# Medway & Millis

PRSRT STD **ECRWSS** U.S. POSTAGE **PAID** PERMIT NO. 142 SPRINGFIELD, MA

Postal Customer Local

Vol. 14 No. 10

Free to Every Home and Business Every Month

**November 2023** 

#### Millie Badalucco, Medway's oldest resident, receives **Boston Post Cane**

By Theresa Knapp

Millie Badalucco was recently awarded Medway's "Boston Post Cane" as she is the oldest resident in the

Millie is 104 years old. She was born in Queens, NY, in 1919 and was one of nine children. When she was young, she worked in a pocketbook factory for a brief time. She got married in 1941 after which her husband served in World War II. She has lived in Medway

The cane tradition was started in 1909 by the Boston Post newspaper, then considered "the nation's leading standard-sized newspaper in circulation," according to www.bostonpostcane.org.

The cane was presented to





#### Millis Veterans Day services

On Sat., Nov. 11 at 11 a.m. the 11th month, the 11th day and the 11th hour - the Millis American Legion Post 208 and the Millis AMVETS Post 495 will hold a Veterans Day ceremony to commemorate the formal ending of World War I.

The event will take place at the Millis World War I Memorial in front of the American Legion, 136 Curve Street.

In addition to the usual presenters, the featured speaker will be Navy Commander Evan P. Wright, who is a Millis native, a graduate of the US Naval Academy, and most recently the Commanding Officer of the USS Cooperstown.

Millis Boy Scouts, Millis Girl Scouts, the Millis High School band, and the Millis Police and Fire Departments will assist with the ceremony.

This ceremony will honor all veterans who have served, both past and present, in defense of our country. Everyone is invited to attend. In case of inclement weather, the ceremony will be held inside the American Legion building across from the memorial.

#### A brief history of Veterans Day

Happy Veterans Day to all veterans, thank you for your service

By Theresa Knapp

Veterans Day is celebrated on the 11th hour (usually) of the 11th day of the 11th month (11/11 at 11 a.m.) but it has not always been that way.

According to the U.S. Department of Veterans Affairs, World War I (known at the time

as "The Great War") officially ended when the Treaty of Versailles was signed on June 28, 1919, in the Palace of Versailles outside the town of Versailles, France. However, fighting had

**VETERANS** 

continued on page 3



Cell: (508) 951-5909 joleenjrose@gmail.com | www.joleensellshomes.com





#### **MILLIE**

continued from page 1

Millie in a small ceremony attended by family, friends, and community members, where Medway Historical Commission Vice Chair Paul Russell provided more background on the tradition.

"Back in the early 1900s, the Boston Post was the region's major newspaper similar to today's Boston Globe. The tradition of the Boston Post Cane started in 1909 [when] Edwin A. Grozier, the publisher of the Post, sent a cane to the Boards of Selectmen of 700 New England towns requesting that they be presented to the oldest living male citizen of each town," he said.

"The original canes were ebony adorned with a gold knob engraved with the town's name and the words 'Boston Post Cane'. Beginning about 1930, some of the Boards of Selectmen began presenting the cane to the oldest citizen whether they were male or female. The Boston Post news-

paper went out of business in 1956 but the tradition continues in many towns."

According to www.boston-postcane.org, "The canes were all made by J.F. Fradley and Co., a New York manufacturer, from ebony shipped in seven-foot lengths from the Congo in Africa. They were cut to cane lengths, seasoned for six months, turned on lathes to the right thickness, coated and polished. They had a 14-carat gold head two inches long, decorated by hand, and a ferruled tip. The head was



Above: An example of a Boston Post Cane. Source: www. bostonpostcane.org Below: From left, Front row - James Manchester (Millie's Great-grandson), Millie and Michael Manchester (Millie's other Great-grandson), middle row - Nicole Velardi (Andrew Velardis wife), Cathy Velard, (Millie's daughter) and Laura Manchester (Millie's granddaughter), back row - Andrew Velardi (Millie's grandson).





# WE'RE HERE TO MAKE FALL CLEANUP A BREEZE!

Our Stihl techs and experts will help you find the best tools for your lawn.

Gas powered, battery powered, backpack or handheld, **Rocky's Ace Hardware** has it all.

Rockys.com

#### **STIHL**°

**Certified Specialists at** 

98 Main Street Medway, MA (508) 321-1642

813 Main Street Millis, MA (508) 376-9524



engraved with the inscription,

— Presented by the Boston
Post to the oldest citizen of
[Medway]."

Russell said Medway's cane was misplaced years ago but, when the Medway Historical Commission decided to renew the practice in 2016, a search was launched to find the cane. It could not be found, and a replica was purchased.

#### **VETERANS**

continued from page 1

ceased seven months earlier (in Nov. 1918) when an armistice (a temporary cessation of hostilities) between the Allied nations and Germany went into effect on the 11th hour of the 11th day of the 11th month. For that reason, Nov. 11, 1918, is generally regarded as the end

#### National ceremonies are held at Arlington National Cemetery

The focal point for official, national ceremonies for Veterans Day continues to be the memorial amphitheater built around the Tomb of the Unknowns. At 11 a.m. on the 11th day of November (the 11th month), a combined color guard representing all military services executes "Present Arms" at the tomb. The nation's tribute to its war dead is symbolized by the laying of a presidential wreath. The bugler plays "taps." The rest of the ceremony takes place in the amphitheater. Source: www.va.gov/vetsday/



Flags recently on display at an area Elks Club. Photo credit: Theresa Knapp

of "the war to end all wars."

For the period of time between 1926 to 1954, the holiday was called "Armistice Day."

From 1968 to 1978, Veterans Day was celebrated at the end of October as part of the Uniform Monday Holiday Act

which moved most traditional federal holidays to a Monday, giving federal employees a three-day weekend. According to www.constitutioncenter. org, that change was met with confusion and pushback from people who appreciated the

significance of the 11/11 date and it was moved back to Nov. 11 in 1978.

According to the VA, "Veterans Day continues to be observed on Nov. 11, regardless of what day of the week on which it falls. The restoration of the

#### **Facts about Veterans Day**

Veterans Day does not have an apostrophe

Veterans Day was once called Armistice Day (1926-

Veterans Day was briefly celebrated in October (1968-1978)

There are approximately 16.5 million veterans living in the USA

It is appropriate to say to a veteran "Happy Veterans Day" and/or "Thank you for your service"

Source: www.defense.

observance of Veterans Day to Nov. 11 not only preserves the historical significance of the date, but helps focus attention on the important purpose of Veterans Day, a celebration to honor America's veterans for their patriotism, love of country, and willingness to serve and sacrifice for the common good."

Source: https://department. va.gov/veterans-day/history-of-vet-



Thomas L. Beatty M.D.



Karie DeVries M.D.



Ann Dolloff



Afarin Greiger M.D.





M.D.



Katherine Johnson Elizabeth Konig Emily Newton-Cheh Virginia Simmons M.D.





Than Thieu



Sandra Reilly W.H.N.P.

Wellesley Women's Care is looking forward to providing you with the support you need to navigate all stages of your life. With our combined decades of experience, we will provide you comprehensive exceptional care while ensuring you are a partner in your own healthcare journey.



Welcoming new and established patients at all locations.

#### We make scheduling convenient and accessible by offering:

- ONE phone number to reach us for all locations 617-965-7800
- Multiple locations
- Ultrasound, Mammogram and Lab services at many offices

#### Services we provide:

- Comprehensive maternity care, delivering at MGB/Newton-Wellesley Hospital
- Routine preventative care for all patients
- Pediatric and adolescent gynecology
- Birth Control management, OCP's, IUD's, Nexplanon
- Preconception planning
- Infertility treatment and management, Clomid cycles and IUI with 7 days a week cycle management
- Treatment and management of abnormal Pap smear, Colpo and LEEP
- Fibroids and heavy bleeding

#### Wellesley Women's Care Locations • Call: 617-965-7800 to schedule your next appointment!

307 West Central Street Third Floor Natick

969 Main Street 2nd floor, Suite 4 Millis 111 Norfolk Street Walpole

2000 Washington Street Suite 764 **Newton** 

9 Hope Avenue **Waltham** 

#### Medway's 'Friday Night Done Right' off to a great start

On Friday, Sept. 29, Medway youth were dropped off at the Medway High School gymnasium to enjoy the first ever "Friday Night Done Right," a collaborative effort to offer area middle schoolers a safe way to socialize on a Friday night.

## Business sp⊗tlight

The program is a collaboration between 'SUP Medway, Community Education, Parks and Recreation, and Medway Public Schools to offer Medway youth in grades 5 to 8 to drop in on select Friday nights between 6 p.m. and 8 p.m. for pizza and fun.

The turnout at the September launch was "overwhelmingly great," said Gabby Giannelli, one of the organizers with 'SUP Medway. She said 55 youth attended, 8 adult chaperones volunteered, and several high school students helped create a successful event.

#### **localtownpages**

Published Monthly
Mailed FREE
to the Communities of
Medway & Millis
Circulation: 8,640
households & businesses

#### Publisher

Chuck Tashjian

#### Editor

Theresa Knapp

#### Send Editorial to:

editor@millismedwaynews.com

#### **Advertising Director**

Jen Schofield 508-570-6544

jenschofield@local town pages.com

#### Creative Design & Layout

Michelle McSherry Kim Vasseur Wendy Watkins

Ad Deadline is the 15th of each month.

Localtownpages assumes no financial liability for errors or omissions in printed advertising and reserves the right to reject/edit advertising or editorial submissions.

© Copyright 2023 LocalTownPages





RESIDENTIAL & COMMERCIAL

Tree Removal

Pruning/Trimming

Storm Damage

Quality Timely Service!

BELLINGHAM, MA

508-883-8823

FREE ESTIMATES • FULLY INSURED

KEVIN LEMIRE, OWNER

All employees are covered under Workers' Comp Ins.

CharronTreeService.com



Top left, Friday Night Done Right by the 'SUP Coalition begins.

Bottom left, High School volunteer Sasha McNaney poses with inflatable Halloween decor, ready to begin the night! Photos courtesy of Sofia Mercier

She said, "We had two high school students who created a playlist of music to play throughout the night, and they also helped chaperone the middle schoolers, which we greatly appreciated. We were so thrilled with the overall turnout of the event and are highly anticipating the next one."

Upcoming program dates are Nov. 10 and Dec. 15.

Giannelli reported, "The children who attended the event had an absolute blast. Their faces lit up with joy as they engaged in various activities, games, and interactive experiences throughout the two hours. From lively games and creative crafts to an inflatable obstacle course, the children were kept thoroughly entertained."

At one point, Giannelli said she found herself engaged in a "spirited game of Velcro axthrowing" with one of the youths. Students also enjoyed the inflatable obstacle course (consisting of a "vibrant maze of slides and tunnels"), riding scooters, playing catch, doing arts and crafts, eating pizza, and being around friends and socializing.

Giannelli said one of the many benefits of this program is that it fosters a sense of camaraderie for the students who attend, and it provides parents with a welldeserved break during which they know their child is in a safe and stimulating environment.

The Nov. 10 event will include a video game truck after several students requested video games be offered at the event.

To register a child for the event, visit bit.ly/FridayNight-DoneRightSignUp. To volunteer as a chaperone, visit bit.ly/SUPvolunteersignup. To learn more about 'SUP Medway, visit https://sites.google.com/medwayschools.org/supmedway or contact info@supmedway.com.



Scan here to chaperone



Scan to register a student





#### Millis High School holds fun night of dancing

Students "danced their hearts out" at annual Homecoming Dance

A first-hand report from student writer Kaitlyn Richards

Millis High School held its annual homecoming dance on Sept. 23. The evening was a fun night of dancing and celebrating the beginning of the school year.

Starting at 6:30 p.m., the gym filled up with excited students who were ready to dance. Everyone in the high school, from freshmen to seniors, danced their hearts out and took many pictures to hold onto the memories.

"I really enjoyed the homecoming dance this year. It was a fun night for dancing and hanging out with friends. The DJ played great music and the food provided by the junior class was good" said Nora Molloy, a junior at Millis High School. "I think the night was a great experience, and I am already looking forward to next year's dance as a senior."

The members of the Homecoming Court were voted on by Millis High School students during the week leading up to the dance and was announced during the annual pep rally on Sept. 22. The court made their official entrance in the middle of the Homecoming dance on Sept. 23.

This year's full court included Riley Caulfield (Queen), Isabel Jewett, Jenn Scolponetti, Emily



Millis students pose for a photo after a fun night of dancing. (L to R) Author Kaitlyn Richards, Avery Covitz, Abby Wallace, Madi Adams, and Nora Molloy. Courtesy photo

Skerry, and Victoria Ruo.

