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Citrus Heights Messenger

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Encouraging Community Involvement



Volunteer event last fall. Photo courtesy of City of Citrus Heights

By Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) - The City of Citrus Heights has launched a new online platform to encourage residents and organizations to contribute to their community through volunteering, the Citrus Heights Volunteer Hub. The Citrus Heights Volunteer Hub can be found at citrusheightsvolunteers.net.

"The hub is an online tool which promotes various acts of volunteering in the city," said Marisa Brown, city communications officer. "Residents can sign up and create a personalized account that will match them with a range of service opportunities in the

community based on their individual interests, talents or schedules," she said.

Service groups, businesses, nonprofit organizations, and individuals looking for volunteers for a community event can create and register "agency" accounts and then add specific opportunities for residents to sign up. Those who do so will have ownership over their own accounts and be able to update their volunteer opportunities as often as needed, Brown said.

Participating groups now include the Kiwanis Club of Citrus Heights, Metro Fire CERT, the city of Citrus Heights, American Legion Post 637,

Rotary Club of Citrus Heights, the Citrus Heights Women's Club, Single Mom Strong, Citrus Heights Arts, Sunrise Christian Food Ministry and REACH (Residents' Empowerment Association of Citrus Heights)

"We are aware that both the city of Rancho Cordova and the city of San Leandro use the same platform for their volunteerism," Brown said. "Their experience helped us gain a more local perspective of how this platform could increase community engagement," she said.

"Our goal is to reach as many residents in Citrus Heights as possible by inviting partners (non-profits,

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Sia Magadan Named Director of Impact at Local United Way



Sia Magadan, new Director of Impact at United Way California Capital Region. Photo courtesy of United Way.

United Way News Release

SACRAMENTO, CA (MPG) - Sia Magadan of Rio Linda has joined United Way California Capital Region as director of its Impact department that runs the nonprofit's many programs focused on ending poverty for local families starting in school.

Prior to joining United Way, Magadan was director of community engagement and fundraising for Rootid, a communications agency in Berkeley focused on non-profits. Before that, she worked as development manager for the Oakland Literacy Coalition and Adventure More in San Leandro. She also serves as a consultant for BIPOC nonprofits through her firm, edYOUcate.

"Sia's invaluable expertise in education and her deep understanding of the unique challenges facing unhoused and foster youth within our community make her a valuable addition to our team," said Dr. Dawnté Early, president and CEO, United Way California Capital Region. "With Sia overseeing this work, we look forward to making lasting strides toward positive change in the lives of these youth, ultimately contributing to United Way's broader goal of ending poverty through education."

Founded in 1923, United Way California Capital Region has been a transformative force in the Sacramento community for more than a century, serving Amador, El Dorado, Placer, Sacramento, and Yolo counties. The local United Way's Square One approach to ending poverty is grounded in a public health model and uses a threefold strategy to address community needs from birth and beyond: helping kids excel in school, investing in families and strengthening schools. At United Way's core is the philosophy that families possess the blueprint for their success. United Way supplies books to young children, provides literacy tutoring, addresses housing and food security,

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Meals on Wheels to Return

Story and photos by Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) - A collaborative multi-agency effort, in process since late fall, between the non-profit Meals on Wheels based in Sacramento, the City of Citrus Heights, and the board of directors of the Sunrise Recreation and Parks District (SRPD) is expected to return a popular hot-meal program for seniors in Citrus Heights back to the city in early February after a multi-year absence.

"A one-year contract agreement has been signed by board members of the SRPD and Meals on Wheels to resume the program at the Crosswoods Community Center at 6742 Auburn Blvd.," said Kevin Huntzinger, SRPD district administrator.

The hot-meal program for seniors was offered by Meals on Wheels at Rusch Park and was suspended during the pandemic. Meals will be offered Tuesdays, Wednesdays and Thursdays, with serving hours and operational



Above: The Crosswoods Community Center. Right: Kevin Huntzinger, district administrator, Sunrise Recreation and Parks District.

details to be finalized soon, Huntzinger said.

"We've been listening to seniors in Citrus Heights who said they very much would like to see the (All-Seasons Café) meal program resume," Citrus Heights City Manager Ash Feeney said in an earlier interview.

The Crosswoods Center is located at the intersection of Auburn and Van Maren, just behind the

Sylvan Oaks Library. The popular hot-meal program, sponsored by Meals on Wheels, gave Citrus Heights seniors a valuable place to meet and socialize.

"The shared goal between all parties, including the city of Citrus Heights, SRPD and Meals on Wheels, had been to launch the Citrus Heights All Seasons Café as soon

as possible," Feeney said.

That goal has now been realized, Huntzinger said.

A formal public announcement of an opening date by all parties is pending the approval of a final physical inspection of the premises, she said.

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New Boutique Thrift Store Opens its Doors



Greenback Treasures store prepares for its grand opening.

Story and photo by Tamara M. Warta

CITRUS HEIGHTS, CA (MPG) - A new boutique-style thrift store is now open in Citrus Heights, and the merchandise inside tells the story of a resilient family that is ready to embrace the community surrounding its brick and mortar store.

Greenback Treasures is owned by Joe Lopez and his longtime partner, who together opened the doors of the shop for the first time on December 12. The theme of Greenback Treasures is upscale finds at reasonable prices, which is something they are maintaining well through various themed spaces throughout the store. Room spaces include home decor, memorabilia, a children's area, men's area, and even a wedding section. They hope to expand to further rooms, including a housewares and furniture section, and a holiday room with rotating items throughout the season.

"Each room has its own little experience," says Lopez. "My partner is a thrifter big time. She created this look."

Lopez's partner was a big motivation for opening the store. In 2013, she was diagnosed with pulmonary fibrosis and had a double lung transplant. She has since endured various other medical issues, including a heart attack. Lopez also lost his mother in January of 2023, who was also a collector.

"When my mom was still with us, we decided maybe we could have a store with all of this," said Lopez surrounded by the shop's items - many of which were owned by his late mother. A majority of the other items in the store have been stored by Lopez and his partner over the years. Upon first glance, Greenback Treasures looks like a thrift shop, but it also serves as a memorial to a loss and an important purpose for those still here and fighting for time.

"If we didn't have that situation honestly, we probably wouldn't be doing this. We're giving her a purpose rather than just staying home. We don't know how much time she has left. She keeps herself going through all the adversity."

While Greenback Treasures just opened last month, the building is not unfamiliar to Lopez. The former owner of a construction company operated that business out of

the same location. Through the COVID-19 pandemic and the economic climate that resulted from it, that business closed. But now Lopez is back, utilizing the space for an entirely different purpose.

"We're going to try to give it 6 months and see how we do," said Lopez when asked about how business is going. "We're getting a lot of positive response from people. The Citrus Heights people who have come in are excited. They want us to make it. They keep telling us this is what we needed here."

With the closure of Thriftown several years back, Midway Antique Mall this month, and the Goodwill on Auburn Blvd also departing, Greenback Treasures is existing in a unique space of running a similar business model while its competitors fall away. To see if they can weather the storms many other second-hand retailers have faced is yet to be seen - but the future looks bright. The positive public response has come with some unique and valuable donations as well.

"They are bringing in really nice stuff to donate," said Lopez regarding how the community is supporting and catching the vision.

And the shop owners are here to catch the community right back. Lopez is navigating Greenback Treasures towards becoming a non-profit. They have filed for 501(c)3 status and hope to benefit the surrounding region with the store's profits.

"We are leaning more towards homeless support. We believe that's what's needed - especially here in Citrus Heights," said Lopez.

Until the non-profit side of things is sorted, Lopez is already appreciating those who have become regular visitors. His eyes light up when he speaks of a wheelchair-bound customer that visits every other day and has an affinity for the shop's arts and crafts items.

"She has become a friend." In looking around the store, it is clear that Greenback Treasures is not only an upscale thrift store - it's a place where people are treasured as well.

The shop is located at 7680 Greenback Lane in Citrus Heights. They are open Tuesday through Saturday, 10am-6pm. You can visit their Facebook page for more information. ★

Grant Program for Non-Profit Organizations to Open

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Board of Supervisors intends to continue providing \$1 million through the Transient Occupancy Tax (TOT) Grant Program to support nonprofit organizations located in Sacramento County in Fiscal Year 2024-25.

For the last 7 years, the Board of Supervisors has awarded funds to organizations that carry out community-based programs and/or services in the areas of economic and workforce development, arts and culture, community development, and health and human services. The County began setting aside funding for this purpose in 2017.

Grants will be allocated through a competitive process and applicants must meet eligibility and funding requirements. Applications will be accepted online beginning February 2, 2024, through the County's Office of Budget and Debt Management with a deadline of March 4, 2024.

Funding for the TOT Grant Program will come from County Transient Occupancy Tax (TOT) revenues. Transient Occupancy Taxes are levied on guests who occupy rooms in hotels, motels, and other temporary lodging accommodations in the unincorporated area of the County.

2024-25 TOT Grant Program Application Dates & Details:

Grant Application DEADLINE: March 4, 2024, 5 p.m.

Grant Application Period: February 2 – March 4, 2024

All applications and requested materials must be submitted by 5 p.m. on March 4, 2024. No late applications will be accepted.

Online Applications: Only online applications will be accepted. Apply online beginning February 2.

Duplicate and incomplete applications will be disqualified.

Applicants will receive electronic receipt notification upon submission of application.

Grant Program and Application Virtual Workshop:

February 13, 2024 10 a.m.-11:30 a.m. The workshop includes a review of the following:

- Grant program and Timeline
- Insurance Requirements
- Application Questions
- Timeline and submission information
- Q & A's

Grant Application Review Period: March 5 – 11, 2024

County staff will review applications for completeness and compliance with minimum eligibility requirements. Applicants will be notified electronically if proposals do not meet the minimum qualifications and will not continue to the evaluation process.

March 12 – April 26, 2024

Subject Area Expert Panel Application Review: Subject area experts will review, evaluate, and rank qualifying applications.

May 2024

TOT Board Review Committee: Board Review Committee to review recommendations of the Subject Area Expert Panel's Recommendations and award District-directed grants based on input from Subject Area Experts.

Grantee Award Approval: June 2024

Grant Program Hearing Notification: Applicants will receive an electronic notification of the schedule for the Board of Supervisors Hearing, where recommended award selections will be made.

The Board of Supervisors will make the final determination and approval for all TOT Grant Program recipients.

County Budget & Debt Management Division staff will notify applicants of funding selections within five business days of Board Hearing approval. All notifications will be made electronically.

County Budget & Debt Management Division staff will draft and administer agreements between the County and grantees.

For more information about the grant program, visit the TOT Grant Program website. ★



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American Immigrant Wins High School American History Essay Contest



The General John A Sutter Chapter honors the Chapter Winner of the Patriots of the American Revolution American History Essay Contest. (L-R): Sue Frost, Chairperson for the American History Essay Contest, Chapter Winner, Shanya Sobhi, committee members Dianne Poppert, Diane Weller, and Ginger Reed.

Photo and story by Elise Spleiss

CITRUS HEIGHTS, RANCHO CORDOVA, CA (MPG) - On January 20, Shanya Sobhi, a Senior at Cordova High School received an award from the General John A. Sutter chapter of the daughters of the American Revolution (DAR) for her in-depth essay on Abigail Adams.

Sue Frost, Sacramento Board of Supervisors, and Chair of the DAR American History Essay team presented Sobhi with her award. Her winning essay will go on to the District level, and hopefully on to State and finally the National competition in Washington D.C.

Frost explained that every year DAR chapters invite students from across the county to participate in an American history essay contest. A different topic is given to students in the fifth, sixth, seventh and eighth grades. Students in grades 9 to 12 receive the same topic. Members of the teamwork with schools in the different districts to encourage participation.

