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# Grapevine Independent

VOLUME 57 • ISSUE 38 PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY SINCE 1968 SEPTEMBER 22, 2023

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## CRPD Celebrates 65 Years!



Cordova Recreation & Park District (CRPD) threw a party celebrating its 65 years of service with community members, supporters and partners at the new Cordova Community Pool. Photo by Rick Sloan

**By Shelby Golden, CRPD**

**RANCHO CORDOVA, CA (MPG)** - On September 8, 2023, Cordova Recreation & Park District (CRPD) celebrated 65 years of service to the community!

Community members, supporters and partners gathered at the Cordova Community Pool to enjoy the celebration which featured speeches, music, appetizers and drinks, a photo booth and more! Following the initial

celebration, the Cordova Community Pool was opened for a Free Family Swim night to keep the party going.

Throughout the event, participants reflected on the history and growth of CRPD. Established in 1958, CRPD started with 3 parks: Hagan Community Park (which was originally called Rancho Cordova Park), Federspiel Park and Ahlstrom Park. Over the years new parks were developed and new partnerships were formed. Today, CRPD currently

operates over 44 parks and facilities, provides quality recreation programs, parks and services for our diverse and growing District. CRPD also hosts dozens of events throughout the year and provides athletic, educational and creative outlets for children and adults of all ages.

CRPD was honored to receive resolutions and proclamations in recognition of 65 years of service from CA State Senator Roger Niello.

*Continued on page 3*

## Sacramento Blankets for Kids Readies for Holiday Giveaway



Kids love Beanie Babies, so SBSK is asking for donations of new or "almost new" Beanie Babies as well as Joann's fleece blanket kits (48 x 60). Photo courtesy of SBSK

**By Claire Gliddon, SBSK**

**SACRAMENTO REGION, CA (MPG)** - Every September, Sacramento Blankets for Kids (SBSK) picks as many of the lowest-income elementary schools they can and finds out how many kindergarteners they have. Then volunteers make double fleece blankets (about 40" x 60") for ALL of them, and a little fleece pouch with a Beanie Baby in it to go with each blanket.

Through this act of generosity, SBSK gives these blankets to children as gifts right before Christmas break. Some of these kids live in their cars or in places without heat! And this is ALL they get for Christmas. It is wildly popular with the teachers and the kids! Spread the word, too!

SBSK has been doing this for 10 years and we hope to continue doing it, as long as they can get Beanie Babies. In 2022, SBSK gave out over 2,200 blankets and Beanie Babies in their Kindergarten Project! SBSK is always looking for new volunteers to make blankets all year round for children in need. SBSK is asking for donations of Joann's fleece blanket kits (48 x 60) all year long. SBSK is asking for donations of new or "almost new" Beanie Babies all year long.

If you'd like more information about SBSK, please go to [www.sacblankets4kids.com](http://www.sacblankets4kids.com) and sign in! No pressure, no timelines, no meetings...just people who enjoy crocheting, knitting, quilting, sewing, making no-sew blankets and helping a whole lot of children at the same time.

SBSK is a nonprofit organization that serves children in need from infants to 18-year-olds. They do this all year long! But the Kindergarten Project is their "special" project of the year. ★

## Airshow Soars to New Heights



Watch the performance of the FA-18 E/F Super Hornet, a latest version of the F-18, displaying its spectrum of air superiority maneuvers. Photo courtesy of California Capital Airshow

### California Capital Airshow News Release

**MATHER, CA (MPG)** - The 17th annual California Capital Airshow, presented by Sacramento County in partnership with the City of Rancho Cordova, returns on September 23-24, 2023, at Mather Airport in Sacramento. The two-day event will feature performances from some of the world's most thrilling aircraft, featuring the

renowned United States Air Force Thunderbirds jet demonstration team, and attendees will have the opportunity to explore 171 miles of aircraft displays and exhibits on the ground.

Gates to this massive aviation festival are open from 9 a.m. to 5 p.m. each day with flying performances from 12-4 p.m. Exciting performances will include the US Air Force A-10 Thunderbolt II Demonstration Team,

the return of the US Air Force C-17 Globemaster Demonstration, US Navy F-18 Super Hornet, and an awe-inspiring lineup of world-class civilian aerobatic performers, including a selection of vintage World War II aircraft.

"The Airshow will offer an incredible lineup of aircraft and performers from all over the world," said Darcy Brewer, Executive Director of California Capital Airshow. "Our

team works all year long to put on an event that the community will love, and we've added even more exhibits and experiences for attendees to enjoy this year."

In partnership with the Rancho Cordova Barrel District, the Airshow is debuting "The Hangar" Chalet, a ticketed area within the Airshow where attendees will receive a commemorative tasting

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# Big Red Lancers Light Up the Scoreboard!

Story and photos by Rick Sloan

## RANCHO CORDOVA, CA (MPG)

Cordova's offense was on fire last Friday night as the Lancers found the end zone 7 times under the lights at Lancer Stadium. Much to the delight of the many spectators, the Lancer offense looked a lot like the Cordova Lancers of the past putting big numbers up and down the field against the visiting Rio Vista Rams. Three of the touchdowns were by air and the other four on the ground.

The Lancers' three quarterbacks averaged 48% in the pass reception category as they combined for 244 yards with 13 catches in 27 attempts. Senior Jayden Ryce led the way with 11 catches for 184 yards in 19 attempts. That's a 58% average with 16.7 yards per pass. Two of Jayden's passes went for touchdowns. The other two quarterbacks had one reception each. They were junior Tristan Smith for 33 yards and Donnavon Schiffner for 27 yards. Schiffner's lone pass was a touchdown pass to Ryce in the second quarter. Schiffner also had 6 solo tackles on defense.

In the rushing category the Cordova Lancers compiled 233 total yards between 5 different rushers for an average of 6.3 yards per carry. Once again it was Ryce leading the pack with 110 yards rushing in 13 carries and two touchdowns. Just behind Ryce was Elijah Wallace with 61 yards in 13 carries and one touchdown. Cordova's powerful running senior Jabari Davis had 32 yards in 7 carries for one touchdown and also had a successful two-point conversion run. The other two Big Red rushers were senior Aleksey Medvedev with 20 yards in 3 carries and Donnavon Schiffner with 10 yards in one carry.

In the pass reception category, Cordova receivers were led by sophomore Damajae Moses with three catches for 85 yards averaging 28.3 yards per catch. Two other Cordova receivers also had 3 receptions each. Senior Ruvim Kravchuk had 3 catches for 73 yards which is an average of 24.3 yards per catch and senior Michael Brown with 45 yards averaging 15 yards per catch. Brown and Moses also had one pass reception each that were caught in the end zone for touchdowns. Brown and Moses also had 5 solo tackles each on defense. Brown was at the defensive's end position and Moses was playing free safety. Brown also got credit for sacking the Rio Vista quarterback resulting in a 7-yard loss.

After stopping the Rams on their very first possession, the Lancers successfully drove the ball down the field resulting in a one-yard touchdown plunge by Wallace. Unfortunately, the Lancer's lead was short lived, as Rio Vista scored four times before the Lancers were able to find the end zone again. Cordova seemed to be playing



Jabari Davis builds up steam as he heads downfield.



Jr. Donnavon Schiffner throws pass against Rio Vista.



Sophomore Damajae Moses makes a spectacular catch in the end zone.

Once again, the Lancer defense struggled most of the night finding it hard to stop Rio Vista's passing and running attack. Rio Vista ran a quick snap offensive attack which had the Lancer's on their heels most of the contest. But the play that plagued the Lancers most of the night was the screen pass. The Lancers were fooled several times and that enabled the Rams to continue their drives when it looked as though the Lancers might take over on downs.

Cordova did have several players that gave it their all on defense. Some of the leading defensive players were Junior Armani Curtis, sophomore Anthony Gomez, senior Diego Cisneros, senior Joseph Huckabay, senior Nezziah Pool-alston and sophomore Julian Drahn.

Head Coach JP Doliver said, "We're heading in the right direction offensively but need to turn up the defense. It's all about "US" as a team. The 5 non-league games we play, win or lose, are preparing us for league competition. That's where it counts." Defensive Coach Mervin Brookins said, "We need to become a "WE" team. We need to work together as a unit. We need to understand our vulnerabilities and make them our strengths."

With one more non-league game to play against Highlands at home on September 22th, the Lancers will start league play on September 29th at Foothill High School. The last two home games of the season will be on October 20th (Homecoming) against Natomas and October 27th (Senior Night) against Johnson. Come on out and cheer your Big Red Lancers on to victory. ★

catch up for the rest of the second half only to end up on was Cordova 46 and Rio Vista night coming close later in the the short end. The final score 62.

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# CRPD Celebrates 65 Years!

# Clark Announces Bid for Re-election

By Chris Clark



Chris Clark, FCUSD Board Member. Courtesy photo

Continuing the legacy of servant leadership, it is my honor and privilege to announce my bid for re-election to the Folsom Cordova School Board in 2024. As so many of you already know, it has been my honor to serve your students and the many families of our Folsom Cordova Unified School District community over the past seven years as your School Board Member and past President. I have been humbled and blessed to be entrusted by the voters in 2016 and 2020 to serve this amazing District during the good times and bad times. I am proud to have built great relationships with so many different stakeholders, coming from so many diverse backgrounds and perspectives, such as state and local community leaders, district and school administrators, classified staff, teachers, parents, and most importantly, all of our students.

