

Local Author Calls Up Baseball Fans with New Book
PAGE 2

Leafy Greens Thrive in the Winter
PAGE 14



Carmichael Times

VOLUME 45 • ISSUE 6

Serving Carmichael & Sacramento County since 1981

FEBRUARY 9, 2024

SEE INSIDE

THE SUN IS RISING ON PUBLIC SAFETY



PAGE 10

CAPTAIN JOSEPH HOUSE FOUNDATION HOLDS FUNDRAISER



PAGE 5

TRAILWAYS FORGES STRATEGIC ALLIANCE



PAGE 12



Scan our QR Code for a direct link to our online edition!

PRSRTD STD.
U.S. POSTAGE
PAID
CARMICHAEL, CA
PERMIT NO. 350
OR CURRENT
POSTAL CUSTOMER

New Airshow Format with International Flair



Frece Tricolori takes a colorful flight. Photo courtesy of Frece Tricolori, Pattuglia Acrobatica Nazionale, Aeronautica Militare, Rivolto Air Base, Italy

By Tamara M. Warta

SACRAMENTO, CA (MPG) - The California Capital Airshow, which typically roars through Sacramento Mather Airport each September, is returning again for 2024 - but with a new date and a distinct European flair.

This year, the 18th annual California Capital Airshow will feature Frece Tricolori, the Italian Air Force's military jet demonstration team. It will also be primarily an evening event, happening July 13 and 14. The changes may be surprising to airshow regulars, but excitement truly is in the air for the switch to

summer and the international celebration it's bound to bring.

"Every year we want to do something fresh, we want to do something new. We want to bring our community something different," says Darcy Brewer, Executive Director of the California Capital Airshow. "We survey the insiders every single year. We heard a couple of different things from people. They wanted to see something they've never seen before, and they wanted us to bring back the night show we did in 2018."

The "insiders" Brewer refers to are the approximately 60,000 Air Show Insider® members of the California Capital Airshow community.

Becoming an Insider is free and provides early access to tickets, helpful discounts, and a chance to view airshow schedules and events prior to the general public.

Famous for their interactive STEM exhibits, large airplane and fighter jet displays, food and family activities, the airshow is well-known as a distinct stand out from the approximately 450 air shows that happen each year across America.

"We are one of the largest," said Brewer. "We want to be different."

With the arrival of Frece Tricolori, which has not performed in North America in 30 years, this year's

Continued on page 3

Momentum Continues for the Homelessness, Drug Addiction, Retail Theft Reduction Act

Becky Warren,
Elevate Public Affairs
News Release

SACRAMENTO, CA (MPG) - Californians to Reduce Homelessness, Drug Addiction, and Theft announced February 2nd that they have collected another nearly 100,000 signatures from California voters totaling over 300,000 to place the Homelessness, Drug Addiction, Retail Theft Reduction Act on the November 2024 ballot.

"We continue to see an outcry of overwhelming support from Californians of every political affiliation and geographic region across the state demanding for change that will improve community safety and hold repeat offenders of theft and serious drug crimes including those involving fentanyl accountable," said campaign chair Greg Totten who is also chief executive officer for the California District Attorneys Association.

"Californians want to feel safe in their neighborhoods and when they shop, and this initiative amends Prop 47 to effectively hold individuals accountable for repeat crimes of theft and serious drugs like fentanyl while making sure individuals receive and complete drug and mental health treatment they need," added Totten.

A survey of likely California voters found that 70% of voters support the title and summary of the Homelessness, Drug Addiction, Retail Theft Reduction Act. The overwhelming support was consistent across every demographic and geographic area including the Bay Area and Los Angeles. Furthermore, 89% of likely voters support amending Proposition 47 for stronger penalties for those engaged in repeated retail theft and trafficking hard drugs like fentanyl. The measure also includes incentives to complete drug and mental health treatment for people who are addicted to hard drugs. The survey was conducted online from November 8-November 13, 2023, with a margin of error of +/- 2.28%.

To qualify the measure for the November 2024 ballot, the law requires 546,651 valid signatures.

For more information, go to www.CASafeCommunities.com. ★

Local Girl Scouts Sharpen Entrepreneurship Skills as Cookie Season Kicks Off

Girl Scouts Heart of Central California
News Release

SACRAMENTO, CA (MPG) - Girl Scouts Heart of Central California (GSHCC) is excited to announce the official launch of the 2024 Girl Scout cookie season, bringing delightful treats and smiles to communities in the Greater Sacramento, Stockton, and Modesto regions. The Cookie Program not only spreads joy but also fosters the entrepreneurial spirit of numerous local Girl Scouts.

The Girl Scout Cookie Program is the largest girl-led entrepreneurial program in the world. Proceeds from the Program support local Girl Scout troops and enable GSHCC to organize workshops, events, and initiatives that help create the next generation of empowered and innovative female leaders. GSHCC's Cookie Program supports two Girl Scout camps, two STEM Centers + MakerSpaces,



Girl Scouts with their cookie display. Photo courtesy of Girl Scouts of Northern California.

a mobile STEM Center + MakerSpace, and provides resources to more than 4,000 volunteers.

"Entrepreneurship remains one of Girl Scouts' most powerful program pillars," said GSHCC Chief Executive Officer, Dr. Linda E. Farley. "More than 8,000 local Girl Scouts will participate in the Cookie Program this year, gaining real-world opportunities to practice their entrepreneurship skills.

Beyond the goal setting, money-management, and decision-making skills these girls learn, they also make connections with their community, develop friendships with their sister Girl Scouts, express creativity, and build their capacity to be leaders."

Local Girl Scouts have already begun taking orders from family and friends, and supporters will begin to see cookies available for local purchase in

front of stores beginning February 23 through March 17. Additionally, GSHCC encourages the use of the Cookie Finder feature on the Girl Scouts' website, which provides a convenient and accessible way for cookie enthusiasts to locate nearby cookie booths. Cookie connoisseurs can input their zip code in the Cookie Finder tool to see where cookies are being sold in their community. ★

Local Author Calls Up Baseball Fans with New Book

By Tamara Warta

NORTHERN CALIFORNIA (MPG) - The San Francisco Giants baseball team clearly has countless fans across Northern California, and have inspired many young baseball players to dream of going on to the Major Leagues themselves. One of those dreamers was Zak Ford, who grew up in the 1980s and 90s — the heyday of Candlestick Park.

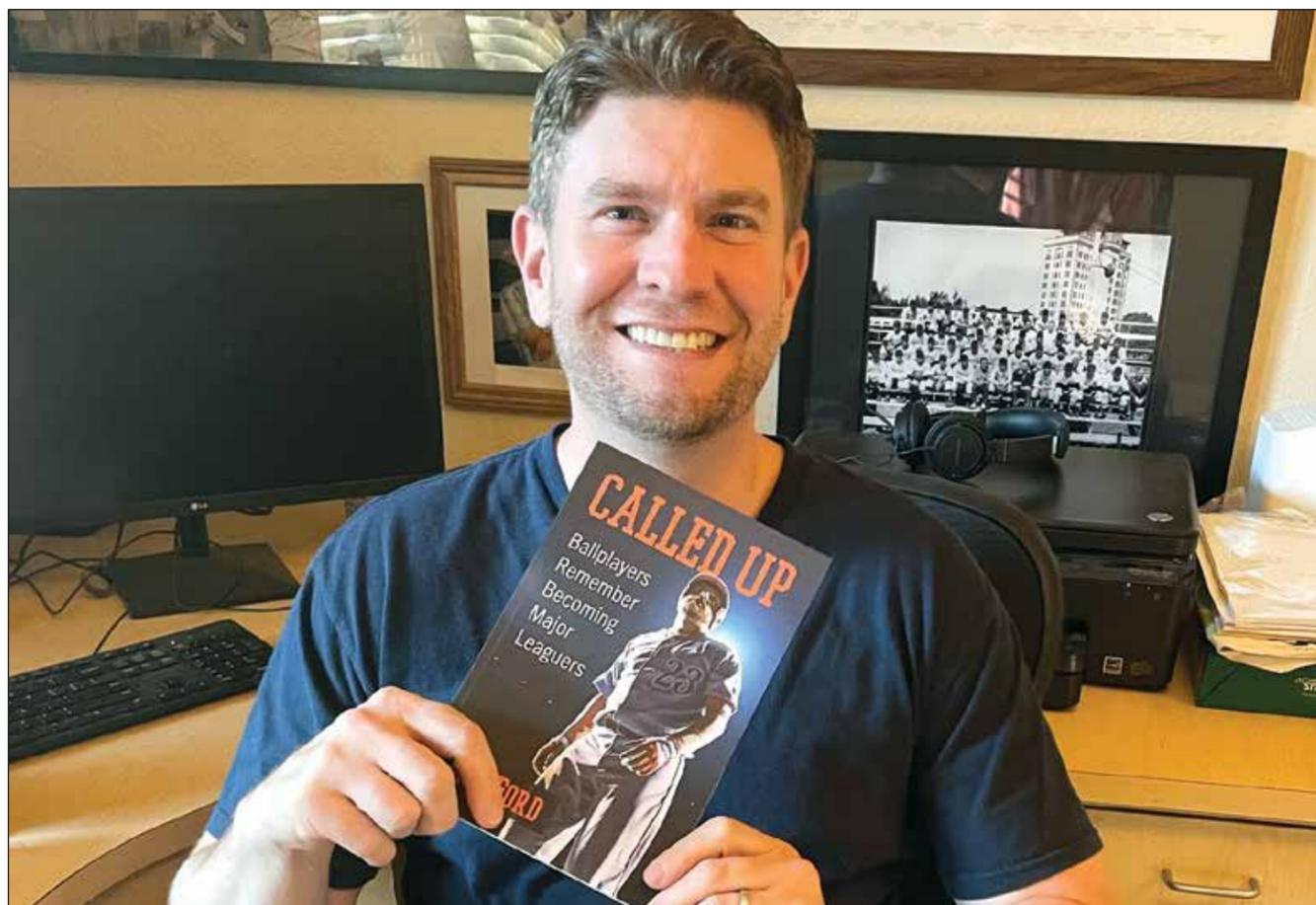
Ford not only enjoyed cheering from the stands at many a Giants game growing up, but he also heralded from some pro-ball genetics. His great-uncle, Larry Powell, pitched in 14 professional seasons in the 1930s through 1950s. He was picked up by the Boston Red Sox out of spring training, but was released two weeks later. Powell was then signed by the Boston Braves, but again was released — this time after only one week. His MLB dreams died without ever stepping into a game.

Ford grew up knowing of Powell's experience, but never asked him how that journey felt. Instead, Powell — who struggled to hit .200 throughout his own Little League years — decided to write about baseball instead.

Ford's book, *Called Up: Ballplayers Remember Becoming Major Leaguers*, may not include Larry Powell's perspective, but it does delight readers with 109 stories of MLB players reflecting upon the moment they were called up to the big leagues. Written in a first-person narrative, it's a human interest book that will obviously be enjoyed by baseball fans, but written with such skill that it will also draw in readers that have limited knowledge of the process and history of the game.

"It really captures the feelings and emotions of becoming a MLB player," says Ford. "To be able to capture 109 stories about the achievement is something I'm very glad of being capable to do."

Out of the 109 featured in the book, about 10 of them are local



Zak Ford, author of *Called Up: Ballplayers Remember Becoming Major Leaguers*. Photo courtesy of Zak Ford

to the Sacramento region — those that either came out of the area, and reside in the Sacramento region now. Ford himself grew up in the Rancho Cordova area and now lives in Cameron Park. He works in workforce development policy, which aims to improve outcomes for people with disabilities. He was also a member of the Folsom-Cordova School Board from 2010-2018.

Ford clearly has a passion and enthusiasm for people and bettering the world around him, but the world of baseball — and later writing about it — has always captured him.

"I've always been a fan of baseball dating back to when I was a 7- or 8-year-old kid," says Ford. "I kind of realized that I was going to have to choose a different avenue

for me to find my niche in the game and decided to pursue writing. I've basically been doing it as a hobby since I was a teenager. One of the goals I've always had was to write a baseball book, and now at 45 [years old] I've achieved it."

To write the book, Ford interviewed former MLB players for about two and a half years. When asked what stories really stuck out to him, Ford took a thoughtful pause to answer.

"All of these players had to exhibit extreme dedication and perseverance to meet the goal of becoming a MLB player," he said. "All of them are great inspirational stories. I grew up a Giants fan, and I was able to capture the stories of some of the guys who came up with the Giants during the

time I was a young baseball fan. Those are the stories that stick out to me."

Sean Estes, who is now active with Giants broadcasts, is one example of a player that shared his story of being a number one pick.

"It took him four or five years to reach the major leagues," Ford recalls. "He was up in the major leagues for the majority of the next 12 or 13 years."

The lesson to be learned? Never give up on your dreams.

"There are many stories that show ups and downs, that show hardship and overcoming adversity. It's an inspirational book about going through that journey and showing dedication and perseverance," said Ford.

Since his book's publication, Ford has done virtual

presentations for baseball groups, as well as a local book signing. He's also working on a second book. Potentially entitled *Next Up*, the new manuscript will focus on MLB players' lives in the normal workforce outside of baseball — perhaps disproving the belief that all MLB players retire wealthy.

"The vast majority of them need to have jobs after their playing careers," says Ford.

"There are players that have had pretty big challenges trying to find what's next, while others have that hustling mentality they picked up in baseball that serve them well after their playing days. That scrappy mentality has paid off."

It has paid off for this successful local author as well. You can keep up with Zak's career by visiting his website, zakford.com. ★

1036 Kensington Drive, Roseville, CA 95661 | Offered at: \$839,000

Tucked away in a fantastic Roseville neighborhood, this single-story residence offers a perfect blend of comfort and style. Step inside an inviting floor plan with 4 bedrooms and 2.5 baths. The remodeled kitchen is appointed with beautiful light cabinetry, granite countertops, stainless steel appliances with double ovens, a large closet-pantry and more. Additional highlights include light-filled living spaces, gorgeous engineered hardwood flooring, dual pane windows, plantation shutters, and an inside laundry room. A stunning stone fireplace becomes the focal point of the family room, while dedicated dining and living areas offer versatile spaces. Enjoy a spacious master suite with his and her sinks, a walk-in shower, and a soaking bath. Outside, the backyard is a private oasis with a sparkling pool, covered patio, and low-maintenance landscaping. Enjoy close proximity to all that Roseville has to offer including fabulous shops, restaurants and excellent schools. Must see!

Craig Diez
 Craig@DiezandSiggProperties.com
 CalRE #01019930
 916.425.5884
 Realtor/Owner CraigDiezProperties.com

DIEZ & SIGG GROUP
 RE/MAX GOLD

BEST OF CARMICHAEL 2023
 Awarded 2017 2020
 2018 2021
 2019 2023

The accuracy of all information contained herein regardless of source including, but not limited to square footage and lot size, is deemed reliable but is not guaranteed by RE/MAX Gold and should be independently verified by the appropriate professionals. Source: MetroList. CA DRE 01215931.