Frost commented, "Shanya stood out right away as a student who has an appreciation for American history, our government, its founding, freedom, and the principles and everything America stands for."

Frost added from her own experience, "If you really want to know the history look up the forgotten letters of communication between the writers that describe the conflicts, struggles and aspirations and their vision for the future of the writers."

In her 1,200-word essay entitled "The Founding Mother, following in-depth research, Sobhi chose to highlight Abigail's fight for educating children, especially girls; women's rights, and abolishing slavery. She cited many quotes on these topics:

One article related, "Even John Adams had many doubts (during this time) but his pillar of reliance and confidence came from his wife, Abigail Adams. Her confidence and opinionated personality makes her a remarkable political presence. She is often an underrepresented patriot by her accomplishments are silently observed and celebrated. She has contributed to the development of the United States through her advocacy of education, abolition of slavery and women's rights."

Regarding education, "She understood a nation's evolution came from its

children. It is from legacy and improvement of education that children are encouraged to be curious, continuing a virtuous development of the nation. Abigail was a mother to the whole nation."

Abigail spoke the minds of the women and minorities. "It is from the early education of youth and the first principles which are instilled (that) take the deepest root" for advancement of learners and future leaders of the United States."

She concludes with a summary of the importance of Abigail Adams' influence on the founding of the United States. "Her brave and bold gesture towards her husband was that of cultural shock and defiance, as no other woman had the same demeanor and vigor in declaring their rights and independence (when) away from their husbands. Abigail Adams is a forgotten patriot due to her being a woman, however, she is most influential as she indirectly influences the writing of the constitution. John Adams listened to hear the Founding Fathers, but he listened to understand Abigail and her vision of the newborn nation. While John Adams is one of the Founding Fathers, Abigail Adams was one of the Founding Mothers."

Sobhi came to the United States from Iraq with her family in 2017 at the age of 11. They have resided in Rancho Cordova since then. She has one younger sister and one younger brother. Resources used were books, letters, and online biographies. She used credible websites such as the Library of Congress, as they have the most archived documents.

In an interview Sobhi stated she plans to hopefully attend a university and major in Biology as she is interested in the medical field.

According to their website, "Founded in 1890, DAR is a national nonprofit, nonpolitical volunteer women's service organization dedicated to promoting patriotism, preserving American history and securing America's future." Members are verified descendants of those who "aided in achieving American Independence."

The General John A. Sutter chapter of Daughters of the American Revolution (DAR) serves the Sacramento region.

Website: <https://genjohnasutter.californiadar.org>. ★

Meals on Wheels to Return

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Required state health and safety operating permits have been approved, he said.

"We'll be starting with 20 meals per day on three days a week to start at the Crossroads facility," said Krystal Sharpnack, registered dietician and congregate manager for Meals on Wheels in Sacramento.

Since the meal program for seniors was suspended several years ago due to the pandemic, and restarts in a different location in Citrus Heights, the initial three-day hot-meal program at Crossroads will allow Meals on Wheels to fine tune the program before fulfilling its goal to offer a Monday through Friday meals program, she said.

"In time, we should be serving up to 20 meals each day and up to 60 per week from this facility," she said.

Sharpnack said Meals on Wheels is in the process of finalizing initial funding for the program from the state Agency on Aging/Area 4 which is needed to start the program.

"We (Meals on Wheels) haven't set an official resumption date," she said. Official state operating permits have been issued and a required physical inspection of the premises by Sacramento Metro Fire should be completed this week, she said.

An official public announcement between Meals on Wheels, the City of Citrus Heights and the Sunrise Recreation and Parks District concerning the launch of the program at Crossroads is pending, she said.

A Meals on Wheels All-Seasons Café is typically an in-person, restaurant-style space, with each hot lunch hosting typically 20-90 seniors per meal at larger sites.

The two nearest Meals on Wheels café sites are located at the Mission Oaks Community Center at 4701 Gibbons Dr. in Carmichael, and in the Rio Linda Elverta Recreation and Park District, 810 Oak Ln., in Rio Linda.

Huntzinger gave a tour of the Crossroads Center facility in Citrus Heights which includes inside restrooms and office space for Meals on Wheels personnel.

"We will be working closely with Meals on Wheels to help them set up the kitchen and bring in additional equipment, including a refrigerator which may be needed,"

he said. SRPD will provide tables and chairs and overall operations support.

Late this fall, Huntzinger and Jennifer Massello and Krystal Sharpnack of Meals on Wheels toured two sites in Citrus Heights: the Rusch Park Community Room where the meals program had been held, and the Crosswoods Community Center for likely consideration.

The Crosswoods Community Center seats 60 and has been used for small gatherings including weddings, birthday parties and meetings.

"We're also looking to start other SRPD social programs for seniors at the Crossroads Community Center once the Meals on Wheels Café gets going," Huntzinger said.

An initial meeting between a team of city officials which was led by Citrus Heights City Manager Ash Feeney and the Sunrise Recreation and Parks District (SRPD) to consider the matter took place on November 9th.

Nicole Piva, Sunrise Park and Recreation District (SRPD) district administrator Kevin Huntzinger, and Jennifer Massello and Krystal Sharpnack with Meals on Wheels toured two sites, the Rusch Park Community Room and the Crosswoods Community Center behind Sylvan Oaks Library, for consideration. Piva serves as the city's housing and human services program coordinator.

Meals on Wheels, which currently serves seniors 60+ years of age, seeks to keep seniors in their homes and communities longer by providing nutritious meals, safety net services, social contact, community resource information and more.

Home-delivered meals are also available to seniors aged 60+ who are homebound due to illness or recovery, disability, or other causes which may prevent them from leaving their homes. Eligible participants may receive either hot, home-delivered meals every weekday or a box of five frozen meals once a week.

A Citrus Heights city web page features helpful information on senior resources and local programs at: www.citrusheights.net/486/Senior-Resources.

Seniors who are interested in Meals on Wheels' ongoing home-delivered meal program can call (916) 444-9533 for more information. ★

Encouraging Community Involvement



Volunteers all smiles after charity event. Photo courtesy of City of Citrus Heights

Continued from page 1

community-based organizations and others) to list their events and activities and then encourage community members to create individual profiles. Our potential target audience is every Citrus Heights resident," she said.

"The Volunteer Hub will be a convenient way to get connected in our community," said Mayor Bret Daniels in a press release.

"The hub will allow not only residents to find local volunteer opportunities easily but also promote the opportunities that lie within our city's service groups and organizations who are looking for help," he said. "The new hub also supports the city's own ongoing beautification initiatives, making it easier for residents to find opportunities to chip-in by joining community cleanups, tree plantings and general beautification projects," Brown said.

"We're excited to see all the good which will come from having the Volunteer Hub

and appreciate the city staff work that has gone into developing this exciting new program," Daniels said.

Brown said that while the city is still in the early stages of bringing our community into this new tool, "we are excited to welcome everyone to chip-in," she said.

"We'll continue our outreach via email, our website, our social media channels and even an upcoming citywide mailer to encourage both residents and service groups, businesses and other community organizations to build community engagement through volunteerism," Brown said.

"Our hope is that they engage with the platform on a regular basis so the community will be able to see all the opportunities which are available to them," she said.

Information about the Citrus Heights Volunteer Hub can be found at citrusheightsvolunteers.net. Questions concerning signing up for the program can be addressed to: communityengagement@citrusheights.net. ★

Manage County Utility Payments and Accounts Online

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Sacramento County Consolidated Utilities Billing & Service (CUBS) is making it easier for customers to view and manage their utilities accounts online with MyUtilities.

Tired of receiving your county utilities bills in the mail? MyUtilities also allows residents to go paperless, freeing up space in crowded mailboxes.

MyUtilities rolled out in 2020, and so far, 44.9% of customers are utilizing it!

Using MyUtilities, residents can:

- Manage your bank account details
- Manage one-time or recurring payments
- Manage payment reminders
- Change your mailing address
- Set up paperless billing
- View bills and payments (up to two years)
- View Frequently Asked Questions that will enhance your user experience

If you are a landlord or property management company, MyUtilities can be

your one-stop shop for managing the utilities accounts for all of your properties.

In 2023, CUBS added even more ways for customers to receive digital eBills and set up online Bill Pay. Customers can now access their utility bills and schedule online payments directly through their bank's online banking portal. As of today, 4.4% of customers are utilizing this new service.

Here are some reasons residents choose eBills:

- Convenience – paying bills online is easy and saves time. For even more convenience, use your phone or tablet.
- Control – you can choose when and how much to pay.
- Security – your financial information and records are protected with bank-grade security.

To learn more and get started, visit the CUBS website. If you need assistance setting up your MyUtilities portal, please contact CUBS online or by phone at (916) 875-5555. To find out if your bank offers eBill and Bill Pay services, contact your bank directly. ★

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leads the region's largest tax preparation initiative, and launched Sacramento's first guaranteed income program. United Way works across diverse school districts,

providing case management for foster youth and leading the Community Schools initiative in West Sacramento. For more information or to make a donation, visit www.YourLocalUnitedWay.org. ★

Sia Magadan Named Director of Impact at Local United Way

Meet Gabby Garbage

Rethink Waste and your Garbage

Sacramento County News Release

SACRAMENTO, CA (MPG) - Did you know that the items you toss in your garbage cart go to the landfill where it is buried forever?

That's right! The landfill is a gigantic pit to contain whatever we randomly toss into our garbage cart, but it is not limitless. Whatever goes in the landfill never comes out and takes hundreds of years to decompose, and some items may never completely break down.

Sacramento County Department of Waste Management & Recycling and the SacGreenTeam want it to be safe and easy for the community to get rid of garbage, but also want to help you to be thoughtful about waste.

Go to RecycleReboot.com to meet Gabby Garbage!

As a SacGreenTeam curbside collection customer and civil engineer at the landfill, Gabby Garbage understands the need to make garbage collection easy and convenient, but she also knows the environmental challenges of landfills. Our landfills should be the land of last resort for items you no longer want.

Gabby Garbage encourages everyone to rethink garbage. Whenever possible, consider repurposing, recycling, and donating items before tossing them in the garbage cart. Here's what you can do to minimize waste and properly sort items for the recycling cart and the organics cart. Use the following advice from Gabby Garbage:

Reduce

-Waste less food — plan meals, store food for max freshness, and transform leftovers or produce into soups, casseroles, stir-fries, sauces, baked goods, smoothies, etc.

-Buy just what you need — when you buy less you waste less.

Reuse

-Choose reusable products — save resources and money by using fewer single-use products.

-Repurpose items — if you aren't using an item, think of how it can be used another way.

Recycle

-Donate — useful items can be donated to people in need, shelters, or thrift stores.

-Sort smart and recycle right. Put empty and dry recyclables loose (no bagged recyclables) in your recycling cart, and put food scraps, food-soiled paper, and yard trimmings in your organics cart so it can be turned into beneficial compost.

Rethink

-Clean smarter — use natural products like vinegar and baking soda that clean multiple surfaces to reduce the number of cleaning product containers.

-Buy smarter — choose items that are accepted in the curbside recycling cart, locally-sourced, made from recycled materials with the least packaging or packaging that can be recycled.

After considering these options, be like Gabby Garbage and put the right items in the garbage cart:

Household garbage; Plastic bags, utensils, film plastics; Coated paper

and cartons; Chip bags and candy wrappers; Styrofoam™; Compostable plastic; Hoses, cords, clothes hangers; Old clothing, shoes, blankets; Pet waste; Diapers

These items should never be placed in your Garbage cart:

No organics; No recyclables; No liquids; No e-waste; No rocks, dirt, bricks, sod; No hot ashes, coals, fireworks; No hazardous waste (Find a household hazardous waste drop-off location near you.)