I have truly enjoyed my role as your representative – listening to your concerns and communicating them to the Board for further action; attending your school and community events to meet you where you are instead of hoping you will come to me with your experiences and concerns; supporting our families with a constant voice in Board meetings and donating to your school fundraisers; and representing our FCUSD community in so many other ways – especially in my favorite role of visiting all of our district schools at least three times a year to walk in your student's shoes; see what they see; hear what they hear; answer their questions directly; and carry their messages and experiences back to the Board members.

They are what drive me to decide that one more year just is not enough time to complete the important work that we have begun.

Serving others by stepping into leadership roles is not new for me. My service to our school community grew from grassroots experience. I started as your President of the Cordova High PTSA, for which I served two years, and learned the power working together to make a difference had on our students' daily lives. From those humble beginnings, I ran for a seat on the FCUSD Board. During my seven-year tenure on the Board of the Education, I have actively served in many roles, including that of President, Vice President, and Clerk. I continue to actively represent the experiences and concerns of our District through my work as a Board Member of the California School Board Association. In 2018, I completed my Master's in Governance program through the California School Board Association and can apply that training to effectively represent the needs and experiences of our stakeholders at the state level.

I have always been and will remain very active in both the Rancho Cordova and the Folsom communities. It is a privilege to call so many of you colleagues and friends. I am a graduate of Leadership Rancho Cordova Class VII, and in

my home city of Rancho Cordova, I have served as a Chamber Ambassador Chair, and on the Chamber Board of Directors. As a former Resource Development Manager with the Folsom Cordova Community Partnership for 10 years, and now a Program Manager of Youth and Social Justice for the Greater Sacramento Urban League serving students in the Sacramento and Rancho Cordova area, I continue my legacy of servant leadership to make a difference to improve our community and our daily lives.

This decision wasn't hard for me. After many conversations with my beautiful wife Jean and my close friends and family, I realized how much I have learned over the last seven years, and how close we are to really seeing the benefit of all the hard work we have done. With the right leadership, we will have a new \$200 million plus High School built in Rancho Cordova; we will introduce new partnerships and programs that offer more STEM and STEAM learning experiences in the classroom and accelerated pathways to college for Folsom and Rancho Cordova students; we will create a climate that entices teachers to call FCUSD home; and most importantly, you and your students will continue to have a voice in the Boardroom and on the Board – my voice.

Therefore, I am announcing my bid for re-election to the Folsom Cordova Unified School District area #4 in 2024. The decision came down to the continuance of advocating for our students not only in Rancho Cordova and Folsom, but students in the public education system across the State of California. ★



CRPD board and manager receive a Resolution from Sacramento County Supervisor Pat Hume. From left: Patrick Larkin, CPRP General Manager; Brian Danzl, 2023 Vice-Chairperson; Michael Yearwood, 2023 Chairperson, Supervisor Pat Hume, Daniel Langan CRPD Board Member, and Rick Sloan, 2023 Secretary. Photo courtesy of CRPD



Cordova Recreation & Park District Board of Directors, staff and community members celebrate CRPD's 65 years of service to the community. Photo courtesy of CRPD



A photo booth was made available for those who wanted to take home a personal souvenir of the 65 year anniversary. Photo courtesy of CRPD



Mrs. Rancho Cordova Torreyanna Tripette makes an appearance during the 65th year anniversary celebration. Photo courtesy of CRPD

Continued from page 1

Assemblyman Josh Hoover, Congressman Ami Bera, City of Rancho Cordova Mayor Linda Budge and Rancho Cordova Chamber of Commerce President and CEO Diann Rogers.

CRPD is grateful for the donors for this event including Bristol Hospice Sacramento, Beach Hut Deli Cordova Golf Course, Dust Bowl Brewing Company, Christopher Cellars, Rancho Victoria Vineyard and Boeger Winery.

CRPD looks forward to serving the

community for many years to come!

For more information on CRPD and our story, visit [www.crpdc.com/65th/](http://www.crpdc.com/65th/).

Cordova Recreation & Park District is one of the largest independent special districts in Northern California serving over 128,00 residents and four school districts in the greater Sacramento area. CRPD provides over 44 parks and recreation facilities, a full-service 18-hole golf course, as well as youth & adult sports, camps, enrichment classes, education programs and special events for the community. ★

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# Compromise Settles Dispute Over Status Of Franchises In Fast Food Industry



By Dan Walters, CALMatters.org

In some ways, the most interesting — and perhaps most significant — event of the 2023 legislative session's closing days was a compromise agreement on state oversight of the fast food industry.

Last year, unions pushed through legislation that would have created a new state commission to set wages and working conditions in the industry.

Inferentially, the legislation set aside the industry's franchise system and treated local outlets of as merely branches of their corporate franchisors.

While the wage increases that would have resulted garnered most of the media attention, erosion of the franchise model was most worrisome aspect to the fast-food corporations and their franchisees.

Immediately, big guns in the industry pledged tens of millions of dollars for a campaign to challenge the legislation via a referendum that qualified to go before voters in 2024.

The Legislature's response was entertaining another bill that would have doubled down on attacking the franchise model by making corporate franchisors legally responsible for labor law violations in their franchisees' fast-food outlets.

With the outcome of the referendum election in doubt, the long-warring factions began negotiating and last week a bargain was struck.

The 2022 legislation would be repealed, the 2023 legislation would be scuttled and a substitute for both would retain the fast-food council, but alter its membership slightly, limit its authority to set wages and working conditions, provide a new \$20 per hour minimum wage for fast food workers, prohibit local efforts to affect wages, and remove threats to the franchise model.

Like all legislative compromises, this one, written into Assembly Bill 1228, had something for everyone but didn't give every stakeholder everything it wanted.

"For the last decade, fast-food cooks, cashiers and baristas in California have been sounding the alarm on the poverty pay and unsafe working conditions plaguing our industry," Ingrid Vilorio, a fast-food union leader, said in a statement. "We have always known that to solve these problems, we need a seat at the table with our employers and the power to help shape better rules across our industry."

"It provides meaningful wage increases for workers, while at the same time eliminates more significant — and potentially existential — threats, costs, and regulatory burdens targeting local restaurants in California," International Franchise Association CEO Matt Haller said in a statement.

Haller's statement hints that on balance, it appears that given the

circumstances, the fast-food industry's big players, such as McDonald's, came out ahead, although their franchisees will feel whatever financial pinch ensues.

The \$20 minimum wage is only slightly over what, on average, fast food workers are being paid now, the industry having boosted wages sharply in the last few years in an effort to fully staff the outlets. Current California fast food wages average \$19 an hour.

More significantly, the agreement protects the franchise system's assumption that the operators of fast-food outlets are independent businesspersons who invest their money and are fundamentally responsible for hiring, training, paying and sometimes firing their workers.

Had state regulation of fast-food wages and working conditions survived as originally proposed, with franchisees indirectly considered to be merely branch managers rather than entrepreneurs, it could have undermined franchising in other consumer industries.

Union leaders much prefer to deal with large scale sectors rather than individual employers in both organizing workers and negotiating contracts. The recently ratified labor contract affecting every West Coast port is an example of sector-wide negotiations, as is the current standoff over a new auto industry contract.

Cracking the fast-food franchise system would have been a big step in that direction.

*Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers. ★*

# Medicare's Annual Election Period Fast Approaching

By Tim Coughlin



Medicare's Annual Election Period, ("AEP") for Part D Prescription Drug Plans and Medicare Advantage plans runs from October 15th until December 7th. During AEP eligible Medicare enrollees can join or change a Medicare Advantage (Part C) or Part D drug plan. Enrollees can also "disenroll" from a Medicare Advantage plan and return to Original Medicare (Parts A/B) and join a drug plan.

ment being the plan that will go into effect on January 1st. This allows for you to change your mind during the Enrollment Period.

## Disenrollment / Medicare Supplements

AEP is also a time when you can "disenroll" from a Medicare Advantage plan and return to Original Medicare (Parts A/B) and join a Part D drug plan.

If you're also intending to enroll in a Medicare Supplement (aka Medigap) plan when returning to Original Medicare during AEP, keep in mind that enrollment in a Medicare Supplement may not be guaranteed. You may have to answer health questions to enroll in a Medicare Supplement outside of limited guaranteed issue periods. An experienced insurance agent can be valuable if you're wanting to leave your Medicare Advantage plan and get a Medicare Supplement. Failing to do things properly and in the right sequence can end up creating a deficit in your medical coverage. The services of an independent agent are free to consumers.

## A Word on Medicare Commercials

During AEP the airways are flooded with commercials pitching Medicare Advantage plans and all the free benefits you're missing out on. These commercials often tout benefits that are only offered in specific areas or to select segments of Medicare enrollees. They entice you to call and once you call they'll try to enroll you in a plan quickly over the phone. Exercise caution if you call one these large call centers.

