

Placer Sentinel



**Ten Scholars
Honored with
Joyce Raley Teel
Scholarships**

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**We Wish
Everyone
A Happy
4th of July!**



**Let your
conscience
be your guide**

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Volume 21 Issue 4

Serving Auburn and Placer County since 1987

June 30, 2010

4-Wheel Drive Owners to Follow Pioneers' Wagon Tracks



16th Annual Lassen-Applegate Emigrant Trail Ride takes place July 16-19, 2010. While the majority of the Lassen-Applegate trail can be driven in two-wheel drive, there are a few spots where four-wheel drive will be required.

Placer County - Relive the gold rush era as you travel the famous Lassen-Applegate Emigrant Trail in your sport utility vehicle (SUV), marveling at such sights as the beautiful Black Rock Desert, the majestic High Rock Canyon, Double Hot Springs, and Soldiers Meadow.

"For me, this trail is special and as a historian, I get to relive the past by thinking of John C. Freemont, Kit Carson, and Thomas 'Brokenhand' Fitzpatrick and many other brave men and women as they made this arduous journey from small towns throughout the midwest,"

this route," Anderson said.

Camping the first night will be at Double Hot Springs, former wagon trains and the second night participants will spend the evening at Stevens Camp, which provides toilets, spring water, and possible hot showers. Participants will need to bring their own tents and sleeping bags.

Cost for the trip is \$275 per adult, \$150 for children seven through 14, and children under seven are welcome free of charge. The cost includes all meals from breakfast on Saturday through breakfast on Monday. In addition to tents and sleeping bags, participants are encouraged to bring a CB radio, camera, folding chairs, snacks, refreshments and drinking water.

The Lassen-Applegate Emigrant Trail Ride is fully insured and operates under a permit from the Bureau of Land Management (BLM). Proceeds from the event help support the California Association of Four-Wheel Drive Clubs' Conservation and Education Foundation.

The trip is limited to the first 25 vehicles on a first-registered, first-served basis. To register for this exciting trail ride, contact Warner Anderson at (775) 629-9232 or wana7448@sbcglobal.net or Ron Vance at (775) 246-4099 or vance63@charter.net. Registration is also available online at www.highrocktrekkers.com.



Pictured here is the mess hall that was used by the cavalry soldiers who manned the outpost.

All of these sights as well as stories from early emigrant diaries will spring to life for participants on the 16th annual Lassen-Applegate Trail Ride, Friday, July 16 through Monday, July 19, hosted by the High Rock Trekkers Four Wheel Drive Club.

This exciting 200-mile journey begins near Inlay, NV, follows the same wagon train route used by Peter Lassen in 1849, and concludes in Surprise Valley, CA near Cedarville in Modoc County.

said Warner Anderson, trail boss from the High Rock Trekkers.

Anderson said the trip is open to all four-wheel drive enthusiasts and their families. It is not a difficult route, but there are a few places where four-wheel drive will be required or where trail committee instructions must be followed.

"The emigrants wrote in their diaries such good descriptions of their trip that we can identify the majority of key points of interest in the history of

No Charges will be Filed Against Deputy in Death of His Three-Year-Old Daughter

Placer County - The Placer County District Attorney's Office will not be filing criminal charges against a sheriff's deputy whose three-year-old daughter accidentally and fatally shot herself with a gun that she'd taken from a storage safe in the family garage in Roseville.

Supervising Deputy District Attorney Karin Bjork said she could not conclude that the officer, Kenneth Skogen, had acted in a grossly negligent manner in his storage of firearms in the household.

"After reviewing the police reports, which included interviews and officer observations, the 911 tapes, photographs of the scene and the autopsy report, and then applying the law, this office has determined that no charges will be brought against Mr. Skogen," Bjork said.

At issue was whether Skogen had violated California Penal Code Section 12035, which deals with negligent storage of firearms.

"The statute itself emphasizes that it is the Legislature's intent that a parent of a child who dies as the result of an accidental shooting shall be prosecuted only in those instances in which the parent behaved in a grossly negligent manner or where similarly egregious circumstances exist," Bjork said.

"Gross negligence is more than inattention, mistaken judgment or misadventure. After thoroughly reviewing all of the available facts, there is no evidence that Mr. Skogen acted in a grossly negligent manner."

Bjork said the evidence showed that Skogen kept all of his firearms, including his work-

issued weapons, stored in a locked gun safe in the garage.

Witnesses told investigators that they had never seen a negligently-stored firearm at the Skogen home. In addition, the household itself showed that the Skogens employed various other child safety features.

According to Bjork, the shooting incident unfolded in the following manner:

At about 5 p.m. on April 20, Kenneth Skogen, who was off duty, was in the garage cleaning two of his firearms. Two cars were parked in the garage and Skogen's daughter, Kalli, 3, was playing inside one of the vehicles. Kalli's mother was asleep inside the home.

Skogen was cleaning two rifles in preparation for a range shooting program that he would be required to take the following day. All of his other weapons were in the gun safe.

The off-duty deputy was standing next to the gun safe and had the rifles resting on the closed trunk of one of the cars that was backed up to the safe in the garage.

Skogen, having just opened the gun safe to store the rifles in it, was placing the long guns in a rifle case. The evidence is consistent with him having his back turned momentarily to the safe as he handled the rifles sitting on the car trunk.

During that moment of inattention, Kalli got out of the car and wandered over to the gun safe. Kalli reached into the safe and took out a Springfield Armory .40-caliber semiautomatic handgun.

"The evidence shows that

Kalli would have had to use her thumbs to pull the trigger as the gun was pointing at her and she was possibly holding the weapon upside down against her body," Bjork said.

The single shot went through the right side of her abdomen. Skogen immediately called 911.

Bjork noted that the California Rules of Court establish a set of objectives for the prosecution and sentencing of criminals - objectives that would not appear to be achieved in a prosecution of Kenneth Skogen.

These objectives include: 1) protecting society, 2) punishing the defendant, 3) encouraging the defendant to lead a law-abiding life in the future and to deter the defendant from committing future offenses, 4) deterring others from criminal conduct and 5) preventing a defendant from committing new crimes by having the defendant incarcerated.

Bjork said Skogen "is not a threat to society and there is no punishment that a court could ever impose against him that would equal the loss of his daughter."

"Mr. Skogen is not a career criminal who needs to be steered toward leading a crime-free life, and society will be safe without having him incarcerated," Bjork said. "We also believe that the publicity about Kalli's tragic death will accomplish more in regard to deterring unsafe gun storage than would any incarceration of Mr. Skogen."

"Given these circumstances, this office will not bring charges against Kenneth Skogen."

Source: *Placer County Sheriff's Department*

Fireworks Are No Fun for Pets



Don't leave your pets unattended on the 4th of July.

Placer County - The flashes, cracks, and booms of fireworks may be fun for you, but for your pet they can be frightening and confusing. The Placer SPCA, local companion animal welfare experts, would like to remind pet owners to keep their pets inside, especially during the evening hours.

On July 4, as well as the days leading up to the holiday and for a few days after, there may be fireworks set off near your home that can panic your dog or cat. In trying to get away from the noises, pets can become lost.

"We see an increase in stray cats and dogs found this time of year," said Placer SPCA CEO Leilani

Vierra. "Animals can easily become scared and disoriented by the blasts of fireworks nearby, and sadly some people seek out animals to terrify with the explosives."

The Placer SPCA recommends that pets be kept in a quiet, familiar area on 4th of July night and any time loud noises are nearby.

If your pet does get lost, a tag and microchip may make the difference in getting him or her back home. The Placer SPCA offers microchip implants for only \$20 during all business hours. About the size of a grain of rice, the microchip contains a code that a shelter or veterinarian can scan to obtain a pet owner's name from a national database maintained by the manufacturer. If your pet already has a microchip, please be sure to keep your contact information current. If you don't know the manufacturer information, come in to the Placer SPCA for a free scan.

If you have questions regarding animal care and behavior, please contact the Placer SPCA at (916) 782-7722 or (530) 885-7387 or visit www.placerspca.org.

Ten Scholars Honored with Joyce Raley Teel Scholarships

Program has awarded over \$280,000 to Raley's employees and family members



Amy Wolfley of Newcastle, one of the \$1,000 award recipient of this year's Joyce Raley Teel Scholarship.

Sacramento Region - Raley's employees, family members and community leaders gathered recently to honor the tremendous achievements of ten scholars - the finalists for this year's Joyce Raley Teel Scholarship program.

This year marks the 12th year of the Joyce Raley Teel Scholarship Program, which has given a total of \$288,000 to employees and eligible dependents.

Raley's congratulates all the winners. The \$5,000 award recipient was Alexandra Hartline of Fair Oaks. The \$4,000 award recipient was Staci Smith of Oroville. The \$3,000 award recipient was Samantha Crowley

of Sacramento.

The \$2,000 scholarship recipients were Devin Hammer of Antioch, Lawrence Padoan of Suisun and Jewelene Rezendes of Merced. The \$1,000 scholarship recipients were Janie Hironaka of Sacramento, Jayme Telles of Hollister, Samantha Walz of Placerville and Amy Wolfley of Newcastle.

From Amy Wolfley, scholarship recipient's entry:

My day started as just another fire department ride along, and I was hoping for an exciting grass fire, or to witness a spectacular rescue. What I got that day was a life changing day with an 8 year old boy. As an

observer on a ride-along with Sacramento Metropolitan Fire Department, we made a stop at a local hospital on our return trip from a call. The fire fighters stopped in to visit a young boy, who had already endured numerous surgeries. They brought him video games to play and spent time with him. During the visit, his nurse came in for a routine checkup. The boy lit up when she came into the room. She wasn't just his nurse, she seemed to be his best friend. It was at that moment when I knew I wanted to be a pediatric nurse. This child ignited my passion for helping kids. Although my name will probably never be found in a history book, my great success will be measured in how many hearts I touched, how many families I comforted, and how many of my patients consider me to be, not only their nurse, but their friend.'