As for myself, the night was definitely one to remember. It was great being able to connect more with friends and enjoy ourselves together without feeling the stress of the school year. The Homecoming Dance is definitely one of my favorite ways to start the school year and I always look forward to it.

Contact Jen at 508-570-6544 or jenschofield@localtownpages.com to find out how you can reach more than 80,000 homes and businesses each month!





#### **WE'RE KISSING 2023 GOODBYE** with our biggest frame sale of the year!

Savings up to 40%



## Former Medway Lt. Detective Matthew Reardon to be honored at Christmas Parade on Nov. 25

#### Reardon retired after 28 years of service with MPD

In August, Lieutenant Detective Matthew Reardon retired after 28 years of service to the Medway Police Department and 30 years of public service. This month, he will be honored at the Medway Christmas Parade.

Lt. Reardon began his career as a paramedic working for a private ambulance company before moving to the Medway Fire Department, working as a dispatcher for the Franklin Police Department then joining Medway as a dispatcher in 1995. Matt attended the Boylston Police Academy in 2001 beginning his career as a patrol officer.

Matt earned a reputation as one of the finest investigators in our region. He began working sexual assault and B&E cases in 2008, received recognition for work he conducted investigating on-line child predators which led to many arrests

and eventually to the important Massachusetts SJC Decision Commonwealth v. Rock, 3 Mass. App. Ct. 1134, 2013 WL 2371410.

During the early 2010s, Lt. Reardon was attached to a Federal Drug Task Force where he was involved in many important illegal narcotic investigations. He was appointed a full-time detective by Chief Allan Tingley in 2015, Sergeant in 2017 and Lieutenant during 2020.

He became known for leading multi-jurisdiction task forces targeting breaking and entry suspects with great success, and for closing many cases which many would have written off. His tenacity led to the arrest of a child pornographer operating in a neighboring town as well as a child pornographer and abuser who lived in Medway. Many search warrants were served and charges brought against individuals victim-

izing children due to his work.

Not as well-known were his efforts to help victims of scams. He worked tirelessly for many months to not only identify the individual responsible for scamming a local couple out of their entire mortgage down payment but also retrieve almost all of the stolen funds enabling the couple to move forward with their lives. The suspect was arrested in Florida and brought to Massachusetts for trial.

Investigating crime successfully takes doggedness, dedication, and an enormous work ethic, all qualities Matt possesses in abundance.

From the very beginning, Matt was dedicated to policing and supporting police officers. He was a charter member of the Medway Police Honor Guard, represented the department at far too many police funerals, and was an active member of the Medway Police Association executive board for many years.

Source: townofmedway.org

## HELP FEED NEW BOY SCOUT EAGLE PROJECT



#### MY NAME IS JOSHUA MCGRAIL

I am a member of Troop 108. I am fundraising for my project, which is to organize and assemble over 10,000 dry meals. These meals are highly nutritious and easily

prepared simply by adding only hot water. These meals will be available free of charge to the hungry, with the aid of a local food pantry. Over

one-third of people in
Massachusetts will be affected by
food insecurity this Year. No one
should ever have to go through the
stress of wondering if they will be
able to provide themselves or their
family with a nutritious meal.
With your help, we'd like to put an
end to this tragic reality.

Please Visit, https://www.paypal.com/paypalme/troop108Medway so we can smash our goal of \$3,500!



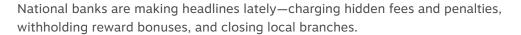
When Donating, in the "What's this payment for?", section of your Donation please specifically write, "Josh Eagle Project."



( SCAN ME

# You want to know your bank will be there for you.

#### RELIABILITY **ASSURED**



At Dean Bank, we're here to stay. With four branches to meet your needs, we make the lives of our customers and communities better. With mortgages tailored to your needs. Debit card rewards that really pay off. No hidden fees or surprise charges. And the local perspective and advice to help you reach your personal and small business goals.



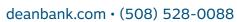
Ready to switch to the bank that's staying put?



#### **DEAN BANK**

t's my bank.™





Member FDIC Member DIF NMLS#412095



#### **Medway Community Farm News**

Frost on the pumpkins, chilly mornings and early sunsets, fall has arrived.

Work on the farm shifts into a different gear.

Fall vegetables like squash, carrots, potatoes and onions are harvested and stored for the winter....or saved for your Thanksgiving share. Order now for pick up the week of Thanksgiving.

Fall on the farm is both an ending and a beginning. We are doing the last of the harvesting, storing and also preparing the fields and equipment for next

It's also a time for deferred summer projects. We will be skinning a greenhouse. Installing a new and much needed storage cooler, doing some maintenance on the farm yard, pruning, and clearing. Organizing and cleaning tools and tractors and hopefully completing the rehab of the old farm kitchen. We think the linoleum is original!

The farmstand will be open Saturdays through October then again before Thanksgiving. Come pick up some delicious organic fall veggies, fresh eggs or amazing pumpkin farm meats. Why buy your dinner fixins at the store when you get fresh, local and awesome food at the farm?

November is also our last donation to Medway's two food pantries. This year we are thankful to have been able to donate over 4000 lbs. of fresh produce!

Farming is year-round and the last 3 months of the year keep us very busy. To keep the farm going when, due to colder weather, veggies aren't growing, we need your help. Please consider becoming a member of the farm or donating to the farm - see QR code above for the farm's website.

Fall is also a great time to visit the farm. Check out all the local goods at the store or just walk the trail and enjoy all the beauty of nature, fields, meadows, woods and the river.

Did you miss Fall Fest on the Farm? Yes it was raining, and a bit muddy. But we had a great time. Thank you to all those that braved the weather to join us. Good fun, beer from several local brewers and a wonderful



band. Plan to be a part of the fun next year! And Autumn night out with appetizers from farm fresh produce, signature cocktails and dancing at Thayer House was a special event.

Don't want to miss any of the farm happenings – stay in touch with us on facebook and twitter.

And - thank you. We are thankful to be a part of such a caring community. We are grateful for all the farm has provided, food, friendship and our amazing farm family. We wish all a Happy Thanksgiving and give thanks for all we have.

Submitted by Medway Community



#### Cornerstone at **Milford Raises** Over \$6K for Alzheimer's Research

**Director of Compass Programming** Jenn Hozempa (left), EnrichedLIFE Director Leah Martel (right) with Tri-County students Abby McDonald, Keira Wagner, and Ananya Srinvas at the Walk to End Alzheimer's on Oct. 15 at Patriot Place. The senior community raised over \$6K for the Alzheimer's Association through the walk and other fundraising events.



#### **Encore Students to Receive Regional Gold Medals in New York City**

Encore Music Academy and Recording Studios, located in Franklin, MA, is proud to announce that two students have been awarded Regional Gold Medals of Excellence for academic year 20022-2023 from the Royal Conservatory of Music Certificate Program. To achieve this award, students must have attained the single highest score for their level on their instrument in the region which includes the following states: MA, RI, CT, ME, VT, NH, NY, NJ, PA, DE, MD, and

Congratulations to the following students and their instructors for the talent, hard work, dedication, and perseverance it takes to achieve such a tremendous honor:

Amelia Piercy, 16, Franklin, student of Carl Scheinman, Level 4 saxophone

Sunehri Verma, 15, Franklin, student of Lisa Ostrow, Level 6 voice

As a result of their tremendous achievement, these students have been invited to perform at the annual Celebration of Excellence in New York City on January, 28,

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of



508-429-2535

Neil Lazzaro

Holliston

1292 Washington Street, - Foreign & Domestic -

> Propane open Mon-Sun **Gas Grill Tanks Filled**



Tires & Alignment Suspension & Steering Exhaust & Brake Air Conditioning Factory Scheduled Maintenance Mass. State Inspection Station



**CHIMNEY REPAIRS • SEAMLESS GUTTERS SPRAY FOAM INSULATION** 

~Over 36 Years Experience~ Residential & Commercial From a hole in your roof...to a whole new roof!

508-NOR-EAST / 508-667-3278

www.NoreasterRoofing.com **UXBRIDGE, MA** 



Call us for a FREE Estimate CS#69907 HIC#160483

#### Medway Gold Award focuses on healthy recipes

By Theresa Knapp

Lile Simmons of Medway spent 13 years in Girl Scouts and recently attained her Gold Award, the highest award in Girl Scouting.

To be considered for the Gold



Award, a high-school aged Girl Scout must complete a Gold Award Project addressing an important issue to her and her community to create lasting change.

When thinking about her Gold Award project, Simmons - who is now training to become a nurse - knew she wanted to do something related to health and diet, so she created a cookbook of healthy recipes.

"Many people want to start eating healthy and need help figuring out where to start. I created my cookbook to give my community a resource of my favorite healthy recipes to help others start eating healthier," Simmons said.

Simmons also wanted to address the issue of obesity and hopes the cookbook encourages healthier eating habits.

Working on the Gold Award, Simmons says she learned the importance of teamwork.

"Even though the Gold

Gold Award recipient Lile Simmons (right) demonstrates healthy cooking in advance of her "Eating for you" healthy eating cookbook. Courtesy photo



Award is an individual project, it is impossible to do it alone. I learned I cannot do everything and it was helpful to have people on my team who I can rely on to help me accomplish tasks," said Simmons.

She said she also learned how to manage her time while finishing this project during her senior year of high school, taking AP classes, and playing sports. She had a full plate but was determined to finish everything on it.

"I grew up with older Girl

Scouts around me who completed the bronze, silver, and gold awards. I was inspired to take action and change the world just like them," she said.

Simmons joined the organization in Kindergarten and continued through high school. When asked what Girl Scouts means to her, she said: "To me, Girl Scouting means inspiring younger girls to change the world. I hope my Gold Award will show younger Girls Scouts that girls can change the world."



Your Money, Your Independence

#### Stop Making Sense: Massachusetts Updates Estate Tax Laws

It's taken 2 years, but Massachusetts lawmakers finally provided legislation for Governor Healey to sign on October 4th impacting the lowest (worst) U.S. estate tax threshold as part of a "\$1 billion tax relief package".

There are several positives in this package. Benefits for expanded childcare credit (over 30% of package), seniors, renters, septic systems, low-income housing, commuters, and short-term capital gains reduced from 12% to 8.5%.

Recall an estate tax may be owed based on net value of the estate of a deceased person before distribution to non-spousal heirs. To calculate net value, add all assets (real estate, investments, IRAs, small business, life insurance proceeds, personal property etc.) minus liabilities.

#### **Key facts on MA update:**

- Estate tax exemption rises to \$2 million from \$1 million, first increase since 2006.
- Provides a uniform credit of \$99,600.
- Eliminates "the cliff effect" when all assets were taxed if over threshold.
- Retroactive for estates of decedent's death on or after



Glenn Brown, CFP

January 1, 2023.

• Filed 2023 estate tax returns or estimates paid are entitled to a refund.

#### This Must Be The Place (Naive Melody).

Before celebrating a victory for the Commonwealth by echoing legislators that this "doubles the previous threshold", understand there are only 12 states in the U.S. that still tax estates.

Yes, you can live in 38 other states and pay \$0 state estate tax regardless of your wealth.

Furthermore, the federal estate tax exemption is now \$12.92

million, over 6X greater than MA. For most, there's little concern of having a life's work of earning, planning and saving being taxed upon death by the federal governent.

#### Same As It Ever Was, Same As It Ever Was...

The new \$2M threshold moves MA from tied for 49th worst to 48th of U.S. states.

Consider actions of other states since 2018 per taxfoundation.org.

New Jersey and Delaware eliminated their estate tax.

Vermont raised to \$5M, Maine \$6.4M, New York \$6.58M and Connecticut now aligns to federal government's \$12.92M.

Additionally, Illinois (\$4M) and Oregon (\$1M) legislators have proposals to increase to the federal government's \$12.92M or higher.

#### Take Me To The River (or another state)?

How quickly can one's estate exceed \$2 million in MA?

Consider the median single-family home sale price in Middlesex County is \$845,000. Add savings, 401(k), 403(b), any insurance proceeds, value of a small business, maybe a genera-

tions Maine lake house... it can add up.

Connect with an estate planning attorney. New laws and life events are opportune times to connect as well as provide an updated net worth and review your process. Remember, revocable living trusts bypass probate, not estate tax laws.

Know your net worth. Run updated estate tax estimates after \$99,600 credit applied. MA is still a graduated tax rate starting 0.8% up to 16%. For example, \$3M is now  $\sim$ \$82,400 in MA estate taxes, \$5M is  $\sim$ \$292,000 taxes, and \$10M is  $\sim$ \$968,000 taxes.

Plan to be agile in retirement. Connection to seasons, family and friends can be strong. However, proper planning can create alternatives for residency in 38 states to no longer deal with state estate tax or 5% MA state income tax (make that 9% if earning over \$1M).

