will be something fun for everyone. Please check us out soon.”

For more information please call your local branch library or visit the Library website at [www.placer.ca.gov/library](http://www.placer.ca.gov/library).

Source: Placer County

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# Placer County Water Agency Update

Auburn — Representatives of the South Sutter Water District (SSWD) on Thursday (Aug. 5) provided a brief overview to the Placer County Water Agency Board of Directors on a study SSWD is conducting for a potential future dam and reservoir on the Bear River.

The Sutter County-based water district, headquartered in Trowbridge, CA, is the lead agency in a reconnaissance study to build a dam to impound water and to generate hydroelectric power on the Bear River at Garden Bar.

The proposed site for the dam and reservoir would be built across the Placer County-Nevada County line below Rollins and Combie reservoirs and just above Camp Far West Reservoir.

Lyndel Melton, a principal with RMC Water and Environment, based in Walnut Creek, offered a presentation on the current study. He was accompanied at the meeting by project manager Steve Brown and SSWD General Manager Brad Arnold. The group made a similar presentation at the July 28 meeting of the Nevada Irrigation District board in Grass Valley.

Melton said the location for a dam and reservoir was first identified as a potential site in the 1950s and has been the subject of numerous studies over the past half-century.

"SSWD began the current study to explore ways to firm up its surface water supplies," Melton said. Currently

SSWD supplies up to 35 percent of its customers' needs with surface water with the remainder coming from wells. SSWD delivers only irrigation water and serves 64,000-acres in Sutter and Placer counties. Rice accounts for more than 80 percent of the use of the water. Melton said the current study looks at potential facilities, hydrologic conditions, preliminary operations analyses, permitting questions and economic and environmental issues.

Melton said the study is being financed by SSWD with assistance from the City of Napa, Palmdale Water District, Castaic Lake Water Agency and San Bernardino Valley Municipal Water District. Melton said those agencies may have an interest in future water supplies.

If SSWD eventually decides to pursue the project, it would be at least 15 years away, he estimated. He said the reconnaissance study should be completed by year's end and offered to return to update the PCWA Board at that time.

Members of the agency board and staff raised several questions regarding the proposed project, water rights and who is to ultimately benefit from the stored water and generated power. A detailed presentation will be made to the PCWA board on these and other aspects of the proposed project once the SSWD study is finalized.

In other business, PCWA directors:

- Received an overview by

agency water attorney Janet Goldsmith on a recent State Water Resources Control Board decision that concludes that significantly more Northern California water from the Sacramento River system is necessary for fishery needs in the Delta. The impact of this is under review by the agency as to its implications and possible limitations upon surface water supplies to Placer County. She also reviewed the current status on a State law mandating that California water users reduce their total daily consumption by 20 percent or more per person by the year 2020. The implementation of this is now under consideration by the State Department of Water Resources. The agency is actively pursuing options and alternatives that strive to reduce the impacts of the law upon agency water customers by taking into consideration the county's climate, population density and past water use efficiency achievements.

The next regular meeting of the PCWA Board of Directors will be held at 2 p.m. on Thursday, Aug. 19, at the PCWA Business Center, 144 Ferguson Road, in Auburn. PCWA board meetings are open to the public.

Information on PCWA board meetings may be obtained through the Clerk to the Board at (530) 823-4850 or (800) 464-0030.

# Airport Big Build is Still on Target



The first of three terminal bridge sections is now in place.

Sacramento Region — The Big Build at Sacramento International Airport recently reached another milestone as the first of three bridge sections connecting the new terminal to elevator towers was hoisted into place. Two more sections will be installed this summer to connect the Terminal A Parking Garage with the new terminal.

The bridge, comprised of 50 tons of steel, connects the third-floor concessions area with a circulation tower that will serve a parking garage in the future. Despite requiring a month to assemble, the bridge was in place within a day.

