

# Placer Sentinel



**Sheriff's Special Teams Featured at Fairgrounds**

Page 2



**West Nile Virus Confirmed in Placer County!**

Page 3



**Gaines Says, "Budget Solution Cannot Wait!"**

Page 4

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Volume 21 Issue 5

Serving Auburn and Placer County since 1987

July 7, 2010

## Blues Festival Comes to Auburn

Come and enjoy the best lineup of Blues music available!



Walter Trout, the visionary roots singer, songwriter and guitarist

Auburn - Long-time lovers of great blues and rock and roll will be descending upon the city of Auburn July 10th for the Gold Country Blues Festival, presented by Placers County Contractors Association & Builders Exchange, News Talk 1530 KFBK, Talk 650 KSTE, 93.7 Jack FM, Classic 93.1

FM, Legend Homes, Thunder Valley Casino and AM 950 KAHI Radio. The event host is Dave Rosenthal of AM 950 KAHI. "It is because of the overwhelming support of the many sponsors, volunteers and guests that we can proudly celebrate this wonderful event!

Thanks to our hard working committees and volunteers, you are all definitely in for an awesome time." said Bob Bouzard, Executive Director, Placer County Contractors Association.

The legendary line-up includes Headliner Walter Trout, International Blues Rock Guitar Legend, who will take the stage at 8:00 PM. Special Guest and 9 Time WC Handy Award Nominee Guy Davis, will take the stage at 6:00 PM. Soul of The Gypsy Tour, who will take the stage at 4:00PM. Look inside this issue for more on the line-up of performers. There are two stages that will also feature local artists.

The event is presented to support many great charities, foundations, and non-profits. The Boys and Girls Club of Auburn, the Placer County Contractors Association and its Foundation, and the efforts to save the construction training department at Sierra College.

The funding from the concert will help with day to day programs of the Boys and Girls Club of Auburn, providing needed scholarships to local Placer County high school students, and supporting the ongoing construction education programs at Sierra College.

Promoters of the event promise that you will enjoy the best lineup of Blues music available.

Gates Open at Noon. Tickets are \$35 and can be purchased online at [www.goldcountrybluesfest.com](http://www.goldcountrybluesfest.com), or they can be purchased for \$40 at the door. Come and enjoy the music at Gold Country Fairgrounds, 1273 High Street in Auburn.

## Placer County Wineries to Host Wine Experience Weekend



"Grape Days of Summer" to feature winery tours, educational sessions, wine and food pairings and more.

**Auburn Region** - The event, which will be held at wineries located along the scenic Placer County Wine Trail in Auburn and Newcastle, will feature winery tours, wine tasting and food pairings, live music and a variety of special wine education experiences. Participating wineries: Baumbach, Dono dal Cielo, Fawnridge, Casque Wines, Lone Buffalo, Mt. Vernon and Vina Castellano.

Wine education experiences include:

**Vineyard to Barrel Tour** - Participants will start in the vineyard and learn the how's and why's of varietal selection for the region, planting and vineyard management techniques, and harvest timing. Next, they will move on to the winery to learn about crush, fermentation and wine making methods. The tour will finish with a barrel tasting.

**Vertical Tastings** - What a difference a year makes!

Participants will sample three different vintages of the same varietal and vineyard to experience the changes in aroma, taste and finish after a period of aging.

**Taste of Terroir** - Participants will learn the difference the soil and micro climate make on a finished wine, by tasting the same varietal and vintage made using the same methods, at the same time, by the same winemaker, yet grown in different vineyards.

**Sensory Evaluation** - Practice makes perfect. Participants will have an opportunity to match their wine samples with commonly used descriptors for wine aromas - i.e. chocolate, cherry, leather, citrus, melon etc, as sample items in sensory evaluation cups.

**Library Tastings** - Event goers will have a chance to taste and purchase special wines not usually available to the public while learning about each wine

directly from the winemaker.

The event is scheduled for Saturday, August 7 and Sunday, August 8, 2010, 11:00 a.m. - 5:00 pm. Placer County Wine Trail, which includes Newcastle and Auburn, has maps available on their website at [www.placerwine.com](http://www.placerwine.com)

Tickets to the event are valid for the entire weekend and include a souvenir wine glass and full access wrist-band for all weekend activities including wine tasting, food pairings, music and educational experiences. The cost is \$25 per person in advance, or \$30 at the door. Designated driver tickets are also available. Tickets can be purchased at <http://grapedays-ofsummer.eventbrite.com>. For more information on the Grape Days of Summer event or special lodging packages visit [www.placerwine.com](http://www.placerwine.com) or call (916) 663-4486.

## Tipping Point? Special Report: Recession Recovery

Job demand & hiring trends for local companies in the 3rd Quarter of 2010

**Sacramento Region** - Eighty percent (80%) of the human resource professionals at the region's top companies say, in a word, no, the recession isn't over. However, when asked about progress toward economic recovery - "Are you looking forward to a better economy now?" - seventy-five percent (75%) of those with the 100 top companies say, yes. While the results indicate optimism for recovery is widespread, Pacific Staffing has discovered that confidence in long-term stability remains a question mark for many of the people who manage other people in the Sacramento regional economy. HR contacts were also asked if, in their opinion, they expected the company to grow and sixty-six percent (66%) said, yes. Fifty-two percent (52%) of those responding also believed that jobs were returning slowly and hiring will

soon increase in the area.

In the 3rd Quarter, fifty-eight percent (58%) of Sacramento regional companies say they will be hiring. Another forty-two percent (42%) say no hiring is planned for July, August and September. In direct contacts by telephone May 24- June 21, forty percent (40%) of companies report hiring only for replacements or attrition in the existing workforce. However, the number of companies attributing hiring motivated by growth has risen again in 2010 with thirty-five percent (35%) hiring for new workers in the third quarter.

Twelve percent (12%) of Sacramento regional hiring was also attributed to seasonal demands. Four percent (4%) of companies planned force reductions, attributing them to seasonal change or problems caused by recession and

continuing slow business.

Sales, technical skills and customer service experience are in high demand in the next three months. Sacramento regional HR contacts also report need for warehouse, shipping, product assembly and manufacturing experience in the next Quarter for those seeking employment.

The top challenge ahead for HR pros in the area is concern about how to manage changes in healthcare benefits and costs relating to new laws.

Of the 100 Sacramento Regional Top Companies By Industry, 43% are Service, 32% are Manufacturers, 14% are Construction and 11% are Retail.

How does this Quarter compare to last quarter, or last year? Find out for yourself, for more information & surveys go to [www.pacificstaffing.com](http://www.pacificstaffing.com).

**Sacramento Region** - In an effort to reduce fatal and injury speed-caused collisions occurring on county roads, the North Sacramento CHP area had additional officers out patrolling this week. The Office of Traffic Safety (OTS) approved the CHP's Comprehensive Approach to Reducing Speed II grant which provides enhanced enforcement on county roadways statewide. During this enforcement period there were 25 citations written for non-use of a hands-free wireless device, 7 stop sign violations, 6 verbal warnings and one citation for throwing a lit cigarette out of the window.

While speed is a primary collision factor, drivers are also vulnerable to driving distractions such as talking with passengers, eating or drinking, and talking or texting on wireless phones, which increase the chance of getting involved in serious vehicle collisions.

Drivers need to focus one hundred percent of their attention on their driving at all times. Don't wait until you get behind the wheel before you decide to make a phone call. If you must



Officer, may I put you on hold for a minute?

use your cell phone, remember section 23123 of the California Vehicle Code requires that you

use a hands free device. Plan ahead, buckle up, and don't drink and drive.



# Sheriff Department Raising Funds for Search and Rescue

The Placer County Sheriff Department's Search and Rescue teams are beginning their annual telemarketing fundraising drive throughout the county.

This year, Search and Rescue is hoping to purchase equipment for countywide searches, as well as mobile communications equipment for the Lake Tahoe area. Search and Rescue

volunteers donate thousands of hours each year to locate lost hikers, skiers and anyone else who may need assistance in Placer County's thousands of acres of wilderness.

Telephone solicitors will be calling Placer County residents to ask for donations. Anyone wishing to make a donation will be sent a pre-addressed

envelope. Callers will not ask for credit card information. Donations should only be sent to the following addresses: P.O. Box 4150, Auburn, CA, 95604 or P.O. Box 1710, Tahoe City, CA 96145.

For further information, contact Search and Rescue Community Services Officer Katrina Kane at (530) 889-7846.

## Placer County Sheriff Updates

Two cases that you have been following are getting delayed while a third case has just gotten a trial date.

Jeremy Sarguis, who pleaded guilty last month to conspiracy and hit-and-run in the death of Vickie Janell Scott on I-80 in Roseville on Feb. 4, was scheduled for sentencing today at 1 p.m. in the Jail Courtroom in Auburn.

However, the sentencing will

be delayed because the probation report has just been completed and neither side has had time to review. We'll get the date later for you.

Secondly, the arraignment date of Sac Police Sgt. John Castiglia, cited for allegedly shoplifting in Roseville on May 28, was scheduled for Tuesday, June 29. However, the DA's Office will ask for a new arraignment date tomorrow because it is still

reviewing the case. We are seeking sometime in July.

Lastly, Placer County Sheriff's Lt. John David Savage, charged with a misdemeanor count of negligently discharging a firearm, today was assigned a trial date of Oct. 25. The time and courtroom will be assigned at a hearing on Sept. 13 at 8:30 a.m. in Dept. 31 (Roseville courts).

## Deputies Featured at County Fair



Several Placer County Sheriff's special teams were featured last Thursday during the opening night of the Placer County Fair at the fairgrounds in Roseville. The program also included the Sacramento Sheriff's Posse, Touch & Go Dog Agility, and a presentation by the Placer County Schutzhund Club. The Placer County Sheriff's Special Enforcement Team, Air Operations Unit featuring Falcon 30, and the Canine Unit will provided the evening's exciting finale. *Photo provided by Placer County Sheriff's Department.*

# Hometown Heros

## Air Force Airman 1st Class Julie Turner



Air Force Airman 1st Class Julie Turner

Air Force Airman 1st Class Julie A. Turner graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force.

Turner earned distinction as an honor graduate.

She is the daughter of Wayne and Debbie Turner of Dry Creek Road, Auburn, Calif.

Turner is a 2003 graduate of Del Oro High School, Loomis, Calif.

## Air Force Airman Jaklyn Macauley



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Air Force Airman Jaklyn I. Macauley graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

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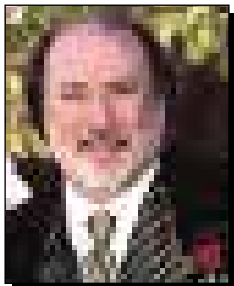
She is the daughter of Jim and Betsy Macauley of Fowler Road, Newcastle, Calif.

Macauley is a 2007 graduate of Del Oro High School, Loomis, Calif.