Amy is currently attending Sacramento State University where she is working on a bachelor's degree in Health Science. After completing her first bachelor's degree, she plans continue her education in a second bachelor's degree program for Nursing. Her desire is to become a pediatric nurse.

She was born in San Bernardino, California. She now lives in Newcastle. Before working at Raley's, she taught Tae Kwon Do, and she continues to train for her 4th degree black belt. She also dances, sings, and performs at local theaters. In her spare time, she choreographs for a local elementary school's musical theater program.

The event was held on Wednesday, May 26th, 2010.

Source: Raley's Media Department

It's Time to Get Serious About Small Business



By John Kabateck, NFIB/California

It seems that every election year, several key phrases start to emanate from the Capitol - "small business" and "job creation". A note to press secretaries and communications directors everywhere: just because a press release claims that a particular legislator is "small business" friendly or favors "job creation", doesn't make it so.

It's time for our state leaders to get serious about small business and pay attention to what job creators genuinely need from Sacramento.

First, legislators must ask themselves, "Who is responsible for creating jobs?" The answer should be obvious when you learn that small business creates approximately three quarters of all new jobs. They also create 14 times more patents per employee than large businesses and include more than 98 percent of business establishments.

Recently, the Assembly Democrats released a Jobs Budget proposal that allots 90 percent of a one-year \$10.1

billion in Wall Street borrowing to backfill government coffers for education and other services. That leaves \$1.1 billion in one-time money for the very businesses responsible for job creation and economic vitality. Can anyone explain how exactly this helps small business? The private sector employs more than 80 percent of working Californians while government employs about 18 percent. A true "jobs budget" would align any funds in such a manner.

So what direction would be helpful for the millions of struggling small businesses in California?

Regulatory reform would have to be first on the list of small business owners. Contrary to popular belief, small business owners want clean air, clean water, and a beautiful California for their children as much as anyone else. Knowing the true costs and benefits of a new regulation and having an independent review allows the mutual goals of protecting the environment and creating jobs to be met.

Next, a long-term strategy for economic development is critical. California needs a focused effort on economic development and job creation. Governor Schwarzenegger took the first step with the Governor's Office of Economic Development (GoED), and we strongly encourage the Legislature to take the next important step and make it permanent.

Finally, meal and rest period and overtime reform has got to be a priority. Many labor laws restrict the ability of small

business owners to meet the changing needs of their business, and some of those laws create a confusing situation ripe for lawsuits and penalties that are unnecessary and kill jobs. Flexibility is not a four-letter word as some special interest groups contend.

It is time for legislators to put their money where their mouth is and stand up and be counted as true supporters of small business. Small businesses need help NOW with real change that frees these job creators to lead California out this recession. Green, blue, and white-collar jobs will all play a part in our economic growth and success, but it is small business that leads the way to making California whole.

NFIB is the nation's leading small business association, and represents members in Washington, D.C. and all 50 states. Founded in 1943 as a nonprofit, nonpartisan organization, NFIB gives small and independent business owners a voice in shaping the public policy issues that affect their business. NFIB's powerful network of grassroots activists sends their views directly to state and federal lawmakers through our unique member-only ballot, thus playing a critical role in supporting America's free enterprise system. NFIB's mission is to promote and protect the right of our members to own, operate and grow their businesses. More information about NFIB is available online at www.NFIB.com/newsroom.

Man in Stolen Car Receives Four Years, Four Months in Prison

Placer County - A 40-year-old Roseville man has begun a state prison sentence of four years and four months after pleading no contest to felony charges of being in possession of a stolen vehicle and trying to evade law enforcement officers.

Keith G. Logan also admitted to special allegations of having a prior felony conviction of auto theft and of having served prison time for a felony crime. Logan entered his no contest pleas on May 28 before Placer County Superior Court Judge Colleen Nichols and was sentenced on June 4 before Judge Robert P. McElhany, who declined to grant him probation.

A member of the Sacramento County Auto Theft Suppression Task Force spotted a parked,



Keith G. Logan

stolen Chevrolet Tahoe on Park Drive in Roseville on the night of May 21 and began surveillance. Five minutes later, a man identified as Logan got into the vehicle and drove away. Marked units of the officer's task force and the California Highway

Patrol then closed in on the vehicle and activated their lights and sirens. But the driver of the SUV sped away, touching off a high-speed pursuit that ended at an apartment complex when the driver jumped out of the moving vehicle.

The Chevrolet Tahoe came to a stop when it struck a chain-link fence, causing damage to both the vehicle and the fence. Logan tried to run away but was apprehended within minutes by the officers.

Prosecutor Lisa Botwinik of the Placer County District Attorney's Office told Judge Nichols that Logan drove the vehicle in "a willful, wanton disregard" for the safety of others and the protection of property.

Magazine Salesman Who Stole Woman's Check is Sent to Prison

Placer County - A magazine salesman who thought he could save his job by writing a fraudulent check to make himself look good in the eyes of his employer has been sent to state prison for two years and four months by a Placer County judge.

The salesman, Joseph Won Lee Jones, 33, stole a blank check from a 71-year-old Auburn resident on Feb. 2 after she invited him into the house and placed a magazine subscription order for \$44. Jones then asked for a glass of water. When the victim left the room to get it for him, Jones went to the woman's checkbook and took a blank check, which he later used to write another magazine order for \$396 in an effort to impress his bosses.

Prosecutor Jim Deslaurier



Joseph Won Lee Jones

of the Placer County District Attorney's Office said the defendant told authorities he was having trouble meeting sales numbers. "He didn't want to lose his job," Deslaurier said.

When the victim received her bank statement later that month, she noticed the \$396 transaction and went to the Auburn Police

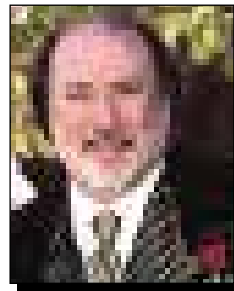
Department to report the incident. Jones was tracked down to San Bernardino County and was arrested on March 10. He later entered a plea of no contest to a felony charge of petty theft with a prior offense and of committing a financial crime against an elderly person.

Superior Court Judge Jeff Penney sentenced Jones to prison on Wednesday and ordered him to make restitution of \$396 to the victim's bank.

Deslaurier said the District Attorney's Office "takes very seriously any crime in which a perpetrator enters a home, particularly when the victim is an elderly person. We have no tolerance for that." Deslaurier urged all citizens not to let strangers who are knocking on doors into their homes to conduct business.

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The Pacific Forest and Watershed Lands Stewardship Council Awards \$297,000 of Grant Funds to 15 Organizations Dedicated to Getting Youth to the Outdoors

Seven Catalyst grants and eight Impact grants given to promote outdoor accessibility to youth and offer leadership opportunities to economically disadvantaged and underserved youth

An organization that will provide green jobs, an indigenous environmental education project on a historic Nisenan Maidu site in Auburn, a student-operated California native plant nursery at a local high school that will connect with campus restoration efforts, and a program that links wilderness to academics, adventure to leadership, environmental science to literacy and confidence to activism, are just a few of the projects that were awarded Catalyst and Impact Fund grants recently announced (June 2, 2010) by the Stewardship Council.

Seven organizations have been awarded \$70,000 in grants through the Catalyst Fund and eight organizations have been awarded \$227,000 to support efforts to make outdoor spaces accessible and safe for youth and families.

The Catalyst Fund is open to grassroots organizations whose annual operating budgets are under \$250,000. In this grant round, 33 organizations requested more than \$450,000 in funds.

The Impact Fund is designed to support more established organizations with the resources they need to get underserved youth connected to the outdoors. In this

grant round 81 organizations requested \$2,945,972 in funds.

The Stewardship Council is in its sixth year of grant funding. In this time the Council has awarded more than \$8,390,000 to 184 organizations, allowing Stewardship Council funds to help connect more than 224,000 youth to the outdoors. By providing funds to youth development organizations and programs, the Council is committed to connecting youth to the outdoors, and hopes to positively transform young people academically, personally and socially.

Local Catalyst Funds: Sierra Native Alliance (SNA) was awarded \$12,000 to support the Youth Conservation Internship program that engages low-income youth in Placer and Nevada counties to restore an abandoned environmental education center on a historic Nisenan Maidu site in Auburn. Youth will learn environmental preservation skills from an indigenous perspective, and take the lead in developing a peer environmental education curriculum for ongoing use at the SNA Cultural Education Center. www.sierranativealliance.org

The Pacific Forest and

Watershed Lands Stewardship Council (Stewardship Council) is a private, nonprofit foundation. Established in 2004, its mission is to protect and enhance more than 140,000 acres of watershed lands, and invest in efforts to improve the lives of young Californians through connections with the outdoors. The Stewardship Council brings together the expertise of leading conservation, natural resource management, business, and public officials to undertake this historic conservation effort for California. A unique and collaborative endeavor, the Stewardship Council's Board of Directors unites a broad range of interests to guide the development and execution of a Land Conservation Program and a Youth Investment Program to benefit current and future generations of Californians. Our core values are collaboration, stewardship, discovery, sustainability and leadership. For more information about the Stewardship Council please visit the Web site: www.stewardshipcouncil.org.

