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# Carmichael Times

Serving Carmichael & Sacramento County since 1981 VOLUME 45 • ISSUE 3

**JANUARY 19, 2024** 

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# Heaven Gains an Angel

Beloved Community Leader Sharon Ruffner Passes Away



Community leader Sharon Ruffner (with flowers) was named 2022 Volunteer of the Year by Carmichael Chamber of Commerce. She is pictured with fellow Kiwanis Club members at Arden Hills Resort

#### Story and photos by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - Sharon Ruffner died on January 7 after a year-long illness.

Defined by a huge smile and in-your-face enthusiasm, Ruffner was a civic dynamo. She championed tree-planting, coached yoga, campaigned for the environment and rattled cages through any number of organizations.

She died peacefully in in-home hospice care, weeks from her 64th birthday. She was surrounded by nieces, nephews, her sisterin-law and husband of 42 years, Bob Ruffner.

Raised in Sacramento, Sharon May McGowan attended El Camino High School and took to the emerging field of computer science like a duck to

This extraordinary facility led straight from graduation to a 36-year

career with San Juan Unified School District. The teenager mastered electronic processing and later trained administrators, clerical workers, and teachers to adopt computerization. "She excelled at teaching," considers her husband. "People came to her nervous -- having never touched a computer -- she made them feel at ease with the technology that would soon rule their careers."

Beyond leading classes, his wife's Continued on page 2

## **Dignity Health Donates to Sacramento Area Nonprofits**

Dignity Health Press Release

### SACRAMENTO, CA (MPG) -

Dignity Health announced today the distribution of \$1,060,274 to 15 community-based organizations in Sacramento and Yolo counties. The goal of this contribution is to improve the health and well-being of vulnerable and underserved populations and bring about real and lasting improvements to the region.

"A core element of our mission is giving back and we take pride in sustaining our support for organizations that go the extra mile to address the diverse needs of our community," said Dignity Health Community Health and Outreach Manager, Phoua Moua. "These collaborations empower us to take on the intricate health and human challenges faced by our community."

"I find ongoing inspiration in the inventive and unique solutions crafted by our community partners to address the expanding needs of our community," said Michael Korpiel, Greater Sacramento Market President of Dignity Health. "Through our investments in these organizations, we aim to cultivate a sense of belonging and comprehensiveness. Our objective is to provide the community with the necessary resources and support essential for leading healthy, prosperous lives while also minimizing the likelihood of significant future health

interventions." Every three years, Dignity Health and health system partners conduct a Community Health Needs Assessment in each county to determine the most pressing health priorities. The 2022 community assessment indicated that having access to mental and behavioral health and substance-use services are key priorities, as well as having access to basic needs such as housing, jobs, and food. With this in mind, Dignity Health and its grant committee selected several organizations to help address this need, including Arrive Alive California, Inc. Arrive Alive California, Inc.'s community focused educational programs are designed to stop dangerous and destructive behaviors through unique, holistic, and multi-faceted approaches led by subject matter experts and specialists.

"At Arrive Alive California, Inc., we are Continued on page 6

# Carmichael Chamber of Commerce **Celebrates 2023 with Luncheon**



2024 Honorary Mayor Miranda Viani of All Stage Canine Development (center) pictured with Hearts 4 Heroes founder Shelley Martell, Paul Scholl (Carmichael Times), Miranda's Daughter, Izzy DeLancey, and 2023 Honorary Mayor Kerri Mandes. Photo courtesy of Carmichael Chamber of Commerce.

#### Story by Carmichael Chamber of Commerce

**CARMICHAEL, CA (MPG)** - The 2023 year brought many experiences for the chamber members and President Izzy DeLancey of The Carmichael Chamber of Commerce. DeLancey was honored to serve as the 2023 President, "I would like to thank the membership, sponsors, and the board

of directors for their support. The final luncheon of the year was a success to a goodbye of leadership. I want to give thanks to Milagro Center, Alan & Susan Davis, Paul Scholl of the Carmichael Times, Homer Insurance, Katie Pexa's Farmers insurance, Rick Martinez of CBRE, Dr. Rasi of Almond Orchard Dentist, ACR Solar and District Supervisor Rich

support."

The 2023 Honorary Mayor, Kerri Mandes of Kerri Mandes Fitness passed her sash to the incoming 2024 Honorary Mayor, Miranda Viani of All Stage Canine Development. Viani raised money for the Hearts4Heroes organization, and The Carmichael Chamber donated their portion of monies raised to her

organization. "I am excited Desmond's office for your for our 2024 President, Rosie Buck of Buck Family automotive; her leadership and compassion for our Carmichael community, she will be a great asset to our organization's future," DeLancey finishes. For more information on The Carmichael Chamber of Commerce. visit www.CarmichaelChamber.

www.CarmichaelTimes.com

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# Heaven Gains an Angel

Continued from page 1

greater passion was community. A Carmichael resident for 50 years, she inspired volunteerism. The Kiwanis Club of Carmichael benefited from her membership and recent co-presidency.

"Sharon's spirit was a beacon of light even during our most difficult times," says friend and former club president, Linda Martin. She was a modern woman, skilled in problem-solving. Sharon never saw impossibility -- just the need to adapt for each challenge."

As an early Carmichael Parks Foundation President, she threw herself into a Dinner in the Park fundraiser that became a community tradition. She served on the Sierra Vista Community Church council. She planted shade trees in school yards and recycled plastic.

Without being a mom, Sharon bequeathed kindliness to young friends and relatives -- even to her dog. For Carmichael Park District yoga classes, the teacher was accompanied by Labrador Caprina, known to students as Yoga Dog. "She sat beside people who needed help," recalls Sharon's sister-in-law Robin Snider. "Caprina gave us the same care as our teacher did. And yes, she was especially good at the Downward Dog position."

After class, Caprina's mom helped distribute food through Homeless Assistance Resource Team (HART) and Sacramento Kindness Campaign. Armed with a hammer, she joined church members building schoolhouses in Central America. "One day she taught yoga at a Honduran children's home," recalls her husband. "She didn't speak Spanish, so communication was all through movement. It was beautiful to watch everyone giggling and collapsing with laughter. Sharon could make anything fun."

In 2022, Carmichael Chamber



Initiated by Sharon Ruffner and Kiwanis Co-President Jackie Delu, a drive to recycle plastic has become a productive project.

of Commerce recognized Ruffner as Volunteer of the Year. Notes County Supervisor Rich Desmond: "Many people give something back. Sharon gave everything. Her selflessness -and the humor that she could find in most situations -- will always be an inspiration."

Volunteerism knows no vacation. The Ruffners built a cabin at Serene Lakes and helped organize an annual family festival for the mountain community. During the culminating street dance, Yoga-pro Sharon morphed into limbo queen. "She was as flexible as any kid," recalls her husband. "Sharon always got a huge round of applause."

By last fall, her illness had curtailed limbo-rock and all hands-on volunteerisms. Kiwanis



Sharon Ruffner made a final visit to Carmichael Park with husband Bob Ruffner during the recent Founders Harvest Festival.

chums initiated a 'Sharon Ruffner Community Service Day,' where park trees were trimmed, garbage was binned, hygiene kits were packed for homeless children and plastic was sorted for recycling. Forty volunteers then paraded by Ruffner's home with banners. "I was flabbergasted," exclaimed the object of their affection. "The most frustrating part of being sick is not being able to take part in projects. I'm so grateful for people who have stepped up and kept our work going."

During joint club presidency, she and Kiwanian Jackie Delu spearheaded a project to repurpose unwanted plastic. The ongoing harvest is traded to a building material manufacturer that provides a composite park bench for each 1000 pounds of plastic. Kiwanians have now earned their fourth bench and inspired other non-profits to support the cause. "So much plastic is in our landfills and floating in our oceans," lamented project co-founder Ruffner. "It's exciting to find a meaningful use for it."

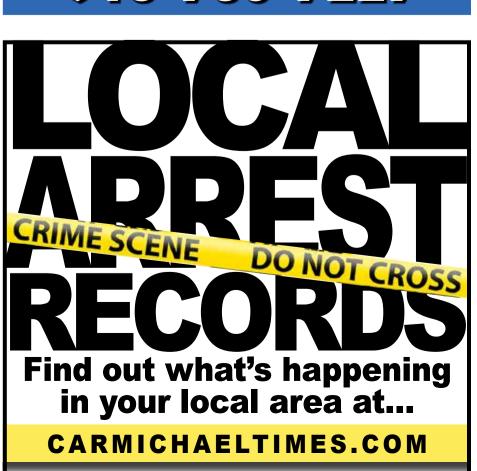
Though ailing, the environmentalist never lost zeal for world improvement. Visitors in her final months were humbled by her interest in the bustling community beyond her living room.

"Sharon's doctors and health workers thanked her for being such a positive patient," says Bob Ruffner. "That huge love inside her reached out like a magnet. She helped me to be less judgmental. She taught me there's niceness nearly everyone. Unless you talk to people, you might never find it.

"My wife had a mantra: Go everywhere. Talk to everyone. Eat everything. To Sharon, life was a wonderful journey in learning and giving."

A celebration of Sharon Ruffner's life will be held in March. Service date and location will be provided when available. ★





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# SAFE Accepting Grant Applications Girl Scouts of Northern California for Financial Literacy Programs



SAFE Credit Union Vice President Community Relations and Financial Education Rebecca Delmundo. Photo courtesy of SAFE

#### SAFE Credit Unit Press Release

FOLSOM, CA. - (MPG) - In its drive to improve financial literacy in the Greater Sacramento region, SAFE Credit Union will grant \$20,000 to a nonprofit organization providing financial literacy and financial stability programs in underserved communities.

SAFE is accepting applications for the grant until Friday, Feb. 9, through its online application, or at https://www.safecu. org/community/com-

munity-impact/funding/ community-sustainability-grant-application-1.

"Equipping people with the skills they need to take charge of their finances is one of our main motivations here at SAFE," says Vice President of Community Relations and Financial Education Rebecca Delmundo, adding only 27 percent of California's students attend schools that offer personal finance

"It's essential for people to understand how to put aside savings, how interest rates and loans work, and how to handle debt for them to succeed in life. With so few students receiving formal financial literacy training, financial cooperatives like SAFE Credit Union and our nonprofit partners are stepping in to provide this much-needed education," she continues.