At \$10M net value, does one put \$1M towards a new or 2nd home in another state, declare residency so heirs receive this value? Or stay in Massachusetts to pay ~\$1M in estate tax?

As a fiduciary, it's a responsibility to educate on the possibilities for those interested.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of Plan-Dynamic, LLC, www.PlanDynamic.com. Glenn is a fee-only Certified Financial Planner<sup>TM</sup> helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

#### **GOT INSERTS?**

#### Great for Big Events, Coupons, Menus & More!

You print or we print ... then we distribute.

Reach more than 140,000 households.

Contact Jen for Pricing and Reservations:
508-570-6544 jenschofield@localtownpages.com



Come visit our FACTORY and FACTORY SHOWROOM!

131 Morse Street | Foxboro | 508-543-9417 | woodforms.net

Hours: Monday - Thursday: 7 a.m. - 3:30 p.m., Friday: 7 a.m. - 3 p.m. Saturday: 9 a.m. - 2 p.m. CLOSED Sunday

#### The b.LUXE **beauty beat**

#### **Big Thanks...**

By GINA WOELFEL

I recently sat down with Heather Cohen, the owner of b.LUXE Hair and Makeup Studio in Medway. We had a chance to catch up and reflect on 2023 and what a crazy, wonderful year it's been, with so much to be grateful for!

During our talk, Heather shared that one of her favorite things to do in the fall is to take long walks with her dogs. "I hike my dogs most mornings, but our autumn hikes are my favorite. The air is crisp, and my pups love playing in the crunchy leaves." She also shared that it's her time to disconnect from her "salon" brain and focus on other aspects of her life beyond the day-to-day operations of her studio. The beginning of November is the calm before the busy holiday season, and Heather likes to take this time to reflect on how grateful she is for everything in her life. "Well, I'm blessed with my family, friends, and dogs. I have a tight-knit group of people who really support and love me, and that's allowed me to work as hard as I have."

As a child, Heather's family sometimes depended on their local church and community services to make ends meet. Despite their financial struggles, she never went without or felt ashamed of needing assistance. "In hindsight," she explains, "that helping hand was a blessing in disguise because it taught me the importance of taking an active role in my community and giving back. I didn't know the

significance of it at the time, but now, those acts of kindness speak volumes, and I'm extremely grateful for them. We organize volunteer opportunities at the salon for our staff to participate in, cutting hair for the Franklin Senior Center, packing food and raising money for The Franklin Food Pantry, working with PAWS New England, and donating yearly beauty scholarships to our sister school in Cancun, Mexico, who we visit each year to bring new supplies and teach classes. I'm really impressed with how our staff always joins in. If it's important to our community, it's important to b.LUXE."

During our conversation, we discussed the keys to running a successful beauty salon with over 30 talented and influential women. Heather expressed her gratitude towards her employees: "They're the backbone and heart of b.LUXE. I'm fortunate to have the creative and management teams that I do! They are the best in the business, and their incredible talent and work ethic inspire me to set the bar higher and consistently exceed expectations. We didn't become Massachusetts' most highly-rated salon just by chance! We made that happen together."

Heather also expressed her gratitude towards John Green, the owner of Medway Mills, where her salon is located. This historic, eight-acre complex is surrounded by wooded grounds, with Chicken Brook flowing directly underneath the salon. "John has done an excellent job preserving the property's natural

## hair-makeup-skincare-tanning

Holiday Specials

charm while incorporating beautifully landscaped grounds, stone walls, and flower gardens to welcome visitors to the Mill. This year, he added an upper parking lot to accommodate the overflow. Our customers love the timeless atmosphere here."

Heather has great affection for the whole Medway Mills family. "The businesses here work well together, and it's a great place to work." Three beauty and wellness businesses located at the Mill have provided Heather with an enormous amount of support and inspiration - Chat Noir Nails, whose owner is Jillian Lustgarten Cohen, Molly's Apothecary, owned by Ann Fisher, and Drift and Oak Yoga, whose owner is Bianca Fantoni. "We share many of the same customers and work together to grow each other's clientele." She praises these businesses for helping women understand their worth and enhancing the community. "To me, they de-





of that. I couldn't ask for better

serves a HUGE shoutout, too!" exclaims Heather. "We love our BEAUTY BEAT column, and without this community paper, we'd lose our direct line to our customers. "We've really enjoyed these conversations with existing and potential clients, especially those who've never visited our studio. It's been a friendly opportunity to introduce ourselves and connect with so many wonderful people."

Happy Thanksgiving from

Visit our website at bLUXE.com or scan the QR code to see our specially-priced, holiday gift card specials and our BUY 3, GET 1 FREE **Retail Sale!** 

"I need a book to list how many people I'm grateful for!" says Heather. "But I guess it really just boils down to community. I'm really very, very grateful to this community for bringing b.LUXE into the fold and embracing it the way that they have. Thank you..."

#### PAID ADVERTISEMENT

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

women to work alongside." "The Local Town Pages" define Girl Power, and I'm so proud **Pleasureable Dining and** Take Out Service

our family to yours.

The b.LUXE Team

508-376-8868

**Chinese Restaurant** 

紫丁原

Lilac House

**O**NLINE **ORDERING AVAII ABI F** 

WWW.LILACHOUSEMA.COM

The Purchase of \$35 or more (one per table) Not valid with other offers

**OPEN HOURS:** 

Mon - Thurs: 11 - 9:30 P.M.

FRI & SAT: 11- 10:30 P.M.

SUNDAY: NOON - 9:30 P.M.

34 Milliston Road, (Milliston Common), Millis MA 02054

For rates and info on advertising your business, please call Jen at 508-570-6544 or email: jenschofield@locaaltownpages.com

#### **Millis Senior Center Events**

The Millis Senior Center is located at 900 Main Street on the lower level of the Veterans Memorial Building. The Center is open Monday, Tuesday, and Wednesdays 8:30-4:00 PM, Thursdays 8:30-12:30 PM, and Fridays 8:30-12:30 PM. For more information call (508) 376-7051.

#### **Regular Events:**

Blood Pressure Checks:

A registered volunteer nurse will provide a blood pressure check every Thursday from 11:00-11:30. Free.

Cribbage: Mondays and Fridays from 9:30-12.

RUMMIKUB: Mondays at 1:00 PM

BINGO: Thursdays at 12:15 PM

#### **November 2023 Events:**

Coffee With Millis Council On Aging Director

Meet Anne-Marie Gagnon, new Millis Council on Aging Director over coffee and group conversation.

Tuesday, November 7 at 9:00 AM

#### Pizza And Prevention With Millis Fire Dept.

Monday, November 27 at 11:00 AM

Otis will be here with pizza and information about the Millis Fire Department Senior Safe Program

Free. Pre-register by calling the Senior Center

#### Tai Chi

Tuesdays at 9:00 AM Cost is \$3.00 per class.

Instructor Tony Berg will lead in the Yang style, which is the most popular of the five traditional schools of Tai Chi. The slow, controlled movements of Tai Chi improve concentration, strength, endurance, flexibility, balance, coordination, and poise. Release unnecessary tension from the body and increase relaxed awareness. The movements and postures are easily modified to fit individual needs.

#### **Services Of The Perkins Library**

Tuesday, November 21 at 11:00 AM

Join us as we welcome Mr.

Erin Fragola, Library Outreach Manager at Perkins School for the Blind about accessible supports for those with print challenges.

#### **Seated Strength And Balance**

Wednesdays at 2:00 PM

Drop in with instructor Pearl Pressman, AFAA certified, for this chair exercise class to enhance strength, increase flexibility and reduce muscle tension.

Cost is \$3.00 per class.

#### **Grab And Go Lunch From Hessco**

Every Thursday from 11:15-12 HESSCO is offering a packed lunch which consists of a sandwich, chips, side salad, dessert, and water for a suggested donation of \$3. Every week the sandwich is different. Week 1: Chicken Salad, Week 2: Turkey & Cheese, Week 3: Seafood Salad, Week 4: Ham & Cheese, Week 5: Tuna Salad. Call the Milis Senior Center at 376-7051 by noon the Friday before to order.

#### **Needle Workers Group**

Every Thursday at 10:00 AM Come meet some new and old friends as you help each other with needleworking projects. Needle pointers, knitters, crocheters, quilters and embroider-

ers are all welcome.

#### Senior Center Book Group

Tuesday, November 28 at 12:00 PM

Bring your e-reader, smartphone, or tablet and learn how to access the library's online tools.

#### **Stretch And Flow Yoga**

Fridays at 9:30 AM

Cost is \$3.00 per class.

Instructor Holly Davenport will lead gentle stretches, flowing movements, and breathing exercises. The class is adaptable and really is for everyone. Use a chair or bring your own mat if you prefer to be seated on the floor. Several levels of modification are provided and you will go at your own pace.



## EXPLORE DESIGN & STYLE

At Floor & Decor you'll find the latest trends at everyday low prices. We have thousands of styles for any budget. We even offer free Design Services to help get you started. Stop by today!



#### **BELLINGHAM**

217 Hartford Ave 774-295-2059

VISIT ONE OF OUR 4 OTHER BOSTON STORES

flooranddecor.com



### **Living Healthy**

#### **DURYSTA - A Game-Changer in Glaucoma Treatment**

By: Roger M. Kaldawy, M.D. Milford Franklin Eye Center

#### Introduction

Imagine a world where a tiny implant can help prevent vision loss and improve the quality of life for millions of people suffering from glaucoma. This vision is becoming a reality with the introduction of DURYSTA, a groundbreaking treatment option that is changing the landscape of glaucoma management. In this article, we will delve into what DURYSTA is, how it works, and its potential impact on the lives of glaucoma patients.

#### **Understanding Glaucoma**

Glaucoma is a group of eye conditions that can lead to damage of the optic nerve, ultimately resulting in vision loss. It is often referred to as the "silent thief of sight" because it typically progresses slowly and without noticeable symptoms until significant damage has occurred. The most common type of glaucoma is open-angle glaucoma, which accounts for around 90% of all glaucoma cases. In openangle glaucoma, the drainage system within the eye becomes inefficient, leading to increased intraocular pressure (IOP). Elevated IOP is a major risk factor for optic nerve damage and vision loss.

#### Traditional Glaucoma Treatments

Traditionally, the primary approach to managing glaucoma has been to lower intraocular pressure. Several methods are used to achieve this, including eye drops, laser therapy, and surgical interventions. While these treatments can be effective, they often require frequent administration, leading to compliance issues.



Additionally, surgical procedures carry certain risks and may not be suitable for all patients.

#### **Enter DURYSTA**

DURYSTA (bimatoprost implant) is a revolutionary development in the field of glaucoma treatment. Approved by the U.S. Food and Drug Administration (FDA) in March 2020, DURYSTA offers a novel and sustained approach to lowering intraocular pressure in glaucoma patients.

#### **How DURYSTA Works**

DURYSTA is a tiny implant that is placed directly into the anterior chamber of the eye through a minimally invasive procedure. This implant releases a medication called bimatoprost, which is a prostaglandin analog. Prostaglandin analogs are known to be effective in reducing intraocular pressure by increasing the outflow of aqueous humor from the eye. What sets DURYSTA apart is its sustained release mechanism, providing consistent IOP reduction for an extended period.

#### **Advantages of DURYSTA**

Long-Lasting Efficacy: DURYSTA is designed to provide sustained IOP reduction for up to twelve months after a single implantation. This means fewer office visits and a reduced need for daily eye drops, improving patient compliance and quality of life.

Minimally Invasive: The procedure to implant DURYSTA is minimally invasive and typically takes a few seconds. Patients can usually return to their normal activities shortly after the procedure.

Efficacy Across Glaucoma Types: DURYSTA has shown efficacy in reducing IOP across various glaucoma types, including open-angle and angle-closure glaucoma, making it a versatile option for a wide range of patients.

Reduced Side Effects: Unlike eye drops, which can cause side effects such as stinging, redness, and allergies, DURYSTA is delivered directly to the eye's target site, minimizing systemic side effects

Preservative-Free: Many eye drops contain preservatives that can irritate the eyes over time. DURYSTA is preservative-free, reducing the risk of irritation.

Improved Quality of Life: With fewer daily eye drop applications and sustained IOP reduction, DURYSTA can enhance the quality of life for glaucoma patients, allowing them to focus on their daily activities without the burden of frequent medication administration.

#### **Clinical Trials and Results**

The approval of DURYSTA was based on the results of clinical trials that demonstrated its safety and efficacy. In a pivotal Phase 3 clinical trial, DURYSTA was shown to significantly reduce intraocular pressure compared to a placebo, with the effect lasting for an extended period. The trial also highlighted the low rate of adverse events associated with DURYSTA implantation.