Here are additional ways to reduce waste and properly sort items:

-Organics collection — Collect and place your organic material (food scraps, food-soiled paper, and yard trimmings) in the organics cart. Set out your organics cart weekly.

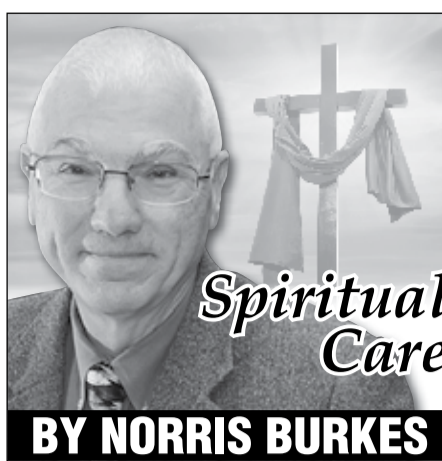
-Recycling — Don't contaminate your recycling cart. Make sure recyclables are empty and dry before putting them loose in the cart.

-Bulky waste pickups — Schedule a bulky waste pickup appointment for items that are no longer usable and too large for the garbage cart.

-Oil and oil filter curbside collection — Used motor oil, used oil filters, and used cooking oil can be recycled. Place used motor oil, filters, and cooking oil at the curb at least 3 feet from other curbside carts and 6 feet from stationary objects by 6 a.m., on the same day as your regular curbside collection day.

Visit Gabby Garbage at RecycleReboot.com to learn more! ★

Biblical Clarity Can Be Blinding



BY NORRIS BURKES

Has anyone ever tried to end a discussion with you by declaring, "The Bible is clear on THIS issue"?

Normally, they bring the Bible into a controversial argument about abortion, hell, homosexuality or the role of women. Sometimes they really go off the rail declaring the Bible to be clear about who you should vote for.

The whole scenario reminds me how I've heard that same certainty-approach in history. In fact, this weekend of Martin Luther King's birthday is a good time to remember that the Bible is astoundingly clear on a topic we've long discarded.

The Bible allows the enslavement of people. And I'm not talking about a few obscure proof texts.

On his blog, theologian and Mennonite pastor Michael Pahl demonstrates how easy it is to find at least seven Bible passages that directly endorse slavery. (Exodus 21:2-11; Leviticus 25:44-46). Slave ownership carried God's blessing in Genesis 12:16; 24:35; Isaiah 14:1-2.

Pahl finds clarity in the New Testament commanding slaves to obey their masters "in everything" (Ephesians 6:5-9; Colossian 3:22-4:1; 1 Timothy 6:1-2; Titus 2:9-10; 1 Peter 2:18-20).

For sure the Bible is good on slavery. "Chaplain," you ask, "How can you endorse such a horrific thing?"

Oh, you know I'm not writing to endorse slavery. And neither does Pahl. Abolitionists won this argument by establishing a clear biblical foundation against slavery.

But MLK Day might be a good time to examine our own hearts to see how oppressive Christians can be with Scripture.

For instance, we've been sure of God's position on things like war. ★

We've raised the Christian flag and sung, "Onward Christian Soldiers. Yet we've squelched solid biblical arguments from those who profess pacifism.

And yes, we've found biblical support for the subservient role of women while overlooking the deafening roar of women who find equality throughout the Bible.

How about the death penalty? While the Bible seemingly supports it, many denominations have scripturally opposed it.

And on the hottest of topics like abortion and sexuality, you'll hear honest Christians cite compelling biblical arguments on both sides.

One has to wonder, if the Bible is inerrant "without error or fault in all its teaching" as evangelicals proclaim, why haven't we found agreement on all of these things?

Don't worry. I'm not trying to discredit the Bible. But it's a fair warning that sometimes "Biblical Clarity" can become blinding.

True clarity can only be found as we read and search the Scripture for the heart of Jesus' message -- in the same way we did with slavery in the mid 1700s.

That's when John Newton, an infamous slave-ship-captain-turned-preacher, really read the Bible and became convinced that God was clearly opposed to slavery.

Finding God's mercy, he clearly ignored Bible verses and reached for the heart of Jesus when he penned "Amazing Grace" to accompany his sermon on New Year's Day, 1773.

The message is bursting with grace and has become an anthem for religious and nonreligious alike.

Amazing grace! how sweet the sound,
That saved a wretch; like me!
I once was lost, but now am found,
Was blind, but now I see.

While we find inspired answers in the Bible, we can also consider it a question book asking some very good questions. We must remember that it was written by dozens of authors struggling with the issues of their day. And the Bible invites us to struggle too.

I like the way Pahl concludes his blog on this topic.

"The next time we hear someone talk about the 'clear teaching of Scripture' ... think about this: the Bible is at least as clear on slavery, yet thank God, we no longer believe that slavery is God's will. We've read the Bible, and we're following Jesus." ★

Outsiders Love Bashing California But Residents Are Souring On The State, Too



By Dan Walters,
CALMatters.org

As Republican presidential candidates were slogging through Iowa and talking to voters prior to this week's caucuses, California-bashing was common.

Los Angeles Times reporter Seema Mehta picked up on the phenomenon, writing that "the Golden State, its elected leaders and its policies were a constant target."

"Bashing California, one of the most liberal states in the nation, is a grand tradition in the GOP," Mehta observed. "But Republican presidential candidates may be targeting the state and its politicians more this cycle because they are a better target than President Biden."

"Biden isn't as motivating a villain as other Democrats might be. So the Republican candidates are essentially running a negative campaign against California," California politics scholar Dan Schnur told Mehta. "The very worst thing Ron DeSantis could think of to say about Nikki Haley during the debate was that she might be more liberal than (Gov.) Gavin Newsom. For an Iowa Republican — or any Republican for that matter

— that's an absolutely terrifying concept."

California may be the state that many in the rest of the nation loves to hate, but a new poll of Californians indicates that they aren't very sanguine about the state, either.

The UC Berkeley Institute of Governmental Studies found that just 33% of California voters believe the state is headed in the right direction while 57% say it's on a negative track.

"This is a somewhat more negative assessment than voters have given in similar measures conducted over the past 11 years," poll director Mark DiCamillo said.

The sour attitudes extend to Newsom, the poll found. Asked about his job performance, 47% of voters surveyed disapprove and 46% approve. That's a very slight improvement from the 49% to 46% ratio that pollsters found in October.

"However, similar to the October survey, twice as many voters say they strongly disapprove of the governor's performance (33%) as strongly approve (17%)," DiCamillo noted.

The poll introduced a new topic — the whopping budget deficit that Newsom and the Legislature must address this year — and discovered that nearly 90% of voters consider it a serious issue and there's almost no support (13%) for raising taxes to deal with it. Instead, voters prefer that Newsom and legislators cut spending (51%) or tap into state reserves (35%) to cover the deficit, which

Newsom pegs at \$38 billion but the Legislature's budget analyst estimates to be \$68 billion.

Newsom also has shunned raising taxes, but progressive legislators, with support from groups dependent upon the state budget, such as public employee unions, have continued to press for higher personal and corporate income taxes and/or a new tax on wealth.

It appears that by cutting or postponing some spending, using reserves, borrowing from special funds and implementing some accounting gimmicks, the governor and the Legislature could fashion a 2024-25 budget without new taxes.

However, Newsom's budget advisors and those of the Legislature also agree that California faces continued multibillion-dollar deficits for the next several years, at least, which means the debate over spending cuts and taxes will continue for the remainder of Newsom's governorship.

"The survey suggests little appetite for tax increases to address the deficit, but a challenge for Governor Newsom and the Legislature is that while spending cuts, in principle, are relatively popular, that support would likely dissipate when it comes time to making cuts to specific programs and services," the co-director of the poll, Eric Schickler said.

Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers. ★



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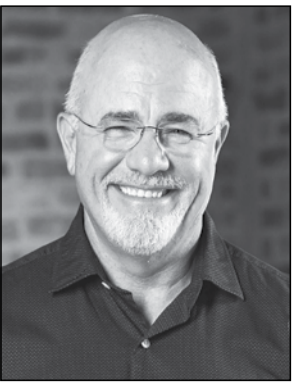
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Be Fair, But Firm

Dave Ramsey Says

Listen to what he has to say about being so far behind with his bill, but at the same time you need to let him know that you can't function as his bank. You're a small business, and you need your money. Some kind of understanding and agreement have to be reached.

For starters, a fair request would be asking him to help things along by trying as best he can to get current on his bill as soon as possible. At the very least, he needs to do something to reduce the amount owed within 10 days. You've provided services for him, and you're owed money that's long past due, so there's nothing wrong with this. I'd also establish an understanding that once he's caught up on the past due amount that all payments for services going forward will be due within 14 days after delivery.

Now, he may not like this. If he pushes back too hard, you may have to switch to a cash-only basis with

payment due on delivery. If it were me, and he didn't like any of these options, I'd politely suggest he take his business elsewhere.

Like I said, he's probably not a bad guy, just another small business person who's disorganized. That's not an uncommon thing. But you definitely need to correct this behavior before it gets any further out of hand. You've got a business and a livelihood to think about, too!

— Dave

Dave Ramsey is an eight-time national best-selling author, personal finance expert and host of The Ramsey Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions ★

Dear Dave,

My husband and I have run our own small business for nearly 10 years. Our largest client, who is also a friend, is almost three months behind on the bill. He has always been good in the past about paying on time, but we work on a 30-day payment period. Can you give us any advice on how we should handle this?

— Melissa

Dear Melissa,

In my mind, there's no reason to level accusations or make threats in a situation like this. There are personal dynamics involved, and my guess is he's probably not trying to outright cheat you.

If it were me, I'd go to his office or ask him out to lunch, and then have a friendly sit-down talk.



Dare to Live Without Limits

by Bryan Golden

Low Expectations



"I probably won't get that promotion." "I don't know if I'll get a good grade on my next test." "I just can't lose weight." "I'm always late for work." "It's hard for me to meet people." "I don't like my job but what else can I do?" "I seem to always have bad luck." "People are always taking advantage of me."

I'm sure you've heard all of the above. You may have even made these kinds of statements yourself. The problem with these thoughts is that they put you into a mindset of low expectations. Before anything even happens, you start out anticipating the worst. When your prediction comes true, your belief in low expectations is reinforced.

Unfortunately, this pattern creates a vicious cycle of negative thoughts creating negative results. The person caught up in such a cycle is convinced their attitude results from their experiences, when in reality the reverse is true. What happens to you is affected by your expectations.

People who are consistently successful make a habit of developing high expectations, regardless of the challenges at hand. They don't get discouraged if results should fall short. They redouble their efforts and keep going.

Since you are capable of much more than you realize, why would you want to shortchange yourself by aiming low? Don't be afraid of failure. Aim as high as you can. Expect great results. Before you get started, anticipate a positive outcome. Believe in your own potential.

People with high expectations will always outperform those with low expectations. Every winner expected to win at the outset. Frustrated people tend to lack a belief in their potential. You have complete control over your expectations. So next time you face a challenge, expect the best.

People fear disappointment. There is also an aversion to failure. It's a real blow to a person's ego to admit having failed. Low expectations serve as a disclaimer. If something doesn't work it's no big deal. After all, there was never any predication of success. When one

advertises a probability of poor results, in their mind there can be no failure.

In reality, these people have acknowledged they will fail before even starting. So, when low expectations generate poor results, they have simply lived up to their expectations. They have convinced themselves that everything is ok because their expectations are constantly met.

These people limit their accomplishments by expecting so little of themselves. Rather than living without limits, they condition themselves to live with restrictions. These self-imposed limitations then start to feel so normal they don't realize they exist.

The mind is programmed by low expectations to expect and be satisfied with mediocre or poor results. More importantly, the mind works to bring the low expectations to reality. Your mind does not discriminate, it will work equally diligently to accomplish high or low expectations.