Only 1 percent of California students are required to complete personal financial education courses to graduate from high school, according to state Department of Education statistics. There have been some political efforts to change that, with the Legislature recently considering proposals, and a 2024 ballot initiative in the works. However, the grant, says Delmundo, represents how SAFE and others in the region dedicated to providing financial education services are stepping in to fill the need

Delmundo says that young people especially can benefit from financial education programs since mistakes they may make early in life can affect them long into adulthood.

"It just takes one missed payment to harm a credit score," she says. "I've seen a lot of young people get buried in credit card debt while also tackling paying off student loans. I'm a strong proponent of helping people learn how to handle the

finances they have now so they can achieve their future financial goals."

SAFE offers its own financial education services through free webinars available to the public as well as workshops to employers and organizations. It also offers its no-cost Budget Cents interactive simulations to high schools in the region, where students get a first-hand look at the real-life expenses they'll face as adults. SAFE's high school branch program works closely with three area high schools to house a branch at each and provide supportive financial education for the students who staff the branches and their fellow students

"There are a lot of us working to fill the financial education gap," says Delmundo. "And we are all keenly aware of how many people truly want this information. This grant helps us help others providing this service.'

SAFE conducts four grant cycles each year as part of its overall philanthropic program that also includes direct giving, scholarships, sponsorships, and volunteerism.

For more information on SAFE's grant program and to contact VP Community Relations and Financial Education Rebecca Delmundo, please contact Assistant Vice President Communications and Public Relations Carole Ferguson at carole.ferguson@safecu.org or by phone at (916)

836-6312.

# Kick off 2024 Cookie Season

Girl Scouts of Northern California News Release

SACRAMENTO REGION, CA (MPG) - Girl Scouts of Northern California will kick off their 2024 Cookie Season on January 29. Consumers in all 19 counties from Gilroy to the Oregon Border can support their local girl entrepreneurs by ordering from the iconic cookie lineup online at ilovecookies.org. Local shoppers can also locate cookie booths starting February 11 for in-person cookie sales. The 2024 Northern California cookie season will run through March 17, and all cookie flavors are \$6 a box (shipping fees additional).

This season, cookie lovers can enjoy the full assortment of Girl Scout Cookies, including Thin Mints, Trefoils, Samoas, Tagalongs, Do-Si-Dos, Lemon Ups, Toffee-tastic, Girl Scout S'mores, and Adventurefuls. Visit www.ilovecookies.org for more information.

Girls Scouts of Northern California is one of the largest councils in the country, offering unique outdoor experiences, civic engagement, entrepreneurship opportunities, skill-building, leadership, and fun. One hundred percent of the proceeds from the cookie program are used locally and provide critical funds for girls' access to affordable programming, the outdoors, camp and program centers, STEM, financial aid, and volunteer support services. Girl Scouts and their troops depend on these funds to support their community service efforts.

This year, over 16,000



Photo courtesy of Girl Scouts of Northern California

Girl Scouts in Northern California will participate in the cookie entrepreneurship program with the goal of selling \$4.3M packages of cookies.

"I am thrilled to kick off another exciting cookie season and to support our cookie entrepreneurs in having a fun and successful year," said Bri Seoane, CEO of Girl Scouts of Northern California. "Each year, these budding entrepreneurs impress us with their dedication to achieving their goals and supporting local initiatives. Through this program, they contribute to their communities and gain invaluable life and business skills that will serve them for a lifetime. I am immensely proud of each

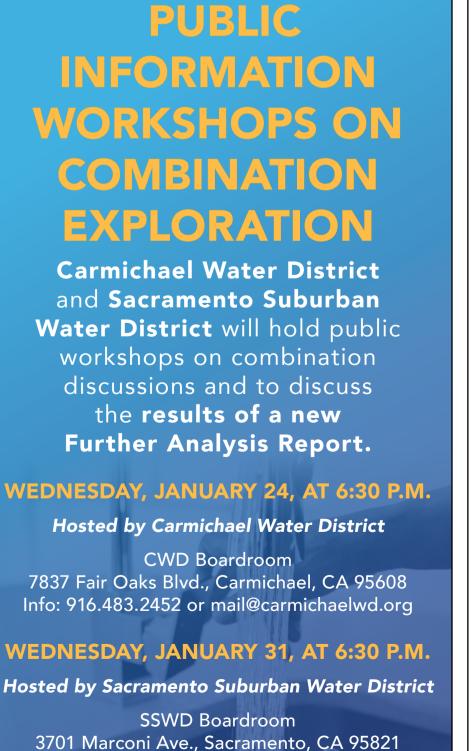
and every participant!" During this highly anticipated time of the year, girls acquire essential life skills, including money management, team building, public speaking, and decision-making. Girl Scouts can earn a variety of badges and awards to develop valuable business skills, including Cookie Business badges, Financial Literacy badges, Cookie Entrepreneur Family pins, and Entrepreneur badges. Ultimately, this entrepreneurship program serves as a vital steppingstone, equipping girls and gender-expansive youth with lifelong skills, and instilling a deep sense of confidence that they will carry into the future.

How to Purchase Girl Scout Cookies This Year

Starting January 29, consumers can source Girl Scout online via digital cookie stores at ilovecookies.org and have their favorite cookies delivered straight to their home or anywhere in the country or find the closest Girl Scout booth for in-person cookie sales starting February 11 at select businesses and neighborhoods in Northern California communities until March 17.

About Girl Scouts of Northern California

The mission of Girl Scouts of Northern California is to build girls of courage, confidence and character who make the world a better place. As one of the largest councils in the country, Girl Scouts of Northern California serves a diverse membership of over 24,000 youth and over 21,000 adult volunteers in a 19-county area that stretches from Gilrov to the Oregon border. To learn more about Girl Scouts of Northern California, visit www.gsnorcal.org.



Info: 916.972.7171 or feedback@sswd.org

**SACRAMENTO** 



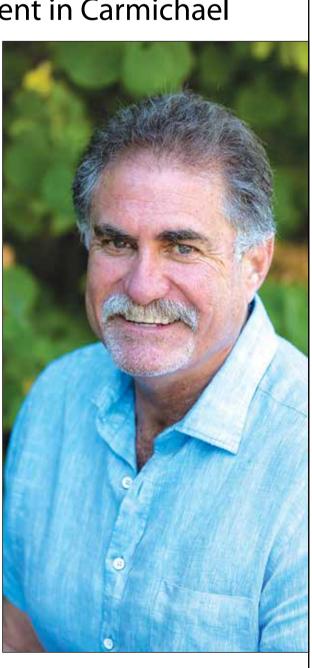
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I have been a consistent top-producing agent in Carmichael and the surrounding areas for over **36 years** and I am happy to report that I was named the #1 Agent in Carmichael last year. I owe this accomplishment to my loyal following of clients, family, and friends.

Whether you're a firsttime buyer, seasoned investor, or simply curious about the real estate market, let me be the one to "bring you home - the way it should be."









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# **5 Over 50 Volunteer Award Nominations Open**

5 Over 50 Volunteer Nominations now open. Photo courtesy of

#### Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Sacramento County is celebrating individuals who are 50 years of age and older who dedicate their time, energy, and passion to making our community a better place. The Sacramento County Adult and Aging Commission is now taking applications for its 5 Over 50 Volunteer Award.

Nominees must be 50 years of age or older, actively involved in volunteer work, and residents of Sacramento County. If you know someone who meets the criteria and has made an impact in Sacramento County, nominate them for the 5 Over 50 Volunteer

Award. Learn more about the application process and access the form by visiting the Adult and Aging Commission page. Two letters of reference are required. The deadline for nominations is Friday, February 9.

The 5 Over 50 Awards will be presented on May 21 during a Sacramento County Board of Supervisors meeting. The award is presented in May to coincide with Older Americans Month. Five nominees will receive the award, with one person selected from each district within Sacramento County.

Sacramento County's Adult and Aging Commission members look forward to celebrating the winners. The 5 Over 50 Award not only recognizes these individuals for their hard work but also celebrates their impact in making Sacramento County a great place to live.

# Chautauqua Playhouse Presents "Exit, Pursued by a Bear"



(L-R) Cattaryna Goodin, Katie Ahnberg, Lee Anthony Wilson, John Goodin in character. Photo

#### Chautauqua Playhouse News Release

CARMICHAEL, CA (MPG) -Chautauqua Playhouse presents "Exit, Pursued by a Bear", an adult comedy by Lauren Gunderson, beginning on January 12 at the Playhouse. The show will run through February

Performances are on Fridays and Saturdays at 8:00 pm, and Sundays at 2:00 pm. The performances are held at the Chautauqua Playhouse, 5325 Engle Road in the La Sierra Community Center in Carmichael. Admission is \$23 General, \$21 Seniors/Students and SARTA members. Premium seating is an additional dollar. Tickets at the door are \$25.

Nan has decided to teach her abusive husband Kyle a lesson. With the help of her friend Simon (acting as her emotional -- and actual -- cheerleader) and a stripper named Sweetheart,



(L-R) Lee Anthony Wilson, Katie Ahnberg, Cattaryna Goodin in character. Photo courtesy of Warren Harrison

she tapes Kyle to a chair language, adult situations, and forces him to watch as and domestic violence. they reenact scenes from The direction is by their painful past. In the Patricia Lee Schmeltz, with set and light design piece de resistance, they plan to cover the room in

by Andrew Fiffick. meat and honey so Kyle The cast features John will be mauled by a bear. Goodin, Katie Ahnberg, Through this night of emo-Cattaryna Goodin and Lee tional trials and ridiculous Anthony Wilson. Information and ticktheatrics, Nan and Kyle are both freed from their past

ets are available through the Chautauqua Playhouse website: www.cplayhouse. org or call the box office at (916) 489-7529, during business hours.

# **River Cats Announce National Anthem Auditions for 2024 Season**

Performers Must Submit Demo Prior to Feb. 10 Auditions

Sacramento River Cats News Release

WEST SACRAMENTO, CA (MPG) - It's sung prior to the first pitch of every game,

and now you have the chance to do the same as the Sacramento River Cats have announced their National Anthem auditions for the 2024 baseball season will take place at Sutter Health Park on Feb. 10.