#### **Real-World Impact**

Since its approval, DURYSTA has made a significant impact on glaucoma management in clinical practice. Patients who were previously struggling with the inconvenience of daily eye drops and the fear of surgical procedures now have a more convenient and effective option for

**EYES** 

 $continued\ on\ page\ 13$ 

## MILFORD - FRANKLIN EYE CENTER

## Welcome Dr. Dan Liu - Accepting new patients starting November 1, 2023

Comprehensive Eye Exams
Back to School Exams
Full Optical Shop
Eye Glasses - Contacts

New Patients Receive a Free Pair of Select Glasses





#### SMILEFORVISION.COM



Roger M. Kaldawy, M.D. | Jorge G. Arroyo, M.D. | Dan Liu, M.D Michael R. Adams, O.D. | Shalin Zia, O.D. | Donald L. Conn, O.D. | Dr. Purvi Patel, O.D.

FRANKLIN OFFICE 750 Union St. 508-528-3344 MILFORD OFFICE 160 South Main St. 508-473-7939 MILLIS OFFICE 730 Main St. 508-528-3344 SURGERY CENTER MILFORD 145 West St. 508-381-6040



#### **Medway Veterans Day** ceremonies on Nov. 11

ceremonies will take place on Nov.11 at 10:30 a.m. at Matondi Square, 172 Village Street.

The ceremonies will honor all service men and women who have so valiantly served our great nation, and will especially honor the end of World War I on Nov. 11, 1918, the 11th hour of the 11th day, of the 11th month.

Additionally, this year, spe-

This year's Veterans Day cial veterans will be honored for extraordinary service, including Sgt. Stubby, USA, Sgt. Reckless, USMC.

All veterans are invited to attend these ceremonies as we honor their service to our nation

In case of inclement weather, ceremonies will be held in the Village Church at 170 Village Street.



#### **EYES**

continued from page 12

managing their condition.

DURYSTA has particularly benefited individuals with poor adherence to medication regimens, as it eliminates the need for daily eye drop administration. This can be especially crucial in preventing vision loss in glaucoma patients, as consistent IOP control is essential to preserving vision.

Furthermore, DURYSTA has the potential to reduce the healthcare system's burden by decreasing the frequency of office visits and surgeries for glaucoma management. This can lead to cost savings and improved resource allocation in healthcare.

#### **Challenges and Considerations**

While DURYSTA presents a promising solution to many of the challenges associated with glaucoma management, it is not without its considerations:

Cost: The cost of DURYSTA may be a barrier for some patients, as it is a relatively new treatment and may not be covered by all insurance plans.

Implantation Procedure: While minimally invasive, the implantation procedure for DURYSTA still requires a skilled ophthalmologist. Access to specialized care may be limited in some areas.

Long-Term Data: As DURYSTA is a relatively new treatment, long-term data on its safety and efficacy beyond the three-year mark is still being collected.

#### Conclusion

DURYSTA represents a significant advancement in the field of glaucoma treatment. Its sustained release mechanism, minimal invasiveness, and potential to improve patient adherence make it a game-changer for glaucoma patients. As further research and real-world experience accumulate, DURYSTA's role in preserving vision and enhancing the quality of life for those with glaucoma is likely to become even more pronounced. While challenges and considerations remain, DURYSTA offers new hope and a brighter future for individuals living with this sight-threatening condition. Our center and ophthalmologists have state of the art equipment to diagnose and treat many eye

problems, including glaucoma. We offer DURYSTA in our state-of-the-art surgery center in Milford. 7 dedicated eye care providers here to help you in 3 facilities in Franklin, Milford and Millis. We are available and have Saturday and after-hours appointments. From the basic eye exam to the high-tech surgeries performed locally in Milford, our center is now able to better recognize glaucoma and manage this disease with many interventions including DURYSTA. We continue to provide world class eye care for the entire family.

For more details, see our ad on this page 12.

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

#### **Speech-Language & Hearing**

**Associates of Greater Boston** 

Offering both Center-based and Tele-therapies

Serving the children, adolescents and adults of greater Boston for over 22 years

- Speech-Language-Voice Evaluations and Therapies - All Ages
- Hearing Tests, Custom Fit Hearing Aids and Service
- Reading and Writing
- Occupational Therapy

Many of Our Services are Covered by insurance

5 North Meadow Rd, Medfield (508) 359-4532

30 Man-Mar Drive, Plainville (508) 695-6848



Speech & Language delays/disorders Post-Stroke and Parkinson Therapies Wilson Reading, Comprehension,

Visit our website: www.speechlanguageandhearingassociates.com

#### **Medway Christmas** Parade on Nov. 25

The 31st annual Medway Christmas Parade will take place on Sat., Nov. 25 at 5:30 p.m.

This wonderful spectacular event is typically viewed by more than 8,000 people from Medway and surrounding communities. The parade will include a large number of fire apparatus from cities and towns from all over Massachusetts, floats from commercial businesses and community organizations, plus antique vehicles.

The parade kicks off from Medway High School promptly at 5:30 p.m. on Sat., Nov. 25 and will proceed along Summer St. to Milford St., down Franklin St., to Village St. to Holliston St. (in Medway Village) to Main St. to finish at Choate Park.

The Choate Park and Thaver House festivities will continue with a presentation of this year's Grand Marshall honoring nowretired Lt. Mathew Reardon for his 28 years of dedicated service to the Medway Police Dept. and Town of Medway.

Choat Park will feature the annual Christmas light presentation and end with a dazzling fireworks display; and the Thayer House will host Santa Claus where children can have photos taken at no charge.

In case of inclement weather, the fireworks will be held on Sun., Nov. 26.

Community participation is encouraged with commercial floats required to provide a minimum donation for each business float or sign displayed. Any surplus funds are used to purchase LED light fixtures for Choate Park. Donations can be made to the Medway Christmas Parade, 155 Village St., Medway, MA

> 100% of the more than \$13,000 needed to produce the parade and festivities is privately raised, the Town of Medway does not fund this event.



#### **Medway Council on Aging November Events**

#### **Lunch And A Movie**

Join us for lunch and stay for a movie. We'll supply the popcorn! Show time is at 1:00 PM.

"Guess Who is coming to Dinner" will be airing on Thursday, November 9th.

On Thursday, November 30th the film we'll be showing is Planes Trains and Automobiles.

#### **Veterans Lunch**

The Friends of Elders and

COA are calling all Medway resident Veterans to join us for a free lunch on Tuesday, November 14th at 12:00 PM. We want to thank all of you for your service. Please sign up by calling 508-533-3210 or visiting the Center (by November 7th) to let us know that you will be attending.

#### Historian Anthony Sammarco

November 15th 1:00 PM

back by popular demand is Anthony Sammarco talking about Thanksgiving Traditions in Boston. This event is free but please sign up for planning purposes.

#### **Sand For Seniors**

The Medway Fire Department will donate a 5 lb. bucket of sand to any Medway Seniors home to treat icy stairs, sidewalks, or driveways. If interested, please contact Medway Center at 508-533-3210

#### **Fuel Assistance**

If you were approved for Fuel Assistance last year, you will be receiving a pre-printed application form in the Fall from SMOC (South Middlesex Opportunity Council) for the 2023-2024 heating season. To avoid delays in receiving your benefits, gather all your documents early and schedule an appointment with the Outreach department. We will review everything with you so you can submit your renewal application. New applicants begin November 1, 2023. Income guidelines for Fiscal Year 2023 are \$45,392 for a one-person household and \$59,359 for a 2 person household. Call the Outreach department for more information.

#### SHINE (Serving Health Insurance Needs Of Everyone)

If you would like to make a change to your Medicare plan for 2024, you may do so during the annual Medicare Open Enrollment Period between October 15th and December 7th. If you need assistance with choosing a plan and/or to understand your

current plan, call the Center to make an appointment with our SHINE counselor, Jean Roy. Appointments available in person or over the phone on Wednesdays between 9:00 am and 1:00 pm.

#### **Outreach Department**

Did you know that the Senior Center has two part-time Outreach workers? The Outreach Department can meet with seniors, families, or any individual. We can explain community programs and benefits, assist with applications for designated programs, aid in the search for services, and act as an advocate to support individuals in need.

Examples of what the department can help with include but are not limited to:

- SNAP (food stamps) applications
- Fuel assistance applications
- Referrals for Home Care Services
  - Internet Discount
  - Mass Health applications

If you need assistance, call the Center and ask for Kim Cookson or Marcia Lombardo in the Outreach Department.

# THE BEST TRUCK AND CAR REPAIR SERVICE IN MILLIS Get top-notch auto repair services today at R & R Auto Repair Inc.. From AC repair to transmission services, our goal is to offer expert auto repairs at an affordable price. Call today to schedule an appointment at 508-376-4900. Quick and Trouble-Free Get A Clear Estimate With No Hidden Costs Services Include: Electrical, Heating and Cooling, Tires, Inspections and Emissions, AC Repair, Towing and more! 1463 Main St., Rte #109, Millis • 508-376-4900 rrautomillis@gmail.com • Mon.-Fri. 8am-5pm • Sat. 8am-12pm

#### WOODSTOCK BUILDING ASSOCIATES, LLC

The Leader in Design-Build

#### WOODSTOCK, CT

3 Route 171, Suite 1 860-928-0897



#### FRANKLIN, MA

15 Main Street, Suite 11A 508-570-4853

#### Residential Carpenter to join the team in Franklin, MA!

If you want to work in a supportive team environment and collaborate on some amazing residential projects, then you should join the Woodstock Building Associates team. Our company is focused on continuously improving our processes and elevating our business. Our mission is to have a positive sustainable impact in the communities we build in. We are a residential design-build firm that is 21 members strong, a family focused organization, passionate about our mutual success, and looking to create happy clients.

#### Learn more here: wbahomes.com

#### Emails at: careers@wbahomes.com







MA Home Improvement Contractor #119085 - MA Construction Supervisor #111269 - CT Home Improvement Contractor #565903 - CT New Home Construction Contractor #160

#### Medway Holiday Light Fight

Do you enjoy decking the halls? The Town of Medway will host its annual "Holiday Light Fight" from Nov. 23 at 6 p.m. through Dec. 6 at 9 p.m.

Light displays should be lit up and ready for judge viewing on

Dec. 6th between 6 p.m. and 9 p.m. Judges will use the following categories when deciding on a winner: holiday spirit, use of lights, and overall design.

The winner will be awarded a trophy and, most importantly, bragging rights.

After judging is completed, all participants will have the option to be added to the map of holiday light displays for spectators to drive by during



December. The map will be shared on social media.

To register your display, follow the QR code, but only register if you are entering the contest! The Parks & Recreation Department will share the map on social media and its website.

Note: Please do not register if you only want the map.

Source: www.medwayma.myrec.com

#### Some Medway playgrounds now have food allergy inclusion signs

Organizers still seek ways to promote allergen awareness across Med-

By Sofia Mercier STUDENT WRITER

Medway residents Patricia Sampson, Erin Griswold and Caitlin Regan worked together to make Choate Park and Oakland Park a safe space, for children with allergies, by proposing food allergy inclusion signs on the play-

Sampson has spent much of her parenthood keeping her three-year-old son, Conrad, safe from his allergies. With seven life-threatening food allergies, it becomes increasingly difficult for Sampson to help her son live a 'normal' and carefree childhood.

She recalls a time when a caregiver had a large jar of peanut butter on an Oakland Park picnic table. The caregiver was making sandwiches and letting her children run around while doing so. At times like this, Sampson would speak up, but it usually led to a 50/50 response of: 'I'm so sorry, I hadn't even thought of it,' or 'We're outside, just keep him away from us.'

"Trips to the playgrounds started to feel like more of a



Conrad Sampson, age 3, stands beside a new allergy awareness sign at Choate Park. Conrad has several life-threating food **Credit: Patricia Sampson** 

chore than a fun family activity," Sampson says.

Children with severe allergies are prone to anaphylactic shock after touching their mouth, nose, or eyes while eating or playing in public spaces. Due to allergy-related anxieties, caregivers may choose to not bring their children to playgrounds or other

public spaces. This isolates their child from the rest.

Beginning last spring, Sampson, Griswold, and Regan met two or three times a month to voice concerns and discuss the proposal they would later send to Medway Parks and Recreation. Sampson knew there was more that could be done than just hiding from social events and scaring her son by making him aware of his allergies.

After hearing Sampson's heartbreaking story, Regan began to educate herself and Recreation voted in favor of

her daughter about food allergen awareness. The three further researched ways to educate others about food allergies and found allergen awareness signs in communities such as New Castle, NY: Harlingen, TX; and Rockford, MN. The signs included voluntary steps park-goers can take to create a safer environment for the children which include eating at picnic areas and clean your hands with a water-based wipe after eating.