Being proactive about your Medicare coverage during the Annual Election Period can go a long way to helping you avoid coverage issues and to feel confident in your coverage selections for 2024.

*Tim Coughlin is an award-winning independent insurance agent specializing in health and Medicare insurance for over 35 years in Gold River. He can be reached at (916) 346-4417 or by email: tim@summitindins.com.*

"We do not offer every plan available in your area. Currently, we represent 9 organizations which offer 52 products in your area. Please contact Medicare.gov, 1-800-Medicare, or your local State Health Insurance Program (SHIP) to get information on all of your options."

This is a paid advertorial

(LIC # 0669552)

Here is a timeline to assist you in navigating this important Enrollment Period and to help you avoid coverage surprises:

### September

Your current Medicare Part D drug plan or Medicare Advantage plan is required to send you an Annual Notice of Change ("ANOC") notice. It's important that you read this notice as it contains important information about changes to your plan for the 2024 Plan Year. The "ANOC" notice will advise you if the plan premium is changing or if there are changes to the drug formulary, provider network and/or plan benefits. It can be a mistake to assume the plan you have this year will remain the same next year. Take the time to review your "ANOC" notice!

### October 1st

Sometimes referred to as the "marketing" period or "shopping" period, October 1st is when the 2024 Plan Year information is released and companies can begin marketing Medicare's Annual Election Period Fast Approaching plans. This is a good time to review options for your prescription drug or Medicare Advantage coverage for 2024. Since plans can and do change, it's a good idea to confirm that your current plan continues to cover your prescriptions well and to meet your needs for the upcoming year.

### October 15th Until December 7th

This is when you can actually submit an enrollment if you want to enroll in a plan or to change plans for 2024. December 7th is a hard deadline. Your ability to change Part D Prescription Drug Plans after December 7th may be non-existent or extremely limited.

Every year we have people call us that miss the December 7th deadline and end up stuck on a Part D plan that has increased their premium or that doesn't cover their prescriptions well.

### Last Valid Enrollment

During AEP it is possible to submit multiple enrollments with the final enrollment.



# Dave Ramsey Says



Be Workers and Givers

Dear Dave,  
My wife and I have been very fortunate in our careers. We both have six-figure incomes, and as a result we have a little over \$2 million in savings and investments. With this in mind, do you have any advice on how to make sure your kids aren't spoiled as they grow up in a family that's doing well financially?

— Gary

Dear Gary,

First, don't spoil them! Teach them to work, and teach them to be givers. Oh, and gently remind them every so often that it's you and your wife who are wealthy—not them. Yeah, I know. This probably sounds mean to some folks, but I'm talking about simply explaining to them how

you and their mom have worked hard, been smart with your money, and that's why you're in the position you're in.

We taught all our kids, from a very young age, just how important it is to work. Work equals money. When you do that, and kids see it in their parents' attitudes and actions, it makes a big impression. With little kids, it can start with simple things like cleaning up their rooms or clearing the table after dinner. And it should carry over into their teenage years, as well. Every able-bodied child should be working and earning money, whether it's their own entrepreneurial idea, at a fast food joint or babysitting.

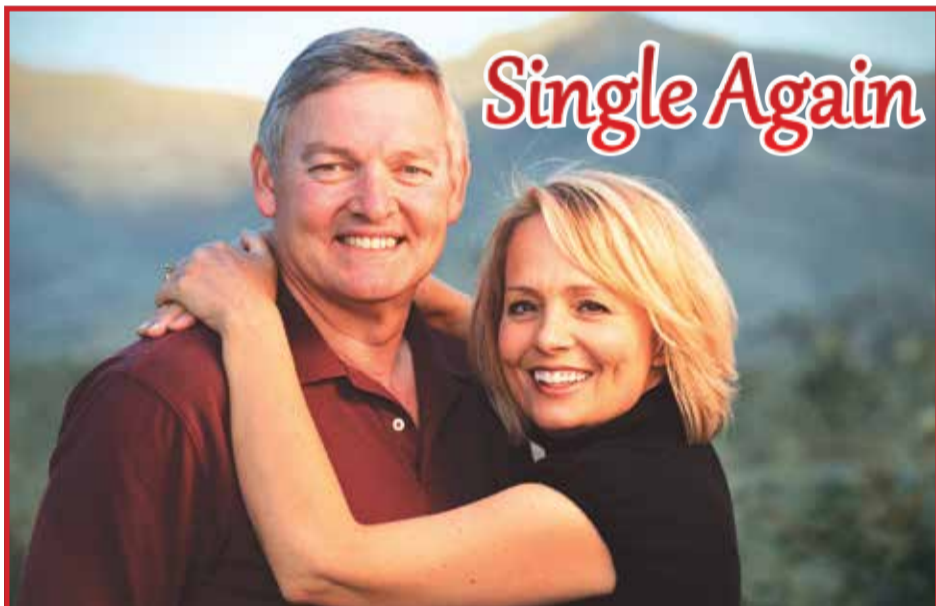
Another thing we did was based in our faith. As Christians, we taught our kids that we don't really own anything. It all belongs to God, and one of our jobs is to wisely manage the things He entrusts to us. The first rule is to take care of your own household—the important stuff. After that, it's okay to have some

nice things, but it's not all about fun. It's also about thoughtful giving and being generous.

As a parent, your job isn't to be a buddy to your kids. It's not to give them every little thing they want, and make sure they're running around carefree and playing every hour of the day. Your job is to teach them about the important things in life, and over time, mold them into mature, responsible human beings who can survive—and succeed—in the real world.

— Dave

*Dave Ramsey is an eight-time national best-selling author, personal finance expert and host of "The Ramsey Show." He has appeared on "Good Morning America," "CBS This Morning," "Today," "Fox News," "CNN," "Fox Business" and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for the company Ramsey Solutions. ★*



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## And Another Thing

*There are still quite a few people who like to hold a newspaper in their hands*

By Bob McGarvey

Thinking about the past, the front page of the Grapevine Independent newspaper had a headline which said that it was the last issue of the paper. We are fortunate that Rancho Cordova is still among the communities or cities that still have their own local newspaper. I realize that quite a few people today look for information on line not in a newspaper. There are still quite a few people who like to hold a newspaper in their hands, so I want to thank Paul V. Scholl for printing our Grapevine Independent.

The Cordova Community Luncheon on September 15, 2023, had Folsom Cordova School Unified School District Superintendent Dr. Sarah Koligian as the speaker. She guided the district through the pandemic. Anyone who had children of their own or grandchildren had to see all of them going through school at home. She is leading the district through the study of consideration of splitting the school district between Folsom and Rancho Cordova. That and many other items were covered, and I am glad she was able to talk to the many people who were there.

I was hoping that we would have the ceremonies for Veterans Day like we had in the past, but it won't happen this year. There will be flags along the streets in Rancho to honor our Veterans, and as was mentioned in the Grapevine, there will be a blood drive in front of City Hall on Veterans Day. I am making sure that the ceremonies for Memorial Day and for Veterans Day next year will take place.

I was able to start those ceremonies in 2006, and there is no reason they can't continue next year.

Something that is going to happen at our next City Council Meeting will be the creation of boundaries of districts in our city. Those district boundaries are supposed to be decided according to the letter our city received from the attorneys. What the boundaries will be are going to be liked by some, but not by all. The vast majority of the people I have spoken to wish our city could continue with what we have been doing for the last 20 years. We will all see the districts soon.

Well, I am glad that we were able to take a little vacation last week. Sorry about missing my column last week, but our vacation at Clear Lake State Park helped us relax for a few days. We read for a while, then went fishing, and then spent most of that fishing time relaxed again. My wife caught one fish (catfish), and I caught one carp. Her fish was about 30 inches long and weighed about 15 pounds. It gave a very good fight before she could bring it in. When we were done fishing, there was a place to clean her fish, and then we brought it home and put it in our freezer.

I don't know how long my carp was or how much it weighed. It gave a good fight to get it in, and then I took a picture of it and threw it back in the lake. Someone may have a different recipe, but I only have one recipe for a carp. You put it on a board, cut it up, season it, then throw the fish away and eat the board.

*From Bob McGarvey, God bless, and see you next time.* ★

# Don't Judge My Books by Their Cover

If I ever come to your house, I'll likely take a sideways glance at your bookshelves.

I don't mean to be judgmental, just curious about what kind of books you read.

For instance, do you like the formulaic writings of Sue Grafton or are you up for the challenge of Fredrik Backman. Do you like romance or adventure? I go more for intrigue. Romance books send my eyes into barrel rolls.

Today, I offer you a look at my shelves in this annual column of the books I've read. As you'll see, I don't read a lot of religious books. So please, no judgment.

However, I do want to comment on one book from the religion section. Last June I mentioned reading Peter Enns's book, "The Sin of Certainty: Why God Desires Our Trust More than Our 'Correct' Beliefs."

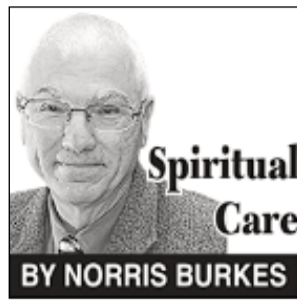
Enns demonstrates that the Bible contains 150 Psalms that are basically of three types: 1. Everything is fine. 2. Nothing is fine, but I still love you, God.