Auditions are open to all soloists, groups, and instrumentalists, and those interested in performing prior to a River Cats game must submit an audition demo by Friday, Jan. 26. Demos received past this date will not be considered.

All demos submitted must be an acapella version of the Star-Spangled

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Banner, sung in full with clear, consistent, and correct lyrics. The full performance must not exceed 90 seconds.

> To submit a demo, please email an mp3 or YouTube link to Logan Flair at lflair@rivercats.com. The subject line should read "2024 National Anthem Demo" include a name,

phone number and email address in the body of the email. Submissions that do not meet any of the submission directions or guidelines will not be considered for call

backs. The River Cats will invite the top demos submitted to Sutter Health Park for a live audition. Due to the volume of applicants, performers will only be contacted if they are selected to audition in person. Participants will be contacted the week of Jan. 29 with further instructions.

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# **Social Security Matters**

## I'm Returning to Work; What Should I Do About Social Security?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I started collecting Social Security at age 62 earlier this year. I had an opportunity to partner in a new business this year that will allow me to earn about \$200,000 in 2024. Because this is significantly above the allowed earnings when collecting early benefits, I need advice on how I handle this with the Social Security Administration. Am I supposed to call them and advise them of my change in income for 2024? If so, am I going to be penalized in any way? I expect they will stop all payments in 2024 once I alert them to the change. Will I be eligible for Social Security payments when I retire again? This is planned to take place before I reach full retirement age of 67. For information, my 2023 income will not exceed the 2023 allowable income limit. Signed: Un-retiring

Temporarily. Dear Un-retiring: You have a couple of options, considering that you recently claimed early Social Security benefits but are returning to work with income significantly more than the 2024 earnings limit of \$22,320.

The first is to simply

contact Social Security and tell them you are returning to the work force and tell them your anticipated 2024 income. They will suspend your SS benefits for all of 2024 (to avoid overpaying you and making you return those 2024 payments later). If you plan to continue in your new business beyond 2024, you can advise them of that as well and they will continue the suspension of your benefits, until such time as you either discontinue working or reach your full retirement age (the earnings test no longer applies after you reach your FRA). At that time, SS will resume your monthly Social Security payments and, at your FRA, will give you time credit for all months your benefits were suspended, providing you with a higher monthly payment after your full retirement age is attained (with an adjustment for benefits already

Your other option is to contact Social Security soon and request that your recent application for Social Security benefits submitted earlier this year be withdrawn. You have 12 months from the date of your application to do this, but you will need to repay Social Security all money which they paid to you or on your behalf (including your monthly payments, any income tax you had withheld from those payments, and any dependent benefits which might have been paid based on your record). That will effectively "wipe the slate clean" with Social Security and will be as though you had never claimed, allowing you to simply wait until you stop working, or until your FRA, or even beyond your FRA, to re-apply for Social Security at a higher monthly amount. The advantage of this option is that when your benefit restarts there will be no adjustment (reduction) for past benefits paid.

What I suggest you not do is simply wait to see what happens. That would result in Social Security catching up after the IRS informs them of your 2024 earnings, resulting in you receiving an Overpayment Notice from the SSA demanding repayment of 2024 benefits paid. In that case, you would need to quickly repay Social Security in a large lump-sum or have your SS benefits withheld until the debt for exceeding the earnings limit was repaid. In a nutshell, I suggest you call Social Security and tell them you are returning to work, what your earnings are expected to be, and for how long.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation. org/programs/social-security-advisory) or email us at ssadvisor@amacfounda-

# Kings Korner By V.G. Harris



The roller coaster team of the NBA, namely the Sacramento Kings, put together a comprehensive and highly entertaining performance Sunday night in Milwaukee. For all of us that are die-hard Kings fans, you witnessed a team effort on both ends of the court, and, finally, coach Brown tightened up his rotations, limiting substitutions to four players off the bench.

In previous outings, coach Brown has kept us guessing as to who would come off the bench, and at times it was difficult to make sense of the substitutions.

One notable rotation included for perhaps the first time, Sabonis and Alex Len on the court at the same time, and the team responded, playing with enthusiasm at both ends.

Many times during the early season, we have needed more rim protection, and simply more size to match up with bigger teams, but Brown has been resistant to putting Sabonis and Len together. Sunday gave way to optimism as Len became that needed rim protector, and although his 4 points and 5 rebounds may not sound like much, in only 11 minutes of play his presence was felt.

Domantas Sabonis claimed his 10th triple double of the season, 2nd in the NBA, and has begun to develop a midrange game that gives him another weapon for the opposition to deal with. In addition to 21 points, 13 rebounds, and an astonishing 15 assists, Sabonis added a 3-pointer for good measure.

This was a highly entertaining game that turned into a loss in overtime for only one reason, our inability to hit free throws. Our best free throw shooter, Malik Monk, missed two in a row in overtime, and De'Aaron Fox missed one of two, setting up the last-second, 30-foot arching rainbow by Damian Lillard to win the game by one point for the Bucks.

The Kings were coming off of a disappointing loss to the Philadelphia 76ers, but were still 2-1 on the road trip coming into Milwaukee.

Coach Brown was tossed from the game for the first time this season, and the team responded with energy, making the 4th quarter a real contest, ending with a Fox layup that tied the game and forced overtime.

As much as I hate to bring officiating

into the equation, once again the referees did an abysmal job. At times we would be better off with a coin flip in deciding out-of-bounds calls, or whether to call a charge versus a block. I truly believe if we switched out

the division 1 NCAA referees for the NBA group, we would see an immediate improvement in the quality of the officiating.

Of course, it shouldn't be this way, and with the advent of having the ability to challenge calls, the NBA has mitigated some of the more obvious mistakes, but more needs to be done.

I believe it starts with better off-season training, but without a doubt, the NBA needs to hold each referee accountable, and a vetting process should be in place so that some referees can rotate out, and

When it comes to challenges, the Kings simply don't take advantage of the process in place, going many games without even taking a challenge. When the Kings challenge, they are simply not good at it, with an abysmal 28% winning percentage. It's hard to understand how you can be wrong three out of every four times, but the stats don't lie, and just like shooting free throws, the Kings need to get better.

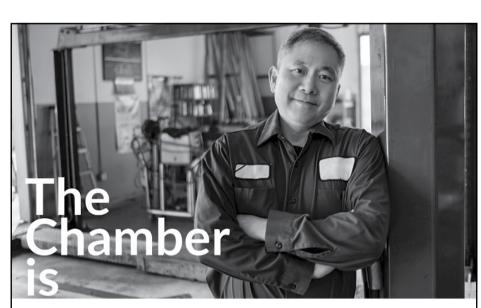
What a surprise the Philadephia 76ers have a league best 84% free throw percentage, and the Kings are dead last in 30th place with a percentage of 73%.

So, while a part of me applauds the vociferous energy that coach Brown brought to the floor Sunday night, I think he should direct some of that energy towards his team with regards to shooting free throws.

Thank you to the many that have reached out to me with your thoughts and comments. Let me know what you think

at vgharrskingsfan@gmail.com. Until next time, keep the faith!





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# Carmichael Times

Serving Carmichael and Sacramento County since 1981

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The Carmichael Times is published weekly. Call (916) 773-1111 for more information.









## **Dare to Live Without Limits**

by Bryan Golden

## Resistance to Change

We feel comfortable with what an opportunity that most likely would is familiar. Routines offer safety. Change takes us into the unknown. Change forces us onto new paths. Change is resisted because it is easier not to change.

Resistance to change isn't based on logic, it's based on fear of the unfamiliar. Resistance to change limit's your benefiting from new opportunities. It provides a false sense of security. You become more of a spectator rather than a participant in your future.

As resistance to change becomes ingrained over time, your aversion to change becomes involuntary. It's human nature to prefer the path of least resistance and it takes more effort to change than not to.

When Thomas Edison first invented the light bulb, it was not universally welcomed as the great breakthrough it was. Actually, many people did not want it at all. They were afraid widespread use of electric lights would enable businesses to work their employees 24 hours a day. There was resistance to change from oil lamps and candles.

Jill worked as a receptionist for a busy doctor's office. She had been there five years and was very happy with her job. Barbara, the office manager, was retiring and Jill was offered the job. Although the office manager's position was a promotion with more responsibility and pay, Jill wasn't sure she wanted to change jobs.

Jill was a competent receptionist. She was well liked by everyone at the office. As office manager, Jill would be supervising the other staff. Jill was worried about what would happen if she didn't like the new job or couldn't do well in it. If things didn't work out, what would she do? Jill didn't think she would have the option of returning to the receptionist position because someone else would have been hired to replace her.

Jill decided not to take the promotion. She was too uncomfortable with changing her daily routine. Jill's resistance to change caused her to pass up have worked out to her benefit.

Jerry was a salesman for a computer manufacturer. He made a good living and didn't mind the job. Jerry enjoyed speaking with people so he was comfortable with selling. But there was something he enjoyed more than anything; Jerry loved to cook and made delicious meals. His concept of an ideal life was operating his own catering business.

Jerry became laid off when the company he worked for was acquired by a larger firm. Jerry had some savings so he could take his time finding the right job. Jerry wasn't worried about getting another job since there were lots of high tech firms in the his city.

Jerry contemplated starting a catering business rather than getting another sales position. His friends encouraged him to go for it. But Jerry was hesitant. He was comfortable making a living in sales. Starting and running his own business would be a major change. It would be a lot of work and would take time to build up his income.

After much deliberation, Jerry decided to get another sales job and put off his dream for another time. Jerry wasn't comfortable with all of the unknowns associated with going into business for himself. So Jerry choose not to change but to stay with the familiar. As the previous examples illustrate,

resistance to change tends to be limiting. There is usually more to lose by refusing to change compared to changing. Unless there is a sound logical reason not to change, embrace change as an exciting new pathway to opportunity. You will be glad you did. In order to get the most from life you must be willing to change.

*NOW AVAILABLE:* "Dare to Live Without Limits," the book. Visit www. BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com or write him c/o this paper. ©2024 Bryan Golden



Celebrate Later

Dear Dave,

My wife and I have started teaching our fiveyear-old son about money. Do you feel we should step in and fix things when he makes mistakes, or let him experience the consequences of his actions? It's so hard on my wife, especially, to see him disappointed when he makes a mistake, and his plans don't work out.