People who are consistently successful make a habit of developing high expectations, regardless of the challenges at hand. They don't get discouraged if results should fall short. They redouble their efforts and keep going.

Since you are capable of much more than you realize, why would you want to shortchange yourself by aiming low? Don't be afraid of failure. Aim as high as you can. Expect great results. Before you get started, anticipate a positive outcome. Believe in your own potential.

People with high expectations will always outperform those with low expectations. Every winner expected to win at the outset. Frustrated people tend to lack a belief in their potential. You have complete control over your expectations. So next time you face a challenge, expect the best.

NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit www.BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columbian.com or write him c/o this paper. ©2024 Bryan Golden ★

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Social Security Matters
How Can I Get Details about My Social Security Payment?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: How do I find the actual breakdown of the Medicare insurance that I have auto deducted and my actual Social Security payment? I was just looking at a video which explained the 3% Cost of Living Adjustment we will be receiving this year, and it compared the current payout to the new payout. There seems to be a big difference in what I am getting and what they said in the video. Currently my Social Security payments are \$1,431. My Medicare insurance is supposed to be \$165, which means my total Social Security is about \$1,596. On the video it said all retired workers are getting \$1,848 with the new increase to take it to \$1,938.00. There are a couple hundred dollars there that I seem to be missing out on. Can you help me understand that difference? **Signed: Confused Senior**

Dear Confused Senior: What you're asking for is an itemized breakout of your gross Social Security benefit, any deductions being taken therefrom (e.g., your Medicare Part B premium), the amount of your COLA increase, and your net Social Security payment for 2024. If that is the case, the best

way to get this detail is in your personal "my Social Security" online account, which provides all the information mentioned. You can access your online account at www.ssa.gov/myaccount, and if you don't already have that online account set up, you'll need to first establish your online access credentials (instructions for how to do that will be at that website).

I'm not sure which video you watched, but "all retired workers" do not get \$1,848 (or \$1,938). Everyone's Social Security benefit is different, based on their lifetime earnings record and the age at which they claimed benefits. The numbers you heard in the video were likely average Social Security payments, not the actual amount you should personally be receiving. Here's how it works:

- Your personal benefit is based on your Primary Insurance Amount (PIA) which is the amount you get if you claim for your benefits to start at your full retirement age (FRA), which is somewhere between 66 and 67 depending on the year you were born. Claim before your FRA your benefit is permanently reduced; claim after your FRA it is higher. Your personal maximum benefit is achieved if you claim at age 70.
- The Medicare Part B premium (for outpatient healthcare services) is automatically deducted from your Social Security payment. Although the standard 2023 Part B premium was \$164.90, the standard 2024 Part B premium is \$174.70. You may also have other things (e.g., income tax) withheld from your monthly Social Security

payment.

- The annual Cost of Living Adjustment (COLA) for 2024 is 3.2%. That means your gross Social Security benefit goes up by that percentage starting in 2024. But there was also a \$9.80 increase in your Medicare Part B premium starting in 2024, which means that you won't see all of the COLA increase in your Social Security payment. Since your Medicare premium is deducted from your Social Security, that Medicare increase will also be taken from your SS payment, so you won't see the full 3.2% COLA increase in your 2024 Social Security payment.

To see all of this detail for you personally, I suggest you access your online "my Social Security" account as described above.

As an alternative, you can also call Social Security at 1.800.772.1213 and request a Benefit Verification Letter which will include all the information you seek about your Social Security payment.

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09123
Mark Dowling, 5559 Turnbull Circle, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Round Tower Photography" 5559 Turnbull Circle, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 13, 2023
Publish: January 5, 12, 19, 26, 2024
ROUND 1-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08808
Edward Boitano, 8139 Sunset Avenue #110, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Folsom-Collectibles" 8139 Sunset Avenue #110, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 29, 2023
Publish: January 5, 12, 19, 26, 2024
FOLSOM 1-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09407
Heather Peterson Family Therapy Inc., 507 Natoma Street, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Rooted Counseling" 507 Natoma Street, Folsom, CA 95630. Filed with the Clerk of Sacramento County December 22, 2023
Publish: January 5, 12, 19, 26, 2024
ROOTED 1-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09368
Debbie Westwood, 733 Estates Drive, Sacramento, CA 95864 and Deborah Westwood, 11427 Hesperian Circle, Gold River, CA 95670 are doing business under the Fictitious Business Name(s) "Westwood Family Cellars" 733 Estates Drive, Sacramento, CA 95864. Filed with the Clerk of Sacramento County December 21, 2023
Publish: January 5, 12, 19, 26, 2024
WESTWOOD 1-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09383
Seyed-Javad Maseemi and Fariba Saghari, 106 Canyon Rim Drive, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "M&S Consulting & Trades" 106 Canyon Rim Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County December 21, 2023
Publish: January 5, 12, 19, 26, 2024
CONSULTING 1-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09500
Stephanie Jo Tembey, 10767 Ivoryton Way, Mather, CA 95655 is doing business under the Fictitious Business Name(s) "Sun Ray VA" 10767 Ivoryton Way, Mather, CA 95655. Filed with the Clerk of Sacramento County December 29, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024
SUN 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09398
Travis William Blair, 8033 Jaden Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Always Open Mostly Handy Man" 8033 Jaden Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 22, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024
ALWAYS 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09511
Grace O. Jackson, 3598 Kings Way Apt 35, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Fashionez by Gracious" 3598 Kings Way Apt 35, Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 29, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024
FASHIONEZ 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00116
Gregory Bray, 2528 Midland Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Mr Drain Plumbing/Mr Drain" 2528 Midland Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 4, 2024
Publish: Jan 12, 19, 26, Feb 2, 2024
DRAIN 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00134
Latifullah Qasim, 3678 Kings Way #2, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Spera MT" 3678 Kings Way #2, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 4, 2024
Publish: Jan 12, 19, 26, Feb 2, 2024
SPERA 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09098
Joseph Padilla, 1607 Juliesse Avenue Unit A, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Precision Machine Engine" 1607 Juliesse Avenue Unit A, Sacramento, CA 95815. Filed with the Clerk of Sacramento County December 13, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024
PRECISION 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09471
Hy-Pro Homes LLC, 2300 Iron Point Road Apt 212, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "HY-PRO Homes Design Studio" 2300 Iron Point Road Apt 212, Folsom, CA 95630. Filed with the Clerk of Sacramento County December 28, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024
HYPRO 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09099
Konstantin Fridman and Yuliya

Fridman, 676 Russell Drive, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Evoke Staging and Design" 676 Russell Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County December 13, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024
EVOKE 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09411
Jeffrey J Rho, DDS, PC, 2525 K Street Suite 108, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Rho Family Dentistry" 2525 K Street Suite 108, Sacramento, CA 95816. Filed with the Clerk of Sacramento County December 22, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024
RHO 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09318
John Price, 4045 Robertson Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Salon Art" 2440 Loma Vista Drive, Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 20, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024
SALON 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00141
John Todd Stakes, 10930 Fair Oaks Boulevard, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "California RV Glass" 10930 Fair Oaks Boulevard, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 4, 2024
Publish: Jan 12, 19, 26, Feb 2, 2024
CALIFORNIA 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00012
American River Wellness LLC, 3102 O Street #6, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "American River Wellness LLC" 3102 O Street #6, Sacramento, CA 95816. Filed with the Clerk of Sacramento County January 2, 2024
Publish: Jan 12, 19, 26, Feb 2, 2024
AMERICAN 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09026
ECO-Pest Solutions, Inc., 1016 N. Market Boulevard #40, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Pest Pros Pest Solutions" 1016 N. Market Boulevard #40, Sacramento, CA 95834. Filed with the Clerk of Sacramento County December 11, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024
PEST 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00058
Jevon M. Sheley, 418 10th Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "JM BBQ" 418 10th Street Apt #25, Sacramento, CA 95814. Filed with the Clerk of Sacramento County January 2, 2024
Publish: Jan 12, 19, 26, Feb 2, 2024
JM 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00016
Besnik Marashi, 6925 Ohana Place, Orangevale, CA 95668 is doing business under the Fictitious Business Name(s) "ALB Painting" 6925 Ohana Place, Orangevale, CA 95662. Filed with the Clerk of Sacramento County January 2, 2024
Publish: Jan 12, 19, 26, Feb 2, 2024
ALB 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09496
Paul Hyppolite, 10 Fairfield Court, Sacramento, CA 95833, is doing business under the Fictitious Business Name(s) "Unshackled Mind" 10 Fairfield Court, Sacramento, CA 95833. Filed with the Clerk of Sacramento County December 29, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024
UNSHACKLED 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08877
Daniel Bulzan, 7441 Danfield Circle, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Bulzan Construction Painting/ B.C Painting" 7441 Danfield Circle, North Highlands, CA 95660. Filed with the Clerk of Sacramento County December 4, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024
BULZAN 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09476
Basher Bazirgan, 3822 El Camino Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Universal 24/7 Locksmith/Express Locksmith" 3822 El Camino Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 28, 2023
Publish: Jan 12, 19, 26, Feb 2, 2024
UNIVERSAL 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00112
Mohammad Esa, 7441 Azimuth Lane, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Pro Device Repair" 2340 Sunrise Boulevard #14, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County January 4, 2024
Publish: Jan 12, 19, 26, Feb 2, 2024
PRO 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00136
Nicholas Michael Andrew Beebe and Daniela Alicia Ferreira Lopes Beebe, 1053 Herman Way,

Roseville, CA 95678 is doing business under the Fictitious Business Name(s) "Wigglers Worm World" 10422C Fair Oaks Boulevard, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 4, 2024
Publish: Jan 12, 19, 26, Feb 2, 2024
WIGGLERS 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00078
King One, 5825 Watt Avenue, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "King One" 5825 Watt Avenue, North Highlands, CA 95660. Filed with the Clerk of Sacramento County January 3, 2024
Publish: Jan 12, 19, 26, Feb 2, 2024
KING 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00185
Ghosh Advanced Electrolysis and Esthetics, Inc, 10938 Tower Park Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Synergy Skincare" 10938 Tower Park Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County January 5, 2024
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SYNERGY 2-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09330
Manuel Sanchez, 7432 17th Avenue, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "The Woodpecker's Tree Care" 7432 17th Avenue, Sacramento, CA 95820. Filed with the Clerk of Sacramento County December 20, 2023
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WOODPECKERS 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09468
Natalya Karashchuk, 7929 Tetotom Park Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Natalya's Services" 7929 Tetotom Park Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County December 28, 2023
Publish: Jan 19, 26, Feb 2, 9, 2024
NATALYAS 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00315
Gay Carroll-Haring, 2726 Land Park Drive, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Bliss Road Studios" 2726 Land Park Drive, Sacramento, CA 95818. Filed with the Clerk of Sacramento County January 10, 2024
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BLISS 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09154
Chromatic, LLC, 2014 Capitol Avenue, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Chromatic Wellness Center" 2014 Capitol Avenue, Sacramento, CA 95811. Filed with the Clerk of Sacramento County December 14, 2023
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CHROMATIC 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00313
Joshua Lee Downey and Jackson Lewis Ray, 2400 Sierra Boulevard Apt 76, Sacramento, CA 95825 are doing business under the Fictitious Business Name(s) "Tanpopo" 2400 Sierra Boulevard Apt 76, Sacramento, CA 95825. Filed with the Clerk of Sacramento County January 10, 2024
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TANPOPO 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09313
Safety Realized LLC, 5635 Kenneth Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Summit Safety/Tahoe Sleds" 5635 Kenneth Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 20, 2023
Publish: Jan 19, 26, Feb 2, 9, 2024
SUMMIT 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09097
Nick P Gavrilenko, 8308 Carriage Oaks Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "GreenWave Floor Care" 8308 Carriage Oaks Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County December 13, 2023
Publish: Jan 19, 26, Feb 2, 9, 2024
GREENWAVE 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00205
James Cyparski, 7762 South Cliff Drive, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "JC Construction" 7762 South Cliff Drive, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 8, 2024
Publish: Jan 19, 26, Feb 2, 9, 2024
JC 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00102
O'Shay Gonzalez, 6020 Wilkinson Street, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Shaywitdakay Collectible Hub" 6020 Wilkinson Street, Sacramento, CA 95824. Filed with the Clerk of Sacramento County January 3, 2024
Publish: Jan 19, 26, Feb 2, 9, 2024
SHAYWITDAKAY 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09179
Ricardo Lara Saldana, 7850 Riverhurst Court, Sacramento, CA 95828 is doing business under the Fictitious Business