## Placer Sentinel

Serving Auburn and Placer County since 1987



**Publisher - Paul V. Scholl**

**Publisher's Statement:** It is the intent of the Placer Sentinel to strive for an objective point of view in the reporting of news and events. We consider our Editorial and Opinion pages to be a public forum for our readers. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

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Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at 530-823-2463.

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## Cheers & JEERS

The Sentinel is pleased to provide you with a chance to sound off on whatever you feel strongly about. E-mail cheers or jeers to editor@placersentinel.com.



## Widowed Persons Association of Auburn, Inc.

Widowed Person's Association of California will hold its monthly luncheon meeting on Friday July 16, 2010 at 12:00 pm at the Sizzler Restaurant in Auburn.

All Widowed People are invited to attend three activities of this organization prior to joining our membership. For reservations call Jeanette at 530-888-6880. Other activities include, card games, luncheons, bingo, bowling, trips to Reno, Koffee Klatches and special activities.

For a free newsletter call 530-878-1728. For one-on-one grief support call 530-885-8298.

Join us for the 3rd Annual

**Alzheimer's Aid Society Memorial 5k Run/Walk**

City of Sacramento 5k Championship

**Saturday July 24, 2010**

Start and finish lines at the historic East Lawn Memorial Park

Benefiting the Alzheimer's Aid Society of Northern California

For registration or more info: [www.memory5k.org](http://www.memory5k.org)



# West Nile Virus Confirmed

Placer County – The first bird in Placer County to test positive this year for the West Nile virus has been found in Rocklin.

“The bird was picked up by our staff on June 21, 2010, and test results were confirmed today,” stated Mary Sorensen, Entomologist for the Placer Mosquito and Vector Control District.

The discovery of a West Nile virus positive bird indicates that the virus is replicating in the bird population. Experts state that it will only be a matter of time before mosquitoes start testing positive for the virus, when mosquitoes start feeding on infected birds. Current District protocol is to increase surveillance in the area the dead bird was found, and District staff is already out setting additional traps. “Although no mosquito samples have tested positive in Placer County so far, there has been a significant increase in Culex populations, the type of mosquito that is the primary vector for West Nile virus,” Sorensen noted.

This news comes at a critical time in the mosquito season, just before a holiday weekend, when most people will be out celebrating and enjoying the weather. Dr. Mark Starr, Director of Community Health



Placer County has seen an increase in Culex populations, the type of mosquito that the the main carrier for West Nile virus.

for Placer County Health and Human Services, is hoping that Placer County human case counts will be the same last year - zero. “In order for that to happen, everyone needs to protect themselves from mosquitoes this summer,” Starr states.

It is inevitable that people will be outside this weekend, especially during peak mosquito feeding times at dawn and dusk. However, public health experts urge residents of Placer County to defend themselves against mosquitoes by wearing an effective insect repellent.

As for the rest of the summer, the Placer Mosquito and Vector Control District recommends

the 3 Ds of protection: 1) Drain any standing water that may produce mosquitoes. 2) Defend yourself and your home by using an effective insect repellent and dressing appropriately when outside, and making sure screens on doors and windows are in good condition. 3) Contact the District for any additional help controlling mosquitoes around your home.

For more information, residents of Placer County may contact: Placer Mosquito and Vector Control District at (888) 768-2343 or visit [www.placer-mosquito.org](http://www.placer-mosquito.org) or Placer County Health and Human Services at (530) 889-7141 or visit [www.placer.ca.gov](http://www.placer.ca.gov).



## GET REAL BEAUTY (PART I)

Could it be that Grandma had her act together when she passed on her practical beauty tips? Could it be true that if it helps inside, it can make things better on the outside? Could it be that the word kitchen doesn't have to mean drudgery, but a way to bountiful beauty? TRUE! TRUER! TRUEST! Ask Riquette Hofstein, the woman who heads up the fastest growing beauty beat in Beverly Hills... Riquette International. If the name sounds familiar, it should. She has shared her ways with the likes of David Letterman, Regis and Kathie Lee, Sally Jesse Raphael, and a host of

# POPPOFF!

with Mary Jane Popp

other Tube types too long to list. Her motto in life is “Everyone is beautiful”, and she has dedicated her life to making it so.

The author of International Beauty Secrets and the best-seller Grow Hair In 12 Weeks as well as the originator of Kitchen Cosmetics, Riquette is a one person dynamo destined to make her mark on the entrepreneurial world of beauty. Born in Cairo to French parents and raised in Paris, Riquette has traveled to the ends of the earth to find the beauty secrets of the ages from London to Zurich to Australia to the Far East.

Her application of skills is simple...“I can do it, so can you, because no one else will. Care for yourself.” So let's start with a couple quick tips. Got dry skin? Raid the fruit department of your local supermarket, and try her Sinfully Rich Dessert Mask... one-half cup ripe fruit, 1 tsp. honey, one-half cup whipping

cream. Whip the cream till it just starts to hold its shape. Mash the overripe fruit. Combine fruit and honey to whipped cream. Apply with pastry brush to face. Leave on 10 minutes, then rinse. Sure I should wear it or eat it? Riquette assured me the Mask is marvelous. Here's one for your hands, a special glow with Riquette's Golden Hands Mask. Gather one-quarter cup corn meal, 3 Tbsp milk, 1 drop almond oil. Mix corn meal with milk, and heat over a low flame til it forms a paste. Add a drop of almond oil, and let it cool. Spread on hands for 10 minutes, then rinse.

And then there's... Ooooppps!!! Out of space for this edition of POPPOFF! Got a bunch more beauty bonus tips for you, so don't miss next our next time together for POPPOFF. Meanwhile, stay beautiful from the inside out!

## Anne Conely Recognized in National Contest

### Local Real Estate Agent Shines in the CENTURY 21® \$8,000 List Your Home Sweepstakes

Auburn – Anne Conely of CENTURY 21 Foothill Realty received national recognition as one of 21 winners of the brand's Connect 2 the 1 Agent incentive program for the month of May.

As part of the brand's \$8,000 List Your Home Sweepstakes, the agent incentive program rewards CENTURY 21® sales

professionals for leading the charge in increasing the number of listings in their area. These brokers are successfully connecting with potential home sellers in their market and continuing to deliver upon The CENTURY 21 Gold Standard of service excellence.

“The CENTURY 21

sweepstakes offers a wonderful incentive for anyone looking to sell their home,” says Conely “It helps to offset concerns people may have about the recovering real estate market, and we are excited to see the increased number of listings beginning to flood the market and balance things back out.”

# Unleashing Creative Genius: Camp Invention Returns to This Summer

Rocklin - Camp Invention isn't just your average summer camp! In this exciting program, children are immersed in a week-long experience, where the fun of imaginative play leads them through inquiry-based activities in science, technology, engineering, and math (STEM), as well as in history and the arts.

Renowned for the opportunity it extends to elementary-aged children to explore the unknown, tinker with ideas, and satisfy an innate sense of curiosity, the Camp Invention program provides a safe, creative outlet for them to experience extended summer learning taught by familiar local educators, which builds on their year-long studies. Each day, children rotate through five integrated modules that employ creative thinking to solve real-world challenges. Working together, they learn vital 21st century life skills such as problem solving and teamwork through hands-on activities designed to be informative and fun.

“We're getting to the root

of innovation by providing motivation to learn, create and excel- particularly in the critical areas of math and science,” says Michael J. Oister, president of Invent Now Kids. America is currently facing a critical talent gap in these areas, known as the international “language” of innovation. The country's economic and productive future depends on how well we educate our children and youth. The Camp Invention program strives to meet the need for innovators and inventors by helping children understand that science is everywhere and fostering “whole system” thinkers.

Since its inception in 1990, the Camp Invention program, the premier program of the nonprofit Invent Now Kids, has grown to include nearly 1,500 sites in 49 states. In 2009, more than 65,000 children participated nationwide.

Ensuring fresh, timely curricula each year, Invent Now Kids has put together the INNOVATE program for returning host sites, where children not only rebuild a virtual world and act as

entrepreneurs establishing a new marketplace in the Hatched™ module, and explore alternative energy to power their robotic creatures in the Power'd™ module, but they also explore the surprising mathematical connections between soap bubbles and lightening bolts in the SMart: Science, Math & Art™ module. Every Camp Invention program features the I Can Invent III™ module, where younger children take apart discarded household appliances and create fantasy inventions, while older children use the pieces and parts to build Rube Goldberg machines. Also featured is the Global Games™ module, where children explore ancient cultures and sports like lacrosse and soccer from civilizations around the world.

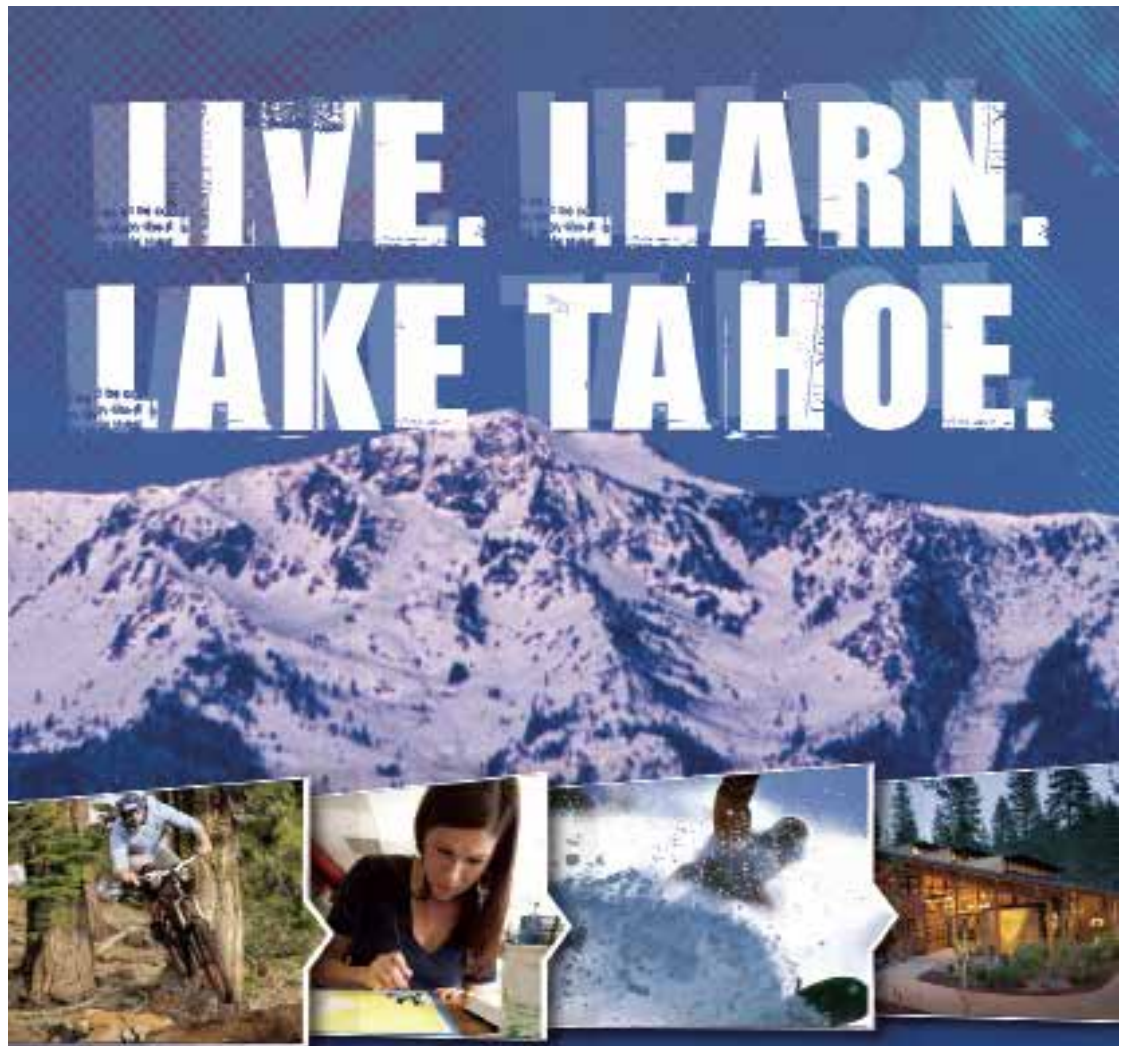
This summer, Valley View Elementary School is hosting the Camp Invention INNOVATE program on 7/12/10-7/16/10 from 9:00 am to 3:30 pm. To learn more about how to secure your child's spot in the program, visit [www.campinvention.org](http://www.campinvention.org) or call 800.968.4332.