"The Big Build is

progressing on target to open late 2011," said G. Hardy Acree, Sacramento County Airport System Director of Airports. "With a design that can be easily expanded in future years and that will ultimately serve as the central hub to serve multiple airside concourses, the new terminal is well designed to serve our community for generations to come with the ease and convenience that we are known for."

The Sacramento County Airport System broke ground for the Big Build, the largest capital improvement project in Sacramento County history on June 9, 2007. The \$1 billion,

four-level project will include integrated customs facilities, a two-level roadway to separate arriving and departing traffic and energy efficient and environmentally conscious design that is anticipated to receive LEED certification.

Sacramento County Airport System is responsible for planning, developing, operating and maintaining the county's four airports: Sacramento International Airport, Executive Airport, Mather Airport and Franklin Field.

For more information, visit [www.sacairports.org](http://www.sacairports.org).

# Coloma to Host American River Music



Come and enjoy the annual American River Music Festival.

Coloma - The 4th Annual American River Music Festival, held throughout the friendly river community of Coloma, is September 17, 18 and 19. The Festival features over 30 Americana, Folk and acoustic Blues performances and workshops in 11

three riverfront campgrounds, a white-water river trip, a guided river front hike, and local eateries.

This year we are proud to present Jesse Winchester (a legendary folk singer and lifetime achievement recipient from the American Society of Composers, Authors and Publishers),

Slaid Cleaves (a nationally renowned troubadour), Karla Bonoff (known for her chart topping songs such as "All of my Life", "Personally" and "Please Be the One", as well as many other performers coming from throughout the country.

The festival has music jams, an artist showcase night, "live" art performed during the main stage music, a sandy main stage swimming hole on the river, an art market, great kid's activities, food, beverages and much more.

Main stage tickets are \$35-A, \$15-Y(8-17) and free-Y(7 and younger). Camping all music tickets are \$99-A, \$49-Y(8-17) and free-Y(7 and younger).

Tickets and the complete schedule can be found at [www.americanrivermusic.org](http://www.americanrivermusic.org) or by calling 530.622.6044. Thanks for supporting LIVE MUSIC!

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# Arts and Entertainment Calendar and Other Fun Things to do!

## Pastel Society Membership Show on Display at Arts Building Gallery

Auburn – The Arts Building Gallery will host the Pastel Society of the West Coast's Annual Membership Show from August 12 through October 2. The 2010 Membership Show will feature 88 paintings by pastel artists from around the west.

The Opening Reception of the show will take place from 6:00 to 9:00pm on Thursday, August 12 during the Auburn Art Walk.

Renowned pastel artist Jane Hofstetter will be on hand during the Opening Reception to present awards. Her work is celebrated internationally, having won multiple awards including the "Who's Who in America" in 2008.

To celebrate the art of pastel, a number of special events will be offered on Saturdays during the eight-week exhibit, including

demonstrations and introductory classes on pastel. For a full schedule of events, visit the online calendar [PlacerArts.org](http://PlacerArts.org) and use keyword PASTEL SOCIETY.

PlacerArts is the Arts Council of Placer County, a non-profit, public benefit agency, and the designated state-local partner of the California Arts Council for the County of Placer.

## Local Events Calendar

### Auburn Community Golf Classic

Auburn – The inaugural Auburn Community Golf Classic will be held on Friday, Sept. 17 at the Auburn Valley Country Club.

The Auburn Chamber of Commerce and the Auburn Symphony, who have ties dating back to 1988, have joined together to raise much needed funding for the two local organizations.

Community 1st Bank is the title sponsor for the golf tournament.

The four-person scramble format tournament begins with lunch at noon, followed by a 1 p.m. shotgun start. The cost also includes green fees, range balls, cart, tee prizes, raffle, silent auction, and a dinner that will be highlighted by a special Travel Sweepstakes Raffle with an opportunity to win a week's vacation in Puerto Vallarta (condo/travel included).

The Early Bird Special cost is \$135 if registered before Sept. 1 and rises to \$155 after that date.