Name(s) "Elite Cleaning" 7850 Riverhurst Court, Sacramento, CA 95828. Filed with the Clerk of Sacramento County December 15, 2023
Publish: Jan 19, 26, Feb 2, 9, 2024
ELITE 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08871
Arias Brothers Inc., 1880 Prairie City Road #110, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Hermanos Jalisco Grill" 1888 Prairie City Road #110, Folsom, CA 95630. Filed with the Clerk of Sacramento County December 4, 2023
Publish: Jan 19, 26, Feb 2, 9, 2024
HERMANOS 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09446
Narinder Kumar, 180 S Lexington Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Trinetra Indian Grocery" 310 S Lexington Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County December 27, 2023
Publish: Jan 19, 26, Feb 2, 9, 2024
TRINETRA 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00153
Yevgeniy Voyku, 4020 Stephen Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "YV Mobile Mechanic" 4020 Stephen Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County January 4, 2024
Publish: Jan 19, 26, Feb 2, 9, 2024
YV 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00175
Mia Nguyen, 621 P Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Ace's Pace" 621 P Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County January 5, 2024
Publish: Jan 19, 26, Feb 2, 9, 2024
ACES 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00002
Emily Vallejo, 8026 Briar Ridge Lane, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "M Plus E Additions" 8026 Briar Ridge Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County January 2, 2024
Publish: Jan 19, 26, Feb 2, 9, 2024
ADDITIONS 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08903
Daniel Sergey Molitvenik, 5532 Missie Way, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Clear Skies" 5532 Missie Way, Sacramento, CA 95841. Filed with the Clerk of Sacramento County December 4, 2023
Publish: Jan 19, 26, Feb 2, 9, 2024
CLEAR 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00253
Curt Davis, 1599 English Colony Way, Penryn, CA 95663 is doing business under the Fictitious Business Name(s) "Insight Flooring Inspections & Moisture Tests" 1599 English Colony Way, Penryn, CA 95663. Filed with the Clerk of Sacramento County January 9, 2024
Publish: Jan 19, 26, Feb 2, 9, 2024
INSIGHT 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08948
R.L. Niello Co. Inc., 2701 Arden Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Niello Volkswagen/ Niello Collision Service" 2701 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 6, 2023
Publish: Jan 19, 26, Feb 2, 9, 2024
NIELLO 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00295
Full Circle Dealer Services, Inc., 1481 River Park Drive, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "AutoFiPro" 1481 River Park Drive, Sacramento, CA 95815. Filed with the Clerk of Sacramento County January 9, 2024
Publish: Jan 19, 26, Feb 2, 9, 2024
AUTOFIPO 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00286
Cecily Sorenson, 4519 Baron Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "CS Accounting and Notary Services" 4519 Baron Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 9, 2024
Publish: Jan 19, 26, Feb 2, 9, 2024
CS 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08447
Vence Lewis, 636 Tailwind Drive, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Space 9 Collective" 636 Tailwind Drive, Sacramento, CA 95838. Filed with the Clerk of Sacramento County November 9, 2023
Publish: Jan 19, 26, Feb 2, 9, 2024
SPACE 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00178
Gregorio E. Monterroso, 8544 Imran Woods Circle, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "KC Builds" 8544 Imran Woods Circle, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County January 5, 2024
Publish: Jan 19, 26, Feb 2, 9, 2024
KC 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00357
Ardalan Bayat, 2400 Sierra Boulevard Apt 19, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Healing Hands of River City" 2400 Sierra Boulevard Apt 19, Sacramento, CA 95825. Filed with the Clerk of Sacramento County January 11, 2024
Publish: Jan 19, 26, Feb 2, 9, 2024
HEALING 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08353
Grif Group LLC, 535 Anton Boulevard Unit 850A, Costa Mesa, CA 92626 is doing business under the Fictitious Business Name(s) "Credit 1 Finance Group" 535 Anton Boulevard Unit 850A, Costa Mesa, CA 92626. Filed with the Clerk of Sacramento County November 7, 2023
Publish: Jan 19, 26, Feb 2, 9, 2024
CREDIT 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00378
Scott French, 4210 53rd Street, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Junk-B-Gone & Hauling" 4210 53rd Street, Sacramento, CA 95820. Filed with the Clerk of Sacramento County January 11, 2024
Publish: Jan 26, Feb 2, 9, 16, 2024
JUNK 2-16-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00107
Desenia Berenice Felix Gomez, 5816 Canary Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "DB-Beauty Salon" 5816 Canary Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County January 3, 2024
Publish: Jan 26, Feb 2, 9, 16, 2024
BEAUTY 2-16-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00240
ePaiges Design Group, LLC, 10968 Woodring Drive, Mather, CA 95655 is doing business under the Fictitious Business Name(s) "ePaiges Design Group, LLC/ePaiges" 10968 Woodring Drive, Mather, CA 95655. Filed with the Clerk of Sacramento County January 9, 2024
Publish: Jan 26, Feb 2, 9, 16, 2024
EPAIGES 2-16-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09153
N and T Innovation Inc, 6511 Savings Place 130, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "PURE H2O HUB" 6511 Savings Place 130, Sacramento, CA 95828. Filed with the Clerk of Sacramento County December 14, 2023
Publish: Jan 26, Feb 2, 9, 16, 2024
PURE 2-16-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00182
Mark Fleig, 5545 Fair Oaks Boulevard, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "F and F Properties" 5545 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 5, 2024
Publish: Jan 26, Feb 2, 9, 16, 2024
FANF 2-16-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00465
Wiltown Riders, Inc, 2230 S. Harrison Street, Stockton, CA 95206 is doing business under the Fictitious Business Name(s) "Wiltown Riders" 11887 Arno Road, Wilton, CA 95693. Filed with the Clerk of Sacramento County January 18, 2024
Publish: Jan 26, Feb 2, 9, 16, 2024
WILTOWN 2-16-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00222
Alicia Jimenez, 22 Temple, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "La Oaxaquena Plus" 9663 Folsom Boulevard, Sacramento, CA 95827. Filed with the Clerk of Sacramento County January 8, 2024
Publish: Jan 26, Feb 2, 9, 16, 2024
LA 2-16-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09384
MZ Flooring LLC, 7316 Thalia Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Modern Flooring" 7316 Thalia Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County December 21, 2023
Publish: Jan 26, Feb 2, 9, 16, 2024
MODERN 2-16-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00478
Oleksandr Naydonov, 6092 Garfield Avenue, CA 95841 is doing business under the Fictitious Business Name(s) "Royal Pool Service" 6092 Garfield Avenue, CA 95841. Filed with the Clerk of Sacramento County January 18, 2024
Publish: Jan 26, Feb 2, 9, 16, 2024
ROYAL 2-16-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00438
Empire Oaks LLC, 3924 Stedway Court, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Score Revive Academy" 3924 Stedway Court, Sacramento, CA 95827. Filed with the Clerk of Sacramento County January 16, 2024
Publish: Jan 26, Feb 2, 9, 16, 2024
SCORE 2-16-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00313
Joshua Lee Downey and

Jackson Lewis Ray, 2400 Sierra Boulevard Apt 76, Sacramento, CA 95825 and Garrett Lewis Ray, 624 Grider Drive, Roseville, CA 95678 are doing business under the Fictitious Business Name(s) "Tanpopo" 2400 Sierra Boulevard Apt 76, Sacramento, CA 95825. Filed with the Clerk of Sacramento County January 10, 2024
Publish: Jan 26, Feb 2, 9, 16, 2024
TANPOPO 2-16-24

ORDER TO SHOW CAUSE CHANGE OF NAME
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #24CV000054
Fazl Ahmad Ahmadi has filed a petition with this court for a decree changing the name(s) of Ahmad Sodais Ahmadi to Sodais Ahmadi and Ahmad Ozair Ahmadi to Ozair Ahmadi. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 21, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 3, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: Jan 12, 19, 26, Feb 2, 2024
AHMADI 2-2-24

ORDER TO SHOW CAUSE CHANGE OF NAME #23CV013801
Ahmad Alhamadani and Sura Ali has filed a petition with this court for a decree changing the name(s) of Assaad Ahmad Abdulrahman Al Hamadani to Assaad Hamadani. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 13, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 20, 2023
Christopher E. Krueger, Judge of the Superior Court
Publish: Jan 12, 19, 26, Feb 2, 2024
HAMADANI 2-2-24

ORDER TO SHOW CAUSE CHANGE OF NAME #23CV000007
Dionna Marie Campbell has filed a petition with this court for a decree changing the name(s) of Dionna Marie Campbell to Dionna Marie Wangan. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 18, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 2, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Jan 12, 19, 26, Feb 2, 2024
WANGAN 2-2-24

ORDER TO SHOW CAUSE CHANGE OF NAME #23CV013186
Mohammad Shaber Naser Ali has filed a petition with this court for a decree changing the name(s) of Mohammad Shaber Naser Ali to Shaber Zahiri. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 28, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 11, 2023
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Jan 12, 19, 26, Feb 2, 2024
ALI 2-2-24

ORDER TO SHOW CAUSE CHANGE OF NAME #24CV000138
Gul Rahman Ghezali has filed a petition with this court for a decree changing the name(s) of Gul Ghezali to Gul Rahman Ghezali and Samay Ghezali to Sami Ghezali. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 28, 202

Sacramento Superior Court Implements e-filing for Civil and Probate Cases

Sacramento Superior Court News Release

SACRAMENTO, CA (MPG) - Sacramento Superior Court has implemented electronic filing or e-filing for civil and probate cases effective today, Jan. 16, 2024.

"E-filing will enhance the efficiency and accessibility of court filings for court users and legal professionals," said Presiding Judge Bunni Awoniyi.

With e-filing, parties in civil and probate cases may submit documents to the court through an approved service provider listed on the court's website.

For civil cases, use of e-filing will be optional until July 1, 2024, at which time it will become



The Sacramento County Courthouse. Photo courtesy of Sacramento Superior Court

mandatory for litigants represented by attorneys. Self-represented parties in civil cases will be exempt from this requirement, but may file electronically in addition to filing documents at the counter, utilizing drop boxes, or postal services.

For probate cases, attorneys and self-represented parties are exempt from the mandatory electronic filing requirements set to take effect on July 1, 2024 but are encouraged to utilize e-filing in addition to filing documents at the counter, utilizing drop boxes, or postal services.

Documents submitted electronically to the court will be reviewed and processed.

"The court looks forward to providing a more convenient and streamlined process for Civil and Probate cases," Awoniyi said. ★

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The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

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Carmichael, CA 95608

ORDER TO SHOW CAUSE CHANGE OF NAME

Name should not be granted. Dated: January 5, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Jan 19, 26, Feb 2, 9, 2024
NGUYEN 2-9-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV000236

Alfredo Nasserin Freedman has filed a petition with this court for a decree changing the name(s) of Alfredo Nasserin Freedman to Avi Freedman.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 27, 2024 at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 10, 2024

Christopher E. Krueger, Judge of the Superior Court
Publish: Jan 26, Feb 2, 9, 16, 2024
FREEDMAN 2-16-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV000761

Edward Everett Cooper III has filed a petition with this court for a decree changing the name(s) of Edward Everett Cooper III to Edward James Hard.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 2, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 19, 2024

Richard K. Sueyoshi, Judge of the Superior Court
Publish: Jan 26, Feb 2, 9, 16, 2024
COOPER 2-16-24

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF LENA AMARIS CLARK SHARIAH CASE NO. 24PR000014

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Lena Amaris Clark, Lena Amaris Clark Shariah.