Source: Pacific Forest & Watershed Lands Stewardship Council



POPPOFF!

with Mary Jane Popp

simple runny nose. They just accept it and suffer with post-nasal drip. But did you know that a chronic runny nose (sinusitis) can lead to chest disease and kidney or arthritis changes? In fact, many cases of sleep apnea and snoring clear up when the nose is cleared.

Dr. Grossan offers seven simple steps to cure your sinus problems without drugs, as well as preventing it in children:

- 1) Make the diagnosis. There are tests you might need from a physical exam to some medical tests.
- 2) Use nasal irrigation to keep your nose clean and functional. Basically nasal irrigation is just that: cleaning your sinuses out with mild saltwater, or saline solution. Although it may sound complicated, this easy-to-use and all-natural sinus-cleansing method has many benefits.
- 3) Consider using alternative therapies with conventional medicine. Holistic treatments are a growing trend.
- 4) Clean up the air around you. From the bedroom with the highest levels of dust mite allergen in your home to mold and mildew, it all must be considered.
- 5) Boost the levels of healing nutrients in your body. This can range from foods that help fight

sinus infections like Grandma's chicken soup because the soup helps the cilia of the nose and bronchial passages move quickly so they can defend the respiratory system against contagion.

6) Relax! Sinusitis can be made worse when you're stressed out. There is an extremely close relationship between your inner attitude and daily thoughts and the effect these have on your body and mind.

7) Choose the most effective medical therapies. Medicines may be necessary, and there are many to consider from decongestants and steroids to antihistamines.

The Doc also goes into the possibility of surgery, if necessary. It's all about "The Sinus Cure" and you. If you want more info on the book and the Hydro Pulse, just go to www.grossan.com. Now breath deeply, and say Oooooooooooooo out loud. The Doc says singing it can do wonders!

Join Mary Jane for the KAHN Noon News Monday - Friday and then again for POPOFF 10 PM - Midnight.

THE SEASONAL CURE

Achooo!!! 'Tis the season, right? Do you have these miseries: Stuffy nose, major headache, your cheekbones feel like they're going to explode, and don't forget, you may have an ear ache and stiff neck to go with the rest of the pain? No, it's not the flu. It's your sinuses acting up, and you may have sinusitis. What a pain! Health experts estimate that thirty-seven million Americans are affected by sinusitis every year, and they spend nearly \$6 billion each year on health care costs. Dr. Murray Grossan says sinusitis and allergies are on the increase, and he's authored "The Sinus Cure" and invented the Hydro Pulse Nasal/Sinus Irrigation System to lead us out of the pain-ridden path. Dr. Grossan practices at Cedars Sinai Hospital in Los Angeles.

According to the good Doc, "Sinusitis and allergies are worse today than before the antibiotic age." He says that many patients believe antibiotics will cure their sinus problems, but they are wrong. And sinusitis is not a harmless disease. Dr. Grossan states that people often don't see a doctor for a

Find the Cat of your Dreams at Placer SPCA – for Free!



the kittens born in your home," said Vierra, "think about all the homeless cats in area shelters and please do the responsible thing by getting your cat spayed or neutered."

Through SNAP, Placer County pet owners pay a greatly reduced cost to spay and neuter cats, pitbull and pitbull mix dogs, and rabbits. Caring Placer County residents seeking to spay or neuter feral cats can do so at an even more reduced cost through a partnership between Placer SPCA and Animal Spay and Neuter Clinic of Auburn. To request a SNAP voucher, call (916) 782-7722, extension 201 or (530) 885-7387, extension 201.

All cats adopted from Placer SPCA are spayed or neutered, have received a FELV/FIV test, are microchipped, have a pet identification tag. All adopters receive a voucher for a free veterinary exam.

To adopt an adult cat in July for no adoption fee, view available cats online at www.placerspca.org/cats and come visit the Placer SPCA Companion Animal Center at 150 Corporation Yard Road, Roseville.

Roseville - Celebrate freedom from adoption fees this July! At Placer SPCA, all adult cats one year and older are free to great homes.

"We have almost 400 cats, including kittens being cared for in foster homes," said Placer SPCA CEO Leilani Vierra. "That's about 80 more than we had this time last year – and we want to see them go home!"

The longer adult cats stay at the Placer SPCA Companion Animal Center, the less room

there is for the dozens of kittens arriving each week. Adult cats can be an excellent choice for families seeking a mellow companion animal with an established personality.

Placer County residents who have an unaltered cat are urged to take advantage of Placer SPCA's Spay and Neuter Assistance Program (SNAP). Cats can get pregnant as young as four months old, and can have three or four litters in a year.

"Even if you find homes for

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Supervisors Approve Proposed Budget

Auburn - On Tues., June 8, 2010, the Placer County Board of Supervisors approved a proposed budget for the 2010-11 fiscal year. It will serve as an interim spending plan until the Board adopts a final budget in September.

The proposed \$739 million budget is 5.7 percent smaller than the 2009-10 Final Budget of \$783 million.

Most of that reduction, however, is because last year, the county's budget included funds restricted for capital improvement projects now completed or almost completed, such as the interchange at Sunset Boulevard over Highway 65, and from continued progress on projects such as the South Placer Correctional Facility. The

decline in the operating budget is less than one percent, while the capital projects budget is 15.6 percent less.

Several of Placer County's key revenue sources are down significantly. Between the 2009-10 and 2010-11 Fiscal Year budgets, sales taxes are down 18 percent, while secured property taxes and in-lieu property taxes are each down five percent. Public safety sales taxes are down 10 percent. However some intergovernmental revenues tied to Health and Human Services increased, primarily due to the impact of federal stimulus funds.

During the past several years, Placer County has balanced its budget by significant cost reductions and constrained

operational costs. As part of the county's efforts to protect vital services, funds have been redirected from other programs to pay for critical health and human services and public safety programs. As employees have left county service or retired, their positions have usually not been refilled. These hiring restrictions have reduced the number of staff by about 10 percent (280 fewer employees) since fall of 2007.

The county's proposed 2010-11 fiscal year budget continues this pattern, with hiring restrictions, five work furlough days to cut costs, and also includes minimal use of reserves (\$4.5 million).

Source: Placer County

Your Dollars and Sense

By James J. Scherer, MBA, CPA

Regulations - Some Unintended Consequences

In today's climate it seems most people want protection from just about everything. Our politicians are happy to comply. But, what are some unintended consequences of this "protection?"

Regulations steal hope

Hopelessness leads to despair, but hope advances the heart forward. When Thomas Edison invented the light bulb he found "...10,000 ways that won't work" He had hope! What he didn't have is the huge body of regulations of EPA, IRS, SEC and other agencies. How much creative energy is wasted upon regulatory compliance that could be directed at solving our energy challenges or finding a cure for cancer?

Regulations restrict a society from maturing.

For the sake of sanity, my wife and I devised house rules for rearing our children. Now that they are mature adults the rules are not needed. I believe if we had kept those rules in place our boys would have been severely limited in their development. They would have resented us and developed a mistrust of our authority. It's sad to say most elected officials see us as their children who must be managed.

Regulations impose barriers into markets.

A good example is my profession as a CPA. The word certified separates me from other accountants because the public perceives CPA's having more value. In essence it is a legal franchise that limits competition. This is good for CPA's., because we can justify higher fees. But what is the price of the regulations? The

price is less competition which drives up the prices charged by CPA's. This keeps our services out of the reach of many people who can't afford these rates.

Regulations impose a "Stealth Tax".

There is a hidden cost for regulations. For example - If a retail grocery store must make a profit of 1.2% in order to remain in business, they do not decrease this percentage in order to pay for the increased cost of regulatory compliance. (i.e. hiring attorneys, CPA's, and employee benefit specialists) What is their solution? You are correct. They increase the retail price of groceries. And we all pay for the cost of compliance with regulations.

James J. Scherer is a CPA who practices in Roseville, CA. You can reach him at 916-797-1188, www.scherertax.com or e-mail at james.scherer@schertax.com



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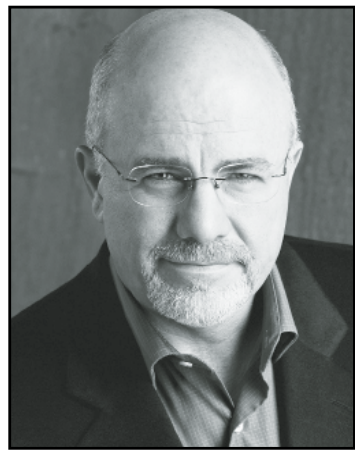
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Dave Says



Dave Ramsey is a personal money management expert, popular national radio personality and the author of three New York Times bestsellers – *The Total Money Makeover*, *Financial Peace Revisited* and *More Than Enough*. In them, Ramsey exemplifies his life's work of teaching others how to be financially responsible, so they can acquire enough wealth to take care of loved ones, live prosperously into old age, and give generously to others.

Teach Them Early

Dear Dave,

How early should I start teaching my kids about money? Also, how do you feel about giving kids an allowance?

- Cathy

Dear Cathy,

I think you should start teaching kids about money as early as you

start teaching them about sex—which is the first time they show any interest. Make sure you keep it age-appropriate, and don't over-answer questions when they're young.

Neither of these things will amount to a one-time talk, because they're both just parts of life. That means they're ongoing processes that will last for years. If you have one talk at an early age with your kids about money, then they're probably not going to remember a lot of it as they get older. If you have just one talk with your kids about sex at an early age, you're liable to wind up with a bunch of pregnant teenagers!

To answer your second question, I hate the idea of an allowance for kids, because it makes the whole situation sound like welfare. We put our kids on commission at an early age. They had chores associated with certain dollar amounts, and if they worked, they got paid. If they didn't work, they didn't get paid. It was as simple as that. Then, they would split their money between three different envelopes—one for saving, one for spending, and one for giving—and we would teach them to do each one wisely.