The Chamber and the Symphony will be reaching out to the community for additional sponsorship participation, golfers, and contributions of silent auction items to raise funds for both organizations.

To register for the Auburn Community Golf Classic or for more information about getting involved and helping to support the Auburn Symphony and Auburn Chamber of Commerce, email Bruce Cosgrove at [bruce@auburnchamber.net](mailto:bruce@auburnchamber.net) or call the Chamber office 530 885-5616, ext. 226.

### 1940s Placer High School Picnic

A 1940s picnic will be held on Saturday, August 28, 2010, from 11:00 a.m. to 5:00 p.m. at Auburn Recreation Park. All 1940s alumni and guests are invited to attend. Cost is \$15.00 per person. Call 530-885-3538 for reservation forms and additional information.

### College Students Share Biking Stories

College students biking across the country share their stories, Tues., Aug. 17, 6pm at Bethlehem Lutheran Church (BLC), Auburn. The group pedals across the USA in summertime, to raise funds for affordable housing and to stop and do hands-on projects. The public is invited to come, hear their report and share a potluck dinner. BLC is located at 1279 High St., next to the Fairgrounds, phone 530-885-4515.

### Help With Your Garden

The UCCE Placer County Master Gardeners are offering a free public workshop, Growing a Fall and Winter Vegetable Garden NOW! on August 20 at the Senior Community Garden, Auburn – DeWitt Center Next to Ag Commissioner's office from 9 A.M. – 11 A.M. and the cost is free.

Don't stop with the summer garden, keep producing vegetables to eat all fall and winter long. Learn what to grow, when to plant and how to harvest fall/winter vegetables.

### Figs: Preserving and Preparing

Please join us on August 21 at 10:00 a.m. upstairs in the Bernhard Winery for this free Placer County Museums Community Education Program. Joanne Neft will not only share her vintage 100-year old local recipe for preserving figs, but will also demonstrate several dishes that utilize figs, including grilled figs with prosciutto. Joanne is the author of Placer County Real Food: Recipes and Menus for Every Week of the Year. Her book will be available for purchase after the program.

The Bernhard Museum is located at 291 Auburn Folsom Road. For more information please contact: 530-889-6500.

## Auburn Recreation District

123 Recreation Dr. • Auburn, CA 95603-5427  
(530) 885-8461 • [info@auburnrec.com](mailto:info@auburnrec.com)

### Come join in pick-up basketball on Tuesday nights

Open gym for the vintage gym rats. Drop in to play at 5:30pm when we choose teams and rotate play. A great way to break up the week!

Location Recreation Gym

Fee \$10 Resident; \$13 Non-Resident all four months

\$38R/\$43NR

Activity #	Session	Days	Time
6100 S4	August	Tuesdays	6:30-8pm

### Have fun and play proper volleyball 55+ Men 50+ Women

Men age 55 and older, Women age 50 and older are welcome to join this moderate-impact program for players who have played before and want to improve their skills, have fun and play proper volleyball. This is not a beginner program. Players must have moderate experience and be willing and able to play three-touch volleyball according to U.S. Volleyball Assoc. rules. If you haven't played in a while and are a bit rusty, that's okay. Teams are selected at each meeting before daily play.

Location Recreation & Regional Gyms

Facilitators Cherry Delany & Roy Klegger

Fee Varies session to session. See below for sessions/days.

Notes June 14-August 13, there will be two nets for Senior Volleyball at the Regional Park Gym.

Activity # Session/Fees Days/Time

6080 S3 8/17-10/1 \$18R; \$21NR Tues/Fri

@ Recreation Gym 9am-Noon

6080 F1 10/5-10/29 \$12R/\$15NR Tues/Fri

@ Recreation Gym 9am-Noon

### Understanding Long Term Care Insurance

Ever wonder how long term care insurance works and why it might be important to have? This class will discuss the basics of long term care insurance including deciding on the right monthly benefit amount, facilities (select my own or be assigned by someone else) and asset protection. What are the

chances you might need this type of care, what is important for your family to know and what really happens if you don't have it when you need it? You will leave with a better understanding of the regulations and shocking statistics, and armed to make a better decision.