Enns focuses on the third type, which he paraphrases as, "Things are terribly wrong, I am at the end of my rope, and to make things worse, Oh Lord, you're nowhere to be found" (Psalm 88).

In a very relatable way, Enns makes it OK to doubt God and still be a faith survivor. The book's pressing point says, "Real faith requires trusting God rather than having correct views about God."

I used the book to launch a sermon in my new church this summer proclaiming that our church would remain "A Safe Place to Explore Faith."

A long way from piety books, one I made myself read was "Nine Nasty Words: English in the Gutter: Then, Now, and



BY NORRIS BURKES

Forever." The author, John McWhorter, is an associate professor of linguistics at Columbia University. His specialty is creole languages, sociolects and Black English.

McWhorter's background should help you understand why this writer/chaplain wanted to read the book. As you might suspect, I'm sometimes intimidated by cuss words. I'm not offended, mind you. With 28 years in the military, I'm not prudish.

McWhorter helped me unpack the power they sometimes have over me by tracing each word to their original use and meaning. He suggests that the words may just be "nine nasty ways of being human."

But my new favorite author spends a lot of time on the NY Times Bestseller list.

My wife, Becky, said it's been years since she watched me consume a book the way I did David Grann's most recent title, "The Wager: A Tale of Shipwreck, Mutiny and Murder."

It's the story of a British vessel that left England in 1740 on a secret mission during an imperial war with Spain.

The Amazon description speaks without exaggeration, saying, "It's a page-turning story of shipwreck, survival, and savagery, culminating in a court martial that reveals a shocking truth." Time Magazine was spot on, calling it "Riveting...Reads like a thriller."

I also read Grann's

"Killers of the Flower Moon: The Osage Murders and the Birth of the FBI." The book and upcoming movie portray the brutal murders of an Osage family to gain control of their oil-rich Oklahoma land.

Finally, I hope you'll read "The Lost City of the Monkey God: A True Story," by Douglas Presto. The book depicts the search for a lost Honduran city containing a pyramid with a giant monkey-god statue.

It's "required reading" if you want to join me on our next volunteer trip to help Chispa Project establish more libraries in Honduran elementary schools. <https://www.chispaproject.org/volunteertrip>

Now, if you must read romance novels, please check out DavayInn Spencer's books. She has edited this column for 15 years and is obviously a great judge of award-winning writing.

But if you're interested in a light, sometimes tearful story, read one of my books. They are compilations of the columns I've written since 2001. Find them on my website at [www.thechaplain.net](http://www.thechaplain.net) or drop me an email and I'll send you the details.

When you write, please share your latest reads. I promise I won't judge you for your choices.

Consider joining my email list to receive a weekly email version of this column. You can request it by email [comment@thechaplain.net](mailto:comment@thechaplain.net) or voicemail 843-608-9715 or sign up on my website at <https://thechaplain.net/newsletter>

Column excerpted from my book, "Thriving Beyond Surviving." Copies can be ordered on my website at [www.thechaplain.net](http://www.thechaplain.net), or by sending \$20 to 10566 Combie Road, Suite 6643, Auburn, CA 95602. ★

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# Nation's Finest Educational Program to Help Veterans in Need

## Nation's Finest News Release

**SACRAMENTO, CA (MPG)** - Veterans' advocates and community leaders joined together at the California State Capitol on September 12, 2023, to launch a 3-month campaign by Nation's Finest to raise awareness about programs and services to help Veterans in need.

Coinciding with National Suicide Prevention Month, the community outreach program aims to shine a light on the alarming statistics impacting Veterans – from mental health and high suicide rates to homelessness and unemployment -- and help connect Veterans and their families to resources that honor their service and ensure their care and success.

"The suicide rate among Veterans remains high, with approximately 17 Veterans committing suicide each day, and on any given night, over 40,000 Veterans don't have a place to call home in our country," said Chris Johnson, President & CEO, Nation's Finest. "As a nation, we can and should do better to honor those who have sacrificed and served, which is why we are launching this program to raise greater awareness and help connect Veterans to the help and services they need."

Through Veteran's Day, Nation's Finest will host a series of community awareness events in California, Arizona, and Nevada, that bring together community leaders, Veterans' advocates, and community partners to ensure Veterans and their families have access to services, programs, and



Honoree Don Harper (left) and Sacramento City Mayor Darrell Steinberg study this veteran's storyboard on display at the State Capitol in Sacramento. Photo by Tracy Atkins/Nation's Finest

the care available to them. Each event will feature a Nation's Finest mobile service unit staffed by trained professionals to assist Veterans, as well as community partner booths to provide educational information about available services. On display will be a powerful storytelling exhibition honoring Veteran heroes for making a difference in the lives of Veterans. At each event, Nation's Finest will present special awards to local Veterans who have gone above the call of duty to help Veterans and their families in their local communities.

During a ceremony on the west steps of the Capitol, seven local Veteran heroes from Northern California were honored for their service. Sacramento Mayor Darrell Steinberg joined Nation's Finest to present special medallions to them for their work. A special storytelling exhibition featured their stories and that of other Veteran heroes, which

will also be on display through September 30th in the window fronts of the historic Weinstocks Building in downtown Sacramento located at 1130 K Street.

"These local heroes exemplify the spirit of our community and continue to answer the call of duty in helping those who have served access mental and behavioral health care, including housing stability, employment and suicide prevention services," said Mayor Steinberg. "I applaud the efforts of Nation's Finest in launching this important program and so many other Veteran organizations, community partners, and advocates, who work tirelessly to ensure our Veterans can get the care they need and deserve."

Sacramento area recipients of the Nation's Finest 50 Local Heroes Award include Gail Belmont, Don Harper, Kia Phillips, Steve Reed, Preston Sharp, Julie Baumgarten, and Michael Harris.

Their personal stories, along with all the Nation's Finest awardees, are featured in the exhibition and on the Nation's Finest website at [www.NationsFinest.org](http://www.NationsFinest.org), along with information about the Community Outreach Program.

Harris, a U.S. Army Veteran and Sacramento native credits the work of Nation's Finest and the support he received at Mather Veterans Village for helping change his life during vulnerable times, saying, "It was a life-changing experience to be so humbled to have to ask for help with you are vulnerable and broke. They helped lift me up and gave me a chance." Today, Michael helps other Veterans, particularly those facing homelessness. He is also Chair of the California Black Agriculture Working Group, where he is dedicated to bringing equity to Black agricultural producers.

The Nation's Finest Community Outreach Program is funded

through the support of many community partners, including Verizon (presenting partner), U.S. Veterans Affairs, Safeway, the Land of the Free Foundation, Comcast, Turton Commercial Real Estate, Enterprise Community Partners, and the Charles M. Shulz Museum, among others.

"Verizon is honored to join together with so many community partners in supporting Nation's Finest and their mission help Veterans in need," said Sophia Garcia, Director, External Affairs & Local Engagement at Verizon. "Verizon is committed to helping Veterans and their families with access to smart technologies that improve connectivity to the programs, services, and care available to them. It's through community partnerships like this that we can work together to make a difference."

This year marks 50 years since Nation's Finest was founded to support Veterans returning from the Vietnam War by providing critical housing, health, and employment support to ensure Veterans reach their full potential. During the past five decades, the programs and impact of Nation's Finest has continued to grow, having served 150,000+ veterans and providing \$275 million in direct services in 31 locations in California, Arizona, and Nevada, as well as through national services. Additionally, through its mobile service unit program, Nation's Finest can reach thousands more Veterans each year, who lack access to care by bringing resources directly to them, particularly those living in rural areas. ★

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**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05824**  
 Ociel Rivera, 636 Q Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Infinity Painting" 636 Q Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County August 7, 2023  
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**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05928**  
 Ha Wan Ku, 4364 Oxwood Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Vogue Cleaners" 3437 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 9, 2023  
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**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05962**  
 Gawfco Enterprises, Inc., 3669 Mount Diablo Boulevard, Lafayette, CA 94549 is doing business under the Fictitious Business Name(s) "Broadway Union 76" 2330 Broadway, Sacramento, CA 95818. Filed with the Clerk of Sacramento County August 11, 2023  
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**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06002**  
 Shawn Stevens, 12225 Habitat Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "SPS Auto Dealership" 12225 Habitat Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County August 14, 2023  
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 SPS 9-22-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05586**  
 Idris Beveridge, 9016 El Cajon Way, Sacramento, CA 95826 and Trina Khan, 8569 Elaine Drive, Sacramento, CA 95828 are doing business under the Fictitious Business Name(s) "Shake that Lemon" 9016 El Cajon Way, Sacramento, CA 95826. Filed with the Clerk of Sacramento County July 26, 2023  
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 LEMON 9-22-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05567**  
 Cannon Constructors of California, LLC, 406 Porter Way, Milton, WA 98354 is doing business under the Fictitious Business Name(s) "Cannon Power" 406 Porter Way, Milton, WA 98354. Filed with the Clerk of Sacramento County July 26, 2023  
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 Sage Support Services, Inc., 8400 Thethys Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "The Savvy LP" 8400 Thethys Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 17, 2023  
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 SAVVY 9-22-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04997**  
 Chris Florin Balaj, 7137 Canelo Hills Drive, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Brown Bear Construction" 7137 Canelo Hills Drive, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 30, 2023  
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 BROWN 9-22-23