Kids need to emotionally connect work to money at a young age. If you don't teach them four major concepts—spending, saving, giving, and work—you're going to have major problems by the time they're 10 years old!

- Dave

No Pain, No Gain!

Dear Dave,

I've heard you talk to people about "gazelle intensity." What exactly does this mean?

- Del

Dear Del,

Basically, it means absolutely going crazy and doing whatever it takes for a little while to get out of debt. I'd much rather endure pain or discomfort for a short period of time and get it over with instead of living my whole life floundering around and accomplishing nothing in the process.

Some people probably think I'm using hyperbole when I give people advice on how to get out of debt, but I'm serious about it all. I've lived this stuff, man! There were literally stretches of years when we didn't go on vacation or see the inside of a restaurant. If you want to get out of debt and get control of your money, you've got to be serious and intense enough to make sacrifices on that level for a short period of time. We call it living like no one else, so that later you can live like no one else.

It's not just dollars and cents we're talking about here. It's also about changing behaviors and mindsets. You don't need to go to Disneyland every year. You don't need to eat out every weekend. Until you're willing to make temporary sacrifices like this—and become "gazelle intense" about taking control of yourself and your money—you're never going to reach your goal of becoming debt-free!

- Dave

*Please visit www.davesays.org for more financial advice.



ROCK DOC

By Dr. E. Kirsten Peters

To me, there's nothing like a breakfast that involves an egg. That dose of protein, I think, helps me last at work until noon or even beyond the lunch hour if need be.

Like me, you probably often have a dozen eggs on your grocery list. And when you wake up bleary-eyed on a Saturday morning, you face the choice of how you will buy those eggs.

In some parts of the country, there are three choices for procuring eggs. You can buy them at a supermarket, at a local farmers market or directly from a local farm. If you want to support small farms – for any reason – then the second or third choice will be yours. But what if you care most intensely about what are increasingly being called "food miles" and how much energy is used bringing the food from the farm to your doorstep?

Food miles are the number of miles that food has traveled to reach you. It seems intuitively obvious that the lower the number of food miles, the less energy you are causing to be used for your groceries. It's better to buy food produced near you than food grown across the country, right?

Eggs from Near and Far

Sadly, intuition does not always agree with reason and arithmetic.

Jude Capper of the Animal Sciences department at Washington State University recently took me through the example of buying eggs from the three sources mentioned above. The numbers that follow are just an example – your numbers would vary.

Let's say it's 1.5 miles from a house to the supermarket, 7 miles from that house to the farmers market, and 27 miles from that same house to a local poultry farm that will sell to the public. (Those numbers fit my situation pretty well, although they were chosen by Capper for another location.)

Now let's think of the food miles of the eggs themselves. In the case of the supermarket, Capper's example has them coming from 800 miles away in an 18-wheeler. Add the 1.5 miles for a person to get to the store and that's 801.5 miles of total driving around before the consumer first picks up the eggs.

"Obviously, on the first analysis, the food miles for the supermarket example are looking grim," says Capper with a laugh.

Even if the semi-truck hauls other goods (like apples) back to where it came from, there's a lot of traveling involved to get eggs and produce to us.

The farmers market example and the local poultry farm case do involve less traveling for each egg. But there are other issues we want to consider since our real concern likely isn't food miles itself but how much energy is consumed getting the eggs from the chickens to our frying pans.

Here are two important facts.

Let's say the farmers market eggs get to their sales booth via a pickup truck, and I go back and forth to where I buy my eggs in a car.

I know it may not seem like it, but 18-wheelers are really quite fuel-efficient compared to pickups and cars when you consider all that they haul. Capper tells me they typically get about 5.4 miles on a gallon of diesel (plus, for a refrigerated truck capable of carrying eggs, they burn half a gallon of fuel per hour to keep everything cool). But the trucks move up to 23,400 dozen eggs!

Capper showed me the arithmetic that clearly shows the most energy efficient way for me to buy eggs for my household is to go to the supermarket, essentially relying on that highly efficient 18-wheeler. And that's not even considering the notion that I'll likely go to the supermarket anyway, to buy laundry detergent, light bulbs, toothpaste and bottles of eye-drops. (What can I say, I swim a lot.)

There are other reasons to buy locally produced eggs, Capper is quick to point out. You might want to support local agriculture, or you might prefer the taste of eggs from alternative systems. But if energy conservation is your primary concern in what groceries you buy, it pays to reason and go with the numbers rather than following your gut.

Dr. E. Kirsten Peters, a native of the rural Northwest, was trained as a geologist at Princeton and Harvard. Follow her on the web at rockdoc.wsu.edu and on Twitter @RockDocWSU. This column is a service of the College of Sciences at Washington State University.

PCWA Financial Audit Passes

Auburn -- The 2009 annual audit of the Placer County Water Agency has shown that the agency's financial records are being kept in accordance with generally accepted accounting principles and accurately express the agency's financial position.

The independent audit, completed by Maze and Associates Accountancy Corp. of Pleasant Hill, was presented Thursday (June 3) by the engagement partner Cory Biggs.

The auditor said the PCWA audit resulted in a "clean opinion, which is the best you can get." The firm listed no additional issues or comments, which is commendable and a rare occurrence, said Biggs, who noted that his firm works with some 40 cities and 30 other government agencies.

Along with the auditor's presentation, the PCWA Director of Financial Services Joseph Parker presented to the Board the Comprehensive Annual Financial Report. The Comprehensive Annual Financial Report is prepared by the PCWA finance staff and will be submitted to the reporting award program of the National Government Finance Officers

Association. If received, it will be the fourth consecutive year the Agency has been awarded the certificate for excellence in financial reporting.

PCWA board members congratulated Parker and his staff before voting to receive and file the annual audit reports.

In other business, PCWA directors:

- heard a presentation on the PCWA canal delivery system from Director of Field Services Mike Nichol, who described how water is routed from the mountains to PCWA service areas. Nichol focused on areas where people are on waiting lists to receive irrigation water and said the situations are due mainly to lack of local area infrastructure, not water supply. The water agency is continuing efforts to expand water availability to these areas, Nichol reported.

- discussed a concept of video recording and live Web streaming of PCWA Board of Directors meetings. Staff has been looking into methods and costs of providing the added public service. Directors asked for further studies, including staffing requirements, and costs for copying and distributing

video materials. No action was taken.

- learned that the planning process for a new general plan and resource plan for the Auburn State Recreation Area and Auburn Dam Public Lands has been suspended at the request of the U.S. Bureau of Reclamation, which is facing funding shortfalls and considering changes in the way the federal lands are managed.

- welcomed Rick Gruen, who is the new manager of the Placer County Resource Conservation District. Gruen, who arrived here four months ago from Oregon, said he is pleased to be in Placer County and looks forward to continuing the good working relationships between his district and PCWA.

Regular meetings of the PCWA Board of Directors are held at the PCWA Business Center, 144 Ferguson Road, in Auburn. PCWA board meetings are open to the public. Information on PCWA board meetings may be obtained through the Clerk to the Board at (530) 823-4850 or (800) 464-0030.

Source: PCWA

Placer County Water Agency Update

Auburn -- The Placer County Water Agency Board of Directors are continuing to explore ways in which more raw and treated water may be made available to areas served by the agency.

Updates on efforts to do so in portions of PCWA Zone 1 and Zone 3 service areas were reported by staff at Thursday's (June 17) meeting of the agency Board of Directors.

"In portions of lower Zone 1 where irrigation water service is limited by canal size or water availability, staff is exploring a proposal to extend a pipeline to move more raw water to the Dutch Ravine Canal system that would help in relieving a supply issue along certain canals," said Director of Technical Services Brian Martin. Further, Director of Field Services Mike Nichol said, "agency staff is continuing to explore ways on specific canals in lower Zone 1 to offer summer irrigation water in phased stages of half-miners' inch of water to lands on waiting lists that are not currently receiving summer water."

Martin also reported on recent staff meetings that have

been held with a few citizens in a portion of Zone 3 as to ways to possibly extend treated water service to their area. Martin said he would like to see wider treated water service in Zone 3, but that financing of such projects can be a fiscal constraint to do so. He noted, "this is because the area has a low per capita population base spread over a large geographic area, which results in higher costs per parcel for construction which can place affordability out of reach for prospective customers."

The Board asked staff to continue to review the Zone 1 and 3 water availability challenges and to report back as circumstances warrant.

In other business, PCWA directors:

- heard a presentation from Stan Nader and Scott Johnson of Save Auburn Ravine Salmon and Steelhead (SARSAS), a community group working to restore fall run Chinook Salmon and Central Valley Steelhead to the entire length of Auburn Ravine. They announced a special event, the "Calling Back the Salmon Celebration," to be

held on Oct. 23 at McBean Park in Lincoln. PCWA directors will consider the group's request for partial sponsorship of the event.

- heard an update from Director of Customer Services John Kingsbury on the agency's effort to gain Northern California representation on the board of the California Urban Water Conservation Council, a group that helps develop state policy on water use and conservation. Kingsbury said, "The group's leadership is stacked toward southern and coastal areas and against inland and Sierra areas of California." The Board concurred that staff continue to pursue broader representation on the CUWCC Board.

The next regular meeting of the PCWA Board of Directors will be held at 2 p.m. on Thursday, July 1, at the PCWA Business Center, 144 Ferguson Road, in Auburn. PCWA board meetings are open to the public.

Information on PCWA board meetings may be obtained through the Clerk to the Board at (530) 823-4850 or (800) 464-0030.