Lane Dear Lane.

I know this might sound

mean to some folks, but sometimes a good financial disappointment when you're young is the best thing that can happen to you. They're hard to watch happen, or to experience, but often they'll teach life-long lessons. No decent parent wants to see their child sad or hurt, but reality is a pretty good teacher when it comes to learning how the world

**Dave Ramsey Says** 

really works. One of the jobs of a parent is to look for teachable moments with their kids. Of course, when it comes to teaching there's always a chance the student won't learn the lesson well enough the first time around. I'm not sure how you're doing things, but if I were in your shoes, I'd follow these steps. First, give him a chance to earn some money. In my book, that means work. No allowances! There's a lot of self-esteem and value to be found in accomplishing a given task successfully. Then, once you pay him for the work he does, you have another perfect chance for teachable moments, because you can help him learn about saving, spending and giving, and how to do all three wisely.

It's always hard on parents when they see their kids unhappy. I know we went through it with ours. As a parent and protector, you want to jump in and

make everything okay. But the hard truth is that fixing or doing everything for them is the easy way out. And in the process of doing that, a child will begin to develop a sort of learned helplessness.

Sometimes, Lane, you need to love kids enough to not do things for them. Let them make some mistakes, experience the consequences and fix things themselves. And it's better for them to do all this while they're still under your guidance and protection.

Dave

Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of The Ramsey Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions

# **Dignity Health Donates to** Sacramento-Area Nonprofits

Continued from page 1

committed to developing, promoting, and facilitating evidence-based education to raise awareness on possible life altering decisions, thereby saving lives," said Angela Y. Webb CEO/Executive Director at Arrive Alive California, Inc. "With the support of Dignity Health, we can take a big step towards building a community of responsible and empowered individuals who prioritize safety and well-being."

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**Copy Editor** — We are seeking a part-time copy editor for our newspaper group. This position works in the Carmichael office and works directly with Editor. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous editing experience is required.

City Reporter — We are seeking a part-time City Reporter for our newspaper group. This position may be assigned to work in the Carmichael office or another area office and works directly with the Editor. Work hours are flexible depending on assignments. Previous reporting experience is required.

**Advertising Services Support** — We are seeking a part-time Advertising Services Support person for our newspaper group. This position works in the Carmichael office and works directly with the owner of the company and the advertising/graphics staff. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous office experience is required.

**Delivery Driver** — We are seeking a part-time Delivery Driver for our newspaper group. This position would transport newspapers from our Carmichael office to our offices in Marysville and Gridley. Work hours are from 8:30 to 4:00 every Thursday. Must be able to lift and move bundles of newspapers without assistance. Must have your own reliable cargo van. This is an independent contractor position and pays a flat rate for your service.

Newsstand Delivery Driver — We are seeking a part-time Newsstand Delivery Driver for our newspaper group. This position works from the Carmichael office and delivers to our locations in the West Sacramento/ Sacramento Region. Work hours are from 8:30 to 5:00 Thursday and/or Friday. Must be able to lift and move bundles of newspapers without assistance. You must have a reliable vehicle. This is an independent contractor position.

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# **Budget Deficit Will Test If School Spending Is The Key To Achievement**



#### By Dan Walters, CALMatters.org

When California's governors and legislators write state budgets, they begin with projecting how much revenue the state is likely to receive.

It's a semi-educated guess that is often billions of dollars removed from the eventual reality, given the high level of volatility in the state's taxation system.

With a revenue number in hand, officialdom then calculates how much of it must be allocated to public schools under Proposition 98, the 1988 ballot measure that governs financing of K-12 schools and community colleges.

It's roughly 40%, but since the revenue assumption is shaky at best, Prop. 98's complex formulas are subject to varying interpretations. The calculation also includes estimates of local property taxes, so the number that emerges for schools is also rather arbitrary.

Whatever the figure may be in any given year, it never precisely squares with reality, which then requires reconciliation in the next budgetary cycle. The 2024-25 budget that Gov. Gavin Newsom proposed this week exemplifies the annual exercise.

When he and the Legislature agreed on a

2023-24 budget last June, they decided that Prop. 98 would give schools, in property taxes and state aid, \$110.6 billion in 2021-22, \$107.4 billion in 2022-23, and \$108.3 billion in 2023-24.

This week's budget declares that those numbers are cumulatively \$11.3 billion too high since revenues are running well under previous estimates. Meanwhile, the Legislature's budget analyst, Gabe Petek, had calculated that they are \$21 billion too high because his revenue estimates are lower than the governor's.

The differing revenue estimates - and the equally divergent calculations of school financing - together account for most of the \$30 billion-plus gap between Newsom's estimate of a \$38 billion deficit and Petek's \$68 billion

By tapping into a special reserve fund for schools, Newsom's budget proposal makes up most of his \$11.3 billion shortfall between what Prop. 98 requires and what school officials thought they would be getting over the three-year period, thereby shielding them from having to absorb big reductions in money they've already spent.

However, if Petek's more pessimistic revenue estimate turns out to be closer to reality than Newsom's, schools could take big hits and state officials would face pressure to change how schools are financed and how state aid, whatever the level, is allocated.

The latter generally is based on attendance – so much for each student, with bonus allocations to school districts with substantial numbers of English learners or students from poor households to help them overcome a chronic achievement gap in basic academic skills.

Newsom's proposed budget projects that K-12 schools will receive \$126.8 billion in 2024-25 from local property taxes, state aid and federal funds, or an average of \$23,519 per student.

That's double what it was a decade ago, but there's no indication that the sharp increase in school spending has resulted in a commensurate increase in academic achievement. The state's own competency tests, as well as nationwide tests, show little, if any, overall improvement and the achievement gap is as wide

Per-pupil financing is likely to increase in the years ahead because public school enrollment is declining and Prop. 98's formula is largely based on revenue, regardless of how many students are in the system.

K-12 enrollment peaked at 6.3 million in 2004, is now below 6 million and is expected to drop to under 5 million in the next decade due to low birthrates and the state's overall population decline.

It will test whether money is truly the key to educational achievement, as the education establishment contends, or other factors are preventing California kids from realizing their potential.

Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for *California newspapers.* ★

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WOOD 1-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09128 Tracy Dias. 4925 El Camino Avenue, Carmichael, CA 95608 is doing business under the Business Name(s) "Clear Vision Window Cleaning" 4925 ΕI Camino Avenue, Carmichael, CA 95608, Filed with the Clerk of Sacramento County December 14, 2023 Publish: Dec 29, 2023, Jan 5, 12, 19, 2024 1-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09149 Diana McDowell. 2822 Londonderry Drive, Sacramento. CA 95827 is doing business under the Fictitious Business Name(s) 'D&D Creations" 2822 Londonderry Drive, Sacramento, CA 95827 Filed with the Clerk of Sacramento County December 14, 2023 Publish: Dec 29, 2023, Jan 5, 12, 19, 2024 CREATIONS 1-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09130 Discount Outlet, LLC Auto 3451 Longview Drive Suite 140 Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "autodiscountoutlet.com" 3451 Longview Drive Suite 140 Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 14 2023 Publish: Dec 29, 2023, Jan 5, 12, 19, 2024 **AUTO** 

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-09195 Mustafa Anan Liddawi, 2110 Big Sky Drive, Rocklin, CA 95765 is doing business under the Fictitious Business Name(s) "Yalla Yalla Hot Sauce" 5800 Madison Avenue #5. Sacramento, CA 95841. Filed with the Clerk of Sacramento County December 18, 2023 Publish: Dec 29, 2023, Jan 5, 12, 19, 2024 1-19-24 YALLA FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-09178 Maria B Thomas, 9316 Los Torres Drive, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Glow Mami Designs" 9316 Los Torres Drive, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County December 15, 2023 Publish: Dec 29, 2023, Jan 5, 12, 19, 2024

**GLOW** FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-09381 Cory David Hopson Jr, 9184 Blue Point Lane Unit #15. Sacramento, CA 95826 is doing business under the Fictitious Name(s) "CDB Apparel" 9184 Blue Point Lane Unit #15. Sacramento. 95826. Filed with the Clerk of Sacramento County December Publish: Dec 29, 2023, Jan 5, 12, 19, 2024

CDB 1-19-24 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-09378 Mosa Properties LLC 311 E Street, Rio Linda, CA 95673 is doing business unthe Fictitious Business Name(s) "Villa Mosa Properties" 311 E Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County December 21, 2023 Publish: Dec 29, 2023, Jan 5, 12, 19, 2024

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-09315 Berk Street Enterprises, Inc. 2377 Gold Meadow Way Suite 100. Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Zion Healing Gold River" 2377 Gold Meadow Way Suite 100, Gold River, CA 95670. Filed with the Clerk of Sacramento County December 20, 2023 Publish: Dec 29, 2023, Jan 5, 12, 19, 2024

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09123

Mark Dowling, 5559 Turnbull Circle, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s)
"Round Tower Photography" 5559 Turnbull Circle, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 13, 2023 Publish: January 5, 12, 19, 26, 2024 1-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08808

Edward Boitano, 8139 Sunset Avenue #110, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Folsom-Collectibles" Sunset Avenue #110, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 29, 2023 Publish: January 5, 12, 19, 26, 2024 FOLSOM

1-26-24 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-09407 Peterson Heather Family Therapy Inc., 507 Natoma Street, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Rooted Counseling" 507 Natoma Street, Folsom, CA 95630. Filed with the Clerk of Sacramento County December 22, 2023 Publish: January 5, 12, 19, 26, 2024 1-26-24

STATEMENT FBNF2023-09368 Debbie Westwood, 733 Estates Drive, Sacramento, CA 95864 and Deborah Westwood, 11427 Hesperian Circle, Gold River, CA 95670 are doing business under the Fictitious Business Name(s) "Westwood Family Cellars" 733 Estates Drive, Sacramento, CA 95864. Filed with the Clerk of Sacramento County December