A Petition for Probate has been filed by Monica Anne Clark Johnson, in the Superior Court of California, County of Sacramento, requesting Monica Anne Clark Johnson be appointed as personal representative(s) to administer the estate of the decedent.

A hearing on the petition will be held in this court as follows February 20, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner

is: Monica Anne Clark Johnson, PO Box 276562, Sacramento, CA 95827; 510-693-7516
Publish: Jan 12, 19, 26, 2024
SHARIAH 1-26-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF BEULAH CALHOUN CASE NO. 34-2023-00336228

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Beulah Calhoun.

A Petition for Probate has been filed by Kenna Reid, in the Superior Court of California, County of Sacramento, requesting Kenna Reid be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows February 7, 2024, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.
Zoom Telepresence: https://saccourt-ca.gov.zoomgov. Meeting: 16133529231

This matter is set for a court hearing/appearance using the Zoom Application for the above referenced date and time. In order to participate in your Zoom hearing, you must either use a computer or smart device with internet access, and have downloaded the Zoom application. If you do not have compatible technology, then you can attend the hearing using a telephone and calling the designated toll free telephone conference line. You must appear by Zoom Application or Telephone using the designated department account referenced below at least 5 minutes before your scheduled hearing date and time; and wait for a court representative to take roll. Department 129 zoom link: https://saccourt-ca.gov.zoomgov.com/my/sscdept129 or Toll Free Telephone Conference Line @ (888) 475-4999, with meeting ID #689-534-3925

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Kenna Reid, 7931 Hanford Way, Sacramento, CA 95823; 803-727-4932
Publish: Jan 12, 19, 26
CALHOUN 2-2-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF PAUL CURTIS MARTIN CASE NO. 23PR001893

To all heirs, beneficiaries, creditors, and contingent creditors

of and persons who may be otherwise interested in the will or estate, or both, of Paul Curtis Martin.

A Petition for Probate has been filed by Isabel Perez-Martin, in the Superior Court of California, County of Sacramento, requesting Isabel Perez-Martin be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows February 21, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Gordon G. Bones, 5860 Esrig Way, Sacramento, CA 95841; 916-965-6647
Publish: Jan 19, 26, Feb 2, 2024
MARTIN 2-2-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF KIM ELISE CHINYEREE BREAUX CASE NO. 23PR000890

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Kim Elise Chinyeree Breaux.

A Petition for Probate has been filed by Jaimie Breaux, in the Superior Court of California, County of Sacramento, requesting Jaimie Breaux be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows March 5, 2024, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should

appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Jaimie Breaux, 5268 Thomasway Way, Antelope, CA 95843; 916-296-5403
Publish: Month Jan 19, 26, Feb 2, 2024
BREAUX 2-2-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF BRUCE DAVID KENNEDY CASE NO. 24PR000121

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Bruce David Kennedy.

A Petition for Probate has been filed by Shann Kennedy, in the Superior Court of California, County of Sacramento, requesting Shann Kennedy be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows February 15, 2024, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Robert J. Busch JR, 2228 Longport Court Suite 110,

Elk Grove, CA 95758; 916-859-0370
Publish: Jan 26, Feb 2, 9, 2024
KENNEDY 2-9-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF HERMA WILMA HOLMES CASE NO. 24PR000123

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Herma Wilma Holmes.

A Petition for Probate has been filed by Lisimba Shakir, in the Superior Court of California, County of Sacramento, requesting Lisimba Shakir be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows March 5, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.
Zoom Telepresence: https://saccourt-ca.gov.zoomgov. Meeting: 16133529231

This matter is set for a court hearing/appearance using the Zoom Application for the above referenced date and time. In order to participate in your Zoom hearing, you must either use a computer or smart device with internet access and have downloaded the Zoom application. If you do not have compatible technology, then you can attend the hearing using a telephone and calling the designated toll free telephone conference line. You must appear by Zoom Application or Telephone using the designated department account referenced below at least 5 minutes before your scheduled hearing date and time; and wait for a court representative to take roll. Department 129 zoom link: https://saccourt-ca.gov.zoomgov.com/my/sscdept129 or Toll Free Telephone Conference Line @ (833) 568-8864, with meeting ID #161 3352 9231

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Brandon L. Meyer, Esq., MeyerPink Law, A Professional Corporation, 945 Morning Star Drive, Sonoma, CA 95370; 209-694-3085
Publish: Jan 26, Feb 2, 9, 2024
ELSWICK 2-9-24

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2023-05703

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Golden Auto Collision, 7000 Franklin Boulevard Suite 440, Sacramento, CA 95823. Nina Phomsouvandara. The Fictitious Business Name Statement was filed on 8/1/2023 in the County of Sacramento. Filed with the clerk of Sacramento County: 8/1/2023. Publish: Jan 26, Feb 2, 9, 16, 2024
GOLDEN 2-16-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF PATRICIA JEAN ELSWICK CASE NO. 24PR000141

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Patricia Jean Elswick, Patricia J. Elswick.

A Petition for Probate has been filed by Connie West, in the Superior Court of California, County of Sacramento, requesting Connie West be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows March 6, 2024, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.
Probate Division

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Brandon L. Meyer, Esq., MeyerPink Law, A Professional Corporation, 945 Morning Star Drive, Sonoma, CA 95370; 209-694-3085
Publish: Jan 26, Feb 2, 9, 2024
ELSWICK 2-9-24

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2023-05703

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Golden Auto Collision, 7000 Franklin Boulevard Suite 440, Sacramento, CA 95823. Nina Phomsouvandara. The Fictitious Business Name Statement was filed on 8/1/2023 in the County of Sacramento. Filed with the clerk of Sacramento County: 8/1/2023. Publish: Jan 26, Feb 2, 9, 16, 2024
GOLDEN 2-16-24



Kings Korner

By V.G. Harris



Wow, what I was about to dub the roller coaster Kings suddenly went into a four-game slide, and suddenly they are only five games above five hundred.

From an impressive 4th place in the Western Conference, to suddenly 8th, has a numbing effect, and gives fans and pundits alike a chance to pause and wonder what's to come.

Being a glass half-full guy, I believe in this team, and with Mr. Sabonis turning Mr. double-double into Mr. triple-double, we only need to shoot free throws with more accuracy, and give him a little more help on the boards.

For sure the players have to own give-away games to Milwaukee and Phoenix, back-to-back, in what are two of the worst losses in Kings history.

But the coaching staff has got to up their game. Better coaching could have won both games, and just as the Kings who are dead last in free throw shooting need to improve greatly, so does this coaching staff.

In today's NBA, it seems there's a coach for every player, but no one is teaching our players how to make an unguarded 15-foot shot with no defense. Seems implausible, but neither fans nor coaches should take this lightly. We are simply losing games due to our inability to shoot free throws.

So, first order of business moving forward, get out of 30th position in free throw shooting.

Secondly, Monte McNair needs to show that his blockbuster trade for Domantis Sabonis was not a fluke. Waiting till the midnight hour of the trading deadline is really not the desired approach, so like the rest of the fans, I'm waiting with baited breath to see what Monte is going to do this year.

Laurie Markkanen with the Utah Jazz is the quintessential fit for what ails the Kings. Domantis Sabonis leads the NBA in rebounding, but he can't do it alone. Starting next to Sabonis is forward Harrison Barnes who has managed to average 10 points and a whopping 2.8 rebounds per game.

Harrison simply doesn't bring it every game, and with only five players on the floor we need more than what he brings.

Markkanen rebounds at a clip four times better than Barnes, and is averaging 24 points per game. Pundits have said Utah may consider a Markkanen for Murray trade and I would hope Monte McNair would take a hard look.

This is not a mark on Murray, but 7-footers that can play forward and shoot are a commodity that can't be ignored, and the likelihood of Murray growing another 4 inches seems unlikely. Currently Keegan is giving the Kings 5.5 rebounds a game and 16 points. Not bad, but it pales in comparison to what Markkanen is doing.

Without question, many Kings fans are adamantly opposed to moving Murray, but if the Kings can actually talk the Jazz into this trade, look out opposing teams.

There have been other trade rumors, and one has Tobias Harris or Jerami Grant coming to the Kings, but for which Kings player is unknown. It is believed that Harrison Barnes would be in the conversation, but both Grant and Harris are tweeners, and the Kings don't need any more tweeners than they already have.

Both Murray and Barnes are 6'8," and so are Harris and Grant. Just swapping names is not what any Kings fan is hoping for, so I'll remain in the Laurie Markkanen camp and say my prayers.

Honestly, for this writer, as long as the Kings aren't including Sabonis, Fox, and Monk in any trade possibilities, I'm open to anything that will improve this team. We were just 10 games over five hundred, and we need to get back there and beyond as soon as possible.

I'm extremely optimistic, and a lot of that comes from what I've seen in Monte McNair. He's young, and to some degree still unproven, but right now would be just the time to make an indelible mark that says, "I've arrived!"

If you have a great trade you'd like to share, let me know at vgarris@kingsfan@gmail.com.

Until next time, enjoy the games! ★



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Delivery Driver – We are seeking a part-time Delivery Driver for our newspaper group. This position would transport newspapers from our Carmichael office to our offices in Marysville and Gridley. Work hours are from 8:30 to 4:00 every Thursday. Must be able to lift and move bundles of newspapers without assistance. Must have your own reliable cargo van. This is an independent contractor position and pays a flat rate for your service.

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Sacramento Kings Empower Youth through Continued Mentorship Initiatives

Sacramento Kings News Release

SACRAMENTO, CA (MPG)

- On January 10, as part of National Mentorship Month, the Sacramento Kings announced they will continue their ongoing commitment to highlighting the significance of mentorship and the importance of becoming a mentor. The team will continue to work with MENTOR California and partner with UC Davis Graduate School of Management to engage with youth and promote more involvement in the mentorship process.

“The Kings mentorship initiatives create pathways for local youth to engage with the team in unique ways, highlighting the impact on both mentees and mentors,” said Sacramento Kings Chief Operating Officer Matina Kolokotronis. “To inspire and empower the next generation, we must shine a light on the diverse avenues and opportunities available for our youth.”

“The Sacramento Kings continue to be champions for mentoring and MENTOR California, and it is because of their collaborative spirit and partnership that we are excited for this next adventure in our mentoring movement with the UC Davis School of Business Management,” said MENTOR California Executive Director Marcus L. Strother. “Having amazing partners, like the Sacramento Kings, who believe in the power



of agency, belonging and connection is what allows us to continue lifting up the necessity of mentorship and amplifying mentoring during National Mentoring Month and beyond!”

Through a partnership with UC Davis Graduate School of Management, the Kings will continue their Fastbreak Mentoring program with UC Davis MBA students in the Collaborative Leadership Program mentoring students from Improve Your Tomorrow on educational pathways and career readiness while offering an opportunity to connect with Kings team members to learn about jobs in sports and entertainment. This will be an exclusive, behind-the-scenes glimpse into the inner workings of a professional sports team.

During January, the mentors and mentees will meet at four Kings home games to discuss their goals and aspirations, participate in panel discussions, tour the arena and interact with Kings team members and personnel. Also, on January 27, mentees will attend the Brotherhood Conference, presented by Improve Your Tomorrow and My Brother’s Keeper,

to learn how they can continue to support their mentees.