## Kiwanis and Grocery Outlet Team Up for Toys for Tots

Kiwanis & Grocery Outlet are having a car show on July 31 at Grocery Outlet. The event will be from 9AM to 1PM. The entry fee of \$10.00 and a toy includes

a BBQ lunch and a raffle ticket. Live music, prizes and fun will make it a great way to support this event. It is a fundraiser for Toys For Tots. All the toys will

be donated to the Salvation Army in Auburn for local distribution at Christmas time.



There are great places to go in this world. And there are great places to go to college. Discover Sierra Nevada College, Lake Tahoe's only four-year liberal arts college, at [www.sierranevada.edu/tahoe](http://www.sierranevada.edu/tahoe).

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- TRANSFER SCHOLARSHIPS FOR STUDENTS WITH 15 OR MORE COLLEGE CREDITS
- INNOVATIVE PROGRAMS IN ENTREPRENEURSHIP, SKI BUSINESS, SUSTAINABILITY, OUTDOOR ADVENTURE LEADERSHIP, AND ENTERTAINMENT TECHNOLOGY
- MORE THAN 30 MAJORS AND MINORS | AVERAGE CLASS SIZE OF 12



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# Budget Solution Cannot Wait

A Message from Assemblyman Ted Gaines



Assemblyman Ted Gaines

were elected to do... pass an on-time, responsible balanced budget. It feels like déjà vu, all over again.

If I ran my own small business like this, I would have been out of business a long time ago. As a result of the Legislature's failure to act, people in our region who rely on state government for important services will face often painful consequences because we don't have a budget in place. This is unacceptable.

That's why I am so troubled and disappointed to see too many in Sacramento not approach our budget problems with the urgency this crisis requires. For months, I urged my colleagues to begin our budget work early, so we would have a bipartisan solution in place before the June 30th deadline. But little progress was made.

For my part, I am standing by... ready, willing and able to get to work. On the Assembly Floor today, I publicly asked my colleagues to return to Sacramento and work around the clock to get the budget done.

I know that closing a \$19.1 billion deficit will require many difficult decisions on the part of Democrats and Republicans alike, but we must act quickly to get a budget in place. Playing petty political games serves no one well. It's time to come together and work through our differences so we can give hard-working Californians the honest and realistic budget they are seeking, with no new taxes.

Please e-mail me your thoughts and concerns about the budget at [assemblymember.gaines@assembly.ca.gov](mailto:assemblymember.gaines@assembly.ca.gov)

[www.asm.ca.gov/Gaines](http://www.asm.ca.gov/Gaines)

Assemblyman Gaines will continue to host a series of informal community coffees to get in touch with you directly. Stop by and say hello, or get help with state-related matters at any of the following locations from 9 a.m. to 10:30 a.m.:

- Lincoln - 8/2/10, Kim's Country Kitchen, 537 G Street
- Loomis - 8/30/10, Wild Chicken Coffee, 3640 Taylor Road
- Auburn - 9/13/10, Tsudas, 103 Sacramento Street
- Rocklin - 9/27/10, Woody's Bar & Grill, 6502 Lonetree Blvd.

## Gaines Mobile District Office Features New Outdoor Locations

Assemblyman Gaines' staff will continue hosting Mobile Office Hours every other month. Staff will be available at the following locations for Mobile District Office Hours from 10 a.m. to 1 p.m. to assist you with any state-related matters.

- Lincoln - 7/1/10; Raley's, 765 South Hwy 65
- Auburn - 8/2/10; Raley's, 13384 Lincoln Way
- Rocklin - 8/18/10; Bel Air, 2341 Sunset Blvd.

Staff will also be available at the following chamber offices to help small businesses cut through the red tape of state government.

- The office hours will be held from 10 a.m. to 1 p.m. at the following locations:
- Auburn - 7/30/10; Auburn Area Chamber of Commerce, 601 Lincoln Way, Auburn
- Rocklin - 8/4/10; Rocklin Area Chamber of Commerce, 3700 Rocklin Road, Rocklin
- Lincoln - 9/17/10; Lincoln Area Chamber of Commerce, 540 F Street, Lincoln



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# SUMMER CONCERT SERIES

AT THE California State Fair Jul. 14 - Aug. 1



**The Fab Four**  
The Ultimate Tribute  
Wed Jul. 14 \$10



**Slaughter**  
Thurs. Jul. 15 \$10



**AllStar Weekend**  
Fri. Jul. 16 \$10



**Thirstbusters**  
Tues. Jul. 20 FREE



**The Family Stone**  
Featuring Jerry Rector & Lynita Johnson, Original  
Founding members of the Family Stone  
Sat. Jul. 17 \$10



**Little Big Town**  
Mon. Jul. 19 \$15



**Rick Springfield**  
Wed. Jul. 21 \$10



**Howie Mandel**  
Thurs. Jul. 22 \$10



**Martina McBride**  
Fri. Jul. 23 \$49



**Lonestar**  
Mon. Jul. 26 \$15



**Village People**  
Tues. Jul. 27 \$10



**Eddie Money**  
Wed. Jul. 28 \$10



**Paul Rodriguez**  
Thurs. Jul. 29 \$10



**Foghat**  
Fri. Jul. 30 \$10



**"Weird Al" Yankovic**  
Sun. Aug. 1 \$20

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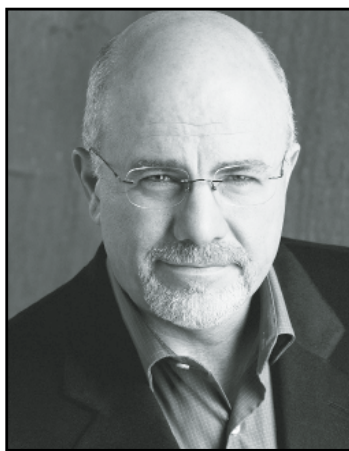
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# Dave Says



Dave Ramsey is a personal money management expert, popular national radio personality and the author of three New York Times bestsellers – *The Total Money Makeover*, *Financial Peace Revisited* and *More Than Enough*. In them, Ramsey exemplifies his life's work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age, and give generously to others.

## Travel Sports are a Luxury

Dear Dave,

My husband lost his job a few months ago. He's found another one since then, but we're still trying to rebuild our finances. At the same time, our daughter plays softball on a travel team. It's a great character-building experience, but the costs involved can be pretty high. Do you think we should cut down on the travel team activities for a while?

- Natasha

Dear Natasha,

You're right. Playing sports can be

a great part of the character-building process. But she can learn character lessons playing in a softball league at your local park. She doesn't have to travel all over the place to learn those kinds of things.

If you have kids, there's a pretty good chance you're going to spend some money to help encourage their hobbies and interests. That comes with the territory, and it should be a fun and rewarding experience for everyone. You just have to take a look at your financial situation—and the kid's desires and abilities—and make sure it's a reasonable amount of money.

In your situation, playing on a travel team right now is a luxury. You don't need to be footing the bill for hotel rooms and gas and stuff while you're trying to get back on solid ground financially. Chances are, this child is not going to make a living playing softball. Even if she is that good, she can still sharpen her skills in a home town league until you guys are back on your feet.

I'm not opposed to kids playing on these kinds of teams per se. But you can't allow the cost and time involved to undermine the needs of your family or blow your budget!

- Dave

## Dave Explains Paying Off the House

Dear Dave,

My wife and I are following your plan, and we're in the middle of paying off our debts using the debt snowball. When we told my mother-in-law that by doing this we'd be able to pay off our house within 10 years, she told us that would be a stupid

move. She couldn't give us a reason why she thought it was stupid, but we couldn't convince her otherwise. How can we explain things to her?

- Jason

Dear Jason,

Okay, she's telling you it's a bad idea, but she has no idea why it's a bad idea? It sounds to me like she's the dumb one if she thinks you should behave a certain way, but can't even tell you why. If someone can't tell you why they have an argument against something, then they have no argument in the first place!

A lot of talking heads think it's smart to not pay off your home. They'll tell you things like it's better to borrow money against your house and invest it in the stock market. What they won't tell you is that there's virtually nothing there by the time you adjust for risk and taxes. Why in the world would you take a chance on losing your home over something like that?

Another line they'll throw out is that you don't want to lose your tax deduction. This one's really silly! If you have a \$200,000 loan at five percent interest, you'll pay about \$10,000 a year in interest. Now, let's also say you make \$70,000 a year, and you're in the 25 percent tax bracket. That \$10,000 tax deduction is saving you \$2,500 in taxes. In essence, you're sending \$10,000 to the mortgage company to keep from sending the government \$2,500. That's pretty stupid! You'd be better off to be debt-free and give \$10,000 to some charity or your church. That way, you'll save on taxes and do some good with the money.

By paying off your home, you decrease risk and gain a ton of security!

- Dave

\*Please visit [www.davesays.org](http://www.davesays.org) for more financial advice.



## ROCK DOC

by Dr. E. Kirsten Peters

The time has surely flown by for me.

Thirty years ago I was a very young woman, really just a kid, living downwind of Mount St. Helens on the beautiful Sunday on which she tore herself apart. This was in the days before the Internet and even before 24/7 cable news, so our first clue the mountain had erupted catastrophically was when we were enveloped in a dense and dark ash cloud.

Even us hayseeds knew we were seeing history unfold. Quite likely the personal path that led me to study geology was sketched somewhere in my unconscious mind in the gathering gloom of that day. I suspect that geologic catastrophes are large enough you either run away from them or, if you are perhaps a bit deranged, feel drawn toward them. I've always been in the second camp, wondering what powerful display of mighty forces the Earth will next show us – and whether we will survive.