FICTITIOUS BUSINESS NAME

Publish: January 5, 12, 19, 26, 2024 WESTWOOD 1-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09383 Seyed-Javad Masseemi and Fariba Saghari, 106 Canyon Rim Drive, Folsom, CA 95630 are doing business under the Business Name(s) "M&S Consulting & Trades" 106 Canyon Rim Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County December 21, 2023 Publish: January 5, 12, 19, 26, 2024

CONSULTING FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09500

Stephanie Jo Tembey, 10767 Ivoryton Way, Mather, CA 95655 is doing business under the Fictitious Business Name(s) Sun Ray VA" 10767 Ivoryton Way, Mather, CA 95655. Filed the Clerk of Sacramento County December 29, 2023 Publish: Jan 12, 19, 26, Feb 2, 2024 SUN 2-2-24 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-09398 Travis William Blair, 8033 Jaden Lane, Fair Oaks, CA 95628 doing business under the Fictitious Business Name(s) "Always Open Mostly Handy Man" 8033 Jaden Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 22, 2023 Publish: Jan 12, 19, 26, Feb 2, 2024 ALWAYS 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09511 Grace O. Jackson, 3598 Kings Way Apt 35, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Fashionez by Gracious" 3598 Kings Way Apt 35, Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 29, 2023 Publish: Jan 12, 19, 26, Feb 2, 2024 **FASHIONEZ** 

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00116 Gregory Bray, 2528 Midland Way, Carmichael, CA 95608 is doing business under the Fictitious "Mr Drain Business Name(s) Plumbing/Mr Drain" 2528 Midland Way, Carmichael, CA 95608 Filed with the Clerk of Sacramento County January 4, 2024 Publish: Jan 12, 19, 26, Feb 2, 2024 2-2-24 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-00134 Latifullah Qasim, 3678 Kings Way #2, Sacramento, CA 95821 doing business under the Fictitious Business Name(s) "Spera MT" 3678 Kings Way #2, Sacramento, CA 95821, Filed with the Clerk of Sacramento County January 4, 2024 Publish: Jan 12, 19, 26, Feb 2, 2024 **SPERA** FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-09098 Joseph Padilla, 1607 Juliesse Avenue Unit A, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Precision Machine Engine 1607 Juliesse Avenue Unit A, Sacramento, CA 95815. Filed with the Clerk of Sacramento County December 13, 2023 Publish: Jan 12, 19, 26, Feb 2, 2024 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-09471 Hy-Pro Homes LLC, 2300 Iron Point Road Apt 212, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "HY-PRO Homes Design Studio 2300 Iron Point Road Apt 212, Folsom, CA 95630. Filed with the Clerk of Sacramento County December 28, 2023 Publish: Jan 12, 19, 26, Feb 2, 2024 2-2-24 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-09099 Konstantin Fridman and Yuliva Fridman, 676 Russell Drive, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Evoke Business Name(s) Staging and Design" 676 Russell Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County December 13, 2023 Publish: Jan 12, 19, 26, Feb 2, 2024 **EVOKE** 2-2-24 FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09411

Jeffrey J Rho, DDS. PC, 2525 K Street Suite 108. Sacramento. CA 95816 is doing business under the Fictitious Business Name(s) "Rho Family Dentistry" 2525 K Street Suite 108, Sacramento, CA 95816. Filed with the Clerk of Sacramento County December 22, 2023 Publish: Jan 12, 19, 26, Feb 2, 2024 FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09318 John Price, 4045 Robertson

Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Salon Art" 2440 Loma Vista Drive, Sacramento, CA 95825. Filed with the Clerk of Sacramento County December

Publish: Jan 12, 19, 26, Feb 2, 2024

SALON 2-2-24 FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00141 John Todd Stakes, 10930 Fair

Oaks Boulevard, Fair Oaks, CA

95628 is doing business under the Fictitious Business Name(s) "California RV Glass" 10930 Fair Oaks Boulevard, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 4,

Publish: Jan 12, 19, 26, Feb 2, 2024 CALIFORNIA

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00012 American River Wellness LLC. 3102 O Street #6. Sacramento. CA 95816 is doing business under the Fictitious Business "American Name(s) Wellness LLC" 3102 O Street #6. Sacramento, CA 95816. Filed with the Clerk of Sacramento County January 2, 2024 Publish: Jan 12, 19, 26, Feb 2, 2024 AMERICAN FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-09026 ECO-Pest Solutions, Inc., 1016 N. Market Boulevard #40 Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Pest Pros Pest Solutions" 1016 N. Market Boulevard #40, Sacramento, CA 95834. Filed with the Clerk of Sacramento County December 11, 2023 Publish: Jan 12, 19, 26, Feb 2, 2024 **PEST** 

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00058 Jevon M. Sheley, 418 10<sup>th</sup> Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "JM BBQ" 418 10th Street Apt #25, Sacramento, CA 95814. Filed with the Clerk of Sacramento County January 2, 2024. Publish: Jan 12, 19, 26, Feb 2, 2024 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-00016 Besnik Marashi. 6925 Ohana Place, Orangevale, CA 95668 is doing business under the **Fictitious** Business "ALB Painting" 6925 Ohana Place. Orangevale, CA 95662. Filed with the Clerk of Sacramento County January 2, Publish: Jan 12, 19, 26, Feb 2, 2024 ALB 2-2-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-09496 Paul Hyppolite, 10 Fairfield Court, Sacramento, CA 95833, is doing business under the Business Name(s) Fictitious "Unshackled Mind" 10 Fairfield Sacramento, 95833. Filed with the Clerk of Sacramento County December 29, 2023 Publish: Jan 12, 19, 26, Feb 2, 2024 UNSHACKLED FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-08877 Daniel Bulzan, 7441 Danfield Circle, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Bulzan Construction Painting/ 7441 Danfield B.C Painting" Circle, North Highlands, CA 95660. Filed with the Clerk of Sacramento County December 4. 2023 Publish: Jan 12, 19, 26, Feb 2, 2024

STATEMENT FBNF2023-09476 Basher Bazirgan, 3822 El Camino Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Universal 24/7 Locksmith/Express Locksmith" 3822 El Camino Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 28, 2023 Publish: Jan 12, 19, 26, Feb 2, 2024 UNIVERSAL FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-00112 Mohammad Esa, 7441 Azimuth Lane, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Pro Device Benair" Sunrise Boulevard #14, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County January 4, 2024 Publish: Jan 12, 19, 26, Feb 2, 2024 2-2-24 FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00136

Nicholas Michael Andrew Beebe and Daniela Alicia Ferreira Lopes Beebe, 1053 Haman Way, Roseville, CA 95678 is doing business under the Fictitious Business Name(s) "Wigglers Worm World" 10422C Fair Oaks Boulevard, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 4, 2024 Publish: Jan 12, 19, 26, Feb 2, 2024 **WIGGLERS** 2-2-24 FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00078 King One, 5825 Watt Avenue,

North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "King One" 5825 Watt Avenue, North Highlands, CA 95660. Filed with the Clerk of Sacramento County January 3, 2024 Publish: Jan 12, 19, 26, Feb 2, 2024 FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00185

Ghosh Advanced Electrolysis and Esthetics, Inc, 10938 Tower Park Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Synergy Skincare" 10938 Tower Park Drive. Rancho Cordova. CA 95670. Filed with the Clerk

Publish: Jan 12, 19, 26, Feb 2, 2024 **SYNERGY** FICTITIOUS BUSINESS NAME

of Sacramento County January

STATEMENT FBNF2023-09330

Manuel Sanchez, 7432 17<sup>th</sup> Avenue, Sacramento, CA 95820

is doing business under the

"The Woodpecker's Tree Care" 7432 17th Avenue Sacramento CA 95820. Filed with the Clerk of Sacramento County December Publish: Jan 19, 26, Feb 2, 9, 2024 WOODPECKERS 2-9-24

Fictitious Business Name(s)

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09468

Karashchuk.

Tetotom Park Way, Antelope,

CA 95843 is doing business

under the Fictitious Business

7929

"Natalya's Services" Name(s) Tetotom Park Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County December 28, 2023 Publish: Jan 19, 26, Feb 2, 9, 2024 NATALYAS FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00315 Gay Carroll-Haring, 2726 Land Park Drive, Sacramento, CA 95818 is doing business under

the Fictitious Business Name(s) "Bliss Road Studios" 2726 Land Park Drive, Sacramento, CA 95818. Filed with the Clerk of Sacramento County January 10, 2024 Publish: Jan 19, 26, Feb 2, 9, 2024 **BLISS** FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-09154 Chromatic, LLC, 2014 Capitol Avenue, Sacramento, 95811 is doing business under the Fictitious Business Name(s) "Chromatic Wellness Center" 2014 Capitol Avenue, Sacramento, CA 95811. Filed with the Clerk of Sacramento County December 14, 2023 Publish: Jan 19, 26, Feb 2, 9, 2024 CHROMATIC 2-9-24 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-00313 Joshua Lee Downey and Jackson Lewis Ray, 2400 Sierra Boulevard Apt 76, Sacramento, CA 95825 are doing business under the Fictitious Name(s) "Tanpopo" 2400 Sierra Boulevard Apt 76, Sacramento CA 95825. Filed with the Clerk of Sacramento County January Publish: Jan 19, 26, Feb 2, 9, 2024 TANPOPO 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09313 Safety Realized LLC, 5635 Kenneth Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Summit Safety/Tahoe Sleds" 5635 Kenneth Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 20, 2023 Publish: Jan 19, 26, Feb 2, 9, 2024 SUMMIT FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-09097 P Gavrilenko. Carriage Oaks Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "GreenWave Floor Care" 8308 Carriage Oaks Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County December 13, 2023 Publish: Jan 19, 26, Feb 2, 9, 2024 **GREENWAVE** 2-9-24 FICTITIOUS BUSINESS NAME

James Cyparski, 7762 South Cliff Drive, Fair Oaks, CA 95628 doing business under the Fictitious Business Name(s) "JC Construction" 7762 South Cliff Drive, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 8, Publish: Jan 19, 26, Feb 2, 9, 2024 2-9-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-00102 O'Shay 6020 Gonzalez, Wilkinson Street, Sacramento. CA 95824 is doing business under the Fictitious Business Name(s) "Shaywitdakay Collectible Hub" 6020 Wilkinson Street, Sacramento, CA 95824. Filed with the Clerk of Sacramento County January 3, Publish: Jan 19, 26, Feb 2, 9, 2024 SHAYWITDAKAY 2-9-24 FICTITIOUS BUSINESS NAME