In July, Medway Parks and

the proposal. In August, the signs were installed on Medway public playgrounds.

While their proposal was approved, Sampson, Griswold, and Regan are still looking for ways to promote allergen awareness across Medway. Their goal is to be of help to anyone who suffers from any food allergy or restriction. With the holidays coming up, they continue their efforts to support safety by hosting a tent at Medway Day and a trunk at the Medway Trunk or Treat.











**EXPERIENCE** 



Extensive Benefit Package including health and 401k plans

#### PLUMBING · HEATING · A/C · ELECTRIC · REMODELING

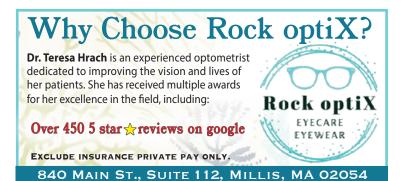


Enjoy your career! To learn more, scan the code or visit Rodenhiser.com/Careers



#### Millis Jolly Holly Fair on Dec. 2

The Jolly Holly Fair is a Millis tradition of more than 70 years! Join us at Church of Christ in Millis (142 Exchange St.) on Sat., Dec. 2 from 9 a.m. to 2 p.m. to shop from local vendors, bid in the Silent Auction, enjoy fresh wreaths and greens decorations, and more! Santa will be there for pictures with the kids, plus visit the "kids only" shopping room, and face painting. For more information, call 508-376-5034 or visit www.millisucc.org



508-376-2539 + ROCKOPTIX.COM



#### **Here Today.** Here to Stay.

While "big banks" sure like to talk about their commitment to the community, at the end of the day they are the first to bail out and close branches.

Our customers know they can count on Charles River Bank for not just the powerful solutions they need, but the personal connections that make the difference.

#### **Personal Connections. Powerful Solutions.**

Visit CharlesRiverBank.com or visit one of our convenient locations to open a new account today.



Personal Connections. Powerful Solutions. CharlesRiverBank.com

70 Main Street • Medway • 508.533.8661 2 South Maple Street • Bellingham • 508.966.2857 1 Hastings Street • Mendon • 508.422.9792



Member FDIC | Member DIF

Are you looking for a job with school hours and the school schedule?

We have the job for you!

The Medfield Foodservice Department is now hiring! Substitute worker positions available with flexible hours, as well as full time, benefited positions.

For more information please contact: Caitlin Fahy at cfahy@email.medfield.net or 508-242-8897

#### Looking for a Veterinarian?

#### Services we offer:

- Wellness care
- Preventative medicine
- Routine & specialty surgery
- Ultrasounds & echocardiograms
- Massage therapy
- Laser therapy
- Same day and urgent care appointments

Privately owned full-service veterinary clinic.



508-966-7605 uppercharlesah.com

116 Mechanic Street, Bellimgham MA 02019

## WANT TO GO SOLAR?

**PLEASE GIVE US A CALL** 

978-761-9844

JOSE@AMAZINGEARTHSOLAR.COM



## **Celebrate the Holidays with FPAC Holiday Productions**

FPAC Holiday Productions will present two shows as part of its annual holiday season. December kicks off with the holiday classic: The Nutcracker, presented December 2 and 3 at the Franklin High School Auditorium. Experience all the festive magic and colorful splendor of *The Nutcracker* as FPAC stages its cherished annual production of the holiday classic with live orchestra conducted by Austin Davy, special guest artists and more than 100 area dancers. The Nutcracker remains a highly anticipated and treasured part of the FPAC season - a popular holiday tradition for more than 20 years. The world-famous ballet, set to Tchaikovsky's beloved score, delights the imaginations of audiences young and old with a professional production at a reasonable price. The production is staged by Cheryl Madeux of American Ballet Theatre, Hartford Ballet, and Joffrey Ballet. Madeux is currently director of BalletFranklin- the ballet conservatory at the Franklin School for the Performing Arts.

Lucy Stewart of Complexions Contemporary Ballet will appear as The Sugar Plum Fairy. Stewart grew up in a suburb of Denver, Colorado, where she spent her early years dancing at a small studio in the mountains and then at Colorado Ballet. Originally training in all forms of dance, her primary areas of study included ballet, contemporary and jazz. She spent her summers training with American Ballet Theatre, The Joffrey Ballet, COMPLEXIONS, and Colorado Ballet. Lucy has studied the last two years at The Juilliard School in the dance division where she had the opportunity to study with various leading artists in the dance world, including Ohad Naharin, Tiler Peck, Rena Butler, and James Whiteside, as well as the opportunity to perform Set and Reset by Trisha Brown. For the last several years, Lucy studied regularly with John Gardner and Amanda McKerrow from ABT.

Jacopo Calvo, also of Complexions Contemporary Ballet, will join Stewart as her Cavalier. Calvo was born in Asti, Italy. He began his dance training at the age of 11 at his hometown school, Ritmo Danza. At 18, he moved

to NYC where he attended The Ailey School on scholarship. He has worked with choreographers such as Marcus Jarrell Willis, Brice Mousset, Ray Mercer, Earl

## Business sp⊗tlight





Mosley, Francesca Harper, and artist Nick Cave in The Let Go at the Park Avenue Armory. He has attended summer intensives with American Ballet Theater and Complexions Contemporary Ballet, and RESET 2021 with Studio Wayne McGregor. Jacopo has performed with Alvin Ailey American Dance Theater for their 60th Anniversary Season

in Memoria at New York City Center and for the Ailey Spirit Gala. This is his 2nd season with Complexions.

FPAC Holiday Productions are presented at the Franklin High School Auditorium. For tickets and more information, visit www. FPAConline.com or call the box office at 508-528-3370.

PAID ADVERTISEMENT

#### **Medway Police Dept. Police Log**

Between Sept. 15 and Oct. 15 (press time), the Medway Police Department responded to hundreds of calls, many related to erratic/suspicious/disabled motor vehicles, motor vehicle violations, general traffic enforcement, fire alarms (including several faulty smoke detectors), 911 hang ups, lockouts, radar requests, serving warrants, and providing mutual aid to other towns.

Other entries of note include:

Sept. 15 at 2:45pm, Walker St., animal control call, advised. Caller reported coyote sitting at end of street towards Franklin.

Sept. 15 at 5:47pm, Main St., disturbance, report. Employee said customer is refusing to leave drive-thru because their prescription is not ready yet

Sept. 15 at 6:49pm, Mechanic St., animal control call, logged. Caller said somebody abandoned their pet bunny and it is now in her backyard.

Sept. 15, Holliston St., disturbance, report. Caller said two patients got into a physical

fight.

Sept. 16 at 2:42am, Main St., suspicious person, logged. Police checked on three juveniles in the area. Parties said they were on their way home and police escorted them to a residence.

Sept. 16 at 3:45pm, Barber St., vehicle fire, responded. Caller reported his car was on fire. Police and fire responded.

Sept. 16 at 8:37pm, Meryl St., fire/natural gas leak, investigation. Caller reported a smell of gas within the house; police and fire responded. The problem was coming from the oven.

Sept. 17 at 2:40am, Azalea Dr., suspicious person, transport. Caller reported an elderly man on the back porch who appeared confused and had a wound on his head.

Sept. 18 at 12:39pm, Charles River Rd., motor vehicle erratic operation, advised. Caller reported a party riding an ATV up and down the street for the past 20 minutes. Police advised the operator about the rules and regulations and advised him to stay off the main road.

Sept. 18 at 6:50pm, Birch Bark Rd., tree down, removed.

Sept. 19 at 3:33pm, Maple St., accident other, logged. Caller reported a vehicle struck a rock on their property and is now stuck.

Sept. 19 at 3:41pm, Summer St., motor vehicle accident with injury, transport.

Sept. 21 at 7:22am, Holliston St., trash can fire, police and fire responded.

Sept. 21 at 11:48am, West St., erratic motor vehicle operation, gone on arrival. Caller reported a vehicle "swerving and almost crashed multiple times."

Sept. 21 at 2:50pm, Summer St., disabled motor vehicle, assisted party. Caller reported an 18-wheeler broken down in the southbound lane of Summer St.

Sept. 22 at 3:14pm, Willow Pond Cir., motor vehicle accident with injury, arrest. Police received a 911 call from an automated crash response stating the owner of the phone was involved in a crash and was not responding to their phone. Police and Fire responded.

Sept. 27 at 11:28am, Cutler St., fire, police and fire responded. Caller reported their dryer was smoking.

Sept, 27 at 6:00pm, Summer St., motor vehicle accident with injury, transported. Multiple 911 callers reported a two-car accident, and "one juvenile female struck by a car." Police and fire responded; Millis and Bellingham also responded. Patients were transferred to Milford, Boston (MedFlight) and Worcester (MedFlight).

Sept. 29 at 9:07am, Pond St., animal control, logged. Caller reported an injured owl in the yard.

Sept. 29 at 5:12pm, Main St., identity fraud, report.

Oct. 1 at 3:57pm, unwanted party, report. Police kept the peace.

Oct. 1 at 9:09pm, Holliston St., safety hazard, logged. Caller reported 10-12 juveniles walking in the roadway; gone on arrival.

Oct. 2 at 2:20am, Sanford St., fire alarm, logged. Police and fire responded. Units also responded from Millis, Frank-

lin, and Norfolk. Bellingham provided station coverage. Asked management company to contact its alarm company to replace attic detector.

Oct. 2 at 6:06pm, Milliston Rd Millis, assist other police department. Medway assisted Millis in a search for a missing person; party was located.

Oct. 4 at 10:36pm, Milford St., arrest. Person arrested for operating under the influence.

Oct. 5 at 12:08pm, vandalism, report. Caller reported graffiti in the area.

Oct. 5 at 6:36pm, Summer St., break and enter, investigation. Caller reported their shed was broken into.

Oct. 8 at 9:44am, Village St., assault, report. 911 caller reported a road rage incident and was assaulted by the other driver.

Oct. 13 at 4:05pm, Barber St., threatening, report.

Oct. 14 at 12:19pm, Priscilla Rd., fire-investigation, logged. Police investigated possible illegal burn; resident was advised and fire was put out.

Source: www.townofmedway.org



#### **Sports**

#### Improved Millis girls' soccer team eyes tourney success

By KEN HAMWEY STAFF SPORTS WRITER

The Millis High girls' soccer team won two matches during the regular season last year but still managed to earn a berth in the state tournament.

Hit the fast-forward button to this season and it appears that the Mohawks again will be a playoff participant. But there's one glaring difference: winning

"Last year, we had only three seniors and we were a very young team," said Coach Olivia Zitoli, who is now in her fourth year at the helm. "This year's team has 15 returning players with different degrees of experience."

The Mohawks' overall strengths are many and Zitoli rattles them off with a smile. "We've got depth, experience, a high soccer IQ, athleticism,

All of these positives led Zitoli to set some lofty but achievable goals at the start of the season.

"Working hard and daily improvement topped my list," she noted. "Then, we planned on compiling a .500 record with an eye towards competing admirably in the TVL Small Division. And our final goal was to qualify for the tourney and advance as deep as possible."



soccer team. Courtesy photo

Left, the 2023 girls' soccer team at Millis High relies on depth, experience, a high soccer IQ, and athleticism. Courtesy photo



is more prevalent. At Local Town Pages' deadline, Millis had a 5-5-2 record and was No. 8 in the MIAA Division 5 power rankings. The Mohawks' strong Tri Valley League schedule should also play a key role in clinching a playoff berth.

mental toughness and excellent team chemistry," she emphasized. "In spite of losing so many matches last year, the 15 players continued to work hard and build team chemistry. They also strived to sharpen their skills."

Thanks to a plethora of senior moments, a tourney invite seems likely. Zitoli has seven seniors who play vital roles and four of them are captains. They include Riley Caulfield (defensive midfielder), Isabelle Jewett (outside midfielder), Abigail Powers (outside defender) and Emily Steiner (center back).

"The captains lead with their words and their actions on and off the field," Zitoli said. "Their leadership styles vary. Some lead by example, some by being vocal and communicative, and others by showing support. They've all displayed a strong work ethic and have helped to build team chemistry."

Caulfield has a variety of strengths. "Riley has a high soccer IQ, mental toughness and tremendous field awareness," Zitoli said. "Her accuracy is excellent, her passing is effective and she strikes the ball hard, especially at the net. 50-50 situations. She displays Jewett runs in effort-less fashlots of speed and hustle on the ion. "Isabelle has terrific enwing." durance," Zitoli noted. "She's Senior Reaghan McMa-

very effective in transition, able hon is a consistent forward. to switch from offense to de-"Reaghan has very good field fense with no problem. A vocal awareness and is effective on leader, she plays fast and agcombination plays in the ofgressively for an entire game." fensive end. She's got a good Powers is a tenacious deknowledge of the game." fender. "Abigail is so talented

The 32-year-old Zitoli is pleased with the style of play her players have embraced. "We're disciplined on defense, and we rely on a strong possession game with quick combination plays that help us attack the net," she said.