But what I remember most clearly about that midday was simply the great challenge of breathing while walking to the safety of home. I breathed through a mitten left over from winter that was jammed in my coat pocket. (In those days, many of us still used mittens

# Turning Thirty at Mount St. Helens

made at home by grandmothers. We should have treasured them more than we did.) The loosely knitted mitten didn't help filter the air that much, and the fine ash made it into my nose and mouth and down into my lungs enough to make me cough and hack.

During the past 30 years, there have been, to be sure, some more minor eruptions of steam, ash and lava in the crater left behind by the catastrophic blast.

But there's been another "eruption" at Mount St. Helens in the years since 1980. In ways that many biologists would not have guessed were possible, life itself has erupted in abundance, recolonizing what was a seemingly barren moonscape left behind the day that had me digging for mittens in my coat pocket.

First in the story of rebirth were the survivors themselves. The month of May around Mount St. Helens is snowy in many areas. So some pocket gophers and deer mice, snuggled into burrows underground and under the snow, survived the great blast. The gophers, in particular, tunneled as they ate their way through roots and bulbs, pushing up good earth through the snow and volcanic ash to the surface – providing small plots of bedding material for wind-blown seeds to come.

Also buried by snow were small young fir trees, flexible enough they were prone to the ground all winter. Some of them straightened, breaking through the ash layer, and poking above the surface of the moonscape as one of the first signs of how quickly life might return to the mountain.

Then there were the plants and animals that came into the barren zone as colonizers. One of the first was the purple lupine, a fine flowering plant familiar to all alpine hikers. It, and the microorganisms that live with its roots, added nitrogen to the volcanic ash. This helped other plants take root as well. The pocket gophers had more roots and bulbs to eat – so more pocket gophers lived to breed. Mice and gophers attracted those that eat them: birds of prey and coyotes.

None of this change has been steady. It's been a cycle of boom and bust for many different species. Mother Nature isn't sweet and gentle in her care for creation – that's a fuzzy myth we carry in our heads sometimes. But nature surely is fertile. That's nowhere more clear than in the large lake that lies at the foot of the mountain, that was once a toxic soup and is now a source of prime nutrients that are spreading to the land around it.

Remember the little evergreens that survived because they were so small they were lying flat under the snows? Today those trees have grown to the point they are producing seeds. They are in the fullness of early adult life (I do so wish I could say the same).

Dr. E. Kirsten Peters, a native of the rural Northwest, was trained as a geologist at Princeton and Harvard. Follow her on the web at [rockdoc.wsu.edu](http://rockdoc.wsu.edu) and on Twitter @RockDocWSU. This column is a service of the College of Agricultural, Human and Natural Resource Sciences at Washington State University.

# Gifting: Good For the Soul, Good For the Wallet

## Gifting as an Estate Planning Tool

courtesy of BottomLine Lawyers

The wisdom of making a will is well settled as sound legal advice, and rightly so. Less talked about, but equally advisable for many people, is the use of gifts during one's lifetime as a method for estate planning. Apart from the intangible benefits that flow from the fact that, as the saying goes, it is more blessed to give than to receive, gifting has favorable down-to-earth, dollars-and-cents ramifications.

Gifts reduce the size of the donor's estate that will be subject to court administration, thereby cutting probate costs and potential estate tax liability. Less obvious, but equally advantageous, is the way that gifts can provide savings on income taxes. This occurs when income-producing property is given by an individual in a high income tax bracket to someone in a lower tax bracket.

Gifts do not trigger income tax liability for the recipient. However, the original cost, or basis, of the gift remains for the recipient what it was for the donor. As a result, if the recipient

later sells the property, he generally will owe capital gains tax on the difference between the donor's basis and the sales price.

As for the gift tax, the starting point to consider is that the federal Government levies the tax on transfers of real or personal property made during the giver's lifetime where something of similar value is not received in return. For tax purposes, the dollar value of a gift is the fair market value of the property when it is given, less the fair market value of anything received in return. The donor is liable for any gift tax that is due, but if the donor does not pay the tax the donee becomes personally liable.

An annual exclusion of up to \$11,000 is available for transfers to other persons without payment of the federal gift tax. Rather than pay the gift tax on gifts over \$11,000, the donor can choose to exempt as much as \$1 million in gifts above this exclusion over his lifetime. The donor does not need to file a federal gift tax return for gift amounts less than \$11,000. Because

the exclusion amount is per donee, any one donor actually can make gifts in a large total amount, without incurring a gift tax, by giving to many different recipients. For a married couple, the annual exclusion is \$22,000 per donee.

There is an unlimited marital deduction provision in the federal gift tax law, so that no gift tax is due, and no return need be filed, for gifts between spouses in any amount. Also excluded from the gift tax are amounts paid by a donor to a qualified educational institution for another's tuition, or to a health-care provider for someone's medical services. Gifts to qualified charitable, religious, and educational entities, government agencies, and many organizations with tax-free status are not subject to the gift tax.

This article merely introduces the subject of the gifting of property. Estate planning techniques and tax laws are complex. You should always consult with a qualified professional to assist you in such matters.

# Seven Strategies for Creating a New Life After Widowhood

## Author offers ways of coping with the loss of a beloved spouse

The statistics are outstanding. According to the United States Census Bureau, there are 11,398,000 widows in the US. This represents almost 25% of the single woman populace of 57,756,000 over the age of 15. Furthermore, 41.9% of women 65 and older are widows.

Susan Beer, herself a widow, found undiscovered strength at the time of her loss and now shares it in her new book, *Move on Without Me* (Hatherleigh Press, 2010). *Move on Without Me* is an honest and touching book about the first year of widowhood and explores all the moments of heartache, fear, anger, grief, and, later, insight and courage experienced as the author came to grips with the monumental changes in her life brought about by her husband's sudden passing.

Each chapter explores a unique topic, from how to face challenges, ways to express gratitude, and what strength means. Susan also reexamines the word "widowhood"

and moves beyond the traditional, bleak connotation of a widow to a new definition of hope in spite of heartache. *Move On Without Me* helps widows come to grips with the past and the present, so they can embrace the future.

Susan offers these simple, hopeful approaches:

Focus on the positives. He is forever in your heart and in your memories. What enhances you, not depletes you. So, focus on what you gained, not what you lost and be grateful. Start a gratitude list.

Congratulate yourself on your accomplishments. It may just be getting through the day but you did it. One step, one day, after another. Praise yourself as you discover hidden strength.

Acknowledge regrets. You will have regrets. We all do. Transform them into learning experiences.

Make yourself the priority. Be honest with yourself, and others. Only you know what you need, where you are, how you are. No one can answer

this or do it for you.

Get up, get dressed and get out. Do something that makes you feel good about you: take a walk, exercise, get your hair done (or even better have your hair restyled), have a manicure, have lunch or dinner with a friend. And while you are out there, smile. Not only does it make you feel good, it attracts more of the same.

Be human. It's okay to be needy. It's like the pregnant woman who craves ice cream with pickles. It's normal. You have suffered a most horrific loss.

Realize that friendship changes as do friends. Some are there for a reason, some for a season and others for a lifetime. Some will bring you grace. Some are waiting for you to say "I am ready." Some are afraid. Some will leave. Some will come. It is simply the way it is.

Moving on is without choice. Be it positively or woe is me, your life continues. How you do so is your choice.

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# The California State Fair Means Affordable Fun!

## Even More Discounts are Announced for 19 Days of BIG FUN!

With fantastic deals on admission, rides, goodies and activities, the California State Fair is announcing an additional discount. The State Fair's carnival operator, Butler Amusements, Inc. is proud to offer its sheet of 25 carnival ride coupons for just \$23. This is a savings of 18% from last year's price. With this additional discount, the Magnificent Midway just became a little bit more magnificent!

"Our mission is to celebrate California and provide an opportunity for as many people as possible to experience what the State Fair has to offer," said Norbert J. Bartosik, California State Fair CEO. "Through our partnerships with our sponsors and vendors like Butler Amusements, our discount programs on admission tickets, food prices and carnival rides are making it even more convenient for families to take in the best that California has to offer."

In response to the strain families are feeling while stretching their hard-earned dollar, the California State Fair has made it its mission to offer family entertainment at an affordable price. Here are just a few examples of what the State Fair is doing to help turn an ordinary summer into something extraordinary.

This year, the food areas outside the Magnificent Midway, Kids Park and Miller Lite Grandstand have reduced prices on their menus by 25%.

Discount State Fair tickets are now available online at [www.bigfun.org](http://www.bigfun.org) and surcharge free at the Cal Expo Box Office.

**Discount state fair prices**  
(Available through 7/13/10)

**ONLY**  
General Admission Ticket (Also available at participating Save Mart® Supermarkets) \$10 Save 17%

Senior Admission Ticket (ages 62+) \$8 Save 20%

Youth Admission Ticket (ages 5-12) \$6 Save 13%

Child Admission Ticket (ages 0-4) FREE!

Poppy Pak (Includes 4 Admissions, 4 Rides & 1 Parking Pass. Not available at the gate.) \$39.95 Save 43%

**State Fair Season Pass**  
(NEW! Also valid for admission to Raging Waters Waterpark from 7/14-8/1.)

Available Online Only. \$29.99 Save 87%

Unlimited Ride Wristband (Valid on most rides until 11 p.m. All height & safety requirements apply. Not recommended for children under 3 years old.) \$28 Save 20%

SUBWAY® Savings Day Wristband (Get one free General Admission Ticket with purchase of one Unlimited Ride Wristband. Special SUBWAY® coupon & code required. Available for purchase 05/17-7/13 only. \$28 Save 40%)

**FREE CONCERT SERIES**  
The sounds of summer can be heard at the Fair with the 2010 California State Fair Concert Series. There are shows everyone can enjoy from pop to country acts, stand-up comics to tribute bands.

"The State Fair is all about family, fun and value. When most concert tickets in this region are \$75 or more for lawn seats, we're thrilled to offer fairgoers

the chance to see great shows at great prices," said Bartosik.

General viewing of all concerts is FREE with State Fair admission, but a limited number of reserved seats will be sold for \$10-\$49 each based on the performer. The lineup includes:

THE FAB FOUR Wednesday, July 14; \$10

SLAUGHTER Thursday, July 15; \$10

ALLSTAR WEEKEND Friday, July 16; \$10

THE FAMILY STONE Saturday, July 17; \$10

LITTLE BIG TOWN Monday, July 19; \$15

THIRSTBUSTERS Tuesday, July 20 FREE

RICK SPRINGFIELD Wednesday, July 21; \$10

HOWIE MANDEL Thursday, July 22; \$10

MARTINA MCBRIDE Friday, July 23; \$49

LONESTAR Monday, July 26; \$15

VILLAGE PEOPLE Tuesday, July 27; \$10

EDDIE MONEY Wednesday, July 28; \$10

PAUL RODRIGUEZ Thursday, July 29; \$10

FOGHAT Friday, July 30; \$10

"WEIRD AL" YANKOVIC Sunday, August 1 \$20

All shows will start at 8 p.m. on the Golden Stage, unless otherwise noted. For reserved seating in the Gold Circle area, go to [www.tickets.com](http://www.tickets.com) or surcharge free at the Cal Expo Box Office.