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 Angela Khang, 7640 West Stockton Boulevard Unit 283, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "A. Khang Produce", 10490 McMilan Road, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County August 2, 2023  
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 Vuja De, Inc., 1023 Howe Avenue, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "1023 Storage" 1023 Howe Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 3, 2023  
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**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06080**  
 Rebekah Sarah Leiplein, 6768 Medora Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Bee Extraordinary Events" 6768 Medora Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County August 15, 2023  
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 BEE 9-22-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06187**  
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Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Ambrosia" 793 Hildebrand Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 22, 2023  
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 AMBROSIA 9-22-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06059**  
 Bobbie Wooten, 4625 44<sup>th</sup> Street, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "God's Grace Room & Board" 4625 44<sup>th</sup> Street, Sacramento, CA 95820. Filed with the Clerk of Sacramento County August 15, 2023  
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 GODS 9-22-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05022**  
 Robert Hunter DVM, 10163 Badger Creek Lane, Wilton, CA 95693 is doing business under the Fictitious Business Name(s) "Hunter Stallion Station Equine Veterinary Clinic" 10163 Badger Creek Lane, Wilton, CA 95693. Filed with the Clerk of Sacramento County June 30, 2023  
 Publish: September 1, 8, 15, 22, 2023  
 HUNTER 9-22-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06188**  
 Katherine McQuilliams, 2230 Green Blossom, Court, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Pure Esthetics" 2230 Green Blossom, Court, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 22, 2023  
 Publish: September 1, 8, 15, 22, 2023  
 PURE 9-22-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06252**  
 Seyedeh Nargas Rahmatbakhsh, 7021 Folsom Ranch Drive #203, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Daff's Kitchen" 7021 Folsom Ranch Drive #203, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 24, 2023  
 Publish: September 1, 8, 15, 22, 2023  
 DAFFIS 9-22-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06238**  
 Elite Norcal Corp, 7412 Elsie Avenue, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Berkshire Hathaway HS Elite RE/Elite Mortgage" 7412 Elsie Avenue, Sacramento, CA 95828. Filed with the Clerk of Sacramento County August 23, 2023  
 Publish: September 1, 8, 15, 22, 2023  
 BERKSHIRE 9-22-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05867**  
 Jesus C Mendoza, 9055 Canberra Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Home Forward Real Estate" 9055 Canberra Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County August 8, 2023  
 Publish: September 1, 8, 15, 22, 2023  
 HOME 9-22-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06192**  
 Dandy Lion Properties, 7507 Evening Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Aroma" 7507 Evening Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 22, 2023  
 Publish: September 1, 8, 15, 22, 2023  
 AROMA 9-22-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06466**  
 Paul Scholl, 4854 Tono Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "The Gait Herald/Elk Grove Citizen/Colusa County Pioneer Review/Pioneer Review/River Valley Times/Land Park News/East Sacramento News/Pocket News/Arden Arcade News/West Sacramento News Ledger/Dixon Independent Voice/Territorial Dispatch/The Rio Linda Elverta News/The Rio Linda News/American River Messenger/Arden Advocate/Auburn Sentinel/Carmichael Times/Carmichael Radio.com/Citrus Heights Messenger/Gold River Messenger/Granite Bay Mirror/Great American Patriot.com/Loving Out Loud.com/Messenger Publishing Group/MPG8.com/Natomas Messenger/North County Messenger/Orangevale Sun/Placer Sentinel/Rancho Cordova Grapevine Independent/Rancho Cordova Radio.com/Sacramento Oracle/Sacramento Hospice.com/Single Again.com/The Gridley Herald/The Placer Mercury/The Placer Mercury/USHospice.com/West Sacramento Sun/West Sacramento Radio.com/Wheatland Sun" 7144 Fair Oaks Boulevard #5, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 30, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 MESSENGER 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05718**  
 Alfonso Maya Vasquez, 2179 Pantages Circle, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "River City Masonry" 2179 Pantages Circle, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 2, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 RIVER 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06328**  
 Advanced Tech Inc., 4100 Gaddi Drive #2, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "AT Construction" 4100 Gaddi Drive #2, Sacramento, CA 95824. Filed with the Clerk of Sacramento County August 25, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 ADVANCED 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06262**  
 KDTS, LLC, 4352 Wendover Court, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "California Outdoor" 4352 Wendover Court, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 24, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 CALIFORNIA 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05709**  
 Happy Auto Parts Inc., 3430 Sunrise Boulevard, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "A & M Auto Dismantling" 2179 716 Bell Avenue, Sacramento, CA 95838. Filed with the Clerk of Sacramento County August 2, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 A&M 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06369**  
 Paula Gerette Donovan, 3613 Voleyn Street, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Kat Tails Farn" 3613 Voleyn Street, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 29, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 KAT 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06323**  
 Emily Strobaugh, 6850 Kittery Avenue, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Rockhardt/Matara" 5650 Auburn Boulevard Suite B, Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 21, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 ROCKHARDT 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06348**  
 AGH Cousins LLC, 1537 Howe Avenue #116, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Gyro & Kabob House" 1537 Howe Avenue #116, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 28, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 GYRO 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06176**  
 Rockhardt LLC, 5650 Auburn Boulevard Suite B, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Rockhardt/Matara" 5650 Auburn Boulevard Suite B, Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 21, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 ROCKHARDT 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06380**  
 Jose J. Rojas Armenta and Ana G. Rojas Rodriguez, 9569 Gardella Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "A&S Lawn Service" 9569 Gardella Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County August 29, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 A&S 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05927**  
 Helena Gimelli, 5131 Monetta Lane, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Adventures Travel Planner/makemyvacationadvisor.com/makemytripplanner.com" 5131 Monetta Lane, Sacramento, CA 95835. Filed with the Clerk of Sacramento County August 9, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 ADVENTURES 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06227**  
 Norcal Auto Works LLC, 7808 Fair Oaks Boulevard, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Wrench Rat" 7808 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 23, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 WRENCH 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05895**  
 Becker Academy of Guitar, 6711 Winding Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Becker Music Academy" 6711 Winding Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 8, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 BECKER 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06202**  
 Allstar Tech Solutions LLC, 19655 East Ivy Lane, Queen Creek, Arizona 85142 is doing business under the Fictitious Business Name(s) "UBreakfix by Asurion" 1537 Howe Avenue Suite 120, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 22, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 BOBBY 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06297**  
 Francisco Sapaden JR, 9578 2<sup>nd</sup> Avenue, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Smart Patient Care" 8341 Sutter Buttes Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County August 25, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 SMART 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06395**  
 Northwest Restoration Inc., 5704 Dry Creek Road, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Water, Smoke and Mold/Water, Smoke, Mold and Asbestos Removal" 5704 Dry Creek Road, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County August 29, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 WATER 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06299**  
 Gagik Avdalyan, 7730 Antelope Run Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Garys Auto Sales" 7730 Antelope Run Drive, Antelope, CA 95843. Filed with the Clerk of Sacramento County August 25, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 GARYS 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06448**  
 Jeffrey Valerio, 4708 Orono Court, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "CaliCulture"

4708 Orono Court, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 30, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 CALICULTURE 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06446**  
 Krysten Murphy, 5461 Ranier Drive, Garden Valley, CA 95633 is doing business under the Fictitious Business Name(s) "Eco and Ember" 4708 Orono Court, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 30, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 ECO 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05401**  
 Comfort Wheels LLC, 2847 Walnut Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "A&T Automotive" 2847 Walnut Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 19, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 A&T 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05723**  
 Jeffrey Aaron Morris, 6904 Stanford Oak Drive, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Under My Thumb Massage" 6904 Stanford Oak Drive, Sacramento, CA 95842. Filed with the Clerk of Sacramento County August 2, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 UNDER 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06380**  
 Jose J. Rojas Armenta and Ana G. Rojas Rodriguez, 9569 Gardella Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "A&S Lawn Service" 9569 Gardella Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County August 29, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 A&S 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05927**  
 Helena Gimelli, 5131 Monetta Lane, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Adventures Travel Planner/makemyvacationadvisor.com/makemytripplanner.com" 5131 Monetta Lane, Sacramento, CA 95835. Filed with the Clerk of Sacramento County August 9, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 ADVENTURES 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06227**  
 Norcal Auto Works LLC, 7808 Fair Oaks Boulevard, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Wrench Rat" 7808 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 23, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 WRENCH 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05895**  
 Becker Academy of Guitar, 6711 Winding Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Becker Music Academy" 6711 Winding Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 8, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 BECKER 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06202**  
 Allstar Tech Solutions LLC, 19655 East Ivy Lane, Queen Creek, Arizona 85142 is doing business under the Fictitious Business Name(s) "UBreakfix by Asurion" 1537 Howe Avenue Suite 120, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 22, 2023  
 Publish: September 8, 15, 22, 29, 2023  
 BOBBY 9-29-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06474**  
 Zachariah John King, 7213 8<sup>th</sup> Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Zachariah JK Decorating" 7213 8<sup>th</sup> Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County August 31, 2023  
 Publish: Sept 15, 22, 29, Oct 6, 2023  
 ZACHARIAH 10-6-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05470**  
 T.L.S. Park, Inc., 3811 Recycle Road Suite B, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Benzeen Auto Sales" 3811 Recycle Road Suite B, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 21, 2023  
 Publish: Sept 15, 22, 29, Oct 6, 2023  
 BENZEEN 10-6-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06519**  
 Martin Clay Smith, 6860 Woodlock Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "United People Rights Defense Group" 6860 Woodlock Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 1, 2023  
 Publish: Sept 15, 22, 29, Oct 6, 2023  
 UNITED 10-6-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06285**  
 Jeremy Fischer, 4111 Anatolia Drive, Rancho Cordova, CA