Zitoli's competitive philosophy focuses on several key aspects. "We stress the importance of building on all of last year's hard work," she said. "We strive to improve daily and to enjoy the athletic journey. And we want to win more than we did last year."

Zitoli knows that sports teach life lessons and she hopes her players learn five important ones. "Athletics can help our players learn to be accountable, to be good teammates, to lead,



strong scoring threat." Senior Marissa Herrlein plays outside back and handles that position well. "Marissa is tenacious, tough and physical," Zitoli said. "She also is good in

on defense," Zitoli said. "She's

often called on to defend the

top strikers in the TVL. She

also contributes to our offensive

game with lots of stamina on

back line. "Emily is a gifted de-

fender," Zitoli offered. "She's

got great technique in moving

the ball in passing situations.

Her soccer IQ is high and her

sett is "our best 50-50 ball win-

ner." Zitoli likes her physical

style. "Hailey is a great asset in

front of the net. She has good

awareness of the net and is a

Senior forward Hailey Bas-

field sense is outstanding."

Steiner is the leader of the

the wing."

**SPORTS** 

#### **Sports**

#### Would you know what to do if you lost your job?

#### Tips to help you prepare for an unexpected career crisis.

We all know how important it is to be prepared for a fire, flood, or other type of emergency. What about something that seems less dramatic, but can be equally devastating, like unemployment? You can't dial 911 or stop, drop, and roll, but you can take steps to help minimize some of the fallout from losing your job.

- **1. Stay positive.** It's important to remember that the decision was probably based on the economy or other external factors.
- 2. Be professional. If you handle yourself with decorum, your employer may be willing to serve as a reference, recommend you to vendors, and even provide assistance with interviewing and résumé building. Plus, if their economic situation continues to improve, who's to say they won't hire you back?
- 3. Account for every penny. Review your terms of employment and claim any money owed to you from bonuses, commissions—even unused vacation. Also, find out if you are entitled to a severance package. If not, file for unemployment benefits right

away since it may take weeks to process.

- 4. Replace lost benefits. If your spouse works, see if you can add yourself to his or her health care plan. If not, you can apply for COBRA coverage within 60 days of termination and extend your health care benefits for 18 months. Similarly, you may want to purchase an affordable term life insurance policy to help replace any workplace coverage you may have had.
- **5. Evaluate your retirement plans.** While some employers allow you to leave your 401(k) in place, it may not always be the right move. Have a financial professional look the plan over and see if you are better off rolling over the funds into a traditional IRA or Roth IRA.1
- 6. Network-Network-Network. You never know where your next job will come from, so take advantage of every networking opportunity. Also, be sure to use social media platforms like LinkedIn to help connect with people online and let them know you're looking.

This educational third-party article is being provided for information purposes only as a courtesy by Michael Damon, Agent, New York Life Insurance Company. To learn more about life insurance and financial strategies, please contact Michael Damon at 508-321-2101.

¹When considering rolling over the proceeds of your employer-sponsored retirement plan to an IRA, you have the option, among others, of leaving the funds in your existing plan, if permitted, or rolling them into your new employer's plan, if one is available and rollovers are permitted. Each choice of-



fers advantages and disadvantages, depending on the desired investment options and services, fees and expenses, withdrawal options, required minimum distributions, tax treatment, and your unique financial needs and retirement plans. (Neither New York Life Insurance Company

nor its agents provide tax or legal advice. Consult your own tax and or legal advisors regarding your particular situation.)

#### PAID ADVERTISEMENT

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

#### "Strategies for Success"





#### Your Vision; Our Mission

Michael T. Damon Financial Adviser\* Damon Financial, LLC\*\* 45 Milford Street, Suite 3 Medway, MA 02053 (508) 321-2101 Mike@DamonFinancial.com DamonFinancial.com

Registered Representative offering investments through NYLIFE Securities LLC (member FINRA/SIPC). 

A licensed Insurance Agency and wholly owned subsidiary of New York Life Insurance and an agent licensed to sell insurance through New York Life Insurance Company and may be licensed to sell insurance through various other independent unaffiliated companies.

\*Financial Adviser offering investment advisory Service\*\*

\*Financial Adviser offering investment advisory Services through Eagle Strategies LLC, a Registered Investment Adviser.

\*\* Damon Financial, LLC is not owned or operated by NYLIFE Securities LLC or its affiliates.

#### **SPORTS**

continued from page 18

to overcome adversity and to learn time management," she said.

Millis' varsity assistant coaches are Molly Breen, Denise Caulfield and Yvonne Fitzgerald. Glen Panciocco is the jayvee coach, Fitzgerald guides the freshmen and Tim Howden coaches the middle-school team.

Zitoli is no stranger to Millis or competitive athletics. She graduated from Millis High in 2010 after outstanding seasons in soccer and basketball. She was a captain and a TVL allstar in both sports.

Zitoli competed in soccer for William Smith College in Geneva, NY. She was a center back on the college's 2013 team that won the Division 3 national championship and she earned Division 3 All-American honors.

Next March, the Millis 2009 girls' soccer team that won a state championship will be inducted into the school's Athletic Hall of Fame. Zitoli was a key contributor on that squad.

That accolade no doubt will be memorable but Olivia Zitoli is intensely focused on the present. Tourney time has arrived and the coach is hoping her Mohawks will enjoy their postseason journey.





## Medway Village Food Pantry Presents President's Volunteer Service Awards

#### 16 volunteers recognized for outstanding service, totaling 4,900 hours

On Sept. 24, the Medway Village Food Pantry recognized 16 of its volunteers with the prestigious President's Volunteer Service Award for outstanding service over the previous 12 months. The Medway Village Food Pantry is 100% volunteerled (there are no paid staff positions), and the award recipients all dedicated a significant number of volunteer hours to the food pantry by performing a variety of different tasks.

It is worth noting that the pantry is open on Saturday mornings from 8 a.m. to 10 a.m., which means these volunteers consistently arrive before 8 a.m. at the beginning of their weekends, and they stay until the last client has finished shopping.

Susan Dietrich, Executive Director of the Food Pantry, opened the awards ceremony by thanking the 16 service award recipients for dedicating over 4,900 volunteer hours over the last year. "This is an incredible achievement, and we are so grateful to this amazing group."

Dietrich also thanked State Representative Jeffrey Roy, Medway Select Board Chair Glenn Trindade, and Susan Calhoun Nicholl from Senate President Karen Spilka's Office for attending the event.

Rep. Roy presented awards to the following recipients who were recognized for their work at the food pantry between Sept. 2022 and Aug. 2023: Brian Adams, Blanca Choate, Marilyn Conley, Aidan Dietrich, Martin Dietrich, Susan Dietrich, Jean Geneseo, Beth Martin, Lily Reed, Michelle Reed, Brynn Sheehan, Mike Sheehan, Chris Tomasetti, Jen Tomasetti, Ryan Tomasetti, and Roy Young,

A brief bio for each recipient is included below. For the full introductions, visit www.millismedwaynews.com.

#### Teen Awards (ages 11-15)

Brynn Sheehan - a freshman at Medway High School, and she earned a Bronze Level President's Volunteer Service Award for dedicating 50 hours at the Medway Village Food Pantry from Sept. 2022 through Aug. 2023. Her excellent organizational skills and kind personality are a true asset to our pantry.

Lily Reed - a freshman at Medway High School, and she earned a Bronze Level President's Volunteer Service Award for dedicating 53 hours at the Medway Village Food Pantry. She greets everyone with a smile, and she shares her friendly demeanor with clients and volunteers alike.

#### Young Adult Awards (ages 16-25)

Christopher Tomasetti - a senior at Medway High School, and he earned a Bronze Level President's Volunteer Service Award for dedicating 101 hours at the Medway Village Food Pantry. Chris remains calm even when the pantry is extremely busy, and his ability to manage multiple demands for his



attention simultaneously is un-

Aidan Dietrich - a senior at Medway High School, and he earned a Bronze Level President's Volunteer Service Award for dedicating 139 hours of service. One of our longestserving volunteers, Aidan makes it a point to greet clients with a winning smile while remaining focused on whatever task he performs

#### Adult Awards (ages 26+)

Beth Martin - earned a Bronze Level President's Volunteer Service Award for dedicating 103 hours of service. She shares her friendly demeanor and warm smile with everyone she serves, and she balances adherence to our guidelines with her genuine kindness.

Michael Sheehan - earned a Bronze Level President's Volunteer Service Award for dedicating 108 hours of service. He always has a smile and a kind word to share with fellow volunteers and clients alike, and his relentless energy is contagious.

Roy Young - earned a Bronze Level President's Volunteer Service Award for dedicating 117 hours of service. His dedication to the pantry and his welcoming smile is integral parts of the food pantry.

Blanca Marroquin Choate - earned a Bronze Level President's Volunteer Service Award for dedicating 120 hours of service. Blanca shows tremendous compassion and care in all that she does, and her warmth shines through in every task she completes.

Jean Geneseo - earned a Bronze Level President's Volunteer Service Award for dedicating 131 hours of service. She is always the one asking, "What else can I do?", and her smile, energy, and sense of humor brighten any room in which she is present.

Brian Adams - earned a Bronze Level President's Volunteer Service Award for dedicating 146 hours of service. To see Brian at work, it is clear that he truly cares for the people he serves, and he loves and excels at the work he performs.

Marilyn Conley - earned a Silver Level President's Volunteer Service Award for dedicating 254 hours of service. She always has a hug and a snack to share, and everyone looks forward to Marilyn's smile, her playful antics, and especially the way she makes everyone feel truly and completely loved.

Ryan Tomasetti - earned a Silver Level President's Volunteer Service Award for dedicating 252 hours of service. Ryan always has a smile to share, seemingly boundless energy that lifts everyone around him, and a kindness in his actions toward clients and volunteers alike.

Martin Dietrich - earned a Silver Level President's Volunteer Service Award for dedicating 255 hours of service. Marty enjoys looking up the Spanish and Portuguese vocabulary for whichever area he is managing on a Saturday, and he freely shares his love of music and good food with both clients and volunteers.

Michelle Reed - earned a Gold Level President's Volunteer Service Award for dedicating 503 hours of service. Michelle's tremendous organizational and technical skills are instrumental to the pantry's success, and she demonstrates kindness and compassion for clients that lets them know they are cared for.

Jennifer Tomasetti - earned a Gold Level President's Volunteer Service Award for dedicating 915 hours of service. Though she shies away from recognition and attention, Jen always has a smile and a kind word for everyone she encounters, and the clients and volunteers all look forward to seeing her each week.

Susan Dietrich - earned a Gold Level President's Volunteer Service Award for dedicating 1,660 hours of service. She is truly the heart and soul of the food pantry and is involved in every aspect of its operation, all while demonstrating boundless compassion for the grateful clients she serves.

Submitted by the Medway Village Food Pantry Board



## TOPSoccer, a special program for kids with special needs

#### Norfolk chapter to move to King Philip High School in spring

By Grace Allen

It's a typical sight on a Sunday morning: a soccer field brimming with activity while parents cheer from the sidelines. For families who have kids with disabilities, that experience once might have seemed out of reach. TOPSoccer is changing all that.

TOPSoccer (The Outreach Program for Soccer) was developed by US Youth Soccer for children and youth from ages 4 to 26 with physical and/or mental disabilities. The participants are paired with volunteers who teach them how to play soccer in a safe and fun way.

A local TOPS chapter has been operating in Norfolk since 2011, with participants from several surrounding communities. Starting in spring 2024, the program will move to King Philip High School in Wrentham, which is offering the field for free so there will be no cost to families.

John Rainone, the director of the TOPS program, says the move to the high school is significant because the turf field will make it easier for kids with disabilities to play, without the worry of uneven terrain.

"Our TOPS program has some of the highest numbers in the state," said Rainone. "We have multiple kids in wheelchairs, multiple kids on crutches and leg braces, and a couple that are legally blind. The turf field will make the program even more inclusive."

Rainone has been involved with the Norfolk-based TOPS chapter since its start, and in 2020 became its director. He

#### Other TOPSoccer communities nearby include:

Dover-Sherborn Hopkinton Natick Norwood

Wellesley

Source: www.mayouthsoccer.org/programs/topsoccer-communiities/ years, and calls the experience rewarding for everyone involved in the program, including players, parents, and volunteers.