For the latest State Fair news, please visit the State Fair Web site at [bigfun.org](http://bigfun.org) or call (916) 263-FAIR.

# Aanestad Names Brett Michelin as His New Chief of Staff

## Brett Michelin to Assume Leadership Post in 4th Senate District



Senator Sam Aanestad

Sacramento - Senator Sam Aanestad (R-Grass Valley) recently announced (June 30th) the selection of Brett Michelin, following a long search for the top policy position in his Capitol Office, the position of Chief of Staff. Michelin, who served as

Senator Aanestad's Chief of Staff in the State Assembly and in the State Senate, will also be working with Senate Republican Leadership staff.

"I needed someone who could assume responsibility at a moment's notice - because the legislative ball is already rolling," said Senator Aanestad. "Brett brings a wealth of understanding and experience to the position of Chief of Staff. I'm comfortable working with him, and I know that he will have no problem whatsoever to taking the reins of my Capitol Office halfway through the legislative year."

Michelin has spent the past six years lobbying on behalf of the California Medical Association (CMA) and has deep connections within the State Capitol

community. He brings a wealth of experience and in-depth knowledge of the state budget process and mid-year legislative challenges.

"I'm very pleased that Senator Aanestad has chosen to bring such a capable and seasoned veteran back into the Capitol," said Senate Republican Leader Dennis Hollingsworth. "While Brett will be serving as Chief of Staff to Senator Aanestad, his insight and experience will be an asset to the entire Republican Caucus as we enter budget talks and the end of the legislative session."

Michelin replaces former Chief of Staff Mark Reeder, who recently resigned to take a similar position with the Office of Senator Mark Wyland (R-Carlsbad).

# "We are Going the Wrong Way!"

## Fourth Congressional District survey results show concern that country is on the wrong track, federal spending is too high



Congressman Tom McClintock

Auburn Region - Support for the Auburn Dam, concern about record spending by the federal government and a desire for more local control highlight the results of a constituent survey conducted by Congressman Tom McClintock, release July 1st, 2010.

"This district-wide survey's results echo what I have heard in 20 town hall meetings and from countless letters, emails and phone calls over the last year and a half. Simply put, many Americans are dissatisfied with the direction of the country and with excessive government growth," Rep. McClintock said.

Highlights from the survey include: 70% say taxes are too high, 81% are opposed to more federal government bailouts, 67% believe the government takeover of health care will lead to higher prices and shortages, 16% support an energy tax to combat global warming, 85% believe illegal immigration is an urgent problem, 77% believe the country is on the wrong track. Full survey results can be read at [www.mcclintock.house.gov](http://www.mcclintock.house.gov)

Methodology: This survey was conducted through U.S. Mail,

with survey forms being mailed directly to 147,066 voting constituent households. The survey was mailed on March 10, 2010 and responses were accepted through April 23, resulting in 14,124 responses. It is important to note that this survey was not designed to function as a public opinion poll, but rather as an accurate depiction of the policy preferences and concerns of voting constituents in the Fourth Congressional District. As such, methodological measures were not employed to offset word and question ordering effects, nor have results been weighted to reflect regional population or demographic quotas. Nonetheless, received responses were generally in line with the geographic distribution of the district's population, with a deviation of approximately five percent or less.

# What do California Baby Boomers Need to Know About Medicare?

## Free Simplified information about Medicare and Medigap

On January 1 of 2011, the first "official" California baby boomers will turn 65 and become eligible for Medicare benefits. These early baby boomers are already being bombarded with information about Medicare and Medigap through televised and print ads, presentations, e-mails and phone calls. Adventuresome boomers could go the official government website ([medicare.gov](http://medicare.gov)) and read the 123 pages of detailed government speak or they might try a new approach. A group of "Early Baby Boomers" started to examine their options and found a lot of information that was often confusing and overwhelming. These Early Baby Boomers have researched and simplified information about Medicare, Medigap and other life questions into a brief and easy to follow web site.

"Since we had difficult experiences with the Medicare information, we thought it might be helpful to share our discoveries and recommendations in a format that was brief and succinct. So, let's hear it for brevity!" says Jean Ramsay, Project Leader of the "Early Baby Boomers."

Their website, (<http://www.ababyboomersguide.com>), uses humor to help people grasp the basics of Medicare. This website could be called the "Completely Abridged Guide to Understanding Medicare" because it simplifies Medicare Part A, Part B, Part C, Medigap Supplemental Plans, and Part D the Prescription Plan.

"It is vital for each person to determine what the bottom line will be for themselves. Because of all the hype from various sources, it is easy to be confused or misled. Often, in presentations held in hotel meeting rooms, a company presenter will correctly tell potential clients that there is no monthly premium. While this is true they do not mention that by the end of the year, the co-pays and other out-of-pocket expenses could add up to thousands of dollars or more. A very nasty surprise" said Jean Ramsay.

Ramsay continues, "When you grasp the basic framework of Medicare Insurance, you will be better able to have a place to put all the details of your particular situation. Then you can make better informed medical and financial choices."

Medicare is health insurance for people 65 & older as well

as some under 65 with certain disabilities. You can sign up for Medicare and your Medigap Supplemental plan while you are 64 and coverage will begin the first of the month of your 65th birthday. It is good to get your Medicare coverage in place so there is no gap with your current policy. During the open enrollment period at 65 (you can sign up for Medicare Insurance 6 months before and up to 6 months after 65), you can not be turned down due to pre-existing conditions, but if you want to switch policies later, you will have to go through an underwriting process and could be turned down. Ramsay adds, "If you are over 65 and have had continuing credible coverage, don't despair. You are still qualified."

This affiliation of baby boomers also offers their research criteria, recommendations and believes that this easy to follow guide will help their fellow California boomers make informed decisions that will affect the rest of their lives. For more information go to their website at <http://www.ababyboomersguide.com>

# Soroptimist Installs New Loomis Basin Officers

LOOMIS - On June 23, Soroptimist International (SI) of the Loomis Basin installed new officers including Rhonda Morillas as president; Nancy Hogan, Loomis Self Storage, co-president elect; Jenny Knisley, Camelot Costumes, co-president elect; Penny George, Umpqua Bank, treasurer; Tanya Petkus, Michael J. Petkus Insurance Service, assistant treasurer; Chris Hebard-Summers, Hebard Insurance, recording secretary; and Donna Altobelli, corresponding secretary. In addition, Sheila Lee, Camelot Costumes, and Millie Beatie, His Vessel of Clay, will serve as directors and Anita Mattes, Nails by Anita; Eileen Elder and Brenda Newsom, Newsom Industries, will serve as delegates.

Soroptimist (soroptimist.org) is an international volunteer service organization for business and professional women

who work to improve the lives of women and girls, in local communities and throughout the world.

At the installation, the club celebrated many accomplishments under the leadership of past-president Brenda Newsom explained Rhonda Morillas, president. "In 2009-10, Brenda Newsom welcomed 11 new members to our club; this led to our club winning the Renaissance 3rd Place Award out of 59 clubs at the regional SI conference in April," said Morillas.

"To raise funds for scholarships and teacher grants, and to support the Loomis Women's Shelter, Loomis LIFE center and other projects, the club hosted the Parrotheads Concert in July, Disc Golf Tournament in January and Tostado Bingo in March," said Morillas. In the past year, the club also participated in the Veteran's Street Dance,

Eggplant Festival, Day before Thanksgiving Parade, Chamber December mixer, and Loomis Easter Egg Hunt.

Morillas announced her theme of "Catch a Wave" at the installation dinner and pledged to maintain the club's momentum with "Vision, Vitality, Volunteerism and Variety." The club's next event is the Parrotheads Concert, "a Jimmy Buffet Tribute Concert" on Friday, August 13 at the Blue Goose Fruit Shed from 7 PM to 10 PM. You can purchase tickets for \$25 in advance at the Loomis Chamber and Blue Goose or by calling 916-303-6837, or at the door for \$30.

To learn more Soroptimist International of the Loomis Basin, visit a Wednesday 8 AM weekly meeting (first Wednesday excepted) at the Ugly Mug in Loomis, or contact Rhonda Morillas, 916-652-5276.

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# Auburn Recreation District

123 Recreation Dr. • Auburn, CA 95603-5427  
(530) 885-8461 • info@auburnRec.com

## Come join in pick-up basketball on Tuesday nights

Open gym for the vintage gym rats. Drop in to play at 5:30pm when we choose teams and rotate play. A great way to break up the week!

Location Recreation Gym  
Fee \$10 Resident; \$13 Non-Resident all four months \$38R/\$43NR

Activity #	Session	Days	Time
6100 S3	July	Tuesdays	6:30-8pm
6100 S4	August	Tuesdays	6:30-8pm

## Have fun and play proper volleyball

55+ Men 50+ Women

Men age 55 and older, Women age 50 and older are welcome to join this moderate-impact program for players who have played before and want to improve their skills, have fun and play proper volleyball. This is not a beginner program. Players must have moderate experience and be willing and able to play three-touch volleyball according to U.S. Volleyball Assoc. rules. If you haven't played in a while and are a bit rusty, that's okay. Teams are selected at each meeting before daily play.

Location Recreation & Regional Gyms  
Facilitators Cherry Delany & Roy Klegger  
Fee Varies session to session. See below for sessions/days.

Notes June 14-August 13, there will be two nets for Senior Volleyball at the Regional Park Gym.

Activity #	Session/Fees	Days/Time
6080 S3	8/17-10/1 \$18R; \$21NR	Tues/Fri @ Recreation Gym 9am-Noon
6080 F1	10/5-10/29 \$12R/\$15NR	Tues/Fri @ Recreation Gym 9am-Noon

## Understanding Long Term Care Insurance

Ever wonder how long term care insurance works and why it might be important to have? This class will discuss the basics of long term care insurance including deciding on the right monthly benefit amount, facilities (select my own or be assigned by someone else) and asset protection. What are the

chances you might need this type of care, what is important for your family to know and what really happens if you don't have it when you need it? You will leave with a better understanding of the regulations and shocking statistics, and armed to make a better decision.

Location CVCC, Sunset Room

Instructor Charlene Miskimen

Fee: FREE

Notes: Please sign up so the instructor knows how much material to bring.

Activity #	Session	Days/Time
7157 S3	August 17	Tuesday 1-3pm
7157 F1	September 15	Wednesday 5-7pm

## Sutter Auburn Faith Hospital Special Programs

Sutter Auburn Faith Hospital is one of the newest partners with ARD and the Passport to Better Health program. Each guide will feature classes and programs open to the public that are sponsored by the hospital. These are the first of many.

### SMOKING CESSATION PROGRAM

Sutter Auburn Faith Hospital offers a seven-week program for anyone who wants to learn how to quit smoking. A facilitator will guide the class through the Freedom from Smoking program, designed by the American Lung Association, using behavior modification techniques that emphasize trigger identification, pharmacotherapy assistance, relapse prevention and a healthy living, smoke free life style. For more information call Sutter Auburn Faith Hospital at 530-889-7067 or 530-888-4530.