95742 is doing business under the Fictitious Business Name(s) "Take Flight" 7443 Murieta Drive, Rancho Murieta, CA 95683. Filed with the Clerk of Sacramento County August 25, 2023  
 Publish: Sept 15, 22, 29, Oct 6, 2023  
 FLIGHT 10-6-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06338**  
 Jacquelyn Millard, 11986 Blake Road, Wilton, CA 95693 is doing business under the Fictitious Business Name(s) "Scoobie's Crafts" 11986 Blake Road, Wilton, CA 95693. Filed with the Clerk of Sacramento County August 28, 2023  
 Publish: Sept 15, 22, 29, Oct 6, 2023  
 SCOOBIES 10-6-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06264**  
 Sandra D. Holman, 9487 Golden Drive, Orangevale, CA 95662, and Susan D. Raines, 7947 Charlene Way, Citrus Heights, CA 95610, and David L. Chambers II, 6180 Stone hill Drive, Rocklin, CA 95677 is doing business under the Fictitious Business Name(s) "Monier Building Projects, A California General Partnership" 9487 Golden Drive, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 24, 2023  
 Publish: Sept 15, 22, 29, Oct 6, 2023  
 MONIER 10-6-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06597**  
 Todd Pollock, 4421 Valmonte Drive, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "BluCC/BluCC Photos" 4421 Valmonte Drive, Sacramento, CA 95864. Filed with the Clerk of Sacramento County September 6, 2023  
 Publish: Sept 15, 22, 29, Oct 6, 2023  
 BLUCC 10-6-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06621**  
 Orangevale Hospice Inc., 9198 Greenback Lane Suite 115, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "A1 Hospice of Sacramento" 9198 Greenback Lane Suite 115, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 6, 2023  
 Publish: Sept 15, 22, 29, Oct 6, 2023  
 ORANGEVALE 10-6-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06461**  
 Asphalt Pavement Consulting and Engineering Services, 8126 Holm Oak Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Asphalt Pavement Consulting and Engineering Services/Pavement Aces" 8126 Holm Oak Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 30, 2023  
 Publish: Sept 15, 22, 29, Oct 6, 2023  
 ASPHALT 10-6-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06480**  
 Maria Gonzalez, 6000 Landing Point Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "All Seasons Cleaning Services" 6000 Landing Point Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 31, 2023  
 Publish: Sept 22, 29, Oct 6, 13, 2023  
 SEASONS 10-13-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06673**  
 Jesus Rios Courier LLC, 6837 Fair Oaks Boulevard #6, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "A-1 Rapid Live Scam and Mobile Finger Printing" 6722 Fair Oaks Boulevard #204, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 8, 2023  
 Publish: Sept 22, 29, Oct 6, 13, 2023  
 PRINTING 10-13-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06785**  
 Jazz Kashif Burney, 5624 Spyglass Lane, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Elijah's Resource" 5624 Spyglass Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 12, 2023  
 Publish: Sept 22, 29, Oct 6, 13, 2023  
 ELJJAHS 10-13-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06503**  
 Melinda Huntsinger, 8449 Lilac Ridge Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Ventured Treasures" 8449 Lilac Ridge Court, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 1, 2023  
 Publish: Sept 22, 29, Oct 6, 13, 2023  
 TREASURES 10-13-23

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-06563**  
 Kazim Arsalan, 5840 Watt Avenue Apt A, North Highlands, CA 95660 and Amanullah Rasoli, 3600 Karl Drive Apt B, North Highlands, CA 95660 and Shafighullah Faizi, 570 7<sup>th</sup> Street Apt #272, West Sacramento, CA 95605 are doing business under the Fictitious Business Name(s) "Watt Halal Market" 5840 Watt Avenue Suite A, North Highlands, CA 95660. Filed with the Clerk of Sacramento County September 5, 2023  
 Publish: Sept 22, 29, Oct 6, 13, 2023  
 WATT 10-13-23





Legal Advertising Hotline  
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**LEGAL ADVERTISING**

*Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984  
 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969  
 Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020  
 The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988*

Legal Advertising  
7144 Fair Oaks Blvd #5  
Carmichael, CA 95608

**NOTICE OF PETITION TO ADMINISTER ESTATE**

NOTICE OF PETITION TO ADMINISTER ESTATE OF JANINE L. GRAHAM

CASE NO. 34-2021-00309782

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Janine L. Graham.

A Petition for Probate has been filed by Keri Thomas, in the Superior Court of California, County of Sacramento, requesting Krystina Marston be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows October 12, 2023, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Attorney for Petitioner is: H. Douglas Duncan, 214 W. Lockeford Street Suite 2, Lodi, CA 95240; 209-810-2936  
 Publish: Sept 22, 29, Oct 6, 2023  
 GRAHAM 10-6-23

NOTICE OF PETITION TO ADMINISTER ESTATE OF RICHARD OLIN BORAH  
 CASE NO. 23PR000352

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Richard Olin Borah.

A Petition for Probate has been filed by Jacqueline Marie Borah, in

the Superior Court of California, County of Sacramento, requesting Jacqueline Marie Borah be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows October 24, 2023, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Petitioner is: Jacqueline Marie Borah, 109 Cakebread Circle, Sacramento, CA 95834; 916-658-3747  
 Publish: Sept 22, 29, Oct 6, 2023  
 BORAH 10-6-23

**STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME**

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME  
 FILE NO. FBNF2020-00357

The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of: Lumpia Ko, 156 Lily Bay Circle, Sacramento, CA 95834. Marylissa Cua, 156 Lily Bay Circle, Sacramento, CA 95834.

The Fictitious Business Name Statement was filed on 1/14/2020 in the County of Sacramento.  
 Filed with the clerk of Sacramento County: 1/14/2020.  
 Publish: September 1, 8, 15, 22, 2023  
 LUMPIO 9-22-23

**STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME**

FILE NO. FBNF2022-03969

The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of: Asurion Tech Repair and Solutions, 1537 Howe Avenue Suite 120, Sacramento, CA 95825.

Allstar Tech Solutions, LLC, 19655 East Ivy Lane, Queen Creek, Arizona 85142.

The Fictitious Business Name Statement was filed on 5/23/2022 in the County of Sacramento.

Filed with the clerk of Sacramento County: 5/23/2022.  
 Publish: September 8, 15, 22, 29, 2023  
 ASURION 9-29-23

**SUMMONS**

SUMMONS (FAMILY LAW)

CASE NUMBER

(NUMERO DEL CASO): 23FL03475

NOTICE TO RESPONDENT

(Name): AVISO AL DEMANDADO (Nombre):

Crystal Irene Farinias

YOU HAVE BEEN SUED.

Read the information below and on the next page. PETITIONER'S NAME IS: (NOMBRE DEL DEMANDANTE): Ricardo Garcia Vega.

You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call or court appearance will not protect you. If you do not file your response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center ([www.courts.ca.gov/selfhelp](http://www.courts.ca.gov/selfhelp)), at the California Legal Services website ([www.lawhelpca.org](http://www.lawhelpca.org)) or by contacting your local county bar association.

Usted tiene 30 DIAS CALENDARIO después de que se le presente esta Citación y Petición para presentar una respuesta (formulario FL-120) en el tribunal y tener una copia notificada al peticionario. Una carta, llamada telefónica o comparecencia ante el tribunal no lo protegerá. Si no presenta su respuesta a tiempo, el tribunal puede hacer órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. Es posible que se le ordene pagar la manutención y los honorarios y costos de los abogados. Para obtener asesoramiento legal, póngase en contacto con un abogado de inmediato. Obtenga ayuda para encontrar un abogado en el Centro de Autoayuda en Línea de los Tribunales de California ([www.courts.ca.gov/selfhelp](http://www.courts.ca.gov/selfhelp)), en el sitio web de Servicios Legales de California ([www.lawhelpca.org](http://www.lawhelpca.org)) o comunicándose con el colegio de abogados de su condado local.