Ricardo Lara Saldana, 7850 Riverhurst Court, Sacramento. CA 95828 is doing business under the Fictitious Business Name(s) "Elite Cleaning" 7850 Riverhurst Court, Sacramento CA 95828. Filed with the Clerk of Sacramento County December 15, 2023 Publish: Jan 19, 26, Feb 2, 9, 2024 FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08871 Arias Brothers Inc., 1880 Prairie

STATEMENT FBNF2023-09179

City Road #110, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Hermanos Jalisco Grill" 1888 Prairie City Road #110, Folsom, CA 95630. Filed with the Clerk of Sacramento County December 4.2023 Publish: Jan 19, 26, Feb 2, 9, 2024 **HERMANOS** FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09446

Narinder Kumar, 180 S Lexington Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Trinetra Indian Grocery" 310 S Lexington Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County December

Publish: Jan 19, 26, Feb 2, 9, 2024 TRINETRA FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00153 Yevgeniy Voyku, 4020 Stephen Drive, North Highlands, CA 95660 is doing business under

the Fictitious Business Name(s)

"YV Mobile Mechanic" 4020

Stephen Drive, North Highlands CA 95660. Filed with the Clerk of Sacramento County January 4, 2024 Publish: Jan 19, 26, Feb 2, 9, 2024

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-00175 Mia Nguyen, 621 P Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Ace's Pace" 621 P Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County January 5, Publish: Jan 19, 26, Feb 2, 9, 2024

**ACES** FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-00002 Emily Valleio, 8026 Briar Ridge Lane, Citrus Heights, CA 95610 is doing business under the Business Name(s) "M Plus E Additions" 8026 Brian Ridge Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County January 2, 2024 Publish: Jan 19, 26, Feb 2, 9, 2024

ADDITIONS FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-08903 Daniel Sergey Molitvenik, 5532 Missie Way, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Clear Skies" 5532 Missie Way. Sacramento, CA 95841, Filed with the Clerk of Sacramento County December 4, 2023 Publish: Jan 19, 26, Feb 2, 9, 2024 **CLEAR** FICTITIOUS BUSINESS NAME

STATEMENT FRNF2024-00253 Curt Davis, 1599 English Colony Way, Penryn, CA 95663 is doing business under the Fictitious "Insight Business Name(s) Flooring Inspections & Moisture Tests" 1599 English Colony Way, Penryn, CA 95663. Filed with the Clerk of Sacramento County January 9, 2024 Publish: Jan 19, 26, Feb 2, 9, 2024 INSIGHT 2-9-24 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2023-08948 Niello Co. Inc., 2701 Arden Way, Sacramento, CA 95825 is doing business un-Fictitious Business Name(s) "Niello Volkswagen/ Niello Collision Service" 2701 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County December Publish: Jan 19, 26, Feb 2, 9, 2024

NIELLO FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00295

Full Circle Dealer Services, Inc., 1481 River Park Drive, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "AutoFiPro" 1481 River Park Drive, Sacramento, CA 95815. Filed with the Clerk of Sacramento County January 9, 2024 Publish: Jan 19, 26, Feb 2, 9, 2024 AUTOFIPRO FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00286

Cecily Sorenson, 4519 Baron Avenue, Sacramento, CA 95821 is doing business under the Business "CS Accounting and Notary Services" 4519 Baron Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 9, 2024 Publish: Jan 19, 26, Feb 2, 9, 2024 FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08447

Vence Lewis, 636 Tailwind Drive, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Space 9 Collective" 636 Tailwind Drive, Sacramento, CA 95838. Filed with the Clerk of Sacramento County November 9, 2023 Publish: Jan 19, 26, Feb 2, 9, 2024 **SPACE** FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00178

Gregorio E. Monterroso, 8544 Imran Woods Circle, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "KC Builds" 8544 Imran Woods Circle, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County January 5, 2024 Publish: Jan 19, 26, Feb 2, 9, 2024 FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00357 Ardalan Bayat, 2400 Sierra

Boulevard Apt 19, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Healing Hands Name(s) "Healing Hands of River City" 2400 Sierra Boulevard Apt 19, Sacramento, CA 95825. Filed with the Clerk of Sacramento County January 11, 2024 Publish: Jan 19, 26, Feb 2, 9, 2024 HEALING 2-9-24 FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08353

Gr1f Group LLC, 535 Anton Boulevard Unit 850A, Costa Mesa, CA 92626 is Business under the Fictitious Business Name(s) "Credit 1 Finance Group" 535 Anton Boulevard Unit 850A, Costa Mesa, CA 92626. Filed with the

Clerk of Sacramento County November 7, 2023 Publish: Jan 19, 26, Feb 2, 9, 2024 **CREDIT** 

ORDER TO SHOW CAUSE CHANGE OF NAME SUPERIOR COURT OF

**CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV012747 Darian Alexander Brown has filed a petition with this court for

a decree changing the name(s) of Darian Alexander Brown to Darian Alexander Wilkins. IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court on March 21, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December Richard K. Sueyoshi Judge of the Superior Court Publish: Dec 29, 2023, Jan 5, 12, 19, 2024 1-19-2024 BROWN

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV000054 Fazl Ahmad Ahmadi has filed a

petition with this court for a decree changing the name(s) of Ahmad Sodais Ahmadi to Sodais Ahmadi and Ahmad Ozair Ahmadi to Ozair Ahmadi. IT IS ORDERED that all per-

sons interested in the above-en-

titled matter appear before this court on March 21, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 3, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: Jan 12, 19, 26, Feb 2, 2024

**CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV013801 Ahmad Alhamadani and Sura Ali has filed a petition with this court for a decree changing the name(s) of Assaad Ahmad

SUPERIOR COURT OF

Abdulrahem Al Hamadani to Assaad Hamadani. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 13, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 20, 2023

Christopher E. Krueger, Judge of the Superior Court Publish: Jan 12, 19, 26, Feb 2, 2024 HAMADANI 2-2-24 SUPERIOR COURT OF

ORDER TO SHOW CAUSE **CHANGE OF NAME** #24CV000007 Dionna Marie Campbell has filed a petition with this court for a decree changing the name(s) of Dionna Marie Campbell to

Dionna Marie Wangan.

CALIFORNIA **COUNTY OF SACRAMENTO** 

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 18, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 2, 2024 Richard K. Sueyoshi, Judge of the Superior Court Publish: Jan 12, 19, 26, Feb 2, 2024

> SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #23CV013186

WANGAN

Mohammad Shaber Ali has filed a petition with this court for a decree changing the name(s) of Mohammad Shaber Naser Ali to Shaber Zahiri. IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court on March 28, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street Sacramento CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 11, 2023 Richard K. Sueyoshi, Judge of the Superior Court Publish: Jan 12, 19, 26, Feb 2, 2024

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV000138 Gul Rahman Ghezali has filed

a petition with this court for a

decree changing the name(s) of Gul Ghezali to Gul Rahman Ghezali and Samay Ghezali to Sami Ghezali. IT IS ORDERED that all persons interested in the above-entitled matter appear before this

court on March 26, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 8, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: Jan 19, 26, Feb 2, 9, 2024 GHEZALI 2-9-24 SUPERIOR COURT OF

**CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV000099 Valerie Youa Oanh Cha has

Valerie Oanh Youa Nguyen. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 18, 2024, at 1:30 p.m. in Department 53, located at

filed a petition with this court for a decree changing the name(s) of Valerie Youa Oanh Cha to

813 6th Street, Sacramento, CA 95814, and show cause, if any,

# Chair/Vice Chair Elected to Board of Supervisors

#### Sacramento County News Release

**SACRAMENTO COUNTY, CA (MPG)** - The annual vote to elect a new chair and vice chair of the board of supervisors was held on the Tuesday, Jan. 9 meeting. This year's elected chair is Supervisor Patrick Kennedy of District 2, and Supervisor Phil Serna of District 1 was elected vice chair.

"I am honored to serve as the 2024 chair of the Sacramento County Board of Supervisors," said Kennedy. "It is a privilege to serve the residents of our county in this capacity, and I am ready to take up the responsibilities that come with this role. I am committed to working collaboratively with my fellow supervisors and community stakeholders to address the challenges and opportunities that lie ahead. I look forward to a productive and successful year."

Board chair responsibilities include the

\_\_\_\_

following:

-Presides over the board meetings; the vice chairperson assumes the role in the chairperson's absence or inability to act. If the chair and vice chair are absent or unable to preside, the members present will select a member present to act as temporary chairperson.

-Acts on procedural matters or questions.
-Recognizes a member of the board

desiring to speak on an item.

-Is entitled to vote on all matters before the board, participate in discussion relating to any matter, make motions without relinquishing the chair, and second any motion without relinquishing the chair. -Sits on other boards/commissions as a

representative of the County of Sacramento and is the point of contact for questions from the public regarding the meetings (i.e., coordination of resolutions/presentations and general questions not specific to a district, etc.)

-The chair and vice chair serve

annual terms.

# Up To 200 Part-Time Positions Available for Hire

Sacramento River Cats News Release

WEST SACRAMENTO,
CA (MPG) - If
you have ever
desired to
work around
the game of
baseball,
now could
be your
chance as the
Sacramento
River Cats
are gearing
up for the 2024

baseball season

with their annual job fair on Saturday, Jan. 27 from 10 a.m. to 2 p.m. (PT) at Sutter Health Park.

This free event will give interested

applicants the chance to speak directly with hiring managers as the River Cats are looking to hire up to 200 game day

staff members across multiple positions. Interested candidates are strongly

encouraged to apply online at
RiverCats.com/employment
prior to attending

the job fair,
and should
come prepared with
their ID
card as jobs
will be offered
on the spot for
most positions.

Available posi-

tions include security, parking, concessions attendants, cooks, suite attendants, EMTs, merchandise associates, and game day entertainment (Cat Crew). Other posted positions will contact candidates and interview outside of the job fair. River Cats and Sutter Health Park employees will receive competitive wages, job training, food discounts while at work, and River Cats tickets.