### LOOK GOOD...FEEL BETTER

This is a free hands-on workshop to help women offset appearance-related changes due to cancer treatment. Patients in various stages of treatment will receive make-over tips and personal attention from professionals trained to meet their needs. Professional advice is provided on wigs, scarves and accessories. For more information on this class that is organized by the American Cancer Society, please call 800-395-5665.

Find out more, or register online for any of these programs at <http://auburnrec.com/adultprograms>

# Placer County Library Summer Reading Program

Auburn - Bored? Hot? Summer reading fun for all ages has begun and runs through August 15. Please join the staff of the Placer County Library as they offer their annual Summer Reading Program. The theme this year is "Make a Splash-READ!"

School-aged and teen readers are encouraged to set a summer reading goal at their local library with their librarian. After readers have completed half their goal they select a prize. When the goal is completed another prize is awarded. Readers are encouraged to decorate their reading logs, to list their books read, and to talk about their books with library staff. Pre-schoolers can also

participate by listening to books and collecting stickers.

### Programming

From June through August 15, special programs related to the Summer Reading theme will be offered in all the libraries during open hours and includes crafts, reading games, puzzles, and art projects. All Library programming is FREE and includes all materials.

### Performers

Thirty six performers in eleven libraries are scheduled with Wild Things available at every branch. Home grown programs include ice cream socials, game days, a book bag decorating party and altered books for teens (discarded books

are used for craft materials.) All performances are FREE, but space may be limited so contact the library for specifics.

Mary George, Assistant Director of Library Services says, "If you have a young reader in your life please encourage them to participate in this year's Summer Reading Program. I am so proud of all the library staff for their efforts and can guarantee that there will be something fun for everyone. Please check us out soon."

For more information please call your local branch library or visit the Library website at [www.placer.ca.gov/library](http://www.placer.ca.gov/library).

Source: Placer County

## Movie Night under the Stars - "Raiders"

Front of State Theater  
Auburn, CA 95603

Auburn Movie Night  
this summer!!!

Outdoors...

Under the Stars!

This is the 2nd of six Wednesdays this summer, the City of Auburn will be showing open air movies after dark.

This outdoor event promises to be a fun activity for everyone, and it is FREE!

Each week they will be shown at one of 3 possible locations in Auburn:

Old Town Auburn  
(in front of the Post Office)  
Downtown State Theater  
(in front)

ARD Pool and Rec Park

All movies begin at 9pm each Wednesday

Auburn Movie Night is FREE and FUN! Bring a chair and join the crowd. Movies start at 9pm.

Food and non-alcoholic beverages will be sold by local restaurants.

Don't miss out on this Summer Fun Activity!

Here's the schedule:

State Theater - Jul 7 - "Raiders of the Lost Ark"

ARD Rec Park - Jul 21 - "Indiana Jones - Last Crusade"

Old Town - Jul 28 - "Ghostbusters"

ARD Rec Park - Aug 4 - "Back to the Future"

State Theater - Aug 11 - "Black Stallion"

Get on the Calendar!!

E-mail [publisher@PlacerSentinel.com](mailto:publisher@PlacerSentinel.com)



To Advertise Call 530-823-2463  
[www.PlacerSentinel.com](http://www.PlacerSentinel.com)



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## QUALITY LABOR & MAINTENANCE

Yard Work, Hauling,  
Gutter Clean, Odd Jobs

You Name It!

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Sparkling clean home guaranteed. Professional pet care. Experienced, dependable, reasonable rates.  
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**AFFORDABLE BATHROOMS & ALL HOME REPAIRS**  
Shower & Tub Enclosures  
Water Damage  
Flooring, Electrical, Carpentry, Drywall  
We do all phases - small & large jobs  
FREE ESTIMATES  
ANDERSEN CONSTRUCTION  
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Garage Doors and Openers, service, repair, replace.  
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Set-up's • Clean-up's  
Free Estimates  
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Service • Repair • Sales  
Prompt and Reliable  
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We Service All Brands  
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No new construction, all residential service Training provided (must have minimum 2 years plumbing experience) Clean DMV required High School Diploma required \*PLEASE DO NOT CALL! (MPG)

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Kawai upright piano and bench, used, excellent condition, oak finish. \$3000 Call: 916-988-2927 (MPG)

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Electric Wheelchair Jazzy/1121 Brand new batteries - custom footguards - cane holder - basket - metallic blue. New \$5,700 - Sacrifice \$1,450 obo - Cash Only Please - (916) 488-4154 (MPG)

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Mount Vernon Single Cemetery Lot Garden of Humility (front-end side of building) \$5,000.00 Contact: 1-405-728-0420 (MPG)

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Guitar, Acoustic Unused with accessories. \$85 Cash. 362-7118 (MPG)

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Piano lessons for children and adults by experienced, creative teacher. Citrus Heights. For more information, visit www.anitraalexander.com, or call (916) 725-1054 (MPG)

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THANKSGIVING NOVENA TO ST. JUDE O Holy Saint Jude, apostle and martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need. To you I have recourse from the depth of my heart and humbly beg





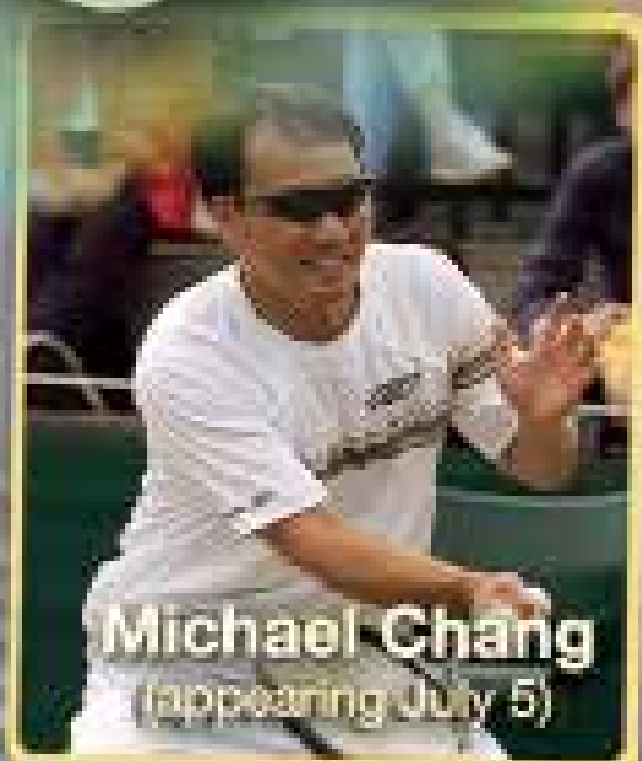
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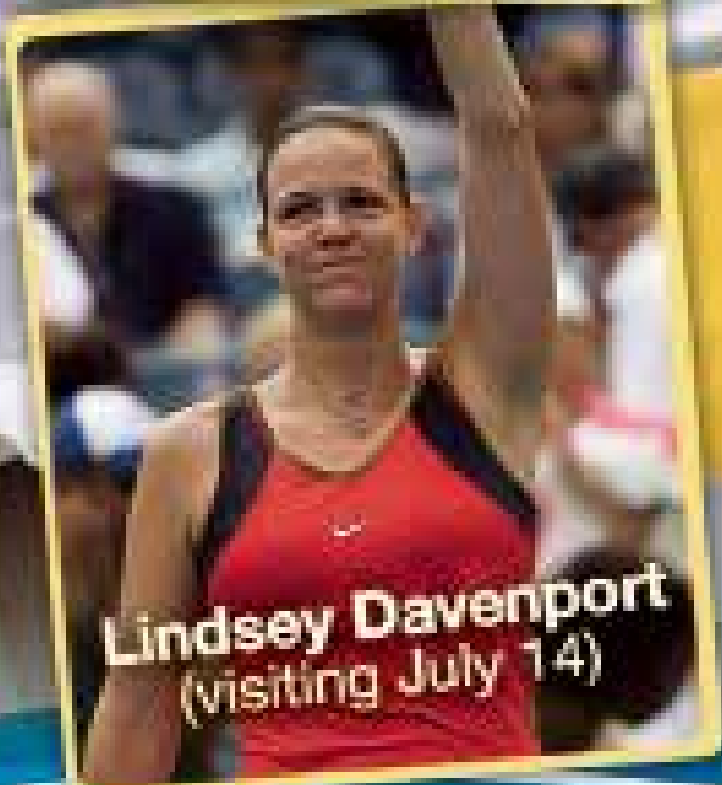
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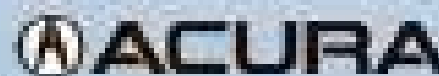


**Michael Chang**  
(appearing July 5)



**Lindsey Davenport**  
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# Arts and Entertainment Calendar

## Art, Music, Theater and Film

## Live MUSIC Calendar

### Art

#### Elements Transformed

**July 1 through 31:** Don Lawson, Stephen Lentz and Chris Foster will be featured for the month of July in the Auburn Old Town Gallery. Don specializes in woodcarving and woodturning. Stephen works with metal, wire and glass to create wall sculpture. Chris uses calligraphy in her art, acrylic on canvas, where she hopes to evoke a response in the viewers. Auburn Old Town Gallery, 218 Washington St., Ste. A., Auburn. Gallery hours: 10 a.m. to 6 p.m., Sunday through Wednesday and 10 a.m. to 9 p.m., Thursday through Saturday. Info: (530) 887-9150 or visit [auburnoldtowngallery.com](http://auburnoldtowngallery.com).

### Music

#### Soulful Sounds

**Friday, July 9:** Experience a fantastic night of music with Jill Knight and Blame Sally. A unique collective of four distinct voices and musical backgrounds, Blame Sally has forged a compelling and original sound that has earned the band the well-deserved reputation as "Bay Area phenomenon." The San Francisco Chronicle raved that Blame Sally's music "...recall(s) the artful romanticism of Jane Siberry, the rich folk harmonies of the Indigo Girls, and the percolating soulfulness of Joy of Cooking." \$25. 7:30 to 9:30 p.m. Auburn Placer Performing Arts Center at the State Theatre, 985 Lincoln Way, Auburn. Info: (530) 885-0156, email [appac@att.net](mailto:appac@att.net) or visit [livefromauburn.com](http://livefromauburn.com).

#### Funk-fueled Grooves

**July 9 and 10:** The award-winning ALBINO! is a San Francisco Bay

Area-based 10-piece Afrobeat ensemble that honors the fiery legacy of Afrobeat inventor Fela Kuti by melding tightly crafted arrangements and jazz-tinged harmony with propulsive, high energy grooves that re-acquaint listeners with what it feels like to truly groove, and infuses audiences with an ecstatic energy that pours forth from the stage. The band's wild costumes and painted faces suggest a blend of Sun Ra's interstellar Arkestra or Parliament, part of the reason ALBINO! has become a favorite of the Burning Man community. \$15. All Ages Event. No-Host Bar. 8 p.m. to 1 a.m. Miners Foundry Cultural Center, 325 Spring St., Nevada City. Info: (530) 265-5040, email [info@minersfoundry.org](mailto:info@minersfoundry.org) or visit [minersfoundry.org](http://minersfoundry.org).