Late Spring Weather Allows DWR to Increase Water Allocation

Sacramento -- The Department of Water Resources (DWR) is adjusting its final 2010 State Water Project allocation to 50 percent of requested amounts because of late Spring storms.

"Unusual late season storms that augmented Northern Sierra snowpack have allowed us to increase our delivery estimate to 50 percent," said DWR Director Mark Cowin. "But, our state will continue to suffer chronic water shortages until we improve our conveyance system, increase storage and resolve the complex environmental problems of the Delta."

Even with a return to normal precipitation and reservoir levels, and an above normal Sierra snowpack, State Water Project (SWP) deliveries will remain limited due to current

restrictions on Delta pumping to protect native fish species.

The 50 percent allocation, although a dramatic increase from the 5 percent originally estimated for this year, will still leave many communities, farms and businesses with limited alternative supplies.

Lake Oroville in Butte County, the SWP's principal supply reservoir, stands at 77 percent of capacity and 91 percent of average for this time of year. But fishery agency restrictions on Delta pumping to protect salmon, Delta smelt and other species continue to constrain water deliveries to the Bay Area, San Joaquin Valley, Central Coast and Southern California. DWR estimates that fishery restrictions this year will impact SWP deliveries by 800,000 acre-feet.

In 2009, DWR delivered 40 percent of the amount requested by the 29 public agencies with long-term contracts to receive SWP water. Those contractors deliver water to more than 25 million Californians and approximately 750,000 acres of irrigated farm land.

The average SWP allocation over the past 10 years is 68 percent of contractor requests.

DWR will continue to urge all California's to conserve water this summer both indoors and outdoors. DWR is partnering with the Association of California Water Agencies (ACWA) on the Save Our Water program to promote conservation statewide as a long-term behavior change. The program website is www.saveourh2o.org.

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Licking the Knife Blade



By Jon Coupal,
Howard Jarvis Taxpayers Association

Like the proverbial wolf that continues to lick the knife blade because it enjoys the taste of its own blood, the Democrats are back with another huge tax increase.

At a time when the state's economy and taxpayers are still staggering under the burden of last year's \$12.6 billion tax increase, Democrats are pushing a plan to raise taxes by yet another \$5 billion and to borrow an additional \$8.7 billion.

Among the proposals are extensions of the increases in the sales, income and car tax that were approved last year by the usual suspects, but were due to expire after two years. This goes to prove the adage that there is nothing so permanent as the temporary. In a recent column, Joel Fox, the president of the Small Business Action Committee, provided a number of excellent examples of "temporary" taxes that seem never to disappear. Among those is the federal telephone tax established to pay for the Spanish American War, which remained in place for 108 years after the war ended.

Politicians know how to play the game. To minimize opposition to a new tax they market it as temporary. But once

taxpayers become accustomed to paying it, they look to extend it or make it permanent. For a California example, look at the 1.25% sales tax increase Pete Wilson backed in 1991 to deal with a budget gap. A half-cent was supposed to be temporary, but when it came time to expire the Legislature placed it on the ballot promoting it as necessary for "public safety." Voters -- by then used to paying the higher tax -- swallowed the hook and we continue to pay the entire 1.25% increase initiated almost twenty years ago.

As for the borrowing, our state's credit is so bad, lawmakers want to borrow money against the California Beverage Recycling Fund in an arrangement known as securitization. Basically, it would allow them to spend money on current programs by guaranteeing repayment with future recycling revenues. What most Californians think is a fee designed to make sure that beverage can and bottle litter is picked up, and that those resources are recycled, turns out to be just another Ponzi scheme by the Sacramento politicians. However, it clearly illustrates the contortions through which lawmakers will go to allow themselves to continue to spend regardless of the economic realities or the burden it places on ordinary taxpayers.

Average Californians do not have to be told times are tough. An unemployment rate of 12.6% -- over 21% when the underemployed are counted -- may be just a number to most people, but virtually everyone knows the real impact of our failing economy because they have a friend or family member who is unemployed, even if they themselves continue to have a job. These statistics represent real suffering by real California families.

Legislators should not deceive

themselves. Only part of the problem is linked to the national recession. The state's problems pre-date the recession and reflect a deeper policy-induced crisis. These tax grasping politicians would do well to review the 2010 edition of Rich States, Poor States, an economic competitive index of states by economist Arthur Laffer and published by the American Legislative Exchange Council. In the category of economic outlook, California ranks 46 out of 50 with 50 being worst. It is no coincidence the states ranking near the bottom are high tax states that are suffering a high level of domestic out-migration, which Laffer calls the "moving van effect." In other words, people and businesses are mobile; they can leave unfriendly economic states and move to tax friendly states. In domestic migration, California ranks a dismal 49, meaning that taxpayers are fleeing our state.

However, in spite of the evidence, lawmakers move inexorably forward toward economic collapse. In an almost cartoonish satire of their lack of concern for the interests of average taxpayers, last week, the four legislative ringleaders behind the 2009 tax increase blithely traveled to Boston to accept Profiles in Courage Awards from the Kennedy Foundation for their raising taxes in face of public opposition -- and in defiance of logic. Meanwhile, those California taxpayers who have not left the state, soldier on without accolades.

Jon Coupal is president of the Howard Jarvis Taxpayers Association -- California's largest grass-roots taxpayer organization dedicated to the protection of Proposition 13 and the advancement of taxpayers' rights.

Gold Miners Shafted by Democrats in the State Assembly

Aanestad Refund Measure Hijacked With Hostile Amendment



Senator Sam Aanestad

Sacramento - Legislation designed to provide full permit refunds to all Suction Dredge Miners in California has been hijacked in an Assembly policy committee. SB 889 -- authored by Senator Sam Aanestad (R-Grass Valley) -- would have given miners the opportunity to apply for and receive a full refund of the \$47.00 permit fee they paid last year for the right to ply the trade of suction dredge mining on California streams and rivers.

But the measure -- which Senator Aanestad introduced last year after the State Legislature took emergency action to ban the mining practice -- was hijacked this morning in the Assembly Committee on Water, Parks and Wildlife. Committee Democrats rejected the notion of a full refund and instead hijacked the

bill against Senator Aanestad's wishes. They amended SB 889 to provide a refund of two-thirds of the original fee instead of the full amount.

"This committee is all over the map in suggesting what portion of the mining fee should be refunded -- and it's really just arbitrary," said a frustrated Senator Aanestad during today's hearing. "The only real fair number here is 100% of the \$47.00 fee -- and if you're going to hold your vote for some arbitrary number that you've pulled out of thin air -- you're answerable to the people who elected you to office."

Although the measure did pass with the hostile amendment attached -- Senator Aanestad says he is unsure if he will continue to pursue the matter until he speaks with all stakeholders involved -- including the mining organizations who sponsored SB 889. He notes that a Los Angeles small claims court (Wegner v. Koch et. al.) has already ruled in favor of full refunds for California gold miners. In that case, the court found for the plaintiff and ordered the California Department of Fish and Game (DFG) to refund the miner's permit fee of \$47.00 and pay court costs of \$32.50. In addition to the cost of the judgment, the DFG and the California Attorney General's office incurred legal expenses associated with the claim.

"The courts have already ruled

in favor of a full refund -- and given the outcome of today's committee hearing -- additional claims against the state are almost guaranteed," said Senator Aanestad. "That means additional costs to state taxpayers -- possibly in the millions of dollars -- because Democrats refuse to take the fair and right action."

Nearly 4,000 suction dredge mining permits were purchased last year according to the DFG -- and more than 3,000 of the permits were purchased by California residents alone. The cost of a permit for California residents is \$47.00, and for out of state miners the permit fee is \$185.25. In 2009, the Department collected about \$250,000 from miners who were subsequently denied the right to mine.

The ban on suction dredge mining took place in early August of last year, following the successful passage of SB 670. It represented a \$60 million hit to the Northern California economy where suction dredge mining was the most popular and profitable for miners.

"My hope is that every miner who paid this fee calls their legislator today to explain to them what the definition of fairness is," said Senator Aanestad. "Some legislators clearly need a reminder."

"Let your conscience be your guide."



Michael Babich,
Colonel, US Army (Retired),

Our very way of American life continues to erode with the ever-increasing growth and socialistic actions of our government. We need strong leadership from citizen-legislators, as intended by our Constitutional framers. Article I, Section 2, of the Constitution authorizes us to have a Representative. The framers' intended definition is for one to stand or act for another through delegated authority from the people. We need functional and effective representatives in Congress that understand our community first-hand.

For the Republicans, being the party of "no" has helped stem the tide of an overreaching government, but we also need novel ideas and creativity to move forward with efficiency to solve today's problems. Your Representative can be part of the solution or part of the problem. Voting "no" is a tactic, not a strategy. We need proven strategic planners in office.

Early in our country, Federalists and Anti-Federalists were often in opposition, but they were all patriots who agreed government can be dangerous to liberty. Today, the issues have become a matter of left vs. right, instead of right vs. wrong. We are no further ahead on our water and energy crises after decades of discussion, education is being removed from local control, and personal and

states' rights are being disregarded systematically. Why is that?

One of the problems is that the electorate must recognize that our Constitutional Framers did not intend for career politicians to represent us. They were citizen-legislators who created a livelihood before they led in public service. They were farmers, inventors, businessmen, doctors and soldiers first. They developed themselves before they developed the nation. How can one best legislate if their only experience is in the vacuum of the political arena? As Thomas Jefferson said, "Every government degenerates when trusted to the rulers of the people alone. The people themselves are its only safe depositories." He further stated that, "experience hath shown, that even under the best forms of government those entrusted with power, in time, and by slow operations, perverted it into tyranny."