Location CVCC, Sunset Room

Instructor Charlene Miskimen

Fee: FREE

Notes: Please sign up so the instructor knows how much material to bring.

Activity # Session Days/Time

7157 S3 August 17 Tuesday 1-3pm

7157 F1 September 15 Wednesday 5-7pm

### Sutter Auburn Faith Hospital Special Programs

Sutter Auburn Faith Hospital is one of the newest partners with ARD and the Passport to Better Health program. Each guide will feature classes and programs open to the public that are sponsored by the hospital. These are the first of many.

#### SMOKING CESSATION PROGRAM

Sutter Auburn Faith Hospital offers a seven-week program for anyone who wants to learn how to quit smoking. A facilitator will guide the class through the Freedom from Smoking program, designed by the American Lung Association, using behavior modification techniques that emphasize trigger identification, pharmacotherapy assistance, relapse prevention and a healthy living, smoke free life style. For more information call Sutter Auburn Faith Hospital at 530-889-7067 or 530-888-4530.

#### LOOK GOOD...FEEL BETTER

This is a free hands-on workshop to help women offset appearance-related changes due to cancer treatment. Patients in various stages of treatment will receive make-over tips and personal attention from professionals trained to meet their needs. Professional advice is provided on wigs, scarves and accessories. For more information on this class that is organized by the American Cancer Society, please call 800-395-5665.

Find out more, or register online for any of these programs at <http://auburnrec.com/adultprograms>

E-mail your events and happenings to [editor@placersentinel.com](mailto:editor@placersentinel.com)

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# Valley College Expanding and Evolving in Tough Times

## Record Enrollment at Trinity Life Bible College Emphasizes Need for New Facilities and a New Identity



Pastor Ron Harden

the college's wide-ranging plans for the future. Among the most respected higher education institutions in the region, the school ranks within the top 10 U.S. colleges of similar size and degree programs (Federal Government Ranking: Integrated Postsecondary Education Data System-IPEDS). EPIC Bible College offers specific academic programs in education, music, psychology, counseling and Christian ministry.

The new campus center for EPIC Bible College will provide for large, state-of-the-art classrooms, library, resource center, chapels and administrative and student services offices, thus allowing the college to continue its current programs and expand to include online, graduate and doctoral degree programs in the immediate future.

Students are offered accredited degree programs taught by faculty comprised of Masters and Doctoral level professors with an equal blend of life experience and professional skills. In an effort to make a college education available to a wide range of students from teens to mature and senior populations, EPIC Bible College provides a flexible class schedule as well as valuable financial aid and scholarship programs. Its impressive quest for academic excellence has helped the college place hundreds of graduates in leadership positions in over 32 countries around the globe—assisting a worldwide population struggling to achieve basic human needs in the 21st Century.

Not only has the college topped its

enrollment forecasts, but it has seen a 29% increase in its current fiscal year operating budget as well, upwards of \$1.5 million annually.

"Our students are like family and they deserve the best education possible. Our expansion and development of the new Sacramento Valley campus will allow us to do just that," said Dr. Ronald W. Harden DD, president and CEO of EPIC Bible College. "We are reaching out to the community in an effort to gain their support and aid in the acquisition of enough land and space to continue growing into the next decade," he stated.

The diverse and welcoming atmosphere of EPIC Bible College (formerly TLBC) encourages students to make a difference in the communities they serve by modeling service projects benefiting organizations including WEAVE, Union Gospel Mission, Coats For Kids, and The Binky Patrol. The college continues to experience success and growth at a time when business and the economy continue to struggle, demonstrating the importance of an integrated education in life skills, faith and professional service.