#### Blue Fest & BBQ

**Saturday, July 10:** PCCA presents the Gold Country Blues Fest (formerly the BBQ & Blues). This festival has been one of the regions premier attractions over the past 20 years, and the PCCA is proud to take the lead and expand on this tradition. Proceeds assist the Boys and Girls Club of Auburn, local high school students' scholarships and the continuation of the Sierra College Construction Training and Technology department. Noon to 9:30 p.m. \$35/advance or \$40/gate. Gold Country Fairgrounds, 1273 High St., Auburn. Info: (916) 771-7229, email [cherylgibson@goldcountrybluesfest.com](mailto:cherylgibson@goldcountrybluesfest.com) or visit [goldcountrybluesfest.com](http://goldcountrybluesfest.com).

#### Tribute to Led Zeppelin Live

**Saturday, July 17:** A Tribute to Led Zeppelin starring Heartbreaker.

The Center for the Arts, 314 West Main St., Grass Valley. 8 p.m. \$25/advance, \$30/at the door. Info: (530) 274-8384 ext. 14, email [info@thecenterforthearts.org](mailto:info@thecenterforthearts.org), or visit [thecenterforthearts.org](http://thecenterforthearts.org).

#### Deadbeats in Concert with The Shreds

**Saturday, July 31:** The Miners Foundry presents The Deadbeats and The Shreds at 8 p.m. The Deadbeats play well-seasoned originals and Grateful Dead covers and are a local favorite. The Shreds are a powerful indie rock trio known for their alternate grunge sound with classic rock influence. All ages event. No-host bar. \$15/general, \$10/students 21 and under. 8 p.m. to midnight. Miners Foundry Cultural Center, 325 Spring St., Nevada City. Info: (530) 265-5040, email [info@minersfoundry.org](mailto:info@minersfoundry.org), or visit [minersfoundry.org](http://minersfoundry.org).

### Film

#### Masked Avenger Battles Tyranny

**Saturday, July 3:** Silver Screen Classic Movies presents The Mark of Zorro, (1940). Villains control Old California, but Tyrone Power's Diego refuses to submit to tyranny, and his outlaw Zorro comes to the rescue while romancing a fair damsel (Linda Darnell). The movie is shown at 1, 4 and 7:30 p.m. in the Beecher Room of the Auburn Library, 350 Nevada St., Auburn. Free. Info: (530) 878-7938 or visit [auburnsilverscreen.com](http://auburnsilverscreen.com).

### Friday, July 9

**5 p.m. Past Due and Playable** will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. (530) 470-8443.

**6 p.m. Fur Dixon & Steve Werner** at the Evangeline's, 5 Depot St., Colfax. \$10-\$15/advance. (530) 346-8833.

**9:45 p.m. Whiskey Tango** plays the California Club, plus special guest DJ, 1580 Lincoln Way, Auburn. \$5 cover. Orig. Alt. Rock & Country. (530) 885-6453.

**9 p.m. Johnny Favorite** plays at Pistol Pete's, 140 Harrison Ave., Auburn. \$5 cover. (530) 885-5093.

### Saturday, July 10

**5 p.m. The Country Comfort Band** will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. \$5 cover. (530) 470-8443.

**9 p.m. Chuck Epperson Band** performs at Pistol Pete's, 140 Harrison Ave., Auburn. \$5 cover. (530) 885-5093.

**9 p.m. Purple Haze** will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. \$5 cover. (530) 470-8443.

**9:45 p.m. Political Plum** plays the California Club, 1580 Lincoln Way, Auburn. \$3 cover. Orig. Funky Blues. (530) 885-6453.

### Friday, July 16

**5 p.m. The Bob Woods Trio** will

play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. (530) 470-8443.

**9 p.m. Nine Point Five** performs at Pistol Pete's, 140 Harrison Ave., Auburn. \$5 cover. (530) 885-5093.

**9 p.m. Dead Winter Carpenters** will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. \$5 cover. (530) 470-8443.

### Saturday, July 17

**5 p.m. Urban Cowboys** will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. (530) 470-8443.

**9 p.m. Never Too Late** performs at Pistol Pete's, 140 Harrison Ave., Auburn. \$5 cover. (530) 885-5093.

**9 p.m. Whispering Pines** will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. \$5 cover. (530) 470-8443.

### Friday, July 23

**5 p.m. Cousin Cricket** will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. (530) 470-8443.

**6 p.m. Finally Friday w/ Richard March** at the Evangeline's, 5 Depot St., Colfax. \$10-\$15/advance. (530) 346-8833.

**9 p.m. Chain Control** performs at Pistol Pete's, 140 Harrison Ave., Auburn. \$5 cover. (530) 885-5093.

**9 p.m. Dub Knights and Guests** will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada

City. \$5 cover. (530) 470-8443.

### Saturday, July 24

**9 p.m. Plex** performs at Pistol Pete's, 140 Harrison Ave., Auburn. \$5 cover. (530) 885-5093.

**9 p.m. Loose Change** will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. \$5 cover. (530) 470-8443.

### Friday, July 30

**5 p.m. The Bob Woods Trio** will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. (530) 470-8443.

**9 p.m. Crazy Harris Band** performs at Pistol Pete's, 140 Harrison Ave., Auburn. \$5 cover. (530) 885-5093.

**9 p.m. Blues Box Bayou Band** will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. \$5 cover. (530) 470-8443.

### Saturday, July 31

**9 p.m. Xstatic** performs at Pistol Pete's, 140 Harrison Ave., Auburn. \$5 cover. (530) 885-5093.

**9 p.m. The Crazy Horse Final Goodbye Potluck and Jam Session** will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. (530) 470-8443.

## Local Events Calendar

### Festival For the Troops

**July 9 - 11** - A benefit for the non-profit organization, Totally4troops.org. Enjoy a weekend of fun-filled events including, card making, craft booths, art walk, cooking classes, a pie baking contest and more. 9 a.m. to 5 p.m. 32798 Main St., Dutch Flat. *Donations appreciated.* Info: Sussy (530) 401-1306, email [sussyflanigan@yahoo.com](mailto:sussyflanigan@yahoo.com) or visit [dutchflathotelretreatcenter.com](http://dutchflathotelretreatcenter.com).

### Buddhist Shrine Relic Tour

**July 9** - Opening Ceremony for the Maitreya Project Heart Shrine Relic Tour. This is a rare opportunity to view these relics, which were found among the cremation ashes of Buddhist masters. They resemble beautiful pearl-like crystals, which Buddhists believe embody the master's spiritual qualities of compassion and wisdom and have been deliberately produced by the master so that all may share in their blessing. The relics are clearly visible inside display cases that

encircle a life-size, golden statue of the Maitreya Buddha. Throughout the events there are opportunities for visitors to participate in Blessing Ceremonies, during which the relics of the Buddha are gently placed on the crown of the visitor's head as a special blessing. 7 to 9 p.m. First Congregational Church of Auburn, United Church of Christ, 710 Auburn Ravine Rd., Auburn. *Free, donations accepted.* Info: (530) 637-4158, email [stanpadilla@hughes.net](mailto:stanpadilla@hughes.net) or visit [maitreyaproject.org](http://maitreyaproject.org).

### Antique Car Show

**July 10** - Check out antique cars that are sure to please. Marshall Gold Discovery State Historic Park. 10 a.m. to 4 p.m. Info: [marshallgold.org](http://marshallgold.org).

### Feathery Fun

**July 10** - Whoop, do those feathers belong to? The first 100 visitors will receive a free pocket guide to the birds of the Sierra Nevada. Did you know that feet, beaks and feathers have adapted over generational

centuries to make life a little easier for different types of birds to adapt to their differing habitats? Learn about the birds that are native to our area and learn what to look and listen for. Find out what they eat and where they build their nests. Great for ages 4 and up. Nature Shop open. Free to members and children. General public \$5/adult. Placer Nature Center, 3700 Christian Valley Rd., Auburn. 11 a.m. to 2 p.m. Info: (530) 878-6053.

### Treasures In A Bag

**July 10 & 11** - Learn how to pan for gold and hunt for gems at Treasures In A Bag, Gold Panning and Gem Hunting Weekend. Browse the store and choose a bag of gold or select from a wide variety of gemstones. Learn how to find your treasures and keep what you find. Hours of fun for the whole family! Free entry (prices vary on selections). 10 a.m. to 4 p.m. Lifetime Ranch, 17860 Cattle Dr., Rough and Ready. Info: (530) 432-7383 ext. 215 or visit [TreasuresInABag.com](http://TreasuresInABag.com).

## The Banana Festival Gets Some Soul

Sacramento, CA - July 1, 2010 - Thursday, July 1st, kicks off a summertime partnership between Sacramento's local music scene and the upcoming Banana Festival. As music lovers in Northern California know, the Homegrown Soul Show is the place to be for live and exciting performances by local and independent artists. Every Thursday night, JB's Lounge inside the Red Lion Hotel on Arden Way buzzes with a full crowd and plenty of local artists. The air is filled with the talented beats of R&B, smooth jazz and neo-soul, as the sold out crowd enjoys their tunes with food and drinks at one of the nation's most popular R&B showcases. On August 14th, Sacramento's first annual Banana Festival will

be hosting the Homegrown Soul Finals live on the main stage. Each Thursday night during the month of July, one or two top artists performing at the Homegrown Soul Show will be selected as finalists to perform at the festival. The Banana Festival is a family friendly festival and will be celebrating the world's most popular fruit, as well as the many cultures that use the banana for traditional food dishes and desserts. The festival opens on Friday August 13th and continues through Sunday the 15th at Consumes River College in Sacramento. The partnership with the Homegrown Soul Show is one of the many ways the Banana Festival will celebrate the diverse cultures of our Sacramento community. Be sure

to hear the artists each Thursday at the Homegrown Soul Show or listen to them on the Homegrown Soul Radio Show, Sunday nights on V101.1. The Banana Festival is presented by the National Academic Youth Corps and the Sojourner Truth Multicultural Art Museum, with the mission to provide an opportunity for the community to come together and experience the many cultures represented in the Sacramento region a positive and fun environment. More information about the Banana Festival, the can be found at [www.bananafest.org](http://www.bananafest.org) More information about the Homegrown Soul Show can be found at [www.homegrownsoulsoulshow.com](http://www.homegrownsoulsoulshow.com)

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# Gold Country Blues Fest

## Builders Building a Foundation for Our Community

### Headliner - Walter Trout • International Blues Rock Guitar Legend

### Special Guest - Guy Davis • 9 Time WC Handy Award Nominee

### 2 Stages of Featured and Local Artists



Walter Trout, the visionary roots singer, songwriter and guitarist

Walter Trout's 20th album is called Common Ground, but for the visionary roots singer, songwriter and guitarist that's more than a title. It's where Trout's compelling music resides — in a territory that unites the worlds of blues, rock and pure sonic adventurism, where inspiration and technique meet to create a unique, soulful language.