DiezandSiggGroup.com | /DiezandSiggGroup | /DiezandSiggGroup

Business Environmental Resource Center

FREE and non-regulatory BUSINESS ASSISTANCE

HELPING BUSINESSES SUCCEED

Our Services

- How to start or expand a business
- Sacramento County permit navigation
- Assist in navigating various laws and regulations
- One-on-one business site visits and consultations
- Ombudsman services
- Best management practice implementation
- Resources for business development
- Multi-agency coordination

BERC can provide assistance in the following regulatory areas:

- Air quality
- Liquid waste
- Hazardous materials and waste
- Medical waste
- Food safety/sanitation
- Solid waste and recycling
- Storm water
- Building permits

Plus much more!

"We consider BERC a critical member of our team. BERC demystifies the industrial permitting process in a business supportive manner"
 -Senior VP, Sacramento Area business

Contact BERC today!
 916-874-2100

Business Environmental Resource Center
 700 H Street #6750 Sacramento CA 95814
 www.sacberc.saccounty.gov

SACRAMENTO COUNTY

New Airshow Format with International Flair

New Art Displayed in Sacramento County Board Chambers

Continued from page 1

air show is sure to delight both regular patrons and some new faces.

"We start flying at 6pm and go non-stop until 10pm. And that last half hour is going to literally blow you away," says Brewer. The event includes what the organization is referring to as a "choreographed pyrobatic musical," featuring fireworks, daredevil jet maneuvers, music, and more.

"In the air, on the ground and throughout the year – the airshow crew is all about honoring those who serve, and inspiring the next generation --- but this year we'll be doing it all in two different languages --- so if you've ever been to Italy and love it, or dreamed of going to Italy --- we're making it more simple this summer and bringing Italy to you," said Brewer.

This is the only location in the western United States where you will be able to be a part of

Frecce Tricolori's full airshow performance, get the chance to see their colorful jets up close, and maybe even meet team members on the ground.

"People in America love the US jet teams, the rest of the world loves the Italian jet force," says Brewer. "Brush up on your Italian and get ready for a once in a lifetime experience."

The California Capital Airshow has taken to the international skies one time prior - in 2017 they welcomed the French government for a one-day event over Easter weekend. Now, with that experience under their belt, the organization

is going big. The Frecce Tricolori team includes 75 members, as well as multiple government dignitaries that are expected to be in attendance.

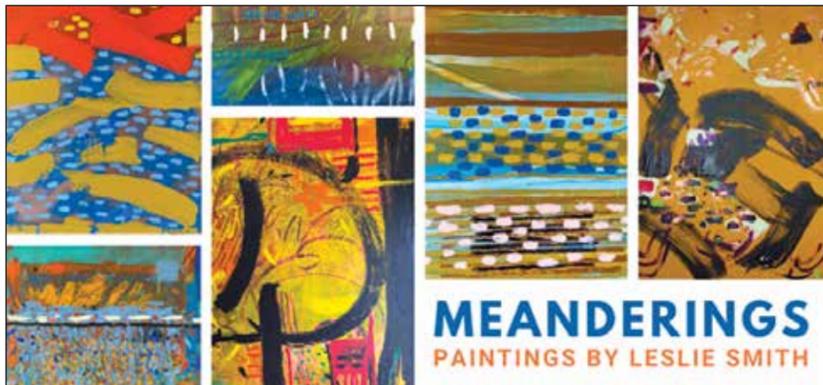
Outside of the stunning displays and huge draw from the world's best pilots, the California Capital Airshow is unique for another reason - its commitment and passion for community past and present. The group is a non-profit that supports other non-profits. Groups are invited to apply to work at the airshow and raise funds for their various causes. \$79,000 went out to non-profit groups through parking lot and concessions volunteerism.

"We're all about STEM education, scholarships, and youth programs," noted Brewer. The group has many interactions with young people, equipping them to grow up to become whatever they dream.

"We try to inspire the next generation to get a job where they wake up in the morning feeling the same way the staff at the California Capital Air Show feels," Brewer says with pride when speaking about the great work environment found within the organization. Her enthusiasm and love of life is contagious, as is her passion to get people excited and involved about the air show and all it signifies.

"We like shining a spotlight on a region that we love. If you like history, aviation, or international flavor - there's something for you and we will make sure it happens before the gates open."

You can find out more about the upcoming airshow by becoming an Insider at californiacapitalairshow.com. ★



A sample of Leslie Smith's work. Photo courtesy of Sacramento County

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The next time you attend a meeting in the Sacramento County Board of Supervisors Chambers, be sure to check out the rotating art on display! Sacramento County sponsors bi-annual art exhibitions in the Board Chambers, located at 700 "H" St. "Meanderings: Paintings by Leslie Smith" is on display now through July 12, 2024.

Leslie is a Northern California artist who shares her life experiences, self-reflections and love for curiosity and exploration through her paintings. Leslie has been artistic her entire life – drawing inspiration from nature. She attributes the inspiration to her mother who sparked her imagination and storytelling abilities through drawing prompts to pass time on their way to camping trips in Mendocino, CA.

While camping she experienced public art on display in nearby towns. "I'm really very grateful to have my artwork in a public place. Public art is so important because it provides people with something they aren't expecting," says Leslie, who

believes that everyone should have access to the arts and is delighted by the thought of an unsuspecting passerby viewing her paintings from their own perspective.

Leslie's paintings come together in a unique process which she describes as dynamic. "As I develop each painting, the process causes me to inspect my own personal boundaries and limitations," Leslie explains. "Sometimes it is dynamic and other times I seek a silence within the very perpetual motion or energy of the process itself. I work by detaching myself from the ordinary flow of thought – and to detach from things I can readily identify as painting because this allows me to move beyond my habitual way of seeing and being."

The result is an abstract and eclectic collection of shapes, brush strokes, and textures which, when combined, bring a vibrant liveliness to the otherwise neutral color palette of the chambers.

Visitors are welcome to view the art when meetings are in session. To check when the next meeting is scheduled, view the online Board Meeting Calendar. ★

Be a part of something important Local Writers Wanted

We are looking for local Freelance Writers to provide great coverage.

MPG Call us today at 916-773-1111



THIS IS THE YEAR FOR LIFE'S NEXT ADVENTURE!



New Year, New You NEW SAVINGS!



Each new day,
a new adventure!

Independent Living prices start at
\$3995/mo. with the **sixth month free!**

Save up to **\$800/mo.** on Assisted Living residences, based on availability.

**THAT'S OVER
\$9600 IN SAVINGS!***

CALL 916.970.3992 TODAY!

Act fast! Availability is limited.

Find out how full-service retirement living along the tranquil American River can bring richness to your life in unexpected ways.



 **River's Edge**

CARF-ACCREDITED INDEPENDENT & ASSISTED LIVING AND MEMORY CARE RESIDENCES

601 Feature Drive, Sacramento • 916.970.3992 • RiversEdgeRetirementLiving.com

ESKATON[®]

— VILLAGE CARMICHAEL —

Discover a lively community, *savor* refined-restaurant style meals and *engage* in lifelong learning tailored for you.

Our vibrant Life Plan Community and resident-driven culture empower you to continue enjoying an active, independent lifestyle, with a wide range of amenities and a full spectrum of supportive services to meet your changing needs throughout the journey of life.

Schedule your personalized tour today!

916-900-1221 • eskaton.org/evc

Life Plan Community / CCRC • Independent Living • Assisted Living
Memory Care • Rehabilitation • Skilled Nursing

Captain Joseph House Foundation Holds Fundraiser at El Camino High



This photo of Special Forces Army CPT. Joseph Schultz and his proud mother, Betsy Schultz, was taken in 2010 when the El Camino High graduate earned his Green Beret in North Carolina. Photo courtesy of Betsy Schultz

Captain Joseph House Foundation News Release

SACRAMENTO, CA MPG - Captain Joseph House Foundation, which opened in 2022, will share information about the development, growth and status of the Gold Star Family program on Feb. 17.

This is the first such presentation in a community with a donor-rich base of support, according to Captain Joseph House Foundation founder Betsy Schultz. The foundation is in memory of Special Forces Army CPT. Joseph Schultz, her son and an El Camino High School graduate. Joseph Schultz was killed in Afghanistan on Memorial Day weekend, May 29, 2011.

The nonprofit foundation's mission is to honor Fallen Heroes through remembering and caring for their Gold Star Families left behind, according to Schultz, a Gold Star mother.

Within days of her son's death, Schultz recognized that something was missing in the continuum of care for Families of our Fallen Heroes: the opportunity to bond with others experiencing a similar loss.

Forming the nonprofit Captain Joseph House Foundation, Schultz donated her large "bed and breakfast" to the organization and began converting it into a respite home for Gold Star Families.

Gold Star Families from every military branch and from every state in the U.S. may qualify for the Family-to-Family

respite program. A respite week, with up to three families meeting together, provides an opportunity for sharing a common love and loss, Schultz said. It is also a time to celebrate the life of one's hero and build new relationships that can last beyond the week at Captain Joseph House, located in Port Angeles, Washington.

There are no fees for the families, which includes roundtrip airfare, daily transportation, lodging, all meals and recreational activities. Volunteers, in-kind, discounted services and financial donations to the foundation made it possible to open the doors of the house to welcome Gold Star Families in 2022, Schultz said.

"Your donations have been sincerely appreciated," Schultz said. "Fundraising will continue to ensure this opportunity will be available for Gold Star Families to participate in future years."

The Captain Joseph House Foundation's State of the Foundation is from 7 to 9 p.m. Feb. 17 at El Camino High School Center for the Arts, 4300 El Camino Ave., Sacramento. Doors open at 6 p.m.

Admission is \$25 per ticket and free for anyone 19 years old and younger. Tickets are available at <https://www.brownpapertickets.com/event/6232423> or

<https://m.bpt.me/event/6232423> or at the door.

or more information, call 360-460-7848 or go online to www.CaptainJosephHouseFoundation.org or [Facebook.com/CPTJosephHouse](https://www.facebook.com/CPTJosephHouse). ★

Kings Korner

By V.G. Harris



If you're like many Kings fans, you've probably already had a conversation as to whether the current Kings team can surpass the 48 wins of last year.

As of this writing, the Kings are on a 5-1 road trip, and with a win over the Cleveland Cavaliers, this road trip poses the possibility of being the best in the last 25 years! This, after a horrific four-game losing stretch that should have been at worst two wins and two losses.

Time to give out some much-deserved kudos. Much-criticized coach Brown has tightened up his rotations in recent games, and the results are speaking loudly.

It is so good to see Davion Mitchell jumping off the bench every game and creating havoc with the opposing team. His presence literally changes the defensive chemistry on the court, and it seems to work like a much-needed jump start. Collectively, everyone seems to realize that it's time to up-tempo the defensive effort, and I'm seeing significant changes in Fox, Sabonis, Murray, Huerter, and even Kessler Edwards.

In addition to Mitchell seeing increased playing time, let's give coach Brown some credit for giving Trey Lyles more time on the court. As I have expressed several times, we have yet to see what Lyles' ceiling will be, and he continues to impress me. He could arguably be the best 3-point shooter on the team, but his game brings much more. Like Sabonis and Barnes, he is adept around the rim, a good passer, and one of the best on the team in drawing offensive fouls.

A 5-1 road trip, with the potential of winning six games before returning home, puts smiles on everyone's faces, and like last year, the Sacramento Kings are telling the league, "We are tough on the road!"

Playoff teams win on the road, period! Something else playoff teams do is shoot free throws.

If the Kings don't make some immediate improvement in their ability to sink free throws, look for another quick exit from the playoffs. Yes, we first have to make the playoffs, but this team is very capable of doing that, and I for one believe they will surpass 50 wins this year.

The Kings have exactly two players shooting 80% or better from the line, and that

would be Malik Monk at 81% and Harrison Barnes at 80%.

The team is dead last in the league, and that just isn't acceptable. While it's true that the coaching staff doesn't shoot free throws, with the number of coaches on this team one would think we could find a prescription to improve the moniker of worst in the NBA.

Let's set some goals here Kings fans, and the first one should be getting out of last place. We can do this!

I would be remiss if I didn't hand out a major accolade to "Mr. Double-Double," Domantas Sabonis, who just tied Oscar Robertson for achieving the most consecutive double-double games as a member of the Kings roster, with an incredible 31 straight. In addition to his stellar consistency, Sabonis is challenging the league leader Nikola Jokic for triple-doubles! This is nothing short of remarkable. For all Kings fans, stop and smell the roses. This is something you may never see again, so let's appreciate the guy that brings his lunch pail to work like no one else does.

29-19 and fifth place in the western conference should be applauded, and I hope you're enjoying the breadth of this team. There is something here for everyone.

As much as I like to see coach Brown tightening up his rotations, something needs to be done as it relates to coach's challenges.

My wife made the observation that with a success rate of 28%, it makes more sense to flip a coin than continue on the present course.

When you are wrong three out of every four challenges, it's time to make some changes. Give this to one of the assistant coaches, or if it comes at a critical time in the game, call a timeout, and take the time necessary to make a good decision.

Last note, De'Aaron Fox broke out of a miny slump to lead the team in points on the recent road trip. His 41 points in the win against Chicago was huge, and watching him improve from the free-throw line was encouraging.

Trade talks have died down, so appreciate the team we have, and let's have a tremendous second half!

Light the Beam!
Your thoughts? Reach out to me at vgarrisfan@gmail.com. ★

GRACE BAPTIST CHURCH

Come and Experience God's Amazing Grace

Come grow with us at Grace Baptist Church where the Old Time Gospel Message is still preached and God-Honoring music is still sung. Grace Baptist still stands on the Principles, Doctrines and Separation, found and taught in The Bible.

SERVICE SCHEDULES

Sunday Schools (All Ages)... 9:45 am
 Sunday Worship..... 11:00 am
 Sunday Evening..... 6:00 pm
 Wednesday Evening..... 7:00 pm

6724 Palm Avenue, Fair Oaks, CA 95628
 (Located one block South of Madison; just East of Dewey)
PASTOR CHARLES CARTER

CALL FOR MORE INFORMATION (916) 967-3915 WWW.GBCFAIROAKS.NET

Planning a wedding?

You're Invited...

to the longest Running bridal show in the Sacramento Market

February 25th, noon to 4pm at Elk Lodge #6

6446 Riverside Blvd., Sacramento, CA 95831 (Off Florin Road)

Produced by Bridal Expo. Sponsored by Association for Wedding Professionals International

Drawings for a Honeymoon stays and other prizes to registered brides

Tickets available at <https://Bridal-Expos.com>

Brides find all your needs at the Expo!
 Photographers, Officiants, Honeymoon Experts, Mary Kay, and much more!



Protect and Heal your whole family with Affordable Chiropractic Memberships

All-inclusive monthly memberships from \$35-\$55 per visit. CALL or TEXT us today!