"Epic" describes our new journey as well as our new name and we're confident that community support will help us to achieve our vision in the year ahead," stated Dr. Harden.

To learn more about admission, scholarship and giving opportunities, please contact Dr. Ronald W. Harden, Epic Bible College, 916-348-4689.

# Family Films



by David Dickstein

**Nanny McPhee Returns**  
**Opens Aug. 20, rated PG**  
[www.nannymcpee.com](http://www.nannymcpee.com)



Sequels to movies that made only \$50 million at the domestic box office are unusual, but that hasn't Emma Thompson from reprising her role as the homely, yet effective nanny who knocks sense into misbehaving children through discipline and magic. The 2005 original was a delight, so thinking good thoughts with the sequel, which was renamed (from the clunky "Nanny McPhee and the Big Bang") and moved from a March release. Maggie Gyllenhaal and Ralph Fiennes co-star.

**Step it Up 3D**  
**Opens July 16, rated PG-13**  
[www.facebook.com/stepupmovie](http://www.facebook.com/stepupmovie)

The modestly successful film franchise moves from the mean streets of Baltimore to the even meaner streets of New York, and offers up fresh faces and dancing feet in 3-D for the first time. A tight-knit group of street dancers, including the ultra-cool Luke (Rick Malambri), take on the world's best hip hop dancers in a high-stakes showdown that will—let's say it together—change their lives forever!

**Tales from Earthsea**  
**Opens Aug. 13, rated G**  
[www.ghibli.jp/ged](http://www.ghibli.jp/ged) (Japanese)

A young prince encounters wizards, witches and dragons on a journey of self-discovery in this animated Japanese film from the son of celebrated director Hayao Miyazaki ("Spirited Away"). The 2006 movie has played throughout the world, but not the U.S. until now. Based on generally negative reviews by Western critics at the Venice Film Festival 5 years ago, seems we haven't been missing out.

**Family DVDs**

**Diary of a Wimpy Kid** (ages 6-15, Aug. 3, rated PG): More than just a series of sight gags and one-liners is this surprisingly earnest comedy that chronicles the scariest time of Greg Heffley's life: middle school. You'll laugh, wince and sympathize with every bully beat down and awkward social moment. Grade: A-

**The Last Song** (ages 10-16, Aug. 17, rated PG): Teenaged girls wanting a good cry will likely enjoy this adaptation of a Nicholas Sparks romance that shows off the dramatic chops of Miley Cyrus. Alas, those chops are, well, choppy, but coming to the rescue is the ever-reliable Greg Kinnear as her divorced father with whom his kids spend an eventful coastal Georgia summer. Grade: B-



**To Save a Life** (ages 12 -18, Aug. 3, PG-13): Teen suicide and other heady high school issues are dealt with in this inspirational, Christian-slanted film. While the intended message is that accepting and loving Jesus Christ is the correct path to righteous behavior, the movie can be enriching for teens of all religions. Grade: A-

**Tom and Jerry Meet Sherlock Holmes** (ages 4-10, Aug. 24, not rated): The cartoon world's longest-running cat and mouse game has two new players as Sherlock Homes and Dr. Watson join in a jewel thief caper. The new feature-length movie includes "How to Draw Tom and Jerry" as a DVD bonus. Grade: B

# River Cats Offer Special Ticket Packages

The River Cats are offering several special ticket packages for the month of August. These packages are a great value for families looking to end the summer with some fun, affordable entertainment. Included is the opportunity to see Chicago Cubs Hall of Famer and current Iowa Cubs Manager, Ryne Sandberg, the chance to experience the Highway 99 Showdown against the Fresno Grizzlies in a hotly contested playoff race, and several family packs that offer fans exclusive merchandise and meal deals.

**Family Packs: August 14**  
 Purchase family packs for the River Cats game on Saturday, August 14 vs. Omaha Royals (Triple-A Affiliate of the Kansas City Royals) and you'll not only get four (4) tickets to the game, but four (4) food vouchers (each voucher good for (1) hot dog, (1) soda, (1) chip, (1) fudge bar), four (4) tickets to Fairytale Town and four (4) tickets to the Sacramento Zoo! Family Pack pricing starts at just \$56 for four (4) people for lawn seating. Additional ticket levels are available.