He spends much of his life on the road bridging the U.S and Europe, where he's so well-known and respected that the United Kingdom's BBC Radio One placed the Stratocaster master at number six on their list of the Top 20 guitarists of all time. Legendary BBC disc jockey, Bob Harris, in his book "The Whispering Years" calls Trout: "The world's greatest rock guitarist."

Trout's soaring warm guitar matches the plainspoken tenderness of the lyrics of Common Ground for a performance that sounds truly inspired, especially in the song's concluding solo where Trout makes his six-string speak with the eloquence of a traveling tent revival preacher.

For Trout the journey began in 1965 when his brother brought the first album by the Paul Butterfield Blues Band into his family's New Jersey home. "On the back cover it said, 'Play this album loud,' so we cranked it up and we literally had to sit down and stay there with our jaws on the floor."

Trout played in local bands after getting his first guitar, but truly became steeped in blues after moving to Los Angeles in 1973. There he supported legends like John Lee Hooker, Big Mama

Thornton, Finis Tasby, Pee Wee Crayton, Lowell Fulson, Percy Mayfield and Joe Tex, assimilating a wide variety of blues.

In 1981 Trout joined the remaining members of the formative '60s blues-rock group Canned Heat. But the real turning point in his career was his five-year tenure with British blues giant John Mayall's Bluesbreakers.

"Without a doubt, working with John was the single most important experience I had coming up as a sideman," Trout relates. "He is truly a great bandleader, in the tradition of Count Basie and Duke Ellington. He knows how to run a group with firm rules, but at the same time how to make you relax and play your best on stage every night. He knows how to put the right people together and how to be generous, and then there's his ability as a songwriter and performer. I learned so much from John when I was in his band."

In a sense, I've almost created my own genre," Trout says. "I've assimilated so many styles and so many influences from the great adventure of American music. I love Jeff Beck just as much as I love B.B. King. I believe in telling stories and honesty and searching for truth. And I have no interest in stifling my creativity. If I have a song in my head or I'm playing a solo and it gets a little outside of the box or off the beaten path, I'm going to let it flow and come out, or take me where it leads me. My quest in all of this is that I'd really love to be able to do it all."

For all things Walter Trout visit [www.waltertrout.com](http://www.waltertrout.com)

Placer County Contractors Association & Builders Exchange  
**PCCA**

Dear Blue's fans and guests,

Welcome to the Placer County Contractors Association premiere Gold Country Blues Fest. It is because of the overwhelming support of the many sponsors, volunteers and guests that we can proudly celebrate this wonderful event!

Thanks to our hard working committees and volunteers, you are all definitely in for an awesome time. We have over 40 vendors here today selling fabulous items, including jewelry, arts & crafts, collectibles, apparel, and more! We also have an all-star lineup for food and beverages, so please make sure you visit their booths and support them.

We know you will have a wonderful time today, and the greatest part is, you are doing this to support many great charities, foundations, and non-profits. The Boys and Girls Club of Auburn, the Placer County Contractors Association and its Foundation, and the efforts to save the construction training department at Sierra College all say thank you!

Your support of this event helps fund programs that

improve the lives of young people throughout Placer County, such as assisting in the day to day programs of the Boys and Girls Club of Auburn, providing needed scholarships to local Placer County high school students, and supporting the ongoing construction education programs at Sierra College. These services are vital to our region!

Local charities, non-profits and education reach out to the Placer County Contractors Association for help, guidance and resources. Through your support of the Gold Country Blues Fest, we as a community make a difference, each and every day!

Please continue to support our gracious sponsors, as they are equally committed to doing the right things for our regional community. We can't do it without them!

We thank you and hope you enjoy the best lineup of Blues music available!

So please kick back, relax and enjoy the show!

**Bob Bouzard**  
Executive Director  
Placer County Contractors Association



Guy Davis - bluesman, musician, composer, actor, director, and writer.

Whether Guy Davis is appearing on "Late Night With Conan O'Brien" or nationally syndicated radio programs such as Garrison Keillor's, "A Prairie Home Companion", "Mountain Stage" or David Dye's, "World Cafe", in front of 15,000 people on the Main Stage of a major festival, or teaching an intimate gathering of students at a Music Camp, Guy feels the instinctive desire to give each listener his 'all'.

The routes, and roots, of his blues are as diverse as the music form itself. It can be soulful, moaning out a people's cry, or playful and bouncy as a hay-ride. He's a musician, composer, actor, director, and writer. But most importantly, Guy Davis is a bluesman. The blues permeates every corner of Davis' creativity.

Throughout his career, he has dedicated himself to reviving the traditions of acoustic blues and bringing them to as many ears as possible through the material of the great blues masters, African American stories, and his own original songs, stories and performance pieces.

His writing and storytelling have been influenced by Zora Neale Hurston, Garrison Keillor, and by the late Laura Davis (his one hundred and five-year-old grandmother).

Davis' creative roots run deep. Though raised in the New York City area, he grew up hearing accounts of life in the rural south from his parents and especially his grandparents, and they made their way into his own stories and songs. Davis taught himself the guitar (never having the patience to take formal lessons) and learned by listening to and watching other musicians. One night on a train from Boston to New York he picked up finger picking from a nine-fingered guitar player.

In 1993 he performed Off-Broadway as legendary blues player Robert Johnson in "Robert Johnson: Trick the Devil". He received rave reviews and became the 1993 winner of the Blues Foundation's "Keeping the Blues Alive Award" presented to him by Robert Cray at the W.C. Handy Awards ceremony.

Davis also performed in a theater piece with his parents, actors/writers Ruby Dee and the late Ossie Davis, entitled "Two Hah Hahs and a Homeboy", staged at

the Crossroads Theatre in New Brunswick, NJ in the spring of 1995. The show combined material written by Davis and his parents, with music, African American Folklore and history, as well as performance pieces by Hurston and Hughes. Of Davis' performance, one reviewer observed that his style and writing "sounds so deeply drenched in lost black traditions that you feel that they must predate him. But no, they don't. He created them."

Davis' third Red House disc, "You Don't Know My Mind", which includes backing vocals by Olu Dara, explodes with passion and rhythm, and displays Davis' breadth as a composer and powerhouse performer. It was chosen as 'Blues Album of the Year' by the Association For Independent Music (formerly NAIRD)The San Francisco Chronicle gave the CD four stars, adding, "Davis' tough, timeless vocals blow through your brain like a Mississippi dust devil."

"Chocolate to the Bone", Guy's sixth album followed with more accolades and acclaim including a W.C. Handy award nomination for "Best Acoustic Blues Album". In fact, Guy has been nominated for nine 'Handy Awards' over the years including for "Best Traditional Blues Album", "Best Blues Song" ("Waiting On the Cards to Fall") and as "Best Acoustic Blues Artist" two times.

His latest album, "Legacy" was picked as one of the Best CDs of the Year by National Public Radio (NPR), and the lead track on it, "Uncle Tom's Dead" was chosen as one of the Best Songs of the Year. This of course is ironic as FCC rules won't allow it to be played on the air, but it's a fitting tribute none the less. The only other artist on both lists was Brian Wilson of the Beach Boys fame.

Bluesman Guy has contributed songs on a host of 'Tribute' and 'Compilation albums', including collections on bluesmen Charley Patton and Robert Johnson, for Putumayo Records collections including, "From Mali to Memphis" and the children's album called, "Sing Along With Putumayo", for tradition-based rockers like the Grateful Dead, songwriters like Nick Lowe, and for Bob Dylan's 60th birthday CD called, "A Nod to Bob", even on a Windham Hill collection of Choral Music, and alongside performers like Bonnie Raitt, Jackson Browne, and Bruce Springsteen for a collection of songs written by his friend, legendary folksinger, 'Uncle' Pete Seeger, called, "Where Have All the Flowers Gone".

Learn so much more about Guy's achievements and accolades at [www.guydavis.com](http://www.guydavis.com).



Soul of the Gypsy Tour performs at 4:00PM

Backed by Bay Area sensation Cold Blood, The Soul of the Gypsy Tour will debut the Gold Country Blues Fest first show on the main stage. This show brings together Cold Blood's, Lydia Pense, Stoneground Alumni, Annie Sampson, Stoneground Revival Alumni, Dana Moret and Nor Cal favorite, Lara Price. The song selection, a mixture of each girls originals and favorite classics, will take you back to a time when the blues and and jam-bands ruled the scene. Former Radio Flyer and Ian Shelter guitarist, Jimmy Papastathis brings a Jeff Beck like quality to not only his original songs added to the set, but the show as a whole.

**Lydia Pense**

Lydia Pense and Cold Blood packed the San Francisco Ballrooms in their heyday, but that was then and this is now. In the now, Lydia Pense and Cold Blood still fill halls with cheering, dancing, foot-stomping fans. Far from fading over the years, Cold Blood has flourished. See Lydia and Cold Blood, hear their music and get concert dates at [www.coldblood.biz](http://www.coldblood.biz)

**Annie Sampson**

She has recorded with Elvin Bishop, Taj Mahal, Buddy Miles, Maria Muldaur, Eddie Money and Country Joe MacDonald, as well as performed with Bonnie Raitt, Boz Scaggs, Otis Clay, Sammy Hagar, Commander Cody, Steve Miller, Nick Gravenites, Clarence Clemmons, Elvis Costello and the late Jerry Garcia - among others.

**Lara Price**

Lara fronts and leads several musical projects: Lara Unplugged, an acoustic duo; Velvet Plum, a popular bay area cover band that includes talent from San Jose's finest musicians; the Lara Price band, a soulful rockin' blues band, and Lara Price & Yesterday's Band a wonderful mix of jazz, blues and R&B.

**Dana Moret**

With a passion for writing, Moret's songs can be heard on many albums around town including Stonegrounds "Back with a Vengeance" and the Beer Dawgs "Voodoo and Tattoo" as well as numerous songwriting credits on various Mick Martins Blues Rockers albums.

**Walter Trout will take the stage at 8:00 PM**

**Guy Davis will take the stage at 6:00 PM**



Placer County Contractors Association & Builders Exchange

**PCCA**

Presents

# Gold Country Blues Fest

**Builders Building a Foundation for Our Community**

Saturday July 10th • Tickets \$35, \$40 at the door • Gates Open at Noon

[www.goldcountrybluesfest.com](http://www.goldcountrybluesfest.com)

**Gold Country Fairgrounds • 1273 High Street, Auburn, CA**

**Headliner - Walter Trout • International Blues Rock Guitar Legend**

**Special Guest - Guy Davis • 9 Time WC Handy Award Nominee**

**2 Stages of Featured and Local Artists**



**Walter Trout**



**Guy Davis**

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BLUES FESTIVAL GUIDE

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Constable Jack's – Street Marketing Team - Shylah Davis, Sheena Looper, Dana Moret*