- Affordable memberships - plan for your health
- All inclusive - services and therapies
- Relieves pain from head/back/neck/sciatica
- Improves mobility, maintains flexibility
- Family owned and operated
- 20+ years experience serving the community

AMERICAN RIVER CHIROPRACTIC
 2280 Vehicle Drive, Suite 110 Rancho Cordova, CA 95670
916-776-6362
americanriverchiropractic.com
 CALL or TEXT today!

The Chamber is connection.

The Chamber excels at bringing together leaders & influencers from throughout the community to build the teams that make things happen.

Build strong business relationships at www.CarmichaelChamber.com



Sacramento Kings Celebrate Black History Month, Powered by SMUD

Sacramento Kings News Release

SACRAMENTO, CA (MPG) - On February 1st, the Sacramento Kings announced their 24th Annual Black History Month celebration, powered by SMUD. Throughout the month, the team will continue to use their platform to support the local Black community, amplifying voices, honoring leaders, and providing opportunities for youth while reinforcing the organization's "Pledge to Our Black Community," launched in June 2020.

"It is an honor to recognize the invaluable contributions and impact the Black community has made throughout history and continues to make in our region," said Sacramento Kings Chief Operating Officer Matina Kolokotronis. "We are committed to furthering our investment in Black and diverse youth, providing opportunities for growth while empowering them to prioritize their wellbeing."

On February 7, the Kings will host their annual Black History Month game, powered by SMUD, as the team takes on the Detroit Pistons. During the game, the team and SMUD will present a Community Impact Award to Dr. Gina Warren and Marilyn Woods co-founders of Neighborhood Wellness Foundation for their work to address social, economic, academic, and health inequities to reduce barriers of adversity. As part of the Kings 916 Amplified, a program that leverages the team and NBA's platform to shine a light on diverse local creatives, artists and small businesses in the Sacramento area, the organization will spotlight local artist Megan Gabrielle. Fans will have the opportunity to purchase a unique T-shirt and hoodie created in collaboration with Cross Colours available in the Label K, the Kings Team Store and the team will host Oak Park Brewery as a Kings Pop-Up Kitchen, in Power Market near Section 118. The pop-up will feature two of their homebrewed beers, The Peoples Beer, a tribute to the legacy of Mr. Theodore Mack Sr. and Peoples Brewing Co., the first African American-run brewery in the U.S. and Beer Is Black History Hazy India Pale Ale, a unique collaboration with Draught Season and Hella Coastal, the first Black-owned brewery in Oakland. In addition, local nonprofits including the Sisters of Nia, Inc., 100 Black Women of Sacramento, The Center at Sierra Health Foundation: Community Responsive Wellness Program, and the Greater Sacramento Civil

Urban League will be present to provide fans with resources and ways to support their missions.

On February 13, the organization will host the sixth installment of Team Up for Change, an award-winning social justice initiative created to unite, inspire, and activate NBA and WNBA teams alongside community leaders and youth with a focus on the intersection between sports, race, and the pursuit of more equitable communities. This year's event title will be "Mindful Hustle" and is designed to foster mental health awareness among youth while equipping the young minds with the tools needed to navigate challenges, build resilience, and explore entrepreneurial opportunities. Kings partners SMUD, CalHope and Curtis "50 Cent" Jackson's G-Unity Foundation will support the event with resources and more.

On February 22, the Kings will host their annual HBCU (Historically Black College and University) themed game as the team takes on the San Antonio Spurs. During the game, the organization will announce the Future is Yours Scholarship recipient in partnership with the Trajectory Foundation and Curtis "50 Cent" Jackson's G-Unity Foundation. The awardee will receive \$20,000 over four years to assist in higher education costs. The evening will also bring out Southern University, Sierra College, and the Sacramento National Pan-Hellenic Council students and Miss Spelman College Indi Sinclair Clayton will serve as the HBCU Captain of the Game. Throughout the evening, fans can purchase a hoodie made in collaboration with Actively Black in the Label K, Kings Team Store and enjoy food from Kings Pop Up Kitchen featuring the unique flavors of Black-owned restaurant Gumbo Kings soul food and seafood kitchen located at Section 121 of the arena.

On February 26, as the Kings take on the Miami Heat, youth participants from Team Up for Change: Mindful Hustle will showcase their brands, products, and services at tables throughout the concourse to engage with fans and gain exposure for their ventures. Also, during the game, Kalimah Johnson, Executive Director of SASHA Center, Inc., and CEO of Soul Healing Consulting will perform a live spoken word and the Kings Pop Up Kitchen will showcase SpiderMonkey Dessert Studio and their "Beam-Yays" Classic beignets in Market Kitchen near section 201.

For more information, visit Kings.com. ★



Let's Talk Heart to Heart

Valentine's Day is just around the corner, a day we celebrate love and caring. So why not celebrate your caring heart with some good tips on to keep it strong and healthy. Let's talk about your heart and high blood pressure, also known as hypertension, which affects one in three Americans. Risk factors include physical inactivity, obesity, tobacco use, stress and poor diet. That's the bad news, but **Dr. Susan Smith-Jones** has some good news for us with some natural ways with nature's most effective anti-hypertension foods. **Dr. Jones** is a Behavioral and Transformational Expert who travels throughout the U.S. and internationally working with Fortune 500 companies and individual clients on how to live successfully and create your best body, mind and spirit. She has authored some 33 books including "Choose to Thrive," "The Curative Kitchen and Lifestyle," "Uplifted" and so many more. How about these natural ways to a healthy heart.

Tasty too.

1. CASHEWS AND ALMONDS. Both of these tree nuts are packed with magnesium, an essential mineral that plays a key role in supporting healthy blood pressure. Low magnesium levels are associated with high blood pressure, and ramping up magnesium intake can cause blood pressure measurements to be reduced.

2. BEETROOT. This vegetable provides nitric oxide which dilates and relaxes blood vessels resulting in lower blood pressure. Studies show that beetroot juice can reduce blood pressure by up to 10 mmHg within hours.

3. TURMERIC. Here's a bright yellow cooking spice commonly used in curries and gets its therapeutic powers from a

potent antioxidant and anti-inflammatory compound called curcumin. Taken daily, it can result in blood pressure decreases. Study revealed that 500 mgs of turmeric three times a day caused large drops in blood pressure.

4. KALE. This superstar veggie is rich in magnesium and also potassium... both essential minerals for healthy blood pressure. What's more, it is also rich in vitamin C, which boosts the effect of magnesium and potassium even more. Because kale is rich in this triad of beneficial micronutrients, it has earned its place in the pantheon of natural hypertension fighters.

5. FISH AND FLAX OIL. Fish oil is rich in omega-3 fatty acids which benefit heart health and a natural treatment for high blood pressure.

6. GARLIC. The secret to garlic's blood pressure-lowering ability is its high content of allicin, a Sulphur compound released whenever a garlic clove is chopped, crushed or chewed. It's a boon to heart health and blood pressure.

And how about these tips to increase heart health?

1. Shed extra fat.
2. Find ways to exercise daily.
3. Laughter heals the heart.
4. Rejuvenation in your glass of water.
5. Make fresh fruits and veggies your daily companions.
6. Simplify your life and slow down.
7. Molecular Hydrogen supports heart and cardiovascular health.

Want more details and a ton more great info? Check out her website www.susansmithjones.com and sign up for her FREE Monthly Newsletter. You can get there at her website.

Oh, and
HAPPY VALENTINE'S DAY!

WE SUPPORT FIRST RESPONDERS

Local Classifieds Advertise in your local community newspaper

Call 916-773-1111

Animal/Pet

When veterinary care is unavailable or un-affordable, ask for **Happy Jack® animal healthcare** for cats, dogs, & horses. At Tractor Supply® (www.happyjackinc.com)

Announcement

Prepare for power outages today with a Generac Home Standby Generator. Act now to receive a FREE 7-Year warranty with qualifying purchase. Call 1-844-439-5645 today to schedule a free quote. It's not just a generator. It's a power move.

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 20% off Entire Purchase. 10% Senior & Military Discounts. Call 1-855-424-7581

NEW AUTHORS WANTED! Page Publishing will help you self-publish your own book! FREE author submission kit! Limited offer! Why wait? Call now: 1-855-667-0380

Become a Published Author. We want to Read Your Book! Dorrance Publishing- Truusted by Authors Since 1920 Book manuscript submissions currently being reviewed. Comprehensive Services: Consultation, Production, Promotion and Distribution Call for Your Free Author's Guide 1-877-538-9554 or visit dorranceinfo.com/Call

Autos Wanted

DONATE YOUR CAR TO KIDS. Fast Free Pickup - Running or Not - 24 Hour Response - Maximum Tax Donation - Help Find Missing Kids! Call 1-888-491-1453.

Donating your vehicle? Get more! Free Towing, Tax Deductible. Plus a \$200 restaurant voucher and a 2-night/3-day hotel stay at one of 50 locations. Call Heritage for the Blind to donate your vehicle today. CALL 1-844-491-2884

Advertising Works!

Autos Wanted

GOT AN UNWANTED CAR?? Your car donation to Patriotic Hearts helps veterans find work or start their own business. Fast free pick. Running or not! Call 24/7: 1-877-529-0495.

Tiene un vehiculo no deseado? Donelo a Patriotic Hearts! Recogida rápida y gratuita en los 50 estados. Patriotic Hearts ofrece programas para ayudar a los veteranos a encontrar trabajo o iniciar su propio negocio. Llama ahora: 1-844-244-5441 (24/7)

Get your deduction ahead of the year-end! Donate your car, truck, or SUV to assist the blind and visually impaired. Arrange a swift, no-cost vehicle pickup and secure a generous year-end tax credit. Call Heritage for the Blind Today at 1-844-491-2884 today!

WANTED! Old Porsche 356/911/912 for restoration by hobbyist 1948-1998 Only. Any condition. Top \$ paid! PLEASE LEAVE MESSAGE 1-707-339-5994. Email: Porschere restoration@yahoo.com

Cable Plans

DIRECTV Sports Pack 3 Months on Us! Watch pro and college sports LIVE. Plus over 40 regional and specialty networks included. NFL, College Football, MLB, NBA, NHL, Golf and more. Some restrictions apply. Call DIRECTV 1-888-641-5762

Cellular Plans

Switch and save up to \$250/year on your talk, text and data. No contract and no hidden fees. Unlimited talk and text with flexible data plans. Premium nationwide coverage. 100% U.S. based customer service. For more information, call 1-844-908-0605

Need Help?

Hire a Pro!

Computer Service

Zinsky's PC Configurations

"Don't replace it - REPAIR IT!"

Custom Desktop Computer Configurations
• PC Repair • Home Wireless Networking
• Installations • Virus & Spyware Eradication

Alan Zinsky
Phone: 916-622-2269
Zconfig@sbglobal.net
Bus. Lic. # 305312 • B. E. A. R. Reg. #84416
www.zinskyspcrepair.com

Financial

Over \$10K in Debt? Be debt free in 24 to 48 months. No upfront fees to enroll. A+ BBB rated. Call National Debt Relief 1-888-231-4274.

Fitness/Yoga

Your Fitness Genie

Virtual Sessions

Age Well At Home

Avoid Assisted Living
"Keep Strength and Mobility"

Be Active, Call Today!

Jenn@YourFitnessGenie.com
(916)768-8767

For Sale

AVAILABLE. Buildable Lot. Land Park. Call Tony. 916-248-2766

V-8 (Cadillac Engine) in 1995 Oldsmobile Aurora. 64,000 original miles. Must take whole car. Transmission is no good. \$500 or best offer. Call 530-742-9144 and leave message.

'84 Corvette, 88,000 miles, engine is extremely strong, 4 speed tranny, get's up and goes. Interior needs work. Primered. First \$2,500 drives it away. 530-742-9144 leave message.

GOT LOCAL NEWS?

Call
(916) 773 1111

Hall Rentals

VFW Post 6158

8990 Kruthof Way, Fair Oaks, CA

916-966-1663

vfw6158.org/rent-our-hall/

Call or come by

Health/Wellness

JOIN FOR FREE - NO KITS OR QUOTES & FREE WEBSITE. CTFO (Changing The Future Outcome) Has the best CBD oil available. Products for health, beauty, weight or hair loss and even for your pets. Check out these products: canderson.myctfo.com

Stroke and Cardiovascular disease are leading causes of death, according to the American Heart Association. Screenings can provide peace of mind or early detection! Contact Life Line Screening to schedule your screening. Special offer - 5 screenings for just \$149. Call 1-888-892-5598

Help Wanted

KP International MARKET

Many Positions are Available. Please no phone calls. Apply in person.

10971 Olson Dr. Rancho Cordova, CA 95670

Insurance/Health

SAVE BIG ON HOME INSURANCE! Compare 20 A-rated insurance companies. Get a quote within minutes. Average savings of \$444/year! Call 1-844-410-9609! (M-F 8am-8pm Central)

MPG8.COM

Internet

DIRECTV OVER INTERNET - Get your favorite live TV, sports and local channels. 99% signal reliability! CHOICE Package, \$84.99/mo for 12 months. HBO Max and Premium Channels included for 3 mos (w/CHOICE Package or higher). No annual contract, no hidden fees! Some restrictions apply. Call IVS 1-855-404-2509

FREE high speed internet for those that qualify. Government program for recipients of select programs incl. Medicaid, SNAP, Housing Assistance, WIC, Veterans Pension, Survivor Benefits, Lifeline, Tribal. 15 GB internet service. Bonus offer: Android tablet FREE with one-time \$20 copay. Free shipping & handling. Call Maxsip Telecom today! 1-855-480-0769

Home Remodel

Jacuzzi Bath Remodel can install a new, custom bath or shower in as little as one day. For a limited time, we're waiving all installation costs! (Additional terms apply. Subject to change and vary by dealer. Offer ends 3/31/24) Call 1-833-985-4766

Landscaping

YARD SERVICE ONE-TIME CLEANUP

Mow, Weed, Prune & Haul

NEED: Landscaping bark? Gutters cleaned? Light fence work? CALL 916/205-9310 or 916/627-9000!