Legal Advertising Hotline 916-483-2299
Legal Advertising Fax 916-773-2999

#### L L G A L A D V L K I I S I N G mes Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – Fe

Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 — September 18, 1969 Etrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 — March 12, 202 The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 — March 21, 1988 7144 Fair Oaks Blvd #5 Carmichael, CA 95608

Legal Advertising

#### ORDER TO SHOW CAUSE CHANGE OF NAME

why the petition for Change of Name should not be granted. Dated: January 5, 2024 Richard K. Sueyoshi, Judge of the Superior Court Publish: Jan 19, 26, Feb 2, 9, 2024 Nguyen 2-9-24

### NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARNETTE ANN DIAZ CASE NO. 23PR000390 To all heirs, beneficiaries, credi-

tors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Marnette Ann Diaz A Petition for Probate has been filed by Gina Frisby, in the Superior Court of California.

been filed by Gina Frisby, in the Superior Court of California, County of Sacramento, requesting Gina Frisby be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows January 24, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the grant-

ing of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months

ceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file

kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Gina Frisby, 5708 Alloway Street; 916-671-9359 Publish: Dec 29, 2023, Jan 5, 12, 2024

NOTICE OF PETITION TO ADMINISTER ESTATE OF JUAN G. VASQUEZ CASE NO. 23PR002176 To all heirs, beneficiaries, credi-

tors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Juan G. Vasquez A Patition for Probate has

been filed by Sherri Wilmoth, in the Superior Court of California, County of Sacramento, requesting Sherri Wilmoth be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows February 7, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the grant-

ing of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate

Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file

kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Grace S. Johnson, Smith & Johnson Law APC, 115 W. Walnut Street Suite 3, Lodi, CA 95240: 209-333-9292 Publish: January 5, 12, 19, 2024 Vasquez

NOTICE OF PETITION TO ADMINISTER ESTATE OF LENA AMARIS CLARK SHARIAH CASE NO. 24PR000014

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Lena Amaris Clark, Lena Amaris Clark Shariah.

A Petition for Probate has been filed by Monica Anne Clark Johnson, in the Superior Court of California, County of Sacramento, requesting Monica Anne Clark Johnson be appointed as personal representative(s) to administer the estate of the decedent.

A hearing on the petition will be held in this court as follows February 20, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or

a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file

kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Monica Anne Clark Johnson, PO Box 276562, Sacramento, CA 95827; 510-693-7516 Publish: Jan 12, 19, 26, 2024

NOTICE OF PETITION TO ADMINISTER ESTATE OF BEULAH CALHOUN CASE NO. 34-2023-00336228

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or exate, or both, of Beulah Calhoun.

A Petition for Probate has

been filed by Kenna Reid, in the Superior Court of California, County of Sacramento, requesting Kenna Reid be appointed as personal representative(s) to administer the estate of the decedent. The petition requests authority

to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant

the authority.

A hearing on the petition will be held in this court as follows February 7, 2024, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. Zoom Teleprescence: https://saccourt-ca-gov.zoomgov.com/my/sscdept129 Meeting:

saccourt-ca-gov.zoomgov. com/my/sscdept129 Meeting: 16133529231 This matter is set for a court

hearing/appearance using the Zoom Application for the above referenced date and time. In order to participate in your Zoom hearing, you must either use a computer or smart device with internet access, and have downloaded the Zoom application. If you do not have compatible technology, then you can attend the hearing using a telephone and calling the designated toll free telephone conference line. You must appear by Zoom Application or Telephone using the designated department account referenced below at least 5 minutes before your scheduled hearing date and time; and wait for a court representative to take roll. Department 129 zoom https://saccourt-ca-gov. zoomgov.com/my/sscdept129 or Toll Free Telephone Conference Line @ (888) 475-499, meeting ID #689-534-3925

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within

from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file

the later of either (1) four months

kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Kenna Reid, 7931 Hanfford Way, Sacramento, CA 95823; 803-727-4932

Publish: Jan 12, 19, 26 CALHOUN

NOTICE OF PETITION TO ADMINISTER ESTATE OF PAUL CURTIS MARTIN CASE NO. 23PR001893 To all heirs, beneficiaries, cred-

itors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Paul Curtis Martin. A Petition for Probate has been

filed by Isabel Perez-Martin, in the Superior Court of California, County of Sacramento, requesting Isabel Perez-Martin be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority

to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will

be held in this court as follows February 21, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the grant-

ing of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the de-

a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may

file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Gordon G. Bones, 5860 Esrig Way, Sacramento, CA 95841; 916-965-6647 Publish: Jan 19, 26, Feb 2, 2024 MARTIN 2-2-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF KIM ELISE CHINYEREE BREAUX CASE NO. 23PR000890

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Kim Elise Chinyeree Breaux.

A Petition for Probate has

been filed by Jaimie Breaux, in the Superior Court of California, County of Sacramento, requesting Jaimie Breaux be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority

to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows March 5, 2024, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or

a contingent creditor of the de-

ceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file

kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner Jaimie Breaux. Thomasino Way, Antelope, CA 95843: 916-296-5403 Publish: Month Jan 19, 26, Feb 2, 2024



# SAN JUAN UNIFIED SCHOOL DISTRICT PUBLIC HEARING NOTICE PROPOSED PROPERTY EASEMENT FOR PUBLIC UTILITIES NOTICE IS HERERY GIVEN that, pursuant to Education Code section 17556, as seq., the Board

NOTICE IS HEREBY GIVEN that, pursuant to Education Code section 17556, es seq., the Board of Education of the San Juan Unified School District ("Board") has adopted a Resolution of Intent to convey to the Sacramento Municipal Utility District ("SMUD") certain real property within the Arcade Fundamental Middle School site (hereinafter referred to as "Property") for the purposes of construction, placement, inspection, removal, replacement, maintenance, and use of electrical and communication facilities consisting of underground conduits, wires, cables, and surface or pole mounted transformers, cross-arms or braces, guy lines, guy line stubs and all related appurtenances within the easement area. A public hearing will be held during the regular meeting of the Board on January 23, 2024, at 6:30 p.m. or as soon thereafter as practicable, on the question of conveyance of the Easement. Copies of the Resolution of Intent to Convey an Easement and Calling a Public Hearing in Connection Therewith are available upon request from cassandra.baumgart@sanjuan. edu and posted in the District Office front lobby.

At the public hearing described above, any interested person may be heard on the matter of conveying the aforementioned Easement. At the time and place of the public hearing, if no legal protest is entered, the Board may adopt a resolution by two-thirds vote of its members authorizing and directing the conveyance of the Easement to SMUD.

Carmichael Times 1-19-2024

CarmichaelTimes.com

# COMICS & PUZZLES



**Amber Waves** 





by Dave T. Phipps















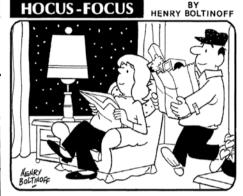






by Gary Kopervas





Find at least six differences in details between panels.

Differences: 1. Light is moved. 2. Mose is smaller. 3. Buttonholes are added. 4. Bricks are lower. 5. Headlight is missing. 6. Shirt is

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I PROMISE OUR

CAR WON'T BE



MY POP ALWAYS



HIM



'How could those athletes put steroids into

Just Like Cats & Dogs by Dave T. Phipps THIS NEW IPAD IS GREAT. IT TAKES CARE OF LIGHTS, TEMP, LOCKS .... I WISH I COULD DO



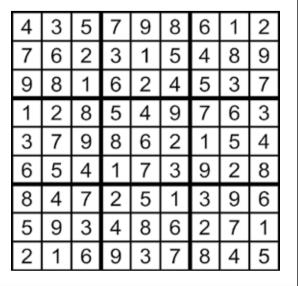
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#### **CLUES**

#### **ACROSS** 1. Moonshine maker

6. \*Artist with most 2024 **Grammy nominations** 

9 Not his

"Roots" autho

14. That guy 15. Full of emotion (2 words)

16. Relating to #3 Down

18. Caribbean island 19. \*The Recording

\_, voting organi

zation
21. \*"What Was I Made
For?" movie
23. \*"A Boy Named
\_\_\_\_," 1970 Grammy
winner
24. Prieklo po a wire

24. Prickle on a wire

25. Drench 28. Waiter's handout

30. \*Grammy-nominated Lauper song, "True

35. Amusement destination 37. Rachel Renee Rus-

sell's "\_\_\_\_ Diaries"
39. Extend subscription

40. South Korean boy band 41. Type of wrap

43. Italian wine region 44. Forearm length unit

46. Honey-producing

facility 47. Saw incision

48. Nauseant

50. Fancy marbles used as shooters

52. U.S. Marine Corps gift recipient 53. EU currency

55. Aglet on a shoelace,

.com Arena 60. \*Miley Cyrus' Song of the Year nominee and popular romantic gift

64. Texas cook-off dish 65. \*"In the \_\_\_\_ Tonight," by Grammy-winner Phil Collins

67. Send, as payment

68. Safe place 69. Bird word

70. Leave out 71. Bookkeeping entry

72. Refrigerator sound 73. Scatter

DOWN 1. Not Sunni

3. Pelvic parts

2. Baby powder ingredient

4. Shows the way

5. Aristotle's school

6. One-horse carriage

7. Mailing "code"

8. Single-cell protozoan 9. \*Grammy-winner,

Alpert 10. \*Purse for the red

12. Pampering place 15. Bar \_\_\_\_, ME 20. Rewards, in the olden

days 22. Pendulum's path

24. Cantina staple 25. \*Ice \_\_\_\_\_, Best New Artist nominee 26. Wooden ship caulking

27. Space exploration

# CROSSWORD

40 44 48



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mission

29. \*Grammy host for the fourth time

31. Plumbing problem

32. Early stages of illness 33. Reminiscent of the past

34. \*"Anti-Hero" performer 36. Not purl

38. Pacific Islanders' herbal drink

42. Handrail post 45. Neckwear decoration

49. Use scissors 51. Soft palate vibrations

54. House pest

56 Resided 57. Social media conver-

sation 58. Bank of Paris

59. Big Bang's original

matter 60. Word on a gift tag 61. Arabian bigwig

62. Fair attraction

63. Hot not 64. Denoted by symbol X 66. Debtor's letters

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JANUARY 19, 2024 Carmichael Times • 11

# No Water for You!



California's proposed water conservation rules too stringent and costly, analysts say. Photo courtesy of Tolga Ahmetler - Pexels

#### By Rachel Becker, CALMatters.org

California's legislative advisors lambasted the state's ambitious proposal to regulate urban water conservation, calling the measures costly and difficult to achieve, "in many cases without compelling justifications."