**NOTICE: RESTRAINING ORDERS ARE ON PAGE 2:**

These restraining orders are effective against both spouse or domestic partners until the petition is dismissed, a judgment is entered or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

AVISO: LAS ÓRDENES DE RESTRICCIÓN ESTÁN EN LA PÁGINA 2: Estas órdenes de restricción son efectivas contra ambos cónyuges o parejas domésticas hasta que se desestime la petición, se dicte

LEGAL NOTICE

**COMMUNITY DEVELOPMENT BLOCK GRANT (CDBG) NOTICE OF 30-DAY PUBLIC REVIEW AND COMMENT PERIOD FOR THE 2024 DRAFT ANNUAL ACTION PLAN**

**NOTICE IS HEREBY GIVEN** that a 30-day public review and comment period for the 2024 Draft Annual Action Plan (AAP) will commence on October 6, 2023 and will continue until November 6, 2023. The City is estimating that it will receive approximately \$600,000 in CDBG funds and to re-allocate \$47,000 in unspent prior year funding for the 2024 program year. Official CDBG allocations will be announced in the Spring of 2024.

The CDBG program provides funding for activities that benefit low-income persons, eliminate slum or blight, or serve an urgent need. Eligible activities include property acquisition, public improvements, housing rehabilitation, economic development, and public services.

As a recipient of CDBG funding, the City has developed a draft 2024 AAP, which describes how the City will utilize program funds for eligible activities during the 2024 CDBG program year. The 2024 CDBG program year will run from January 1, 2024 to December 31, 2024. The AAP can be amended as needed to reallocate funds to housing and community development activities.

The draft 2024 AAP will be made available to the public for at least 30 days before adoption by the City Council. The documents will be released on October 6, 2023 for public review and comment, and will be available at City Hall and the City's Community Development website at <https://www.cityofranhocordova.org/departments/community-development/housing/community-development-block-grant>

The purpose of this public review will be to give citizens an opportunity to make their comments known regarding community needs and potential activities to be funded under the CDBG Program. If you would like to contact the City for more information, please call (916) 851-8757. In addition, information is available for review at Rancho Cordova City Hall (2729 Prospect Park Drive, Rancho Cordova, CA 95670) between the hours of 8:00 a.m. and 5:00 p.m. on weekdays.

Thank you for your interest in the CDBG program.

**NOTICE REGARDING CHALLENGES TO DECISIONS**

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

**ADA COMPLIANCE STATEMENT**

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

Printed in the Grapevine Independent on September 22, 2023.

**City of Rancho Cordova Notice of Public Hearing**

NOTICE is hereby given that on **Monday, October 2, 2023, at 6:30 p.m.**, or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Hearing at the **Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova**, to consider the following:

**PUBLIC HEARING AND SECOND READING AND ADOPTION OF AN ORDINANCE PROVIDING FOR THE ELECTION OF COUNCIL MEMBERS BY DISTRICTS AND ESTABLISHING THE DISTRICT BOUNDARIES AND ELECTION ORDER OF EACH DISTRICT**

The purpose of this public hearing is: **To receive public comments, and to waive the second reading and adopt an Ordinance providing for the Election of Council Members by Districts and Establishing the District Boundaries and Election Order of Each District.**

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the hearing will be made a part of the public record. Questions regarding this matter should be directed to the **City of Rancho Cordova City's Clerk's Department at (916) 851-8720.**

**NOTICE REGARDING CHALLENGES TO DECISIONS**

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

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Printed in the Grapevine Independent on **September 22, 2023.**

una sentencia o el tribunal dicte más órdenes. Son exigibles en cualquier lugar de California por cualquier oficial de la ley que haya recibido o visto una copia de ellos.

FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party.

EXENCIÓN DE TARIFAS: Si no puede pagar la tarifa de presentación, pídale al secretario un

formulario de exención de tarifas. El tribunal puede ordenarle que devuelva la totalidad o parte de los honorarios y costos que el tribunal renunció para usted o la otra parte.

The name and address of the court are: (El nombre y dirección de la corte es): Sacramento Superior Court, 3341 Power Inn Road, Sacramento, CA 95826.

The name, address and telephone number of the petitioner's attorney, or the petitioner without an attorney are: (El nombre, dirección y número de teléfono

del abogado del peticionario, o del peticionario sin abogado es:) Ricardo Garcia Vega, 7474 Winkley Way, Sacramento, CA 95822; 916-969-0546  
 Date: (Fecha) 7-26-2023  
 Clerk, by (Secretario, por) R. Ruiz,  
 Deputy (Asistente)  
 Publish: Sept 15, 22, 29, Oct 6, 2023  
 RICARDO 10-6-23



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**Airshow Soars to New Heights**

Continued from page 1

glass and seven four-ounce pours from four local breweries, one hard kombucha, one meadery, and one distillery. The area will have seating, food trucks, and the option to purchase additional Barrel District partner beverages throughout the event.

Also new this year is a free community event to kick-off the Airshow weekend on Friday, September 22 from 6-8 PM at Village Green Park in Rancho Cordova. Attendees can meet airshow performers, including the USAF Thunderbirds, and enjoy live music, food trucks, activities provided by local organizations, and chances to win FREE Airshow tickets and swag.

Tickets for the Airshow are on sale now. The public can access discounted tickets and sign-up to receive festival updates as an Airshow Insider at [www.californiacapitalairshow.com](http://www.californiacapitalairshow.com). **No tickets will be available onsite Airshow weekend.**

Established in 2004, the California Capital Airshow 501(c)3 plans and operates the exciting, family-friendly annual event designed to honor the Sacramento region's rich aviation heritage and veterans while using the power and magic of flight to inspire young people. CCA gives back to the community through scholarships, charitable group donations and exciting educational youth programming throughout the year. ★

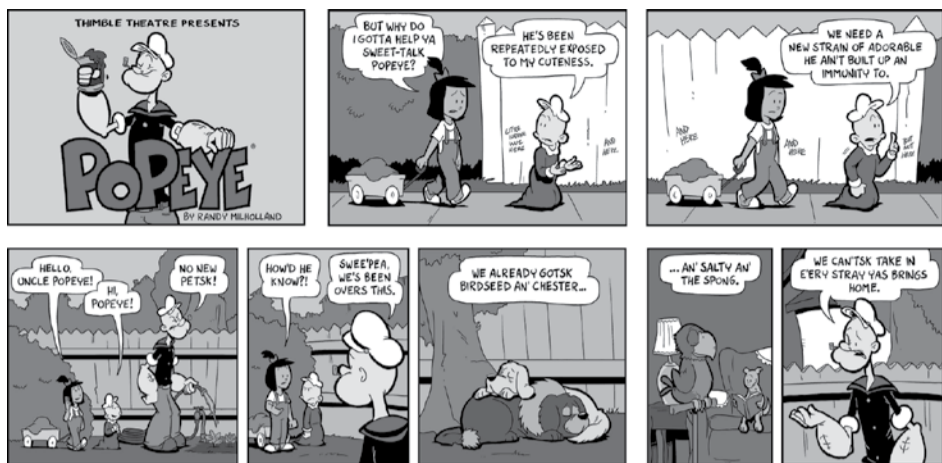
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# COMICS & PUZZLES