Yard Work, Clean-ups, Weeds pulled-out, Bermuda-grass removal, Blackberry's removal, Planting, Roller-Tilling, Aeration with Seeding. call Pavel for free estimate (916) 470-2084

Lost Item

Ahmed Ismael Watke lost Iraqi passport. If found please call 682-774-6322



RETIRED COUPLE HAS \$1MIL TO LEND ON CA. REAL ESTATE*

V.I.P. TRUST DEED COMPANY

Buys T.D.s and Buys/Lends on Partial Interests

OVER 40 YEARS OF FAST FUNDING

Principal **(818) 248-0000** Broker

WWW.VIPLoan.COM *Sufficient equity required - no consumer loans

Real Estate License #01041073 CA Department of Real Estate, NMLS #339217

Private Party loans generally have higher interest rates, points & fees than conventional discount loans

CREATE YOUR PARADISE

Winter Yard Cleanups, Complete Landscape Design/Installation, Sprinkler System Installs/Repairs, All Types Concrete Work, Fence Installation, Retaining Walls- All Types, Drainage Systems-all types, Landscape Lighting, Residential/commercial American Landscape Design & Installation, Est 1987 American Construction & Property Maintenance Company

WE ACCEPT VISA & MASTER CARD

(916)612-0776

Lic#690968

Miscellaneous

DID YOU KNOW Newspaper-generated content is so valuable it's taken and repeated, condensed, broadcast, tweeted, discussed, posted, copied, edited, and emailed countless times throughout the day by others? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecilia@cnpa.com

The difference in winning and losing market share is how businesses use their advertising dollars. CNPA's Advertising Services' power to connect to nearly 13 million of the state's readers who are an engaged audience, makes our services an indispensable marketing solution. For more info call Cecilia @ (916) 288-6011 or cecilia@cnpa.com

Music Lessons

Guitar Lessons

Beginner to Advanced . \$20/ half-hour; \$30 full hour. 916-507-6658, freddiebalbert@gmail.com

Real Estate

RETIRED COUPLE \$\$\$\$ for business purpose Real Estate loans. Credit unimportant. V.I.P. Trust Deed Company www.viplloan.com Call 1-818-248-0000. Broker-principal DRE 01041073. No consumer loans.

Roofing

BERNARDINO ROOFING

Reroofs, Repairs, Maintenance, Dryrot, Gutters, Family Operated. BBB MEMBER!

FREE ESTIMATES
SENIOR DISCOUNTS
Lic.#817945 43 Years Experience
916.920.0100
www.bernardinoroofing.com

Tree Service

BP TREE SERVICES LLC.

TREE & STUMP REMOVAL TREE TRIMMING/ SHAPING

FREE ESTIMATE

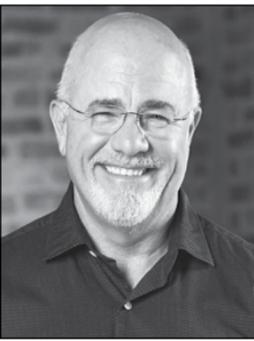
10% OFF WITH THIS AD

Insured. Workman's comp. Arborist

916-722-6321

BPTreeServices.com
VISA / MASTER CARD
California Contractors Lic #1036031





Dave Ramsey Says

you're living right now will have either a positive or negative effect on your future. I decided I wanted the greater, long-term good, so I gave up on the short-term stuff.

Debit cards are great tools. You can't spend money you don't have with them like you can with a credit card. But you've still got to budget very carefully for each month, and give a name and a job to every single penny of your income. Otherwise, you can still overspend.

– Dave

Put The Money In Your Own Pocket

Dear Dave,

Are home warranties a waste of money if you already have a fully-funded emergency fund containing six months, or even more, of expenses set aside?

– Jodie

Dear Jodie,

I don't do extended warranties, because they're not a good deal. In my mind, you're better off to self-insure against damage or things breaking down. That way, you can put what would have been profit and marketing

dollars for the extended warranty company in your own pocket. I mean, think about it. If you buy something, but can't afford to fix it if something goes wrong, it's not really a smart move to buy it in the first place, is it?

I always recommend an emergency fund of three to six months of expenses to cover the unexpected things that life will throw at you. In most cases, this amount of cash—sitting in a good money market account with check writing privileges—will allow you easy access in the event of unexpected expenses or a financial emergency.

– Dave

Dave Ramsey is an eight-time national best-selling author, personal finance expert and host of The Ramsey Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions. ★

How Will California Overcome High Living Costs, High Poverty And High Debt?



By Dan Walters, CALMatters.org

As most Californians know from personal experience, their state has an especially high cost of living, particularly for housing.

Forbes magazine rates California as having the nation's third-highest living costs behind Hawaii and Massachusetts, with \$53,171 a year in average household spending for housing, health care, taxes, food and transportation.

California also has the nation's fourth-highest level of income disparity, which explains why it also has the nation's highest level of poverty in the Census Bureau's supplemental calculation, which factors in the cost of living.

The Public Policy Institute of California, using a similar methodology, found that nearly a third of Californians are living in poverty or near-poverty. PPIC also says that without state and federal safety net programs, many of which were enacted in recent years by Gov. Gavin Newsom and a Democratic Legislature, the state's poverty rate would climb by more than eight percentage

points.

These data are the grist for perpetual debate in California's political, media and academic circles over causes, effects and remedies, and the conversations will be heating up this year. The state faces multibillion-dollar budget deficits well into the future due to what appears to be a semi-permanent plateau in revenues that cannot cope with sharp increases in spending during Newsom's governorship.

Advocates for the poor and their legislative allies are pushing Newsom and legislators to protect the safety net programs from cuts as they confront the deficit, but they will be competing with other spending categories that enjoy heavyweight political support, such as K-12 and higher education and prisons.

There's another aspect to California's high living costs and high poverty rates – high levels of debt that have gotten scant media and political attention.

Americans have amassed \$17.3 trillion in home mortgages, auto loans, student loans, credit cards and other forms of personal debt, according to the Federal Reserve Bank of New York. Californians owe at least \$2.5 trillion of that and perhaps as much as \$3 trillion, thanks largely to its high housing costs and the large mortgages needed to handle those costs.

In fact, according to a newly released study by CreditDonkey, a personal finance website,

Californians are carrying the most debt of any state, driven by an average mortgage of \$422,909 for homeowner families.

Californians debts for student loans, auto loans and credit card balances are also fairly high, although not terribly so vis-à-vis other states. It's mortgage debt, at least \$2 trillion, that truly sets California apart from other states, although a third of the state's homeowners don't have mortgages.

That said, Californians seem to be handling their high debts fairly well. The state's personal bankruptcy rate is well below the national average and a fraction of those in states, mostly in the South, with sky-high rates. However, the PPIC, using census data, found that a million of California's 9 million renters are behind on their rent.

California's unique combination of high living costs, high poverty and high debt makes the state something of a personal finance experiment. The test will be how people fare during the next recession.

During the Great Recession, California had one of the nation's highest levels of mortgage defaults and repossessions, and it took years for the housing industry to climb out of the cellar.

Dan Walters has been a journalist for more than 60 years, spending all but a few of those years working for California newspapers. ★

FOLLOW US for Local News and much more!

Messenger Publishing Group

Facebook: @MPG8dotcom

CALL A PRO BUSINESS DIRECTORY

SLS Superior Landscape Services
Landscaping and Maintenance

- Sprinkler Repair/Install • Pruning
- Mowing/Trimming • Fertilizing

Insured Lic#794551
(916) 728-5812 • Cell (916) 761-0999
Dave Cochran Owner • dave_SLS@surewest.net

A-1 AFFORDABLE ROOFING SERVICES, INC

- New Roofs • Certifications • Roof Repairs
- Dry Rot Repairs • Roof Inspections • Gutters

John Fleenor, Contractor
1741 L Street, Rio Linda, CA 95673
Cell: (916) 206-1613
Contractor Lic. #1064966

GREENWAY TREE SERVICE

Specializing in Expert Tree Pruning, Tree Removal & Stump Grinding

Free Estimates
Competitive Prices
Licensed and Insured
(916) 224-9750

FOLLOW US for Local News and much more!

Messenger Publishing Group

Facebook: @MPG8dotcom

Patch Masters Drywall
Acoustic Removal & Drywall Textures

- Acoustic (popcorn) ceiling removal
- Water damage & drywall repair
- Sheetrock installation
- Machine applied textures
- Hand applied texture
- Retexturing & Painting
- BBB Accredited

Mike Church
Owner
CA Lic# 1004984
Bonded & Insured

(916) 847-7783
PatchMastersDrywall@yahoo.com
www.DrywallPatchMasters.com

Rio Linda Eye Care

Laser Surgery • Eye Glasses • Contact Lenses
• Eyewear for Computer Users

Dr. William Fleischmann
(916) 991-8444
Saturday Appointments Available
6716 RIO LINDA BLVD., SUITE B, RIO LINDA

All American Pro Construction
Family-owned & operated.
We offer Veterans & Senior Discounts
Great Craftsmanship & Customer Service
Specializing in Kitchen & Bath Remodels, plus Much More
BIG or SMALL, We Do It All. Give Us a Call.
916-504-0188
CSLB# 1089369, Licensed, Bonded & Insured

Just Send It Postal

justsendit11@yahoo.com
Phone: (916) 723-8855 • Fax: (916) 723-0208
Mon.-Fri. 10 - 5 Sat. & Sun. CLOSED
7250 Auburn Blvd. #C Citrus Heights, CA 95610
www.justsenditpostal.com

NOTARY * PRINTING * SHREDDING

RETIRED COUPLE HAS \$1MIL TO LEND ON CA. REAL ESTATE*

V.I.P. TRUST DEED COMPANY
Buys T.D.s and Buys/Lends on Partial Interests

OVER 40 YEARS OF FAST FUNDING
Principal **(818) 248-0000** Broker
WWW.VIPLoan.COM *Sufficient equity required - no consumer loans
Real Estate License #01041073 CA Department of Real Estate, NMLS #339217
Private Party loans generally have higher interest rates, points & fees than conventional discount loans

DRAINS ONLY THE DRAIN & SEWER CLEANING CO.

Charles Mitchell
916-868-5771
CMJR6348@GMAIL.COM
4 Picket Ct. Sacramento, CA 95823
SPB12018-00953

BOOKER renovations
COMMERCIAL & RESIDENTIAL SERVICES | FREE ESTIMATES

We Specialize in Kitchens and Bathrooms
We can make your dream kitchen

916.459.8864 Info@booker-renovations.com
Bonded and Insured | Lic #1077630

TRACTOR SERVICE

- Mowing • Rototilling
- Discing • Scraper/Loader

Call
(916) 991-8431

LEGAL ADVERTISING Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 - February 7, 1984 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 - September 18, 1969 Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 - March 12, 2020 The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 - March 21, 1988

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09330 Manuel Sanchez, 7432 17th Avenue, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "The Woodpecker's Tree Care" 7432 17th Avenue, Sacramento, CA 95820. Filed with the Clerk of Sacramento County December 20, 2023 Publish: Jan 19, 26, Feb 2, 9, 2024 WOODPECKERS 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09468 Natalya Karashchuk, 7929 Tetotom Park Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County December 28, 2023 Publish: Jan 19, 26, Feb 2, 9, 2024 NATALYAS 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00315 Gay Carroll-Haring, 2726 Land Park Drive, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Bliss Road Studios" 2726 Land Park Drive, Sacramento, CA 95818. Filed with the Clerk of Sacramento County January 10, 2024 Publish: Jan 19, 26, Feb 2, 9, 2024 BLISS 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09154 Chromatic, LLC, 2014 Capitol Avenue, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Chromatic Wellness Center" 2014 Capitol Avenue, Sacramento, CA 95811. Filed with the Clerk of Sacramento County December 14, 2023 Publish: Jan 19, 26, Feb 2, 9, 2024 CHROMATIC 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00313 Joshua Lee Downey and Jackson Lewis Ray, 2400 Sierra Boulevard Apt 76, Sacramento, CA 95825 are doing business under the Fictitious Business Name(s) "Tanpopo" 2400 Sierra Boulevard Apt 76, Sacramento, CA 95825. Filed with the Clerk of Sacramento County January 10, 2024 Publish: Jan 19, 26, Feb 2, 9, 2024 TANPOPO 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09313 Safety Realized LLC, 5635 Kenneth Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Summit Safety/Tahoe Sleds" 5635 Kenneth Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 20, 2023 Publish: Jan 19, 26, Feb 2, 9, 2024 SUMMIT 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09097 Nick P Gavrilenko, 8308 Carriage Oaks Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "GreenWave Floor Care" 8308 Carriage Oaks Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County December 13, 2023 Publish: Jan 19, 26, Feb 2, 9, 2024 GREENWAVE 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00205 James Cyparski, 7762 South Cliff Drive, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "JC Construction" 7762 South Cliff Drive, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 8, 2024 Publish: Jan 19, 26, Feb 2, 9, 2024 JC 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00102 O'Shay Gonzalez, 6020 Wilkinson Street, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Shaywitdakay Collectible Hub" 6020 Wilkinson Street, Sacramento, CA 95824. Filed with the Clerk of Sacramento County January 3, 2024 Publish: Jan 19, 26, Feb 2, 9, 2024 SHAYWITDAKAY 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09179 Ricardo Lara Saldana, 7850 Riverhurst Court, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Elite Cleaning" 7850 Riverhurst Court, Sacramento, CA 95828. Filed with the Clerk of Sacramento County December 15, 2023 Publish: Jan 19, 26, Feb 2, 9, 2024 ELITE 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08871 Arias Brothers Inc., 1880 Prairie City Road #110, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Hermanos Jalisco Grill" 1880 Prairie City Road #110, Folsom, CA 95630. Filed with the Clerk of Sacramento County December 4, 2023 Publish: Jan 19, 26, Feb 2, 9, 2024 HERMANOS 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09446 Narinder Kumar, 180 S Lexington Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Trinetra Indian Grocery" 310 S Lexington Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County December 27, 2023 Publish: Jan 19, 26, Feb 2, 9, 2024 TRINETRA 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00153 Yevgeniy Voyku, 4020 Stephen Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "YV Mobile Mechanic" 4020 Stephen Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County January 4, 2024 Publish: Jan 19, 26, Feb 2, 9, 2024 YV 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00175 Mia Nguyen, 621 P Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Ace's Pace" 621 P Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County January 5, 2024 Publish: Jan 19, 26, Feb 2, 9, 2024 ACES 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00002 Emily Vallejo, 8026 Briar Ridge Lane, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "M Plus E Additions" 8026 Briar Ridge Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County January 2, 2024 Publish: Jan 19, 26, Feb 2, 9, 2024 ADDITIONS 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08903 Daniel Sergey Molitvenik, 5532 Missie Way, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Clear Skies" 5532 Missie Way, Sacramento, CA 95841. Filed with the Clerk of Sacramento County December 4, 2023 Publish: Jan 19, 26, Feb 2, 9, 2024 CLEAR 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00253 Curt Davis, 1599 English Colony Way, Penryn, CA 95663 is doing business under the Fictitious Business Name(s) "Insight Flooring Inspections & Moisture Tests" 1599 English Colony Way, Penryn, CA 95663. Filed with the Clerk of Sacramento County January 9, 2024 Publish: Jan 19, 26, Feb 2, 9, 2024 INSIGHT 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08948 R.L. Niello Co. Inc., 2701 Arden Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Niello Volkswagen/Niello Collision Service" 2701 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 6, 2023 Publish: Jan 19, 26, Feb 2, 9, 2024 NIELLO 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00295 Full Circle Dealer Services, Inc., 1481 River Park Drive, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "AutoFiPro" 1481 River Park Drive, Sacramento, CA 95815. Filed with the Clerk of Sacramento County January 9, 2024 Publish: Jan 19, 26, Feb 2, 9, 2024 AUTOFIPRO 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00286 Cecily Sorenson, 4519 Baron Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "CS Accounting and Notary Services" 4519 Baron Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 9, 2024 Publish: Jan 19, 26, Feb 2, 9, 2024 CS 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08447 Vence Lewis, 636 Tailwind Drive, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Space 9 Collective" 636 Tailwind Drive, Sacramento, CA 95838. Filed with the Clerk of Sacramento County November 9, 2023 Publish: Jan 19, 26, Feb 2, 9, 2024 SPACE 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00178 Gregorio E. Monterroso, 8544 Imran Woods Circle, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "KC Builds" 8544 Imran Woods Circle, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County January 5, 2024 Publish: Jan 19, 26, Feb 2, 9, 2024 KC 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00357 Ardalan Bayat, 2400 Sierra Boulevard Apt 19, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Healing Hands of River City" 2400 Sierra Boulevard Apt 19, Sacramento, CA 95825. Filed with the Clerk of Sacramento County January 11, 2024 Publish: Jan 19, 26, Feb 2, 9, 2024 HEALING 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-08353 Grif Group LLC, 535 Anton Boulevard Unit 850A, Costa Mesa, CA 92626 is doing business under the Fictitious Business Name(s) "Credit 1 Finance Group" 535 Anton Boulevard Unit 850A, Costa Mesa, CA 92626. Filed with the Clerk of Sacramento County November 7, 2023 Publish: Jan 19, 26, Feb 2, 9, 2024 CREDIT 2-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00378 Scott French, 4210 53rd Street, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s)