Throughout the month, the team will be elevating the importance of mentoring through their social channels and billboards in the region with resources and videos sharing messages from Kings players. The team will also recognize a special mentor selected by MENTOR California on-court on January 22 as the Kings take on the Atlanta Hawks. Fans can nominate worthy mentors starting January 4, by tagging them on the Kings Community Instagram: @kings_community.

The Kings are committed to investing in positive pathways that support youth beyond January mentorship month. For the past six years, the Kings, in partnership with the Black Child Legacy Campaign, have led the Kings and Queens Rise Youth Sports and Mentoring League, which seeks to prevent and interrupt violence by providing a caring, productive environment through community building, sportsmanship, and health and safety resources. The organization has participated in several Fastbreak Mentoring Sessions to connect youth with Kings team members and has hosted Studio Sessions to make top entertainment talent accessible as mentors, both to share insight about careers in the sports and entertainment industries.

For more information, visit Kings.com. ★

Investigation of University Department Exposes Problematic “Critical” Ethnic Studies

AMCHA Initiative Press Release

SANTA CRUZ, CA (MPG) - A new study released today by campus antisemitism watchdog group AMCHA Initiative provides extensive evidence that faculty in the academic department considered ground zero for the highly politicized, “critical” version of the ethnic studies discipline at the University of California and for efforts to push the discipline into K-12 classrooms are using their department’s name and University resources to promote propaganda and activism to undermine and ultimately dismantle the Jewish state – in violation of University policy and California law.

According to the new research, the University of California Santa Cruz’s Critical Race and Ethnic Studies (CRES) department has engaged in anti-Zionist advocacy and activism since at least May 2021, when CRES pledged departmental allegiance to “the struggle for Palestinian liberation” and committed its faculty to bringing the academic boycott of Israel (the academic arm of the antisemitic BDS movement) onto campus and into their classrooms. However, according to the study, incidents involving CRES’s anti-Zionist political advocacy and activism have drastically increased in frequency and intensity since Hamas’ massacre of Israeli civilians on October 7, 2023.

Some of the newer incidents include: blaming Israel for the Hamas massacre and calling Israel’s defensive measures a “genocide”; incorporating anti-Zionist propaganda, including clear falsehoods, into their teaching and teacher training programs; shutting down their department as part of a “Global General Strike” against Israel and calling for students to boycott their classes; and promoting and participating in the “Shut It Down for Palestine” protest rally of Students for Justice in Palestine (SJP) that illegally blocked access to the campus. Even after a clear warning from the UCSC Provost highlighting UC policies proscribing political advocacy and activism “in the classroom and other instructional spaces,” CRES faculty doubled-down on their political activities, recently announcing on their university website the launch of Faculty for Justice in Palestine (FJP), a group designed to serve as the faculty-arm of SJP.

“CRES’s commitment to anti-Zionist political advocacy and activism, as a department and as a core element of its discipline, can’t help but corrupt the academic mission of the

university and violate students’ fundamental right to be educated and not indoctrinated,” said Tammi Rossman-Benjamin, co-founder and director of AMCHA Initiative and a former UC Santa Cruz faculty member herself. But for Rossman-Benjamin, the most alarming consequence of CRES’s substitution of anti-Zionist activism for education is its harmful impact on Jewish students: “Our research has consistently shown that on campuses where individual faculty and departments use educational spaces for anti-Zionist political advocacy and activism, rates of antisemitic activity – including assaults, threats of harm, vandalism, and bullying – are significantly elevated. Against the backdrop of a more than 700% increase in campus antisemitism since Hamas’ horrific massacre of Israeli civilians on October 7th, CRES’s unbridled expression of animus towards the Jewish state and its supporters absolutely contributes to a hostile, antisemitic environment for Jewish students, faculty, and staff at UCSC.”

The report also notes that CRES plays an important role in bringing the department’s highly politicized version of ethnic studies to K-12 classrooms in the state. Last year CRES became the first UCSC department outside the STEM fields to include an expedited pathway for students to earn a post-BA teaching credential. In addition, CRES leadership is behind a proposal for establishing a UC ethnic studies admissions requirement, which, if approved, would force almost every high school student in the state to take an ethnic studies course whose content standards were developed, in large part, by CRES faculty.

“Shockingly, these same professors who are using their university positions and resources to unabashedly promote anti-Zionism and antisemitism,” says Rossman-Benjamin, “are the ones who our state has entrusted with developing what will be taught to every California student about Jews and Israel.”

According to the report, CRES’s anti-Zionist advocacy and activism are likely in violation of several UC policies and state laws that prohibit the use of the name, facilities, and resources of the University for political advocacy or indoctrination, and others that sanction the failure of individual faculty members and academic departments to fulfill their contractual and fiduciary responsibilities. The report concludes that there is more than enough evidence of departmental misconduct to warrant a thorough investigation of CRES by UC and state officials. ★

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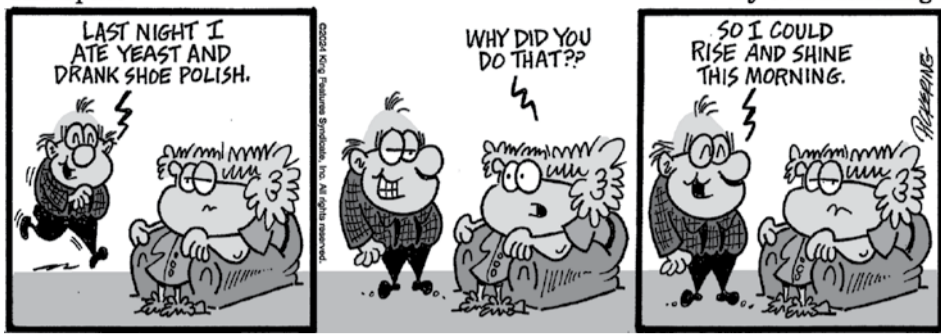
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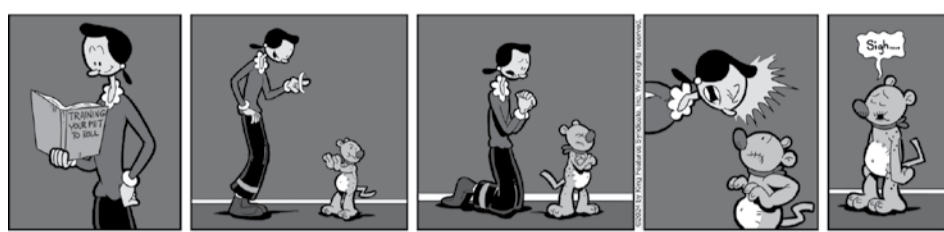
The Spats

by Jeff Pickering



Amber Waves

by Dave T. Phipps



Out on a Limb

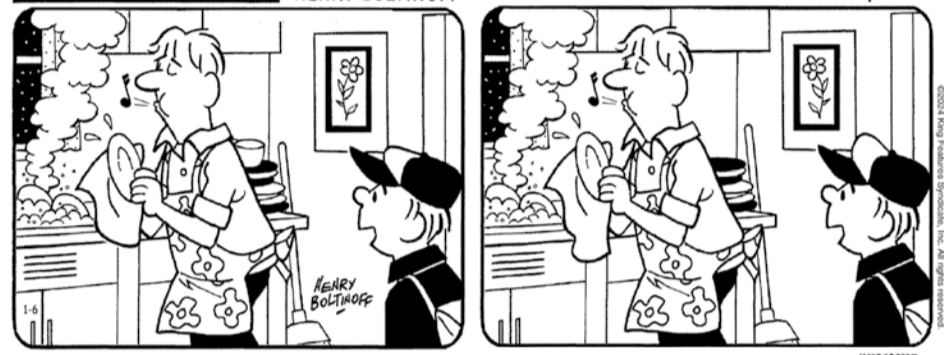
by Gary Kopervas



HOCUS-FOCUS

BY HENRY BOLTINOFF

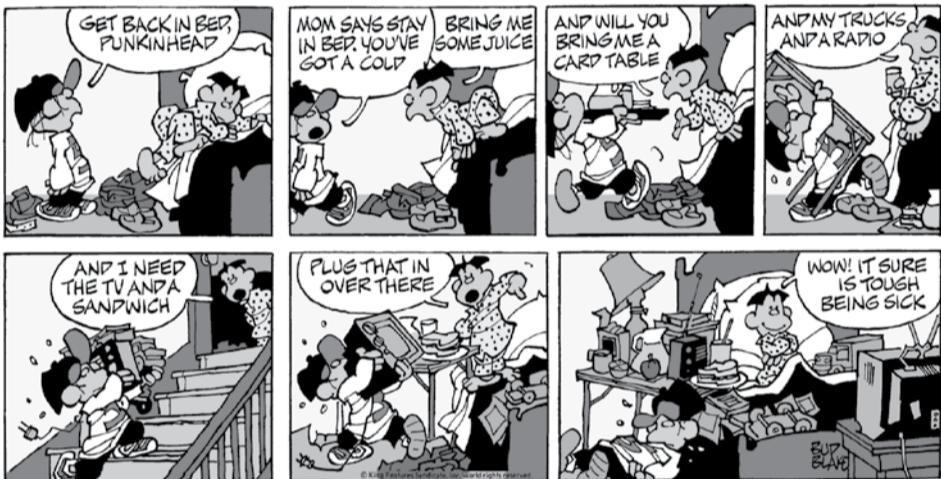
Find at least six differences in details between panels.



Differences: 1. Light is moved. 2. Nose is smaller. 3. Buttons are added. 4. Bricks are lower. 5. Headlight is missing. 6. Shirt is different.

TIGER

by BUD BLAKE



GRIN AND BEAR IT



Just Like Cats & Dogs

by Dave T. Phipps



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STATEPOINT CROSSWORD • CLASSIC TOYS

CLUES

- ACROSS**
- Sri Lankan language
 - Something to chew on, especially for cows
 - Mascara holder
 - Muscat resident
 - "_____ Flew Over the Cuckoo's Nest"
 - Father, colloquially
 - Jewish folklore creature
 - Debtor's letters
 - Art class prop
 - "Barbie's little sister"
 - *_____ 4 game
 - One less than jack
 - *_____ Frog educational toy
 - Nutcracker's distinguishing feature
 - Taboo, alt. sp.
 - Cooking fat
 - Deserter's acronym
 - President's David
 - Shower accessory
 - Pro _____
 - Conical dwellings
 - Prep flour
 - *Thomas or Henry, e.g.
 - Law school test acronym
 - Genealogist's creation
 - Maurice of "Where the Wild Things Are"
 - Flying saucers
 - Make mistakes
 - Chemically-induced curls
 - Harry Potter's Hedwig
 - *Certain Patch
 - *Not real dough
 - Normal
 - Clingy seed container
 - _____ -la
 - Theater curtain fabric
 - Put into service
 - Female deer, pl.
 - Pub offering
 - Goo on a trunk
 - What's in your e-wallet?
- DOWN**
- Duds or threads
 - Wildly
 - French Sudan after 1960
 - All thumbs
 - Marine gastropod
 - Coconut fiber
 - *Shedding-type card game
 - Tie in tennis
 - Shark's provision
 - Part of cathedral
 - Work detail
 - "Stop!" to marchers
 - Correspondence friend (2 words)
 - Make, as in a law
 - Edible type of grass
 - Complete payment (2 words)
 - *Banned lawn darts
 - Fully informed
 - Supreme Teutonic god
 - Get-out-of-jail money
 - Like Neverland boys
 - France's longest river
 - Bid on a house, e.g.
 - *Certain gun ammo
 - *Best _____ schemes o' "Mice an' Men"
 - "La Vie en rose" singer
 - Counter seat

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Citrus Heights Community Update

Take our Communities Back from Criminals



By County Supervisor Sue Frost

Through the generosity of the Citrus Heights Messenger, this column serves to provide an update about matters affecting the community of Citrus Heights.