**Back 2 School Package:**

**August 15**  
 The River Cats host the Omaha Royals (Triple-A Affiliate of the Kansas City Royals) on Sunday, August 15 at 1:05 p.m. and fans can purchase a Back 2 School Package for as little as \$79 for Delta Box seats. Additional ticket levels are available. Package includes: Four (4) tickets (additional tickets may be purchased), four (4) food vouchers (each voucher good for (1) hot dog, (1) soda, (1) chip or veggies) and four (4) River Cats spiral notebooks. In addition, package purchasers can play catch on the field postgame!

**Ryne Sandberg Package: August 17-20**  
 The River Cats host the Iowa Cubs (Triple-A Affiliate of the Chicago Cubs) August 17-20. Come see Raley Field transformed into Wrigley Field with a special \$23 ticket package available for any game in the series which includes a Gold Rush seat and a special Ryne Sandberg T-shirt. Fans purchasing the package will also be entered to win the opportunity to sing "Take Me out to the Ball Game" from the

suite level for each game of the series, just like Harry Caray!

**Summer of '69 Package: August 18**  
 For just \$69 fans purchasing the Summer of '69 Package will get four (4) Gold Rush tickets and four (4) limited edition River Cats tie-dyed T-shirts. In addition, the first 2,500 fans entering the ballpark on August 18 will receive a River Cats classic toy.

**Highway 99 Showdown Special Ticket Offer: August 25-29**  
 Experience the excitement of the Highway 99 Showdown and the PCL Playoff race! Fans who purchase tickets for two games of the Fresno series, will receive a ticket for a third game for FREE during the five-game series with the Fresno Grizzlies (Triple-A Affiliate of the San Francisco Giants) August 25-29!

For more information visit [www.rivercats.com](http://www.rivercats.com) or call (916) 376-4676. Ticket packages are available for purchase at the Raley Field Ticket Office or [ticketmaster.com](http://ticketmaster.com).

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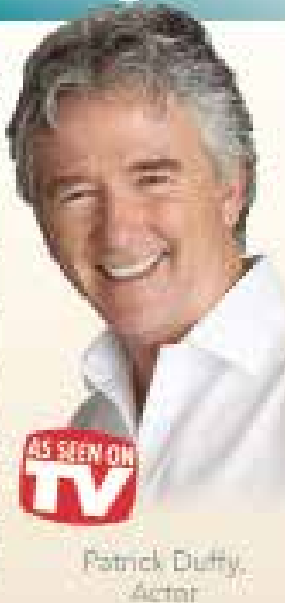
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# New Park Pathway System A Long Time In Coming

by Scott Holbrook

*Auburn* – I wanted to share some personal thoughts on a new addition to my favorite public agency!

I am so happy to say that at least one terrific new project will be able to move ahead thanks to locally generated park development fees!

The new pathway system coming to Rec Park is a long time in coming. Any who have been to your ARD maintained Meadow Vista or Regional Park will notice the great amount of folks who utilize the paved pathways. From moms with strollers to Seniors with walkers, these pathways are a favorite spot for people (dogs on leashes too!) to come enjoy a nice stroll through a beautiful park. Auburn proper does not have this type of facility, and as our number one attended park, it truly is about time!

Please keep in mind, this project is about much more than a new place to exercise—the pathway is designed to address several purposes, both now and for hopeful

upgrades in the future. This pathway system will provide access to all for the numerous features at the park. Soon there will be a safe way to access the heart of Auburn Little League (& Ms. October) aka Lloyd Beggs Field! From the upper parking lot, visitors will now have a pathway that will access the park, where one can easily get to the Volleyball Court, Picnic Area, Playgrounds and more! This pathway will also be a plus for community events, such as the annual Community Festival, or Soccer Parade & Picnic.