"Junk-B-Gone & Hauling" 4210 53rd Street, Sacramento, CA 95820. Filed with the Clerk of Sacramento County January 11, 2024 Publish: Jan 26, Feb 2, 9, 16, 2024 JUNK 2-16-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00107 Desenia Berenice Felix Gomez, 5816 Canary Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "DB-Beauty Salon" 5816 Canary Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County January 3, 2024 Publish: Jan 26, Feb 2, 9, 16, 2024 BEAUTY 2-16-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00240 ePaiges Design Group, LLC, 10968 Woodring Drive, Mather, CA 95655 is doing business under the Fictitious Business Name(s) "ePaiges Design Group, LLC/ePaiges" 10968 Woodring Drive, Mather, CA 95655. Filed with the Clerk of Sacramento County January 9, 2024 Publish: Jan 26, Feb 2, 9, 16, 2024 EPAIGES 2-16-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09153 N and T Innovation Inc, 6511 Savings Place 130, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "PURE H2O HUB" 6511 Savings Place 130, Sacramento, CA 95828. Filed with the Clerk of Sacramento County December 14, 2023 Publish: Jan 26, Feb 2, 9, 16, 2024 PURE 2-16-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00182 Mark Fleig, 5545 Fair Oaks Boulevard, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "F and F Properties" 5545 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 5, 2024 Publish: Jan 26, Feb 2, 9, 16, 2024 FANDF 2-16-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00465 Wiltown Riders, Inc, 2230 S. Harrison Street, Stockton, CA 95206 is doing business under the Fictitious Business Name(s) "Wiltown Riders" 11887 Arno Road, Wilton, CA 95693. Filed with the Clerk of Sacramento County January 18, 2024 Publish: Jan 26, Feb 2, 9, 16, 2024 WILTOWN 2-16-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00222 Alicia Jimenez, 22 Temple, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "La Oxaquena Plus" 9663 Folsom Boulevard, Sacramento, CA 95827. Filed with the Clerk of Sacramento County January 8, 2024 Publish: Jan 26, Feb 2, 9, 16, 2024 LA 2-16-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09384 MZ Flooring LLC, 7316 Thalia Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Modern Flooring" 7316 Thalia Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County December 21, 2023 Publish: Jan 26, Feb 2, 9, 16, 2024 MODERN 2-16-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00478 Oleksandr Naydonov, 6092 Garfield Avenue, CA 95841 is doing business under the Fictitious Business Name(s) "Royal Pool Service" 6092 Garfield Avenue, CA 95841. Filed with the Clerk of Sacramento County January 18, 2024 Publish: Jan 26, Feb 2, 9, 16, 2024 ROYAL 2-16-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00438 Empire Oaks LLC, 3924 Stedway Court, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Score Revive Academy" 3924 Stedway Court, Sacramento, CA 95827. Filed with the Clerk of Sacramento County January 16, 2024 Publish: Jan 26, Feb 2, 9, 16, 2024 SCORE 2-16-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00313 Joshua Lee Downey and Jackson Lewis Ray, 2400 Sierra Boulevard Apt 76, Sacramento, CA 95825 and Garrett Lewis Ray, 624 Grider Drive, Roseville, CA 95678 are doing business under the Fictitious Business Name(s) "Tanpopo" 2400 Sierra Boulevard Apt 76, Sacramento, CA 9582. Filed with the Clerk of Sacramento County January 10, 2024 Publish: Jan 26, Feb 2, 9, 16, 2024 TANPOPO 2-16-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00625 Wali Hassany, 1808 Richmond Street, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Dreamland Aahoo Immigration Consultant/Next Chapter Aahoo Legal Document Prep" 2740 Fulton Avenue 101-16, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 24, 2024 Publish: February 2, 9, 16, 23, 2024 DREAMLAND 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00674 New Way Mortgage, Inc., 1111 Howe Avenue #510, Sacramento, CA 95825 is doing business under the Fictitious

Business Name(s) "Sal You Loans/Sal You Loans Team" 1111 Howe Avenue #510, Sacramento, CA 95825. Filed with the Clerk of Sacramento County January 25, 2024 Publish: February 2, 9, 16, 23, 2024 SAL 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00494 Altaf Hussain, 717 Turnstone Drive, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Rehmat Traders/Pak Diamond Traders" 717 Turnstone Drive, Sacramento, CA 95834. Filed with the Clerk of Sacramento County January 19, 2024 Publish: February 2, 9, 16, 23, 2024 REHMAT 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00487 P&W Kar Sales Inc, 2140 Marconi Avenue Suite 300, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Sac Autosport" 2140 Marconi Avenue Suite 300, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 19, 2024 Publish: February 2, 9, 16, 23, 2024 SAC 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00527 A.A.Auto Sales LLC, 3335 Gould Way, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "A Class Auto" 3335 Gould Way, Sacramento, CA 95827. Filed with the Clerk of Sacramento County January 22, 2024 Publish: February 2, 9, 16, 23, 2024 CLASS 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00671 East Horizon Stores LLC, 9113 Skippereen Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Kitchen Skyline" 9113 Skippereen Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County January 25, 2024 Publish: February 2, 9, 16, 23, 2024 KITCHEN 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09442 Jessica Ocenosak, 11010 Orleans River Court, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Critical Security Forums/Party Creations by JO" 11010 Orleans River Court, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County December 26, 2023 Publish: February 2, 9, 16, 23, 2024 CRITICAL 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00574 999 Thai Inc, 3609 Don Julio Boulevard, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Yummy Thai Sushi" 1501 N C Street, Sacramento, CA 95811. Filed with the Clerk of Sacramento County January 23, 2024 Publish: February 2, 9, 16, 23, 2024 YUMMY 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00618 Alberto Vazquez, 7874 Claypool Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Mango Media" 7874 Claypool Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County January 24, 2024 Publish: February 2, 9, 16, 23, 2024 MANGO 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00538 Alberto Vazquez, 7874 Claypool Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Alamo Stairs" 7874 Claypool Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County January 22, 2024 Publish: February 2, 9, 16, 23, 2024 ALAMO 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00481 Steven R Hill, 6929 Fair Oaks Boulevard #712, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Get Vin Verification" 1401 21st Street #7715, Sacramento, CA 95811. Filed with the Clerk of Sacramento County January 18, 2024 Publish: February 2, 9, 16, 23, 2024 GET 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00454 ACE Auto Works LLC, 8030 14th Avenue, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "ACE Auto Works" 8030 14th Avenue, Sacramento, CA 95826. Filed with the Clerk of Sacramento County January 17, 2024 Publish: February 2, 9, 16, 23, 2024 ACE 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09340 BHC Murase Group, 3667 Recycle Road #8, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Super Muscle Parts" 3667 Recycle Road #8, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County December 20, 2023 Publish: February 2, 9, 16, 23, 2024 SUPER 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-00737 Tiffani Harter, 9002 Oak Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Jump the

Groove Consulting/Jump the Groove Consulting & Coaching" 9002 Oak Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County February 1, 2023 Publish: February 2, 9, 16, 23, 2024 JUMP 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00444 Daniel Joseph Palermo, 1175 Reston Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Sterling Mortgage Services/Sterling Mortgage Home Loans/Palemno Real Estate Services/Roy's Umbrella/Sterling Mortgage Solutions" 1175 Reston Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County January 17, 2024 Publish: February 2, 9, 16, 23, 2024 STERLING 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00354 Yegor Lyashenko, 7820 Daffodil Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Lyko Build" 7820 Daffodil Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County January 11, 2024 Publish: February 2, 9, 16, 23, 2024 LYKO 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00620 Rooney's Plumbing Co, 2114 59th Street, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "The Plumber" 2114 59th Street, Sacramento, CA 95817. Filed with the Clerk of Sacramento County January 24, 2024 Publish: February 2, 9, 16, 23, 2024 PLUMBER 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00193 Zumwalt & Associates Inc, 3301 Sunrise Boulevard Suite J, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Zumwalt & Associates Erosion Control" 3301 Sunrise Boulevard Suite J, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County January 5, 2024 Publish: February 2, 9, 16, 23, 2024 ZUMWALT 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00656 Fernando Soria, 705 Claire Avenue, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Soria Painting Sacramento CA" 705 Claire Avenue, Sacramento, CA 95838. Filed with the Clerk of Sacramento County January 25, 2024 Publish: February 2, 9, 16, 23, 2024 SORIA 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00244 The Sushi Sac Inc., 1200 K Street Suite 7, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Sushi Paradaisu/Sushi Paradise" 1200 K Street Suite 7, Sacramento, CA 95814. Filed with the Clerk of Sacramento County January 9, 2024 Publish: February 2, 9, 16, 23, 2024 SUSHI 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00616 Jesus Rios Courier LLC, 6722 Fair Oaks Boulevard #204, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Jesus Rios Private Investigations" 6722 Fair Oaks Boulevard #204, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 24, 2024 Publish: February 2, 9, 16, 23, 2024 JESUS 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00472 Out Loud Bags LLC, 1718 J Street, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Midtown Loud" 1718 J Street, Sacramento, CA 95811. Filed with the Clerk of Sacramento County January 18, 2024 Publish: February 2, 9, 16, 23, 2024 MIDTOWN 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00578 Keri Esquibel, 1463 Barona Street, West Sacramento, CA 95691 is doing business under the Fictitious Business Name(s) "Strand & Co Hair Lounge" 2220 J Street Suite 5, Sacramento, CA 95816. Filed with the Clerk of Sacramento County January 23, 2024 Publish: February 2, 9, 16, 23, 2024 STRAND 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00708 Shengli Gong 9369 Tavemor Road, Wilton, CA 95693 is doing business under the Fictitious Business Name(s) "GL Foot Spa" 805 Wales Drive #1, Folsom, CA 95630. Filed with the Clerk of Sacramento County January 26, 2024 Publish: February 2, 9, 16, 23, 2024 GL 2-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00757 Dexter Distribution Group LLC, 2300 Cabot Drive Suite 150, Lisle, IL 60532 is doing business under the Fictitious Business Name(s) "Wholesale Trailer Supply" 1470 Vinci Avenue, Sacramento, CA 95838. Filed with the Clerk of Sacramento County January 29, 2024 Publish: Feb 9, 16, 23, March 1, 2024 WHOLESALE 3-1-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00824 Gaskin-McPherson LLC, 657 Tarryton Isle, Alameda, CA 94501 is doing business under the Fictitious Business Name(s)

"Regalia Crest Apartments, 3536 Watt Avenue" 3536 Watt Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 31, 2024 Publish: Feb 9, 16, 23, March 1, 2024 REGALIA 3-1-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00310 Kellie Velasquez and Carlos Velasquez, 7612 Zephyr Hills Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Palette Cakes" 7901 Fair Oaks Boulevard Suite C, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 10, 2024 Publish: Feb 9, 16, 23, March 1, 2024 PALETTE 3-1-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00403 Pamela Willowver, 1125 Los Robles Boulevard #A, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Real Brand Marketing" 1125 Los Robles Boulevard #A, Sacramento, CA 95838. Filed with the Clerk of Sacramento County January 12, 2024 Publish: Feb 9, 16, 23, March 1, 2024 REAL 3-1-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09518 Café Diem LLC, 2359 Jay King Walk, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Ca Phe Diem" 2359 Jay King Walk, Sacramento, CA 95818. Filed with the Clerk of Sacramento County December 29, 2023 Publish: Feb 9, 16, 23, March 1, 2024 CAFE 3-1-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00506 Tycoon Management Group LLC, 901 H Street Suite 120, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "The Organic Loose Leaf" 901 H Street Suite 120, Sacramento, CA 95814. Filed with the Clerk of Sacramento County January 19, 2024 Publish: Feb 9, 16, 23, March 1, 2024 ORGANIC 3-1-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-09475 Harjinder Kaur, 1501 E. Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Capital Grocery" 1501 E. Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County December 28, 2023 Publish: Feb 9, 16, 23, March 1, 2024 CAPITAL 3-1-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00754 Big Bay/B Records LLC, 4500 Tynebourne Street Apt #303, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Big Bay/B Records LLC/Big Bay/B" 4500 Tynebourne Street Apt #303, Sacramento, CA 95834. Filed with the Clerk of Sacramento County January 29, 2024 Publish: Feb 9, 16, 23, March 1, 2024 BIG 3-1-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00053 Sandie Moreno, 5915 Spring Glen Drive, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Caring Mobile Phlebotomy" 5915 Spring Glen Drive, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 2, 2024 Publish: Feb 9, 16, 23, March 1, 2024 CARING 3-1-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00262 WD Investment Company LLC, 9494 Vallejo Drive, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "B & L Properties/5th Street Apartments" 9494 Vallejo Drive, Orangevale, CA 95662. Filed with the Clerk of Sacramento County January 9, 2024 Publish: Feb 9, 16, 23, March 1, 2024 B&L 3-1-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00848 Bloo Investments Inc, 4541 Woodhawk Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Melas Auto Sales" 4541 Woodhawk Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County February 1, 2024 Publish: Feb 9, 16, 23, March 1, 2024 BLOO 3-1-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-00033 Ex-Cell Auto Group, LLC, 6385 Auburn Boulevard Suite B-7, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Ex-Cell Auto Group, LLC" 6385 Auburn Boulevard Suite B-7, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County January 2, 2024 Publish: Feb 9, 16, 23, March 1, 20