From left, KPHS soccer players Lauren Obara, Natalie Seropian, and Halle Leblanc, with TOPS athlete Rowan Lee. Courtesy photo

runs the program with the help of his daughter, Kelsie, who began volunteering with TOPS when she was in 6th grade.

According to Rainone, the primary goal of TOPS is to provide a fun, social outlet for special needs kids while learning to play soccer. But another, equally laudable goal, is to provide the parents of these kids with the opportunity to just sit and watch while volunteers take over.

"Parents can relax, knowing their child is safe, having fun, and involved in a sport in a way they probably didn't think would ever be possible," said Rainone.

Mark and Erin Botelho's son, Leo, has multiple disabilities, including cerebral palsy, and is legally blind. Leo has participated in the TOPS program for 12 years, beginning at the age of 3. He started with a walker but now uses leg braces and walks independently. He enjoys playing goalie, says his mother.

"The volunteers from King Philip are amazing and kind students," said Botelho. "We are thankful our son has found a place where he is welcome and expected only to be himself."

Another parent, Lauren Love, says TOPS has provided her son Jonathan with the opportunity to practice the fundamentals of soccer at a level appropriate for him. Love says her son has participated in TOPS for close to 10

"It's provided Jonathan with a wonderful social experience, and has given us a sense of community," said Love. "It has allowed me to meet and share information with other parents who experience both the joys and the struggles of having a child with special needs."

Love says that another son, Ryan, plays soccer for King Philip High School, and this year is one of the TOPS volunteers who works specifically with Jonathan.

"It's heartwarming to witness how much they are learning from each other," she said.

Kayla Swedits is yet another parent who speaks highly of the TOPS program. Her 7-year-old daughter Riley has a rare genetic disorder and subsequent developmental delays. An attempt to play in her town's recreational soccer program was disheartening for Riley.

"We tried TOPS and it was a completely different feel," said Swedits. "The volunteers meet her where she is, skill-wise. Riley loves it and I get to sit back and watch her play with a big smile on her face."

While anyone can volunteer with the program, the biggest group of volunteers are high school athletes, primarily from King Philip. The boys' soccer team has been the backbone of the program, especially dur-

ing the height of COVID, but this year all the fall sports teams have stepped up to help, says Gwen Prater, president of the King Philip Soccer Association (KPSA), which offers the local TOPS program. She expects all the spring sports teams also to volunteer when the program moves to the high school in 2024.

"The volunteers might even be getting more out of the program than the individuals playing in TOPS," says Prater.

Kelsie Rainone, age 24, who helps her father run the program, agreed that volunteers have embraced the program, learning along the way that the participants, even the kids with severe special needs, are typical kids too with likes and dislikes similar to the volunteers.

"When I first started volunteering, some of the TOPS kids were my age," Kelsie said. "And they were doing the same things I was. I play soccer, they're playing soccer. Yes, they play a bit differently, but they're still doing the same things I'm doing."

Prater says KPSA families have made financial donations to the TOPS program, which will enable the organization to get new equipment, including specialty balls, uniforms, and medals for the end of the season. KPSA also funds an ice cream truck for the last day of the session.

TOPS Director Rainone, who sits on the board of the Massachusetts Youth Soccer Association and serves as liaison for the state's 27 TOPS programs, hopes to grow the program in new directions. He'd like to have enough participants so they can hold real

scrimmages each week. This past fall session, he invited the Norfolk, Plainville, and Wrentham Police resource officers and their community resource dogs to a TOPS session, enriching the experience even more for the kids. Rainone also envisions having therapists in the program, working with the volunteers to better serve the TOPS athletes, and also engaging with the parents on the sidelines.

"John is thinking big," said Prater. "With Kelsie at his side, he has successfully run this program, and KPSA has done everything we can to support them. Every week I've watched them greet each TOPS player with a huge smile, and I literally find myself wiping tears away as I watch the kids play. It's clear they've created more than a rec program. This is a community, and we want this resource to continue to grow and serve even more special needs families in the area."

Registration has opened for the spring session, which will run on Sunday mornings from 10:30 a.m. to 11:30 a.m., from April 21 through June 2. There are no restrictions regardless of physical or mental disability. Participants from area towns are welcome, and volunteers are always needed.

To register, visit bit.ly/KPSoccerReg or visit www.kpsoccer.org. If you have any questions, contact topssoccergold@gmail.com.

To help support the TOPS program, which will need more specialty equipment and nets, donations can be made via Venmo: @kp-soccer with "TOPS" in the memo line.



#### Millis Police Dept. Police Log

Between Sept. 18 and Oct. 15 (press time), the Millis Police Department spent the majority of its time on traffic control and motor vehicle stops, according to its police logs. They also responded to suspicious activity and disturbances, assisted citizens and other agencies, and handled lost and found. Other entries of note, including three sudden deaths, are:

Sept. 18 at 12:32pm, Van Kleeck Rd., assist citizen, logged Sept. 19 at 9:39am, Exchange St., suspicious activity, logged Sept. 20 at 8:19am, Village and Main St., disabled motor vehicle, logged Sept. 20 at 3:57pm, Milliston Rd., suspicious activity, logged Sept. 21 at 12:46am, Henry Way, burglar alarm, building checked/secured Sept. 21 at 8:14am, Dover Rd., sudden death, logged Sept. 21 at 2:43pm, Village St., fire/other, services rendered Sept. 21 at 3:24pm, Village St., structure fire, services rendered

Sept. 21 at 7:11pm, Oakview Ave., suspicious activity, logged Sept. 22 at 9:06am, Grant St., assist citizen, logged

Sept. 24 at 9:57am, Dover Rd., carbon monoxide alarm, services rendered

Sept. 26 at 3:22pm, Main St., larceny/forgery/fraud, services rendered

Sept. 26 at 6:17pm, Spring St., disturbance, arrest made
Sept. 27 at 7:53pm, Myrtle and Himelfarb St., suspicious activity, could not locate
Sept. 28 at 8:29pm, Birch St., fire/other, services rendered
Sept. 29 at 2:32pm, Orchard
St., disturbance, de-escalated
Oct. 1 at 5:19pm, Forest Rd., suspicious activity, logged
Oct. 2 at 5:34pm, Milliston Rd., missing person, logged
Oct. 2 at 5:46pm, Milliston Rd.,

fire/other, logged
Oct. 3 at 9:34am, Main St.,
found/lost property, logged
Oct. 5 at 3:14pm, Main St.,
larceny/forgery/fraud, logged

Oct. 5 at 6:29pm, Dover Rd. and Bridge St., disturbance, logged

Oct. 5 at 10:32pm, Stoney Brook Dr., disturbance, arrest made

Oct. 6 at 7:27am, Farm St., sudden death, services rendered Oct. 6 at 4:26pm, Bulland Ln., suspicious activity, logged Oct. 8 at 2:32pm, Exchange St., sudden death, logged Oct. 8 at 8:29pm, Union St., larceny/forgery/fraud, logged Oct. 9 at 11:28am, Village St., motor vehicle accident with injuries, services rendered Oct. 9 at 2:43pm, Main St., assault, logged

Oct. 9 at 3:27pm, Main St., larceny/forgery/fraud, logged Oct. 11 at 7:34pm, Main St., larceny/forgery/fraud, logged Oct. 12 at 2:35pm, Acorn St., disturbance, transferred to hospital

Oct. 12 at 5:20pm, Railroad Ave., disturbance, de-escalated Oct. 13 at 2:47pm, Acorn St., disturbance, protective custody

# Local towns receive municipal road safety grants

#### Medway receives \$10,000, Millis receives \$20,000

In October, the Healey-Driscoll Administration announced that 186 Massachusetts towns and cities will receive grant funds to support traffic safety enforcement and outreach programming. The federal awards total upwards of \$5.4 million invested in local roadway safety initiatives.

The Town of Medway received \$10,350, and the Town of Millis received \$19,966.50.

A total of \$5,449,584.03 was awarded through the FY24 Municipal Road Safety Grant Program. The program is administered by the Office of Grants and Research (OGR) and utilizes funds awarded by the National Highway Traffic Safety Administration (NHTSA). The annual program provides funding to municipal police departments who propose traffic safety projects in their community, including high visibility enforcement patrols, equipment to enhance road safety such as digital speed signs, pedestrian and bicyclist safety initiatives and public

outreach campaigns intended to educate community members and youth about roadway safety.

"Whether by vehicle, bicycle or foot, everyone has the right to travel safely through our communities," said Gov. Maura Healey. "Through this program, we were able to award grants to every community that requested funding. The education, enforcement and outreach initiatives supported through these grants will help ensure safer roads for all."

"Aggressive and dangerous driving are a threat to every road user. Providing local law enforcement agencies with the resources necessary to enforce traffic laws and educate members of their communities about distracted, impaired and aggressive driving is vital to ensuring the public's safety," said Secretary of Public Safety and Security Terrence Reidy. "These grants allow towns and cities to approach traffic safety initiatives in ways that make the most sense for the community's needs."

## Town of Millis Department of Public Works Request for Services



The Town of Millis' Department of Public Works is seeking private Snow Plow Contractors for snow removal. The town pays rates higher than Mass Highway Snow Removal Rates. Proposers must have a minimum of \$500,000.00 in Liability Insurance and \$100,000.00 in Property Insurance and must have Workmen's Compensation Insurance if they are not a sole proprietor. They also must provide an insurance certificate naming the Town of Millis as additionally insured for Snow Plow Operations. Contractors must have experience in plowing streets, sidewalks and parking lots. Applications can be found at the link below:

https://www.millisma.gov/sites/g/files/vyhlif901/f/uploads/snow\_plow\_application\_2023\_-\_2024.pdf

Rates and bonus information are available at the link below: https://www.millisma.gov/sites/g/files/vyhlif901/f/uploads/snow\_plow\_rates\_2023\_2024.pdf



Interested parties should contact James F. McKay at the Millis DPW at 508-376-7040 x104 or jmckay@millisma.gov.

## Pancake Breakfast with Santa on Dec. 2

MEDWAY - This year's "Pancake Breakfast with Santa" will be on Dec. 2 from 7:30 a.m. to 11 a.m. at Saint Joseph's Parish Center, 145 Holliston St., in Medway.

The event will include great food, activities and crafts for the kids, a silent auction, and of course pictures with Santa. The cost is \$9 for adults; \$7 for seniors and kids; and children under age 3 are free. There is \$26 max per family. Pictures with Santa are \$15, and each family will receive a thumb drive with three to five photos on it.







#### WWW.TEAMRICE.INFO

CARL RICE (508) 330 4535 | Carl@TeamRice.info KRISTEN RICE (508) 254 2616 | Kristen@TeamRice.info ELLIE RICE (508) 212 4927 | Ellie@TeamRice.info ADAM RICE (508) 330 0281 | Adam@TeamRice.info

A time for GIVING.

A time for THANKS.

Wishing everyone a wonderful Thanksgiving.





7 Priscilla Ave, Norfolk



26 Florence Circle, Medway



73 Congress Street, Milford



31 Plain Street, Millis



7A Charles Street, Medway



3 Copper Drive, Medway



65 Daniels Street, Franklin

www.TeamRice.info



A portion of each of our sales is donated to the Children's Miracle Network Hospitals & The RE/MAX Executive Charitable Foundation. **Thank you** to our clients making each one of our homes a Miracle Home.







## Millis Public Library and Friends celebrate milestone anniversaries

The Millis Public Library held an Open House on Oct. 14, 2023, to celebrate the 10th anniversary of the new library and the 40th Anniversary of the Friends of the Millis Library. Over 200 people attended the event which included a children's book sale and concert, contests, historic

memorabilia, and honored guests. Sen. Becca Rausch, Rep. James Arena-DeRosa, and Millis Select Board member Erin Underhill read official proclamations, and Oct. 14, 2023, was officially declared "Friends of the Millis Public Library Day." Past and present Millis Library Directors, past

and present Library Trustees, and members of the Friends attended as honored guests. The Friends of the Millis Public Library is a non-profit volunteer organization that raises money for library programming and capital expenditures.