It is no secret that we now have a dysfunctional form of federal government. Truthfully, the electorate bears some responsibility for our current governmental problems. How many have expressed with disdain "career politicians", and yet we continue to vote them into office? That is not to say that all incumbents should not be re-elected; many have indeed prepared for office though real-world experiences first and have proven to be noble legislators. However, most incumbents rely upon the power of name recognition and there are few challengers from the working citizenry because they are doing just that -- working instead of running for public office. Along this line, Ronald Reagan once said that "The best minds are not in government. If any were, business would steal them away."

Today's politics unfortunately make it very unsavory for the private citizen to run for office, no matter how creative in ideas or well-qualified they may be. Incumbents can make appearances

throughout the District at the taxpayers' expense, provided he is presented as a Congressman. It is obvious that incumbents are really campaigning, but as long as it is under the auspices of a Congressional Representative, funds do not have to come from their campaign coffers unless they are out as a candidate (e.g., in a debate). In contrast, challengers must use their own funds to run for office in between working their real jobs. *Let's move past the comfort zone in this election and vote boldly for candidates that actually have the experience and qualifications to do the job.*

We have never heard of Obama-Republicans, nor Clinton-Republicans, or for that matter Bush-Democrats. But we did have Reagan-Democrats (or "boll weevil" Democrats). Did President Reagan have to compromise his ideals in order to gain widespread support? So there is something to having a person who can take charge, yet present reason and dialog with our fellow citizens...no matter how far off the political spectrum we think they may be. That is a trait few career politicians possess.

In this upcoming election look closely at each candidate and, if you profess to be a "Constitutionalist", ask yourself which one would the Framers endorse? Will it be a career politician or citizen-legislator? Then let your conscience be your guide.

Michael Babich is a Colonel, US Army (Retired), Ph.D. Biomedical Scientist and Professor with appointments at UC Davis, Heald & Sierra Colleges, and is Co-Founder Mission Therapeutics (formerly ImmVax), a start-up company focused on cancer therapeutics. He is a recent Republican candidate for California's 4th Congressional District.

Handicapped-Accessible Apartments

A Developer and Contractor Alert

Courtesy of BottomLine Lawyers

Auburn - In its role as enforcer of the Fair Housing Act (FHA), the U.S. Department of Justice sued the developer of, and architects for, two apartment complexes. The government won an injunction against any further construction and occupancy of the apartment buildings.

Among the detailed requirements in the FHA for accessibility for the disabled is a requirement that "common areas" for multifamily dwellings be readily accessible to and usable by handicapped persons. In the case under consideration, the focus was on the landing area shared by two ground-floor apartments in each complex. The front door for each of the apartments was located

there, but it was not handicapped accessible because the landing could only be reached by descending stairs. The apartments also had a rear entrance from the apartments' patios that was handicapped accessible, but it was located farther from the parking lot.

The defendants argued that the FHA only requires that there be at least one accessible route into and out of each apartment, and that the patio entrance for each ground-floor unit met that requirement. The federal court disagreed. All it took to make the landing area a "common area" was that it was shared by at least two units, and that was so in the case before the court. It was beside the point that there was a separate, back-door access for the disabled. The

FHA clearly mandates that the common area, which in this case was at the front-door entrance to the apartments, be handicapped accessible.

The court indicated that the public's strong interest in eradicating housing discrimination against the disabled outweighed the developer's plea that the injunction translated into substantial financial losses each month. The government also pointed out that the developer chose to proceed at its own peril with construction and leasing after being warned that the design violated the FHA. This case offers an object lesson in the importance of being in compliance with FHA requirements before breaking ground on a construction project.

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Have fun and play proper volleyball

55+ Men 50+ Women
Men age 55 and older, Women age 50 and older are welcome to join this moderate-impact program for players who have played before and want to improve their skills, have fun and play proper volleyball. This is not a beginner program. Players must have moderate experience and be willing and able to play three-touch volleyball according to U.S. Volleyball Assoc. rules. If you haven't played in a while and are a bit rusty, that's okay. Teams are selected at each meeting before daily play.

Location Recreation & Regional Gyms
Facilitators Cherry Delany & Roy Klegger
Fee Varies session to session. See below for sessions/days.
Notes June 14-August 13, there will be two nets for Senior Volleyball at the Regional Park Gym.

Activity #	Session/Fees	Days/Time
6080 S3	8/17-10/1 \$18R; \$21NR	Tues/Fri
@ Recreation Gym 9am-Noon		
6080 F1	10/5-10/29 \$12R/\$15NR	Tues/Fri
@ Recreation Gym 9am-Noon		

Understanding Long Term Care Insurance

Ever wonder how long term care insurance works and why it might be important to have? This class will discuss the basics of long term care insurance including deciding on the right monthly benefit amount, facilities (select my own or be assigned by someone else) and asset protection. What are the

chances you might need this type of care, what is important for your family to know and what really happens if you don't have it when you need it? You will leave with a better understanding of the regulations and shocking statistics, and armed to make a better decision.

Location CVCC, Sunset Room
Instructor Charlene Miskimen
Fee: FREE
Notes: Please sign up so the instructor knows how much material to bring.

Activity #	Session	Days/Time
7157 S3	August 17	Tuesday 1-3pm
7157 F1	September 15	Wednesday 5-7pm

Sutter Auburn Faith Hospital Special Programs

Sutter Auburn Faith Hospital is one of the newest partners with ARD and the Passport to Better Health program. Each guide will feature classes and programs open to the public that are sponsored by the hospital. These are the first of many.

SMOKING CESSATION PROGRAM

Sutter Auburn Faith Hospital offers a seven-week program for anyone who wants to learn how to quit smoking. A facilitator will guide the class through the Freedom from Smoking program, designed by the American Lung Association, using behavior modification techniques that emphasize trigger identification, pharmacotherapy assistance, relapse prevention and a healthy living, smoke free life style. For more information call Sutter Auburn Faith Hospital at 530-889-7067 or 530-888-4530.

LOOK GOOD...FEEL BETTER

This is a free hands-on workshop to help women offset appearance-related changes due to cancer treatment. Patients in various stages of treatment will receive make-over tips and personal attention from professionals trained to meet their needs. Professional advice is provided on wigs, scarves and accessories. For more information on this class that is organized by the American Cancer Society, please call 800-395-5665.

Find out more, or register online for any of these programs at <http://auburnrec.com/adultprograms>

Placer County Library Summer Reading Program

Auburn - Bored? Hot? Summer reading fun for all ages has begun and runs through August 15. Please join the staff of the Placer County Library as they offer their annual Summer Reading Program. The theme this year is "Make a Splash-READ!"

School-aged and teen readers are encouraged to set a summer reading goal at their local library with their librarian. After readers have completed half their goal they select a prize. When the goal is completed another prize is awarded. Readers are encouraged to decorate their reading logs, to list their books read, and to talk about their books with library staff. Pre-schoolers can also

participate by listening to books and collecting stickers.

Programming

From June through August 15, special programs related to the Summer Reading theme will be offered in all the libraries during open hours and includes crafts, reading games, puzzles, and art projects. All Library programming is FREE and includes all materials.

Performers

Thirty six performers in eleven libraries are scheduled with Wild Things available at every branch. Home grown programs include ice cream socials, game days, a book bag decorating party and altered books for teens (discarded books

are used for craft materials.) All performances are FREE, but space may be limited so contact the library for specifics.

Mary George, Assistant Director of Library Services says, "If you have a young reader in your life please encourage them to participate in this year's Summer Reading Program. I am so proud of all the library staff for their efforts and can guarantee that there will be something fun for everyone. Please check us out soon."

For more information please call your local branch library or visit the Library website at www.placer.ca.gov/library.

Source: Placer County

Movie Night under the Stars - "Raiders"

Front of State Theater
Auburn, CA 95603

Auburn Movie Night
this summer!!!
Outdoors...
Under the Stars!

This is the 2nd of six Wednesdays this summer, the City of Auburn will be showing open air movies after dark.

This outdoor event promises to be a fun activity for everyone, and it is FREE!

Each week they will be shown at one of 3 possible locations in Auburn:

Old Town Auburn
(in front of the Post Office)
Downtown State Theater
(in front)
ARD Pool and Rec Park

All movies begin at 9pm each Wednesday

Auburn Movie Night is FREE and FUN! Bring a chair and join the crowd. Movies start at 9pm. Food and non-alcoholic beverages will be sold by local restaurants.

Don't miss out on this Summer Fun Activity!

Here's the schedule:

State Theater - Jul 7 - "Raiders of the Lost Ark"

ARD Rec Park - Jul 21 - "Indiana Jones - Last Crusade"

Old Town - Jul 28 - "Ghostbusters"

ARD Rec Park - Aug 4 - "Back to the Future"

State Theater - Aug 11 - "Black Stallion"

Get on the Calendar!!