Legal Advertising Hotline
916-483-2299
Legal Advertising Fax
916-773-2999

LEGAL ADVERTISING

*Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988*

Legal Advertising
7144 Fair Oaks Blvd #5
Carmichael, CA 95608

**ORDER TO SHOW CAUSE
CHANGE OF NAME**

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV000138

Gul Rahman Ghezali has filed a petition with this court for a decree changing the name(s) of Gul Ghezali to Gul Rahman Ghezali and Samay Ghezali to Sami Ghezali.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 26, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: January 8, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: Jan 19, 26, Feb 2, 9, 2024
GHEZALI 2-9-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV000099

Valerie Youa Oanh Cha has filed a petition with this court for a decree changing the name(s) of Valerie Youa Oanh Cha to Valerie Oanh Youa Nguyen.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 18, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: January 5, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Jan 19, 26, Feb 2, 9, 2024
NGUYEN 2-9-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV000236

Alfredo Nasseridin Freedman has filed a petition with this court for a decree changing the name(s) of Alfredo Nasseridin Freedman to Avi Freedman.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 27, 2024 at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: January 10, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: Jan 26, Feb 2, 9, 16, 2024
FREEDMAN 2-16-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV000761

Edward Everett Cooper III has filed a petition with this court for a decree changing the name(s) of Edward Everett Cooper III to Edward James Hard.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 2, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: January 19, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Jan 26, Feb 2, 9, 16, 2024
COOPER 2-16-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV001107

Sopouen Colaci has filed a petition with this court for a decree changing the name(s) of Sopouen Colaci to Sindy Colaci.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 30, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: January 24, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: February 2, 9, 16, 23, 2024
COLACI 2-23-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV000981

Henry Clay Daniels, III has filed a petition with this court for a decree changing the name(s) of Henry Clay Daniels, III to Henry Clay Mitchell.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 7, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: January 23, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: February 2, 9, 16, 23, 2024
DANIELS 2-23-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV000866

Vanessa Olson has filed a petition with this court for a decree changing the name(s) of Ava

Lorelei Olson to Ava Lorelei Fisher and Brody Lawrence Olson to Brody Lawrence Fisher.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 8, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: January 19, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: February 2, 9, 16, 23, 2024
OLSON 2-23-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV001401

Anton, Valeryevich Kagunkin has filed a petition with this court for a decree changing the name(s) of Anton, Valeryevich Kagunkin to Anton, Russ Magdalin.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 1, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: January 26, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: Feb 9, 16, 23, March 1, 2024
ANTON 3-1-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV001398

Suzannah May Amble aka Suzannah May Berrigan has filed a petition with this court for a decree changing the name(s) of Suzannah May Amble aka Suzannah May Berrigan to Suzannah May Sweeney.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 15, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: January 26, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Feb 9, 16, 23, March 1, 2024
SUZANNAH 3-1-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV001277

Thao Thi Thu Rodriguez has filed a petition with this court for a decree changing the name(s) of Thao Thi Thu Rodriguez to Thao Thi Thu Nguyen.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 15, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: January 24, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Feb 9, 16, 23, March 1, 2024
THAO 3-1-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV001528

Guy Preston Kimbrell has filed a petition with this court for a decree changing the name(s) of Guy Preston Kimbrell to Guy Preston Sperry.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 16, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: January 30, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Feb 9, 16, 23, March 1, 2024
GUY 3-1-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV001204

Draid Samir Albert and Shaylene Cornelison has filed a petition with this court for a decree changing the name(s) of Draid Samir Albert to Draid Samir Batta and Samiya Anne Albert to Samiya Ann Batta.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 9, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: January 24, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Feb 9, 16, 23, March 1, 2024
ALBERT 3-1-24

**NOTICE OF PETITION
TO ADMINISTER ESTATE**

NOTICE OF PETITION TO ADMINISTER ESTATE OF BRUCE DAVID KENNEDY CASE NO. 24PR000121

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Bruce David Kennedy.

A Petition for Probate has been filed by Shann Kennedy, in the Superior Court of California,

County of Sacramento, requesting Shann Kennedy be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows February 15, 2024, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Attorney for Petitioner is: Robert J. Busch JR, 2228 Longport Court Suite 110, Elk Grove, CA 95758; 916-859-0370
Publish: Jan 26, Feb 2, 9, 2024
KENNEDY 2-9-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF HERMA WILMA HOLMES CASE NO. 24PR000123

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Herma Wilma Holmes.

A Petition for Probate has been filed by Lisimba Shakir, in the Superior Court of California, County of Sacramento, requesting Lisimba Shakir be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Attorney for Petitioner is: Brandon L. Meyer, Esq., MeyerPink Law, A Professional Corporation, 945 Morning Star Drive, Sonoma, CA 95370; 209-694-3085
Publish: Jan 26, Feb 2, 9, 2024
ELSWICK 2-9-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF CAROL J. COGLIANDRO CASE NO. 24PR000142

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Carol J. Cogliandro, Carol Jean Cogliandro and Carol Cogliandro.

A Petition for Probate has been filed by Kevin Cogliandro, in the Superior Court of California, County of Sacramento, requesting Kevin Cogliandro be appointed as personal representative(s) to administer the estate of the

decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Attorney for Petitioner is: David R. Morris, Esq., 5137 Golden Foothill Parkway Suite 110, El Dorado Hills, CA 95762; 916-789-9810
Publish: Jan 26, Feb 2, 9, 2024
HOLMES 2-9-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF PATRICIA JEAN ELSWICK CASE NO. 24PR000141

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Patricia Jean Elswick, Patricia J. Elswick.

A Petition for Probate has been filed by Connie West, in the Superior Court of California, County of Sacramento, requesting Connie West be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Attorney for Petitioner is: Robert W. Crabtree, 1501 F Street, Modesto, CA 95354; 209-522-5231
Publish: February 2, 9, 16, 2024
COGLIANDRO 2-16-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARLENE ELSIE WISHMAN CASE NO. 24PR000211

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Marlene Elsie Wishman.

A Petition for Probate has been filed by Michelle Bumb, in the Superior Court of California, County of Sacramento, requesting Michelle Bumb be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Attorney for Petitioner is: Robert W. Crabtree, 1501 F Street, Modesto, CA 95354; 209-522-5231
Publish: February 2, 9, 16, 2024
COGLIANDRO 2-16-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARLENE ELSIE WISHMAN CASE NO. 24PR000211

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Marlene Elsie Wishman.

A Petition for Probate has been filed by Michelle Bumb, in the Superior Court of California, County of Sacramento, requesting Michelle Bumb be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Petitioner is: Eric J Koontz, 607 Ramsey Place, El Dorado Hills, CA 95762; 650-224-2930
Publish: February 2, 9, 16, 2024
BAKER 2-16-23

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. BBNF2023-05703

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Golden Auto Collision, 7000 Franklin Boulevard Suite 440, Sacramento, CA 95823.

The Fictitious Business Name Statement was filed on 8/1/2023 in the County of Sacramento. Filed with the clerk of Sacramento County: 8/1/2023. Publish: Jan 26, Feb 2, 9, 16, 2024
GOLDEN 2-16-24

SUMMONS

SUMMONS (CITACION JUDICIAL) CASE NUMBER: 23CV009805

NOTICE TO DEFENDANT: All persons unknown claiming any legal or equitable right, title, estate, lien, or interest in the Property adverse to Plaintiff's title, or any cloud of Plaintiff's title to the Property and Does 1 through 5

YOU ARE BEING SUED BY PLAINTIFF: Tracy K. Sharp.

The name, address and telephone number of the Attorney for Petitioner is: Robert J. Busch JR., 2228 Longport Court Suite 110, Elk Grove, CA 95758; 916-859-0370
Publish: February 2, 9, 16, 2024
WISHMAN 2-16-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARY BAKER CASE NO. 23PR001946

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Mary Baker, Mary K. Baker, Mary Lundquist.

A Petition for Probate has been filed by Eric Koontz, in the Superior Court of California, County of Sacramento, requesting Eric Koontz be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows February 20, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Petitioner is: Eric J Koontz, 607 Ramsey Place, El Dorado Hills, CA 95762; 650-224-2930
Publish: February 2, 9, 16, 2024
BAKER 2-16-23

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. BBNF2023-05703

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Golden Auto Collision, 7000 Franklin Boulevard Suite 440, Sacramento, CA 95823.

The Fictitious Business Name Statement was filed on 8/1/2023 in the County of Sacramento. Filed with the clerk of Sacramento County: 8/1/2023. Publish: Jan 26, Feb 2, 9, 16, 2024
GOLDEN 2-16-24

SUMMONS

SUMMONS (CITACION JUDICIAL) CASE NUMBER: 23CV009805

NOTICE TO DEFENDANT: All persons unknown claiming any legal or equitable right, title, estate, lien, or interest in the Property adverse to Plaintiff's title, or any cloud of Plaintiff's title to the Property and Does 1 through 5

YOU ARE BEING SUED BY PLAINTIFF: Tracy K. Sharp.

NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the

The Sun is Rising on Public Safety in Sacramento County

A Commitment to Protecting, Connecting, and Preserving Public Safety



Thien Ho and Sacramento Police Chief Kathy Lester. Photo courtesy of District Attorney's Office

Story by Kristina Rogers

SACRAMENTO COUNTY, CA (MPG) - On January 31st, Sacramento District Attorney Thien Ho gave a public safety address to a packed room at Clunie Hall. Guests included Police Chief Kathy Lester, elected officials, colleagues, community leaders, crime victims, and friends. D.A. Ho laid out his department's mission and here are a few important highlights.

To begin, since January 2021, more than 600 people have died in Sacramento County of Fentanyl. D.A. Ho explained those numbers are expected to rise. Most parents don't know social media is the leading platform for drug dealers. Counterfeit pills mixed with fentanyl are marketed online as "prescription pills."



Laura Didier sharing her story about her beloved son. Photo courtesy of District Attorney's Office

Laura Didier was there to share her story about how her own son got access to one such counterfeit pill. It was Christmas break in 2020. Her son Zack was a straight-A student, athlete, and musician. He was a good kid, and parents didn't seem to have any reason to worry. Unfortunately, Zack went online and bought a pill marketed as a prescription Percocet, but it wasn't. He tried it once, and his father found him dead in his bedroom. It was a somber reminder deadly drugs are now easily accessible to anyone, anywhere. With tears, Laura said, "He'll always be 17."

Heartbroken, she wanted to make

something good from this tragedy. Didier partnered with the District Attorney's office to promote "one pill can kill." Now she joins Thien Ho and Angela Webb to speak at educational school forums about fentanyl awareness. They plan on expanding their youth-focused program in 2024. To learn more about One Pill Can Kill and watch Zack's story, go to: 1pillcankillsac.com.

Awareness is vital to helping protect our communities, but accountability is equally essential. Thien Ho is working with other District Attorneys to provide harsher sentences for drug dealers. The loss of even one life is too much to allow a dealer to walk away without real consequences.

He noted January was Human Trafficking Awareness Month. According to the California Department of Justice, California is the #1 state for human trafficking. (<https://oag.ca.gov/human-trafficking/what-is>). The Human Trafficking Unit in the District Attorney's office partners with the Sacramento Child Exploitation Task Force (CETF), which includes the Sacramento County Sheriff, FB, and Sacramento Police Department. And while they aggressively pursue and prosecute human traffickers, child predators, and domestic abusers, there is a new outreach arm. Victims of these crimes can go to GetHelpSac.org for answers. There, they can access organizations like My Sisters House, Weave, and the Community Against Sexual Harm (CASH).

The discussion moved to the fear and crime our local businesses and property owners are experiencing. It's no secret that retail theft has skyrocketed in California. The D.A.'s office is taking aim with a new organized retail theft unit. Not only are they focused on fighting the crimes that shutter our local businesses, but D.A. Ho is advocating for answers to nearby encampments as well. He noted that these homeless camps "put people between compassion and chaos."

To help people on the street get back on their feet, Thien Ho supports the development of a shelter model called Hope for Sacramento. This model allows anyone on the streets to get shelter and move toward sobriety and housing at a reasonable pace

Voter Registration and Elections Update My Voter Portal

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Voter Registration and Elections is excited to introduce My Voter Portal (MVP) to access your voter registration record, view your ballot status and voting history, access accessible election materials, view your County Voter Information Guide, obtain information regarding the current election, find Vote Center and Official

Ballot Drop Box locations near you, and so much more!

Visit the My Voter Portal link and check it out on the Sacramento County website.

If you have questions or need help, contact VRE at (916) 875-6451, email voterinfo@saccounty.gov, or use the toll-free voter assistance hotline at (800) 762-8019. The hotline has the ability to connect voters with disabilities with TTY (Text Telephone). ★

Caltrans, and the CIF Partner to Promote Safe Driving Behaviors

Office of Traffic Safety and Caltrans News Release

SACRAMENTO, CA (MPG) - The California Office of Traffic Safety (OTS) and the California Department of Transportation (Caltrans) announced today a partnership with the California Interscholastic Federation (CIF) aimed at raising awareness and educating drivers on safe travel behaviors, especially in and around highway work zones.

The OTS and Caltrans will display digital messages, signs and audio public service announcements at the CIF State Wrestling Championships in February, Basketball Championships in March, and the Swim & Dive and Track & Field Championships in May encouraging student-athletes, parents and families to always "Be Work Zone Alert" and "move over" for highway workers, or slow down if unable to do so.

"Traffic Safety is a team sport and we're thrilled to team up with the CIF to encourage safe driving behaviors," said Caltrans Director Tony Tavares. "Engaging youth is a great play to help reach our Vision Zero Initiative's goal to eliminate traffic-related severe injuries and deaths."

"Traveling safely is a game plan that's always a win," OTS Director Barbara Rooney said. "We are excited to partner with the CIF to relay important traffic safety messages to student-athletes, parents and fans that everyone can get behind."

"We are happy to have California OTS and Caltrans as partners," said Bryan Powell, General Sales Manager for CIF Sports Properties. "Traveling safely to and from CIF events is incredibly important, and we are pleased to share this messaging with the attendees of our upcoming championship events."

Additional messaging and content will focus on safe and responsible driving, including awareness about California's hands-free cell phone law and the risks of distracted driving, as well as reminding drivers to slow down and "Share the Road" by looking out for bicyclists and pedestrians.

In addition, traffic safety messages will appear on social media, the CIF state website, and the CIF Sports 365 mobile app.

Car crashes are a leading cause of death for teens in the United States. In 2021, there were more than 17,000 fatal and injury crashes involving teen drivers across California, according to data from the California Highway Patrol's Statewide Integrated Traffic Records System.

Student-athletes, parents and fans are encouraged to join the Go Safely Movement and sign up as "traffic safety champions" for their families and communities.

To learn more about efforts to save lives on California roads, visit gosafelyca.org and follow on Twitter, Facebook and Instagram @GoSafelyCA. ★

(hopeforsacramento.org).

District Attorney Ho knows Incarceration isn't the only solution to crime. This is why his office has another answer. Non-violent offenders will receive an opportunity at redemption with the new Changing Courses program. Instead of prison, those accused of a crime can choose to enter an apprenticeship program in the trades. If they complete the program, they can move toward a lucrative job, and a real future. D.A. Ho explained, "This allows them to change their course from a life of crime to a life of construction."