Of course during tough times, one always brings up the question of costs and the spending of taxpayer dollars! Well this project is as close as one can get to a win-win for all concerned. The huge bulk of the funding will be coming from State Grant Funds as well as City and County Park Development Impact Fees. The total cost of this project is just about \$300,000 (in good times this would have been much higher) of that amount specific

fees will cover about \$220,000, which will pay for all of the actual construction costs. The balance which was derived from Design and regulatory processes (CEQA....) will be paid out of the ARD's Capital Improvement budget (grant and mitigation fees can not be used for these processes), please keep in mind that your ARD has been saving for this project for some time. Also a very important note is the fact that this is a long term maintenance "neutral" project, and will not require additional staff time or funds after the project is complete, in many ways it may actually help reduce some expenses as the paved pathway will allow for better vehicle access & less stress on the turf.

I am extremely proud of the work by the ARD staff and our united board on this project. First off getting grants has been a big priority for all on the board, and this will be one of the biggest ARD has received, and hopefully a sign of the future. Another big priority is increasing access and

enjoyability (may not be a real word but I like it) of our existing facilities. Fiscal restraints from all directions have created a unique dynamic for the ARD, as the communities wants and needs are quite numerous and diverse & growing, yet funding is far from levels to make everyone happy, let alone to allow for any real increase in staff. This project fits into our goals and again creates the win-win, be it for the community or our budget!

Support your Local Park District—Parks Make Life Better!—visit [www.auburnrec.com](http://www.auburnrec.com) for more on what your park and rec district has to offer you!

ARD: Voter Created & Represented- Taking good care of your County and City Parks for area residents since 1948!

Keep Smilin'

*Scott Holbrook, Member, Auburn Area Park & Recreation District*

*These views are the personal opinion of the writer and do not reflect the opinion of AAPRD.*

# Jerry Brown Fuses Political Agenda with Official Duties

On Tuesday, a Sacramento Superior Court judge amended the ballot description of Proposition 23, an initiative to delay the implementation of California's global warming law. Attorney General and Democratic gubernatorial candidate Jerry Brown wrote the original language of the initiative, which was brought to court by The Howard Jarvis Taxpayers Association for its misleading and partisan implications.

"It is fortunate that Californians can rely on our judicial system to help

maintain honesty in the initiative process," stated Crystal Feldman, press secretary for the California Republican Party. "This is yet another example of Jerry Brown using the Attorney General's office to promote his political agenda. Brown keeps no barrier between his campaign agenda and the best interests of the state. Clearly he will use any tactic to weasel his way into the governor's office for a third time."

Read the Los Angeles Times editorial here: <http://bit.ly/cN7rc4>.

**Have you got local news that you would like to see in print?**

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**In 2009, Identity Theft Cost Americans Over \$54 Billion.**

Source: Javelin Strategy & Research, "2010 Identity Fraud Survey Report," February 2010.

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Identity theft is one of the fastest growing crimes in the nation. Over 11 million Americans fell victim to the crime in 2009, at a cost of over \$54 billion. (Source: Javelin Strategy & Research, "2010 Identity Fraud Survey Report," February 2010.)

As thieves employ more sophisticated and high-tech methods, the number of identities exposed in a single theft increases dramatically, as does a consumer's level of risk. Every week, retail companies, financial institutions, and national organizations are breached, and the personal and financial information of hard working Americans is stolen.

LifeLock, the leader in proactive identity theft protection, helps protect your identity – even if your personal information falls into the wrong hands. As a LifeLock member, if you become a victim of identity theft because of a failure in our service, we'll help you fix it at our expense, up to \$1,000,000. (Restrictions apply. Due to New York State law restrictions, the LifeLock\$1 Million Total Service Guarantee cannot be offered to the residents of New York.)



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- Matthew Daubert, LifeLock Member

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