E-mail publisher@PlacerSentinel.com

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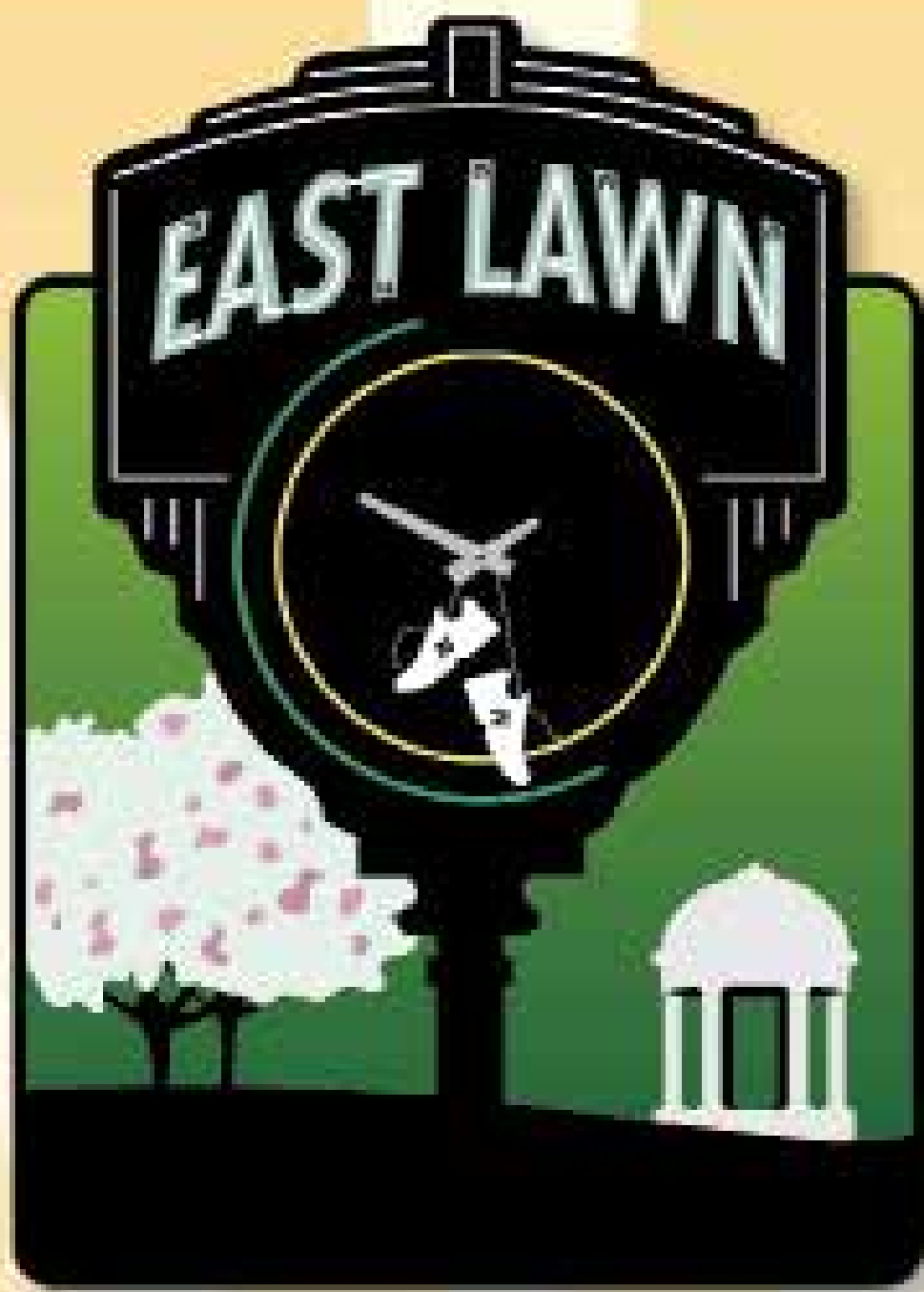
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Arts and Entertainment Calendar

Art, Music, Theater and Film

Live MUSIC Calendar

Art

Elements Transformed
July 1 through 31: Don Lawson, Stephen Lentz and Chris Foster will be featured for the month of July in the Auburn Old Town Gallery. Don specializes in woodcarving and woodturning. Stephen works with metal, wire and glass to create wall sculpture. Chris uses calligraphy in her art, acrylic on canvas, where she hopes to evoke a response in the viewers. Auburn Old Town Gallery, 218 Washington St., Ste. A., Auburn. Gallery hours: 10 a.m. to 6 p.m., Sunday through Wednesday and 10 a.m. to 9 p.m., Thursday through Saturday. Info: (530) 887-9150 or visit auburnoldtowngallery.com.

Music

Music in the Mountains
SummerFest – Kinderkonzert
Thursday, July 1: Learn about the instruments of the orchestra in this free concert especially for all the little ones in the family. Gegory Vajda and the Festival Orchestra will entertain with a lively morning concert that ends with the familiar Sabre Dance. 11 a.m. to 2 p.m. Free. Amaral Family Festival Center, Nevada County Fairgrounds, 11228 McCourtney Rd., Grass Valley. Info: (530) 265-6124, info@musicinthemountains.org or visit musicinthemountains.org.

Music in the Mountains
SummerFest - The Swan-Turner
Thursday, July 1: The Swan-Turner Der Schwanendreher by Paul Hindemith is a creative concerto for viola and orchestra based on three medieval German folk tales, featuring principal violist Janet Sims and the Festival Orchestra. Gregory Vajda has programmed this concert using a variety of pieces based on folk tunes from England, Russian and South America from the pens of Holst, Rachmaninoff and Milhaud. The festival Chorale joins the orchestra after intermission to conclude the Summer Fest indoor concerts. 7:30 p.m. to 12 a.m. \$35, \$30, \$27, \$25, or \$5 - depending on location. Nevada County Fairgrounds, 11228 McCourtney Rd., Grass Valley. Info: (530) 265-6124, info@musicinthemountains.org or visit musicinthemountains.org.

Music in the Mountains
SummerFest – Happy Birthday USA!
Saturday, July 3: Bring the family, friends and a picnic and celebrate our

nation's birthday! Enjoy a concert featuring MIM's Festival Orchestra and Festival Chorale in a salute to America with patriotic songs, Sousa marches and many surprises. This classic MIM gathering is a long-time favorite! 7:30 p.m. Nevada County Fairgrounds, 11228 McCourtney Rd., Grass Valley. Info: (530) 265-6124, info@musicinthemountains.org or visit musicinthemountains.org.

Johnny Cash Tribute
Saturday, July 3: Enjoy the best of country music icon Johnny Cash performed by James Garner and Cash Tribute Band. 5 to 9 p.m. Cost: \$45/person. Enjoy BBQ tri-tip or chicken, roasted red potatoes, salad, garlic bread set back within a beautiful hilltop setting at Naggiar Vineyards and Winery. 18125 Rosemary Lane, Grass Valley. Info: (530) 268-9059, email info@naggiarvineyards.com or visit naggiarvineyards.com.

Soulful Sounds
Friday, July 9: Experience a fantastic night of music with Jill Knight and Blame Sally. A unique collective of four distinct voices and musical backgrounds, Blame Sally has forged a compelling and original sound that has earned the band the well-deserved reputation as "Bay Area phenomenon." The San Francisco Chronicle raved that Blame Sally's music "...recall(s) the artful romanticism of Jane Siberry, the rich folk harmonies of the Indigo Girls, and the percolating soulfulness of Joy of Cooking." \$25. 7:30 to 9:30 p.m. Auburn Placer Performing Arts Center at the State Theatre, 985 Lincoln Way, Auburn. Info: (530) 885-0156, email appac@att.net or visit livefromauburn.com.

Funk-fueled Grooves
July 9 and 10: The award-winning ALBINO! is a San Francisco Bay Area-based 10-piece Afrobeat ensemble that honors the fiery legacy of Afrobeat inventor Fela Kuti by melding tightly crafted arrangements and jazz-tinged harmony with propulsive, high energy grooves that re-acquaint listeners with what it feels like to truly groove, and infuses audiences with an ecstatic energy that pours forth from the stage. The band's wild costumes and painted faces suggest a blend of Sun Ra's interstellar Arkestra or Parliament, part of the reason ALBINO! has become a favorite of the Burning Man community. \$15. All Ages Event. No-Host Bar. 8 p.m. to 1 a.m. Miners Foundry

Cultural Center, 325 Spring St., Nevada City. Info: (530) 265-5040, email info@minersfoundry.org or visit minersfoundry.org.

Blue Fest & BBQ
Saturday, July 10: PCCA presents the Gold Country Blues Fest (formerly the BBQ & Blues). This festival has been one of the regions premier attractions over the past 20 years, and the PCCA is proud to take the lead and expand on this tradition. Proceeds assist the Boys and Girls Club of Auburn, local high school students' scholarships and the continuation of the Sierra College Construction Training and Technology department. Noon to 9:30 p.m. \$35/advance or \$40/gate. Gold Country Fairgrounds, 1273 High St., Auburn. Info: (916) 771-7229, email cherylgibson@goldcountrybluesfest.com or visit goldcountrybluesfest.com.

Tribute to Led Zeppelin Live
Saturday, July 17: A Tribute to Led Zeppelin starring Heartbreaker. The Center for the Arts, 314 West Main St., Grass Valley. 8 p.m. \$25/advance, \$30/at the door. Info: (530) 274-8384 ext. 14, email info@thecenterforthearts.org, or visit thecenterforthearts.org.

Deadbeats in Concert with The Shreds
Saturday, July 31: The Miners Foundry presents The Deadbeats and The Shreds at 8 p.m. The Deadbeats play well-seasoned originals and Grateful Dead covers and are a local favorite. The Shreds are a powerful indie rock trio known for their alternate grunge sound with classic rock influence. All ages event. No-host bar. \$15/general, \$10/students 21 and under. 8 p.m. to midnight. Miners Foundry Cultural Center, 325 Spring St., Nevada City. Info: (530) 265-5040, email info@minersfoundry.org, or visit minersfoundry.org.

Film

Masked Avenger Battles Tyranny
Saturday, July 3: Silver Screen Classic Movies presents The Mark of Zorro, (1940). Villains control Old California, but Tyrone Power's Diego refuses to submit to tyranny, and his outlaw Zorro comes to the rescue while romancing a fair damsel (Linda Darnell). The movie is shown at 1, 4 and 7:30 p.m. in the Beecher Room of the Auburn Library, 350 Nevada St., Auburn. Free. Info: (530) 878-7938 or visit auburnsilverscreen.com.