Still, there is another hurdle that our law enforcement professionals can't handle alone. Current legislation in California is one of the biggest obstacles to public safety. That is why Thien Ho and District Attorneys across California are advocating for a measure

to be added to the fall ballot called The Homelessness, Drug Addiction, and Theft Reduction Act. Many law enforcement professionals point to Prop 47 as a contributor to the rise in crime across California. It's been ten years since the proposition passed, and they believe it is time to change things. Interested folks can review the petition details and how to get involved go to: casafecommunities.com.

The presentation ended on a hopeful note. D.A. Ho believes Sacramento has been sleeping, and although it's a slow process, she is waking up. The sunrise is coming, and our Thien Ho is welcoming us with coffee.

To review the entire presentation and learn more about the Sacramento District Attorney's office, go to: sacda.org. ★

LEGAL ADVERTISING
Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 - February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 - September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 - March 12, 2020
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 - March 21, 1988

SUMMONS

warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Website (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. AVISO! Lo han demandado. Si no responde dentro de 30 dias, la corte puede decidir en su contra sin escuchar su version. Lea la informacion a continuacion.

Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda

de las Cortes de California (www.sucorte.ca.gov) en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia.

Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.sucorte.ca.gov) o poniendose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exactos por imponer un gravamen sobre cualquier recuperacion de \$10,000 o mas de valor recibida mediante un acuerdo o una concesion de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso.

The name and address of the court is: (El nombre y direccion de la corte es): Carol Miller Justice Center, 301 Bicentennial

Circle, Sacramento, CA 95826

The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Vanessa Amador, Norcal Attorney Brokers, 1355 Florin Road Suite 4, Sacramento, CA 95822, 916-396-9934. Date: (Fecha) 10/12/2023. Clerk (Secretario) K. Johnson, Deputy (Adjunto) THE PROPERTY DESCRIBED IN THE COMPLAINT FILED ON 01/04/2024, DESCRIBED AS 5060 SAN MARQUE CIRCLE, CARMICHAEL, CA 95608. Legal Description: Lot 39, as shown on the Map of Mission Terrace, in the County of Sacramento, State of California, filed in the Office of the County Recorder of Sacramento County on August 27, 1954, in Book 38 of Maps, Map No. 15., APN: 282-0251-039-0000. Publish: February 2, 9, 16, 2024 SHARP 2-16-24

SUMMONS (CITACION JUDICIAL) CASE NUMBER: 34-2023-00336575-CL-CL-GDS NOTICE TO DEFENDANT: Chesean Enoch Reed, an individual, and does 1 through 10, inclusive YOU ARE BEING SUED BY PLAINTIFF: Iver Capital Corporation. NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and

legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Website (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. AVISO! Lo han demandado. Si no responde dentro de 30 dias, la corte puede

decidir en su contra sin escuchar su version. Lea la informacion a continuacion.

Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov) en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia.

Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en

el Centro de Ayuda de las Cortes de California, (www.sucorte.ca.gov) o poniendose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exactos por imponer un gravamen sobre cualquier recuperacion de \$10,000 o mas de valor recibida mediante un acuerdo o una concesion de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso.

The name and address of the court is: (El nombre y direccion de la corte es): Superior Court of California, County of Sacramento, 720 9th Street, Sacramento, CA 95814

The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Ali Nabavi, Esq., Coastal Law Firm, APLC, 4533 MacArthur Boulevard Suite 777, Newport Beach, CA 92660, 714-424-6300 Date: (Fecha) October 23, 2023 P. Lopez, Deputy (Adjunto) Publish: Feb 9, 16, 23, March 1, 2024 IVER 3-1-24



COMICS & PUZZLES

The Spats



by Jeff Pickering



Amber Waves



by Dave T. Phipps

Out on a Limb



by Gary Kopervas

TIGER



by BUD BLAKE

HOCUS-FOCUS

BY HENRY BOLTIKOFF



Find at least six differences in details between panels.



Differences: 1. Burner is larger. 2. Hand is not showing. 3. Plate is moved. 4. Glass is moved. 5. Box is missing. 6. Hair is longer.

GRIN and BEAR IT



Just Like Cats & Dogs

by Dave T. Phipps



C	R	O	A	T		A	V	E		A	B	E	D		
G	I	S	M	O		K	I	D		I	C	I	L	Y	
I	S	L	E	T		I	I	I		S	E	N	S	E	
	C	O	B	A	I	N		C	R	O	S	S	E	D	
		A	L	L		A	T	O	M						
P	S	I			S	I	O	N		B	E	L	O	N	G
R	U	N	G		A	M	O	K		R	I	V	E	R	
I	N	D	O		D	E	M	I	T		N	O	V	A	
D	U	R	A	L		N	A	S	H		G	L	E	N	
E	P	I	L	O	G		L	S	A	T		O	R	T	
			L	E	V	Y				N	I	B			
B	E	A	T	L	E	S		V	E	R	O	N	A		
I	N	U	R	E		I	C	E		A	G	O	R	A	
T	I	L	E	D		G	U	N		D	U	G	I	N	
E	D	D	Y			N	E	T		E	S	S	A	Y	

STATEPOINT CROSSWORD • LOVE

CLUES

- ACROSS
- Zagreb native
 - Not St. or Blvd.
 - Tucked in
 - Whatchamacallit
 - Robert Redford's Sundance
 - In a cold manner
 - Tiny island
 - Mad King George's number
 - Hearing, e.g.
 - *Love's late Nirvana husband
 - *Star-
 - *Air Supply's "Making Love Out of Nothing at"
 - Elementary particle
 - Tire meas.
 - Land of Israel
 - *Joe Cocker and Jennifer Warnes: "Love lifts us up where we"
 - Ladder crosspiece
 - Frenzied
 - London's Thames, e.g.
 - European language
 - Call it quits
 - Very bright star
 - What procedural and epidural have in common
 - Crosby's and Still's partner
 - Mountain valley
 - Final words
 - Future J.D.'s hurdle
 - Food scrap
 - Tax
 - Pen point
 - **"All You Need Is Love" band, with The
 - *Letters to Juliet destination
 - Habituate
 - NHL surface
 - Ancient marketplace
 - Like many bathroom floors?
 - Blunderbuss, e.g.
 - Entrenched (2 words)
 - Whirlpool
 - Volleyball court center
 - English homework assignment
- DOWN
- Computer-related imaging acronym
 - CISC alternative
 - Capital of Norway
 - Single-cell protozoan
 - Bottom lines
 - Similar
 - One of the Tudors
 - Authoritative proclamation
 - Single pip cards
 - The Container Store purchase, pl.
 - "What can I say?"
 - T-shirt, after tied
 - Chemical cousin
 - Homer's epic
 - Actor Lowe
 - Deviation from the norm
 - *U2's "In the Name of Love" song
 - First light of day
 - Lemur from Madagascar
 - Damien's prediction
 - Ding-a-
 - Convex molding

CROSSWORD													
1	2	3	4	5		6	7	8		9	10	11	12
13						14				15			
16						17				18			
	19					20			21	22			
			23					24					
25	26	27		28		29			30	31	32	33	34
35			36			37			38		39		
40						41			42		43		
44				45		46					47		
48				49		50			51		52		
				53		54			55		56		
57	58	59	60					61			62	63	
64						65	66		67				68
69						70					71		
72						73					74		

SWITCH & GET \$25

Off First Month of New Service! USE PROMO CODE: GZ590

Consumer Cellular

CALL CONSUMER CELLULAR 888-804-0913

© 2023 Consumer Cellular Inc. For promo details please call 888-804-0913

Classified Advertising

Sell Your Stuff! Reach 1000's of Readers Every Week!

MPG

916.773.1111

5	2	7	9	3	8	1	4	6
9	6	4	1	5	7	2	8	3
1	8	3	2	6	4	7	9	5
8	7	6	3	1	5	4	2	9
2	3	9	4	7	6	5	1	8
4	1	5	8	2	9	3	6	7
3	9	2	5	8	1	6	7	4
7	4	1	6	9	3	8	5	2
6	5	8	7	4	2	9	3	1

SUDOKU

Call today and receive a FREE SHOWER PACKAGE PLUS \$1600 OFF

SAFE STEP WALK-IN TUB 1-855-576-5653

		7	3			4	6
			1	5		2	8
		6					5
8	7	3					
2							8
			9			6	7
3			8				
	4	1	9	3			
6	5		4		9		

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!

Call to place your legal advertising **916-773-1111**

All Legal Ads Published by Messenger Publishing MPG

Trailways Forges Strategic Alliance with Greyhound and Flixbus

Sutter's Fort to Light Exterior Walls in Recognition of Key Dates in 2024



Trailways buses will soon be available in your area. Photo courtesy of Trailways

Trailways News Release

SACRAMENTO REGION, CA (MPG) - Trailways, the largest and oldest network of independent motor coach operators in North America, has announced a new strategic partnership with Greyhound and Flixbus.

The new alliance will add hundreds of Greyhound and Flixbus destinations to Trailways.com, including stops in Sacramento, and Trailways.ca, giving customers even more access to convenient, comfortable, and affordable bus travel at a time when other travel options have become cost prohibitive and difficult to navigate. Starting Tuesday January 23rd, customers visiting Trailways.com and Trailways.ca will be able to purchase tickets for Flixbus and Greyhound trips, with travel dates commencing January 30th and beyond.

"This is a historic moment for Trailways. Connectivity is the backbone of North America and a critical piece of this partnership. By working in concert with one another and interlining our inventory, we're aligning with Trailways' commitment to make affordable and eco-friendly transportation more accessible to travelers across North America," said Alex Berardi,

President of Trailways.com.

Members of Trailways's Loyalty Program, Driven Rewards, will also reap the benefits of the new relationship. Driven Rewards Points members will be able to earn and redeem across all Trailways partners, including Flixbus and Greyhound, when making purchases online, giving members a compelling reason to explore new roads together.

"The Trailways alliance reaffirms Flix North America, Inc.'s commitment to partnering across the industry and delivering even more affordable travel options for customers," said Kai Boysan, CEO of Flix North America, Inc. "We will continue to work with our partners throughout the country to elevate travel and nurture further growth. Trailways shares this vision, recognizing the power of collaboration and the benefit that the Flix platform unlocks in building a brighter future for travelers and the industry."

New connecting services will be powered by technical integrations from Transcor Data Services of Jacksonville Florida. Customers looking for information about service, schedules, arrival and departure times, and fares, are encouraged to visit Trailways.com or Trailways.ca. ★



Lights on the exterior of Sutter's Fort. Photo courtesy of Midtown Association

Midtown Association News Release

SACRAMENTO, CA (MPG) - In partnership with California State Parks and Sutter Health, the Midtown Association is proud to announce plans to light the historic exterior walls of Sutter's Fort State Historic Park in recognition of key dates in 2024. The iconic walls of Sutter's Fort State Historic Park will be lit from sunset to sunrise on key dates in colors reflective of and appropriate to each occasion.

In 2023, new exterior lighting around Sutter's Fort was installed to improve the visibility and increase security in the area. The project also helps to amplify and "shine a

show that Sutter's Fort serves all people."

The area around Sutter's Fort State Historic Park is one of the most significant green spaces in the central city, and is in close vicinity to upcoming development projects, hotels, and Sutter Health hospital, totaling approximately 7,000 nearby residents.

"Celebrating our 100-year legacy of providing care, Sutter Health is dedicated to the health and well-being of the communities we serve," said Ryan Loofbourrow, Government Affairs Director of Sutter Health, Valley Area. "We applaud efforts large and small that raise awareness to important causes or dates that deserve recognition and reflection."

This new installation at Sutter's Fort adds

2024 Dates for Special Exterior Lighting of the Exterior Walls of Sutter's Fort

February 2-4: Black History Month	World's Indigenous People
February 9-12: Heart Health Month	September 16: 916 Day
March 29-April 1: National Doctors Day	September 20-23: National Hispanic Heritage Month
April 7-10: World Health Day/ World Health Worker Week	October 4-7: Domestic Violence Awareness Month
April 22-25: Earth Day	October 14-17: Indigenous Peoples' Day
May 1-3: Asian American and Pacific Islander Heritage Month	October 18-21: Breast Cancer Awareness Month
May 5-7: Missing and Murdered Indigenous Persons Awareness Day	October 28-30: National First Responders Day
May 10-12: National Nurses Week	November 1-3: National Native American Heritage Month
June 7-10: PRIDE Month	November 8-11: Alzheimer's Awareness Month
June 19-21: Juneteenth	
August 9-12: International Day of the	

light" on the reinterpretation of the history of Sutter's Fort, which is part of a key initiative underway throughout the California State Parks system.

"In 2020, California State Parks committed to making Sutter's Fort a more inclusive and truthful historic site," said John Fraser, Capital District Superintendent for California State Parks. "This 2024 lighting awareness campaign is another important way we can

to a list of lighting projects throughout the district led by the Midtown Association to light up Midtown parks and other key areas in the grid with a goal to help activate spaces, beautify our city with innovative lighting strategies, and increase safety and visibility.

For more information about the Midtown Property Business Improvement District (MPBID), please visit www.exploremidtown.org. ★

Breakfast Club with a Doctor

Start your day with both flavor and mindfulness!

Join us with Dr. Andrew Nangalama MD, Ph.D.

Breakfast meets brain health in our special event featuring a talk on dementia. Indulge in a scrumptious breakfast as you listen to expert advice.

Please Call to RSVP by February 10th

(916) 546-1121

Summerset Senior Living
2341 Vehicle Drive
Rancho Cordova, CA 95670
RCFE# 347005361

This event is FREE and open to the public.

TUESDAY

FEBRUARY

20

2024

AT 9:00 AM

Summerset
Senior Living

Independent • Assisted • Memory Care

2341 Vehicle Drive • Gold River/Rancho Cordova

summersetseniorliving.com

916-562-1036

EQUAL HOUSING OPPORTUNITY
 Pet Friendly
 CT

RCFE #347005361

Sacramento CHORAL SOCIETY & Orchestra

Donald Kendrick Artistic Director

Presents

Spring 2024

EUROPEAN MASTERWORKS

STABAT MATER - Antonin Dvořák

A powerful work that speaks to universal themes of loss, compassion and hope, transcending religious boundaries and resonating with listeners of various backgrounds.

SATURDAY | MARCH 2 | 3PM

SAFE Credit Union Performing Arts Center
1301 L STREET, SACRAMENTO

Projected Supertitles

Olivia Smith, Soprano

Maggie Renée, Mezzo

Salvatore Atti, Tenor

David Soar, Bass

SAFE CU PAC Box Office | 916.808.5181 or Ticketmaster.com

SACRAMENTOCHORAL.ORG

Bera Releases Statement on Passage of Bipartisan Tax Package



Ami Bera

Office of Representative Ami Bera News Release

WASHINGTON, D.C. (MPG) - On the evening of January 31st, Rep. Ami Bera, M.D. (CA-06) released a statement following his vote to pass H.R. 7024 - Tax Relief for American Families and Workers Act of 2024, bipartisan tax legislation that delivers

critical wins to hardworking families and small businesses in Sacramento County. The legislation passed by a vote of 357-70 on the House floor.