Clockwise from right: MA State Senator Becca Rausch. Photo credit: Audrey Anderson; Children enjoying the concert. Photo credit: Audrey Anderson; Back: Millis Select Board Chair Craig Schultz; Rep. James Arena-DeRosa; Friends of the Millis Public Library Executive Officers Arthur and Jennifer Payne; Sen. Becca Rausch; Friends President Sandra Elaine Scott; and Select Board member Ellen Rosenfeld. Front: Former Trustee Diane Jurmain; Friends Treasurer Meghan Gavaghan; and Select Board member Erin Underhill; Two early members of the Friends of the Millis Public Library donning their original bags. Photo credit: Jennifer White Farrar







## Real Estate Corner







## Discover the Dumouchel Difference

when you list with Linda Dumouchel, Medway's #1 REALTOR® since 2016 | over \$70 million sold













For a free market report of your home's value, visit MedwayMillisValues.com



Medway's #1 Real Estate Agent\*

Linda Dumouchel, REALTOR® Discover the Dumouchel Difference

Luxury Marketing Specialist | Certified Negotiation Specialist

call/text: 508.254.7406 | Linda-Dumouchel.com





\*#1 in sales individual agent in annual sales volume, in Medway for 2016-2022 per MLSpin  $\,$ 

## Real Estate Corner

#### **Good Deeds: "We Remember Our Veterans"**

By William P. O'Donnell

NORFOLK COUNTY REGISTER OF

Many Americans will never know what it is like to serve in the armed forces, risking our lives for our country and facing the harsh realities of combat. The men and women who choose to join the military make incredible sacrifices, leaving behind their families and putting their own

lives on the line to protect our freedom and way of life. This is something that we, as Americans, can sometimes take for granted. However, it is important to recognize and appreciate the immense courage and dedication that these individuals possess.

Having worked with the Veteran Affairs Boston Healthcare System in Brockton, West Roxbury, and Jamaica Plain through the "Suits for Success" program,





I have seen first-hand how much it means to veterans when we do show our appreciation for their selflessness and commitment to serving our nation and recognize the sacrifices they and their fellow veterans have made for our collective well-being. It is our duty as citizens to honor and support our military members in any way we can.

On Wednesday, November 8, 2023, the Norfolk County Registry of Deeds will celebrate the veterans of Norfolk County with an open house and the re-

**Top Listings Agent** 

lease of our third volume of Notable Lands Records titled "We Remember Our Veterans." The open house will run from 4:30-6:30 in the evening at the Registry of Deeds building in downtown Dedham at 649 High

This edition of Notable Lands Records is a tribute to the brave men and women of Norfolk County, from the Revolutionary War to present-day peacekeepers. The booklet features detailed stories of veterans all throughout the 28 communities that make up Norfolk County. These individuals have led remarkable lives: several are Medal of Honor recipients; one was an experimental aircraft pilot; another served in three wars. The booklet outlines a history of the military branches as well as the four United States Presidents born in Norfolk County who served as commander-in-chief.

There will be much to celebrate that evening. Patriotic music will fill the air. Guests can stroll the Registry's Great Hall and view the fascinating storyboards detailing the history of the various branches of the armed services, the contributions of veterans, and the significant ways a grateful nation honors its veterans. There is also a storyboard that lists the Norfolk County Medal of Honor recipi-

We hope you can make this event. It should be a memorable time. Admission is free. Each person attending the open house will receive a free copy of the Registry's "We Remember Our Veterans." This booklet and event are dedicated to all veterans – past, present and future – for their patriotism and sacrifices for the United States of America. The service of all veterans needs to be honored and acknowledged.

These veteran stories are important because they provide valuable insights and perspectives on the lives of some of the past and present veterans of Norfolk County. These stories allow us to honor the sacrifices made by veterans and gain a deeper understanding of why it is crucial to support and care for our veterans today. These narratives serve as a reminder of the bravery and resilience displayed by these individuals, highlighting the significance of their contributions to our country's history.

Please come by the Norfolk Registry of Deeds to this free event which is open to the public. If you have any questions about the event, please contact Jonathan Thomas at (781) 234-3305 or by email at jthomas@norfolkdeeds.org. The Registry of Deeds is located at 649 High Street in Dedham Center.

#### Agents of the Month in our Medway office!



**Faina Shapiro** 

617-820-0600

Faina@BHHSpagerealty.com

Realtor®

**Top Sales Agent** September 2023







FainaShapiro.BHHSpagerealty.com



September 2023

**Reuven Attias REALTOR®** 508-320-0635 Reuven@BHHSpagerealty.com ReuvenAttias.BHHSpagerealty.com

PAGE BERKSHIRE **HATHAWAY** REALTY

BHHSpagerealty.com - 82 Holliston St, Medway

©2023 A member of the franchise system of BHH Affiliates, LLC. Equal Housing Opportunity



Broker Owner 508-570-4667 jodihometeam@gmail.com

#### FOR SALE - 17 Skyline Drive Medway, MA \$679,900



Non-Instrusive Staging Included | Client Testimonials at jodijohnsonhometeam.com





Medway Turkey Trot!





#### **Recent Home Sales**

Date	Medway	Amount
10/18/2023	5 Barber Street	\$575,000
10/16/2023	26 Florence Circle	\$675,000
10/13/2023	44 Ellis Street	\$690,000
10/06/2023	4 Koyview Place	\$585,000
10/04/2023	21 Tulip Way	\$1.05 mil
09/29/2023	6 Walnut Lane	\$900,000
09/29/2023	4 Kimberly Drive	\$705,000
09/29/2023	8 Kingson Lane #4	\$502,200
09/29/2023	12 Sycamore Way #25	\$889,816
09/28/2023	316 Village Street	\$960,000
09/25/2023	7 Deerfield Road	\$950,000
09/25/2023	10 Waterside Run	\$654,400
09/22/2023	10 Maple Street	\$430,000
09/22/2023	15 Hill Street	\$830,000
09/21/2023	21 Charles Street	\$500,000
09/19/2023	148 Main Street #B	\$650,000
09/19/2023	4 Applegate Road	\$1.50 mil
Date	Millis	Amount
	2 \\/:	¢000 000
10/18/2023	3 Windcrest Lane	\$890,000
10/18/2023 10/18/2023	8 Key Street	\$400,000
10/18/2023	8 Key Street	\$400,000
10/18/2023 10/13/2023	8 Key Street 23 Hattie Lane	\$400,000 \$820,000
10/18/2023 10/13/2023 10/06/2023	8 Key Street 23 Hattie Lane 67 Bullard Lane	\$400,000 \$820,000 \$930,000
10/18/2023 10/13/2023 10/06/2023 10/06/2023	8 Key Street 23 Hattie Lane 67 Bullard Lane 31 Plain Street	\$400,000 \$820,000 \$930,000 \$450,000
10/18/2023 10/13/2023 10/06/2023 10/06/2023 10/03/2023	8 Key Street 23 Hattie Lane 67 Bullard Lane 31 Plain Street 208 Orchard Street	\$400,000 \$820,000 \$930,000 \$450,000 \$500,000 \$1.10 mil \$470,000
10/18/2023 10/13/2023 10/06/2023 10/06/2023 10/03/2023 10/03/2023	8 Key Street 23 Hattie Lane 67 Bullard Lane 31 Plain Street 208 Orchard Street 20 Jameson Drive	\$400,000 \$820,000 \$930,000 \$450,000 \$500,000 \$1.10 mil
10/18/2023 10/13/2023 10/06/2023 10/06/2023 10/03/2023 10/03/2023 09/29/2023	8 Key Street 23 Hattie Lane 67 Bullard Lane 31 Plain Street 208 Orchard Street 20 Jameson Drive 175 Union Street	\$400,000 \$820,000 \$930,000 \$450,000 \$500,000 \$1.10 mil \$470,000 \$760,000 \$1.28 mil
10/18/2023 10/13/2023 10/06/2023 10/06/2023 10/03/2023 10/03/2023 09/29/2023 09/28/2023	8 Key Street 23 Hattie Lane 67 Bullard Lane 31 Plain Street 208 Orchard Street 20 Jameson Drive 175 Union Street 24 Rockville Meadows 8 Glen Ellen Blvd 152 Acorn Street #2	\$400,000 \$820,000 \$930,000 \$450,000 \$500,000 \$1.10 mil \$470,000 \$760,000 \$1.28 mil \$280,000
10/18/2023 10/13/2023 10/06/2023 10/06/2023 10/03/2023 10/03/2023 09/29/2023 09/28/2023 09/28/2023 09/27/2023 09/22/2023	8 Key Street 23 Hattie Lane 67 Bullard Lane 31 Plain Street 208 Orchard Street 20 Jameson Drive 175 Union Street 24 Rockville Meadows 8 Glen Ellen Blvd 152 Acorn Street #2 14 Glen Ellen Blvd	\$400,000 \$820,000 \$930,000 \$450,000 \$500,000 \$1.10 mil \$470,000 \$760,000 \$1.28 mil \$280,000 \$1.06 mil
10/18/2023 10/13/2023 10/06/2023 10/06/2023 10/03/2023 10/03/2023 09/29/2023 09/28/2023 09/28/2023 09/27/2023 09/22/2023	8 Key Street 23 Hattie Lane 67 Bullard Lane 31 Plain Street 208 Orchard Street 20 Jameson Drive 175 Union Street 24 Rockville Meadows 8 Glen Ellen Blvd 152 Acorn Street #2 14 Glen Ellen Blvd 28 Richardson Drive #278	\$400,000 \$820,000 \$930,000 \$450,000 \$500,000 \$1.10 mil \$470,000 \$760,000 \$1.28 mil \$280,000 \$1.06 mil \$750,000
10/18/2023 10/13/2023 10/06/2023 10/06/2023 10/03/2023 10/03/2023 09/29/2023 09/28/2023 09/28/2023 09/27/2023 09/22/2023	8 Key Street 23 Hattie Lane 67 Bullard Lane 31 Plain Street 208 Orchard Street 20 Jameson Drive 175 Union Street 24 Rockville Meadows 8 Glen Ellen Blvd 152 Acorn Street #2 14 Glen Ellen Blvd	\$400,000 \$820,000 \$930,000 \$450,000 \$500,000 \$1.10 mil \$470,000 \$760,000 \$1.28 mil \$280,000 \$1.06 mil



Cell: (508) 951-5909

E-Mail: joleenjrose@gmail.com Web: www.joleensellshomes.com

#### **Recent Home Sale**



The 5 bed, 5 bath house at 4 Applegate Road in Medway recently sold for \$1,500,000. Image credit: www.zillow.com

#### **Over 430 homes sold!**



6 Alice Drive Wayland - \$1,249,000



PlimptonFarm Road Millis \$939,000



5 Conway Road Millis - \$679,900



118 Norfolk Road



24 Hollis Street Sherborn - \$900,000



3 Kristin Lane Canton - \$849,000

I buy unwanted homes as-is, failed septic ok.



ERA

Let my 24 years experience of selling homes help you with your next move.

Baltimore St, Millis & 10 Speen St, Framingham Offices

RawdingRealtyLLC@gmail.com





#### YOUR HOMETOWN REAL ESTATE EXPERTS

Let our Experience, Professionalism & Knowledge Work for You

powered by

REALTY EXECUTIVES

BOSTON WEST



Laina Regan Kaplan
Realtor®, CBR, Top Producer
Life long Resident of Medway
MedwayRealtor.com
Laina@TeamRegan.com
DIRECT: 508-577-3538



Fanine Azzouz

Realtor®

Millis Resident

TheMetrowestAgent.com

janine@NEsignature.com

DIRECT: 585-354-6897



Sue Kuphal
Realtor®
Longtime Millis Resident
SueKuphal.com
SusanKuphal@Yahoo.com
DIRECT: 508.494.2120



Jennifer Colella McMahon
Realtor®, Founder, Broker, ABR, SRS,
CBR, LMC, CHS, CRB, BPOR, RENE
Raised in & Lives in Millis
MillisRealtor.com
Jenn@NEsignature.com
DIRECT: 774-210-0898



Please Call to Schedule a Complimentary Valuation of Your Home.

Proven Successful Marketing: Staging, Professional Photos, 3D Tour, Floor Plan & More!





\$1,050,000 5 Rolling Meadow Drive, Millis Janine Azzouz



\$375,000 59 Summer Street, Medway Laina Kaplan



\$499,900 6 Legion Ave, Medway Jennifer McMahon



\$435,000 4 Mary Ann Drive, North Grafton, Laina Kaplan



\$901,000
9 Apple Rock Road, Millis
Jennifer McMahon



\$851,000 6 Gray Squirrel Circle, Medway Laina Kaplan



\$679,900 213 Village Street, Millis Jennifer McMahon



\$750,000 5 Charles View Lane, Medway Jennifer McMahon



\$470,000 168 Farm St., Blackstone Laina Kaplan



\$635,000 244 Exchange Street, Millis Janine Azzouz



\$529,900 11 Thyme Lane North Attleboro Jennifer McMahon



\$489,900 60 Boardman Lane, Attleboro Jennifer McMahon & Janine Azzouz

#### **Client Testimonial for Laina Kaplan:**

"Laina did an amazing job as my Realtor. She knew exactly what to do to get my home the best price. She answered all my questions immediately and helped in so many ways. The staging that she did in my house looked beautiful, it was perfect. A complete pleasure working with her at such a stressful time of life" **Jody Migliaccio** 

RexBostonWest.com • 1352 Main Street, (Rte. 109) Millis, MA 02054