Friday, July 2

5 p.m. The Bob Woods Trio will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. (530) 470-8443.

9 p.m. Slight of Hand w/ Shot Blast performs at Pistol Pete's, 140 Harrison Ave., Auburn. \$5 cover. (530) 885-5093.

5 p.m. The Soft Bombs, Silver Phial and Moore Brothers will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. \$5 cover. (530) 470-8443.

Saturday, July 3

5 p.m. Richard March will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. (530) 470-8443.

9 p.m. DJ Rick Lopez performs at Pistol Pete's, 140 Harrison Ave., Auburn. \$3 cover. (530) 885-5093.

9 p.m. The Nevada County Regulators will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. \$5 cover. (530) 470-8443.

Sunday, July 4

6 p.m. Blues Jam with Oliver and the Comptones at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. (530) 470-8443.

Friday, July 9

5 p.m. Past Due and Playable will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. (530) 470-8443.

6 p.m. Fur Dixon & Steve Werner at the Evangeline's, 5 Depot St., Colfax. \$10-\$15/advance. (530) 346-8833.

9:45 p.m. Whiskey Tango plays the California Club, plus special guest DJ, 1580 Lincoln Way, Auburn. \$5 cover. Orig. Alt. Rock & Country.

(530) 885-6453.

9 p.m. Johnny Favorite plays at Pistol Pete's, 140 Harrison Ave., Auburn. \$5 cover. (530) 885-5093.

Saturday, July 10

5 p.m. The Country Comfort Band will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. \$5 cover. (530) 470-8443.

9 p.m. Chuck Epperson Band performs at Pistol Pete's, 140 Harrison Ave., Auburn. \$5 cover. (530) 885-5093.

9 p.m. Purple Haze will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. \$5 cover. (530) 470-8443.

9:45 p.m. Political Plum plays the California Club, 1580 Lincoln Way, Auburn. \$3 cover. Orig. Funky Blues. (530) 885-6453.

Friday, July 16

5 p.m. The Bob Woods Trio will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. (530) 470-8443.

9 p.m. Nine Point Five performs at Pistol Pete's, 140 Harrison Ave., Auburn. \$5 cover. (530) 885-5093.

9 p.m. Dead Winter Carpenters will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. \$5 cover. (530) 470-8443.

Saturday, July 17

5 p.m. Urban Cowboys will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. (530) 470-8443.

9 p.m. Never Too Late performs at Pistol Pete's, 140 Harrison Ave., Auburn. \$5 cover. (530) 885-5093.

9 p.m. Whispering Pines will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. \$5 cover. (530) 470-8443.

Friday, July 23

5 p.m. Cousin Cricket will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. (530) 470-8443.

6 p.m. Finally Friday w/ Richard March at the Evangeline's, 5 Depot St., Colfax. \$10-\$15/advance. (530) 346-8833.

9 p.m. Chain Control performs at Pistol Pete's, 140 Harrison Ave., Auburn. \$5 cover. (530) 885-5093.

9 p.m. Dub Knights and Guests will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. \$5 cover. (530) 470-8443.

Saturday, July 24

9 p.m. Plex performs at Pistol Pete's, 140 Harrison Ave., Auburn. \$5 cover. (530) 885-5093.

9 p.m. Loose Change will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. \$5 cover. (530) 470-8443.

Friday, July 30

5 p.m. The Bob Woods Trio will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. (530) 470-8443.

9 p.m. Crazy Harris Band performs at Pistol Pete's, 140 Harrison Ave., Auburn. \$5 cover. (530) 885-5093.

9 p.m. Blues Box Bayou Band will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. \$5 cover. (530) 470-8443.

Saturday, July 31

9 p.m. Xstatic performs at Pistol Pete's, 140 Harrison Ave., Auburn. \$5 cover. (530) 885-5093.

9 p.m. The Crazy Horse Final Goodbye Potluck and Jam Session will play at the Chief Crazy Horse Inn, 230 Commercial St., Nevada City. (530) 470-8443.

Local Events Calendar

Colfax Independence Day Celebration

July 3 - Join Colfax in celebrating our nation's independence with an Independence Day parade, kiddie's parade, dachshund races, vendor booths, fireworks, fun for the kids and many bands playing all day and into the evening. 10 a.m. to 10 p.m. Free. Main Street Historic Downtown Colfax at Main St. and Grass Valley St., Info: (530) 320-9305, shannon@placermailing.com or visit colfaxprideinc.org.

Foothill Farmers Market

July 3, 10, 17, 24 & 31 - Year-round Farmers Market featuring California certified farm-fresh fruits, vegetables, flowers, nuts, honey, eggs, nursery

stock. Courthouse Parking Lot, Auburn Folsom Rd. at Lincoln Way in Auburn. 8 a.m. to noon. Info: info@foothillfarmersmarket.com or visit foothillfarmermarket.com.

Nevada City Contra Dance

July 3 - Dance to live music by Hot Cider in the charming old Nevada City Oddfellows Hall. Contra dancing is an easy-to-learn community-style dance rooted in the New England folk tradition—a great way to exercise, meet people, and have fun in a friendly atmosphere. No partner necessary, all dances taught, beginners welcome. The Nevada City Dance happens the first Saturday of every month, except November. Every dance is preceded by a newcomers' workshop at 7:30

p.m. at Nevada City Oddfellows Hall, 212 Spring St., Nevada City. 8 to 11 p.m. \$8 (\$7/members). Info: (530) 273-3934, email info@foothilldancers.org or visit foothilldancers.org.

Fourth of July Celebration & Parade

July 4 - A colorful, classic hometown Fourth of July parade through historic downtown Nevada City will start at 11 a.m. on the Fourth at the top of Broad Street. More than 100 entries and several thousand spectators are expected. Free. Historic Downtown Nevada City. Info: (530) 273-4667, email info@nevadacitychamber.com or visit nevadacitychamber.com.

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Special Guest - Guy Davis • 9 Time WC Handy Award Nominee

2 Stages of Featured and Local Artists



Walter Trout



Guy Davis

**See the next issue of
Placer Sentinel
for more Program Details!**

By Cheryl Gibson

To kick off center stage the Gold Country Blues Fest will feature "The Soul of the Gypsy Tour". A show that has never been presented on any stage, this review will be a journey back to the Bill Graham jam-band days. With 70's phenom band Cold Blood as the core group the show will star Lydia Pense (Cold Blood), Annie Sampson (Stoneground, Elvin Bishop, HAIR), Dana Moret (Stoneground Revival, Mick Martin's Blues Rockers, Mr. December) and Lara Price (Mighty Mike Schermer, Terry Hiatt). This will be a unique blend of originals and some good old 70's rock and roll favorites. This will be the first time Pense and Sampson will be on stage together in 25 years.

As the son of Ossie Davis and Ruby Dee, the second act, Guy Davis, has dedicated himself to reviving the traditions of acoustic blues and bringing them to as many ears as possible through the material of the great blues masters, African American stories, and his own original songs. A nine-time WC Handy award nominee, Davis has most recently closed curtain as lead in the Broadway musical revival "Finians Rainbow" sending him back out on the road to continue his own root's blues act. This performance will mark his rare return to California for this once in a lifetime performance.

Headlining the main stage is world renowned guitar player, Walter Trout, rated number 6 on the BBC's greatest guitar player

of all time poll. Over his career Trout has been an ace sideman to many impressive blues-rock acts such as John Lee Hooker, John Mayall, Big Mama Thornton and Canned Heat. Is Trout's music too blues for rock - or too rock for blues? To label Walter Trout's music is to limit it. With more than 35 years of touring and recording under his belt, this New Jersey native has been "loved and hated, accused and vindicated, packaged and presented for everyone to see," as his brand new, autobiographical song 'Welcome To The Human Race' details.

Due to his heavy tour schedule overseas, this will be Trout's ONLY performance in California and the west coast for 2010.



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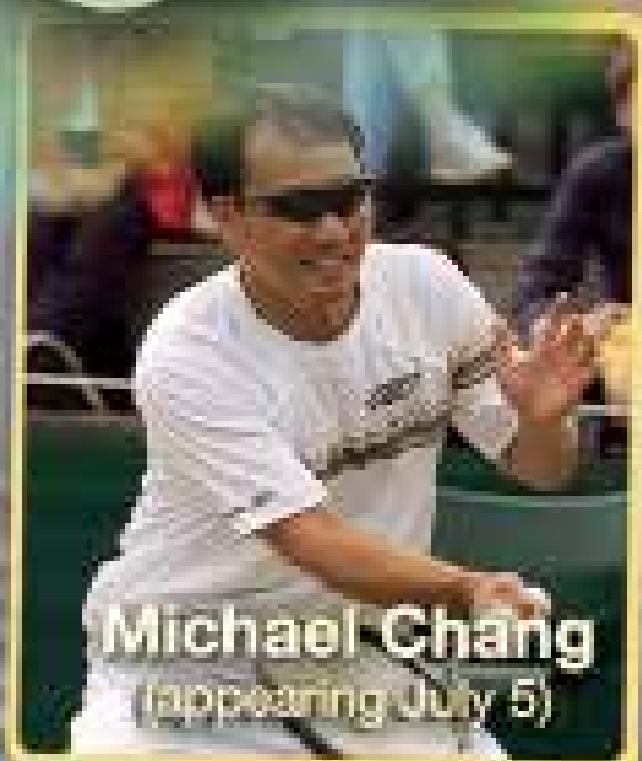
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Lindsey Davenport
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