"Tonight, I joined a strong majority of members on both sides of the aisle to pass a bipartisan tax package that will make meaningful changes to the tax code to uplift hardworking families, empower small businesses, and bolster American innovation.

"The package includes several pro-growth, pro-family tax priorities I've been fighting to deliver throughout my time in office, including an expansion of the Child Tax Credit and the Low Income Housing Tax Credit,

incentivizing research and development, supporting small businesses, and strengthening our trade relationship with Taiwan.

"This package is an important step in the right direction that will put money back in the pockets of hardworking families. I urge the Senate to take up this bill quickly so we can get this tax relief signed into law soon. It's estimated that 16 million children will benefit from this package in the next year, including 49,000 in my district.

"Despite the dysfunction and chaos that has defined this Congress, this bipartisan bill demonstrates the progress we can make when lawmakers come together to find common ground." ★

Hoover Introduces Legislation to Stop the Proliferation of Fentanyl in Schools



Josh Hoover

Office of Assemblyman Josh Hoover News Release

SACRAMENTO, CA (MPG)

- On February 1st, Assemblyman Josh Hoover (R-Folsom) announced the introduction of groundbreaking legislation to address the alarming rise of fentanyl in California schools and communities. Assembly Bill 2045 would increase penalties on fentanyl crimes involving minors and add sentence enhancements for criminals who traffic fentanyl within 1,000 feet of school grounds.

"Our number one job as lawmakers should be protecting our most vulnerable from harm," Assemblyman Hoover said. "We must do more as a Legislature to

create a safe environment where our children can learn, grow, and thrive. This bill sends a clear message that those who endanger minors and bring deadly fentanyl into our schools will face severe consequences."

AB 2045 would classify fentanyl in the same category as other dangerous illicit drugs and would give prosecutors new tools to hold dealers accountable.

Key Provisions of the Proposed Legislation:

1. New penalties on the sale of fentanyl to children: The bill seeks to add an additional 2 years to the sentence of any adult who solicits, induces, encourages, or intimidates a minor with the intent that the minor commits a drug crime. If passed, this felony offense will be punishable by 5, 8, or 11 years in state prison.

2. Sentence enhancement for fentanyl-related offenses on or near school grounds: Brings fentanyl in line with other drugs like heroin or cocaine in cases

where the offense occurs upon or within 1,000 feet of school grounds by adding a 2-year enhancement to the sentence of those who solicit, encourage, or intimidate minors to commit these drug crimes. This enhancement aims to create a safer environment for students attending public or private elementary, vocational, middle, or high schools during school hours or related programs.

3. Additional punishment for trafficking fentanyl on or near school grounds: Adds fentanyl to the list of illicit drugs already covered under state law for drug trafficking offenses on or near school premises. For adults committing specified drug trafficking offenses within 1,000 feet of a school, the legislation adds an additional punishment of 3, 4, or 5 years. Furthermore, if the offense involves a minor who is at least four years younger than the defendant, an extra enhancement of 3, 4, or 5 years applies, subject to realignment. ★

Steve Garvey's Campaign Announces 2023 Fundraising

Matt Shupe, Praetorian Public Relations News Release

LOS ANGELES, CA (MPG) - Baseball legend Steve Garvey's campaign for the US Senate announced its 2023 year-end fundraising report on Wednesday.

Garvey's campaign raised \$610,920.86 from approximately 4,500 individual donors between Oct. 10, 2023, and Dec. 31, 2023.

"In just two and a half months, the momentum and support for Steve Garvey's campaign, along with its rocket-like rise in the polls demonstrates that he is resonating with Californians," said Matt Shupe (@MattShupePR), spokesman for the Garvey campaign. "While Steve Garvey in the first months of his campaign didn't match the substantial funds raised, through the Washington D.C. establishment, over the course of years, by the career politicians in

this race, it's Steve's commitment to common-sense and compassionate solutions along with his genuine connection with the people of California that truly sets his campaign apart. In January alone, Steve Garvey has matched his total 2023 Q4 fundraising. The dynamics of this race to beat Steve Garvey will only intensify the closer we get to Election Day."

Garvey launched his campaign on Oct. 10, 2023, just three days after the horrific attack on Israel on Oct. 7, and with just a little over two holiday months left in the year.

To learn more about Garvey's campaign for the US Senate, please visit: <https://stevegarvey.com>.

Social Media:
Twitter: @SteveyGarvey6
Instagram: steveygarvey6
Facebook: steveygarvey6
TikTok: SteveyGarvey6 ★

WE SUPPORT FIRST RESPONDERS 

INTERNATIONAL Food Truck Night
THURSDAY, MARCH 14TH
FROM 5-8PM
AT CARMICHAEL PARK
5750 GRANT AVE. CARMICHAEL

FOOD IN THE HOOD 916 FOOD TRUCKS ARE COMING BACK TO CARMICHAEL PARK! WE ARE KICKING OFF OUR 2024 MONTHLY FOOD TRUCK NIGHTS WITH A SPECIAL EVENT: INTERNATIONAL FOOD TRUCK NIGHT!



LOCAL ARREST RECORDS
Find out what's happening in your local area
Arrest Logs updated daily
CARMICHAELTIMES.COM

SAC COUNTY VOTES **VOTE EARLY! AVOID LINES**



March 5, 2024 Presidential Primary Election

All voters will be mailed a ballot
• You should have received your official ballot in the mail.

You can return your ballot starting February 5th
• By mail, no postage necessary
• At a Ballot Drop Box
• At a Vote Center (starting February 24th)

You can find a full list of Ballot Drop Boxes and Vote Center locations in your County Voter Information Guide, in your mail ballot packet, or at www.elections.saccounty.gov

Vote Early! Vote by Mail.

Update your language preference
Every registered voter will receive an official ballot in the mail containing contests, candidates, and voting instructions in your preferred language. If you prefer your ballot and voter information in Spanish, Chinese, or Vietnamese, update your language preference online by scanning this QR code or call (800) 762-8019.



The Presidential Primary is Party Specific
During the March 5, 2024 Presidential Primary Election voters will nominate one presidential candidate from each party to run against each other in the November 5, 2024 General Election. To vote for the presidential candidate you want in the primary election, ensure you are registered with your preferred party by visiting www.elections.saccounty.gov or calling our office at (800) 762-8019.



If you would like to change your party, reregister at: registertovote.ca.gov or scan:

Leafy Greens Thrive in the Winter

Story and photos by Mitch Barber

SACRAMENTO, CA (MPG) - Under the freeway at 8th and W streets, adjacent to downtown Sacramento, there is a bustling farmers' market on Sundays from 8 a.m. to 12 noon. The freeway provides a concrete canopy to protect visitors from the rain in the wet months, and a shady refuge when temperatures creep toward 100 degrees.

This writer visited the Certified Farmers' Market on February 4th. At a table close to the main entrance, next to the parking lot, sits a husband and wife pair, Dan and Renae Best. They operate and manage the market they said was founded in 1980.

Renae humbly boasted that the Certified Farmers' Market is one of the largest in California, and that growers come from near and far — counties like Sacramento and El Dorado that are close by, and distant areas like the North Coast and Fresno.

When asked what was in season, Renae emphatically said "leafy greens," which became the focal point of this article.

The first stall visited was the Salle Orchards tables where Billie Jean Salle greeted this MPG writer, standing behind a bevy of green leafy vegetables. She owns the farm in Wheatland with her husband of over 50 years, Nick, who happened to be born on the farm. Their children Nicole and Gene do the farming while Billie Jean displays the produce at the market.

Bille Jean explained the various ways to eat leafy greens — vegetables such as curly and dino kale, swiss chard, and cabbage — saying, "The possibilities are endless." There are cabbage rolls, soups, stews, vegetable lasagnas, and chips (like kale chips). Cats enjoy the produce as well; she mentioned that some customers make natural,



Juan Toledo, owner of Toledo Farms, stands behind his economically-priced produce.



A variety of chards, and spinach on the right, at the Barbageleta Farms stall.

nutritious cat food that includes leafy greens.

She said of leafy greens, "You can grow some of them year-round, when it isn't hot. Heat makes lettuce bitter."

Another vendor was Brent Levin who sells organic produce from Spreadwing Farm, a farm he owns with his wife and another couple. The farm is in Rumsey, a very small town in the Capay Valley. He was all smiles.

At the entrance of his stall were an assortment of kales



Cabbage for sale at the Salle Orchards stall.

for \$3 a bunch — dinosaur, red Russian, and white Russian kale. He said his favorite way to prepare them was simply cooking them in butter with garlic salt. He said other folks juice them.

He also sells head lettuces and

cabbage, which is a disputed leafy green. He talked to customers and weighed produce while taking part in the interview.

And the farm's name? It comes from a type of dragonfly: one of the female owners specializes in

entomology. He got specific with the leafy-green growing season on his farm: November through April or early May.

Lettuce was \$3.50 per head, and cabbage was \$2 per pound. The different kales were \$3 a bunch.

Bargains were to be found at the Toledo Farms booth on the north side of the market. Juan Toledo, who owns the business with his father Federico Toledo, was selling heads of lettuce for \$1. They also sell dandelion greens, swiss chard and kale.

What does one do with dandelion greens? Juan said they are good "juiced, roasted, diced up, and in salad." He said people are split into "eat-it-raw" and "cook-it" camps.

Theirs is an organic, family-owned farm in Lodi.

Next door was Barbageleta Farms, based in Linden, which is just to the east of Stockton. Martin and Francisco Barbageleta were speaking Spanish when this writer approached — a customer was slinging the Spanish language, as well.

Martin explained that his Swiss chard that was a rainbow of colors is best steamed or boiled, and cooked with other things, like meat.

He said that the current weather was conducive to chard growth and that it is too hot during the summer for it to grow well. He was selling leafy bunches of spinach, as well. Bunches of greens were \$3 and two for \$5.

Unfortunately, about 10 vendors canceled on February 4th, largely due to the high winds. Fortunately, the freeway's columns serve as a wind break, as well.

Why not come out and shop on a Sunday in the temperate friendly confines of the Certified Farmers' Market under the freeway? ★

KP International MARKET

FOOD COURT NOW OPEN

Some of the Finest in the World

NOW OPEN

ENJOY OUR FRESHLY BAKED BREAD & CAKE

10971 OLSON DR. RANCHO CORDOVA, CA 95670

10971 Olson Drive
Rancho Cordova, CA 95670
916.853.8000

Market - 7 Days: 8am - 9pm
Food Court - 7 Days: 11am - 7:30pm
Korean/Mex/Viet: 7:30pm last call
Chinese/Japanese: 7:00pm last call

PRICES EFFECTIVE FEBRUARY 07 - FEBRUARY 13, 2024

WED THU FRI SAT SUN MON TUE

07 08 09 10 11 12 13

FRESH PRODUCE

Minneola Tangerine \$1.29/lb	Roma Tomato Premium \$1.99/lb	Navel Orange 10 lbs \$5.99/bag	Organic Strawberry 1 lb \$4.99/ea
Mexican Green Onion 89¢/ea	Russet Potato 10 lbs \$2.79/bag	Young Thai Coconut \$14.99/box	Mini Watermelon 2/ \$5.00

AMERICAN/HISPANIC GROCERY

Q-Tips Cotton Swabs 500 ct \$4.99/ea	Hunt's Tomato Ketchup 20 oz \$1.99/ea	Garlic Salt \$4.99/ea	Lorber's Garlic Salt 11 oz \$4.99/ea	EED All Purpose Flour 5 lbs \$3.99/ea	Chamoy Tomatillo Cocktails 32 oz \$2.99/ea

ASIAN GROCERY

Soybean Oil 15 oz \$2.99/ea	Lee Kum Kee Dan Nanh Soy Sauce 16.9 oz \$1.99/ea	Vinafoc Coffee Mix 100 ct 63.5 oz \$19.99/ea	Three Elephant Thai Jasmine Rice 20 lbs \$17.99/ea	Vani Milk Soy Milk 6 pk 6x10 oz \$8.99/ea

EUROPEAN GROCERY

Golden Plate 100% Crapeseed Oil 1 liter \$7.99/ea	Indo-European Pomegranate Molasses 10 fl.oz \$3.29/ea	Rot Front Korovka Wafers 300 gr \$3.49/ea	Mannin Caramel Wafers 400 gr \$4.29/ea	Napolitaner Wafers 3 kinds 327gr \$3.29/ea

KOREAN/JAPANESE GROCERY

Japanese Miso 4 lbs \$6.99/ea	Iris Herb Soy Sauce 300ml 3000 ml \$7.49/ea	Ansi Honey Ginger Tea 12 x 0.63 oz \$2.49/ea	Ansi Honey Ginger Tea 370g \$2.99/ea	Culver Oyster & Honey Butter 96g \$2.99/ea	Citrus & Ginger Tea 1kg \$9.99/ea
Deer Asahi Red Gyoza Premix 60 x 50 ml \$5.99/ea	Sempio Soy Sauce 501 860 ml \$5.99/ea	Pulko Bokumen 5 x 120 g \$4.99/ea	Meiji Choco Mery Bread 4 kinds 197 ct \$2.49/ea	Ungi Sashi Sauce 11.5 oz \$2.99/ea	Keopie Mawonmar 17.64 oz \$3.99/ea
Fruits in Jelly 4 Flavors 2 x 7.06 oz \$1.99/ea					

HOUSEWARES

ELECTRIC BBQ GRILL \$39.99	BIEN DREYED HAIR COLOR (REFILL ONLY) \$4.99/ea	KAUZEN WICK PAN 10 CM \$14.99/ea	WATERMELON SLICE KIFE \$3.99/ea
ELECTRIC RICE COOKER (4 CUPS) \$4.99/ea	ELECTRIC RICE COOKER (10 CUPS) \$5.49/ea	ELECTRIC RICE COOKER (10 CUPS) \$5.49/ea	ELECTRIC RICE COOKER (10 CUPS) \$5.99/ea

FROZEN & FISH DEPT

Dried Pollack 200 g \$12.99/ea	Schwarz Oven Basted Turkey Breast \$10.89/ea	Belmont German Ham \$5.49/ea	Pined Green Olives \$4.99/ea	Sichuan Style Olives \$5.39/ea

FROZEN & FISH DEPT

Sanuki Udon 2.54 lbs \$4.99/ea	Frozen Scallops 60/80 \$4.99/ea

WEEKLY MEAT SPECIALS

Beef Cross Rib/Shoulder Roast - Bnls \$3.99/lb	Beef T-Bone Steak \$4.99/lb	Beef Porterhouse Steak \$5.49/lb
Pork Baby Back Ribs \$3.99/lb	Pork Neck Bones \$1.99/lb	Pork Butt Bone In \$2.49/lb

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE FEBRUARY 07 - FEBRUARY 13, 2024.