## The Spats



by Jeff Pickering

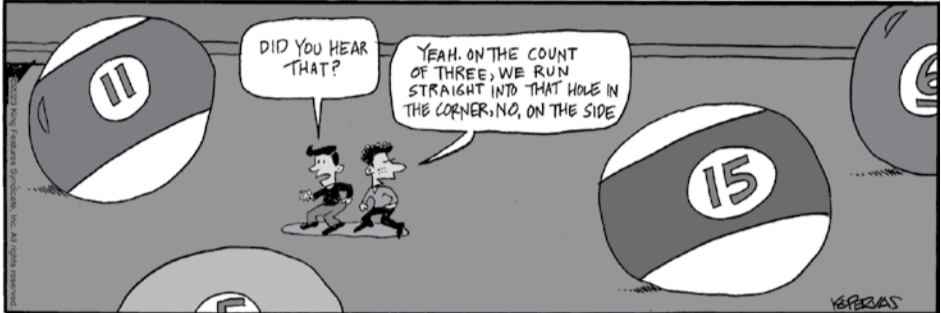


## Amber Waves



by Dave T. Phipps

## Out on a Limb

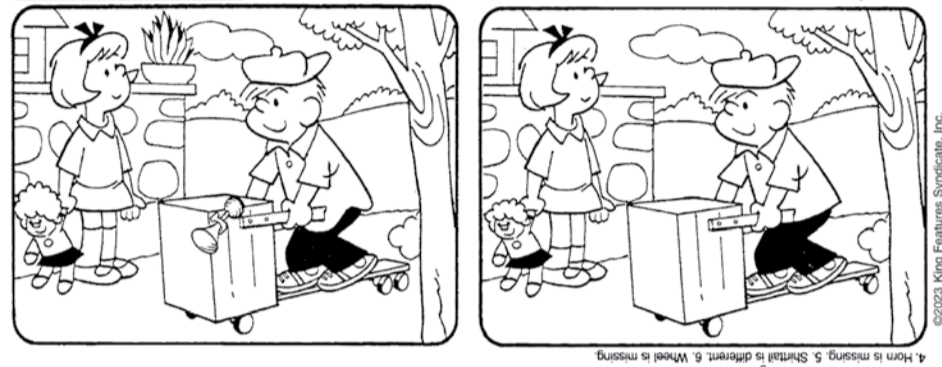


by Gary Kopervas

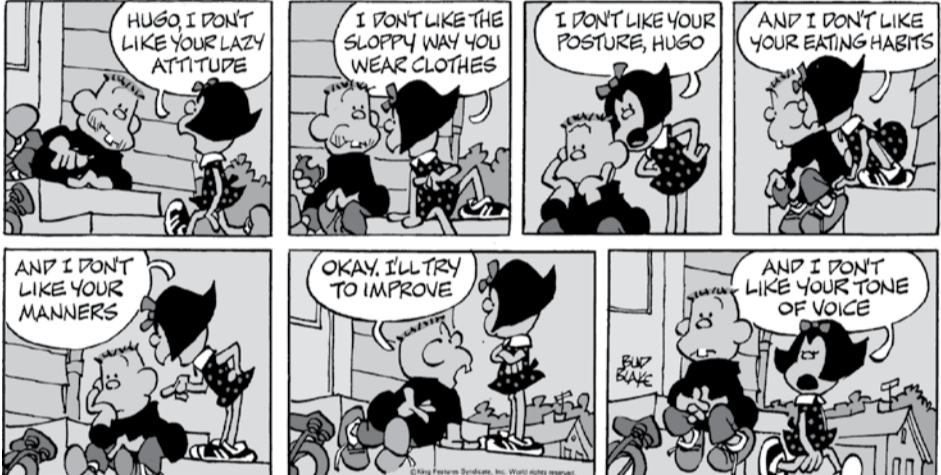
## HOCUS-FOCUS

BY HENRY BOLTIHOFF

Find at least six differences in details between panels.



## TIGER



by BUD BLAKE

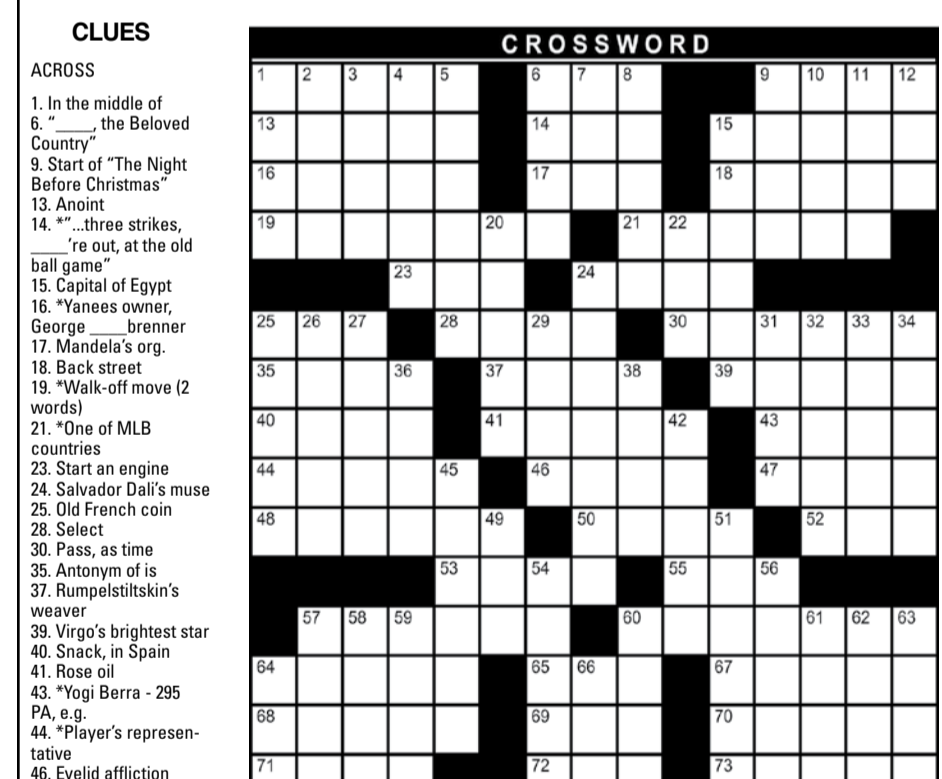
## GRIN & BEAR IT



Just Like Cats & Dogs by Dave T. Phipps



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6	3	1	2	8	4	7	9	5
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9	8	2	6	7	5	1	4	3
3	2	9	4	5	6	8	7	1
5	4	8	1	3	7	6	2	9
7	1	6	9	2	8	5	3	4

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With Mary Jane Popp

## Health Screenings

We always seem surprised when disease strikes. But is there something we can do to stem the tide of any disease? And we have all done this. We wait until we get sick to focus on our health. Longtime nurse **Allen Daugherty** says we have it backwards. It's preventive care we should add to our vocabulary. Routine screenings at various stages of our lives can save our lives. **Allen** worked in the medical field for some 50 years, first as a U.S. Air Force medic, then RN and certified dialysis nurse. He has seen a lot, and he understands the pain a diagnosis of life-threatening disease can cause. It can work on both your physical and mental state. So he authored "An Ounce of Prevention is Worth More Than You can Imagine." I asked him to give us some good reasons to have screenings when I interviewed him on POPPOFF. Here are ten that you might want to keep in mind.

- 1. EARLY DETECTION OF DISEASES.** Health screenings can detect diseases before symptoms appear, allowing early intervention and treatment.
- 2. PREVENTION OF DISEASES.** Some screening tests can help prevent the disease they are designed to detect. For example, colonoscopies and Pap smears can identify precancerous abnormalities that can be addressed so they cannot continue to grow and become cancerous.
- 3. IMPROVED OUTCOMES.** Early detection and treatment of diseases can lead to better outcomes and improved quality of life.
- 4. REDUCED HEALTHCARE COSTS.** Preventive care screenings can help identify health issues before they become more serious and costly to treat.

**5. INCREASED LIFESPAN.** Regular health screenings can help people live longer by detecting and treating diseases early on.

**6. BETTER MANAGEMENT OF CHRONIC CONDITIONS.** Health screenings can help people with chronic conditions manage their health more effectively by detecting changes in their condition early on.

**7. IMPROVED QUALITY OF LIFE.** Early detection and treatment of diseases can improve quality of life by reducing symptoms and complications.

**8. REDUCED RISK OF COMPLICATIONS.** Health screenings can help reduce the risk of complications associated with certain diseases, such as heart disease and diabetes.

**9. INCREASED AWARENESS.** Health screenings can increase awareness about the importance of preventive care and encourage people to adopt healthier lifestyles.

**10. PEACE OF MIND.** Regular health screenings can provide peace of mind by detecting potential health issues early on, before they become more serious.

**Allen** advised checking with your doctor to see what you might need and at what stages you need to check things out. I think the problem we all face is we may not want to know. But **Allen** is right. Knowing early can perhaps save our lives. It's painful to deal with getting that diagnosis, but if it can save our lives, it's something we need to heed. You can check out **Allen Daugherty** at [www.preventivehealthandsafety.com](http://www.preventivehealthandsafety.com). His book "An Ounce of Prevention is Worth More Than You Can Imagine" is available at all the regular places. Who knows? It might save YOUR life! ★



**Publisher,  
Paul V. Scholl**

The Grapevine Independent is a member of **Messenger Publishing Group**

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: [Publisher@mpg8.com](mailto:Publisher@mpg8.com). **Be sure to place in the subject field "Attention to Publisher"**. If you do not have email access, please call us at (916) 773-1111.

## Grapevine Independent

Serving Rancho Cordova and Sacramento County Since 1968

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The *Grapevine Independent* is published weekly. Call 916-773-1111 for more information.

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Fairytale Pumpkin 79¢/lb	Sweetie Apple \$1.49/lb	Hami Melon 59¢/lb	Orange Valencia 10 lbs \$5.49/bag

## AMERICAN/HISPANIC GROCERY

Vinita Aloe Vera Drink 1.5 liters \$2.49	Morito Soy Sauce 26 oz \$1.49	Morito Soy Sauce 26 oz \$1.49	Morito Soy Sauce 26 oz \$1.49
Morito Soy Sauce 26 oz \$1.49	Morito Soy Sauce 26 oz \$1.49	Morito Soy Sauce 26 oz \$1.49	Morito Soy Sauce 26 oz \$1.49

## FROZEN & FISH DEPT

Raw Shrimp Peeled & Deveined 61/70 2 lbs REG. \$16.99/ea \$10.99/ea	Masago Wild Caught Product of Korea 500 g REG. \$19.99/ea \$10.99/ea
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## ASIAN GROCERY

Lee Kum Kee Kum Chuen Oyster Sauce 17 oz \$1.39	Chippis! Jack n Jill Chippy BBQ Flavor 7.06 oz \$2.49	Chickadee Coconut Water 1 liter \$1.99	JHC Fried Onion 8 oz \$5.99	Savoy Coconut Cream 14 oz \$1.99
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## EUROPEAN GROCERY

Skutovick Sunflower Oil (unrefined) 5 liters \$19.99	Polinka Cabbage Leaves (pickled) \$1.8 \$1.29	Polinka Beef Goulash 300 g \$4.99	Best Tea Blend and Earl Grey 500 gr \$9.99
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## FROZEN & FISH DEPT

Dried Pollack 200 g REG. \$16.99/ea \$12.99/ea	Kretschmar Oven Roasted Turkey Breast \$8.19	Kretschmar Ham off the Bone \$6.19
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## EUROPEAN DELI

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