The proposed rules, unveiled in August, call for more than 400 cities and other water suppliers serving about 95% of Californians to meet conservation targets beginning in 2025.

The state Legislative Analyst's Office suggested significant changes to the State Water Resources Control Board's proposal, warning that the regulations would set "such stringent standards for outdoor use that suppliers will not have much 'wiggle room' in complying." They also warn that the added costs will ultimately be borne by customers.

"Whether the benefits of the new rules ultimately will outweigh the costs is unclear," the report says. "These doubts are particularly worrisome given we find that suppliers will face notable challenges complying with these requirements."

The report recommended that lawmakers direct state regulators to "make several of the proposed requirements less stringent (such as the residential outdoor standard), consider how to target state funding to assist lower income customers, and extend some of the deadlines for suppliers to

ensure they can actually achieve the framework's goals."

Water board officials didn't comment on the criticism or recommendations, but spokesperson Edward Ortiz said the report, along with other feedback received from industry and the public, will be considered. He said a new draft of the rules will be released this spring.

"With changing weather conditions threatening to reduce the state's water supply 10% by 2040, California is advancing an all-of-the-above strategy to bolster water supplies throughout the state, including conservation," Ortiz said.

Heather Cooley, director of research at the Pacific Institute, a global water think tank, said conservation and efficiency are the cheapest, fastest ways to meet California's water needs as climate change renders supplies more variable and uncertain.

"We have to take real action to ensure we can provide safe, clean, reliable water for California communities," she said. "Retrofitting and taking out old devices, transforming our landscapes, all of those things have a cost. But it's far less than developing new sources of supply."

Mandated by a package of 2018 laws, the intent of the rules is to make conservation "a way of life" in California. The rules, which are two years behind schedule, are expected to be adopted by the water board this summer before taking effect in October.

The rules don't target

individuals or businesses, instead setting individualized conservation targets for urban water agencies across the state based on goals for indoor and outdoor water use, leaks and other factors.

By 2035, water providers will collectively need to reduce water use by 14%. The savings would be enough to supply about 1.2 million homes every year, or about 1% of the state's total water use.

The report called this amount "modest," noting that "the agricultural sector uses about four times as much water as the urban sector."

Water agencies and city officials warned state regulators last fall that complying would be costly, roughly \$13.5 billion from 2025 to 2040 for rebates and other efforts to cut residential use. The benefits are anticipated to reach about \$15.6 billion, in large part because suppliers and customers will buy less water.

The Legislative Analyst's report noted that an assessment by a consulting firm commissioned by a water supplier raised questions about those calculations. They noted that customers, particularly low-income households, would likely bear the brunt of rates increased to cover the costs.

"Even if benefits outweigh costs in the long run, whether they merit the amount of work and costs to implement the requirements as currently proposed is uncertain," the report said.

Jay Lund, vice-director of the Center for Watershed Sciences

at the University of California, Davis, called the report "an unusually frank assessment."

"Although there is good room for further conservation, this additional State effort seems like it is probably not needed, or at least, need not be as stringent and complicated as it seems. It has been asked, 'Is this juice worth the squeeze?"" he told CalMatters in an email

During the last three-year severe drought, which ended last year, the Newsom administration set voluntary conservation goals that were largely ineffective. Californians used only about 6% less water from July 2021 through the end of last year compared to 2020, far less than Gov. Gavin Newsom's 15% goal.

Some areas, especially in hot, inland areas of the state, will require more stringent conservation than others under the proposed rules. Inland and eastern California will be required to cut back the most, with the biggest cuts, up to 34%, needed in desert areas, followed by the Tulare Lake region.

Even in the North Coast area, which as a whole is not expected to need to cut back at all to meet the 2035 targets, two large suppliers serving more than 1.6 million customers will nevertheless need to reduce their water use by a quarter.

But increasing conservation in the places that need it most will seem a bargain when inevitable longer and drier droughts occur, said Felicia Marcus, former chair of the water board and now a visiting fellow at Stanford University's Water in the West Program.

"The goal is both to make each locality more resilient to the nightmare curveballs climate change is throwing at us, and to do it in a way that integrates efficiency first and foremost as the most cost and carbon effective measure in the long run," Marcus said.

Sonja Petek, the principal fiscal and policy analyst who authored the report, said the office isn't saying to abandon the conservation regulations, it's just recommending changes to make them more feasible.

"Water conservation is one of the important components of the state's overall water management strategy," she said, citing more severe and prolonged droughts and the need to reduce reliance on overdrafted groundwater basins. "Our concern is that if these regulations were adopted as written, it could lead to a scenario where compliance is not feasible for some water suppliers, so the state might not achieve its ultimate goals.

Assemblymember Laura Friedman, a Democrat from Burbank and an author of the original legislation, said the report "raises some valid concerns with the rulemaking process thus far, however, I have faith in the water board to do its due diligence in implementing the standards that were passed."





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# Home Care Financial Assistance for Veteran Spouses



"We want them to get the benefit, which they so deserve." Aid & Assistance is provided by the Department of Veteran Affairs, and it is extremely easy to inquire about you or your loved one's eligibility. Photo courtesy of Pexels-Kampus-Production

#### By Michele Townsend

**SACRAMENTO REGION (MPG)** - As we get older, many of us need a helping hand. Our bodies may be sick, they may be broken, or they may just be worn out. In addition, the world currently has more illnesses than it ever has before. Many families would like nothing more than to keep their aging family members at home. However, Home Care is very expensive.

Insurance often does not cover Home Health Care, so many families find themselves in the position that they are forced to put their loved one in a facility, convalescent home, or some other facility that offers assisted living. There are many facilities that insurance pays for and a private facility can cost \$4,000 per month and more.

According to American Veteran's Aid, a private company, the Veteran's Administration (VA), may be able to help. The program is called Aid & Attendance and may provide you a tax-free benefits of up to \$3,536 per month for all types of long term care. It is designed to off-set the expense of long-term care and can be used for home care or for a facility.

The Vet must have served during War time and had to get anything except a dishonorable discharge. Eligible periods of war are WWII (12-7-41 to7-26-47 is considered war service), Korean Conflict

(6-27-50 to1-31-55), Vietnam (11-1-55 to 6-7-75 for those who served in Vietnam, 8-5-64 to 5-7-75 for those who served outside of Vietnam) or the Persian Gulf War (8-2-90 through a date to be prescribed by Presidential proclamation or law).

Eligible individuals will be Vets and spouses of Vets that are 65 years and older, need assistance with daily activities such as dressing, bathing, eating, toileting or getting around or are totally disabled. In addition, the vet must have served for a minimum of 90 days and the spouse must have been married to the vet at the time of their passing, and cannot be remarried unless it is to another wartime veteran. There is income and countable asset criteria established by the VA.

"We just want to help any war time veterans that we can," said Barbara Wright. "We want them to get the benefit, which they so deserve." Aid & Assistance is provided by the Department of Veteran Affairs, and it is extremely easy to inquire about you or your loved one's eligibility. Simply visit https://americanveteransaid.com/, enter your information and answer 4 questions. Generally, a representative will call you back within 24 hours and they can often determine eligibility. This is not a one-time payment, but rather a monthly payment. If you don't have access to a computer, you may call Barbara Wright at 877-427-8065 ext. 1019. ★

# Start the New Year by Adopting a Pet

Sacramento County News Release

SACRAMENTO, CA (MPG)

There's no better way to start the new year than by adopting your new best friend from Bradshaw Animal Shelter. To ring in a new year of adoptions, the shelter celebrated the first adoption of 2024: an 11-year-old dog named Mini. Mini, a Miniature Pinscher mix and senior dog, was exactly what Christena Austin was looking for.

"Old dogs need a good home too," Austin said. She knows a thing or two about adopting older dogs: she met her last pup, Violet, when Violet was 12 1/2 years old. At first. Austin recalls walking away from Violet, thinking she was too old to adopt, but "something made me go back for her," Austin said. The pair spent five memorable years together, but Violet recently passed away at the age of 17 1/2. Austin felt called to give another old dog a new lease on life and is ecstatic to welcome Mini into her home. "She will be treated like a queen," Austin says.

There are still so many wonderful pets who are looking for forever homes. If one of your resolutions going into 2024 is to live a healthier lifestyle, a pet can help you get there. Studies have shown that pets can have positive effects on our health: pets can increase opportunities to exercise, get outside, and socialize. Regular walking or



Christena Austin is happy with her 11-year-old Miniature Pinscher mix. Photo courtesy of Sacramento County

playing with pets can decrease blood pressure, cholesterol levels, and triglyceride levels, and the companionship that pets provide can help manage feelings of loneliness and anxiety.

Ready to add a new pet to your home? Before visiting Bradshaw Animal Shelter, you can view all of the dogs, cats, and other animals available for adoption, or you can take a walk around in person to see whom you fall in love with. To help match you with your new best friend, the shelter offers adoption counseling, and if you're looking to adopt a dog and have an existing dog at home, you can bring them to the shelter for a meet and greet to make sure it's a good fit for your fourlegged family members Your new pet's adoption includes their spay/neuter surgery, up-to-date vaccinations and monthly preventatives, a microchip, and a one-year license for Sacramento County residents. Adoption fees are, for example, \$50 for adult dogs one year and older, \$75 for puppies, and \$50 for cats and kittens.

Bradshaw Animal Shelter is located at 3839 Bradshaw Rd. in Sacramento and is open Tuesday through Sunday from 12 p.m. - 5 p.m. with extended hours on Wednesdays from 12 p.m. - 6 p.m. You can also meet adoptable pets at Petco adoption center located at 8840 Madison Ave. in Fair Oaks from 12 p.m. - 5 p.m. on Wednesdays and 1 p.m. - 4:30 p.m. on Fridays and Saturdays.





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