I'm weary of news reports about criminals who prey on our citizens. I'm tired of having to console constituents who are the victims of theft, assault, and other crimes. We can't wait for someone else to fix the problem — we need to act.

Our sheriff and deputies are doing heroic work and continue to have my support and appreciation. But they're hamstrung by state politicians who care more about activists and criminals than the victims of crime.

As county supervisor, I am proud to be part of a collaborative effort with District Attorney Thien Ho and Sheriff Jim Cooper in addressing the challenges of crime and lawlessness in our community. But I must admit that there are limits to what can be done at the local level. State actions to promote the extremist "decarceration" and "defund police" ideologies are tying the hands of local law enforcement and giving criminals the green light to prey on our businesses and families.

This isn't a theory — we've witnessed the consequences of policies like Proposition 47, exemplified by the sideshow and smash-and-grab incidents at a business in Rio Linda. Small businesses, which are crucial to our economy, are enduring devastating losses due to crime. In some cases, these losses are so severe that businesses have had to shut down. In a recent community survey, nearly 25% of respondents reported falling victim to various crimes,

including catalytic converter thefts, car break-ins, burglary, and assault. The urgency to act is clear!

The core of the problem lies in a system that removes accountability for criminal behavior. Felonies have been downgraded to misdemeanors, emboldening individuals to commit theft and other crimes without significant repercussions. Businesses are prohibited from defending their premises effectively and are burdened with additional costs for security and employee training. Despite numerous attempts to reform Proposition 47, these efforts have been consistently blocked by politicians in Legislature.

If the Legislature is unable to take action to keep our families and businesses safe, we need citizens to change the law.

The "Homelessness, Drug Addiction, and Theft Reduction Act" will be gathering signatures to make the changes in the law that the Legislature is unable or unwilling to make. This measure will increase penalties for theft, provide resources to tackle root causes of homelessness, and crack down on drug dealers who are poisoning our neighborhoods.

Key components of this measure include:

- Increase in drug and mental health treatment to tackle the root cause of homelessness.
- Enhanced penalties for armed drug possession to get violent drug dealers off the street.
- Increasing penalties for trafficking hard drugs and allowing judges to sentence drug dealers to state prison.
- Make drug dealers subject to murder charges if their activities lead to deaths.
- Mandated treatment for repeat drug offenders.
- Increasing penalties for repeat offenders and smash-and-grab gangs.

This Act will help us tackle the root causes of addiction and homelessness, which not only improves the security of our communities but also creates opportunities for individuals struggling with these issues to successfully reintegrate into society.

It also sends a firm message to drug dealers: trafficking hard drugs, particularly when armed or causing harm or death, will result in severe consequences. The Act advocates for the use of state prisons over local jails for such offenders, ensuring a secure environment while also providing a chance for rehabilitation. This dual approach reflects our commitment to both public safety and the potential for positive change.

The "Homelessness, Drug Addiction, and Theft Reduction Act" represents a significant stride towards reinforcing safety and justice within our community. By addressing the loophole that allows repeat offenders to exploit the current felony theft threshold and introducing measures such as the aggregation of stolen property values and heightened penalties for organized thefts, we're poised to deter and punish these crimes more effectively. This comprehensive approach not only rectifies the flaws in our current system but also emphasizes the protection and well-being of law-abiding citizens and businesses.

Thank you for reading — and as always if you want to contact me, call me at 916-874-5491, or e-mail me at SupervisorFrost@sacounty.gov.

Sacramento County Supervisor Sue Frost represents the 4th District, which includes the communities of Citrus Heights, Folsom, Orangevale, Antelope, North Highlands, Rio Linda, Elverta, and Rancho Murietta. ★

\$24M NIH Grant Extends Study of Healthy Aging in African Americans

Black Americans Have the Highest Rate of Alzheimer's Disease of All Ethnic Groups in the U.S.

UC Davis Health News Release

SACRAMENTO, CA (MPG) - Researchers at UC Davis Health and Kaiser Permanente Division of Research have received a \$24 million grant from the National Institute on Aging, part of the National Institutes of Health (NIH), to continue the Study of Healthy Aging in African Americans (STAR) for an additional five years.

STAR, which launched in 2017, follows a group of approximately 750 older adults to understand how behaviors and lifestyle may increase the risk of Alzheimer's disease and related dementias for Black and African Americans. The study is also trying to better understand the factors that may protect brain health.

Black Americans have the highest rate of Alzheimer's disease and related dementias of all ethnic and racial groups in the United States. Older Black Americans are about one-and-a-half to two times more likely than white Americans to be living with dementia or Alzheimer's.

Among Black Americans 70 years of age and older, 21.3% live with Alzheimer's. But information about potential risks in early life — and ways to mitigate those risks — relies almost exclusively on research conducted with white participants.

Rachel Whitmer, a professor in the departments of Public Health Sciences and Neurology and co-director of the UC Davis Alzheimer's Disease Research Center, and Paola Gilsanz, an epidemiologist and research scientist at Kaiser Permanente Division of Research, are the principal investigators of the study.

"We are thrilled to continue this study for another five years so that we can further unravel what contributes to brain health and dementia risk in Black Americans," Whitmer said. "There have not been a lot of studies following this community from middle age into late life. But understanding the risk and

protective factors throughout someone's life is key to improving brain health and reducing disparities."

Study follows participants' health and habits over time

Participants in the STAR study are Black adults living in the San Francisco Bay Area and the greater Sacramento region. They are long-term members of Kaiser Permanente Northern California, meaning the researchers have a wealth of health data as far back as the 1960s. This offers a unique opportunity to understand how factors earlier in life, such as hypertension in young adulthood, may contribute to brain health later.

"With the ability to further follow these individuals over time, we will be better able to understand the cognitive aging transition and how to reduce the risk of cognitive impairment in this important population," Gilsanz said.

The STAR participants are visited in their homes or local clinics and participate in surveys and cognitive tests looking at an array of health, behavioral and functional measures. Some participants also undergo magnetic resonance imaging (MRI) brain scans, a noninvasive way to view brain health.

The information collected by the researchers helps identify associations between behavioral and lifestyle factors, along with changes in the brain over time, to understand the risk factors and protective factors for dementia.

Identifying factors that hurt or help brain health

The first five years of STAR produced significant findings regarding factors that may contribute to late-life cognition. Researchers learned that:

- School segregation and timing of desegregation are associated with differences in late-life cognition
- Hypertension, diabetes and high cholesterol (hyperlipidemia) in adolescence, young adulthood and midlife are linked to poorer cognitive performance and more vascular brain injury later in life. ★

UC Master Gardeners of Sacramento County Present February Open Garden

UC Agriculture and Natural Resources News Release

SACRAMENTO COUNTY, CA (MPG) - If a thriving spring garden is what you want, then start now! The Fair Oaks Horticulture Center is a unique local site in the community and has grown significantly over the last several years with diverse plant selections. See what is possible in your space.

The water efficient landscape area is emerging from its winter dormancy.

- Aromatic culinary herbs were pruned in the fall and filling out nicely.
- Edible micro-greens, kale, and Swiss chard are cheery looking in the raised vegetable beds.
- See how blueberries and raspberries were pruned for a flourishing summer crop.
- Look for citrus trees suited for your space and taste after seeing our specimens.



Mandarin "Gold Nugget." Courtesy of Jan Fentler

- Grape vines have two methods of pruning. Ask a master gardener why.
- Learn approaches of turning compost, see how the GEO bin and Sunset bin differ.
- What seeds should you be planting? Find 15 vegetables ready for direct outdoor seeding in the 2024 Gardening Guide and Calendar... into the Wild... Habitat Gardening. \$12 cash or check incl. tax.

Event Day and Date: February 10, 2024
 Event Time: 9:00 a.m. – 12:00 p.m.
 Event Location: Horticulture Center 11549 Fair Oaks Blvd. Fair Oaks, CA 95628
 Located Outside: Rain or shine.
 Event Cost: Free
 For More Info: UC Cooperative Extension, (916) 875-6913, sacmg.ucanr.edu, facebook.com/sacmg. ★

DA Thien Ho's Statement on U.S. Supreme Court Decision

Sacramento County District Attorney News Release

The U.S. Supreme Court has agreed to hear the case of Johnson v. City of Grants Pass, in which the Ninth Circuit Court of Appeals continues to undermine and limit laws that regulate unhoused encampments. These limitations were originally created in another Ninth Circuit Court of Appeals case, Martin v. City of Boise.

Sacramento County District Attorney

Thien Ho states, "With the unprecedented increase of the unhoused population in Sacramento and our community at a breaking point, my office was the first prosecutor's office in the country to file an amicus brief urging the U.S. Supreme Court to review the Grants Pass case and overturn Martin v. City of Boise. I am grateful that today the U.S. Supreme Court agreed to review these poorly reasoned cases. Our office will soon file an additional amicus brief with the U.S. Supreme Court to overturn both cases." ★



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Ask DR. UNIVERSE

Dr. Universe: Why do marine mammals have horizontal tails, but fish have vertical tails? – Peyton, 11, Washington

Dear Peyton,

When you think about a whale, you probably picture an enormous sea creature without legs. But what if I told you the first whale had four legs and could walk on land?

I talked about whales and other marine mammals with my friend Kevin Turner. He teaches marine biology at Washington State University.

He told me marine mammals have horizontal tails because they flex their bodies up and down to move. Fish flex their bodies side to side. Scientists think it has to do with the way different animals evolved.

"Life began in the oceans then wandered out onto land," Turner said. "Then some organisms wandered back into the oceans and readapted to that aquatic environment. So, their evolutionary history of having lived on land comes with them."

The marine mammals that moved back to the ocean full time include whales, dolphins, porpoises and sea cows — which are also called manatees and dugongs. Seals, sea lions and their relatives moved back to the ocean, too. They're marine mammals that live on land some of the time.

More than 500 million years ago, fish evolved from worm-like ancestors. They wiggled side-to-side to get around. So, fish inherited strong side muscles and bodies that flex side-to-side. Eventually, they developed tail fins to help them move better.

But life took a wild turn for one group of ancient fish. Scientists estimate that about 400 million years ago, they began to evolve to live on land. They used strong, fleshy fins to walk. Over time, animals with stronger, more leg-like fins were able to survive better on land. They had babies with strong legs, too. That's how you and I wound up with our strong legs.

But legs are just part of what it takes to move on land. Think about how a cheetah runs. It bends its spine to stretch out its front legs and push the ground hard with its back legs. As it runs, its spine flexes up and down.

That's how marine mammal spines move, too. When their ancestors returned to the ocean, marine



A resin cast of a Pakicetus skeleton at the Canadian Museum of Nature. Photo: Kevin Guertin/Wiki

mammals kept that motion.

Let's look at whales for example.

About 50 million years ago, a land mammal called Pakicetus hunted in shallow waters. It had four legs and webbed feet. It had a long snout. It was about the size of a wolf.

Even though it had legs, the bones in Pakicetus' head were different from the head bones of land mammals. They were like the bones whales have in their heads today.

That's because Pakicetus was the first whale.

Over about 10 million years, whales moved back to the water full time. Their front legs adapted into flippers. Their back legs disappeared. They developed a wide tail to swim faster and push up to the surface to breathe air.

"These organisms already had strong back and belly muscles to flex the spine while running," Turner said. "So, when they start wandering back into the oceans, those are the muscles they had to work with."

Other marine mammals have similar evolutionary histories. The cool thing about evolution is that sometimes an animal's body tells the story of what life was like for the animal's ancestors.

For marine mammals, it's a whale of a tale.

Sincerely,

Dr. Universe

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